

the

PIERCE COUNTY MEDICAL SOCIETY



BULLETIN

JANUARY, 1972

TACOMA, WASHINGTON

VOL. XLIII—NO. 1



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
JANUARY 11**

Pierce County Medical Society

1972

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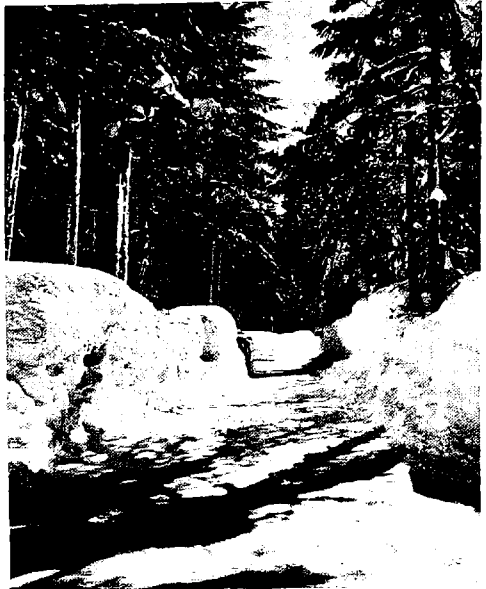
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President's Page

This year, as we face the problems of a rapidly changing society, we as Doctors, must work in concert and harmony to offer solutions. The old problems remain and certainly new ones are constantly added. The consumer, who is the general public, hospitals, government, patients, all want to be involved in the act for distribution of Medical care. They all offer different panaceas for all our social problems and especially the problems in Medicine. Even our technical standards, which we know are the highest in the world, are being questioned by demand for public scrutiny, by means of Peer Review.

This is the time for clear thinking and it is certainly a time when dialogue between everyone involved is important and necessary. We have a great responsibility to try and find solutions that are predicated on maintaining the highest standards. Standing together we shall be able to accomplish this task. We must look upon it as a challenge, not with resentment. Change is never easy!

Each one of you have a responsibility and you can help. We need constructive thinking and your ideas to be expressed. I shall be happy, as much as possible, to assign you to any committee of the society that you wish to serve on. I extend a special (but not exclusive) invitation to the new members.

WE NEED YOUR ATTENDANCE AT MEETINGS!

—LESTER S. BASKIN, M.D.

December Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1
3 Mary Bridge Cardiac Conf. 5:30 p.m. Tacoma Orthopedic Society—6 p.m. Tacoma Chapter Am. Psych. Assoc. P. Co. Pediatric Soc.—6:30 p.m.	4 C.P.C. of Mary Bridge 8 a.m.	5 Surg. Conf. TGH 8 a.m.	6 Gastrointestinal Conference— St. Joseph's 8:15 a.m.	7 Tumor Board 7 a.m.—Allenmore Hematology- Oncology Conf. TGH—8:15 a.m. Good Sam Med. Ed—8 a.m.	8
10 Mary Bridge Cardiac Conf. 5:30 p.m. Staff of Doctors Hospital 6:15 p.m.	11 C.P.C. of Mary Bridge 8 a.m. Grand Rounds Lakewood Gen. 12:30 p.m. PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M.	12 OB-GYN Conf. TGH—8 a.m.	13 Pulmonary Conf. St. Joseph's 8:15 a.m. St. Joseph's Trauma Conf.— 7 a.m.	14 Tumor Board 7 a.m.—Allenmore Neurology Conf. TGH—8:15 a.m. Good Sam. Med. Ed.—8 a.m.	15
17 Mary Bridge Cardiac Conf. 5:30 p.m.	18 C.P.C. of Mary Bridge 8 a.m. Tacoma Surgical Club 6:30 p.m.	19 Medicine Conf. TGH—8 a.m.	20 Renal Conference St. Joseph's 8:15 a.m.	21 Tumor Board 7 a.m.—Allenmore Cardiology Conf. TGH—8:15 a.m. Good Sam. Med. Ed.—8 a.m.	22
24 Mary Bridge Cardiac Conf. 5:30 p.m. Pierce County Chapter AAGP 6:30 p.m.	25 C.P.C. of Mary Bridge 8 a.m. Tacoma Acad. of Internal Medicine 6:30 p.m.	26 Path. Conf. TGH—8 a.m.	27 C.P.C. of St. Joseph's 8:15 a.m.	28 Tumor Board 7 a.m.—Allenmore Joint Services Conf.—8:15 a.m. TGH Good Sam. Med. Ed.—8 a.m.	29
31 Mary Bridge Cardiac Conf. 5:30 p.m.					

ONE AMONG THREE BILLIONS

Six men have walked on the moon; but, my word,
I'm one of three billion, who failed
to purchase their tickets and step aboard,
the day the great moon-ship sailed.

And while I was scaling the Matterhorn's crest,
feeling happy, fearless, and strong,
three friends of mine climbed Mount Everest
and did not ask me along!

Come next November, watch candidates vie
for your vote with much clamor and cunning,
yet no one will vote for me, because I.
so help me, won't be in the running.

I've never flown solo around the earth,
no Nobel prize was ever awarded
to me, nor a single Olympic berth!
I wonder: am I retarded?

Then my daughter comes, smiling: "Quick, Daddy, I need
thirty dollars to buy a new formal!"
and I realize that, although obsolete,
I'm still useful, and probably normal.

—GERHART A. DRUCKER, M.D.

To The Editor

October 28, 1971

Dear Dr. Florence:

In the Tacoma area approximately one out of twelve people who become eligible to social security disability benefits suffer some loss of benefits because they wait too long before making application.

Many people wait until they have been disabled and unable to work for six months before making application. They know that no disability benefits are payable for the first six full months of disability. No loss of benefit occurs if a person makes application six months after he is disabled, but there is a delay while medical evidence is secured and the application is processed.

We would like to prevent loss of benefits or delay in receipt of benefits to the greatest extent possible, which is why we are writing to you. Physicians are in a good position to advise their patients concerning when to apply for social security benefits, and we thought that in your capacity as President of the Pierce County Medical Society you would be able to disseminate information to physicians as to when a person should make application.

Perhaps you could discuss this subject in a meeting of the Society or publish information concerning it in the Society's Bulletin.

We suggest that an application for social security disability benefits be filed just as soon as a person is disabled and thinks he may be unable to work for at least 12 months. It is possible to apply immediately after onset, and in any event a person should not delay filing for more than three months from the time that his disability began.

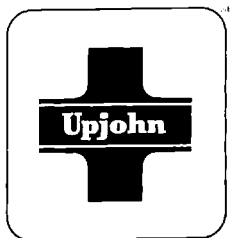
Sometimes people are uncertain as to whether or not they are disabled to the point of being able to qualify for benefits. It is better to make application and receive a formal decision rather than delay or not file at all.

We have pamphlets and mimeographed sheets concerning disability. These would be suitable for use in waiting rooms and we would be pleased to make these available to physicians upon request.

The Tacoma Social Security office is located at 1016 South L Street, and my telephone number is FULTON 3-2861, Extension 306.

Sincerely yours,

JACK V. CHASTAIN,
District Manager, Dept. of Health,
Education & Welfare (SSA).



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Hospital Council Starts Public Relations Program

The Pierce County Hospital Council is not just talking about the public relations problems of the local health services industry, they are doing something about them. Earlier this year, the Council (which represents all eight of the local community hospitals) took an unprecedented step by hiring a local public relations firm to coordinate and produce a year round program for them. The program, which includes advertising as well as related public relations activities, was just recently begun.

The program is dedicated to talking about the positive steps the Council has taken to alleviate some of the problems that exist in the industry, such as alleged high costs. It also talks about some of the misconceptions that are held by the general public about the delivery of health services. "Although the program is a limited one with a small budget, we felt that it was imperative to speak out honestly to both the positive and negative aspects of our business," said Fred A. Pritchard, president of the Council and administrator of Mary Bridge Children's Hospital.

The first two elements of the campaign include a series of four medium-sized newspaper advertisements and a brochure. The advertisements started in early November and are now appearing in the Tacoma News Tribune on a once a month basis. During the first month, they appeared once a week to establish the campaign theme as solidly as possible. The brochures, which have been produced in large quantities, are being distributed to most doctor's offices in Pierce County. They will also be given out through the hospitals, etc. If there are any doctors in the Medical Society who have not received a supply of the brochures but would like to have some, they may do so by contacting the administrator at any member

hospital. Reprints of the newspaper advertisements are also available upon request.

The next phase of the program will feature a series of public service commercials being run on radio stations throughout Pierce County. They will begin immediately after the first of the year and the Christmas rush has ended. The announcements, which are 30 seconds and 10 seconds in length, follow the same basic theme established with the newspaper ads.

Other parts of the program include a continuing publicity program on various activities of the Council. It also will focus on a poster contest or related activity with the local school districts in the County.

Although it is probably too soon to really evaluate the results, there are some favorable indications that the campaign is working, according to Robert Huesers, chairman of the public relations committee for the Council and administrator of Puget Sound Hospital.

"One of the advertisements we ran asked for a direct response to the Council. We have received a number of letters and other comments because of the ad. Some of them were favorable and some unfavorable. The important thing, however, is that the campaign is beginning to open up an avenue of communications with the public. If people can get it off their chests before it becomes real resentment, we feel we've really accomplished something."

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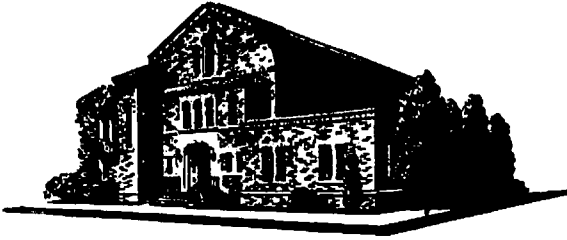
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PHYSICIANS' AND HOSPITAL SUPPLIES

PIERCE COUNTY MEDICAL SOCIETY MEETING

Medical Arts Building Auditorium

Tuesday, January 11

PROGRAM - - - 8:15 P.M.

"KICKOFF TO THE NEW YEAR"

**Dr. Peter Brooks, President
Washington State Medical Association**

.

Social Hour: 6:00

Dinner: 6:45

Honan's Restaurant

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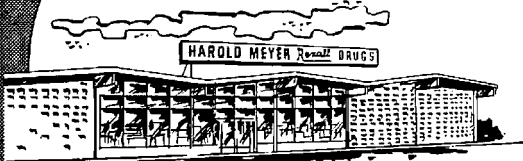
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50 Years and 10,000 Babies! Community Honors David Johnson

When 264 friends get together to celebrate one man's birthday—*that's a birthday party*. And it was one grand and glorious birthday party for Dr. David H. Johnson when that many people crowded into the top deck of the Top Of The Ocean Restaurant on the evening of Sunday, Dec. 12. No matter that Dr. Johnson's birthday wasn't until two days later. The main purpose was to commemorate his 50 years of practice in the city of Tacoma, and the fact that he had brought some 10,000 babies into the world.

At the affair in honor of Dr. Johnson were his two daughters from California, Mrs. Meryl Groce and Mrs. Lois Noren, who were seated at the head table during the sumptuous buffet banquet along with Dr. Johnson's wife, Ruth. Also at the head table were the following dignitaries and their wives: Mr. Walter Huber, administrator of Tacoma General Hospital; Mr. Thorsten Hammerstrom, who gave a brief speech in tribute to the guest of honor; Mayor Gordon Johnston; Mr. James Peterson, chairman of the Board of Trustees of Tacoma General Hospital; and Dr. Hal Lueken, chairman of the local committee that arranged the affair.

Mayor Johnston read an official proclamation, naming Dec. 28 as "David H. Johnson Day" in the City of Tacoma. Mr. Huber presented Dr. Johnson with a gold-plated card indicating life-time membership on the Tacoma General Hospital medical staff. He also announced that the forthcoming new maternity wing at the hospital would be known as the "David H. Johnson Obstetrical Pavilion."

Other members of Dr. Hal Lueken's ad hoc committee that arranged the event were Doctors Gerald C. Kohl,

Phillip H. Backup, David L. BeMiller, Oris B. Houglum and Lawrence N. Brigham.

The festivities did not end with the Dec. 12 meeting. Also announced at the banquet were plans for an afternoon and evening reception at Jackson Hall, across the street from Tacoma General Hospital. Invited to the reception were all the people who had been delivered by Dr. Johnson during his past 50 years of practice here.

If all 10,000 came, WHAT A CROWD!!



Here's the guest of honor at the Dec. 12 banquet, Dr. David H. Johnson, with his wife, Ruth, and two daughters, Mrs. Lois Noren on the left and Mrs. Meryl Groce on the right.



Head table dignitaries, from the left—Mr. and Mrs. Huber, Dr. and Mrs. Lueken, Mrs. Groce, Mrs. Noren, Mrs. Ruth Johnson and Dr. Johnson

January Birthdays

- 1 George G. R. Kunz
Randolph Linblad
- 2 Stevens Dimant
- 3 Ralph Huff
Paul Hageman
- 4 Edmund Kanar
- 5 Norman Magnussen
Bernard Ootkin
Joseph K. Wearn
- 7 Robert Ferguson
George Race
William Wright
- 9 Carlisle Dietrich
- 10 William Burrows
D. A. Marlatt
- 12 Peter Cannon
George Delyanis
- 16 Wayne Bergstrom
Robert Gibson
Leo Sulkosky
- 18 R. A. Norton
James Ward
- 19 Ted Apa
Don Cummings
J. Lawrence Smith
- 20 Ralph Johnson
Ronald Spangler
- 21 Donald Weber
- 25 Gerold Garrett
- 26 Raymond Ellis
- 27 John Havlina
- 30 William Spaulding
- 31 Robert Truckey



Also at the head table while Mr. Huber addresses the group, Mr. and Mrs. Thorsten Hammerstrom, Mayor and Mrs. Gordon Johnston, and Mr. and Mrs. James Peterson.



During the social hour, Dr. and Mrs. Kiyooki Hori chat with committee chairman Dr. Hal Lueken and his wife.



Dr. Johnson is shown at the buffet table followed by his daughter, Mrs. Noren, and then Mrs. Lueken and Dr. Lueken.

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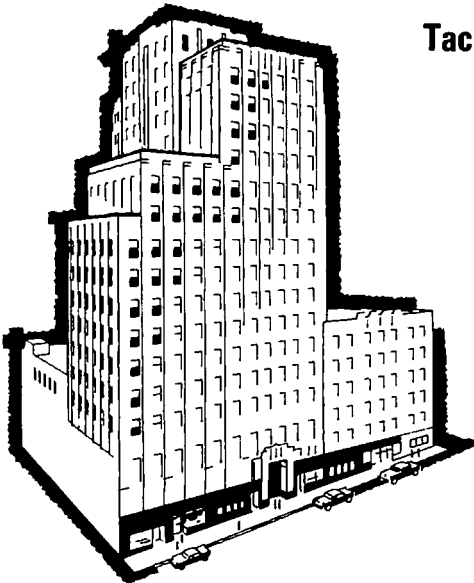
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WOMAN'S AUXILIARY PAGE . . .

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(Nadine)
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Mrs. James E. Hazelrigg (Carol)
- 1st Vice-President & Program.....Mrs. James Billingsley
(Nancy)
- 2nd Vice-President & Membership.....Mrs. John R. Alger
(Obie)
- 3rd Vice President & Legislative.....Mrs. John Hilger
(Alice)
- 4th Vice-President & Social.....Mrs. Dale D. Doherty
(Marion)
- Recording Secretary.....Mrs. David W. Millett
(Roberta)
- Corresponding Secretary.....Mrs. Robert B. Whitney, Jr.
(Helen)
- Treasurer.....Mrs. Arthur P. Wickstrom
(Dee)
- Dues Treasurer.....Mrs. Robert C. Johnson
(Betty)

COMMITTEE CHAIRMEN

- AMAERF.....Mrs. Marvin L. Bourme
(Toni)
- Community Health.....Mrs. George Moosey
(Jane)
- Finance & Pierce County Health Council
Mrs. Philip Grenley (Dorothy)
- Historian & By-Laws.....Mrs. Paul B. Smith, Jr.
(Ginny)
- Nominating.....Mrs. Ralph A. Johnson
(Joanne)
- Para-Medical & Medical Health Sciences
Mrs. James R. Stilwell (Lois)
- Project Search.....Mrs. J. G. Katterhagen
(Anne)
- Publicity (Bulletin).....Mrs. J. Lawrence Smith
(Norma)
- Publicity (Newspaper).....Mrs. J. W. Mandeville
(Marilyn)
- Speakers Bureau.....Mrs. Kiyooky Hori
(Audrey)
- Student Recognition & Awards.....Mrs. Robert W. Florence
(Helen)
- Telephone.....Mrs. Robert M. Ferguson (Donna - 1972)
Mrs. Frederick J. Schwind
- Today's Health.....Mrs. Roy H. Virak (Gloria)
Mrs. J. W. Lee
(Agatha)
- Cook Book.....Mrs. John A. Kennedy (Nancy - 1972)
Mrs. Vernon Larson
(Kit)
- Art Auction.....Mrs. George Tanbara (Kimi)
Mrs. Max W. Brachvogel
(Judy)
- Representatives
Mrs. David BeMiller (Linda)
- Council on Alcoholism.....Mrs. Carl N. Eckman
(Beryl)
- Council on Mental Health.....Mrs. Jay H. Ehly
(Vivian)
- Poison Prevention Committee.....Mrs. John W. Pelly
(Suzanne)
- Assistant to Membership.....Mrs. Ronald G. Gallucci
(Jane)

HAPPY NEW YEAR

General Meeting Luncheon
Friday, January 21, 1972—12:00
Mrs. Dudley Houtz, Hostess
10 Mare Vista Terrace

Jean Malden will be chairman of the first luncheon meeting of 1972. A vital and interesting program has been planned; Mr. James Stewart will discuss "County Health Problems" and a

full report of the art auction will be given. Mmes. G. W. Bischoff, Arthur Wickstrom and Stan Mueller will help Jean serve the luncheon.

DECEMBER HAPPENING

Carol Hazelrigg, President-elect of Women's Auxiliary, gave a lovely luncheon to introduce new auxiliary members to members of the general board. It was a fine opportunity to meet the new medical wives, greet old friends and wish all a happy Christmas.

JANUARY IS LEGISLATIVE MEETING

January 10th is the official opening date of the 1972 special session of the Washington Legislature. "Health care should not be a major issue during the 1972 special session, but once legislature is convened, anything can happen," according to Mrs. Gilbert Eade, State Legislation chairman. Members who wish to be kept informed of the legislation activities and who would like to be put on the mailing list for periodic legislative letters should write W S M A, Division of Government Affairs, 302 Security Building, Olympia, Washington 98501.

—NORMA SMITH

EMERGENCY ROOM PHYSICIAN EXPIRES

Dr. L. J. Coquet, best known to Tacoma physicians for his association with the Washington Emergency Physicians Corporation and his coverage of emergency rooms here, died on December 4, 1971.

He was on the staffs of the hospitals he served — Tacoma General, St. Joseph's and Puget Sound Hospital—and had been in the Tacoma area for about two years.

Students Nurses Challenge T.G. Physicians

The student nurses of Tacoma General have challenged the staff physicians of the hospital to another basketball game. The exact date has not been determined; however, it is supposed to be Feb. 8, 9, or 10th. As the participants in the first game remember, a very enjoyable and beneficial event was staged to the amusement of all. Therefore, all T. G. staff physicians who want to participate are encouraged to contact my office to sign up. Practices will be scheduled.

—KENNETH L. PIM, M.D.



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- Going on periodic drinking bouts.
- Losing time from work.
- Protecting and hiding liquor supplies.
- Drinking alone in the morning or before breakfast.
- Getting the "shakes" and "butterflies" and finding liquor mediates them.
- Finding it takes less alcohol to get drunk. (less tolerance to the drug, probably due to brain damage).
- Experiencing delirium tremens, (D.T.s).
- Feeling vague and unreasoned fears.
- Experiencing insomnia.
- Dying of liver, or brain, or heart disease, or debilitating diseases such as tuberculosis and pneumonia or accidents.

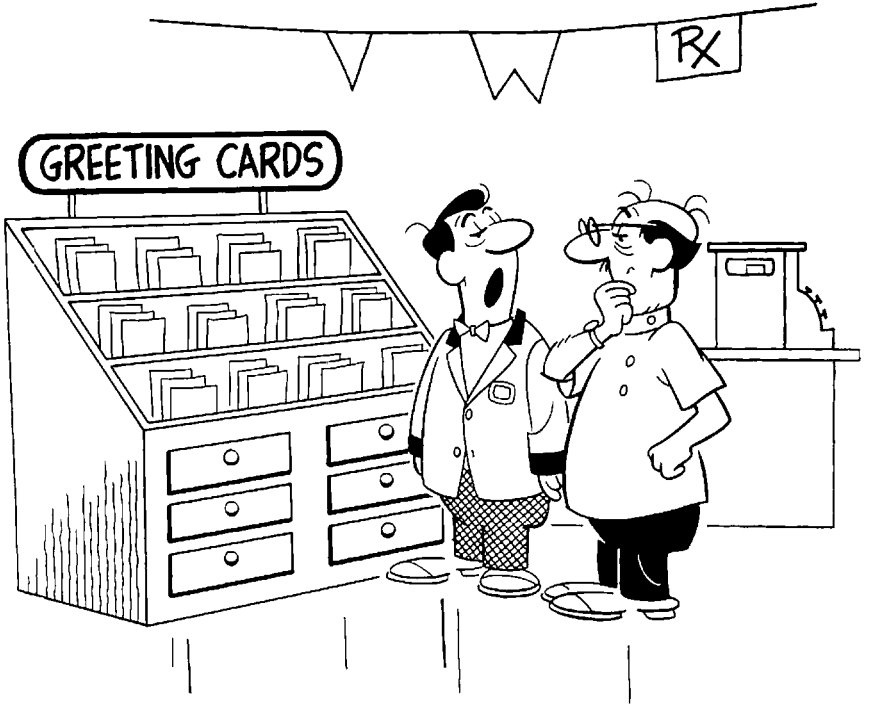
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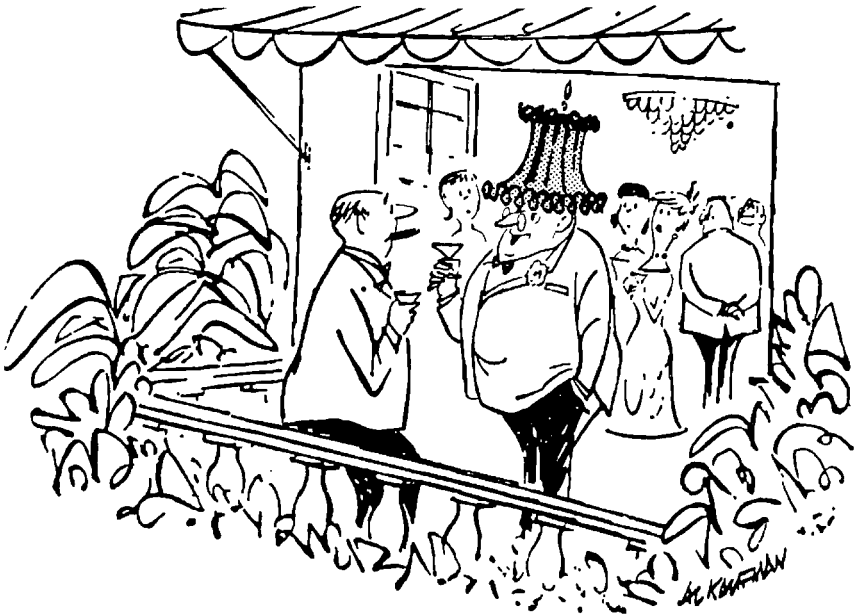
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MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, July and Oct.—
6:15 p.m. Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept. Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF PUGET SOUND HOSPITAL
2nd Monday of February, May, August, November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC
ASSOC.—First Monday of October, December, February,
April and June.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and
August—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m.
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and
August
- PIERCE COUNTY PEDIATRIC SOCIETY
First Monday of each month except June, July and
August—6:30 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Monday of March, June, September, December—
7:00 a.m. at Allenmore Hospital
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- TACOMA OB-GYN SOCIETY
3rd or 4th Tues. of Jan., March, May, Sept., Nov.

The

PIERCE COUNTY MEDICAL SOCIETY



BULLETIN

FEBRUARY 1972

TACOMA, WASHINGTON

VOL. XLIII—NO. 2



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
FEBRUARY 8**

Pierce County Medical Society

1972

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President-elect.....	John M. Kanda
Vice President.....	W. Ben Blackett
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Robert W. Florence	George A. Tanbara

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W. Ben Blackett, Editor
Stanley W. Tuell
David S. Hopkins



COVER PICTURE courtesy of Dr. Glenn McBride.

Papers, Exhibits Wanted For WSMA Sept. Meet

It's time for Pierce County physicians to sign up for space on the program at the Washington State Medical Association meeting in Seattle September 17-20. If you have a scientific subject in mind for a suitable paper, send the title and a two or three paragraph summary to Joseph W. Eschback, M.D., Chairman, WSMA Scientific Program Committee, 444 Northeast Ravenna Blvd., Seattle, Wash. 98115. Abstracts can be received for consideration no later than April 15, 1972, as the program committee must complete the preliminary program in May. The committee will review all abstracts submitted and those accepted will be scheduled for presentation during specialty or general sessions.

Applications are also now available for scientific exhibit space at the meeting. Exhibits will be selected on the basis of those providing new and useful techniques for practicing physicians. Applications for exhibit space may be obtained by writing to the WSMA, Scientific Exhibit Committee at the same address. The closing date for the receipt of completed applications is April 15, 1972. The Scientific Exhibit Committee will meet shortly thereafter to select exhibits to be shown.

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Before prescribing, see complete prescribing information in SK&F literature or *PDR*.

*Indications: Edema associated with congestive heart failure, cirrhosis of the liver, the nephrotic syndrome, late pregnancy; also steroid-induced and idiopathic edema, and edema resistant to other diuretic therapy. 'Dyazide' is also indicated in the treatment of mild to moderate hypertension.

Contraindications: Pre-existing elevated serum potassium. Hypersensitivity to either component. Continued use in progressive renal or hepatic dysfunction or developing hyperkalemia.

Warnings: Do not use dietary potassium supplements or potassium salts unless hypokalemia develops or dietary potassium intake is markedly impaired. Enteric-coated potassium salts may cause small bowel stenosis with or without ulceration. Hyperkalemia (>5.4 mEq/L) has been reported in 4% of patients under 60 years, in 12% of patients over 60 years, and in less than 8% of patients overall. Rarely, cases have been associated with cardiac irregularities. Accordingly, check serum potassium during therapy, particularly in patients with suspected or confirmed renal insufficiency (e.g., certain elderly or diabetics). If hyperkalemia develops, substitute a thiazide alone. If spironolactone is used concomitantly with 'Dyazide', check serum potassium frequently—they can both cause potassium retention and sometimes hyperkalemia. Two deaths have been reported in patients on such combined therapy (in one, recommended dosage was exceeded; in the other, serum electrolytes were not properly monitored). Observe regularly for possible blood dyscrasias, liver damage or other idiosyncratic reactions. Blood dyscrasias have been reported in patients receiving Dyrenium (triamterene, SK&F). Rarely, leukopenia, thrombocytopenia, agranulocytosis, and aplastic anemia have been re-

ported with the thiazides. Watch for signs of impending coma in acutely ill cirrhotics. Thiazides are reported to cross the placental barrier and appear in breast milk. This may result in fetal or neonatal hyperbilirubinemia, thrombocytopenia, altered carbohydrate metabolism and possibly other adverse reactions that have occurred in the adult. When used during pregnancy or in women who might bear children, weigh potential benefits against possible hazards to fetus.

Precautions: Do periodic serum electrolyte and BUN determinations. Do periodic hematologic studies in cirrhotics with splenomegaly. Antihypertensive effects may be enhanced in postsympathectomy patients. The following may occur: hyperuricemia and gout, reversible nitrogen retention, decreasing alkali reserve with possible metabolic acidosis, hyperglycemia and glycosuria (diabetic insulin requirements may be altered), digitalis intoxication (in hypokalemia). Use cautiously in surgical patients. Concomitant use with antihypertensive agents may result in an additive hypotensive effect.

Adverse Reactions: Muscle cramps, weakness, dizziness, headache, dry mouth; anaphylaxis; rash, urticaria, photosensitivity, purpura, other dermatological conditions, nausea and vomiting (may indicate electrolyte imbalance), diarrhea, constipation, other gastrointestinal disturbances. Rarely, necrotizing vasculitis, paresthesias, icterus, pancreatitis, and xanthopsia have occurred with thiazides alone.

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President's Page

What makes your Medical Society tick? How does it run? Who does what? What do we need it for? All these and many other questions are asked, or even worse, they are not being asked.

In this day of rapid change and with the threat of government intervention in all aspects of medical care, from peer review to methods of delivering and financing, it is urgent that we do take time out to think and then to act. Do you realize how great have been the accomplishments of the Medical Education Committee and the College of Medical Education? Do you realize that their courses run to S.R.O. audiences, that there were thousands of hours of participation last year?

Do you know that the Medical-Legal Committee spent over 300 hours trying to set up and assess a plan to decrease the threat of malpractice actions? Discussions are going forward with the Bar Association representatives to maintain and increase the dialogue between physicians and attorneys.

Do you realize that the Editorial Board has to meet every month to discuss ways of improving the *Bulletin* and to carry out their responsibilities for all the activities of our publication which we use to try to keep our lines of communication open?

Do you know that the Grievance Committee meets regularly to be the "ombudsman" for our relationship with the whole community?

Did you know that the Emergency Medical Service Committee meets with the Disaster Committee of Pierce County, comprised of the Sheriff, the Fire Department, the Police Department and many others; that they meet the 4th Thursday of every month for breakfast to plan for disasters which might strike our community at any time and are constantly updating these plans so as to keep them current?

Do you think that "Ask Your Doctor" is good public relations? It takes a lot of time and effort to plan, to program, to be sure that everyone gets to the station at the right time, to find moderators, to be moderators. To this Committee and participants, all of the members of the Society are greatly indebted.

Who represents us on the multitude of Consumer organizations that are medically oriented and whose actions may very well determine our whole future in medicine? Countless frustrating hours are spent with these groups. The Planning Committee of the Pierce County Medical Society is involved with all of these things. I could write a whole page about Jim Hazelrigg alone and all of his efforts. Besides that there are the following:

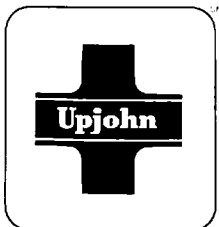
Facilities Review Committee
 Regional Planning Council
 State Planning Council
 The Tacoma-Pierce County Health Council
 The Subcommittee for Planning for Ambulatory Care Center
 The Drug Abuse Center Board
 The Mental Health and Retardation Administrative Board

All of these are attended by very busy physicians.

If you care to be a doer and not just a bystander, come to the meetings of the Medical Society and then work on these committees. Please let me know of your interests.

The way and how we practice in the future is being determined now. There are almost 350 of us in the Pierce County Medical Society. United we can do a great deal.

—LESTER S. BASKIN, M.D.



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Editorially Speaking

A number of physicians have remarked that they consider the routine annual physical examination a waste of their time and the patients' money. And while doctors are not likely to be unanimous in this opinion, there does seem to be some substantial doubt about the cost-effectiveness of this practice to the patient. There probably should be excepted a few tests which have seemed worthwhile such as the Pap smear and chest X-ray.



Which brings us to a current vogue in government health planning which envisions preventive medicine as the key to lowering health costs. This theory holds that physicians should be contract pre-paid so that they will profit by keeping their panel of patients out of the hospital rather than by treating illness as it occurs.

One can only wonder about the effect upon a physician shortage of having doctors' time tied up with well-adult and well-baby clinics.

One also wonders if all this preventive medicine energy couldn't be better directed at requiring lower horsepower automobiles, truly crash resistant vehicle bodies, removing motorcycles from highways, strict driver license re-examination and routine checks on automobile tires, brakes and lights.

Is it possible that the "new preventive medicine" is more motivated by political appeal than by a real desire to keep people out of hospitals?

Anyway, it's something to think about.

—W. BEN BLACKETT, M.D.

Do you agree? Letters to the editor are encouraged and will be published.

AMA-ERF CHRISTMAS DONATIONS

The amount of \$3,763.50 has been forwarded to the national office of AMA-ERF (American Medical Association Education and Research Foundation) by the Woman's Auxiliary to the Pierce County Medical Society which it received from contributors to the Christmas Card project for this past December.

It was gratifying to have Stowell Pharmacy, Puget Sound Pharmacy, Harold Meyer Drugs and Fircrest Phar-

macy send in contributions for the added phase of the Auxiliary's card project.

An interesting sidelight of the project was that of the many schools designated to receive contributions. The medical schools in St. Louis, Missouri, were mentioned more than any other schools. As a final reminder of AMA-ERF, gifts of appreciation, remembrances and memorials in physicians' names may be sent in at any time. Your support of AMA-ERF is sincerely appreciated.



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From The Board of Trustees, January 1972

Dr. Cletus Stevens reported to the Board on the HMO Planning Grant Application filed by Puget Sound Hospital.

A request was received for a psychiatric representative from the Medical Society to the Drug Abuse Center. Doctor Karl Humiston has been appointed to this position.

A report was received from Doctor Barronian, Chairman of the Library Committee, recommending a centralized library facility at Tacoma General Hospital and recommending discontinuation of the Medical Society Library in the Medical Arts Building. These recommendations were approved in principal but it is recognized that certain financial matters must still be resolved such as the portion of various hospital dues to be contributed to this central library facility and the possible need for additional librarian help and possible enlargement of the library facility at Tacoma General Hospital. Doctor Barronian's Committee was directed to proceed to work out these problems and report back with recommendations to the Society.

The Allenmore Hospital Corporation has requested a Medical Society position statement in regard to a proposed merger of the Allenmore Hospital and Tacoma General Hospital. The written proposal has been submitted by the Allenmore Hospital group to Tacoma General Hospital for consideration. An ad hoc committee of the Medical Society officers and the two representatives from the Medical Society to the Facilities Review Board met with the representative from Allenmore Hospital to discuss this proposal. This report was

then reviewed at the Board of Trustees and the following position was recommended. *The Medical Society should oppose that portion of the merger plan committing Tacoma General Hospital to build an additional 100 beds at the Allenmore Hospital site. The Medical Society would approve the merger as a means of promoting better overall hospital and community medical care planning.* The following resolution was then unanimously approved for submission to the full meeting of the Society:

"The Pierce County Medical Society, in response to a request from representatives of Allenmore Hospital, endorses an amalgamation of Allenmore Hospital and Tacoma General Hospital.

"It would be the hope of the Society that if such does occur the combined resources establish a master plan of development to best relate to community needs."

Dr. Frolich to Speak

Dr. Edward D. Frolich, Professor of Medicine, Director Division of Hypertension of the University of Oklahoma, will speak at the Good Samaritan Hospital CPC on Friday, February 18, from 8:00 to 9:00 a.m. His topic will be "A Clinical Look at the Mechanisms of the Hypertensions."

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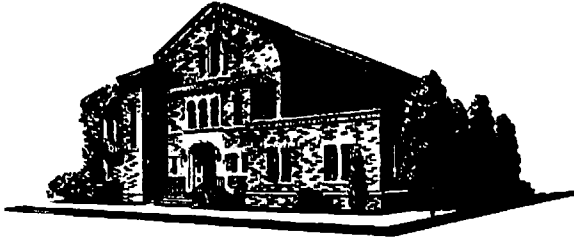
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PHYSICIANS' AND HOSPITAL SUPPLIES

PIERCE COUNTY MEDICAL SOCIETY MEETING

Medical Arts Building Auditorium

Tuesday, February 8

PROGRAM . . . 8:15 P.M.

"NURSING: DIRECTIONS AND SIGNPOSTS"

Panel Discussion

Dr. Doris Stucke and a P.L.U. Student
Mrs. Bess Piggott, R.N., and a
Tacoma General Hospital Student
Mrs. Sylvia Ames, R.N., and a
St. Joseph's Hospital Student

.

Social Hour: 6:00

Dinner: 6:45

Honan's Restaurant

New Rocom™ Health History System



Your patient does all the work prior to your examination

A basic screening history is an important diagnostic tool, but history taking can use up at least 20 minutes of your valuable office time. With the Rocom Health History System,* your patient does the time-consuming work by filling in the answers prior to the appointment. You begin the examination with a completed summary ready for your evaluation, and you can concentrate immediately on current complaints.

*Created and developed by Patient Care Systems, Inc.

PII

Personal history, family medical background, current complaints at a glance

You get an immediate picture of the patient's past and present personal and medical history plus the family medical background. Only positive responses transfer to the history summary sheet, so you can relate one body system complaint to another and determine at once the areas that demand your extended probing and prompt attention.

Your patient fills out his part of the questionnaire like this:

Your summary sheet shows this:

15. Are you very nervous around strangers?	15. Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	16. MOOD <input checked="" type="checkbox"/> nervous with strangers <input checked="" type="checkbox"/> difficulty making decisions <input checked="" type="checkbox"/> lack of concentration or memory <input type="checkbox"/> lonely or depressed <input type="checkbox"/> cries often <input type="checkbox"/> hopeless outlook <input checked="" type="checkbox"/> difficulty relaxing <input checked="" type="checkbox"/> worries a lot <input checked="" type="checkbox"/> frightening dreams or thoughts <input checked="" type="checkbox"/> shy or sensitive <input checked="" type="checkbox"/> dislikes criticism <input checked="" type="checkbox"/> loses temper <input checked="" type="checkbox"/> annoyed by little things <input type="checkbox"/> work or family problems
16. Do you find it hard to make decisions?	16. Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	
17. Do you find it hard to concentrate or remember?	17. Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	
18. Do you usually feel lonely or depressed?	18. Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	
19. Do you often cry?	19. Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	
20. Would you say you have a hopeless outlook?	20. Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	
21. Do you have difficulty relaxing?	21. Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	
22. Do you have a tendency to worry a lot?	22. Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	
23. Are you troubled by frightening dreams or thoughts?	23. Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	
24. Do you have a tendency to be shy or sensitive?	24. Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	
25. Do you have a strong dislike for criticism?	25. Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	
26. Do you lose your temper often?	26. Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	
27. Do little things often annoy you?	27. Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	
28. Are you disturbed by any work or family problems?	28. Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	

The 129 carefully chosen questions (arranged by body system) provide an integrated look at complaints with the knowledge that important screening questions have been covered. The summary immediately gives you your leads.

Something new...Rocom Health History System (Spanish)

For patients who speak little English and also for those physicians whose Spanish may be limited. The questions are in Spanish...the answers in English...the form does the "translating." Covers all areas described above.

The patient answers questions in Spanish:

You read the answers in English:

15. ¿Se pone nervioso en presencia de personas extrañas?	15. Si <input checked="" type="checkbox"/> No <input type="checkbox"/>	16. MOOD <input checked="" type="checkbox"/> nervous with strangers <input checked="" type="checkbox"/> difficulty making decisions <input checked="" type="checkbox"/> lack of concentration or memory <input type="checkbox"/> lonely or depressed <input type="checkbox"/> cries often <input type="checkbox"/> hopeless outlook <input checked="" type="checkbox"/> difficulty relaxing <input checked="" type="checkbox"/> worries a lot <input checked="" type="checkbox"/> frightening dreams or thoughts <input checked="" type="checkbox"/> shy or sensitive <input checked="" type="checkbox"/> dislikes criticism <input checked="" type="checkbox"/> loses temper <input checked="" type="checkbox"/> annoyed by little things <input type="checkbox"/> work or family problems
16. ¿Se le hace difícil tomar decisiones?	16. Si <input checked="" type="checkbox"/> No <input type="checkbox"/>	
17. ¿Se le hace difícil concentrar o recordar?	17. Si <input checked="" type="checkbox"/> No <input type="checkbox"/>	
18. ¿Se siente solo o deprimido?	18. Si <input type="checkbox"/> No <input checked="" type="checkbox"/>	
19. ¿Llora a menudo?	19. Si <input type="checkbox"/> No <input checked="" type="checkbox"/>	
20. ¿Diría usted que tiene una perspectiva irremediable?	20. Si <input type="checkbox"/> No <input checked="" type="checkbox"/>	
21. ¿Tiene dificultad en relajarse o reposar?	21. Si <input checked="" type="checkbox"/> No <input type="checkbox"/>	
22. ¿Tiene a preocuparse demasiado?	22. Si <input checked="" type="checkbox"/> No <input type="checkbox"/>	
23. ¿Le molestan o asustan algunos sueños o pensamientos?	23. Si <input type="checkbox"/> No <input checked="" type="checkbox"/>	
24. ¿Tiene a ser tímido o sensitivo?	24. Si <input checked="" type="checkbox"/> No <input type="checkbox"/>	
25. ¿Se molesta mucho cuando lo critican?	25. Si <input type="checkbox"/> No <input checked="" type="checkbox"/>	
26. ¿Pierde el genio con frecuencia?	26. Si <input type="checkbox"/> No <input checked="" type="checkbox"/>	
27. ¿Cosas pequeñas le hacen molestar?	27. Si <input checked="" type="checkbox"/> No <input type="checkbox"/>	
28. ¿Le molesta cualquier trabajo o problemas familiares?	28. Si <input type="checkbox"/> No <input checked="" type="checkbox"/>	

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Additional components of the Rocom Medical Management System

"Problem-oriented" Medical Record System

A new, more efficient method for keeping complete patient medical records: Patient Progress Notes are designed to be used with the "problem-oriented" method of maintaining patient records. Provide space for identification of the patient problem, your subjective and objective findings, and plans for treatment and follow-up. Medical Records Jacket provides for rapid, accurate retrieval of vital patient information, such as patient problems, lab results, medications, allergies, etc. Color-coded tab permits you to locate misplaced files almost instantly. Disease Cross-Index Cards catalog patients by disease entity. Invaluable in the event of a therapeutic breakthrough, drug recall or an epidemic of infectious disease. Can be used for analysis of your practice and for evaluating the status of patients with the same chronic illnesses. Family Jacket Holder is designed to hold the medical records of up to six members of an individual family in one location.

Telephone System

Specially designed message pads are keyed so that your staff obtains all the information you need for follow-up. You fill in your disposition of the call on the same form, and a self-adhesive backing permits attaching the completed message to the patient's permanent record. You write the information just once and it is always available for future reference. Comes in two ways: padded, 4 messages to the sheet; and checkbook style, to carry with you.

Appointment System

Customizes your own schedule to fit patient flow. Helps eliminate slack periods and jam-ups in your waiting room.

Patient Health Guides

Particularly useful in supplementing the instructions you give to the patient. 25 subjects. Tested for accuracy and effectiveness. Uniform size and shape. Standardized format. Written in the question and answer format.

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For more information about the Rocom Medical Management System, fill in card and send it to us.

Gentlemen:
Please provide me with additional information about:

- Health History System
- Medical Record System
- Appointment System
- Telephone System
- Patient Health Guides

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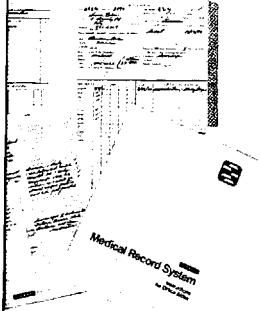
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Records System



Health Guides

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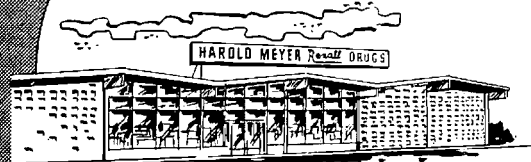
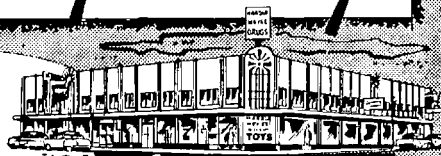
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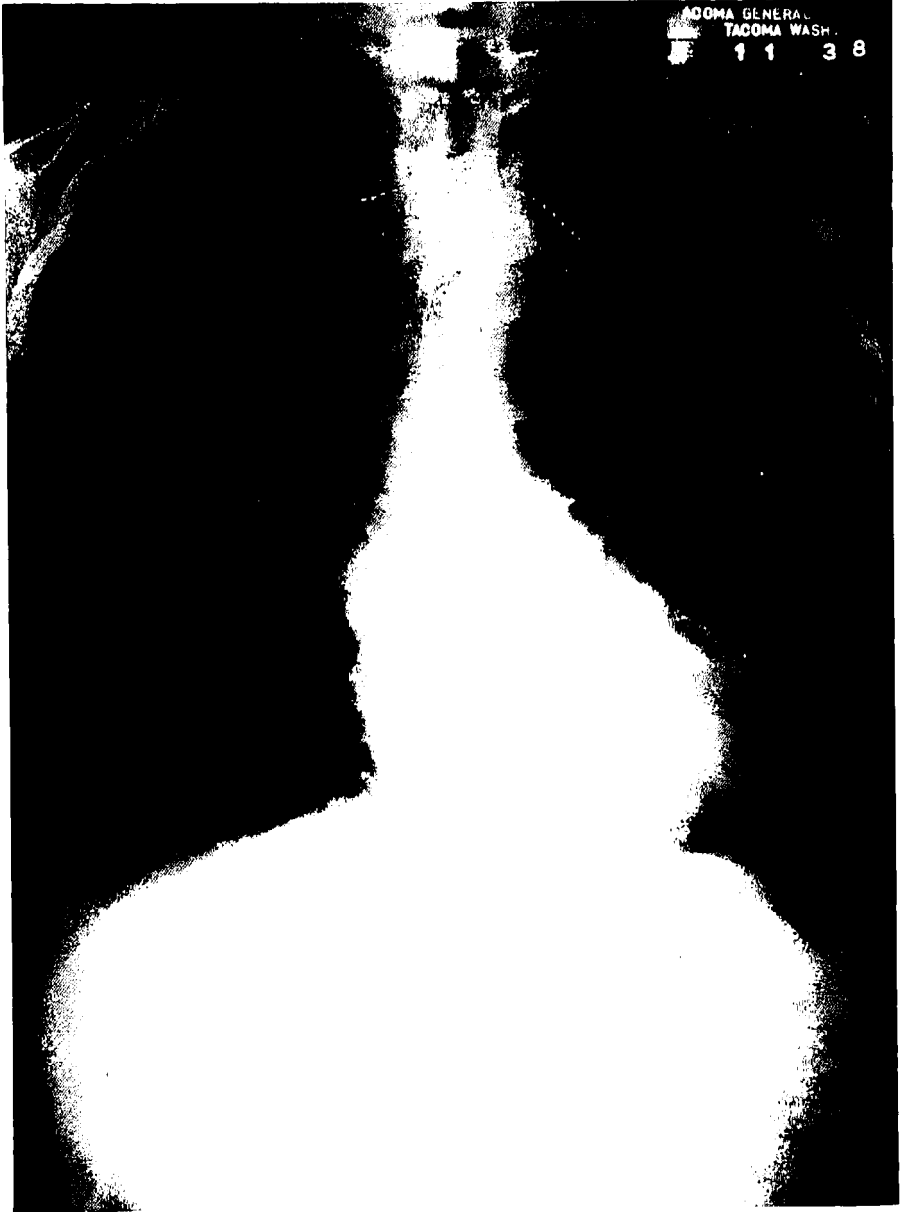
WHAT IS IT?

Radiologic Case of the Month

HISTORY:

This is a 38-year-old male who complains of leg cramps and headaches with increasing frequency in the past few years.

On physical examination he has pronounced hypertension and a systolic murmur. See page 15 for answer.



