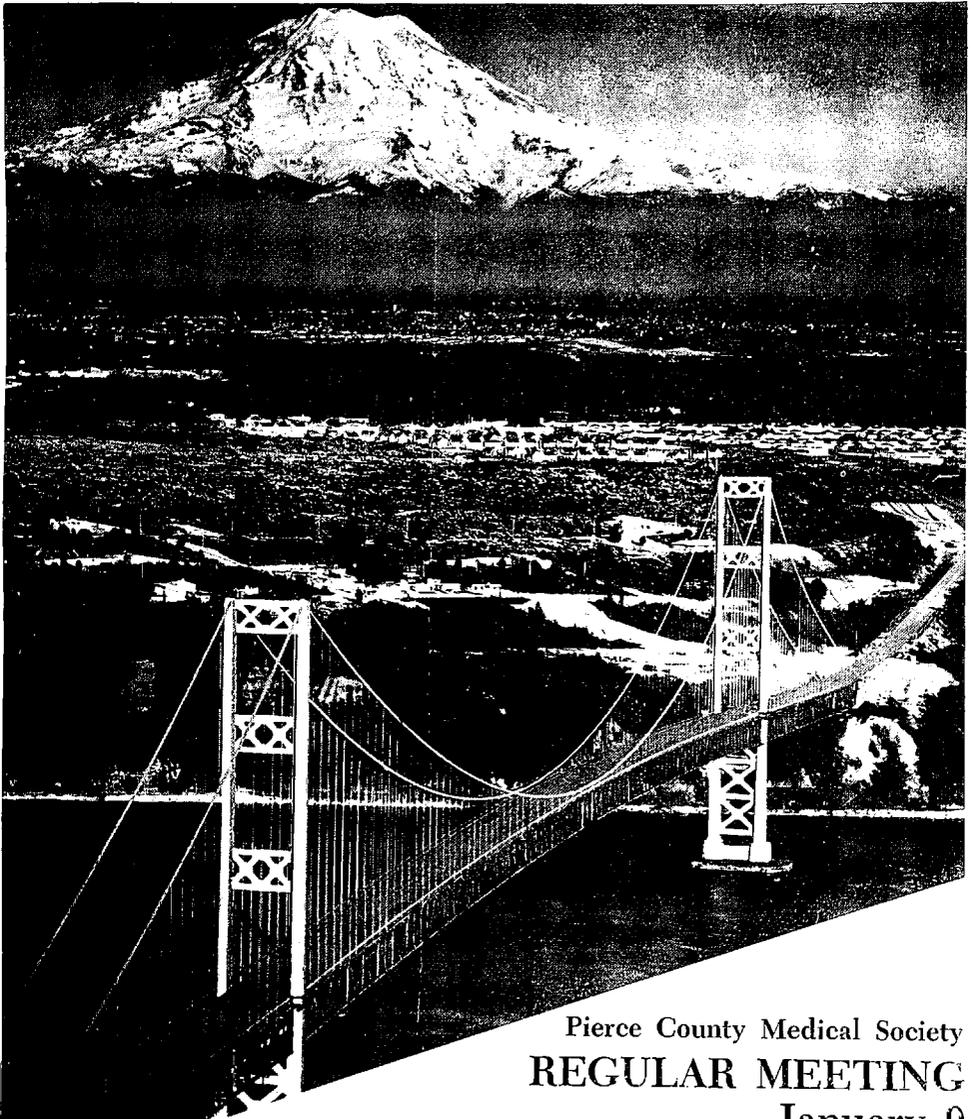


*The* **BULLETIN** *of the*  
**PIERCE COUNTY MEDICAL SOCIETY**

VOL. XXXIII—No. 1

TACOMA, WASH.

JANUARY - 1962



Pierce County Medical Society  
**REGULAR MEETING**  
January 9

# Pierce County Medical Society

1962  
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## Happy Birthday

### January

- 1 GEORGE KUNZ
- 2 HILLIS GRIFFIN  
STEVENS DIMANT
- 3 RALPH HUFF  
BURTON BROWN
- 4 EDMUND KANAR
- 5 NORMAN MAGNUSSEN  
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- 7 ROBERT FERGUSON  
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## Basic Diabetic Program Outlined

To aid the physician in his management of patients with diabetes, the American Diabetes Association has prepared the following check list of nine basic elements of treatment, which constitutes a minimum program for diabetes management. There are many other aspects of treatment which are not mentioned, but they are not as important as are the following:

1. Diet
2. Urine testing
3. Action of insulin and other hypoglycemic agents
4. Technique of insulin injection and sites for it
5. Care of syringe and of insulin
6. Symptoms of hypoglycemia
7. Symptoms of uncontrolled diabetes
8. Care of the feet
9. What to do in case of acute complications

This guide is not only of value in the initial education of a new diabetic, but can also be most helpful to both patient and physician in the subsequent years of management.

Legislators ARE influenced by what our profession thinks—but not if we don't tell them about it. AMPAC will help us do this.

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**Tuesday, January 9**

MEETING . . . 8:15 P.M.

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P R O G R A M

Attorney General

JOHN J. O'CONNELL

*will speak on a*

Subject of Medical Interest

\* \* \* \*

A no-host social hour and dinner will precede the meeting

Social Hour: 6:00

Dinner: 6:45

Place: Honan's Restaurant  
739½ St. Helens Ave.

## January Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1  <b>HAPPY NEW YEAR</b>	2  Tacoma Acad. of Psych. & Neurol. 8:30 p.m.  C.P.C. of Mary Bridge—8 a.m.	3	4  C.P.C. of Tacoma General—8:30 a.m.  Pierce County Pediatric Society 6 p.m.	5  C.P.C. of St. Joseph's—9 a.m.
8	9  PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M.  C.P.C. of Mary Bridge—8 a.m.	10	11  C.P.C. of Tacoma General—8:30 a.m.	12  C.P.C. of St. Joseph's—9 a.m.
15	16  Tacoma Surgical Club—6:30 p.m.  C.P.C. of Mary Bridge—8 a.m.	17	18  C.P.C. of Tacoma General—8:30 a.m.	26  P.C.M.B. Board 8:00 p.m.  C.P.C. of St. Joseph's—9 a.m.
22  Tacoma Academy of General Practice 6:30 p.m.	23  Tacoma Academy of Internal Medicine 6:00 p.m.  C.P.C. of Mary Bridge—8 a.m.	24	25  C.P.C. of Tacoma General—8:30 a.m.	19  C.P.C. of St. Joseph's—9 a.m.
29	30	31		

Grand Rounds—Mt. View General Hospital—Every Saturday 8:30 to 10:00 a.m.

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## PRESIDENT'S PAGE

Some affairs of the Pierce County Medical Society are discussed and passed upon at the monthly Board of Trustees meeting and frequently do not appear on the agenda of the meetings of the entire membership. These matters are often routine—as, in the last few months the Board voted to go along with the Tuberculosis Society in expanding tuberculosis testing in the schools; 2) to co-sponsor a course in cardiac resuscitation with the Heart Association; 3) to continue contributions along with the Medical Auxiliary so that Today's Health would continue to be in school libraries. The Board noted with regret that the physician response to the UGN drive was not as great as in the last few years. In answer to an inquiry from a UGN committee on December 8th, the president was instructed to reply that the Medical Society would not participate in solicitation for the UGN among the membership now after the drive was officially completed. He did say that if the Medical Society were approached by the UGN before the drive starts in future years (which was not the case this year) we would be glad to help in the solicitation of physician members.

Some matters under consideration are of a preliminary nature and are not yet "ripe" for presentation to the entire membership. In this category, the Board has recently considered the non-prescription sale of antibiotics. In Washington State antibiotics may be purchased in bulk lots (and cheaply) without prescription for animal use. It has been suggested that this lack of regulation may have harmful effects on humans through the development of allergies and drug-resistant bacterial strains. A committee consisting of Drs. Sparkling, Wicks, Lantiere and Barronian are investigating this and have met with representatives of the Pierce County Veterinary Medical Association and the executive secretary of the Washington State Veterinary Medical Association.

Another preliminary consideration is what to do with the Military Family Hospital Fund established in January, 1945, for emergency aid to members or their families in the armed services. Present balance of this fund is \$2,433.77. Dr. Shaw heads a committee to consider other uses for this fund.

Some other business done by the Board of Trustees such as that dealing with reports from the Grievance or Ethics committees is, of necessity, partly confidential. However, if these cannot be resolved by the Board of Trustees they will be placed before the entire membership.

We will report here from time to time so that the general membership may know what is before the Society. Recommendations and suggestions will be read or listened to.

G. M. WHITACRE, M.D.,

*President.*

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# GUEST EDITORIAL

## *Put Up or Shut Up*

We all talk about what is wrong with our government, but what do we do about it? How many of us are active in politics? Did you know the results of many elections would be altered by a change of one or two votes in each district?

If we of the medical profession are really concerned about our "political rulers" and "political direction" then we, as an educated group, should individually become active in politics. This is one of your great responsibilities to yourself, your community, and, most of all, to your children. We are abdicating our Freedoms by declining our responsibility.

AMPAC is a non-partisan, political organization for doctors, their wives, and interested friends, formed to coordinate the political activities of physicians at all levels throughout the country. The letters stand for **American Medical Political Action Committee**.

It is vital that you participate or we will continue to be as ineffective as we have been in the past.

You will be personally contacted in regard to your participation. The time to start is *now* and the person to start moving is *you!*

DOUGLAS P. BUTTORFF, M.D.

## Nature's Own . . .

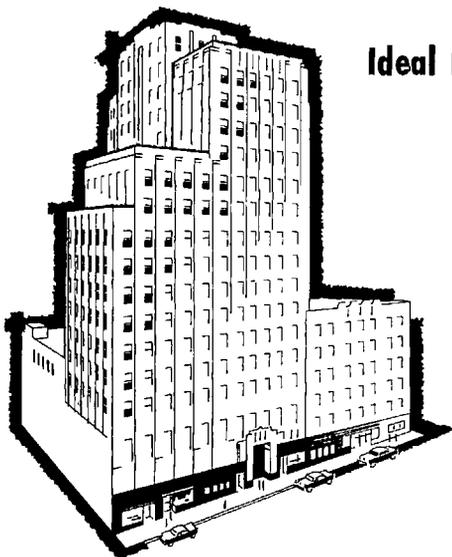


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# Racket Squad

With a consistent series of wins in the double elimination table tennis tournament at Jackson Hall on December 5, 1961, Marsh Whitacre emerged as temporary singles champion.

Despite Whitacre's victories, team honors went to the Pierce County Pediatric Society; the latter also humiliated the Tacoma Academy of Internal Medicine in a special feud to be renewed at the next session.

There were 36 eager paddle-wielding physicians present, keeping busy at 5 tables most of the evening, with time out for dinner and the Tacoma General Hospital staff meeting. This was the first of a series of tournaments and served as a basis for the establishment of handicaps by the handicap committee (membership secret) which met in secret session. Scores were computed from number of games lost and won by each player and his handicap determined from his score. The next tournament, planned for the next Tacoma General Staff meeting night, will be a handicap tournament. New entries will start without handicaps.

Special thanks go to Jack Alger, George Gilman, Marsh Whitacre, and the house staff at Mt. View Hospital for transporting their tables to the tournament, and to George Tanbara for organizing the Racket Squad.

The figures opposite each doctor's name represent his future handicap.

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Strand . . . . .	15
Wood . . . . .	15

## Tacoma Surgical Club

A. Herrmann . . . . .	19
Tuell . . . . .	11

## Tacoma Academy of General Practice

Blankenship . . . . .	19
Comfort . . . . .	23
Ferguson . . . . .	23
K. Graham . . . . .	12
Hazelrigg . . . . .	21
May . . . . .	17
Sullivan . . . . .	11
Virak . . . . .	10

## Tacoma Academy of Internal Medicine

Barronian . . . . .	25
Colen . . . . .	19
Kallsen . . . . .	19
Malden . . . . .	15
Rowen . . . . .	19
M. Thomas . . . . .	23
Whitacre . . . . .	5

## Unattached

Alger . . . . .	13
Bass . . . . .	23
Doherty . . . . .	19
Ekman . . . . .	19
Galbraith . . . . .	11
Gross . . . . .	25
Maki . . . . .	19
Walker . . . . .	19

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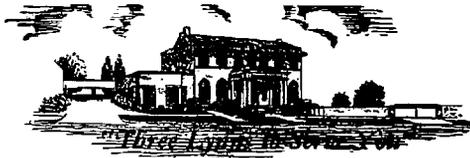
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## Committee Statement

### The Use of Poliomyelitis Vaccines

The following is a statement by the Committee on the Control of Infectious Diseases, American Academy of Pediatrics, concerning the use of polio vaccines. The Pierce County Pediatric Society concurs with these recommendations.

-----

The release of Types 1 and 2 live attenuated oral polio vaccines with Type 3 still unavailable has prompted many questions from members regarding the advisability of their use.

The Academy does not recommend that these vaccines be used for routine immunization until all three of the oral vaccine types become available. Until this time, the continued use of the polyvalent Salk-type vaccine is recommended.

If used on individual patient basis, the live polio vaccine loses some of its advantage over the Salk-type vaccine. The only present recommendation for the use of the Type specific oral vaccine for mass immunization is during periods of epidemic poliomyelitis when the prevalent virus type is Type 1 or Type 2.

The reasons behind these recommendations that the oral vaccine be reserved for community wide immunization are:

1. Only by an intensive organized "all-out" effort can one hope to saturate a community and reach most of its inhabitants. Most paralytic polio now occurs in people who did not receive Salk vaccine. Special efforts are needed to get the live vaccine to these groups in order to obtain maximum benefit from its use.

2. In a community which is experiencing an outbreak of epidemic poliomyelitis the "simultaneous saturation" technique offers the best opportunity to control the spread of the wild virus, through interference or replacement of the wild virus by the attenuated virus and by rapid development of local im-

munity in the gastrointestinal tract. Similarly it is hoped that by massive community-wide vaccination other interfering enteric viruses as well as wild polio viruses can be virtually eliminated from the community.

3. By simultaneous saturation of the community the hypothetical possibility of enhanced virulence of the vaccine virus through multiple human passage is minimized.

4. Problems of packaging, refrigeration and shelf life and distribution make it expensive to vaccinate one child at a time with live virus and this approach loses the value of the community-wide program. Furthermore, the child should receive Salk-type vaccine including booster doses, until such a time as all three types of live attenuated vaccine become available.

Academy members are urged to take an active part if their community undertakes such a community-wide vaccination program with a live attenuated virus. In most areas, State and County Health Departments will have some organized approach for conducting such a program. If so, Academy members are urged to cooperate with the Public Health Authorities. When such leadership is not available, members of the Academy may wish to spearhead the program. Advice and *detailed* suggestions may be obtained from the Academy office by those wishing to initiate such a program.

Once again it should be emphasized that until the time comes when community-wide programs can be undertaken with all three types of live attenuated vaccines, Academy members are encouraged to use and promote the use of the polyvalent Salk-type vaccine as outlined in the Redbook and subsequent News Letters.

-----

If you still don't know what AMPAC means, you must have missed the vital message on page 10. Every physician should read this, think it over and be ready to act!

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## School Health Head Urges Cooperation

The impact of "sputnikitis" on school systems has overaccentuated interest in foreign languages and technical subjects, and unfortunately caused less interest in health, physical education and the humanities, according to Dr. Orvis Harrelson in his report to the Pierce County Medical Society at its December meeting. Dr. Harrelson was appointed Director of Medical Services for Tacoma Public Schools last August. He cited "sputnikitis" as a factor in reducing the number of qualified applicants for medical school. Thus, it was an additional obstacle to an adequate program of physician recruitment, one of the fields in which the schools should be able to serve the medical profession. Numerous other mutual advantages which could result from closer cooperation between the schools and the medical society were listed by Dr. Harrelson. Physicians were urged to take an active interest in promoting an adequate health curriculum in the schools, and

in insisting that qualified teachers be made available in health subjects.

Lining up a group of students in "bull pen fashion" for brief histories and "heart checks" should not be mislabeled as physical examinations. Dr. Harrelson advocated a thorough physical examination by the student's personal physician once every 3 or 4 years, rather than the cursory annual "heart check" type of exam. He related several examples of the pitfalls of the latter method. Also in keeping with a national trend, he recommended that parents be present during exams of elementary school children, and that teachers receive more "basic instruction so they can more adequately spot incipient illness and refer for help."

Dr. Harrelson decried the inefficient overlapping of efforts by uncoordinated health agencies. This is one problem which might be effectively solved by the Pierce County Medical Society reorganizing and maintaining a "Community Health Council." Such a group has proven effective and beneficial in past community health issues such as meat inspection and the pasteurization of milk. "If the Society, the schools, and the health department will combine to lead, great things can be done for Tacoma's health. If we abdicate our position of leadership, others who are less qualified and less well motivated will step in."

Doctors Judd, Doherty, Malden, Mattson and Norton took part in the ensuing discussion, the latter expressing for the group its appreciation to Dr. Harrelson for his selfless step in assuming this position of responsibility in service to the community.

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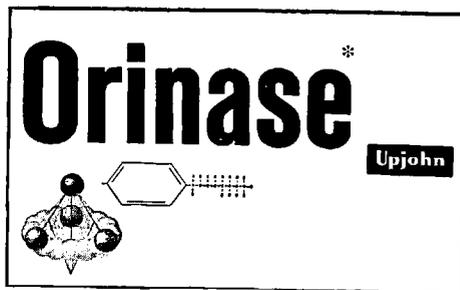
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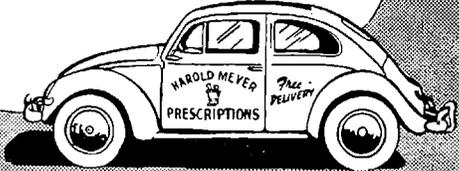
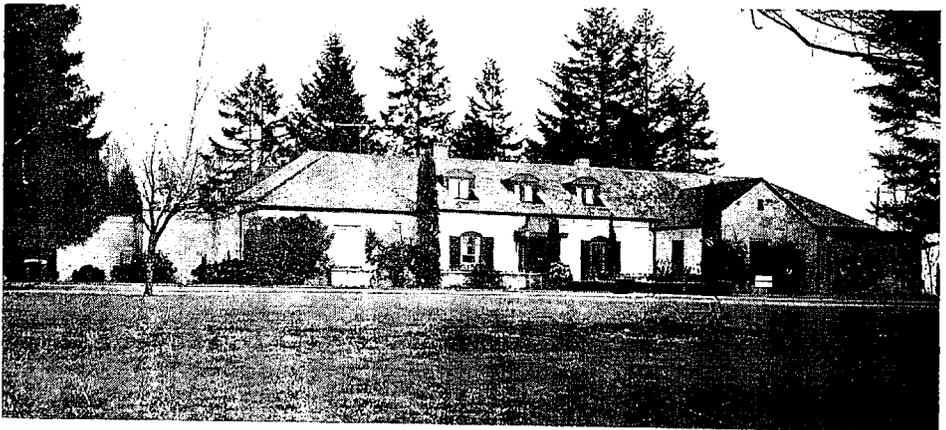


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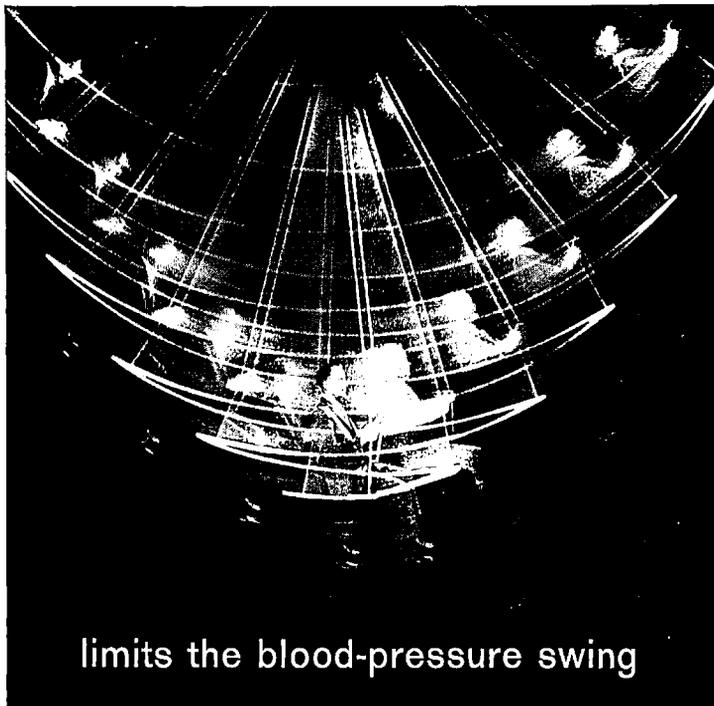
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Civil Defense.....	Mrs. Robert R. Burt
Historian.....	Mrs. Charles J. Galbraith
Legislative.....	Mrs. Samuel E. Adams
Membership.....	Mrs. Galen H. Hoover and Mrs. M. E. Lawrence
Nurse Recruitment.....	Mrs. C. W. Bischoff
Paramedical.....	Mrs. Myron A. Bass
Program.....	Mrs. M. J. Wicks
Publicity.....	Mrs. Robert C. Johnson
Bulletin.....	Mrs. Robert A. Kallisen
Revisions.....	Mrs. Richard F. Barronian
Safety.....	Mrs. Robert W. Osborne
Social.....	Mrs. Robert W. Florence and Mrs. Charles P. Larson
Speakers Bureau.....	Mrs. Philip Grenley
Telephone.....	Mrs. Richard B. Link
Today's Health.....	Mrs. Bernard R. Rowen
Minute Women.....	Mrs. George A. Race and Mrs. Thomas R. West
Community Service.....	Mrs. Orvis A. Harnelson
Heart.....	Mrs. Edward R. Anderson
Cancer.....	Mrs. J. Robert Brooke
Finance.....	Mrs. J. Robert Brooke
Community Council.....	Mrs. John F. Steele
Dance.....	Mrs. John S. May and Mrs. David F. Dye
Fashion Show.....	Maybelle Miller and Mrs. Russell Q. Colley
Cook Book.....	Mrs. Thomas B. Murphy and Mrs. Robert A. O'Connell

pick-up. Mr. LeRoy's enthusiasm over the Society's new acquisitions is contagious. They have a warehouse full of old documents and photos relating to the history of the lumber industry, many interesting manuscripts, and plan a whole new wing to the museum to house this. Mr. LeRoy feels this fascinating field is quickly replacing the cowboys and Indians bit as the most romantic period in America's past.

## Parties of the First Part

A very fine party of the recent Season was the annual Internists dance early last month. Another was the Durkin-Banfield-Chambers open house at their offices, which some wives missed. Focal point there was Doctor Durkin's new Russell Frost painting hung in one of the offices.

The Robert Kleins entertained a large group of friends at a fall-out shelter warming early last month. Their shelter is quite lavish, with hot mulled wine coming out of the faucets, and the surrounding basement decorated to suit.

## Gifts of Note

The Banfields planned to launch their new 40-foot cruiser for the New Year. This will be a floating home of distinction, designed for them, with a fire place in the cabin and sleeping space for ten (their big boy counts two). Becky and Bud are doing the interior finishing themselves so it will be quite elegant.

A new two-headed boat was the Durkin's Christmas gift to themselves. They have a 35-foot Christ Craft on order with separate sleeping areas for themselves and their children, and two heads.

After all the years Sheila Dimant has been busily remodeling their view home on North 32nd, husband Steve bought her a new house for Christmas, the old Cushman home on North Proctor. This also has a magnificent view, lots of acreage, and is fairly well what Sheila had in mind. They'll move the end of this month.

The Robert Johnsons bought a beautiful new house for Christmas, plan to

(Continued on Page 23)

Auxiliary lost a good friend when Marge Cameron passed on last month. Marge was a woman of marvelous heart and she loved children. She gave a lot of her life to the children of Tacoma, and they will never forget her.

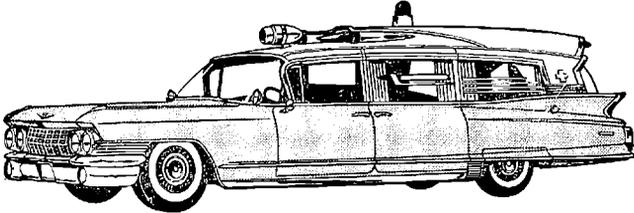
Auxiliary will meet January 19 at Marge Wick's home for coffee. A speaker on missionary work in Africa will highlight the meeting.

## The Season To Be Jolly

It's just behind us and we are now faced with the season to be sedentary. Non-skiers will most likely get their only exercise the next four months running up bills. Possible antidote: try running up the stairs at the Historical Society museum. Any member who has yet to meet the museum's curator, Bruce LeRoy, should try this for a mid-winter

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move in next week. They'll be close neighbors of the Herbert Kennedys. Betty is happily selecting a houseful of new furniture, new carpets and drapes.

Art and Dee Wickstrom also bought their new home in time to put it under their tree for Christmas. They've been negotiating since last summer on this, and have finally obtained the title on that very interesting Mead home on North 29th. Neighbors, including the Gross family, the Kallsens, and the Smealls, will be devoted sidewalk-superintendents to the remodelling job the Wickstroms have planned.

### *The Paltry Press*

The John Shaw's card turned lucky recipients Christmas green with envy. This work of art was turned out on the Shaw's basement printing press. A fascinating hobby but expensive, says Jean, since it isn't enough to have the press, printing addicts must collect type, costly olde type.

### *Not Home For Christmas*

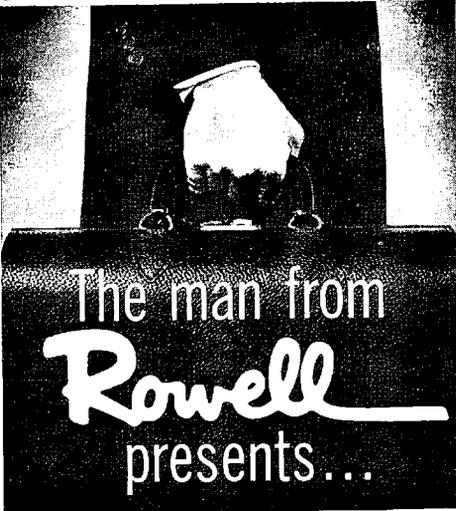
The George Races, who plan the most wonderful trips, had a great one for the holidays. They and five other families leased the old hotel at Tokeland for Christmas week, spent four days with the antiques and the ghosts in that wonderful old place. Peggy says they love the beach in wintertime, were willing to give up a few comforts such as central heating for the exciting ocean in a winter storm.

Ardent skiers, the Don Willards treated the whole family to Christmas at Sun Valley. The Philip Backup family went out to their beach place on Vashon for the holidays. The Mike Kass family celebrated Christmas in Hawaii for their third year. Kay and Ross Wright were there and stayed over for the holidays.

The John Flynns and their large family took the train to San Francisco on Christmas day, rented a car there and drove to Santa Monica for the rest of the week including Disneyland in their tour of the sunny south. The Sig Hermanns spent Christmas with one of the daughters in Torrence, California.

### *End-of-Holiday Pome*

This past season to be jolly  
Wasn't just financial folly  
Underneath the Christmas flower  
Prolly was our goodest hour.



The man from  
**Rowell**  
presents...



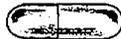
**RO-CILLIN** (phenethicillin potassium)—the preferred form of oral penicillin—is indicated whenever oral penicillin is called for.

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*Decongestant*: 5 mg. phenylephrine hydrochloride

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*Plus* 100 mg. Vitamin C to promote added resistance to infection.

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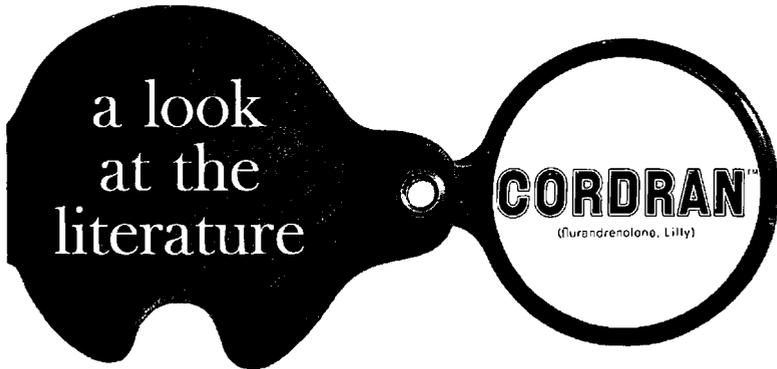


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—Rosenberg, A., Jr.: Clinical Evaluation of Flurandrenolone, a New Steroid, in *Dermatological Practice*, J. New Drugs, 1: 118, 1961.

*A look at the products*

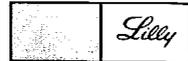
Cordran cream and ointment are new corticosteroid preparations especially formulated for the skin. Each Gm. contains 0.5 mg. Cordran.

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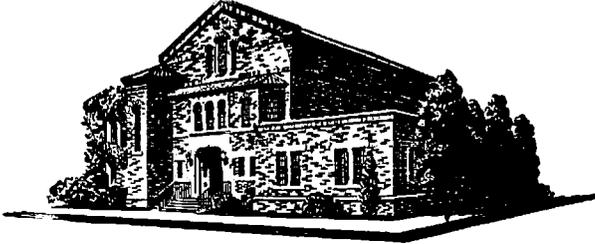
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INSTRUMENTS

# HOSPITALS . . .

## Tacoma General

On Tuesday, November 21, a fire broke out in the hospital laundry at 11 p.m. and did considerable damage to the machinery and building. Arrangements were made with the Peerless Laundry Company to do the linen of the hospital. The laundry has taken on all of the hospital employees to do the work during the evening shift.

The quarterly meeting of the Medical Staff was held on December 5. Nominations were presented for new officers in 1962. Dr. Frank Rigos gave a short talk on "Pelvimetry".

The annual student nurses Christmas party was held on December 18 in the lounge with Dr. Harold Lueken as Santa Claus. Highlights of the evening were opening of the gifts by the girls and singing of Christmas carols. The Alumnae Association presented the school with a table model radio.

Miss Lucille Larson attended an all-day conference at Virginia Mason Clinic on supervising people effectively. Main speaker for the event was Mr. Charley Broaded, consultant in management work. This was on December 8.

Miss Jean McCrimmon was married to Mr. Gary Harding on December 29. She is a student in medical technology.

Dr. Merrill J. Wicks has been named president-elect for the American Association of Blood Banks. Dr. C. P. Larson has just returned from the East where he attended a meeting in Washington, D.C., with the World Health Organization and also a meeting in New York City with the National Boxing Assn.

Mrs. Irene Collier has been named Director of Volunteers succeeding Miss Helen Maddex. Mrs. Collier has been familiar to most of us through her work as information clerk at the hospital. Miss Maddex will concentrate more of her time now on the business operations of the hospital.

On December 18, members of the Lincoln High School Y-Teens came to the hospital to sing Christmas carols from 7:30 to 8 p.m. Student nurses from

the school caroled to the patients on December 19.

The Disaster Committee has been meeting regularly each week to plan for a test drill sometime during the spring. Since the Joint Commission on Accreditation of Hospitals recommends two test drills per year, the hospital would like to make one during the spring and one during the fall of the coming year.

The contractor has taken out both of the old boilers, so now the area where the boiler room used to stand is completely vacant. The new passageway to the Annex has been completed and its many users appreciate the fact that they won't have to walk through the water during the rainy weather.

Mrs. Doris Wilson has been added to the staff of the Stenographic Pool along with Mrs. Elizabeth Rando and Miss Gail Jurgensen. The Pool is taking on more work continuously and this necessitated adding a third person to the staff.

## St. Joseph's

### Pediatric News

Among the missing the persons in our department we have Mrs. Reidinger who is speedily recovering at home after her recent surgery this past month. We have all missed her, both staff and doctors alike, and are anxious to welcome her back on January 2, 1962 when she plans to return to our department.

We would like to officially welcome Mrs. Wallace, a former staff member, who replaced Mrs. Christianson on the 11 to 7 shift. Also Mrs. Elkins, a recent practical graduate, who is replacing Mrs. Hendricks on the same shift.

The Pediatric staff enjoyed the St. Nicholas Party December 6 at the New Yorker and would like to thank all who attended, and a big hand to the auxiliary for all the wonderful work and help they have given for so many needy and worthy children. We, in our department, can personally see the aid they have given and how grateful these families are. These families often come back to see us and are so thankful and grateful for the assistance and care they have received.

We would like to extend a "big thanks" to Dr. Lundeen for the lucky puzzles he donated to the department for the children. They have helped tre-

mendously to keep our little ones entertained during their stay with us.

We wish to thank the many doctors for their thoughtful remembrance of us over the holidays and would like to extend to them best wishes for the New Year.

The Pediatric staff would like to thank the Sisters at St. Joseph for the excellent Christmas party on December 19. We all enjoyed the lovely luncheon and wonderful atmosphere that they provided for us.

From the happy faces of our children we would like to thank the many school groups who brought toys, favors, and decorations for the children who were with us over the Christmas holidays. They added spirit and joy to our children who couldn't be home this time of year.

We enjoyed the many Christmas cards we received in the department over the holidays from our former patients who remembered us and let us know they were all well and good.

Again this past month we lost another staff member, Mrs. Barbara Stettin who is expecting a visit from the stork in March. The staff will miss her and wish her all the luck with her first little one.

### O.B.

Our newest addition to the nursery staff is Miss Mary Zimson, a Seattle U graduate, who came to us in August. Mary is being married to Jerry Simons (a pilot), on Saturday, January 6 at St. Patrick's Church. Many showers have been held in Mary's honor, one being a miscellaneous shower given November 13 at Mrs. Mitchell's home, with Mrs. Rud as hostess. Guests included the O.B. staff, who enjoyed a night (out) with games, songs and laughter. Mary received many beautiful and useful gifts for her new home.

Mr. and Mrs. Ardelle Mayer are proud parents of a baby boy born November 25. Mrs. Mayer, an R.N., worked with us in 1956.

Dr. and Mrs. Arthur O'Leary had a baby girl December 3, 1961

Mrs. Louise Highy, 3-11 R.N. in the nursery, was on our sick list for about three weeks, then took a trip to California for recuperatory purposes. She's back with us now.

The annual Christmas parties for the three shifts were all held the second

week of December. The 7-3 shift went out to dinner at the Doric Motel where they enjoyed beef and chicken dinners and exchanged gifts. The 3-11 shift went to Mary Lauridian's home for lunch and gift exchanging. The 11-7 shift all gathered at Mrs. Higgenbotton's for their festive night and gift exchanging.

Our guest for the evening was Mrs. Hinrichs, the wife of Dr. Hinrichs and Mrs. Huber and Mrs. Gaellings, former employees of St. Joseph's.

### Second Floor

We all enjoyed the Christmas party, Tuesday, the 19th, and want to thank Sister Antonia for all the fun and good food.

We wish you all a very Happy New Year.

### News From The Business Office

We have a new girl in the office, who has worked here in the hospital a long time, by the name of Mrs. Teresa Kingsbury. She is helping us three days a week.

It has been known that Mrs. Mary Lou D'Andrea is 'expecting', but little did we know that it is now only four weeks away.

We found that we have some 'artists' in our office by the beautiful swags and decorations in the office.

### Record Room News

Our department has been busy this month putting out the Evergreen Bulletin for the Washington Association of Medical Record Librarians. The time-consuming job of typing and publishing this bulletin is designated to the various hospitals throughout the State. Our hospital has been asked to perform this important job for the following year. All of us who worked so hard on this bulletin are very proud of the results. Our apologies are extended to the United States Postal Service for the deluge of Bulletins which we mailed to Medical Record Librarians and Technicians and hospital administrators throughout the State right in the midst of this very busy holiday season.

Our new file room across the hall has eliminated the problem of rain-soaked personnel in our department. All of us appreciate the fact that no longer is it necessary to venture outside in order to get old records from the file room as was previously the case. It is interesting

to note that Saint Joseph Hospital is one of the first hospitals to use the new middle digit method of filing. Now that we have the new filing system installed and have become used to it, we wonder how we ever got along without it before.

The flu and the pesky common cold have taken their toll in our department. The most seriously hit was Mrs. Thyra Arness who was out for a few days recuperating. We are happy to report that she is once more back at work and feeling much better.

On the happier side of the news, we were all pleased to hear that Mrs. Goldie Crouch was fortunate enough to have her son-in-law, Donald Thompson, home for the holidays. He is presently serving with the armed forces in San Antonio, Texas.

Once again, the medical record technicians took a break in their studies in order to spend the holidays with their families. Betty Terhaar and Dianne Moore spent the holidays at their homes in Mount Angel, Oregon and Coos Bay, Oregon. Gail Hoban and Dolores Knight spent the holidays with their families here in Tacoma. Judy Pace spent her holiday in Seattle at work at the Children's Orthopedic Hospital.

New officers of the Medical Staff for the coming year are: President, Stanley W. Tuell, M.D.; President-elect, Frederick J. Schwind, M.D.; Vice-President, Edward S. Eylander, M.D.; Secretary-Treasurer, Bryce Betteridge, M.D.; Chairman of the Credentials Committee, Charles J. Galbraith, M.D.; Members-at-Large of the Executive Staff, Richard F. Barronian, M.D. and Walter Sobba, M.D.

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## Doctor's Hospital

Heading the professional staff of the Doctor's Hospital for the coming year will be Dr. S. Robert Lantiere who has been elected president. Dr. B. D. Harrington will serve as vice-president and president-elect. Other officers elected were Dr. Robert Kallsen, secretary-treasurer, and Dr. Robert M. Ferguson, staff representative.



Dr. S. Robert Lantiere



Dr. B. D. Harrington

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Legislators ARE influenced by what our profession thinks—but not if we don't tell them about it. AMPAC will help us do this.

## Information from . . . Poison Control Center

The Poison Control Committee wishes to make the following information available to all physicians . . .

### 2-PAM or PROTOPAM

There are very few antidotes available so it was felt important to acquaint physicians of Pierce County with a new antidote, 2-PAM or PROTOPAM chloride which Dr. G. E. Quinby, P. O. Box 73, Wenatchee, Wash. (Office: NORMANDY 2-5506, Home: NORMANDY 3-2944) asked to be publicized.

It is used for treatment of organic phosphorous insecticide poisoning — (Parathion, TEPP, Phosdrin, Systox).

It is an antagonist to anticholinesterases and is being used in the treatment of insecticide poisoning, ophthalmology, myasthenia gravis and, potentially, for the management of toxicity due to chemical warfare agents.

This product is available at Mountain View General Hospital and Tacoma General Hospital with *specific* instructions as to its use.

Dr. Quinby will be more than glad to furnish needed help in case this product is used.

### BLEACHING SOLUTIONS

Bleaching solutions are 3 to 6% solutions of sodium hypochlorite in water. They are corrosive to the same extent that similar concentrations of sodium hydroxide are corrosive. Upon contact with acid gastric juice or acid solutions they release hypochlorous acid, which is extremely irritating to skin and mucous membranes but apparently is rapidly inactivated by blood serum and has low systemic toxicity. Buffering the acid by the administration of sodium bicarbonate offers the best means of reducing the irritative effect. Do not use acid antidotes in the treatment of sodium hypochlorite poisoning.

The fatal dose for children is estimated to be about 15 to 30 cc ( $\frac{1}{2}$  to 1 oz.)

#### Treatment:

##### A. Emergency Measures:

1. Remove bleaching solution from the skin by flooding with water.
2. Remove swallowed bleaching solution by gastric lavage or

emesis, using a solution of sodium bicarbonate, 30 to 50 gm. per liter.

After emesis or lavage, give a cathartic consisting of sodium sulfate, 30 gm. (1 oz.) and sodium bicarbonate, 10 gm. (1 heaping tsp.) in 250 ml. (1 cup) of water. DO NOT USE ACID ANTIDOTES.

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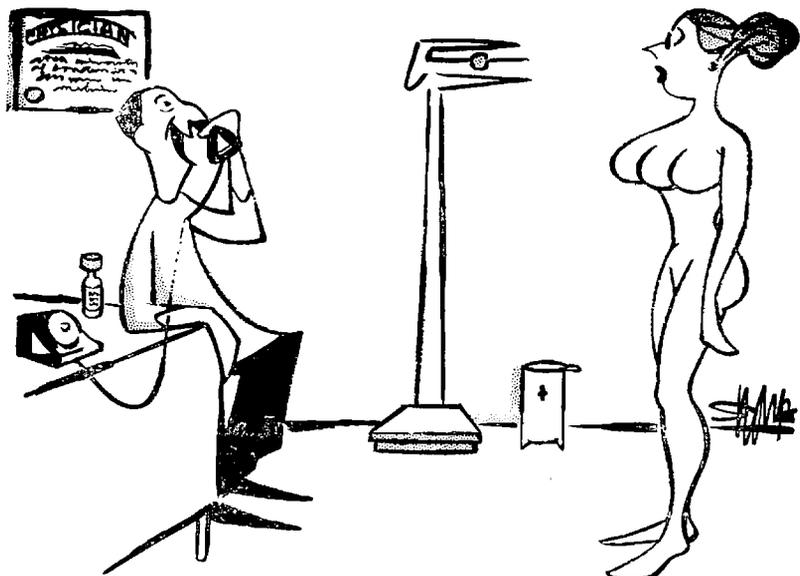
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## MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA**  
Second Monday of March, June, Sept., Dec.—7:30 p.m.  
Auditorium of Medical Arts Bldg.
- STAFF OF GOOD SAMARITAN**  
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF NORTHERN PACIFIC**  
Second Monday of each month—noon.
- STAFF OF ST. JOSEPH'S**  
Third Monday of March, June, Sept., Dec.—6:15 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL**  
Last Monday of February, June September and November
- TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS**  
First Tuesday of each month—8:30 p.m.  
Board Room of Pierce County Medical Society
- PIERCE COUNTY MEDICAL SOCIETY**  
Second Tuesday of the month except June, July & August  
—8:15 p.m.
- STAFF OF TACOMA GENERAL**  
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB**  
Third Tuesday of each month—6:30 p.m. at Tacoma Club
- TACOMA ACADEMY OF INTERNAL MEDICINE**  
Fourth Tuesday of each month—6 p.m. at Tacoma Club
- TACOMA ACADEMY OF GENERAL PRACTICE**  
Fourth Monday of each month except June, July & August  
—6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY**  
First Thursday of each month except June, July and August  
—6:00 p.m.
- STAFF OF MEDICAL ARTS HOSPITAL**  
Third Friday of March, June, Sept., Dec.—7:15 a.m.  
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL**  
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

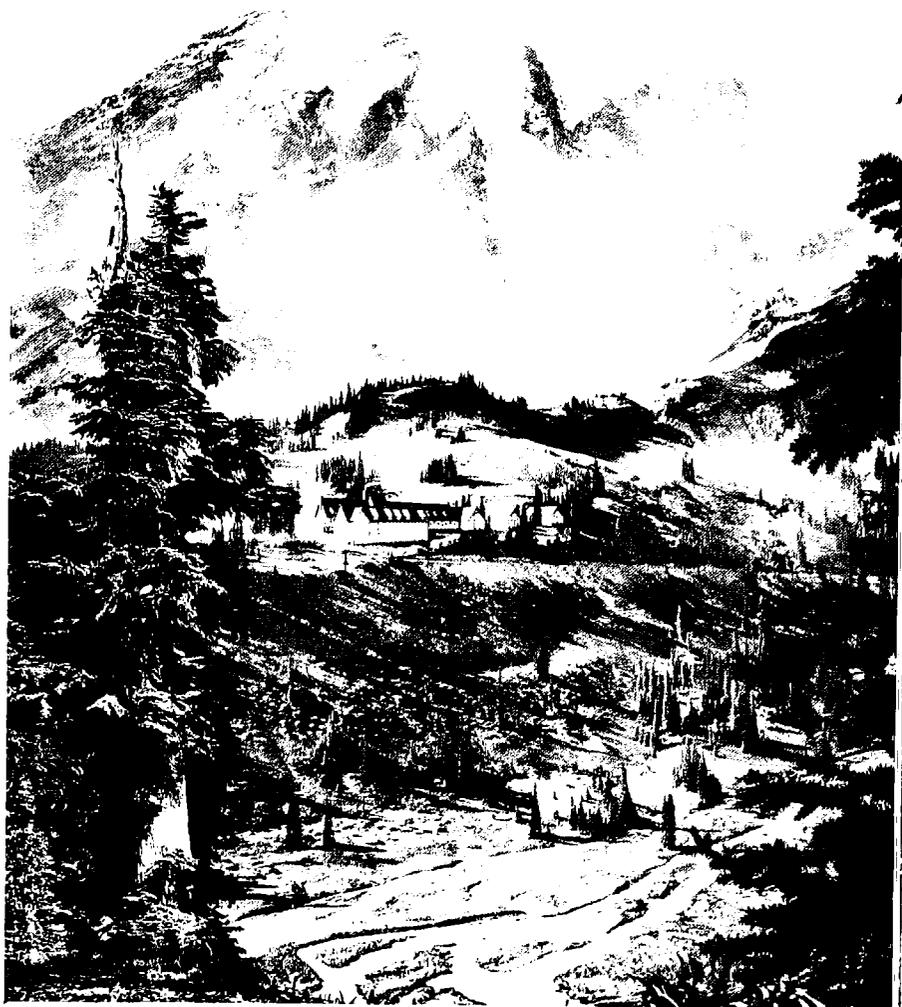


# BULLETIN

VOL. XXXIII—No. 2

TACOMA, WASH.

FEBRUARY - 1962



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING  
FEBRUARY 12**

# Pierce County Medical Society

## 1962 OFFICERS

President..... G. M. Whitacre  
 President-Elect..... Stanley W. Tuell  
 Vice-President..... Frederick J. Schwind  
 Secretary-Treasurer..... Arnold J. Herrmann

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John F. Comfort	John Shaw
Dale D. Doherty	Frederick J. Schwind
Robert M. Ferguson	Warren F. Smith
Arnold J. Herrmann	George A. Tanbara
George C. Kittredge	Stanley W. Tuell
Chris C. Reynolds	G. M. Whitacre

## DELEGATES

Douglas Buttorff	Stanley W. Tuell
Arnold J. Herrmann	G. M. Whitacre
George S. Kittredge	Wayne W. Zimmerman

## ALTERNATE DELEGATES

Richard F. Barronian	Robert W. Florence
Glenn H. Brokaw	Glenn G. McBride
Robert M. Ferguson	Frederick J. Schwind

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# Happy Birthday

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- 3—WILLIAM P. HAUSER
- 6—HERBERT C. KENNEDY
- ALFRED L. SCHULTZ
- DON WILLARD
- 7—DONALD GRAHAM
- 15—PAUL E. BONDO
- THOMAS WEST
- 16—JOHN J. BONICA
- SCOTT JONES
- 20—G. A. DELANEY
- 22—CHARLES GALBRAITH
- 23—PHILIP KYLE
- FRANK RIGOS
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## Arnie Herrmann in City Council Race

Arnold J. Herrmann's bid in the race for City Council position No. 3 will be of special interest to Pierce County physicians watching returns in Tuesday's election. Arnie's decision to become a candidate came after a few days careful thought that followed a visit from representatives of the United Citizens for Good Government.

Although Arnie is not running as a physician, and has not been officially sponsored by the Pierce County Medical Society, Society members have expressed much interest and pride in having a colleague of Arnie's caliber and ability willing to play an unselfish role in civic affairs.

Arnie's platform is straightforward. He favors the council-manager form of government. Though admittedly not trained or experienced in political or administrative activities, he has a desire to keep Tacoma a clean and healthy city, and feels that a city council should consist of sincere and intelligent citizens who are aware of their obligations to the community, leaving the actual administration up to trained employees rather than letting the city affairs be handled by professional politicians.

Though not soliciting official support from the County Society, Arnie has made available on request any number of his candidacy pamphlets to any physician who would like to have some in his waiting room or enclose them with statements or other mailings.

—Editor's note: Good luck, Arnie!

—S.W.T.

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**ELGIN BAYLOR**

Interviewed By

**EDDIE O'BRIEN**

*Athletic Director, Seattle University*

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A no-host social hour and dinner will precede the meeting

Social Hour: 6:00

Dinner: 6:45

Place: Honan's Restaurant  
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## February Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 C.P.C. of Tacoma General—8:30 a.m. Pierce County Pediatric Society 6 p.m.	2 C.P.C. of St. Joseph's—9 a.m.
5	6 Tacoma Acad. of Psych. & Neurol. 8:30 p.m. C.P.C. of Mary Bridge—8 a.m.	7	8 C.P.C. of Tacoma General—8:30 a.m.	9 C.P.C. of St. Joseph's—9 a.m.
12 Pierce County Medical Society 8:15 P.M.	13 C.P.C. of Mary Bridge—8 a.m.	14	15 C.P.C. of Tacoma General—8:30 a.m.	16 P.C.M.B. Board 8:00 p.m. C.P.C. of St. Joseph's—9 a.m.
19	20 Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	21	22 WASHINGTON'S BIRTHDAY	23 C.P.C. of St. Joseph's—9 a.m.
26 Staff of Mountain View Gen. Hosp. Tacoma Acad. of General Practice 6:30 p.m.	27 Tacoma Academy of Internal Medicine 6:00 p.m. C.P.C. of Mary Bridge—8 a.m.	28		

Grand Rounds—Mt. View General Hospital—Every Saturday 8:30 to 10:00 a.m.

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## *President's Page*

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In this year, and particularly at this time of year, physicians cannot ignore the social and political implications of medical care. Even though a doctor may feel that he just wants to practice medicine and not be bothered by the increasing invasion by the government into health affairs, even though he may not feel disposed to write letters to his Congressmen or try to influence his patients in order to curtail that encroachment, he cannot escape having some thoughts and developing an opinion.

We will continue to be asked by our patients and friends, "Why are the doctors against improved care for older people?" "What do you think about Kennedy's health plan?" "What difference does it make to the doctors inasmuch as the proposed plan concerns only hospital and nursing home care?" etc. People expect physicians to be able to give an intelligent, informed answer to all such questions. Those patients who know and trust us expect our advice on medical care plans as well as medicine.

In order to answer questions specifically rather than in vague generalities, it will be well for us to learn the principal objections to the King-Anderson Bill. The specific objections to H.R. 4222 as presented by the A.M.A. before the Ways and Means Committee of the House of Representatives are listed on page 31.

On the local scene, two of our physicians, A. Herrmann (City Council) and Banfield (Park Board), are running for office in elections on February 13 and March 13. They merit your support.

G. M. WHITACRE, M.D.

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## *Editorially Speaking*

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Is a person conceited if he considers 10 seconds of his time more important than one hour of someone else's time? There have been numerous instances in which several extra hours of time have been spent by the nursing staff and the record room employees deciphering an order or other chart information which the doctor wrote in a hurry. In each instance, this waste of time could have been prevented if the doctor had used a few additional seconds to write his gems of wisdom.

Fortunately, the ones who would be most justified in labelling these acts as conceit—the nurses and medical record librarians—have charitably chided us for carelessness, rather than conceit. They write clever little poems about our penmanship, and we chuckle among ourselves. Poor handwriting isn't an unalterable characteristic. Each and every unreadable order that appears on the chart *could* have been legibly written if the doctor had been careful enough—or unselfish enough—to write just a little more slowly and deliberately. With our profession more than ever needing the good will of the nurses and other hospital employees, and with legal vultures hanging over us ready to turn a slip of the pen into a lawsuit, we'll be doing ourselves a favor as well, if we can try some few-seconds-extra handwriting in return for the nurses' tolerance and the record rooms' clever rhymes. Other people's time is valuable too.

S.W.T.

## Nature's Own . . .

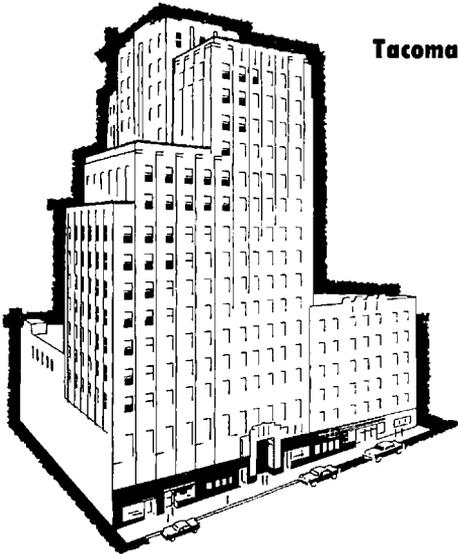


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## Your TV Program

*ASK YOUR DOCTOR* is the title that your TV program has used since its debut on November 8, 1959. This was not by any means the originator of medical public relations television programs by a County Medical Society, but it was among the early ones. Thus, it has served as predecessor to many produced through the country now.

Since that date, 80 programs have been presented by members of the Pierce County Medical Society. One hundred and fifty-eight of you have given your time and talents to this program on one or more occasions. Unfortunately, one hundred and twenty-two members of our Society have not contributed to date. We would like you to consider this a plea for your assistance in this very important public relations project. Anyone who would like to appear, or who has a plan to improve the program or suggestions for topics for discussion, is hereby publicly welcomed to make it known to the Public Relations Committee in any hospital corridor, or on any street corner, or by telephone. And please do not refuse to do your share when called upon.

It is of interest to note that in addition to our own medical society members, five Seattle physicians have appeared on the program; we have also

had a number of pharmacists, hospital administrators, laboratory technicians, R.N.'s, dentists and military physicians assisting us. The cooperation of our medical colleagues and those in paramedical sciences has been sincerely appreciated and it is hoped that we can count on them for continued assistance in the presentation of future programs.

According to Mr. Max Bice, Station Manager of KTNT-TV, surveys show that "Ask Your Doctor" has a weekly viewing audience of from 80 to 100,000 individuals. Letters from viewers show that the geographical range is considerable, covering all of Southwest Washington as well as King, Kitsap and Pierce Counties and as far north as Victoria, B. C.

Since its inception, the time spot of this program has been one of the best viewing periods of the entire week. It is probably the one period of time during the week when the television set is used by the major portion of the family and programs on other channels are not of a really serious competitive type. The value of the time used to date by our medical society (if the same half-hour were sold to a commercial sponsor with the maximum discount the station normally gives programs bought for this length of time) would total \$50,000! And that is indeed a substantial contribution to our public relations efforts.

You are sincerely urged to assist in any and every way possible in continuing what has proved to be a most valuable asset to the Pierce County Medical Society.

KENNETH E. GROSS, M.D.

Chairman, Public  
Relations Committee.

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## Strong Governor Needed O'Connell Tells Doctors

Though not specifically going on record as being in favor of motherhood, State Attorney General John J. O'Connell expressed numerous equally controversial opinions in a smoothly-delivered address to the Pierce County Medical Society at its January 9th meeting. Commenting on various facets of State government in a manner compatible with that of a possible candidate for high elective office, O'Connell told a respectful and attentive audience that the State government should be simplified by eliminating unnecessary boards and commissions, reducing the number of elective officials, and putting all responsibility on the shoulders of one person, the Governor.

The handsome attorney general criticized the present State tax structure as "piecemeal and haphazard," and favored its reorganization. He was pessimistic about the present State highway program, making a guess that the Seattle-Tacoma freeway will not be completed until 1968, instead of the officially announced 1966 target date. Citing several examples of ridiculous allotments under the ADC program of the State, O'Connell said that public assistance and welfare payments "must be based on actual need." He did not enlarge on this philosophy in its application to medical care. When asked from the floor about the State's utilization of provisions of the Kerr-Mills law, he stated he knew

very little about it so didn't feel qualified to comment.

O'Connell also took stands on other issues such as schools (he's for good ones), crime (he's against it), and State economics (he favors better integration of east and west). The latter opinion implied that he favored a tunnel beneath the Cascades.

He emphasized the significance of the medical profession as a potent political force, stating that support of the medical profession was of utmost importance to the success of any political issue, locally or nationally.

---

## Food For Thought

The average life of each of the world's great civilizations has been 200 years, and during that life it has progressed through the following . . .

- From bondage to spiritual faith;
- From spiritual faith to great courage;
- From courage to liberty;
- From liberty to abundance;
- From abundance to selfishness;
- From selfishness to complacency;
- From complacency to apathy;
- From apathy to dependency;
- From dependency back to bondage.

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## To The Pierce County Medical Society

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--	---

talk on missionary life in Africa by stating very simply that it was a surprise to hear women talking of personal political action, in contrast to other parts of the world where our counterparts have no participation in nor interest in their government. She described the quiet dictatorship and inflexible class system of Portugal, where they lived a year in preparation for their life in Angola. Angola was her African home for thirteen years. She was speaking of it as home when she described the problems of the colonial government, and said that freedom would be dangerous there, where the balance of power hugs a tightrope, and the witchdoctor labors little hampered by civilization.

Mrs. Henderson is a friendly wholesome type intellectual . . . her dedication to the people of Angola completely candid and inoffensive. As an educational program this talk of hers was one of the best, and as entertainment it was wonderful.

### Auxiliary Business

The meeting prior to Mrs. Henderson's talk began with a brief memorial tribute to the four recently deceased Auxiliary members, three of them past presidents. President Keaty Gross asked for a moment of silence in respect for Mrs. W. B. Penney, Mrs. John Gullikson, Mrs. Stefan Thordarson, and Mrs. Walter Cameron.

Emily Barronian announced that Heart Sunday, the Heart Association's annual fund drive, would fall on February 25 this year. Auxiliary members hold key posts in this effort and Emily hopes we will continue to support it.

Jeanne Judd reminded the membership that the swimming program for

(Continued on page 19)

February meeting will be a luncheon at Louise Bowen's home on Stadium Way. Doctor Sig Herrmann will be guest speaker, relating his experiences aboard the hospital ship Hope.

The day of January meeting was clear and sunny but frigid, and although the membership entered Marge Wick's new house slightly bent from the 20-degree, 30-mph wind, they were rewarded. In the beautiful large living area was a proportionately large fire in the fireplace, instant-success for the coffee party.

### Black Magic

Speaker for the day at January meeting was sparked by instant success too. After Auxiliary's business meeting ended on a crescendo of legislation, Mrs. Henderson began her very interesting

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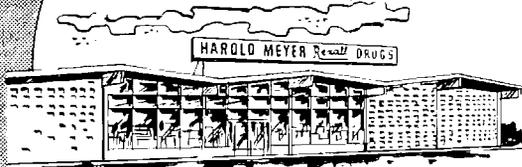
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(Continued from page 16)

handicapped children at the Y, originated by Edith McGill years ago, has always benefitted by Auxiliary's active participation and at present Marilyn Mandeville, Evelyn Osborne, Barbara Teats and Jeanne volunteer their Mondays for this most rewarding activity. Marilyn will take special training this spring to qualify as an instructor next year. They can use more help down there, non-swimmers help as dressers, and strong swimmers who enjoy children will find this ideal volunteer work.

### Legislation is Large

Luckily for our membership, Lorraine Adams hasn't slackened her pace in keeping us abreast of the latest developments. At January meeting Lorraine told of the Legislative Workshop she and eight other members attended. These eight will organize AMPAC discussion groups to include the entire Auxiliary membership. The meetings will be held evenings so that husbands will attend too. The workshop plan is to disseminate the information on AMPAC and enlist our support. Of course instruction on the current legislation goes with it. The first of these meetings was held at Doctor Buttorff's home last month, and was felt to be quite worthwhile by those attending. The groups will be kept small, members will be contacted at random to attend, and if you're especially interested you may contact Lorraine to attend one of these.

Last month Peg Race's minute women did a very efficient job calling the membership for letters to Thor Tollefson regarding HR 4222, the King-Anderson bill. Were we as efficient in getting those letters off? By all means, write to Mr. Tollefson and give him your opinion. At this date he is on the fence and only forty votes are needed in the house to bury this odoriferous bill. As Kay Wright so aptly put it at meeting, "Let the dusting go, and get those letters in the mail!"

Also, please send a carbon copy of your letter to Lorraine Adams, so that she can evaluate your message.

### Cook Book

While we are in stamps and envelopes, there are several other things we should get into the mail right away. The deadline for recipes for the Cook Book has been extended, and if you haven't already sent in your three favorites, send them in now. They especially need soups and beverages.

At the Board meeting at Dorothy Maier's home the 16th of last month, Cook Book Chairman Ruth Murphy brought the Board up to date on the committee's progress. Committee members had been somewhat alarmed by the expense of the project and hesitated to rush ahead since the book would cost \$1.50 per copy to print. The Board recommended and the membership approved that the committee should go ahead with the Book, without advertising to defray costs, and try for an excellent publication to be ready for sale next September. Ruth showed the Board some sample pages typed up ready for the printer. Several recipes such as Roast Duck with Peach Sauce, and Wild Dove and Mushroom Cassarole inspired us to send in our own closely guarded secret for Burton Bouillabaise. People have to let out their shower curtains if they eat too much of it.

### Overdues

Dues Chairman Elvina Brokaw announces there are 182 paid members at this date. Elvina has sent out statements to 75 members delinquent on dues, and hopes the response will be immediate as our dues go into national this month. Non-payment of dues means you will be excluded from next year's handbook.

### Date Switch For Our Dance

Discovering that Auxiliary's dinner-dance was scheduled for the same eve-

(Continued on page 21)

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(Continued from page 19)

ning as an important medical meeting, Dance Chairman Betty May quickly came up with a solution and a fresh idea for the party that may make it our most successful. The dance date has been changed from March 3 to May 18, which is a Friday, and it will be later. Supper served after midnight may be a more congenial arrangement for those who tend to doze instead of dance after a big dinner.

### Nurses Scholarship

Auxiliary members will be disappointed to learn that love interfered with the best intentions of our nurses scholarship winner. She has quit school and married.

### Newscellaneous

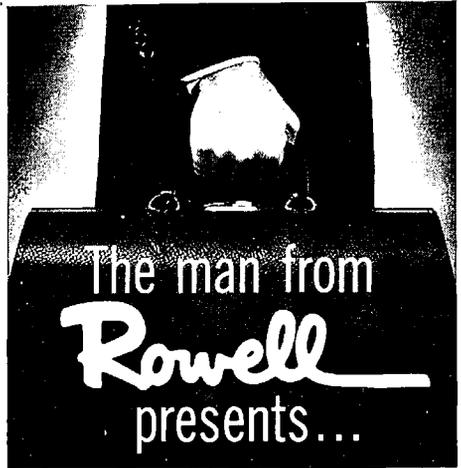
The Gay Nineties Quartette has a new member . . . the Tattooed Lady. She doesn't sing, but in her daring gay nineties bathing costume, this daintily tattooed young lady is quite a hit. Sandy Rosenblatt and Muriel Nelson were a big hit the day they picked her up at the Maternity Shop, (she is not pregnant), and carried her by halves past the hotel just when businessmen's lunch was emerging from the Sabre Room. The Quartette has a date in Bremerton this month when they will entertain at the Rotarian's annual meeting with their wives.

### Follow The Sun

Betty Mattson will vacation two weeks in Chandler, Arizona, this month.

Elvina and Glenn Brokaw are in Palm Springs, will visit Elvina's sister in San Diego on their two-week sun break.

Ruth and Tom Murphy are also in Palm Springs this month, will be back the first week in March in time to pack for their trip Around The World.



