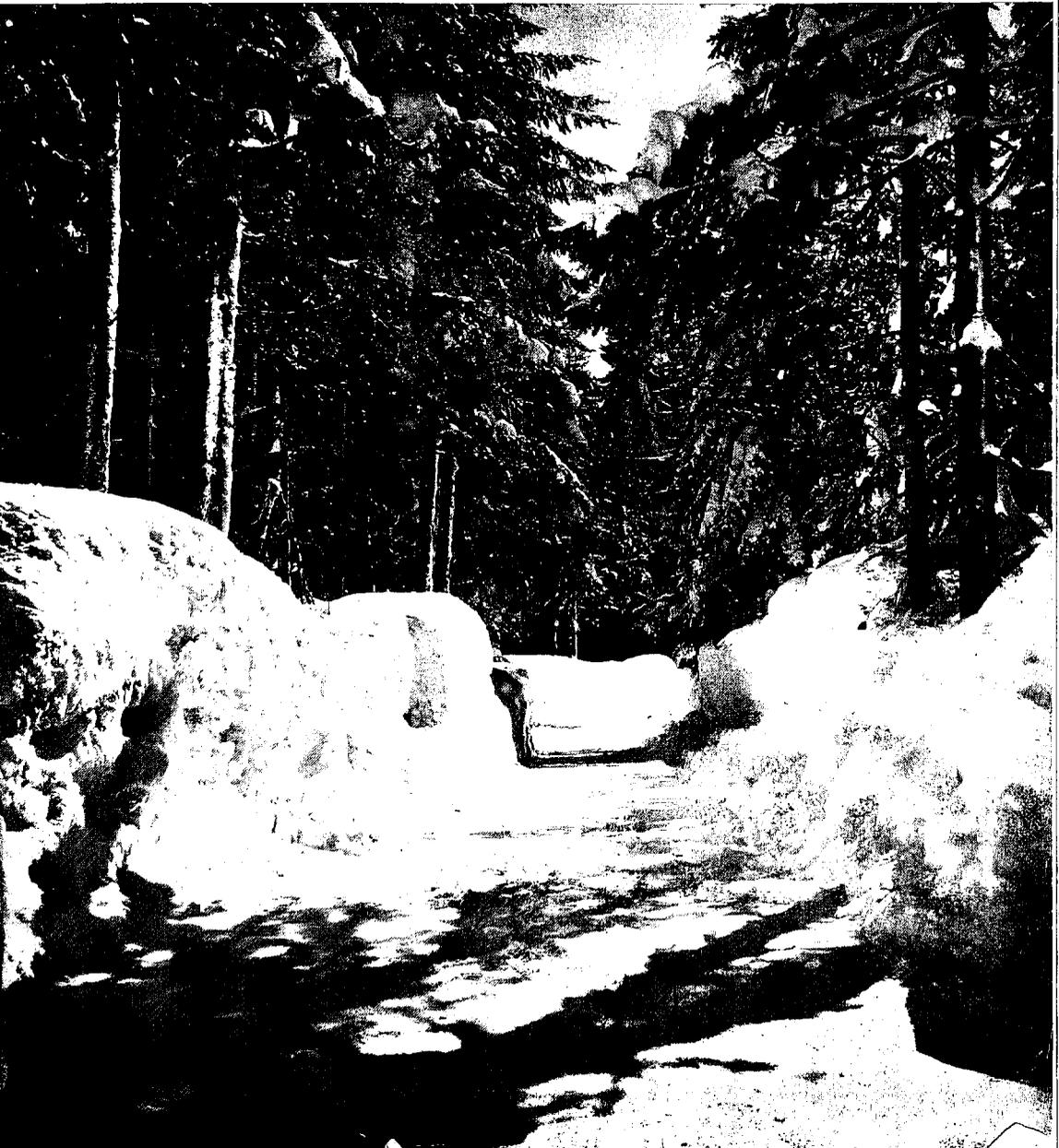


The **BULLETIN** *of the*
PIERCE COUNTY MEDICAL SOCIETY

VOL. XXIX—No. 5

TACOMA, WASH.

JANUARY - 1958



Pierce County Medical Society

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Happy Birthday January

- 1 GEORGE KUNZ
- 2 HILLIS GRIFFIN
- 3 BURTON BROWN
- RALPH HUFF
- 4 EDMUND KANAR
- 5 NORMAN MAGNUSSEN
- BERNARD OOTKIN
- PAUL SMITH
- 7 ROBERT FERGUSON
- GEORGE HESS
- GEORGE RACE
- 9 CARLISLE DIETRICH
- 10 WILLIAM BURROWS
- D. MARLATT
- 12 WILLIAM TODD
- 16 ROBERT GIBSON
- LEO SULKOSKEY
- 18 R. A. NORTON
- JAMES WARD
- 19 THEODORE APA
- DON CUMMINGS
- 26 RAYMOND ELLIS
- 27 JOHN HAVLINA

NOTICE

Check back page of Bulletin for calendar of special meetings

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- gastrointestinal infections
- genitourinary infections
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TUESDAY, JANUARY 14
8:15 P.M.

MEDICAL ARTS BUILDING AUDITORIUM

“AVIATION PATHOLOGY”

CHARLES P. LARSON, M.D.

President, College of American Pathologists

Consultant in Pathology to Armed Forces Institute, Washington, D.C.

Assistant Clinical Professor of Pathology,
University of Washington School of Medicine

* * *

A no-host social hour and dinner will precede the meeting

Social Hour: 6:00

Dinner: 6:45

Place: Honan's Restaurant

(across St. Helens Ave. from the Medical Arts Bldg.)

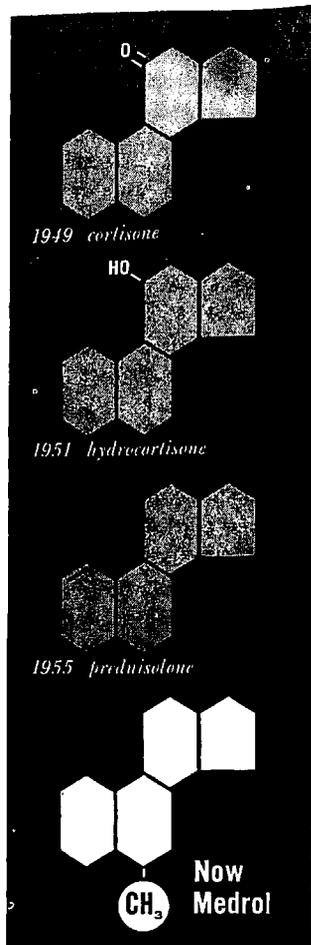
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EDITORIALLY SPEAKING

TISSUE COMMITTEES

Considerable misunderstanding still exists among local physicians as to the functions of the Tissue Committee.

Basically, the medical staff is responsible for establishing and maintaining professional standards. This is accomplished through five committees as required by the joint commission on accreditation of hospitals. The Tissue Committee is responsible for evaluating the need for surgery. This is its sole function; it takes no censoring or disciplinary action. As a fact-finding body, it reports to the appropriate committee.

The need for surgery, quite obviously is a clinical decision and, as such, a complete history, physical examination and pertinent laboratory data are required to make the decision.

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- Pathologic Physiology, Sodeman.
- Developmental Anatomy, Arey.
- Clinical Diagnosis by Laboratory Examination, Kolmer.
- The Cytologic Diagnosis of Cancer, Vincent Memorial Laboratory.
- Current Concepts in Digitalis Therapy, Lown & Levine.
- Fundamentals of Otolaryngology, Bois.
- Fractures in Children, Blount.
- Diagnostic Tests for Infants and Children, Behrendt.
- AAP Hospital Care of Newborn Infants, Am. Acad. of Ped.
- Pediatric X-Ray Diagnosis, Caffey.
- Asphyxia Neonatorum, Windle.
- Intercranial Tumors of Infancy and Childhood, Bailey and others.
- Electrocardiographic Studies in Normal Infants and Children, Ziegler.

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1957-58

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City Council	Mrs. William Goering
Health Council	Mrs. Merrill Wicks
Fashion Show	Mrs. Robert Florence
Dance	Mrs. Horace Anderson
Christmas Party	Mrs. Howard Pratt, Mrs. Robert Osborne

The January meeting will be a luncheon at the home of Mrs. W. A. Niethammer, on Friday the 17th, at 12:30. Mr. Walter West of the Better Business Bureau will speak to our group on business trends and prospects of prosperity in Tacoma.

The Board will meet before the luncheon at 11:00.

Party Lines

Everyone who attended enjoyed the children's Christmas Party at Jackson Hall on December 14th, and the orphans at Saint Anne's gained a new jungle gym for their playground as a result of this party. Our thanks go to Jean Eylander, chairman of this event, and to Ev Osborne, who planned the entertainment, for an especially nice afternoon.

Doctor and Mrs. Robert Ferguson entertained on November 30th in their attractive new home on North Adams, which they designed and built with a family of three chil-

dren in mind, but which will gracefully accommodate the fourth, and more.

On the afternoon of December 11th, the downstairs study at the Murphy home rivaled Arctic's showroom, with an overwhelming array of mink. The occasion was Ruth Murphy's open house heralding the holiday season, when well over a hundred smartly dressed women stopped by for yuletide refreshments. The punch table, centered by a beautiful feathered arrangement, was laden with traditional French and Scandinavian sweets of the season, providing a delightful interlude during that week of holiday preparations.

The party with the poorest prognosis proved to be the best of all. It was the annual formal dinner-dance for members of the Academy of Internal Medicine and their wives December 17th. Plans didn't get off the ground until too late to arrange anything but a Tuesday evening for this traditionally gala affair, but when guests assembled at the home of Doctor and Mrs. Rodger Dille for cocktails, the potential gosling flowered into Cinderella's Ball, thanks to the ingenuity of a gracious and determined hostess, and thanks too to dance chairman Doctor Max Thomas. The tenderloin dinner and danceable music in Wellman's beautifully decorated party room made this a party to remember, and so did the memorable floor show, which had to be seen to be believed. Dancing on into Wednesday, Internists and their wives felt assured once again that they were more fun than anybody.

Our favorite invitations were the cards sent out by Doctor and Mrs. Ernest Banfield and Doctor and Mrs. Stanley Durkin for open house at their offices on December 20th. Santa mixing punch in the lab intrigued over six hundred who accepted the hospitality of this popular foursome. Their offices, an ideal setting for a party, gaily bore the festive touch of poinsettias growing in flower beds in the waiting room. Some of us hadn't seen this handsome garden room before, and one guest was so impressed she asked who was the artichoke who had designed it. The beautiful plantings were planned and are cared for by Doctor Banfield himself. The size and circular plan of these offices accommodated the large party easily, and refreshments were generously dispensed in the surgery.

Christmas day Doctor and Mrs. Clyde Gray entertained at a family party, which included such prominent guests as the Mayor of Zillah,

(Continued on Page 13)

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*(Continued from Page 11)**More Yet*

their son Willard. On the 15th of January, Clyde and Florence Gray will sail from San Francisco on the S.S. Matsonia, for a leisurely two months in the Hawaiian Islands. They plan to tour the outer islands, with plenty of fishing on the Kona Coast, and will visit friends in Honolulu and Hilo.

Her many friends in the Auxiliary are happy to learn that Jeannie Schwind is feeling so much better after her serious surgery in November and her bout with the flu following that. Jeannie and Fred Schwind and their children were Christmas Day guests at the Robert Florence home, as were the Del Lambings from Gig Harbor.

The day after Christmas Doctor and Mrs. Merrill Wicks took their children up the mountain for their first experience in skiing, lodged at Copper Creek for three days. The Durkins and Haleys also took advantage of the holiday to pack their children off to Packwood for skiing the remainder of the week. Doctor and Mrs. Frank Rigos and their family of skiers were at their cabin near the Rainier Park entrance several days during the holidays.

Midway between Christmas and New Years, Doctor and Mrs. Horace Anderson and Doctor and Mrs. George Kunz entertained a large group at the Anderson's home, when friends and neighbors gathered around the holiday punch bowl.

Doctor and Mrs. James Vadheim satisfied the curiosity of their many friends who have been awaiting the outcome of that complicated re-decorating, by hosting an egg nog party the evening of the 28th. Needless to say the outcome is a very beautiful home, reflecting Jeanne's exquisite taste in every detail.

Doctor and Mrs. Herman Judd held open house on the 29th to compliment their many friends and to introduce Jeanne's parents, who are visiting here from Omaha. Jeanne used pink candles and boughs of cedar and Oregon grape for the very lovely decorations.

Doctor and Mrs. John Bonica hosted a New Year's Eve party that has become a tradition with one group of Doctors and their wives here. The Robert Florences, James Vadheims, Thomas Smealls, Howard Pratts, Horace Andersons, Fay Naces, Louis Hoyers, Fred Schwinds, John Flynnns, and George Kunzs met to ring in the New Year at the Bonica home, the party having been first held at the home of Doctor and Mrs. George Kunz six years ago. This year the midnight supper was an international smorgasbord, with each of the wives contributing her favorite foreign recipe for the board.

Don't put his tux away yet . . . there's one party to come, and you are the guests of honor. It's the Big Dance for all members of the Medical Society and their wives, in other years given by the Medical Society strictly for fun, but this year the Auxiliary will sponsor it, and proceeds will benefit our worthy projects. The planners are planning a wonderful party, and it being a charity affair will make the tickets deductible, which along about February will seem to be a very good idea too. The date is Washington's Birthday, at the Top of the Ocean.

Apologies to Dr. Haskel Maier

Haskel Maier authored the very interesting article on the course in Aviation Medicine which appeared in the December Bulletin. Due to an unfortunate oversight (or a blind proof-reader), the credit line was omitted. We are sincerely grateful for contributions such as this—they not only help keep us informed, but also make the Bulletin interesting. So, belatedly, and with apologies, we hereby give credit where credit is due.

—The Editor

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HOSPITALS . . .

St. Joseph's

The annual employees' Christmas party was held December 19th in the cafeteria from 12:30 p.m. until 5:30 p.m.

A beautifully trimmed tree stood at the end of the room and a piano which was installed for the occasion provided music for the Christmas carols which were sung by numerous groups during the afternoon.

Carollers from Stadium High were making their tour of the hospital about 2:30 p.m. and entertained all present with their singing.

Drawings for prizes took place at 3, 4 and 5 p.m. First prize of \$25.00 was won by Mary Bruce from the Dietary Department. Mrs. L. Hagbo, R.N. at 2nd center won the turkey. Miss Anne Rutledge, student nurse won the fruit cake. A most enjoyable time was had by all while everyone partook of the delicious sandwiches, salads, fruit cake, coffee, etc., which were supplied in abundance.

Our sincere congratulations to Mrs. Miller, R.N., and Mrs. Pastrano, R.N., who were blessed with two pretty girls. The little ones haven't decided whether or not they will follow in their mother's footsteps.

Mrs. Spearman is organizing an international collection of automobiles. If you want to see the display stop at 1300 Pacific Ave. Miss Patricia Mitchell, niece of one of our faithful employees (Mary Mitchell) was queen of the recent auto show at Fort Lewis. She looked beautiful in her regal robes.

Mrs. Barbara Patnode, R.N., one of our nurses of Delivery Room, is also a part-time cement worker. Her new hobby cost her another bout with her asthma and two days in the hospital.

We had a surprise birthday party for Primo Jimenez. It really was a surprise as Primo never would tell us his birthday. He says he was very small when he was born so can't remember. No one could be more deserving so in November we decided it was time to do something about it. Primo couldn't believe it was his party until we presented him with a lovely gift and a card signed by the gang.

Primo started to work for St. Joseph's Hospital in 1924 and all may be justly proud of the excellent job he has done. His efficiency, cooperation and dependability through the years that has made all this possible. Hats off to Primo.

The Medical Record Department is happy to report that Mrs. Arness is doing well after her operation Dec. 3rd, and has returned home.

We are sorry to have Margie O'Connor leave us after her faithful service for many years in different departments, but we wish her much luck and happiness.

Welcome back, Carol Friel one of our old employees. Old faithful, Ruth Delle is always on the job.

The Medical Library looks very nice since we had a new paint job, chairs and tables refinished, and when the table is covered with a glass top it will really look fancy.

A pink and blue party was given for Mrs. Pollard and Mrs. Majores last week. Both girls are infanticipating. Mrs. Pollard has a long wait and can be seen in the department occasionally relieving.

We're sorry to see our present group of Senior nurses leave us. They will begin the new quarter at American Lake Veteran's Hospital. Good luck, girls on your new affiliation.

Our heartfelt thanks to all the Doctors who participated in any way in the lecture series in Pediatrics this past quarter. The new quarter will begin in December and we sincerely hope to see each one of you again.

Birthdays were celebrated by Mrs. Leo and Mrs. Rehwinkel this month. We are all sure that Mrs. Rehwinkel was surprised since her birthday really is in June and we missed it when it occurred.

We welcome back, Mrs. Dunn from her week's vacation—we surely did miss you. My it is hard to keep people busy—and indeed a full time job.

Well anyhow we're back again to: Needles flying, hammers tapping. Santa's helpers, you may ask? Habits mending, health returning while thoughts are on a new found task. Yes, more goes on in this department than meets the eye. Health's improved quite on the sly.

One of our new X-ray students left for the deep south to take the final step on the 20th of December. Eileen Finn became Mrs. David Lee Zaichkin.

Another absence from our department is Dr. Henry Maki. Dr. Maki will make his new home in Milwaukee, Wis. We will miss him around the X-ray Department.

Best wishes to all for a very Happy and Blessed New Year from all the Sisters and employees at St. Joseph Hospital.

(Continued on Page 17)

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(Continued from Page 15)

Pierce County

The halls of Pierce County Hospital took on a gala appearance in December. The Christmas tree centered the main entrance hall, swags and holly wreaths hung on the doors and windows while the bulletin boards of various departments were heavy with personal greeting cards. Each department had its own small Christmas tree and many of the departments had individual festive celebrations. All however, looked forward to the Hospital party held at the Sportsman's Chateau on December 21, when dinner, dancing and entertainment were enjoyed from 8 p.m. until 1 a.m.

Carol Karwoski, Chief Technologist, with husband, Frank and baby, Cindy, spent a Merry Christmas in their attractive, new rambler type home at Fircrest.

Donna and Hilbert Martens journeyed to Greenwood, Wisconsin to spend Christmas with their parents. Donna is a Pierce County Hospital Laboratory technologist. Hilbert is on duty at Fort Lewis.

Social Service held a gay holiday dinner at Honan's on December 14. Twelve members attended, and, as is the usual custom of the department, there was an exchange of gifts following dinner.

Numerous family Christmas dinners were given by members of the hospital personnel, among which are the following:

Mr. and Mrs. Clayton Kasse (Signe Kasse, Social Service) had dinner with the Lee Tylers of Edmonds and other members of the family.

Irma Hough, Emergency Room nurse, was hostess to 16 members of her family at a Smorgasbord Dinner in her home at Auburn.

Mary Wilson and Alexa Bury, Record Room, entertained a group of family and friends at Mary Wilson's home on Christmas Day.

Janice Turner Hopkins and husband had Christmas Eve dinner at their new home for their parents and several other relatives.

Another noteworthy party was the dinner given by Mrs. W. E. Webster (3rd floor nurse) and her three sisters, Mrs. Gillam, Mrs. Gingrich, and Miss P. Johnson, at the home of their parents, both of whom are 94 years of age. The party included the husbands of the sisters and a nephew, Harold Gillam, who is on leave from his army duties in California.

June Passafiero, Central Supply, and her husband, Sam, have moved into their new, attractive home at 2135 Tacoma Road, Puyallup.

Their Christmas was the gayer since Sam is recovering satisfactorily from his recent automobile accident.

Marie Hill, second floor nurse, has been hospitalized at Northern Pacific Hospital for an indefinite time.

Irene Dawn, Dietary Department, is recovering at Tacoma General Hospital from recent surgery and is now able to see friends.

Doris Boyle, Physical Therapy, has returned from a delightful vacation with her parents, Mr. and Mrs. Cecil Boyle, of Sunnyvale, California. Part of the time was spent at Santa Cruz, Monterey, Carmel, and San Francisco.

Mrs. Nelle Satter, Head Housekeeper, attended the business meeting following by a Christmas party held by the Puget Sound Chapter of the National Hospital Housekeeper's Association on December 13 at the Eklind Hall, Swedish Hospital in Seattle. Each member brought a gift suitable for a young girl at the Florence Crittendon Home.

Those on the housekeeping sick list this month are Celestia Flam, Cecil Ballaris and Bessie Matern. It is hoped that they will be recovered so that they may attend the Housekeeping Department's annual Christmas party and gift exchange to be held in the employee's dining room on December 17.

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Conference for County Society Officers To Be Held Jan. 25

Featuring eminent guest speakers and subject material of vital concern to the medical profession, the second biennial Conference for County Medical Society Officers and Public Relations Chairmen will be held in Seattle, Saturday, January 25, under sponsorship of the Washington State Medical Association.

President Milo T. Harris, of Spokane, announced that principal speakers will be Raymond M. McKeown of Coos Bay, Oregon, a member of the American Medical Association Board of Trustees; Dr. Geo. M. Fister, Ogden, Utah, Chairman of the A.M.A. Committee on Legislation and a member of A.M.A. Board of Trustees, and Mr. Warren Whyte of Chicago, executive secretary of the A.M.A. Committee on Legislation.

Dr. Fister and Mr. Whyte will discuss national legislation, with particular reference to H.R. 9467, the Forand bill, which is now before Congress and is one of the most dangerous pieces of medical legislation since the infamous Wagner-Murray-Dingell bills of 1941-51. The bill proposes that the federal government, by expanding the social security system, pay the cost of hospital, nursing home and surgical service for persons eligible for social security benefits.

Dr. McKeown will be featured as luncheon speaker. His topic will be: "The Challenge to Prepaid Medicine."

Other subjects on the program will be state legislation, press-radio-television relationships, and the Medical Defense Fund. Time will be provided for questions and discussion throughout the program. In addition, a forum will be conducted for the discussion of problems relating to county medical society activities and liaison with the State Medical Association.

The conference, to be held in the Olympic Hotel, is for county medical society presidents, presidents-elect, secretaries, public relations chairmen and executive secretaries. It is being planned by the W.S.M.A. Public Relations Committee, under the chairmanship of E. Harold Laws of Seattle.

The first such conference was held in January, 1956, and those attending rated it highly successful in improving liaison between the county societies and the State Association, promoting better public relations and as a forum for the exchange of ideas.

American Academy of General Practice Sets March

Meeting Date In Dallas, Texas

KANSAS CITY, MO. — The American Academy of General Practice Tenth Annual Scientific Assembly will give more than 8,000 family doctors, residents, interns and guests an opportunity to hear 35 medical experts discuss subjects ranging from teen-age problems to old-age problems and from heart disease and ulcers to eye ailments, fractures and the hypnotized patient. The four-day Assembly opens March 24 in the new Dallas Memorial Auditorium.

More than 90 scientific and 300 technical exhibits will supplement the scientific lecture program.

Special activities are planned for the Academy's tenth anniversary Assembly. Tuesday, March 25, will be Dallas Southern Clinical Society Day. The DSCS meeting, held each March in Dallas, has this year been combined with the AAGP Assembly.

The Academy's policy-making Congress of Delegates will convene at 2 p.m., Saturday, March 22. All sessions of the Congress and many social functions will be held in the Statler Hilton hotel.

Wednesday evening, March 26, following induction ceremonies for Academy President-elect Holland T. Jackson, Ft. Worth, Texas, more than 3,000 guests will attend a president's reception and dance honoring Dr. Malcolm E. Phelps, El Reno, Okla., president of the Academy.

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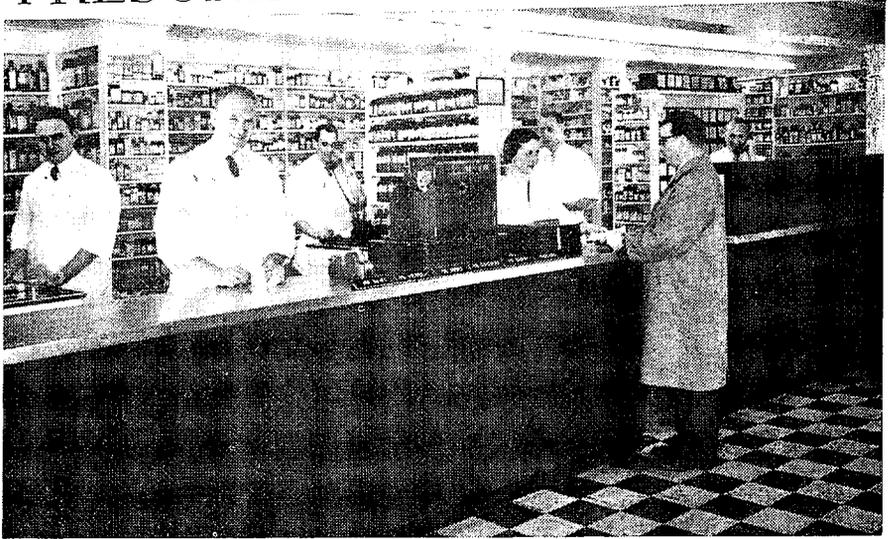
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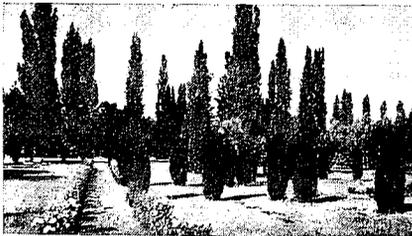
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National Polio Foundation Turns Dimes to Disciplines

For twenty years, the March of Dimes has asked the American people for help, and for twenty years the dimes have been marching back to American communities through progress in research, aid to professional education and service to patients.

In launching the 1958 March of Dimes, the National Foundation for Infantile Paralysis, for the first time, draws specific attention to the near \$29,000,000 that has been authorized for aid to professional education since 1938. This is in addition to its research and patient care programs.

Every profession recognizes that the greatest single bottleneck in providing service to patients — as well as extending research — is the lack of professional personnel to guide and direct the necessary activities. The National Foundation found early that *any* fight to control *any* disease would require a simultaneous program to add greater numbers of the types of fighters required to handle the disease involved. In the case of poliomyelitis, the kinds of professional personnel required were in constant demand by many kinds of patients: orthopedic, neurological, pediatric or other.

Because benefits to poliomyelitis research may be derived from unanticipated sources, and because poliomyelitis patients requiring rehabilitation may be found in any community, no recipient of a fellowship or scholarship has ever been required to *limit* his program or his subsequent employment to the problems of poliomyelitis alone. His very presence in the community is an asset and a safeguard.

Since 1940, the National Foundation, in addition to supporting research, has provided grants to universities to assist the expansion of teaching programs, and to agencies and associations to encourage improvement of educational standards and expansion of services. Concurrently, funds have been appropriated for fellowships and scholarships designed to add to the nation's total pool of professionally quali-

fied personnel. As of September 30, 1957, nearly 7,000 such awards had been made.

With the decline in paralytic polio through widespread use of Salk vaccine, the National Foundation anticipates the opportunity to support the rehabilitation of many polio patients who, because of the lack of knowledge of polio treatment at the time of their illnesses or because of the pressure of epidemics, were discharged to family care at the earliest possible date in order to direct financial aid and services to new, more needful patients.

January is March of Dimes month and much remains to be done. Contributions will aid further progress in research, aid to professional education and service to patients.

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Activity Recommended As Fatigue Treatment

Rest is not "a universal panacea" for fatigue, even among aging persons, a New York physician said today.

In many cases, activity is a better remedy, especially when the fatigue results from "atrophy of disuse," Dr. Theodore G. Klumpp, president of Winthrop Laboratories, Inc., said.

In the absence of specific disease as a cause of fatigue, it arises in older persons from the normal physiological processes of aging which reduce the body's endurance; from the loss of incentive, motivation, and interest; from a decline of glandular activity, and from "atrophy of disuse."

Fatigue is "a normal incident of normal living," but when its pattern changes radically or it interferes with ordinary activities, it becomes a serious problem and needs medical attention, Dr. Klumpp said in the (October 5) Journal of the American Medical Association. His article is one of a series on aging.

"For a long time, the approach to the problem of fatigue was thought to be simple. A brief history of the patient's mode of life was obtained with one objective in mind—to cut out something.

"It made little difference how little the individual was doing—if the patient was tired, something had to go . . . if the patient did nothing more than sit in a rocking chair all day long, he was no doubt advised to stop rocking and go lie down," he said.

Now physicians know better. Following the surgeons' practice of getting patients up soon after surgery, they now prescribe physical activity.

The pattern of American life is specifically designed to avoid physical activity and stress—to the point where physical exertion is virtually eliminated, the author said. Young people are able to keep in relatively good physical condition through sports and play, but, as they grow older, they tend to give up these things. With the help of "labor-saving devices, now including electric golfmobiles," they begin to suffer rapidly and too early in life from atrophy of disuse.

This brings with it a loss of muscular tone and functional reserve of all parts of the body, so that the slightest added stress causes undue fatigue. Maintaining an adequate physical reserve against stress is the best preventive for such fatigue.

Fortunately some degree of fitness can be regained through a program of graded exercise at any time, except where its loss is due to advanced organic disease. The exercise should be fun for the patient and should not be drudgery. Along with the exercise, the aging patient also needs an adequate amount of sleep at night and if necessary a short nap at midday.

Undue fatigue occurs more commonly among overweight persons. In addition to the obvious diet, the doctor should prescribe some type of exercise, despite the traditional "hearsay to the contrary," Dr. Klumpp said. Its greatest value lies in its stimulating effect on endocrine gland activity and in overcoming the tendency "to sleep and snooze too much — a common counterpart of obesity."

Dr. Klumpp also noted that much fatigue in aged persons occurs because they lose their incentive and interest in life. Then the doctor must help the patient find a "new and absorbing interest."

—Mahoning Co. Med. Soc.

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Soybean Milk—The Borden Co. Research aided by a grant from the Prescription Products Department of The Borden Company indicates that soybean milk may be more effective than milk itself in the treatment of certain disorders of the upper gastro-intestinal tract.

The research was carried out by Dr. Kent L. Osmon, Donald C. Balfour, Jr., and George K. Wharton, all of Los Angeles.

The three doctors tested milk, eggs, fish, meat, chicken, Mull-Soy, a soybean milk produced by the Borden Company, on seven male medical students. The group of students had been screened to eliminate those with digestive disorders.

They found that the soybean milk neutralized stomach acids for a longer period than any of the other substances used in the experiment.

Although they found that each of the substances had some "gastric buffering or neutralizing capacity" in the stomach, the doctors reported that "the soybean preparation . . . was shown to be the most effective in controlling stomach acidity."

Titled "The Effect of Common Dietary Proteins on Gastric Secretion", the report is published in the October, 1957 issue of the "American Journal of Gastroenterology."

The anticholinergic Pediatric Piptal (Lakeside Laboratories) is a "safe, highly effective, and well tolerated medication" for the treatment of colic and related gastrointestinal disorders in early infancy, it has been reported by a group of Chicago pediatricians.

Drs. Morton B. Andelman, Lester A. Nathan, Lawrence Breslow, and Harold Gerber, writing in *Clinical Medicine* (4:85, 1957), drew these conclusions after observing 123 private practice cases in which Pediatric Piptal was administered.

All infants were given 0.5 cc of the medicine orally by dropper 15 minutes before each feeding on a true demand-feeding schedule. In extreme cases the dosage was increased to 1.0 cc.

Of the 94 children suffering from colic alone, 85 (92.6%) showed good to excellent response under the medication. These infants needed fewer feedings, continued to gain weight, and obtained relief from painful paroxysms with less crying. All other cases improved slightly.

In 29 cases in which "spitting" and vomiting, or vomiting alone, was involved there was an immediate cessation of these digestive disturbances in 18 (62.1%) of the infants. Three cases improved while the remaining eight cases showed no response. Relief usually came within 24 to 48 hours and in every case within four days.

In the three to six months period of Pediatric Piptal therapy no harmful effects were noted. Six of the 123 infants exhibited constipation with tenesmus and in two instances flushing without fever developed.

On all these occasions reduction of the dosage eliminated these side effects and in no case was it necessary to withdraw the drug.

'V-Cillin' (Penicillin V, Lilly) A new and easy way to give 'V-Cillin' (Penicillin V, Lilly) to young patients is provided by 'V-Cillin' Drops, introduced October 18 by Eli Lilly and Company. Concentrated for more convenient use with infants a full dose of the oral penicillin is administered in only one dropperful.

The antibiotic effectiveness of 'V-Cillin' is unsurpassed for eradicating many common infections. Its bacterial action is particularly preferred in pediatric patients.

'V-Cillin' Drops promptly produce high penicillin blood levels (much higher than comparable oral doses of penicillin G). They can be given in place of injectable penicillin to treat mild to moderately severe infections and be used to supplement injectable penicillin in treating severe infections.

A safe plastic dropper which will not chip or break accompanies each bottle. Designed so that the mother or nurse can easily measure the correct dose, the dropper is calibrated at the mark to deliver 125 mg. of 'V-Cillin' (200,000 units). The small volume of the dose makes it easy for babies to swallow and prevents any spilling from the dropper.

'V-Cillin' Drops are supplied in bottles of 1.5 Gm., containing twelve doses (three days' therapy). The recommended dosage of 125 mg. every six hours may be administered without regard to mealtimes, and the product's delicious cherry-raspberry flavor assures patient acceptance.

Wigraine Rectal Suppositories—Organon. Organon Inc., of Orange, N.J., has just introduced Wigraine® Rectal Suppositories, for the complete treatment of migraine and other vascular headaches.

Migraine causes more distress and debilitation than any other form of recurrent vascular headache. However, Wigraine Rectal Suppositories, like Wigrain Tablets, now provide an effective means of treating the complete migraine-vascular headache syndrome—head pain, nausea and vomiting, and residual occipital muscle pain. Vasoconstriction of the dilated cerebral arteries is effected by ergotamine tartrate (1.0 mg.) and caffeine (100 mg.), which act synergistically to reduce head pain. The levorotatory belladonna alkaloids (0.1 mg.—87.5% hyoscyamine and 12.5% atropine as sulfates) rapidly return the gastrointestinal tract

to its normal tone, thus affording relief of nausea and vomiting. The residual pain caused by sustained contractions of the skeletal musculature of the occipital region is promptly alleviated by acetophenetidin (130.0 mg.).

Wigraine Rectal Suppositories are indicated for the prompt relief of migraine and vascular headache, and are especially useful for the patient with severe nausea and vomiting. A dose of 1 Wigraine Rectal Suppository should be taken at the first indication of the migraine attack, followed by one suppository every 20-30 minutes until the attack is fully controlled. No more than 6 Wigraine Rectal Suppositories should be taken per attack. Total dosage of Wigraine Rectal Suppositories during a period of one week should not exceed 12 suppositories.

Wigraine Rectal Suppositories are packaged in boxes of 12.

Adenovirus Vaccine—Parke-Davis. Parke-Davis recently announced it has been granted a U.S. government license to market a vaccine designed to immunize against certain virus infections of the nose, throat, and eyes.

A company spokesman said the new Adenovirus Vaccine has been approved by the National Institute of Health in Washington, D.C. He said production will begin immediately and that the vaccine will be available commercially "very shortly."

The Parke-Davis Adenovirus Vaccine is designed to immunize against a number of virus-caused illnesses which are among the common respiratory illnesses known to man. However, the company spokesman said the new vaccine could not be termed "a preventive for the common cold."

He said the vaccine is prepared from three types of adenoviruses (sero-types 3, 4, and 7) which "have been identified with certain acute respiratory and conjunctival infections." These viruses have also been known as adenoidal-pharyngeal-conjunctival viruses.

New families of antibiotics, announced by Pfizer scientists. Two new families of antibiotics, plus new chemical forms of previously-discovered germ-killers, were reported recently before the annual Antibiotics Symposium.

The discoveries were made in the research laboratories of Chas. Pfizer & Co., Inc., world's largest producer of antibiotics.

A closely related group of six new antibiotics, named the quinocycline complex, was reported by Dr. W. D. Celmer and associates. All six were derived from the same fermentation source and were separated as distinct crystalline compounds. A novel chemical interrelationship of the six antibiotics was explained by the researchers.

Extensive test-tube and animal studies con-

ducted by Dr. Tom J. McBride and Dr. Arthur R. English revealed that the quinocyclines are active against many bacteria in the class called gram positive, and are particularly deadly against the tuberculosis germ, even those TB organisms resistant to streptomycin, isoniazid and other drugs. It was found, however, that all six antibiotics in the quinocycline complex are limited in their action due to toxicity.

A number of chemical forms of the antibiotic oleandomycin (Matromycin) were also described by Dr. Celmer and associates at the meeting. Oleandomycin, which was made available to physicians earlier this year, has a range of activity resembling that of penicillin, and has proven especially useful against microorganisms which have become resistant to older antibiotics. One of the new chemical forms, triacetyloleandomycin, appears to be especially promising, Dr. Celmer noted. In preliminary clinical tests, triacetyloleandomycin appeared in both the blood and the urine of test subjects in unusually high concentrations. High blood levels of antibiotic are generally regarded as indexes to its usefulness in therapy.

Three new antibiotics active against fungi were described by Dr. B. K. Koe and associates, in another paper read at the meeting. The new anti-fungal agents, thus far known only as PA 150, PA 153, PA 166, belong to a chemical family known as polyenes. Most of the relatively few anti-fungal antibiotics now available are of this chemical type. The anti-fungal activity of the three new compounds was described in a paper by Dr. Arthur R. English and Dr. Tom J. McBride.

Pathibamate. On the first of June, Lederle Laboratories announced a new prescription product called Pathibamate. Now, five months later, its use in everyday practice confirms the results of our early investigations. I hope the following facts will serve to highlight the product and its rationale.

Pathibamate tranquilizer-anticholinergic tablets combine 400 mg. of meprobamate and 25 mg. of tridihexethyl iodide. The product has been recommended for the certain treatment of certain dysfunctions of the gastrointestinal tract, such as duodenal or gastric ulcer, intestinal colic, spastic and irritable colon, ileitis, esophageal spasm, gastric hypermotility, and anxiety neurosis with G. I. symptoms.

Although there is some reservation among members of the medical profession with regard to the use of drugs in combination, an examination of the origin and perpetuation of G. I. disorders might point up the rationale behind the drug's development.

In addition to his organic complaint or ill-

(Continued on Page 27)

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(Continued from Page 25)

ness, the patient often shows a clinically significant emotional overlay of anxiety, tension, and mental stress. Quite frequently, these symptoms are regarded as causative agents of G. I. distress; or, conversely the presenting illness might be a causative agent of the anxiety syndrome. Which ever the case, the emotional overlay is often present, can markedly contribute to the course of the illness, and should be controlled, if possible. It is here that rationale treatment seems strongly to point to the use of two chemotherapeutic agents in combination.

In management of the mental factors, the tranquilizing effect and excellent toleration of meprobamate seem to be advantageous when compared to phenobarbital, which sometimes has certain undesirable side effects. Likewise, in the management of G. I. distress, the anticholinergic agent Pathilion, has been shown to be a competent drug with a relatively low order of toxicity.

If you would like additional information, Pathibamate literature is available on request.

"Meti-Derm" ointment used in infected dermatosis. "Meti-Derm," prednisolone-neomycin ointment, is a valuable therapeutic weapon in the treatment of primarily and secondarily infected dermatosis, according to a paper published in the Italian journal "Dermatologia," (8:No. 4, 1957).

The author, Dr. L. Bruni, reported on 32 cases in which "Meti-Derm" was applied topically. The preparation was applied once or twice a day, depending on the gravity and acuteness of the form. No other therapy was used during treatment with the ointment.

"A noteworthy result was the prompt remission observed, particularly with regard to the subjective symptoms: the puritis in particular was found to be rapidly alleviated after a single application, and the sensation of burning and tautness present in the cases of dermatitis marked by considerable exudation gradually began to disappear after only 2-3 applications,

together with a remission of the exudative manifestations themselves," wrote Dr. Bruni.

"An over-all analysis of our case histories would, it seems to us, indicate that the results achieved can be definitely regarded as encouraging. These results are primarily due to the preparation's well-known ability to inhibit (the spreading factor), its moderating action on capillary permeability and its inhibitory effect on postinflammatory vasal neoproliferation. Neomycin was found to bring about local conditions more favorable to an early remission of the more prominent symptoms."

Tetracycline, Novobiocin combined by Upjohn in new preparation for mixed infections. A new antibiotic preparation combining the antibacterial activity of tetracycline and novobiocin has been announced by The Upjohn Company. The antibiotic combination is effective in the treatment of pneumonia, and in urinary, gastrointestinal and pus-forming infections.

Known as Panalba, the new compound combines Panmycin Phosphate (tetracycline phosphate complex, Upjohn) and Albamycin (novobiocin sodium, Upjohn). Panalba is primarily indicated in mixed infections where the invading organisms are more susceptible to the combination than to either antibiotic alone.

Clinical studies have indicated that Panmycin Phosphate produces higher initial blood levels of tetracycline than does the hydrochloride form. Albamycin has proven particularly effective against organisms resistant to other commonly used antibiotics. It also exhibits extremely rapid absorption and high serum concentrations.

Each capsule of Panalba contains tetracycline phosphate complex equivalent to 250 mg. of tetracycline hydrochloride and 125 mg. of novobiocin sodium.

Recommended dosage of Panalba is 1 or 2 capsules three or four times daily, depending on the type and severity of the infection. Panalba is available in bottles of 16 and 100 capsules.

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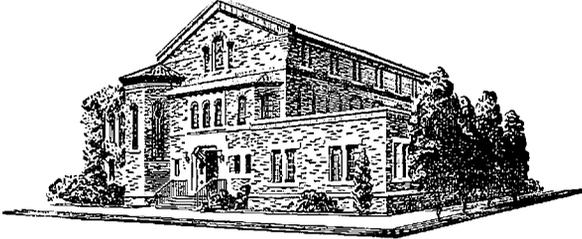
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INSTRUMENTS

"Five New York Doctors"

By JOHN W. WILLIAMS, M.D.

(Everytime we hear the positive comments of these "Five New York Doctors" we wonder who they are. The M.D. from Oklahoma has spelled it out.)

What constitutes good advertising and what makes bad advertising is apparently a matter of opinion. I have in my possession a letter which causes me great concern. I believe it illustrates something that is detrimental to the best interests of the people. It is directly related to the Medical and its allied professions. It could be stopped too.

All of us at one time or another have seen or heard "doctors" quoted in all advertising media. The use of the "hawkers" in the white jacket with a stethoscope around his neck is a direct implication that he is a member of one of the healing arts. And by this implication an indirect endorsement is given the product by the Medical profession.

Statements False and Misleading

The use of the terms "miracle ingredient" and other similar words in association with shop worn chemicals, which have been used by the medical profession for years, and more often than not discarded, is commonplace. The use of "Let me demonstrate" and other phrases is frequently false and misleading. Most of these demonstrations were taken from a child's chemistry set or something more simple. The real true interpretation is carefully avoided.

In order to illustrate this point, I wrote a letter to the Federal Communications Commission and requested the names and professional degrees of the "Five New York Doctors who have proved that you can break the laxative habit."

