# The BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

VOL. XXX-No. 5

TACOMA, WASH.

**JANUARY** - 1959





BULLETIN of the Pierce County Medical Society

# **Pierce County Medical Society**

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#### Happy Birthdau

#### January

- 1 GEORGE KUNZ
- 2 STEVENS DIMANT HILLIS GRIFFIN
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- 16 ROBERT GIBSON LEO SULKOSKY
- 18 R. A. NORTON JAMES WARD
- 19 THEODORE APA DON CUMMINGS
- 23RICHARD MUZZALL
- 26RAYMOND ELLIS
- 27JOHN HAVLINA
- 31VIRGINIA LARSEN

#### NOTICE

Check back page of Bulletin for calendar of special meetings

> Front Page Picture Courtesy **Richards Studio**

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 antibiotic action
 a reliable defense against
 monilial complications

both are often needed when bacterial infection occurs

# for a direct strike at infection Mysteclin-V contains tetracycline phosphate complex

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## PROGRAM

# PIERCE COUNTY MEDICAL SOCIETY

# **Tuesday, January 13**

## 8:15 P.M.

MEDICAL ARTS BUILDING AUDITORIUM

EMMETT L. CALHOUN, M.D. President, Washington State Medical Association

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\* \* \* \*

GEORGE N. AAGAARD, M.D. Dean, University of Washington School of Medicine

"The University of Washington Hospital"

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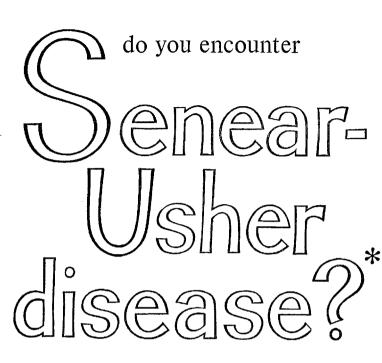
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†Henington, V. M.; Kennedy, B., and Loria, P. R.: South. M. J. 51:577, 1958.

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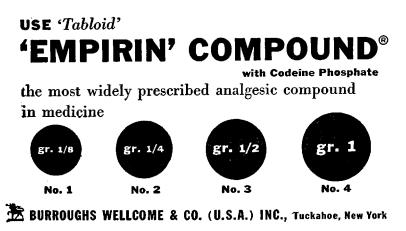
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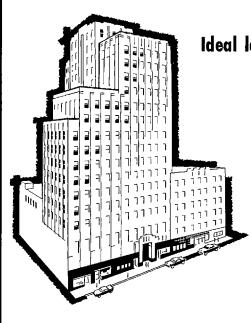
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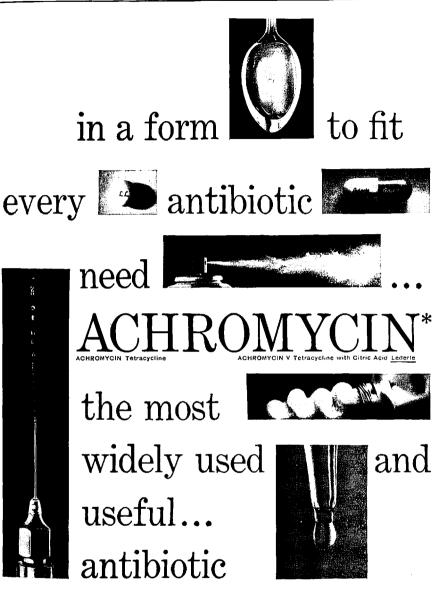


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#### Miscellany

A group of health and research leaders, at a Washington meeting in which Federal and state agencies participated, cautioned that growing emphasis in high schools on teaching of sciences, mathematics and languages may wreck essential health programs. The meeting was called by the American Association of Health, Physical Education and Recreation. . . . President Eisenhower has given his approval to organization of a science information service under the National Science Foundation. Objective is to help coordinate the growing volume of scientific information published here and abroad so it can be available to scientists. . . . A total of 384 faculty and senior postdoctoral fellowships, 21 of them in the medical sciences, has been awarded by National Science Foundation for the current fiscal year.

#### -Á.M.A. Washington Letter

#### Medicare Contracts To Be Re-Negotiated by Mail This Year

Because a "comprehensive examination and analysis" were made of fee schedules this year, and administrative costs no longer are an issue, next year's Medicare contracts will be re-negotiated by mail. This year changes were worked out at series of conferences. As in the past, extensions will be for one year.

In making the announcement, Brig. Gen. Floyd L. Wergeland, head of Medicare for the Defense Department, said contractors for physicians in all states had been informed of details. They will be supplied copies of changes the department proposes in the contracts 45 to 60 days prior to expiration dates. If the department's modifications are acceptable, states are to execute the contracts and mail them back. If the changes are not acceptable, contractors are to contact the military contracting officer at once so differences can be resolved.

There is no problem in hospital contracts, inasmuch as there are only two contractors, Mutual of Omaha and Blue Cross.

-A.M.A. Washington Letter

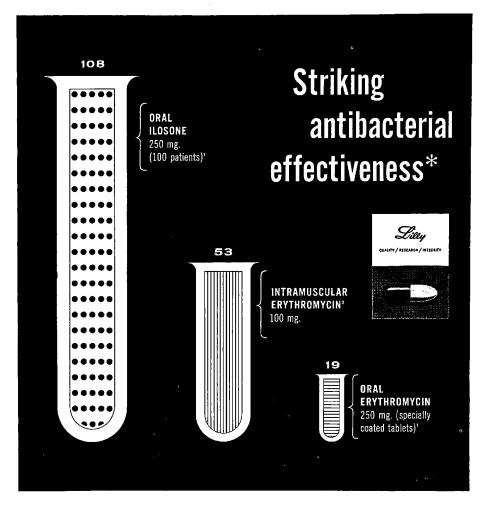
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Tacoma

BULLETIN of the Pierce County Medical Society



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Usual adult dosage is one or two 250-mg. Pulvules<sup>®</sup> every six hours, according to severity of infection. For optimum effect, administer on an empty stomach. (A 125-mg. pediatric Pulvule is also available.) In bottles of 24. \*Shown by how many times the serum can be diluted two hours after administration of the antibiotic and still inhibit identical pathogenic strains of bacteria. This is the Tube Dilution Technique, which is regarded by leading authorities as the most meaningful method of comparing different antibiotics. It shows not merely the level of antibiotic in the blood but the actual antibacterial effectiveness of that level.
1. Griffith, R. S., et al.: Antibiotic Med.

1. Griffith, R. S., et al.: Antibiotic Med. & Clin. Therapy, 5:609 (October), 1958. Note: Peak levels with the oral erythromycin tablets (thirty-three dilutions) were not observed until four hours after administration. 2. Data from Griffith, R. S. Antibiotics Annual, p. 269, 1954-1955.

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# HOSPITALS ...

Doctors Hospital of Tacoma Elects New Officers



The Professional Staff of The Doctors Hospital of Tacoma at its annual meeting elected the following officers for the year 1959:

Glenn G. McBride, M.D., President; Louis M. Rosenbladt, M.D., Vice-President and President-elect; Charles C. Reberger, M.D., Secretary; Robert M. Ferguson, M.D., Representative of ACTIVE Staff.

Dr. McBride in assuming office announced the following committee appointments for the year January 1, 1959 to December 31, 1959.

Credentials Committee — Dr. Paul E. Bondo, chairman, Dr. William E. Avery, and Dr. C. M. McGill.

Medical Record Committee — Dr. Bernard D. Harrington, chairman, Dr. Robert C. Johnson and Dr. Robert Klein.

Tissue Committee — Dr. Scott S. Jones, chairman, Dr. C. M. Reberger, Dr. Chris C. Reynolds, Dr. Arthur Wickstrom, and Dr. Russell Colley.

Surgical Committee — Dr. L. P. Hoyer, chairman, Dr. Bernard Ootkin, Dr. W. J. Rosenbladt, Dr. Isadore Drues, and Dr. S. E. Adams.

Dr. McBride in accepting the presidency from the retiring President of Staff, Don G. Willard, M.D., stated that Dr. Willard, his officers and committees should be complimented for the progress during this past year.

Dr. McBride also recognized the loyal personnel who have contributed so much to the progress and growth of The Doctors Hospital.

#### Tacoma General

January 6 is the date of the debut on television of Tacoma General Hospital. The Richfield "Success Story" will feature the School of Nursing, the oldest in the state of Washington, and the hospital. The broadcast will be live, and will be on KING at 7 p.m.

The annual reunion of Tacoma General ex-interns was on December 12 at the University-Union Club. The 1958 intern staff were honored guests. Thirty doctors who had served internships here were present, as well as the administrative staff of the hospital, Pathology and Anesthesiology residents, Dr. Charles Larson and Dr. Phillip Backup. Dr. H. C. Christopher who interned in 1924-25, the first year of internships at this hospital, was present, and also Dr. M. P. Dorman of the 1925-26 group. Both doctors are now practicing in Seattle.

Dr. Fritz Hartung began his internship on December 15. His medical schools are Berlin and Heidelberg in Germany. He has had hospital experience in the United States at Herrick Hospital, Berkeley, California.

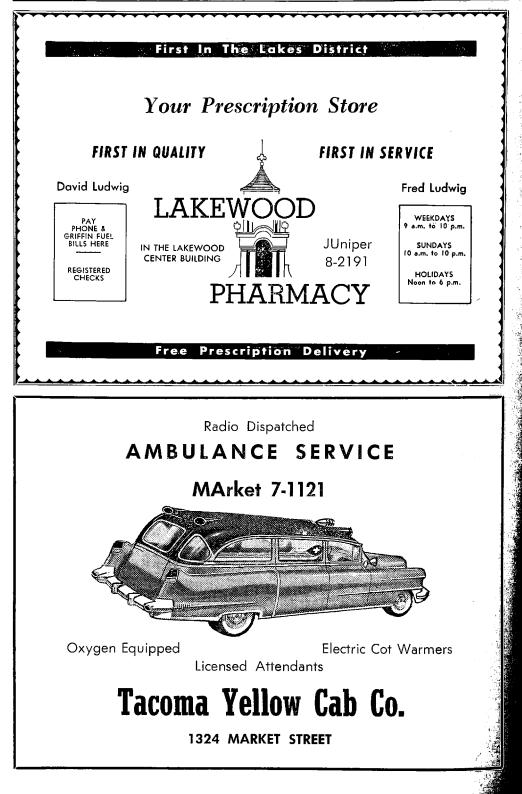
#### **Pierce** County

The following announcement was released by Mr. G. T. Hagen, President of the Board of Trustees of Pierce County Hospital on December 15, 1958:

"The Board of Trustees of the Pierce County Hospital announces the appointment of Dr. Claris Allison as Superintendent of the combined facilities of the Pierce County Hospital as of January 1, 1959, the date on which the Mountain View Sanatorium is dissolved and becomes a part of the Pierce County Hospital. Dr. Allison is currently the Assistant Superintendent of Pierce County Hospital and Acting Superintendent of the Mountain View Sanatorium.

"Dr. John L. Whitaker, Acting Superintendent of the Hospital and Acting Assistant Superintendent of the Sanatorium has

#### (Continued on Page 15)



#### (Continued from Page 13)

requested that his services in such capacity be terminated as of January 1, it having been his desire for some time to devote all of his time to Pathology and in which field he now serves both the Pierce County Hospital and Mountain View Sanatorium.

"The Board of Trustees expresses its deep appreciation to Dr. Whitaker for his services and accepts his resignation with regret.

"In appointing Dr. Allison as Superintendent, the Board recognizes her ability and proficiency and expresses full confidence in her capabilities in assuming this responsibility."

 vacation trip of much interest was taken by Miss Lillian Wilson, Superintendent of Nurses, when she travelled to Tampa, Florida in November. Many motor trips with friends were enjoyed during the three week stay. One took her to Key West, travelling down the West Coast and coming back by way of the East coast to Vero Beach, then across Central Florida. Another was to the Bok Tower, Lake Wales, Florida where she saw the fabulous mosaic reproduction of Da Vinci's Last Supper in its outdoor setting in the Garden of Peace. A matter of note was that, upon returning from this trip at night, the party encountered a huge live alligator lying alongside the highway half way between Vero Beach and Lake Wales. Miss Wilson returned by way of Oakland, California and enjoyed Thanksgiving there with her sister and family.

Nelle Satter, head housekeeper, attended the annual Christmas party of the Puget Sound Chapter of the National Executive Housekeepers' Association, held at Harbor View Hall, King County Hospital, Seattle. Mary Northrup, Chief Dietitian and Housekeeper of that hospital was hostess. After a short business meeting, games and Christmas carols were enjoyed, following which the annual custom of each member presenting gifts for the pleasure of the girls at the Florence Crittenden Home was carried out.

A beautiful, glowing new diamond ring on the engagement finger of Diane Bremmer, Record Room, is attracting the admiration of her hospital friends. The fortunate young man is Airman Second Class James Alley, McChord Field. The wedding is planned for some time in the Spring.

Mrs. Irma Tinglestadt Rajac, a former laboratory technician here, is being welcomed back to the laboratory staff. She will remain until March or April when she will join her husband in the Panama Canal Zone where he is in the Army and Air Force Exchange Service. The Rajacs will be stationed in Panama for two years.

Much praise is being given Beverly Marcelia and her committee, Billie Perkins, Diane Bremner, Audrey Anderson, Doris Boyle, Ruth Nagle, Judy Barnes, Ruth Dawson, and Mrs. Palmer, for the most successful Christmas party held Saturday night, the 13th of December at Browns Point Community House. Over 100 guests attended and enjoyed the good food, games and dancing. Dr. Kloster acted as Master of Ceremonies. Dr. and Mrs. Gates won the waltz contest. The balloon dance was done by Joan Satter and Bob Feltner and the door prize, a portable radio was won by Elinor Bighause of Housekeeping.

Congratulations are being given Bert and Donna Martens upon the arrival of son Stephen John Martens, on November 27. The new arrival weighed 7 lbs. 3 ozs. and was 19½ inches long. Donna is one of the hospital laboratory technicians.

The Social Service Department Christmas party was held at Top of the Ocean on Friday evening, December 12. After dinner, gifts were exchanged without name tags. On each package a favor was placed; typifying the person for whom it was intended such as the bowl with a rose and football in it, for the girl who went to the Rose Bowl game. There was a miniature sock being knitted on toothpick needles for the constant knitter, a bowling alley with a pipeleaner bowler poised to make a strike for the ardent bowler, and finally an apple for the head, well polished by the gang.

This verse reports on the life economic, The unbalanced budget that's very uncomic,

The common condition that's most unfunny Too much month at the end of the money.

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For the treatment of moderately acute infections in infants and children, the recommended dosage is 1 teaspoonful per 15 to 20 ibs. of body weight per day, administered in 2 to 4 equal doses. Severe or prolonged infections require higher doses. Dosage for adults is 2 to 4 teaspoonfuls 3 or 4 times daily, depending on the type and severity of the infection.

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### Burney Calls for Intensive Drive To Promote Polio Vaccinations

Following a Washington meeting of 30 medical leaders to discuss the poliomyelitis situation, and an evaluation of the disease incidence in 1958, Surgeon General Burney has called for a revival of the vaccination campaign, particularly pointed toward children under five years of age.

"It is a tragic circumstance," he said, "that hundreds of children and young adults will be spending the balance of their lives in wheelchairs or on crutches because of a failure to be vaccinated."

The conference attended by officials from national medical groups, voluntary health organizations and state and local health departments, cited as "an important step forward," the resolution unanimously adopted by the American Medical Association's House of Delegates at its recent meeting in Minneapolis. The Delegates recommended that:

1. Each physician assume responsibility for making sure that all members of families he sees are fully vaccinated.

2. State medical societies work with State health departments to bring county and local medical societies together with health departments to work out vaccination programs.

3. County medical societies meet with local health departments to make surveys of local problems and devise ways to meet local situations.

The conference was told that in 1958 there was more paralytic polio in the United States than in 1957, although less than in any other year in the last 15; attack rates were highest in one-year-olds, and more than 50% of the paralytic cases were under five years; the vaccine continues to show a high rate of effectiveness (about 87%), and duration of immunity is "holding up well." Evidence indicates it continues to be effective among persons vaccinated more than three years ago.

While most campaign work will have to be done locally, PHS will continue to aid in epidemics, study the national problem and conduct publicity and education campaigns. "Now we have to finish the job," Dr. Edgar Martmer of the American Medical Association declared. He pointed out that what has been so far "has been one of the most successful health campaigns of recent years."

The conference agreed that "face to face" campaigns will have to be conducted

under sponsorship of local groups to reach the "hard-to-get" segment of the population, in many areas identified as low-income families. City and county medical societies were urged to examine local situations to pinpoint factors that have interfered with the vaccination campaign so far. It was emphasized that from now on campaigns will have to be on a block-by-block, homeby-home basis to be effective.

In addition to the efforts of the American Medical Association, the National Foundation and the PHS and others, the Advertising Council, Inc., will initiate another campaign starting in March, using national and local mass media.

Participating in the meeting, in addition to the groups mentioned, were the American Academy of General Practice, the American Academy of Pediatrics, the Pharmaceutical Manufacturers Association and the National Health Council.

-A.M.A. Washington Letter

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AS PROVED BY extensive clinical trials an over-all success rate of more than 94%was achieved in a total of 3,280 cases.†

AS PROVED BY effectiveness in "problem infections"—a response rate better than 96%was recorded in a group of 221 gastrointestinal infections including chronic intestinal amebiasis; 91% of 465 urogenital infections were successfully controlled.<sup>†</sup> AS PROVED BY success in mixed infections—more than 95% of 1,000 acute and chronic respiratory tract infections were successfully treated; a 99% cure rate was achieved in mixed bacterial pneumonias.†

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<u>New Oral Suspension</u> (raspberry-flavored)  $\overline{2 \text{ oz.}}$  bottle, 125 mg. per teaspoonful (5cc.)

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Average dosage: For adults, 1-2 Gm. daily in divided doses; proportionately less for children, depending on age, weight, and severity of infection.

†Literature and bibliography available on request.

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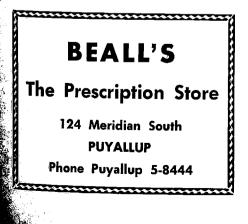
#### Medical School Consultants Active Flemming Wants More Data

A recently-appointed consultants' committee to Surgeon General Burney on medical school problems already has two staff studies under way, on construction costs of the newer schools and on the financing of medical school operations. At its first meeting recently, the group named a steering committee to work with the staff between regular meetings. Composing it are Frank Bane, chairman of the 21-man consultant group; Dr. Edward L. Turner, American Medical Association; Dr. Ward Darley, Association of American Medical Colleges; Emory W. Morris, D.D.S., president of the W. K. Kellogg Foundation; and the Very Rev. Robert J. Slavin, president of Providence, R.I. College.

In another development, Secretary Flemming of the Department of Health, Education and Welfare, during one of a series of conferences with health and welfare leaders, indicated he may ask various voluntary health agencies for their views on medical education. He particularly wants to know what they consider to be "fair shares:" of medical education costs to be met by federal, state and local governments and private groups and institutions.

Conference subjects included the need for attracting more and better young people to medical careers, in the face of competition from "space, rockets and engineering;" the problem of drawing talented researchers into medicine at the college level, also in the face of scientific competition; and need for compiling a complete inventory of both government and private medical research in all its aspects. Surgeon General Burney said the latter task was beyond the capability of Public Health Service.

-A.M.A. Washington Letter



#### Democratic Council Favors Forand Congress Attitude Unknown

The Democratic Advisory Council, composed of party leaders mostly from outside Congress, favors a hospital-nursing home care program under social security, but there is no evidence that the top Democrats in Congress will go along with the idea. The Council recommended the step in a comprehensive manifesto, adopted at a Washington meeting to evaluate voter trends in the November election and chart a suggested course for the 86th Congress which opens January 7.

Hardly had the document been released when House Speaker Rayburn and Senate Leader Johnson let it be known that Democrats in Congress would formulate their own legislative program, and that it might not be a close parallel to the Council's report.

Prominent in Council discussions were Ex-President Truman and Adlai Stevenson, twice (1952 and 1956) defeated as Democratic presidential candidate. Presiding at the session was the Democratic National Chairman, Paul Butler. Present also were a number of governors and national committeemen. The Council was formed two years ago. Originally 10 members of Senate and House were appointed to the 20-man group, but with few exceptions they have either declined or been generally inactive.

To "insure a secure life for our people," the Council proposes that social security taxes be increased by one-quarter of one per cent for employer and employee, and three-eighths of one per cent for the selfemployed, with the money used to finance between 20 and 60 days of hospital care and "a limited amount" of nursing home care for the aged and other social security beneficiaries.

The council also would eliminate the age 50 limitation on disability payments, as "a disabled person is disabled whether he is 25, 40 or 50 years ald." Also, it would have benefits increased 20% within the next three or four years, widow's benefits boosted, and the earnings ceiling for OASI taxes moved up from \$4,800 to \$7,200 within two years.

In other health areas, the council urged more appropriations for hospital construction and "a steady effort" to increase funds for medical research.

-A.M.A. Washington Letter

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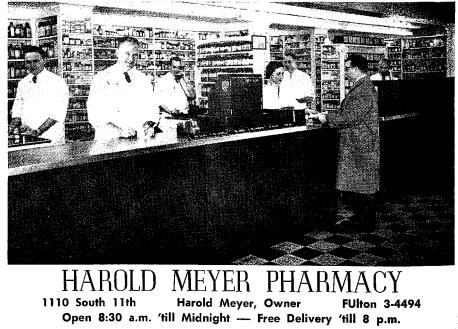
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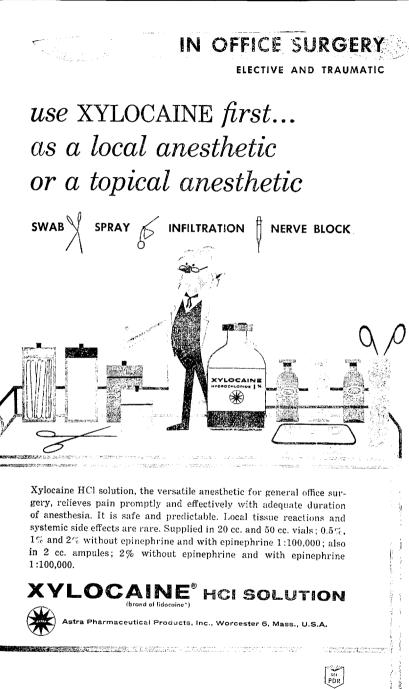
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#### Dorothy ... age 1 month

"Lactum liquid is so easy to use! I just add a canful of water to the contents of the Lactum can," Dorothy's mother says, "and there's a day's supply of formula! I spend less time in the kitchen and more time with my baby. And that's the way it ought to be."

#### Sandra...age 2 months

Sandra's mother didn't have enough breast milk for her hungry little daughter and felt a bit guilty about it—though for the average baby, her supply would have been quite enough. The extras that Sandra needed were supplied by convenient supplemental feedings of Lactum (powder), and by Poly-Vi-Sol® drops.

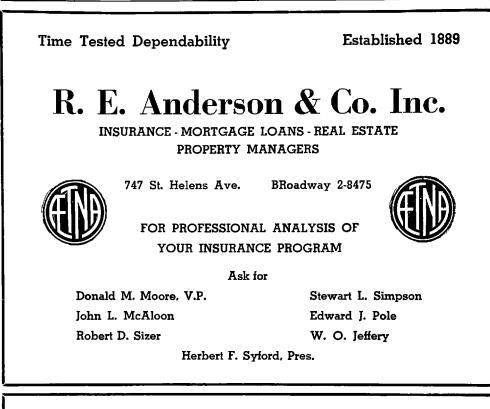


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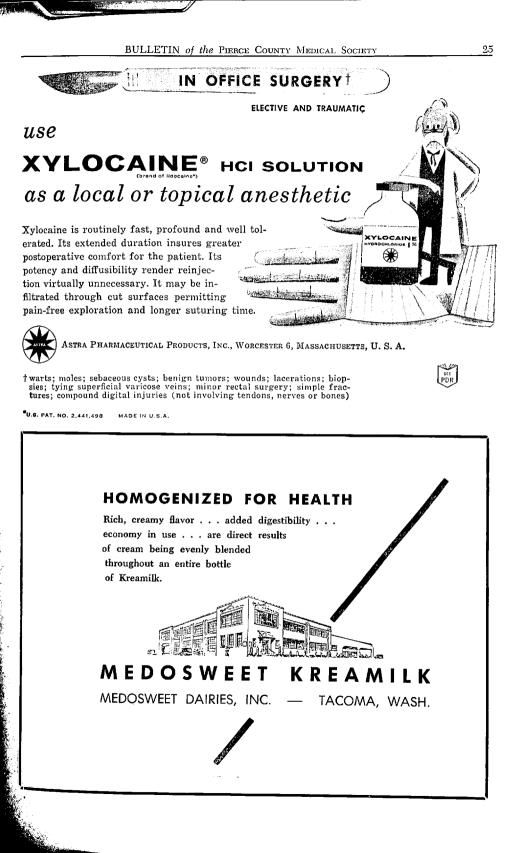


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#### American College of Surgeons To Hold February Meeting

As Chairman of the Committee on Arrangements for a Sectional Meeting of the American College of Surgeons to be held at the Hotel Vancouver, Vancouver, February 26, 27, 28, 1959, I wish to extend a cordial invitation from the Fellows of the College in Vancouver to member of the Pierce County Medical Society to attend this meeting.

The program will include papers on a variety of surgical subjects, hospital clinics and demonstrations, panel discussions on diseases of the pancreas and arterial occlusive disease, as well as symposia on trauma, cancer and infections. A reception and dinner will be held for visiting surgeons and their wives.

The surgeons in Vancouver would be delighted to see good representation from your society in attendance at this meeting.

> T. R. Sarjeant. M.D., F.A.C.S. Chairman, Advisory Committee on Arrangments.

### Medical Vocabulary Class

An evening class in medical vocabulary building will be offered at the Clover Park Adult Evening School, located at Clover Park High School in Lakewood. Pre-registration is January 6 and 8 from 7 to 9 p.m. The class starts January 13 at 7 p.m. at which time late registration will be accepted. The class runs for 13 weeks and will be held each Tuesday and Thursday from 7 to 9 p.m. The instructor is Ann Kelly March, medical records librarian for Mary Bridge Children's Hospital.

For further information, call JU 8-5261, ext. 69, during the day; or ext. 41 on registration or class nights.



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#### Rockefeller Brothers Fund Makes Grant for Mental Health Research

A grant of \$100,000.00 by the Rockefeller Brothers Fund has been granted for mental health research, as announced today by President Wayne Gardner of the Tacoma-Pierce County Association for Mental Health.

Mr. Gardner stated that emphasis will be placed on research in mental illness by the National Association for Mental Health, its state and local agencies, during the year 1959. "The local agency, member of the United Good Neighbors, allocates 25% of its funds sent to the National office for mental health research," said Mr. Gardner. The local Association is presently assist-

The local Association is presently assisting the University of Washington Medical School in obtaining a research grant from the National Association for Mental Health in the field of schizophrenia. Eugene P. Schwartz, Executive Director of the local Association, said that he has been in touch with Dr. William Malamud, Director of the Research Division of the National Association for Mental Health, and Dr. Herbert Ripley, head of the Psychiatric Department of the School of Medicine at the University of Washington.

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# MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA Second Monday of March, June, Sept., Dec.—7:30 p.m. Auditorium of Medical Arts Bldg. STAFF OF GOOD SAMARITAN Second Monday of March, June, Sept., Dec.-6:30 p.m. STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.-6:15 p.m. STAFF OF PIERCE COUNTY Last Monday of each month-6:15 p.m. TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS First Tuesday of each month—8:30 p.m. Board Room of Pierce County Medical Society PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the month-8:15 p.m. STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.-6:30 p.m. TACOMA SURGICAL CLUB Third Tuesday of each month-6:30 p.m. at Tacoma Club TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club TACOMA ACADEMY OF GENERAL PRACTICE Fourth Monday of each month except June, July & August -6:30 p.m. at Honan's PIERCE COUNTY PEDIATRIC SOCIETY First Friday of each month except June, July and August STAFF OF MEDICAL ARTS HOSPITAL Third Friday of March, June, Sept., Dec.—7:15 a.m. at Scotty's Cafe STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.-12:15 p.m.

# The BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

VOL. XXX-No. 6

TACOMA, WASH.

FEBRUARY - 1959



Mary Bridge Hospital and Tacoma General Hospital

PIERCE COUNTY MEDICAL SOCIETY MEETING ... TUESDAY, FEB. 10, 1959

## **Pierce County Medical Society**

#### 1959

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President-Elect	C. B. Ritchie
Vice-President	Robert W. Florence
Secretary-Treasurer	Arnold J. Herrmann
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Editor		Robert	A. O'Connell
Business	Manager		Judy Gordon
Auxiliary	News Editor	Mrs. Am	old Herrmann



#### Happy Birthday

#### February

#### 1 CHARLES B. ARNOLD

- 2 ~W. ROLAND-OLSON ARTHUR P. WICKSTROM
- 3 WILLIAM P. HAUSER
- 6 HERBERT C. KENNEDY ALFRED L. SCHULTZ DON G. WILLARD
- 14 FRANK L. WILLIAMS
- 15 PAUL E. BONDO THOMAS R. WEST
- 16 JOHN J. BONICA SCOTT S. JONES
- 20 GEORGE A. DELANEY
- 22 JOHN L. WHITAKER
- 23 PHILIP C. KYLE FRANK J. RIGOS
- 24 JAMES E. HAZELRIGG
- 25 GEORGE H. SMITH

#### NOTICE

Check back page of Bulletin for calendar of special meetings

> Front Page Picture Courtesy Richards Studio

 prompt, aggressive antibiotic action
 a reliable defense against monilial complications

both are often needed when bacterial infection occurs

# for a direct strike at infection Mysteclin-V contains tetracycline phosphate complex

It provides a direct strike at all tetracycline-susceptible organisms (most pathogenic bacteria, certain rickettsias, certain large viruses, and Endamoeba histolytica).

It provides the new chemical form of the world's most widely prescribed broad spectrum antibiotic.

It provides unsurpassed initial blood levels – higher and faster than older forms of tetracycline – for the most rapid transport of the antibiotic to the site of infection.

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It provides the antifungal antibiotic, first tested and clinically confirmed by Squibb, with specific action against Candida (Monilia) albicans.

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 Capsules
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# PROGRAM

# PIERCE COUNTY MEDICAL SOCIETY

# Tuesday, February 10

## 8:15 P.M.

MEDICAL ARTS BUILDING AUDITORIUM

**JOHN F. BRIGGS. RESEARCH DIRECTOR** 

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JESS W. READ, M.D.

Discussion of

## "Report of Commission on Medical Care Plans"

\* \* \*

A no-host social hour and dinner will precede the meeting

Social Hours:	6:00
Dinner:	6:30
Place:	Honan's Restaurant 739½ St. Helens

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Mr. J. M. Gilbertson, Vice President & Trust Officer

# Our Traveling Trust Officer visits the new West End Office for consultation

Here is sound advice for everyone. Too many men do not think seriously about what will happen to their wives and families after they are gone. The American husband, in seven cases out of ten, passes to his reward before his wife.

The most important thing for a husband and wife to realize is that there will be less money for a woman as a widow than she had as a wife. It is urgent that a husband should make plans now. Every man should have a Will. It leaves more for the wife and family.

Regardless of how small your worldly possessions, you and your wife should each have a Will. See an attorney. It will cost you less than you think. Don't put it off.

TRUST DEPARTMENT

There are many advantages to be gained by naming a bank as an executor. A bank's Trust Department is a trained business manager for your estate, backed by years of experience with financial responsibility. Importantly, it goes on forever.

Mr. Gilbertson makes many trips weekly from our Main Office to our five branches for consultation with trust clients and with those interested in creating a trust. There is no obligation for either consultation. Merely make an appointment with any Branch Manager and he will be there to consult with you.

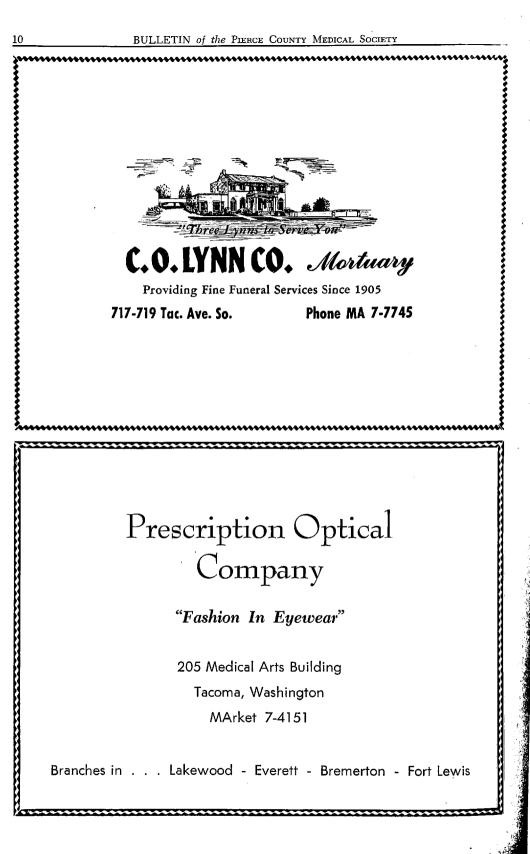
Every man should have a Will. See an attorney this week.



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Sterazolidin<sup>®</sup>: Each capsule contains prednisone 1.25 mg.; phenylbutazone 50 mg.; dried aluminum hydroxide gel 100 mg.; magnesium trisilicate 150 mg.; homatropine methylbromide 1.25 mg.





# V-KOR<sup>™</sup>... provides relief in respiratory infections

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# February Calendar of Monthly Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
	Tacoma Academy of Phychiatrists and Neurologists 8:30 p.m.			Pierce County Pediatric Society
9	10	11	12	13
	Pierce County Medical Society 8:15 p.m.			
16	17 Tacoma	18	19	20 Pierce County Industrial Medical
	Surgical Club 6:30 p.m.			Industrial Medical Bureau Board of Trustees 8:00 p.m.
23	24	25	26	27
Staff of Pierce County Hospital 6:15 p.m. and Tacoma Academy of General Practice 6:30 p.m.	Tacoma Academy of Internal Medicine 6:00 p.m.			

#### February Is Heart Month Association Seeks Funds

February is Heart Month when the American Heart Association, through its local chapters, seeks funds to support its program during the coming year. This is one of the worthiest drives and is deserving of the support of every physician in Pierce County.

The prevalence of heart disease and its drastic effects are known to all of us for, regardless of the type of practice, every physician is confronted with the problem.

We are aware of the great victories which have been made through research in recent years; we are grateful for new drugs, new methods of surgery, and new and highly accurate diagnostic techniques which are saving lives each day. But much more must be done before the chief causes of heart disease are brought under control. Cardiologists are convinced that the answers can and will be found in research—the major source of progress so far.

Heart research, neglected for many years, has only recently come into its own and the dramatic results are due, largely, to the intensive program supported by the Heart Fund.

We urge you to give generously to the Heart Fund; your contributions this month will help expand and speed this vital work.

Robert A. O'Connell, M.D. Editor

#### Doctors, Please Note!

The program for the February 10 Medical Society meeting includes a discussion by Dr. Jess Read of the "Report of the Commission of Medical Care Plans" which appeared in a special edition of the January 17, 1959 issue of the J.A.M.A. You are urged to read this report prior to the meeting.



Three Endocrinologists To Speak At Internal Medicine Meeting



Dr. Peter H. Forsham

Three outstanding endocrinologists will be guest speakers at the 1959 Annual Meeting of the Tacoma Academy of Internal Medicine to be held Saturday, March 14. Presenting papers and taking an active part in discussion throughout the day's program will be: Peter H. Forsham, Chief of Endocrinology and Metabolism of the University of California School of Medicine in San Francisco; Monte A. Greer, Head of the Division of Endocrinology of the University of Oregon Medical School; and Robert H. Williams, Head of the Department of Medicine of the University of Washington.

Dr. Forsham began his research work at Cambridge, England, where he received his B.A. and Masters degrees. After receiving his medical degree from Harvard University in 1943, he worked under and with Dr. George W. Thorn in the Peter Bent Brig-ham Hospital and Harvard until 1952, carrying on investigative work on adrenal cortical function, on diabetes and gout. He left Boston to become Director of the Metabolic Unit for Research in Arthritis and Allied Diseases in San Francisco where investigative work is carried out both on animals and humans. Dr. Forsham is Professor of Medicine and of Pediatrics, and Active Physician, University of California Hospitals; he is chairman of the national Study Section for Metabolism and Nutrition and serves on the editorial boards of four national journals.

Dr. Monte A. Greer, who obtained his medical degree from Stanford University in

1947, was active in research work in endocrinology in Boston from 1947 to 1951 where he was associated with Tufts Medical School. From 1951 to 1955 he continued his investigative work in the National Institute of Health. For his work in this field, he has received several national honors. Since 1956, he has been Associate Professor of Medicine at the University of Oregon Medical School. Dr. Robert H. Williams received his

Dr. Robert H. Williams received his medical degree from Johns Hopkins University in 1934. After a research fellowship in medicine at Massachusetts General Hospital, he was associated with Harvard Medical School doing investigation and teaching in endocrinology and medicine from 1940 until 1948 when he came to the University of Washington School of Medicine. Dr. Williams, whose "Textbook of Endocrinology" is now in its second edition, has just completed a new book entitled, "Diabetes, With a Special Chapter on Hypoglycemia", which should be off the press in June.

#### PROGRAM

#### JACKSON HALL TACOMA GENERAL HOSPITAL March 14, 1959

- 9:00 A.M.—Registration and morning coffee
- 9:30 A.M.—Presentation of interesting
- to cases by Academy members 12:30 P.M. for discussion by the guest
- speakers.
- 2:00 P.M.—Clinical Importance of Hypoglycemia
- Robert H. Williams, M.D. 3:00 P.M.—Treatment of Common
  - Thyroid Disorders Monte A. Greer, M.D.
- 4:00 P.M.—Recent Developments in Diabetes
  - Peter H. Forsham, M.D.
- 5:00 P.M.—Round Table Discussion of submitted questions
- 6:30 P.M.—Social Hour . . . Crystal Ballroom, Winthrop Hotel
- 7:30 P.M.-Banquet

Address: Recognition and Treatment of Abnormal Adrenal States

Peter H. Forsham, M.D.

AAGP CREDIT: A total of 6 hours of credit will be given to members of the Academy of General Practice who attend.

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### Dr. Eugenia Colen New Director Of Rehabilitation Center



Dr. Eugenia Colen

The Medical Advisory Board of the Puget Sound Rehabilitation Center announces the appointment of Dr. Eugenia Colen as medical director of the Center. Dr. Colen will assume the duties of director on February 2, replacing Dr. Edna Backup who has resigned the position due to her responsibilities as housewife and mother which she feels do not allow sufficient time to devote to the work.

Dr. Colen was graduated from Leiden University Medical School in Holland prior to her entry into the United States in 1952. She served a year's internship at Montefiore Hospital, Pittsburgh, which is associated with the University of Pittsburgh, and a year's residency at the Kaiser Foundation Hospital in Vancouver, Washington.

Eugenia Colen is the wife of Dr. John Colen, allergist, and the mother of a threeyear-old son. The family has resided in Tacoma since August, 1958, when Dr. John opened his office in the Medical Arts Building.

Staff meetings of the Center are held the 2nd Thursday of each month from 1:30 to 2:30.

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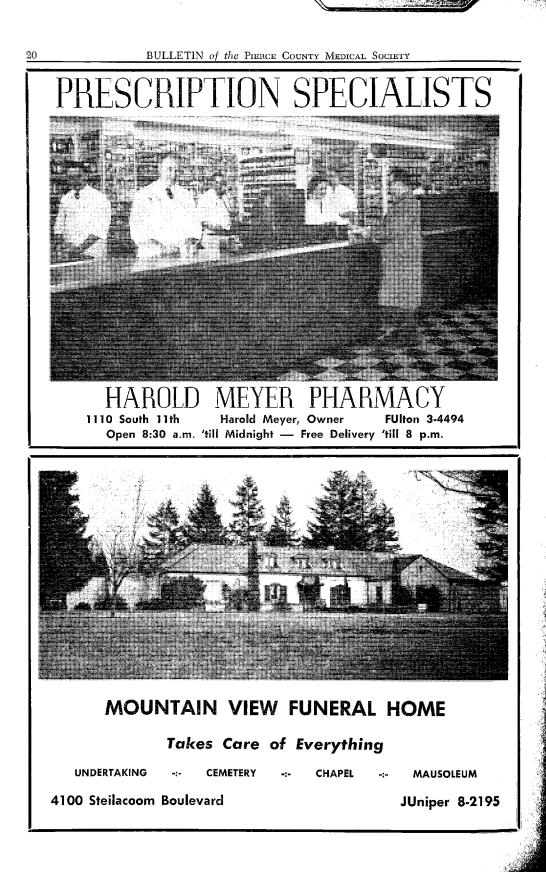




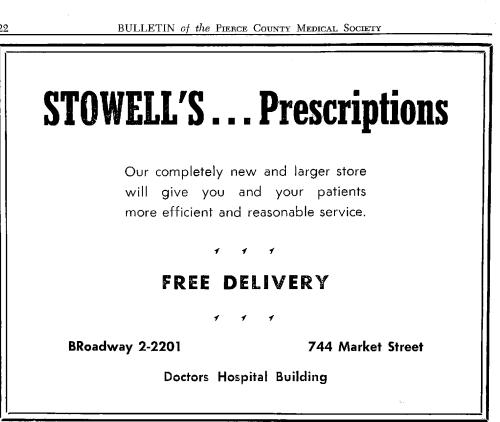
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#### Dorothy ... age 1 month

"Lactum liquid is so easy to use! I just add a canful of water to the contents of the Lactum can," Dorothy's mother says, "and there's a day's supply of formula! I spend less time in the kitchen and more time with my baby. And that's the way it ought to be."

#### Sandra ... age 2 months

Sandra's mother didn't have enough breast milk for her hungry little daughter and felt a bit guilty about it—though for the average baby, her supply would have been quite enough. The extras that Sandra needed were supplied by convenient supplemental feedings of Lactum (powder), and by Poly-Vi-Sol® drops.

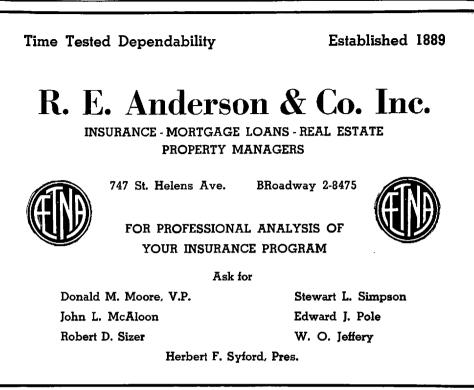


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# **WOMAN'S AUXILIARY** To The Pierce County Medical Society

#### 1958-58 Woman's Auxiliary Pierce County Medical Society Officers and Chairmen

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2nd Vice-President	Mrs. Robert Osborne
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Pagisiana	
Dehabilitetia	
T-la-la-	
Telephone	
Ioday's Health	
	Mrs. Stanley Tuell
Speakers Bureau	Mrs. Philip Grenley
Minute Women	Mrs. Stanley Tuell Mrs. Philip Grealey Mrs. W. W. Zimmerman
Heart	Mrs Robert Kallson
Mental Health	
Safety	Mrs. James Mattson Mrs. Stanley Durkin
Infantile Paralysis	Mrs. Budgas Buttorff Mrs. Hillis Griffin Mrs. W. G. Peterson
Tuberculosis	Mre Hillie Criffin
Crippled Children and Adults	Mrc W C Determin
Publicity-Bulletin	Mrs. Arnold Herrmann
Publicity Newspaper	
Fashion Show	Mrs. G. M. Whitacre
Dance	Mrs. G. M. Whitacre
Game Night	
Community Coursel	
City Council	
ony council	Mrs. John Steele

Sometime between Christmas and New Years the Bulletin copy became misplaced somewhere between the Christmas cards and the ever-flowing tide of "New Year" bills. So, to go back a bit (which is always a bad policy), we pick up the thread of the Auxiliary's activities with the Children's Christmas party which took place December 13 at Jackson Hall. The party was a social—as well as a financial success. Phyllis Erickson and her committee provided some excellent entertainment for the youngsters with everything from supervised games and story telling to songs and dances by Snow White and the Eight (that's right) Dwarfs. The puppet show was also a favorite with the young guests. Refreshments of cookies, punch and lollipops helped to make the party complete. Proceeds from this event went to purchase some much-needed equipment for the Washington Children's Home. While we are on the subject of financial successes, a report was made at the last board meeting on the recent fashion show. The report showed a profit of

\$382.97 which should help keep the newly formed Finance Committee busy.

#### **Board Meeting Briefs**

Our president, Helen Florence, received a letter from Allied Arts, Inc. which has been formed to further cultural growth in the Tacoma area. The purpose of the corporation is to unite the common interests of organizations and individuals in the arts to the end that an environment may be created in Tacoma in which all of the arts might flourish. The Public Safety building has been purchased and will be converted to a Fine Arts Center. Since it is the policy of the Medical Auxiliary not to join any fundraising organization as a group, it was suggested that members be encouraged to subscribe for individual memberships in this group. Membership dues for individuals are \$2.00 yearly. Any other questions can be answered by contacting Peggy Haley at FUlton 3-3295.

In an effort to make the Puget Sound Rehabilitation Center better known, brochures telling of the services offered by the center are being distributed to the doctor's offices. These services offer help for stroke patients, arthritis, amputees, heart, paralysis from polio or any other physical disability. The center also offers speech therapy, physical therapy, occupational therapy, and vocational guidance. There are a great number of patients who could be helped by the Rehab Center if more people knew of its existence.

At the board meeting Kay Anderson personally thanked the Auxiliary members for their response in the Heart Association drive. Seventy-five per cent of the key (Continued on Page 27)





Four weeks ago, Mrs. C. was an <u>anxiety</u> patient, complaining of weakness, trembling, sweating, tachycardia, on the slightest

exertion. Her symptoms followed family reverses; home life became disorganized, she couldn't cope with housework. Therapy with TRILAFON, 4 mg. t.i.d., and a weekly office visit to discuss her feelings have worked wonders in reactivating this patient. She's on maintenance dosage now, 2 mg. t.i.d., able to work very well, and wide-awake and active all day long.

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#### (Continued from Page 25)

women working on this drive are from our group—the organization with a heart for the heart!

The January meeting which was held in the Charles Larson home featured a guest speaker from Spokane. The speaker, Dr. O. A. Adams, a retired Orthopedic surgeon, is in his fourth term as State Representative from the 6th District. Dr. Adams posed some very poignant points on the subject of partisan (or non-partisan) politics. The guest, introduced by Donna Ferguson, was enthusiastically received by his audience who appreciated his wit and wisdom on the everlasting mysteries of politics. He highlighted his talk with current information on the widely discussed Business and Occupation tax, which directly affects the doctors. The speaker offered some sagacious advice to all voters-which in essence was to become informed on parties, platforms, and petitioners-and then do your votingbut by all means VOTE! Hostesses for the afternoon were Chairman Mrs. Thomas Smeall, co-chairman Mrs. Robert Kallsen. Assisting were Mesdames Horace Anderson, J. Robert Brooke, Ralph Huff, George Kunz, and Frank Rigos.

The February meeting will be a tea honoring the sponsors of the Future Nurses Clubs. The time will be 1:30 p.m. Friday, February 20 in the Jackson Hall Recreation Room. Chairman for the event will be Mrs. Theodore Haley with Mrs. George Tanbara as her co-chairman. Mesdames Richard Barronian, Calvin Lantz, and Maurice Yoachim will assist. There will be no board meeting preceding.

Also coming up in February will be another event of interest to all party loving members. That's the jointly sponsored Society and Auxiliary dinner dance at the Top of the Ocean. The date is February 28 and for any more information you might call Becky Banfield—SK. 2-2869. Like the "come on" some of the local theaters are using to lure the people in—we won't reveal the theme or any other vital secrets of the committee—you come and see!

#### Inter Nos

Fred and Jeanne Schwind left recently for a long awaited vacation in the Hawaiian Islands. The entire Vadheim family spent the past holidays bathing and sunning in the same locale. Also the Lou Rosenbladts were recent visitors to the Islands. Joan and H. A. Anderson are settling down for a long winter's business following their trip to Mexico.

The population of Sun Valley will be increased during February by the Ken Grosses, the Crabills, Mattsons, Kallsens, and the Durkins.

Jean Gibson, who was to be the chairman for the forthcoming dinner dance is leaving shortly for a long seige of medical and surgical treatment at the Mayo Clinic.

#### Poem See the happy moron, He doesn't give a damn. I wish I were a moron . . . My God, perhaps I am! —Anonymous.

The two top winners of the "Best Slogans" for 1958 were recently published in a weekly publication—they were submitted by a doctor and by a mother and homemaker.

The doctor's prize winner was—"Let's Help Stamp Our People." Madame Housewife wrote—"It's such a nice day—let's think of a way to louse it up!"





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# HOSPITALS ...

#### Saint Joseph's

The Maintenance Department reports that they enjoyed the wonderful Christmas party and express their appreciation to Sister Antonia and all who helped with the food and decorations for the party. We were in no need of dinner when we went home that night. Mr. Devik was especially happy as his number was drawn for first prize.

<sup>^</sup> New door jambs and trim are being made and installed in the courtyard areas. Don't be alarmed that an air attack is coming. It is only the carpenters using the router, and for a small machine it certainly makes a lot of noise. The main lobby is the latest room to get a new coat of paint. We plan on having all Departments completed before it is time to begin repaiting again.

The Preclinical students demonstrated their abilities as cooks by pleasantly surprising the Sisters with a very fine example of their culinary art during the holiday season. The festive array of holiday goodies was greatly appreciated. Thank you, girls. The

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741 St. Helens Ave. - BR. 2-6400 Tacoma 2 dramatic and vocal abilities of many of the students helped to make the holiday season very enjoyable for all. The carolling and presentation of gifts throughout the hospital att his time made the season more cheerful for those away from home at Christmas.

On December 22 the Winter Quarter began for the students. Faces that have been absent from the corridors because of affiliation may again be seen. Father Altman, S.I., is teaching psychology to the preclinical group this quarter. Miss Ewings and Miss Matz are representing the student body at the SWAN Convention being held in St. Francis Cabrini Hospital in Seattle this month. The question of the hour is: "Who will the lucky student be to go to the National Convention in May?" The State Board returns make us all very proud of our graduates as all of them passed. Congratulations to all. Miss Janet Magill scored highest in the group with many following in close succession.

Tuesday, January 13 the Nursing School Guild met in the Nurses' Home. Hostesses for the evening were Miss Konecky and Miss Blanchet who are recipients of the Guild Scholarships.

Timothy McNerthney was a patient in the Pediatric Department this month. Have you seen the lovely new scrap books in circulation in Pedi? They are a gift from Mrs. Evelina Sauvie from the Ozanam Home. She is 88 years young as evidenced by her work. Mrs. Hanson, R.N., is resigning to assume her new role of "housewife" for awhile. We are all sorry to have her leave.

Proud doctors and fathers are Drs. Eltrich, Comfort, Annest and O'Leary. The first and last were blessed with bouncing boys and the others with sweet smiling girls. Mrs. Trudy Allen graduate of '57 class is the proud mother of a little boy and Mrs. Virginia Vincent received another girl bringing the number up to five. Mrs. Stel Batsky, a nurse from Philadelphia received a beautiful boy. Back to work are Mrs. Thurston, Mrs. Valentine, and Mrs. Rud. How that flu bug does cut down on the staff| Mrs. Davies is having a tonsillectomy performed, no, she is not in Pedi.

Another score on our side. We came first on the list for the Christmas and New Year

(Continued on Page 31)

#### Family Doctors Schedule San Francisco Meeting

What does the "space age" mean to medicine? How do doctors treat bad burns? What's new in the realms of heart surgery, foot fractures, hypertension and diabetes? These and countless other questions will be answered at the American Academy of General Practice 11th Annual Scientific Assembly, April 6-9, in San Francisco's Civic Auditorium.

The scientific program will feature 28 prominent physician-authorities. More than 100 scientific and 300 technical exhibits will be prepared for the 7,000 doctors and guests expected to attend. The Academy is the nation's second largest medical association and the only American medical group organized strictly for family doctors.

Mac F. Cahal, executive director of the 25,000-member organization, says the 1959 scientific program offers an exciting and valuable postgraduate education opportunity for physicians.

The Congress of Delegates, the Academy's policy-making body, will convene at 2 p.m., Saturday, April 4, in the Fairmont Hotel. Delegates from each of the 49 states, Hawaii, Puerto Rico and the District of Columbia will meet until noon, Monday, April 6, when the scientific sessions open in the auditorium.

#### American College of Surgeons Slate Vancouver, B.C. Meet

Surgeons and related medical personnel are invited to attend the three-day Sectional Meeting of the American College of Surgeons in Vancouver, British Columbia, February 26-28, 1959. Headquarters will be the Hotel Vancouver, with sessions also at the Vancouver General Hospital.

Dr. T. R. Sarjeant, Clinical Professor of Surgery, University of British Columbia, Vancouver, is Chairman of the Advisory Committee on Local Arrangements. Assisting him are the following Fellows of the College (F.A.C.S.): Cameron S. Allen, Elliott Harrison, Gordon C. Johnston, Robert G. Langston, Henry B. Lockhart, James E. Musgrove, J. Russell Neilson, J. W. Patterson, Lawrence E. Ranta, and, from Victoria, Arthur B. Nash, and Andrew N. Reid.

The program will include scientific reports on topics of current concern such as plastic surgery of the hand, varicose veins, the bad risk surgical patient, athletic injuries, arterial injuries, the control of diagnostic radiology, treatment of breast cancer, surgical treatment of head and neck cancer, and diseases of the pancreas. A symposium on infections will be presented, in addition to symposiums on trauma and cancer. Selected medical motion pictures and cine clinic films from the 1958 Clinical Congrezwill be shown.

Dr. William L. Sloan, Vancouver, will represent the American College of Radiology in his report on Thursday afternoon. This report is one of a series being presented at each of the 1959 Sectional Meetings of the American College of Surgeons, as a cooperative program between both Colleges on the subject of patient exposure from diagnostic x-ray.

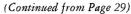
On Friday, February 27, Dr. Newell W. Philpott, Montreal, President, the American College of Surgeons, will preside at the Fellowship Luncheon open discussion on College activities.

#### American Physicians and Surgeons Assn. To Meet in Fort Worth

The Association of American Physicians and Surgeons, a national organization representing the nation's physicians in medical economics, public relations, legislation and freedom, will hold its 16th Annual Meeting of the Assembly and Delegates at Fort Worth, Texas on April 2, 3 and 4, 1959.

Ten speakers will be presented during the three days. The sessions will be presided over by Dr. Mal Rumph, President of AA PS, whose home is in Fort Worth. Some of the distinguished speakers to appear are: C. Hamilton Moses (Little Rock, Arkansas), President of the Arkansas Power and Light Company; Kent Courtney (New Orleans, La.), Publisher of The Independent American; Dr. Howard A. Nelson (Greenwood, Miss.), a past president of the Mississippi State Medical Association, and Reverend George Taggart, a Presbyterian Minister from Anderson, Indiana.

Other speakers on the program include: Dr. Charles Tansill (Washington, D.C.), author of "Back Door to War"; Dr. Robert S. Green (Cincinnati, Ohio); Dr. Howard O. Smith (Marlin, Texas), President of the Texas Medical Association, and Dr. Robert D. Moreton, President of the Tarrant County (Fort Worth) Medical Society. DAIDY DRADUCTS



babies. Professional photography is now available for all new mothers and their babies and the same individual extends his services with discount to all St. Joseph nurses and employees.

Officers and Committee Chairmen and Heads of Departments for the year 1959. Elmer Wahlberg, M.D., President; William E. Avery, M.D., Vice-President; William Rademaker, M.D., Secretary-Treasurer; William P. Hauser, M.D., Chairman, Credentials Committee; Drs. Theodore Haley, Thomas Smeall, and Robert W. Osborne are additional members of the Executive Committee.

Dr. Kanar, Intern and Resident Committee; Dr. Liewer, Program Committee; Dr. Kemp, Pharmacy; Dr. Lynch, Radioactive Isotope; Dr. Stanley W. Tuell, Medical Records; Dr. D. G. Kohler, Library; Dr. Gibson, Tissue Committee; Dr. George Tanbara, Perinatal; Dr. Vimont, Infection; Dr. Rowen, Head of Internal Medicine; Dr. W. W. Mattson, Surgery; Dr. Kittredge, Pediatrics; Dr. Goering, Orthopedics; Dr. McColl, Pathology; Dr. Pratt, Anesthesia; Dr. Harrelson, General Practice; Dr. Kyle, Ob-Gyn; Dr. Grenley, Urology; Dr. Maki, X-ray; Dr. Drues, EENT; Dr. Kass, Neuropsychiatry.

#### Doctor's

In the November, 1958 issue of your Bulletin, this reporter stated that at certain times he would deviate from the usual pattern of news in order to bring the physicians of Pierce County information pertaining to the personnel at The Doctors Hospital of Tacoma.

On February 1, 1959, all of us in the hospital and all of the physicians who use the hospital will feel a very great and personal loss in the retirement of Mr. Alfred Berntsen.

Mr. Berntsen arrived at the Doctors Hospital building on January 2, 1945. He was employed by the late A. W. Bridge, M.D. as Maintenance Engineer for the then Bridge Clinic and Hospital. Mr. Berntsen or "Ăl" as he has become known over the years, has served continually the Pierce County Industrial Medical Bureau when it took possession of the property in June. 1946 also the new Doctors Hospital of Tacoma Corporation, which took possession of the building in July, 1957. Al is the oldest active employee in both of these organizations.

(Continued on Page 32)

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#### (Continued from Page 31)

Mr. Berntsen and his wife, Gladys, will celebrate their 40th wedding anniversary in July, 1959. Their fine family consisting of Robert, who is a Supervisor for the Pacific Telephone and Telegraph Company and Donald, who is an Engineer for the Boeing Aircraft Corporation and their grandchildren will join with us in wishing Al and his wife much happiness in their well earned retirement.

The many in the medical community, and those of the Doctors Hospital personnel who have called on Al at various times for construction or building advice for their homes or offices, are conscious of the perfection of Mr. Berntsen's work. As Al says, he "would rather make a cabinet than eat", and certainly the finished product is proof of the pride of workmanship and skill that is the envy of all of us "Do It Yourself" amateurs.

Mr. Berntsen and his wife, Gladys, are ardent fishermen and together have traveled to the far away places of the State of Washington in search of new fishing grounds. As to who is the best fisherman, Al admits that Gladys can catch two fish to his one. His biggest mistake was the day, about ten years ago, when he introduced her to the pleasures of fishing. Now he can't match her skill and she is more anxious than he for a new expedition.