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Phenobarbital	16 mg.	32 mg.	...
Mephobarbital	....	....	8.0 mg.
Dextrose (9.4 cal.)	....	....	2.5 mg.
Vitamin A	5000 I.U.	5000 I.U.	1000 I.U.
Vitamin D	1200 I.U.	1200 I.U.	100 I.U.
Vitamin B-1	3 mg.	3 mg.	0.5 mg.
Vitamin B-2	3 mg.	3 mg.	0.5 mg.
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Vitamin C	100 mg.	100 mg.	15 mg.
Vitamin E	1 I.U.	1 I.U.	....
Niacinamide	20 mg.	20 mg.	3 mg.
Calcium Pantothenate	2 mg.	2 mg.	0.3 mg.

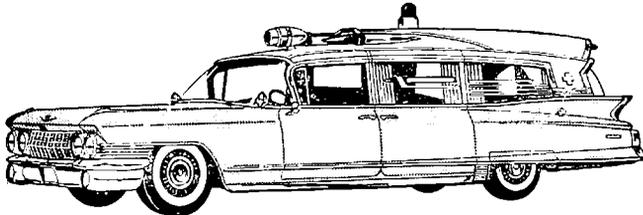
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# HOSPITALS

## Tacoma General

A grant to support students in the study of Cytotechnology was received from the United States Public Health Service. Tacoma General Hospital has the only approved school of Cytotechnology in the Pacific Northwest. Currently, there are sixty-three schools in the United States. Preclinical requirements for entrance are two years of college. Mr. Maurice Smith and Mrs. Elizabeth Ewing are presently enrolled in the six months course. Application for entering the training program may be made to Dr. M. J. Wicks.

As a part of the laboratory in-service training program, Dr. Wicks presented a lecture on hematological problems on January 22. The technologists first viewed ten "unknown" slides in a *test yourself* plan and Doctor Wicks discussed these cases. The Coulter Counter, an automatic red- and white-cell counter, was demonstrated, and the new teaching microscope with a demonstration view-screen was shown.

Carolyn Harrold, a new student in Medical Technology, is a transfer student from Mercy Hospital in Nampa, Idaho. Her husband is at Fort Lewis with the National Guard.

The first part of February, Lucille Larson will attend a meeting of the ASCP-ASMT Medical Technology Committee in Houston, Texas.

Doctor Karlstrom, Biology Department at University of Puget Sound, and his histology class visited the clinical and pathology laboratories on January 16, 1962.

Doctor C. Philip Larson, Jr., of the Department of Anesthesiology, University of California, presented a lecture on the "Uptake and Distribution of Halothane" and "Effects of Posture on Dead Space and PCO<sub>2</sub> Gradients" on Saturday,

January 20, 1962, at 9 a.m. in the Jackson Hall Auditorium.

There have been several changes recently in the Department of Anesthesiology. Doctors H. Loring Dixon and Hoe Tian Poh have transferred to the University of Washington and King County Hospital. Additions to the Department of Anesthesiology at Tacoma General Hospital are Doctors Lilia Peneyra, Gerald Love and Peter Murray. Doctor Lilia Peneyra comes from Mountain View General Hospital and Doctor Gerald Love was transferred here from the University of Washington. Doctor Peter Murray comes from Winnipeg General Hospital in Canada.

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## St. Joseph's

Many of us in Surgery are recuperating from bouts of flu and the New Year has been very busy.

Our head nurse, Mrs. Wetsch, is recovering at home after a short stay as a patient here at St. Joseph. We all miss her and wish her well.

We are sorry that one of our new O.R. nurses, Mrs. Mower, left St. Joseph and is currently working with her husband at American Lake Veteran's Hospital.

Two of our auxiliary workers are happily awaiting the blessed event—Mrs. Ezell and Mrs. DiRe.

The surgery corridors are crowded daily with bright, eager-faced students now and they certainly help us with our work. The big question now is—which one of the new students caught her contact lens on her tongue while scrubbed on a case? They surely do add sparkle up here!

January 2nd marked the date for the beginning of the Winter Quarter. Everybody was very happy to see Mrs. Riedinger back to work again with renewed vigor and enthusiasm.

(Continued on page 27)

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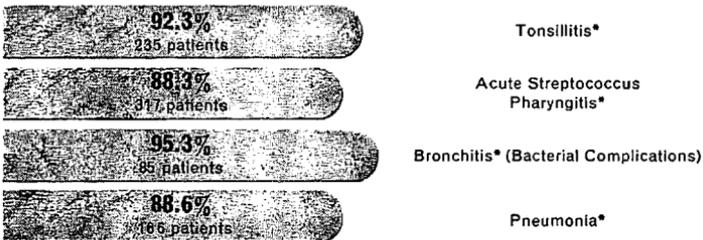
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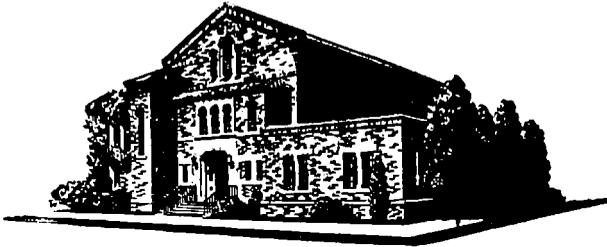
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SKLAR, HASLAM AND LAWTON SURGICAL  
INSTRUMENTS

(Continued from page 23)

"Winter Wonderland", the 1961 Pre-clinical Christmas semi-formal, was a gala event enjoyed by all of the St. Joseph students. Chosen as queen was Sandy Pelton, and her two princesses were Mary McGuire and Barbara Mullin. On December 15, Brown's Point Club-house was decorated with evergreens, mistletoe, and holly; and couples danced to the music of "The Royals". Committee chairmen for the event were Joan Johnson, general chairman; Joyce Fredericks, decorations; Karon Wiggins, refreshments; and JoAnn Courtney, program.

The Pre-clinicals have just begun to discover the true "spirit" of nursing. Each girl works 6 hours a week in a clinical area. The class of '64 is learning the art, the science and spirit of nursing under the capable leadership of their instructors. They are eagerly awaiting capping exercises which will be held early in February.

Our first group of Juniors took their trip to Firlands for their affiliation in Tuberculosis Nursing, but they say there is no place like St. Joe's. Our last group of Seniors are affiliating at American Lake this quarter also. We are not sure if they like this type of nursing or not. We are hoping that no news is good news.

The Faculty is busy revising and working on different parts of the school

program. If you want a headache, just join them for a few sessions.

The Medical Health Director for the Student Body did a real good job handling the flu bug which usually hits the Student Body hard. Vaccination at prescribed intervals, has enabled all students to enjoy life.

The School of Nursing and all its members wish all of you a HAPPY NEW YEAR.

Little pink bundles have come to stay at the following homes:

Mr. and Mrs. Mel Prowty, January 17, a daughter.

Dr. and Mrs. Frank James, January 17, a daughter.

Mr. and Mrs. George Baker, January 8, a daughter. Mrs. Baker is R.N. on the 11-7 shift in the Emergency Room.

Mr. and Mrs. Hendricks, January 14, a daughter. Mrs. Hendricks, L.P.N., works 3-11 in the Pediatric Department.

The day staff enjoyed their monthly evening out at Steve's Gay 90's last Thursday night for dinner and what a show. We especially enjoyed the Schotische by Irene Brick and Myrtle Rud. Pat Valentine's birthday was celebrated at the same time. What a party, hey Pat?

Alterations are now in progress for our new medicine room. The electricians and plumbers are through with their part in this big undertaking. The carpenter is busy these days making cabinets and making space for new sinks. It will surely be nice when it is finished.

Dietary reports that on January 22 one of our cooks, Mrs. Phoebe Remmer, began her new work at U.P.S. Mrs. Remmer has been with us for the past four and one-half years. Rose Remeto has returned from her Denver vacation and is busily back on "Vegetable Detail".

Jerry Senn is a proud new grandmother as is Agnes Power who boasts of fourteen grandchildren.

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New tray girls are: Josephine Moon and Adelle Halst. We welcome you to our green tiled kitchen.

Our cooks held their Annual Christmas Party at Steve's as usual.

Since the first of the year, the X-Ray Department has felt the loss of two of its technicians—Patricia DesChane and Nancy Doll. Miss Doll became the bride of Lt. Bernard Pianalto in January at Saint Francis Cabrini Church. In April they will be assigned duty in Japan. Miss DesChane is presently at Madigan General Hospital recovering from surgery performed on January 16. We hope to have her back with us soon and we promise not to work her too hard.

We are proud to announce that we have a potential champion in our midst. Our head technician, Jack McDonald, is leading his curling team to the State Championship at the Granite Curling Club in Seattle on February 17 and 18. They hope to play the U. S. Champions. Good luck, Jack!

We find that this month has brought some new and some old faces to our Pediatric staff. Mrs. Small is replacing Mrs. Cook who left the department for a civil service position at American Lake Veteran's Hospital. Mrs. Slinger, a recent graduate from Wisconsin, has joined the department as our 11-7 nurse. Mrs. Wallace, now working on the 7-3 shift, was formerly with us as Miss Hardy, that is before the Mr. and Mrs. "BUG" got her.

Mrs. Riedinger, after a month's leave of absence, is back working diligently at her many varied tasks. Nice to have her among us again.

We have with us a new group of professional students, we hope they find working with us and our little ones a pleasure, as well as educational.

Through our own intra-departmental meetings each shift has had the oppor-

tunity to discuss: needs, wants, procedures and techniques which we find imperative to a smoother operating department, and in turn we feel we have gained a closer relationship with each other.

Mrs. Hendricks is a proud new mother, of a big, bouncing, blue-eyed boy. She is a former L.P.N. of our staff.

Among our list of patients we find the names of Donald Cummings, son of Dr. Cummings. We had with us cheerful Mary Evoy, daughter of Mr. Lawrence Evoy, who a few years ago, was Business Manager at St. Joseph Hospital. Bradley Moshner, son of Mrs. Inga Mollund Moshner, a former student, was our patient for several weeks, quickly becoming the pet of each and every one.

The Maintenance Departments reports a rather extensive remodeling program. New aluminum and glass doors have been added to the center lobby

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leading to the waiting room and the Administrator's office. The Administration and Secretary offices are being redone with terrazzo linoleum on the floors and a fresh paint job.

The south end elevator was placed out of commission on the 15th of this month and work was started on replacing this unit with a new modern elevator. We hope that the increased speed and the new automatic features will make this elevator more serviceable. Work has progressed very satisfactorily on schedule. We plan to have the new unit in operation by the 15th of February. We are very happy with the consideration and cooperation shown by everyone during this period.

Work will begin, very shortly, on modernizing our admitting office. We plan to remove the existing island counter and to build in three cubicle offices. This will give the patient being admitted much more privacy and will allow them to be seated while their sociological data is being taken and recorded. During the period of rebuilding and painting, the admitting office will move to the present waiting room.

The O.B. Department has had a face lifting in the diet kitchen. A new room has been built to house the baby laundry department. A new store room has been built in the alcove of the kitchen and last but not least, a new medicine room has been added in what was formerly the store room.

Numerous other modernization projects are in mind and will be reported on in the near future. The main one of these will be the installation of an emergency light and power unit. We will have more information concerning this project for the next issue.

Little did we, from the Medical Records Department, realize that the middle digit filing system recently installed in our department would create such wide

interest. Officials from the Medical Record Department of Madigan General Hospital recently visited our department in order to study the method of filing we are now using. It was a common agreement among our visitors that St. Joseph has one of the most advanced and superior filing systems to be found anywhere. All of us here in the Medical Record Department are inclined to agree with this opinion.

With the passing of the holidays, the members of the department have launched busily into the New Year. To help usher in 1962, Mrs. Olga Mackie held an informal gathering in her home for all of the people in Medical Records. Besides a wonderful array of food, there was much fellowship and singing around Mrs. Mackie's new organ. We all enjoyed this gathering very much and wish to again express our thanks to Mrs. Mackie for this delightful prelude to the coming year.

If you have noticed a greater amount of noise coming from our department this month, take heart, for it is only the sound of the adding machine as we begin to work on the yearly reports once again. The task of tabulating the figures for 1961 is no small task and requires extreme accuracy. After all the statistics have been tabulated, a small booklet containing the figures from the various departments will be made.

The monthly meeting of Tacoma Medical Record Librarians was held this month in the Medical Library at St. Joseph. Presiding over the meeting was Miss Sally Mount, R.R.L. from Tacoma General Hospital. The items of business discussed this month were concerned chiefly with disease classification and the "International Nomenclature of Diseases and Operations". Next month's meeting is scheduled to be held at Northern Pacific Hospital in Tacoma.

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## W.S.M.A. Sponsors Course "Health Services in an Emergency"

The Washington State Medical Association in cooperation with the U. S. Department of Health, Education and Welfare, Public Health Service and the Washington State Department of Health and Civil Defense is sponsoring a three-day training course on "Health Services in an Emergency" at the University of Washington School of Medicine, March 22, 23, and 24, 1962.

Dr. George R. Kingston, Wenatchee, W.S.M.A. Civil Disaster Committee member is program chairman. The purpose of the course is to give physicians and representatives from the allied health and medical service organizations a current review of their duties and responsibilities in the event of civil disaster or nuclear attack.

Subjects to be covered during the three days include:

Community Disaster Operation—Federal, State, and Local Plans

Psychological Expectations in Disaster

Nuclear Weapons Trauma—The Aspects of Nuclear Radiation

Defense Against Chemical and Biological Warfare.

Care of Mass Casualties and Training of Allied Medical Personnel in Expanded Functions

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Civil Defense Emergency Hospital Briefing and Operational Exercise

Instructors for the course will be nationally recognized medical leaders in

civil disaster training and key local physicians.

Doctors are urged to attend all or part of the course. Contact the W.S.M.A. Central Office, 1309 Seventh Avenue, Seattle 1, Washington for the agenda and registration information. There is no registration fee.

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## Tacoma Doctors Not Bashful in Politics

If you think physicians shun the political arena, take a look at the number of Tacoma doctors who have been candidates for public office in recent years.

Most recent, of course, is Arnie Herrmann's current bid for position No. 3 on the City Council (lever No. 16-A on the ballot). Arnie seeks a 4-year term as Councilman. Also a current candidate is E. E. "Bud" Banfield who will be on the ballot in March competing for the post of Commissioner on the Metropolitan Park Board. Bud polled a highly respectable vote total in his first bid for the position in March of 1958 when he lost out by a slim margin to an established political name.

Best known for their political achievements, of course, are Homer Humiston who served on the Council from 1953 to 1960, the last two years as deputy mayor, and Frank James, County Coroner since 1950.

Other Pierce County physicians who have had their hats in the ring at various times are T. B. Murphy, a candidate for City Council in 1958; Charles P. Larson who was elected freeholder in 1952 when the Council-Manager form of government was formulated; Albert Ehrlich, a candidate for School Board director for District No. 400 in March, 1958; Norm Magnussen, candidate for County Coroner in 1950; J. Edmund Deming, candidate for the School Board, District No. 10, in March, 1960; and Charles Bogue, elected director on School Board, District No. 401 in 1956.

## Specific Objections to H. R. 4222

. . . as presented by the A.M.A. before the Ways and Means Committee of the House of Representatives.

1. It would lower the quality of medical care.
2. It is unnecessary.
3. It would be unpredictably, but extremely expensive.
4. It would endanger the entire Social Security system.
5. It would undermine private health insurance and other prepayment mechanisms.
6. It would lead to the decline, if not the demise, of voluntary efforts at the community level.
7. It would expand into a full-fledged system of socialized medicine, eventually covering every citizen of this nation.
8. It would cover millions of people who neither need help in paying the costs of their health care, nor want such help.
9. It would compel the nation's younger workers to pay for these unnecessary benefits through an increased compulsory gross payroll tax.
10. It would determine eligibility for medical aid on the basis of age rather than on the basis of need.
11. It would destroy the concepts of individual and familial responsibility.
12. It would overcrowd existing facilities through overuse.

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## MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA**  
Second Monday of March, June, Sept., Dec.—7:30 p.m.  
Auditorium of Medical Arts Bldg.
- STAFF OF GOOD SAMARITAN**  
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF NORTHERN PACIFIC**  
Second Monday of each month—noon.
- STAFF OF ST. JOSEPH'S**  
Third Monday of March, June, Sept., Dec.—6:15 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL**  
Last Monday of February, June September and November
- TACOMA ACADEMY OF PSYCHIATRISTS AND NEUROLOGISTS**  
First Tuesday of each month—8:30 p.m.  
Board Room of Pierce County Medical Society
- PIERCE COUNTY MEDICAL SOCIETY**  
Second Tuesday of the month except June, July & August  
—8:15 p.m.
- STAFF OF TACOMA GENERAL**  
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB**  
Third Tuesday of each month—6:30 p.m. at Tacoma Club
- TACOMA ACADEMY OF INTERNAL MEDICINE**  
Fourth Tuesday of each month—6 p.m. at Tacoma Club
- TACOMA ACADEMY OF GENERAL PRACTICE**  
Fourth Monday of each month except June, July & August  
—6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY**  
First Thursday of each month except June, July and August  
—6:00 p.m.
- STAFF OF MEDICAL ARTS HOSPITAL**  
Third Friday of March, June, Sept., Dec.—7:15 a.m.  
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL**  
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY

# BULLETIN

VOL. XXXIII—No. 3

TACOMA, WASH.

MARCH - 1962



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING  
MARCH 12**

# Pierce County Medical Society

## 1962 OFFICERS

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 President-Elect.....Stanley W. Tuell  
 Vice-President.....Frederick J. Schwind  
 Secretary-Treasurer.....Arnold J. Herrmann

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Arnold J. Herrmann	George A. Tanbara
George C. Kittredge	Stanley W. Tuell
Chris C. Reynolds	G. M. Whitacre

## DELEGATES

Douglas Buttorff	Stanley W. Tuell
Arnold J. Herrmann	G. M. Whitacre
George S. Kittredge	Wayne W. Zimmerman

## ALTERNATE DELEGATES

Richard F. Barronian	Robert W. Florence
Glenn H. Brokaw	Glenn G. McBride
Robert M. Ferguson	Frederick J. Schwind

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Frank R. Maddison	Wendell G. Peterson

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# Happy Birthday

## MARCH

- 2 ERNEST L. RANDOLPH
- 4 LOUIS M. ROSENBLADT
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- 5 W. HOWARD PRATT
- 6 EDWARD F. McCABE
- 9 ROSS E. McPHAIL
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- 11 J. EDMUND DEMING
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- 17 RUSSELL COLLEY
- 18 ROBERT O'CONNELL
- 20 FRANZ HOSKINS
- ALBERT A. SAMES
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- JOHN P. LIEWER
- CHARLES MARSHALL
- 24 ROBERT CRABILL
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- 26 ROSS WRIGHT
- 31 FREDERIC PAINE

Cover picture by Lee Merrill.



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Your family's future financial security deserves the specialized services of professionals in estate planning and administration. Trust Officers at the Puget Sound National Bank are well qualified by training and experience to help you with suggestions to prepare an estate plan that will secure maximum protection for your beneficiaries. Later, as your executors, they can provide the sound management necessary to ensure that your desires and the needs of your family are properly cared for. Talk to the Trust Officers at the Puget Sound National Bank soon . . . a short meeting with them will pay real dividends in peace of mind for you and thoughtful protection for your family.



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## New Physicians' Guide on Anticoagulants Issued By Heart Association

Guiding principles and practical recommendations for the use of anti-coagulant drugs are included in a new booklet issued by the American Heart Association.

The "Guide to Anticoagulant Therapy" is designed to aid physicians instituting anticoagulant drugs in making the most effective use of the drugs. It does not consider indications for therapy or merits of different agents in the prophylaxis or treatment of specific diseases.

The two types of agents currently employed—heparin and coumarin-type compounds—are discussed with reference to physiological effects, administration, contraindications and appropriate antidotes. Fibrinolytic agents (used alone or in combination with anticoagulants) are not included as the Heart Association feels "there has not been enough clinical experience to permit recommendations."

The guide originally appeared in the July, 1961 issue of "Circulation", one of the three professional journals issued by the Heart Association. It was prepared by Benjamin Alexander, M.D. and Stanford Weessler, M.D., Beth Israel Hospital, Boston. Copies are available on request from Pierce County Heart Association, BR 2-7854.

## OVERWEIGHT?

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## TENUATE® DOSPAN

**Pierce County Medical Society Meeting**

***Monday, March 12***

**Medical Arts Building Auditorium**

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FILM - - - 7:45 P.M.

**1961 MASTERS TOURNAMENT**

Augusta, Georgia

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PROGRAM - - - 8:15 P.M.

**JIM OWENS**

Varsity Football Coach and Athletic Director  
University of Washington

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A no-host social hour and dinner will precede the meeting

Social Hour: 6:00

Dinner: 6:45

Place: Honan's Restaurant  
739½ St. Helens Ave.

## March Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> C.P.C. of Tacoma General—8:30 a.m. Pierce County Pediatric Society 6 p.m.	<b>2</b> C.P.C. of St. Joseph's—9 a.m.
<b>5</b>	<b>6</b> Staff of T. G. 6:30 p.m. Tacoma Acad. of Psych. & Neurol. 8:30 p.m. C.P.C. of Mary Bridge—8 a.m.	<b>7</b>	<b>8</b> C.P.C. of Tacoma General—8:30 a.m.	<b>9</b> C.P.C. of St. Joseph's—9 a.m.
<b>12</b> <b>Pierce County            Medical            Society            8:15 P.M.</b>	<b>13</b> <b>DON'T FORGET            TO VOTE</b> C.P.C. of Mary Bridge—8 a.m.	<b>14</b>	<b>15</b> C.P.C. of Tacoma General—8:30 a.m.	<b>16</b> Staff of Medical Arts—7:15 a.m. P.C.M.B. Board 8:00 p.m. C.P.C. of St. Joseph's—9 a.m.
<b>19</b> Staff of St. Joseph's 6:15 p.m. Staff of Doctor's 7:30 p.m.	<b>20</b> Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	<b>21</b>	<b>22</b> C.P.C. of Tacoma General—8:30 a.m.	<b>23</b> C.P.C. of St. Joseph's—9 a.m. Staff of M. Bridge 12:15 p.m.
<b>26</b> Tacoma Acad. of General Practice 6:30 p.m.	<b>27</b> Tacoma Academy of Internal Medicine 6:00 p.m. C.P.C. of Mary Bridge—8 a.m.	<b>28</b>	<b>29</b> C.P.C. of Tacoma General—8:30 a.m.	<b>30</b>

Grand Rounds—Mt. View General Hospital—Every Saturday 8:30 to 10:00 a.m.

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*Orville Shoemaker, left, stops for a moment with an officer of the Morgan Guaranty Trust Company, New York, to discuss an article in the Wall Street Journal.*

Orville Shoemaker, Assistant Vice President and Trust Officer of the National Bank of Washington, is a familiar figure in New York's financial district.

Twice a year — and more often, should the market change its pace — he goes to New York and confers with Wall Street financial leaders to discuss the stock market and review stock data. Long a specialist in the investment field, Shoemaker finds that these meetings give him additional background on which to base his recommendations to the Trust Investment Committee of NBW.

He is typical of the well-informed, experienced specialists who handle trust matters at National Bank of Washington.



## *President's Page*

---

We hear on every side that the public image of the medical profession is bad and getting worse. It is said that the patient's welfare is not always paramount, that physicians "stick together" and are loathe to discipline each other, that they don't allow time for the patient to tell his story and that patients are regarded as cases rather than individual persons.

What are we doing to improve our image? Individually, in our association with patients we can have great effect. As a group, the Pierce County Medical Society sponsors the TV program, "Ask Your Doctor". This program has a large audience comparable to network TV at the same hour. The station is anxious to have it continued. What is this program accomplishing? Does it reflect on the medical society and physician? Should it be continued? The public is hungry for medical knowledge and it is well that we offer authoritative, conservative information to counteract that which may be received elsewhere.

Recently, some other county medical societies have been running ads in local newspapers concerning such subjects as grievance committees, emergency call systems, tissue committee operations and other safeguards by hospital staffs for the protection of patients. The A.M.A. has recommended the placing of ads in local newspapers for all medical societies and offers to furnish material for such purpose.

These and other measures to improve the image of our profession locally are being investigated by the public relations committee under Dr. Gross. They will report to the executive committee at the March meeting. Any members having opinions on how our public relations program should operate are invited to contact either the public relations or executive committee of the Society.

—G. M. WHITACRE, M.D.

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## *Editorially Speaking*

---

It was discouraging . . . to hear it announced at our last County Society meeting that only 30 per cent of the doctors in Pierce County had joined AMPAC. This committee has one major current goal: to block the present trend toward socializing of medicine. Can it be that 70 per cent of us are in favor of socialized medicine? Is it more charitable—or just more discouraging—to say that 70 per cent of us think socialism is inevitable so why fight it? I can't believe that 70 per cent of us are willing to give up that easy. Expert observers in Washington, D.C., tell us that if supporters of the King-Anderson Bill can get it out of committee this session, it will have its best chance for passage—better than a few years ago and probably better than a few years hence, for further developments of private plans for care of the aged will make everyone aware of how unnecessary this bill is, and the present back-eddy of conservatism may mature into a tide that will make passage of such a bill in future sessions unlikely. Ribicoff has made it clear that he considers passage of this bill simply a step toward a complete nationalized medical coverage.

But the King-Anderson Bill can be blocked now *only if we are willing to make the effort to block it.*

If you're opposed to socialized medicine and socialism, JOIN AMPAC.

Write to your Congressman expressing your opposition to the King-Anderson Bill—even if you're sure he's already made up his mind. The COPE is using this weapon—letter-writing—effectively, and we must counter-attack with the same weapon. (Our Auxiliary is already doing a fine job with this.)

SOCIETY MEMBERS, AND AUXILIARY MEMBERS, cut out the addresses on page 30. Paste 'em, clip 'em or stick 'em on your desk, on your bulletin board, or by your kitchen counter, and then get off a letter a week, or oftener and with your help, and your support of AMPAC, we will defeat the King-Anderson Bill.

—S. W. T.

## Nature's Own . . .

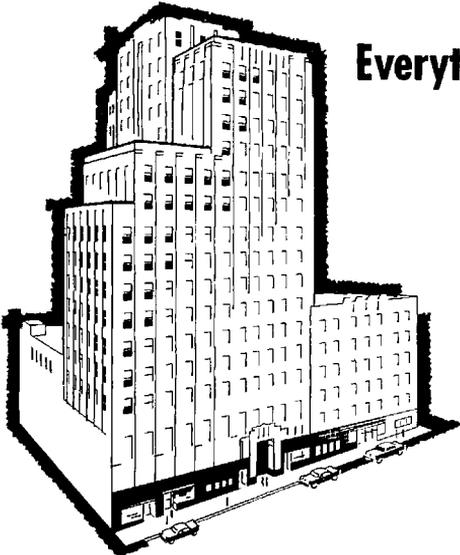


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**SUNDAY, 6 p. m.**

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## **PROGRAMS**

**March 4 - DIETS AND DRUGS**

Dr. David F. Dye  
Dr. Robert Bias  
Dr. George Batey

**March 11 - No Program**

**March 18 - POISON CONTROL**

Dr. Bernard A. Bader, Chairman

**March 25 - HIP FRACTURES**

Dr. Donald Allison, Chairman  
Dr. Thomas Smeall  
Dr. William Rohner

**April 1 - SKIN DIVING**

Dr. Kenneth Graham, Chairman  
Mr. Richard Erskine, Nationally Certified  
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Lt. Herman Kunz, Naval Diving Officer



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A group of 28 patients, who had been unable to achieve significant weight loss on diet alone, lost an average of 1.14 pounds per week on 'Dexamyl' throughout an eight-week study. No side effects due to 'Dexamyl' were reported by the investigators.

—Gelvin, E.P.; Kenigsberg, S., and Boyd, L.J.: J.A.M.A. 170:1507 (July 25) 1959.

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**FORMULA:** Each 'Spansule' capsule No. 1 contains Dexedrine® (brand of dextro amphetamine sulfate), 10 mg.; amobarbital [Warning, may be habit forming], 1 gr. Each 'Spansule' capsule No. 2 contains 'Dexedrine' (brand of dextro amphetamine sulfate), 15 mg.; amobarbital [Warning, may be habit forming], 1½ gr. The active ingredients of the 'Spansule' capsule are distributed among hundreds of minute pellets with varying disintegration times. A therapeutic dose is released promptly and the remaining medication, released gradually and without interruption sustains the effect for 10 to 12 hours.

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**SIDE EFFECTS:** Insomnia, excitability and increased motor activity are infrequent and ordinarily mild.

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**SUPPLIED:** Bottles of 30 capsules.

Prescribing information adopted January, 1961.

## Voters May Put Local Government on Surgery Schedule

Depending on voters' approval at the polls on March 13, two Tacoma surgeons may get a chance to show how they can operate in two different facets of local government. The race for Metropolitan Park Board Commission was not on the ballot at the primary, but in the finals, E. E. "Bud" Banfield will join a field of eight candidates, one of them an incumbent, for the two positions to be open on the Park Board. Bud was edged out by a narrow margin for the same post in 1958. His platform is based on his desire to help shoulder the responsibility of providing a well-rounded recreation program for both the adults and young people of the community. The Park program should be a real asset to the healthy mental and physical development of youth of all ages, and help reduce juvenile delinquency. In fostering such a program, Bud is very much aware of the economic problems involved in making each tax dollar stretch efficiently to provide the best possible facilities.

Arnie Herrmann will move into the finals as an apparent favorite in the race for position No. 3 on the City Council based on his wide margin over his opponent, Jimmie Porter, in the primaries. However, he and the other candidates supported by the United Citizens Committee have been campaigning with renewed vigor as the final election nears. Arnie has modestly credited that committee for much of his success in polling a large total in the primaries, rather than basing it on his personal appeal to the voter. He also gives much credit to the help he has had from his medical colleagues and from members of the women's auxiliary. Expressing to the Bulletin his sincere gratitude for the support he has had from the doctors, Arnie has stressed that the need for continued interest and support is even greater as the campaign nears its climax.

## Racket Wielders Out To "Get Whitacre" with Handicaps

The first all-county physicians' handicap table tennis tournament takes place in the basement of Jackson Hall on Tuesday, March 6, with "Beat Marsh Whitacre" as its theme. Whitacre was acclaimed champion at a similar tournament in December but no handicaps had been established at that time. The current tournament will include handicaps ranging from the low of 5 (that's Whitacre's) to a high of 25 (another internist and a radiologist), so every contestant can consider himself in the running for one of the individual trophies that will be taken home by the winners. Handicaps were listed in the January issue of the Bulletin.

The tourney will get underway at 5:30 p.m., with a nominal entry fee for each contestant and with singles and doubles tournaments running concurrently. Doctors who missed the December tournament, and hence lack a handicap, can take part in this tournament, but will play their games on a no-handicap basis. If possible, bring your own paddle, for there was a slight shortage of good paddles last time.

Permanent plaques are being prepared for presentation to the winning teams, the pediatricians being temporary team champions, and Doherty's Mavericks, the unattached group, being the dark horses—pigmented, that is—of the tournament.

This will again be on the same night as the Tacoma General staff meeting and time will be allowed for attending dinner and the meeting. Five tables will again be in action.

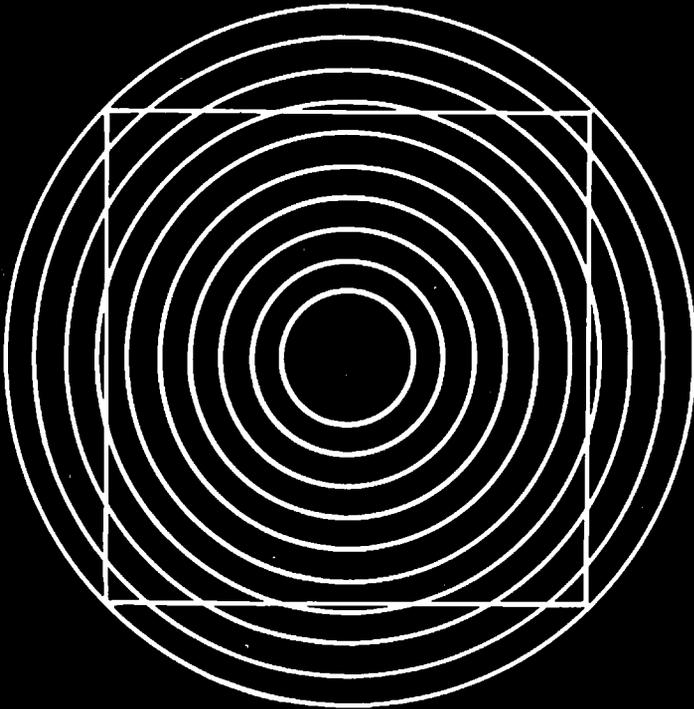
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# straight or concave?



If the confusing array of concentric circles were removed, it would be easy to see that the sides of the square are perfectly straight.

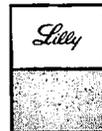
Likewise, when claims of "price" and "blood level" advantages are viewed in proper perspective, it becomes clear that it's what a drug *does* that counts.

V-Cillin K<sup>®</sup> achieves two to five times the serum levels of antibacterial activity (ABA) produced by oral penicillin G.<sup>1</sup> Moreover, it is highly stable in gastric acid and, therefore, more completely absorbed *even in the presence of food*. Your patient gets more dependable therapy for his money . . . and it's therapy he really needs.

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prescribe V-Cillin K in scored tablets of 125 and 250 mg. or V-Cillin K, Pediatric, in 40 and 80-cc.-size packages. Each 5-cc. teaspoonful contains 125 mg. crystalline potassium penicillin V.

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1. Griffith, R. S.: *Antibiotic Med. & Clin. Therapy*, 7:129, 1960.



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# WOMAN'S AUXILIARY . . .

## To The Pierce County Medical Society

### AUXILIARY OFFICERS—1961-62

President	Mrs. Kenneth E. Gross
President-Elect	Mrs. Herman S. Judd
1st Vice-President	Mrs. Philip Grenley
2nd Vice-President	Mrs. Robert R. Burt
3rd Vice-President	Mrs. William Burrows
4th Vice-President	Mrs. Dale Doherty
Recording Secretary	Mrs. Dudley W. Houtz
Corresponding Secretary	Mrs. Arthur P. Wickstrom
Treasurer	Mrs. Haskel L. Maier
Assistant Treasurer	Mrs. Glenn H. Brokaw

### COMMITTEE CHAIRMEN

American Medical Education Foundation	Mrs. Elmer W. Wahlberg
National Bulletin	Mrs. Jack Mandeville
Civil Defense	Mrs. Robert R. Burt
Historian	Mrs. Charles J. Galbraith
Legislative	Mrs. Samuel E. Adams
Membership	Mrs. Galen H. Hoover and Mrs. M. E. Lawrence
Nurse Recruitment	Mrs. G. W. Bischoff
Paramedical	Mrs. Myron A. Bass
Program	Mrs. M. J. Wicks
Publicity	Mrs. Robert C. Johnson
Bulletin	Mrs. Robert A. Kallsen
Revisions	Mrs. Richard F. Barronian
Safety	Mrs. Robert W. Osborne
Social	Mrs. Robert W. Florence and Mrs. Charles P. Larson
Speakers Bureau	Mrs. Philip Grenley
Telephone	Mrs. Richard B. Link
Today's Health	Mrs. Bernard R. Rowen
Minute Women	Mrs. George A. Hae and Mrs. Thomas R. West
Community Service	Mrs. Orvis A. Harelson
Heart	Mrs. Edward R. Anderson
Cancer	Mrs. J. Robert Brooke
Finance	Mrs. J. Robert Brooke
Community Council	Mrs. John F. Steele
Dance	Mrs. John S. May and Mrs. David F. Dye
Fashion Show	Maybelle Miller and Mrs. Russell O. Colley
Cook Book	Mrs. Thomas B. Murphy and Mrs. Robert A. O'Connell

Auxiliary meeting in March will be a coffee party at Delores Havlina's home on March 16th. The Havlins have been traveling in the Orient since mid-January, spending the greater part of this time traveling in India, where Delores planned to search for ivory and jade art objects. The program for March meeting will be a speaker on Century 21.

February luncheon at Louise Bowen's home proved again that Auxiliary includes the best cooks in town. The lunch was exceptionally good, thanks to chairman Kay Willard and her talented committee; Ruth Sames, Marcy Peterson, Sherry Johnson, Ellen Pinto, Gwen Hosie, Jeanne Judd and Bart Huff. The program everyone looked forward to was cancelled, however, as Doctor Herrmann was unable to be there, and a speaker from the state office of AMPAC substituted.

Civil Defense Chairman Lorna Burt announced that there will be a training course for "Health Services in Emergency" held at the University of Washington March 22 through 24 for all medical and allied health services. The course is sponsored by the Civil Disaster Committee of the State Medical Association with the assistance of the Women's Auxiliary.

Within the next few weeks brochures containing the agenda will be mailed to all physicians and to many members of the other health fields. This course will be of interest to the wives as well as the Doctors. Included in the program will be information on the new Medical Self-Help Plan, and a demonstration of a 200-bed emergency hospital with mock casualties.

There is no registration fee for the course, but those planning to attend are asked to mail in the registration form printed in this issue in order to assist the committee on arrangements.

Lorna tells us that reservations are being held open at the Meany Hotel for those wishing to stay over there for the meetings, but that the space allotted is limited, and reservations should be made two weeks in advance.

### Fun and Games

How about a cocktail party where anything you can think of is being served, with a buffet twenty feet long, where all the best-looking men are in one room, on an otherwise quiet Sunday evening. Such a perfect combination of ingredients made the Whitacre-Harris-O'Connell party last month one of the better events of this space age. The setting was McChord Air Force Base, just this side of orbit. The atmosphere there is rarified and galvanic.

Auxiliary ladies, elegantly gowned, made a moon-shot disinteresting by comparison. Hostesses Hazel Whitacre, Margaret Harris and Janet O'Connell were extra-terrestrial

(Continued on page 19)

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(Continued from page 16)

in white silk chiffons and rhinestones. Janet greeted guests with a beautiful white cashmere and fox sweater over her shoulders, a little something Santa brought. Nancy Buttorff wore a dazzling new red satin opera coat and sheath combination. Chummy Piper rode to the hounds all day at Woodbrook's hunt, but appeared leisured and lovely in gold and white brocade for the party. Marge Wicks was gorgeous as usual, this time in a black lace sheath. Jeanne Vadheim wore her gold and turquoise silk sheath from the Orient, which she really should wear inside-out sometime as the underside is solid gold, not gold-color, real non-negotiable gold.

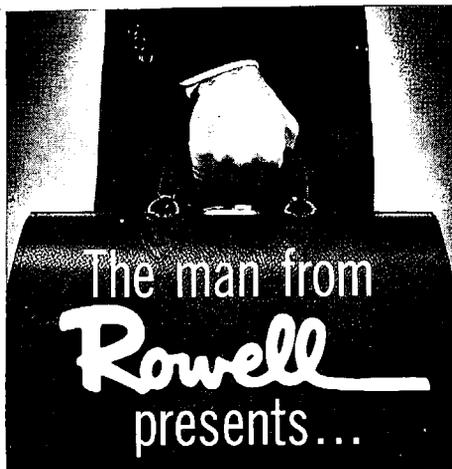
After the party most everyone stayed for supper at the Officer's Mess. Wonderful music from a 12-piece dance band reassured us lately-civilians that our boys are still getting the best of everything. Sheila Dimant and Florence Rigos were tops at the twist.

### A Serious Citizen

Florence Rigos does many things well, and it's always interesting to see this beautiful capable Auxiliary member come up with some new venture. Now we find Florence an enthusiastic student of political science. It all started, she says, when she picked the King-Anderson bill as her project for the year at a study group she belongs to. "You starting reading about all this," she says, "and you don't just wonder why anymore, you want to know how they can do it!"

Florence attended the Christian Anti-Communist Crusade school in Seattle last month, the whole week with the exception of election day. She saw the Zimmerman's and the Kalkus' there. Ruth Sames and Margaret Harris were there too, as were probably many others. Florence says the meetings were packed, but it was not a rally, there was no witch-hunting, it was all purely instructive. The classes covered all areas of communism from the basic the-

(Continued on page 21)



## VIO-DEX VIO-DEX TIMELETS VIO-DEXOSE

A family of obesity-control aids combining appetite control and nutritional supplementation. Four dosage forms from which to choose; each containing dextroamphetamine with a barbiturate to prevent excessive central stimulation, and vitamins to supplement the restricted diet:

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**Vio-Dex Timelets** offer sustained release of dextroamphetamine. One Timelet in the morning lasts all day. Available in 10 mg. and 15 mg. dosage forms.

**Vio-Dexose** chewable tablets, with dextrose and dextroamphetamine, provide a dual attack on hunger and allow dosage flexibility.

**Contraindications:** Prepsychotic anxiety and agitation, and hypersensitivity to sympathomimetic agents. Use with caution in patients with cardiovascular disease.

**Side Effects:** Seldom encountered, include nervousness and insomnia. (Rx only)

Formulation:	Vio-Dex Red & Yellow Capsules†	Vio-Dex Timelets††	Vio-Dexose Citrus Flavored Tablets††
Dextro- Amphetamine Phosphate	5.0 mg. 16 mg.	10 mg.*, 15 mg.**	2.5 mg.
Phenobarbital	16 mg.	32 mg.	8.0 mg.
Mephobarbital	.....	.....	2.5 mg.
Dextrose (9.4 cal.)	.....	.....	2.5 mg.
Vitamin A	5000 I.U.	5000 I.U.	1000 I.U.
Vitamin D	1200 I.U.	1200 I.U.	100 I.U.
Vitamin B-1	3 mg.	3 mg.	0.5 mg.
Vitamin B-2	3 mg.	3 mg.	0.5 mg.
Vitamin B-6	1 mg.	1 mg.	0.15 mg.
Vitamin C	100 mg.	100 mg.	15 mg.
Vitamin E	1 I.U.	1 I.U.	1 I.U.
Niacinamide	20 mg.	20 mg.	3 mg.
Calcium Pantothenate	2 mg.	2 mg.	0.3 mg.

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†1 before each meal    ††1 or 2 before or between meals

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(Continued from page 19)

ories of Marx to the many offshoots of communism in practice today. Most interesting was the study of our own republic, with its easement toward socialism, and the distortion of the democratic idea.

Florence said the emphasis at the school was on strengthening religious thinking as an antidote to the communist appeal, and it was demonstrated how Christianity, being incompatible to communism, could be our best weapon.

### Out To Lunch

Evelyn Osborne's was the place for luncheon last month. Ev gives a wonderful party and this time she gave five in a row, entertaining altogether about a hundred and fifty friends. The lunch was excellent, preceded by a refreshing light punch bowl.

Emma Bonica stopped by at the party on her way to Seattle where she and John maintain an apartment several nights a week. The remainder of the week she's just Mom here at home in Tacoma. Emma is looking for just the right house in Seattle. It will have to have an eleven-foot ceiling in the dining room to accommodate that fabulous gold Venetian glass chandelier.

We met Edna Chambers at Evelyn's luncheon for the first time, a pretty, sparkly-eyed young woman. Noticing her attractive black smock, we gave with our most patronizing, "Is this your first?"

Meanwhile back at the punch bowl there was a good deal of splashing.

### Newsosis

Auxiliary members were bowled over to see Peg Race on the sports page several times last month. Out of seventeen hundred competing at last month's Tacoma Women's Bowling Association tournament, our girl came up with the first in singles, and the all-events cup. Tournament for the State championship will be held here this month.

The Durkins and the Haleys drove to Los Angeles for a convention last month, then stopped at San Diego, San Simeon, Santa Barbara and Carmel. All of this just between the snows and the rains, so that their trip was weather-perfect.

Andy and Joan Anderson, and the William Hausers are in Hawaii for two weeks. The John Shaws were there the last week of February. The Russell Colleys are in Palm Springs. Ken and Keaty Gross took two weeks for skiing at Alta and Sun Valley.

Ruth and Tom Murphy are leaving March 16th on a follow-the-sun trip around the world. From New York they will fly to Lisbon, then Madrid, Rome, Istanbul, Athens, Tel Aviv, Jerusalem, Cairo, Beirut, Teheran, Karachi, Delhi, Calcutta, Rangoon, Bangkok, Saigon, Hong Kong, Kyoto, Tokyo, Honolulu, and then on home about May 15th.

Anyone for a trip to Sib's?

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c/o Washington State Medical Association  
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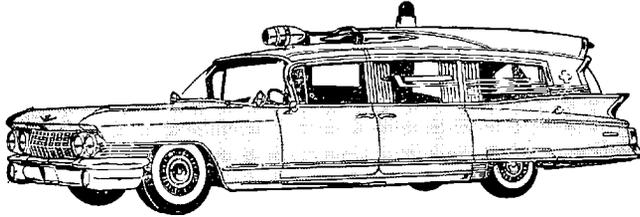
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# HOSPITALS

## Tacoma General

Mrs. Lucille McDonald attended the National Convention of the Operating Room Nurses' Association in Denver. This was held from February 19-22.

A farewell gathering for Miss Ruth Kynoch, Director of the School of Nursing, was held on February 20 in the lounge of Jackson Hall. Members of the Board of Trustees, department heads and friends were present to give her recognition for her service to the hospital and school. She will join the World Health Organization and will be stationed in West Cameroons, Africa, for two years.

A party was held for Miss Gail Jurgensen of the Stenographic Pool on February 14. She will be married on February 24 to Mr. Stanley Schoolcraft. After their honeymoon trip, she will return to the hospital to continue her duties here.

Mrs. Genevieve Reiners who has been employed at the switchboard, left on February 11 to await the birth of her first child. She came to the hospital last summer. Her husband is a member of the Air Force and is stationed at McChord Field.

Mrs. Georgette Lanksbury who has been in the Credit Department for the past year left on February 9 to join the office staff of Doctors Govnor Teats and G. H. Brokaw.

The Tacoma Fire Department has been cooperating with the hospital in evacuation procedures and fire-fighting methods. Over 300 persons have attended these classes given by Inspectors Church and Call of the Tacoma Fire Department. A full scale fire drill with the assistance of the Fire Department was held on February 8.

Early in March construction is to begin on the wing in front of the present hospital. This will necessitate making the temporary entrance to the hospital on the Fourth Street side. The existing Fire Exit will become the main entrance. Panelling will be put up through the dining room,

making a corridor into the hospital. Approximately 32 eating places will be lost when this change takes effect. The Medical Records Department will be moved out of its present location and transferred to the former Diet Kitchen area in the basement of Jackson Hall. The space now occupied by Medical Records will be utilized by admitting and information offices, plus storage areas for wheel chairs and wheel stretchers.

A drill will be performed during the latter part of February to test the disaster preparedness of the hospital. A committee composed of hospital personnel and Doctor Arthur Wickstrom have been working on this program since November. It is planned to use student nurses as casualties, with moulages borrowed from Fort Lewis to add realism to the injuries.

Graduates of the School of Medical Technology make news:

Barbara Erickson (1959) has been accepted as part of the Laboratory Team on the S.S. Hope. This hospital ship will be leaving for a stay in South America at the end of March. Barbara has been employed at the University of Washington Cardiology Laboratory.

Cipriano Rodas (1960) spent the weekend visiting the laboratory and friends. He is currently employed in the Bacteriology Department at the University of Kansas.

Jo Hillstrand (1960), after a year in Anchorage, is on her way to San Francisco and hospital work.

Anne Barlow will vacation in Anchorage where she plans to enjoy the grand skiing weather. She will also visit Fairbanks and Juneau.

Lucille Larson attended a meeting of the ASMT-ASCP Medical Technology Committee in Houston, Texas, on February 10-11. On her return she will stop over in Kansas City where she will visit the University Medical Center and their 1,000 bed hospital.

(Continued on page 25)

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## St. Joseph's

A surprise dinner party was given in honor of Mrs. Ella Magnusson's 20th anniversary of service to St. Joseph's Hospital, at the Towers Restaurant. "Maggie" is well known to all as the 3rd Floor south head nurse. Mesdames Jacobsen, Reidinger, Rea, Gutoski and Williams and Miss Clavin were extra guests for this gay affair. Everyone had a most enjoyable time.

Mrs. Margaret Peterson (dietician) and Mr. Geraldine Casey, L.P.N., have recently recuperated from illnesses. It is good to have them back with us once again.

Two of our R.N.'s underwent ear operations recently. Mrs. Helen Wentlandt and Mrs. Harriet Bucsko are now back at work and hearing well.

We are enjoying Dr. Santos as the new intern on Medical floor.

Sr. Mary Paul left a few days ago on a business trip to Denver, Colorado.

We express our sincere sympathy to Mrs. Myrtle Halverson on the recent death of her step-father Mr. Jack Conway.

Mrs. June Escke, R.N., was presented with a delicious cake by Mrs. Halverson. Mrs. Escke has been with a year. We hope she will remain for many years to follow.

It appears that Mrs. Rounell, R.N., doesn't get enough exercise on the job. She spends her off-duty hours skiing and bicycle riding.

Rumors have been spreading that Mrs. Pearse, R.N., will be leaving our floor and going to another floor. We hate to see her go.

The professional student nurses had a wonderful Valentine Party for the little ones in Pediatrics. Students, patients and all enjoyed the sweet goodies.

This has been a very active month with field trips to Buckley, Remann Hall and weekly attendance at Crippled Children's School.

February 8, the staff attended a pot-luck dinner and baby shower at Mrs. Riedinger's home, for Mrs. Stettin. The day is nearing for the new arrival.

The February intra-departmental meeting was well attended by the staff. We discussed nursing care practices.

A special thank you to Sr. Helene for the educational programs she has offered. All who attended felt them well worth while.

Mrs. Williams is the proud owner of a new Chev.

Congratulations to Mr. and Mrs. Frank D'Andrea on the arrival of their new baby daughter, Marion Louise, born on February 2nd.

We welcome back Nora Nitz, who has recovered from her recent injuries and to Melva Dilger who has come to lend us a helping hand.

The Annex staff is again losing two valuable members of its team. Mrs. Ruff is leaving in March to study as a surgical scrub nurse. Mrs. Johnson, our Occupational Therapist will be moving back to Illinois. We are sorry to see them go; patients and staff alike will miss them. At the same time we welcome Miss Nordstrom to our day crew and Mrs. Suzanne Boepple as our new Occupational Therapist.

We received a post card from Miss Lantz and Miss Ewings. They are finally on their way to New York. We hear it was difficult for them to drive by Sun Valley without stopping for a second round of skiing.

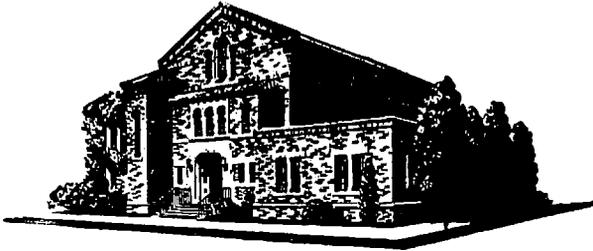
Dietary reports that a baby shower was given in honor of Doris Owens, at the home of Mrs. Ruth Decker. Doris received many lovely gifts. The event was a complete surprise, and was enjoyed by all who attended.

Miss Madarang attended a concert in Seattle at the Orpheum Theater recently.

Mrs. Peterson is back to work after a two week illness. The Peterson family was notified by Navy personnel of a "Citation" their son, Brandt, received recently on his tour of duty in Okinawa with the United States Marine Corps. Letters of appreciation of his service were written by his Commanding Officers, in regard to his work as a radio operator of KR6MB. (Small town "kid" finally makes good.)

(Continued on page 27)

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PHYSICIANS' AND HOSPITAL SUPPLIES

Mrs. Rose Bailey Remeto has recently returned to work in the kitchen, after a couple weeks of rest at home due to high blood pressure.

This has been a month of meetings in the Medical Record department. The first of these was the monthly meeting of the Tacoma Medical Record Librarians which was held at Doctor's Hospital. These monthly meetings afford the opportunity for all the Librarians in the Tacoma area to get together and discuss any problems in their respective departments and to discuss new ideas in the Medical Record field. One of the biggest problems facing the Medical Record Departments is the release of charts to doctors and other agencies for definite length of time. Too often these charts become misplaced and are never returned. A crack-down on policies of this type was recommended and unanimous agreement expressed.

Also this month, the employees of our own Medical Record Department met to discuss the problems in our own Department. We intend to hold these meetings every two weeks from now on for the purpose of ironing out any rough spots and problems that may come up.

Our Department played host, this month, to the four student Medical Record Librarians from Providence Hospital in Seattle. Sister Peter Oliviant, the school's director, accompanied the students to Tacoma where they were given a tour of our hospital and Tacoma General. All the students were impressed with the homey atmosphere of the wards here at St. Joseph, especially our Pediatric department. Our students will have a chance to view the inner working of Providence Hospital this spring when they will visit the various hospitals in Seattle.

Now, it is time for spring cleaning and the Seniors are busily hunting apartments, getting to the down-to-earth business of actually moving out, making way for the incoming class of September. Seniors are also busy preparing for the forthcoming

graduation. June 3rd is the date set for the big occasion.

Miss Kerstin Larsson hand knit a beautiful cardigan which the class will raffle off. Be sure to try your luck. Everyone wants to be the lucky one.

Misses Giles, Trunnel, Ryser, Kerst, Hole, Peat, Muldowney, Riveness, Antush and Horne attended the SWAN's workshop at the University of Washington on February 17th. The theme was "Communication" and this presentation was enthusiastically received. The ten representatives learned a valuable lesson about the theme and they are anticipating with pleasure the Spring Convention in May.

The Annual Senior-Junior Prom will be held at the Top of the Ocean May 11, 1962. All are looking forward to it. The Junior Class held a swimming function in the month of February.

On February 8, 1962 the Freshmen received their caps in the lounge of the Nurses' Residence. Miss Donna Dugger, student body president, assisted Sister Martha Joseph with this ceremony. We congratulate these students and wish them lots of luck. Miss Sandra Pelton was the recipient of a scholarship from the 40 & 8 Veteran's Group.

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 Let's All Get Out and  
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## AMA To Meet in Chicago's New McCormick Place

Physicians attending the 111th Annual Meeting of the American Medical Association June 24-28 in Chicago will view over 700 exhibits and hear scientific papers in the air-conditioned comfort of America's newest and most modern exposition center—McCormick Place.

Doctors who attended the last Annual Meeting held in Chicago—in 1956—have unpleasant memories of extremely hot, humid weather and poor facilities on the old Navy Pier. Those planning to attend the 1962 meeting are looking forward to their first visit to the new \$34,000,000 convention "city" on the lakefront which boasts unobstructed exhibit areas, theaters, attractive restaurants and lounges, shops, and esplanades.

McCormick Place, located on Lake Michigan at 23rd Street, a short distance south of the Loop, is a huge, horizontal structure three blocks long, a block wide and equal to a ten-story building in height. It is fully equipped to handle 30,000 people an hour as they visit exhibits.

Gross exhibit space is 310,000 square feet in the principal section, roughly the area of six football fields. Exhibitors are welcoming the convenient arrangement whereby a train of railroad cars can run inside the building on a special spur for unloading equipment.

There is ample parking for everyone attending the meeting—exhibitors and others

in addition to physicians—in huge lots adjoining the building. McCormick Place is a ten-minute taxi or bus ride from the hotel area in the Loop.

Hotel rooms will be available for everyone. There are 45,700 hotel rooms for guests in the central Chicago area, plus more than 100 hotels in and around the city.

The 1962 meeting will be the first in recent history in which it will be possible to house the entire meeting—scientific sessions, scientific and industrial exhibits, section meetings—under one roof.

## This Is A Space Filler

Unexpected Facts Learned By Thumbing Through The Dictionary But What Difference Does It Make Anyway Department: There are no such words as "sanguinous" and "sero-sanguinous. The word is "sanguineous", with the accent on the second syllable, and with a total of four syllables, "san-gwin-ee-us". And, of course "sero-sanguineous" with six syllables.

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## Does Senator Kefauver Suffer From An Old Frontier Ailment

*In Daniel Boone's day, a frontiersman who got his coonskin cap soaking wet often suffered a malady known as shrinking of the brain.*

One of the most important lessons taught to soldiers is that at all times during strife, they must protect their flanks at any cost. If they don't the enemy will encircle them and take them from the side or the rear.

It now appears that this is exactly what Senator Kefauver is trying to do to the medical profession — encircle its flanks — by sponsoring the Kefauver-Celler Bill. This legislation is designed to place virtually all the drug industry under government direction. If this occurs, it will be a giant step in the ultimate plan to bring all medical men "into line" under government domination.

The Bill (S-1552, H.R. 6245) calls for many so-called safeguards for the people. The public, states Mr. Abraham Ribicoff, Secretary of Health, Education and Welfare, are "treated worse than hogs by the drug industry." If the bill is passed, Mr. Ribicoff's agency will control the drug industry.

The fact that the United States has the highest health standards and the most advanced medicines and treatments is conveniently overlooked by Mr. Ribicoff. Maybe he should have stayed in Connecticut and harassed its automobile owners, something he admittedly did well.

One of the most important provisions of this Bill is the reduction from 17 years to 3 years of the patent protection now allowed to the drug industry. "This reduction in patent life will stimulate competition and give the small manufacturer a better chance," quotes Senator Kefauver blandly. This tidy bit of reasoning might lead one to believe that the senator's coonskin cap shrank the last time he stayed out in the rain and it's pinching his brain. Or maybe

he's got it on backwards and can't see through the tail.

"You are known by the company you keep," so the saying goes. A prime example of exotic witnesses dredged up by Senator Kefauver in support of his bill is a professor who states that he is disappointed in the "conservative nature" of the patent provision of the bill. He would like to see patents completely done away with for the drug industry. This would, he says, be consistent with the majority of nations cited in the Kefauver committee reports.

The irrelevant fact that the United States, under the present system, has produced far more and far better drugs than any other



nation in the world evidently escapes the learned prof. His philosophy would appear to be that rather than helping others to attain our health status, we should reduce ours to their level. This is the same type of reasoning used by Lord Cardigan when he ordered the famous charge of the "Light Brigade." His Lordship disregarding orders and advice from others in a better position to know the real facts, ordered his men into the "valley of death." The fact that he led them himself did nothing to prevent their death.

Senator Kefauver would also like to see generic names rather than brand names

used in all prescriptions. This would sound the death knell of brand name drugs, as we know them. The senator has overlooked, deliberately or otherwise, the fact that brand names are an unusually successful device for supplying better-than-average products to the consumer. Furthermore, a person can rely on a brand name product because he knows that the company stands behind it on all points.

Remove or reduce the brand name and it opens profitable avenues for all sorts of fringe manufacturers to supply their cut-rate and cut-quality products to druggists for resale to the public. As a matter of fact, the American brand name idea has proved so successful that the Chinese Communists have borrowed it and are selling many brand name products such as "Far Reaching" wine and "Heaven Temple" canned fruit. I would hesitate to say that the Communists are smarter than Senator Kefauver but at least they know a good idea when they see one.

Writing prescriptions by their generic name, instead of by brand name, would probably save money for the patient in some instances. But extensive tests have proven that the same combination of drugs, compounded by different companies does not produce the same effect. I don't know about Senator Kefauver, but I certainly want to know that when I go to the drug-store for a refill on a prescription, I will get the *exact* medicine my doctor prescribed. (At best, this would be questionable if written by generic name. Why take chances when there is no need?)

To succeed in having his bill passed, Senator Kefauver does not need much cooperation or even popular backing. All he needs is no opposition and the apathy of the medical profession. The man on the street knows little or nothing about the bill or its consequences to American health standards. Doctors must speak out. It is urgent that you state your views of opposition to the Kefauver-Celler Bill. Write your Representative and Congressman. Sure, you're busy and it's difficult to find

time but if you don't take time now to stand up for your rights (and the rights of others) you'll find out one day soon that time has run out.

At stake in this battle is the future of the entire medical profession. Doctor, you can't afford to lose. Stand up and fight for your right to practice medicine free from interference. Do it now!

—*Medical Society Magazine*  
Group Editorial Service

## Longshoremens Outpatient Coverage Clarified

Local longshoremens are eligible for outpatient care by their physicians under their Health and Welfare plan. This provision, eliminating the need for hospitalization to authorize coverage, has been in effect for the past few years but has actually been used by only a few doctors. Therefore, officials of the ILWU Local 23 urge doctors to take advantage of this coverage for such items as laboratory tests, x-rays, care of minor injuries, minor surgery, etc., whenever possible. This will insure adequate payment for these services when rendered to an out-patient and also may help reduce unnecessary hospitalization costs in certain instances if both patient and doctor are aware of this provision.

## Know Your Congressmen

Here are the people to write to. Clip this out and start writing letters. See Editorial on page 10.

**Congressman Thor C. Tollefson**  
House Office Building  
Washington, D. C.  
**Senator Warren G. Magnuson**  
Senate Office Building  
Washington, D. C.  
**Senator Henry M. Jackson**  
Senate Office Building  
Washington, D. C.

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**TUESDAY, MARCH 13**

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**TUESDAY, MARCH 13**  
**IS ELECTION DAY**  
**VOTE!!!**

## AMA Meeting Theme "Atomic Age Medicine"

"Medicine in the Atomic Age" will be the theme of the scientific program for the 111th Annual meeting of the American Medical Association June 24-28 in Chicago.

Eminent physicians and research scientists from throughout the nation will bring to the medical men in attendance the latest word on developments and findings in research and in therapy in many of the major disease areas confronting the physician in practice.

The eight half-day general scientific meetings are indicative of the broad scope of the scientific program of the annual meeting. General scientific meetings will be presented on Inhalation Therapy; Clinical Cardiology and Anticoagulant Therapy; Diagnostic Problems and Exfoliative Cytologic Methods; Tissue Transplantation; Inflammatory and Ulcerative Diseases of the Small Intestine; Teenagers' Problems; Mental Health, and Nuclear Medicine.

In addition, the Multiple Disciplinary Research Forum, which proved so successful at the New York meeting for the first time last June, will be repeated at the Chicago meeting.

All of the scientific and industrial exhibits and all of the general meetings and meetings of the 21 sections will be held under one roof for the first time. Site of the meeting will be Chicago's giant new auditorium and convention hall, McCormick Place, newly opened on the shore of Lake Michigan a short distance south of the Loop.

## Last Call For . . . World's Fair Tickets

The Pierce County Medical Society order will be sent in to Century 21 on March 9th. So, if you intend to buy your tickets through the Society . . . hurry . . . hurry! No order will be accepted after Thursday, March 8th.

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## MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA**  
Second Monday of March, June, Sept., Dec.—7:30 p.m.  
Auditorium of Medical Arts Bldg.
- STAFF OF GOOD SAMARITAN**  
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF NORTHERN PACIFIC**  
Second Monday of each month—noon.
- STAFF OF ST. JOSEPH'S**  
Third Monday of March, June, Sept., Dec.—6:15 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL**  
Last Monday of February, June September and November
- TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS**  
First Tuesday of each month—8:30 p.m.  
Board Room of Pierce County Medical Society
- PIERCE COUNTY MEDICAL SOCIETY**  
Second Tuesday of the month except June, July & August  
—8:15 p.m.
- STAFF OF TACOMA GENERAL**  
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB**  
Third Tuesday of each month—6:30 p.m. at Tacoma Club
- TACOMA ACADEMY OF INTERNAL MEDICINE**  
Fourth Tuesday of each month—6 p.m. at Tacoma Club
- TACOMA ACADEMY OF GENERAL PRACTICE**  
Fourth Monday of each month except June, July & August  
—6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY**  
First Thursday of each month except June, July and August  
—6:00 p.m.
- STAFF OF MEDICAL ARTS HOSPITAL**  
Third Friday of March, June, Sept., Dec.—7:15 a.m.  
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL**  
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY



# BULLETIN

VOL. XXXIII—No. 4

TACOMA, WASH.