Surely, I thought, if this is on the level they would have no objection to giving me their names. For all we know these doctors may have been ministers or even English Professors. But on the other hand those white coats and other paraphernalia suggestive of Medical doctors would have certainly convinced the most wary that these men were "healers" of some kind. Now I want to make it clear that I am not low rating this particular product. I am merely questioning this as an ethical and completely honest practice.

I have a letter from Mr. F. W. Irish, Chief of the Division of Scientific Opinions of The Federal Trade Commission. According to this letter his office has made no investigation as

(Continued on Page 30)

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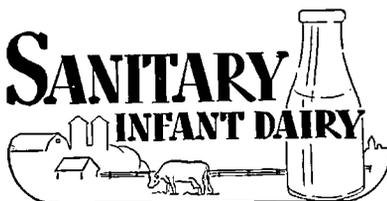


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(Continued from Page 29)

to whether these five doctors exist at all or not. Also his letter indicates that he is not quite sure which are the "Two leading Dental Schools which have proved that Dentyne Chewing Gum removes food particles that a tooth brush often misses."

Examples Picked at Random

This sort of thing, I believe, is unfair to the American people. It is also unfair to these products which must be good ones or else they wouldn't do so much business. This is not an indictment of the product or the company that makes them. There are hundreds of other examples I could have used. I picked these at random.

I believe the only way to present a true picture to the people is to require personal identification of all M.D.'s in advertisements.

If a member is ashamed to have his or her name mentioned publicly in connection with a product, then he must be ashamed of the action altogether. For this misdirected approach at selling to the public is not confined to the Medical Profession alone. To mention the other professions that are maligned, either intentionally

or unintentionally would require more space than I care to use.

If we assume that nothing can be done, then nothing will be done. Withholding the true facts about anything is the Blackest of all lies.

—Reprinted from the Bulletin of Enid, Okla.

Polio Reminder Cards Mark "Operation Cleanup"

Every practicing physician in the country has a chance to carry on his own public service campaign as the AMA polio inoculation campaign swings into "operation cleanup." To help doctors finish the job of inoculating the nation's under-40 population, AMA has offered quantities of two reminder cards free of charge for each physician to send to his patients.

Samples of the cards—one urging patients to start their inoculation series, the other reminding them to get their third shots—were mailed out along with a letter from AMA President David B. Allman, explaining the project. The cards are designed as a gentle word of advice from the patient's own doctor to take advantage of plentiful vaccine supplies and protect himself against polio.

When you use a progestational agent, consider what the Council on Drugs (formerly the Council on Pharmacy and Chemistry) says about

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Squibb Hydroxyprogesterone Caproate

potent... "appears to be more potent than an equivalent amount of progesterone"

longer-acting... "duration of its action is unquestionably longer"

preferable... "preferable to the parent drug in those conditions in which prolonged progestogen activity is desired"

safe... "in therapeutic doses, there are no definite contraindications to its use"

Vials of 2 and 10 cc. Each cc. provides 125 mg. of hydroxyprogesterone caproate.

J. A. M. A. 163:356 (Feb. 2) 1967.

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DELALUTIN® IS A SQUIBB TRADEMARK

New Booklet Contains Medicolegal Assistance

What can a physician do to protect himself against a possible malpractice claim if a patient comes to him with what appears to be a fractured limb, but refuses x-ray examination or otherwise disregards the doctor's advice?

Suggestions regarding such a medicolegal problem and others are contained in a booklet which has been distributed to county medical societies by the Washington State Medical Association.

Entitled "Medicolegal Forms with Legal Analysis," the booklet was prepared by the Law Department of the American Medical Associa-

tion. The booklet contains text material, case citations and sample medicolegal forms to help physicians prevent unjust malpractice claims in their office and hospital practices. It is not intended, however, to substitute for individual legal counsel.

The material and forms in the booklet deal with such subjects as consent to operations, the patient's right to privacy, confidential communications, artificial insemination, autopsy, and the physician-patient relationship. Physicians and their attorneys may adapt the various authorization and consent forms to their own needs.

Reference copies of the booklet are on file in the library of the Pierce County Medical Society.

Happy New Year

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MONTHLY MEETINGS

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the Month—8:15 p.m.

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept. and Dec.—7:15 a.m.
at Scotty's Cafe

PIERCE COUNTY PEDIATRIC SOCIETY

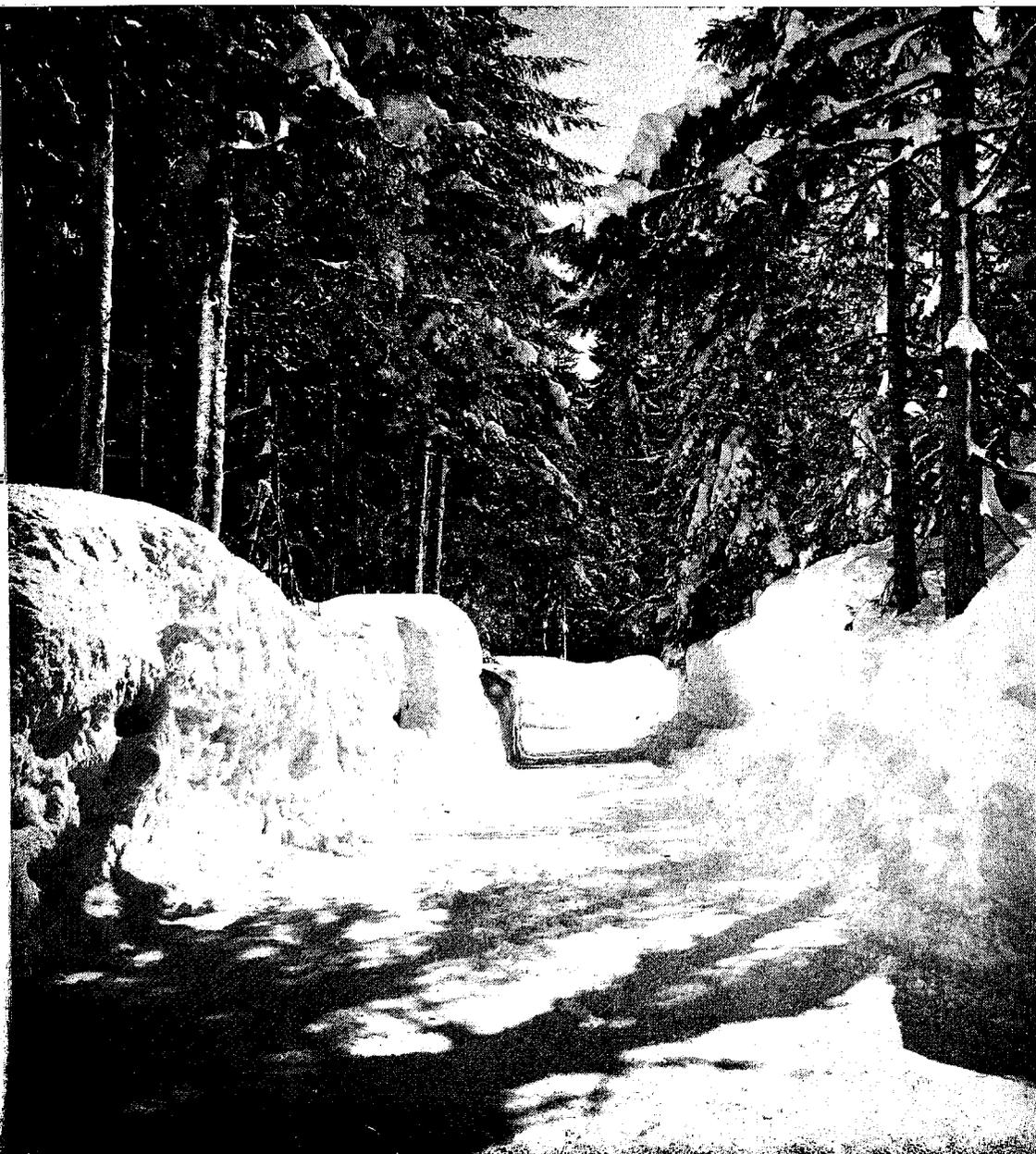
First Friday of Sept., Nov., Jan., March and May

The **BULLETIN** *of the*
PIERCE COUNTY MEDICAL SOCIETY

VOL. XXIX—No. 6

TACOMA, WASH.

FEBRUARY - 1958



Pierce County Medical Society

1958

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Happy Birthday

February

- 1 CHARLES B. ARNOLD
- 2 W. ROLAND OLSON
- 3 WILLIAM P. HAUSER
- 6 HERBERT C. KENNEDY
- ALFRED L. SCHULTZ
- DON G. WILLARD
- 14 FRANK L. WILLIAMS
- 15 PAUL E. BONDO
- THOMAS R. WEST
- 16 JOHN J. BONICA
- SCOTT S. JONES
- 20 GEORGE A. DELANEY
- 22 JOHN L. WHITAKER
- 23 PHILIP C. KYLE
- FRANK J. RIGOS
- 24 JAMES E. HAZELRIGG

NOTICE

Check back page of Bulletin for calendar of special meetings

Front Page Picture
 Courtesy
 Richards Studio



- debilitated
- elderly
- diabetics
- infants, especially prematures
- those on corticoids
- those who developed moniliasis on previous broad-spectrum therapy
- those on prolonged and/or high antibiotic dosage
- women—especially if pregnant or diabetic

the best broad-spectrum antibiotic to use is

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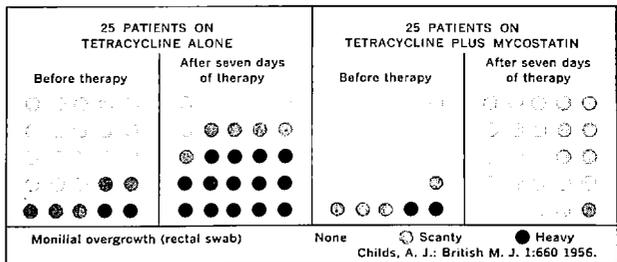
Capsules (250 mg./125,000 u.), bottles of 16 and 100. *Half-Strength Capsules* (125 mg./125,000 u.), bottles of 16 and 100. *Suspension* (125 mg./125,000 u.), 2 oz. bottles. *Pediatric Drops* (100 mg./100,000 u.), 10 cc. dropper bottles.

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PROGRAM
PIERCE COUNTY MEDICAL SOCIETY
TUESDAY, FEBRUARY 11
8:15 P.M.

MEDICAL ARTS BUILDING AUDITORIUM

**7:45—Movie: "TREATMENT OF CARCINOMA
OF THE BREAST"**

Discussion: DANIEL J. THOMAS, M.D.

MEETING --- 8:15

Case Report: ROBERT A. KALLSEN, M.D.

**"COMPARISON OF RADIOISOTOPES AND OTHER
DIAGNOSTIC TECHNIQUES IN THYROID DISORDERS."**

"PERINATAL MORTALITY"

PAUL G. PETERSON, M.D. and WALTER S. KEIFER, M.D. of Seattle

* * *

A no-host social hour and dinner will precede the meeting

Social Hour: 6:00

Dinner: 6:45

Place: Honan's Restaurant

(across St. Helens Ave. from the Medical Arts Bldg.)



Mr. J. M. Gilbertson, Vice-President & Trust Officer

Our Traveling Trust Officer visits the new West End Office for consultation

Here is sound advice for everyone. Too many men do not think seriously about what will happen to their wives and families after they are gone. The American husband in seven cases out of ten, passes to his reward before his wife.

The most important thing for a husband and wife to realize is that there will be less money for a woman as a widow than she had as a wife. It is urgent that a husband should make plans now. Every man should have a Will. It leaves more for the wife and family.

Regardless of how small your worldly possessions, you and your wife should each have a Will. See an attorney. It will cost you less than you think. Don't put it off.

There are many advantages to be gained by naming a bank as an executor. A bank's Trust Department is a trained business manager for your estate, backed by years of experience with financial responsibility. Importantly, it goes on forever.

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Every man should have a Will. See an attorney this week.

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EDITORIALLY SPEAKING

HEART MONTH

February is Heart Month. This is the time of year set aside to draw attention to the needs and accomplishments of our Heart Association.

Locally, there are several achievements. First, the Association is sending "Modern Concepts" (from the American Heart Association) to all local physicians for one year. This is a very worthwhile booklet obtainable by membership in the Heart Association (cost \$1 per year.)

Also, the Heart board has voted to support a worthwhile research project at the University of Washington. In the future, funds should be available to support local heart studies and research.

W. W. MATTSON, JR., M.D.

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Introducing



Dr. M. R. Stuen

Dr. M. R. Stuen is the newest member of the Medical Society, having transferred from Skagit County to become a staff physician at American Lake Veterans' Hospital. Dr. Stuen, who was clinical director of Northern State Hospital before moving here, was raised in Parkland and is a graduate of P.L.C.

After leaving Marquette University School of Medicine at Milwaukee in 1946, he planned a career in internal medicine. He completed 18 months of residency training at Ancker Hospital, St. Paul, Minn. (where he interned) and the V.A. Hospital in Portland.

Army service interrupted his plans from 1950 to 1952 during the Korean conflict; it was during this time that he was involuntarily assigned to psychiatric work at Fort Lawton, Seattle. He became so interested in that field that he later changed his specialty to psychiatry. In 1955 he did a residency in psychiatry at the Veterans' Hospital in Seattle, and received his board certificate in 1956.

Dr. Stuen and his wife, also a P.L.C. graduate, proudly claim a family of four—two boys and two girls—ranging from 2½ months to 9 years. Skiing is the family sport and they have recently enjoyed a wonderful vacation at Sun Valley.

Congratulations

Congratulations to S. K. & F. and the A.M.A. for a most educational TV program (March of Medicine) Thursday, Jan. 25.

—The Editor

REMEMBER THE DANCE . . . FEB. 22
also
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WOMAN'S AUXILIARY

To The Pierce County Medical Society

1957-58

Woman's Auxiliary Pierce County Medical Society Officers and Chairmen

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Tuberculosis	Mrs. Hillis Griffin
Mental Health	Mrs. John Havlina
Crippled Children and Adults	Mrs. Wendell Peterson
Infantile Paralysis	Mrs. Douglas Buttorff
Safety	Mrs. Galen Hoover
Rehabilitation Center	Mrs. Walter C. Cameron, Mrs. Phillip Backup
Public Health Nursing	Mrs. Charles Anderson
Community Council	Mrs. John F. Steele
City Council	Mrs. William Goering
Health Council	Mrs. Merrill Wicks
Fashion Show	Mrs. Robert Florence
Dance	Mrs. Horace Anderson
Christmas Party	Mrs. Howard Pratt, Mrs. Robert Osborne

The February meeting will be a tea on the 21st, at 1:30, at Jackson Hall, honoring the sponsors of the Nurse Recruitment Clubs. Hostesses will be the Auxiliary Board members, and Grace Hauser will be in charge of the arrangements. Bev Harrelson, Nurse Recruitment chairman, will explain the Future Nurses Club program and introduce the club sponsors. Of special interest will be the introduction of one of the recipients of our Nurses Scholarships.

January meeting brought out a big crowd for the very nice luncheon at the home of Mrs. Woodard Niethammer in Narrowmoor. Sunshine and a beautiful view were added attractions to the sparkling pink and white buffet, and the food was wonderful. Thanks, Donna Ferguson and committee; Lorna Burt, Helen Kittredge, Jane Davis, Margaret Smith, Marion Doherty, and Kathy Kohler.

Meeting after creole rice and pineapple soufflé, members were in a unanimous mood

and voted to purchase a film for Mental Health Week in April. Mental Health chairman, Delores Havlina, says the film will cost in the neighborhood of \$125, and will be selected by her committee; Florence Duerfeldt, Helen Kittredge, and Betty Mattson. After the initial showing, the film will be added to the collection at the Public Library.

Dorothy Grenley reported that seventy speakers have been listed with the Speakers' Bureau this year. This service has been used and is greatly appreciated by P-TA's and other organizations all over the county. In spite of the large number of engagements registered with the bureau, Dorothy reports that there are still some physicians who do not register each time they appear before a group. Dorothy is doing an excellent job and would appreciate closer cooperation on the part of the doctors.

Front and Center for the Center

One of the more advanced community services offered here, and one which is strictly a Tacoma product, is our Puget Sound Rehabilitation Center. The Center has been functioning successfully for almost a year now, and through it eighty-nine persons have been restored to active lives in the community.

Stellar roles were played by Edna Backup and Marge Cameron on the morning of January 16th, when the production "The Team Approach to Rehabilitation" was performed before an audience of the President's Council. The show is a demonstration of methods, taking some real cases through the channels of rehabilitation just as is done at the Center. Edna Backup, who is a licensed physician, played the part of consulting physician. Marge Cameron, who is finance chairman of the Center, introduced the panel.

Heart to Heart

Does your husband hold the romantic idea that, in case of his untimely demise, he will be lost at sea? The odds against such a departure are roughly 300,000 to one. It's much more likely that your husband will be a victim of heart disease. For physicians, heart disease is almost an occupational hazard.

Your Heart Association is doing its organized best to eliminate this problem for you. They're performing a veritable trackdown to find the causes of heart disease and to keep you informed of the results of current heart research. They're also providing needed services for heart patients all over the country.

(Continued on Page 13)

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GEIGY ARDSLEY, NEW YORK

(Continued from Page 11)

The Pierce County Heart Association is directed by a Board of Trustees, a group representative in every walk of life in the community. Perhaps the most vocal members of the Board are the physician members; Doctors Lawrence Brigham, Max Thomas, Marshall Whitacre, Orvis Harrelson, and William Mattson, Jr. Doctor Brigham is chairman of the Board this year. Doctor Max Thomas is vice-president of the State Association as well as a very active member of the local Board. Keatie Gross is Auxiliary's representative to the Board, and your writer, due to a peculiarity in the by-laws, is still on the Board.

Illustrative of your local Heart Association's course of action are the two new programs the Board has initiated this year . . . one in research, and the other in professional education.

The research project concerns the study of potassium in relation to heart disease, being carried on at the University of Washington by well-known electrolyte specialist Doctor James Burnell, on a \$7200 grant by your local Pierce County Heart Association.

In the field of professional education, the local Association is now sending complimentary copies of Modern Concepts to each member of the Medical Society for a year, to acquaint them with this source of information on current heart research.

The Auxiliary has been most helpful on occasions when volunteers were needed to staff the Heart Office at the Medical Center. In turn, the Heart Association hopes to be of help to you, perhaps in making it possible for your husband to realize his final ambition . . . to be lost at sea at an adventurous eighty-nine.

Destination Sunshine

The Robert Osbornes and the Philip Grenleys are in Palm Springs these first two weeks of February attending a Urological Convention.

Doctor and Mrs. Cyril Lundvick fly to Hawaii on February 7th for three weeks vaca-

tion in the sun. They'll stay at the Reef Hotel on Waikiki beach.

Ruth and Tom Murphy will sail February 16th from San Francisco on the S.S. Mariposa's south seas cruise. The forty-two day cruise will include visits to Tahiti, Samoa, Fiji, Australia, New Zealand, and Hawaii. No one is more deserving of this ideal vacation than Ruth, who has dedicated so much of her time to Auxiliary duties this year.

Note from Ruth Murphy

The annual doctors' dance, this year under the auspices of the Auxiliary to the Pierce County Medical Society will be held Saturday, February 22 at the Top of the Ocean. This dance is one of the projects sponsored by the Auxiliary to raise money for our various projects, which are nurses scholarships, A.M.E.F., Mental Health and the Rehabilitation Center.

The admittance will be a \$15.00 donation per couple which will include dinner, cocktails and dancing.

Time: 6:30 p.m.

Place: Top of the Ocean

Date: Saturday, February 22, 1958

—Ruth Murphy, *President*

The Professional Society

(J.A.M.A., Dec. 7, 1957)

These are some of the things a professional society can do:

1. Promote standards of training.
2. Set standards of work.
3. Engage in research, including applied research.
4. Provide opportunities, through meetings, conferences, and workshops, for exchange of experiences among its members.
5. Establish periodicals and other publications for the information of its members and others.
6. Represent the profession with the public and, when necessary, with legislative and appropriating bodies.
7. Develop awards and prizes and other incentives for outstanding work.
8. Constantly strive to advance the status of the profession so that its members may be assured of adequate income, security of position, and professional recognition. — H. N. Calver, M.D., A Better World Through Public Health, First Public Health Working Conference, Public Health Student Society, School of Public Health, American University of Beirut, Beirut, Lebanon, May 31, 1957.

How many of these things have local professional societies done?

—The Editor

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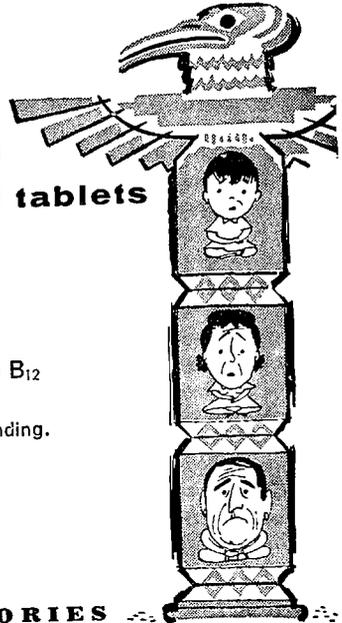
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HOSPITALS . . .

Tacoma General

Dr. Stanley W. Tuell is the new president of the Medical Staff. Serving with him in 1958 will be Dr. Scott S. Jones, Immediate Past President; Dr. G. H. Brokaw, Secretary; Dr. Robert M. Ferguson, Chairman of the Credentials Committee; Dr. Warren F. Smith, Vice-President and Chairman of the Program Committee; Dr. Philip C. Kyle, Member of the Board of Trustees; and Dr. Gerald C. Kohl and Dr. Dale Hadfield, Members-at-Large.

Dr. Fausto Molina has completed his residency in the Department of Anesthesiology, and has returned to Buenos Aires to resume his practice of this specialty. Dr. Molina was studying here on a Fellowship awarded to him by the Argentinian Government and the Argentinian Society of Anesthesiologists.

Beginning residencies in the Department of Anesthesiology are Dr. Armando Fortuna, Dr. Thomas Q. Zeigler, and Dr. Graham Ritchie. Dr. Ziegler has just completed a tour of duty with the United States Army. Dr. Ritchie is an exchange Fellow from McGill University, Montreal, where he is taking the Diploma course in Anesthesiology. Dr. Fortuna is here on a Scholarship in Anesthesiology from the United States Department of State, and his particular interests are the function of nerve block and the Pain Clinic. He comes from Brazil, where he was Chief Anesthesiologist at the Regional Hospital, Baurv, SP.

In December, membership on the Medical Staff was approved for Dr. Richard E. Muzzall, Dr. Ernest L. Randolph, Dr. Daniel J. Thomas, and Dr. Hugo van Dooren.

Dr. C. P. Larson spent January 18 in Chicago attending a meeting of the AMA Paramedical Study Committee. From there he went to Washington, D.C., to meet with the Presidents of all Pathology Societies in the United States for the purpose of developing an International Committee on Pathology. All the Societies of the world will be represented on this committee, whose specific purpose will be the carrying out of research projects assigned by WHO.

New Therapeutic Dietitian is Mrs. Amy Thompson, a graduate of Ohio State University. Recently she has been a member of the staff of Oklahoma A & M.

Mrs. Velma Sackman has joined the faculty as Instructor of the Diabetic School. She is a graduate of Pacific Lutheran College and the School of Nursing of Immanuel Hospital.

Saint Joseph's

The new year started with a boom and has kept the Surgery crew bustling around at a steady pace. Dr. Guilfoil spent two weeks before Christmas in her home town, nothing less than New York for her. We all enjoyed the "taste" of New York that came to us in the form of a delicious box of candy. Thanks to Doctor Guilfoil. Dr. Pratt has returned from a brief trip to California. We want to welcome Jerry Lake to surgery and we appreciate having him. The Evergreen Association of Operating Room Nurses will have a dinner meeting here on Tuesday, January 21. The speaker for the evening will be Doctor Kanar.

We've been very busy on third and have made it a real problem for the Housekeeping Department to put an extra bed here or there. Mrs. J. Barrett and Mrs. L. Johnson have left us for obvious reasons — to await the stork. Mrs. Le Blanc (Bardokosky) a St. Joseph's graduate has joined our ranks — also Mrs. K. Moore who hails from New York. Mrs. Sparks (Daly) another St. Joseph's graduate is on 3-11. Miss Hildreth is another newcomer to the 3-11 staff. Welcome all. Our deepest sympathy to Maomi Johnson, L.P.N., who recently lost her mother. Mrs. Halvorson wishes to thank all the personnel for their thoughtfulness to her and the wonderful care given to her husband while a patient. Mrs. Linamen has taken time off to visit her daughter in New Jersey. Mrs. Shreves is back with us after a leave of absence.

The X-ray department now holds classes on Monday evening. It is a physics class taught by Mr. West Ross and Mr. Glen Scofield. We are very sorry to hear that Peggy Bloom, one of our last year students is leaving us. We'll surely miss her. She is going to work for Dr. Jarvis in Puyallup. We are happy to welcome back Nancy Connery who will be working 3-11 in X-ray. These familiar faces will still be seen roaming the halls: Peggy James, Joan Fahey, Peggy Mallan, Diane Schaff, and Jack McDonald.

Here in our new-born nursery, a little world within a world where competition is keen and ruthless, we will remember 1957 because of "Peanuts." You see, Peanuts made his debut one September afternoon 2½ months ahead of scheduled time and weighed in at a little over 2 pounds. Eager hands were ready to help, and warm hearts open to receive poor little Peanuts. Four brothers and three sisters had pre-

(Continued on Page 17)

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(Continued from Page 15)

ceded him into this world. Their stay here averaging 1 to 5 days. And then a few days before Christmas Peanuts checked out of the hospital. The miniature laddie of 5 lbs. and more, holding tight to his new world, urged on by the cheers of the staff at St. Joseph's. We can't help but wonder — says 20 years from now what Peanuts will weigh and what will his diet consist of? Mrs. Elsie Honan, R.N., and Mrs. Nadine Carlson, R.N., are proud mothers of two little boys. Mrs. Doreen Lorenz, R.N. and Mrs. Chris Boze, R.N., are radiant with happiness for they can now dress and doll-up two beautiful little girls.

Our Maternity is proud to claim first place on the list for Christmas baby (it really was twin girls) first for New Year's baby, first for South Tacoma Sweepstake, and first for New Year's twins. It was a novelty and a thrill to many to behold a pretty papoose leave the hospital in the traditional Indian Cradle. They're back and we are glad—back from Bonnie Scotland and jolly England. Yes, Miss Barstow and Miss Barrass are with us again.

Miss Florence Olson, R.N., received her 25 year pin, from Washington State Nurses' Association, District No. 3 at the district banquet January 6th at the Top of the Ocean.

May Lewis was a patient for several days. We hope she will be back soon as we all miss her. A pleasant note was received from a former patient, Mrs. L. Sams, Whittier, California. She was a patient in room 204 for four weeks. She thanked us for the very good treatment she received while here, and reported she is getting along quite well now. Mrs. Patterson, R.N., is new on 7 to 3 and Mrs. Huff, R.N., 3 to 11 p.m. Happy to have them with us and hope they enjoy being aboard.

A number of rooms have had either terrazzo or ceramic tile floors installed. This type of flooring will save a lot of sore knees for the housekeeping department besides being more ideal from a hygienic standpoint. The carpenters have temporarily been held up on our door program because of new cabinets to be built in for the new bathrooms. The doors however have not been forgotten. Second floor is almost finished and then we move to third. Sam Nehl is becoming quite proficient as a tileman now as all the bathrooms that have been completed are productions of his work. He also is responsible for installing the new lighting systems there. The rest of us have been busy on one project or another. Job Hapgood has had to take over the rest of the maintenance. Keeping the floors all happy with his prompt and cheerful service has certainly been very helpful in enabling us to go ahead with all the many alterations.

Pierce County

Miss Alix Bury, head of the Record Department is vacationing with an uncle and aunt in Phoenix, Arizona.

The laboratory staff honored two of its members, Grace McCarthy and Gertrude Barry, with a coffee and cake birthday hour in the laboratory on January 3, the natal date of both girls.

Mrs. Norma Kinsman, laboratory, with her daughter and parents attended the East-West Shrine football game in San Francisco, then continued on to Pasadena for the New Year's Rose Festival there.

Sympathy is extended to Edward Albice, who has recently retired from twelve years with the hospital maintenance department, on the death of his wife, who passed away early in January.

Frances Sturn and husband, Ralph, have just returned from a Christmas and New Year's vacation in Mandan, North Dakota, where they visited Mr. Sturn's parents.

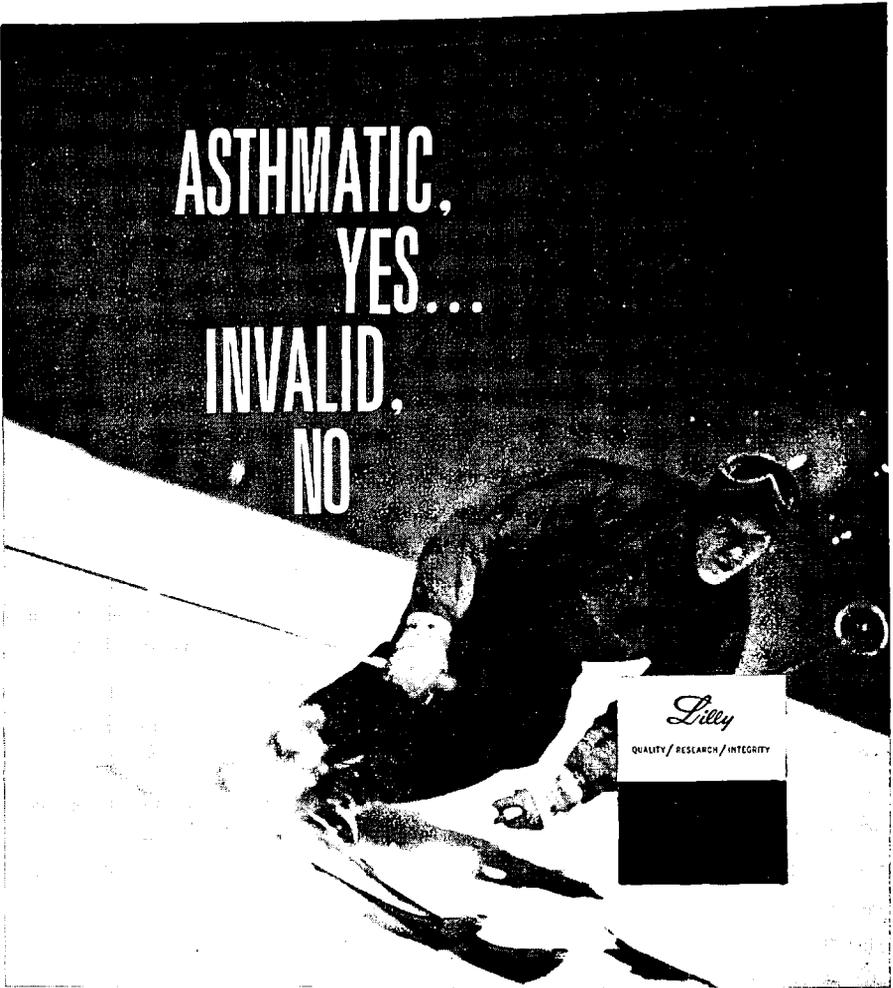
Mr. Hanson, head of Maintenance, reports that his department has been greatly benefited by the installation of a new boiler feed pump for the hospital use.

A delightful dinner party was given January 17 at the home of Mrs. Margaret Williamson, head of Social Service, honoring Mrs. Signe Kassa, a valued worker, who is resigning from the department on February 1. Signe and her husband, Clayton, have purchased the Bernath Nursing Home, 4632 So. K., Tacoma, and will take over its operation in February. This home is a Class I, licensed Nursing Home with a 26 bed capacity. Henceforth, it will be known as the Cascadia and will continue to offer the exceptionally good service for which it is already known. Housing improvements are planned and Mrs. Laura Luce, R.N., will continue in charge as head nurse.

Mrs. Nelle Satter, head housekeeper, reports attending a most interesting meeting on January 10 at Doctors' Hospital in Seattle, where Mr. Sandford, new administrator, welcomed the Puget Sound Chapter of the National Executive Housekeepers Association. A film "Are You Listening" followed, showing the proper use of the telephone, presented by Mr. Youngs of the Customer Relations Department of the Pacific Telephone Company.

Leitha Munsee, Kristine Sunden and Nell Satter of the Housekeeping Department are taking a course in public speaking at the Cushman Hospital under Howard Bond of the Vocational School. Anna Bradley of the same department spent the New Year's holiday with her family at Clarkston, Washington. A new employee is Mr. Ervin Hochhalter.

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Dr. Yoder Reports on Congress Of Pan-Pacific Surgical Assn.

By Ed Yoder

A happy combination of business and pleasure meant the completion of a trip Leona and I will long remember. We left Tacoma November 12, via Pan American Clipper for Honolulu to attend the seventh Congress of the Pan-Pacific Surgical Association, with some 1200 doctors from all over the world, among whom we were so happy to find Dr. and Mrs. C. G. Trimble. This was one of the very best meetings I have ever attended. Intensive study, papers and panels from 7:30 a.m. to 12:30 noon were the routine, with breakfast served to us while we were in session and a short coffee break around 10 o'clock. The afternoons were free, but in the evenings, entertainment was planned for each section or for the whole group. The women were kept busy, and all in attendance felt the eight days in Honolulu were filled with interesting things to do.

Following the Honolulu meeting an extension of the Congress was held in Japan with many doctors and wives in attendance. Receptions were held for the visitors, and the doctors visited hospitals and universities in Tokyo and Kyoto. After eight days in Tokyo, during which we visited Kyoto and Nikko with the many new friends made among the Japanese doctors, Leona and I hope we can revisit this most interesting country. Before I go on to our next stop I want to tell you of one interesting trip (off the beaten path) I made to Cheba, about 40 miles from Tokyo across the bay from Yokohama. Here I visited the Cheba University Hospital to observe Dr. Nakayama do surgery and see some of the post-operative care in the hospital. One is impressed with their technical organization, speed and skill. One would expect this because of their ability to make cameras, machines, etc., comparable to the best made in the United States and Europe. Unbelievable as it may seem, Dr. Nakayama did two gastric subtotal resections, one in 22 minutes and the other in 25 minutes leaving only the closing of the abdominal wall to his assistants in each case.

A few doctors and wives were with us the first three or four days of the eight we spent in Hongkong. We enjoyed sightseeing and motor trips around the countryside with them and rushed madly to help them with their shopping. After their departure Leona settled down to her favorite hobby in earnest and I was lucky to meet up with her at luncheon or dinner engagements with friends living in Hongkong. Both became quite proficient with chopsticks and found Chinese food "tops." In

Leona's words, "Hongkong is fabulous — and a shopper's paradise."

Our next stop was Bangkok with a never to be forgotten trip up the Chas Phya River among the sampans filled with all sorts of market products. We visited temples—Bangkok is famous for its 300 temples the most famous being the Temple of the Emerald Buddha—watched Siamese dancers and took in the boxing matches which are most unusual with their kicking tactics.

Siemreap, Cambodia furnished us with much wonder and amazement on our visits to Angkor Wat and Angkor Tom, fabulous world-famed ruins—the great tourist attraction in Indo-China. Next point of interest was Saigon in Viet Nam and adjoining Cholon, a Chinese city which has all the appeal of the Orient. Although it was very warm here, as it was in Siemreap, we thoroughly enjoyed our stay in this most interesting city. We spent three days in Singapore at the famous Raffles Hotel. The tours we made about the city and drive to the State of Johore in Malay were thoroughly enjoyed.

Manila was next, and of special interest to us because it was here our son Edwin saw active duty with the 11th Airborne during the Second

(Continued on Page 21)

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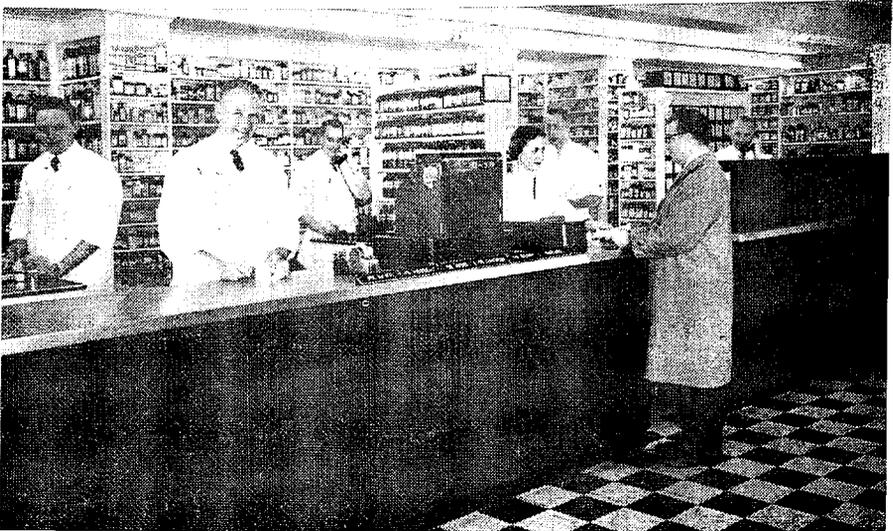
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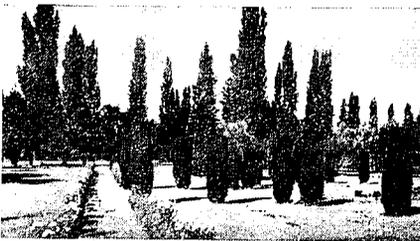
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(Continued from Page 19)

World War. We viewed with interest and mixed emotions the monument erected and dedicated to this group.

From Manila we experienced our longest airplane ride—two full nights, and one day to Honolulu with two one-hour stops at both Guam and Wake. We arrived in Honolulu in the morning of December 23 and remained at the airport to welcome Sally who flew over from school. Leona's sister, Anabel McLean, of Los Angeles, arrived that evening and all found it a perfect place to spend the Christmas and New Year holidays. We returned home January 3, and on the 5th, Sally was on her way back to Whitman College.

I would like to close this account with a short resume of impressions gathered in the Orient.

1. Peoples of Japan and the Orient are far more intelligent than we in America think they are. They want our "know how" and are very friendly toward Americans almost universally.

2. Our government has spent unbelievable sums of money throughout these countries, as well as throughout the rest of the world, and it is my belief twice as much could have been accomplished with less than half the amount spent and wasted so far.

3. There is a ray of hope, from what one hears, that the young diplomats are far better fitted for their positions and have a much better reputation than the older or previous ones. Better diplomacy and technical assistance is beginning to show up in some places—one in particular is in, Saigon, Viet Nam (Indo China).

4. The Russian reds are out-maneuvering us in too many places without spending even token assistance, by using highly advanced skills in subversive techniques and propaganda.

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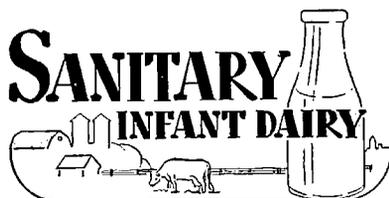


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International College of Surgeons To Consider Problems of G.P.

The 11th biennial International Congress of the International College of Surgeons will be held in conjunction with the 23rd annual Congress of the United States and Canadian Sections (North American Federation) in Los Angeles, March 9-14.

An innovation of the meeting will be a surgical emergencies panel to which members of the American Academy of General Practice are invited. Dr. Ross T. McIntire of Chicago, executive director of the International College of Surgeons and former surgeon general of the U.S. Navy, will be the moderator.

The participants in the panel will be: Dr. George F. Lull of Chicago, secretary of the American Medical Association; Dr. Claude S. Beck of Cleveland; Dr. Winchell McK. Craig and Dr. Gershom Thompson of the Mayo Clinic, Rochester, Minn.; Dr. Neal Owens of New Orleans, and Dr. Edward L. Compere and Dr. Philip Thorek of Chicago.

The scientific program to be presented in the Ambassador Hotel, will consist of general assembly, and sectional meeting presentations of papers, panels and symposia. About 25 outstanding surgeons from 15 overseas countries will give papers in addition to nearly 400 surgeons from the United States and Canada.

A wide range of subjects will be presented in the general sessions, with particular emphasis upon the latest world developments in surgery. The impact of sputnik upon American Medicine will be discussed.

Surgical specialties will be covered in 11 sectional programs. Surgical films will be shown. The colorful annual convocation and induction of new members into the College will be the concluding event, and will be held in the Palladium. Dr. Raymond B. Allen, chancellor of the University of California at Los Angeles, will be the speaker. The annual dinner in the Palladium on March 12 will be entertained by Bob Hope, Miss Dorothy Kirsten and other theatrical stars.

Dr. Jose M. de los Reyes of Los Angeles, regent of the International College of Surgeons for Southern California, is chairman of the Congress; Dr. Peter A. Rosi of Chicago, scientific program chairman, and Dr. J. Norman O'Neill of Los Angeles, general assembly chairman.

The chairmen of the sectional programs are: Dr. Harry E. Bacon, Philadelphia, coloproctology; Dr. Alan A. Scheer, New York, otorhinolaryngology; Dr. James W. Watts, Washington, neurologic surgery; Dr. Emmet A. Pearson, Los Angeles, obstetrics and gynecology;

Dr. Clarence H. Albaugh, Los Angeles, ophthalmology; Dr. Edward L. Compere, Chicago, orthopedic surgery; Dr. Neal Owens, New Orleans, plastic surgery; Dr. Chester C. Guy, Chicago, surgery of trauma; Dr. Charles P. Mathe, San Francisco, urology; Dr. Elmer C. Rigby, Los Angeles, thoracic surgery; Dr. John W. Budd, Los Angeles, pathology.

Additional information may be had by writing to Dr. Ross T. McIntire, executive director, International College of Surgeons, 1516 Lake Shore Drive, Chicago 10.

Blood Bank Briefs

The Tacoma-Pierce County Blood Bank has a two-for-one replacement policy, instigated in June, 1956—10,000 phone calls later we are still trying to explain it.

A patient uses a pint of blood—in a hospital, doctor's office, clinic, emergency room, anywhere. He is charged \$38.50—\$30 is the penalty fee (fixed high to encourage the family to make a greater effort toward replacing it), and \$8.50 is the service charge to the Blood Bank.

One replacement allows a \$30 credit on the patient's bill, and also puts blood back in the bank for the next patient. IF THE PATIENT DESIRES, he may have a second replacement made for the unit used and be credited with the \$8.50 also.

The second replacement MUST, however, be made within 30 days of the date the blood was used by the patient. There is no extension of time for any reason for the second credit.

The reason for this is that the Blood Bank is a non-profit, self-supporting organization. The \$8.50 service charge is the only fee under which we operate. A very small percentage of patients pay the \$30 penalty charge.

One replacement credit (applied on the two-for-one) for each pint used may come from a local pool account, out of town or a direct donation. The second credit for the service charge MUST be an actual donation of blood by a donor in our blood bank. All \$30 credits must be in before the second credit is allowed.

The Blood Bank furnishes, upon the doctor's request, liquid human plasma, albumin, Fibrinogen, fresh frozen plasma, and packed red cells. The plasma and packed cells may be replaced by a donation of blood in the Blood Bank, even though the special preparations are not, in the actual sense, whole blood.

