

The

PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

VOL. XXXVI—No. 1

TACOMA, WASH.

JANUARY - 1965



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
JANUARY 12**

Pierce County Medical Society

1965

OFFICERS
 President Frederick J. Schwind
 President-Elect Glenn G. McBride
 Vice-President Lester S. Baskin
 Secretary-Treasurer Arnold J. Herrmann
 Executive Secretary Judy Gordon

TRUSTEES
 Richard F. Barronian Robert C. Johnson
 Lester S. Baskin James D. Lambing
 Myron A. Bass Glenn G. McBride
 J. W. Bowen, Jr. Clinton A. Piper
 Robert R. Burt Frank J. Rigos
 Arnold J. Herrmann Frederick J. Schwind

DELEGATES
 Douglas P. Buttorff Frederick J. Schwind
 Robert M. Ferguson Stanley W. Tuell
 Robert W. Florence Wayne W. Zimmerman
 Glenn G. McBride

ALTERNATE DELEGATES
 Richard F. Barronian Herman S. Judd
 Charles J. Galbraith Robert W. Osborne
 Philip Grenley Charles C. Reberger
 Kenneth E. Gross

COMMITTEES
Ethics
 Murray L. Johnson, Chairman
 Samuel E. Adams, Frank R. Maddison
Grievance
 Frank J. Rigos, Chairman
 G. M. Whitacre Stanley W. Tuell
Program
 Robert C. Johnson, Chairman
 Clinton A. Piper Robert M. Ferguson
Public Relations
 James D. Lambing, Chairman
 John F. Comfort Robert M. Ferguson
 Kenneth E. Gross G. Marshall Whitacre

Library
 Don G. Willard, Chairman
 Robert M. Freeman William E. Avery

Public Health
 Lawrence N. Brigham, Chairman
 Cecil R. Fargher Robert C. Johnson
 Orvis A. Harrelson David L. Sparling

House and Attendance
 John R. Alger, Chairman
 Robert Klein William W. Mattson, Jr.

Civil Disaster
 Edward R. Anderson, Chairman
 Leo Annest Charles E. Kemp
 Robert R. Burt Richard B. Link
 Kenneth D. Graham Robert D. McGreal
 T. R. Haley Leo F. Sulkosky
 David T. Hellyer Arthur P. Wickstrom

Diabetes
 Robert A. O'Connell, Chairman
 Robert A. Kallsen Roy H. Virak

Entertainment
 William L. Rohner Walter L. Sobba
Geriatrics
 S. Robert Lantiere, Chairman
 Herbert C. Kennedy Harold F. Kahler

Legislative
 J. Hugh Kalkus, Chairman
 Homer W. Humiston Herman S. Judd
 B. D. Harrington John M. Shaw

Wayne W. Zimmerman
Medical Education
 Edmund A. Kanar, Chairman
 Glenn G. McBride Bernard R. Rowen
 James Mason (Ex-officio)

Operation Hometown
 Douglas P. Buttorff, Chairman
Schools
 George C. Gilman, Chairman
 Cecil R. Fargher Dudley W. Houtz
 Orvis A. Harrelson Everett P. Nelson

Mental Health
 Hugo Van Dooren, Chairman
 James M. Blankenship Jerman W. Rose

Poison Control
 Claris Allison, Chairman

Bulletin Staff

Editor Stanley W. Tuell
 Business Manager Judy Gordon
 Auxiliary News Editor Mrs. Alva E. Miller



January Birthdays

- 1 George G. R. Kunz
- 2 Stevens Dimant
Hillis F. Griffin
- 3 Burton A. Brown
Ralph H. Huff
- 4 Edmund A. Kanar
- 5 Norman E. Magnussen
Bernard N. Ootkin
Paul B. Smith, Sr.
- 7 Robert M. Ferguson
George H. Hess
George A. Race
- 9 Carlisle Dietrich
- 10 William Burrows
D. A. Marlatt
- 12 William H. Todd
- 16 Robert H. Gibson
Leo F. Sulkosky
- 18 R. A. Norton
James F. Ward
- 19 Theodore Apa
Don Cummings
- 20 Ralph A. Johnson
Ronald T. Spangler
- 24 Rene Gay-Balmaz
- 26 Raymond C. Ellis
- 27 John M. Havlina
- 30 William L. Spaulding
- 31 Virginia L. Larsen
Robert B. Truckey

Cover Photo . . .

Courtesy of TOM UPPER

PATRONIZE YOUR ADVERTISERS

HAVE YOU PAID YOUR AMPAC DUES?



HAPPY NEW YEAR

The text "HAPPY NEW YEAR" is rendered in a bold, black, hand-drawn font. It is positioned on a five-line musical staff. The letters are integrated with musical notation: the 'H' and 'A' are on the top line, 'P' is on the space below, 'Y' is on the second line, 'N' is on the space below, 'E' is on the third line, 'W' is on the space below, 'Y' is on the fourth line, 'E' is on the space below, and 'A' is on the bottom line. Four musical notes are placed around the text: one above the 'Y' in 'HAPPY', one below the 'P', one below the 'E' in 'NEW', and one below the 'A' in 'YEAR'. The staff itself is a simple black line with four horizontal lines.

Prescription Optical Company

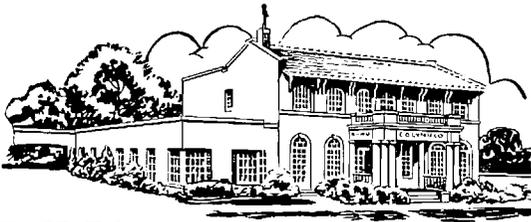
"Fashion In Eyewear"

205 Medical Arts Building
Tacoma, Washington
Market 7-4151

Branches in . . . Lakewood - Everett - Bremerton - Fort Lewis



Member
THE ORDER OF
THE GOLDEN RULE



LYNN FUNERAL HOME
PHONE MA 7-7745

PROVIDING FINE FUNERAL SERVICE SINCE 1905
717-719 TACOMA AVENUE TACOMA • 2 • WASHINGTON

January Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
4 Tacoma Acad. of Psych. & Neurol. 8 p.m. Tacoma Orthopedic Society 8 p.m.	5 C.P.C. of Mary Bridge—8 a.m.	6 Surgery Grand Round—T.G.H. 8-9 a.m.	7 Pierce County Pediatric Society 6:00 p.m.	8 C.P.C. of St. Joseph's—9 a.m.	9 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
11	12 PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M. C.P.C. of Mary Bridge—8 a.m.	13 OB-GYN Conf. T.G.H. 8-9 a.m.	14	15 P.C.M.B. Board 8:15 p.m.	16 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
18	19 Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	20 Medicine Grand Rounds—T.G.H.	21	22 C.P.C. of St. Joseph's—9 a.m.	23 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
25 Pierce County Academy of General Practice 6:30 p.m.	26 Tacoma Acad. of Internal Medicine 6 p.m. C.P.C. of Mary Bridge—8 a.m.	27 Path. Cancer Conf.—T.G.H. 8-9 a.m.	28	29	30 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.

Grand Rounds—Mt. View General Hospital—Every Saturday 9 to 10 a.m.

Since 1888 . . . three quarters of a century of dignity and service at sensible prices.

- Convenient location
- Two beautiful chapels
- Plenty of parking

**C. C. MELLINGER
FUNERAL HOME
and MEMORIAL CHURCH**

6th & Tacoma

BR 2-3268

**DAMMEIER
Printing Co.**

Printers and Offset Lithographers

BRoadway 2-8303

811 Pacific Ave.

Tacoma

MISSING:

\$10,000



Often the youngest generation pays the heaviest penalty when good intentions aren't brought to life by a Will.

Lack of a Will based on sound tax planning may expose assets to double, even triple taxation—each cutting more dollars from the funds that a grandchild finally receives.

Find out how much an up-to-date Will might save for younger members of *your* family! Get together soon with your attorney and with us.

Thoughtful Wills and experienced Trusteeship have preserved the funds for many a college education.

CERSHOM C. ROWLAND
Senior Vice President and Trust Officer

TRUST DEPARTMENT



MEMBER FEDERAL DEPOSIT INSURANCE CORPORATION

PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, January 12

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

“STEELHEADING CLINIC”

Samuel E. Adams, M.D.

Walter L. Sobba, M.D.

* * * *

Social Hour: 6:00

Dinner: 6:45

Honan's Restaurant

NOW UNDER CONSTRUCTION

**PROFESSIONAL
CENTER**

offering modern space for medical
suites in fast growing residential area.

Phone TE 3-1689

AUBURN

BEALL'S

The Prescription Store

124 Meridian South

PUYALLUP

Phone Puyallup 5-8444

President's Page



At the beginning of the new year it is traditional to look back on the achievements and statistics of the previous year. The most important public health problem which attracts our attention is the increase in traffic fatalities in 1964. Automobiles and their drivers killed more people last year than in any time in the history of the State of Washington, surpassing the previous record of 661 traffic deaths set in 1941. We can expect the national traffic death toll to exceed 40,000 again in 1964. In this era of colossal statistics, small figures lost their significance unless we have a suitable "yardstick" for comparison. The 1964 national traffic death figure (roughly 40,000) is just a little less than the total military personnel and their dependents at both Fort Lewis and McChord Field (42,000). Our Washington State traffic fatality figure for 1964 is somewhat more than 600-odd men of the fabled "Lost Battalion" of World War I.

A decade ago, the governor of our State instituted a vigorous campaign to try to reduce the number of accidents and deaths on our streets and highways. While the campaign lost momentum near the end, there was a significant drop in the state traffic death toll for the year. The governor is in a particularly good position to spearhead a drive to reduce traffic deaths because of his political stature and his liaison with various departments of State government and the legislature.

In his "blueprint for progress", let us hope that our new governor will immediately launch a very active program aimed at reducing traffic accidents and deaths during the next few years. This may necessitate an increase in the size of our State Patrol, as our highway system has expanded greatly and vehicle registration has increased by about a half million in the past decade.

The "Lost Battalion" of our streets and highways in 1964 included a shockingly high percentage of young adults, some never having had a chance to contribute to the wealth of our great State or enjoy the benefits thereof. Let's hope that 1965 will bring some improvement in our major public health problem in Washington State.

FREDERICK J. SCHWIND, M.D.

rx
farrell's
PRESCRIPTIONS, INC.

FAST, ECONOMICAL PRESCRIPTION SERVICE

PLUS FREE DELIVERY

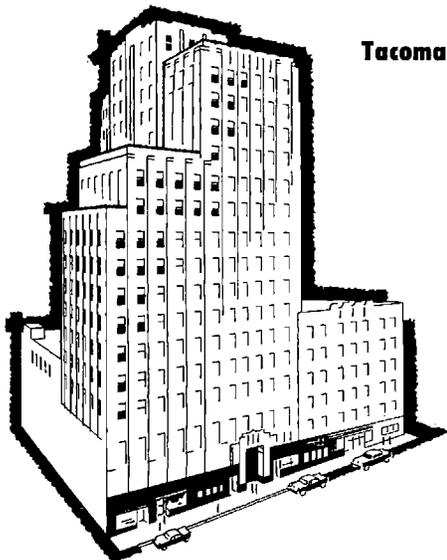
BR 2-8000

Market Street
Lobby

FU 3-5595

Medical Arts Building

St. Helen's Street
Lobby



Tacoma's ONLY Class "A" Medical Building

The Medical Arts Building located in the heart of Tacoma—where it should be—provides all the needs of the medical profession . . . a modern hospital, fully equipped laboratories, prescription pharmacy, optical store, fine auditorium, new restaurant, medical supply house, Pierce County Medical Society office and library . . . PLUS more than 500 parking spaces within a half block of the building. Your inquiry is invited.

Medical Arts Building

Building Office: 110 Medical Arts Bldg.

Market 7-6441

METROPOLITAN BUILDING CORP., MGRS.

Editorially Speaking

Is it time for you to . . .

Renew your driver's license?
Get your annual physical?
Oil your furnace?



If you're not sure, perhaps a glance at page 2 in every issue of the Bulletin is just the reminder you need. While it may be just a bit far-fetched to imply that any doctor would actually need to be reminded of his birthdate, it happens that the monthly birthday column in this publication is the result of official action taken by the Society several years ago. In their eagerness to get themselves to take some of their own medicine, members voted to publish a "birthday column" in hopes it would serve as a reminder to each physician that it was time for him to strip down, say "Ah", breathe through his mouth and tolerate the probing finger of one of his unsympathetic colleagues.

In response to a recent criticism that labelled the birthday list as a childish Sunday-school-paper gimmick, we're proud to announce that an informal poll of several members revealed that a majority actually did glance at the column in question with at least some degree of interest.

Even if you don't have anything to be reminded about on your birthday, you'd better look at the column regularly or you might miss such useful facts as the following: George Washington shares his birthdate with Charlie Galbraith; George Kunz is the only doctor born on New Year's Day; groundhogs celebrate with Art Wickstrom; October is the most popular month for birthdays (37); February the most exclusive (16); September 11 produced the most doctors (5); and all doctors who complained about having a birthday column in the Bulletin were born on December 13.

Happy Birthday!

—S.W.T.

Enjoy Dinner in the pleasant atmosphere
of a Restaurant typical of San Francisco

Honan's Restaurant

COMPLETE DINNERS FROM \$2.95

Specialties . . .

Broiled Steaks
Australian Lobster Tails
Prime Ribs of Beef

Banquet facilities
Private Rooms for
dinner and meetings
Cocktails

"Tacoma's most popular downtown Restaurant"
across the street from the Medical Arts Bldg.

Honan's

MA 7-7179

Free Customer Parking next door

739½ St. Helens Ave.



Schwarz, Shera and Associates, Inc.

BROKERS INSURANCE SERVICE

LICENSED & BONDED BROKERS



Ned Shera, C.L.U.
Vice President



V. A. "Bud" Schwarz, C.L.U.
President



(Mrs.) Dorothy Connor, C.L.U.
Secretary-Treasurer

Providing

"PROFESSIONAL COUNSEL FOR THE PROFESSIONAL"

Life & Health Insurance
Annuities
Pension Plans (including H.R. 10)

Professional Partnerships
Estate Creation Planning
Estate Conservation Planning

As Brokers we are *YOUR* agent, *NOT* an Insurer's Agent.

Offices at Suite 306, Security Building
Tacoma, Washington

MA 7-8181

Schwind Installed As New President; Rigos Honored



Dr. Fred Schwind, the new President of the Pierce County Medical Society, is shown on the right above as he accepts the congratulations of the outgoing President, Frank Rigos. Dr. Schwind is giving Dr. Rigos a copy of the resolution passed by the Board of Trustees expressing the Society's appreciation of Dr. Rigos' year of service to the organization and to the community.

New Society officers elected by the mail ballot in December are as follows: President-elect, Glenn McBride; Vice-President, Lester Baskin; Secretary-Treasurer, Arnold Herrmann; Trustees, Myron Bass, Robert Johnson and Clinton Piper.

(Don't Contact Me,
Call Up Health
Dept. - - - Editor)

The following statement has been issued by Dr. C. R. Fargher, Tacoma-Pierce County Health Director, for publication in the Bulletin:

"It has been called to my attention that some members of the Medical Society are not familiar with the Regulations of the State Board of Health pertaining to health statements regarding Venereal Disease. The regulations are as follows: 'No laboratory, physician, or other person shall issue to any individual a certificate, statement, or report which states or implies that the individual is free from venereal disease and which may be used for the purpose of soliciting sexual contacts.

"This matter is being called to your attention because some medical statements have been secured lately to aid in making sexual contacts."

Apparently Dr. Fargher would be willing to answer any questions in regard to this problem, for he closes his letter to the Society's executive secretary with, "If you or the editor have any questions about this please contact me."

PATRONIZE YOUR ADVERTISERS

**DAMMEIER
Printing Co.**

**811 Pacific Ave. Tacoma
BRoadway 2-8303**

HAVE YOU PAID YOUR AMPAC DUES?

Oral Polio Vaccine Routine Defined; Cooperation Urged

In the last issue of the Bulletin, Dr. Rigos reported on the formation of an Oral Polio Vaccine Committee. This committee, following the recommendation of the Washington State Health Department, has embarked on a program of immunization of children between the ages of three months and eighteen years. We will use Lederle's trivalent oral vaccine in two doses with an eight week interval between feedings. Children will be charged one dollar for immunization. Those unable to pay will be immunized free. All children, whether or not they have received adequate protection with Salk vaccine, should take the oral vaccine. Because of the age groups involved, it was decided to administer the vaccine through the city and county schools if this was agreeable to the school administrations. A meeting was held recently with our vaccine committee, health department personnel and school administrators. All groups were quite enthusiastic about the program and the Public Health Department and school administration have lent personnel for use in implementing this program. Children from three months to five years of age will receive the vaccine in the Junior High Schools.

We expect to give the first feeding of the vaccine during the week of February 22nd and the second feeding eight weeks later and makeups as necessary. Parents will be given consent forms along with information about the vaccine program.

We intend to publicize this program extensively. The private physician plays a very important role in such a mass immunization. We have always been the ultimate source of medical infor-

mation and, therefore, parents will depend upon the advice of their private physician. In order that this program, sponsored by our Society, be successful, it needs the whole-hearted support and enthusiasm of the membership.

It will be suggested to parents that they may receive the oral polio vaccine in the office of their private physician if they so desire.

LAWRENCE N. BRIGHAM, M.D.

Steelhead Experts Adams and Sobba To Reveal Secrets

When doctors get to telling fish stories, there always seems to be one thing that makes Sam Adams and Walt Sobba different from the others—they catch fish. At least this seems to be true in the fine art of catching the steelhead in Washington rivers. Strangely enough, these two experts apparently have two different approaches to the problem, and though it won't be in the form of a debate, both will air the "secrets" of their success at the January 12 meeting of the Pierce County Medical Society. If you've been an unsuccessful steelheader in the past, here's your chance to pick out the best features of both methods by these two experts. And if you're not a fisherman, you at least will have a chance to get better acquainted with this important phase of Washington State fishing lore.

HAVE YOU PAID YOUR AMPAC DUES?

Pierce County M.D. To Spend 5 Years In Tanganyika



After nearly three decades of practice in Puyallup, Dr. Kenneth Sturdevant will close his office this month and leave for a five-year tour of duty at a 70-bed hospital in Tanganyika, in Central Africa. Dr. Sturdevant, shown perusing a map of Africa, will leave with his wife, Evelyn, in mid-January and visit their children in California. They head for Hawaii on January 24, and make stops in Japan, Hong Kong, and other points of interest during a trip that will take two months before they arrive at their destination. An important stop on the way will be in Saigon, where they will visit their son who is a medical officer there.

As part of the 7th Day Adventist medical missionary program, Dr. Sturdevant will share duties with one other doctor at the hospital, which is located in the little village of Heri, too small to be on the map, but located not far

from the larger town of Kasulu, some 700 miles inland from the east coast of Africa. Thirty-mile wide Lake Tanganyika separates that area from the Congo. The Sturdevants seem undaunted by the recent unrest in the latter country. Heri is not far from the equator, but because of the elevation, the temperature ranges a mild 60 to 90 degrees. Dr. Sturdevant isn't interested in hunting, but will take along a new movie camera hoping to get some shots of the wild game that is so abundant in the area.

The Sturdevant's new home mailing address will be: Heri Hospital, Kasulu, Tanganyika.

HAVE YOU EVER THOUGHT OF WORKING WITH A GROUP?

- Pleasant working conditions
- More leisure time
- New facilities
- Laboratory, x-ray, physical therapy

We need — General Practitioners,
Internists

CALL WESTERN CLINIC

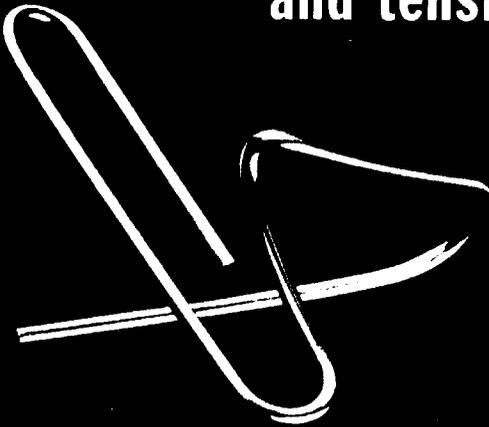
MA 7-9151

6th Avenue at South K

Tacoma

HAVE YOU PAID YOUR AMPAC DUES?

Amytal takes the edge off daytime anxiety and tension



Amytal is a moderately long-acting barbiturate that takes the edge off daytime anxiety and tension without significant change in mood and attitude. Since Amytal is metabolized in the liver within twenty-eight hours, overlapping of effect is minimized, and renal damage does not constitute an absolute contraindication.

Side-Effects: Idiosyncrasy or allergic reactions to the barbiturates may occur. **Precautions and**

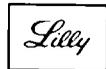
Contraindications: Amytal should be used with caution in patients with decreased liver function, since a prolongation of effect may occur. Administration in the presence of uncontrolled pain

may produce excitement. **WARNING**—May be habit-forming.

Dosage: Doses should be individualized for each patient. The usual adult sedative dosage ranges from 30 mg. (1/2 grain) to 50 mg. (3/4 grain) two or three times daily.

Additional information available upon request. Eli Lilly and Company, Indianapolis 6, Indiana.

AMYTAL[™]
AMOBARBITAL



4-0104

For Years to Come

**A PRECISE REAL ESTATE SERVICE
FOR
ENDURING INVESTMENT QUALITY**

CONFIDENTIAL COUNSELING
BY APPOINTMENT



JOHN T. STEWARD, INC.

Realtors

JU 4-1112

9842 Gravelly Lake Dr. S.W.

John T. Steward

L. O. Larsen

WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

AUXILIARY OFFICERS—1964-1965

President	Mrs. Sherman S. Pinto
President-Elect	Mrs. Merrill J. Wicks
1st Vice-President	Mrs. Theodore Smith
2nd Vice-President	Mrs. James E. Hazelrigg
3rd Vice-President	Mrs. Sidney Kase
4th Vice-President	Mrs. Harold D. Lueken
Recording Secretary	Mrs. John Liewer
Corresponding Secretary	Mrs. Francis W. Hennings
Treasurer	Mrs. Thomas H. Skrinar
Dues Secretary	Mrs. Glenn H. Brokaw
AMAERF	Mrs. Russell Colley
National Bulletin	Mrs. Robert Kallsen
Civil Defense and Safety	Mrs. Herbert Kennedy
Historian and By-Laws	Mrs. Herman S. Judd
Legislative	Mrs. Robert W. Osborne
Membership	Mrs. Jack J. Erickson
Paramedical	Mrs. M. Edward Lawrence
Program	Mrs. Frederick J. Schwind
Publicity	Mrs. George C. Gilman
Bulletin	Mrs. Richard T. Davis
Social	Mrs. Alva E. Miller
Speakers Bureau	Mrs. Kenneth D. Graham
Telephone	Mrs. John Colen
Minute Women	Mrs. Kenneth Gross
Community Service and Council	Mrs. Dale Doherty
Heart	Mrs. Robert M. Ferguson
Cancer	Mrs. G. M. Whitacre
Finance	Mrs. W. W. Mattson, Jr.
Dance	Mrs. J. Robert Brooke
Fashion Show	Mrs. Haskel L. Maier
Mental Health	Mrs. Robert P. Crabill
Today's Health	Mrs. Arthur P. Wickstrom
Cook Book	Mrs. Dudley W. Houtz
International Health	Mrs. Robert W. Florence
Parliamentarian	Mrs. Charles P. Larson
	Mrs. Homer W. Humiston
	Mrs. Thomas B. Murphy
	Mrs. Charles McGill
	Mrs. William H. Goering

January Meeting

Please don't forget that the Madigan General Hospital Officers Wives Club and General Stegar are entertaining our Medical Auxiliary on Friday, January 15th at 10 a.m. at the Madigan Officers Club. It will be a coffee and tour of the hospital. This is the first time they have entertained us and we would like to have a good attendance.

There will be car pools from the Bon Marche at the right of the main entrance, and at Lakewood Villa Plaza in front of V.I.P. The telephone committee will be calling to see if you desire to use the car pool and how many will attend.

Directions to the club are: Freeway 99 south to the Madigan turnoff; go left over the overpass and follow signs to the "T"; go left and follow around right to stop light; turn left; go to the

end of this street where the fire station will be at your left; turn right and go a few blocks to the chapel; turn right in front of chapel—on the left is a tennis court and parking lot with the club at the far end of the parking lot.

Hope we see you there.

World Health Needs Help

Anyone wanting to help World Health may do so. In Tacoma, "Medical Supplies for Missions" needs several volunteers to sort or pack surplus drugs and medicines on Thursdays.

Our Medical Auxiliary Board has voted to cooperate with "Medical Supplies for Missions", a First Presbyterian Church-sponsored service organization sending supplies to foreign hospitals. Besides medicines (sample) they send surgical instruments, office equipment, hospital coats, medical journals not more than two years old. For collection of these items call BR 2-3286.

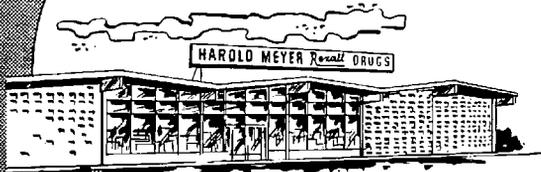
To help on Thursdays, contact Carole Hazelrigg, WA 7-9924, Ruth Murphy, Marion Doherty or Edith McGill.

Fund Started For Dr. Carlson's Family

The Los Angeles County Medical Association sends word that it is accepting contributions to the Physician's Aid-Carlson Fund, all donations to be used for the benefit of the family of Dr. Paul E. Carlson who was killed November 24 by rebel forces in the Congo. Checks should be made out to Physician's Aid-Carlson Fund and mailed to 1234 North Vermont, Los Angeles 29, California.

2 LOCATIONS

Harold Meyer Drugs



11th & K

**OPEN
'TIL
MIDNITE**

**48th & So.
Tacoma Way**



MOUNTAIN VIEW FUNERAL HOME

Takes Care of Everything

UNDERTAKING ✦ CEMETERY ✦ CHAPEL ✦ MAUSOLEUM

4100 Steilacoom Boulevard

JUniper 4-0252

AMPAC for 1965

The New Year has begun and these very first days in January will surely portend what is to follow in 1965. Following the inauguration of our President, his actual strength in the House and Senate will be assessed in order to indicate the probability of passage of special legislation. Certainly, one of the main programs under close scrutiny is the Medicare legislation and if the strength is there, a bill will pass through the Congress both swiftly and surely. If, however, the apparent strength is not actually there, we will still stand a chance to fight further on in our battle for freedom in medicine.

AMPAC was formed and sanctioned by the AMA as its arm to fight socialized medicine with "hard" dollars. The AMA itself may lobby in Washington and can attempt to educate doctors and patients but AMPAC is the AMA's means of actually putting "hard" dollars or non-deductible cash at the disposal of the candidates whose views coincide with those of the AMA concerning Medicare legislation. Since the battle is a continuous one, we must start now to build up our treasury so that we are able to help our friends in Congress who are also fighting to preserve freedom in the practice of medicine.

And what does this mean to you personally? Well, you may not be looking forward to bureaucratic interference with your care of patients over 65 years of age. (Is the necessary drug on an approved list? Will the patient be angry with you, his doctor, instead of the Secretary of HEW if the average per diem rate for inpatient hospital services is inadequate? Will the hospital to which your patient wishes to go and of which you are a staff member be on the approved list? Will the hospital utilization review committee decide that your diagnosis and treatment

does promote "the most efficient use of available health facilities and services?" Will you patient be angry when he discovers that his records are open to many bureaucrats? Etc., etc., etc.) There is a means available of doing something about this besides just wringing your hands and HOPING for the best. We would appreciate seeing a new surge of interest in our program. We have received dues from only 20% of our membership here in Pierce County so far. We are sincerely grateful to these 20% who feel AMPAC is a sound investment in a more secure future.

We sometimes wonder if we are not missing the boat in trying to reach the remaining 80%. Perhaps they just don't understand AMPAC or maybe we are not explaining our position adequately. Maybe we should have this in the form of a question and answer column. We would certainly welcome any inquiries or suggestions in or outside of this column. We are trying to do a job for all of you but we just simply need your dollars to do a more adequate job.

Please think about AMPAC and give serious thought to your future and see if you don't agree that AMPAC is a necessary part of that future. A brief glance around will quickly indicate that politics has entered every phase of our life, be it medicine, religion, education, etc. Since this is so, we cannot turn our backs on politics and ignore it. We must understand, participate and try to improve it. Politics at present is quite sick and surely we have the intelligence, and diligence to provide the proper therapy. **Join AMPAC for '65!**

THOMAS H. SKRINAR, M.D.
6th Congressional District
AMPAC Chairman

PATRONIZE YOUR ADVERTISERS

Time Tested Dependability

Established 1889

R. E. Anderson & Co. Inc.

INSURANCE - MORTGAGE LOANS - REAL ESTATE
PROPERTY MANAGERS



752 Broadway

BRoadway 2-8475



FOR PROFESSIONAL ANALYSIS OF
YOUR INSURANCE PROGRAM

Ask for

Donald M. Moore

Donald J. Hill

Robert D. Sizer

Herbert F. Syford

Stewart L. Simpson

Edward J. Pole

STOWELL'S . . . Prescriptions

Our completely new and larger store
will give you and your patients
more efficient and reasonable service.

/ / /

FREE DELIVERY

/ / /

BRoadway 2-2201

744 Market Street

Doctors Hospital Building

Tacoma Brace & Limb Co.

Lenart C. Ceder, owner



Expertly fitted—

- Artificial Limbs
- Orthopedic Appliances
- Surgical Belts
- Arch Supports
- Trusses



Fulton 3-4439
723 South K Street

"Glasses as your eye physician prescribes them"

Contact Lenses — Artificial Eyes

Columbian Optical Co.

Ground Floor, Medical Arts Bldg.
Medical Center
Western Clinic Bldg.
Lakewood

DAMMEIER Printing Co.

BRoadway 2-8303

811 Pacific Ave. Tacoma

RANKOS

PHARMACY

101 North Tacoma Avenue

Prescription

Druggists



We Carry a Complete Line of
Biologicals and Pharmaceuticals



"When Moments Count"

FULTON 3-2411

PROMPT . . . FREE DELIVERY

HAVE YOU PAID YOUR AMPAC DUES?

LOOK WHY NOT GIVE YOUR PATIENTS
 THE BEST IN TRANSPORTATION
 COSTS NO MORE . . . REASONABLE RATES



**M
A
7
-
1
1
2
1**

**M
A
7
-
1
1
2
1**

Resuscitator Service
 Oxygen Equipped Electric Cot Warmers
 Licensed Attendants

Tacoma Yellow Cab Co.

1324 MARKET STREET

LUDWIG'S PRESCRIPTIONS

3 LOCATIONS TO SERVE YOU

LAKESWOOD CENTER

DAVID LUDWIG, Manager

9514 Gravelly Lake Drive S.W.

JU 8-2191

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

THUNDERBIRD CENTER

WM. H. LUDWIG, JR.

8105 Steilacoom Boulevard S.W.

JU 8-1889

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

SOUTH TACOMA STORE

FRED LUDWIG, Manager

5401 South Tacoma Way

GR 4-9419

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 9:30 A.M. TO 9 P.M.

365 DAYS A YEAR

FREE PRESCRIPTION DELIVERY

HOSPITALS

Tacoma General

One of the highlights of the Christmas Season at Tacoma General Hospital was the annual Christmas party for employees held on December 12, at Fellowship Hall, which was gaily decorated for the occasion. Hospital employees presented a talent show which was followed by a delightful buffet supper. The evening's activities ended with greeting friends and dancing. About 550 employees and guests attended. For the employees who had to be on duty at the hospital a continuous buffet supper was served in the hospital dining room.

CHARACTER PLUS CHARM \$47,500

North 5th and Tacoma, 7 Bedrooms, 6 Baths. Solid Brick and Stone, not veneer, Clay Tiled Roof. Double Entry to large hall, Open Staircase, Huge Living Room, Den, Banquet-size Dining Room, Tiled Powder Room off main hall.

New Birch Kitchen, Built-in Range, Dish-washer, Disposal. Large private, landscaped yard, Fenced patio area, 4 Garages. A most distinguished home, shown by appointment anytime. Call Harry Hotchkiss, SK 2-5601. (HE 7-89)

R. E. ANDERSON & CO., INC.

752 Broadway

BR 2-8475

Member Multiple Listing Service

Saint Joseph's

The X-ray and Medical Record students sang at the annual employees' Christmas Party on the 17th of December. A trio of LPN's also entertained us with Christmas carols, and the Junior Choir from St. Leo's performed too. The X-ray and Medical Record students caroled throughout the hospital on the 21st of December. There was abundant food for all, and everyone had a wonderful time.

There will be an Operating Room Nurses' Conference on Saturday, January 16, 1965, at Jackson Hall, Tacoma General Hospital School of Nursing. Co-chairmen are Mrs. Donna Neilsen, R.N. and Mrs. Ellen Lessor, R.N.

The morning session is cardio-vascular surgery.

Moderator: Mrs. Donna Neilsen, R.N.

Panelists: Dr. David Goodson, Dr. Clinton Piper, and Miss Gale Tomes, R.N.

The afternoon session is orthopedic surgery.

Moderator: Mrs. Ann Lee, R.N.

Panelists: Dr. Edward Eylander, Dr. Robert Florence, and Mrs. Marian Wetsch, R.N.

In addition, Cardiac Arrest will be discussed by Dr. Gordon Dean.

Mrs. Florence Reidinger represented the school at the College Night Program held by the Holy Names Academy in Seattle.

The Junior Class is celebrating their recent victory in the Christmas card sale competition. They are also raffling tickets for a dinner for two at a top Tacoma restaurant of your choice. This money will be used to send representatives to the National Student Nurses'

Convention in San Francisco this March.

The Freshman class is busy planning the annual Winter Prom which will be in the Crystal Ballroom on the 9th of January.

New officers in the Freshman class, recently elected to fill vacancies are: Social Chairman, Mary Ann Basista, and Court Representative, Judy Budgett.

Newly-elected officers of the Medical Staff for 1965 are: President, Dr. Rowen; President-elect, Dr. O'Connell; Vice President, Dr. Comfort; Secretary, Dr. Piper; Chairman of Credentials Committee, Dr. Dean; Member at large of the Executive Committee, Dr. Thomas.

MRL Contributions to the Bulletin:

*She tood before the pearly gate,
Her face was drawn and sad.
She stood before the man of fate,
Who screened the good from bad.
"What have you done?" Saint Peter
said,
"To gain admission here?"
"I've been a Medical Records head
For many, many a year."
The pearly gates swung open wide
Saint Peter rang the bell.
"Come in and choose your harp,
my friend,
You've had your share of hell."*

St. Joseph Hospital extends wishes of a very Happy New Year to the Medical Society members and their families.

Lakewood General

Three Year Accreditation

Word has been received from the Board of Commissioners of the Joint Commission on Accreditation of Hospitals that the hospital has been accredited for a period of three years. The hospital, which has been in operation for three and one-half years, was surveyed October 29, 1964, by Robert F. Brown, M.D., field representative of the Commission.

Christmas Party

A party that all of the hospital employees, medical and dental staff of Lakewood General Hospital look forward to each year is the Christmas party and dance. It was again held at the Tiki Restaurant on December 19th and jolly old Santa (really Dr. Albert Ehrlich) was right on time for the grand opening, bringing in a huge Christmas cake. When what to everyone's wondering eyes did appear but Miss "Merry Christmas" (Margaret Murphy) popping up — right out of the cake — to spread Christmas joy and cheer to all those attending the party.

Highlights of the evening included dancing to a five piece dance band, a buffet dinner and the program with Dr. John Harbottle acting as Master of Ceremonies.

A hilarious feature of the program was the "belly-button" ballet staged by Doctors Kenneth Gross, Ralph Stagner and Kermit Mead.

Four charming chorus girls, Margaret Murphy, Arlyn Hodgert, Beverly McIlrath and Bernice Miller demonstrated the grace of "Island" dancing to the tunes of "Keep Your Eyes on the Hands" and "Christmas in Hawaii." They also led a "Sing Along" accom-

panied by Bernice Miller on the piano.

The beautiful decorations were furnished by the Hospital employee committee and the good will exuberated by all who attended is assurance that the party was a grand success.

New Equipment

Lakewood General has purchased an American Optical Cardioverter and Cardiometer for the hospital.

The Auxiliary recently presented the hospital with medicine carts, a wheelchair, thermometer shakers, thermometer holders and an air mattress.

This busy group under the guidance of Mrs. Kenneth Ritter, President, has sponsored many money raising projects throughout the year including a style show and the gift bar they keep open several days a week on the main floor of the hospital.

The Auxiliary donated a Christmas tree and decorated the hospital for the Christmas season.

Many thanks also go to the employee committee for the tree they contributed and to Mr. Hull for the beautiful white flocked tree for the front lobby.

Returns From Europe

Dr. Michael Irvin recently returned from a tour of the European countries and is ready to go again! He stated that three weeks is really not long enough to see everything and he would like to go again in the near future and take his family this time for a more extended trip.

County Societies . . .

IN THE NEWS

Genesee County Medical Society, Michigan, physicians participated in a recent Civil Defense Exercise held in Batavia, New York. Called Operation Radac, the disaster was based on a pre-supposed wreck of a crowded, convention-bound passenger train and a freight train carrying radioactive materials. 230 of the "victims" were rushed from the disaster site to emergency areas set up in three participating hospitals. The primary purpose of the exercise was to test the co-ordination and operational function of the Civil Defense communication; fire, auxiliary police, medical, welfare, transportation, engineer-public works and radiological services under emergency situations.

Toledo Medical Society, Ohio, physicians are cooperating in running the city's first Amputee Clinic. The clinic, sponsored by the Northwestern Ohio Chapter of the National Rehabilitation Association, provides service to all amputees in the Toledo area upon a physician's referral. The clinic staff will see the patients individually and will provide the necessary medical recommendations; a gait analysis; make prosthetic adjustments and fittings; give financial assistance if indicated; job evaluation and vocational counseling and physical therapy instructions and home exercise programs.

Cleveland Academy of Medicine, Ohio, is co-sponsoring a series of seminars in health and related sciences entitled, "Continuing Education in Health and Fitness." The purpose of the seminars is to present teachers of health the latest developments, information and research on selected health topics. Some topics are: "Family Life Educa-

tion," "School Community Meeting on Venereal Disease" and "Mental and Emotional Health." Participants in the seminars include health teachers, physical education teachers, science teachers, school nurses and administrators.

Luzerne County Medical Society, Pennsylvania, is distributing health cards to the public as an important step toward safeguard the public health. On these cards, the family doctor may note any special allergies to serums, antibiotics or note whether the patient is a diabetic, epileptic, etc. The Medical Society feels that this program is very important, especially where minutes may count in saving lives. The Society has had numerous requests for the cards and the idea is being well received by the public.

Lycoming County, Pennsylvania, has been selected as a county for the Community Vaccination Project. This project is a pilot program that will be a step in making sure all new infants are given the required vaccinations as soon as possible. The project will be handled by the Division of Vital Statistics and Data Processing. Parents of newly-born children will be mailed recommendations concerning early immunization when the child is two months old. A follow-up will be sent at six months and further follow-up measures will be taken as necessary.

Quote of Note . . . "Yes, we did produce a near perfect Republic. But will they keep it, or will they, in the enjoyment of plenty, lose the memory of freedom. Material abundance without character is the surest way to destruction"

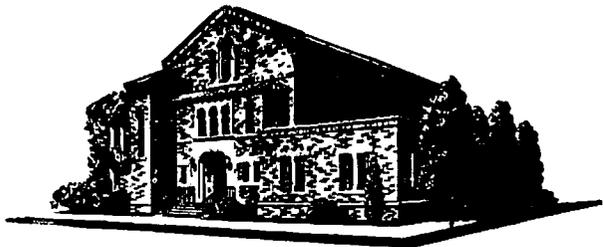
—THOMAS JEFFERSON



" I'M TAKING YOU OFF GOAT'S MILK ! "

Courtesy Medical Society Magazine Group

Spacious, beautiful memorial chapel
Choice of cemetery, mausoleum,
cremation or columbarium



Choice of type or
manner of service

Budget Terms
Available

BUCKLEY-KING

CONVENIENTLY LOCATED • TACOMA AVE. AT SO. FIRST
LARGE PARKING AREA

SHAW SUPPLY HAS THESE SERVICES TO OFFER YOU AND YOUR PATIENTS

- Your choice of the finest lines manufactured.
- Experienced fitting for both men and women
 . . . Surgical Supports . . . Belts . . . Hosiery . . .
- Large selection of nurses' uniforms and doctor gowns.
- Complete rental service for sick room supplies
 . . . Pick up and Delivery Service . . .
- Factory trained repair service in our own shops.

Serving The Pierce County Medical Profession Since 1904



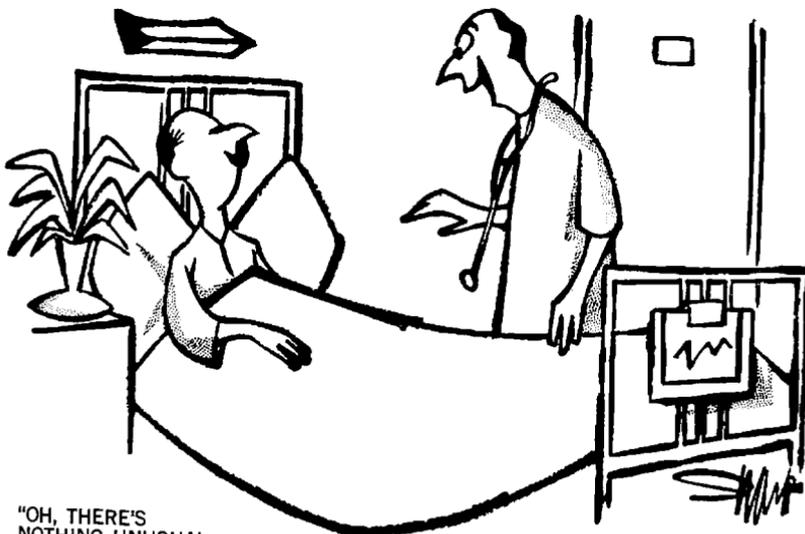
710 fawcett ave.
tacoma 2, wash.
broadway 2-1125

PHYSICIANS' AND HOSPITAL SUPPLIES



"WHEN DID YOU FIRST
START THINKING OF YOURSELF AS A STALACTITE?"

Courtesy Medical Society Magazine Group



"OH, THERE'S
NOTHING UNUSUAL
ABOUT YOUR DISEASE IN ITSELF — IT JUST HAPPENS TO BE THE FIRST
TIME THAT IT'S EVER BEEN CONTRACTED BY A HUMAN BEING!"

Courtesy Medical Society Magazine Group





Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402

BULK RATE

U. S. POSTAGE

P A I D

TACOMA, WASH.

PERMIT No. 300

MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Bldg.

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Monday of each month—8:00 p.m. at 424 South K Street

TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August
—8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—
6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.

The

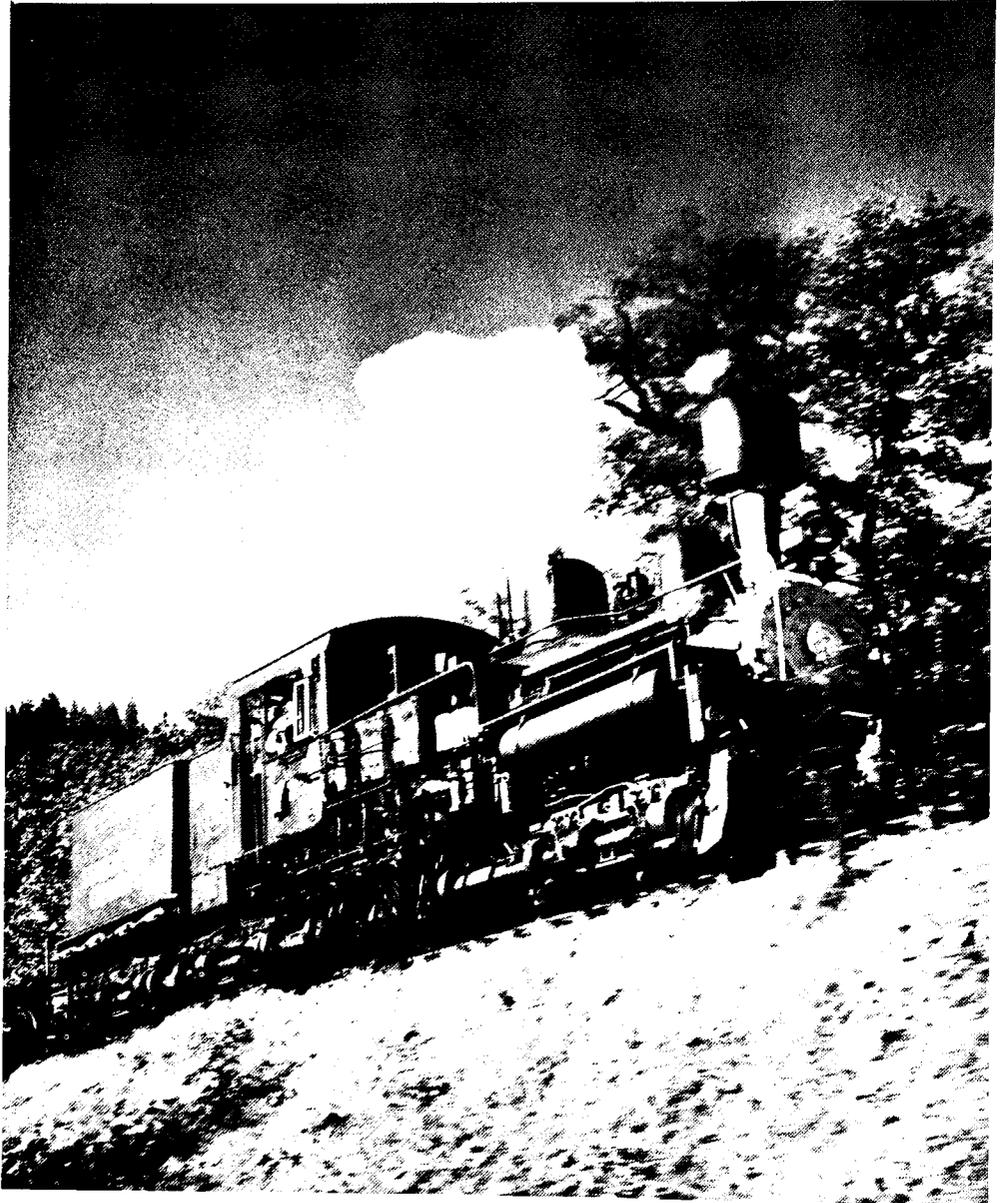
PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

VOL. XXXVI—No. 2

TACOMA, WASH.

FEBRUARY - 1965



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
FEBRUARY 9**

Pierce County Medical Society

1965

OFFICERS

President	Frederick J. Schwind
President-Elect	Glenn G. McBride
Vice-President	Lester S. Baskin
Secretary-Treasurer	Arnold J. Herrmann
Executive Secretary	Judy Gordon

TRUSTEES

Richard F. Barronian	Robert C. Johnson
Lester S. Baskin	James D. Lambing
Myron A. Pass	Glenn G. McBride
J. W. Bowen, Jr.	Clinton A. Piper
Robert R. Burt	Frank J. Rigos
Arnold J. Herrmann	Frederick J. Schwind

DELEGATES

Douglas P. Buttorff	Frederick J. Schwind
Robert M. Ferguson	Stanley W. Tuell
Robert W. Florence	Wayne W. Zimmerman
Glenn G. McBride	

ALTERNATE DELEGATES

Richard F. Barronian	Herman S. Judd
Charles J. Galbraith	Robert W. Osborne
Philip Grenley	Charles C. Reberger
Kenneth E. Gross	

COMMITTEES

Ethics
Murray L. Johnson, Chairman
Samuel E. Adams, Frank R. Maddison

Grievance
Frank J. Rigos, Chairman
G. M. Whitacre, Stanley W. Tuell

Program
Robert C. Johnson, Chairman
Clinton A. Piper, Robert M. Ferguson

Public Relations
James D. Lambing, Chairman
John F. Comfort, Robert M. Ferguson
Kenneth E. Gross, G. Marshall Whitacre

Library
Don G. Willard, Chairman
Robert M. Freeman, William E. Avery

Public Health
Lawrence N. Brigham, Chairman
Cecil R. Fargher, Robert C. Johnson
Orvis A. Harrelson, David L. Sparling

House and Attendance
John R. Alger, Chairman
Robert Klein, William W. Mattson, Jr.

Civil Disaster
Edward R. Anderson, Chairman
Leo Annett, Charles E. Kemp
Robert R. Burt, Richard B. Link
Kenneth D. Graham, Robert D. McGreal
T. R. Haley, Leo F. Sulkosky
David T. Hellyer, Arthur P. Wickstrom

Diabetes
Robert A. O'Connell, Chairman
Robert A. Kallsen, Roy H. Virak

Entertainment
William L. Rohner, Walter L. Sobba

Geriatrics
S. Robert Lantiere, Chairman
Herbert C. Kennedy, Harold F. Kahler

Legislative
J. Hugh Kalkus, Chairman
Homer W. Humiston, Herman S. Judd
B. D. Harrington, John M. Shaw

Wayne W. Zimmerman
Medical Education
Edmund A. Kanar, Chairman
Glenn G. McBride, Bernard R. Rowen

James Mason (Ex-officio)
Operation Hometown
Douglas P. Buttorff, Chairman

Schools
George C. Gilman, Chairman
Cecil R. Fargher, Dudley W. Houtz
Orvis A. Harrelson, Everett P. Nelson

Mental Health
Hugo Van Dooren, Chairman
James M. Blankenship, Jerman W. Rose

Poison Control
Claris Allison, Chairman

Bulletin Staff

Editor	Stanley W. Tuell
Business Manager	Judy Gordon
Auxiliary News Editor	Mrs. Alva E. Miller



February Birthdays

- 1 Charles B. Arnold
- 2 Arthur P. Wickstrom
- 3 William P. Hauser
- 6 Herbert C. Kennedy
- Alfred L. Schultz
- Don G. Willard
- 7 Donald A. Graham
- 15 Paul E. Bondo
- Thomas R. West
- 16 Scott S. Jones
- 20 George A. Delaney
- 22 Charles J. Galbraith
- 23 Philip C. Kyle
- Frank J. Rigos
- 24 James E. Hazelrigg
- 25 Axel Lindstrom

COVER PHOTO by Tom Upper. . . . The Shay locomotive at Camp Six, the new Lumber Museum at Point Defiance Park. (See story on page 25.)

PATRONIZE YOUR ADVERTISERS

HAVE YOU PAID YOUR AMPAC DUES?



TOP: Hank Everson, Chuck McCallum, Dick Milton, Jim Gribbon. BOTTOM: Neal Heston, Ken Platzer, Hal Gullett.

Seven dyed-in-the-wool optimists

If you do business anywhere in the Tacoma trading area, you should meet these men and know them well.

They are the business loan officers at the Puget Sound National Bank. They know it takes money to make money. And they are willing to do everything they can to put a practical idea into motion.

By trying harder, they help make the best of sound ventures. And to a man, they believe business in Tacoma is good and getting better. If this is the way you like to do business, come on in for a talk. We won't pull the wool over your eyes.



PUGET SOUND NATIONAL BANK

Tacoma's friendly bank . . . now 15 offices to serve you

Prescription Optical Company

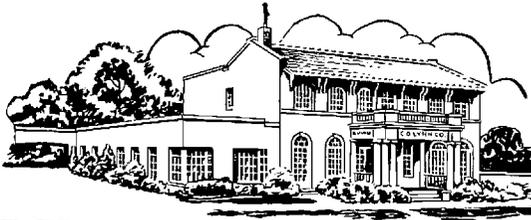
"Fashion In Eyewear"

205 Medical Arts Building
Tacoma, Washington
MArket 7-4151

Branches in . . . Lakewood - Everett - Bremerton - Fort Lewis



Member
THE ORDER OF
THE GOLDEN RULE



LYNN FUNERAL HOME
PHONE MA 7-7745

PROVIDING FINE FUNERAL SERVICE SINCE 1905
717-719 TACOMA AVENUE TACOMA-2 WASHINGTON

February Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Tacoma Acad. of Psych. & Neurol. 8 p.m. Tacoma Orthopedic Society 8 p.m.	2 C.P.C. of Mary Bridge—8 a.m.	3 Surgery Grand Round—T.G.H. 8-9 a.m.	4 Pierce County Pediatric Society 6:00 p.m.	5	6 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
8	9 PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M. C.P.C. of Mary Bridge—8 a.m.	10 OB-GYN Conf. T.G.H. 8-9 a.m.	11	12 C.P.C. of St. Joseph's—9 a.m.	13 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
15	16 Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	17 Medicine Grand Rounds—T.G.H.	18	19 P.C.M.B. Board 8:15 p.m.	20 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
22 Staff of Mt. View General Hospital Pierce County Academy of General Practice 6:30 p.m.	23 Tacoma Acad. of Internal Medicine 6 p.m. C.P.C. of Mary Bridge—8 a.m.	24 Path. Cancer Conf.—T.G.H. 8-9 a.m.	25	26 C.P.C. of St. Joseph's—9 a.m.	27 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.

Grand Rounds—Mt. View General Hospital—Every Saturday 9 to 10 a.m.

Since 1888 . . . three quarters of a century of dignity and service at sensible prices.

- Convenient location
- Two beautiful chapels
- Plenty of parking

**C. C. MELLINGER
FUNERAL HOME
and MEMORIAL CHURCH**

6th & Tacoma BR 2-3268

**DAMMEIER
Printing Co.**

Printers and Offset Lithographers

BRoadway 2-8303

811 Pacific Ave. Tacoma



Next
step...

review your Will

An addition to your family—the sale or purchase of property—a relocation from one State to another—these and many other personal and legal changes make a Will review essential.

Consult your attorney and our Trust Department.

For your family's sake—*don't put it off!*

GERSHOM C. ROWLAND
Senior Vice President and Trust Officer

TRUST DEPARTMENT



PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, February 9

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

**"THE JUVENILE DELINQUENT
and the
ROLE OF CASCADIA DIAGNOSTIC CENTER"**

THEODORE STERLING, PhD.,
Chief Psychologist

* * * *

Social Hour: 6:00 . . . Courtesy Puget Sound National Bank

Dinner: 6:45

Honan's Restaurant

NOW UNDER CONSTRUCTION

**PROFESSIONAL
CENTER**

offering modern space for medical
suites in fast growing residential area.

Phone TE 3-1689

AUBURN

BEALL'S

The Prescription Store

124 Meridian South

PUYALLUP

Phone Puyallup 5-8444

President's Page



Many communities throughout the United States have found, to their disappointment, that hospitals cannot be built in any haphazard fashion in urban and suburban areas; or in the same manner as gasoline service stations or grocery stores. There are many towns and cities, particularly in California and the southwest, where civic leaders and public-spirited citizens have worked hard and made financial sacrifices to obtain a community hospital only to have it turn into a financial failure. Hospitals are not meant to be profit-making corporations, but in order to fulfill their community function, they must remain at least solvent. By their very nature, hospitals are prone to be unprofitable institutions. Every general hospital has certain departments which constantly operate at a deficit, and every hospital experiences seasonal fluctuations in the "percentage occupancy" of its beds. Shifting populations trends, improvement in transportation and roads, and the general economic "climate" of an area can alter the utilization of certain hospitals.

The concept of "area-wide hospital planning" has come into being in the past decade. The State of Washington has had its first experience in this field during the past year. A group in Seattle, using a federal research grant in Public Health, has been studying the problems of the coordinating of health facilities in the Puget Sound area. Dr. Quin DeMarsh gave a fine talk at one of the fall meetings of our Society last year. He cited several instances where the group was instrumental in hospital planning and stated that the committee will continue to function as a permanent group and will eventually get its necessary financial backing from local sources.

The subject of area-wide hospital planning was discussed at several meetings of our Board of Trustees last year. There was lively discussion and many opinions and suggestions were brought forth. It was the opinion of our Board of Trustees at that time that we would favor area-wide hospital planning as long as it was voluntary and on a local level. However, Dr. James Hazelrigg was appointed as a committee of one to study further developments at a State level. He spent much time and energy attending meetings of the Seattle group and corresponding with agencies of the A.M.A. and other groups and individuals. Dr. Hazelrigg will con-

(Continued on Page 10)

Rx
farrell's
PRESCRIPTIONS, INC.

FAST, ECONOMICAL PRESCRIPTION SERVICE

PLUS FREE DELIVERY

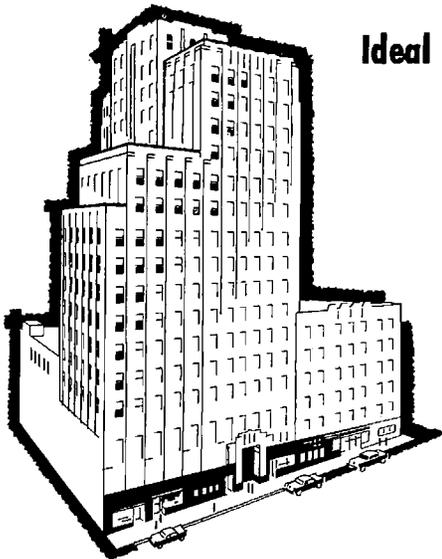
BR 2-8000

**Market Street
Lobby**

Medical Arts Building

FU 3-5595

**St. Helen's Street
Lobby**



Ideal location for specialization . . .

The more than 80 physicians and surgeons practicing in the Medical Arts Building provide a great opportunity for referred work to the specialist locating here. You'll find everything from a fully equipped hospital to a medical supply house. And people know they can depend on finding the best in medical care because only those with highest ethical standards are accepted as tenants.

Medical Arts Building

Building Office: 110 Medical Arts Bldg.

MArket 7-6441

METROPOLITAN BUILDING CORP., MGRS.

(Continued from Page 8)

tinue on in the same capacity during the coming year and will keep the Society and Board of Trustees informed of new developments.

The Washington State Medical Association is planning a Health Facilities Co-ordinating Conference to be held in Seattle on Saturday, May 22, 1965. The principle subject at the conference will be the construction of hospitals and hospital beds—the need, where and how many—and how these factors can be determined on a co-operative basis. This is a very timely subject as President Johnson in his “recommendations for health care”, proposes the establishment of a national network of centers for clinical investigation, teaching and patient care to bring the highest medical skills in heart disease, cancer and stroke within the reach of every citizen. Such Federal planning may not be as co-operative, voluntary or co-ordinated as many of us would wish it to be.

FREDERICK J. SCHWIND, M.D.

HAVE YOU EVER THOUGHT OF WORKING WITH A GROUP?

- Pleasant working conditions
- More leisure time
- New facilities
- Laboratory, x-ray, physical therapy

We need — General Practitioners,
Internists

CALL WESTERN CLINIC

MA 7-9151

6th Avenue at South K

Tacoma

Tacoma Brace & Limb Co.

Lenart C. Ceder, owner



Expertly fitted—

**Artificial Limbs
Orthopedic Appliances
Surgical Belts
Arch Supports
Trusses**



FULTon 3-4439

723 South K Street

Enjoy Dinner in the pleasant atmosphere
of a Restaurant typical of San Francisco

Honan's Restaurant

COMPLETE DINNERS FROM \$2.95

Specialties . . .

Broiled Steaks
Australian Lobster Tails
Prime Ribs of Beef

Banquet facilities
Private Rooms for
dinner and meetings
Cocktails

"Tacoma's most popular downtown Restaurant"
across the street from the Medical Arts Bldg.

Honan's

MA 7-7179

Free Customer Parking next door

739½ St. Helens Ave.



Schwarz, Shera and Associates, Inc.

BROKERS INSURANCE SERVICE

LICENSED & BONDED BROKERS



Ned Shera, C.L.U.
Vice President



V. A. "Bud" Schwarz, C.L.U.
President



(Mrs.) Dorothy Connor, C.L.U.
Secretary-Treasurer

Providing

"PROFESSIONAL COUNSEL FOR THE PROFESSIONAL"

Life & Health Insurance
Annuities
Pension Plans (including H.R. 10)

Professional Partnerships
Estate Creation Planning
Estate Conservation Planning

As Brokers we are *YOUR* agent, *NOT* an Insurer's Agent.

Offices at Suite 306, Security Building
Tacoma, Washington

MA 7-8181

Editorially Speaking

I call it "The Osteopathic Paradox", and it goes like this:



If you *favor* diagnosis and treatment based on osteopathic theory and wish to perpetuate such a group of practitioners, you should have voted "No" when certain osteopaths applied for admission to your hospital staff recently.

If you are *opposed* to such narrow-minded methods of patient care and wish to see osteopathy die out in the State of Washington, you should have voted "Yes" on admission of qualified osteopaths.

Some of our most respected colleagues who are just as anxious as you and I to preserve the high quality of medical care, have concluded that certain osteopaths have been through a curriculum of study and training that enables them to practice medicine utilizing the same principles that are taught in our medical schools. They are capable of a high quality of medical care and are members of the Washington State Medical Association. They have, in effect, divorced themselves from the "old line" osteopaths and do not limit their methods by the restrictive rationale of osteopathy. If top-notch osteopathic schools can henceforth produce M.D.'s, and if present high-quality osteopaths can join us conscientiously and effectively in our one main goal—good medical care—the osteopathic sect may be eliminated from our State within another decade or two.

I am aware of the potential, legal, technical and political problems involved, but I am confident these will be solved. If you are opposed to limiting patient care to osteopathic theory, as I am, you should vote favorably on admission of qualified osteopaths to our hospital staffs.

—S.W.T.

Amytal takes the edge off daytime anxiety and tension



Amytal is a moderately long-acting barbiturate that takes the edge off daytime anxiety and tension without significant change in mood and attitude. Since Amytal is metabolized in the liver within twenty-eight hours, overlapping of effect is minimized, and renal damage does not constitute an absolute contraindication.

Side-Effects: Idiosyncrasy or allergic reactions to the barbiturates may occur. **Precautions and Contraindications:** Amytal should be used with caution in patients with decreased liver function, since a prolongation of effect may occur. Administration in the presence of uncontrolled pain

may produce excitement. **WARNING—**May be habit-forming.

Dosage: Doses should be individualized for each patient. The usual adult sedative dosage ranges from 30 mg. (1/2 grain) to 50 mg. (3/4 grain) two or three times daily.

Additional information available upon request. Eli Lilly and Company, Indianapolis 6, Indiana.

AMYTAL[®]
AMOBARBITAL



4N01.04

IN MEMORIAM



JESS W. READ, M.D.

Jess W. Read died on January 18, 1965 from carcinoma of the lung after an illness of only three months. We are so stunned over his passing that as yet we are unable to realize the impact of our great loss. He was only fifty-nine, yet I am sure he lived and accomplished far more in that span of years than most of us can ever accomplish with a much greater span.

Jess was a native son of Tacoma, born October 9, 1905, an illustrious son of an illustrious father. He received his education at Stanford University, completing his undergraduate work in 1925 and his medical degree in 1930. He served a two-year internship at San Francisco General Hospital before coming home to Tacoma for practice in 1933.

During World War II he served as a Major in the Army Medical Corps. I can well remember when he took off to join General Patton's outfit for a grueling desert training in the blistering heat of the California desert. After this he was in the thick of the war in the European Theater.

After the war he returned to San Francisco to take special work in hand surgery and this was his great love. He became so proficient in this field that he was a recognized authority. I can personally testify to his skill in giving me back a workable hand after a home work-shop accident.

He was a past-president of the North Pacific Surgical Association and the Washington State Chapter of the American College of Surgeons. In 1954 he served as president of our own Pierce County Medical Society. He was very active in the medical affairs of the State. In 1953 he was elected speaker of the House of Delegates of the Washington State Medical Association, a position his highly-esteemed father had held before him. It was a signal honor when the medical association of the State elected him as one of our three delegates to the American Medical Association and this position he has continued to hold over the past nine years. Through his work with the AMA he was appointed to various important commissions including the Commission on Medical Costs and the Council on Medical Service. When the Washington State Legislature authorized the creation of the Washington State Disciplinary Board, he served as its first secretary and the following term he was appointed chairman. He served three terms as president of the Board of Directors of Doctors Hospital and before his death, he was made Honorary President of the Board. He had served on the boards of directors of all the Tacoma hospitals

and had been assigned so many other special tasks that they are all too numerous to mention.

"He lives well who serves well" epitomizes Jess's character and being. He was unselfish in his devotion to the service of others, not only for his patients, but for his fellow physicians and this we could well emulate. He was a man of great warmth and understanding; he fit like an old shoe, yet there was much of the meticulous about him, not only in his deportment but particularly in his surgery where his colleagues found him of the highest calibre.

He had that certain humility characteristic of the true Christian, yet he commanded the respect of all men. He would have made as great a success as a Supreme Court Justice as he did in his chosen profession. He knew people only as one who loves his fellow man. He was honest in everything he did and if he had any enemies I knew not whom they might be.

He will greatly missed not only by the local physicians and a host of friends, but by a great many physicians of the State and nation. It was a great privilege for us to have known such a true and fine gentleman. It will be a long time before another such man shall pass our way.

We extend our heartfelt love and sympathy to his mother, his wife, Dotty, and the family.

FRANK R. MADDISON, M.D.

Jess Read Memorial Fund Established For Hospital Project

As a permanent expression of this community's gratitude for the unselfish services of Dr. Jess Read, a memorial fund has been established in his name at the Doctors Hospital. The fund will be used in connection with the planned new hospital building, a project in which Dr. Read played an important role. He was on the Board of Directors of that hospital for many years and was lifetime honorary President of that group. His interest in the new building plans was so great that Mrs. Read felt contributions in his memory should most appropriately go to this cause.

Contributions should be sent to the Jess Read Memorial Fund, Doctors Hospital, Tacoma.

"Glasses as your eye
physician prescribes them"

Contact Lenses — Artificial Eyes

Columbian Optical Co.

Ground Floor, Medical Arts Bldg.
Medical Center
Western Clinic Bldg.
Lakewood

**DAMMEIER
Printing Co.**

B Roadway 2-8303

811 Pacific Ave.

Tacoma

HAVE YOU PAID YOUR AMPAC DUES?

For Years to Come

**A PRECISE REAL ESTATE SERVICE
FOR
ENDURING INVESTMENT QUALITY**

CONFIDENTIAL COUNSELING
BY APPOINTMENT



JOHN T. STEWARD, INC.

Realtors

JU 4-1112

John T. Steward

9842 Gravelly Lake Dr. S.W.

L. O. Larsen

Internists' Meeting March 6; Barronian Announces Program

Two well-known psychiatrists from San Francisco and another from Seattle will be guest speakers at the 15th annual meeting of the Tacoma Academy of Internal Medicine on Saturday, March 6, at Jackson Hall, according to Dr. Richard Barronian, Academy President and chairman for the annual program. The topic for the day will be "Psychiatry in Office Practice" and various functional ailments and their respective diagnoses and treatments will be discussed.

The evening session of the all-day meeting will be at a banquet in the Crystal Ballroom of the Winthrop Hotel and will feature an address on "The Functional Symptom in Psychiatric Perspective" by Klaus W. Berblinger, M.D., Associate Professor of Psychiatry at the University of California in San Francisco. Dr. Berblinger obtained his medical degree from the University of Munich and the University of Bern and had post-graduate training Switzerland. He is associate editor of *Psychomatics* and

consulting editor to *Mind*. Dr. Berblinger will also present a paper during the afternoon program concerning the application of psychotherapeutic principles in medical practice.

The other guest from San Francisco will be Dr. Carroll M. Brodsky, Assistant Professor in Psychiatry at the University of California School of Medicine, where he previously received his medical degree. Dr. Brodsky also has a Ph.D. degree in anthropology. He is currently in charge of Research Training, at the University of California. He will start the



Dr. Brodsky

afternoon session with his paper on "Tranquilizers and Energizers in Office Practice."

Dr. Neal E. Ely is a practicing psychiatrist in Seattle and is Clinical Instructor in Psychiatry at the University of Washington School of Medicine, where he received his degree and post-graduate training. Dr. Ely is especially interested in problems of alcoholism and his afternoon paper will be entitled "Alcoholism in Office Practice, Diagnosis and Management."

All three guest speakers will enter in

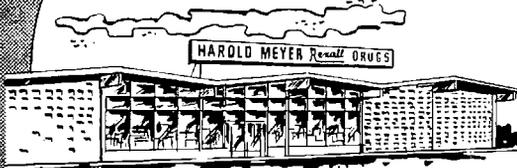
(Continued on Page 19)



Dr. Berblinger

2 LOCATIONS

Harold Meyer Drugs



11th & K

OPEN
'TIL
MIDNITE

48th & So.
Tacoma Way



MOUNTAIN VIEW FUNERAL HOME

Takes Care of Everything

UNDERTAKING -- CEMETERY -- CHAPEL -- MAUSOLEUM

4100 Steilacoom Boulevard

JUniper 4-0252

(Continued from Page 17)

free discussion of the six cases to be presented during the morning session by local internists who are members of the Academy. Dr. Harold B. Johnston will moderate the morning session and Dr. Ernest Creelman the afternoon session. Dr. Barronian will preside at the evening meeting.

All physicians are invited to attend. Registration will start at 9 a.m. in Jackson Hall across from Tacoma General Hospital. The registration fee of \$7.50 will include the evening banquet. Anyone wishing further information about the meeting may call Dr. Barronian at FU 3-1271.

The entire program is as follows:

ANNUAL MEETING

Tacoma Academy of Internal Medicine
Jackson Hall
Tacoma General Hospital

MORNING SESSION

9:00 a.m.—Registration Fee: \$7.50
(includes banquet)

Morning coffee

Presentations for discussion by
the guest speakers.

Moderator: Harold B. Johnston, M.D.

9:30 a.m.—Functional Gastrointestinal Syndrome

Horace A. Anderson, M.D.

10:00 a.m.—Anorexia Nervosa with Diabetes

Robert A. O'Connell, M.D.

10:30 a.m.—Ulcerative Colitis
Max Thomas, M.D.

11:00 a.m.—Functional Cough
Bernard R. Rowen, M.D.

11:30 a.m.—Case of Alcoholism
Robert Kallsen, M.D.

12:00 noon—Mixed Psychosomatic Symptomatology
Theodore J. Smith, M.D.

AFTERNOON SESSION

Moderator: Ernest Creelman, M.D.

2:00 p.m.—Tranquilizers and Energizers in Office Practice

Carroll M. Brodsky, M.D.

2:50 p.m.—The Application of Psychotherapeutic Principles in Medical Practice

Klaus W. Berblinger, M.D.

3:55 p.m.—Alcoholism in Office Practice, Diagnosis and Management

Neal E. Ely, M.D.

EVENING SESSION

Winthrop Hotel

6:30 p.m.—Social Hour

7:30 p.m.—Banquet

Moderator: Richard F. Barronian, M.D.

Address: The Functional Symptom in
Psychiatric Perspective

Klaus W. Berblinger, M.D.

SURPLUS EQUIPMENT such as treatment cabinets, scales, desks, dental unit, waste receptacles, etc., see at Western Clinic February 9, 10, 11.

RETIRING MARCH 31st. Office furniture and equipment for sale April 1 to 15.

A. B. Heaton, M.D.
611 Jones Building

AVAILABLE FOR RENT—Tacoma Medical Center. Approximately 1000 square feet. W/W carpet and drapes. Will sell part or all furniture. Reasonable rent. Call BR 2-7573.

PATRONIZE YOUR ADVERTISERS

HAVE YOU PAID YOUR AMPAC DUES?

Time Tested Dependability

Established 1889

R. E. Anderson & Co. Inc.

INSURANCE - MORTGAGE LOANS - REAL ESTATE
PROPERTY MANAGERS



752 Broadway

BRoadway 2-8475



FOR PROFESSIONAL ANALYSIS OF
YOUR INSURANCE PROGRAM

Ask for

Donald M. Moore

Donald J. Hill

Robert D. Sizer

Herbert F. Syford

Stewart L. Simpson

Edward J. Pole

STOWELL'S . . . Prescriptions

Our completely new and larger store
will give you and your patients
more efficient and reasonable service.



FREE DELIVERY



BRoadway 2-2201

744 Market Street

Doctors Hospital Building

HOSPITALS

Saint Joseph's

Students and faculty enjoyed the annual winter prom, "Winter Fantasia" sponsored by the freshman class on January 9th. The court for the dance, which was held in the Crystal Ballroom of the Winthrop Hotel, were Sue Beckner, Queen; and Barbara Antush and Kathy Chittenden, princesses.

As a class project, the Junior class has been sponsoring a foreign child from India. She is a fifteen-year-old girl named Julia who is a member of a large family. Each class member donates fifty-cents per month toward this project. Julia has responded by writing to the group about her family, home and country.

A new group of student nurses are just starting their rotation through the E.R. Mr. Guthnecht, Miss Hoesley, and Miss Vannase are among the first. Welcome.

Two new girls on our E.R. Staff are Miss Dolores Beyler, a new RN, and Mrs. Jean Engels, a former annex employee. It's nice to have them with us.

The E.R. and Admitting group can settle back to normal after all the hustle and bustle for the Disaster Drill held on the 27th.

Mrs. Georgia Nupen, one of our Head Nurses, was chosen as one of the judges for the Student Nurse of the Year Contest, held in Seattle, November 20. The contest was sponsored by the SWAN's, under the capable direction of Miss Manniseur. The winner chosen was a student from Cabrini Hospital in Seattle.

We welcome Mrs. Mary Simon a new R.N. working a 3-11 shift. Also, welcome back to Mrs. Carlson, a L.P.N., who has moved back from Utah, to our

wet rainy state, because she couldn't stand the dry weather.

A new addition has been made to each chart room on 3rd. There is a beautiful walnut transistor clock hanging on the wall in memory of Myrtle Halverson, R.N., for her devoted service on the Medical Floor. We thank all who have made this possible and invite everyone to come and look.

Mrs. Walter Bromley, L.P.N., a former employee on 3-11 is celebrating her 50th wedding anniversary with her husband, daughters, son and their families. There will be 12 grandchildren, and 5 great-grandchildren.

At the January meeting of the Pierce County Catholic Nurses, held at St. Joseph's Hospital, the program consisted of a panel of three clergymen of the major faith who discussed the "Nurse's Responsibility in Caring for a Patient Whose Condition Presents Serious Risk, to or Destruction, of Life."

Benediction was celebrated first at 8 p.m. by Rev. Thomas Pitsch, chapter spiritual director and pastor of St. Patrick's Parish.

The short business meeting featured the panel composed of Father Pitsch, Rev. John Soltman, pastor of Mason Methodist Church, and Rabbi Richard Rosenthal of Temple Beth El Synagogue.

The meeting was open to all registered and licensed practical nurses, said Mary A. Collins, program chairman.

The X-ray students have been haunting the library and consulting the text books. All of this activity has been in preparation for the upcoming Annual State Convention of X-ray Technologists which will be held at the Winthrop Hotel on April 30-May 1. Student X-ray technicians from the state will be submitting manuscripts which will be judged by an essay awards committee; four papers will be selected as winners and

(Continued on Page 23)

LOOK WHY NOT GIVE YOUR PATIENTS
 THE BEST IN TRANSPORTATION
 COSTS NO MORE . . . REASONABLE RATES



M
A
7
-
1
1
2
1

M
A
7
-
1
1
2
1

Resuscitator Service
 Oxygen Equipped Electric Cot Warmers
 Licensed Attendants

Tacoma Yellow Cab Co.

1324 MARKET STREET

LUDWIG'S PRESCRIPTIONS

3 LOCATIONS TO SERVE YOU

LAKWOOD CENTER

DAVID LUDWIG, Manager

9514 Gravelly Lake Drive S.W.

JU 8-2191

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

THUNDERBIRD CENTER

WM. H. LUDWIG, JR.