APRIL - 1962



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING  
APRIL 10**

# Pierce County Medical Society

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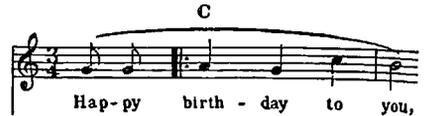
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# Happy Birthday

## A P R I L

- 1 LAWRENCE E. SKINNER
- 2 EDWIN J. FAIRBOURN  
WILLIAM W. MATTSO, JR.
- 4 BERNARD D. HARRINGTON
- 5 CLINTON A. PIPER
- 7 EVERETT P. NELSON
- 10 JAMES M. BLANKENSHIP
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Z. JOSEPH VOZENILEK
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- 27 JOHN W. GULLIKSON
- 28 JAMES T. BOUDWIN  
LOUIS P. HOYER, JR.  
RICHARD B. LINK
- 29 A. W. HOWE
- 30 DONALD F. MCKAY

OUR COVER . . . Space Needle seen behind the General Insurance building which will be an Information Center during the Seattle World's Fair. Cherry blossoms are in bloom in the foreground.



JOHN M. GILBERTSON  
*Vice President and Trust Officer*  
Puget Sound National Bank

## here is a specialist you will want to meet

Like other professions, banking has specialists too. One of these is the Trust Officer, a man with the experience, integrity, and judgment, that enables him to provide a qualified service in planning and administering estates. Together with your lawyer, insurance advisor, and accountant, the Trust Officer can make important contributions to your family's future security. As the executor of your estate, the bank will attend to your wishes and the needs of your heirs. Arrange to meet him soon by calling the Trust Department of the Puget Sound National Bank . . . he will be happy to explain the many ways he can be of service, both now and in the years to come.



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## New Bulletin Cover Draws Much Comment

Compliments have been coming in to the Bulletin office in regard to our new format. The new front cover design, heavier paper and new, easier-to-read headline print style, have attracted many local comments as well as a favorable letter from as far away as Pennsylvania.

Thanks for this "new look" actually go to our printer, Dammeier Printing Co., who informed us that our old cover plate was getting timeworn and spotty. We had dragged our feet at getting a new cover because the process of preparing a new picture plate was costly. However, Dammeier's are now using a process called "offset lithography" which is more economical. This, along with a selection of photos from the Tacoma Chamber of Commerce and other sources, including the Seattle World's Fair, led the way to the new Bulletin design.

## Doctors Splurge on Advance Fair Tickets

Don't get sick in Tacoma after April 21. A doctor may be hard to find. At the reduced rate available with advance orders through the Society office, Pierce County physicians ordered 2,870 adult admissions to the World's Fair, including 1,188 bonus books which were sold at \$5.85 for a \$10.00 value. The kids will have their turn, too, for their doctor-daddies ordered 816 children's admissions to the Fair.

The entire order sent to Seattle by Judy Gordon, executive secretary, amounted to \$9,090.60 worth of tickets for admissions, rides, exhibits and other events at the Fair. Many additional requests came in too late for ordering. Sorry, the deadline is past for further orders.

## OVERWEIGHT?

10-12 HOUR HUNGER CONTROL WITH  
LESS THAN 1% CNS STIMULATION

## TENUATE® DOSPAN

**Pierce County Medical Society Meeting*****Tuesday, April 10*****Medical Arts Building Auditorium**

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FILM - - - 7:30 P.M.

**1961 WORLD SERIES**

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PROGRAM - - - 8:15 P.M.

**"CLOSED CHEST CARDIAC RESUSCITATION"****(with demonstration film)**

George A. Tanbara, M.D.

Edmund A. Kanar, M.D.

Philip H. Backup, M.D.

---

**"TO JUNEAU BY CANOE VIA  
INSIDE PASSAGE"**

Alfred L. Schultz, M.D.

☆ ☆ ☆ ☆

A no-host social hour and dinner will precede the meeting

Social Hour: 6:00

Dinner: 6:45

Place: Honan's Restaurant

739½ St. Helens Ave.

## April Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2  Staff of Doctors Hospital—8 p.m.	3 Tacoma Orthopedic Society—8 p.m. Tacoma Acad. of Psych. & Neurol. 8:30 p.m. C.P.C. of Mary Bridge—8 a.m.	4	5  C.P.C. of Tacoma General—8:30 a.m.  Pierce County Pediatric Society 6 p.m.	6  C.P.C. of St. Joseph's—9 a.m.
9	10  <b>Pierce County Medical Society 8:15 P.M.</b>	11	12  C.P.C. of Tacoma General—8:30 a.m.	13  C.P.C. of St. Joseph's—9 a.m.
16	17  Tacoma Surgical Club—6:30 p.m.  C.P.C. of Mary Bridge—8 a.m.	18	19  C.P.C. of Tacoma General—8:30 a.m.	20  P.C.M.B. Board 8:00 p.m.  C.P.C. of St. Joseph's—9 a.m.
23  Pierce County Academy of General Practice 6:30 p.m.	24  Tacoma Academy of Internal Medicine 6:00 p.m.  C.P.C. of Mary Bridge—8 a.m.	25	26  C.P.C. of Tacoma General—8:30 a.m.	27  C.P.C. of St. Joseph's—9 a.m.
30				

Grand Rounds—Mt. View General Hospital—Every Saturday 8:30 to 10:00 a.m.

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*Blandford W. Marley, Assistant Vice President and Trust Officer, calls at the home of Mr. and Mrs. H. S. Bennett to explain how the bank's Trust Department can be helpful to them.*

Blandford W. Marley, Assistant Vice President and Trust Officer of National Bank of Washington, has been in banking since 1927, many years of which have been spent in the field of trust administration.

He divides his time between his desk at NBW and calling in person at the homes or offices of trust and estate clients. His depth of experience in financial and trust matters enables him to make suggestions or to guide people to specialists, so that a more complete estate plan can be formulated to carry out family purposes and tax saving. Counseling with people is his specialty.

Marley is typical of the well-informed, experienced personnel in the Trust Department of National Bank of Washington. If you have any questions, why not telephone him at the Main Office . . . he's a man you can trust with your trust affairs.



## *President's Page*

Government medicine may be staved off for the present if all of us who realize its shortcomings will write to Congress and influence our friends to do the same. If every patient over 65 realized that under the proposed King-Anderson Bill he would have to pay \$110 plus his physician's bill out of his own pocket for the first nine days in the hospital, he wouldn't be so keen about voting for the "free ride."

As in the past, however, if this Bill is defeated or not brought to a vote, other attempts will be made by the administration to insinuate itself into medical care. We must have a positive written plan which will guarantee that those unable to pay will get good care. In our own area, we feel that this is already true through the care of marginal patients at Mountain View General Hospital and reduction in charges, where indicated, by private physicians. The latter is not spelled out, however, and the patient doesn't always know what he is getting into financially.

We must have extension of prepaid health insurance to cover hospitalization of people 65 and over. Our local Bureau is now considering such a plan. A committee of our Medical Society under Dr. Osborne is studying the use of Kerr-Mills funds locally. King County Medical Society is starting a program whereby patients over 65 will be treated by physicians of the community and will pay for these services according to their ability as judged by a screening committee. Physicians sign up voluntarily to accept these patients.

With such definite, positive programs (prepaid insurance, Kerr-Mills implementation, and voluntary fee reduction where indicated), adequately publicized, government-sponsored medicine should have little appeal.

—G. M. WHITACRE, M.D.

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## *Editorially Speaking*

A news item and an editorial in the Tacoma Labor Advocate recently charged—by direct implication—that some Tacoma doctors had turned in statements for fees for services that they had not rendered, under the Union's Health and Welfare Plan for its members. A straightforward but courteous letter of denial of this by our President, Marshall Whitacre, brought a partial retraction and an apology in the pages of the Advocate.

Currently, the insurance blank for patients under the Union's Health and Welfare Plan has stapled to it a slip of paper with the word "NOTICE" printed in large red letters at the top. It instructs the patient to have his doctor fill out the blank and enclose his itemized statement. Then it states, also in red letters, "Check carefully to see if all services listed have been received. If not, contact or phone LUKE JOINETTE (capitals his), Administrator, at BR 2-3266."

Though the harmful implication he makes to the union member is obvious, I am confident that there will not be a single report that could arise from intentional padding of a bill by any Pierce County physician.

Perhaps if mr. joinette (small letters ours) is so receptive to reports of fees charged for services not rendered, he would also like to have reports on all services rendered for which no fee is charged, such as courtesy to the patient, attentiveness, willingness to explain the patient's diagnosis and treatment to him, kindness and gentleness in handling of the patient, and sympathy and patience in listening to the patient's complaints. I am sure we, and our patients, could flood his office with reports of this nature that are never included in our itemized list of services on the insurance blank.

Our willingness to continue to render the above non-fee services constitutes one of our important defenses against implied charges of this type. Use it to the best of your ability in your relationships with each patient and it will make the union member who is your patient much less vulnerable to the influence of such red-lettered warnings.

—S.W.T.

Nature's Own . . .

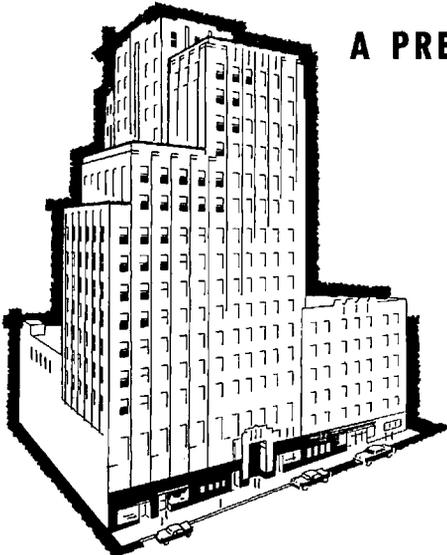


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## Medical Arts Building

Building Office: 110 Medical Arts Bldg.

MArket 7-6441

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# HOSPITALS

## Tacoma General

We had our first disaster drill on March 14. This was the result of much planning and work. A simulated bus accident brought 19 "casualties" to the emergency room in the afternoon. Dr. Arthur P. Wickstrom was the medical coordinator. Student nurses played the role of "casualties", distraught friends and relatives and also news photographers and reporters. After the drill, a critique was held in Jackson Hall to discuss the good and bad points of this event. All agreed it was a worthwhile experience and that it should be tried again soon.

Mrs. Lucille McDonald, O.R. supervisor, attended the national convention of her professional group in Denver. It was the annual meeting of the Association of Operating Room Nurses.

Medical Records has completed its move into Jackson Hall. It was necessary for them to vacate their old quarters because that area will be used for the new temporary entrance to the hospital.

The new flatwork ironer for the laundry arrived on March 20. It is of the latest design with eight rollers. It replaces the old one which was damaged in the fire last November.

## St. Joseph's

### Missing Books Medical Staff Library

1. Medical Physiology and Biophysics: 18th Ed., By Ruch and John F. Fulton.
2. Medical Licensure Examination: 8th Ed., By Rypins.
3. Medical Examination Review Book: Vol. I.
4. A Textbook of Histology: 7th Ed., By Maximow.
5. Practical Physiological Chemistry: 13th Ed., By Hawk.
6. A Textbook of Pharmacology: 7th Ed., By Wright.
7. Signs and Symptoms: 3rd Ed., By McBryde.
8. Peripheral Vascular Diseases: 2nd Ed., By Allen.
9. Clinical Hematology: 4th Ed., By Maxwell.

## Surgery

The February A.O.R.N. meeting held here, was thoroughly enjoyed by a large group of nurses from surrounding areas. Sisters prepared a wonderful assortment of food for a buffet. Dr. Robert Chambers was our guest speaker for the evening. His topic of discussion was "Back Pain". A big "Thank You" to all the Sisters for a very entertaining evening.

Mrs. Thomas is on vacation in California. During her absence Miss Dugger, S.N., is working here in O.R. and we appreciate her presence, since it's rather quiet without any students.

It's a boy for Mrs. Renee Ezell. Congratulations.

Surgery had a good representation at the White Mass at Saint Martin of Tours Church on March 18. Breakfast at the Poodle Dog Restaurant is always good, but it was made especially enjoyable by the presence of the guest of honor, his Excellency, Archbishop T. Connolly.

Welcome to Dr. Robert Voynow who has joined our staff of anesthesiologists. He comes to use from Virginia Mason Hospital in Seattle.

## Record Room

The most recent human endeavor achieved by the record department has been the publishing of the Evergreen Bulletin for the Washington Association of Medical Record Librarians. News of interest is sent in from throughout the state by members of the Medical Record profession. It is the job of our department to compile all of this news into a well organized bulletin, type it on stencils, and publish it. It is no easy task, as the personnel in our department can well testify. The fruits of our labor were well worthwhile for the Bulletin proved to be one of the finest so far published. It looks as if St. Joseph may yet make its mark in the literary world. We learned many valuable secrets in regards to journalism and publishing from this endeavor.

The monthly meeting of the Tacoma Medical Record Librarians was held this month at the Northern Pacific Hospital. As is usually the case, the topic of discussions were mainly concerned with coding problems.

On Friday, March 16, 1962, Sister Emmanuel and Sister Helene attended the Disaster Program Luncheon for Pierce County sponsored by Civil Defense Representatives from all the hospitals in Tacoma,

(Continued on Page 14)

Schering



“Griseofulvin

appears to be the most effective drug available for the treatment of fungus infections of the nails....”

Council on Drugs: J.A.M.A. 176:594 (May 20) 1961

**in four months, FULVICIN cleared *T. rubrum* infection of nails and palms**

**1** March 20, 1961 — therapy with FULVICIN started.



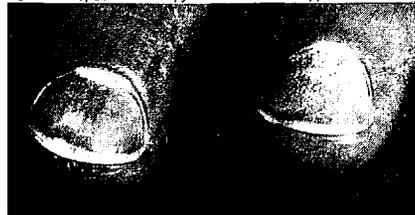
**2** April 19, 1961.



**3** May 19, 1961.



**4** June 19, 1961 — therapy with FULVICIN stopped.



When Mr. R. Y. was first seen, three fingernails on his left hand showed thickening, opacity and brittleness. The patient also had well-defined erythematous plaques on the palms. Cultures of *Trichophyton rubrum* were obtained from scrapings. The patient was placed on FULVICIN, 250 mg. q.i.d., and a 2% salicylic acid cream. After four months, both nail and palmar involvement had cleared completely and all therapy was discontinued. The patient's hands were free of ringworm when examined one month after completion of the course of therapy with FULVICIN.

**5** July 19, 1961 — four-week follow-up.



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CASE HISTORY AND PHOTOGRAPHS OF PATIENT, COURTESY OF NORMAN ORENTREICH, M.D., NEW YORK, N. Y. 5-957

(Continued from Page 12)

plus representatives from the Tacoma Police and State Patrol attended the dinner. Ways and means of taking care of local disasters were discussed at this informative program. We all hope that the occasion will never arise when we will have to use this program, but it is good to know that we will be ready if the need arises.

### School of Nursing

It has been many months since all of our Senior Students have been together. Now that our affiliations are finished we are planning some get-togethers for the future. We have one new member, Mrs. Rafferty, and we hope she'll finish as one of us "Senior" Grads.

Many of the Senior Class are now quote-apart dwellers. Every year at this time the Senior students who are able to move out, do so, to help make room for spring cleaning and new rooms for the Junior Class. They seem to like it so well, I doubt if they'll want to move back in.

In two short months we will have our graduation ceremonies. To prepare, we Seniors got together and decided to choose a uniform style for this occasion. All we have left now is to be fitted, do the preliminary paperwork, graduate and finish the remaining time until September.

On March 3 we had a fabulous "Twist Dance". It was a huge success due to the fact that we had such wonderful chaperones, Drs. Baskin and Pratt and their wives. We didn't mind the backaches the following day.

On Thursday, March 15, Sister Eugene and Mrs. Moe attended a workshop at Cabrini School of Nursing. The theme "Counseling". Friday, March 16, the faculty journeyed to Seattle to attend the Annual Conference of Representatives of Washington State Accredited Schools of Professional Nursing. The main topic for discussion was "Evaluation of Clinical Experience". Members returned home with many new ideas.

Junior students are busily getting ready for affiliations. How well will they like them? This remains to be seen.

The Freshman Students will be back all refreshed to start Spring Quarter March 26, after a week's interim.

### Pediatric News

Students were bid a fond goodbye by the staff on March 18. We all enjoyed their presence with us, and wish them well.

March 25, marked the arrival of the balance of the senior students for their pediatric experience. We hope they will enjoy the little ones.

On March 22, we had a practice and demonstration on closed chest heart resuscitation presented by Doctors Pratt and Tanbara.

The afternoon followed with a departmental meeting attended by the staff. A farewell party was given in honor of Mrs. Joslin who has taken a job at Madigan.

Mrs. Paul Stettin (Barbara Zinski) is the proud mother of Carl Thomas a 6 lb. 14 oz. bundle of joy born March 7.

### News From Second

Many of you must have wondered what happened to the young lady who was appointed to take charge of our Recovery Room, or more correctly, our Post Anesthesia Recovery Room, five and one-half years ago. Mrs. Ruth Fowler, R.N., is the nurse I'm referring to. She is now in South Viet Nam with her husband, Darwin, who got a fine position as a soil analyst with an American company. We received an eight page letter from Ruth last week and she graphically described her trip and her first impressions of Saigon. When she arrived there after a very strenuous air trip, the temperature was 90° plus. Her husband met her and their young son at the airport and took them to their nice apartment. She has a very efficient cook and housekeeper, who works from 8 a.m. to 9 p.m. and only takes Sunday off. So that means that our "top flight nurse" Ruth Fowler will be terribly spoiled if this life-of-leisure should continue for long. We miss her very much and hope when she gets tired of Viet Nam she will return to St. Joseph Hospital, Surgical Floor. Don't forget Ruth, Mrs. Viafore, R.N., who relieved Mrs. Fowler during vacations and illness has been carrying on the fine job that Mrs. Fowler began way back in 1956.

The rest of our people on second have been kept on the move with our craniotomies, fusions, gastrics, etc. So long 'til next month.

**DAMMEIER  
Printing Co.**

**BRoadway 2-8303**

**811 Pacific Ave.**

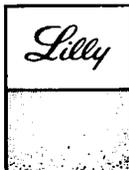
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1. Accumulated reports from thirty-six clinical investigators: Lilly Research Laboratories.

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# WOMAN'S AUXILIARY . . .

## To The Pierce County Medical Society

### AUXILIARY OFFICERS—1961-62

President	Mrs. Kenneth E. Gross
President-Elect	Mrs. Herman S. Judd
1st Vice-President	Mrs. Philip Grenley
2nd Vice-President	Mrs. Robert R. Burt
3rd Vice-President	Mrs. Samuel E. Adams
4th Vice-President	Mrs. Dale Doherty
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Assistant Treasurer	Mrs. Glenn H. Brokaw

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National Bulletin	Mrs. Jack Mandeville
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Legislative	Mrs. Samuel E. Adams
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Heart	Mrs. Edward R. Anderson
Cancer	Mrs. J. Robert Brooke
Finance	Mrs. J. Robert Brooke
Community Council	Mrs. John F. Steele
Dance	Mrs. John S. May and Mrs. David F. Dye
Fashion Show	Maybelle Miller and Mrs. Russell Q. Colley
Cook Book	Mrs. Thomas B. Murphy and Mrs. Robert A. O'Connell

Auxiliary will meet April 27th at Pat Hoover's home for luncheon. This is the fourth Friday in April, since our regular date, the third Friday, is Good Friday. Guest speaker will be Doctor John Phillips, Professor of Religion at U.P.S., who will talk about the Family in Changing Society. Doctor Phillips is assistant minister at Mason Methodist Church, teaches classes in marriage and serve as a marriage counselor.

March coffee party at Delores Havlina's home brought out many new members, and some we hadn't seen for so long we mistook them for new. Coffee party chairman Ruth Brooke and her committee, Eileen Rademaker, Edith Lawrence, Marilyn Mandeville, and Conja Klein, provided a wonderful brunch including many elegant party breads they had made themselves.

### Solace for Skeptics

To those of us who have viewed the whole business of Century 21 with a jaundiced eye, who felt it just couldn't be "That

Great", it was good news to get the picture at Auxiliary's March meeting.

Don Snyder from Sertoma Club gave members a lot of interesting information of C-21, and a complete tour of the fairgrounds in slides, all of which looked stupendous. One of the thoughts that had plagued us previous to this talk was that perhaps, not being really wealthy, we wouldn't see much at the Fair. Not so, says Mr. Snyder.

The Science Pavilion with over a hundred major exhibits, a 10-million dollar gift from the federal government, is as free as anything the government "gives", and it's the largest scientific exhibit ever assembled. In there you'll see seven different films on life sciences simultaneously and continuously shown on the world's largest screen. The Washington state exhibit, the World of Tomorrow, will show us how we will live the next 38 years, free of charge. Thirty foreign governments will have exhibits, the largest planned will be Canada's huge building. The Commerce and Industry exhibits will show us cordless phones, buildings with plastic skins instead of walls, keyless typewriters, and we'll walk into Nalley's potato chip. No admission.

Gay way tickets will be just 25c and 35c, happily, even for the space age tunnel of love. The Monorail to and from the fairgrounds is gratis. The girlie shows on Show Street will cost money, but Gracie Hansen's Parade should be worth seeing once, it is said the dressing room will be on stage.

The World of Fashion is free, and there will be daily fashion shows there, and Revlon's perfume fountain spouting 4600 gallons of perfume.

Bazaars of the World will be off-limits unless we strike oil in a clam hole this summer. Direct-import shops will line that avenue, featuring the outstanding merchandise from just about every corner of the earth . . . art objects, fabrics, curios, silver and china, jewelry, perfumes, Another place to stay out of is the Food Circus, since there will be few if any free samples, and fifty food specialty shops will tempt the big spenders and the hungry.

If it isn't raining, one might just sit and watch the fountain in the center of the fairgrounds. It's rigged with three hundred

(Continued on page 21)

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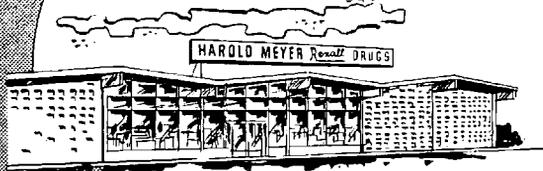
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(Continued from page 16)

thousand electronically controlled spouts to form continuously changing designs in water. If it does rain, one might use one of those bonus book tickets for the fine arts exhibits, and go in and take a nap.

Best of all, and absolutely free, Carnation's mechanical cow will fascinate the kiddies with a true-to-life demonstration of not just where milk comes from, but "How It Is Made."

Don Snyder admitted to the Auxiliary ladies that the traffic problem will be awful, that the parking situation will be worse, and we in Tacoma would be clever to leave our cars at home and take the bus.

### Tacoma and C-21

Tourists who lose their way and find themselves in Tacoma this summer will also find a welcoming committee, some helpful information and some local talent on exhibit, thanks lots to busy Auxiliary member Kay Anderson.

Kay Anderson and a few others stayed with the Allied Arts idea of a hospitality center for C-21 for a long time when nobody else did. This stickwithitness has paid off. This month the building will open, by virtue of a most amazing community effort.

Allied Arts and member agencies will fill two floors of the Allied Arts building on Pacific Avenue with exhibits publicizing the Tacoma area, a Tacoma housing and information center with direct lines to Expo-Lodging and Paradise Lodge, a headquarters for boat and bus tours, a photo lab, child care facilities, ticketing agencies, snack bar, garden club and Northwest art exhibits.

### Bar Meeting

Bar Auxiliary President Rosemary O'Hern has invited all of us Medical Auxiliary members to the Bar Auxiliary's annual fun luncheon meeting at the Doric on April 26. It's a white elephant lunch, everyone who remembers to bring something that's nice but not needed, and these things are auctioned. As Rosemary says, "It's a meeting that's very little business and lots of fun, and we'll enjoy having all of you visit, please comes." The social hour is at twelve noon, and reservations are made by calling Mrs. Wm. Rohrs, at SK 9-5359.

### Mid-year Conference

Jeanne Judd reported on the State Auxiliary's mid-year conference at March meeting, that the whole meeting centered on

Legislation, and high point of the meeting was Wayne Zimmerman's talk. His comparison of medical services with consumer's product, and what happens when competition and incentive are lost, evidently gave the delegates something to think about, and something to take home for their Auxiliaries to talk about. Jeanne said that in spite of the great amount of interest, very few of our members have signed up for AMPAC memberships. Lorraine Adams will gladly receive your \$20.00 and send you a card.

### For the Calendar

Ruth Brooke is selling tickets to President's Council Breakfast on May 17. Fabulous Mrs. John Wagner will talk on Quality Education, and since she and her husband leave Tacoma in June, this may be her last speaking engagement here. Tickets are \$1.50.

May 18 is the date of Auxiliary's annual Dance. This is a Friday evening, members can still hop in their boats and weekend it without missing this party.

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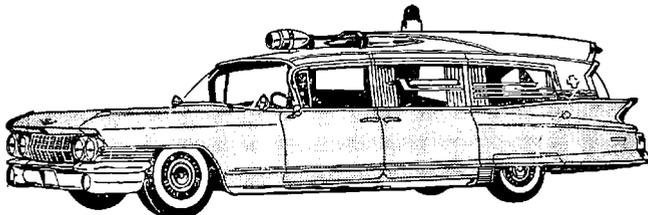
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## IN MEMORIAM



**Stevens S. Sanderson**

It is with deep and sincere regret that the sudden, unexpected death of Stevens S. Sanderson is brought to the attention of this Society. Steve was a member of numerous professional and scientific societies like so many of our County Medical Society members, but among our radiologists, he was the only Fellow of the American College of Radiology in our city—a fact of which he was justifiably proud.

Steve practiced as a radiologist in Tacoma for twenty-one years, coming here to enter practice with Doctor Fischell, who had already established a radiological practice in this community. Steve's high standards of personal and professional character were well known, but it was his fair dealing which exemplified the motivations of his life so that he won the admiration and affection of all the lives he touched. His compassion for those in trouble prompted him in his quiet way to support what he knew to be right and fair. He was courageous in this fight for what he believed to be just in his profession, his religion, and in society, without limitation by any fixed pattern.

"When there is much desire to learn, there of necessity will be some argument, some writing; many opinions; for opinions in good men is but knowledge in the making."\* This is how it was to practice with Steve, for he willingly accepted new procedures while constantly retaining his capacity for understanding with deep faith the progress of medicine and humanity.

Apart from medicine his greatest pleasure was "planning", whether it was a piece of hi-fi equipment, a new home, a "predicted log race", or planting of a new

flowering shrub, it was always preceded by a carefully drawn sketch and diagram.

There is no doubt that Steve's deeds made our community a better place in which to live and the medical segment of our community respected beyond its geographic or social confines.

—KENNETH E. GROSS, M.D.

\*Milton

NOTE—There has been established at Mary Bridge Children's Hospital a Memorial Fund in the name of Dr. S. S. Sanderson—the funds to be used for other than operating expenses.

—K.E.G.

## IN MEMORIAM



**William J. Rosenbladt**

The following letter was written by Dr. William J. Rosenbladt to his pastor on February 28, 1962—eight days before his death. It is published in the interest of his vast host of friends and colleagues who requested a copy of this marvelous testimony of faith from this man of God.

It is not often that the officiating pastor at a funeral has his sermon written for him by the one who has died. It was my privilege to have used this letter as the sermon itself and I hope that it may inspire all of us to a deeper and richer life in the Saving Christ.

REV. RUEBEN H. REDAL  
Central Lutheran Church  
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Dear Pastor and beloved friends in Christ,

I must write you and tell you some of my feelings and some experiences I have

(Continued on page 25)

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## YWCA To Show Movie

A film, "Hospital Maternity Care Family Centered", will be shown at the YWCA Wednesday, April 11 at 8 p.m. The film is produced by Mead Johnson Laboratories and will be presented in conjunction with the YWCA Association for Childbirth Education. The film is also available on April 10 and 12 and anyone interested in borrowing it may contact Joy Hughes at MA 7-4403.

(Continued from Page 23)

had, because it might move someone to greater faith or closer association with God and our Savior, Jesus Christ.

As you know, I am facing an event of great importance in my life, namely surgery on the heart. This type of surgery has a known calculated hazard. In the attempt to remake or replace the valve structure within the heart with a plastic one, there are situations and mechanisms more complicated than that of the man-in-space program.

I am looking forward to this with greatest anticipation and with no fears. Certainly I know that this could be the event that separates body and soul. What a glorious event, to cast off a rusty, deteriorating body and gain eternal life in a glorious home in the everlasting presence of Almighty God, upon whose right hand sits Christ Jesus; the very One to whom I have been talking night after night, day after day, year in and year out; the One with whom I spend the hours, when I waken in the middle of the night and am disturbed about a desperately ill patient, or a problem, and finally, perhaps hours later, drop off to sleep again, knowing that all is well, because God has heard me and is omnipresent.

And yet, if this is not the hour that God has chosen for me to cast off the shell, then for the first time in over forty years I will have the joy of living like my fellow man. Not that this joy is important. It has little value. But that God will have given me the great privilege of continuing to serve, obey and worship Him here for a time yet. And that I may serve Him by serving His people with the talents that I have acquired by His grace.

I have known that I would soon be presented with technical information and advice and asked to make my own decision as to whether I wanted heart surgery. At first I had thought there might be some difficulty in making this decision, but this is

not true. God is merciful and almighty; there is nothing He cannot do. He created the heaven and earth. If He could create them, certainly He has perfect and complete control of all things there-in.

For many years since childhood I have prayed to God for many things, big and small. Nor can I remember even one instance when prayer has not been answered. But among all these prayers there has always been one for healing a heart badly damaged by rheumatic fever. These heart valves have gradually, over the years, increasingly lost their function and failure is impending. I have known since mid-October that total deterioration is perhaps less than three years away, statistically speaking.

Suddenly and within a week comes the answer to almost a lifetime of prayer. Unbeknown to me, only eighteen months ago a young heart surgeon only thirty-two years of age developed a remarkably simple plastic valve, usable for the replacement of the one like mine, that has been rapidly failing. To insert this valve is a highly technical procedure that requires five hours or more, a large number of pints of blood for the artificial heart machine, and a highly trained team of fifteen or twenty doctors, not the least of whom is the doctor who developed the plastic valve. During the first few months, these were inserted in animals and later in almost hopeless cases of humans. The results began to be encouraging until last month, fifty cases were done here with only one death and he was an exceedingly poor-risk patient.

Surely this must be the answer to many years of praying for something so big that one lacking in faith wouldn't even dare to ask for it. Now I have the real answer to why I had no difficulty in making the decision to accept heart surgery, and why I have no fear, even though I have personal and technical knowledge of all the complications that can occur.

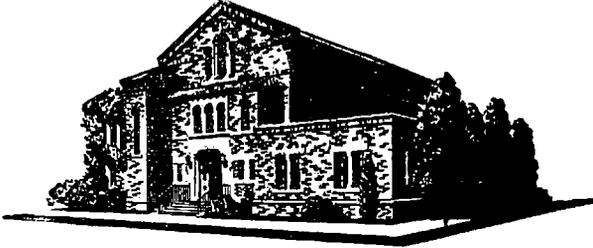
To reject this, it seems to me, would be to ask for something and then reject it when it is granted,

Yours in Christ,  
God be with you all,  
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<sup>†</sup>Hutchison J. C.: Current Therap. Res. 2:487 (Oct.) 1960.

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## Dates To Circle on Your Calendar

**DOCTOR-LAWYER DINNER . . .**  
Friday, May 11

**DOCTOR-DENTIST FIELD DAY . . .**  
Friday, June 22

Both Events Will Be at . . .  
FIRCREST GOLF CLUB

## Nominees Wanted For State Physician Award

An attractive plaque will again be presented this year to an outstanding member physician of the Washington State Medical Association "in honor of his significant contribution to civic activities and widespread interest in public affairs." Suggestions for candidates for the award are being solicited from County Medical Societies throughout the State, according to a memorandum to Dr. G. M. Whitacre, local President, from Dr. Willard B. Rew, State Association President.

The purpose of the award is to gain further publicity in the effort to "improve and enlarge a warranted favorable image of the American physician." The award is made available by the A. H. Robins Company for the second consecutive year, last year's plaque having been awarded to Dr. A. O. Adams, Representative in the State Legislature from Spokane.

Any suggestions for local candidates for this year's award should be sent to Dr. Whitacre or turned in at the Society office in the Medical Arts Building, along with the necessary data to support your nomination.

## World's Fair May Fold!

(AND IT'S ALL OUR FAULT!)

If the whole Century-21 project decides to fold up and call it quits before opening date rolls around, don't blame it on high winds or price-gouging. It'll more likely be due to the mighty power of the press—namely your own Medical Society Bulletin. If the World's Fair doesn't actually collapse, at least we've created a fair degree of shaking and creaking in its organizational structure.

Peering out from beneath his green visor, the editor (I just can't bring myself to say *your* editor) gave a nervous tug at his sleeve garters and sent ace reporter, Judy Gordon, out on a hot assignment: "Find out how and where doctors can sign in at the Fair for receiving emergency calls from home."

Willing and eager, Judy started by calling the Tacoma Chamber of Commerce to ask if there would be a message center at the Fair where doctors could leave their names. They said there would of course have to be one and to call Mr. Rocky in the Public Relations Department of Century-21 in Seattle, so she did. Well, the Public Relations Department said Mr. Rocky wasn't in but they'd switch the call to Mr. Shumacker who would know about that sort of thing. Mr. Shumacker wasn't in but the girl said was there something she could do and Judy said yes, probably she could—that she wanted to know if there would be a message center at the Fair where doctors could leave their names, etc., and the girl said she was sure there would be but to hold on and she would switch the call to Mr. Shumacker's secretary. Judy held on and Mr. Shumacker's secretary said that yes, there would surely be a place like that but the First Aid Department would be where they'd know and to hang on and she would switch the call there, which she did. The First Aid lady said she didn't know but, just

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a minute, luckily Dr. Rice happened to be in the office right then and he could tell her about that, so our reporter said PUT HIM ON. Dr. Rice said there would of course be an arrangement for such things but that this would come under the Department of Operations and Services and to call Mr. Shumacker who wasn't in (which we already knew) and to call him back later. Well, contact was made with Mr. Shumacker after he got back from his three-hour lunch and he said, YES, there would be a message center for physicians but that this would come under the Guest Relations Department or possibly the Information Center which he thought would be in the General Insurance Building or the Armory, probably.

So when you get to the Fair this summer, there may or may not be a doctors' check-in station. Perhaps your best bet will be to step into the nearest phone booth and spend a dime to call the Seattle number of our own Doctors' Exchange, TAYLOR 4-2674.

## A Gal Is a Gal, Is a Gal,

In some circles there seems to be a conflict between the term "woman" and "lady" and one writer states: "In one widely accepted view, 'woman' suggests commonness, if not vulgarity, while 'lady' suggests breeding and refinement."

Those who believe the term "lady" applies most appropriately to the legal spouse of a knight or one of higher rank also must appreciate the basic quality of womanhood. Possibly less elegant than "ladylike," "womanly" represents as high praise as can indeed be bestowed upon the female of the species. "Ladies," on a different plane, suggests "gents" and both suggest railroad stations.

It is of interest that titles such as "woman's club" and "woman's alliance" are accepted without qualms by their members. This, of course, brings us to the subject at hand, namely the Woman's Auxiliary to the Pierce County Medical Society. (There are even those who question the singular in the title). This organization is now in its thirtieth year, and believe it or not, is among some of the oldest in the nation.

When the Woman's Auxiliary of the Pierce County Medical Society was established, it was designated to serve as a working group dedicated to serving the Medical Society in its program for the advancement of the "public health and welfare" (bad

terminology now). Physicians' wives were recognized as a vital, potent force which could help present to the public the aims and objectives of medicine in a free society. This importance of the Auxiliary to the medical profession has increased over the years as have the problems now confronting organized medicine. Women ("the ladies", gentlemen) have a way of making themselves heard and of making their influence felt—of getting things done! The Woman's Auxiliary to the Pierce County Medical Society has already proved itself. Its members have made themselves heard, their influence has been considerable, and their accomplishments are many over the thirty-year period of their staunch support.

During the next few weeks, the Woman's Auxiliary to the Pierce County Medical Society will be asking that all members of the Medical Society support the dance to be held on May 18th—a dance which was originally given by the Medical Society and now is provided by the Medical Auxiliary for the Medical Society. This is a dance which is limited to the medical family and the proceeds from which go toward the Medical Auxiliary's support of the Medical Society's endeavors.

In order that the Auxiliary may become even stronger and more influential, each physician member of the Society is urged to urge his respective "lady" to join it, support it, participate in its important activities, and attend this fund raising and fun-producing activity on May 18th.

## Don't Resist That Urge!

If you get the urge to tell your colleagues they . . . charge too much, charge too little, shouldn't drive Cadillacs, are too self-righteous, should carry more insurance, eat too much, should cut their toe-nails square, or if you just want to explain to them why pushing both the "up" and "down" buttons at the hospital elevator actually gets them to their floor slower than pushing just one button . . . go ahead, sound off!

It's your Bulletin, and guest editorials are welcome. Type up rough copy of your ideas (please, none of your lousy handwriting) and drop it off with Judy at the Medical Society office, or hand it to me in the hospital hall.

It'll go into the Bulletin over your name (no advertising, please). We reserve the right to reject any material, but in general, if it's appropriate for the Bulletin, you're an author.

—S.W.T.

## Annual Internist Meeting

The 12th Annual Meeting of the Tacoma Academy of Internal Medicine drew 125 registrants at its morning and afternoon sessions at Jackson Hall on March 3rd. At the morning meeting, case reports were read by G. M. Whitacre, Robert E. Lane, Rodger S. Dille, Marcel Malden and Ralph Huff—the last reading a report for Jim Fairbourn. Each paper was discussed by the visiting panel of experts, Dr. Travis Winsor, Director of Cardiovascular Research at Good Samaritan Hospital in Los Angeles; Dr. Thomas Stamey, Chief, Division of Urology, Stanford University School of Medicine and Dr. Walter Kvale, Consultant in Internal Medicine at the Mayo Clinic.

In the afternoon, these three distinguished guests presented interesting papers individually.

Highlight of the day's program was the evening dinner meeting at the Capri Room of the Doric Motel, with Academy President, Robert Kallsen, presiding. A certificate of membership was presented to new member, Marion Larsen. Dr. Winsor concluded the annual meeting with an address on the cause and treatment of hypertension. He presented various theories of the etiology of hypertension, concluding that the etiology was probably on a very complex neuro-humoral basis. Therapy aimed at reducing high blood pressure is definitely a worthwhile endeavor, for it does reduce the incidence of sequelae and increases survival. This was true "even in the days of Smithwick." Of the various drugs now useful in treatment of the hypertensive, Dr. Winsor prefers Apresoline preceded by a period of preparation with Reserpine. The dosage is small initially, then gradually increased. The address was illustrated with color slides and an interesting movie of the blood flow in capillaries and arterioles.

## Whitacre Loses . . . New Champs Crowned In Table Tennis Meet

The Big Handicap proved to be the winner in last month's Pierce County Medical Society Handicap Table Tennis Tournament. James Monfore, intern from Mountain View General Hospital, was the new singles champion. He eliminated the former singles champion, Marsh Whitacre, with a small assist from a handicap differential of 18. Then, with the same silent partner, he managed to squeak through with two narrow margin victories over Charlie Galbraith and George Tanbara, though each of the last two was closing in fast at the end of his respective game. The new champ, with his handicap, proved to be about as unbeatable in table tennis as George Kunz was a few years back with his handicap in the doctors' golf tournament.

Galbraith and Whitacre emerged as doubles champions, but had to out-ping Tanbara and Tuell twice during the evening to make the grade. There were five tables in action most of the evening and 34 doctors competed, taking time out for the dinner and staff meeting of Tacoma General Hospital. The handicap committee (the one with secret membership) will review and re-adjust handicaps between now and the next tournament, so that everyone who enters will have a fair chance of winning one of the engraved plaques that go to the winners. The next all-Society clash is scheduled for Tuesday, June 5, again in the basement of Jackson Hall, the same night as the next Tacoma General staff meeting.

## Iran, 3-D Anatomy on Surgical Club Program

Anatomical dissections will again be an outstanding feature of this year's annual meeting of the Tacoma Surgical Club on Saturday, May 5, and the guest speaker will be a surgeon with an unusually interesting background. Dr. Robert A. Wise is an Associate Professor of Surgery at the University of Oregon Medical School, and recently served for two years as Director of Surgery at the University of Shiraz. Dr. Wise was Chief of Surgery at the Veterans' Hospital in Portland from 1946 to 1959.

An added feature running concurrently with the Saturday morning anatomical

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demonstrations to be held in the basement of Jackson Hall, will be a stereoscopic presentation of the anatomy of the stomach by Dr. David L. Bassett, Professor of Anatomy at the University of Washington.

Dr. R. O. Diefendorf will preside over the afternoon session where four scientific papers will be given by members and Dr. Wise will speak on Complications of Gastric Surgery. Presenting papers will be Doctors John J. Bonica, Arpad L. Masley, Arthur P. Wickstrom and M. J. Wicks.

The evening session will begin with a social hour followed by a banquet in the Crystal Ballroom of the Winthrop Hotel, with Dr. Gerald C. Kohl, Club President, presiding. Dr. Wise will give the main address of the evening on "Surgical Experiences in Iran."

There will be a registration fee of five dollars.

## Good Condition Wins Football Games, Owens Tells Medics

If you think you've got troubles trying to fit your extra inches of waistline into your old suit pants, ponder the plight of some of Jim Owens' footballers with 18-inch necks wondering what to do with their last year's shirts with 16-inch collars.

The erect, affable and handsome football coach and athletic director at the University of Washington told 80 doctors slouched in well-padded seats at the March Pierce County Medical Society meeting that his program of neck exercises has added an extra one to two inches of neck muscle on most of his Huskies.

After an introduction by Stan Durkin, Owens stressed the importance of both mental and physical conditioning in turning out a winning football team. The strenuous neck development program is started early in the Spring. Stair-running is another favorite exercise. Practices are planned so that every man is kept busy at some phase of mental or physical conditioning. There is no "standing around." The conditioning is effective in reducing the number of injuries as well as in winning ball games. Owens pointed out that in the entire 1959 season of 10 games, and the subsequent Rose Bowl game, Washington did not call a single time-out on the field because of a Husky being injured during play!

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## MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA  
Second Monday of March, June, Sept., Dec.—7:30 p.m.  
Auditorium of Medical Arts Bldg.
- STAFF OF GOOD SAMARITAN  
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF NORTHERN PACIFIC  
Second Monday of each month—noon.
- STAFF OF ST. JOSEPH'S  
Third Monday of March, June, Sept., Dec.—6:15 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL  
Last Monday of February, June, September and November
- TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS  
First Tuesday of each month—8:30 p.m.  
Board Room of Pierce County Medical Society
- TACOMA ORTHOPEDIC SOCIETY  
First Tuesday of each month—8:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY  
Second Tuesday of the month except June, July and August  
—8:15 p.m.
- STAFF OF TACOMA GENERAL  
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB  
Third Tuesday of each month—6:30 p.m. at Tacoma Club
- TACOMA ACADEMY OF INTERNAL MEDICINE  
Fourth Tuesday of each month—6 p.m. at Tacoma Club
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE  
Fourth Monday of each month except June, July and August—  
6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY  
First Thursday of each month except June, July and August—  
6:00 p.m.
- STAFF OF MEDICAL ARTS HOSPITAL  
Third Friday of March, June, September, December—7:15 a.m.  
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL  
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY



# BULLETIN

VOL. XXXIII—No. 5

TACOMA, WASH.

MAY - 1962



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING  
MAY 8**

# Pierce County Medical Society

1962  
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President-Elect..... Stanley W. Tuell  
Vice-President..... Frederick J. Schwind  
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## Happy Birthday

M A Y

- 3 BERNARD A. BADER
- HERMAN S. JUDD
- WENDELL G. PETERSON
- 4 CHARLES R. VAUGHT
- ANTONE WALLOCH
- 6 ALBERT EHRlich
- M. R. STUEN
- 7 RICHARD F. BARRONIAN
- 8 ORVIS HARRELSON
- 9 S. F. HERRMANN
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- ROY VIRAK
- 12 C. R. FARGHER
- 18 EDWIN C. MUIR
- JOHN T. ROBSON
- 19 DOUGLAS P. BUTTORFF
- 20 ROBERT CHAMBERS
- KENNETH GRAHAM
- 22 M. J. WICKS
- 28 GEORGE C. GILMAN
- 31 HUGH A. LARKIN

OUR COVER . . . A close up of the Space Needle with the city of Seattle in the background. "Eye of the Needle" restaurant is at the 550 ft. level with seating capacity of 260 persons. The restaurant will revolve 360 degrees each hour, giving panoramic view of Seattle, Puget Sound, the Cascades and Mt. Rainier. Above the restaurant level is a stationary observation deck and a 47 ft. stainless steel frame encasing a 40 ft. gas flame.

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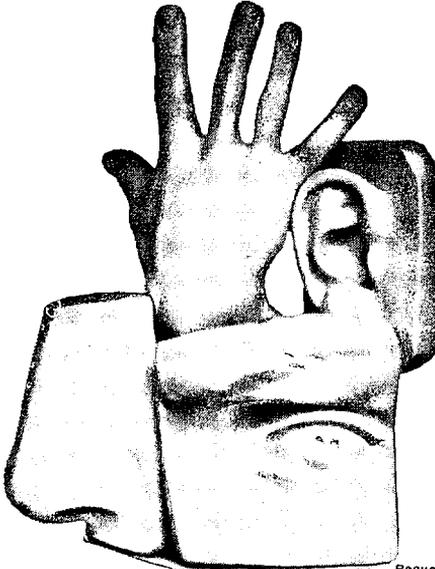
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**Pierce County Medical Society Meeting**

# **SPECIAL DINNER MEETING**

## **Madigan General Hospital**

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***Tuesday, May 8***

Cocktail - 6:15

Dinner - 7:15

### **SCIENTIFIC PROGRAM**

Presented by

**Staff of Madigan General Hospital**

# May Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Tacoma Orthopedic Society—8 p.m. Tacoma Acad. of Psych. & Neurol. 8:30 p.m. C.P.C. of Mary Bridge—8 a.m.	<b>2</b>	<b>3</b> C.P.C. of Tacoma General—8:30 a.m. Pierce County Pediatric Society 6 p.m.	<b>4</b> C.P.C. of St. Joseph's—9 a.m.
<b>7</b>	<b>8</b> PIERCE COUNTY MEDICAL SOCIETY (at Madigan General Hospital)	<b>9</b>	<b>10</b> C.P.C. of Tacoma General—8:30 a.m.	<b>11</b> C.P.C. of St. Joseph's—9 a.m.
<b>14</b>	<b>15</b> Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	<b>16</b>	<b>17</b> C.P.C. of Tacoma General—8:30 a.m.	<b>18</b> ANNUAL AUXILIARY DANCE
<b>21</b>	<b>22</b> Tacoma Academy of Internal Medicine 6:00 p.m. C.P.C. of Mary Bridge—8 a.m.	<b>23</b>	<b>24</b> C.P.C. of Tacoma General—8:30 a.m.	<b>25</b> C.P.C. of St. Joseph's—9 a.m.
<b>28</b> Pierce County Acad. of General Practice—6:30 p.m. Exec. Committee of Mt. View Gen. Hosp.—6:15 p.m.	<b>29</b>	<b>30</b>	<b>31</b> C.P.C. of Tacoma General—8:30 a.m.	

Grand Rounds—Mt. View General Hospital—Every Saturday 8:30 to 10:00 a.m.

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## *President's Page*

The very active Public Relations committee under Dr. Gross has been investigating means to better serve the community through various media of communication.

A meeting with the editor and medical writer for the newspaper and a director of a local radio station was held. The chief complaint the news media have about the medical profession is the difficulty in contacting physicians—plus the refusal of physicians to allow the use of their names. On the physicians' side, the individual doctor is usually not aware of what is allowed by medical ethics and rather than open himself for censure, he clams up. The Washington State Medical Association has put out a booklet, accepted by the news media and the State Association. We are mailing a copy of this to each member so that he will know what is allowable in dealing with the various news media.

Locally, when the paper or a radio station desires a "local angle" on a medical story received over the wire or in any other way, it will be cleared through the president of the Pierce County Medical Society. If the subject is something which can be better handled by a physician other than the president, it will be referred to that doctor. Thus, if Mr. Dumas from the Tribune calls me and wants to know the local feeling about measles vaccine, I will refer him to such-and-such pediatrician. However, before the paper calls that pediatrician, I will have called him to obtain his consent to be interviewed and to alert him as to the subject of the interview. The name of the pediatrician called will then appear in connection with the story in the newspaper. From the standpoint of news value, such a local story would be worthless without the name of the authority quoted.

KTNT-Radio has agreed to use medical spot announcements prepared by the Pierce County Medical Society. The Tacoma News Tribune has tentatively agreed to run a regular medical column either once a week or once every two weeks. These will both deal with preventive medicine. Members of the Society will be asked to co-operate in this expansion of our public relations by literary contributions (rather than the usual monetary).

—G. M. WHITACRE, M.D.

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## *Editorially Speaking*

On May 20th, an unusually partisan crowd will cheer lustily in Madison Square Garden as they watch a one-sided battle in which the loser will be pounded just as mercilessly, and perhaps just as fatally, as was Benny Paret a few weeks ago. The man delivering the punches, this time with full fatal intent, will be the President of the United States. The loser, perhaps nearing the end of his career, will be that wonderfully American sense of individual responsibility as it applies to the medical care of our aged. The implications are more far-reaching than the Paret tragedy, however. The sport of boxing is a little shaky after the Paret affair, but will probably survive. If President Kennedy can successfully land the fatal blow on May 20, the entire concept of free enterprise in the practice of medicine may be on its way out.

Shall we sit by our TV and radio sets and offer no protest as the fatal blows are struck? Is the loser completely defenseless? If this were a pure political issue, we might say, "Let AMPAC fight the battle," or "Let's get equal time on TV to answer to this!" Unfortunately, the issue is a moral one, not a political one, and no equal time is available.

An effective—and drastically needed—counterpunch which might prove the equalizer in this one-sided battle has been prepared, in the form of a full-page advertisement to be run in the newspaper at the appropriate time, explaining the dangers and fallacies in the proposed plan for medical care of the aged under Social Security. If this ad could be read by every citizen, the battle might not be so one-sided after all. To reach every citizen in Pierce County is our responsibility. It happens to be a *voluntary, individual responsibility*. There'll be no assessments, no increase in dues, no money taken out of the treasury of the County Society, though the Board of Trustees has officially approved the project.

If every member who believes in the free practice of medicine will cooperate, it won't cost any one of us more than a few bucks. Keep this in mind when you, as an individual, are approached to help make this counterpunch an effective one.

If you aren't approached in the next few days, and want to be sure you're included in this project, call Wayne Zimmerman at FU 3-1524.

—S.W.T.

## Public Health Committee Recommends . . .

At the April 14th meeting of the Pierce County Medical Society, the following recommendations of the Public Health Committee were approved:

That physicians vaccinate their employees and themselves against smallpox. (Since the Fair has started, this should be done without delay).

That, for this community, the use of injectable poliomyelitis vaccine be encouraged for the present and that live, oral poliomyelitis vaccine be considered for community immunization this Fall.

That gamma globulin be used for (1) household contacts of infectious hepatitis and (2) close contacts of rubeola.

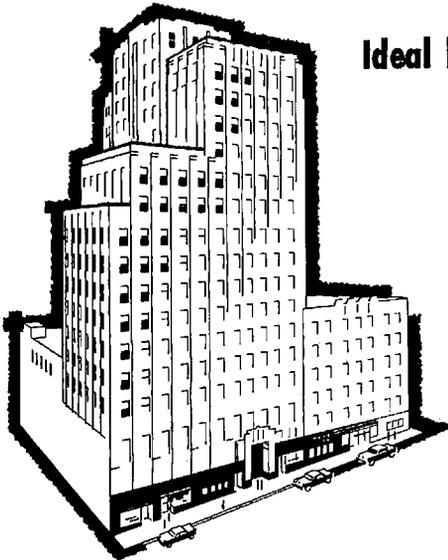
The Committee on the Control of Infectious Diseases of the American Academy of Pediatrics recommends for passive immunization of infectious hepatitis within 7 days, 0.02 cc's of gamma globulin per pound. Rubeola (measles) to prevent: as soon as possible within 4 days, 0.1 cc's of gamma globulin per pound; to modify: within 6 days, 0.02 cc's of gamma globulin per pound.

## Nominees Asked For State Medical Offices

The officers of the Pierce County Medical Society have been asked by the State Association to submit nominations for the various State offices. At the present time, Pierce County is represented at the State level by trustees J. W. Bowen, Jr. and Herman Judd. Jess Read serves as State delegate to the national association. If any member has in mind a nominee whom he thinks is particularly eligible for one of the State offices, he should feel free to contact any of the County Society officers in this regard.

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# HOSPITALS

## Tacoma General

New students in the Laboratory are: Donna Strayer in Histologic Technic and Zena Deverall in Cyto Technology. De Loes Benrickson has completed her year's work in Medical Technology and has returned to North Dakota.

Mudit Peterson spent a week vacationing in the San Francisco area. She visited the Laboratory at the University of California. While there she saw Robert Kraft, M.D., formerly a resident in Pathology at the hospital here.

Last minute details are being completed for opening up the new temporary entrance to the hospital. All patients, relatives and visitors are to use this new entrance, which will be on the 4th Street side.

The Auxiliary is planning a Silver Tea for Thursday, April 26, which is for the purpose of raising funds to purchase a Stryker Circoelectric bed. The event will be held in the Auditorium at Jackson Hall from 2:00 to 4:00 p.m.

## St. Joseph's

### School of Nursing

Seniors are busy getting pictures taken so that a Roster of Group Pictures will once again become a practice in the school.

The Senior-Junior Prom is getting closer and closer. All are awaiting this big night.

May 26th will mark a pre-graduation party for the Senior Class at the "Towers." This is sponsored by the Alumnae.

We miss seeing our fine class of Juniors around. Only three of them can be seen in the Home School. All the others are affiliating, but starting April 23 the group from Firlands will arrive back. At that time more life will be added to the Home. Those Juniors at American Lake are not quite sure if they like caring for the mentally ill, but they are keeping trim by playing tennis, swimming and just having a good time.

On Saturday, April 14th the Freshman Class presented a car wash. Miss Horne, Chairman and all class members enthusiastically participated in this project. What was the project for—Oh, May! Paying debts to the Student Body. They wish to extend a sincere "Thank you" to all who patronized the car wash.

Since the beginning of the Spring Quarter, the freshmen are getting experience in total nursing care of the patient. They are enjoying their work and their new classes.

Recently a little patient, Carolyn LeRoy was in our hospital in the Pediatric Department. Everybody loved Carolyn. One day God wanted Carolyn to Himself so He called her home to be with Him. In memoriam Carolyn's parents initiated a "Carolyn LeRoy Memorial Scholarship Fund" for the School of Nursing. This kind thought on the part of Carolyn's parents is much appreciated by the Students in the School of Nursing.

### Seconds From Second

As the beautiful April days lengthen and the sun shines warmer and brighter the anticipation of Summer and vacation grows. Mrs. Viafore, R.N., is already enjoying an early Spring vacation with her daughter, Mrs. Lt. Corcoran in San Francisco, California. She is also baby-sitting as her daughter had a lovely baby girl April 6th and her name is Kerry. Congratulations, Mrs. Viafore! How does it feel to be grandma for the first time?

Mrs. Holt, R.N., has been holding the fort in our Post Anesthesia R.R. for the past three weeks and she is doing an enthusiastic job.

Sister Antonia continues to give us more nice new equipment for our units; two Gomco throat suction machines which our carpenter, Larry, placed on beautifully finished cabinets. Also we are getting two "Sterile-procedure" carts, one for north and one for south, so sterile procedures can be carried on with greater efficiency and smoothness.

Mrs. Sylvester is looking forward to spending her vacation with her daughter and son-in-law at Salt Lake City. Mrs. Hagbo is the proud grandma of a new grandson. He was christened Noel Patrick at St. Leo's Church two weeks ago.

We all join in sympathy on the death of Mrs. Garrish, L.P.N.'s mother.

### X-Ray Department

The X-ray Department has received word that its School of X-ray Technology has again met the requirements set up by the Council on Medical Education and Hospitals and has been given continuing approval by the Council. This approval allows the School to train a total of seven students over a two-year period of training.

(Continued on Page 14)

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Schering Corporation, Bloomfield,  
New Jersey.

\*Schaefer, L. E.: Clin. Med. 8:1343, 1961.

(Continued from Page 12)

We wish to express our sincere sympathy to Jack McDonald whose mother passed away unexpectedly March 22.

### Maintenance Department

The hurry and scurry of preparing for our State inspection has slowed down our current remodelling plans temporarily. However, we are continuing to make some degree of progress on two projects.

The main project is, of course, the installation of new showers and bath rooms in the convent. No work has been done on these since the original installation forty some years ago. And the old piping and shower bottoms have rusted almost completely away. We hope to have these completed in the next two weeks.

Then the old record room is being worked on at present. The walls between the pillars leading into the cafeteria have been removed. The floor has been repaired and we are now waiting delivery of the new doors. These doors are the folding type whereby we can either open them and enlarge the cafeteria when necessary or close them for small conference groups isolated from the main cafeteria.

A new medicine room for the south end of the Medical floor has been started. Work has temporarily stopped but will be resumed after next week. More on that next issue.

Work has also started on the installation of our new emergency light and power unit. This unit will be located in the stairwell on the north side of the boiler room. A new switch board will be installed with automatic switching so that in case of a power failure our emergency system will cut-in in a matter of seconds. The new emergency unit will be of ample capacity to take care of the entire hospital's light and power requirements.

We are also in the process of repainting all hallways and stairwells. A very low odor type of fire retardent paint is being used for these areas and it is hoped that neither our patients or the floor personnel will be inconvenienced by paint smells.

Plans are in formulation for enlarging the P.T. department in the near future. The old 5 hall staircase between 2nd and 4th floors will be eliminated to make this space possible. In the O.B. Department this staircase has already been sealed over and gives us the necessary space for a nice sized bathroom.

That's all until next issue.

### Pediatric News

Flopsy Rabbit, our jumpy Easter Bunny has been a smile for our 50 Spring Vacation T & A patients. Her Easter basket yielded a gift for each one. Flopsy was a class project for the student nurses during their ward experience. The students also planned and presented a small Easter party for the children on April 18.

Another class project, posters on preventive medicine, found Miss Rochon and Miss Young the winners with their poster on immunization. The posters will be on display in the department for parents to view.

Mrs. Fletcher, our Head Nurse, seems to be quite apt at her hobby. We now have a beautiful bowling trophy—presented by the Orthopedic Guild and a very proud owner.

### Maternity

Vacations and trips seem to be the popular thing on Maternity floor this month. Mrs. Keely, head nurse, is on vacation at present taking care of her husband who was recently discharged from the hospital. Mrs. Brick and her husband are leaving on a trip to Cape Cod to visit her daughter and family. Mrs. Nutall took a trip to Port Angeles last weekend, from there she went by boat to Vancouver Island. Mrs. Thurston, Night Nurse in the Del Room was appointed as the delegate for District No. 3 to Washington State Nurses Association State Convention. She spent three days in Seattle. Mrs. Randle is away on a three week trip to California.

Dr. Moosey's sister, Mrs. Gleva, is now the mother of twins, a girl and boy. Mrs. Gearheart, one of our nurses, had a baby boy. Now she has three boys. Congratulations! Mrs. Donovan, R.N., is at present in the hospital recovering from surgery. Her granddaughters, two years old twins, were in the hospital last Wednesday looking for Grandma. Sorry she could not see them.

### Record Room

Conventions are the biggest topic of news in our department this month. All of us are

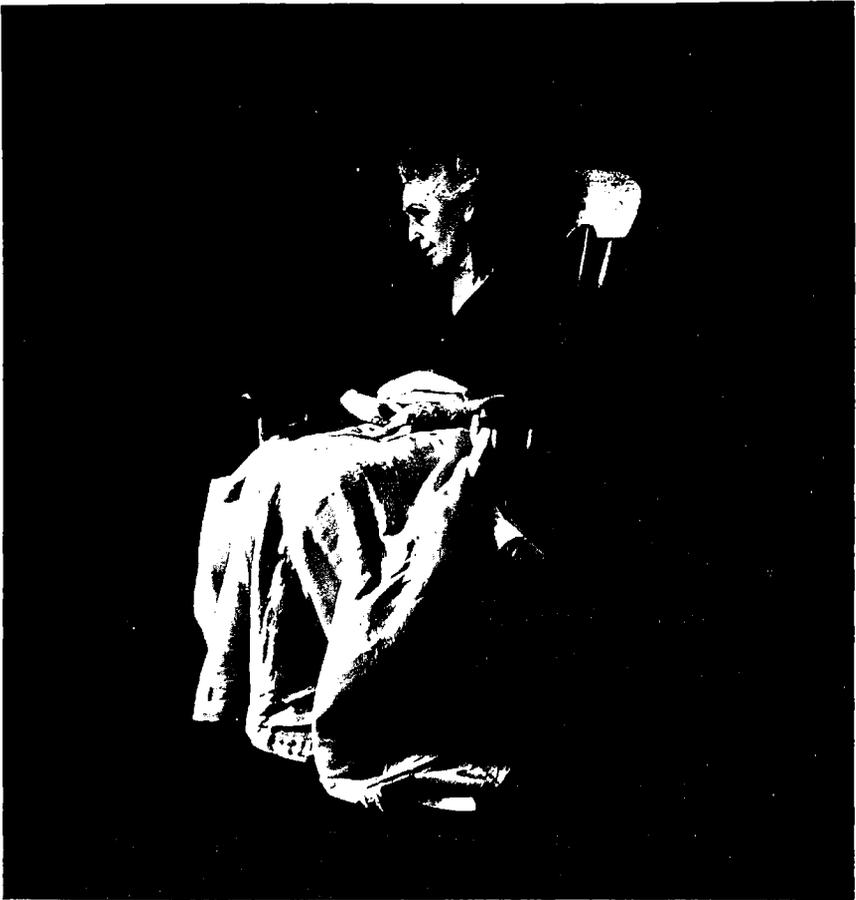
(Continued on Page 16)

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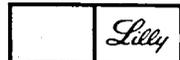
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(Continued from Page 14)

looking forward to the Western Hospital Convention in Portland (May 8-9) that is on the agenda for this month. Many interesting displays and speakers have been planned for the Medical Record Personnel. It should prove to be very stimulating. A more detailed report will be given next month.

Now that nine months of study for our Medical Record Technician Students is drawing to a close, the season for field trips is once again in session. The first of these field trips was to the Pierce County Medical headquarters here in Tacoma. The students were given a very cordial tour of the offices and the IBM method of billing procedures was explained to them. It was extremely complicated in nature but of great interest to all.