Physician Survey Planned From the Medical Society Meeting, January 1972

Physicians of the Pierce County Medical Society will be interviewed by their wives during the last week of January and the first week of February. The interview is an attempt to gain physicians' opinions on ambulatory care in Tacoma and Pierce County. Mrs. Katterhagen, chairman of the Search Committee of the Women's Auxiliary, is organizing the survey effort. Data gathered will be used in a comprehensive planning effort by the Tacoma Ambulatory Care Center, an organization of hospitals, community agencies, the Medical Society, the Dental Society, and interested citizens.

Some questions will relate to the doctor's practice. For example each person will be asked the nature of his practice, the geographic origin of his patients and the type of payment mechanism they most often use. Other queries will gain physicians' opinions as to who the medically unserved are in our community, where they live and why they are unserved. Physicians will be asked which referrals they find most difficult to complete. Finally, ideas will be sought as to what solutions to ambulatory care problems members feel to be the best and they will be given the opportunity to help in the effort to improve the present community care situations.

Information gained will be used in planning. Data from individual interviews will be confidential. Tabulation of results will be made available to those who participate.

Many groups have made their voices heard in regard to ambulatory care in Tacoma. The interview by auxiliary members is a chance for the medical community to make itself heard.

—O. A. HARRELSON, M.D.

PATRONIZE YOUR ADVERTISERS

Doctor Lester Baskin presiding.
Doctor (Coach) Pim reported on plans for the Tacoma General Hospital Nurses vs. Doctors basketball game. All interested players should call Doctor Pim's office.

Doctor Barnes reported that over 200 nurses had signed up for the post-graduate session on "Neurology for Nurses".

The Medical Auxiliary members will be interviewing primary care physicians within the city and county in regard to the proposed ambulatory care center.

Doctor Baskin reported the Medical Society's intention to form a Credentials Committee which would screen all applicants and thereby decrease the load on various hospital Credentials Committees.

New applicants for Society membership received their first formal reading. They were as follows: Doctor Jerry Garrett, Radiology, recommended by Doctors Kenneth Gross and Robert Whitney. Mel Henry, Internal Medicine, recommended by Doctors John Kennedy and Gale Katterhagen. Doctor Howard Boyd, ENT, recommended by Doctors Daniel Thomas and Paul Gerstmann. Doctor Randolph Lindblad, Ophthalmology, recommended by Doctors Ron Beck and John Kemp. Doctor Gale Hertz, recommended by Doctors Jim Krueger and Herman Judd.

The Medical Society position statement on the proposed amalgamation between Tacoma General and Allenmore Hospital was read by Doctor Hazelrigg (this is the proposal recommended by the Board of Trustees). After

(Continued on Page 20)

WHAT IS IT?

Denouement

Coarctation of the aorta with striking rib notching bilaterally and left ventricular hypertrophy.

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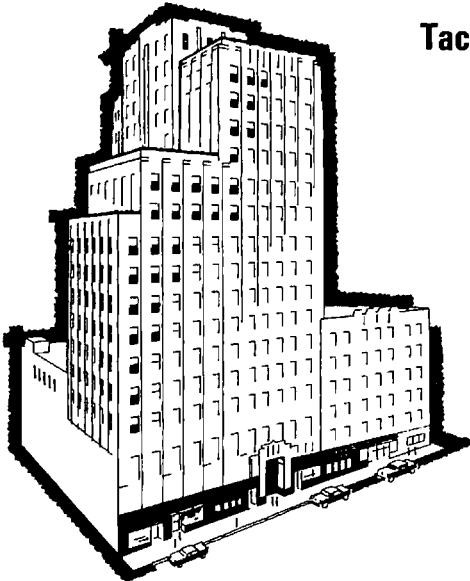
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WOMAN'S AUXILIARY PAGE . . .

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Assistant to Membership	Mrs. Ronald G. Gallucci (Jane)

TOUR REHABILITATION CENTER

Friday, February 18, 1972

Good Samaritan Hospital—Puyallup

Friday morning, February 18, an interesting and informative field trip has been planned for us. The Auxiliary members will meet at 10:00 a.m. at Good Samaritan Hospital in Puyallup for a guided tour of the Rehabilitation Center. The Rehabilitation Center in Good Samaritan Hospital is one of the finest facilities of its kind in the Northwest. Deva Vaught will arrange for coffee and rolls for the tour.

BOARD NEWS

There were many items of business on the agenda of the full board meeting held January 11, at the home of Auxiliary president Nadine Kennedy. The board accepts with regret the resignation of Carol Hazelrigg as president-elect. Nancy Billingsley will serve the remainder of Carol's term in office. Mr. Donald C. Peterson, Executive Director of Medical Supplies for Missions, has requested drugs and used equipment supplies for missions. Their office will be glad to pick up any donations: if you have any question about this project you may call Obie Alger. Dorothy Grenley, chairman of the finance committee, announced her committee will meet on a regular basis now, helping with finance will be Hilda Lantieri, Mamie Miskovsky, Elizabeth Bischoff, Edith Lawrence, Jane Delyanis. Dec Wickstrom and Shirley Kemman.

Student recognition award, budget and project research will be voted upon at the general meeting in March. Prior to this time fact sheets concerning these items will be sent Auxiliary members.

PROJECT SEARCH

Anne Katterhagen, chairman of Project Search, and Nancy Spangler, have been attending weekly organizational meetings of the Tacoma Ambulatory Care Center. Doctor Orvis Harrelson is now director of a committee composed of representatives from the many health related organizations in Pierce County. The general purpose of this group is to ascertain and help coordinate the health needs of the community, especially those no longer served by the county hospital facility. A questionnaire and survey has been planned for this purpose.

"The Pierce County Auxiliary Board, at the request of the Medical Society,

(Continued on Page 18)

(Continued from Page 17)

voted to assist the Tacoma Ambulatory Care Center in their survey of physicians, particularly general practitioners, ob-gyn specialists and pediatricians in Pierce County", and stated in a recent letter. On January 25 a questionnaire will be mailed to the home of these physicians and the auxiliary members' help is requested in completion and return of these forms.

A further report on the Ambulatory Center and a fact sheet will be sent to members in the future, and at the March meeting the Auxiliary will vote on continuation and direction of our efforts in this project.

TUESDAY, APRIL 11, 1972

The joint meeting with the Pierce County Medical Society will be held on Tuesday, April 11, 1972. The dinner will be held at O'Brien's Restaurant at 6:00 p.m., and the Society meeting, according to Doctor Lester Baskin, County Medical Society President, will be at the Tacoma Arts Museum. Georgia McPhee will help coordinate the activities for the evening. Mark the date!

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- 3 William P. Hauser
- 6 Herbert C. Kennedy
Don G. Willard
- 7 Donald A. Graham
- 10 Ronald J. Beck
Lawrence P. Cutner
M. N. Dhruva
Michele Maddalosso
- 15 Paul E. Bondo
Thomas R. West
- 19 Charles B. Grossman
James L. Schneller
- 20 George A. Delaney
Ada Van Dooren
- 21 Robert Costleigh
Melvin L. Henry
- 22 Charles J. Galbraith
- 23 Frank J. Rigos
- 24 James E. Hazelrigg
John P. Nagle
- 25 Axel Lindstrom
Raymond J. McGroarty
- 27 David M. Gimlett
Thomas R. McDonnell
- 28 Viola Van Patter

(Continued from Page 15)

discussion this position statement was approved by the Society.

Guest speaker was Doctor Peter Brooks, President of the Washington State Medical Society. He reported on State actions of the last year and prospects for the coming year. This included a discussion of chiropractic, malpractice insurance, and the need for close cooperation between the local medical societies, the State and the American Medical Association. Mr. Gorman, Executive Secretary of the State Medical Societies, reported that, interestingly enough, the majority of State Society Members who do not belong to the American Medical Association are connected with the University of Washington!! —W. BEN BLACKETT, M.D.

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- Losing control over ability to stop drinking after the first drink.
- Going on periodic drinking bouts.
- Losing time from work.
- Protecting and hiding liquor supplies.
- Drinking alone in the morning or before breakfast.
- Getting the "shakes" and "butterflies" and finding liquor mitigates them.
- Finding it takes less alcohol to get drunk. (less tolerance to the drug, probably due to brain damage).
- Experiencing delirium tremens, (D.T.s).
- Feeling vague and unreasoned fears.
- Experiencing insomnia.
- Dying of liver, or brain, or heart disease, or debilitating diseases such as tuberculosis and pneumonia or accidents.

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February Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5
	C.P.C. of Mary Bridge 8 a.m.	Surg. Conf. TGH 8 a.m.	Gastrointestinal Conference— St. Joseph's 8:15 a.m.	Tumor Board 7 a.m.—Allenmore Hematology- Oncology Conf. TGH—8:15 a.m. Good Sam Med. Ed—8 a.m.	
7	8	9	10	11	12
Mary Bridge Cardiac Conf. 5:30 p.m. Tacoma Orthopedic Society—6 p.m. Tacoma Chapter Am. Psych. Assoc. P. Co. Pediatric Soc.—6:30 p.m.	C.P.C. of Mary Bridge 8 a.m. Grand Rounds Lakewood Gen. 12:30 p.m. PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M.	OB-GYN Conf. TGH—8 a.m.	Pulmonary Conf. St. Joseph's 8:15 a.m. St. Joseph's Trauma Conf.— 7 a.m.	Tumor Board 7 a.m.—Allenmore Neurology Conf. TGH—8:15 a.m. Good Sam. Med. Ed.—8 a.m.	
14	15	16	17	18	19
Mary Bridge Cardiac Conf. 5:30 p.m.	C.P.C. of Mary Bridge 8 a.m. Tacoma Surgical Club 6:30 p.m.	Medicine Conf. TGH—8 a.m.	Renal Conference St. Joseph's 8:15 a.m.	Tumor Board 7 a.m.—Allenmore Cardiology Conf. TGH—8:15 a.m. Good Sam. Med. Ed.—8 a.m.	
21	22	23	24	25	26
Mary Bridge Cardiac Conf. 5:30 p.m.	G.P.C. of Mary Bridge 8 a.m. Tacoma Acad. of Internal Medicine 6:30 p.m.	Path. Conf. TGH—8 a.m.	C.P.C. of St. Joseph's 8:15 a.m.	Tumor Board 7 a.m.—Allenmore Joint Services Conf.—8:15 a.m. TGH Good Sam. Med. Ed.—8 a.m.	
28	29				
Mary Bridge Cardiac Conf. 5:30 p.m. Pierce County Chapter AACP 6:30 p.m.					

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MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, July and Oct.—
6:15 p.m. Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept. Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF PUGET SOUND HOSPITAL
2nd Monday of February, May, August, November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC
ASSOC.—First Monday of October, December, February,
April and June.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and
August—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m.
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and
August
- PIERCE COUNTY PEDIATRIC SOCIETY
First Monday of each month except June, July and
August—6:30 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Monday of March, June, September, December—
7:00 a.m. at Allenmore Hospital
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- TACOMA OB-GYN SOCIETY
3rd or 4th Tues. of Jan., March, May, Sept., Nov.

The

PIERCE COUNTY MEDICAL SOCIETY



BULLETIN

MARCH 1972

TACOMA, WASHINGTON

VOL. XLIII—NO. 3



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
MARCH 14**

Pierce County Medical Society

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COVER PHOTO: Stevens Pass, west of summit

From The Board Of Trustees Feb. 8, 1972

The budget for 1972 was reviewed and approved with minor corrections. An increase in dues from \$50 to \$60 was recommended for submission to the Society meeting.

Dr. Orvis Harrelson reported to the Board on the Ambulatory Care Committee. This should be the subject of further detailed reports to the Society. This program is still in a period of transition and the Society cannot take a firm position until the eventual direction is established. In the meantime, the Board endorsed support for Dr. Harrelson in his efforts.

A report from the Ethics Committee was reviewed relative to physicians' Yellow Page telephone listings. A letter will be sent to all members of the Society to recheck that listings are in line with the AMA guidelines.

Applications for Society membership recommended by the Credentials Committee were approved for submission and second readings before the Society.

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Contraindications: Pre-existing elevated serum potassium. Hypersensitivity to either component. Continued use in progressive renal or hepatic dysfunction or developing hyperkalemia.

Warnings: Do not use dietary potassium supplements or potassium salts unless hypokalemia develops or dietary potassium intake is markedly impaired. Enteric-coated potassium salts may cause small bowel stenosis with or without ulceration. Hyperkalemia (>5.4 mEq/L) has been reported in 4% of patients under 60 years, in 12% of patients over 60 years, and in less than 8% of patients overall. Rarely, cases have been associated with cardiac irregularities. Accordingly, check serum potassium during therapy, particularly in patients with suspected or confirmed renal insufficiency (e.g., certain elderly or diabetics). If hyperkalemia develops, substitute a thiazide alone. If spironolactone is used concomitantly with "Dyazide", check serum potassium frequently—they can both cause potassium retention and sometimes hyperkalemia. Two deaths have been reported in patients on such combined therapy (in one, recommended dosage was exceeded; in the other, serum electrolytes were not properly monitored). Observe regularly for possible blood dyscrasias, liver damage or other idiosyncratic reactions. Blood dyscrasias have been reported in patients receiving Dyrenium (triamterene, SK&F). Rarely, leukopenia, thrombocytopenia, agranulocytosis, and aplastic anemia have been re-

ported with the thiazides. Watch for signs of impending coma in acutely ill cirrhotics. Thiazides are reported to cross the placental barrier and appear in breast milk. This may result in fetal or neonatal hyperbilirubinemia, thrombocytopenia, altered carbohydrate metabolism and possibly other adverse reactions that have occurred in the adult. When used during pregnancy or in women who might bear children, weigh potential benefits against possible hazards to fetus.

Precautions: Do periodic serum electrolyte and BUN determinations. Do periodic hematologic studies in cirrhotics with splenomegaly. Antihypertensive effects may be enhanced in postsympathectomy patients. The following may occur: hyperuricemia and gout, reversible nitrogen retention, decreasing alkali reserve with possible metabolic acidosis, hyperglycemia and glycosuria (diabetic insulin requirements may be altered), digitalis intoxication (in hypokalemia). Use cautiously in surgical patients. Concomitant use with antihypertensive agents may result in an additive hypotensive effect.

Adverse Reactions: Muscle cramps, weakness, dizziness, headache, dry mouth; anaphylaxis; rash, urticaria, photosensitivity, purpura, other dermatological conditions; nausea and vomiting (may indicate electrolyte imbalance); diarrhea, constipation, other gastrointestinal disturbances. Rarely, necrotizing vasculitis, paresthesias, icterus, pancreatitis, and xanthopsia have occurred with thiazides alone.

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President's Page

There is probably no greater controversial or emotional or complex issue than the current debate over health care delivery reform and the Ambulatory Care Subcommittee of the Pierce County Health Planning Council.



Historically an Ambulatory Care Committee of the Pierce County Medical Society was established by the President and the Board of Trustees in October, 1971, and composed of the following members:

George Tanbara, Chairman; James Hazelrigg, Ben Blackett, Orvis Harrelson, Ken Graham, DeMaurice Moses, Robert B. Whitney, Jr., J. G. Katterhagen, Harlan McNutt and James Billingsley. I have reappointed the same Committee to continue their work.

This Committee of the Medical Society was appointed in order to help with the planning being done by the Tacoma Ambulatory Care Subcommittee. These members of the Pierce County Medical Society have spent many hours in an attempt to help guide these plans and to keep the medical community advised regarding the formation of Ambulatory Health Care Centers and any other plans for "Health Delivery Systems".

There is being developed a Tacoma Comprehensive Health Care System which is taking many forms, some with the blessing of Model Cities; some with the blessing of the Department of Health, Education and Welfare; some with the blessing of Pierce County Health Planning Council, and others.

Specifically the Ambulatory Care Committee is concerned with caring for people who cannot and who do not get into the usual health delivery system which we have here in Tacoma. Particularly does it deal with families in the Model Cities Hilltop Area and Salishan. It deals with the utilization of the Hospital Emergency Room and the inability to have family physicians and with the difficulty of this group of people of paying for medical care. It has been suggested that a "clinic type" operation located in an area central to the needs of this large group of people would be a good solution to this problem. How it would be funded, but even more important how it would be staffed, is a solution of no easy answer. It is not an ideal system in any event and to my mind is reminiscent of the days of the "old County Hospital".

Doctor Orvis Harrelson is on leave of absence from his position as Health Director for the Public School System and with a grant from St. Joseph Hospital, Tacoma General Hospital, Mary Bridge Children's Hospital, the University of Washington and the Pierce County Medical Bureau plans are being formulated.

Most recently the Tacoma Area Coalition under the direction of Mr.

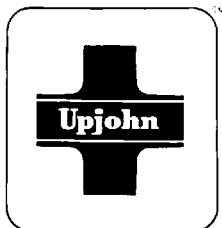
Bob Pfothenauer has published a survey regarding the health care delivery in Tacoma among the low and middle income consumers (patients) in certain census areas of Tacoma. This 131 page booklet, prepared by the Coalition and funded by the Pierce County Hospital Council and the Tacoma Model Cities Program is an illuminating document. He shows that there is a great deficiency in meeting the medical needs among this group of people. In my opinion the final conclusion of the document is a reinforced repetition of most of the consumer arguments for improvement in health care delivery system that could be applicable anywhere in the United States.

Our wives, as members of the Pierce County Medical Society Auxiliary, became involved in this problem because they are concerned. They are concerned with what happens to people and their health care, and they are concerned with what happens to our practices. The questionnaire that they are submitting to doctors, in a sense, is a similar questionnaire that was carried out for the consumers by Mr. Pfothenauer. There is a questionnaire to the provider to attempt to find and present the medical facts by the doctors who provide these medical services. This is only an attempt to get information, to try to find the inequities.

There has been a great philosophical shift in American thought. General opinion holds that health care is the right of every American and not just a privilege. However, see page 94 of the February Northwest Medicine. This has been a great period of dramatic progress in medical technology and with it has come a great rise in public expectation. In the best medical tradition we have a responsibility to search out other methods of delivering health care in this medical crisis.

The Chinese write the world crisis in two characters; one means danger, the other means opportunity.

—LESTER S. BASKIN, M.D.



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Editorially Speaking

The chiropractors are at it again! Senate Bill 167 and House Bill 251 were introduced to force the medical bureaus and all medical insurance carriers to pay for chiropractic "services".

This would increase the cost of premiums and force all of the purchasers of medical care to pay for something the majority doesn't want and which the AMA has recognized as an unscientific cult.

At this time, these items as independent bills appear dead for the current session. Neither was reported out of committee. There remains the danger, however, that they may suddenly re-appear as a rider on some other bill.

It is always too easy to continue with our daily practice and let a few do the political fighting on behalf of our patients and ourselves. In pressuring legislators who are on the fence, however, it is numbers rather than personal vehemence which is most persuasive (Numbers mean votes.)

It is still important for all physicians who have not written their legislators to do so and to state their opposition to any and all of these continuing attempts to impose payment for chiropractors on the public.

P.S.: It should be possible to introduce a bill removing chiropractors from payment by the State Industrial Accident Commission. We needn't always be fighting from a defensive position for what is right.

—W. BEN BLACKETT, M.D.

Letters to the Editor are encouraged and will be published.



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Tacoma Surgical Club To Meet March 25th

The 41st annual meeting of the Tacoma Surgical Club will be held at Thompson Hall of the University of Puget Sound on Saturday, March 25, 1972. The morning session will run from 9:00 to 12:00 o'clock and consists of numerous anatomic displays with the emphasis on techniques for performing certain surgical operations. This unusual feature of the Tacoma Surgical Club has attracted wide attention for its interest and unusual nature. The afternoon session features Dr. Oliver H. Beahrs, Professor of Surgery, Mayo Graduate School of Medicine, University of Minnesota and Head of Section, General Surgery, Mayo Clinic. Papers by Dr. Beahrs and members of the Club will include Surgical Management of Head and Neck Problems, Colles Fractures, Venous Insufficiency of the Lower Extremities, and Treatment of Rectal Prolapse. Dr. Beahrs will speak on Management of Salivary Gland Tumors.

—JOHN ALGER.

Training Spots Sought

Medical office Assistant Students at Clover Park Education Center need physicians' offices for co-operative training. These students have completed six months of classroom training and now need practical experience in your offices as part of their curriculum. If you can employ one of these students, part or full time, please call Delores Barrager, R.N., JU 4-7611, Ext. 276.

COVER PICTURES WANTED

Interesting or unusual pictures of our local medical scene are needed for the *Bulletin*.

Exhibits, Papers Wanted

The Scientific Program Committee began work on the program early in January. Physicians planning on submitting abstracts of scientific papers for consideration by the Committee should submit the abstracts as soon as possible. The deadline for the receipt of abstracts is April 15, 1972. WSMA members are invited to submit a brief two or three paragraph abstract, with title, of the scientific paper they would like to present at the 1972 Washington State Medical Association Annual Meeting, September 17-20, in Seattle. Abstracts should be sent to Joseph W. Eschbach, M.D., Chairman, WSMA Scientific Program Committee, 444 N.E. Ravenna Boulevard, Seattle, Wash. 98115. Applications are now available for scientific exhibit space at the 1972 annual meeting at the Olympic Hotel in Seattle. Exhibits will be selected on the basis of those providing new and useful techniques for practicing physicians. Applications for exhibit space may be obtained by writing to Washington State Medical Association, Scientific Exhibits Committee, 444 N.E. Ravenna Boulevard, Seattle, Wash. 98115.

The closing date for the receipt of completed applications is April 15. The Scientific Exhibits Committee will meet shortly thereafter to select exhibits to be shown.

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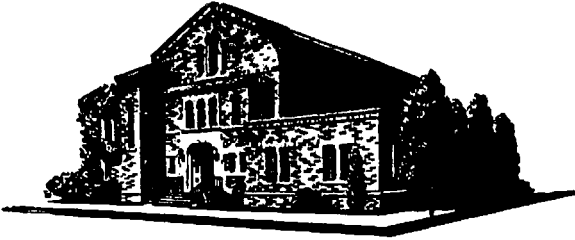
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PIERCE COUNTY MEDICAL SOCIETY MEETING

Medical Arts Building Auditorium

Tuesday, March 14

PROGRAM - - - 8:15 P.M.

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Dinner: 6:45

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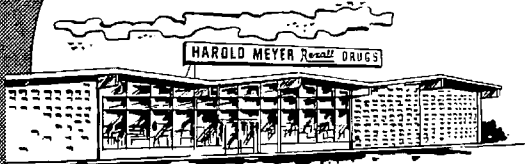
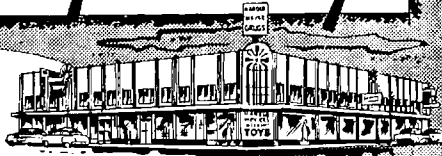
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Office: : Allenmore Medical Center
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Randolph M. Lindblad
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Home: 6510 Harlow Dr. Bremerton

HELP WANTED



DR. JACK ALGER

Amid the ever burgeoning bureaucracy affecting medicine is the Puget Sound Health Planning Council. A branch of this council is the Facilities Review Committee. The purpose of this committee is to review applications for hospital and nursing home construction. *With minor exceptions, no new construction of hospitals or nursing homes may be done without approval of this committee.*

Obviously this committee is powerful. It is equally obvious that this committee is potentially either harmful or helpful to the community. Ostensibly the purpose of the committee is to help assure cooperation, coordination, and maximum efficiency of utilization of health facilities in Pierce County.

The committee is made up of individuals of various occupations, interests, and abilities. Marcel Malden and I have been delegated by the Pierce County Medical Society to serve on this committee. There are no other doctors on the committee. Although certain prejudices and self and group interests are bound to occur in any group such as this, I believe the committee as a whole has a sincere desire to improve both the cost and the quality of medical care in this area. However, although this is possibly a mixed blessing, this committee has very little direction as

Excerpts From the Past

Pierce County Medical Bulletin

TEN YEARS AGO

Arnold J. Herrmann's bid in the race for City Council Position No. 3 will be of special interest to Pierce County physicians watching returns in Tuesday's election. Arnie's decision to become a candidate came after a few days' careful thought that followed a visit from representatives of the United Citizens for Good Government.

Although Arnie is not running as a physician, and has not been officially sponsored by the Pierce County Medical Society, Society members have expressed much interest and pride in having a colleague of Arnie's caliber and ability willing to play an unselfish role in civic affairs.

Arnie's platform is straightforward. He favors the council-manager form of government. Though admittedly not trained or experienced in political or administrative activities, he has a desire to keep Tacoma a clean and healthy city, and feels that a city council

(Continued on Page 18)

"MOST UNUSUAL" Cases Wanted

Do you have a most unusual case? Please write this up in an interesting and/or amusing way. An award to the winner.

to how to do its job properly. Therefore, please let us have an expression by you, the doctors of Pierce County, as to what is the ultimate goal in terms of number of beds, duplication of facilities, location of facilities, management, or any other facets of this problem about which you have an opinion. Jot down your ideas and send them to me or Marcel. It is important to everyone.

Thanks.

—JACK ALGER.

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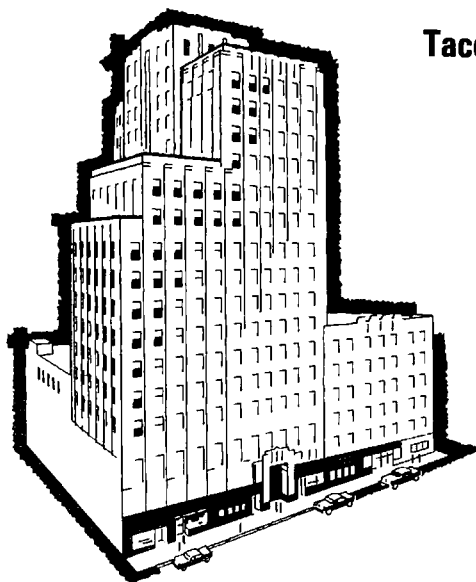
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WOMAN'S AUXILIARY PAGE . . .

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- 1st Vice-President & Program.....Mrs. James Billingsley
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- 2nd Vice-President & Membership.....Mrs. John R. Alger
(Alice)
- 3rd Vice President & Legislative.....Mrs. John Hilger
(Alice)
- 4th Vice-President & Social.....Mrs. Dale D. Doherty
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- Recording Secretary.....Mrs. David W. Millett
(Roberta)
- Corresponding Secretary.....Mrs. Robert B. Whitney, Jr.
(Helen)
- Treasurer.....Mrs. Arthur P. Wickstrom
(Dee)
- Dues Treasurer.....Mrs. Robert C. Johnson
(Betty)

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(Toni)
- Community Health.....Mrs. George Moosey
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- Finance & Pierce County Health Council
Mrs. Philip Grenley (Dorothy)
- Historian & By-Laws.....Mrs. Paul B. Smith, Jr.
(Ginny)
- Nominating.....Mrs. Ralph A. Johnson
(Joanne)
- Para-Medical & Medical Health Sciences
Mrs. James R. Stilwell (Lois)
- Project Search.....Mrs. J. C. Katterhagen
(Anne)
- Publicity (Bulletin).....Mrs. J. Lawrence Smith
(Norma)
- Publicity (Newspaper).....Mrs. J. W. Mandeville
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(Audrey)
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- Telephone.....Mrs. Robert M. Ferguson (Donna - 1972)
Mrs. Frederick J. Schwind
(Elsie)
- Today's Health.....Mrs. Roy H. Virak (Gloria)
Mrs. J. W. Lee
(Agatha)
- Cook Book.....Mrs. John A. Kennedy (Nancy - 1972)
Mrs. Vernon Larson
(Kit)
- Art Auction.....Mrs. George Tanbara (Kimi)
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(Beryl)
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(Vivian)
- Poison Prevention Committee.....Mrs. John W. Pelly
(Suzanne)
- Assistant to Membership.....Mrs. Ronald G. Gallucci
(Jane)

ART MUSEUM TOUR

Underline the date of Tuesday, April 11, for the joint meeting with the Pierce County Medical Society. The after-dinner tour of the Tacoma Art Museum highlights the evening. Members will meet at O'Brien's Restaurant at 6:00 p.m. Georgia McPhee is coordinator of activities.

MEETING LOCATION CHANGE

St. Patrick's Day, March 17th, will find Auxiliary members meeting at the

home of Kit Larson, 1889 N. Hawthorne Drive, instead of the home of Dorothy Lantz. The change was necessitated by Dorothy's unfortunate accident. We all send wishes for a speedy recovery Dorothy. President Nadine hopes for a large turnout to vote on such issues as the Finance Committee recommendations, advisability of continuing the Student Recognition Award and Project Search.

ART AUCTION INQUIRIES

News of Pierce County Auxiliary's successful art auction (both monetarily and socially) has reached other Auxiliaries also searching for ways and means to increase their coffers. Inquiries have been received by Nadine Kennedy asking how it was done by the successful co-chairmen, Judy Brachvogel and Linda BeMiller. The National Chairman of AMAERF is just one of several inquiries.

NOMINATING COMMITTEE

The Nominating Committee, headed by Past-President JoAnne Johnson, will present the following slate at the March meeting. President, Mrs. J. Lawrence Smith; President-Elect, Mrs. James Stilwell; 1st Vice-President, Mrs. Royce Hansen; 2nd Vice-President, Mrs. Robert Whitney; 3rd Vice-President, Mrs. Ronald Gallucci; 4th Vice-President, Mrs. John Havlina; Recording Secretary, Mrs. David Millett; Corresponding Secretary, Mrs. Dennis Waldron; Treasurer, Mrs. Arthur Wickstrom; Dues Treasurer, Mrs. Robert Johnson. Other members of the Nominating Committee are: Kit Larson, Anne Katterhagen, Florence Dean and Carol Hopkins.

(Continued on Page 18)

(Continued from Page 17)

1972 MIDYEAR

Snohomish County Auxiliary will be host during the two-day Midyear Conference meeting March 7th and 8th. Business as usual, with social activities that include a tour of the Boeing 747 plant, a dinner meeting with the Snohomish County Medical Society highlighted by the showing of Dr. Lyle VanBuskirk's film "The Orient—Bangkok to Hong Kong." A fashion luncheon is included in the Wednesday events. Reservations have been made by Nadine Kennedy and Norma Smith. Any interested member is welcome.

—INEZ PIPE,
for Norma in Aloha-land.

(Continued from Page 15)

cil should consist of sincere and intelligent citizens who are aware of their obligations to the community, leaving the actual administration up to trained employees rather than letting the city affairs be handled by professional politicians.

Though not soliciting official support from the County Society, Arnie has made available on request any number of his candidacy pamphlets to any physician who would like to have some in his waiting room or enclose them with statements or other mailings.

—Editor's note: Good luck, Arnie!

☆ ☆ ☆

TWENTY-FIVE YEARS AGO

The interns of all three Tacoma hospitals are being given a course in cardiology. Meetings are held in the tumor clinic room of the Tacoma General Hospital Nurses' Home every Monday at 8 p.m. and are open to all who might be interested.

The internists participating in the teaching are Drs. John Steele, Horace Anderson, Frank Maddison, Christen Quevli and Ralph Huff.



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- 17 Russell Colley
- 18 Robert O'Connell
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- 20 Franz Hoskins
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CASE OF THE MONTH

GEORGE R. BARNES, JR., M.D.

HISTORY:

This 5-year-old male was seen because of recent onset of an almost insatiable thirst for liquids. On physical examination, there was enlargement of the liver and spleen with generalized lymphadenopathy. There was unilateral exophthalmos. There were similar luscencies seen in the boney pelvis. See page 27.



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with a
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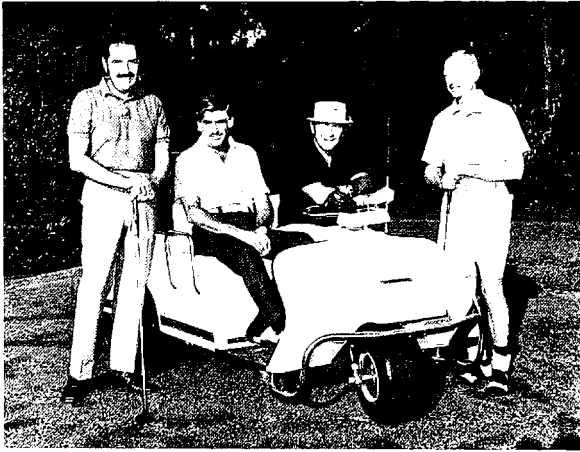


Puget Sound National Bank
The hometown bank.

Rohner, O'Connell Pictured in National Magazine

Though they didn't come home with any big prizes, two Tacoma physicians who competed in the United States Medical Open Golf Tournament in September made the pages of the national recreation magazine for physicians—*Rx Sports and Travel Magazine*. Internist Bob O'Connell and radiologist Bill

Rohner made the long trek to the tournament held Sept. 3-10 in Pinehurst, North Carolina, and the magazine's photographer included them in candid shots on the course. The shots here were published in the Nov.-Dec. issue of the magazine, and the publishers were kind enough to send us prints for the *Bulletin*.



In the top picture, Bill Rohner is shown on the left in a foursome that includes James J. DeVito of St. Augustine, Fla., Owen C. Shull of Herndon, Va., and Cecil E. Miller of Sarasota, Fla. In the lower picture Bob O'Connell

looks on grimly while Elliott Shull of Cherry Hill, N.J., comments on the scoring.

Other local physicians taking part in the tournament were Stan Durkin and Marshall Whitacre.

On April 11th the Pierce County Medical Society and the Pierce County Medical Auxiliary will have their first combined meeting. This will occur at the regular meeting time of 8:15 and for this special occasion will be held at the Tacoma Art Museum, 12th and Pacific. The evening will include a tour of the Art Museum, including a behind-the-scenes view of what makes an Art Museum tick. Beside the regular business of the Society to be conducted that evening, the program will include a talk by Doctor Angelo Pelligrini, noted author, raconteur, food authority and wine authority, who is also a professor of Shakesperean literature at the University of Washington. We are sure that many of you are familiar with his writing and with his books. The subject will be of great interest to us.

There will be a no-host dinner at O'Brien's, just across the street for any who wish to participate, starting at 6 p.m.

Please save the date and bring your date.

This is an opportunity for us to dedicate one of our evenings to our wives with our love and admiration for their incredible patience with us as physicians and husbands.

From The Medical Society Meeting Feb. 8, 1972

The meeting was called to order by President L. S. Baskin.

Second readings of Drs. Boyd, Garrett, Henry, Hirz and Lindblad and all five were elected to Society membership.

First readings were presented for the following physicians: Dr. Ernst Baur, sponsors Drs. Boudwin and T. J. Smith; Dr. Richard Bowe, sponsors Drs. Spangler and Prewitt; Dr. Paul Hageman, sponsors Drs. O'Connell and Boudwin; Dr. John Nagle, sponsors Drs. Waldron and J. Kennedy.

Dr. Baskin reported the recommended dues increase to \$60 and this was unanimously approved.

Dr. Blankenship introduced his guest and lovely daughter, Michele.

The program which was presented by Dr. Stilwell, program chairman, consisted of a discussion and, at times, debate on the merits of diploma school nursing training as contrasted to the 2-years of baccalaureate programs. This was presented by Dr. Doris Stucke, Mrs. Bess Piggott, R.N., Mrs. Sylvia Ames, R.N. and Miss Terri Monson, PLU student, Miss Cora Nakamura, Tacoma General student, and Miss Tami Williams, St. Joseph's student. There were questions and discussion from the floor and obviously some considerable sentiment among the physicians for a return to "bedside nursing".

Denouement

Generalized reticuloendotheliosis or so-called "Histiocytosis-X." In the past this was termed Hand-Schuller-Christian disease.

EXPERIENCED doctor's office assistant available for summer employment. Good letters of reference upon request. Please contact Margaret Walters, 4027 4th N.E., Seattle, Wash. 98105. Phone ME 2-8221.

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Los Angeles, Calif.

Friday, March 24, 9 a.m. - 5 p.m.
Tacoma Country Club
Registration Fee: \$10 (includes lunch)

ANNUAL MEETING
Tacoma Academy of Internal Medicine

East Side Medical Center



GEORGE A. RACE

Another free medical clinic has been opened in Tacoma—to go along with the very successful and needed ones at the Tacoma Rescue Mission, the Hilltop Children's Clinic and the Valley Migrant Worker's Clinic. This new clinic is located in the Salishan Housing area—in the center of the most depressed area in the city, with the lowest per capita income in town.

The clinic, which was first started one year ago, was organized by the Tacoma Area Urban Coalition. At first it found a temporary home in the resource center of the Lister School. About one month ago, the Salishan

Housing Authority remodeled an unused existing building and made it into a clinic building with subdivided cubicles, half being used for pediatrics and half for adult care.

Volunteers are needed to man this facility and aid in making it an active and medically significant institution. At present, two physicians have been holding clinic hours on Wednesday afternoons, assisted by nurses from the Public Health Service, the various schools and also those from private practice. They have been ably aided by volunteers who have done the office work. The pharmacists have offered to supervise the dispensing of free drugs. The clinical laboratories have also offered to provide their brand of care.

What is now needed are: 1) more doctors, 2) more nurses, and 3) more office personnel to offer their services on a part time basis.

HOW ABOUT YOU?

If you can spare a few hours once or twice a month, please leave your name with Judy Gordon at the office of the Pierce County Medical Society and tell her what days and what hours on those days you would be free.

From The Pierce County Tumor Board



J. G. KATTERHAGEN

The goal of chemotherapy has always been to merely arrest the tumor or to put the patient into a state of remission. Over the last several years, however, chemotherapy is coming out of its infancy and is assuming a state of maturity—we now, with several disease states, can speak of chemotherapeutic cure.

Two systemic cancers that can be "cured" with "chemotherapy" are chorio-

carcinoma in the female and Burkitt's Lymphoma in young people.

A case of Burkitt's Lymphoma was recently presented at the Pierce County Medical Society Tumor Board, which meets every Friday morning at 7 at Allenmore Hospital. This, as far as we know, is the 3rd case here in Tacoma presenting as Burkitt's Lymphoma. This disease is a variety of malignant lymphoma seen predominantly in children and it was first reported a few years ago from Africa but since that time has been reported around the world and affecting children of all races. All indications are that this is clearly a viral induced tumor, however, even more interesting is that approximately 50% of these cases with this disseminated lymphoma can be cured with intravenous doses of an alkylating agent such as Cytoxan.

While the present treatment plan for Burkitt's lymphoma is chemotherapy, this case in particular, and practically all of the cases presented to the Tumor Board show the necessity of attacking cancer from the "Team Approach". It is apparent to all that when these cases are reviewed initially by the team of physicians, their therapy is coordinated and the patient's prognosis is significantly improved.

All of the physicians of Pierce County are invited to attend the Tumor Board meetings held every Friday to participate and lend their expertise to not only their patients, but to all of the cases presented to this body.

—J. G. KATTERHAGEN, M.D.

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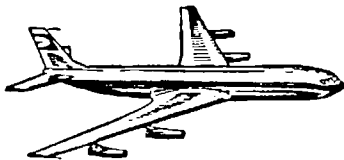
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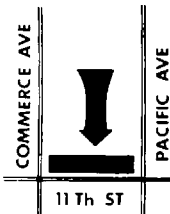
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MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, July and Oct.—
6:15 p.m. Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept. Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF PUGET SOUND HOSPITAL
2nd Monday of February, May, August, November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC
ASSOC.—First Monday of October, December, February,
April and June.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and
August—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m.
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and
August
- PIERCE COUNTY PEDIATRIC SOCIETY
First Monday of each month except June, July and
August—6:30 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Monday of March, June, September, December—
7:00 a.m. at Allenmore Hospital
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- TACOMA OB-GYN SOCIETY
3rd or 4th Tues. of Jan., March, May, Sept., Nov.

The

PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

APRIL 1972

TACOMA, WASHINGTON

VOL. XLIII—NO. 4



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
APRIL 11**

Pierce County Medical Society

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 President-elect..... John M. Kanda
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Kanar shoots, Blackett watches.

COVER PICTURE and other basketball pictures, courtesy of Dr. Stanley Tuell.

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President's Page

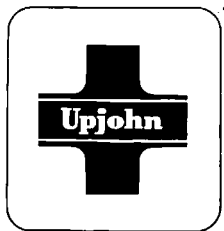
In these days of frantic rush and daily crises, it is nice to contemplate a fruitful evening of enjoyment for ourselves. I hope that all of you and your wives will attend the joint meeting of the Pierce County Medical Society and the Pierce County Medical Auxiliary on April 11th. There are pleasant surprises in store for you.



Someone has said, "Behind every successful man stands a woman." It didn't take Women's Lib. however, to teach all of us as M.D.'s, that rather, it is a full partnership of two equals that makes the "medical marriage" work. People often talk about the harassed and over-worked M.D. — I want to salute, however, the patient and usually non-complaining wife, who changes meals and plans at a moment's notice, who often has to substitute for so many family involvements, and who often just waits and waits and waits.

To all of our wives we extend our thanks for patient and tender loving care and devotion, far beyond the call of duty to all of us.

—LESTER S. BASKIN, M.D.



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Editorially Speaking

This is in the nature of a few philosophical ramblings and observations about the malpractice mess. Writing about malpractice is like discussing childbirth. Articles describing it are plentiful and easily dismissed until one has experienced it and then each paragraph may recall anew the pain and anxiety.



The long months of vague but constant uneasiness, the worries about the effect on family and practice, the feelings of self-doubt and vulnerability to a sometimes hostile and self-seeking public, produced by a major malpractice suit leave certain impressions:

- 1) There is a false security in the idea that practicing good conscientious medicine will prevent suits.
- 2) There is far more malpractice action going on in the community than most physicians realize.
- 3) There has been a gradual change in public sentiment resulting in a feeling that doctors must somehow guarantee a good result and that in any loss somebody must pay.

Solutions are being sought but it seems unlikely that any real relief will come until enough physicians have been personally involved to form a united front against an increasingly intolerable situation.

—D. S. HOPKINS, M.D.

Letters to the Editor are encouraged and will be published.

COVER PICTURES WANTED

Interesting or unusual pictures of our local medical scene are needed for the Bulletin.

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DRUG—STORES

Letters to the Editor



February 21, 1972

The Editor
Bulletin of Pierce County
Medical Society
113 Medical Arts Building
Tacoma, Washington 98402

Dear Sir:

I would like to call to the attention of the members of our Society a special article appearing in the *New England Journal of Medicine*, Volume 286, Number III, entitled, "Assessing Quality of Care From the Medical Record", by Doctors Fessel and Van Brunt, from the Department of Medicine and Medical Records Research of the Permanente Medical Group.

The abstract of the article reads:

"Quality of medical care may be assessed on the basis of either the outcome of care or the process by which the care was given. To compare these two criteria, records and outcome were studied of patients with two common conditions, appendicitis and myocardial infarct in three different hospitals. The records of patients with acute appendicitis had considerable disparity in the frequency of documentation of commonly sought symptoms or signs of this condition; yet at each hospital the disease was diagnosed with the same accuracy. Similarly, recorded data of patients with acute myocar-

dial infarction showed no relation to various outcomes, including length of time lost from work, occurrences of angina, congestive heart failure, myocardial reinfarct and death. Thus, the orthodox method of audit for quality of medical care, based upon chart review of the recorded process of care, may be incomplete and misleading."

A pertinent sentence in their discussion sort of summarizes the abstract, if we may gild the lily, and reads, "Our findings clearly show that neither quantity or quality of the recorded data was related to the outcomes of either acute appendicitis or myocardial infarction".

This does not infer that the quality of a record, or even the quality of recorded data, has no relationship in complicated, obscure, difficult diagnosis. I think what it does indicate that in common and usually relatively obvious conditions, voluminous records regarding family history, past surgical and medical experiences, socio-economic situations, and so forth, are not needed in determining what is most important to the patient and to the doctor, namely, the ultimate outcome.

In this article comes a refreshing island in the present furor for a "Peer Review" and other so-called consumer demands which really are sometimes the demands of the bureaucracy. This reminds me of two situations which, of course, are the antithesis of each other, a certain physician whom I know who is so obsessed by being meticulous that he invariably usually records whether a male patient is circumcised or not. The other situation is the brief sentence which Doctor Wilder once wrote on a chart as his complete record, "This patient has hepatomegaly and macroglossus and undoubtedly has amyloidosis".

Sincerely yours,
RODGER S. DILLE, M.D.

(Continued on page 8)

Children's Cancer Study Group at Mary Bridge



(Continued from page 7)

Letters to the Editor

February 21, 1972

Editor

Pierce County Medical Bulletin

Dear Sir:

I think possibly letters to the editor in a somewhat lighter vein might make the *Bulletin* a little more interesting and I thought I would repeat this little vignette.

The son of a deceased patient brought in the "print-out" from Medicare indicating the charges made and the "allowable charges". It so happened that both myself and two other physicians had made housecalls on this patient in her last illness. We had all charged the same amount per call, namely \$15.00. However, the allowable charges for the other physicians was \$14.00 whereas the allowable charge for my visit was \$12.50. The son laughingly said "How come the computer thinks the other physicians' services were worth \$1.50 more per call than you"??!!

I explained to him that probably the computer thought she wasn't as ill when I saw her as when the other physicians saw her, hence the other visits were worth more to the patient and presumably the government.

Sincerely,

RODGER S. DILLE, M.D.

Clinical cancer research has been initiated at Mary Bridge Children's Hospital as a satellite institution of the Children's Cancer Study Group A of the National Cancer Institute. The first leukemia patient was entered in February in a nation-wide protocol study, the first of its kind designed for total attack on leukemia in children and adolescents, up to age 21. This program includes the most vigorous remission induction designed for leukemic children, periodic intrathecal antimetabolite administration, and x-ray therapy to the cerebrospinal axis. Of interest is that 14 leukemic patients in Pierce County have undergone craniospinal axis radiation utilizing guidelines from noted radiotherapists in the country. In addition, patients are programmed for bone marrow transplantation.

Other on-going protocol studies include Hodgkins' disease, Wilms' tumor, neuroblastoma, Ewing's sarcoma, and malignant reticuloendotheliosis.

Conventional drugs as well as research agents that have passed clinical trials are employed by the investigators. Funding for drugs is available in all the studies. Surgical and radiotherapy guidelines are included in the study protocols and are available to surgeons and radiologists.

Because of the nature of the investigations, an institutional human rights committee is being formed at Mary Bridge following directives from the Department of Health, Education, and Welfare. The function of this committee is envisioned to encompass not only that of cancer research but also all clinical situations with very deep moral and philosophical aspects.

Dr. Maurice Origenes, Jr., is the designated satellite investigator by Children's Cancer Study Group A.

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Warnings: Do not use dietary potassium supplements or potassium salts unless hypokalemia develops or dietary potassium intake is markedly impaired. Enteric-coated potassium salts may cause small bowel stenosis with or without ulceration. Hyperkalemia (>5.4 mEq/L) has been reported in 4% of patients under 60 years, in 12% of patients over 60 years, and in less than 8% of patients overall. Rarely, cases have been associated with cardiac irregularities. Accordingly, check serum potassium during therapy, particularly in patients with suspected or confirmed renal insufficiency (e.g., certain elderly or diabetics). If hyperkalemia develops, substitute a thiazide alone. If spironolactone is used concomitantly with 'Dyazide', check serum potassium frequently—they can both cause potassium retention and sometimes hyperkalemia. Two deaths have been reported in patients on such combined therapy (in one, recommended dosage was exceeded; in the other, serum electrolytes were not properly monitored). Observe regularly for possible blood dyscrasias, liver damage or other idiosyncratic reactions. Blood dyscrasias have been reported in patients receiving Dyrenium (triamterene, SK&F). Rarely, leukopenia, thrombocytopenia, agranulocytosis, and aplastic anemia have been re-

ported with the thiazides. Watch for signs of impending coma in acutely ill cirrhotics. Thiazides are reported to cross the placental barrier and appear in breast milk. This may result in fetal or neonatal hyperbilirubinemia, thrombocytopenia, altered carbohydrate metabolism and possibly other adverse reactions that have occurred in the adult. When used during pregnancy or in women who might bear children, weigh potential benefits against possible hazards to fetus.