8105 Steilacoom Boulevard S.W.

JU 8-1889

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

SOUTH TACOMA STORE

FRED LUDWIG, Manager

5401 South Tacoma Way

GR 4-9419

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 9:30 A.M. TO 9 P.M.

365 DAYS A YEAR

FREE PRESCRIPTION DELIVERY

(Continued from Page 21)

those authors will present their papers before the assembled convention.

The winning essay will be presented an award donated by the Dupont film representative. Competition will be keen and the papers will cover a wide range of subject matter pertaining to X-ray technology. The X-ray staff has been busily encouraging the students and we wish them well in their endeavor.

We wish to extend our sincere sympathy to Len Renner, our night technician, on the death of his dear wife Jeanne. We know how inadequate words are at a time like this, but we promise a prayerful remembrance to Len and family, as well as Jeanne.

PSNB To Explain New Billing Service At Society Meeting

An interesting part of the program for the February Medical Society meeting will be the presentation of a new service that is already being used by several physicians in the Tacoma area. The service is Puget Sound National Bank's Electronic Billing and Financial Record Service.

The Bank and its representatives will host a social hour from 6 to 7 p.m. and following dinner, will conduct a short program about the service.

The service is said to help a doctor cut clerical costs, speed collections, tighten income control and allow him and his staff to devote more productive time to his practice. A brochure supplied by Puget Sound National Bank states that they will put their electronic data processing equipment to work for the doctor to bill patients, keep track of aging receivables and deposit receipts. They can even credit payments directly to the doctor's checking account.

RANKOS

PHARMACY

101 North Tacoma Avenue

Prescription

Druggists

★

We Carry a Complete Line of
Biologicals and Pharmaceuticals

★

"When Moments Count"

FULTON 3-2411

PROMPT . . . FREE DELIVERY

WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

AUXILIARY OFFICERS—1964-1965

President	Mrs. Sherman S. Pinto
President-Elect	Mrs. Merrill J. Wicks
1st Vice-President	Mrs. Theodore Smith
2nd Vice-President	Mrs. James E. Hazelrigg
3rd Vice-President	Mrs. Sidney Kase
4th Vice-President	Mrs. Harold D. Lucken
Recording Secretary	Mrs. John Liewer
Corresponding Secretary	Mrs. Francis W. Hennings
Treasurer	Mrs. Thomas H. Skrinar
Dues Secretary	Mrs. Glenn H. Brokaw
AMAERF	Mrs. Russell Colley
National Bulletin	Mrs. Robert Kallsen
Civil Defense and Safety	Mrs. Herbert Kennedy
Historian and By-Laws	Mrs. Herman S. Judd
Legislative	Mrs. Robert W. Osborne
Membership	Mrs. Jack J. Erickson
Paramedical	Mrs. M. Edward Lawrence
Program	Mrs. Frederick J. Schwind
Publicity	Mrs. George C. Gilman
Bulletin	Mrs. Richard T. Davis
Social	Mrs. Alva E. Miller
Speakers Bureau	Mrs. Kenneth D. Graham
Telephone	Mrs. John Colen
Minute Women	Mrs. Kenneth Gross
Community Service and Council	Mrs. Dale Doherty
Heart	Mrs. Robert M. Ferguson
Cancer	Mrs. G. M. Whitacre
Finance	Mrs. W. W. Mattson, Jr.
Dance	Mrs. J. Robert Brooke
Fashion Show	Mrs. Haskel L. Maier
Mental Health	Mrs. Robert P. Crabill
Today's Health	Mrs. Arthur P. Wickstrom
Cook Book	Mrs. Dudley W. Houtz
International Health	Mrs. Robert W. Florence
Parliamentarian	Mrs. Charles P. Larson
	Mrs. Homer W. Humiston
	Mrs. Thomas B. Murphy
	Mrs. Charles McGill
	Mrs. William H. Goering

case of any large disaster. The tour of the hospital was fabulous. Our legs ached and we all wanted to carry our feet towards the end of the tour, but no one gave up—it was all too interesting. Our many thanks to our host, General Steger, and the Madigan officers' wives club.

PLEASE PAY YOU DUES

Save April 24th as a special date. It's the date for our annual dance.

Legislative Day

An invitation has been extended to our members by the Thurston-Mason Medical Auxiliary to attend the traditional "Legislative Day" in Olympia on Wednesday, February 17.

Those attending will meet in the cafeteria of the Legislative building at 10 a.m. and the day will begin with a conducted tour of the House and Senate. A no-host luncheon will follow at noon at the Tyee restaurant with a choice of steak sandwich or crab salad.

From 2 to 4 a tea will be held in the home of Mrs. T. R. Ingham in honor of the wives of legislators and the Supreme Court Judges. Transportation will be provided to all events.

Reservations are necessary and replies should be made to Mrs. Robert Osborne or Mrs. Jack Erickson.

February Meeting

The February meeting will be at the home of Mrs. Charles Larson, 3219 North 32nd Street. It will be a luncheon. Friday, February 19th is the date. Mrs. Chris Reynolds is the chairman for the day. Our State president, Mrs. F. M. Lyle, will be our guest. Please do try to attend.

Madigan Tour

Those of you who missed the coffee at Madigan really missed an enjoyable and enlightening day. We had 45 of the Women's Auxiliary members present and the Madigan club matched us almost to the number. The coffee hour was delightful and, as always, General Steger was the perfect host along with his charming wife. He gave a most enlightening review of Madigan operations and position in this area both from a military view and the civilian one in

PATRONIZE YOUR ADVERTISERS

Rx For Logging

Slicker In The Woods . . .

Picture your writer, better recognized in party clothes, away out in the woods at Camp Six, ankle deep in the mud, in the wind and the rain, directing a crane crew in a bright yellow slicker.

Hardly the public image of a physician's little darling in that slicker, one rainy day your writer went out to Camp Six to inspect the carpenters' job on the bunkhouse buildings. Only one man was at work, the roofer. Since there were only two of us in the midst of this big clearing in the woods, polite conversation seemed called for. But he merely waved from up on top of the bunkhouse and didn't say anything.

After quite a few conversation-openers which didn't interrupt his silence or his work, he climbed down his ladder, signaled indicating he was a deaf-mute, picked up a shingle and wrote, "What can I do for you?" Your lady logger picked up a shingle and pencilled, "I just came out to see how the job is going." He wrote, "Who are you?"

Which was probably one of the most revealing questions ever asked. As writing on a rough cedar shingle isn't easy, it had to be short, and in a short answer, who are we anyway?

Good Medicine For Parks . . .

The Medical family of Tacoma has traditionally been active in community affairs. Tacoma medical men and their wives give a great deal of their time and efforts, as well as their earnings, to support those causes which would benefit the community in the fields of art, music, education, and most noticeably these days in the area of parks and recreation.

In the case of Camp Six, the new Lumber Museum in Point Defiance Park, the original plan and much of the impetus for its realization were prescribed by medical men and medical wives.

Since Tacoma's history is more closely aligned with logging than any other town its size, and the huge stand of natural forest in Point Defiance Park is the only such preserve in any city park in the nation, the eventual establishment of a Lumber Museum here seemed inevitable. But from the efforts by many groups to establish such a museum here in the past, it seemed impossible.

The problems involved in creating a Lumber Museum are so much more complex and huge in scale than setting up the usual cowboy-and-Indian, or old fort, or old mining town historical exhibit. A logging camp of the old days was big, big, big. The lumber industry, aware of the potential of such a museum and interested in its establishment, recognized the requirements, and concluded it couldn't be done in Tacoma.

Fools Rush In . . .

The chain of events leading up to the actual construction of the Camp Six Museum began with Adele Durkin's throwing the idea into the hopper of the Junior League of Tacoma. Through the marvelously organized processes of this group, and under the fixed scrutiny of Nadine Kennedy, the idea searched out its sponsors . . . viz., anyone who was interested in the idea who was also idiot enough to believe it was possible to do.

This included several frustrated forerunners from the Medical Society, several Chamber of Commerce promoters and a half-dozen lumbermen and historians, providing the planning group for per-

haps the most ambitious community-inspired project ever attempted here.

Case History of A Plan . . .

Doctor Sam Adams, one of the early advisors to this scheme, doubled the first estimates of how much area of the forest in Point Defiance Park would be needed for an old-time logging exhibit, insisting on ten acres to properly display a rigged high lead.

Doctor Bud Banfield, conservative member of the Park Board, assured the planners that the Commissioners could be interested in the development of such a park facility. The planners then forged ahead.

When the time arrived to approach the Park Board requesting use of this forested land in their park, Big John Anderson, wise in the ways of politics and business, advised, "If you need ten acres, ask for twenty, you might get five." When the Park Board allowed the whole twenty, he moaned, "Oh for gosh sakes, now we've really got a job on our hands."

The lumbermen were overjoyed with the twenty acres, with the opportunity to construct a whole logging situation . . . camp, logging show and logging railroad complete. Such an exhibit could not be duplicated anywhere else in the nation. They assigned on loan their best logging engineer, Marc Titlow, a man of great capabilities and a real interest in history, to draw up engineered plans for a real camp from the old-time steam logging days.

Camp Six at this point became a going concern. Attracting sympathy and cooperation from all quarters, as far afield as San Francisco and Washington, D.C., the planners were able to proceed on the actual construction of the

Museum . . . as babes in the woods, blessed by phenomenal good luck all the way.

Tacoma General Goes Logging . . .

It was our good luck that General Hutchin, Commander of Fort Lewis, is an outdoorsman, a forester by inclination, an accomplished historian, and a golfing partner of Big John's.

General Hutchin came to the rescue with the difficult job of clearing and grading the first half of the Camp Six site last summer. The 557th Company of Engineers from Fort Lewis, 130 men, bivouacked four days in the Park on the hill near the riding academy, brought in six Michigan loaders, twelve trucks, two graders and four bulldozers, and with a great deal of youthful enthusiasm, speed and noise, accomplished the job as an Army exercise in engineered clearing.

The Railroads donated the materials for the first thousand feet of rail line, dedicated in September as the Point Defiance, Quinault and Klickitat Railroad, and the City provided crews to lay the track. Early in October the steam locomotive was donated by Saint Regis and dead-headed to Tacoma from Klickitat as a donation by Northern Pacific. Saint Regis also donated the five Camp buildings installed at the site in October.

Hello, Dolly! . . .

Bringing in those Camp buildings from up in the woods was also a donation, and one of the most complicated cooperative enterprises imaginable. Four logging companies provided the five trucks and drivers, a logging crew of Saint Regis' loaded the buildings at the mountain and Sunnan Crane donated the unloading at the site. Since the buildings, measuring 14' x 40', were

too high, too long and too heavy to travel anything but first class, all permits had to be waived, and the convoy was accompanied by the State Patrol, County Sheriff's Patrol and Patrol officers of the municipalities passed through. Telephone Company crews went ahead of the convoy to remove low lines, and five City firemen rode down on the bunkhouses as required by law.

The convoy snaked down the mountain, through outlying towns and through the city at a pretty good clip, like some kind of dragon humping along and swinging its tail. Afterwards, the firemen agreed they'd never seen anything driven like those loggers drove the trucks.

Radio-phone contact was maintained with the convoy all the way down, so that the Park officials, the Press and the Camp Six Committee would be there to greet it at the site. As it happened, the convoy moved through town about twice as fast as estimated, and arrived at the Park twenty minutes before the dignitaries. The Park entry was then blocked off, about fifty cars already in the Park jammed the road back of the Camp Six site, and the convoy, moving precariously in by the exit road, blocked it. So nobody could get into the Park.

So it was, that there was nobody of importance at the Camp Six site to meet the convoy on this historic occasion. Your writer just happened to be there, however, cheery in that yellow slicker, and on the verge of breaking down with the giggles. We look upon that as being

our best performance, receiving the convoy. It was so good that, the next day being the opening of hunting season, all the big boys left us in charge of unloading the bunkhouses too.

The Chart On Camp Six . . .

Camp Six is a reconstructed old-time logging camp from the bygone era of steam logging, and as such, will be the only Museum of its kind in the world. The logging camp buildings now at the site are real ones from an old camp at Kapowsin, and not reproductions of logging camp buildings. Everything in the exhibit will be authentic, and displayed just as it was used a half-century or more ago.

The steam locomotive now at Camp Six, the Shay No. 7, is the most famous logging locomotive in the world, and quite representative of the historic highball days of logging in the Pacific Northwest. The 300-ton Lidgerwood skidder now being installed at the site is the only remaining one of its kind, a relic steam logging monster that was the most powerful force ever applied to logging.

In the coming months an authentic old rail-mounted car camp will come in, and at least one other type of steam logging locomotive. The rigging of the high lead will be the day when Camp Six is really logging, when the 110-foot spar tree is raised just as in an old-time logging operation, complete with steam donkey engines.

Later, a loop of railroad track circling through another ten acres adjacent to the present clearing will be installed. On this, an assortment of ancient speeders will make their run through the woods and over a log trestle.

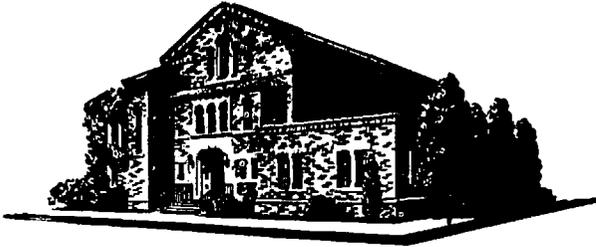
Essential to the purpose of the Camp Six Museum is the planned Museum-

Continued on Page 29

DAMMEIER
Printing Co.

811 Pacific Ave. Tacoma
BRoadway 2-8303

Spacious, beautiful memorial chapel
Choice of cemetery, mausoleum,
cremation or columbarium



Choice of type or
manner of service

Budget Terms
Available

BUCKLEY-KING

CONVENIENTLY LOCATED • TACOMA AVE. AT SO. FIRST
LARGE PARKING AREA

SHAW SUPPLY HAS THESE SERVICES TO OFFER YOU AND YOUR PATIENTS

- Your choice of the finest lines manufactured.
- Experienced fitting for both men and women
 . . . Surgical Supports . . . Belts . . . Hosiery . . .
- Large selection of nurses' uniforms and doctor gowns.
- Complete rental service for sick room supplies
 . . . Pick up and Delivery Service . . .
- Factory trained repair service in our own shops.

Serving The Pierce County Medical Profession Since 1904



SHAW
I N C O R P O R A T E D

COMPANY

710 fawcett ave.
tacoma 2, wash.
broadway 2-1125

PHYSICIANS' AND HOSPITAL SUPPLIES

Continued from Page 27

within-the-Museum. Without in any way altering the authentic appearance of the Camp, the whole history of logging and films on forestry and conservation will be shown by means of electronically operated sound films in the Camp buildings. The production of this is by itself probably as gigantic as any task in assembling the Camp Six Museum, and is under the capable direction of Billie Murphy.

Shay There . . .

From an embryonic idea a year ago, approximately one-fourth of Camp Six is today a fact in Point Defiance Park. It arrived there in a manner somewhat unorthodox, sometimes unpredictable, sometimes comic, and sometimes without applause from the gallery.

The day the Shay locomotive was trucked in, at least as complicated a maneuver as the transfer of the bunk-houses, there were visiting dignitaries at the site from out of town, looking around for whoever was in charge. One was a professor of forestry and introduced another explaining that he was public relations boss for a big timber company. Big John Anderson shook hands with the two and said he was a carpenter, and introduced your writer, saying, "She cooks for a doctor here in town." The visitors were still looking around for whoever was in charge. The trucks hauling the Shay rumbled in just as Big John had to be downtown for a meeting. "Stick around doll," he waved, "And make sure that engine's going in the right direction."

The next week it was noted in a West Coast lumber journal that this unique logging exhibit was apparently being produced by non-professionals.

Some Ladies A-Logging . . .

This past year the Camp Six Committee has been operating on the basis of donated goods and services, and has hustled over a hundred thousand dollars worth of donated equipment and jobs. During this time Committee members' friends have often filled in on jobs which seemed unlikely to their situations.

Some of the Medical Auxiliary's fanciest hostesses served lunch to the crew who laid the railroad track at Camp Six last summer, making it possible to obtain this tremendous job as a donation . . . Bev Harrelson, Nadine Kennedy, Adele Durkin, Wibby Bischoff and Billie Murphy . . . their appreciative guests at this series of luncheons all being inmates of the City Jail. One of the men was moved to write a poem about it all.

A Professional Touch . . .

For those of us who have been involved in the creation of Camp Six, it's been more of an interesting adventure than the usual community service. As General Hutchin put it, we are delighted to be a part of the history. . . . But, for whatever reasons we enjoy the prospect of Camp Six in our Park, it remains a community need, a public facility of great importance for our town and the whole Pacific Northwest area as well.

The Camp Six Committee will soon launch its soft-sell in the community, to attempt to enlist the support required to carry through this ambitious plan, and for what ingenuity and resourcefulness can't accomplish, to raise the cash.

Since the Medical family has traditionally had a good understanding of community needs and has always played a large role in the advancement of educational recreational facilities for the community, we look within our own ranks for a solid support of this plan.

MAVIS KALLSEN

“foodoholic”?

Some people are driven to food just as alcoholics are to drink. They *must* eat to satisfy intense cravings. Because they can't say no to fattening foods, these compulsive eaters become overweight.

'Eskatrol' *Spansule* capsules both control appetite and help relieve the emotional stress that causes overeating. That's why so many patients succeed in losing weight with 'Eskatrol'.

ESKATROL® Trademark

Each capsule contains Dexedrine® (brand of dextroamphetamine sulfate), 15 mg., and Compazine® (brand of prochlorperazine), 7.5 mg., as the maleate.

SPANSULE®

brand of sustained release capsules
because emotions play an important role in overweight

Brief Summary of Principal
Contraindications, Precautions
and Side Effects

Contraindications: Hyperexcitability and hyperthyroidism. *Precautions:* 'Eskatrol' *Spansule* capsules should be used with caution in the presence of severe hypertension, advanced cardiovascular disease, or extreme excitability. There is a possibility, though little likelihood, of blood or liver toxicity or neuromuscular reactions (extrapyramidal symptoms) from the phenothiazine component in 'Eskatrol' *Spansule* capsules. *Side effects* (chiefly nervousness and insomnia) are infrequent, and usually mild and transitory.

Before prescribing, see SK&F product Prescribing Information.

Supplied: Bottles of 50 capsules.

Smith Kline & French Laboratories



Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402

BULK RATE

U. S. POSTAGE

P A I D

TACOMA, WASH.
PERMIT No. 300

MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Bldg.
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—6:15 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November
- TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS
First Monday of each month—8:00 p.m. at 424 South K Street
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—8:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and August
—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m. at Tacoma Club
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY
First Thursday of each month except June, July and August—
6:00 p.m.
- STAFF OF MEDICAL ARTS HOSPITAL
Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

VOL. XXXVI—No. 3

TACOMA, WASH.

MARCH - 1965



"ICDA vs.
Snow-doe"
see page 14

PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
MARCH 9**

Pierce County Medical Society

1965

OFFICERS

President: Frederick J. Schwind
 President-Elect: Glenn G. McBride
 Vice-President: Lester S. Baskin
 Secretary-Treasurer: Arnold J. Herrmann
 Executive Secretary: Judy Gordon

TRUSTEES

Richard F. Barronian	Robert C. Johnson
Lester S. Baskin	James D. Lambing
Myron A. Bass	Glenn G. McBride
J. W. Bowen, Jr.	Clinton A. Piper
Robert R. Burt	Frank J. Rigos
Arnold J. Herrmann	Frederick J. Schwind

DELEGATES

Douglas P. Buttorff	Frederick J. Schwind
Robert M. Ferguson	Stanley W. Tuell
Robert W. Florence	Wayne W. Zimmerman
Glenn G. McBride	

ALTERNATE DELEGATES

Richard F. Barronian	Herman S. Judd
Charles J. Galbraith	Robert W. Osborne
Philip Grenley	Charles C. Reberger
Kenneth E. Gross	

COMMITTEES

Ethics
 Murray L. Johnson, Chairman
 Samuel E. Adams

Grievance
 Frank J. Rigos, Chairman
 G. M. Whitacre

Program
 Robert C. Johnson, Chairman
 Clinton A. Piper

Public Relations
 James D. Lambing, Chairman
 John F. Comfort
 Kenneth E. Gross

Library
 Don G. Willard, Chairman
 Robert M. Freeman

Public Health
 Lawrence N. Brigham, Chairman
 Cecil R. Fargher
 Orvis A. Harrelson

House and Attendance
 John R. Alger, Chairman
 Robert Klein

Civil Disaster
 Edward R. Anderson, Chairman
 Leo Annett
 Robert R. Burt
 Kenneth D. Graham
 T. R. Haley
 David T. Hellyer

Diabetes
 Robert A. O'Connell, Chairman
 Robert A. Kallsen

Entertainment
 William L. Rohner

Geriatrics
 S. Robert Lantiere, Chairman
 Herbert C. Kennedy

Legislative
 J. Hugh Kalkus, Chairman
 Homer W. Humiston
 B. D. Harrington

Wayne W. Zimmerman
Medical Education
 Edmund A. Kanar, Chairman
 Glenn G. McBride

James Mason (Ex-officio)
Operation Hometown
 Douglas P. Buttorff, Chairman

Schools
 George C. Gilman, Chairman
 Cecil R. Fargher
 Orvis A. Harrelson

Mental Health
 Hugo Van Dooren, Chairman
 James M. Blankenship

Poison Control
 Claris Allison, Chairman

Bulletin Staff

Editor: Stanley W. Tuell
 Business Manager: Judy Gordon
 Auxiliary News Editor: Mrs. Alva E. Miller



March Birthdays

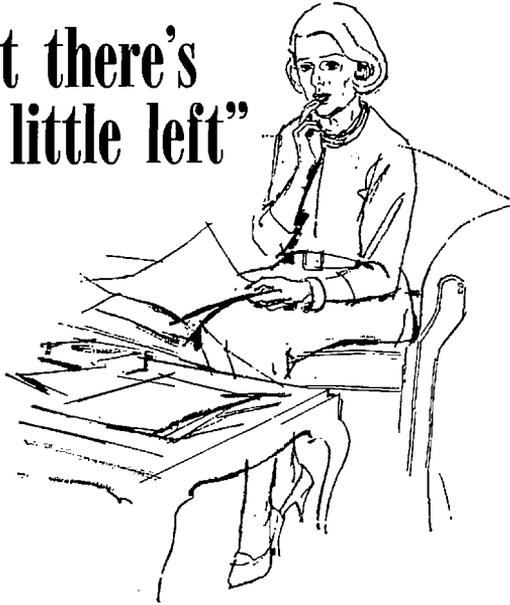
- 2 Ernest L. Randolph
- 4 Louis M. Rosenblatt
- Govnor Teats
- 5 W. Howard Pratt
- 6 Edward F. McCabe
- 9 Ross E. McPhail
- Phillip B. Smith
- Douglas A. Tait
- 11 J. Edmund Deming
- 13 D. Theodore Baer
- 15 Bryce Betteridge
- 17 Russell Q. Colley
- 18 Robert A. O'Connell
- 20 Franz P. Hoskins
- Albert A. Sames
- 22 Robert Klein
- John P. Liewer
- Charles E. Marshall
- 24 Robert P. Crabill
- 25 Robert R. Burt
- Gerald C. Kohl
- 26 Ross D. Wright
- 31 Frederic O. Paine

Cover photo courtesy of Bill Dugovich.

PATRONIZE YOUR ADVERTISERS

HAVE YOU PAID YOUR AMPAC DUES?

“But there’s
so little left”



Sometimes the things a man *doesn't* do are costliest to his wife and family. An old Will never revised. A business never arranged to withstand estate taxes. An incomplete life insurance program.

No matter how good a provider you are, your family's future will one day depend on your *planning*.

Don't leave the future in doubt. In collaboration with your attorney and your life insurance adviser, we stand ready to help you plan wisely—now.

GERSHOM C. ROWLAND
Senior Vice President and Trust Officer

TRUST DEPARTMENT



MEMBER FEDERAL DEPOSIT INSURANCE CORPORATION

Prescription Optical Company

"Fashion In Eyewear"

205 Medical Arts Building

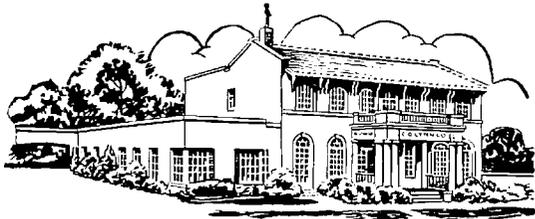
Tacoma, Washington

Market 7-4151

Branches in . . . Lakewood - Everett - Bremerton - Fort Lewis



Member
THE ORDER OF
THE GOLDEN RULE



LYNN FUNERAL HOME
PHONE MA 7-7745

PROVIDING FINE FUNERAL SERVICE SINCE 1905
717-719 TACOMA AVENUE TACOMA • 2 • WASHINGTON

March Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>Tacoma Acad. of Psych. & Neurol. 8 p.m.</p> <p>Tacoma Orthopedic Society 8 p.m.</p>	<p>2</p> <p>Staff of Tacoma General 6:30 p.m.</p> <p>C.P.C. of Mary Bridge—8 a.m.</p>	<p>3</p> <p>Surgery Grand Round—T.G.H. 8-9 a.m.</p>	<p>4</p> <p>Pierce County Pediatric Society 6:00 p.m.</p>	<p>5</p>	<p>6</p> <p>Annual Meeting Tacoma Acad. of Internal Medicine</p> <p>C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.</p>
<p>8</p> <p>Staff of Doctors Hospital 7:30 p.m.</p> <p>Staff of Good Samaritan 6:30 p.m.</p>	<p>9</p> <p>PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M.</p> <p>C.P.C. of Mary Bridge—8 a.m.</p>	<p>10</p> <p>OB-GYN Conf. T.G.H. 8-9 a.m.</p>	<p>11</p>	<p>12</p> <p>C.P.C. of St. Joseph's—9 a.m.</p>	<p>13</p> <p>C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.</p>
<p>15</p> <p>Staff of St. Joseph's 6:15 p.m.</p>	<p>16</p> <p>Tacoma Surgical Club—6:30 p.m.</p> <p>C.P.C. of Mary Bridge—8 a.m.</p>	<p>17</p> <p>Staff of Lakewood General 7:30 p.m.</p> <p>Medicine Grand Rounds—T.G.H.</p>	<p>18</p>	<p>19</p> <p>Staff of Medical Arts Hospital 7:15 a.m.</p> <p>P.C.M.B. Board 8:15 p.m.</p>	<p>20</p> <p>C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.</p>
<p>22</p> <p>Pierce County Academy of General Practice 6:30 p.m.</p>	<p>23</p> <p>Tacoma Acad. of Internal Medicine 6 p.m.</p> <p>C.P.C. of Mary Bridge—8 a.m.</p>	<p>24</p> <p>Path. Cancer Conf.—T.G.H. 8-9 a.m.</p>	<p>25</p>	<p>26</p> <p>Staff of Mary Bridge 12:15 p.m.</p> <p>Staff of St. Joseph's 6:15 p.m.</p>	<p>27</p> <p>C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.</p>
<p>28</p>	<p>30</p> <p>C.P.C. of Mary Bridge—8 a.m.</p>	<p>31</p>			

Grand Rounds—Mt. View General Hospital—Every Saturday 9 to 10 a.m.

Since 1888 . . . three quarters of a century of dignity and service at sensible prices.

- Convenient location
- Two beautiful chapels
- Plenty of parking

C. C. MELLINGER FUNERAL HOME
and MEMORIAL CHURCH

6th & Tacoma BR 2-3268

FOR RENT

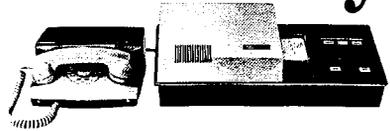
Medical Office Lakewood

near hospital, modern, garden area, convenient for specialty sharing.

Call Dr. R. V. O'Connor

JU 8-0444 JU 8-5088

If you can find a spot in your office for this funny little machine, we can probably save you a bundle every month.



This machine is your key to our electronic billing and financial record Service Center. It will:

1. Cut your clerical costs
2. Speed your collections
3. Tighten your income control
4. Provide more productive time for you and your staff
5. Reduce billing time to 20 seconds per day per patient, client or customer
6. Bill patients, clients or customers
7. Keep track of aging receivables
8. Deposit receipts or payments
9. Eliminate equipment investments
10. Give you a daily cash and charge journal report
11. Provide individual client or patient balance at any time
12. Print detailed statements
13. Provide an up-to-date client, patient or customer roster
14. Insure a professional-looking statement
15. Better your collections
16. Do it more accurately than you're doing your billing now
17. And do all these jobs with unbelievable speed

It works for:

General Practitioners
Neurologists
Internists
Dermatologists
Gynecologists
Pediatricians
Obstetricians
Psychiatrists
Surgeons

In fact, no matter how specialized (or general) your practice, our new service is the answer to your billing problems.

Interested? Then call Tom McGraw or Ray Hughes at FU 3-2811. If we can't prove how this electronic billing and financial record service can save you a bundle every month, the lunch is on us.



YEARS OF SERVICE

PUGET SOUND NATIONAL BANK

Tacoma's Friendly Bank . . .
with 15 offices to serve you

PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, March 9

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

“ASK YOUR DOCTOR . . .

Not Your Pharmacist”

DONALD HEBERT

DONALD HERREMA

KERMIT READ

(Members, Professional Pharmacists of Pierce County)

* * * *

Social Hour: 6:00 . . .

Dinner: 6:45

Honan’s Restaurant

NOW UNDER CONSTRUCTION

**PROFESSIONAL
CENTER**

offering modern space for medical
suites in fast growing residential area.

Phone TE 3-1689

AUBURN

FOR RENT

**Medical Office
Lakewood**

near hospital, modern,
garden area, convenient
for specialty sharing.

Call Dr. R. V. O'Connor

JU 8-0444 **JU 8-5088**

HAVE YOU PAID YOUR AMPAC DUES?

President's Page



In the past month our Society suffered the loss of one of its oldest members, Dr. Ben Robertson. His long span of years in dedicated medical practice in Tacoma permitted him to witness all of the important discoveries and advances in medical science and public health in this century. A few years ago, Dr. Robertson gave me a very vivid description of the "diphtheria era" of the early part of this century. This dread disease was a constant threat to the lives of children. The intubation set and the tracheotomy were essential pieces of equipment for all physicians. Then came the "miracle" of diphtheria antitoxin and later, prophylactic toxoid immunization. Today diphtheria is no longer a major threat to our children.

We are now witnessing the closing phases of a dramatic triumph over another infectious disease, poliomyelitis. In 1954 there were approximately 38,000 cases of polio in the United States. A decade later, in 1964, there were fewer than 150 cases. The development of an effective immunizing technique against polio is probably the outstanding medical achievement of the past decade. As in the case of the diphtheria antitoxins and toxoids, there have been improvements and refinements of techniques and materials used in polio immunization. The trivalent Sabin vaccine is the most effective vaccine available to protect children against polio and at the same time eventually reduce the reservoir of potential carriers.

We owe a great debt of thanks to our Public Health committee headed by Dr. Brigham, and all the members who worked long hours preparing and carrying out the Oral Polio Vaccine program. Dr. Fargher of the Health Department and Dr. Harrelson, Director of School Health, were instrumental in planning and coordinating the program. The local organization of pharmacists and pharmaceutical detail men were invaluable in procuring the materials and giving specific data for administering the vaccine. Our thanks also go to the teachers, school nurses and the multitude of volunteer mothers who were directly responsible for seeing that the vaccine was properly introduced into the gullets of the thousands of youngsters who participated in the oral polio vaccine program. As usual, we had the wonderful assistance of our local newspaper and radio and TV stations. The physicians of Pierce County also deserve praise for their support in answering the thousands of telephone inquiries.

The intubation set is now a memento of the diphtheria era. Perhaps with the continuing efforts to obtain more complete immunizations of our school population, the iron lung, the Kenny hot pack and the orthopedic brace will be mementos of the polio era of this country.

—FREDERICK J. SCHWIND, M.D.

rx
farrell's
PRESCRIPTIONS, INC.

FAST, ECONOMICAL PRESCRIPTION SERVICE

PLUS FREE DELIVERY

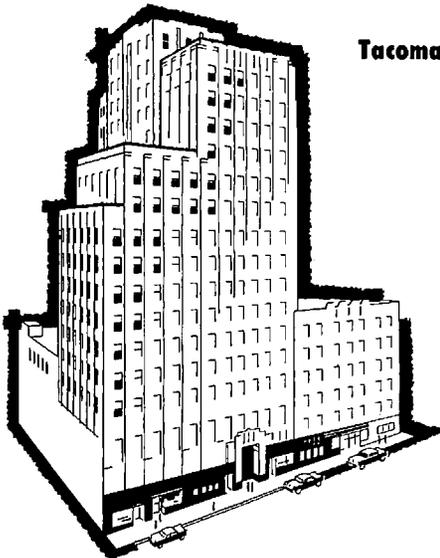
BR 2-8000

Market Street
Lobby

Medical Arts Building

FU 3-5595

St. Helen's Street
Lobby



Tacoma's ONLY Class "A" Medical Building

The Medical Arts Building located in the heart of Tacoma—where it should be—provides all the needs of the medical profession . . . a modern hospital, fully equipped laboratories, prescription pharmacy, optical store, fine auditorium, new restaurant, medical supply house, Pierce County Medical Society office and library . . . PLUS more than 500 parking spaces within a half block of the building. Your inquiry is invited.

Medical Arts Building

Building Office: 110 Medical Arts Bldg.

Market 7-6441

METROPOLITAN BUILDING CORP., MGRS.

Editorially Speaking

"Everybody's gonna help row!"



So said WSMA Past-president Bob Hunter in a brief but stirring message to the House of Delegates at its emergency meeting in Seattle on Sunday, February 21. Dr. Hunter compared physicians to a group of men in a lifeboat struggling to save their lives. As far as he was concerned, when he finds himself in such a situation, "Everybody's gonna help row!" The present situation is comparable in that Medicare under Social Security represents the force that is about to "sink" the free practice of high quality private medicine as we now know it. The general assessment to the membership was an effort to have everybody help row, and I feel it was justified.

While there may be a few who sincerely feel that things will be better off if the old ship does sink, I can't feel too sympathetic toward those who grumble because they think the situation is too hopeless to struggle with. There may be some legitimate excuses for non-rowers, but that's not one of them.

So grab an oar and start rowing.

—S.W.T.

Enjoy Dinner in the pleasant atmosphere
of a Restaurant typical of San Francisco

Honan's Restaurant

COMPLETE DINNERS FROM \$2.95

Specialties . . .

Broiled Steaks
Australian Lobster Tails
Prime Ribs of Beef

Banquet facilities
Private Rooms for
dinner and meetings
Cocktails

"Tacoma's most popular downtown Restaurant"
across the street from the Medical Arts Bldg.

Honan's

MA 7-7179

Free Customer Parking next door

739½ St. Helens Ave.



Schwarz, Shera and Associates, Inc.

BROKERS INSURANCE SERVICE

LICENSED & BONDED BROKERS



Ned Shera, C.L.U.
Vice President



V. A. "Bud" Schwarz, C.L.U.
President



(Mrs.) Dorothy Connor, C.L.U.
Secretary-Treasurer

Providing

"PROFESSIONAL COUNSEL FOR THE PROFESSIONAL"

Life & Health Insurance
Annuities
Pension Plans (including H.R. 10)

Professional Partnerships
Estate Creation Planning
Estate Conservation Planning

As Brokers we are *YOUR* agent, *NOT* an Insurer's Agent.

Offices at Suite 306, Security Building
Tacoma, Washington

MA 7-8181

IN MEMORIAM



Dr. John Benjamin Robertson

Dr. John Benjamin Robertson died February 14, 1965 at the age of 89. A graduate of the University of Indiana Medical School, he began practice in Tacoma in 1906, and only last year, because of ill health, retired after 58 years of private practice. Along with some of the rest of us he had lived through an era when many died of tuberculosis, as well as pneumonia, diphtheria, scarlet fever, and innumerable infectious conditions.

Thirty-one years ago I delivered a granddaughter to the Robertson family and so it is that the daughter, Ruth Fischer, at this time reminded me of the fact and gave me some interesting details of his early life.

Dr. Robertson was born of pioneer stock in southern Indiana, but because of polio affliction did not walk until three years of age. For 89 years he walked with a limp and staunchly dragged his crippled body about the world never asking sympathy for his infirmity. After graduating from liberal arts college in 1900 he went to the Philippines as a government teacher. While there, he realized the pressing need for medical knowledge in that country and so he returned to Indiana and graduated

from the medical school in 1906.

His dream of becoming a medical missionary in the Philippines was never realized, for he married immediately on graduation from medical school, and his wife feared she was too frail for life in that debilitating tropical climate.

And so it was he came to Tacoma, a town with mud streets except for Pacific Avenue with its wooden blocks, and had his office with Dr. George Kunz, Sr., at 15th and Pacific Avenue. As a boy, I recall the Robertson's little red home on South 12th and Lawrence, from which he made calls on his bicycle. In 1913 he acquired a Ford run-about. In the 1940's I can recall how we drove to meetings in Seattle, and he could really drive.

Dr. Robertson was interested in keeping up with advances in medicine, and never missed a local medical society meeting. He was a charter member of the Pierce County Medical Society.

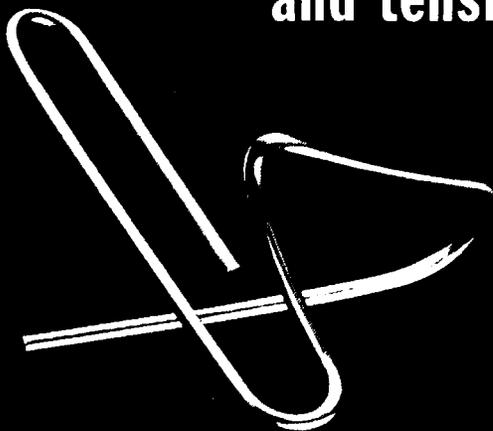
"No matter how remote the home or how insolvent the family, my father always went whenever anyone asked for help. To sit idle was a sin of darkest hue. He kept going under the burden of very grave infirmities almost to the very end of his life." A wonderful tribute from his daughter.

For forty years he was chairman of the board of the Volunteers of America, and for much longer than that a member of the First Christian Church. His beloved wife passed away ten years ago, but his son, Benjamin H. Robertson, and his daughters, Mrs. Reba Rickman of San Francisco and Mrs. Ruth Fischer of Quincy, California, and four grandchildren and four great grandchildren survive him.

It is indeed appropriate to remind ourselves that this man meant a great deal to his many patients, to his family, and in fact to all of us who try to serve humanity.

—DAVID H. JOHNSON, M.D.

Amytal takes the edge off daytime anxiety and tension



Amytal is a moderately long-acting barbiturate that takes the edge off daytime anxiety and tension without significant change in mood and attitude. Since Amytal is metabolized in the liver within twenty-eight hours, overlapping of effect is minimized, and renal damage does not constitute an absolute contraindication.

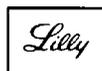
Side-Effects: Idiosyncrasy or allergic reactions to the barbiturates may occur. **Precautions and Contraindications:** Amytal should be used with caution in patients with decreased liver function, since a prolongation of effect may occur. Administration in the presence of uncontrolled pain

may produce excitement. **WARNING**—May be habit-forming.

Dosage: Doses should be individualized for each patient. The usual adult sedative dosage ranges from 30 mg. (1/2 grain) to 50 mg. (3/4 grain) two or three times daily.

Additional information available upon request. Eli Lilly and Company, Indianapolis 6, Indiana.

AMYTAL[®]
AMOBARBITAL



400104

ICDA Winning Battle Over SNDO; Doctors Confused Bystanders

"We like 'Icda'."

"We're still for 'Snow-doe.'"

This isn't beatnik talk. It's Medical Record Librarian lingo concerning their current controversy on the two major methods of classifications of diseases.

MRL's (Medical Record Librarians) learn all sorts of scientific jargon about diseases and operations, which probably helps them develop tolerance and patience toward their arch-enemies (not really) whom they keep badgering to finish up charts. Likewise, a brief primer for doctors on MRL jargon might help doctors develop a better understanding and appreciation of the problems and efforts of the Medical record personnel, who aren't such a bad lot after all—if your charts are completed.

Lesson No. 1

This lesson is entitled "Snow-doe vs. Icda." These names represent two different methods of disease classification, each with its own system of code numbers. Snow-doe is the older method, and perhaps more familiar to the doctors. The title "Snow-doe" is a phonetic spelling for the word Medical Record people use because they couldn't figure out how to pronounce SNDO. The latter means "Standard Nomenclature of Diseases and Operations." This system began in 1932, but was modified in 1942 to include names of operations. Basically, it includes three or more numbers which indicate the organ involved, followed by three more numbers, or more, to indicate the type of affliction. For example, all numbers in the 600's represent the digestive tract, the appendix being number 661. All numbers in the 100's represent some type of inflammation. So the code for appendicitis comes out 661-100.

The Plot Thickens

Unfortunately, things get more complicated. Arthritis of the ankle is 249-100. But acute arthritis of the calcaneo-cuboid joint due to non-hemolytic staphylococcus producing ankylosis comes out with the fancy title of 24931-1051.4. If a doctor wants to write a paper on all cases of 24931-1051.4, there is a chance of error in pulling the charts, for a little difference in phraseology or interpretation of the doctor's writing (you call that writing!) might result in a change in one digit of the code number and some important charts might be missed. Some felt that a simpler system was needed, so that less highly trained personnel could accurately pull a large group of charts, even if this meant that the doctor would have to spend more time sorting out the specific ones he needed. (After all, if he's getting his name on the paper, he should do *some* of the work.)

ICDA Is Born

Thus ICDA was born. An immediate obvious advantage of ICDA was that it was easier to pronounce than SNDO. The letters stand for "International Classification of Diseases, Adapted." In this method, all diseases and operations are classified arbitrarily under three and four-digit numbers. The precise meaning that is attached to each digit in SNDO is lacking in ICDA. The above-mentioned calcaneo-cuboid arthritis would be classified as 720 under ICDA (or possibly 720.7). However, if you ask for all charts in this classification, it will include acute arthritis of all the other joints in the body as well, which means you will thumb through several hundred charts to find the few you want.

ICDA was dreamed up by the World Health Organization, modified by the AMA, then approved by the American Hospital Association and the American Association of Medical Record Librar-

ians. Despite this, it is by no means universally accepted by experienced MRL's as being an adequate substitute for SNDO.

Locally, Tacoma General Hospital has used SNDO for many years, but converted entirely to ICDA on January 1, 1964. Mrs. Cobbe, Medical Record Librarian there, feels the greater simplicity of ICDA contributes to greater accuracy and that the official approval by the parent organizations is good evidence of its worth. Sister Mary Emmanuel at St. Joseph's Hospital reluctantly



Sister Mary Emmanuel
"It's a step backwards!"



Mrs. Cobbe
"... but it's official."

reports that the record room there coded by both methods all during 1964 and is using only ICDA as of January 1, 1965. She feels that the scientific accuracy and logic of SNDO, while complex, were corollaries of the general increase in scientific knowledge. While the rest of medical science moves forward, ICDA represents a step backward

to a less logical and less accurate method.

Virtually all of Tacoma's MRL's feel that SNDO is really the better method. Despite this, most hospitals here are changing to ICDA, following a general trend. Medical Arts Hospital has used the new system since April 1, 1964, Mary Bridge changed over on October 1, 1964, and Lakewood Hospital is planning on coding all 1965 charts in ICDA, as is Doctors Hospital. At Good Samaritan, the move to the new wing has delayed a change, but ICDA will probably be put in effect in a few months. Only Mrs. Rokahr at Northern Pacific Hospital and Mrs. deMille at Mountain View are steadfastly clinging to SNDO as the method of choice.

EXPERIENCED Medical Receptionist; billing, bookkeeping, etc. Local references, start immediately. Please write to 6109 Lake Grove Ave. S.W., Tacoma, Wash. 98499.

HAVE YOU PAID YOUR AMPAC DUES?

HAVE YOU EVER THOUGHT OF WORKING WITH A GROUP?

- Pleasant working conditions
- More leisure time
- New facilities
- Laboratory, x-ray, physical therapy

We need — General Practitioners,
Internists

CALL WESTERN CLINIC

MA 7-9151

6th Avenue at South K

Tacoma

BEALL'S

The Prescription Store

124 Meridian South

PUYALLUP

Phone Puyallup 5-8444

For Years to Come

**A PRECISE REAL ESTATE SERVICE
FOR
ENDURING INVESTMENT QUALITY**

CONFIDENTIAL COUNSELING
BY APPOINTMENT



JOHN T. STEWARD, INC.

Realtors

JU 4-1112

9842 Gravelly Lake Dr. S.W.

John T. Steward

L. O. Larsen

Mysteclin-F is good practice whenever the advantages of tetracycline are being weighed against the rising incidence of monilial complications. Its two components act independently of each other and in different sectors of the pathogenic

spectrum: tetracycline as **systemic therapy** in a wide range of bacterial, spirochetal, rickettsial and even some viral and protozoan infections . . . Fungizone as **topical prophylaxis** to prevent the intestinal overgrowth of *C. albicans*.

Mysteclin-F enables the clinician to prescribe broad-spectrum therapy with the assurance that antifungal protection will be there when needed.

Available as: *Capsules* (each containing 250 mg. tetracycline phosphate complex [HCl equiv.] and 50 mg. amphotericin B); *125 Capsules* (each containing 125 mg. tetracycline phosphate complex [HCl equiv.] and 25 mg. amphotericin B); *Syrup*—(125 mg. tetracycline [HCl equiv.], with potassium metaphosphate, and 25 mg. amphotericin B per 5 cc.); *Pediatric Drops* (100 mg. tetracycline [HCl equiv.] with



potassium metaphosphate, and 20 mg. amphotericin B per cc.).

Side Effects: Occasional nausea, vomiting and diarrhea. **Precautions:** With any broad spectrum antibiotic, the patient should be carefully watched for signs of secondary infections caused by non-susceptible organisms. Use of tetracycline

drugs, particularly long-term use, during periods of tooth development may cause discoloration of teeth. Particular caution should be observed if renal impairment exists.

For full information, see your Squibb Product Reference or Product Brief.

SQUIBB — SINCE 1896 —
Squibb Quality — the Priceless Ingredient



Mysteclin-F
SQUIBB TETRACYCLINE-AMPHOTERICIN B (FUNGIZONE)
is good practice

2 LOCATIONS

Harold Meyer Drugs




**48th & So.
Tacoma Way**

11th & K

**OPEN
'TIL
MIDNITE**




MOUNTAIN VIEW FUNERAL HOME

Takes Care of Everything

UNDERTAKING :: CEMETERY :: CHAPEL :: MAUSOLEUM

4100 Steilacoom Boulevard

JUniper 4-0252

HOSPITALS

Tacoma General

Health Careers Day

Schools as far distant as Olympia and Aberdeen to the south and Renton and Kent to the north, as well as all the local and nearby high schools, sent students to participate in Tacoma General's third Health Careers Day, February 22.

Health Careers Day is an opportunity for high school students to investigate all types of health careers in depth, and find out from practicing professionals the prerequisites and educational background necessary. Professional people from the following specialties took part in this event: dietetics, physical therapy, occupational therapy, pharmacy, nursing, x-ray, medical technology, medical records, practical nursing, executive housekeepers, physicians and dentists. Doctor Richard E. Huish spoke to many students about medicine, and Doctor Leif Overby, dentist, represented his profession.

Conferences, booths, demonstrations and tours to the special departments of the hospital were set up by all the specialties to bring together this large pool of vocational guidance information for the student, his family and the school guidance officers.

DON'T BURDEN THE WORKING MAN WITH THE FALSE PROMISE OF MEDICARE

"Glasses as your eye
physician prescribes them"

Contact Lenses — Artificial Eyes

Columbian Optical Co.

Ground Floor, Medical Arts Bldg.
Medical Center
Western Clinic Bldg.
Lakewood

Saint Joseph's

The X-Ray department reports "the case of the week" continues to intrigue even the most astute. For those unacquainted with this year old project the X-Ray department has been exhibiting a series of x-ray film with interesting diagnostic features. Films are selected by the radiologist and placed on exhibit in a prominent place so that doctors frequenting the department can demonstrate their prowess for film interpretation by placing their "educated guesses" in a nearby locked box. At the end of the week the Radiologists findings, supported by other proven clinical evidences are revealed. Entries which coincide with the facts of the case are recorded in the log of "Thinkers of the Week." At the end of the year a most fastidious tally is made of the frequency with which individual physicians have acquired the coveted weekly title of "Thinker of the Week." The one achieving the highest number is presented the annual trophy of the "THINKER" at the Staff Banquet. In 1964, in an atmosphere of utmost ceremonial solemnity Dr. Rohner, Assistant Radiologist, presented this trophy to Dr. Roger Dille.

On February 18th, the Senior and Junior student nurses welcomed the pre-clinical class into the white capped ranks of "legitimate" student nurses. The quiet solemn event took place in the School's lovely red lounge with Sister Martha Joseph placing the white cap on each of the thirty students and Miss Karen Vicklund, A.S.B. President, assisting her.

But of course the two male members were not forgotten and were also welcomed as members of the freshman class when they received the school emblem in the form of badges for their uniforms.

The students, faculty and personnel of St. Joseph's Hospital extend their

(Continued on Page 21)

Time Tested Dependability

Established 1889

R. E. Anderson & Co. Inc.

INSURANCE - MORTGAGE LOANS - REAL ESTATE
PROPERTY MANAGERS



752 Broadway

BRoadway 2-8475



FOR PROFESSIONAL ANALYSIS OF
YOUR INSURANCE PROGRAM

Ask for

Donald M. Moore

Donald J. Hill

Robert D. Sizer

Herbert F. Syford

Stewart L. Simpson

Edward J. Pole

STOWELL'S . . . Prescriptions

Our completely new and larger store
will give you and your patients
more efficient and reasonable service.

‘ ‘ ‘

FREE DELIVERY

‘ ‘ ‘

BRoadway 2-2201

744 Market Street

Doctors Hospital Building

(Continued from Page 19)

sincerest congratulations and wish them success in a rewarding career.

The telephone day sponsored by the Pacific Telephone Company was very well received by the entire staff. We are very grateful to Mrs. Laurie of the Northwest Bell Company for her time and effort in bringing to light many of the faults we have all been guilty of at times. We hope that with all this worthwhile information our telephone contacts will become improved, and that our public will have a much better impression of all of us through this medium of communication.

As chairman of the disaster committee, I want to express my sincere gratitude for your outstanding cooperation and participation in the disaster activities. We have had many fine compliments on the exercise and this would not have been possible without your help.

As you probably know, St. Joseph's Hospital is the first hospital in the area to actually have a disaster run. From this run we have seen much interest develop in the community.

Our committee will continue to have its monthly meetings and each year there will be one or two simulated practice drills. Personnel on the three to eleven; and eleven to seven shifts; will be involved in the next practice.

The film on our disaster exercise is here at the hospital and was shown in the conference room on the 17th and 18th for those who were interested.

Report from Sister Mary Alacoque, R.N.

A Valentine party sounded loudly through the wards at Pediatrics last month. The Senior Students sponsored the party with Judy Shumate, chairman of decorations; Nancy Robbins, chairman of Games; Peg Zurfluh, chairman

of Refreshments; and Joan Piper, chairman of Entertainment.

A heart graced the front doorway of the ward giving the whole floor the festive air of the day. A pinate was broken by the patients and goodies were gathered up eagerly by them. After movies and games, everyone ate themselves into oblivion.

Beginning January 1, 1965, a test for PKU is available in the Nursery for distribution on the order of the attending physician. The story of Phenylketonuria (PKU) began in the early 1930's when the condition was first identified in Norway. When Ferric Chloride was added to urine of PKU babies, a green color resulted. Further studies identified the substance responsible for the abnormal color change.

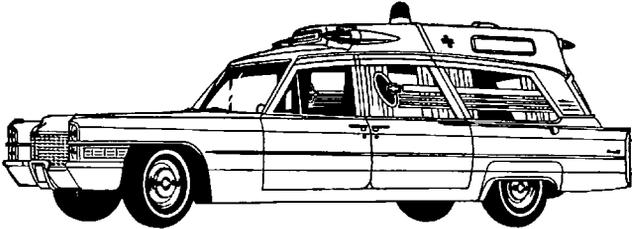
Great interest was aroused by this condition and it has been studied in many countries. Now it is known that PKU results from the inability of certain babies to utilize phenylalanine, a basic foodstuff found in milk and other foods. Routine testing of all babies is done in an increasing number of places in the United States. There are two types of tests—blood and urine, the latter is the one in common use.

Effective treatment of Phenylketonuria began in 1953 when patients were fed diets low in phenylalanine. Early detection and treatment can prevent the tragedy which otherwise would result. If dietary treatment is started in early infancy, mental development is usually normal. How long a child will have to remain on such a diet is not definitely known at present, but there is some evidence that the need for the special diet may decrease when the child is of school age.

New to our staff, is Swan Johnson, Registered Physical Therapist. Swan

(Continued on Page 23)

LOOK WHY NOT GIVE YOUR PATIENTS
 THE BEST IN TRANSPORTATION
 COSTS NO MORE . . . REASONABLE RATES



M
A
7
-
1
1
2
1

M
A
7
-
1
1
2
1

Resuscitator Service
 Oxygen Equipped Electric Cot Warmers
 Licensed Attendants

Tacoma Yellow Cab Co.

1324 MARKET STREET

LUDWIG'S PRESCRIPTIONS

3 LOCATIONS TO SERVE YOU

LAKWOOD CENTER

DAVID LUDWIG, Manager
 9514 Gravelly Lake Drive S.W.

JU 8-2191

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

THUNDERBIRD CENTER

WM. H. LUDWIG, JR.
 8105 Steilacoom Boulevard S.W.

JU 8-1889

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

SOUTH TACOMA STORE

FRED LUDWIG, Manager
 5401 South Tacoma Way

GR 4-9419

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 9:30 A.M. TO 9 P.M.
 365 DAYS A YEAR

FREE PRESCRIPTION DELIVERY

(Continued from Page 21)

was born in Butte, Montana; attended Butte Public High School and the University of Montana. After receiving his degree in the East, Swan began his career teaching in Chicago. Later he served for four years with the U.S.N. as a Physical Therapist, and eventually came to Tacoma in 1945. Swan belongs to the Elks, Shriners, and is on the Board of Directors of the Boys' Club.

Annex Supervisor, Sister James Helene, was recently appointed a board member of the Tacoma-Pierce County Mental Health Association, and is adding their monthly meetings to her busy schedule.

Our building has a new look! The lounge and bedrooms are all receiving a fresh coat of paint in cheery colors, including greens, beiges, apricot, yellow and turquoise. What an enjoyable atmosphere.

We would like to welcome Mrs. Cobb, L.P.N. and Miss Frost, S.P.N., to our staff. It is nice to have such enthusiastic and able workers.

On February 22, Sister James Helene and Mrs. Helen Stewart attended the Religion and Mental Health Meeting, sponsored by the Washington State Department of Institutes and the Mental Health Association at the Hilton Inn. This was an all day session with several interesting speakers, including as main auditor, Reverend Bruder from St. Elizabeth's Hospital, Washington, D.C.

Do Doctors Favor Medical Care For The Old Folks? Compare These Benefits:

	Elder-care	Medi-care
Physician's care	YES	NO
Surgical costs	YES	NO
All drugs	YES	NO
Hospital and nursing home	YES	YES

RANKOS

PHARMACY

101 North Tacoma Avenue

Prescription

Druggists



We Carry a Complete Line of
Biologicals and Pharmaceuticals



"When Moments Count"

FULTON 3-2411

PROMPT . . . FREE DELIVERY

WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

AUXILIARY OFFICERS—1964-1965

President	Mrs. Sherman S. Pinto
President-Elect	Mrs. Merrill J. Wicks
1st Vice-President	Mrs. Theodore Smith
2nd Vice-President	Mrs. James E. Hazelrigg
3rd Vice-President	Mrs. Sidney Kase
4th Vice-President	Mrs. Harold D. Lueken
Recording Secretary	Mrs. John Liewer
Corresponding Secretary	Mrs. Francis W. Hennings
Treasurer	Mrs. Thomas H. Skrinar
Dues Secretary	Mrs. Glenn H. Brokaw
AMAERF	Mrs. Russell Colley
National Bulletin	Mrs. Robert Kallsen
Civil Defense and Safety	Mrs. Herbert Kennedy
Historian and By-Laws	Mrs. Herman S. Judd
Legislative	Mrs. Robert W. Osborne
Membership	Mrs. Jack J. Erickson
Paramedical	Mrs. M. Edward Lawrence
Program	Mrs. Frederick J. Schwind
Publicity	Mrs. George C. Gilman
Bulletin	Mrs. Richard T. Davis
Social	Mrs. Alva E. Miller
Speakers Bureau	Mrs. Kenneth D. Graham
Telephone	Mrs. John Coleen
Minute Women	Mrs. Kenneth Cross
Community Service and Council	Mrs. Dale Doherty
Heart	Mrs. Robert M. Ferguson
Cancer	Mrs. G. M. Whitacre
Finance	Mrs. W. W. Mattson, Jr.
Dance	Mrs. J. Robert Brooke
Fashion Show	Mrs. Haskel L. Maier
Mental Health	Mrs. Robert P. Crabill
Today's Health	Mrs. Arthur P. Wickstrom
Cook Book	Mrs. Dudley W. Houtz
International Health	Mrs. Robert W. Florence
Parliamentarian	Mrs. Charles P. Larson
	Mrs. Homer W. Humiston
	Mrs. Thomas B. Murphy
	Mrs. Charles McGill
	Mrs. William H. Goering

Those of you who did not attend the February meeting at Margaret Larson's missed a wonderful luncheon and an interesting visit with our state president, Mrs. Francis Lyle, our president-elect, Mrs. William Blackstone, and Mrs. John Vaughn, the S.W. Washington district membership gal. They all had real good news and ideas to bring to us. We were happy to have them with us.

I'll bet you didn't know that the chairman for the luncheon that day, Gerri Reynolds, broke her leg? No one would know if it meant any slighting of plans for the day. Let's give real credit where it is surely due. Gerri went ahead and made all the plans (even to the measurements for the food) as if nothing had gone wrong—like a leg! Then Ruth Brooke, Dorothy Meier, Elvina Brokaw, Beth Hennings, Elsie Schwind and Jeanne Judd came to the rescue and pitched in to make the luncheon a success. It truly was too!

March Meeting

The March meeting will be a coffee on Friday, March 19th at the home of Mrs. Vernon Larson, 1889 No. Hawthorne. After the meeting, we have been asked that those who are interested in seeing where and how the medicine, etc., for international health is packaged and made ready for overseas shipment may visit at 2410 6th Ave.

There is still a need for more help on Tuesday and Thursdays to package and mark medicines for missions. Please call Mrs. Hazelrigg if you are interested.

Mid-year Conference

The Spokane Auxiliary extends a cordial invitation to all members to attend the mid-year conference at the Ridpath Hotel on March 11 and 12, 1965.

To The Board

The Board will be the guests of Ellen Pinto at 10 a.m. Friday, March 5 at Johnny's Dock.

Legislative Day a Success

Everyone who attended a "Day at the Legislature" in Olympia said it was delightful. The Thurston-Mason County Medical Auxiliary were hostesses. There was a lovely luncheon at the Tye at which time we heard from our legislators and in the afternoon a tea was attended by wives of legislators, Supreme Court judges, and ourselves. It was a day well spent and enjoyed.

Dinner Dance

April 24th and the Top of the Ocean are the time and place for the annual Medical Auxiliary dinner dance. Tickets will be \$15.00 per couple and will be available at the March meeting or from

Betty Johnson or Bev Harrelson for those not able to attend the meeting. This is the one annual social event of the medical community. Come and renew old acquaintances and meet new members.

Nominations

At the February meeting, Marje Wicks announced the panel of officers proposed for the coming year. We will vote at a later date.

The following were selected by the nominating committee: president-elect, Donna Gilman; 1st vice president and program chairman, Mavis Kallsen; 2nd vice president and social chairman, Dee Wickstrom; 3rd vice president and Valley representative, Deva Vaught; 4th vice president and membership chairman, Gloria Virak; recording secretary, Nancy Spangler; treasurer, Kathleen Skrinar; dues, Elvina Brokaw.

We do have a kit available for Precinct Action Study if anyone desires to use it. Call Evelyn Osborne, SK 2-3312.

Smoking Reports on Local Doctors

Coming Next Month

Watch for next month's issue with a report on the informal poll taken of the smoking habits of Pierce County physicians.

ELDERCARE IS BETTER THAN MEDICARE

PATRONIZE YOUR ADVERTISERS

Eldercare Publicity Action Moved Fast In Mid-February

Things happened fast at all levels of organized medicine during the month of February. On February 6 and 7, a special session of the AMA House of Delegates was held in Chicago, at which time plans were laid for backing the new Eldercare bill. In quick succession, the following developments occurred locally:

Feb. 12: The Board of Trustees of the King County Medical Society approved a recommendation that the State Association ask its membership for contributions of \$25.00 or more to support the publicity program for Eldercare.

Feb. 13: The Board of Trustees of the Washington State Medical Association held a Special Meeting with several county society presidents in attendance, including Dr. Fred Schwind of Pierce County. The Board voted to start the publicity campaign with reserve funds already in the treasury.

Feb. 17: Dr. Schwind called a Special Meeting of the Board of Trustees and all delegates of the Pierce County Medical Society, with similar action approving assessment of the State Association members.

Feb. 21: The House of Delegates of WSMA met in Seattle with a full quota of Pierce County delegates, and the publicity program was outlined and overwhelmingly approved on a motion by Dr. J. W. Bowen of Pierce County. In subsequent action, an assessment of \$30.00 per member was made to finance the publicity program.

**DON'T BURDEN THE WORKING
MAN WITH THE FALSE
PROMISE OF MEDICARE**

AMPAC for '65

Each of us recently received a newsletter from our State Society concerning the program adopted by the AMA outlining our alternative to the federal Medicare program. Therefore we now have a clearly stated program with a positive approach which we can actively support. We need an instrument like this because this year will be a difficult one for all of us who wish to continue medical care for the aged unencumbered by federal governmental control.

The Medicare bill has been judged so important that it is Senate Bill Number One (S-1). Undoubtedly the Administration has determined that it has the necessary backing to get this legislation passed through committee and also on the Senate floor.

As we know, the federal government at present has about one-fourth of the nation under a federally controlled medical program through its armed forces and VA hospitals. This program alone is expanding as the number of veterans rapidly increases. This facet of federal medical care is totally subsidized through our taxes.

The present Medicare bill which provides for a socialized program of hospitalization for the aged is but another facet of federal medical care. However, one essential difference in these two programs lies in the fact that members of the armed forces and others covered in the first program are employees of the federal government while the aged population covered in the second program are not.

Another important fact to remember: Medicare is a compulsory program. Although you do not have to accept the benefits under a Medicare program, you certainly must pay money into the Social Security system. Another objectionable point is the funding of the Medicare through the Social Security system. Rep. Wilbur Mills states that

the administration concedes that the Social Security wage base will have to be updated each year. In practical terms this means that the taxable wage base would have to be increased at least \$150.00 each year. The Social Security tax base can only go to 10% by law and at this rate of increase it would be reached rather promptly. Then the system would go bankrupt without further taxation being legislated. Soon the tail would be wagging the dog with Medicare being the tail and the social security pension being the dog.

There are approximately 197,000 AMA member doctors. This means by population we are about one to a thousand. Each one of us must reach as many as we can. AMPAC is still in there fighting and we need your help. Join us now for '65 by being a paid-up member. We must present a united and organized program to guard freedom in the practice of medicine in our nation.

THOMAS H. SKRINAR, M.D.
6th Congressional District
AMPAC Chairman

IN MEMORIAM

Dr. Frank C. Willson, retired member of the Pierce County Medical Society, who practiced in Buckley and Tacoma for many years, died in San Bernardino, California, January 4, 1965.

HAVE YOU PAID YOUR AMPAC DUES?

**DAMMEIER
Printing Co.**

Printers and Offset Lithographers

BRoadway 2-8303

811 Pacific Ave.

Tacoma

M.D. Office Slaves Get Red Carpet At T. G. Dinner

The "Interrelationship Dinner" was something new, it was a surprise, and it was a success. So say the 167 office personnel from local doctors' offices who attended the two evenings of food, facts and friendship supplied by Tacoma General Hospital and January 28 and February 4. The purpose of the two dinners was to better acquaint nurses, receptionists and other personnel in the doctors' offices with the various procedures in the hospital and to enhance smooth relationships in the contacts—usually by phone—between the doctor's office and the hospital.

Helpful facts provided for the doctors' helpmates included information on the general structure of the hospital medical staff, what number to call to find out what date a patient was discharged, how the new recovery room functions, the information needed for admitting patients and scheduling surgery, and the fact that boss-man is supposed to kick in five bucks every year to the Medical Staff Library Fund.

Each evening started with a tour of the hospital departments, with 30 representatives of the various departments serving as hosts and guides. This was followed by a baked ham dinner. A name tag on each guest not only indicated her name, but also the name of the doctor she worked for.

Following dinner, a general meeting in Jackson Hall featured a series of 10-minute talks by departmental heads or representatives. An information booklet was distributed to all guests.

Walter Huber, hospital administrator, officially welcomed the guests, and as-

sistant administrator John Ettner was general coordinator and master of ceremonies for the occasion. Responses on a questionnaire which was distributed indicated that the affair was both educational and enjoyable for the hard-working office girls. It was also free.

AMERICAN HEART ASSOCIATION SCIENTIFIC SESSIONS

The American Heart Association announces the following dates for its 1965 Annual Scientific Sessions which will be conducted in Bal Harbour, Florida:

Scientific Sessions for

Nurses Oct. 13, 14
Council on Arteriosclerosis Oct. 13, 14
Annual Scientific

Sessions Oct. 15, 16, 17

ELDERCARE IS BETTER THAN MEDICARE

Tacoma Brace & Limb Co.

Lenart C. Ceder, owner



Expertly fitted—

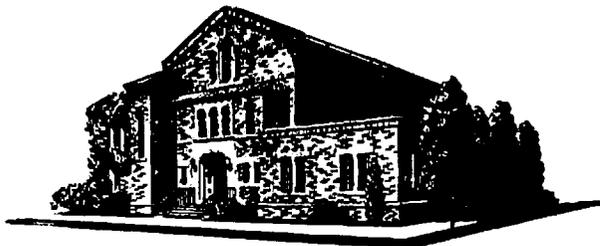
Artificial Limbs
Orthopedic Appliances
Surgical Belts
Arch Supports
Trusses



FULTON 3-4439

723 South K Street

Spacious, beautiful memorial chapel
Choice of cemetery, mausoleum,
cremation or columbarium



Choice of type or
manner of service

Budget Terms
Available

BUCKLEY-KING

CONVENIENTLY LOCATED • TACOMA AVE. AT SO. FIRST
LARGE PARKING AREA

SHAW SUPPLY HAS THESE SERVICES TO OFFER YOU AND YOUR PATIENTS

- Your choice of the finest lines manufactured.
- Experienced fitting for both men and women
 . . . Surgical Supports . . . Belts . . . Hosiery . . .
- Large selection of nurses' uniforms and doctor gowns.
- Complete rental service for sick room supplies
 . . . Pick up and Delivery Service . . .
- Factory trained repair service in our own shops.

Serving The Pierce County Medical Profession Since 1904

S HAW COMPANY
I N C O R P O R A T E D

710 fawcett ave.
tacoma 2, wash.
broadway 2-1125

PHYSICIANS' AND HOSPITAL SUPPLIES

Letter To The Editor

To the Editor:

One of the most extraordinary and most gifted men of our times died on January 24th, 1965. Here are a few of the many winged words of Winston Churchill that should be read slowly and deliberately.

From an address to the people of the United States Oct. 16, 1938, reprinted in "Blood, Sweat and Tears" (Putnam):

No one must underrate the power and efficiency of a totalitarian state. Where the whole population of a great country, amiable, good-hearted, peace-loving people, are gripped by the neck and by the hair by a Communist or a Nazi tyranny—for they are the same things spelled in different ways—the rulers for the time being can exercise a power for the purposes of war and external domination before which the ordinary free parliamentary societies are at a grievous practical disadvantage.

* * *

From a speech in the Parliamentary election of 1951, cited by Ray Vicker in "How an Election Was Won" (Regnery):

The Socialist planners have miscalculated and mismanaged everything they have touched. They have tried to substitute government control and discretion for individual enterprise and skill. By their restrictions they make scarcity; and when scarcity comes they call for more restrictions to cure it . . . 700,000 officials . . . have settled down upon us to administer 25,000 regulations never enforced before in time of peace.

* * *

From "The Gathering Storm":

If you will not fight for the right when you can easily win without blood-

shed; if you will not fight when your victory will be sure and not too costly; you may come to the moment when you will have to fight with all the odds against you and only a precarious chance of survival. There may even be a worse case. You may have to fight when there is no hope of victory, because it is better to perish than live as slaves. . . .

—FRANK J. RIGOS, M.D.

Cookies and Milk Good Relaxants Says Cascadia Head

If Miltown or Librium fail, try cookies and milk. At least the latter prescription seems to be effective in relaxing emotionally disturbed young people when they have their first interviews at the "Cascadia Diagnostic Center." Theodore Sterling, PhD., Chief Psychologist at the Center, described this and other methods of handling delinquents in his presentation to the Pierce County Medical Society at its February meeting.

Dr. Sterling expects over 1,500 children between the ages of 8 and 18 to be routed through the Center this year. The Center is housed in the buildings which were formerly the Cushman Indian Hospital. According to Dr. Sterling, the typical boy has had two or more arrests and the typical girl is admitted for some form of sexual offense. Most of them are emotionally disturbed young people and a high percentage come from family backgrounds which play a large part in their poor social adjustment.

Cascadia is mainly a diagnostic, evaluation and screening center, and does not undertake any specific treatment other than trying to develop some form of motivation in the young people. Each child stays only about five or six weeks, and then is routed out to other schools,

special homes, etc. Dr. Sterling closed the program with an interesting question and answer period.

Early in the program, the Puget Sound National Bank presented an explanation of its rather complex billing plan for physicians, and earlier had been the hosts for the social hour.

The Tuesday, March 9, program will feature a discussion by three local pharmacists, Donald Hebert, Donald Herrema and Kermit Read; the subject will be "ASK YOUR DOCTOR — Not Your Pharmacist."

County Societies . . . IN THE NEWS

Tulsa County, Oklahoma, physicians have made sure that their Society-sponsored Scout Explorer Post is kept busy through the year. Following are some of the activities that the 27 members of the post engaged in during 1964: met each week to hear physicians lecture in various fields of specialization; completed a course in first aid taught by the Tulsa Fire Department; collected funds for the Multiple Sclerosis Drive; manned first aid stations at the Boy Scouts Camperalls; toured the Red Cross Blood Center; took a field trip to inspect the University of Oklahoma Medical Center and related facilities; and did on-the-job training in part-time employment at two local medical centers.

Physicians in *Pierce County, Washington*, are cooperating with, and are sure to benefit from, a Community Mental Health Clinic which recently began limited operations in Tacoma. The Clinic is community staffed and sponsored and offers low cost and low fee service to those citizens of Pierce County who need, but cannot afford, private counselling and psychotherapy.

Professionals in the field of mental health will provide services, mostly in their own offices, on a low fee contractual basis. These professionals form a "Panel of Therapists" of the clinic and are carefully selected by the Advisory Council of the Clinic.

Fresno County, California, recent Sabin vaccination campaigns paid double dividends to the people of the county. In addition to the vaccine, the people also made it possible, because of a "profit" made during the campaign, to send local students to nursing, medical and dental colleges. The Medical Society invested the "profit" to provide scholarships to worthy students. Grants totaling \$2,000. will be awarded annually to promising dental, medical, pharmacy and nursing students for many years to come.

Members of the *Tarrant County Medical Society, Texas*, have presented an Advanced First Aid Course for ambulance attendants, firemen and police officers. All the topics were taught by physicians and some were: "The Management of Emergency Childbirth"; "Modern Shock Management"; "Care and Transport of Fractures"; "Closed Chest Cardiac Massage"; "Care of Severe Burns" and "Suggestions on the Handling of Psychiatric Emergencies."

QUOTE OF NOTE: "We are going to try to take all of the money that we think is unnecessarily being spent and take it from the 'haves' and give it to the 'have nots' that need it so much.

—President Lyndon Johnson, White House Speech, January 15, 1964.

Delaware County Medical Society, Pennsylvania, has established a Public Health Fund from the excess money received during their Sabin Oral Polio Vaccine Program. The purpose of the Fund is to provide some financial assistance to various groups and agencies concerned in public health which would

otherwise not be available. It is anticipated that the interest will be four to five thousand dollars per year and this would be available for distribution. In case of emergencies, or a large-scale community project, the principal of the Fund would be made available but only on the approval of the Board of Directors of the Fund. The following grants will be awarded in 1965: \$1,125. each to the Community Nursing Services of Chester and Delaware Counties for Measles Vaccine; \$1,135. to the Franklin Fire Company to equip and insure a new ambulance.

Physicians and their wives in *Berks County, Pennsylvania*, are practicing what they preach about physical fitness. Last year, Society members and their wives organized a year-round program of physical exercise designed to promote physical fitness and fellowship. They have been getting together regularly for an informal program of recreation including such activities as bowling, tennis, swimming and dancing, with many of the activities taking place at society headquarters. These sports not only afford relaxation from routine and a chance to utilize little-used muscles, but offer time to socialize with busy friends in the profession.

Suffolk County, New York, Medical Society members are sure to benefit from a recent forum for medical secretaries held by the Suffolk Bureau of Medical Economics. Some topics discussed were: "Billing — Where and When", "Telephone Tips for Medical Personnel", "Tips on Collections" and "Public Welfare Patients". There was also a display of billing equipment and systems by Visirecord, National Cash Register and Thermofax Corporation. The Forum was well attended and the ladies present expressed a desire for more such programs.

QUOTE OF NOTE: "A good doctor can get ahead under any system of medicine; by his competency he makes or arranges his own security. The poor doctor is better off under government medicine because his livelihood is assured him, and his working conditions are improved. When a socialized doctor puts in his 40-hour week, he is through, he can spend the weekend with his family without giving a thought to patients. . . . Because it is impossible to socialize doctors without simultaneously socializing patients, doctors know that it is the patients who get the worst of the "bargain" in socialized medicine."

—Gordon B. Leitch, M.D., in
The Freeman.

Magazine Features Local Child Center

An article on the State of Washington Child Study and Treatment Center at Western State Hospital is featured in the January-February issue of the *Psychiatric Reporter*, a national publication by one of the pharmaceutical houses. The article is based on an interview with Dr. Jerman Rose, director of the Center. The *Reporter* is sent bi-monthly to some 30 thousand psychiatrists and other professional people in the field of mental health.

TELL YOUR PATIENTS ABOUT ELDERCARE

**DON'T BURDEN THE WORKING
MAN WITH THE FALSE
PROMISE OF MEDICARE**

PATRONIZE YOUR ADVERTISERS

Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402

BULK RATE

U. S. POSTAGE

PAID

TACOMA, WASH.

PERMIT No. 300

MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Bldg.
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—6:15 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November
- TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS
First Monday of each month—8:00 p.m. at 424 South K Street
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—8:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and August
—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m. at Tacoma Club
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY
First Thursday of each month except June, July and August—
6:00 p.m.
- STAFF OF MEDICAL ARTS HOSPITAL
Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY



BULLETIN

VOL. XXXVI—No. 5

TACOMA, WASH.