The Tacoma Chapter of Medical Record Librarians met for its monthly meeting at Doctors Hospital. All of us were saddened by the news that Miss Sally Mount, R.R.L. of Tacoma General will soon be leaving Tacoma. We wish her the very best in her future endeavors. The topic of greatest discussion at the meeting centered around the convention in Portland. Another meeting is being planned after the convention in order to discuss items of interest gained from the convention.

Sister Antonia and several Sisters attended the mid-year meeting of the Washington State Hospital Association in Bellingham April 6, 1962.

The topic "Health Care for the Aged" was a pertinent and timely one for all private non-profit hospitals. Washington State is way out front in the care provided for its citizens on all age levels. But we can't rest on our laurels; we must keep striving to improve patient care at all times.

The best part of the meeting was the sur-

prise door prize which turned out to be an eighty pound halibut won by Sister Angelina from Spokane, Washington.

The Catholic Hospital meeting was held in St. Joseph Hospital. Miss Grace T. Gould, R.N., from Olympia was the speaker. She stressed the broadening of patient care to include the family especially in the care of the mentally ill. This is not a new approach but one which is not stressed in our interest in the care of the patient.

**Business Office**

Mrs. Nish, one of our young, has taken off to enjoy the opening of the World's Fair.

Mrs. Teresa Kingsbury has purchased a new home in Ruston. We all know she is enjoying her beautiful view of the water.

Vacations seem to be the topic of conversation these days. The big decision is when I want it and where to go. We hope everyone has a nice vacation.

Thank goodness the 15th of April has passed. The phone has finally gone back to normal. The people who lose their receipts should be penalized.

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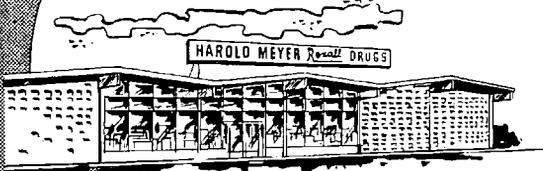
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## To The Pierce County Medical Society

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Dance.....	Mrs. John S. May and Mrs. David F. Dye
Fashion Show.....	Maybelle Miller and Mrs. Russell Q. Colley
Cook Book.....	Mrs. Thomas B. Murphy and Mrs. Robert A. O'Connell

Our last meeting for the current season will be a No-Host luncheon at the Doric Motel, with Helen Florence and Margaret Larson as Co-Chairmen. Marge Wicks has acquired the cooperation of the board, plus a talented member to write the narration for the program entitled, "Preview of Fashions for the Coming Year". The models will wear original creations to convey their Auxiliary efforts during the past year. We will also have installation of new officers.

Betty May and Rosemary Dye with their committee have been working diligently on plans and arrangements for the Annual Dance to be held May 18th at the Top of the Ocean featuring Stan Miskoski's Orchestra. Late supper or early breakfast (whichever you wish to call it) will be served. Tickets are \$10.00 per couple . . . do contact Marge Wicks, Nancy Buttorff, Betty Johnson or Ruth Zimmerman for your reservations.

Legislative Chairman, Lorraine Adams, reports that the Washington State Medical Association office has been and will con-

tinue to send out a weekly newsletter to Auxiliary members. These letters are published in order to keep you informed as to the legislative status of the King Bill. All Auxiliary members are urged to read this paper and if at any time they request action, please follow their suggestions promptly.

At present we are most anxious to obtain signatures on the petitions opposing the King Bill. These petitions, regardless of the number of signatures, should be returned to Lorraine by May 8th.

Let's remember to start writing those letters for the May 21st "pickup" now. Letters should be brief, with just one reason for opposing the King Bill, they should have a May 20th or May 21st dateline.

## More Pictures Needed For Medical Roster

A recent photograph of every doctor in the Pierce County Medical Society will be needed for completion of the pictorial roster of the Society which is to be published soon. The program for having a new photograph of each member doctor, with Perler's Studio as the official photographer, has been going smoothly, but about 25 per cent of the doctors have not had their pictures taken yet.

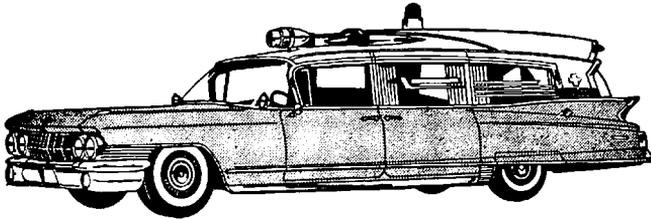
If you are one of those who hasn't been in for a pose, you will probably get a call from the photographer soon. Better yet, call Perler's at BR 2-7733 for an appointment, or stop by there any time to make arrangements. The studio is located at 746 St. Helens Ave. Several poses will be taken and you will have your choice of proofs. There is no charge for this as far as the proofs and one picture for the roster are concerned. You may, of course, twist the photographer's arm and get him to let you pay for some additional pictures for your family.

Will the doctor who borrowed Frank Rigos' book on "Ascents of the Cascade Mountains" please return same. It is a small, green book and I have forgotten who borrowed it. I would like to have it back as I NEED it! Thank you.

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## Convention Notes



Dr. William B. Castle

This is the first in a series to keep bulletin readers abreast of the plans for the 73rd Annual Washington State Medical Association Meeting, September 16-19, 1962, at the Davenport Hotel, Spokane.

The scientific program committee is under the leadership of Dr. Carl P. Schlicke, Spokane, and "Medicine and Century 21" is the theme for this year's meeting. Sixteen guest scientific speakers, representing 9 specialties, plus cancer and space medicine, have been invited to take part. Papers will also be presented by local speakers in the general and specialty sessions, with medical television, business sessions and sports events rounding out the program.

One of the guest scientific speakers will be Dr. William B. Castle, Minot Professor of Medicine, Harvard University, Director of the Thorndike Memorial Laboratory and Director of the II and IV (Harvard) Medical Services of the Boston City Hospital.

Doctor Castle is known for his leadership of his Department of Medicine and for the training of many men now serving as Deans, Professors or Associate Professors and others actively participating in Academic Medicine. As Director of the Thorndike Memorial Laboratory he has maintained an interest in the pathologic physiology of nutritional and hemolytic anemias, as well as other hematologic disorders. In particular, he and his associates have explored the relationship between achylia gastrica and pernicious anemia with the development of the concept of the disease as

a deficiency of Vitamin B-12 conditioned by defective assimilation of the vitamin usually as a result of intrinsic factor in the gastric secretion. In another series of investigations they recognized the significance of the spleen as a mechanical filter and consequently the role of anomalies of shape (spherocytes, sickle cells) or agglutination (antibodies) with respect to the retention of the red cells in the capillary bed. The concept of erythrostatics as the phenomenon underlying various types of accelerated red cell destruction not associated with hemolysins demonstrable in vitro was elaborated.

Joining Doctor Castle as guest speaker in the internal medicine sessions will be Dr. Francis C. Lowell, Boston, and Dr. Belding H. Scribner, Associate Professor of Medicine, University of Washington School of Medicine.

## Seattle Psychiatric Forum

Dr. George L. Engel has been selected as the speaker for the first Seattle Psychiatric Forum. He will present two lectures in the Health Sciences Auditorium of the University of Washington.

1. Thursday, June 28, 1962, 8:00 p.m. "Monica—The Consequences of a Depression of Infancy—A Ten Year Study." (Excellent motion picture data supplement the lecture.)

2. Friday, June 29, 1962, 8:00 p.m. "The Phylogenesis and the Ontogenesis of Depression." (Motion pictures demonstrating infant behavioral patterns in humans and monkeys are presented to illustrate the thesis.)

Doctor Engel, Professor, Department of Psychiatry, Rochester University, and Associate Professor, Department of Medicine, Rochester University, is widely recognized for his teaching and research in psychiatry and psychosomatic medicine.

The Seattle Psychiatric Forum is sponsored by the Committee of Psychiatrists for Community Action, an organization in Seattle concerned with local and state-wide activities related to mental health. Members of the medical profession and allied sciences are invited to attend the Forum.

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## Table Tennis Tourney Set; Tables Needed

With a new set of handicaps assuring that almost anyone could have a streak of luck and be a champion, some 40-odd physicians (hyphen optional) are expected to be on hand on Tuesday, June 5, for the second all-county physicians handicap table tennis tournament. Current champions are James Monfore in singles, and Charlie Galbraith and Marsh Whitacre for the doubles. Team champion for March was the House-Staffers, with the Pediatric Society second and the Surgical Club third.

Play will again be in the basement of Jackson Hall. If you have a table that you can bring in for just one evening, just once during the year, please contact George Tanbara. It's hardly equitable for the same men to have to cart their tables in at each tournament, when an adequate number of volunteers would insure that no one man would have to bring in his table more than once each year. So far five tables have been kept busy at each tournament. Engraved plaques will again be available for the winners. There will be a 50-cent entry fee for repeat contestants, and one dollar for rookies entering their first tournament.

Following is the list of new handicaps, but you don't need to have a handicap to enter the tournament.

Whitacre .....	5	Renedo .....	19
Tanbara .....	6	Rowen .....	19
Bader .....	7	Walker .....	19
Pelley .....	8	Waner .....	19
Cudek .....	9	Blankenship .....	20
Galbraith .....	9	Eltrich .....	20
Virak .....	10	Lantiere .....	20
Tuell .....	10	Kallsen .....	21
K. Graham .....	11	Apa .....	22
Sullivan .....	11	Bias .....	22
Peneyra .....	13	Hazelrigg .....	22
Strand .....	13	Hopkins .....	22
Alger .....	14	Bass .....	23
Malden .....	14	Comfort .....	23
Backup .....	16	Ferguson .....	23
Gustafson .....	16	Rohner .....	23
Harrelson .....	16	M. Thomas .....	23
Wood .....	16	Barronian .....	25
Monfore .....	17	Gross .....	25
Kanar .....	18	French .....	25
May .....	18	Hennings .....	25
Colen .....	19	R. Johnson .....	25
Doherty .....	19	Magnusson .....	25
Ekman .....	19	Maier .....	25
A. Herrmann .....	19	T. Smith .....	25
Man .....	19		

Team winners, March, 1962:

1. House Staffers
2. Pediatric Society
3. Surgical Club
4. Academy of Internal Medicine
5. Anesthesiologists
6. Doherty's Mavericks
7. Academy of General Practice

Singles winner:

James Monfore

Doubles winners:

Charles Galbraith and Marsh Whitacre.

Financial Statement:

Entry Fees Collected.....	\$35.50
Balls .....	\$ 1.50
Plaques .....	20.28
Balance .....	\$13.72

## Faith Home Needs Equipment, Medications

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- an electrocautery unit
- 2 hemostats
- an examining table
- a fetal stethoscope

Contact Faith Home if you have any of these items to spare.

They can also make good use of your drawerful of sample medications. Have your nurse pack them all into a sack or cardboard carton, then drop them off at the Medical Society office. You don't need to sort them out—just bring them in and someone else will do the sorting.

## Dates To Circle on Your Calendar

DOCTOR-LAWYER DINNER . . .

Friday, May 11

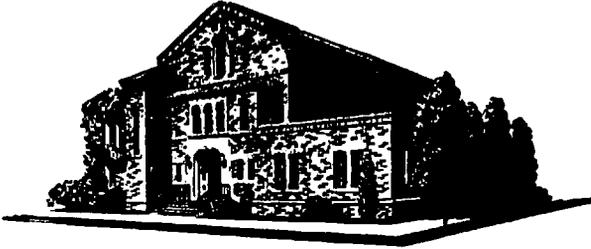
DOCTOR-DENTIST FIELD DAY . . .

Friday, June 22

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Thanks to all for your help in promotion of Poison Prevention Week. With accidents now the principal cause of death among children, we value the work of all physicians and others co-operating to instruct parents of young children in safety measures to prevent poisoning accidents, and in publicizing emergency facilities available in Pierce County if poisoning should occur.

If these preventable accidents are to decrease, a continuous educational program is needed to contact all new parents as their children reach the exploring age. No one is better suited to stress the necessary safety precautions to prevent poisoning in the home than the doctor who would be consulted immediately if poisoning occurred.

The three brochures mailed during Poison Prevention Week were developed to make this office education program easier. A number of doctors have requested additional supplies of these three for distribution to parents of toddlers throughout the year. If there is moderate demand, each of the three can be produced for between 1c and 2c per copy.

Please use this coupon to let Judy Gordon know the number of these brochures you wish, at this cost, for your office for 1962:

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(pink folder)
- ..... "First Aid for Poisoning"  
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## Pearls Reaped From Stanford Symposium

The Stanford University School of Medicine chose famous names from all corners of the country to present "The Skin and Internal Disorders". This three day symposium was most stimulating. A few pearls of interest to all are reviewed.

The panel on Lupus Erythematosus—Louis A. Brunsting, Cecil J. Watson and Halsted R. Holman—exercised the inter-relationship of lupus erythematosus, the agamma-globulinemias, idiopathic thrombopenias and rheumatoid states. Some interesting "rules of thumb":

Hemolytic anemia plus Raynaud's syndrome strongly suggests S.L.E.

Hemolytic anemia plus purpura strongly suggests S.L.E.

The severity of S.L.E. can be followed by the degree of leukopenia.

Evidence of S.L.E., rheumatoid arthritis or increased gammaglobulin or positive anti-tissue antibodies in a patient will point to similar problems in other members of the patient's family in 60% of cases.

Lowell A. Rantz of Stanford spoke on Pyoderma and Recurrent Furunculosis. (The Stanford routine follows this article.) An important point—The new Oxycillin (Prostaphlin) should be given 4 to 8 grams per day for coagulase positive staph infections and should always be given on an empty stomach.

Thomas H. Sternberg of Los Angeles stressed the rise in new cases of primary and secondary syphilis based on homosexuals. This makes case reporting most difficult. Penicillin remains the treatment of choice unless the patient is Penicillin sensitive. Tetracycline in adequate doses may be substituted. The Herxheimer reaction may be controlled with steroids given prior to Penicillin.

Doctors Watson and Brunsting covered porphyria and the photo-sensitive and photo-toxic eruptions. Two diagnostic shortcuts are of interest: "Patches of morphea on exposed areas of the chest, plus hirsutism on the face, points to porphyria."

"Acrosclerosis plus hirsutism of the face suggests porphyria."

In the Schwarz Test for porphyrobilinogen, Butanol is specific for porphyrobilinogen, whereas, Chloroform may pick up other coloring substances to give a false positive test."

—JOHN M. SHAW, M.D.

### Regimen for Patients with Recurrent Furunculosis

#### Personal Care

1) Shower twice daily with pHisohex. Twice-daily showers are probably necessary for two or three months, at least. If problems are controlled, one daily shower seems enough. Cessation of showers can be expected to result in relapses, however.

#### Shower Technique:

1. Step into shower, moisten entire body.
2. Apply pHisohex by hand. Attempt to work up a lather.
3. Lightly rinse body so as to moisten skin.
4. Now lather more vigorously. Do not add additional pHisohex.
5. Rinse thoroughly.
6. Blot dry with soft towel.

2) Apply neomycin-bacitracin ointment to anterior nares, hands and fingers, and groin, four times daily. Intranasal ointment is applied by means of cotton-tipped applicator stick. Times for ointment are: after morning shower, in late morning, in late afternoon, and after evening shower.

**STRICT ATTENTION TO DETAIL IS NECESSARY. THIS PROGRAM INITIALLY SEEMS HARD TO FOLLOW, CONSEQUENTLY THE PHYSICIAN MUST INSIST ON CLOSE ADHERENCE UNTIL HABIT PATTERNS ARE ESTABLISHED.**

#### Laundry and Linen:

1) All laundry and linen should be boiled at least once, and then kept separate from unboiled materials.

2) If a home laundry is used, use a standard detergent and allow a complete cycle to pass. Then repeat the rinse, adding two tablespoons of SBT-12 or L-300 per gallon of water (usually five tablespoons suffice).

3) Change shirt and underclothes daily.

**OVERWEIGHT?**

10-12 HOUR HUNGER CONTROL WITH  
LESS THAN 1% CNS STIMULATION

**TENUATE® DOSPAN**

## Classified Advertising

### FOR SALE BY OWNERS

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### MEDICAL SPACE AVAILABLE TACOMA NORTH END

New Medical-Dental Bldg.; completely equipped; on arterial street; in well populated residential area; off-street parking. Large reception office with business office adjoining (2) private offices - six treatment rooms, laboratory, (2) rest rooms, wide hallway. For information, building plan, call or write Mr. Robt. Goldberg, 4320 N. 27th, Tacoma, Wn., days FU 3-3484 — eve. SK 9-7035.

4) Change towels and wash cloths daily.

#### Environment Sanitation:

Closets should be emptied, and clothing aired in the sun for two successive days—and not restored to the closets until the closets have been sprayed or washed down with SBT-12.

#### The Family:

1) All members of the household should be studied bacteriologically to determine whether they are carriers of coagulase positive staphylococci.

2) Carriers should shower with pHisohex as above, and use neomycin-bacitracin ointment as described above.

#### General Observations:

1) Systematic antimicrobials should be withheld unless a deep or progressive infection is present.

2) General studies should include 2-hour p.c. blood agar serum electrophoresis, history should be investigated for exposure to hospital staph, repeated infections, exposure to antimicrobials, family history of diabetes (minimum).

3) If the history of boils is of recent onset, it may be worthwhile to determine if the patient's family, work, geographic or psycho-social adjustment has undergone a recent change. In such instances, the prognosis is considerably better than in long-standing cases.

#### SBT-12

SBT-12, also known as L-300, may be obtained through:

Lamar Chemicals  
12 Josephine Street  
Sausalito, California

### MEDICAL SPACES FOR RENT IN LAKEWOOD FURNISHED OR UNFURNISHED

**DOCTOR**, do you want a completely furnished Lakewood Office with ample parking? Two brand-new medical suites are now available in new Lakewood Professional Village building, suitable for part-time, full-time, single or shared occupancy. Located between new Lakewood Hospital and Villa Plaza Shopping Center. Contact: Mitch Gasparovich, 3660 Tahoma Place, Tacoma 66. Phone SK 2-2033.

**FOR LEASE**—Suite ideal for G.P. in new brick air-conditioned medical-dental clinic. Share lab and x-ray facilities with long established G.P. Would hope to exchange calls. Suburban Portland. Available June 1. PR 4-1422.

**NORTH END CLOSE IN.** Authentic English style brick home. Beautifully paneled entry hall and central staircase. Large living room with Cathedral ceiling, extra large dining room, kitchen and nook. 3 bedrms. up. W/W carpeting up and down. Rec. room and bedrm. in basement, 3 sets of plumbing, 2 fireplaces. Call Swanson-McGoldrick Inc., BR 2-4138.

**CLINIC SITE** across from Mary Bridge Children's Hospital. 163 ft. on South L by 80 ft. deep. Presently has three homes on the property, can be sold as one property or individually. Contact Harry Hotchkiss, R. E. Anderson & Co., Inc., 752 Broadway, BRoadway 2-8475.

**ESTABLISHED**, well-equipped medical center has office space available for general specialties and general practices. Low overhead. 1302 No. 1 Street. FU 3-1717.

### MEDICAL SPACE — MEDICAL CENTER

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## Health Exams For Camp

Physicians wish to encourage school-age youngsters in going to camp. Camping organizations are anxious for adequate health evaluation of their camping children, done by the children's physician with sufficient leisure to permit treatment of any problems discovered.

With these goals in mind, the School Health Committee has negotiated the following agreement, approved by the executive committee with Girl Scouts, Boy Scouts, Campfire Girls, 4-H, YWCA, YMCA and Tacoma Boys' Club.

1. The camping organizations will recommend that each camper's physical examination be done in a doctor's office. If possible, this examination should be

a) a *health supervision examination* including complete medical history and a prelude to annual health examinations by the child's physician. If the family does not wish this, the child should have

b) a *complete physical examination* also done in the doctor's office.

2. Any complete examination done within 12 months of camping date will satisfy the camping requirements. The report with the date of the original examination and any necessary interval notes, should be recorded on the form provided by the camping organization within one month of camping date (a uniform reporting form is being considered for next year.)

3. In cases of children having physicians where examination in the doctor's office is felt by the camping organization to be a financial hardship for the family, the organization will contact the doctor's office.

4. Children without physicians, whose physical examination in a doctor's office will cause a financial hardship will be handled as follows:

a) the Medical Society office will keep a list of physicians volunteering to do these exams at less than cost. The camping organization will call the Medical Society for the name of a physician convenient to the child.

b) the camping organization will call the doctor's office indicating whether they feel the family should pay: 1) part, 2) token, or 3) nothing for the examination.

5. Neither the Medical Society nor camping organizations approve group physical examinations, but arrangements for these can be made in urgent situations if parents are made to understand that this

is not an adequate type of examination. Specifically, the Medical Society feels that physical examinations should be completed before the child departs for camp.

We appreciate the excellent cooperation of the camping organizations who will try to get children to our offices as far in advance as possible. They, in turn, will appreciate as precise recommendations as possible regarding the child's camping activities.

Any questions or suggestions for improvement of this program, will be appreciated by the committee.

—DAVID L. SPARLING, M.D.,  
Chairman,  
School Health Committee.

## Heart Assn. Publishes New Pamphlet

A pamphlet for physicians to give patients being treated with anticoagulants is now available from the Pierce County Heart Association.

The publication "Anticoagulants, Your Physician and You" has been prepared by the American Heart Association to reinforce verbal explanation and advice given by physicians when introducing anticoagulant therapy. It explains the importance of periodic laboratory tests, warns against the possible added effects of other drugs taken without a physician's prescription, and reminds patients to mention their anticoagulant medication to other physicians or dentists from whom treatment may be sought.

Physicians may order supplies of the pamphlet from Pierce County Heart Association, 120 North Tacoma Ave., Tacoma, Wash., or by telephone at BR 2-7854.

## Doctor-Lawyer Field Day

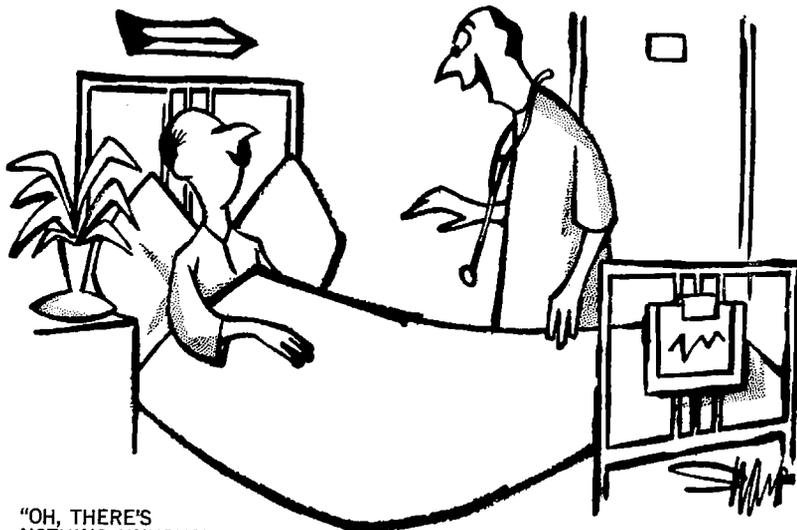
The annual Doctor-Lawyer Field Day will be held on Friday, May 11th at Fircrest Golf and Country Club. Golf and bridge will be followed by a no-host cocktail party and dinner commencing at 7 p.m. Cost of the dinner will be \$4.50 per person and a choice of either steak or seafood will be available—doctors planning to attend are to let Dr. O'Connell know which they prefer.

Those who will play golf may make up their own foursomes or foursomes will be made up at the Club; greens fees will be \$6 for non-members and \$2 for members.



"WHEN DID YOU FIRST  
START THINKING OF YOURSELF AS A STALACTITE?"

Courtesy Medical Society Magazine Group



"OH, THERE'S  
NOTHING UNUSUAL  
ABOUT YOUR DISEASE IN ITSELF — IT JUST HAPPENS TO BE THE FIRST  
TIME THAT IT'S EVER BEEN CONTRACTED BY A HUMAN BEING!"

Courtesy Medical Society Magazine Group

## Pierce County Medical Society

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## MONTHLY MEETINGS

### STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.  
Auditorium of Medical Arts Bldg.

### STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

### STAFF OF NORTHERN PACIFIC

Second Monday of each month—noon.

### STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

### STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

### TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Tuesday of each month—8:30 p.m.

Board Room of Pierce County Medical Society

### TACOMA ORTHOPEDIC SOCIETY

First Tuesday of each month—8:00 p.m.

### PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August  
—8:15 p.m.

### STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

### TACOMA SURGICAL CLUB

Third Tuesday of each month—6:30 p.m. at Tacoma Club

### TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

### PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—  
6:30 p.m. at Honan's

### PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—  
6:00 p.m.

### STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m.  
at New Yorker Cafe

### STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

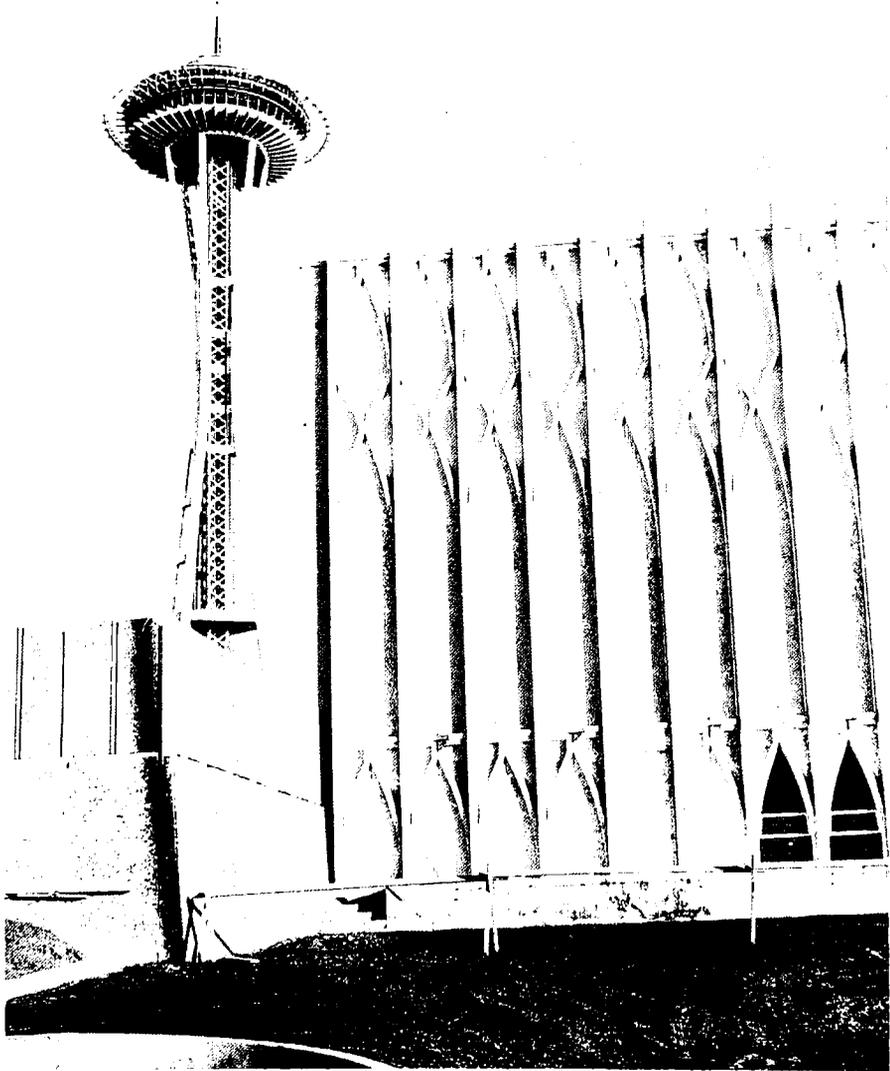
SMR

# BULLETIN

VOL. XXXIII—No. 6

TACOMA, WASH.

JUNE - 1962



PIERCE COUNTY MEDICAL SOCIETY

**THE MEDICAL SOCIETY DOES NOT MEET  
DURING JUNE, JULY or AUGUST.**

The Medical Society Office will be closed  
from June 22 to June 29.

# Pierce County Medical Society

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 President-Elect ..... Stanley W. Tuell  
 Vice-President ..... Frederick J. Schwind  
 Secretary-Treasurer ..... Arnold J. Herrmann

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Robert M. Ferguson	Frederick J. Schwind

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 Business Manager ..... Judy Gordon  
 Auxiliary News Editor ..... Mrs. Robert A. Kallsen



# Happy Birthday

## JUNE

- 2 TREACY A. DUERFELT
- WILLIAM L. ROHNER
- 5 JAMES L. VADHEIM
- 7 JOSEPH B. HARRIS
- 8 JACK J. ERICKSON
- 10 HAROLD D. LUEKEN
- 11 JACK MANDEVILLE
- 13 ERNA GUILFOIL
- 14 THOMAS O. MURPHY
- 15 MILES PARROTT
- GEORGE TANBARA
- 20 GEORGE BATEY
- 21 LEO ANNEST
- JACK W. LEE
- 22 MARCEL MALDEN
- 25 JAMES F. EARLY
- 28 L. S. DURKIN
- M. E. LAWRENCE
- H. HERBERT MEIER

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Thomas W. Owen, Vice President and Manager of National Bank of Washington's Investment Department, studies a bond quotation just received over the Bank's teletype.

Day in and day out . . . by teletype, telephone and telegram . . . Thomas W. Owen, Vice President and Manager of the Investment Department of National Bank of Washington, keeps in constant touch with the fluctuating bond markets throughout the country.

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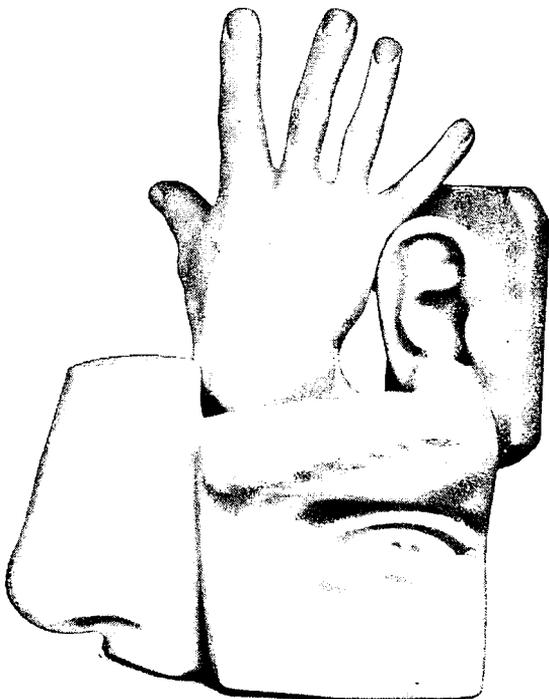
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Request complete information on indications, dosage, precautions and contraindications from your Lederle representative, or write to Medical Advisory Department.

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## *President's Page*

Last week the officers of the Medical Society met with the executives of the United Good Neighbors of Pierce County. The meeting was initiated by us and our offer to counsel with them where matters of health are concerned was well-received. It is disturbing to the UGN, as well as to us, that there should be so much duplication and overlapping in voluntary health agencies. We are both anxious that research, education and community service in the attack on disease should go forward. We would like to see it achieved by voluntary giving as well as government subsidy. How can the waste of effort and money brought about by several agencies working in the same general area be eliminated? It is a huge, complex problem and, considering the national scope of many of the voluntary agencies, it is a problem which we will not solve locally.

At our meeting, it was agreed that the officers of the Pierce County Medical Society will act as a liaison committee available to the UGN board. We will act as their medical advisor in regard to the value of various health services and the merit of health agencies which apply for coverage under the UGN.

Some physicians or groups of physicians practicing in Pierce County may have a research project for which they would like to use UGN funds. If such a project is approved by the executive committee of the Pierce County Medical Society, the UGN will be glad to consider their application for funds. Applications for admission to the UGN campaign in any year must be submitted before February 1. This is a chance for those of you interested in medical research to put our UGN funds to work locally.

—G. M. WHITACRE, M.D.

## June Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1  C.P.C. of St. Joseph's—9 a.m.
4	5  Staff of T. G. 6:30 p.m.  C.P.C. of Mary Bridge—8 a.m.	6	7  C.P.C. of T.G. 8:30 a.m.	8  C.P.C. of St. Joseph's—9 a.m.
11 Staff of Doctors Hosp.—7:30 p.m. Staff of Good Samaritan 6:30 p.m. Staff of Northern Pacific—Noon	12  C.P.C. of Mary Bridge—8 a.m.	13	14  C.P.C. of T.G. 8:30 a.m.	15  Staff of Medical Arts Hospital 7:15 a.m.  C.P.C. of St. Joseph's—9 a.m.
18  Staff of St. Joseph's 6:15 p.m.	19  C.P.C. of Mary Bridge—8 a.m.	20	21  C.P.C. of T.G. 8:30 a.m.	22 Staff of M. Bridge 12:15 p.m. DOCTOR-DENTIST FIELD DAY Fircrest C.P.C. of St. Joseph's—9 a.m.
25  Staff of Mt. View General Hospital	26  C.P.C. of Mary Bridge—8 a.m.	27	28  C.P.C. of T.G. 8:30 a.m.	29  C.P.C. of St. Joseph's—9 a.m.

Grand Rounds—Mt. View General Hospital—Every Saturday 8:30 to 10:00 a.m.

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# *Editorially Speaking*

## **Will Your Child Be A Socialist?**

I found it refreshing the other day when my young nephew told me he couldn't see how the current bill for medical care for the aged could pass, because nearly all of the young people he knew were against it. Duly refreshed, my next thought startled me . . . "What are my own children's thoughts on this subject?" I had to admit I didn't actually know, because I hadn't reviewed it with them in detail. Since then, I've taken the time to explain to them the dangers of Socialism and the present trend toward a welfare state.

In the young child we try to strengthen character by assigning him progressively greater responsibility as he grows older. By the time he is in his teens, he is ready to correlate this feeling of personal responsibility with some sort of political philosophy. He'll be exposed to various influences—schools, friends, TV, movies—in molding his political philosophy, and parental influence should be given its just proportion.

Teaching our teen-agers to think clearly on these subjects may not help defeat HR 4222, but it may help stem or slow the tide of Socialism a few years hence. If you have teen-agers in your home, don't forget to discuss these subjects with them. The kind of citizens they become in future years, and their decisions at the ballot-box, may depend mainly on the advice and information they received from the person they probably respect more than anyone else—you.

—S.W.T.

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## Political Veteran, Homer Will Seek State Senatorship

Closely following political victories by two Pierce County physicians—Arnie Herrmann and Ernest Banfield — Tacoma's most experienced and best-known doctor-politician, Homer Humiston verified recent rumors when he announced he would file as a Republican candidate for the office of State Senator from the 26th District.

Homer, an expert parliamentarian, has had many years of valuable experience in political and administrative positions. He served two terms on Tacoma's City Council, being deputy mayor for the last two years. Since 1956, he has been medical director of the Pierce County Medical Bureau. In 1960-61, he was President of the Washington State Medical Association and in this position was in close contact with State legislative problems and the politically intricate maneuvers that were involved in making worthwhile progress in Olympia.

Homer's medical training was at Harvard Medical School and later at the Mayo Clinic, before he came to Tacoma in 1939. He was President of the Pierce County Medical Bureau Board of Trustees in 1947-48 and President of the County Medical Society in 1948-49.

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## Attention . . . X-Ray Technicians

The 34th Annual Convention of the American Society of X-Ray Technicians is to be held in Seattle during the week of July 7-12, 1962 at the Olympic Western Hotel. This is the first time the Northwest has been host to the National Convention and we urge all technicians to avail themselves of the opportunity of participating in such an important event. You will find a complete program of the week's activities in the May issue of the X-RAY TECHNICIAN. Make your plans now to attend and to support the tremendous amount of work that has gone into the planning of your convention.

---

**PATRONIZE YOUR ADVERTISERS**

## Big Turnout For Monthly Meeting At Madigan Hospital

When 117 members turn out for a monthly meeting of the Pierce County Medical Society, that's news! A crowd of doctors that would have overflowed Honan's and the usual meeting auditorium, found lots of room, sociability, hospitality, good food, and a well-rounded scientific program on Tuesday, May 8th, at the Madigan General Hospital Officers' Club.

General Crawford was a genial host, and Colonel Crone conducted a spirited program consisting of five interesting cases presented and discussed by staff members at Madigan. President Marshall Whitacre conducted a short business meeting and everyone was back home at a reasonable time, despite the extra travel-time required. Guests and hosts both hinted that a similar combined meeting should be considered for next year.

---

## Doctor-Lawyer Field Day

The afternoon was sunny and warm as lawyers closed their musty tomes and doctors left their antiseptic environs and gathered on the greensward of the Fircrest Country Club. With the legal profession serving as hosts, the afternoon of Friday, May 4, provided fair skies for a well-attended golf tourney and (for the less athletic) a duplicate bridge contest.

Following a period of fellowship and liquid replenishment (electrolytes only, of course!) the professions gathered at a no-host dinner. The silver-tongued orators provided the banality with the brief, but able assist of Marsh Whitacre. Prizes for the very apt and, in some cases, for the far-from-apt golfers sailed through the room like golf balls.

Most of all the day provided for all present a common meeting ground for two ancient, able and honored professions who, in this day and age, need to stand side by side for their own future as well as the future of those they serve. Perhaps if all county groups in these United States had similarly united for lo these past ten years, we wouldn't be facing one aspect of today's challenge.

—James Hazelrigg, M.D.

## Epidemiology Course Announced

An intensive short course in epidemiology is scheduled for July 9-13, 1962 at the University of Washington. The University's Department of Preventive Medicine, the Washington State Department of Health and the Communicable Disease Center in Atlanta have shared in the development of the course, which will bring Dr. Brian MacMahon of Harvard University and a number of other distinguished speakers to Seattle. Special lectures on measles vaccines, respiratory diseases, enterovirus diseases and methods of epidemiological investigation and research are included in the program. Interested physicians may obtain further information from the Department of Preventive Medicine of the University of Washington or the Communicable Disease Control Section of the State Department of Health in Seattle or Olympia.

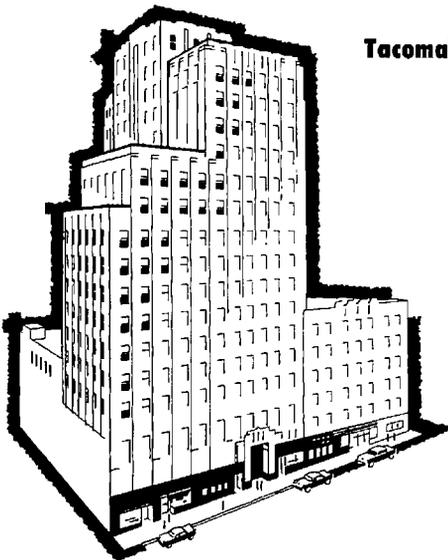
## Physician-Dentist Field Day

The annual Physician-Dentist Field Day will be held Friday, June 22 at Fircrest. A full schedule of events—fishing, golf and bridge—is planned and the day's activities will be rounded out with a cocktail hour and dinner at the club house.

Dr. Robert Osborne is in charge of fishing; Dr. John Alger, bridge, and Dr. Robert O'Connell, golf. The committee assures prizes galore for all events—everybody wins!

Further details will be mailed to you soon. Meanwhile, save the date.

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## Medical Arts Building

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# HOSPITALS

## St. Joseph's

### Medical Records

This month has been very busy and exciting for the Medical Record Technician students.

On May 1, the students went on a field trip to visit the U.S. Public Health Hospital, King County Hospital, and Providence Hospital, all in Seattle. At these hospitals the students saw various types of records and enjoyed the tours given by the Medical Record Librarians. The highlights of the field trip were the many departments at U.S. Public Health, the large out-patient department at King County and the heart research center at Providence Hospital.

On May 8th the students attended the Western Hospitals Convention at the Memorial Coliseum at Portland, Oregon.

During these last weeks before graduation the students are taking part in a cadet training program. Each student takes a week's training under the supervision of Mrs. Katherine Lehman, a certified Medical Record Librarian, in Eastern Washington. Thus far, the students have found the trip very rewarding and informative.

On May 17th the Medical Record personnel of the city, held a farewell meeting for Miss Sally Mount, who will be leaving soon for Galveston, Texas. A report on the Convention was given by Miss Sally Mount for those unable to attend.

The Record Department here at St. Joseph's has been the scene of much activity these past few days as the M.D.'s are most cooperative about coming in and completing their charts.

The inspection by Dr. Weir of the Joint Commission on Hospital Accreditation was held May 24th. We are looking forward to a good report.

### Surgery

The O.R. staff welcomes Mrs. Thurston, R.N., who was previously on night duty in delivery room. She is replacing Mrs. Chandler who will leave for San Francisco in June.

We have a celebrity in the group—Mrs. Alma Thomas is the proud possessor of a first place bowling trophy for the Tuesday Scratch League at Daffodil Bowl in Puyallup. Congratulations!

Mrs. Moe, Clinical O.R. Instructor, recently visited us up here, and everyone was happy that her hospital stay was a short one. Also, wishes for a speedy recovery to Mrs. Burnett's husband who recently had surgery.

Mrs. Geraldine Corak, who was with us for a short time, left to make her new home in Arizona.

Miss Brascher returned from her vacation in Hawaii, very tanned and rested; yes, she did have many interesting experiences to relate which made us all want to go to the land of swaying palms and sandy beaches!

Surgery staff wishes to express their sympathy to Mrs. Marian Wetsch, head nurse O.R., on the recent loss of her beloved father-in-law.

The "new look" of surgery is well underway, with many changes to come since the visit of the Public Health Inspectors. No doubt this is also happening in the other departments, and these changes are much for the better. We are proud to be employees of such a well-run organization as St. Joseph's Hospital.

### School of Nursing

The senior class had a very nice time at the Prom, "Tropic Mist". The Royal Court was made up of Miss Mary Jane Dalpe, Queen; Miss Young and Miss Roe, Princesses.

Wedding bells will ring the last of June for Mary Rochon. Mary plans to finish and graduate September of this year.

The School has really been in a whirl with campaigns and elections for Student Body Officers. Miss Dugger turned the gavel over to Miss Trunnell. Other new officers are: Vice President, Miss McGuire; Secretary, Miss Coleman; Treasurer, Miss Stahl; Social Chairman, Miss Kerst.

Junior have been busy campaigning and decorating for the Prom. We wish to thank the Sisters for the use of their plants. The plants fit in perfectly and made the dance

(Continued on Page 14)

Long-term effectiveness of METICORTEN continues to be demonstrated in J. G., the arthritic miner whose case was first reported a year ago and who continues to lead a fully active life today, *after seven years of therapy.*



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Case history provided by Joel Goldman, M.D., Johnstown, Pa. Original photograph November 10, 1960; follow-up photographs, November 29, 1961. METICORTEN,® brand of prednisone. S-019



remember this  
arthritic miner,  
doctor?  
he's still working  
after another  
successful year  
(his 7th)

on **Meticorten**®  
brand of prednisone



(Continued from Page 12)

seem right out of the tropics. A majority of the junior girls wore floor length gowns. Some of the more talented made their own gowns. Everyone looked lovely and all had a wonderful, memorable evening.

May has been a busy month for the Class of '64. As an appropriate beginning for the month of Our Lady, the following Freshmen were installed as members of Sodality: Misses Angie Jendryka, Joan Johnson, Maryelen Jones, and Barbara Mullin, as permanent or life-long members; and Misses Mitzi Alling, Marie Antush, JoAnn Courtney, Joyce Frederick, Karen Fredricksen, Jan Holter, and Donna Martin, as temporary members. Following the installations with Father Logan presiding, the Sodalists had breakfast in the school library.

On Sunday, the St. Joe's Student Body participated in a procession, recitation of the Rosary, and Benediction in honor of our Blessed Mother. Freshman statue-bearers included Miss JoAnn Courtney, Marie Antush and Angie Jendryka. Miss Marilyn St. Onge was chosen as the May Queen.

On April 23rd, Miss Gail Hotchkiss of the Professional Nurse Licensing Department was here to survey the school. School life is always a busy one. Even during the summer the faculty plans to work hard in the continued improvement of the School Program.

## Date To Circle on Your Calendar

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## Lakewood General

March 26, 27, and 28 marked another milestone in the progress of Lakewood General Hospital. The Department of Health licensing team, Miss Sally Heitman, Nursing Consultant, and Mr. James A. Bessey, Sanitarian, visited us.

During National Hospital Week, May 6-12, Lakewood General Hospital celebrated its first anniversary.

In recognition of these events the women of the Greater Lakewood Area were invited to attend a tea in our hospital staff library, Saturday, May 5 from 2:00 p.m. to 4:00 p.m. This invitation was also extended to our women employees and the wives of our male employees. The theme of Hospital Week this year was "Uniting Science and Patient Care". We carried out this theme, in part, by the use of displays and tours, of selected departments. We also encouraged membership in the Women's Auxiliary as an important part of our hospital team.

Displayed in the main entrance of the hospital is the American Flag so generously given by the Altrusa Club of Lakewood. Formal dedication ceremonies were performed.

In keeping with the theme "Keep Lakewood Beautiful" Brownie Troops 122 and 132, Intermediate Girl Scout Troop 482, planted three rose bushes at the west end of the hospital lawn.

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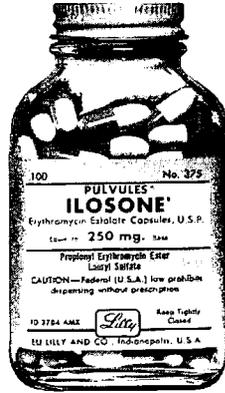
Members of the Pierce County Medical Society are advised that the Tacoma Branch of the Western Washington Chapter of the Arthritis and Rheumatism Foundation, as part of its program, is issuing Butazolidin (not Alka-Butazolidin) to needy patients afflicted with arthritis. These patients may receive this medicine at the Mountain View General Hospital Drug Room upon presentation of a prescription issued by their physician.

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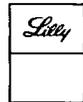


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## Top Speakers Listed For AMPAC Dinner

Senator John G. Tower of Texas, and Representative Harold B. McSween of Louisiana will be two of the top speakers at the \$25-a-plate banquet given by the American Medical Political Action Committee Sunday, June 24th, at 7 p.m. in the Grand Ballroom of Chicago's Palmer House.

Physicians and their wives, as well as others interested in political education and action by the medical profession, were urged by Dr. Gunnar Gundersen, AMPAC's chairman, to attend the banquet and participate in other activities scheduled for the day. Doctor Gundersen said more than 750 persons were expected to join Senator Tower and Representative McSween at dinner, reservations for which are now being made through AMPAC, 520 No. Michigan Ave., Chicago 11, Illinois.

"Many physicians and their wives who had planned to arrive Monday for the AMA's 111th Annual Meeting have now re-arranged their schedules to arrive Saturday or Sunday," Doctor Gundersen said. "The profession is fast awakening to the need for effective, concerted political action. This is evidenced by the snowballing support being given state political action committees and AMPAC itself.

"The program scheduled in Chicago is arousing unusual interest, and we believe that those who take part in the activities scheduled will find their time well spent."

After a closed breakfast meeting of AMPAC'S National Advisory Committee, at which a representative of every state will be present, a working session on political education and action—from 9:30 a.m. until noon—will be opened to physicians, their

wives, and others. Nationally prominent speakers will address the group on subjects of immediate political importance.

Dinner will conclude the day's program.

Senator Tower is the first Republican to be elected to the Senate from Texas since Reconstruction, and the only Republican Senator ever elected by popular vote from any of the former Confederate states. He is the only Senator to serve on the influential Senate Republican Policy Committee during his first term, and also functions as a member of the Republican Senatorial Campaign Committee.

Senator Tower fills the seat vacated by Lyndon Johnson, now Vice President. A former professor of political science, Senator Tower is assigned to two major Senate Committees—Banking and Currency, and Labor and Public Welfare.

Representative McSween was elected to the 86th and 87th Congresses from the Eighth District of Louisiana. A Democrat, he practiced law prior to entering public life. He is a member of the House Committee on Agriculture.

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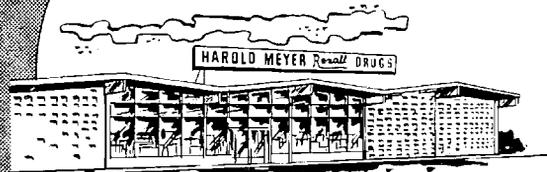
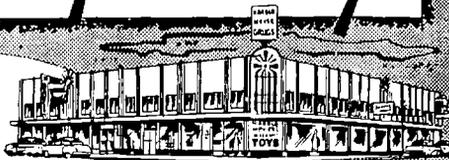
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Mental Health	Mrs. John M. Havlina
Today's Health	Mrs. Bernard A. Rowen
Cook Book	Mrs. Thomas B. Murphy and Mrs. Robert A. O'Connell

Auxiliary's last meeting of the year, luncheon May 18th at the Doric, was Auxiliary's most effective business-wise and was the most spectacular program of the year. The wonderful hat fashion show produced and narrated by Marge Wicks, with really clever and apt original hat creations made and modeled by the Board members, was viewed by few, however, and so was presented again that evening at the Auxiliary dance. Spectacular at noon luncheon, and a spectacle at midnight.

Auxiliary business was brisk that day, as financial wizard Ruth Brooke and her Finance committee, Hilda Lantiere and Gladys Hanson presented to the Board for approval and then to the membership for an affirmative vote, a new and much better plan for our nurses scholarships. The membership voted to present four \$200 scholarships this next year, one second year nursing scholarship and one third year to each of Tacoma General and Saint Joseph's Hospitals, for a total of \$800.

Our contribution to AMEF of \$417, a little over two dollars per member, was

also announced at this meeting.

The traditional passing of the gavel was accomplished gracefully as new President Jeanne Judd took office and introduced the members of her new Board. The many very accomplished women who have offered to serve on Jeanne's Board, and the variety of interests and areas they represent indicate that Jeanne plans to draw more Auxiliary members into active participation in our program this next year. The members who were present at this meeting had an opportunity to express their preferences as to the type of meetings we will have this next year, and it would seem Auxiliary's emphasis will swing a little toward the Social. This, of course, is one purpose of our organization, to welcome new doctors' wives to our community.

President Jeanne announced that invitations will be sent to new Board members for the summer Board meeting, to be held at 10:00 the morning of June 22nd at her home in Lakewood. Board members . . . bring your bathing suits! The meeting will be called to order around that lovely turquoise pool in Jeanne's patio.

### The Dance

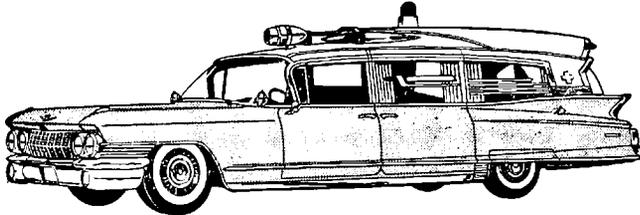
Along with everything else that week-end, sailboat races, horse shows, medical meetings, C-21 guests, and just tired blood, prospects for Auxiliary's annual fund-raising dance on May 18th palled as the night grew near. Only the very aggressive salesmanship on the part of some ticket-selling husbands, and the excellently planned chain of cocktail parties preceding the affair, brought out the tremendous and gay crowd seen there that night. The dance committee, laboring under every kind of handicap, should all be awarded brownie badges for this.

Having been invited to only one of the many cocktail parties given before the dance, Bulletin can only report on the glittering affair held at Kennedy's home, co-hosted by the Mays, which was one of the most delightful gatherings of the season. There we met Doctor Bryant Archer, sort of a British Ben Casey, his attractive wife was also there however. We also met two wonderful young couples interning at Mountain View, the Ron Cudeks

(Continued on Page 23)

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(Continued from Page 21)

and the John Teays, from Indiana. We met the prettiest girl in town, Billie Waneck, who is from San Antonio, and her husband Doctor Don. Doctor and Mrs. James Boudwin we met there, he specializes in twists, and did a very neat twist with Nadine Kennedy later at the dance.

### C-21 Revisited

After seeing the Fair, Bulletin couldn't help but comment on the report we had done previous to its opening. Re-reading our April issue, we find several glaring mistakes, such as the monorail ride being free on the admission ticket, it isn't. And there isn't any place in the Fine Arts Pavillion to take a nap. However some people sleep on their feet while viewing the Art exhibits there.

One artist in our party was quite impressed with a painting just inside the entry, a large yellow splotch on a black canvas. He cleared his throat while scanning it, very descriptively, and said, "Mom, you couldn't do a painting like that. It would take Mickey Mantle at thirty yards to get that splotch."

This comment hung with us for awhile as we appraised framed gunney-sacks and such, with the realization that more educated tastes than ours really appreciate this Art.

On with the Fair, it is all quite wonderful! Sorry we only bought nine thousand dollars worth of advance-sale tickets. The Doctors of Pierce County and their families will probably enjoy buying ten times that amount of tickets before the Fair closes. The fact is, most of the best things at the Fair are free, those that aren't free are delicious and reasonably-priced. The Payel at the Spanish Village is beyond description, and while eating there you are completely disjoined by the most exciting of all entertainments, the Flamenco dancers.

While still glazed of eye over the Flamenco dancers, we talked to Jeanne Vadheim, just back from a most fabulous tour of southern Europe. The Vadheims saw the Flamenco in Seville, and the real Flamenco dancers in Madrid are gypsies. The Spaniards might just be dining on eels while they're watching this in Madrid. Jeanne Vadheim did, says the slippery eels are tasteless. Jeanne also ate squid served in its own ink in Madrid. This is something on the menu there like fried chicken here.

The Vadheims were guests of a doctor in Madrid, a friend of John Bonica's.

Jeanne saw a lot the seven weeks they traveled southern Europe. They planned carefully before they took the tour, but couldn't make arrangements for the weather, which Jeanne said was mostly bad. In Cannes they had accommodations at the chateau of a White Russian Countess, but arrived in a blinding rainstorm, driving up to what looked like a Charles Adams cartoon, a formidable mansion of the haunted-type. A little old man in a striped vest jumped out to buttle, he later changed to a white coat to serve dinner, the next morning appeared in a white smock to light the fire in their bedrooms, then back to the striped vest as butler as quick as Jack Robinson. The Countess was very regal and melancholy. The food was excellent, but there was no heating in the chateau and no hot water. It was cold and rained the whole time they were on the French Riviera, they had a much more pleasant stay on the Italian Riviera. They thought Capri and the Bay of Naples the most beautiful spot anywhere. Jeanne loved Paris, felt a week there wasn't enough, and would like to go back.

But in talking to Jeanne, it seemed she always returned to Spain and Portugal for her superlatives. The Ritz Hotel in Lisbon is the most elegant she's seen, and the food there the best in the world. The Alhambra Palace in Granada was the most unique. The Spanish women were the most beautiful, they were all better-looking and better groomed than the French or Italian women.

Back to the Fair, those young Spanish waiters at the Fiesta are handsome. Our blonde fourteen-year-old got the thrill of 21 centuries when the handsome waiter asked if she would like wine. She replied charmingly in Spanish, but Doctor Dad almost broke his wrist putting his hand over her glass. Meanwhile the Flamenco dancers whirled on.

The Charles Larsons took their children over to see the Fair on their boat, spent the weekend there without worrying about overnite accommodations or traffic on the way home. Margaret says the weekend was just a glimpse.

The Bischoffs have been twice and say they've just begun to look around. They first saw the Fair with Wibby's parents, Mr. and Mrs. Pouch from Staten Island,

(Continued on Page 27)

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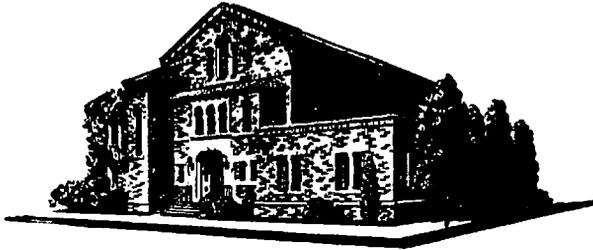
1. Kolodny, A.L.: *Dis. Nerv. System* 22:151 (Mar.) 1961.

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(Continued from Page 23)

who visited the Bischoffs two weeks. Doctor Bischoff's mother will visit here from the Hague, Holland in August.

The Fair is Big. Five Kallsens and five Durkins fanned out over the fairgrounds for ten hours one day without paths ever crossing.

Marilyn Mandeville's parents, the Thomases from Phoenix, Arizona, will be here the end of this month to see the Fair. They'll also baby-sit with the Mandeville children while Marilyn and Jack jet to Hawaii to a medical convention and two weeks on the beach.

Some of the best Fair publicity for Tacoma came out in Sunset magazine last month in that marvelous article on Doctor and Mrs. George Tanbara's home on Yakima Avenue. The house and the setting were pictured so beautifully, Kimi says her first impression seeing the article was, Is this our house? Kimi says the photographs were taken a year and a half ago, by now it looks like anyone's home, with bikes, cartons of playthings and discarded jackets all over the yard.

### Your Subscription Expires With This Issue

This being our last issue, we wish to thank readers who followed Auxiliary page of the Bulletin this year. It has been an honor to publish alongside such editorial excellence as Drs. Charles Reberger and Stanley Tuell, and such readable intelligence as the Hospital news columns.

For those who felt Women's Auxiliary News was a little racey for this dignified publication . . . hold onto your hats . . . beginning next month it will be Peg Race-y. Our good friend and neighbor, Peggy Race, will be Auxiliary News Editor for the Bulletin this next year.

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C.D. Civil Defense. Civil Disaster. Just those two words and we shrink away from the very thought of it. The whole idea of a Civil Disaster is so horrible our minds straightaway produce a hysterical anesthetic and obliterate it. We don't want to think about it. We rationalize that it just couldn't happen here, not to us . . . things are pretty good right now . . . we're just not interested in Civil Defense! Let someone else do something about it . . . we have so many other more pleasant things to do and plan . . . the dance coming up . . . and so while we are suspended in an anesthetic state comfortably enjoying all the benefits of living in our wonderful country, "the Communists have snaked their way into Hungary, then Cuba and our citizens, *you and I*, go gaily on our way carrying every type of insurance there is except C.D.; it has no cash-in or surrender value." Thus spoke Mr. Charles G. Ralls, director of the Washington State Medical Association Civil Disaster Committee, in his keynote speech.

Mr. Ralls went on to say, "We can't survive if we criticize every move made to survive. The United States must unite, grow up, plan and go forward to meet the challenge we face. We must create positive thinking and patriotic American action and remember that indifference led to the downfall of Rome, Greece and other great civilizations."

Following Mr. Ralls advice to use positive thinking, let us for a moment clear our minds of all prejudices and former thoughts on Civil Disaster. Make it a clean slate. Now, let's take a fresh look at Civil Disaster. For one thing, this does not necessarily mean a nuclear explosion, though that is the greatest threat. It means any kind of disaster that may occur in our community such as flood, earthquake, air crash, accidental missile explosion, etc.

"Home Preparedness" means not only to be prepared to care for your own family, but to help in the over-all community plan for handling any Civil Disaster. We do not have a sufficient number of physicians, nor do we have adequate hospital facilities to care for any sizeable number of casualties. There is not a hospital in the Seattle-Tacoma area that can handle 10 major

casualties at one time. And if some of our hospitals and doctors are lost in a disaster, how will hundreds or maybe even thousands of casualties be cared for? That is why we have 1800, 200-bed hospitals stored throughout the country, 44 in the State of Washington at a cost of \$20,000 each and 750 more to be purchased in the near future at \$45,000 each.

Since the physicians and nurses we have would not be nearly enough to care for mass casualties, it is necessary that we have training courses for the various para-medical groups so that they can function in medical capacities in these 200 bed Emergency hospitals. Therefore, the surgeon who operates on you during a disaster may actually be a dentist who has been trained to do emergency surgery in a time of disaster.

The newest idea in Civil Disaster training is teaching individuals the principles of self-help through "Medical Self-Help", a do-it-yourself type of program. Laymen, even teenagers can be taught life-saving techniques and basic survival until the help of a physician can be obtained. Public availability of this manual will soon be made possible and it is hoped that all members of the Medical Auxiliary and their families will avail themselves of this "Medical Self-Help" training course. People who have this training could manage the psychologically disturbed, deliver babies, and operate dispensary-type treatment stations. "Medical Self-Help" kits can be obtained through local Civil Defense offices for training teachers.

As a Medical Auxiliary, we have been given a small but very important part in the State Civil Defense plan. We should make every effort to do our part well. We are asked to cooperate with other community organizations in encouraging the population to engage in individual and collective survival preparations and training. As individuals, physician's wives are charged with the responsibility for *so preparing their own homes for Emergency that their husbands may be available for full participation in the Medical Plan for Emergency Action*. This requires carrying out the following steps for survival outlined in the Home Preparedness Program:

- (a) Know the Warning Signals and What they mean.
- (b) Know the Community Plan for Emergency Action.
- (c) Have Prepared a Family Shelter Area.

(d) Have Equipment for Emergency Cooking, Heating and Lighting.

(e) Know what to do about Radioactive Fallout.

(f) Have a two week supply of food and water.

(g) Be prepared to purify unsafe water.

(h) Have a Battery Radio not dependant on a commercial source of power.

(i) Know the Conelrad Stations.

(j) Have a First Aid Kit.

(k) Have Emergency clothing and blankets.

(l) Have Emergency Morale supplies.

(m) Do Fire preventive housekeeping and have emergency Fire Fighting plans and equipment.

(n) Have Emergency Sanitation Plans and Preparations.

(o) Have plans for evacuation in accordance with Community plan.

(p) Have preparations for evacuation: Automobile evacuation kit with food, water, first aid kit, battery or car radio, blankets; car in good order.

(q) Have a Family Emergency Plan with which all members of the family are familiar.

(r) Maintain Preparations Current with State and Local Plans.

Physicians' wives who are nurses, dental and medical technologists, medical social workers or who possess training in any of the other field classified in the A.M.A. report on National Emergency Medical Care as qualified to assist the Medical profession and who would be free from family responsibilities should:

(a) Avail themselves of all possible special Medical Civil Disaster training offered to members of their Professional Groups.

(b) Register for Emergency Service with their local Medical Civil Defense Director and receive an assignment.

(c) Report to their stations as quickly as possible after a disaster.

If, because of family responsibilities they could not report immediately but at a later stage following an emergency, they should register as stated above. Physicians' wives not possessing medical skills but who would be able to perform clerical or other non-medical work such as decontamination should offer their services to their Medical Civil Disaster Director or to the County Civil Defense Director.

Now let's take a *fresh* look at "Fallout Shelters." Many people mistake this to mean a bomb shelter. It is not! No one is asking you to prepare a bomb shelter! If

you are near the blast, your worries are over whether you are in a shelter or not. A "Fallout Shelter" is just that—protection from radioactive fallout. If you survive a nuclear blast and experts in the field of nuclear warfare have agreed that in the event of a major attack upon our country, 90% of our people could survive if prepared; you are not just going to stand out in the open, let the radioactive dust rain down on you and lie down and die. As Dr. Coggins of Sacramento, California, told us, "There is nothing noble about being stupid." So what are you going to do? Well, if you have a nice comfortable Fallout Shelter supplied for two weeks you and your family can cozily survive while the concrete and earth above you protect you from the deadly radiation. Following a blast, your children will have time to get home from school because you will have apporixmately 1 to 2 hours before the fallout would be dense enough to cause damage. This will also give you time to get the last minute things you think of that you need and no one will panic if everyone has a job to do.