The hospitals have a supply of pink, gummed labels, furnished by the Blood Bank, which they attach to the patients' bills telling them of the methods of replacing blood and explaining, in part, the two-for-one policy.

—M. J. WICKS, M.D.



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Current Concepts in Therapy: Sedative-Hypnotic Drugs. II. Chloral Hydrate. New England J. Med. 255:706 (Oct. 11) 1956.

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**State Heart Assn. Announces
Endowment of Chair at U.W.**

The Washington State Heart Association announced today the endowment of a Chair for Cardiovascular Research at the University of Washington School of Medicine.

The endowment insures continued support for an outstanding research investigator. The Association will grant \$15,000 annually to the University Medical School for this purpose. Any funds remaining over the investigator's salary may be used as a grant for his research requirements such as technical assistants, laboratory equipment and supplies. The investigator will also be eligible to apply to the Association for additional funds if needed to support his work.

The investigator to occupy the position will be a research man who has demonstrated his ability to conduct research in the field of heart

and blood vessel disease. He will become a full time faculty member of the Medical School with a standing of assistant professor or higher grade and will have qualities which are believed to eventually make him eligible for full professorship. The appointment is expected this spring.

The endowment of the Chair is a departure from previous Association grants for research in that this endowment supports the man as well as his work, leaving him free to spend almost his full time in research unhampered by teaching and administration duties. Currently the Washington State Heart Association is supporting 15 investigations to find causes and means of control of heart and blood vessel ailments.

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ANNUAL REPORTS

Ethics Committee

During the past year there have been few problems to come before the Ethics Committee. Most inquiries concerned the length of time and size of ads physicians were permitted to run when changing office quarters or resuming practice in the County.

The soliciting of local physicians to advertise in the McChord AFB Directory, which obviously would be unethical, was quickly and easily resolved as the majority of the doctors are aware of this and any who may not have been were so informed at the regular Society meeting as well as in the Bulletin. In addition, a letter to this effect was written by the Society president to the editor of the publication.

A complaint against physicians of another County was registered with this committee by a local woman. The matter was referred to the Grievance Committee of the State Association. Copies of the ensuing correspondence between the State, Plaintiff and the County involved were received and it appeared that the matter was satisfactorily resolved.

No meetings were held by the Committee, as it was possible to handle all matters by contacting the other members by phone.

Respectfully submitted,
S. Robert Lantiere, M.D.
Chairman

House and Attendance Committee

The House and Attendance Committee of the Pierce County Medical Society reports for the year of 1957.

During the summer a questionnaire was sent out to each member to vote on whether or not to continue Dinner Meetings. The vote was close, but the majority voted to return to the Medical Arts Auditorium for the monthly meetings.

Some of the members wished to eat together downtown. Honan's Restaurant across the street from the Medical Arts Building offered to serve dinners to those desiring to eat downtown. This method of giving each member a choice of eating downtown or at home and later attending the County Society

(Continued on Page 29)



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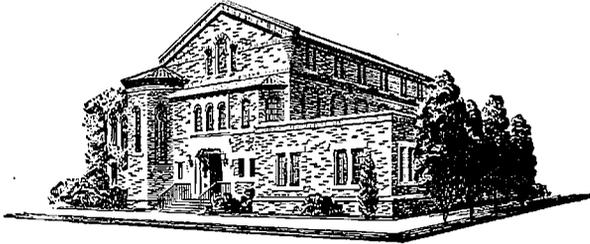
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INSTRUMENTS

(Continued from Page 27)

Meeting seems to be working out better for all concerned.

Sincerely,
Philip C. Kyle, M.D.
Chairman

Program Committee

The Program Committee herewith submits a list of speakers and their subject material presented at Society meetings during 1957. An attempt was made to present topics that would prove of interest to a majority of our members and at the same time cover several fields of medicine and surgery.

Use was made of speakers' panels supplied by the State Heart Association, Mental Health group and Washington State Medical Society officers.

The Committee believes that the social hour and dinner feature should be continued during the coming year since half of the membership voted in favor of same, and since this was started our attendance has shown a definite increase at all meetings.

However, our own auditorium has better acoustics and facilities for showing slides and

film and is better suited for the business and scientific sessions.

This Committee agrees with the 1955 group that—if possible—a modern still picture projection machine should be purchased.

Sincerely yours,
E. W. Wahlberg, M.D.
Chairman

Public Relations Committee

The PR Committee, consisting of Drs. Mattson, Jr., Bonica, Maier, Lambing and Grenley, submits the following report:

With the help of many, starting with Mrs. Gordon, our Society secretary, and including many members of the Society, our own Medical Auxiliary and others, considerable community service was rendered. This, we feel, has contributed to good Public Relations.

Specific activities are most easily outlined under the various media—press, radio, TV, and different organizations as follows:

Press

Medical Education Week, 2 stories, 2 pictures.

Adult Polio Immunization, 24 stories, 4

(Continued on Page 30)

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(Continued from Page 29)

pictures. (Complete coverage was also given all County papers.)

Asiatic Flu, 2 stories.

Poison Control Center, 3 stories, 1 picture.

United National Festival, 1 picture.

Diabetes Detection Week, 2 stories, 1 picture.

1957 Officers, 4 picture spread.

Presentation of scroll to W. O. Jeffery, 1 story, 1 picture.

Television

Half-hour program (April 21) Race, Bader, Lambing, Mrs. Sullivan.

Interview—re Asiatic Flu (Bernard R. Rowen)

Interview—re Polio Immunization (George Kittredge)

Radio

"Breakfast with McMurtrie" KTAC—

1. Medical Education Week

2. Polio Immunization

Interview—KTAC re Polio Immunization—(T. J. Smith)

Interview—KTNT re Polio Immunization—(George Kittredge)

Spots carried on all stations during: Medical Education Week, Diabetes Detection Week and Polio Immunization (6 weeks).

Spots re polio were also carried by KING and KOMO Radio and TV.

Organizations

Indoctrination Dinner—Seventeen new doctors were given pointers on economic, book-keeping and medicologic problems in starting a practice.

United Nations Festival

S. F. Herrmann took charge of the Medical Society booth.

Science Fair

A judge, (Robert Freeman), was provided and \$100 was contributed toward support of this worthy program.

The Medical Auxiliary was of great assistance in the Medical Education Week program; and the Speakers' Bureau, headed by Mrs. Grenley, provided speakers to groups during the year.

It will be noted that the Medical Society had one half-hour TV show in 1957. We were negotiating for a regular weekly time for additional programs, but re-organization of the Program Department at the station necessitated delaying planning until this was completed.

We hope that during the coming year, arrangements can be made for a program featuring Medical Society members and representatives of the various Health organizations.

W. W. Mattson, Jr., M.D.
Chairman

Diabetes Committee

This is a report on the activity of the Diabetes Committee of the Pierce County Medical Society for the year 1957.

Diabetes Detection Week was observed November 17 through 23. During this period, the public was offered free urine tests for sugar in doctor's offices and at medical laboratories.

Announcement was made to the physicians in the Bulletin and at the regular monthly meeting of the Society. Mrs. Gordon prepared announcements to the public which appeared in the newspaper, on radio and television.

There was a modest response from the public.

G. M. Whitacre, M.D.
Chairman

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Social Security

A bill introduced by Rep. Roosevelt (D., Calif.) would increase the wage base on which social security taxes are collected from the present first \$4,200 of income to the first \$10,000. Also, the limit would go up to \$500 each year that the Consumer Price Index rises five points, and remain at the higher level as long as any part of the index gain is retained. The monthly social security benefits also would be increased under a new formula. Under this bill a self-employed individual with an income of \$10,000 would pay at least \$637.50 in social security taxes alone. The number is H.R. 9834 . . . Mr. Roosevelt, in H.R. 9835, would make social security coverage compulsory for all physicians. . . . Another Roosevelt bill (H.R. 9836) would liberalize requirements for disability benefits both under the social security disability payments program and the disability "freeze" by a less strict definition of time the recipient has spent in covered occupations. It would make another important change by specifying that an applicant would be eligible for benefits if unable to obtain employment in an occupation *similar* to the work he formerly engaged in; under present law the benefit is allowed only if the applicant is physically unfit for *any* substantial gainful employment. Furthermore, a statement from a governmental agency that the applicant qualifies as disabled

under its regulations would be sufficient evidence of disability under the social security program.

—A.M.A. Newsletter

Dr. Aleson To Speak On Mental Health

Thursday, February 27, Medical Society members and their wives will have the opportunity to hear Dr. L. A. Aleson of Los Angeles speak on the timely subject of the mental health movement. Dr. Aleson is widely recognized as a dynamic, forceful speaker who presents his views cleverly and frankly; many local physicians will recall hearing him in 1952 when he was the guest speaker at the Public Relations luncheon during the State Association meeting.

Dr. Aleson is in private practice in Los Angeles (specializing in surgery), and is a past-president of the California State Medical Association.

Prior to his address at Jackson Hall at 8 p.m., the Medical Society is arranging a no-host dinner honoring Dr. Aleson.

More detailed information will be mailed to the membership before the meeting; meanwhile, remember the date—Feb. 27, for an entertaining, thought-provoking evening.

To: County Medical Society Members
From: Irwin, Neisler & Co.

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MONTHLY MEETINGS

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the Month—8:15 p.m.

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept. and Dec.—7:15 a.m.
at Scotty's Cafe

PIERCE COUNTY PEDIATRIC SOCIETY

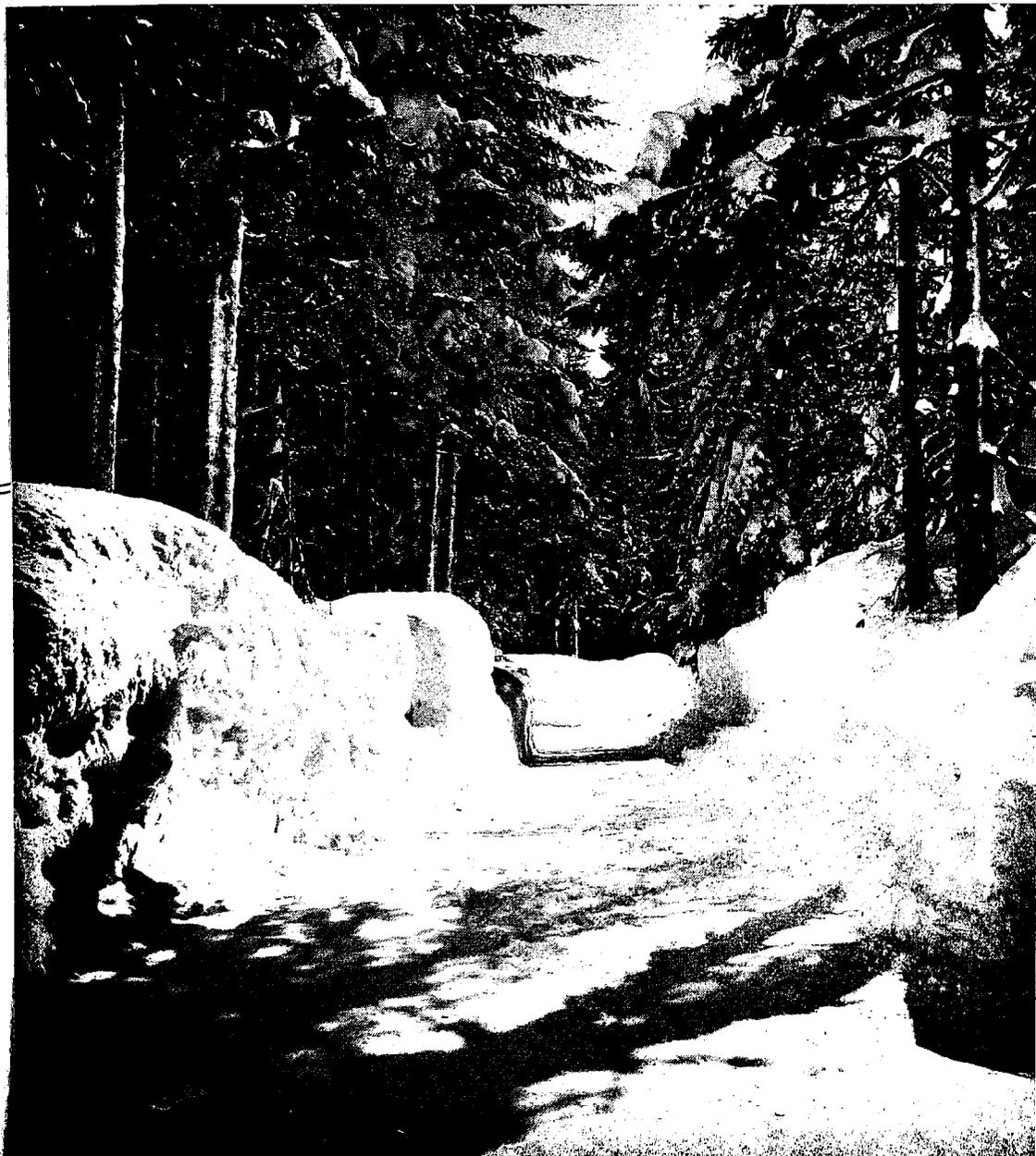
First Friday of Sept., Nov., Jan., March and May

The **BULLETIN** *of the*
PIERCE COUNTY MEDICAL SOCIETY

VOL. XXIX—No. 7

TACOMA, WASH.

MARCH - 1958



Pierce County Medical Society

1958
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 President-Elect..... J. W. Bowen, Jr.
 Vice-President..... Chris C. Reynolds
 Secretary-Treasurer..... Arnold J. Herrmann
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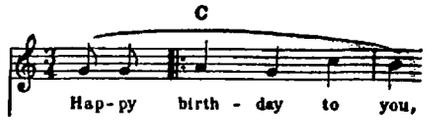
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Happy Birthday March

- 2 ERNEST L. RANDOLPH
- 4 LOUIS ROSENBLADT
- GOVNOR TEATS
- 5 HOWARD PRATT
- 6 EDWARD McCABE
- 8 WILLIAM HILL
- 9 ROSS McPHAIL
- 11 J. EDMUND DEMING
- 15 BRYCE BETTERIDGE
- 17 RUSSELL COLLEY
- 20 FRANZ HOSKINS
- ALBERT SAMES
- 22 CHARLES MARSHALL
- 24 ROBERT CRABILL
- 25 ROBERT BURT
- GERALD KOHL
- 26 ROSS WRIGHT
- 31 FREDERIC PAINE

NOTICE

Check back page of Bulletin for calendar of special meetings

Front Page Picture
 Courtesy
 Richards Studio



- debilitated
- elderly
- diabetics
- infants, especially prematures
- those on corticoids
- those who developed moniliasis on previous broad-spectrum therapy
- those on prolonged and/or high antibiotic dosage
- women—especially if pregnant or diabetic

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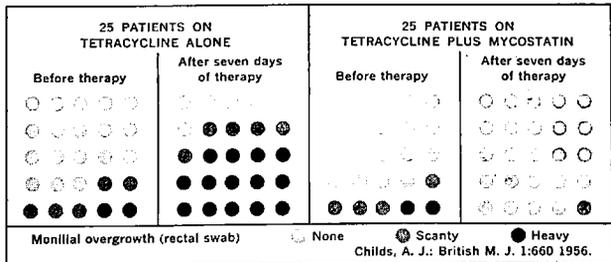
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MEETING
PIERCE COUNTY MEDICAL SOCIETY
TUESDAY, MARCH 11
8:15 P.M.

MEDICAL ARTS BUILDING AUDITORIUM

PROGRAM

Speaker: MURRAY MORGAN, Author, News Commentator
"WORK OF THE WORLD HEALTH ORGANIZATION"

* * *

A no-host social hour and dinner will precede the meeting

Social Hour: 6:00

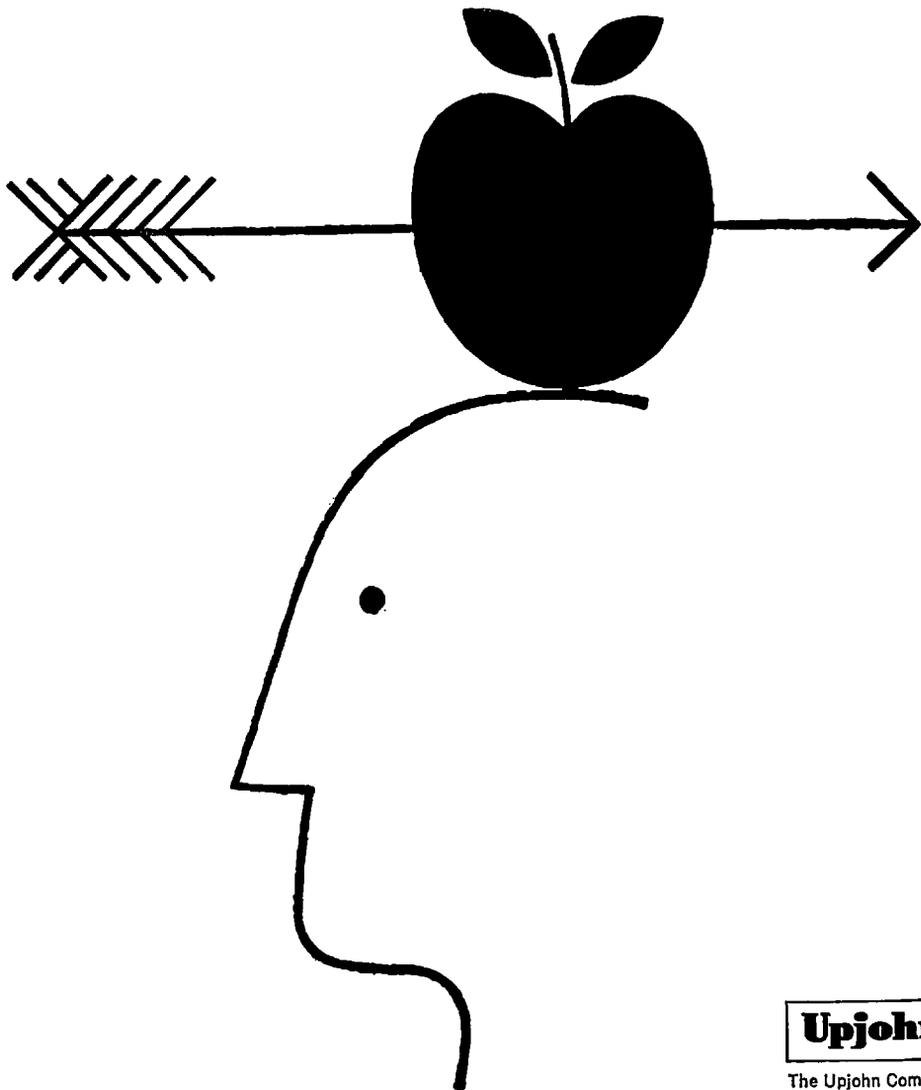
Dinner: 6:45

Place: Honan's Restaurant

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EDITORIALLY SPEAKING

INTERNISTS' ANNUAL MEETING

The Tacoma Academy of Internal Medicine presents its Annual Meeting on Saturday, March 8.

The program includes papers by out-of-town leaders in their respective fields, as well as several which will be presented by local practicing physicians. The topics are concerned with current research and clinical problems encountered in every-day practice.

Let's all attend and support this program and, in so doing, "keep up to date."

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Introducing



Dr. Robert Johnson

We are pleased to learn that Dr. Johnson, a new member of our Medical Society, has returned to his home town to practice. Born and raised in Tacoma, Bob graduated from C.P.S. and the University of Washington School of Medicine. After his internship at Tacoma General Hospital, he spent a year (1955) at the Detroit Public Health Service Hospital and a second year with out-patient Public Health Service in Cincinnati. He opened his office at the Tacoma Medical Center in July, 1957.

Bob and his wife, Betty, were married in 1953; they had known each other for years, having been raised in homes only three blocks apart. They enjoy Hi-fi record music and golf, when time permits, but anticipate even less time for recreation when the new addition to the family arrives in the near future.

**DON'T FORGET TO VOTE
TUESDAY, MARCH 11**
Before going to the Meeting

Meetings

Tacoma Academy of Internal Medicine, Tacoma, March 8, 1958.

American College of Surgeons, Salt Lake City, Utah, March 17-19, 1958.

Oregon Academy of Ophthalmology and Otolaryngology, Portland, Oregon, March 21-25, 1958.

American Academy of General Practice, Dallas, Texas, March 24-27, 1958.

Gill Memorial Eye, Ear and Throat Hospital — 31st Annual Spring Congress, Roanoke, Virginia, April 14-19, 1958.

Association of American Physicians and Surgeons, San Francisco, April 10-12, 1958.

American Medical Association, San Francisco, June 23-27, 1958.



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WOMAN'S AUXILIARY

To The Pierce County Medical Society

1957-58

Woman's Auxiliary Pierce County Medical Society Officers and Chairmen

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2nd Vice-President	Mrs. Herman Judd
3rd Vice-President	Mrs. Robert Kraft
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Cancer	Mrs. Robert Brooke
Tuberculosis	Mrs. Hillis Griffin
Mental Health	Mrs. John Havlina
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Infantile Paralysis	Mrs. Douglas Buttorff
Safety	Mrs. Galen Hoover
Rehabilitation Center	Mrs. Walter C. Cameron,
	Mrs. Phillip Backup
Public Health Nursing	Mrs. Charles Anderson
Community Council	Mrs. John F. Steele
City Council	Mrs. William Goering
Health Council	Mrs. Merrill Wicks
Fashion Show	Mrs. Robert Florence
Dance	Mrs. Horace Anderson
Christmas Party	Mrs. Howard Pratt,
	Mrs. Robert Osborne

The March meeting will be a luncheon at the home of Mrs. C. B. Arnold on March 21st at 12:30. This is the occasion of the State President's annual visit.

The Board will meet before the luncheon at 11:00.

Dear Members:

This is just a brief note to say "thank you" again to everyone who so willingly helped us work on the recent Medical Society dance.

I cannot give enough praise to Jean Gibson and her ambitious committee who made a record sale of 234 tickets. The same applies to Ruth Brooke and the talented people who did such a terrific job of decorating for the dance.

At this point, with a few small bills outstanding, a conservative estimate of the net profit is in excess of \$600. More accurate figures will be furnished at the next Auxiliary meeting.

Special thanks to Dr. Charles Bogue who did a great job with the M.C. chores; to the girls' sextet for their unusually clever entertainment; and to Drs. Judd, Schwind and A. Herrmann for help and advice.

We sincerely hope you all enjoyed yourselves and will be looking forward to more of the same next year.

In the meantime, several SKYline numbers are due for a long rest.

Sincerely,

JOAN ANDERSON

Auxiliary Met Here

February meeting at Jackson Hall was something no one should have missed, but many members stayed at home, saving themselves for the dance the following night.

Bev Harrelson, nurse recruitment chairman, introduced the Future Nurse Club sponsors, and a panel of three who discussed the three aspects of the clubs . . . one of our scholarship winners who is a past club member, the president of one of the clubs, and an Auxiliary sponsor. Each explained her part in the club program in a very interesting way, and outlined the activities of this worthwhile project.

Those of us present for tea after the meeting were much impressed by the endless selection of beautiful tea cookies supplied by the Board members. Some had let Henry do it, but most Board members brought pastries from their own kitchens. Too outstanding to escape mention were the delicate sugar twists by Beth Pratt.

(Continued on Page 13)

DON'T FORGET TO VOTE

TUESDAY, MARCH 11

BEALL'S

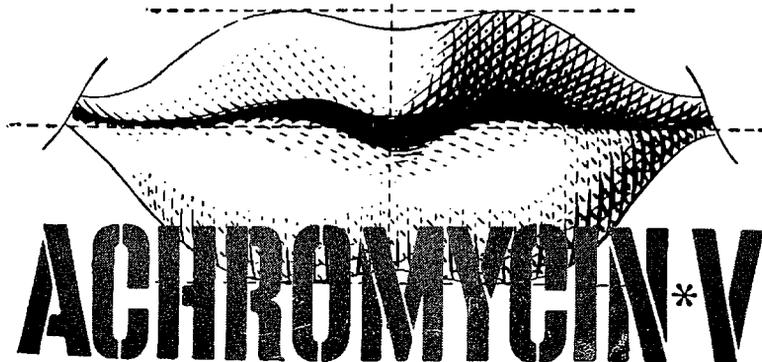
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(Continued from Page 11)

Leave It To The Girls

Just about everyone turned out for the Big Dance on Washington's Birthday. Expert party-giver Joan Anderson went all-out to make sure that this event could be handled just as nicely by the frailer sex as it has been done by the Doctors in past years.



Ruth Brooke

Ruth Brooke transformed the Top Deck of Top of the Ocean into a continental cafe for the evening, transplanting a bit of old Riviera to old town Tacoma. Striped canopies, posters, baskets of flowers, and candles in wine bottles created the continental atmosphere. Those very decorative murals were done by Beth Hennings.

An equally important feature of the decor were the beautifully gowned Auxiliary members . . . especially Gay Kass in sophisticated black lace, Muriel Nelson in lavender chiffon, Lorna Burt in ruffled white lace, Kay Herrmann in smoke gray chiffon, Jeanne Vadheim in black lace over ecru silk, and Helen Kittredge in jeweled sheath and apricot blonde hairdo.

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Left to right, Charles Bogue, Helen Florence, Herman Judd, Joan Anderson.

Entertainment after dinner was provided by Chuck Bogue, master of ceremonies, who really broke up the ice, and by the Sensation Six . . . Hazel Whitacre, Muriel Nelson, Emma Bonica, Ev Osborne, Peg Haley, and Noreen Hoskins . . . vigorously performing two original parodies written by Hazel for the occasion. The dancing music was wonderful. Result: one wonderful evening.



Left to right, Hazel Whitacre, Emma Bonica, Peggy Haley, Muriel Nelson, Noreen Hoskins, Evelyn Osborne.

In addition to the fun, it was a substantial sum made toward Auxiliary's benefit fund. We thank you, Joan Anderson.

On The Road

The versatile Stanley Durkins are in Mexico for two weeks of combined business and pleasure. Doctor Durkin is presenting a paper at the Mexican Army medical school. From Mexico City they will scour the shops of Cuernavaca and Oaxaca for furniture, tiles, and fabrics to embellish the new wing they're adding

(Continued on Page 15)

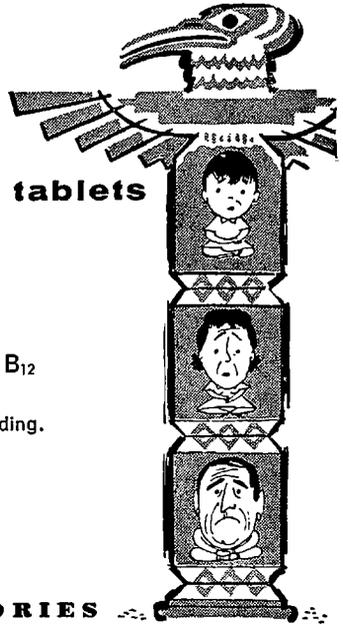
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(Continued from Page 13)

to their home here in Tacoma. Then they'll spend a week at Acapulco visiting an uncle and aunt of Stan's, and attending to the important business of the trip . . . scuba diving.

Doctor and Mrs. Merrill Wicks and their boys flew as far as Los Angeles on the same plane as the Durkins. There they boarded a helicopter for Disneyland. The first day of their visit Disneyland was closed, as torrential rains had flooded the area early in the week, but sunny weather prevailed the remainder of their time spent there. For the weekend they drove up to Santa Barbara, where Doctor Wicks attended a Blood Bank meeting.

Doctor and Mrs. John Bonica are in Los Angeles this first week of March. Doctor Bonica is guest speaker at an Anesthesiology meeting there. The week before, Doctor Bonica had spoken before groups in Chicago and New York. They plan to stop at Palm Springs on their way home.

Doctor and Mrs. Charles Larson left February 21st to attend Pathology meetings in Chicago and Cleveland, and will return March 5th.

Doctor and Mrs. Herman Judd fly south March 19th for the General Practice Sessions at Dallas. En route they'll stop at Phoenix to visit relatives, and again at El Paso to visit friends stationed with the Air Force there.

Doctor and Mrs. George Kunz, Jr., fly to the islands March 14th for two or three weeks at Waikiki. They'll stay at the Royal Hawaiian.

Doctor and Mrs. Ralph Huff and their daughters will fly to Palm Springs on March 20th for ten days of tennis in the sun.

On the Slopes

Better known for their proficiency at the indoor sports, the John Shaws have now taken up skiing with the same spirited enthusiasm. A weekend at Timberline last month served to acquaint Jean with the sport, and as she returned much bruised, it was apparently not all hot buttered coca cola in the lodge. This first week of March finds them back at Timberline for more.

The Robert Crabill's were at Sun Valley ten days last month. Patsey is another first-time skier, and took to the sport so well she was skiing the river run on Baldy the last week there.

Veteran skiers Keaty and Ken Gross forsook the slopes one weekend last month to entertain their friends at cocktails on Valentine's Day.

Monte Carlo in April

Mrs. G. G. R. Kunz announces that an Evening in Monte Carlo on April 12th at the University-Union Club will replace previously announced plans for a bridge tournament. Committee chairmen for this event will be: Helen Kittredge, chairman of tickets; Peg Haley, in charge of prizes; Charlotte Larkin and Hilda Lantiere, co-chairmen of decorations. Tickets will be \$5.00 per person, and will include dinner and games.

Booklets Published for Patients On Sodium Restricted Diets

Three new booklets prepared especially for adult heart patients placed on sodium-restricted diets by their physicians have been published by the American Heart Association.

The booklets are available to physicians and are also being made available to patients on a physician's prescription. Copies may also be obtained by nurses, nutritionists, dietitians and hospital and nursing home staffs.

The new booklets were prepared under the direction of a committee representing four agencies in addition to the American Heart Association. They are the U.S. Public Health Service, the American Dietetic Association, and the Nutrition Foundation.

Each booklet is designed to help patients follow the physician's prescription for a different degree of sodium restriction: strict, 500 mg.; moderate, 1,000 mg.; and mild. Within each booklet, there is a choice to be indicated by the physician, of three different calorie levels, 1,200 calories, 1,800 calories, and unrestricted. Food lists enable the patient to vary his meals as he becomes familiar with his basic diet plan. Weight watching, meal planning and problems of the family cook are discussed and practical suggestions on eating out and shopping for food are given. Single copies are available without charge by calling the Pierce County Branch of the Washington State Heart Association, BR 2-7854, or writing to 1104 South L Street.

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HOSPITALS . . .

Pierce County

With mingled feelings of pleasure and regret the hospital personnel attended the farewell party for Mrs. Hazel McMayburn on Friday, February 7, in the dining room. Her hospital friends are pleased that this efficient and beloved hospital librarian, who has retired, will be occupied now with study, travel and the various other cherished interests which she has had no time for during her arduous and helpful years of hospital work, but these same friends will miss the helpfulness and pleasant association which Mrs. McMayburn provided. The coffee table was festive with spring blossoms and a large, beautifully decorated cake was served. During the hour the honor guest was presented with two gifts: one, a choice cameo brooch, the other a monetary gift to help with her forthcoming travel expense.

Dr. Claris Allison spoke appreciatively of Mrs. McMayburn's long, helpful service, reviewing some of its history since the medical library was headed at Pierce County Hospital by Hazel McMayburn in November, 1943.

Mrs. McMayburn is a graduate of the University of Wisconsin Library School and before coming to Pierce County Hospital served as librarian at Iowa State Teachers College, at the library in Long Beach, California, the California State Library and the County Free Library, Yreka, California. She has also served in the public library of Juneau, Alaska. She holds a life certificate as Librarian in Washington State, has been granted a Medical Librarian's certificate by the Medical Library Society and is listed in Who's Who in Medical Library work.

The night nursing force gave a most delightful party honoring Zoe Molnar, R.N., on January 28. The affair was given to extend this popular nurse best wishes for a happy future home in Troy, New York. She left for New York City with husband, Sergeant I. Molnar, son James, and daughter Marcia, by airplane on February 10. Before coming to Pierce County Hospital, Mrs. Molnar, an ex-army nurse, was employed at Zame, Japan with the 8168th General Hospital. She is a graduate of St. Agnes Hospital Training School for Nurses in Philadelphia, Pennsylvania, and served in the Army Nurse Corps in England for two years during World War II. Many lovely gifts were presented to Mrs. Molnar by her friends during the coffee hour.

Valentine's Day was observed in the laboratory with a coffee and cake hour. A delicious

white and red frosted, heart-shaped cake, made by one of the laboratory force, Ida Rasor, centered the table. Dr. Whitaker was presented with a valentine from the group.

Mrs. Donna Stoker, who resigned her position in Social Service in October, 1957 to take over full time duties as a housewife and mother has been called back into service to fill the place left vacant by Mrs. Signe Kassa, who left the department for Nursing Home management business.

Saint Joseph's

The New Year has brought new plans for two of our girls. Marian Trapp from the clinical laboratory left for another position, and Janice Jones is attending the College of Puget Sound.

We all had a very enjoyable Saturday evening in Seattle at the home of Mary Ann Hunt. Mary Ann is a former student here. She has since been married and has a new baby boy whom we saw for the first time.

The Laboratory personnel are enjoying the new tile floor and the general face lifting which the department received recently. If you have not seen it, do drop in.

Mrs. Geraldine Strege, R.N., Mrs. Patricia Kennedy, R.N., and Mrs. Jewel Doering, R.N., were all blessed with pretty little girls. Mrs. Geraldine Lasby, R.N., and Mrs. Johnson, our physio therapist and Lillian Arndt, L.P.N., were likewise blessed with bouncing boys.

Mrs. Lapointe, known best as Beverly Campanoli gave an excellent talk to the senior students at St. Leo's. The topic "Feminine Hygiene and Marriage." The students enjoyed it immensely.

The sisters, faculty, and members of the student body were guests at a Valentine Party in the Nurses Residence Wednesday, February 13th.

The School of Nursing will be visited by Miss Gail Hotchkins, Executive Secretary of the State Board of Nurse Registration, on March 18, 19, and 20.

To Sister Francis Joseph we wish a Happy First Anniversary as Supervisor of third floor—which happened to fall on St. Valentine's Day (the anniversary that is.)

Congratulations to Sister Margaret Catherine and Sister Anthony Consilia for getting their Masters Degree in Nursing from St. Louis U.

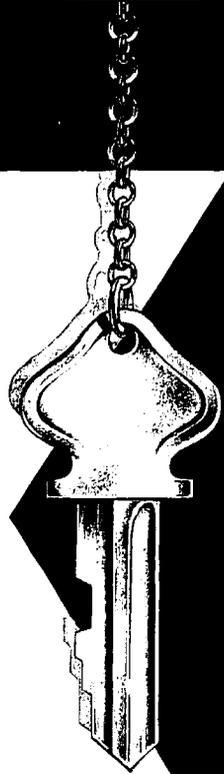
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(Continued from Page 17)

Mrs. Pastrano, R.N., is back working part time and we are very sorry to hear of the sudden passing of her mother in Puerto Rico in January.

We had a short visit with Robert Gould (class of 1954) now 1st Lt. in the Army Nurse Corps and one of the first male nurses to be commissioned. He is on leave at present and his next assignment will be Europe—Good Luck, Bob!

Infanticipating Mrs. Barrett (Redal) was surprised with a shower gift from those who worked with her on third.

Jerry Johnson has been passing out cigars on account that he is papa to a new baby boy (eight pounds). Jerry says: "Don't forget to mention the mother." Namely Leota Johnson (Pierston).

Mrs. Peterson is making preparations for a Golden Wedding Reception to be held Sunday, February 16th at her home, 127 Contra Costa, Fircrest. For her mother and father, Mr. and Mrs. Edward Daskam of McKenna, Washington. She will be assisted by her four brothers and their wives of this area.

Wednesday, February 12th, the Student Nurses were hostesses at a Valentine Party on the ward for the children.

Favors consisting of motifs of the day decorated each child's room. As each tray was taken to the bedside some special favor for the child was placed on it.

Mrs. Etta Majores, who until recently was a member of the staff on the 11-7 shift is the proud mother of a baby girl. Congratulations!

Mary Bricker was the only member of the staff who celebrated her birthday during the month of February.

Little Tommy Sobba was a patient in the department this month. Another victim of tonsillitis.

The tickets for the "Spring Fantasy" have been the main topic of staff discussion lately. Our first returns have been excellent. Keep up the good work girls and our goal of 100% will be reached.

Miss Shirley Davis is the new clinical instructor. Miss Davis joined the staff January 2, 1958, and in this short time she has fitted into her work, in such a way you would think she had been here for years. Miss Davis graduated from Seattle University in 1953, which is affiliated with Providence Hospital, Seattle. She was staff nurse for 3 months at Providence Hospital and she taught three years at Seattle U. School of Nursing. She taught one year at Columbus School of Nursing, Seattle, Wash.

Mrs. Emma Nickelson, graduated from St. Joseph's Hospital, Tacoma, received her di-

ploma with the class of 1923. Mrs. Nickelson did private duty nursing for many years, before becoming a staff nurse at St. Joseph's Hospital. Mrs. Nickelson joined the staff January 16, 1943, and has been one of the steady and reliable nurses on the floor.

Miss Florence Olson, graduated from St. Joseph's Hospital School of Nursing with the class of 1930. Miss Olson did private nursing duty for several years before she became a staff nurse at the hospital March 6, 1942. Miss Olson is in charge of the medicine room and she has been a very faithful and reliable nurse.

All of us at 2nd center are enjoying the new elegant green swivel chairs we received during the past few weeks. They are very comfortable and we do appreciate them very much.

Sister M. Evrard has been appointed to assist in the examination for accreditation of the Sacred Heart School of Nursing on March 3, 1958.

Tacoma General

The news that is making everybody happy at Tacoma General Hospital is that Mr. Babbit is rapidly recovering from his recent operation. Mrs. Babbit and he left for Hawaii on February 25, and will stay there through March. April should see him back at the office completely recuperated.

Dr. J. B. deVries from The Hague is the newest member of the intern staff. He earned his degree in Medicine from the Utrecht State University, Holland. He has had experience in the Dutch Army, as a ship's doctor, and in private practice.

Miss Bernice Nelson, and Miss Jo Ann Downing from the School of Nursing will attend a Nursing Curriculum conference in San Francisco during the week of April 14, 1958.

On April 1, Mrs. Donna Terguson will be the new Medical Instructor, replacing Mrs. Thomas Swayze, Jr. Mrs. Swayze has been Medical Instructor for four years.

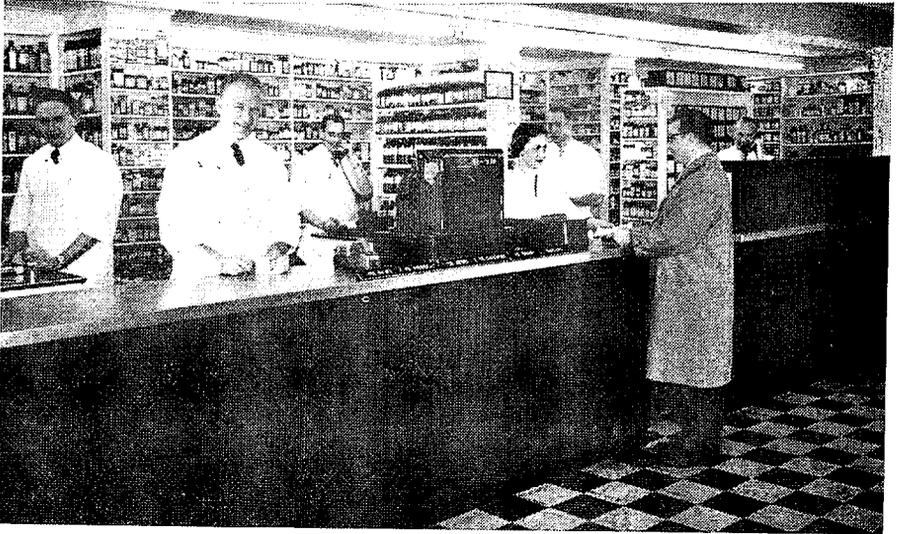
Mrs. Josephine Juberg, formerly administrative assistant to the Director of Nursing Service, has assumed her new duties as Personnel Director.

The Washington Chapter of the American Association of Hospital Accountants held a workshop at Swedish Hospital on February 19. Those who attended from Tacoma General were Mrs. Bernice Hockett, Mrs. Ilene Mills, and Mrs. Ethelwyn Miles.

On March 16, at the First Methodist Church, capping exercises will be held for the students who entered in the Fall of 1957. The Rev. W. C. Woodhams will give the main address, and

(Continued on Page 21)

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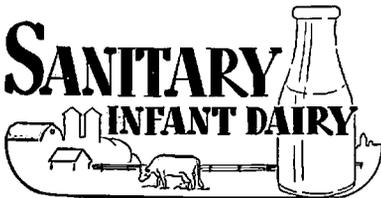


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(Continued from Page 19)

the soloist will be the Rev. R. H. Redal. Miss Ruth Kynoch will present the class, and the capping will be by Mrs. Ardyce Connor and Miss Jo Ann Downing.

Mrs. Elfreda Alexander is going to retire March 1. Since 1935 she has worked the 11-7 shift in the business office, operating the switchboard, admitting patients, and doing clerical work. Mrs. Alexander was left with two small children to raise when her husband was killed in a railroad accident. Both are now married, and the grandchildren are the joy of her life. Mrs. Alexander has developed hobbies too during these busy years, and her retirement will mean that she will have more time for gardening, ceramics, friends and family. She has been feted with parties and gifts by her co-workers on the night shift and in the business offices. We all wish her health and happiness in her leisure days.

Oregon Academy of Ophthalmology and Otolaryngology

The members of the Oregon Academy of Ophthalmology and Otolaryngology remind you of their invitation to relax and study with them in Portland, Oregon, during their Seventeenth Annual Spring PostGraduate Convention, March 21-25, 1958.

Otolaryngology Sessions — March 21 and 22. Speakers will be: Dr. Eugene L. Derlacki, Assistant Professor of Otolaryngology, Northwestern Medical School, Chicago and Dr. Alden H. Miller, Associate Clinical Professor of Otolaryngology, University of Southern California, Los Angeles. Members of the Department of Otolaryngology, University of Oregon Medical School, headed by Dr. Guy L. Boyden.

Ophthalmology Sessions — March 24 and 25. Speakers will be: Dr. W. Morton Grant, Associate Professor of Ophthalmology, Harvard Medical School, Boston and Dr. S. Rodman Irvine, Clinical Professor of Ophthalmology, University of California at Los Angeles. Members of the Department of Ophthalmology, University of Oregon Medical School, headed by Dr. Kenneth C. Swan.

There will be lectures and round tables discussions in both sessions.

A preliminary program will be sent about February 1. The completed program will be out about March 1. You may get additional information from — Dr. Robert W. Zeller, 605 Mayer Bldg., Portland 5, Oregon.

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ANNUAL REPORTS

Annual Report of Committee On Civil Defense

The Committee convened on five (5) occasions during 1957:

Three (3), were schedule meetings with City, County and State officials of Civil Defense organizations.

One (1), was unscheduled, the Committee members being alerted and assembled within the hour.