Precautions: Do periodic serum electrolyte and BUN determinations. Do periodic hematologic studies in cirrhotics with splenomegaly. Antihypertensive effects may be enhanced in postsympathectomy patients. The following may occur: hyperuricemia and gout, reversible nitrogen retention, decreasing alkali reserve with possible metabolic acidosis, hyperglycemia and glycosuria (diabetic insulin requirements may be altered), digitalis intoxication (in hypokalemia). Use cautiously in surgical patients. Concomitant use with antihypertensive agents may result in an additive hypotensive effect.

Adverse Reactions: Muscle cramps, weakness, dizziness, headache, dry mouth, anaphylaxis, rash, urticaria, photosensitivity, purpura, other dermatological conditions, nausea and vomiting (may indicate electrolyte imbalance), diarrhea, constipation, other gastrointestinal disturbances. Rarely, necrotizing vasculitis, paresthesias, icterus, pancreatitis, and xanthopsia have occurred with thiazides alone.

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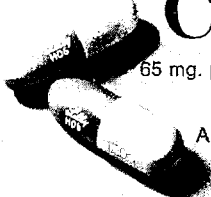


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From the College Of Medical Education



We started academic year 1971-72 with bustling activity. Under the chairmanship of Chaplain Voris, and with help from many, the College produced the course on "Death and Dying". This course presented modern thoughts and ideas about problems of patients with incurable diseases and those actually close to death. The course was attended by many nurses, hospital chaplains and by several physicians.

In the Fall we arranged a course for physicians under the title of "Pot-pourri". Different topics were presented each week and the course lasted five weeks. Both these were innovations which seemed to be well received.

In January of 1972 with Mrs. Audrey Martin, R.N., acting as Coordinator the College arranged a weekend workshop "Neurology and Neurosurgery for Nurses". The involvement for this course exceeded available spaces and, regretfully, we had to turn away many prospective applicants. The course material was of practical nature and aimed to have direct clinical applications. We received many enthusiastic comments and hope to present a similar course again in June. In this course some of the presentations were given by nurses and some by nurse-physician teams.

Currently we are in the third week of a course "Problems in Orthopedics" and this course appears to be meeting with good reception. Last week Doctor Rosenbaum, on his return to Tacoma, gave a most interesting dissertation on "Diseases of the Joints". This course will also last only five weeks and, for the first time, participants have an opportunity to sign up either for the full course or for part of it.

We would certainly appreciate receiving any suggestions for topics for presentation after Easter. We are going to repeat the course on "Death and Dying" and on this occasion will aim it primarily at "nonmedical audience", but if any physicians wish to participate they would, of course, be very welcome. This course again is being arranged by Chaplain Voris and Mrs. Audrey Martin.

A one day workshop on "Urology for Nurses" is also in the works with Mrs. Katy Lichtenwater as the Coordinator.

We are glad of the wide acceptance and support shown to the college by the physicians, not only in Pierce County but also from the surrounding areas. We need more of this support and particularly we need to raise the figures of our enrollment. Enrollment fees are our only income, and especially in courses for physicians our expenses exceeded our income.

The Committee on Continuing Medical Education of the Pierce County Medical Society has to face many decisions. For example, at our last meeting the Committee decided that in the future such allied health practitioners as medex, pediatric nurse practitioners, etc. will be admitted to our courses as auditors on payment of regular enrollment fees and providing that they attend with the physician who sponsors them. Any input from the members of

(Continued on page 12)

(Continued from page 11)

the Medical Society would be appreciated.

I would like to single out Mrs. Audrey Martin, R.N., and Mrs. Maxine Bailey as the two people whose devoted and energetic work is largely responsible for the successful day to day running of the college and for the solution of many practical problems. I would also like to express our regret at Dr. Gale Katterhagen's resignation from the Committee on Continuing Medical Education. Dr. Katterhagen has been with the Committee from its inception and his enthusiastic work was greatly responsible for the success of the College of Medical Education.

—MARCEL MALDEN, M.D.

April Birthdays

- 2 Edwin J. Fairbourn
William W. Mattson, Jr.
- 5 Clinton A. Piper
- 6 W. Ben Blackett
- 10 James M. Blankenship
David N. Goodson
- 11 Lawrence Brigham
Byron Dodge
- 12 Z. Joseph Vozenilek
- 15 Leo J. Hunt
- 16 Robert W. Osborne
- 20 John F. Comfort
- 21 Harold B. Johnston
- 22 William E. Avery
- 23 Richard E. Huish
- 24 Eugene W. Hanson
Robert Zimmers
- 25 Rodger S. Dille
- 28 James W. Boudwin
Louis P. Hoyer, Jr.
- 29 A. W. Howe
- 30 Nicolas Godfroy
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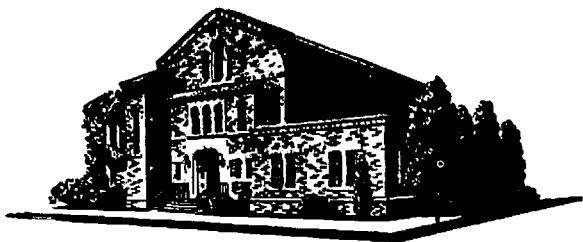


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Poison Prevention Committee	Mrs. John W. Pelly (Suzanne)
Assistant to Membership	Mrs. Ronald G. Gallucci (Jane)

The Women's Medical Auxiliary will be the guests of the Pierce County Medical Society Tuesday evening, April 11. The Society, with the help of Georgia McPhee, has arranged for a "no host" buffet dinner at O'Brien's Restaurant at 6 p.m., and a tour of the Tacoma Art Museum at 8 p.m. We all look forward to this spring event.

MID-YEAR CONFERENCE REPORT

One of the most impressive happenings at Mid-Year Conference was Lois Miller, National Legislative Chairman. Her keynote address was informative and thought-provoking. On the subject of involvement, Mrs. Miller stated, "There are not enough Waldon Ponds in this country for over 200 million people, nor do we want to die as Thorcau died at the age of 44 of tuberculosis". She definitely feels a "pluralistic approach to medical services is needed" and suggested that we, as auxiliary members, read the A.M.A. newspaper to become better informed about the current proposed health legislation.

The county reports were interesting and varied — some counties are quite involved in health related community projects. King County raised \$3,000 for a donation at the Methadone Center in Seattle by having a dinner and art party at Pioneer Square; Vancouver planned a three day health fair with all allied service fields represented; and the Spokane Society has organized a "serve and pack" mail program for the elderly in their community.

H.M.O.

Other auxiliary members who have been attending the Tacoma Ambulatory Care Center meetings have compiled a list of health oriented services and agencies in Tacoma and Pierce County. Thank you, Anne Katterhagen, Nancy Spangler, Dona Gilman, Ellie Barnes, and Marilyn Baer. Keep this list handy, you will need it.

Health Oriented Services and Agencies for Tacoma and Pierce County:

- T.A.C.C.—Tacoma Ambulatory Care Center.
- Hilltop Baby Clinic
- Eastside (Shalishan)
- Tacoma Rescue Mission
- Sumner Clinic

R.M.P. — University of Washington
Regional Medical Programs.

C.M.H.—Comprehensive Mental
Health

M.C.—Model Cities.

T.A.U.C.—Tacoma Area Urban
Coalition.

M.D.C.—Metropolitan
Developmental Council.

R.M.P.—Regional Medical Program

M.O.R.E.—Make Opportunity
Rehabilitate Economics

A.F.D.C.—Aid to Families and
Dependent Children.

H.E.W.—Department of Health,
Education and Welfare.

H.M.O.—Health Maintenance
Organizations.

F.H.C.—Family Health Center.

COMBINED BOARD MEETINGS

Friday, April 28, at 10 a.m., there will be a Combined Board Meeting at the Tacoma Lawn Tennis Club; lunch will follow. The Combined Board Meeting is a new learning experience, and is especially important for new Board Member orientations. Save the day.

The March meeting of the Women's Auxiliary was well attended. Active members discussed, voted and adopted three motions of primary interest. The financial report presented by Dorothy Grenley and her Committee was adopted. It was decided to support the concept of the Tacoma Ambulatory Care Center and to give some financial support, pending approval of this community project by the Pierce County Medical Society. The decision was made to continue to support and grant student recognition awards.

COOKBOOKS

"Yes, Virginia, we still have some!" Kit Larson suggests a Medical Auxiliary Cookbook for the bridal shower season. Nice idea!

—NORMA SMITH.



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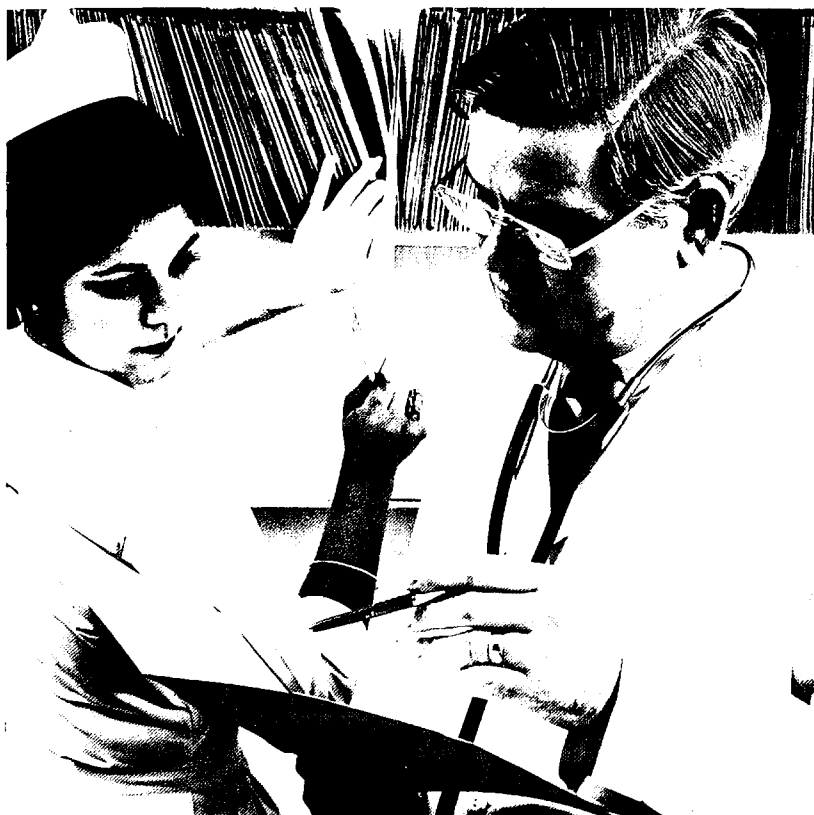
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The Rocom™ Medical Record System*

The ROCOM Medical Record System consists of three basic components that comprise one of the most advanced (yet easiest to maintain) methods for keeping patient records. Used together, these components provide an accurate, retrievable medical profile of every one of your patients.

You will find more about the ROCOM Medical Record System on the following pages.

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Here is how each part of the ROCOM™ Medical Record System works:

Patient Progress Notes*

The visit-by-visit record of the patient

- A. Your number code for the patient's problem goes here. In this example, problem #1 is hypertension. On a subsequent visit, you detect diabetes; this is entered as problem #2.
- B. These are your subjective and objective findings.
- C. Here are your plans for treatment and subsequent follow-up.
- D. You check important data for your aide to enter into the medical records jacket.

Medical Records Jacket*

Vital patient information at a glance

By transferring key information from your progress notes to the jacket, you maintain a ready summary of patient problems and treatment. Then, one quick reading through the ROCOM Medical Records Jacket provides an immediate briefing of the patient.

Everything you ordinarily need to know about the patient is right here -- readily and rapidly available. Pertinent information required for third-party payment or for insurance forms is all together in one place.

- A. Here are the patient's problems identified by number (as in the Progress Notes, #1 is hypertension, #2 is diabetes).
- B. Medications are listed below; allergies and sensitivities above.
- C. Tests and results are here.
- D. Other important personal data, immunizations, hospitalizations and special notes are entered on this page.
- E. The color coding on the tab eliminates the likelihood of misplaced files. Any jacket in the wrong location stands out from all the rest.
- F. A convenient numbering system on the reverse side of the tab is used to pinpoint inactive patient records.

NEW -- Family Jacket Holder (not illustrated) is designed to hold the medical records of up to six members of an individual family in one location.

Disease Cross-Index Card*

A catalog of your chronic disease patients.

This serves as a reference for immediate contact of specific patients. You maintain a card for each of the important chronic disorders, *i.e.*, hypertension, diabetes, chronic respiratory and urinary tract problems, etc. When it is time for flu shots, your aide can pull the cross-index card for bronchitis, emphysema, cardiovascular and other susceptible disorders and ask the patients to stop by the office for their injections. During a slow period in your practice, you can have your aide schedule some chronic patients for their routine physicals. The cross-index can also be used to recall patients for their annual examinations.

You can also employ the cross-index cards for analyzing your practice and for evaluating the status of patients with the same chronic illness.

(Thank

Patient Name Anne Baker

Date 5/20/70

Problems (No. and Description) Periodic head

FINDINGS (Subjective and Objective)

6/6/70 PT found faint

#1 of recurrent

Hypertension All lab work

A normal. Pt

1 mg bid.

Subj. Headaches

Rocom[™]
Medical
Management
System

1981-1982 Patient Record

Name Anne Baker Home No. 4444 Home City o

ALL ROCESS INFORMATION - Standard

DATE	TIME	PROBLEM DESCRIPTION
5/20/70		1. <u>Periodic head</u>
6/6/70		2. <u>of recurrent</u>
		3. <u>All lab work</u>
		4. <u>normal. Pt</u>
		5. <u>1 mg bid.</u>
		6. <u>Subj. Headaches</u>

CONTRAINdications

ALL INFORMATION

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Disease Hypertension

Patient Name and No.	Birthdate
<u>Fruatt, Robert E.L. 2675</u>	<u>11/1/30</u>
<u>Jackson, Thomas J. 1432</u>	<u>2/2/27</u>
<u>Fender, W. Dorsey 3159</u>	<u>10/1/35</u>
<u>Baker, Anne 3494</u>	<u>3/4/05</u>
<u>Taliaferro, W.F. 2138</u>	<u>6/25/31</u>
<u>Moyar, Jane G. 1108</u>	<u>10/9/24</u>
<u>Wair, Thomas 2226</u>	<u>4/6/19</u>
<u>Smith, Amelia 3178</u>	<u>8/10/91</u>
<u>Calhoun, John J. 2397</u>	<u>8/21/31</u>

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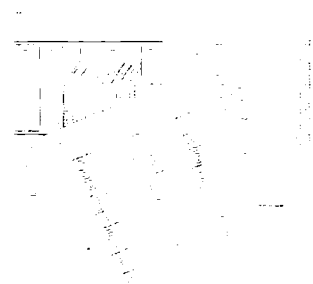
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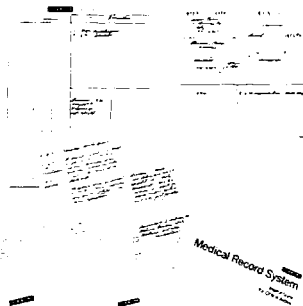
As patient loads get heavier, as new third-party payment plans are introduced and as pressures from other sources increase, great numbers of physicians are looking for new methods that will provide information needed to make prompt, accurate judgments while helping the patients to receive the proper attention they seek.

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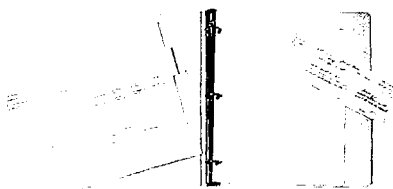
Medical Record System*



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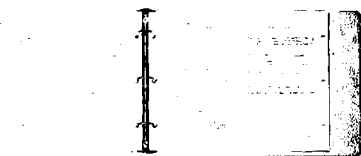
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T.G. Students Win! "Refs Blind!" Say Doctors After Game

If so many of the doctor-participants hadn't been quite so close to the menopause, you might have called it the "Battle of the Sexes" when the student nurses of Tacoma General Hospital collided with the doctors in their second such basketball game in history on March 7 in the Lincoln High School gym.

Whatever you choose to call it, it was a success, and over 1500 fans were there to say so, loud and clear, as they paid some \$1200 into the March of Dimes to watch the game.

The doctors fought hard, with every one of the 18-man squad seeing action, but the tactics of the 18-strong nurses' squad were too much for them. The final score was 29-27 for the students.

Referee's Blind?

There were some complaints that the referees were either blind part of the time, or looking at those pretty nurse cheer-leaders when the students rushed an 8-foot step-ladder out onto the floor, climbed it and dropped in an easy 2 points. Another time, the refs called it perfectly legit when the students suddenly set up a temporary basket 3 feet off the floor and dunked another easy shot. And the referees really shut their eyes when bedlam broke loose with 30 seconds to play and all 18 nurses rushed onto the floor at once, followed a few seconds later by all 18 doctors!

The students had their own cheering section and 8 cheerleaders. The doctors' team had its supporters, too, with 9 R.N.'s from T.G. being recruited to act as cheerleaders—listed in the program thus: Crane, Fleck, Hertz, Jones, Marcele, Schadts, Sievers, Sorkness, and Trullinger. They not only had some well-rehearsed snappy cheer routines, but they all wore identical cheer uni-

forms with mini-skirts, no less (Thank heaven!).

Gold-Plated Urinal

Star for the doctors was team captain Ken Pim, who was high scorer and was awarded a gold-plated urinal. Standout player for the students was Sonny Banks, who managed to dribble circles around the slower-footed doctors. Joyce Brandner was coach for the students' team. Karen Stillwell was general chairman and Linda Ankenmann was in charge of the tickets. (Come to think of it, a guy named Ankenmann was one of the referees!)

Veteran Tacoma radio announcer Win McCracken manned the PA system for the game and nationally known magician Ernie Bryan entertained at halftime.

The doctors' uniforms weren't quite uniform, what with Ben Blackett wearing a surgical scrub-suit and Ed Kanar with levi's and suspenders. The students had respectfully picked out special names for the doctors who played, and listed the doctors squad in the program as follows (figure them out yourself):

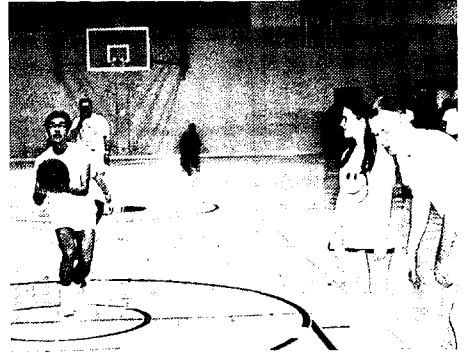
Pim the Rim	The Wizard of
King Katterhagen	Ozolin
Fats Johnson	Bischoff the
May Day	Red Baron
Navel Nagle	The Good Ship
Canine Kanar	Blankenship
Tanbara the	Stan the Man
Tambourine	Tuell
Man	Hoopin Hopkins
Gentle Ben	Klein the Clinker
Blackett	Piccollo Pete
Dilly Delyanis	Piper
Red Socks Smith	Roto Rooter
By Stan	Roller
"The Man" Tuell	

COVER PICTURES WANTED

Interesting or unusual pictures of our local medical scene are needed for the *Bulletin*.



Benchwarmers R. Johnson, Blackett, Hopkins, Pim



Tanbara at the line, Captain Pim can't stand it.



Smith, Nagle, Blankenship, Katterhagen, Johnson, Delyanis, Klein, Ozolin, Roller.



John May watches a pseudo-casualty.



Rock musicians.



R.N. cheerleaders in a unison maneuver.



Katterhagen tries to dribble out of back court.



Part of the happy crowd of 1500.



Kantar and Hopkins



Blackett, Gilman, Blankenship.

PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, April 11

PROGRAM . . . 8:15 P.M.

TOUR OF THE TACOMA ART MUSEUM

Speaker: Dr. Angelo M. Pelligrini

"Bread, Wine and the Good Life"

6:00 to 8:00 P.M.

No-Host Buffet Dinner

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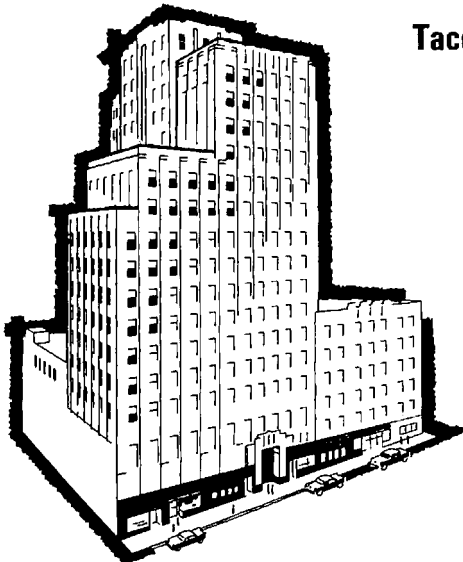
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April Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1
3 Mary Bridge Cardiac Conf. 5:30 p.m. Tacoma Orthopedic Society—6 p.m. P. Co. Pediatric Soc.—6:30 p.m. Pierce County Chapter AACP 6:30 p.m.	4 C.P.C. of Mary Bridge 8 a.m. Staff of Tacoma General—6:30 p.m.	5 Surg. Conf. TGH 8 a.m.	6 Gastrointestinal Conference—St. Joseph's 8:15 a.m.	7 Tumor Board 7 a.m.—Allenmore Hematology-Oncology Conf. TGH—8:15 a.m. Good Sam Med. Ed.—8 a.m.	8
10 Mary Bridge Cardiac Conf. 5:30 p.m. Staff of Doctors Hospital 6:15 p.m.	11 C.P.C. of Mary Bridge 8 a.m. Grand Rounds Lakewood Gen. 12:30 p.m. PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M.	12 OB-GYN Conf. TGH—8 a.m.	13 Pulmonary Conf. St. Joseph's 8:15 a.m. St. Joseph's Trauma Conf.—7 a.m.	14 Tumor Board 7 a.m.—Allenmore Neurology Conf. TGH—8:15 a.m. Good Sam. Med. Ed.—8 a.m.	15
17 Mary Bridge Cardiac Conf. 5:30 p.m.	18 C.P.C. of Mary Bridge 8 a.m. Tacoma Surgical Club 6:30 p.m.	19 Medicine Conf. TGH—8 a.m.	20 Renal Conference St. Joseph's 8:15 a.m.	21 Tumor Board 7 a.m.—Allenmore Cardiology Conf. TGH—8:15 a.m. Good Sam. Med. Ed.—8 a.m.	22
24 Mary Bridge Cardiac Conf. 5:30 p.m.	25 C.P.C. of Mary Bridge 8 a.m. Tacoma Acad. of Internal Medicine 6:30 p.m.	26 Path. Conf. TGH—8 a.m.	27 C.P.C. of St. Joseph's 8:15 a.m.	28 Tumor Board 7 a.m.—Allenmore Joint Services Conf.—8:15 a.m. TGH Good Sam. Med. Ed.—8 a.m. Staff of Mary Bridge 12:15 p.m.	29

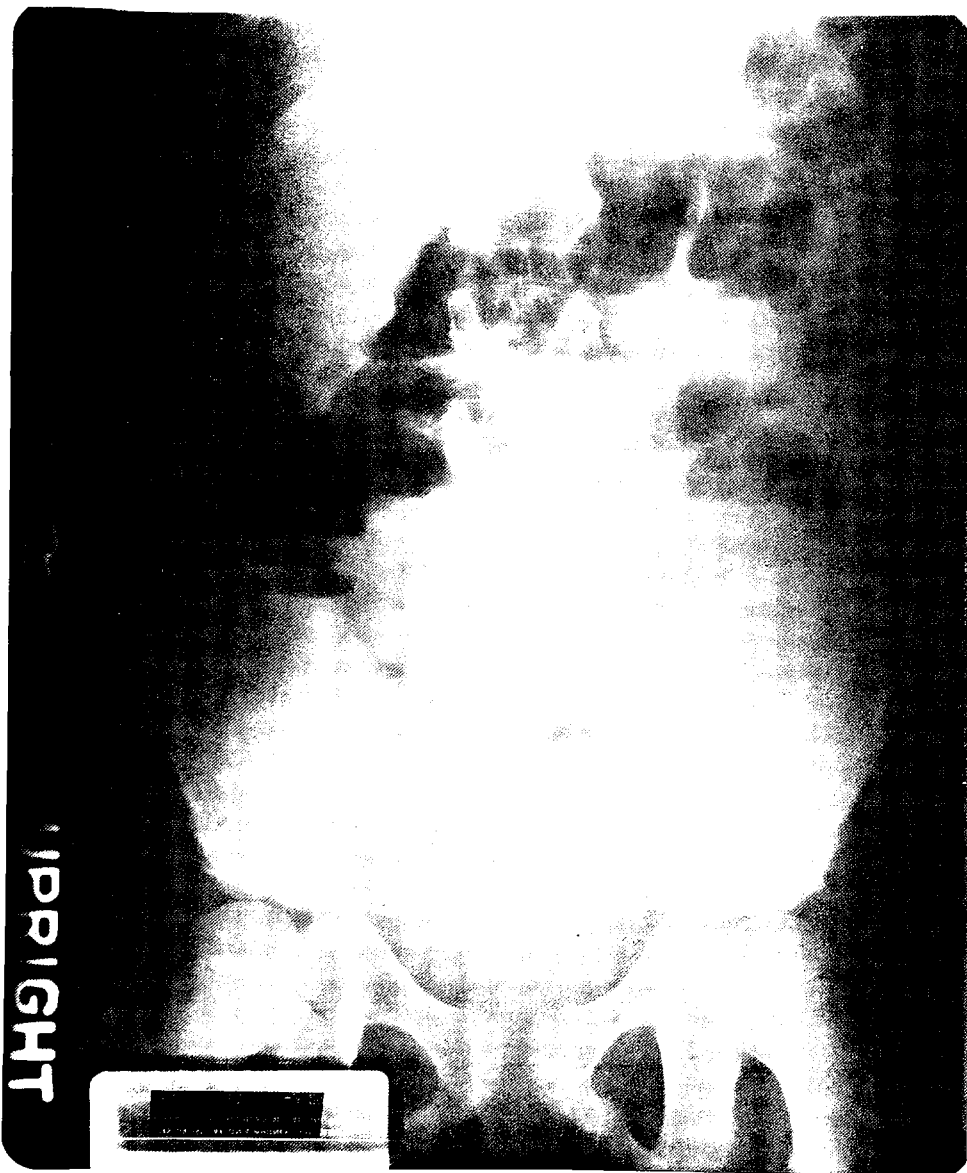
CASE OF THE MONTH

HISTORY:

9-year-old female. General abdominal pain. one day nausea and vomiting. Epidemic gastroenteritis in the home. WBC 8,000.

(See answer page 27)

By KENNETH GROSS



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John P. Nagle
Cardiology
Office: Allenmore Medical Center
Home: 1528 North Fir



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Toxoplasmosis



Having recently returned from Atlanta where I attended a round table discussion on Toxoplasmosis led by Dr. Kenneth Walls, Chief, Parasitic Serology Unit, of the CDC, I think you will be interested in the salient points that were developed.

In the first place, although the recent articles appearing in McCall's and other lay sources have been written with a flavor of sensationalism, they also contain more than a thread of recently developed factual information.

There is unquestionably a very high incidence of unrecognized Toxoplasmosis in the United States and other countries. An active infection during pregnancy is associated with a high degree of infant morbidity — probably more so than rubella. And finally, the cat is at present the only known animal capable of actively transmitting the disease to humans, which it does through dissemination of oocysts in the feces. Having first stated the worst, here are the favorable factors.

If a woman in the childbearing age range has previously contracted the dis-

ease as evidenced by a positive antibody titer, she will confer a very high degree of protection to the fetus in any subsequent pregnancy. It is estimated that perhaps 25% of the population in this area falls in this group.

After a cat contracts the disease, which it does by eating infected rodents, it will in turn be infective to humans for only a relatively short period of one to two weeks. Then, with rare exceptions, it will remain noninfective for life even though it may consume infected rodents at subsequent intervals.

The maternal problem then boils down to determining if the nonpregnant woman has antibody protection, and, if not, whether the family cat is noninfective. *If the nonpregnant woman has antibody, she and her clinician can forget the problem when and if she gets pregnant.*

In the very near future, the prenatal examination will undoubtedly include Toxoplasmosis testing. If a pregnant patient who has not been previously tested shows an antibody titer, she should be rechecked in two to three weeks to be sure that she is not in the first stages of an active infection. If her antibody titer is negative, she should be rechecked if she develops any subsequent symptoms suggestive of the disease. Active infection in the first trimester carries the same connotation as rubella. Morbidity may be somewhat less at later intervals.

The medical problem, excluding the maternal area, is not as well defined. The disease can also be contracted by eating rare or raw meat from infected animals, although either cooking or

(Continued on page 28)

"MOST UNUSUAL" Cases Wanted

Do you have a most unusual case? Please write this up in an interesting and/or amusing way. An award to the winner.

Case of the Month

Denouement

Acute gangrenous appendicitis. Film demonstrates two large appendicals free in the abdominal cavity.

(Continued from page 27)

Toxoplasmosis

freezing destroys the organism. It masquerades as a number of diseases with flu-like syndromes, mononucleosis, etc. The recognized hallmark is, of course, chorioretinitis.

Once an infection has occurred, the organism may encyst and be latent for long periods of time. When these cysts rupture, an exacerbation of the disease occurs. The use of immunosuppressive drugs, steroids, debilitating disease and other ill-defined factors may precipitate such an occurrence which perhaps explains the deaths attributed to Toxoplasmosis following organ transplants, leukemia, etc.

The status of the patient (past infection, active infection, exacerbation, etc.) can be readily determined by a recently devised indirect antibody test. Specially prepared Toxoplasmosis organisms are plated on slides and treated with multiple dilutions of the patient's serum. If the serum contains antibody, it adheres to the organisms. Then, the preparation is treated with antihuman gammaglobulin tagged with fluorescein which adheres to the antibodies clustered around the organisms which, in turn, can then be observed under a fluorescent microscope. The interpretation is as follows:

Titer of 1:16 - 1:64 — usually reflect only some past exposure, perhaps even years previously. It could also mean early stages of the disease with rising titers (up to 30% of apparently healthy individuals fall in this category).

Titer of 1:256 — usually indicates relatively recent exposure and perhaps present involvement. Clinicians should be alerted (up to 10% of apparently healthy individuals fall in this category).

Titer of 1:1024 — very important. The clinician should be advised to con-

sider Toxoplasmosis and attempt to identify the disease further (less than 1% of apparently healthy individuals fall in this category).

NOTE: To perform the test on cats, a specific anticat gammaglobulin must be used.

The active systemic disease responds remarkably to a combination of Daraprim and triple sulfa. Chorioretinitis per se, oddly enough, is treated with steroids to reduce the inflammation.

—EDWARD M. WOOD, M.D.

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Professor and Chairman, Department of Pediatrics
University of Florida College of Medicine
Gainesville, Florida

Dr. George Ray
Associate Professor of Pediatrics
University of Washington School of Medicine
Seattle, Washington

Dr. Edmund A. Egan, MC
Chief, Neonatology Service
Madigan General Hospital
Tacoma, Washington

Dr. Dana M. Whitten, MC
Pediatric Hematologist
Madigan General Hospital
Tacoma, Washington

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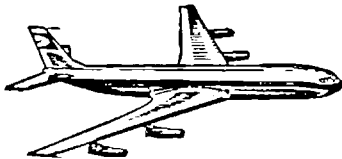
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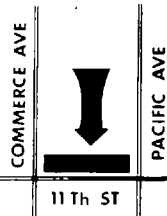
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MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, July and Oct.—
6:15 p.m. Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept. Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF PUGET SOUND HOSPITAL
2nd Monday of February, May, August, November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC
ASSOC.—First Monday of October, December, February,
April and June.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and
August—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m.
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and
August
- PIERCE COUNTY PEDIATRIC SOCIETY
First Monday of each month except June, July and
August—6:30 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Monday of March, June, September, December—
7:00 a.m. at Allenmore Hospital
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- TACOMA OB-GYN SOCIETY
3rd or 4th Tues. of Jan., March, May, Sept., Nov.

The

PIERCE COUNTY MEDICAL SOCIETY

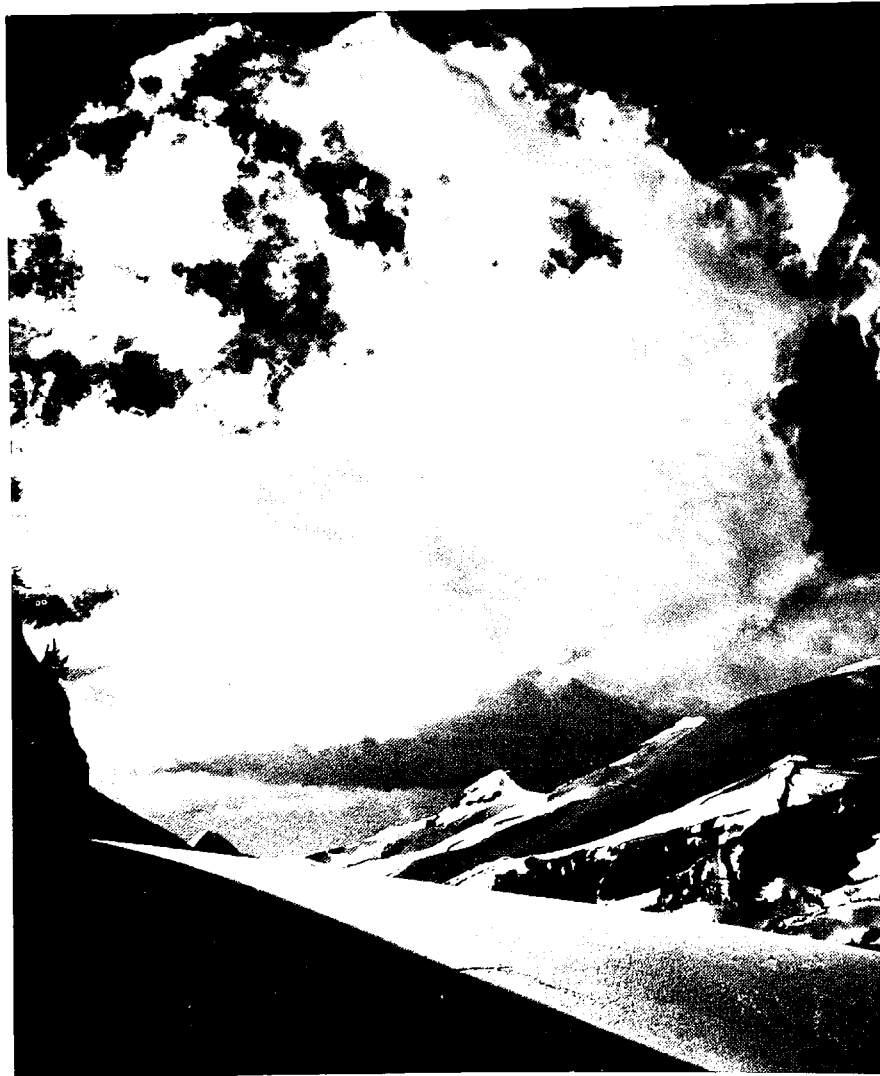


BULLETIN

MAY 1972

TACOMA, WASHINGTON

VOL. XLIII—NO. 5



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
MAY 9**

Pierce County Medical Society

1972

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 President-elect..... John M. Kanda
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 Secy.-Treas..... George A. Tanbara
 Executive Secy..... Judy Gordon

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Cover Picture: Cloud over Success Cleaver; taken from Pinnacle Peak on Mt. Rainier by Dr. D. G. Kohler.

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FRANK ROSSITER, MGR.

President's Page

This month the regular meeting of the Pierce County Medical Society will be held at Madigan General Hospital, where we will be guests of the medical staff there. We are happy to have the opportunity of meeting with our colleagues. Most of the problems that they have in medicine are similar to ours, it is only their special application to the Military which makes it different.



Madigan General Hospital is by far the largest medical institution in our State, with 1,000 beds, with its outpatient service last year furnishing almost two million visits, 3,000 a day, with its 230 physicians, and with its intensive concern for a population of 145,000. We can get an idea of the vastness of the medical service that they furnish by these statistics.

The standards of medical care in the Department of the Army are of the highest caliber. They have used peer review long before it became a fashion for us to start talking about it.

One of the problems that I am sure will become more serious in the next few years is one that we have also, and that is the problem of getting enough physicians. Without the military draft, it seems unlikely that the needs are going to be met under a voluntary program. Just as the Federal Government today is beginning to subsidize the training of physicians for the general population, I am sure that there will be a great need for a program giving financial assistance during all phases of training from medical school through residency and postgraduate training to physicians who will then be attracted into the military service and staying as a career. Some of their needs will probably be handled by expanding their CHAMPUS program, which provides for payment for civilian services from Government funds. This will come at a time when the demand on non-military physicians becomes greater every day.

We can learn a great deal from them about the use of paramedical personnel, among other things.

We are grateful for this opportunity to compare notes and to talk shop and to renew our professional bond.

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Editorially Speaking

A CONTEMPORARY FABLE

Once upon a time in the far north woods there lived a community of beavers. Now these beavers worked hard and well. They built fine dams and sturdy dens. They always stocked well for the winter so they would



not go hungry or be dependent upon each other. The many other forest creatures also profited from the beavers' industry. There were marshes for the birds and lakes full of grass for the moosè.

One day a merchant came to these woods. He showed the beavers how he would build a store and how he would sell the beavers all the tender branches and roots and bark they might want for the winter. They, in turn, needed only to cut down enough trees to build the merchant a storehouse. The beavers thought hard and long and they held meetings. They finally decided that they liked the woods unspoiled (beavers only cut what they need) and they liked their independence and they liked helping all the other animals. But, they reasoned, the merchant is going to build a store anyway and will probably ruin the woods anyway so that they ought to go along with him in order to maintain some control over the situation.

So they put themselves busily to work and in very little time had cut down many trees. The merchant built a store and although the woods weren't as pretty anymore, the beavers did get some free branches, roots and bark through the winter.

The next spring the merchant decided to build a bigger store and again the beavers discussed and thought and held meetings. They decided that since the merchant would build a bigger store anyway, they had better go along and help him in order to maintain some control over the situation.

This time they had to cut down many trees and in the fall there were fewer trees to repair the dams and to build dens. But on the other hand there was a big new store and some of the less industrious beavers

(Continued on Page 6)

(Continued from Page 5)

Editorially Speaking

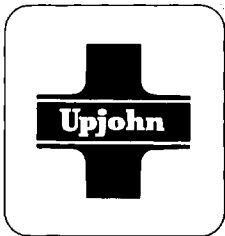
were even allowed to spend the winter for free in the back of the storehouse. Again there were roots and bark and other tasty beaver foods and no need for anyone to lay in his own supply.

The following spring the dams were in disrepair and the lakes were only a third full. The other animals had a very hard time and some even died. The woods were no longer pretty and some of the birds had gone elsewhere to nest. But the merchant had grown rich and ambitious. He now told the beavers that he was going to build a factory and needed them to cut all the trees far and wide.

And again the beavers thought hard and they argued and they held meetings. They saw that the woods were almost ruined and that the other animals who needed lakes and grass were starving and they longed for their good dams and sturdy dens full of food. But, they reasoned, the merchant will certainly build his factory anyway and we had better go along and help in order to maintain some control over the situation.

So they cut down the trees far and wide and they even took down what was left of the dams for roofing. That fall a big factory sat where once there had been a lake bottom. On the top of the factory stood a big sign. It said NORTH WOODS FURS AND TAXIDERMY—Specializing in beaver pelts.

W. BEN BLACKETT, M.D.



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Contraindications: Pre-existing elevated serum potassium. Hypersensitivity to either component. Continued use in progressive renal or hepatic dysfunction or developing hyperkalemia.

Warnings: Do not use dietary potassium supplements or potassium salts unless hypokalemia develops or dietary potassium intake is markedly impaired. Enteric-coated potassium salts may cause small bowel stenosis with or without ulceration. Hyperkalemia (>5.4 mEq/L) has been reported in 4% of patients under 60 years, in 12% of patients over 60 years, and in less than 8% of patients overall. Rarely, cases have been associated with cardiac irregularities. Accordingly, check serum potassium during therapy, particularly in patients with suspected or confirmed renal insufficiency (e.g., certain elderly or diabetics). If hyperkalemia develops, substitute a thiazide alone. If spironolactone is used concomitantly with 'Dyazide', check serum potassium frequently—they can both cause potassium retention and sometimes hyperkalemia. Two deaths have been reported in patients on such combined therapy (in one, recommended dosage was exceeded; in the other, serum electrolytes were not properly monitored). Observe regularly for possible blood dyscrasias, liver damage or other idiosyncratic reactions. Blood dyscrasias have been reported in patients receiving Dyrenium (triamterene, SK&F). Rarely, leukopenia, thrombocytopenia, agranulocytosis, and aplastic anemia have been re-

ported with the thiazides. Watch for signs of impending coma in acutely ill cirrhotics. Thiazides are reported to cross the placental barrier and appear in breast milk. This may result in fetal or neonatal hyperbilirubinemia, thrombocytopenia, altered carbohydrate metabolism and possibly other adverse reactions that have occurred in the adult. When used during pregnancy or in women who might bear children, weigh potential benefits against possible hazards to fetus.

Precautions: Do periodic serum electrolyte and BUN determinations. Do periodic hematologic studies in cirrhotics with splenomegaly. Antihypertensive effects may be enhanced in postsympathectomy patients. The following may occur: hyperuricemia and gout, reversible nitrogen retention, decreasing alkali reserve with possible metabolic acidosis, hyperglycemia and glycosuria (diabetic insulin requirements may be altered), digitalis intoxication (in hypokalemia). Use cautiously in surgical patients. Concomitant use with antihypertensive agents may result in an additive hypotensive effect.

Adverse Reactions: Muscle cramps, weakness, dizziness, headache, dry mouth, anaphylaxis; rash, urticaria, photosensitivity, purpura, other dermatological conditions, nausea and vomiting (may indicate electrolyte imbalance), diarrhea, constipation, other gastrointestinal disturbances. Rarely, necrotizing vasculitis, paresthesias, icterus, pancreatitis, and xanthopsia have occurred with thiazides alone.

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renal, cardiac, history, leukopenia, thrombocytopenia, agranulocytosis, and aplastic anemia have been re-

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Bureau Members Take Sober Actions, Laud Johnson's Swan Song



The business-first, drinks-next, food-last format for the annual meeting of the membership of the Pierce County Medical Bureau had its second try-out at the Top of the Ocean Restaurant on Thursday, April 20, and it was such a success that it might even be tried at some other important medical meetings where cool heads and thoughtful decisions are needed.

With out-going President Bob Johnson hanging onto the gavel, the group charged efficiently through the agenda in near-record time, voting 14 new members into the corporation, approving several new amendments to the Articles of Incorporation and the By-Laws, and calling out 11 nominations to be voted on by mail ballot for the three positions on the nominating committee for next year. The names of twelve nominees of the current nominating committee, for positions on the Bureau Board of Trustees, were announced, and a thirteenth name was added as a nomination from the floor, 6 of these to be elected by mail ballot.

In his President's Report, Dr. Johnson praised the management of the Bureau for its loyalty and high-quality work during the year and explained the significance of By-Law changes that

included the approval of addition of 2 lay members to the Board of Trustees and provisions to permit the Bureau to pay professional corporations (like incorporated doctors) for their services.

Deferred Payment Plan

His address also described an impending Deferred Payment Plan hopefully soon to be approved, utilizing a variable annuity approach in which as much as 50 per cent of payments to a physician might be put aside for his retirement fund.

In strong but diplomatic terms, the retiring President analyzed the impact of the passage of Senate Bill 298 concerning coverage of chiropractic care in the Bureau's school teacher contracts. There was apparently silent unanimous acceptance of his thoughtful critique of the Board's difficult decisions concerning the controversial subject that had evoked some harsh discussion in the doctors' lounges and locker rooms throughout the County just a few months before.

S. W. T.

Sickle Cell Week Proclaimed

The Tacoma Chapter of Links reports that "to emphasize our grave concern in this area, the Tacoma Chapter of Links, in consort with Pierce County Sickle Cell Committee, Pierce County Health Department, Tacoma Public School District and the March of Dimes, is requesting of the Tacoma City Council that the first week in May be designated Sickle Cell Anemia Week and in addition we are sponsoring a voluntary family screening program through the junior high schools during the month of May. Designated times and the schools are being publicized through the schools and the news media."

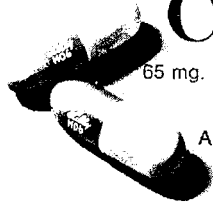


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PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, May 9

PROGRAM - - - 8:15 P.M.

Madigan Officers' Club

No-Host Cocktail Hour - 6:30 p.m.

Dinner - 7:30 p.m.

.

Scientific Program to be presented by
Madigan Hospital Staff

May Birthdays

- 2 Hans K. Siebold
 3 Bernard A. Bader
 Herman Judd
 Wendell Peterson
 4 Charles Vaught
 Antone Walloch
 6 Albert Ehrlich
 Marcus Stuen
 7 Richard Barronian
 Edward Wood
 8 Orvis Harrelson
 9 Joseph Lasby
 Roy Virak
 15 Jay Ehly
 18 Dale Hirz
 John T. Robson
 19 Douglas P. Buttorff
 Eugenia Colen
 20 Robert M. Chambers
 Kenneth Graham
 22 Merrill J. Wicks
 26 William R. Conte
 Chester Poole
 28 George C. Gilman
 Robert Fortiner
 29 Isaac Krieger
 30 James G. Billingsley
 Jerry Williams
 31 Bryan Archer
 Hugh Larkin
 Joseph Martin

New Narcotic Order Forms Required

Beginning May 1, 1972, narcotics must be ordered on the new Bureau of Narcotics and Dangerous Drugs official order forms. This will be required for all Schedule I and II drugs.

The new forms may be ordered through any BNGG regional office.

COVER PICTURES WANTED

Interesting or unusual pictures of our local medical scene are needed for the *Bulletin*.

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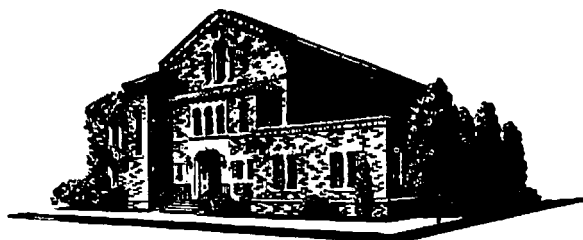


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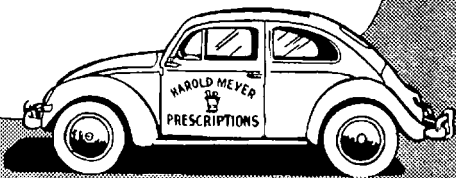
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WOMAN'S AUXILIARY PAGE . . .

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Council on Mental Health	Mrs. Jay H. Ehly (Vivian)
Poison Prevention Committee	Mrs. John W. Pelly (Suzanne)
Assistant to Membership	Mrs. Ronald G. Gallucci (Jane)

SPRING IS HERE

Picnic Lunch

Friday, May 20, 1972

Mrs. Paul Smith, Jr., Hostess

235 Bella Bella Dr., Fox Island

Mrs. Thomas Smeall will be chairman of the Fox Island May outing and Edie Lawrence, Jane Moosey, Dorothy Maier and Edith McGill have helped plan this fun event. This will be an informal meeting: good food, congenial

company and sunshine? Call a friend, form a car pool and take the Narrows Bridge.

Take the Narrows Bridge to Olympic Village—turn left, Gateway Chevrolet on the corner—continue on to Peacock Business Center until end of road—turn left and proceed around Wollochet Bay past Martindale School—one-half mile from the school turn left at intersection onto Ferguson Road—Ferguson Road goes to Fox Island Bridge, cross the bridge—first road to the right will be Bella Bella Drive. Good Luck! Hope to see you there.