According to Dr. Coggins in his report, we have always been bombarded with a certain amount of radiation from the atmosphere and man usually gets about 9 R's in a lifetime from his surroundings. The goal in this country is to hold radiation down to 13 R's per person per 30 days, since the average young American receives some radiation in medical and dental X-rays, industries, plants, surroundings and testing fallout today.

Some persons would be more susceptible to radiation sickness than others. The rays are very disturbing to the molecules of our bodies, it's like dropping grains of sand through a large chicken wire since our bodies are 1 part solid and 9,000 parts nothing.

Our best protection from radiation is *distance, shielding and time*. Best protection from flash burns is in wearing light colored clothing, shielding and do not get curious and look at the fireball.

Since fallout drifts from the blast with the prevailing winds in a cigar-shaped pattern, 90% of the area near a blast would be fairly free of heavy fallout afterward.

A Fallout Shelter need not be expensive. All that is needed is a mass of dense material between you and radiation. Five feet of dirt or sand or one foot of concrete is considered most adequate. But in an emergency, even stacks of magazines and books on a table offer some protection. Lt. Col.

Nelson, director of Military Medicine and Surgery at Fort Sam Houston, Texas, stated, "Survival is a matter of training and knowledge. Protection is dirt, distance and time."

Many thoughts have been expressed about Civil Defense. Some say that as Christians we should trust in God to protect us. This is true but just as the parable of the 10 virgins, five of whom were prepared with oil in their lamps and the five who were not, perhaps God expects us to help ourselves and not leave it all up to Him. I once heard a minister preach this truth and as an example he said, "If a fire started right here by the pulpit, I wouldn't stand here and pray, 'Oh, God, put out the fire.' I'd grab the fire extinguisher in the hall and go poosh . . . poosh . . . poosh! When the fire was out, I'd say, thank you God for helping me save the church."

Another popular idea is that our enemies would not bomb us because they want our beautiful cities without destroying them and you are so right! But as Dr. Coggins stated, "Can we trust a man who pounds his shoe on the desk or shouts in a rage at the Mayor of Los Angeles, 'We will bury you!' . . . not to destroy what he wants most in a fit of anger? Of course they do not want to destroy our cities. Dr. Coggins was assigned to accompany the Russians on their tour of America and he said, 'You should have seen their eyes pop at all the things we have.' But according to Dr. Coggins the Communists do not want *us*, they only want our *things*. Lovely new cars full of gas, beautiful buildings and homes all equipped with deep freeze, washer, dryer, colored T.V., *things* they don't have in Russia but which Mr. K. has promised his people."

"Again clear your mind of prejudices, says Dr. Coggins. If you have a loved pet that is old and sick what is the most humane way you think of to put him out of his misery? Yes, Gas. Could our enemies be planning to use 'sneakers' . . . sneakers that kill only living tissue but not things? Gas or biological warfare? Why did they accuse us of using it in Korea—to ease their conscience if and when they use it? Whole cities could be wiped out with just a fine mist in the air that could not be seen, felt or tasted. Why has Russia immunized 30 million of her own people in this way against deadly germs?"

Well, Dr. Coggins certainly gave us something new to think about! And he

pointed out that again our Fallout Shelters, the more poorly ventilated the better, or ones with filtered air would protect us along with masks, protective clothing, keeping shots up to date, and atropine to inject in massive doses to counteract gas poisoning. He pointed out that Clorox in the water changes the ph to inactivate or detoxify nerve gases and bacterial agents.

The last day of the meeting, the demonstration of a 200 bed Emergency Hospital in operation by the 50th General Hospital U. S. A. R., Seattle, at the Armory was very interesting. The mock casualties were so realistically "made-up" that it turned one's stomach. It was divided into sections for *monitoring*, testing for radioactive material on patients, *decontamination*, where they dispose of clothing and wash, *triage* which is sorting to decide what treatment is necessary, *shock and minor treatment area*, *operating room*, etc. This demonstration was rated excellent by national observers in their critique.

We all took part in a very realistic operational problem in which nuclear explosions took place over Portland, Tacoma and between Bremerton and Seattle. Our problem was how to protect the people in Seattle from fallout radiation, set up Emergency Hospitals and care for the wounded streaming from near the areas wiped out, and how to save the most lives in the shortest time.

From all this, my own conclusion was that at a time of such a disaster and chaos, we cannot expect much help or direction from anyone else immediately, so our best protection is to be prepared to take care of our own families as best we can and help others near us.

—MRS. ROBERT R. BURT,  
Medical Auxiliary Civil  
Defense Chairman.

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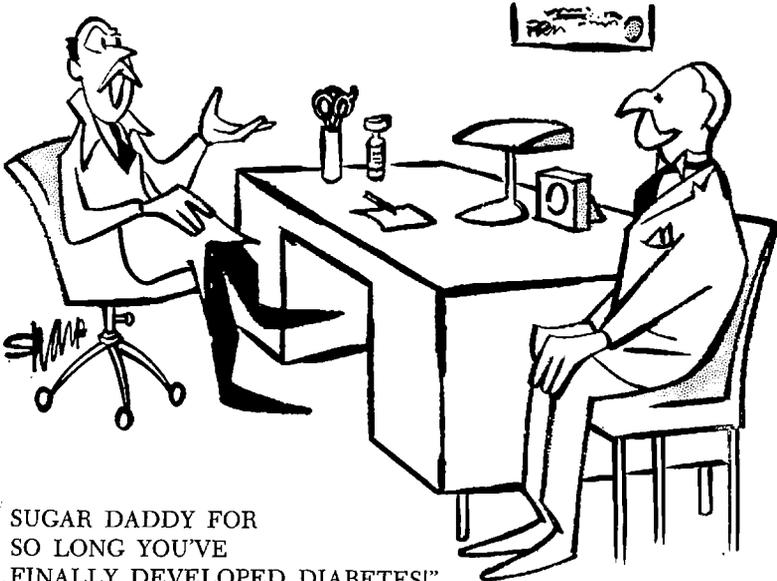
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## MONTHLY MEETINGS

### STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.  
Auditorium of Medical Arts Bldg.

### STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

### STAFF OF NORTHERN PACIFIC

Second Monday of each month—noon.

### STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

### STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

### TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Tuesday of each month—8:30 p.m.

Board Room of Pierce County Medical Society

### TACOMA ORTHOPEDIC SOCIETY

First Tuesday of each month—8:00 p.m.

### PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August  
—8:15 p.m.

### STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

### TACOMA SURGICAL CLUB

Third Tuesday of each month—6:30 p.m. at Tacoma Club

### TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

### PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—  
6:30 p.m. at Honan's

### PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—  
6:00 p.m.

### STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m.  
at New Yorker Cafe

### STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY



# BULLETIN

VOL. XXXIII—No. 7

TACOMA, WASH.

JULY - 1962



PIERCE COUNTY MEDICAL SOCIETY

**THE MEDICAL SOCIETY DOES NOT MEET  
DURING JUNE, JULY or AUGUST.**

# Pierce County Medical Society

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## Happy Birthday

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- 8 SIDNEY KASE
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- 10 CLARIS ALLISON
- HOMER T. CLAY
- JOHN M. KANDA
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## *President's Page*

Public relations is something we work at all the time, consciously or unconsciously, in our contacts with patients. The Public Relations Committee of the Medical Society is pursuing an active program of promoting medical education through the various news media.

One area where we can improve our public relations through individual effort is in the filling out of medical forms. Recently we have been made aware of a Social Security Administration survey which indicated that, considering the nation as a whole, "inordinate delays in awarding monthly benefits to disabled people are traceable to: 1) physicians' delays in returning medical report, 2) incompleteness of the medical reports furnished."

Although it would not be unreasonable to assume that there are other causes for delay in the processing of these claims, we should do our best to fill our Social Security disability forms promptly and in enough detail so that our patients' claims will not be unnecessarily delayed. While most physicians already do submit adequate reports promptly, there is room for improvement by the minority.

The preparation of a comprehensive report such as the Social Security Administration desires requires time, effort and perhaps re-examination of the patient. Many patients are not aware that it is their responsibility to pay for the submission of these reports (even though it is so stated on the government forms.) I believe that in most cases a fee should be charged to the patient for this service. Mr. Neusbaum, the Tacoma District assistant manager for the Social Security Administration, has given assurance that each applicant for Social Security disability will be informed by the desk clerk in their office verbally of his or her financial responsibility to the personal physician for reports submitted.

G. M. WHITACRE, M.D.

## July Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 C.P.C. of Mary Bridge—8 a.m.	4	5 C.P.C. of T.G. 8:30 a.m.	6 C.P.C. of St. Joseph's—9 a.m.
9 Staff of Northern Pacific—Noon	10 C.P.C. of Mary Bridge—8 a.m.	11	12 C.P.C. of T.G. 8:30 a.m.	13 C.P.C. of St. Joseph's—9 a.m.
16	17 C.P.C. of Mary Bridge—8 a.m.	18	19 C.P.C. of T.G. 8:30 a.m.	20 C.P.C. of St. Joseph's—9 a.m.
23	24 C.P.C. of Mary Bridge—8 a.m.	25	26 C.P.C. of T.G. 8:30 a.m.	27 C.P.C. of St. Joseph's—9 a.m.
30	31 C.P.C. of Mary Bridge—8 a.m.			C.P.C. of St. Joseph's—9 a.m.

Grand Rounds—Mt. View General Hospital—Every Saturday 8:30 to 10:00 a.m.

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## *Editorially Speaking*

Our scientific minds have little room for tolerance toward an individual who refuses blood transfusion on religious grounds. In a real emergency, such a patient seems to be ungratefully thwarting the physician's efforts to help him, and at the same time forcing the physician into a frustrating conflict between scientific, ethical, moral and legal issues. Though I am completely intolerant of a parent's refusal to let his child's life be saved with the administration of blood, I can find a certain glimmer of something refreshing in a person's refusal to have blood for himself.

Here, in Century 20, is someone will to die for a principle, without glory or dramatics. Novels, stage productions, movie spectaculars, history books—laud the heroes of the past who were willing to die for a principle—the Patrick Henry's, the Joan of Arc's, the Christians persecuted by the Romans. Surely the scientists and realists of Century I must have questioned the sanity of a person who would let himself be thrown to the lions rather than simply deny his label of "Christian". We've glorified as heroic martyrs those people who died in ignominy, ridiculed by the saner majority. In that century and in this, each as but a fleeting second against the millions of years gone by and yet to come, who can rightfully judge who is right, who is the hero, which sacrifice is worthy, which ridiculous? I cannot.

So, though we cannot agree with the person who refuses transfusion, and though we call such a decision unreasonable and foolhardy, perhaps we can find in ourselves some degrees of respect and admiration for a person willing to calmly accept death in defense of a principle. Perhaps in our smug impatience with such an obviously ridiculous principle, we miss the real lesson. Perhaps the good guys in the world—meaning us, of course—would overcome the bad guys a little sooner if more of us were willing to make a comparable sacrifice for the principles in which we believe.

S. W. T.

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## New Members



**Dr. Kenneth D. Graham, Jr.**

Dr. Graham was born in Aberdeen, Washington on May 20, 1930. He received his degree from George Washington University School of Medicine in 1956 and interned at San Joaquin General Hospital in Stockton, California; his postgraduate training was taken at Swedish Hospital in Seattle.

Dr. Graham entered general practice in Pierce County in September, 1961 with offices in the Medical Arts Building. He and his wife, Beverly, and their two young sons live at 1447 North Winifred.



**Dr. Fletcher J. Pomeroy**

Dr. Pomeroy was born in Hartford, Connecticut on January 4, 1927. He received his degree from Harvard Medical School in June, 1954 and interned at Salt Lake County General Hospital; his residencies were taken at the University of Colorado Medical Center in Denver and at the University of Washington.

Dr. Pomeroy began practice in Pierce County July 5, 1960; he is a specialist in Neurology with offices at 6018 Mt. Tacoma Drive, S.W.

## Development, Regulation And Utilization of Sources of Ionizing Radiation

In the spring of 1960, an act was passed in Washington State with the above title. This was done: (1) for the protection of public health and safety; (2) to enable the United States Government, through the Atomic Energy Commission to turn as many of its functions back to the State level as possible and (3) to promote a program to permit maximum utilization of sources of ionizing radiation within the state consistent with health and safety of the public. The act made the State Department of Health the State Radiation Control Agency under its director, Dr. Bucove. The act provided that the director, with

the approval of the governor, appoint a Technical Advisory Board on Radiation Control (TABRAC). The nine members appointed to TABRAC are to provide representation of the healing arts, research, industry and other users of ionizing radiation or experts in any field of physiological effects of ionizing radiation. TABRAC has responsibility to advise on matters of policy and approve rules and regulations under the directorship of Dr. Bucove. Shoe-fitting fluoroscopes are outlawed.

Drs. Norman Bolker, Spokane; Edward Cadman, Wenatchee; and David Christie, Seattle, represent the medical profession; Dr. Cecil Feasel, of Seattle, represents the state dentists. Reverend Joseph P. Nealen, J.S., Spokane; H. M. Parker of the Hanford Atomic Energy Project; W. H. Hannah of Bremerton; and Peter Wooton of Seattle add their knowledge of the basic physics and health sciences. Mr. Leo H. Long of Tacoma represents the industries in the

state that use ionizing sources of radiation.

It is hoped that the services of a health physicist, certified by the American Board of Health Physics, will be available to the Department in carrying out its responsibilities, when the need develops.

The universities in the state are, or probably will be, involved in the field of nuclear physics and these activities will probably expand in scope. Boeing might be dealing with atomic fuels in the future. Besides the x-ray machines of the healing arts and in dentistry within the state, there are about 140 AEC licensees in the state and 165 from other areas authorized to bring material into the state for temporary use.

Most of the states are participating in a Radiation Surveillance Network (RSN). This program was established by the Public Health Service on contract to the Atomic Energy Committee in 1956. It is now entirely PHS responsibility at the federal level and is dependent upon the states for operation. This survey information of environmental contamination is pooled and evaluated nationally. Air sampling, rain and surface waters, plant food and milk are studied for amounts and kinds of radioactivity.

Since 1958, dentists throughout the state have been participating in surveys of their office x-ray equipment. By means of film pack surveys and a method called Sur-Pak, helpful recommendations are being made to the dentists to improve the safety of their machines. They are in full cooperation with the project. On the initial survey there were about 70% of the x-ray machines that needed additional filtration and 43% needed additional coning devices.

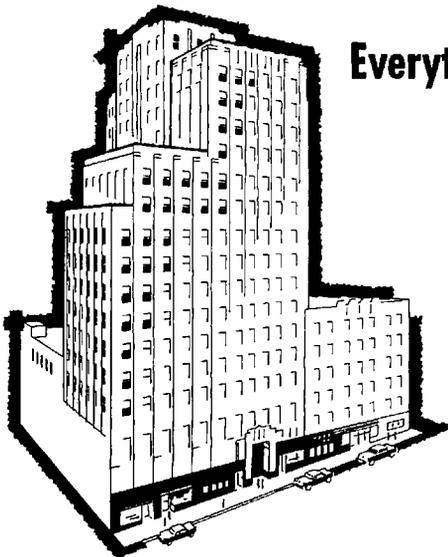
TABRAC is in the process of formulating plans for the registration of all ionizing sources of radiation within the state. Within six to twelve months, registration forms will be sent to all persons and/or companies within the state that possess sources of ionizing radiation.

The law is not set up to dictate to the medical profession how and when radiation may be used for medical purposes.

If there are any comments, questions or suggestions from members of the medical profession, please direct them to one of the members of TABRAC.

—DAVID P. CHRISTIE, M.D.

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Call No.	Doctor	Call No.	Doctor
101	Adams, Samuel	139	Burt, Robert R.
383	Alger, John	140	Buttorff, Douglas
102	Allison, Claris	141	Cameron, Walter C.
103	Allison, Donald	142	Camp, Harry W.
105	Anderson, Edward R.	384	Chambers, Robert M.
106	Anderson, Horace A.	143	Clark, Thomas H.
107	Annest, Leo	144	Clay, Homer
108	Apa, Theodore	145	Colen, John
109	Arnold, Charles B.	146	Colley, Russell
110	Avery, William B.	147	Comfort, John F.
111	Backup, Phillip	149	Crabill, Robert P.
112	Bader, Bernard A.	150	Cummings, Don
113	Banfield, E. E.	151	Davis, Richard T.
114	Barronian, Richard F.	153	Delaney, G. A.
115	Baskin, Lester S.	154	Deming, J. Edmund
116	Bass, Myron A.	155	Denzler, Charles
117	Batey, George	156	Dietrich, Carlisle
118	Benson, Joseph A.	157	Dille, Rodger S.
119	Betteridge, Bryce	158	Di Furia, Giulio
120	Bias, Robert	159	Dimant, Stevens
121	Bischoff, G. W.	160	Doherty, Dale
122	Bland, Leland	161	Drucker, Gerhart
123	Blankenship, James	162	Duerfeldt, Treacy
124	Blizard, Eldon C.	163	Duffy, James P.
125	Bogue, Charles	164	Durkin, L. Stanley
126	Bond, Robert G.	165	Dye, David F.
127	Bondo, Paul E.	391	Early, James
128	Bonica, John J.	166	Ehrlich, Albert
129	Boudwin, James W.	392	Ekman, Carl
130	Bowen, J. W.	167	Ellis, Raymond O.
390	Brachvogel, Max	168	Eltrich, Martin
131	Brigham Lawrence	169	Erickson, J. J.
132	Brokaw, Glenn	170	Eylander, Edward S.
133	Brooke, J. Robert	171	Fairbourn, Edwin J.
134	Brown, Burton A.	172	Fargher, Cecil R.
135	Brown, Robert W.	173	Ferguson, Robert M.
136	Brown, William C.	174	Florence, Robert W.
138	Burrows, William	175	Flynn, John R.
		176	Freeman, Robert M.
		177	Frese Amaly
		178	Galbraith, Charles
		179	Gay-Balmaz, Rene
		180	Geissler, Gerald
		181	Gerstmann, Paul E.
		182	Gibson, Robert H.
		385	Gilman, George C.
		393	Godfroy, Nicolas

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\*Schaefer, L. E.: Clin. Med. 8:1343, 1961.

9-983

(Continued from Page 12)

Call No.	Doctor	Call No.	Doctor
183	Goering, William	224	Judd, Herman S.
394	Graham, Donald	225	Kahler, Harold F.
395	Graham, Kenneth	226	Kalkus, J. Hugh
184	Granquist, Carl O.	227	Kallsen, Robert
185	Grenley, Philip	228	Kanar, Edmund A.
186	Griffin, Hillis F.	229	Kanda, John M.
187	Gross, Kenneth E.	399	Kase, Sidney
188	Guilfoil, Erna	230	Kass, Myron
189	Gullikson, John W.	231	Kemp, Charles E.
190	Hadfield, Dale	232	Kemman, John F.
191	Haley, T. R.	233	Kennedy, Herbert C.
192	Hanson, Eugene W.	234	Kittredge, George S.
193	Harrelson, Orvis A.	235	Klein, Robert
194	Harrington, B. D.	236	Kohl, Gerald C.
195	Harris, Joseph B.	237	Kohler, D. G.
196	Hathaway, Stillman	238	Kunz, George G. R.
197	Hauser, William P.	239	Kyle, Philip C.
198	Havlina, John M.	240	Lane, Robert E.
199	Hazelrigg, James E.	241	Lantiere, S. Robert
200	Heaton, A. B.	242	Lantz, Calvin R.
201	Hellyer, David T.	243	Larkin, Hugh A.
202	Hennings, Frank W.	244	Larson, Charles P.
203	Herrmann, Arnold J.	400	Larson, Vernon
204	Herrman, S. F.	386	Larsen, Marion Martha
205	Hess, George H.	245	Larsen, Virginia
206	Hoover, Galen	246	Lasby, Joseph O.
396	Hopkins, David S.	247	Lawley, Thomas B.
389	Hori, Kiyooky	248	Lawrence, Mills E.
207	Hosie, M. R.	249	Lee, Jack W.
208	Hoskins, Franz P.	250	Liewer, John P.
209	Houtz, Dudley W.	251	Light, Samuel E.
210	Howe, A. W.	252	Link, Richard B.
211	Hoyer, Louis P.	253	Ludwig, William H.
212	Hoyt, Wallace P.	254	Lueken, Harold D.
213	Huff, Ralph H.	255	Lundvick, Cyril V.
214	Humiston, Homer W.	257	McBride, Glenn
215	Hunt, Leo J.	258	McCabe, Edward F.
397	Irvin Michael	261	McGill, Charles M.
216	James, Frank J.	262	McGreal, Robert
217	Jarvis, Joseph B.		
218	Johansson, Arnold W.		
219	Johnson, David H.		
220	Johnson, Murray L.		
398	Johnson, Ralph		
221	Johnson, Robert C.		
222	Johnston, Harold B.		
223	Jones, Scott S.		

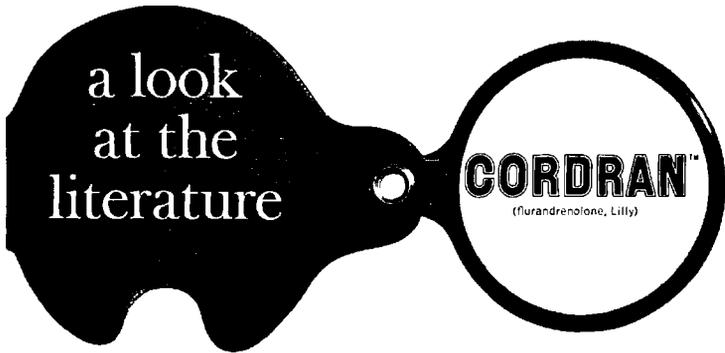
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(Continued from Page 14)

Call No.	Doctor	Call No.	Doctor
263	McKay, Donald F.	308	Reberger, Charles
264	McNerthney, James E.	310	Reynolds, Chris
265	McNutt, Harlan P.	311	Rich, Richard I.
266	McPhail, Ross E.	312	Rigos, Frank J.
267	McPhee, William	313	Ritchie, C. B.
268	Maddison, Frank	314	Robertson, J. B.
269	Magnussen, Norman	315	Robson, John T.
270	Maier, Haskel L.	403	Rose, Jerman
271	Maire, Frederick W.	387	Rohner, William L.
272	Maki, Henry E.	316	Rosenblatt, Louis M.
273	Malden, Marcel	318	Rowen, Bernard R.
274	Mandeville, Jack W.	321	Scheyer, Carl J.
275	Marlatt, D. A.	319	Sames, Albert A.
276	Marshall, Charles E.	322	Schultz, Alfred W.
277	Mattson, William W., Jr.	323	Schwind, Frederick J.
278	May, Charles W.	324	Sever, Buel L.
279	May, John S.	325	Shaw, John M.
280	Meier, H. Herbert	326	Sheppard, John
281	Moosey, George A.	327	Shovlain, Frank E.
401	Morain, S. S.	328	Skinner, Lawrence E.
282	Morley, Leonard	329	Skrinar, Thomas H.
283	Muir, Edwin C.	330	Sleep, Somers R.
284	Murphy, Thomas O.	331	Smeall, Thomas A.
285	Murphy, Vincent M.	332	Smith, Paul B.
286	Murray, Douglas H.	333	Smith, Theodore J.
287	Nace, F. M.	334	Smith, Warren F.
288	Nelson, Everett P.	336	Sobba, Walter L.
289	Nevitt, Donald	388	Sparling, David
290	Niethammer, W. A.	379	Spaulding, William
291	Norton, R. A.	337	Strail, John
292	O'Connell, Robert A.	338	Staatz, Dumont
293	O'Leary, Arthur P.	339	Staatz, Karl
294	Ootkin, B. N.	340	Steele, John F.
295	Osborne, Robert W.	341	Stevens, Cletus I.
296	Paine, Frederic O.	342	Stuen, M. R.
297	Parrott, Gordon	343	Sturdevant, Kenneth
298	Parrott, Miles	344	Sulkosky, Leo
299	Peters, Frederick M.		
300	Peterson, Wendell G.		
301	Pinto, Sherman S.		
302	Piper, Clinton A.		
402	Pomeroy, Fletcher		
303	Pratt, W. Howard		
304	Race, George M.		
305	Rademaker, William		
306	Randolph, Ernest L.		
307	Read, Jess W.		

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346	Tanbara, George A.	370	Whitacre, G. Marshall
347	Teats, Govnor	372	Wicks, M. J.
349	Thomas, Daniel J.	373	Wickstrom, Arthur P.
350	Thomas, Leon B.	374	Willard, Don C.
351	Thomas, Max S.	375	Wright, Ross D.
352	Thordarson, S. Stefan	376	Yoachim, Maurice
353	Thuline, H. C.	377	Yoder, Edwin C.
354	Todd, William S.	378	Zimmerman, Wayne W.
355	Treleaven, Joseph		
356	Trimble, Charles G.		
404	Truckey, Robert B.		
357	Tuell, Stanley W.		
358	Vadheim, James L.		
359	Van Dooren, Hugo		
360	Vaught, Charles		
361	Vimont, Richard T.		
405	Virak, Roy		
406	Voynow, Robert		
363	Vozenilek, Myra		
364	Vozenilek, Z. Joseph		
366	Wahlberg, Elmer W.		
367	Walloch, Antone		
368	Ward, James F.		

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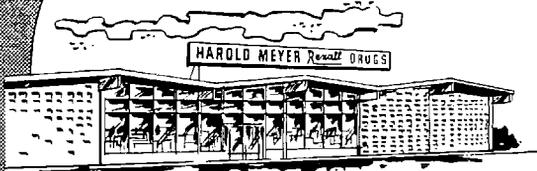
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Today's Health .....	Mrs. Bernard A. Rowen
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lic College art classes are these daughters of Auxiliary members: Valerie Skrinar, Vera Davis, Susan Adams and Meagan Race.

Dee Wickstrom reports that her family will move into their new home in mid-July. The inside changes are all finished, though the outside painting will be done later.

It's a boy, William, for Edna and Bob Chambers! This makes the count three girls, eight boys. And for Edna, who looks like a sister to her own teen-age daughters, the time was just right. She was the most-improved bowler in her league last year and now she can get young Billy settled into his routine before the next season starts.

Congratulations to Marjeanne Judd for winning a music scholarship to Western Washington College. Mother and daughter went over to see the campus, came home pleased with what they saw and are busily

(Continued on Page 21)

Everybody's doing it! — having guests during the summer who will also see the Fair. Phyllis and Jack Erickson made the papers recently when their guests (Phyllis' family from Butte, Montana) and children were shown in a P.I. news photo. The children came in two sizes—twin girls, eleven, and four-year-old triplets. The Erickson's also have a four-year-old so the time was merry but hectic. Phyllis takes crowds with ease, but says she could now write an article called, "Thirteen for Dinner!"

The mothers in the 26th and Junett area have, for several years, treated their children to a "last day of school" picnic. Marje Wicks, former resident and still a member of the neighborhood, invited the group to Fox Island for this year's party. It rained a little, but this did not dampen the fun for the eight mothers and nearly twenty children who enjoyed Marje's warm hospitality.

Among the budding artists at the Catho-

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(Continued from Page 19)

planning for September and the beginning of an exciting college term. The Judd's son, Hugh, will spend two quarters of next year at the Tours, France branch of Stanford. He will be in Europe through the winter months and will have his three-week Christmas vacation and long weekends in which to see and travel through many countries.

Lorna and Bob Burt are planning their annual pack trip into the mountains. They will again be going into the Northern Cascades, complete with guide and carrying all of their needs for two weeks on their backs. Lorna's description of the mountains, meadows, alpine flowers, animals, wonderful sleeping in the crisp air, makes me wish I could pack and go along.

At our house we, too, are looking forward to visitors. The one most awaited by everyone is Miss Ginger Race, 16, half-sister of George, coming from New York City. The kids are fascinated by her "genuine" accent and I expect will do anything to keep her talking. By Fall we'll all be trying our tongues at the Bronx version of the English language.

Thanks, Mavis, for the kind words. Your excellent reporting presents me with a real challenge.

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**Tacoma**

# HOSPITALS

## Tacoma General

Anna Mae Bod will attend the annual International Consumers Credit Conference Meeting in Spokane, June 21 through June 26. This conference will recognize the 50th anniversary of the National Retail Credit Association. Mrs. Bod is co-chairman of the health professions group sessions.

Mrs. Doris Wilson, Stenographic Pool, has resigned from the pool effective June 15 as she is going to Phoenix, Arizona, because of her husband's ill health.

Miss Sally Mount, Medical Records Librarian, resigned as of June 9 after four years in that department. Miss Mount will be joining the staff at the University of Texas Medical Center, at Galveston, Texas, in the medical records department. Currently she was holding the position of President of the Washington State Medical Records Librarian Association.

Mr. Russell Hill, Physical Therapist at the hospital, for many years, has resigned effective June 7 to go into the ranching business. He will live on his ranch which is located near Ellensburg, Washington.

The capping exercises were held on June 10 at the First Methodist Church at which occasion thirty-two freshmen were capped.

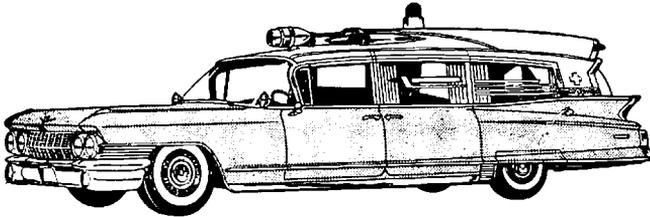
The Admissions Committee is busy these days, at the School of Nursing, reviewing the applications for admission to the school next fall.

Five students in our School of Medical Technology received their degrees from the University of Puget Sound on June. Anne Keith and Jackie Cook will work in Seattle, Linda Moore is going to Alaska, Glenda Gee to Skagit Valley. Judith Johnson is staying in Tacoma. For a farewell dinner the students chose PULAO. This is a dish

(Continued on Page 23)

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(Continued from Page 21)

served on special occasions in India. Albert Pigilam, our student from India, was happy with the choice. All sorts of exotic cooking in the Faculty House kitchen these days.

New faces: Linda Pittman from Vancouver, Washington and Pat Thornton from Tacoma are just beginning their year with us.

Margaret Rivard is on vacation in California and Texas, covering a lot of territory!

Lucille Larson will attend the annual meeting of the American Society of Medical Technologists June 16 through 22 in Washington, D. C.

New equipment in the laboratory: A Coulter Counter has been purchased. This instrumentation provides 350% increase in accuracy with the use of about one-third technician time and agrees with the reports of others that the accuracy of red cell counts agree within plus or minus one per cent and white counts within plus or minus three per cent. This type of work is routine on every patient admitted to the hospital. This equipment is also programmed for performing counts on bacteria and other biological cells, and we are working on and anticipating its use in evaluation of tissue culture cells, platelets and possibly other material. The instrument not only counts the cells but evaluates the size and variability in size of these cells.

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## Saint Joseph's

Last week Sister Antonia received word from the Joint Commission on Hospital Accreditation that the hospital was fully approved for three years, or until the next survey by the Commission.

The hospital and doctors were commended for their untiring efforts in maintaining the best quality of patient care in the hospital.

Minor recommendations, all pertaining to

medical records were received. Some of these were:

1. That all medical records be completed within 10 to 15 days following discharge.

2. All telephone orders for treatment and medication should be signed by the physician on his next visit to the hospital.

3. Operative reports should be dictated within 24 hours following surgery. Histories should be more complete, including family and past history.

4. The use of the words "normal" and "negative" should be kept at a minimum on the physical examination.

5. The anesthesiologist should do a follow-up on all of his cases and record a progress note on the anesthesia record.

Sister Antonia also received notification from the State Health Department that the hospital is now licensed following their inspection in April.

We are happy to hear that Dr. Hinrichs is taking up practice in Tacoma. We wish him well.

The medical students from the University of Mississippi will be here July 1. We welcome back Douglas Cain and James Day. Newcomers are James Clegg and S. R. Evans. Also coming to join our House Staff are Drs. Jose and Americo Valdes. Three of the other interns, Drs. Kanda Greisinger and Santos will be with us for a while longer.

Two of the Maryknoll seminarians who were with us last summer are assigned to the missions. Their medical knowledge gleaned here will be invaluable in their work. Father Fred Zierten, from Billings, Montana is assigned to Bolivia. Father John Hudert, from Vancouver, Washington is going to Tanganyika, East Africa. The third member of the group, Father Don Doherty, is assigned to work on the home front at Cleveland, Ohio.

The annual hospital picnic will be held,

July 11, 1962 at Lake Geneva from noon until evening. We are looking forward to a good time with lots to eat and wonderful weather.

Almost all of the Sisters have made their annual retreat and are now looking forward to vacation.

The maintenance department continues to make improvements throughout the building. At present they are working on the Chapel. A new terrazzo floor, new side altars, and a baldachin has been erected over the main altar. A complete repainting will finish the remodeling. The conference room adjoining the cafeteria is almost complete. Sliding doors to separate it from the cafeteria are still missing. This room plus the cafeteria make a large auditorium suitable for our staff meetings and other hospital activities.

The School of Nursing was host to Tacoma General faculty and students on June 20 at a lawn party on the hospital grounds.

The weather was perfect and everyone enjoyed herself. We are looking forward to the picnic on Wednesday, July 11, 1962.

Happy vacation to all.

### Junior News . . .

Here it is the end of the quarter and new fields lie ahead. The group at American Lake is really enjoying the swimming, boating, and sun bathing. Part of the Juniors are looking forward to Firlands. Soon there will only be five Juniors left in the school. They will find surgery loads of fun.

The class is anticipating the coming summer months and all the activities. The School Picnic, the exchange dinner with Tacoma General Hospital School of Nursing, which was on June 20. Starting soon there will be a sale on school sweater-shirts, which are navy blue with the school motto in white lettering on front. These are available at a reasonable price. Please contact

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Miss Stephens in the school residence for further information.

### Freshmen . . .

In hopeful expectation of the day when they will be graduating, the Freshmen formed part of the honor guard for the graduating Seniors on Sunday, June 3, both at Mass in the Bellarmine Chapel and at St. Leo's for the awarding of diplomas. The Freshman Class extends its most sincere congratulations to the Class of '62. We wish you continued success and happiness.

We are happy to announce that the Kiwanis Club of Bremerton renewed the "Kiwanis-Bennett Memorial Scholarship" for Miss Shirley Bruns. The scholarship was awarded to Miss Bruns at the time of her entrance into St. Joseph.

We congratulate Miss Donna Dugger who has so successfully maintained the highest grade point average of the graduating class all through her three years.

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## Tacoma Host To State Surgery Meeting

Tacoma will be the site this year for the annual meeting of the Washington State Chapter of the American College of Surgeons. The meeting is open to all physicians and will be held on July 13 and 14, Friday and Saturday. Friday will be reserved for recreation and an evening session at the Doric Motel and the main clinical sessions will be on Saturday. Dr. James Vadheim is President of the group this year and Robert Osborne is Secretary-Treasurer. Warfield M. Firor, of Baltimore, will be the guest speaker and will give papers on surgery of the thyroid and on problems in common duct surgery.

Members of A.A.G.P. will receive 6 hours credit for attending. The program is as follows:

### Friday, July 13, 1962

9:00 a.m. to 5:00 p.m.—Registration, Winthrop Hotel Lobby

6:30 p.m.—Registration, Doric Motel

Recreation Activities on Friday:

Golf at Tacoma Country and Golf Club and fishing on Puget Sound.

7:00 p.m.—Social hour, Doric Motel

8:00 p.m.—Dinner, Doric Motel  
"To Alaska by Canoe," Alfred L. Schultz, Tacoma

8:00 a.m.—Breakfast, Bayview Room, Winthrop Hotel

8:30 a.m.—Panel Discussion: The Treatment of Varicose Veins.

Panel: Dean K. Crystal, Seattle  
Robert F. Welty, Spokane  
S. F. Herrmann, Tacoma

Moderator: Edmund A. Kanar, Tacoma

10:00 a.m.—*CLINICAL SESSION*

• Carcinoid Tumor of the Small Bowel.  
J. B. Gustafson, Yakima

Intestinal Obstruction after Gastric Surgery Simulating Stomal Obstructions.  
David Metheny, Seattle

Surgical Correction of Imperforate Anus in a 20-year-old Male.  
Gordon H. Congdon, Wenatchee

A Review of Surgery of the Thyroid.  
Warfield M. Firor, Baltimore

11:30 a.m.—Business meeting. Election of Officers

12:15 p.m.—Luncheon

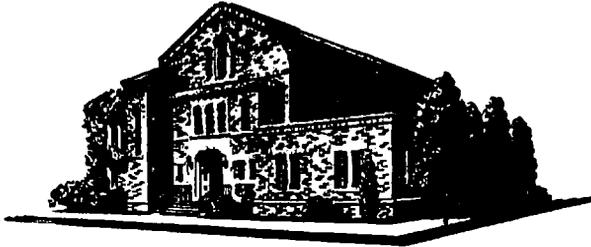
2:00 p.m.—*CLINICAL SESSION*

Present Day Concepts in the Management of Intracranial Aneurysms.  
John S. Tytus and Hale Haven, Seattle

Revascularization of the Liver, Utilizing the Splenic Artery.  
G. Douglas Romney, Yakima

(Continued on Page 27)

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## FULton 3-1145

(Continued from Page 25)

The Care of The Diabetic Foot.  
Clinton A. Piper and Thomas O.  
Murphy, Tacoma

Problems of Common Duct Surgery.  
Warfield M. Firor, Baltimore.

3:30 p.m.—Intermission

3:45 p.m.—Selection of Patients for Intern-  
al Carotid Artery Endarterectomy.  
Sherman W. Day and Arthur Biddle  
(by invitation)

The Case of the Missing Fecalith.  
Thomas E. Monfore, (Capt., USA),  
Madigan Hospital

Selective Gastric Vagotomy.  
Charles A. Griffith, Bellevue

Award-Winning Resident's Paper:  
Treatment of the Dumping Syndrome  
with Serotonin Antagonists. Lloyd P.  
Johnson, Ass't Resident in Surgery,  
Veterans Administration Hospital,  
Seattle.

Discussion of afternoon papers by  
Dr. Firor

7:00 p.m.—Social Hour, Bayview Room,  
Winthrop Hotel

8:00 p.m.—Banquet. "Music and Medicine",  
LeRoy Ostransky, Ph.D.

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## Worth Quoting

The Peoples Corner  
The Oregonian  
Portland, Oregon

Dear Sir:

President Kennedy says that Republicans  
are against change. I am not against change.  
I just wish the administration would leave  
us some.

Yours very truly,

J. L. Burdic, M.D.

## County Societies . . .

### IN THE NEWS

Edited by The Medical Society  
Magazine Group, Phoenix, Arizona

**San Diego County, California** is starting a contest for their doctors in the hopes that it will stimulate contributions to their bulletin. Doctors are to contribute their suggestions on the efficient managing of their offices, hiring of employees, doctor-patient relationships and other problems. A "Suggestion of the Month" will be chosen by the editors and printed in the bulletin. The author of the best one at the end of a year will receive a suitably engraved desk set.

**Napa County, California** will have a First Aid course for the first time via television. Doctors may gain or renew their certificates by (a) viewing and practicing in their homes with the television instruction, (b) by purchasing from the Red Cross office the new First Aid text and a Workbook for \$1.00, and (c) by attending one session at the end of the television series for the purpose of teaching and checking life saving skills. The series, sponsored by the local Red Cross will run weekly for 12 consecutive weeks.

**Green County, Ohio** is sponsoring a new club, organized at a local high school since the first of the year. The group, named "Caduceus" was established for high school members who are interested in a career of medicine or its allied branches. Sponsored by the Medical Society Auxiliary, the group has 45 members at present and meets one evening each month.

**Cleveland Academy of Medicine, Ohio** will undertake a series of lectures for its members on the treatment of casualties. Arranged by the Disaster Committee these six lectures are planned to provide the physician with the practical knowledge needed to care for the Disaster patient.

**Pottawatomie County, Oklahoma** physicians recently awarded cash prizes for the three best essays concerning "the disadvantages of Socialized Medicine." The teacher sponsoring the first place student was also awarded an equal cash award. The society also, as an annual project in support of the County Livestock Show, buys prize animals raised by county boys and girls. This has resulted in excellent public relations for the society.

**Montgomery County, Maryland** now has operational a program for in-hospital training of ambulance and rescue workers. Each man must complete 50 hours of in-hospital training for the basic course and 70 hours for the advanced course. The graduate has a status comparable with the service corpsman. The course includes lectures by doctors, actual in-hospital training in the emergency room where lectures on fractures, heart cases and child birth are coupled with actual cases. The rescue worker is also taken into the operating room, learns how to give certain shots, and the use of the stethoscope. The Society feels that this program not only helps the men understand proper procedures but also helps the doctor by giving him competent aid at the scene of accidents or disasters.

**Maricopa County, Arizona** is initiating a project, to be operated by the Auxiliary, that will provide meals at home to those people unable to carry on normal daily activities. The meals, prepared by a caterer, will be served twice a day by voluntary help from the Auxiliary.

**Jefferson County, Kentucky** has obtained assistance from allied groups for its Society Study Group. This group, started in 1961, was assigned to become acquainted with all aspects of the medical care problem and act as a Speaker's Bureau in the community. Since September of 1961 the group has given more than 40 speeches before various organizations. In 1962 they invited representatives from other groups to join them. Representatives from the fields

of Insurance, Business, Pharmacy, and Hospital Administration are among those now assisting in the Speaker's Bureau. The subject of their talks is always "The Best Medical Care for the Aged."

**Travis County, Texas**, at the request of the local television station has started their *second* series of "Tell Me, Doctor" medical information programs. Some of the subjects presented concern the common cold, skin cancer and medical household emergencies.

#### A Quote To Remember

"Doing for people what they can and ought to do for themselves is a dangerous experiment. In the last analysis, the welfare of the workers depends upon their own initiative. Whatever is done under the guise of philanthropy or social morality which in any way lessens initiative is the greatest crime that can be committed against the toilers. Let social busybodies and professional 'public morals experts' in their fads reflect upon the perils they rashly invite under this pretense of social welfare." — Samuel Gompers, President 1886-1894; 1896-1924, American Federation of Labor.

## Harrelson New Champ; You May Be Next!

If you can hang onto a table tennis paddle, you may be the next champ! With the handicap system still in effect, just who'll be the winner of the next Pierce County Physician's Handicap Table Tennis Tournament in September, is completely unpredictable. There have been three tournaments thus far, and different names have been carved on the winners' plaques each time. At the June 5 session, Orv Harrelson used his unorthodox grip to defeat Ken Gross in the final game of the singles competition, while George Tanbara and Stan Tuell had to get by the duo of Harrelson and John Pelley twice during the tournament in order to claim the doubles championship.

The meet was again held in Jackson Hall and play moved along at a rapid pace with adoption of 11-point games. This system will probably be continued at the next tournament so that everyone will have a chance to play and even those who are around for the finals will get home at a reasonable time. Five excellent tables were in use, most of them loaned by the Metropolitan Park Board. If anyone has a pick-up truck available, it would be of great help in bringing in the tables at the next tournament—just let George Tanbara know.

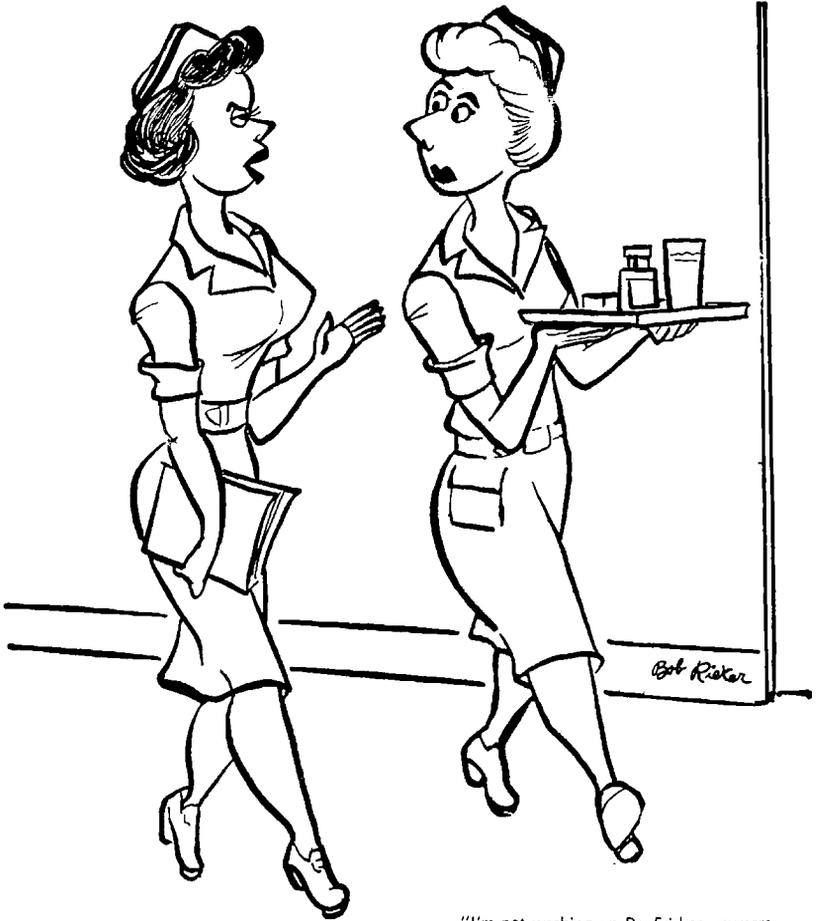
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## MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA  
Second Monday of March, June, Sept., Dec.—7:30 p.m.  
Auditorium of Medical Arts Bldg.
- STAFF OF GOOD SAMARITAN  
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF NORTHERN PACIFIC  
Second Monday of each month—noon.
- STAFF OF ST. JOSEPH'S  
Third Monday of March, June, Sept., Dec.—6:15 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL  
Last Monday of February, June, September and November
- TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS  
First Tuesday of each month—8:30 p.m.  
Board Room of Pierce County Medical Society
- TACOMA ORTHOPEDIC SOCIETY  
First Tuesday of each month—8:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY  
Second Tuesday of the month except June, July and August  
—8:15 p.m.
- STAFF OF TACOMA GENERAL  
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB  
Third Tuesday of each month—6:30 p.m. at Tacoma Club
- TACOMA ACADEMY OF INTERNAL MEDICINE  
Fourth Tuesday of each month—6 p.m. at Tacoma Club
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE  
Fourth Monday of each month except June, July and August—  
6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY  
First Thursday of each month except June, July and August—  
6:00 p.m.
- STAFF OF MEDICAL ARTS HOSPITAL  
Third Friday of March, June, September, December—7:15 a.m.  
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL  
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

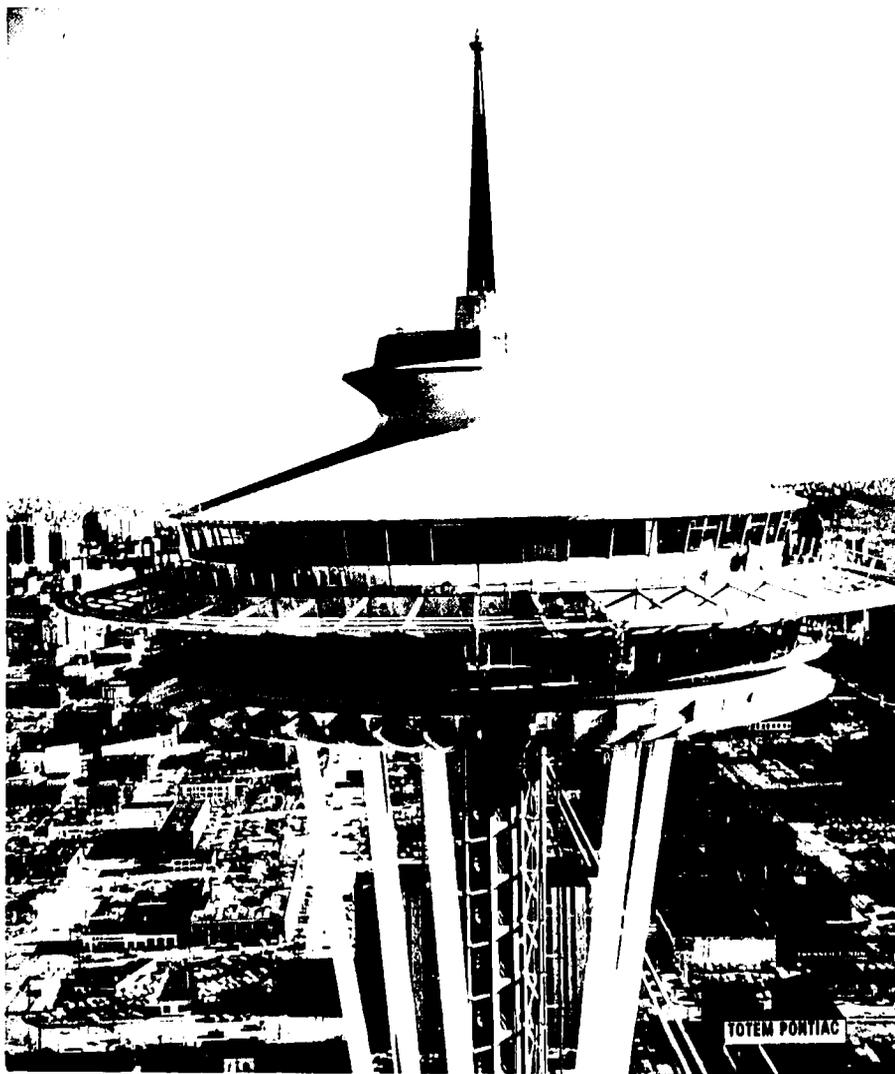


# BULLETIN

VOL. XXXIII—No. 7

TACOMA, WASH.

AUGUST - 1962



PIERCE COUNTY MEDICAL SOCIETY

THE MEDICAL SOCIETY DOES NOT MEET  
DURING JUNE, JULY or AUGUST.

# Pierce County Medical Society

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Secretary-Treasurer .....	Arnold J. Herrmann
Executive Secretary .....	Judy Gordon

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Chris C. Reynolds	G. M. Whitacre

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Robert M. Ferguson	Frederick J. Schwind

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# Happy Birthday

## AUGUST

- 2 JOHN F. STEELE
- 3 A. H. BUIS
- 5 GLENN McBRIDE
- 6 DAVID L. SPARLING
- 8 ROBERT BIAS  
KARL STAATZ
- 10 MAX BRACHVOGEL
- 12 ROBERT W. BROWN
- 13 RICHARD VIMONT
- 15 CHARLES P. LARSON  
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- 16 JERMAN ROSE
- 18 WALTER CAMERON  
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- 19 WILLIAM S. SULLIVAN
- 20 E. E. BANFIELD
- 21 ELMER W. WAHLBERG
- 22 HAROLD F. KAHLER  
LEONARD MORLEY
- 23 GERHART DRUCKER  
FREDERICK M. PETERS
- 26 GLENN H. BROKAW  
STILLMAN HATHAWAY
- 27 S. S. MORAIN
- 28 JOSEPH B. JARVIS  
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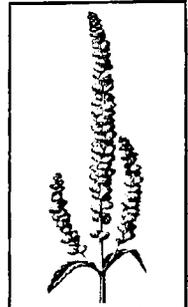
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## *President's Page*

Recent discussions of projected improvements in professional services of the County have made several facts evident: 1. emergency room coverage is of less than desired quality in most of our hospitals at present; 2. there is little prospect of obtaining a house staff in any of the private hospitals; 3. there are many hospitals used by most of the physicians in town; 4. to require staff physicians to take a turn in emergency rooms would be a step toward closed staff hospitals. This would tend to destroy the unity of our professional community where the relations between physicians have been exceptionally congenial.

It would seem that the best solution to the emergency room situation would be the establishment of one first-class facility for the city. This would have the effect of drawing the entire medical community together in cooperation and better service would be offered the public. Much time, effort and compromise by some will be necessary to set up a city-wide emergency unit or receiving hospital. All hospital administrators would have to agree and a suitable physical plant developed.

The Medical Society has not studied or acted on any plan for city-wide emergency coverage as yet and the Board of Trustees stands ready to consider any proposal. I feel the county Medical Society should spearhead a drive to establish a permanent first-class emergency care facility.

—G. M. WHITACRE, M.D.

## August Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3  C.P.C. of St. Joseph's—9 a.m.
	C.P.C. of Mary Bridge—8 a.m.		C.P.C. of T.G. 8:30 a.m.	
6	7	8	9	10
Staff of Northern Pacific—Noon	C.P.C. of Mary Bridge—8 a.m.		C.P.C. of T.G. 8:30 a.m.	C.P.C. of St. Joseph's—9 a.m.
13	14	15	16	17
	C.P.C. of Mary Bridge—8 a.m.		C.P.C. of T.G. 8:30 a.m.	C.P.C. of St. Joseph's—9 a.m.
20	21	22	23	24
	C.P.C. of Mary Bridge—8 a.m.		C.P.C. of T.G. 8:30 a.m.	C.P.C. of St. Joseph's—9 a.m.
27	28	29	30	31
	C.P.C. of Mary Bridge—8 a.m.			C.P.C. of St. Joseph's—9 a.m.

Grand Rounds—Mt. View General Hospital—Every Saturday 8:30 to 10:00 a.m.

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## *Editorially Speaking*

Who destroyed the doctor-image?

Most of today's doctors chose their profession at a time when the word "doctor" inspired word associations like—generous, compassionate, skillful, ideals, sympathetic, sacrifice. Today's doctor-image has changed. For the headline writers at least, more appropriate doctor-words are—fees, selfish, golf, Cadillac, strike, organized.

What caused this change? Why do some doctors cite the changing doctor-image as a reason for their reluctance to see their sons take up medicine? Are we the innocent victims of a campaign by journalists, union leaders and politicians to degrade our profession? Sometimes it seems so. But the doctor-image has not been destroyed. Medicine is a science. The image has been altered—perhaps you'd prefer "distorted"—inevitably by the scientific revolution of the past three decades. The physician of yesteryear was personally in contact with the patient and family. They saw him, heard him, talked to him, as he tended to nearly every phase of patient care. They were acutely aware of his personal devotion and good intention. They loved him.

Today? In general, where the "personal touch" is still in evidence, the patient still usually has an affectionate or grateful feeling toward his immediate physician. But, longer life and shorter illnesses notwithstanding, it's quite natural that he is less likely to be affectionate toward the physician whom he never sees, or can't remember seeing—the pathologist, the radiologist, the anesthesiologist. Or the specialist whom he may see only briefly. In many instances, a high proportion of his medical expense involves statements from these physicians. No wonder we often hear it expressed, "People love and respect their own doctors, but dislike doctors and doctor organizations." The one thing that excuses the patient's own doctor from the unpopular group classification is that element of personal contact—personal interest—the personal touch.

By assiduous application of the personal touch, doctors can do much to thwart those who seem intent on continued distortion of the doctor-image. A part of the personal touch is the physician's willingness to take the time—admittedly a scarce commodity—to explain to patients the significance of the roles of other physicians in modern diagnostic and therapeutic methods. The personal touch should be evident in the few words of interest and concern expressed by the radiologist as his heavy glove pokes at a sensitive duodenal bulb; or the sympathetic attitude of the anesthesiologist as he searches for a better vein to receive the needle.

Preservation of a cordial doctor-patient relationship is a part of the rationale of our opposition to government control. But the patient must be so appreciative of this relationship that he, too, wants to preserve it. He can't appreciate it if half of his several doctors lack the personal touch. If the personal interest of his composite physician is lacking, the patient becomes all the more vulnerable to the editorials and political statements aimed at destruction of the doctor-image.

The march of science has changed the doctor-image, but if we can shun the cynic's role and continue to strive for the personal touch, we can retain the most valuable aspects of the old doctor-image. Patients may even like most of us, instead of just one of us.

—S. W. T.

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## *Guest Editorial*

The controversy about medical care for the aged is not over. President Kennedy announced that it will be resumed in November. He stated on July 17, "I hope that we will return in November a Congress that will support a program like medical care for the aged." This means that we must continue to educate the public and present the true facts to all. It means continued expansion in political knowledge and strategy. It also means that we must support and endorse candidates with ideals and convictions best calculated to solve this problem on a voluntary basis.

Two recent items should be a help to us in formulating our fact that at no time has Mr. Kennedy stated that he would oppose further extension of the King-Anderson Bill should it ever pass. We know as a fact that Mr. Forand, Mr. Reuther and others close to administration have stated that the King-Anderson Bill is only the beginning. The ultimate goal and intent remains the same—namely, complete compulsory federally controlled medical and hospital care for all. It should be recalled that Mr. Douglas, in 1959, promised the physicians of Saskatchewan that no plan would regulate doctors' fees and practices unless they approved such a plan—and then he did just the opposite.

The second item of value to us is that the King-Anderson Bill was defeated by both Democrats and Republicans—a total of 52 Senators. This again helps to prove our contention that this Bill is not a matter of straight party politics, but, rather, a matter of philosophy as to how far and how much the federal government should regulate and control the private affairs of her citizens.

Both Senator Jackson and Senator Magnuson voted to support Mr. Kennedy. Senator Magnuson is up for re-election this fall. Two men have announced their intentions to oppose him as candidates. Both of these men, Mr. Richard Christiansen and Mr. Benjamin Larson, have flatly stated that they are opposed to the King-Anderson Bill and its variations. I am personally familiar with Mr. Christiansen and his ideas and ideals. He is a young man who voluntarily and without backing gave up the noblest of professions to enter this, his first political contest. His motive in doing this stems from a deep concern over the moral and social decay that is slowly settling over the United States. He personally believes that he can be more effective in this as a United States Senator than as a minister.

You, as citizens, have the privilege of supporting candidates of your choice. You, as educated and conscientious individuals, also have the additional duty to investigate all candidates before making this choice. After you have done this . . . A C T !

—FRANK J. RIGOS, M.D.

## Convention Notes . . .

This article is to keep members abreast of plans for the 1962 Annual W.S.M.A. Meeting, September 16-19 at the Davenport Hotel, Spokane.

The scientific program and scientific exhibit committees have met to undertake the difficult task of selecting papers and exhibits for this year's meeting. Because of time and space limitations it is not possible that all of the almost 100 scientific abstracts or 25 exhibit applications be accepted.

The "Medicine and Century 21" theme of this year's meeting has caught the interest of physicians, country-wide, who would like to combine a trip to the World's Fair with a medical meeting in Washington State. After a recent article in the A.M.A. News, over 150 inquiries were made to the Central Office by out-of-state doctors wishing information on medical meetings during the Fair.

One of the featured guest scientific speakers at this year's meeting will be Dr.

Louis J. Girard, Professor and Head, Division of Ophthalmology, College of Medicine, Houston. Dr. Girard, widely known for his clinical research in retina detachment and contact lenses, will appear before the Eye scientific sessions.

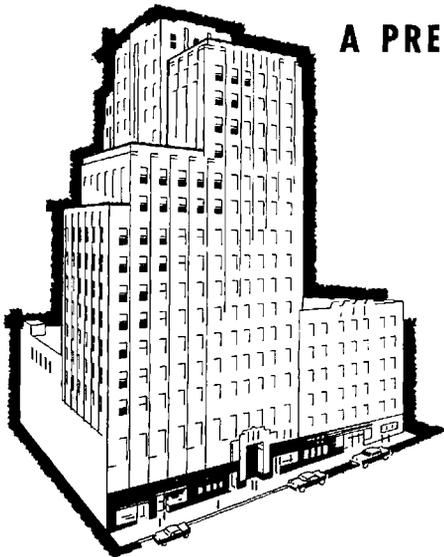
Dr. Robert A. Aldrich, Professor and Chairman, Department of Pediatrics, University of Washington School of Medicine will join Dr. Sidney Farber, Boston, featured guest scientific speaker in the Pediatric scientific sessions.

The Washington State Chapter, American College of Surgeons will sponsor Dr. Edward S. Judd, Surgical Section, Mayo Clinic on the Surgery scientific sessions. Dr. Judd will join Dr. C. Walton Lillehei, Professor of Surgery, University of Minnesota Medical School and Dr. John S. Najarian, Scripps Clinic and Research Foundation, La Jolla, California, as a guest scientific speaker.

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## State Surgeons Meet in Tacoma

Tacoma was host for the annual meeting of the Washington State Chapter of the American College of Surgeons July 14 and 15. Dr. Warfield M. Firor, Associate Professor of Surgery at Johns Hopkins University, was guest speaker. The clinical sessions were highlighted by his remarks on problems of common duct surgery and surgery of the thyroid.

Dr. Firor startled the gathered "Fellows" by stating that he routinely closes the common duct tight using silk and no T-tube after exploring it—and he has never had a complication from it. He is amazed that almost 100 per cent of the examinees for the American Board of Surgery insist that the common duct must never closed without T-tube drainage. But no good reason seems to exist for doing so. It is simply tradition accepted without question, according to Dr. Firor. He feels that the best surgeons keep asking themselves, "Why should I do it this way? Why wouldn't another way be better?" Surgeons should keep their interest in medicine broad and not narrow their thinking completely to their own specialty. Surgery of the thyroid was made safe when uracil compounds were tried on humans after a young surgeon came across reports of their effect on animals.

Of the many excellent papers given, Tacoma was well-represented by Ed Kanar's able moderating and Sig Herrmann's learned participation on the panel on varicose veins; also by Pete Piper who presented his paper with Tom Murphy on care of the diabetic foot. Three cases of carcinoma tumor of the small bowel were presented from a Yakima surgeon's practice in a paper of exceptional interest—especially when one case in a lifetime is unusual. Selective gastric vagotomy was plugged by the originator of the operator, Charles Griffith from Bellevue. He says that we will be seeing gall bladder disease secondary to stasis which he believes we are producing by total vagotomy.

Revascularization of the liver was presented when a Yakima surgeon swung the splenic artery over and hooked it up with the distal end of an inadvertently severed common hepatic artery.

The case of a 20-year-old male who had a colostomy for imperforate anus at birth was presented by a Wenatchee surgeon. The corrective surgery was a success because the recto-sigmoid segment had become a blind loop and markedly dilated.

Both evenings the surgeons were joined by their ladies at banquets to see Al Schultz's beautifully illustrated "To Alaska by Canoe" and to be royally entertained by Leroy Ostransky's witty satire on the inconsistencies in musical terminology in particular and the English language in general.

The meetings were masterfully presided over by this year's president, Jim Vadheim, and program chairman, Stan Tuell. The undertaking met with financial success due to the hard-working and long-suffering secretary-treasurer, Bob Osborne.

—TED HALEY, M.D.