MAY - 1965



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
MAY 11**

Pierce County Medical Society

1965

OFFICERS

President Frederick J. Schwind
 President-Elect Glenn G. McBride
 Vice-President Lester S. Baskin
 Secretary-Treasurer Arnold J. Herrmann
 Executive Secretary Judy Gordon

TRUSTEES

Richard F. Barronian Robert C. Johnson
 Lester S. Baskin James D. Lambing
 Myron A. Pass Glenn G. McBride
 J. W. Bowen, Jr. Clinton A. Piper
 Robert R. Burt Frank J. Rigos
 Arnold J. Herrmann Frederick J. Schwind

DELEGATES

Douglas P. Buttorff Frederick J. Schwind
 Robert M. Ferguson Stanley W. Tuell
 Robert W. Florence Wayne W. Zimmerman
 Glenn G. McBride

ALTERNATE DELEGATES

Richard F. Barronian Herman S. Judd
 Charles J. Galbraith Robert W. Osborne
 Philip Grenley Charles C. Reberger
 Kenneth E. Gross

COMMITTEES

Ethics
 Murray L. Johnson, Chairman
 Samuel E. Adams

Grievance
 Frank J. Rigos, Chairman
 G. M. Whitacre

Program
 Robert C. Johnson, Chairman
 Clinton A. Piper

Public Relations
 James D. Lambing, Chairman
 John F. Comfort Robert M. Ferguson
 Kenneth E. Gross G. Marshall Whitacre

Library
 Don G. Willard, Chairman
 Robert M. Freeman William E. Avery

Public Health
 Lawrence N. Brigham, Chairman
 Cecil R. Fargher Robert C. Johnson
 Orvis A. Harrelson David L. Sparling

House and Attendance
 John R. Alger, Chairman
 Robert Klein William W. Mattson, Jr.

Civil Disaster
 Edward R. Anderson, Chairman
 Leo Annest Charles E. Kemp
 Robert R. Burt Richard B. Link
 Kenneth D. Graham Robert D. McGreal
 T. R. Haley Leo F. Sulkosky
 David T. Hellyer Arthur P. Wickstrom

Diabetes
 Robert A. O'Connell, Chairman
 Robert A. Kallsen Roy H. Virak

Entertainment
 William L. Rohner Walter L. Sobba

Geriatrics
 S. Robert Lantier, Chairman
 Herbert C. Kennedy Harold F. Kahler

Legislative
 J. Hugh Kalkus, Chairman
 Homer W. Humiston Herman S. Judd
 B. D. Harrington John M. Shaw
 Wayne W. Zimmerman

Medical Education
 Edmund A. Kanar, Chairman
 Glenn G. McBride Bernard R. Rowen
 James Mason (Ex-officio)

Operation Hometown
 Douglas P. Buttorff, Chairman

Schools
 George C. Gilman, Chairman
 Cecil R. Fargher Dudley W. Houtz
 Orvis A. Harrelson Everett P. Nelson

Mental Health
 Hugo Van Dooren, Chairman
 James M. Blankenship Jerman W. Rose

Poison Control
 Claris Allison, Chairman

Bulletin Staff

Editor Stanley W. Tuell
 Business Manager Judy Gordon
 Auxiliary News Editor Mrs. Alva E. Miller



May Birthdays

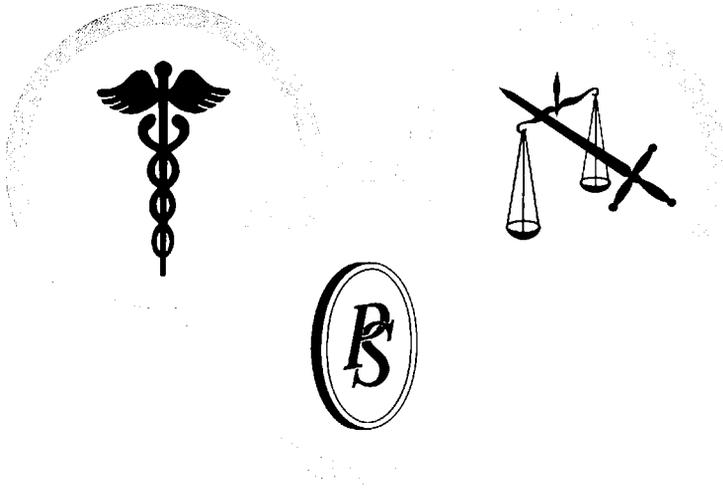
- 3 Bernard A. Bader
Herman S. Judd
Wendell G. Peterson
- 4 Charles R. Vaught
Antone Walloch
- 6 Albert Ehrlich
M. R. Stuen
- 7 Richard F. Barronian
Edward M. Wood
- 8 Orvis A. Harrelson
- 9. S. F. Herrmann
Joseph O. Lasby
Roy A. Virak
- 11 Leland J. Bland
- 12 C. R. Fargher
- 19 Douglas P. Buttorff
- 20 Robert M. Chambers
Kenneth D. Graham
- 22 M. J. Wicks
- 28 George C. Gilman
- 31 Bryan M. Archer
Hugh A. Larkin
Joseph D. Martin

Cover photo courtesy of Bill Dugovich.

HAVE YOU PAID YOUR AMPAC DUES?

PATRONIZE YOUR ADVERTISERS

PATRONIZE YOUR ADVERTISERS



You . . . your lawyer . . . and us . . . partners in matters of trust

A simple will leaving everything to your wife may be perfectly all right. *But have you checked it with your lawyer lately?*

Conditions change, and perhaps your will should be brought up-to-date or re-written.

We strongly urge you to review your present will with your attorney, or to use his experience in drawing a will if you do not now have one.

And we suggest you learn the many advantages of a trust at our bank. We welcome the opportunity of talking with you and your attorney about your estate plan. There is no obligation . . . come in anytime.



TRUST AND INVESTMENT DEPARTMENT

PUGET SOUND NATIONAL BANK

Confidential, personal financial management

HEAD OFFICE, 1119 Pacific Avenue

Prescription Optical Company

"Fashion In Eyewear"

205 Medical Arts Building
Tacoma, Washington
MArket 7-4151

Branches in . . . Lakewood - Everett - Bremerton - Fort Lewis



Member
THE ORDER OF
THE GOLDEN RULE



LYNN FUNERAL HOME
PHONE MA 7-7745

PROVIDING FINE FUNERAL SERVICE SINCE 1905
717-719 TACOMA AVENUE TACOMA • 2 • WASHINGTON

May Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Pierce County Pediatric Society 6:00 p.m.		1 Annual Meeting Tacoma Surgical Club C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
3 Tacoma Acad. of Psych. & Neurol. 8 p.m. Tacoma Orthopedic Society 8 p.m.	4 C.P.C. of Mary Bridge—8 a.m.	5 Surgery Grand Round—T.G.H. 8-9 a.m.	6	7	8 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
10	11 Pierce County Medical Society Madigan Officers Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	12 OB-GYN Conf. T.G.H. 8-9 a.m.	13	14 C.P.C. of St. Joseph's—9 a.m.	15 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
17	18 Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	19 Medicine Grand Rounds—T.G.H.	20	21 P.C.M.B. Board 8:15 p.m.	22 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
24 Pierce County Academy of General Practice 6:30 p.m.	25 Tacoma Acad. of Internal Medicine 6 p.m. C.P.C. of Mary Bridge—8 a.m.	26 Path. Cancer Conf.—T.G.H. 8-9 a.m.	27	28 C.P.C. of St. Joseph's—9 a.m.	29

Grand Rounds—Mt. View General Hospital—Every Saturday 9 to 10 a.m.

Since 1888 . . . three quarters of a century of dignity and service at sensible prices.

- Convenient location
- Two beautiful chapels
- Plenty of parking

C. C. MELLINGER FUNERAL HOME
and MEMORIAL CHURCH

6th & Tacoma BR 2-3268

FOR RENT

Medical Office Lakewood

near hospital, modern, garden area, convenient for specialty sharing.

Call Dr. R. V. O'Connor

JU 8-0444 JU 8-5088

WAITING, WAITING... WILL-LESS!

"The open mind never acts," George Bernard Shaw wrote. "When we have done our utmost to arrive at a reasonable conclusion, we . . . must close our minds for the moment with a snap. . . ."

"The man who waits to make an entirely reasonable Will," Shaw added, "dies intestate."

To protect your family—and to add to your own peace of mind—make the best Will you can, *now*. Have your attorney draw it . . . then have him revise it as circumstances or laws change.

GERSHOM C. ROWLAND
Senior Vice President and Trust Officer

TRUST DEPARTMENT



MEMBER FEDERAL DEPOSIT INSURANCE CORPORATION

PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, May 11

OFFICERS CLUB

MADIGAN GENERAL HOSPITAL

Joint Meeting with staff of Madigan General Hospital
and Thurston County Medical Society

Cocktails: 6:30 p.m. (no-host)

Dinner: 7:30 p.m.

Scientific Program - - - 8:30 p.m.

NOW UNDER CONSTRUCTION

**PROFESSIONAL
CENTER**

offering modern space for medical
suites in fast growing residential area.

Phone TE 3-1689

AUBURN

FOR RENT

**Medical Office
Lakewood**

near hospital, modern,
garden area, convenient
for specialty sharing.

Call Dr. R. V. O'Connor

JU 8-0444

JU 8-5088

HAVE YOU PAID YOUR AMPAC DUES?

President's Page



Physicians have recognized for many years that the religious belief of a patient affects his treatment and cure. Clergymen also have known that in time of illness, a man's faith affects his treatment and even his ultimate recovery. This mutual knowledge and concern on the part of both professions has drawn them together in discussion and study. Medical science and the church are moving in the direction of cooperation for the benefit of all patients.

The American Medical Association, feeling the need for closer dialogue between physician and clergy in understanding each others' problems, established (in 1961) the Department of Medicine and Religion. The Washington State Medical Association has had a committee on Medicine and Religion for several years. However, the County Medical Societies have been the ideal groups to bring together the physicians and clergymen of all faiths for the study and discussion of their problems and common concern for the total welfare of the patient. It is here that the two professions practice and come into direct contact in the treatment of patients.

Several county medical societies in Washington state have already had very successful meetings with the clergy during the past year. A meeting of the Pierce County Medical Society and the clergy in the Tacoma area is planned for the near future. If sufficient interest is aroused, by this initial meeting, a Committee on Medicine and Religion will be approved by the Board of Trustees and members of the Medical Society will be appointed to serve on this committee and carry on a program for the future.

FREDERICK J. SCHWIND, M.D.

rx

farrell's

P R E S C R I P T I O N S , I N C .

FAST, ECONOMICAL PRESCRIPTION SERVICE

PLUS FREE DELIVERY

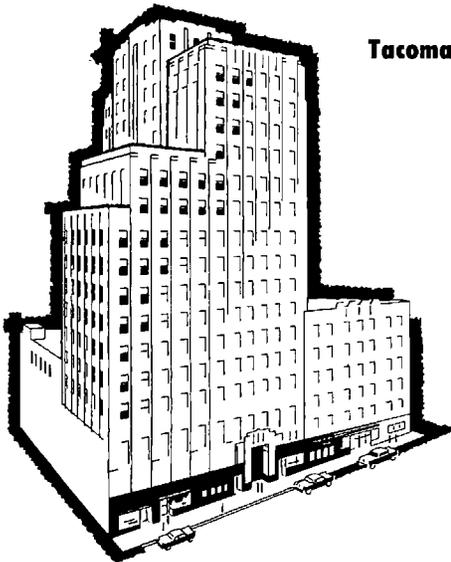
BR 2-8000

FU 3-5595

Market Street
Lobby

Medical Arts Building

St. Helen's Street
Lobby



Tacoma's ONLY Class "A" Medical Building

The Medical Arts Building located in the heart of Tacoma—where it should be—provides all the needs of the medical profession . . . a modern hospital, fully equipped laboratories, prescription pharmacy, optical store, fine auditorium, new restaurant, medical supply house, Pierce County Medical Society office and library . . . PLUS more than 500 parking spaces within a half block of the building. Your inquiry is invited.

Medical Arts Building

Building Office: 110 Medical Arts Bldg.

MARKET 7-6441

METROPOLITAN BUILDING CORP., MGRS.

Editorially Speaking



Medicare is imminent.

So now what?

As the battle of principles continues in the next several years, there are numerous "little" things that each doctor can do—such as:

(1) *Let the patient be aware of your personal interest in his welfare.* For many people there is an inverse proportion between their receptiveness to socialized medicine and their own personal satisfaction with their own doctors. Every patient who dislikes his doctor is a ready recruit for the proponents of socialized medicine.

(2) *At every opportunity, explain to patients* the disadvantages of government regulation of medical care and the advantages of private care.

(3) *Don't gripe* about the pile of insurance blanks on your desk—they represent our staunchest bulwark against government-financed medicine. If the patient has good coverage, let him know he bought a bargain with his premium. But if you convince him the insurance company is out to bilk him, he'll soon be interested in getting help instead from his benevolent old Uncle.

(4) *Discuss with your growing children* the dangers of socialism. They're exposed to plenty of opinions with the liberal viewpoint—at least my teen-agers are. If no one takes the time to tell them something about the satisfaction and rewards of shouldering individual responsibility, don't be surprised if they start laughing at your old-fashioned conservatism. Most doctors are proud of having achieved their present status, forgetting that the whole concept of free enterprise was really earned by our forefathers and handed to us on a platter. Until the current medicare fracas, many of us hadn't really lifted a hand to preserve this valuable gift.

More of us should recall Goethe's admonition: "What you have inherited from your fathers, earn over again for yourselves, or it will not be yours."

There is still time.

—S.W.T.

Enjoy Dinner in the pleasant atmosphere
of a Restaurant typical of San Francisco

Honan's Restaurant

COMPLETE DINNERS FROM \$2.95

Specialties . . .

- Broiled Steaks
- Australian Lobster Tails
- Prime Ribs of Beef

- Banquet facilities
- Private Rooms for
dinner and meetings
- Cocktails

"Tacoma's most popular downtown Restaurant"
across the street from the Medical Arts Bldg.

Honan's

MA 7-7179

Free Customer Parking next door

739½ St. Helens Ave.



Schwarz, Shera and Associates, Inc.

BROKERS INSURANCE SERVICE

LICENSED & BONDED BROKERS



Ned Shera, C.L.U.
Vice President



V. A. "Bud" Schwarz, C.L.U.
President



(Mrs.) Dorothy Connor, C.L.U.
Secretary-Treasurer

Providing

"PROFESSIONAL COUNSEL FOR THE PROFESSIONAL"

- Life & Health Insurance
- Annuities
- Pension Plans (including H.R. 10)

- Professional Partnerships
- Estate Creation Planning
- Estate Conservation Planning

As Brokers we are *YOUR* agent, *NOT* an Insurer's Agent.

Offices at Suite 306, Security Building
Tacoma, Washington

MA 7-8181

Doctors Guests at Madigan Hospital For May 11 Meeting

It'll be strictly red carpet treatment for all members of the Pierce County Medical Society on Tuesday evening, May 11, when the medical staff at Madigan General Hospital plays host to the Society at the time of its regular May meeting. Several scientific papers will be presented by staff doctors at Madigan. Host for the evening will be Brig. Gen. Byron L. Steger. A map on page 24 of this Bulletin shows how to get to the Madigan Officers Club where the social hour will start at 6:30 p.m., dinner at 7:30, and the scientific meeting at 8:30. Members of the Thurston County Medical Society will be guests the same evening.

Colonel William C. Dunnington will moderate the program and the papers will be as follows:

The Proper Use of the Therapeutic Trial in the Assessment of Anemia, Captain David L. Rosenbaum; The Carpal Tunnel Syndrome, Major Meridith Hale; The Surgical Treatment of the Carpal Tunnel Syndrome, Captain Walter B. Blackett; The Obstetrician's Role in the Iso-Immunized Pregnancy, Major Jack W. Pearson.

BEALL'S

The Prescription Store

124 Meridian South
PUYALLUP

Phone Puyallup 5-8444

"Family Physician Residencies" Urged By Dean Hogness

The University of Washington has graduated 15 classes from its School of Medicine since it was organized, Dean John R. Hogness told the members of the Pierce County Medical Society at their April meeting. Of these graduates, 32 per cent have become general practitioners, 15 per cent internists, then smaller groups of 8 per cent or less in other specialties. Fifteen per cent of the doctors practicing in this State are graduates of the University's School of Medicine.

Dr. Hogness announced that in the near future appointments will be made of heads of the departments of Ophthalmology and Otolaryngology. He spoke with considerable enthusiasm of the recent appointment of Dr. Jack Lien as the new head of continuing education. Dr. Lien is a former obstetrician from Spokane. Dr. Hogness recognized the need for family physicians in various communities in Washington, Idaho, western Montana and Alaska, and indicated that the University feels it has a responsible role in filling this need. At the present time, the University is actively organizing 2-year family physician training programs at numerous private hospitals throughout the State. Dr. Hogness expressed the desire of the University to cooperate in the formation of such programs, but not to dominate the programs. The size of the medical school class is expected to expand from 75 to 125 about 4 or 5 years from now.

In answer to questions, the Dean acknowledged that the School was still short of patients as clinical material, particularly in the fields of gynecology and internal medicine.

HAVE YOU PAID YOUR AMPAC DUES?

PATRONIZE YOUR ADVERTISERS!



Edema



Essential hypertension



Toxemia of pregnancy

***In edematous conditions . . . brisk diuresis
with the convenience of once-daily dosage***



Congestive heart failure



Liver cirrhosis



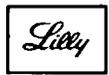
Excessive weight gain of pregnancy

Anhydron[®] is useful in edema associated with premenstrual tension, toxemia of pregnancy, and cirrhosis of the liver and in congestive heart failure and mild hypertension. It is also a valuable adjunct to other antihypertensive agents. Anhydron[®] K (each tablet containing 2 mg. cyclothiazide and 500 mg. potassium chloride) is indicated when potassium supplementation is desirable. Anhydron[®] KR (each tablet containing 2 mg. cyclothiazide, 500 mg. potassium chloride, and 0.25 mg. reserpine) is indicated for reduction of arterial hypertension when further supplementation with reserpine is desirable.

Contraindications, Precautions, and Side-Effects: Like other thiazides, Anhydron may elevate serum uric acid levels in some patients and produce a decrease in glucose tolerance. It should not be used in severe renal impairment. Injudicious use of Anhydron may result in sodium and potassium depletion. In hypertensive patients, lightheadedness and weakness upon standing, excessive orthostatic hypotension (usually associated with tachycardia), and a rising blood urea

nitrogen or nonprotein nitrogen may indicate overdosage. If side-effects occur, dosage should be reduced or discontinued. Side-effects and contraindications of Anhydron apply to Anhydron K and Anhydron KR. There have been reports of small-bowel lesions associated with administration of enteric-coated potassium in combination with thiazide diuretics. The incidence of these lesions is low, and a causal relationship has not been definitely established. Nevertheless, such products should be administered only when indicated and should be discontinued immediately if abdominal pain, distention, nausea, vomiting, or gastro-intestinal bleeding occurs. Side-effects of reserpine include mental depression, nasal stuffiness, lassitude, laxative effect, sense of fullness in the abdomen, nightmares, and reduction in libido and potency. Reserpine should be used cautiously in patients with a history of mental depression, peptic ulcer, or ulcerative colitis.

ANHYDRON[®]
CYCLOTHIAZIDE



500085

Additional information available to physicians upon request. Eli Lilly and Company, Indianapolis, Indiana.

New...for greater
convenience and accuracy in
live measles immunization

PFIZER-VAX MEASLES-L™

MEASLES VIRUS VACCINE, LIVE, ATTENUATED

PLUS... a unique, new syringe for fast, accurate
measles-immune globulin administration included in every unit



one 0.5 ml. vial of
lyophilized vaccine
(Contains no less than
1,000 TCID₅₀ of measles
virus vaccine.)
Vaccine should be
stored in a refrigerator
at 5°C. (41°F.) or
below.

Contraindicated: In acute illness, cerebral damage, and in children with a history of febrile convulsions; in malignant disease, tuberculosis, and during any therapy that depresses resistance; in pregnant women; and where marked egg sensitivity exists.

Warning: There should be at least a one-month interval between administration of live measles vaccine and any other previously administered live vaccine. Inoculation should be deferred if gamma-globulin or a blood transfusion has been

one sterile specially
calibrated syringe with
needle Designed
for administration of
measles-immune
globulin, the syringe is
marked off in fractions
of a ml., with equivalent
body weights.

one 0.7 ml. ampule of
sterile diluent for
reconstitution. This
diluent need not be
refrigerated, and
must not be frozen.

one sterile disposable
syringe with needle
calibrated for
reconstitution and
administration of the
vaccine itself.

administered within the preceding six weeks.

Precautions: The possibility of hypersensitivity to neomycin (up to 50 mcg. per dose) should be considered. During an outbreak of poliomyelitis, inoculations should be deferred. Not indicated for German measles (rubella).

Adverse Reactions: Fever and rash, and rare local reaction in the injected arm may occur.

More detailed professional information available on request.

Science for the world's well-being®  Since 1849

PFIZER LABORATORIES Division, Chas. Pfizer & Co., Inc. New York, New York 10017

Nurses' Hours, Meal Schedules Juggled At N.P. Hospital

Eating 5 meals a day may sound like a way to gain weight—but it's not necessarily so at Northern Pacific Hospital, where a whole new set of schedules has been in effect since February 16. Actually only 2 main meals are served — one at 10:00 a.m. and the other at 4:00 p.m. The day's eating schedule starts with a light breakfast at 7:00 a.m. The first main meal comes around at 10, then a light snack at 1:00 p.m., the second main meal at 4:00 p.m., and an evening snack at 8:00 p.m.

The patients seem to thrive on the new schedule — what better way to while away the hospital-hours than eating a few extra meals! Some patients who are accustomed to a hearty breakfast on arising are a little disappointed in the 7:00 a.m. snack, but the rest of the day's menu seems to make up for this.

Some initial confusions have been ironed out, such as what to do with orders like "t. i. d., p. c.". The nurses couldn't tell which 3 meals were meant by such an order.

Instead of adding a lot of work on the kitchen crew, as one might expect with 5 meals to prepare, the reverse has been true. The kitchen has to only prepare 2 main meals. The other 3 meals are pre-prepared meals—pre-packaged and pre-cooked items that are simply brought around to the rooms and the patient can take his pick and preparation is done on the spot. *Less* help is required in the kitchen, rather than more.

An informal poll of some of the nurses reveals mixed feelings. Some say it's "for the birds". The nurses have a double change of schedule. As well as

adjusting to new mealtimes, their shifts are all one hour later. The time-honored 7 to 3, 3 to 11, and 11 to 7 shifts have been discarded. Now the day girls can sleep an hour later, get to work at 8:00 a.m., but then work until 4:00 p.m. Some say this doesn't leave them time for shopping after they leave the hospital. The evening shift is from 4:00 to midnight. The night nurses find they can have a little better evening out, since they don't have to get to work until midnight instead of 11:00. Most agreed that now that the new schedules have been in effect for a couple of months, they're working out well.

All-Star Cast Highlights April Society Program

Three "main-eventers" were crowded on one "card" at the April meeting of the Pierce County Medical Society on Tuesday, April 13, and a fourth sat in the audience and listened. Each of the four was more accustomed to being main speaker on any program, but had to share the honors before the 90 who attended the meeting. Leading off was Dr. Dr. John R. Hogness, Dean of the University of Washington School of Medicine. He was followed by Dr. Roland D. Pinkham, President of the Washington State Medical Association, and then by Dr. Homer Humiston, former State Association President. Virtually crowded off the program for lack of time was the Association's executive secretary, Dick Gorman. Questions were fired at all three speakers and the session wasn't adjourned by President Fred Schwind until the unusually late hour of 10 p.m.

Highlights of the comments of each speaker are presented elsewhere in this month's Bulletin.

For Years to Come

**A PRECISE REAL ESTATE SERVICE
FOR
ENDURING INVESTMENT QUALITY**

CONFIDENTIAL COUNSELING
BY APPOINTMENT



JOHN T. STEWARD, INC.

Realtors

JU 4-1112

9842 Gravelly Lake Dr. S.W.

John T. Steward

L. O. Larsen



Your patient doesn't have to be in the Masters to get sprains and strains

'Soma' Compound helps
relieve pain and relax muscle
in many musculoskeletal
disorders. Patient comfort
can be increased and
recovery time shortened.

Soma[®] Compound

carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg.

rational combination therapy for most patients with strains and sprains:
relaxes muscle, relieves pain

Also available as 'Soma' Compound with Codeine: carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., codeine phosphate 16 mg. (Warning: may be habit-forming.)

(Warning: Codeine may be habit-forming.) Indications: 'Soma' Compound and 'Soma' Compound with Codeine are useful for relief of pain and stiffness in traumatic, rheumatic and other conditions affecting muscles and joints. Contraindications: Allergic or idiosyncratic reactions to carisoprodol, phenacetin, or codeine phosphate. Precautions: Phenacetin—With long-term use, give cautiously to patients with anemia and cardiac, pulmonary, renal or hepatic disease. May damage the kidneys when used in large amounts or for long periods. Caffeine—Not recommended for persons extremely sensitive to its CNS stimulating action. Codeine phosphate—Use with caution in addiction-prone individuals. Carisoprodol—Carisoprodol, like other central nervous system depressants, should be used with caution in patients with known propensity for taking excessive quantities of drugs and in patients with known sensitivity to compounds of similar chemical structure, e.g. meprobamate. Side effects: Drowsiness, lightheadedness, dizziness, and gastric complaints have been reported infrequently for either or both of these preparations. Phenacetin—Side effects are extremely rare with short-term use of recommended doses. Prolonged ingestion of overdoses may produce dyspnea, cyanosis, hemolytic anemia, skin rash, anorexia, subnormal temperature, insomnia, headache, mental disturbances, and tolerance. Caffeine—Side effects are almost always the result of overdosage. Average doses may rarely cause nausea, nervousness, insomnia, and diuresis. Excessive dosage may produce, in addition, restlessness, nervousness, tolerance, tinnitus, tremors, scintillating scotomata, tachycardia, and cardiac arrhythmias. Codeine phosphate—Possible side effects are nausea, vomiting, constipation, and miosis. Carisoprodol—The only side effect reported with any frequency is sleepiness, usually on higher than recommended doses. An occasional patient may not tolerate carisoprodol because of an individual reaction, such as a sensation of weakness. Other rarely observed reactions have included dizziness, ataxia, tremor, agitation, irritability, headache, increase in eosinophil count, flushing of face, and gastrointestinal symptoms. One instance each of pancytopenia and leukopenia, occurring when carisoprodol was administered with other drugs, has been reported, as has an instance of fixed drug eruption with carisoprodol and subsequent cross-reaction to meprobamate. Rare allergic reactions, usually mild, have included one case each of anaphylactoid reaction with mild shock and angioneurotic edema with respiratory difficulty, both reversed with appropriate therapy. In cases of allergic or hypersensitivity reaction, carisoprodol should be discontinued and appropriate therapy initiated. Suicidal attempts may produce coma and/or mild shock and respiratory depression. Dosage: Usual adult dosage of 'Soma' Compound or 'Soma' Compound with Codeine is one or two tablets three times daily and at bedtime. Supplied: 'Soma' Compound, orange tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., and caffeine 32 mg. 'Soma' Compound with Codeine, white capsule-shaped tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., and codeine phosphate 16 mg. Narcotic order form required. Before prescribing, consult package circular.

 WALLACE LABORATORIES
Cranbury, N. J.

2 LOCATIONS

Harold Meyer Drugs



**48th & So.
Tacoma Way**



11th & K

**OPEN
'TIL
MIDNITE**




MOUNTAIN VIEW FUNERAL HOME

Takes Care of Everything

UNDERTAKING ✦ CEMETERY ✦ CHAPEL ✦ MAUSOLEUM

4100 Steilacoom Boulevard

JUniper 4-0252

HOSPITALS

Saint Joseph's

In its Occupational Therapy Room, the Annex has a very special department, dedicated to helping healthy minds through busy hands. Mrs. Chuck Pierce starts her day at 9 a.m. when she receives a report from the R.N. on duty. Kathy, a graduate of Colorado State University, interned at Palo Alto V.A. Hospital, Casa Rehabilitation Center, Pomona, Long Beach V.A. Hospital and National Jewish Hospital, Denver, and has been with us since October, 1963.

After morning baths, patients come individually or in groups to the O.T. room. They are shown what is available and are made to feel comfortable. If a patient seems reticent about starting anything on his own, the therapist might ask him to help her make an item and thus gain his interest and confidence. If he asks to make something obviously beyond his capabilities, he is guided to try a simpler project, but is never refused, if this attempt is not successful.

Sister Alacoque and Sister Patricia Francis attended an Institute sponsored by the Catholic Hospital Association on "Personnel Management" on April 8, 9, and 10 in Los Angeles, California. They left by "Jet" on Wednesday, April 7 and returned home Saturday, April 10, and wouldn't you know it, it rained the whole time they were there!

The refresher classes will start for all LPN's on Wednesday, April 21st.

There will be three class sessions.

7:30 a.m. for Night Shift;

2:30 p.m. for 3-11 Shift;

3:30 p.m. for 7-3 Shift.

This will be a brush-up session on the not too routine procedures.

Second floor now has two circle beds. These beds can change a patient's posi-

tion with the touch of a button. Especially useful for patients with broken bones or burns, the circle bed can turn a patient completely over without discomfort to his injuries. The foam rubber mattress is comfortable and a number of extra devices are available for different uses of the bed.

Friday, May 7th, a panel which will have for its theme "National Hospital Week" will take place at a luncheon meeting on Town Topics over Radio KTNT at 12:30 p.m. Mr. David Hass will act as moderator and personnel from Tacoma General, Mountain View and St. Joseph's Hospitals will participate in the discussion.

Sister Philomene Marie who has been active in planning for events for this week will represent St. Joseph's Hospital on the panel. This is only one of the many events planned to bring before the public the importance of the hospital to the life of the community which it serves.

The Pediatric Playhouse will present a skit entitled "Johnnie Comes to the Hospital" on Monday, May 10th at 1 p.m. All patients, parents, employees and visitors are cordially invited to witness this tremendous display of action talent of your staff. We will be portraying the optimum preparation a child should receive before and at the time of admission to the hospital and explaining the importance of this preparation.

Mrs. Carol Elkins of the Pediatric staff is the writer and director of this short but informative program.

It is most appropriate during the 1965 Hospital Week, with its theme "PEOPLE THE HEART OF THE HOSPITAL" that the X-ray Department pay tribute to our Night Technician, Mr. Len Renner, R.T.

On April 30th Miss I. Barstow, R.N., Head Nurse from Delivery Room, retired after working at St. Joseph's for 14 years. She began working here on

(Continued on Page 21)

Time Tested Dependability

Established 1889

R. E. Anderson & Co. Inc.

INSURANCE - MORTGAGE LOANS - REAL ESTATE
PROPERTY MANAGERS



752 Broadway

BRoadway 2-8475



FOR PROFESSIONAL ANALYSIS OF
YOUR INSURANCE PROGRAM

Ask for

Donald M. Moore

Donald J. Hill

Robert D. Sizer

Herbert F. Syford

Stewart L. Simpson

Edward J. Pole

STOWELL'S . . . Prescriptions

Our completely new and larger store
will give you and your patients
more efficient and reasonable service.



FREE DELIVERY



BRoadway 2-2201

744 Market Street

Doctors Hospital Building

(Continued from Page 19)

August 1, 1951, coming to us from Yorkshire, England.

She and Miss Barrass, R.N., plan to return to the northern part of England near Yorkshire where they will purchase a home.

A farewell dinner is being planned for May 6th at the Shakespearean Inn. Also there will be an Open House at the home of Mrs. Irene Brich on May 19th from 12:00 noon until 6:00 p.m.

We are going to miss her, as she has become more than just a friend to many of us. We wish her and Miss Barrass years of happiness and relaxation.

Schedule of Hospital Week Events — "PEOPLE — HEART OF THE HOSPITAL". National Hospital Week begins Sunday, May 9th and extends through May 15th.

National Hospital Day was celebrated from 1921 to 1952 on May 12th, the birthday of Florence Nightingale, the famous nurse crusader of the Crimean War. Since 1953 the celebration of hospital activities has been extended to a week.

Many scheduled events will take place here at St. Joseph's Hospital during this designated week. Following are some of the major activities and scheduled dates:

Sunday, May 9:

Tea in the Maternity Department for patients and invited guests
2 to 4 p.m.

Monday, May 10:

Skit in Pediatrics, "Johnnie Comes to the Hospital" 1 p.m.

Cast of characters: employees of the department.

Tuesday, May 11:

Open House and Tea in Recovery Room 2 to 4 p.m.

For interested staff and public

Wednesday, May 12:

Tea for all employees of the hospital 2 to 4 p.m.

Thursday, May 13:

Dinner for Hospital Auxiliary members 6 p.m.

Medical Record Department holding an Open House 2 to 4 p.m.

All employees of the Hospital are invited.

News stories have been released to all local news media. Spot announcements have been sent to all local Radio stations for release throughout the week.

Every department throughout the hospital has scheduled events in their particular areas to honor the people who are a part of the team responsible for the operation of their specific units.

Plans for other events to take place during the week were not completed as the Bulletin went to press.

HAVE YOU PAID YOUR AMPAC DUES?

HAVE YOU EVER THOUGHT OF WORKING WITH A GROUP?

- Pleasant working conditions
- More leisure time
- New facilities
- Laboratory, x-ray, physical therapy

We need — General Practitioners,
Internists

CALL WESTERN CLINIC

MA 7-9151

6th Avenue at South K

Tacoma

LOOK WHY NOT GIVE YOUR PATIENTS
 THE BEST IN TRANSPORTATION
 COSTS NO MORE . . . REASONABLE RATES



**M
A
7
-
1
1
2
1**

**M
A
7
-
1
1
2
1**

Resuscitator Service
 Oxygen Equipped Electric Cot Warmers
 Licensed Attendants

Tacoma Yellow Cab Co.

1324 MARKET STREET

LUDWIG'S PRESCRIPTIONS

3 LOCATIONS TO SERVE YOU

LAKWOOD CENTER

DAVID LUDWIG, Manager
 9514 Gravelly Lake Drive S.W.

JU 8-2191

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

THUNDERBIRD CENTER

WM. H. LUDWIG, JR.
 8105 Steilacoom Boulevard S.W.

JU 8-1889

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

SOUTH TACOMA STORE

FRED LUDWIG, Manager
 5401 South Tacoma Way

GR 4-9419

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 9:30 A.M. TO 9 P.M.

365 DAYS A YEAR

FREE PRESCRIPTION DELIVERY

High Risk Factors Symposium

A half-day symposium on High Risk Factors in Cardiovascular Disease will be sponsored Thursday, May 6, by the Washington State Heart Association and the Washington State Department of Health in the University of Washington Health Sciences Auditorium in Seattle.

The symposium is open to physicians throughout the state free of charge.

Featured speaker is Jeremiah Stampler, M.D., Director of Adult Health and Aging, Chicago Board of Health and co-author of the book "Your Heart Has Nine Lives." The symposium is the day before the Heart Association's Annual Meeting at which Stampler will also speak.

Also participating will be Thomas R. Dawber, M.D., Medical Director of the Heart Disease Epidemiology Study which the Public Health Service is conducting in Framingham, Mass. The Framingham Study is a long term population study of 5,000 adult residents of the Massachusetts community. Begun in 1949, the study involved a physical examination of subjects every ten years, plus a compilation of information on subjects diet, smoking and other habits.

Edwin Bierman, M.D., Chief of Metabolic Disease Service, Veterans' Hospital, Seattle, will be the third speaker.

Registration forms will be mailed to all physicians in Pierce County.

"Glasses as your eye
physician prescribes them"

Contact Lenses — Artificial Eyes

Columbian Optical Co.

Ground Floor, Medical Arts Bldg.
Medical Center
Western Clinic Bldg.
Lakewood

RANKOS

PHARMACY

101 North Tacoma Avenue

Prescription

Druggists



We Carry a Complete Line of
Biologicals and Pharmaceuticals



"When Moments Count"

FULTON 3-2411

PROMPT . . . FREE DELIVERY

at Merck Sharp & Dohme...



understanding...

precedes development

The development of chlorothiazide and probenecid were events of major importance, but perhaps even more important for the future was the Renal Research Program by which they were developed. When Merck Sharp & Dohme organized this program in 1943, it was expressing in action some of its basic beliefs about research:

- Many problems connected with renal structure and function were still undefined or unsolved. The Renal Research Program would begin its basic research in some of these problem areas.

- From knowledge thus acquired might come clues to the development of new therapeutic agents of significant value to the physician.

For example, the Renal Research Program put fifteen years into this search before chlorothiazide became available. But because these years had first led to a greater understanding of basic problems, the desired criteria for chlorothiazide existed before the drug was developed.

Along with other research teams at Merck Sharp & Dohme, the Renal Research Program continues to add new understanding of basic problems—understanding which will lead to important new therapeutic agents.

MERCK SHARP & DOHME Division of Merck & Co., Inc., West Point, Pa.

where today's theory is tomorrow's therapy

WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

AUXILIARY OFFICERS—1964-1965

President	Mrs. Sherman S. Pinto
President-Elect	Mrs. Merrill J. Wicks
1st Vice-President	Mrs. Theodora Smith
2nd Vice-President	Mrs. James E. Hazelrigg
3rd Vice-President	Mrs. Sidney Kase
4th Vice-President	Mrs. Harold D. Lueken
Recording Secretary	Mrs. John Liewer
Corresponding Secretary	Mrs. Francis W. Hennings
Treasurer	Mrs. Thomas H. Skrinar
Dues Secretary	Mrs. Glenn H. Brokaw
AMAERF	Mrs. Russell Colley
National Bulletin	Mrs. Robert Kallson
Civil Defense and Safety	Mrs. Herbert Kennedy
Historian and By-Laws	Mrs. Herman S. Judd
Legislative	Mrs. Robert W. Osborne
Membership	Mrs. Jack J. Erickson
Paramedical	Mrs. M. Edward Lawrence
Program	Mrs. Frederick J. Schwind
Publicity	Mrs. George C. Gilman
Bulletin	Mrs. Richard T. Davis
Social	Mrs. Alva E. Miller
Speakers Bureau	Mrs. Kenneth D. Graham
Telephone	Mrs. John Colien
Minute Women	Mrs. Kenneth Gross
	Mrs. Dale Doherty
Community Service and Council	Mrs. Robert M. Ferguson
Heart	Mrs. G. M. Whitacre
Cancer	Mrs. W. W. Mattson, Jr.
Finance	Mrs. J. Robert Brooke
Dance	Mrs. Haskel L. Maier
	Mrs. Robert P. Crabill
Fashion Show	Mrs. Arthur P. Wickstrom
	Mrs. Dudley W. Houtz
	Mrs. Robert W. Florence
Mental Health	Mrs. Charles P. Larson
Today's Health	Mrs. Homer W. Humiston
Cook Book	Mrs. Thomas B. Murphy
International Health	Mrs. Charles McGill
Parliamentarian	Mrs. William H. Goering

speaker, Mr. Glen Collins, on narcotic addiction, made Percodan and perdition seem synonymous.

May Meeting

Item: The May meeting has been changed from Lakewood Terrace to Fife's *Holiday Inn*. Reservations should be made at least three days in advance. It will be a luncheon meeting welcoming Marge Wicks as President, and her new slate of officers. Dorothy Maier will present next year's budget for adoption. If you have any ideas for inclusion in the budget call Dorothy now. A review of our past year's accomplishments will be given by Ellen Pinto, and we might even have a program if the chairman gets on the ball.

Ellen and Board want to wish the new officers well in the coming year and "thank you all, it has been a pleasure to serve."

—DONA GILMAN

Mabelle is in Alaska visiting her daughter—just getting away from the heat.

The Auxiliary dance was thoroughly enjoyed by all. Special thanks to Dee Wickstrom and Patsy Crabill and committee for their planning and decorations. And thanks due, too, to Shaw Supply Co. for being our preprandial host.

We had a good meeting and lovely luncheon at Gonyea Klein's. Our guest

DAMMEIER
Printing Co.
 BRoadway 2-8303
 811 Pacific Ave. Tacoma

NEW OCEAN FRONT DEVELOPMENT

. . . . offers unusual investor opportunity for capital gains without management headaches. \$10,000 minimum.

GREENACRES, INC.
 NATIONAL RESOURCE EVALUATION AND DEVELOPMENT

SEATTLE, 400 BOREN AVE., MU 2-6292 TACOMA, JERRY SMITH, LO 4-1386 EVES.

Depend on low-cost, low-dosage Prolixin—once-a-day



Prolixin is a dependable tranquilizer that provides your patient with low cost therapy. No other tranquilizer costs less. Safe and convenient for office use—Prolixin in a single daily dose provides prolonged and sustained action. Markedly low in toxicity and virtually free from usual sedative effects—Prolixin is indicated for patients who must be alert. Clinical experience indicates fluphenazine hydrochloride is especially effective in controlling the symptoms of anxiety and tension complicating

somatic disorders such as premenstrual tension, menopause, or hypertension—also useful for anxiety and tension due to environmental or emotional stress. When you prescribe Prolixin you offer your patient effective tranquilization that is low in cost, low in dosage and low in sedative activity.

THE
SQUIBB
TRANQUILIZER

WHEN TRANQUILIZATION WITHOUT SEDATION IS DESIRABLE, TRY
PROLIXIN[®]
SQUIBB FLUPHENAZINE HYDROCHLORIDE

Side Effects, Precautions, Contraindications: As used for anxiety and tension, side effects are unlikely. Reversible extrapyramidal reactions may develop occasionally. In higher doses for psychotic disorders, patients may experience excessive drowsiness, visual blurring, dizziness, insomnia (rare), allergic skin reactions, nausea, anorexia, salivation, edema, perspiration, dry mouth, polyuria, hypotension. Jaundice has been exceedingly rare. Photosensitivity has not been reported. Blood dyscrasias occur with phenothiazines; routine blood counts are recommended. If symptoms of upper respiratory infection occur, discontinue the drug and institute appropriate treatment. Do not use epinephrine for hypotension which may appear in patients on large doses undergoing surgery. Effects of atropine may be potentiated. Do not use with high doses of hypnotics or in patients with subcortical brain damage. Use cautiously in convulsive disorders. Available: 1 mg. tablets. Bottles of 50 and 500. For full information, see your Squibb Product Reference or Product Brief.

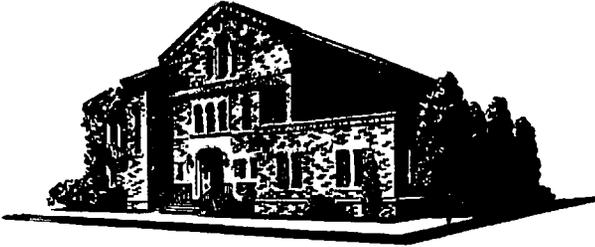
SQUIBB



Squibb Quality—the Priceless Ingredient

SQUIBB DIVISION • OLLIN

Spacious, beautiful memorial chapel
Choice of cemetery, mausoleum,
cremation or columbarium



Choice of type or
manner of service

Budget Terms
Available

BUCKLEY-KING

CONVENIENTLY LOCATED • TACOMA AVE. AT SO. FIRST
LARGE PARKING AREA

SHAW SUPPLY HAS THESE SERVICES TO OFFER YOU AND YOUR PATIENTS

- Your choice of the finest lines manufactured.
- Experienced fitting for both men and women
 . . . Surgical Supports . . . Belts . . . Hosiery . . .
- Large selection of nurses' uniforms and doctor gowns.
- Complete rental service for sick room supplies
 . . . Pick up and Delivery Service . . .
- Factory trained repair service in our own shops.

Serving The Pierce County Medical Profession Since 1904



710 JAWCETT AVE.
TACOMA 2, WASH.
BROADWAY 2-1125

PHYSICIANS' AND HOSPITAL SUPPLIES

Scientific Seminar

Margaret Rivard, M.T. (ASCP) from the Tacoma General Hospital Chemistry department attended a two day seminar on INSTRUMENTATION. This meeting was co-sponsored by the American Society of Medical Technologists and the American Society of Clinical Pathologists. Over 100 Medical Technologists and Pathologists attended.

The meeting was held at the Portland Hilton, Portland, Oregon, on April 2 and 3.

Other personnel in the laboratory will benefit through this seminar for an excellent annual was given to each registrant.

"Roof Fell In, Let's Stick Together," -- State President

"Although the roof has partially fallen in on us, we're all in this together, and it's still up to us to do all possible to salvage what we can for our patients, for our families, and for society." So said a rather grim-faced Dr. Roland Pinkham as he stood before the Pierce County Medical Society in April and reviewed the bleak medical-political situation. The likable, serious President of the Washington State Medical Association told the physicians that we must accept the changes of the times and suggested that with Medicare virtually upon us, our best course will be to strive for private-plan management of the new voluntary government plan for coverage of doctors fees. He took a dim view of such approaches as non-participation and actual strikes.

Dr. Pinkham declared that organized medicine's Eldercare efforts had not been in vain. Had the doctors made no effort, we might have had the whole original Medicare plan. As it is, the plan has been modified to eliminate the significant group of doctors previously in-

cluded in the coverage—the radiologist, anesthesiologists, pathologists and psychiatrists in the hospitals, and a voluntary health insurance plan has been written into the bill.

After lauding the legislative efforts of Dr. Homer Humiston on behalf of medicine, Dr. Pinkham concluded with a blast at the DeBakey Report, which brought several questions from the floor.

Re-Districting Mess Not Bad After All... Says Humiston

After being lauded by State Medical Association President Roland Pinkham for his work in Olympia, Representative Homer Humiston became the third main-eventer on the April program of the medical society. Dr. Humiston laid some blunt political truths right on the line in explaining to members how some of the surprising results of last November's election were dove-tailed with campaign promises which entered into the recent Medicare battle. He spoke in defense of the much-criticized 47-day hassle over the re-districting measure, pointing out that at least it was well-publicized and openly discussed, in contrast to the virtually secret manner in which Medicare was scooted through the House in Washington, D.C., without the benefit of public hearings.

With a sort of reverse type of reasoning, Dr. Humiston declared that doctors can thank Governor Evans for their escape from a sales tax on doctors' services. It figures like this: Evans is Republican—the legislature is Democratic—so the legislature automatically opposes what Evans supports—Evans suggested a sales tax on doctors' services—so the contrary lawmakers vote it down as a "tax on misery." (Thank you, Mr. Evans.)

PATRONIZE YOUR ADVERTISERS

Friday, June 11 Date For Doctor- Lawyer Sports Day

Fishing, golf, food and festivities will be available to all at the annual Doctor-Lawyer Field Day scheduled for Friday, June 11, at the Fircrest Golf and Country Club — and of course in Puget Sound — according to Program Chairman Bill Rohner. Salmon-fishermen can start out as early in the morning as they wish, but will be expected to be back in to weigh in their whoppers by 11:30 a.m. Golf is starting at 12:30 p.m., in balmy sunshine, and awards for the greatest achievements in the day's sports activities will be presented at the banquet in the evening following a social hour.

Notices will be sent out to each member in advance of the event, but mark the day off on your schedule now to take part in any one or all of the day's activities.

AMPAC FOR '65

Medicare has now passed the House of Representatives. One weekly labor newspaper proudly proclaimed its triumphal passage with headlines telling how the AMA failed in a \$50 million campaign of advertising, propaganda and lobbying against the measure in the past seven to eight years. The weekly also was happy because they felt that the AMA's campaign had backfired since now the Medicare bill is actually much broader than the previously contemplated bills.

The vote on this bill was 313 for to 115 against with 65 Republicans joining 248 Democrats in the majority and 73 Republicans and 42 Democrats in the minority. The labor newspaper stated that victory was achieved by three means: (1) the election of so many new liberal majority party members, (2) by President John's vigorous

push for the program, and (3) by organized labor's all-out support. The third point is well made since this certainly is one of the big reasons why Medicare passed the House and it also points up the first reason. Labor backed the liberal candidate who would *commit* his vote *before* his election to office and labor did it with lots of money and lots of clerical work. They were effective because they were well organized and well supplied with money obtained through their COPE organization.

This labor weekly doesn't point out all of the facets of Medicare's passage though. Some of these are: (1) that the 115 individuals who voted against the bill really believed their convictions and were willing to stand up and be counted, (2) that those who voted for the bill did not all believe in it but some either did so out of expediency or simply because the vote was promised, (3) that when a vote had come to resubmit the bill to committee, this almost passed until the Executive office realized the vote would be over 200 to resubmit and so pressure was applied to turn the tide against resubmission. Once this was defeated, it was felt certain the bill would pass so that the men were released from party discipline to vote according to how well it would help them at home at re-election time. Certainly with this in mind the bill was truly not an overwhelming vote of confidence but it does represent what power politics can do.

At our last Pierce County Medical Society meeting we had it clearly spelled out for us by Dr. Roland Pinkham and Dr. Homer Huimston. Labor is backing the liberal individual and they call him a liberal. We must back the conservative person who thinks as we do that Socialism is bad for our country. We must work not only to elect good candidates but also to go out and find and promote good candidates. AMPAC is in this business and needs your support in both money and work. Politics remains with

us for life and though we have suffered a defeat it is not a complete one. Many other bills affecting Medicare will continue to crop up which will need and demand our sincere dedication in order to preserve our freedom. Join AMPAC to make these efforts work for society's freedom.

THOMAS H. SKRINAR, M.D.

International Flavor At AMA Convention

The 114th Annual Convention of the American Medical Association June 20-24 in New York City will have an international theme throughout the scientific programs.

"In keeping with the New York World's Fair, already drawing many thousands of foreign tourists to the city, the AMA has scheduled eminent foreign physicians to deliver lectures at the scientific meetings to be held during the convention," said J. Arnold Bargen, M.D., chairman of the AMA's Council on Postgraduate Programs. The Council directs planning of the scientific programs for the convention.

In addition to program participants, large delegations of physicians from many foreign nations will attend the convention and participate in the scientific sessions. Large groups from Japan, Mexico and many other nations already have indicated that they will attend.

"American physicians will have an opportunity at the New York convention to meet and mingle with other physicians from throughout the world, and to learn of current medical knowledge in other lands," said Dr. Bargen.

"We are proud of the fact that the United States now leads the world in medical science. Thousands of foreign doctors come to our shores every year for graduate study and training. More than 2,000 American physicians are serving in foreign lands as representatives for various governmental and pri-

vate medical programs. Foreign physicians have much to learn from American medicine, and at the same time there is much that American doctors can learn from the many fine professional men in medical science in other lands," he said.

The New York World's Fair has been widely publicized throughout the United States and in the rest of the world. Many physicians, both from this nation and other lands, look to the June convention of the AMA as an opportunity to combine a visit to the World's Fair and intensive postgraduate study by means of the scientific lectures, films, color television and exhibits, Dr. Bargen said.

The six general scientific meetings of the convention will offer the latest research developments in adverse drug reactions; organ transplantation; hearing; non-narcotic drug addiction; metabolism in growth development and aging, and diagnostic cytology.

Tacoma Brace & Limb Co.

Lenart C. Ceder, owner



Expertly fitted—

**Artificial Limbs
Orthopedic Appliances
Surgical Belts
Arch Supports
Trusses**



**Fulton 3-4439
723 South K Street**

Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402

BULK RATE

U. S. POSTAGE

P A I D

TACOMA, WASH.

PERMIT No. 300

MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Bldg.
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—6:15 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November
- TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS
First Monday of each month—8:00 p.m. at 424 South K Street
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—8:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and August
—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m. at Tacoma Club
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY
First Thursday of each month except June, July and August—
6:00 p.m.
- STAFF OF MEDICAL ARTS HOSPITAL
Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

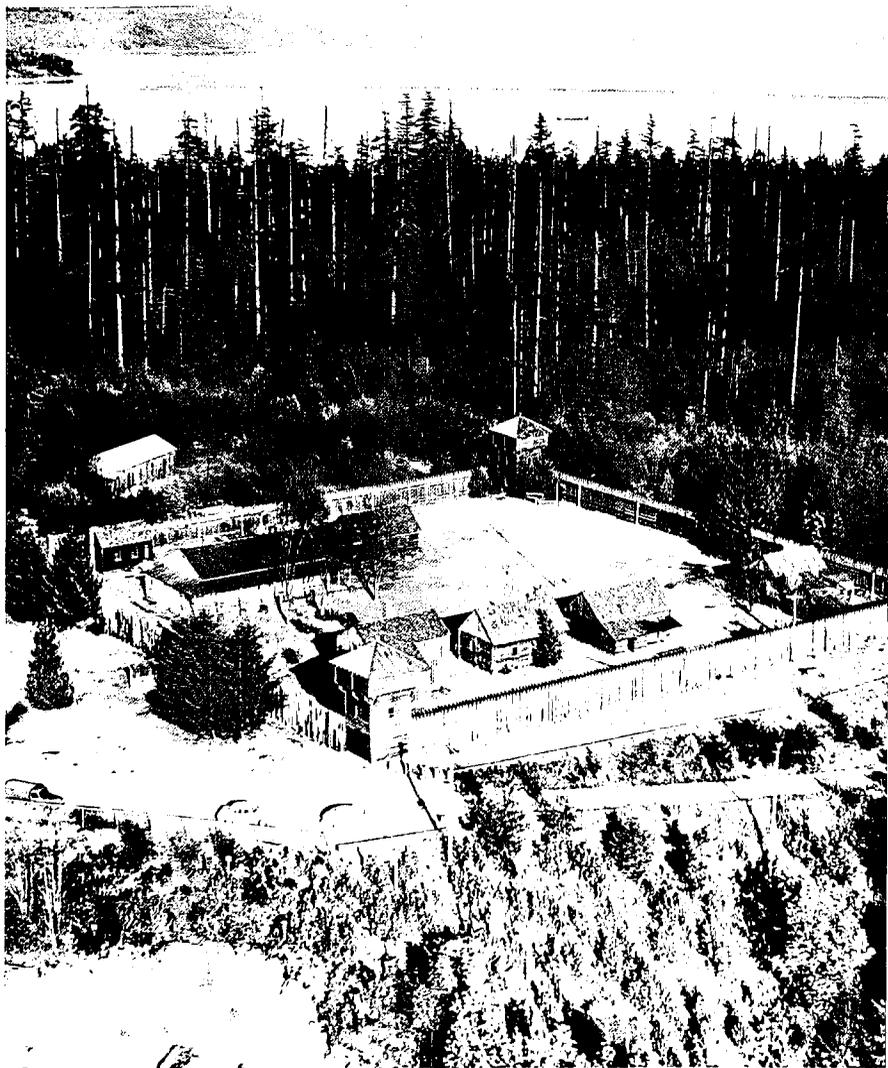


BULLETIN

VOL. XXXVI—No. 6

TACOMA, WASH.

JUNE - 1965



PIERCE COUNTY MEDICAL SOCIETY

**NO MEETING
JUNE - JULY - AUGUST**

Pierce County Medical Society

1965

OFFICERS

President Frederick J. Schwind
 President-Elect Glenn G. McBride
 Vice-President Lester S. Baskin
 Secretary-Treasurer Arnold J. Herrmann
 Executive Secretary Judy Gordon

TRUSTEES

Richard F. Barronian	Robert C. Johnson
Lester S. Baskin	James D. Lambing
Myron A. Bass	Glenn G. McBride
J. W. Bowen, Jr.	Clinton A. Piper
Robert R. Burt	Frank J. Rigos
Arnold J. Herrmann	Frederick J. Schwind

DELEGATES

Douglas P. Buttorff	Frederick J. Schwind
Robert M. Ferguson	Stanley W. Tuell
Robert W. Florence	Wayne W. Zimmerman
Glenn G. McBride	

ALTERNATE DELEGATES

Richard F. Barronian	Herman S. Judd
Charles J. Galbraith	Robert W. Osborne
Philip Grenley	Charles C. Reberger
Kenneth E. Gross	

COMMITTEES

Ethics

Murray L. Johnson, Chairman
Samuel E. Adams, Frank R. Maddison

Grievance

Frank J. Rigos, Chairman
G. M. Whitacre, Stanley W. Tuell

Program

Robert C. Johnson, Chairman
Clinton A. Piper, Robert M. Ferguson

Public Relations

James D. Lambing, Chairman
John F. Comfort, Robert M. Ferguson
Kenneth E. Gross, G. Marshall Whitacre

Library

Don G. Willard, Chairman
Robert M. Freeman, William E. Avery

Public Health

Lawrence N. Brigham, Chairman
Cecil R. Fargher, Robert C. Johnson
Orvis A. Harrelson, David L. Sparling

House and Attendance

John R. Alger, Chairman
Robert Klein, William W. Mattson, Jr.

Civil Disaster

Edward R. Anderson, Chairman
Leo Annest, Charles E. Kemp
Robert R. Burt, Richard B. Link
Kenneth D. Graham, Robert D. McGreal
T. R. Haley, Leo F. Sulkosky
David T. Hellyer, Arthur P. Wickstrom

Diabetes

Robert A. O'Connell, Chairman
Robert A. Kallsen, Roy H. Virak

Entertainment

William L. Rohner, Walter L. Sobba

Geriatrics

S. Robert Lantiere, Chairman
Herbert C. Kennedy, Harold F. Kahler

Legislative

J. Hugh Kalkus, Chairman
Homer W. Humiston, Herman S. Judd
B. D. Harrington, John M. Shaw

Wayne W. Zimmerman

Medical Education

Edmund A. Kanar, Chairman
Glenn G. McBride, Bernard R. Rowen

James Mason (Ex-officio)

Operation Hometown

Douglas P. Buttorff, Chairman

Schools

George C. Gilman, Chairman
Cecil R. Fargher, Dudley W. Houtz
Orvis A. Harrelson, Everett P. Nelson

Mental Health

Hugo Van Dooren, Chairman
James M. Blankenship, Jerman W. Rose

Poison Control

Claris Allison, Chairman

Bulletin Staff

Editor Stanley W. Tuell
Business Manager Judy Gordon
Auxiliary News Editor Mrs. Alva E. Miller



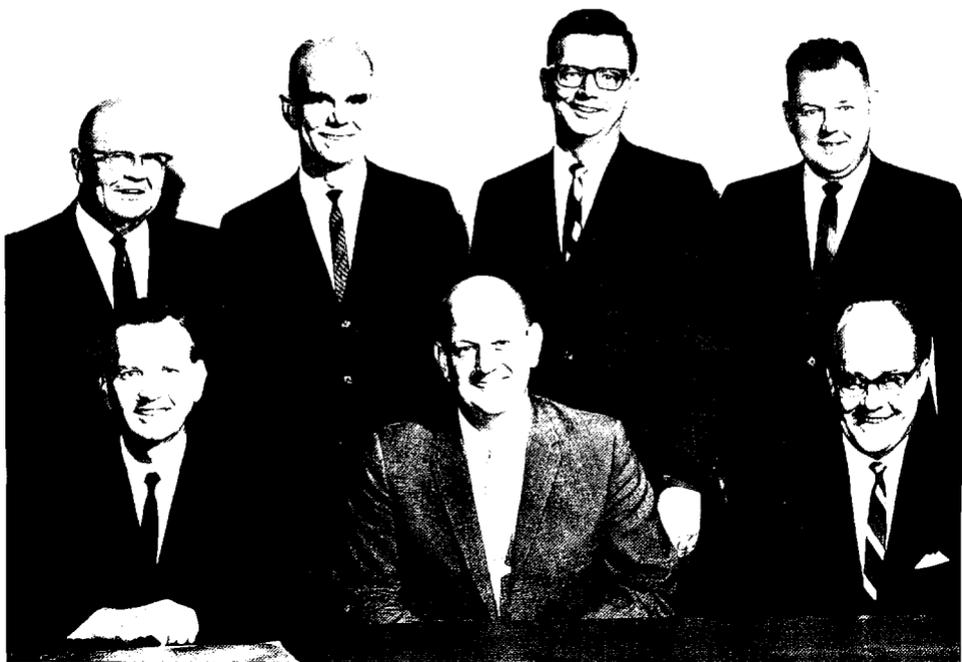
June Birthdays

- 2 Treacy H. Duerfeldt
William L. Rohner
- 5 Hossein Naini
James L. Vadheim
- 7 Joseph B. Harris
- 8 Jack J. Erickson
- 10 Harold D. Lueken
- 11 Jack W. Mandeville
- 13 Erna Guilfoil
- 14 Thomas O. Murphy
John K. Stutterheim
- 15 Miles Parrott
George A. Tanbara
- 16 Juan Cordova
- 20 George Batey
Robert Voynow
- 21 Leo Annest
Jack W. Lee
- 22 Marcel Malden
- 25 James F. Early
- 28 L. Stanley Durkin
Mills E. Lawrence
H. Herbert Meier

**The Medical Society
 Office Will Be Closed
 From June 18 Through
 July 1**

PATRONIZE YOUR ADVERTISERS

Cover photo courtesy of Bill Dugovich.



TOP: Hank Everson, Chuck McCallum, Dick Milton, Jim Gribbon. BOTTOM: Neal Heston, Ken Platzer, Hal Gullett.

Seven dyed-in-the-wool optimists

If you do business anywhere in the Tacoma trading area, you should meet these men and know them well.

They are the business loan officers at the Puget Sound National Bank. They know it takes money to make money. And they are willing to do everything they can to put a practical idea into motion.

By trying harder, they help make the best of sound ventures. And to a man, they believe business in Tacoma is good and getting better. If this is the way you like to do business, come on in for a talk. We won't pull the wool over your eyes.



PUGET SOUND NATIONAL BANK

Tacoma's friendly bank . . . now 15 offices to serve you

Prescription Optical Company

"Fashion In Eyewear"

205 Medical Arts Building

Tacoma, Washington

Market 7-4151

Branches in . . . Lakewood - Everett - Bremerton - Fort Lewis



Member
THE ORDER OF
THE GOLDEN RULE



LYNN FUNERAL HOME
PHONE MA 7-7745

PROVIDING FINE FUNERAL SERVICE SINCE 1905
717-719 TACOMA AVENUE TACOMA • 2 • WASHINGTON

June Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Staff of Tacoma General 6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	2	3	4	5 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
7	8 C.P.C. of Mary Bridge—8 a.m.	9 Surgery Grand Round—T.G.H. 8-9 a.m.	10	11 DOCTOR-LAWYER FIELD DAY C.P.C. of St. Joseph's—9 a.m.	12 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
14 Staff of Doctors Hospital 7:30 p.m. Staff of Good Samaritan 6:30 p.m.	15 C.P.C. of Mary Bridge—8 a.m.	16 OB-GYN Conf. T.G.H. 8-9 a.m. Staff of Lakewood General 7:30 p.m.	17	18 Staff of Medical Arts—7:15 a.m.	19 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
21 Staff of St. Joseph's 6:15 p.m.	22 C.P.C. of Mary Bridge—8 a.m.	23 Medicine Grand Rounds—T.G.H.	24	25 Staff of Mary Bridge 12:15 p.m. C.P.C. of St. Joseph's—9 a.m.	26 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
28 Staff of Mt. View General Hospital	29 C.P.C. of Mary Bridge—8 a.m.	30 Path. Cancer Conf.—T.G.H. 8-9 a.m.			

Grand Rounds—Mt. View General Hospital—Every Saturday 9 to 10 a.m.

Since 1888 . . . three quarters of a century of dignity and service at sensible prices.

- Convenient location
- Two beautiful chapels
- Plenty of parking

**C. C. MELLINGER
FUNERAL HOME
and MEMORIAL CHURCH**

6th & Tacoma

BR 2-3268

"Glasses as your eye
physician prescribes them"

Contact Lenses — Artificial Eyes

Columbian Optical Co.

Ground Floor, Medical Arts Bldg.
Medical Center
Western Clinic Bldg.
Lakewood



*Valuable in a wide variety of
clinical uses*

- Alcoholism • Cancer patients • Drug addiction • Mental and emotional disturbances (moderate to severe) • Nausea, vomiting and hiccups • Neurological disorders • Obstetrics • Pain • Pediatrics • Psychiatric disorders
- Senile agitation • Somatic conditions complicated by emotional stress
- Severe asthma and status asthmaticus • Surgery

Contraindications: Comatose states or in the presence of excessive amounts of C.N.S. depressants. *Principal side effects:* The most frequently encountered side effect is transitory drowsiness. Other occasional side effects include: dry mouth, nasal congestion, constipation, miosis, dermatological reactions, photosensitivity, jaundice, hypotension, increased appetite and weight; very rarely mydriasis, agranulocytosis, neuromuscular (extrapyramidal) symptoms.

Thorazine[®] brand of chlorpromazine

one of the fundamental drugs in medicine

Before prescribing, see SK&F product Prescribing Information.

Smith Kline & French Laboratories 

Fishing, Golfing Event Set For Friday, June 11

The silvers and humpies are biting at Point Defiance and the blackmouths are busy at Minter Creek and even a dogfish might win a prize at the fishing derby on Friday morning, June 11, the day of sports events for Doctors and Lawyers. Bill Rohner is in charge of the affair and he announces that fishing will start at dawn and fish must be turned in at the Point Defiance boat-house by 11 a.m. to be eligible for a prize. Sam Adams and Walt Sobba are handling the fishing derby. The afternoon golf tournament, which will start at 12:00 p.m. at Fircrest Golf and Country Club, is organized by Walt Sobba and Bill Rohner.

Get your reservations in promptly for both events and top off the day with a social hour and dinner in the evening, where plenty of prizes will be passed out for the day's best golfers and luckiest fishermen.

EQUIPMENT FOR SALE

Mayo Stand - Pedigo-ess. new.....	\$ 21.50
Dictaphone dictating unit 1958 model. Reconditioned 1964	125.00
Refrigerator - Astral - white - 1964 under counter - small freezer - top scratched	95.00
Clinical Scales - used	20.00
Treatment Table - walnut wood - drawers and cabinet storage - green nauga- hyde pad	90.00

DAVID SPARLING - JU 8-1845

NOW UNDER CONSTRUCTION

PROFESSIONAL CENTER

offering modern space for medical
suites in fast growing residential area.

Phone TE 3-1689

AUBURN

Whitacre, Race Win Stowell Awards In Magnusson Bowlerama

Marsh Whitacre and George Race took top honors in the annual Doctors' Bowlerama held at the Tower Lanes on Monday, May 17, under the direction of Chairman Norm Magnussen. They carried home trophies donated again this year by Stowell's Pharmacy. Under a new rule this year that limited the number of trophies per contestant, Whitacre had to make a choice of which he wanted, as he was the individual scratch champion with a series of 522 and had the highest single game handicap score of 217. George Race won a trophy for the highest handicap series with 603. Whitacre was second in that bracket with 588.

In handicap doubles series play, George Race and Glenn McBride were champs with a combined score of 1162. Marsh Whitacre and Arnie Herrmann trailed by just 11 points with 1151.

Individual series scores with handicaps were as follows:

Race	603
Whitacre	588
Herrmann	563
McBride	559
Sullivan	555
Wahlberg	545
Arnold	540
Wicks	530
Magnussen	526

Refreshments were served at the event and Peggy Race and Irma Wahlberg formed a small but enthusiastic rooting section. Chairman Norm Magnussen would have liked to have seen more wives out for the occasion as he has his sights set on a combined doctors and doctors' wives Bowlerama sometime in the future, if enough of the wives show interest in the trundling sport.

President's Page



We have all heard the expression, "The doctor has many faces." As physicians we see each other most often in our professional role only. Most physicians are family men, church members, members of P.T.A. and members of a variety of other civic and service organizations. In addition, most of our medical society members find time for a great number of hobbies and avocations. We find a remarkable diversity of interest when we become acquainted with the members of our group in the way they spend their leisure time.

In general, the professional work of a physician consists of rendering service and is not creative as is the work of the architect or engineer. Hence, most of us choose hobbies which provide an outlet for creative talents. Many hobbies are chosen because they are particularly well adapted to family participation. The majority of physicians have found that an avocation or hobby is a very necessary part of their life.

The scope of interest among our society membership varies from horticulture to horsemanship, from rug weaving to welding, from sailing to mountain climbing, from wood carving to watercolors, and from banjo playing to Gregorian chants. Dr. Tuell, our talented and hard-working editor, plans to begin a series of articles concerning the hobbies and avocations of our members. We hope that such a "Hobby Lobby" will not only help us to know our colleagues better, but may help kindle new interest in those of our members who have not yet had an opportunity to use their leisure time properly.

The "Great Society" now has H.R. 6675 in Senate Finance Committee hearings. If all provisions of this bill are passed and physicians are included in the Social Security program, we will all be able to retire at age 65 and spend all of our time gardening, painting, weaving baskets, etc. (Let's hope we can do them all at home.)

FREDERICK J. SCHWIND, M.D.

rx **farrell's** PRESCRIPTIONS, INC.

FAST, ECONOMICAL PRESCRIPTION SERVICE

PLUS FREE DELIVERY

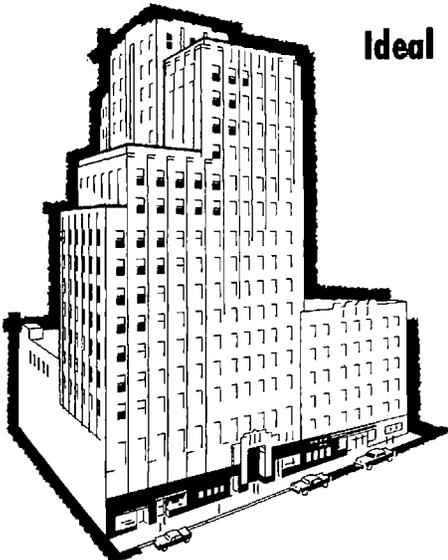
BR 2-8000

Market Street
Lobby

Medical Arts Building

FU 3-5595

St. Helen's Street
Lobby



Ideal location for specialization . . .

The more than 80 physicians and surgeons practicing in the Medical Arts Building provide a great opportunity for referred work to the specialist locating here. You'll find everything from a fully equipped hospital to a medical supply house. And people know they can depend on finding the best in medical care because only those with highest ethical standards are accepted as tenants.

Medical Arts Building

Building Office: 110 Medical Arts Bldg.

Market 7-6441

METROPOLITAN BUILDING CORP., MGRS.

Editorially Speaking



Loyalty is . . . a doctor's wife with a broken leg attending the annual Auxiliary dance.

Participation by its members is the keynote of success in any organization. Only a few of those who didn't "participate" at the annual Auxiliary dance had as good an excuse as "I had a broken leg, so I couldn't come." But here's one gal who had that excuse, tore it up, and came anyway.

Here's my vote for more liaison, cooperation and fraternization between the Medical Society and the Auxiliary. These aren't two unrelated organizations—obviously. Dictionary-wise, "auxiliary" means "one who assists". This one does and has. Some time ago, we had a "first annual" joint meeting of Auxiliary and Society. Hear ye, Marge Wicks and Glenn McBride, how about a "second annual" such meeting next year.

A tip of the visor to Helen Kittredge who had a dandy excuse for not coming to the dance—but did. (And brought George, too.) We need more members in both groups with a like willingness to participate.

—S.W.T.

Enjoy Dinner in the pleasant atmosphere
of a Restaurant typical of San Francisco

Honan's Restaurant

COMPLETE DINNERS FROM \$2.95

Specialties . . .

Broiled Steaks
Australian Lobster Tails
Prime Ribs of Beef

Banquet facilities
Private Rooms for
dinners and meetings
Cocktails

"Tacoma's most popular downtown Restaurant"
across the street from the Medical Arts Bldg.

Honan's

MA 7-7179

Free Customer Parking next door

739½ St. Helens Ave.



Schwarz, Shera and Associates, Inc.

BROKERS INSURANCE SERVICE

LICENSED & BONDED BROKERS



Ned Shera, C.L.U.
Vice President



V. A. "Bud" Schwarz, C.L.U.
President



(Mrs.) Dorothy Connor, C.L.U.
Secretary-Treasurer

Providing

"PROFESSIONAL COUNSEL FOR THE PROFESSIONAL"

Life & Health Insurance
Annuities
Pension Plans (including H.R. 10)

Professional Partnerships
Estate Creation Planning
Estate Conservation Planning

As Brokers we are *YOUR* agent, *NOT* an Insurer's Agent.

Offices at Suite 306, Security Building
Tacoma, Washington

MA 7-8181

Vaccine Program Big Success in Tacoma, Brigham Reports

In December, 1964, a committee was formed to administer Oral Polio Vaccine to residents of Pierce County between the ages of three months and eighteen years. This followed the recommendations of many official medical groups. The Trivalent vaccine was used because of its simplicity.

The first feeding of vaccine was given during February and the second feeding was in April. Parents were encouraged to contribute \$1.00 for the vaccination of each child. However, vaccine was given to any child authorized by his parents to receive it. During this program 144,000 doses of vaccine were given. Vaccine was also furnished free of charge to Remann Hall, several hospitals and Rainier State School.

Shortly after undertaking this program, Thurston County and Longview followed suit with similar programs.

Upon completion of our project, we have a surplus of \$10,800. It is the recommendation of our committee, concurred with by the executive committee of the medical society, that this money be used in the community. The freezer used to store the vaccine has been donated to the Tacoma-Pierce County Blood Bank; \$5,500 has been given to the Lindquist Clinic for the care of children's teeth; \$3,000 has been given to the Community Mental Health Clinic. The balance of the money will be used to buy vaccine for use by the Pierce County Health department in its various clinics.

To successfully complete such a program we needed the cooperation of many people. It is not possible to give recognition to all of them in this article. The whole-hearted support and cooperation of both Dr. Giadrone and Roger Elder of the city and county schools was

necessary for the success of this campaign. Dr. Harrelson and the nurses of the city schools, Mrs. Herminghaus and the county school nurses, along with Miss Brower and the county health department nurses, did the major share of the work. Don Hebert with the Pierce County pharmacists successfully distributed heat sensitive vaccine. Dr. Kenneth Graham and Judy Gordon handled our campaign publicity.

Boosters Needed

In a large undertaking such as this the most simple method of vaccination is frequently best. However, it now evolves upon the individual physician to continue oral vaccination in his office. Infants should be immunized at two to three months. They should receive *three* doses at 6 to 8 week intervals. A booster may be given at 15 months and upon entering school. Pre-school children should also receive a booster feeding at school age. There apparently is no incompatibility between smallpox vaccination and oral polio vaccine. *Measles vaccination should not be given along with O.P.V.* Illness other than enterovirus infection is not a contraindication to oral polio immunization. Many physicians may choose to use the monovalent vaccine. If so, a somewhat different schedule must be used.

Again, I wish to thank all who gave of their time and encouragement to make this project of our society a success.

LAWRENCE N. BRIGHAM, M.D.
Chairman
Public Health Committee

**DAMMEIER
Printing Co.**

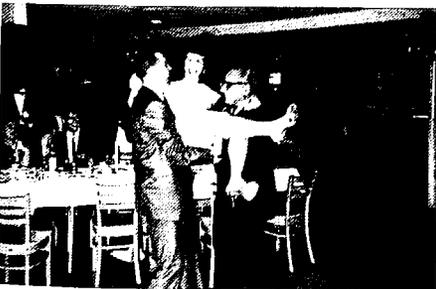
811 Pacific Ave. Tacoma
B Roadway 2-8303

1965 Auxiliary Dance Success At Top of the Ocean

The annual Auxiliary dance was held on the upper deck at the Top of the Ocean on Saturday, April 24, co-chaired by Patsy Crabill and Dee Wickstrom. Patsy Crabill is shown below on the right with Katharine Humiston, Auxiliary Past-President, Ellen Pinto, out-going President and Donna Ferguson. (See editorial page also.)



Pictured below taking tickets from Haskel and Dorothy Maier at the dinner-dance are Betty Johnson, ticket chairman, and Dona Gilman, newly elected President-elect. George Gilman happily observes the transaction.



Unidentified Gate-Crashers

Government Requests Private Patients For X-Ray Study

The Tacoma-Pierce County Health Department announces receipt of three letters with almost identical wording requesting cooperation of physicians in supplying patients for continuing study of Ewing's sarcoma, Hodgkin's disease, and metastatic lung cancer at the Radiation Branch of the National Cancer Institute at the Clinical Center, National Institutes of Health, Bethesda, Maryland. Physicians interested in having their patients considered for admission and treatment may write or telephone: Ralph E. Johnson, M.D., Clinical Center, Room B1B-41A, National Institutes of Health, Bethesda, Maryland 20014. Telephone: 656-4000, Extension 65457, Area Code 301.