APRIL HAPPENING

The wives of the Pierce County Medical Society had a delightful evening with their husbands on the second Tuesday in April. We all enjoyed a buffet at O'Brien's, museum tour, and the talk by Doctor Pellegrini. We extend our thanks to Dr. Les Baskin, Georgia McPhee and Ruth Houtz for the arrangements they made and we accept with pleasure the Society's invitation to return for another date.

PROGRESS NOTE

Anne Katterhagen reports T.A.C.C., Tacoma's Ambulatory Care Centers Board of Directors have decided not to re-apply for a federal grant. The clinic needs equipment, surgical instruments, office equipment, etc. If your husband has something that might be usable in a clinic set-up would you please contact Anne.

JUST WHAT IS HEALTH CARE?

The following is an excerpt from "The Direct Line", published by the Women's Auxiliary to the American Medical Association, and has a few

(Continued on Page 16)

(Continued From Page 15)

health concepts we should think about when planning our program in community involvement in the future.

"The President's Committee on Health Education, which held 8 regional public hearings during January and February of this year considers its charge to cover these broad areas:

- A. Specific Action (vaccinations, immunizations, chest x-rays, etc.)
- B. Habit or Attitude Changing (cigarette smoking, diet, regular exercise, drugs, use of seat belts, etc.)
- C. Support for Community Action (pollution, fluoridation, noise prevention, etc.)
- D. Education Which Leads People to Know When to Consult Their Doctors, Especially at the Early Stage of a Serious Disease.
- E. Participation in Community Health Planning and Development of Health Facilities and Services."

The spectrum is broad and needs a broad based support.

NORMA SMITH



"TO PUT IT IN YOUR LANGUAGE ... YOU'RE THROWING OFF BAD VIBES, MAN!"
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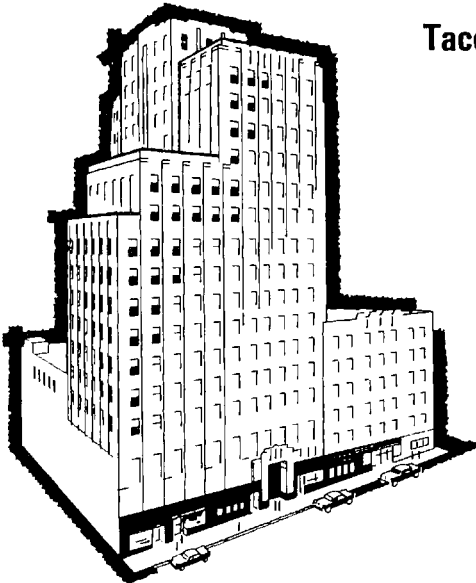
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From the TGH Cancer Registry



Physicians attending patients with malignancies at Tacoma General Hospital now have entered the twelfth year of collation of diagnostic, therapeutic and survival data in the Cancer Registry.

Beginning in 1960 as a hand tabulation of clinical and followup information, the program is now computerized through cooperation with the Regional Medical Program and the University of Washington. A flow of information on individual patients is being returned to physicians along with summaries of statewide experience. The validity of this activity and its application to patient care may properly be questioned.

Generally cancer is not an acute disease and only a longterm overview will result in a reasonable study of its natural history as modified by therapy. Also, it is rare that a single physician develops an experience with malignancy that has statistical significance in evaluating the validity of incidence and therapy such as can be developed through a cooperative effort with a cancer registry. Physicians now should be in a position to use the experience of eleven years in evaluating some modalities of cancer care as reflected by this registry.

Quality control in the diagnosis and treatment of cancer can be assessed.

Areas for investigation may include the following: Staging of the disease implies whether or not the patients have access to or are not utilizing diagnostic facilities. Second, treatment rates reflected against mortality indicate aggressiveness or temerity on the part of physicians. Poor cancer therapy would be suggested by a low treatment rate and high mortality. Third, end results are perhaps now the most widely used modality of quality control. The convention of the five-year survival rate is more logically modified however by life tables for specific types, primary locations and stages at discovery of individual cancers.

The registry is able and anxious to report information of value to individual physicians upon request. Does one's experience with cancer of the breast, for instance, compare favorably with others in the registry, either in the hospital alone or statewide? It is ready to be challenged by imaginative problems.

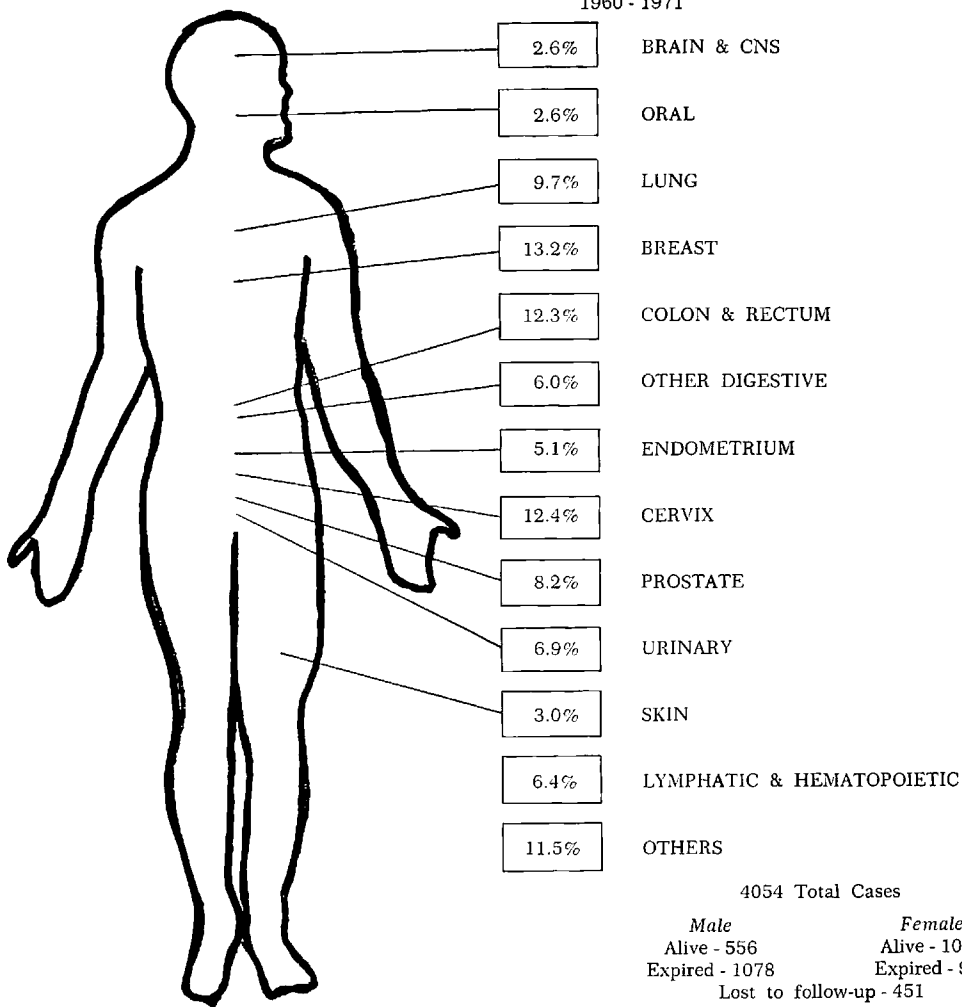
Also, some physicians are reporting that the feed back of data on individual patients encourages or reminds them to improve their own followup system.

Already requests are being made to expand the use of the registry by including data for assessment of interest to one or a few physicians. One such suggestion is the period of time patients are incapacitated by treatment, and the duration of hospitalization, including continuing nursing care after hospitalization. The computer has the capacity to include other longterm projects if valid data can be obtained from physicians and medical records.

The Cancer Registry is not intended to be a dead file. It can be made a vital source document for imaginative physicians and in the long run result in improved patient care.

—MERRILL J. WICKS, M.D.
Chairman, Cancer Committee,
Tacoma General Hospital

CANCER INCIDENCE BY SITE
Tacoma General Hospital
1960 - 1971



4054 Total Cases

<i>Male</i>	<i>Female</i>
Alive - 556	Alive - 1032
Expired - 1078	Expired - 937
Lost to follow-up - 451	

Source: Tumor Registry, Medical
Records Department 2/22/72

Action Snaps from the Wives-Included Special April Medical Society Meeting



At a table for eight—the Stagner's, McGroarty's, Ohme's and Harrelson's.



Donna Ferguson, Stan and Adele Durkin, Bob Ferguson, with Jim Vadheim in center background.



Carol and Dave Hopkins, Dee and Art Wickstrom.



Margaret Smith, Bob Osborne, Ted Smith, Evelyn Osborne.



Jane and Jose Garzon and Ken Gross.



More art critics—Carol and Jim Hazelrigg, Bev and Orv Harrelson, John Kemman.

WINE, WOMEN AND RESOLUTION

'Wine and the Good Life' provided the dessert and a headline making resolution provided the meat of the evening at the April meeting of the Pierce County Medical Society which was held jointly with the Medical Auxiliary Wives on April 11th at the Tacoma Art Museum. This was preceded by a no-host social hour and buffet supper at the O'Brien's and a leisurely stroll through the art museum galleries.

A short business meeting was held which began with an introduction and welcome to Medical Auxiliary President Nadine Kennedy and the wives. A resolution was then introduced and adopted empowering the Pierce County Medical Society officers and the Board of Trustees to take any steps necessary to prevent the indiscriminate transport to Seattle of severely injured or emergency cases from the areas traditionally served by Tacoma thus creating a super center in Seattle and weakening Tacoma's capability to practice the finest and highest level of medical care.

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In a lighter vein the guest speaker Dr. Angelo Pelligrini, professor of English at the University of Washington, a noted Shakespearean scholar and a consultant to the California Wine Advisory Board, discussed wine and consumed it at about an equal rate during his talk. He lamented that in his 25 years as a Shakespearean scholar and lecturer he has been asked many times to speak on wine but only once about Shakespeare.

He asked every one present to buy his two books "Wine and the Good Life" and the "Food Lovers Garden" both for their content and because he needed the money. He invited all to come to his wine cellar which was the best west of the Mississippi and felt that the best wine was that which he and his family have made together. He will leave his children not filthy in stocks and bonds but cases and cases of wine. In essence he seemed to say that the family that ferments together stays together.

Dr. Pelligrini finished with a serious reading which integrated the practical and spiritual aspects of bread and wine.

The assembled group was also treated to a stroll down memory lane with Doctor Stanley Mueller's slides of photographs of the Pierce County Society members in 1950.

During the evening Doctor Jim Stilwell, euphoric over the subject of the evening and urged by the kitchen-liberated wives, leaped to his feet and proposed that this joint meeting be made an annual affair to which the hundreds of members present, elbowed by their wives, roared their assent.

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by their wives, roared their assent.

May Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>Mary Bridge Cardiac Conf. 5:30 p.m.</p> <p>P. Co. Pediatric Soc.—6:30 p.m.</p> <p>Tacoma Orthopedic Soc.—6:30 p.m.</p>	<p>2</p> <p>C.P.C. of Mary Bridge 8 a.m.</p> <p>Pierce County Chapter AAGP 6:30 p.m.</p>	<p>3</p> <p>Surg. Conf. TGH 8 a.m.</p>	<p>4</p> <p>Gastrointestinal Conference—St. Joseph's 8:15 a.m.</p>	<p>5</p> <p>Tumor Board 7 a.m.—Allenmore</p> <p>Hematology-Oncology Conf. TGH—8:15 a.m.</p> <p>Good Sam Med. Ed—8 a.m.</p>	<p>6</p>
<p>8</p> <p>Mary Bridge Cardiac Conf. 5:30 p.m.</p>	<p>9</p> <p>C.P.C. of Mary Bridge 8 a.m.</p> <p>Grand Rounds Lakewood Gen. 12:30 p.m.</p> <p>PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M.</p>	<p>10</p> <p>OB-GYN Conf. TGH—8 a.m.</p>	<p>11</p> <p>Pulmonary Conf. St. Joseph's 8:15 a.m.</p> <p>St. Joseph's Trauma Conf.—7 a.m.</p>	<p>12</p> <p>Tumor Board 7 a.m.—Allenmore</p> <p>Neurology Conf. TGH—8:15 a.m.</p> <p>Good Sam. Med. Ed.—8 a.m.</p>	<p>13</p>
<p>15</p> <p>Mary Bridge Cardiac Conf. 5:30 p.m.</p>	<p>16</p> <p>C.P.C. of Mary Bridge 8 a.m.</p> <p>Tacoma Surgical Club 6:30 p.m.</p>	<p>17</p> <p>Medicine Conf. TGH—8 a.m.</p>	<p>18</p> <p>Renal Conference St. Joseph's 8:15 a.m.</p>	<p>19</p> <p>Tumor Board 7 a.m.—Allenmore</p> <p>Cardiology Conf. TGH—8:15 a.m.</p> <p>Good Sam. Med. Ed.—8 a.m.</p>	<p>20</p>
<p>22</p> <p>Mary Bridge Cardiac Conf. 5:30 p.m.</p>	<p>23</p> <p>C.P.C. of Mary Bridge 8 a.m.</p> <p>Tacoma Acad. of Internal Medicine 6:30 p.m.</p>	<p>24</p> <p>Path. Conf. TGH—8 a.m.</p>	<p>25</p> <p>C.P.C. of St. Joseph's 8:15 a.m.</p>	<p>26</p> <p>Tumor Board 7 a.m.—Allenmore</p> <p>Joint Services Conf.—8:15 a.m. TGH</p> <p>Good Sam. Med. Ed.—8 a.m.</p> <p>Staff of Mary Bridge 12:15 p.m.</p>	<p>27</p>
<p>29</p> <p>Mary Bridge Cardiac Conf. 5:30 p.m.</p>	<p>30</p>	<p>31</p>			

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Society Meeting March 1972

The regular monthly meeting of the Pierce County Medical Society was held March 14, 1972 with Dr. Baskin presiding.

Dr. Baskin announced the joint Society-auxiliary meeting for April to be held in the Tacoma Art Museum.

Applications for members (first reading) were presented for Dr. Charles Morris, sponsored by Drs. Krishnamoorti and Ehly, and Dr. Richard Gilbert, sponsored by Drs. Ahlers and Chartier.

Dr. Katterhagen moved for Society endorsement of the Ambulatory Care Center and the Family Health Center grant request. On a motion by Dr. Florence, this was tabled until the coming special meeting of the Society. This special meeting is to be held March 28 and will also include discussion of the Gorseline Report.

The evening's speaker was Dr. Theodor Binder who presented a program of description and movies about the Binder-Schweitzer Amazonian Hospital in Peru.

From the Board of Trustees - April

The Medical Auxiliary requested Society approval of their \$250 contribution to and endorsement of the Tacoma Ambulatory Care Center. This was approved.

Dr. Barronian reported the Library Committee's recommendation that one central library be established at Tacoma General Hospital in lieu of the present Pierce County Medical Society library at the Medical Arts Building. There will be further discussion with the various hospital administrators. When this planning is further along, this will be presented to the full Society meeting.

Applications for membership of Drs.

PIERCE COUNTY MEDICAL SCHOOL?

At the last Pierce County Medical Society meeting March 28th, I raised the question of initiating a medical school in Pierce County. I anticipated that the March 28th meeting would be opportune because of the attendance. I felt that the concept of a medical school in Pierce County was pertinent to the problems facing medicine today in our country. At some point in time we physicians of Pierce County must decide if we want a medical school. Should that decision be in the affirmative then we must determine the opportune time to present the concept to the community. Perhaps now is the time to discuss the needs of a medical school seriously both informally among ourselves and formally in committee by our medical society. If the concept of a medical school in Pierce County is valid, then the group to initiate action must be the physicians of this county. No other group of professionals is more qualified to perpetuate the art of healing than the physician group. We cannot depend on the educator, the statesman, or the paramedical professional for guidance or for leadership in promoting medicine as an art. Likewise we cannot depend on physicians in King County, Olympia or Washington, D.C. for guidance or for leadership in promoting the art of medicine in Pierce County. I think that the time is right for us to seriously examine the merits of this proposal. I feel that our county medical society provides the only means by which such a concept can be implemented. For this reason I present the issue in our official bulletin.

PAUL E. GERSTMANN, M.D.

Charles Morris and Richard Gilbert were approved.

Dr. Osborne outlined the problem for the proposed Southwest Washington Tumor Institute.

"Come to Madigan For Dinner May 9" -----General Tigertt

The annual gesture of good will has again come from our friendly neighbors at Madigan General Hospital in the form of an invitation from the commanding general to members of the Pierce County Medical Society to attend a joint meeting on Tuesday, May 9, at the Madigan Branch, Fort Lewis Officers' Open Mess, beginning at 6:30 p.m. The letter of invitation from Brigadier General W. D. Tigertt to Society President Les Baskin indicated that the affair would include a no-host cocktail hour and dinner, followed by a professional program presented by members of the Staff at Madigan.

The meeting will take the place of the regular monthly Society meeting, according to Dr. Baskin, who described this as a "very fine opportunity for all of us to become acquainted with the medical officers at Madigan General who are performing a great service for our country and for this community."

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Family Health Center Grant Turned Down

At a special meeting of the Pierce County Medical Society held March 28, the recent "Gorseline Report" was discussed. Participants in the panel discussion were Mr. William Hogarty, Executive Director of the Regional Planning Council, Mrs. Jan Colbey, planner for the Pierce County Health Council, Mr. Fred Pritchard, Administrator of Mary Bridge Children's Hospital and Drs. Malden and Hazelrigg. It was emphasized that the report is not a final recommendation but a collection of ideas for changes in the Pierce County medical-hospital system. This involves many controversial possibilities and the meeting served to introduce some of the possible changes to Society members who have not been directly involved in "area health planning."

The Society endorsed the continued planning for the Tacoma Ambulatory Care Center and the general concept of this but, after discussion, voted to disapprove a Family Health Center grant application for government funding.

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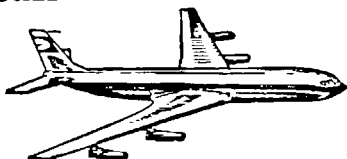
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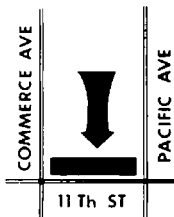
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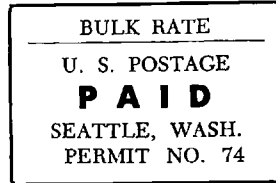
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MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, July and Oct.—
6:15 p.m. Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept. Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF PUGET SOUND HOSPITAL
2nd Monday of February, May, August, November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC
ASSOC.—First Monday of October, December, February,
April and June.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and
August—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m.
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and
August
- PIERCE COUNTY PEDIATRIC SOCIETY
First Monday of each month except June, July and
August—6:30 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Monday of March, June, September, December—
7:00 a.m. at Allenmore Hospital
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- TACOMA OB-GYN SOCIETY
3rd or 4th Tues. of Jan., March, May, Sept., Nov.

The

PIERCE COUNTY MEDICAL SOCIETY

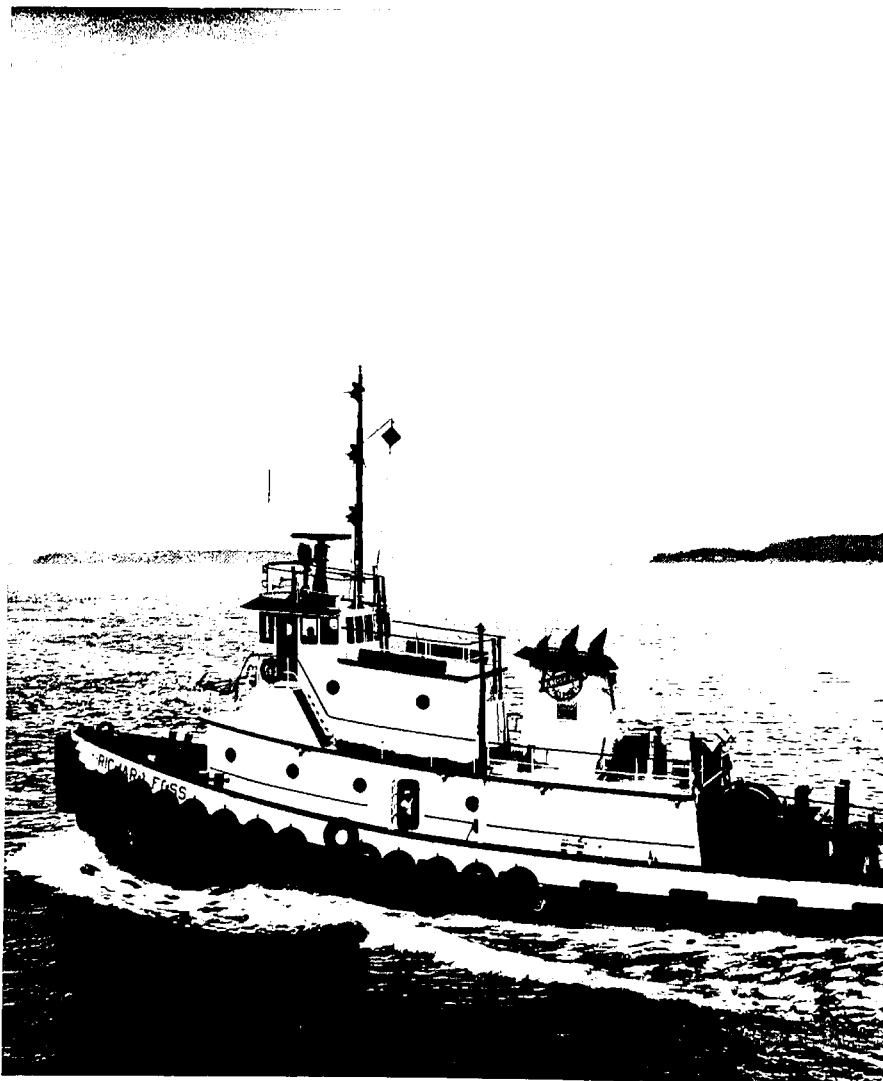


BULLETIN

JUNE 1972

TACOMA, WASHINGTON

VOL. XLIII—NO. 6



PIERCE COUNTY MEDICAL SOCIETY

**NO MEETING
JUNE, JULY, AUG.**

Pierce County Medical Society

1972

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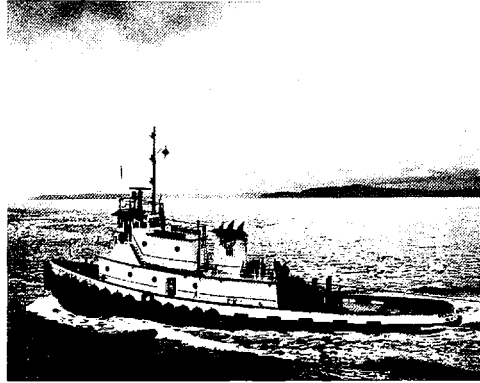
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FRANK ROSSITER, MGR.

President's Page

I have spent most of this weekend carefully trying to analyze the Pierce County Hospital Study made by Lester Gorseline and Associates. I have also reviewed again the "Tacoma Health Delivery System", a Comparative Study of low and middle income consumers prepared by the Tacoma Area Urban Coalition under the direction of Bob Pfothenauer. Spending all these hours certainly is not enough to make me an expert. Somehow the whole system is being challenged because of a failure to deliver medical care by a means of distribution that will provide it equally to everyone.



I maintain that the standard of medical care in Pierce County is higher than anywhere in the State. I maintain that we in Pierce County have done innovative things the like of which are not present anywhere else in this State. I refer specifically to the College of Medical Education, to the Tumor Clinic every Friday morning at Allenmore under the auspices of the Pierce County Medical Society, to the high rate of attendance at medical staff meetings and departmental meetings. And to the high percentage of people in this county who are covered by prepaid medical programs, some of which are absolutely unknown in other parts of the country and which are the very essence of HMO, that planners are dreaming about for other areas.

I feel that we are innovative in our planning, as, for example, the Ambulatory Health Care Center and that we are concerned with the problem and are anxious to help solve it. I maintain that we established peer review many years ago with our tissue committees and other committees in hospitals.

Health planning is being done by government and by the consumer on an unprecedented scale. There must be a pent-up demand for improvement as the basis for this. The demand for medical care is infinite, but our ability to provide is limited by many finite factors. It is our responsibility to be in the vanguard of this planning and to improve our good system rather than destroy it for some unproved system.

We must exert all of our good offices to see that Tacoma remains a center for tertiary services, including heart, kidney and oncology. We must be very concerned with comprehensive health planning for secondary care. Finally, we must prevent something innovative in primary care for all members of our society.

This is a large order. We are still trying to make a diagnosis. Treatment will be difficult, prolonged, but the prognosis is very hopeful. The posture we have taken as concerned citizens as well as physicians is due to the vision and integrity and tireless work of many men in our Medical Society. To them we are very grateful.

—LESTER S. BASKIN, M.D.

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Editorially Speaking

Save time and lose friends!

There's a new discourteous telephone habit called, "Save Time by Letting the Other Guy Wait Instead of Yourself."



It's catching on now with many doctors and here's how it works:

Dr. Bigg is a very busy doctor. He's so busy, that when he wants to put through a phone call to Dr. Humble, he just says to his office girl—"Get Dr. Humble on the phone for me." Then he wanders down the hall to chat with the patient in examining room 9, or 10, or the coffee room.

Meanwhile, over in Dr. Humble's office, the phone rings. In answer to his nurse's summons that Dr. Bigg is on the phone, Dr. Humble literally drops everything, including the sigmoidoscope he has poised above Mr. Melena who is in knee-chest position in room 2, rushes past room 3 where Mrs. Trimester is up in stirrups waiting uncomfortably for her pelvic exam, picks up the phone with a Kleenex so he won't get K-Y all over it, and says, "Hello."

But is Dr. Bigg there? No. Dr. Bigg, whose time is obviously more precious (to him) than Dr. Humble's, has things planned to make Humble (and Mr. Melena and Mrs. Trimester) do the waiting. Instead of Dr. Bigg's voice, all Humble hears is, "Just a moment, Dr. Bigg wants to speak to you."

To Dr. Humble, who has ten patients waiting out front, and to Mr. Melena, who is wishing he could make one more trip to the bathroom, and to Mrs. Trimester, whose arthritic knees are getting permanently kinked, that moment seems like *forever!* When Dr. Bigg finally does come to the phone, he makes everything all right again by saying, "I'm

(Continued on Page 6)

(Continued from Page 5)

Editorially Speaking

sorry if I kept you waiting.” To which Dr. Humble gives the same dishonest Christian answer that he gives whenever someone next to him asks if he minds having smoke blown in his face—i.e.: “Oh, no, that’s perfectly all right.”

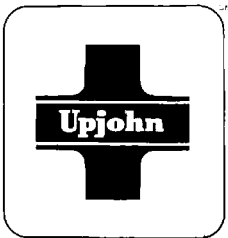
Really now, is Bigg’s time really that much more important than Humble’s?

An open letter to Dr. Bigg: Dear Dr. Bigg, If you insist on sacrificing your colleague’s time rather than your own, do it while you’re sitting by your phone writing prescriptions or reading your PDR, or sorting your mail, so you can answer immediately. Better yet, pick up the phone *before* Dr. Humble answers.

An open letter to Dr. Humble: Dear Dr. Humble, Here’s a suggestion. The next time Dr. Bigg pulls that you-wait-while-I-take-my-time trick on you—don’t wait! Put your own office girl back on the phone, and when Dr. Bigg finally shows up at his end of the line, she can say, “Just a moment, Dr. Humble will speak with you.”

Meanwhile, you take plenty of time helping Mrs. Trimester unkink her legs in room 3 and getting in the full ten inches in Mr. Melena in room 2. Then saunter back to the phone and say in your most Humble manner—“I’m sorry if I kept you waiting!”

—S.W.T.



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Warnings: Do not use dietary potassium supplements or potassium salts unless hypokalemia develops or dietary potassium intake is markedly impaired. Enteric-coated potassium salts may cause small bowel stenosis with or without ulceration. Hyperkalemia (>5.4 mEq/L) has been reported in 4% of patients under 60 years, in 12% of patients over 60 years, and in less than 8% of patients overall. Rarely, cases have been associated with cardiac irregularities. Accordingly, check serum potassium during therapy, particularly in patients with suspected or confirmed renal insufficiency (e.g., elderly or diabetics). If hyperkalemia develops, substitute a thiazide alone. If spironolactone is used concomitantly with 'Dyazide', check serum potassium frequently—both can cause potassium retention and sometimes hyperkalemia. Two deaths have been reported in patients on such combined therapy (in one, recommended dosage was exceeded; in the other, serum electrolytes were not properly monitored). Observe patients on 'Dyazide' regularly for possible blood dyscrasias, liver damage or other idiosyncratic reactions. Blood dyscrasias have been reported in patients receiving Dyrenium (triamterene, SK&F). Rarely, leukopenia, thrombocytopenia, agranulocytosis, and aplastic anemia have been reported with the thiazides. Watch for signs of impending coma in acutely ill cirrhotics. Thiazides are reported to cross the placental barrier and appear in breast milk.

This may result in fetal or neonatal hyperbilirubinemia, thrombocytopenia, altered carbohydrate metabolism and possibly other adverse reactions that have occurred in the adult. When used during pregnancy or in women who might bear children, weigh potential benefits against possible hazards to fetus.

Precautions: Do periodic serum electrolyte and BUN determinations. Do periodic hematologic studies in cirrhotics with splenomegaly. Antihypertensive effects may be enhanced in postsympathectomy patients. The following may occur: hyperuricemia and gout, reversible nitrogen retention, decreasing alkali reserve with possible metabolic acidosis, hyperglycemia and glycosuria (diabetic insulin requirements may be altered), digitalis intoxication (in hypokalemia). Use cautiously in surgical patients. Concomitant use with antihypertensive agents may result in an additive hypotensive effect.

Adverse Reactions: Muscle cramps, weakness, dizziness, headache, dry mouth; anaphylaxis; rash, urticaria, photosensitivity, purpura, other dermatological conditions; nausea and vomiting (may indicate electrolyte imbalance), diarrhea, constipation, other gastrointestinal disturbances. Rarely, necrotizing vasculitis, paresthesias, icterus, pancreatitis, and xanthopsia have occurred with thiazides alone.

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Helicopter Policies Clarified Following Society Action

The unanimous action of the Pierce County Medical Society at its April 11 meeting in regard to emergency cases by-passing the Tacoma area has apparently had its impact, thanks to the continued aggressive action of Society President Les Baskin. Considerable newspaper publicity followed that action by the Society.

Dr. Baskin subsequently contacted Capt. William S. Borders, Jr., Operational Officer, 54th Medical Detachment, Fort Lewis. Dr. Baskin received the following letter which helps to clarify the present policy of the Army helicopter service in regard to this subject:

Dear Dr. Baskin:

Thank you for letter of 26 April 72. I hope I can answer some of your questions about MAST in this letter.

The MAST concept was inaugurated to supplement the existing medical service system by providing for military helicopters configured as air ambulances to be maintained in a state of readiness to respond efficiently and effectively to serious civilian medical emergencies. Serious medical emergencies are defined as situations where an individual's condition requires that he be air-evacuated to a medical care center as soon as possible to prevent his death or the aggravation of his illness or injury.

You were probably aware of our work in evacuating medical emergencies resulting from highway accidents. We also evacuate non-critical patients from remote or inaccessible areas where ground transportation is not feasible or practicable. In addition, our concept of operations also includes inter-hospital transfer of patients, pre-

ture infant transfers, and pick-up and delivery of blood, medicine, and human organs for transplant. In these latter cases, the decision to request a MAST helicopter will be based on the judgment of the physician at the hospital involved.

We follow certain guidelines in determining the destination hospital for the patients we air-evacuate. In the case of inter-hospital transfers we take the patient to the hospital the requesting doctor specifies. In the case of a non-hospital transfer mission we will attempt to honor the patient's request for the destination hospital. In many instances the patient is so critical that we have to evacuate him to the closest hospital able to capably handle that particular emergency. One of the prime factors in determining a destination hospital in this instance is the availability of a suitable landing area for our helicopter. St. Joseph's Hospital in Tacoma does have a suitable landing area and a high level of medical facilities, making it one of our primary destination hospitals in a critical situation.

I hope this answers some of the questions you have. If I can be of any further assistance in any matter concerning MAST do not hesitate to call me.

WILLIAM S. BORDERS, JR.
CPT., MSC
Operations Officer

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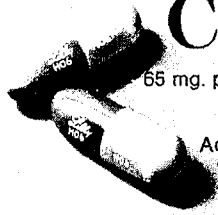


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Lewis Litvin
- 5 James Vadheim
- 8 Jack J. Erickson
- 10 Harold Lueken
- 11 Jack Mandeville
- 12 David BeMiller
- 13 Erna Guilfoil
- 14 Karl Humiston
Thomas O. Murphy
John Stutterheim
- 15 S. R. Krishnamoorti
George Tanbara
- 16 Juan Cordova
- 18 Richard Bowe
- 20 John Kennedy
Robert Voynow
- 21 Leo Annest
Jack Lee
- 22 Thomas Elder
Marcel Malden
- 24 George Barnes
- 25 James Early
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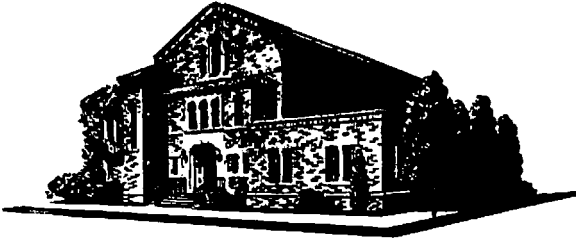


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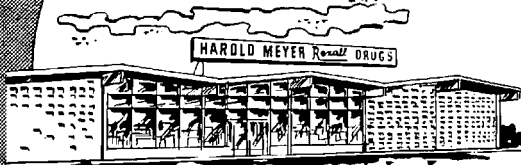
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Marrow Transplants Succeed If Immune Response Suppressed

(Dr. Rodger Dille attended a recent Hematology-Oncology meeting and some of the highlights of the meeting follow.—Editor)

There is a great deal of emphasis and research on bone marrow transplants. This has now been carried over into humans. As a matter of interest, the first bone marrow transplant that was successful at the University was in a patient whom I referred with a marrow aplasia and who, fortunately, happened to be an identical twin. The results of this were published in the New England Journal of Medicine some years ago by Doctor Finch.

Work on dogs has shown that after total body radiation "wiping out" the marrow, successful marrow transplant can be accomplished. However, following a period of time in which the bone marrow graft successfully "takes" there develops a graft vs. host rejection. In other words the graft is successful, but is producing cells which are attacking host cells and a number of reactions occur, the principal target organs being the liver, skin and certain other organs. In an effort to reduce this by reducing immunological components, Methotrexate has been shown to be the most successful immune suppressant and if used for 100 days in the dog, after graft, the dogs have survived as long as five years.

This has now been carried over into human beings. So far the most successful ones have been the aplastic ane-

mia cases in which the person is normal save for the bone marrow aplasia, and successful grafts, which have gone on for quite some time, have now been accomplished. Unfortunately, when this has carried over into intractable leukemias, in which total body irradiation is then necessary, the grafts have been shown to take as in the aplastic anemia cases. However, in two cases, unfortunately, even though it has been shown that the bone marrow cells are definitely that of the donor and not of the recipient, the donor cells have shown leukemia, indicating that there is something in a leukemic patient which can transform other cells, that is donor marrow cells, into a leukemic situation. Whether this is a virus or some other type of particle is, of course, unknown.

Another feature which was brought out in the numerous iron absorption tests which the University is doing, is that contrary to early work it is shown that certain forms of iron are more readily absorbed from food than others. The most readily available form has been shown to be so-called reduced, or elemental iron. Some food additives, such as the iron pyrophosphate, are very meagerly absorbed.

A case of sickle cell anemia and crisis was presented. A hematologist from Nigeria, where 3% of the population has sickle cell potentia and 25% are "carriers", gave his current views. He emphasized that the crisis is practically always precipitated by some event, and in Nigeria it is usually an infection of some type. Hence, the emphasis must be always primarily directed

(Continued on Page 16)

(Continued from Page 15)

against the precipitating factor. Apparently the modes of treatment, such as liberal fluids and bicarbonate, do no harm though some investigators are not convinced that they do much good. The use of urea is still controversial, and apparently to date no one agrees as to exactly how each crisis should be handled. Emphasis in the case presented was placed on the fact that this patient certainly seemed terminal, was treated by exchange transfusions, six units being given, and ultimately made a complete recovery. Her crisis was, interestingly enough, precipitated by intravenous injection of Ringer's Lactate which had become contaminated by an *Erwinia* species.

I was particularly impressed by the variability in which various modes of cancer chemotherapy are still advocated by various men. Of course, the "big ten" are still the only ones used, except for some investigational products, but the combinations in which these are used in similar cases, the amounts used and so forth, vary a great deal from one chemotherapist to another.

I also was impressed with the marked regression of huge metastatic nodes from a squamous cell carcinoma of the hypopharynx which had become impalpable following the use of one of the newer "investigational" mycins. This happened to be a patient which I had referred to the clinic, hence I was more than interested.

—RODGER S. DILLE, M.D.

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Society's May Meeting Held At Madigan Officers' Club

The May meeting of the Pierce County Medical Society was held jointly with the staff of Madigan Hospital on May 9th at the Madigan Officers' Club. There was a large turnout for this annual Spring affair, probably in anticipation of the excellent cuisine, and no one was disappointed.

Following a cocktail hour, dinner and a very short business meeting, the group heard Col. Fred A. Brandt, M.D., Chief of Plastic Surgery, Madigan, discuss "Rejuvenation of the Aging Face".

Col. Brandt opened with some brief and informative remarks about the changes in philosophy with regard to this type of surgery. Once regarded as an excursion in vanity, it has now become in many situations an emotional and economic necessity. In a youth-oriented society a prematurely aging executive pressured by a younger subordinate may find this type of surgery necessary in order to compete. Col. Brandt also noted Phyllis Diller's remark, "It isn't a sin to look better."

The bulk of the discussion was a slide demonstration of the various types of cosmetic surgery during which many in the audience were observed feeling their baggy eyelids and cheek and jowl and wondering when they could get on the surgical schedule.

"MOST UNUSUAL" Cases Wanted

Do you have a most unusual case? Please write this up in an interesting and/or amusing way. An award to the winner.

Tumor Board Nears End of Second Year

The Pierce County Medical Society is nearing its second year of operation.

The Tumor Board continues to provide a service to the physicians of Pierce County; one area that has shown its particular effectiveness is in the work up of head and neck cancers.

Drs. Spanglers, Prewitt, and Hilger have provided valuable assistance to the Tumor Board in making specific recommendations concerning the management of these particularly troublesome carcinomas. Having the patient presented in person so that all of the physicians can see the exact location of the primary tumor and the area of metastases, has proven to be a vital necessity to make specific recommendations as how to manage these patients.

There is often turmoil and inconsistency in the management of these patients but a pattern is being established within the Tumor Board through the team efforts of the surgeons, and the radiotherapists. This consistency in the management of patients is becoming evident not only in head and neck tumors but in various malignant lymphomas and other carcinomas. The Tumor Board is proving to be an extremely valuable learning experience for the physicians who attend the Tumor Board every Friday morning at 7 at Allenmore Hospital. I also feel that, in general, the recommendations coming out of the Tumor Board have up-graded cancer care in our community as a whole.

CASE OF THE MONTH

By KENNETH E. GROSS, M.D.

HISTORY:

21 year old female. Routine examination for menstrual pain developing for the last 3-4 months. Regular periods.

PE: Some fullness in lower abdomen.

(See answer, page 28.)



Doctors, Dentists In Standoff At Golf, Tennis Tournament

(See pictures on page 21.)

Even though dentists took low-gross and low-net honors, Pierce County physicians came through strong in the mid and high handicap divisions to look impressive at the annual Physician-Dentist Field Day on Friday, May 19, at the Tacoma Country and Golf Club.

Sunny skies greeted 54 golfers and 9 tennis players at the event, with Bill Rohner managing the golf tournament and George Tanbara being so fair in the tennis tournament that he awarded the prizes to all players in advance.

On the golf course, dentist Jack Gould had a 77 to win low gross for the day. Two other dentists, Tom Barksdale and Chuck Evans, won low net with 78-8—70 and 84-14—70 respectively. In the under-9 handicappers, dentist Jim Gohrick had 82-8—74 for first place. Stan Durkin, upholding the physicians' honor, was close behind with 82-7—75, but had to take third place on a flip of the coin.

Doctors Come Through

From this point on, the "real doctors"—as Bill Rohner kept calling the physicians at the award banquet Friday evening—started to show their skill. By another coin flip, Dr. Bob O'Connell won first low-net in the 10-15 handicappers with his 81-10—71, although the next five behind him were dentists. In the high handicap division, the doctors really came through, taking the first 3 places. Buel Sever topped the division with 89-16—73, while Wayne Bergstrom and Bob Burt tied for second with 94-20—74 and 101-27—74. Martin Eltrich squeaked through

Poison Information Center Calls For April

Total calls 389. From Doctors and Hospitals 30, From Community Agencies 13, From Others 346.

Age Distribution: Under 18 months 47, 18 Mos. to 3 Yrs. 136, 3 & 4 Yr. Olds 72, 5 & 6 Yr. Olds 11, 7 thru 13 Yrs. 11, Over 13 Yrs. 51, No Age Given 60.

Substances Taken: Under 5 Yrs. and Total:

Medicinal: 113, 158; Aspirin 12, 19; Birth Control 3, 3; Prescription Drugs 43, 70; Patent Medicines 55, 66.

Household Products 48, 69; Bleaches 3, 5; Ammonia 2, 3; Detergents 4, 6; Other 26, 32.

Petroleum Products 14, 23.

Insecticides, Pesticides and Rodenticides 0, 3.

Cosmetics 25, 36.

Plants and Berries 22, 28.

Food Inquiries 4, 22.

Insect, Snake and Animal Bites 2, 7.

Miscellaneous 42, 67.

with a net 74 for second place in the Callaway division.

As usual, Marsh Whitacre powered one of the longest drives of the day to win long-drive honors on the 14th hole in the first division. Sam Adams did the same for the mid-handicappers with his tee shot on hole number 9, while high-handicappers Haskell Maier and Bill Sullivan whacked the longest drives for their division on the 9th and 14th holes, respectively. The only closest-to-the-pin award won by the doctors in all divisions was Bob O'Connell's tee shot on number 11.

An informal banquet concluded the day for most, with chairman Bill Rohner awarding the prizes to the winning golfers.

S.W.T.

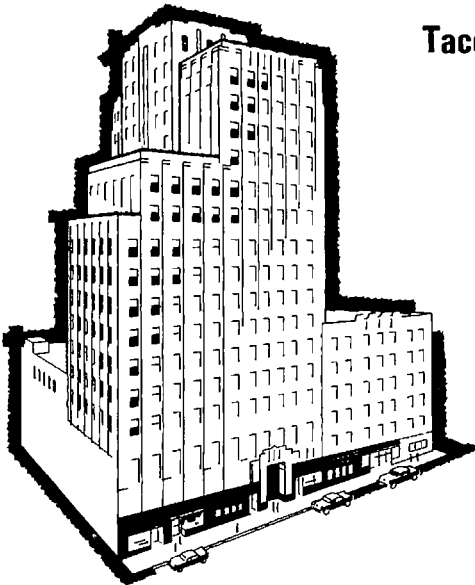
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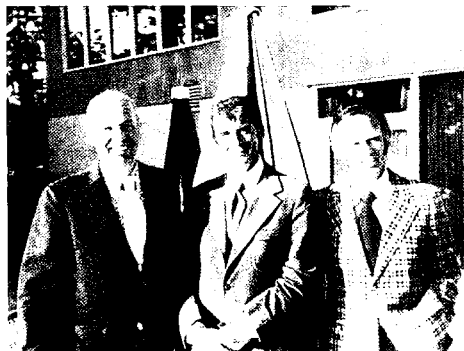
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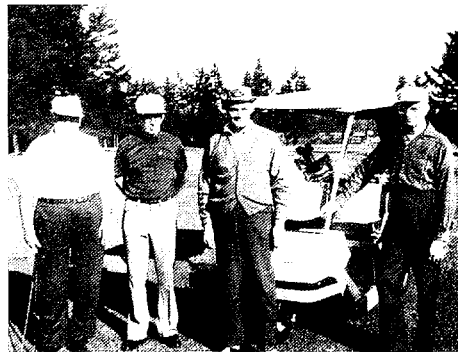
3 winners—Stan Durkin, Bob O'Connell and top golfer of the day, Jack Gould



Herman Dahl and Bill Rohner congratulate Jerry Kohl for 3rd longest drive in the Calloway division



Joe Bowles, Tom West, Ted Johnson and tournament chairman Bill Rohner



Phil Kyle, Dale Doherty, Jerry Kohl and Homer Humiston



On the tennis courts—George Tanbara, James Hazelrigg, Vern Larson, Jack Alger, Ralph O'Connor



George Tanbara, Ralph O'Connor, Vern Larsen



"Doctor, how could you refuse that house call . . . that was your very own wife!"



"Now, now, Mr. Scrooge, you're supposed to say: 'aah', not 'bah', humbug."

WOMAN'S AUXILIARY PAGE . . .

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President-Elect.....	Mrs. James Stilwell (Lois)
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Representative—Poison Prevention Committee.....	Mrs. Jay H. Ehly (Vivian)
Assistant to Membership.....	Mrs. Marcel Malden (Jean)

A VIEW FROM FOX ISLAND

The sunny smile of hostess Ginny Smith matched the weather to make the May luncheon at Ginny's lovely Fox Island home a delightful event. Outgoing President Nadine Kennedy presided—thanking her Board and membership for a most productive and rewarding year and introducing incoming President Norma Smith.

Norma outlined next year's program, which will include the art auction again and, hopefully, a repeat of the

joint Pierce County Medical Society and Auxiliary meeting that was such a happy success this year. New officers and board members were introduced.

An auction of the past two years' AMAERF original Christmas card designs by our talented artist, Toni Boune was a special feature of the afternoon with the sketches going to highest bidders Kimi Tanbara and JoAnn Johnson.

PROJECT SEARCH

Alice Hilger reports that Project Search has come up with the recommendation that the Legislative Committee be very active in the next year in aiding the medical community in legislative matters. Action is a word that aptly describes Legislative Chairman Phyllis Erickson and her committee, Nadine Kennedy, Anne Katterhagen, Helen Whitney and Edie Lawrence. If anyone else would like to serve on this committee, please contact Phyllis.

THANK YOU

Many thanks to Nadine Kennedy for a job well-done and a most successful year as Auxiliary President. Efficiency, charm and skill in handling the business of Auxiliary characterized Nadine's year in office and we all wish her a happy and relaxing summer.

VOLUNTEERS NEEDED

In conjunction with T.A.C.C., the 617 Clinic is being formed and needs volunteers from 4 to 9 p.m. each day to type, do clerical work, nursing and work in admitting. If you can give one day a week or even once a month to help out, check with Norma Smith or

(Continued on Page 24)

Cadaveric Kidneys Needed To Boost Transplant Program

A four-state kidney retrieval program is underway in Washington, Idaho, Montana and Alaska. Perfusion equipment, purchased by the Washington/Alaska Regional Medical Program, sustains cadaveric kidneys for 36 hours and is available in Seattle, Spokane, Great Falls and Anchorage.

This advance in kidney technology has increased the number of kidney transplants performed in this region, but at the same time has created a growing demand for donor kidneys. In

(Continued from Page 23)

Anne Katterhagen. They also need toys and magazines. The 617 Clinic will be functioning on its own without the aid of Federal funds.