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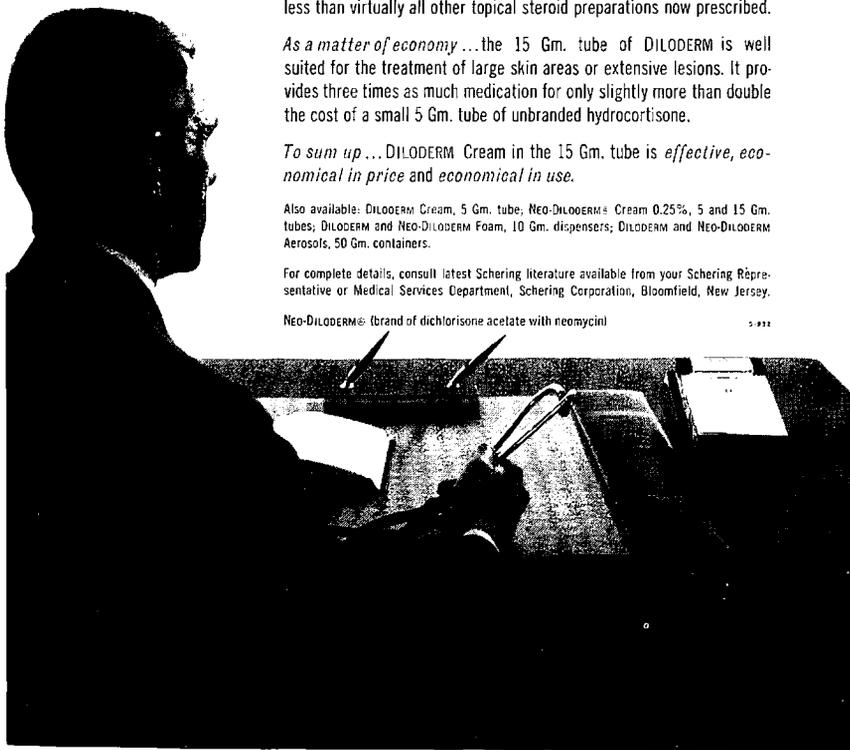
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## Constitution and By-Laws

Proposed revisions of the Constitution and By-Laws of the Pierce County Medical Society.

To be voted upon at the regular meeting October 9, 1962.

The committee appointed to study the changes in the Constitution and By-Laws submits the following amendments to the Constitution and By-Laws.

1. Page 3, Article III (MEMBERSHIP), Section 2 (a) (General Qualifications)

It is recommended that paragraph 1 be amended to read: "Be a citizen of the United States. *Provisional membership may be granted to a physician who is not a citizen of the United States of America and shall be subject to revocation if that physician does not become a citizen of the United States of America within the minimum time prescribed therefor under the laws of the United States of America relating thereto. Such membership does not entitle the member to vote or hold office but does require the payments of dues and assessments as prescribed for active members.*"

2. Page 6, Article V, Section 1 (regarding Selection, Terms and Powers of Delegates and Alternates to the Washington State Medical Association). It is recommended that the 1st sentence of paragraph 1 be changed to: "Annually this Society shall elect from the active and honorary members for *two year terms . . .*" (instead of one year terms as in present Constitution).

Add the following sentence to end of Section 1 to read: "*The President-Elect shall automatically become a delegate.*" Add the following paragraph to Section 1 to read: "*In electing delegates and alternate delegates, the tellers shall count, tally and tabulate the votes. Those candidates with the highest number of votes, up to the number of positions to be filled, shall serve as delegates for a two year term. An equal*

*number of those with the next highest number of votes shall serve as alternates, also for a two year term.*

*"Two of the delegates and half of the alternates elected in 1962, in each case those with the highest number of votes in their respective categories, shall be deemed to have been elected for two year terms. The remainder in each case shall be deemed to have been elected for one year terms."*

Frederick J. Schwind, M.D.,  
Chairman

George S. Kittredge, M.D.  
Wayne W. Zimmerman, M.D.

## The Special Child in Century 21

The second National Northwest Summer Conference, "The Special Child in Century 21", will be held in Seattle August 27 through September 1. The meeting will present the most important developments in the field of the special child as well as what outstanding authorities see as the blue print for the future—Century 21.

Registration and opening of the conference will be held at the World's Fair Playhouse (Mercer Street entrance—no admission required). Keynote speaker will be Robert E. Cooke, M.D., Professor of Pediatrics, Johns Hopkins University. Other meetings during the week will be held in the Health Science auditorium, University of Washington.

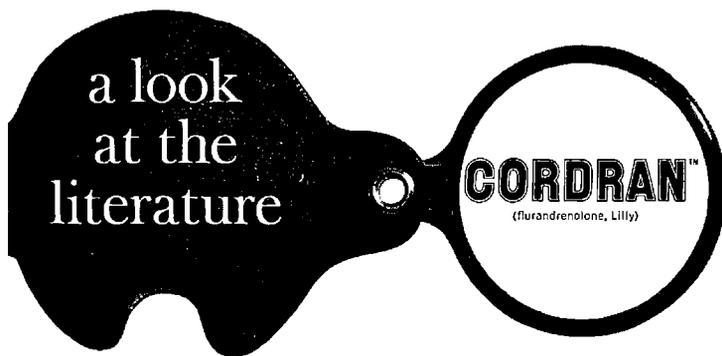
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—Gray, H. R., Wolf, R. L., and Doneff, R. H.: Evaluation of Flurandrenolone, a New Topical Corticosteroid, *Arch. Dermat.*, 34:18, 1961.

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# Activities of The House of Delegates

of the

AMERICAN MEDICAL ASSOCIATION

at

Chicago - June, 1962

Prior to the first session of the House of Delegates, several members of the Washington State liaison committee with Osteopaths appeared before the Council of Medical Education and Hospitals in regard to our proposal that the new California Medical College award M.D. degrees to qualified Washington Osteopaths. Several alternatives were discussed, but no plan approved.

Campaigning was brisk for the candidacy of Ray McKeown for President-Elect of the A.M.A. A ground-swell developed about ten days prior to the meeting to draft Dr. Edward Annis for this post. It became apparent by the time of voting on Thursday that Dr. Annis' ability to act as spokesman for the A.M.A. was overwhelmingly appealing to the Delegates and the vote was McKeown 65 and Annis 142.

The A.M.A. Judicial Council was empowered to censure, suspend, or expel A.M.A. members under certain conditions. This action implemented recommendations made at the 1961 meeting and was approved without controversy.

The House approved enlargement of the Board of Trustees from eleven to fifteen over moderate objections from the Board of Trustees and past officers.

The controversy with the American College of Surgeons which had boiled over at the Denver meeting was now seriously and thoughtfully considered. The A.M.A. policy on fee splitting was restated and clarified. An attitude was expressed by various factions, essentially in agreement, that A.M.A. policy should be made more restrictive. This will probably develop at the next meeting of the House.

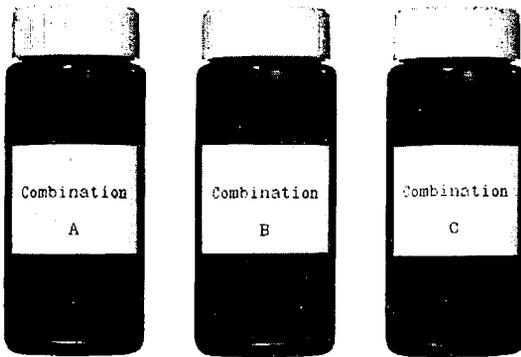
A study report recommending that recognition should not be granted to the American Board of Abdominal Surgery as a specialty board was enthusiastically approved by the House. This in spite of a packed meeting of the Section on General Surgery electing a slate of officers from the Abdominal Surgeon's group. The House approved review of the administrative machinery of scientific sections showing a trend for scientific sections to remain purely scientific.

Numerous other matters came to the attention of the House, but those mentioned above came to this Delegate's personal attention. As usual, the State Association staff and Washington State physicians attending the meeting were of immense assistance to the Washington Delegation. It seemed that those physicians attending the meeting were rewarded by a clearer understanding of how A.M.A. policies are formulated and found attendance a worthwhile expenditure of their time.

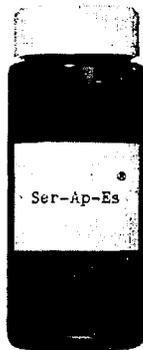
—JESS W. READ, M.D.

## The Threat to Drugs for Uncommon Conditions

It is now so costly to put a drug through toxicity tests alone that the pharmaceutical company must demand that the field of potential usefulness of the drug—if it does prove to be effective—be very real and broad in order to justify even commencing the studies. Nevertheless, practically every well known ethical pharmaceutical house has introduced drugs which are not profitable and which have a very limited field *but* are the only useful products for an uncommon condition or are life savers. I certainly hope that hastily and ill-conceived laws will not erect such terrific roadblocks that these products, doomed to economic failure because of their limited use, cannot be produced by pharmaceutical laboratories in the future. —*Clinical Research in the Pharmaceutical Industry*: Robert K. Cutter, M.D., J. Indiana State Medical Association, Dec., 1961.



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1. Dupler, D.A., Greenwood, R.J., and Connell, J.T.: J.A.M.A. 174:123 (Sept. 10) 1960.

2. Hobbs, L.F.: To be published. 2/302648

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**2 LOCATIONS**

*Harold Meyer Drugs*

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1st Vice-President .....	Mrs. Robert W. Osborne
2nd Vice-President .....	Mrs. Dudley W. Houtz
3rd Vice-President .....	Mrs. Leo F. Sulkosky
4th Vice-President .....	Mrs. M. J. Wicks
Recording Secretary .....	Mrs. Robert P. Crabill
Corresponding Secretary .....	Mrs. Jack Mandeville
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Minute Women .....	Mrs. Frank J. Rigos and Mrs. Wayne W. Zimmerman
Community Service and Council .....	Mrs. Elmer W. Wahlberg
Heart .....	Mrs. H. A. Anderson
Cancer .....	Mrs. J. Robert Brooke
Finance .....	Mrs. Kenneth E. Gross
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Fashion Show .....	Mrs. Thomas O. Murphy and Mrs. William W. Mattson, Jr.
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them now and save Elvina the time and trouble of reminding you?

A big "THANK YOU" to these emergency Minute Women who called the entire membership recently:

Florence Rigos  
Lorraine Adams  
Lorna Burt  
Anne Fairbourn  
Margaret Harris  
Hilda Lantiere  
Kathleen Skrinar  
Peggy Race  
Keaty Gross  
Margery Nace  
Ruth Sames  
Kay Willard  
Betty Maddison  
Becky Banfield  
Jeanne Judd

Also, Ruth Zimmerman who organized the calling in the Gig Harbor area and Lorraine Sulkosky who arranged the lists in the Valley area.

Remember the questionnaire you received from Mrs. Judd in early May? Two hundred and fifty were mailed out, but only 60 have been turned to her. The opinions of 60—just about one-quarter of the membership—will hold. They prefer luncheons to mid-morning meetings; they feel a need for an opportunity to become better acquainted with one another and asked for two social meetings without a formal pro-

(Continued on Page 21)

Jeanne's first board meeting was a huge success. Nearly thirty women gathered around the pool to mix pleasure with business. At the last minute, the weather cleared and it was sunny and warm. After a swim and a delicious lunch, it was business and a sense of accomplishment as many points of the year's work were discussed.

The Auxiliary cook books have gone to the printer and are sure to be ready for the State Medical Convention in Spokane in September. This is a long-range project for the Auxiliary and it is expected that every member be responsible for the purchase or sale of ten books. They will make fine gifts, so check your lists for Christmas, birthdays, weddings. It is important that we have the full cooperation of all our members.

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(Continued from Page 19)

gram. Most frequent reply under "suggestions" was the comment of the need for personal contact to bring members to meetings—those members who do not wish to come alone.

Dorothy and Phil Grenley and their children thoroughly enjoyed their trip to Harrison Hot Springs. Everyone participated in tennis, golf and swimming.

The Judd's, "because we love to fish", left their lovely blue pool and went camping. After a time in the Olympic parks, they went east of the mountains where the weather was grand and they did catch some fish.

The sailing enthusiasts, Ruth and Dudley Houtz, Billie and Tom Murphy, are having a wonderful summer. Ruth and Billie went along as cooks on the Swift Sure Race, a run from Victoria, B.C. to the Swift Sure Buoy and back. The Murphy's "Sundance" made the much longer race from Neah Bay to the Columbia light ship and return to Port Angeles. The gals saw them off, then camped with the children at Kalaloch until their return. Dud Houtz was part of the "Sundance" crew. Because they ran into a bad storm on the Pacific, only five of the ten starting boats were able to finish.

Ruth and Dud have rented the Kallsen's beach house while Mavis is in town. We are all happy to hear that Bob Kallsen is on his way to recovery.

Mark your calendar now—Thursday, October 25 is the date for our fashion show; Top of The Ocean, top deck.

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# HOSPITALS

## Tacoma General

Dr. Hanif Anwar came to the Anesthesia Department of Tacoma General Hospital July 1, 1962, to start his residency in anesthesia. Dr. Anwar interned at Deaconess Hospital, Buffalo, New York and did his residency at Mt. Auburn Hospital, Cambridge, Mass. He is here on a teaching fellowship for one year, after which he will return to his native Pakistan.

Dr. Ronald Cudek began his first year residency in anesthesia July 1, 1962, at the Department of Anesthesia of Tacoma General Hospital. His undergraduate work was done in Indiana and he interned at Mountain View Hospital, Tacoma. He is a member of the A.O.A. Dr. Cudek and his wife, Phyllis, reside in Lakewood.

Dr. Toshio Akamatsu is with the Anesthesia Department of Tacoma General Hospital to study regional anesthesia. He is on a second year residency rotation program from the University of Washington. His undergraduate work was done at the University of Minnesota and internship at Mercy Hospital, Toledo, Ohio.

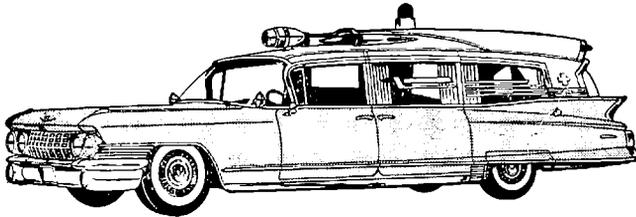
Dr. Izso Grunwald came to the Department of Anesthesia at Tacoma General Hospital from Montevideo, Uruguay. He is here studying regional block anesthesia and plans to remain one year. Dr. Grunwald and his wife, Libertad and two daughters reside in Tacoma.

Dr. John Takamura is at the Department of Anesthesia of Tacoma General Hospital for one month being on loan from the Faculty Staff of the University of Washington. He is currently conducting study on comparative evaluation of regional versus general anesthesia, this research fund being a grant from the U. S. Army. Dr. Takamura and his wife, Lucy and their two children reside in Seattle.

New Medical Technology students reported by Miss Lucille Larson of the Labor-

(Continued on Page 23)

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(Continued from Page 21)

atory Department are Karlina Samuelson from Sedro Woolley who attended Augustana College in Illinois; Linda Vekcih from Aberdeen who attended Washington State University; and Sharon Graham from Woodland who attended Pacific Lutheran University. Lani Sheriff from Tacoma who attended Olympic College in Bremerton is a new Cytotechnology student.

Vacationers from the Laboratory Department spent their time in our own state. Charlie Ferguson and family went to Orville, Washington. Stanley Sams visited his sister in Elma. Dr. Reberger and family spent a week on the Olympic Peninsula "away from the telephone."

The Diabetic school conducted by Mrs. Aline Hatton will be closed from August 6 through September 3, 1962.

Mr. Smaalders, Executive Housekeeper returned from a six weeks visit to Europe. He and his wife visited friends and relatives in Holland.

Mrs. Diane Wedell of the Stenographic Pool will be leaving at the end of July. She and her husband will be returning to Wisconsin along with the rest of the 32nd National Guard Division.

Miss Harriett Johnson is the new credit clerk in the business office.

On July 12 the hospital employee's picnic was held at Owen's Beach. Serving times were at 11:30 a.m., 6:30 and 8:00 p.m. About 500 attended the event which brought many families to gether to enjoy the yearly outing.

## Good Samaritan

Good Samaritan Hospital has again been granted full accreditation by the Joint Commission on Accreditation of Hospitals for a three year period. This is the result of an inspection and evaluation of the hospital last May 29, by Earl F. Weir, M.D., Field Representative of the Commission. Good Samaritan has been accredited since July, 1959, when a certificate was first granted.

In the survey report, Dr. Weir commented: "The medical staff, governing board, administrator and auxiliary services are commended for the evidence found by the field representative of the Joint Commission on Accreditation of Hospitals of the good quality of patient care being provided in this hospital."

### New Mothers Receive Complimentary Formula Packs

The Hi Ho Shopping Center of Puyallup has introduced a new service which is proving to be highly popular with maternity patients at Good Samaritan. As each mother leaves the hospital with her newborn baby, she receives a handy six-pack of 8-ounce nursing bottles filled with the baby's own special formula. This enables the mother to become adjusted to her first day at home without the task of making formula.

### Puyallup Active Club Donates Pediatric Equipment

A complete set of child traction and a cool steam vaporizer were donated recently by the Active Club.

The Active Club has on several previous occasions provided the hospital with equipment and each Christmas donates Christmas trees for decorating the hospital.

### Cruise For Hospital Personnel

Over 80 hospital personnel, including husbands, wives or guests enjoyed a cruise through the Narrows aboard the Harbor Queen, July 18. For the past two years, the summer outing for personnel was a picnic at Lutherland on Lake Killarney. This summer, more interest was expressed in a cruise and those who went enjoyed a beautiful evening out on the water and also an excellent roast chicken box lunch.

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## New Booklet Offered by Heart Association

Guidelines for establishing and improving cardiovascular clinics are provided in a newly revised booklet, "Recommended Standards for Cardiovascular Clinics A Guide for Clinic Committees," just issued by the American Heart Association. Affiliation of and assistance in the development of cardiovascular clinics are an important Heart Association activity in many areas.

The 24-page booklet, issued in 1949 and first revised in 1955, defines the functions of a cardiovascular clinic in terms of (1) service to the patients, (2) education not only of professional staff but of patients and their families, and (3) research. It sets forth recommended standards for clinic personnel, facilities and equipment, and clinic management.

A new section of the booklet deals with prevention of radiation hazards, giving rules

for proper maintenance and use of fluoroscopy units.

The booklet also defines membership, functions and operation of the Heart Association Committees on Clinics, detailing the procedures for clinic affiliation. According to the Heart Association, the process of gaining affiliation is designed to help the staff of a clinic evaluate its own performance, to disclose deficiencies and suggest means for their correction, and to guide the clinic in promoting or expanding its program.

Copies of "Recommended Standards for Cardiovascular Clinics" are available to members of health departments, clinic staffs, hospital trustees and other professional personnel concerned with community health problems. Requests should be addressed to local Heart Associations or the American Heart Association, 44 East 23rd Street, New York 10, N.Y.

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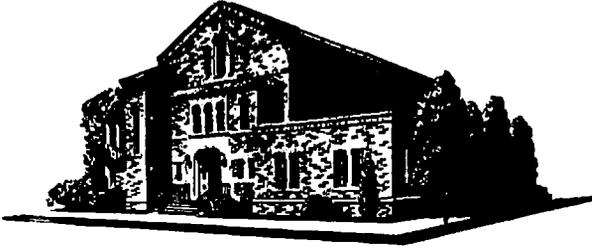
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## International College of Surgeons To Meet

The International College of Surgeons will hold its 13th Biennial Congress at the Waldorf-Astoria Hotel, New York, N.Y., September 9-13, 1962. A. Mario Dogliotti, M.D., Torino, Italy, President of the College, will preside at the meeting which will attract 3,500 surgeons from all over the world.

An outstanding and varied scientific program has been arranged by Max Simon, M.D., Poughkeepsie, N.Y., who is program chairman. Included are postgraduate instructional courses, surgical films, scientific and commercial exhibits, and over 200 papers and panel discussions presented by essayists from 27 different countries.

Highlight of the social program will be the banquet on Wednesday, September 12, at which Edward R. Annis, M.D., Miami, Fla., will be the principal speaker.

Registration fee is \$10 for members and \$15 for non-members. Interns, residents, active members of the armed forces, program speakers, special guests and nurses will be admitted without the registration fee.

Further information on the Congress may be obtained by writing to: 13th Biennial Congress Program, International College of Surgeons, 1516 North Lake Shore Drive, Chicago 10, Illinois.

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## A Simple, Common Name

During his recent Message on Protecting the Consumer Interest, President Kennedy urged that drugs be given a "simple, common name in order to avoid confusion and to enable the purchaser to buy the quality drugs he actually needs at the lowest competitive price."

From this statement, the consumer might easily assume two things—that no efforts are made at present to give drugs simple, common names in addition to their brand names and that, if this were done, drug prices would be lower. But both of these assumptions would be incorrect.

At present, the common names of drugs are decided by a well-thought-out system in which a number of scientific agencies, both national and international, participate. (Among these agencies are such authoritative bodies as the United States Pharmacopeia-American Medical Association Nomenclature Committee, the World Health Organization, the British Pharmacopoeia Association and others.) Every effort is made to find a simple name, but it is absolutely essential that the name adhere to basic principles of scientific nomenclature. If not, the names will be meaningless to the medical profession and to scientists generally.

Usually the common name reflects the chemical make-up of the drug; and since the chemical name is often long and complicated, the common name may have to be far from simple. No one has suggested a way to avoid this difficulty.

Moreover, the use of common names does not assure that a drug will be cheap. For example, the Rhode Island Division of Public Assistance examined 10,000 drug prescriptions for welfare recipients for the purpose of determining the actual savings to the State if the drugs were prescribed by their common names instead of their

trademark names. It was found that by using common names, a saving of *less than five per cent* would have resulted.

\* \* \*

Government pressure on the medical profession to prescribe medicines under their common names instead of their brand names is based on the theory that different versions of the same drug, produced by different companies, are of equal quality. *It would be hard to find a more dangerous fallacy.*

This fallacy is based on the theory that the therapeutic performance of a medicine can be predicted solely by carrying out the United States Pharmacopeia assay for determining the drug content. But this is not necessarily so. Almost all pharmaceutical products contain ingredients other than the active drug, and the manufacture of these products involves such steps as mixing, compressing, coating, heating, filtering. Any of these operations, if improperly controlled, may significantly affect the therapeutic performance of the medicine without the assay showing any deviation of the drug content from "official standards."

Several studies of the subject have revealed that two drugs having the same active ingredients may affect patients in different ways. "Indiscriminate changing of brands may actually become a life or death matter," according to Dr. Eino Nelson, of the University of California Medical Center of San Francisco.

Simple, "common names"—especially for drugs of complicated chemical structure—will be hard to find. Even if this obstacle is overcome, there is little or no reason to think that the use of common names will result in lower drug prices. And what is most important, the general use of such names would almost certainly bring about a dangerous compromise in the quality of our medicines.

## Political Cancer

There was a time when you went to the polls to vote for a man whom you thought would be an honest leader and have the people's best interests at heart. However, since the depression of '29, a new political psychology has developed. This psychology first attempts to convince one that he needs something and then screams and cries to push it through Congress. This psychology is an attempt to win your favoritism and your vote. The true details of the project and the social-economic impact it will have on you are misconstrued and confusing—rarely understood completely by the taxpayer.

Great effort is made to mask the fine print and who will be responsible for the majority of its debt. Some day the working man is going to discover the true goals our present Socialistic democracy has planned for him and how expensive and inferior the product.

Even Krushchev has discovered that Socialism does not work. Unless we soon wake up we will be a third-rate nation to Europe and Russia. This nation became the

greatest in the world only because it threw off the hobbles of dictatorial kings and developed free enterprise.

This spring I wrote to the Honorable Warren G. Magnuson to voice my opinion concerning the King-Anderson Bill and received a reply containing the following paragraph, "It is now well-known that late in life when our people have the greatest need for medical assistance, their income is the smallest. Over the past year the problem has become a matter of increasing national concern, and varying corrective proposals have been offered."

It behooves us all to get out and work in an effort to stop this cancer. It also takes MONEY. You either pay through the pocket book now or the nose later. It is later than you think.

Recently, I had the pleasure of listening to a minister who is running for the United States Senate for Washington State. He is now interested in what he can give you. He is interested in a government by the people and not a government to control the people.

—WILLIAM P. HAUSER, M.D.

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## Pierce County Medical Society

# MEETINGS

## Resume in September

## County Societies . . .

### IN THE NEWS

Edited by The Medical Society

Magazine Group, Phoenix, Arizona

**Sonoma County, California** voted at their last Executive Committee meeting to embark on an experimental public service column in one of their local newspapers, The Press Democrat. This column will appear once weekly and will alert the general public to the interests and concerns that physicians have for community health problems. The program will be under the direction of their Public Relations Committee.

**Hillsborough County, Florida** physicians are participating in a group weight control program particularly designed to meet the needs of teen-age girls. Emphasis will be placed on the need for change in personal goals and living habits. The doctors will be called on to discuss the medical aspects of obesity and the need for weight reduction. The program, sponsored by the Tampa Dietetic Association will be limited to 30 teen-age referred (with written permission slips) by their physicians.

**Onondaga County, New York** is in the process of organizing a Syracuse Chapter of MEDICO. A group of 25-30 Syracuse physicians met with Dr. Peter Comanduras, co-founder, with the late Dr. Thomas Dooley, of Medico, the independent, voluntary non-sectarian medical service program for under-developed countries. The needs of Colombia in particular were discussed by Dr. Comanduras. The visiting doctor usually volunteers for a 4-6 week period, and provides his own transportation. His keep is provided by the government of the particular country he is in — there is no salary paid.

**Lake County, Indiana** is continuing their highly successful radio program "The Doctor Speaks." Once a week for fifteen minutes during the noon hour, some member of the medical society speaks on a topic of his choice. It can be economics, bill-paying, unions, health insurance or a purely medical subject.

**Broome County, New York** has had over 300 members of area fire and police departments, ambulance and emergency squads take advantage of their series of training session in closed-chest cardiac massage. Six mass teaching sessions have been conducted during the past several weeks. The evening sessions include a film, panel discussion, question and answer period and actual teaching of the technique to participants on mannequins. Because the technique of closed-chest cardiac massage is still in the experimental stages and there are certain risks involved, it was decided not to train the general public at the present time.

#### Quote of Note

"It is proper to take alarm at the first experiment upon our liberties. We hold this prudent jealousy to be the first duty of citizens. The free men of America did not wait until usurped power had strengthened itself by exercise and entangled the question in precedents. They saw all the consequences in the principle, and they avoided the consequences by denying the principle."

—James Madison

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## MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA  
Second Monday of March, June, Sept., Dec.—7:30 p.m.  
Auditorium of Medical Arts Bldg.
- STAFF OF GOOD SAMARITAN  
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF NORTHERN PACIFIC  
Second Monday of each month—noon.
- STAFF OF ST. JOSEPH'S  
Third Monday of March, June, Sept., Dec.—6:15 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL  
Last Monday of February, June, September and November
- TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS  
First Tuesday of each month—8:30 p.m.  
Board Room of Pierce County Medical Society
- TACOMA ORTHOPEDIC SOCIETY  
First Tuesday of each month—8:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY  
Second Tuesday of the month except June, July and August  
—8:15 p.m.
- STAFF OF TACOMA GENERAL  
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB  
Third Tuesday of each month—6:30 p.m. at Tacoma Club
- TACOMA ACADEMY OF INTERNAL MEDICINE  
Fourth Tuesday of each month—6 p.m. at Tacoma Club
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE  
Fourth Monday of each month except June, July and August—  
6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY  
First Thursday of each month except June, July and August—  
6:00 p.m.
- STAFF OF MEDICAL ARTS HOSPITAL  
Third Friday of March, June, September, December—7:15 a.m.  
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL  
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

# BULLETIN

VOL. XXXIII—No. 9

TACOMA, WASH.

SEPTEMBER - 1962



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING  
SEPTEMBER 11**

# Pierce County Medical Society

## 1962 OFFICERS

President ..... G. M. Whitacre  
 President-Elect ..... Stanley W. Tuell  
 Vice-President ..... Frederick J. Schwind  
 Secretary-Treasurer ..... Arnold J. Herrmann  
 Executive Secretary ..... Judy Gordon

## TRUSTEES

John F. Comfort	John Shaw
Dale D. Doherty	Frederick J. Schwind
Robert M. Ferguson	Warren F. Smith
Arnold J. Herrmann	George A. Tanbara
George C. Kittredge	Stanley W. Tuell
Chris C. Reynolds	G. M. Whitacre

## DELEGATES

Douglas Buttorff	Stanley W. Tuell
Arnold J. Herrmann	G. M. Whitacre
George S. Kittredge	Wayne W. Zimmerman

## ALTERNATE DELEGATES

Richard F. Barronian	Robert W. Florence
Glenn H. Brokaw	Glenn G. McBride
Robert M. Ferguson	Frederick J. Schwind

## COMMITTEES

### Ethics

Glenn G. McBride, Chairman	Frank R. Maddison	Wendell G. Peterson
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### Grievance

Chris C. Reynolds, Chairman	J. W. Bowen, Jr.	C. B. Ritchie
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### Program

Charles J. Galbraith, Chairman	Dale Doherty	Orvis A. Harrelson
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### Public Relations

Kenneth E. Gross, Chairman	Robert M. Ferguson	Dale Doherty
Robert M. Ferguson	Arnold J. Herrmann	John R. Alger
George A. Tanbara		Arthur P. Wickstrom

### Library

James M. Blankenship, Chairman	Clinton A. Piper	Robert M. Ferguson
		Robert E. Lane

### Public Health

George A. Tanbara, Chairman	Orvis A. Harrelson	Robert C. Johnson
	Cecil R. Fargher	Kenneth Graham

### House and Attendance

Galen H. Hoover, Chairman	Robert C. Johnson	Glenn H. Brokaw
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### Civil Disaster

T. R. Haley, Chairman	David T. Hellyer	Leo F. Sulkosky
	Charles E. Kemp	Arthur P. Wickstrom
	Kenneth Graham	Robert D. McGreal

### Diabetes

Theodore J. H. Smith, Chairman	Robert H. Bias	Dudley W. Houtz
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### Entertainment

Robert A. O'Connell, Chairman	Robert C. Johnson	John R. Alger
		Robert W. Osborne

### Geriatrics

Glenn H. Brokaw, Chairman	James E. Hazelrigg	Marcel Malden
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### Legislative

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	Douglas P. Buttorff	J. Hugh Kalkus

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	John M. Kanda	R. A. Norton

### Mental Health

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### Poison Control

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	Bernard A. Bader	Charles C. Reberger
	Rodger S. Dille	George Tanbara
	Allen Eagelson (Advisory Member)	

### Bulletin Staff

Editor	Stanley W. Tuell
Business Manager	Judy Gordon
Auxiliary News Editor	Mrs. George A. Race



# HAPPY BIRTHDAY

## SEPTEMBER

- 4 MYRA VOZENILEK
- 6 JOHN S. MAY
- 8 JAMES P. DUFFY
- 9 THOMAS F. HINRICHS
- 10 MAX S. THOMAS
- 11 CHARLES R. BOGUE  
MARION MARTHA LARSEN  
GORDON M. PARROTT  
DANIEL J. THOMAS  
LEON B. THOMAS
- 12 MYRON A. BASS
- 13 ELDON C. BLIZARD
- 16 FRANK W. HENNINGS
- 19 CYRIL V. LUNDVICK
- 22 J. W. BOWEN, JR.
- 23 THOMAS H. SKRINAR
- 24 WALTER L. SOBBA
- 26 CARL N. EKMAN
- 27 ARNOLD W. JOHANSSON
- 30 S. S. THORDARSON

**THE COVER . . .** Labor Day weekend, the back-to-school movement and the "Grand Old Fair" seem to hit us all at once every fall. In case you haven't looked at the calendar lately, they're here again, and our cover will remind you the 59th Western Washington Fair will open its annual nine-day run at Puyallup September 15. Let's all go!



John H. Hewitt, Trust Officer of National Bank of Washington, leaving the Probate Court in the County-City Building, following an estate hearing.

John H. Hewitt, Trust Officer of the National Bank of Washington, is typical of the specialists in the Trust Department of the Bank. He is well informed in the fields of taxation, investments and the administration of estates.

Mr. Hewitt, as a family man with a wife and four lively boys, is particularly cognizant of the difficulties which can face the modern family in the event of death of the husband. For many years, he has been easing the problems of beneficiaries and fulfilling the plans of decedents by working with their attorneys and accountants in guiding estates through the proceedings required by laws and taxes.

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**PIERCE COUNTY MEDICAL SOCIETY MEETING**

**Tuesday, September 11**

Medical Arts Building Auditorium

**PROGRAM - - - 8:15 P.M.**

WILLARD B. REW, M.D.

President, Washington State Medical Association

---

**Discussion by W.S.M.A. Delegates of Problems and Resolutions  
to be Considered at the State Meeting.**

\* \* \* \*

A no-host dinner will precede the meeting  
Honan's Restaurant — 6:30 p.m.

# September Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>  <b>LABOR DAY</b>	<b>4</b>  Staff of T.G. 6:30 p.m. Tac. Acad. of Psy. & Neurol. 8:30 p.m. Tacoma Ortho. Soc.—8:00 p.m. C.P.C. of Mary Bridge—8 a.m.	<b>5</b>	<b>6</b>  Pierce Co. Ped. Soc.—6:00 p.m. C.P.C. of T.G. 8:30 a.m.	<b>7</b>  C.P.C. of St. Joseph's—9 a.m.
<b>10</b>  Staff of Doctors Hosp.—7:30 p.m. Staff of Good Samaritan 6:30 p.m. Staff of Northern Pacific—Noon	<b>11</b>  Pierce County Medical Society 8:15 p.m. C.P.C. of Mary Bridge—8 a.m.	<b>12</b>	<b>13</b>  C.P.C. of T.G. 8:30 a.m.	<b>14</b>  C.P.C. of St. Joseph's—9 a.m.
<b>17</b>  Staff of St. Joseph's 6:15 p.m. W.S.M.A. Annual Meeting Spokane	<b>18</b>  W.S.M.A. Annual Meeting Spokane C.P.C. of Mary Bridge—8 a.m.	<b>19</b>  W.S.M.A. Annual Meeting Spokane	<b>20</b>  C.P.C. of T.G. 8:30 a.m.	<b>21</b>  Staff of Med. Arts Hosp.—7:15 a.m. C.P.C. of St. Joseph's—9 a.m.
<b>24</b>  Staff of Mt. View General Hospital P. Co. Acad. of General Practice 6:30 p.m.	<b>25</b>  Tacoma Surgical Club—6:30 p.m. Tacoma Acad. of Internal Med. 6 p.m. C.P.C. of Mary Bridge—8 a.m.	<b>26</b>	<b>27</b>  C.P.C. of T.G. 8:30 a.m.	<b>28</b>  Staff of M. Bridge 12:15 p.m. C.P.C. of St. Joseph's—9 a.m.

Grand Rounds—Mt. View General Hospital—Every Saturday 8:30 to 10:00 a.m.

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## Effective Speaking By M.D.'s Important in Public Relations

Even though most physicians have had no specific training in public speaking, nearly all are called upon at some time or another to get up and express themselves before a group of people. Sometimes this is only a few remarks at a scientific session. Other times, the physician is asked to make more formal speeches or addresses before lay or semi-professional groups. In any case, the clarity and effectiveness of his comments reflect both on his individual status and on the reputation of the medical profession as a whole. Any speech by any doctor is actually another facet of our public relations. Whether it's good public relations or bad public relations may depend on that physician's ability to make a clear presentation of his thought—not, unfortunately, on his good intentions alone.

Physicians who feel they could stand some improvement in their ability to speak before a group—and this probably includes most of us—should consider membership in one of our local Toastmaster Clubs. These clubs are not service clubs, and are not actually in competition with the service club membership. Toastmaster Clubs exist only for the purpose of helping each constituent member to speak more confi-

dently and effectively before any group of people. They are strictly self-improvement clubs. They also provide training and experience in parliamentary procedure.

In a typical Toastmaster Club meeting, the members assemble at mealtime and one member says grace. Then one member announces the topic for the day, and each other member must rise, and, without previous preparation, give a 1½ minute discussion of the topic. This is usually followed by three or four prepared speeches, each 5 to 7 minutes in length, given by club members. Each member has a chance to give a prepared speech about once a month. Following the prepared speeches, the other members evaluate and criticize the speeches and the speakers in regard to speech organization, effectiveness, enunciation, grammatical errors, utilization of hand gestures, and other features that may have added or distracted from the value of the presentation. Each member is provided with an instruction manual which guides him in planning a variety of types of speeches.

There are about a half dozen Toastmaster Clubs in the Tacoma area, with membership varying from 15 to 30 members. Absolute regularity of attendance is not required. Some clubs have breakfast meetings starting at 7 a.m. once a week. Others meet for 1 hour and 15 minutes at lunchtime, and others meet for the evening meal. Thus, most physicians could find one meeting time that would fit their schedule. Anyone interested in more information on Toastmaster Clubs, meeting times and places, should contact the editor of the Bulletin.

S.W.T.

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**TUESDAY**

**SEPTEMBER 11**

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1. Lehan, P. H., Yates, J. L., Brasher, C. A., Larsh, H. W., and Furcolow, M. L.: *Diseases of Chest* 32:597, 1957.
2. Newcomer, V. D., Sternberg, T. H., Wright, E. T., and Reisner, R. M.: *J. Chronic Diseases* 9:353, 1959.

Mysteclin-F contains Squibb Phosphate-Potentiated Tetracycline (Sumycin), plus Amphotericin B (Fungizone). Available as: Mysteclin-F Capsules (250 mg./50 mg.); Mysteclin-F Half Strength Capsules (125 mg./25 mg.); NEW Mysteclin-F Syrup (125 mg./25 mg. per 5 cc.); Mysteclin-F for Syrup (125 mg./25 mg. per 5 cc.); Mysteclin-F for Aqueous Drops (100 mg./20 mg. per cc.). For full information, see your Squibb Product Reference or Product Brief.

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# *Guest Editorial*

## PRACTICAL POLITICS

Should we, as physicians, become involved in politics? This subject has been discussed pro and con in several recent journals. After sifting and sorting, it is apparent that we must become politicians. The extent of our participation and activities naturally will vary, but there are three general fields for endeavor.

The first area is that of the candidate for political office. Only a small number of physicians can, because of intent and circumstances, qualify as candidates. Drs. Herrmann, Humiston, Banfield, and Kalkus are current examples of this group and they must be encouraged and helped.

The second political area available for physicians and their wives is within local political parties. Active party participation means, some say, in the party platform. This is vital since most candidates, when supported by the party and subsequently elected, do pay some attention to the platform. At the Pierce County Republican convention this June, approximately 15 physicians or their wives were delegates with the right to discuss and vote on the party platform. There are 432 precincts in Pierce County so it is obvious that many more of us must become active. The following areas urgently need your help: Lakewood, Fircrest, Spanaway, Parkland, South Tacoma and even two areas in the North End (one in the Stadium district). If you reside in any of these areas, seriously consider becoming an active member of the Republican Party and call for advice. It is not too late to become active even for the coming election.

The third and last area is that of a citizen doing his or her bit to make this a better country by becoming informed about candidates and issues and supporting those we believe in. If we know the facts we can influence some of our acquaintances and some of our patients. The last presidential election was determined by less than 0.5 per cent of the total votes cast. Every single vote counts, but only at the ballot box.

Most of us did not study medicine to become politicians. However, we have a choice, like it or not. Either we become political and help determine the future or let others do it for us. Unfortunately, those most eager to control and rule are those whose policies and actions are most unacceptable to us. The choice is yours.

FRANK J. RIGOS, M.D.

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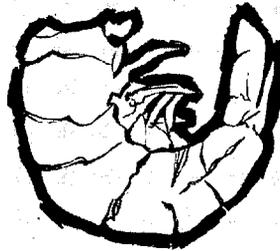
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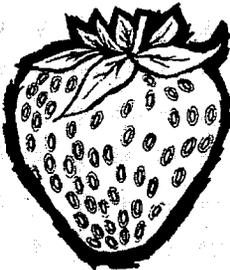
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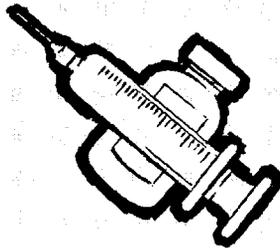
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other allergies



## Local TV, Press, Radio All in M.D. Publicity Plan

Again, that particular time of year has arrived when it is necessary for your Medical Society to call on you as individuals to assist in its public relations program. Again, we are asking the whole-hearted participation of every member. We have asked for and received the full cooperation of all of the news media—press, radio, TV—and we, in turn, most assuredly should make full use of them.

Our public relations program for this fall will, of course, include the weekly "Ask Your Doctor" television series. The program has achieved a high popularity rating and we hope to maintain it. The same general format will be followed as before—its purpose being to present medical information of general interest to the viewing public. This year, programs will be taped at KTNT's Tacoma studios which will avoid the necessity of going to Seattle for taping. The first two programs will be taped on September 14—**Back to School**, chairmanned by Orv Harrelson, and **Foot Trouble**, chairmanned by George Gilman.

The second major aspect of our public relations endeavor will be a bi-weekly newspaper column. These columns on timely medical subjects which will appear in the News Tribune under the heading, "**Your Doctor Says**", will be prepared by members of this Medical Society and a by-line will be given. We hope to start off with a series of articles by Bob Kallsen, dictated from his bed at Tacoma General Hospital, on the merits of certain automobile safety measures and first-aid to victims of all-too-frequent automobile accidents. It is anticipated that this, written from personal experience, will be a most interesting series.

The radio stations have again agreed to carry short spot announcements of current medical interest. These will be directed primarily toward preventive medicine. This media will be used to great extent in promoting any mass immunization programs

which may be undertaken such as the polio immunization program now being considered.

Again, we thank all of you who in the past have given your valuable time and knowledge to present programs and hope that you and those who have not yet taken part will participate during the coming year.

—PUBLIC RELATIONS COMMITTEE  
Kenneth E. Gross, M.D.,  
Chairman.

## State President To Speak Here

Meeting time is here again! The first meeting of the new fiscal year will be on Tuesday evening, September 11, and a distinguished guest will be present. Current President of our State Medical Association, Dr. Willard B. Rew of Yakima, will discuss important medical issues as part of the program. Delegates who will represent you at the State Association meeting in Spokane in mid-September will also give brief reports on the issues to be considered at the annual meeting. After the three month's respite from Medical Society meetings, a good attendance is expected for this important session. As usual, the meeting will be preceded by dinner at Honan's Restaurant.

**Don't Forget To Vote . . .**

**TUESDAY, SEPTEMBER 11**

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## Experience, Stability Qualify Humiston For State Senator



**Homer Humiston**

Homer Humiston's current campaign to represent the 26th District in the Washington State Senate has drawn the active support of local physicians, including a "Physicians-for-Humiston Committee," and of members of the Pierce County Medical Society Auxiliary. This support by the medical community has been based on the general recognition of Homer's record as a just and able administrator and perhaps Tacoma's most learned student of legislation and government, and not solely on the basis of friendship toward a highly-respected colleague. The consistency of his voting record during his seven years on the Tacoma City Council earned the respect of the citizens of Tacoma and is an assurance that his decisions at the State legislative level will be equally just and predictable and free of caprice.

Though best known to Tacomans for his terms as Councilman, Homer is no stranger to State politics. The doctors of Washington State are well aware that the State legislative session of 1961 was the most successful in history for the medical profession, and this was the year that Homer was President of our State Association. Homer himself has attributed much of this success to the cooperation of the Associa-

tion's Legislative Staff, the Executive Committee, the doctors and the Auxiliary, but his strong and capable hand at the helm was equally important and necessary. Although he will continue to support what he calls "basically positive public interest legislation" on medical issues, the broad scope of his legislative and political experience makes him deserving of the support of every thoughtful voter, physician or not.

S.W.T.

## Enjoyment of . . . "Delightful Fats"

Sufficient progress has been made, to date, in the understanding of coronary disease's basic process, atherosclerosis, to make possible the prediction of tremendous further strides in the next 10 years. This will include especially a better understanding of lipid metabolism, and the effects of dietary saturated and unsaturated fats on blood clotting, the process that goes hand in hand with atherosclerosis to produce blockage of vital arteries. I hope that investigators in pharmaceutical company laboratories, or elsewhere, will soon develop means of converting the abnormal metabolism into a type which will allow enjoyment of these delightful fats through a long life, free of coronary symptoms. I do not believe I am being overly optimistic in saying that this great day is not too far in the future. —Thomas M. Durant, M.D., in *American Professional Pharmacist*, Mar., 1962.

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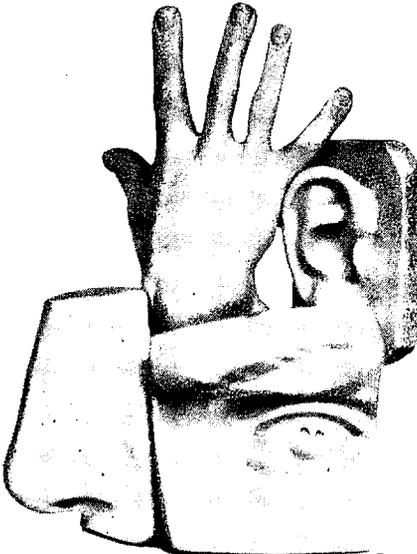
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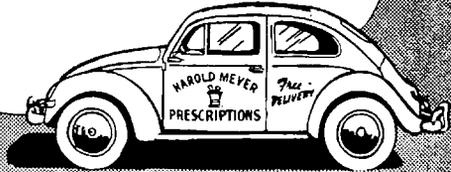
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Cancer .....	Mrs. J. Robert Brooke
Finance .....	Mrs. Kenneth E. Gross
Dance .....	Mrs. Arnold J. Herrmann and Mrs. William Rademaker
Fashion Show .....	Mrs. Thomas O. Murphy and Mrs. William W. Mattson, Jr.
Mental Health .....	Mrs. John M. Havlina
Today's Health .....	Mrs. Bernard A. Rowen
Cook Book .....	Mrs. Thomas B. Murphy and Mrs. Robert A. O'Connell

The calendar says summer is nearly over — though I truly believe it forgot to come — and college bells are ringing for Auxiliary children.

Returning to the U. of W. are Mary and Dorothy Avery, Tom and Jim Rigos. Miss Susan Rigos will attend Central Washington. Bruce and George Teats will be in the freshman and junior classes at U.P.S.; both boys have spent the summer as counselors at Dr. Schultz's camp. Carol Ann Hauser will be at Gonzaga University in Spokane. Marianne Meier and brother, Tom, will be at Seattle U. Marianne is in the nursing field, dividing her time between the University and St. Frances Cabrini Hospital. Mary Kemp, who will attend Lewis and Clark College in Portland, has been selected as one student (of 15) to take part in an experiment in international living. The group will leave September 11 for Mexico City and will attend classes at the Univer-

sity through the first semester. Mary will live one month with a Mexican family and study history, culture and government of Mexico during her stay. In the meantime, she is taking a course in Spanish!

Are you going with your husband to the State Medical Convention in Spokane? Jeanne Judd and Ruth Murphy wish to find some Pierce County Auxiliary members who could help with the sale of our cook books. The women's meetings will be held in the Ridpath Hotel and it is there that they will have a table to display the books. If you can help will you please contact one of these ladies? Thank you. . . .

On August 4 about forty people gathered for a surprise housewarming for Eloise and Jim McNerthney. (It really *was* a surprise. They have been in their new home well over a year!) It rained, so the steaks were broiled in the garage and eaten in the grand, large recreation room.

Many of our members have been to the beaches for fishing trips. One large party included Esther and Bill Avery, Pauline and Bud Bader and their two oldest boys, Martin Eltrich, Charles Galbraith and his brother, Fr. Kenneth Galbraith.

Eileen and Bill Rademaker left their daughter-in-law in charge here and spent their vacation at Westport and Ocean Shores.

See you at the Auxiliary meeting!

Faith Home needs tables of various sizes — dining room, recreation room, sewing tables and end tables; if you have one you would like to contribute, please get in touch with Jeanne Judd.

Don't Forget To Vote . . .

TUESDAY  
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# HOSPITALS

## St. Joseph's

### SURGERY

An item of interest was the beautiful military wedding of one of our former O.R. nurses, Rosemary Brascher, to Lieutenant Frederick Dunwell. The bride was lovely and all enjoyed the lavish reception at the Officers' Club. The bridal couple will travel cross country for their honeymoon, and make their new home in Pennsylvania.

Mrs. Mille Dickson and her husband will also be leaving in September for New York and Washington, D.C., where Mr. Dickson will continue medical school. We shall miss her but we wish her well in this new adventure.

The departure of our extern, S. R. Evans, will undoubtedly leave a sad spot in the hearts of many students as it will in surgery. He returns to the U. of Mississippi.

Dr. Wilson, anesthesia department had a baby boy last July. He will be greatly spoiled by four older sisters.

Surgery entrance has taken on a new look with the installation of the automatic electric doors.

Our three Medical Students from the U. of Mississippi have returned for another year of school. For two of them, James Day and Douglas Cain, this is their last year.

On September 5 six Medical Record Technicians will begin their nine months study in Medical Record Library Science.

The annual cruise for the student nurses and the Sisters took place on Monday, August 27, on the Harbor Queen. Other

social events during the summer which were enjoyed by the student nurses were the Doctors' annual picnic at Lake Geneva and the picnic at the Point.

### DIETARY

We are all most grateful to have Sister Winifred Marie back after her two months Jubilee vacation.

All the annual vacations are over enabling all to return rested for another year of work.

Max Warren, our "cart boy" will attend St. Edward's Seminary next month. Miss Taguba and Miss Bryant will return to the University of Washington to resume their studies in Dietetics.

Doris Owens is again with us after the arrival of her baby girl. Hattie Bazaar is filling in for the summer.

Rose Remeto spent a couple of days in the hospital last week.

After six weeks hold up due to the steel strike we are back to the installation of

(Continued on Page 23)

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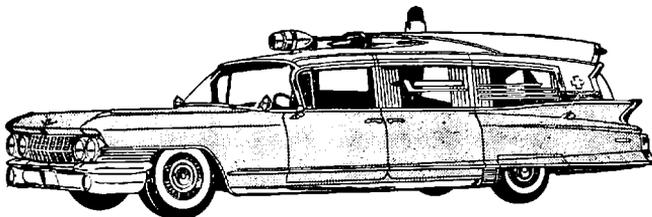
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A group of 28 patients, who had been unable to achieve significant weight loss on diet alone, lost an average of 1.14 pounds per week on 'Dexamyl' throughout an eight-week study. No side effects due to 'Dexamyl' were reported by the investigators.

—Gelvin, E.P.; Kenigsberg, S., and Boyd, L.J.: J.A.M.A. 170:1507 (July 25) 1959.

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**USUAL DOSAGE:** One 'Dexamyl' Spansule capsule taken in the morning for 10- to 12-hour effect.

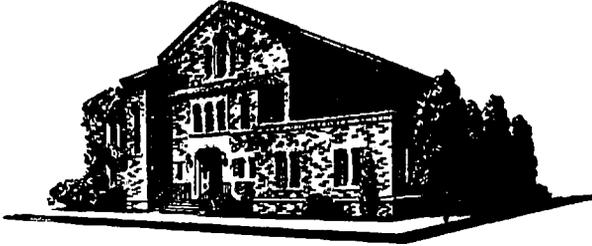
**SIDE EFFECTS:** Insomnia, excitability and increased motor activity are infrequent and ordinarily mild.

**CAUTIONS:** Use with caution in patients hypersensitive to sympathomimetic compounds or barbiturates and in coronary or cardiovascular disease or severe hypertension.

**SUPPLIED:** Bottles of 30 capsules.

Prescribing information adopted January, 1961.

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## FULton 3-1145

(Continued from Page 24)

Here each individual member of this Association has the opportunity to express his opinion on the policy-making matters before the 1962 Session of the House of Delegates.

Tuesday's scientific program will feature medical television and the "What's New" General Session. Demand has instigated, in this year's scientific program, another General Session on Tuesday afternoon. Doctors should check the August issue of Northwest Medicine or the program sent them by the W.S.M.A. Central Office in early August for complete details.

Dr. William B. Rew, W.S.M.A. President, will deliver his Presidential Address at the General Assembly at 11:00 a.m. Tuesday, and Dr. Wesley W. Hall, Reno, a member of the A.M.A. Board of Trustees will speak.

The fun-filled Tuesday Night Annual Banquet and entertainment will round out the day.

On Wednesday, there will be medical television, general sessions, the final session of the W.S.M.A. House of Delegates. Dean K. Crystal, Seattle, will be installed as the 1962-63 President and honored at a Reception that evening.

The Honorable Catherine May, Yakima, first woman elected to Congress from the State of Washington will speak before the Wednesday Noon Public Relations Luncheon. You will like Catherine and her message.

**Don't Forget To Vote . . .  
TUESDAY  
SEPTEMBER 11**

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**Tacoma**

## County Societies . . .

### IN THE NEWS

Edited by The Medical Society  
Magazine Group, Phoenix, Arizona

**Polk County, Florida**, during the past month has sponsored advertisements in many of their county papers. Subjects presented in the advertisements were: "How to Select a Doctor"; "Medical Costs"; "Immunization"; and "The Mechanism of the Medical Grievance Committee." The Society feels that this is an excellent means to present messages to the public and will continue with the program in the future.

**Orange County, California**, is seeing to it that tomorrow's doctors, nurses and technicians learn the medical ropes firsthand through their "medical careers" programs. Eight groups, involving twenty high schools, are active in the county. These groups range from 17-35 members and are operated independently of each other. Meetings are held in the evenings when both the doctor and the students are on their own time. The programs include tours of various hospital departments, lectures by specialists, movies of various phases of medical science, demonstrations of techniques and almost all other phases of medicine.

**Greater Kansa City (Jackson County) Missouri**, physicians have just completed the first year of their highly successful "Journals for Overseas" program. Initiated and developed solely by the physicians of Greater Kansas City, this program has sent over 1000 medical journals to 30 medical schools in Asian-African countries. The response to receipt of these needed journals has been most gratifying. The dispensing and storing of the current literature has been accomplished through the active cooperation of the Jackson County and Kansas University Medical Libraries.

**Columbia County, Pennsylvania**, in their July issue discussed a new book which gives an inside look at government medicine in seven countries. This book, *Financing Medical Care: An Appraisal of Foreign Programs*, (Caxton Printers, Ltd., \$5.50) explores the organization, aims and results of these systems in Great Britain, France, West Germany, Austria, Sweden, Switzerland and Australia. Economists, actuaries, political analysts, physicians, medical researchers, statesmen and a theologian—all thoroughly familiar with their own nations' medical systems—contributed to the book. Edited by Helmut Schoeck, professor of sociology at Emory University, Atlanta, Georgia, this book would appear a must for those who want a comprehensive look at government controlled medicine as practiced today.

**Cleveland Academy (Cuyahoga County) Ohio**, recently completed the first two rounds of their Sabin Oral Vaccine program. Types I and III were distributed to over one and a half million persons, approximately 93% of the county's population. The third round of vaccine, Type II is planned for the latter part of July.

#### QUOTE OF NOTE

- You cannot bring about prosperity by discouraging thrift.
- You cannot strengthen the weak by weakening the strong.
- You cannot help the wage earner by pulling down the wage payer.
- You cannot further the brotherhood of man by encouraging class hatred.
- You cannot help the poor by discouraging the rich.
- You cannot establish sound security on borrowed money.
- You cannot keep out of trouble by spending more than you earn.
- You cannot build character and courage by taking away man's initiative and independence.
- You cannot help men permanently by doing for them what they could and should do for themselves.

—ABRAHAM LINCOLN

*Be sure to watch . . .*

# **"ASK YOUR DOCTOR"**

**SUNDAY, 6 p. m.**

**KTNT-TV - Channel 11**

## **PROGRAMS**

**Sept. 16 - BACK TO SCHOOL**

Dr. Orvis A. Harrelson, Chairman

**Sept. 23 - FOOT TROUBLE**

Dr. George Gilman, Chairman

**Sept. 30 - HEMORRHOIDS**

Dr. Robert Gibson, Chairman

## Failure Ratio of 2865 To One

If profits in the drug industry were as exorbitant as some have claimed, I am at a loss to explain why anyone holds the stock of a corporation in any other field! The truth, of course, is that profits are not exorbitant. And here's why. In a recent year, drug firms tested more than 114,600 substances for possible medical application. Only 40 of these have reached the druggist's shelf. Thus, the failure ratio in drug industry research is 2,865 to one! In this industry, approximately 44 cents out of every profit dollar is returned to the business for research, new plants and equipment. Since 1947, the drug industry has spent more than \$1 billion in research alone. —Henry M. Moen, Executive Secretary, Minnesota State Pharmaceutical Association, in *Minnesota Pharmacist*, April, 1962.

## New Champs Likely In Table Tennis Meet

Another Physicians' Handicap Table Tennis Tournament is scheduled for the first Tuesday in September in Jackson Hall, preceding and following the Tacoma General Hospital Staff meeting. "Quickie" tournaments in both singles and doubles will be running concurrently, with 11-point games again in effect. Plans are being discussed for a ladder type challenge system, so that anyone may move up the ladder by defeating one of the players above. With the handicap system, everyone has a chance to reach the top, so bring your paddle and join the competition. Orv Harrelson will be defending singles champion, so will be the "man to beat" at this session.

**Don't Forget To Vote . . .  
TUESDAY  
SEPTEMBER 11**

**Don't Forget To Vote . . .  
TUESDAY  
SEPTEMBER 11**

## Public Health Committee

The Public Health Committee has begun preliminary consideration regarding the oral polio vaccination for our community starting November, 1962. The past experiences of other communities have been drawn upon through the three companies who produce the vaccine (Pfizer, Lederle and Wyeth), the Public Health Department and our medical journals.

Two official meetings have been held and our current recommendations will be presented to our Medical Society Board of Trustees.

We are open to suggestions and everyone is invited to our meetings as well as participating in a successful polio vaccination program.

Respectfully submitted,

—PUBLIC HEALTH COMMITTEE

George A. Tanbara, Chairman  
Cecil R. Fargher  
Orvis Harrelson  
Robert Johnson  
Kenneth Graham

**Don't Forget To Vote . . .  
TUESDAY  
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## MONTHLY MEETINGS

### STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.  
Auditorium of Medical Arts Bldg.

### STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

### STAFF OF NORTHERN PACIFIC

Second Monday of each month—noon.

### STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

### STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

### TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Tuesday of each month—8:30 p.m.

Board Room of Pierce County Medical Society

### TACOMA ORTHOPEDIC SOCIETY

First Tuesday of each month—8:00 p.m.

### PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August  
—8:15 p.m.

### STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

### TACOMA SURGICAL CLUB

Third Tuesday of each month—6:30 p.m. at Tacoma Club

### TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

### PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—  
6:30 p.m. at Honan's

### PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—  
6:00 p.m.

### STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m.  
at New Yorker Cafe

### STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

The

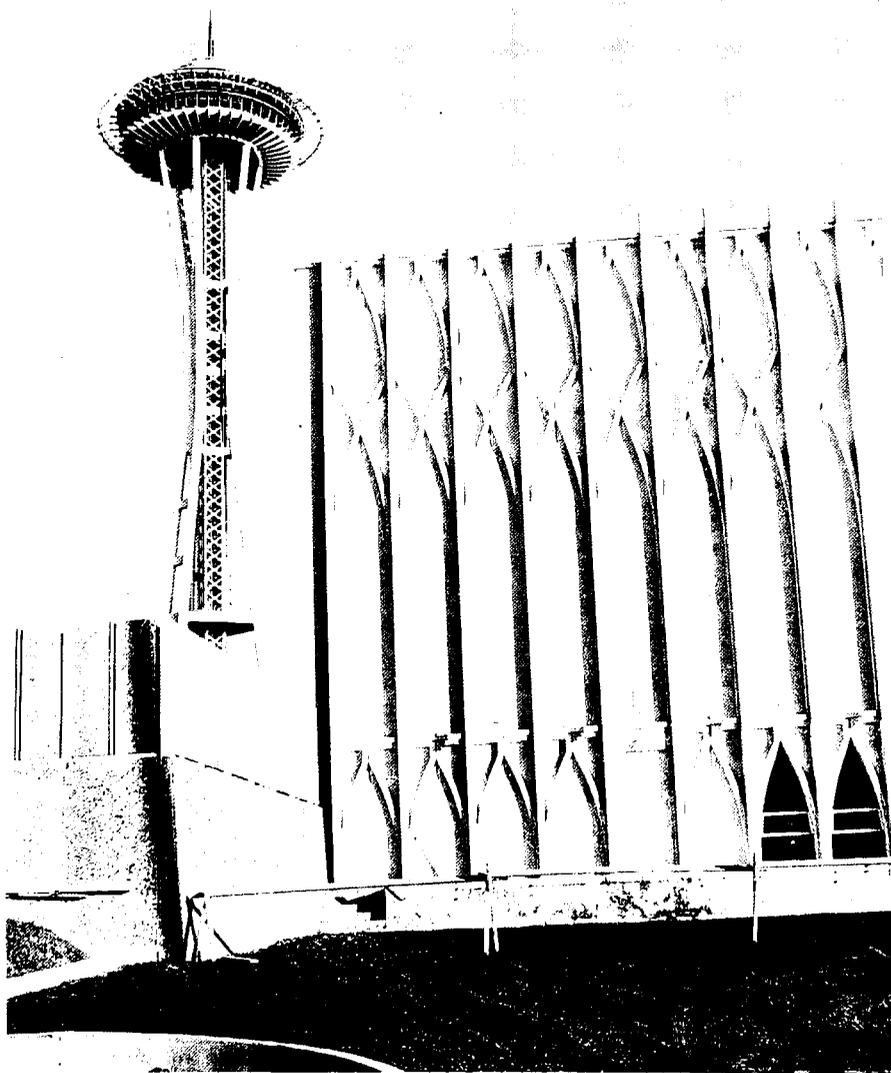
PIERCE COUNTY MEDICAL SOCIETY

# BULLETIN

VOL. XXXIII—No. 10

TACOMA, WASH.

OCTOBER - 1962



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING  
OCTOBER 9**

# Pierce County Medical Society

1962  
OFFICERS

President ..... G. M. Whitacre  
 President-Elect ..... Stanley W. Tuell  
 Vice-President ..... Frederick J. Schwind  
 Secretary-Treasurer ..... Arnold J. Herrmann  
 Executive Secretary ..... Judy Gordon

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 Dale D. Doherty ..... Frederick J. Schwind  
 Robert M. Ferguson ..... Warren F. Smith  
 Arnold J. Herrmann ..... George A. Tanbara  
 George C. Kittredge ..... Stanley W. Tuell  
 Chris C. Reynolds ..... G. M. Whitacre

## DELEGATES

Douglas Buttorff ..... Stanley W. Tuell  
 Arnold J. Herrmann ..... G. M. Whitacre  
 George S. Kittredge ..... Wayne W. Zimmerman

## ALTERNATE DELEGATES

Richard F. Barronian ..... Robert W. Florence  
 Glenn H. Brokaw ..... Glenn G. McBride  
 Robert M. Ferguson ..... Frederick J. Schwind

## COMMITTEES

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 Frank R. Maddison, Wendell G. Peterson

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 J. W. Bowen, Jr., C. B. Ritchie

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 Clinton A. Piper, Robert M. Ferguson  
 Robert E. Lane

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 Cecil R. Fargher, Kenneth Graham

### House and Attendance

Galen H. Hoover, Chairman  
 Robert C. Johnson, Glenn H. Brokaw

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T. R. Haley, Chairman  
 David T. Hellyer, Leo F. Sulkosky  
 Charles E. Kemp, Arthur P. Wickstrom  
 Kenneth Graham, Robert D. McGreal

### Diabetes

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 Robert C. Johnson, John R. Alger  
 Robert W. Osborne

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 James E. Hazlrigg, Marcel Malden

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 Douglas P. Buttorff, J. Hugh Kalkus

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 Bernard A. Bader, Charles C. Reberger  
 Rodger S. Dille, George Tanbara  
 Allen Eagelson (Advisory Member)

## Bulletin Staff

Editor ..... Stanley W. Tuell  
 Business Manager ..... Judy Gordon  
 Auxiliary News Editor ..... Mrs. George A. Race



# HAPPY BIRTHDAY

## OCTOBER

- 2 DUDLEY W. HOUTZ
- 3 LESTER S. BASKIN  
M. R. HOSIE
- 4 EDWARD R. ANDERSON  
ARNOLD J. HERRMANN  
SOMERS R. SLEEP
- 5 J. ROBERT BROOKE  
DAVID F. DYE  
KENNETH E. GROSS  
THOMAS B. LAWLEY
- 6 DARCY M. DAYTON  
A. R. ISLAM
- 7 HASKEL L. MAIER  
RICHARD I. RICH  
JOHN W. WILLIAMS
- 9 JESS W. READ
- 10 DONALD A. NEVITT
- 11 MYRON KASS
- 12 ROBERT A. KALLSEN
- 13 G. W. BISCHOFF
- 14 ROBERT G. BOND  
FRANK H. JAMES  
D. G. KOHLER  
JAMES MCNERTHNEY
- 16 MURRAY L. JOHNSON  
WILLIAM H. LUDWIG
- 17 C. B. RITCHIE
- 19 DAVID T. HELLYER  
VINCENT M. MURPHY
- 20 DUMONT STAATZ
- 21 BUEL L. SEVER
- 23 HORACE A. ANDERSON
- 24 GIULIO DI FURIA
- 25 DONALD F. ALLISON  
CHARLES MCGILL
- 31 JOHN F. KEMMAN  
JOHN SRAIL

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**PIERCE COUNTY MEDICAL SOCIETY MEETING**

**Tuesday, October 9**

Medical Arts Building Auditorium

**PROGRAM - - - 8:15 P.M.**

**RICHARD G. CHRISTENSEN**

**REPUBLICAN NOMINEE**

**FOR**

**UNITED STATES SENATE**

NOTE . . . Because Mr. Christensen has another commitment the same evening, the program will precede the business meeting and his address to the doctors will begin PROMPTLY AT 8:15.