At his home, Al has one of the most complete cabinet shops in Tacoma. It is his intention to pursue this hobby in his retirement. To any who might be interested in requesting his consultation services, we at Doctors Hospital caution you that the line must form to the right as we have enough demands to keep him busy for quite some time.

At this writing, plans are being made for a buffet luncheon in honor of Mr. and Mrs. Berntsen to be held at The Doctors Hospital on January 28 from 12:00 to 2:00 in the afternoon. A notice posted in the Doctors Room inviting all of the staff and physicians of Pierce County, who might be available, as well as the personnel of the

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hospital and Pierce County Industrial Medical Bureau assures us of a large turnout of Al's friends to pay him honor.

This reporter has not known Al as long as many of the people who have been associated with him in the various organizations over the years. I feel that the respect and affection which all hold for him speaks more eloquently as a tribute than any other single factor. Al's ability to accept each of us-physician, nurse, and other personnel as we are, as well as his innate courtesy, his willingness to help, his desire to please, has earned for him the greatest tribute of all, Al Berntsen is a gentleman. We know that no one will ever replace Al in our affection and esteem. That is as it should be. To Alfred and Gladys Berntsen we sincerely repeat the words of the biblical philosopher, "May the Lord watch between me and thee while we are absent one from the other."

#### Liaison Committee Appointed By Mental Health Association

A liaison committee from Mental Health Associations with Western State Hospital has been appointed, as announced today by Wayne Gardner, president of the Tacoma-Pierce County Association for Mental Health. Appointed as chairman of the committee is John Brottem, Tacoma accountant.

Assigned duties of the committee will be to study problems relating to Western State Hospital and to make recommendations for both local and State Association action. Among the priority goals will be the establishment of a merit system for all employees. Among the top priority also will be the matter of reaccreditation of the hospital by the American Medical Association in order that it may once again train personnel in the field of psychiatry.

"The Committee is authorized to give Western State Hospital any necessary support and cooperation to improve its program and facilities," said Mr. Gardner. "Credit must be given to the staff who have been working under difficult odds in outdated buildings and with too many patients to handle."

Members of the committee will include Dr. Harold B. Johnston, Col. Alva E. Miller, Dr. John B. Marks, Mrs. Leah Cashar, R.N., Mrs. Frank Steele, Mrs. Julia F. Brasmer, Dr. Daniel J. Thomas, Mrs. Jack Warnick, D. Patrick Miller, Mrs. Hugo Metzler, Jr., Mr. Warren Winslow, Olympia; Mrs. Payson Jeynes, Mr. George Lagerquist, and Mr Robert A. Parker.

#### Flu Shots Urged For Heart Patients

A joint statement recommended that persons with heart or blood vessel disease obtain vaccinations against influenza has been issued by the American Heart Association and the United States Public Health Service.

The joint statement, issued recently, said, "Experience has shown that patients with heart or lung diseases are more susceptible to the hazards of influenza than is the general population. This increased risk is shown by more severe illness and by higher case fatality rates among patients with these diseases. Patients with, or prone to, pulmonary congestion secondary to heart disease are an especially high risk group.

"Studies with influenzal vaccine have clearly shown that its use significantly reduces the incidence and probably the severity of influenzal infection, in the presence of local or widespread epidemics. Furthermore, use of the vaccine is contraindicated only in those patients who are allergic to the components of the vaccine. The type of local and systemic reactions to vaccine have not been such as to constitute any significant hazard to patients with cardiac disease.

"Therefore, the American Heart Association and the Public Health Service, through its National Heart Institute, wish to call these facts to the attention of all physicians throughout the country. It is further urged that persons with cardiovascular disease consult their physicians as to advisability of obtaining influenzal vaccination."

#### Medical Terminology Class Again Offered By Vocational School

A class in medical terminology will again be offered by the Tacoma Vocational-Technical School beginning February 19, 1959.

The class is being offered to medical secretaries, nurses or others who may be interested in building a medical vocabulary. Classes will be held Tuesday and Thursday evenings from 7:00 to 9:00 p.m. beginning Thursday, February 19 and ending Thursday, May 28, 1959. The instructor will be Mrs. Ann Kelly

The instructor will be Mrs. Ann Kelly March, medical record librarian at Mary Bridge Children's Hospital.

The class will be limited in number so those interested in enrolling should call BR 2-9367 to secure their place in the class.

#### What Does the Public Read?

A monumental nationwide study, sponsored by the National Association of Science Writers and supported by a grant from the Rockefeller Foundation, strongly indicates that the American public has a big appetite for science news, especially medical.

But the surprising conclusion is that because of space limitations all "mass media are transmitting only a microscopic part of the mountainous supply of science information potentially available to them."

The study revealed, for example:

-Medical reading is more prevalent among women than men.

—Medical reading increases with age, but there is a sudden drop in the group 65 and over.

—The west leads in the percentage who read all medicine, and the south and northeast trail.

-The science consumer (the reader or TV viewer) retains a lot of what he reads and hears.

-Medical stories center around the major diseases.

—Information that can be applied in everyday life is largely of the medical type.

—Almost one-third of the newspaper audience wants more science news, and almost one-half wants more medical news.

—The science consumer prefers to receive science and general news via the written media.

-Based on newspaper readers only, 41 per cent reported that they read all medicine and health news, 35 per cent said they read some, 13 per cent said they glanced at it, and only 10 per cent said they skipped over it.

-Medical and public health news ranked third in readership, only local news and names in the news being read more.

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References: 1. Feinberg, A. R., et al.: J. Allergy 29:358 (July) 1958. 2. Eisenberg, B. C.: Clinical Medicine 5:897-904 (July) 1958. 3. Robinson, H. M., et al.: J.A.M.A. 161:604-606 (June 16) 1958. 4. Robinson, H. M., et al.: So. Med. J. 50:1282 (Oct.) 1957.

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#### Dr. B. A. Bader To Head Pierce County Community Health Week

Dr. Bernard A. Bader, will head the 1959 observance of Pierce County Community Health Week, according to a report issued by Dr. Cecil R. Fargher, Director of Tacoma-Pierce County Health Department.

In accepting leadership of the effort Dr. Bader explained that for the past two years Community Health Week, a 7 day period around the end of March, has given the public a chance to learn what services are available to them through the various public and private health agencies in Pierce County. He also pointed out that the agencies have used such devices as films, open houses, talks, and window displays to tell their stories.

Previously the Community Health chairman and his committee had been helped in their planning by the Health Section of the Community Council; this year the Tacoma-Pierce County Health Department will provide such assistance.

"PATRONIZE OUR ADVERTISERS"

#### "The Book"

For those of you who expressed interest in the voyage of the old lumber schooner last year, I would like to announce the publication of "The Book". "The Schooner That Came Home," by Harlan Trott, takes excerpts from the log of the trip and intersperses historical data about the coastwise trade under sail at the turn of the century.

You are welcome to borrow my copy or you may send for it: To: Cornell Maritime Press, Cambridge, Maryland. Price: \$3.50.

-R. A. Norton, M.D.

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### MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA Second Monday of March, June, Sept., Dec.-7:30 p.m. Auditorium of Medical Arts Bldg. STAFF OF GOOD SAMARITAN Second Monday of March, June, Sept., Dec.-6:30 p.m. STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.-6:15 p.m. STAFF OF PIERCE COUNTY Last Monday of each month-6:15 p.m. TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS First Tuesday of each month—8:30 p.m. Board Room of Pierce County Medical Society PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the month-8:15 p.m. STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.-6:30 p.m. TACOMA SURGICAL CLUB Third Tuesday of each month-6:30 p.m. at Tacoma Club TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club TACOMA ACADEMY OF GENERAL PRACTICE Fourth Monday of each month except June, July & August -6:30 p.m. at Honan's PIERCE COUNTY PEDIATRIC SOCIETY First Friday of each month except June, July and August STAFF OF MEDICAL ARTS HOSPITAL Third Friday of March, June, Sept., Dec.---7:15 a.m. at Scotty's Cafe STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.-12:15 p.m.

# The BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

VOL. XXX-No. 7

TACOMA, WASH.

MARCH - 1959



Mary Bridge Hospital and Tacoma General Hospital

PIERCE COUNTY MEDICAL SOCIETY MEETING . . . TUESDAY, MAR. 10, 1959

#### 2

### Pierce County Medical Society

#### 1959

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G. M. Whitacre

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Murray L.	Johnson
Herman S.	Judd

ALTERNATE DELEGATES Adams Glenn G. McBride Ferguson Frederick J. Schwind

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#### Happy Birthday

#### March

- 2 ERNEST L. RANDOLPH
- 4 LOUIS ROSENBLADT GOVNOR TEATS
- 5 HOWARD PRATT
- 6 EDWARD McCABE
- 8 WILLIAM HILL
- 9 ROSS McPHAIL
- 11 J. EDMUND DEMING
- **15 BRYCE BETTERIDGE**
- 17 RUSSELL COLLEY
- 18 ROBERT O'CONNELL
- 20 FRANZ HOSKINS ALBERT SAMES
- 22 ROBERT KLEIN JOHN LIEWER CHARLES MARSHALL
- 24 ROBERT CRABILL
- 25 ROBERT BURT GERALD KOHL
- 26 ROSS WRIGHT
- 27 ROBERT KRAFT
- 31 FREDERICK PAINE

#### NOTICE

Check back page of Bulletin for calendar of special meetings

> Front Page Picture Courtesy Richards Studio

prompt, aggressive antibiotic action a reliable defense against monilial complications

both are often needed when bacterial infection occurs

# for a direct strike at infection Mysteclin-V contains tetracycline phosphate complex

It provides a direct strike at all tetracycline-susceptible organisms (most pathogenic bacteria, certain rickett-sias, certain large viruses, and Endamoeba histolytica).

It provides the new chemical form of the world's most widely prescribed broad spectrum antibiotic. It provides unsurpassed initial blood levels – higher and faster than older forms of tetracycline – for the most rapid transport of the antibiotic to the site of infection.

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# PROGRAM

# PIERCE COUNTY MEDICAL SOCIETY

# Tuesday, March 10

### 8:15 P.M.

MEDICAL ARTS BUILDING AUDITORIUM

ø

-

## THE NATIONAL PICTURE

General discussion by the membership of the following 3 questions posed by the A.M.A. and referred to County Societies by the Washington State Medical Association:

# Free Choice of Physician

# **Closed Panels**

### The Aged

#### Moderators: Homer W. HUMISTON, M.D.

#### AND

JESS READ, M.D.

\* \* \*

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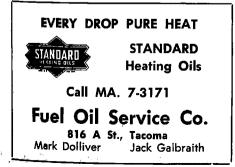
CAMBRIDGE ELECTROCARDIOGRAPHS

WILMOT CASTLE STERILIZERS AND LIGHTS

SKLAR, HASLAM AND LAWTON SURGICAL INSTRUMENTS

# March Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Staff of Tacoma General 6:30 p.m. Tacoma Academy of Psychology and Neurology	4	5	6 Pierce County Pediatric Society
9 Staff of Doctor's Hospital 7:30 p.m. Staff of Good Samaritan 6:30 p.m.	10 Pierce County Medical Society 8:15 p.m.	11	12	13
16 Staff of St. Joseph's 6:15 p.m.	17 Tacoma Surgical Club 6:30 p.m.	18	19	20 Staff of Medical Arts 7:15 a.m. P. C. I. M. B. Board of Trustees 8:00 p.m.
23 Tacoma Academy of General Practice 6:30 p.m. 30 Staff of Mt. View General 6:15 p.m.	24 Tacoma Academy of Internal Medicine 6:00 p.m.	25	26	27 Staff of Mary Bridge Children's Hospital 12:15 p.m.



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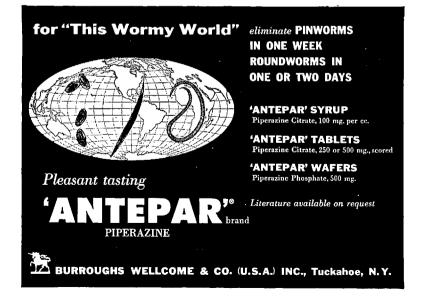
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#### Dorothy ... age 1 month

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#### Sandra ... age 2 months

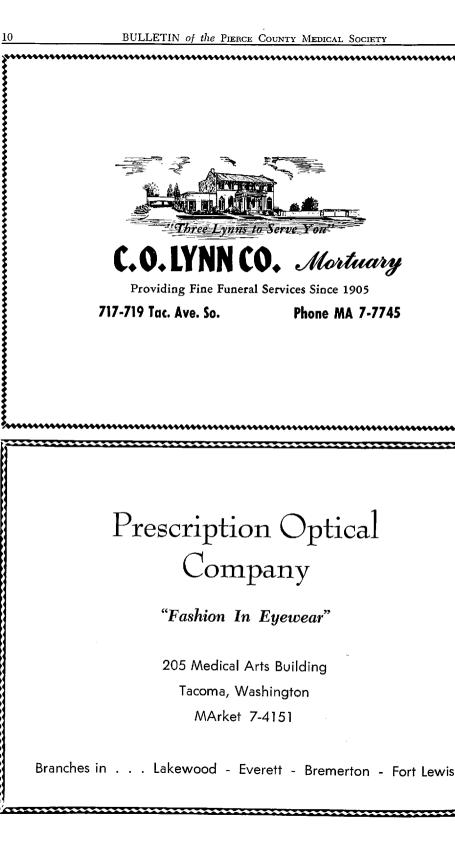
Sandra's mother didn't have enough breast milk for her hungry little daughter and felt a bit guilty about it --though for the average baby, her supply would have been quite enough. The extras that Sandra needed were supplied by convenient supplemental feedings of Lactum (powder), and by Poly-Vi-Sol<sup>®</sup> drops.



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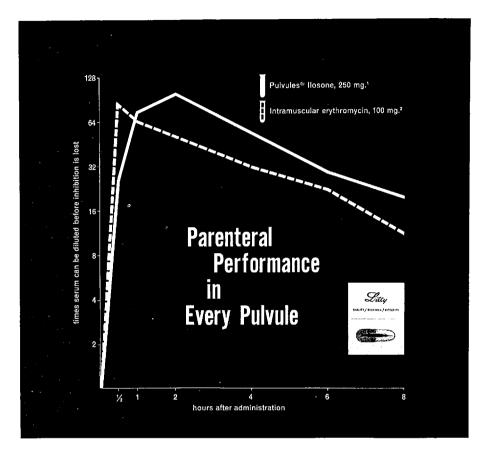


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1. Antibiotic Med. & Clin. Therapy, 5:609, 1958.

2. Data from Antibiotics Annual, p. 269, 1954-1955.

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## Letter to the Editor

To Whom It May Concern:

An unusual opportunity is now available for a physician interested in a rural practice in the town of Tekoa, Washington (population 1,000). This town is situated south of Spokane in the upper portion of the rich wheat and pea-growing farmlands of the Palouse Hills. The town is 3 miles from the Idaho border and about 20 miles from the lower end of Coeur d'Alene Lake.

This practice is unopposed. There is no sale price. The office is rented at \$145.00 a month and includes a large waiting room, receptionist's office, 2 examining rooms, 2 doctor's offices, a minor surgery room, EKG-BMR room, infant examining room, and fluroscopy room. The equipment to fill these rooms is also rented at \$175.00 a month. The equipment is in good shape, is modern, and entirely satisfactory. For example, the X-ray unit is a 200 M.A., rotating head, with a G.E. tilt table. The annual gross income in this office over the past 5 years has been \$48,000.00. Our gross income in 1958 was \$49,500.00. Our individual net income was \$12,750 a piece. The operating expense of the clinic closely approximating 50%. At the present time we employ a receptionist-secretary, a nurse, and lab-technician. They are wonderful, loyal people and all would be available to continue in their preesnt jobs. I am certain that one physician could easily net \$18,000-\$20,000 a year and be overly busy only during the months of January, February, and March.

Tekoa is located in the heart of excellent bird hunting; viz. pheasant, Hun, and some quail. The local deer hunting is good. Within 30 miles to the North, East, or West is some of the best lake fishing in the entire Northwest. Coeur d'Alene Lake to the East yields bass to 7 lbs., cutthroat and rainbow trout to 20 inches, and Kokanee salmon or "blueback" to 16 inches. A true fisherman's paradise.

If any intern or resident reading this description is truly interested, please contact us at the above address and we will arrange a personal interview with you at your .hospital or in Tekoa (as our guest, expense-paid) whichever is more convenient for you.

Sincerely, Edward Purdey, M.D. Tekoa, Wash.

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## WOMAN'S AUXILIARY To The Pierce County Medical Society

1958-59

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Safety	
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Fashion Show	Mrs. G. M. Whitacre
Game Night	
Gity Council	Mrs. Wm. Goering

## "Man may work from sun to sun, "But woman's work is never done."

Of course you'll find lots of grounds for debate on this hackneyed expression, but most of our auxiliary members really put forth their best efforts when called upon to work for the cause. The February Tea honoring the sponsors of the Future Nurses Clubs was no exception. It was planned with taste and discrimination and with every thought for your enlightenment and entertainment. Unfortunately, there was a conspicuous absence of auxiliary members at said tea. Perhaps the flu bug-or winter vacations - nevertheless, the committee members did their best for you. Honorees at the tea were Future Nurse Club Sponsors Mesdames Merrill J. Wicks, Edward Eylander, Glenn Brokaw, Carl Granquist and Merle Klack. The F.N.C. sponsors were presented with daffodil corsages. The tea table generated a welcome breath of spring with pink snapdragon, red tulips and iris set off by tall green tapers. Wanda Gren-elle of Wilson High School and Charlotte Lawson of Lincoln spoke to the auxiliary members and guests on the significance of

the Future Nurses Clubs in the high schools. A student nurse from St. Joe's Hospital on the Pierce County Medical Auxiliary scholarship spoke to the group of her nursing experiences and her appreciation to the auxiliary. Nadeen Kennedy poured despite a broken leg she incurred on a skiing trip.

At this writing the decorating committee for the combined Society-Auxiliary Dance is busily engaged in plucking greens, camellias, digging out small size swimming pools and anything else that might help stimulate the lush green, tropical look of the Hawaiian Islands. We'll relate more about a Night in Hawaii in the next bulletin. Hope to see y'all there.

Following a Night in Hawaii we're hoping all of you good members will accompany us to "A Night in Reno." This will take place April 18th—that's on Saturday at the University-Union Club. A social hour will begin at 6:30 followed by a buffetstyle dinner. Oh yes!—Guests are not only welcomed—but encouraged—this is to help finance the auxiliary's varied projects. Among them the A.M.E.F., Rehab., Nurses Scholarships and Future Nurses clubs. So come on to Reno—April 18th—don't forget this time! Ruth Murphy is chairman for this event.

## Inter Nos

The S. F. Herrmanns are relaxing in sunny Hawaii. Most of our other members, however, seem to be heading for the snowy climes or climbs. Added to this list of everincreasing snow sports enthusiasts are Don and Kay Willard who will spend some time in Sun Valley. Our Medical families represent a goodly per cent of the skiers in this area. Who knows — we may be training another Gretchen Frazer or Bev Anderson.

The surgical meeting in Vancouver will vie with our "Night in Hawaii" for attendance records. Some couples not to look for at the dance are the Flynns, Willards, Tuells, Osbornes, Petersons and D. Staatzs.

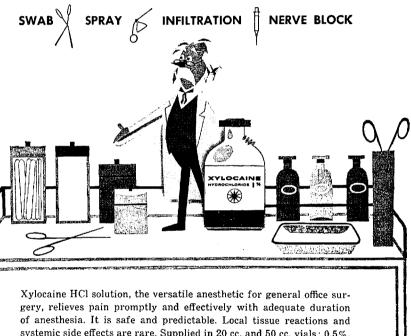
We're sorry to hear . . . Irma Wahlberg was hospitalized recently for a respiratory ailment. Also—sorry to hear Beth Pratt is going on the inactive list as far as the auxiliary is concerned for a much needed rest. Beth, as most of you know, has been doing our publicity this year and, as always, do-

## (Continued on Page 17)



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## (Continued from Page 15)

ing a fine job too. Beth has been one of the most energetic auxiliary workers from the beginning of her membership. She has served in many capacities on the board and in every instance her service has been a masterpiece in perfection. Hurry back Beth!

While Beth is on sabatical leave, Lorna Burt will take over her duties as Publicity Chairman. Lorna did the excellent piece in Sundays' paper on the forthcoming dance. Nadeen Kennedy — broken leg and all wrote the publicity for the Future Nurses Club tea—as well as pouring.

Our most heartfelt condolences to the John Comforts on the loss of their infant son.

We're happy to hear that Jean Gibson is back in town following extensive treatment at Mayo's. We hear Jean is feeling fit once again—even though she is confined to the last creation in plaster of Paris—direct from Rochester.

The next meeting will be March 20th at the home of Billie Jean Murphy, 2907 North 27th St. This will be a 12:30 luncheon. The state auxiliary president, Mrs. Clarence Lyons of Spokane, and the president-elect, Mrs. John Nelson of Longview, will be guests of honor. Let's truly honor them with a large turnout of members. Chairman for the luncheon is Mrs. Don Willard. She will be assisted by Mrs. Albert Sames, as her co-chairman, and Mesdames David Hellyer, M. Edward Lawrence, William Mattson, Jr., William Rosenbladt and William Voorhees, Jr.

## Tacoma-Pierce County Association for Mental Health

An increase of 393% in the number of requests for services was experienced in 1958 as reported from the offices of the Tacoma-Pierce County Association for Mental Health.

A total of 630 requests for services of all kinds, varying from an inquiry as to where one might obtain a psychiatrist to a request for a speaker for an educational program, had been received during the year 1958. 235 of these were made by individuals with emotional problems seeking some kind of help. Of these, 213 had been given information about local services available; 22 others were given other type of information or advised that no help was available for them.

32 patients under treatment at the mental

hospitals or under private practitioners were helped by the Association. These included activities in the club for recovered patients, or provided rehabilitation services in the office workshop at the Association office.

16 volunteer projects as requested by individuals or organizations were provided. These may have included providing transportation for patients from the hospital or taking patients to stores for purchasing clothing and supplies.

20 requests for consultation in program planning had been filled by the Association staff. In addition, there were 318 requests for educational programs of some sort, or other educational information requested.

Among the requests for educational maaterial and programs were 89 requests for speakers by various organizations, 62 films have been shown throughout the year on mental health, and there were 125 requests for educational materials. Seven tours were conducted at the MH office and 11 exhibits at various meetings were manned by volunteers. The Association library served 24 individuals and organizations. An advisory committee under the chairmanship of Mr. and Mrs. George Lagerquist has been appointed to assist in the operation of the Association's Information Services Bureau. The Information Services Bureau receives its administration funds through the U.G.N.

## Proceedings of AHA Scientific Sessions Still Available

The Proceedings of the American Heart Association's 31st Annual Scientific Sessions, held in San Francisco, October 24-26, 1958, which include 342 abstracts of current investigative work, may still be obtained by interested physicians and scientists.

Also included in the Proceedings are summaries of the Lewis A. Conner and George E. Brown Memorial Lectures, delivered respectively by Dr. John H. Gibbon, Jr., Professor of Surgery, Jefferson Medical College, Philadelphia, and Dr. Lewis Thomas, Professor and Chairman, Department of Medicine, New York University College of Medicine. To serve as a useful reference to physicians, abstracts are arranged in alphabetical order according to senior author.

The 143-page, paper bound volume may be obtained at \$2.00 a copy from the American Heart Association, 44 East 23rd St., New York 10, N. Y.

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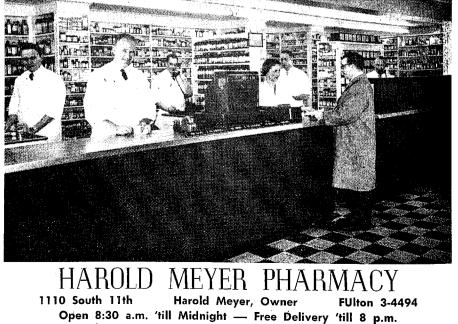
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# PRESCRIPTION SPECIALISTS



## HOSPITALS ...

## Saint Joseph's

A Valentine Tea and Hobby Show sponsored by the class in Pediatrics with Mrs. Otto as chairman was held in the department on Sunday, February 8, 1959. The crafts and hobby material displayed and demonstrated were enjoyed by patients and visitors alike. We are indeed grateful to Mr. and Mrs. Keinman of the Stadium Toy and Craft Shop for their display and demonstration of the various craft materials. About thirty people attended the show and tea that followed. A very attractive table with Valentine decor was presided over by Mrs. Otto and many of the guests stayed to chat and visit the department.

The valentines made by the Lady of Lourdes children's group were appreciated by the children. We say "thank you" for all the little ones. Valentine Day is a big day for them and they look forward to it and receiving the heart shaped tokens. A word of thanks to the Future Nurses' groups from both Lincoln and Aquinas Academy High Schools. The fabulous number of hours signed up for is really mounting. The children love to have the girls visit, read, and play with them.

Bowling is the new sport of the hour for the student nurses. Five teams are in play and the girls are enjoying the sports. We are grateful to Dr. Magnussen for his interest and help in organizing the teams. So far two teams have sponsors. They are the Western Clinic and the Red Cross Drug. We are on the look out for anyone who might be interested in sponsoring a team. On February 4th the students from Tacoma General entertained the Student Body from St. Joseph's with a spaghetti dinner. The evening was spent informally visiting and in group singing. We are looking forward to being able to entertain them in the near future.

At sometime in everyone's life, there comes an unforgettable day. Here in our Maternity Department it happened in early February to a Tacoma couple when they received within the space of two years two set of twins—the older set being permitted to peep through the nursery window at their brand new brothers, but only the pen of an angel could adequately describe the reaction. Speaking of twins, four sets have been born at St. Joseph's during the last two weeks of February.

Without F

The nursery crew are happy now and deeply grateful to have two Isolettes in operation for past experience has proved them invaluable for the care of tiny, tiny babies. We will be eternally grateful to our Doctor benefactors.

Valentine's Day was celebrated with a modest party and oh, yes, a diamond flashes back and forth on Miss Trunk's left hand. Winter and its joys are quickly passing but Mrs. Magley will ever remember the overnight snowfall of 1958—she came to work in a snow plough.

Familiar faces have returned. Mrs. Poole and Mrs. Pape are replacing Rita Bollig and Mrs. Williams. Mrs. Carbone more commonly called "Josephine" has been ill for many weeks, and faithful Mrs. Gislasson who has been working the afternoon shift fractured her arm on her way home from work. Mrs. Longabough, R.N., graduate of St. Peter's, Olympia, is working 11-7 and Mrs. Davies from Bellingham is working 3-11.

We are happy to have Sister Evelina back with us again after two years of study at Marylhurst and St. Louis University.

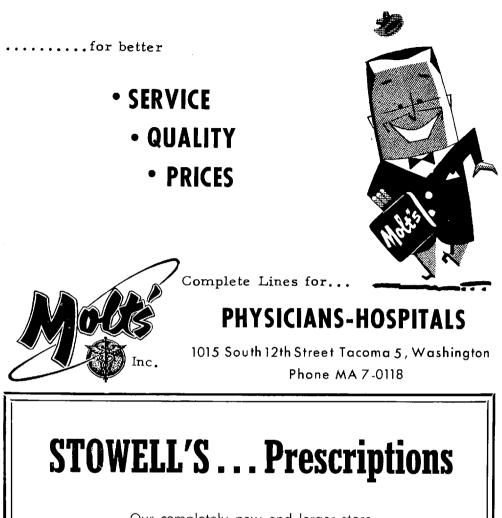
Mrs. Margie White (O'Connor) has been helping in the Medical Record Department over the holidays. Mrs. Thyra Arness is celebrating the birth of her latest granddaughter. Karen Leslie was born January 26, 1959 and was most welcome by her parents Mr. and Mrs. Douglas Corns and Mr. and Mrs. Carl Arness, grandparents and her two older brothers.

Our deepest sympathy is extended to Dr. and Mrs. John Comfort on the death of their baby, Mary Margaret.

The Medical Record Personnel are extra busy since the new year, not only checking in "in-patients" but also checking the outpatients. If you don't think we are busy, just come in and we will put you to work the doctors we mean.

## Tacoma General

The prevalence of skiing accidents this year has affected even our own personnel. Ken Ollar, hospital photographer, was on crutches for several weeks because of a broken leg. At the same time Dr. Kraft, resident pathologist, was carrying his arm in a sling, the result of a sprained shoulder from a skiing fall. Congratulations go to (Continued on Page 23)



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## (Continued from Page 21)

Ann Barlow, bacteriologist, who returned from a week of skiing at Sun Valley with a beautiful tan and no mishaps.

Dr. Charles P. Larson served as the Pathologist on the Cancer Panel for the Department of Health, Education and Welfare in Chicago on February 25-26. From there he went to Washington, D.C. to serve as consultant for the AFIP for four days. While there he also attended a meeting of the HEW Department.

April 12 is the date of the Capping of the 48 students in the School of Nursing who have successfully completed their probationary period. The services will again be at the First Methodist Church.

David Clinton Breneman arrived on February 13, Friday the 13th in fact, and was joyfully received by the entire staff of Tacoma General Hospital as well as his proud parents. His mother, Jane, had been a member of the staff of the Clinical Laboratory for the past ten years, and is beloved by everyone.

In January, Dr. Johan B. de Vries completed his one year of internship. After a fast trip to Holland because of the illness of his father, he went to Providence Hos-



pital in Portland, Oregon, as a resident in surgery. His place on the intern staff has been taken by Dr. H. David Sammann, whose medical degree is from the University of Heidelberg. His pre-medical work was done at Seattle University, and from 1943 to 1946 he was in the U. S. Naval Hospital Corps, doing work in epidemiology.

Dr. M. J. Wicks has just returned from meetings in New Orleans. He attended the Councillors Meeting of the ASCP, the regional meeting of CAP, and the Board Meeting of AABB. His description of the French Quarter, "THE NUTS."

## Mountain View General

Dr. Donald Molinero, formerly an intern, then, a resident physician, at this hospital has left with Mrs. Molinero and their three lovely children to make his home in Sunnyside, Washington, where the doctor will enter general practice.

Dr. James F. Graham filled the vacancy left by Dr. Molinero. A native of New York, Dr. Graham graduated from Ohio Wesleyan University, then received his Medical degree from Ohio State University, Columbus, Ohio, in 1955. Following this, he interned at Seaside Memorial Hospital, Long Beach, California. In 1956 he became Contact Surgeon in the out-patient department at Wright Patterson AFB, Fairborn, Ohio, then entered active duty in the Army Medical Corps. He later served as base surgeon at Killeen Base, Texas until his discharge in December, 1958. Killeen Base is a part of the Armed Forces Special Weapons Project. During service, Dr. Graham attended the Special Weapons Medical symposium in Albuquerque, and was special observer at Eniewietak Proving Grounds — Operation Hardtack. He then attended the symposium on Management of Mass Casualties at the Army Medical Service School, Ft. Sam Houston, Texas. Dr. Graham is married and has 3 stalwart sons, aged 5½, 4 and 2 years. After completing residency here, Dr. Graham plans to do general practice in the Northwest.

A most interesting letter with return address, % American Consulate, 16th de Septiembre, 489, Guadalajara, Jaliaco, Mexico, was received recently from Mrs. Hazel Mc-Mayburn, long-time, and honored Librarian of this hospital. The letter is so extensive and filled with notable events of Mrs. Mc-Mayburn's daily life among the delightful natives she has met, that it is impossible

(Continued on Page 25)

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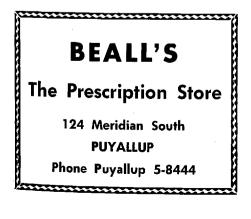
Herbert F. Syford, Pres.

## (Continued from Page 23)

to record it here. However, it may be found in the office of Nell Satter, Chief Housekeeper, by anyone who wishes to read this good letter. It can be said, though, that Mrs. McMayburn does not plan to return as soon as she contemplated upon leaving Tacoma, and will continue to stay in Mexico during the coming summer. She also states that she will be happy to answer any questions, which she can, that are sent to her.

Another recent traveller reports a glorious month's motor trip in the south. Jessie Haycock of Social Service, and husband, Joe, returned on January 28 after attending , the fabulous Rose parade in Pasadena, and then the football game, the outcome of which pleased Jessie, a native of Iowa and a graduate of Ames. The trip included stays in Utah where they visited in St. George, Mr. Haycock's boyhood home. Here, they watched the filming of a soon to be re-leased movie "They Came to Cadover" with Cary Grant in the lead. They returned to San Francisco, via Las Vegas, then drove leisurely up the Coast Route back home. In Pasadena and in San Francisco they were guests at the homes of both Jessie's and Joe's relatives, who made the visitors' stay most pleasant with daily motor trips to outlying points of interest about Hollywood and the Peninsula.

From the housekeeping department comes word that the Executive Housekeepers of the Puget Sound Chapter had a dinner meeting at Doctors Hospital, Seattle, February 13. Madge Sidney, consultant for the magazine, Modern Hospital, on housekeeping problems was hostess, and Mr. Franklin Mahon of the General Service Administration had charge of the program in which he presented the subject, "Objective for Custodial Activities."



Two new members of the Laboratory Technician force are Marguerite Hoffman and Suella Mayes. Marguerite, a graduate of Seattle University, Seattle, received her training at Virginia Mason Hospital, and the Mason Clinic, Seattle, before coming to Tacoma. Suella, a graduate of East Central State College, Ada, Oklahoma, trained at Valley View Hospital, Ada, Oklahoma, and came to Tacoma with her husband, Wayne, who is stationed at Fort Lewis.

The Medical Staff Officers of Mountain View General Hospital for 1959 are: President, Dr. Murray Johnson Vice-President, Dr. Dale Doherty Secretary, Dr. Claris Allison Chairman Intern-Resident Committee, Dr. Robert Lane Chief of Surgery, Dr. Warren Smith Chief of Medicine, Dr. Robert Lane Chief of OB-Gyn, Dr. Douglas Buttorff Chief of Orthopedics, Dr. Wendell Peterson Chief of E. E. N. T., Dr. Haskel Maier Chief of Pediatrics, Dr. Bernard Bader Chief of Radiology, Dr. Frank Rigos Chief of Anesthesiology, Dr. John Bonica Chief of Pathology, Dr. J. L. Whitaker Chief of Dentistry, Dr. Burton Goodman

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- Q. Which patients are eligible?
- A. The injured, e.g. the arthritic, the paretic and paralytic, the spastic, the laryngectomy patients, the cardiac and pulmonary cripples, etc.
- Q. How can service be applied for?
- A. Through referral per attending physician only.

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"It has ruffles," says Colleen Harkins, Pierce County's Easter Seal Child for 1959. Young as she is, she's as feminine as they come, takes real delight in her new pinkand-white spring finery, as brother Bernard, six helps tie that allimportant bow.

## Easter Seal Campaign

Colleen Harkins, four-year-old daughter of Mr. and Mrs. James Harkins, 1611 South 117th Street, Tacoma, is as Irish as her name, and as pretty as any colleen in Dublin.

With the smiling Irish eyes that are rightfully her heritage, for all her grandparents come from Ireland, Colleen intends to win Tacoma hearts as the Pierce County Easter Seal Child for 1959.

A nursery-school student at the Tacoma Crippled Children's School, Colleen was named by the Board of Pierce County Association for Crippled Children and Adults to symbolize their 1959 Easter Seal campaign. She was guest of honor March 4 at their noon luncheon at the Top of the Ocean, at which Harold Russell, internationally known World War II veteran and star of "Best Years of Our Lives" was speaker.

Bright as a button, Colleen was anxious to sit up straight for her picture, so that she could "surprise Daddy." With a cerebral palsy condition, the result of being cut off from oxygen just before birth, Colleen wears short leg braces, and receives her therapy and education at the Crippled Children's School. She is picked up daily by a Franklin Pierce School bus at her home in Parkland, taken to the school at

East 50th and Roosevelt, and returned by bus right to her own door.

Easter Seals help children like Colleen. Mrs. Daniel Martin, chairman of the 1959 campaign, states that Easter Seals "take care of the unmet needs of crippled children." In the Tacoma area, Easter Seals have paid for such vital necessities as school busses; a diagnostic, speech and hearing clinic; a loan closet of wheel chairs and hospital beds; a play-yard shelter at the Crippled Children's School; provided therapists and consultants, and scholarships to give these the most advanced training to help local children; helped with a dental clinic; assisted in the swimming program for crippled children at the YMCA; and sent children to Camp Easter Seal, the summer camp especially equipped to handle crippled children.

Some 73,000 Easter Seal envelopes went into the mails this week, marking the opening of the Pierce County campaign. Each envelope contains a sheet of forty stamps, a letter explaining the drive, and return envelope addressed to Joseph Hawthorn, Easter Seal treasurer, K Street Branch of Puget Sound National Bank, Tacoma. Returns can also be mailed care of your local post office.

Many organizations have assisted in stuffing and labelling the enormous stack of envelopes, and students in typing classes at Lincoln, Stadium, Wilson, Clover Park, and Franklin Pierce High Schools addressed the envelope labels.

Colleen Harkins says it as prettily as anyone, "Buy Easter Seals" to help the crippled children of Pierce County.

# Booklet Revised on Diagnosis of Congenital Cardiac Defects

A thoroughly revised and expanded edition of the Heart Association's booklet "Diagnosis of Congenital Cardiac Defects in General Practice, by Dr. Regina Gluck, is now available to physicians free of charge through their local Heart Associations.

Designed primarily for general practitioners and pediatricians, the booklet is intended to clarify the function of the family physician in diagnosing and referring patients with congenital cardiac defects. It describes common congenital cardiac defects and presents briefly the physiology and clinical findings and the indications for surgery in defects that may be operable.

Available from the local Heart Association office at 1104 South L Street, BRoadway 2-7854.



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## American Academy of Allergy

The 15th annual meeting of the above organization took place in Chicago from February 7 through 11, 1959. It will be attempted to review a few of the highlights which might be of interest to the medical profession at large.

Much attention was paid to the group of Auto-Immune Diseases by means of panels and otherwise. As is known this group comprises entities like connective tissue disorders, certain types of uveitis, non-infectious encephalitis, thyroiditis, etc. It was pointed out that the antibodies operative in this respect are demonstrable electrophoretically in the gamma globulin fraction and also by means of hemagglutination, complement fixation, etc. Certain of these diseases are reproducible in the experimental animal, whereas the LE phenomenon could serve as an example in the human being. However, these antibodies are not infrequently found in healthy individuals whereas furthermore they are not passively transferable, all of which makes their role purely conjecturable. It was felt that Multiple Sclerosis is not comparable with this type of mechanism, although it should be admitted that research in this regard rarely concerns itself with the acute stage of the disease. Much emphasis was placed upon the application of auto-immune mechanisms to the field of transplantation immunology, e.g. heterologous acceptance individuals subject to gamma globulin deficiencies. Finally, it appeared to be the consensus that steroid Rx in this group is operative by means of an anti-inflammatory rather than antibody formation-suppressive mode of action.

There also was a lot of talk regarding Steroid Therapy. Discussed mainly were the following topics: pro's and con's of long term steroid Rx, metabolic studies in regard to the newer steroids, e.g. triamcinolone, dexamethasone, etc. The results more or less confirmed the claims made by the pharmaceutical companies, in terms of preservation on balance of nitrogen, Ca, Na, K, etc., without significant change in adrenal response, following discontinuation of treatment. Again there was the seemingly unending controversy whether or not to employ corticotropin Rx upon tapering off on corticosteroids. In others words no solution was established whether adrenal stimulation would justify the risk of further anterior pituitary suppression. Finally, it was brought out that "side-effects" better be

labeled as "undesirable physiologic effects" and that the newer steroids need continued investigation.

A few remarks about **Drugs**. Gamma globulin therapy thus far has not been proved effective in the treatment of "nonspecific infectious asthmatic bronchitis." The usefulness of penicillinase thus far seems to be limited to the treatment of serum sickness type of phenomena secondary to penicillin hypersensitivity. It not infrequently causes marked local reactions whereas one case of severe anaphylactoid symptomatology was described. It also was pointed out that allergy to molds does not necessarily imply hypersensitivity to the synthetic antibiotics, the antigenicity of which, incidentally, can be annihilated by means of inducing chemical changes in certain chains, e.g. penicillamine versus penicillin, etc.

In regard to the field of Experimental Immunology the following papers might be mentioned in passing: an immuno-chemical method for determination of insulin serum levels which might prove to be of practical use in problems like insulin hypersensitiveness, refractoriness, etc.; demonstration of antibodies against estrone-protein conjugates which brings to light Aschheim-Zondek's feelings regarding possible hypersensitivity factors in the "menstrual tension syndome"; the effect of specific hyposensitization treatment on the in vitro release of histamine in blood from allergic patients which appears to be grossly correlary with clinical improvement.

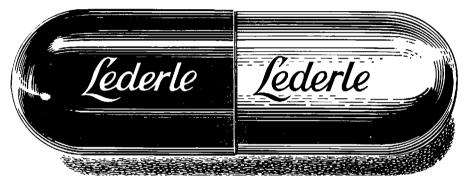
**Spatial Vector-Cardiography** was applied to a large series of patients with allergic bronchial asthma and revealed a considerable percentage of changes ranging from subtle evidence to increased right sided pressure to frank right atrial and/or ventricular preponderance as compared with:

a. standard electro-cardiograms in the same group of patients;

b. vector-cardiograms in a control group. Finally, a few of the highlights on **Pediatric Allergy**. Presented was a series of follow-ups on infantile bronchiolitis (Glaser, etc.). The incidence of subsequent respiratory allergy and positive family allergy histories appeared to be considerably greater as compared with control groups representing the average population. This, of course, would seem to signify important prophylactic implications. There also was a series of patients (from Johns Hopkins) indicating that bronchial asthma secondary to both

## (Continued on Page 31)

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## (Continued from Page 29)

fibrocystic disease as well as allergic mechanisms could exist coincidentally in one individual, so that specific care of latter condition would be of help in the palliative management of former. To confuse matters a little more there was presented a series of proved atopic individuals with elevated sweat electrolytes whereas, finally the consensus was that steroid Rx does not influence sweat electrolyte exchange significantly. Pulmonary function profiles appeared to be of help in the management and prognosis of respiratory allergy. Urticaria pigmentosa was proposed to be due to a mutation leading toward abnormal mast cell production, numerically and/or metabolically. This mast cell abnormality in its turn would result in increased production of histamine causing urticaria and hepar-ine causing hemorrhagic diathesis which sometimes causes premature demise in these individuals. Finally, the usual series in order to demonstrate that T & A aggravates rather than cures allergic respiratory diseases. Approval by undersigned of the boldness of this statement is not necessarily implied.

În closing I would like to mention that the whole atmosphere of the meeting was characterized most succinctly by means of the **Presidential Address**. Namely, this brought across a point felt to be applicable to the field of medicine at large, i.e. the fact that the clinical practice of allergy and applied immunology is not yet entirely compatible with the wide vistas offered in the realm of research.

-JOHN COLEN, M.D.

## **Oregon Cancer Conference**

An Oregon Cancer Conference is being held July 16 and 17, 1959 in Portland under the joint sponsorship of the Oregon State Medical Society, the Oregon Division of the American Cancer Society, the University of Oregon Medical School and the Oregon Academy of General Practice. The Conference is planned for midsummer as a special feature of the Oregon Centennial celebration.

The guest speakers for the two day Cancer Conference will include Dr. Arthur C. Allen, Professor of Pathology and Dr. Ralph Jones, Jr., Professor of Medicine, both from the faculty of the University of Miami School of Medicine at Coral Gables, Florida; Dr. Gilbert H. Fletcher of Houston,

(Continued on Page 32)

## (Continued from Page 31)

Texas, Radiologist, Tumor Institute of the M. D. Anderson Hospital; Dr. Leslie M. Smith, Dermatologist of El Paso, Texas; Dr. Bayard Carter, Professor of Obstetrics and Gynecology, Duke University School of Medicine; Dr. Gilbert Dalldorf, Albany, New York, Director, Medical and Scientific Research Department of the National Foundation and Dr. Englebert Dunphy of Portland, Professor of Surgery, University of Oregon Medical School.

In addition to their individual presentations, each guest speaker will participate in one or more panel discussions.

The program is being developed under the direction of the Committee on Cancer of the Oregon State Medical Society. Dr. Martin A. Howard of Portland is Chairman.

All sessions of the Conference will be held in the Library Auditorium at the University of Oregon Medical School except the Banquet on the evening of July 16 which will be held at the Hotel Multhomah in Portland. The entire expense of the Conference is being underwritten by the Oregon Division of the American Cancer So-

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ciety. There will be a charge, however, for the banquet.

A block of rooms has been reserved at the Hotel Multnomah for physicians wishing to attend the Conference. A copy of the complete program and hotel reservation forms may be obtained by writing to Roscoe K. Miller, Executive Secretary, Oregon State Medical Society, 1115 S.W. Taylor Street, Portland 5, Oregon.

## Forand Introduces Hospitalization-Surgical Services Bill For Aged

The 1959 version of the proposal to use the social security system to provide hospitalization and surgical services for those eligible for OASI benefits was introduced in the House by Rep. Aime Forand (D., R.I.) on February 18. The bill (H.R. 4700) differs with his 1957 bill in several points. They include permitting surgical services to be performed by other than board-certified members. To finance the program, he would increase social security taxes, above increases already planned, by ¼ of 1% for both employee and employer and 3% of 1% for the self-employed starting in 1960.

In a statement placed in the Congressional Record, Mr. Forand noted the Department of HEW report on various means of financing medical care for the retired aged is due to be sent the committee in March "when I hope the Committee may be ready to commence hearings." There has been no indication from Chairman Mills of the House Ways and Means Committee on a date for hearings.

Mr. Forand conceded that among the strongest backers of his original bill, "there are some who question the feasibility of including surgical benefits at this time. This is one of the matters which the committee will want to weigh as it hears testimony." He said he intends to explore the possibility of (1) paying for diagnostic services, such as X-rays and laboratory tests, on an out-patient basis, and (2) including benefits for home nursing care through responsible agencies as visiting nurses association, hospitals or local health departments.

He commented further: "The AHA has recognized the need for some type of federal action and has been exploring alternatives . . . The American Medical Association has also acknowledged the need for vigorous action along new lines and urged its member societies to explore and support private programs that will help to avoid federal legislation."

—A.M.A. Washington Letter

## Legislative Briefs

Once again physicians and medical care are politically popular. . . . Representative Okonski (R., Wisc.) has introduced HR-4290, to include physicians in Social Security. . . . This week Senator James E. Murray (D., Mont.) and Representative John D. Dingell (D., Mich.) introduced bills providing for compulsory national health insurance — unadulterated federal socialized medicine. . . . According to Gerald Gross (Washington Report), Wilbur J. Cohen is back on the government payroll as chief consultant to the Senate's new Committee which will conduct hearings on the needs of the aged population. . . . The Committee is headed by Senator McNamara (D., Mich.), former Detroit labor leader. . . . It will be recalled that Cohen was half of the famous team of Falk and Cohen who spent many years in government at the taxpayers' expense and devoted most of their efforts to persuading Congress to pass the original Murray-Wagner-Dingell

bill, to regiment physicians and their patients under a system of government controlled medical care. . . Although he was eased out of his taxpaying job by the Eisenhower Administration several years ago, obviously, Wilbur doesn't give up. . . . The Keogh bill (to help the self-employed set up retirement plans) has an excellent chance of passage at this session of Congress. . . The congressional spendthrifts will pump more air into the inflationary balloon by proposing the spending of billions of dollars of tax money for depressed areas, airports and housing. . . .

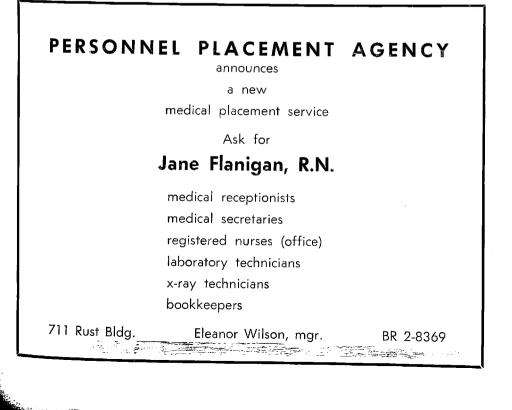
-A.A.P.S. News Letter

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## AHA Annual Meeting and Scientific Sessions Set For October

The 1959 Annual Meeting and Scientific Sessions of the American Heart Association will be held October 23-27 in Philadelphia. The Scientific Sessions are scheduled for October 23-25 at the Trade and Convention Center. The Annual Meeting of the National Assembly, delegate body representing all program interests and geographical areas of the Association, will be held in the Hotel Bellevue Stratford, October 26-27.

A deadline of June 12 has been set for submissions of abstracts of papers to be presented at the Scientific Sessions and for space applications for scientific exhibits. Papers intended for presentation must be based on original investigation in, or related to, the cardiovascular field. Official forms for submitting abstracts and space applications for scientific exhibits may be obtained from Dr. F. J. Lewy, Assistant Medical Director, American Heart Association. Applications for space for industrial exhibits may be requested through Steven K. Herlitz, Inc., 280 Madison Avenue, New York 16, N. Y.

Inquiries concerning hotel reservations and the Assembly meetings may be addressed to William F. McGlone, Secretary, American Heart Association, 44 East 23rd Street, New York 10, N. Y.

## Help! Help! Help! Help!

The recently organized Student Nurses Bowling League needs a financial assist in order to keep the ball rolling. To date, thirty bowlers have signed up and more are anxious to join but can't afford to. Anyone wishing to make a contribution to this worthwhile activity may send it to either of the Nurses' Homes—addressed to Student Nurses Bowling League.



Pierce County Medical Society Medical Arts Building Tacoma 2, Washington



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## **MONTHLY MEETINGS** STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.-7:30 p.m. Auditorium of Medical Arts Bldg. STAFF OF GOOD SAMARITAN Second Monday of March, June, Sept., Dec.—6:30 p.m. STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—6:15 p.m. STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL Last Monday of each month-6:15 p.m. TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS First Tuesday of each month-8:30 p.m. Board Room of Pierce County Medical Society PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the month-8:15 p.m. STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.-6:30 p.m. TACOMA SURGICAL CLUB Third Tuesday of each month—6:30 p.m. at Tacoma Club TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club TACOMA ACADEMY OF GENERAL PRACTICE Fourth Monday of each month except June, July & August -6:30 p.m. at Honan's PIERCE COUNTY PEDIATRIC SOCIETY First Friday of each month except June, July and August STAFF OF MEDICAL ARTS HOSPITAL Third Friday of March, June, Sept., Dec.-7:15 a.m. at New Yorker Cafe. STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.-12:15 p.m.

# The BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

VOL. XXX-No. 8

TACOMA, WASH

**APRIL** - 1959



Mary Bridge Hospital and Tacoma General Hospital

PIERCE COUNTY MEDICAL SOCIETY MEETING . . . TUESDAY, APRIL 14, 1959



## **Pierce County Medical Society**

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## Happy Birthday

## April

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- 2 E. J. FAIRBOURN W. W. MATTSON, JR.
- 4 B. D. HARRINGTON
- 7 EVERETT NELSON
- 11 LAWRENCE BRIGHAM
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- 27 JOHN W. GULLIKSON
- 28 JAMES BOUDWIN LOUIS P. HOYER, JR. RICHARD B. LINK
- 29 A. W. HOWE
- 30 DONALD F. McKAY

## NOTICE

Check back page of Bulletin for calendar of special meetings

> Front Page Picture Courtesy Richards Studio

BULLETIN of the Pierce County Medical Society



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REFERENCES: - 1. Freyberg, R. H.; Berntsen, C. A., Jr., and Hellman, L: Arth. & Rheum. 1:25 (June) 1988. - 2. Sherwaod, H., and Cooke, R. A.: J. Allergy 28:97 (March) 1957. - 3. Shelley, W. B.; Harun, J. S., and Pillsbury, D. M.: JAMA. 167:959 (June 21) 1958. - 4. Outbois, E.L.: California Mad. 89:195 (Sept) 1958. - 5. Nartung, E.F.: J.A.M.A. 16/973 (June 21) 1958.

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## PIERCE COUNTY MEDICAL SOCIETY

# Tuesday, April 14

## 8:15 P.M.

## MEDICAL ARTS BUILDING AUDITORIUM

\* \* \* \*

## PROGRAM

## THE MEDICAL THESPIANS PRESENT

# CHICAGO, 1871; SAN FRANCISCO, 1906; TACOMA ??

A no-host social hour and dinner will precede the meeting

Social Hours:	6:00
Dinner:	6:30
Place:	Honan's Restaurant 739½ St. Helens



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BULLETIN of the Pierce County Medical Society

## April Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3 Pierce County Pediatric Society
6 Staff of Doctor's Hospital 7:30 p.m. Staff of Good Samaritan 6:30 p.m.	7 Tacoma Academy of Psychiatrists and Neurologists 8:30 p.m.	8	9	10
13 Staff of St. Joseph's 6:15 p.m.	14 Pierce County Medical Society 8:15 p.m.	15	16	17 P.C.I.M.B. Board of Trustees 8 p.m.
20	21 Tacoma Surgical Club 6:30 p.m.	22	23	24
27 Exec. Committee Mt. View General Hospital Tacoma Academy of Gen'l Practice 6:30 p.m.	28 Tacoma Academy of Internal Medicine 6 p.m.	29	30	

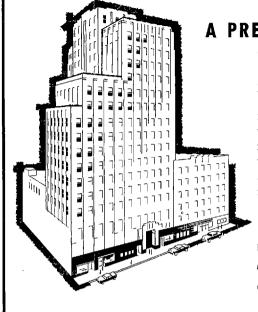


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## Dorothy ... age 1 month

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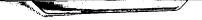
1. A. M. A. Arch. Int. Med., 99:346, 1957. 2. Am. J. Obst. & Gynec., 70:1309, 1955. 3. Lancet, 1:448, 1957.

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BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

### Save This Date . . . MAY 7

for the

# Doctor-Lawyer Field Day

Golf and Bridge Tournaments in the afternoon . . .

and a bang-up banquet at the University-Union Club in the evening.

To sign up for golf, contact—Dr. G. M. Whitacre To sign up for bridge, contact—Dr. Max Thomas

Notices giving more detailed information will be mailed out within the near future.

# HEY! KIDS!

### If you're 12 years old or under, and your dad's a doctor HERE'S A CONTEST --- JUST FOR YOU!

All you have to do is write in 100 words or less

# "Why I'm Glad My Dad's A Doctor"

and send your entry to:

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PRIZES will be awarded for the TWO best letters.

#### CONTEST RULES:

- 1. Your letter must be in YOUR OWN words. (No help from mom or dad, please-you're on your honor.)
- 2. Entries must be received by May 1.
- 3. Be sure to include your name and age.

The winning letters will be published in the June issue of the Bulletin. So, get busy now and get your entry in early

# YOU may be the winner of a VALUABLE PRIZE!



BULLETIN of the Pierce County Medical Society

## WOMAN'S AUXILIARY To The Pierce County Medical Society

1958-59

#### **OFFICERS AND CHAIRMEN**

President	Mrs. Robert W. Florence
President-Elect	Mrs. Joseph Harris
1st Vice-President	Mrs. Herman Judd
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ara vice-rresident	
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Revisions	Mrs. Elmer Wahlberg
Behabilitation	Mrs. T. B. Murphy
Telephone	
Today's Health	
Toury's Treatur	Mrs. George Tanbara
C	wirs. Stanley Tuell
Speakers Bureau	Mis. Philip Grenley
Minute Women	Mrs. Stanley Tuell Mrs. Philip Grenley Mrs. W. V. Zimmerman
Heart	
Mental Health	Mrs. James Mattson
Safety	Mrs. Stanley Durkin
Cancer	
Infantile Paralysis	Mrs. Douglas Buttorff
Tuberculosis	Mar Uillia Caiffa
Crinnled Children and Adults	
Publicity Nowspaper	Neg Haused Duct
Fashion Show	Mrs. Howard Pratt
Danco	
Camo Night	
Game Night	Mrs. T. B. Murphy
Community Council	Mrs. John Steele
City Council	Mrs. Wm. Goering

Everybody loves a Luau . . or a Huki Lau . . . or just a plain old fashioned Hawaiian party . . . and we had all of these and more too at the recent Doctors-Wives dinner-dance at the Top of the Ocean. Everything — but EVERYTHING . . . food . . . decorations . . . music . . . entertainment . . . company et all . . . was superb. Ruth Brooke and her committee chairmen really outdid themselves. Ruth, as you probably know took over the chairmanship from Jean Gibsonwhen Jean went back to Mayos for medical treatment. Jean had plans well laid for the party when she became ill and Ruth took the ball from there for a social event score. Watching-first hand-the teamwork performed by this group—one can understand why the party was such a success. The husband-wife combinations working on decorations - cutting pineapples - selling tickets-and all of the other many, many chores involved in an event of this kind would have made even the most pessimistic marriage counselor a bit more optimistic. All we can say is—you who didn't make it -missed about the nicest party we have

ever had. (See pictures of "A Night in Hawaii" pg. 24-25 in this issue of the Bulletin.) All photos by Dr. James Vadheim.

Please don't forget "A Night in Reno"— Saturday, April 18th — at the University-Union Club. Ruth Murphy is planning a junior size HAROLD'S CLUB — with all authentic Harold's Club equipment — including playing cards. You may have your choice of games of chance—Bingo . . . Bridge . . . Gin Rummy . . . Poker . . . or you name it. Tickets are \$7.50 per couple—with cocktails at 6:30 and a buffet dinner at 7:30. Come and bring all of your friends . . . or your acquaintances. Call Marilyn Mandeville—SK. 2-0003 for your tickets.

We now have 218 active Auxiliary members—still shy a few individual dues however. COULD THIS BE YOU!

The "President's Day" luncheon at Billic Murphy's home gave our members an opportunity to get acquainted with our state president and president-elect . . . Mrs. Clarence Lyons of Spokane, and Mrs. John Nelson of Longview. Mrs. Lyons gave a presidential pep talk to the group. She spoke on the importance of being an "active" auxiliary member and the obligations of the medical wives to be aware of what is going on in their communities-since as Mrs. Lyons pointed out-the doctor is often too busy with his profession to keep up with all of the civic and community activities. Mrs. Nelson added a spark of gaiety to the occasion with her few words of greeting to the members. Both ladies proved to be charming guests.

The Rehabilitation Center closed its doors March 1st—unfortunately—due to lack of funds and patients. Many of our members have put in a good many manhours working for Rehab and we know how they must feel. Since the April meeting was to have featured a program on Rehab —Helen Florence has been working with the program chairman and her committee to work out a different program. At this moment the plan is to have a program showing the "Rights" and "Wrongs" in parliamentary procedure. The next meeting will be April 17th—a luncheon—12:30 p.m.