THOUGHT FOR THE MONTH

To the fresh eye and the questioning mind the flashing course of a satellite across the summer sky is no greater cause for wonder than the twinkle of the firefly within hand's reach.

—DOROTHY BARCLAY.

HAVE A HAPPY SUMMER!

Washington State alone, there are approximately 30 persons waiting for cadaveric kidneys.

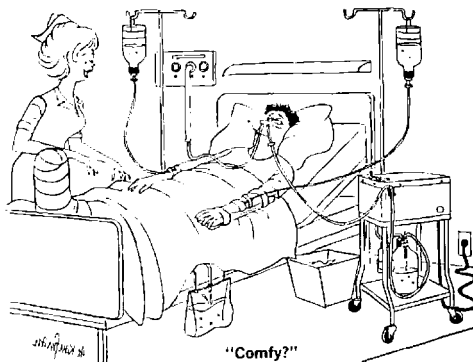
The mechanism for retrieving kidneys is ready for use. Perfusion teams with trained technicians are sent to the hospital to retrieve donor kidneys after they are removed from the deceased by the local surgeon. Tissue typing is done at the U. S. Public Health Hospital in Seattle, and transplants are performed at University Hospital.

Key to a successful retrieval system is the practicing physician who is the most effective spokesman for interpreting the need and use of cadaver kidneys to the public. He is also the direct link to the potential donor.

Legal groundwork for donating kidneys was laid in 1969 when the State of Washington adopted the Uniform Anatomical Gift Act.

Survival rate in cadaveric transplants indicates that this is an acceptable mode of therapy for persons with irreversible renal disease. In the past four years, 23 of the 28 patients who received cadaveric kidneys are still living.

For further information about the kidney retrieval program, contact your County Medical Society President or Dr. Christopher Blagg, Northwest Kidney Center, Seattle.



June Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Gastrointestinal Conference— St. Joseph's 8:15 a.m.	2 Tumor Board 7 a.m.—Allenmore	3
5 Mary Bridge Cardiac Conf. 5:30 p.m.	6 C.P.C. of Mary Bridge 8 a.m. Staff of Tacoma General— 6:30 p.m.	7	8 Pulmonary Conf. St. Joseph's 8:15 a.m. St. Joseph's Trauma Conf.— 7 a.m.	9 Tumor Board 7 a.m.—Allenmore	10
12 Mary Bridge Cardiac Conf. 5:30 p.m. Staff of Good Samaritan 6:30 p.m.	13 C.P.C. of Mary Bridge 8 a.m.	14	15 Renal Conference St. Joseph's 8:15 a.m.	16 Tumor Board 7 a.m.—Allenmore	17
19 Staff of Allenmore Hospital 7 a.m. Mary Bridge Cardiac Conf. 5:30 p.m. Staff of St. Joseph's	20 C.P.C. of Mary Bridge 8 a.m.	21 Staff of Lakewood General 6:30 a.m.	22 C.P.C. of St. Joseph's 8:15 a.m.	23 Tumor Board 7 a.m.—Allenmore Staff of Mary Bridge 12:15 p.m.	24
26 Mary Bridge Cardiac Conf. 5:30 p.m.	27 C.P.C. of Mary Bridge 8 a.m.	28	29	30 Tumor Board 7 a.m.—Allenmore	

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Letter to the Editor

Editor of The Bulletin
Pierce County Medical Society
113 Medical Arts Building
Tacoma, Washington 98402
To The Editor:

Physicians diagnosing and treating carcinoma of the cervix in this community may well be pleased with their record.

Compared with statewide statistics, our record over the last ten years shows a higher rate of early (in situ) diagnosis and a favorable survival rate for cervical carcinoma. The Cancer Registry of the Tacoma General Hospital shows 92% local and in situ cervical malignancy at the time of first treatment, compared with 85% statewide. The eight-year survival in all diagnosed cases is about 70%.

As an apparent result of the early diagnosis, the Tacoma vs. statewide radiation therapy of all cases is 24% vs. 26% and surgery with radiation, 2% vs. 5%, as a first course of treatment. Statewide, chemotherapy was used in 9% in combination with other modalities, or alone, while in Tacoma this is 6%. It may be worth examining our indications for use of these methods of therapy to possibly increase the survival rate.

Certainly our physicians are to be encouraged however in their fine results. Continuing attempts at early diagnosis is the best way to improve this record.

Respectfully submitted,
MERRILL J. WICKS, M.D.
Pathologist

Case of the Month

Denouement

Huge tumor mass containing multiple teeth seen in the right lower quadrant and over the S-4 lateral mass on the left—classical teratoid tumor of the ovary.

DR. KENNETH E. GROSS

Used Parts Department

The following letter is reprinted unchanged as received by Dr. Maddison. (Name omitted — until parts can be checked out.)

Dear Doctor Maddison

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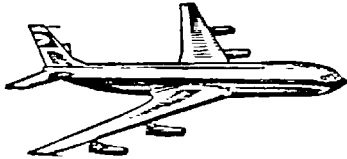
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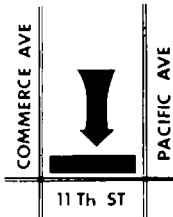
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MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, July and Oct.—
6:15 p.m. Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept. Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF PUGET SOUND HOSPITAL
2nd Monday of February, May, August, November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC
ASSOC.—First Monday of October, December, February,
April and June.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and
August—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m.
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and
August
- PIERCE COUNTY PEDIATRIC SOCIETY
First Monday of each month except June, July and
August—6:30 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Monday of March, June, September, December—
7:00 a.m. at Allenmore Hospital
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- TACOMA OB-GYN SOCIETY
3rd or 4th Tues. of Jan., March, May, Sept., Nov.

The

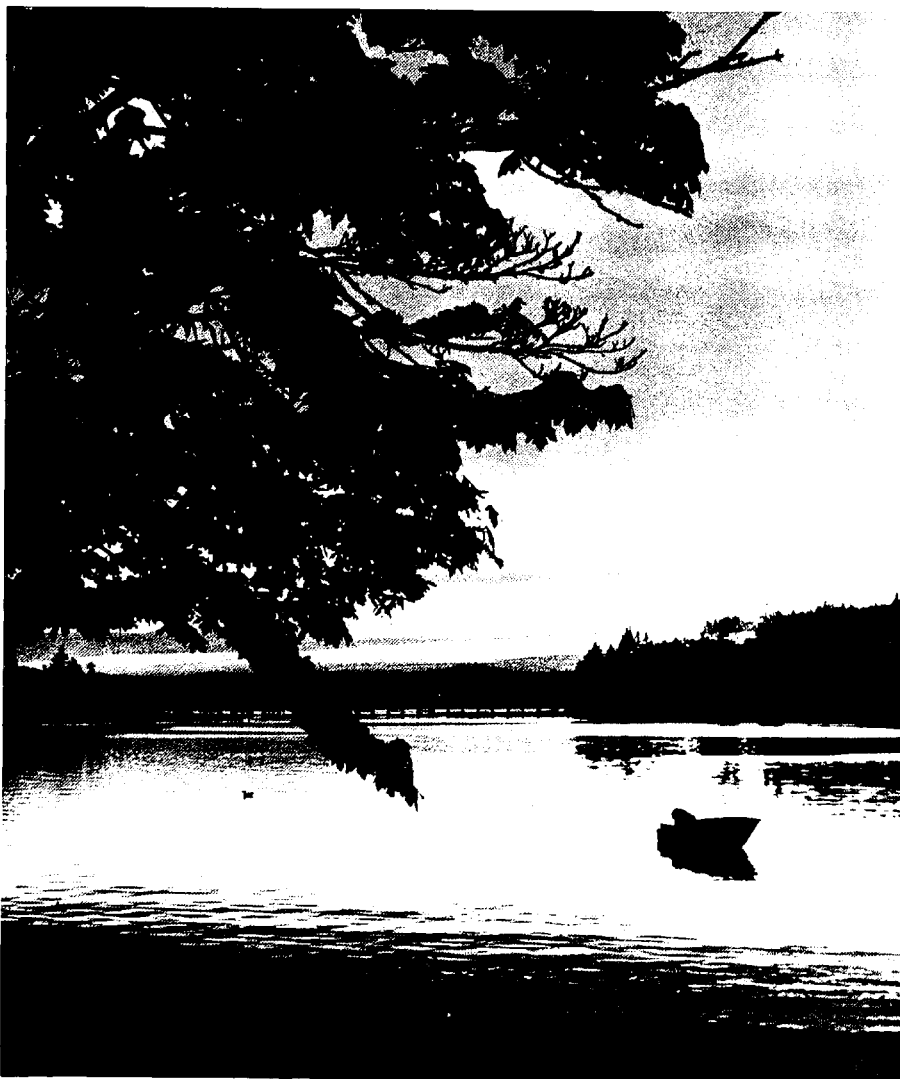
PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

JULY 1972

TACOMA, WASHINGTON

VOL. XLIII—NO. 7



PIERCE COUNTY MEDICAL SOCIETY

**NO MEETING
JUNE, JULY, AUG.**

Pierce County Medical Society

1972

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Cover picture courtesy of
 Dr. Glenn McBride

"MOST UNUSUAL" Cases Wanted

Do you have a most unusual case? Please write this up in an interesting and/or amusing way. An award to the winner.

President's Page

By the time this is published I shall have returned from a very exciting, profitable and pleasant tour involving medical meetings and sightseeing in Rome, Leningrad, Moscow, Copenhagen, Stockholm and Washington, D.C. I am writing this just before I leave because of the deadline for publication of the next *Bulletin*.



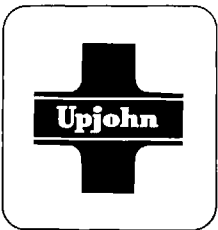
I anticipate pleasant experiences and meetings with fellow physicians in other countries. I will travel with a group of physicians from all over America and the world. I anticipate returning with a better understanding of the problems that physicians and their patients face, and which are probably similar everywhere.

The American Medical Association meeting in San Francisco will have concluded and I am sure that many of you will have been in attendance. This, too, I am confident, will have been a most rewarding experience and San Francisco is certainly a beautiful and exciting city.

This is the time of the year, too, when many of your families are reunited, vacations plans are made and when you move to your summer, beach and mountain homes and boats. It is a good time of the year for all of us to get outdoors more and to exercise more, to enjoy our families and to enjoy the incomparable summer that Puget Sound is capable of producing and we hope will this year.

Have a good summer, have a good vacation, refresh yourselves spiritually and physically.

—LESTER S. BASKIN, M.D.



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Editorially Speaking

Erratum:

June editorial by
S.W.T. contained
wrong picture.

(W.B.B.)

The Pacific Northwest is the most beautiful part of the this country, and Summer is the time for climbing and camping.

Having just returned from the hospitality of Mt. St. Helens, I am freshly reminded of the mental refreshment to be found in nature. Problems, for the moment, disappear and lost perspective is re-gained.

It is terribly easy to become quagmired in the day-to-day routines of medical practice and, because of their demands, neglect ourselves and our families. And ultimately, lack of rest and emotional relaxation may interfere with patient care.

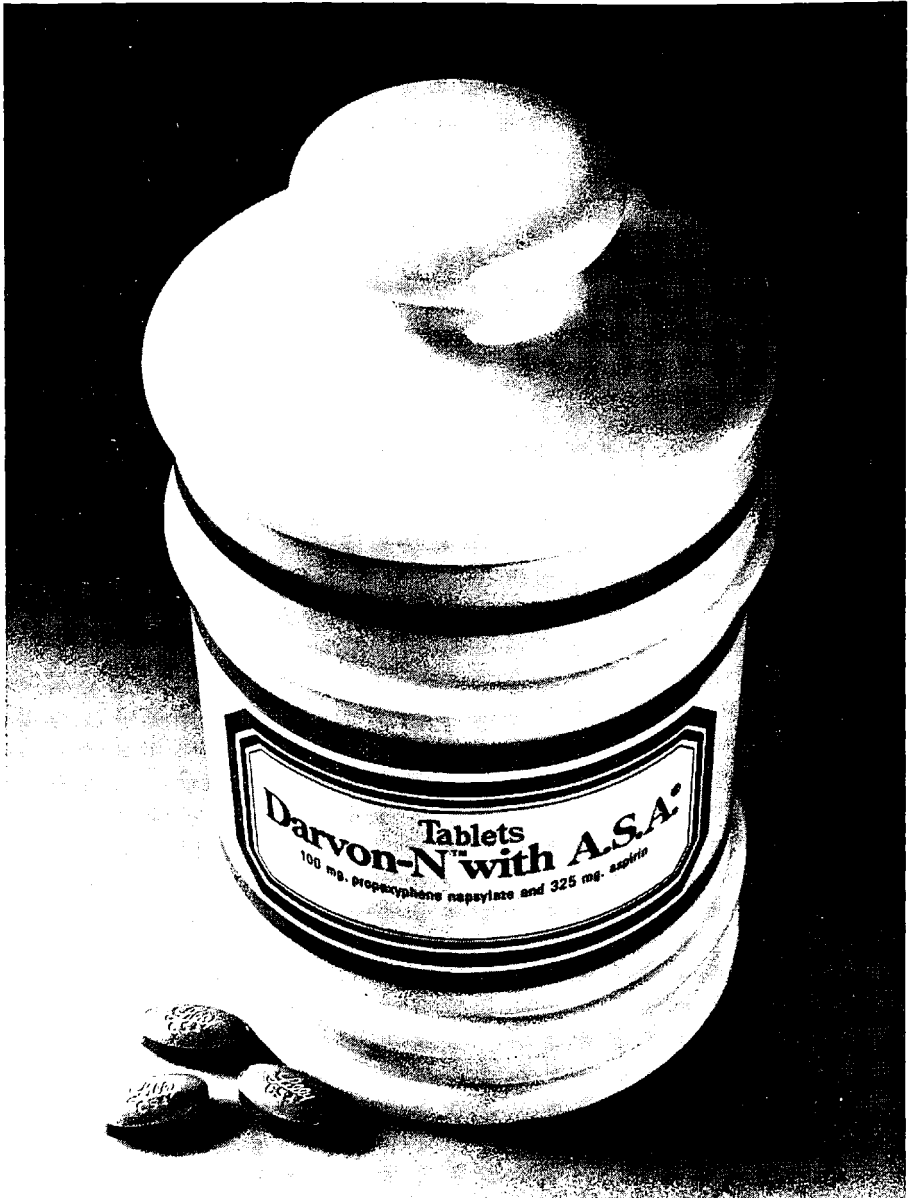
This is an editorial reminder that there are alpine meadows, and glaciated mountains all around you. Use them, and have a good Summer.

—W. B. B.

COVER PICTURES WANTED

Interesting or unusual
pictures of our local
medical scene are
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Warnings: Do not use dietary potassium supplements or potassium salts unless hypokalemia develops or dietary potassium intake is markedly impaired. Enteric-coated potassium salts may cause small bowel stenosis with or without ulceration. Hyperkalemia (>5.4 mEq/L) has been reported in 4% of patients under 60 years, in 12% of patients over 60 years, and in less than 8% of patients overall. Rarely, cases have been associated with cardiac irregularities. Accordingly, check serum potassium during therapy, particularly in patients with suspected or confirmed renal insufficiency (e.g., elderly or diabetics). If hyperkalemia develops, substitute a thiazide alone. If spironolactone is used concomitantly with 'Dyazide', check serum potassium frequently—both can cause potassium retention and sometimes hyperkalemia. Two deaths have been reported in patients on such combined therapy (in one, recommended dosage was exceeded; in the other, serum electrolytes were not properly monitored). Observe patients on 'Dyazide' regularly for possible blood dyscrasias, liver damage or other idiosyncratic reactions. Blood dyscrasias have been reported in patients receiving Dyrenium (triamterene, SK&F). Rarely, leukopenia, thrombocytopenia, agranulocytosis, and aplastic anemia have been reported with the thiazides. Watch for signs of impending coma in acutely ill cirrhotics. Thiazides are reported to cross the placental barrier and appear in breast milk.

This may result in fetal or neonatal hyperbilirubinemia, thrombocytopenia, altered carbohydrate metabolism and possibly other adverse reactions that have occurred in the adult. When used during pregnancy or in women who might bear children, weigh potential benefits against possible hazards to fetus.

Precautions: Do periodic serum electrolyte and BUN determinations. Do periodic hematologic studies in cirrhotics with splenomegaly. Antihypertensive effects may be enhanced in postsympathectomy patients. The following may occur: hyperuricemia and gout, reversible nitrogen retention, decreasing alkali reserve with possible metabolic acidosis, hyperglycemia and glycosuria (diabetic insulin requirements may be altered), digitalis intoxication (in hypokalemia). Use cautiously in surgical patients. Concomitant use with antihypertensive agents may result in an additive hypotensive effect.

Adverse Reactions: Muscle cramps, weakness, dizziness, headache, dry mouth, anaphylaxis; rash, urticaria, photosensitivity, purpura, other dermatological conditions; nausea and vomiting (may indicate electrolyte imbalance), diarrhea, constipation, other gastrointestinal disturbances. Rarely, necrotizing vasculitis, paresthesias, icterus, pancreatitis, and xanthopsia have occurred with thiazides alone.

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IN EDEMA*—IN HYPERTENSION*

TCC TRAINING HEALTH MANPOWER

TCC is increasing its role in the education of allied health manpower. The long-established Medical Record Tech program formerly operated by St. Joseph's Hospital is now based at TCC.

Twelve students are enrolled in the first year of the Medical Record Technician program. The first year of the two-year sequence is conducted primarily on the TCC campus, while the second year will be devoted to records science classes and clinical training at various Tacoma area hospitals. About six students will be completing the second year of the original St. Joseph Hospital program in June and will be looking for jobs in the area. Instructor-co-ordinator for TCC programs is Mrs. Mary Louise Kennedy, former transcriptionist at Madigan General and St. Joseph hospitals.

TCC has also assumed responsibility for the 12-month program to train technicians in the field of respiratory care. Ten students are expected to complete training in this program in August.

In addition to the Medical Record and Respiratory Care Technician programs TCC also cooperates with St. Joseph Hospital, Tacoma General Hospital, and Drs. Gross, Larson, Whitney and Garrett in 24-month programs to train X-ray technicians. Twenty-eight students are enrolled in the first and second years of these programs. Other developments in Allied Health education at TCC include:

Formal notification of a federal grant to underwrite the planning of a two-year Associate Degree in Nursing program is expected shortly.

TCC has filed a request with the state for permission to develop a program to train medical secretaries. This would be a one-year program for those who enter with typing and clerical

skills and a two-year program for those who need basic clerical skills training.

TCC has also requested permission to develop a program to train medical assistants. This highly structured program would involve the training of a medical secretary with additional training in patient preparation and laboratory work.

A program to train emergency hospital technicians is on the drawing board.

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If you are "fed up" with coping with the "rat race" of family practice where you are, then write or telephone Panorama Corporation, Lacey, Washington. Telephone: 456-0111 or 456-2772. Panorama City, operated by the Corporation, is a beautiful, comfortable retirement community of some eight hundred well-to-do, happy people, and we need a resident doctor who is sympathetic to the "Actively Retired," but not just elderly sick people. The residents can enjoy many forms of sports, games, handcrafts, and their own hobbies. A 106-bed Convalescent and Rehabilitation Center is available to all residents, as is a fine restaurant, recreation rooms, etc. We greatly need a resident doctor, and an adequate income can be expected without undue strain. So, get in touch with us for further details.

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June Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 Mary Bridge Cardiac Conf. 5:30 p.m.	4 C.P.C. of Mary Bridge 8 a.m.	5	6 Gastrointestinal Conference— St. Joseph's 8:15 a.m.	7 Tumor Board 7 a.m.—Allenmore	8
10 Mary Bridge Cardiac Conf. 5:30 p.m.	11 C.P.C. of Mary Bridge 8 a.m.	12	13 Pulmonary Conf. St. Joseph's 8:15 a.m. — St. Joseph's Trauma Conf.— 7 a.m.	14 Tumor Board 7 a.m.—Allenmore	15
17 Mary Bridge Cardiac Conf. 5:30 p.m.	18 C.P.C. of Mary Bridge 8 a.m.	19	20 Renal Conference St. Joseph's 8:15 a.m.	21 Tumor Board 7 a.m.—Allenmore	22
24 Mary Bridge Cardiac Conf. 5:30 p.m.	25 C.P.C. of Mary Bridge 8 a.m.	26	27 C.P.C. of St. Joseph's 8:15 a.m.	28 Tumor Board 7 a.m.—Allenmore	29
31 Mary Bridge Cardiac Conf. 5:30 p.m.					

July Birthdays

- 2 Philip Backup
8 Sidney Kase
James D. Lambing
9 John Kanda
11 Harry Camp
Wallace Hoyt
DeMaurice Moses
12 Robert Florence
Robert Johnson
James Wingate
13 K. Royce Hansen
Michael Irvin
Frank Maddison
15 Ralph Marx
17 Henry Maki
Walter Arthur
19 Paul Smith, Jr.
21 George Kittredge
22 Karel Pokorny
23 Charles Denzler
24 Emory King
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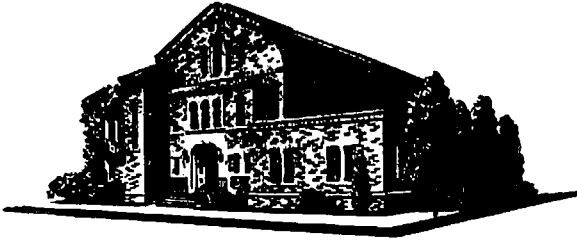


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WOMAN'S AUXILIARY PAGE . . .

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Representative—Poison Prevention Committee	
Assistant to Membership.....	Mrs. Marcel Malden (Jean)

JUNE

It is that time of year; "Walking in the Sunshine" with all the kids home from school. The column will be short this month.

AWARDS

Congratulations and our best wishes go to Bennett Ellis and David Osborne.

Bennett Patricia Ellis a Wilson High School graduate, and David Osborne, a Charles Wright Academy graduate, are this year's recipients of the Student Recognition awards presented annually by the Women's Auxiliary of the Pierce County Medical Society.

The awards are made to children of physicians in private practice in Pierce County on the basis of grades, citizenship, talent and involvement in community affairs.

Miss Ellis, who plans to major in journalism at Brigham Young University, is the daughter of Dr. and Mrs. Howard C. Ellis.

David Osborne, who plans to major in English Literature at Harvard University, is the son of Dr. and Mrs. Robert W. Osborne.

ART AUCTION '72

Linda and Judy and their committees are formulating plans for the art auction; date, place and time. It will be a gay event on the second Friday in November and we all look forward to a fun evening. Save your money.

PROGRAM

We had an executive meeting the past week in order to exploit plans for next year's program. Ginny Hansen, our program chairman, is busy contacting speakers and Dolores Havlina, social chairman, is arranging for homes and luncheons. This is quite a toast. We think we have an entertaining and fun program planned and we look forward to your participation in the fall.

Have a safe summer.

—NORMA SMITH

Poison Center Information Calls

Month of May, 1972:

Total calls 406. From doctors and hospital 27, from community agencies 29, from others 350.

Age distribution: Under 18 months 39, 18 mos. to 3 yrs. 135, 3 & 4 year olds 67, 5 & 6 year olds 19, 7 through 13 years 23, over 13 years 63, no age given 60.

Substances taken: Under 5 Years & total:

Medicinal 83, 25; Aspirin 12, 5; Birth Control 2, 1; Prescription Drugs 35, 13; Patent Medicines 34, 6;

Household Products:

Bleaches 5, 2; Ammonia 3, 1; Detergents 6, 2; Other 27, 7.

Petroleum Products 22, 11; Insecticides, Pesticides and Rodenticides 6, 8; Cosmetics 20, 4; Plants and Berries 26, 16; Food Inquiries 2, 27; Insect, Snake and Animal Bites 5, 8; Miscellaneous 40, 41.



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FIRST JOINT STAFF MEETING PACKS HALL WITH 182 PHYSICIANS

Would you believe 182 (one hundred and eighty-two!) Tacoma physicians at a hospital staff meeting? In recent years, no "routine" hospital staff or Medical Society meeting has drawn that many physicians into a single gathering.

That is, not until the evening of June 6, 1972, when the first joint staff meeting in Tacoma's history was held at Jackson Hall. It was the first official trial run of a new venture to make fewer meetings for busy doctors to attend, and all agreed it was a great success.

Not only did the joint meeting of the staffs of St. Joseph's, Tacoma General and Mary Bridge Children's Hospital draw a record crowd, it also produced way above-average attendance for the individual staff meetings. For example, the percentage staff attendance at Tacoma General staff meetings in 1971 varied from 55 to 67 per cent, the latter being at the December meeting, when doctors are urged to come in to preserve their staff memberships. At the now-famous June 6 meeting, attendance for Tacoma General alone

jumped to a whopping 82 per cent. How about *that*, accreditation fans!

Similar jumps in attendance were experienced by the other two hospital staffs. The June 6th attendance for Mary Bridge was 81, with 9 excused, compared to MBCH's March meeting when 44 attended, with 38 excused!

Meetings Brief

Even though the scientific program that followed was somewhat lengthy, the three hospital business meetings were brief, taking only about 40 minutes total for all three. The staff presidents took turns presiding for their respective staffs — Jim Schneller for Mary Bridge, Wayne Zimmerman for St. Joseph's, Dudley Houtz for Tacoma General. Committee reports were the shortest ever—some of them less than three words!

"Shorten Visiting Hours!"

The longest discussion and most specific action of the evening followed Jim Vadheim's pitch for abandoning the new all-day visiting hours and returning to more restricted schedule, to make the day more restful for patients and permit more efficient action by doctors and nurses. Several doctors supported this issue during the discussion and there was approval of the motion by a near-unanimous vote. Actually, the medical staff did not have the specific authority to change visiting hours, but the action is to be carried to the administrations as a recommendation.

On the last vote of the evening, there was no doubt about the doctors' opinion on the principle of joint staff meetings. When asked to vote whether or not they like the idea, the "Aye's" had it—**UNANIMOUSLY!**

—S.W.T.

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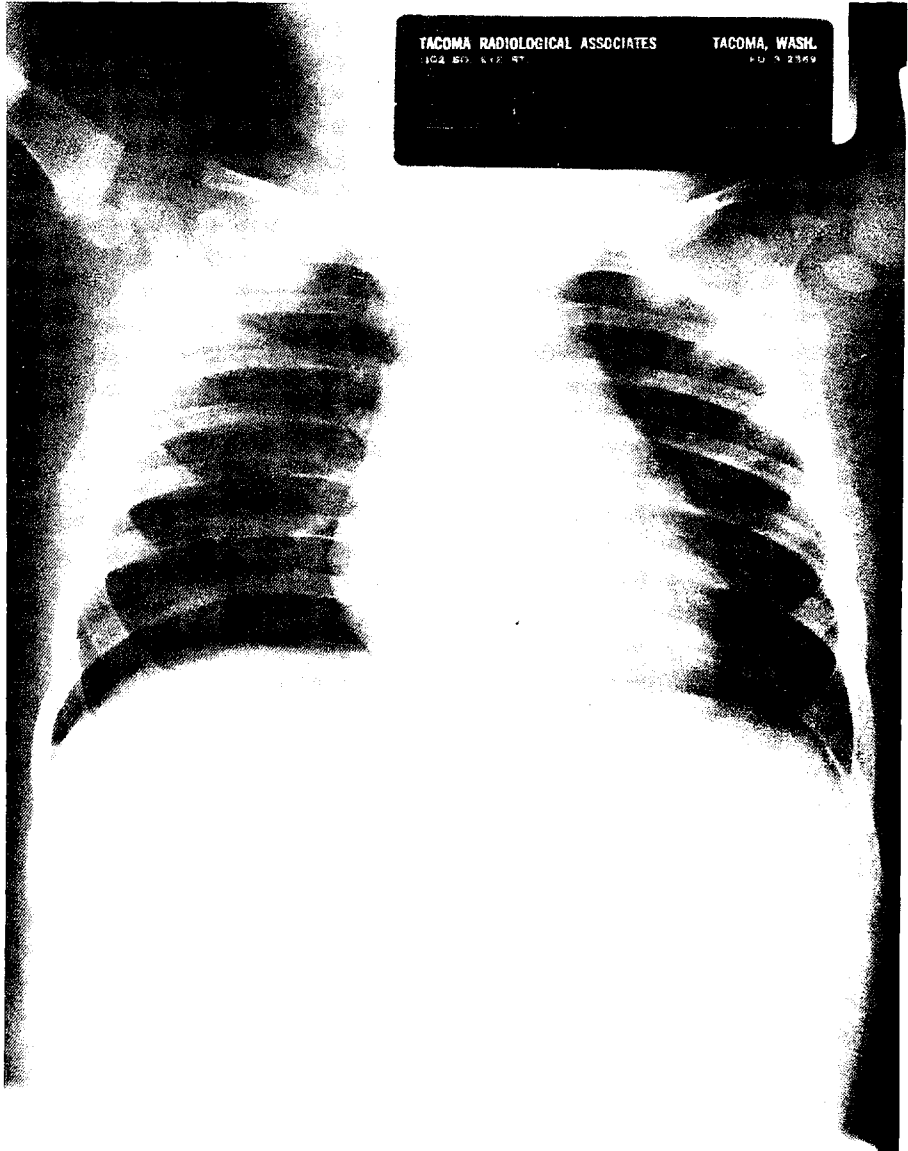
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For Appointments

CASE OF THE MONTH

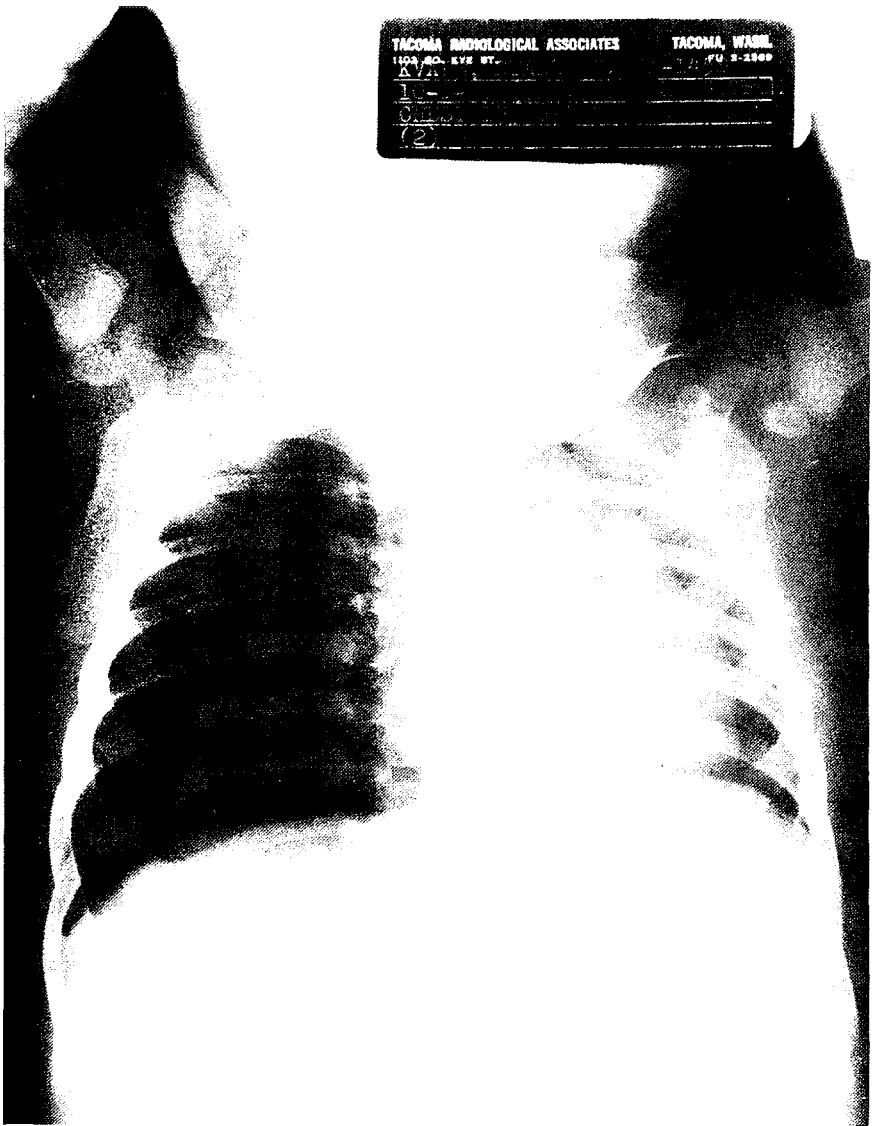
GEORGE R. BARNES, JR., M.D.

HISTORY:

Six month old female with sudden onset of cough. Inspiration and expiration and inspiration and expiration films of the chest should always be requested.



INSPIRATION



EXPIRATION

Denouement

This is an easy one and obviously is a non-opaque foreign body obstructing the right mainstem bronchus. Please note how completely normal the inspiration film appears. The abnormality could easily have been missed if the expiration film had not been requested. This is a good example of the importance of the clinical history in relation to many radiographic examinations. When looking for an aspirated foreign body, both inspiration and expiration films of the chest should be requested.

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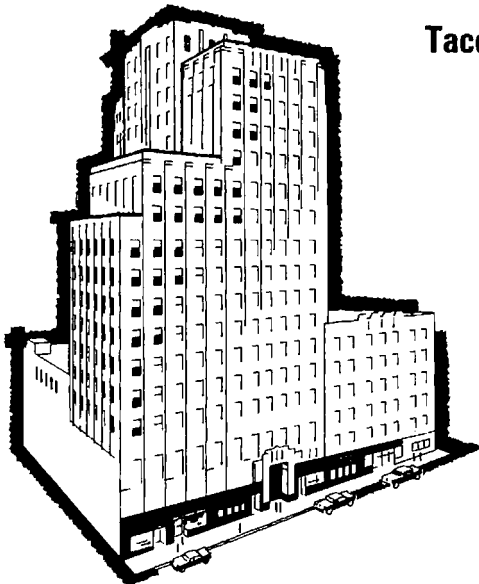
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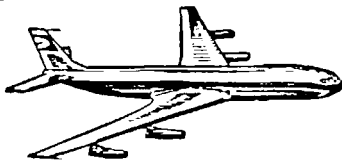
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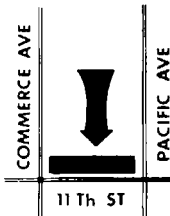
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MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, July and Oct.—
6:15 p.m. Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept. Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF PUGET SOUND HOSPITAL
2nd Monday of February, May, August, November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC
ASSOC.—First Monday of October, December, February,
April and June.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and
August—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m.
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and
August
- PIERCE COUNTY PEDIATRIC SOCIETY
First Monday of each month except June, July and
August—6:30 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Monday of March, June, September, December—
7:00 a.m. at Allenmore Hospital
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- TACOMA OB-GYN SOCIETY
3rd or 4th Tues. of Jan., March, May, Sept., Nov.

The

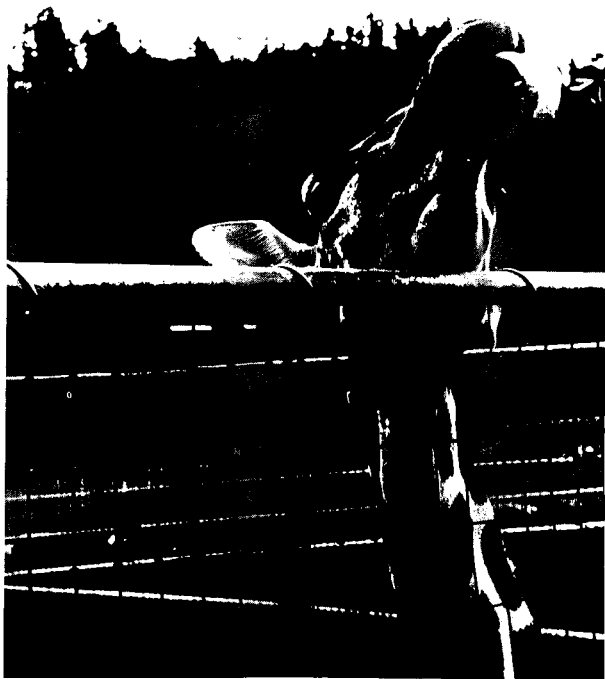
PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

SEPTEMBER 1972

TACOMA, WASHINGTON

VOL. XLIII—NO. 8



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
SEPTEMBER 12**

Pierce County Medical Society

1972

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W. Ben Blackett, Editor
Stanley W. Tuell, David S. Hopkins



COVER PICTURE courtesy of Dr. Glenn
 McBride

President's Page

It is September again and all of the usual commiseration about the passing of summer and years is in order. I hope it has been a pleasant summer for all of you.



September brings again the resumption of meetings in the hospitals and on committees as well as those of your Society. All of the different professional organizations again will start their activities and continuing medical education goes into high gear. I am sure that the average time spent by most physicians in all of these meetings and duties and committees is a staggering amount. An attempt is being made to lessen some of this load by consolidation and coordination between groups and hospitals and this is very worthwhile.

Many things continue to happen in medicine and both political parties will have as one of their main platform goals some sort of comprehensive national health plan. This will have to be implemented in the Congress, but I am sure that some form of universal health plan will be proposed, and acted on, in one way or another.

It behooves us as individual physicians and as responsible citizens to be very involved in this whole problem. One of the important ways to make our thoughts known is through the action of the Washington State Medical Association, of which we are all members. The annual meeting September 17, 18, 19, and 20, in Seattle offers an opportunity for everyone to be heard and for everyone to present and record his viewpoints on many crucial issues. To those of you who are delegates from this Society, I urge that you make plans to be present at every session. Both regular and alternate delegates are encouraged to attend all of the meetings, even though only a certain number may vote as representatives of this component society.

The Pierce County Medical Society has the honor to have Dr. Stanley Tuell as Speaker of the House of Delegates.

At our first meeting this September 12, we will discuss matters to be considered and we hope that you will attend in order to instruct your delegates of your wishes and what action they should take. I hope that a goodly number of you will be able to attend the meeting in Seattle to partake of the scientific meetings and social events as well as the official business meetings.

This is a time when we need all of our best efforts and thought and we need yours, especially.

—LESTER S. BASKIN.

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Editorially Speaking

Monthly Medical Society meeting attendance has averaged about 20% over the last two years. This is perhaps not bad for "just another meeting to make". But recently there have been matters involving basic changes in the way we practice that have required Medical Society action. A good example is the application for a federal grant which was considered at the March 28, 1972 meeting.



The trustees of the Society want to insure the most complete communication possible so that the Society as a whole will be able to direct basic policy. In order to promote this communication, the *Bulletin* will continue to report the many significant decisions of the trustees and will publish information on upcoming matters prior to their formal consideration.

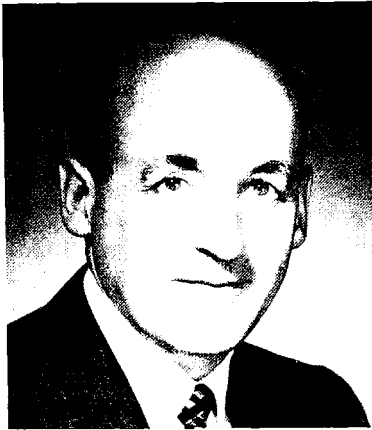
More than this is required, however, for optimum functioning. Medical Society meeting attendance should be higher.

Perhaps the meetings should be at a different hour or day. Perhaps they should be more brief. Since there is often an exodus during and before the "program" portion of the meetings, perhaps the program should be discontinued. This might lead to a brief business meeting and (usually) early adjournment. Possibly some meetings should be cancelled if there is insufficient business. (No one cares to contrive a meeting if there isn't any business that can't wait.)

The *Bulletin* is soliciting your thoughts so that the Society meetings can better deserve your time. Suggestions will be published in Letters to the Editor.

—W. BEN BLACKETT, M.D.

JCAH Surveyors Are "Good Guys"; Here's What They Said



"No more abbreviations on the front sheet!" So, said Dr. St. Pierre repeatedly during the Joint Commission on Accreditation of Hospitals survey of several Tacoma Hospitals during the last week of July. "CDH" may mean "congenital dislocated hip" to all the orthopedic physicians in town, but when I polled 5 other members of the Mary Bridge medical staff concerning the meaning of those initials, they scored a big, fat zero!

Dr. St. Pierre proved to be a non-abrasive and reasonable man, and as in the example above, there were usually logical grounds for his constructive criticisms. Culled from my notes on his summations at three different hospitals, the following are some other random but significant comments from Dr. St. Pierre. (Medical Records committees, staff officers, etc., please note!)

"Only approved abbreviations in the body of the chart." "LMD, SOB," or even "XYZ" may be used in the history, physical or progress notes, but only if they have been approved as acceptable

abbreviations by vote of the medical staff of the hospital.

"'Signed but not read' is meaningless over a signature." At least one physician in town puts those four words over his signature at the bottom of dictated notes, apparently to disclaim responsibility for typographical or transcription errors in the context. "It won't work," says Dr. St. Pierre. He compared it to signing a check. If your office girl writes your checks and adds on a hundred bucks by mistake, and you sign it, you're stuck for it. You couldn't make the bank pay for the loss by saying you didn't read the check first.

"15 days to finish charts." All by-laws must specify a 15-day limit for finishing up charts after discharge of the patient—a tougher restriction than is now in effect.

"History and physical on the chart within 48 hours of admission." Stragglers may as well get used to this one. However, a note that the H&P have been dictated is acceptable, assuming the transcription comes through in reasonable time.

"History and physical on every chart before patient goes to surgery." We already look good on this one!—thanks to coordinated efforts of committees at all hospitals last September.

"Discharge summaries — yes!! We may as well quit reciting our reasons for opposing discharge summaries — we're stuck with this concept. However, they should not be overly complex. Dr. St. Pierre pointed out some four-line summaries on routine cases that he thought were perfectly adequate. The physician need not fill in each item in the summary outline furnished by the hospital, if it isn't significant.

"Quarterly staff meetings are o.k." Not only that, but the surveyor ap-

(Continued on Page 7)

(Continued from Page 6)

proved our recent efforts at joint meetings of several hospital staffs. There's one possible catch—quarterly meetings are o.k. only for *departmentalized* hospitals, meaning that it's assumed they have monthly departmental meetings. If a hospital is not departmentalized, it still must have monthly staff meetings.

"Nurses are good guys." Those aren't the exact words of Dr. St. Pierre and his fellow-surveyor, Mr. Moore, but they implied as much by repeatedly praising the high quality of nurses' notes and the efficiency and alertness of the head nurses on the various floors.

The following are my words: Dr. St. Pierre and Mr. Moore were good guys."

—S.W.T.

Proposed Amendment To the By-Laws

Chapter I, Section 3 (a)

Now reads:

Amount of Dues. The annual dues of the Society shall be Forty dollars (\$40.00), plus the Washington State Medical Association dues which are Ninety-seven dollars (\$97.00) and Ten Dollars (\$10.00) for the Nurses' Scholarship Fund. The annual dues of the American Medical Association are Seventy dollars (\$70.00) and are payable through the Secretary-Treasurer of the Pierce County Medical Society.

Be amended to read:

Amount of Dues: The annual dues of the Society shall be Fifty dollars (\$50.00), plus the Washington State Medical Association dues which are One Hundred Twenty-seven Dollars (\$127.00) and Ten dollars (\$10.00) to cover any special unbudgeted expenditures the Society shall deem as necessary for the current year. The annual dues of the American Medical Association are One Hundred and Ten Dollars (\$110.00) and are payable through the Secretary-Treasurer of the Pierce County Medical Society.

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Letters to the Editor

Dear Sirs:

I am a foreign medical graduate and immigrated to the U.S.A. a few years ago. Because I am without E.C.F.M.G. certification, I am not able to take the intern or residency training. But I desperately need a job to make a living. If there is anyone in Pierce County who can help me find a position, it would be most appreciated.

Previously under exchange visa, I had an A.M.A. approved straight internship in Ob-Gyn and two years' residency in Pathology. I also have had some surgical assistant experience.

YING LING CHEN,
Phone: 531-4053

Gentlemen:

On the 10th of November, the Memorial Fund established for Dr. Eddie Yoder of Tacoma will open the first in a series of presentations by outstanding international surgeons.

In cooperation with St. Joseph Hospital, the committee has obtained the services of Dr. Charles Rob of Rochester, New York. This internationally renowned vascular surgeon will be in Tacoma for a day of discussions in his field of interest as well as a presentation dealing with his views on the future of clinic practice of surgery. When formal arrangements, including ours, and specific subjects are available, we will forward them to you with a copy of Dr. Rob's curriculum vitae.

Our purpose of writing at this early a date is to request your announcement to interested individuals in your community so that they might plan to join us for this day.

Sincerely,

—JAMES G. BILLINGSLEY, M.D.

UGN Needs Your Help

The 1972-1973 Pierce County United Way Campaign will soon be underway. September 19 through November 10 has been designated as the active fund drive period. The Pierce County Medical Society will again be a participant.

As your president-elect, one of my responsibilities is the coordination of this drive of the physicians and surgeons segment within the professional group category chaired by Attorney Robert L. Rovai of Tacoma.

Whether the solicitation for this very worthwhile and necessary annual fund raising campaign will be done mainly by mail or by direct contact by one of our colleagues, together with information through the mail, I would like to ask each of you to start giving serious consideration to the degree of your personal participation this year.

The physicians as a group have been fairly generous over the past years, as the records will show, but I am confident that we can do much better. So when you receive a solicitation from our United Way Committee, or a visitation from one of our colleagues requesting participation in the United Way of Giving, please have the courtesy to read the letter or listen to the needs and be ever grateful that we are in the position to assist these worthwhile local programs in whatever level we feel able.

Thank you in advance for your kind attention to this request.

—JOHN M. KANDA, M.D.

HAVE YOU PAID YOUR AMPAC DUES?

AMA Prexy Here For WSMA Meetings; Full Program Ready

Headlining the program at the 83rd annual meeting of the Washington State Medical Association this month in Seattle will be Dr. Carl A. Hoffman, President of the American Medical Association. Dr. Hoffman will be featured speaker at the annual Family Banquet on Sunday evening, September 17.

The Family Banquet is the only dinner at the convention for all WSMA members and their guests. Dr. Hoffman recently made an extensive tour of Europe and has promised an address that will be of interest to all.

The scientific program at the meeting, to be held again this year at the Olympic Hotel, will feature a large variety of scientific papers and panel discussions all day Monday and Tuesday and until noon on Wednesday. Over 100 Washington State physicians will be appearing on the program, along with 8 guest speakers.

Special Courses Offered

Though advance registration is not required for the meeting, there are three special courses which do require registering in advance, although no fee is required. The three courses are on the subjects of electrocardiography, fluid balance, and the management of acute respiratory insufficiency. For all three courses, the first session will be held at 8:30 Monday morning, Sept. 18, with further sessions on the following mornings. All members have been mailed advance registration forms.

Pierce County Ready

Pierce County will have its full quota of 7 delegates on hand for the two sessions of the House of Delegates, according to Society President Les Baskin. Numerous significant medical-social, political, scientific and economic issues that relate to the practice of med-

icine will be discussed and acted upon by the House of Delegates. First session will be at 1:30 p.m. on Sunday, September 17, and the real working, decision-making session starts 10:00 a.m. on Wednesday, the 20th.

Pierce County's delegates are Les Baskin, George Gilman, Ken Graham, Herman Judd, John Kanda, John May and Ron Spangler. Alternate delegates are Jim Blankenship, Tom Clark, John Comfort, Dick Huish, John Kemman, Herb Kennedy and Dave Millett. Also serving in the House by virtue of being Trustees of the State Association will be Jim Hazelrigg and Del Lambing. Stan Tuell will preside as Speaker of the House.

Golf and tennis tournaments will again be held this year, with appropriate prizes and stag banquet. (See separate story.)