\* \* \* \*

Social Hour: 6:00

Dinner: 6:45

Honan's Restaurant

# October Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Tac. Acad. of Psy. & Neurol. 8:30 p.m. Tacoma Ortho. Soc.—8:00 p.m.	3	4 Pierce Co. Ped. Soc.—6:00 p.m.	5	6 C.P.C.—Tacoma General 8 to 9 a.m.
8	9 Pierce County Medical Society 8:15 p.m.	10	11	12	13 C.P.C.—Mt. View General 8 to 9 a.m.
15	16 Tacoma Surgical Club—6:30 p.m.	17	18	19	20 C.P.C.—Mt. View General 8 to 9 a.m.
22 P. Co. Acad. of General Practice 6:30 p.m.	23 Tacoma Acad. of Internal Med. 6 p.m.	24	25	26 PCMB Board 8 p.m.	27 C.P.C.—Mt. View General 8 to 9 a.m.
29	30	31			

Grand Rounds—Mt. View General Hospital—Every Saturday 8:30 to 10:00 a.m.

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## President's Page



Among other actions at its annual meeting, the House of Delegates of the Washington State Medical Association gave its board of trustees authorization to proceed with negotiations with those osteopaths who have the training and desire to affiliate themselves with the medical profession. In order to qualify, an osteopath must have an M.D. degree from an approved medical school and must have a license to practice medicine and surgery in the State of Washington. There are six schools of osteopathy in the United States and they have about 500 graduates annually. Surveys of their curriculum show their standards are not far removed from those of approved medical schools. In fact, the California Medical School in Los Angeles has been approved by the Council on Medical Education and Hospitals of the A.M.A. and the Association of American Medical Colleges to grant the M.D. degree.

All M.D. degrees given to osteopaths so far have been from this school.

In the last two years, a committee of the WSMA headed by Dr. Harold Laws of Seattle and having Drs. Wayne Zimmerman and Jess Read of Tacoma as members has met with representatives of the State osteopaths to develop a plan of cooperation. The younger, well-trained group of osteopaths (about 60-80 in Washington) have resigned from the old osteopathic association and formed their own organization. This younger group (14 of whom already have an M.D. degree) are interested in becoming members of county medical societies with all the privileges and responsibilities. The "old guard" of osteopaths broke off negotiations with our liaison committee. They desire to retain their identity as osteopaths and along with A.O.A. are fighting the efforts of the younger osteopaths to merge with the medical profession.

We feel that both professions will benefit from the closer interchange of experience and knowledge and the public will be afforded better medical care. It will very likely be at least a year before any former osteopaths are admitted to membership in medical organizations in Washington.

G. MARSHALL WHITACGE, M.D.

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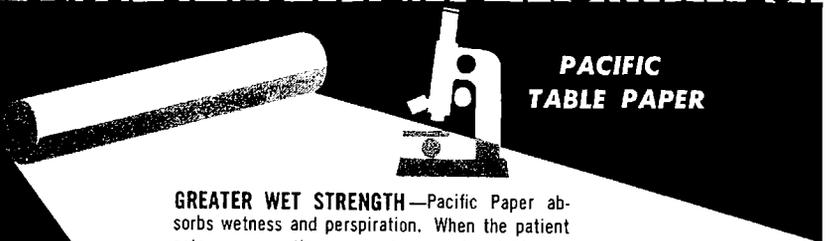
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## *Editorially Speaking*

Did you know that one of the major political parties in this State demands that any candidate receiving its support sign a written agreement that his decisions will abide by directions from the party? Apparently his own conscience and his obligations to the citizenry are influences he must ignore. To quote from the official platform, “. . . party financial and manpower support shall go only to those nominees . . . who state in writing their general agreement with this platform and platform planks and who . . . further state they will abide by the majority decision of their . . .” party caucus.

If this rather foreboding policy statement is news to you, perhaps you should take a more thorough look at both party platforms. If you vote along party lines to any extent, you should be prepared to intelligently discuss that party's platform. Inquiry should be made at local party headquarters for copies of the respective platforms. If not available locally, copies of the platform of either party may be obtained by sending 25c per copy to Republican Headquarters, 633 Peyton Building, Spokane, Washington.

S.W.T.

---

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1. Lehan, P. H., Yates, J. L., Brasher, C. A., Larsh, H. W., and Furcolow, M. L.: *Diseases of Chest* 32:597, 1957.
2. Newcomer, V. D., Sternberg, T. H., Wright, E. T., and Reisner, R. M.: *J. Chronic Diseases* 9:353, 1959.

Mysteclin-F contains Squibb Phosphate-Potentiated Tetracycline (Sumycin), plus Amphotericin B (Fungizone). Available as: Mysteclin-F Capsules (250 mg./50 mg.); Mysteclin-F Half Strength Capsules (125 mg./25 mg.); NEW Mysteclin-F Syrup (125 mg./25 mg. per 5 cc.); Mysteclin-F for Syrup (125 mg./25 mg. per 5 cc.); Mysteclin-F for Aqueous Drops (100 mg./20 mg. per cc.). For full information, see your Squibb Product Reference or Product Brief.

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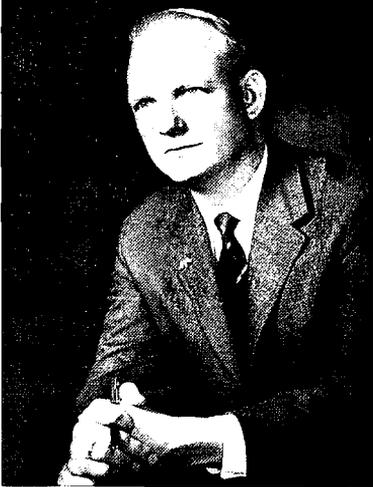
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## Christensen Here For October Society Meeting; Full House Expected



Judging from previous performances, the place will be packed and you'd better arrive early if you want a seat. The "place" in this instance will be the Medical Arts Building auditorium on Tuesday, October 9. At least one of the previous performances was the stirring address given by Senatorial candidate, Richard G. Christensen, to a standing-room-only crowd of doctors and their wives at the State Medical Association meeting in Spokane last month. A similar response is expected on Tuesday when Christensen has consented to speak at the regular monthly meeting of the Pierce County Medical Society. Doctors will have a chance to meet him in person at the social hour and dinner at Honan's before the meeting. Because of a previous commitment, his address to the doctors **will begin promptly at 8:15 p.m.**

Christensen, at 32, with no previous political experience, has chosen a Pete Rademacher type of approach for his political career, stepping into the ring against one of the seasoned champs of Washington State politics for his first professional encounter. Already this outspoken proponent of free enterprise has gained a wide following, including an enthusiastic group known as the WOW's (meaning Women On the Warpath). He left the Lutheran ministry to enter politics, is the father of three daughters, has earned the support of many doctors by his aggressive opposition to Medicare legislation.

## Pierce County Physicians In Important Roles at State Meeting

Delegates and other members of the Pierce County Medical Society played key roles in the conduct of official business at the recent meeting of the Washington State Medical Association in Spokane. County Society President, Marshall Whitacre, was a member of a reference committee which spent all day Tuesday reviewing the currently crucial issue of amalgamation of the osteopaths with physicians. The thorough work and well-presented conclusions of this committee were important factors in facilitating prompt action on this matter by the House of Delegates at its final session. The special committee which had spent many months preparing a report on the osteopathy problem was chairmanned by Dr. Harold Laws of Seattle and included Wayne Zimmerman and Jess Read of Tacoma as members.

Doug Buttorff played the important role of Chairman of the reference committee which reviewed the reports of all standing committees of the State Association, and his concise report presented before the House of Delegates also expedited speedy conduct of business at its final session.

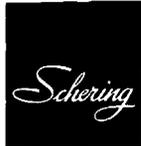
At the initial session of the House on Sunday, September 16, Jess Read gave a report as A.M.A. delegate. All six of your elected delegates from Pierce County were present for both sessions of the House of Delegates. They were: Doug Buttorff, Arnie Herrmann, Marshall Whitacre, Stan Tuell, George Kittredge and Wayne Zimmerman. Also in attendance at each session were Jess Read and our two members of the State Board of Trustees, Bill Brown and Herman Judd; Judy Gordon, executive secretary, was also present for the entire meeting.

Among the officers elected by the House of Delegates at its final session were Jess Read, elected for another term as delegate to the A.M.A.; Bill Bowen, elected to another two-year term as trustee from the Western District, and Marshall Whitacre, elected to a one-year term as trustee-at-large.

---

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Case history provided by Joel Goldman, M.D., Johnstown, Pa. Original photograph November 10, 1960; follow-up photographs, November 29, 1961.

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after another  
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## Few Tacomans on Scientific Program At State Session

Though scientific papers were presented by over 140 physicians at the State Medical Association meeting in Spokane last month, only two of these were from the Tacoma area. Virginia L. Larsen presented a paper entitled "Psychological Study of Colloquial Menstrual Expressions", and Jerman W. Rose gave a paper on "A Program for Residential and Day Care for Disturbed Children and Their Families."

Some representation on the scientific program was also provided by James Vadheim who was chairman of the entire Monday morning Surgery Scientific Program, and by Horace Anderson who served as chairman for the entire general scientific session on Wednesday afternoon. Horace is concluding a year as President of the Washington State Society of Internal Medicine, and Jim has been President of the Washington State Chapter of the American College of Surgeons for the past year.

Of twelve scientific exhibits at the State meeting, none were prepared by Pierce County physicians.

## Tacoma Physicians Join 50-Year Club

Four Tacoma physicians were among the 16 who joined the 50-Year Club at the State Medical Association meeting in Spokane last month. Though not present to receive their lapel pins from the Association, the following Tacoma doctors were honored for their 50 years of service to the public and the profession: Darcy Dayton, Elizabeth Drake, Arthur C. Leslie and Leo J. Hunt.

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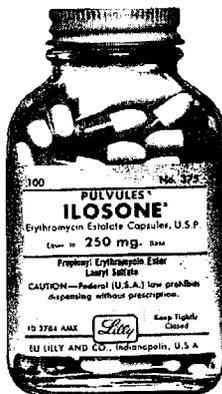


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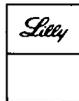


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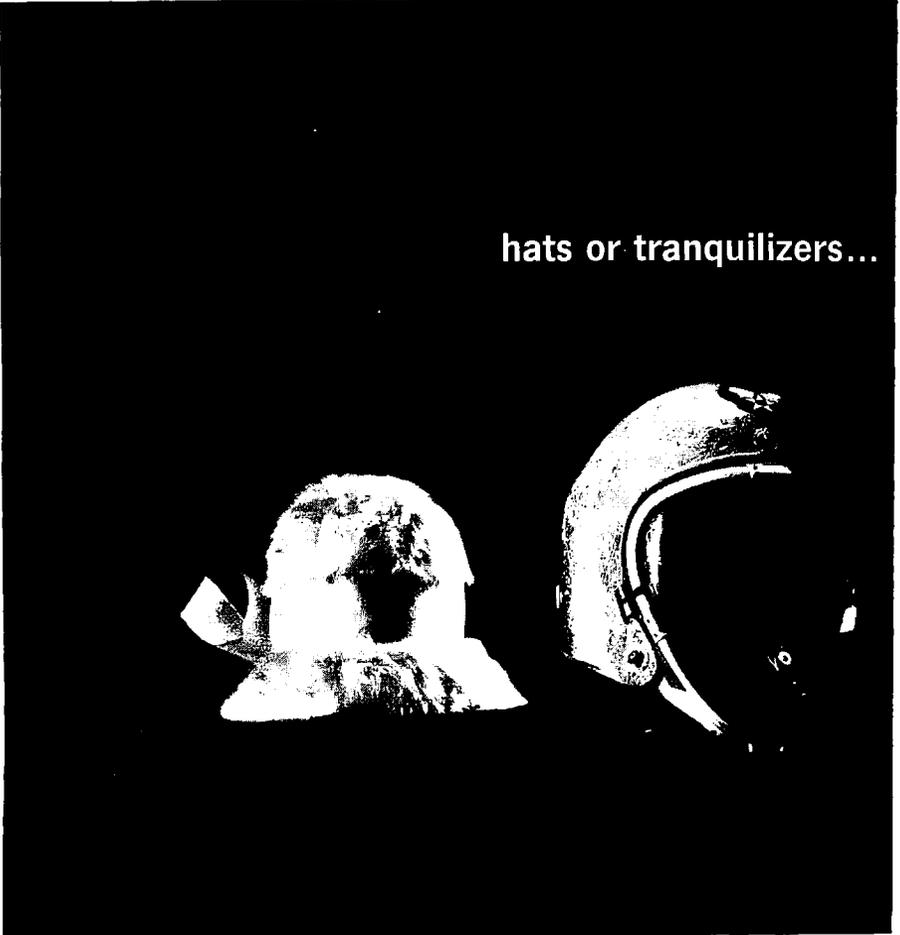
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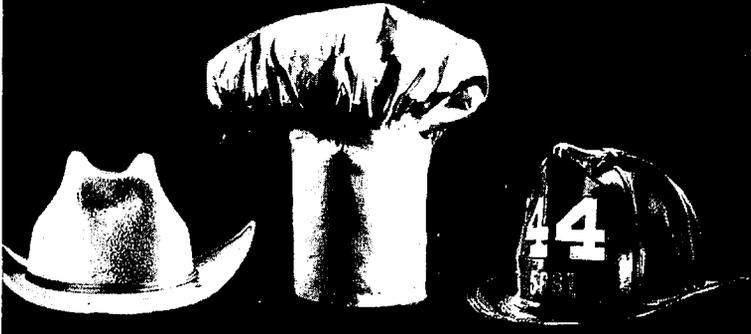


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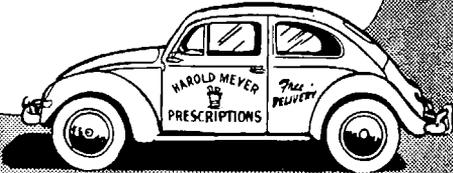


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Mental Health .....	Mrs. John M. Havlina
Today's Health .....	Mrs. Bernard A. Rowen
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a Holiday." This event to be held Thursday, October 25 at 12:30 p.m. luncheon at the Top of the Ocean. Billie Murphy and Bianca Mattson are co-chairmen and Lou Johnson will do the show. Elvina Brokaw and Sheila Dimant are taking reservations. Phyllis Erickson and Edith Lawrence are in charge of decorations. Helping with general arrangements are Marj Wicks and Wibbie Bischoff. A partial list of models includes: Ruth Murphy, Helen Florence, Muriel Nelson and Marj Wicks. A diagram of table arrangements will again be in the foyer so you may find your place easily. Many of our members have worked hard on this project—do come and bring your friends. Show them we appreciate their efforts.

Pierce County had a wonderful group attending the Auxiliary sessions of the State Convention in Spokane: Jeanne Judd, Ruth Murphy, Dorothy Maier, Stephanie Tuell, Ruth Brooke, Lorraine Adams, Keaty Gross, Jeanne Vadheim, Lorraine Kunz, Phyllis Erickson, Helen Kittredge, Joyce Galbraith, Gerri Reynolds, Hazel Whitacre, Kay Herrmann, Dottie Read, Wanda Rose, Irma Wahlberg and Priscilla Stuen attended many of the meetings. President Jeanne Judd will have a complete report for us at the October meeting.

The ladies were well entertained by the Spokane Auxiliary. There was a style show, golf tournament, an organ concert at St. John's Cathedral (reported to be the largest organ in the world) followed by a tea at a member's home. An all-doctor musical group played for a dinner-dance and pro-

(Continued on Page 23)

The first meeting of the Pierce County Medical Auxiliary for 1962-63 will be held October 19 at the home of Mrs. George Kunz, 21 Orchard Road. This will be a noon luncheon meeting with Mrs. John Flynn and Mrs. George Moosey as chairmen. Assisting with the luncheon will be Mesdames Francis Hennings, Hugh Larkin and Haskel Maier. There will be no formal program but we will meet the four young ladies who have received the Auxiliary nursing scholarships for this year. At Tacoma General Hospital Martha Smith, a seniors whose parents live in Forest Grove, Oregon, and June Halmo, a junior from Tacoma, were selected. Winners at St. Joseph's were Marguerite Ryser, a junior from Hoquiam and Mary McGuire, also a junior, from Snoqualmie. Each girl will receive two hundred dollars from the Auxiliary and each girl was selected by the scholarship committee of her nursing school.

Available at this meeting: our Cook Books! Bring your Christmas list and make the most of this easy way to shop. Also, tickets for the style show, "Fashion Takes

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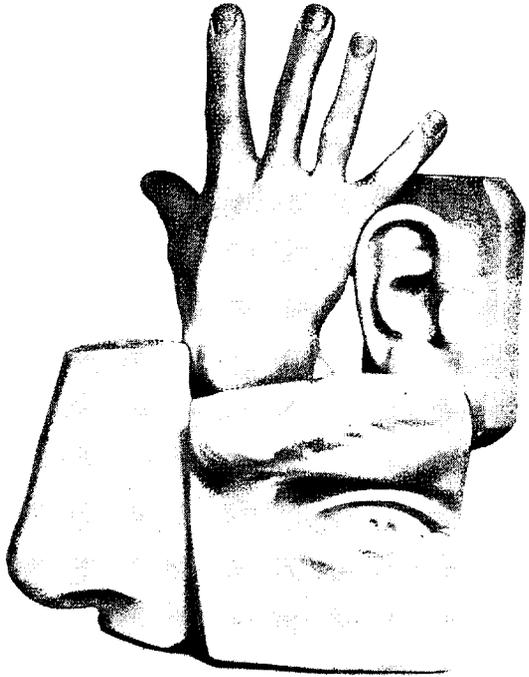
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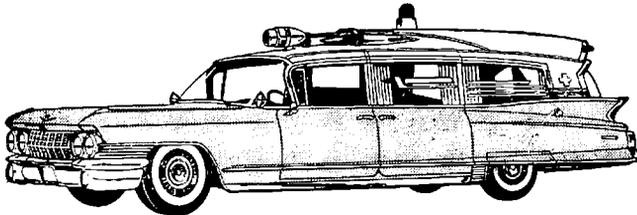
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(Continued from Page 19)

vided some hilarious moments with their quick ad-libs and patter.

And a sight to remember from Convention: Prez Jeanne and friend Hazel occupying *four* chairs at every meeting—Jeanne nursing a sprained ankle and Hazel a sore back and case of the sniffles brought on by the air-conditioning. Poor gals—not a doctor in sight!

Jeanne Vadheim will miss the October meeting. She and Jim will be attending the 25th anniversary reunion of Jim's class at the University of Minnesota.

This year a great effort will be made to help members attend our meetings who have not been active in the past. If you need transportation, are new in town and don't know any of the members, don't care to come alone, or have other reasons why you don't regularly attend, please discuss the problem with the woman who calls you. All doctors' wives should be members of this group. We have the same basic interests as members of the medical field and thus a duty to our husbands and ourselves. Please make every effort to become an active member.

See you October 19th!

## Tanbara New Table Tennis Champ

A come-from-behind win over Marshall Whitacre gave George Tanabara the singles championship in the table tennis tournament at Jackson Hall on Sept. 4. Besides the regular tournament, a ladder type of tournament was also started, allowing any individual to work toward the top by challenging and defeating anyone higher up the ladder. This will be a continuing type of tournament carried on through subsequent meets.

Attendance has slackened somewhat at the last few tournaments and this has been attributed in part to the discontinuation of the dinner portion of the evening program at Tacoma General on staff meeting nights. The expressed enjoyment of the spirited competition and good fellowship by all attending appears to warrant continuing tournaments, however, and it is hoped that attendance will be improved at the next tournament, scheduled for Tuesday . . . December 4.

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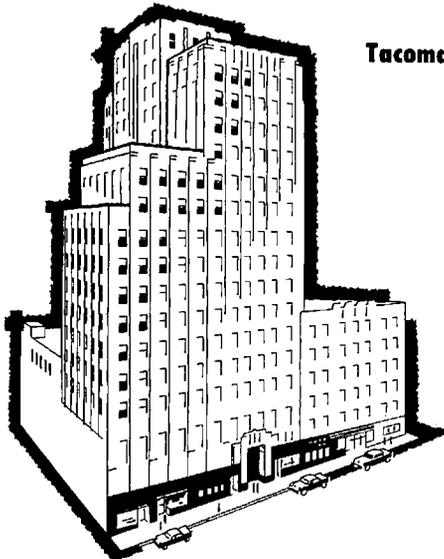
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# HOSPITALS

## Saint Joseph's

Reminder to all Staff members of St. Joseph's that the quarterly meeting will be held the third Monday in October which is October 15. The meeting was changed from September as it conflicted with the Annual Washington State Medical meeting.

We hope to have a 100 per cent attendance for this meeting.

The new Administrator and Superior of St. Joseph's Hospital is Sister Mary Cuniberta. Sister came here from St. Elizabeth's Hospital, Baker, Oregon, where she was Administrator for the past six years. Previously she was Director of the School of Nursing in Pendleton, Oregon. Sister has her degree from St. Louis University and is a member of the American College of Hospital Administrators. We are very happy to welcome Sister to our hospital and our community.

## SCHOOL OF NURSING

The Senior Class has completed the program and some of its members have assumed staff positions in St. Joseph's Hospital.

The school year officially opens October 1 with Holy Mass offered by Reverend Joseph Logan, S.J. It will be wonderful to see our new Seniors and new Juniors get into the swing of things again. September 24 will mark the start of orientation for our new class of Pre-Clinical students. We are looking forward to thirty-eight new faces joining the Student Body. Two of these will be male students. The students come to us from the states of Alaska, Hawaii, Idaho, Oregon, and Washington.

Mrs. Lee and Mrs. Fournier are welcome as members of the faculty this year. We are looking forward to having them and hope we will not tire them out too soon.

## MAINTENANCE DEPARTMENT

Our new washing machine has arrived and the crew is busy in the installation and checking out the operation of this new piece of equipment. Due to the size of the washer, a number of systems, drains and water lines had to be rerouted. We hope to have the washer in full operation soon.

Last week we had a test run on our new emergency generator and it functioned perfectly. There are still a few minor points to be straightened out, however, but we do

have the unit in and are ready for any emergencies that may arise. We were especially gratified at the low level noise while the generator is running.

The addition of acoustical tile in the near future will cut the noise level down even more. In most parts of the hospital we will not even be aware that it is in operation.

The new South End 3rd floor medicine room is nearing completion. All cabinets and wood work have been completed and the painter is busy with paint and varnish. A new refrigerator will also be part of the new equipment. The room should be ready for use soon.

Frank Firstl is a recent addition to the maintenance crew and is busy learning the various jobs that are called for from this department.

## PRACTICAL NURSES

At the beginning of the Fall Semester the Practical Nurse Program of Tacoma Vocational-Technical Institute enrolled forty-eight new students. Among this pre-clinical class there were students from Italy, Korea, Costa Rica, Russia, and twelve states other than Washington. These students will be starting their clinical experience at St. Joseph's in January.

## MEDICAL RECORDS DEPT.

A state of slight hysteria prevailed in the Medical Records Department September 5, when Sister Mary Emmanuel found herself confronted with seven new students.

Two of our students, Sister Anne Margaret and Gail Hallman come from Oregon. Patricia Ek comes to us from Battle Ground, Washington; Judy Rauch is from Milton, Washington; and Sandra Bergstrom, Sandra Seaman, and Laurretta Schmidt come from the Tacoma area.

## MEETINGS

The Washington State Conference of the Catholic Hospital Association will hold its annual meeting in St. Joseph Hospital on Wednesday, October 17. This is a one-day meeting which will consist of the Business Session in the morning and the Program in the afternoon.

The theme is "The Role of the Catholic Hospital in the Community."

Speakers are: Father Jerome Toner, O.S.B., nationally known for his work on Labor Relations and allied problems. Other speakers are: John J. Eckhart, teacher, lecturer, and writer; Samuel Brown, from

(Continued on Page 27)



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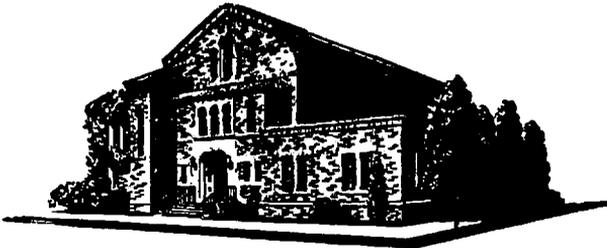
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(Continued from Page 24)

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### X-RAY

During the summer months four students graduated and left the department. They are Mary Jo Armstrong, Kay Brown, Patricia DesChane, and Jerry Walters. Mr. Walters is now attending St. Martin's College while the others are employed by local doctors.

The five new students, now in their third month of training are becoming well acquainted with the fundamentals of x-ray technology through classwork and practice experience in the department.

The new Picker X-ray diagnostic machine which has just been installed is now near completion. With the combined efforts of the carpenters and painter we anticipate a housewarming in the near future. This latest addition to the department has the newest and most modern facilities now available. It is fully equipped with fluoroscopic and body section accessories.

Body section radiography is the special technique used for demonstrating a selected plane or layer of body structures. It is a remarkably effective tool for exploring anatomical structures, revealing detail ordinarily obscured by superimposition.

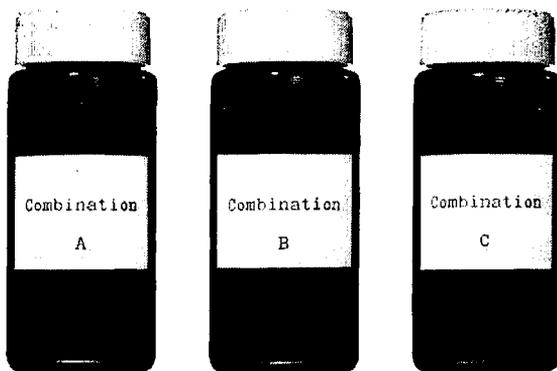
With this new equipment the kilovolt range is capable of being raised thereby reducing the exposure time which is most helpful with children and adults who cannot suspend respirations. We can now take x-rays at 1/120 of a second.

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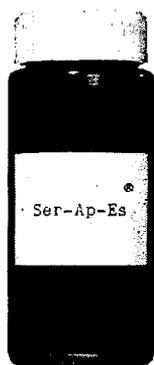
We have three new students in the lab now; and we are in hopes that they will learn quickly so that they will be able to take over the duties of Belen Manzano, Linda Rosin, and Tom Curtis who are leaving us. Tom is going back to school, Belen to the Philippines, and Linda is going to work in Seattle. As much as we hate to see them go, we do wish them the best of luck in their new positions.

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1. Dupler, D.A., Greenwood, R.J., and Connell, J.T.: J.A.M.A. 174:123 (Sept. 10) 1960.

2. Hobbs, L.F.: To be published. 2/3/62/49

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## **PROGRAMS**

**Oct. 7 - GLASSES -- CONTACT LENSES**

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**Oct. 14 - STAPH INFECTIONS**

Dr. Charles Reberger, Chairman

**Oct. 21 - ACUTE ABDOMINAL PAIN**

Dr. William E. Avery, Chairman

**Oct. 28 - YOUR DIET**

Dr. Thomas H. Clark, Chairman

## County Societies . . . IN THE NEWS

Edited by The Medical Society  
Magazine Group, Phoenix, Arizona

**Milwaukee County, Wisconsin**, physicians met with members of five professional organizations at the first meeting of the recently organized Interprofessional Committee. The organizations represented at the meeting were: Bar Association; Greater Milwaukee Dental Association; Milwaukee County Pharmacist's Association; Milwaukee District, Wisconsin Nurses Association; Milwaukee Association of Commerce. The Committee was created to bring about liaison with various allied professions.

**Fairfax County, Virginia**, recently became the first area to have a large scale test trial of measles vaccine. About 125 doctors, technicians and nurses donated their time to give the shots. The project was jointly sponsored by the Medical Society and County Health Department. In tests already given by individual doctors, it was found that 97 per cent of the children became immune. The results of the tests will be studied and submitted to the National Institute of Health before the drug is licensed.

**Maricopa County, Arizona**, intends to begin the first session of their new medical secretarial school on October 1. Called the Southwestern Preparatory School, this school will give a four month course for women interested in becoming medical secretaries. The course will consist of three months in the classroom and one month of internship in a doctor's office. Sessions will be half-day, five days a week. Various parts of the course will be taught by doctors and other experts in the particular fields covered.

**Tulsa County, Oklahoma**, will take under consideration a proposed program designed to expand the scope of industrial health facilities and personnel in their area. Some of the purposes of the program are: to establish and maintain a roster of Society members willing and available to furnish qualified occupational medicine services and to interest more physicians in qualifying themselves in industrial medicine. The program would set up an advisory service to industry which would evaluate occupational health needs, assist in developing necessary facilities and personnel in such scope as employers might wish, and create informational services and sources in the field of industrial medicine.

**Dade County, Florida**, recently held their Fourth Annual Athletic Injuries Clinic for high school coaches, trainers and principals. The program consisted of such topics as: Common Injuries to and Protective Measures for the Teeth; Medical-Legal Aspects of Coaches' Responsibilities When a Player is Injured; Upper Respiratory Infections and Infectious Mononucleosis.

## Tacoma Physicians Registered at WSMA Meeting

Samuel E. Adams, Horace A. Anderson, J. W. Bowen, Jr., J. Robert Brooke, Douglas P. Buttorff, Homer T. Clay, Charles J. Galbraith, Erna Guilfoil, Orvis A. Harrelson, Arnold J. Herrmann, Homer W. Humiston, Herman S. Judd, Charles E. Kemp, George S. Kittredge, Gerald C. Kohl, George G. R. Kunz, Philip C. Kyle, Virginia L. Larsen, Haskel L. Maier, Thomas B. Murphy, Jess W. Read, Chris C. Reynolds, Jerman W. Rose, Louis M. Rosenblatt, M. R. Stuen, Stanley W. Tuell, James L. Vadheim, G. Marshall Whitacre, and Wayne W. Zimmerman.

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## Hypertension is Topic for 14th Annual Symposium

Hypertension is the topic for the fourteenth annual symposium on heart disease of the Washington State Heart Association in cooperation with the Washington State Department of Health, Friday and Saturday, November 9 and 10 at the University of Washington Health Sciences Building in Seattle.

Five visiting lecturers have been named: Walter M. Kirkendall, University of Iowa Hospital, Iowa City, Iowa; Dr. Albert Sjoerdsma, National Heart Institute Bethesda, Maryland; Dr. David Sutton, St. Mary's Hospital, London, England; Dr. Louis M. Tobian, University of Minnesota, Minneapolis, Minnesota and Dr. J. Edwin Wood, Medical College of Georgia, Augusta, Georgia.

The symposium is approved for credit in Category I, the American Academy of General Practice.

There is no registration fee. Registration forms will be sent to all physicians in Pierce County. Further information on the program, registration, and arrangements to accommodate physicians is available by calling the Pierce County Heart Association.

## Public Health Committee Recommendation

The following recommendation of the Public Health Committee was approved by the Board of Trustees at the September meeting . . .

"That the Pierce County Medical Society wait until the results of the current investigation of Type III oral polio vaccine are known before making any definite commitment as to a community polio immunization program for Pierce County."

## State Association Honors Humiston

Though the political wars here at home kept him away from his usually active role at the State Medical Association meeting, Homer Humiston was present in Spokane for a meeting of the Executive Committee of which he is Chairman. The Association honored him by presentation of a wrist watch in appreciation of his eight years of service as Speaker of the House, President and Chairman of the Executive Committee.



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# Pierce County Medical Society

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## MONTHLY MEETINGS

### STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.  
Auditorium of Medical Arts Bldg.

### STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

### STAFF OF NORTHERN PACIFIC

Second Monday of each month—noon.

### STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

### STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

### TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Tuesday of each month—8:30 p.m.

Board Room of Pierce County Medical Society

### TACOMA ORTHOPEDIC SOCIETY

First Tuesday of each month—8:00 p.m.

### PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August  
—8:15 p.m.

### STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

### TACOMA SURGICAL CLUB

Third Tuesday of each month—6:30 p.m. at Tacoma Club

### TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

### PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—  
6:30 p.m. at Honan's

### PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—  
6:00 p.m.

### STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m.  
at New Yorker Cafe

### STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

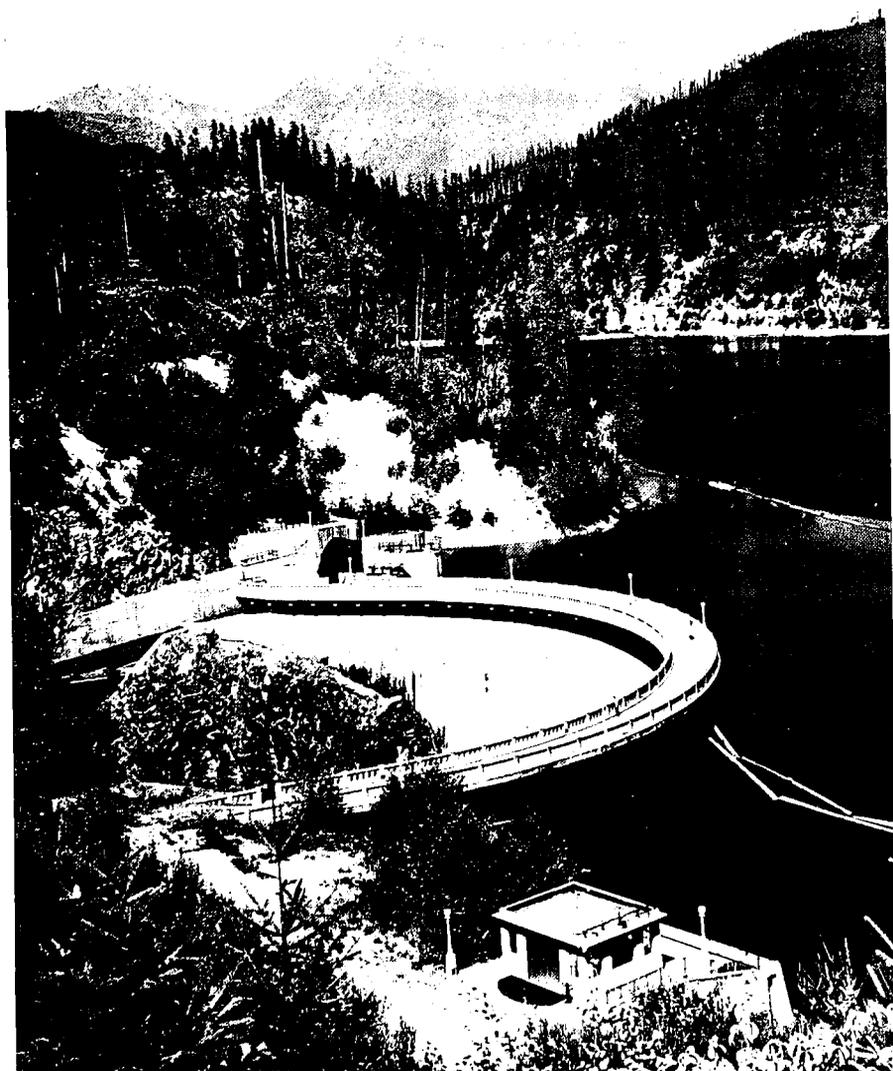


# BULLETIN

VOL. XXXIII—No. 11

TACOMA, WASH.

NOVEMBER - 1962



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING  
NOVEMBER 13**

# Pierce County Medical Society

1962  
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 President-Elect..... Stanley W. Tuell  
 Vice-President..... Frederick J. Schwind  
 Secretary-Treasurer..... Arnold J. Herrmann  
 Executive Secretary..... Judy Gordon

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 Stanley W. Tuell  
 G. M. Whitacre

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Douglas Buttorff  
 Arnold J. Herrmann  
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 G. M. Whitacre  
 Wayne W. Zimmerman

ALTERNATE DELEGATES

Richard F. Barronian  
 Glenn H. Brokaw  
 Robert M. Ferguson  
 Robert W. Florence  
 Glenn G. McBride  
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**Grievance**  
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 Business Manager..... Judy Gordon  
 Auxiliary News Editor..... Mrs. George A. Race



## HAPPY BIRTHDAY

### NOVEMBER

- 1 CHARLES E. KEMP
- 3 CARL O. GRANQUIST
- J. HUGH KALKUS
- GEORGE A. MOOSEY
- 5 WILLIAM C. BROWN
- 6 SHERMAN S. PINTO
- 8 WAYNE W. ZIMMERMAN
- 11 KENNETH H. STURDEVANT
- 13 DALE D. DOHERTY
- PAUL E. GERSTMANN
- 14 THOMAS H. CLARK
- KIYOAKY HORI
- 16 GALEN H. HOOVER
- 17 T. R. HALEY
- 18 G. M. WHITACRE
- 19 CALVIN R. LANTZ
- 20 JOSEPH A. BENSON
- 22 EDWARD S. EYLANDER
- VERNON O. LARSON
- JOHN M. SHAW
- 24 JOHN R. ALGER
- 25 WILLIAM MCPHEE
- 26 T. J. SMITH
- 29 JOHN COLEN
- WILLIAM RADEMAKER
- 30 THOMAS A. SMEALL

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**PIERCE COUNTY MEDICAL SOCIETY MEETING**

**Tuesday, November 13**

Medical Arts Building Auditorium

**PROGRAM - - - 8:15 P.M.**

**MEDICAL-LEGAL PROBLEMS**

Mr. Michael J. Sterbick

Mr. Albert R. Malanca

Dr. Wendell G. Peterson

Dr. Wayne W. Zimmerman, Moderator

\* \* \* \*

Social: 6:00

Dinner: 6:30

Honan's Restaurant

# November Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1  Pierce Co. Ped. Soc.—6:00 p.m.	2  C.P.C. of St. Joseph's—9 a.m.	3  C.P.C.—Tacoma General 8 to 9 a.m.
5	6  Tac. Acad. of Psy. & Neurol. 8:30 p.m.  Tacoma Ortho. Soc.—8:00 p.m.  C.P.C. of Mary Bridge—8 a.m.	7	8	9  C.P.C. of St. Joseph's—9 a.m.	10  C.P.C.—Mt. View General 8 to 9 a.m.
12	13  Pierce County Medical Society 8:15 p.m.  C.P.C. of Mary Bridge—8 a.m.	14	15	16  C.P.C. of St. Joseph's—9 a.m.	17  C.P.C.—Mt. View General 8 to 9 a.m.
19	20  Tacoma Surgical Club—6:30 p.m.  C.P.C. of Mary Bridge—8 a.m.	21	22  THANKSGIVING DAY	23  PCMB Board 8 p.m.  C.P.C. of St. Joseph's—9 a.m.	24  C.P.C.—Mt. View General 8 to 9 a.m.
26  Staff of Mt. View Gen. Hosp.  P. Co. Acad. of General Practice 6:30 p.m.	27  Tacoma Acad. of Internal Med. 6 p.m.  C.P.C. of Mary Bridge—8 a.m.	28	29	30  C.P.C. of St. Joseph's—9 a.m.	

Grand Rounds—Mt. View General Hospital—Every Saturday 9 to 10 a.m.

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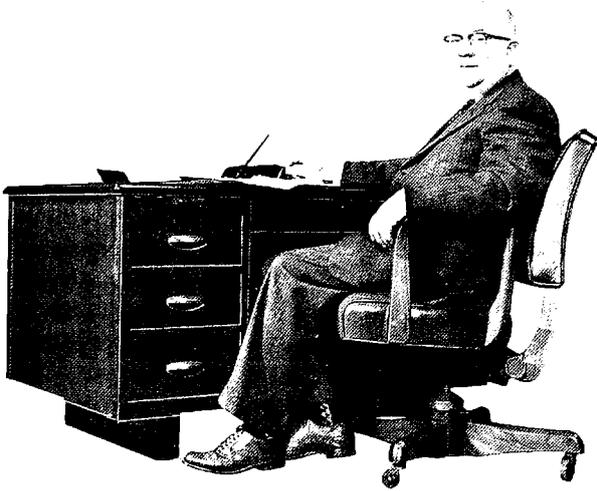
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## President's Page



At our October meeting, an amendment to the Constitution of the Pierce County Medical Society allowing for Provisional Membership to non-citizen physicians was passed. These physicians will have their applications individually considered and, if approved, they will be entitled to all the privileges and responsibilities of membership except the right to vote and hold office.

With his application, the non-citizen physician must submit his written intention of achieving United States citizenship as quickly as possible. If he becomes a citizen in the prescribed time, he will automatically become an Active member in the Pierce County Medical Society. If he does not achieve citizenship, his Provisional membership will be discontinued.

We feel this is a good move because it offers to the non-citizen physician fuller participation in professional affairs and is a mark of his acceptance by the local group. It will facilitate the physician's acceptance in specialty groups and for Board examinations. The Society benefits from acquiring strength, unity and increased income; the physician has increased incentive to become a citizen.

It should be pointed out that Active membership in the Washington State Medical Association is limited to American citizens and, also, that "the Constitution and By-Laws or any amendment thereto of a component Society shall not become effective until approved by the Board of Trustees of the Washington State Medical Association."

There is little doubt that this amendment will be approved at the next meeting of the Board of Trustees on November 18, 1962 as some of the other county societies now have a similar provision in their Constitutions. It is estimated that we have ten to fifteen non-citizen physicians practicing in this County. Inasmuch as final adoption of the amendment will not occur before 11-18-62, first reading of their membership applications cannot be made until the December meeting of the Pierce County Medical Society.

G. M. WHITACRE, M.D.

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## *Editorially Speaking*

If you gave a thousand dollars to UGN, don't expect me to rush up and shake your hand the next time I see you.

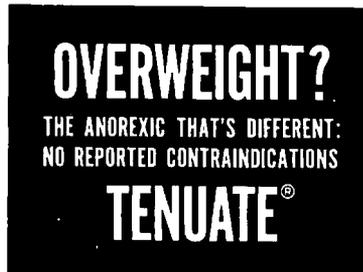
The Chairman In Charge of Hounding the Doctors for Their UGN Contributions (i.e., me) can't congratulate the big givers because he still doesn't know who gave what in the campaign. Governing his every maneuver was the conviction that no one of us can justly evaluate any other one individual's degree of obligation in a charity drive of this sort. If the chairman checked on who contributed, how much, and who didn't, it would be inevitable that in some instances he would be critical of individuals. And if just one person is unjustly categorized as selfish on the basis of this one criterion—the size of his gift to UGN—that's one too many. This is the antithesis of the professional fund-raiser's attitude.

Unfortunately, this also leaves the chairman in the dark as to which ones were especially unselfish and generous. They'll receive no special accolade; but then, this is not the reward they sought when they made their gift.

The overall group response was the important thing. That total response is not known at this writing, but I feel confident our profession will have done its share, despite the unorthodox approach. My sincere thanks to each person who gave conscientious consideration to determining his own share in the campaign, regardless of what his conclusion was.

—S.W.T.

---



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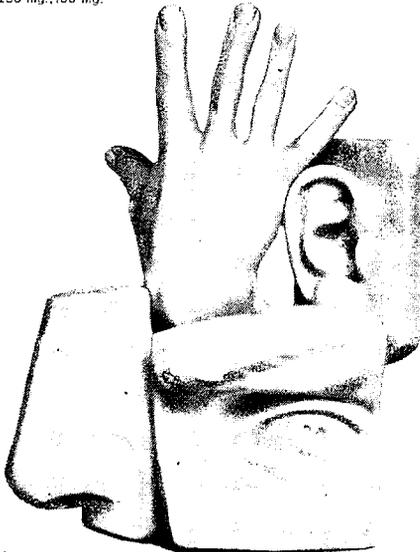
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## IN MEMORIAM



ROBERT WHITCOMB BROWN, M.D.  
1901-1962

From the great Harvard Medical School in Boston—to the world renowned Mayo Clinic in Rochester—and to a remote State Hospital in Fort Steilacoom, Washington. This in brief was the route chosen by Doctor Robert Brown in his search for a medical destiny, a home, and a desire to serve as a physician. For twenty-three years he found that destiny, and for twenty-three years the Western State Hospital gained a champion for emotionally troubled thousands in our State. We can easily praise his knowledge, ability, and skill — but many others have come and gone having these same worthy qualities. However in Bob Brown there was something more intangible and precious—a deep devotion to Western State with a dogged determination to improve the care of institutional patients and the importance of this hospital. To this purpose he drove himself relentlessly without regard for time, public accolade, or personal comfort. His door was always open to patients and employees with their hopes, joys, sorrows and problems. All received a quiet understanding and a helping hand. To those of this hospital he will always be remembered as “Mr. Western State”—an honor well earned and forever revered.

JOHN A. SHEPPARD, M.D.

## Tacoma General Path Conference Shifted

A recent change in schedule has resulted in an encouraging boost in attendance at two of Tacoma's best weekly clinical meetings. The Clinical Pathological Conference that has been held perennially at Tacoma General Hospital on Thursday mornings has been transferred to the classroom at Mountain View General Hospital for three sessions in each month. Instead of Thursday, the session starts at 8:00 a.m. on Saturday morning, is conducted in the usual fashion by the pathology department from Tacoma General, and is then followed by the Grand Rounds Conference which features review of current clinical cases at Mountain View. Each session is for one hour. Coffee and doughnuts are served. Notices are sent out in advance so each physician will know what is on the program and also which weeks the CPC will be at Mountain View and which at Tacoma General.

## New or Used Crutches Needed By T-PCBARF

The Tacoma-Pierce County Branch of the Arthritis & Rheumatism Foundation, a UGN agency, is issuing an appeal for new or used equipment such as wheelchairs, walkers, crutches, or other self-help devices which can be used by those suffering from the many arthritic diseases.

This equipment will be placed in a Loan Closet where patients, upon the referral of their physician, may obtain this equipment on a loan basis without charge.

The equipment which you are no longer using can help a needy arthritic patient. Call the Tacoma-Pierce County Branch of the Arthritis & Rheumatism Foundation and arrangements will be made to pick up your donations.

The Tacoma Branch of the Foundation would also like to remind the members of the Medical Society that Butazolidin is distributed without charge to needy patients, which includes not only those on the welfare program but those with marginal incomes as well. These patients may receive this medicine at the Mountain View General Hospital Drug Room upon presentation of a prescription issued by their physician.

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1. Kolodny, A.L.: *Dis. Nerv. System* 22:151 (Mar.) 1961.

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## G. P.'s Prepare For Pediatric Symposium

A one-day pediatric symposium will be presented by the Pierce County Academy of General Practice at the Doric Motor Hotel in Tacoma on Saturday, December 8. Dr. James M. Blankenship, President of the organization, will open the meeting at 9 a.m. and a full day of scientific papers will follow.

Featured guest speakers will be Dean K. Crystal, M.D., Chief of Cardiovascular Surgery at the Children's Orthopedic Hospital in Seattle, who will speak on "Cardiac Murmurs in Children from the Surgeon's Standpoint", and Donald E. Pickering, M.D., Professor of Pediatrics at the University of Oregon Medical School, whose subject will be "Modern Analysis of Growth and Development." Dr. Crystal's paper will be discussed by Dr. Clinton A. Piper of Tacoma.

Local physicians presenting papers will be John M. Shaw, "Confusing Rashes on Relatives"; David T. Hellyer, "The Hypo-

tonic Child"; Robert M. Freeman, "Those Shocking Ions"; and Robert W. Osborne and Kenneth E. Gross, "Enuresis May Be Serious." At the evening banquet, Dr. Jer- man W. Rose of Tacoma will speak on "Normal and Deviant Personality Develop- ment in Children."

Seven hours AAGP credit in category 1 will be granted. The registration fee of \$7.50 will include the social hour and banquet.

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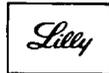
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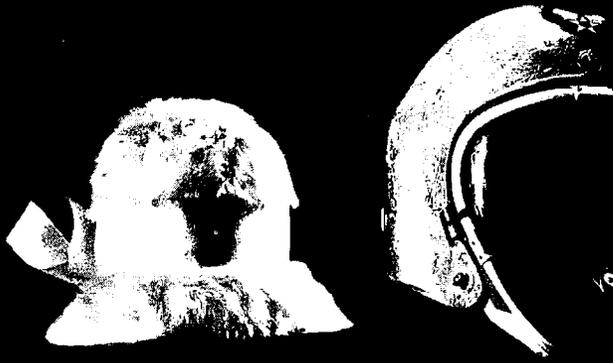
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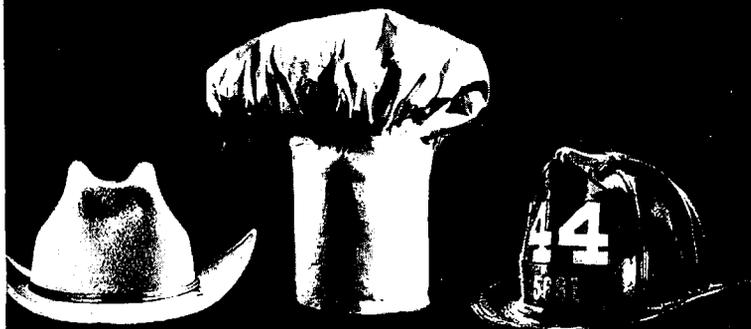


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## To The Pierce County Medical Society

### AUXILIARY OFFICERS — 1962-1963

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President-Elect .....	Mrs. Philipp Grenley
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2nd Vice-President .....	Mrs. Dudley W. Houtz
3rd Vice-President .....	Mrs. Leo F. Sulkosky
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Legislative .....	Mrs. George C. Gilman and Mrs. Samuel E. Adams
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Publicity .....	Mrs. Govnor Teats
Bulletin .....	Mrs. George A. Race
Revisions .....	Mrs. Kenneth E. Gross
Social .....	Mrs. James L. Vadheim
Speakers Bureau .....	Mrs. John J. Bonica
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Minute Women .....	Mrs. Frank J. Rigos and Mrs. Wayne W. Zimmerman
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Heart .....	Mrs. H. A. Anderson
Cancer .....	Mrs. J. Robert Brooke
Finance .....	Mrs. Kenneth E. Gross
Dance .....	Mrs. Arnold J. Herrmann and Mrs. William Rademaker
Fashion Show .....	Mrs. Thomas O. Murphy and Mrs. William W. Mattson, Jr.
Mental Health .....	Mrs. John M. Havlina
Today's Health .....	Mrs. Bernard A. Rowen
Cook Book .....	Mrs. Thomas B. Murphy and Mrs. Robert A. O'Connell

The opening meeting of the Auxiliary was a warm, friendly affair. Eighty members gathered at Lorraine Kunz's home for a delicious lunch and an afternoon of mixing and meeting. Guests for the luncheon were the four student nurses who are recipients of our nursing scholarships. President Jeanne Judd conducted a short business meeting and then introduced Dona Gilman who discussed at length the initiatives and referendums to be voted on at the November election. Our thanks to Dona because she cleared the air for us on several of the issues and was well-prepared in her subject matter.

There was considerable business conducted by Elvina Brokaw (dues), Ruth Murphy (cook books), and Billie Murphy (style show tickets).

Have you seen the cook books? Our committee is to be congratulated on a fine product. There is a clever Rx blank cover, a page on "Cans and Sizes" and a complete herb chart, plus pages of interesting recipes. After a look through the dessert section,

I think they left out a page: how to consume these luscious things and still close your mind to the facts about calories contained therein! There should be no problem in the sale of the books. Several women have already sold a number of dozen. Why not call Ruth Murphy or Janet O'Connell and arrange to pick up some for yourself?

So nice to see the group from Puyallup. Do come again soon.

Faith Home has asked our help in finding some tables for their use. Specifically, they need end tables, coffee table, tables suitable for a dining room, and work tables. If you have a table you think they could use, would you call the Home and discuss the size, shape and use with a staff member? They will arrange the details of pick-up.

Early in October, several board members met at Jeanne Judd's home to meet and welcome new members. New Auxiliary members present were: Kit Larson, Wanda Rose, Margaret Voynow, Jo Ann Johnson, and Gerry Reynolds. It was a comfortable, friendly meeting with the discussion finally coming to, of all things, dogs. Seems Gerry's daughter had brought home an Afghan whose favorite resting spot is always where Gerry happens to be working. And Dorothy Grenley was gifted with an Italian greyhound—small, beautiful and neurotic—and making life unhappy for the family Doxy. Already devoted to Dorothy, the hound makes like one when the car leaves without her.

(Continued on Page 21)

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(Continued from Page 19)

### CONVENTION NEWS . . .

Nadine and Herb Kennedy, Evelyn and Bob Osborne were in Yakima November 3 for the annual meeting of the Northwest Urological Association. Same night as "Symphoneve"—worse luck!

Mary and John Steele, Peggy and George Race spent the first weekend of November in Vancouver, B.C., at the annual meeting of the Northwest Chest Physicians and Surgeons.

Just returned from a two-month trip to Vienna, Austria, and Montreal, Canada, are Emma and John Bonica.

Clyde Gray has done it again! He and Florence have just returned from another moose hunt on the Stuart River, 100 miles out of Prince George. Clyde got his moose!!! He got one last year also. (Incidentally, Florence got her moose this year—her first.) Retirement is no problem for Clyde who fishes, plays golf once a week, works in the garden and as a member of the American Contract Bridge Club, plays duplicate two or three times a week. It keeps Florence's tongue hanging out as she tries to keep up with him.

"Fashion Takes a Holiday" was a sell-out with the SRO sign going up long before the event took place. Mrs. Terese Gardner, fashion show moderator for Lou Johnson, did the commentary as members of the Auxiliary showed us the new fashions for fall and winter. Joan Anderson, Bev Harrelson, Ruth Murphy, Sheila Dimant, Billie Murphy, Marge Wicks, Bianca Mattson, Chris Kanar, Kit Larson and Muriel Nelson modeled the latest in sports wear, sweaters, suits, coats and evening wear. Hazel Whitacre modeled a white mohair hand-knit coat which was won by the lucky guest. Thanks to Lou Johnson for putting on the show and for the perfume favors. And to the committees for their work in making this a successful effort.

In preparation for the November meeting, Mrs. Judd will have a Board meeting in the Pierce County Medical Library, Medical Arts Building, Friday, November 9th at ten o'clock. Coffee will be served.

The November meeting is scheduled for the 16th at the home of Ruth Murphy, 803 Stadium Way. Chairmen are Joan Anderson and Hazel Whitacre, assisted by Judy Bass, Hilda Lantiere and Becky Banfield. See you there!

# RANKOS

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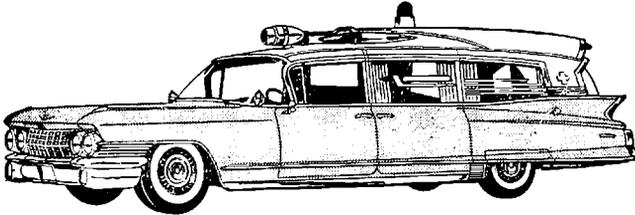
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# HOSPITALS

## Saint Joseph's Central Supply

Just two more months until Christmas and our card supply is slowly dwindling. Our three top sellers are now sold out but a vast selection still remains. We would love to see your smiling, youthful faces over our counter; so, why not come and buy?

Some new faces have been seen in our department—Nancy Newton, Jean High, and Dorothy White. A little patience may be needed with them until they learn the up's and down's of CSR.

You all remember Therisia Hinton. She is now in New York staying with her sister while her husband is serving thirteen months in Korea. We have received several letters from her and everything is all right. She wants us to say hello to everyone at St. Joseph's.

### Surgery

We wish to extend a welcome to Mrs. Shirley Godbow, an O.R. nurse, who joined our staff from Good Samaritan Hospital in Portland, Oregon.

Dr. Niami is also back with us—his home is in Iran. We hope he will stay here at St. Joseph's.

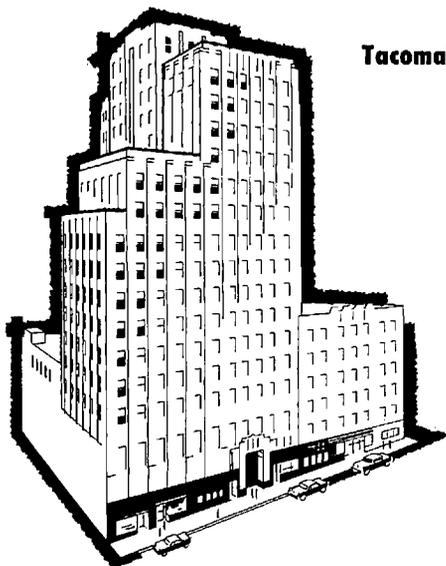
The surgery crew is anxiously awaiting the completion of warming cupboards between the surgeries which will be used for our solutions. They will certainly be very useful and convenient.

Isn't it wonderful that the entire hospital was able to benefit through the use of the newly installed emergency generator during the recent wind storm? Power shortage in a hospital could be quite disastrous without one!

We are also very happy that two new graduates have chosen surgery as their field: Miss Lois Bigger and Miss Donna Dugger. Good luck to them in their State Board Examinations, October 17 and 18!

An item of interest: The Operating Room Nurses' Association is in the process of selling different varieties of delicious candies for the holidays. Many of you have already seen and ordered some. We have re-ordered for the benefit of any personnel who wish to purchase some.

A Turco-Party is planned for November 19th at 8 p.m. and will be sponsored by



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District No. 3, W.S.N.A. It will be held at Jackson Hall in the recreation room. Twenty turkeys and door prizes will be given.

### School of Nursing

On October 2, 1962, a talent show was presented to the Sisters and students of the St. Joseph's Hospital School of Nursing by the pre-clinicals.

With a background of excellent talent, the pre-clinicals presented "The Jay Street Thirty-nine Flavors." Talent ranged from dramatic readings to entertaining songs of thirty-seven girls and two boys which totaled the pre-clinicals' thirty-nine flavors.

Among the entertainment for the evening was a humorous reading of two young girls' trip abroad from Cornelia Otis Skinner and Emily Kimbrough's, "Our Hearts Were Young and Gay". This scene was done in excellent taste by Kathy Dunn and Joan English. Sarah Doherty sang "Danny Boy" in her pure Irish lilt. A comedy pantomime of "Feeding Pigeons in Wright's Park", was done by Joy Axelson, Janice Hamre, and Gloria Berghoff.

There was so much talent that the pre-clinicals were quite amazed and pleasantly surprised at their own flare for dramatic arts.

After a four-week vacation and one week of interim, the seniors have returned to begin their last year of education at St. Joseph's. To some this means meeting a new instructor, Mrs. Lee, and learning all about fractures, casts, and traction. To others it means entering the world of scrub gowns and instruments. To three seniors it means living at American Lake and completing their last affiliation, psychiatry.

To all of them it means meeting the new pre-clinicals, receiving senior pins, and getting into the groove of study again!

Meanwhile, the junior class, after many weeks of hard work and study, are looking forward to a week of interim for that much-deserved and much-needed rest.

Everything seems to be in order for another busy year in the School of Nursing. Everybody is busy orienting new students to their new life of study.

This year a new committee, the "Joint Committee—Nursing Education and Nursing Service", has been formed in order to promote harmonious functional relationship between Nursing Education and Nursing Service.

The school is very happy to have our faithful Thelma back on the job again. She

always adds a sparkle to the halls and building.

### Pediatric News

After thirteen years of faithful service, Mrs. Evanson, L.P.N., 11-7, is retiring from nursing. Warm wishes follow her always.

Mrs. Brown, R.N., 11-7, held open house for the staff in honor of Mrs. Evanson. It turned out to be a combination farewell party and reunion. Lou Hendricks and her new son, Mrs. Johnson, Mrs. Zurfluh, and Mrs. Norman, Mary Bricker, and Marie Renggli, all past members of the staff attended. Thank you, Mrs. Brown for the enjoyable party!

Thanks also go to Mrs. Williams and Mrs. Colbo, who were co-hostesses for the personal bridal shower given for Miss Christy before she left for New Jersey.

Congratulations are in order for Judy Smith, L.P.N., and Jim Snell. They were married on September 13. Judy is leaving us to set up housekeeping in Pullman, Washington, the end of October.

We are happy to welcome two new members of our staff—Mrs. Shaw, 7-3, and 3-11, and Mrs. Carlson, 11-7.

### Medical Records

Sister Emmanuel enjoyed the convention in St. Louis very much. She won a clock radio, as a door prize. During our recent bi-monthly meeting, she told us some of the interesting highlights of the trip.

The students and personnel of the department attended the meetings at the Winthrop Hotel on October 18. The forenoon was spent at the Washington State Hospital Association meeting. During the luncheon, Dr. Malden talked about his experiences working in a government-controlled medical program. In the afternoon the Washington State Association of Medical Record Librarians held its annual meeting. Here we met people from all over the state working in our same field.

The work is going on as usual and the students are learning the work by experience. Dr. Rohner is now teaching the anatomy class, filling Dr. Greissinger's vacancy.

We have informally celebrated three birthdays this last month—those of Ruth Delle, Mrs. Magnusson, and Lauretta Schmidt.

### "Food" For Thought From The Dietary Department

Our dietary office has taken on a very new look. We have added a third desk, and

it is occupied by Miss Sylvia Thomason. Her former home was Elma, Washington. She graduated from Washington State University in Institutional Economics. Miss Thomason took her internship at Good Samaritan Hospital in Cincinnati, Ohio. We are very happy indeed to welcome her to our Dietary Department.

From the Main Kitchen, Mrs. Rose Remeto, our vegetable cook for many years, plans to take semi-retirement starting November 1. However, she will return two days a week. Good luck Rosy, hope you enjoy your semi-retirement.