(Continued on Page 17)



#### (Continued from Page 15)

Pat Flynn will open her lovely, new home for the occasion. Pat's address is Route 2, Box 222, Gig Harbor. Chairman for the luncheon will be Mrs. Hugh Larkin—with Mrs. Arthur O'Leary as co-chairman. Also assisting will be Mesdames Richard Davis, Robert Bond, Gerald Geissler, James Mc-Nerthney, and George Moosey.

Legislative Bill No. 361 has suffered a quiet demise in Olympia. Most of you are familiar with this controversial bill on professional taxes. The Medical Auxiliary should feel justly proud of the work done by its members on this project.

Chairman, Hilda Lantiere, of the nominating committee issued the following slate of officers for the coming year: President Margaret Harris President-Elect ......Řuth Brooke 1st Vice-President ......Betty Mattson 2nd Vice-President \_\_\_\_\_Hazel Whitacre 4th Vice-President ......Jean Judd Membership ......Pat Hoover Nurse Recruitment \_\_\_\_\_ Emily Barronian Publicity ... Lorna Burt Bulletin ......Nadeen Kennedy Safety ... Sheila Dimont Social \_\_\_\_\_Elvina Brokaw Speaker's Bureau ..................Dorothy Grenley

Mothers—be sure all your young ones see the Contest on page 13. Should be lots of fun for all.

#### Mrs. Knudson New Prexy of Electro-encephalograph Technicians

Congratulations are in order for Mrs. Lorraine Knudson who was elected president of the Western Society of Electroencephalograph Technicians at the annual meeting held in Carmel last month.

As president, Mrs. Knudson will head the Society's 200 members who represent nine western states. Mrs. Knudson, who trained with Dr. Bickford of the Mayo Clinic, has served for the past eight years as EEK technician for Dr. John Robson.

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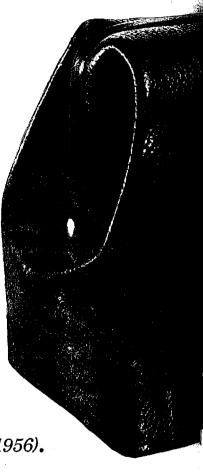
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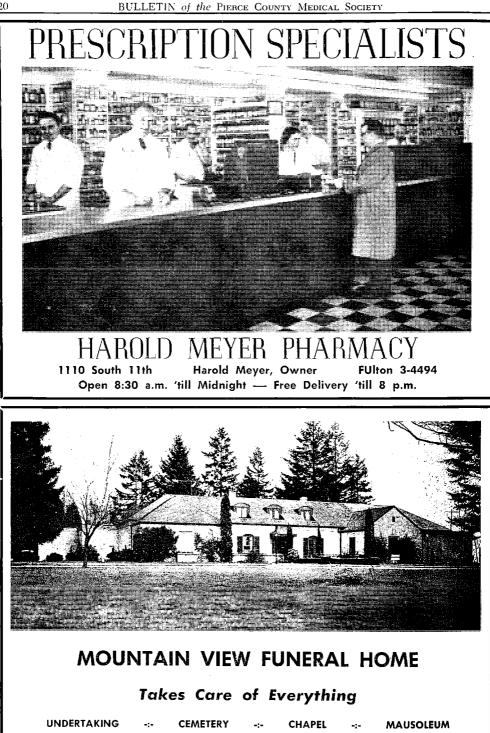
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#### Letter to the Editor

To the Editor:

Last year, the University of Southern California School of Medicine held a Postgraduate Refresher Course in Honolulu. The Course was so successful that we have decided to offer another Course in Honolulu and on board the S. S. Lurline from July 29 through August 15, 1959.

The Course is set up so that the physician may elect to attend one of several programs. In this way, we feel that each physician may choose the topics which most meet his needs. In addition to lectures, there will again be workshops in ECG and X-ray diagnosis as well as Water and Electrolyte Balance and the diagnosis of Jaundice. Emphasis is placed on practical diagnosis and therapy.

The group will depart from Los Angeles via United Air Lines July 29 and return to Los Angeles August 15 on the S. S. Lurline. As a time and money saver, physicians may elect to return by air arriving in Los Angeles August 11, 1959. Afternoons, evenings and weekends are free so that the participating physicians and their families may enjoy the recreational facilities of the Island.

Sincerely Yours,

Phil R. Manning, M.D., Associate Dean, Director Postgraduate Division School of Medicine,

Univ. of Southern California. Editor's Note: Brochures describing the curriculum and travel aspects of the program are available at the Medical Society office.

#### Tacoma Surgical Club Annual Meeting

Carl A. Moyer, professor of surgery at Washington University School of Medicine, St. Louis, will be guest speaker at the May 2 annual meeting of the Tacoma Surgical Club. The meeting will be held at Jackson Hall, Tacoma General Hospital.

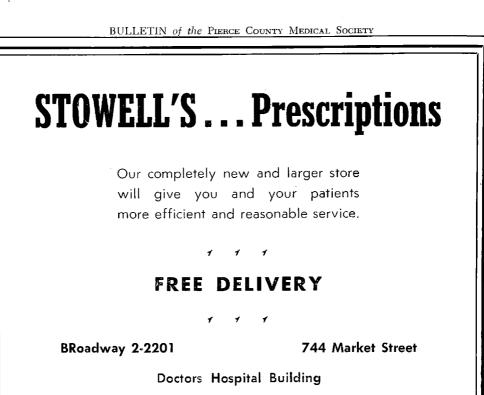
As in previous years, the morning session will be devoted to anatomical dissections and demonstrations which have been an outstanding feature of the meetings. Lloyd M. Nyhus, assistant professor of surgery at the University of Washington School of Medicine will highlight a discussion of the dissections and demonstrations.

The afternoon session will be devoted to presentation of papers.

#### Morning Session

- 1. Wounds of the Colon, Their Management, and Relatonship to Surgical Anatomy......E. R. Anderson
- 2. Surgical Anatomy of the Mediastinum\_\_\_\_\_George F. Asbury
- Repair of Cleft Palate and Associated Orthodontic Care. E. E. Banfield <sup>°</sup>Burton H. Goodman <sup>°</sup>William C. McGovern
- 4. Anatomic Basis for Regional Anes
  - thesia in Obstetrics ........ John J. Bonica Gerald C. Kohl °Chas. E. Glaser
- Inguinal and Femoral Herniae and Inguinal Node Dissection \_\_\_\_\_\_R. O. Diefendorf
- Chas. L. Salmon 6. Surgical Anatomy of the Knee with Surgical
- Approaches .....Robert W. Florence 7. Surgical Anatomy of the Radical
- Breast Amputation ... Robert H. Gibson 8. Surgical Anatomy of the Elbow
- with Surgical Approaches.......William H. Goering
- 9. Diagnosis and Management of Acute Renal
- 10. Suction Drainage of Surgical Wounds .......S. F. Herrmann Arnold I. Herrmann
- 11. Bronchoscopy Demonstration Louis P. Hover
- 12. Demonstration Open Cardiac Surgery...... Edmund A. Kanar Louis P. Hoyer
  - °T. O. Murphy
  - \*A. P. Wickstrom
  - <sup>°</sup>D. J. Thomas
  - °G. Á. Tanbara
- Surgical Anatomy of the Parotid Gland and Facial Nerve ..... Woodard A. Niethammer
- 14. Surgical Anatomy of the Shoulder with Surgical
- Approaches ..... Wendell G. Peterson
- 15. Anatomical Demonstration of
- Dupuytren's Contracture Jess W. Read 16. Unusual Tumors of the Stomach
- Stomach Frank J. Rigos 17. Electromyography and Its Use in
- Clinical Neurology....John T. Robson 18. Surgical Anatomy of the Stomach, Duodenum, and Biliary

#### (Continued on Page 23)





(Continued from Page 21)

- 20. Surgical Anatomy of the Neck...
- 21. Surgical Anatomy of the Hand and Forearm with Surgical Approaches in Hand Infections... ......Dumont Staatz
- 22. Diagnosis of Pheochromocytoma and Carcinoids by Definitive Bio-\*H. C. Thuline
- 23. Anatomy and Surgery of Varicose Veins......James L. Vadheim

\*By invitation.

#### Afternoon Session Presentation of Papers

- 1. Discussion of Surgical Anatomy of Morning
- Dissections\_\_\_\_\_Lloyd M. Nyhus 2. Gastrointestinal Suction; Methods
- and Techniques. Thomas R. Hazelrigg
- 3. Dupuytren's Contracture Jess W. Read 4. Chronic Shock; a Physiologic Fantasy. The Place of Blood Transfusions in the Preoperative Preparation of the Cachectic or Debili-
- tated Patient..... Carl A. Moyer 5. Gastric Resections....Edmund A. Kanar



- 6. Hypnosis in Orthopedic
- 7.
- 8. Question period and discussion of

afternoon papers......Carl A. Mover Evening Session

Annual Banquet

Winthrop Hotel

Presentation: Lessons from Rare and 

#### Take It Easy Classes To Start

Work smarter, not harder, is the theme of the Spring series of TAKE IT EASY CLASSES in Work Simplification for homemakers, a community service program sponsored by the local Heart Association.

The series of four class sessions will be held at Jackson Hall from 10 a.m. to noon on April 7, 9, 14 and 16; Mrs. Rita Jensen, Occupational Therapist and formerly with the Puget Sound Rehabilitation Center, will instruct.

Designed primarily to help meet the needs of the cardiac homemaker, TAKE IT EASY classes have been extended to include any homemaker interested in learning new techniques which will conserve time and energy.

Enrollment in the classes will be limited to twenty persons. To make reservations or to obtain further information, call the local Heart Association, BR. 2-7854.

Identification of the pictures taken at "A Night in Hawaii" party (pages 24-25)-

- Ι. Mar and Hazel Whitacre
- 2. George Kunz and Arnie Herrmann
- 3. Bob O'Connell, Claris Allison
- The Sam Adams's and Bill Hausers 4.
- 5. Ferguson, Zimmerman and Durkin
- The Charles McGills 6.
- 7. Jeanne Vadheim, Steve and Sheila Dimant
- 1. Bill and Louise Bowen, Society president
- 2.The groaning board
- 3. Bob and Helen Florence, Auxiliary president
- 4. Lorraine and George Kunz
- 5. The Lou Hovers
- 6. Lorna Burt and Ruth Houtz
- Bob Brooke
- Kay and Andy Anderson

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# Pictures of















# "A Night In Hawaii"





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BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

# HOSPITALS ...

#### **D**octors

At the meeting of the Professional Staff of The Doctors Hospital of Tacoma on March 9, 1959, the following physicians were appointed to the Active Staff of the hospital:

Leonidas Annest, M.D.

Calvin R. Lantz, M.D.

The clinical portion of the program was presented by Russell Q. Colley, M.D. and Gerald Geissler, M.D. on the following:

Newer Procedures in Ophthalmology

Dr. Colley discussed retinal detachments. He pointed out that the major problem in this condition is in making the retina stick where it belongs. He stated that during the last 8 or 9 years the Buckling Procedure had become popular. In this, the sclera is brought up to the retina with a lamellar resection done over approximately one-half circumference of the eye. Diathermy is then applied to produce inflammatory reaction to tack the retina to the choroid. A polyethlene tube is buried and the sclera is drawn together leaving the tube inside. He pointed out there are variations of this procedure which involve taking out less extensive patches of sclera for treatment of localized detachments.

Dr. Colley also discussed cataract extraction according to the technique of Barraquer. He pointed out that this investigator had found that alpha-chymotrypsin in a 1 to 5,000 dilution when inserted into the eye caused lysis of the zonula and inhibited inflammation. He stated that this procedure involves the usual cataract incision with instillation of two ml. of the alpha-chymotrypsin anterior to the lens. Iridectomy is then done and 3 ml. additional are inserted.

He stated that ordinarily the lens moves forward and gets more spheroid showing relaxation of the fibers of the zonula. He stated that Barraquer had done these in numerous patients from 5 to 81 years of age and that this investigator feels that the procedure holds great promise in treatment of youngsters. He stated that in Brooklyn where 32 cases had been done the procedure has not been, in the young, quite so successful as promised by Barraquer. The discussion which followed concerned itself chiefly with the pathogenesis of cataract.

Dr. Geissler discussed corneal transplants. He stated that when scarring of the cornea is classified by the densities they are usually divided into three groups, the fine, or macular, the more cloudy or nebulous and the very dense white or leukomatous corneal csars. He stated that when the scarring occurs in the pupillary zone, these patients are candidates for the corneal transplant procedure. He stated that in the past, it had been occasionally partially satisfactory to make a key hole in the iris to see around the opacity, but that this usually was not a satisfactory procedure.

Dr. Geissler stated that the major causes of scarring were injuries either of mechanical or chemical type; infections, chief among which were the virus infections, particularly those which had been treated with cortico-steroids which did little more than to spread the process and the congentital or familcal dystrophies, which include Gruenow's and Fuch's dystrophies. He stated that the usual virus infections were those of herpes type and two closely similar forms were disciform keratitis and metaherpatic keratitis both of which produce corneal scarring. Should corneal opacities be dense enough to impede useful vision a type of corneal graft may be considered. One procedure is known as a lamellar corneal graft. That is if the corneal opacity involves the external layers it may be removed and replaced by a clear donor corneal lamella. Another procedure is the penetrating keratoplasty where the whole thickness of the cornea is removed and replaced with clear donor cornea. He discussed the sources of the donor eye and pointed out that any cadaver was satisfactory which did not have active poliomyelitis, active meningitis, eye tumors, glaucoma and actively diseased eyes. Dr. Geissler stated that even some eyes which contained melanoma in the posterior aspect had been used quite satisfactorily for corneal transplant. He stated that speed is necessary and that one should operate on the patient within 48 hours following receipt of the eye. He stated that it was actually better to operate within 12 to 24 hours. The eye should be removed from the donor within 3 to 5 hours following death.

He discussed the graft procedure and displayed some of the very delicate instruments which are used for the corneal grafts. He stated that ordinarily the donor

(Continued on Page 29)



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#### (Continued from Page 27)

eve is trephined to Descement's membrane and that the sutures are then placed at 12, 3, 6 and 9 o'clock. The donor button is then removed with delicate scissors. The recipient's eye is prepared similarly. Sutures to affix the donor button to recipient eve are placed at 1/2 corneal thickness. Additional sutures are then placed with 7-0 silk at 8 additional sites. These sutures are left in place two weeks at which time approximately one-half are removed; remaining sutures are removed in 3 to 4 weeks. He stated that the clear takes in the ideal candidates were approximately 70% on the first operation, but that in the more troublesome dystrophies that clear takes numbered approximately 20 to 25%. In those where the original take is not clear the procedure can be repeated and he stated that some have been repeated several times with final clear transplant.

Dr. Geissler made a plea for the doctors in this community to encourage their patients to include in their wills a statement that they wish their eyes used for transplantation.

The question was asked from the audience as to whether eyes could be used from bodies on which autopsy permit had been obtained and the pathologist answered with the statement and opinion of Don Eastvold, Attorney General, dated May 16, 1956, discussing the invalidity of autopsy permit in covering tissue for transplant. The attorney general was specifically asked, "Is there any legal way for a doctor to remove the eyes of deceased welfare recipients immediately after death for the purpose of transplanting the cornea thereof into the eyes of living persons where the deceased has not directed by will or otherwise that this be done." Mr. Eastvold's answer to this question was "We conclude that physicians and/or surgeons cannot legally remove the eyes of deceased welfare recipients for the purpose of transplanting the corneas of the eyes into the eyes of living persons unless the particular decedent in some manner directs or provides in his will that this be done.'

The question was also asked as to whether parents could direct the use of the eyes of under-age deceased children for this procedure but this was seriously doubted. A specific answer would require an additional ruling by the attorney general's office. At the present time permission must be given by will of the donor before death. Autopsy permission does not grant permission for tissue transplant even if the next of kin agrees specifically to such procedure.

#### Saint Joseph's

We wish to welcome our new nurses who have joined our staff and hope they enjoy their stay with us. Mrs. K. Schleusing, R.N., from Texas, Mrs. Shelberg, R.N., from Chicago, and Mrs. A. Forthman, R.N., from St. Louis, Missouri, and Mrs. C. Schmidt, R.N., from Portland, Oregon. Miss Mary Love, R.N., graduate of the U. of Portland is the new Teaching Instructor for Surgical Nursing. She is replacing Mrs. Mary Torgerson who is returning to her home in North Dakota the first of April.

George Magley, well-known Puyallup baker sent the Maternity department a large cake with the green emblem in the center with ice cream which proved to be a real delicious treat. We were also thrilled with a gift on that famous day of beautiful orchids which were presented to us by Dr. Rich who grows them as a hobby.

Mrs. Russell is home ill, also Dorothy Swanson, our little Canadian nurse is a patient on third floor. Mrs. Altman has joined our Maternity staff and is a welcome addition. Four senior students arrived here fresh from American Lake where they studied Psychiatry. Maybe they are practicing on us. By the way, anyone interested in viewing a lovely lady just stop by Maternity desk. Molly is an 18 inch lady doll and she is "really a doll." She comes complete with wardrobe. And what a wardrobe, and only 25c a ticket. Proceeds will be used to purchase nursery equipment.

During March, Mrs. Jewel Doering, R.N., was blessed with a bouncing son. Mrs. Nancy Rose, also a graduate had a lovely boy. Dr. and Mrs. McNerthney had a lovely daughter, Maurcen Elizabeth. Mrs. Doris Sigler, one of our former Record Room employees delivered a lovely daughter this past month. She underwent heart surgery here in the early months of her pregnancy.

Sister Mary Therese, B.S., M.T. (ASCP), currently in the Pathology Department of St. Joseph Hospital, attended the Postgraduate course in Medical Technology, sponsored by the University of Colorado School of Medicine together with the Colorado Society of Medical Technologists, during the week of March 16-20. This course had an impressive attendance of 481 Medical Technologists, Pathologists and other interested personnel representing 42 states,

(Continued on Page 31)

An exclusive methyl "governor" prevents hypoglycemia ...makes Orinase\* a true euglycemic agent

The significant difference between Orinase and all other antidiabetes agents is that there is virtually no danger of hypoglycemic reactions as a result of Orinase therapy, regardless of dosage.

A logical explanation is that Orinase's exclusive methyl group in the para position serves as a "governor" to prevent hypoglycemia by facilitating the rapid inactivation of the molecule in the body. There is no *cumulative* effect.

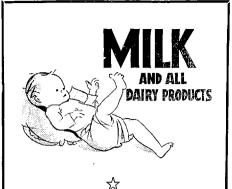
The result is that, in patients in whom maintenance dosage has been established, Orinase lowers the blood sugar to normal levels, but almost never beyond that point. In other words, Orinase is a true euglycemic agent, in contradistinction to the others, which actually are hypoglycemic agents.

This unique margin of safety is especially important in the patient requiring insulin, because Orinase, superimposed on his insulin dosage, constitutes no added danger of hypoglycemia. This makes it feasible for you to smooth out the "peaks and valleys" of erratic blood sugar levels...to "stabilize" a surprising percentage of labile diabetics.

\*TRADEMARK, REG. U. S. PAT. OFF. -- TOLBUTAMIDE, UPJOHN

Upjohn The Upjohn Company, Kalamazoo, Michigan

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A Favorite Dairy for over 30 years. Recommended by doctors and dietitians.

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Direct from Our Farm to You

#### (Continued from Page 29)

Canada, and Puerto Rico. Ten of these were from the state of Washington.

The course presented consisted of nine general sessions and 22 workshops and demonstrations, geared to acquaint the technologist with the newer and more specialized aspects of medical technology, as well as to improve on the well-worn, time-tried common procedures and methods now in use. Importance was placed on the need for more highly trained Medical Technologists, not only in the technical skills but also in patient relationship, ethical, legal aspects to this course and the organization of good schools for training of Medical Technicians. There were suggestions of intra-state cooperation in the development of these objectives.

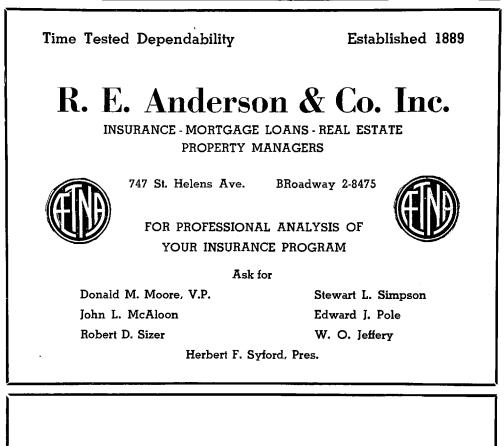
The tremendous response to this course and others of its kind, seems to indicate the need for this type of post-graduate work, especially so in a field that is constantly advancing at such a rapid rate. Those who have given much to present this type of course urge the cooperation of hospital administrators by encouraging attendance even to the point of making it financially possible to persons who are interested to attend by compensatory raise in salary or by other means. This in turn would benefit the patient, the hospital and the physician.

Last Sunday evening all of the nurses on 3-11 shift on 2nd floor received a great thrill. It all happened when Mr. Rosellini in room 242 put on his light for Sister Celine Magdalen. The reason being he wanted to introduce his nephew, Governor Rosellini, who had come from Olympia to Miss Marcelle Lemer, him. see who answered his light had the singular privilege of shaking hands with the Governor. He certainly gave his uncle a lot of pleasure by coming to visit and the nurses and floor personnel were most happy to meet him,

#### Rehab Center Closed

The Board of Trustees of the Puget Sound Rehab Center, Inc. regrets to announce that the Rehabilitation Center has been closed.

The closure was made necessary by a variety of reasons—among which were insufficient patient loads and inadequate funds.



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32

#### Chance for M.D. Tax Break Seen

There's a better than even chance that self-employed professional persons such as physicians are going to be given a tax break — for retirement purposes by this session of the Congress.

Legislation to encourage self-employed persons to set up pension plans already has cleared its first hurdle and is moving ahead in Congress.

The bill, identified as the Keogh Bill, would permit the self-employed to defer income taxes on a part of their income if placed in retirement funds. The limit is 10% of annual income or \$2,500, whichever is the lesser. Over a lifetime the set aside limit is \$50,000.

#### Now is the Time to Act

Last year the measure passed the House overwhelmingly, but lost out in the Senate in a vote on technicalities. Now as it approaches the Senate again, it is time for such professional people to act! Only by a concentrated effort on the part of all concerned, will the discrimination against professional groups under our present federal tax laws be eliminated. It is a poor excuse to sit back and accept a defeatist attitude. Doctors — notoriously negligent in acting upon matters concerning their own welfare —are urged to write to their Congressmen concerning this bill.

#### How Congress Votes Is Determined By Your Letters

Under our system of representative government, each Senator and each Representative represents the people of his state. At least one of his tasks in Congress is to promote and defend their views. But first he must know what his constituents think about important issues he is expected to act upon. Most Congressmen feel the same way. They are glad to receive letters from the "folks back home."

#### Where You Can Write

There are three members of Congress to whom you can write. One is the Representative from your Congressional district. The other two are the senators from the state in which you live.

In our area, the Representative to Congress is Thor C. Tollefson and the two Senators are Henry Jackson and Warren Magnuson.

Your letters can be made effective by following a few simple rules:

Keep your leter brief and to the point. Give your views on one or two specific issues and then state your reasons.

Write only on one side of the paper.

Keep your letter to one page.

Senators and Representatives are addressed as follows:

The Honorable (full name)

The United States Senate

or

House of Representatives

Washington 25, D.C.

Sir: (example)

Please lend your support to H.B. 10, identified as the Keogh Bill which would permit self-employed persons to defer income taxes on a part of their income if placed in retirement fund . . . . etc.

Close with "Respectfully yours,"

#### It's Your Privilege

The right to talk and write freely to your Congressmen is one privilege that is not enjoyed by people in many countries in the world. Never take it for granted, and never neglect it.

Remember, Americans determine by their votes who our Congressmen are. And by their letters, they often determine what our Congressmen will do. The real power behind Congress is the alert citizen . . . . YOU.

-Robert R. Burt, M.D.



"PATRONIZE OUR ADVERTISERS"

# Convenient information for physicians starting diabetic patients on

# DIABINESE

simple once-a-day dosage in practice

During the initial control period, the patient should check his urine at frequent intervals, and report at least once weekly for review of symptoms, physical examination, urine and/or blood examination for glucose.

### The New Patient ( no previous antidiabetic therapy )

1. Initial daily dose 500 mg. (2 tablets of 250 mg. each) with breakfast.

2. In elderly patients, initial dose 250 mg. (1 tablet) daily.

3. CONTROL PERIOD

(a) If blood sugar reaches normal levels after three to seven days, or if glycosuria disappears, lower daily dose of 500 mg. to a level between 250 mg. (1 tablet) and 375 mg. (1½ tablets of 250 mg.) with breakfast daily. In elderly patients, dosage may be reduced to as low as 100 mg.

(b) If hyperglycemia or glycosuria persists or develops, increase the daily dose from 500 mg. to 625 mg.  $(2\frac{1}{2}$  tablets of 250 mg.) with breakfast daily. In elderly patients, dosage should be increased from 250 mg. according to patient response.

(c) Continue weekly adjustments during first month of therapy until maintenance dose has been established. Adjustments below 250 mg. daily are best made in steps of 100 mg. (one 100 mg. tablet). The maintenance dose may occasionally be as low as 100 mg. (one 100 mg. tablet daily) or, rarely, as high as 1.0 Gm. (four 250 mg. tablets) daily. Do not exceed daily dose of 1.0 Gm.

### Transfer of Patient from Insulin

1. If patient is taking 40 or less units of insulin daily and gives no history of severe or "brittle" diabetic response, discontinue insulin and replace with DIABINESE as in The New Patient.

2. Complete control period as for The New Patient. Priming ("loading") doses should not be used.

3. If patient is taking more than 40 units of insulin daily, or shows evidence of severe or brittle diabetes, reduce insulin dose by 50 per cent and initiate DIABINESE therapy as for The New Patient. Further reduction of insulin dosage depends on patient response.

# Transfer of Patient from Other Oral Medication

Where less than satisfactory control has been achieved with other oral medication, or where a change to once-a-day dosage is desired, DIABINESE may be successfully substituted. Such a transfer may be made by discontinuing previous oral medication, substituting DIABINESE, and continuing control period as for The New Patient. Avoid priming doses.

The clinical safety of DIABINESE has been established by more than two years' trial. By adherence to the above dosage schedule, side effects of DIABINESE will generally be infrequent, mild, and transient.



THE MOST EFFECTIVE ORAL ANTIDIABETIC AVAILABLE

SUPPLIED: Tablets, 250 mg., bottles of 60 and 250, white, scored. 100 mg., bottles of 100, white, scored.

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#### Atlantic City To Host Annual A.M.A. Meeting

Some 15,000 physicians will gather in Atlantic City, N.J., next June 8-12 for the 108th annual meeting of the American Medical Association.

Besides physicians, the meeting will be attended by residents, interns, nurses, technicians, students, and physician's wives and members of their families.

The five-day convention — the largest medical meeting in the world—is being held in Atlantic City for the 16th time. The first meeting was held there in 1900.

Doctors will have the opportunity to catch up on hundreds of aspects of a rapidly-changing medical world. This information will be presented in the form of scientific exhibits, lectures, motion pictures, panel discussions, televised surgical procedures, and industrial exhibits.

New medical research findings and methods of handling daily medical problems will be reported by 500 physicians in scientific papers or participation in symposium and discussion groups.

There will be over 300 scientific exhibits and a similar number of industrial exhibits on display at the famed Convention Hall. The latter group will be exhibited by pharmaceutical houses, medical equipment firms, and other manufacturers.

The House of Delegates will meet throughout the week in the Traymore Hotel, headquarters for the meeting. The 20 scientific sections of the A.M.A. and five government medical services will also be represented in the House.

First order of business for the House will be the selection of a physician to receive one of medicine's highest honors—the Distinguished Service Award. He will be elected from three persons, whose names are submitted by the Board of Trustees. Nominees are screened by the Board from names submitted by the membership.

The opening session will be addressed by Dr. Gunnar Gundersen, La Cross, Wis., outgoing president, and his successor, Dr. Louis M. Orr, Orlando, Fla.

A president-elect to serve one year and be inaugurated as president in 1960 will be elected during the meeting.

For the fourth year, high school students who have won special A.M.A. awards in the National Science Fair will show their prize winning work at the scientific exhibit.

The annual film program will be highlighted by the presentation of 60 medical motion pictures. The Woman's Auxiliary to the A.M.A. will hold its meeting Tuesday through Thursday. Representatives of the 75,000 members—all doctor's wives—will discuss their program in sessions at the Chalfonte-Haddon Hall.

Other sidelights of the meeting will be the special art exhibits including that of the American Physician's Art Association, and the 43rd annual American Medical Golfing Association tournament.

For advance hotel and meeting registration information, contact the Convention Services Department, American Medical Association, 535 North Dearborn Street, Chicago 10, Illinois.

#### A.S.S.A. Merges with A.H.A.

The American Society for the Study of Arteriosclerosis has merged with the American Heart Association. The Society now becomes the Council on Arteriosclerosis of the AHA, bringing to eight the number of councils active in the Heart Association's program.

In announcing the merger, Dr. Francis Chamberlain, President of the American Heart Association, pointed out that a principle objective of the American Heart Association is to unify all major fields of heart and circulatory disease within the Association's framework.

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#### MONTHLY MEETINGS STAFF OF DOCTORS HOSPITAL OF TACOMA Second Monday of March, June, Sept., Dec.—7:30 p.m. Auditorium of Medical Arts Bldg. STAFF OF GOOD SAMARITAN Second Monday of March, June, Sept., Dec.-6:30 p.m. STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.-6:15 p.m. STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL Last Monday of February, June, September and November TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS First Tuesday of each month-8:30 p.m. Board Room of Pierce County Medical Society PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the month-8:15 p.m. STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.—6:30 p.m. TACOMA SURGICAL CLUB Third Tuesday of each month—6:30 p.m. at Tacoma Club TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club TACOMA ACADEMY OF GENERAL PRACTICE Fourth Monday of each month except June, July & August —6:30 p.m. at Honan's PIERCE COUNTY PEDIATRIC SOCIETY First Friday of each month except June, July and August STAFF OF MEDICAL ARTS HOSPITAL Third Friday of March, June, Sept., Dec.-7:15 a.m. at New Yorker Cafe. STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.-12:15 p.m.



VOL XXX-No. 9

TACOMA, WASH.

MAY - 1959

CE COUNTY MEDICAL SOCIETY TINCS TUESDAY, MAY 12, 1959



## **Pierce County Medical Society**

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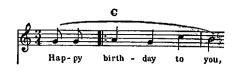
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#### Happy Birthday

#### May

- 3 BERNARD BADER HERMAN JUDD WENDELL PETERSON
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- ALBERT EHRLICH 6 MARCUS STUEN
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- 20WILLIAM ROSENBLADT
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- 24 BURKE LAIR
- 31HUGH LARKIN

#### NOTICE

Check back page of Bulletin for calendar of special meetings

#### Front Cover Picture

Douglas Fir at Mineral, Washington; St. Regis Paper Company operations.

#### **Courtesy Richards Studio**

D Philip C. Kyle James D. Lambing Robert E. Lane W. Howard Pratt C. B. Ritchie Wayne W. Zimmerman

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BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY



# for all your patients starting on corticoids

Kenacort safely starts your patients off right — with all the benefits of systemic corticosteroid therapy and few side effects to worry about. Increased corticoid activity is provided on a low dosage schedule<sup>1-3</sup> without edema,<sup>1-4</sup> psychic stimulation,<sup>1-3</sup> or adverse effect on blood pressure.<sup>2-3,5</sup> A low sodium diet is not necessary.<sup>4,5</sup> Gastrointestinal disturbances are negligible<sup>2,4,5</sup> with less chance of peptic uleer.<sup>4</sup> This makes Kenacort particularly valuable in treating your "problem patients" — such as the obese or hypertensive and the emotionally disturbed.

REFERENCES: - 1. Freyberg, R. H.; Berntsen, C. A., Ir., and Hellman, L: Arth. & Rheum 1:215 (June) 1958. - 2. Shervood, H., and Cooke, R. A: J. Allergy 28:97 (March) 1957. - 3. Shelley, W. B.; Harun, J. S., and Pilisbury, D. M: J. A.M. A. 167:959 (June 21) 1958. - 4. Dubols, E.L.: California Med, 89:185. (Seth) 1958. - 5. Hartung, E.F.: J.A.M.A. 1874933 (June 21) 1958.

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the Priceless Ingredient



# for all your <u>arthritic</u> <u>patients</u> requiring corticoids

Kenacort, particularly in the treatment of your arthritic patients, has proved effective where other steroids have failed. It provides prompt, safe relief of pain. stiffness and swelling by suppressing the rheumatic process<sup>1,5</sup> - and may even forestall crippling deformities if started soon enough. Because of its low dosage1-3 and relative freedom from untoward reactions.1-5 Kenacort provides corticosteroid benefits to many patients who until now have been difficult to control. It is particularly valuable for arthritic patients with hypertension, cardiac disease, obesity and those prone to psychic disturbances.

> SUPPLIED: Scored tablets of 1 mg. — Bottles of 50 Scored tablets of 2 mg. — Bottles of 50 Scored tablets of 4 mg. — Bottles of 30 and 100

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## PIERCE COUNTY MEDICAL SOCIETY

# Tuesday, May 12

### 8:15 P.M.

MEDICAL ARTS BUILDING AUDITORIUM

## 7:30 P.M. . . FILM: "COMPLETE VAGINAL REPAIR--A SIMPLIFIED APPROACH"

PROGRAM

### **ROBERT S. SANDILANDS, M.D.**

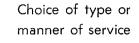
Illustrated lecture on the Practice of Medicine in West Africa

Note: A graduate of Northwestern University Medical School (1938), Dr. Sándilands has served for the past 12 years as physician and surgeon in charge of Bafia Hospital, Cameroun, West Africa, where he is responsible for the hospital's village clinics; he also supervises the medical work at Ibong where there is no resident physician and supervises the four leper colonies in the area. At present, Dr. Sandilands is on furlough and residing in Salem, Oregon.

A no-host social hour and dinner will precede the meeting

Social Hours:	6:00
Dinner:	6:30
Place:	Honan's Restaurant 739½ St. Helens

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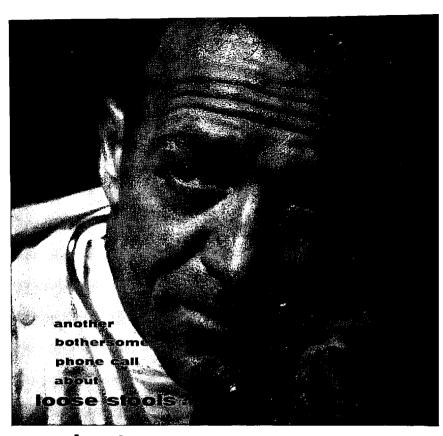
C. R. BARD UROLOGICAL INSTRUMENTS

BURDICK PHYSIO-THERAPY EQUIPMENT

CAMBRIDGE ELECTROCARDIOGRAPHS

WILMOT CASTLE STERILIZERS AND LIGHTS

SKLAR, HASLAM AND LAWTON SURGICAL INSTRUMENTS



#### specify Lactum a well tolerated formula ... widely and satisfactorily used

#### Normal Stool Frequency with Lactum<sup>1</sup>

Ivormal Stool Frequency with Lactum<sup>1</sup> Lactum was fed to 57 normal infants for 2 to 10 months. The investigators observed: "In no case was there any history of persistent diarrhea. In forty-eight infants, the usual number of stools was one to two daily; in only nine were there three, or occasionally four a day."

#### Low Incidence of Loose Stools in Hospital Study<sup>2</sup>

In a clinical study of 180 sick and 10 well infants fed Lactum, the investigator reported: "There was no diarrhea in any of the infants except in those patients whose diagnosis on admission was infectious diarrhea...we have been convinced that inclusion of adequate added carbohydrate in... [Lactum] during stress periods, such as diarrhea, is definitely advantageous."

Age	No. Cases	Loose Stooist
Birth	14	0
1 mo.	36	0
2 mo.	27	1 i
3 mo.	12	l ī
4 mo.	10	i
5 mo.	14	0
6 mo.	8	0
7 mo.	19	0
8 mo.	11	0
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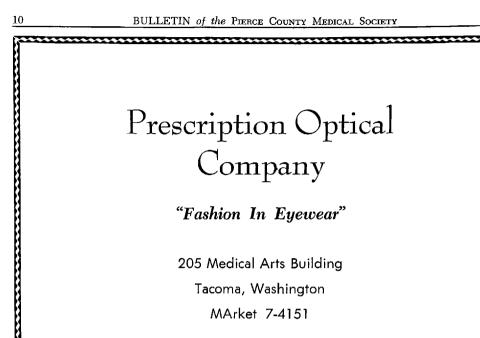
tExclusive of infants admitted with infectious diarrhea.
 Frost, L. H., and Jackson, R.L.; J. Pediat. 39; 585-592 (Nov.) 1951.
 Henrickson, W. E.; GP 8:51-56 (Oct.) 1953.

to avoid baby's discomfort and mother's anxiety...specify

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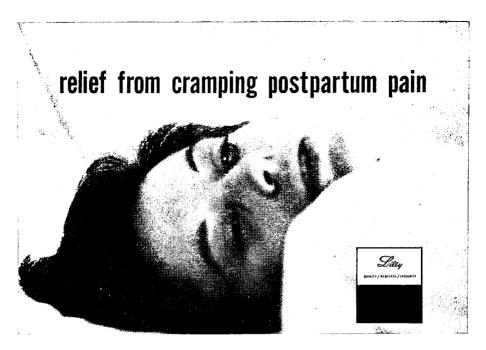
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### In the Treatment of Rheumatic Disorders Greater stability of maintenance dosage minimizes risks of hormonal imbalance

In Sterazolidin, the anti-inflammatory actions of prednisone and Butazolidin<sup>\*</sup> are combined to permit lower effective dosage of each. Clinical experience has indicated that patients can be well maintained on this combination over prolonged periods with relatively low, stable dosage levels of each component, thus minimizing the problems arising from excessively high doses of corticosteroids. Other side effects have also been gratifyingly few. Antacid and spasmolytic components are contained in Sterazolidin capsules for the benefit of patients with gastric sensitivity.

Sterazolidin<sup>®</sup>: Each capsule contains prednisone 1.25 mg.; phenylbutazone 50 mg.; dried aluminum hydroxide gel 100 mg.; magnesium trisilicate 150 mg.; homatropine methylbromide 1.25 mg.





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Usual dosage for Darvon Compound is 1 or 2 Pulvules three or four times daily; for Darvon, dosage is 32 mg. every four hours or 65 mg. every six hours.

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1958-59

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Safety	Mrs. Stanley Durkin
Cancer	Mrs Robert Brooke
Infantile Paralysis	Mrs. Douglas Buttorff Mrs. Hillis Griffin
Tuberculosis	Mrs Hillis Griffin
Crippled Children and Adults	Mrs. W. G. Peterson
Publicity_Bulletin	Mrs. Annold Hommerson
Publicity-Newspaper	Mrs Howard Prott
Fashion Show	Mrs. Howard Pratt
Dance	
Game Night	
Community Council	Mrs. John Steele
City Connoil	
ony council	

The Board did not meet this month, but the luncheon in Pat Flynn's lovely new home in Gig Harbor was a gourmet's delight. The committee members outdid themselves on the food (and we'd like to have the recipe for the salad dressing they used).

The hilarious program, "Call To Order", illustrated how not to conduct a meeting and then, of course, the correct way. Stellar roles were played by Gladys Hanson, Hazel Whitacre, Betty Mattson and Ruth Brooke with Margaret Harris acting as commentator. For the first act, Gladys had a large, old fox fur draped around her neck and Hazel's hat looked like something from m' ladies' bawth — a fancy toilet seat cover. The "board members" chomped gum, scratched, squirmed, couldn't find notes on the secretary's or treasurer's reports and devoted most of the meeting to discussion of the "delicious refreshments."

Dorothy Meier reported that the present balance in our treasury is \$1,228.18 with 231 paid members. A letter was read from Mrs. Robert Allen announcing that the Weaver's Guild and Washington Arts and Crafts are sponsoring a tea which will be held May 8th in the Buel Sever's home; hours will be from 1 to 5, and from 7 to 9:30. Additional information may be obtained by calling SK 9-8431.

Nadine Kennedy reported that her investigation of nurses' scholarships shows that the cost of training has greatly increased during the past few years. A motion was passed that we offer three \$400 scholarships, this year only.

#### 0

Tickets are available for the President's Council breakfast which will be held the third Thursday in May at 9:30 a.m. at the Winthrop. Hilda Lantiere is chairman, and the Medical Auxiliary quartet will perform. The organization is celebrating its 50th anniversary and the Medical Auxiliary voted to provide the napkins for the special event.

#### May Meeting

The next meeting of the Auxiliary will be a no-host luncheon, May 15, at 12:30 in the Rainier Room, Lakewood Terrace. Chairman is Mrs. Fay Nace; co-chairman, Mrs. Jack Mandeville; Mrs. Dudley Houtz is in charge of table arrangements.

The program will be a colored film, "Sails and Trails" and the speaker will be from the State Park Commission.

#### Peregrinating Physicians

The Robert Lantiere's and their daughter, Carmella, spent a delightful April holiday in the Hawaiian Islands where Bob took a postgraduate course. Before joining his family in the Islands, Bob attended the National General Practitioners Convention in San Francisco.

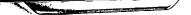
Also attending the GP meet were the Judds, Brokaws, Hoovers and Harrelsons.

Basking in the sun at Palm Springs during spring vacation were the Robert Florences and George Kunz's who also visited. Disneyland with the children.

The Haskel Maier family also toured Disneyland this spring.

Santa Barbara and Carmel were the destinations of the Thomas Smealls whose trip (Continued on Page 17)





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- · frees patients from daytime drowsiness
- · avoids hypotension
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Ernst, E. M., and Snyder, A. M.: Pennsylvania M. J. 61:355, 1958.
 Preisig, R., and Landman, M. E.: Am. Pract. & Digest Treat. 9:740, 1958.

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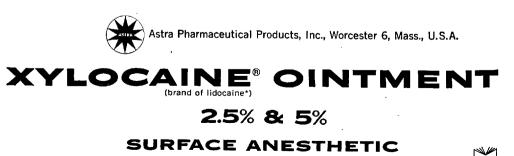
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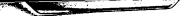


On vacation — at the beach — on the golf course — or gardening in your own back yard, sunburn, insect bites, cuts and abrasions are all part of the summer picture.

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#### DOCTOR-LAWYER FIELD DAY . . . THURSDAY, MAY 7

#### Exciting Scientific-Social Program For WSMA Program in Seattle

"A memorable scientific meeting and a complete social success," is the goal of the doctors in charge of the 1959 convention of the Washington State Medical Association, which will be held at Seattle's Olympic Hotel, September 13-16.

First indication of the outstanding quality of the 1959 convention comes in the announcement of an integrated scientific program featuring five nationally recognized guest speakers plus thirty papers selected from a record-breaking number submitted by doctors from Washington state and elsewhere.

Guest speakers for the convention include:

Carleton Mathewson, M.D.

Professor of Surgery

Stanford U. School of Medicine

Frank C. Winter, M.D.

Opthalmology

Palo Alto Medical Research Foundation

Lawson Wilkins, M.D.

Professor of Pediatrics

Johns Hopkins U. School of Medicine

John Shea, M.D.

Professor of Otology

U. of Tennessee School of Medicine

Robert H. Williams, M.D.

Professor and Executive Officer

Department of Medicine

U. of Washington School of Medicine

These outstanding men will conduct and participate in section and special sessions on Pediatrics, Medicine, Surgical Topics, Eye, and ENT, from 9 a.m. to 12 noon on Monday and Tuesday, September 14th and 15th.

General sessions, featuring guest speakers, will be held in the afternoon on Monday and Tuesday, with closing general scientific sessions taking place on Wednesday, from 9 a.m. to 12 noon.

Exceptionally fine scientific exhibits will keep up with the trend towards making the annual WSMA convention the state's finest scientific meeting of the year. The number of applications for 1959 exhibits far exceeds that of past years and quality is excellent. Decisions are now being made on acceptance of exhibits with special emphasis being placed on favoring those which can be integrated with the scientific program, and on those which particularly appeal from the standpoint of action and color, in addition to their information and education values.

Action is heavy and fast, too, in planning for social events, with traditional golfing, banquet, dancing, 50-year club dinner, and other social and entertainment affairs being organized to assure a balanced scentificsocial convention of high stature.

Woman's Auxiliary to the Washington State Medical Association will hold its convention on the same dates as the parent association at a headquarters hotel yet to be announced.

Further details on the convention will be announced in June and July, and the complete convention program will be published in the August issue of NORTHWEST MEDICINE.

Convention committees are:

Scientific Work: Emmett L. Calhoun, chairman; Milo T. Harris, Harold J. Gunderson, William M. Kirby, Eric Sanderson.

Scientific Program: Robert W. Simpson, chairman; Robert A. Aldrich, Allan W. Lobb, Eugene P. McElmeel, Clen F. Rice, Duncan Robertson.

Scientific Exhibits: William A. McMahon, chairman; Hilding H. Olson, Robert H. Barnes, Knute E. Berger, Joseph B. Legrand, Thomas T. White.

#### (Continued from Page 13)

included a visit with former Tacomans, the J. V. Schwinds.

The Robert Burts recently attended the Somner Memorial Lectures at the University of Oregon Medical School where Bob also attended his class reunion.

### PRIZES . . . PRIZES . . . PRIZES

CONTEST CONTEST CONTEST

#### HEY! All you 6 to 12 year olds . GET BUSY ON THOSE CONTEST LETTERS!

We've extended the deadline to MAY 15, so hurry!

Details may be found in the April Bulletin, but in case you mised it—just write in 100 words or less:

#### "WHY I'M GLAD MY DAD'S A DOCTOR"

and send your entry to . . . Medical Society

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pediatric drops orange flavored, 10 cc. bottle (with calibrated dropper), 5 mg. per drop (100 mg. per cc.)

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<sup>o</sup>Trademark for glucosamine-potentiated tetracycline

Note: Rapid and high initial antibiotic blood levels are an important factor in uneventful recoveries. Glucosamine potentiation provides the fastest, highest tetracycline levels available with oral therapy. Bibliography and professional information booklet available on request.



### HOSPITALS ...

#### Saint Joseph's

Miss Vera D. Denty of London, England lectured to the student body, sisters, and staff nurses on Wednesday, April 15th. Her topic "The Human Relations in the Science of Nursing." Miss Denty has a full background of clinical as well as theoretical knowledge to draw from. In her native London she works in the clinical area of child psychology besides maintaining her private practice. Her British accent and her ready humor delighted her audience. A reception was held in the lounge and an opportunity for informal discussion afforded the group the opportunity to learn about London and the places she has visited on her lecture tour.

Misses Yargus, Brock, and Winston motored to Yakima for the seasonal meeting of the S.W.A.N. on April 22-25. Miss Cage, President of the Student Body and Miss Sharpe a representative of the Junior class have been selected by the students to represent them at the National Convention of the Student Nurses.

Open house for students from the high schools in the area interested in nursing was held on Saturday, April 18. Response to the invitations was very gratifying. The entire program was planned by the members of the Student Body with Miss Patricia Surina as chairman. Demonstrations, a tour, and a buffet luncheon filled the afternoon.

The sudden demise of Mrs. Helen Farrell our 11-7 Head Nurse was a terrific blow to everyone who knew her. Her calm, conscientious and sincere way of nursing will be missed by the patients particularly some of our returnees. To know her was to love her and she will indeed be missed by all of us. Mrs. Hamlin is temporarily on nights on North End. It is a pleasure to have our Senior students around again. Miss Fore is chief at 3rd North, Miss Clark at Center, Miss Estrada in Medicine and Miss Goodall on 3-11. Mrs. Halverson enjoyed having her step-daughter for three days just before Easter.

Mr. and Mrs. J. Kirk donated a portable T V to the Pediatric Department. It has been in constant use since it arrived. It is moved from room to room for the bedbound patients who are not able to come to the playroom.

Mrs. Cynthia Shelberg has joined the staff in Pediatrics. She hails from Augusta

Hospital in Chicago. Misses Hyland, Clark, and Yargus, Senior students, have been learning the art of Ward Administration and team nursing and the duties of a Head Nurse in the department this quarter.

Mrs. Margaret Johnson, R.N., who has been in the department for the past 3 years has left to accept a position in Dr. Lasby's office. A farewell party was held for her and Margaret's host of friends wished her "good luck." It was with deep regret the staff said farewell to her.

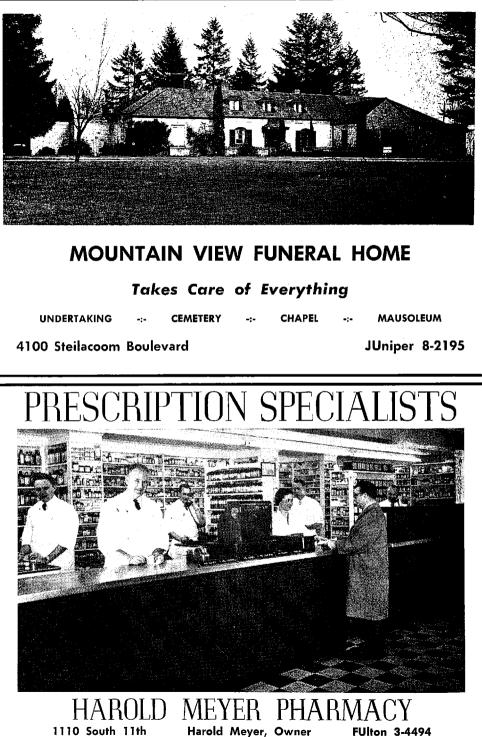
March 6th five Medical Record Technician students took the National examination in St. Joseph Hospital with Sister Mary Emmanuel acting as moderator. Last week we heard the good news that they had passed their test. Among the succesful candidates were Sister Marie Immaculee, St. Joseph Hospital, La Grande, Oregon and Miss Sharon Weinreich at Good Samaritan Hospital, Puyallup. These students were in the first class to take the course at our hospital. Next month combined graduation exercises will be held for the students in clinical lab, X-Ray and Medical Record Technician classes.

Second Floor received a brand new supply of orthopedic equipment from Chick-Hyde Co. in California. Included were four complete sets for "any bed" fracture set-ups. Three monkey bars, two lovely hip exercisors make the set complete. The carpenters made a cart large enough to carry the necessary equipment right to the bed side.

To familiarize everybody interested in identifying and assembling this equipment Mr. McConnell and Mr. Mitchell from Chick Hyde Co. in Portland spent from 9 a.m. to 4 p.m. demonstrating the various set-ups in the Nursing Arts Lab Tuesday, April 7th. We are grateful to Sister Antonia for purchasing this fine orthopedic set for second floor, and also to the carpenters for the new cart.

We welcome Mrs. Fortman, R.N., from St. Louis, Mo., who is with us on Second. Mrs. Johnson, our efficient aide has left with her husband for California. We hope they return soon. Day personnel on this floor are delighted to have Byron Nelson on the day shift. The 3-11 girls will certainly miss him. As you all know Byron is one of

(Continued on Page 21)



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Stadium Hi District 101 North Tacoma Avenue Tacoma, Washington (Continued from Page 19)

our efficient orderlies and has been with us for years.

April was baby month for some of our nurses, Mrs. Doering, Mrs. Fletcher, and Mrs. Stribling were blessed with bouncing boys. Mrs. Miller and Mrs. Druckery received little girls. Mrs. Betty McDonald and Jack, our Head Technician, welcomed their fifth boy, David John.

New on our staff is Miss Betty Swan from Bellingham School of Nursing replacing Mrs. Davies. The latter is working on Medical Floor. Cardee Altman, a nurse aide and former patient seems to be enjoying her work on post partum. Mrs. Davis, a faithful D.R. graduate who worked so well with everyone has left us. Her husband's change of work necessitated her staying home.

Our deepest sympathy and prayerful condolence is extended to Miss Barstow and Miss Barrass who lost their relative and friend in Grapeview, also to Mary Lauridsen whose mother died in distant Denmark.

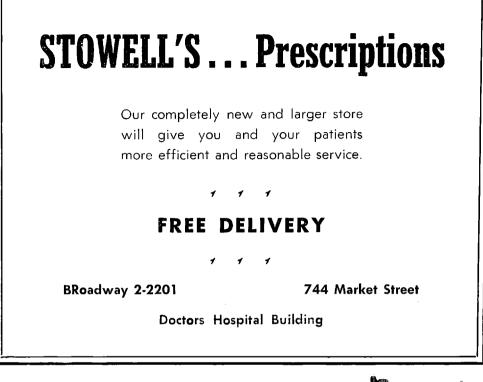
Maintenance Department is busy replacing the old screens on the windows with new aluminum screens which eliminate the stains on the outside paint. On April 18, Joe Hapgood celebrated his fourth anniversary with the maintenance department. This summer he and his wife are planning a trip to their home in England. We wish them a happy and enjoyable trip.

Third floor north-end bath room will soon be ready and back in service. A new tub, shower, and lavatory have been installed. Sam Nehl is putting the finishing touches on the tile. Work on isolating the electrical circuit in the Surgery suite has been slowed up on account of failure of material to come in. However, work has progressed to the paint where conductive tile can soon be installed. The surgery has been made up in advance so no tile work can be started until the present schedule is filled.

Our recent overflow of patients has kept the maintenance crew on the jump supplying beds and accessories.

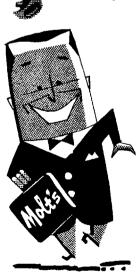
The Hospital Disaster Planning Committee for Pierce County met at St. Joseph Hospital Thursday, April 16, 1959. Dinner for the group was served in the cafeteria after which all went on a tour of the hospital. Dr. Richard Link commended Sister Antonia and the hospital for the efficient and well organized plan which the hospital had.

DOCTOR-LAWYER FIELD DAY ... THURSDAY, MAY 7



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#### Is TB Detection Necessary

Why has the tuberculin test assumed new importance? Developments have occurred in tuberculosis control causing a refocusing of attention on the tuberculin test. These changes are most apparent in case finding and treatment. More recently, new knowledge of radiation hazards has resulted in a policy to reduce exposure to unnecessary X-rays.

Photofluorography provided a rapid and relatively inexpensive radiological examination of the chest. Thousands of persons with unsuspected tuberculosis were identified given an opportunity for treatment. These surveys were directed towards the adult population where tuberculosis was most likely to be found. The miniature screening films will continue to have an effective place in case finding when used to screen high prevalence groups.

As the downward trend in case rate continues, an important step to take in tuberculosis control is to assess the potential seriousness of the tuberculosis problem by determining the number of infected persons in the population. The tuberculin test is extremely reliable in revealing infection from tubercle bacilli. Often primary lesions cannot be seen on X-rays; they are either too small or are located in such a place that the X-ray cannot pick them up. In many instances, the only evidence of infection is a reaction to the tuberculin test.

New developments in treatment have also redirected attention to the tuberculin test. Treatment of recent converters is now being studied in several control investigations.

In line with the October 1957 statement of the American Trudeau Society the tuberculin test should be used as a preliminary screening test for infants, children, young adults, pre-natal patients and young diabetics. X-rays should be taken of reactors only. The intracutaneous test with 0.0001 mg. of PPD is the test preferred. The test is read in a period of 48-72 hours and recorded according to the amount of induration present—5 mm. and over are at present considered positive.

The Tuberculin test is most often used as a diagnostic tool in chest clinics and by private phyiscians among their office patients. When a person has findings suggestive of tuberculous disease, a negative test is very good evidence that findings are caused by some other condition. A positive tuberculin test, on the other hand, is of great value in arriving at a diagnosis, especially if it is known to have become positive recently. Positive tests are especially significant in children. The positive test shows that tubercle bacilli are present in the body and indicates the need for other diagnostic procedures.

The attitude that tuberculous infection is present in practically all adults belongs to the past, as well as the idea that positive reactors to tuberculin are immune to the disease, tuberculosis.

After 15 or 20 years of age, the number of people who have active TB goes up dramatically. Most of these persons were infected in childhood. Therefore, it is essential to find the children who are infected so they may be watched closely, especially during adolescence. Even the adult with a positive tuberculin reaction should have good health habits.

In tuberculin testing surveys in the schools, many studies have been made on the youngest of the children, because if tuberculous infection has occurred, it would be relatively recent and their contacts would be limited and easier to follow.

The yield of new TB cases among children has been low, as is to be expected, but among their adult contacts there has been a surprising number of new previously unknown cases of TB found.

The tuberculin test is of value only when the family and all close associates are examined to find the source of infection to the child.

The Board of Trustees of the Pierce County Medical Society has endorsed the Pilot Study which will take place at Brown's Point, Dash Point and Northeast Tacoma Schools. First, second and third grade children will participate, on May 13th, in the study being made by the Tuberculosis Association of Pierce County in cooperation with the Tacoma Public Schools and the Tacoma-Pierce County Health Department.

The purposes of the study will be:

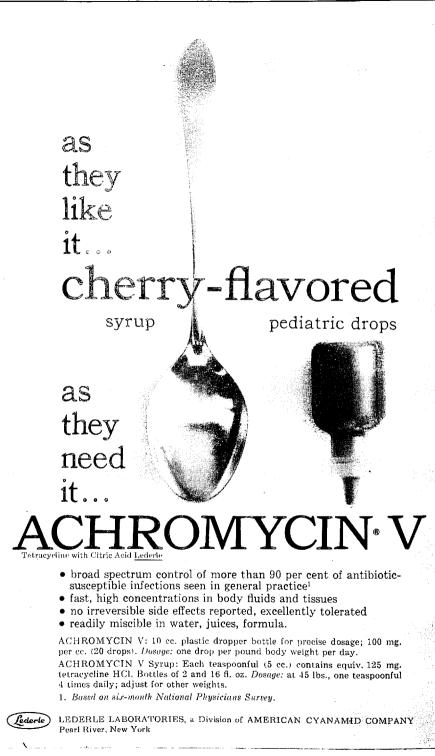
1. To determine the prevalence of TB among school children and their close associates.

2. To determine the efficiency of the Mantoux test as a mass screening method.

3. To determine whether the size of the inducation of the tuberculin test is of prognostic value to provide an index of recency of infection.

-TB Assn. of Pierce County

TACOMA SURGICAL CLUB ANNUAL MEETING . . . SATURDAY, MAY 2



#### National Hospital Week To Be Celebrated

The nation's hospitals, through the American Hospital Association, have invited their closest ally, the medical profession, to help them develop greater understanding and appreciation of their services and contributions to the American people.

This year's program, centered in a sevenday observance of National Hospital Week, May 10-16, will emphasize the theme of "More Roads to Recovery." An explanation of these "roads" — better care, improved techniques and skills, greater numbers of personnel to apply the dramatic successes of medical science—will help offset a growing myth that hospital costs are greater than the services received.