Poison Information Center Calls for July

Total Calls, 472; from doctors and hospitals, 27; from community agencies, 16; from others, 419.

Age Distribution:

Under 18 months, 71; 18 mos. to 3 yrs., 151; 3 & 4 yr. olds, 68; 5 & 6 yr. olds, 21; 7 to 13 yr. olds, 23; 13 thru 19 yrs., 15; over 19 yrs., 64; no age given, 59.

Substances Taken:

(Under 5 Yrs., Total):

Medicinal, 86, 126; Aspirin, 6, 10; Birth Control, 1, 4; Prescription Drugs, 43, 72; Patent Medicines, 36, 40.

Household Products, 27, 44; Bleaches, 3, 5; Ammonia, 2, 3; Detergents, 3, 3; Other, 19, 23.

Petroleum Products, 15, 27; Insecticides, Pesticides and Rodenticides, 9, 23; Cosmetics, 39, 47; Plants and Berries, 58, 88; Food Inquiries, 4, 22; Insect, Snake and Animal Bites, 4, 22; Miscellaneous, 46, 83.

Letters to the Editor

I have been requested by the President of the Washington State Medical Association to appoint six or more members from this county who would serve on a District Advisory Committee with reference to reviewing claims and the insurability of Washington State Association members through the Professional Liability Insurance Program.

Members of these committees will be volunteers who serve without remuneration, will give their time and effort for the benefit of specialties and should, where possible, be from general practice, anesthesiology, general surgery, orthopedics, internal medicine, radiology, obstetrics, gynecology.

If you are interested in serving on this committee, would you please get in touch with me?

—LESTER S. BASKIN, M.D.

for an evening a month should contact the clinic between 4 and 9 p.m. at MA 7-9182.

Following is the call schedule for September:

- 1: Dr. West
- 4: Labor Day
- 5: Dr. Hauser
- 6: Dr. Marlatt
- 7: Dr. Vadheim
- 8: Dr. Wilhyde
- 11: Dr. Smeall
- 12: Dr. Bergstrom
- 13: Dr. Vadheim
- 14: Dr. Whitacre
- 15: Dr. Boyd
- 18: Dr. Hess
- 19: Dr. Blankenship
- 20: Dr. Manetti
- 21: Dr. Houtz
- 22: Dr. Betteridge
- 25: Dr. Harrelson
- 26: Dr. Graham
- 27: Dr. Amore
- 28: Dr. Joerns
- 29: Dr. Barronian

FAMILY HEALTH CLINIC OPENS

The Family Clinic, a division of the Tacoma Ambulatory Care Corporation, opened its doors on May 15, 1972. The Clinic is located on the first floor of the St. Joseph's Hospital student nurses home. Through August 15 there have been a total of 716 patient visits. The operation is presently funded by contributions from Tacoma General, St. Joseph's and Mary Bridge Children's Hospitals and is staffed almost completely by volunteers.

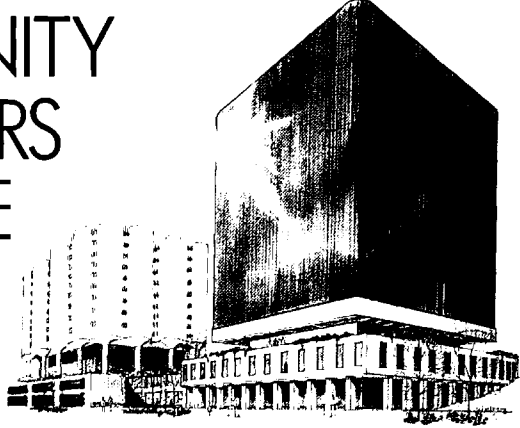
The Ambulatory Care Corporation and patients particularly want to thank the physicians without whose help the clinic could not exist. Help is always needed and physicians desiring to work

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Tuesday, September 12

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**DISCUSSION OF ISSUES TO COME BEFORE
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Social Hour: 6:00

Dinner: 6:45

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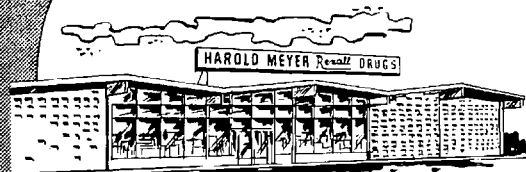
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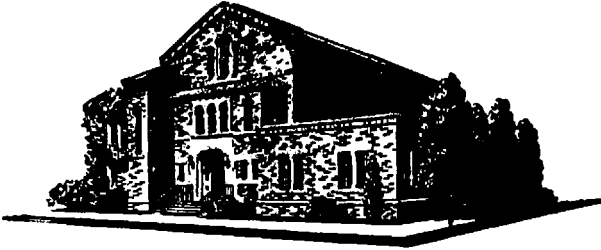
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September Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Tumor Board 7 a.m.—Allenmore Good Sam. Med. Ed.—8 a.m.	2
4 Mary Bridge Cardiac Conf. 5:30 p.m. Tacoma Orthopedic Society—6 p.m. P. C. Pediatric Soc.—6:30 p.m.	5 C.P.C. of Mary Bridge 8 a.m. Staff of Tacoma General— 6:30 p.m.	6	7 Gastrointestinal Conference— St. Joseph's 8:15 a.m.	8 Tumor Board 7 a.m.—Allenmore Neurology Conf. TGH—8:15 a.m. Good Sam. Med. Ed.—8 a.m.	9
11 Mary Bridge Cardiac Conf. 5:30 p.m. Staff of Good Samaritan 6:30 p.m.	12 C.P.C. of Mary Bridge 8 a.m. PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M. Grand Rounds Lakewood Gen. 12:30 p.m.	13 Staff of Lakewood General 6:30 a.m.	14 Pulmonary Conf. St. Joseph's 8:15 a.m. St. Joseph's Trauma Conf.— 7 a.m.	15 Tumor Board 7 a.m.—Allenmore Cardiology Conf. TGH—8:15 a.m. Good Sam. Med. Ed.—8 a.m.	16
18 Staff of Allenmore Hospital 7 a.m. Mary Bridge Cardiac Conf. 5:30 p.m. Staff of St. Joseph's 7:30 p.m.	19 C.P.C. of Mary Bridge 8 a.m. Tacoma Surgical Club 6:30 p.m.	20	21 Renal Conference St. Joseph's 8:15 a.m.	22 Tumor Board 7 a.m.—Allenmore Spec. Serv. Conf. TGH—8:15 a.m. Good Sam. Med. Ed.—8 a.m.	23
25 Mary Bridge Cardiac Conf. 5:30 p.m. P.C. Chapter AAGP—6:30 p.m.	26 C.P.C. of Mary Bridge 8 a.m. Tacoma Acad. of Internal Medicine 6:30 p.m.	27	28 C.P.C. of St. Joseph's 8:15 a.m.	29 Tumor Board 7 a.m.—Allenmore Good Sam Med. Ed.—8 a.m.	30

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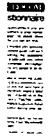
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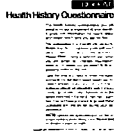
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IN REPLY TO THE TELEPHONE

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September Birthdays

- 4 Myra Vozenilek
 6 John S. May
 8 James Duffy
 10 Arthur J. Ozolin
 Max Thomas
 11 Charles Bogue
 Lloyd C. Elmer
 Marion Larsen
 Michael Lovezzola
 Gordon Parrott
 Daniel J. Thomas
 12 Myron Bass
 13 Eldon C. Blizard
 Robert O. Brettell
 16 Francis W. Hennings
 23 William H. Morrison
 Thomas H. Skrinar
 24 Walter Herron
 Henry Slominsky
 Walter Sobba
 26 Wouter Bosch
 Carl Ekman
 27 Arnold Johansson
 Stanley A. Mueller, Jr.

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WOMAN'S AUXILIARY PAGE . . .

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Treasurer.....	Mrs. Arthur P. Wickstrom (Dee)
Dues Treasurer.....	Mrs. Robert C. Johnson (Betty)

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Community Health.....	Mrs. George A. Moosey (June)
Finance & Pierce County Health Council.....	Mrs. Philip Grenley (Dorothy)
Legislative.....	Mrs. Jack J. Erickson (Phyllis)
Nominating.....	Mrs. Herbert C. Kennedy (Nadine)
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Publicity—Bulletin.....	Mrs. Robert Burt (Lorna)

STANDING COMMITTEES

Publicity—Newspaper.....	Mrs. Duncan T. Baer (Marilyn)
Speakers Bureau.....	Mrs. Harold B. Johnston (Mary)
Student Recognition and Awards.....	Mrs. Robt. M. Ferguson (Donna)
Telephone.....	Mrs. Charles D. Prewitt (Donna)
	Mrs. Wayne Bergstrom (Reta)
	Mrs. Dale Hinz (Sharon)
Cookbook.....	Mrs. George Tanbara (Kimi)
Today's Health.....	Mrs. John A. Kennedy (Nancy)
	Mrs. William Ritchie (Marjorie)
Art Auction.....	Mrs. David L. Be Miller (Linda)
	Mrs. Max W. Brachvogel (Judy)
Representative, Council on Mental Health.....	Mrs. Jay H. Ehly (Vivian)
Representative—Poison Prevention Committee.....	Mrs. Marcel Malden (Jean)
Assistant to Membership.....	

SEPTEMBER RESOLUTIONS

Shakespeare said, "Do not, for one repulse, forego the purpose that you resolved to effect." And with such a stern recinder, let's all resolve this September to GO.

GO TO BOARD MEETING

Our new President, Norma Smith, has announced that there will be a full Board Meeting, Friday, September 15th, at 9:30 a.m. in the Doctors' Room at Allenmore Medical Center. Everyone on the Board is expected to attend.

GO TO STATE CONVENTION

The annual meeting of the Women's Auxiliary to the Washington State Medical Association will be held this year September 17th through the 20th at the Washington Athletic Club in Seattle.

You are all invited to attend the reception and banquet Sunday evening and participate in golf, tennis and an underground Seattle tour on Monday. Most important, however, is to attend the general assembly and meeting on Tuesday, including the luncheon honoring past State Presidents. At this time, Mrs. Robert F. Beckley, our national president, will address the luncheon group.

Pierce County Medical Auxiliary is very proud of its three members, Jeanne Judd, Kathleen Skriner and Dorothy Maier, who have served on the State Board over the past several years. Another one of our members, JoAnn Johnson, has been proposed as the new Southwest Regional Vice President by the nominating committee and it is hoped we will have a large turnout of members from Pierce County to support her.

Delegates who will be attending are Nadine Kennedy, Norma Smith, Toni Bourne, Kathleen Skriner, Jean Judd, Dorothy Maier and Lois Stilwell. Anyone interested in being a delegate or alternate please contact Norma Smith, JU 4-7721, as we need a few more and it is hoped that Pierce County will be able to take its complete complement of delegates to the convention.

GO TO COFFEE HOUR

There will be a coffee hour for new members Friday, September 22, from

(Continued on Page 20)

(Continued from Page 19)

11:00 a.m. to 2:00 p.m. at the home of Alice Hilger, 7907 North 7th Street.

Toni Bourne, Co-Chairman of the event, invites everyone in Auxiliary to come and bring friends and neighbors to preview the large assortment of beautiful Christmas cards, stationery, note cards and invitations that she will have on display. All proceeds go to our A.M.A.E.R.F. fund. The wristwatches that many members were interested in last year may be purchased at the Coffee Hour also, provided they arrive in time.

GO TO THE POLLS

"Go to the Polls and Vote" our legislative chairman, Phyllis Erickson, reminds us. Phyllis is a very busy gal these days with the primaries coming up as she is running for Position 2, 2nd District, as State Representative.

Her depth of experience in local government from working on school problems to taking an active role in legislative and government activities such as her in-depth study of taxation, qualifies her to do the kind of job in Olympia that we expect. We can be sure that, if elected, she will most certainly look after the interests of doctors!

GO MARK YOUR CALENDAR

Mark your calendar now to attend the aforementioned September happenings and while you are at it, put down the Art Function which will be held this year on Friday, November 10, at Bellarmine. The preview will be from 7:00 to 9:00 p.m. and the auction starts at 9:00 p.m.

Let's go!

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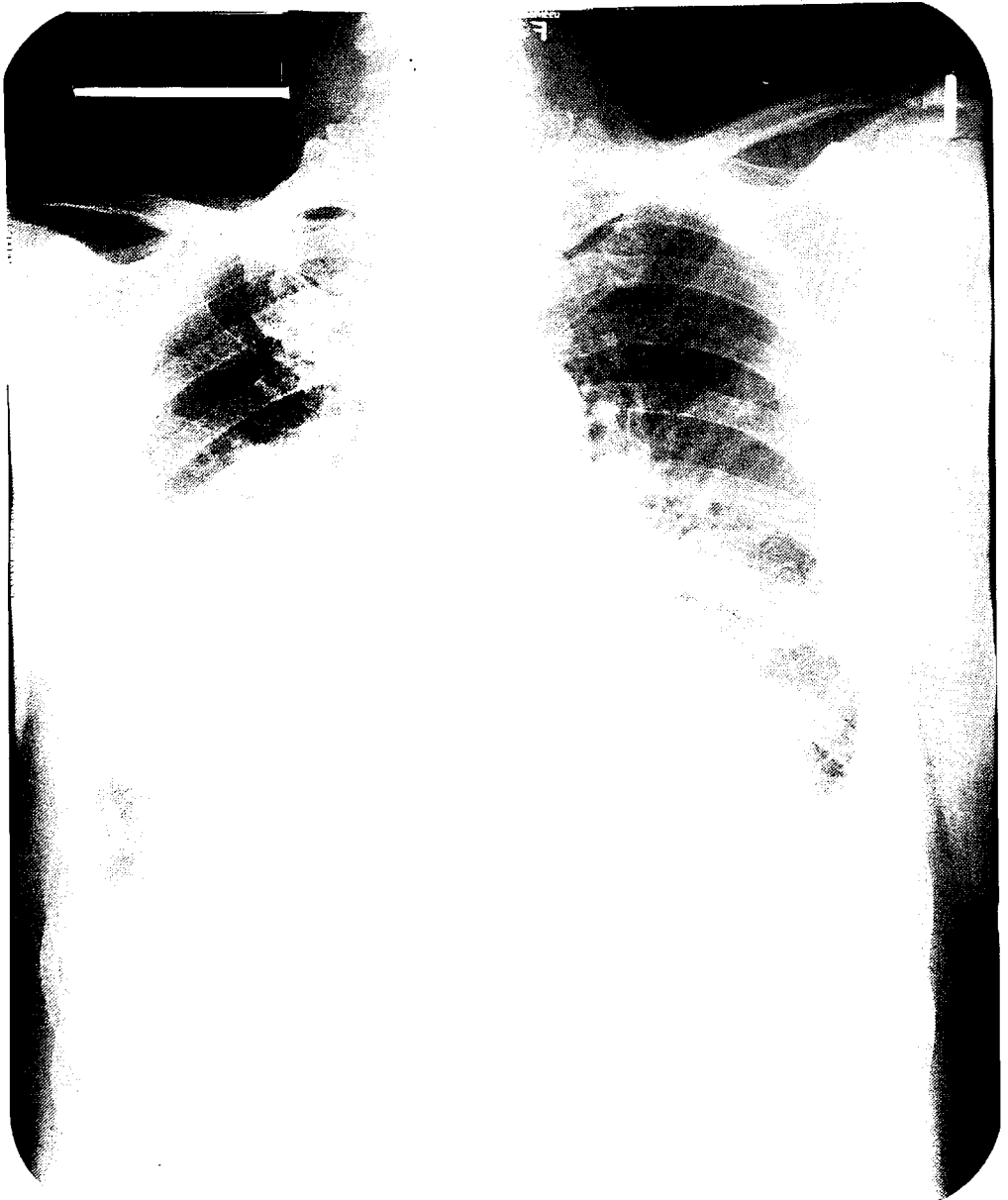
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CASE OF THE MONTH

GEORGE R. BARNES, JR., M.D.

This is a 68-year-old male with shortness of breath and orthopnea.

(See *Denouement*, Page 23)



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Mary Bridge Establishes New Fracture Registry

A Fracture Registry has been established at Mary Bridge Hospital as an information collection program to record all fractures seen by physicians in Pierce County in children under two years of age. Three cases were recorded in June.

Brief information collected by radiologists and physicians is referred to the Registry for tabulation and statistical analysis. Statistics are reviewed by a committee which is designated by the hospital Medical Staff Executive Committee. Specific information, indicating such things as multiple fractures occurring in one child on separate occasions, will be reported to the attending physician only.

Registry cards provide space for the name of the child; name of the parent or guardian; address; telephone number; date; birthdate of child; physician; diagnosis; and place X-rays are filed. These cards may be obtained from Mrs. Suzanne Seyler, R.N., Mary Bridge Hospital.

Denouement

Congestive failure with pseudo tumors on the right side. The tumor-like appearance is simply due to accumulation of fluid in the fissures of the right lung. With appropriate treatment these disappear completely within a few days. —GEORGE R. BARNES, M.D.

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Florence, Mueller To Take Part In WSMA Program

Two Tacoma orthopedic physicians will play roles on the scientific program at the annual meeting of the Washington State Medical Association to be held in Seattle at the Olympic Hotel September 16 to 20, 1972.

Dr. Stanley A. Mueller, Jr., will be a member of a panel discussing medical problems in sports and featuring the subject, "Everything You Wanted to Know About Knees But Were Afraid to Ask." On the panel with Dr. Mueller will be Drs. Harry H. Kretzler, Jr., and Ivar W. Birkeland, Jr., both of Seattle. Their presentation will be from 3:30 to 5:00 p.m. on Tuesday, Sept. 19, in the PacificEvergreen Room.

Dr. Robert W. Florence will present the first paper of the morning on Tuesday, Sept. 19, in the Williamsburg Room. His paper is entitled, "Importance of Early Detection and Treatment of Scoliosis."

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Golf and Tennis Events Set For 1972 WSMA Convention

If your game is hot this month—either golf or tennis—better head for Seattle on Monday, September 18, and see if you can come home with a prize. Golf and tennis tournaments will be held in conjunction with the 83rd annual meeting of the State Medical Association.

Golfers start teeing off at the Broadmoor Golf Club, 2340 Broadmoor Drive East, in Seattle, at 8:00 a.m. Although advance registration is not required, and all fees will be collected at the club, it would be helpful if golfers would send in the card all members received in the mail. If you can't find yours, send in a note (no money) to Dr. Charles G. Stipp (Chairman), 801 Broadway, Suite 511, Seattle, Washington 98122, and tell him your name, handicap (if any), the county you represent and whether or not you have your own foursome set up.

Tennis events will be men's singles, women's singles, and mixed doubles. Men's singles will start at the Seattle Tennis Club at 9:00 a.m., and women's singles at the same time at the Bellevue Racquets Club. Mixed doubles will begin at 12:00 noon at the Seattle Tennis Club. Advance registration is requested for the Tennis Tournament. If you lost your registration form, send in your name and address and \$8.00 (for singles; \$5.00 per person for doubles) to Dr. Walter C. Peterson, 1601 - 16th Ave., Seattle, Wash. 98122.

Meds Whip Lawyers At Golf; Tanbara Wins Tennis Debate

Undaunted by a clever "late-notification" legal maneuver by the lawyers of Pierce County, Tacoma doctor golfers invaded the Oakbrook Golf and Country Club on Friday, Aug. 11, to lead the physicians to victory over the barristers in the annual Doctor-Lawyer Field Day. Even though lawyer Stan King took low gross honors, Dr. Walt Sobba upheld the physicians' honor with low net.

In another maneuver that failed, the hosting lawyers tried a complicated scoring system involving the lowest five scorers in each class for each profession. Skill and talent won out, however, and the doctors were declared winners of the golf tournament.

Tennis—Who Won?

At the evening award dinner, Attorney Don McGavick announced that the lawyers had won the tennis tournament. After the round of boisterous applause by the attorneys died down, Dr. George Tanbara, court ace for the Medical Society, rose to present a more honest account of the tennis results—concluding of course that it was the doctors who had won the net tournament. When the rebuttals were all finished, no one was quite sure who had won the tennis tournament, but all present (all the doctors, anyway) agreed that Tanbara had won the debate.

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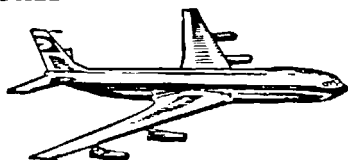
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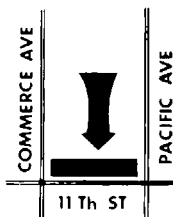
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With some tangible results. The media is growing more aware that there is a doctor's side to every story, that solutions to national health problems are not easy. And we have succeeded in getting more doctors on public programs to express the profession's point of view.

Things won't change overnight. But the AMA is working on it. Hard. And we need your support. Find out more about what the AMA is doing for you and the public. Send for the pamphlet, "The AMA and the American Doctor: Sharing a Common Goal." Write: Dept. DW, at the address below.

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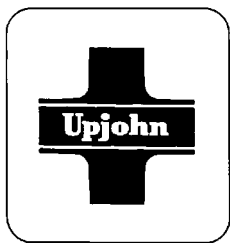
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pictures of our local
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needed for the

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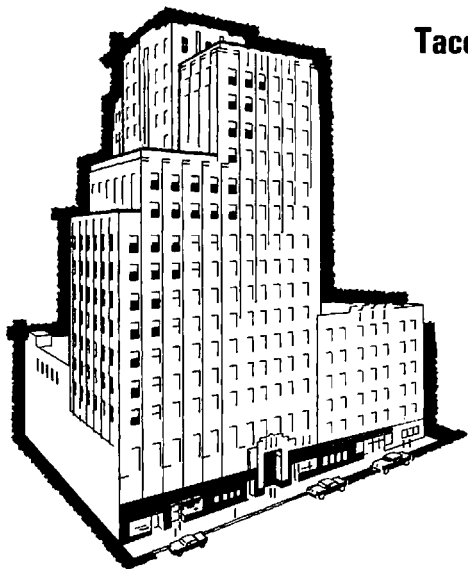
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MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, July and Oct.—
6:15 p.m. Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept. Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF PUGET SOUND HOSPITAL
2nd Monday of February, May, August, November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC
ASSOC.—First Monday of October, December, February,
April and June.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and
August—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m.
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and
August
- PIERCE COUNTY PEDIATRIC SOCIETY
First Monday of each month except June, July and
August—6:30 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Monday of March, June, September, December—
7:00 a.m. at Allenmore Hospital
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- TACOMA OB-GYN SOCIETY
3rd or 4th Tues. of Jan., March, May, Sept., Nov.

The

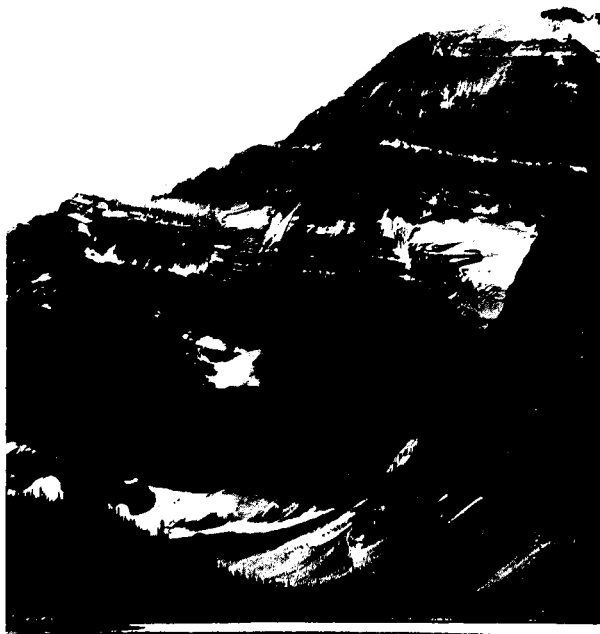
PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

OCTOBER 1972

TACOMA, WASHINGTON

VOL. XLIII—NO. 9



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
OCTOBER 10**

Pierce County Medical Society

1972

OFFICERS

President.....	Lester S. Baskin
President-elect.....	John M. Kanda
Vice President.....	W. Ben Blackett
Secy.-Treas.....	George A. Tanbara
Executive Secy.....	Judy Gordon

TRUSTEES

D. Theodore Baer	John R. Flynn
Lester S. Baskin	Ralph A. Johnson
W. Ben Blackett	John M. Kanda
John F. Comfort	John F. Kemman
James F. Early	John W. Liewer
Robert W. Florence	George A. Tanbara

DELEGATES

Lester S. Baskin	Herman S. Judd
George C. Gilman	John M. Kanda
Kenneth D. Graham	John S. May
	Ronald T. Spangler

ALTERNATE DELEGATES

James M. Blankenship	Richard E. Huish
Thomas H. Clark	John F. Kemman
John F. Comfort	Herbert C. Kennedy
	David W. Millett

Ethics

	G. M. Whitacre, Chairman
Murray L. Johnson	Edmund A. Kanar

Grievance

	Robert W. Florence, Chairman
Robert M. Ferguson	Wayne W. Zimmerman

Credentials

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Theodore Apa	R. A. Norton
Samuel E. Adams	Bernard R. Rowen
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	Dennis Waldron

Program

James R. Stilwell, Chairman

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Kenneth E. Gross, Chairman

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Television

Theodore J. Smith, Chairman

Civil Disaster

James G. Billingsley, Chairman

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William L. Rohner, Chairman

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Stanley W. Tuell, Chairman

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Jay Ehly, Chairman

School Health

Orvis A. Harrelson, Chairman

Poison Control

James L. Schneller, Chairman

Medical Education

Marcel Malden, Chairman
J. G. Katterhagen, George R. Barnes

Editorial Board

W. Ben Blackett, Editor
Stanley W. Tuell, David S. Hopkins



COVER PICTURE: Mt. Edith Cavell, Jasper National Park, Canadian Rockies
Named after an English nurse who was executed by the Germans during World War I.

Courtesy of Dr. D. G. Kohler.

President's Page

After a gestation period of nine months as president of the Pierce County Medical Society, I presume to discuss some urgent and important matters about the Society.



Our basic purpose and goals are those of the Washington State Medical Association.

"Activities designed to maintain and expand, through group action, the individual physician's capacity to provide high quality medical care to the maximum possible number of patients at reasonable cost."

In today's complex and changing society, the different aspects of a program to accomplish these goals are myriad. By the action of your elected officers and Board of Trustees and through committees we do try to accomplish these goals.

Continuing medical education is one of the prime objectives. The College of Medical Education has done a tremendous job by constructive action within the Society and among our members. Dr. Marcel Malden and his committee have spent countless hours arranging courses, planning them and publicizing them, and we in Pierce County have every reason to be proud of this very fine record. However, this is too big a job for us to expect busy practitioners to continue to supervise. As we go into peer review, this will become more important than ever.

It is an important function of the Pierce County Medical Society to answer questions from the public. We must be prepared and able to present to the press, television and radio our viewpoints on medical matters. As a beginning, your Board of Trustees was host, along with the Hospital Council of Pierce County, to members of the media, at a meeting to present our side of the problem and to "Meet the Press." We do need better public relations.

We have to be involved in promoting the interests of patients and physicians in the matter of legislation, both at legislative sessions, as well as working with interim legislative committees and in the matter of communication with government in health and medical matters.

I think that the Pierce County Medical Society is large enough now and our responsibilities and duties are so great that no doctor in an

(Continued on Page 4)

PRESIDENT'S PAGE

(Continued from Page 3)

active practice can adequately provide the direction and administrative ability to properly carry out these functions.

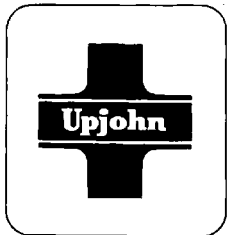
These are critical times in American medicine. I feel that the time has come when we should hire a trained specialist in public relations and particularly in medical education, and in administration, who would carry out these functions under the direction of the Society, its officers and trustees and committees. Such a person would have to be a paragon to fill this role. I am sure that such individuals are available. King County has one, Spokane County is in the process of planning for one, as we should be doing now.

After study and discussion, your Board of Trustees has recommended that I present this to you, the members of the Society, for your consideration.

This program will involve considerable expense, which will have to be met by the Society. More next month about this.

—LESTER S. BASKIN, M.D.

(To Be Continued)



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Editorially Speaking

During the recent annual meeting of the American Medical Association in San Francisco Dr. Phillip Thorek spoke about the physician's changing image and compared the God-like aura that surrounded his physician-father when he entered the sick room with the mistrust and 'Is this operation necessary?' feeling that greets the present day physician.



In a recent Harris poll which asks the question—"Would your doctor get off the golf course to save your life?"—48% of the people replied in the negative. This is obviously a miserable, loaded question which Dr. Thorek likened to asking "Does your daughter still have gonorrhoea?" or "Is your father still in jail?", but the results are none the less unsettling. It is difficult to imagine any doctor in Pierce County that would not get off the golf course to save a dying patient and probably if each doctor was able to ask each of his patients this question directly the results would have been quite different. Therein lies the crux of the problem and perhaps the solution.

We are not going to change the national image with public rebuttals and mass media propaganda. We are going to change it on a one to one relationship with the patient in our offices, in their homes, and in the hospitals. Buffeted on all sides by increasing rules and regulations, malpractice claims, welfarism, and a national tendency toward opportunism and noninvolvement, the physician is tempted to withdraw into himself, provide only what is necessary and say "I'm all right Jack".

This is not the answer. People still need help. They still need doctors and they would still like to feel that the doctor is a cut above the average. There is nothing quite so rewarding as ministering to these needs and it is available to us every day in our patients if we make the effort to find it. One grateful patient makes the "whips and scorns of time" bearable.

—DAVID S. HOPKINS, M.D.

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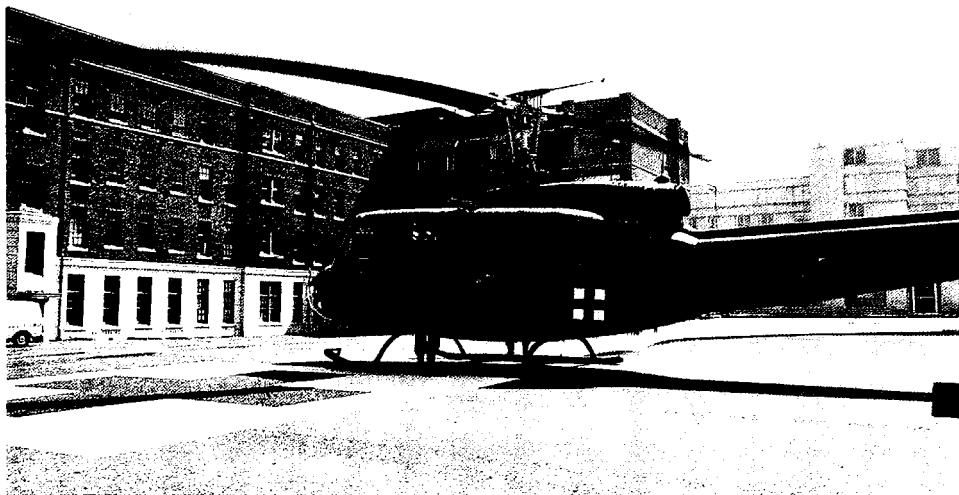
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Puget Sound Hospital Military Helicopter Service



Puget Sound Hospital will now be receiving patients by helicopter, according to Mrs. Gretchen Brezerich, Director of Nursing Services at the hospital.

Army helicopters from Fort Lewis will provide the service under the MAST program, Military Assistance to Safety and Traffic. It is an outgrowth of the Army's speedy medical evacuation techniques learned on the battlefields of Southeast Asia.

Helicopter evacuation has proven especially helpful in mountain climbing and hunting accidents, where the patient cannot normally be reached by ambulance.

The first "mission" flown into Puget Sound Hospital was an emergency patient from Anderson Island. Normally the emergency run would require an hour by ferry and ambulance. The helicopter trip requires less than ten minutes.

Puget Sound Hospital designated an area near the emergency room as a helipad. The open field at the south end of the hospital can also be used.

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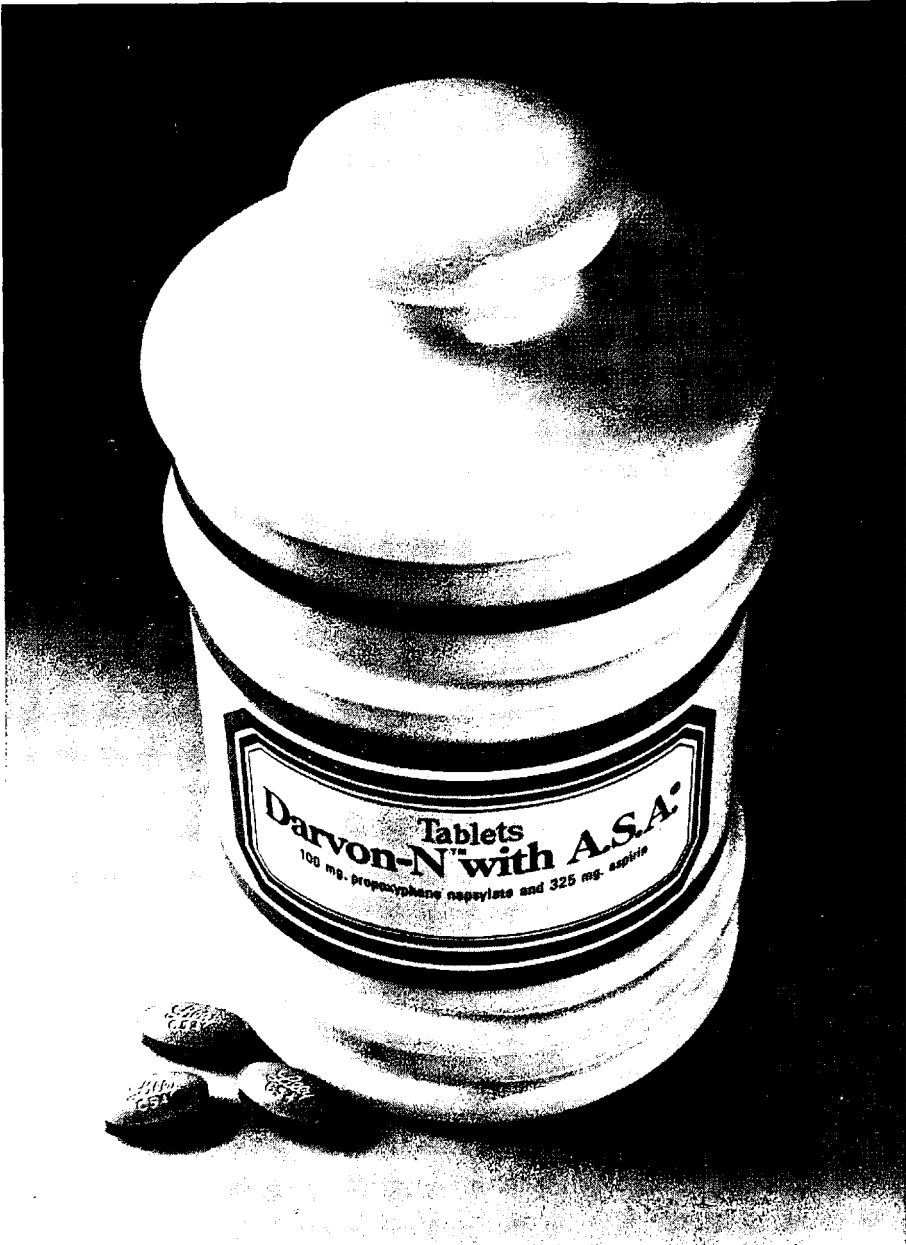
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Society Meeting Hears Pending Legislation

The September 12, 1972, Pierce County Medical Society meeting began with a movie and presentation by Mr. Mellon, co-chairman of the United Way (formerly the UGN Fund.)

The following physicians were presented at their first reading of credentials: Dr. Robert F. Kapelowitz (sponsors, Drs. M. J. Wicks and Thomas Elder); Dr. William C. Knittel (sponsors, Dr. Charles H. Denzler); Dr. Arthur J. Ozolin (sponsors, Drs. Galen Hoover and Wouter Bosch); Dr. Chester R. F. Poole (sponsors, Drs. Edward Barth and Charles Bogue); Dr. Bruce Stevensen, Drs. Thomas McDonnell and Robert Costleigh; Dr. Jerome S. Weingarten (sponsors, Drs. T. R. Haley and Ray Lyle).

The second reading of the following Society applicants was made and all were then voted into membership: Drs. Bryson Ahlers, Harry Capell, Donald Carlyle, Walter Herron, Carlo Manetti, John McGowen, Richard Ohme, Kathryn Scott, and Henry Slominski.

The remainder of the meeting consisted of a presentation by the County Society representatives to the State Medical Society meeting. This was a brief overview of pending legislation and other matters to be considered by the State Association.

The list of representatives follows: Drs. L. S. Baskin, George C. Gilman, Kenneth D. Graham, Herman S. Judd, John M. Kanda, John S. May, Ronald Spangler; alternate delegates, James Blankenship, Thomas Clark, John Comfort, Richard Huish, John Kemman, Herbert Kennedy and David Millett.

Dr. Herman Judd made a plea for physicians attending the meeting to visit the committee meetings in addition to the scientific sessions.

Trustees Consider Executive Director

The Pierce County Medical Society trustees met September 12 (the first meeting after the summer non-meeting months.)

The printers are no longer willing to print the physicians' directory on the same basis as in previous years. The Board felt that this directory is valuable and should be continued. Several options are available:

1. This can be totally financed by the Society and contain no advertising.
2. Advertising can be continued but must be arranged for by the Society.
3. It may be possible to charge for the directories rather than distribute them free.

Dr. Flynn is going to contact advertisers and consider the financial effects of these options. Hopefully a new directory will be out by the first of the new year.

Applications referred by the Credentials Committee were approved.

Dr. Baskin presented his recommendations for a full-time executive director for the Society. This would facilitate and improve handling of public relations, continuing medical education and executive detail if the right individual could be found. This was approved in principle and will be presented subsequently at a Society meeting.

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New Members



Bryson V. Ahlers
General Practice
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Home, 8300 Phillips Rd. S.W.



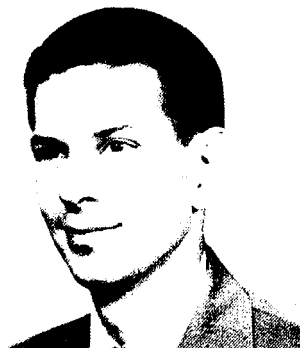
Donald A. Carlyle
Radiology
Office, Western Clinic
Home, 7620 North St., S.W.



Carlo C. Manetti
Anesthesiology
Office, Allenmore Medical Center
Home, 12929 True Lane



Richard K. Ohme
Urology
Office, Allenmore Medical Center
Home, 1210 Berkeley Ave.



Henry F. Slominski
General Practice
Office, E. R. Doctors Group
Home, 1211 Palm Drive

New Members



Walter R. Herron
Public Health
Office, County-City Bldg.
Home, Rt. 1, Box 81
Lakebay



John H. McGowen
Dermatology
Office, 5900 - 100th St. S.W.
Home, 10043 N.E. 27th St.
Bellevue

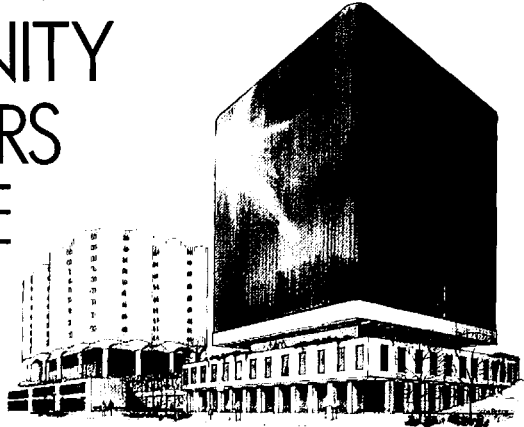


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- Going on periodic drinking bouts.
- Losing time from work.
- Protecting and hiding liquor supplies.
- Drinking alone in the morning or before breakfast.
- Getting the "shakes" and "butterflies" and finding liquor mediates them.
- Finding it takes less alcohol to get drunk. (less tolerance to the drug, probably due to brain damage).
- Experiencing delirium tremens, (D.T.s).
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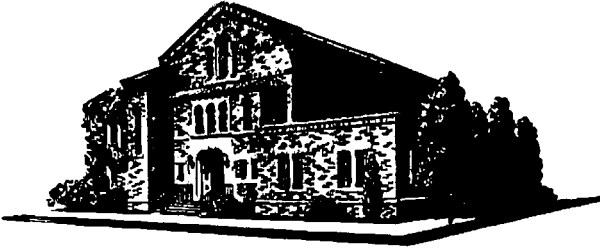
HAROLD MEYER DRUGS

HAROLD MEYER
PRESCRIPTIONS

October Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7
Mary Bridge Cardiac Conf. 5:30 p.m. Tacoma Orthopedic Society—6 p.m. P. C. Pediatric Soc.—6:30 p.m.		Surg. Conf. TGH—8 a.m.	Gastrointestinal Conference St. Joseph's 8:15 a.m.	Tumor Board 7 a.m.—Allentown Hematology- Oncology Conf. TGH—8:15 a.m. C.P.C. of Good Samaritan Good Sam. Med. Ed.—8 a.m.	
9	10	11	12	13	14
Mary Bridge Cardiac Conf. 5:30 p.m.	C.P.C. of Mary Bridge 8 a.m. PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M.	OB-GYN Conf. TGH—8 a.m.	Pulmonary Conf. St. Joseph's 8:15 a.m. St. Joseph's Trauma Conf. 7 a.m.	Tumor Board 7 a.m.—Allentown Neurology Conf. TGH—8:15 a.m. C.P.C. of Good Samaritan Good Sam. Med. Ed.—8 a.m.	
16	17	18	19	20	21
Mary Bridge Cardiac Conf. 5:30 p.m.	C.P.C. of Mary Bridge 8 a.m. Tacoma Surgical Club 6:30 p.m.	Medicine Conf. TGH—8 a.m.	Renal Conference St. Joseph's 8:15 a.m.	Tumor Board 7 a.m.—Allentown Cardiology Conf. TGH—8:15 a.m. C.P.C. of Good Samaritan Good Sam. Med. Ed.—8 a.m.	
23	24	25	26	27	28
Mary Bridge Cardiac Conf. 5:30 p.m. P.C. Chapter AAGP—6:30 p.m.	C.P.C. of Mary Bridge 8 a.m. Tacoma Acad. of Internal Medicine 6:30 p.m.	Path. Conf. TGH—8 a.m.	C.P.C. of St. Joseph's 8:15 a.m.	Tumor Board 7 a.m.—Allentown Joint Services Conf.—8:15 a.m. C.P.C. of Good Samaritan Good Sam. Med. Ed.—8 a.m.	
30	31				
Mary Bridge Cardiac Conf. 5:30 p.m.					

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Contraindications: Pre-existing elevated serum potassium. Hypersensitivity to either component. Continued use in progressive renal or hepatic dysfunction or developing hyperkalemia.

Warnings: Do not use dietary potassium supplements or potassium salts unless hypokalemia develops or dietary potassium intake is markedly impaired. Enteric-coated potassium salts may cause small bowel stenosis with or without ulceration. Hyperkalemia (>5.4 mEq/L) has been reported in 4% of patients under 60 years, in 12% of patients over 60 years, and in less than 8% of patients overall. Rarely, cases have been associated with cardiac irregularities. Accordingly, check serum potassium during therapy, particularly in patients with suspected or confirmed renal insufficiency (e.g., elderly or diabetics). If hyperkalemia develops, substitute a thiazide alone. If spironolactone is used concomitantly with 'Dyazide', check serum potassium frequently—both can cause potassium retention and sometimes hyperkalemia. Two deaths have been reported in patients on such combined therapy (in one, recommended dosage was exceeded; in the other, serum electrolytes were not properly monitored). Observe patients on 'Dyazide' regularly for possible blood dyscrasias, liver damage or other idiosyncratic reactions. Blood dyscrasias have been reported in patients receiving Dyrenium (triamterene, SK&F). Rarely, leukopenia, thrombocytopenia, agranulocytosis, and aplastic anemia have been reported with the thiazides. Watch for signs of impending coma in acutely ill cirrhotics. Thiazides are reported to cross the placental barrier and appear in breast milk.

This may result in fetal or neonatal hyperbilirubinemia, thrombocytopenia, altered carbohydrate metabolism and possibly other adverse reactions that have occurred in the adult. When used during pregnancy or in women who might bear children, weigh potential benefits against possible hazards to fetus.

Precautions: Do periodic serum electrolyte and BUN determinations. Do periodic hematologic studies in cirrhotics with splenomegaly. Antihypertensive effects may be enhanced in postsympathectomy patients. The following may occur: hyperuricemia and gout, reversible nitrogen retention, decreasing alkali reserve with possible metabolic acidosis, hyperglycemia and glycosuria (diabetic insulin requirements may be altered), digitalis intoxication (in hypokalemia). Use cautiously in surgical patients. Concomitant use with antihypertensive agents may result in an additive hypotensive effect.

Adverse Reactions: Muscle cramps, weakness, dizziness, headache, dry mouth; anaphylaxis; rash, urticaria, photosensitivity, purpura, other dermatological conditions; nausea and vomiting (may indicate electrolyte imbalance), diarrhea, constipation, other gastrointestinal disturbances. Rarely, necrotizing vasculitis, paresthesias, icterus, pancreatitis, and xanthopsia have occurred with thiazides alone.

Supplied: Bottles of 100 capsules.

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October Birthdays

- 2 Dudley Houtz
Graham Watkins
- 3 Lester S. Baskin
M. R. Hosie
- 4 E. R. Anderson
Arnold J. Herrmann
- 5 J. Robert Brooke
David F. Dye
Thomas B. Lawley
Kenneth Gross
- 7 Howard Boyd
Haskel Maier
Richard Rich
- 9 Ernst Baur
- 10 Donald Nevitt
John Pelley
Dewey Stephens
- 11 Myron Kass
Carlo Manetti
Jerome Weingarten
- 12 Robert Kallsen
- 13 G. W. Bischoff
Sumiho Wada
- 14 Robert G. Bond
James McNerthney
- 15 Harold Mayer
- 16 Murray Johnson
- 17 S. L. Sheimo
C. B. Ritchie
- 19 Marvin L. Bourne
David Hellyer
Vincent Murphy
- 20 Dumont Staatz
- 21 Buel L. Sever
- 22 James K. Symonds
- 23 H. A. Anderson
Terrance Tisdale
- 24 Giulio di Furia
- 25 Charles McGill
- 28 Ray L. Miller
- 31 John Kemman
John Srail

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WOMAN'S AUXILIARY PAGE . . .

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Art Auction.....	Mrs. William Ritchie (Marjorie) Mrs. David L. Be Miller (Linda)
Mental Health Com. Chrmn.....	Mrs. Max Brachvogel (Judy) Mrs. Jay H. Ehly (Vivian)
Hospitality Chairman.....	Mrs. Marcel Malden (Jean)
TACC Representative.....	Mrs. J. G. Katterhagen

FALL LUNCHEON

Friday, Oct. 20th, 1972
12:00 Noon

Hostess: Mrs. W. B. Blackett
4366 North Lexington

Program: Lois Miller of Portland, Oregon, member of the National Legislative Board, will speak on Medical Legislation.

It is that time of the year when we look forward to the Fall meeting of Pierce County Medical Auxiliary — to greet old friends and make new acquaintances. This year there are 22 new, prospective members. Let's give them a big welcome!

ART SHOW AND AUCTION

EVERYONE is invited to attend the annual art show and auction presented by the Pierce County Medical Auxiliary, Friday, November 10th in the student lounge at Bellarmine Highschool.

Come early and preview the art collection between 6:30 and 8:30 P.M. There will be hors d'oeuvres and a no-host bar. The auction will begin following the preview cocktail hour.