HAVE YOU PAID YOUR AMPAC DUES?

Tacoma Brace & Limb Co.

Lenart C. Ceder, owner



Expertly fitted—

Artificial Limbs
Orthopedic Appliances
Surgical Belts
Arch Supports
Trusses



FULton 3-4439

723 South K Street

For Years to Come

**A PRECISE REAL ESTATE SERVICE
FOR
ENDURING INVESTMENT QUALITY**

CONFIDENTIAL COUNSELING
BY APPOINTMENT



IN LAKEWOOD

JOHN T. STEWARD, INC.

Realtors

JU 4-1112

John T. Steward

9842 Gravelly Lake Dr. S.W.

L. O. Larsen



**Your patient
doesn't have
to be in
the Masters
to get sprains
and strains**

**'Soma' Compound helps
relieve pain and relax muscle
in many musculoskeletal
disorders. Patient comfort
can be increased and
recovery time shortened.**

Soma[®] Compound

carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg.

**rational combination therapy for most patients with strains and sprains:
relaxes muscle, relieves pain**

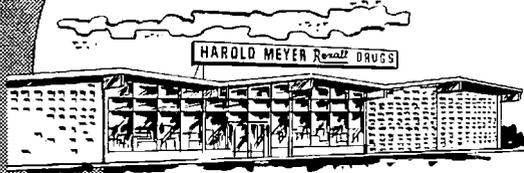
Also available as 'Soma' Compound with Codeine: carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., codeine phosphate 16 mg. (Warning: may be habit-forming.)

(Warning: Codeine may be habit-forming.) **Indications:** 'Soma' Compound and 'Soma' Compound with Codeine are useful for relief of pain and stiffness in traumatic, rheumatic and other conditions affecting muscles and joints. **Contraindications:** Allergic or idiosyncratic reactions to carisoprodol, phenacetin, or codeine phosphate. **Precautions:** *Phenacetin*—With long-term use, give cautiously to patients with anemia and cardiac, pulmonary, renal or hepatic disease. May damage the kidneys when used in large amounts or for long periods. *Caffeine*—Not recommended for persons extremely sensitive to its CNS stimulating action. *Codeine phosphate*—Use with caution in addiction-prone individuals. *Carisoprodol*—Carisoprodol, like other central nervous system depressants, should be used with caution in patients with known propensity for taking excessive quantities of drugs and in patients with known sensitivity to compounds of similar chemical structure, e.g. meprobamate. **Side effects:** Drowsiness, lightheadedness, dizziness, and gastric complaints have been reported infrequently for either or both of these preparations. *Phenacetin*—Side effects are extremely rare with short-term use of recommended doses. Prolonged ingestion of overdoses may produce dyspnea, cyanosis, hemolytic anemia, skin rash, anorexia, subnormal temperature, insomnia, headache, mental disturbances, and tolerance. *Caffeine*—Side effects are almost always the result of overdosage. Average doses may rarely cause nausea, nervousness, insomnia, and diuresis. Excessive dosage may produce, in addition, restlessness, nervousness, tolerance, tinnitus, tremors, scintillating scotomata, tachycardia, and cardiac arrhythmias. *Codeine phosphate*—Possible side effects are nausea, vomiting, constipation, and miosis. *Carisoprodol*—The only side effect reported with any frequency is sleepiness, usually on higher than recommended doses. An occasional patient may not tolerate carisoprodol because of an individual reaction, such as a sensation of weakness. Other rarely observed reactions have included dizziness, ataxia, tremor, agitation, irritability, headache, increase in eosinophil count, flushing of face, and gastrointestinal symptoms. One instance each of pancytopenia and leukopenia, occurring when carisoprodol was administered with other drugs, has been reported, as has an instance of fixed drug eruption with carisoprodol and subsequent cross-reaction to meprobamate. Rare allergic reactions, usually mild, have included one case each of anaphylactoid reaction with mild shock and angioneurotic edema with respiratory difficulty, both reversed with appropriate therapy. In cases of allergic or hypersensitivity reaction, carisoprodol should be discontinued and appropriate therapy initiated. Suicidal attempts may produce coma and/or mild shock and respiratory depression. **Dosage:** Usual adult dosage of 'Soma' Compound or 'Soma' Compound with Codeine is one or two tablets three times daily and at bedtime. **Supplied:** 'Soma' Compound, orange tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., and caffeine 32 mg. 'Soma' Compound with Codeine, white capsule-shaped tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., and codeine phosphate 16 mg. Narcotic order form required. *Before prescribing, consult package circular.*

 WALLACE LABORATORIES
Cranbury, N. J.

2 LOCATIONS

Harold Meyer Drugs

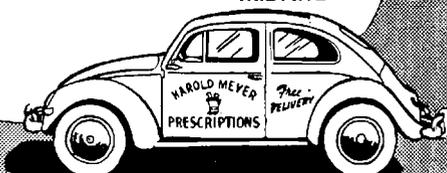


**48th & So.
Tacoma Way**



11th & K

**OPEN
'TIL
MIDNITE**




MOUNTAIN VIEW FUNERAL HOME

Takes Care of Everything

UNDERTAKING -- CEMETERY -- CHAPEL -- MAUSOLEUM

4100 Steilacoom Boulevard

JUniper 4-0252

HOSPITALS

Tacoma General

Tacoma General Hospital highlighted Hospital Week with the following observances: On Tuesday, May 11, Administrators and Directors of Nursing Service were guests at a luncheon sponsored by the Kiwanis Club. Hospital people there had the opportunity to tell those in attendance about Hospital Week and what their individual hospital was doing to center attention on National Hospital Week.

On Tuesday of Hospital Week, Tacoma General staged its most recent disaster drill. The "disaster" was a bus accident and the "victims" were members of an Explorer Scout troop made up to simulate many serious and superficial injuries. Madigan General Hospital medical technicians were in charge of the make-up. The victims arrived at the Emergency Room by ambulance and the testing of the triage areas and the principal treatment areas was made. Everyone concerned learned a great deal, and the consensus of opinion is that the drill went very well.

On Wednesday, our annual Personnel Day Tea was held. Seventy-one employees were given awards for 5-, 10-, and 20-year service records. These awards raised to 328, the total number of our employees who have been here five years or more, representing 54% of our personnel. Dr. G. M. Whitacre, President, Medical-Dental Staff, was our guest speaker.

Wednesday, May 12, patients were reminded of hospital week by tray covers and special favors commemorating Florence Nightingale's birthday. The favors were fashioned by the Volunteers and featured a small nurse's cap complete with black band on the corner.

Thursday was Visitors Day at Ta-

coma General Hospital. Special invitations went out to visitors, via the patients, to come as a special guest on this day. A tea table was set up in the main foyer for refreshments, and each guest was invited to a special film showing at Jackson Hall.

Our new Recovery Room Head Nurse is Mrs. Rose Hertz, R.N. Mrs. Hertz is well-known to the medical staff, having been a delivery room nurse and relief Assistant Director of Nurses on 3-11. Mrs. Hertz is replacing Mrs. Marilyn Otto, R.N., who is leaving to move to California.

Forty students from the School of Nursing attended the SWANS Convention in San Francisco from April 29 to May 2. Mrs. Bess Piggott and Miss Fern Gough of the faculty accompanied them.

Capping exercises for the Freshman Class will take place June 12, at the First Methodist Church.

Miss Charlene Cook, who will be a member of the Class of 1968, received a full scholarship and \$500 stipend from Carnation Scholarship Fund.

The Tacoma General Hospital Alumnae Association held their annual Homecoming Banquet at the Winthrop Hotel on May 15, 1965. The Class of 1965 from the Tacoma General Hospital School of Nursing were honored guests. The Alumnae also honored Mrs. Nellie Mallett Newman, Seattle, who graduated from the old Fannie C. Paddock Hospital in 1904. Mrs. Jessie Howell Snowden and Mrs. Bessie Wardendyke Murray, members of the Class of 1905, were present. Dr. and Mrs. Herman Judd, Mr. and Mrs. Walter Huber, Mrs. Bess Piggott, Director, School of Nursing, and Mrs. Betty Haffman, Director, Nursing Service, Mrs. Lucille McDonald, R.N., Surgery Supervisor, were special guests. Dinner was served to 290 graduates from Tacoma General Hospital and guests.

(Continued on Page 21)

Time Tested Dependability

Established 1889

R. E. Anderson & Co. Inc.

INSURANCE - MORTGAGE LOANS - REAL ESTATE
PROPERTY MANAGERS



752 Broadway

BRoadway 2-8475



FOR PROFESSIONAL ANALYSIS OF
YOUR INSURANCE PROGRAM

Ask for

Donald M. Moore

Donald J. Hill

Robert D. Sizer

Herbert F. Syford

Stewart L. Simpson

Edward J. Pole

STOWELL'S . . . Prescriptions

Our completely new and larger store
will give you and your patients
more efficient and reasonable service.

‘ ‘ ‘

FREE DELIVERY

‘ ‘ ‘

BRoadway 2-2201

744 Market Street

Doctors Hospital Building

(Continued from Page 19)

Saint Joseph's

Student News

The month of May has been a busy one for several of our students. Bernadette Berilla will receive her B.S. in Medical Technology from Gonzaga University on May 23rd and will also receive her training certificate from St. Joseph's. Added excitement for Bernie will be her marriage in August in Spokane.

Aurora Reyes and Bonnie Campbell are the other students who will receive their training certificates from St. Joseph's this month. Bonnie is sporting a new engagement ring from Richard Gill of Tacoma. Our special good wishes and thanks to these three students who are able and valuable assets to the lab.

Several representatives sponsored by St. Joseph Hospital attended the Conference in Seattle held at the University of Washington, Health Science Building on May 13 and 14 on the "Legalities in Nursing". Those who attended were: Sister Alacoque, R.N.; Sister Michael Catherine, R.N.; Mrs. Mary Joan Buck, R.N.; Miss Lucille Anderson, R.N.; Mrs. Ellen Robbins, R.N.; Sister Eugene Marie; Mrs. Violet Rowntree, R.N.; Mrs. Ruth Mumpf, R.N.; Mrs. Juliette Siverly, R.N.; Mrs. Lovella Brewster, R.N.

Our in-service program has covered isolation technique. It was a three day session set up just for this procedure, May 11th, 18th, and 25th. Mrs. Craton and Mrs. Nupen were in charge of the excellent presentation.

Among the new equipment at C.S.R. we have three new air mattresses. Air shifts from side to side so there will be no continuous pressure in one general area.

Also in C.S.R. we have two Aquamatic-K-Pads from Rupp Industries, Inc. These heating pads are filled with running warm water that are guaranteed not to go above the set tempera-

ture because of three separate thermostats. The patient cannot fool around with setting the temperature because C.S.R. has to do it with a key.

Mrs. Florence Riedinger attended the 1965 NLN convention held May 3-7 in San Francisco.

Physical Therapy Department had their open house May 14, to acquaint the Doctors, Patients, and hospital personnel with the remodeling and the new equipment which has been installed. The guest book was signed by 350 people.

The Medical Record Technician students enjoyed a trip to Seattle, on Thursday, May 20. We visited three Seattle Hospitals, Providence, King County, and the University Hospital of which we were given tours of the Medical Record Department.

In Providence Hospital besides the Record Room we saw the Heart Center. It was fascinating to us because it was the first opportunity that we had to see for ourselves the inside story of a Heart Center.

We were given a wonderful lunch in their cafeteria with piped in music as an added attraction. A most enjoyable time was had by all.

The Medical Record Librarian Students from Providence visited our Medical Record Department on Tuesday, May 25, to see our Medical Department filing system of middle digit, and the Psychiatric Department and Medical Library.

ATTENTION ALL STAFF MEMBERS: The June staff meeting will be held on June 21, at 7:30 p.m.

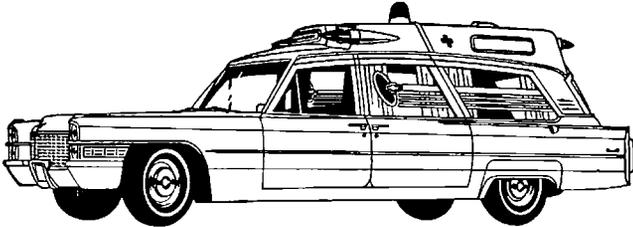
X-Ray Department

Congratulations are in order for two X-Ray students, Sister Mary Martina, O.S.B., and Trudi McDonald (no relation), who received awards for entries at the Washington Society X-Ray Technicians Convention held recently in Tacoma.

(Continued on Page 23)

LOOK WHY NOT GIVE YOUR PATIENTS
 THE BEST IN TRANSPORTATION
 COSTS NO MORE . . . REASONABLE RATES

**M
A
7
-
1
1
2
1**



**M
A
7
-
1
1
2
1**

Resuscitator Service
 Oxygen Equipped Electric Cot Warmers
 Licensed Attendants

Tacoma Yellow Cab Co.

1324 MARKET STREET

LUDWIG'S PRESCRIPTIONS

3 LOCATIONS TO SERVE YOU

LAKESWOOD CENTER

DAVID LUDWIG, Manager

9514 Gravelly Lake Drive S.W.

JU 8-2191

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

THUNDERBIRD CENTER

WM. H. LUDWIG, JR.

8105 Steilacoom Boulevard S.W.

JU 8-1889

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

SOUTH TACOMA STORE

FRED LUDWIG, Manager

5401 South Tacoma Way

GR 4-9419

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 9:30 A.M. TO 9 P.M.

365 DAYS A YEAR

FREE PRESCRIPTION DELIVERY

(Continued from Page 21)

Sister Mary Martina, first year student, presented a paper which dealt with a new technique in X-raying the sternum. Evaluation of this paper included, not only excellence of content, but also style of presentation. Sister's paper was selected from approximately ten such papers presented by both students and registered technicians. The award, offered by Picker X-Ray Corp., was *A Complete Atlas of Roentgenographic Positions by Merrill*.

Miss McDonald was the recipient of a cash award for the best exhibit by a student. Using both photography and radiography, her graphic display was entitled "*Cervico-Dorsal Junction: Conventional Versus Topographic Technique*". This display received the distinction of later being exhibited at the May State Meeting of Radiologists, in Seattle and of receiving many complimentary comments.

In addition to these there were also several highly commendable entries by other St. Joseph Hospital X-Ray students, including entries by Karen Kuhn, Elaine Matz, and Millie Pancho. The X-Ray department was justly proud of all these entries.

Jack McDonald, R.T.

Mr. Fiorino Attends State Meeting

Frank Fiorino, chief technologist, was a delegate from Tacoma to the Washington State meeting of the American Society of Medical Technologists. The meeting was held in Wenatchee, April 23-25. Interesting workshops were conducted in Blood Banking and Hemostasis. Mr. Fiorino was recently elected Treasurer of the Tacoma Chapter of ASMT.

Wedding Bells

Mr. and Mrs. Jerry Simurdak, have just returned from their wedding trip through British Columbia and Alberta. Jerry, a technologist in our lab, was married to Miss Bernadette Baker on May 1st in Holy Rosary Church.

RANKOS

PHARMACY

101 North Tacoma Avenue

Prescription
Druggists



We Carry a Complete Line of
Biologicals and Pharmaceuticals

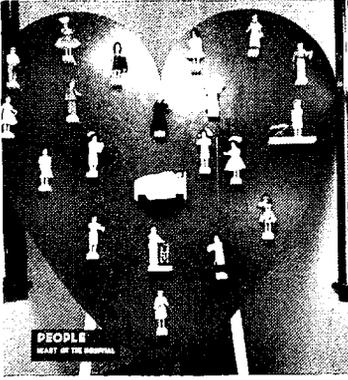


"When Moments Count"

FULTON 3-2411

PROMPT . . . FREE DELIVERY

Colorful Display At St. Joseph's For Hospital Week



"People, the Heart of the Hospital" was the theme for National Hospital Week, May 9 to 15. The public relations committee of St. Joseph's Hospital was given the responsibility of developing a display to depict to the public the multitude of personnel connected either directly or indirectly with the daily routine care of any one person.

A six-foot heart was constructed and dolls, authentically dressed to represent personnel, were placed on the heart radiating out from the central figure, the "patient".

This graphic display depicts to some degree the magnitude and diversity of the staff employed in patient care.

—F. REIDINGER, R.N.

Zoo Society Asset To City; Doctors' Role Significant

One of the active civic organizations in Pierce County is the Tacoma Zoological Society (TZS). It is composed of persons from all walks of life and of all ages; its prime purpose is to foster a first rate zoological garden for this area. As with any such group, there is no accident in its being, nor has it grown by sitting back and allowing progress to spontaneously develop. Within the TZS organization is a hard core of dedicated persons, and within this central group Doctors of Medicine are conspicuous for their number and enthusiasm.

In 1948 the Tacoma Zoological Society was born. A small number of biologists and just plain citizens acted as midwives, with several physicians as consulting accoucheurs. No one quite knew what to do with the little infant Society, though fortunately the constitution and by-laws were patterned after the famous San Diego Zoological Society (which incidentally was primarily nurtured by physicians). After the big push to build a new lion house TZS passed through a phase of unremarkable childhood.

Three years ago, with maturity approaching and with a background of experience and contemplation, a phenomenal increase in interest of the Society occurred. It became obvious that an unusual potential existed in the TZS because of the environment of the Pacific Northwest and beautiful Point Defiance Park, and in the heritage expressed by the interest of the people involved. Education of the Society was necessary; plans for the future to realize potential were imperative. This has proceeded apace.

The Metropolitan Park Board is responsible for all Park operations, in-

BEALL'S

The Prescription Store

124 Meridian South
PUYALLUP

Phone Puyallup 5-8444

cluding the zoological garden. It (with one of the five members a physician) is part of the increased interest in the zoo. It has evidenced this by the building of our fine new aquarium, by the appointment of a professional zoo director, and by allowing increased participation by TZS in the affairs of the zoo, culminating most recently by allotting 52 acres of Point Defiance Park for development of zoological gardens.

The TZS has a number of active working committees. Most of these have physicians as members; several chairmen are M.D.s. Half of the Board of Directors of the Society are Doctors of Medicine. The general membership list includes much of the roster of the Pierce County Medical Society.

All-in-all this is evidence of splendid support of a civic effort by the medical profession, and it shows again the basic interest that physicians have in biologi-

cal subjects. Physicians and their wives have been generous in their support of the growing library, "Operation Aardvark" and the TZS sponsored "Soup and Fish Ball," the brightest social event of many years.

A word of the future of the TZS and the Point Defiance Zoo is in order. The Society is necessary to accomplish the potential of the area. A well balanced zoological garden which specializes in our Pacific Northwest fauna is envisioned. It will be a place of beauty by proper design and landscaping, associating closely with other civic groups such as the garden clubs. It will be a place of enjoyment and education by utilizing the imagination and ideas of our University and school personnel. Financially it will provide its own maintenance and more, will add a unique tourist attraction as a year around activity in our mild climate.

To conclude our metaphorical note, TZS is becoming well educated in the humanities, in science, in business and economics and public relations and is embarking upon a public life of great promise. Every member of the Pierce County Medical Society should be part of this.

Murray L. Johnson, M.D.
President, TZS

HAVE YOU EVER THOUGHT OF WORKING WITH A GROUP?

- Pleasant working conditions
- More leisure time
- New facilities
- Laboratory, x-ray, physical therapy

We need — General Practitioners,
Internists

CALL WESTERN CLINIC

MA 7-9151

6th Avenue at South K

Tacoma

PATRONIZE YOUR ADVERTISERS

DAMMEIER
Printing Co.

Printers and Offset Lithographers

BROADWAY 2-8303

811 Pacific Ave.

Tacoma

One Stage Urged For Diverticulitis Kanar Gets Award

In his afternoon address at the annual clinical meeting of The Tacoma Surgical Club, Dr. John L. Madden urged that surgeons utilize primary resection of the involved colon in patients with acute perforations of the sigmoid colon from diverticulitis. He reviewed the series of cases treated in this fashion at New York Medical College where he is Clinical Professor of Surgery, indicating that the mortality rate for this procedure in his hands was 8.5 per cent. He compared this to a mortality rate of 21.9 per cent in those patients in whom a preliminary colostomy was done and then followed later by resection. Complications occurred in 52 per cent of the patients with primary resection, as compared to 85.5 per cent of those who had staged procedures.

In another departure from usual practice, Dr. Madden's group has used no antibiotics in the pre-operative prepara-

tion of the bowel for elective colon surgery since 1955. They routinely use an oral cathartic and soda-bicarbonate enemas for cleaning of the lumen before surgery. Another routine practice is to do a transverse colostomy at the time of the resection in every instance where it is necessary to mobilize the rectum from the hollow of the sacrum in doing the resection.

At the evening banquet, Dr. Madden indicated the group's practice of splitting the rectus muscle in gallbladder surgery and the use of a catheter instead of the conventional T-tube following choledochotomy. He uses a drain in every instance of cholecystectomy.

Also at the evening session, Dr. Richard Diefendorf, President of the Club, presented certificates of membership to 3 new members: Doctors Ralph Stagner, Ralph Johnson and Dale Hadfield. Dr. Ed Kanar received the certificate of award for having performed and presented the best dissection at the morning session. This was the second time he had received this award. There were 218 doctors registered in at the meeting.

NEW OCEAN FRONT DEVELOPMENT

. . . . offers unusual investor opportunity for capital gains without management headaches. \$10,000 minimum.

GREENACRES, INC.

NATIONAL RESOURCE EVALUATION AND DEVELOPMENT

SEATTLE, 400 BOREN AVE., MU 2-6292

TACOMA, JERRY SMITH, LO 4-1386 EVES.

No Mesmerism For Emoluments - Except By Doctors, Dentists

Lay persons who practice hypnosis in return for any emoluments (fees) will henceforth be subject to penalty of up to \$250.00 fine or up to 90 days in prison, according to the resolution passed by the Board of Pierce County Commissioners at its April 19 meeting. Licensed doctors, dentists and psychologists may continue to use hypnosis in their practices.

WHEREAS, the practice of hypnosis by unqualified individuals without adequate training and clinical experience in hypnosis has been in evidence in Pierce County; and

WHEREAS, investigation has produced evidence that individuals in the county are charging fees and claiming healing powers by the use of hypnosis; and

WHEREAS, to protect the inhabitants of Pierce County from such dangerous practices, the Pierce County Medical Society, the Pierce County Dental Association, the Tacoma Area Chapter of the American Psychiatric Association, the Tacoma-Pierce County Association for Mental Health, Inc., the Pierce County Psychological Association and the Pierce County Prosecuting Attorney have requested that regulations be adopted regarding the practice of hypnosis in Pierce County; and

WHEREAS, it appears necessary for the health, safety and welfare of the inhabitants of Pierce County that the

practice and teaching of hypnosis be regulated; Now, therefore,

BE IT RESOLVED BY THE BOARD OF PIERCE COUNTY COMMISSIONERS:

Section 1. It shall be unlawful for any person, firm or corporation in the unincorporated area of Pierce County, for emoluments, to engage in the practice of hypnotism or represent himself or itself as a hypnotist or that any services he or it renders are of a hypnotic nature, unless he is a medical doctor, a dentist, or a psychologist duly licensed or certified pursuant to the laws of the State of Washington; PROVIDED, that the provisions hereof shall not be held to apply to or regulate any kind of treatment by prayer, or in any way interfere with the practice of religion.

Section 2. Anyone who violates any of the provisions of this resolution shall be guilty of a misdemeanor and upon conviction thereof shall be punished by a fine not to exceed \$250.00, or by imprisonment in the County Jail for a period not to exceed ninety (90) days.

PASSED and APPROVED this 19th day of APRIL, 1965.

Harry Sprinker, Chairman
C. F. Geiger

Patrick J. Gallagher
Board of Pierce County
Commissioners

Approved as to Form:

Donald F. Hemon
Chief Civil Deputy
Prosecuting Attorney

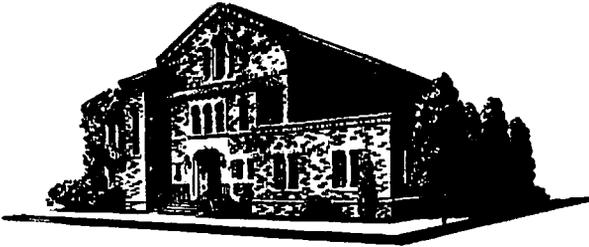
**DAMMEIER
Printing Co.**

BRoadway 2-8303

811 Pacific Ave.

Tacoma

Spacious, beautiful memorial chapel
Choice of cemetery, mausoleum,
cremation or columbarium



Choice of type or
manner of service

Budget Terms
Available

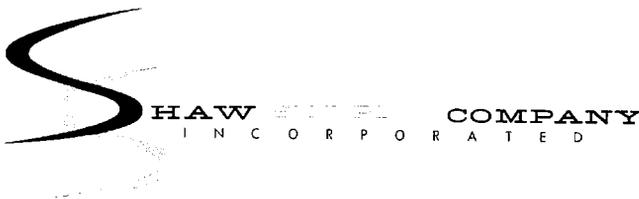
BUCKLEY-KING

CONVENIENTLY LOCATED • TACOMA AVE. AT SO. FIRST
LARGE PARKING AREA

SHAW SUPPLY HAS THESE SERVICES TO OFFER YOU AND YOUR PATIENTS

- Your choice of the finest lines manufactured.
- Experienced fitting for both men and women
 . . . Surgical Supports . . . Belts . . . Hosiery . . .
- Large selection of nurses' uniforms and doctor gowns.
- Complete rental service for sick room supplies
 . . . Pick up and Delivery Service . . .
- Factory trained repair service in our own shops.

Serving The Pierce County Medical Profession Since 1904



*710 fawcett ave.
tacoma 2, wash.
broadway 2-1125*

PHYSICIANS' AND HOSPITAL SUPPLIES

The Medical Society Office Will Be Closed From June 18 Through July 1

Tacoma Art Museum Rental-Sales Gallery

Have you ever decided that a blank wall in the office or in your home lacked a touch of color . . . a painting? Then you decided to do something about it. But once at the gallery, the decision becomes confusing — landscape, abstract, non-objective, color, shape. After looking at everything, it is difficult to decide which would be most appropriate, particularly if your selection is to be permanent.

The Tacoma Art Museum, 7th and Pacific Avenue, has the solution. Rent the painting of your choice, try it and, if it fits, you may purchase it; if not, you may return it and try another.

The Rental-Sales Gallery on the second floor of the Allied Arts Building, is operated as a non-profit service by the Museum and has been in operation for the last three months. During that time, nearly one hundred paintings have been rented or sold and the project has brought the work of well-known artists into the gallery.

So, if you are in the mood or in the market, stop by the Tacoma Art Museum Rental Gallery. Hours are one to four, daily; Sunday, from two to five. Browsing is encouraged.

Stella D. Leis, Chairman,
Rental-Sales Gallery

AMPAC 1965

Sometimes it is good to present an honest-to-goodness hard-sell program. Almost all of us have our County, State and National AMA dues paid. Uncle Sam has received our April assessment as well as any taxes we owed for 1964. Many major first-of-the-year bills are probably out of the way and so our next concern becomes "What to do and where to go for our vacation?"

This seems to be a good time to ask you for a little money before it is all invested in a glorious vacation. Twenty (\$20) dollars for AMPAC isn't much to ask and shouldn't cause any curtailment of your summer plans. Yet this \$20.00 represents a serious part of your future in the free practice of medicine.

Medicare has passed the House of Representatives but it has not yet passed the Senate and could conceivably be back in the House for final approval. On this bill alone we have a lot of serious work to do. You have all received a newsletter from WSMA explaining the inclusion of the anesthesiologist, pathologist, psychiatrist and radiologist in the Medicare Bill (HR 6675) and the evils inherent in this plan. We must work to get this section removed and other areas reworded.

Getting back to membership, your \$20 investment in AMPAC should be a must. Gathering membership is the most important project of any organization. This is the only way an organization can be adequately financed. It is also basic that only by having sufficient funds can an organization properly render necessary and desired services for

PATRONIZE YOUR ADVERTISERS

which the organization was founded. It is important to remember that when individuals default they render no service to their community and nation. The same is true of an organization. Our finances are raised from our members and so our strength is directly proportional. Our membership is on a voluntary basis and this is rightly so because we want a voluntary organization. This is one of the fundamental principles involved in AMPAC and it is one of the great strengths of the organization. In AMPAC, people do what they do because they *want* to do it. We want an organization that will voluntarily do that which is necessary to preserve free enterprise and constitutional government. Membership is the life-blood of AMPAC and AMPAC is the life-line between the practicing physician and his government.

It will only take a minute to send your \$20 check to me at 801 East Wright Avenue or to AMPAC, P.O. Box 829, Seattle. Take that minute now and you will surely be glad to have contributed to a group that is voluntarily working in politics for your rights and freedoms. Just as we are sincere in our efforts and beliefs, so also do we challenge you to be sincere in your hope for the future.

Thomas H. Skrinar, M.D.
Chairman, Board of Directors,
AMPAC, State of Washington

County Societies . . .

IN THE NEWS

Montgomery County Medical Society, Ohio, is co-sponsoring, with the County Nutrition Council and the Dayton Division of Health, a summer camp for diabetic children. Called *Camp Ko-Man-She*, the camp is open to boys and girls from 6 through 16 years. Financing can be by any private donor, or by club groups. The donation from the child's

parents is according to ability to pay, but not more than \$25.00. The personnel will be furnished by the sponsoring agencies.

An intensive statewide campaign for immunization against measles has been approved by the *Genesee County Medical Society* and the Michigan State Medical Society. The campaign will be an all-out effort to inform parents of the dangers of measles and to encourage them to consult their physician regarding vaccination for their children. In this public service campaign, attention will be called to these facts:

1. Far from being harmless, measles is dangerous to children.
2. Practically every child is susceptible to measles by the time he is nine months old.
3. One child in six who gets measles will develop a secondary infection.
4. In one case in 1000, it triggers encephalitis and, in some cases, even kills.

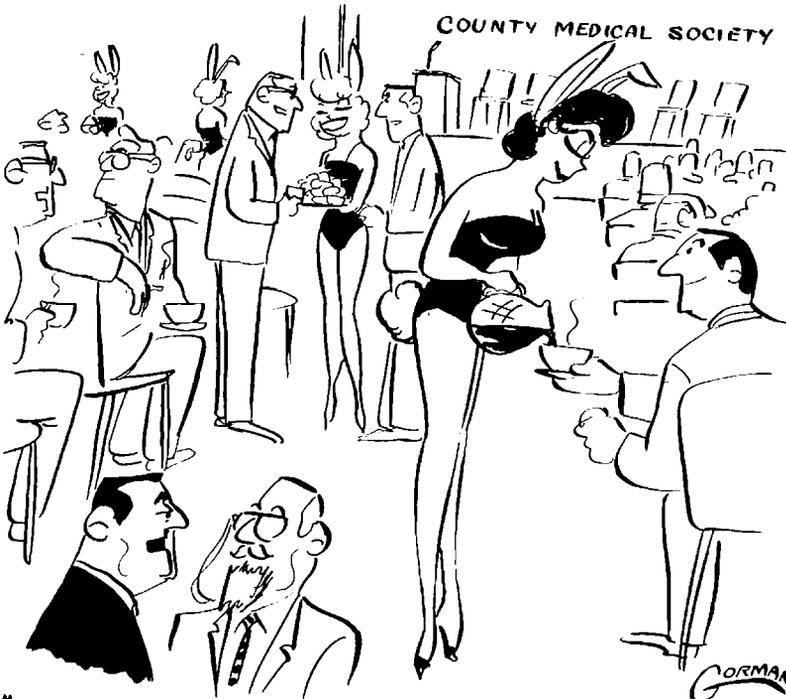
It will also be stressed that measles can be virtually wiped out with the use of vaccines available to physicians.

Multnomah County Medical Society, Oregon, is working with the "Welcome Wagon" in their area by supplying newly arrived persons with a wallet-sized Immunization Record Card. The card has adequate space for a short medical history, a physician's name and phone number, allergies of the patient and health insurance policy number. All these spaces appear on the front along with the exchange number for obtaining a doctor in an emergency. Inside the card are spaces for shot records for tetanus, adult and children diphtheria shots, tuberculin tests, smallpox, polio, typhoid and other immunizations. On the back of the card is a list of recommended immunization and the desirable ages when they should be given.



"DO YOU HAVE A GET WELL CARD FOR SOMEONE WHO CONTRACTED GONORRHEA?"

Courtesy Medical Society Magazine Group



"IT'S FANTASTIC HOW ATTENDANCE AT OUR MONTHLY MEETINGS HAS SKYROCKETED SINCE WE STARTED SERVING COFFEE & DONUTS"

Courtesy Medical Society Magazine Group

Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402

BULK RATE

U. S. POSTAGE

PAID

TACOMA, WASH.

PERMIT No. 300

MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Bldg.

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Monday of each month—8:00 p.m. at 424 South K Street

TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August
—8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month at Top of the Ocean

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—
6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December—

The

PIERCE COUNTY MEDICAL SOCIETY

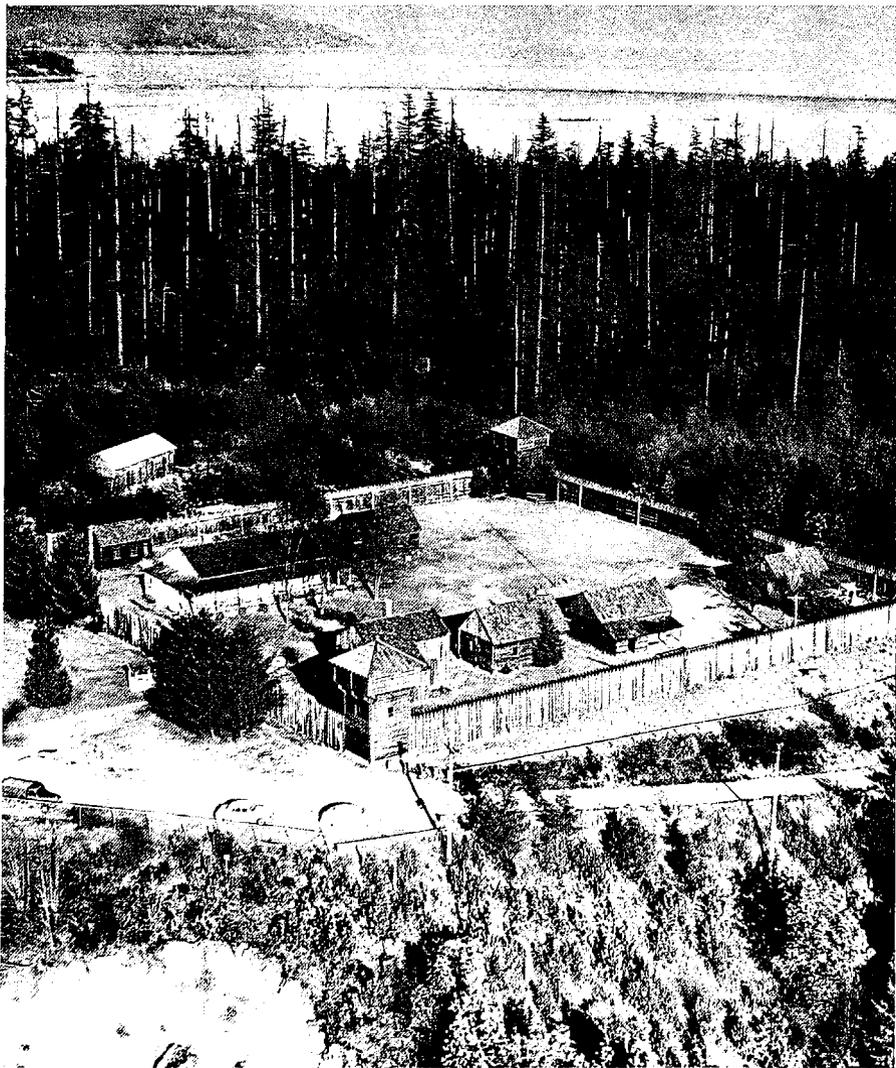


BULLETIN

VOL. XXXVI—No. 7

TACOMA, WASH.

JULY - 1965



PIERCE COUNTY MEDICAL SOCIETY

**NO MEETING
JUNE - JULY - AUGUST**

Pierce County Medical Society

1965

OFFICERS

President Frederick J. Schwind
 President-Elect Glenn G. McBride
 Vice-President Lester S. Baskin
 Secretary-Treasurer Arnold J. Herrmann
 Executive Secretary Judy Gordon

TRUSTEES

Richard F. Barronian
 Lester S. Baskin
 Myron A. Bass
 I. W. Bowen, Jr.
 Robert R. Burt
 Arnold J. Herrmann
 Robert C. Johnson
 James D. Lambing
 Glenn G. McBride
 Clinton A. Piper
 Frank J. Rigos
 Frederick J. Schwind

DELEGATES

Douglas P. Buttorff
 Robert M. Ferguson
 Robert W. Florence
 Glenn G. McBride
 Frederick J. Schwind
 Stanley W. Tuell
 Wayne W. Zimmerman

ALTERNATE DELEGATES

Richard F. Barronian
 Charles J. Galbraith
 Philip Grenley
 Kenneth E. Gross
 Herman S. Judd
 Robert W. Osborne
 Charles C. Reberger

COMMITTEES

Ethics
 Murray L. Johnson, Chairman
 Samuel E. Adams, Frank R. Maddison

Grievance
 Frank J. Rigos, Chairman
 G. M. Whitacre, Stanley W. Tuell

Program
 Robert C. Johnson, Chairman
 Clinton A. Piper, Robert M. Ferguson

Public Relations
 James D. Lambing, Chairman
 John F. Comfort, Robert M. Ferguson
 Kenneth E. Gross, G. Marshall Whitacre

Library
 Don C. Willard, Chairman
 Robert M. Freeman, William E. Avery

Public Health
 Lawrence N. Brigham, Chairman
 Cecil R. Fargher, Robert C. Johnson
 Orvis A. Harrelson, David L. Sparling

House and Attendance
 John R. Alger, Chairman
 Robert Klein, William W. Mattson, Jr.

Civil Disaster
 Edward R. Anderson, Chairman
 Leo Annest, Charles E. Kemp
 Robert R. Burt, Richard B. Link
 Kenneth D. Graham, Robert D. McGreal
 T. R. Haley, Leo F. Sulkosky
 David T. Hellyer, Arthur P. Wickstrom

Diabetes
 Robert A. O'Connell, Chairman
 Robert A. Kallsen, Roy H. Virak

Entertainment
 William L. Rohner, Walter L. Sobba

Geriatrics
 S. Robert Lantiere, Chairman
 Herbert C. Kennedy, Harold F. Kahler

Legislative
 J. Hugh Kalkus, Chairman
 Homer W. Humiston, Herman S. Judd
 B. D. Harrington, John M. Shaw
 Wayne W. Zimmerman

Medical Education
 Edmund A. Kanar, Chairman
 Glenn G. McBride, Bernard R. Rowen
 James Mason (Ex-officio)

Operation Hometown
 Douglas P. Buttorff, Chairman

Schools
 George C. Gilman, Chairman
 Cecil R. Fargher, Dudley W. Houtz
 Orvis A. Harrelson, Everett P. Nelson

Mental Health
 Hugo Van Dooren, Chairman
 James M. Blankenship, Jerman W. Rose

Poison Control
 Claris Allison, Chairman

Bulletin Staff

Editor Stanley W. Tuell
 Business Manager Judy Gordon
 Auxiliary News Editor Mrs. Alva E. Miller



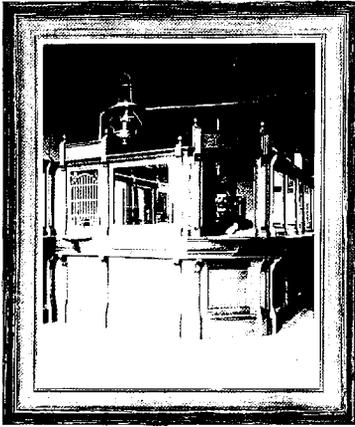
July Birthdays

- 2 Phillip H. Backup
- 8 Sidney Kase
James D. Lambing
- 10 Claris Allison
Homer T. Clay
John M. Kanda
- 11 Harry W. Camp
Wallace P. Hoyt
- 12 Robert W. Florence
Robert C. Johnson
- 13 Michael Irvin
Frank R. Maddison
- 17 Walter M. Arthur
Henry E. Maki
- 19 Paul B. Smith, Jr.
- 21 George S. Kittredge
- 23 Charles H. Denzler
- 24 John A. Sheppard
- 25 Chris C. Reynolds
- 26 A. B. Heaton
Robert D. McGreal
- 27 Frederick J. Schwind
- 28 William H. Goering
- 31 Martin C. Eltrich
Fay M. Nace

MEDICAL SUITES AVAILABLE. 38th near Pacific. Unique, new, modern building — Air-conditioned, Adequate Parking, will finish to suit. See owners finished unit by appointment. 115 South 38th. Dr. William H. Fisher, GR 2-4421.

PATRONIZE YOUR ADVERTISERS

Cover photo courtesy of Bill Dugovich.



If you haven't visited us in the past 75 years, you'll be surprised at some of the changes we've made

1. We've changed our name from the Puget Sound Savings Bank to the Puget Sound National Bank.

2. Mr. Sutton is no longer president. He passed away in 1904. The president now is A. E. Saunders. He joined us in 1945. Most of our customers call him Al.

3. Our chairman of the board is Reno Odlin, current president of the American Bankers Association. He speaks in this capacity for the nation's 14,000 commercial banks.

4. We've moved out of that little wood frame building next to *My Store* on lower Pacific. Now we're in our own newly remodeled 16-story downtown building at 1119 Pacific.

5. We've also set up 16 branches. Many of them are built on land that was under water or used only for farming 75 years ago.

6. The old hitching posts in front of our first building are gone. Instead, we have convenient parking areas at all of our branches. In fact, at many of our branches you can drive up to an outside teller's window and take care of your business without even getting out of your car.

7. We got tired of talking to our customers through iron bars on those old tellers' cages. Now our bank is an inviting place to do business.

8. We've made an interesting change in our bylaws, too. In 1890 one of them stated: "Savings deposits of any form *not* exceeding \$500 may be taken at any time." Now we'll accept a deposit in any amount, and every account is insured up to \$10,000.

9. When we opened for business, our assets amounted to \$50,000. That was big money in those days. Now our assets total \$136,000,000.

10. We've been adding right along to the six employes we started with. We've had to. For example, we're now handling over 100,000 varied accounts. This takes good, well-qualified people and we have 369 of them on our staff now.

11. We no longer keep our books by hand. We were the first bank in the Pacific Northwest to install a computerized electronic data processing center.

12. Remember how tough it used to be to borrow money, even for a well-built house? Nowadays we're delighted to lend money on all kinds of things. Cars. Boats. Furniture. College educations. Even vacations in Hawaii.

13. When we first opened our doors, we offered just three basic services — savings, checking accounts and commercial loans. The other day we counted all our varied services. There were 36 of them.

14. There's one thing, though, that hasn't changed. And never will. That's the friendly, person-to-person way we do business.

75
YEARS OF SERVICE

PUGET SOUND NATIONAL BANK
Tacoma's Friendly Bank... with 16 offices to serve you

Prescription Optical Company

"Fashion In Eyewear"

205 Medical Arts Building
Tacoma, Washington
MArket 7-4151

Branches in . . . Lakewood - Everett - Bremerton - Fort Lewis



Member
THE ORDER OF
THE GOLDEN RULE



LYNN FUNERAL HOME
PHONE MA 7-7745

PROVIDING FINE FUNERAL SERVICE SINCE 1905
717-719 TACOMA AVENUE TACOMA • 2 • WASHINGTON

HAVE FUN ON YOUR VACATION

Since 1888 . . . three quarters of a century of dignity and service at sensible prices.

- Convenient location
- Two beautiful chapels
- Plenty of parking

C. C. MELLINGER
FUNERAL HOME
and MEMORIAL CHURCH

6th & Tacoma

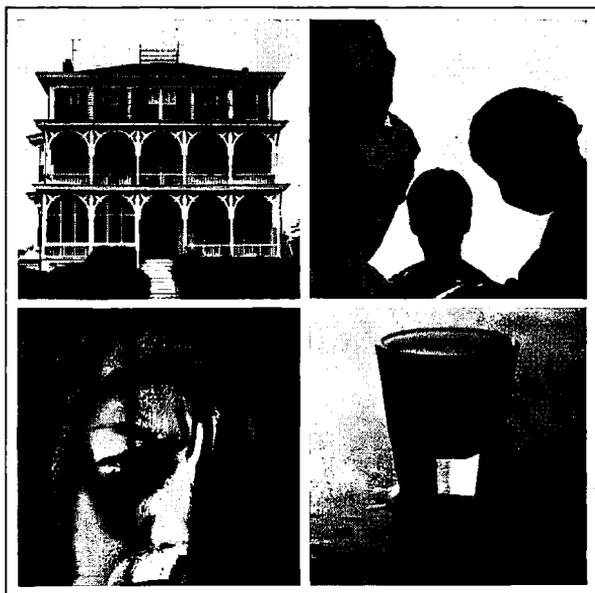
BR 2-3268

"Glasses as your eye
physician prescribes them"

Contact Lenses — Artificial Eyes

Columbian Optical Co.

Ground Floor, Medical Arts Bldg.
Medical Center
Western Clinic Bldg.
Lakewood



*Valuable in a wide variety of
clinical uses*

- Alcoholism • Cancer patients • Drug addiction • Mental and emotional disturbances (moderate to severe) • Nausea, vomiting and hiccups • Neurological disorders • Obstetrics • Pain • Pediatrics • Psychiatric disorders
- Senile agitation • Somatic conditions complicated by emotional stress
- Severe asthma and status asthmaticus • Surgery

Contraindications: Comatose states or in the presence of excessive amounts of C.N.S. depressants. *Principal side effects:* The most frequently encountered side effect is transitory drowsiness. Other occasional side effects include: dry mouth, nasal congestion, constipation, miosis, dermatological reactions, photosensitivity, jaundice, hypotension, increased appetite and weight; very rarely mydriasis, agranulocytosis, neuromuscular (extrapyramidal) symptoms.

Thorazine[®] brand of chlorpromazine

one of the fundamental drugs in medicine

Before prescribing, see SK&F product Prescribing Information.

Smith Kline & French Laboratories 

Klein, Mandeville Win Fishing Prizes; Moosey Top Golfer

Wet weather and calm water greeted early-rising fishermen on Friday, June 11, when it was the doctors versus the lawyers in the annual Doctor-Lawyer Field Day. Only 22 turned out on a gray rainy morning to vie for prizes in the fishing derby. Bob Klein made his first salmon-catch in Puget Sound a well-timed one to win the first prize. He landed a 7-pound, 12-ounce salmon, fishing out of Bryan Archer's boat (and using Archer's pole). Veteran sportsman Jack Mandeville weighed in a 6-pound, 4-ounce fish for second prize. The best boatload of fish came in on Fred Schwind's boat. Schwind and Art O'Leary each came in with the limit, with O'Leary's 3-pound, 5-ounce humpie being good enough for third prize in the derby.

Wet weather gave way to clearer skies after the golfing tournament got under way in the afternoon, and 77 doctors and lawyers teed off out at the Fircrest Golf Club. George Moosey turned in the best score of the afternoon, a 77, to take first prize for low gross for the day. Lawyer Tom Gagliardi was a close second with 78. Gagliardi was also first prize winner of the 8-15 handicappers

with his net of 69. Of the low handicappers, Horace Anderson was low man with a net 72. In the handicap-above-15 group, Ray Graves' 74 was the best score. Jerome Combs took home first prize in the Calloway division.

A couple of the barristers didn't handle their cases too well. Carl Conrad whacked a long drive on No. 7, and might have won a prize for it, but when he moved the stake ahead he forgot to put his name on it, so Tom Lowry was named the winner. In the "closest to pin" contest on hole No. 8, Dave Tuell, Jr., looked like a sure winner, except that a friendly doctor who offered to record the measurement forgot to put down Dave's name—another prize lost on a legal technicality. Steak dinners and Tahitian dancers at the Fircrest clubhouse finished up the day's program.

PCMB Elects New Trustees; Nominating Committee Named

Five new members were elected to 2-year terms on the Board of Trustees of the Pierce County Medical Bureau at the annual meeting of the membership of the Bureau on June 2 on the top deck of the Top of The Ocean. The new trustees are Richard F. Barronian, John F. Comfort, John M. Kanda, Robert E. Lane and Charles P. Larson.

At the initial Board meeting, John Comfort was elected Secretary-Treasurer, Robert M. Ferguson was named Vice President, and Stanley W. Tuell, President.

Elected to the nominating committee for the coming year were Samuel E. Adams (chairman), G. Marshall Whitacre, and Robert W. Florence.

NOW UNDER CONSTRUCTION

PROFESSIONAL CENTER

offering modern space for medical
suites in fast growing residential area.

Phone TE 3-1689

AUBURN

PATRONIZE YOUR ADVERTISERS!

President's Page



Medical education has undergone far-reaching changes since the beginning of this century. Our changing sociologic concepts, as well as continued scientific advances in medicine, will result in even greater changes in the future. The Association of American Medical Colleges recently issued a report of a special committee headed by Dr. Lowell T. Coggeshall dealing with the future of medical education. The report stressed the "team approach" to health and also the problems of medical education that must be met within the institutional setting of the university. The report also stressed the expanding role of government in the health field.

It would be incorrect to say that medical educators in universities have lost "contact" with the "grass roots" practicing physicians. They never were in contact from the start. A high percentage of our medical educators have pursued the career of academic medicine in medical schools, hospitals or research laboratories all of their lives. Unfortunately, medical education is not completed solely by the university professor and in the environment of the teaching and research centers. Medical education, for its completion, requires a partnership of university, practicing profession and hospital, each of which acknowledges only partial involvement.

The practice of medicine is part science and part art. The scientific aspects (which are ever changing) are well handled in our universities and teaching hospitals. The art of medicine is cultivated or acquired in the company of the preceptor, at bedside in the general hospital, or in our own office after we have started practice. Every physician realizes early in his career that he must not only have a wealth of current scientific medical knowledge, but that he must become an expert in the difficult art of human relations.

The "team approach" in medical care will increase in significance in many phases of scientific medicine. (We have had a cardiac surgery team in Tacoma for a long time.) However, the great bulk of medical needs in our county will continue to be satisfied by solo practitioners using the art of interviewing, the art of observation and the process of reasoning. As long as we continue to treat human beings and not organs and organic systems the art of medicine will not become obsolete.

FREDERICK J. SCHWIND, M.D.

rx **farrell's** PRESCRIPTIONS, INC.

FAST, ECONOMICAL PRESCRIPTION SERVICE

PLUS FREE DELIVERY

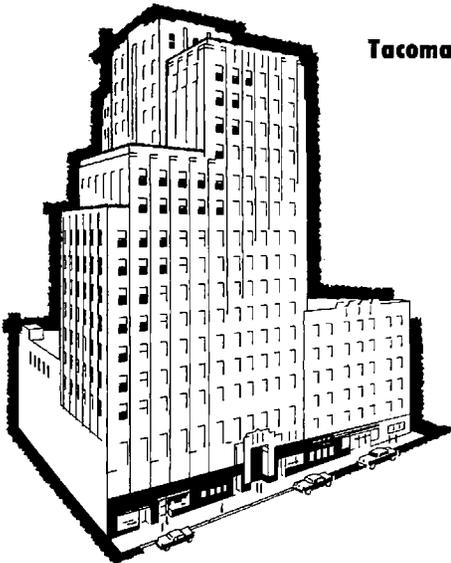
BR 2-8000

**Market Street
Lobby**

Medical Arts Building

FU 3-5595

**St. Helen's Street
Lobby**



Tacoma's ONLY Class "A" Medical Building

The Medical Arts Building located in the heart of Tacoma—where it should be—provides all the needs of the medical profession . . . a modern hospital, fully equipped laboratories, prescription pharmacy, optical store, fine auditorium, new restaurant, medical supply house, Pierce County Medical Society office and library . . . PLUS more than 500 parking spaces within a half block of the building. Your inquiry is invited.

Medical Arts Building

Building Office: 110 Medical Arts Bldg.

Market 7-6441

METROPOLITAN BUILDING CORP., MGRS.

Editorially Speaking



Should you buy scientific information on tape?

Popular with many medical libraries and some doctors is the use of taped scientific articles and interviews, allegedly to "save time" for the busy doctor.

Before you buy, consider—

An average, untrained reader reads about 300 words per minute. Most doctors can do better, perhaps 400 or 500 wpm. A well-trained rapid reader can read 1,000 wpm. The average speaking rate (as on tape) is only about 130 wpm. So absorbing information from a tape takes 2 to 7 times longer than reading the same information. The tape publishers say they have condensed the material to present just the important facts you need. Many printed articles and publications are already doing the same thing. There are all sorts of abstracts and summaries available.

Tape lacks another important advantage of the printed word. It precludes pre-reading. Pre-reading is called "skimming" by the rapid-reading enthusiasts. It's the process of glancing through several pages in a minute or less to see if that particular article has the "meat" you're interested in. It's an essential technique for doctors, to enable us to sift the written material available to us and pick out the items we want. Tapes can't pre-sift material any better than written abstracts or reviews, and they prevent us from doing our own sifting. Imagine buying a publication and feeling obligated to read every word from cover to cover, out loud, whether you wanted each gem or not. "What a waste of time!" you'd say. Yet, time-wise, that's what you do when you subscribe to a tape service.

A possible advantage of the tape system is that you can listen to it as you drive your car to the hospital. This sounds all right, but considering the hazards of modern traffic, I doubt if it's worth it. If you're listening so attentively to your tape that you go through just one red light—POW! Sure, your life insurance was paid up and your car insurance was good, but I'll bet you forgot to insure that smashed-up tape recorder. Oh well, your wife probably didn't want the thing anyway.

—S. W. T.

Enjoy Dinner in the pleasant atmosphere
of a Restaurant typical of San Francisco

Honan's Restaurant

COMPLETE DINNERS FROM \$2.95

Specialties . . .

Broiled Steaks
Australian Lobster Tails
Prime Ribs of Beef

Banquet facilities
Private Rooms for
dinner and meetings
Cocktails

"Tacoma's most popular downtown Restaurant"
across the street from the Medical Arts Bldg.

Honan's

MA 7-7179

Free Customer Parking next door

739½ St. Helens Ave.



Schwarz, Shera and Associates, Inc.

BROKERS INSURANCE SERVICE

LICENSED & BONDED BROKERS



Ned Shera, C.L.U.
Vice President



V. A. "Bud" Schwarz, C.L.U.
President



(Mrs.) Dorothy Connor, C.L.U.
Secretary-Treasurer

Providing

"PROFESSIONAL COUNSEL FOR THE PROFESSIONAL"

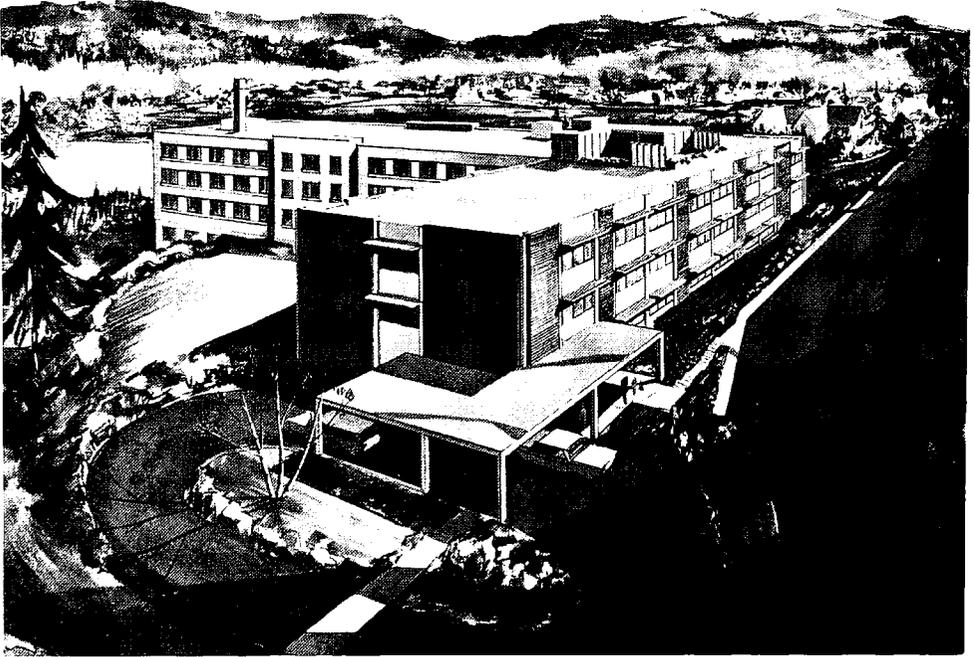
Life & Health Insurance
Annuities
Pension Plans (including H.R. 10)

Professional Partnerships
Estate Creation Planning
Estate Conservation Planning

As Brokers we are **YOUR** agent, **NOT** an Insurer's Agent.

Offices at Suite 306, Security Building
Tacoma, Washington

MA 7-8181



Good Samaritan Hospital Dedication & Open House Well Attended

Over 1200 persons attended the dedication and open house festivities on Sunday, May 23, 1965, for Good Samaritan Hospital's modern, new 3-floor addition. The dedication address was given by Mr. Herman E. Tenzler, president of the Tenzler Foundation of Tacoma. Dr. Thomas Clark, Chief of Staff, was master of ceremonies.

The 18,000 square foot addition provides the hospital with complete landscaping, additional parking, a new entrance and lobby area, administrative and business offices, medical records, chapel-family room and new clinical laboratories.

The upper floors of the \$590,000 addition provide 36 additional beds, bringing the hospital's total bed capacity to approximately 100 beds. Also included on the second floor are additional sur-

gical beds, pediatric beds, and a new post-anesthesia recovery room. The new rehabilitation center occupies the entire third floor.

The center contains a new physical therapy department including a large gym, treatment areas and a complete hydrotherapy unit. Occupational therapy includes several activity areas as well as a workshop and training kitchen. Other facilities are treatment and evaluation rooms for the psychiatrist, speech therapist, clinical psychologist, social worker and nursing coordinator. A roof garden and glass solarium offer a taste of outdoors and a panoramic view for convalescent patients.

Financing of this addition was provided with loans and grants from the Tenzler Foundation, a Hill-Burton Federal grant, the Louise P. Schrieber Estate and 300 individual contributions.

Good Samaritan is now projecting a rehabilitation oriented 72 bed, long-term care unit addition for which it has been allocated \$200,168 in Hill-Harris funds.



Edema



Essential hypertension



Toxemia of pregnancy

In edematous conditions . . . brisk diuresis with the convenience of once-daily dosage



Congestive heart failure



Liver cirrhosis



Excessive weight gain of pregnancy

Anhydron® is useful in edema associated with premenstrual tension, toxemia of pregnancy, and cirrhosis of the liver and in congestive heart failure and mild hypertension. It is also a valuable adjunct to other antihypertensive agents. Anhydron® K (each tablet containing 2 mg. cyclothiazide and 500 mg. potassium chloride) is indicated when potassium supplementation is desirable. Anhydron® KR (each tablet containing 2 mg. cyclothiazide, 500 mg. potassium chloride, and 0.25 mg. reserpine) is indicated for reduction of arterial hypertension when further supplementation with reserpine is desirable.

Contraindications, Precautions, and Side-Effects: Like other thiazides, Anhydron may elevate serum uric acid levels in some patients and produce a decrease in glucose tolerance. It should not be used in severe renal impairment. Injudicious use of Anhydron may result in sodium and potassium depletion. In hypertensive patients, lightheadedness and weakness upon standing, excessive orthostatic hypotension (usually associated with tachycardia), and a rising blood urea

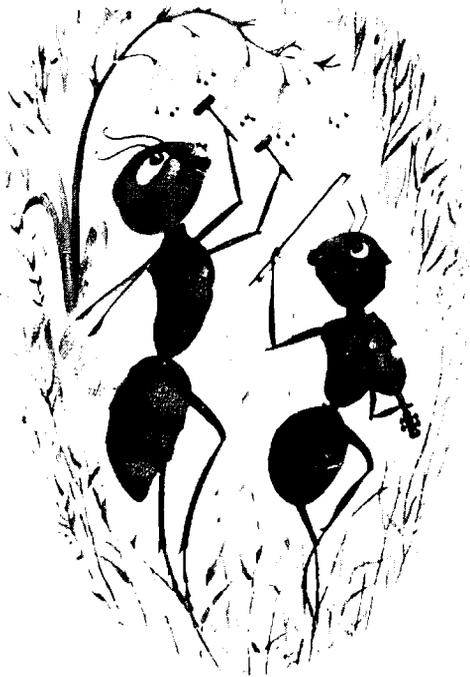
nitrogen or nonprotein nitrogen may indicate overdosage. If side-effects occur, dosage should be reduced or discontinued. Side-effects and contraindications of Anhydron apply to Anhydron K and Anhydron KR. There have been reports of small-bowel lesions associated with administration of enteric-coated potassium in combination with thiazide diuretics. The incidence of these lesions is low, and a causal relationship has not been definitely established. Nevertheless, such products should be administered only when indicated and should be discontinued immediately if abdominal pain, distention, nausea, vomiting, or gastro-intestinal bleeding occurs. Side-effects of reserpine include mental depression, nasal stuffiness, lassitude, laxative effect, sense of fullness in the abdomen, nightmares, and reduction in libido and potency. Reserpine should be used cautiously in patients with a history of mental depression, peptic ulcer, or ulcerative colitis.

ANHYDRON®
CYCLOTHIAZIDE



500585

Additional information available to physicians upon request. Eli Lilly and Company, Indianapolis, Indiana.



Striking the right

NOTE

'Actidil', one of the most potent of antihistamines, strikes the right note in the treatment of allergies.

As in the case of other antihistaminic agents, excessive dosage may produce drowsiness. Patients should be advised to postpone potentially hazardous activities requiring mental alertness until the optimum dosage level has been determined.

'ACTIDIL'[®]
brand
**TRIPROLIDINE
 HYDROCHLORIDE**
TABLETS & SYRUP

in allergies

Complete information available from your local 'B.W.&Co.' Representative or from Professional Service Dept. PML.



BURROUGHS WELLCOME & CO. (U.S.A.) INC., Tuckahoe, N.Y.

Tacoma-Pierce County Blood Bank, Inc.

Due to increasing costs the Board of Trustees of the Tacoma-Pierce County Blood Bank has authorized an increase in the service charge for whole blood to \$10.00 per unit, effective July 1, 1965. This will replace the present charge of \$8.50. Other fees will remain as previously published.

The following is a list of products and services currently available at the blood bank:

1. WHOLE BLOOD per unit.....\$40.00
Replacement fee 30.00
Cancelled by—
 - (a) donation within 30 days of transfusion;
 - (b) donation credit from pool account or blood credit given within prior year;

(c) credit transfer from another blood bank through American Association of Blood Banks Clearing House.

2. SERVICE CHARGE\$10.00
Temporary optional plan may be cancelled by donation at blood bank within 30 days of transfusion.
3. FRESH FROZEN PLASMA, 125ml—\$10.00; 250ml—\$15.00.
cancelled by one blood donor replacement.
4. LIQUID PLASMA (Plasmanate) 250ml—\$10.00.
5. FIBRINOGEN, 1 gram—\$17.85
(price subject to change by supplier).
6. PEDIATRIC UNITS (whole blood)
Up to and including 100ml—\$10.00
cancelled by one replacement credit
Over 100ml—\$40.00
replaced as for regular blood units
7. SPECIAL ANTIBODY STUDIES—
No charge (available only through hospital laboratories)

On behalf of the blood bank may I express our deep appreciation for your continued interest in this community project. Much of the success of blood procurement has been due to your support and understanding.

M. J. Wicks, M.D.
Director.

HAVE YOU PAID YOUR AMPAC DUES?

Tacoma Brace & Limb Co.

Lenart C. Ceder, owner

☆

Expertly fitted—

**Artificial Limbs
Orthopedic Appliances
Surgical Belts
Arch Supports
Trusses**

☆

**FUlton 3-4439
723 South K Street**

DAMMEIER Printing Co.

**811 Pacific Ave. Tacoma
BRoadway 2-8303**

For Years to Come

**A PRECISE REAL ESTATE SERVICE
FOR
ENDURING INVESTMENT QUALITY**

CONFIDENTIAL COUNSELING
BY APPOINTMENT



JOHN T. STEWARD, INC.

Realtors

JU 4-1112

9842 Gravelly Lake Dr. S.W.

John T. Steward

L. O. Larsen



**Your patient
doesn't have
to be in
the Masters
to get sprains
and strains**

**'Soma' Compound helps
relieve pain and relax muscle
in many musculoskeletal
disorders. Patient comfort
can be increased and
recovery time shortened.**

Soma[®] Compound

carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg.

**rational combination therapy for most patients with strains and sprains:
relaxes muscle, relieves pain**

Also available as 'Soma' Compound with Codeine: carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., codeine phosphate 16 mg. (Warning: may be habit-forming.)

(Warning: Codeine may be habit-forming.) Indications: 'Soma' Compound and 'Soma' Compound with Codeine are useful for relief of pain and stiffness in traumatic, rheumatic and other conditions affecting muscles and joints. Contraindications: Allergic or idiosyncratic reactions to carisoprodol, phenacetin, or codeine phosphate. Precautions: *Phenacetin*—With long-term use, give cautiously to patients with anemia and cardiac, pulmonary, renal or hepatic disease. May damage the kidneys when used in large amounts or for long periods. *Caffeine*—Not recommended for persons extremely sensitive to its CNS stimulating action. *Codeine phosphate*—Use with caution in addiction-prone individuals. *Carisoprodol*—Carisoprodol, like other central nervous system depressants, should be used with caution in patients with known propensity for taking excessive quantities of drugs and in patients with known sensitivity to compounds of similar chemical structure, e.g. meprobamate. Side effects: Drowsiness, lightheadedness, dizziness, and gastric complaints have been reported infrequently for either or both of these preparations. *Phenacetin*—Side effects are extremely rare with short-term use of recommended doses. Prolonged ingestion of overdoses may produce dyspnea, cyanosis, hemolytic anemia, skin rash, anorexia, subnormal temperature, insomnia, headache, mental disturbances, and tolerance. *Caffeine*—Side effects are almost always the result of overdosage. Average doses may rarely cause nausea, nervousness, insomnia, and diuresis. Excessive dosage may produce, in addition, restlessness, nervousness, tolerance, tinnitus, tremors, scintillating scotomata, tachycardia, and cardiac arrhythmias. *Codeine phosphate*—Possible side effects are nausea, vomiting, constipation, and miosis. *Carisoprodol*—The only side effect reported with any frequency is sleepiness, usually on higher than recommended doses. An occasional patient may not tolerate carisoprodol because of an individual reaction, such as a sensation of weakness. Other rarely observed reactions have included dizziness, ataxia, tremor, agitation, irritability, headache, increase in eosinophil count, flushing of face, and gastrointestinal symptoms. One instance each of pancytopenia and leukopenia, occurring when carisoprodol was administered with other drugs, has been reported, as has an instance of fixed drug eruption with carisoprodol and subsequent cross-reaction to meprobamate. Rare allergic reactions, usually mild, have included one case each of anaphylactoid reaction with mild shock and angioneurotic edema with respiratory difficulty, both reversed with appropriate therapy. In cases of allergic or hypersensitivity reaction, carisoprodol should be discontinued and appropriate therapy initiated. Suicidal attempts may produce coma and/or mild shock and respiratory depression. Dosage: Usual adult dosage of 'Soma' Compound or 'Soma' Compound with Codeine is one or two tablets three times daily and at bedtime. Supplied: 'Soma' Compound, orange tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., and caffeine 32 mg. 'Soma' Compound with Codeine, white capsule-shaped tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., and codeine phosphate 16 mg. Narcotic order form required. Before prescribing, consult package circular.



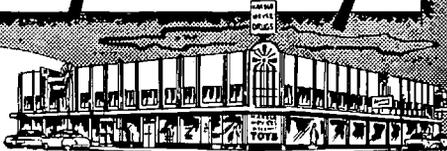
WALLACE LABORATORIES
Cranbury, N. J.

2 LOCATIONS

Harold Meyer Drugs



**48th & So.
Tacoma Way**



11th & K

**OPEN
'TIL
MIDNITE**




MOUNTAIN VIEW FUNERAL HOME

Takes Care of Everything

UNDERTAKING -- CEMETERY -- CHAPEL -- MAUSOLEUM

4100 Steilacoom Boulevard

JUniper 4-0252

HOSPITALS

Saint Joseph's

St. Joseph Hospital School of X-Ray Technology has recently graduated a class of five technicians. All of them who took the registry examination passed it, and will be leaving the hospital soon to take other jobs offered to them.

Mely Pancho will be working at King County Hospital in Seattle. She is a native of the Philippines, and attended the University of the East in Manila.

Trudi McDonald, Gig Harbor, is planning to work for Drs. Rigos, Flynn, Maki and Rohner, in one of their private offices, here in Tacoma.

Karen Kuhn, Pomeroy, Washington, will work at the University of Washington Hospital in Seattle.

Carol Hauser, Tacoma and Naomi Hendricks, Fife, are undecided.

The Medical Record Technician School of St. Joseph Hospital graduated six students this year. They will be taking their State Board Examination in September.

Barbara Conley, of Montesano, Washington, will be working at Multnomah County Hospital which is combined with

the University of Oregon Medical School in Portland, Oregon.

Lynne Lyon of Newburg, Oregon, will be working in Eugene, Oregon, in the Sacred Heart Hospital.

Inga Isakson of Milton, Washington, is working at the University Hospital in Seattle.

Paula Gierkeof Tacoma, is working part time at St. Joseph Hospital in Tacoma and attending the Tacoma Vocational School.

Marda Taylor of Redding, California, and Gayle Grant of Vancouver, Washington, are undecided.

Sister Mary Emmanuel, Medical Record Librarian of St. Joseph Hospital in Tacoma is now attending summer school at the Seattle University to receive her degree. We wish her the best of luck.

Quote of Note . . .

QUOTE OF NOTE: "A Democracy cannot exist as a permanent form of Government. It can only exist until the voters discover they can vote themselves largess out of the public treasury. From that moment on the majority always votes for the candidate promising the benefits from the public treasury with the result that Democracy always collapses over a loose fiscal policy, always to be followed by a Dictatorship and a Monarchy."

Written by Professor Alexander Fraser Tyler nearly two centuries ago. At the time he was writing of the decline and fall of the Athenian Republic over 2,000 years before. —The Enterprise Courier, Charleston, Mo.

BEALL'S

The Prescription Store

124 Meridian South

PUYALLUP

Phone Puyallup 5-8444

Time Tested Dependability

Established 1889

R. E. Anderson & Co. Inc.INSURANCE - MORTGAGE LOANS - REAL ESTATE
PROPERTY MANAGERS

752 Broadway

BRoadway 2-8475

FOR PROFESSIONAL ANALYSIS OF
YOUR INSURANCE PROGRAM

Ask for

Donald M. Moore

Donald J. Hill

Robert D. Sizer

Herbert F. Syford

Stewart L. Simpson

Edward J. Pole

STOWELL'S . . . PrescriptionsOur completely new and larger store
will give you and your patients
more efficient and reasonable service.

' ' '

FREE DELIVERY

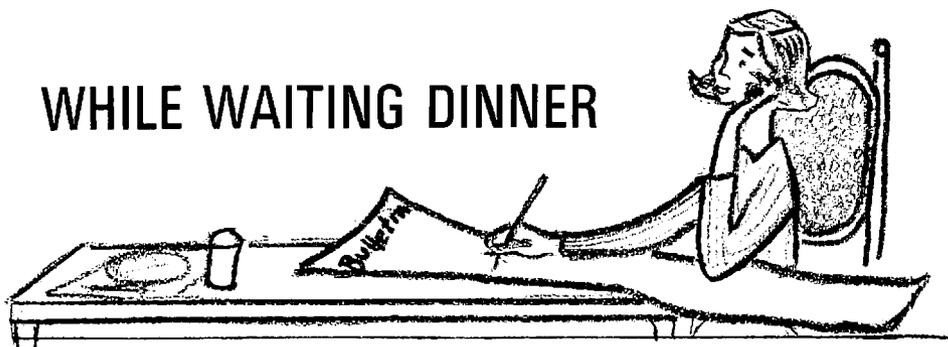
' ' '

BRoadway 2-2201

744 Market Street

Doctors Hospital Building

WHILE WAITING DINNER



WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

AUXILIARY OFFICERS—1965-1966

President	Mrs. Merrill J. Wicks
President-Elect	Mrs. George C. Gilman
1st Vice-President and Program	Mrs. Robert A. Kallsen
2nd Vice-President and Social	Mrs. Arthur Wickstrom
3rd Vice-President and Valley Rep.	Mrs. Charles Vaught
4th Vice-President and Membership	Mrs. Roy H. Virak
Recording Secretary	Mrs. Leonard G. Morley
Corresponding Secretary	Mrs. Ronald T. Spangler
Treasurer	Mrs. Thomas H. Skrinar
Dues Secretary	Mrs. Glenn H. Brokaw
AMAERF	Mrs. Francis W. Hennings
Civil Defense and Safety	Mrs. John S. May
Historian and By-Laws	Mrs. Herman S. Judd
Legislative	Mrs. Sherman S. Pinto
Paramedical	Mrs. Frederick J. Schwind
Publicity	Mrs. Marcel Malden
Bulletin	Mrs. Robert R. Burt
Speakers Bureau	Mrs. John Colon
Telephone	Mrs. Richard F. Barronian
Minute Women	Mrs. Vernon O. Larson
	Mrs. George A. Tanbara
	Mrs. Harold D. Lueken
	Mrs. Jack W. Mandeville
Coordinator of Community Services	Mrs. Robert W. Osborne
Heart	Mrs. Robert C. Johnson
Cancer	Mrs. Jack J. Erickson
Finance	Mrs. Haskel L. Maier
Dance	Mrs. David F. Dye
	Mrs. Gordon Dean
Fashion Show	Mrs. Homer T. Clay
	Mrs. Dale D. Doherty
Mental Health	Mrs. James E. Hazelrigg
Today's Health	Mrs. Robert M. Ferguson
Cook Book	Mrs. Stanley W. Tuell
International Health	Mrs. Charles McGill

A friend called the other day with this information:

“National Procrastination Week has been postponed .Date will be announced later.”

If you skipped the May Auxiliary meeting, you missed a lovely luncheon at the Holiday Inn plus a chance to win one of the three beautiful centerpieces just by looking for a mark under your cup. Thirty-eight Auxiliary members braved the sunshine to attend, matching the May blossoms in costumes of luscious pastels and flowery chapeaus.

It was a most successful year. Outgoing President, Ellen Pinto, observed that it was a “short time between cor-sages” and she was really “shook up” as she sat down to write her final report for the year. It was the morning of the big earthquake!

Pierce County Medical Auxiliary this year contributed the following:

AMAERF	\$1,077.00
Remann Hall Clinic.....	100.00
Children's Home Society	500.00
Nurses' Scholarships	1,200.00
Mental Health Clinic	500.00

Thank you, Ellen, for your fine leadership this past year.

In a short speech, our new President, Marge Wicks, said that she felt some-

(Continued on Page 23)

LOOK WHY NOT GIVE YOUR PATIENTS
 THE BEST IN TRANSPORTATION
 COSTS NO MORE . . . REASONABLE RATES



**M
A
7
-
1
1
2
1**

**M
A
7
-
1
1
2
1**

Resuscitator Service
 Oxygen Equipped Electric Cot Warmers
 Licensed Attendants

Tacoma Yellow Cab Co.

1324 MARKET STREET

LUDWIG'S PRESCRIPTIONS

3 LOCATIONS TO SERVE YOU

LAKEWOOD CENTER

DAVID LUDWIG, Manager

9514 Gravelly Lake Drive S.W.

JU 8-2191

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

THUNDERBIRD CENTER

WM. H. LUDWIG, JR.