Such distorted stories not only jeopardize public regard for the hospital but for the entire medical team, including the practicing physician. Conesquently, it is to our mutual advantage to work together toward overcoming these detrimental impressions which are gaining some acceptance.

Kits and other working tools, prepared by the American Hospital Association, have been sent by the AMA to the executive secretaries of each state and metropolitan medical society, together with the names of the contacts of state hospital associations and metropolitan hospital councils, so that the medical profession may better coordinate its promotional efforts on behalf of the Week.

Through the use of public forums, tours of hospital facilities, talks to community groups, and radio, television, and newspaper facilities, the story of the unprecedented hospital services now available resulting in shorter hospital stays, employment of all the medical advances, and healthier and longer lives — can be told convincingly.

"More Roads to Recovery" are the patient's reward for the close harmony and utilizations of the tools and skills of both the hospital personnel and the medical profession. These rewards can be made more meaningful by your participation in National Hospital Week.

Each physician in the community has a role and responsibility to win public support for the hospital in which he practices, and we urge you to offer your help to your hospital administrator and to your hospital association inasmuch as National Hospital Week, May 10-16, is an exceptional opportunity for creating greater appreciation of the entire medical team.

#### DOCTOR-LAWYER FIELD DAY . . . THURSDAY, MAY 7

#### Opporunity for GP

General Practitioner in Auburn, King County, Washington, by reason of sudden illness forced to retire. Office space, equipment (including x-ray), and practice available immediately—reasonable terms can be arranged.

Call Auburn, TEmple 3-1320 or write 204 Auburn Avenue, Auburn, Washington.

#### TACOMA SURGICAL CLUB ANNUAL MEETING . . . SATURDAY, MAY 2

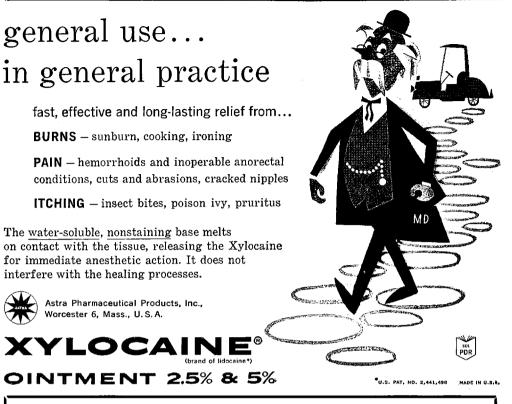
#### Bill Muncey To Head Cerebral Palsy Drive

Bill Muncey, famed hydroplane driver, takes on a new role this month, that of general chairman of the "53 Minute March on Cerebral Palsy" now being conducted by United Cerebral Palsy of Pierce County.

The campaign seeks to further the cause of persons crippled by the disease through rehabilitation, education and vocational training and, on the local scene, through direct assistance from the United Cerebral Palsy Workshop at 1110 So. 13th. Goal for the campaign is \$30,000. The "53 Minute March" will take place May 19, according to Richard Lomax, campaign coordinator.

Members of the Board of Directors for the Pierce County group are: Mrs. Glaideth Bashaw, Mrs. Helen Hopper, Mrs. Donna Marie Leeberg, Miss Irene Dunn, Burritt B. Anderson, William B. Erickson, Payson H. Jeynes, Daniel Martin, Rollin C. Miller, Norman R. Smith, William D. Zeratsky and Doctors Henry Bertness, Everett P. Nelson and Clifford H. Sayre.





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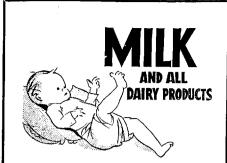
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#### BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY



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#### DOCTOR-LAWYER FIELD DAY ... THURSDAY, MAY 7

#### Washington State Heart Assn. Sympsoium Dates Set

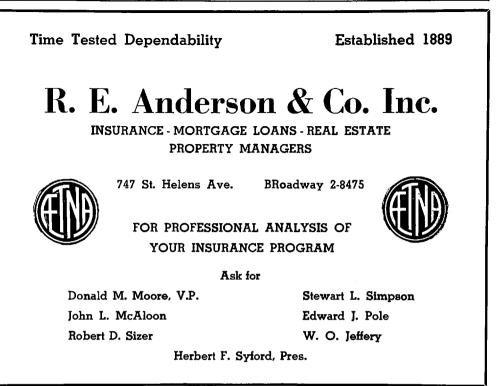
Date of the Washington State Heart Association's Annual Symposium on Heart Disease are October 16 and 17, Dr. Robert A. Bruce, Planning Committee Chairman, announces. Theme of the 1959 Symposium is "Heart Surgery" with guest speakers representing pediatrics, pathology and surgery.

#### Symposium on Hypertension To Be Televised

A symposium on hypertension will be televised from the Cleveland Clinic on May 27th to twenty-five closed-circuit locations throughout the country. At 9 p.m. EDT that evening, physicians are invited to be present while leaders in the field of hypertension:

- Harriet P. Dustan, M.D., The Cleveland Clinic,
- Edward D. Freis, M.D., Georgetown University School of Medicine,
- Irvine H. Page, M.D., The Cleveland Clinic,
- Samuel H. Proger, M.D., (Moderator), Tufts University School of Medicine,
- Robert W. Wilkins, M.D., The Boston University School of Medicine,

who will gather at this leading center for cardiovascular research, consider the problems of several patients who will be pre-sented to them. The problems will illustrate practical aspects of hypertension which the physician is likely to encounter in his day to day practice. For example, one case will be that of a middle-aged patient with es-sential hypertension, and the conference will consider whether the patient should in fact receive any treatment, what levels of blood pressure to be concerned about, whether to differentiate between men and women, what drugs or diet might be used, whether arteriosclerotic complications are prevented by treatment of such patients, and what levels of blood pressure one should strive to attain. Surgical approaches to certain anomalies of the cardiovascular system will be demonstrated by the Cleveland Clinic Department of Surgery, and special problems such as malignant hypertension and the toxemia of pregnancy will also be illustrated through case presentations. In the Northwest, the closed-circuit telecast will be at 5 p.m. in the Georgian Room of the Olympic Hotel, Seattle.



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#### **Cancer Immunity**?

The author is producing an anti-cancer serum in horses by injecting increasing doses of an emulsion containing human cancer tissue. There are now three horses under treatment, one of which has been inoculated against breast carcinoma alone, and third against colon carcinoma and any other form of carcinoma and sarcoma available from the operating rooms. In the last horse, the author hopes to produce a polyvalent serum.

The only patients treated with the serum were in the late stage of massive recurrence of cancer, after having had all advised methods of orthodox treatment by operation, radiation or hormones, frequently with oophorectomy, adrenalectomy, and/or hypophysectomy. All have had multiple and distant metastases. A patient should not be treated unless he has sufficient reserve to live for a few weeks and does not have jaundice or severe liver involvement.

A full course of treatment takes 3 to 4 weeks and consists of a total of 250 to 300 cc. of serum given intravenously as follows: 0.5 cc. is given the first day, then the dose is doubled each day until a dose of about 20 cc. is reached, and then the optimum daily dose is given until a total of about 300 cc. has been administered. Some patients are sensitive and cannot take the horse serum, even with the help of drugs, and others need to have the dosage adjusted because they have reactions varying from chilliness to chills and fever.

A total of 233 patients were started on serum treatment, of whom 91 have received a full course. As much as 3 years in some cases were added to the duration of life, during which time there was relatively good health and most were able to do their usual work. Examples are given of patients with very serious complications of breast cancer and who were nearing the terminal stages who improved very greatly; these complications included severe bone pain, massive recurrence in the skin and chest wall after breast amputation, intracranial metastases, mediastinal infiltration, multiple pulmonary metastases, and pulmonary and pleural metastases with massive pleural effusion. Some patients with gastric carcinoma who have been given only a few weeks to live had complete relief from symptoms and regained sufficiently good



health to return to their original jobs for periods up to a year. The serum treatment was only recently started in colon carcinoma, and the response is not yet known.

There has been no evidence of cure in any patient. However, serum treatment has given further palliation beyond that provided by the other methods available. Pain relief alone has justified it as a palliative measure. No early case of cancer has been treated with the immune serum, and it is a severe test of any injection of antibody to expect it to attack and destroy the great masses of malignant tissue that are present in late stages of the disease. Serological tests showed that when ascitic fluid containing malignant cells was exposed to immunized horse serum at a dilution stronger tahn 1 to 5 there was pyknosis in 1 hour and complete lysis of the malignant cells in 24 hours.

> -Can. Med. Assoc. J. 79:249-259 (August 15) 1958.

### DAMMEIER Printing Co.

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Tacoma

#### Get Well . . . Quick!

Editor's note: A patient of a local physician received the following "get well quick" letter a few days after having a coronary. (Names have been changed to protect the guilty, as well as the innocent.)

#### March 20, 1959

Dear Charlie:

We are rather anxious to know how you are as these heart attacks can sometimes be tricky affairs — even mild ones. Some months ago, my barber had a mild one. His doctor had him lay off for a month; he would have liked him to stay off the job longer, but the guy had to work to live, so he went back to work. They buried him day before yesterday.

Dave Silvernail, whom I am sure you remember from the class ahead of us, dropped dead in a dental meeting Tuesday. Also Jack Griffith, the colored boy in the same class, died of a coronary week before last. Silvernail was 48, Griffith 51. And of course you remember Lyle Frank of our class. His pump quit several years ago. I could go on for a page, I guess, of the dentists from L. A. County Society who got it in their 40's or 50's. Probably 30 or 40 whom I knew—some very well. Some of them I am sure you knew also, but do not know which ones. You probably remember Bill George who was in the Orthodontic



"THAT'S WONDERFUL NEWS ----- YOU'RE THE FIRST DOCTOR TO MAKE ME PREGNANT!"

dept. at S.C. when we were there. He feller keleton, the right ligaments, the right coover his patient in the chair dead—Heart ordination, the right age, and the right Attack, three months ago.

I am writing all this, Charlie, not to make you feel bad, but perhaps you do not realize how lucky you are to have been warned. These other boys—the first one got them so they never had a chance to change their living pattern and, perhaps, survive.

#### Triple Bromides

You can't get hurt if you take lessons . . . this has been a bit of propaganda put out by the ski resort types who woo you onto the slippery slopes come snowtime. Ask any orthopedist whether you can get hurt or not. The mountain boys say it's all a matter of the center of gravity; keep it forward, bend the knees and away you go, thrilling at the exhilaration of the rapid descent. What they don't say is that if you don't locate your center of gravity before the age of sixteen, you seldom ever find it.

It's also a matter of the right kind of snow; too powdery, too soft, too hard; the right kind of resin, the right boots, poles, non-itchy underwear, or the wood in the skis. What you seldom hear of, is the right keleton, the right ligaments, the right coordination, the right age, and the right cardiac reserve. Put an overweight, tired, pear-shaped forty-year-old on two six-foot staves, and send him down at forty-five degrees, and you may kiss the cartilages goodbye.

At first glance it looks like a simple problem in physics. A hundred and eighty pounds of blubber sliding down a mountain develops a passel of momentum. This may be offset gradually or suddenly; it's the *suddenly* type cases which result in hickory mayhem. Only a lucky one can settle for the bottle of liniment and a couple of Ace bandages. The average guy can count on a walking cast for three months, or the surrender of a semilunar. Witness the bed situation in ski resort hospitals. There are vacancies only when there is no snow.

A list of diagnoses would include bruises, ecchymoses, abrasions, lacerations, sprains, subluxations, hematomas, separations, dislocations, fractures (greenstick, simple and compound), concussion, and assorted combinations of the above. Little disturbing (Continued on Back Page)

\*DON'T GIVE ME THAT 'SHE'S ONLY MY NVRSE' ROUTINE! REMEMBER, I VSED

**Couriesy Medical Boolety Magazine Group** 

Pierce County Medical Society Medical Arts Building Tacoma 2, Washington

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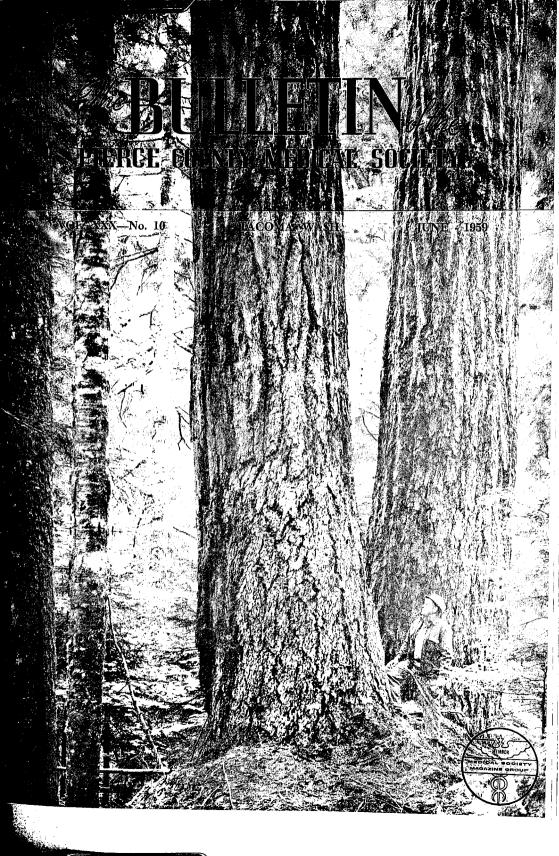
injuries of the interossei and lumbricales as you see have not even been mentioned. There is also the unlucky happenstance of two or more in the same family making it with an orthopedic kick.

All this will be vehemently denied by ski enthusiasts, who will demonstrate with figures that there is more danger in riding in an automobile or crossing Market Street. They will point out the invigorating air, the relaxation, the salubrious effect of the exercise; it keeps you young. If you are young to start with, this may be so; the good effects on the middle-aged seem to derive from the bed rest following the injury.

Ouch!

--By Gerry Feigen, The Bulletin San Francisco County Medical Society

MONTHLY MEETINGS	
STAFF OF DOCTORS HOSPITAL OF TACOMA	
Second Monday of March, June, Sept., Dec.—7:30 p.m.	
Auditorium of Medical Arts Bldg.	
STAFF OF GOOD SAMARITAN	
' Second Monday of March, June, Sept., Dec.—6:30 p.m.	
STAFF OF NORTHERN PACIFIC	
Second Monday of each monthnoon.	
STAFF OF ST. JOSEPH'S	
Third Monday of March, June, Sept., Dec.—6:15 p.m.	
V STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL	
Last Monday of February, June, September and Novemb // TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGIS	er
First Tuesday of each month—8:30 p.m.	5
Board Room of Pierce County Medical Society	
V PIERCE COUNTY MEDICAL SOCIETY	
Second Tuesday of the month except June, July & Augu	st
V STAFF OF TACOMA GENERAL	
First Tuesday of March, June, Sept., Dec.—6:30 p.m. J TACOMA SURGICAL CLUB	
Third Tuesday of each month—6:30 p.m. at Tacoma Ch	
V TACOMA ACADEMY OF INTERNAL MEDICINE	D
Fourth Tuesday of each month—6 p.m. at Tacoma Club	•
V TACOMA ACADEMY OF GENERAL PRACTICE	
Fourth Monday of each month except June, July & Augu —6:30 p.m. at Honan's	st
PIERCE COUNTY PEDIATRIC SOCIETY	
First Friday of each month except lune, July and August	
STAFF OF MEDICAL ARTS HOSPITAL	
Third Friday of March, June, Sept., Dec.—7:15 a.m.	
at New Yorker Cafe.	
STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL	
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.	



### **Pierce County Medical Society**

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#### Happy Birthday

#### Iune

- 2 TREACY DUERFELDT
- HOLLIS SMITH 5 **JAMES VADHEIM**
- 7 **JOSEPH HARRIS**
- 8 JACK ERICKSON
- HAROLD LUEKEN 10
- 11 JACK MANDEVILLE
- 13 ERNA GUILFOIL
- 14 THOMAS O. MURPHY
- MILES PARROTT 15GEORGE TANBARA
- 20 GEORGE BATEY
- 21 LEO ANNEST JACK LEE
- 22 MARCEL MALDEN
- 28 STANLEY DURKIN MILLS LAWRENCE HERBERT MEIER

#### NOTICE

Check page 5 of Bulletin for calendar of this month's meetings.

Check back page of Bulletin for calendar of special meetings

#### Front Cover Picture

Douglas Fir at Mineral, Washington; St. Regis Paper Company operations.

#### **Courtesy Richards Studio**

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Kenacort safely starts your patients off right — with all the benefits of systemic corticosteroid therapy and few side effects to worry about. Increased corticoid activity is provided on a low dosage schedule<sup>1-3</sup> without edema,<sup>1-4</sup> psychic stimulation,<sup>1-3</sup> or adverse effect on blood pressure.<sup>1-3,5</sup> A low sodium diet is not necessary.<sup>4-5</sup> Gastrointestinal disturbances are negligible<sup>2,4,5</sup> with less chance of peptic ulcer.<sup>4</sup> This makes Kenacort particularly valuable in treating your "problem patients" — such as the obese or hypertensive and the emotionally disturbed.

REFERENCES: • 1. Freyberg, R. H.; Berntsen, C. A., Jr., and Heilman, L: Arth. & Rheum. 1:215 (June) 1958. • 2. Shervood, H., and Cooke, R. A.; J. Allergy 28:97 (March) 1957. • 3. Shelley, W. B.; Harun, J. S., and Fillsbury, D. M.; J. A.M. A. 167:559 (June 21) 1958. • 4. Dubois, E.L.; California Med. 89:195 (Sept.) 1958. • 5. Hartung, E.F.; J.A.M.A. 187:973 (June 21) 1958.

SQUIBB

Statistics of the statistics



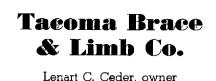
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### June Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	<b>2</b> Staff of Tacoma General	3	4 Clin. Path. Conf. of T. C. Hospital	5
	Hospital 6:30 p.m.	<b>_</b>	8:30 a.m.	
8 Staffs of Doctor's Hospital 7:30 p.m. Good Samaritan 6:30 p.m. N. P. Hosp.—Noon	9	10	11 Clin. Path. Conf. of T. C. Hospital 8:30 a.m.	12
15 Staff of St. Joseph's Hospital 6:15 p.m.	16	17	18 Clin. Path. Conf. of T. G. Hospital 8:30 a.m. P. C. I. M. B. ANNUAL MEETING Top of the Ocean 6:30 p.m.	19 Staff of Medical Arts Hospital 7:15 a.m.
22	23	24	25 Clin. Path. Conf. of T. G. Hospital 8:30 a.m.	26 Staff of Mary Bridge Hospital 12:15 p.m.
<b>29</b> Staff of Mt. View General	30			



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BURDICK PHYSIO-THERAPY EQUIPMENT

CAMBRIDGE ELECTROCARDIOGRAPHS

WILMOT CASTLE STERILIZERS AND LIGHTS

SKLAR, HASLAM AND LAWTON SURGICAL INSTRUMENTS

#### Pierce County Surveillance Program

The incidence of poliomyelitis throughout the United States in 1957 and 1958 has been remarkably low. A number of factors may have contributed to this circumstance including:

1. The separation of viral meningitis due to virus infections other than polio through the applications of stricter diagnostic criteria.

2. The efficacy of the Salk vaccine.

3. The possibility that the incidence of polio virus infection was naturally low for unknown reasons.

To obtain more information about the degree and duration of immunity provided by the polio vaccine and to elucidate further the etiological factor or factors in polio-like illnesses, a surveillance program will be carried on throughout the United States for the year 1959. To carry out such a program study two things are necessary, (1) collection of laboratory specimens, blood and stool, from individuals suspect for polio or polio-like disease as soon as the disease is suspected. (2) complete and accurate epidemiological record on each individual suspect.

In cooperation with the Washington State Department of Health, the Tacoma-Pierce County Health Department is conducting the surveillance program in this area. Physician participation is being solicited.

It is planned that the program will operate in this fashion: When a polio or a polio-like disease is suspected in a patient the physician may request that stool and blood specimens be obtained for viral studies. (All of the hospital laboratories have or can be provided with the special containers for collecting and mailing of specimens). After the physician has thus indicated willingness to participate in the program, he will be asked to complete a brief clinical resumé of case on a form provided for this purpose. All clinical and specimen summaries will be forwarded to the State Health Department where the

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results of the tests and clinical summaries will be assembled along with other information derived from other areas in the state and the various states will be the basis for future scientific developments.

Each participating physician will receive a complete report of all tests performed on his patient, and make it possible to arrive at a more accurate diagnosis. If additional information is desired, please call the County Health Department.

#### -C. R. Fargher, M.D.

#### Venereal Disease Studied

A venereal disease study is currently being made among private physicians by Robert H. Harbridge, Public Health Advisor on the staff of the Washington State Health Department, who regularly works in the Pierce County area.

in the Pierce County area. The survey, which has the complete endorsement of the Tacoma-Pierce County Health Department, has the objective of acquainting local physicians with the services that are available to help them in their efforts to control venereal diseases. These services include:

1. The availability of a specialist, trained in interviewing cases of infectious syphilis of either sex. This is the most efficient means known of breaking the chain of infection, and bringing cases to treatment.

2. Samples of the latest medical information on the diagnosis and treatment of venereal disease. All requests for such material will be filled promptly.

3. The latest list of reportable communicable diseases and reporting cards, envelopes, etc., from the Epidemiology Division of the Washington State Health Dept.

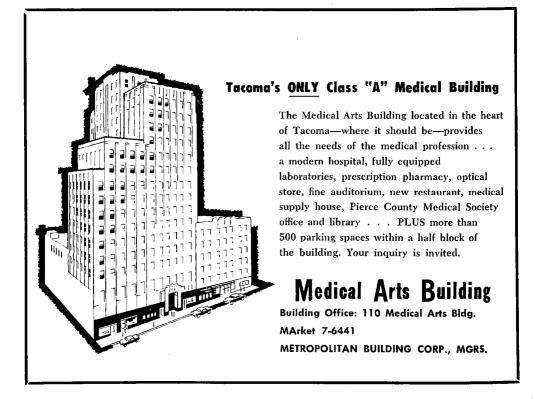
All of these services are available without charge and on a completely voluntary basis.

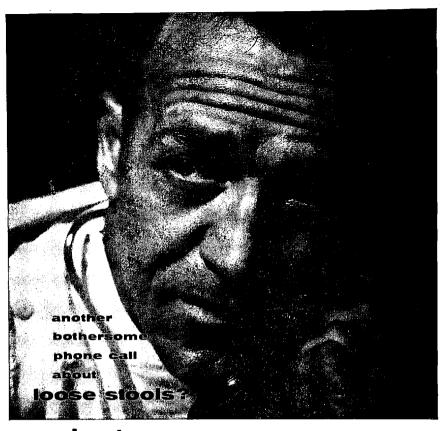
It is hoped that this current survey will stimulate the reporting of veneral disease cases as required by the State Board of Health regulations. Full and complete reporting is the only method by which to eliminate the unknown reservoir of venereal disease. Early treatment will help prevent serious complications arising out of neglected cases.

Your medical society, local and State Health Departments, asks for your cooperation in this worthwhile effort to establish accurate records, on all levels, regarding the status of the venereal disease problem. With this data as a base line, we will be able to realistically implement a cooperative plan to better control the venereal disease menace in our county.

-C. R. Fargher, M.D.







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#### Normal Stool Frequency with Lactum<sup>1</sup>

Lucrum vas fed to 57 normal infants for 2 to 10 months. The investigators observed: "In no case was there any history of persistent diarrhea. In forty-eight infants, the usual number of stools was one to two daily; in only nine were three three, or occasionally four a day."

### Low Incidence of Loose Stools in Hospital Study<sup>2</sup>

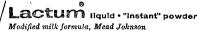
In a clinical study of 180 sick and 10 well infants fed Lactum, the investigator reported: "There was no diarrhea in any of the infants except in those patients whose diagnosis on admission was infectious diarrhea... we have been convinced that inclusion of adequate added carbohydrate in ... [Lactum] during stress periods, such as diarrhea, is definitely advantageous."

to avoid baby's discomfort and mother's anxiety...specify

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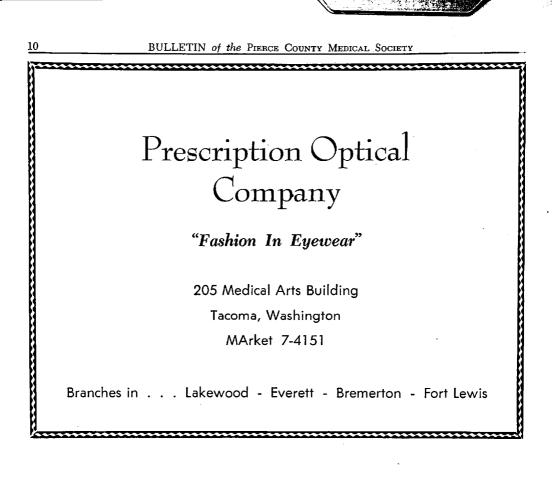
Age	No. Cases	Laose Stools†
Birth	14	0
1 mo.	36	0
2 mo.	27	1
3 mo.	12	1 1
4 mo.	10	Ī
5 mo.	14	0
6 mo.	8	0
7 mo.	19	0
8 mo.	11	0
9 mo.	10	0
10 mo.	8	Ō
11 mo.	11	ō
12 mo,	10	Ō
	190	3 (1.6

Faclusive of infants admitted with infectious diarrhea.
 Frost, L. H., and Jackson, R.L.: J. Pediat. 39: 585-592 (Nov.) 1951.
 Henrickson, W. E.: GP 8:51-56 (Oct.) 1953.





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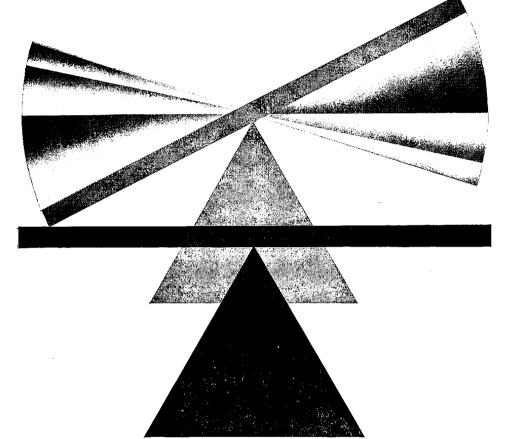
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1. Kuzell, W. C., and others.: Arch. Int. Med. 92:646, 1953. 2. Wolfson, W. Q.: J. Michigan M. Soc. 54:323, 1955. 3. Strandberg, B.: Brit. J. Phys. Med. 19:9, 1956. 4. Platt, W. D., Jr., and Steinberg, I. H.: New England J. Med. 256:823 (May 2) 1957.

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## HOSPITALS ...

#### St. Joseph's

Maintenance Department reports the installation of conductive floors and an isolated electric system for the Surgery suite which has just been completed. All switches and receptacle boxes have been provided with the new approved type of explosion proof fixtures. All rolling equipment has had casters and wheels changed over to the conductive type. Conductive over shoes for operating personnel have just arrived and we are now in full compliance with the National Fire Association code.

The necessary electrical work has been completed in our delivery rooms and in the near future the conductive floor will be installed bringing the OB Department to the required standards.

In the plans for the near future are an up to date fire alarm system and a sprinkler system for the basement area.

In conjunction with the work already accomplished in the surgery suite will be a joint job for the entire area. New equipment is arriving each week to replace the old and obsolete pieces. When this work is completed we will have as fine an operating suite as any in the entire Northwest.

Work is progressing in the change over of our clinic and it should be ready in early July. This will release St. Mary's Ward for use by the Medical floor. By fall we should be sufficiently prepared for whatever may come.

The student body held a very successful lawn supper on Thursday, May 21 for the faculty and student body of Tacoma General Hospital School of Nursing.

There were "hot dogs" right from the grills topped off with salads and all the fixings. The table was centered with a huge cake on which was enscribed "Welcome Tacoma General." Thanks are in order to Miss Clark and her very hardworking committee.

On Wednesday, May 20 an orientation meeting for all girls interested in the Sodality was held. Father Buchanan, S.J., was present to answer questions that any prospective members might have had regarding membership.

The class of 1934 celebrated their 25th anniversary with a reunion on Saturday, May 23. Following a luncheon the group toured the nurse's residence. Student nurses acted as guides. After the tour the alumni entertained the seniors and members of the class of 1934 at a banquet at the Towers.

Wednesday, May 27 the Pediatric staff was entertained at 5 o'clock dinner by Mrs. Rehwinkel in her new home on North 21st. A delightful supper in a very attractive atmosphere was enjoyed by all. A gift for her home was presented to the hostess by the group.

Mrs. Laura Leo, a very faithful practical nurse in the department, who has been with us the past 10 years is taking a two month leave of absence to visit her daughter Dorothy in Hawaii. Dorothy is in the Waves and has been stationed in Hawaii for the past year. We will expect a real demonstration of the "hula" on her return.

Jeffrey Drucker, the son of Doctor and Mrs. Drucker, has been a patient in the department this past week.

Our last group of seniors will be leaving us June 7. We've enjoyed their stay and hope some of them will return for senior service. On June 3 the class will be visiting Rainier State School.

Mrs. Wetsch has joined the staff and will replace Mrs. Graham who has left us and is moving to Seattle.

Dr. Charles Atwood from the Joint Commission on Hospital Accreditation made a survey of our hospital on Thursday, May 21, 1959. The Executive Committee and Chairmen of the Committees were served a delicious dinner with Dr. Atwood in the cafeteria at noon on Thursday.

New babies during the past month were born to the following happy parents: Helen Fletcher, R.N., boy; Betty McDonald, boy; Marianne Reed, girl; Ceciia Hogarth, girl; and Elizabeth Smith, girl.

Last month all heard the good news that Sister Marie Immaculee from La Grande, Oregon and Miss Sharon Weinreich from Good Samaritan Hospital, Puyallup had passed the National Accreditation exam. These students were in the first class of Medical Record Technicians to take the course at St. Joseph's.

Combined graduation exercises were held Sunday, May 17 for the students of the X-Ray, Medical Technology and Medical Record Technician Schools.

Holy Mass was offered in the Hospital Chapel at 9 a.m., followed by brunch and

(Continued on Page 17)



hele and the second

### have you seen a patient with

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### then you should know...

It has been reported<sup>1,2</sup> that patients with the Vogt-Koyanagi syndrome benefit from METICORTEN. Extensive literature indicates that practically every corticosteroid-responsive disorder may be expected to benefit from this established steroid.

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\*Vogt-Koyanagi syndrome—Bilateral uveitis with alopecia, poliosis, dysacusia, vitiligo and retinal detachment. In addition to its proved value in steroid-responsive eye disorders, METICORTEN is unsurpassed in relief of asthma, rheumatoid arthritis and severe hay fever.

Bronstein, M.: A.M.A. Arch. Ophth. 57:503, 1957.
 Soss, T. L.: California Med. 87:266, 1957.

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## (Continued from Page 13)

presentation of diplomas. Former graduates of the three schools, Department Heads, and those connected with the students were invited for the occasion.

Medical Record graduates are Sister Mary Perpetua, O.S.F., and Jill E. Kilian. Medical Technologists are Betty Saile, Dolores Rada, Ramona Masso and James Rose. X-Ray Technicians who received diplomas are Suzanne Dee Mickens, Marjorie Hanley, Joan Rae Keuter, and Frances A. Anich.

On Wednesday, May 21 the Medical Record Technicians students visited the Medical Record Departments of Providence Hospital and King County Hospital in Seattle.

Our Hospital Picnic will be held Wednesday afternoon June 24 at Lake Geneva . . . All are invited.

## Mountain View General

It has been requested that the following information on the Toxicity Rating Chart be provided to the Medical profession by the Pierce County Poison Control Center. Basis for the ratings are a 70 kg man (150 lbs.):

- 6 Supertoxic Less than 5 mg, a taste (less than 7 drops).
- 5 Extremely Toxic 5-50 mg, between 7 drops and 1 teaspoon.
- 4 Very Toxic, 50-500 kg, between 1 teaspoon and 1 ounce.
- 3 Moderately Toxic 500-5 gm/kg, between 1 pint and 1 quart.
- 2 Slightly Toxic 5-15 gm/kg, between 1 pint and 1 quart.
- 1 Practically non-Toxic Above 15 gm/kg, more than 1 quart.

Mrs. Irma Hough, R.N. and Mrs. Veronica Bailey, R.N. spent Saturday and Sunday, May 9 and 10, working with the Poison Center display at the County-City Building.

Mrs. Leota Johnson, R.N. of the night nursing department, has left for Germany via the Polar Flight to join her husband stationed there.

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ACCOMPANY OF A

160

Helen Fenn has replaced Carolyn De-Muyneck of the Social Service Department. Mrs. DeMuyneck and husband have moved to Ellensberg, Washington. Prior to her departure, Audrey Anderson, Social Service, entertained the members of that department in Carolyn's honor at the Anderson home in Puyallup. Miss Anderson is at present on vacation in St. Louis, Missouri.

Card The State

Dr. Rodney M. LaViolette, who has been one of this year's most efficient resident doctors, will open his office for general practice on July 1, in Burien at 14315 Ambaum Blvd., the Burien Medical Dental Center. Dr. LaViolette formerly practiced at the Mountain View Sanatorium. He is a graduate of the University of Washington Medical School.

Carol Karwoski, head Laboratory technician, and husband Frank, enjoyed a most delightful and remunerative week in Las Vegas and Virginia City, Nevada. Returns luckily paid for their trip. They also journeyed to Reno, Lake Tahoe and San Francisco. While in Las Vegas they enjoyed the Ray Bolger and Jimmie Durante shows.

Mary Dunlop, wife of Dr. Dunlop of Bremerton, is being welcomed back to the Record Department where she is aiding that department temporarily. She was Medical Records Librarian at this hospital in 1956 while her husband served his internship. The Dunlops now have a delightful home in Bremerton and two most attractive children.

Other newcomers to the Record Department are Miss Viola Frost who comes from Seattle once a week to act as part time Medical Records Librarian, and Amy Jo Brendler, whose husband is with the army at Fort Lewis.

Dr. and Mrs. Robert Bias and family had an interesting, pleasant vacation which took them to various parts of Canada. Dr. Bias reports that they were intrigued with beautiful Vancouver, B.C., where, in addition to the enjoyable scenery, they were able to indulge in a splendid beef steak dinner each evening at a reasonable price. They also journeyed to Grand Coulee Dam and Roosevelt Lake in Eastern Washington.

Marion Daley, secretary in the Purchasing department, became the bride of Mr. Peter Smart on April 25 in the Sacred Heart Church, Tacoma. Mr. Smart is a mechanic for the flight line, Pan American Airways.

Another wedding of interest was that of Faith Annas of the Dietary department, to Paul Sny, in Auburn, Washington, on April 3.

### Tacoma General

The membership of the Board of Trustees was increased to 25 at the April meeting. New members are Mr. W. Hilding Lindberg, Mr. Reno Odlin, Mr. Carl L. Phillips, Mr. Henry O. Wheeler.

## Miss Ruth Kynoch, Director of the School (Continued on Page 19)

Uneventful Recovery

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Note: Rapid and high initial antibiotic blood levels are an important factor in uneventful recoveries. Glucosamine potentiation provides the fastest, highest tetracycline levels available with oral therapy. Bibliography and professional information booklet available on request. (Continued from Page 17)

of Nursing, has been appointed a member of the four member State Board of Nurse Examiners.

The Tacoma General Hospital School of Nursing has been recently reviewed by the Executive Secretary of the State Board of Nurse Examiners. The report states that the School is to be praised for its high standard of education.

Mr. Oscar Smaalders reported May 1 as Executive Housekeeper. Mr. Smaalders comes from a similar position in Los Angeles, California, at the University of California Medical Center Hospital.

Mrs. Dorothy Morous, Mrs. Betty Hoffman, and Mr. Walter Huber represented Tacoma General at the recent annual convention of the Association of Western Hospitals in Salt Lake City, Utah.

Janice Greer, president-elect of the Student Body of the Tacoma General Hospital School of Nursing, was sent by the student body as a delegate to the National Student Nurse Convention in Philadelphia, Pa.

Happy changes for some of the present faculty of the School of Nursing mean new instructors in the School. Mrs. Donna Ferguson will be returning to the medical area, and Gail Bass, a TG graduate of a few years ago, will be in the surgical area. Leaving are Miss Bernice Nelson, who became Mrs. Glen Carlson on May 2, and has gone to Europe for a summer honeymoon; Mrs. Velma Sackman, who is retiring temporarily to have her first baby; and Mrs. JoAnne Anderson, who will accompany her husband to Maryland where he has a surgical internship at Johns Hopkins. JoAnne has been accepted on the teaching staff of the School of Nursing at Johns Hopkins, as surgical clinical instructor in the emergency and out-patient department.

Dr. Dale Hadfield attended the Western Biennial Conference of Anesthesiologists in Phoenix, and while there took the oral examination for certification by the American Board of Anesthesiology, which he passed successfully.

## Disaster Preparedness at Tacoma General Hospital

On May 14 Tacoma General was inspected for disaster preparedness by the Civil Disaster Committee of the Pierce County Medical Society. Purpose of the inspection was to determine if the hospital would be ready in case a large number of casualties were suddenly to descend on the hospital. Emphasis in disaster planning has been on local catastrophies, rather than on nuclear attacks.

Chairman of the committee is Richard B. Link, M.D. Other members are David T. Hellyer, M.D., Murray L. Johnson, M.D., Richard F. Barronian, M.D., Ted Haley, M.D., John S. May, M.D., Donald F. McKay, M.D., James P. Duffy, M.D., Cecil Fargher, M.D., Ted Apa, M.D., and Judy Gordon, Executive Secretary of the Medical Society.

We were privileged to have with us two men from the Washington State Hospital Association, also here to inspect our facilities. They were John Bigelow, Executive Secretary of the Association and Harry Wheeler, Administrator of Deaconess Hospital in Spokane and Chairman of the Association's Disaster Planning Committee.

Hugh Owens, Administrative Assistant at the hospital, was in charge of arrangements for the inspection activities.

## "CONTEST WINNERS" Dear Sirs:

I'm glad my fathers a doctor because he makes alot of friends he even has some moviestars. He's sent to meatings out of town and brings information.

People say I'm lucky haveing a doctor father. Our neighbors get sick or cut their fingers just have to come to our house, sometimes they even bring their dogs. If I have problems I go to him. He helps me in school alot on every subject, most of all health. He helps to explain those awful pictures in medical books. Father is what I consider a hero because he helps save lives.

### JANE HERRMANN 10 years PRIZE: FLASH CAMERA

I am glad my Daddy is a doctor because if any of my family get sick my Daddy will help them cause he knows what to do. also my Daddy helps other people get well not only my family.

Doctors are helpers.

Doctors have offices.

Some Doctors go to Houses.

JAMIE MAY

6 years **PRIZE: WRIST WATCH** (Prizes donated by Harold Meyer)

Pierce County Medical Society Does Not Meet During June, July or August



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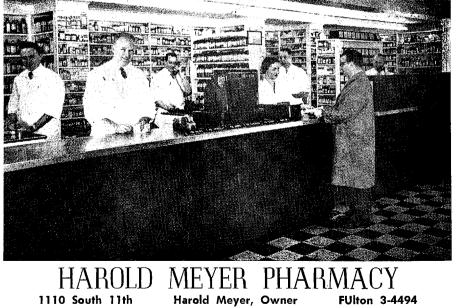
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## 25 YEARS AGO

## (Bandom notes from 1934 Bulletins)

An event of January 14 was the marriage of Miss Ruth Ellen Fridlune and Dr. David H. Johnson. Dr. and Mrs. Johnson are spending their honeymoon in California.

Dr. Tom Murphy finally collected some more money and is really leaving for California. Of course Tom would need more money for such a trip than most of the rest of us.

The Tacoma Surgical Club's meeting was a great success. There were over 180 registrations, men from British Columbia, Portland and from every sizeable community in the state. There were 132 registered at the banquet. Dr. Ivy as guest speaker was a real inspiration to the meeting.

Dr. Charles McCreery has again been elected president of the Tacoma Civic Music Association.

Dr. and Mrs. Phillip Kyle announce the birth of a son, Paul Ritchie Kyle, on September 19.

Dr. W. A. Niethammer has just been elected president of the Young Men's Business Club.

. . use the Library for reading or loafing and come to the club rooms any day after lunch and enjoy a game of billiards, ping pong or bridge.

Dr. R. D. Wright has been appointed Chief Surgeon of the new Mason City Hospital, which is to be erected at Coulee Dam.

There is an open handicap billiard tournament being carried on in the Club Room in the Medical Arts Building. The following brethren of the great medical and dental professions are playing: Coach Engels, Professor Janes, Smoky Joe Turner, Rookie Nelsen, Student Creswell, Bonecrusher Goering, Jawbreaker Wilbur, Visitor Walter Cameron, Willie Hoppe Cameron, Specs Jorgenson, Knee Jerk Magill, Young Jake Schaeffer and Occlusion Fisher. The prize is to be a cue. Visitors are welcome and participants invited.

It is said that the average American family pays the doctor \$75 a year. This will be real news to the doctor.

Dr. J. F. Steele is back in his office after a hunting trip in the Lake Chelan region. He reports that he killed more birds than deer, however.

Dr. L. A. Hopkins has been observed of late driving a brand new Plymouth car.

Dr. A. H. Buis, who has been the main political spokesman in the Doctor's Room at the Tacoma General Hospital for the past few years, is running for the two-year term of Civil Service Commissioner.

Dr. H. G. Willard took an airplane trip back to see his son who has finished his Sophomore year in Northwestern U.

Dr. S. F. Herrmann has returned from a three-week trip to the Middle West. He attended a reunion of former members of the staff of the Mayo Clinic, visited his brother in St. Louis and spent several days in Chicago seeing the fair.

## **Pierce County Medical Society** Does Not Meet During June, July or August

## **Doctors Sweep Field Day Events**

The doctors made a clean sweep in the Field Day events of May 7 and were victorious over the legal eagles in both the bridge and golf tourneys.

Fifty-eight doctor-lawyers entered the golf tournament with the doctors winning 38 of a possible 75 points in the team match. Prizes were awarded the following:

Low gross (best score): John Reha. Low nct: George Kunz.

Low net (1st division): Gerald C. Kohl. Low net (2nd division): Martin Eltrich. Long drive (1st division): G. M. Whitacre.

Long drive (2nd division): Wayne Zimmerman.

Closest to the pin: Buel Sever.

In the bridge tournament, the doctors outsmarted the lawyers and racked up the winning scores for the afternoon. Doctors responsible for the victory were: Elmer Wahlberg, Charles McCoy, Harold Johnston and Max Thomas.



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## Academy of General Practice Scientific Assembly Held

The Washington Academy of General Practice held its 7th Annual Scientific Assembly at Longview, Washington, May 10 to 13, 1959. Some 18 authorities addressed the gathering on topics of interest to CP's. Officers elected were John Ely, president; Arthur Ludwig, president-elect; John Garringer, Jr., secretary-treasurer; national delegates—John Ely and Errol Rawson; trustees—Ronald Gill and Duncan Robertson; speaker of the house, Larry Wilson. The 1960 session will be a four hour state regional meeting held in Seattle September 9 to 11.

The initial speaker of the 1959 session was Dr. Delbert Small, anesthesiologist from Spokane. He summarized the preparations essential for a safe anesthesia as an empty G-I tract, a patient in normal physiologic balance and proper premedication. Since induction and emergence are the most dangerous phases of anesthesia, one should never consider a general anesthetic to be a minor procedure simply because it happens to be brief. This is as important to a woman in labor as it is in surgery— "nothing by mouth."

Dr. Robert N. Rutherford, Seattle obstetrician, spoke on psychometric testing as a tool in fertility and marital problems. He pointed out that many infertile couples were not seeking a child but a remedy for a sick marriage. A marriage should be made a success before a child is brought into the home. Psychometric testing helps the physician to show the couple their areas of conflict and where personality readjustment is necessary. This re-education phase is usually best handled by a psychologist.

Third trimester obstetrical problems were discussed by Dr. Russell de Alvarez from the University of Washington. In patients with pre-eclampsia, it is most important that changes in physiology be observed since a trend is more significant than deviation from any arbitrary normal value. Hospitalization is essential when the patient ceases to respond to ambulatory treatment. Placenta previa, placental separation, cancer of the cervix, rupture of the uterus, and transverse presentations were also discussed.

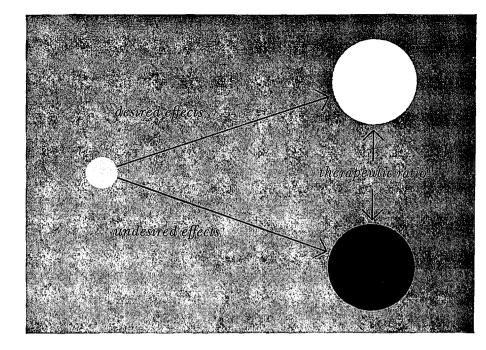
Dr. Kenneth Swan, Oregon professor and editor of the Archives of Ophthalmology, gave advice on emergency care of severe occular injuries. In perforating injuries, a compression bandage may cause herniation of the globe contents. Closing and opening of the lids may cause aspiration of foreign material from the conjunctival sac. An eye shield should be used or the lid may be held closed by an adhesive strip applied high above tarsus of the closed upper lid. Local Instillations are avoided while pain relief and relaxation are achieved by blocking the facial nerve. Either sulfas or chloramphenicol are given systemically to combat infection.

Dr. Edward Foley, from the University of Illinois, told of advances in medicine of interest to the general practitioner. Present research is oriented to physiologic systems rather than toward specific organs. A study of organs reveals only the effects of disease rather than the mechanism of the disease itself. Cellular and chemical study tells us what is taking place at any given moment as the organism makes its adjustment to the disease.

Dr. J. E. Stroh of Seattle, speaking on the subject of "Your Allergic Patient," said that allergic individuals have an inherited trait. About one-third will develop their symptoms within the first 10 years of life. During the first year, foods are the principal allergens. In the next two years, animal danders assume the major role while pollens become important between ages 4 to 6. By the time a person has lived for 40 years, the source of his allergy is difficult to find by history or skin testing. The errors in treatment may be summarized as carrying a patient too long on paliative therapy or overtreating him with corticosteroids.

Dr. Floyd Neff, orthopedist from Compton, California, described a new treatment for chronic back disability. On the theory that in 90% of these backs the pain is due to incompetent ligamentous attachments, he injects a proliferating agent into the painful areas of bone-ligament junction. He uses a mixture of one part Sylnasol with three parts 1% Xylocaine.

(Continued on Page 25)



## The best therapeutic ratio

## in the steroid field

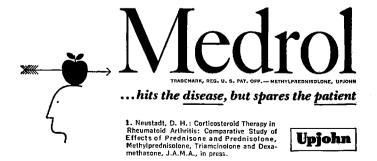
## confirmed by a comparative clinical study of

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## (Continued from Page 23)

Dr. Errol Rawson, past president of the Washington Academy of G.P., gave a paper on pigmented skin lesions. He stressed that decision for removal was determined by the appearance of the lesion, its location, and changes in its character. Surgical excision is the preferred treatment of all lesions.

Dr. Rutherford's second paper was on vaginal hysterectomy and perineal repair. A movie in color was used to demonstrate his technique and aid visualization of important structures. The uterus is removed by retroversion through the posterior cul de sac.

The Seattle psychologist and marriage counselor, John Williams, joined Dr. Rutherford at the evening banquet in a discussion of teenage sex education. Success in their methods depends on presenting factual information to the teenagers as a group in the presence of their parents. This situation breaks down the usual barrier between parent and child, and helps the parent assume his proper responsibility for sex education.

Speaking about "Family Problems and the Family Physician," Dr. George Saslow, University of Oregon Psychiatrist, agreed that realistic sex education was helpful preparation to family life. Such education is compulsory in Sweden where social responsibility is emphasized. Most teen-age problems arise because the uncertain adolescent needs to test his strength in order to discover who he is and where he fits into the adult world. He has no wish to be hurt in this conflict. So the home becomes the ideal battleground where differences can be worked out without loss of sustaining human relationships. The parent must not be submissive or ignore these areas of conflict, but must maintain adult social values and contribute long-term aspects for consideration.

Dr. N. Frederick Hicken, surgeon from the University of Utah, spoke on the diagnosis and treatment of abdominal injuries. A physician must be constantly aware of processes taking place within the injured abdomen so that proper treatment will not be delayed. Blood studies, X-ray examinations and paracentesis may be helpful. Surgery is indicated whenever there is progression under conservative management, a mass enlarges, blood loss continues, signs of peritonitis appear, or when there is doubt concerning the true condition. Dr. *(Continued on Page 27)* 

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## (Continued from Page 25)

Hicken cautioned against the use of hemostatic sutures and packing of an injured liver. He prefers debridement, tying of bleeding points and simple drainage. Stomach and intestinal injuries are handled by decompression and resection of devitalized areas. Barium should never be used. There is always an intestinal ileus with renal injury. Conservative management and simple catheterization will save 80% of injured kidnevs.

In his second paper, Dr. Hicken discussed hernia repair. He cautioned that stereotyped methods should not be used for every hernia. The surgeon must discover and understand the anatomical defect which has permitted herniation. It should be only necessary to repair or reinforce the weak area. He finds that femoral hernia is best attacked from above Poupart's ligament.

"Tumors of the Neck" was the subject of Dr. Hicken's final paper. Every physician's office should be a screening and cancer detection center because nearly onehalf of patients have some type of precancerous lesion. He advised that physicians should annually examine their chronic patients just as though they had never been seen before.

Cardiovascular surgeon, Dr. Dean K. Crystal of the University of Washington, emphasized the need for accurate diagnosis and estimation of cardiac compensation in heart disease. Overload at one part of the vascular bed will eventually produce changes in every part of the circulatory system. Overworking the compensatory mechanisms will eventually lead to irreversable changes which make the patient inoperable.

The physician's responsibility to patients with heart disease was expanded upon by Dr. Foley. The physician's prime responsibility is in discovering heart disease. He must accurately diagnose the lesion, its ctiology and correctly evaluate the functional capacity of the heart. Proper management also includes psychological support to maintain the patient's significance in society. The term "heart failure" should be replaced by the designation "cardiac insufficiency."

Dr. Foley's concluding discourse was of "Fevers of Undetermined Origin." A diagnosis may be eventually made, although the true state of affairs may not be manifest for several weeks or months. The com-

(Continued on Page 29)

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### (Continued from Page 27)

monest cause of undiagnosed fever are the lymphomas. Next in prevalence are connective tissue diseases such as rheumatoid arthritis. Any malignancy, especially if growth is rapid, must also be suspected as a cause for fever. Infectious diseases may run typical courses, and rare diseases may not be diagnosed because they have not been suspected. Fever may also accompany cardiac insufficiency and other conditions which increase metabolism.

Dr. Thomas White, University of Washington surgeon, dealt with diseases of the breast. Most breast lesions require an excisional biopsy. When there is bleeding from the nipple, he favors excision of the entire breast quadrant. Usually, a circumferencial incision through the skin is more acceptable to the patient. The surgeon should always be prepared to proceed with an immediate radical mastectomy when he feels that there may be a malignant condition.

The entire morning of the final day of the G.P. assembly was devoted to a panel which discussed practical applications of hypnotism. The president and two members of the American Society of Clinical Hypnosis composed the panel. Panelists were: Drs. Milton Erickson, Phoenix, Ari-zona; Seymour Hirshman, Chicago, Illi-nois ;and Maurice Bryant, Colfax, Wash. George H. Hess, M. D.

Elmer W. Wahlberg, M.D.

## Atlantic City Began As Physician's Dream

When some 15,000 physicians converge on Atlantic City this month for the Amerimen Medical Association's annual meeting, they will be arriving at a place that began as a doctor's dream of a health resort.

In 1852, when Atlantic City was called Absecon Beach, Dr. Jonathan Pitney, who had a thriving practice in the community of Absecon, saw the advantages of the beach as a health resort. At the same time, a glass manufacturer wanted a railroad to carry his wares. Between them, the two men sold businessmen in the area on the advantages of a railroad to the island.

Once the railroad was built, a real estate boom occurred. Hotels were built, the town's name changed to Atlantic City, and the "world's leading seashore resort" began.

Atlantic City is a place where one can catch a 600-pound marlin, relax to the gentle motion of the famed "boardwalk carts" or eat all the salt water taffy he

wants. In fact, some 50,000 pounds of salt water taffy are sold every summer day on the Boardwalk.

Even though it is called "salt water taffy," there is no salt water in it. Thirtyeight nations supply the ingredients for the 25 flavors of salt water taffy. The candy got its name, according to legend, when a man named David Bradley opened a candy store in 1883. One summer night, an exceptionally high tide swept into Bradley's store. It soaked the stock of taffy.

The next morning a child was Bradley's first customer. She asked for regular candy. But Bradley had none, so he leaned over the counter and whispered, "How'd you like to try some salt water taffy?"

In a more serious vein, Atlantic City, located 60 miles southeast of Philadelphia, 100 miles southwest of New York and 175 miles northeast of Washington, D.C., is readily accessible by air, rail or automobile. According to A.M.A. Convention Mana-

ger George Larson, Atlantic City has had an amazing face lifting since the A.M.A. met there in 1955. In the last four years, more than 4,000 new motel units have been built at a cost of \$21 million. In addition, the big hotels have spent millions modernizing and remodeling.

The sea, of course, is the big attraction in Atlantic City. One Atlantic City fisherman—Bill Upperman—says the city offers "as good fishing as anywhere in the world." He said June is one of the best months because that is when millions of fish migrate from the Bahamas up the Atlantic Čoast.

## Features of A.M.A. Convention Scientific Sessions

Staphylococcal infections, blood cell disorders, space medicine, European spas, aging, and hypnosis are among the subjects to be considered this June. Some 450 physicians will present scientific papers or participate in panel discussions and sympos-iums. In addition, there will be 387 scientific exhibits shown by physicians and 285 industrial exhibits.

Most of the scientific sessions, along with the exhibits, will be held in the Atlantic City Convention Hall. Some scientific meetings will be held in hotels.

Seven of the 21 sections of the scientific assembly marks their 100th anniversaries during the meeting. They are the sections on surgery, internal medicine, obstetrics and gynecology, experimental medicine and (Continued on Page 31)



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Everyone should have a Will . . . no matter how large or small the estate. A properly drawn Will protects the future of your family. It relieves your wife of many complex and legal business details in the event of your demise.

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Protect your family by making your Will. See an attorney *now*.



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### (Continued from Page 29)

therapeutics, pathology and physiology, nervous and mental diseases, and preventive medicine.

Other features of the scientific program will include color television and motion pictures. Two films of special interest to be premiered deal with staphylococcal infections in hospitals and radiation protection in diagnostic radiologic examinations.

### Session on Aging

All physicians are invited to attend the special one-day session on new concepts in aging which will be held in Room C of the convention hall at 9 a.m. Wednesday, June 10, under auspices of the A.M.A. Committee on Aging.

The meeting is designed to present the practicing physician with a concentrated review of current thinking regarding health care of the aged, and to provide him with concrete health recommendations which he can translate to his own older patients.

Nationally recognized authorities in their fields will cover such points as 1) special treatment aspects of cardiovascular, neoplastic and bone diseases among the aged, 2) effects of adequate nutrition on rehabilitation potential for older patients, 3) variables in prescribing a physical activity

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program for the older individual and 4) the effects of physical health, social adjustment and psychological functioning on motivation in the older person.

Physicians planning to attend the session are invited to send questions or points they would like to see discussed to the Committee on Aging, A.M.A., 535 North Dearborn St., Chicago 10, Illinois. Queries should be received at A.M.A. headquarters not later than Wednesday, May 27.

## House of Delegates

The House of Delegates, with its 210 members, will meet throughout the week in the Traymore Hotel, headquarters for the meeting. The House will select a physician to receive the Distinguished Service Award at its opening session Monday morning, June 8. Winner of the Goldberger Award, given for outstanding contributions in the field of nutrition, will also be announced Monday. The winner will present the annual Goldberger lecture at the opening of the general scientific session Monday afternoon.

Pierce County Medical Society Does Not Meet During June, July or August



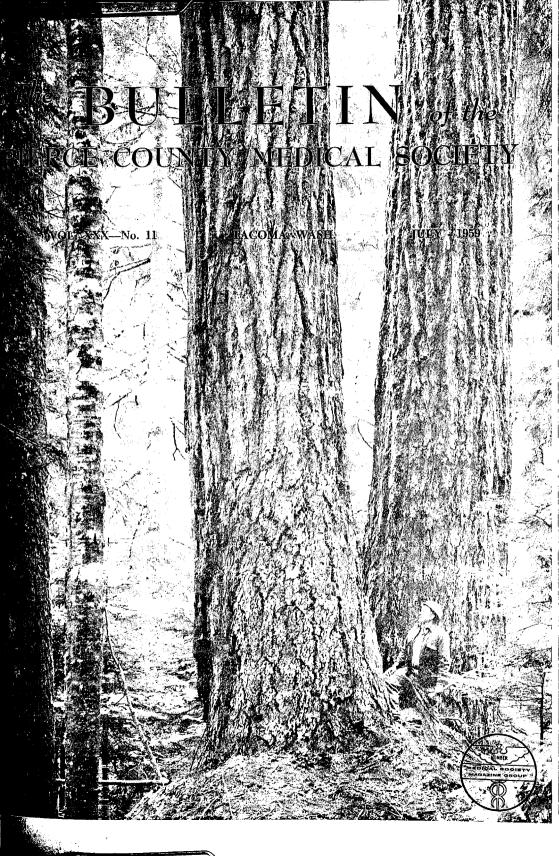
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# MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA Second Monday of March, June, Sept., Dec.—7:30 p.m. Auditorium of Medical Arts Bldg. STAFF OF GOOD SAMARITAN Second Monday of March, June, Sept., Dec.—6:30 p.m. STAFF OF NORTHERN PACIFIC Second Monday of each month-noon. STAFF OF ST. IOSEPH'S Third Monday of March, June, Sept., Dec.-6:15 p.m. STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL Last Monday of February, June, September and November TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS First Tuesday of each month—8:30 p.m. Board Room of Pierce County Medical Society PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the month except June, July & August -8:15 p.m. STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.-6:30 p.m. TACOMA SURGICAL CLUB Third Tuesday of each month—6:30 p.m. at Tacoma Club TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club TACOMA ACADEMY OF GENERAL PRACTICE Fourth Monday of each month except June, July & August –6:30 p.m. at Honan's PIERCE COUNTY PEDIATRIC SOCIETY First Friday of each month except June, July and August STAFF OF MEDICAL ARTS HOSPITAL Third Friday of March, June, Sept., Dec.—7:15 a.m. at New Yorker Cafe. STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.-12:15 p.m.