Another, was with those individuals of State, County and interested organizations involved with Civil Defense, at a day-long meeting at Madigan General Hospital, at which time a practical demonstration in the handling of 1,000 casualties was observed and discussed.

In addition, the chairman met with representatives of other county medical societies on two (2) occasions in Olympia. He also met with the committee chairmen of the various committees for disaster control of the local American Red Cross.

Progress

An attempt to correlate hospital disaster planning for the county to merge with a state-wide master plan has been initiated. Not all hospitals in the county have submitted their disaster plans, but it is contemplated that one member of this committee will work with the Disaster Planning Committee of each hospital in their efforts.

Progress has been achieved in orienting the new Committee with the problems of Civil Disaster and Civil Defense as well as acquainting para-medical, and associated organizations with the projected planning.

Consideration was given to the proposed plan for hospital organization for disaster planning on a uniform basis throughout the county, to be considered on a state-wide basis.

Recommendations

1. That the Committee of the Pierce County Medical Society concerned with Civil Defense hereafter be known as the Civil Disaster Planning Committee. (This recommendation is made in the face of the antipathy exhibited by many of the profession to the enormity of the casualty-load usually associated with nuclear warfare. It is felt that a greater interest and cooperation can be stimulated among members of the Society if the picture is a smaller one, associated with a local disaster, calling upon the medical community for adequate advance planning.)

2. That the Society go on record and recommend to hospitals in the county that they organize their disaster planning in units, to handle up to 50 casualties in local disasters. (The principal of this program is to develop plans on logistics for similar situations in order that the smaller hospitals may handle their share of the problem, either in local disasters or in Civil Defense problems, on the same organized basis which will be utilized in the larger hospitals. At the same time, the latter may expand their facilities to two or three, or even more, of these units.)

3. That the Society accept the proposed plan for Disaster Plan for Washington Hospitals and recommend its adoption to the hospitals of Pierce County.

Respectfully,

R. B. Link, M.D.,

Chairman

Report of Entertainment Committee

The following is a synopsis of the activities of the Entertainment Committee for 1957.

The Annual Dinner Dance was held Feb. 9, 1957 at the Tacoma Country and Golf Club. The dinner dance was a success and was attended by 126 people. The entertainment was provided by members of the Ladies' Auxiliary and dancing followed the dinner. The interns of various hospitals were taken as guests, and the committee is grateful to the generous contribution of \$93.00 toward the receipts which were given by the various members of the Medical Society who were unable to attend the dance.

The second social function was the Annual Doctor-Lawyer Banquet which was held April 26, 1957 at the University-Union Club. There were 153 members of the Legal and Medical professions in attendance. Following a fine dinner the entertainment was provided by various amateur story tellers from both professions and the feature entertainment of the evening was provided by Mr. Stan Boreson of Seattle.

The final social function of the year was the Annual Doctor-Dentist Field Day which was held on July 12, 1957 at the Tacoma Country and Golf Club. Approximately two dozen doctors and dentists braved the elements on a beautiful summer day and fished in the lower regions of Puget Sound. While they made very little appreciable change in the salmon population, everyone had a very enjoyable time and

we're all looking forward to next year's Salmon Derby. During the afternoon approximately 12 to 15 members of the Society played in a Tennis Tournament which was arranged by Dr. Glen Brokaw and Dr. Geo. Tanbara. This was the first year for this activity and was enjoyed by all participants. The Annual Doctor-Dentists Golf Tournament in the afternoon was the highlight of the day's activity and both the Medical and Dental professions were well-represented. In the evening, following a cocktail hour, members were treated to an excellent dinner, followed by the presentation of trophies and awards to the winners of the various sports activities. We were happy this year to be able to present a new Salmon Trophy which was donated by the Payless Drug Company and which will be a perpetual trophy.

The following is a synopsis of the Financial Report of the Entertainment Committee for the various social activities for the year.

Annual Dinner Dance

Feb. 9, 1957 (Tacoma Country and Golf Club)	
Attendance (26 guests)	126
Receipts	\$828.00
Expenses	870.00
Deficit	\$ 42.00

Doctor-Lawyer Annual Banquet
April 26, 1957 (U-U Club)

Attendance	153
Receipts	\$765.00
Expenses	722.00
Profit	\$ 43.00

Doctor-Dentist Annual Field Day
July 12, 1957 (T. C. & G. C.)

Receipts	\$528.50
Expenses	587.78
Deficit	\$ 59.28
TOTAL EXPENDITURES	\$101.28
TOTAL PROFIT	43.00

58.28

Budget for Entertainment Committee...\$300.00

These are some suggestions which shall be offered to the Entertainment Committee of 1958. Since the Annual Dinner Dance will be managed by the Women's Auxiliary next year and the Lawyer-Doctor Banquet will be managed by the legal profession, the Doctor-Dentist Field Day is the only activity which the Society will have charge of and plans should be made early. I would suggest that the legal profession be notified very early as to plans and publicity among their profession for the Annual Field Day. We would also suggest that the committee be made up of two members who are interested in fishing, two who are interested in tennis and

two who are interested in golf so that arrangements can be made more easily for these various activities.

The Entertainment Committee owes a debt of thanks to our Executive Secretary, Judy Gordon, for the tremendous amount of work she has done with the Committee with phone reservations, finances, etc.

Respectfully submitted,

F. J. Schwind, M.D.
Chairman

Report of School Health Committee

The School Health Committee has met a number of times during 1957 to discuss with Dr. Dayton, the school physician, various school health problems, to wit,

1. The chairman has attended the monthly meetings of the Advisory Health Council.

2. The committee met with the school nurses in October, and talked over the difficulties, which arise in arranging for correction of defects discovered by the school health personnel. There are an alarming number of children who have virtually no medical supervision, and facilities for care of indigent and marginal families are woefully inadequate.

3. Revision of examination forms is discussed annually.

4. Other meetings at the request of Dr. Dayton were arranged.

5. Current problems include dental caries, health education, school lunches and emotional disturbances.

The Committee will be enlarged next year and continue to serve in an advisory capacity.

Respectfully submitted,

R. A. Norton, M. D.,
Chairman

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Institutes Set at Western Reserve Law-Medicine Center

Western Reserve University's Law-Medicine Center has scheduled the fourth in a series of institutes for April 25-26 on the University campus.

Entitled "The Mind: A Law Medicine Problem," the two-day program will be held in the courtroom of the University's School of Law.

Prominent medical specialists will lecture on such topics as "Personality Growth and Development: Childhood, Adolescence, Adult;" "Causes of Mental Diseases and Illness; Physical and Emotional, Precipitating and Predisposing;" "Management of the Traumatically Disabled Mentally Ill;" "Classification of Mental Diseases and Illnesses;" "Psychological Testing and Interviewing;" "Law-Medicine Cases Involving Mental Diseases and Illnesses."

The primary purpose of the institute will be to indicate the effects of trauma to the human body.

Cooperating with the Law School in presenting the program will be the Cuyahoga County Coroners' Office, cosponsor of the Law-Medicine Center.

Sessions will be held from 9 a.m. to 4:30 p.m. on Friday and from 9 a.m. to 3:30 p.m. on Saturday. Tuition will be \$25.

For further information contact Oliver C.

Schroeder Jr., director, Law-Medicine Center, Western Reserve University, Cleveland 6, Ohio; phone CEdar 1-7700, extension 635.

Retarded Children Present The Game of the Year

An opportunity to view the results of training and rehabilitation of mentally retarded youngsters will be possible by attending The Game of the Year, March 29 at the C.P.S. Fieldhouse, 7:30 p.m. The Game of the Year, sponsored by the Tacoma Chapter, Washington Association for Retarded Children, features a basketball game between the retarded youngsters of Rainier School and Lakeland Village. There will also be exhibitions of dancing, singing and band music.

The objective of the event is educational rather than fund raising and is designed to inform the general public that mentally retarded children can be helped.

The needs of the retarded child are many. The problem is extensive, striking all races, creeds and economic groups. An estimated 50,000 children and adults are mentally retarded to varying degrees in the State of Washington. In the Tacoma-Pierce County area there are an estimated 3 to 4 thousand mentally retarded.

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Some Important Red Cross Medical and Nursing Policies

Red Cross medical, nursing, and dental assistance is intended for those who are ill or injured because of the disaster, or whose condition is aggravated by the disaster, and who would otherwise be unable to obtain medical, nursing, and dental care.

Professional services of physicians are procured for Red Cross shelters and emergency medical stations, and on a consultant basis when specialized services are required. Medical care on a mass basis may be necessary during the first few hours or days of the emergency, but pre-disaster relationships between physicians and their patients are reestablished at the earliest possible moment.

Assistance with the costs of medical care for disaster-connected illness or injury is given on an individual casework basis.

Payment for hospital care is made when the family lacks resources, insurance is lacking or inadequate, and free care is not available. Regular per diem rates for the type of accommodations required or actual hospital costs, whichever are lower, are generally considered reasonable.

The furnishing of biologics is a primary responsibility of local, state, and federal public health authorities. Except when necessary on an individual basis, provision of biologics by the Red Cross must have prior approval of the area office, and commitments for or the purchase of biologics will be made through the area office.

Authorizations by physicians to write prescriptions chargeable to the Red Cross for disaster patients will be granted only on an individual basis. Druggists should be informed of this policy and instructed to fill prescriptions as a charge against Red Cross only when the prescription is accompanied by a Red Cross disbursing order or, in an emergency, when it is written by a physician who is authorized by an official Red Cross representative. Physicians filling their own prescriptions must notify the Red Cross of the nature and cost of each authorized prescription filled. Drugs will be dispensed only on a physician's order.

Red Cross nursing services are provided for shelters, first aid stations, home visiting (either as a separate unit under Red Cross direction or as a supplementary staff of health agencies), and for hospitals to augment the regular nursing staffs.

Nurses assigned to Red Cross first aid stations and shelters work under Red Cross direction. Nurses assigned to augment the regular nursing staff of hospitals or health agencies

work under the direction of the respective supervisory staff of the institution or agency.

In epidemics, the Red Cross may assist when local hospital facilities, personnel, or funds are insufficient to meet minimum needs. Such assistance is provided only on request by the state or local health department or both, and may consist of hospitalization, besides nursing care and health supervision in the home, assistance in immunization clinics, or some other service urgently needed.

In polio outbreaks the Red Cross may recruit nurses for hospitals when hospitals cannot obtain adequate staff through regular employment channels. In such instances nurses are recruited according to procedures jointly adopted by the National Foundation for Infantile Paralysis and the Red Cross.

Income of Russian Doctors

Senator Thye (R., Minn.), quoting reports received by him from an engineering professor who visited Russia, says in the Congressional Record that the medical doctor or attorney in that country can expect to earn the equivalent of between \$325 and \$450 per month, while a university professor will be getting \$1,500 to \$2,750 plus such extra benefits as autos at no cost. Experienced engineers are paid about what doctors are, high school teachers \$300 to \$325, common labor about \$125. Ordinary living costs in Russia are reflected in the price of shoes: ordinary, \$25; good quality, \$75 to \$100.

—A.M.A. News Letter

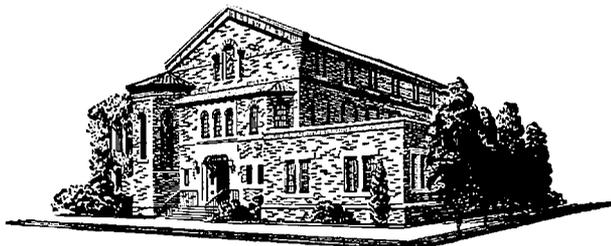
Dr. Sparkman To Head American Heart Assn. Rehab. Committee

Dr. Donal Sparkman, Seattle cardiologist and leader in the Washington State Heart Association's activities in the employment of heart patients, has been named chairman of the American Heart Assn. Rehabilitation Committee.

The appointment was announced by Dr. John Feree, acting medical director of the American Heart Association. The national Rehabilitation Committee includes nationally known physicians specializing in problems of the cardiac worker, labor and industrial leaders and heads of government agencies concerned in the problem. The new chairman will meet with the committee in New York, February 14.

Dr. Sparkman has been a member of the AHA Rehabilitation Committee since its organization in 1954. He is chairman of the Washington State Heart Association's Rehabilitation Committee and is also Medical Director of the Association's Cardiac Work Evaluation Clinic, a service which assists in solving the work problems of heart patients.

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*Eighth Annual Meeting of
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Saturday, March 8, 1958

PROGRAM

Morning Session

Jackson Hall—Tacoma General Hospital

- 9:30—Registration and morning coffee
Presentations for discussion by the guest speakers. Moderator: George A. Race, M.D.
- 10:00—Chicken-pox Pneumonia, Robert E. Lane, M.D.
- 10:15—Lymphogranuloma Venereum, Charles Arnold, M.D. (by invitation).
- 10:30—Subacute Bacterial Endocarditis, Bernard Rowen, M.D. (by invitation).
- 10:45—Ornithosis, Rodger S. Dille, M.D.
- 11:00—Reiter's Syndrome, Infectious Hepatitis, Pancytopenia, Calvin R. Lantz, M.D.
- 11:15—Tetanus, John L. Whitaker, M.D.
- 11:30—Staphylococcus Pneumonia, Theodore J. H. Smith, M.D.
- 11:45—Recurrent Infectious Mononucleosis, H. A. Anderson, M.D.

Afternoon Session

Jackson Hall—Tacoma General Hospital
Moderator: William P. Hauser, M.D.

- 1:30—Common Problems in Antibiotic Therapy. Treatment of Staphylococcal and Other Difficult Infections, Wm. M. M. Kirby, M.D., Associate Professor of Medicine, University of Washington, School of Medicine.
- 2:15—Recent Advances in the Diagnosis and Management of Viral Infections, Gordon Meiklejohn, M.D., Professor of Medicine, University of Colorado, School of Medicine.
- 3:00—Fever of Unknown Origin, Wm. M. M. Kirby, M.D.
- 3:45—Coffee Break.
- 4:00—Definition of Virus and Virus Infections, Karl F. Meyer, M.D., Director, George William Hooper Foundation, University of California Medical Center, San Francisco, California.

Evening Session

Crystal Ballroom Winthrop Hotel

- 6:30—Social Hour, Rodger S. Dille, M.D., Presiding.
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1. J.A.M.A. 163:358 (Feb. 2) 1957.

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Mail Order Medical Care

"Punch," the English humor magazine recently had some suggestions for improving treatment under Britain's socialized medical plan. Since it seems that most everyone in this country now has some form of medical insurance and doctors are frequently visited, this plan for speeding out-patient treatment may have possibilities.

We're all familiar with the rambling discourse between doctor and patient that starts all case histories, especially if the patient has plunked himself into a large, cozy and comfortable leather chair.

"Punch" suggests that doctors can be freed to see twice as many patients if they will provide in their waiting rooms pencils and cards with spaces to be checked covering the following circumstances which usually occur in at least half the consultations.

Dear Doctor:

1. I have got a (a) pain (b) cough (c) girl into trouble.
2. I have not had a (a) wink of sleep (b) drop to drink (c) complaint from the neighbors (d) square meal for weeks, month, years.
3. I am worried because I have been (a) in contact with polio (b) on a blind in Paris (c) reading the Reader's Digest.
4. I am beginning to feel (a) better (b)

worse (c) my age.

5. I put everything down to (a) the stuff they put in the bread these days (b) draughts (c) experience (d) expenses (e) my visions.

6. I don't see why I can't have another (a) bottle of the (b) red (c) fizzy (d) usual medicine or (e) day off work (f) baby (g) doctor.

7. The medicine you gave me last week made me (a) better (b) worse (c) sick (d) suspicious.

8. I am afraid that I shall soon be (a) fit for work (b) back to my old habits (c) dead.

Yours truly, Patient

Of course, the system could be speeded up more if it were all handled by mail. Then the Doctor could send back a card saying Dear Patient:

1. This is to certify that in my opinion you are unfit to (a) work (b) join the army (c) propagate your species.

2. All you need is a change of (a) air (b) diet (c) underclothes.

3. I think you should take more (a) exercise (b) time over your meals (c) care of your old woman (d) notice of what I tell you.

4. I shall need (a) a radiograph (b) a second opinion (c) time to think.

5. Your case is quite (a) simple (b) interesting (c) imaginary (d) hopeless.

6. Go to the (a) hospital (b) optician (c) dentist (d) Devil.

Yours truly, Doctor

—Bulletin of Luzerne Co. Med. Soc.

Blood Bank Briefs

Following is a summary of the Annual Report of the Tacoma Pierce County Blood Bank as presented to the Board of Trustees by Dr. M. J. Wicks, Director.

In 1957 there were 7,134 donors at the Blood Bank; of this number approximately 20% were obtained on the Bloodmobile. These figures have remained about the same for the last two years.

There was a 33% increase in the use of wet plasma distributed by the Blood Bank. This has probably been due to recognition of Allen's work which shows this preparation to be essentially free of the active virus of infectious hepatitis.

Approximately one-third of the blood replaced is in the form of credit from the 193 reserve accounts, or "pools," registered at the Bank.

Transactions with the Pacific District Blood Bank Clearing House totaled 800 indicating an increasing awareness that blood may be given in any city for credit to patients in other sections of the country.

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Invitation To Hawaii Summer Medical Conference

The recent announcement and invitation to Mainland doctors by the Hawaii Medical Association to attend the Hawaii Summer Medical Conference in Honolulu July 1-3, 1958, has caused a great deal of interest.

The Conference is under the auspices of the Hawaii Medical Association, constituent society of the A.M.A., and Dr. Samuel L. Yee, President of the Hawaii Medical Association, has extended an open invitation to members of the medical profession to attend the Conference.

Included in the program are breakfast panels and a special afternoon clinic at a local hospital. Such outstanding speakers as Dr. Frederick C. Robbins of Cleveland, Dr. Ernest Jawetz of San Francisco and others of equal stature, will present papers of particular note.

The Conference has been timed to immedi-

ately follow the A.M.A. Annual Meeting in San Francisco June 23-27, 1958. Official travel arrangements to attend the Conference are under the direction of Lee Kirkland Travel of Chicago and Kansas City (operators of Medical Tours). Aside from attendance at the scientific sessions, various other official social functions will be provided in the official trips, and a choice may be made of traveling round-trip by air or combining air and steamer travel between the Mainland and Honolulu.

For additional information, Conference Registration Forms, or to place reservations, contact Lee Kirkland Travel, c/o Medical Tours, P. O. Box 3433, Chicago 54, Illinois.

Third Polio Shot

The third round of polio shots will begin March 31st, completing the adult polio immunization program started last summer.

The program will be essentially the same as before, and will be carried out through the combined efforts of the Pierce County Medical Society, County Health Department, National Foundation for Infantile Paralysis and Pierce County Nurses' Association.

Clinics will be held in fire stations throughout the county four days a week, Monday through Thursday, for three consecutive weeks; hours will be from 7 p.m. to 9 p.m. The vaccine will be purchased with funds contributed for this purpose by the UGN, Pierce County Chapter NFIP and voluntary contributions made by the public at the clinics last summer.

Once again, physicians will be asked to volunteer their services to give the inoculations at the clinics. A letter giving more detailed information will be mailed out in the near future.

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MONTHLY MEETINGS

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the Month—8:15 p.m.

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept. and Dec.—7:15 a.m.
at Scotty's Cafe

PIERCE COUNTY PEDIATRIC SOCIETY

First Friday of Sept., Nov., Jan., March and May

The **BULLETIN** *of the*
PIERCE COUNTY MEDICAL SOCIETY

VOL. XXIX—No. 8

TACOMA, WASH.

APRIL - 1958



Pierce County Medical Society

1958

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 Vice-President Chris C. Reynolds
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Happy Birthday

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- WILLIAM MATTSON, JR.
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NOTICE

Check back page of Bulletin for calendar of special meetings

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Current Concepts in Therapy: Sedative-Hypnotic Drugs II. Chloral Hydrate. New England J. Med. 255: 706 (Oct. 11) 1956.

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MEETING
PIERCE COUNTY MEDICAL SOCIETY
TUESDAY, APRIL 8
8:15 P.M.

MEDICAL ARTS BUILDING AUDITORIUM

PROGRAM

**MALPRACTICE, and RECENT CHANGES
IN ATTITUDES OF THE COURTS**

Mr. Edward L. Rosling, Legal Counsel for WSMA

Mr. Milton Warner, Attorney, Seattle

Mr. Robert Young, Attorney, Tacoma

Mr. Ralph Neill, Executive Secretary of WSMA

Panel discussion, followed by question and answer period.

* * *

A no-host social hour and dinner will precede the meeting

Social Hour: 6:00

Dinner: 6:45

Place: Honan's Restaurant

(across St. Helens Ave. from the Medical Arts Bldg.)



Your My Fair Lady...

Your fair lady, and your children, may face a troublesome time at your demise unless you have a Will. You could leave a tremendous burden upon your wife in the settling of your affairs. Few women have had experience in the many legal and business details involved. Naming a bank as executor is a simple way to relieve your wife and family of many unnecessary burdens. A Will provides the greatest economy for your family.

If you don't have a Will, consult an attorney, no matter how large or how small your estate.

He will draw a legally sound Will for you. The cost need not be great.

Special attention should be given to naming a bank as executor. A bank's trust department acts as a business manager for estates. It has the experience . . . it is timeless and permanent and has financial responsibility.

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GUEST EDITORIAL

Many of our colleagues are not clearly aware of the distinctions between the World Medical Association (WMA) and the World Health Organization (WHO).

There is also confusion as to the distinction between the United States Committee of WMA and the Citizens Committee for WHO.

Since WHO is to hold its "World Health Assembly" in the U.S.A. this Spring, it would be desirable for our colleagues to have a clear understanding of these two organizations before this meeting.

As you probably know, the A.M.A. is a member of WMA, and the A.M.A. House of Delegates last June strongly urged every member of the A.M.A. to join the U.S. Committee of WMA.

Following, on page nine, is a list of the differences in the two organizations; we hope that publication of them may help us in our current effort to increase the membership of the U.S. Committee of WMA.

LOUIS H. BAUER, M.D.,
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What is the Difference Between . . . THE WORLD MEDICAL ASSOCIATION and THE WORLD HEALTH ORGANIZATION?

The World Medical Association

1. WMA is an organization of national medical associations. The unit of membership is the most representative national medical association in each country. It is completely non-governmental. It is not part of the U.N. It is a voluntary organization.

2. WMA represents the practicing medical profession.

3. WMA was organized in 1947 by AMA representatives and Western European medical leaders. Purpose was to exchange medical knowledge, to protect the freedom of medicine, and promote world peace.

4. Each member association sends two delegates, two alternate delegates and observers to the General Assemblies—the supreme policy making body of WMA.

5. The executive body of WMA is the Council. This meets twice a year and comprises 11 members elected from the Assembly and the President, President-Elect and Treasurer.

6. WMA is supported by members' dues and contributions and the annual budget is about \$165,000.

7. American physicians and allied corporations interested in the work of WMA are organized as the United States Committee of The World Medical Association.

The World Health Organization

1. WHO is an intergovernmental health agency. The members are the governments that accept the nine principles upon which WHO is founded.

2. WHO represents governments in their public health and medical activities.

3. WHO is the result of proposal of U.N. in 1945 to create a specialized agency to deal with all matters related to health on a world-wide scale.

4. Each member government sends three delegates, chosen preferably from the national health administration of the government, to the annual World Health Assembly.

5. The Executive Board of WHO is the executive body and consists of 18 members elected to represent 18 member governments.

6. WHO is supported by dues allocated by the U.N. scale and the budget for 1958 is \$13,000,000.

7. American citizens interested in the work of WHO are organized as the Citizens' Committee for the World Health Organization.

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WOMAN'S AUXILIARY

To The Pierce County Medical Society

1957-58

Woman's Auxiliary Pierce County Medical Society Officers and Chairmen

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Mental Health	Mrs. John Havlina
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Infantile Paralysis	Mrs. Douglas Buttorff
Safety	Mrs. Calen Hoover
Rehabilitation Center	Mrs. Walter C. Cameron, Mrs. Phillip Backup
Public Health Nursing	Mrs. Charles Anderson
Community Council	Mrs. John F. Steele
City Council	Mrs. William Goering
Health Council	Mrs. Merrill Wicks
Fashion Show	Mrs. Robert Florence
Dance	Mrs. Horace Anderson
Christmas Party	Mrs. Howard Pratt, Mrs. Robert Osborne

April meeting will be a luncheon at the home of Mrs. Franz Hoskins on April 18th at 12:30. Program topic and speaker will be on civil defense and safety. The election of Auxiliary's officers for next year will take place at this meeting.

The March meeting on the 21st at the home of Mrs. Charles Arnold provided a delightful luncheon served by Chairman Ruth Zimmerman and her committee; Nancy O'Leary, Lorraine Adams, Martha Brigham, Keatie Gross, Florence Rigos, and Marilyn Mandeville. State Auxiliary President Marjorie Lynch of Yakima,

and State President-elect Marjorie Lyons of Spokane were introduced, and spoke briefly on State policies.

Vice-President Hazel Whitacre, conducting the meeting in the absence of Ruth Murphy, announced the slate of officers selected by the nominating committee for election at the April Meeting. Following are the nominees for the elective offices on our Auxiliary Board . . .

President	Mrs. Robert Florence
President-elect	Mrs. Joseph Harris
1st Vice-President	Mrs. Herman Judd
2nd Vice-President	Mrs. Robert Osborne
3rd Vice-President	Mrs. Carl Scheyer
4th Vice-President	Mrs. Burke Lair
Treasurer	Mrs. Haskell Maier
Recording Sec'y	Mrs. Charles Anderson
Corresponding Sec'y	Mrs. Kenneth Gross

Health Week

Pierce County Health Week March 17-21, enlisted the efforts of many Auxiliary members connected with the various health agencies in town. Health Week is annually planned and sponsored by the Health Council, a group which acts as coordinator for the separate health agencies, and as liaison between them and UGN.

Marge Wicks, Auxiliary's representative to Health Council, and 2nd vice-president of that organization, tells us the highlight of Health Week was the film festival at Jackson Hall on the 19th, to which each health agency contributed an interesting film for public viewing.

Auxiliary's part in the Health Week program was the impressive window display at Stadium Toy and Craft that week. This project was accomplished by Lorna Burt, Auxiliary's public relations chairman, and her committee, Sally Bond and Louise Bowen.

After seeing this window display, we were curious to learn how this was done on a budget of \$0.00. Lorna Burt explained that everything in the window was donated for the week by civic-minded businessmen. The mannequin illustrating a patient of the Rehab Center was loaned by Tacoma General, and besides being the focal point of the display, it proved the most complicated of the arrangements. Tiny Lorna Burt and petite Sally Bond had to roll up their sleeves and transport this six-foot-plus lady to Tacoma Brace and Limb for the specially sized leg brace, (her skirt fell off during the rush hour on K Street), and then over to Stadium Toy and Craft, (a leg fell off as the girls carried her past Scotty's).

(Continued on Page 13)

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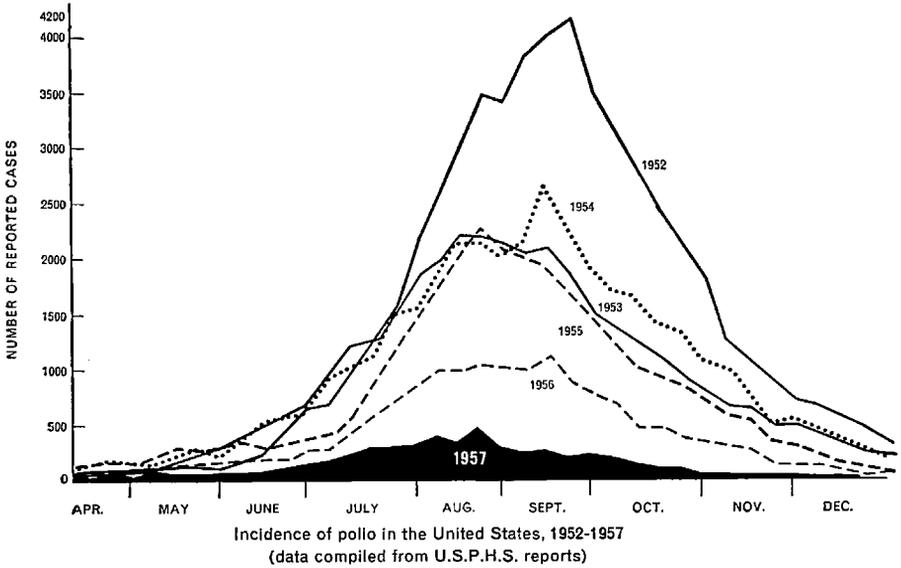
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A MIRACLE IN OUR TIME?

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vaccine is plentiful for the job remaining

There are still more than 45 million Americans under forty who have received no vaccine at all and many more who have taken only one or two doses.

As it was phrased in a public statement by the Department of Health, Education, and Welfare:

*“It will be a tragedy if, simply because of public apathy, vaccine which might prevent paralysis or even death lies on the shelf unused.”*²

Eli Lilly and Company is prepared to assist you and your local medical society to reach those individuals who still lack full protection. For information see your Lilly representative.

1. J. A. M. A., 165:21 (November 23), 1957.

2. Department of Health, Education, and Welfare: News Release, October 10, 1957.

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(Continued from Page 11)

Another activity in which Auxiliary participated during Health Week was the open house at the Rehab Center on the evening of March 21st. Auxiliary members Edna Backup, Emma Bonica, Helen Florence, Betty Smeall, and Elvina Brokaw acted as hostesses at the open house, serving coffee and cookies to guests, and conducting guests through the Center.

Auxiliary also served luncheon at the Rehab Center to the medical advisory board on March 25th. This was done by Adele Durkin, assisted by Pat Hoover and your writer.

Don't Miss Monte Carlo

Lucky at cards and/or lucky at love? In whichever field your talents lie, you'll find plenty of opportunity to try your luck on Monte Carlo night, April 12th, at the University-Union Club.

Mrs. G. G. R. Kunz, Sr., chairman of the affair, has planned a night of frolic for the daring and adventurous among Auxiliary members, husbands, and their special guests. "Fun Unlimited" is the slogan of this party set in the atmosphere of indiscreet Monte Carlo.

Your \$5.00 donation to the high-principled A.M.E.F. fund allows your admission to Monte Carlo's casino . . . where a lavish dinner of salmon, roast beef and Yorkshire pudding will be topped off by "A Kiss In The Clouds." Pretty cigarette girls Bianca Mattson, Lorraine Kunz, Becky Banfield, and Noreen Hoskins will circulate in the cocktail salon, bestowing favors. King of the gambling tables, Tom Murphy, will preside at dice, Horace Anderson will be head dealer at the card tables, and Edward Anderson will operate the roulette. There will be bingo for high stakes, bridge and canasta for the more conservative.

Imaginative decorations by Hazel Whitacre and Hilda Lantiere will belie the respectable University-Union Club scene. Several women of ill repute will be on hand to complete the picture.

Reservations for this must be made in advance by calling ticket chairman Helen Kittredge.

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Medical Center

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Best-Fed Committee in Town

The planners for Monte Carlo were probably the most elegantly handled group at work last month. Mrs. Kunz entertained her committee initially at a sumptuous breakfast, and for the second meeting took them to lunch at the University-Union Club. A cocktail, a wonderful luncheon, violets for each, and a little bingo afterwards were the ideal arrangement to inspire ideas for the party and to enlist the whole-hearted efforts of this group.

The Chain Gang

Philharmonic's chain-luncheon idea, which has provided impetus for dozens of very nice luncheon parties this season, was cleverly altered by Adele Durkin and Emma Bonica to meet all their Philharmonic obligations at one fell swoop, at one huge luncheon for Auxiliary members on April 8th. Adele and Emma will co-hostess the party to be given at the Bonica home, which will benefit the Philharmonic, and which will then involve almost the entire Auxiliary in the chain-luncheon plan.

Newcomers

Donna and Bob Ferguson welcomed a new girl to their family last month, and the Robert Johnsons launched their careers as parents with a baby boy.

Chivalry Is Not Dead

Gentleman of the old school, Doctor Lawrence Brigham, was just being a gentleman when he offered to let one intellectually inert Auxiliary member drive his new sports car last month. A burned-out brake lining did not burn up this gallant sportsman.

Family Service of Tacoma, a UGN agency with offices at 220 Security Building, provides professional counseling service to people who have family and personal problems. Staffed by professionally trained family counselors — all of whom hold Master's Degrees in Social Work and have years of experience in practice — the agency's services are available on a sliding fee basis to anyone in the Tacoma-Pierce County area. Appointments are arranged by calling Market 7-6105.

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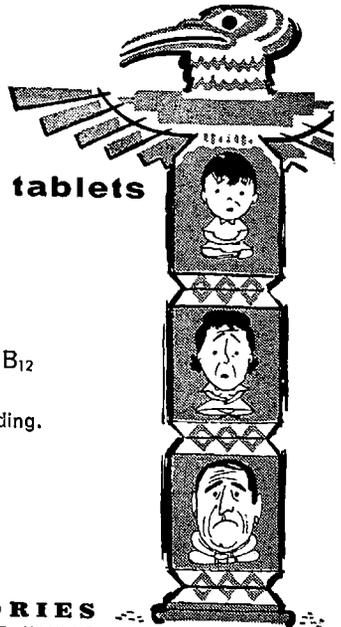
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In Memoriam

Dr. Edwin L. Carlsen expired in a local hospital March 1 at the age of 78, after an illness of perhaps six weeks duration—according to him.

Born in Albert Lea, Minnesota, the doctor attended the University of Minnesota and received his M.D. degree in 1906. While at Minnesota he played in the University band and was a member of Nu Sigma Nu medical fraternity.

Dr. Carlsen interned in the N.P.B.A. Hospital in Tacoma and was licensed in 1907. He entered the general practice of medicine in South Tacoma and remained in active practice until the day he entered the hospital, January 20, 1958.

Dr. Carlsen loved the Puget Sound country and took many trips around the Sound for several days at a time. An ardent golfer, he would play until it was so dark he could hardly see the ball—if he could find someone to play with; he had been a member of the Tacoma Country and Golf Club for many years and frequently played fifty-four holes of golf a day.

In past years, Dr. Carlsen loved the State Medical Association meetings and always participated in the golf tournament, enjoying every minute of it.

Dr. Carlsen will long be remembered as a very pleasant and jovial individual who enjoyed getting out with his colleagues. He will be missed by his many loyal patients and friends.

—John W. Gullikson, M.D.

Blood Bank Briefs

The specter of virus hepatitis in plasma, pooled in numbers of units sufficient to negate the necessity for cross-matching, has been dispelled by such work as that published by Allen in 1953 and others since then. Clinical surveys published by Hoxworth in J.A.M.A., March 15, 1958 indicate that "strong evidence exists that stored plasma can be used with reasonable safety."

The Tacoma-Pierce County Blood Bank has been supplying pooled wet plasma which meets Allen's criteria. There is little reason for hesitancy in its use where proper clinical indications are present.

Total cost is \$18.50 by the BB plus administration charges by the hospital. Part of the Blood Bank bill (\$10) can be cancelled by a replacement of a unit of blood to the credit of the patient.

—M. J. Wicks, M.D.

EDITOR'S NOTE: The following piece was received recently from our "California correspondent" Lewis Hopkins who, with his wife, is enjoying a winter in Santa Barbara.

It Did Happen Here

Recently I walked with a doctor friend along the beach of a southern California resort town. Anchored about half a mile from shore was an unusually large and beautiful yacht concerning which my colleague told this story.

We had been classmates at a mid-western school and among our past common experiences had been service in the school's outpatient medical department.

When, as was usually the case, the patient could use a laxative to advantage, there was always available a large stock solution of mineral oil and agar-agar which carried the appropriate name of Helper and we agreed that many gallons of this mixture were dispersed each year in the clinic with uniformly good results.

One of the students of our time graduated, interned, came West and eventually found himself poor but ambitious starting a practice in southern California. Patients were few, and hoping to add to his slender income he gladly accepted the duties as House Physician in one of the better hotels.

One day he was called to see a gentleman living in the hotel and during the course of his treatment, the young doctor used some of the reliable Helper which a local druggist had made up for him.

The treatment proved very satisfying and the grateful patient asked particularly regarding Helper. He was told where it had originated and that the simple remedy was not on the market but had been made up by a neighborhood druggist. The patient insisted that such a valuable remedy should be manufactured and made generally available and he felt so strongly this should be done that he offered to finance a company with the help of the young doctor and the neighborhood druggist.

A company was promptly formed with the former patient retaining 50% of the stock and the doctor and druggist each receiving 25%. That venture prospered mightily.

The young doctor soon gave up his hotel job, but continued to practice until a few years ago when he sold his one-fourth interest in the company for \$8,000,000.

The beautiful yacht I saw in the harbor belongs to him and now, in his seventies, he lives on board her when he is not abroad.

That is the Petrolagar story from southern California—that unique portion of the United States where "anything can happen."

—Lewis A. Hopkins, M.D.

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HOSPITALS . . .

Tacoma General

S.W.A.N.S. or State of Washington Association for Nursing Students will have its annual convention in Seattle on April 24, 25 and 26. Janet Gadbrow, Tacoma General Hospital Senior, is secretary of the organization. The Washington State Nurses Association will be having its annual convention at the same time.

Surgical-Clinical Instructors, Jo Ann Downing and Bernice Nelson, will attend a nursing curriculum conference in San Francisco from April 14 to April 16. This conference is sponsored by the National League of Nursing, Division on Nursing Education.

Mrs. Donna Ferguson will be the new Clinical Instructor in the medical area when Mrs. Marliss McCann Swayze leaves on April 15. Mrs. Ferguson has just completed her graduate work for a Master's degree from the University of Washington. She has had experience in staff nursing, Public Health nursing, and the teaching of medical nursing.

The new secretary at the School of Nursing is Mrs. Margie McCracken. She has been an airlines stewardess and supervisor as well as having had office experience. She has come to Tacoma from California with her husband, Wynn McCracken, announcer for radio KMO.

Saint Joseph's

St. Joseph's Hospital Auxiliary held its first meeting at 7:00 p.m. on March 20th. It was well attended by an enthusiastic and interested group of women, and it seemed as if God smiled down His approval in this very new enterprise. Everyone said goodnight and parted with a feeling of satisfaction and appreciation.

Permit me to add here that the purpose of this auxiliary is to promote the welfare of the Hospital and to foster better public relations. The next meeting will be held on April 22nd at 8 p.m. in the Cafeteria. Won't you please come — we would enjoy having you as a member.

A party "the likes of which you've never seen," was held in our department on March 17th—everyone sported the little green emblem. Earlier in the month a birthday part was given to honor Molly Garrett and Marie Mitchell. They look as young and sweet as ever.

March of 1958 will ever be remembered by Mrs. Plunkett, R.N., for she became the mother of a nice big boy.

Mrs. Barrett, R.N., proud and attractive mother of a girl.

Mrs. Sonerson, R.N., received a little girl to keep company with her other daughter. To our department came five new student nurses. The birth of a baby, "a miracle all its own" is the most dramatic occurrence they have ever witnessed. We hope to find amongst them some good O.B. nurses. Dr. Myrna Estruch is our new Intern and her brown eyes sparkle when the babies smile back at her.

Sisters Antonia, Patricia Francis, Barbara Ann, and Francis Edwardine attended the mid-year convention of Washington State Hospital Association which was held in Spokane. An excellent talk was given by Mr. Harry Becker, Blue Cross representative on Rising Hospital Costs. Disaster Planning was the subject of a talk by Don Cook of The V.A.H. in Spokane. He presented a guide for all hospitals in the state to facilitate and coordinate their endeavors in drawing up workable Disaster Programs in each hospital. The Catholic Hospital Association held its meeting Monday evening at Sacred Heart Hospital. Legal Aspects was the main subject discussed at the meeting.

Mrs. Phyllis Harris our 11-7 nurse is at home recuperating after an emergency surgery. We are all happy to see her on her feet again and hope it won't be long before she is back with us.

Things in the department don't seem quite the same since Donny Hanson is gone. Donny was a severe "burn case" that was with us for 5 months. On our field trip to the Crippled Children's School we saw Donny working away with the looms and using both hands. He sends his greetings to all his many friends at St. Joseph's.

Our present group of students will be leaving us for their Psychiatric Affiliation at American Lake Veterans Hospital. We're sorry to see them leave. Good luck, girls, in your new venture.

It's been a real pleasure to have the staff cooperate so well in the sale of tickets for our coming "Spring Fantasy." With such cooperation I'm sure the affair could be made a real success.

Sister Theodore Joseph and her staff have been busy as bees doing Spring house cleaning in the department. Some of our rooms have new drapes which adds a great deal to the decor.

Sister Evrard is back after having spent a week assisting with a review for national accreditation of a school in Eugene, Oregon. The spring quarter began on March 17th and new

(Continued on Page 19)

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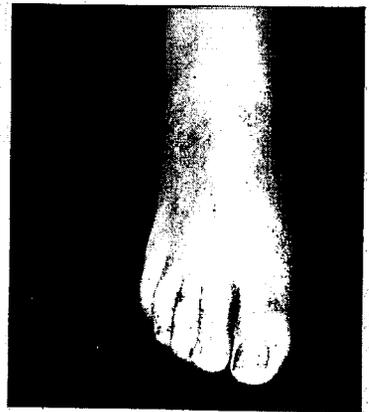
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GEIGY ARDSLEY, NEW YORK

(Continued from Page 17)

faces are seen on the wards that have been absent for the last quarters and students leaving for their affiliations.

Miss Hotchkins will be making her yearly visitation to our school March 18-20.

Miss Jan Barcott, an affiliate student, has completed her course March 11th. She intends to relax until after she takes the state board.

The painter has almost finished his first coat of paint in the chapel. We will have an entirely new color scheme in the chapel when the job is completed. All the pews are to be redone with new pads on the kneeling benches. The present plans are to have the major work finished before Easter.

Pierce County

It is always regretful when esteemed personnel retire from the hospital. This month the nursing staff lost a valued member when Ada Johnson Webster retired. For the past 11 years she has been on the Medical Nursing force of Pierce County Hospital which followed many years of private and other nursing work. She has announced that she is discontinuing the nursing profession entirely to give full time as a homemaker for her husband. She will be greatly missed by her associates who have always regarded her as a most efficient and reliable worker as well as a delightful companion. Friday, March 14, a hospital party was given for Mrs. Webster in the hospital dining room when, after the coffee hour, she was presented with a beautiful floor lamp and sundry other gifts which in a humorous manner were suggestive of her past nursing duties.

Other valued workers to retire are Marie Witty, for 13 years employed on the Diet staff and Pauline Lohen, for 15 years in the Laundry department. Both women have endeared themselves through their pleasing personalities and efficiency, and their departures are regretted. Their associates entertained them on Wednesday, March 12, with a cake and coffee party when they presented Mrs. Witty with doorbell chimes for her home and gave Mrs. Lohen an attractive handbag. All hope that these three former employees will return often to visit old friends at the hospital.

Mrs. Ann Ness is being missed these days while she is on leave of absence from her position as head of the Emergency Room. Ann is taking a well deserved rest. Her position is being filled during her absence by Mrs. Irma Hough.

Miss Alix Bury, head of the record department, attended the meeting of the Washington

State Association of Medical Record Librarians, held February 13 in Doctors' Hospital in Seattle.