8105 Steilacoom Boulevard S.W.

JU 8-1889

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

SOUTH TACOMA STORE

FRED LUDWIG, Manager

5401 South Tacoma Way

GR 4-9419

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 9:30 A.M. TO 9 P.M.

365 DAYS A YEAR

FREE PRESCRIPTION DELIVERY

(Continued from Page 21)

what like the man who plunged into the water to rescue another from drowning. When he had pulled the other fellow safely ashore, someone patted him on the back and commented on what a fine brave thing he had done. He responded, "All I want to know is—who pushed me!"

Marge, with her usual savoir-faire, exemplified the keynote of the new year, "Friendliness." "Our County Auxiliary is not so large or so far spread—we should know everyone and we will endeavor to do so in the coming year."

With Marge holding the members and Mavis Kallsen wielding the hypodermic needle full of program surprises, we predict that Auxiliary will get a "shot in the arm" to break all attendance records and prove that it is not effete!

Plaudits

Ellen Pinto has been re-elected to the Board of the League of Women Voters of Washington State. Keep up the good work, Ellen!

Phyllis Erickson, Chairman of the Franklin Pierce District School Board, recently return from a National School Board Director's Association meeting in Boston. On the way she stopped off in Washington, D.C., to visit friends, Rep. Floyd Hicks and his family. Phyllis reports that Rep. Hicks has been greatly impressed with the letters he has received from Pierce County Medical Society and Auxiliary members.

Neal Grenley, son of Dr. and Mrs. Philip Grenley graduated with honors at the top of his class and gave the outgoing address at his graduation from Charles Wright Academy. In addition to his studies, Neal was a feature writer for the Suburban Time's Youth Forum page during the past year. Neal plans to enter Princeton next fall.

We want to know about YOU. Your achievements, participation in Community Services, honors that you or a member of your family have received and Medical conventions you are attending. Please call JU 4-1813.

Condolences

Our sincere sympathy goes to Mrs. Ralph C. Schaeffer in the loss of her husband, Dr. Ralph C. Schaeffer, a long-time Tacoma physician and surgeon who retired from active practice in 1953. Hazel was the first President of the Pierce County Medical Auxiliary.

Community Services Needed

Two worthy causes have been called to our attention. First, the Y.M.-Y.W.C.A. need donations in order to raise \$1400.00 to send three young people from Tacoma to the National Y-Teen Conference on "Youth's Role in National Affairs" to be held in Washington, D.C., this summer. Contact the Y.W.C.A. if you wish to help.

Second, here's a real opportunity for those just waiting for and wanting something "extra" to do for the community's oldsters. Public low-income housing for those over 62 years of age will be completed in March, 1966. The Salvation Army needs help in planning sparetime needs of the tenants. They need a piano, stereo, records and craft supplies as well as someone to help with coffee hours, crafts, library, visiting, transportation, etc. If you are interested, call Major W. L. Longden at the Salvation Army.

Away From The Phone

Sherry and Murray Johnson are in Winnipeg to attend an International Mammologist's Convention.

Jean Judd and Delores Havlina were in New York June 20 through the 24th

representing Washington State as delegates to the 42nd Annual Convention of the Women's Auxiliary to the A.M.A.

If you are still wondering where to go for a summer vacation, why not peregrinate Washington State first? There is something to suit everyone's taste from the mountains to the ocean and family camping to the most luxurious lodge accommodations. Dona Gilman has prepared an extensive report on where to go and what to do in this beautiful state of ours and will be most happy to help you decide where to spend your vacation. Call Dona, SK 9-6885.

Quips From The M.D. Family

Did you hear about the doctor's daughter, 3 years old who was asked where her Daddy was? She replied brightly, "Oh, he's out fixing people!"

Happy Summer!
LORNA. BURT

Quote of Note . . .

"The most ominous sign of our times, it seems to me, is the growth of an intolerant spirit. It is more dangerous when armed, as it usually is, with sincere conviction.

"It is necessary that we be put on guard against varieties of a false Americanism which professes to maintain American institutions while dethroning American ideals. The interests of liberty are peculiarly those of individuals, and hence of minorities, and freedom is in danger of being slain at her own altars if the passion for uniformity and control of opinions gathers head."

—CHARLES EVANS HUGHES

HAVE YOU PAID YOUR AMPAC DUES?

RANKOS

PHARMACY

101 North Tacoma Avenue

Prescription

Druggists

★

We Carry a Complete Line of
Biologicals and Pharmaceuticals

★

"When Moments Count"

FULTON 3-2411

PROMPT . . . FREE DELIVERY

Letter to The Editor

May 10, 1965

Editor,
Bulletin of the Pierce County
Medical Society
Medical Arts Building
Tacoma, Washington.

Dear Sir:

Senator Henry M. Jackson recently delivered a speech, "Federal Legislation, Private Hospitals, Medical Practice," to the medical staff of Seattle's Swedish Hospital. There was the usual tributes and compliments, and an impassioned plea at the end for support for the Administration's policy in Viet Nam and the Dominican Republic. The rest of the speech was simply a factual recitation of recent Federal grants and awards to the Swedish Hospital, the Pacific Northwest Foundation, the Artificial Kidney Center, the University of Washington Medical School, and other local medical institutions. (If any other point was made in the speech, I missed it.)

Recently a substantial Federal grant for a sewer project was made to a small city adjoining Tacoma which could hardly be described as a "poverty" area.

Our new Republican governor has asked that Washington be declared a "disaster" area because of earthquake damage estimated at ten million dollars to public and five million to private property.

Socialism and the welfare state aren't being forced upon us by the politicians. We are lying down and begging for them.

Very truly yours,

MICHAEL IRVIN, M.D.

Heart Association Now Accepting Research Applications

The American Heart Association is now accepting applications from researchers for support of studies to be conducted during the fiscal year beginning July 1, 1966.

Ten Washington researchers now hold American Heart grants.

Deadline for submitting applications for established investigatorships and advanced research fellowships is September 15, 1965. Applications for grants-in-aid should be submitted by November 1, 1965.

Established investigatorships carry a stipend of \$11,000 with increments of \$1,000 annually and are awarded for a period of five years. An additional \$1,000 goes to the investigator's institution. Advanced research fellowships are awarded for one or two year periods to postdoctoral applicants with one year of research training. Base stipends begin at \$6,500 plus dependence allowances and yearly increments. An additional \$500 grant is made to the investigator's department. The American Heart Association no longer awards research fellowships. Applications for support in this category should be directed to the Washington Information and application forms may be obtained from the American Heart Association, 44 East 23rd St., New York City.

HAVE YOU PAID YOUR AMPAC DUES?

PATRONIZE YOUR ADVERTISERS

Heart Assn.'s Annual Scientific Sessions Set for October 15-17

The American Heart Association's Annual Scientific Sessions are scheduled at the Hotel Americana, Bal Harbour, Florida, October 15 to 17, 1965. Included are Clinical Sessions, presentation of research papers, an all-day session on Stroke and cardiovascular conferences on a broad range of subjects for small groups. Registration forms may be obtained from Pierce County Heart Association.

Registered nurses and members of allied health professions are invited to a national clinical conference on Nursing Care of the Cardiac Patient October 13 and 14 in Miami Beach co-sponsored by the American Heart Association and American Nurses Association.

Dr. Edward Orgain of Duke University has been named to succeed Dr. E. Cowles Andrus of Baltimore as editor

of "Modern Concepts of Cardiovascular Disease," monthly Heart Association Scientific Bulletin. "Modern Concepts" is available to all physicians free with a \$2.00 membership in the Heart Association.

The American Heart Association's Statement on Rheumatic Fever Prevention has been revised, expanded and updated. The revisions were prepared by the Council on Rheumatic Fever and Congenital Heart Disease. Copies of the Statement may be obtained without charge from the Pierce County Heart Association.

A table-top self testing unit on Chest Pain Diagnosis has been developed by the American Heart Association. The unit has been designed for use at medical meetings, as a teaching exercise for medical students and house officers and as a basis for discussion at hospital staff meetings. Inquiries about use of the unit may be directed to the Pierce County Heart Association.

NEW OCEAN FRONT DEVELOPMENT

. . . offers unusual investor opportunity for capital gains without management headaches. \$10,000 minimum.

GREENACRES, INC.

NATIONAL RESOURCE EVALUATION AND DEVELOPMENT

SEATTLE, 400 BOREN AVE., MU 2-6292

TACOMA, JERRY SMITH, LO 4-1386 EVES.

Medical Economics Offers Literary Prize

A 10-day expenses-paid Caribbean vacation for two awaits the doctor who wins the top 1965 MEDICAL ECONOMICS Award for "the best original article by a physician." Two runners-up will receive cash awards of \$500 each.

Originated in 1956, the magazine's annual Awards competition encourages physicians to share professional and personal experiences with their colleagues. This is the first year that a top Award other than cash has been offered to supplement regular payment for accepted manuscripts.

The winner can take the winter holiday at any time between next December 1 and March 31, 1966. It includes round-trip air transportation for two to Jamaica, B.W.I., a stay at the luxurious Half Moon Hotel, and such no-cost "extras" as a guided tour of Montego Bay and a flight to Port Antonio followed by a day's rafting down the Rio Grande.

August 31 is the deadline for submissions. Manuscripts, or requests for more information, should be mailed to: Awards Editor, MEDICAL ECONOMICS, Oradell, N.J. 07649.

Quote of Note . . .

The last end of the state is not to dominate men, nor to restrain them by fear; rather it is so to free each man from fear that he may live and act with full security and without injury to himself or his neighbor. The end of the state, I repeat, is not to make rational beings into brute beasts and machines. It is to enable their bodies and their minds to function safely. It is to lead men to live by, and to exercise, a free reason; that they may not waste their strength in hatred, anger and guile, nor act unfairly toward one another. Thus the end of the state is really liberty."

Excerpt from Treatise on Politics by Spinoza (1632-1677).

DAMMEIER Printing Co.

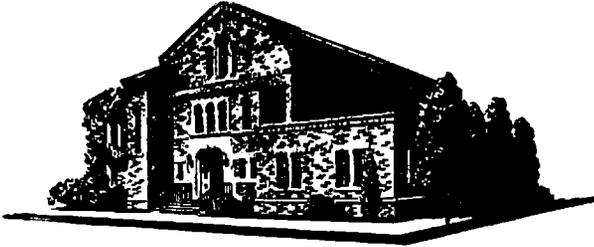
Printers and Offset Lithographers

BRoadway 2-8303

811 Pacific Ave.

Tacoma

Spacious, beautiful memorial chapel
Choice of cemetery, mausoleum,
cremation or columbarium



Choice of type or
manner of service

Budget Terms
Available

BUCKLEY-KING

CONVENIENTLY LOCATED • TACOMA AVE. AT SO. FIRST
LARGE PARKING AREA

SHAW SUPPLY HAS THESE SERVICES TO OFFER YOU AND YOUR PATIENTS

- Your choice of the finest lines manufactured.
- Experienced fitting for both men and women
 . . . Surgical Supports . . . Belts . . . Hosiery . . .
- Large selection of nurses' uniforms and doctor gowns.
- Complete rental service for sick room supplies
 . . . Pick up and Delivery Service . . .
- Factory trained repair service in our own shops.

Serving The Pierce County Medical Profession Since 1904



710 fawcett ave.
tacoma 2, wash.
broadway 2-1125

PHYSICIANS' AND HOSPITAL SUPPLIES

County Societies . . .

IN THE NEWS

Broome County, New York, physicians recently participated in a Workshop for rescue squads. The Workshop, conducted by the Empire State First Aid and Rescue Association, was held on a weekend and physicians lectured on "Mouth to Mouth Resuscitation in Adults", "Care of Burns and Household Poisons", and "Proper and Improper First Aid as Seen By A Physician". Last year, the Medical Society was cited by the State Association for its work in improving cooperation between physicians and rescue squads throughout New York.

Delaware County Medical Society, Pennsylvania, recently endorsed a program for cancer detection in women. The State Cancer Control Division will conduct a Pelvic Cancer Detection Center for the purpose of detecting pelvic cancer in apparently healthy women. There will be no charge for this examination. The Center will not undertake to treat the patients with cancer. Women with positive findings will have a letter sent to their physician.

Excess funds from the K O Polio Fund, in the amount of \$35,000, have been given to the San Mateo Foundation by the *San Mateo County Medical Society, California*. The community fund, patterned after other Commu-

ity Trusts, is an association for the administration of charitable trust funds, consisting of eight banks acting as trustees, and a Central Distribution Committee. Gifts to the Foundation, from those in the San Mateo area mainly, will be distributed to worthy causes in the area, and are primarily for the benefit of the local residents. The Medical Society contribution so far has formed the mainstay of the Foundation but already \$4500 in memorials has been received.

Mahoning County, Ohio launched a cancer pap smear campaign last month that will continue through the rest of the year. The purpose of the campaign is to have every woman in the county visit her physician to arrange to have a Papanicolaou cytology smear test made once a year. This is the first all-out campaign by the medical society against a specific disease since its highly successful oral polio vaccine drive in 1961-62. The Mahoning County Unit of the American Cancer Society is cooperating with the medical society by distributing 90,000 pap smear cards.

How can a county medical society of barely 150 members grant scholarship loans to 3 dozen young doctors-to-be? The *Greene County Medical Society, Springfield, Missouri*, is doing precisely that — through the talents of its "Singing Doctors." The group's three record albums of "Medical Hit Parade" satire have now grossed over \$75,000, with all

proceeds going to the Society's scholarship foundation. This summer, additional medical students will be selected to receive aid, and the Society's long-range goal is to educate hundreds of deserving young men and women. All students helped to date are Americans, with the exception of one Iranian youth.

The albums — available exclusively by mail from the Society's headquarters in the Professional Building, Springfield, at \$3.25 each, postpaid—are the brain child of a 41 year old surgeon, James T. Brown, M.D., who composed the 60 parodies contained in the three volumes and organized five of his fellow physicians into the now widely known group. Among their "hit parade" selections are "Black and Blue Cross", "Hemorrhoids", "I'll Try to Say No" (the 'house-calls' song), "AFL-CIO-AMA", "The Menopause", "Medical School Memories", "Halitosis Beats No Breath at All", and songs dealing with each of the specialties.

The Singing Doctors have staged their one-hour musical show in person before 40 state and national medical meetings, according to Society President William H. Sneed, M.D., and they appeared last January on television's popular "I've Got A Secret" program.

**DAMMEIER
Printing Co.**

B Roadway 2-8303

811 Pacific Ave.

Tacoma

Office secretary, on telephone: "He's gone out to lunch now, but he won't be gone long—nobody took him."

Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402

BULK RATE

U. S. POSTAGE

PAID

TACOMA, WASH.

PERMIT No. 300

MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Bldg.

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Monday of each month—8:00 p.m. at 424 South K Street

TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August
—8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month at Top of the Ocean

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—
6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.

The

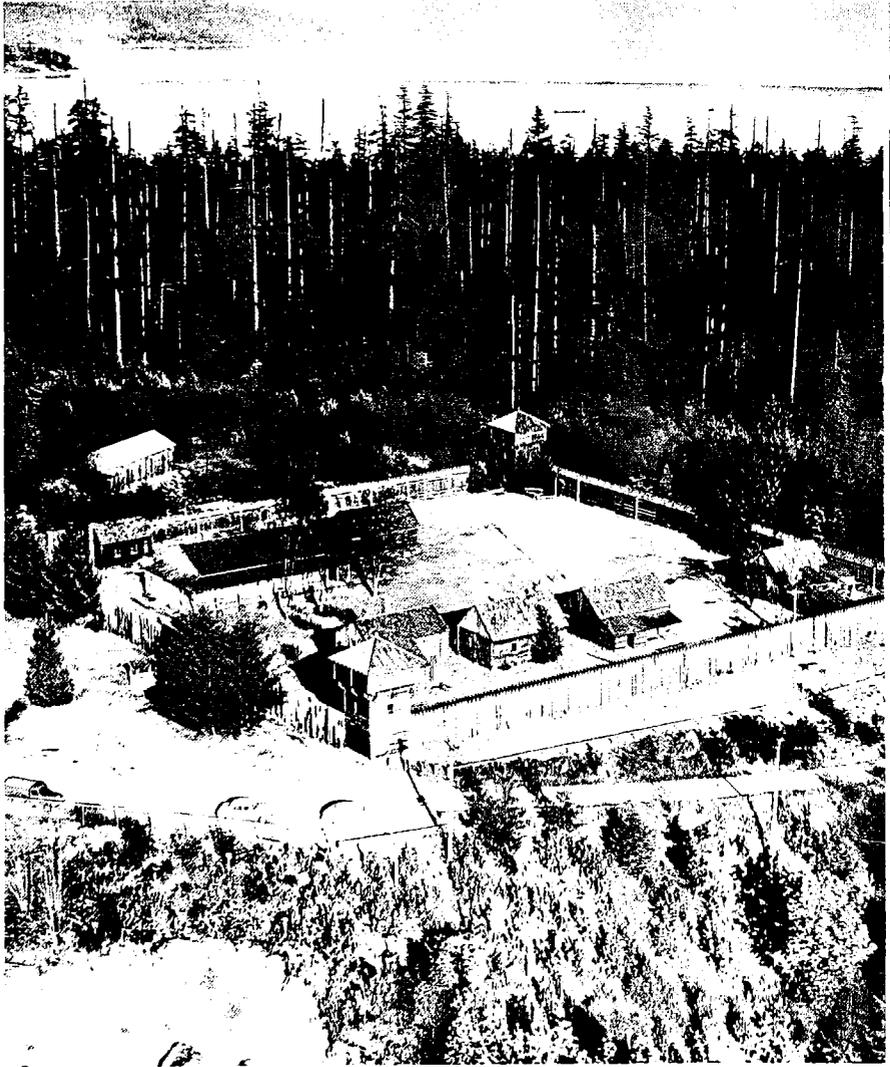
PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

VOL. XXXVI—No. 8

TACOMA, WASH.

AUGUST - 1965



PIERCE COUNTY MEDICAL SOCIETY

**NO MEETING
JUNE - JULY - AUGUST**

Pierce County Medical Society

1965

OFFICERS

President Frederick J. Schwind
 President-Elect Glenn G. McBride
 Vice-President Lester S. Baskin
 Secretary-Treasurer Arnold J. Herrmann
 Executive Secretary Judy Gordon

TRUSTEES

Richard F. Barronian
 Lester S. Baskin
 Myron A. Bass
 J. W. Bowen, Jr.
 Robert R. Burt
 Arnold J. Herrmann
 Robert C. Johnson
 James D. Lambing
 Glenn G. McBride
 Clinton A. Piper
 Frank J. Rigos
 Frederick J. Schwind

DELEGATES

Douglas P. Buttorff
 Robert M. Ferguson
 Robert W. Florence
 Glenn G. McBride
 Frederick J. Schwind
 Stanley W. Tuell
 Wayne W. Zimmerman

ALTERNATE DELEGATES

Richard F. Barronian
 Charles J. Galbraith
 Philip Grenley
 Kenneth E. Gross
 Herman S. Judd
 Robert W. Osborne
 Charles C. Reberger

COMMITTEES

Ethics
 Murray L. Johnson, Chairman
 Samuel E. Adams
Grievance
 Frank J. Rigos, Chairman
 G. M. Whitacre
Program
 Robert C. Johnson, Chairman
 Clinton A. Piper
Public Relations
 James D. Lambing, Chairman
 John F. Comfort
 Kenneth E. Gross
 Robert M. Ferguson
 G. Marshall Whitacre
Library
 Don C. Willard, Chairman
 Robert M. Freeman
Public Health
 Lawrence N. Brigham, Chairman
 Cecil R. Fargher
 Orvis A. Harrelson
House and Attendance
 John R. Alger, Chairman
 Robert Klein
 William W. Mattson, Jr.
Civil Disaster
 Edward R. Anderson, Chairman
 Leo Annett
 Robert R. Burt
 Kenneth D. Graham
 T. R. Halcy
 David T. Hellyer
 Charles E. Kemp
 Richard B. Link
 Robert D. McGreal
 Leo F. Sulkosky
 Arthur P. Wickstrom
Diabetes
 Robert A. O'Connell, Chairman
 Robert A. Kallsen
Entertainment
 Roy H. Virak
 William L. Rohner
 Walter L. Sobba
Geriatrics
 S. Robert Lantiere, Chairman
 Herbert C. Kennedy
 Harold F. Kahler
Legislative
 J. Hugh Kalkus, Chairman
 Homer W. Humiston
 B. D. Harrington
 John M. Shaw
Wayne W. Zimmerman
Medical Education
 Edmund A. Kanar, Chairman
 Glenn G. McBride
 Bernard R. Rowen
 James Mason (Ex-officio)
Operation Hometown
 Douglas P. Buttorff, Chairman
Schools
 George C. Gilman, Chairman
 Cecil R. Fargher
 Orvis A. Harrelson
 Dudley W. Houtz
 Everett P. Nelson
Mental Health
 Hugo Van Dooren, Chairman
 James M. Blankenship
 Jerman W. Rose
Poison Control
 Claris Allison, Chairman

Bulletin Staff

Editor Stanley W. Tuell
 Business Manager Judy Gordon
 Auxiliary News Editor Mrs. Robert R. Burt



August Birthdays

- 2 John F. Steele
- 5 Glenn G. McBride
Anthony J. O'Keefe
- 6 George T. Mohler
David L. Sparling
- 8 Robert H. Bias
- 10 Max Brachvogel
- 13 Richard T. Vimont
- 15 Charles P. Larson
Hugo Van Dooren
- 16 Jerman W. Rose
- 18 Walter C. Cameron
Horace C. Thuline
- 19 William S. Sullivan
- 20 Ernest E. Banfield
- 21 Karl S. Staatz
Elmer W. Wahlberg
- 22 Harold F. Kahler
Leonard G. Morley
- 23 Gerhart A. Drucker
Frederick M. Peters
- 26 Glenn H. Brokaw
Stillman Hathaway
- 27 Sacide S. Morain
- 28 Joseph B. Jarvis
Edwin C. Yoder
- 29 Cletus I. Stevens
- 31 Samuel E. Light
Harlan P. McNutt

Some banks ask you to call them vice presidents, senior executive officers or branch managers.

Just call ours:



ARVIE
Main Branch
1119 Pacific Ave.



RALPH
84th & Pacific Branch
84th & Pacific Ave.



WALT
Fife Branch
5209 Highway 99, E.



BOB
Fircrest Branch
1211 Regents Rd.



JOE
K Street Branch
1120 South 11th St.



CLARENCE
Lakewood Branch
6202 Mt. Tahoma
Dr. S. W.



HERB
Lincoln Branch
3705 South G St.



CHUCK
Midway Branch
23250 Pacific Hwy S.



MEL
Parkland Branch
12212 Pacific Ave.



LAZ
South Tacoma Way Br
3727 So. Tacoma Wy



RAY
Tacoma Ave. Branch
933 Tacoma Ave. S.



MAX
Thunderbird Branch
8023 Steilacoom
Blvd. S. W.



JESSE
26th & Proctor Br
2512 North Proctor



WALT
West End Branch
6th Ave. & Rochester



DICK
Port of Tacoma Br
Port of Tacoma Road
& Ross Way

Isn't it nice to do business on a first-name basis?



PUGET SOUND NATIONAL BANK

Tacoma's Friendly Bank...with 16 offices to serve you

YEARS OF SERVICE

Prescription Optical Company

"Fashion In Eyewear"

205 Medical Arts Building
Tacoma, Washington
Market 7-4151

Branches in . . . Lakewood - Everett - Bremerton - Fort Lewis



Member
THE ORDER OF
THE GOLDEN RULE



LYNN FUNERAL HOME
PHONE MA 7-7745

PROVIDING FINE FUNERAL SERVICE SINCE 1905
717-719 TACOMA AVENUE TACOMA • 2 • WASHINGTON

HAVE FUN ON YOUR VACATION

Since 1888 . . . three quarters of a century of dignity and service at sensible prices.

- Convenient location
- Two beautiful chapels
- Plenty of parking

**C. C. MELLINGER
FUNERAL HOME
and MEMORIAL CHURCH**

6th & Tacoma

BR 2-3268

"Glasses as your eye
physician prescribes them"

Contact Lenses — Artificial Eyes

Columbian Optical Co.

Ground Floor, Medical Arts Bldg.
Medical Center
Western Clinic Bldg.
Lakewood

“foodoholic”?

Some people are driven to food just as alcoholics are to drink. They *must* eat to satisfy intense cravings. Because they can't say no to fattening foods, these compulsive eaters become overweight.

'Eskatrol' *Spansule* capsules both control appetite and help relieve the emotional stress that causes overeating. That's why so many patients succeed in losing weight with 'Eskatrol'.

ESKATROL® Trademark

Each capsule contains Dexedrine® (brand of dextroamphetamine sulfate), 15 mg., and Compazine® (brand of prochlorperazine), 7.5 mg., as the maleate.

SPANSULE®

brand of sustained release capsules
because emotions play an important role in overweight

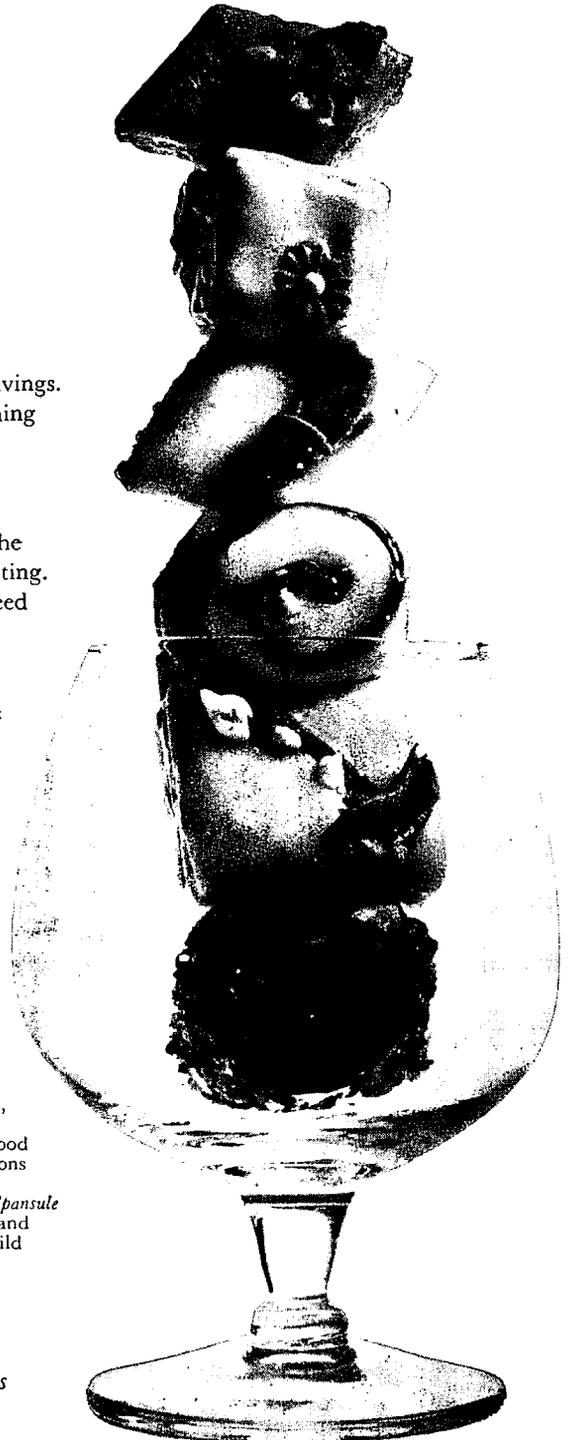
Brief Summary of Principal
Contraindications, Precautions
and Side Effects

Contraindications: Hyperexcitability and hyperthyroidism. *Precautions:* 'Eskatrol' *Spansule* capsules should be used with caution in the presence of severe hypertension, advanced cardiovascular disease, or extreme excitability. There is a possibility, though little likelihood, of blood or liver toxicity or neuromuscular reactions (extrapyramidal symptoms) from the phenothiazine component in 'Eskatrol' *Spansule* capsules. *Side effects* (chiefly nervousness and insomnia) are infrequent, and usually mild and transitory.

Before prescribing, see SK&F product Prescribing Information.

Supplied: Bottles of 50 capsules.

Smith Kline & French Laboratories



President's Page



It seems that most of us are endowed with a generous amount of hindsight. In discussing the Medicare bill there is a great diversity of opinion among members of the medical profession as to which course of political strategy should have been followed; who was responsible; what errors were made, etc. No amount of "Monday morning quarterbacking" is going to alter the fact that H. R. 6675 has negotiated all of the hurdles of both houses of Congress and has been signed into law by the President. In less than a year we will be faced with the task of helping to implement a law which most of us vigorously opposed and many of us feel is not a good law.

In his inaugural address in New York, Dr. James Appel, president of the A. M. A., called on the profession to "place respect for law and order above emotionalism, personal belief and personal desires and actively participate in the medicare program if it becomes law. We must," Dr. Appel said, "do all we can to develop the good points of the law." The majority of the profession will undoubtedly be in agreement with Dr. Appel's views. However, there will be a few who will never accept the law. (In Great Britain there are about 600 physicians who do not participate in the National Health Service.)

At present it is necessary to shift emphasis from hindsight to foresight. Our generation of physicians is only one link in a long chain which

extends back several thousand years. There will be many generations following ours. It is our duty to continue to provide our patients with the very highest quality of medical care in spite of increasing governmental encroachment on the freedom of practice. It is our duty to maintain the prestige and high ethical and moral standards in spite of the efforts of "socializers" to make us public servants. It is our duty to encourage only the students of the highest intellectual and moral caliber to enter our profession in spite of the fact that we know there are more lucrative opportunities and an easier life in other vocations or professions.

We are forced to be realistic. To attempt to change the course of the present liberal Congress and administration is about equivalent to standing on the seashore and trying to hold back the incoming tide. But the tide will change eventually. Even a tidal wave will recede, leaving inestimable damage behind it.

FREDERICK J. SCHWIND, M.D.

rx
farrell's
P R E S C R I P T I O N S , I N C .

FAST, ECONOMICAL PRESCRIPTION SERVICE

PLUS FREE DELIVERY

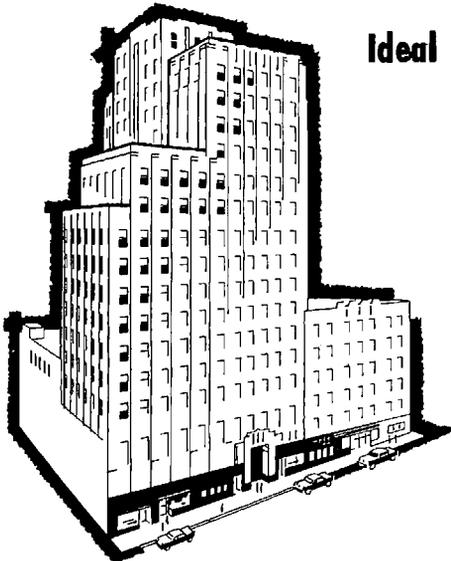
BR 2-8000

FU 3-5595

Market Street
Lobby

Medical Arts Building

St. Helen's Street
Lobby



Ideal location for specialization . . .

The more than 80 physicians and surgeons practicing in the Medical Arts Building provide a great opportunity for referred work to the specialist locating here. You'll find everything from a fully equipped hospital to a medical supply house. And people know they can depend on finding the best in medical care because only those with highest ethical standards are accepted as tenants.

Medical Arts Building

Building Office: 110 Medical Arts Bldg.

MArket 7-6441

METROPOLITAN BUILDING CORP., MGRS.

Editorially Speaking



Two and two don't make five.

This I know. But my arithmetic has given me nothing but frustration ever since I signed up for the Medical Defense Fund several years ago. In the past few years, each Defense Fund member has paid \$15.00 annual fee. Likewise, each member has received a \$20.00 annual discount from his premium for his malpractice insurance. What a bargain!

But here's where my arithmetic gets lost. The \$15.00 fee has provided for 50% of the litigation expense in any suit, thus taking a little burden off the insurance company expenses. Whatever it's supposed to pay for, it's hard to see how it can buy the same service that would cost \$20.00 if paid through the insurance company. As a matter of fact, that's impossible. That's the reason that the financial aspects of the Medical Defense Fund should be—and will be—eliminated. There's no reason why such monies should go through a committee of the State Association. Let the insurance companies manage this.

But — — the Medical Defense Committee has a far more important role than this arithmetically impossible financial gimmick. It provides liaison between the doctors and the insurance companies. It serves as a consulting and advisory body in helping the companies decide when a doctor is truly liable, when an out-of-court settlement might be advisable, which suits are based on poor medical reasoning, etc. By its total experience and records, the Committee can be of great real and moral support to the physician who finds himself confronted by a malpractice suit.

The Committee consists of eight doctors representing different areas of the State. Most doctors aren't even aware of who represents their area. For several years, the representative from this area was Dr. Bill Goering. The present representative from the Tacoma area is me.

—S. W. T.

Enjoy Dinner in the pleasant atmosphere
of a Restaurant typical of San Francisco

Honan's Restaurant

COMPLETE DINNERS FROM \$2.95

Specialties . . .

Broiled Steaks
Australian Lobster Tails
Prime Ribs of Beef

Banquet facilities
Private Rooms for
dinner and meetings
Cocktails

"Tacoma's most popular downtown Restaurant"
across the street from the Medical Arts Bldg.

Honan's

MA 7-7179

Free Customer Parking next door

739½ St. Helens Ave.



Schwarz, Shera and Associates, Inc.

BROKERS INSURANCE SERVICE

LICENSED & BONDED BROKERS



Ned Shera, C.L.U.
Vice President



V. A. "Bud" Schwarz, C.L.U.
President



(Mrs.) Dorothy Connor, C.L.U.
Secretary-Treasurer

Providing

"PROFESSIONAL COUNSEL FOR THE PROFESSIONAL"

Life & Health Insurance
Annuities
Pension Plans (including H.R. 10)

Professional Partnerships
Estate Creation Planning
Estate Conservation Planning

As Brokers we are *YOUR* agent, *NOT* an Insurer's Agent.

Offices at Suite 306, Security Building
Tacoma, Washington

MA 7-8181

IN MEMORIAM



RALPH C. SCHAEFFER

1882-1965

Ralph C. Schaeffer was born January 7, 1882 in Farmersville, Pennsylvania. He was the oldest of four children and at an early age he distinguished himself as an outstanding student, finishing the three-year high school course in two years and was valedictorian of his class. He was the son of Dr. Uriah R. Schaeffer who graduated from Jefferson Medical College and began the practice of medicine at the age of 20 years.

Dr. Schaeffer graduated from Lebanon Valley College with a B.A. degree in 1903 and entered the University of Michigan Medical School in the fall of 1904. After graduation in 1908, he accepted an internship at the Northern Pacific Hospital in Tacoma. This internship included a railroad pass west of

St. Paul. Thus, he was able to see the 1908 World's Fair in Seattle and secure the necessary practical training in a busy hospital. Dr. Schaeffer opened his first office in the McKinley Hill district in 1910 and two years later moved to the Puget Sound Bank Building. In 1917, the partnership of Dr. Grant Hicks, Dr. Hiram Argue and Dr. Ralph Schaeffer was formed to take over the medical care of the employees of the Todd shipyard which built wooden ships during World War I. Dr. Schaeffer did all of the surgery and fracture work for the shipyard which had 14,000 workers at one time.

After World War I, Dr. Schaeffer took charge of American Smelting & Refining Co. employees. In 1931, when the Medical Arts building was opened, he moved into a large suite of offices in association with Dr. Edwin Janes and Dr. Frank Maddison where he remained until his retirement in 1953.

Dr. Schaeffer was active in the Pierce County Medical Society and was elected president in 1931. He was active in the Tacoma Surgical Club and in many other civic and fraternal organizations. In the years following retirement, he continued to lead an active life. He played golf and was a skilled woodworker and always had several "projects" going on in his shop.

It was my pleasure to know Dr. Schaeffer first during my internship in 1943. I was impressed by his excellent surgical skill and his dedicated and efficient approach to medicine.

We have suffered a great loss with the passing of Dr. Schaeffer and wish to extend our sympathy to his wife, Hazel, and to his two daughters and son.

Frederick J. Schwind, M.D.



Edema



Essential hypertension



Toxemia of pregnancy

***In edematous conditions . . . brisk diuresis
with the convenience of once-daily dosage***



Congestive heart failure



Liver cirrhosis



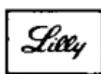
Excessive weight gain of pregnancy

Anhydron® is useful in edema associated with premenstrual tension, toxemia of pregnancy, and cirrhosis of the liver and in congestive heart failure and mild hypertension. It is also a valuable adjunct to other antihypertensive agents. Anhydron® K (each tablet containing 2 mg. cyclothiazide and 500 mg. potassium chloride) is indicated when potassium supplementation is desirable. Anhydron® KR (each tablet containing 2 mg. cyclothiazide, 500 mg. potassium chloride, and 0.25 mg. reserpine) is indicated for reduction of arterial hypertension when further supplementation with reserpine is desirable.

Contraindications, Precautions, and Side-Effects: Like other thiazides, Anhydron may elevate serum uric acid levels in some patients and produce a decrease in glucose tolerance. It should not be used in severe renal impairment. Injudicious use of Anhydron may result in sodium and potassium depletion. In hypertensive patients, lightheadedness and weakness upon standing, excessive orthostatic hypotension (usually associated with tachycardia), and a rising blood urea

nitrogen or nonprotein nitrogen may indicate over-dosage. If side-effects occur, dosage should be reduced or discontinued. Side-effects and contraindications of Anhydron apply to Anhydron K and Anhydron KR. There have been reports of small-bowel lesions associated with administration of enteric-coated potassium in combination with thiazide diuretics. The incidence of these lesions is low, and a causal relationship has not been definitely established. Nevertheless, such products should be administered only when indicated and should be discontinued immediately if abdominal pain, distention, nausea, vomiting, or gastro-intestinal bleeding occurs. Side-effects of reserpine include mental depression, nasal stuffiness, lassitude, laxative effect, sense of fullness in the abdomen, nightmares, and reduction in libido and potency. Reserpine should be used cautiously in patients with a history of mental depression, peptic ulcer, or ulcerative colitis.

ANHYDRON®
CYCLOTHIAZIDE



500085

Additional information available to physicians upon request. Eli Lilly and Company, Indianapolis, Indiana.



Striking the right

NOTE

'Actidil', one of the most potent of antihistamines, strikes the right note in the treatment of allergies.

As in the case of other antihistaminic agents, excessive dosage may produce drowsiness. Patients should be advised to postpone potentially hazardous activities requiring mental alertness until the optimum dosage level has been determined.

'ACTIDIL'[®]
brand
**TRIPROLIDINE
 HYDROCHLORIDE**
TABLETS & SYRUP

in allergies

Complete information available from your local 'B.W.&Co.'
 Representative or from Professional Service Dept. P.M.L.



BURROUGHS WELLCOME & CO. (U.S.A.) INC., Tuckahoe, N. Y.

IN MEMORIAM

THOMAS K. BOWLES

1888-1965

Dr. Bowles was one of seven children born in Lanes Prairie, Missouri. He was graduated from the Washington University of St. Louis, Missouri, interned at St. Luke's Hospital, St. Louis. Dr. Bowles served in the U. S. Army Medical Corps during the First World War, serving in France.

Dr. Bowles started practice in Ludlow, Illinois, before entering the army and later practiced in Modesto, California. In 1921, he started the practice of medicine in Tacoma and continued until his retirement.

Dr. Bowles' outstanding characteristics were that he was physically a big man, he was broadminded, cheerful, friendly and courteous. He was an honest working family doctor, living and practicing in a neighborhood where most of his patients came to him. He was the type of doctor who made a patient feel at ease and better because of his presence in the home or hospital room.

Dr. Bowles was an example to younger doctors, a friend and cohort of colleagues, and willing to give help and ask for consultations when indicated. He spent his years doing a good medical service and is missed in the community.

Dr. Bowles was one of a medical family. His father was a doctor, his brother, John, was a doctor at the Tacoma Smelter for many years, and his son, Joseph, is a local dentist practicing not too far from the old family home.

Dr. Bowles was President of the

Pierce County Medical Society in 1941-42 and served faithfully at the various hospitals.

Survivors are his wife, Susan A., son, Joseph, and a daughter, Mrs. William Engler of Dash Point.

Philip C. Kyle, M.D.

University Place Medical - Dental Bldg., 2704 Sunset Drive West, Tacoma. Will have a modern suite available about Sept. 15. Call SK 2-1780 for further information.

Very desirable location, 612 So. K St. 1750 sq. ft. available adjacent from Western Clinic (sign on bldg.). Will remodel. Off-street parking. BR 2-5888.

PATRONIZE YOUR ADVERTISERS

Tacoma Brace & Limb Co.

Lenart C. Ceder, owner



Expertly fitted—

**Artificial Limbs
Orthopedic Appliances
Surgical Belts
Arch Supports
Trusses**



**FUlton 3-4439
723 South K Street**

For Years to Come

**A PRECISE REAL ESTATE SERVICE
FOR
ENDURING INVESTMENT QUALITY**

CONFIDENTIAL COUNSELING
BY APPOINTMENT



JOHN T. STEWARD, INC.

Realtors

JU 4-1112

9842 Gravelly Lake Dr. S.W.

John T. Steward

L. O. Larsen

AMA Ponders Nonparticipation; Opposes De Bakey

Federal health care legislation, the report of the President's Commission on Heart Disease, Cancer and Stroke, The Gundersen Committee report on organization of the House of Delegates and a plan for a new method of establishing AMA scientific sections were among the major subjects acted upon by the House of Delegates at the American Medical Association's 114th Annual Convention held June 20-24 in New York City.

Dr. Charles L. Hudson of Cleveland, Ohio, a member of the AMA Board of Trustees since 1961, was named President-Elect of the Association. He will take office as the 121st AMA President in June, 1966, succeeding Dr. James Z. Appel of Lancaster, Pa., who was inaugurated at the Sunday opening session of the House at the New York convention.

Health Care Legislation

Most controversial issue before the House was that of nonparticipation under any so-called "Medicare" law that might be passed by Congress. This subject came up in various ways in nine resolutions and in portions of Dr. Appel's inaugural address.

The House recommended that "the members of the American Medical Association be reminded that it is each individual physician's obligation to decide for himself whether the conditions of a case for which he is about to accept responsibility permit him to provide his own highest quality of medical care."

"In keeping with the testimony before your Committee, and the expressed policies of this House, this action should

in *no way* be interpreted as a change in Section 6 of the "Principles of Ethics" of the American Medical Association which plainly states: "A physician should not dispose of his services under terms or conditions which tend to interfere with or impair the free and complete exercise of his medical judgment and skill or tend to cause a deterioration of the quality of medical care"; and that this House of Delegates reaffirm the principles of the Bauer amendment adopted in 1961.

Offer to President Johnson

In a related action, urging that government seek the advice of the medical profession on health legislation, the House adopted a resolution which included the following statements:

"This House of Delegates restate its offer to meet with the President of the United States through our Legislative Task Force to discuss proposed medical care legislation with a view to safeguarding the continued provision of the highest quality and availability of medical care to the people of the United States.

"The House of Delegates of the American Medical Association instruct the Board of Trustees of the American Medical Association to embark immediately on an active campaign to inform the membership of the American Medical Association of the grave considerations in adhering to our principles of ethics posed by legislation now pending before Congress.

"The American Medical Association strongly urge those branches of the government interested in the formulation, the enactment, and the implementation of laws which deal with the provision of professional medical services to the public to seek and utilize the advice and assistance of the physi-

(Continued on Page 19)

2 LOCATIONS

Harold Meyer Drugs

**48th & So.
Tacoma Way**

11th & K

**OPEN
'TIL
MIDNITE**

**HAROLD MEYER
PRESCRIPTIONS**

*Free
DELIVERY*



MOUNTAIN VIEW FUNERAL HOME

Takes Care of Everything

UNDERTAKING -- CEMETERY -- CHAPEL -- MAUSOLEUM

4100 Steilacoom Boulevard

JUniper 4-0252

(Continued from Page 17)

cians who will render such services. Such advice and assistance should be received through our chosen representatives, the officers of the American Medical Association."

The DeBakey Commission Report

In considering seven resolutions involving the report and recommendations of the President's Commission on Heart Disease, Cancer and Stroke, the House adopted a substitute statement which resolved that:

"The American Medical Association point with pride to the immense strides made in the approaches to the conquest of heart disease, cancer, and stroke under existing patterns of research and medical practice; strongly favoring the use of available financial support for extension of these patterns rather than replacement by a complex of medical control centers and satellites.

"The American Medical Association oppose those particular Commission recommendations which call for and have stimulated proposals for hastily contrived and unproven sweeping changes in the pattern of medical research, education, and patient care."

HAVE YOU PAID YOUR AMPAC DUES?

BEALL'S

The Prescription Store

124 Meridian South

PUYALLUP

Phone Puyallup 5-8444

ANNOUNCEMENT

Clinical Center Study of Liver Disease of Uncertain Etiology

The cooperation of physicians is requested in a clinical study of liver disease of uncertain etiology being conducted by the Metabolism Service of the National Cancer Institute at the Clinical Center, National Institutes of Health, Bethesda, Maryland.

Of interest for this study are patients with liver disease of uncertain etiology who would require, in the opinion of the referring physician, a liver biopsy as well as other studies to help establish the specific diagnosis. Those patients with long-standing hyperbilirubinemia or abnormal serum enzyme levels (SGOT, etc.) would be of particular interest.

Patients who are accepted for this study will be admitted to the Clinical Center for approximately two weeks and should anticipate having a liver biopsy performed.

Physicians interested in having their patients considered for the study may write or telephone:

Matthew Menken, M.D.
Clinical Center, Room 4-N-117
National Institutes of Health
Bethesda, Maryland 20014
Telephone: 656-4000, Ext.
65955 (Area code 301)

DAMMEIER Printing Co.

811 Pacific Ave.

Tacoma

BRoadway 2-8303

Time Tested Dependability

Established 1889

R. E. Anderson & Co. Inc.

INSURANCE - MORTGAGE LOANS - REAL ESTATE
PROPERTY MANAGERS



752 Broadway

BRoadway 2-8475



FOR PROFESSIONAL ANALYSIS OF
YOUR INSURANCE PROGRAM

Ask for

Donald M. Moore

Donald J. Hill

Robert D. Sizer

Herbert F. Syford

Stewart L. Simpson

Edward J. Pole

STOWELL'S . . . Prescriptions

Our completely new and larger store
will give you and your patients
more efficient and reasonable service.

1 1 1

FREE DELIVERY

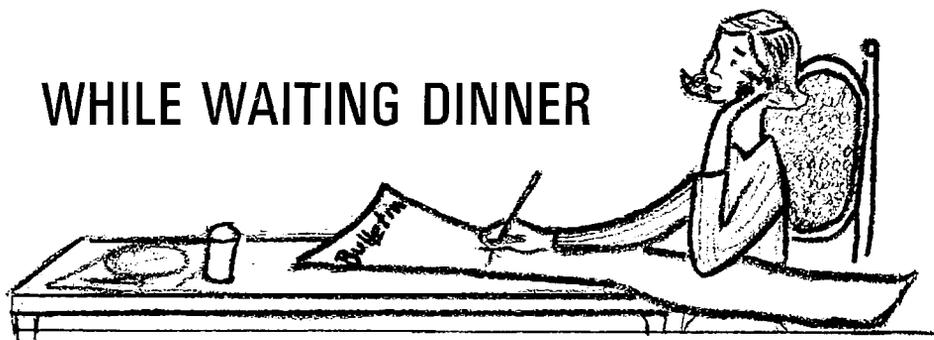
1 1 1

BRoadway 2-2201

744 Market Street

Doctors Hospital Building

WHILE WAITING DINNER



WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

AUXILIARY OFFICERS—1965-1966

President	Mrs. Merrill J. Wicks
President-Elect	Mrs. George C. Gilman
1st Vice-President and Program	Mrs. Robert A. Kallsen
2nd Vice-President and Social	Mrs. Arthur Wickstrom
3rd Vice-President and Valley Rep.	Mrs. Charles Vaught
4th Vice-President and Membership	Mrs. Roy H. Virak
Recording Secretary	Mrs. Leonard G. Morley
Corresponding Secretary	Mrs. Ronald T. Spangler
Treasurer	Mrs. Thomas H. Skirnar
Dues Secretary	Mrs. Glenn H. Brokaw
AMAERF	Mrs. Francis W. Hennings
Civil Defense and Safety	Mrs. John S. May
Historian and By-Laws	Mrs. Herman S. Judd
Legislative	Mrs. Sherman S. Pinto
Paramedical	Mrs. Frederick J. Schwind
Publicity	Mrs. Marcel Malden
Bulletin	Mrs. Robert R. Burt
Speakers Bureau	Mrs. John Colen Mrs. Richard F. Barronian
Telephone	Mrs. Vernon O. Larson Mrs. George A. Tanbara
Minute Women	Mrs. Harold D. Lueken Mrs. Jack W. Mandeville
Coordinator of Community Services	Mrs. Robert W. Osborne
Heart	Mrs. Robert C. Johnson
Cancer	Mrs. Jack J. Erickson
Finance	Mrs. Haskel L. Maier
Dance	Mrs. David F. Dye Mrs. Gordon Dean
Fashion Show	Mrs. Homer T. Clay Mrs. Dale D. Doherty
Mental Health	Mrs. James E. Hazelrigg
Today's Health	Mrs. Robert M. Ferguson
Cook Book	Mrs. Stanley W. Tuell
International Health	Mrs. Charles McGill

If you can't lick them, as the old saying goes, why not join them and relax with a good book.

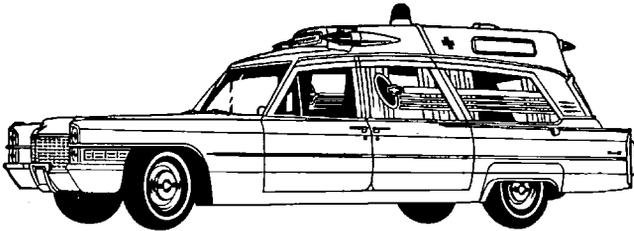
Just off the publisher's presses the past few months are three new books written by local authors.

One of the most delightful and refreshing books I've read in many years is "The Happy Land" by Evelyn Hawes. It doesn't take long to realize that Mrs. Hawes is an expert writer who takes a very difficult style and does it superbly. The novel is about Provost Lathrop growing up in a small Eastern Washington town in the early 1920's and her search for "Eldorado" leads her into many misadventures that usually have a happy ending. This could be the story of the author herself who was born in Colville, Washington and attended the University of Washington.

If you are interested in local history and an elucidation of the Indian lore of our Puget Sound tribes as well as the coast Indians north of us, be sure to read "Totem Pole Indians" by Joseph Wherry and "Leschi of the Nisquallies" by Della Gould Emmons.

What it takes to make a house look lived in is Summer with all the kids at home!

LOOK WHY NOT GIVE YOUR PATIENTS
 THE BEST IN TRANSPORTATION
 COSTS NO MORE . . . REASONABLE RATES



**M
A
7
-
1
1
2
1**

**M
A
7
-
1
1
2
1**

Resuscitator Service
 Oxygen Equipped Electric Cot Warmers
 Licensed Attendants

Tacoma Yellow Cab Co.

1324 MARKET STREET

LUDWIG'S PRESCRIPTIONS

3 LOCATIONS TO SERVE YOU

LAKWOOD CENTER

DAVID LUDWIG, Manager

9514 Gravelly Lake Drive S.W.

JU 8-2191

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

THUNDERBIRD CENTER

WM. H. LUDWIG, JR.

8105 Steilacoom Boulevard S.W.

JU 8-1889

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

SOUTH TACOMA STORE

FRED LUDWIG, Manager

5401 South Tacoma Way

GR 4-9419

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 9:30 A.M. TO 9 P.M.

365 DAYS A YEAR

FREE PRESCRIPTION DELIVERY

(Continued from Page 21)

After many years of research, Mr. Wherry, an experienced writer, has produced a complete history of the Totem Pole Indians from our Puget Sound area north along the coast to Alaska. It is beautifully illustrated with drawings and photographs taken by the author.

It is interesting to note that Joseph Wherry was born and raised in the State of Washington, graduated from Pacific Lutheran College in 1940 and has been interested in the Totem making Indians since his childhood.

Della Gould Emmons, well-known local author, spent seven years doing research on the controversial Leschi, Chief of the Nisqually Indians.

Leschi, highly intelligent as well as bold and adventurous, had lived with his tribe in peaceful association with British traders at Fort Nisqually until the coming of the Boston settlers. With the increasing land encroachment and corruption of his people, he realized something must be done to save them. The ensuing wars, Leschi's tragic death by hanging after a mockery of a trial in which many white friends, as well as the soldiers who came to fight him, defended his innocence, epitomize the struggle of the American Indian for justice.

Leschi was hanged from an oak tree in the hollow on the prairie just across from where Lakewood Ice Arena stands today.

The two above books are well worth adding to your private library.

A Letter From Our President

As I sit on our sun-drenched deck overlooking beautiful Puget Sound, I am filled with a delicious sense of well-being. . . . wondering how each of you are spending your summer.

As someone has said, "Summer should be like an island—set aside to discover where you have been and where you are going."

Your board is hard at work to assure the desired direction of activity for the coming year. The course is being charted, but we need all of you to provide the power.

Just a reminder to mark your calendars regarding the following dates:

September 13-15—State Medical Association and Medical Auxiliary meeting in Seattle.

Friday, September 17 — Neighborhood Coffee Hours honoring new members.

Friday, October 8—First Auxiliary Luncheon meeting for the year.

Thursday, October 21—Annual Fashion Show, "Manikins in Orbit" Luncheon, Top of the Ocean. Call Jan O'Connell for early reservations.

Christmas in July?—AMAERF Christmas card project. Keep it in mind! More information later.

Jeanne Judd and Dolores Havlina recently returned from the A.M.A. convention in New York, brimming over with information and enthusiasm. We are urged to look for the unmet needs in our community and act upon them. Evelyn Osborne is coordinator of Community services and would welcome your suggestions.

Happy Vacation! See you in September.

Marge Wicks.

Yachting With The Ladies

Reviving a custom of the past, The Tacoma Surgical Club invited wives to a yachting party on Puget Sound, Tuesday, June 15th. Embarking at 5:30 p.m. from the Tacoma Yacht Club, the

group cruised to Wollochet Bay for a marvelous outdoor dinner — steaks grilled over hot coals by Chef Ken Ollar to just the right degree of “doneness” for each person; tossed green salad, rolls and ice cream.

It was a lovely evening, everyone in a relaxed “away from the telephone” mood (no one fell overboard, tho), and we all agreed it was a wonderful idea the Haleys had and “let’s do it again” next year. Yacht-hopping to examine the beautiful interiors of the crafts used for the cruise was a popular pastime at the T.Y.C. float as members and their ladies awaited dinner.

Hosts and Hostesses aboard ship were Margaret and Charlie Larson with their “Adelante” (going away from Port), Adele and Stan Durkin with “Nereus” (Old Man of the Sea—Greek Mythology), and Katharine and Homer Humiston with “Aram”, and Becky and Bud Banfield with the “Becky B.” These last two ambitious people designed and built all of the interior of “Becky B.” themselves and it is like stepping into the pages of House Beautiful—all in shades of turquoise, including wall-to-wall carpeting and tiny fireplace! Even Becky matched in a turquoise slack and sweater outfit. During the cruise, we learned that Becky has taken a course in navigation and, in addition to being First Mate and crew, she also does the navigating for the “Becky B.” which has a number of 1st and 2nd place trophies to its credit in the Log races.

Community Service

The U.P.S.-Tacoma Symphony Women would like to extend to members of the Auxiliary an invitation to join their group and assist them in bringing fine artists and good music to the people of our community. The U.P.S-Tacoma Symphony is now recognized as one of the finest organizations of its type

RANKOS

PHARMACY

101 North Tacoma Avenue

Prescription

Druggists



We Carry a Complete Line of
Biologicals and Pharmaceuticals



“When Moments Count”

FULTON 3-2411

PROMPT . . . FREE DELIVERY

on the coast. This excellence in position has been made possible by the musicians who donate their time and skill, and also by the people of Tacoma who feel a need for this type of culture.

Our own Donna Ferguson is a member of the Board of Directors of the U.P.S.-Tacoma Symphony and would welcome a call from any of you who are interested in serving.

Quips From The M.D. Family

"Mommy, why doesn't Daddy bring me one of those round things?"

"What round thing, dear?"

"Well, you know . . . Daddy always says he has to go make rounds."

Remember . . . just read a good book!

Lorna Burt

American Cancer Society Moves

The American Cancer Society, Pierce County Unit, has moved its offices to 817 Division Avenue, across from Wright's Park.

The unit's 1965-1966 officers are as follows:

President, J. Robert Brooke, M.D.

Vice-President for Medical Affairs, T. R. Haley, M.D.

Vice-President for Field Organization, Mrs. Tallmadge Hamilton.

Secretary, Mrs. A. J. Benedetti.

Treasurer, Peter K. Wallerich.

HAVE YOU PAID YOUR AMPAC DUES?

AMPAC '65

Last May I travelled to Washington, D.C. to our AMPAC National Workshop. A large group of doctors representing all the States attended. There were many doctors' wives present who are also taking an active interest in AMPAC and wanted to gain more political acumen.

One of the more interesting programs was entitled, "Working with the Party" and had three speakers. The speaker was Gaylord B. Parkinson. He practices OB-GYN in California and last year was Chairman of the Republican State Central Committee. (About two weeks ago he was appointed Western Regional Director for the National Republican Party.) Dr. Parkinson actively practices his profession and yet is able to concentrate further energy on his hobby of politics. This hobby is one he knows, enjoys, and works diligently to perfect. His talk consisted primarily of a challenge to the audience to get going. He stressed the importance of politics and that if something is important enough, we can all find time for it. In fact, he not only challenged us to get into some phase of politics, but pointed out most emphatically that this is our country and if we don't enter into making political decisions it will be our fault if we lost it. He was a dynamic speaker and obviously showed his enthusiasm for politics and the willingness to work vigorously for what he felt was right.

The second speaker was Dr. Ben J. Clayburgh, Chairman of the Republican Central Committee of North Dakota. He is a busy orthopedic surgeon, yet at the tender age of 41 he has reached the top of the heap in party politics in his state. (It is interesting to note that he and Dr. Parkinson were classmates in medical school.) Ben got into politics simply because he was concerned about

the mess we are in. He soon found himself as a Precinct Committeeman. From there, he gradually evolved through the cycle of county vice-chairman, county campaign chairman, county chairman, state vice-chairman, and thus to his present position. The thing that struck him most when he started was the complete lack of knowledge about practical politics even on the part of many of the people who were active in the party. He also found that physicians weren't even considered in politics because they "obviously couldn't spare time from their practices" and even the physicians themselves felt it was "unprofessional to mix themselves into dirty politics." Dr. Clayburgh felt this was a citizenship responsibility and that by being intelligent with his political time he could concentrate on one particular aspect of politics such as fund raising, handling a precinct or a committee appointment and still keep up with his medical practice.

The third speaker was Mrs. Amos Johnson, who has been Chairman of the Democratic Executive Committee in Sampson County, North Carolina. (Her husband was recently President of the American Academy of General Practice.) She became active in politics through her father-in-law. He taught her the ins and outs of how to run a precinct. Once she waded in, she was in it for good.

She felt that as a doctor's wife she was able to make easy inroads into politics due to her many contacts. Plus, she works in her husband's office and actually carries on political forums with the patients in the waiting rooms. She posts posters and has political literature available in the office. She has found that the patients not only don't mind this, but the majority actually enjoy it, Republicans as well as Democrats. She has done all the "little" jobs involved with politics from the bottom

up and knows it takes time and patience to achieve success in a political campaign, but she has learned to achieve.

Recently, Dr. Schwind mentioned on the President's page that doctors have many hobbies. Why don't you consider politics as your hobby? Homer Humiston has and finds it worthwhile. Arnie Herrmann has and seems to enjoy it. Why don't you give it some thought!

Thomas H. Skrinar, M.D.

AMPAC Chairman,

State of Washington.

Quote of Note . . .

"Ironically, the greatest danger to our economic system today lies not in a direct attack on profits, but in a well-meaning effort to insure everyone against failure. To put it bluntly, this means subsidizing inefficiency; it is the antithesis of the effective operation of the profit motive.

We are in danger of losing one of our greatest freedoms: The freedom to fail. Profit and loss are two sides of the same coin; take away one side and you take away the whole coin. Our greatest economic asset is the right to invest private capital in the hope of making a profit, but at the risk of losing your shirt."

—George Cline Smith.

NOW UNDER CONSTRUCTION

PROFESSIONAL CENTER

offering modern space for medical
suites in fast growing residential area.

Phone TE 3-1689

AUBURN

Heart Association Receives New Equipment

A replacement battery pack for the Medtronic implantable pacemaker unit has been stocked by the Pierce County Heart Association's spare parts bank.

Because of the cost of such a unit it cannot be provided without charge to patients. The unit will be made available to any patient who needs it. The patient will be billed for the unit and another will be purchased to have on hand for immediate use in the next emergency.

The Heart Association said there are now approximately 40 persons with electronic pacemakers in the Tacoma area and that one to two per month will have need of the battery replacement procedure. The Spare Parts Bank battery pack enables the Tacoma area to have a sterile unit on hand for immediate use without the three to ten days delay that has been experienced in the past.

County Societies . . .

IN THE NEWS

Oakland County (Michigan) Medical Society recently established an Oakland County Community Trust Fund from excess funds of their polio immunization program. The trust fund was established after many discussions as to what should be done with the excess funds. It was felt that this Fund would prove most beneficial to the citizens of the community, particularly in those areas not covered by government or professional charitable organizations. It will be administered outside of the county medical society by nine leading

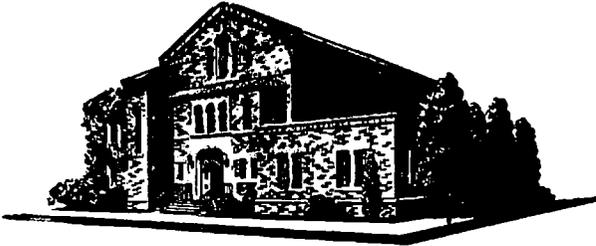
citizens, including two local M.D.s. They have at their disposal the interest and principal to use as they see fit. All citizens will be able to add to the fund for specific or general purposes.

Stanislaus County, California Women's Auxiliary have just completed a very successful work project, a Health Careers Day. The success of this Careers Day was due to a hard working committee of auxiliary members, doctors and other interested persons along with fine cooperation from the local newspaper, the Modesto Bee. Each high school in the area received a package containing materials and information sent to the school's office. Immediately thereafter, a member of the auxiliary called upon the school offering aid and advice, and left posters and other visual aids to promote the Careers Day. The turnout for the event was large and they received much information to help them decide if the field of medicine was for them.

Maricopa County, Arizona physicians are very pleased with the recently established Community Adult Mental Health Clinic. The Clinic, the result of many years planning and work by the County Mental Health Association, is run on a part-time basis by local physicians. It is supported entirely by private funds. The need for an out-patient clinic for psychiatric counseling has long been known and this is the first step in establishing clinics for those persons who cannot afford private care and yet do not qualify for treatment in the mental institutions. Previously, these people went without any care. The Clinic has had a full work-load from the first day of operation and is now expanding to meet the needs of the people who call for assistance.

PATRONIZE YOUR ADVERTISERS

Spacious, beautiful memorial chapel
Choice of cemetery, mausoleum,
cremation or columbarium



Choice of type or
manner of service

Budget Terms
Available

BUCKLEY-KING

CONVENIENTLY LOCATED • TACOMA AVE. AT SO. FIRST
LARGE PARKING AREA

SHAW SUPPLY HAS THESE SERVICES TO OFFER YOU AND YOUR PATIENTS

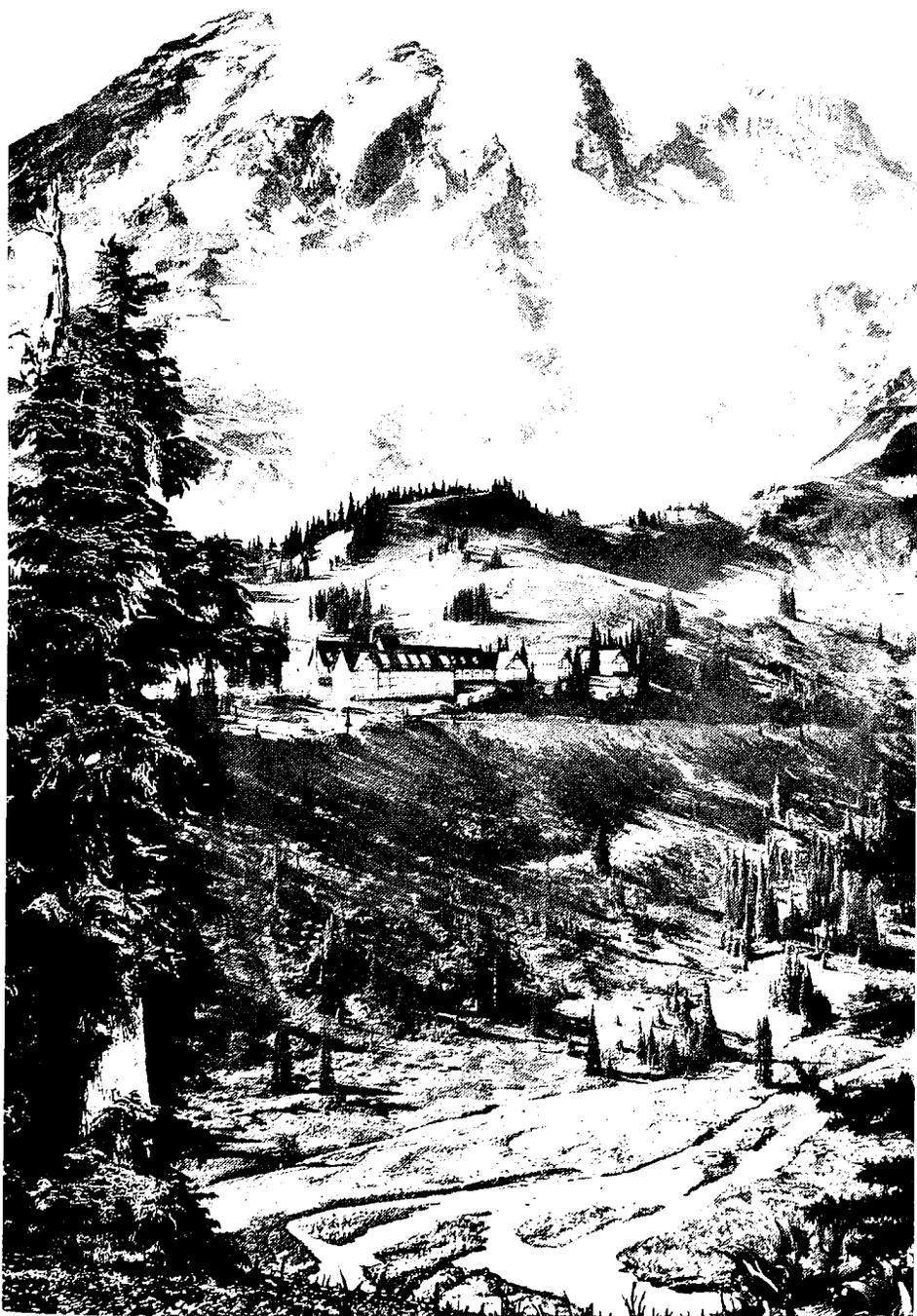
- Your choice of the finest lines manufactured.
- Experienced fitting for both men and women
 . . . Surgical Supports . . . Belts . . . Hosiery . . .
- Large selection of nurses' uniforms and doctor gowns.
- Complete rental service for sick room supplies
 . . . Pick up and Delivery Service . . .
- Factory trained repair service in our own shops.

Serving The Pierce County Medical Profession Since 1904

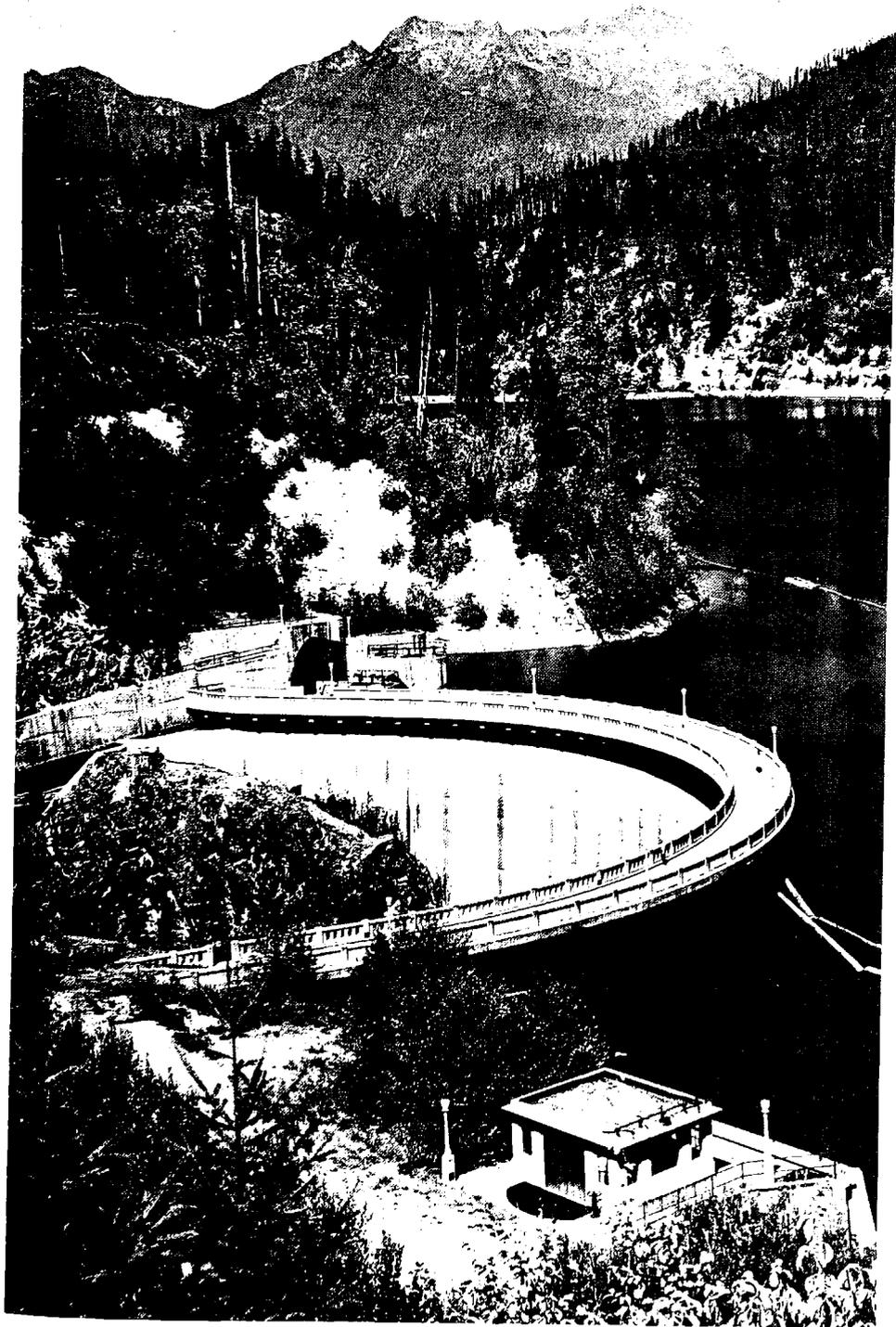


710 fawcett ave.
tacoma 2, wash.
broadway 2-1125

PHYSICIANS' AND HOSPITAL SUPPLIES







Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402

BULK RATE

U. S. POSTAGE

PAID

TACOMA, WASH.
PERMIT No. 300

MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Bldg.
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—6:15 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November
- TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS
First Monday of each month—8:00 p.m. at 424 South K Street
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—8:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and August
—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m. at Tacoma Club
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY
First Thursday of each month except June, July and August—
6:00 p.m.
- STAFF OF MEDICAL ARTS HOSPITAL
Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- LAKESIDE GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

VOL. XXXVI—No. 9

TACOMA, WASH.

SEPTEMBER - 1965



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
WEDNESDAY
SEPTEMBER 8, 1965
PROGRAM ON PAGE 31**



help
speed
recovery...

with Soma[®] Compound

carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg.

In most patients with strains and sprains, 'Soma' Compound can reduce recovery time because of its ability both to relieve pain and to relax muscle. In a controlled study of patients in an industrial practice, R. G. Conant reported that 'Soma' Compound shortened recovery time an average of 25% as compared with aspirin.¹ In addition, complete or marked relief was noted in 94% of patients treated with 'Soma' Compound, as compared to 46% of patients treated with aspirin.

1. Conant, R. G.: Reduction of industrial time-loss: treatment with carisoprodol compound in musculoskeletal disorders. *Industr. Med. Surg.* 33:25, Jan. 1964.

Also available with ¼ gr. codeine as 'Soma' Compound with Codeine: carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., codeine phosphate 16 mg. (Warning: may be habit-forming.)

Indications: 'Soma' Compound and 'Soma' Compound with Codeine are useful for relief of pain and stiffness in traumatic, rheumatic and other conditions affecting muscles and joints. Contraindications: Allergic or idiosyncratic reactions to carisoprodol, phenacetin, or codeine phosphate. Precautions: *Phenacetin*—With long-term use, give cautiously to patients with anemia and cardiac, pulmonary, renal or hepatic disease. May damage the kidneys when used in large amounts or for long periods. *Caffeine*—Not recommended for persons extremely sensitive to its CNS stimulating action. *Codeine phosphate*—Use with caution in addiction-prone individuals. *Carisoprodol*—Carisoprodol, like other central nervous system depressants, should be used with caution in patients with known propensity for taking excessive quantities of drugs and in patients with known sensitivity to compounds of similar chemical structure, e.g. meprobamate. Side effects: Drowsiness, lightheadedness, dizziness, and gastric complaints have been reported infrequently for either or both of these preparations. *Phenacetin*—Side effects are extremely rare with short-term use of recommended doses. Prolonged ingestion of overdoses may produce dyspnea, cyanosis, hemolytic anemia, skin rash, anorexia, subnormal temperature, insomnia, headache, mental disturbances, and tolerance. *Caffeine*—Side effects are almost always the result of overdosage. Average doses may rarely cause nausea, nervousness, insomnia, and diuresis. Excessive dosage may produce, in addition, restlessness, nervousness, tolerance, tinnitus, tremors, scintillating scotomata, tachycardia, and cardiac arrhythmias. *Codeine phosphate*—Possible side effects are nausea, vomiting, constipation, and miosis. *Carisoprodol*—The only side effect reported with any frequency is sleepiness, usually on higher than recommended doses. An occasional patient may not tolerate carisoprodol because of an individual reaction, such as a sensation of weakness. Other rarely observed reactions have included dizziness, ataxia, tremor, agitation, irritability, headache, increase in eosinophil count, flushing of face, and gastrointestinal symptoms. One instance each of pancytopenia and leukopenia, occurring when carisoprodol was administered with other drugs, has been reported, as has an instance of fixed drug eruption with carisoprodol and subsequent cross-reaction to meprobamate. Rare allergic reactions, usually mild, have included one case each of anaphylactoid reaction with mild shock and angioneurotic edema with respiratory difficulty, both reversed with appropriate therapy. In cases of allergic or hypersensitivity reaction, carisoprodol should be discontinued and appropriate therapy initiated. Suicidal attempts may produce coma and/or mild shock and respiratory depression. Dosage: Usual adult dosage of 'Soma' Compound or 'Soma' Compound with Codeine is one or two tablets three times daily and at bedtime. Supplied: 'Soma' Compound, orange tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., and caffeine 32 mg. 'Soma' Compound with Codeine, white capsule-shaped tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., and codeine phosphate 16 mg. Narcotic order form required. Before prescribing, consult package circular.