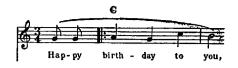
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## Happy Birthday

## July

- 2 PHILLIP BACKUP
- IAMES LAMBING 8
- 10 CLARIS ALLISON HOMER CLAY JOHN KANDA
- 11 HARRY CAMP WALLACE HOYT
- 12 ROBERT FLORENCE ROBERT JOHNSON
- 13 FRANK MADDISON
- 17 HENRY MAKI
- 21 GEORGE KITTREDGE
- 23CHARLES DENZLER CHARLES McCOY
- 24JOHN SHEPPARD
- 25CHRIS REYNOLDS
- 26 ARCHIBALD HOWE
- 27THOMAS LYNCH FREDERICK SCHWIND
- 28 WILLIAM GOEBING
- 31 MARTIN ELTRICH FAY NACE

## NOTICE

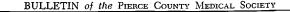
Check back page of Bulletin for calendar of special meetings

## **Front Cover Picture**

Douglas Fir at Mineral, Washington; St. Regis Paper Company operations.

## **Courtesy Richards Studio**

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REFERENCES: • 1. Freyberg, R. H.; Berntsen, C. A., Jr., and Hellman, L: Arth. & Rheum 1:215 (June) 1958. • 2. Sherwood, H., and Cooke, R. A.: J. Allergy 28:97 (March) 1957. 3. Shelley, W.B.; Harun, J.S., and Pillsbury, D. M.; J.A.M.A. 167:959 (June 21) 1958. - 4. Dubois, E.L.: California Med. 89:195 (Sept.) 1958. • 5. Hartung, E.F.: J.A.M.A. 157:973 (June 21) 1958.



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# Dentists! Doctors! FIELD DAY

# Friday, July 17

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## CALENDAR OF EVENTS

FISHING . . . Call Drs. Schwind or Osborne.

GOLF . . . Drs. Peterson and Whitacre are taking names (and handicaps) for this event.

TENNIS . . . Contact Drs. Brokaw or Max Thomas.

COCKTAILS-6:00

**DINNER**—7:00

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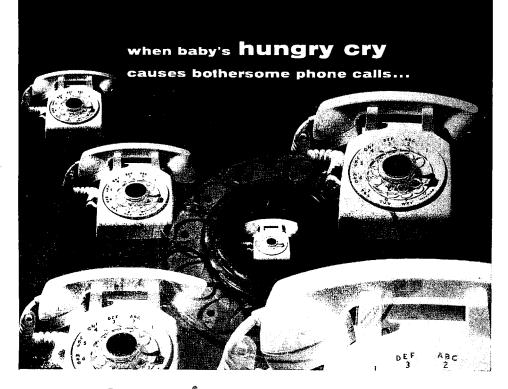
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Resume of Clinical Studies Infants Satisfactorily Fed on Lactum or Deatri-Mattore** Modified Formulas Essentrally Similar to Lactum		
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180 (newborn)	Hattield, Simpson and Jackson <sup>1</sup>	Ali inlants vigorous; made salislactory progress.
57	Frost and Jackson <sup>2</sup>	Mean height and weight curves slightly above normal, normal or superior general development.
190 Ísick & well enfants)	Henrickson*	Salisfactory results. Average hospital stay: 5.5 days, average daily weight gain: 3 ounces.

\*Mailose-dextrins formula modifier, Mead Johnson

I Halfield, M. A.; Simpson, R. A., and Jackson, R. L. J. Padiat, 44; 32-45 (Jan.) 1954, 2. Frost, L. H., and Jackson, R. L.; J. Pediat. 39: 585-592 (Hov.) 1951, 3. Henrickson, W. E.: CP 8: 51-55 (Oct.) 1953. 4. Litchheid, H. R., Aich, Pediat. 61; 61; J (Dec.) 1964,

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## Diagnosis and Follow-up of Venereal Disease Cases

At the time of this writing some of the physicians in the medical community have met and talked with Mr. Robert Harbridge of the Washington State Health Department staff who is at present conducting a venereal disease study among private physicians. As was pointed out in last month's Pierce County Medical Bulletin among other things Mr. Harbridges' purpose is to acquaint the physicians with the latest information regarding diagnosis and treatment, to stimulate reporting of the venerdiseases and to encourage eal the use of the contact interviewer. It is felt that this information in the hands of the physician will help him deal with those problems relating to the handling of venereal disease cases and also further efforts in the control of them in the community.

The venereal diseases have been recognized in the past as a public health problem of major proportions but in recent years have appeared to be of lesser significance. Statistically in the U.S. this has been true since the number of reported cases have shown considerable decline, at least until

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1956. Since this time there have been small but definite increases in reported cases of infectious syphilis and gonorrhea. The increase in syphilis has been manifested principally by outbreaks of small "epidemics" in various parts of the country. Pierce County and Tacoma of recent has also experienced an outbreak. In the past three months eight cases of primary and secondary syphilis have been diagnosed in this community. The average reported number of cases of early syphilis per year for the last four years has been between one and two cases in Tacoma and Pierce County. There are some interesting aspects to this "outbreak." (1) The first case diagnosed was discovered as the result of a routine blood testing program. (2) Over half of the subsequent cases diagnosed were found as a result of contact interviewing of the first case found. (3) None of the cases reported were reported by private physicians.

This experience points up what has been known for some time about what measures will help break up an infectious chain of syphilis. First, the genitals of patients suspected of being sexually promiscuous should be examined, supplemented by a serological test for syphilis and other indicated tests for venercal disease. Second, prompt reporting and contact interviewing of all early cases.

-C. R. Fargher, M.D.

## Telephone "Reassurance Service" To Start Here

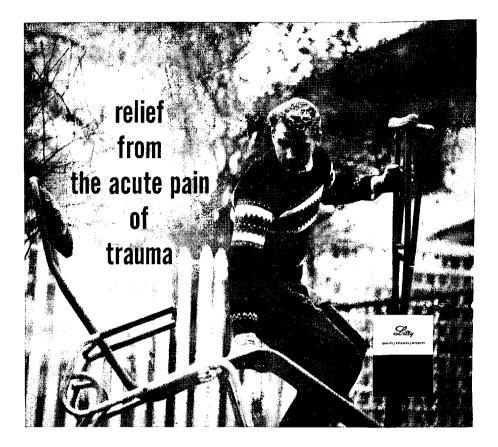
A telephone exchange, performing a special service for older people is being started here by Lucile W. Smith of Lakewood.

The service, which will be of particular interest to those living alone, will operate in the following manner: daily calls will be made at a time specified by the subscriber; if no answer is received, the family, neighbor, physician or law enforcement officer is contacted and advised to investigate the cause.

In this way, the service assures subscribers that, in the event of sudden illness or accident, they will not be left unattended.

The charge for the service will be \$5.00 per month to enable people on a restricted budget to avail themselves of this reassurance protection.

Further information may be obtained by calling Lucile W. Smith at JU. 8-9188.



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BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

# HOSPITALS ...

## Mountain View General

The current group of popular interns are leaving July 1 to enter various other fields. Drs. Richard Kuehn, Leon Wanek and Jerome Weeber will join the Air Force in Alabama. Dr. James Collins will be Resident in Pathology at the University of Wisconsin Hospital in Madison, Wisconsin. Dr. John Mulder goes to Embudo Hospital in Embudo, New Mexico. Dr. Thomas Gates will be in private general practice at Oakland, California. Dr. Robert Nelson will become Resident in Anesthesiology at the Presbyterian Hospital in Chicago. Dr. Elliott Boisen has opened his private office in Lynnwood, Washington. He will be associated with Dr. Robert Gorman. The Boisen family are living now in Edmonds. Dr. Robert Bias and Dr. James Blankenship, Resident, will remain in the North-west. Dr. Frank Kloster returns to Wisconsin and Dr. Richard Otteman becomes one of the Residents at Mountain View General, serving along with Dr. Robert Graham.

Beverley Marcellia, laboratory, husband, Joe, and their children are visiting in Reno, Nevada with Beverley's grandmother, Mrs. Mary Zalac.

Sue Mays leaves to take up her work as laboratory technician in the Clinic at Ada, Oklahoma while her husband PFC Wayne Mays, serves in Korea. He has completed his required time at Fort Lewis.

Helen Kirk of Kennewick, Washington, is one of the new members of the laboratory staff.

Amy Brendler of Madison, Wisconsin, and Barbara McLain, Tacoma, have joined the Record Department. Sally Hill who left that force recently to live in Lynnwood, Washington, was entertained at a coffee hour by members of her department.

From the housekeeping department comes the following: Nelle Satter, head housekeeper, is being congratulated on her new granddaughter. The parents are Mr. and Mrs. Fred Satter. Mrs. Nelle Satter and Letha Munsie attended the Puget Sound Chapter of Housekeepers on June 19 at the Good Samaritan Hospital in Puyallup. Installation of new officers of the Chapter and a tour of the new hospital were features of the meeting.

Bessie Mattern and son Michael, a case worker in the welfare department in Portland, Oregon, are vacationing in Vancouver, B.C. Anna Bradley is visiting her sons in Lewiston, Idaho, and making the acquaintance of a grandson born June 11. Bea Brown and her husband left for Oregon to attend the graduation of their son from the University.

Hospital friends are pleased that Arlene Slane, night nursing supervisor, is able to return to her duties after a serious bout of flu and pneumonia which hospitalized her for several days.

Carol Karwousky, Chief Laboratory Technician, attended the Spring Conference of the Laboratory section of the Washington State Public Health Association in Wenatchee on June 12. The meetings were held in the Columbia Hotel and covered the Staphylococcal infection, Enteric infections, Fluorescent Antibody Technique, Antibiotic Sensitivity tests, and Cell examination for Cancer.

## St. Joseph's

New Interns for 1959-1960 are: Hossein Naini, Teheran University, Iran; Matilde Marave, University of Santo Tomas, Philippines; Louroes Penero, University of Santo Tomas, Philippines; Fritz Heinrich Lampert, University of Frankfurt; Adolf Albrecht, University of Innsbruck; and Karel Pokorny, Charles University, Prague.

Last year's interns are leaving us for residencies in Seattle. Dr. Malit is going to Providence Hospital. Dr. Amirana is going to Swedish, and Dr. Marave is going to St. Francis Cabrini.

Sister Mary Emmanuel attended a workshop for Directors of Schools for Medical Record Personnel in Chicago from May 3 to the 8. There were thirty-eight medical record librarians present representing thirty-five different schools and nineteen states. The workshop was conducted by the American Association of Medical Record Librarians and was devoted to curriculum construction and syllabus preparation.

Mrs. Sylvester, head nurse on 2nd north, is on an extensive trip back east visiting her daughter, and taking in such points as Chicago and Washington, D.C. All are looking forward to her return on June 26.

Dr. H. Meir's son will be the assistant orderly during the summer. All the nurses are busily and happily planning their vacations.

(Continued on Page 17)



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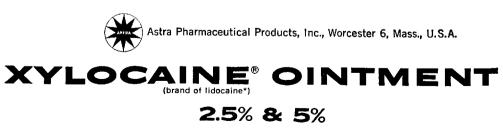
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## SURFACE ANESTHETIC

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### (Continued from Page 13)

June . . . the month of anniversaries, brides and babies . . . is drawing to a close. The latter range in our nursery at present from the tiniest angel of 2 lbs., 2 ozs. to 11 lbs. 3 ozs. Watching our seven premature babies advance in age and size is a source of pleasure, satisfaction and interest. One cannot help seeing God's protection over such, His tiniest of creatures.

Mrs. Donovan is probably the proudest grandmother in Tacoma. You see her daughter, Mary Patricia, was blessed with identical twin girls totaling in weight a little over eight pounds. A few days later to our front nursery door there came another set of twins whose weight surprised everyone. They measured close to 18 lbs.

Old timers who worked in our O.B. dept. will recall the linoleum floors, the splintery tables, and the unsteady bedside screens of 4th Hall. All are now replaced without fuss or demonstration by new tile terrazzo floors, sliding formica top tables with a cosmetic shelf, and rose colored fire proof cubicle drapes. It is really beautiful.

Non-explosive electric switches and outlets are installed in all our delivery rooms. A green light keeps shining when surroundings are safe for all concerned. Otherwise a danger signal buzzes loudly and a red light gleams brightly.

Vacations are in process. . . All so well deserved by the Maternity personnel. Have a great time!

On June 7, 23 Preclinical students received their caps. Dr. G. Watters acted as chairman for the capping ceremony which was attended by the family and friends of the students. During the ceremony Miss Hardy, a junior student, received a scholarship from the Pierce County Medical Society presented by Dr. Thomas Smeall.

Our Surgery Suite has finally been completed as far as conductive floors and the explosion proof electrical system are concerned. Now we are in the midst of repainting. This is taking longer than we had anticipated due to the heavy surgery schedules. In No. 2 utility room the old steam instrument sterilizer has been replaced by an electric sterilizer. A new stainless steel sink has been added and as soon as painting has been completed, this portion of surgery will be finished. The hallways will be finished last as we can work there after normal working hours. The paint by the way is of the fire retardent variety which will give us the utmost in fire protection.

A new combination bake oven and general service oven was recently added to the main kitchen. The new oven was placed under the hood together with the large range and steam cookers to concentrate the work area in one place.

The former bake room is now being converted into a salad room. A large salad refrigerator has been ordered. The room is being tiled and painted. A new sink and stainless steel table will complete this room. The addition of this room away from the heat and bustle of the main kitchen will enable our salad cooks to make tastier and more eye-appealing salads which will go to make our guests stay a little more pleasant.

### **Doctors**

The meeting of the Profesional Staff of The Doctors Hospital of Tacoma was held at 7:30 p.m., June 8, 1959, in the auditorium of the Pierce County Medical Society. The meeting was brought to order by Glenn G. McBride, M.D., Chief of Staff.

The Chief of Staff reported that a special committee in Eye, Ear, Nose and Throat consisting of Doctors Gerald Geissler, Haskell Maier, and W. H. Ludwig, had been formed to aid the Surgical Committee in the preparation of ratings in this specialty. He also announced the formation of the Eye Bank Committee consisting of Doctors J. W. Bowen, Chairman, Gerald Geissler and Russell Q. Colley. This committee will assume the responsibility of the formation, administration and maintenance of the Eye Bank which will serve the entire community.

Doctor Bowen, Chairman of the newly formed committee reported that the members would spend some time in the Providence Hospital in Seattle studying the workings of their Eye Bank in order to avoid some of the problems that arise in this type of pioneering.

The clinical portion of the program then followed with considerable discussion from all of the members of the staff.

There being no further business the meeting was adjourned.

Pierce County Medical Society Does Not Meet During June, July or August

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<sup>o</sup>Trademark for glucosamine-potentiated ietraccycline

Note: Rapid and high initial antibiotic blood levels are an important factor in uneventful recoveries. Glucosamine potentiation provides the fastest, highest tetracycline levels available with oral therapy. Bibliography and professional information booklet available on request.

## National Fund for Medical Education May Join UGN Appeal

Heart disease is "too serious a problem to hide in a segment of a United Fund," Dr. Paul Dudley White declared in a statement issued through the American Heart Association. Calling it "the modern epidemic", Dr. White declared that submerging the problems of heart disease in a local United Fund would "seriously delay our effective progress in the treatment and control of this dangerous threat to our lives and health."

The statement had reference to the proposed Medical Research Program of the National Fund for Medical Education which may become a participating member of this fall's UGN appeal.

"We have by no means reached the stage of complacency about our medical knowledge and accomplishments which would allow us to rest on our oars and to receive routine and static support from United Funds, Dr. White said. "Meanwhile I see no reason why the national voluntary health agencies should not continue to operate independently with due recognition to their significant and necessary roles in community and national welfare." Dr. White added, "Many of us have for years sup-ported annually both United and Community Fund drives, and independent campaigns in whatever important worthy causes we feel a special interest or obligation. Surely this is the right of the free people.

The implication that the voluntary health agencies have neglected basic research is erroneous, Dr. White said. "In the past ten years, the American Heart Association has placed the greatest emphasis on basic research and has channeled over \$31,000,000 into support of the basic reesarch program."

That the voluntary health agencies, private foundations and National Institutes of Health are adequately supporting basic research is evidenced by the great advances which have been made in the last decade in the knowledge of heart disease, its causes, diagnosis and treatment, Dr. White pointed out.

"These advances may be attributed chiefly to the well-planned efforts and cooperative work of the American Heart Association and National Heart Institute of the U.S. Public Health Service," he said.

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Pierce County Medical Society

## Does Not Meet During June, July or August

## New Polio Patient-Aid Program

As a result of exhaustive surveys and discussion during the past year, The National Foundation is announcing a new polio patient-aid program. The program, effective immediately, is based on medical advice resulting from recent conferences of over 600 physicians throughout the country, and applies to all chapters.

## Éligible for Medical Care are:

1. All patients with a confirmed diagnosis of paralytic polio up to 2 years following onset of the disease.

2. Priority patients are eligible for aid beyond 2 years, provided that the patient's doctor certifies that further treatment will significantly reduce disability, prevent further disability or make the patient more *Priority Patients Include:* 

1. All patients with paralytic polio under 19.

2. All other patients, regardless of age with: quadriplegia, paraplegia, respiratory paralysis or severe trunk or neck paralysis. *Chapter Expenditures Prohibited For:* 

1. Medical and surgical fees.

2. Replacement and repair of damaged

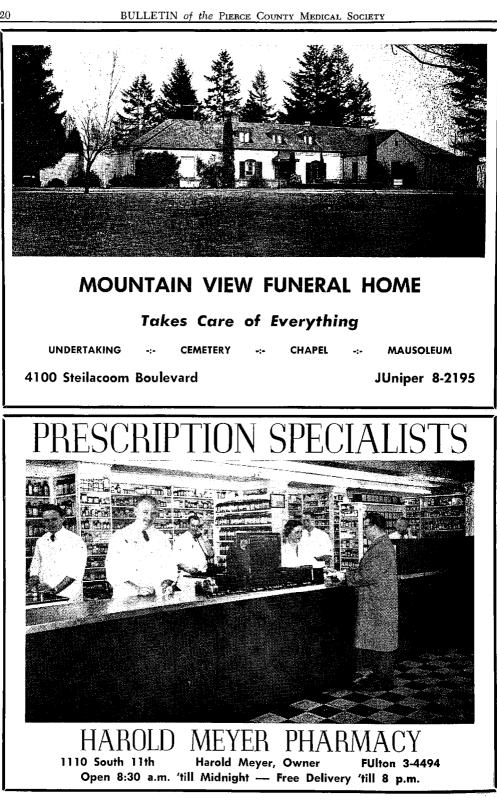
or worn braces and appliances. 3. Expenditures for patients beyond 2 years, except for priority patients.

4. Any payments for non-paralytic polio patients.

<sup>^</sup> Chapters may pay for new braces and renew them as required by growing children.

Hospital bills may be paid for acute cases and for surgery, but not to exceed 30 days in a 12 month period.





## American Institute of Ultrasonics

The American Institute of Ultrasonics in Medicine will hold their Annual Meeting on September 2, 1959 at the Learnington Hotel, Minneapolis, Minnesota. The guest speaker at the Luncheon Meeting will be Russell Meyers, M.D., Professor of Surgery and Chairman, Division of Neurosurgery, State University of Iowa Hospitals and College of Medicine, who will discuss "The Potentials of Ultrasonics in General Surgery and Surgical Specialties."

For any further information contact John H. Aldes, M.D., Secretary, 4833 Fountain Avenue, Los Angeles 29, California.

## Aid For Cardiac Farmer

The Washington State Heart Association said recently agents of Washington's Agricultural Extension Service are available for consultation with the physician and his cardiac farm patient on problems facing the farmer who, because of heart or circulatory disease, must cut down on his work load.

Because of unfamiliarity with farm oper-

ation and the many jobs the farmer must do, many physicians find difficulty in advising the cardiac farmer how to conserve his energy. County Agents of the Agricultural Extension Service are trained in this field. The Extension Service assures the Heart Association that Agents are available to confer with the physician on these cases if requested.

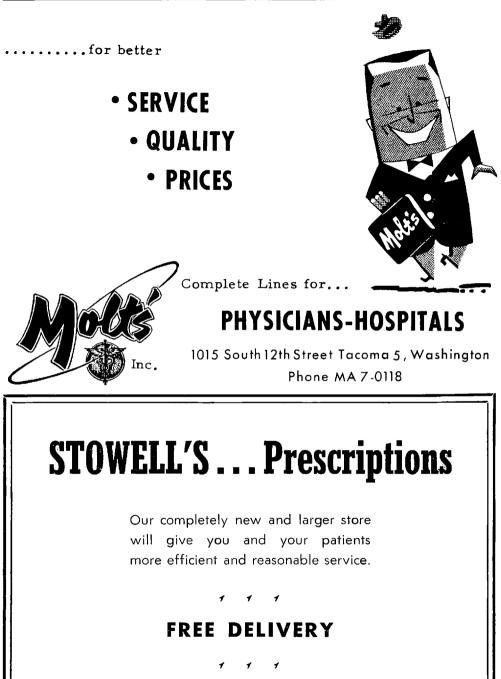
According to the Extension Service many farm jobs which formerly had to be done by hand can now be done with mechanical help. The Agent can also assist the farmer in reorganization of this farm operation to eliminate those jobs which do not return enough revenue to offset the energy the cardiac farmer must expend to carry them on.

County Agricultural Agents are generally listed in the telephone directory under the name of the county in which they work. Another aid to the cardiac farmer and his physician is the pamphlet," Safe Work Load for the Farmer with Heart Disease," which is available on request from the Washington State Heart Association, Tacoma, Wash.

### "PATRONIZE OUR ADVERTISERS"



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### A Canadian Practitioner's Experience in Practice in Great Britain—Dr. P. L. Steele

(Reprinted from College of Physicians and Surgeons of B.C.)

I have been asked to write an account of my short personal experience in General Practice in England, during the summer and fall of 1957. It is clear to all of us that some form of State medicine will be established in Canada in the near future; no government can for long withstand the public demand for it — no intelligent medical practitioner can deny its necessity. Having always had a strong leaning toward the left in my political thinking, and being an ardent admirer of the former British Labor Government, I set out with a very open mind to find out for my own satisfaction the merits, or otherwise of its much publicized health programme. Having estab-lished my qualifications with the B.M.A., I obtained a short locum tenens in one of the lovely cities of the south coast of England took over what might be considered one of the better general practices in Britain.

The general practitioner's pay varies with the type of practice; it works out to a national average of seventeen shillings per head per annum, regardless of the amount of service required. Between 3,000 and 4,000 patients are necessary on a panel to allow a reasonable income after office and car expenses are deducted. Practices are divided into three categories:

A—urban; B—urband and part rural; C —entirely rural. Practitioners in B and C categories who, because of distance, are unable to have a reasonably full panel, are paid a flat monthly mileage allowance for patients living more than five miles from



the office. This rate is fixed by the Local Health Committee. Otherwise remuneration is set as follows:

For the first 1,000 to 2,500 patients — 25 shillings per head per annum; 2,500 to 3,500 patients — 18 shillings per head per annum; 4,500 to 5,000 patients — 7 shillings per head per annum.

All medical, dental and hospital care is entirely free to all residents of Britain, even to visitors from abroad. The entire cost of the scheme is paid by indirect taxation and a high income tax. Each person may place his name on the panel of the doctor of his choice. He may change from one physician to another by giving three months' notice in writing to the Local Health Committee.

The number of General Practitioners allowed to practice in a given area is designated by the Local Health Committee. The choosing of the applicants for a vacant practice (there are often over 100) and all affairs pertaining to the practice are con-trolled by the Local Health Board (a Committee of laymen appointed by the Government in power, hence a political body). This Committee has wide powers; and hears all complaints against the physician. In some instances General Practitioners have been suspended or heavily fined for trivial complaints laid by irate or disgruntled patients. I was made well aware that no patient must be offended lest he either withdraw his name from the panel, with the resultant loss of income, or worse, report me to the Local Health Committee where an even more terrible fate might await me. Hence, many unreasonable demands for unnecessary medications, appliances and for disability certificates for malingering workmen are an annoying part of each day's work. These can, under no circumstances, be refused. Patients present themselves without appointment. Each patient must be seen and each house call must be made on the day requested regardless of the hour or necessity of the visit.

Admission to hospital can be obtained by request to any of the local hospitals. Beds are at a premium and only the most urgent cases are admitted without a waiting period of from six weeks to three years. X-ray and laboratory work can be obtained at hospitals, but again with a long waiting list, e.g., barium series, barium enema, G.B. series and chest plates, often have a waiting period up to six months. General Practitioners have no hospital privileges. Once they enter the hospital, patients have no

(Continued on Page 25)

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References: 1. Feinberg, A. R., et al.: J. Allergy 29:358 (July) 1958. 2. Eisenberg, B. C.: Clin. Med. 5:897-904 (July) 1958. 3. Robinson, H. M., Jr., et al.: J.A.M.A. 161:604-606 (June 16) 1956. 4. Robinson, H. M., Jr., et al.: South. M. J. 50:1282 (Oct.) 1957.

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Stadium Hi District 101 North Tacoma Avenue Tacoma, Washington (Continued from Page 23) choice of surgeon nor physicion and in fact rarely know the name of their surgeon often never see him.

I soon learned that there was one way of obtaining prompt attention for a serious case — simply to ask a local Specialist for a domiciliary visit. At first I was pleased to find that the Specialist welcomed this, until I learned that he received the ridiculously high fee of 16 guineas (\$18.00) for the call where he confirmed the diagnosis and obtained admission for the patient.

I could see no incentive for the General Practitioner to do anything but a minimum amount of work or to provide more than minimum equipment. The public in general demand very little. I was shocked to find the offices poorly equipped, untidy and often dirty. No linen was provided, no instruments, no sterile goods or dressings, often no examining table. That time honored procedure; the proven basis of all good medical care; a carefully taken history and complete physical examination is a thing of the past in the average General Practitioner's office in Britain. Drugs. dressings, supplies, etc., are provided free on prescription at the local pharmacy (chemists). The waste of these products is shocking and must add up to thousands of pounds in a year.

I might say a word about private practice here. Every physician is allowed as many private patients as he can get. Fees are very high, anything that the traffic will stand. These patients demand and are given an unreasonable amount of attention. They visit the doctor in his home at any hour.

They can be admitted to expensive nursing homes under the care of their General Practitioner, but not to a hospital. Except for the social prestige involved, I could see very little advantage as far as medical care is concerned in the care obtained as a private patient from that obtained as a panel patient.

Ninety-five per cent of the British people have no alternative but the State financed panel system as a source of their medical care. There is nothing between the extremely expensive private doctor or free service of the National Health Plan available to the average man.

My office (surgery) hours were from nine a.m. to noon or until the last patient was seen and from six p.m. to seven p.m. From about one-thirty to five, I was free to make house calls. I saw on the average of

(Continued on Page 27)

BULLETIN of the Pierce County Medical Society

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**Tacoma**, Washington

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#### BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY



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#### (Continued from Page 25)

seventy patients per day. The average time allotted to each patient was from three to five minutes. One had to quickly ascertain the main complaint, give a very brief examination and always a prescription of some kind, usually an antibiotic, a tonic or a sedative. Such procedures as a hasty peek at a throat, examination of a chest or taking of a blood pressure was apt to throw my receptionist and waiting patients into a panic. I would never get through the day!

House visits were better — here I had more time and could make a reasonable examination and diagnosis of my patient.

I was sometimes shocked by the way in which patients accepted, often with gratitude, the most inadequate medical care. I remember the little boy with pilateral chronic otitis media, waiting for three years to get into a hospital for a tonsilectomy. He had become deaf, yet his parents were extremely grateful to the government for the wonderful free health service.

Also the woman of thirty-five with a hard mass, the size of a walnut in her breast sent home from the consultant's office to wait three months to see if it would not go away or get bigger. She was very grateful that the services of so eminent a man were available to her free of charge.

The man in his fifties with incurable carcinoma of the stomach, who had waited three months for a barium series. He was so grateful that terminal care and sedatives were available without cost to him!

I might add that an excellent government financed funeral is also available in England free of charge.

Among my more pleasant tasks was to interview about twenty young doctors, who had replied to my advertisement in the B.M.A. Journal for an assistant in my Saskatchewan practice. From these men and women as well as from my colleagues in England, I learned a great deal about the feeling of the average British physician towards State medicine. I was amazed that without exception these young doctors were well trained and qualified, men and women of a very superior type and not one of them planned to remain in Britain. One young man put it very aptly, when I asked him why he wanted to come to Canada, "I am a doctor, and I love the work, but I have to get out of England while I am still a human being, while I can think and act as a doctor should. If I established myself in practice here, I am trapped. I will either (Continued on Page 29)

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#### (Continued from Page 27)

lose all my regard for my patient as a human being and become callous and indifferent to human suffering, or I will go entirely mad."

If anyone feels that the lot of the medical man in hospital preparing for a specialty is better, I would recommend that he read a very interesting little booklet, "Angry Young Doctor" (by Louis Goldman, M.D., Publishers, Hamish and Hamilton of London) on sale for five shilling (60 cents) anywhere in Britain.

How can we, as Canadian citizens and physicians establish an adequate form of medical care for all and yet avoid the pitfalls of the British system? Where did they go wrong? I have tried to present the case for the layman — I wish that I could be as charitable towards the B.M.A. There is a strange lack of unity and loyalty amongst its members. Many top officials accepted highly paid government posts ignoring the plight of the majority of their colleagues. No carefully considered alternate plan was presented to the government by the B.M.A. Rather a scheme devised, chiefly by enthusiastic laymen, was foisted upon the medical profession-true there was considerable protest at the onset, but in a disorganized way. I was shocked to find that many Practitioners did not belong to the B.M.A.

Here in Canada we have a much smaller group, better organized, more loyal and ethical in our dealings with each other. But are we not to some extent asking for a similar fate? Are we in danger of losing our high reputation of integrity and trust in the eyes of the public?

There is a growing public resentment towards high fees and inadequate care. Is greed, desire for popularity or publicity influencing many of our young men and women to undertake unnecessary and risky surgical and operative obstetrical procedures?

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Ground Floor, Medical Arts Bldg. Medical Center Western Clinic Bldg. It is becoming increasingly hard for the General Practitioner to refer difficult cases to some of our excellent clinics. Why? In most instances the patient fears that he will be passed about from Specialist to Specialist like a hot potato, with a resultant bill often beyond his financial means.

Is there not a great tendency for young doctors to specialize without first obtaining adequate experience in general practice adding greatly to the cost of medical services and little to its efficiency?

Is it necessary that every newborn baby be referred to a Pediatrician at birth with ensuing regular monthly follow-ups at great expense to the parents?

Must every naughty child be seen by an expensive Psychiatrist? Must Grandpa, aged 80, be seen by an Internist, an E.N.T. Specialist, a G.U. Specialist, a Psychiatrist and a General Surgeon, just because he wanted something for a cold in his head? These are questions that we hear far too often from our patients. Are we not driving them head on into a State controlled medical system?

The practice of medicine is an art. A good physician must first cultivate his art and also become a well informed scientific person. He must understand not only his patient's physical needs, but his personality, background and emotional needs.

This can only be achieved by the establishment of a very close personal physicianpatient relationship, based on mutual confidence and trust, no third party, even a government official ready to pay the bill, can intervene in this association. We are all human beings. I feel that adequate remuneration for work is as important to the physician as it is to a layman. Therefore, I can see no way in which this relationship can be accomplished, but on a "feefor-service" basis, and I have personally never encountered any better plan than some form of prepaid medical care, partially subsidized or in some way supported by the State, established on the principles of our own M.S.I. or G.M.S., and free of political interference.

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### Third International Congress of Physical Medicine To Be Held

The Third International Congress of Physical Medicine will be held in Washington, D.C., U.S.A., from August 21 through August 26, 1960. This Congress will assemble physicians and other professional personnel from all parts of the world concerned with the furtherance and scientific development of physical medicine and rehabilitation. This is the first International Congress of such character and magnitude to meet in the United States. International Congresses have been held in London in 1952, and in Copenhagen in 1956.

Convening this international session in the United States will provide to a large number of American physicians and other professional personnel an opportunity to exchange with foreign visitors scientific information concerning physical medicine and rehabilitation. Such exchange of scientific information is necessary and helpful for the continued improvement and expansion of physical medicine and rehabilitation services to the American public. Equally great will be the educational benefits to physicians and other professional personnel attending the Congress.

It is the objective of the Congress to further the development of knowledge and professional and technical skills through the excahinge of information concerning the advances made in the field of physical medicine and rehabilitation.

Papers will be presented by experts in all fields of medicine and surgery together with other aspects of rehabilitation—social, educational and vocational. Delegates are expected from 30 countries. These delegates and participants will represent their respective scientific organizations. Those in attendance from the United States will represent private and governmental facilities, agencies, and services and local, state and national medical societies.

The exchange of information will be expedited through plenary sessions, special and sectional meetings, formal papers and discussion groups. An exhibition will be held in connection with this assembly which will include exhibits from many countries. The exhibits will be both scientific and technical in nature and it is expected that they will demonstrate graphically developments in all phases of physical medicine and rehabilitation. To stimulate interest an award will be given for the best exhibit.

During the week of the Congress, various technical and professional committees of the International Congress will hold meetings to exchange information and provide extensive personal discussion. A film theater will be maintained and films on physical medicine and rehabilitation from many countries are planned. Because films are such a vital instrument in education the production of new and better films will be encouraged by an award for the best film.

Types of diseases to be considered in the scientific sessions are:

- 1. Diseases of skeletal muscle
- 2. Arthritis, all types
- 3. Neuromuscular diseases
- 4. After-care of acute trauma to neuromuscular and musculoskeletal systems
- 5. Congential defects causing physical disabilities
- 6. Scoliosis
- 7. After-care of amputations

The proceedings of the Congress containing papers by eminent authorities and reports of discussion groups and seminars will be published and distributed not only to the participants in the Congress, but to other workers in the field of physical medicine and rehabilitation. In this way, the results and benefits of the Congress will be extended to the widest possible audience.

Further information concerning other aspects of the International meeting may be had by writing to:

Walter J. Zeiter, M.D.

Secretary-General

or

Dorothea C. Augustin

Executive Secretary

Third International Congress of Physical Medicine

30 N. Michigan Avenue

Chicago 2, Illinois

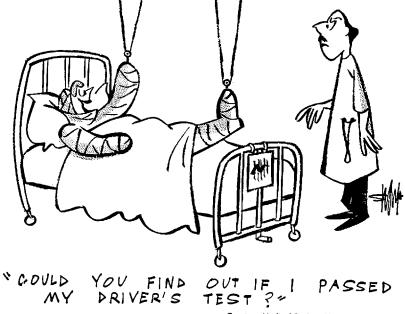
Pierce County Medical Society Does Not Meet During

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BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

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### MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA Second Monday of March, June, Sept., Dec.—7:30 p.m. Auditorium of Medical Arts Bldg. STAFF OF GOOD SAMARITAN Second Monday of March, June, Sept., Dec.—6:30 p.m. STAFF OF NORTHERN PACIFIC Second Monday of each month-noon. STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—6:15 p.m. STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL Last Monday of February, June, September and November TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS First Tuesday of each month-8:30 p.m. Board Room of Pierce County Medical Society PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the month except June, July & August -8:15 p.m. STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.-6:30 p.m. TACOMA SURGICAL CLUB Third Tuesday of each month—6:30 p.m. at Tacoma Club TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club TACOMA ACADEMY OF GENERAL PRACTICE Fourth Monday of each month except June, July & August -6:30 p.m. at Honan's PIERCE COUNTY PEDIATRIC SOCIETY First Friday of each month except June, July and August STAFF OF MEDICAL ARTS HOSPITAL Third Friday of March, June, Sept., Dec.---7:15 a.m. at New Yorker Cafe. STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.-12:15 p.m.



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### Happy Birthday

#### August

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- 15 CHARLES LARSON NATHAN THAL HUGO VAN DOOREN
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### NOTICE

Check back page of Bulletin for calendar of special meetings

#### **Front Cover Picture**

Douglas Fir at Mineral, Washington; St. Regis Paper Company operations.

#### **Courtesy Richards Studio**

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a reliable defense against monilial complications
both are often needed when bacterial infection occurs

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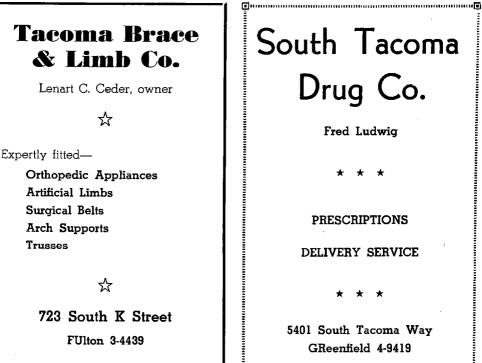


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BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

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All Pierce County Medical Society members are invited to attend.

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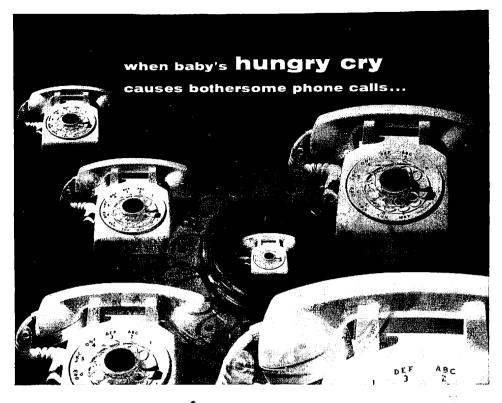
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1	of Clinical Studi niants Satisfactorily Fe Iodified Formulas Esse	es 1d on Lacium or Dextri-Maltose <sup>3*</sup> ntially Similar to Lacium
No-of Infants	Investigators	Camments
180 Inewborn1	Halfield, Simpson and Jackson'	All infants vigotous; made satisfactory progress.
57	frost and Jackson <sup>†</sup>	Mean height and weight curves slightly above normal; normal or superior general development.
l90 Ísick & well infants)	Henrickson#	Satisfactory results. Average hospital slay: 5.5 days, average daily weight gain:3 ounces.

Maltose-destrans formula modifier, Mead Johnsor

Haltield, M. A.; Simpson, R. A., and Jackson, R. L.; J. Pediat, 44; 32:45 (Jan.) 1954, Frost, L. H., and Jackson, R. L.; J. Pediat, 39:585-520 (Rov.) 1951. 3. Henrickson, W. E.; P. B.; 51-56. (DcL): 1953. 4. Lutchfield, H. R.; Arch. Pediat. 61; 617 (Dec.): 1944.

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M. Whitacre	( (
Low Net Field	
Dr. R. Read	
1st Division—0-10	
Low Gross:	
H. Dahl 1st Low Net:	80
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3rd Division—18-Calloway	
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Dr. Adams	91-19-72
2nd Low Net:	
Dr. T. M. Johnson	92-19-73
High Gross: Dr. M. Eltrich	
High Net:	
Dr. O. Harrelson	102-17-85
Low Net Physicians:	
Dr. S. Herrmann	90-18-72
Long Drive No. 9—	
1st Division—0-10:	
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2nd Division—11-17:	
Dr. J. Mattson	
3rd Division—18-Calloway: Ken Pate	
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S. Gilliland Team Match won by Physician	
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### Dr. I. S. Ravdin Guest Speaker For Cancer Seminar

Dr. I. S. Ravdin will be the guest speaker for the Cancer Seminar to be held in the Medical Arts Building Auditorium Wednesday, August 26 at 8 p.m. All members of County Medical Societies of Pierce, Thurston, Mason and Grays Harbor are invited to attend.

Dr. Ravdin is Professor of Surgery of the School of Medicine University of Pennsylvania, and Surgeon-in-Chief, Hospital of the University of Pennsylvania; he is also chairman of the Board of Regents, American College of Surgeons and past-president of the American Surgical Association.

Subjects to be discussed by Dr. Ravdin at the Seminar are: The Cancer Problem as the Surgeon Sees It; Cancer of the Large Bowel and Cancer of the Stomach.

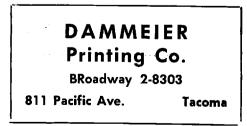
The meeting is sponsored by the American Cancer Society, Washington Division.

### Scientific Meeting To Be Wide Open

All Scientific Program meetings at the Washington State Medical Association Annual Convention September 13-16, in Seattle, will be open to all members on a first come, first served basis.

The Scientific Program Committee believes members will want to move from room-to-room, at times, in order to hear papers of particular interest. This, and limited seating capacity in some of the section meeting rooms, may at times cause some confusion and disappointments. Yet, the Committee feels that freedom to hear papers is preferable to the restrictions inherent in a rigid seating-reservation system.

Members are requested to study the program as published in the July issue of NORTHWEST MEDICINE, and in the Convention Program, and to plan their "meeting hopping" according to their desires, but to keep in mind that seating is open at all meetings, except for the special seminar on Wednesday morning.





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12

### HOSPITALS ...

#### Mountain View General

Sec. 240

Margaret Williamson and her sister, Helen McKibbon, both of the Social Service Department are motoring to Minnesota where they will visit relatives in various cities along the 10,000 lake area of that state.

A welcoming coffee hour was given in the Laboratory on July 13 for Gertrude Barry, who has returned to the Department. She has been living in Boston with her mother since her departure from Tacoma last year.

Deep sympathy is extended by the hospital personnel to Dr. John Whitaker and his mother, Mrs. H. H. Whitaker, upon the death of Mr. H. H. Whitaker on July 12. Mr. Whitaker was a retired banker, born in Bucyrus, Kansas. He and Mrs. Whitaker had moved here from Nebraska three years ago. They made their home on Regents Boulevard, Fircrest.

Dr. James Blankenship, one of last year's residents, returned, deeply tanned from a vacation at Mt. Rainier. He will remain at Mountain View General until he establishes his practice in the Tacoma Medical Center in association with Dr. Fred Schwind, some time about August 1. Another bit of most interesting news concerning this capable young physician is his engagment to Ann Cleland Jolly, a charming Tacoma girl who is well known as an accomplished flutist. The wedding is planned for later in the year.

New Interns are taking over at Mountain View General once more. An interesting group is the contingent of young doctors who came from the Philippines for their internship here. They are graduates of The University of Santo Tomas, Manila. They are: Dr. Evangelina Makabenta Garcia, the recent bride of Florencio Garcia, Dr. Camilo Garma, Dr. Godofreda Mateo, Dr. Emiliano Feliciano and Dr. Jose Alvarez Barias. Other interns are Dr. Al Gothard of Omaha, Nebraska, Dr. Carl Schroeder of the University of Michigan, Carl Drs. Henry Terril and Donald Becker of the Texas Southwestern Medical School, Dr. Otto Rombouts of Leiden University, Holland, Dr. Duwain Matthews of Baylor University, Houston Texas, and Dr. Gordon

Thomas of the University of Iowa. Mrs. Nell Sater, head housekeeper, reports a splendid annual picnic of the Housekeepers' Association, held at the delightful summer home of Margaret Allare, on the shores of Lake Washington. Mrs. Allare is housekeeper at Swedish Hospital in Seattle. She was assited by Madge Sidney of Doctors' Hospital. One feature of the meeting was a talk by Mrs. Oscar Smalders of Holland, and lately of the Medical Center of the University of California. Mr. Smalders is the new Executive Housekeeper of the Tacoma General Hospital. Such matters as disposables, including disposable sheets and patient's gowns, were discussed, and interesting programs for the coming year were planned by this increasingly active group of Institutional Housekeepers.

#### Saint Joseph's

The capping ceremony for the class of 1962 was held on June 7. Twenty-three students were capped; this included one male student. The speaker for the occasion was Reverend Richard Stohr, Archdiocesan CYO Director. Master of ceremonies was Dr. Richard Watters. Miss Ann Hardy was presented with a \$100.00 scholarship from the Pierce County Medical Association during the capping exercises.

Miss Janet Bigelow, a Junior student at St. Joseph School of Nursing was the recipient of a \$250.00 scholarship presented by the Olympic Women's Club. This was the first time the Club has presented such a scholarship.

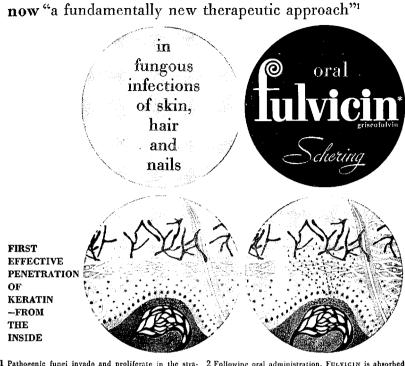
The senior students were invited to spend an afternoon at the home of Dr. and Mrs. Edmund Kanar on July 21. The weather added to the enjoyment of the afternoon. Everybody had lots of fun.

Mrs. Mignon Donaldson, secretary of the school has been ill but she is better again and is looking forward to a trip to Ohio to visit her relatives. Miss Katherine Pappas is relieving Mrs. Donaldson while she is off duty.

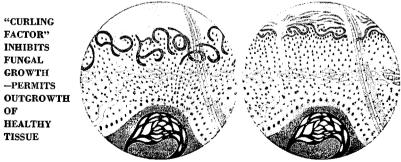
The crispy salads on the patients' trays of late are the result of our beautifully new tiled three compartment refrigeration unit. In the main kitchen we have an exquisite new three decker land baking oven of stainless steel with separate thermostat and timers for each. Vacations are still in progress as evidenced by the sun-burnt and tanned returnees — Mrs. Peterson, for example.

(Continued on Page 17)





- 1 Pathogenic fungi invade and proliferate in the stratum corneum (and also in keratinized part of nails and hair), where they are usually inaccessible to treatment from the outside by topical antifungal agents, even with the aid of keratolytics.
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References: (1) Williams, D. I.; Marten, R. H., and Sarkany, I.: Lancet 2:1212, 1958. (2) Gentles, J. C.; Barnes, M. J., and Fantes, K. H.: Nature 183:256, 1959. (3) Brian, P. W.; Curtis, P. J., and Hemming, H. G.: Tr. Brit. Mycol. Soc. 29:173, 1946.

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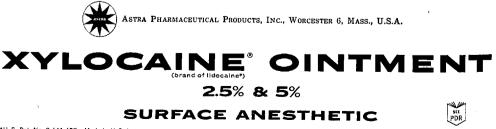


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#### (Continued from Page 13)

Following the survey of St. Joseph's by Dr. Warren G. Atwood, representing the Joint Commission of Accreditation May 21, 1959 the hospital was awarded full accreditation. A sincere and grateful thank you is extended to all the doctors for their cooperation and efforts to maintain the high standard of patient care which St. Joseph's has always tried to emulate.

Dr. Frank W. Ayan from the American Medical Association will be here Wednesday, August 5 to survey the internship and pathology residency programs.

pathology residency programs. Michael Callanan is the Maryknoll who was here for the month of July. Many of the doctors had the opportunity to meet him. We hope he learned some of the basic principles of taking care of the sick and injured. A grateful "thank you" to all who helped.

Ruth Delle our most dependable and efficient surgical secretary has enjoyed a well deserved vacation the last two weeks in July. Mrs. Thyra Arness is planning to take hers in August. Mrs. Olga Mackie, Medical Librarian is also taking her's in August. We are most grateful to our part time helpers for the wonderful service they are giving us during these vacation days. Our newest employee from Austria is enjoying the warm weather especially transribing five page consultation in the Old Record Room. My, but that place gets warm in the afternoon.

Maternity reports that one of its employees, Mrs. Josephine Spearman, is off to Italy, land of sunshine and music and of course home of our Holy Father, Pope John XXIII, for an indefinite stay. Louise Keely and Mary Mitchell want to Palo Alto, California for their vacation. Mike Keely was the reliable chauffeur, guide, and provider.

Joan Trunk is the nurse at the Girl Scout summer camp in Bremerton. She has great plans for the remainder of 1959. Most important is September 12 when she will be married and then the memorable trips.

July 15 a lovely baby shower was given for Urline Bradford who will return in October to have her baby. Future fishermen and prospective queens arrived in the form of new babies for Mrs. Louise Mc-Closkey, R.N., and Mrs. Florence Meyers, R.N., who had boys. For Mrs. Loyise Taylor, R.N., Mrs. Mary Sandell, R.N., and Mrs. Lorraine Reha, there were little girls. Dr. and Mrs. Al Kornell had a lovely girl and for our former pharmacist, Mrs. Katherine Armatas, there was also a girl. Mrs. Ella Magnussen, R.N. on Third Floor for a number of years, purchased a new uniform to celebrate the birthday of her first grandchild. Dr. Harold Kahler took the idea of grandfather very well, but you see this is his sixth grandchild.

loseph Habgood, maintenance man for the past four years has retired for some well earned rest. Joe had reached the retirement age a year ago in April but decided to stay with us until June 5. He will long be remembered for his cheerful good humor and his willingness to help out in all situations. Mr. Ed Costello has taken over in his place and we are very happy to see that he is fitting in very well. We hope that our association with him will be a long and happy one. Sam Nehl just celebrated his fiftieth birthday in June and may he have many more birthdays ahead of him. Painting has come to a full stop temporarily while Mr. Devik went on his vacation on July 17 for two weeks. Bert Rimmer was the proud grandfather of a little girl born to his daughter this past Sunday.

Remodeling and modernization improvements are continuing in all departments. Rooms 208, 209, 309, and 311 have new terrazzo floors installed. New furniture has been put in 208 and 209 also. Next week while the recovery room personnel are on vacation we will replace the floor. New cubicle curtains will be installed shortly in the Western Clinic Ward.

The remodeling of the M.S. Clinic is coming along very nicely and should be ready for use in a few more weeks. New wheel chairs are showing up on the floor, and by the end of the year we should have replaced all the old style wooden chairs. The new chairs not only are more comfortable and easier for the patient to operate but will also ease the storage problems when not in actual use. The new chairs

(Continued on Page 19)

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#### (Continued from Page 17)

take up only one-third of the space required for the old chairs.

Mr. and Mrs. Christensen enjoyed a wonderful trip back to her home in Baltimore in June. They flew both ways and had the full two weeks in the East visiting friends and relatives in Washington, D.C., Annapolis, Harper's Ferry, Baltimore and New York. While in New York they had the pleasure of seeing several good plays on Broadway. Needless to say they wish the time was longer.

All are looking forward to the Student Body picnic next week.

Mrs. Riedinger is enjoying a much needed vacation. She keeps us informed of her whereabouts with postcards. A recent visitors to our Pediatrics was Miss Ruth Regan, R.N., who was one of our nurses a few years ago. In honor of her visit Mrs. Riedinger entertained the staff with a luncheon in her honor at her home. Three senior students chose Pediatrics for their senior experience. Glad to have you, girls. Wedding bells are ringing for Miss Konechy. Congratulations, Gale.

#### Good Samaritan

Good Samaritan Hospital of Puyallup has been granted full accreditation by the Joint Commission on Accreditation of Hospitals for a three-year period.

The new Good Samaritan Hospital was opened in October, 1958, as a completely modern, 72-bed general hospital and rehabilitation center. The project was financed through community fund drives, a Ford Foundation Grant and a federal grant under the Hill-Burton Act. The present hospital was created with the consolidation of the former Lutheran Hospital and the Good Samaritan Hospital of Puyallup.

The hospital is organized and operated under the auspices of the Lutheran Welfare Society of Tacoma as a non-profit institution. The hospital's Board of Governors are chosen from various civic, business and church groups in the area. Mrs. Henrietta Button, R.N., is the Director of the hospital.

The Medical Society office and Library will be closed August 10 to 17.

### Report on Hand Surgery Course

On June 20, I left with my family of five children and Mrs. Staatz, driving to Los Angeles to attend the course in hand surgery at UCLA. We had an enjoyable trip down via Sequoia National Park and through some 112° weather. Various side trips were also made to Disneyland and Marineland as well as to the Oregon Caves.

The hand surgery course was on June 27 and 28, and it was one of the best medical meeting I have attended in over five years. The course was well thought out and directed for men who have done hand surgery. It was pitched to the level of orthopedic surgeons and general surgeons who are doing hand surgery and want some of the advanced techniques.

Dr. Lampe of Cornell University, gave an outstanding presentation of the Anatomy of the Hand and in such a manner that it will be difficult to forget. The course was informal and questions could be asked.

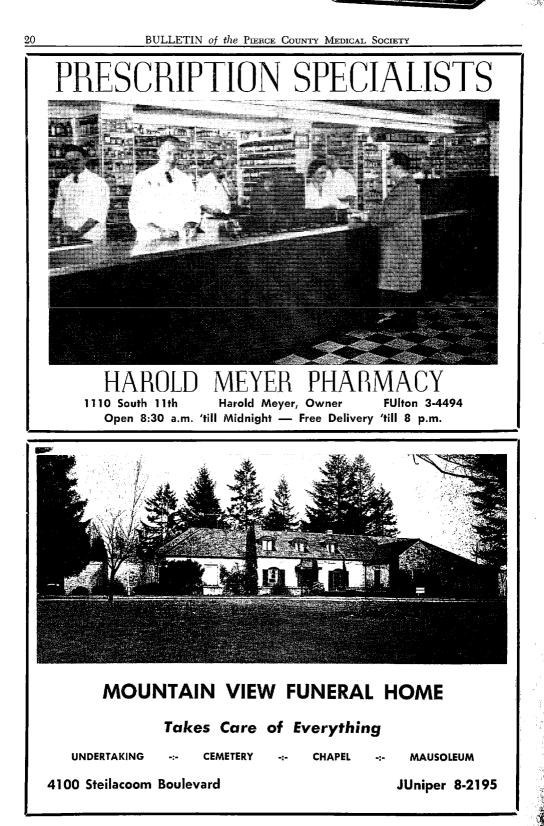
Dr. Boyles and Dr. Howard gave reconstructive hand surgery. Infections in the hand space were given and different types of reconstructive surgery were outlined, including examinations. Problem hand cases were presented and thoroughly discussed.

On Sunday afternoon, dissection of the hand was done as well as the demonstration by Dr. Lampe of the surgical anatomy of the hand. The different reconstruction operations were performed on these specimens by the men taking the course under the supervision of Dr. Lampe and Dr. Ashley, the latter is head of the UCLA Hand Service.

The trip home was made via the coast, through San Francisco which was considerably cooler than the trip South. A good time was had by all, a most enjoyable as well as educational trip.

—Dumont Staatz, M.D.





#### Physicians' Art Exhibit

All members of the Washington State Medical Association are invited to show their recent work at the Convention where paintings will be exhibited on the stage of the new Convention Hall.

Work in all media is welcome and doctors are urged to start work on exhibits early. Edmund H. Smith, Seattle, is arranging the art exhibit.

### How The W.S.M.A. House of Delegates Does Its Work

The business of the Washington State Medical Association at its 70th Annual Meeting officially will be conducted by the voting delegates who make up the House of Delegates, but every physician in attendance has a chance to express his opinions on the items of business at Reference Committee hearings. The House of Delegates is composed of one delegate for each 50 active members, or fraction thereof, of the component societies.

Here's how the House of Delegates does its work:

#### Delegates Hear Reports

Sunday—It hears reports from the Credentials Committee, conducts a Roll Call, approves the minutes of the previous annual meeting, hears the announcement of Reference Committees by the Speaker, and receives unfinished and new business. The House also receives communications; Reports of Officers; and the reports of the Finance Committee and legal counsel.

Reports of Standing Committees and Reports of Special Committees are received for Referral to Reference Committees.

Resolutions are received for Referral to Reference Committees.

All new business is in the form of resolutions. They may be introduced by any Delegate for himself, for his delegation, or for the county society which he represents.

The Speaker of the House refers each item of business to one of the five reference committees — Resolutions Committee, Necrology Committee, Committee on Reports of Standing Committees, Committee on Reports of Special Committees and Committee on Place of 1961 Annual Meeting.

### All Members Have Voice

Tuesday—Reference Committees meet in open session in separate meeting rooms, the locations of which have been announced and also posted at the Convention Registration Desk. Any member physician may express himself at Reference Committee meetings. Each item referred to the committees is discussed at the hearings. After the hearings the committees write their reports to the House.

Wednesday—The House meets again to hear reports of the Reference Committees. The delegates of the House may accept, amend or reject the items before them, or they may propose substitute resolutions, or substitute wording in committee reports. The next item of business on this day is

The next item of business on this day is the Election of Officers.

This is followed by unfinished or new business, and the induction of the new president.

The Constitution and By-Laws stipulate the manner in which Memorials and Resolutions must be presented in order to be considered by the House of Delegates. In brief, all Resolutions and Memorials must be sponsored and submitted by a member of the House of Delegates and where submitted in writing, must bear his or her signature. Proposed Resolutions must be submitted to the Secretary-Treasurer of the Association not later than 30 days before the Annual Meeting of the House of Delegates and the Secretary-Treasurer of the Association must furnish each member of the House of Delegates and the Secretary of each component society with a copy of each such Resolution not later than 20 days before the meeting of the House of Delegates. No other Resolution may be considered without the unanimous consent of all members of the House of Delegates, present and voting.

<sup>1</sup> It is the House of Delegates, a truly geographically and numerically representative body, which establishes state association policies and which exercises final control over all association activities.

The Medical Society office and Library will be closed August 10 to 17.



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Make a Will. If you haven't one, don't delay . . . see an attorney this week. He will give your family the protection of a properly

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drawn and legally sound Will. The cost need not be great. Consult your attorney about the many advantages in naming a bank as your executor. Individuals as executors may pass on during the life of your Will, causing difficulties. A bank's Trust Department goes on forever. It serves as a trained business manager for your estate . . . a job demanding experience, permanence and timeliness.

The most important document you will sign will be your Will. Protect your family . . don't delay . . . see an attorney this week.



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The Medical Society office and Library will be closed August 10 to 17.

### Rep. Catherine May and Dr. Vincent Askey To Speak at Auxiliary Convention

Two nationally noted speakers will be featured at the 28th Annual Convention of the Woman's Auxiliary to Washington State Medical Association to be held at the Washington Athletic Club in Seattle, September 13-16 inclusive.

Mrs. Catherine May, congresswoman rep-resenting Washington State's 4th Congressional District, will speak at the annual luncheon honoring past presidents, Tuesday noon September 15. E. Vincent Askey, president-elect of the A.M.A., will speak during the same program. Luncheon guests will include Mrs. E. A. Underwood, Vancouver, junior past president of the A.M.A. Auxiliary, Mrs. Frank Gatsineau, Indianapolis, Indiana, current A.M.A. Auxiliary president, and the president and presidentelect of the Washington State Medical Association, Emmett L. Calhoun of Aberdeen and Frederick A. Tucker of Seattle.

Registration for the Auxiliary Convention will begin on Monday, September 14 at the Washington Athletic Club, with special arrangements for Auxiliary pre-convention registration at the Olympic Hotel on Sunday, September 13 only.

There will be a full schedule of convention business meetings and workshops for new county Auxiliary officers and committee members on Monday and Tuesday. Mrs. Clarence L. Lyon, Spokane, president of the State Auxiliary, will give her presidential report and both Mrs. Gastineau and Mrs. Underwood will report to the Convention on national Auxiliary activities. Other business of the Convention will include reports of resolutions and nominating committees, adoption of resolutions and election and installation of new Auxiliary officers.