Kathy Pickett, record department, and husband, Jerry, of the U.S. Army, and stationed at Fort Lewis, are leaving on vacation to be spent with their families in Bloomington, Illinois.

The Housekeeping department honored a member, Larry Cook, with a baby shower. He became the proud father of a ten pound boy on February 25. The affair was held on the second floor and a beautifully decorated cake centered the table, otherwise adorned with spring flowers and long-legged storks. Numerous appropriate gifts were given to the guest of honor, who, no doubt, will hand them on to the new son and heir.

Puget Sound Chapter of the National Executive Housekeeping Association will meet at Pierce County Hospital on March 14, 1958, for a gathering to entertain several prospective members and hear discussions on benefits, aims and the purposes of the organization. Mr. Howard Bond, district president of the Toastmasters' Club, will talk on the Importance of Communication. Nelle Satter and Leitha Munce will be hostesses for the occasion.

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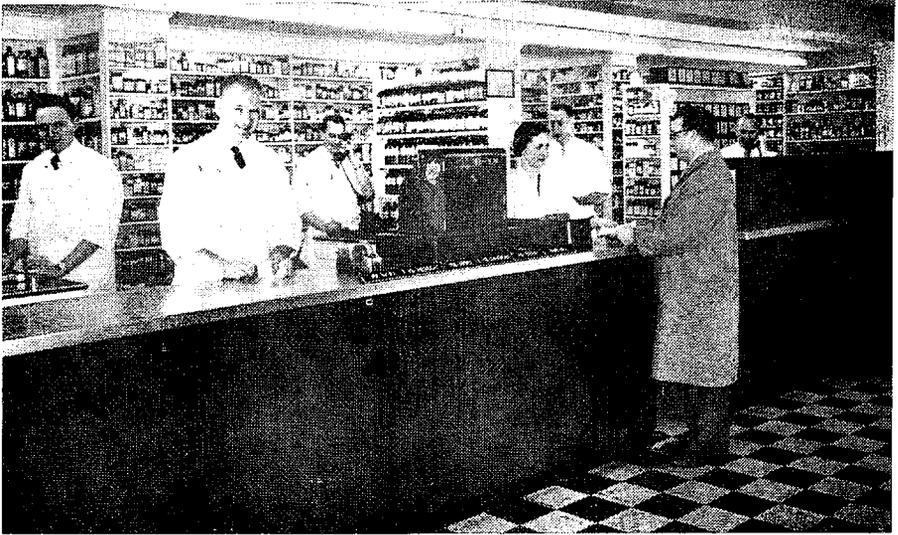
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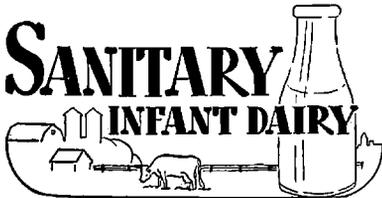


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Speakers Announced For W.S.M.A. Convention

Gunnar Gundersen of LaCrosse, Wisconsin, president-elect of the American Medical Association, will be featured speaker at the 1958 convention of the Washington State Medical Association, according to an announcement by President Milo T. Harris.

Dr. Harris also announced the selection of five outstanding guest speakers for the scientific program of the convention, which will be held September 14-17 in Spokane, with headquarters at the Davenport Hotel. Arrangement are being made also for a sixth guest scientific speaker, whose name will be announced in the near future.

Dr. Gundersen will deliver an inspiring message based on his many years as a physician and long experience in organized medicine. He was a member of the A.M.A. Board of Trustees for nine years, the final two years as chairman, prior to being named president-elect last year. He will assume the presidency in June.

The guest scientific lecturers will address general sessions in the afternoons of Tuesday and Wednesday, September 16 and 17, and will also speak at the six refresher courses planned for the morning programs those days, according to Clyde A. Stevenson of Spokane, chairman of the Scientific Program Committee.

The speakers and their topics for the afternoon programs are as follows:

John Caffee, New York, professor of radiology at Columbia University and radiologist to Babies Hospital, Presbyterian Hospital and Vanderbilt Clinic: "The Osteochondroses and Normal Variation in the Growing Skeleton," and "Radiographic Signs of Mongoloidism During Early Infancy."

Walter A. Fansler, Minneapolis, clinical professor and director of the Division of Proctology, University of Minnesota Medical School: "Polyps of the Colon," and "Hemorrhoids and Fissures."

W. S. Middleton, Washington, D.C., chief medical director, Department of Medicine and Surgery, Veterans Administration: "Aneurysm of the Aorta."

Robert D. Murray, head, Department of Orthopedics, Scott and White Clinic, Temple, Texas: "Osteomyelitis," and "Fractures of the Elbow."

Lucian Smith, Rochester, Minnesota, assistant professor of medicine, Mayo Foundation: "Abdominal Pain."

Schedules and subjects of the refresher courses to be given during the morning sessions will be announced in the near future.

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Poison Control Center Report

The physicians of Pierce County wish to publicly thank the personnel of the Poison Control Center for the tremendous effort they have put forth to institute and operate a very useful Center.

Most of us are well aware of the difficulties involved in organizing a preventive Center of this type and the staff is to be highly commended for so readily accepting the extra burden and responsibility placed upon them.

They have patiently dealt with frantic parents inquiring at the Center—as well as with others who are impatient when information isn't readily available because it just is not in the reference books. And they have doggedly persisted when coping with certain manufacturers who are reluctant to divulge the ingredients of their products.

The entire staff at the Poison Control Center warrants much praise for a job well done.

Following is the PCC report for January, 1958:

Calls from parents or other lay persons.....	42
Calls from physicians or hospitals.....	18
Total.....	60

Age Distribution

Less than 12 months	2
1 to 3 years	35
3 to 5 years	7
5 to 12 years	3
12 to 21 years	4
Over 21 years	3
No age given	6

Substances Taken

Medicinal — Aspirin (7), Bluetine, Cough syrup with codeine, Zonite, Isoprophyl alcohol, Merthergene, Nicotinic Acid, Ex Lax (2), Oil of Eucalyptus, Mercuric Chloride Spray, Phenobarbital, Serpasil, Spirits of Camphor, Camphorated Oil, Thyroid Tables grs. T (4), Trilofon Equinol.

Other Substances — Revlon nail polish, Noreen Capsule Hair Dye, O-Cedar All-Purpose Polish, Harrison 10-Day Nail Magic Cream, Pride Furniture Polish, Klean Clay, Enden Cream Shampoo, Purex, White Shoe Polish (2), Witch Hazel, Listerine, Tannic Acid Jelly, LePage's Glue, Windex Spray, Tropolene, Rat Poison (2), Indelible Pencil, Moth Balls, Watkins Deodorant Cream, Florines Lotion, Jergen's Stick Deodorant, Wildroot Cream Hair Oil, Fuller Moth Cleaner (2) Comet Cleanser, Toad Stools, Johnson Hard Gloss Glocoat, Clorox, Ronson Lighter Fluid, Narcissus Bulbs, Army Heat Tablets.

Summary of Advice

Advised to go to Hospital.....	17
Advised to contact private M.D.....	1
Advised emetics and observe.....	14
Treated in E.R. (P.C.H.).....	15
Hospitalized at P.C.H.....	1
Information from clinical toxicology.....	12

—B. A. Bader, M.D.

Civil Defense

The concept of "Big Brother" is anathema to the members of this medical community. Yet, this appears to be precisely the attitude of many with respect to Civil Defense. Under the current law the intent is clear—local responsibility on the level of the State and its political subdivisions with the Federal Civil Defense Administration acting as an auxiliary to this. This responsibility must be accepted and fulfilled.

In preparing for the possible destruction of a nuclear attack, the civil must complement the military. Although to many the task may appear Herculean, the implication of unpreparedness is all too obvious. In the establishment of a modus operandi, there is ample assistance from the County, State and Federal levels. To date there has been inadequate utilization of these services.

With natural, industrial and aircraft disasters being as common as they are, the Civil Defense Program will serve the community at all times by its very existence. Our professional group has an obligation which can be met only by planning and implementation of the plan.

Let us stop talking down, or being indifferent to, this immense problem. Rather, let us give it full support and cooperation.

Richard F. Barroanian, M.D.
 Chairman,
 Civil Defense Committee

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Medical Society To Participate In Medical Education Week

The Pierce County Medical Society will cooperate with the Washington State Medical Association and the University of Washington School of Medicine in the third annual observance of Medical Education Week, April 20-26. Dr. Arnold J. Herrmann of Tacoma is a member of the state-wide committee for the event.

A salute to medical school progress, the special week has been set aside for informing the public of the important role played by the medical schools and their graduates in the health and well-being of the nation. It offers a special opportunity also to show the doctor as an integral member of the community, and to demonstrate the training necessary to produce a physician.

So that the public may see and appreciate what is being done in medical education in this state, the University of Washington School of Medicine will hold open house Thursday, April 24, from 2 to 10 p.m. The open house will include not only the medical school, but also the school of dentistry, pharmacy and nursing. This event last year attracted more than 4,000 persons, a large proportion of whom were young people potentially interested in health and science careers.

More than 50 displays and demonstrations will be shown at the open house, including the artificial heart-lung machine, electric eels used in the study of body-cell electric potentials, demonstrations of patient care by nursing students, the medical instrument shop and the 110-chair main dental clinic.

A special feature will be the exhibit, "Life Begins," loaned by the American Medical Association.

The state-wide committee for Medical Education Week has planned the use of various media to supplement the coverage arranged by the local committee. Special news releases and feature materials will be sent to daily and weekly newspapers to focus public attention on the ever-increasing contribution of medicine to American life and the basic significance of medical education. A special, taped radio program will be made available to all radio stations in the state.

Accreditation status of 223 hospitals took a turn for the worse during the last year, according to the Joint Commission's March 1 report. Main reasons: (1) inadequate staff review of clinical work; (2) incomplete medical records; (3) improper functioning of tissue committee.

—Medical Economics

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Heart Assn. Scientific Sessions To Emphasize Use of Research Data

A program that will emphasize the practical application by physicians of findings made through cardiovascular research is being planned for the 31st Annual Scientific Sessions of the American Heart Association. The 1958 sessions, which mark the 10th anniversary of the Association as a national voluntary health agency, will be held at the Civic Center, San Francisco, from October 24 through October 26.

Applications for the presentation of papers at the Scientific Sessions may be obtained from Dr. F. J. Lewy, Assistant Medical Director, American Heart Association, 44 East 23rd Street, New York 10, N.Y. Abstracts must be submitted before June 13, 1958.

Scientific Sessions in Hawaii To Follow AHA Meeting

Following the 31st Annual Scientific Sessions of the American Heart Association in San Francisco, October 24-26, the Hawaii Heart Association will conduct a post-meeting tour which includes two days of cardiological scientific sessions in Honolulu on October 31 and November 1. Arrangements to participate may be made through H. Douglas Chisholm, Associate Director, American Heart Association, 44 East 23rd Street, New York 10, N.Y., or directly through the American Express Company, 65 Broadway, New York, N.Y.

Exhibit Space Available At AHA Scientific Sessions

The 1958 Scientific Sessions of the American Heart Association in San Francisco, October 24-26 will feature a section for scientific and commercial exhibits. Applications for space for exhibits of a scientific or technical nature may be obtained from Dr. F. J. Lewy, Assistant Medical Director, American Heart Association, 44 East 23rd Street, New York 10, N.Y. Applications must be submitted not later than June 13, 1958.

Applications for commercial exhibits may be obtained from Steven K. Herlitz, Inc., 280 Madison Avenue, New York 16, N.Y. Floor plans for the commercial exhibits will be mailed to industrial firms during the month of May. Advance inquiries relating to commercial displays will be welcomed by Steven K. Herlitz, Inc.

Cardiovascular Research Training Program At Medical College of Georgia

A one-year course intended to provide technical training in basic research methods for cardiovascular studies will begin July 1 at the Medical College of Georgia, Augusta. Known as the Postgraduate Cardiovascular Research

and Training Program, it will be under joint sponsorship of the American Heart Association and the National Heart Institute of the U.S. Public Health Service.

Open to graduates holding M.D. or Ph.D. degrees or their equivalent, the program will be conducted under the direction of Dr. W. F. Hamilton, Professor of Physiology, and Dr. R. P. Ahlquist, Professor of Pharmacology. Trainees will be instructed and guided by senior faculty members of the departments of Physiology, Pharmacology, Thoracic Surgery and Medicine.

A stipend of \$3800 plus \$350 for each dependent and certain other expenses will be provided to trainees. Appointment is for one year. Applications may be obtained from either Drs. Hamilton or Ahlquist at the Medical College of Georgia.

New Jenkins-Keogh Plan Sponsored By Senate Small-Business Group

The campaign for a law to permit the self-employed to set aside tax-deferred dollars in retirement plans has taken a new turn. Now awaiting action in the Senate Finance Committee is a small-business tax-relief bill sponsored by a majority of the members of the Senate Small Business Committee.

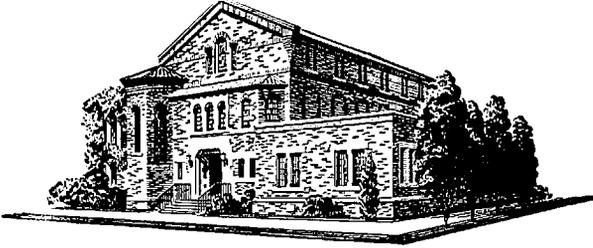
A section of one of the bills would permit persons to deduct up to 10% of income or \$1,000, whichever is less, for amounts deposited toward retirement. It would permit a five-year carry-over of the unused portion of the allowable deduction and also would permit an increased deduction for taxpayers over 50 years of age at the time the bill is passed; at age 60, they could set aside \$2,000 a year.

The Small Business Committee measure would be applicable to all self-employed and those employed who are not now members of a pension, profit-sharing, or stock bonus plan of an employer. There are pending before the House Ways and Means Committee bills by Representatives Jenkins (R., Ohio) and Keogh (D., N.Y.) which would allow larger amounts—up to \$5,000—to be deducted for retirement.

Senator Thye (R., Minn.) one of the co-sponsors of the Senate version, said it would remove "the worst kind of discrimination from the present Internal Revenue Code. . . . all taxpayers would be given the same opportunity to provide for their retirement."

The Senate committee has conducted extensive hearings around the United States, starting last fall, and has received considerable testimony in favor of the tax deferral idea.

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Forand Bill Discussed

You have heard and read a number of words regarding the Forand Bill, HR-9467. . . . In a nutshell, it is a proposal by Representative Aime Forand (D., R.I.) to impose socialistic government controlled medical care on the American people by way of Social Security. The Bill would provide hospitalization and medical care for the present 13 million beneficiaries of Social Security with the costs to be paid out of the mythical Social Security "trust fund." The Rhode Island Senator would have the Congress vote a large increase in Social Security taxes by raising the taxable wage from \$4,200 to \$6,000 and by increasing the rate of taxation by 1/2 per cent on both the employer and employee. Since medical and hospital care costs are unpredictable, there is no way of knowing whether or not Mr. Forand's proposed tax increase would finance his scheme for socialized medicine for a small part of the population. Already, Social Security is paying out more money than it is taking in by way of compulsory taxation. The Social Security "trust fund" is short in cash of more than \$200 billion to meet its committed doles to present and yearly qualifying beneficiaries. The Forand proposal

would compound the insolvency and irresponsible financing of Social Security.

The medical profession has a great stake in the Forand Bill. It offers a grave threat to the private practice of medicine and to the retention of quality medical care. Increasing the taxes on almost the entire working population to pay for the hospital and medical care of about 13 million people would not be palatable to those taxed. They, too, would want to get their share of the Social Security socialistic medical and hospital doles. Since Congress has expanded Social Security in four straight election years, they, the "working population," would have an excellent chance of getting their share of federal charity in the next election year. If this should happen, it would be the end of private practice and, eventually, the end of good medical care for the American people. Realistically, the Forand Bill is a bigger threat than the crackpot schemes for national compulsory health insurance vigorously sought a number of years ago by Murray-Wagner-Dingell, because the "untouchable" vehicle of Social Security is being used to fool the people by approaching them on the softside of their sympathetic toler-

(Continued on Page 30)

To: County Medical Society Members
 From: Irwin, Neisler & Co.

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(Continued from Page 29)

ance of the welfare state, as represented by Social Security.

The American Medical Association has prepared "Some Reasons Why The Forand Bill Should Not Be Passed." They are strong, sound and logical reasons. We present them in the hopes they will be of assistance to you when you write thought-provoking and persuasive letters to your Representative and two Senators: (1) It could bankrupt the Social Security program and jeopardize the basic retirement incomes of millions of Americans; (2) it would mean higher taxes, less take-home pay; (3) demands by others for similar benefits could lead to total socialized medicine; (4) the principle of government regulation of professional fees, wages and prices would be introduced in the United States; (5) communities would be threatened with a shortage of hospital beds; (6) many aged persons would become unduly concerned with their health.

Other reasons are: (7) It is hasty, ill-conceived legislation based on inadequate knowledge; (8) beneficiaries under the law would be restricted in their choice of hospital and physician; (9) the personal relationship between the doctor and his patient would be harmed; (10) community incentive to support

and build hospitals would be curbed; (11) the job of providing hospital and surgical services for the older population can and should be handled through free enterprise, and (12) it would discourage families from taking care of their own.

Write your State's federal lawmakers and give them your reasons why the Forand Bill is a dangerous and impractical piece of legislation. A strong program of Congressional enlightenment on HR-9467 at this time, might ward off Committee hearings on the measure. The Bill is pending in the House Ways and Means Committee. In the event hearings are set, we will advise you immediately so that you may write to members of the Committee.

—A.A.P.S. News Letter

Third Round of Polio Clinics Underway

The response to the appeal for physicians to staff the polio clinics was very gratifying with 90 volunteering to serve at one of the centers during the next three weeks. This series which began March 31, will complete the adult polio immunization program started last summer during which 28,939 inoculations were given.

Once again, the Tacoma-Pierce County Health Department has handled the man-sized task of scheduling the clinics, ordering vaccine and equipment and supervising the preparation and disbursement of supplies for the sixty-four clinics. The Nurses Association has provided volunteers to assist the doctors, and the Pierce County Chapter, National Foundation for Infantile Paralysis has organized groups of volunteers to prepare supplies and work at the clinics.

Funds to purchase the vaccine were provided by grants from the UGN and local chapter of the NFIP plus contributions made by the public at the summer clinics.

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American Psychiatric Assn. Receives Grant

WASHINGTON, D.C.—The American Psychiatric Association recently announced a \$100,000 grant from the Smith Kline & French Foundation to continue the Foundation's Fellowships in Psychiatry through 1960.

These fellowships were established in 1955 with a three-year, \$90,000 grant from the SKF Foundation, which is principally supported by contributions from Smith Kline & French Laboratories, Philadelphia pharmaceutical firm. The program is administered by a committee appointed by the American Psychiatric Association.

In announcing the new grant, the A.P.A. said that more than 150 physicians and medical students already have benefited from SKF Foundation Fellowship awards. The programs have ranged from a study of suicide rates to extension training programs in psychotherapy and psychosomatic medicine.

For example, almost one-third of the original \$90,000 grant was used to enable staff psychiatrists from state hospitals to take advanced training at some of the nation's leading psychiatric training centers.

Visiting lectureships and teaching fellowships were established at five mental hospitals. Thirty physicians, many of them in state mental hospital service, benefited from the two extension training programs.

More than 50 medical students have been given the financial opportunity to undertake summer programs in psychiatry, thus enriching their undergraduate psychiatric studies. Of particular interest in view of the nation's need for psychiatrists is that a number of these students have indicated that they have decided to specialize in psychiatry because of their summer activities.

The Smith Kline & French Foundation Fellowships in Psychiatry are motivated by three basic objectives: First, that it is essential to bring new knowledge of therapies, techniques and practices to bear on the treatment and care of patients in mental hospitals and schools for the retarded; second, that the recruitment of a vast new corps of psychiatrists is direly needed, and third, that it is important to broaden the skills of physicians in non-psychiatric practice to handle the emotional problems of their patients.

On the second objective, Dr. Daniel Blain,
(Continued on Page 32)

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(Continued from Page 31)

Medical Director of the American Psychiatric Association, pointed out that at the current rate it will take upwards of 20 years before the U.S. produces the psychiatrists the nation needs in 1958. This shortage is even greater in state mental hospitals, which, on the basis of current *minimum* A.P.A. standards, have only 45 per cent of the physicians they need.

Seven main types of Smith Kline & French Foundation Fellowships are available: "A" — Support for advanced training of full-time staff psychiatrists of public mental hospitals and schools for the retarded. "B" — Awards to hospitals for visiting lectureships and for teaching fellowships. "C" — Support to medical schools,

teaching centers, etc., for extension training programs. "D" — Student fellowships to encourage talented medical students to broaden their experience in psychiatric approaches and practice. "E" — Medical fellowships to encourage broadened skill in the handling of psychiatric problems by physicians other than psychiatrists. "F" — Foreign scholar lectureships to bring outstanding men to the United States. "G" — Residency training fellowships under unusual circumstances.

Applications for consideration in May and October must be received by the Fellowship Committee by April 1 and September 15. Information and application forms may be obtained from the Committee, Box 7929, Philadelphia.

MONTHLY MEETINGS

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the Month—8:15 p.m.

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept. and Dec.—7:15 a.m.
at Scotty's Cafe

PIERCE COUNTY PEDIATRIC SOCIETY

First Friday of Each Month, Except June, July and August.

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Tuesday of each month—8:30 p.m.

Board Room of Pierce County Medical Society

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Building

The **BULLETIN** *of the*
PIERCE COUNTY MEDICAL SOCIETY

VOL. XXIX—No. 9

TACOMA, WASH.

MAY - 1958



Pierce County Medical Society

1958
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Happy Birthday

May

- 3 BERNARD BADER
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- 4 CHARLES VAUGHT
- 6 ALBERT EHRlich
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- 31 HUGH LARKIN

NOTICE

Check back page of Bulletin for calendar of special meetings

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MEETING
PIERCE COUNTY MEDICAL SOCIETY
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8:15 P.M.

MEDICAL ARTS BUILDING AUDITORIUM

PROGRAM

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* * *

A no-host social hour and dinner will precede the meeting

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GUEST EDITORIAL

Approximately three years ago, a civic minded group convened with the idea in mind of establishing a complete center for the rehabilitation of the surgically, traumatically or medically disabled individual. This was to be patterned after the world famous Vancouver Rehabilitation Center. One year ago this dream was brought to fruition in the old nurses' home on the Pierce County Hospital grounds. The Center has now been functioning for a period of one year. It has provided the community with a much needed, well rounded and so-called team approach to the extremely important problem of rehabilitation.

There has been no question about the need and the accomplishments of the program available at the Puget Sound Rehabilitation Center. The Center has been overwhelmingly supported by lay people of the community and by lay members of the various boards interested in the rehabilitation problem. We feel that on the other hand, we of the medical profession of the community have been somewhat remiss in support of our Center. This is, undoubtedly, on the basis of oversight or the lack of realization that such a facility is available. We would hate to see this much needed facility "fold" because of such an oversight on our part. There is undoubtedly the patient load in the community necessary for its adequate support, if we in the medical profession would only remember its existence.

We urge that the doctors of the area refer patients in need of such care, whether traumatic, orthopedic or cardiac, in order to maintain our Rehabilitation Center and have it develop into a Washington Counterpart of the Vancouver Center. We should be proud of the fact that it is the first center of its type in the State of Washington and we should continue to support it accordingly.

E. E. BANFIELD, M.D.

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In Memoriam

Members of the Pierce County Medical Society again mourn the loss of an honored member who served the Society actively and well for many years.

Dr. Wilmot D. Read died April 3, 1958 at the age of 78 years. He was born in Iowa, but attended the public schools in Tacoma. After graduation from Cooper Medical College, (Stanford University), in 1903, he established his practice in Tacoma and soon became a leader in the affairs of the Pierce County Medical Society and the Washington State Medical Association. This is evidenced by the following items from the record. In 1909 he was elected a delegate from the County Society to the State Association. In 1912 he served as president of the Pierce County Medical Society. In 1917 he helped organize the Pierce County Industrial Medical Service Bureau, a prepaid medical and surgical service operated by doctors of Pierce County, and he became the first president of the organization.

At that time the American Medical Association disapproved of prepaid group medical practice but the Bureau was maintained successfully, and eventually it became the pattern for prepaid medical services throughout the

state and nation. He was concerned about the organization and functions of the State Department of Labor and Industries, many years ago, and was responsible for some changes in policy which permitted the injured workman to select his own doctor.

He was the first president of the Washington Physicians' Corporation and helped organize and was a trustee for the Washington State Medical Service Bureau.

Dr. Read promoted the organization of the House of Delegates, of the Washington State Medical Association and became the first speaker, serving from 1939 through 1946. He had an unusual facility as a presiding officer of such deliberative meetings, with an easy grace and charm.

Dr. Read took an active part in all local community activities pertaining to health and welfare. He served on many hospital boards throughout the years. In the performance of all these many duties, an outstanding characteristic was his constant interest in the welfare of the patient. This interest was manifest also in his daily work, and many families whom he attended looked to him for counsel about their problems, in addition to his professional care.

Dr. Read considered himself a general practitioner, and in 1950 he was chosen as the General Practitioner of the Year, by the State Association, but he was also a competent surgeon and carried a heavy schedule in surgery for many years.

He was a member of the U.S. Army Medical Corps and served overseas during World War I.

Dr. Read was a man strong in his opinions and in his adherence to what he considered right; he was a sociable, friendly man, loyal to his friends. He was an active member in many social and fraternal organizations for many years. In later years, he maintained some of his professional work, but gradually he permitted others to take over some of the numerous duties and activities of former years.

— D. M. Dayton, M.D.

In Memoriam

William E. Steele, M.D., brother of Dr. John F. Steele, died on April 17, 1958 at Virginia Mason Hospital. Cause of death was cerebral embolus. Dr. Steele had worked in his office the day before the attack.

An industrial physician, Dr. Steele had worked eight years with the Ford Motor Company of Seattle, eight years with Bethlehem Steel and served for eleven years as medical advisor for the Department of Labor and Industries for the State of Washington.

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Report of the American College of Surgeons Meeting

March 17

The beginning of the meeting was ushered in by a movie by Dr. Robert Moore, Professor of Surgery at the University of Texas, entitled Common Duct Stone, which presented the indications for common duct surgery with the technique, which is standardly used. One comment that he made, was that a gall bladder containing stones, 2mm or smaller, does not necessarily call for a common duct exploration. These stones usually pass quite readily through the sphincter of Odi.

Following the movie, Dr. Hugh Stephenson, from Columbia University, presented a paper on Cardiac resuscitation. He stated two factors affect the oxygen requirement to the brain. (1) The position of the patient and (2) the premedication given. In his experience he found that in cases that had gone over 4 minutes in cardiac arrest, there was 6% success in reviving; up to 4 minutes, 94%; and zero to 2 minutes was 70%. The greatest damage was done in children of the first ten years of life. One-fourth of all the cases occurred during this period. Cardiac arrest occurred in cases where vago-vagal reflexes were set up and atropine will abolish most of these responses. The drug may be given in repeated doses during surgery.

Dr. Bedford Boylston of Houston, Assistant Professor of Orthopedic Surgery, presented a paper on The Recognition and Treatment of Obscure and Acute Traumatic Lesions of the Cervical Spine. He stated that many cervical lesions were missed on the routine cervical spine series but were picked up on flexion and extension oblique views of the spine. He presented several x-rays on cases demonstrating this.

Next came a symposium on Care of Patients with Post-traumatic Paraplegia. Dr. Estin Comarr of Long Beach, Calif., presented the importance of getting the paraplegic patients on a catheter free tidal drainage status. He stated, substitution bladders should not be used in neurogenic bladders except in cases with bladder stricture which can be prevented by subarachnoid block between L 4 and 5 or by rhizotomy.

Dr. Charles Scheibert of Memphis, Tenn., spoke on the neurosurgical care of patient with spinal cord injury. He stated that early care was important, consisting of (1) a high protein diet, 3,500 to 4,000cc of fluid daily, (2) the prevention of decubitus ulcer, (3) bedside physiotherapy, (4) care of bladder, (5) pre-

vention of complications, (a) rehabilitation and prevention of pulmonary complications, (b) prevent abdominal distention and paralytic ileus. He stated the cervical cord is rarely transected by trauma of the neck. The usual indications for laminectomy are (1) extradural hematoma, (2) subarachnoid hematoma, (3) herniated disc, (4) incomplete or progressive neurological loss.

Dr. Franklin Ashley of Santa Monica, Calif., University of California, School of Medicine, Dept. of Surgery discussed the surgical treatment of decubitus ulcers and spinal cord injuries. Decubitus ulcers were imminent if there was ischemia of any area for a period of 6 to 12 hours. The pathology usually consists of edema, thrombosis and calcification. Early treatment consists of (1) prevention by frequent turning, (2) proper padding, (3) proper diet and fluids and (4) moving of the mattress. Actual treatment consisted of (1) proper blood level of proteins, (2) successful closure of the ulcer, (3) cleansing with Dakin solution, enzymatic debridment and (4) protection of the skin with aluminum paste. Operative treatment involved three basic principles. (1) Complete removal of the ulcer and underlying bursa, (2) removal of the bony prominence and (3) closure of the defect without tension. Later a medical motion picture was presented, with personal narration by Dr. Comarr, regarding the actual surgical procedure.

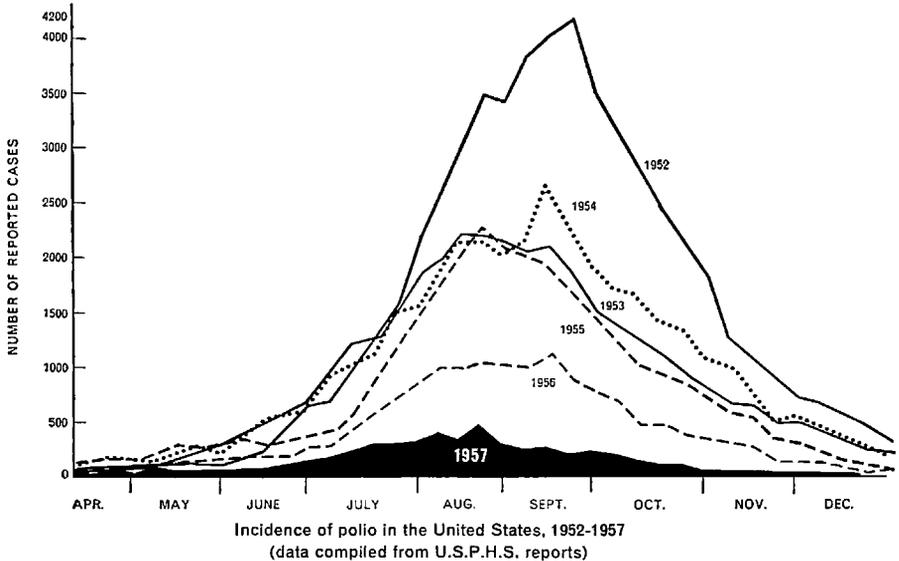
Dr. Louis Newman spoke on the role of physical medicine, rehabilitation and post-traumatic paraplegia. He presented one case, who had no use of either arm or leg, who was actively painting while lying flat on his back, using the brush in his mouth, between his teeth.

In the afternoon a symposium on trauma was held. Dr. Sherman Coleman of Salt Lake City, Chief Surgeon of the Crippled Children's Hospital, presented some interesting information. He stated local and constitutional changes that occur during the first 36 hours, are usually circulatory and after 36 hours, are renal dysfunction and metabolic changes. 500 to 3,500 cc of blood are usually lost in the first 48 hours, depending on the number of fractures. This is blood that is unseen, as interstitial hemorrhage and blood loss. He stated that blood loss from fractures is as follows: fracture of the femur, 1,000 cc; fracture of the tibia, 400 cc; of the humerus, 400 cc; radius, 300 cc; pelvis, 350 cc; ala of the ilium, 750 cc. The blood loss for multiple fractures are a summation of each individual fracture. The treatment of a patient with one or more fractures, consists of (1) the local splinting of the fractures, (2) control of

(Continued on Page 13)

A MIRACLE IN OUR TIME?

At the last accounting,¹ physicians throughout the country had administered at least one dose of poliomyelitis vaccine to 64 million Americans—all three doses to an estimated 34 million. Undoubtedly, these inoculations have played a major part in the dramatic reduction of paralytic poliomyelitis in this country.



vaccine is plentiful for the job remaining

There are still more than 45 million Americans under forty who have received no vaccine at all and many more who have taken only one or two doses.

As it was phrased in a public statement by the Department of Health, Education, and Welfare:

*"It will be a tragedy if, simply because of public apathy, vaccine which might prevent paralysis or even death lies on the shelf unused."*²

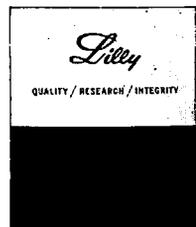
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1. J. A. M. A., 165:21 (November 23), 1957.

2. Department of Health, Education, and Welfare: News Release, October 10, 1957.

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849699



(Continued from Page 11)

March 18

the hemorrhage, (3) proper dressings, (4) control of shock, (5) a tracheotomy for adequate air-way. When patient is in acceptable condition, then x-rays should be taken. A tetanus antitoxin or gas gangrene antitoxin should be given accordingly. The urinary output and function and maintenance of fluid and electrolyte balance are important. Usually multiple fractures are quite a psychological blow to any patient and rehabilitation is usually an important problem.

Dr. Floyd Jergesen of San Francisco, Orthopedic Dept. of the University of California School of Medicine, gave a nice picture of what an Emergency Room should contain in regard to facilities, personnel, etc. The one with which he is associated, has four active major operating rooms with personnel sufficient to keep all rooms at full swing at all times, including a very adequate Recovery Room.

Dr. John Ivins, Orthopedic Surgeon, Mayo Clinic, talked on the indications for amputations. Primary wound closure on amputations should not be done. Rather the two stage procedure should be utilized to prevent ill-fitting flaps, infections and hematomas. The secondary closure should be done after 5 to 7 days. In hand surgery, everything possible should be saved and at no time sacrifice the thumb.

The next paper was given by Dr. Chester Powell, Dept. of Neurosurgery, University of Utah, on head injury. Head injury with associated injuries does not take precedence over the other injuries. Shock is seldom of head injury origin. He talked on indications for exploratory burholes, stating unconsciousness alone is not an indication for surgery. The usual indications are evidence of subdural, extradural and subarachnoid hemorrhage. A spinal tap should not be withheld on head injury cases but it is not always revealing.

The afternoon session closed with a panel on ACTH and Cortisone in surgery, presented by three most confusing experts on the subject, in current usage of ACTH and Cortisone. Five broad categories were listed. (1) Collagenvascular disorders, (2) Allergic conditions, (3) Exhaustion states, (4) Following adrenal or pituitary ablation, (5) Inhibition therapy. It was stated that ACTH is useful in hemorrhagic pancreatitis.

There was a night session consisting of three medical motion pictures on open heart surgery, covering (1) elective cardiac arrest by use of a solution, (2) Tetralogy of Fallot, (3) intraventricular septal defect. These were very excellent movies.

—Leo Annett, M.D.

A movie by Dr. Philpott of Montreal started the second day of the meeting. The film portrayed the various lesions of the Fallopian tube and surgical procedures involved in these lesions.

The prevention and treatment of postgastroctomy symptoms was the topic of Dr. McCorkle of San Francisco. He emphasized that good surgical technique was the important consideration in preventing post-gastroctomy symptoms and he seemed to be particularly impressed by the technique employed by Dr. McCorkle of San Francisco. Medical management should be employed until complications arise. When gastric resection becomes necessary, he preferred the risk of a marginal or recurrent ulcer to the risk involved in being too radical with stomach removal. Post-gastroctomy anemia can be treated with vitamin B12 and iron. He prefers an antecolic anastomosis so that if complications arise the second approach is simplified.

The problem of bleeding peptic ulcer was discussed by Dr. Weber of Beverly Hills. If bleeding is recurrent and continual, this becomes a surgical problem. Transfusions should be given with a rule of thumb that one unit of blood is to be administered for every gram of hemoglobin below the normal of 14. An upper gastrointestinal series to locate the site of bleeding is safe and accurate to 90% after the bleeding has subsided.

Several other interesting papers, including one on pelvic endometriosis by Dr. McPhail of Great Falls, completed the morning session. The latter emphasized the diagnosing of endometriosis. Conservative therapy of this condition consisted of 2 mg. of Halotestin daily for 100 days. Conservative surgical therapy involved suspension of the ovaries and uterus and the removal of endometriomas followed by androgen therapy.

The luncheon period was occupied by a discussion of the activities of the American College of Surgeons by a distinguished panel. The writer was particularly impressed by the work of the committee on Trauma and the missionary effort on behalf of automobile seat belts. One of the panel expressed the opinion that fastening his automobile seat belt was no more difficult or less automatic than the zipping up of his trousers. He suggested that he probably would neglect his seat belt about the same time he forgot to do the proper zipping. In one session of the meeting, a show of hands indicated that a considerable majority of about 300 men in the room had, and were regularly

(Continued on Page 15)

for all pale faces

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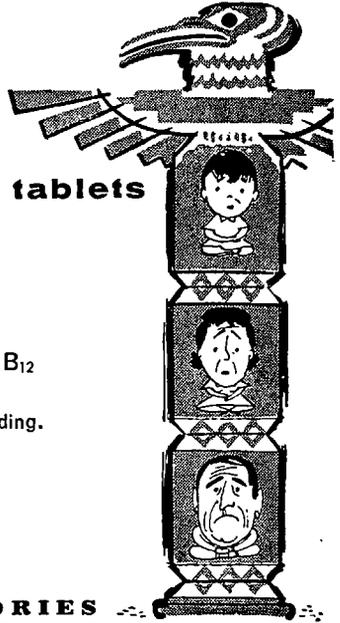
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(Continued from Page 13)

using, seat belts in their cars.

Problems in cancer treatment occupied the early afternoon of this day. It would appear that Tacoma is in need of radioactive cobalt therapy, according to Dr. Christensen of Salt Lake City. Cobalt gives a minimum skin reaction with reduced bone absorption and increased depth. It can be administered with ease and, no doubt, will become a local therapeutic tool in the near future. Dr. Christensen also discussed the limitation of I 131 in the treatment of thyroid carcinoma. He suggested that thyroid carcinoma is a surgical disease. The surgical management of thyroid carcinoma was then broadened by Dr. McCorkle. In 25% of cases, the carcinoma spreads across the isthmus to the other lobe. In 50% of cases there is spread to the cervical lymph nodes. In the malignant adenoma, or small papillary carcinoma, he would do a unilateral lobectomy. In all others, he would do a total thyroidectomy plus a radical neck dissection on the same side as the carcinoma. In cases in which there is tumor below the clavicle, he adds a mediastinal dissection.

At the City of Hope Medical Center they are testing several cancericidal drugs. Some of the work was reviewed by Dr. Howard Bierman. Since normal cells have similar metabolism to cancer cells, it becomes difficult to use drugs which will destroy cancer, but do no harm to normal tissue. One compound was being tested which was effective in certain tumors of children but destroyed bone marrow. In order to give the patient an excessive amount of bone marrow, he was bled and the blood separated with the white cells and platelets being withheld and the plasma and red cells being returned to the patient. This gave a super-abundance of marrow so that a large enough chemo agent could be given and the destruction of much of the marrow was still compatible with life. In Ewing's sarcoma and Wilm's Tumors there were chemo agents introduced by way of a catheter in the right heart. With compression of the aorta, jugulars and femoral vessels, a high dosage was achieved in the lungs. Some remarkable clearing of lung fields of metastatic tumor was shown. Unfortunately, the remission was temporary but at least some progress is being made.

A symposium on pediatric surgery completed the afternoon. The surgical approach to congenital malformations of the rectum and anus and to congenital biliary atresia was discussed. This discussion was interesting but impressed me with the high mortality rates and the fact that these conditions should be treated

only by men with special training and experience with them.

—Arnold J. Herrmann, M.D.

March 19

8:30 A.M.

The morning session was opened with a film on the repair of esophageal hiatal hernia using the abdominal approach. James H. Growden of Little Rock favored the abdominal approach in most cases, because of the ability to explore the viscera more adequately for related pathology. The chief aim in repair—

- (1) Closure of the relaxed right crus posteriorly using one or two No. 0 silk sutures and
- (2) repair of the phrenico esophageal ligament.

9:30 A.M.

Robert Harrison of Edmonton discussed the physiologic principles in gastric surgery. In gastroenterostomy there is a marked increase in HCL due to an increase in antral reaction with liberation of gastrin by the introduction of duodenal contents through the stoma. Dr. Harrison felt that at the present time hemigastrectomy with resection of 40 to 60% of the stomach plus vagotomy are achieving good results. However, he felt that it was too early to make any definite conclusions on this procedure.

The dynamic Alton Ochsner of New Orleans gave a very interesting discussion on cancer of the lung. This is the number one killer of those dying of cancer, leading cancer of the breast, which formerly held that "distinction." Dr. Ochsner convincingly showed that the heavy cigarette smoker will develop cancer six to eight times more frequently than the non-smoker. He illustrated this with data seemingly irrefutable. Following Dr. Ochsner's address there was a noticeable decrease in M.D.'s smoking in the auditorium; in fact, many of them left their cigarettes in the room following the lecture.

Dr. Thomas Myers of Mayo Clinic gave an interesting talk on varicose vein surgery, suggesting that ligation and stripping be done early and that *all* veins be removed. In many of his cases 12 to 14 separate incisions were necessary to remove all of the vein segments. He advocated removing the veins in the feet, also.

Kenneth Castelton of Salt Lake City showed that the incidence of appendectomies for acute appendicitis is showing a generalized decline throughout the country and that the death rate also, has shown a corresponding drop, from 10,000 deaths in 1941 to 2000 in 1953.

1:30 P.M.

The afternoon session was opened with a film on the subject "Doctor Defendant." Vari-

(Continued on Page 17)

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(Continued from Page 15)

ous ways in which doctors lay themselves open to law suits were enacted on the screen. The case of the unnecessary hysterectomy following which a severed ureter occurred necessitating a nephrectomy; the case where the disparaging remarks of a colleague about treatment of a particular fracture led to a subsequent law suit; delay in operating appendicitis with subsequent rupture and death; x-ray burns following radiation therapy for cancer of the cervix. In general, by keeping adequate records; by notifying the patient in writing when some likely complication factor will occur—for example, in x-ray burns following treatment for cancer of the cervix—and by not criticizing one's colleagues; are steps one should take to prevent malpractice suits.

2:00 P.M.

A panel discussion of benign lesions of the ileum and colon was presented. In terminal ileitis it was felt that conservative treatment should be used unless obstruction or other complications were present. In ulcerative colitis 95% could be diagnosed by Proctosigmoidoscopy. Surgical indications included (1) Acute fulminating case not responding to medical management, (2) Perforation, obstruction, hemorrhage, pseudopolyposis, rectal fistulae, etc; the best type of surgery was felt to be total colectomy and ileostomy as a one stage procedure. In diverticulitis of the colon indications for surgery were (1) Persistent bladder distress on the basis of diverticulitis, (2) Subacute obstruction, (3) Fistulae, (4) Palpable mass, (5) Abscess. Special emphasis was placed on the technique of using fine crushing clamps and the use of fine interrupted sutures in the anastomosis to prevent subsequent stenosis.