WALLACE LABORATORIES / Cranbury, N. J.

CSO-5712



Your heirs deserve a secure future

Use our personal financial management service

Your family can be assured a secure and comfortable future if you make intelligent plans. Talk to a member of our Trust Department about the services we offer. Learn how you and your heirs can benefit by using our confidential trust services.

For example:

- We can plan for you a *living trust* which permits you to have the advantages of property ownership without the work and worry of property management. The plan will protect you heirs and avoid unnecessary court costs.
- Our competent investment counselors can relieve you of the complicated and

time-consuming task of managing your investments.

- If named trustee under your will or life insurance trust, we will provide competent, economical and flexible management of funds left to your heirs.
- Our experience can help you minimize estate taxes; reduce federal income taxes.



We welcome inquiries

TRUST AND INVESTMENT DEPARTMENT
PUGET SOUND NATIONAL BANK

Confidential, personal financial management
 HEAD OFFICE, 1119 Pacific Avenue

Prescription Optical Company

"Fashion In Eyewear"

205 Medical Arts Building
Tacoma, Washington
MArket 7-4151

Branches in . . . Lakewood - Everett - Bremerton - Fort Lewis



Member
THE ORDER OF
THE GOLDEN RULE



LYNN FUNERAL HOME
PHONE MA 7-7745

PROVIDING FINE FUNERAL SERVICE SINCE 1905
717-719 TACOMA AVENUE TACOMA • 2 • WASHINGTON

September Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Pierce County Pediatric Society 6:00 p.m.	3	4
6 LABOR DAY	7 Staff of Tacoma General 6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	8 PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M.	9	10 C.P.C. of St. Joseph's—9 a.m. MEDICAL- DENTAL FIELD DAY	11
13 W.S.M.A. Annual Meeting—Seattle Staff of Doctors Hospital 7:30 p.m. Staff of Good Samaritan 6:30 p.m.	14 W.S.M.A. Annual Meeting—Seattle C.P.C. of Mary Bridge—8 a.m.	15 W.S.M.A. Annual Meeting—Seattle	16	17 Staff of Medical Arts—7:15 a.m.	18
20 Staff of St. Joseph's 6:15 p.m.	21 Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	22	23	24 Staff of Mary Bridge 12:15 p.m. C.P.C. of St. Joseph's—9 a.m.	25
27 Pierce County Academy of General Practice 6:30 p.m. Staff of Mt. View General Hospital	28 Tacoma Acad. of Internal Medicine 6 p.m. C.P.C. of Mary Bridge—8 a.m.	29	30		

Grand Rounds—Mt. View General Hospital—Every Saturday 9 to 10 a.m.

Since 1888 . . . three quarters of a century of dignity and service at sensible prices.

- Convenient location
- Two beautiful chapels
- Plenty of parking

**C. C. MELLINGER
FUNERAL HOME
and MEMORIAL CHURCH**

6th & Tacoma

BR 2-3268

"Glasses as your eye physician prescribes them"

Contact Lenses — Artificial Eyes

Columbian Optical Co.

Ground Floor, Medical Arts Bldg.
Medical Center
Western Clinic Bldg.
Lakewood

August 1965

FOR THE BENEFIT OF My Family

AMOUNT A few hours to plan my will

W/ftter

SPEND IT NOW

Want to have your say—for *sure*—about what becomes of the savings, investments and other property you own?

Then spend a little time on your Will.

It should be drawn by your attorney.

Our financial, business and investing experience can prove useful in the planning stage. Call on us!

TRUST DEPARTMENT
GERSHOM C. ROWLAND
Senior Vice President and Trust Officer



MEMBER FEDERAL DEPOSIT INSURANCE CORPORATION

President's Page



With the end of a beautiful summer and children ready to go back to school, the Woman's Auxiliary to the Pierce County Medical Society will soon resume a busy schedule of activities. The Auxiliary finished a very successful year under the fine leadership of Mrs. Ellen Pinto. Mrs. Merrill J. Wicks is the current president of the Auxiliary and has a very capable group of officers and committee members for the work in the coming year.

The role of the doctor's wife has always been an important one, but there have been some changes in the last half century. Fifty years ago, the doctor's wife concerned herself mainly with her family, church and social activities. She had no voice in politics whatsoever and her husband had little need for political "know-how" as far as his professional life was concerned. Today, the doctor's wife not only votes in all elections, but actually holds public office and takes an active part in political action concerned with her husband's profession.

In the past year, our Auxiliary performed a great service in assisting our members in the political activities centered around the "medical" controversy. We are very appreciative of their efforts. The Auxiliary has had a fine program of community services, financially supporting the Mental Health Clinic and other local organizations. They have initiated and financed a student nurses scholarship program. The monthly meetings of the Auxiliary are well-planned and in the past have included many prominent speakers.

We hope that all the members of our Society will aid and encourage their wives to take an active part in the work of the Auxiliary. Best Wishes to you, ladies!!!

—FREDERICK J. SCHWIND, M.D.

Depend on low-cost, low-dosage Prolixin—once-a-day



Prolixin is a dependable tranquilizer that provides your patient with low cost therapy. No other tranquilizer costs less. Safe and convenient for office use—Prolixin in a single daily dose provides prolonged and sustained action. Markedly low in toxicity and virtually free from usual sedative effects—Prolixin is indicated for patients who must be alert. Clinical experience indicates fluphenazine hydrochloride is especially effective in controlling the symptoms of anxiety and tension complicating

somatic disorders such as premenstrual tension, menopause, or hypertension—also useful for anxiety and tension due to environmental or emotional stress. When you prescribe Prolixin you offer your patient effective tranquilization that is low in cost, low in dosage and low in sedative activity.



WHEN TRANQUILIZATION WITHOUT SEDATION IS DESIRABLE, TRY
PROLIXIN[®]
 SQUIBB FLUPHENAZINE HYDROCHLORIDE

Side Effects, Precautions, Contraindications: As used for anxiety and tension, side effects are unlikely. Reversible extrapyramidal reactions may develop occasionally. In higher doses for psychotic disorders, patients may experience excessive drowsiness, visual blurring, dizziness, insomnia (rare), allergic skin reactions, nausea, anorexia, salivation, edema, perspiration, dry mouth, polyuria, hypotension. Jaundice has been exceedingly rare. Photosensitivity has not been reported. Blood dyscrasias occur with phenothiazines; routine blood counts are recommended. If symptoms of upper respiratory infection occur, discontinue the drug and institute appropriate treatment. Do not use epinephrine for hypotension which may appear in patients on large doses undergoing surgery. Effects of atropine may be potentiated. Do not use with high doses of hypnotics or in patients with subcortical brain damage. Use cautiously in convulsive disorders. **Available:** 1 mg. tablets. Bottles of 50 and 500. For full information, see your Squibb Product Reference or Product Brief.

SQUIBB  Squibb Quality—the Priceless Ingredient
SQUIBB DIVISION **Oil**

Rx
farrell's
PRESCRIPTIONS, INC.

FAST, ECONOMICAL PRESCRIPTION SERVICE

PLUS FREE DELIVERY

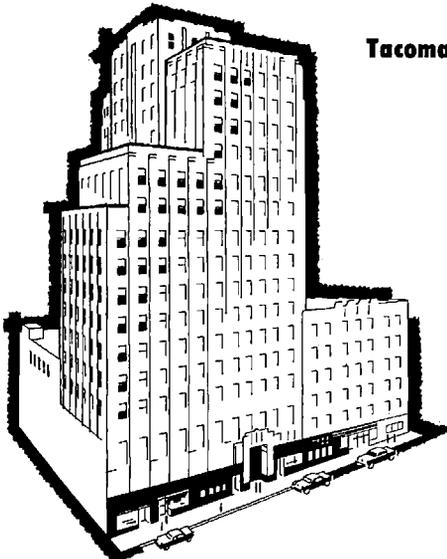
BR 2-8000

FU 3-5595

Market Street
Lobby

Medical Arts Building

St. Helen's Street
Lobby



Tacoma's ONLY Class "A" Medical Building

The Medical Arts Building located in the heart of Tacoma—where it should be—provides all the needs of the medical profession . . . a modern hospital, fully equipped laboratories, prescription pharmacy, optical store, fine auditorium, new restaurant, medical supply house, Pierce County Medical Society office and library . . . PLUS more than 500 parking spaces within a half block of the building. Your inquiry is invited.

Medical Arts Building

Building Office: 110 Medical Arts Bldg.

Market 7-6441

METROPOLITAN BUILDING CORP., MGRS.

Editorially Speaking



Don't all speak at once!

A 3,000-voice chorus would sound off if all members who had a voice in formulating policies of the Washington State Medical Association spoke up at the same time.

The more utilized and more conventional mode of expression for each member is that common to all democratic organizations—the ballot. All members of the House of Delegates are elected by their colleagues in their respective counties. The delegates, in turn, elect the Association officers and vote on policy matters.

Less utilized—and hardly known to some members—is the chance for expression offered to the individual doctor at the reference committee hearings. *Every issue to be brought before the House of Delegates must be reviewed in open session by a reference committee before the House takes final action.* Each 3-man reference committee meets informally all day on Tuesday, September 14, to review each issue sentence by sentence.

Any member of the State Association may sound off at a reference committee hearing—a democratic privilege not always offered to members in organizations of this size. Indeed, under most circumstances, non-member doctors, or even other interested parties, may be permitted to express opinions to the committee. Only after due consideration and modification by the reference committee—and any of the 3,000 voices which desire to be heard—are the issues brought before the House of Delegates for final action.

After speaking with your ballot in electing delegates, if you get the urge to vocalize even more, show up at a reference committee hearing where an issue of interest to you is being reviewed.

Your voice will be heard.

—S.W.T.

Enjoy Dinner in the pleasant atmosphere
of a Restaurant typical of San Francisco

Honan's Restaurant

COMPLETE DINNERS FROM \$2.95

Specialties . . .

Broiled Steaks
Australian Lobster Tails
Prime Ribs of Beef

Banquet facilities
Private Rooms for
dinner and meetings
Cocktails

"Tacoma's most popular downtown Restaurant"
across the street from the Medical Arts Bldg.

Honan's

MA 7-7179

Free Customer Parking next door

739½ St. Helens Ave.



Schwarz, Shera and Associates, Inc.

BROKERS INSURANCE SERVICE

LICENSED & BONDED BROKERS



Ned Shera, C.L.U.
Vice President



V. A. "Bud" Schwarz, C.L.U.
President



(Mrs.) Dorothy Connor, C.L.U.
Secretary-Treasurer

Providing

"PROFESSIONAL COUNSEL FOR THE PROFESSIONAL"

Life & Health Insurance
Annuities
Pension Plans (including H.R. 10)

Professional Partnerships
Estate Creation Planning
Estate Conservation Planning

As Brokers we are *YOUR* agent, *NOT* an Insurer's Agent.

Offices at Suite 306, Security Building
Tacoma, Washington

MA 7-8181

Shaw Enters School Board Race; First Political Venture



Latest physician entry in the political arena is Dr. John Shaw, a native Washingtonian who has practiced dermatology in Tacoma for over ten years. Dr. Shaw was born in Spokane, attended public school in Seattle and attended medical school at the University of Michigan.

Dr. Shaw prepared the following statement for the Bulletin:

"One month ago I filed for Position No. 1 on the Tacoma School Board. This is a six year term.

"Education has long been one of my major interests, sparked by my six children who this fall will be attending Lowell Elementary School, Jason Lee Junior High School and Stadium High School. By the time these six children finish the Tacoma Public School System, they will have amassed a total of seventy-two years of public school instruction.

"Far beyond this personal interest, however, has been increasing concern with the over all educational patterns to which we entrust our youth to be pre-

pared for their roles as productive citizens.

"I am running for Position No. 1 because I believe the strength of the United States rests on the quality of its citizens and this quality is based on a strong educational program. To this program in our local area I hope to bring an intelligent, analytical and fresh approach.

"It is essential that every citizen shall have the opportunity to develop his personal talents to the fullest extent. Therefore, we must offer a flexible curriculum to meet these individual needs.

"The quality of education is based primarily on the quality of the teachers. It is my belief that it is therefore necessary to provide professional staffs of the highest character and ability.

"I am opposed to a uniform nationwide educational system, directed and financed through a federal agency. It is part of the school board's responsibility to arouse the interest of the entire community to meet the financial needs of the educational program and to see that every tax dollar is wisely spent.

"This is my first application for any public office. I have had no previous experience as a school board member and look forward to the experience of running for an elective position. The studying I have done on educational problems during the last few months has opened my eyes to the tremendous difficulties facing all school board systems. During the next six years the increase in student population will require communities to furnish at least one-third more educational facilities. The planning, financing and operating of these facilities is but one small facet of the many challenging problems to be faced. I would like to be able to take part in this program."

—J. M. SHAW



V-Cillin K now costs approximately 21 percent less. This significant price decline constitutes a substantial saving and still offers these important benefits over penicillin G:

The effectiveness of intramuscular penicillin. Just three 250-mg. doses daily provide total twenty-four-hour penicillin blood levels equal to those achieved by injection of 600,000 units of procaine penicillin G. A fourth dose increases daily penicillemia to levels 35 percent above those achieved by injection.

Consistent dependability—even in the presence of food. Comparative pharmacologic data show that V-Cillin K produces peak blood levels *twice* as high as those of penicillin G, with *half* the dose.

New, thin coating . . . new size and shape. The new coating eliminates the characteristically bitter taste of oral penicillin and makes V-Cillin K tablets easy to swallow. The new shape makes them easy for physicians and pharmacists to identify.

Indications: V-Cillin K is an antibiotic useful in the treatment of streptococcus, pneumococcus, and gonococcus infections and infections caused by sensitive strains of staphylococci.

Contraindications and Precautions: Although sensitivity reactions are much less common after oral than after parenteral administration, V-Cillin K should not be administered to patients with a history of allergy to penicillin. As with any antibiotic, observation for overgrowth of nonsusceptible organisms during treatment is important.

Usual Dosage Range: 125 mg. (200,000 units) three times a day to 250 mg. every four hours.

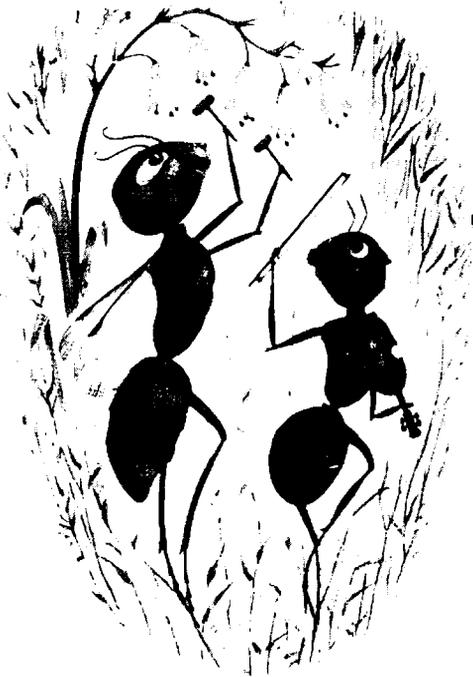
Supplied: Tablets V-Cillin K, 125 or 250 mg., and V-Cillin K, Pediatric, 125 mg. per 5-cc. teaspoonful, in 40, 80, and 150-cc.-size packages.

V-Cillin K[®]

Potassium Phenoxyethyl Penicillin

Additional information available to physicians upon request. Eli Lilly and Company, Indianapolis, Indiana.





Striking the right

NOTE

'Actidil', one of the most potent of antihistamines, strikes the right note in the treatment of allergies.

As in the case of other antihistaminic agents, excessive dosage may produce drowsiness. Patients should be advised to postpone potentially hazardous activities requiring mental alertness until the optimum dosage level has been determined.

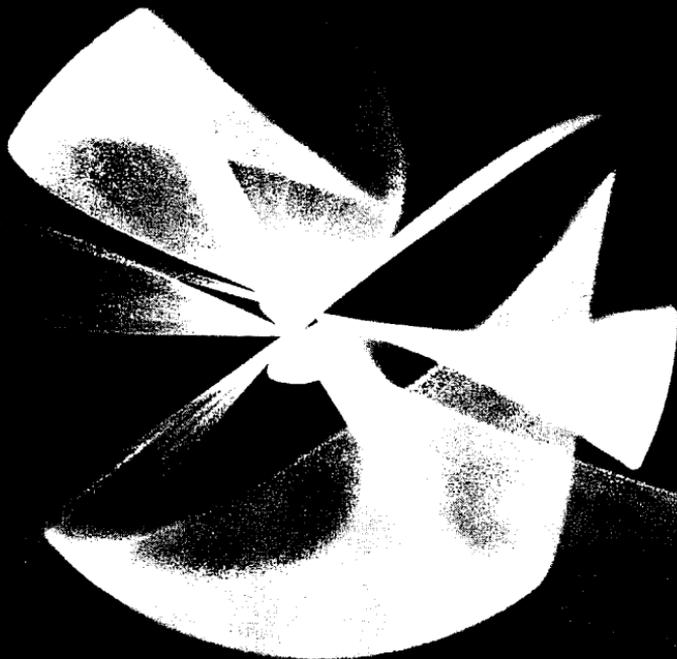
'ACTIDIL'[®]
brand
**TRIPROLIDINE
 HYDROCHLORIDE
 TABLETS & SYRUP**

in allergies

Complete information available from your local 'B.W.&Co.' Representative or from Professional Service Dept. PML.

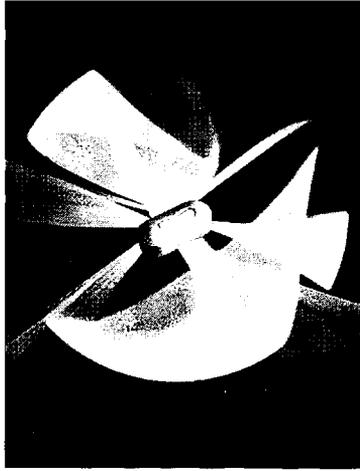


BURROUGHS WELLCOME & CO. (U.S.A.) INC., Tuckahoe, N.Y.



new
MEASURIN[®]
the first 8-hour aspirin

for continuous relief
of pain and stiffness in
rheumatoid arthritis
up to 8 hours
with each dose



new
MEASURIN[®]
(timed-release aspirin)

the first
8-hour aspirin

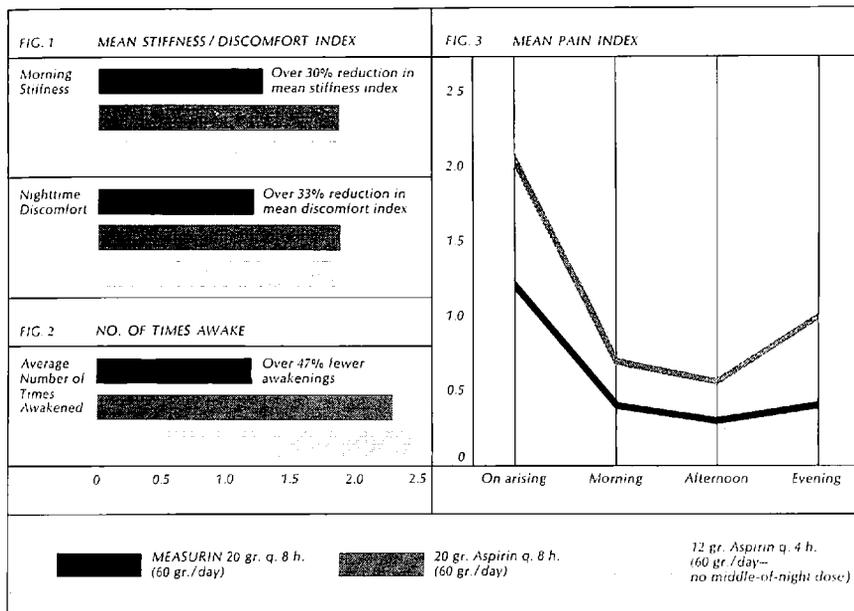
MEASURIN provides the full analgesic benefits of pure aspirin both promptly and for up to 8 hours... with each oral dose.

MEASURIN is the only long-lasting pure aspirin arthritic patients can take at bedtime for analgesia throughout the night... and prevailing relief of pain and stiffness upon arising.

MEASURIN is the aspirin of choice for chronic, low-grade pain.

The prolonged benefits of new Measurin

Less nighttime discomfort, less morning stiffness, fewer nighttime awakenings, less pain upon arising with new Measurin compared to two bedtime dosages of regular aspirin—shown in double-blind, crossover study of 26 patients with rheumatoid arthritis and fibrositis*



Results clearly indicate the superiority of Measurin timed-release aspirin to two bedtime dosages of regular aspirin. Measurin patients had significantly less nighttime discomfort, significantly less morning stiffness (fig. 1), and significantly fewer nighttime awakenings (fig. 2).

Measurin patients also displayed significantly less pain upon arising, lasting into the morning (fig. 3). During the afternoon and evening, both 8-hour Measurin and regular q. 4 h. aspirin proved superior to 20 gr. regular aspirin q. 8 h.—the difference reaching high statistical significance in the evening.

Objectively, the investigator considered Measurin superior to either dosage schedule of regular aspirin in 23 of the 26 patients. Only one patient preferred either of the other regimens to Measurin.

*Clinical reports on file, Chesebrough-Pond's Inc., New York, N. Y.

<p><u>The unique mechanism of new Measurin . . .</u></p> <p>One 20-grain dose (2 Measurin tablets) releases 10 grains promptly, followed by sustained release of the remainder . . . controlled by this new principle of action:</p>	<p>Unlike enteric coatings or capsules of delay-action pellets, a Measurin tablet is composed of over 6,000 microscopic reservoirs of aspirin.</p>	
	<p>Each reservoir is an individual aspirin granule enclosed by an inert polymer, insoluble in body fluids. Upon ingestion, the tablet immediately breaks apart and the reservoirs disperse.</p>	
	<p>Gastric fluids (black) diffuse into reservoirs through semi-permeable walls; dissolved aspirin (gray) diffuses out at a controlled rate (governed by wall thickness) designed to provide optimum 8-hour blood levels.</p>	

new
MEASURIN[®]
(timed-release aspirin)

for continuous
relief of pain
and stiffness
up to 8 hours
with each dose

Indications: Measurin is indicated for the relief of low-grade pain amenable to relief with salicylates, such as in rheumatoid arthritis, osteoarthritis, spondylitis, bursitis and other forms of rheumatism, as well as many common musculoskeletal disorders. It possesses the same advantages for other types of prolonged aches and pains, such as minor injuries, dental pain, and dysmenorrhea. Its sustained effectiveness should also make it valuable as an analgesic in colds, grippe, flu and other similar conditions in which aspirin is indicated for symptomatic relief, either by itself or adjunctive to specific therapy.

Dosage: Two Measurin tablets *q. 8 h.* have been effective for most analgesic needs. This two-tablet (20-grain) dose releases the blood level equivalent of 10 grains of aspirin promptly followed by sustained release of the remainder. The 10-grain (650 mg.) scored Measurin tablets permit administration of aspirin in multiples of 5 grains (325 mg.), allowing individualization of dosage to meet the specific needs of the patient.

With regular aspirin dosage schedules, one 10 grain Measurin tablet may replace any 5-grain tablet, but with twice the duration of activity. Whenever possible, two tablets (20 grains) should be given before retiring to assure relief throughout the night—and prevailing pain relief upon arising.

Measurin has been made in a special capsule-shaped tablet to permit easy swallowing. However, for any patients who have difficulty, Measurin tablets may be crumbled without loss of sustained-release effect.

Side Effects: Side effects encountered with regular aspirin may be encountered with Measurin. Tinnitus and dizziness at saturation dosage are the ones most frequently encountered.

Contraindications and Precautions: Measurin is contraindicated in patients with marked aspirin hypersensitivity, and should be given with extreme caution to any patient with a history of adverse reaction to salicylates. It may cautiously be tried in patients intolerant to aspirin because of gastric irritation, but the usual precautions for any form of aspirin should be observed in patients with gastric ulcers, bleeding tendencies, or hypoprothrombinemia.

HOSPITALS

St. Joseph's

Medical Record News

On Sept. 1, 1965, eight students will enroll in the school for Medical Record Technicians. Sister Emmanuel and her employees of the Record Department are anxiously awaiting their arrival. We wish them luck in the following nine months.

On July 15, 1965, was St. Joseph Hospital Picnic for all employees and their families. It was a wonderful day for the picnic and everyone enjoyed themselves very much. The Sisters, Doctors and all wish to again thank Dr. James for the wonderful picnic.

St. Leo's Auditorium on Sunday, August 22, 1965 at 2:00 p.m. was the scene of a memorable occasion for family, friends, and the 18 graduating seniors of St. Joseph Hospital School of Nursing.

Dr. Bernard R. Rowen, President of the Staff presented diplomas to the following graduates: Joy Axelson, Alvin Bagley, Grant Cox, Joan English, Mary Hale, Jeanne Martin, Mary Molchan, Mary Nord, Magna Cum Laude, Dianne Pettit, Joan Piper, Nancy Robbins Brown, Margaret Scheurich, Sharon

Setzer, Summa Cum Laude, Judy Shumate, Helen Steer, Judie Tweiten, Karen Vicklund, Cum Laude, and Peggy Zurfluh.

The commencement address was delivered by Mr. William W. Hull, Executive Director, Tacoma-Pierce County Association for Mental Health.

A surprise note came in the program when Sister Martha Joseph, Director of the School of Nursing, was called to the stage to receive a gift from the graduating Seniors. The gift, a beautiful cut glass bowl was presented in memory of Sister Mary Cecil who had taught the Sciences for many years.

The X-Ray Department welcomed four new student X-Ray Technicians. The students are Karen Kopljen from Baker, Oregon; Starr Rowen, Renton, Washington; Gregg Bronson, Gig Harbor and Linda Hammon from Tacoma, Washington. We wish them good luck in their chosen profession.

University Place Medical-Dental Bldg.,
2704 Sunset Drive West, Tacoma.
Will have a modern suite available
about Sept. 15. Call SK 2-1780 for
further information.

BEALL'S

The Prescription Store

124 Meridian South

PUYALLUP

Phone Puyallup 5-8444

DAMMEIER Printing Co.

Printers and Offset Lithographers

BRoadway 2-8303

811 Pacific Ave.

Tacoma

PATRONIZE YOUR ADVERTISERS

Time Tested Dependability

Established 1889

R. E. Anderson & Co. Inc.

INSURANCE - MORTGAGE LOANS - REAL ESTATE
PROPERTY MANAGERS



752 Broadway

BRoadway 2-8475



FOR PROFESSIONAL ANALYSIS OF
YOUR INSURANCE PROGRAM

Ask for

Donald M. Moore
Donald J. Hill
Robert D. Sizer

Herbert F. Syford
Stewart L. Simpson
Edward J. Pole

STOWELL'S . . . Prescriptions

Our completely new and larger store
will give you and your patients
more efficient and reasonable service.



FREE DELIVERY

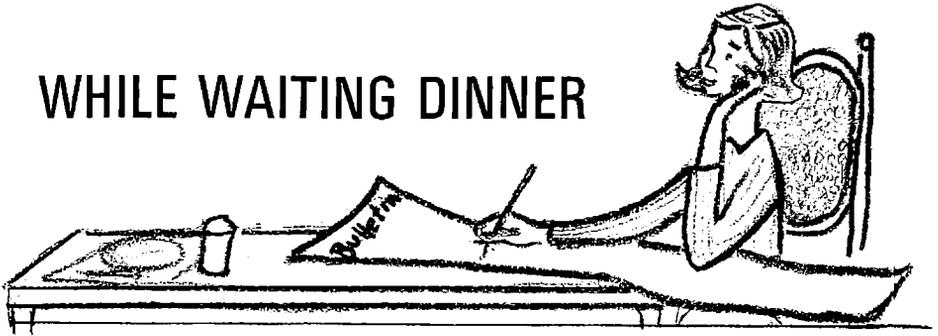


BRoadway 2-2201

744 Market Street

Doctors Hospital Building

WHILE WAITING DINNER



WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

AUXILIARY OFFICERS—1965-1966

President	Mrs. Merrill J. Wicks
President-Elect	Mrs. George C. Gilman
1st Vice-President and Program	Mrs. Robert A. Kallsen
2nd Vice-President and Social	Mrs. Arthur Wickstrom
3rd Vice-President and Valley Rep.	Mrs. Charles Vaught
4th Vice-President and Membership	Mrs. Roy H. Virak
Recording Secretary	Mrs. Leonard G. Morley
Corresponding Secretary	Mrs. Ronald T. Spangler
Treasurer	Mrs. Thomas H. Skrinar
Dues Secretary	Mrs. Glenn H. Brokaw
AMAERF	Mrs. Francis W. Hennings
Civil Defense and Safety	Mrs. John S. May
Historian and By-Laws	Mrs. Herman S. Judd
Legislative	Mrs. Sherman S. Pinto
Paramedical	Mrs. Frederick J. Schwind
Publicity	Mrs. Marcel Malden
Bulletin	Mrs. Robert L. Burt
Speakers Bureau	Mrs. John Colen
Telephone	Mrs. Richard F. Barronian
Minute Women	Mrs. Vernon O. Larson
Coordinator of Community Services	Mrs. George A. Tanbara
Heart	Mrs. Harold D. Lueken
Cancer	Mrs. Jack W. Mandeville
Finance	Mrs. Robert W. Osborne
Dance	Mrs. Robert C. Johnson
Fashion Show	Mrs. Jack J. Erickson
Mental Health	Mrs. Haskel L. Maier
Today's Health	Mrs. David F. Dye
Cook Book	Mrs. Gordon Dean
International Health	Mrs. Homer T. Clay
	Mrs. Dale D. Doherty
	Mrs. James E. Hazelrigg
	Mrs. Robert M. Ferguson
	Mrs. Stanley W. Tuell
	Mrs. Charles McGill

“The lintel low enough to keep out pomp and pride; the threshold high enough to turn deceit aside; the door band strong enough from robbers to defend; this door will open at a touch to welcome every friend.”

—VAN DYKE

A new year is beginning for Pierce County Medical Auxiliary, an exciting and memorable year that none of our old members or new will want to miss! A very different kind of program from the past is being planned with an emphasis on friendliness, fun and good fellowship.

Membership Coffee

The starting gun for all this fun is set to fire Sept. 17 at 10:00 a.m. when the Board will honor all new and prospective members at neighborhood coffee hours. Opening their homes in various sections of Tacoma, Lakewood, and Puyallup for the coffee hour will be Borghild Morley, Elvina Brokaw, Ruth Houtz, Marcia Harrington, Lorna Burt, Edith Lawrence, Chris Kanar and Deva Vaught.

LOOK WHY NOT GIVE YOUR PATIENTS
 THE BEST IN TRANSPORTATION
 COSTS NO MORE . . . REASONABLE RATES



**M
A
7
-
1
1
2
1**

**M
A
7
-
1
1
2
1**

Resuscitator Service
 Oxygen Equipped Electric Cot Warmers
 Licensed Attendants

Tacoma Yellow Cab Co.

1324 MARKET STREET

LUDWIG'S PRESCRIPTIONS

3 LOCATIONS TO SERVE YOU

LAKESWOOD CENTER

DAVID LUDWIG, Manager
 9514 Gravelly Lake Drive S.W.

JU 8-2191

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

THUNDERBIRD CENTER

WM. H. LUDWIG, JR.
 8105 Steilacoom Boulevard S.W.

JU 8-1889

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

SOUTH TACOMA STORE

FRED LUDWIG, Manager
 5401 South Tacoma Way

GR 4-9419

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 9:30 A.M. TO 9 P.M.

365 DAYS A YEAR

FREE PRESCRIPTION DELIVERY

(Continued from Page 21)

Prospective members we are looking forward to greeting are Mrs. James (Nancy) Billingsley, Mrs. DeMaurice (Grace) Moses, Mrs. Kenneth (Janice) Pim, Mrs. Alan (Reta) Porter, Mrs. Sumiho (Yasuko) Wada, Mrs. Thomas (Elena) Elder, Mrs. Donald Weber and Mrs. Lawrence Cutner. Mr. Albert (Ruth) Sames, although no stranger to the Auxiliary, is new to the Valley and will be honored at the coffee hour held there.

Busy planning all this before taking off on a family vacation trip this summer via trailer, Gloria Virak, membership chairman, assured us that all members of the Auxiliary will be called to attend the Coffee nearest her home, so mark the calendar right now for Friday, Sept. 17 and we'll get off to a jet start on this year's activities!

Telephone

While we are on the subject of calling, our two zealous telephone chairmen, Kit Larson and Kimi Tanbara, want everyone to know:

*If you are not being called
Or need transportation—
Give a little jingle . . .*

*Just pick up YOUR phone and
Call Kit or Kimi's home—
You'll be there in time to mingle!*

More Marks on The Calendar

Sept. 12-15 don't forget the Washington State Medical Association and Auxiliary meeting in Seattle at the Olympic Hotel and Washington Athletic Club. Registration begins on Sunday.

What nicer way to relax after the hurry-scurry of getting children back to school than to take a few days to attend

the meeting in Seattle or even if only for one day!

If your husband forgets to bring home the information until the day before the meeting, the way to find out what is going on where is to ride along with your doctor when he makes rounds. The hospital bulletin boards maintain a veritable fount of ephemeral material among which you will find at present a list of the fascinating activities the W.S.M.A. is offering in addition to the business meetings. For instance, on Monday, Sept. 13, you have a choice of getting up at 4:00 a.m. with hubby to attend the Salmon Derby. (Yes, wives are included!) embarking from the Yacht Club at Edmonds and returning at 11:30 a.m. for a buffet luncheon and prizes for the best catch. Or, if you are a golfer, you are invited to the Auxiliary Golf Tournament and Luncheon at the Sand Point Golf and Country Club, 8333 55th N.E., starting at 8:30 a.m. with cocktails and luncheon served from 12:15 until 2:30 p.m. and prizes for those who are eligible—that is, registrants of the State Auxiliary Convention.

A Social Hour and Reception will be held for the National Auxiliary President, Mrs. Richard A. Sutter, Monday evening from 5:00 to 6:00 p.m. in Room 2105 of the Washington Athletic Club. Tuesday evening there will be a reception for the new State Presidents, Mrs. William Blackstone and Carl Schlicke, M.D., preceding the annual dinner and dance.

Mrs. Pepys advises us to "spare a precious convention hour from old friends to mingle with the newcomers . . . for the freshman green first timer can give an old timer a pristine viewpoint . . . and green is the color of growth and of sprouting leadership."

Friday, October 8, will be the first Auxiliary luncheon of the year to be

held in the lovely Stadium Way home of Mrs. Thomas B. Murphy.

Highlight of the afternoon will be a scintillating skit in which three new members of the Auxiliary, Mrs. Ben Casey, Mrs. Rex Morgan (hope it was June who finally hooked him) and Mrs. Kildare, will be initiated into the intricacies of Auxiliary membership by three old members, Mesdames Mabel Lean, Claire Raul and Lana LinPlus. Circle Oct. 8 on your calendar, call the sitter now and plan to be on hand for the fun!

Dr. Fred Schwind, Pierce County Medical Society President, will be our guest.

Co-chairmen for the luncheon are Bianca Mattson and Nadine Kennedy with their committee, Donna Ferguson, Rosemary Dye, Peggy Haley and Bev Harrelson. Such an imaginative group of gals are sure to surprise us with something different and delicious.

Another October date to mark is Thursday, October 21—Annual Fashion Show, "Manikins in Orbit." Social hour begins at 11:30 a.m. with luncheon at 12:00 on the top deck, Top of the Ocean restaurant. Price is \$3.00 and tickets are available from Jan O'Connell and Mary Rohner.

Marion Doherty and Connie Clay, co-chairmen of the affair, are hard at work to make this one of the most dazzling fashion shows orbiting this season. All the models to be launched are members of the Medical Auxiliary. Indications are that it will be a "sell out" again so get your tickets early. See you there!

Dues Are Due

Dues are due and you know who! All of us, that's who . . . so send your check for \$10.00 now to Mrs. Glenn H. Brokaw, 2919 North Alder, Tacoma.

Away From The Phone

Dr. and Mrs. Dale Doherty attended the meeting of the Pacific Dermatology Association in Portland at the Hilton Hotel from July 25-29. It was most considerate of the Association to pick such a nice spot to convene during the summer months and Marion thoroughly enjoyed it.

Quips From The M. D. Family

Did you hear about the little boy climbing on a chair in the doctor's waiting room? He took a nasty tumble cracking his head on the floor. Someone picked him up, brushed him off and said, "You're not going to cry, are you? You're a big boy."

The child glowered at him and retorted, "No, but I'm going to sue!"

The cutest summer vacation story I've heard is the one about the M.D. family travelling to California where one mile of superhighway looks much like another and the floor plan of a certain restaurant chain along that route is identical. After having breakfast in one restaurant, four year old Judy was thoroughly confused when they walked into the restaurant for dinner—some 500 miles from the one where they had breakfasted—the tot exclaimed in bewilderment, "Daddy, we've been driving all day, and here we are again!"

See you in Seattle!

—LORNA BURT

DAMMEIER Printing Co.

811 Pacific Ave. Tacoma
BRoadway 2-8303

Fun, Science Prizes At WSMA Confab; Auxiliary Meets Too

Featuring 11 guest speakers from other states and from British Columbia, the 76th annual meeting of the Washington State Medical Association will be held at the Olympic Hotel in Seattle, Sept. 12-15. There will be three days of scientific sessions, with many of the specialty meetings running concurrently with the general sessions. Besides the commercial technical exhibits, there will be 11 scientific exhibits by physician-members.

To stimulate viewing of the technical exhibits, three valuable prizes will again be awarded to physicians at drawings to be held daily at the registration desk. To qualify for the drawings, a physician

must have a specified number of signatures of technical exhibitors.

Official business of the Association will be transacted by the House of Delegates at its two sessions, the first one Sunday, Sept. 12 at 1:30 p.m., in the Georgian Room, and the second session at 1:30 p.m. Wednesday, Sept. 15, in the Olympic Bowl. Pierce County will have full representation by its delegation, according to Fred Schwind, Society President. The House will act on issues presented by the reports of officers, three amendments to the constitution, the reports of some 33 committees and seven proposed resolutions.

Finer points of almost all issues will be hammered out in detail in the reference committees which will meet all day on Tuesday, Sept. 14.

The State Medical Auxiliary will hold its annual meeting concurrently at the Washington Athletic Club nearby. The wives are eligible for the salmon derby and will have their own golf tournament at the Sand Point Golf and Country Club.

Tacoma Brace & Limb Co.

Lenart C. Ceder, owner



Expertly fitted—

Artificial Limbs
Orthopedic Appliances
Surgical Belts
Arch Supports
Trusses



FULton 3-4439

723 South K Street

HAVE YOU PAID YOUR AMPAC DUES?

PATRONIZE YOUR ADVERTISERS!

NOW UNDER CONSTRUCTION

PROFESSIONAL CENTER

offering modern space for medical
suites in fast growing residential area.

Phone TE 3-1689

AUBURN

2 LOCATIONS

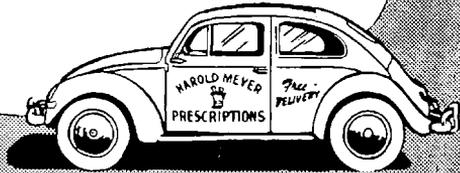
Harold Meyer Drugs



11th & K

OPEN 'TIL MIDNITE

48th & So.
Tacoma Way



MOUNTAIN VIEW FUNERAL HOME

Takes Care of Everything

UNDERTAKING -- CEMETERY -- CHAPEL -- MAUSOLEUM

4100 Steilacoom Boulevard

JUniper 4-0252

Heart Assn. News

"For information, ask your Heart Association, For Medical Advice, ask your doctor."

With this theme, the Pierce County Heart Association and the Professional Pharmacists of Pierce County opened a campaign August 29 to inform the public about cardiovascular disease and the Heart Association's public information and community services.

Druggists of Pierce County will offer publications on heart attack, stroke and smoking in their stores. The August 29 issue of Channel TV, television magazine distributed by druggists, carries an introduction to the campaign from Don Thomsen, president of the Professional Pharmacists of Pierce County, and an order form for 25 of the most frequently requested publications of the Heart Association. 200,000 copies of the magazine will be distributed through druggists in Washington, Oregon and Idaho.

In later editions, the public will be informed about Heart publications available on their physician's prescriptions, such as the stroke rehabilitation guides and diet guides.

**DAMMEIER
Printing Co.**

B Roadway 2-8303

811 Pacific Ave. Tacoma

PATRONIZE YOUR ADVERTISERS

RANKOS

PHARMACY

101 North Tacoma Avenue

Prescription

Druggists



We Carry a Complete Line of
Biologicals and Pharmaceuticals

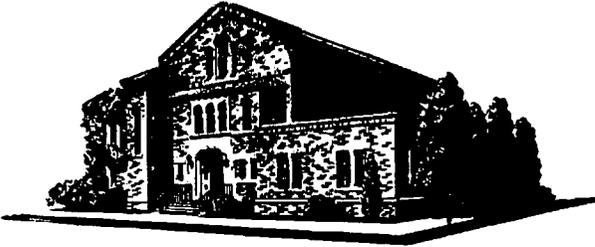


"When Moments Count"

FULTON 3-2411

PROMPT . . . FREE DELIVERY

Spacious, beautiful memorial chapel
Choice of cemetery, mausoleum,
cremation or columbarium



Choice of type or
manner of service

Budget Terms
Available

BUCKLEY-KING

CONVENIENTLY LOCATED • TACOMA AVE. AT SO. FIRST
LARGE PARKING AREA

SHAW SUPPLY HAS THESE SERVICES TO OFFER YOU AND YOUR PATIENTS

- Your choice of the finest lines manufactured.
- Experienced fitting for both men and women
 . . . Surgical Supports . . . Belts . . . Hosiery . . .
- Large selection of nurses' uniforms and doctor gowns.
- Complete rental service for sick room supplies
 . . . Pick up and Delivery Service . . .
- Factory trained repair service in our own shops.

Serving The Pierce County Medical Profession Since 1904



*710 fawcett ave.
tacoma 2, wash.
broadway 2-1125*

PHYSICIANS' AND HOSPITAL SUPPLIES

AMPAC 1965

Summer vacation is over and it is now time to start meetings and organizational work again. While most organization have been temporarily closed down, AMPAC has been holding regular monthly sessions plus quite a bit of in-between phone work.

One of our jobs has been the gathering of more personnel. Our active board consists of eight board directors (a doctor representing each Congressional district plus one doctor's wife representing the Auxiliary.) We also have an alternate for each Congressional District plus an Auxiliary representative for each District. Our 6th District Auxiliary Representative has been Mrs. Lawrence Foster of Bremerton. Mrs. Foster has been Legislative Chairman for the last few years for the State Auxiliary and has now consented to be on our board of directors as the Auxiliary representative. We are proud of this since as legislative chairman she has kept herself informed, plus for a number of years she has been quite active in local politics. Her replacement for our 6th District Auxiliary Representative is Mrs. Loy Cramer. She comes to us highly recommended from the standpoint of her genuine concern and interest in good government. We of AMPAC are pleased to have her join us.

Our second major job has been getting ready for the WSMA State Convention. We intend to be present bigger and better than ever. We believe we have a booth that will be of interest to you where you can come to visit with us and get acquainted. We will also have a room where we will show one of our movies, called "Political Wrap-up, 1964." This will last 15 minutes followed by 15 minutes of questions and ans-

wers. The movie will be repeated several times each day. Come see the movie and see how your AMPAC has been active in politics. Plan to ask any questions you may have concerning AMPAC and give us a chance to learn from each other.

Our third project has been preparing for our fall programs. We want to extend our membership from within our own medical ranks because we have not as yet fully realized our potential here. We must plan programs in order to better reach our own medical society members. We know there are still many doctors who do not fully understand perspectives of socialism and how to combat them through the election of Congressmen of honor and integrity. We know we just can't sit back and grumble about changes occurring in our government but must be active in fighting unwanted and unwarranted changes. This must be done on a political level. For this reason, we also need to encourage membership in AMPAC from allied medical fields. We want friends of medicine to work with us for our common goal.

With your State Convention at hand, take time out from your busy practice and attend the convention. WSMA needs your support. You make up this organization and therefore you should want to be active in it. Listen to the lectures diligently prepared for you and see the exhibits set up for you with the expansion of great effort in order to increase your medical knowledge. A State Convention can be as good as each one of you make it. AMPAC will be there and we hope to see you there!

THOMAS H. SKRINAR, M.D.
State Chairman, AMPAC

"Doctors' Phonebook" Out; Will List Drug Store Hours

A fresh, new copy of that much-used "doctor directory" will soon be on your desk, and this year it has a section that makes it more valuable than ever. For that late evening phone prescription that saves you a house call, you'll be able to look in your faithful directory and find not only the phone number but also the opening and closing hours of Pierce County drug stores on weekdays, Sundays and holidays.

The sponsoring organization for this useful addition to the directory is "The Professional Pharmacists of Pierce County." Don Thomsen of University Place Pharmacy is President of the organization, and Jim Carlson, Squibb detail man, was the instigator of the plan. The new listing will add several pages to the booklet which is already packed with useful information which makes it a "must" item in every doctor's office, by the home phone and at the nurses' stations in every hospital.

The listing of all Pierce County doctors will again be the main feature of the booklet, with each physician listed in alphabetical order with his specialty, day off, and home and office addresses and phone numbers. There are several other useful sections in the directory. All Pierce County hospitals are listed, with their addresses and phone numbers and names of the hospital officials. Another section lists the addresses and phone numbers for several related medical organizations such as the blood bank, the American Cancer Society and the nurses' professional registry.

The names of the major pharmaceutical houses are listed in the book, with the names, addresses and phone num-

bers of the detail men for each company. All medical laboratories are likewise listed, as are registered physical therapists.

Finally (fittingly), there is a listing of all Pierce County funeral directors.

The booklet has been printed and published for 19 years by the Dammeier Printing Co. Advertisements by local firms help finance the directory, which is furnished free to all doctors and distributed free to nurses' stations in all the hospitals.

Monday Set For Fishing, Golfing At State Meeting

Monday, Sept. 13, will again be "sports day" at the annual meeting of the Washington State Medical Association in Seattle this month. Participants in the annual Salmon Derby should have registered by now, but anyone still desiring to enter the derby should promptly contact Dr. Wayne Chesledon in Seattle to see if any more reservations are available. The fishermen — wives are invited too — will leave by bus from the Olympic Hotel at 4:00 a.m., having breakfast together at the Edmonds Yacht Club at 5:00 a.m., and try their luck at fishing from "sleek cruisers" from 5:30 to 11:00 a.m.

Golfers will tee off starting at 9:00 a.m. at the Glendale Golf and Country Club in Bellevue. No pre-registration is needed for the golf tournament. Golfing will continue through the afternoon and the day will conclude with a "Sportsmen's Stag Banquet" at the Glendale Golf and Country Club at 6:30 p.m.

PIERCE COUNTY MEDICAL SOCIETY MEETING
Wednesday, September 8

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

 DISCUSSION BY W.S.M.A. DELEGATES OF RESOLUTIONS
 TO BE CONSIDERED AT THE STATE MEETING

° ° ° ° ° °

Social Hour: 6:00

Dinner: 6:45

Honan's Restaurant

**Wahlberg, Shaw on
 Program For WSMA**

Three Tacoma area doctors are listed on the program of the Washington State Medical Association meeting in Seattle this month. Dr. Elmer Wahlberg, President of the Washington Academy of General Practice, will moderate the "Symposium on New Antibiotics" as part of the General Practice Session, 9:00 a.m., Monday, Sept. 13, in the Spanish Ballroom.

On Wednesday afternoon, Sept. 15, also in the Spanish Ballroom, Dr. John

Shaw will present a paper as part of the session on "Survival in the Northwest." Dr. Shaw's paper is entitled "The Hazards of Sun Exposure," and will be read at 2:25 p.m.

As part of the Eye Scientific Session, Major Dean Rockey of Madigan Hospital will present a paper Monday morning entitled, "The A Syndrome with Overacting Obliques."

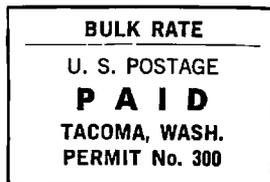
 MEDICAL-DENTAL FIELD DAY

FRIDAY, SEPTEMBER 10

FISHING — GOLF — TENNIS

Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402



Dr. Frank J. Rigos
Medical Arts Building
Tacoma, Washington

MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Bldg.
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—6:15 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November
- TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS
First Monday of each month—8:00 p.m. at 424 South K Street
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—8:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and August
—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m. at Tacoma Club
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY
First Thursday of each month except June, July and August—
6:00 p.m.
- STAFF OF MEDICAL ARTS HOSPITAL
Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

VOL. XXXVI—No. 10

TACOMA, WASH.

OCTOBER - 1965



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
OCTOBER 12, 1965**

Pierce County Medical Society

1965

OFFICERS

President Frederick J. Schwind
 President-Elect Glenn G. McBride
 Vice-President Lester S. Baskin
 Secretary-Treasurer Arnold J. Herrmann
 Executive Secretary Judy Gordon

TRUSTEES

Richard F. Barronian Robert C. Johnson
 Lester S. Baskin James D. Lambing
 Myron A. Bass Glenn G. McBride
 J. W. Bowen, Jr. Clinton A. Piper
 Robert R. Burt Frank J. Rigos
 Arnold J. Herrmann Frederick J. Schwind

DELEGATES

Douglas P. Buttorff Frederick J. Schwind
 Robert M. Ferguson Stanley W. Tuell
 Robert W. Florence Wayne W. Zimmerman
 Glenn G. McBride

ALTERNATE DELEGATES

Richard F. Barronian Herman S. Judd
 Charles J. Galbraith Robert W. Osborne
 Philip Grenley Charles C. Reberger
 Kenneth E. Gross

COMMITTEES

Ethics
 Murray L. Johnson, Chairman
 Samuel E. Adams, Frank R. Maddison

Grievance
 Frank J. Rigos, Chairman
 G. M. Whitacre, Stanley W. Tuell

Program
 Robert C. Johnson, Chairman
 Clinton A. Piper, Robert M. Ferguson

Public Relations
 James D. Lambing, Chairman
 John F. Comfort, Robert M. Ferguson
 Kenneth E. Gross, G. Marshall Whitacre

Library
 Don G. Willard, Chairman
 Robert M. Freeman, William E. Avery

Public Health
 Lawrence N. Brigham, Chairman
 Cecil R. Fargher, Robert C. Johnson
 Orvis A. Harrelson, David L. Sparling

House and Attendance
 John R. Alger, Chairman
 Robert Klein, William W. Mattson, Jr.

Civil Disaster
 Edward R. Anderson, Chairman
 Leo Annest, Charles E. Kemp
 Robert R. Burt, Richard B. Link
 Kenneth D. Graham, Robert D. McGreal
 T. R. Haley, Leo F. Sulkosky
 David T. Hellyer, Arthur P. Wickstrom

Diabetes
 Robert A. O'Connell, Chairman
 Robert A. Kallsen, Roy H. Virak

Entertainment
 William L. Rohner, Walter L. Sobba

Geriatrics
 S. Robert Lantiere, Chairman
 Herbert C. Kennedy, Harold F. Kahler

Legislative
 J. Hugh Kalkus, Chairman
 Homer W. Humiston, Herman S. Judd
 B. D. Harrington, John M. Shaw

**Wayne W. Zimmerman
 Medical Education**
 Edmund A. Kanar, Chairman
 Glenn G. McBride, Bernard R. Rowen
 James Mason (Ex-officio)

Operation Hometown
 Douglas P. Buttorff, Chairman

Schools
 George C. Gilman, Chairman
 Cecil R. Fargher, Dudley W. Houtz
 Orvis A. Harrelson, Everett P. Nelson

Mental Health
 Hugo Van Dooren, Chairman
 James M. Blankenship, Jerman W. Rose

Poison Control
 Claris Allison, Chairman

Bulletin Staff

Editor Stanley W. Tuell
 Business Manager Judy Gordon
 Auxiliary News Editor Mrs. Robert R. Burt



October Birthdays

- 2 Dudley W. Houtz
Graham M. Watkins
- 3 Lester S. Baskin
M. R. Hosie
- 4 Edward R. Anderson
Arnold J. Herrmann
Somers R. Sleep
- 5 J. Robert Brooke
David F. Dye
Kenneth E. Gross
Thomas B. Lawley
- 6 A. R. Islam
- 7 Haskel L. Maier
Richard I. Rich
- 10 Donald M. Nevitt
- 11 Myron Kass
John W. Pelley
- 12 Robert A. Kallsen
- 13 G. W. Bischoff
Sumiho Wada
- 14 Robert G. Bond
Frank H. James
James E. McNerthney
- 16 Murray L. Johnson
William H. Ludwig
- 17 C. B. Ritchie
- 19 David T. Hellyer
Vincent M. Murphy
- 20 Dumont Staatz
- 21 Buel L. Sever
- 23 Horace A. Anderson
- 24 Giulio di Furia
- 25 Donald F. Allison
Charles M. McGill
- 31 John F. Kemman
John Srail

OUR COVER . . . The cover photo was taken by Dr. Gerhart Drucker, showing fellow-climbers on the ridge of Mt. Victoria, 11,700 feet, overlooking Lake Louise in Canada. (See article, page 29.)

PATRONIZE YOUR ADVERTISERS



Orville E. Shoemaker, C. F. A., Vice President and Trust Officer of National Bank of Washington, has qualified as a Chartered Financial Analyst. Mr. Shoemaker (at right), head of the Investment Analysis Section of the Trust Department at NBW, is shown being congratulated by Mr. Gershom C. Rowland, Senior Vice President and Trust Officer in the office of Mr. Goodwin Chase, President of NBW.

Chartered Financial Analyst—the first such title conferred on a bank executive in Washington State—was earned by Orville Shoemaker after many years of advanced study and in recognition of his ability as demonstrated in his recommendations of investment securities for the Trust Department. Shoemaker is charged with the investment research responsibility for the Trust Department, makes this information available to its Investment Committee, and serves that Committee as secretary. A Washington banker since 1923, Orville Shoemaker exemplifies the degree of experience and professional ability in Trust service offered by National Bank of Washington.

You can benefit from his knowledge and ability through a trust arrangement. We invite your inquiries.



37 BANKING  CENTERS IN WASHINGTON

18 IN THE TACOMA AREA

Member Federal Deposit
Insurance Corporation
Member Federal

Prescription Optical Company

"Fashion In Eyewear"

205 Medical Arts Building

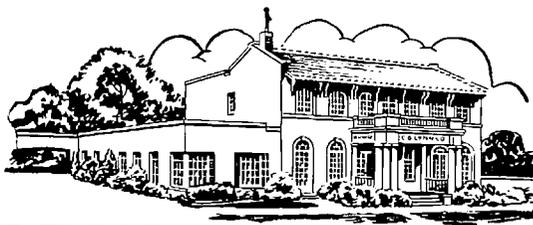
Tacoma, Washington

MArket 7-4151

Branches in . . . Lakewood - Everett - Bremerton - Fort Lewis



Member
THE ORDER OF
THE GOLDEN RULE



LYNN FUNERAL HOME
PHONE MA 7-7745

PROVIDING FINE FUNERAL SERVICE SINCE 1905
717-719 TACOMA AVENUE TACOMA • 2 • WASHINGTON

October Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
4 Tacoma Acad. of Psych. & Neurol. 8 p.m. Tacoma Orthopedic Society 8 p.m.	5 C.P.C. of Mary Bridge—8 a.m.	6 Surgery Grand Rounds—T.G.H. 8-9 a.m.	7 Pierce County Pediatric Society 6:00 p.m.	8 C.P.C. of St. Joseph's—9 a.m.	9 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
11	12 PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M. C.P.C. of Mary Bridge—8 a.m.	13 OB-GYN Conf. T.G.H. 8-9 a.m.	14	15	16 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
18	19 Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	20 Medicine Grand Rounds—T.G.H.	21	22 C.P.C. of St. Joseph's—9 a.m.	23 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
25 Pierce County Academy of General Practice 6:30 p.m.	26 Tacoma Acad. of Internal Medicine 6 p.m. C.P.C. of Mary Bridge—8 a.m.	27 Path. Cancer Conf.—T.G.H. 8-9 a.m.	28	29	30 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.

Grand Rounds—Mt. View General Hospital—Every Saturday 9 to 10 a.m.

Since 1888 . . . three quarters of a century of dignity and service at sensible prices.

- Convenient location
- Two beautiful chapels
- Plenty of parking

**C. C. MELLINGER
FUNERAL HOME
and MEMORIAL CHURCH**

6th & Tacoma

BR 2-3268

"Glasses as your eye
physician prescribes them"

Contact Lenses — Artificial Eyes

Columbian Optical Co.

Ground Floor, Medical Arts Bldg.
Medical Center
Western Clinic Bldg.
Lakewood



Have a sound future

Use our personal financial management service

Our Trust Department can perform a wide variety of jobs for you, all designed to help achieve a sound financial future for you and your family. Here are a few benefits of using our confidential trust services:

- A properly planned *living trust* at The Puget Sound permits you to retain all advantages of property ownership without the work and worry of property management. It protects your beneficiaries and avoids unnecessary court costs.
- Our people provide competent investment counsel for you today, and your heirs tomorrow. Relieves you of the complex and

time-consuming task of managing your investments.

- As trustee under your will or life insurance trust, we provide economical, flexible management of funds left to heirs.
- Our experience can help you minimize federal estate taxes; reduce federal income taxes.



We welcome inquiries

**TRUST AND INVESTMENT DEPARTMENT
PUGET SOUND NATIONAL BANK**

Confidential, personal financial management
HEAD OFFICE, 1119 Pacific Avenue

PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, October 12

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

JOINT MEETING OF THE PHYSICIANS AND CLERGY OF PIERCE COUNTY

Speaker from WSMA Committee on
Medicine and Religion

• • • • •

Social Hour: 6:00

Dinner: 6:45

Honan's Restaurant

5 Resolutions Flop; N.W. Medicine Rates Upped Two Bucks

It was a bad year for resolutions at the State Medical Association in Seattle last month. Of the seven resolutions introduced, only two passed. The other five were rejected by the House of Delegates, in keeping with recommendations of the reference committee on resolutions, of which Dr. Fred Schwind was a member.

The two resolutions that passed related to an increase in the annual subscription rate of *Northwest Medicine* from \$3.00 to \$5.00 and the establishment of a Section on Anesthesiology in the State Medical Association.

Resolutions which were rejected were:

(1) A resolution urging the AMA to make a list of reliable insurance companies.

(2) A resolution setting up a physicians' "Bill of Rights" for quality medical care. After amendments, this resolution closely resembled principles already stated by the AMA, and passage by the State body seemed unnecessary and redundant.

(3) A resolution urging an indemnity basis for all insurance plans.

(4) A resolution to pay \$3,000 annually to Washington State delegates to the AMA.

(5) A resolution to form a special committee to determine if any individual osteopath is practicing "scientific medicine."

***“waste neither time
nor money but make
the most of both”***

... BENJAMIN FRANKLIN, 1748

THE PROVEN EFFICACY OF PENTIDS
SAVES YOUR TIME AND SPARES
YOUR PATIENT'S PURSE

PENTIDS[®]
SQUIBB PENICILLIN G

SQUIBB



Squibb Quality — the Priceless Ingredient

rx
farrell's
PRESCRIPTIONS, INC.

FAST, ECONOMICAL PRESCRIPTION SERVICE

PLUS FREE DELIVERY

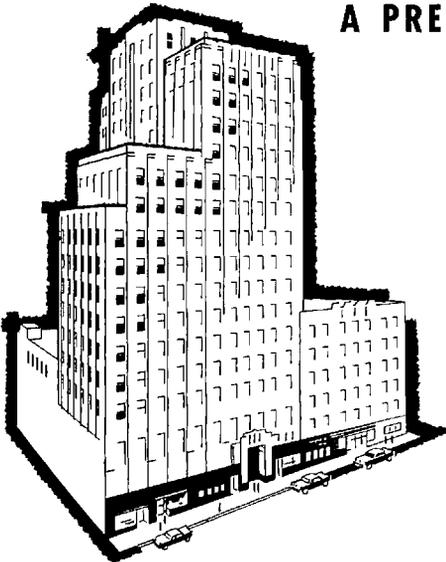
BR 2-8000

Market Street
Lobby

Medical Arts Building

FU 3-5595

St. Helen's Street
Lobby



A PRESTIGE LOCATION . . .

The Medical Arts Building—Tacoma's *only* Class "A" medical building—provides everything from the fully equipped hospital and laboratories to a medical supply house. People know they can depend on finding the best in medical care here because only those with highest ethical standards are accepted as tenants. Your inquiry is invited . . .

Medical Arts Building

Building Office: 110 Medical Arts Bldg.

Market 7-6441

METROPOLITAN BUILDING CORP., MOBS.

President's Page



The public has been made aware of the population explosion, but most physicians are more aware of the information explosion. Each day he watches the accumulation of a disorderly heap of periodicals on his desk with each visit of the postman. These periodicals which range from the A.M.A. Journal to Clinical Clipping, are published for the purpose of keeping the physician up-to-date on all phases of medicine from research to politics.

Last week it was my frustrating duty to dispose of a two week accumulation of this current medical literature. To my amazement, there were 29 separate publications; five in newspaper form and 24 in magazine form of varying sizes. The entire pile contained 3586 pages, 1538 of which, by actual count, were advertisements for drugs, equipment, books, etc. Many of the ads were cleverly designed and attractive and featured subjects ranging from the sleek "chick" who had been hyfrecated to a pathetic looking kitty-cat with a three-pronged electrode protruding from his skull who was supposed to help promote a new appetite suppressant.

The "meat" of this bountiful medical smorgasbord consisted of 2048 pages which included many fine articles; some clear and concise for practicing clinicians, others much more detailed to satisfy the needs of the research-oriented physician. There were other articles which served the sole purpose of getting the author's name in the literature. At any rate, if an average 300 word per minute reader (such as myself) read this stack of material (figuring 300 per words per page), it would require 34 hours to completely cover the readable part of the two-week accumulation of periodicals.

This is a far cry from the neophyte physician of a century ago who "read" medicine with his preceptor from textbooks that we would now consider obsolete before they were off the press. Today, a physician can be as "well read" as the most astute professors in our medical meccas, providing he has 2 to 3 hours to read each day and a mailman with a back strong enough to carry in all the periodicals.

—FREDERICK J. SCHWIND, M.D.

Enjoy Dinner in the pleasant atmosphere
of a Restaurant typical of San Francisco

Honan's Restaurant

COMPLETE DINNERS FROM \$2.95

Specialties . . .

Broiled Steaks
Australian Lobster Tails
Prime Ribs of Beef

Banquet facilities
Private Rooms for
dinners and meetings
Cocktails

"Tacoma's most popular downtown Restaurant"
across the street from the Medical Arts Bldg.

Honan's

MA 7-7179

Free Customer Parking next door

739½ St. Helens Ave.



Schwarz, Shera and Associates, Inc.

BROKERS INSURANCE SERVICE

LICENSED & BONDED BROKERS



Ned Shera, C.L.U.
Vice President



V. A. "Bud" Schwarz, C.L.U.
President



(Mrs.) Dorothy Connor, C.L.U.
Secretary-Treasurer

Providing

"PROFESSIONAL COUNSEL FOR THE PROFESSIONAL"

Life & Health Insurance
Annuities
Pension Plans (including H.R. 10)

Professional Partnerships
Estate Creation Planning
Estate Conservation Planning

As Brokers we are *YOUR* agent, *NOT* an Insurer's Agent.

Offices at Suite 306, Security Building
Tacoma, Washington

MA 7-8181

Editorially Speaking

The worst is yet to come.

From Washington, D. C., there came bad news for physicians in 1965, but, Medicare-wise, worse news will come in future years. What can we do about it?



Even if we can't stem the socialist tide, we can still delay it, shape it, modify it, always aware of our prime responsibility of providing the best medical care possible. It's perfectly reasonable that if the task is bigger and the odds greater, the cost of the struggle will be greater.

Being mailed to every member of the Washington State Medical Association is an information sheet entitled "Looking Ahead." A tentative increase in the State Association budget of \$125,000 is no small sum, but study the list of new budget items carefully and then give careful thought to the alternatives. Perhaps an extra \$40 or \$50 per year is a small price to pay.

—S.W.T.

80,000 Viewers Set For "Ask Your Doctor" Again On KTNT-TV

"Ask Your Doctor" time is here again. The popular TV program of the Pierce County Medical Society will vie with "Bonanza" for the favor of viewers every Sunday night at 9:30 p.m. The local program isn't doing too bad even against competition of that caliber according to Max Bice, KTNT-TV manager. A survey last year by the television station indicated that some 80,000 viewers were tuning in Arnie Herrmann and friends instead of Hoss and Little Joe.

The first taping session features discussions of venereal disease and arthritis, the subjects of the first two programs for the 39-week series. Del Lambing is again program chairman for the series and Arnie Herrmann will moderate. All programs are taped in advance at bi-monthly sessions at the TV station on South 11th and Grant, two programs being taped each session.

Dr. Lambing lauded the fine cooperation of the physicians in participating in the programs and asks that any members having ideas for future programs call him with their suggestions. Current programs are the results of numerous suggestions taken from the many letters that came in from viewers last Spring.



V-Cillin K now costs approximately 21 percent less. This significant price decline constitutes a substantial saving and still offers these important benefits over penicillin G:

The effectiveness of intramuscular penicillin. Just three 250-mg. doses daily provide total twenty-four-hour penicillin blood levels equal to those achieved by injection of 600,000 units of procaine penicillin G. A fourth dose increases daily penicillemia to levels 35 percent above those achieved by injection.

Consistent dependability—even in the presence of food. Comparative pharmacologic data show that V-Cillin K produces peak blood levels twice as high as those of penicillin G, with half the dose.

New, thin coating . . . new size and shape. The new coating eliminates the characteristically bitter taste of oral penicillin and makes V-Cillin K tablets easy to swallow. The new shape makes them easy for physicians and pharmacists to identify.

Indications: V-Cillin K is an antibiotic useful in the treatment of streptococcus, pneumococcus, and gonococcus infections and infections caused by sensitive strains of staphylococci.

Contraindications and Precautions: Although sensitivity reactions are much less common after oral than after parenteral administration, V-Cillin K should not be administered to patients with a history of allergy to penicillin. As with any antibiotic, observation for overgrowth of nonsusceptible organisms during treatment is important.

Usual Dosage Range: 125 mg. (200,000 units) three times a day to 250 mg. every four hours.

Supplied: Tablets V-Cillin K, 125 or 250 mg., and V-Cillin K, Pediatric, 125 mg. per 5-cc. teaspoonful, in 40, 80, and 150-cc.-size packages.

V-Cillin K[®]

Potassium Phenoxyethyl
Penicillin

Additional information available to physicians upon request. Eli Lilly and Company, Indianapolis, Indiana.



500990

Tacoma General

Dr. Roswell Brown will visit Tacoma General Hospital.

The 1965-1966 Program of Continuing Medical Education of the Tacoma General Hospital will be inaugurated on Wednesday, October 6, 1965, at 8 a.m. This session will be held in Jackson Hall of the hospital's School of Nursing.

The Medical Community is invited to attend this hour-long conference. Speakers will be Dr. W. W. Zimmerman of Tacoma, and Dr. Roswell K. Brown of New York City.

Dr. Zimmerman will present a case involving the management of an extensive crush injury.

The Hospital and Tacoma is honored by Dr. Brown's visit. He is a former clinical professor of surgery at the University of Buffalo School of Medicine and Assistant Dean of that institution, and is presently the Assistant Director of the Field Program in Trauma of the American College of Surgeons, with office in New York City. In this latter capacity he has traveled throughout the U.S. in the interest of the College for its program in Trauma which seeks ways to assist physicians and hospitals to provide improved care to the injured patient.

Dr. Brown will speak specifically as concerns these problems in the community hospital.

As in the previous year, the monthly Program of Continuing Medical Education at this hospital will appear in the Bulletin of the P.C.M.S. Also, announcements of weekly programs will be mailed in advance to the physician's office.

Department of Anesthesiology

Dr. Hanif Anwar, a former resident who is now practicing in Canada, returned to Tacoma to claim Miss Patricia Cochrane as his bride on August 7. Miss Cochrane is a 1965 graduate of the Tacoma General Hospital School of Nursing.

On September 5, 1965, Dr. Mullan Chinn and Miss Patricia Cox were married in Seattle. Dr. Chinn is also a former resident and is now residing in Seattle. The new Mrs. Chinn is a graduate of Jackson Memorial Hospital School of Nursing.

New residents to the department are: Dr. Klaus Siebold came from Toledo,

Ohio, a native of Germany. Dr. Phon Sutton is from California, is married and has one child. Dr. Angus McGowan came to us from Manitoba, Canada, a native of Scotland, is married and has three children.

School of Nursing

Fifty-five freshmen enrolled in the School of Nursing September 13. Many hospital personnel have remarked how lovely they look. We know of some of the talent and beauty. Miss April Painter participated in the Junior Miss contest in her home state of California and Miss Sydell Lowell will be playing the violin with the symphony orchestra at the University of Puget Sound.

The Juniors gave valuable assistance to the faculty in greeting the freshmen and helping them with the usual forms, finding their big sisters and getting them settled in their rooms.

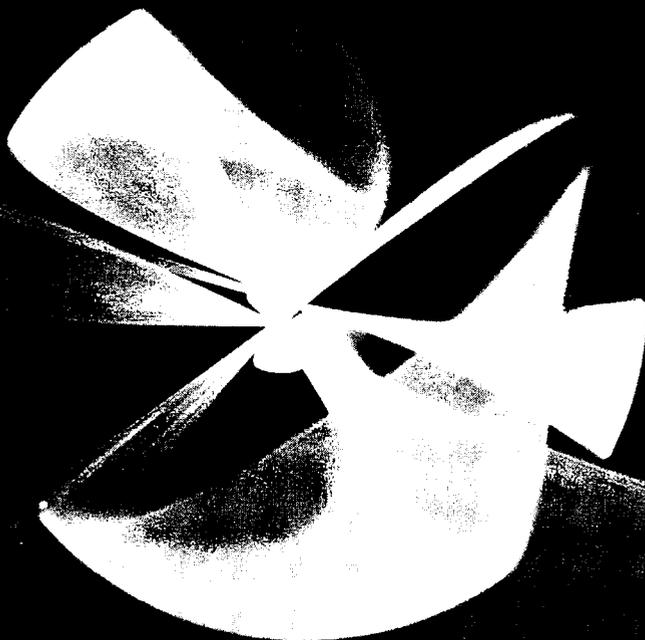
The Seniors are still vacationing. We welcome half of the class on September 27, the remainder will be welcomed at Vancouver, B.C.

Miss Gail Hotchkiss from State Board will conduct a survey visit the week of October 4. This is in preparation for our N.L.N. accreditation visit January 17, 1966.

Two of our 1965 graduates, Miss Helen Kinney and Miss Karen Stoll are laboratory assistants for Dr. Glenn Haws at the University of Puget Sound. Dr. Haws teaches Anatomy and Physiology classes for our freshmen students. With Dr. Haws, Helen and Karen working with our girls, we feel they have the very best.

We have begun an extremely busy school year. There is much to be done but with the enthusiasm, the cooperative spirit of the faculty and students we anticipate a very satisfying, productive year.

Miss Lucille Larson, Chief technologist in our Laboratories will be attending a Laboratory Management Seminar in Los Angeles, California, September 27-October 1. Hyland Laboratories is sponsoring the program which will cover management, personnel selection, communications, quality control, human relations and practical laboratory management. This seminar is limited to 20 chief technologists.



new
MEASURIN[®]

the first 8-hour aspirin

for continuous relief
of pain and stiffness in
rheumatoid arthritis
up to 8 hours
with each dose



new
MEASURIN[®]
(timed-release aspirin)
the first
8-hour aspirin

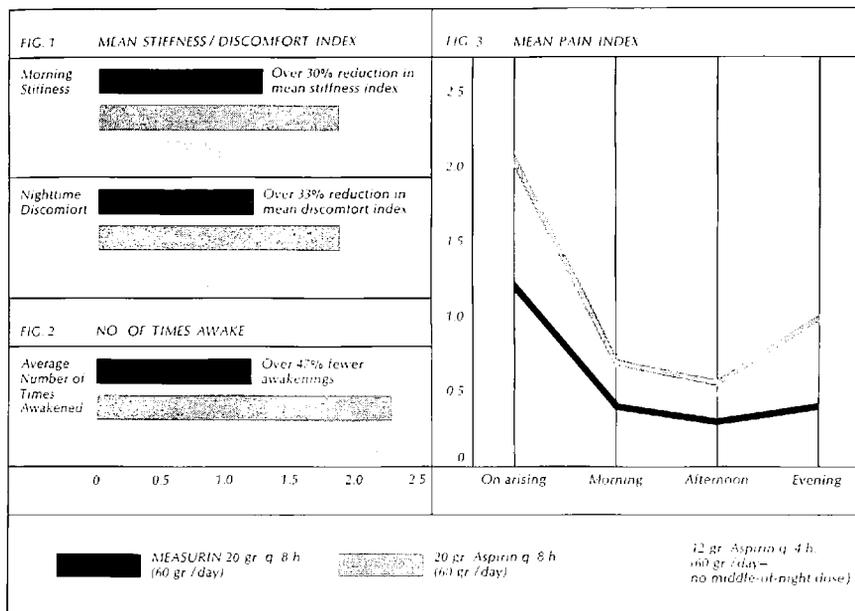
MEASURIN provides the full analgesic benefits of pure aspirin both promptly and for up to 8 hours...with each oral dose.

MEASURIN is the only long-lasting pure aspirin arthritic patients can take at bedtime for analgesia throughout the night...and prevailing relief of pain and stiffness upon arising.

MEASURIN is the aspirin of choice for chronic, low-grade pain.

The prolonged benefits of new Measurin

Less nighttime discomfort, less morning stiffness, fewer nighttime awakenings, less pain upon arising with new Measurin compared to two bedtime dosages of regular aspirin—shown in double-blind, crossover study of 26 patients with rheumatoid arthritis and fibrositis*



Results clearly indicate the superiority of Measurin timed-release aspirin to two bedtime dosages of regular aspirin. Measurin patients had significantly less nighttime discomfort, significantly less morning stiffness (fig. 1), and significantly fewer nighttime awakenings (fig. 2).

Measurin patients also displayed significantly less pain upon arising, lasting into the morning (fig. 3). During the afternoon and evening, both 8-hour Measurin and regular q 4 h aspirin proved superior to 20 gr. regular aspirin q. 8 h.—the difference reaching high statistical significance in the evening.

Objectively, the investigator considered Measurin superior to either dosage schedule of regular aspirin in 23 of the 26 patients. Only one patient preferred either of the other regimens to Measurin.

*Clinical reports on file, Charlesworth-Paine, Inc., New York, N.Y.

<p><u>The unique mechanism of new Measurin...</u></p> <p>One 20-grain dose (2 Measurin tablets) releases 10 grains promptly, followed by sustained release of the remainder... controlled by this new principle of action:</p>	<p>Unlike enteric coatings or capsules of delay-action pellets, a Measurin tablet is composed of over 6,000 microscopic reservoirs of aspirin.</p>	
	<p>Each reservoir is an individual aspirin granule enclosed by an inert polymer, insoluble in body fluids. Upon ingestion, the tablet immediately breaks apart and the reservoirs disperse.</p>	
	<p>Gastric fluids (black) diffuse into reservoirs through semi-permeable walls; dissolved aspirin (gray) diffuses out at a controlled rate (governed by wall thickness) designed to provide optimum 8-hour blood levels.</p>	

new
MEASURIN[®]
(timed-release aspirin)

for continuous
relief of pain
and stiffness
up to 8 hours
with each dose

Indications: Measurin is indicated for the relief of low-grade pain amenable to relief with salicylates, such as in rheumatoid arthritis, osteoarthritis, spondylitis, bursitis and other forms of rheumatism, as well as many common musculoskeletal disorders. It possesses the same advantages for other types of prolonged aches and pains, such as minor injuries, dental pain, and dysmenorrhea. Its sustained effectiveness should also make it valuable as an analgesic in colds, grippe, flu and other similar conditions in which aspirin is indicated for symptomatic relief, either by itself or adjunctive to specific therapy.