The Auxiliary's annual golf tournament and luncheon will be held at the beautiful Overlake Golf and Country Club at Medina, across the floating bridge from Seattle, on Monday, September 14. Snacks will be served between the 9's and the cocktail-luncheon will take place after 18. Colf trophy awards will be presented that evening at the Washington Athletic Club following the annual dinner and evening's entertainment.

Other Convention attractions are events planned for physicians and their wives in conjunction with the concurrent Convention of the Washington State Medical Association. These include the no-host banquet honoring 50-year practitioners on Sunday evening, the Annual Banquet and Dance Tuesday evening, the Public Relations Luncheon Wednesday noon, and the Reception on Wednesday evening honoring the new presidents of the Association and Auxiliary.

### Golf Tournament and

Fishing Derby The 37th Annual Tournament of the Washington State Medical Golf Association and the yearly Salmon Fishing Derby will provide competition and recreation for sports enthusiasts at the Annual Convention of the W.S.M.A. September 13 through 16, in Seattle. Both events are scheduled for Monday, September 14. Dan H. Houston, Seattle, is in charge of the golf tournament, and Edmund H. Smith, Seattle, heads up the fishing derby.

#### Many Awards

The golf tournament will be held at the Broadmoor Golf Club, conveniently located in downtown Seattle. Attention has been given to the golf schedule so ample time may be given to attend the Scientific Program. Players will be classified according to sections and handicap. All awards will be on a handicap basis. The four-man County teams will compete for the Shaw Trophy. Non-competitors are invited to attend the annual dinner and the evening activities in the recently remodeled attractive club house.

#### Fishing at Sunrise

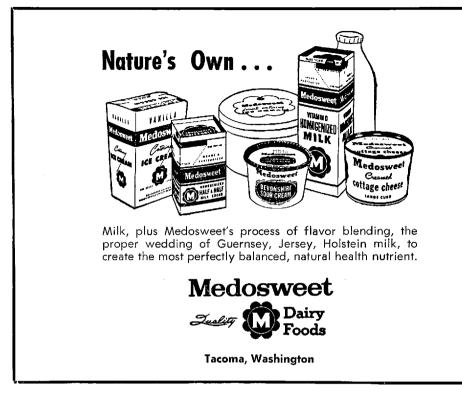
Fishing derby headquarters will be Ray's Boathouse in Ballard. The derby will begin at approximately 4:50 a.m. and will end at 11 a.m. Contestants' tickets will include breakfast, which will be served at the dock. Doctors' wives are invited to compete in the ladies' division of the derby.

#### Famous Stag Banquet

Climaxing the sports program will be the Sportsmen's Stag Banquet Monday evening, at which trophies and prizes will be awarded to golf and fishing winners. The banquet will be held at Broadmoor Golf Club, beginning with social hour at 6 p.m.

Entry blanks and further information will be sent to prospective golfers and fishermen in ample time for competition.

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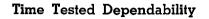
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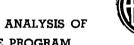
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Pierce County Medical Society Does Not Meet During June, July or August Pierce County Medical Society Does Not Meet During June, July or August

### MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA Second Monday of March, June, Sept., Dec.-7:30 p.m. Auditorium of Medical Arts Bldg. STAFF OF GOOD SAMARITAN Second Monday of March, June, Sept., Dec.-6:30 p.m. STAFF OF NORTHERN PACIFIC Second Monday of each month-noon. STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—6:15 p.m. STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL Last Monday of February, June, September and November TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS First Tuesday of each month—8:30 p.m. Board Room of Pierce County Medical Society PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the month except June, July & August STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.-6:30 p.m. TACOMA SURGICAL CLUB Third Tuesday of each month—6:30 p.m. at Tacoma Club TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club TACOMA ACADEMY OF GENERAL PRACTICE Fourth Monday of each month except June, July & August ---6:30 p.m. at Honan's PIERCE COUNTY PEDIATRIC SOCIETY First Friday of each month except June, July and August STAFF OF MEDICAL ARTS HOSPITAL Third Friday of March, June, Sept., Dec.-7:15 a.m. at New Yorker Cafe. STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.-12:15 p.m.



## Pierce County Medical Society

#### 1959 OFFICERS

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Vice-President	Robert W. Florence	
Secretary-Treasurer Executive Secretary	Arnold J. Herrmann	
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Anviliary	Manager News Editor	Mrs. Ar	nold Herrmann
1			dona anonandita



#### Happy Birthday

#### September

- MYRA VOZENILEK 4
- 6 **IOHN MAY**
- 8 IAMES DUFFY
- 10MAX THOMAS
- 11 CHARLES BOGUE DANIEL THOMAS LEON THOMAS
- 12MYRON BASS
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- 23THOMAS SKRINAR
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- 26HARRIS BUNNELL
- 27ARNOLD JOHANSSON
- 30 S. S. THORDARSON

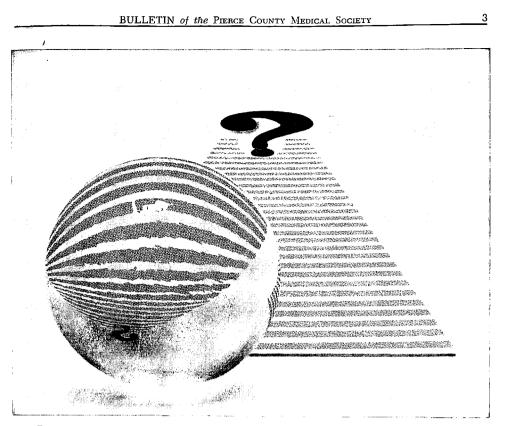
#### NOTICE

Check back page of Bulletin for calendar of special meetings

#### Front Cover Picture

Douglas Fir at Mineral, Washington; St. Regis Paper Company operations.

#### **Courtesy Richards Studio**



## what lurks beyond the broad spectrum?

"Broad spectrum" has evolved into an especially apt term to describe a growing number of "specialized" antibiotics. These provide the best means of destroying pathogenic bacteria which range all the way from large protozoa through gram-negative and gram-positive bacteria to certain viruses at the far end of the spectrum.

But beyond the spectrum lurk pathogenic fungi. Aggressive infections often require intensive broad spectrum antibiotic attack. It becomes more apparent every day that fungal superinfections may occur during or following a course of such therapy.<sup>1,2</sup> Long term debilitating disease, diabetes, pregnancy, corticosteroid therapy, and other causes may predispose to such fungal infections<sup>1,3,4</sup> as iatrogenic moniliasis. These facts complicate the administration of antibiotics.

Mysteclin-V controls both – infection and superinfection. Mysteclin-V makes a telling assault on bacterial infections and, in addition, prevents the potentially dangerous monilial overgrowth.<sup>2,5,6</sup> Mysteclin-V is a combination of the phosphate complex of tetracycline – for reliable control of most infections encountered in daily practice – and Mycostatin, the first safe antifungal antibiotic.

Case history after case history marked "recovered" provides clinical evidence of the special merit of this advance in specially designed antibiotics. When you prescribe Mysteclin-V, you provide "broad therapy" with extra protection that extends beyond the spectrum of ordinary antibiotics.

	Tetracyclinc Phosphate Complex equiv. Tetracycline HCl (mg.)	Mycostatin units	References: 1. Dowling, H. F.: Postgrad. Med. 23: (June) 1998. 2. Gimble. A. I.: Shea, J. G., and Katz, Antibiotics Annual 1955-1956, New York, Medical En- clopedia Inc., 1958, p. 676. 3. Long. P. H., in Kneelai Y., Jr., and Wortks, S. B.: Bull. New York Acad. M
Mysteclin-V Capsules (per capsule)	250	250,000	J3:552 (Aug.) 1957. 4. Rein, C. R.; Lewis, L. A., and Di L. A.: Antibiolic Med. & Clin. Ther. 4:771 (Dec.) 19 5. Stong, M. L., and Mersheimer, W. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, W. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, W. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, W. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, W. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, M. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, M. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, M. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, M. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, M. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, M. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, M. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, M. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, M. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, M. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, Mersheimer, M. L.; Antibiolics Anni S. Stong, M. L. and Mersheimer, M. L.; Antibiolics Anni S. Stong, M. Sto
Mysteclin-V Half-Strength Capsules (per capsule)	125	125,000	p. 852, 6, Campbell, E. A. Privot, A. and Derter, G. a
Mysteclin-V Suspension (per 5 cc.)	125	125,000	Chamberlein, C.; Burros, H. M. and Borromeo, W.
Mysteclin-V Pediatric Drops (per cc 20 drop	s) 100	100,000	blotic Med. & Clin. Ther. 5:521 (Aug.) 1958. 8. Fro and Alli, J. H.: Antibiotic Med. & Clin. Ther. 5:639 1958.





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Funeral processions may be eliminated if so desired.



## PIERCE COUNTY MEDICAL SOCIETY

## Tuesday, September 8 8:15 P.M.

MEDICAL ARTS BUILDING AUDITORIUM

\* \* \* \*

## PROGRAM

Movie . . "Time and Two Women" .. 7:30 (Produced by American Cancer Society)

### **MEETING -- 8:15 P.M.**

Discussion by W.S.M.A. Delegates of problems and resolutions to be considered at the State Meeting.

A no-host social hour and dinner will precede the meeting

Social Hour:	6:00
Dinner:	6:30
Place:	Honan's Restaurant 739½ St. Helens

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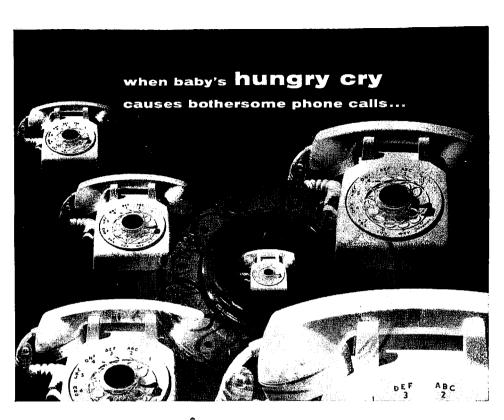
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Because it is so well tolerated, Lactum can be fed at the usually recommended 20 calories per ounce from birth.

The newborn infant's hunger is thus adequately satisfied, and the infant is enabled to adjust to normal feeding intervals.

In various clinical studies <sup>1, 2, 4</sup> Lactum has been found to adequately meet the needs of full term infants from birth through the formula feeding period.

14	of Clinical Studi ntanis Satislactorily Fa lodified Formulas Essei	65 d on Lectum or Dextri-Mattoie <sup>24</sup> ntially Similar to Lactum
fto.ol Infants	Investigators	Comments
180 (newborni	Hatfield, Simpson and Jackson <sup>1</sup>	All infants vigorous; made satisfactory progress.
57	Frost and fackson <sup>®</sup>	Mean height and weight curves slightly above normal; normal or superior general development.
L90 (sick & well infants)	Henrickson*	Satislactory results. Average hospital stay: 5.5 days; avarage daily weight gain; 3 ounces.
Mattose-destrin	s formula modifier, Me	I Johnson

 Halfield, M. A.; Simpton, R. A., and Jackson, R. L.; J. Padlat, 44; 32-45 (Jan.) 1954.
 Frost, L. H., and Jackson, R. L.; J. Pedlat, 39; 585-592 (Nov.) 1951. 3. Henrickson, W. E.; GP 9: 51-56 (Ocl.) 1953. 4. Litchfield, H. R.; Arch, Padrat, 61; 617 (Dec.) 1944.

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#### THE

## Pfizer Physicians Golf Tournament

#### AT

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1. A. M. A. Arch. Int. Med., 99:346, 1957. 2. Am. J. Obst. & Gynec., 70:1309, 1955. 3. Lancet, 1:448, 1957.

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## In Memoriam

#### JAMES M. MATTSON, M.D.

Jim died about as he had predicted and as he wanted it: suddenly, and on the golf course. He was an extrovert noted for his unfailing good humor and he was always interested in others.

Although he had a serious heart attack several years ago, he continued to be active in his practice and in the medical affairs of the community.

During the last few years, I know that he experienced the anginal syndrome and had frequent episodes of paroxsymal tachycardia; he always carried a bottle of quinidine with him. He never offered a complaint about his condition and chose to live until he died rather than have a rocking chair existence and possibly survive longer.

Dr. Mattson took an active part in the leadership of local medical groups. He was one of the key organizers of the Washington State Society of Internal Medicine and was president of the Tacoma Academy of Internal Medicine; in the last two years he was on the Board of the Pierce County Medical Bureau and was Secretary of the Bureau last year.

He has a fine family of whom he was exceedingly proud; he followed their activities with great interest. The consuming interest and enthusiasm he showed in anything with which he was associated was a distinguishing characteristic of Jim Mattson. A keen competitor who loved to win, he took his losses without complaint and was always able to laugh at his own shortcomings. He was completely honest and played the game fairly.

It is hard to believe that someone so full of life is gone. His many friends both in medical and non-medical circles feel a great loss.

G. M. WHITACRE, M.D.



BULLETIN of the Pierce County Medical Society

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**INJECTION • SUPPOSITORIES • REPETABS • TABLETS** 

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Ernst, E. M., and Snyder, A. M.: Pennsylvania M. J. 67:355, 1958.
 Preisig, R., and Landman, M. E.: Am. Pract. & Digest Treat. 9:740, 1958.

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### SURFACE ANESTHETIC



#### Physical Medicine and Surgery Symposium to be Held

A one-day symposium on Physical Medicine and Surgery will be held in Tacoma Wednesday, October 14, at the Hotel Winthrop. Co-sponsored by the Pierce County Medical Society and the American Academy of Physical Medicine and Rehabilitation under the auspices of Lederle Laboratories, five nationally-known speakers will be presented. The symposium will be held from 9 a.m. to 5:30 p.m. and will include luncheon; a cocktail hour will conclude the meeting which is open to all physicians and their wives, and registered physical therapists. All expenses of the symposium will be covered by Lederle Laboratories.

Following are the speakers who will be presented and the subjects they will discuss:

Philip R. Lee, M.D., Assistant Professor of Clinical Medicine and Rehabilitation, New York University College of Medicine; member, Department of Internal Medicine, Palo Alto Medical Clinic—"Management of Arthritis and Bursitis with Medicine and Mechanical Aids."

Donald A. Covalt, M.D., Associate Director, Institute of Physical Medicine and Rehabilitation, New York University-Bellevue Medical Center—"Practical Therapy and Rehabilitation of the Hemiplegic."

Louis B. Newman, M.D., President, American Academy of Physical Medicine and Rehabilitation; Chief, Physical Medicine and Rehabilitation, Veterans Administration Research Hospital, Chicago—"The Basic Philosophy and General Principles of Physical Medicine and Rehabilitation."

A. L. Sahs, M.D., Professor and Head of Department of Neurology, State University of Iowa College of Medicine, Iowa City— "Recognition and Management of Neuro-Physical Disorders, Including Seizure Disorders in Children."

James Barrett Brown, M.D., Professor of Clinical Surgery, Washington University School of Medicine, St. Louis—"Early Care and Management of Farm, Home, and Industrial Trauma and Results Obtainable."

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#### Corrections for 1959 Physicians Directory

Following are corrections for the 1959 Directory of Physicians. Please clip and paste over the listings specified.

BATEY, GEORGE General Practice—Wednesday and Saturday p.m. Office, 4002 South M StreetGR 2-4417 Home, 3525 South K StreetGR 4-3900
BLIZARD, ELDON CHARLES         Internal Medicine—All day Tues. and Sat. p.m.         Office, 800 South Meridian, PuyallupTH 5-6645         BR 2-9958         Home, 518 4th Ave., S.WTH 5-2283
GROSS, KENNETH E. Radiology—Tuesday Offices, 522 Medical Arts BuildingBR 2-3157 BR 2-5021 No. 32, Tacoma Medical CenterBR 2-3157 Home, 2901 North 29th StreetSK 9-2223
HALEY, THEODORE R. General Surgery—Wednesday Office, No. 14, Tacoma Medical CenterBR 2-4501 Home, 415 North 6th StreetFU 3-3295
HOYT, WALLACE P. General Practice—Wednesday Office, 800 South Meridian, PuyallupTH 5-6645 BR 2-9958 Home, 502 37th Ave., N.WTH 5-6336
JARVIS, JOSEPH B. Radiology—Thursday and Saturday p.m. Office, 800 South Meridian, PuyallupTH 5-9511 BR 2-9958 Home, Rt. 1, Box 764, SumnerUN 3-6381
SANDERSON, STEVENS S. Radiology, Diagnosis and Treatment Offices, 522 Medical Arts BuildingBR 2-3157 BR 2-5021 No. 32, Tacoma Medical CenterBR 2-3157 Home, 624 North D StreetMA 7-3277
VAUCHT, CHARLES R. General Practice—Thursday and Saturday p.m. Office, 800 South Meridian, PuyallupTH 5-6645 BR 2-9958 Home, 1726 Tacoma Road, PuyallupTH 5-6215
NPBA HOSPITAL

X-Ray.....John Golden Medical Record Librarian ......Mrs. F. C. Rokahr

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## **BEALL'S**

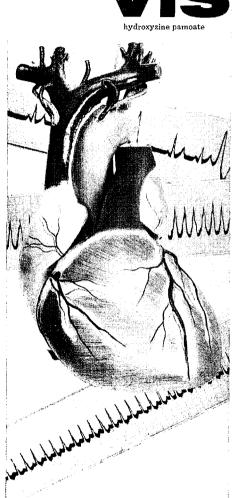
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## in cardiac arrhythmias VISTARIL



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References: 1. Burrell, Z. L., et al.: Am. J. Cardiol. 1:624 (May) 1958. 2. Hutcheon, D. E. et al.: J. Pharmacol. & Exper. Therap. 118-451 (Dec.) 1956. provides:

### SPECIFIC Antiarrhythmic Effect

in ventricular and auricular extrasystoles, paroxysmal auricular and ventricular tachycardias, paroxysmal auricular fibrillations, Wolff-Parkinson-White syndrome, bigeminy, and non-chronic auricular fibrillation.

### OUTSTANDING SAFETY

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## AND EFFECTIVE

Vistaril provides calming and tranquilizing properties valuable in cardiac patients.

The following dosage regimen is recommended (Individualized by the physician for maximum effectiveness):

Oral dosage: Initially, 100 mg. daily in divided doses until arrhythmia disappears. For maintenance or prophylaxis, 50-75 mg. daily in divided doses.

Parenteral dosage: 50-100 mg. (2-4 cc.) I.M. stat., and q. 4-6 h., p.r.n.; maintain with 25 mg. b.i.d. or t.i.d. In acute emergency, 50-75 mg. (2-3 cc.) I.V. stat.; maintain with 25-50 mg. (1-2 cc.) I.V. q. 4-6 h.

Supply: Vistaril Capsules, 25 mg., 50 mg. and 100 mg. Vistaril Parenteral Solution, 10 cc. vials and 2 cc. Steraject<sup>®</sup> cartridges. Each cc. contains 25 mg. hydroxyzine (as the hydrochloride). BULLETIN of the Pierce County Medical Society

### WOMAN'S AUXILIARY To The Pierce County Medical Society

AUXILIARY OFFICERS-1959-60

Fresident	Mrs. Joseph Harris
President-elect	Mrs. J. Robert Brooke
1st Vice-President	
2nd Vice-President	Mrs. G. M. Whitaere
3rd Vice-President	Mrs. Joseph Jarvis
4th Vice-President	
Recording Secretary	Mrs. Kenneth Gross
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Legislative	Mrs. Don G. Willard
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Nurse Recruitment	
Program	
Public Relations	
Revisions	Mrs. Dale Doherty
Telephone	Mrs. Richard B. Link
Today's Health	Mrs. Robert Johnson
Speakers Bureau	Mrs. Philip Grenley
Mental Health	
Safety	
Publicity-	
Bulletin	Mrs. Herbert Kennedy
Newspaper	Mrs. Robert Burt
Fashion Show	Mrs. T. B. Murphy
Game Night	
Dance	

Washington summers are so comfortable, and to transplanted midwesterners it may at first seem hard to understand the mass exodus across the bridge, ferry or highway each June. But before long one realizes the fun of just "messing around" in sand and water. While everyone has been watering lawns, cramming camping equipment into trunks, trying to break 100 or pounding the waves, the Board took time out to meet in July.

Margaret Harris entertained Board members at a luncheon (complete with petits fours from the Bon Ton in Vancouver, no less) at Dottie Read's charming home on the Lagoon. Getting to the business at hand, the Board voted to discontinue the children's Christmas party and the plunges for nurses at the Y.W.CA. Under Mental Health auspices, one retarded child was sent to summer camp for two weeks.

Our Nurses Scholarship winners, Arline Nelson (Fife), Kerstin Larrson and Merle Gendreau (Puyallup), expressed their appreciation through letters to the Nurse Recruitment chairman; all have selected St. Joseph's Hospital School of Nursing.

#### On The Go

The Hoovers, Johnstons, Colleys, Osbornes and T. B. Murphys are among those who were lured to the surf at Oregon, while the Whitacres continued on south to Lake Tahoe. Further on, at San Francisco, you would find the John Mays who visited there after spending a few days with the children at Kalaloch.

Water skiing is strictly for the brave and new conquerors of the sport this summer are the Harrelsons and Fergusons.

The Banfields enjoyed a leisurely twoweek cruise, and our newest boatniks are the Durkins . . . their runabout was launched recently and 'twas reported that it left a roostertail equal to the Maverick's.

The David Dye family trailer-camped in the San Juans and the Crabills fished in Northern Canada. Other border crossings were made by the Zimmermans, Buttorffs and Brokaws.

Travelling east to see family and friends, Jeanne Judd visited Omaha; the Arnie Herrmanns were in Minnesota, and the Houtz's flew to Kansas City.

After a European trip, the Havlinas moved into their new home in Skyline their landscape plans include a tennis court.

#### Eye Bank

The Executive Committee of the Doctors Hospital of Tacoma has authorized the formation of an Eye Bank utilizing the facilities of the hospital so that donated eyes may be made available to deserving people —not only of Tacoma and Pierce County, but also neighboring communities.

The facilities are not restricted and eyes may be used at any accredited institution need them, providing they are available.

need them, providing they are available. Further information will be sent directly to all members of the Pierce County Medical Society including the necessary release forms before a public relations release is given to local news media.

#### OFFICE SPACE AVAILABLE

First Floor, Puget Sound Medical Building For Information, Call BR 2-9866

## the mood brightener

Lifts the burden of depression .... opens the way for a sunnier outlook

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#### New areas of therapy

NIAMID is clinically effective in such depres sive states as involutional melancholia, senile depression, postpartum depression, reactive depression, the depressive stage of manic depressive disease, and schizophrenic depressive reaction.

Depression associated with the menopause and postoperative states, and depression accompanying chronic or incurable diseases such as gastrointestinal and cardiovascular disorders, arthritis, and inoperable cancer, can now be treated successfully with NIAMD.

NIAMID is also strikingly effective for many complaints, when due to masked depression rather than to organic disease. Masked depression may take the form of guilt feelings, crying spells or sadness, difficulty in concentration, loss of energy or drive, insomnia, emotional fatigue, feelings of hopelessness or helplessness, loss of interest in normal activity, listlessness, apprehension or agitation, and loss of appetite and weight.

While tranquilizers have had some measure of effectiveness in many of these areas, NIAMID now gives the practicing physician a new, safe drug for the specific treatment of depression.

#### New safety

The hepatotoxic reactions observed in earlier monoamine oxidase inhibitors have not been seen with NIAMID.

Acute and chronic toxicity studies show this distinctive freedom from toxicity. Moreover, during extensive clinical trials of NIAMID by a large number of investigators no liver damage has been reported, and in only a very few isolated instances have hypotensive effects heen seen.

The unique structure of the NIAMID molecule may explain why NIAMID is excreted for the may explain why NIAMID is excreted for the most part unchanged in the urine with only insignificant quantities of potentially "free" hydrazine being formed. It appears that sub-stantial quantities of free hydrazine were formed in the body when hepatic toxicity was observed with previous inhibitors.

#### Background of NIAMID

A major advance in the treatment of mental depression came with a newer understanding of the influence of brain serotonin and nore pinephrine on the mood. Levels of both these neurohormones are decreased in animals under experimental conditions analogous to depression; relief of these model depressions is seen with a rise in the levels of both serotonin and norepinephrine.

A second advance came with the development of monoamine oxidase inhibitors, substances which raise the cerebral level of both serotonin and norepinephrine. Previous inhibitors raised

Pfizer

Science for the world's well-being TH PFIZER LABORATORIES Division, Chas. Pfizer & Co., Inc., Brooklyn 6, N.Y.



the cerebral level of serotonin, but did not appear to raise that of norepinephrine levels proportionately. Pfizer's new drug overcomes this disadvantage.

Pfizer's new drug overcomes this disadvantage. NIAND significantly raises the cerebral level of both serotonin and norepinephrine under experimental conditions.

The dramatic discovery of NIAMID now makes available an extremely effective, safe antidepressant for the successful treatment of a full range of depressive states.

#### Precautions

Side effects are most often minor and mild manifestations of central nervous system stimulation, modifiable by reduction in dosage; these may take the form of restlessness, insomnia, headache, weakness, vertigo, dry mouth, and perspiration. Care should be taken when NIAMID is used with chlorothiazide compounds, since hypotensive effects have been noted in some patients receiving combined therapyeven though hypotension has rarely been noted with NIAMID alone. There has been no evidence of liver damage in patients on NIAMID; however, in patients who have any history of liver disease, the possibility of hepatic reactions should be kept in mind.

#### **Dosage and Administration**

Start with 75 mg. daily in single or divided doses. After a week or more, revise the daily dosage upward or downward, depending upon the response and tolerance in steps of one or one-half 25 mg. tablet. Once satisfactory response has been attained, the dosage of NIAMID may be reduced gradually to the maintenance level.

The therapeutic action of NIAMID is gradual, not immediate. Many patients respond within a few days, others satisfactorily in 7 to 14 days. Some patients, particularly chronically depressed or regressed psychotics, may need substantially higher dosages (as much as 200 mg. daily has been used) and prolonged administration before responses are achieved.

#### Supply

NIAMID is available in: 25 mg., pink, scored tablets in bottles of 100; and 100 mg., orange, scored tablets in bottles of 100.

#### References

Complete bibliography and Professional Information Booklet are available on request.





B.G. George H. Powell, M.C. New Commander of Madigan



Brigadier General George M. Powell, M.C., one of the three leading doctors assigned to the treatment of President Eisenhower during his hospitalization for a heart condition in 1955, assumed command of Madigan Army Hospital on August 10.

The general comes to Tacoma from Fort Bragg, North Carolina, where he headed Womack Army Hospital from September, 1958 until his promotion to brigadier general and reassignment last month.

The general received an A.B. degree from Colorado College, graduated cum laude from Washington University School of Medicine, and earned a Master of Science degree in medicine from the University of Pennsylvania. He is a member of Phi Gamma Delta, Nu Sigma Nu and Alpha Omega Alpha.

Madigan's new commander is a Diplomate of the American Board of Internal Medicine, a Fellow the American College of Physicians and a member of the Society of Internal Medicine of Colorado and the A.M.A.

General Powell has authored articles in his specialty field, particularly on studies made on hemorrhagic fever as a result of his experience with this disease in the Far East.

The Powell's son, George, is a pre-med student at Colorado College.

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#### Poison Control Center Report

Following is the report from the Supe	r-
visor of the Poison Control Center for Jul	у.
Total Number of Calls1	15
Calls from Parents or other Lay Persons. 10	<b>10</b>
Physicians or Hospitals	14

#### Age Distribution

j
3
3
3
3
7
7

#### Substance Taken

Medicines: Aspirin Gr. ½ 2, Aspirin Gr. 1¼ 1, Aspirin Gr. 1½ 1, Aspirin Gr. V 1, Anacin, Emp. Comp., Polyotic, Mysoline, Bromo Quinine, Penicillin Tabs 250,000 U, Digitalis 3, Ex-Lax 4, Dramamine, Dermasett Antiseptic, Ferrous Sulfate and B-12, Norform Suppositories 2, Mystatin, Peroxide, Thyroid Dexadrine Spansule, Mercurochrome 11, Gentian Violet, Pulvex Tablets and Bactine.

Other Substances: Insect Repellant, Mushrooms, Richard Hudnut Hair Rinse, Sergeant Puppy Capsules, Hollyberries, Battery Acid, Woolite, Gasoline 4, Mahogany Oil Stain, Lacquer Thinner, April Showers Perfume, Pittsburgh Latex, Daphne Berries 3, Parker Paint Wall Color, Liquid Detergent, Paint Thinner, Sparklers, Mum Deodorant, Clorox, Foxglove Leaves, Bondo Hardener, Canned Corn Beef, Wizard Dry Cube, Raid Insect Spray, Lighter Fluid 2, O'Cedar Furniture Polish, Stove Oil 2, Lupine Plant, Permanent Starch 3, Heet Liniment, Ajax, Sulfate of Ammonia Fertilizer 5, Avon Eye Shadow, McKesson Rubbing Alcohol, Pine Sol, Rit Dye, Fuller Paint (outside), Daffodil Bulb, White Wash, White Shoe Polish 2, Polish Remover 2, Tri Sodium Phosphate, Esquire Scuff Coat, White, Purex 2, Spoiled Hamburger, Chanel No. 5 2, Shinola Shoe Polish, White, Canned Tuna, Rinse Away Dandruff Remover, Scotch Broom Seed, Cream Puffs, Jergens Lotion, Fuller Garbage Can Cleaner, Lucien LeLong Cologne, Weed-B-Gon, Genie, Cigarette, Beads O'Bleach, Kerosene, Pulvex Tablets (Carbon Tetrachloride) and Camphorated Oil.



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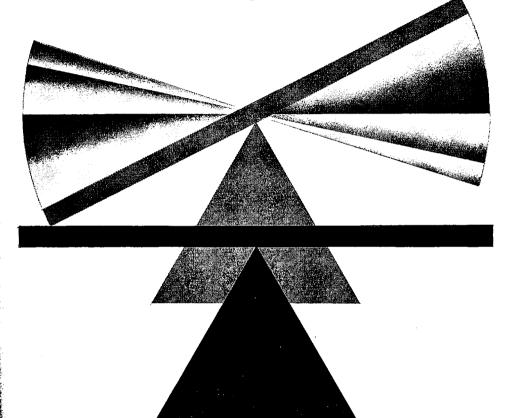
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1. Kuzell, W. C., and others.: Arch. Int. Med. 92:646, 1953. 2. Wolfson, W. Q.: J. Michigan M. Soc. 54:323, 1955. 3. Strandberg, B.: Brit. J. Phys. Med. 19:9, 1956. 4. Platt, W. D., Jr., and Steinberg, I. H.: New England J. Med. 256:823 (May 2) 1957.

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**Tacoma**, Washington

## HOSPITALS ...

#### St. Joseph's

On Sunday, August 30 eighteen members of the senior Nursing class were graduated. Exercises began with Mass celebrated by **Rev.** Lawrence Willenberg in the Chapel of the hospital. A lunch was served for members of the graduating class following the Mass. At 2:30 p.m. in St. Leo's auditorium graduation exercises were held. Rev. L. Willenberg was the speaker of the afternoon. Saturday, August 22 the Sodality of the School of Nursing held a reception for twelve new members in the hospital Chapel.

Thursday, August 27 the members of the Student Body and the Sisters were guests of the School of Nursing on the Harbor Queen from 4-8:15 p.m. A lovely supper was served while the sights of the Sound were enjoyed.

Sister Antony Consilia who has been clinical instructor in Obstetrics is leaving for her new assignment. She will be very sorely missed by the students and faculty alike.

On July 27 the traditional picnic was held at Point Defiance Park. Members of the staff, students and sisters all enjoyed an afternoon of fun and delicious food. Everyone who came brought his favorite "dish" and each had to sample all the goodies. It's always an affair that is looked forward to and this year proved no exception.

Mrs. Cynthia Shelberg, R.N., from the Pediatrics Staff is going to take a quick trip to Quinn, Michigan to attend the wedding of her former roommate. Mrs. Evelyn Worn who came to Pediatrics from Miami, Florida and was on the staff for the past month is leaving again for home. Our cool days just don't suit her southern temperament. Millie Snodgrass, R.N., who has been on the staff for the past five years has joined the ranks of the newly married. She is now known as Mrs. Redford L. Simmons and will reside in Longview, Washington.

Our faithful nurse Mrs. Beatrice Schmidt from the 3-11 shift is recuperating from major surgery and will be at home until October first. She is very greatly missed and will be welcomed back with open arms. Mrs. Alice Jones will relieve her in her absence.

Mrs. Florence Rekwinkle who has been on the staff for the past five years has left

to accept a position as office nurse for Drs. Sobba and Marlatt. Miss Kay Soine who has been with us since early summer will join the ranks of the newly married September 19. Kay is being showered with all sorts of gifts for her new home. We know she will make a beautiful bride.

Mrs. Naomi Godulas who is infanticipating has been replaced by Grace Sayre as housekeeper in the department.

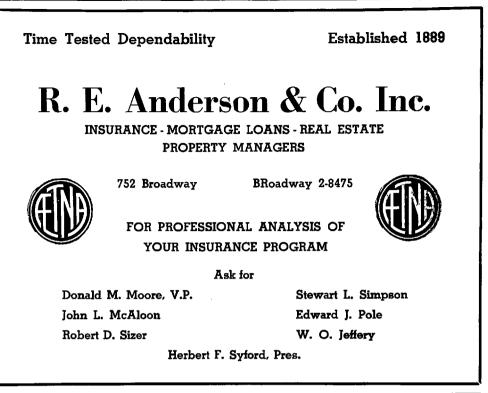
Two members of the Business Office staff have left for further advancement in the field of medicine. Sister Anthony Therese is now in the X-ray departemnt. Mrs. Karen Nelson is in the Pathology Lab. We miss both of them. Our new members include an Aquinas and St. Leo High School graduate of 1959. Erin Bilsborrow, who has worked here in the office part time, is now on a full time basis. Helen Mulkerin, who worked in Pediatrics part time, is now working full time in the office. Nori Nitz, who has had experience in almost every department of the hospital has since joined our staff.

Since the summer is nearly over, the vacations are a thing of the past. Those tans were nice while they lasted. In our list of activities, we have had three celebration parties. The first was for Mrs. Nish, our wonderful switchboard operator. The celebration—her birthday. Angela Byrne, the lass from Ireland also had a birthday party in June. The last party was an anniversary for Rose Tovoli. Yes, a whole year here.

With the approach of the new school year, new faces are appearing in X-ray, and some of the familiar ones are leaving us. Peggy Waldherr had gone to Dr. Moosey's office and Susanne Mikens works at Madigan Hospital. Margie Hanley will be at the Medical Center. Good luck, girls, and God bless you all.

Four new students have entered: Carol Cox, Fife, who has attended Seattle University during the past year. Karen Guisiano, Tacoma, a Stadium graduate, Sister Patricia Catherine who hails from Baker, Oregon, and Sister Anthony Theresa who comes to us from the business office. Three more students are expected in September. We extend a sincere "Welcome" to each of our new students. Courses in Anatomy and Physiology, Physics, X-ray Techniques, Nursing Procedures and Professional Adjustments will be given. We hope these

(Continued on Page 29)



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#### (Continued from Page 27)

new technicians have a very happy and profitable year.

Marie Butler who worked 3 summers in the Record Room has gone into training at St. Francis Cabrini hospital in Seattle. We wish her lots of luck.

Dr. and Mrs. Hannity of Puyallup received a baby boy last month. The Renner family was happy when their new baby "Mark" arrived.

Nurses who had babies last month were: Mrs. Edith Crotty, Mrs. Joyce McKechnic, Mrs. June Grimm, Mrs. Mary Sandell, and Mrs. Judy Kornell.

Some of our key Nurses on Maternity have left Tacoma. Mrs. Russell, Mrs. O'-Donnell, Mrs. McCoffrey, and Mrs. Longabough. How we miss their efficiency and help. To our staff we have added Mrs. Williams and Mrs. Gornlund as part time graduate workers.

We waited and waited for a floor show from Baby Hamm, but the little lad just ate and slept and repeated the same over and over. You see his father has been a professional ice skater for many years.

A farewell party and suitable gift was given to Sr. Anthony Consilia, our former Clinical Instructor on OB by the Maternity Staff. Sister is going back to the Land of the Shamrocks. All of us will miss her.

#### Mountain View General

Mr. Clarence Garstad, C.D.T., a member of the Washington State Dental Service Corporation and an employee of this hospital has been certified by the National Board of Certification of the National Association of Dental Laboratories. He is one of the nine individuals who had received this distinction in the state. Congratulations, Mr. Garstad!

Two long time, valued employees of the hospital are retiring in September. They are Virginia Brown in the business office and Jessie Anderson, pathology secretary. Mrs. Brown will give her full time to housekeeping for husband, Tom. Mrs. Anderson's future plans are diversified and include considerable traveling. Both women have been members of the hospital personnel for 13 years.

Word has been received that Alice Cain, former housekeeper here, and currently housekeeper at American Lake Hospital, has accepted a similar position at Mt. Edgecombe Hospital in Sitka, Alaska. Kristine Sanden became a great grandmother on August 4. Her lovely great grand daughter was born to Dorothy Hoffman Sventh, who was one of the daffodil princesses of 1958.

Dr. John Whitaker has returned from his vacation spent for the most part with his family at the summer home on Long Lake. During his absence Dr. Paul Alexander of Tacoma General Hospital substituted for him.

Vacations are in full swing at this time. Beulah and Murray Dunbar are in North Dakota, Bessie Matern is with her son and daughter in Oregon, John Hillsindenger and family are in Minnesota.

Mrs. Anita Preston, head physical therapist, has returned from visiting friends in San Francisco. While there, she spent some time at the Physical Therapy department of the University of California Medical School. She drove home via Lake Tahoe, Reno and Lewiston, Idaho. In Lewiston she met Dr. Robert Stipe, a former intern at this hospital, who is practicing in Lewiston.

Doris Boyle, Physical Therapy, is on a hiking trip on the Wonderland Trail around Mt. Rainier.

Mrs. Emma Delin, a former attendant in that department is substituting for the vacationers.

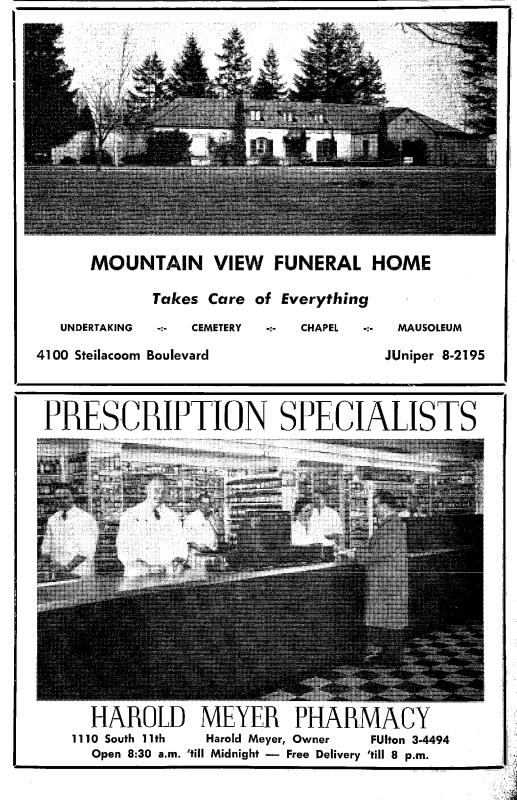
The employees' picnic was held at Spanaway Park on August 6. The warm weather made swimming possible. Games were played and Steve McGruder, son of Elizabeth McGruder of Social Service, won the prize at the ticket drawing—a \$25 Rhodes Gift Certificate. Delicious food was prepared by Steves. All departments were well represented. The three little Mohawks, sons of Dr. Graham, added to the fun. The Special committees which had charge of the affair are receiving deserved praise for the successful picnic.

## Meeting Night NEXT TUESDAY Sept. 8

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BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

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C. C. State

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#### Heart Disease Symposium Attracts Statewide Visitors

Doctors throughout the State of Washington will assemble at the University of Washington Medical School Friday and Saturday, October 16 and 17 for the Eleventh Annual Symposium on Heart Disease.

Sponsored by the Washington State Heart Association in cooperation with the Washington State Health Department, the two-day session will bring to Seattle four nationally-known authorities. Donald B. Effler, Thoracic Surgeon, Cleveland Clinic, Cleveland, Ohio, will speak on "Surgical Treatment and Post-operative Management"; Herbert N. Hultgren, Cardiologist, Stanford University Hospitals, San Franeisco, California, "Accuracy of Cardiac Catheterization and Pulmonary Hypertension in Adults"; Alexander S. Nadas, Pediatric Cardiologist, The Children's Hospital, Boston, Massachusetts, "Natural History of Rheumatic Fever and Pulmonary Hypertension in Children"; and John A. Campbell, Radiologist, Indiana University Medical Center, Indianapolis, Indiana, "Radiological Diagnosis and Evaluation."

The Symposium Banquet, held at the Washington Athletic Club Friday evening will feature guest speaker, S. Leith Loder, performer and raconteur, noted for his "Miracles of Medicines" talk.

A panel discussion with questions from the audience will follow each session. There is no fee for registration. Members of the Washington State Medical Association will receive registration forms by mail.

As in previous years, abstracts of papers to be presented will be available at the Symposium. The Symposium is approved for credit in Category I, American Academy of General Practice.

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BULK RATE

### MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA Second Monday of March, June, Sept., Dec.—7:30 p.m. Auditorium of Medical Arts Bldg. STAFF OF GOOD SAMARITAN Second Monday of March, June, Sept., Dec.-6:30 p.m. STAFF OF NORTHERN PACIFIC Second Monday of each month-noon. STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.-6:15 p.m. STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL Last Monday of February, June, September and November TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS First Tuesday of each month-8:30 p.m. Board Room of Pierce County Medical Society PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the month except June, July & August -8:15 p.m. STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.-6:30 p.m. TACOMA SURGICAL CLUB Third Tuesday of each month—6:30 p.m. at Tacoma Club TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club TACOMA ACADEMY OF GENERAL PRACTICE Fourth Monday of each month except June, July & August ---6:30 p.m. at Honan's PIERCE COUNTY PEDIATRIC SOCIETY First Friday of each month except June, July and August STAFF OF MEDICAL ARTS HOSPITAL Third Friday of March, June, Sept., Dec.—7:15 a.m. at New Yorker Cafe. STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

# BULLETIN of the

## ERCE COUNTY MEDICAL SOCIETY

WOL XXXI-No. 2

TACOMA WASH

**OCTOBER - 1959** 

RCE COUNTY MEDICAL SOCIÉTY

## **Pierce County Medical Society**

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Douglas P. Buttorff	
Murray L. Johnson	
Herman S. Judd	

#### ALTERNATE DELEGATES

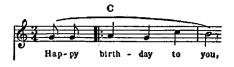
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#### Happy Birthday

#### October

- 2 DUDLEY HOUTZ
- 3 LESTER BASKIN
- M. R. HOSIE
- 4 E. R. ANDERSON A. J. HERRMANN SOMERS SLEEP
- 5 ROBERT BROOKE DAVID DYE KENNETH GROSS THOMAS LAWLEY
- 6 D. M. DAYTON
- 7 HASKEL MAIER RICHARD RICH
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- 21 BUEL SEVER
- 23 H. A. ANDERSON
- 24 GIULIO DI FURIA
- 25 DONALD ALLISON
- CHARLES McGILL
- 31 JOHN KEMMAN JOHN SRAIL

#### NOTICE

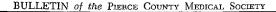
Check back page of Bulletin for calendar of special meetings

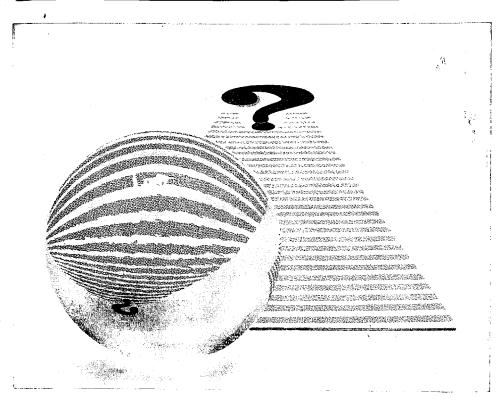
#### Front Cover Picture

Douglas Fir at Mineral, Washington; St. Regis Paper Company operations.

#### **Courtesy Richards Studio**

1. 199**.** 





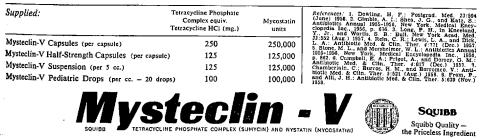
## what lurks beyond the broad spectrum?

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But beyond the spectrum lurk pathogenic fungi. Aggressive infections often require intensive broad spectrum antibiotic attack. It becomes more apparent every day that fungal superinfections may occur during or following a course of such therapy.<sup>1,2</sup> Long term debilitating disease, diabetes, pregnancy, corticosteroid therapy, and other causes may predispose to such fungal infections<sup>1,3,4</sup> as introgenic moniliasis. These facts complicate the administration of antibiotics.

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Case history after case history marked "recovered" provides clinical evidence of the special merit of this advance in specially designed antibiotics. When you prescribe Mysteclin-V, you provide "broad therapy" with extra protection that extends beyond the spectrum of ordinary antibiotics.



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#### PRESCRIPTIONS

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\* \* \*

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🗑 1999 - 1997 -

## PIERCE COUNTY MEDICAL SOCIETY

## Tuesday, October 13

## 8:15 P.M.

**MEDICAL ARTS BUILDING AUDITORIUM** 

\* \* \* \*

## PROGRAM

### Cineradiography

and

## Simultaneous Biplane Radiography

STEVENS S. SANDERSON, M.D.

KENNETH E. GROSS, M.D.

\* \*

A no-host social hour and dinner will precede the meeting

Social Hour:	6: <b>00</b>
Dinner:	6:30
Place:	Honan's Restaurant 739½ St. Helens

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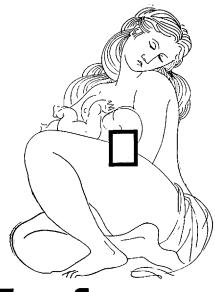
C. R. BARD UROLOGICAL INSTRUMENTS

BURDICK PHYSIO-THERAPY EQUIPMENT

CAMBRIDGE ELECTROCARDIOGRAPHS

WILMOT CASTLE STERILIZERS AND LIGHTS

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weight gains greater than average, stool firmness between firm and soft . . . and lower stool frequency.

**NEAREST...** to mother's milk in its pattern of protein, fat and carbohydrate by caloric distribution

**NEAREST...** to mother's milk in its pattern of vitamins and minerals (except for more vitamin D in accordance with NRC recommendations)

**NEAREST...** to mother's milk in its fat composition (no butterfat; no sour regurgitation)

NEAREST... to mother's milk in its ratio of saturated to unsaturated fatty acids

NEAREST... to mother's milk in its low renal solute load

ENFAMIL LIQUID-cans of 13 fluid ounces. 1 part Enfamil Liquid to 1 part water for 20 cal. per fl. oz.

ENFAMIL POWDER-cans of 1 lb. with measure. 1 level measure of Enfamil Powder to 2 ounces of water for 20 cal. pcr fl. oz.

MEAD JOHNSON & COMPANY, EVANSVILLE 21, INDIANA \*Trade Mark

1. Macy, I. G.; Kelly, H. J., and Sloan, R. E.; with the Consultation of the Committee on Maternal and Child Feeding of the Food and Nutrition Board, National Research Council: The Composition of Milks, National Academy of Sciences, National Research Council, Publication 274, Revised 1953, 2. Research Laboratories, Mead Johnson & Compay.



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#### Golf Tourney Proves To Be Very Successful

On September 23, Pfizer Laboratories were once again kind enough to sponsor the annual golf tournament for doctors in Pierce County and surrounding areas. This year's tournament which proved to be one of the most successful to date, was held at Allenmore where approximately seventy doctors from Pierce County, Longview, Bremerton and Olympia were present and played the usual medical brand of golf.

Following the tournament, the doctors migrated to the Elks Temple where movies of golf and baseball, also courtesy of Pfizer, were in progress. At 6 p.m., alcoholic libations were poured forth with Judy, herself, doling out the tickets. (She had a roll of 1500 to start with but the best the doctors could do was put a small dent in it.)

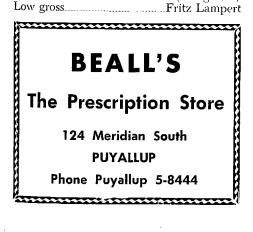
An excellent roast beef dinner, supervised by the Elks Club, was served to approximately one hundred and forty. Between dinner and dessert the chairman introduced representatives from Madigan Army Hospital and Pfizer who were seated at the head table. Dr. Marshall Whitacre acted as toastmaster for the banquet and handed out the prizes as well as telling a few ribald stories, a la Arnie Herrmann. The noise and pandemonium which greeted the jokes and filled the room failed, however, to wake up one Philip Backup even though he had a front row seat.

Pfizer trophies were awarded to the following:

Low net, Field.....J. Robert Brooke (Perpetual Trophy) Low gross, Field.....G. M. Whitacre

lst Division

Low net (tied).....L. S .Durkin L. D. Hamilton (Longview)



#### 2nd Division Low gross......F. M. Peters 3rd Division Low net\_\_\_\_\_\_S. E. Adams

Longest Drive......G. M. Whitacre Closest to pin......P. Loggan (Longview)

The entire day was a complete success and a wonderful time was had by the entire assemblage. We are certain that the medical profession of Tacoma and vicinity are already looking forward to next year's Pfizer day. Our thanks to this fine pharmaceutical house and Mr. Jerry Cawdrey, the Tacoma representative; to Ken Tyson, Allenmore golf pro; and Marsh Whitacre, toastmaster, for their efforts in organizing this very enjoyable affair.

> -George G. R. Kunz, M.D., Chairman.

#### Roster Additions

BIAS, ROBERT H. General Practice Office, 4002 South M StreetGR 2-4417 Home, 7410 South Tacoma AvenueGR 4-4772
BISCHOFF, G. W. General Practice
Office, 5721B North 26th St
RESCHKE, ALFRED W. Obstetries and Gynecology Office, 5920 Lake Steilacoom Avenue

#### **Roster Changes**

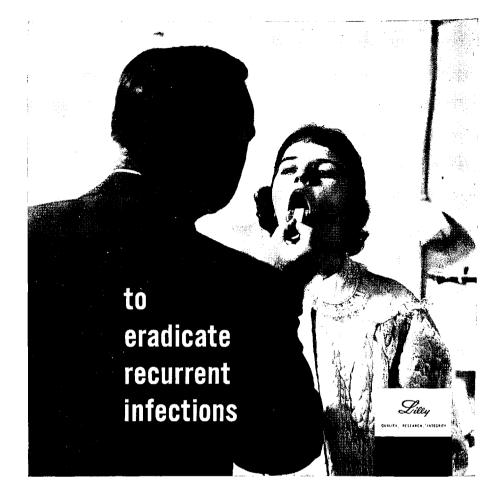
HAUSER, WILLIAM P. Internal Medicine—Wednesday and Saturday Office, 1212 South 11th St., Bldg. 33BR 2-1678 Home, 4141 Madrona WaySK 9-8918	
KANDA, JOHN M. General Practice—Thursday and Saturday Office, 1518 Main, Summer	
SHAW, JOHN M. Dermatology—Wednesday and Saturday p.m. Office, 1106 South 4th Street	
SNYDER, M. E. General Practice and Obstetrics Office, Western Clinic, 1119 A StMA 7-1141 Home, 6103 Hillerest Drive, S.W. JU 8-1977	

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When the infection keeps coming back, it may well be that a more decisive antibiotic attack is indicated. In such cases, Ilosone consistently provides a prompt, high level of antibacterial activity in the patient's serum. Ilosone is bactericidal against both streptococci and pneumococci and has been reported particularly effective against staphylococcus infections in clinical investigation.<sup>1</sup>

Usual dosage: For adults and children over fifty pounds, 250 mg. every six hours. For optimal effect, administer on an empty stomach. Ilosone is supplied in Pulvules<sup>®</sup> of 125 mg. and 250 mg., in bottles of 24 and 100.

1. J.A.M.A., 170:184 (May 9), 1959.

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Strauss Lecture To Be Presented at U. of W.



Dr. J. Garrott Allen

On Friday, November 6, 1959, Dr. J. Garrott Allen will give the Tenth Annual Alfred A. Strauss Lecture sponosred by the Department of Surgery of the University of Washington School of Medicine, Seattle. Dr. Allen, Professor and Head of the Department of Surgery at Stanford University School of Medicine will speak on "Serum Hepatitis." The lecture will be held in the auditorium of the Health Sciences Building, University of Washington at 8:15 p.m. Previous Strauss Lecturers have been Dr. Alfred A. Strauss, Dr. Dallas Phemister, Dr. Warren Cole, Dr. Owen Wangensteen, Dr. Lester Dragstedt, Dr. Frederick Coller, Dr. Edward Churchill, Dr. Alfred Blalock and Professor Charles F. W. Illingsworth.

Dr. J. Garrott Allen was born in Elkins, West Virginia, June 5, 1912. He studied at Davis and Elkins College for two years and then received his A.B. degree at Washington University, St. Louis, in 1934. This was followed by an M.D. degree from Harvard in 1938. His subsequent training was received at the University of Chicago Clinics under the late great Dr. Dallas B. Phemister, a previous Straus Lecturer in this series and under Dr. Lester R. Dragstedt, also a former Strauss Lecturer. At this institution Dr. Allen served successively as Intern, in 1939; Assistant Resident in Surgery, 1940-46, and Chief Resident in Surgery, 1946-48. As to faculty rank Dr. Allen was promoted rapidly, serving as Instructor in Surgery from 1943-47; Assistant Professor, 1947-48; Associate Professor, 1948-51, and he was made full Professor of Surgery in 1951 at the age of 39.

During the war Dr. Allen was closely affiliated with the Manhattan project from 1944-46, and has been a group leader at the Argonne National Laboratory since 1946.

After eight years as professor of Surgery at the University of Chicago, Dr. Allen was appointed Professor and Head of the Department of Surgery at Stanford University effective July 1, 1959.

Honors Dr. Allen has received are many. He was awarded the John J. Abel prize for studies on research irradiation injury by the American Association of Pharmacology and Experimental Therapeutics in 1948; the Educational Award of the American Association of Blood Banks, 1954; the Gold Medal for original research, Illinois State Medical Society, 1948 and 1952; the Samuel D. Gross Award of the Philadelphia Academy of Surgery, 1955; the first John Elliott Award, the American Association of Blood Banks, 1946; and the A.M.A. (Gold Medal for original research, 1948).

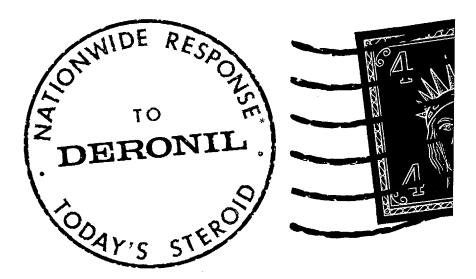
While his research contributions are many, three of them might be mentioned here which include the relationship of shielding of the spicen to the extent of radiation injury, early work on ptomaine counteraction of heparin overactivity, and finally—and most widely known—his introduction of room temperature storage of plasma to eliminate serum hepatitis.

Dr. Allen is a Diplomate of the American Board of Surgery and Fellow of the American College of Surgeons. He is also a member of the Society for Experimental Biology and Medicine, the American Physiological Society, the American Surgical Association, the Society of Clinical Surgery, the Chicago Surgical Society, and the Society of University Surgeons.

He is an author of numerous technical articles, and is the author or editor of several surgical texts including the comprehensive text, Surgery: Principles and Practice, and a very recent one, The Physiology and Treatment of Peptic Ulcer.

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#### BRONCHIAL ASTHMA, Allergic rhinitis-(Male, age unknown), Source: M.D., California

"Asthma cleared and patient slept through whole night; sense of smell returned completely. Effect occurred within 12 hours of first dose."

#### POISON OAK DERMATITIS--(Male, 41), Source: M.D., Georgia "Complete clearing of severe dermatitis."

#### SEVERE CHRONIC URTICARIA –(Female, 36), Source: M.D., Massachusetts

"Excellent results. No headache, mild increase in good spirits and appetite, no edema, no change in B. P."

#### BURSITIS OF BOTH SHOUL-DERS-(Female, 35), Source: M.D., Pennsylvania

"Improved after 1 dose (0.375 mg.). After first day slept well. No pain."

#### FROZEN SHOULDER SYN. DROME-(Male, 64), Source: M.D., Indiana

"Patient had painful, tight shoulder with only minimal movement. After 48 hours, patient obtained approximately 50% return. In 6 days established 80% return of function followed by gradual return of usage."

#### RHEUMATOID ARTHRITIS and SPONDYLITIS-(Female, 67), Source: M.D., Louisiana

"Bedridden patient now returned to useful self again. Maintained on 0.75 mg. b.i.d."

CONTACT DERMATITIS – (Male, 21), Source: M.D., Missouri "Itching relief in one day-rash gone in three days."

ASTHMA (Status) – (Female, 38), Source: M.D., Texas

"Patient completely relieved after 2nd dose of Deronil." GIANT URTICARIA. ANGIONEUROTIC EDEMA (Recurrent following insect stings)-(Male, 10), Source: M.D., Tennessee "Utticaria cleared after first 0.375 mg. dose, angioneurotic edema after second. No recurrence (to my knowledge) after Deronil discontinued."

#### HERPES ZOSTER – (Female, 41), Source: M.D., Nebraska

"No response from enzymatic therapy; relief from pain in 24 hours on Deronil. Lesions cleared in 8 days."

ERYTHEMA MULTIFORME - (Patient not identified), Source: M.D., Alabama

"I believe the addition of Deronil to the antibiotics and local treatment was of distinct value in this case."

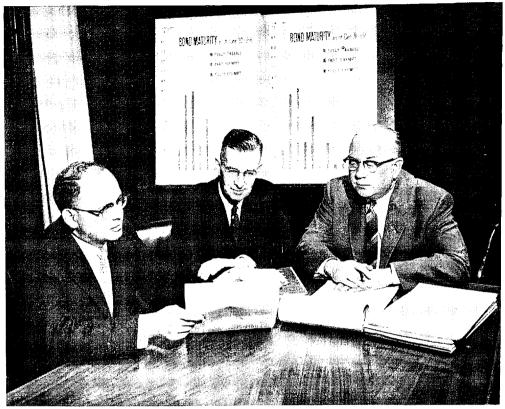
\*Response of patients to DERONIL as reported by physicians to the Schering Department of Professional Information.