The storm of Friday, October 12th, did damage estimated at \$500 to Caroline Brown's almost new trailer home. She is the stenographer for the Dietary Department. We are so sorry!

Recently published in our local newspaper was an article written by Mrs. Elvera Herell, Oregon State University Extension Agricultural Economist. In her research she has found that folks are eating less today than in 1940. The consumption of food has gone different ways, for example:

1940: The nation ate 144 pounds of meat per person; including fish and poultry, compared to 179 pounds of meat produces in 1960.

Processed vegetables and fruits are used more than the fresh form of vegetables and fruit.

Each person on the average uses 10 per cent more milk and 5 per cent more eggs now.

Each American eats about 50 pounds less of flour and cereal products. The consumption for coffee, tea, sugar, and syrup is about the same.

Incomes in the past 20 years have grown faster than food bills. Total food expenditures per person in 1940 climbed from \$126 per person to \$392, with per capita disposable income increasing from \$576 to \$1,987 in the same time. This means that Americans spent less than 20 per cent of their disposable income for food in 1961 compared with 22 per cent in 1940.

### Minutes from Third

All ahead on our 3rd South Medicine Room. Harriett Buscko, R.N., is getting it in shape, even with some frills. We will have an opening day soon.

One of our favorite aides just got married. Mrs. LaBounty is now Mrs. Jack Cook. Congratulations to you both.

Mrs. McGuire, R.N., will be leaving us soon. Her husband received a promotion

to sergeant. Sorry to see you leave Mrs. McGuire, but it's nice to have had you here.

Mrs. Esche, R.N. and Martha Brown, R.N., both have been off a few days because of illness. Mrs. Esche has a bad knee. It will be nice to see them both back on the job.

Mrs. Magnusson is a grandmother again. Gregg La Mar was born in Anchorage, Alaska.

That's the news from third for now.

The addition of Doctor Gordon Dean and Doctor Robert Voynow to the Anesthesia Staff of St. Joseph's Hospital, Tacoma, makes possible a twenty-four hour anesthesia service which includes the maternity department. Doctor Dean, one of our former interns, returns to us from Redding, California. Doctor Voynow hails from Virginia Mason in Seattle.

The Staff of St. Joseph Hospital and the faculty of the School of Nursing extend their appreciation to the Pierce County Medical Society, who has recently awarded a sum of \$900.00 to St. Joseph School of Nursing to be used as scholarship fund.

## Good Samaritan

Physical therapy is now available on Monday, Wednesday and Friday evenings and Saturday mornings to out-patients at Good Samaritan. This new service is proving highly popular with patients who prefer to avoid interference with their regular working hours or where transportation during the day is a problem.

Albert Van Etten, R.P.T., Chief Therapist for the past eight years, is now being assisted by William Hammond, R.P.T., who completed his graduate work in physical therapy at the University of Iowa in 1959. Mr. Hammond, a 1st Lieutenant in the Army Medical Specialist Corps, is stationed at Madigan Hospital. Prior to his present assignment, Mr. Hammond worked for 2½ years at Fitzsimmons Hospital in Denver.

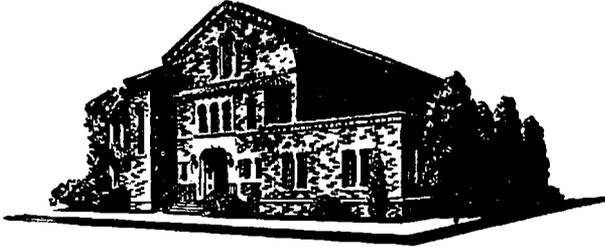
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PHYSICIANS' AND HOSPITAL SUPPLIES

## "Misery of Orient", Peneyra's Report From Philippines

The following letter was received by Mrs. MacIntyre, operating room supervisor at Mountain View General Hospital, and is of interest to all who remember the Peneyra's. Jamie and Lily served tours of duty as interns and residents at both Tacoma General Hospital and Mountain View, but had to return to the Philippines under the immigration laws.

—Editor.

Dear Mac. and all,

It has seemed ages since we left, hasn't it? We had a most wonderful time on our trip, we must have been too preoccupied enjoying ourselves, correspondence then was out of our minds. Now that we are gradually resettling ourselves, there is, of course, more time for various things to do.

So—here we are again, deep in the jungles of home. This is Jamie's hometown. We decided against city life, for, having been used to the spaciousness of Tacoma, the confusion, heat, dust, and crowd of the city is much too much for our slow conditioned reflexes. We miss you all, naturally; we miss everything of the U.S. too. Our life here is a far cry from what we had used ourselves to in the States. From the heavens of America, we are along a gradual descent into the earth of the Philippines—or better still, into living purgatory, as I term it.

Today is a hot humid day. As I'm writing this, I'm on a rocking bed underneath a big shady tree. It sounds inviting, doesn't it? Don't let me deceive you, for it really isn't so. There is mud, stagnant water on my right, dirt all over, and flies, mosquitoes, and ants hovering around waiting for their prey. Boy, oh boy, to think that in a matter of weeks, one can change environments so drastically as this. I would have done better joining Tom Dooley's troupe, wouldn't I? Oh well, at times when disgust overcomes me, I just imagine myself in the deserts of Nevada. Is any one there from Nevada? (Las Vegas and Reno excluded, of course.) Sorry!!!

Jamie and I have started our practice these past two weeks. For awhile, we have abandoned our special knowledges to get back into general practice. This is our only way to get patients as of now, although we hope to eventually confine ourselves

into the specialties. Patients come in trickles, we can only remain optimistic. I am afraid our hopes to revisit the U.S. in 5-10 years grow dimmer. Jamie and I are much too soft-hearted to squeeze even moderate fees out of the poor patients' pockets. I have not realized in post war times, what poverty is until I have seen the patients coming from the farms. One father for instance, had to borrow cash to bring in from a very remote village, a child with full blown pneumonia. Knowing so, what heart could one have to bill him. This is the reason why I've told Jamie for us to quit as soon as we can or we shall be just as poor as our patients. Before your hearts grow heavy with pity for the misery typical of the Orient, let me change the topic.

How are things in Mt. View Hosp.? and in Glacomorra? Any more weddings? How are the newlyweds? Still in heaven or down to earth? Please tell Dr. O'Keefe my regional anesthetic touch is getting rusty. There is a recently opened small clinic in this community which, unfortunately for us, is not equipped for even minor operations. It will probably take some time to equip it adequately as prices are unbelievably sky-high. Should you ever throw some left-overs, old instruments, samples, or anything medical, please throw them this way. Tell Mr. Patterson I have my eye on the small anesthesia machine used in the 3rd room. OK? And oh, Mac, please don't put in the garbage those antiquated masks, endo-tubes, etc., etc. Please put them in our big garbage here, instead! Please keep in mind that anything antiquated or unusable in the States would still serve a lifetime here in the Philippines. Goodness, I've sounded like CARE, haven't I. Well, my heart is with CARE, but my pocket is Welfare. Remember our welfare patients there? Now I belong to the society. Until then—so long. Our warm regards go to all.

We miss you.

JAMIE AND LILY

Lilia M. Peneyra, M.D.  
Guimba, Nueva Ecija,  
Philippines.

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# DISASTER ASSIGNMENTS

In case of a disaster in or near Pierce County, doctors are asked to report to hospitals unless they are needed and specifically asked to go to the scene of the emergency.

Following is a list of assignments to hospitals; *the doctor named at the head of each list will serve as that hospital's co-ordinator.* If a disaster occurs when you are in or very near to a hospital other than your assigned, disregard this listing. Doctors should use their own discretion from radio reports as to what constitutes a disaster.

## TACOMA GENERAL

L. ANNEST

Alger	Houtz	Rademaker
Backup	Huff	Read
Bogue	Johnson, D.	Rigos
Bond	Kennedy	Sames
Bonica	Klein	Schwind
Boudwin	Kohl	Spaulding
Brokaw	Kunz	Teats
Cameron	Kyle	Thomas, D.
Dimant	Lantz	Thomas, M.
Ellis	Light	Truckey
Fairbourn	May, J.	Vadheim
Freeman	Moosey	Van Dooren
Goering	Nelson	Whitacre
Hosie	Peterson	Wicks

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Bader	Harris	Martin
Baskin	Hauser	McNerthney
Bass	Havlina	McPhee
Brooke	Heaton	O'Connell
Clay	Hennings	O'Leary
Comfort	Hinrichs	Pratt
Davis	Hunt	Race
Durkin	Johnston	Rohner
Eltrich	Kahler	Smeall
Florence	Kanar	Vimont
Flynn	Larkin	Wahlberg
Galbraith	Lasby	West
Graham, D.		

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Arnold	Geissler	Niethammer
Banfield	Herrmann, S.	Osborne
Barronian	Hoover	Paine
Batey	Islam	Parrott, G.
Betteridge	Johnson, M.	Robertson
Bias	Johnson, Robt.	Rosenblatt
Bondo	Lane	Rowen
Brachvogel	Larson, C.	Smith, W.
Buttorff	Lueken	Sobba
Chambers	Lundvick	Sparling
Doherty	Maddison	Sullivan
Dye	Maki	Tuell
		Zimmerman

## MEDICAL ARTS

K. GRAHAM

Anderson, H.	Herrmann, A.	Parrott, M.
Colley	Jones	Reberger
Dietrich	Lambing	Ritchie
Dille	Lantiere	Stuen
Eylander	Larson, V.	Willard
Ferguson	McPhail	Wright
Hanson	Murray	

## DOCTORS

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Benson	Gilman	Mattson
Blankenship	Harrington	McBride
Bowen	Judd	Reberger
Brown, B.	Kallsen	Reynolds
Brown, R.	Kass	Schultz
Deming	Larsen, M.	Sleep
Duerfeldt	Lee	Smith, P.
Gibson	Maier	Smith, T.
	Malden	Staatz, K.

## MARY BRIDGE

D. HELLYER

Bischoff	Hori	Pelley
Brigham	Kittredge	Piper
Camp	Magnussen	Sever
Griffin	Marshall	Shaw
Gross	McNutt	Staatz, D.
Hazelrigg	Murphy, T.	Tanbara
Hess	Norton	Williams
Hopkins, D.		

## NORTHERN PACIFIC

E. ANDERSON

Cummings	Larson, C.	Skrinar
Erickson	May, C.	Stevens
Gullikson	Muir	Todd
Hoskins	Nace	Ward
Kohler	Randolph	

## GOOD SAMARITAN

L. SULKOSKY

Blizard	Jarvis	McCabe
Burrows	Johansson	McKay
Clark	Kalkus	Murphy, V.
Denzler	Kanda	Nevitt
Duffy	Kase	Scheyer
Gerstmann	Kemman	Sturdevant
Granquist	Lindstrom	Vaught
Hoyt		

## LAKEWOOD GENERAL

R. MCCREAL

Brown, W.	James	Morley
Colen	Johnson, Ralph	Ootkin
Crabill	Larson, C.	Rich
Drucker	Lawley	Rose
Early	Lawrence	Skinner
Ehrlich	Liewer	Thorclason
Gay-Balmaz	Maire	Vozenilek, M.
Godfroy	Meier	Vozenilek, Z.
Hoyer	Morain	Walloch
Irvin		

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DR. CHARLES G. ROB

A distinguished, internationally known surgeon, Dr. Charles G. Rob, will be the guest speaker at the Thirteenth Annual Alfred A. Strauss Lecture to take place on Nov. 30, 1962, at 8:15 p.m. in the Health Science Auditorium at the University of Washington, School of Medicine. The event is sponsored by Dr. Strauss and the Department of Surgery, and all interested members of the medical and nursing professions are invited to attend.

Dr. Rob is widely known for his achievements in blood vessel grafting and is eminently qualified to speak on the subject, "The Surgery of Atherosclerosis." Dr. Rob is a native of England and received his Masters Degree in Surgery in 1941 and his M.D. degree in 1960, both at the University of Cambridge. His brilliant medical work while with the Royal Army Medical Corps during World War II earned him the Military Cross. Since then, numerous honorary titles and honors have been bestowed on him from all parts of the world. He was Hunterian Professor of the Royal College of Surgeons in 1946, Honorary Fellow of the Venezuelan Surgical Society in 1956, Guest Surgeon, Australian and New Zealand Post-Graduate Federation in 1952, and he was guest speaker at the 27th Congress of Soviet Surgeons in Moscow, Russia, in 1960, as well as numerous other awards and honors.

In 1960, Dr. Rob left his native England and his position as Professor of Surgery at the University of London to accept his present appointment as Professor and Chairman of the Department of Surgery, University of Rochester School of Medicine, New York. He is a member of the American Surgical Association, The Society of University Surgeons, and the Society for Vascular Surgery. He has written two textbooks: "Operative Surgery", published in 1958; and "Vascular Surgery", 1962 (in print). He is on the Editorial Boards of the Journal of Cardiovascular Surgery and the Journal of Cardiovascular Surgery and the Journal of Surgical Research.

## Grasshopper Pie!!! Eight Doctors Star In New Cook Book

They're not exactly scientific papers, but some literary gems by eight Tacoma doctors were recorded for posterity in September when that outstanding "medical" publication, The Pierce County Medical Auxiliary Cook Book, came off the press. The book is not only loaded with recipes by doctors' wives, but contains numerous favorite cooking secrets of such frustrated chefs as Bob Brooke, who tells how he barbecues spareribs and concocts steak sauce, and Jim Hazelrigg, who reveals his formula for "Creole Beans." Some recipes require rather elaborate preparation—like Clyde Gray's recipe for "Moose Loaf" (you have to go shoot a moose first). The book includes the important note that Clyde shot one in 1961. Not having gained fame for something like a McBurney's Point or Peyronie's Disease, Clyde makes his bid for immortality with "Gray's Fried Prawns." (It's all there, right in the book!)

The doctor who contributed most recipes to the book is one whose spouse is not a member of the auxiliary. That's Dr. Guilfoil. Erna gets quite ecstatic over stuff like Fire and Ice Tomatoes, Wild Dove and Mushroom Casserole, Bean Salad, Prune Pie, and Grasshopper Pie (Ugh!).

Somewhat more prosaic are titles of some other doctors' contributions. T. B. Murphy reveals his recipe for Chocolate Fudge, Dave Dye expounds on Butterscotch Candy, and Miles Parrott tells all about Almond Roca (not a word from Haley). Mike Irvin tells how to make Crisp Waffles.

Some wives respectfully named their concoctions after their husbands. For ex-

ample, Lorna Burt calls hers "Bob's Barbecued Beefburgers". In the same vein, Bea Kalkus and Marge Wicks call their "Lemon Squares." (Get it, fellahs?)

The Gracie Hansen influence shows up in Dottie Read's recipe title of "Western Potato Strip-Teasers", but she bashfully gives credit elsewhere with the sub-title ("Jess's Method of Preparing Potatoes and Vegetables for Barbecuing". (The first title should sell better.)

If you thumb through this book, you get some idea of what you might get if you drop into some of your colleagues' homes at mealtime. For example, over at Barronian's you might find yourself chomping on some "Dolma" (that's stuffed grape leaves, stupid). At Kallsen's house, you can sip on "Salmon Soup" (Campbell's hasn't even thought of this one yet). At Everett Nelson's, you can roll down a few handfuls of "Appetizer Balls", or you can drop over to Delaney's and juggle down some "Radiant Topsy Balls" (1/3 cup of whiskey provides the tippy). Judd's might be having "Diggity Bars" this evening and Smeall's might serve "Barbie's Boomerang's" (sounds like something you eat now and taste later). Bowen's will serve up a lucious slice of "Onion Pie" (it'll probably boomerang,

too). And, if you're feeling especially sentimental, drop over to Sobba's and fill up on "Melting Moments". (Honestly, you eat it!) They're not quite so subtle over at Yoachim's — their favorite food is titled "Dessert". The recipe Stephanie Tuell sent in was rejected; it was called "Nalley's Beef Stew."

A recipe with a really shameful title was submitted by Gwen Hosie; it's called "Democrat Pudding". Another one that somehow got by the censors is "Mrs. Truman's Ozark Pudding". The contributor is un-named, but chances are it wasn't Ruth Zimmerman or Bea Kalkus.

Seriously, men, this cook book is a beautifully prepared collection of interesting recipes and it would be a real expression of gratitude to our faithful auxiliary members if each doctor would present one of these to his office nurse for Thanksgiving or Christmas. The price for this collection of gems is three dollars. If your nurse has been reading your pharmaceutical mail lately, she's probably on a low-cholesterol jag and will hardly be able to wait to get home to bake a cake according to the recipe contributed by Bev Harrelson. It's called "Eggless - Milkless - Butterless Cake". It's probably tasteless, too, but what a conversation piece!

And if your nurse doesn't cook, she can always read the little bits of wisdom that are used for fillers in the book—like "Cold tea makes an excellent house plant fertilizer—try it on your plants." That's in the salad section.

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## First Year at Faith Home

In the first year of its operation a sizeable number of girls have come to Faith Home on direct referral from their doctors. Others have been referred by their doctors to adoption or maternity care agencies and thence to the Home. This maternity home, located at 5210 South State Street, Tacoma, has admitted seventy-five unmarried mothers since it first opened in mid-November, 1961. The program offers prenatal care at the Home clinic and delivery at a local hospital. Girls are referred to the offices of local physicians or dentists for other medical or dental care. Myron A. Bass, M.D., is the coordinator of medical services. Douglas P. Buttorff, M.D. and James E. McNerthney, M.D., are working with him on a team basis. A second team consisting of Harold D. Lueken, M.D., Fay M. Nace, M.D. and Thomas B. Lawley, M.D., will

be added very soon to care for the increased population.

Starting slowly with ten girls admitted at first, the population has now climbed to an average of 23. At the present rate the licensed capacity of thirty-three will be attained soon. Girls are admitted at any stage of their pregnancy but early admission (by fifth month) is encouraged so that the girl can benefit from the full effect of the program.

Faith Home has planned its services primarily for the adolescent girl, so there is school under a teacher supplied by the Tacoma School District. Junior and senior high school subjects, with the exception of laboratory sciences and foreign languages, are offered and all credits are issued through a local junior or senior high to preserve confidentiality. Last spring one girl at the Home received her diploma from her own high school, and three others were graduated from their own schools thanks to credits earned while at Faith Home earlier in the year.

Other aspects of the Home program include the residence which is under the supervision of a housemother who assigns regular housekeeping chores to all girls and helps plan leisure time activities. Casework service for every girl and for parents on a selective basis is provided by two graduate trained caseworkers. The focus in this part of the treatment program is to assist girls and their parents in understanding the problems which have led to the illegitimate

pregnancy, and in solving these problems in a constructive way. Rehabilitation means increased maturity and greater ability to live a happy, successful adult life.

The chaplain or a minister of the girl's own faith is available for religious counseling. Volunteers from the community teach arts and crafts or help with special needs.

Most of the girls enter with the plan of relinquishing their baby for adoption. Arrangements are made with any one of the several adoption agencies to accomplish this, and the baby is removed directly from the hospital to the agency's boarding home. For the few girls who decide to keep their babies, individual plans are worked out to provide as much protection for both mother and child as is possible.

Families usually pay for their daughter's care and fees are arranged on the basis of ability to pay. In approximately one-quarter of the cases the father of the expected child (or his parents) have paid something toward the costs of care. For families with very limited income, funds are available from the department of public assistance. In order to accept girls at reduced rates contributions are solicited from the public and from groups or organizations with a special interest in this program.

Faith Home is an institution of the Episcopal Church; however, its services are available to girls and young women of any race, religion or place of residence.



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# Pierce County Medical Society

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## MONTHLY MEETINGS

### STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.  
Auditorium of Medical Arts Bldg.

### STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

### STAFF OF NORTHERN PACIFIC

Second Monday of each month—noon.

### STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

### STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

### TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Tuesday of each month—8:30 p.m.

Board Room of Pierce County Medical Society

### TACOMA ORTHOPEDIC SOCIETY

First Tuesday of each month—8:00 p.m.

### PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August  
—8:15 p.m.

### STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

### TACOMA SURGICAL CLUB

Third Tuesday of each month—6:30 p.m. at Tacoma Club

### TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

### PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—  
6:30 p.m. at Honan's

### PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—  
6:00 p.m.

### STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m.  
at New Yorker Cafe

### STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

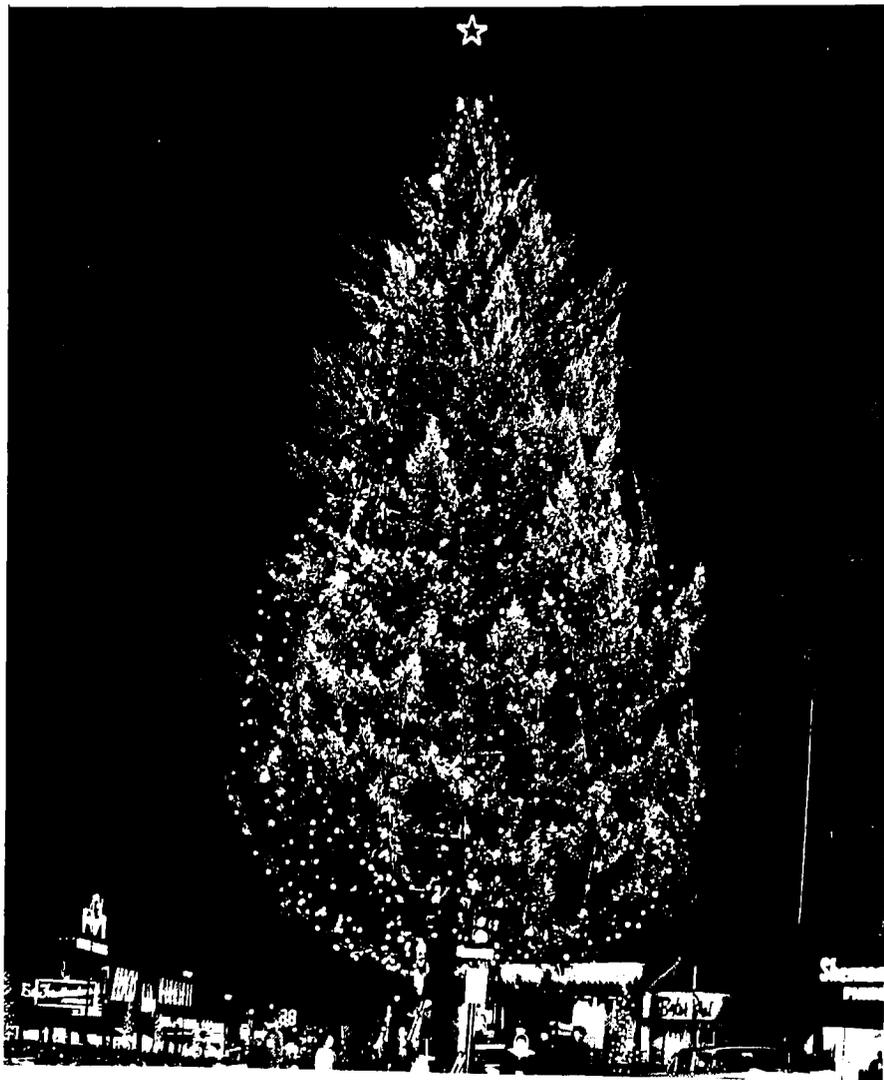


# BULLETIN

VOL. XXXIII—No. 12

TACOMA, WASH.

DECEMBER - 1962



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING  
DECEMBER 11**

# Pierce County Medical Society

## 1962 OFFICERS

President .....	G. M. Whitacre
President-Elect .....	Stanley W. Tuell
Vice-President .....	Frederick J. Schwind
Secretary-Treasurer .....	Arnold J. Herrmann
Executive Secretary .....	Judy Gordon

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John F. Comfort	John Shaw
Dale D. Doherty	Frederick J. Schwind
Robert M. Ferguson	Warren F. Smith
Arnold J. Herrmann	George A. Tanbara
George C. Kittredge	Stanley W. Tuell
Chris C. Reynolds	G. M. Whitacre

## DELEGATES

Douglas Buttorff	Stanley W. Tuell
Arnold J. Herrmann	G. M. Whitacre
George S. Kittredge	Wayne W. Zimmerman

## ALTERNATE DELEGATES

Richard F. Barronian	Robert W. Florence
Glenn H. Brokaw	Glenn G. McBride
Robert M. Ferguson	Frederick J. Schwind

## COMMITTEES

### Ethics

Glenn G. McBride, Chairman	Wendell G. Peterson
Frank R. Maddison	

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J. W. Bowen, Jr.	

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Dale Doherty	

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Arnold J. Herrmann	Arthur P. Wickstrom
George A. Tanbara	

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Clinton A. Piper	

### Public Health

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Orvis A. Harrelson	Kenneth Graham
Cecil R. Fargher	

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Galen H. Hoover, Chairman	Glenn H. Brokaw
Robert C. Johnson	

### Civil Disaster

T. R. Haley, Chairman	E. R. Anderson
David T. Hellyer	Leo Annett
Charles E. Kemp	Max Brachvogel
Kenneth Graham	Robert R. Burt
Leo F. Sulkosky	Richard B. Link
Arthur P. Wickstrom	
Robert D. McGreal	

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Theodore J. H. Smith, Chairman	Dudley W. Houtz
Robert H. Bias	

### Entertainment

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Robert C. Johnson	
Robert W. Osborne	

### Geriatrics

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James E. Hazelrigg	

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Charles R. Bogue	J. Hugh Kalkus
Douglas P. Buttorff	

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Max S. Thomas	

### Schools

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Robert C. Johnson	R. A. Norton
John M. Kanda	

### Mental Health

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Myron Kass	
M. R. Stoen	

### Traffic and Safety

L. Stanley Durkin, Chairman	Robert M. Chambers
-----------------------------	--------------------

### Poison Control

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Claris Allison	Charles C. Reberger
Bernard A. Bader	George Tanbara
Rodger S. Dille	
Allen Eagelson (Advisory Member)	

## Bulletin Staff

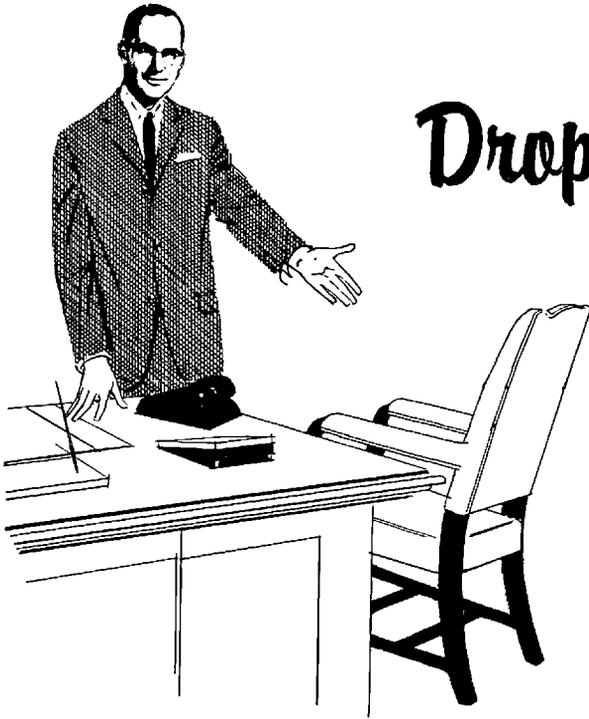
Editor .....	Stanley W. Tuell
Business Manager .....	Judy Gordon
Auxiliary News Editor .....	Mrs. George A. Race



# HAPPY BIRTHDAY DECEMBER

- 1 DAVID S. HOPKINS  
CHARLES C. REBERGER
- 3 BERNARD R. ROWEN
- 5 S. ROBERT LANTIERE  
FREDERICK W. MAIRE
- 6 HOMER W. HUMISTON  
WOODARD A. NIETHAMMER
- 9 STANLEY W. TUELL
- 12 ARTHUR P. O'LEARY
- 13 ROBERT E. LANE
- 14 SAMUEL E. ADAMS  
DAVID H. JOHNSON
- 15 WARREN F. SMITH
- 16 ROBERT M. FREEMAN  
MAURICE YOACHIM
- 19 J. B. ROBERTSON
- 21 GERALD GEISSLER  
PHILIP GRENLEY
- 23 CARL J. SCHEYER
- 24 JOHN R. FLYNN
- 26 FRANK E. SHOVLAIN
- 30 GORDON DEAN
- 31 LEWIS A. HOPKINS

*Cover Picture . . . Tacoma's Community Christmas tree is a gift from the soldiers of Fort Lewis to their civilian neighbors in the city. The tree on our cover was presented in 1961. Over 95 feet high, the towering fir is erected each Yuletide by Tacoma City Light and decorated with 1,000 gleaming lights.*



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**PIERCE COUNTY MEDICAL SOCIETY MEETING**

**Tuesday, December 11**

Medical Arts Building Auditorium

**PROGRAM - - - 8:15 P.M.**

**ESTROGENS AND THE TREATMENT OF  
CORONARY ARTERY DISEASE**

Movie and Panel Discussion

\* \* \* \*

Social: 6:00

Dinner: 6:30

Honan's Restaurant

# December Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b>  C.P.C.—Mt. View General 8 to 9 a.m.
<b>3</b>	<b>4</b>  Staff of Tacoma General— 6:30 p.m.  Tac. Acad. of Psy. & Neurol. 8:30 p.m.  Tacoma Ortho. Soc.—8:00 p.m.  C.P.C. of Mary Bridge—8 a.m.	<b>5</b>	<b>6</b>  Pierce Co. Ped. Soc.—6:00 p.m.	<b>7</b>  C.P.C. of St. Joseph's—9 a.m.	<b>8</b>  PEDIATRIC SYMPOSIUM All Day Doric Motel  C.P.C.—Mt. View General 8 to 9 a.m.
<b>10</b>  Staff of Doctors Hosp.—7:30 p.m.  Staff of Good Samaritan—6:30 p.m.  Staff of Northern Pacific—Noon	<b>11</b>  Pierce County Medical Society 8:15 p.m.  C.P.C. of Mary Bridge—8 a.m.	<b>12</b>	<b>13</b>	<b>14</b>  PCMB Board 8 p.m.  C.P.C. of St. Joseph's—9 a.m.	<b>15</b>  C.P.C.—Mt. View General 8 to 9 a.m.
<b>17</b>  Staff of St. Joseph's 6:15 p.m.	<b>18</b>  Tacoma Surgical Club—6:30 p.m.  C.P.C. of Mary Bridge—8 a.m.	<b>19</b>	<b>20</b>	<b>21</b>  Staff of Medical Arts—7:15 a.m.  C.P.C. of St. Joseph's—9 a.m.	<b>22</b>  C.P.C.—Mt. View General 8 to 9 a.m.
<b>24</b>	<b>25</b>  MERRY CHRISTMAS	<b>26</b>	<b>27</b>	<b>28</b>  Staff of M. Bridge 12:15 p.m.  C.P.C. of St. Joseph's—9 a.m.	<b>29</b>  C.P.C.—Mt. View General 8 to 9 a.m.
<b>31</b>					

Grand Rounds—Mt. View General Hospital—Every Saturday 9 to 10 a.m.

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## President's Page



In the past year my job has been made easier by the splendid work done by key committees of the Society. Under the leadership of their chairmen they have undertaken and done their work without prompting. Judy Gordon has coordinated the efforts of the committees, all of which makes it easy for the president. I give thanks to these working committees under Drs. Brokaw, Gross, Galbraith, Haley, McBride, O'Connell, Reynolds, T. J. Smith, Sparling, Tanbara and Zimmerman. Special services were rendered the Society by Drs. Rigos, Osborne, Race, Shaw, Schwind, Buttorff and Bob Johnson. I mention the names with misgivings because in this space it is not possible to expand on what each accomplished and I am sure that some names have been omitted. I think Stan Tuell has done an outstanding job as editor of the Bulletin even if he has made me

write this column every month. Arnie Herrmann, a fixture as secretary-treasurer, was indispensable. All of the trustees were regular in attendance and made important contributions.

During the year we met with executives of the press, radio, television, UGN, Bar Association, Insurance Men's organization, Madigan hospital, State Medical Association and others. Through discussions of our mutual relations with these groups, an improved groundwork for future action has been developed.

Problems have been encountered, but more remain ahead. The most serious of these, as far as the welfare of patients is concerned, is the program of creeping socialism proposed by the present national administration. We must work to show our patients that the present free enterprise system of medicine is best—not by lecturing to them but by our day to day attitude of interest and concern for their individual welfare. We should also influence legislation by supporting candidates who favor individual initiative and by making our views on political issues known at the local, state and national levels. We have a congenial, closely-knit group of physicians in this community who can accomplish much working together.

G. M. WHITACRE, M.D.

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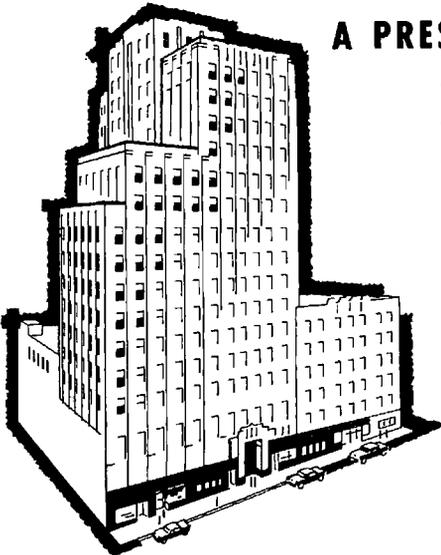
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## *Editorially Speaking*

A wise general practitioner once told me that when he referred a patient, he spoke in this fashion: "I'm going to refer you to the best gall-bladder surgeon (or cardiologist, or allergist, or bone doctor) in the Pacific Northwest. His name is Doctor A."

In comparison to this rather radical method of referral, the ultra-conservative and bend-over-backwards-to-be-fair method preferred by others is to say, "Here is a list of three well qualified surgeons (or internists, general practitioners, etc.). You take your pick and call one of them for an appointment about your problem."

For outright, blunt honesty, the second method is probably the most commendable; Tacoma has a number of competent men in each field. However, for the degree of service rendered the patient, some of the principles of the first method are worthy of consideration. The referring doctor can be of immeasurable help to the consultant, and hence to the patient, if he can make his recommendation in a manner that will send the patient into the next doctor's office in a receptive and confident frame of mind. A highly intelligent and emotionally mature patient may accept the "list-of-three" method without loss of confidence. However, most patients develop a certain degree of emotional dependence on their doctor, and the "list-of-three" method may leave them disappointed. They lack confidence in their ability to make a decision that they had expected their doctor to make for them, and as they first meet their new doctor, they find that running through the backs of their minds is the frustrating thought, "What if this one is the worst of the three?" It would be analogous, and equally detrimental to the effectiveness of the treatment, if we were to hand a patient three prescriptions, saying, "Here are three medicines of equal effect. You take your pick of which one you'd like, and start using it." Certainly the medication is more likely to be effective if we give only one prescription, telling the patient that this is the medicine we feel is best for his problem.

Even if the "best-in-the-northwest" method is too extreme for you, perhaps you will agree that the "list-of-three" method is not always the best either. For certain emotionally dependent patients, you will potentiate the effectiveness of Doctor A if you say to the patient, "Doctor A does excellent work in this field and I would like to send you to him." Your sense of fairness to the equally competent doctors, B and C, will be satisfied by subsequent referrals. Or perhaps your patient will have a personal reason for not liking Doctor A, in which case you may present Doctor B as being equally competent and conscientious.

The effectiveness of any mode of therapy is related in part to the confidence of the patient in that therapy; hence, the importance of the method of referral in its influence on the confidence of the patient in his new doctor.

S.W.T.

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# Pierce County Medical Society

## Nominees — 1963

Ballots received by mail are to be returned to the Medical Society office not later than 5 p.m. Tuesday, December 11, 1962.

### **PRESIDENT-ELECT** (Vote for 1)

Douglas P. Buttorff, M.D.

Frank J. Rigos, M.D.

### **VICE-PRESIDENT** (Vote for 1)

Philip Grenley, M.D.

Merrill J. Wicks, M.D.

### **SECRETARY-TREASURER**

Arnold J. Herrmann, M.D.

### **TRUSTEES** (Vote for 3)

William E. Avery, M.D.

Mahlon R. Hosie, M.D.

Lester S. Baskin, M.D.

Govnor Teats, M.D.

James E. Hazelrigg, M.D.

Charles R. Vaught, M.D.

### **DELEGATES AND ALTERNATES** (Vote for 11)

Richard F. Barronian, M.D.

Charles J. Galbraith, M.D.

Lawrence Brigham, M.D.

Kenneth E. Gross, M.D.

Robert R. Burt, M.D.

Arnold J. Herrmann, M.D.

Douglas P. Buttorff, M.D.

Robert C. Johnson, M.D.

Thomas H. Clark, M.D.

Herman S. Judd, M.D.

John F. Comfort, M.D.

George A. Race, M.D.

Robert P. Crabill, M.D.

John M. Shaw, M.D.

Robert M. Ferguson, M.D.

Stanley W. Tuell, M.D.

Robert W. Florence, M.D.

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Case history provided by Joel Goldman, M.D., Johnstown, Pa. Original photograph November 10, 1960; follow-up photographs, November 29, 1961. METICORTEN,® brand of prednisone. S-019



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## **PROGRAMS**

**DEC. 2 - HEADACHE**

Dr. Herman S. Judd, Chairman

**DEC 9 - COLOSTOMY and OTHER ARTIFICIAL  
OPENINGS**

Dr. Arthur P. Wickstrom, Chairman

**DEC. 16 - CLOSED CHEST RESUSCITATION**

Dr. Phillip H. Backup Chairman

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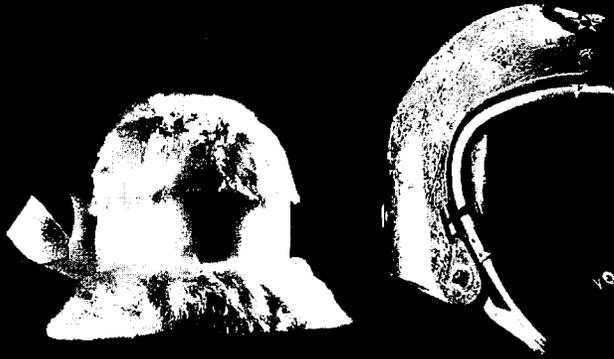
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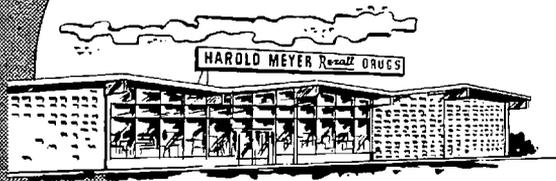
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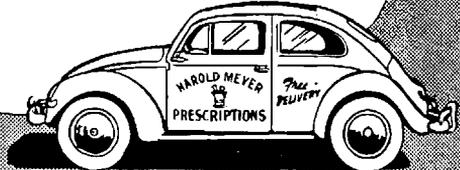
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## To The Pierce County Medical Society

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2nd Vice-President	Mrs. Dudley W. Houtz
3rd Vice-President	Mrs. Leo F. Sulkosky
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Speakers Bureau	Mrs. John J. Bonica
Telephone	Mrs. Stanley W. Tuell
Minute Women	Mrs. Frank J. Rigos and Mrs. Wayne W. Zimmerman
Community Service and Council	Mrs. Elmer W. Wahlberg
Heart	Mrs. H. A. Anderson
Cancer	Mrs. J. Robert Brooker
Finance	Mrs. Kenneth E. Gross
Dance	Mrs. Arnold J. Herrmann and Mrs. William Rademaker
Fashion Show	Mrs. Thomas O. Murphy and Mrs. William W. Mattson, Jr.
Mental Health	Mrs. John M. Havlina
Today's Health	Mrs. Bernard A. Rowen
Cook Book	Mrs. Thomas B. Murphy and Mrs. Robert A. O'Connell

Ruth Murphy was a gracious hostess to the fifty members of the Pierce County Medical Auxiliary who met November 16. After a delicious luncheon, guest speaker, Mr. Bruce LeRoy of the State Historical Museum, spoke of his work and the future plans for the museum. A brief business meeting followed. Of primary importance is the continued sale of cook books. Call Ruth Murphy or Janet O'Connell for information. And thank you, Dr. Tuell, for your clever analysis of the book. He really read it thoroughly, didn't he! Wonder how many recipes he has tried? To err is human, as we know, and though the recipes were typed, re-typed and proof-read, a mistake or two appears in the book. To Ruth Murphy's brownies add  $\frac{1}{2}$  cup of butter; in Jeanne Judd's Diggity Bars (cookie division) change the three teaspoons of soda to  $\frac{1}{3}$  teaspoon. Check your recipes and

if you find an error, call either Ruth or Janet.

So nice to see Evelyn Sturdevant from Puyallup and welcome to new members, Wanda Rose, Bonnie Stagner, Edna Chambers and Jane Lambing.

We do not have a large percentage of members whose dues are paid. Perhaps some of us don't know how the ten dollar dues are used. Two dollars from each member becomes the hostess fee. When you consider that seven lovely luncheons are yours for two dollars it becomes a real bargain! Three dollars and fifty cents go to National and State membership dues. Two dollars support the American Medical Education Fund. Thus, we have two dollars and fifty cents to cover the cost of our year books, postage, supplies and any other incidentals. And because the entire amount of dues is used, we ask your support of our projects, as the cook book which produce the money for the nursing scholarships.

Many of our families have special Christmas plans. Off for Disneyland and Palm Springs are Dorothy and Haskel Maier, Pat and John Flynn and their children. Marilyn and Jack Mandeville will take their youngsters to the Chelan area where they'll go to the smaller lakes nearby and fish through the ice.

Jeanne Judd will join other members of her family in Duluth, Minn., on January 3 to honor her grandfather on his ninety-fifth birthday.

Gwenn and Russ Hosie and the two children are flying to New York for a vacation. En route they will make several stops and visit relatives.

Marcy and Wendell Peterson will fly to Oakland with their four children, then drive with relatives to Los Angeles for a Peterson family reunion. There will be thirty-five family members in the party. Sounds like a wonderful time for all.

(Continued on Page 21)

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(Continued from Page 19)

The Everett Nelsons with son, Jim, will fly to Hawaii for the holidays. As this is written, Muriel is recuperating from a thyroid infection which confined her to the hospital for several days.

And so begins the hectic, fun-filled days which lead to Christmas. Happy Holidays to everyone. See you in the New Year!

It was my privilege to represent the Washington Division of the American Cancer Society at the 49th Annual Meeting held in New York City the week of October 22. It was one of the most interesting and certainly the most inspiring experiences of my life.

Much of the Scientific Sessions which dealt with the "Clinical Impact of a Quarter Century of Cancer Research," were naturally way over my head. However I did understand enough to be thrilled with what has been accomplished in the past twenty-five years and excited over what is being done at the moment and what the future could hold. To illustrate the scope of the program I would like to list just a few of the speakers.

Dr. John R. Heller, President, Memorial Sloan-Kettering Cancer Center who spoke on "Milestones in Cancer Control—Past 25 Years."

Dr. Albert Tannenbaum, Director of Cancer Research, Michael Reese Hospital, Chicago, Chemical Carcinogenesis.

Dr. Austin B. Brues, Argonne National Laboratory, Physical Agents as Causative Factors.

Dr. Wendell M. Stanley, Professor of Virology, University of California at Berkeley, who spoke on Viruses and Cancer.

Dr. Ernest L. Wynder, Sloan-Kettering Institute, Tobacco and Cancer.

Sir Robert Platt, Professor, Department of Medicine, University of Manchester, Manchester, England, who spoke on Tobacco and Cancer and the action taken in England.

(Continued on Page 23)

# RANKOS

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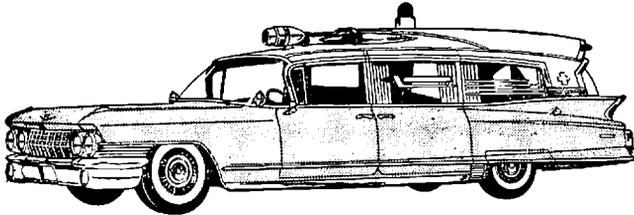
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(Continued from Page 21)

In addition to 21 Honorary Life Members, the Board is composed of 74 members, half professional, half lay, representing the 60 divisions of the American Cancer Society. This list looks like "Who's Who" in America.

One of the things that impressed me most was the unity of these Board Members to a common cause. It gave one something to ponder over, the contrast of the sincerity, the willingness to compromise on personal issues, to accomplish the established goals that took place at our meeting, while at the very same time in the United Nations Building just a few blocks away, much angry shouting and name calling was resulting in chaos. It was inspiring to see a Republican Governor, a Democratic Congressman, a labor leader, many industrialists, people of many religions and creeds but all working together in harmony and accomplishing so very much. If only we could work out our world problems in the same climate and manner.

The highlight of the meeting to those of us from Washington was the ovation and tribute given Dr. Thomas Carlisle of Seattle who was the 1961-62 President of the Society. His outstanding leadership was greatly responsible for the highly successful year of cancer progress. A year which included the Eighth International Cancer Congress in Moscow where 600 Americans participated in a pooling of knowledge from many nations: the "Man Against Cancer" Exhibit at the World's Fair viewed by approximately a million people; 2,500,000 educational pamphlets distributed through various labor unions during "Labor's March on Cancer"; over 6,000 bowling establishments participated in "Bowl Down Cancer." The latter two programs made it possible to reach millions of persons with life saving information that would not ordinarily be reached through the usual media.

A six day Science Writers Seminar attended 53 scientists and 56 science writers was held in Phoenix, Arizona. The class-

room kit titled "To Smoke or Not to Smoke", has reached into over half the nation's 30,000 secondary schools. More than 4 million leaflets pertaining to smoking have been given to teenagers. The Professional Education program continues to expand, the bi-monthly cancer journal "CA" reaches 125,000 physicians. Research grants in the amount of \$11,549,598.00 were given to 459 applicants. It is interesting to note that one of every six dollars given for research is given to Leukemia research.

These are just a very few of the progressive accomplishments of 1961-62. With more volunteers expanding the educational program, with more research, perhaps the 1962-63 year will be the year the magic key will unlock the secrets that will lead to the conquest of this disease.

—RUTH BROOKE

A far reaching new medical education loan guarantee program is now under way in American medicine. The goal of this program is to help eliminate the financial barrier to medicine for all who are qualified and accepted by approved training institutions. It is designed to provide a means of financing a substantial portion of the cost of a medical education.

The loan program for medical students, interns and residents is the result of a cooperative effort by American medicine and private enterprise.

The program is administered by the American Medical Association's Education and Research Foundation. The ERF has

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established a loan guarantee fund. On the basis of this fund, the bank will lend up to \$1,500 each year to students. The ERF in effect acts as co-signer. For each \$1 on deposit in the ERF's loan guarantee fund, the bank will lend \$12.50.

More than 3,300 students, interns and residents have borrowed more than \$6,000,000 through this fund since it was started last February. Physicians and others have contributed almost \$700,000 to the loan guarantee fund, which makes possible these loans.

The guarantee fund is almost depleted and more money is needed immediately to keep up the loan program. Eventually it will become self-sustaining as loans are repaid, but right now substantial financial help is needed.

**Note:** Has your husband made a contribution to the American Medical Association Education and Research Foundation—AMAERF?

To receive credit on this year's list of contributors to his alumni chapter, the money should be sent to Pat Hoover, who, in turn, must have the money in the AMAERF office in Chicago before December 31. The contribution is deductible on an income tax return because it is considered an educational organization, not organized for profit.

The funds cover many needs of the schools; teaching, building, equipment, research, and loan funds to students or interns.

—MRS. KENNETH E. GROSS

## Haley New Editor; All Members Urged To Submit News



Beginning with the January issue, a new editor will take charge of the Pierce County Medical Bulletin. He will be Dr. Ted Haley. Ted was born and raised in Tacoma and returned in 1953 to start his surgical practice. Any news items for possible publication in the Bulletin should be forwarded to him, or to the Bulletin's business manager, Judy Gordon, at the Society office. Pictures should also be submitted if possible, since an inexpensive method of reproducing these in the Bulletin is now available, if they serve to illustrate a news item or to publicize a coming meeting.

Any member of the Society may send in items for publication to be used at the discretion of the editor depending on the space available in any particular issue and if it is in keeping with Bulletin policies. News items are always welcome, and guest editorials are also invited if they are on a subject of general interest, keeping in mind that this is the official publication of the Society and is sent to all parts of the country.

All officers of local, or larger, organizations should make use of the Bulletin to publicize their future meetings, official actions of their organizations, etc.

The current editor, Stan Tuell, feels obligated to withdraw from the editorship to serve as President of the Society.

# BEALL'S

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## Old Surgical Group Admits Three Tacomans; Jess Read Presides

Tacoma surgeons played host to the North Pacific Surgical Association at its annual meeting held on November 16 and 17 at the Hyatt House. The association is one of the oldest surgical groups in the world and includes surgeons from Tacoma, Seattle, Spokane, Portland, Victoria and Vancouver, B.C. The two-day meeting was the concluding event in the term of Dr. Jess Read as President of the organization. Dr. Read welcomed 15 new members to the group, including three from Tacoma—Doctors Ed Kanar, Clinton A. Piper and Arthur Wickstrom.

Guest speaker for the affair was Dr. Ralph A. Deterling, Jr., head of the Department of Surgery at Tufts University School of Medicine in Boston, Mass. In the Founders' Lecture, Dr. Deterling told of his experiences in aortic and arterial surgery. Dr. Read, in his Presidential Address, discussed the rising cost of medical care, stressing that the most expensive bed today is not the empty bed, but the bed unnecessarily occupied. Likewise, the most expensive laboratory test is the test that is ordered unnecessarily. By his efforts to curtail un-needed hospitalizations and unwarranted clinical tests, the individual physician has an important responsibility in limiting the rising cost of medical care.

Members presented 21 scientific papers. Dr. James Cantrell of Seattle gave statistics to support his view that the use of an intrathoracic catheter in the treatment of spontaneous pneumothorax was far superior to the conservative, expectant method of treatment, both in terms of a less complicated recovery and in a decreased hospital stay. According to Dr. Peter Allen of Vancouver, the era of pen-knife thoracotomies for cardiac arrest on the street corner or in the home is over. Closed chest massage techniques have been adequately tested

and proved to be effective. Open-chest cardiac massage is applicable mainly in the surgical suite, where positive pressure apparatus and other facilities are available to properly support the patient with thoracotomy.

Dr. James Vadheim and Dr. Arthur Wickstrom, both of Tacoma, presented a paper on "The Use of an Intraluminal Tube as a Means of Preventing Intestinal Obstruction." In cases seen in the operating room which might appear pre-disposed to develop subsequent bowel obstruction, they recommend the use of a long intraluminal tube which is threaded down the bowel through a jejunostomy to splint the bowel so that as adhesions form, the bowel will be in a position that will be unlikely to cause obstruction. The method is simpler than the historical Noble plication of the bowel, requires much less time, and also provides for instant and continued decompression of the involved loops of intestine.

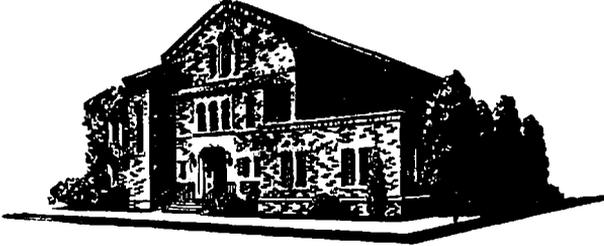
A pair of papers on inguinal herniorrhaphy excited considerable comment. Dr. Fred Bentley of Portland reviewed the anatomical features of inguinal hernia repair, including the frequent use of a piece of Teflon mesh as a prosthesis to aid in strengthening the floor of Hesselbach's triangle. Dr. Lloyd Nyhus of Seattle, championed his pre-peritoneal approach for nearly all groin hernias. Some discussants gave personal testimonials concerning their experiences as patients having this type of surgery. Virtually all agreed that one of the most significant features of a good repair is the use of the transversalis fascia or its analogues.

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### Convention News

Mrs. H. Wentlandt, RN from Medical floor and Mrs. M. Ramsdell, RN from Surgical floor attended the first of a two part education session at the University of Washington on November 8 and 9.

Sisters Cuniberta, Paul, Celine Magdalen, Martha Joseph, Francis Joseph, and Joseph Margaret attended the conference on Medic-Moral Problems given by Father Lynch at Seattle University, November 13, 14, and 15.

Sister Francis Edwardine and Sister Helene attended a Regional Conference for Nursing Service Directors in Portland from November 14 to November 16. It was very interesting and I'm certain some of the information will be of interest to you.

The highlights of all of these conferences will be handed out to each of you before the end of the month.

### Medical Records Department

The Tacoma Association of Medical Record Librarians has resumed its monthly meetings during the month of October. The first meeting was held on October 13 at the Northern Pacific Hospital. Problems that are common to all the Librarians in the area were discussed. Coffee and cookies were served by the host hospital. These monthly meetings are of a special interest to the students because of the opportunity to see the different hospitals in this area and hear discussions of subjects pertinent to the work we all aspire to be doing in the future.

We are busy gathering news and typing the Evergreen Bulletin. This is the publication for Washington State Medical Record Personnel. It is published four times a year.

### School of Nursing

The School of Nursing held its Annual "Holiday Fair" on November 5, 6 and 7. Sister Martha Joseph wishes to express her

thanks to all who participated and cooperated in making it a success.

The winner of the Bride Doll was Mrs. Joseph Slater from Port Orchard. Our surprise package went to our faithful paper boy, Benny Gervais. To him it was a great surprise to find a beautiful new born baby doll.

The raffle for the exquisite table cloth has not come off as yet. Perhaps it will take place before Christmas or shortly after. Be sure to contact students if you have not already taken that lucky chance.

**Senior Class:** The Senior Class sponsored the Halloween Dance last month and we are happy to report that it was an all around success. We want to extend a hearty thanks to Mr. and Mrs. Ramsdell and Mr. and Mrs. Wetch for being wonderful chaperones.

Selling Christmas cards is keeping all of us busy now. Anyone wishing to buy them may contact any one of us.

For the busy, working, housewives we will be sponsoring a bake sale on December 12.

Recently the family of Miss Regina Rakoz, senior student nurse, was selected as the Dairy Family of the year. An open house was sponsored by the Lewis County Dairy Federation honoring the family.

**Junior Class:** The Junior student nurses have been seen elsewhere than along the corridors of St. Joseph this month.

One group, including the Misses Wiggins, Frederick, Holter and Fredriksen attended the State SWANS Convention here in Tacoma. The girls felt the meetings were very interesting in depicting the purposes of nursing and the various ways each school achieves this goal. The social activity in meeting many out-of-state girls was also enjoyed.

**Preclinical:** October was a busy month for the preclinicals studying, preparing for the future construction of their nursing career.

Studying, of course, was not all we did. There were many outside activities in which we participated. Among these was

the election of the class officers. Elected were:

Kathy Dunn, President  
 Mary Ann Molchan, Vice President  
 Kathy Shaw, Secretary  
 Angie Mortenson, Treasurer  
 Joan English, Student Body Representative, Sergeant at Arms  
 Maureen Kastner, Social Committee Chairman

Halloween was a happy time and a sneaky time. Thirty-seven pre-clinicals decorated their doors for the festive occasion. Witches, ghosts, spider webs, and full moons covered the halls of the School of Nursing on the second floor.

A delegation of preclinical students represented their class and surprised the Sisters. Approximately fifteen girls, dressed in Halloween costumes, waited outside the chapel door for the Sisters to complete Benediction. "Happy Halloween" to the tune of "Happy Birthday" was sung and cake and goodies were showered on the Sisters. They all were very surprised! This was a small way of saying "thank you" to them for being so good to us.

### Annex News

Jean Engels is back from her vacation. She and her husband camped out for ten days hunting the fleet-footed deer. They brought home the bacon, too (a three-point buck that is).

Both Fernita Albrecht and Paul Hall are sporting new cars; both are beautiful.

We are all working feverishly to have lots of interesting items completed for our Christmas Sale, which is coming up the first part of December. You'll be hearing more about it. Hope we see all of you there.

### Pedi News

The children enjoyed a Halloween party given them by the staff. We all enjoyed the short films shown on our new movie projector. We have been saving for quite some time for the projector to help entertain the children and to show educational films for the staff at our monthly intradepartmental meetings. Our wish finally came true with

the help of a generous donation from one of our patient's family.

Miss Lien became engaged this month and is planning a holiday wedding. Our other new bride, Mrs. Strunk, sends her hellos from New Jersey. She likes the East but has a lonesome spot for St. Joseph's.

We want to thank the administration for our newly remodeled bathroom.

### Dietary Department

Mrs. Peterson is preparing to send her son his annual Christmas box in Okinawa.

Mrs. Middaugh was the guest of honor at a lovely birthday dinner at Johnny's Dock last Wednesday.

Our sympathy goes to Adell for her painful experience of getting her finger so badly cut. The night shift misses her very much as they do Thelma who also is off, ill.

---

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## Doctors, Wives Need Pictorial Roster; Prompt Orders Urged

All doctors, or doctors' wives, who have not already done so, should place their orders for copies of the pictorial roster which will be coming off the press soon. The roster will contain a list of all members of the Pierce County Medical Society, with pictures, names of medical schools attended, and the specialty, home and office phone numbers of each doctor. An additional feature this year will be the given name of the doctor's wife, a handy reference to glance at before dashing off to a social affair where you'll be seeing some of your colleagues' wives and want to avoid groping for the proper name. At last count, there were 139 orders in, and at least 200 orders are desired.

Do not send in a check with your order, as the exact price per copy will depend on the number of orders that are sent in. Just call or write the Society office and let Judy Gordon know if you want a pictorial roster, and how many. Many wives will no doubt want one to refer to, and it would be most convenient to have one at the office and another at home.

## Doctors Become U.S. Citizens

Two Pierce County physicians became United States citizens along with a large group of other applicants at ceremonies conducted in Tacoma on November 26th. They were Doctor Stevens Dimant and Doctor Robert Klein. Dr. Dimant was born in Bournemouth, England and has been practicing in Tacoma since 1957; Dr. Klein is a native of Holland and has practiced here since 1958.

## A. H. Robins Co., Fetes Interns and Residents

At least 40 interns and residents from the Tacoma area enjoyed an evening of relaxation, sociability and good food on Wednesday, November 28th in the Presidential Suite at the Winthrop Hotel. Host for the evening was the A. H. Robins Co., Inc. which has arranged similar dinners for interns and residents in all parts of the nation as an annual gesture of courtesy to doctors still in training. Largest representation at the Tacoma affair was from Madigan General Hospital. There was a social hour for all, provided by the Robins Co., then a steak dinner with the usual trimmings. Local detail men of the company were also on hand to get acquainted with the doctors.

## Cardiac Diet Classes

Cardiac diet classes, with admission by physician's prescription, will be presented in Puyallup in January by the Pierce County Heart Association.

Classes will be instructed by dieticians. All physicians in the Puyallup Valley area will receive copies of the five diet guide books which will be used as basis for instruction so that appropriate diet for each patient attending can be prescribed. Instructions will be given in the 500 mg., 1000 mg., and mild sodium diet and in planning fat controlled meals for 1200 to 1800 calories and fat controlled meals for unrestricted calories emphasizing polyunsaturated fats.

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## A Lesson in Socialism

As a teacher in the public schools, I find that the socialist-communist idea of taking "from each according to his ability" and giving "to each according to his need" is now generally accepted without question by most of our pupils. In an effort to explain the fallacy of this theory, I sometimes try this approach with my pupils:

When one of the brighter or harder-working pupils makes a grade of 95 on a test, I suggest that I take away 20 points and give them to a student who has made only 55 on his test. Thus, each would have a passing mark—would be received according to his need—and would contribute according to his ability.

After I have juggled the grades of all the other pupils in this fashion, the result is usually a "common ownership" grade of between 75 and 80—the minimum needed for passing, or for survival. Then I speculate with the pupils as to the probable results if I actually used the socialistic theory for grading papers.

First, the highly productive pupils—and they are always a minority in school as well as in life—would soon lose all incentive for producing. Why strive to make a high grade if part of it is taken from you by "authority" and given to someone else?

Second, the less productive pupils — a majority in school as elsewhere — would, for a time, be relieved of the necessity to study or produce. This socialist-communist system would continue until the high producers had sunk—or had been driven down—to the level of the low producers. At that point, in order for anyone to survive, the "authority" would have no alternative but to begin a system of compulsory labor and punishments against even the low producers. They, of course, would complain bitterly, but without understanding.

Finally, I return the discussion to the ideas of freedom and enterprise — the market economy — where each person has freedom of choice and is responsible for his own decisions and welfare.

Gratifyingly enough, most of my pupils then understand what I mean when I explain that socialism—even in a democracy—will eventually result in a living death for all except the "authorities" and a few of their lackeys.

—A letter from Thomas J. Shelly, teacher of Economics and History, Yonkers High High School, Yonkers 2, New York. Reprinted from Clippings of Note, Number 36, published by The Foundation for Economic Education, Inc.

## Miami Beach To Host Medicolegal Conference

The American Medical Association's 1963 Medicolegal Symposium will be held at the Americana Hotel in Miami Beach, March 8-9. More than 1,000 physicians and attorneys are expected to attend.

Sponsored by the AMA's Legal and Socio-Economic Division, the meeting will feature three 1½ hour mock trials based on medicolegal cases.

Among the topics scheduled for discussion at this meeting are: Medicolegal Aspects of Encephalography, Medicolegal Implications of Hypnosis, and Medicolegal Aspects of Cancer and Cigarette Smoking.

Previously, the AMA conducted three Medicolegal Symposiums every other year. However, this year the Miami Beach meeting will be the only one.

Registration fee for the meeting will be \$10 to cover the cost of a luncheon and a copy of the proceedings. Advance registration cards may be obtained by writing: C. Joseph Stetler, Director, Legal and Socio-Economic Division, American Medical Association, 535 N. Dearborn Street, Chicago 10, Illinois.

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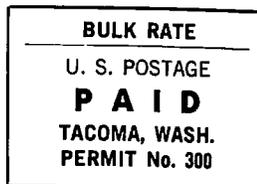
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# Pierce County Medical Society

Medical Arts Building  
Tacoma 2, Washington



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## MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA  
Second Monday of March, June, Sept., Dec.—7:30 p.m.  
Auditorium of Medical Arts Bldg.
- STAFF OF GOOD SAMARITAN  
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF NORTHERN PACIFIC  
Second Monday of each month—noon.
- STAFF OF ST. JOSEPH'S  
Third Monday of March, June, Sept., Dec.—6:15 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL  
Last Monday of February, June, September and November
- TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS  
First Tuesday of each month—8:30 p.m.  
Board Room of Pierce County Medical Society
- TACOMA ORTHOPEDIC SOCIETY  
First Tuesday of each month—8:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY  
Second Tuesday of the month except June, July and August  
—8:15 p.m.
- STAFF OF TACOMA GENERAL  
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB  
Third Tuesday of each month—6:30 p.m. at Tacoma Club
- TACOMA ACADEMY OF INTERNAL MEDICINE  
Fourth Tuesday of each month—6 p.m. at Tacoma Club
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE  
Fourth Monday of each month except June, July and August—  
6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY  
First Thursday of each month except June, July and August—  
6:00 p.m.
- STAFF OF MEDICAL ARTS HOSPITAL  
Third Friday of March, June, September, December—7:15 a.m.  
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL  
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.