Dr. Caleb Stone of Virginia Mason Clinic reiterated the warning that before rectal polyps are removed a barium study of the bowel should *always* be done to rule out presence of polyps beyond the reach of the sigmoidoscope. Polyps were malignant in his series in about 20% of the cases. Dr. Stone felt that if polyps occurred in all three areas of the colon a total colectomy should be done.

A discussion of "Eisenhower's disease" followed and it was the concensus of most of the panel that the diseased bowel be removed rather than excluded.

The afternoon session was concluded with a panel on peripheral vascular disease, Dr. Alton Ochsner moderating. There was divergence of

opinion on the use of trans-lumbar sympathectomy in PPD. Dr. Wylie of San Francisco felt that it was practically never indicated. Dr. Clark of Salt Lake City used it often, especially in post phlebitic leg in which he claimed good results. Dr. Myers felt that sympathectomy was of no value in post phlebitis leg except in those cases with hyperhidrosis so that latex rubber could be used for support without incurring maceration of the skin. Dr. Wylie, in a series of 130 cases of aortic bifurcation occlusions, has used only thrombo endoarterectomy with good results. It was felt that homogenous grafts should not be used as aortic replacement since the greater per cent will ultimately break down. Ivalon was felt to be the graft material of choice at this time.

NOTE: To those contemplating a trip to Salt Lake City . . . (1) Bring your own bottle. (2) Attend the organ recital in Temple Square, very impressive.

—William E. Avery, M.D.

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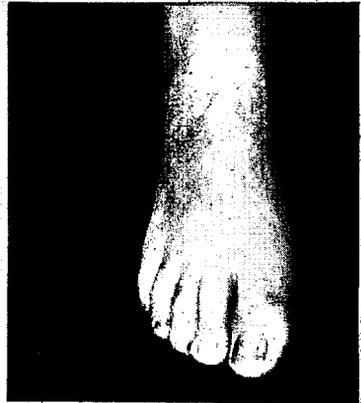
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WOMAN'S AUXILIARY

To The Pierce County Medical Society

1957-58

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City Council.....	Mrs. John F. Steele
Health Council.....	Mrs. William Goering
Fashion Show.....	Mrs. Merrill Wicks
Dance.....	Mrs. Robert Florence
Christmas Party.....	Mrs. Horace Anderson
	Mrs. Howard Pratt,
	Mrs. Robert Osborne

Marian Vimont, and Dolores Havlina. Fortunately or unfortunately, depending upon whether one was guest or hostess, reservations had been made by just twice the number who attended. It was suggested that in the future members should be encouraged to call in cancellations if they have given their reservations to the telephone committee but are unable to attend.

President Ruth Murphy, resembling a well-dressed Polynesian, presided at the general meeting after luncheon. Just back from their cruise, Ruth tells us the south sea islands are everything you'd expect and more, and advises . . . diet before taking this trip.

At the general meeting, Mrs. G. G. R. Kunz, Sr., reported on the receipts of the Monte Carlo party, and extended her personal thanks to her committee and to everyone who worked toward the party's success. Her special thanks went to Ruth Houtz, last-minute replacement as flower girl, who played her role very attractively, and made an unexpected profit on the flowers too. Our thanks go to Mrs. Kunz for Auxiliary's most exciting party, which netted \$275.08 for our benefit fund.

It was announced that the film we purchased on behalf of the Mental Health Association will be premiered at a program sponsored by Mental Health on May 8 at 8:00 o'clock at Jackson Hall. This program is to feature guest speaker Dr. Masserman, professor of psychiatry at Northwestern University. The showing of our film will give P.T.A. presidents and program chairmen an opportunity to see it before making their own program plans for next year, and in this way we hope to make it available to P.T.A. groups all over the county.

Edith Lawrence, Today's Health chairman, announced that there are a number of school and library subscriptions to Today's Health due for renewal, and anyone wishing to donate a subscription for a particular school or library branch should contact Edith this month. Subscriptions taken by Auxiliary for personal or philanthropic use this year are close to 200 at this date.

Auxiliary's Brass Tacks

Preeminent business of April meeting was the list of recommendations made by the newly-formed finance committee (Ruth Murphy, Louise Bowen, Helen Florence, and Dorothy Maier) and in turn recommended by the Board for adoption by the membership. Major

(Continued on Page 21)

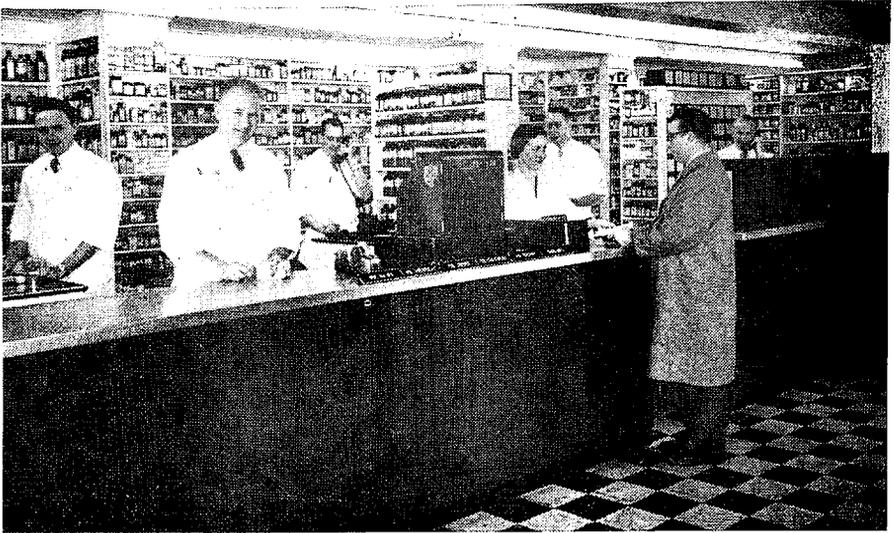
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(Continued from Page 19)

recommendations receiving the approval of general meeting were . . .

Firstly, the Rehabilitation Center's rent bill for the coming year, \$540.00, will be paid by Auxiliary.

Secondly, our gift to A.M.E.F. will be increased from last year's \$300.00 to \$400.00 for this year.

The above gifts indicate in part the success of Auxiliary's fund raising projects this year. For a more complete picture of how we scored, we include the following itemized funds raised this year . . .

Fashion Show	\$ 461.56
Dance	678.22
Monte Carlo	275.08
Tray Rental	6.50
Quartette Donations	40.00
<hr/>	
Total	\$1,461.36

(Tray Rental being donations received from the loan of our luncheon trays to other groups.

. . . Quartette Donations is money received by our quartette for their appearance before other groups, and turned over to Auxiliary as personal gifts of this foursome . . . Hazel Whitacre, Evelyn Osborne, Muriel Nelson, Gladys Hanson, and their accompanist Sandy Rosenblatt.)

As for where it all goes . . . following is a breakdown of the allocations made by Auxiliary this year . . .

Rehabilitation Center	\$ 540.00
Mental Health Film	145.00
A.M.E.F. Fund	400.00
Nurses' Scholarships	400.00
Nurses' Swim at Y	50.00
<hr/>	
Total	\$1,535.00

The small discrepancy between income and outgo does not represent deficit spending in this case, as the balance was available from our Auxiliary dues after Auxiliary's operating expenses were paid.

Members of The Bored?

Retiring Auxiliary Board members may well look upon this year's successes with feelings of personal accomplishment. Having inherited a sturdy organization from Past President Florence Duerfeldt and her Board, and under the genial leadership of Ruth Murphy, this year's Board will go on record as one of the most accomplished in Auxiliary's history. Active participation on the part of each officer and committee head, as well as many of the members at large, figured largely in the success of Auxiliary's projects this year, and made Auxiliary's activities interesting. In a word: this year, no one on the Board snored.

Apologies from Emma

Emma Bonica has asked us to convey apologies on her behalf and Adele Durkin's to the several Auxiliary members who missed the Philharmonic luncheon early last month because they were not contacted. It was the intention of Adele and Emma to issue a blanket invitation to all Auxiliary members for this party. As it happened, days of solid telephoning did not reach each and every member, and this caused some embarrassment to the hostesses. When we consider such a telephoning task is the monthly chore of a committee of twenty-three for Auxiliary's luncheons (and the same committee does not prepare the lunch too) we can only surmise that these two accomplished a gigantic task as it was. For those who missed this outstanding luncheon . . . next time watch for flares.

Suggestion Box

Wouldn't it be enlightening to add the cause of death to the Medical Society Bulletin obituaries? We, in the suburbs, don't know if death followed a long illness or came quickly. I suppose it's none of our business, but especially as doctors, I don't know why it should be covered with secrecy.

—Joseph P. Kane, M.D.
329 Lincoln Ave.
Palo Alto, California

Family Service of Tacoma, a UGN agency with offices at 220 Security Building, provides professional counseling service to people who have family and personal problems. Staffed by professionally trained family counselors — all of whom hold Master's Degrees in Social Work and have years of experience in practice — the agency's services are available on a sliding fee basis to anyone in the Tacoma-Pierce County area. Appointments are arranged by calling MArket 7-6105.

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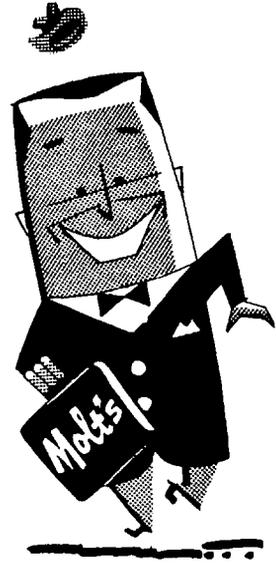
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HOSPITALS . . .

Saint Joseph's

The Spring-Tea sponsored by the Student Body on April 13th was a lovely affair.

It's always a pleasure to relax in the lounge and it was attractively decorated with spring flowers. The tea table centered with yellow tulips was the center of attraction. The students in their pretty spring dresses welcomed the guests who came throughout the afternoon.

The Preclinical students sponsored a dance in the Marian room at St. Leo's on March 17th. The hall was attractive with its pale green and white streamers. The music was good and everyone seemed to be having a good time, as the hour for departure came all too soon. The snack bar was the center of attraction during the evening.

Mrs. Johnson is the new Pediatric relief nurse for the afternoon shift. It's wonderful to have one of the students we trained back in a graduate capacity.

Our heartfelt thanks are extended to our doctors who have so faithfully cooperated in the "Pediatric Lectures" for four consecutive quarters. We want you all to know that your services are appreciated and we owe a great deal of thanks to you for any success we may have achieved.

On May 17th the junior class of the School of Nursing is presenting "Rhapsody in Blue," their annual junior-senior Prom, to be held at the Winthrop Hotel in the Bayview Room from 9:00 p.m. until 1:00 a.m. The well known George Campbell orchestra from Seattle will be playing. Tickets will be sold by the junior students. All are invited to attend! Proceeds go towards scholarships for future student nurses.

The Lenten fast has ended and Mrs. Donovan provided the staff with a delicious cake. Many familiar faces are missing from the department—Mrs. Whitmire, Mrs. Hopper, Mrs. Brigonia, and Mrs. Trine, all graduate nurses. They will later return with the stork. Mrs. Gordon, our night aide has taken a temporary leave due to the same feathered bird. We have had an avalanche of babies, amongst them are:

- Mrs. Retallich, a boy.
- Mrs. Smith, a girl.
- Mrs. Manley, a girl.
- Mrs. McDonald, a boy.
- Mrs. Betzendorfer, a girl.

Sister Mary Emmanuel attended the Institute for Medical Record Library Personnel which was held in Seattle at the Benjamin Franklin Hotel April 14-16, 1958. The theme of the

Program was communication, written and oral. In connection with the workshop a dinner was held at Providence Hospital honoring Sister Peter Olivaint who celebrated her twenty-fifth anniversary in Medical Records. Sister is the director of the School for Medical Record Librarians in Providence and has been foremost in the Northwest in trying to raise the standards of medical records through the years. Many of the graduates of the school were present for the occasion.

In connection with the In Service Program a very educational talk was given to the Nurses and other hospital employees on the legal responsibilities connected with patient care by Mr. Vernon Pearson, legal counsel for the hospital. Since the only and best defense a hospital has in case of litigation is the patient's medical records, it is imperative that complete and accurate records be made. All thoroughly enjoyed the talk and felt they could do a better job because of it. At the end of the talk there was time for questions.

Sister Margaret Catherine and Sister Anthony Consilia represented St. Joseph Hospital at a three day Curriculum Conference held at the Bellevue Hotel in San Francisco. The Conference was sponsored by the National League for Nursing and concerned itself with current problems in Curriculum planning, revision, and evaluation. Five members from the N.L.N. staff in New York served as resource people and were most willing and helpful in offering solutions to the common problems of the Conferees.

The Conference was the ninth of its kind conducted across the United States since January, 1958. It is contemplated that at similar conferences in the future the Nursing Education and Nursing Service groups will combine their efforts to solve their mutual problems.

(Continued on Page 25)

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(Continued from Page 23)

Pierce County

A gala event took place on Sunday, April 13, when twenty-nine friends of Mary O'Neal, R.T., Chief X-ray Technician at Pierce County Hospital, gathered at her "Hideout" on Whiteman Lake for a picnic. The special occasion was for the purpose of launching the "Mary Made," a 12-foot, semi-V bottom boat, which Mary has just finished constructing. According to her, the project took about three months of weekend work, done entirely by herself, excepting for some aid by her helpmate and cousin, Leona Roberts, Chief Hydro-therapist at Western State Hospital. The beautiful boat is painted Kelly green, is fiber-glassed and has attractive gay plaid upholstery on the deck and seats. An added touch of color is provided with the name "Mary Made" written in bright yellow on either side. Since the craft has been completed just in time for the opening of the fishing season, Mary and Leona hope to bring home much finny loot from the adjacent blue waters.

Margaret James, attractive daughter of Mrs. Ronald James, second floor nurse, became the bride of Robert Walther on Saturday, April 12, at a beautiful ceremony in Holy Rosary Church. The couple will make their home at 54th and M Sts. in Tacoma. The groom is employed at Boeings and the bride is an x-ray technician at St. Joseph's Hospital.

A new social worker in the Social Service Department is Elizabeth McGruder. Other news from this department is that Louise Burdick and her husband are vacationing in California. Also, Mrs. Margaret Williamson and her sister, Mrs. Helen McKibbin spent a delightful week end, April 11-13, at the charming Hood Canal place "Towandos," as the guests of Jessie and Joe Haycock, the owners.

Mrs. Irma Hough, who has been engaged as head nurse in the Emergency Department has been promoted to the position of Assistant Superintendent of Nurses to help the Superintendent of Nurses, Miss Lillian Wilson. Mrs. R. Stephens, R.N., will take charge of the Emergency Room.

Mary Wilson and Alix Bury, Record Department, had as weekend guests at their home, Jean Snelgrove, R.N., the record librarian at the hospital in Kamloops, B.C., and Fern Trout, R.N., Director of Nurses, Penticton Hospital, Penticton, B.C.

During Christmas week the hospital was delightfully gay with many of the beautiful wreaths and other decorations made and sent in by Mr. Charles Brown of Kirk's Gift Box Shop in Puyallup, Washington. Mr. Brown is very ill in Doctors' Hospital and while visitors

are not invited, cards and letters would be most welcome. The patient is the husband of Bea Brown, one of the valued workers in the hospital housekeeping department.

The regular meeting of the Puget Sound Chapter of National Executive Housekeepers met at Firland Sanitorium on April 11. Many from Pierce County Hospital attended the interesting meeting, and learned of new hospital floor finishes, and saw the new type of flooring being installed in the Firland Kitchen and the use of a new mildew proof paint which is proving most successful. Many prospective members, from which a future Tacoma Chapter is hoped to be formed, were in attendance.

Letha Munsee, Assistant Housekeeper, moved into her new home on East Wilkinson Road recently. And from the housekeeping department comes word that Altha Maxium, Letha Munsee, Kristine Sanden and Celestia Flann, all of whom have been on the sick list, are well again and back to work.

Icy Mae Meek, diet kitchen, has resigned due to ill health, and Nadine Berka of the same department, has also resigned. She will leave soon with her husband, who has been transferred to the Los Alamitos Naval Air Station.

Work Simplification Courses

Four sessions of work simplification for cardiac housewives and other homemakers who have been told to "take it easy" will be offered this month, the local chapter of the Washington State Heart Association announces.

The course, which will be given free of charge, will be held at the Puget Sound Rehabilitation Center, 3555 So. D Street and will be conducted by Mrs. Marlene Baily, occupational therapist, and Robert Gallucci, physical therapist. Classes will be held Wednesday, May 21; Friday, May 23; Monday, May 26, and Wednesday, May 28; hours are 10 to 11:30 a.m. Those wishing to register for the course are asked to call the Heart Association, BR 2-7854.

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Twelve Scientific Exhibits Planned For W.S.M.A. Annual Meeting

Twelve high quality scientific exhibits will be displayed at the 1958 Convention of the Washington State Medical Association in Spokane September 14-17, according to an announcement by L. S. Highsmith, chairman of the Scientific Exhibits Committee.

The scientific exhibits will be part of a comprehensive postgraduate education meeting which will feature six top-flight guest speakers in a two-day scientific program and one day of medical films. Names of five of the guest speakers have previously been announced. The sixth to be selected is Eugene F. Poutasse of the Cleveland Clinic, whose main subject will be: "Renal Artery Disease in Hypertension."

Titles and sponsors of the scientific exhibits announced to date are:

"Advances in Vascular Surgery," R. N. Kleaveland, Spokane.

"Extra Corporeal Circulation Techniques," Ralph Berg and Henry T. Lang, Spokane.

"Virus Disease Research," Ernest Stone, D.V.M., Pullman, dean, School of Veterinary Medicine, Washington State College.

"Pitfalls in Office Radiology," Patrick A. Lynch, John E. Downing and Edward J. James, Yakima.

"Emergency Care of Eye Injuries," Robert J. Davis, Spokane.

"Current Use of the Tuberculin Skin Test in Medical Practice," Cedric Northrop, Seattle.

"Bleeding in the Third Trimester," Ralph T. Harsh and David Groenig, Spokane.

Final arrangements have not yet been completed on the other exhibits to be displayed. Further details will be announced soon.

1958 Fishing Derby To Be Held At Priest Lake in No. Idaho

Scenic Priest Lake in Northern Idaho will be the site of the Doctors' Fishing Derby to be held September 15th as an event of the 1958 Convention of the Washington State Medical Association, according to O. Charles Olson of Spokane, fishing derby chairman.

The fishing derby will be headquartered at Linger Longer Lodge at Priest Lake. Round-trip bus transportation will be provided from the Davenport Hotel in Spokane, where the convention will be held September 14-17.

Boats and out-of-state licenses will be provided to participants in the derby, and breakfast, luncheon and an evening banquet will be served. All of this, as well as the cost of transportation, will be included in the price of the ticket, which will be announced in the near future when application blanks are sent out.

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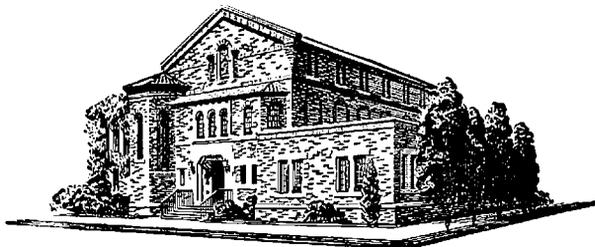
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**Dr. Backup Medical Director
of Rehabilitation Center**



Dr. Edna Backup

The Puget Sound Rehabilitation Center wishes to announce the appointment of Dr. Edna Backup as Medical Director. Dr. Backup has long been actively interested in the Center as a member of the Medical Auxiliary. The Puget Sound Rehabilitation Center Board and Staff feel confident that she will now be able to give active medical direction to this program. She received her medical degree from the University of Vermont and many doctors will remember her as an intern at Tacoma General Hospital. She has since been devoting her time to her family except for volunteer work with various civic projects.

The Puget Sound Rehabilitation Center is the first and only community-sponsored rehabilitation center in the State of Washington.

We think you will be interested to know that our case load for the first year compares favorably with the first year operations of well established centers. For example, the G. E.

Britain's chancellor of the exchequer announced a few days ago that contributions to the National Health Service by those using it and by employers would be boosted again in July.

The chancellor told the House of Commons that the whole structure of the social services would be imperiled unless their cost to the treasury was kept in bounds.

The chancellor estimated the cost of the health service during the coming fiscal year at \$2,072,000,000.

—A.M.A. Secretary's Letter

Strong Rehabilitation Center in Vancouver, B.C., now in its tenth year, had 65 patients their opening year. Our center had 85 patients the first year. Many severely involved industrial accident cases have been sent to the Vancouver center from our state. It seems strange that our tax dollar should be spent out of the country. The answer is simple: until recently our state did not have the facilities.

The report given at the first annual meeting on March 7, 1958 lists a total case load of eighty-five patients who came from the following areas:

- Aberdeen
- Buckley
- Gig Harbor
- Monroe
- Madigan Army Hospital
- Portland, Oregon
- Puyallup
- Seattle
- Shelton
- Sumner
- Tacoma

**Number and Classification of
Disabilities**

Amputees	16	
Arthritis	9	
Burns	1	
Cerebral Palsy	4	
Cerebral Vascular Accident	12	
Fractures	13	
Mental Retardation (an evaluation)	1	
Multiple Sclerosis	3	
Peripheral Nerve Injury	5	
Polio	5	
Speech:		
Aphasic, Surgical, Stuttering	15	
Sprains	13	
Surgical Hemiplegia	1	
Traumatic Hemiplegia	1	
<hr/>		
Total		99

NOTE: Some patients have multiple problems.

Referral of these patients was by 51 doctors.

Vocational Referrals

Vocational Referrals	28
To the Div. of Voc. Rehab.	15
From the Div. of Voc. Rehab.	13

Total Number of Treatments

Total Number of Treatments	1,917
Occupational Therapy	930
Physical Therapy	1,131
Speech Therapy	56

Trip on Aircraft Carrier Related

On March 29 I, along with 38 other invited guests, boarded the carrier, USS Lexington, at Oak Bay for San Francisco. The weather was rough and the big ship rolled and tossed but I suffered no mal-de-mer and enjoyed every minute of the trip.

A small printed booklet was given each of us, and a well ordered schedule made it possible for us to go with officers to visit every nook and corner of the ship. The guests were divided into four groups and each group had the opportunity to dine with Captain Bailey—a wonderful man.

On arriving at San Francisco, Joe Allen, the Executive Secretary to the Mayor, took me in tow and had one of the Inspectors of Police take me on a three-hour tour of the city after which he presented me with a gold key to the city. Joe is a close friend and comes to Tacoma every summer to visit his wife's mother, Mrs. Oswald, and play a few games of golf.

The trip on the Lexington was a wonderful experience, and each of us who was privileged to go has written Admiral Bledsoe, Commandant of the 13th Naval District, expressing our appreciation.

—John F. Steele, M.D.

Introducing

Our new Society member to be introduced this month is Dr. John S. May, now in general practice in Tacoma.

Dr. May, formerly of Kansas City, happened to visit the Puget Sound area during his naval service in 1945 and 1946. He enjoyed it so much here that he later decided on it for a permanent home.

Starting at the University of Kansas in 1946, he spent two years in engineering, then transferred to pre-medical and graduated in 1952 with a degree in bacteriology. During his medical school years he gained considerable experience by helping with rheumatic fever research for the American Heart Association; his internship was at Tacoma General Hospital in 1956-57.

Dr. May has two daughters, aged 2 years and 5½ years, and expects another addition (gender uncertain) in the near future. He and his wife enjoy gardening, but are pleased when time allows for outdoor sports and, for him especially, the chance to concentrate on home carpentry and woodworking.

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Poison Control Center Report For March

Total number of calls	53
Calls from parents or other lay persons.....	47
Physicians or Hospitals	6

Age Distribution

Less than 12 month	2
1 to 3 years	27
3 to 5 years	16
5 to 12 years	3
Over 21	1
No age given	4

Substances Taken

Medicinal: Aspirin (7), Carter's Little Liver Pills, Pertussin Cough Syrup, Benedryl, Sulphuric Acid, Sodium Fluoride, Trilafan Tablets, Phenobarbital, Stilbesterol, Exlax (2), Floroquin Suppositories.

Other Substances: Mouse Seed, Bonamine, Paradichlorobenzene Cake (B. R. Deodorant), Nose Spray (no name given), Comet Cleanser (2), Purex, Noxema Ointment, Paladac, Crayola, Dapline (Flower), Lighter Fluid, Cleaning Fluid, Lavioris Mouth Wash, P. W. Jaynes Vermifuge, Old English Scratch Remover, Ludox Furniture Cleaner, Rinse Away, Rit Dye, Lovalon Hair Rinse, Perfume (Chanel No. 5), Shaeffers Blue Ink, Stove Oil, I. D. Root Destroyer, Ty-D-Bal (Toilet Bowl Cleanser), Lye Water, Schoel Foot Powder, White King Liquid Detergent.

Number advised to go to Hospital.....	1
Number advised to contact private M.D.....	7
Number advised emetics and observe.....	25
Number treated in E.R. (P.C.H.)	6
Number hospitalized at P.C.H.	3
Information from Clinical Toxicology.....	12

—Mrs. Irma Hough, R.N.
Temporary Supervisor

Annual Dance of St. Joseph's Nursing Guild To Be Held

The annual semi-formal dance of the St. Joseph's Hospital Nursing Guild will be held Saturday, May 17th, in the Bayview Room of the Winthrop Hotel. A no-host social hour will begin at 8:30 p.m. and music for dancing will be provided by George Campbell and his fine band from Seattle.

In addition to being the Junior-Senior prom for students, this is the sole money-making project of the organization which provides scholarships for student nurses. Your support will be appreciated.

Reservations may be made by calling Kathleen Skrinar, GR 2-7775, or Eloise McNerthney, BR 2-4989. Convenient parking facilities have been donated at 714 Broadway.

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MONTHLY MEETINGS

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the Month—8:15 p.m.

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept. and Dec.—7:15 a.m.
at Scotty's Cafe

PIERCE COUNTY PEDIATRIC SOCIETY

First Friday of Each Month, Except June, July and August.

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Tuesday of each month—8:30 p.m.

Board Room of Pierce County Medical Society

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Building

The **BULLETIN** *of the*
PIERCE COUNTY MEDICAL SOCIETY

VOL. XXIX—No. 9

TACOMA, WASH.

JUNE - 1958



Pierce County Medical Society

1958
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Happy Birthday

June

- 2 TREACY DUERFELDT
- 5 HOLLIS SMITH
- JAMES VADHEIM
- 7 JOSEPH HARRIS
- 8 JACK ERICKSON
- 10 HAROLD LUEKEN
- 11 JACK MANDEVILLE
- 13 ERNA GUILFOIL
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- 15 MILES PARROTT
- GEORGE TANBARA
- 21 LEO ANNEST
- JACK LEE
- 28 STANLEY DURKIN
- MILLS LAWRENCE
- HERBERT MEIER

THE PIERCE COUNTY MEDICAL SOCIETY DOES NOT MEET DURING JUNE, JULY & AUGUST

NOTICE

Check back page of Bulletin for calendar of special meetings

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TENNIS from noon on—Drs. Gross and Tanbara guarantee blisters for all players.

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Dinner - 7:00

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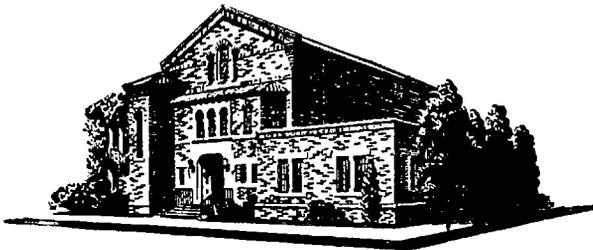
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1957-58

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Civil Defense	Mrs. Harold D. Lueken
Historian	Mrs. John Bonica
Social	Mrs. Howard Pratt
Legislative	Mrs. Joseph Harris
Membership	Mrs. Charles Anderson
Nurse Recruitment	Mrs. Orvis Harrelson
Program	Mrs. Robert Osborne
Public Relations	Mrs. Robert Burt
Revisions	Mrs. Treacy Duerfeldt
Telephone	Mrs. James Mattson
Today's Health	Mrs. M. Edward Lawrence
Speakers Bureau	Mrs. Philip Grenley
Minute Women	Mrs. Robert Ferguson
Heart	Mrs. Kenneth Gross
Cancer	Mrs. Robert Brooke
Tuberculosis	Mrs. Hillis Griffin
Mental Health	Mrs. John Havlma
Crippled Children and Adults	Mrs. Wendell Peterson
Infantile Paralysis	Mrs. Douglas Buttorff
Safety	Mrs. Galen Hoover
Rehabilitation Center	Mrs. Walter C. Cameron, Mrs. Phillip Backup
Public Health Nursing	Mrs. Charles Anderson
Community Council	Mrs. John F. Steele
City Council	Mrs. William Goering
Health Council	Mrs. Merrill Wicks
Fashion Show	Mrs. Robert Florence
Dance	Mrs. Horace Anderson
Christmas Party	Mrs. Howard Pratt, Mrs. Robert Osborne

May meeting was a no-host luncheon at The Towers restaurant planned by luncheon chairman Beth Pratt, assisted by Grace Hauser and Ruth Sames. Our Quartette entertained with heart-rending performances of Bird in a Gilded Cage, A Man Was the Cause of It All, and other happy songs.

Meeting after luncheon featured a review of Auxiliary's activities this year, presented in excerpts from her annual report by retiring president Ruth Murphy, and presentation of the gavel from Ruth to next year's president Helen Florence. The latter took place in a brief ceremony demonstrating the real affection Ruth feels for this group, and the warmth of the personality that has represented us this year.

In accepting the gavel, Helen Florence expressed an optimistic outlook for Auxilliary's coming year. Members share her optimism, knowing that Helen is well qualified for the job, is just as patient as Ruth, will be as easy to work with, and will probably appear in as interesting a variety of hats.

The Eyes Have It

Three of our quartette . . . Hazel Whitacre, Gladys Hanson, and Ev Osborne, had also provided entertainment earlier last month at a luncheon for visiting convention wives. The occasion was part of the two-day program for wives of the North Pacific Orthopaedic Society members meeting here for their annual convention. Doctor Wendell Peterson is president of the Society. Marcy Peterson, Helen Florence, Marion Staatz, Ruth Zimmerman, Shirley Murray, and Clara Goering were hostesses at the luncheon held at Johnny's Dock. Songs by the costumed trio made a big hit with the out of town guests, and as a result at least a dozen pairs of false eyelashes appeared at the convention's dinner-dance that evening.

The Woodbrook Show

At the Washington State Horse Show at Woodbrook May 17th and 18th Doctor William Hauser and two of the Hauser boys showed their horses in stock and Western events. Doctor and Mrs. Carlisle Dietrich entered their show horses . . . Doctor Dietrich and his hunter won a ribbon. Conspicuously absent from the program was Auxillary's star equestrienne, Billie Murphy, who fell from her horse the day before the show and broke a collarbone.



Mrs. T. B. Murphy and Mrs. Robert Florence

(Continued on Page 9)

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(Continued from Page 7)

What Price Togetherness?

The Robert Florences and the Charles Larsons are taking their children to the San Francisco festivities this month. Others going south for the big convention, but sans children, are the Herman Judds, Robert Gibsons, Howard Pratts, Thomas O. Murphys, George Kittredges, and James Mattsons.

Beachcombers Arise

Doctors' families moving across the bridge and out to the beach for summer become more numerous, as every year more of these hard-working people find the best things in life are washed in by the tide.

Confirmed beachers the Haskell Maiers, jumped the gun and moved out early to their summer home at Rosedale. Dorothy's sister and her two children from Akron, Ohio will be here for a summerlong visit.

The Douglas Buttorffs, who just barely move into town between beach seasons, have been out for almost a month at their place near Rosedale. Doctor Buttorff plowed and planted crops this spring, may operate a fresh produce stand on the roadside this summer if commuting to town becomes too bothersome.

The Wayne Zimmermans will really enjoy this summer in The House That Wayne Built,

at Rosedale, having achieved such elegance as a ceiling in the house.

Doctor and Mrs. Robert Bond will be at home this summer at their newly-acquired beach place between Buttorffs and Zimmermans, on the historic site of the old Arletta dock.

Also newly-beachers, Doctor and Mrs. M. R. Hosie plan to trailer it on their property around the bend at Horsehead Bay. Doctor and Mrs. Gerald Geissler have just acquired property on Horsehead. The Harold Leukens are building their own on Henderson Bay, hope to be under roof this summer.

Other possible stops on a Sunday afternoon tour are the Tom Smeall's on Wollochet, the George Moosey's all-year home on Wollochet, the Hugh Larkin's at Rosedale, the Rosenblad's and the McBride's at Rosedale.

It's less convenient for a drop-in visit, but callers with groceries are always welcome on Vashon . . . at the Fred Schwind's, who have expanded their guest bunkspace, at the Philip Backup's after July first, and at the Robert Kallsen's, where you writer will spend the summer on a large log.

Summer in Skirts

The Tennis Club will be headquarters this summer for many Auxiliary members and their families. The William Mattsons have just joined the club, will always find four for poolside bridge among the John Bonicas, Stan Durkins, Kenneth Grosses, George Kunz, Thomas Wests, James Vadheims, and Ralph Huffs.

Joan Anderson, Auxiliary's biggest financial asset this year, is bending both toward beach and town . . . will move out for July on Horsehead Bay, but will be in town to chairwoman the Tennis Club's summer epic, the twilight fashion show in August.

Song of the Swan

Just as the gavel was passed at May meeting, your writer now passes Roger's Thesaurus to Kay Herrmann Auxiliary's Bulletin editor for the coming year. No stranger to the pleasures and pratfalls of Bulletin reporting, Kay has handled the job very successfully twice before, returns in response to the clamor of news-starved readers. Our thanks go to everyone who read us this year, or said they did.

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Medical Society Office Will Be Closed June 19 Thru 27

The Medical Society office will be closed June 19 through 26 while the executive secretary attends the Medical Society Executives Conference in San Francisco where she will devote full time to intensive work and study.

Any Additions or Corrections?

Have you moved? Has your phone number been changed? Are you now keeping the store open on Thursday instead of Wednesday?

A new Directory of Physicians will be published in July. By obvious, and some devious, methods we have compiled an extensive list of corrections, deletions and additions—(yes, the Medical Society phone number will be included). But there are undoubtedly numerous changes of which we are not aware.

If you wish any revision whatsoever of your listing in the Directory, please call the Medical Society office, MA 7-2020, at once. Speak now, or prepare to hold your peace for another year.

A recent survey in the Northwest brought out the amazing fact that 20 per cent of physicians believe most other physicians are crooks.

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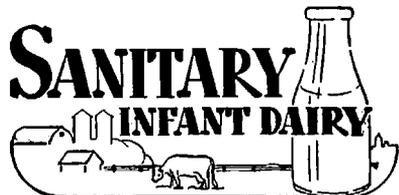


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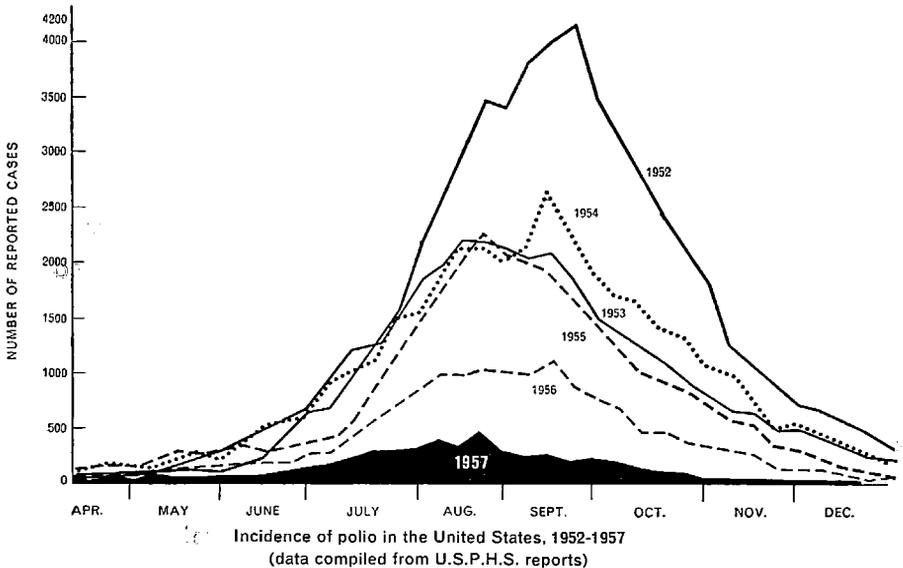
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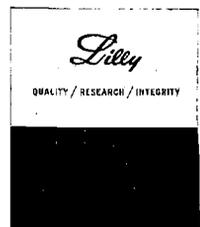
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1. *J. A. M. A.*, 165:21 (November 23), 1957.

2. Department of Health, Education, and Welfare: News Release, October 10, 1957.

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HOSPITALS . . .

Tacoma General

The Board of Trustees at its May meeting increased the number of members to 21. The new members are Stanley W. Tuell, M.D., Mr. L. Evert Landon, President of Nalley's Inc., and Mr. L. T. Murray, Jr., Executive Vice-President of West Fork Timber Company.

Construction of an addition to the fourth floor has been started. The added space will be used temporarily for offices for the department of Anesthesiology, and for work rooms for both surgery and anesthesia.

Interns who will report for duty on July 1 are Dr. Rene Gay-Balmaz and Dr. Johan Weber, graduates of the University of Leiden in Holland; Dr. Jose Martinez and Dr. Demetrio Suguitan, Jr., from the University of Santo Tomas, Philippine Islands; Dr. Endre Mihalyi, who was graduated from the University of Medical Science of Pecs, Hungary, and who has been affiliated with St. Mary's Hospital in San Francisco since December, 1956; Dr. H. David Sammann, a native of Alderwood Manor, Washington, and a graduate of the University of Heidelberg, Germany.

Miss Brigid Maloney, R.N., will be Acting Head Nurse on Ward A while Mrs. Helga Hanson has a three months' leave of absence. Miss Arlene Biehl, R.N., is now the Emergency Room Head Nurse, and Mrs. Regina Kirkpatrick is the Acting Assistant Director of Nursing Service, 3-11 p.m.

Central Supply is now newly located in attractive and efficiently arranged quarters in the Annex, which is the name by which the former Nurses' Home is now designated. The function of the department will be the same, but the work will be greatly facilitated by the increased space, the better arrangement of working and storage areas, and the new autoclave 24x36x48 inches with automatic controls. Miss Mary Walsh, R.N., continues as Head Nurse of the department.

Also in the Annex, on the second floor, is a new classroom. The large room has been built and decorated by Tacoma General Hospital, and will be maintained by us. The equipment has been supplied by the Tacoma Vocational School, which will use the room for instruction of student Practical Nurses who are at Tacoma General for clinical training. The Tacoma General Hospital Department of Staff Education will also use the room in its "in-service" program.

The May issue of "Hospitality" lists these

interesting facts from the 1957 annual report: "1957 showed an increase over 1956 to the extent of 277 surgeries, 657 babies, 1545 emergencies, and 6156 patient days." This interesting publication is edited by Joan Stout, R.N., and contains news about the employees of the Hospital and items of interest to them.

Recently Dr. John Bonica travelled from coast to coast in a short time, speaking in various cities as guest of their Medical Societies. On March 6th, he spoke before the Chicago Society of Anesthesiologists. The next day he presented a paper, "The Management of Pain by the General Practitioner" at the Annual Clinical Conference of the Chicago Medical Society. He also participated in a panel discussion at this meeting. On March 8, Dr. Bonica represented the Northwest District at the meeting in New York of the Board of Directors of the American Society of Anesthesiologists. Following this he participated in the semi-annual postgraduate program, presenting two courses on Anesthesia.

From New York, he flew to Los Angeles, and was guest speaker of the Section on Obstetrics and Gynecology of the International College of Surgeons. Here his paper was entitled "Trends in Obstetrical Anesthesia and Analgesia," and he was a member of a panel which discussed the same subject.

Saint Joseph's

On Sunday, May 25th, the students from three approved schools of X-ray, Medical Technology, and Medical Records had their graduation exercises in St. Joseph's Hospital.

Sister Marie Immaculee, Barbara Murray, and Sharon Weinreich received a diploma for a nine month course of study in Medical Record Library Science. This is the first class of Medical Record Technicians to graduate from St. Joseph's Hospital. X-ray Technicians that graduated are: Peggy Mallany, Joan Fahey, and Eileen Zaichkin. The X-ray School has been open since 1953 with two students. Since then thirteen students have graduated and all have passed their national exam.

The day began with High Mass in the Hospital chapel at 9:00.

Parents, relatives, and friends of the graduates were invited. Dr. John R. Flynn, Hospital Radiologist addressed the graduates and presented their diplomas.

All at St. Joseph's Hospital take this occasion to congratulate the new graduates on the suc-

(Continued on Page 15)

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(Continued from Page 13)

cessful completion of their courses and wish them every success in the years ahead.

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May 17th was Armed Forces Day, the day on which tribute is paid to those who have fought and died and also to those who stand ready to protect our homes and liberties. One cannot help correlating the medical and nursing profession with that of the men in uniform for we too are ever ready and eager to help, assist and protect those entrusted to our care.

Mrs. Pollard (King) is the happy mother of a little boy. Mrs. Zajac (McDonald) at last, was blessed with a girl—she has five brothers awaiting her arrival home. Mrs. La Palm wanted and received a bouncing son on May 11.

Awaiting the arrival of the stork are the following R.N.'s on Maternity: Mrs. Helen Bronoshi, Mrs. Betty Trine, Mrs. Jo Whitmire, Mrs. Mary Winkler, Mrs. Helen Stolem.

The Pediatrics Department celebrated "May Day" with a tea and program for the patients. The students of Gault Junior High School provided the show and the children were very pleased with all the comic and gymnastics. The students served tea to the guests performers. We have had a very active Diabetic teaching program in the department this last month. Two new diabetics were taught how to take "shots" and their moms how to give them.

A note of thanks to the hospital employees who regularly buy the various articles made in Occupational Therapy. There are always a few articles for sale in a small closet in St. Mary's. With each sale more supplies can be bought and eventually some much needed equipment.

The Senior class and outgoing officers of the Student Association celebrated in honor of the new officers for the year 1958-1959 with a Smorgasbord Dinner at the "Top of the Ocean." On May 15th, the senior class embarked on the Princess Marguerite for a cruise to Victoria, B.C. It was a glorious day and the beautiful weather added to the beauty of the day.

On Sunday, May 18th, our Preclinical Students received their caps. It was a very impressive ceremony and many parents and friends

(Continued on Page 17)

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(Continued from Page 15)

were on hand to see the girls receive their coveted caps.

And don't forget the annual Doctors and Nurses Picnic which will be held at Lake Geneva, Thursday, June 26th. The festivities will begin at noon and will continue through the evening. All doctors and their families are invited.