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week. See an attorney. He will give your family the protection of a properly drawn and legally sound Will. Consult him about the many advantages in naming a bank as your executor. Individuals as executors often do not have the experience, knowledge and judgment of a bank's Trust Department which goes on continuously in trained management of your estate. Put your estate in capable hands for long-time security and good management. Our Trust Department is a friendly, reliable place to know.

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## **WOMAN'S AUXILIARY** To The Pierce County Medical Society

#### **AUXILIARY OFFICERS**—1959-60

Fresident	Mrs. Joseph Harris
President-clect	Mrs. J. Robert Brooke
1st Vice-President	
2nd Vice-President	Mrs. G. M. Whitaere
3rd Vice-President	
4th Vice-President	Mrs. Herman Judd
Recording Secretary	Mrs. Kenneth Gross
Corresponding Secretary	Mrs. John May
Treasurer	

#### COMMITTEE CHAIRMEN

	Mrs. G. M. Whitacre
Bulletin (National)	Mrs. Robert Crabill
Civil Defense	Mrs. Arthur Wickstrom
Historian	Mrs. Robert Ferguson
Social	Mrs. Glenn Brokaw
Legislative	Mrs. Don G. Willard
Membership and Hospitality	Mrs. Galen Hoover
Nurse Recruitment	Mrs. Richard Barronian
Program	Mrs. Charles Anderson, Jr.
Public Relations	
Revisions	
Telephone	Mrs. Richard B. Link
Today's Health	
Speakers Burcau	Mrs. Philip Grenley
Mental Health	
Safety	
Publicity	
Bulletin	Mrs. Herbert Kennedy
Newspaper	
Fashion Show	Mrs. T. B. Murphy
Game Night	
Dance	

It's time to kick off your thongs, come out of the woods or off the beaches and get into circulation again. What better way than over the teacups at the opening tea Friday, October 16, 1 p.m., at the home of Grace Hauser, 4141 Madrona Way, You'll have an excellent opportunity to find out about one of our most active committees. Nurse Recruitment, Hostesses will be: Mrs. William Burrows, chairman, Mrs. Edward McCabe, co-chairman, and Mesdames Kenneth Sturdevant, Leo Sulkosky, Charles Vaught, Arnold Johansson and Carl Granquist.

Our delegates to the State Meeting in Seattle in September were: Margaret Harris, Helen Florence, Hilda Lantiere, Louise Bowen, Ruth Brooke, Florence Duerfeldt and Ruth Murphy. A stroke of good luck and spur-of-the-moment invitation found Margaret and Helen lunching with Mrs. Frank Gastineau of Indianapolis, the new national president of the auxiliary. We are told she is a charming person and very enthusiastic about her job. Doris Kunz receives our utmost respect for her devotion —she attended the convention the entire time—Sunday through Wednesday.

Jeanne Judd and Margaret Harris arc planning the Safety Hat Show for the visiting women at the Physical Medicine Seminar October 14. If you missed it last year, go to the Winthrop Hotel and see it.

Hostesses assisting at the Seminar will be Betty May, Ruth Zimmerman, Louise Bowen, Ruth Murphy and Jeanne Judd.

Circle November 13 on your calendar it's the date of our fashion show.

We offer our condolences to Jeanne Judd and sympathize deeply with her in the loss of her father.

#### Lend An Ear

The process of learning never stops, and it becomes particularly pleasant when you can spend a few days out of town. Pearl gathering recently were the Dohertys and Shaws at the Pacific Dermatological meeting in Carmel, while the Brighams (driving their new Portia) and Kittredges headed for Victoria and the Northwest Pediatric meeting.

Carriage news . . . Congratulations! Dee and Art Wickstrom are happy parents of their second daughter, Paula Kristine who arrived in August. Little Julie Kirstin, born in September, now makes it one boy and two girls for Barb and Chuck Anderson.

Galen and Pat Hoover will be changing their address to 5th and Tacoma Ave. soon and experience that wonderful feeling of rattling around in a spacious house. It's the McCormick house to many of you.

Who was the happy soul who tried to wreck a boat near the Harbor Lights one moonlit evening?

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## **HOSPITALS**.

#### **Doctors**

The Doctors Hospital of Tacoma and the Medical Arts Hospital were visited last Tuesday by the Disaster Committee of the Pierce County Medical Society.

In the absence of Dr. Link, Chairman, Dr. Barronian conducted the walk-through of both hospitals after a luncheon was served to the members of the committee. Those in attendance were: Doctors R. F. Barronian, J. S. May, C. C. Reberger, D. F. McKay and Claris Allison. Also present were: Mrs. Harriet Huffman, Mrs. Helen Sandegren, Mrs. Judy Gordon, Mr. Hugh Owens, Mr. James B. Feutz and Mr. Hugh Williamson.

The members of the committee were extremely complimentary of the fine Disaster Plan compiled by Mrs. Harriet Huffman and Mrs. Helen Sandegren, Directors of Nursing Services of The Doctors Hos-pital of Tacoma and the Medical Arts Hospitals, respectively.

Dr. Barronian and Mr. Hugh Owens outlined the future plans of the Medical Society's Committee consisting of practice dry-runs to be held sometime after the walk-throughs are completed. This practice run will be conducted in conjunction with the Civil Defense, Pierce County Sheriff's Office, and the Tacoma Police Department. The over-all plan is, at present, being examined by these various groups in an attempt to see how they might coordinate their activities to assist the program of the Medical Society.

The Board of Trustees of The Doctors Hospital of Tacoma are pleased to announce the appointment of Mr. James B. Feutz as Assistant Administrator of the hospital.

Mr. Feutz is a local man having received his education in the Tacoma Public Schools, graduating from Washington State College at Pullman in 1948 and has been associated in business in this community since the completion of his education.

Another new arrival is Mr. Robert Guinn, Registered Physical Therapist, who joined the staff of Doctors Hospital, August 3.

Mr. Guinn received a portion of his college training at Washington State College and his Bachelor of Science degree in Physical Therapy at the University of California. His pleasant manner and excellent background are a welcome addition to the Physical Therapy Department.

Mrs. Harriet Huffman and her lovely daughter Anne, are presently suffering the adjustment pains of moving to a new home. The house is located in the Mount Downing School District of the North End. We enjoy with them the thrill of a new home and wish them happiness in their new location.

The Nursing Staff and the Office Personnel are gradually beginning to recover from the summer vacation problems which beset us each year.

Mrs. Ruth Larkins, of the office personnel, will win the award for the greatest distance traveled on her vacation as she visited her family in Minnesota this summer.

The fall activities of the Professional Staff will commence with the staff meeting on October 12, 1959 which had been postponed due to a conflict in dates with the Washington State Medical Association's meeting in Seattle.

#### Saint Joseph's

Recent changes in surgery have been the completion of our renovation. The final stage was painting the main hallway. Mrs. Betty Adams, R.N. and Mrs. Barbara Schultz, R.N., left in July both awaiting the stork. Barbara had a baby girl. Mrs. Dorothy (Martelli) Di Re surprised all of us by having her baby two months early. She had a 4 lb. 8 oz. boy, both mother and baby are fine. Our congratulations and best wishes.

Mrs. K. Lomiskev has left to work in Puyallup. A welcome greeting to Mrs. E. Shanks and Miss Anne Mead who have just been with us a few weeks. Also welcomed is Mrs. Paula Tindte who has been replacing Dorothy Di Re. Hilda Pennert has return from her vacation and we still haven't found out what she means by everything being "romantic" in California. We wonder.

The operating room nurses had a dinner meeting at Mary Bridge Children's Hospital on September 15. Mrs. L. Berndt, Miss Betty Anderson and Mrs. Helen Stewart from St. Joseph's attended.

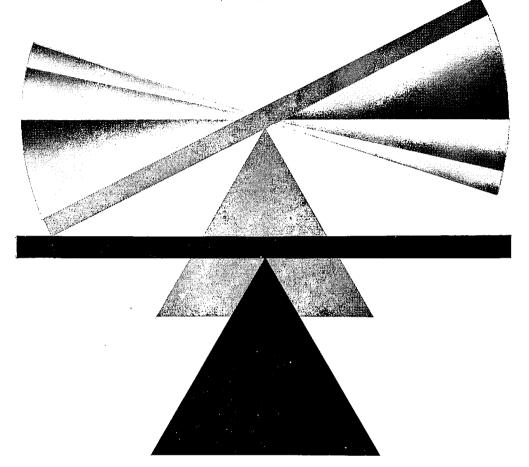
Thirty-three students were admitted in the new class September 8. Three weeks of orientation began with a get together in

(Continued on Page 27)

## Effective relief in rheumatic disorders



with less risk of disturbing hormonal balance



In the treatment of the rheumatic disorders new Sterazolidin provides a method of limiting the gravest danger inherent in steroid therapy...hypercortisonism arising from excessive dosage.

Repeatedly it has been shown that the addition of low dosage of Butazolidin sharply reduces hormone requirement.<sup>1-4</sup> Sterazolidin is a combination of prednisone (1.25 mg.) and Butazolidin (50 mg.) which provides, in the majority of cases, consistent relief at a stable uniform maintenance dosage significantly below the level at which serious hormonal imbalance is likely to occur. Sterazolidin<sup>®</sup> (prednisone-phenylbutazone Geigy). Each capsule contains prednisone 1.25 mg.; phenylbutazone 50 mg.; dried aluminum hydroxide gel 100 mg.; magnesium trisilicate 150 mg. and homatropine methylbromide 1.25 mg.

1. Kuzell, W. C., and others.: Arch. Int. Med. 92:646, 1953. 2. Wolfson, W. O.: J. Michigan M. Soc. 54:323, 1955. 3. Strandberg, B.: Brit. J. Phys. Med. 19:9, 1956. 4. Platt, W. D., Jr., and Steinberg, I. H.: New England J. Med. 256:823 (May 2) 1957.

Geigy, Ardsley, New York

Geiqu

#### (Continued from Page 19)

the cafeteria at 6:00 p.m. on the day of registration. This was enjoyed by all.

Since then these students have been busy getting acquainted and learning how to study for the nursing profession. The majority of this group come from out of town areas. One, Karen Lien, comes all the way from Missoula, Montana. We are happy to have among the group a male student, Mr. Allen Brown.

The formal opening of the school year began Monday, September 28 with Holy Mass offered by Reverend Paul Buchanan, S.J.

This is the beginning of the Fall Quarter which ends on December 20. We are happy to announce new members of the faculty for this year. Sister Mary Cecil, Science Instructor; Sister Marie Magdala, Clinical Instructor in OB. Mrs. McGivney, Nursing Arts Instructor; her assistant Miss Sandra Estrada; Mrs. Hubbard, Clinical Instructor for Medical and Mrs. Moe, Clinical Instructor for O.R. and Emergency Room and Director of the Health Program. We wish them a successful year.

Starting September 28 we will install our new Insurance Plan for the students. In order for this plan to be effective all students must belong to it.

Eighteen new graduates received their diplomas and their emblems. We wish them luck for State Board Exams on October 26 and 27. Many of these will be seen winding their way through the corridors of St. Joe's.

Mrs. Mignon Donaldson is back to work after vacation and a siege of illness. We are happy to have her with us once more.

Sister Guntilda, our Librarian, is still confined to the Hospital, but we are looking forward to her return to the Library. Hurry up, Sister.

If you have not noticed, be sure to take a good look at our new painting job on the outside of the Nurses Residence. In order to help defray expenses we are selling chances on a lovely dressed doll "Pretty Penny". Tickets are available for 25 cents each. The doll is yours with 100 \$1.00 bills. Don't turn down this chance.

This month the classes for Medical Record Technicians started. Three students are enrolled. Goldie Crouch from Puyallup, Dorothy Hollistad from Auburn and Dee Sparkes, who has worked in the record room during the summer months. Miss Ann McMenamin, who was working here during her vacation is leaving in a few days

to continue her studies at Seattle University. We will certainly miss her. Mrs. Makie our Medical Librarian is on leave at the present time.

The new Sisters at the hospital are Sister Rose Eileen from St. Anthony's Hospital in Pendleton, Oregon. Sister is in charge of the Housekeeping Department. Sister Patricia Catherine is an X-ray student. Sister Marie Magdala is the OB instructor replacing Sister Anthony Consilia. Sister is a graduate of Gonzaga University and was Clinical Instructor in O.R. in St. Joseph Hospital, Lancaster, Pennsylvania before coming here. Sister Philomene Marie is our new pharmacist. She just finished four years of study at Fordham University, where she graduated with the highest honors. Many of you know Sister as she spent one year here working in the Pharmacy from 1954 to 1955. Sister James Helene and she are sisters.

We are happy to have all our new Sisters and wish them every success in their work.

While on vacation Alice Helbling spent an enjoyable two weeks visiting friends and relatives in Oregon and California. We are glad to have Amalia Vriniotis back on the job following maternity leave. She is now filling in for vacations. Eva John had a wonderful time with her family while vacationing at Soap Lake. Mary Rosseau has been a mighty busy girl attending showers and preparing for her brother's wedding which was on September 12.

Recently the staff of St. Mary's has increased with the addition of Mrs. Mary Williams, R.N., as night nurse and Mrs. Peggy Jennings, O.T.R., as occupational therapist. There will be a further addition to the staff after we move to the new building. This move has us all in great anticipation as it becomes apparent that it will not be too far away.

No thanks to the Steel Industry, however, that is holding up our clothes closets. St. Mary's appears to be well known in the Northwest as we have recently had a patient from La Grande, Oregon. While Jenny was with us she made a handsome driftwood lamp to take back to the buckbrush country.

Gone are the happy holiday months leaving in the corridors of memory, experiences and events which will always keep youth from being vague and far away. Safe in moth balls are the flowing black robes and cocked mortar boards of recent graduates. Again school has opened everywhere with

(Continued on Page 23)

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**Doctors Hospital Building** 

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#### (Continued from Page 21)

a flourish and bright prospect for the students.

Many interesting events have happened in our department since we last met. First the new arrivals must be announced. Future journalists or space men were welcomed by: Mrs. June Grimm, Mrs. Louise McCloskey, Mrs. Frances Sparkes, Mrs. Frances Meyers and Mrs. Edith Crotty.

Whilst petite little ladies were graciously received by Mrs. Lorraine Reha, Mrs. Judy Kornell and Mrs. Mary Zandell. Some familiar faces are missing and we really miss them, for the old are gold. Mrs. Aris Longabough has moved to

Mrs. Aris Longabough has moved to Centralia. We are happy she is still a Washingtonian. Mrs. Russell and Mrs. O'Donnell both drove one day to the City of Roses and remained there as their husbands were transferred to Portland. Mrs. Sandra Williams has also decided to rest and Mrs. McCaffrey will again return to watch over the babies. One guess why our little McCaffrey quit and it will be right.

We are most happy to welcome as part time graduates Mrs. Heinz and Mrs. Gronlund, also Mrs. Cowart as L.P.N. Miss Joan Trunk, was girl scout camp nurse during the summer months. She enjoyed the work. September 12 she paid us a visit straight from St. Leo's Church where her name was changed to Mrs. Roy Raushchert. Bright and beautiful she looked in her bridal gown. In fact the entire wedding party was unique and lovely. Noreen Owens, her bridesmaid, was flashing a diamond. Wedding bells are ringing in the distance. A bridal shower was given by the Maternity Staff to Miss Trunk at the New Yorker.

When we meet on these pages again, Speed Queen will be operating and then you'll know the whole story. Tammy Rae just wants to say "hello" to everyone. She is the tiniest angel in our nursery, arriving  $2\frac{1}{2}$  months ahead of scheduled time.

Mrs. Marie Middaugh (our dietician) recently had a very interesting and unusual trip 500 miles due North into Canada. She and her husband stayed at Decka Lodge at the very beautiful Decka Lake. There they kept house in a rustic log cabin, fished and fished, and caught trout weighing 3½ to 5 pounds. They hiked to other lakes and enjoyed the far North country so much they want to return next year.

We have recently had to relinquish the faithful service of Hilda Berger to her new position (which was her former profession) as school teacher. She is an instructor at a Parochial School in Puyallup. Hilda is starting with little third grade students, 54 of them. Yesterday we all had a visit from her, she appeared to be very happy and said she was enjoying her new work very much.

Kuth Decker, one of our helpers on the line in the kitchen, is vacationing in Spokane and in Aberdeen, South Dakota, as a guest of her sister. Also, recently back from a nice vacation in Mexico is our very able baker Isabell Standish. She looks tanned and rested, just what a vacation is supposed to do for you. We are glad to have Isabell back. We missed her good pies, didn't we?

Our dietary office has it's comings and goings too. Our little Judy Abbot who has been our stenographer since May of this year has left to attend the Central College of Washington. She plans to become a school marm. In her place we have Caroline Brown, who came to us from Tacoma General's Dietary Department.

Mrs. Peterson assisted at a homecoming just last Sunday for her niece, Miss Glenna Daskam, who just returned from a trip to Europe. In her travels she was one of the fortunate ones to view the Robe of Christ in the German town of Trier. The procession was three miles long and they went from one Catholic Church to another and finally ending at the large church where the Robe was on display. This occasion is celebrated only every 100 years, and only for one day. Refer to the most recent Life Magazine for further details and pictures. Also, Miss Daskam visited a Catholic maternity hospital in Mons, Belgium. She enjoyed relating what lovely little baskets the babies had to sleep in with all the sheets embroidered and ruffles of lace. The nuns do all this lovely work. I'm sure the babies like that hospital. Best of all, when Miss Daskam was out walking on the cobbled streets in Mons, and she heard a motor scooter coming, she got out of the way and much to her amazement a nun was riding it. She had her skirts pulled up to her knees, goggles fastened over her veil and the veil was flying like a kite behind her. There was a basket on the handle bars, and she undoubtedly was on her way to the market. No one else payed any attention to her, so it was decided this must be a common every day occurrence.

There will be two brand new graduates in pediatrics next month. Mrs. Lasher, the former Miss Konechy and Miss Huland have chosen our department for their first (Continued on Page 25)

23



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Stadium Hi District 101 North Tacoma Avenue Tacoma, Washington The Pierce County Medical Society and The American Academy of Physical Medicine and Rehabilitation

> A Symposium on Clinical Physical Medicine and Surgery

Wednesday, October 14, 1959

The Hotel Winthrop Tacoma, Washington

MORNING SESSION Bayview Room

- Moderator: Wayne W. Zimmerman, M.D. Tacoma, Washington
- 9:00.....Registration-All Day
- 10:00-10:40......Management of Arthritis and Bursitis with Medicine and Mechanical Aids
  - Philip R. Lee, M.D.
  - Assistant Professor of Clinical Physical Medicine and Rehabilitation, New York University College of Medicine; Member, Department of Internal Medcine, Palo Alto Medical Clinic, Palo Alto, California
- 10:40-11:20 Practical Therapy and Rehabilitation for the Hemiplegic DONALD A. COVALT, M.D.
  - Associate Director, Institute of Physical Medicine and Rehabilitation, New York University-Bellevue Medical Center, New York, New York

11:20-12:00.....Questions and Panel Discussion

12:15-1:45 Luncheon for physicians and wives-Crystal Ballroom

Chairman—J. W. BOWEN, JR., M.D. President, Pierce County Medical Society, Tacoma, Washington.

Speaker

"The Basic Philosophy and General Principles of Physical Medicine and Rehabilitation"

LOUIS B. NEWMAN, M.D.

President, American Academy of Physical Medicine and Rehabilitation; Chief, Physical Medicine and Rehabilitation, Veterans Administration Research Hospital, Chicago, Illinois.

ALL PHYSICIANS ARE INVITED TO ATTEND. No fee is required for attendance at scientific sessions, luncheon or reception.

> AFTERNOON SESSION Bayview Room

Moderator: Dumont Staatz, M.D. Tacoma, Washington

- 2:00-2:40.....Recognition and Management of Neuro-Physical Disorders, Including Seizure Disorders in Children
  - A. L. SAHS, M.D. *Professor and Head*, Department of Neurology, State University of Iowa College of Medicine, Iowa City, Iowa
- 2:40-3.20 Early Care and Management of Farm, Home, and Industrial Trauma, and Results Obtainable JAMES BARRETT BROWN, M.D.
  - Professor of Clinical Surgery, Washington University School of Medicine, St. Louis, Missouri
- 3:20-3:40 Recess Coffee
- 3:40-4:25 Questions and Panel
- 4:45-5:45 ....... Reception—Crystal Ballroom
- WIVES OF PHYSICIANS ARE WELCOME AND ENCOURAGED TO ATTEND.

#### (Continued from Page 23)

experience as grads. We extend a big "welcome girls" to both of them. Mrs. Riedinger has been out for a few days recovering from what we hope will be only a brief illness.

We recently lost one of our workers from days, Miss Mary Jo Burnett. Mary Jo is touring the Southwest with a friend.

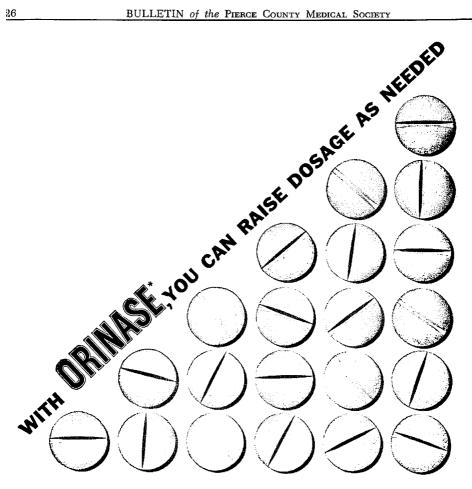
#### Good Samaritan

A luncheon meeting for dentists in the Valley area was held in the Staff Room at the Good Samaritan Hospital on September 16. The dentists were instructed in admitting procedures and the handling of chart forms. K. H. Sturdevant, M.D., James P. Duffy, M.D., and Henrietta Button, Hospital Director, spoke to the group. There are eleven dentists on the dental consulting staff at the Hospital.

Another afternoon tea for prospective mothers will be held at the Hospital Wednesday, October 14 at 1:30 p.m. The program will consist of a talk by the Obstetrical supervisor on pre-natal care, followed by a film on normal delivery.

The expectant mothers will tour the Maternity Department where they will view the lying-in area, delivery rooms, new-born nurseries and patient rooms.

Refreshments will be served in the hospital cafeteria. This open-house is held quarterly.



#### without increasing the risk of untoward effects

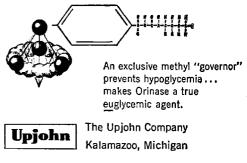
Experience with other oral antidiabetes agents has created some confusion about Orinase dosage. Here are three points worth remembering:

1. The recommended daily dosage range for Orinase extends from 0.5 to 3 Gm. A prominent New York diabetician recently commented, "Most of the referrals I am getting are patients who require only the increasing of their Orinase dosage to 2 or 2.5 Gm. per day-sometimes 3."

2. Although increasing the daily dosage beyond 3 Gm. rarely improves control, neither does it increase Orinase's low incidence of unwanted side effects. Selected diabetics given 6 to 10 Gm. daily for sixty to ninety days showed no signs of toxicity.

3. In patients in whom maintenance dosage has been established, Orinase lowers the blood sugar to normal levels but almost never beyond that point. In other words, Orinase is a true euglycemic agent.

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26

#### Heart Disease Authorities To Highlight U. of W. Symposium

Hundreds of physicians throughout the State of Washington will soon attend the Eleventh Annual Symposium on Heart Disease, Friday and Saturday, October 16, 17 in the Health Sciences Building Auditorium, University of Washington. Sponsored by the Washington State Heart Association in cooperation with the Washington State Health Department, the theme for the two-day series of scientific sessions will be "Cardiac Surgery and Pulmonary Circulation."

Four guest speakers include: Dr. Donald B. Effler, Chief of the Department of Thoracic Surgery, Cleveland Clinic, Cleve-land, Ohio, who will talk on "Surgical Treatment of Ventricular Septal Defects." Dr. Effler received his M.D. from the University of Michigan Medical School in 1941 and trained in a number of hospitals including the George Washington University Hospital, before joining the staff in Cleveland. He is an active member in numerous national medical groups, i.e.; American College of Surgeons, Cleveland Academy of Medicine, and the American Medical Association. Dr. Herbert N. Hultgren, Cardiologist at Stanford University Hospitals, San Francisco, California, will speak on the "Accuracy of Cardiac Cath-eterization" and "Pulmonary Hypertension in Adults." Dr. Hultgren received his M.D. from Stanford in 1943, and after a training period was granted a Markle Scholarship in Medical Science, 1951-56. His research interests include heart sounds, congenital heart disease, surgically correctible cardiac lesions and the effect of high altitude upon man. Dr. Alexander S. Nadas, Pediatric Cardiologist, the Children's Hospital, Boston, Massachusetts, will speak on "Pediatric Selection and Management," and "Pulmonary Hypertension in Children." Dr. Nadas, received his M.D. in 1945 from Wayne University Medical School, Detroit, Michigan. The author of several texts including "Pediatric Caridology," Dr. Nadas spent a year recently as a Fulbright Professor at the University of Grunigen, Holland. Dr. John A. Campbell, Radiologist, Indiana University Medical Center, Indianapolis, Indiana, has chosen the subject "Radiological Diagnosis and Evaluation" as his theme. Dr. Campbell received his M.D. from the University of Cincinnati in 1937, and was appointed Diplomat, American Board of Radiology in 1941. He is the author of 32

scientific publications in addition to being an enthusiastic supporter of Little League Baseball, the Doctor's Dixie Land Band and the civic theatre.

The two-day meeting annually brings the newest information on diagnosis and treatment of heart disease from national research centers to Washington physicians, and is in Category I of the Academy of General Practice. Credit may be earned hour for hour for attendance. The program has been arranged by Planning Committee Chairman, Dr. Robert A. Bruce as follows:

#### Friday Morning, October 16

- 8:30 a.m.-Registration
- 8:55 a.m.—Welcome, Dean K. Crystal, M.D., President, Washington State Heart Association

#### Cardiac Surgery Congenital Malformations

9:00 a.m.-11:30—Treatment of subjects by each of the four guest speakers with panel discussion

> Friday Afternoon, October 16 Cardiac Surgery

#### Acquired Valvular Diseases

Chairman: K. Alvin Merendino, M.D.

- 2:00-4:30 p.m.—Treatment of subjects by each of the four guest speakers with panel discussion
- 6:30 p.m.—Cocktail Hour, Washington Athletic Club, Men's Lounge, First Floor
- 7:30 p.m.—Dinner, Washington Athletic Club, Birch Room, Third Floor

#### Saturday Morning, October 17 Pulmonary Circulation

Chairman: Samuel F. Aronson, M.D.

9:00-11:30 a.m.—Treatment of subjects by each of the four guest speakers with panel discussion

## Meeting Night NEXT TUESDAY Oct. 13

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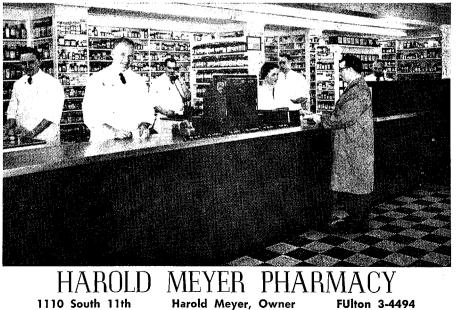
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#### Poison Control Center Report Following is the report from the Super-

visor of the Poison Control Center for
August.
Total Number of Calls102
Calls from Parents or other Lay Persons 82
Physician or Hospitals 20
Age Distribution
Less than 12 months
1 to 3 years54
3 to 5 years 20
5 to 12 years 4
12 to 21 years 2
Over 21 years. 10
No age given9
Substance Taken

#### Substance Taken

Medicines: Empirin Comp., Aspirin Gr. 1/2 2, Aspirin Gr. 11/4 5, Aspirin Gr. 5 1, Bicetamine Tabs., Antepar Syrup, Privine Nasal Sol., Phenobarbital Gr. 1/2, Mal Iron, Equinal, Anusol Hemmorrhoid Suppos., Mornadine, Tri Vi Sol Vitamins, Camphorated Oil, Sulfadiazine 2, Dristan, Ammonium Chloride 2, Ex Lax 2, Novahistine, Cold Tablets, Dramamine.

Other Substances: Creosote Spray, Zinc Chromate Paint, Fluorine Gas, Ajax Cleanser, Avon Antiseptic Cream, Clorox 4, Matches, Bruces Floor Wax, Young Look Perfume, Amomnia, Black Flag Spray, Sweet Pea Seeds 4, Car Nu, Parkers Blue Ink, Scotch Broom Seeds, Wall Paint, Con-tents of Thermometer, Ban Deodorant, Moth Ball, Daffodil Bulb, Seed Corn treated with Captan, Deodorant Cake, Cleaning Solvent, Wild Berries 3, Purex 3, Muchrooms, Block Loof 40, 3 4 D. Mushrooms, Black Leaf 40, 2-4-D Spray, Paint Thinner 3, Trend, Parathion Spray, Bubble Bath, Ammonium Sulfate, Yellow Pigment, Spick and Span, Rubbing Alcohol, Johnson's Blem, Dial Soap, Pickled Green Peppers, Catalyst Hardner, Avon Skin Freshner, Nail Polish Remover, Snow Berries, Sun Liquid Detergent, Olympic Fence Stain, Cigarette, Comet Cleaner, Kerosene. Number advised to contact Private MD\_40 Number advised emetics and observe......65 Number treated in ER (MVGH) 4 Number hospitalized at MVGH 0 Information from Clinical Toxicology.....71

#### Athletic Injuries Clinic

An Athletic Injuries Clinic will be offered to all coaches and trainers in School District No. 10 on October 6 and 15 at 7:30 p.m. at the Tacoma Athletic Commission headquarters. Dr. O. A. Harrelson and Mr. William Post are serving as co-chairmen for the clinics which are sponsored by the Pierce County Medical Society and School District No. 10. No charge will be made for the course.

#### October 6

- Athletic Injuries of the Head
- and Neck .....L. S. Durkin, M.D. Injuries About the Face
- E. E. Banfield, M.D. Ankle Injuries: Anatomy, Diagnosis and
- Treatment Techniques. D. Marlatt, M.D. First Aid and Protective Equipment......
- ......Mr. William Semon, Trainer for Seattle Ramblers
- Discussion ...... ..... Mr. Robert Peterson, Athletic Trainer
- for U. of W.
- Taping Clinic will be given by trainers October 15
- Knee Injuries: Anatomy, Diagnosis and Treatment Techniques\_\_\_\_\_

......W. A. Niethammer, M.D. Diseases of the Skin ......John Shaw, M.D. Physical Therapy Techniques.....

Taping Clinic

#### How About It?

When people go to doctors, With their pains and ills. They worry first of dying; Then how much are the bills.

And when they have recovered, And feel so gay and well, Comes the bill, they fuss and fume And give the old doc heck.

How could that robber do it? The thieving, sneaky fake. A shot, some pills he gives me, Then tries 10 bucks to take.

These folks take a different view, When TV insides flop. "Call a repairman," they do shout, "This trouble he will stop."

And when the set is working, And this guy's bill arrives, They glady shell out plenty, In twenties, tens and fives.

Now the moral of this poem, Is plain for all to see, Doc, give up your medicine, And learn to fix TV. —Dayton, Ohio, Bulletin. Pierce County Medical Society Medical Arts Building Tacoma 2, Washington

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### MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA Second Monday of March, June, Sept., Dec.-7:30 p.m. Auditorium of Medical Arts Bldg. STAFF OF GOOD SAMARITAN Second Monday of March, June, Sept., Dec.-6:30 p.m. STAFF OF NORTHERN PACIFIC Second Monday of each month-noon. STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—6:15 p.m. STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL Last Monday of February, June, September and November TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS First Tuesday of each month—8:30 p.m. Board Room of Pierce County Medical Society PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the month except June, July & August -8:15 p.m. STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.-6:30 p.m. TACOMA SURGICAL CLUB Third Tuesday of each month—6:30 p.m. at Tacoma Club TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club TACOMA ACADEMY OF GENERAL PRACTICE Fourth Monday of each month except June, July & August -6:30 p.m. at Honan's PIERCE COUNTY PEDIATRIC SOCIETY First Friday of each month except June, July and August STAFF OF MEDICAL ARTS HOSPITAL Third Friday of March, June, Sept., Dec.-7:15 a.m. at New Yorker Cafe. STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.-12:15 p.m.



### **Pierce County Medical Society**

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#### Happy Birthday

#### November

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- 5 WILLIAM C. BROWN
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#### NOTICE

Check back page of Bulletin for calendar of special meetings

#### Front Cover Picture

Douglas Fir at Mineral, Washington; St. Regis Paper Company operations.

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#### BE SURE TO WATCH . . .

## KTNT-TV CHANNEL 11

## Sunday, November 8 6 p.m.

when

The Pierce County Medical Society

presents

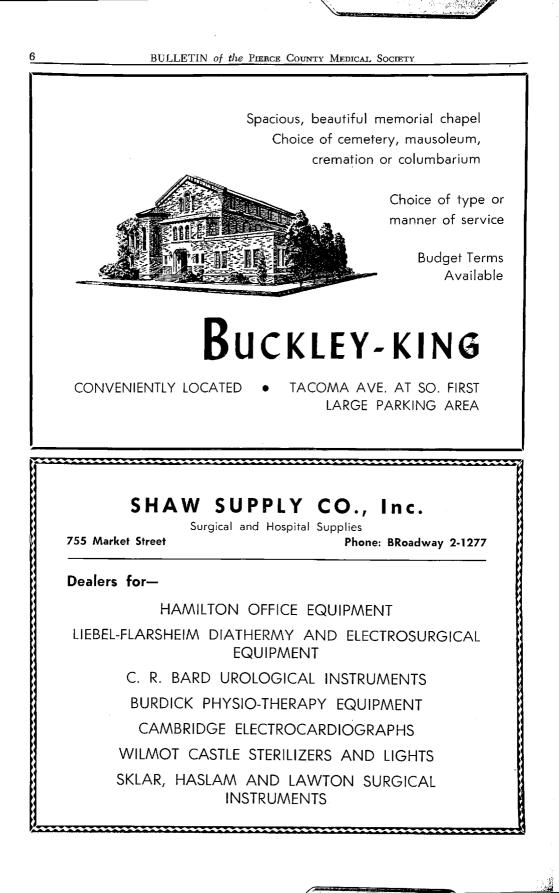
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## The subject Nov. 8: ATHLETIC INJURIES

MODERATOR - DR. FRANK J. RICOS

PANEL... Br. O. A. Harrelson, Chairman Dr. Charles Bocue Dr. Robert Johnson



## PIERCE COUNTY MEDICAL SOCIETY

## Tuesday, November 10

### 8:15 P.M.

MEDICAL ARTS BUILDING AUDITORIUM

• • • •

## PROGRAM

## "NEWER DEVELOPMENTS IN THE FIELD OF DIABETES MELLITUS"

JOSEPH H. CRAMPTON, M.D., Seattle HOWARD M. HACKEDORN, M.D., Seattle DONALD C. TANNER, M.D., Seattle

\* \* \*

A no-host social hour and dinner will precede the meeting

Social Hour:	6:00
Dinner:	6:30
Place:	Honan's Restaurant 739½ St. Helens

## November Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
	Tacoma Academy of Psychiatrists and Neurologists 8:30 p.m.		Clin. Path. Conf. of T. G. Hospital 8:30 a.m.	Pierce County Pediatric Society
9	10	11	12	13
Staff of Northern Pacific Noon	Pierce County Medical Society 8:15 p.m.		Clin. Path. Conf. of T. G. Hospital 8:30 a.m.	
16	17	18	19	20
	Tacoma Surgical Club 6:30 p.m.		Clin. Path. Conf. of T. G. Hospital 8:30 a.m.	
23	24	25	26	27
	Tacoma Academy of Internal Medicine 6:00 p.m.			
30				
Staff of Mt. View General Hospital				
Tacoma Academy of General Practice 6:30 p.m.				



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**NEAREST...** to mother's milk in its fat composition (no butterfat; no sour regurgitation)

**NEAREST...** to mother's milk in its ratio of saturated to unsaturated fatty acids

NEAREST... to mother's milk in its low renal solute load

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1. Macy, I. G.; Keily, H. J., and Sloan, R. E.; with the Consultation of the Committee on Maternal and Child Feeding of the Food and Nutrition Board, National Research Council; The Composition of Milks, National Academy of Sciences, National Research Council, Publication 254, Revised 1953. 2. Research Laboratorics, Mcud Johnson & Company.





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## EDITORIALLY SPEAKING

The Board of Trustees of your Society has, after considerable discussion, wholeheartedly endorsed the idea of the Society presenting a TV program as advocated by the Public Relations committee of the A.M.A. Accordingly, the local Public Relations committee was instructed to carry this forward.

Several meetings have been held and the present plans call for a thirteen week panel-type series featuring our own M.D.'s discussing medical problems of general public interest. This is to be presented as a public service over Station KTNT-TV Sunday evenings at 6 p.m. beginning November 8. Mr. Max Bice, station manager, and his staff have been most helpful and are very enthusiastic about the possibilities of this program.

The Public Relations committee selected Frank Rigos to act as moderator since, as a Radiologist doing referred work based on personal doctor relationship, no financial gain would result from the good will and publicity ensuing from the program.

Each panel will consist of a chairman and three members selected by him. You are asked to cooperate and give time from your practice to participate if called upon. Anyone interested in appearing on the program, or offering help or suggestions, call Judy Gordon.

This is not to be presented by a small group or clique. Actually, fifty or more doctors will be on the programs and your help is urgently needed. This is your program and your presentation to the public. It is the most ambitious and probably the most important public relations program attempted by your Society. If called upon, please do your part.

Thank you,

JAMES D. LAMBING, M.D., Chairman, Public Relations Committee.



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# WOMAN'S AUXILIARY To The Pierce County Medical Society

### **AUXILIARY OFFICERS**—1959-60

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2nd Vice-President	Mrs. G. M, Whitacre
3rd Vice-President	Mrs. Joseph Jarvis
4th Vice-President	Mrs. Herman Judd
Recording Secretary	Mrs. Kenneth Gross
Corresponding Secretary	Mrs. John May
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Bulletin (National)	
Civil Defense	
Historian	
Social	Mrs. Glenn Brokaw
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Membership and Hospitality	
Nurse Recruitment	Mrs. Richard Barronian
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Public Relations.	
Revisions	
Telephone	
Today's Health	
Speakers Bureau	
Mental Health	
Safety	
Publicity—	
Bulletin	
Newspaper	Mrs. Robert Burt
Fashion Show	Mrs. T. B. Murphy
Game Night	Mrs. Robert Florence
Dance	

November meeting will be a luncheon honoring past presidents at 12:30 on the 20th at Hazel Whitacre's home in Narrowmoor.

### **October** Meeting

Membership tea on the 16th of the last month was held at Grace Hauser's home, one with a spectacular bay view, on an afternoon of rare autumn sunshine.

The business meeting before tea was served was conducted with dispatch by president Margaret Harris, who introduced the sponsors of Future Nurses Clubs, and concluded by asking the new Auxiliary members present to rise and introduce themselves. In this way we were introduced to attractive newcomers Maxine Snyder, Helen Bias, Margaretta Vegh, Darlene Coon, Elizabeth Bischoff, Joan Divelbiss, and Catheryn Piper. The new members had previously been entertained at coffee at Elvina Brokaw's house early last month, where they had met Auxiliary's executive board. Membership chairman Pat Hoover

TT TT

and her assistant Betty Johnson planned that, and Dorothy Maier provided the refreshments.

At the close of the meeting Mr. Robert Evans spoke to us on the Allied Arts activity, outlining plans for the Fine Arts Building. We found Mr. Evans a speaker of intelligence and persuasion, and were especially interested in his plea for the preservation of the old campanile on the city hall. Auxiliary members Kay Anderson and Adele Durkin are co-chairmen of the Allied Arts committee which arranges for such entertaining speakers as Mr. Evans, with the intent of reaching every group in town with the Allied Arts message. Bulletin editor Nadeen Kennedy is one such speaker on the A.A. committee. Nadeen was unable to do the Bulletin this month and your ghost editor is Mavii (plural for Mavis) Kallsen. Other Auxiliary members active for Allied Arts are Peggy Haley, vice-president of the Board, Bianca Mattson, who troups a puppet show for Allied Arts and appeared on T.V. in that capacity last month, and Ev Osborne, who sang with a choral group on the same T.V. show for Allied Arts.

Thanks to membership tea chairman Loretta Burrows, her co-chairman Mrs. Edward McCabe, and committee members Mrs. Kenneth Sturdevant, Mrs. Arnold Johansson, Mrs. Leo Sulkosky, Mrs. Charles Vaught and Mrs. Carl Granquist, all members from Puyallup, refreshments served after the meeting were hearty, fcaturing beautiful yet entirely edible small pies of lemon, pecan, or pumpkin, and an exotic assortment of tea cookies. Gold and bronze chrysanthemums decorated the tea table, complimented by the same fall colors in the Hauser's garden and the view beyond.

The Hauser home certainly appears well cared for, although we understand the housework is telescoped into a small part of Grace's routine. The lady is part-time cattlehand now, as the Hausers have pastured two steers along with their eight horses on their acreage out near Fort Lewis.

Faces we missed seeing at the tea were: Helen Florence, travelling with Robert to a convention in Colorado; Keatie Gross, Bev Harrellson, and Emily Barronian, in



Seattle for the Heart convention at Frederick and Nelsons; Esther Avery, Donna Ferguson, Mrs. Chris Reynolds and Betty Maddison were also at the Heart banquet; Margaret Larson and Ruth Brooke in Seattle for the Cancer meetings; Ev Osborne and Nadeen Kennedy there for Homecoming festivities. The Whitacres, Races, Galbraiths and Durkins were there for the Homecoming game the next day.

### Fashion Show

Friday the thirteenth will be a lucky day for Auxiliary this month . . . it's Fashion Show Day and we're lucky the party will be at Top of the Ocean again this year, assuring good food and a pleasant atmosphere along with the always beautiful show by Rhodes. Tickets read 12:00 for the luncheon, we expect early birds will find the bar open earlier. A fashionable dress will be raffled off before the show. Rhodes will also provide individual favors, the program, and door prizes. The theme of this year's party is Freeway to Fashion, and with Ruth Murphy in charge, we anticipate a wonderful time for our \$3.00 donation to the A.M.E.F. fund.

Members of Ruth's committee are: cochairman Janet O'Connell; decorations, Dorothy Grenley and Ellen Pinto; tickets, Billie Jean Murphy and Delores Wickstrom; table reservations and music, Helen Florence and Janet O'Connell; publicity, Jean Gibson; and models, Donna Ferguson. Jean Colley is in charge of the raffle.

Rhodes will provide half of the models, the other six will be Auxiliary members Kay Anderson, Muriel Nelson, Billie Jean Murphy, Marge Wicks, Lorraine Adams, and Bianca Mattson.

#### Slow Boat

Remember the cute Eskimo girl at last year's Fashion Show? That petite and chic little thing, Elvina Brokaw, and her husband Glen, are celebrating their twentyfifth wedding anniversary next month. We had always thought Elvina to be about our age, we're about twenty-nine, give or take a few years. That would make Elvina a bride of ten years old, which doesn't seem reasonable. To celebrate their twenty-fifth wedding anniversary the Brokaws are taking a month's cruise to Hawaii. They're leaving November 25 from Vancouver on the S.S. Orcades, will stay at the Breakers the month they'll spend in Honolulu.

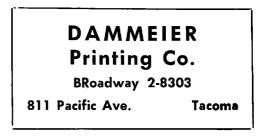
### New Project in Town

Visiting Doctor Buttorff's office again regularly, we hear something each month about the new Home for Unmarried Mothers. We hope that Auxiliary will get behind this, because if there was ever a project suited to Auxiliary's talents, the Home is it. Always interested in good works in the field of health, and with energies latent since the Rehab Center closed, Auxiliary could here participate in something large that should satisfy each member by its real worth.

The Episcopal church has offered money to assure the re-opening of facilities here lacking since the demise of the White Shield Home. If it is not our church that shouldn't prevent our pulling an oar for the project. The Home is being planned by and will operate under the direction of a Board of Trustees, newly formed and incorporated, a representative group including such medical notables as Doctor Buttorff, Doctor Fay Nace, Doctor Robert Ferguson, Mrs. Treacy Duerfeldt, and Mrs. John Steele. At the present time they're looking for property on which to build the Home.

In many ways the Home could be one of Auxiliary's best projects. Like the Rehab Center, the Home is strictly a local effort, and is desperately needed by a small but pitiful segment of our own community. But unlike the Rehab Center, the Home will operate at capacity from the day its doors open for as long as it exists, that being the nature of things.

With a project of such scope as the Home, many organizations as well as many individuals must be willing to lend a hand. The Home needs all the help it can get to get started and to operate easily. It would seem that Auxiliary should have much to offer this project, financially and otherwise, and much to gain by its participation.

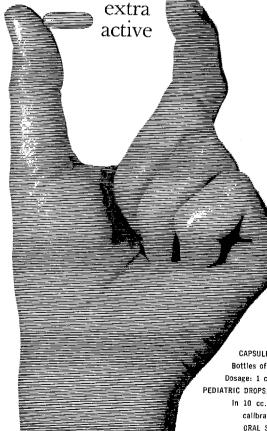


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Mr. J. M. Gilbertson, Vice President & Trust Officer

# How Much Should I Have Before Making A Will?

Wills are for everyone, no matter how small or large the estate. If you have anything of value, own your home, other property, a bank account, stocks or bonds, then you *need* a Will.

Don't wait until you think you have enough to require a Will. *Everyone* should *have* a Will! If you continue without a Will you leave your wife more worry and a burden in settling your estate. There will be many business and legal matters of which she has no knowledge.

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See an attorney. He will give your wife and family a properly drawn and legal Will. And the cost need not be great.

Ask your attorney about the importance of naming a bank as executor. An individual executor may die or become incapacitated, thereby causing confusion. A bank's Trust Department goes on forever. It gives the advantage of trained experts in the management of your estate. The cost is small.

Most importantly . . . see an attorney *this* week. Make your Will,



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### **Roster Changes**

Note: Roster changes are set in the same type as that in your Directory of Physicians; please clip and insert in your Directory.

-J. G.

•	
AVERY, WILLIAM E. Surgery, Surgical Diagnosis—Thursday and Saturday Office, 914 Medical Arts Bldg BR 2-1677 Home, 724 North Yakima Avenue MA 7-1747	
DEMING, J. EDMUND SR. Obstetrics and Gynocology—Alternate Saturdays Office, 1012 Medical Arts Bldg. BR 2-3723 Home, Brown's Point	
CALBRAITH, CHARLES J. General and Thoracic Surgery Office, 817 Medical Arts BldgMA 7-7366 Home, 912 North 13th StBR 2-1942	
JOHNSON, MURRAY L. Surgery—Tuesday, alternate Saturdays Office, 902 South 3rd Street	
RACE, GEORGE A. Internal Medicine—Wednesday and Saturday p.m. Office, 512 Medical Arts BldgFU 3-4766 Home, 2519 North JunettSK 2-5454	
READ, JESS W. Surgery and Hand Surgery—Wed. and Sat. p.m. Office, 902 South 3rd Street FU 3-4661 Day or night call FU 3-4661	
SMITH, WARREN F. Surgery—Thursday and alternate Saturdays Office, 902 South 3rd Street	

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### Poison Control Center Report

Following is the report from the Supervisor of the Poison Control Center for October.

### Age Distribution

Less than 12 month	
1 to 3 years	
3 to 5 years	
5 to 12 years	
12 to 21 years	
Over 21 years	7
No age given	

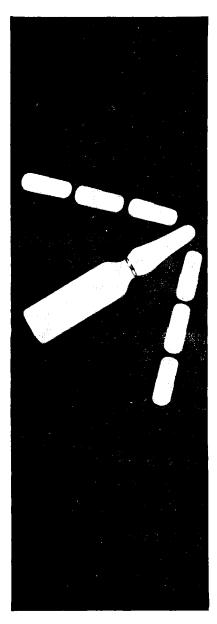
### Substance Taken

Medicines: Aspirin Gr. ½, Aspirin Gr. 1¼ 3, Aspirin Gr. III 1, Aspirin Gr. V 9, Anacin, Cheracol, Nepherine Inhalant, Selsun, Graves 4-Way Cold Tables with Quinine, Mercurochrome, Pfiffers Ear Drops, Bactine Antiseptic, Desitine Ointment 2, Nervine, Medications (Unknown) 3, Probathine, Nitroglycerine Tablets, Dristan Mist, Antihistamine, Gentian Violet Tablets, Sparine, Calamine Lotion, Embryl Expectorant.

Other Substances: Duragloss Nail Polish Remover, Incense, Clairol Oil Hair Dye, Turpentine, Tabu Perfume, Clairoxide, Mountain Ash Berries, Wild Root Wave Set, Wonder Bubble Soap, Northam War-ren Cutex Remover, Toadstools or Mushrooms 3, Paint Thinner 3, Mum Deodorant, Wizard Charcoal Lighter Fluid, Book Matches 2, Cologne 3, Glass Wax, Fuel Oil 2, Plant Abb, Lime, Contents of Ther-2, Plant Abb, Lime, Contents of Ther-mometer, Arpege Perfume, O'Cedar Fur-niture Polish, Testors Play Enamel, Purex, Potato Salad, Pomerosa Furniture Polish, Rinse Away Dandruff Remover, McNess Shampoo, Unknown Power (Acid or Nitrate), Dahlia Bulbs, Cigarette 2, Dry Ice in Drinks, Air Freshener, Ban Deodorant, Mr. Clean, Sparkling Gold Perfume, Ke-toni Aster Berries, Phosphorus, Rat Nip, Ortho Triox, Avon Cream Deodorant. Number advised to go to Hospital 26Number advised to contact private MD. 39 Number advised emetics and observe......56 Number treated in ER (MVGH) 8 Number hospitalized at MVGH\_\_\_\_\_14 Information from Clinical Toxicology......75

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# HOSPITALS ...

### Doctor's

At the meeting of the Professional Staff of The Doctors Hospital of Tacoma on October 12, 1959, the following phyiscians were appointed to the Active Staff of the hospital: Clinton A. Piper, M.D. and Julius Vegh, M.D. G. W. Bischoff, M.D. was appointed to the Courtesy Staff.

The clinical portion of the program was presented by Bernard R. Rowen, M.D. on "Problem of Coronary Occlusion vs. Cholelithiasis."

Dr. Rowen stated that in typical cases of cholelithiasis and myocardial infarct, the diagnosis is relatively easy, but in borderline cases, the problem could be very difficult. He discussed the nerve pathways of the heart and gallbladder, and emphasized the confusing border land where retrosternal pain may be produced by either organ. He also pointed out that acute gallbladder attacks can produce angina, variations in electrocardiographic pattern, and dysrhythmias. He emphasized the importance of the awareness of co-existance and over-lapping of these diseases and their symptoms. He stated that history was helpful, but the differential still might be perplexing.

He emphasied that some patients present both difficulties. The problem then is what to do with the stones. He stated that one may be forced to a surgical treatment in spite of an infarct, but if possible it was best to wait. The period of delay, however, should not be too long because it might be followed by another acute gallbladder attack. This might give rise to increased cardiac problems a three to six month interval from infarct to cholecystectomy was considered favorable. He reported two cases.

The first case was one of a 47 year old white male machinist with a past history of dyspnea and obesity, who developed shortness of breath and perspiration with pain in ribs, restrosternum and epigastrium. Electrocardiogram showed changes compatible with ischaemia. It was necessary to use Wyamine and Norephinephrine to maintain blood pressure, and narcotics to control pain. Transaminase went from 48 to 110, back down to 70 in a course of a three day period. The patient became stabilized and returned to work. Three months later he developed mid-epigastric distress. On this admission, the electrocardiograms showed no unusual changes, the transaminase remained normal, urine was normal. Laboratory tests gave no evidence of myocardial infarct. The blood pressure this time maintained itself at a comfortable level, but the course was different with muscle guarding and spasm. The white count rose during one day from 9,000 to 14,000 with bands appearing at levels of 24%. The pain gradually shifted to the paraumbilical zone on the right. A diagnosis was made of probable cholecystitis but acute appendicitis could not be ruled out due to the extensive nature of the pain. The patient was explored, the gallbladder was found edematous and acutely inflamed, distended and extending all the way down to the right lower quadrant. Cholecystotomy was done with removal of 15 large calculi. Patient was discharged on the eighth day and returned four months later for cholecystectomy and incidental appendectomy. The edema was no longer present at this time and the pathologic diagnosis was one of chronic cholecysitis.

The second case was one of a 56 year old white male salesman, who had an acute onset of epigastric pain radiating to the retrosternal area, neck, and both arms. He had dyspnea and later began to perspire. He tried Pepto-Bismal with no effect. He had had a long history of fat and cabbage intolerance. The patient was examined two years previously by X-Ray and there had been some question as to the presence or absence of stones. The patient had had dizzy spells and the presence of hypertension had been established eight months before present attack. He, by direction, lost weight. His shortness of breath and dizziness persisted about two months. For several months prior to his admission, he had been feeling relatively well. When examined after admission, his blood pressure was 156/96. He was alert and without dyspnea or venous distention. His abdomen was soft and obese. There was tenderness in the mid epigastrium. The liver edge was palpable and only slightly tender. He was observed for myocardial infarct. First electrocardiogram revealed slightly low "T" waves of border line amplitude in the electrocardiogram. A serum

(Continued on Page 20)

### (Continued from Page 19)

glotamic-oxaloacetic transaminase was 20 units; and sedimentation rate 12 mm. White blood cell and differential were normal. Gallbladder series was done with demonstration of radiolucent stones on repeat studies. The second transaminase was 94 units ;and the third, 56 units. Electrocardiogram assumed an abnormal pattern compatible with, but not pathognomonic of myocardial infarction. Patient is responding to conservative management. If no complications arise, cholecystectomy shall be done in about four months.

Dr. McBride mentioned that he had one patient where herpes zoster had produced a clinical pattern suggestive of both infarct and cholecystitus. He thereby emphasized the difficulty in sorting out symptoms when these conditions are possibly co-existent.

### Saint Joseph's

This month's news is truly varied in nature. Our Business Manager, Sister Albert is recovering from a recent illness. We all wish her a speedy recovery and hope to see her back soon.

Our "little bit of Ireland" Angela Byrne is bursting with pride. She celebrated her first year in America October 2. A surprise party to honor the occasion was given by Helen Mulkerin. The only member of the office crew unable to attend was Mary Lou D'Andrea who was "there in spirit". Mrs. Nish is still talking about the Irish music and dancing.

Every Thursday evening as many as can do so, get together at a bowling alley in town and enjoy two or three games. There isn't much competition but we certainly have a great time trying to outmatch one another. Our champion is Mrs. Flannery who has had more experience at the sport. In fact, she has her own equipment. Nora Mietz, who is our latest member and most inexperienced, is better than any of us. Another party of late which we won't forget to mention is Melva Dilger's birthday-anniversary party. We couldn't give Melva's age but we can say that she has been working here in the office for three years. The sound of "Little Grass Shack" and "Aloha" is becoming second nature to us now. Rose Tovoli and Erin Bilsborrow are planning a trip to Hawaii next summer. We're hoping they will remember us and bring back a few souvenirs. Maybe a small island or two? If they are short of funds, Mrs. Faber could lend them some of the

money that she won in the World Series. We would like to extend our thanks to Sister James Helene who has worked so diligently on the Doctor's board. All the names are in pure alphabetical order so no one can feel left out now.

The annual fall migration has begun. Great whooping flocks of children—of all ages — have once more begun to move towards the seats of learning with their eventual destination the ultimates of knowledge somewhere beyond the stars. Then too the lonely sound of honking geese and quacking birds as they travel south in the clear autumnal skies and cold weather.

An O.B. recovery room has been made available for all cases day and night. When condition is feasible they are transferred to Post Partum section. It has been of great value thus far. Prenatal classes for husbands and wives are scheduled at 8 o'clock in the evening in the Maternity Department. These classes are held every consecutive month with notices sent to Doctor's offices in adequate time.

Years ago Shakespeare said. "All good things come to those who wait", and sure enough thanks to kind friends and to one in particular who wishes to withhold his name –a special Speed Queen washer and dryer were delivered to our Maternity Department-just for the "little ones" clothes. To all it is known as Queenie. Not often in the same country, much less in the same vicinity live five generations-all hail and hearty. It happened twice in the past few weeks. Mr. and Mrs. Huber, two of our faithful employees, received a great-greatgrandson - and Mr. and Mrs. Irwin received the same gift. As this goes to press Dr. and Mrs. Bader and Dr. and Mrs. Treleaven received bouncing boys. A future nurse was received by Mrs. Winkler and space men by Mrs. Moyer and Mrs. Roberta Hanson.



### Good Samaritan

A breakfast meeting for the Puyallup Ministerial Association was held recently at Good Samaritan Hospital. Various representatives of the Hospital spoke to the group concerning activities of the Hospital and the role of the clergymen in the Hospital. Rev. F. H. Theuer, Chaplain at the Hospital, discussed chaplain services and the various aspects of religious care of Hospital patients. The group was also invited to volunteer suggestions and ask questions. A similar meeting will be held with the Sumner clergymen.

The second Maternity Tea was held October 14 with over 50 prospective mothers attending. Members of the Good Samaritan Hospital Auxiliary assisted in hosting this group.

hosting this group. Paul A. Teslow, Assistant Director, spoke to the Puyallup PTA recently on the subject of the Hospital's Disaster Plan, which is now nearing completion.

Two new faces at the Hospital recently are Mr. Otto Leschner, Office Manager, and Miss Janet Ulleland, R.N., In Service Education. Mrs. Leschner is a native of Tacoma, and Miss Ulleland is a recent graduate of Pacific Lutheran College School of Nursing.

A new publication of the employees at Good Samaritan Hospital is "The Hilltopper". The first issue of the paper, which is to be published monthly, appeared in September. The paper will include personal notes, authoritative articles on departmental work, feature stories and guest columns. All of the Hospital's employees have been encouraged to contribute ideas to the paper. Mrs. Dorothy L. Bradley, Hospital Pharmacist, is the editor.

### WGO Lists Meetings of Note

Starting in November, physicians in eleven western states are being furnished a listing of meetings in their area.

The Rocky Mountain Medical Journal will publish monthly a bulletin entitled "What Goes On". Physicians in the following states will receive the publication: Alaska, Arizona, Colorado, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, Washington and Wyoming. The medical societies in these states are cooperating in the project.

"What Goes On" will list medical meetings and special lectures of interest in an effort to keep physicians well-informed of area postgraduate educational opportunities. "WGO" will include notification regarding postgraduate sessions offered by various medical schools as well as speakers of particular interest sponsored by hospitals, specialized medical organizations and area medical societies. Listings will be grouped by geographical divisions for the month covered by the particular issue. A separate section in "WGO" will carry future dates. "What Goes On" is sponsored by Lederle

"What Goes On" is sponsored by Lederle Laboratories, a division of the American Cyanamid Company, and is being sent free of charge to all physicians in the elevenstate region.