This exhibition and auction is arranged by the Robert Sills Gallery, Los Angeles, California: It is our only major fund raising project so do help support it.

Marilyn Baer and Ellie Barnes are in charge of food and would appreciate a call if you can furnish hors d'oeuvres for the affair. Call either LO 4-6374 or LO 4-1685.

A.M.A.E.R.F.

Lona LaTona, AMAERF Chairman, is busy with the annual Christmas projects. She reminds us that she has Christmas cards, notepaper, stationery and 50th Anniversary gift items this year such as wristwatches for sale. These will be on display at the October meeting.

As Toni Bourne, last year's chairman, put it, "in the wink of an eye Christmas will be here," so Pierce County Medical Auxiliary is again asking your support of their AMERF Christmas card project. For those who are new, AMERF (American Medical Association Education and Research

(Continued on Page 20)

(Continued from Page 19)

Foundation) provides financial assistance to medical schools and the betterment of public health through scientific and medical research.

Pierce County Medical Auxiliary offers you the service of addressing and mailing for you a special Christmas card, designed by Toni Bourne, to all the members of the Pierce County Medical Society and their families. The card lists the names of contributors to AMAERF. A record of your contribution is kept only for accounting purposes and is confidential; it is also tax deductible and may be designated for any medical school you wish. The amount of your contribution is determined by you; no contribution is too large; no contribution is too small; and each contribution is sincerely appreciated and will be acknowledged by the AMAERF chairman.

Your tax deductible check should be made out to Pierce County Medical Auxiliary — AMAERF and sent to the address below before the deadline of November 15, 1972.

Mrs. Joseph H. LaTona
7405 90th Ave. S.W.
Tacoma, Washington 98498

DUES ARE DUE

Betty Johnson reminds us that dues are due and can be sent now or paid at the October 20th meeting at which time the new membership books will be distributed to those who have paid.

BOARD MEETING OCTOBER 25TH

There will be an open Board meeting with the State Officers on October 25th at the home of Mrs. Herbert C. Kennedy, 4117 Madrona Way.

The meeting will begin promptly at 10:00 a.m. with a luncheon following at noon. Mrs. Beryl Jean Kennedy of Ephrata, Washington, President of the

(Continued on Page 23)



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(Continued from Page 20)

Washington State Medical Auxiliary, will speak to the group concerning the national topic, "Health Education Is The Key."

ANNOUNCEMENTS

T.A.C.C.

Anne Katterhagen, Representative to Tacoma Ambulatory Care Center announced that twenty volunteer physicians from P.C.M.S. are donating time three nights a week and are seeing an average of fifteen to twenty patients per night at the center.

TODAY'S HEALTH

Nancy Kennedy was happy to announce at the last Board meeting that Pierce County Medical Auxiliary is sending 190 gift subscriptions this year to schools throughout Pierce County.

BULLETIN

Your Bulletin chairman, Lorna Burt, wishes to notify Board members and committee chairmen to please get their Bulletin news to her either by mail or by telephoning JU 4-1813 on or before the 15th of each month. Thank you.

Pierce County Health Council Approves First Year Planning Grant

In September, 1972, a \$95,000 HMO planning grant was approved for Mr. Robert Heusers. A second year development grant is to be considered soon.

The Facilities Review Committee recommended that a certificate of need be granted to Tacoma General Hospital for a nursing tower and for replacement of non-conforming beds with space for additional beds.

The committee anticipates applications for Certificates of Need from these hospitals: Mary Bridge Children's Hospital, St. Joseph Hospital, and Allenmore Hospital.

PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, October 10

Medical Arts Building
Auditorium

PROGRAM - - - 8:15 P.M.

**"UTILIZATION REVIEW
- - IT WORKS OR ELSE"**

Dr. H. W. Flemming

Medical Consultant of
Health Insurance Benefits

Social Hour: 6:00
Dinner: 6:45

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Are There Too Many Physicians?

"Production and Distribution of Surgeons and Physicians" is the subject of the 23rd Annual Strauss Lecture which will be presented by Francis Daniels Moore on November 3, 1972 in Health Sciences Auditorium at the University of Washington School of Medicine.

Dr. Moore has been Moseley Professor of Surgery at Harvard Medical School and Surgeon-in-Chief, Peter Bent Brigham Hospital in Boston since 1948. He is author or co-author of approximately 400 articles, chapters, or books in the fields of gastrointestinal surgery, isotope dilution in study of body composition, metabolic aspects of surgical care, tissue transplantation, several aspects of education and research, and problems in quality and delivery of surgical care. Many of his publications and his Strauss Lecture reflect his concern, as well as that of many in the profession today, that our medical education and patient care keep up with changing times and attitudes. We welcome this distinguished surgeon and are honored by his acceptance of the 23rd Annual Strauss Lectureship.

County Sends Strong Delegation to WSMA; May Elected Trustee

Led by Society President Les Baskin, Pierce County delegates showed

WANTED INVESTORS

Clinical physicians working primarily in the area of welfare and medicine to invest and practice in a proposed East Side medical clinic. If interested, contact JIM LUCAS, FORRESTER REALTY AND MTG. CO., BR. 2-9353.

up in full force for the final working session of the WSMA House of Delegates at the Olympic Hotel in Seattle on Wednesday, September 20.

Delegates were Drs. Les Baskin, George Gilman, Kenneth Graham, Herman Judd, John Kanda, John May and Ronald Spangler. Alternates as well were available and many were present for the Pierce County caucus which was held at 7:00 a.m. on the day of the final session. Besides all of the delegates, the caucus included Drs. James Blankenship, Thomas Clark, Richard Huish, Herbert Kennedy, John Kemman, along with the regular members of the Board of Trustees, Hazelrigg and Tuell.

At the afternoon session of the House of Delegates, Dr. John May was elected to the Board of Trustees of the State Association.

Denouement

TOXIC MEGACOLON

Secondary to severe ulcerative colitis. Note pseudopolyps and massive dilatation.

DR. JAMES KENNEY

"MOST UNUSUAL" Cases Wanted

Do you have a most unusual case? Please write this up in an interesting and/or amusing way.

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Left to right: Dr. Baskin, president, Pierce County Medical Society; Tim Harn, master of ceremonies, (St. Joseph's Hospital); Fred Pritchard, president, Pierce County Health Council.



Partners in communication was the theme of a dinner co-sponsored by the Pierce County Medical Society and Pierce County Hospital Council for members of the local press corps on Wednesday, September 6 at the new Fort Lewis Officers Club. More than 40 persons attended the event which was planned by PR spokesmen for ten hospitals in Pierce County.

Members of the press, representing radio, TV and daily and weekly newspapers, were asked about problems they encountered when they contacted hospitals and physicians for news. The

following points were brought out in the discussion.

1. Trust and confidence between the hospitals/physicians and the press corps must be enhanced. Members of the press stated they were not interested in revealing or printing news given to them in confidence when it was to the detriment of the patient or the patient's family.

2. The daily newspaper has assigned Howard Ferguson to cover the medical/hospital beat. Both the daily newspaper and weekly publications want more human interest stories.

3. Newspapers will make every effort to publish public service announcements, i.e., changes in clinic hours, visiting hours or parking. Releases containing this type of information should be labeled public service.

4. Many radio stations want *all* news releases, even those not written in radio format.

5. Members of the press want to be involved in community planning for such circumstances as disasters. They were interested in community meetings such as the Emergency Medical Services meeting which is open to the public.

6. Physicians voiced the opinion that there was a communication gap between physicians and press and that they were interested in overcoming this. A committee to work out the ethical release of information and suggested press relationships was suggested as a possible solution.

7. The 1968 guidelines for release of information need to be revised. Separate procedures which would go into effect during a disaster must be written and distributed to the press as well as hospitals and physicians.

A directory containing the name of the PR spokesman for each hospital in Pierce County, name of the hospital and telephone number where he could be reached was distributed to the press.

I Can't Believe I Ate

Southern Puget Sound Dietetic Association is co-sponsor with the Washington State Heart Association of a lecture series "I Can't Believe I Ate". This series is for families and individuals who need to modify the normal diet to cope with cardiac problems.

Wednesday, Nov. 1, 1972—"Wishful Shrinking". This covers calorie reduction of the diet.

Wednesday, Nov. 8, 1972—"Eat to Your Heart's Content". This covers Fat Modification in diet.

Wednesday, Nov. 15, 1972—"Savor Without Salt". This covers Sodium Modifications in diet.

Further information and registration forms can be obtained from Pierce County Heart Association or Tacoma Community College, where the series will be held.

McBride Carries Tacoma's Banner At Art Exhibit

Low in quantity—high in quality. That describes Tacoma's contribution to the annual physicians' art exhibit at the State Medical Association in Seattle in September. The only Tacoman represented was Dr. Glenn McBride, perennial contributor, whose three large black and white portrait photographs attracted much attention.

Missing from the exhibit were the names of such Pierce County artists as Schwind, Zimmerman, Kanar, Gross and others whose works have drawn much comment in previous years.

A central feature of the exhibit was a large display in memory of Dr. Edmund H. Smith, who died recently, but who chairmanned the event for many years and was a talented artist himself. Many of his works were on display.

Poison Information Center Calls for August

Total Calls, 554; from doctors and hospitals, 40; from community agencies, 18; from others, 496.

Age Distribution:

Under 18 months, 60; 18 mos. to 3 yrs., 158; 3 & 4 year olds, 95; 5 & 6 year olds, 31; 7 thru 13 years, 41; 13 thru 20 years, 15; Over 20 years, 76; no age given, 78.

Substances Taken:

(Under 5 Yrs., Total):

Medicinal, 106, 156; Aspirin, 11, 16; Birth Control, 5, 5; Prescription Drugs, 41, 78; Patent Medicines, 49, 57.

Household Products, 29, 48; Bleaches, 5, 11; Ammonia, 0, 0; Detergents, 7, 9; Other, 17, 28.

Petroleum Products, 25, 36; Insecticides, Pesticides and Rodenticides, 5, 15; Cosmetics, 26, 32; Plants and Berries, 58, 116; Food Inquiries, 8, 31; Insect, Snake and Animal Bites, 11, 37; Miscellaneous, 45, 38.

Galbraith, Adams, Whitacre Place High In WSMA Golf Meet

A strong Tacoma contingent showed up at Broadmoor Golf Course in Seattle on Monday, Sept. 18, to carry away numerous honors in the Washington State Medical Association annual golf tournament.

Charlie Galbraith took first place for low net with a 66, with Sam Adams awarded 2nd place in the same category with a 68. Marsh Whitacre took 2nd place in low gross with a 76, though overshadowed by an ex-collegiate star who burned up the course with a 67! That was Dr. Jack Lamey of Seattle.

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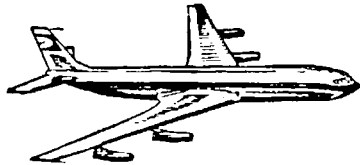
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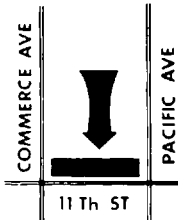
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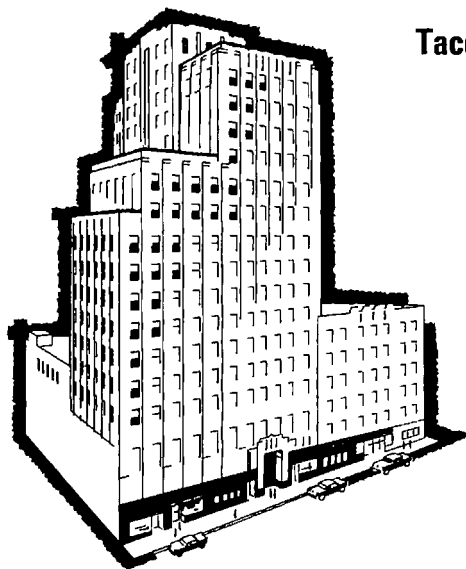
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MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, July and Oct.—
6:15 p.m. Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept. Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF PUGET SOUND HOSPITAL
2nd Monday of February, May, August, November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC
ASSOC.—First Monday of October, December, February,
April and June.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and
August—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m.
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and
August
- PIERCE COUNTY PEDIATRIC SOCIETY
First Monday of each month except June, July and
August—6:30 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Monday of March, June, September, December—
7:00 a.m. at Allenmore Hospital
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- TACOMA OB-GYN SOCIETY
3rd or 4th Tues. of Jan., March, May, Sept., Nov.

The

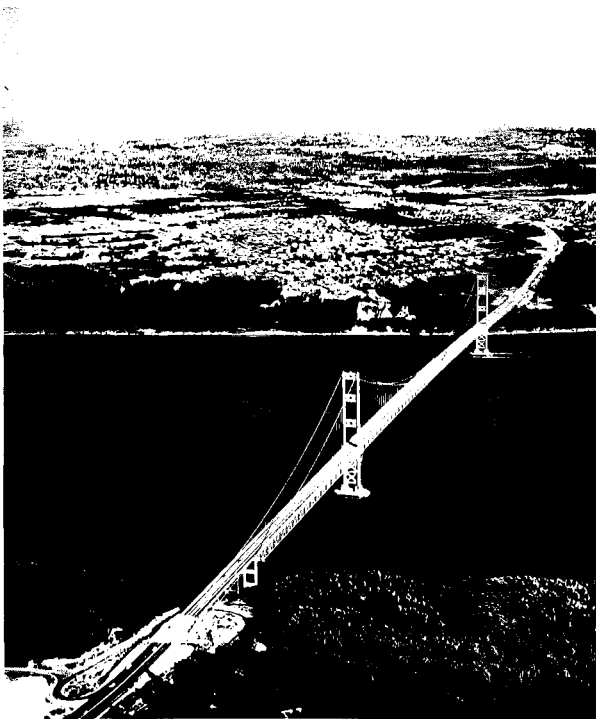
PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

NOVEMBER 1972

TACOMA, WASHINGTON

VOL. XLIII—NO. 10



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
NOVEMBER 14**

Pierce County Medical Society

1972

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President..... Lester S. Baskin
 President-elect..... John M. Kanda
 Vice President..... W. Ben Blackett
 Secy.-Treas..... George A. Tanbara
 Executive Secy..... Judy Gordon

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John F. Comfort	John F. Kemman
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Robert W. Florence	George A. Tanbara

DELEGATES

Lester S. Baskin	Herman S. Judd
George C. Gilman	John M. Kanda
Kenneth D. Graham	John S. May
Ronald T. Spangler	

ALTERNATE DELEGATES

James M. Blankenship	Richard E. Huish
Thomas H. Clark	John F. Kemman
John F. Comfort	Herbert C. Kennedy
David W. Millett	

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G. M. Whitacre, Chairman	
Murray L. Johnson	Edmund A. Kanar

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Robert M. Ferguson	Wayne W. Zimmerman

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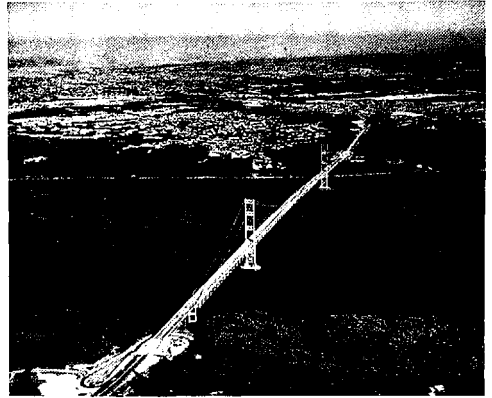
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Medical Education

Marcel Malden, Chairman	
J. G. Katterhagen	George R. Barnes

Editorial Board

W. Ben Blackett, Editor	
Stanley W. Tuell	David S. Hopkins



COVER PICTURE: Tacoma Narrows Bridge with panoramic view of city and Mount Rainier in the background.

Courtesy of Washington State Highway Dept.

Photo by Forest and Whitmire Photography

"MOST UNUSUAL" Cases Wanted

Do you have a most unusual case? Please write this up in an interesting and/or amusing way. An award to the winner.

President's Page

In last month's Bulletin I outlined the three main areas in which a fulltime, trained executive would function in the Pierce County Medical Society. A detailed job description should be drawn up by the Board of

Trustees and would encompass at least three main fields that we described.

There are those who say we need a physician for this job, but I am confident that a person who is well trained in education and administration could fulfill this task well.



About half of his time would be devoted to the field of Medical Education. We must correlate the College of Medical Education with the hospital education program. I have spoken to the administrators of all the hospitals in Pierce County and they have assured me of their utmost cooperation. I have asked Regional Medical Program and they would be more than willing to help us in planning. There are grants available that might be obtained.

I would anticipate that over a fourth of this individual's time would be involved in public relations. It would be his responsibility to answer all questions and contacts with news media and matters of public relations and we would expect him furthermore to innovate some new approaches to this problem. He would be especially involved in cooperating with lay and professional groups in correlating our wishes and viewpoints regarding the constant pressure for change in health care delivery systems and other socio-economic problems.

The actual administration of the business of the Society would require some time and would be involved particularly in helping the officers and committees in the performance of their functions, by guidance, as well as by delegating as much as possible of their work to non-professional help.

I have entered into discussions with the Pierce County Dental Society as to the amount of work they would expect from our Society in the future. In the past we have been sending out their announcements and answering requests for information through the telephone service at the Pierce County Medical Society headquarters.

I am sure that there are activities of the Tacoma Surgical Club, the Tacoma Academy of Internal Medicine, and the Tacoma Academy of General Practitioners, the Orthopedic group and others who would be interested

(Continued on Page 4)

PRESIDENT'S PAGE

(Continued From Page 3)

in having the Society help with some of their administrative and publicity problems.

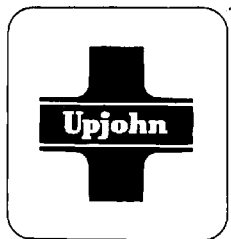
We have 350 active members in the Pierce County Medical Society who will in 1973 contribute \$60 each, a total of about \$20,000. The budget for 1972 is \$17,000. Except for the Bulletin, we are within our budget at this time.

We now pay \$60 in dues to the local Society and \$127.00 to the State Society. By comparison chiropractic and naturopathic dues for the State and local society are \$250, plus assessments each year of at least this amount. Dues paid by doctors of osteopathy are \$300, including State level. Dues paid to the Dental Society are \$170.00.

I would anticipate that to have such an executive and to run our Society in an appropriate manner would mean an additional assessment of about \$100 a year per member. This could be reduced by any funds that could be obtained through grants and through cooperative action of other groups.

I urge that you consider it very carefully.

Lester S. Baskin, M.D.



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Editorially Speaking

The battle isn't over yet. It's the battle between W. & W. and the United States of America.

It's surprising how many doctors haven't even heard about the battle. If you haven't, better read on, because if you're interested in adequate dissemination of scientific literature you may even want to volunteer for the subsequent skirmishes that are sure to come.



W. & W. means the Williams and Wilkins Co., publishers of more than 30 scientific journals, including many specialty journals in various medical fields. Their opponent, in a legal action that shook the medical library world last February, is really YOU.

W. & W. went back 63 years to dig up the Copyright Act of 1909 and use it as grounds for a suit against the National Institutes of Health and the National Library of Medicine. They demanded compensation from the U. S. because the library had sent out some photocopies of some medical articles to some individual doctors — like you and me! They announced to all medical libraries around the country, including ours, in effect, "No more free circulation of medical knowledge by the photocopy route." At least not by the previous system. Under their new system, they would make more profit for W. & W. For example, they raised subscription rates to all medical libraries, plus requiring that all such libraries purchase a "reproduction license."

When Commissioner James Davis of the U. S. Court of Claims ruled in favor of W. & W. last February, neither he nor Williams & Wilkins were prepared for the barrage of thousands of letters from medical libraries and medical organizations across the U.S., including a forceful letter from our President, Dr. Les Baskin, making official protest from the Pierce County Medical Society.

W. & W. finally hollered "uncle." At least they backed down a little.

In a communication to all libraries dated Oct. 2, the company agreed to permit free photocopying for individual physicians, but stuck to their guns on raising subscription rates to libraries. They backed down temporarily on their demand for a 5-cents-per-page royalty for such copies sent between libraries — such as from the Regional Health Sciences Library in Seattle to the Tacoma General Hospital Library. But only temporarily.

They filled the communication with comments suggesting they are really "good guys," protesting that they really weren't out to make a "quick killing" and that they have a "sincere desire" to "serve the scientific community." The threat of a flood of subscription cancellations was obviously

(Continued on Page 6)

EDITORIALLY SPEAKING

a big factor in Williams & Wilkins sudden mellowing to a slightly less-selfish attitude.

Some other medical publishers, such as the New England Journal of Medicine and all the journals of the AMA, have strongly opposed the new policy of Williams and Wilkins and have announced that they will continue to freely permit photocopying and free dissemination of material from the pages of their publications.

Don't rush out and cancel your subscriptions to your publications from Williams & Wilkins - - - yet. But keep it in mind. It might be a necessary tactical maneuver sometime in the future.

S. W. T.

(Member, Advisory Committee,
Regional Health Sciences Library,
University of Washington.)

DOCTOR FRANK MADDISON, after forty-five years of active medical practice, has decided to retire as of December 31st.

It is with mixed emotions that I make the decision, but I feel that when one passes seventy it is time to re-evaluate yourself as it may relate to your patients and your associates; besides, I have not enjoyed the trend towards having to practice medicine defensively. My wife, Betty, and myself still enjoy good health and as long as we can both climb stairs will continue to reside at our usual residence, 4151 Madrona Way, not a really bad place to be considering that we are practically surrounded by doctors, lawyers, bankers and judges; so what can happen to you. I probably could use a plumber, but we can't afford one of those highly skilled professionals.

I think we both have a great many physically active things going for us, so we certainly don't figure on rusting-out.

I appreciate all the numberless courtesies I have received over the years; it has indeed been a most wonderful experience practicing medicine with such a wonderful bunch of doctors as this community is blessed with.

And so adios amigos.

Frank

IN MEMORIAM

On September 22, 1972 a very dear friend of mine passed away. Dr. Paul B. Smith was born on January 5, 1900. He graduated from the University of Cincinnati in 1924. He served his internship at Christ Hospital and his residency at Cincinnati General Hospital.



He practiced in East Chicago and Hammond, Indiana from 1927 until 1945. I was associated with him during the years of 1940 until 1943. During this period I had many opportunities to observe his tremendous ability as a surgeon. His technique was outstanding and as I assisted him I marveled at the ease with which he handled all phases of eye, ear, nose and throat surgery. During the great depression, prior to the antibiotic days, mastoid disease was prevalent and during the winter often reached epidemic proportions. Hospital care was expensive and often during these periods beds were full and surgery was needed. Paul tells of doing both single and double mastoidectomies on kitchen tables. Open ether was the anaesthetic and the assistant was usually a member of the family who didn't faint at the sight of blood. Experiences like this helped to make Paul at ease when working under great stress during any emergency. It was always a pleasant experience to assist him at any surgery.

Dr. Smith came to Tacoma in 1945. He took over Dr. Guy Griffith's practice in the Medical Arts Bldg. and remained in the same office until his retirement.

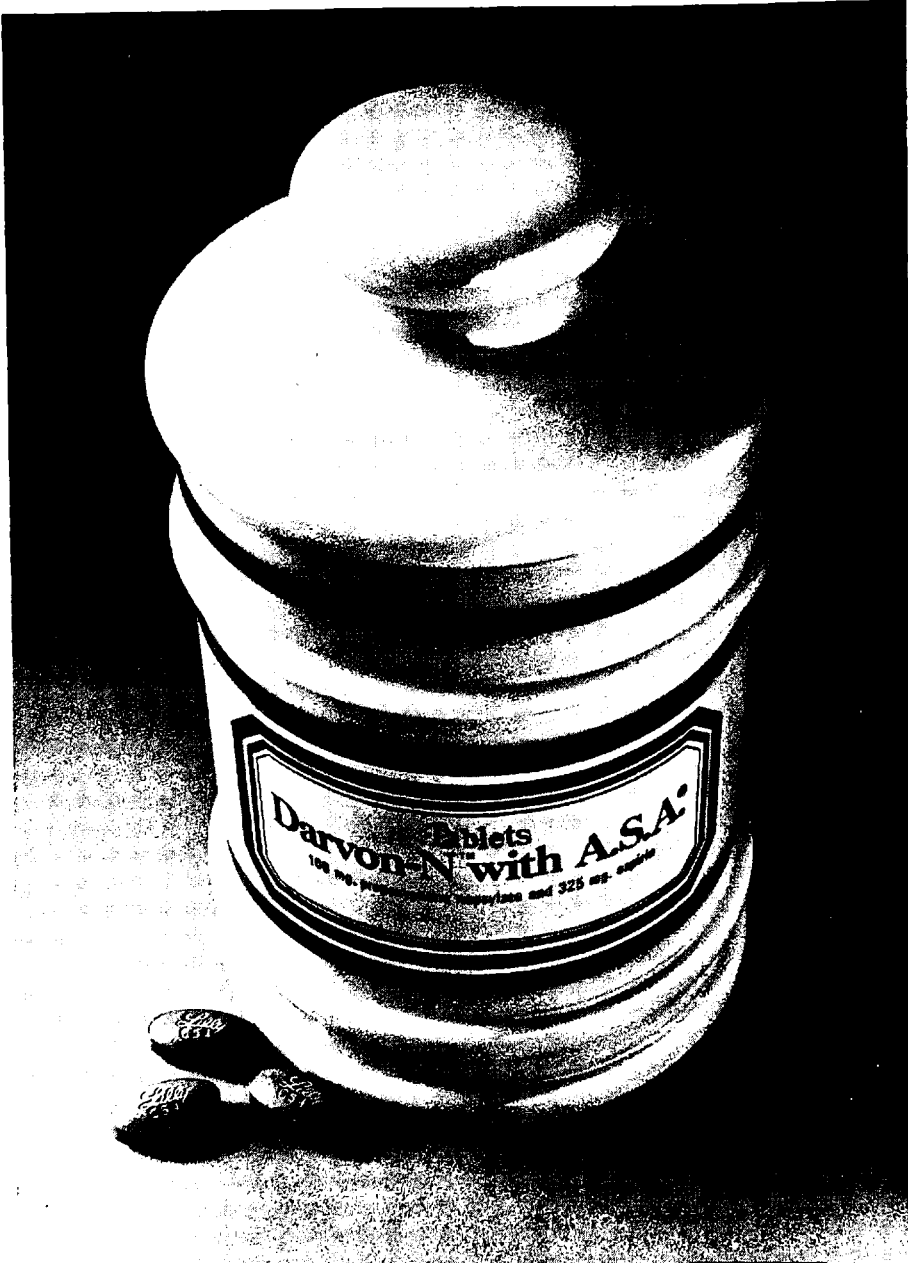
He was past president of the Lake County Indiana Medical Society. He was also a member of the Pierce County, Washington State and American Medical Associations. He was also a member of the Puget Sound Academy of Otolaryngology and Ophthalmology and was a Diplomate of the American Academy of Otolaryngology.

Paul was a very kind and compassionate man. Most of his patients were his friends. He never refused a call for help from any of his colleagues. A call any time of day or night brought all the help he could give.

His interests were most varied. He played golf from the port side and hunted and fished whenever he had the chance. He was a 32° Mason and a member of Affifi Temple and the Jesters. His greatest outside interest, however, was involved with the growing of fine roses. He graduated from a garden with only six roses in Whiting, Indiana to his great formal garden with hundreds of plants in Tacoma. He won many awards at rose shows throughout the Northwest. He was a past president of the local Rose Society and aided the Society in putting on their fine annual shows.

In the final analysis, I can only say,—“A fine gentleman has passed away, and I have lost a great friend.”

Haskel L. Maier, M.D.



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Who's standing up for your rights? Contrary to what you may think, the AMA.

We've testified repeatedly against a government controlled medical system. Even before it was proposed, the AMA had introduced its own program of voluntary national health insurance called "Medicredit." And we've pushed for it hard. To date, the AMA has enlisted 167 members of Congress as its co-sponsors — more than can be claimed for any other national health insurance bill.

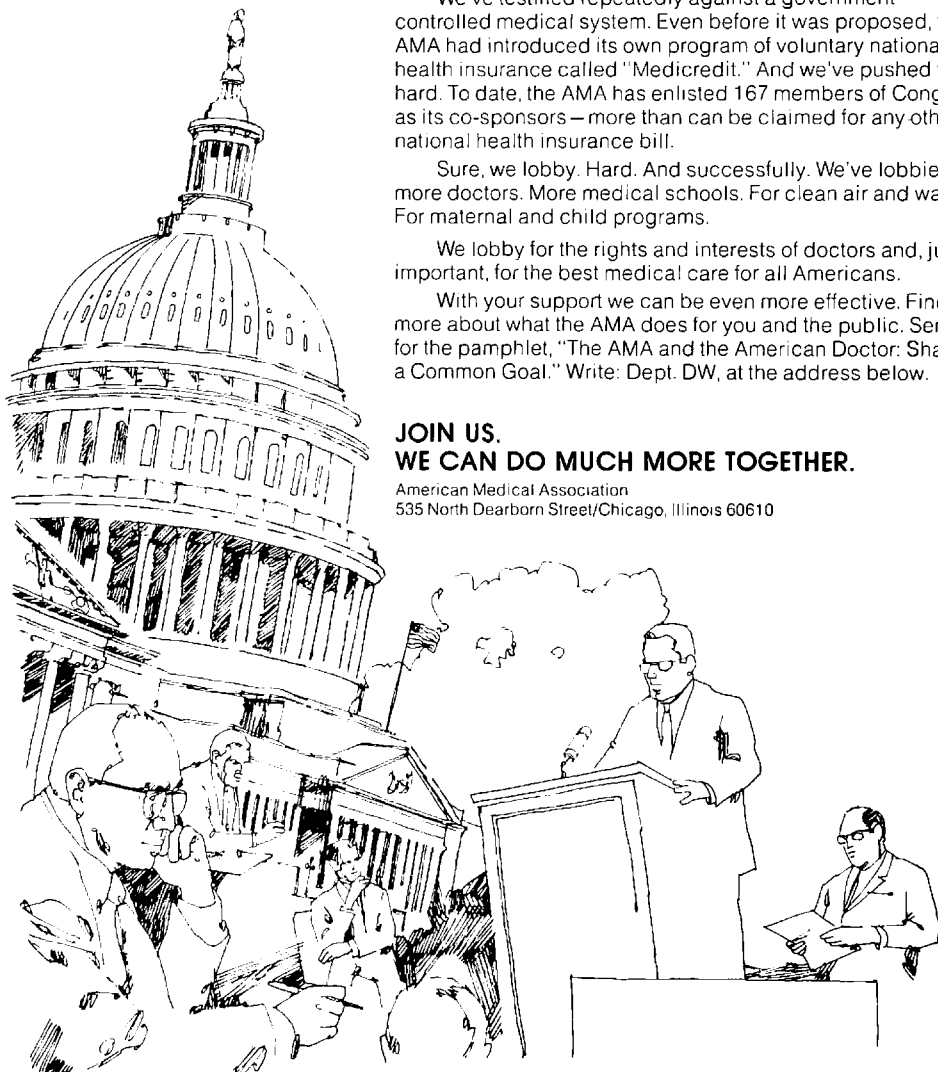
Sure, we lobby. Hard. And successfully. We've lobbied for more doctors. More medical schools. For clean air and water. For maternal and child programs.

We lobby for the rights and interests of doctors and, just as important, for the best medical care for all Americans.

With your support we can be even more effective. Find out more about what the AMA does for you and the public. Send for the pamphlet, "The AMA and the American Doctor: Sharing a Common Goal." Write: Dept. DW, at the address below.

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Home, 13100 86th Ave. E.



ARTHUR J. OZOLIN
Orthopedic Surgery
Office, Allenmore Medical Center
Home, 7413 90th Ave., S.W.



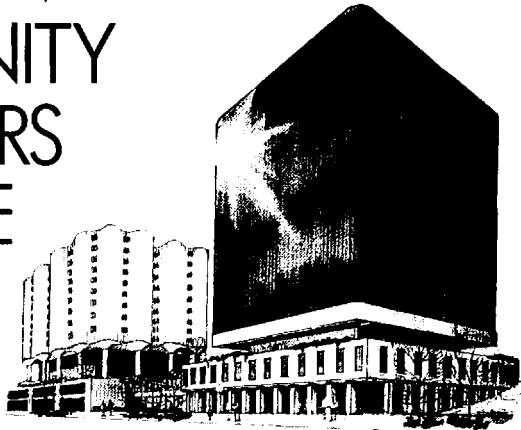
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Want To Be Heard? WSMA Will Poll Members for Help

If you have a hankering to be on a State Medical Association committee that deals with some favorite issue of yours — take heart. According to action taken by the WSMA House of Delegates in September, you will be polled concerning your interests, hopefully to get more input from State Association members and to get wider representation from the various counties.

Other polls of the membership were also ordered by the House of Delegates, including a poll to see if *Northwest Med-*

icine should continue to be published as the official journal of the Washington, Oregon and Idaho State Medical Associations.

State physicians will also be polled on legislation to permit physicians to provide contraceptive advice, devices and drugs to minors without parental consent.

In other actions, by the resolution route, the House of Delegates resolved to:

1. Support legislation to ban selling poisons in other than child-resistant containers.
2. Support State financing of preventive medicine and health supervision for indigent children.
3. Support eradication of the 14-day excluding clause from health insurance policies.
4. Support legislation for mandatory use of seat-belts.
5. Publish policies relative to compassion and dignity in the care of the dying patient.

The House again urged support of the 5-digit system for description of services and billing. They also urged that the AMA judicial council establish policies that relate to such modern medical concerns as HMO's, profit-sharing plans for employees, computer billings, and other tax and fiscal matters.

According to the House, the Washington State Patrol should be authorized to conduct highway spot checks of drivers at any time, particularly relative to their state of intoxication. Mandatory jail sentence was recommended for convicted drunken drivers.

The annual meeting in Seattle was attended by 1,639 physicians, nurses and guests, and over 100 physicians presented papers or appeared on scientific panels.



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- Drinking at least once a week.
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- Becoming more drunk than the "social drinker."
- Losing control over ability to stop drinking after the first drink.
- Going on periodic drinking bouts.
- Losing time from work.
- Protecting and hiding liquor supplies.
- Drinking alone in the morning or before breakfast.
- Getting the "shakes" and "butterflies" and finding liquor mediates them.
- Finding it takes less alcohol to get drunk. (less tolerance to the drug, probably due to brain damage).
- Experiencing delirium tremens, (D.T.s).
- Feeling vague and unreasoned fears.
- Experiencing insomnia.
- Dying of liver, or brain, or heart disease, or debilitating diseases such as tuberculosis and pneumonia or accidents.

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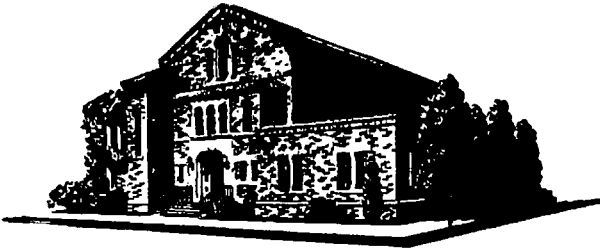
Intensive 10-Day Treatment Program for Alcoholism

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November Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3 Tumor Board 7 a.m.—Allenmore — Hematology- Oncology Conf. TGH—8:15 a.m. — C.P.C. of Good Samaritan Good Sam. Med. Ed.—8 a.m.
6 Mary Bridge Cardiac Conf. 5:30 p.m. — Tacoma Orthopedic Soc. 6 p.m. — P.C. Pediatric Soc. 6:00 p.m.	7 C.P.C. of Mary Bridge 8 a.m.	8 OB-GYN Conf. TGH—8 a.m.	9 Pulmonary Conf. St. Joseph's 8:15 a.m. — St. Joseph's Trauma Conf. 7 a.m.	10 Tumor Board 7 a.m.—Allenmore — Neurology Conf. TGH—8:15 a.m. — C.P.C. of Good Samaritan Good Sam. Med. Ed.—8 a.m.
13 Mary Bridge Cardiac Conf. 5:30 p.m.	14 C.P.C. of Mary Bridge 8 a.m. — PIERCE COUNTY MEDICAL SOCIETY 8:15 p.m.	15 Medicine Conf. TGH—8 a.m.	16 Renal Conference St. Joseph's 8:15 a.m.	17 Tumor Board 7 a.m.—Allenmore — Cardiology Conf. TGH—8:15 a.m. — C.P.C. of Good Samaritan Good Sam. Med. Ed.—8 a.m.
20 Mary Bridge Cardiac Conf. 5:30 p.m.	21 C.P.C. of Mary Bridge 8 a.m. — Tacoma Surgical Club 6:30 p.m.	22 Path. Conf. TGH—8 a.m.	23 Thanksgiving Day	24 Tumor Board 7 a.m.—Allenmore — C.P.C. of Good Samaritan Good Sam. Med. Ed.—8 a.m.
27 Mary Bridge Cardiac Conf. 5:30 p.m. — P.C. Chapter AAGP 6:30 p.m.	28 C.P.C. of Mary Bridge 8 a.m. — Tacoma Acad. of Internal Med. 6:30 p.m.	29 EXTRA	30	

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PHYSICIANS AND HOSPITAL SUPPLIES

Pierce County Medical Society Meeting

Tuesday, November 14

Medical Arts Building Auditorium

PROGRAM—8:15 P.M.

**"Tax Shelter—Individual and Corporate—
Which Way To Go?"**

Mr. Robert Smith

Mr. Ron Wells-Henderson

Social Hour: 6:00

Dinner: 6:45

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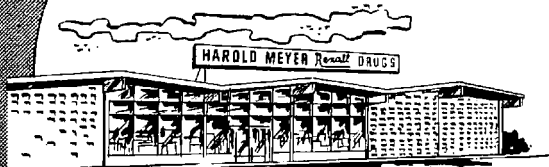
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- 5 William C. Brown
Joseph LaTona
- 6 J. G. Katterhagen
Sherman S. Pinto
- 7 G. W. Bissonnette
- 8 Ray M. Lyle
Wayne W. Zimmerman
- 11 William T. Ritchie
Kenneth Sturdevant
- 13 Dale D. Doherty
Paul E. Gerstmann
- 14 Thomas H. Clark
Kiyooki Hori
- 16 Kurt Brawand
Galen Hoover
- 17 T. R. Haley
- 18 James D. Krueger
G. M. Whitacre
- 19 Calvin A. Lantz
- 20 Raymond Tyvand
- 21 Ronald G. Gallucci
- 22 Michael Doel
Vernon O. Larson
John M. Shaw
- 23 Ralph V. Stagner
- 24 John R. Alger
- 25 John H. McGowen
William McPhee
- 26 Kenneth Kilborh
Theodore Smith
- 29 John Colen
- 30 Rostom Rivera
Robert F. Glock
Thomas Smeall

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Contraindications: Pre-existing elevated serum potassium. Hypersensitivity to either component. Continued use in progressive renal or hepatic dysfunction or developing hyperkalemia.

Warnings: Do not use dietary potassium supplements or potassium salts unless hypokalemia develops or dietary potassium intake is markedly impaired. Enteric-coated potassium salts may cause small bowel stenosis with or without ulceration. Hyperkalemia 1.5-5.4 mEq/Li has been reported in 4% of patients under 60 years, in 12% of patients over 60 years, and in less than 6% of patients overall. Rarely, cases have been associated with cardiac irregularities. Accordingly, check serum potassium during therapy, particularly in patients with suspected or confirmed renal insufficiency (e.g., elderly or diabetics). If hyperkalemia develops, substitute a thiazide alone. If spironolactone is used concomitantly with 'Dyazide', check serum potassium frequently—both can cause potassium retention and sometimes hyperkalemia. Two deaths have been reported in patients on such combined therapy (in one, recommended dosage was exceeded; in the other, serum electrolytes were not properly monitored). Observe patients on 'Dyazide' regularly for possible blood dyscrasias, liver damage or other idiosyncratic reactions. Blood dyscrasias have been reported in patients receiving Dyrenium (triamterene, SK&F). Rarely, leukopenia, thrombocytopenia, agranulocytosis, and aplastic anemia have been reported with the thiazides. Watch for signs of impending coma in acutely ill cirrhotics. Thiazides are reported to cross the placental barrier and appear in breast milk.

This may result in fetal or neonatal hyperbilirubinemia, thrombocytopenia, altered carbohydrate metabolism and possibly other adverse reactions that have occurred in the adult. When used during pregnancy or in women who might bear children, weigh potential benefits against possible hazards to fetus.

Precautions: Do periodic serum electrolyte and BUN determinations. Do periodic hematologic studies in cirrhotics with splenomegaly. Antihypertensive effects may be enhanced in postsympathectomy patients. The following may occur: hyperuricemia and gout, reversible nitrogen retention, decreasing alkali reserve with possible metabolic acidosis, hyperglycemia and glycosuria (diabetic insulin requirements may be altered), digitalis intoxication (in hypokalemia). Use cautiously in surgical patients. Concomitant use with antihypertensive agents may result in an additive hypotensive effect.

Adverse Reactions: Muscle cramps, weakness, dizziness, headache, dry mouth; anaphylaxis, rash, urticaria, photosensitivity, purpura, other dermatological conditions, nausea and vomiting (may indicate electrolyte imbalance), diarrhea, constipation, other gastrointestinal disturbances. Rarely, necrotizing vasculitis, paresthesias, icterus, pancreatitis, and xanthopsia have occurred with thiazides alone.

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IN EDEMA*—IN HYPERTENSION*

WOMAN'S AUXILIARY PAGE

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President-Elect.....	Mrs. James Stilwell (Lois)
1st Vice President & Program.....	Mrs. K. Royce Hansen (Ginny)
2nd Vice-President & Membership.....	Mrs. Robt. Whitney Jr. (Helen)
3rd Vice President, Historian & By-Laws.....	Mrs. Ronald Gallucci (June)
4th Vice President—Social.....	Mrs. John M. Haviina (Dolores)
Recording Secretary.....	Mrs. David W. Millett (Roberta)
Corresponding Secretary.....	Mrs. F. Dennis Waldron (Marlene)
Treasurer.....	Mrs. Arthur P. Wickstrom (Dee)
Dues Treasurer.....	Mrs. Robert C. Johnson (Betty)

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Community Health.....	Mrs. George A. Moosey (June)
Finance & Pierce County Health Council.....	Mrs. Philip Grenley (Dorothy)
Legislative.....	Mrs. Jack J. Erickson (Phyllis)
Nominating.....	Mrs. Herbert C. Kennedy (Nadine)
Health Careers.....	Mrs. Melvin Henry (Marie)
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STANDING COMMITTEES

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	Mrs. Wayne Bergstrom (Reta)
Cookbook.....	Mrs. Dale Hinz (Sharon)
	Mrs. George Tanbara (Kimi)
Today's Health.....	Mrs. John A. Kennedy (Nancy)
Art Auction.....	Mrs. William Ritchie (Marjorie)
	Mrs. David L. Be Miller (Linda)
Mental Health Com. Chrmn.....	Mrs. Max Brachvogel (Judy)
Hospitality Chairman.....	Mrs. Jay H. Ehly (Vivian)
	Mrs. Marcel Malden (Jean)
TACC Representative.....	Mrs. J. G. Katterhagen

Along with Thanksgiving and pumpkin pies, November brings the annual "Art Auction," Auxiliary's only major fund raising project. All monies raised at this event are spent in the community and the monies contribute to the support of: Children's Industrial Home, Puyallup Day-Care Center, YMCA Handicapped Swim Program, Tacoma Ambulatory Care Center and Nurses Scholarships.

Linda Be Miller and Judy Brachvogel, Co-Chairmen of this fund raising event and their busy committee promise you another most enjoyable evening, beginning with the cocktail-preview at 6:30 p.m.

Do come; bring your neighbors and friends as the Medical Auxiliary's commission depends upon the number of people who attend.

STATE MEETING

Have you tried a Henry Yesler hot sandwich? That was just one of the many treats enjoyed by those who attended the Washington State Medical Association and Auxiliary meeting in Seattle, September 17th thru the 20th. You'll find the recipe for this delicious sandwich in your August MEDAUX-NEWS.

Pierce County was well represented at the meeting with President Norma Smith, Ann Katterhagen, Genny Hansen, Lona La Tona, JoAnn Johnson, Mimi Miskovsky, Jean Judd and Nadine Kennedy, Past President, attending. Nadine read the report from Pierce County at the General Assembly on Tuesday.

JoAnn Johnson was elected to the State Board as Southwest Regional Vice-

(Continued on Page 23)

ART AUCTION

Friday, Nov. 10, 1972—8:30 p.m.

Cocktail Preview—6:30 p.m.

Bellarmino High School
Student Lounge

Admission \$2.00 per person

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WOMAN'S AUXILIARY

(Continued from Page 21)

President and Vivian Ehly accepted a position on the Task Force For Mental Health, a group formed by the Women's Auxiliary To The Washington State Medical Association. Vivian is also our committee chairman for Mental Health — busy gal!

DUES

About 150 members have already paid their dues according to Norma Smith, President. How about you? Now is the time. Send your check for \$12.00 to Dues Treasurer:

Mrs. Robert C. Johnson
1114 North James
Tacoma, Washington 98406

AMA-ERF

November 15, 1972 is the deadline date for your contribution to the Pierce County Medical Auxiliary's AMA-ERF Christmas card project. All physicians in the area have been notified and should note that the Medical School of his choice may be named if he so desires.

In order to continue to do our share for medical education and to expand the Student Loan Guarantee Fund, each auxiliary member is reminded how important it is for her to participate in her county project, to make use of the remembrance donation cards, and to urge her husband to donate to his medical school through the auxiliary. If you need any further information on these ways of helping, do call your AMA-ERF chairman, Lona La Tona.

Have a nice Thanksgiving!

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Bureau Physicians Probe Retirement Plan, Bureau History

Over 100 physician-members of the Pierce County Medical Bureau turned out on two successive Saturdays in October to get better acquainted with their own organization. The get-acquainted sessions were held at the Holiday Inn near Sea-Tac Airport on October 14 and 21.

President Bob Whitney opened the meetings and introduced the first speaker, long-time Bureau stalwart, Dr. Has- kel Maier, who set the stage for the other discussants with his comments on the current upsurge in the use of prepaid medical services in the State of Wash- ington. Dr Maier is on the board of the Washington State Physicians Service, which is made up of 22 Bureaus through- out the state.

Business manager Larry Evoy re- viewed Bureau history, from the time back in 1917 when 11 Tacoma physicians got together and decided to have a try at such an organization. Hugh William- son clarified the philosophies and policies related to premiums, rates, coverages and the like, and Mike Roberts discussed the current status of health care legislation down in Olympia.

Drawing more discussion and ques- tions than any other one item was the subject of the Bureau's new proposed plan of deferred compensation for mem- ber physicians.

In an informal poll taken at the close of the sessions, those attending were al- most unanimous in their desire to attend another similar session if one can be set up for next year.

Dear Members:

Have you returned your 1972 United Way Pledge Card? The need is still there and the campaign goal is still not met.

Please send in your contribution or pledge immediately to the United Way headquarters at 702 Broadway (P. O. Box 2215, Tacoma, Washington 98401). This note is to supplement a follow up request which will be sent to your home in the near future.

Sincerely yours,
John M. Kanda, M.D.
President Elect, P.C.M.S.
Chairman, Physician's Section
Professional Division
United Way of Pierce County

GOVERNMENT MEDICAL PAYMENTS EXPLAINED?

The Pierce County Medical Society met October 10 and elected the following physicians to membership: Drs. Robert F. Kapelowitz, William C. Knittel, Arthur J. Ozolin, Chester R. F. Poole, Bruce E. Stevenson, Jerome S. Wein- garten.

Dr. Baskin briefly presented his rec- ommendations for a full time executive director to the Society. This will be the subject of further discussion and is still under study.