Pierce County

Dr. John L. Whitaker spent the last week of April in Portland, Oregon taking a post-graduate course in Isotope Techniques given by the Department of Clinical Pathology, University of Oregon Medical School.

Captain John Dunlop of the 4167th AF Hospital, Travis AFB, California, and formerly an intern during 1955 at Pierce County Hospital, paid a call on the hospital personnel recently. Captain Dunlop will soon complete his service with the Air Force and is contemplating entering practice in Western Washington.

The American Physical Therapy Association will hold its 35th annual conference at the Olympic Hotel, Seattle, June 15-20. Approximately 1,000 members and others from allied professions from the United States and Canada are expected to attend. This is the first time the conference has been held in the Northwest.

Some of the speakers are: Dr. Ernest Fischer, Research Professor of Physiology, Medical College of Virginia; Dr. Lawrence Knopp, Instructor of Neurosurgery, University of Washington; Dr. Karol Bobath, Senior assistant Psychiatrist, Surrey, England; Dr. Serburne Heath, Director of Physical Medicine and Rehabilitation, Children's Orthopedic Hospital, Seattle and Dr. John Bonica of Tacoma. The theme of the conference will be "Let's Explore Facilitation."

Mrs. Anita Preston, head physical therapist of Pierce County Hospital will attend the conference. She has been appointed Chairman of the Barbeque festivities at which over 500 are expected to convene. The Barbeque will be held at the Elks Lodge in Bellevue, June 19. Mrs. Preston is also serving on the Finance Committee.

After 13 years of outstanding service in the hospital, a farewell party was given for Mrs. Louise Golden. She was presented with a clock radio at the coffee and cake hour held in her honor on April 25. Mrs. Golden has moved to Montesano, Washington, where she owns and operates a hotel.

Mrs. Emma Delin, who recently retired as attendant in Physical Therapy, has returned to substitute for Miss Doris Boyle, who is vacationing with her parents in California.

(Continued on Page 19)

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(Continued from Page 17)

From the Nursing Department comes word that the following members are on, are just returned, or are leaving for vacations: Clara Gratzler, 2nd floor Supervisor, and her husband, Fred, are driving to Mexico. Esther Landon, 4th floor, and her children leave May 26 for an extended trip through Canada to visit her family. Later she will meet her husband and the family will then go to the east coast to visit Mr. Landon's family.

Lillian Wilson, Superintendent of Nurses, has returned from a delightful visit with her sister in Sacramento, California. Margaret Dyhamel, surgery nurse, has also been visiting her sister in California. Other nurses vacationing in May but not taking long trips, are Anna Bratton, Marguerite Van Horne, Kazu Quaranto, Lolo Leighton, and Ann Brezicha.

Marjorie Dickson, surgery nurse, is being welcomed back after her recent surgery.

Estella McKinnie and Florence Galda were delegates to the Washington State Nurses Convention held April 21-24.

Drs. Claris and Donald Allison recently returned from a week's vacation in California. During that time they visited with Dr. Donald Allison's father and brothers in Los Angeles, and on their return trip they stopped at Oakland, California to visit Dr. Reschke and his wife. Dr. Reschke, a former Pierce County intern, is taking his Residency training at the Oakland Hospital.

Isla Southworth, Main office, and her sister, Ruth Algeo, have recently returned from a month's sojourn in Hawaii. They left in March for the Islands on board the *Matsonia*, and experienced the thrill of that storm tossed journey, but Isla reports that they enjoyed the excitement and did not miss any of the good meals enroute. They visited old friends, Mr. and Mrs. Wm. McCall of Honolulu, but made their headquarters at the Hawaiian Village. Tanned from sea bathing, sunning on the beach at Waikiki, they returned by plane on April 15.

A sequel of interest to friends followed Isla's pleasant homecoming from Honolulu, and that story concerns her well known and highly prized parakeet, "Poopsie," a most gayly colored, talkative, fine-feathered friend. The important little fellow had thrived under the care of Isla's husband and son during her absence, but, since Isla is strictly for that bird, he avoided letting her out of his sight after her return and constantly rode on her shoulder. One evening unbeknownst to Isla, Poopsie lit on her shoulder just as she went into the back yard, and off fsoared the fabulous creature into the highest tree. All members of the family sought

its return, but, frightened, the parakeet disappeared, and an all night search, seeking it about the fields and woods around the country home for days met with no success. The mourning was very real and eight days passed. Then a neighbor called from several miles down the road to say that Poopsie was reposing in her barn; that he was minus tail feathers, and was sadly conditions as if he had been pushed about by illiterate robins, sparrows, swallows, etc., who didn't understand or appreciate his good English or diction. Nonetheless, he was chirping a merry tune. Now he is safely back on his own perch, and the first words he uttered upon landing there were "Poor Poopsie, Poor Poopsie. What a world!"

Concern over the health of Margaret Williamson, head of Social Service, has abated since she is back on duty following a bout of illness which sent her to the hospital for several days.

The hospital personnel were saddened by the death of Olga Curtis, long time assistant head housekeeper at the hospital. She died May 9 in this hospital where she served so faithfully and where all enjoyed her delightful personality.

Symposia Topics Announced

Topics for the Heart Association's 1958-59 series of Symposia for county medical societies have been announced by Dr. William E. Watts, Chairman.

Next year's series includes three topics, "Atherosclerosis—Present Concepts, Prevention and Treatment," "Heart Surgery—Who is Eligible" and "Hypertension—Newer Drugs."

Medical societies may request one or all of the sessions.

Medical societies may request teams of Heart Association speakers for one or all of the sessions. Request should be directed to the Pierce County Branch of the Washington State Heart Association at 1104 South L Street, Tacoma.

BEALL'S

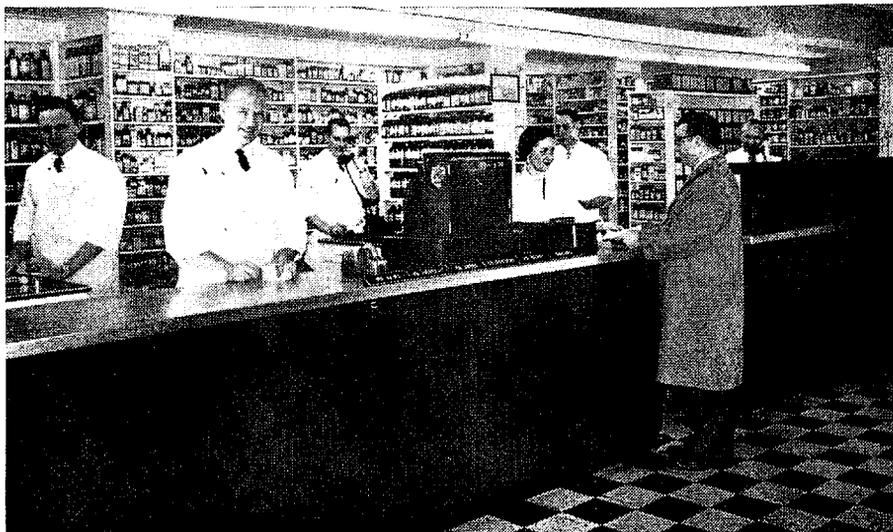
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Through the cooperation of the Tacoma-Pierce County Health Department, the local office of the N.F.I.P., and the Pierce County Medical Society, and others, the Health Services Department has recently completed the third polio "shots" in the Tacoma Public Schools.

We would like to express our gratitude to the following members of the Pierce County Medical Society who participated in the program at the various schools: Drs. T. A. Smeall, Lawrence Brigham, Franz Hoskins, Bernard Rowen, Robert Johnson, Jack Lee, John Comfort, Somers Sleep, Gerhard Drucker, Arnold Herrmann, James Hazelrigg, Buel Sever, Cletus Stevens, Wm. Rademaker, John May, Wm. Sullivan, Frederic Paine, John Shaw, Don Cummings, and Mills Lawrence.

We are particularly indebted to Dr. Ted Apa and to Mrs. Schnuriger and others of the Tacoma-Pierce County Health Department for an indispensable service in procuring vaccine, syringes, needles and supplies and preparing them for the daily clinics.

Perhaps a further word of comment is in order. We are sorry that our planned procedures for these clinics resulted in so much burdensome work for many secretaries in doctors' offices. The fact is in planning these clinics we had in mind those children who had received the first and second shots in the schools last year, and we were amazed by the large number of parents who requested the third shot for children who had received the first and second shots from their family doctors. We delayed this program for the third shots as late in the spring as possible. One reason for this delay was to permit children to have this treatment from their family doctors.

One thing is certain, the staff of school nurses who carried the burdens of this program will heartily welcome the time, if it ever comes, when all such personal health services for children are performed in the doctors' offices.

—D. M. Dayton, M. D., Director
Health Services Department

Family Service of Tacoma, a UGN agency with offices at 220 Security Building, provides professional counseling service to people who have family and personal problems. Staffed by professionally trained family counselors — all of whom hold Master's Degrees in Social Work and have years of experience in practice — the agency's services are available on a sliding fee basis to anyone in the Tacoma-Pierce County area. Appointments are arranged by calling MArket 7-6105.

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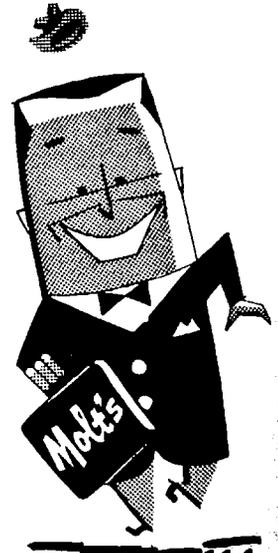
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Heart Assn. Issues I.D. Card For Patients on Anticoagulant Therapy

An "emergency" identification card for the protection of patients on long-term anticoagulant therapy is now available to physicians from the Pierce County Branch of the Washington State Heart Association, 1104 South L Street.

The card, designed as a wallet insert, was developed as a result of requests from physicians seeking to protect their patients on anticoagulants in case of accident, dental surgery or other treatment that may induce bleeding. It points out that the bearer "is being treated with anticoagulants which slow down clotting of the blood." In case of emergency—bleeding, injury or illness—the card advises that a doctor be called, since the patient may require an antidote.

The card contains space for the name, address and phone number of the individual's physician. There is also space to indicate the kind of anticoagulant prescribed and the patient's blood type. The card was designed with the approval of the Committee on Prothrombin Determinations of the American Heart Association.

In addition to making the anticoagulant identification card available to physicians, the Heart Association also is calling it to the attention of dentists, hospital emergency room personnel, nurses, police and others who most commonly handle emergencies.

Physicians may obtain samples of the identification card from the Pierce County Branch of the Washington State Heart Association, BR. 2-7854.

Free Mailing Privilege Revoked

"The Federal free mailing privilege for reporting communicable diseases will be withdrawn June 30, 1958. Remaining franked (free) report forms should be destroyed on July 1. If these forms are used after June 30, adequate postage will be required.

"Physicians on the Tacoma telephone exchange are encouraged to report communicable diseases by telephone to the Health Department, BRoadway 2-9341, Vital Statistics Section.

"Physicians in the outlying areas are requested to report through the mail. An effort is being made to secure pre-stamped envelopes for physicians not on the Tacoma telephone exchange.

"New report forms and communicable disease information are being assembled for distribution to physicians."

—C. R. Fargher, M.D.
Director of Health.

Convention Breakfast To Honor Past Presidents of W.S.M.A.

With President Milo T. Harris as host, past presidents of the Washington State Medical Association will be honored at a complimentary breakfast during the Association's 1958 convention, which will be held in Spokane September 14-17.

Dr. Harris said all past presidents are invited to the breakfast, which will be held at 7:00 a.m. September 16 in the Davenport Hotel. Nineteen past presidents are known to be living, the dean of them being Park Weed Willis of Seattle, who was president in 1901. Records for the years prior to 1925 are incomplete, however, and anyone knowing of any other living physician who was president before that is urged to contact the Central Office at 1309 Seventh Avenue, Seattle.

Other convention events will include two days of scientific meetings, one day of scientific movies, business sessions, sports program and a calendar of social functions. Six out-of-state guest speakers will be featured in the scientific program, and will conduct post-graduate courses during the forenoons of September 16 and 17. Pre-registration information for the post graduate courses will be announced in the near future.

Luncheon meetings announced to date for Tuesday, September 16, include the Washington Chapter, American College of Surgeons; Washington Academy of General Practice; the W.S.M.A. Section on Internal Medicine, and the Washington Association of Local Health officers.

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References: Carozzi, M.: Antibiotic Med. & Clin. Therapy 5:146 (Feb.) 1958.
Shalowitz, M.: Clin. Rev. 1:30 (April) 1958.

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**Poison Control Center Report
For April**

Total number of calls.....	47
Calls from parents or other lay persons.....	35
Physicians or Hospitals	12

Age Distribution

Less than 172 months	4
1 to 3 years	25
3 to 5 years	9
5 to 12 years	1
12 to 21 years	2
Over 21	0
No age given	6

Substances Taken

Medicinal Substances: Ferinsol, Mol Iron Drops, Aspirin (7), Pyribenzamine, Primidane, Exlax, Ferric Ammonium Sulfate, Potassium Permanganate, Hydrogen Peroxide.

Other Substances: Energine Cleaning Fluid, Grub, Tulip and Daffodil Petals, Incense Cologne, Cotillion Toilet Water, Lighter Fluid, Slug Bait, Ivory Soap, Vanilla, Tips of Book Matches, Lime Stone Powder, Avon Lipstick, Avon Cuticle Softener, Harts Mountain Gold Fish Food, Clearol Hair Dye, Germtrol, Chlorine Gas, Pine Sol, Het Cleanser, Mimeograph Ink, Noreen Hair Rinse (2), Turpentine, Murine, Windex, Bruce Floor Cleaner, Allero (fur cleaning spray), Sloans Liniment, Fuel Oil, Sure Fire Lighter Fluid, Root Tone, Fireplace Flame Colors.

Number advised to go to Hospital	7
Number advised to contact private M.D.	3
Number advised emetics and observe	24
Number treated in E.R. (P.C.H.)	4
Number hospitalized at P.C.H.	0
Information from Clinical Toxicology	9

—B. A. Bader

Advance Announcement

You are invited to attend the Oregon-Oklahoma Postgraduate Combined Specialty Meeting for Practicing Physicians on October 3-4, 1958.

The program will be: Friday, October 3—9:00 a.m.-5:00 p.m. Combined Scientific Session; 7:30 p.m.—Dinner for Registrants and their Ladies (Faculty Club).

Saturday, October 4 — 8:30-10:30 a.m. — Your choice of five pre-game Breakfast Roundtable Conferences (Surgery, Medicine, Pediatrics, Obstetrics, Gynecology).

For information and final program write:

Office of Postgraduate Education
University of Oklahoma Medical Center
801 N.E. 13th Street
Oklahoma City 4, Oklahoma.

For tickets to the Oregon-Oklahoma Football Game, October 4, 1958, write:

University of Oklahoma
Athletic Ticker Office
Norman, Oklahoma.

The New Mexico Medical Society, with a membership of 509 physicians, has been in the middle of a complex and controversial political storm during the last few weeks over the handling of the state's welfare program.

State President Samuel R. Ziegler reports that after long and heated debate and much publicity, the welfare department accepted the Society's offer to render free medical care to welfare patients rather than accept a further reduction in payments from the welfare fund. The schedule originally accepted by physicians represented roughly one-fourth of a doctor's usual fee.

—A.M.A. Secretary's Letter

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Blood Bank Briefs

The office staff of the Blood Bank is continually bombarded with questions from patients and their families as to why they were not informed that they had received blood. Frequently, their first knowledge of the transfusion comes when they pay their hospital account.

If the patient has been hospitalized for any length of time, he is aghast when told that the blood must be replaced within thirty days in order to receive the additional \$8.50 credit. Many donors are prone to wait until the last day of this thirty day period to even attempt to replace the blood.

The Blood Bank would like to take this opportunity to urge each doctor to tell either the patient, or his family, that blood has been used—as soon as possible after the actual transfusion, and that replacements must be made

within thirty days. This insures an adequate supply of blood for the next patient who might need it—perhaps preventing a delay in doing critical surgery due to lack of specified blood type.

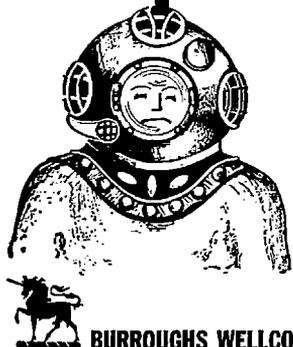
A social security study on the number of beneficiaries was made public at a recent meeting sponsored by the Social Legislation Information Service. These are the figures:

An estimated 72 million people were fully covered under the program at the start of 1957. Nine of every 10 mothers and children in the United States can count on monthly survivors' insurance if the head of the family dies. Face value of this "life insurance" protection is 425 to 450 billion dollars.

—Washington News From the Wash., D.C. Office, A.M.A.

THE PIERCE COUNTY MEDICAL SOCIETY DOES NOT MEET DURING JUNE, JULY & AUGUST

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MONTHLY MEETINGS

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the Month—8:15 p.m.

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept. and Dec.—7:15 a.m.
at Scotty's Cafe

PIERCE COUNTY PEDIATRIC SOCIETY

First Friday of Each Month, Except June, July and August.

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Tuesday of each month—8:30 p.m.

Board Room of Pierce County Medical Society

STAFF OF DOCTORS HOSPITAL OF TACOMA

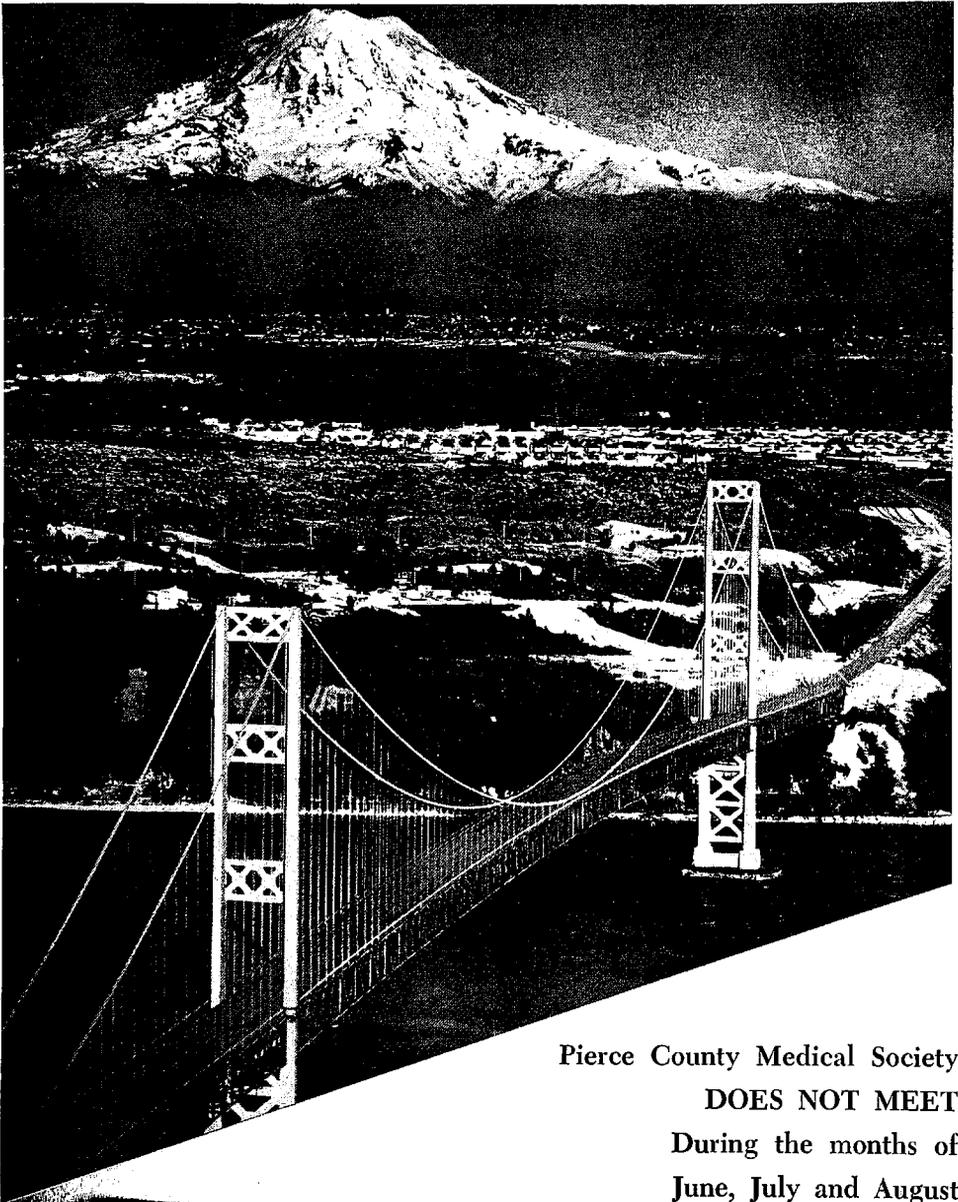
Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Building

The **BULLETIN** *of the*
PIERCE COUNTY MEDICAL SOCIETY

VOL. XXIX—No. 10

TACOMA, WASH.

JULY - 1958



Pierce County Medical Society
DOES NOT MEET
During the months of
June, July and August

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 Vice-President..... Chris C. Reynolds
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Happy Birthday

July

- 2 PHILLIP BACKUP
- 8 JAMES LAMBING
- 10 CLARIS ALLISON
HOMER CLAY
JOHN KANDA
- 11 HARRY CAMP
WALLACE HOYT
- 12 ROBERT FLORENCE
ROBERT JOHNSON
- 13 FRANK MADDISON
- 17 HENRY MAKI
- 21 GEORGE KITTREDGE
- 23 CHARLES DENZLER
CHARLES McCOY
- 24 JOHN SHEPPARD
- 25 CHRIS REYNOLDS
- 26 ARCHIBALD HEATON
- 27 FREDERICK SCHWIND
- 28 WILLIAM GOERING
- 31 MARTIN ELTRICH
FAY NACE

THE PIERCE COUNTY MEDICAL SOCIETY DOES NOT MEET DURING JUNE, JULY & AUGUST

NOTICE

Check back page of Bulletin for calendar of special meetings

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FIELD DAY

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GOLF from one o'clock—Drs. Whitacre and Bowen guarantee 70's. Ask them for adequate handicaps.

TENNIS from noon on—Drs. Gross and Tanbara guarantee blisters for all players.

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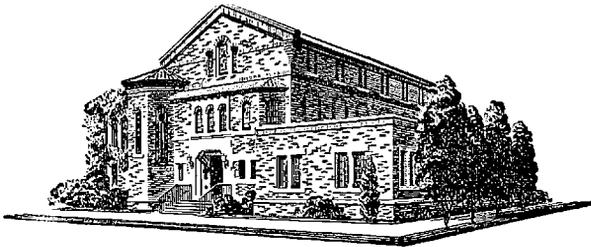
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HOSPITALS . . .

Pierce County

A large hospital party was given in the hospital dining room on May 19 honoring Janice Turner, who, for the past five years, has been the secretary in the Nursing Department. At husband Robert's insistence, Janice decided to give up her work and tend entirely to home making in the Turner's delightful new home. Miss Lillian Wilson, superintendent of nurses, gave a short talk commending Janice for her good service and then presented her with the gifts furnished by the hospital personnel. These included a complete grill for the new outside barbecue kitchen of the home, a chaise lounge for the patio, and costume jewelry.

The hospital is welcoming back Ann Ness to her duties in the Emergency Department. Ann has been on a three months' leave of absence, during part of which time she and her husband travelled extensively.

Again, Pierce County Hospital says goodbye to another most efficient group of interns and residents to make room for the new doctors who arrive on July first. Those of the interns leaving who will enter the Air Force service are: Dr. Wayne White, Dr. William Lirette, Dr. Stanley Irving; Dr. William Hamilton and Dr. James Collins enter the Public Health Service in Hoopa, California. Dr. David Mills will take up a residency in medicine at the University of Tennessee, Dr. James Fergus, will be resident in obstetrics and gynecology at the University of Minnesota Hospital in Minneapolis, Dr. Robert Cole enters the Washington State Health Service in Seattle, as will, Dr. Richard Heikes. Dr. Delbert Erickson is entering private practice with Dr. Norbut at Poulsbo, Washington. Dr. Leonore Warden, resident during the past year, leaves with her family and husband, Dr. Warden for Dallas Texas. Dr. Leonore plans to rest and care for her three children while her husband has a medical residency at Baylor University Hospital. Another resident who is leaving is Dr. Eugene Johnson, who is entering private practice at Spirit Lake, Iowa.

Solicitations are being offered Marvel Reid of the Diet Department upon the death of her brother, Mr. Royal Joos, one of Tacoma's outstanding young business men.

New faces in the Record Room are Sadie Armstead and Diane Bremner.

Nelle Satter and Letha Munsee, head and assistant head housekeepers, respectively, attended two instructive movies given at The Swedish Hospital in Seattle. One was "Diag-

nosis Danger" portraying accident hazards in a typical hospital as seen through the eyes of a hospital administrator, hazards such as a loose step, slippery floors, poor electric connections, chipped china, drugs left accessible, improper gas storage. The second movie was "Easy Does It" produced by the National Sanitary Supply.

Other news from the Housekeeping Department reveals that Vira Ryans is spending her vacation with entertaining and other plans for her daughter Mae's wedding on June 14 when she will marry Wm. Rhodes at St. Mark's Lutheran Church. Anna Bradley will accompany her two sons and their families of Clarkston, Wash., for a trip through Yellowstone Park. Marian Burelli and husband leave by plane June 29 for Anchorage, Alaska to visit their son and his family.

A beautiful wedding of interest to many of her hospital friends was that of Pat Davis of the Social Service Department to Jim Hill, currently working for Carnation Company but also majoring in Education at Pacific Lutheran College. The wedding was held in the Temple Baptist Church, the evening of June 6th. The color scheme carried throughout the service and later at the reception in the church basement was yellow and white.

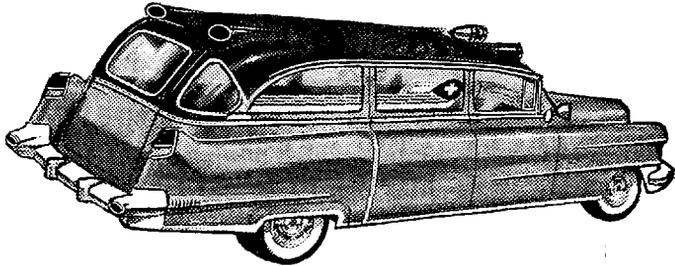
Tacoma General

On July 1, Mr. Hugh R. Owens became Administrative Assistant at Tacoma General Hospital. In June Mr. Owens received his Master's Degree in Hospital Administration from Northwestern University, having recently completed one year's administrative residency at Swedish Hospital in Seattle.

Dr. John J. Bonica was one of the principal guest speakers at the 1958 annual meeting of the Kansas State Medical Society in Kansas City. He spoke before the General Assembly on "Management of Pain in General Practice," and before the Section of Anesthesia and Obstetrics on "Obstetric Analgesia and Anesthesia in the Presence of Maternal Complications." Also Dr. Bonica participated in two panels which included Dr. George Crile, Dr. Arthur Grollman, and Dr. Bruce Wiseman. Dr. Wiseman, Professor of Medicine at Ohio State University College of Medicine is a brother of our Dr. Claude Wiseman. Although the trip was a fast and gruelling one for Dr. Bonica, he enjoyed the Kansas hospitality as well as the

(Continued on Page 9)

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(Continued from Page 7)

renewing of acquaintances with several Kansas physicians who had interned at Tacoma General Hospital.

Dr. C. P. Larson had the privilege of attending the graduation of his son Philip from McGill University. Philip, who is now an M.D., will intern at Los Angeles County Hospital.

After two years of residency in Pathology at Tacoma General, Dr. Roy Patton will begin his third year at Massachusetts Memorial Hospital in July.

Mr. T. Seto is back at his gardening tasks after three months in Japan. The seven children of Mr. and Mrs. Seto made a gift to them of this trip. The journey was made by air, via Alaska going and via Honolulu returning. In Honolulu, the Setos saw their first grandchild, when they visited their daughter. In Japan most of their time was spent in Kishiu, visiting Mr. Seto's mother who is now 94 years of age, and whom he had not seen for 45 years. He found her mentally alert, and still getting up at 5 o'clock in the morning to gather clover for her chickens. The changes he noticed most in his country were the electrification of rural areas, motorized traffic, and the cultivation of the mountain slopes. This has become a necessity because of the smallness of the country.

Dr. C. C. Reberger was an instructor at the first post graduate course in Radioisotope Technic at the University of Oregon in May. The Pacific Northwest Pathology conference followed, and was attended by Drs. Reberger, Larson, and Alexander. Dr. Larson will attend the AMA convention in San Francisco, and will be accompanied by his family.

One year's training in Histologic Technic was completed by Kay Kurz on June 10. Stanley Sams, who graduated from the Tacoma General School of Medical Technology on June 9, will work at Tacoma Medical Center Laboratory and the Northern Pacific Hospital Laboratory.

Dr. Jean Kohler, new resident in Pathology, is not an entire stranger to the department since she worked here as a laboratory technician in 1942-43. Her pre-medical work was completed at the universities of Utah, Chicago, Heidelberg, and George Washington Medical School.

Lucille Larson, in her official capacity as Governor of the 14th District of Quota International has been doing much travelling the past year. The first week of June she visited the Quota Clubs of Juneau, Anchorage, and Fairbanks, Alaska. As Head Technologist of the Tacoma General Laboratory, Lucille attended the Oregon Medical Technologists meeting in May. Dr.

J. J. Griffiths of the Dade County Blood Bank, Miami, Florida, was a featured speaker at this meeting. Another important speaker at this meeting was Dr. C. W. Christensen of Detroit, Michigan, who spoke on Bacteriology. In June, Miss Larson attended the annual meeting of the American Society of Medical Technologists in Milwaukee, Wisconsin.

Miss Jean Schenk of the School of Nursing Faculty, attended the convention of the American Nurses Association at Atlantic City, and then went on to Washington, D.C. for a ten day research conference in nursing curriculum. Miss Virginia Weeks and Miss Carol Sandeman, student nurses, attended the convention in Atlantic City also.

Miss Jo Anne Downing, Clinical Surgical Instructor, was married to Richard Anderson in Redding, California on June 21. Since Mr. Anderson is just beginning his fourth year at the University of Washington Medical School, Mrs. Anderson will be here for another school year.

The addition to the fourth floor will soon be completed. This will provide office space for the department of Anesthesiology, and additional storage space for the operating room, thus temporarily alleviating the present crowded condition on that floor.

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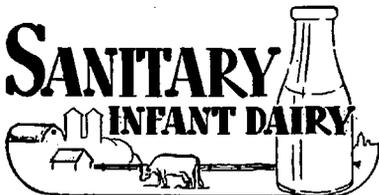


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Heart Association To Sponsor "Heart Bulletin"

The "Heart Bulletin," bi-monthly professional journal on heart disease directed primarily to family physicians, will be sponsored by the American Heart Association in cooperation with the National Heart Institute of the U.S. Public Health Service and the American Academy of General Practice, Robert Wilkins, M.D., Heart Association President, announces.

The Heart Bulletin has been issued as a public service since 1952 by the Medical Arts Publishing Foundation, a non-profit service organization affiliated with the University of Texas. The Foundation will continue to publish and distribute the journal.

The Bulletin is available to physicians on a state-wide basis through subscriptions purchased from state medical societies or the Heart Association, 1104 South L Street, BR 2-7854.

Sponsorship of the Heart Bulletin brings to four the number of Heart Association publications available to the medical profession. Others are "Modern Concepts of Cardiovascular Disease," a monthly bulletin devoted to some single aspect of cardiovascular medicine; "Circulation," a monthly journal publishing advances in clinical and scientific fields of cardiac and circulatory diseases, and "Circulation Research" a bi-monthly journal concerned with basic science studies in heart and circulation.

Work Load For Cardiac Farmer Can Be Planned

A guide to assist the doctor plan a safe work load for the cardiac farmer has been published by the American Heart Association and its affiliates.

Based on studies being conducted at the Agricultural Experimental Station at Purdue University, the guide classifies many common jobs on the farm according to the amounts of energy they demand. It also contains a nine-point check list for guidance of the patient.

Copies of the Guide "A Safe Work Load for Farmers With Heart Disease" are available by writing to the Heart Association, 1104 South L Street, Tacoma, or calling BR 2-7854.

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**Poison Control Center Report
For May**

Total number of calls.....	50
Calls from parents or other lay persons.....	39
Physicians or Hospitals.....	11

Age Distribution

Less than 12 months.....	6
1 to 3 years.....	26
3 to 5 years.....	8
5 to 12 years.....	2
12 to 21 years.....	1
Over 21 years.....	0
No age given.....	4

Substances Taken

Medicinal Substances: Dactil, Thyroid Tablets, Dexedrine (2), Exlax (2), Aspirin (5), Thorazine, Acetone, Creolin, Flouride Tablets.

Other Substances: Aphid Insecticide Paste, Rosin, Zerex, Kaiser Joint Compound, Stanley's Deodorant, Toadstools, Mala Thion, Tame Shampoo, Chalk, Fluid Oil Color (Pittsburg Paint), Moth Ball (2), Sunshine Pipe Joint Compound, Aqua Marine Lotion, Johnson's Baby Cream, Sani-Flush, Super Kemtone Color Paste, Fireplug, Hollyberries, Kerosene, Bobby Home Permanent, Johnson's Hard Gloss Glo Coat, Garden Lime, Cheekers (Dye), Lionel Train Lubricant, Iris Petals, Spoil can—Gerbbers 'aBnana Pudding, Gasoline, Colgate's Florient Spray, Purex, Simoniz Liquid Floor Wax, Liquid Vel, Dye from Crepe Paper, Paint Thinner.

Number advised to go to Hospital.....	3
Number advised to contact private M.D.....	0
Number advised emetics and observe.....	27
Number treated in E.R. (P.C.H.).....	7
Number hospitalized at P.C.H.....	2
Information from Clinical Toxicology.....	11

— 40

—B. A. Bader

**From A General Practitioner
To A Consultant**

Dear Doctor:

At the risk of rupturing a friendship of long duration I feel I must say a few very serious words to you on the ethics of consultation practice.

Let me first speak of diagnosis. When one of the brethren requests consultation and tells you his diagnosis, please be good enough to read up on that specific disease, so that you can find some reason why the poor fool backed himself off in the corner with that diagnosis. For God's sake don't come running out there with some high-faluting diagnosis of your own that the poor boob doesn't know anything about. After all he saw the patient first and he most likely is awfully fond of that syndrome.

Now as to tact — if I send you a patient with the diagnosis of leprosy and you know the darned stuff is pityriasis rosea, for goodness sake treat him for leprosy. Not only will you have the only known case of Hansen's disease to recover in six weeks, but the patient and I will both be grateful.

Now I can see that that young surgeon is going a long way in surgery. Although he backed you up by finding a darned ulcer and even put most of the stomach in his hip pocket to protect you, he still should have been able to marsupialize a small cyst for me. After all, the attempt of the stomach to pass those pancreaticin tablets through a normal pylorus was most likely the causative factor in the ulceration and obstruction.

So remember, boy, if you wish to keep insulting my patients, let's have down to earth diagnosis that I can understand. Don't confuse me with facts, because my mind is already made up. As you may recall, when I treat 'em for pneumonia, by gad, they die of it.

Sincerely,

Jawn Hanry

P.S. I am reasonably well acquainted with piles, gonorrhoea, cholera morbus, and Bang's disease. If you could confine your diagnosis to these, it would shore simplify my subsequent treatment.

P.P.S. I'm a tad weak on syphilis.

Addendum: Any attempt to take above or any part thereof seriously is indication of a guilty conscience and a reminder that you should see your nut-cracker for your annual mental health checkup.

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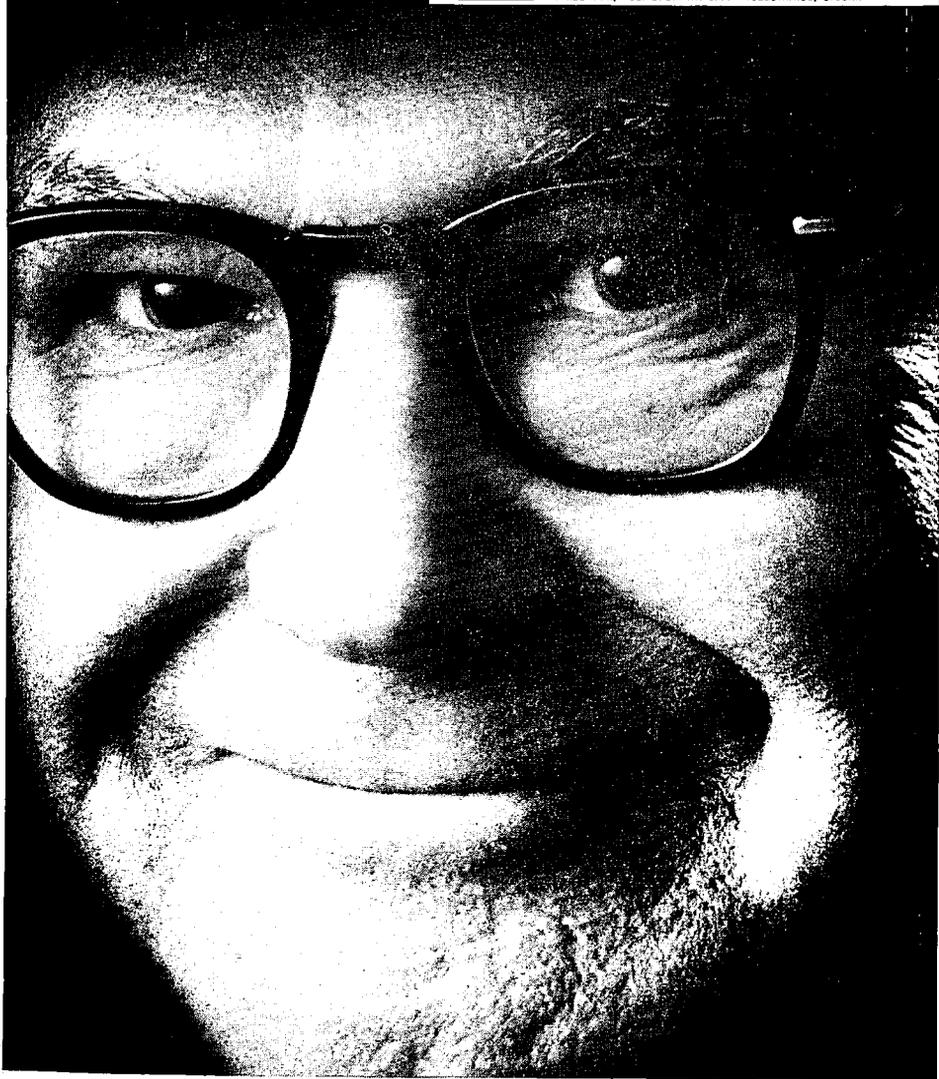
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Defense Officials Defend Medicare, But Propose Limitations

The Medicare situation is approaching a decision. Last week the House passed the Defense appropriations bill, but with the Medicare appropriation cut about \$12 million to \$60 million and Defense Department under orders to spend no more than that on civilian care. At the same time House leaders agreed to give sympathetic consideration to any Senate amendments that would remove dollar limitations on Medicare. According to Defense officials, the bill's \$60 million ceiling would result in "destruction" of the program. The decision now is up to the Senate Appropriations Committee. Testifying before the committee this week were spokesmen for the Defense Department.

Defense Secretary McElroy told the defense subcommittee that the entire civilian phase of Medicare was put in jeopardy by limitations in the House bill, and that the Department was prepared to restrict civilian medical care. Later, the subcommittee was informed that the following restrictions were under consideration:

1. Commanders to require dependents living on reservations or in nearby government military housing to use military medical facilities,

when the facilities had space and staff available.

2. Certain types of medical care to be disallowed in civilian facilities; it is understood that the department proposes to tighten up on elective surgery.

3. If 1 and 2 are inadequate, the department would recommend legislation to require dependents to pay more toward the cost of medical care in civilian facilities (now first \$25), "thus influencing more of them to chose uniformed medical facilities."

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Two tall Texas oilmen were making a visit to a big city. They swaggered into a Cadillac showroom.

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"I'll take it," drawled the Texan as he pulled out a roll of thousand-dollar bills.

At this point, the other Texan took hold of his arm and said, "Oh, no, I'll get it. You bought the lunch."

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1. J.A.M.A. 163:356 (Feb. 2) 1957.

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Do not carry your Will in your mind. No man ever protected his family by intending to write his Will. See an attorney . . . not next month . . . but this week. He will draw up your Will . . . the cost need not be great.

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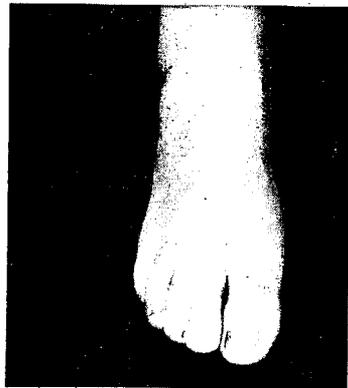
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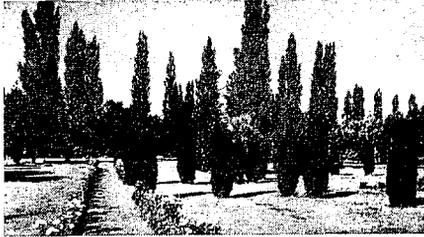
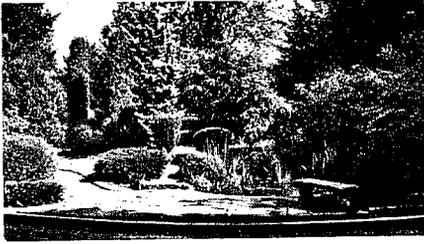


after treatment

*Case report and photographs through the courtesy of N. Orentreich, M.D., New York, N.Y.

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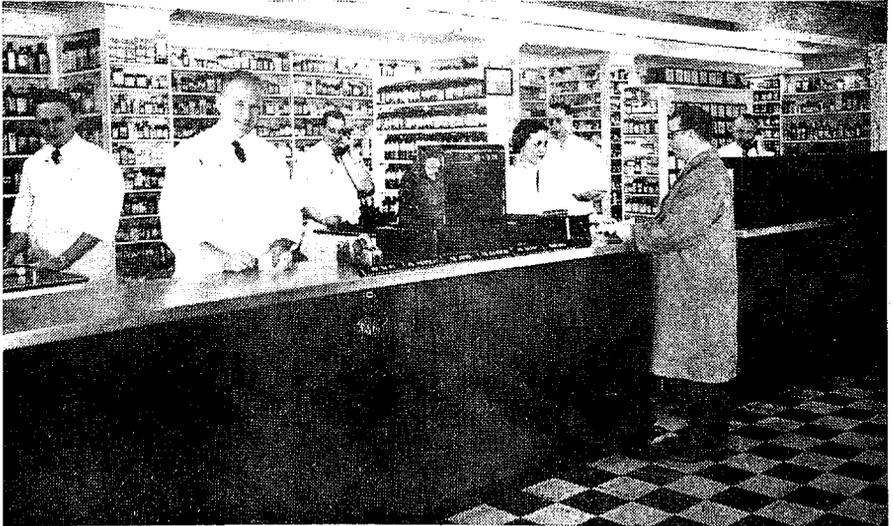
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Social Security Reserve To Drop; System Called 'In Balance'

Although in the next five years the social security system will pay out more in benefits than it takes in in taxes and interest, looked at long-range the system is "in approximate balance for all practical purposes." These are among the findings and conclusions in the annual report to Congress of the Old-Age and Survivors Insurance Trust Fund.