Medical organizations are urged to check with the "What Goes On" publication headquarters before scheduling meetings in order to avoid conflict with programs of other organizations.

Physicians will find it convenient to use the services of the office in planning their attendance at medical meetings while visiting any of these states.

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### Heart Assn. Urges Physicians To Refer Patients

Physicians are invited by the Pierce County Heart Association to refer patients in need of "outside interests" to the Heart offices.

It is often a problem to find activities outside of the home for patients whose health has been impaired by cardiovascular problems or other kinds of illness. Yet it is often important for the patient to keep busy and interested at least for a few hours each week outside of the home.

A wide variety of activities for volunteers is offered at the new Heart Association offices at 120 North Tacoma Avenue. Volunteers may choose their own hours, spending as little or as much time as they wish. The volunteer work offers social as well as service activity, and age is no factor. The offices are convenient to city bus service.

Any patient wishing to take part in the Heart program is invited to call the Heart office, BR 2-7854. If physicians wish to make referrals, contact with the patient will be made by the Heart Association.

### New Booklet Available From American Heart Association

A new booklet, "Home Care of the Child With Rheumatic Fever", has been published by the American Heart Association. The booklet was prepared especially for parents of children with rheumatic fever or other long-term illnesses, and for whom hospital care is either not advised or not available.

The 24-page illustrated booklet goes into detail about the role of the mother in caring for the sick child in the home and the importance of following the regimen prescribed by the physician.

Instruction is included on bathing the child in bed, giving medication, taking the pulse and temperature and keeping records for the doctor. Choosing and preparing food for the sick child, planning a daily schedule for mother and child and the use of home care equipment are also discussed.

Copies may be requested by physicians and others from the Heart Association office at 120 North Tacoma Avenue, BR 2-7854.

### Be sure to watch . . . KTNT-TV - CHANNEL 11 SUNDAY, NOVEMBER 8, 6 P.M.

### Teenage Volunteer Program

The maternity floor, operating and emergency rooms, and medical records should be off-limits to teenage volunteers in hospitals, according to a new booklet published by the American Hospital Association.

"A teenage volunteer program should be considered primarily as an educational procedure and part of the hospital's total community education program," states *The Teenage Volunteer in the Hospital*, a publication approved by the Board of Trustees of the Association. "Concern for the patient, legal implications and the educational nature of the program are the prime factors to be considered in establishing standards."

"No teenager should be allowed to have prolonged or sustained patient contact or fill direct requests from patients," the booklet advises. "Nor should teenagers be asigned to any hospital-directed patient service outside the physical confines of the institution nor to any task which involves handling money."

As service areas where beginning teenage volunteers may assist, the booklet lists the central supply, library, coffee shop, linen department, mail room, and care and arrangement of flowers.

The publication suggests that only experienced young volunteers should work the admitting office and escort service, read to or feed patients, and accompany adult volunteers with gift carts and deliveries to patients' rooms.

The booklet recommends that young male volunteers assist in running mimeograph or ditto machines, operating movie projectors, and laboratory clean-up.

Among 10 mandatory restrictions and requirements listed are the consent of parents before enrollment, the meeting of health standards before acceptance, and the nonparticipation in medication and treatment of patients.

"Ideally, teenage volunteer service should be limited to those between the ages of 16 and 18; but contingent upon the duties to be assigned and the supervision available, the minimum age requirement may be lowered to 14", the booklet suggests.

"A firm policy on the minimum age requirements for teenage volunteers does not mean to imply that hospitals should ignore the potential of children below the age of

(Continued on Page 25)



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#### (Continued from Page 23)

14", it states. "There are many tasks, beneficial to the hospital, which the under-14's can undertake in supervised group activity outside the hospital walls, such as bandage rolling or making patients' tray favors."

"Viewed as an educational procedure, hospital volunteer service can provide an opportunity for young people to learn the moral satisfaction from constructive service to a community institution and thus develop a sense of civic responsibility which will benefit the community and the hospital."

This booklet is one of two publications on volunteer service mailed to the 7,500 institutional members of the Association. It may be obtained from the American Hospital Association, 840 North Lake Shore Drive, Chicago, at a price of 65 cents per copy. The other publication, *The Volunteer in the Hospital*, is available at \$2.35 per copy.

### Meeting Dates for Obstetricians and Gynecologists

The American College of Obstetricians and Gynecologists has announced the scheduling of eight district meetings in September, October and November. The locations, dates, and district chairmen are:

November 15-21—District VIII (Ariz., Cal., Colo., Ida., Mont., Nev., N.M., Ore., Utah, Wash., Wyo., Alaska, Alb., B.C., Hawaii) Royal Hawaiian Hotel, Honolulu. Dr. George E. Judd, 2010 Wilshire Bldv., Los Angeles 57, District Chairman.

November 19-21—District V (Ind., Ky., Mich., Ohio, Ont.) Statler Hotel Detroit. Dr. Arthur G. King, 199 William Howard Taft Road, Cincinnati 19, Ohio. District Chairman.

Additional information may be had by writing to the district chairman or to Mr. Donald F. Richardson, Executive Secretary, American College of Obstetricians and Gynecologists, P. O. Box 749, Chicago 90.

Be sure to watch . .

KTNT-TV - CHANNEL 11 SUNDAY, NOVEMBER 8, 6 P.M.

### The Newest Specialty

### BUFORD S. CHAPPELL, M.D. (Reprinted from The Recorder, Columbia Medical Society of Richland County, South Carolina.)

It is of considerable historical interest, that development of new modes of transportation has often given rise to new medical specialties. The ship surgeon I reckon to be the oldest. He had to be a jack-of-all-trades, equally handy at treating scurvy or typhus or sawing off a leg. The railroad surgeon is usually a traumatic surgeon with training in orthopedics. The air surgeon has to have special knowledge of the physiology of man in flight-but airborne flights of relatively short distances and periods of time. The newest of the medical specialties, the space surgeon, is also closely related to transportation. The new medical specialty was conceived in the new science of rocketry, but is still in its gestation period and will be born a lusty giant when the first manned space satellite leaves and returns to earth. Many of the requirements of space medicine are closely allied to those of air medicine, but many new considerations are bound to turn up, so that eventually the space surgeon will be to the air surgeon what the air surgeon is to the railroad surgeon of today. A new jargon has grown up with the new science of rocketry and such terms as escape velocity, space equivalent altitude, pseudogravity, cosmic radiation, meteor bumper, apogee, perigee, zero G, perihelion point, mass ration, exhaust velocity, space station, reaction rocket, solid fuel rockets, liquid fuel rockets, and hundreds of other similar words will be the everyday vocabulary of the new space surgeon.

What kind of a doctor will the new space surgeon be? What will be the requirements of his specialty? First of all, he will be exceedingly fortunate if during his premedical training, he can include special courses in mathematics, physics, electronics and psychology. While in medical school or on the postgraduate level, he will need advanced study in physiology. Special training in chemistry and in psychiatry should be of great help. Unless he is to practice his specialty from the sidelines, or more particularly from the earth, he will need to be in good physical condition and to be of an adventuresome spirit. Not only is he to deal with man in flight, but he will have to deal with man in extremely fast flight with very rapid acceleration and with man who has to live in an artificially maintained small space, probably in the absence or almost complete absence of gravity, and living for relatively long periods of time in contact with only one or two other persons. Incidentally, from a psychological viewpoint, a minimum of three persons has been recommended to live in such a closely confined space. The probabilities are that he will live in a very oxygen-rich atmosphere of a great deal less pressure than at sea level. He will have to carry with him food in the neighborhood of two pounds per day, and water one to two pounds each day. In other words, approximately five pounds weight for each individual for each day will be required. Some five days will be required to travel to the moon, approximately 145 days for travel to Venus and approximately one year for the one-way trip to Mars. He will find that in many respects the human body is better constructed for space travel than most machines. However, he will be vitally concerned with cosmic radiation and possibly some ultra-violet radiation. Perhaps the great handicap in space travel will be boredom. Many of the technical features entailed in space travel can even now be solved in the light of present-day knowledge. These include such features as the heat of space. If the space vehicle is allowed to rotate and is painted a light color or has shutters permitting the sun to strike light areas at will, the proper temperature can be maintained. Since there is no gravity, the air within the chamber will have to be constantly circulated because in such a chamber used air does not move away from the mouth or nose. It has been learned that the tremendous pressure of the escape velocity can be tolerated quite well, approximately four G's, if the space man lies down. Probably there will be no disturbances of body function even though in a gravityless chamber there will be no orientation as to gravity as we know it. It is though that the middle ear will not be appreciably receptive to this lack of orientation as to up, down, crosswise, or to the pull of gravity of the earth or other solar bodies.

A long time before man leaves the atmosphere and assumes free flight in space, many preliminary telemetered surveys will have to be made. Probably the first manned flight will be to the moon, but prior to this, we will have an extensive rocket survey of the moon itself. To escape the gravity of the earth, a velocity of almost 25,000 miles an hour has to be obtained. This will result in a pull of approximately four times the pull of gravity or four G's. Once man gets into orbit outside of the influence of the earth's atmosphere, his speed will be in the neighborhood of 18,000 miles an hour. Strangely enough he will then have no sensation of speed at all. Although he might well be within the pull of gravity from the earth, he will be absolutely without a sense of gravity or will be in the state known as zero-gravity.

From what has been written, it can easily be appreciated that the space surgeon will have an extremely interesting as well as very complex, job. I wonder if any man can become so proficient as to be a space surgeon. It seems that too many of the specialties of medicine will be covered to allow one man to assimilate sufficient knowledge while still young enough or adventuresome enough to undertake space travel. Nonetheless, I predict that soon a well defined and well delineated specialty of space medicine will be established. There are already doctors who are being termed "space surgeons," and as a matter of fact, one has been named a professor of space medicine. Nothing makes me feel so old as to realize that the whole new science of liquid fuel rocketry that will allow us to travel in outer space is just a little more than 20 years old, and to realize that even now in medical school, there are students that will some day be "space surgeons" in the true sense of the word.

Somewhere along the course of history and in the history of the development of transportation, the automobile, the horse and buggy, the horse, and the oxcart seem to have been left out. Perhaps belatedly, we should seriously consider the establishment of a medical specialty called the "automo-bile surgeon." To me such a specialty might be an extremely valuable one, and might be instrumental in the saving of a tremendous number of lives each year. Some little attention is being given to the medical aspects of automobile accidents and perhaps this is the nucleus for the medical specialty of "automobile surgeon." As for the horse, the horse and buggy, and the oxcart, I am afraid the horse-and-buggy doctor and horse doctor will have to be the surgeons.

Anyone for Venus?

"PATRONIZE OUR ADVERTISERS"

### It's Time to "Run Scared" Again, Doctor!

By Ed Flynn, Eastern Representative Medical Society Magazine Group

Only a quarter of a century ago the ghost of state medicine — euphemistically shrouded by the Roosevelt "New Deal" in the semantic disguise of "government health insurance"—was so real a menace that it literally scared the American medical profession into a common, united front to combat it.

Those were depression times, when low wages and joblessness had embittered millions of people unable to afford proper medical attention and treatment. But even after World War II had ended the depression and brought unprecedented prosperity, the Truman "Fair Deal" persisted in trying to foist socialized medicine on the nation.

In the meantime, voluntary health plans, of which Blue Cross and Blue Shield are outstanding symbols, had been organized; and it was due in considerable measure to the rise and spread of such programs that the ghost of state medicine seemed finally to be laid. To be sure, these plans themselves were vigorously opposed at the outset by many physicians and professional groups; but they did do much to banish the danger of government intervention and control.

Today, wages and salaries and income from all other sources are the highest they have ever been in the United States—or anywhere in the world, for that matter. But the cost of living has mounted, too, and coincidentally the cost of medical care. And once again, the ghost of socialized medicine is ominously stirring and threatening to stalk the land.

This time the agitation comes from organized labor and, even though the current Congress has curbed the power of labor unions in some vital areas, no effective barrier has been raised against attempts of labor leaders to inaugurate socialized medicine programs of their own and extend their services to the general public.

That is the avowed objective of the New York Central Trades & Labor Council, as officially announced September 20 in San Francisco during the Convention of the American Federation of Labor & Congress of Industrial Organizations.

A special committee was appointed to conduct a preliminary survey on whether and how to divert the Council's whopping \$750,000,000 Pension and Welfare Fundwhich is under the joint trusteeship of 26 major unions and of employer company managements—into prepaid hospitalization insurance, erection and operation of labor's own hospitals and even eventual establishment of its own medical schools to staff its hospitals.

Under such a plan, it is not too remote to envisage the creation of labor-controlled pharmacies and pharmaceutical manufacturing plants, with all the inherent dangers such a program forebodes for a free society of medicine and pharmacy.

In announcing the plan, a labor spokesman complained of rising Blue Cross rates, alleged "control" of Blue Cross by "big business and the hospitals," and "sweat shop health standards" in New York municipal hospitals which "underpay their staff and underserve their patients." Blue Cross officials in New York pointed

Blue Cross officials in New York pointed out that if the union put their scheme into effect they will learn the "reality" of trying to conduct a health program with financial deficits. But the loss of money paid into the coffers by rank-and-file dues-paying members is not calculated to deter the labor leaders if their survey indicates the project is otherwise feasible. And should the New York venture become operative, even at a deficit, other cities are liable to witness similar undertakings.

There is a possibility that this New York labor health-and-hospital brainstorm might blow itself out. That would still leave the medical profession on the defensive against public protests over not only hospitalization costs but the increasing expense of physicians' prescriptions, over neither of which the physician has control, and the latter of which is completely justifiable in view of the almost \$200,000,000 the pharmaceutical industry has spent this year for research to provide new, needed and effective medicines to relieve pain, suffering and add to the health of the American public. However, these protests have been rising to an alarming pitch and are encouraging a revival of the harmful practice of self-medication.

Dissatisfaction is being further fomented by such articles as the one entitled "The Medical Racket Is Robbing You Blind" which is featured in the current December issue of *True Men Stories* magazine.

In this article, the writer charged that "some drugs are priced 1,000 per cent over cost;" that drug manufacturers "tie up" with physicians to whom they "sell stock to get them to prescribe their brands," and that "some doctors operate their own clinics, using a pharmacy as part of their setup, thereby climinating the middleman druggist . . . but not his profit."

It may be said, in superficial dismissal, that *True Men Stories* is one of those "scandal" and "exposure" type publications not worthy of intelligent attention. Nevertheless, it has a regular circulation of 200,000; and its influence reaches out to many more hundreds of thousands by secondary readership and word-of-mouth dissemination. Moreover, the people who read this sort of thing are impressionable, gullible and just the ones to subscribe to the idea that socialized medicine would be a panacea.

The foregoing are just a few symptoms of serious and dangerously widening trends. What are you doing to correct them, doctor? What *can* you do?

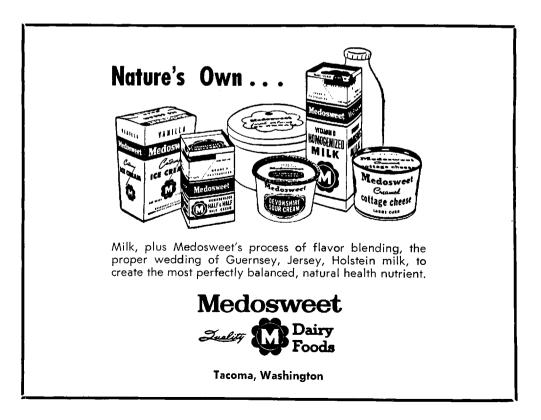
We must be ever mindful that the impressive achievements of medicine and pharmacy are not the result of the deadening hands of government or bureaucratic of dictatorial control—they are due entirely to the willing collaboration of free men and free institutions working together to discover, to produce, to distribute and to use new weapons of life for the common good of mankind.

We will have some specific suggestions in subsequent editorials as to how you might fight some basic misconceptions in your relations with your patients. You may have some ideas of your own. We would be happy if you would write us about them.

For it's time for the medical profession to run scared again—united along a common front.

Be sure to watch . . . KTNT-TV - CHANNEL 11 SUNDAY, NOVEMBER 8, 6 P.M.

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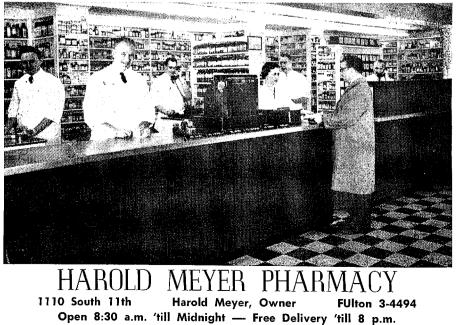
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### MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA Second Monday of March, June, Sept., Dec.—7:30 p.m. Auditorium of Medical Arts Bldg. STAFF OF GOOD SAMARITAN Second Monday of March, June, Sept., Dec.-6:30 p.m. STAFF OF NORTHERN PACIFIC Second Monday of each month-noon. STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—6:15 p.m. STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL Last Monday of February, June, September and November TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS First Tuesday of each month-8:30 p.m. Board Room of Pierce County Medical Society PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the month except June, July & August -8:15 p.m. STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.-6:30 p.m. TACOMA SURGICAL CLUB Third Tuesday of each month—6:30 p.m. at Tacoma Club TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club TACOMA ACADEMY OF GENERAL PRACTICE Fourth Monday of each month except June, July & August --6:30 p.m. at Honan's PIERCE COUNTY PEDIATRIC SOCIETY First Friday of each month except June, July and August STAFF OF MEDICAL ARTS HOSPITAL Third Friday of March, June, Sept., Dec.—7:15 a.m. at New Yorker Cafe. STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

# The BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

VOL. XXXI-No. 3

TACOMA, WASH.

DECEMBER - 1959

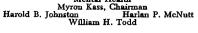


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### Happy Birthday

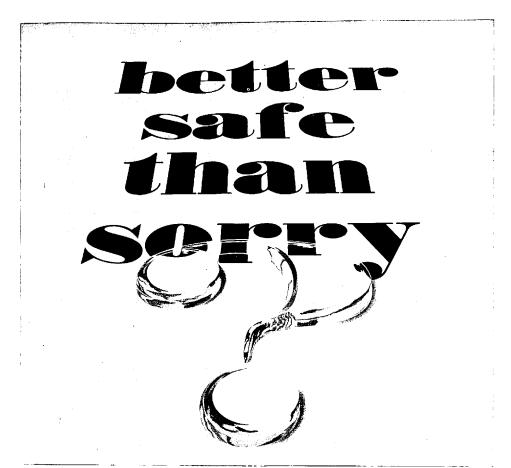
#### December

- CHARLES REBERGER 1
- ALFRED RESCHKE 2
- 3 BERNARD ROWEN
- S. ROBERT LANTIERE 5 FREDEBICK MAIRE
- HOMER W. HUMISTON 6 W. A. NIETHAMMER
- STANLEY W. TUELL 9
- 12ARTHUR O'LEARY
- 13 ROBERT E. LANE
- 14 DAVID H. JOHNSON SAMUEL ADAMS
- 15 WARREN F. SMITH
- ROBERT FREEMAN 16 MAURICE YOACHIM
- 19 I. B. ROBERTSON
- 21GERALD GEISSLER PHILIP GRENLEY
- 23 CARL SCHEYER
- 24 **JOHN FLYNN**
- FRANK E. SHOVLAIN 26
- 29WILLIAM D. VOORHEES, JR.
- 31LEWIS A. HOPKINS

### NOTICE

Check back page of Bulletin for calendar of special meetings

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# PIERCE COUNTY MEDICAL SOCIETY NOMINEES --- 1960

Ballot received by mail November 25, 1959 are to be returned to the Medical Society office not later than 5 p.m. Tuesday, December 8, 1959.

**PRESIDENT-ELECT** (Vote for one)

Edwin J. Fairbourn, M.D.

Chris C. Reynolds, M.D.

VICE-PRESIDENT (Vote for one)

L. S. Baskin, M.D.

G. M. Whitacre, M.D.

### SECRETARY-TREASURER (Vote for one)

T. R. Haley, M.D.

Arnold J. Herrmann, M.D.

**TRUSTEES** (Vote for four)

Samuel E. Adams, M.D. E. E. Banfield, M.D. Lawrence Brigham, M.D. Glenn H. Brokaw, M.D. Robert M. Ferguson, M.D. Robert W. Osborne, M.D. Frederick J. Schwind, M.D.

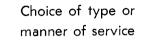
**DELEGATES** (Vote for six)

Samuel E. Adams, M.D.	Herman S. Judd, M.D.
Douglas P. Buttorff, M.D.	Frank R. Maddison, M.D.
Arnold J. Herrmann, M.D.	Stanley W. Tuell, M.D.
Murray L. Johnson, M.D.	Wayne W. Zimmerman, M.D.

### **ALTERNATE DELEGATES** (Vote for six)

B. A. Bader, M.D.
Glenn H. Brokaw, M.D.
Robert M. Ferguson, M.D.
Robert M. Freeman, M.D.
O. A. Harrelson, M.D.

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# PIERCE COUNTY MEDICAL SOCIETY

# Tuesday, December 8

## 8:15 P.M.

MEDICAL ARTS BUILDING AUDITORIUM

# **ELECTION OF OFFICERS**

\* \* \* \*

# PROGRAM

# **"RUSSIAN MEDICINE TODAY"**

### JOHN J. BONICA, M.D.

\* \* \*

A no-host social hour and dinner will precede the meeting

Social Hour:	6:00
Dinner:	6:30
Place:	Honan's Restaurant 739½ St. Helens

# December Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Tacoma Academy of Psychiatrists and Neurologists 8:30 p.m.		Clin. Path. Conf. of T. G. Hospital 8:30 a.m.	C. P. C. of St. Joseph's 9:00 a.m. Pierce County Pediatric Society
7	8	9	10	11
Staff of Tacoma General 6:30 p.m.	Pierce County Medical Society 8:15 p.m.		Clin. Path. Conf. of T. G. Hospital 8:30 a.m.	C. P. C. of St. Joseph's 9:00 a.m. P.C. <u>M.B.</u> Board of Trustees 8:00 p.m.
14 Staff of Doctor's	15	16	17	18
Staff of Doctor's Hospital 7:30 p.m. Staff of Good Samaritan 6:30 p.m. Staff of Northern Pacific Noon	Tacoma Surgical Club 6:30 p.m.		C. P. C. of Tacoma General, 8:30 a.m. Annual Meeting Doctor's Hospital Trustees, 6:30 p.m.	C. P. C. of St. Joe's 9:00 a.m. Staff of Medical Arts, 7:15 a.m. Staff of Mary Bridge, 12:15 p.m.
21	22	23	24	25
Staff of St. Joseph's 6:15 p.m.			Clin. Path. Conf. of T. G. Hospital 8:30 a.m.	MERRY CHRISTMAS
28	29	30	31	
			Clin. Path. Conf. of T. G. Hospital 8:30 a.m.	

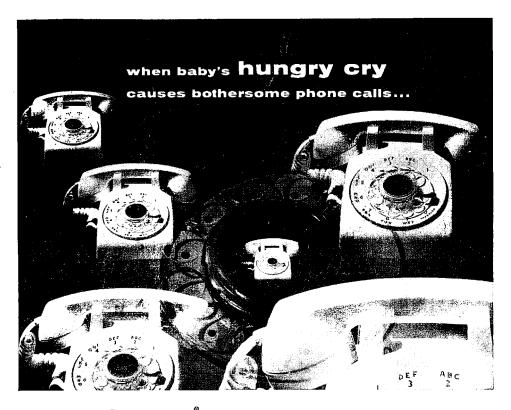


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Resume of Clinical Studies Inlants Satisfactorily Fed on Lactors or Dexiti-Malless®* Modified Formulas Essentially Similar to Lacters		
No-of Infants	Investigators	Comments
180 Inewborn1	Hatfield, Simpson and Jackson <sup>a</sup>	All infants vigorous; mado salislaciory progress.
57	Frost and Jackson*	Mean height and weight curves slightly above normal; normal or superior general development.
190 Íslek & well ínfants)	Henrickson <sup>3</sup>	Satisfactory results. Average hospital stay: 5.5 days; average daily weight gain: 3 ounces.

Maltese-destrins formula modifier, Mead Johnson

1 Halleld, M. A.; Simpson, R. A., and Jackson, R. L. - J. Pedlat, 44, 32-45 (Jan.) 1954. 2 Front L. H. and Jackson, R.L. : J. Pedlat, 39, 585-592 (Nov. 1195), 3. Henrickson, W. E.; GP 8: 51-56 (Oct.) 1953. 4. Intchfield, H. R.; Arch, Pedlat, 61; 617 (Dec.) 1944.

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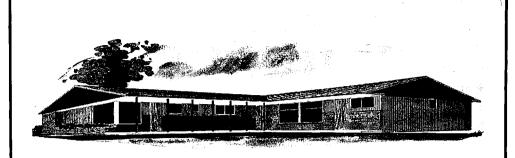
# EDITORIALLY SPEAKING

At this writing, four television programs have been taped and numerous conferences held. We are gradually evolving a program to the liking of the members of the panels, the television station and, we hope, the public.

The purpose of the show is to present a program that is entertaining and informative, but not too technical. This is our first undertaking and frankly, as amateurs, we welcome advice. It is only by trial and error, experience, comments and advice that this program will become what you wish it to be. Please remember that a good presentation reflects credit on the members of this Society, the committee, the panel, the moderator and KTNT-TV and that the reverse also holds true.

To date we have had very good cooperation from you, and a number of men have volunteered for programs. If you have an idea, a suggestion or comment, please call Judy Gordon, Executive Secretary.

> JAMES D. LAMBING, M.D. Chairman Public Relations Committee

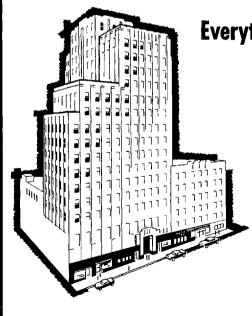


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December 6 . . . HEART ATTACK

Dr. Edwin J. Fairbourn Dr. Robert Kallsen Dr. Clenn McBride Dr. C. B. Ritchie

### December 13 . . . MEDICAL COSTS

Dr. J. W. Bowen, Jr. Dr. Herman S. Judd Dr. Miles Parrott Dr. Jess Read

### December 20 . . . AUTOMOBILE ACCIDENTS

Dr. A. J. Herrmann Dr. L. S. Baskin Dr. Myron Kass

### December 27 . . . LIFE AFTER FIFTY

- Dr. Herbert Kennedy
- Dr. Robert O'Connell
- Dr. Chris Reynolds
- Dr. Arthur P. Wickstrom

# WOMAN'S AUXILIARY To The Pierce County Medical Society

### **AUXILIARY OFFICERS-1959-60**

President	Mrs. Joseph Harris
President-elect	Mrs. J. Robert Brooke
1st Vice-President	Mrs. James Mattson
2nd Vice-President	Mrs. G. M. Whitacre
3rd Vice-President	Mrs. Joseph Jarvis
4th Vice-President	Mrs. Herman Judd
Recording Secretary	Mrs. Kenneth Gross
Corresponding Secretary	Mrs. John May
Treasurer	Mrs. Haskel Maier

#### COMMITTEE CHAIRMEN

American Medical Education Foundation	Mrs. G. M. Whitacre
Bulletin (National)	
Civil Defense	Mrs. Arthur Wickstrom
Historian	
Social	
Legislative	
Membership and Hospitality	
Nurse Recruitment	Mrs. Richard Barronian
Program	Mrs. Charles Anderson, Jr.
Public Relations	Mrs. Jess Read
Revisions	
Telephone	Mrs. Richard B. Link
Today's Health	Mrs. Robert Johnson
Speakers Bureau	
Mental Health	Mrs. Albert Sames
Safety	Mrs. Stevens Dimant
Publicity-	
Bulletin	Mrs. Herbert Kennedy
Newspaper	Mrs. Robert Burt
Fashion Show	Mrs. T. B. Murphy
Game Night	Mrs. Robert Florence
Dance	

It was one of those relentlessly rainy days but our spirits were lifted as soon as we stepped into Hazel Whitacre's lovely redecorated home on Fairview Drive for the November meeting honoring past presidents. As former presidents arrived, each was presented with a white carnation corsage. Bright yellow flowers on the buffet table and a delicious luncheon of hot crab sandwiches made us oblivious to the weather, thanks to luncheon committee chairman, Ev Osborne, co-chairman, Becky Banfield, and Marilyn Mandeville, Kay Lueken, Pat Crabill, Kit Liewer and Jean Camp.

After lunch, everyone went downstairs to the Whitacre's gayly decorated recreation room. A framed billboard featuring the Gay Nineties Quartet was a special attraction. President Margaret Harris introduced past presidents Mesdames Ralph Schaeffer, W. B. Penney, John F. Steele, Darcy Dayton, Charles Trimble, S. E. Light, S. F. Herrmann, Everett Nelson, Robert Lantiere, Eugene Hanson, George Kittredge, T. H. Duerfeldt, Thomas B. Murphy and Robert Florence. Two honorees had a big day: Hazel Schaeffer celebrated her birthday and Ruth Light had a wedding anniversary. We hope this isn't news to their husbands.

Treasurer, Dorothy Maier, reported a balance of \$1,543.21 with one hundred sixty paid-up members. Fashion show ticket receipts amounted to \$754.86, raffle, \$118.75. The net profit was \$500.00.

A discussion on Today's Health subscription followed. In the past, individual members gave the magazine to various grade and high schools. Now that the yearly rate has doubled (\$3.00) it was felt that the money formerly spent for the nurses plunge at the YWCA could be used to purchase subscriptions for junior and senior high schools. A motion carried that will leave the choice of schools (and if grade schools are to be included) to the jurisdiction of Today's Health chairman, Betty Johnson.

A letter from National read by Dottie Read recommended that all members and their families carry health cards. This proposal will be taken to Presidents' Council to encourage other organizations to do likewise.

The A.M.A. News is the only official newspaper concerning medical matters and legislation. Our State Auxiliary asks that we have our husbands bring this newssheet home so we can read it.

After the business meeting, Mrs. William E. Evans demonstrated beautiful decorations that can be made with tin and cast off jewelry. Clever Christmas tree ornaments were painted glass eggs studded with pearls and sequins.

Since most of our meetings are luncheons, it has been evident that auxiliary members are good cooks with a flair—and now its official. If you don't have a December issue of BETTER HOMES AND GARDENS you will want one. A half-page article pictures a mouth-watering molded seafood salad from cook-of-the-month award winner, Hazel Whitacre.

#### Fashion Show

All who took the Freeway to Fashion, Friday, November 13, made a right turn. Impressive decorations converted the Top of the Ocean into a highway with traffic signs and shrubs. Miniature tree-lined boulevards carried out the theme on each table.

Seventy-four ensembles were modeled everything from "I dreamed I went dancing in my . . ." (with benefit of red and black leotards) to elegant floor-length gowns. Various hues of luscious pinks were shown in all categories; stunning white appeared again and again for daytime and evening. Auxiliary members who modeled with poise and aided eight professional models were: Helen Florence, Bianca Mattson, Marge Wicks, Muriel Nelson and Billie Jean Murphy. Donna Ferguson was the behind-the-scene model co-ordinator. Raffle tickets for a black, late-day costume were sold by Jean Colley and Marion Doherty.

A Rhodes commentator, with her rich drawl, made us feel we were in the heart of the Southland.

The overall organization and collection of handsome clothes made the affair a memorable afternoon. Chairman Ruth Murphy, co-chairman Janet O'Connell, and Ellen Pinto, Dorothy Grenley, Helen Florence, Billie Jean Murphy, Del Wickstrom and Jean Gibson have our congratulations for a successful fashion show.

#### Sun Followers

After attending the American College of Obstetricians meeting in Honolulu, Dr. and Mrs. Scott Jones relaxed for two weeks on the "garden island" of Kauai. Other Hawaiian vacationers sporting tans are Doctors and mesdames Frank Rigos, Frank Maddison and Chris Reynolds.

A famous glitter spot in Nevada lured the Brooks, Kunz's, Vadheims and Banfields; the latter there for the International College of Surgeons. Two days after the Vadheims returned they left for the North Pacific Surgical meeting in Victoria, B.C. Others attending the same meeting were the Gibsons, Reads, Tuells, Gulliksons, Hoyers and Murray Johnsons.

Among the 90,000 people at the exciting "big game" between Stanford and California in Palo Alto were Peg and Ted Haley with two sons.

We were thrilled with the news of Galen and Pat Hoover's newly adopted son, Jeffery. He joins two sisters and one brother. Our error—in our comments about the new Home for Unmarried Mothers last month, we failed to mention the Catholic Charities Unwed Mothers Home which will be ready early next year. There will be more information next month, but in the meantime, proceeds from the book, "Six Roads to Abilene" by John McCallum will benefit this project. An autograph party will be held December 4, at 2 p.m. at Rhodes. The author and collaborator, Mr. Edgar Eisenhower, will be present.

Undoubtedly, everyone enjoyed the "Mavisisms" in last month's column. Your Bulletin editor appreciated the talented pen and effortless style of M. Kallsen so much that we wonder what we're doing here!

There is no meeting or project in December, so have fun on the canape circuit.

### In Memoriam Julius C. Вонн, М.D. 1876-1959

Another veteran physician has gone from among us leaving many who feel a sincere personal loss in his passing.

Although the Good Book suggests that if by reason of strength our years be four score, yet is their strength, labor and sorrow, we have never noticed that such applied to Dr. Bohn.

In his later years he appreciated the fact that he was progressing into the upper age bracket, but he gave no sign other than a gradual self-imposed limiting of his profession work and allowing more time for his favorite hobby, a study of various religious beliefs.

We understand that for many years his real pleasure was to give to his patients cheer and encouragement with his dependable tonic, a good story well told.

The art of medical practice has many facets and none is of more potent value than a happy heart. With such a heart was Dr. Bohn abundantly blessed.

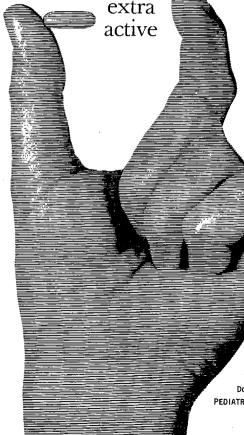
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# How Much Should I Have Before Making A Will?

Wills are for everyone, no matter how small or large the estate. If you have anything of value, own your home, other property, a bank account, stocks or bonds, then you need a Will.

Don't wait until you think you have enough to require a Will. *Everyone* should have a Will If you continue without a Will you leave your wife more worry and a burden in settling your estate. There will be many business and legal matters of which she has no knowledge.

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See an attorney. He will give your wife and family a properly drawn and legal Will. And the cost need not be great.

Ask your attorney about the importance of naming a bank as executor. An individual executor may die or become incapacitated, thereby causing confusion. A bank's Trust Department goes on forever. It gives the advantage of trained experts in the management of your estate. The cost is small.

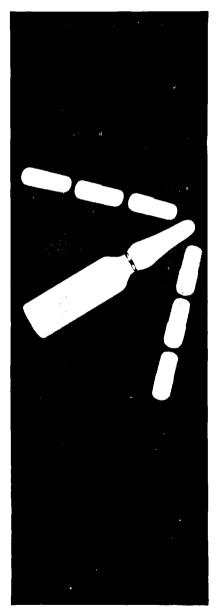
Most importantly . . . see an attorney this week. Make your Will.



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Cosa-Terramycin Pediatric Drops — peach flavored, 5 mg./drop (100 mg./cc.), 10 cc. bottle with plastic calibrated dropper

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# HOSPITALS ...

### St. Joseph's

Christmas is the music of bells, the tinkling of tree ornaments, the voices of Church choirs. Christmas is the love that knits together a family across distance and time. Christmas is above all the remembrance of the Child of Bethlehem, it is the shining of peace that can unite the world, the faith that has endured since Christmas began.

Mid-November saw us open a dining room for our ambulatory patients who can enjoy not only their meals in this attractive little room, but meander there also for an extra cup of java.

A new coat of paint, comfortable daveno and chairs have made the expectant father's waiting room more relaxing and restful. There the chain smoking young fathers and anxious grandparents wait out the hours until a new baby makes his earthly debut.

Mrs. Gislasson is home recuperating from major surgery, we miss her in every way.

Miss Swanston has returned from a lengthy stay in Canada, where she was hoping and praying that she might win the Irish Sweepstakes.

Mrs. Irene Buick, one of our faithful employees, looked quite different dressed in brown satin and chantilly lace, her daughter, Joan, became a Mrs. Teger. Many of the maternity staff went to witness the beautiful wedding.

To Mrs. Higginbottom we extend our sincere sympathy at the sudden death of her father—for no matter when or where death comes—it is always sad.

Babies, beautiful, bouncing and angelic, were heavenly sent to:

Dr. and Mrs. Geissler, a boy. Dr. and Mrs. Larkin, a girl. Mrs. Claire McCaffrey and Mrs. Marvel Lorenz were blessed with girls. Mrs. Altman and Mrs. Bradford had lovely sons.

On December 11, at 8 p.m. in the New Yorker, St. Joseph's Hospital Auxiliary is sponsoring a Christmas Party, the proceeds of which go for "Free Beds for Needy Children." A one dollar ticket entitles you to 20 games of Bingo, and a chance to win one of the three big prizes. Do come, bring a friend, and have some fun.

To all the employees, to those with whom our lot in life is cast, to those who supervise us, in fact to everyone we know at St. Joseph's, to all our Doctors, we wish to extend greetings for a blessed Christmas and a happy and prosperous New Year.

Mr. and Mrs. Huber, our Janitor and one of our L.P.N.s, went to Kelso for the Thanksgiving holiday. They were 57 strong.

Speaking of vacations, Mrs. Keeley, Marie Mitchell and Mrs. Magley, went to Vancouver, B.C. The latter went for a rest, but the former two took along an alarm clock, in order to see the sun come over the hill.

### Minutes from Third Floor

'Twill be not too long before Christmas and 'twas some time since news from us.

New personnel since our last issue are a Miss Fore, graduate of '59, who is in medicines on 3-11. Mrs. Buettner, R.N., at 3rd North and hails from North Dakota. Mrs. Hudson, a recent graduate and who will be leaving for Columbus, Ohio soon. Mrs. Perry, R.N., from University of San Francisco, and Mrs. Bickley, R.N., has returned from an absence of five years.

Miss Vian, L.P.N. and Mrs. Rylter, L.P.N. are recent additions as medical secretaries. "Tiny" Davis, aide, is back with us after a tour of Germany with her soldier husband.

Cora Iffert, R.N., has retired from nursing, but she is busy as a bee with her weaving. Says she feels good and we all wish her well. Naomi Johnson, L.P.N., has also retired to a steady fulltime job of housewife and mother.

Dr. Maini has been our intern for the past four months, but now Dr. Marave has joined us. Both are certainly well qualified in their chosen profession.

The new remodeling on third south will will be a wonderful improvement and will make room for some badly needed beds for patients.

May each and every one of you have a Happy Holiday Season.

#### School of Nursing

On December 2, a tea was held in the Nurses Lounge in the Nurses home for guidance counselors, from the high schools in the surrounding area. The purpose of the tea was to acquaint these individuals with the various Health Service programs offered at St. Joseph's. Various members of the par-

#### (Continued on Page 21)



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#### (Continued from Page 19)

ticipating programs were present to answer questions as they arose.

A well attended Halloween dance was held in the Marian Room at St. Leo's, October 29. The hall was attractively decorated for the occasion with spooks, goblins and other appropriate symbols. The traditional cider and do-nuts were served at the evening's close.

So successful was the Halloween event that plans are in store for a Semi-formal dance to be sponsored by the pre-clinical students. The Browns Point Club House is the place selected. More news later about this affair as plans are being formulated.

Students are all displaying red arms as a result of their recent intra-dermal flu vaccinations. The entire school population participated in the program.

It is indeed very edifying to see the large numbers of students attending daily mass. Keep it up girls, the dear Lord is never outdone in His generosity and I'm sure you and the entire group will all reap His blessings.

Miss Mary Williams attended a workshop on "Counselling in Health in Public Health and its Limitations" on November 20. Miss Williams, a public health nurse, is the Public Health instructor in our program.

"Dance Time" sponsored by the St. Joseph's Nursing School guild on Friday, November 20, was a huge success. A large crowd attended the affair. No one would recognize the nursing arts lab as such after the students transformed it into a real "ballroom."

The Student Body, Faculty and Personnel of the School of Nursing wish everyone a very Blessed and Merry Christmas and a New Year filled with Peace and happiness.

#### Dietary Department

The main kitchen will have a new look for Christmas this year. Besides the addition of several pieces of more modern equipment, it will be "skirted" with green ceramic tile.

Miss Patriciano Madarang who is from the Philippines and doing post-graduate work at C.P.S. is working part time in the Dietician's office. Our knowledge of the Philippine Islands has been increased greatly since her coming here.

Have you noticed Nel Costigan's poundage loss. I'm sure all have heard her counting calories at lunch time in the cafeteria. Keep it up Nell, it's really beginning to show. A party of recent notation was given for Mrs. Faber and Mrs. D'Andrea in honor of both of their birthday anniversaries.

Angela Byrne is back working after her vacation. There is a sparkle in her eye and the general opinion is that she is very pleased with the arrival of a fine Irish lad!

Our champion bowler, Mrs. Flannery, is losing her grounds to Rose Tovoli and Helen Mulkerin. Watch out, Mrs. Flannery, they're close behind you. Erin Bilsborrow and Nora Nitz are working hard to improve their scores also. Good Luck!

Mrs. Helen Rudd and Sue Cordel are our new switch board operators. We can't say they will last as long as Mrs. Nish but we hope they like their new job.

Mrs. Dilger has the "for sale" sign up for her future family of puppies. The estimated value is seventy-five dollars apiece. Any offers?

#### X-Ray Department

Students of the X-ray Department have been busy these last few weeks. Along with their daily classes and practical work, they have just completed a series of Physics lectures, at Mary Bridge Clinic, conducted by Mr. Dean Ostrude, of Picker X-ray Corp. It is hoped we can all pass our Registry test when the time comes.

Our schedule also included being hostesses for the District No. 2 X-ray Technicians meeting, at which Dr. Flynn spoke on "Protection from X-ray", and Dr. Maki discussed Radio Isotopes.

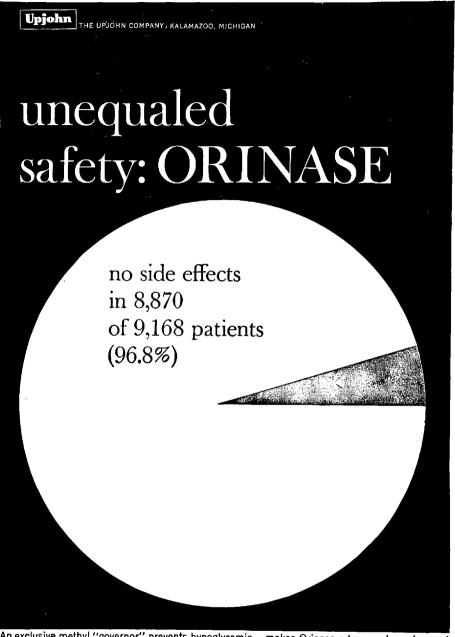
Our Romance Dept. is flourishing too, Frances Anick and Karen Giusiano are altar bound in the near future. Good luck, girls.

### St. Joseph's Annex

On Sunday, November 1, the nursing staff and ten patients moved from St. Mary's to the new building. Things have been running quite smoothly in spite of the fact that we have become alternately annoved

(Continued on Page 23)





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(Continued from Page 21)

and amused at the incongruous places that we've found our supplies.

Thanks to Sister Antonia, our kitchen had two spaces filled, with a little stove and the other with a refrigerator. The next day one of the nurses brought a raw egg to boil for lunch, but had to settle for something else, because the stove wasn't connected. Last week a new picture was ceremoniously hung, amid cheers and oh's, over the piano in the downstairs day room. It is a framed mural of Reflection Lake, a gift of one of our Nurses.

Our new home has a few new faces. Mrs. Magill, L.P.N., from Idaho has joined the 3-11 staff as well as Miss Walton, Nurses' aide. We wish to welcome them to the department. Mrs. Baydo, 3-11 Nurses aide, is moving to California with her family.

There are a few employees who did not call on the day of Open House and if they would care to see the first floor of the Annex, they are most welcome. Since this is the patients' home, it is our wish to maintain respect for their dignity at all times, therefore we ask that you come only at the hours when they are upstairs. Please contact Sister for the available time.

St. Joseph's Hospital, Sisters and Employees wish Pierce County Medical Society members and all their families a very Happy and Blessed Christmas.

#### **Doctor's**

The Professional Staff of the Doctors Hospital of Tacoma will hold its annual meeting and election of officers on December 14, 1959. The meeting will be held in the auditorium of the Pierce County Medical Society at 7:30 p.m.

The hospital is happy to welcome the new maintenance engineer, Dean Starkey, who comes to us from a large smelting and refining company where he was employed as a pipefitter since 1947. Coming out of retirement to introduce Mr. Starkey to the Doctors Hospital is a person who needs no introduction, "Al" Berntsen. Al is always welcome as he is an honorary life member of the hospital.

Ken Trimble is still on the sick list. For the past several years Ken has been plagued with sickness. Let's hope the bug chooses another victim next time as Ken has had more than his share.

The flu bug has taken its toll this past month and has managed to bite nearly everyone on the office staff.

For the past month our administrator,

Hugh Williamson, has suffered continuously from the after-effects of an extracted wisdom tooth. He has lost ten pounds but doesn't recommend a tooth ache as a satisfactory way to lose weight.

Terry Christensen, one of our third floor nurses, recently returned from a trip to New York. We are happy to report that her father is on the road to recovery following a serious illness.

Last week May Bates and LaVerne Durbin graduated with honors from their course in Anatomy and Physiology. We congratulate and commend them for taking time from a busy week to attend these night school classes. Their increased knowledge should be of great help in their work here at the hospital.

### Good Samaritan

As part of the Community Relations Program of the Good Samaritan Hospital, representatives of the Sumner and Puvallup Police and Fire Departments, the Washington State Patrol and various Valley ambulance services, representatives from the Medical Staff and Hospital Administrative Staff gathered at Good Samaritan Hospital recently for a luncheon meeting.

Henrietta Button, R.N., Director of the Hospital, welcomed the group and called upon Paul Teslow, Assistant Director, and Virginia Lovitt, R.N., Director of Nursing, to describe the organization and staffing of the Hospital facility.

Dr. J. P. Duffy, President of the Medical Staff, discussed a number of considerations involved in receiving service men, psychiatric patients, inebriated patients, welfare patients and the care of accident cases and other emergency room patients.

A question and answer session followed with considerable discussion of mutual problems in the handling of emergency cases. Everyone felt that this was a very informative meeting, and the request was made that the Hospital hold an annual meeting so that all could coordinate mutual problems and thereby render better service to the Valley Community.

service to the Valley Community. New equipment in Surgery recently is a Morris clinical defibrillator and five foot stand, a Burford Finochietto rib spreader, a Bailey rib contractor and a Lowman bone clamp.

The Gamma Club of Puyallup has donated a Polaroid Camera for photographing newborns in the Nursery. The baby pictures will be available to new mothers at cost.

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### Periodical Examination Of Doctors

At the last meeting of the Tacoma Academy of Internal Medicine a motion was passed that a brief article be written by the President and printed in the Pierce County Bulletin, to the effect that our members recognize that doctors are loath to present themselves to other physicians for examination, because they don't want to be a bother.

Our organization stands for complete evaluation of patients and feel that this should be carried out on a periodical basis, regardless of symptoms.

The members of the Tacoma Academy of Internal Medicine are willing and ready to provide this service for their fellow practitioners.

JOHN F. STEELE, M.D., President

### Clover Park Evening School Offers Medical Sec'y Course

The Clover Park Adult Evening School is again offering courses for Medical Secretaries.

The course will be Physiology and Anatomy, plus Basic Laboratory Techniques. Instructor Arthur Theimer, Pierce County Audio and Visual Director, is past organizer of a Medical Secretarial school in Seattle.

Another course is Medical Terminology and Related Material, which starts December 1, 1959. Instructor Ann Kelly March, Medical Records Librarian, has conducted Medical Terminology classes for two years in Tacoma. These courses will begin December 1, 1959. Class nights are Tuesday and Thursday from 7:00 p.m..9:30 p.m. for nine weeks. Christmas vacation is December 18 through January 4.

The evening school is also planning to offer a course in Medical Secretarial Practice which will consist generally of the duties and responsibilities of the receptionist, filing, medical records, insurance forms, office management and practical work in interviewing. This course will start March 1, 1960.

(Continued on Page 27)

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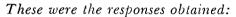
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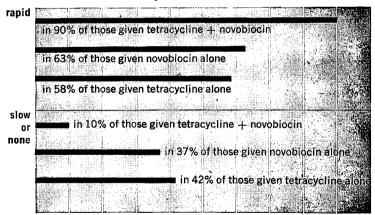
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1. Birkett, F. J., and others: Lancet 1:838 (April 18) 1959.

Tetracycline + novobiocin is available for your prescription  $\ldots$ 



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### (Continued from Page 25)

The Basic Text used in all courses is Medical Secretary by Bredow. Resource instructors will be called in to supplement the courses.

Registrations are being held for our Winter Quarter November 23, 24 and 30 from 7:00 to 9:30 p.m. at Clover Park High School, North Building. Late registrations may be accepted.

For further information, call JU 8-5269.

### **Poison Control Center**

Following is the report from the Supervistor of the Poison Control Center for October.

Total Number of Calls	76
Calls from Parents or other Lay Persons	66
Physicians or Hospitals	.10

#### Age Distribution

Less than 12 months 3
1 to 3 years42
3 to 5 years 9
5 to 12 years 5
12 to 21 years11
Over 21 years 0
No age given 6

### Substance Taken

Medicinal: Liquid Sulfa 2, Apirin Grain 5, 1, Aspirin Grain 1¼ 2, Aspirin Grain 1½ 2, Aspirin Grain ½ 3, Boric Acid Solution, Butazolodine, 2, Super Plenamins, Equinal, Sodium Amytal, Abdec Vitamins, Phenobarbital, Nembutal, Kweem Cream, Unknown Medication, Johnson's Burn Ointment, Tuinal, Distran, Lotusate.

Other Substances: Sani-flush, Dichlorobenze Deodorant Bar, Rubbing Alcohol, Paint Thinner, Nightshade Berries, Oregon Grapes, Esquire Shoe Polish white, Powdered Lime, Rose Eeed 2, Lilt Permanent Neutralizer Fluid, Toadstools, R & M Brand Rat and Mouse Poison, Gliter, Boxer Flex Liquid Plastic, McNess Silver Polish, Chloroform Linament, Hexal Disinfectant, Lily of the Valley Berry, Stanley Floor Cleaner, Purex 4, Rit Dye 2, Paint white base, Air Force Dye Marker, Oil Paint beige, Horse Chestnuts, Dutch Cleanser with bleach, Glover Mange Cure, Madrona Berries, Jubilee Wax, Fresh Deodorant, Red Phosphorus, Parker Rubber Base Paint, Selenium Hydroxide Spread, Enamel Paint, International Silver Polish, Avon Handguard Lotion, Turpentine, Toni Permanent Neutralizer, Tri-chem Paint Solvent, Lunch Meat, Brocade Complexion Soap, Cutex Nail Polish Remover, Comet Cleanser, Pinesol.

Number advised to go to Hospital8Number advised to contact private M.D.28Number advised emetics and observe56Number treated in ER (MVGH)4Number hospitalized at MVGH2Information from Clinical Toxicology63

### Heart Assn. To Establish Registry of Cardiac Pathology

A \$3500 grant for the establishment of a registry of cardiac pathology in children has been made by the Washington State Heart Association to Dr. S. A. Creighton, Director of Laboratories at Children's Orthopedic Hospital.

The project will be carried out under the directiono f Dr. Hi-Soo Kim, senior fellow in pediatric pathology at Children's Orthopedic Hospital.

At the present time, no registry of cardiac abnormalities in children exists in the state. For the past ten years materials needed for such a registry have been accumulated at the Orthopedic Hospital. The registry will be available for teaching purposes, and to physicians throughout the state concerned with the diagnosis of cardiac defects in children.

Dr. Creighton said the registry will contribute not only to professional education but will contribute toward the development of new techniques in research as applied to childhood cardiac disease.

### **Doctoring**

Father: "Yes you may ask a question, but make it short."

Small boy: "Well, when a doctor gets sick and another doctor doctors him, does the doctor doing the doctoring have to doctor the doctor the way the doctor being doctored wants to be doctored, or does the doctor doing the doctoring of the doctor doctor in his own way?"

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Over 50 pounds	2 teaspoonfuls	hours			
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### Cancer Cytology Conference To Be Held in Mexico

Announcement that the International Conference of Cancer Cytology will be held in Mexico City in 1960, instead of in Madrid, Spain, was made in New York recently by Dr. J. Ernest Ayre and Dr. Locke Mackenzie, speaking on behalf of Dr. Sanz Ibanez of Spain who is President of the International Conference. The announcement followed a meeting of the Medical and Scientific Consultants of the Cancer Cytology Foundation of America, Inc. which is co-sponsoring the Conference with the Pan American Cancer Cytology Society, the National Cancer Institute of Spain, and other medical groups.

Spain, and other medical groups. Dr. Ayre and Dr. Mackenzie, who are respectively President and U. S. National Chairman of the Pan American Cancer Cytology Society, stated the conference will meet jointly with the Pan American Medical Congress in Mexico City, May 2-11, 1960. The transfer will enable announcement of latest developments and discoveries in the science of cytology before the large gatherings of leading physicians, research scientists and dentists from the Western Hemisphere expected to number in excess of 7500. Dr. G. N. Papanicolaou, Pioneer in Cytology, is an Honorary Member of the Pan American Cancer Cytology Society.

Leading medical authorities in Cancer Cytology, participating in the International Conference include Dr. E. V. Cowdry, St. Louis; Dr. Robert Nesbitt, Albany, N.Y.; Dr. Morris Fishbein, Chicago, Ill.; Dr. George Gey, Johns Hopkins University; Dr. Alexander Brunschwig, Sloan Kettering Institute; Dr. Howard Miller who heads the Cytology Center of New Jersey; Leon Motyllof, Pathologist, Woman's Hospital, New York; Dr. Leonell Strong, Roswell Park Memorial Institute, Buffalo, N.Y.; Dr. Jean Darche of Canada; and Dr. Henry Klaunberg of Washington who is Chairman of the Finance Committee. Prof. De Watteville of Geneva, Switzerland, heads the Program Committee. Professor Novikoff represents the Soviet Union on the Inter-national Conference Advisory Council; Dr. Guillermo Terzano and Professor Ahumada, Argentine; Professor McLaren, Great Britain; Professor H. Kottmeier, Sweden: Professor Rurge, Germany; Professor Sirtori, Italy; and others.

The Pan American Medical Congress, according to Director General Dr. Joseph J. Eller, noted dermatologist of New York City, is expected to be the biggest hemispheric congress yet held under the Pan American Medical Association which includes among its top officers, medical leaders such as Nobel Prize Winner, Professor Bernardo A. Houssay of Argentina; Dr. Leroy E. Burney, Surgeon General of the U.S. Public Health Service, 'Washington; Dr. Elmer Hess, Past President of the American Medical Association; Dr. Abraham Horwitz, Director of the Pan American Sanitary Bureau of the World Health Organization; and Dr. Ugo Pinheiro Guimaraes, who heads the National Cancer Institute of Brazil.

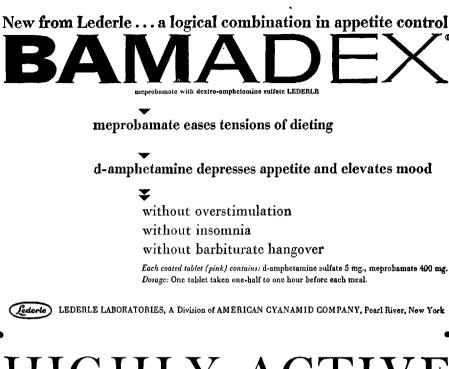
The theme of the Pan American Medical Association Congress will be, "Inter-American Good Will through Medical Science". Official support for the Congress has been assured by the Minister of Health for Mexico as well as governmental agencies and scientific organizations of many countries.

The International Cancer Cytology Conference will bring together, by invitation, up to 300 leading authorities in the field of cancer cytology, as well as heads of WHO and UNESCO, to discuss ways and means of making cytology tests available to people of all countries. A major problem to be discussed at the International Conference will be the shortage of trained M.D. cytologists, cytopathologists, and cytology screeners. The Conference will discuss ways and means of developing training programs in countries where experienced teachers are available.

According to the Cancer Cytology Foundation of America, Inc., in the United States alone, the shortage of experienced cytologists, cytopathologists, and screeners is so acute that only a small percentage of the nation's adult women have the protection of an annual cervical cytology test, even though it is well known that through this study of the cells, indications of cervical cancer may be detected several years before the usual signs and symptoms appear. Newly developed techniques for the study of cells in the fluids of the throat and lungs, prostate, and stomach are showing promise in cancer detection of those organs.

For Information Write To:

Dr. Robert Nesbitt, Secretary, U. S. Office, International Conference, Union University, Albany, New York.



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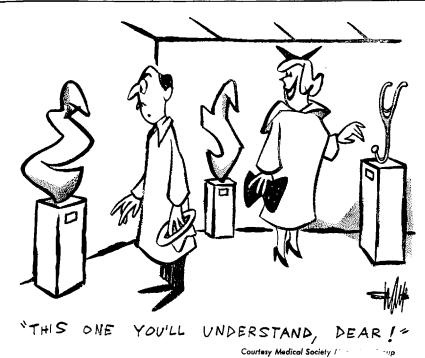
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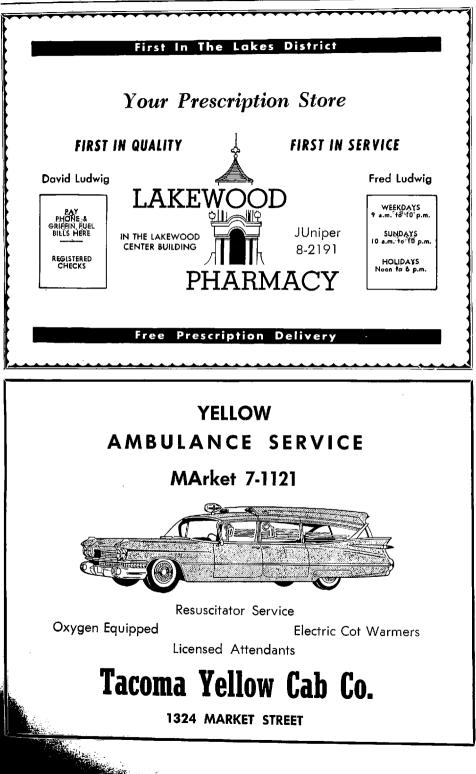
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