Dr. H. W. Flemming spoke to the So- ciety attempting to explain government procedures for the reimbursement of hos- pitals under title 18 and 19 . . . Several allusions were made to directives (and at time non-direction) from the national office in Baltimore. All seemed in agree- ment that complex centralized planning is not always better planning.

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MARY BRIDGE CHILDREN'S HOSPITAL POISON INFORMATION CENTER CALLS

Month of September, 1972

TOTAL CALLS	462
From Doctors and Hospitals	31
From Community Agencies	28
From Others	403

AGE DISTRIBUTION:

Under 18 Months	49
18 Mos. to 3 Yrs.	132
3 & 4 Year Olds	64
5 & 6 Year Ods	14
7 thru 13 Years	22
13 thru 19 Years	21
Over 19 Years	83
No Age Given	77

SUBSTANCES TAKEN:

	Under 5 Yrs	Total
<i>Medicinal</i>	72	137
Aspirin	6	8
Birth Control	5	7
Prescription Drugs	35	77
Patent Medicines	26	45
<i>Household Products</i>	31	42
Bleaches	7	11
Ammonia	2	3
Detergents	8	8
Other	14	20

	Under 5 Yrs	Total
<i>Petroleum Products</i>	8	16
<i>Insecticides, Pesticides and Rodenticides</i>	3	12
<i>Cosmetics</i>	26	31
<i>Plants and Berries</i>	48	90
<i>Food Inquiries</i>	5	32
<i>Insect, Snake and Animal Bites</i>	2	25
<i>Miscellaneous</i>	38	77

Guest Lecturer

Dr. Charles Rob, internationally recognized cardio-vascular surgeon will be the guest lecturer at the first annual



Edwin C. Yoder Memorial Lecture on Friday, November 10 at the Rodeway Inn, Tacoma.

Dr. Rob is professor and chairman of the Department of Surgery,

University of Rochester School of Medicine, Rochester, N. Y.

Dr. Rob is widely published having contributed to over 141 papers and 8 texts on surgery.

The Edwin C. Yoder Memorial Trust Fund was founded in 1971 by the family of the late Western Clinic surgeon. Dr. Yoder was concerned for the continuing education of physicians. The annual lecture will bring prominent medical specialists to Tacoma in the interest of that objective.

St. Joseph Hospital and the Tacoma Surgical Society are assisting in the arrangements.

OFFICE EQUIPMENT NEEDED

The newly established Planned Parenthood Clinic is in need of basic furniture and equipment. Especially needed are: Scales, chart holders, small exam. room cabinet, reception room furniture, such as couch, chairs, coffee table, two end tables, ash trays, wall dividers, drapes or curtains, typing stand, magazine holders, lamps, toys, children's table, chairs and books, conference table, mimeograph machine or copier.

Thank you for your help.

Bil Moss, Director

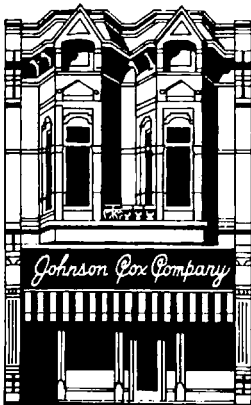
VOLUNTEERS NEEDED

Planned Parenthood of Pierce County is seeking physicians as volunteers or for modest compensation to man its weekly Wednesday afternoon clinic from 4:00 to 7:00 p.m.

Those interested may call the clinic office, 475-5123.

COVER PICTURES WANTED

Interesting or unusual pictures of our local medical scene are needed for the *Bulletin*.



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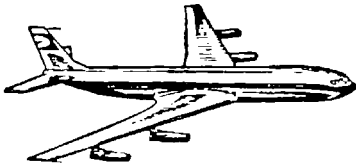
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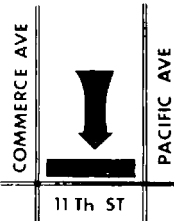
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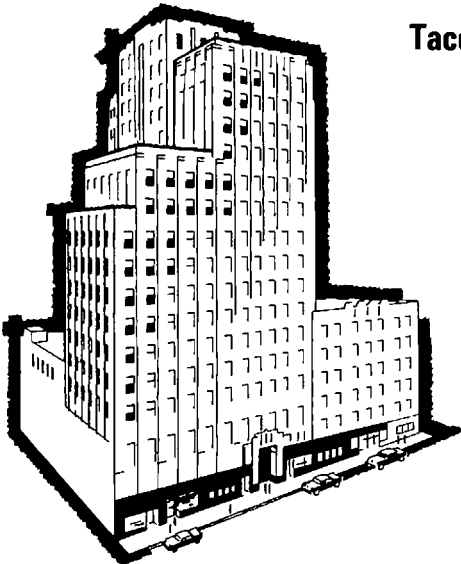
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MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, July and Oct.—
6:15 p.m. Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept. Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF PUGET SOUND HOSPITAL
2nd Monday of February, May, August, November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC
ASSOC.—First Monday of October, December, February,
April and June.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and
August—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m.
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and
August
- PIERCE COUNTY PEDIATRIC SOCIETY
First Monday of each month except June, July and
August—6:30 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Monday of March, June, September, December—
7:00 a.m. at Allenmore Hospital
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- TACOMA OB-GYN SOCIETY
3rd or 4th Tues. of Jan., March, May, Sept., Nov.

The

PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

DECEMBER 1972

TACOMA, WASHINGTON

VOL XLIII, NO. 11



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
DECEMBER 12**

Pierce County Medical Society

1972

OFFICERS

President	Lester S. Baskin
President-elect	John M. Kanda
Vice President	W. Ben Blackett
Secy.-Treas.	George A. Tanbara
Executive Secy.	Judy Gordon

TRUSTEES

D. Theodore Baer	John R. Flynn
Lester S. Baskin	Ralph A. Johnson
W. Ben Blackett	John M. Kanda
John F. Comfort	John F. Kemman
James F. Early	John W. Liewer
Robert W. Florence	George A. Tanbara

DELEGATES

Lester S. Baskin	Herman S. Judd
George C. Gilman	John M. Kanda
Kenneth D. Graham	John S. May
	Ronald T. Spangler

ALTERNATE DELEGATES

James M. Blankenship	Richard E. Huish
Thomas H. Clark	John F. Kemman
John F. Comfort	Herbert C. Kennedy
	David W. Millett

Ethics

G. M. Whitacre, Chairman
Murray L. Johnson, Edmund A. Kanar

Grievance

Robert W. Florence, Chairman
Robert M. Ferguson, Wayne W. Zimmerman

Credentials

Kenneth D. Graham, Chairman	
Theodore Apa, R. A. Norton	
Samuel E. Adams, Bernard R. Rowen	
Dale Hirz, Albert A. Sames	
	Dennis Waldron

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James R. Stilwell, Chairman

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Stanley W. Tuell, Chairman

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Jay Ehly, Chairman

School Health

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Poison Control

James L. Schneller, Chairman

Medical Education

Marcel Malden, Chairman
J. G. Katterhagen, George R. Barnes

Editorial Board

W. Ben Blackett, Editor
Stanley W. Tuell, David S. Hopkins



COVER PICTURE: Winter Scene

Photo by: Dr. Glenn G. McBride

December Birthdays

- 1 David S. Hopkins
Charles Reberger
- 2 Richard Gilbert
- 3 Bernard R. Rowen
- 4 C. L. Anderson
William Knittel
- 5 S. Robert Lantieri
- 9 Stanley W. Tuell
- 12 Charles Curl
Arthur P. O'Leary
- 13 Bryson Ahlers
- 14 Samuel E. Adams
David H. Johnson
- 15 Warren F. Smith
- 16 Robert M. Freeman
Kenneth J. Ritter
Maurice Yoachim
- 20 Loy E. Cramer
- 21 Philip Grenley
- 23 Carl Scheyer
- 24 John R. Flynn
- 28 Kenneth L. Pim
- 30 Gordon Dean
Milan Pazourek
- 31 Hanif Anwar
Lewis A. Hopkins

President's Page

As I write the last message as president, I find it hard to believe that a year has passed. It has been a very exhilarating, exciting and busy one for me.



I am grateful to the officers, to the trustees, to all the committee members who have worked hard in carrying out the function of this Society. I am grateful to you for the privilege of serving.

There are many programs that are left undone and I would hope that since a start has been made, that some of them be carried to fruition. We began to plan for a county-wide credentials committee which would adequately be able to document credentials of any new physician coming to Pierce County and then in turn pass these on, all documented, to the hospitals for their individual evaluation, without having to duplicate all this work.

The Central Reference Library is a most important part of medical education, and this committee is to be greatly commended for all the work they have done in planning this. At the present time a proposal has been made that the Central Reference Library be located at Tacoma General Hospital, that all the other hospitals be equipped with standard reading rooms containing fundamental books as well as journals, that a complete method of delivery of material from the Central Reference Library to any place in the County be established. It is proposed that the Central Reference Library have an adequate physical facility as well as a fulltime librarian and assistant, and in cooperation with the regional Medical Library be able to furnish library services to any physician in the County promptly. Details of this are being worked out and will be presented for your approval to replace the present Pierce County Medical Society Library which is not functioning.

The Pierce County Medical Society should be the organization that is responsible for making a master plan and correlation with individual plans for hospitals in the event of disaster—not an atomic bomb, but rather what would we do if there were 50 or 100 major casualties at one time in this community?

Medical Education is being carried out by all the hospitals and here it has to be correlated with our College of Medical Education.

It would seem too that the County Society should take an active part in trying to reduce the number of committees that are necessary for functioning of the hospitals, as well as the Society. It is not unreasonable to presume that ground rules for practice are the same in every hospital, and all these efforts could be correlated.

I wish a Merry Holiday Season to all of you.

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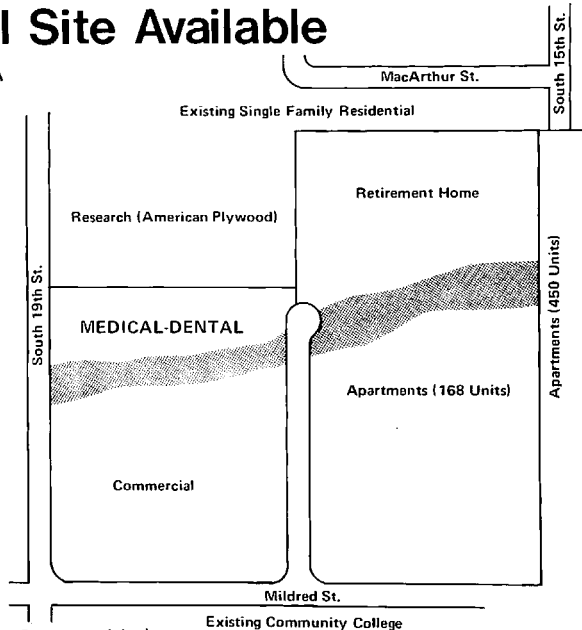
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Editorially Speaking

WHO'S WATCHING WELFARE?

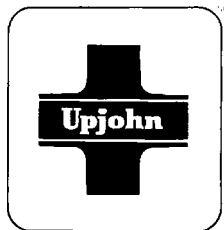
Welfare is watching hospital bills; welfare is watching physicians' bills. And welfare is discounting both. There can really be no argument with discounting bills where charity is needed. This has been standard practice in the delivery of physicians' services for longer than any of us can remember.



But who is watching the welfare workers? Is there an equal dedication to holding down administrative costs and limiting the charity to where it is really needed and deserved. It seems at times that patients can get themselves put on welfare with astonishing ease. Is a welfare worker's value measured by case load and new "clients" added or by success in removing people from the rolls and returning them to the labor market. I have an uneasy suspicion that the answer is possibly the former.

Physicians are generally outsiders to the workings of the Department of Social and Health Services, but they do have a window through their medical services. Physicians have an opportunity to see abuses and to call these to the attention of the department. A consistent practice of questioning apparent abuses should put the department on notice that we are looking through that window and are concerned about the proper utilization of taxpayers' dollars.

W. Ben Blackett, M.D.



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FU 3-2678

CASE OF THE MONTH

George R. Barnes, Jr., M.D.

See Page 27 for Denouement



CASE: Young lady with mass felt in right lower quadrant on routine physical examination.

X-RAY TAKES FOOTBALL CROWN

Under crisp autumn skies on November 11, the Tacoma General Hospital X-Ray Barium Babes defeated the Emergency Room Champs 18-0.

The X-ray team, resplendent in their "Barium Babe" sweat shirts, never relinquished the lead they took in the first quarter. The game ended with the hard driving E.R. team poised for a touchdown on X-rays 10 yard line.

The game was played before a roaring crowd at Jefferson Park Field. The half-time was so devoted to strategic planning sessions that hardly anyone missed the marching band.

Team members were: Karen Hill, Francis Vincent, Dr. Stevenson, Jan Kusche, Jack Comfort, Sam Colito, Louise Thompson, Linda Cassau, Gary Marshall, Dr. Leo Annest, Jan Clifton, Donna Resinger, Sherry Eizle, Paul Gunovich*, Kayt Carlson, Merry Loppe, Sue Bemis, Sue Harlin, Chris Megiverson, Debbie Walsh, Cheryl Evans, Nancy Ahrens, Sharon McIntyre, Penny Jones, Patty Hassel, Karen Mikkelsen, Paul Bader, Drs. Katterhagen*, Nagle, Blackett*, Roller, Jackson, Delyanis.
(*touchdown)

NOVEMBER SOCIETY MEETING

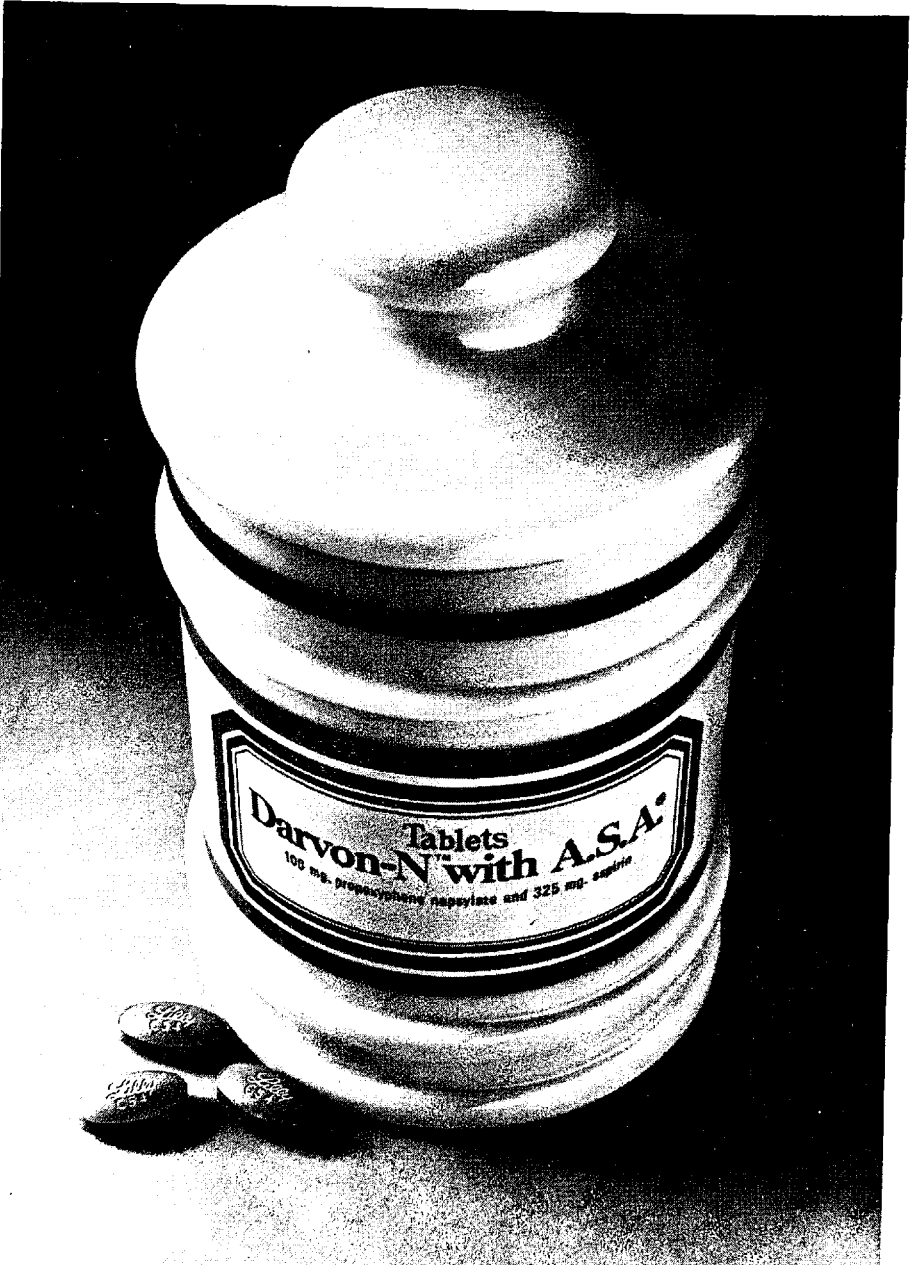
At the November Pierce County Medical Society meeting, members heard a report by Dr. Malden on the current status of the post graduate medical education committee. Dr. Brokaw introduced the next post graduate seminar which will be on geriatric practice. An outstanding group of speakers has been lined up from in and out of this area.

The Nominating Committee proposed the slate of officers for 1973 and this slate was adopted:

President-elect	Dr. W. Ben Blackett
Vice-President	Dr. Paul Bondo
Secy-Treas.	Dr. George Tanbara
Trustees	Dr. Robert Johnson
	Dr. James Stilwell
	Dr. Walter Arthur
Delegates	Dr. Herman S. Judd
Alternate	Dr. Thomas Clark

Dr. Pim was nominated and approved as a delegate to the State convention replacing Dr. John May who is now a State society trustee.

The program was introduced by the program chairman, Dr. Stilwell, and consisted of a discussion of tax shelters and professional incorporation. This was presented by Mr. Robert Smith and Mr. Ron Wells-Henderson.



Additional information available to the profession on request.
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AMERICAN ACADEMY OF FAMILY PHYSICIANS

Crystal Mountain Meeting

Tuesday Night, March 27 thru Friday Noon

March 30, 1973

"Physicians Future and Environment"

The Tacoma chapter is sponsoring another Crystal Mountain Meeting in March 1973. We are fortunate to present you with excellent speakers.

Professor William Campbell will talk about his North Pole experience and the influence on our local climate. He gave last year's Brown and Haley lectures in Tacoma to a full house.

International Travel will give us some insight not only from inside the foreign countries but also how their Medical Health Systems work in Russia, England, Australia and South America.

Dr. Lester Baskin will talk about Russia. Dr. Marcel Malden about England and their health system. Dr. Robert Hahn has attended International General Practice Meeting in Australia and Dr. Jose Garzon will talk about South America. Dr. Arnold Herrmann will discuss our national health system in the near future and how it will effect our own practice.

From the economic point of view, Mr. Charles Thomas will discuss professional corporations. From the legal aspect, Mr. Albert Malanca will discuss professional liability and how to behave in court. Bart Klein will present his views about Tacoma's aroma, sulphur and arsenic. Dr. Sumiho Wada will show his experience with acupuncture and application.

We hope to present a program where all the physicians and the woman's auxiliary are very welcome and offered an interesting program. All women are welcome to participate.

The programs are held in the early morning and late afternoon hours, which gives plenty of time to ski the fresh snow or swim in the heated pool. Crystal Inn Chalet will offer comfortable overnight facilities and the Crystal Inn has excellent dining and Gluhwein.

Please schedule ahead for this mid-week of March 27-30, 1973. Announcements will be mailed in a few weeks on your request.

We hope to welcome you at Crystal.

Robert Klein M.D.
President Tacoma Chapter AAFP
Allenmore Medical Center
Tacoma, Washington
BR 2-5841

Trustees Approve County-Wide Credentials Review

The Pierce County Medical Society Board of Trustees approved a plan for credentials evaluation at the Society level. This has been under study by the Society's Credentials Committee, and was presented by Dr. Kenneth Graham, committee chairman. New applicants to area hospitals will submit their credentials only to the Society where these will be filed. This file will be available with copies to all hospitals to which privileges are requested.

The trustees heard a report on the status of medical education presented by Dr. Malden.

A proposal for medical students residing in the area to take some part in Society functions was considered and approved. Further study of details of this are to be carried out.

Dr. Tanbara proposed that a committee of past presidents be formed to recommend measures to streamline medical society functioning. This was approved.

PROJECT FOR MALNOURISHED INFANTS

Pediatricians and general practitioners are concerned about infant malnutrition in this area. There are approximately fifty of these children admitted each year to Mary Bridge Children's Hospital. There is now \$104,000 available through Metropolitan Development Council in Pierce County to investigate what can be done about this problem. The program is basically one of a research and development project under the direction of Elsie Myers from Mary Bridge Children's Hospital. There will be four outreach workers employed for their ability to relate to various low-income cultural and ethnic groups and trained in pre-natal and infant nutrition, parent-child relationships and child development. They will give support to the mother in many areas and supply her with formula and vitamins as directed by the physicians.

The project hopes to enroll 200 mothers and infants into this program within the next two months. These may be patients followed either by private physicians or clinics. Any physician may obtain this service of close supervision by an outreach worker for his patient by submitting a referral card. These cards may be obtained by phoning 572-8200 or through the secretaries of the Obstetrical-Gynecological Society, the Pediatric Society or the Society of General Practice.

The research and evaluation criteria for this program is being monitored by a committee composed of Dr. Nate Smith of the University of Washington, Dr. DeMaurice Moses, Dr. George Tanbara, Dr. Graham Watkins and Dr. Raymond McGroarty.

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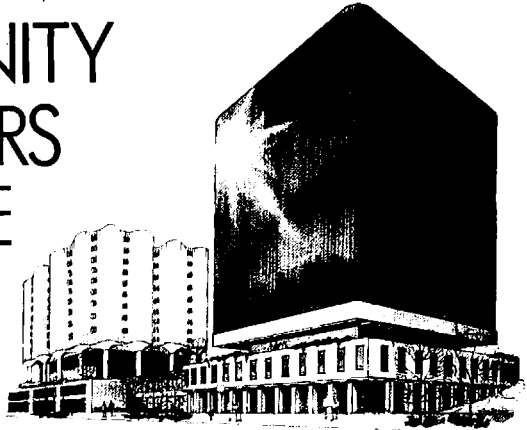
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Gavel and Plaque Exchange

Dr. L. Stanley Durkin, left, elected new Allenmore Hospital Chief of Staff, accepts gavel from Dr. Buel L. Sever, outgoing chief, holding appreciation plaque given him for his tour of duty.

Dr. L. Stanley Durkin, Neurosurgeon, To Head Allenmore Medical Staff

The Allenmore Hospital annual medical staff meeting chose the following medical officers for the coming year: L. Stanley Durkin, M.D.—Chief of Staff, Charles D. Prewitt, M.D.—President-elect, Leo Annett, M.D.—Vice President, and Robert Klein, M.D.—Secretary. Buel L. Sever, M.D., is outgoing chief of staff. Currently president of the Tacoma Surgical Club, Dr. Durkin is on the active staff of all local general hospitals including Mary Bridge, Good Samaritan at Puyallup and St. Peters, Olympia. A graduate of University of Oregon Medical School, he trained at Vancouver (B.-C.) General, George Washington (D.C.) University and Augustana (Chicago) Hospitals. He opened practice in Tacoma in 1953.

In private life he is a board member of the Huskies' Athletic Scholarship Association and with Mrs. Durkin, a charter member of the fund raising Activities Council of the Tacoma Art Museum.

Letter to the Editor

Editor
Pierce County Medical Bulletin
113 Medical Arts Building
Tacoma, Washington 98402

Dear Sir:

I am including a copy of the letter which I wrote to Senators Jackson and Magnuson, and a copy being sent to Representative Floyd Hicks.

I am sure that if all the practicing physicians in the United States, who believe as I do, would send a similar letter to their senators and representatives, that a good bit of this constant chipping away at the private independent practice of medicine would slow down and hopefully cease.

Certainly we as doctors are going to have to become more and more involved and get over the idea that it is poor taste, or beneath our dignity, or soiling our professional ethics by getting down and starting to actually fight for those things we think essential and start an active and aggressive campaign against chiropractic, osteopathy, and other cults including acupuncture, as they occur. Certainly a more aggressive attitude many, many years ago would have abolished the problems which we have today.

Clearly everyone will have to get involved and I would appeal particularly to the younger individuals in the profession who, as I see it, don't seem to be as well aware of the major threats that are going to be presented to them within the next 10 years.

I would therefore urge everyone to write some type of a letter such as this to their congressmen and representatives and let them know that they are aware of what is going on in Washington while it is happening, or even before it is happening, and not after it happens.

(Continued on Page 15)

The Remarkably Rigid Progression Of Alcoholism

In virtually every case of alcohol addiction there is a time-ordered sequence of progressive drinking. Alcoholism begins with "social drinking," then progresses to:

- Drinking at least once a week.
- Drinking faster and more than the "social drinker."
- Experiencing temporary amnesia, or "blackouts."
- Becoming more drunk than the "social drinker."
- Losing control over ability to stop drinking after the first drink.
- Going on periodic drinking bouts.
- Losing time from work.
- Protecting and hiding liquor supplies.
- Drinking alone in the morning or before breakfast.
- Getting the "shakes" and "butterflies" and finding liquor mediates them.
- Finding it takes less alcohol to get drunk. (less tolerance to the drug, probably due to brain damage).
- Experiencing delirium tremens, (D.T.s).
- Feeling vague and unreasoned fears.
- Experiencing insomnia.
- Dying of liver, or brain, or heart disease, or debilitating diseases such as tuberculosis and pneumonia or accidents.

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Intensive 10-Day Treatment Program for Alcoholism

... Based on the Addictive Concept

(Continued from Page 13)

I think it is only by such grass roots response that more attention would be paid by legislatures. I think simply sending representatives from the American Medical Association to testify before committees, and so forth, opposing this and that has its place, but certainly would not have the impact that thousands of letters from us would have in reaching those concerned.

Sincerely yours,
Rodger S. Dille, M.D.

The Honorable Henry M. Jackson
Senate Office Building
Washington D.C. 20510

Dear Senator Jackson:

We as doctors were astounded at the passage of HR-1. As I see it, this skillfully forces upon the nation's doctors a politically controlled peer review mechanism that would authorize government clerks to interfere with free exercise of a doctor's medical judgement. It establishes a Federal drug formulary, enabling lay people and people not engaged in the active practice of medicine to tell physicians what drugs they can or cannot prescribe for Medicare patients. It also gives a boost to schemes of labor to gain control over doctors by making closed panel practices eligible for medical funds and subsidies, thus encouraging their further development.

And to add what I would consider an insult to the medical profession, this legislation as passed by the Senate would grant federal sanction to the cult of chiropractic by recognizing it as a service reimbursable under Medicare. This last is incomprehensible, inasmuch as even the United States Supreme Court in one of their decisions, and I can quote chapter and verse if you wish, stated,

"Chiropractic is a nonscientific, ineffective cult."

If there is anything as a whole that is going to make doctors give up trying to practice efficient and effective medicine under the Medicare system, it is this latter. I am sure most of them will actually feel that there is no point in trying to minimize hospital and other expenses to Medicare patients if the Congress votes to waste additional billions, and this is exactly what it is going to amount to, on ineffective chiropractic and other cultic features.

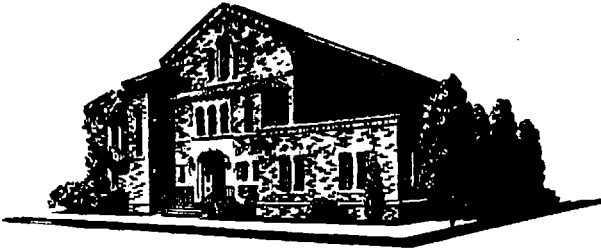
I realize, of course, that it is probably a favorite political gambit for either the House or the Senate to pass something with many features they do not actually believe in, but for political effect fully expecting or hoping that the House or Senate will remove these obviously ridiculous features. It is indeed unfortunate that doctors as a group have been unable to successfully defend the literally hundreds of vested groups who are so greatly resolved to get in on the health services performance. I think that I as a doctor can state that American medicine, as of today, has progressed more in the last 20 years than any medicine has progressed in the last 20 centuries. Part of this has admittedly been through government sponsoring of research and ancillary measures. But in attempting to do everything for everybody, there is always a point of diminishing returns and I sincerely hope that we will not see the day where, as in Great Britain, 35 percent of our national budget goes to our national health care program.

I might point out that under this program, in the last 20 years only three new hospitals have been built in Great Britain. Under our program of presumably free enterprise in the United States, over 700 new hospitals have been erected.

"Nuff said."

Sincerely yours
Rodger S. Dille, M.D.

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PHYSICIANS AND HOSPITAL SUPPLIES

December Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Tumor Board 7 a.m.—Allenmore ————— Hematology- Oncology Conf. TGH—8:15 a.m. ————— C.P.C. of Good Samaritan Good Sam. Med. Ed.—8 a.m.
4 Mary Bridge Cardiac Conf. 5:30 p.m. ————— Tac. Orthopedic Society 6 p.m. ————— P. Co. Pediatric Society—6 p.m. ————— Am Psych. Assoc.	5 C.P.C. of Mary Bridge 8 a.m. ————— Staff of Tacoma General 6:30 p.m.	6 Surg. Conf. TGH—8 a.m.	7 Gastrointestinal Conference— St. Joseph's 8:15 a.m.	8 Tumor Board 7 a.m.—Allenmore ————— Neurology Conf. TGH—8:15 a.m. ————— C.P.C. of Good Samaritan Good Sam. Med. Ed.—8 a.m.
11 Mary Bridge Cardiac Conf. 5:30 p.m. ————— Staff of Good Samaritan 6:30 p.m.	12 C.P.C. of Mary Bridge 8 a.m. PIERCE COUNTY MEDICAL SOCIETY 8:15 p.m.	13 OB-GYN Conf. TGH—8 a.m.	14 Pulmonary Conf. St. Joseph's 8:15 a.m. ————— St. Joseph's Trauma Conf.— 7 a.m.	15 Tumor Board 7 a.m. - Allenmore ————— Cardiology Conf. TGH—8:15 a.m. ————— C.P.C. of Good Samaritan Good. Sam. Med. Ed.—8 a.m.
18 Staff of Allenmore Hosiptal 7 a.m. ————— Staff of St. Joseph's 7:30 p.m.	19 C.P.C. of Mary Bridge 8 a.m. ————— Tacoma Surgical Club 6:30 p.m.	20 Medicine Conference TGH—8 a.m. ————— Staff of Lakewood General 6:30 p.m.	21 Renal Conference St. Joseph's 8:15 a.m.	22 Tumor Board 7 a.m. - Allenmore ————— Joint Services Conf.—8:15 a.m. ————— C.P.C. of Good Samaritan Good Sam. Med. Ed.—8 a.m.
25 MERRY CHRISTMAS	26 C.P.C. of Mary Bridge 8 a.m. ————— Tacoma Academy of Internal Medicine 6:30 p.m.	27	28 C.P.C. of St. Joseph's 8:15 a.m.	29

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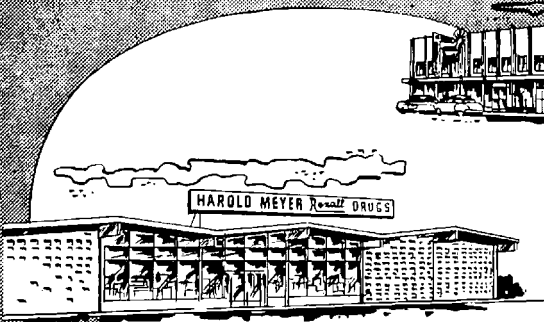
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Tentative January Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Mary Bridge Cardiac Conf. 5:30 p.m.</p> <p>Tac. Orthopedic Society—6 p.m.</p> <p>Pierce County Pediatric Society 6 p.m.</p>	<p>2</p> <p>C.P.C. of Mary Bridge 8 a.m.</p>	<p>3</p> <p>Surgical Conference TGH—8 a.m.</p>	<p>4</p> <p>Gastrointestinal Conference— St. Joseph's 8:15 a.m.</p>	<p>5</p> <p>Tumor Board 7 a.m. - Allenmore</p> <p>Hematology- Oncology Conf. TGH—8:15 a.m.</p> <p>Good Sam. Med. Ed.—8 a.m.</p>
<p>8</p> <p>Mary Bridge Cardiac Conf. 5:30 p.m.</p> <p>Staff of Doctors Hospital 6:15 p.m.</p>	<p>9</p> <p>C.P.C. of Mary Bridge 8 a.m.</p> <p>PIERCE COUNTY MEDICAL SOCIETY 8:15 a.m.</p>	<p>10</p> <p>OB-GYN Conference TGH—8 a.m.</p>	<p>11</p> <p>Pulmonary Conf. St. Joseph's 8:15 a.m.</p> <p>St. Joseph's Trauma Conf.— 7 a.m.</p>	<p>12</p> <p>Tumor Board 7 a.m. - Allenmore</p> <p>Neurology Conf. TGH—8:15 a.m.</p> <p>Good Sam. Med. Ed.—8 a.m.</p>
<p>15</p> <p>Mary Bridge Cardiac Conf. 5:30 p.m.</p>	<p>16</p> <p>C.P.C. of Mary Bridge 8 a.m.</p> <p>Tacoma Surgically Club—6:30 p.m.</p>	<p>17</p> <p>Medicine Conference TGH—8 a.m.</p>	<p>18</p> <p>Renal Conference St. Joseph's 8:15 a.m.</p>	<p>19</p> <p>Tumor Board 7 a.m. - Allenmore</p> <p>Cardiology Conf. TGH—8:15 a.m.</p> <p>Good Sam. Med. Ed.—8 a.m.</p>
<p>22</p> <p>Mary Bridge Cardiac Conf. 5:30 p.m.</p> <p>Pierce County Chapter AAGP 6:30 p.m.</p>	<p>23</p> <p>C.P.C. of Mary Bridge 8 a.m.</p> <p>Tacoma Academy of Internal Med. 6:30 p.m.</p>	<p>24</p> <p>Path. Conf. TGH—8 a.m.</p>	<p>25</p> <p>C.P.C. of St. Joseph's 8:15 a.m.</p>	<p>26</p> <p>Tumor Board 7 a.m. - Allenmore</p> <p>Joint Services Conf.—8:15 a.m.</p> <p>TGH</p> <p>Good Sam. Med. Ed.—8 a.m.</p> <p>Staff of Mary Bridge 12:15 p.m.</p>
<p>29</p> <p style="text-align: center;">MERRY CHRISTMAS</p>	<p>30</p>	<p>31</p>		

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Warnings: Do not use dietary potassium supplements or potassium salts unless hypokalemia develops or dietary potassium intake is markedly impaired. Enteric-coated potassium salts may cause small bowel stenosis with or without ulceration. Hyperkalemia (>5.4 mEq/L) has been reported in 4% of patients under 60 years, in 12% of patients over 60 years, and in less than 8% of patients overall. Rarely, cases have been associated with cardiac irregularities. Accordingly, check serum potassium during therapy, particularly in patients with suspected or confirmed renal insufficiency (e.g., elderly or diabetics). If hyperkalemia develops, substitute a thiazide alone. If spironolactone is used concomitantly with 'Dyazide', check serum potassium frequently—both can cause potassium retention and sometimes hyperkalemia. Two deaths have been reported in patients on such combined therapy (in one, recommended dosage was exceeded, in the other, serum electrolytes were not properly monitored). Observe patients on 'Dyazide' regularly for possible blood dyscrasias, liver damage or other idiosyncratic reactions. Blood dyscrasias have been reported in patients receiving Dyrenium (triamterene, SK&F). Rarely, leukopenia, thrombocytopenia, agranulocytosis, and aplastic anemia have been reported with the thiazides. Watch for signs of impending coma in acutely ill cirrhotics. Thiazides are reported to cross the placental barrier and appear in breast milk.

This may result in fetal or neonatal hyperbilirubinemia, thrombocytopenia, altered carbohydrate metabolism and possibly other adverse reactions that have occurred in the adult. When used during pregnancy or in women who might bear children, weigh potential benefits against possible hazards to fetus.

Precautions: Do periodic serum electrolyte and BUN determinations. Do periodic hematologic studies in cirrhotics with splenomegaly. Antihypertensive effects may be enhanced in postsympathectomy patients. The following may occur: hyperuricemia and gout, reversible nitrogen retention, decreasing alkali reserve with possible metabolic acidosis, hyperglycemia and glycosuria (diabetic insulin requirements may be altered), digitalis intoxication (in hypokalemia). Use cautiously in surgical patients. Concomitant use with antihypertensive agents may result in an additive hypotensive effect.

Adverse Reactions: Muscle cramps, weakness, dizziness, headache, dry mouth; anaphylaxis; rash, urticaria, photosensitivity, purpura, other dermatological conditions; nausea and vomiting (may indicate electrolyte imbalance), diarrhea, constipation, other gastrointestinal disturbances. Rarely, necrotizing vasculitis, paresthesias, icterus, pancreatitis, and xanthopsia have occurred with thiazides alone.

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WOMAN'S AUXILIARY PAGE

AUXILIARY OFFICERS 1972 - 1973

President.....	Mrs. J. Lawrence Smith (Norma)
President-Elect.....	Mrs. James Stilwell (Lois)
1st Vice President & Program.....	Mrs. K Royce Hansen (Ginny)
2nd Vice-President & Membership.....	Mrs. Robt. Whitney Jr. (Helen)
3rd Vice President, Historian & By-Laws.....	Mrs. Ronald Gallucci (June)
4th Vice President—Social.....	Mrs John M. Havlina (Dolores)
Recording Secretary.....	Mrs. David W. Millett (Roberta)
Corresponding Secretary.....	Mrs. F. Dennis Waldron (Marlene)
Treasurer.....	Mrs. Arthur P. Wickstrom (Dee)
Dues Treasurer.....	Mrs. Robert C. Johnson (Betty)

COMMITTEE CHAIRMAN

AMAERF.....	Mrs. Joseph H. LaTona (Lona)
Community Health.....	Mrs. George A. Moosey (Jane)
Finance & Pierce County Health Council.....	Mrs. Philip Grenley (Dorothy)
Legislative.....	Mrs. Jack J. Erickson (Phyllis)
Nominating.....	Mrs. Herbert C. Kennedy (Nadine)
Health Careers.....	Mrs. Melvin Henry (Marie)
Publicity-Bulletin.....	Mrs. Robert R. Burt (Lorna)

STANDING COMMITTEES

Publicity-Newspaper.....	Mrs. Duncan T. Baer (Marilyn)
Speakers Bureau.....	Mrs. Harold B. Johnston (Mary)
Student Recognition and Awards.....	Mrs. Robert M. Ferguson (Donna)
Telephone.....	Mrs. Charles D. Prewitt (Donna)
	Mrs. Wayne Bergstrom (Reta)
Cookbook.....	Mrs. Dale Hinz (Sharon)
	Mrs. George Tanbara (Kimi)
Today's Health.....	Mrs John A. Kennedy (Nancy)
Art Auction.....	Mrs. William Ritchie (Marjorie)
	Mrs. David L. Be Miller (Linda)
Mental Health Com. Chrmn.....	Mrs. Max Brachvogel (Judy)
	Mrs. Jay H. Ehy (Vivian)
Hospitality Chairman.....	Mrs. Marcel Malden (Jean)
TACC Representative.....	Mrs. J. G. Katterhagen

Congratulations!

Congratulations and best wishes to our Legislative chairman, Phyllis Erickson, who won her seat in the Washington State House of Representatives from the 2nd District. We will all follow her political career with interest and will look forward to hearing from her and President, Norma Smith, about Legislative Day in Olympia for Auxiliary members which will be on January 23, 1973.

Art Auction Success

Without such wonderful gals, doing just the greatest kind of a job, where would Medical Auxiliary be?

The work involved was tremendous but our exuberent and uncomplaining co-chairmen, Judy Brachvogel and Linda BeMiller and their magical committee drew another financial and social success out of the hat.

One hundred and ninety-seven members and guests enjoyed the delicious hors d'oeuvres donated by Auxiliary members and served by Ellie Barnes and Marilyn Baer. Alice Hilger was responsible for the lovely table decorations.

Over one hundred paintings were sold, one auxiliary member bought as many as seven paintings while others bought two or three.

Janet Anderson, who took care of finances, reports that we will clear a little over \$2,000.00. All monies raised at this charity event will be spent in the local community. Obie Alger took care of registration.

Auxiliary members organized by Carol Hopkins sent out 1200 invitations, a 400 increase over last year, and publicity for the event was handled by Nancy Kennedy and Anne Katterhagen.

Congratulations to all of you for a monumental job well done!

State Visitors

It was a cold, stormy day and they were delayed by snow in the Mountain Pass but State President, Mrs. Paul G. Kenney and President-Elect, Mrs. Elsbeth Bede arrived in time for the luncheon and board meeting held at the home of Nadine Kennedy, Wednesday, October 25th. Also present from the State Board were our own members, S.W. Regional Vice President, JoAnn Johnson, who was handing out pink booties with lollipops

(Continued on Page 23)

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Puget Sound National Bank
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(Continued from Page 21)

to announce the arrival of her new baby girl, Hadley Brooks Johnson, and Vivian Ehly, State Mental Health chairman.

Beryle Kenney described her visit to the Fall Regional Workshop of the 13 Western States in Hawaii. It covered many subjects from Self Defense to Ecology and stressed the power of positive thinking. "You can do anything if you try; public speaking is a good example," she said.

One new idea that evolved from the meeting was that of a membership transfer card for doctors and their wives who move from one community to another so that the wives may come directly into another auxiliary without waiting to apply and pay for a new membership.

Mrs. Kenny also suggested that County chairmen who need information, other than what they can obtain from the State Board, should go to the President or President-Elect as those officers have a "Direct-Line" publication from National that may be helpful.

Ambulatory Care Center

Women volunteers are needed for the Ambulatory Care Center, especially in medical records as clerks, although there is also a need for regular nurses, social workers and receptionists. The hours are 4 to 9 p.m. each day. More information may be obtained by calling the Family Clinic at MA 7-9182.

Santa Needs Helpers

Western State Hospital needs Santa Claus helpers. The Pierce County Medical Auxiliary members have served in this capacity in the past, and the need is urgent again this year. Western State especially needs gifts for adults — all gifts must be new merchandise. If your package is gift wrapped, please label for man or woman and size. Christmas gifts may be left at the reception desk of the Administration Building or, if mailed, address parcel to: Superintendent, Wes-

tern State Hospital, Fort Steilacoom, Washington 98494. If there are any further questions about this project, contact Judy Kaspersen, Coordinator of Volunteer Services at 552-3574.

Nominating Committee

At the October meeting, the following Nominating Committee was elected.

Nadine Kennedy, Past President:
Chairman

Lois Stillwell, President-Elect
Mary Johnston, Board member
Judy Brachvogel, Board member
Kimi Tanbara, alternate Board member

Kathleen Skrinar, Membership-at-large

Evie Osborne, Membership-at-large

Mimi Miskovsky, alternate Membership-at-large

Belated Thank You

A big thank you is due Julia Mueller and her committee, Kit Larson, Jean Malden, Martha Brigham and Ina Rowen for the wonderful luncheon served at the October meeting in the home of Glenna Blackett. At the time the Bulletin went to press last month, these names were not available. Sorry about that!

Sent Your Dues Yet?

Remember, dues must be in this month. Send a check now for \$12.00 to Dues Treasurer:

Mrs. Robert C. Johnson
1114 North James
Tacoma, Washington 98406

Get Well Wishes

Speaking of our President, Norma Smith, I called her the other day and asked her what she was doing in bed in Doctor's Hospital. She assured me she wasn't just loafing! Nothing serious though and she'll soon be "up and at 'em" again. We all wish you a speedy recovery, Norma.

Merry Christmas Everybody!

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Edwin C. Yoder Memorial Lecture

The tenth of November was a Hallmark time for medical education in this city of Tacoma. The first of the Edwin C. Yoder Memorial Lectureships presented to the medical community one of the outstanding cardiovascular surgeons of our time. Doctor Charles Rob, internationally recognized medical educator, came to Tacoma from Rochester to spend a lengthy day with many members of the medical profession. He had the opportunity to visit with the Tacoma Surgical Club on the evening of the ninth soon after he stepped off the plane from the East.

The following morning, he began his day with a presentation at a breakfast meeting at St. Joseph Hospital which included television remote to the surgical and cafeteria areas. Following the breakfast session. Dr. Rob was able to respond to several questions from both areas over the television network and thus reached a number of physicians and others who could not attend the breakfast session.

In the morning that followed, Dr. Rob had a press conference talking about the future of hospitals and medical care in general and also had the opportunity to review the surgical plans for the new St. Joseph structure now in development. He was able to make several suggestions that will be followed up by the staff of the hospital.

The major event of his visit was the Memorial Lecture at noon held at the Rodeway Inn. Eighty-five physicians from Pierce County and adjacent areas were present to hear his major address. This concerned surgery on the aorta and was pointed toward all segments of the medical profession from pediatrics to geriatrics and general practitioner to cardiovascular surgeon. His talk was well received and sets the pace for future lectureship through this foundation.

The afternoon gave Dr. Rob the opportunity to talk about the future of surgical suites and surgical procedures to the operating room nurses of this area. The large classroom of St. Joseph Nursing School was filled to overflowing and by the time Dr. Rob completed an hour and fifteen minutes with these enthusiastic personnel of all of Tacoma's hospitals, both he and the other participants had a new appreciation for the capabilities in our community.

Mrs. Yoder and several others have been generous in establishing a sizeable trust fund in the memory of our colleague, Dr. Edwin C. Yoder. This is most appropriately assigned in an effort to include special teaching personalities in intimate and personal contact with physicians of the community Dr. Yoder served so well and so long. Arrangements are already underway for next year's lectureship at St. Joseph Hospital and, with the association of the Surgical Club of this community, the excellence of the program seems assured.

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X-Ray Page 6

DENOUEMENT: Crossed fused renal ectopia. The mass was due to the ectopic kidney.

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Pierce County Medical Society Meeting

Tuesday, December 12

Medical Arts Building
Auditorium

Program - 8:15 P.M.

Venereal Disease

Dr. King Holmes, Chief
Dept. of Infectious Disease
U.S. Public Health Services Hospital,
Seattle

Dr. Marshall Cremers, Chief
VD and TB Units
State Dept. of Health, Olympia

SOCIAL HOUR: 6:00

DINNER: 6:45

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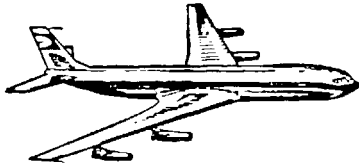
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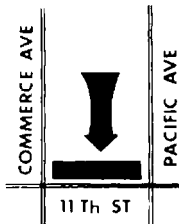
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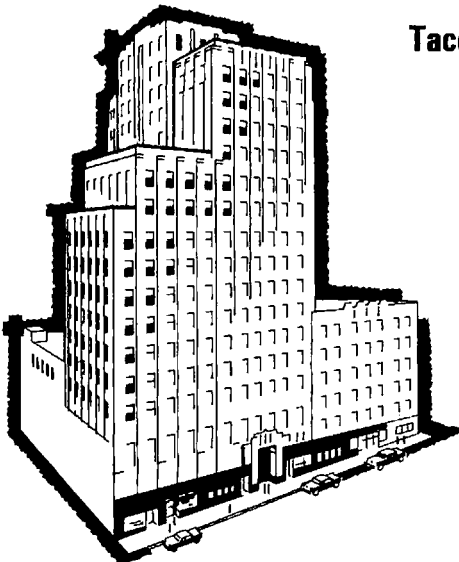
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