Dosage: Two Measurin tablets *q. 8 h.* have been effective for most analgesic needs. This two-tablet (20-grain) dose releases the blood level equivalent of 10 grains of aspirin promptly followed by sustained release of the remainder. The 10-grain (650 mg.) scored Measurin tablets permit administration of aspirin in multiples of 5 grains (325 mg.), allowing individualization of dosage to meet the specific needs of the patient.

With regular aspirin dosage schedules, one 10 grain Measurin tablet may replace any 5-grain tablet, but with twice the duration of activity. Whenever possible, two tablets (20 grains) should be given before retiring to assure relief throughout the night—and prevailing pain relief upon arising.

Measurin has been made in a special capsule-shaped tablet to permit easy swallowing. However, for any patients who have difficulty, Measurin tablets may be crumbled without loss of sustained-release effect.

Side Effects: Side effects encountered with regular aspirin may be encountered with Measurin. Tinnitus and dizziness at saturation dosage are the ones most frequently encountered.

Contraindications and Precautions: Measurin is contraindicated in patients with marked aspirin hypersensitivity, and should be given with extreme caution to any patient with a history of adverse reaction to salicylates. It may cautiously be tried in patients intolerant to aspirin because of gastric irritation, but the usual precautions for any form of aspirin should be observed in patients with gastric ulcers, bleeding tendencies, or hypoprothrombinemia.

Dr. Humiston Earns Community Service Award, Eastern Trip



In a brief ceremony before the first session of the House of Delegates at the State Association meeting in Seattle on September 12, Dr. Homer Humiston of Tacoma is shown accepting the A. H. Robins "Community Service Award for 1965" from State President Roland D. Pinkham. A standing ovation by the entire House of Delegates followed the presentation.

Dr. Humiston is the first Pierce County physician to receive such an award. Besides receiving a handsome plaque, he and his wife, Katharine, join the award winners from the 49 other states in a 5-day tour of east coast cities.

The award was initiated by the A. H. Robins Company in 1961, when the first recipient was Dr. A. O. Adams. Other previous winners of the award were Doctors James A. McFadden in 1962, James Haviland in 1963, and Shelby Jared in 1964.

Swim Program

Is there a physically limited youngster in your practice who would benefit from the exercise and fun offered by the Handicapped Swim Program held at the YMCA each Monday? If so, contact Mrs. Govnor Teats, SK 9-1121, or Mrs. Herman Judd, JU 8-2686, for the forms necessary for application to the Program. This is a voluntary Program and there is no charge to the youngsters participating.

RANKOS

PHARMACY

101 North Tacoma Avenue

Prescription

Druggists



We Carry a Complete Line of
Biologicals and Pharmaceuticals



"When Moments Count"

FULTON 3-2411

PROMPT . . . FREE DELIVERY

Time Tested Dependability

Established 1889

R. E. Anderson & Co. Inc.

INSURANCE - MORTGAGE LOANS - REAL ESTATE
PROPERTY MANAGERS



752 Broadway

BRoadway 2-8475



FOR PROFESSIONAL ANALYSIS OF
YOUR INSURANCE PROGRAM

Ask for

Donald M. Moore

Donald J. Hill

Robert D. Sizer

Herbert F. Syford

Stewart L. Simpson

Edward J. Pole

STOWELL'S . . . Prescriptions

Our completely new and larger store
will give you and your patients
more efficient and reasonable service.



FREE DELIVERY

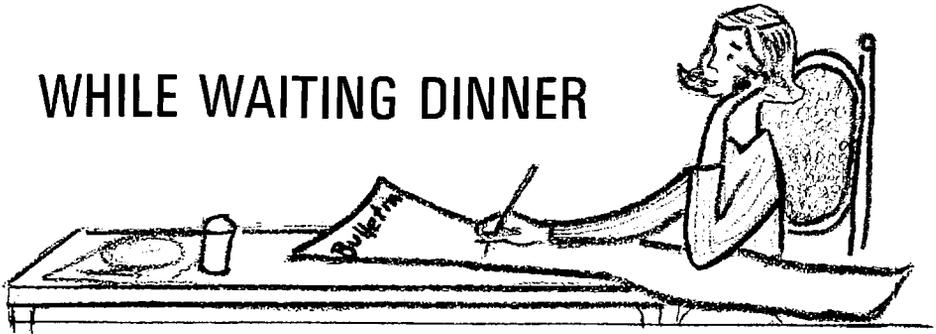


BRoadway 2-2201

744 Market Street

Doctors Hospital Building

WHILE WAITING DINNER



WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

AUXILIARY OFFICERS—1965-1966

President	Mrs. Merrill J. Wicks
President-Elect	Mrs. George C. Gilman
1st Vice-President and Program.....	Mrs. Robert A. Kallsen
2nd Vice-President and Social.....	Mrs. Arthur Wickstrom
3rd Vice-President and Valley Rep.....	Mrs. Charles Vaught
4th Vice-President and Membership.....	Mrs. Roy H. Virak
Recording Secretary	Mrs. Leonard G. Morley
Corresponding Secretary	Mrs. Ronald T. Spanglar
Treasurer	Mrs. Thomas H. Skrinar
Dues Secretary	Mrs. Glenn H. Brokaw
AMAERF	Mrs. Francis W. Hennings
Civil Defense and Safety	Mrs. John S. May
Historian and By-Laws	Mrs. Herman S. Judd
Legislative	Mrs. Sherman S. Pinto
Paramedical	Mrs. Frederick J. Schwind
Publicity	Mrs. Marcel Malden
Bulletin	Mrs. Robert R. Burt
Speakers Bureau	Mrs. John Colen
Telephone	Mrs. Richard F. Barronian
Minute Women	Mrs. Vernon O. Larson
	Mrs. George A. Tanbara
	Mrs. Harold D. Lucken
	Mrs. Jack W. Mandeville
Coordinator of Community Services	Mrs. Robert W. Osborne
Heart	Mrs. Robert C. Johnson
Cancer	Mrs. Jack J. Erickson
Finance	Mrs. Haskel L. Maier
Dance	Mrs. David F. Dye
	Mrs. Gordon Dean
Fashion Show	Mrs. Homer T. Clay
	Mrs. Dale D. Doherty
Mental Health	Mrs. James E. Hazelrigg
Today's Health	Mrs. Robert M. Ferguson
Cook Book	Mrs. Stanley W. Tuell
International Health	Mrs. Charles McGill

October Meeting and Style Show

Friday, October 8, come and meet our famous new members, Mrs. Kildare, Mrs. Rex Morgan and Mrs. Ben Casey at the noon luncheon to be held in the home of Mrs. Thomas B. Murphy, 803 Stadium Way. It promises to be a meeting full of exciting new ideas and fun as well as a chance to see old friends again and meet new ones.

Get your tickets now before they are sold out for the Auxiliary style show, "Manikins in Orbit", Thursday, October 21 at the Top of the Ocean. A no-host cocktail hour at 11:30 a.m., luncheon at 12:30 and Fashion Show at 1:30. Tickets are \$3.00. You may be the winner of a lovely door prize or the gift certificate from Lou Johnson's to be raffled.

**DUES ARE DUE
FOR QUITE A FEW
WE KNOW WHO
AND SO DO YOU**

Remember to send your dues of \$10 to Mrs. Glenn H. Brokaw, 2919 North Alder, Tacoma.

Christmas Card Project

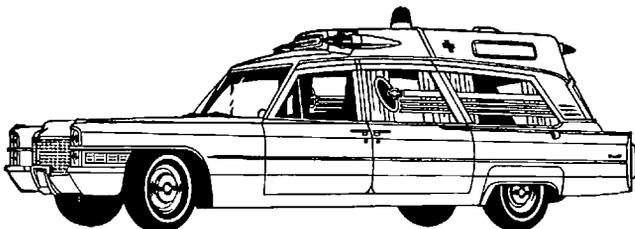
It's that time of year—time to think about purchasing Christmas cards—so once again we are asking that you support our AMAERF Christmas card project as so many of you did last year. The Christmas cards earned a net total of \$877. Our total contribution to AMA-

(Continued on Page 23)

"A strong, well-organized medical auxiliary attracts active participants."

Mrs. Richard A. Sutter,
National President of the Women's
Auxiliary to the A.M.A.

LOOK WHY NOT GIVE YOUR PATIENTS
 THE BEST IN TRANSPORTATION
 COSTS NO MORE . . . REASONABLE RATES



**M
A
7
-
1
1
2
1**

**M
A
7
-
1
1
2
1**

Resuscitator Service
 Oxygen Equipped Electric Cot Warmers
 Licensed Attendants

Tacoma Yellow Cab Co.

1324 MARKET STREET

LUDWIG'S PRESCRIPTIONS

3 LOCATIONS TO SERVE YOU

LAKWOOD CENTER

DAVID LUDWIG, Manager

9514 Gravelly Lake Drive S.W.

JU 8-2191

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

THUNDERBIRD CENTER

WM. H. LUDWIG, JR.

8105 Steilacoom Boulevard S.W.

JU 8-1889

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

SOUTH TACOMA STORE

FRED LUDWIG, Manager

5401 South Tacoma Way

GR 4-9419

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 9:30 A.M. TO 9 P.M.

365 DAYS A YEAR

FREE PRESCRIPTION DELIVERY

(Continued from Page 21)

ERF for 1964-65 was \$1,077. Last year's project was handled by Julia Mueller and Jean Colley.

For the benefit of those who were not contacted last year we will reprint the explanation of how the Christmas card project works.

Here is a TAX-DEDUCTIBLE way to take care of the chore of sending out Christmas cards to fellow physicians in Pierce County. One card is sent out by the Auxiliary to each doctor in Pierce County. On the card are the names of those doctors who sent a check for the amount he would have spent on Christmas cards, postage, and time to the AMAERF Auxiliary chairman. She, in turn, relieves them of this time-consuming job by sending one appropriate card to each doctor's residence in the County. This card explains the plan briefly and lists the names of all contributors.

The chairman of this project (who keeps the amount of the individual contribution strictly confidential) holds the checks only long enough to total them before sending them on their way. Every cent of these TAX-DEDUCTIBLE DONATIONS goes to the medical schools (of one's choice, if so stipulated) for research and education. Operating costs, which need not be great, are paid for by the Auxiliary.

November 15 is the deadline for sending in your contributions and having your name on the Christmas card. Make out the check to AMAERF AUXILIARY FUND (you may specify any School of Medicine). If not, the money goes into the general fund and is distributed among the medical schools. Send your TAX-DEDUCTIBLE checks to:

Mrs. F. W. Hennings
1534 North Jackson
Tacoma, Wash. 98406

State Convention

Did yawll know that we in Pierce County are from way down South? Well, we are! Southwest region that is . . . and many of our members found their way up north to Seattle to attend the meeting of the Washington State Medical Association, September 12 to 15. Those attending as delegates or alternates were our President Marge Wicks, Mavis Kallsen, Dona Gilman, Kathleen Skrinar, Gloria Virak, Elsie

Schwind, Borghild Morley, Ellen Pinto, Lorna Burt and Stephanie Tuell.

We were especially proud when three members of Pierce County Medical Auxiliary were elected to the State Board two as officers. Jeanne Judd was elected Regional Vice-President, Southwest District; Dorothy Maier, Treasurer; and Ellen Pinto, Legislative Chairman.

As our immediate Past-President, Ellen gave the Annual Report of Pierce County Medical Auxiliary to the State President. She stated that our emphasis the past year has been upon the relationship between the doctor's wife and the community in which we live, taking seriously the slogan, "Better Health in a Better World." The number of hours of volunteer work which is done by our Auxiliary members in connection with schools, churches, U.G.N. and private and public community services is staggering.

Ellen continued, "We combined sociability and fund raising through a style show and a dinner dance. Both were very successful events from every angle. We also added to our funds by the continued sale of our Medical Auxiliary Cook Books. Because of our success in fund raising the past few years, this has been a banner year in our ability to assist medically related services in our community."

Coffees A Success

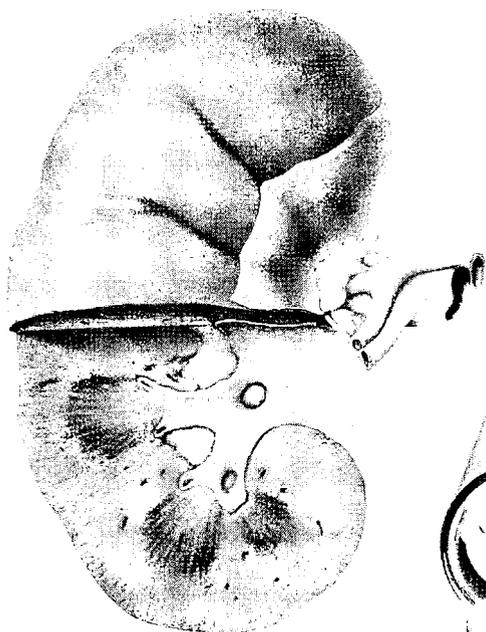
Marge Wicks, President, has already launched us on another banner year with the membership coffee hours on September 17 which were so well-attended and so much fun that many of the members are asking if we might do this more often!

Cookbook Chatter

It was interesting to note at the State meeting that King County is now working on a cookbook sale also. We wish them as much success with theirs as we have had with ours. Stephanie Tuell, Cookbook Chairman, advises us that our 2nd edition is about ready to go to press and should be available by December in time for Christmas giving. Anyone who would still like to send in a recipe for consideration by the committee should mail it to Stephanie by October 15. Send to: Mrs. Stanley W. Tuell, 3650 Brown's Point Boulevard, Tacoma.

(Continued on Page 25)

at Merck Sharp & Dohme...



understanding...



precedes development

The development of chlorothiazide and probenecid were events of major importance, but perhaps even more important for the future was the Renal Research Program by which they were developed. When Merck Sharp & Dohme organized this program in 1943, it was expressing in action some of its basic beliefs about research:

- Many problems connected with renal structure and function were still undefined or unsolved. The Renal Research Program would begin its basic research in some of these problem areas.

- From knowledge thus acquired might come clues to the development of new therapeutic agents of significant value to the physician.

For example, the Renal Research Program put fifteen years into this search before chlorothiazide became available. But because these years had first led to a greater understanding of basic problems, the desired criteria for chlorothiazide existed before the drug was developed.

Along with other research teams at Merck Sharp & Dohme, the Renal Research Program continues to add new understanding of basic problems — understanding which will lead to important new therapeutic agents.

MSD MERCK SHARP & DOHME Division of Merck & Co., Inc., West Point, Pa.

where today's theory is tomorrow's therapy

(Continued from Page 23)

Community Service

Brought to our attention by Dona Gilman, is a meeting on Saturday, November 6 at Christ Episcopal Church (9:30 a.m. to 3:00 p.m.) open to the public and sponsored by ten local organizations called "A Look at Tacoma"—Unmet Needs.

Four problems will be discussed, the Economics of Tacoma, Health, Minority groups and Child Welfare. Mr. Robert Schluman will be the moderator. During the morning he will introduce speakers in each field and in the afternoon the group will break up into seminars for discussion and evaluation. Following this, the group will again assemble to bring together the results of their discussions and recommendations to be made.

There will be sandwiches and coffee available at noon.

The Handicapped Swim Program is asking for volunteer helpers. Not only are swimmers needed, but also helpers in the dressing room. Can you give two hours twice a month on Mondays? If so, phone JU 8-2686 for information.

Quips From The M.D. Family

Here is a rather gruesome little story for the Hallowe'en month.

Two-year old Carolyn loved to take Daddy's surgery books from the library shelf and thumb through them.

One day, before Mother had a chance to take the book away and scold, "No, no", Carolyn glanced up with her chubby forefinger on a bloody-red illustration and said, "Meat, Mommy, see the meat?"

Happy Hallowe'en!

—LORNA BURT

BEALL'S

The Prescription Store

124 Meridian South

PUYALLUP

Phone Puyallup 5-8444

"Perforated Ulcer" Subject of Strauss Lecture in Seattle



"Management of Perforated Duodenal Ulcer" will be the title of the 16th annual Strauss Lecture to be delivered Friday, October 8, at 8:15 p.m. in the Health Sciences Building at the University of Washington.

The lecture will be delivered by Dr. Clarence J. Berne. As Professor of Surgery and Head of the Department at the University of Southern California, Dr. Berne is the Nestor of active holders of Chairs of Surgery in the West. Only Owen Wangenstein at the University of Minnesota and Warren Cole at the University of Illinois—both former Strauss Lecturers—outrank him in the entire country in this regard.

Dr. Berne is Senior Attending Surgeon at the Los Angeles County Hospital, by the largest charity hospital in the West, and has made numerous contributions to fundamental and technical surgery, especially in the fields of shock, pulmonary physiology, cardiac arrest, abdominal and gastrointestinal surgery. He is on the Editorial Boards of the American Journal of Surgery and the Review of the Pacific Coast Surgical Association.

The lectures are sponsored by the Department of Surgery of the University of Washington School of Medicine.

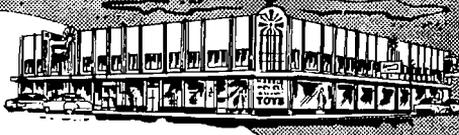
Dr. Thomas F. Hinrichs announces the closing of his office at 2711 Locust Avenue. Anyone interested in this office call SK 2-5252 before October 10.

2 LOCATIONS

Harold Meyer Drugs



**48th & So.
Tacoma Way**



11th & K

**OPEN
'TIL
MIDNITE**




MOUNTAIN VIEW FUNERAL HOME

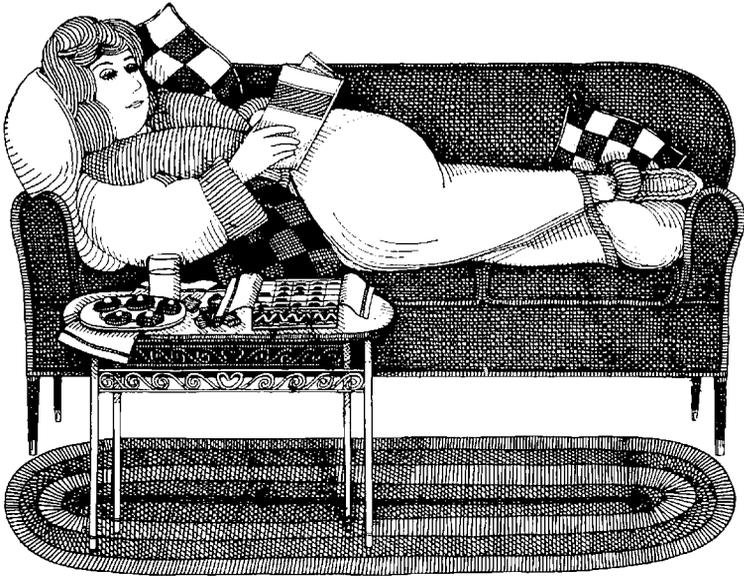
Takes Care of Everything

UNDERTAKING -- CEMETERY -- CHAPEL -- MAUSOLEUM

4100 Steilacoom Boulevard

JUniper 4-0252

In the lethargic overweight patient



Dexedrine[®]

brand of dextroamphetamine sulfate

Spansule[®]

brand of sustained release capsules

- encourages normal energy and activity
- controls appetite all day—both at and between meals

'Dexedrine' combats the two most obvious symptoms of obesity—overeating and underactivity. Perhaps this is why, through the years, 'Dexedrine' has become the standard agent in the treatment of overweight.

The 'Dexedrine' Spansule capsule offers the ultimate in dosage convenience—the patient need not remember to take medication before each meal; there are no "forgotten" or skipped doses. What could be simpler than 1 capsule a day (usual dose) for effective appetite control?

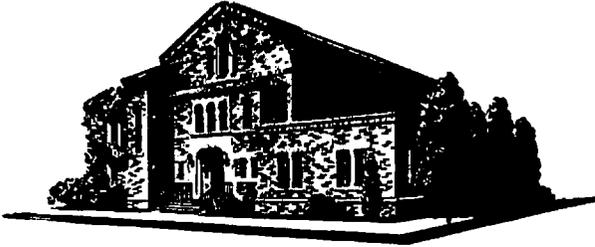
Summary of principal contraindications, precautions and side effects

Contraindications: Hyperexcitability; agitated pre-psychotic states. **Precautions:** Dexedrine (dextroamphetamine sulfate, SK&F) should be used with caution in patients hypersensitive to sympathomimetic compounds; in cases of coronary or cardiovascular disease; and in the presence of severe hypertension. **Side effects:** Insomnia, excitability and increased motor activity. Before prescribing, see SK&F product Prescribing Information. **Supplied:** Spansule[®] capsules (in three strengths), tablets and elixir.



Smith Kline & French Laboratories

Spacious, beautiful memorial chapel
Choice of cemetery, mausoleum,
cremation or columbarium



Choice of type or
manner of service

Budget Terms
Available

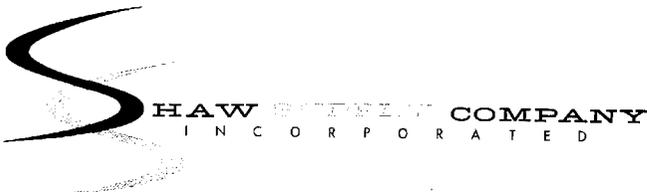
BUCKLEY-KING

CONVENIENTLY LOCATED • TACOMA AVE. AT SO. FIRST
LARGE PARKING AREA

SHAW SUPPLY HAS THESE SERVICES TO OFFER YOU AND YOUR PATIENTS

- Your choice of the finest lines manufactured.
- Experienced fitting for both men and women
 . . . Surgical Supports . . . Belts . . . Hosiery . . .
- Large selection of nurses' uniforms and doctor gowns.
- Complete rental service for sick room supplies
 . . . Pick up and Delivery Service . . .
- Factory trained repair service in our own shops.

Serving The Pierce County Medical Profession Since 1904



*710 fawcett ave.
tacoma 2, wash.
broadway 2-1125*

PHYSICIANS' AND HOSPITAL SUPPLIES

Dr. Drucker Finds Thrills, Humor, Wife On Mountain Ledges

(Editor's note: The following article by Gerhart Drucker is the first of a series of articles about the hobbies of local doctors. It is in two parts, the second part to be in next month's Bulletin.)

MOUNTAINEERING

by

GERHART A. DRUCKER, M.D.

"ARE YOU IN TROUBLE?"

"NO! JUST STUCK FOR A MOMENT!"

This exchange, shouted at the top of our voices, with a pause after each word for better understanding, echoed from the surrounding cliffs. Acoustics are funny in the mountains. Over open spaces the voice carries far, but any obstacle in the path of the sound waves will render even a nearby shout faint and distant.

Indeed, at this moment I was stuck. Leading the second of three rope teams, one end of my 120 ft. nylon rope tied around my chest and one shoulder with a double bowline, I was struggling with the most difficult pitch of the entire climb. I had just clawed, stemmed, and twisted my way up a 30 ft. high vertical chimney (a cleft between rocks), which was blocked at its top by an overhang. The middle man on my rope, Arthur, a husky, 18 year old English boy, was standing in a safe spot near the foot of the chimney out of the fall line of any loose rock that I might dislodge. He was feeding out the rope to me, making sure that it would not become snarled or caught. Right now Arthur could not see me, but he could tell by the slow, hesitant advance of the rope that I had encountered difficulties. Therefore, he shouted up to find out how things were going.

I was not stuck for long. "If Dave, leading the first rope, could manage this pitch, I can do it too!" I said to myself. Sure enough, here was a hidden, excellent handhold for my left hand, here a friction hold for my right foot, here a small crack for my right fingertips. In good balance, aided by friction, I lifted



Here is Dr. Drucker in 1934, climbing the Austrian Alps.

myself out of the chimney onto the exposed face to its right. A few awkward steps and a pull-up brought me into the second chimney. This one, shorter and tougher than the first, led up to a fine platform, an excellent belay (securing) point for bringing up my two rope team partners. I sat down on the platform, braced my back and my feet firmly against the rock, put the rope around by hips, and took in all the slack.

"That's all the rope!" Arthur shouted from below.

"On belay! Climb!" I yelled back.

"Climbing!" replied Arthur.

Held securely on my hip belay, the middle of the rope tied around his waist, Arthur climbed up in good style. Then he, in turn, belayed up our end partner, a 20 year old Norwegian girl named Solveig, who found the pitch very difficult and needed continuous, strong rope pull assistance. Several more, quite difficult pitches followed, until at last an easy scramble took us to the summit, where we were welcomed by the first rope team. Twenty-five minutes later the third rope team joined us there. What a breathtaking panorama! At once we began to identify as many as possible of the many near and far mountain peaks all around us, and to compare experiences of our just completed ascent.

"Dave, while climbing out of the first chimney, did you use that little crack?"

"No, Gerhart, I found a much better handhold way over to the right, prob-

ably out of your reach," replied the tall, lanky Scotsman.

We were all members of the Canadian Alpine Club, attending its annual summer camp. That year, 1956, the Club camped in the Selkirks, a beautiful, heavily glaciated interior mountain range of British Columbia, located within the Big Bend of the Columbia River and famous for its excellent, solid rock. More than 150 persons from several countries attended camp those two weeks and climbed, hiked, sang, photographed, painted, and, most of all, swatted innumerable bloodthirsty mosquitoes. The nine of us had started out from Main Camp the previous evening and had hiked up a murderously steep three hours' trail to High Camp, carrying our sleeping bags, food, and climbing gear. High Camp, the starting point for our planned climb, consisted of three weather-beaten tents perched at the edge of the glacier. A glorious sunset had rewarded our preceding evening's effort. Then, after a few hours of fitful, uncomfortable sleep, we had started out again at 5 a.m., cold and weary. After two hours over heather, tallus, scree,

and frozen snow, we had reached the base of the actual rock climb, where we had rested, eaten, parked our ice axes, roped, three climbers to each rope. And now, at last, after three hours of most enjoyable, moderately difficult rock climbing, we were standing on the summit of Mount Tupper, a 9600 ft. high, sharp black tower. Mighty pleased with ourselves, we rested for half an hour before descending. Few things in life are as enjoyable as the summit rest after a fine climb on a beautiful day!

This account of my 1956 climb of Mount Tupper illustrates rock climbing, one phase of the great field of mountaineering. Measured by the standards of the young, modern generation of highly technical, hardware-pounding rock climbers, who nail themselves up impossible faces, Mount Tupper was a very easy climb, although it was tough enough for me. In my native Austria, mountaineering is a popular pastime, practiced by young and old. The Austrian Alps, though lower than those of Switzerland or France, offer an endless variety of ridges and valleys, of forbidding, vertical precipices and majestic, glacier-hung peaks. Many excellent, well-stocked shelters, built high up in the Alps, serve as starting points for most summit climbs. When I was nine, my parents took me on my first climb up to one of these shelters, located at the 10,000 foot level in the Silvretta Range, near the Swiss border. We arrived at the shelter in dense fog. The next morning, there, all around us, the beautiful, glacier-covered Silvretta Range sparkled in the morning sun, its sharp peaks reaching toward the cloudless sky, an unforgettable sight!

During my high school and university years, some fellow students and I climbed many peaks in Austria and a few in Switzerland, Italy and Yugoslavia. During Spring vacation we often went on ski tours in the Alps, either traversing a mountain range from shelter to shelter, or making our headquarters in one shelter and climbing each day, on skis, a different peak or column. No chairlifts there, no rope tows! We climbed up for hours through the snow with seal skins strapped to our skis to prevent back sliding. Arrived on top, we removed the seal skins and reaped our reward, a long, thrilling downhill run!

Tacoma Brace & Limb Co.

Lenart C. Ceder, owner



Expertly fitted—

Artificial Limbs
Orthopedic Appliances
Surgical Belts
Arch Supports
Trusses



FULton 3-4439

723 South K Street



Dr. Drucker practicing rock-climbing in Rainier National Park, Sept., 1965.

True, already in those days Austria had many famous ski resorts, places like Kitzbuehel, Lech, St. Anton, where cable cars carried the skiers up to great mountain heights, but I could never afford to visit these places.

For two years my climbing partner was a small, bald-headed, wiry man named Rudolf, twenty years my senior, and a first-rate rock climber who, in his youth, had pioneered many a difficult route through the vertical, several thousand feet high limestone walls of the Rax, Hochschwab and Enns Valley Alps, a few hours by train from Vienna. Rudolf suffered from a jejunal ulcer following a gastroenterostomy. Adamantly refusing re-operation, he always carried in his trousers pocket a small tin box filled with powdered chalk, his own remedy for ulcer pain. Often, in the midst of a difficult pitch, he would hold on to the rock with his left hand, fish the tin box from his pocket with his right hand, hold it to his mouth, and swallow a mouthful of chalk powder directly from the box, smearing chalk all over his face and mustache. Later on Rudolf's climbing skill saved his life in a unique way. When the Nazis overran Austria in 1938, they arrested Rudolf, who was a Jew, and locked him up in a police jail on the fourth floor of an old armory building in Vienna. Rudolf made a daring escape. He climbed through the toilet window out onto the outside wall

of the building. Holding on to the old-fashioned decorations along the building's corner, he climbed down to the street, ran away, crossed the frontier at night, and escaped to Shanghai!

After my arrival in the United States in October, 1936, I lived in the East for several years. How I longed to see truly alpine, glaciated mountains again! One day, in 1940, a picture of Mount Rainier fell into my hands. "This is where I want to live!" I said to my bride of one week, and off we drove across the continent to the faraway Puget Sound. Mount Rainier proved to be even more grandiose than I had imagined it.

Over the years, I have climbed many peaks in our magnificent Cascades and Olympics, but even more in the Canadian Rockies and Selkirks. In scenic beauty and grandeur, the Canadian Rockies are unsurpassed. You need not be a climber to appreciate them. Just drive once over the Banff-Jasper highway and see for yourself! Look at the emerald green and azure blue lakes, at the sheer rockfaces, at the endless, ever-changing vistas of peaks and glaciers, lakes and green valleys, wild chasms and roaring waterfalls, and you will agree with me.

(For the hilarious account of what happens when Gerhart meets three lady-friends on a mountain trail after losing the seat of his pants, read the final installment in next month's Bulletin. — Ed.)

NOW UNDER CONSTRUCTION

PROFESSIONAL CENTER

offering modern space for medical
suites in fast growing residential area.

Phone TE 3-1689

AUBURN

PATRONIZE YOUR ADVERTISERS!

Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402

BULK RATE

U. S. POSTAGE

PAID

TACOMA, WASH.

PERMIT No. 300

MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Bldg.

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Monday of each month—8:00 p.m. at 424 South K Street

TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August
—8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month at Top of the Ocean

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—
6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY



BULLETIN

VOL. XXXVI—No. 11

TACOMA, WASH.

NOVEMBER - 1965



HOSPITAL
PARKING
IMPROVING
(See Page 25)

PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
NOVEMBER 9, 1965**

Pierce County Medical Society

1965

OFFICERS

President.....	Frederick J. Schwind
President-Elect.....	Glenn G. McBride
Vice-President.....	Lester S. Baskin
Secretary-Treasurer.....	Arnold J. Herrmann
Executive Secretary.....	Judy Gordon

TRUSTEES

Richard F. Barronian	Robert C. Johnson
Lester S. Baskin	James D. Lambing
Myron A. Bass	Glenn G. McBride
J. W. Bowen, Jr.	Clinton A. Piper
Robert R. Burt	Frank J. Rigos
Arnold J. Herrmann	Frederick J. Schwind

DELEGATES

Douglas P. Buttorff	Frederick J. Schwind
Robert M. Ferguson	Stanley W. Tuell
Robert W. Florence	Wayne W. Zimmerman
Glenn G. McBride	

ALTERNATE DELEGATES

Richard F. Barronian	Herman S. Judd
Charles J. Galbraith	Robert W. Osborne
Philip Grenley	Charles C. Reberger
Kenneth E. Gross	

COMMITTEES

Ethics
Murray L. Johnson, Chairman
Samuel E. Adams, Frank R. Maddison

Grievance
Frank J. Rigos, Chairman
G. M. Whitacre, Stanley W. Tuell

Program
Robert C. Johnson, Chairman
Clinton A. Piper, Robert M. Ferguson

Public Relations
James D. Lambing, Chairman
John F. Comfort, Robert M. Ferguson
Kenneth E. Gross, G. Marshall Whitacre

Library
Don C. Willard, Chairman
Robert M. Freeman, William E. Avery

Public Health
Lawrence N. Brigham, Chairman
Cecil R. Fargher, Robert C. Johnson
Orvis A. Harrelson, David L. Sparling

House and Attendance
John R. Alger, Chairman
Robert Klein, William W. Mattson, Jr.

Civil Disaster
Edward R. Anderson, Chairman
Leo Annest, Charles E. Kemp
Robert R. Burt, Richard B. Link
Kenneth D. Graham, Robert D. McGreal
T. R. Haley, Leo F. Sulkosky
David T. Hellyer, Arthur P. Wickstrom

Diabetes
Robert A. O'Connell, Chairman
Robert A. Kallsen, Roy H. Virak

Entertainment
William L. Rohner, Walter L. Sobba

Geriatrics
S. Robert Lantiere, Chairman
Herbert C. Kennedy, Harold F. Kahler

Legislative
J. Hugh Kalkus, Chairman
Homer W. Humiston, Herman S. Judd
B. D. Harrington, John M. Shaw
Wayne W. Zimmerman

Medical Education
Edmund A. Kanar, Chairman
Glenn G. McBride, Bernard R. Rowen
James Mason (Ex-officio)

Operation Hometown
Douglas P. Buttorff, Chairman

Schools
George C. Gilman, Chairman
Cecil R. Fargher, Dudley W. Houtz
Orvis A. Harrelson, Everett P. Nelson

Mental Health
Hugo Van Dooren, Chairman
James M. Blankenship, Jerman W. Rose

Poison Control
Claris Allison, Chairman

Bulletin Staff

Editor.....	Stanley W. Tuell
Business Manager.....	Judy Gordon
Auxiliary News Editor.....	Mrs. Robert R. Burt



November Birthdays

- 1 Charles E. Kemp
- 3 Carl O. Granquist
J. Hugh Kalkus
George A. Moosey
- 5 William C. Brown
- 6 Sherman S. Pinto
- 8 Ray M. Lyle
Wayne W. Zimmerman
- 10 John H. Hirschberg
- 13 Dale D. Doherty
Paul E. Gerstmann
- 14 Thomas H. Clark
Kiyooky Hori
- 16 Kurt Brawand
- 17 T. R. Haley
- 18 G. M. Whitacre
- 19 Calvin R. Lantz
- 20 Joseph A. Benson
- 22 Edward S. Eylander
Vernon O. Larson
John M. Shaw
- 23 Ralph V. Stagner
- 24 John R. Alger
- 25 William McPhee
- 26 Kenneth S. Kilborn
Theodore J. Smith
- 29 John Colen
William Rademaker
- 30 Thomas A. Smeall

FOR SALE: Medical-Dental Clinic Building, 5901 Steilacoom Blvd., S.W. — JU 8-5258.

COVER PHOTO: Gerhart Drucker climbing Mt. Shuksan, 9,000 ft., in his famous red shorts (1948).
See article, page 29.

PATRONIZE YOUR ADVERTISERS

What is your worth today?

Why not complete the balance sheet below and find out? Chances are you'll be surprised how much your net worth has increased.

WE OWN		WE OWE	
AUTOMOBILE(S)	\$ _____	AUTOMOBILE(S)	\$ _____
(Estimated market value)		(Amount still owing)	
HOUSE	_____	HOUSE	_____
(Estimated market value)		(Amount owing on mortgage or land contract)	
OTHER REAL ESTATE	_____	OTHER REAL ESTATE	_____
(Current market value)		(Amount still owing)	
HOUSE FURNISHINGS	_____	HOUSE FURNISHINGS	_____
(Estimated market value of furniture, appliances, yard equipment)		(Amount still owing)	
PERSONAL PROPERTY	_____	PERSONAL PROPERTY	_____
(Estimated value of clothes, jewelry, boat, sports equipment)		(Amount still owing)	
LIFE INSURANCE	_____	LIFE INSURANCE	_____
(Cash value)		(Amount borrowed against insurance)	
INVESTMENTS	_____	INVESTMENTS	_____
(Current market value of stocks, bonds, savings bonds, plus money loaned by us)		(Amount still owing)	
CASH	_____	OTHER LOANS	_____
(Amount on hand, in checking account, or savings account)		(Amount to be paid by us to banks, individuals, etc.)	
TOTAL OF WHAT WE OWN	\$ _____	TOTAL OF WHAT WE OWE	\$ _____
Now figure the difference:			
Total of What We Own		\$ _____	
Less Total of What We Owe		_____	
This is our net worth		\$ _____	

Well, now what? This balance sheet is a very useful tool in reviewing your estate with the knowledgeable Trust officers at National Bank of Washington. These men can point out methods used in holding down estate taxes and can be helpful in discussing general family problems which may arise.

National Bank of Washington has a complete trust and investment department, staffed by officers with experience and maturity in property and securities management, accounting, real estate and related problems. They will be glad to help you and your attorney, together with your CPA and insurance agent, in making your plans. Learn more about the services NBW can offer by arranging a confidential, no-obligation discussion with one of our Trust officers.

The Bank of Personal Service

... Where Our Interest is You.



Prescription Optical Company

"Fashion In Eyewear"

205 Medical Arts Building

Tacoma, Washington

Market 7-4151

Branches in . . . Lakewood - Everett - Bremerton - Fort Lewis



Member
THE ORDER OF
THE GOLDEN RULE



LYNN FUNERAL HOME
PHONE MA 7-7745

PROVIDING FINE FUNERAL SERVICE SINCE 1905
717-719 TACOMA AVENUE TACOMA • 2 • WASHINGTON

PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, November 9

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

"A LOW COST MENTAL HEALTH SERVICE FOR TACOMA"

Hugo Van Dooren, M.D.

• • • • •

Social Hour: 6:00

Dinner: 6:45

Honan's Restaurant

Dr. Skinner Leaving Seeks Replacement For Lakewood Office

"A wonderful opportunity for a new physician" is offered in the Lakewood area according to Dr. Lawrence E. Skinner, long-time Lakewood physician, who will be leaving his practice in Sept., 1966 for a nine-month tour overseas. Dr. Skinner expects to return to this area after his trip, but will probably be only in part-time practice. He has notified the Bulletin that he is looking for a replacement who could simply move into his office without any specific investment other than to start paying rent, with the privilege of inheriting the office equipment. The new physician would

then do his own billing for any work that he does.

Anyone interested should contact Lawrence E. Skinner, M.D., 10011 Gravelly Lake Drive, S.W., Tacoma, Wash. His phone number is JU 8-4433.

Just A Reminder . . .

If you are planning to make a contribution to AMA-Education and Research Fund and have your name on the Christmas card, please do it soon. November 15 is the deadline. So far we have 13 doctors contributing—a very small percentage of our large membership. Make your check to "AMA-ERF Auxiliary Fund" and mail to: Mrs. F. W. Hennings, 1534 North Jackson, Tacoma 98406.



The Pain Is Gone

Despite introduction of synthetic substitutes, efficacy of 'Empirin' Compound with Codeine remains unchallenged.

'Empirin' Compound with Codeine Phosphate gr. 1/2 No. 3

Each tablet contains: Codeine Phosphate gr. 1/2 (Warning—May be habit forming), Phenacetin gr. 2 1/2, Aspirin gr. 3 1/2, Caffeine gr. 1/2.

Keeps the Promise of Pain Relief



BURROUGHS WELLCOME & CO. (U.S.A.) INC., TUCKAHOE, N.Y.

rx farrell's

PRESCRIPTIONS, INC.

FAST, ECONOMICAL PRESCRIPTION SERVICE

PLUS FREE DELIVERY

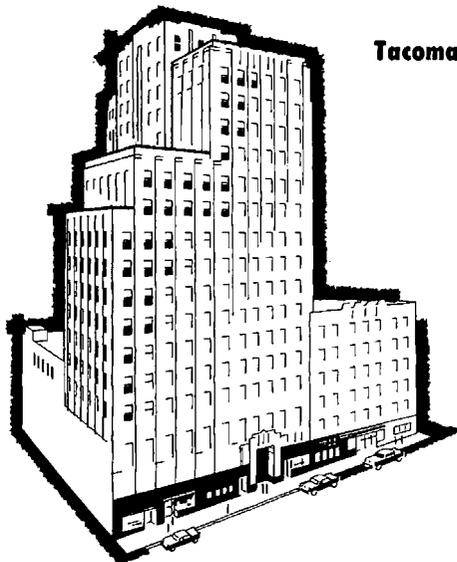
BR 2-8000

Market Street
Lobby

Medical Arts Building

FU 3-5595

St. Helen's Street
Lobby



Tacoma's ONLY Class "A" Medical Building

The Medical Arts Building located in the heart of Tacoma—where it should be—provides all the needs of the medical profession . . . a modern hospital, fully equipped laboratories, prescription pharmacy, optical store, fine auditorium, new restaurant, medical supply house, Pierce County Medical Society office and library . . . PLUS more than 500 parking spaces within a half block of the building. Your inquiry is invited.

Medical Arts Building

Building Office: 110 Medical Arts Bldg.

Market 7-6441

METROPOLITAN BUILDING CORP., MGRS.

President's Page



For many years, the hospital administrators and practicing physicians of our county have been seeking solutions to the problems of operating the emergency rooms at our hospitals. Several weeks ago, Dr. Roswell K. Brown was guest speaker at the Tacoma General Hospital program of Continuing Medical Education. Dr. Brown, who is Associate Director of the Field Program on Trauma, American College of Surgeons, spoke on "Deficiencies in Emergency Services." He presented many startling facts and statistics and left with us numerous helpful suggestions which could be applicable to our local hospitals.

Engineering and scientific progress have changed our lives so that the infectious diseases which were a threat to young lives at the change of the century have been supplanted by traumatic problems. "Everytime you take a breath, there is a traffic accident somewhere in the United States," says Dr. Brown. "And every 10 minutes there is a traffic fatality." The National Safety Council estimates that the number of traffic fatalities for 1965 will exceed 50,000 in the United States.

Our emergency rooms must have the best equipment available, and the department itself should be designed and placed so as to present optimum accessibility to laboratory and radiology facilities in the hospital and, at the same time, be isolated from the main streams of traffic both in the hospital and at the ambulance approach. The nursing personnel and aides must be of unusually high professional calibre and possess versatility in being able to carry out a variety of different tasks.

Dr. Brown suggested that there be better continuity of care between ambulance attendants and the emergency room staff. He cited examples of midwestern cities where "Community Ambulance and Emergency Councils" have been appointed by the mayor. These councils included representatives of police and fire departments, Rescue Squad, traffic engineers, hospitals and medical profession, and were directed toward better and more effective pre-hospital treatment of trauma victims.

Some provision must be made to prevent the great influx of non-emergent cases which come to the emergency room to get "after hours, bargain basement" medical care of ailments which should rightly be seen in the physician's office. We can anticipate an ever-increasing number of trauma cases in our emergency rooms as long as the "go faster" trend continues in our various methods of transportation.

Dr. James Mason, Director of Medical Education at Tacoma General Hospital, should be commended on the excellent choice of program and speakers.

—FREDERICK J. SCHWIND, M.D.

Enjoy Dinner in the pleasant atmosphere
of a Restaurant typical of San Francisco

Honan's Restaurant

COMPLETE DINNERS FROM \$2.95

Specialties . . .

Broiled Steaks
Australian Lobster Tails
Prime Ribs of Beef

Banquet facilities
Private Rooms for
dinner and meetings
Cocktails

"Tacoma's most popular downtown Restaurant"
across the street from the Medical Arts Bldg.

Honan's

MA 7-7179

Free Customer Parking next door

739½ St. Helens Ave.



Schwarz, Shera and Associates, Inc.

BROKERS INSURANCE SERVICE

LICENSED & BONDED BROKERS



Ned Shera, C.L.U.
Vice President



V. A. "Bud" Schwarz, C.L.U.
President



(Mrs.) Dorothy Connor, C.L.U.
Secretary-Treasurer

Providing

"PROFESSIONAL COUNSEL FOR THE PROFESSIONAL"

Life & Health Insurance
Annuities
Pension Plans (including H.R. 10)

Professional Partnerships
Estate Creation Planning
Estate Conservation Planning

As Brokers we are *YOUR* agent, *NOT* an Insurer's Agent.

Offices at Suite 306, Security Building
Tacoma, Washington

MA 7-8181

Editorially Speaking



Why Johnny Can't Speak!

We've read lots about why Johnny can't read, and now I'm ready to revolutionize traditional methods of teaching him to speak—at least insofar as it applies to two specific terms in the English language. The perennial experts in this field—called “parents”—have completely neglected two basic terms, namely “bowel movement” and “urine”. It's generally accepted that all children come into contact with these entities at an early age, but for some reason, parents insist on using some strange language of their own at this point and many children reach high school without knowing what these basic terms mean.

Example: You (the doctor) ask an ailing 10-year-old, “When was your last bowel movement?” Johnny (who else?) says, “What's that?” You realize you're suddenly speaking a different language, so you try, “When did you last go to the bathroom?” Within another 3 minutes, you've eliminated the trip to brush his teeth and narrowed it down to a recent trip for some specific excretory function.

The question now is—which one?

Still trying to look confident, knowledgeable and reasonably dignified in the eyes of a couple of observing student nurses, you plunge into the problem as follows, starting with the “number system.”

“Number one or number two?” Blank stare from Johnny.

“Water or solid?” Blanker.

“Front or back?” Johnny's wondering what kind of double-talk this is.

“Frontwards or backwards?” For some reason this sometimes gets better results than the preceding.

“Standing up or sitting down?” At this point, you smile pleasantly at the observing student nurses in a manner that's supposed to convey to them that you realize this question only works on boys. They smile back weakly, each wondering why you haven't used the pet term she was raised on.

For the next phase of the inquiry, dignity is preserved best by sending the students out after a stethoscope and a rubber glove. As soon as they're out of earshot, you try . . .

“Tinkle or uh-uh?”

. . . I can't go on with the example. Things only get worse. It's best if a parent shows up about this time and sheepishly clarifies the whole thing. At which the boy looks at you as if to say, “Gee, why didn't you just say ‘grunty-grunt’ to start with, instead of using all those strange, scientific words?”

Unfortunately, this language problem will continue. It doesn't lend itself well to a public education campaign. I only wish to bemoan the fact that sometimes an important clinical decision might be affected by this stumbling block in the English language. G.P.'s, pediatricians and others who administer to children should make every effort to introduce into every family's vocabulary those two socially acceptable, non-confusing, dignity-preserving, nationally approved, un-sexy, unfilthy, simple, but adequately descriptive terms, “bowel movement” and “urine.”

—S.W.T.



V-Cillin K now costs approximately 21 percent less. This significant price decline constitutes a substantial saving and still offers these important benefits over penicillin G:

The effectiveness of intramuscular penicillin. Just three 250-mg. doses daily provide total twenty-four-hour penicillin blood levels equal to those achieved by injection of 600,000 units of procaine penicillin G. A fourth dose increases daily penicillemia to levels 35 percent above those achieved by injection.

Consistent dependability—even in the presence of food. Comparative pharmacologic data show that V-Cillin K produces peak blood levels *twice* as high as those of penicillin G, with *half* the dose.

New, thin coating . . . new size and shape. The new coating eliminates the characteristically bitter taste of oral penicillin and makes V-Cillin K tablets easy to swallow. The new shape makes them easy for physicians and pharmacists to identify.

Indications: V-Cillin K is an antibiotic useful in the treatment of streptococcus, pneumococcus, and gonococcus infections and infections caused by sensitive strains of staphylococci.

Contraindications and Precautions: Although sensitivity reactions are much less common after oral than after parenteral administration, V-Cillin K should not be administered to patients with a history of allergy to penicillin. As with any antibiotic, observation for overgrowth of nonsusceptible organisms during treatment is important.

Usual Dosage Range: 125 mg. (200,000 units) three times a day to 250 mg. every four hours.

Supplied: Tablets V-Cillin K, 125 or 250 mg., and V-Cillin K, Pediatric, 125 mg. per 5-cc. teaspoonful, in 40, 80, and 150-cc.-size packages.

V-Cillin K[®]

Potassium Phenoxymethyl Penicillin

Additional information available to physicians upon request. Eli Lilly and Company, Indianapolis, Indiana.



500990

St. Joseph's

Jan Bigelow and Joan Woodruff (Pharmacy), have returned from their motorbike trip through the Netherlands, Germany, Belgium, Luxembourg, and Paris. If a trip such as this would interest you, Jan and Joan could give you any information concerning the trip.

The September meeting of the Tacoma Association of Medical Record Librarians, which was held at Lakewood General Hospital, was attended by the students and members of our Record Department. Mrs. Vye Strait, pharmacist, lectured on the drugs affecting the urinary system. Mrs. Myrna DeMille, R.R.L. at M.V.G.H., was appointed chairman of a committee to organize our Tacoma group of Medical Record Librarians into a Local Association. After the meeting there was a tour of the Medical Record Department for those visiting for the first time.

Tacoma General Hospital was the host of the October meeting. Reports of the Spokane Convention were given by Mrs. Cobbe and Jan Cowley, and the agenda for the year was discussed. It was decided that the November meeting would be held at Western State Hospital.

Several Sisters attended the Washington State Hospital Convention in Spokane September 30 and October 1. This year Sister Emmanuel was a delegate from the Washington State Association of M.R.L. to their Annual Meeting in Cleveland, Ohio in October.

Forty-two new students registered at the School of Nursing on Wednesday, September 21, 1965. These students are from Washington and Oregon. Seven of these came from the Tacoma area.

The School of Nursing has many new instructors with various backgrounds and well qualified for the responsibilities they have taken upon their shoulders. Among them are Mrs. Irene Creso, M.S. Science, Mrs. Margaret Coutu, M.Ed. Med-Surg., Mrs. Dian Wiatowski, B.S., Obstetrics, Mrs. June Esche, B.S., Medical-Surgical, Mrs. Sylvia Paulson, B.S., Pediatrics and Community Health, and Miss Thomasine Schwent, B.S., Nursing Fundamentals.

The professional nurses of Saint Joseph's Hospital were well represented at the Professional Nurse Day Banquet

at the Sherwood Inn on October 4. Sister Martha Joseph presented the scholarship award to a Clover Park senior who had written the best essay on "Why I Want to Become a Nurse." Sisters Alacoque and Mary Paul represented nursing service together with nearly twenty-five other R.N.'s from both the hospital and the school staffs. Helen Hanson, President of Washington State Nurses Association, and Orris Hamilton, Justice of the Washington State Supreme Court, addressed the group. Several of the doctors and their wives enjoyed the banquet as guests of the nurses.

Sister James Helene was recently elected to the planning board of the Pierce County Mental Health and Mental Retardation Corporation. This event reinforces the feeling that the hospital is an active part of the community and as such is vitally interested in maintaining balanced mental health and preventing personality break downs.

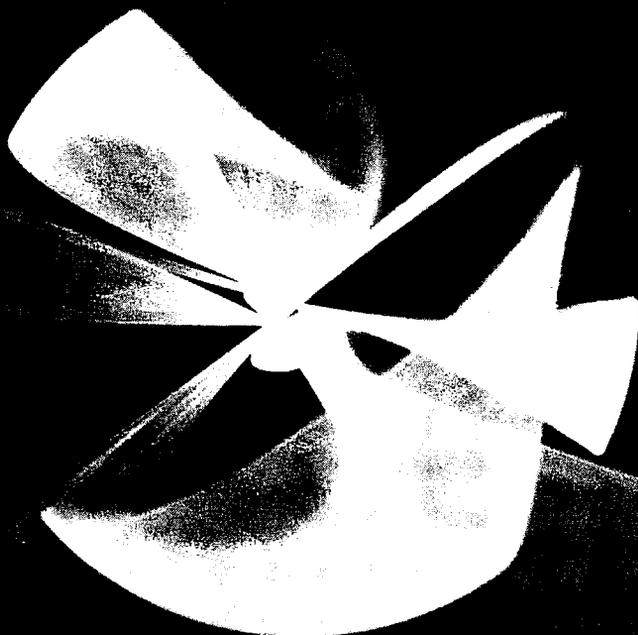
A new position of INSERVICE DIRECTOR is being filled by Mrs. Margaret Craton, R.N.

As a part of our continuing efforts to keep informed we are happy to send Mr. Paul Hall, Mrs. Virginia Benjamin, L.P.N., and Mrs. Ola Woolard, L.P.N., from 3rd floor to a Conference on Respiratory Diseases held at Seattle University on October 22 and 23. Mrs. Mickle, L.P.N. and Mrs. Colbo, L.P.N. from Pediatrics attended the Saturday session.

Research Institute Holds Open House

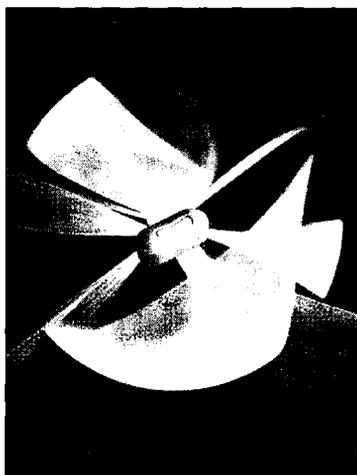
The Sixth Annual Open House of the Mental Health Research Institute at Fort Steilacoom will be held on Friday, November 19, between 3:00 and 6:00 p.m. The Director of the Institute, Dr. John B. Marks, and Open House Chairman Cameron R. Dightman extend an invitation to all members and friends of the Pierce County Medical Society to be present for the occasion. This year's Open House will focus on "current departmental research studies of general applied interest with an eye to the areas of inquiry coming up in the near future."

PATRONIZE YOUR ADVERTISERS



new
MEASURIN[®]
the first 8-hour aspirin

for continuous relief
of pain and stiffness in
rheumatoid arthritis
up to 8 hours
with each dose



new
MEASURIN[®]
(timed-release aspirin)

the first
8-hour aspirin

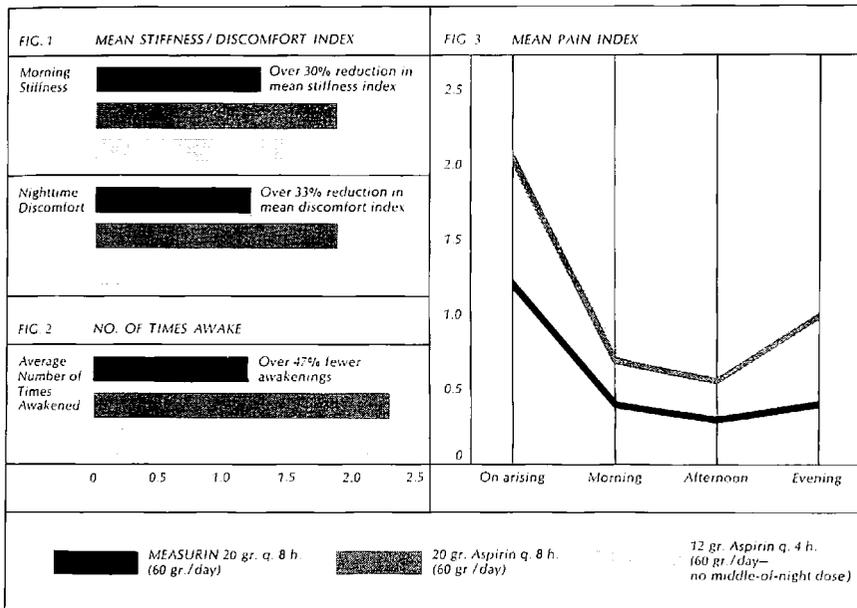
MEASURIN provides the full analgesic benefits of pure aspirin both promptly and for up to 8 hours...with each oral dose.

MEASURIN is the only long-lasting pure aspirin arthritic patients can take at bedtime for analgesia throughout the night...and prevailing relief of pain and stiffness upon arising.

MEASURIN is the aspirin of choice for chronic, low-grade pain.

The prolonged benefits of new Measurin

Less nighttime discomfort, less morning stiffness, fewer nighttime awakenings, less pain upon arising with new Measurin compared to two bedtime dosages of regular aspirin—shown in double-blind, crossover study of 26 patients with rheumatoid arthritis and fibrositis*



Results clearly indicate the superiority of Measurin timed-release aspirin to two bedtime dosages of regular aspirin. Measurin patients had significantly less nighttime discomfort, significantly less morning stiffness (fig. 1), and significantly fewer nighttime awakenings (fig. 2).

Measurin patients also displayed significantly less pain upon arising, lasting into the morning (fig. 3). During the afternoon and evening, both 8-hour Measurin and regular q. 4 h. aspirin proved superior to 20 gr. regular aspirin q. 8 h.—the difference reaching high statistical significance in the evening.

Objectively, the investigator considered Measurin superior to either dosage schedule of regular aspirin in 23 of the 26 patients. Only one patient preferred either of the other regimens to Measurin.

*Clinical reports on file, Chesebrough-Pond's Inc., New York, N.Y.

<p><u>The unique mechanism of new Measurin...</u></p> <p>One 20-grain dose (2 Measurin tablets) releases 10 grains promptly, followed by sustained release of the remainder... controlled by this new principle of action:</p>	<p>Unlike enteric coatings or capsules of delay-action pellets, a Measurin tablet is composed of over 6,000 microscopic reservoirs of aspirin.</p>	
	<p>Each reservoir is an individual aspirin granule enclosed by an inert polymer, insoluble in body fluids. Upon ingestion, the tablet immediately breaks apart and the reservoirs disperse.</p>	
	<p>Gastric fluids (black) diffuse into reservoirs through semi-permeable walls; dissolved aspirin (gray) diffuses out at a controlled rate (governed by wall thickness) designed to provide optimum 8-hour blood levels.</p>	

new
MEASURIN[®]
(timed-release aspirin)

for continuous
relief of pain
and stiffness
up to 8 hours
with each dose

Indications: Measurin is indicated for the relief of low-grade pain amenable to relief with salicylates, such as in rheumatoid arthritis, osteoarthritis, spondylitis, bursitis and other forms of rheumatism, as well as many common musculoskeletal disorders. It possesses the same advantages for other types of prolonged aches and pains, such as minor injuries, dental pain, and dysmenorrhea. Its sustained effectiveness should also make it valuable as an analgesic in colds, grippe, flu and other similar conditions in which aspirin is indicated for symptomatic relief, either by itself or adjunctive to specific therapy.

Dosage: Two Measurin tablets *q. 8 h.* have been effective for most analgesic needs. This two-tablet (20-grain) dose releases the blood level equivalent of 10 grains of aspirin promptly followed by sustained release of the remainder. The 10-grain (650 mg.) scored Measurin tablets permit administration of aspirin in multiples of 5 grains (325 mg.), allowing individualization of dosage to meet the specific needs of the patient.

With regular aspirin dosage schedules, one 10 grain Measurin tablet may replace any 5-grain tablet, but with twice the duration of activity. Whenever possible, two tablets (20 grains) should be given before retiring to assure relief throughout the night—and prevailing pain relief upon arising.

Measurin has been made in a special capsule-shaped tablet to permit easy swallowing. However, for any patients who have difficulty, Measurin tablets may be crumbled without loss of sustained-release effect.

Side Effects: Side effects encountered with regular aspirin may be encountered with Measurin. Tinnitus and dizziness at saturation dosage are the ones most frequently encountered.

Contraindications and Precautions: Measurin is contraindicated in patients with marked aspirin hypersensitivity, and should be given with extreme caution to any patient with a history of adverse reaction to salicylates. It may cautiously be tried in patients intolerant to aspirin because of gastric irritation, but the usual precautions for any form of aspirin should be observed in patients with gastric ulcers, bleeding tendencies, or hypoprothrombinemia.

Doctors, Ministers Exchange Quips at October Meeting

Ministers nearly outnumbered doctors at the October 12 meeting of the Pierce County Medical Society when an overflow crowd crammed the auditorium at the Medical Arts Building to exchange thoughts on "Medicine and Religion." Purpose of the meeting was not to have doctors soak up more religion—a prospect that probably kept some doctors away—but rather to establish better rapport between the clergy and physicians in their joint and overlapping responsibilities in care of the patient. It was an evening of constructive criticism, airing of minor resentments, and considerable laughter as members of both professions displayed their senses of humor.

A "four-handkerchief movie" called "The One Who Heals" started the program. The movie was prepared by the AMA Committee on Medicine and Religion and featured cases of death or near-death in which cooperation between doctor and clergy was stressed. Dr. S. Harvard Kaufman, chairman of the WSMA Committee on Medicine and Religion, discussed the movie, then moderated 45 minutes of active discussion from the floor.

Some doctors expressed concern over an implied obligation to give privileged information to the clergy concerning a seriously ill patient, but Dr. Walt Sobba offered the thought that this was comparable to giving out clinical information to any specialist that one might call in to help give the patient proper care.

President-Elect Glenn McBride told of many contacts with many ministers with nary a sign of friction, with free exchange of information and full cooperation. The guest speaker repeatedly epitomized Dr. McBride's attitude—at least until McBride brought down the house with his casual admission, "Of course, I might get sued."

There was disagreement about the emotional impact on the patient of having a minister arrive at the bedside just before a trip to the operating room. Some felt this added to the patient's tension, giving him the impression of an impending one-way trip. One minister

denied this—stated he had established such a feeling of camaraderie with his parishioners that they would feel it perfectly natural to have a friendly visit from him at that moment.

One minister decried the fact that 30 or 40% of patients had no personal contact or relationship with a minister, while Lou Rosenblatt countered with the more optimistic estimate that 99% of his patients had "a church home."

Another minister told of his unhappiness at being assigned the task of getting the family's permission for an autopsy.

When Dr. George Gilman was asked if doctors ever called in their own ministers when they themselves were patients, he evaded the question by disqualifying himself with, "I don't know. I've never been sick."

The popular Rev. Harold B. Long brought the discussion to a close with a generous commendation of all Pierce County doctors for their cooperation with the clergy and their conscientious care of their patients.

Tacoma Brace & Limb Co.

Lenart C. Ceder, owner



Expertly fitted—

Artificial Limbs
Orthopedic Appliances
Surgical Belts
Arch Supports
Trusses



FULton 3-4439

723 South K Street

PATRONIZE YOUR ADVERTISERS

Time Tested Dependability

Established 1889

R. E. Anderson & Co. Inc.

INSURANCE - MORTGAGE LOANS - REAL ESTATE
PROPERTY MANAGERS



752 Broadway

B Broadway 2-8475



FOR PROFESSIONAL ANALYSIS OF
YOUR INSURANCE PROGRAM

Ask for

Donald M. Moore

Donald J. Hill

Robert D. Sizer

Herbert F. Syford

Stewart L. Simpson

Edward J. Pole

STOWELL'S . . . Prescriptions

Our completely new and larger store
will give you and your patients
more efficient and reasonable service.

‘ ‘ ‘

FREE DELIVERY

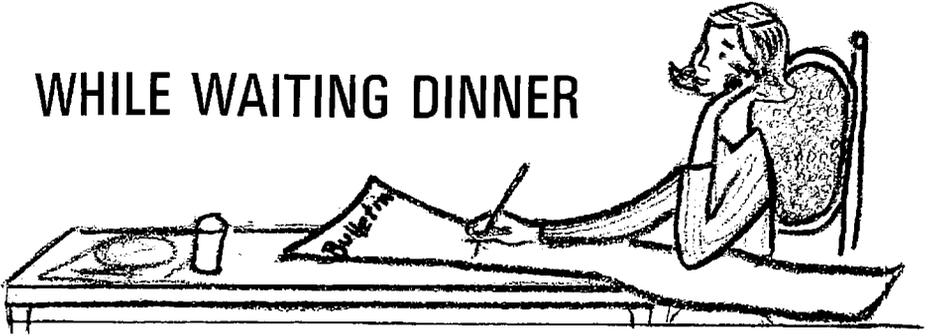
‘ ‘ ‘

B Broadway 2-2201

744 Market Street

Doctors Hospital Building

WHILE WAITING DINNER



WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

AUXILIARY OFFICERS—1965-1966

President	Mrs. Merrill J. Wicks
President-Elect	Mrs. George C. Gilman
1st Vice-President and Program	Mrs. Robert A. Kallsen
2nd Vice-President and Social	Mrs. Arthur Wickstrom
3rd Vice-President and Valley Rep.	Mrs. Charles Vaught
4th Vice-President and Membership	Mrs. Roy H. Virak
Recording Secretary	Mrs. Leonard C. Morley
Corresponding Secretary	Mrs. Ronald T. Spangler
Treasurer	Mrs. Thomas H. Skrinar
Dues Secretary	Mrs. Glenn H. Brokaw
AMAERF	Mrs. Francis W. Hennings
Civil Defense and Safety	Mrs. John S. May
Historian and By-Laws	Mrs. Herman S. Judd
Legislative	Mrs. Sherman S. Pinto
Paramedical	Mrs. Frederick J. Schwind
Publicity	Mrs. Marcel Malden
Bulletin	Mrs. Robert R. Burt
Speakers Bureau	Mrs. John Colen
Telephone	Mrs. Richard F. Barronian
Minute Women	Mrs. Vernon O. Larson
	Mrs. George A. Tanbara
	Mrs. Harold D. Lueken
	Mrs. Jack W. Mandeville
Coordinator of Community Services	Mrs. Robert W. Osborne
Heart	Mrs. Robert C. Johnson
Cancer	Mrs. Jack J. Erikson
Finance	Mrs. Haskel L. Maier
Dance	Mrs. David F. Dye
	Mrs. Gordon Dean
Fashion Show	Mrs. Homer T. Clay
	Mrs. Dale D. Doherty
Mental Health	Mrs. James E. Hazelrigg
Today's Health	Mrs. Robert M. Ferguson
Cook Book	Mrs. Stanley W. Tuell
International Health	Mrs. Charles McGill

"Light is the task where many share the toil." —HOMER

Cooperation is the key to the success of the Medical Auxiliary, according to Dr. Frederick Schwind, President of the Pierce County Medical Society and honored guest at our October meeting, as he lauded Auxiliary members for their assistance to the Medical Society.

Even the weather (notably inclement this time of year) cooperated to make it almost too warm for wool dresses and suits. Luncheon was served promptly—as delicious as it was attractive—en-

hanced by our lovely President, Marje Wicks, who presided at the luncheon table as well as the business meeting. The program skit was delightful and the meeting brief, adjourning before 2:00 p.m. so members with small children coming home from school could be at home in time to greet them.

In fact, this conscious effort toward efficient brevity was the cause of one most important item being overlooked—that of thanking the hostesses! Marje asks, even though belatedly, that you all—Ruth Murphy for offering your home to us, Bianca Mattson, Chairman; Nadine Kennedy, co-chairman and committee, Donna Ferguson, Adele Durkin, Peggy Haley, Bev. Harrelson, Rosemary Dye—stand up and take a great big bow for your tremendous effort to help make our first meeting such a memorable one. Thank you, girls!

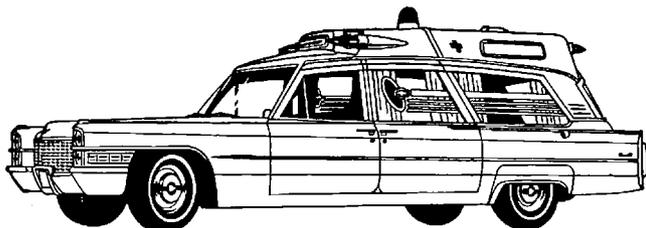
Thanks also should go to Mavis Kallsen who wrote and produced the skit, "How Do You Like Your Medicine", and her talented cast, Dee Wickstrom, Nadine Kennedy and Ruth Houtz as "old" members; Wibby Bischoff, Bianca Mattson and Jean Malden as the "new" members.

Mark The Calendar

Next meeting will be a noon luncheon, Friday, November 19, at the home of Mrs. Theodore Smith, 6214 Hewitt Road. Guest speaker will be Grace Fredericks of the Washington State Histor-

(Continued on Page 23)

LOOK WHY NOT GIVE YOUR PATIENTS
 THE BEST IN TRANSPORTATION
 COSTS NO MORE . . . REASONABLE RATES



**M
A
7
-
1
1
2
1**

**M
A
7
-
1
1
2
1**

Resuscitator Service
 Oxygen Equipped Electric Cot Warmers
 Licensed Attendants

Tacoma Yellow Cab Co.

1324 MARKET STREET

LUDWIG'S PRESCRIPTIONS

3 LOCATIONS TO SERVE YOU

LAKEWOOD CENTER

DAVID LUDWIG, Manager

9514 Gravelly Lake Drive S.W.

JU 8-2191

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

THUNDERBIRD CENTER

WM. H. LUDWIG, JR.

8105 Steilacoom Boulevard S.W.

JU 8-1889

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

SOUTH TACOMA STORE

FRED LUDWIG, Manager

5401 South Tacoma Way

GR 4-9419

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 9:30 A.M. TO 9 P.M.

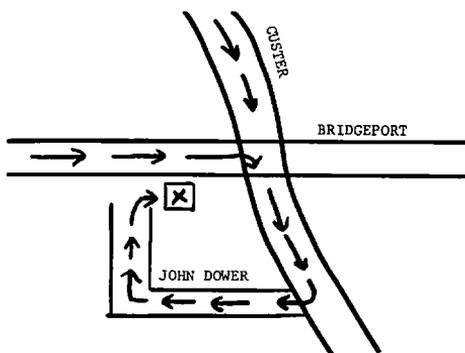
365 DAYS A YEAR

FREE PRESCRIPTION DELIVERY

(Continued from Page 21)

ical Society who will speak on "Our Living Heritage."

The following instructions may be of help in finding the Smith abode. If you take the Freeway south—turn off the Freeway at 72nd to your right. Follow 72nd until it becomes 74th and then follow 74th as far as it goes (you will cross old Highway 99). At the end of 74th, turn left onto Custer Road. Cross Bridgeport and continue to follow Custer to John Dower Road. Turn right on John Dower and follow to end. Look for a sign.



Those coming to Lakewood from the North End on Jackson, turn right at the Custer Road, go straight ahead, cross Bridgeport and watch for John Dower Road on the right.

There Are Still A Few For Whom Dues Are Due

Dues Secretary, Elvina Brokaw, is jubilant that over twice as many members have paid their dues this year as last year at this date and would like to make our membership 100% by December 31, 1965. Please mail your check or money order for \$10.00 to Mrs. Glenn Brokaw, 2919 North Alder, Tacoma, Wash.

Need Transportation

Don't sit at home and fret. If you are not being called, or you need a ride to the meetings, please call Kit Larson, SK 9-4655 or Kimi Tanbara, BR 2-5235. There is always someone from your neighborhood who would be happy to have your company on the way to meetings.

Plaudits

Peggy Haley, one of our hard-working members, is also President of the Ta-

coma Chapter of the United Nations Association and has been most busy the past month with preparations for United Nations Day which included booths set up in the lounge area of the Winthrop Hotel. The Pierce County Medical Auxiliary sponsored the booth for the World Health Organization with Edith McGill, International Health Chairman, spearheading the arrangements for the display on B.C.G., a vaccine against tuberculosis which has macrocosmic use. Assisting were Dolores Havlina, Dona Gilman, Merle Herrmann and Nadine Kennedy.

Another Auxiliary member, Adele Durkin, helped with the Food and Agriculture booth.

Condolences

It is with sadness we note the departure of one of the charter members of our Medical Auxiliary, Mrs. Arneson Johnson.

Those who remember her best, recall that Mrs. Johnson was very active at one time in the Auxiliary. Merle Herrmann observed that Mrs. Johnson was a very "worthwhile" person who took an active interest also in the Y.W.C.A. and was so energetic that even when she was an octogenarian, she would drive by herself to California to visit her children!

Community Service

Help! There are 25,000 people in Tacoma who desperately need help with their problem—alcoholism. Up until the present time, there has been no one they could turn to, but now an anxious group of citizens have formed a committee which meets the second and fourth Thursdays of each month at Honan's for luncheon and to work on the problem. A 24-hour Fellowship group has been established on Tacoma Avenue and a meeting place days and evenings at 6th and K Street.

Some of the future aims are for an Alcoholic Clinic, a Halfway House, which was tried successfully some years ago by Alcoholics Anonymous and Public Education. Perhaps a good start on this would be to encourage women's groups to drop the "social hour" before luncheons, style shows, etc. which has come into vogue the past few years.

A meeting, open to the public, has been set for Thursday, December 2nd

(Continued on Page 25)



help
speed
recovery...

with Soma[®] Compound

carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg.

In most patients with strains and sprains, 'Soma' Compound can reduce recovery time because of its ability both to relieve pain and to relax muscle. In a controlled study of patients in an industrial practice, R. G. Conant reported that 'Soma' Compound shortened recovery time an average of 25% as compared with aspirin.¹ In addition, complete or marked relief was noted in 94% of patients treated with 'Soma' Compound, as compared to 46% of patients treated with aspirin.

1. Conant, R. G.: Reduction of industrial time-loss: treatment with carisoprodol compound in musculoskeletal disorders. *Industr. Med. Surg.* 33:25, Jan. 1964.

Also available with $\frac{1}{4}$ gr. codeine as 'Soma' Compound with Codeine: carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., codeine phosphate 16 mg. (Warning: may be habit-forming.)

Indications: 'Soma' Compound and 'Soma' Compound with Codeine are useful for relief of pain and stiffness in traumatic, rheumatic and other conditions affecting muscles and joints. Contraindications: Allergic or idiosyncratic reactions to carisoprodol, phenacetin, or codeine phosphate. Precautions: *Phenacetin*—With long-term use, give cautiously to patients with anemia and cardiac, pulmonary, renal or hepatic disease. May damage the kidneys when used in large amounts or for long periods. *Caffeine*—Not recommended for persons extremely sensitive to its CNS stimulating action. *Codeine phosphate*—Use with caution in addiction-prone individuals. *Carisoprodol*—Carisoprodol, like other central nervous system depressants, should be used with caution in patients with known propensity for taking excessive quantities of drugs and in patients with known sensitivity to compounds of similar chemical structure, e.g. meprobamate. Side effects: Drowsiness, lightheadedness, dizziness, and gastric complaints have been reported infrequently for either or both of these preparations. *Phenacetin*—Side effects are extremely rare with short-term use of recommended doses. Prolonged ingestion of overdoses may produce dyspnea, cyanosis, hemolytic anemia, skin rash, anorexia, subnormal temperature, insomnia, headache, mental disturbances, and tolerance. *Caffeine*—Side effects are almost always the result of overdosage. Average doses may rarely cause nausea, nervousness, insomnia, and diuresis. Excessive dosage may produce, in addition, restlessness, nervousness, tolerance, tinnitus, tremors, scintillating scotomata, tachycardia, and cardiac arrhythmias. *Codeine phosphate*—Possible side effects are nausea, vomiting, constipation, and miosis. *Carisoprodol*—The only side effect reported with any frequency is sleepiness, usually on higher than recommended doses. An occasional patient may not tolerate carisoprodol because of an individual reaction, such as a sensation of weakness. Other rarely observed reactions have included dizziness, stasia, tremor, agitation, irritability, headache, increase in eosinophil count, flushing of face, and gastrointestinal symptoms. One instance each of pancytopenia and leukopenia, occurring when carisoprodol was administered with other drugs, has been reported, as has an instance of fixed drug eruption with carisoprodol and subsequent cross-reaction to meprobamate. Rare allergic reactions, usually mild, have included one case each of anaphylactoid reaction with mild shock and angioneurotic edema with respiratory difficulty, both reversed with appropriate therapy. In cases of allergic or hypersensitivity reaction, carisoprodol should be discontinued and appropriate therapy initiated. Suicidal attempts may produce coma and/or mild shock and respiratory depression. Dosage: Usual adult dosage of 'Soma' Compound or 'Soma' Compound with Codeine is one or two tablets three times daily and at bedtime. Supplied: 'Soma' Compound, orange tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., and caffeine 32 mg. 'Soma' Compound with Codeine, white capsule-shaped tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., and codeine phosphate 16 mg. Narcotic order form required. Before prescribing, consult package circular.



WALLACE LABORATORIES / Cranbury, N. J.

CSO-5712

(Continued from Page 23)

in the Tacoma Public Library at 8:00 p.m. The speaker is an M.D. and a former A.A. member from Portland, Oregon.

Anyone interested in working with this committee may call Evelyn Osborne, Community Services Chairman, at SK 2-3312.

Quips From The M.D. Family

It wasn't until Betty became a teenager that she confessed: "Dad, you know when I was a little girl and you were in your Residency in Surgery?"

"Yes . . ."

"Well, when you always talked about 'scrubbing in surgery'—I felt sorry for you as I pictured you down on your hands and knees scrubbing the floor in the Surgery!"

Happy Thanksgiving!

—LORNA BURT

St. Joe's, Tacoma General Add New Parking Areas

It may not be much help to you when you're looking in vain for a parking spot near the hospital, but the fact is that Tacoma's private hospitals have provided a total of 674 parking stalls for physicians, employees and visitors. Though this is not enough, it's an increase of 164 over the number available less than a year ago. A breakdown of parking areas at all hospitals reveals that the newer the hospital, the better the provision for parking in the original plans. The jump of 164 spaces in the past year is largely due to the new lots added at the two largest hospitals in Tacoma, where the parking situation had been becoming progressively more acute.

St. Jo's Lots Largest

St. Joseph's Hospital now has space for 163 cars. Just 5 years ago, the only parking available at St. Joseph's was curbside on-street parking, except for a few spots between the buildings and in the driveways. In December of 1960, the hospital completed black-topping its first parking area, immediately across 19th St. from the emergency entrance. A futile attempt was made to restrict these 46 parking spaces to physicians'

cars, but a special entrance-arm that opened only with special keys soon went awry and the parking lot was soon filled to overflow much of the time. In May of this year, 28 more parking spaces were added south of the original lot and a huge spacious parking area for 89 cars was opened facing on J Street, between 19th and the water standpipe.

The original lot is now more successfully limited to doctors' use during morning hours by a small sign at the entrance. City traffic engineers have taken advantage of the situation by installing no parking signs along 19th Street so that more lanes are available during the busy traffic hours.

T.G. Adds More Lots

In the past month, 47 new parking spaces have been added at Tacoma General Hospital, to bring their total to 148. This figure includes 10 stalls behind Jackson Hall used mainly by the faculty there. For many years, Tacoma General has maintained 2 lots across 4th St. on J St. with room for 70 cars. When the old building came down on the corner of 4th and K Streets, space became available there and this now has become formalized with a concrete retaining wall and the area blacktopped and marked off for 28 cars. This area just opened in the past month, along with a 19-car lot north of the hospital, across 3rd St. The latter lot has been specified mainly for use by the 3-to-11 nursing staff and employees. This should make for better availability of space in the area restricted for doctors. The latter area was completed in September of 1961 by utilizing lawn area at the south side of Jackson Hall.

Lakewood General Hospital has a better ratio than most hospitals with a total area allowing for 149 cars, not including spaces for emergency vehicles. 65 of these spaces are virtually at the hospital's front door, for use by physicians and visitors. Hospital personnel utilize the 80 parking stalls to the rear of the hospital. A gravelled area leaves room for expansion into 60 more parking spaces when it is needed.

Good Samaritan Hospital in Puyallup has 145 parking stalls. This excellent provision is handicapped somewhat by the fact that there is little on-street parking near the hospital.

(Continued on Page 27)

2 LOCATIONS

Harold Meyer Drugs



11th & K

OPEN 'TIL MIDNITE

48th & So.
Tacoma Way



MOUNTAIN VIEW FUNERAL HOME

Takes Care of Everything

UNDERTAKING -- CEMETERY -- CHAPEL -- MAUSOLEUM

4100 Steilacoom Boulevard

JUniper 4-0252

(Continued from Page 25)

Mary Bridge Children's Hospital has 64 spaces. 18 of these are in the doctors' parking area adjacent to the hospital. Another 7 spaces are secluded behind the building and 11 more are "private" spaces.

Many doctors are hardly aware of the 28 additional spaces provided by the hospital lot which lies across Division Ave. behind Frisko Freeze Restaurant.

Doctors' Hospital and Medical Arts Hospital must depend mainly on parking meter curbside parking for their visitors. Attending doctors can use the parking garage in Medical Arts, or the commercial parking lot adjacent to Doctors' Hospital, but the only special off-street parking provided is the 7 spaces restricted to doctors use at Doctors' Hospital. There are 12 other stalls in the same lot, but all are private for the use of individual physicians.

Mountain View Hospital, not included in any of the above totals, has a large visitors parking area across 36th Street to the south with room for 102 cars, plus 41 doctor and employee parking spaces behind the hospital.

BEALL'S

The Prescription Store

124 Meridian South

PUYALLUP

Phone Puyallup 5-8444

NOW UNDER CONSTRUCTION

PROFESSIONAL CENTER

offering modern space for medical suites in fast growing residential area.

Phone TE 3-1689

AUBURN

RANKOS

PHARMACY

101 North Tacoma Avenue

Prescription

Druggists



We Carry a Complete Line of
Biologicals and Pharmaceuticals

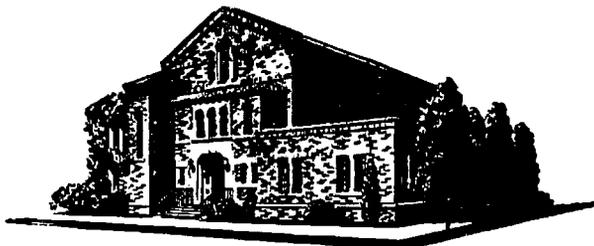


"When Moments Count"

FULTON 3-2411

PROMPT . . . FREE DELIVERY

Spacious, beautiful memorial chapel
Choice of cemetery, mausoleum,
cremation or columbarium



Choice of type or
manner of service

Budget Terms
Available

BUCKLEY-KING

CONVENIENTLY LOCATED • TACOMA AVE. AT SO. FIRST
LARGE PARKING AREA

SHAW SUPPLY HAS THESE SERVICES TO OFFER YOU AND YOUR PATIENTS

- Your choice of the finest lines manufactured.
- Experienced fitting for both men and women
 . . . Surgical Supports . . . Belts . . . Hosiery . . .
- Large selection of nurses' uniforms and doctor gowns.
- Complete rental service for sick room supplies
 . . . Pick up and Delivery Service . . .
- Factory trained repair service in our own shops.

Serving The Pierce County Medical Profession Since 1904

 **HAW** COMPANY
INCORPORATED

710 fawcett ave.
tacoma 2, wash.
broadway 2-1125

PHYSICIANS' AND HOSPITAL SUPPLIES

Famous Red Shorts Star in Drucker's Further Adventures

MOUNTAINEERING

by GERHART A. DRUCKER, M.D.

(Conclusion)

A visit to Europe in the summer of 1962 gave me a chance to climb the Matterhorn, led by a professional guide. That famous rock spire, more than 300 feet higher than Mount Rainier, remains to date my loftiest peak.

Spring skiing in the mountains has remained one of my favorite pastimes. Sure, like all you fellow skiers, I love to ride up the chairlift at Crystal or White Pass and to come down in a swift, fine run, the more runs in one day, the better! But occasionally, my climbing skins strapped to my skis, I will climb up to Camp Muir or to the summit of Mount St. Helens, or to other high places where there is no chairlift. St. Helens, a beautiful, 9671 feet high volcanic cone in Southwestern Washington, offers a particularly fine downhill run in good spring snow. Six hours up, 30 minutes down if you are in a hurry. (But beware of ice, for Mount St. Helens is steep! One slip on ice and you may go down much faster than you had planned!) Last April I joined a party of ten for one week's Spring skiing in British Columbia's Bugaboo Mountains. It involved carrying a 60 lb. pack up a steep mountainside, on skis, through two feet of powder snow, and spending four nights in a tent in the middle of the glacier. It was lots of fun!

Let me tell you a few funny events that have happened on my climbs. Some, to be sure, were funny in retrospect only.

Years ago, during my internship, I took my girl friend on a rock climb through the Huntington Ravine of New Hampshire's Mount Washington. There was only one tricky pitch in it, a series of moist rock slabs near a little waterfall. I had reached a good belay point on top of these slabs and shouted down to my girl to follow. This was her first rock climb. She slipped on the wet rock, and although I stopped her fall instantly, she was badly shaken and adamant-

ly refused to try the pitch again. All my pleading was in vain. Only 15 feet more to go, but there she stood and refused to budge. Above, the going would be easy. What should I do? Give up the climb because of these 15 feet? Heck, NO! My girl friend weighed barely 100 lbs. Bracing myself against the rock, I grabbed the rope with all my might and hauled her bodily up to me, in spite of her screaming protests, and right through the middle of the waterfall! She was wet to the skin and mad as can be, but we completed the climb and reached the Lake-of-the-Clouds Hut, where we had to use pliers and chisels to untie her rope knot. Believe it or not, this same girl later consented to marry me! Today, 27 years and five children later, Nancy weighs a little more than 100 lbs. and I doubt that I could repeat this feat today. Moreover, she still abhors an ice cold shower!

What happens when a man suddenly comes down with violent diarrhea during a hailstorm, in the middle of a glacier, with no shelter in sight? It happened to me twice, once on Austria's Grossglockner in 1927 and once on Canada's Mount Vaux in 1961. Each time, after a lengthy and painful "session", I had to ladle a pound or two of hailstones out of my trousers.

Glissading means sliding down a steep snowfield on one's heels, using the ice axe as a brake. While still in high school, one hot summer day I traversed Austria's Dachstein in shorts, carrying my regular climbing pants in my rucksack. I slipped during a steep glissade and literally lost the seat of my short pants. We were 3 boys and did not meet another party all day long, therefore I continued the climb in my "bottomless" shorts and did not bother to put on my climbing trousers, planning to do so in the evening, just before we would reach the town of Hallstatt. We were running down the last switchbacks toward that town, I still wearing nothing but my torn shorts, when suddenly a feminine voice called my name. I looked up in horror and almost ran into a girl whom I knew from school, as she came hiking up the trail, followed by two huffing and puffing matrons. "Hello, Gerhart," Julia said sweetly. "How nice to meet you! I see you are coming from a climb. Oh, the Dachstein Traverse! How interest-

ing! Come, meet my mother and my aunt. Tell us all about your climb!" Painfully conscious of the missing seat of my pants, I backed against the nearest fir tree, not realizing that its trunk was crawling with ants! And thus, my backside pressed against the tree, I had to answer questions about my climb for ten long minutes and to endure at the same time numerous ant bites into a sensitive part of my anatomy. I felt like Saint Sebastian, whom many centuries earlier, his Roman torturers had tied to a tree and used as a target for their piercing arrows.

You all have seen pictures of Mount Shuksan. They grace thousands of calendars. This rugged, 9,000 ft. high peak in the Northern Cascades, near the Mount Baker Lodge, is certainly one of the most beautiful mountains in our State. The Fisher Chimney route up Mount Shuksan contains a long, steep snowfield, known as "Winnie's Slide", which was the scene of another glissading adventure of mine. Three of us had climbed Mount Shuksan and were on our way down, no longer roped, and again I was wearing nothing but a bright red pair of gym shorts, carrying my regular climbing trousers in my pack. We reached the top of Winnie's Slide, a famous glissade. "Wait a minute," I said to my friends, "here I simply *have* to put on my trousers." And I took off my pack and fumbled in it for this garment. But Vic and Dave, eager for the glissade, would not wait. They took off and glissaded down the long, steep slope in excellent style, one next to the other. I saw them way down at the bottom of Winnie's Slide, while I was still at its top, struggling with my pants. "To heck with pants," I said to myself, as I shoved them back into my pack impatiently. I put the pack on my back, grabbed my ice axe and jumped into the famous glissade, rapidly gaining speed, and still wearing nothing but my bright red gym shorts! What happened? You guessed it! Halfway down I slipped, fell, and completed the glissade, quickly and painfully, on the seat of these red shorts, a bright red streak in the snow marking my route! This time the seat of my shorts suffered no damage, but my own seat was less fortunate. Since that day I have never again glissaded in shorts.



Gerhart, rapelling (roping off) Mount Rainier National Park, Sept., 1965.

These red shorts, by the way, which I had bought for \$1 in 1946, proved to be one of the world's greatest bargains, second only to Peter Minuit's famous 1626 purchase of Manhattan Island from the Indians for \$24. I made many climbs and spring ski tours in these shorts, always, of course, carrying adequate clothing in my pack. They shone on the summits of Mt. Shuksan, Mt. Adams, Mt. St. Helens, they added yet another color to the superb natural colors of the Canadian Rockies, they brightened up the inhospitable scenery of Mount Rainier's Point Hazard and Camp Muir, they were my faithful companion for 10 years until, in 1956, the rough rock of Canada's Mount Terminal spelled their doom. There was some talk of giving their remains to the Smithsonian Institute.

During the descent from the summit of Mount Rainier via the Kautz Route in 1946, a bottleneck developed at the steep ice pitch of the upper Kautz Glacier, because we had too many slow, inexperienced climbers in our party. Leading the last rope, I had to wait 2 hours above this pitch, with the result that later on we narrowly escaped an

avalanche of huge ice towers, which the hot afternoon sun had melted off their base and which went roaring down a snowfield that we had just crossed. Since then I have climbed the Kautz route three more times. Descending from the summit via this route in 1953, my friend Don Rogers (now a Seattle pathologist) and I had just stopped near the site of the 1946 avalanche, still safely protected from possible falling ice by a rock spur, when suddenly an ominous rumble filled the air. "Avalanche!" we both shouted, terror-stricken, and ducked hastily behind the rock spur. Within seconds, the rumble increased to an ear-splitting roar. Peeping cautiously over the edge of the rock spur, we could see no sign of an avalanche; but we did see a huge military jet plane that appeared suddenly from nowhere, swooshed around the mountain at a terrific speed, so close to it as to make the rocks tremble, and disappeared rapidly into the blue horizon over Eastern Washington. Angrily, we shook our ice axes at the vanishing plane.

These are but a few of many memorable events, some funny, others not so funny, that have occurred on my many climbs. Climbing is my hobby. As I am writing this, I see in the distance, barely fifty miles away, our own, incomparable, magnificent Mount Rainier, one of the world's truly great mountains, its vast glaciers glowing in the evening sun. Ten days ago, on the eve of my 54th birthday, I climbed once more to the summit of this glorious mountain.

AMPAC 1965

Political action is simply an extension of community action. It is impossible to understand state or national politics, or the application of political power, without knowing what the score is in your own community. In politics, power flows from the bottom up—not from the top down. Even the Presidential election is determined by totaling the votes cast in all the nation's precincts—including yours.

In terms of your community, there are certain things you need to know. First of all, you should consider the subdivision of government. Start with a map or two and mark the boundaries of the precincts, wards, state legislative

districts, townships and counties within your Congressional District. Often you can get these maps already marked out for you from your Board of Elections in the County-City Building. Next you should consider how the vote runs by compiling the election results by precinct during the last few elections. You can then consider the ethnic groups within your community. By learning where they live, who their leaders are and the levels of income in residential areas, you will better understand why people tend to vote as they do.

Then you should interest yourself in who runs the government, that is, who are the party leaders in each party. The distribution of political power is complex, fascinating and in a constant state of flux. Dig beneath the surface—the answers are not usually as simple as you think.

Learn the election laws; at least the high spots. Your Secretary of State can answer specific questions and he has a wealth of readily available material. Both parties have their own regulations and these are usually available just by asking at the County Republican and Democratic offices.

Finally, you should know local issues. They frequently swing local elections and sometimes Congressional races. Keep up with local news.

Much information can be gained by reading the many pamphlets available, by asking questions of party workers, community leaders and office holders and by talking politics with your own colleagues, neighbors and friends. It should be pointed out that AMPAC has many films and pamphlets available as well as a lending library.

There are two ways of learning politics. One is by methodical study and the other is by working in politics. Both approaches are essential. Approach your political self-education methodically, and remember that political sophistication develops most rapidly when you work within a political party and apply what you know.

—THOMAS H. SKRINAR, M.D.

PATRONIZE YOUR ADVERTISERS!

Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402

BULK RATE

U. S. POSTAGE

PAID

TACOMA, WASH.
PERMIT No. 300

MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Bldg.

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Monday of each month—8:00 p.m. at 424 South K Street

TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August
—8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month at Top of the Ocean

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—
6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.

The

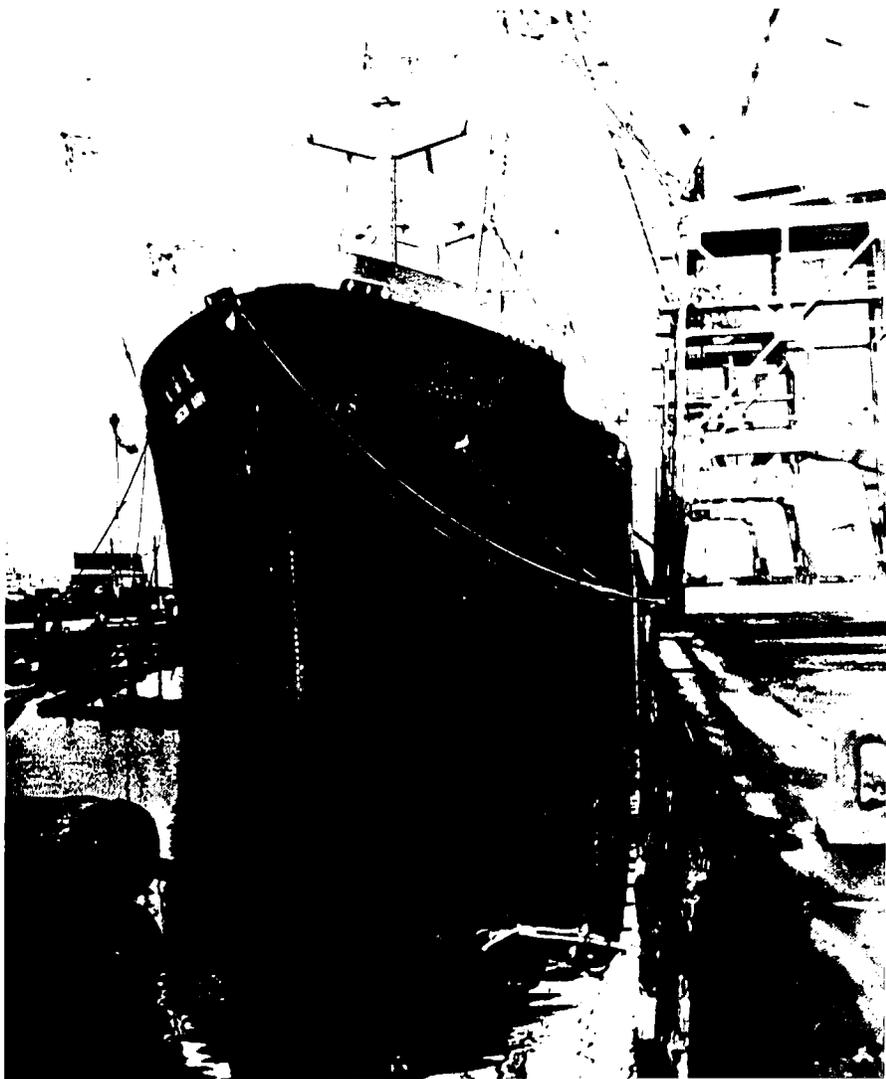
PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

VOL. XXXVI—No. 12

TACOMA, WASH.

DECEMBER - 1965



STURDEVANT
REPORTS
FROM AFRICA
(Page 16)

PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
DECEMBER 14, 1965**

Pierce County Medical Society

1965

OFFICERS

President	Frederick J. Schwind
President-Elect	Glenn G. McBride
Vice-President	Lester S. Baskin
Secretary-Treasurer	Arnold J. Herrmann
Executive Secretary	Judy Gordon

TRUSTEES

Richard F. Barronian	Robert C. Johnson
Lester S. Baskin	James D. Lambing
Myron A. Bass	Glenn G. McBride
J. W. Bowen, Jr.	Clinton A. Piper
Robert R. Burt	Frank J. Rigos
Arnold J. Herrmann	Frederick J. Schwind

DELEGATES

Douglas P. Buttorff	Frederick J. Schwind
Robert M. Ferguson	Stanley W. Tuell
Robert W. Florence	Wayne W. Zimmerman
Glenn G. McBride	

ALTERNATE DELEGATES

Richard F. Barronian	Herman S. Judd
Charles J. Galbraith	Robert W. Osborne
Philip Grenley	Charles C. Reberger
Kenneth E. Gross	

COMMITTEES

Ethics

Murray L. Johnson, Chairman	
Samuel E. Adams	Frank R. Maddison

Grievance

Frank J. Rigos, Chairman	
G. M. Whitacre	Stanley W. Tuell

Program

Robert C. Johnson, Chairman	
Clinton A. Piper	Robert M. Ferguson

Public Relations

James D. Lambing, Chairman	
John F. Comfort	Robert M. Ferguson
Kenneth E. Gross	G. Marshall Whitacre

Library

Don C. Willard, Chairman	
Robert M. Freeman	William E. Avery

Public Health

Lawrence N. Brigham, Chairman	
Cecil R. Fargher	Robert C. Johnson
Orvis A. Harrelson	David L. Sparling

House and Attendance

John R. Alger, Chairman	
Robert Klein	William W. Mattson, Jr.

Civil Disaster

Edward R. Anderson, Chairman	
Leo Annett	Charles E. Kemp
Robert R. Burt	Richard B. Link
Kenneth D. Graham	Robert D. McGreal
T. R. Haley	Leo F. Sulkosky
David T. Hellyer	Arthur P. Wickstrom

Diabetes

Robert A. O'Connell, Chairman	
Robert A. Kallsen	Roy H. Virak

Entertainment

William L. Rohner	Walter L. Sobba
-------------------	-----------------

Geriatrics

S. Robert Lantiere, Chairman	
Herbert C. Kennedy	Harold F. Kahler

Legislative

J. Hugh Kalkus, Chairman	
Homer W. Humiston	Herman S. Judd
B. D. Harrington	John M. Shaw

Wayne W. Zimmerman

Edmund A. Kanar, Chairman	
Glenn G. McBride	Bernard R. Rowen

James Mason (Ex-officio)

Operation Hometown	
Douglas P. Buttorff, Chairman	

Schools

George C. Gilman, Chairman	
Cecil R. Fargher	Dudley W. Houtz
Orvis A. Harrelson	Everett P. Nelson

Mental Health

Hugo Van Dooten, Chairman	
James M. Blankenship	Herman S. Judd

Poison Control

Claris Allison, Chairman	
--------------------------	--

Bulletin Staff

Editor	Stanley W. Tuell
Business Manager	Judy Gordon
Auxiliary News Editor	Mrs. Robert R. Burt



December Birthdays

- 1 David S. Hopkins
Charles C. Reberger
- 3 Bernard R. Rowen
- 5 S. Robert Lantiere
Frederick W. Maire
- 6 Homer W. Humiston
Woodard A. Niethammer
- 9 Stanley W. Tuell
- 12 Arthur P. O'Leary
- 14 Samuel A. Adams
David H. Johnson
- 15 Warren F. Smith
- 16 Robert M. Freeman
Kenneth J. Ritter
Maurice Yoachim
- 20 Loy E. Cramer
- 21 Gerald Geissler
Philip Grenley
- 23 Carl J. Scheyer
- 24 John R. Flynn
- 28 Kenneth L. Pim
- 29 K. Robert Lang
- 30 Gordon Dean
- 31 Lewis A. Hopkins

Cover photo courtesy of . . .
DR. GLENN MCBRIDE

PATRONIZE YOUR ADVERTISERS

**“But there’s
so little left”**



Sometimes the things a man *doesn't* do are costliest to his wife and family. An old Will never revised. A business never arranged to withstand estate taxes. An incomplete life insurance program.

No matter how good a provider you are, your family's future will one day depend on your *planning*.

Don't leave the future in doubt. In collaboration with your attorney and your life insurance adviser, we stand ready to help you plan wisely—now.

GERSHOM C. ROWLAND
Senior Vice President and Trust Officer

TRUST DEPARTMENT



MEMBER FEDERAL DEPOSIT INSURANCE CORPORATION

Prescription Optical Company

"Fashion In Eyewear"

205 Medical Arts Building
Tacoma, Washington
MArket 7-4151

Branches in . . . Lakewood - Everett - Bremerton - Fort Lewis



Member
THE ORDER OF
THE GOLDEN RULE



LYNN FUNERAL HOME
PHONE MA 7-7745

PROVIDING FINE FUNERAL SERVICE SINCE 1905
717-719 TACOMA AVENUE TACOMA • 2 • WASHINGTON

PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, December 14

Medical Arts Building Auditorium

ELECTION OF OFFICERS

PROGRAM - - - 8:15 P.M.

"POST-MENOPAUSAL HORMONAL THERAPY"

Panel: Drs .Don Willard, Fay Nace
and Charles Reberger

Moderator, Dr. Douglas P. Buttorff

* * * * *

Social Hour: 6:00

Dinner: 6:45

Honan's Restaurant

VERY DESIRABLE LOCATION, 612 So. K; 1750 Sq. Ft. ground floor available. Adjacent from new Western Clinic Bldg. (sign on bldg.) Will remodel. Off-street parking. BR 2-5888.

IDEAL SPACE AVAILABLE in Medical-Dental Bldg. in University Place. Corner So. 27th & Sunset Dr. SK 9-4486.

DOCTOR WANTED to take over general practice, office, equipment, etc. sometime before Sept., 1966. I will be leaving then for a 9-months' tour overseas, then return to part-time practice. No investment needed. Excellent opportunity for a physician to get a good start in suburban general practice. Anyone interested contact L. E. Skinner, M.D., 10011 Gravelly Lake Drive, S.W., Tacoma. JU 8-4433.

Since 1888 . . . three quarters of a century of dignity and service at sensible prices.

- Convenient location
- Two beautiful chapels
- Plenty of parking

**C. C. MELLINGER
FUNERAL HOME
and MEMORIAL CHURCH**

6th & Tacoma

BR 2-3268

"Glasses as your eye physician prescribes them"

Contact Lenses -- Artificial Eyes

Columbian Optical Co.

Ground Floor, Medical Arts Bldg.
Medical Center
The Tacoma Mall
Lakewood



*Valuable in a wide variety of
clinical uses*

- Alcoholism • Cancer patients • Drug addiction • Mental and emotional disturbances (moderate to severe) • Nausea, vomiting and hiccups • Neurological disorders • Obstetrics • Pain • Pediatrics • Psychiatric disorders
- Senile agitation • Somatic conditions complicated by emotional stress
- Severe asthma and status asthmaticus • Surgery

Contraindications: Comatose states or in the presence of excessive amounts of C.N.S. depressants. *Principal side effects:* The most frequently encountered side effect is transitory drowsiness. Other occasional side effects include: dry mouth, nasal congestion, constipation, miosis, dermatological reactions, photosensitivity, jaundice, hypotension, increased appetite and weight; very rarely mydriasis, agranulocytosis, neuromuscular (extrapyramidal) symptoms.

Thorazine[®] brand of chlorpromazine

one of the fundamental drugs in medicine

Before prescribing, see SK & F product Prescribing Information.

Smith Kline & French Laboratories 

rx
farrell's
P R E S C R I P T I O N S , I N C .

FAST, ECONOMICAL PRESCRIPTION SERVICE

PLUS FREE DELIVERY

BR 2-8000

Market Street

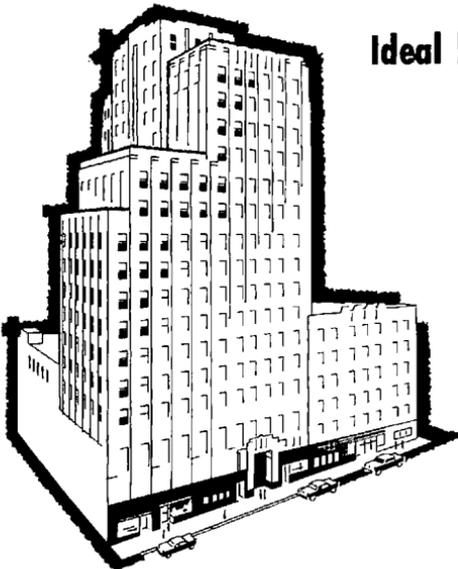
Lobby

FU 3-5595

Medical Arts Building

St. Helen's Street

Lobby



Ideal location for specialization . . .

The more than 80 physicians and surgeons practicing in the Medical Arts Building provide a great opportunity for referred work to the specialist locating here. You'll find everything from a fully equipped hospital to a medical supply house. And people know they can depend on finding the best in medical care because only those with highest ethical standards are accepted as tenants.

Medical Arts Building

Building Office: 110 Medical Arts Bldg.

MArket 7-6441

METROPOLITAN BUILDING CORP., MGRS.

President's Page



For the past three years in the late Fall, the University of Washington medical faculty has sponsored a medical conference at Pack Forest near Eatonville. The purpose of the meeting is to create better liaison and understanding between practicing physicians in the state and those engaged in part time or full time academic medicine. It is a very valuable meeting and allows us to get acquainted with our "counterparts" and discuss common problems in a relaxed manner and informal surroundings. Dr. Elmer Wahlberg and I had the great privilege of attending the conference last month representing the State Academy of General Practice and your County Society respectively. About 100 physicians were in attendance.

The discussion concerned the implications and implementation of Public Law 89-239 (The DeBakey Amendments). Dr. William Kissick, Special Assistant to the Secretary of H.E.W., gave a very comprehensive and well-presented report on Regional Medical Programs. Dr. Howard Doan, Director of Hospitals and Medical Facilities of the A.M.A., pointed out that the bill as passed was greatly modified through the efforts of the A.M.A. Advisory Committee. The original bill was an affront to the practicing physicians, implying the lack of optimum medical care, and threatened a breakdown of the traditional referral system. Dr. Doan believes that the bill as passed can be a definite help to the Community Hospital. The requirement of coordination has been replaced by cooperation. At present, the bill will be implemented as a pilot program with the first appropriations being spent entirely on planning, feasibility studies and education of medical and para-medical personnel. In spite of the benign sounding language of the Public Law 89-239, most of us recognize it as another federal "foot in the door", and realize that as the annual appropriations increase (as written in the bill) over the next three-four years, the original purpose and intent of the bill will be accomplished.

This year is rapidly drawing to a close and I want to thank the membership for giving me the privilege and honor of serving as their president. It has been a year marked by political changes which will have a profound effect on our professional and personal lives. I'd like to express my appreciation of the fine work carried out by all of the Committees of the Society, and for much-needed advice given to me by Mrs. Judy Gordon, Dr. Tuell, Dr. Rigos, Dr. Humiston, and numerous other fellow physicians.

Again, thank you!

—FREDERICK J. SCHWIND, M.D.

Enjoy Dinner in the pleasant atmosphere
of a Restaurant typical of San Francisco

Honan's Restaurant

COMPLETE DINNERS FROM \$2.95

Specialties . . .

Broiled Steaks
Australian Lobster Tails
Prime Ribs of Beef

Banquet facilities
Private Rooms for
dinners and meetings
Cocktails

"Tacoma's most popular downtown Restaurant"
across the street from the Medical Arts Bldg.

Honan's

MA 7-7179

Free Customer Parking next door

739½ St. Helens Ave.



Schwarz, Shera and Associates, Inc.

BROKERS INSURANCE SERVICE

LICENSED & BONDED BROKERS



Ned Shera, C.L.U.
Vice President



V. A. "Bud" Schwarz, C.L.U.
President



(Mrs.) Dorothy Connor, C.L.U.
Secretary-Treasurer

Providing

"PROFESSIONAL COUNSEL FOR THE PROFESSIONAL"

Life & Health Insurance
Annuities
Pension Plans (including H.R. 10)

Professional Partnerships
Estate Creation Planning
Estate Conservation Planning

As Brokers we are *YOUR* agent, *NOT* an Insurer's Agent.

Offices at Suite 306, Security Building
Tacoma, Washington

MA 7-8181

Guest Editorial

WHAT'S A MEDICAL EXPLORER POST?



It is our sincere hope that each of you will know the answer in the very near future.

Tacoma General Hospital accepted the invitation of the Mount Rainier Council, Boy Scouts of America, to sponsor a Medical Explorer Post.

This post will be limited to male high school junior and senior students with an interest in any field of health services—not medicine alone. It will be their organization with adults as advisors and consultants only. Unfortunately, the number will be limited to 40 to 50 so that publicity will be at Wilson High School only; however, any junior or senior in Pierce County (including especially your sons) if interested may contact Mr. Marion A. McRea at the Boy Scout office or Dr. James B. Mason at Tacoma General Hospital for further information. The first meeting will be in early December so this is short notice.

Meetings will be held twice a month in the evenings at Tacoma General Hospital who will also supply the administrative and clerical needs.

A tentative program including all the fields of health services has been proposed and will be decided by the members of the Post. Health administrators, dentists, veterinarians, pharmacists, physical therapists, laboratory technicians, radiology technicians and others in the health field will be asked to make this a good program for these fellows.

A benefit to them might be part time or summer jobs through their Post. This will be looked into further.

In this era where there are many "glamorous" fields, the need to stress service to our fellow man needs to be re-emphasized. We think this program will attract competent young people of high ability and dedication to the field of health services. If a few of them become physicians we feel that we have accomplished our goal of offering a "positive" program.

More manpower, more ideas and your cooperation is needed to make this program worthwhile to these fellows. Don't hesitate to volunteer your services! We are counting on you to help us.

—GEORGE A. TANBARA, M.D.

(Members of the Medical Explorer Post Committee are: Drs. George Tanbara, Kenneth Graham, T. R. Haley, Richard Huish, James Mason; Mr. Walter Huber, Administrator, Tacoma General Hospital; Mr. Don Morgan, Radiology Technician, Advisor; Mr. Richard Driskell, Pharmacist, Associate Advisor.)



V-Cillin K now costs approximately 21 percent less. This significant price decline constitutes a substantial saving and still offers these important benefits over penicillin G:

The effectiveness of intramuscular penicillin. Just three 250-mg. doses daily provide total twenty-four-hour penicillin blood levels equal to those achieved by injection of 600,000 units of procaine penicillin G. A fourth dose increases daily penicillemia to levels 35 percent above those achieved by injection.

Consistent dependability—even in the presence of food. Comparative pharmacologic data show that V-Cillin K produces peak blood levels *twice* as high as those of penicillin G, with *half* the dose.

New, thin coating . . . new size and shape. The new coating eliminates the characteristically bitter taste of oral penicillin and makes V-Cillin K tablets easy to swallow. The new shape makes them easy for physicians and pharmacists to identify.

Indications: V-Cillin K is an antibiotic useful in the treatment of streptococcus, pneumococcus, and gonococcus infections and infections caused by sensitive strains of staphylococci.

Contraindications and Precautions: Although sensitivity reactions are much less common after oral than after parenteral administration, V-Cillin K should not be administered to patients with a history of allergy to penicillin. As with any antibiotic, observation for overgrowth of nonsusceptible organisms during treatment is important.

Usual Dosage Range: 125 mg. (200,000 units) three times a day to 250 mg. every four hours.

Supplied: Tablets V-Cillin K, 125 or 250 mg., and V-Cillin K, Pediatric, 125 mg. per 5-cc. teaspoonful, in 40, 80, and 150-cc.-size packages.

V-Cillin K[®]
 Potassium Phenoxymethyl
 Penicillin

Additional information available to physicians upon request. Eli Lilly and Company, Indianapolis, Indiana.



509990

IN MEMORIAM



Dr. Cecil Rhodes Fargher was born in The Dalles, Oregon. He died on November 7, 1965 in his sixty-third year.

Dr. Fargher graduated from the University of Oregon School of Medicine in 1928. He interned at the Multnomah County Hospital, Portland and went into general practice in Wenatchee, Washington. From 1933 to 1943 he was the health officer in Wenatchee and Vancouver, Washington. In 1939 he received a Master of Public Health degree from Harvard. He came to Tacoma in 1943 to become the city health officer and in 1949 he became director of the combined Tacoma-Pierce County Health Departments. Under his guidance the department received recognition as one of the finest in the state.

Cecil Fargher saw many changes in public health take place in his time. He took the best of these and put them to use in his health department. Communicable disease control, public health nursing and sanitation control programs, the foundation of the

modern health department, were shaped and molded skillfully to bring the best in health protection to his community. His department pioneered efforts in child guidance clinics, clinics for the retarded, rehabilitation programs for the alcoholic and the vocationally handicapped, and in raising health standards for the migrant worker. He had a great and justifiable pride in the department since he knew it could always meet the challenge. It is also noteworthy that his department was often chosen to pilot new public health programs in the state.

Cecil Fargher was devoted to his work but his greater devotion was to his family. He met his wife Molly while at Harvard. They had twin sons, Robert and Thomas.

Cecil Fargher was a sincere, modest and considerate man. His reserved and quiet manner would often belie the real keenness of his mind. He had a fine sense of humor and as the occasion demanded a delightful wit. He accepted his responsibilities eagerly and with no other thought than to do the best he knew how. He was a man of the church as well as a man of family. He was warm and likeable and met others easily both professionally and socially. For himself he enjoyed most of all his family but he liked on occasion to do a little fishing, to see a ballgame, to work in his garden or to try his hand at cooking.

Cecil Fargher was a good friend and a good doctor. He loved his family and he served his community well. He will be missed.

—TED APA, M.D.

Doctors Hospital Construction Soon; Bids Nearly Ready



Seventeen 2-story-high columns give a colonial touch to the front view of the otherwise modernistic straight lines of the new Doctors Hospital to be built across the alley from the present structure. Construction is expected to begin shortly after the first of the year, according to Dr. Cyril B. Ritchie, President of the Board of Trustees of the hospital, and James B. Feutz, hospital administrator.

Although four stories are involved, only two will project above the street level on the front entrance side of the hospital at 737 Fawcett Ave. The lowest floor will be at alley level and will have 61 parking stalls. A ramp will lead from the alley up to the next level and space for 36 more cars. Also on this level will be much of the service facilities, such as the kitchen, dining room, employee lockers and linen room.

As well as the waiting room, reception desk and administrative offices, the portion of the building to the right of the main entrance on the main floor will house certain professional facilities such as the x-ray department, physical therapy equipment and the clinical laboratories. Directly above, on the second floor, will be the four operating rooms, and an emergency room. The two elevators will be in the central core of the building, one for visitors and the other mainly for patients and taking patients from the ambulance entrance to the clinical floors or to the emergency

room. Both clinical floors will have 35 beds in the north wing, with central nurses' desk, medicine, dictating room and examining or treatment room on each floor. There will be two 4-bed wards on each clinical floor. The rooms closest to each nursing station will have the necessary conduits and wiring built into the walls so that they may be converted to intensive care units at any time in the future if indicated.

A small chapel will be close to the waiting room on the main floor. An unusual feature of the surgical area will be the presence of a "common" lounge area between the doctors' and nurses' lounge areas.

Sunday School Story

President Johnson was driving through a depressed area and he stopped to chat with a farmer plowing his field. The President urged that the farmer seek federal help to replace his obsolete plow, re-build his farm buildings and construct a better fence. The farmer refused each offer and gave the annoyed President a Bible reference. Proverbs, Chapter 26, Verse 17, reads as follows: "He that passeth by, and meddleth with strife not belonging him, is like one that taketh a dog by the ears."

PATRONIZE YOUR ADVERTISERS

African Report: Taking History Uses Three Interpreters



KENNETH H. STURDEVANT, M.D.

(The following is quoted directly from a letter from Dr. Kenneth H. Sturdevant, Puyallup physician who is serving in a mission hospital in Kenya, East Africa.)

Kendu Mission Hospital
Kendu Bay, Kenya
East Africa
October 22, 1965

It has been seven months since Evelyn and I arrived in Kenya. We are just beginning to get acquainted with the country and its people. Thinking that some of the Society members might be interested in our work here I am sending this long letter.

Kenya has within its borders about seventy tribes. Each has a different language and different customs. Some of the tribes live partly in Kenya and partly in one of the adjacent countries. Some of them have been hereditary enemies for many generations. The Kenya government has done an excellent job in erasing most of these enmities, stabilizing the country and bringing it economic advancement. In the few months we have been here we have seen some economic betterment.

Most of our patients are from only two tribes. However, at any one time we may have eight or ten different languages represented in our hospital patients. The problems of interpretation are often very large. Frequently we have to talk through two interpreters and occasionally through three. Imagine try-

ing to take an accurate history of an obscure complaint when you are talking through two interpreters in three languages. We end up treating the diseases which are obvious and ignoring the vaguer complaints.

Our hospital of 132 beds is serving a population of possibly a hundred thousand people. For the great majority of Africans there are not nearly enough physicians and hospitals. The Africans are taken care of by a number of small hospitals like ours. Some are Mission hospitals owned by the different Christian Churches; some are Government owned. They are all too small, understaffed, under-financed, under-equipped, and with limited drugs and supplies.

In addition to the hospitals there are many dispensaries operated by both classes of hospitals. We have eight, one of which is ninety-two miles away. The dispensaries are manned by male graduate nurses, known as Dressers. They are actually practicing physicians. They do much good and we are sure that the good outweighs the mistakes, many, many times. They treat malaria, worms, amebiasis, pneumonias, urethritis, minor injuries, etc. One of us two physicians visits each of our dispensaries once each month to see patients and to check on the administrative work of the Dressers. It's a two day trip for each of us by Land Rover.

Our hospital is typical of most of the others. The buildings are old. They are poorly lighted and that only part-time by our own generator. Much of the furniture and equipment is also old and difficult to use. The autoclave in surgery is operated by steam generated by a wood fire. Sewage disposal is inadequate. Our water is pumped from a very muddy river. We filter out most of the dirt. For drinking we use boiled rain water. Each house has a large masonry tank to collect this water. In spite of the inconveniences we manage to supply fairly modern medical and surgical service.

We have a Training School for Nurses. The course has been four years but the

Kenya government has recently directed us to shorten it to three. The education is somewhere between an American Practical Nurse and a Registered Nurse. Everything is taught in the English language which, of course, is difficult for the Africans. In East Africa they are taught English in school from the first grade, but it is still difficult for them. I have been surprised they do so well. We also have a School for Midwifery. We have one of only two qualified tutors of midwifery in the entire country. We have a total of four European nurses. One is from California, two from Australia and one from West Germany. They are called "Sister" here as in England. And white people, regardless of nationality, are called Europeans.

We see and treat most of the diseases of America, plus some you never see there.

Everyone carries malaria parasites in his blood and is frequently very ill from it, especially the children. We test every patient for it and it is only about once in two months that malaria is not found. The symptoms of this disease can mimic almost any other illness. Only the few Europeans take prophylactic treatment, and even we have seizures with it. Malaria takes the lives of many infants and children. If they survive childhood they have a partial immunity to it. Many small children are seen with hemoglobin readings (Sahli) of 5 to 15%, due to this disease and to the accompanying malnutrition. The one with 5% died; the others we keep alive with blood transfusions. We have saved one with 8%. They are anemic so much of the time that their physiology changes to accommodate for it. Children with readings of 45 to 50% are very active physically. Cerebral malaria with stupor and coma are common in children. We also have many children with Sickle Cell anemia. They eventually die, very few reaching adulthood. Enough do, however, to keep this congenital disease always present.

Other parasites are: tapeworms, round worms, hook worms, schisto-

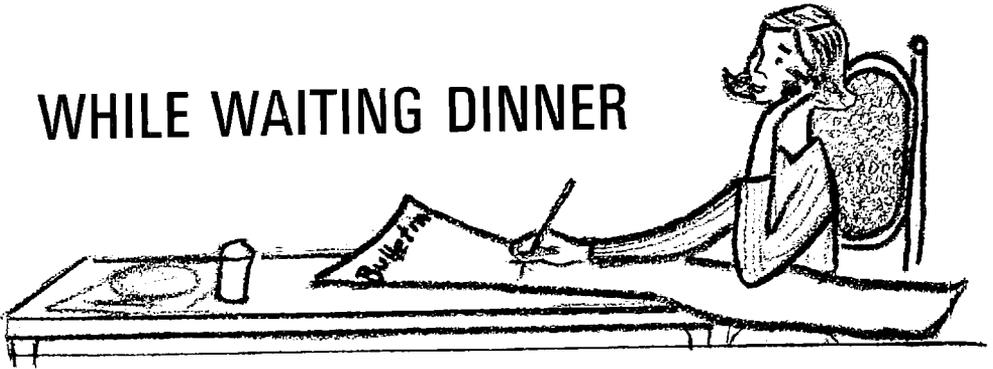
soma; these are very commonly, plus others not so commonly. Amebiasis is very common. We do not cure it with our present medicines, perhaps because they are reinfecting so quickly. Filariasis and Trypanosomiasis are rare here. All the lakes, ponds, swamps, and streams in this area are contaminated with schistoma. The contamination extends clear down through the Nile to Egypt. So far, there has been no method devised to clean up these waters. Since the people drink and bathe in the water, the disease is common.

We have the usual contagious diseases of childhood. The rashes look much different on African skins than at home. Smallpox has not been seen. Meningococcus meningitis is very common. We nearly always have one or more cases of this. Acute hepatitis is with us frequently. There is much rheumatic heart disease in children, but very little in adults; they do not survive childhood. Scabies, impetigo and other skin diseases are with us continually. The hospital is seldom without a case of typhoid. Most of them survive. We are practically never without at least two cases of tetanus, including tetanus neonatorum. The new-borns die; most of the others survive.

We see little heart disease and hypertension in adults. Diabetes is seen occasionally. We give insulin and oral hypoglycemics in the hospital, but then they go home and have no treatment. How can you teach diabetic management to one who has absolutely no health education, cannot read English and has nothing written on health in her tribal language?

(In his concluding installment next month, Dr. Sturdevant tells of his management of traumatic, urologic and obstetrical problems in the heart of Africa. —Ed.)

WHILE WAITING DINNER



WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

AUXILIARY OFFICERS—1965-1966

President	Mrs. Merrill J. Wicks
President-Elect	Mrs. George C. Gilman
1st Vice-President and Program	Mrs. Robert A. Kallsen
2nd Vice-President and Social	Mrs. Arthur Wickstrom
3rd Vice-President and Valley Rep.	Mrs. Charles Vaught
4th Vice-President and Membership	Mrs. Roy H. Virak
Recording Secretary	Mrs. Leonard G. Morley
Corresponding Secretary	Mrs. Ronald T. Spangler
Treasurer	Mrs. Thomas H. Skrinar
Dues Secretary	Mrs. Glenn H. Brokaw
AMAERF	Mrs. Francis W. Hennings
Civil Defense and Safety	Mrs. John S. May
Historian and By-Laws	Mrs. Herman S. Judd
Legislative	Mrs. Sherman S. Pinto
Paramedical	Mrs. Frederick J. Schwind
Publicity	Mrs. Marcel Malden
Bulletin	Mrs. Robert R. Burt
Speakers Bureau	Mrs. John Cole
Telephone	Mrs. Richard F. Barronian
	Mrs. Vernon O. Larson
Minute Women	Mrs. George A. Tanbara
	Mrs. Harold D. Lueken
	Mrs. Jack W. Mandeville
Coordinator of Community Services	Mrs. Robert W. Osborne
Heart	Mrs. Robert C. Johnson
Cancer	Mrs. Jack J. Erickson
Finance	Mrs. Haskel L. Maier
Dance	Mrs. David F. Dye
	Mrs. Gordon Dean
Fashion Show	Mrs. Homer T. Clay
	Mrs. Dale D. Doherty
Mental Health	Mrs. James E. Hazelrigg
Today's Health	Mrs. Robert M. Ferguson
Cook Book	Mrs. Stanley W. Tuell
International Health	Mrs. Charles McGill

"And it came to pass that whilst they were there she completed the days of her delivery and brought forth her first born son."

—LUKE

The story of the nativity . . . and isn't it wonderful indeed that this greatest news story ever written was "committed to papyrus" for countless millions of human beings by a DOCTOR, not a writer, but a man who was primarily a physician. In a few hundred golden words, he wrote the story in "such a

way that each succeeding age of reasoning man has pointed to it as the very essence of all that is wondrous in the printed and spoken word."

November Meeting

A lovely treasure awaited Auxiliary members who donned their pirate costumes and, with map in hand, "followed the arrows" to the November meeting at the home of Mrs. Theodore Smith.

The treasure? A jewel of a luncheon, of course, with warm fellowship plus a fascinating talk by Grace Fredericks of the Washington State Historical Society.

Many thanks to Jan O'Connell, Chairman; Margaret Harris, Co-chairman; and their committee, Marion Doherty, Jeanne Judd, Ruth Meier and Mary Rohner.

No Meeting in December

As in the past, there will be no meeting in December, but if you need something to put you in the mood for the holidays, just pick up the December copy of "Today's Health" in your husband's office. An adorable brown-haired, hazel-eyed "lil' angel" all dressed in red and white smiles at you from the cover with all the wonder and magic of Christmas expressed in her tiny face. And if this isn't enough, just read the articles, "The Greatest News Story" by Bob Considine, "A Little More Time," "If

I Were King", and "Christmas Gifts Children Can Make."

A new book that is an inspiration to read and would be a wonderful Christmas gift is "The Gift of Prophecy" by Ruth Montgomery. While in a book store recently, I picked up a copy of this best seller and was so fascinated I couldn't put it down again. It is the story of the phenomenal Jeane Dixon, a Washington, D.C. matron, who has been predicting world shaking events with amazing accuracy. She foretold the assassination of John F. Kennedy and tried to get a friend who was close to the Kennedys to warn him not to take the trip south; she predicted the downfall of Nikita Krushchev, the airplane crash that killed Dag Hammarskjold and the 1964 Alaska earthquakes.

A devout Catholic, Mrs. Dixon believes she has a God-given gift of prophecy and her greatest prediction for the future foretells the coming of a new savior, born of poor parents in the Middle East shortly after 7:00 a.m. on February 5, 1962. He will bring peace to

the world and unite all mankind into one religious faith by the year 1999.

Away From The Phone

Dr. and Mrs. Kenneth Gross recently returned from the International Congress of Radiology in Rome, Italy, where Dr. Gross had been invited to give a paper. Keaty was especially impressed with the way in which this International group was organized and represented all the countries of the world. The doctors' wives were very graciously treated and taken on various tours of Rome. Dr. and Mrs. Gross also attended the Reception at the Mayor's Palace.

Before returning to the United States, they stopped in Israel where they had an opportunity to view the Dead Sea Scrolls and note the extensive building and progress of this country. Other stops were made in Greece and London, but Keaty wishes there had been "more time" to really visit.

Quips From The M.D. Family

Some years ago little Jimmy said, "Mommy, you said I could do it someday . . . when's 'someday'? Is that like Christmas?"

How often we put our children off with "someday!" We are so busy. But our children, whether grown-up or small, are our most precious possessions and the time we have them close to us is so short . . . why not make this Christmas that "someday" and do all the crazy, delightful things we've said we would do —SOMEDAY!

Merry Christmas!

—LORNA BURT

Tacoma Brace & Limb Co.

Lenart C. Ceder, owner



Expertly fitted—

Artificial Limbs
Orthopedic Appliances
Surgical Belts
Arch Supports
Trusses



FUlton 3-4439

723 South K Street

Thank You, Doctors Auxiliary Members

As your AMAERF chairman, I wish to thank you for your support of our Christmas card project. Your enthusiastic response to our appeal for funds for research and education has put us past the \$1,000 mark. Fifty-three doctors have contributed \$1,247 which has been sent in to national AMAERF from Pierce County.

Thank you, and Merry Christmas!

—BETH HENNINGS

Time Tested Dependability

Established 1889

R. E. Anderson & Co. Inc.

INSURANCE - MORTGAGE LOANS - REAL ESTATE
PROPERTY MANAGERS



752 Broadway

B Broadway 2-8475



FOR PROFESSIONAL ANALYSIS OF
YOUR INSURANCE PROGRAM

Ask for

Donald M. Moore

Donald J. Hill

Robert D. Sizer

Herbert F. Syford

Stewart L. Simpson

Edward J. Pole

STOWELL'S . . . Prescriptions

Our completely new and larger store
will give you and your patients
more efficient and reasonable service.

‘ ‘ ‘

FREE DELIVERY

‘ ‘ ‘

B Broadway 2-2201

744 Market Street

Doctors Hospital Building



The photos on this page are candid camera shots caught by the roving photographer at the Auxiliary style show, "Manikins in Orbit". Top row, left to right: Hazel Whitacre, Marje Wicks, Connie Clay, Jan O'Connell, Mary Rohner; center: Marion Doherty, Helen Florence, Jeanne Judd; lower: Ellen Pinto, Nancy Billingsley.

LOOK WHY NOT GIVE YOUR PATIENTS
 THE BEST IN TRANSPORTATION
 COSTS NO MORE . . . REASONABLE RATES



**M
A
7
-
1
1
2
1**

**M
A
7
-
1
1
2
1**

Resuscitator Service
 Oxygen Equipped Electric Cot Warmers
 Licensed Attendants

Tacoma Yellow Cab Co.

1324 MARKET STREET

LUDWIG'S PRESCRIPTIONS

3 LOCATIONS TO SERVE YOU

LAKWOOD CENTER

DAVID LUDWIG, Manager

9514 Gravelly Lake Drive S.W.

JU 8-2191

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

THUNDERBIRD CENTER

WM. H. LUDWIG, JR.

8105 Steilacoom Boulevard S.W.

JU 8-1889

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 10 A.M. TO 6 P.M.
 HOLIDAYS 12 NOON TO 6 P.M.

SOUTH TACOMA STORE

FRED LUDWIG, Manager

5401 South Tacoma Way

GR 4-9419

OPEN DAILY 9 A.M. TO 10 P.M.
 SUNDAYS 9:30 A.M. TO 9 P.M.

365 DAYS A YEAR

FREE PRESCRIPTION DELIVERY

With Apologies To Gerhart . . .



The Bulletin's Dr. Drucker



The Real Dr. Drucker

Gerhart Drucker, the mountain-climbing doctor featured in the last two issues of the Bulletin, is hardly the kind of fellow to need a rope railing to guide him across a level surface, as implied by the top picture above as printed in last month's Bulletin. . . . Below is seen the picture as it should have been printed—showing the real Dr. Drucker rappelling down a sheer, perpendicular rock cliff in Mount Rainier National Park. Our apologies to Dr. Drucker and our thanks for his two fine contributions to the Bulletin. (Ed.)

Internists Invite Others To Present Cases At Meeting

"Medical Emergencies" will be the theme of the March, 1966, meeting of the Tacoma Academy of Internal Medicine, according to Dr. George Race, program chairman. In a departure from the usual custom, case presentations on the program will not be limited to cases of internist-members of the Academy. In view of the universal appeal of the subject, all physicians in the area are invited to write up interesting case histories pertinent to the subject.

All case write-ups should be turned in to Dr. Race at 512 Medical Arts Building, and the most appropriate cases will be selected for presentation at the March meeting. Further details of the program will be announced later.

Osborne Pays Fare, Cable Car De-railed; Princess Rides Free

Scene on a steep San Francisco hill in November: Dr. Bob Osborne and Larry Evoy of the Pierce County Medical Bureau peering under a derailed cable care trying to tell the conductor how to get the old-fashioned conveyance going again. The conductor remained unruffled, however, pointing out that he had a swelled head, having just given Princess Margaret a ride on the same car just an hour before.

Same scene, 2 minutes later: Henry Kastner, legal advisor for the Washington State Medical Association, has arrived on the scene and Bob Osborne is probing him for advice on how to get his 15 cents fare back. After all, the Princess had a free ride, with no accidents.

Happy ending: All passengers transferred to another car; no need for legal action for 15-cent refunds.

PATRONIZE YOUR ADVERTISERS



help
speed
recovery...

with **Soma[®] Compound**

carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg.

In most patients with strains and sprains, 'Soma' Compound can reduce recovery time because of its ability both to relieve pain and to relax muscle. In a controlled study of patients in an industrial practice, R. G. Conant reported that 'Soma' Compound shortened recovery time an average of 25% as compared with aspirin.¹ In addition, complete or marked relief was noted in 94% of patients treated with 'Soma' Compound, as compared to 46% of patients treated with aspirin.

1. Conant, R. G.: Reduction of industrial time-loss: treatment with carisoprodol compound in musculoskeletal disorders. *Industr. Med. Surg.* 33:25, Jan. 1964.

Also available with ¼ gr. codeine as 'Soma' Compound with Codeine: carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., codeine phosphate 16 mg. (Warning: may be habit-forming.)

Indications: 'Soma' Compound and 'Soma' Compound with Codeine are useful for relief of pain and stiffness in traumatic, rheumatic and other conditions affecting muscles and joints. Contraindications: Allergic or idiosyncratic reactions to carisoprodol, phenacetin, or codeine phosphate. Precautions: Phenacetin—With long-term use, give cautiously to patients with anemia and cardiac, pulmonary, renal or hepatic disease. May damage the kidneys when used in large amounts or for long periods. Caffeine—Not recommended for persons extremely sensitive to its CNS stimulating action. Codeine phosphate—Use with caution in addiction-prone individuals. Carisoprodol—Carisoprodol, like other central nervous system depressants, should be used with caution in patients with known propensity for taking excessive quantities of drugs and in patients with known sensitivity to compounds of similar chemical structure, e.g. meprobamate. Side effects: Drowsiness, lightheadedness, dizziness, and gastric complaints have been reported infrequently for either or both of these preparations. Phenacetin—Side effects are extremely rare with short-term use of recommended doses. Prolonged ingestion of overdoses may produce dyspnea, cyanosis, hemolytic anemia, skin rash, anorexia, subnormal temperature, insomnia, headache, mental disturbances, and tolerance. Caffeine—Side effects are almost always the result of overdosage. Average doses may rarely cause nausea, nervousness, insomnia, and diuresis. Excessive dosage may produce, in addition, restlessness, nervousness, tolerance, tinnitus, tremors, scintillating scotomata, tachycardia, and cardiac arrhythmias. Codeine phosphate—Possible side effects are nausea, vomiting, constipation, and miosis. Carisoprodol—The only side effect reported with any frequency is sleepiness, usually on higher than recommended doses. An occasional patient may not tolerate carisoprodol because of an individual reaction, such as a sensation of weakness. Other rarely observed reactions have included dizziness, ataxia, tremor, agitation, irritability, headache, increase in eosinophil count, flushing of face, and gastrointestinal symptoms. One instance each of pancytopenia and leukopenia, occurring when carisoprodol was administered with other drugs, has been reported, as has an instance of fixed drug eruption with carisoprodol and subsequent cross-reaction to meprobamate. Rare allergic reactions, usually mild, have included one case each of anaphylactoid reaction with mild shock and angioneurotic edema with respiratory difficulty, both reversed with appropriate therapy. In cases of allergic or hypersensitivity reaction, carisoprodol should be discontinued and appropriate therapy initiated. Suicidal attempts may produce coma and/or mild shock and respiratory depression. Dosage: Usual adult dosage of 'Soma' Compound or 'Soma' Compound with Codeine is one or two tablets three times daily and at bedtime. Supplied: 'Soma' Compound, orange tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., and caffeine 32 mg. 'Soma' Compound with Codeine, white capsule-shaped tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., and codeine phosphate 16 mg. Narcotic order form required. Before prescribing, consult package circular.

Tacoma General

The Department of Pathology and Laboratories has been a busy one this past month. Miss Lucille Larson attended an Instrumentation-Product show and a seminar on Blood Gas Analysis.

Dr. Charles Larsen and Dr. M. J. Wicks attended the ASCP-CAP meetings in Chicago, while Dr. C. C. Reberger went to Washington, D. C., at the Association of Clinical Scientists meeting.

Drs. Merrick, Price and Sohn, residents in Pathology spent two weeks at various seminars held in the state.

The Clinical Laboratory Staff and Students in Medical Technology held an Open House on November 18. Included in the program was a tour of the laboratories.

Saint Joseph's

News From Nursing Service

Nursing Service has been a busy area this past month. Our fire and safety program is moving ahead. A film on "Fire in Your Hospital" was shown to a majority of the staff which very graphically illustrated some of our needs. Mr. Church from the Fire Department reviewed the type of fire extinguishers and their use for the different kinds of fires.

Sister Michael Catherine and Mrs. Craton attended a course in Hospital Management Improvement sponsored by the Catholic Hospital Association and held at the Edmond Meany Hotel in Seattle. The two spent a very busy week learning a new teaching technique which they will soon be utilizing here. This course had much to offer in helping supervisors fill their roles both as leaders and as guides in self development of their personnel. We will be hearing much more about this course and we hope we will soon see the benefits of it for all our personnel.

Sister James Helene and Mrs. Rogala will be attending an institute on "The Patient with a Psychiatric Diagnosis in a Non-psychiatric Setting" to be held at the University of Washington School of Nursing on December 9 and 10.

Our new Intensive Care Unit is getting nearer to being ready for occupancy. Equipment for the unit is still being evaluated and we're still in the process of lining up staff. The remodeling of 323 is complete, and as usual our carpenter and engineers have done a beautiful job. This unit will be the first Intensive Care Unit in Pierce County, and we are proud of its progress to date and are anxious for that time when we can admit our first patient.

"DO YOU KNOW"

From Your P.T. Department

That your P.T. Department is getting national recognition by inquiries from various hospitals regarding carpeting in the department?

That your P.T. Department is also known as your "Happy Department" because patients leaving feel better mentally and physically?

That the relaxing music throughout the department is most helpful for the patients?

That "Virginia" is back after a short illness with her happy smile and helping nature?

That "Swan" will be most happy to hear any comments or suggestions from the medical profession in order that their patients may receive the very best of attention, or have their patients referred to the P.T. Department?

Third Floor News

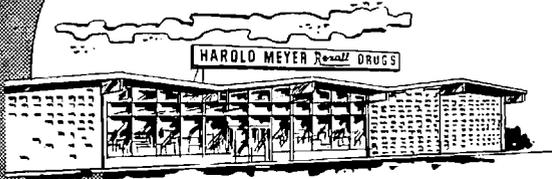
The special edition about hospitals published by the "Northwest Progress" on October 22, 1965, was a big hit with those on the third floor of St. Joseph's Hospital. The pictures of our hospital and some of the staff members were excellent. We also made the front page of the *Tacoma News Tribune* when Mr. Tom Cross, husband of Ruth Cross, R.N., announced his program for health, "Jogging for Fitness." We are all on our way to our first 100 miles by now; have you started yet?

We would like to welcome Mrs. Patricia Kuchesky from Albany to our staff. She is a graduate from Albany Memorial Hospital and her husband is

(Continued on Page 27)

2 LOCATIONS

Harold Meyer Drugs



11th & K

OPEN 'TIL MIDNITE

48th & So. Tacoma Way



MOUNTAIN VIEW FUNERAL HOME

Takes Care of Everything

UNDERTAKING -- CEMETERY -- CHAPEL -- MAUSOLEUM

4100 Steilacoom Boulevard

JUniper 4-0252

(Continued from Page 25)

a captain in the Army, and is stationed at Fort Lewis. We also welcome Mrs. Alice Rogala, R.N., and Mrs. King, L.P.N., back from their winter vacations. Mrs. Thelma Reed has recovered from her recent surgery and has returned to work. Ann Steiger has recuperated from her illness and has returned to work. Mrs. Ellen Roberts has recently undergone surgery on her feet; we wish her a speedy recovery.

Third floor has been presented recently with a new portable scale for weighing patients. It can be seen and tried for size on third south.

Would you like to breathe the cool moist sea air of Hawaii or Palm Beach? Stop in and see the cold mistifiers in action on third floor and dream a little.

The new Intensive Care Unit is progressing by leaps and bounds. One of these days we will be announcing an open house. Everyone is looking forward to it.

Merry Christmas to all. Count your blessing, for they are many.

Surgery News

Among the new faces you will find in our surgery cvrew are those of Dorothy Kennell, R.N., Chris Pancho, R.N., Kathy Rettenmaier, R.N., Ellen Stone, Technician, and Serena Kratovil, Nurse's Aide.

Joyce Frederick and Colleen Kenyon have been elected by the A.O.R.N. Evergreen to attend the 13th annual A.O. R.N. Congress in Chicago from February 20th to the 24th.

The girls are selling candy bars to help finance their trip. They are delicious chocolate bars with almonds and cost only 50 cents each. If you haven't received yours, stop by surgery and the girls will gladly sell you one.

Maternity

An inservice meeting was held on November 4 in the Maternity Department. A film was shown, the name being "Mr. and Mrs. Maternity." Fifteen attended the film.

The film was shown to prospective parents in the evening and 28 attended.

NOW UNDER CONSTRUCTION

PROFESSIONAL CENTER

offering modern space for medical suites in fast growing residential area.

Phone TE 3-1689

AUBURN

BEALL'S

The Prescription Store

124 Meridian South
PUYALLUP

Phone Puyallup 5-8444

DOCTORS' OFFICES

FOR RENT

in new building

Parkland Area

Specialists Preferred

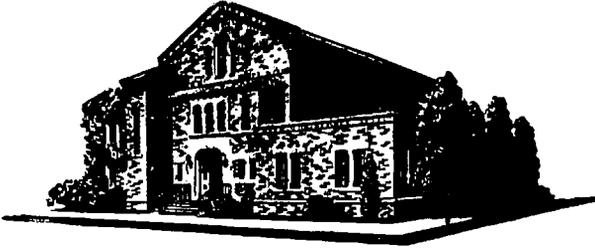
Reasonable Rent

Utilities Furnished

Call TH 5-8467 between

11 a.m. and 2 p.m.

Spacious, beautiful memorial chapel
Choice of cemetery, mausoleum,
cremation or columbarium



Choice of type or
manner of service

Budget Terms
Available

BUCKLEY-KING

CONVENIENTLY LOCATED • TACOMA AVE. AT SO. FIRST
LARGE PARKING AREA

SHAW SUPPLY HAS THESE SERVICES TO OFFER YOU AND YOUR PATIENTS

- Your choice of the finest lines manufactured.
- Experienced fitting for both men and women
 . . . Surgical Supports . . . Belts . . . Hosiery . . .
- Large selection of nurses' uniforms and doctor gowns.
- Complete rental service for sick room supplies
 . . . Pick up and Delivery Service . . .
- Factory trained repair service in our own shops.

Serving The Pierce County Medical Profession Since 1904



SHAW SUPPLY COMPANY
INCORPORATED

710 fawcett ave.
tacoma 2, wash.
broadway 2-1125

PHYSICIANS' AND HOSPITAL SUPPLIES

Society Supports Lindquist Clinic Here's Explanation

(Editor's note: At the last County Society meeting, President Fred Schwind indicated that the Society had contributed \$5,000 of monies left over from the polio immunization drive, to the "Lindquist Clinic." Dr. Orvis Harrelson here explains what this clinic is.)

Billy and his Mom had just been to the doctor and had a complete examination. They were talking about what a nice doctor Doctor X was (that's you) and were saying to each other that he had given a very thorough examination and had been a friendly fellow. They were happy, too, that the doctor had told them that Billy was in good health, but they were concerned because the doctor had said Billy had a lot of cavities in his teeth and that his nurse, when she screened Billy's vision, had found that he was able only see the 20/70 line with his right eye and the 20/50 line with his left eye.

Billy's Mom was worried because as a conscientious mother she wanted to have Billy's teeth and eyes check over by a dentist and an ophthalmologist, but she knew that with her husband's income it was going to be extremely difficult for him to get this kind of help. The family had struggled and strained to stay off Welfare all these years and the father had held a steady job, but he had never been able to educate himself or become skilled enough so that he could increase his income above a marginal level.

As Billy and his Mom talked and he said he didn't want to go to the dentist or the eye doctor his mother said, well, she wasn't sure she could arrange it because of family finances. Billy had made friends with the doctor and said to his Mom, "Gee, maybe I could go talk to the doctor and maybe he will know some place I could get this kind of help." His Mom agreed that this might be a good idea. The next day they

called their doctor back and told him about their financial difficulty.

Doctor X (that's you) being a very smart doctor referred them to the school nurse at Billy's school for a referral to the Carl E. Lindquist School Clinic. Doctor X knew that the Lindquist School Clinic carries on a program of dental and vision saving for children in the Pierce County area. He knew that they have two ophthalmologists who serve on the program to do refractions of children of marginal income families in their own offices and then refer them, when they need glasses to the local opticians who make the glasses and sell them to the Clinic at cost.

He also knew that there is a group of dentists who volunteer their time to work in the Carl E. Lindquist School Dental Clinic which is located at the Vocational-Technical Institute in conjunction with the school's dental assistant's program. He knew further that Billy would be able to get complete dental restoration care but not orthodontia or placement of dental prothesis.

Although Doctor X (that's you) is aware that Lindquist Clinic is available now for children of marginal income families who have dental and visual needs, he did not know that this Clinic has been in existence for thirty years in Tacoma. It started out as a function of the Junior Red Cross in the schools and then when the Community Chest was formed it became one of the original Chest members and has been part of the federated fund program every since.

When the Clinic was incorporated it was organized "to provide mental, dental, surgical and/or hospital care for the maintenance of sick or maimed children from birth to age 21 years, and to provide for such other care for children as may be found necessary to promote the health and well being of the children of Tacoma and Pierce County." Over the years, however, it has been found that the main unfilled needs of children of marginal income families are dental and visual in nature. For this reason the Board of Directors of the

Clinic has limited the services to those to the eyes and teeth.

The Clinic is primarily supported by the United Good Neighbor Fund of Pierce County and serves children from all of the schools within the United Good Neighbor Fund giving area. The present staff includes nine dentists and two ophthalmologists on the professional staff. There is a dental assistant and a dental hygienist who work with the dentists.

Administration is carried out by the Director of Health Services of the Tacoma Public Schools and secretarial services are provided by the secretarial staff of Health Services. Heat, light, and maintenance are carried out as part of the dental assistant's program of the Tacoma Vocational-Technical Institute. Because of these arrangements, a dollar given to the Lindquist Clinic is a dollar used in service to children.

—ORVIS A. HARRELSON, M.D.

AMPAC 1965

In the November 4, 1965, Wall Street Journal an editorial titled "Revolt of the Masses" reviewed the election of Mr. Lindsey and the exceptional showing of Mr. Buckley in the mayoral election in New York. The editorial stated, "We are naturally not looking to a new conservative dominance in the nation's political scales in any near future. Yet it would seem that the politicians in both parties will sooner or later have to realize that literally masses of people are fed up with the surfeit of government at all levels, that they want to be treated as self-respecting human beings instead of political Pavlovian dogs. Thus, the conservative movement could come to constitute at least a check—and a most necessary one in our time—on officialdom's unseemingly urge to suffocate the individual."

It is encouraging to note this type of editorial. Government is getting bigger and some type of check on it is certainly necessary. AMPAC does not advocate backing Mr. Lindsay or Mr. Buckley, but we do back the idea that interested people can cause a revolt

or at least a slow-down in the forward rush of government which not only tells us what is good for us, but also appropriates our tax money to enforce its ideas.

Medicare for the aged has become a fact of life. How much this idea enlarges or grows is anybody's guess. But the important thing to realize is that it can be controlled if only we will make the effort. There are approximately 200,000 precincts in the United States with a potential of about 572 voters per precinct, or about 114,400,000 total voters. In the last presidential election only about 352 voters per precinct voted for a total vote of about 70,400,000. This leaves about 220 voters per precinct, or 44,000,000 who did not vote.

It is everyone's job to get out and assert his citizenship by voting. And it is everyone's job to encourage other people to vote. It is not a matter just for the radio or TV commentator to give us his view on an issue and tell us we should be sure and vote, but it is a matter for the entire citizenry which certainly includes medical doctors. We have civic responsibilities which should require us to be opinion makers. We must study the issues and impart our thoughts to others.

There are numerous examples where the populace is not moved to get out and vote. Earlier this year a school millage vote brought out only about 60% of the Tacoma voters. This is a sad commentary on the apathy of the public. But an even sadder commentary came in September when only about 10% of the voters came out to vote for the school board officials who would be responsible for the spending of that millage.

This may not seem like the time to be encouraging you to get out and vote now that the September and November elections are over, but it seems that it is a never-ending job. We all let our voting rights slip by us at one time or another for one reason or another. With past elections being reviewed at this time, we can see just how

important each vote is. Stop, doctor, and think back on how many elections or millages you voted on this year, or even over the last four years. How good a citizen were you?

—THOMAS H. SKRINAR, M.D.
State Chairman, AMPAC

24-Hour Phone At Mental Health Clinic May Prevent Suicides

A "Telephone Crisis Service" will soon be available on a 24-hour basis according to plans of the new Tacoma-Pierce County Community Mental Health Clinic outlined by Dr. Hugo Van Dooren at the November meeting of the Pierce County Medical Society. Two other members of the Clinic staff, Dr. Robert Quinn (Ph.D.) and Mr. Mark Livengood, a social worker now working full time for the clinic, also appeared on the program and answered doctors' questions about the project. Potential suicides and other persons in emotional crises are expected to utilize the 24-hour phone service.

The Mental Health Clinic idea began as early as 1958, was revived in 1962, and the clinic was finally opened on November 2, 1964, at 109 North Tacoma Ave. Finances were limited at first and the large staff of psychiatrists and social workers received an average of only \$1.20 per hour for their work during the first 6 months of the clinic's existence. It is hoped to bring these payments up to a maximum of \$7.50 per hour.

The whole purpose of the clinic is to provide emergency "crisis" care for people who cannot afford regular private care. Especially with the aid of the 24-hour telephone service, it may also serve an important routing function to help persons of better financial status who need urgent help to find a way to get that help.

During the first year of service, 234 patients sought help at the clinic. 85% of these had incomes of \$3,000 or less, although the upper limit of income is \$8,000 under certain circumstances.

A new patient coming into the clinic is first seen by Mr. Livengood, who determines the eligibility of the patient on the basis of income and the emergency nature of his crisis. His problem is further evaluated by the rest of the staff and then he is referred into the care of one of the psychiatrists, or a social worker, according to the individual's need. Psychiatric care is given in the private physician's office, and care is limited to 15 hours of treatment. The majority of patients thus far have needed only one to five hours of treatment. Patients are expected to pay a limited fee, which varies with the individual's ability to pay. Additional State and Federal monies are expected to be available in the future to help continue the program.

Dept. of HEW Has Social Security Info

We were happy to make available, in a separate mailing, to physicians in Pierce County a pamphlet on social security. Since this is your first year of coverage under the program we are hopeful that the pamphlet will be of value in answering some of the questions you might have.

We also wish to extend the services of the Tacoma district office to you. We will be very happy to answer any further questions you might have about social security. The address is 1016 So. L St., telephone FULTON 3-2861, Ext. 301.

Of particular importance at this time is the physician age 72 and over still active in the profession. Since there is no retirement test at 72, if you are in this age bracket you would be entitled to benefits as soon as you meet the work requirements on page 6 of the pamphlet.

Another area of immediate concern is the physician age 65 and over. You would be eligible for hospital insurance benefits regardless of prior coverage under social security. If you desired the hospital program and have not previously filed for social security benefits you should file a short form application with our office so that an identification card can be issued to you.

—JACK V. CHASTAIN, *District Manager*

Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402

BULK RATE

U. S. POSTAGE

PAID

TACOMA, WASH.

PERMIT No. 300

MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Bldg.

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Monday of each month—8:00 p.m. at 424 South K Street

TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August
—8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month at Top of the Ocean

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—
6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December—
7:00 p.m.