However, the disability trust fund, established as a separate account when the disability insurance law was passed in 1956, is expected to increase steadily until it reaches about \$4 billion in 1962. Disability benefits are estimated at \$175 million for the current fiscal year, \$247 next year and \$317 the following year.

Some of the points in the OASI report:

1. Because benefits are increasing more than expected, the OASI trust fund is due to decline from \$22.6 billion to between \$19 and \$20 billion by 1962. However, the report says the dip in reserves may be attributed to "temporary factors which have virtually no bearing on the financial condition of the social security system over the long-term future."

2. The fund is expected to take an upward trend after scheduled tax increases go into effect in 1965, and to "continue to grow for many years thereafter."

3. In the opinion of the trustees, there is "ample time to make any adjustments which might be needed," in the light of further experience or future estimates. The trustees are Secretaris Anderson (Treasury), Mitchell (Labor), and Folsom (HEW). Social Security Commissioner Schottland is secretary of the board of trustees.

During the current fiscal year, ending June 30, OASI benefits are expected to rise to \$7.8 billion, resulting in a \$428 million drop in the trust fund, the first year's decline in the fund since it was set up in 1940. The next year's drop is estimated at \$1.1 billion.

Three reasons are cited for the unexpected OASI expenditures:

First and most important, more benefit claims than anticipated were filed by persons brought under coverage in the last four years.

Second, more women than expected have elected to take a reduced benefit at age 62, rather than waiting until age 65 for the full benefit. (In the long run this will average out at no extra cost.)

Third, during the recession some older workers find it more difficult to keep or find a job, so retire earlier than they had planned. The recession also reduces tax contributions.

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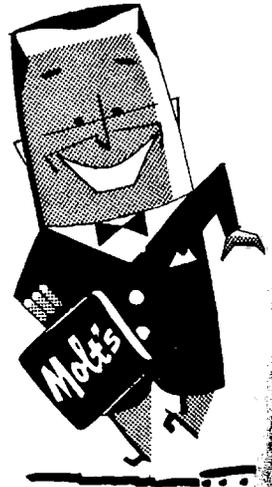
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Reorganization Plan For Civil Defense at Issue

A Senate Government Operations subcommittee may decide Monday (June 16) on whether to recommend to the full committee that the administration's reorganization plan for Federal Civil Defense Administration and Office of Defense Mobilization be disapproved. If either House or Senate votes disapproval, the proposed merger into the Office of Defense and Civilian Mobilization would not come off.

If sentiment of some subcommittee members is any criterion, the proposed merger may be defeated. Senator Humphrey (D., Minn.), chairman of the subcommittee expressed concern that civil defense would lose its identity. Senator Potter (R., Mich.), author of a disapproving resolution, said he had grave reservations about placing a new operating agency directly under the President in the face of his present "tremendous responsibilities." Senator Thurmond (D., S.C.), said he was disappointed because no economies in money or personnel were promised.

Administration witnesses defended the proposal as eliminating duplications and resulting in far greater effectiveness in dealing with the intertwined jobs of planning for civil defense and mobilization preparedness. *FCA Administrator Hoegb*, in testifying in favor of the reorganization, also called for Senate action on the bill, H.R. 7576, which passed the House last session and which establishes civil defense as a joint responsibility of federal, state and local governments. *ODM Director Gordon Gray* commented: "In my opinion the federal government cannot afford to continue to have two sets of coordinating agencies concerned with preparedness for nuclear attack. The current situation has created confusion among the federal departments and agencies. If allowed to continue, it will create even greater confusion among the states and federal agencies . . ."

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Kaolin, Colloidal, N.F.	19.44 Gm.
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Calcium Lactate, N.F.	0.553 Gm.
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1. Report of Study by Army, Navy, Air Force Motion Sickness Team: J.A.M.A. 160:755, 1956. 2. Moyer, J. H.: M. Clin. North America, March, 1957, p. 405.

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Allergy

At the University of Washington last May 16 and 17 a very fine one and one-half day post-graduate course in allergy was given. It consisted of lectures and question periods. The speakers were mostly members of the Washington State Society of Allergy. They were a very sincere, enthusiastic and dedicated group and made the course very interesting.

One of the most important things they brought out was that skin tests for foods were very unreliable. They were still being used by some of the men but only as a tentative clue. Also vaccine therapy for foods was rarely of any value. Instead a careful history, elimination diets and avoidance of the involved foods was the treatment of choice.

For pollen and other inhalant allergies, hypsensitization by vaccines was considered the best treatment. Antihistaminics had a place in treatment, especially in allergic rhinitis and urticaria. The various steroid preparations were valuable in temporary conditions and for local treatment. They should never be substituted for careful anti-allergic management. Aristocort may cause marked weakness in some patients.

About five hundred drugs may cause allergic reactions. Twenty per cent of the allergist's patients and two per cent of the general prac-

itioner's practice may consist of such conditions. Treatment consists of one or more of the following: adrenalin, aminophyllin, antihistaminics, steroids, penicillinase and shock therapy.

—I. A. Druess, M.D.

Open Letter

Darrington, Washington
June 9, 1958

Pierce County Medical Society
Medical Arts Building
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Gentlemen:

The town of Darrington is faced with a very serious situation. We are badly in need of a doctor. The doctor now serving our community is getting along in years and would like to have a young doctor to lighten the load.

Please pass on this information to anyone interested. Thank you.

Sincerely,
Mrs. Sylvester Jones
President

Darrington Hospital Guild
Darrington, Washington

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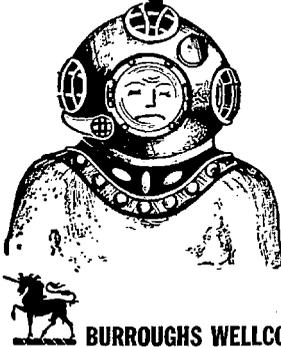
IRS Rulings of Interest To The Profession

The Internal Revenue Service has ruled that physicians on a full-time staff basis with hospitals do not have to include in their gross income those checks they receive from patients and which immediately endorsed over to the hospital. Comments IRS: "He is an agent for the hospital, merely acting as a conduit for the fees collected." Doctors are expected, however, to list when filing their returns, the sources of the fees, the amounts received and disposition made. In another ruling, IRS holds that expenses paid for special aids to assist in the education of a child progressively becoming blind are deductible as expenses paid for medical care. Listed were such things as tape recorder, special typewriter, projection lamp for enlargements and special lenses.

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MONTHLY MEETINGS

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the Month—8:15 p.m.

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept. and Dec.—7:15 a.m.
at Scotty's Cafe

PIERCE COUNTY PEDIATRIC SOCIETY

First Friday of Each Month, Except June, July and August.

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Tuesday of each month—8:30 p.m.

Board Room of Pierce County Medical Society

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Building

The **BULLETIN** *of the*
PIERCE COUNTY MEDICAL SOCIETY

VOL. XXIX—No. 11

TACOMA, WASH.

AUGUST - 1958



Pierce County Medical Society
DOES NOT MEET
During the months of
June, July and August

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1958

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Happy Birthday

August

- 2 JOHN STEELE
- 5 GLENN McBRIDE
- 12 ROBERT BROWN
- 13 RICHARD VIMONT
- 15 CHARLES LARSON
NATHAN THAL
HUGO VAN DOOREN
- 18 WALTER CAMERON
WILLIAM SULLIVAN
HORACE THULINE
- 20 ERNEST BANFIELD
- 21 KARL STAATZ
ELMER WAHLBERG
- 22 ISADORE DRUES
HAROLD KAHLER
LEONARD MORLEY
- 23 GERHART DRUCKER
FREDERICK PETERS
- 26 GLEN BROKAW
STILLMAN HATHAWAY
- 28 JOSEPH JARVIS
EDWIN YODER
- 29 CLETUS STEVENS
- 31 SAMUEL LIGHT
HARLAN McNUTT

NOTICE

Check back page of Bulletin for calendar of special meetings

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Letter to the Editor

To the Editor:

Thank you for suggesting a note for the Pierce County Medical Society Bulletin about my trip.

I had three objectives to further on this trip and I believe I was successful in all. First of all, I wanted to contact Dr. Malden and get him over here to practice neurology with me; I wanted to see a little British medicine that I missed two years ago, and, mainly, I wanted to concentrate on a visit to Dr. Olivecrona's neuro-surgical setup in Stockholm, Sweden.

Dr. Malden is here, so I begin with a 33-1/3% success story.

I spent three weeks in London mainly at the British Postgraduate School at Hemmersmith Hospital, and was at once impressed with the excellent standards there and the distressing situation in which the British doctors find themselves. The service to British people, however, is excellent and very popular with them. While in London I observed much and took part modestly in a clinical teaching program there, but I left before I originally intended because inactivity began to pall somewhat.

In Stockholm I found a very wonderful neuro-surgical setup and saw much of interest and of real clinical use to me. I was there 12 days and observed a large volume of neurosurgery. Dr. Olivecrona has every facility to give expression to all of his interests and abilities which are considerable. He and his staff were extremely cordial and helpful to me, and I appreciated all of the courtesies extended. He has ten assistant surgeons on his staff and his first assistant has been with him for 19 years and, needless to say, things go very smoothly in the OR. The hospital itself is huge and has all of the supporting and ancillary services of a first-class general hospital.

The trip home was on the U.S.S. United States and I felt immediately at home in America when I came on board and my room steward shook hands with me rather than bowing and ingratiating himself as is the European custom.

I have said nothing about Swedish beer so far, but I think perhaps I had better pass this up because some things are too sacred for the printed page.

—John T. Robson, M.D.

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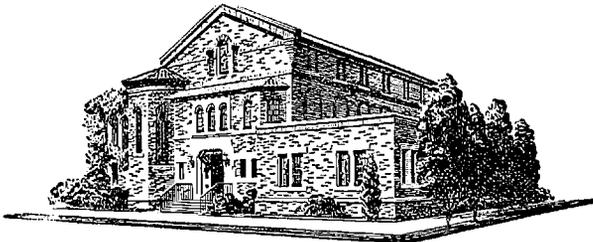
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Doctors Hospital Elects Officers



Don G. Willard

The Professional Staff of The Doctors Hospital of Tacoma met June 9, 1958, in the Medical Arts Building Auditorium. The following officers were elected for the year 1958-1959.

Don G. Willard, M.D.....	President
Glenn G. McBride, M.D.....	Vice President and President-elect
Miles Parrott, M.D.....	Secretary
C. B. Ritchie, M.D.....	Representative of Active Staff

Dr. Willard announced the following committee appointments for the year July 1, 1958 to June 30, 1959.

Credentials Committee — Dr. S. W. Tuell, Chairman, Dr. B. L. Sever and Dr. W. C. Cameron.

Medical Record Committee — Dr. Robert Kallsen, Chairman, Dr. H. C. Kennedy and Dr. F. J. Schwind.

Tissue Committee — Dr. C. C. Reberger, Chairman, Dr. W. E. Avery, Dr. P. E. Bondo, Dr. S. S. Jones and Dr. M. L. Johnson.

Surgical Committee—Dr. S. E. Herrmann, Chairman, Dr. L. M. Rosenblatt, Dr. Philip Grenley, Dr. W. F. Smith and Dr. W. W. Zimmerman.

The scientific portion of the program was presented by George A. Tanbara, M.D. on Pediatric Fluid and Electrolyte Balance. Summary of talk given is as follows:

Pediatric Fluid and Electrolyte Balance

I. Introduction:

- A. This is an appropriate subject to discuss because of the many advances that have been made in fluid and electrolyte balance as well as pediatric surgery.

B. It is well to remember that any method or system is appropriate, but being in Washington with close proximity to Dr. Scribner, I feel that his method if properly applied will give as close a guess as one could make in balancing a patient.

C. My purpose tonight is not to give a short summary of Pediatric Fluid and Electrolyte Balance but rather to stress the known fact that infants and children are not miniature adults so that a different set of figures must be used in taking care of them.

II. Figures to Remember:

A. Usual adult allowances.

1. Urine Output, 1500 cc. Sodium, 50 meq. Potassium, 40 meq.
2. Insensible Loss: 1000 cc.

B. Children:

1. 15 kg. or 33 lbs. approximately 50% of the adult.
2. 25 kg. or 55 lbs. approximately 75% of the adult.
3. 45 kg. or 100 lbs. approximately 100% of the adult.

C. Infants—15 kg. or 33 lbs. or less:

1. Urine output: 50 cc. per kg. per day, Sodium, 3 meq. per kg. Potassium, 2 meq. per kg. per day.
2. Insensible loss: 50 to 75 cc. per kg. per day.
3. Diarrhea: 100 to 200 cc. per day, Sodium, 60 meq. per liter, Chloride, 45 meq. per liter, Potassium, 30 meq. per liter.

III. The above figures will help in arriving at a good guess as to the needs of the patient. Certainly with this knowledge there can be application to every day practice.

A. The previous common practice of giving one teaspoon which equals approximately 4 grams of sodium chloride or approximately 70 meq. in each quart of water for vomiting and diarrhea could easily overload the infant.

B. Caution should be exercised with infants in giving the electrolytes whether it be orally or parenterally. The usual polysal and other solutions should be used with caution.

C. The usual saline solution which contains 155 meq. of sodium per liter or different combination solutions usually have too much sodium for an infant and is rarely used.

IV. A clyser should be used with caution in infants. Intravenous solution can usually be given to even the smallest of infants especially with the newer needles which do not have

(Continued on Page 9)

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(Continued from Page 7)

glass adaptors attached to it. Scalp veins can usually be entered. Whenever there is doubt as to a need of intravenous administration and no other sites are available a cut down should be down promptly. More harm has been done by not doing cut downs in ill infants especially when blood needs to be given. Frequently a clYSIS is not absorbed even with isotonic solution and again not too much saline can be given anyway.

V. When parenteral fluids are ordered it is encouraged to state the time that it is to go in and also to number the bottles. As a safeguard the physician may well ask the nurse to save the bottle so that he can check the ones that were already given. It might be well to order appropriate amount so that each shift of nurses will be responsible for a certain number.

VI. Additive solutions are available so that nowadays it is much simpler to give electrolytes.

VII. There are intravenous drip attachments available nowadays which will give the parenteral solutions at a slow enough rate.

VIII. The trend is away from having an infant or child "dry" before and after surgery. It is recommend that adequate fluids and salt be given all patients. During surgery it is important to note the amount of fluids given, the temperature of the child, perspiration, which is present.

IX. Vital signs in infants and children should be asked for. Only by having the physician request these things to be done will the nurses realize that they are important in infants and children as well as in adults. Blood pressures can be obtained in all infants and children by some means whether it be by auscultation or by the flush method.

X. Another plea is made for ultramicro techniques in the laboratory.

XI. An office B U N method is available which requires only one drop of serum.

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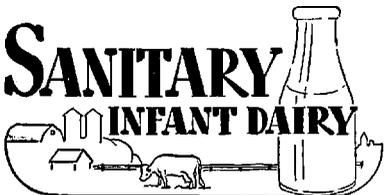


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Pierce County

Pierce County Hospital is welcoming a new groups of interns and residents. They are Drs. Robert Bias, Frank Kloster, Richard Kuehn, Jerome Weeber from the University of Iowa; Drs. Elliott Boisen, James Collins, Jr., Richard Otteman, Leon Wanek from the University of Nebraska; Dr. Thomas Gates, Mehary Medical College; Dr. John Mulder, University of Minnesota; Dr. Robert Nelson, Northwestern University. The residents are Dr. James Blankenship, University of Nebraska; Dr. Donald Molinero, University of Washington, both former interns here, and Dr. Rodney Laviolette, University of Washington, and lately on the staff of Mountain View Sanatorium.

Dr. John L. Whitaker is vacationing with his family at the summer home on Long Lake, near Bremerton.

The laboratory lost one of its valued workers when Gertrude Barry left the first of July to be with her mother in the family home in Boston. A new member has been added to the laboratory staff. He is John Stevens from the University of Alabama.

Mrs. Sally Hill is a new member of the Record Department.

Jeanette Howe and husband Len with baby Stephen are enjoying a vacation with friends and relatives in Montana.

Jessie Anderson has returned from a delightful two weeks spent with friends in Berkeley and San Francisco, California.

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Interim Meeting of Ultrasonics Institute

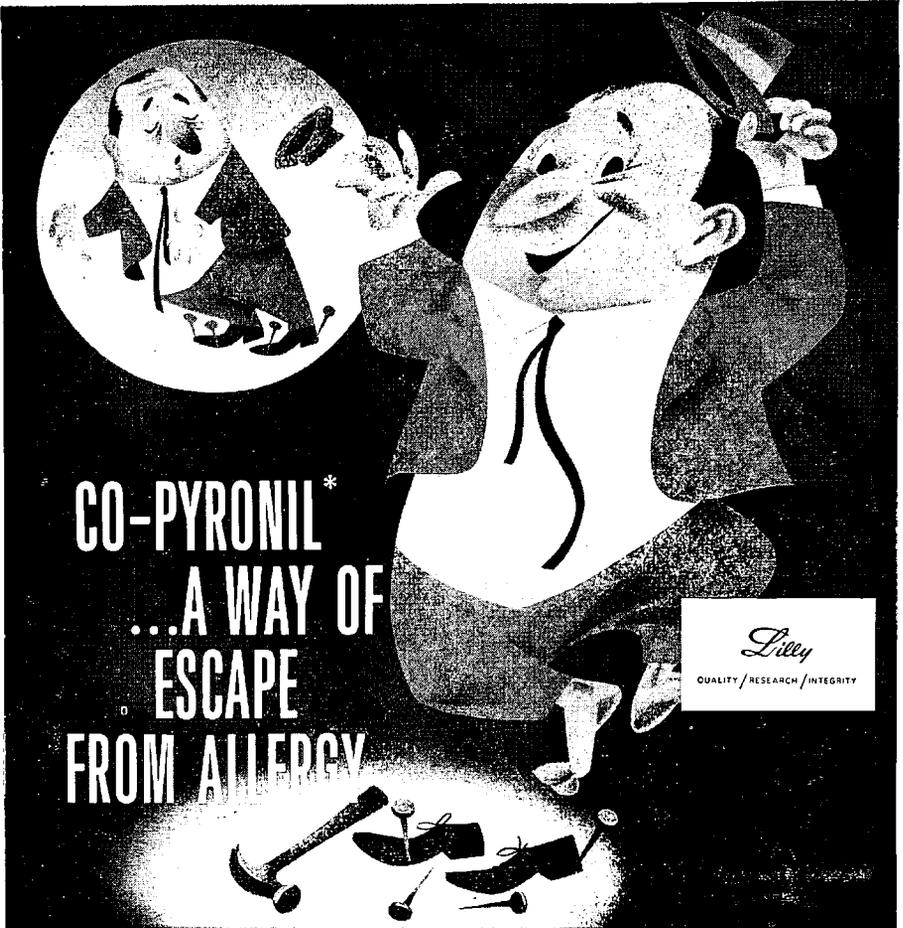
The intermim meeting of the American Institute of Ultrasonics in Medicine will be held at the Bellevue-Stratford Hotel, Philadelphia, Pennsylvania, August 23, 1958. John H. Aldes, M.D., Secretary, 4833 Fountain Avenue, Los Angeles 29, California.

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The new film "For the Nation's Health" is printed in 16-mm. filmograph, color, sound and runs for 15 minutes. The audience should be personnel in the health, medical, and allied professions, students, parents, teachers, counselors, civic groups, and the general public.

This Public Health Service orientation film presents a panoramic view of the activities of the principal health agency of the Federal Government. Combining photographs and motion picture film, it shows the growth of the Public Health Service from its inception in 1798, with limited care of sick and stranded merchant seamen, to its farflung programs today in hospital and medical care, in medical and biological research, and in public health.

Physicians, nurses, dentists, sanitary engineers, pharmacists, veterinarians, and a host of other skilled specialists are shown at work at home and abroad.

In Public Health Service hospitals and clinics, in well-equipped laboratories, on Indian reservations and other field assignments, and on Coast Guard duty, the range and variety of the work of the Public Health Service rarely fails to arouse interest.

Public Health Service personnel have been notified that the film is available to them, principally for training and orientation purposes, through the Communicable Disease Center, Public Health Service, 50 7th Street N.E., Atlanta 5, Ga.

Others interested and Service personnel also may order the film on a short-term loan from the Surgeon General, Public Health Service (P), Washington 25, D.C. The filmograph may be purchased by Byron, Inc., 1226 Wisconsin Avenue, Washington 7, D.C. Cost of the print, \$62.07, includes reel can, shipping case, and service charge.

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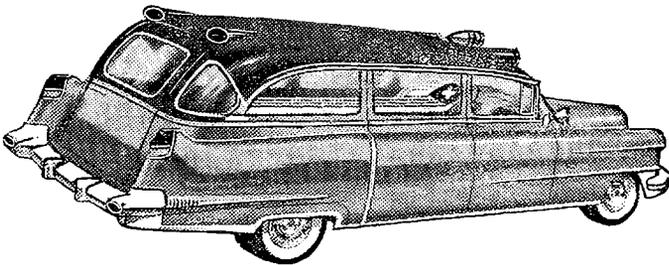
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Current Concepts in Therapy: Sedative-Hypnotic Drugs II. Chloral Hydrate. New England J. Med. 255: 706 (Oct. 11) 1956.

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Report on Actions of A.M.A. House of Delegates at San Francisco Meet

As one of three Washington delegates, I took part in the proceedings of the House of Delegates in San Francisco last month. Officers of the A.M.A., together with delegates, were quartered at the Sheraton-Palace Hotel. Others of the 13,000 physicians and 30,000 other registrants overflowed hotel accommodations and strained the facilities of San Francisco. North Beach night spots and popular restaurants were crowded but enjoyable; pleasant weather and bright sunshine, although a trifle humid for San Francisco, made the week a pleasant one.

Conferences, meetings and reference committee work prevented my attendance at the scientific assembly.

The J.A.M.A. of July 19, 1958, covers the meetings, but following is a brief summary of the highlights.

United Mine Workers: Discussion of relations between medicine and UMW Welfare and Retirement Fund centered on a reference committee report which concurred in a Board of Trustees opinion that final action on two resolutions adopted in December, 1957, should be postponed until the final report of the Commission on Medical Care Plans is received.

One of those resolutions, No. 20, declared that "a broad educational program be instituted at once by the A.M.A. to inform the public, including beneficiaries of the Fund, concerning the benefits to be derived from preservation of the right to freedom of choice of physicians and hospitals." The other resolution, No. 24, called for the appropriate A.M.A. committee or council to confer with third parties to develop general principles and policies which may be applied to their relationships with members of the medical profession.

Social Security Coverage: The House disapproved of six of seven resolutions dealing with the inclusion of self-employed physicians under the Social Security Act. The House adopted a resolution pointing out that "American physicians always have stood on the principle of security through personal initiative," and reaffirming unequivocal opposition to the compulsory inclusion of self-employed physicians in the Society Security system.

Voluntary Health Organizations: Dealing with problems that have arisen in the raising and distributing of funds since development of the concept of united community effort, the House adopted the following statement offered in the form of amendments from the floor:

"1. That the House of Delegates reiterate its

commendation and approval of the principal voluntary health agencies.

"2. That it is the firm belief of the American Medical Association that these agencies should be free to conduct their own programs of research, public and professional education and fund raising in their particular spheres of interest.

"3. That the House of Delegates respectfully requests that the American Medical Research Foundation take no action which would endanger the constructive activities of the national voluntary health agencies.

"4. That the Board of Trustees continue actively its studies of these perplexing problems looking forward to their ultimate solution."

Veterans' Medical Care: The House urged Congressional action to restrict hospitalization of veterans at VA hospitals to those with service-connected disabilities. It also recommended that the American Medical Association suggest to the Dean's Committees that they restrict their activities to VA hospitals admitting only patients with service-connected disabilities.

The Medicare Program: In disapproving a resolution calling for repeal, modification or amendment of Public Law 569, the House took the position that desired changes in the Medicare Program could be accomplished through modification of the present implementing directives without the necessity for new legislation. The House reaffirmed the action taken last year in New York recommending that the decision on type of contract and whether or not a fee schedule is included in future contract negotiations should be left to individual state determination. Also reaffirmed was the Association's basic contention that the Dependent Medical Care Act as enacted by Congress does not require fixed fee schedules; the establishment of such schedules would be more expensive than permitting physicians to charge their normal fees, and fixed fee schedules would ultimately disrupt the economics of medical practice.

Medical Aspects of Hypnosis: The report on "Medical Use of Hypnosis" submitted by the Council on Mental Health, was approved by the House which recommended that it be published in the J.A.M.A. In brief, the report stated that as a therapeutic adjunct, general practitioners, medical specialists and dentists might find hypnosis valuable within the specific field of their professional competence. It stressed, however, that those who use hypnosis must be aware of the complex nature of the phenomena involved. The report emphasized that teaching related to hypnosis should be under responsible medical or dental direction

(Continued on Page 19)

outstanding efficacy in **skin disorders**

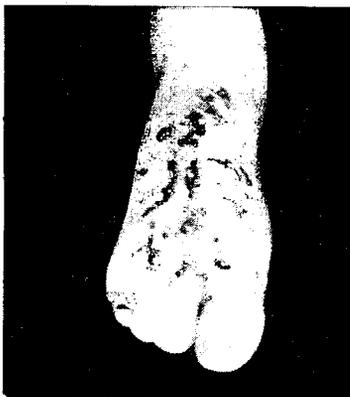
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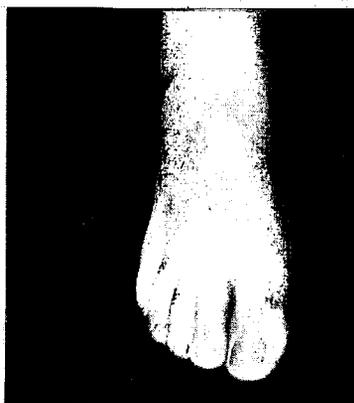
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(Continued from Page 17)

and should include the indications and limitations for its use. Hypnosis for entertainment purposes was vigorously condemned.

Over-the-Counter Medications: The House endorsed recommendations that:

The A.M.A. join with other interested groups in setting up an expanded voluntary program, coordinated by the National Better Business Bureau, which will seek to eliminate objectionable advertising of over-the-counter medicines.

The A.M.A. counsel with the National Better Business Bureau in the selections of a physicians' advisory committee.

The established facilities of the A.M.A., the Chemical Laboratory, the scientific councils and the Bureau of Investigation be made available, to aid in this program. The Public Relations Department continue its liaison work with groups involved and assist in the development and operation of this program.

The A.M.A. became a sustaining member of the National BBB.

Miscellaneous actions included: Recommended appointment of a Committee on Atomic medicine and Ionizing Radiation;

Approved in principle the admission of the Virgin Islands Medical Society as a constituent society of the A.M.A.;

Directed the Board of Trustees to study problems pertaining to licensure by reciprocity and to consult with the Federation of State Medical Boards in an attempt to find a satisfactory solution;

Requested that any funds provided under the Public Assistance provisions of the Social Security Act for medical care of the indigent be administered by a voluntary agency such as Blue Shield on a cost plus basis;

Recommended that general hospitals, wherever feasible, be encouraged to permit the hospitalization of suitable psychiatric patients;

Expressed the opinion that some operating room experience is valuable and necessary training for all nurses.

Dr. Ray McKeown of Coos Bay, Oregon, was re-elected trustee without opposition. Dr. Robbins of Arkansas was elected trustee on the first ballot over Dr. Ozari of New York and Dr. Culpepper of Mississippi (apparently the result of active leg work by his supporters).

Among the Tacoma doctors who were in San Francisco during the week were: Edmund Kanar, George Kittredge, T. O. Murphy, Rodger Dille, Jack Erickson, J. B. Robertson, Homer Humiston, Jess Read, John Bonica, James Mattson, Charles P. Larson, John Shaw, I. A. Druess, Vincent Murphy and Robert Florence.

So ended the 107th Annual Meeting of the A.M.A. in San Francisco.

—Jess Read, M.D.

Poison Control Center Report For June

Total number of calls	67
Calls from parents or other lay persons.....	46
Physicians or Hospitals	21

Age Distribution

Less than 12 months.....	3
1 to 3 years.....	30
3 to 5 years.....	8
5 to 12 years.....	3
12 to 21 years.....	1
No age given.....	15
Over 21 years.....	7

Substances Taken

Medicinal Substances: Aspirin, adult, (2), Aspirin, baby, (4), Ting, medicated cream for bites and athlete's foot, Phenobarbital (3), Mercurochrome, Flavi-Hist (patented for colds and allergies), Dextefrine, 4 way cold tablet, Gum laxative, Sweet oil, Cyclezine, compares with Dramamine and Merazine, Isurpruel, Cafergot, Auralgan, Mysoline tablets.

Other Substances: Toadstool, Paint thinner, Coleus plant, Nestles baby hair treatment, New Life worm capsule, Avon liquid coconut oil shampoo, Easy Off, Slug poison (4), Millers plant spray, Testors dope thinner, Johnson's Pride (3), Castor bean, Hylex, Purex, (2), Ant X, Ortho Malthion spray, White wall tire cleaner, Mushrooms, Toluene dye, Perfume, Turpentine, Gas, Johnson's Car Plate, Sateen hair oil, Powdered graphite, Daphne berries (2), Avon toilet water, Lighter fluid (2), Bardahl carburetor cleaner, Rotenone, Isopropyl alcohol (2), Red Elder berries, Parathion, Sea & Ski tanning cream, Cradol.

Number advised to go to Hospital.....	4
Number advised to contact private M.D.....	13
Number advised emetics and observe.....	27
Number treated in ER (PCH).....	17
Number Hospitalized at PCH.....	3
Information from Clinical Toxicology.....	27

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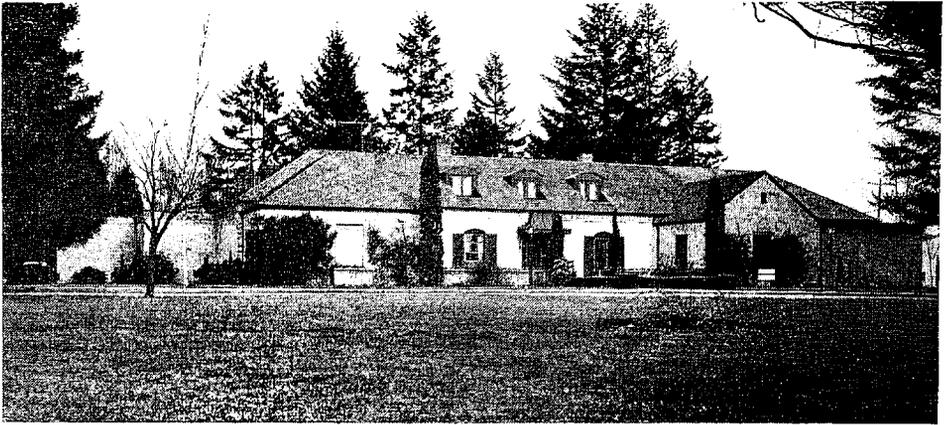


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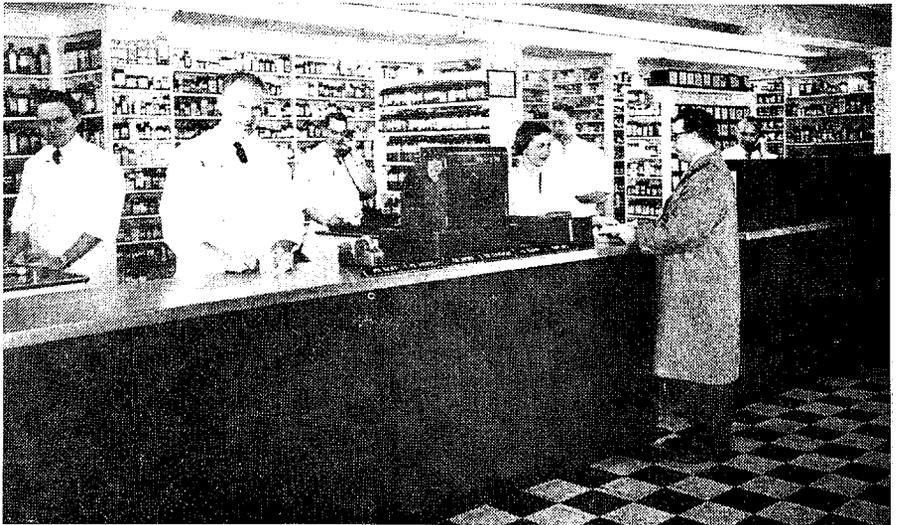
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Foreign Physicians Studying in U.S. on Increase

The number of women foreign physicians training in U.S. hospitals rose by 82% in 1957-58, the Institute of International Education reports in a new survey.

The great jump in the number of foreign women doctors is part of a smaller but steady increase in the number of all foreign physicians training here each year, according to the Institute. The figures appear in **Open Doors 1958**, IIE's annual statistical report on educational exchange. The Institute, the largest and oldest exchange organization in the world, compiles statistics on medical exchange with the cooperation of the American Medical Association.

A total of 7,622 foreign physicians — a year's increase of 13% — was in residency or internship in this country in 1957-58, according to **Open Doors**. One thousand six hundred forty-nine, or 22%, were women.

The area sending the largest number of both men and women doctors (34%) was the Far East. Sixty per cent of the women physicians were from that part of the world with almost half of them from the Philippines, which leads all other countries in training medical personnel in the United States.

General surgery was the most popular field of specialization among foreign physicians, followed by general medicine, obstetrics, gynecology, pathology, psychiatry, pediatrics, anesthesiology and internal medicine.

Twenty-five per cent of the foreign doctors were found in New York, with the remainder distributed throughout 44 other states, the District of Columbia, Hawaii and Puerto Rico. Eight hospitals, led by Bellevue Hospital Center, New York, reported more than 50 foreign physicians on their staffs.

American Heart Assn. To Hold Scientific Sessions in S.F.

With the American Heart Association's 31st Annual Scientific Sessions scheduled for San Francisco this year, physicians from Washington will have an unusual opportunity to learn at first-hand about the newest scientific developments that can lead to improved care of heart patients, it was announced recently by Dean K. Crystal, M.D., President of the Washington State Heart Association.

The Sessions will be held from Friday, October 24, through Sunday, October 26, at San Francisco's Civic Center.

In making the announcement, Dr. Crystal pointed out that of special significance to family physicians would be an all-day "Session for

Clinicians" on Friday, October 24. Designed especially for physicians in internal medicine, in pediatrics and in general practice, this session will consist of panels on complicated and controversial problems encountered in treating cardiovascular patients. It has been classified by the American Academy of General Practice as acceptable for credit for Academy members.

Of interest to the practicing physician will be a session on hereditary factors and heart disease. This is presented jointly by the AHA and the American Society for the Study of Arteriosclerosis, which for the first time is holding its Annual Meeting to coincide with the Scientific Sessions. Two panels on the subject of arteriosclerosis also are scheduled in conjunction with the Society.

Subjects to be discussed also include hardening of the arteries and high blood pressure, rheumatic fever, congenital heart disease and cardiovascular research will be presented by leading scientists. A special program, "Rewards of Research," designed to interpret scientific investigations to laymen as well as physicians, also is included.

All physicians who register in advance will receive complimentary programs containing abstracts of the proceedings.

Registration and hotel accommodation forms for physicians wishing to attend are obtainable from the Washington State Heart Association, 3121 Arcade Building, Seattle, Washington.

A.M.A. Secretary's Letter

The puzzling condition of traumatic neurosis was the subject of the third and newest film in the A.M.A.-American Bar Association medico-legal series produced by the William S. Merrell Company. It was shown for the first time at the Sheraton-Palace Hotel, San Francisco, on June 25—the third day of the A.M.A. convention.

The film entitled "The Man Who Didn't Walk," is especially interesting because traumatic neurosis is not universally accepted as a clinical entity; yet the film is highly informative because the device of traumatic neurosis is frequently used today by claims-seeking plaintiffs.

C. Joseph Stetler, director of the A.M.A. law department, said the film focuses attention on one of the most complicated legal problems in medicine today. The theme points up the fact that it is the responsibility of physician and attorney to conduct complete examinations, to collaborate in pre-trial conferences, and to present testimony to help the jury decide this often baffling and puzzling problem of law and medicine.

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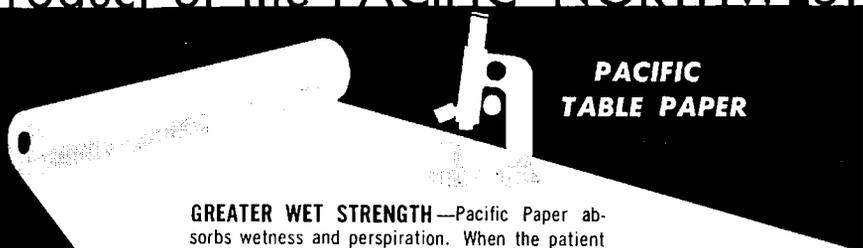
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Committee Acts Favorably on Jenkins-Keogh Bill

Chairman Wilbur Mills announced that the House Ways and Means Committee had agreed to favorably report a Jenkins-Keogh bill to permit self-employed to defer income taxes on money placed in retirement funds. He said formal committee action would come in a few days, and that he expects a "large majority" of the committee to vote for the bill.

This is the most encouraging action Congress has taken on this legislation, which has long been sought by the American Medical Association and many other groups representing the self-employed. Their efforts have been concentrated in the American Thrift Assembly, formed for the purpose of working for passage of the bill.

While this action represents substantial progress, it must be remembered that there is no assurance the bill will pass the House and Senate in the time remaining before adjournment. There is a big backlog of bills that must be acted on and Congress hopes to adjourn by August 15.

The committee recently agreed to the following provisions in the bill, and will report out the measure for House action next week, according to Mr. Mills:

1. Self-employed persons will be the only group to benefit.
2. Set-aside can be up to 10% of earned income, but not to exceed \$2,500 in any one year.
3. Annuity plan to be limited to a 20-year period, resulting in a maximum program of \$50,000.
4. If the money is withdrawn before age 65, there would be a 110% tax penalty.

Railroad employees, who had sought similar benefits, would be excluded from this bill, but Mr. Mills said their proposal will be handled separately.

Army To Use New Polyvalent Flu Vaccine

During next October, all active duty Army personnel will be vaccinated with a new polyvalent influenza vaccine that protects against Asian, swine, A, A-prime and B strains. Vaccine also will be administered to all Army personnel who go on active duty up to August 1, 1959, including those in training for 30 days or more. Overseas, military dependents and civilian employees of the services and their dependents also will be treated. Dosages will be a single cc injected subcutaneously for all over 13 years of age and two subcutaneous doses of half a cc each at intervals of one week for those six through 12.

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Calcium Pyrophosphate	0.057 Gm.
Magnesium Gluconate, 2H ₂ O	0.13 Gm.
Sodium Lactate, Anhydrous	1.35 Gm.
Kaolin, Colloidal, N.F.	19.44 Gm.
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Calcium Lactate, N.F.	0.553 Gm.
Magnesium Gluconate, 2H ₂ O	0.50 Gm.
Sodium Lactate, Anhydrous	5.0 Gm.

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References: 1. Welch, H.; Wright, W. W., and Staffa, A. W.: *Antibiotic Med. & Clin. Therapy* 5:52 (Jan.) 1958. 2. Carlozzi, M.: *Ibid.* 5:146 (Feb.) 1958. 3. Shalowitz, M.: *Clin. Rev.* 1:25 (April) 1958. 4. Stone, M. L.; Bamford, J., and Bradley, W.: *Antibiotic Med. & Clin. Therapy* 5:322 (May) 1958. 5. Cornbleet, T.; Chesrow, E., and Barsky, S.: *Ibid.* 5:328 (May) 1958. 6. West, R., and Clarke, D. H.: *J. Clin. Invest.* 17:173 (March) 1938. 7. Jimenez-Diaz, C.; Aguirre, M., and Arjona, E.: *Bull. Inst. N. Res. Madrid* 6:137 (Oct.-Dec.) 1953. 8. Lerman, S.; Pogell, B. M., and Lieb, W.: *A.M.A. Arch. Ophth.* 57:354 (March) 1957.

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Health Information Foundation Studies Modern Family Doctor

The average family doctor today is a well-established physician in his forties who treats about 26 patients a day and spends more than eight hours a day on home and office calls, according to Health Information Foundation.

In its monthly statistical bulletin, **Progress in Health Services**, the Foundation released preliminary findings from a survey made in cooperation with the University of Chicago's National Opinion Research Center.

The study was intended primarily to find out what the American public thinks and does about health and health facilities. Interviews were conducted in the summer of 1955 with some 2,400 persons (representing a cross-section of the country's adult population) and with almost 500 physicians named by these persons as their family doctors.

"The persons interviewed are representative of those to whom the U.S. public first turns for medical care or advice," the Foundation said. About three-fourths of the family doctors surveyed by the N.O.R.C. were general practitioners, and almost all of them were in private practice. (By contrast less than half of the total medical profession classifies itself as general practitioners, and about three-fourths of the profession is in private practice.)

These major survey findings were brought out in the Foundation report:

Most of the physicians in the sample were relatively young men. The largest group (over one-third) were in their forties, and doctors under 40 constituted an additional quarter of the total.

The average doctor interviewed spent about six hours a day on office calls and another two hours on house calls. Only one doctor in every fourteen made no house calls, and four out of five physicians were generally available for night and Sunday emergency calls.

About seven out of every eight family doctors were affiliated with one or more hospitals, and more than half of all physicians performed some free work in hospitals.

Commenting on the survey, George Bugbee, Foundation President, pointed out that four out of five persons interviewed by the N.O.R.C. said they had a family physician to whom they turned regularly when they were sick. Most patients, furthermore, "reported a very good opinion of the abilities of their family physicians, reflecting a confidence that is certainly related to success in patient care."

"Clearly," Mr. Bugbee continued, "the per-

sonal character of the relationship between patient and family physician has not given way to impersonal arrangements for physician services. . . . Good medical care will always depend on how early during illness a physician is consulted and how readily his advice is accepted by those who ask for it. The public has unerringly perceived these basic facts. Otherwise people would not ask, as they do, that a family physician be the first called to home or hospital in time of stress or whenever advice is needed for the maintenance of good health."

A.M.A. Adopts New Code for Doctors and Lawyers

A new "National Interprofessional Code for Physicians and Attorneys" was approved by the A.M.A.'s House of Delegates at its Annual Meeting in San Francisco. The Code will serve as a suggested guide for physicians and attorneys in their inter-related practice in the areas covered by its provisions—subject to the principles of medical and legal ethics and the rules of law prescribed for their individual conduct.

The Code was formulated by a joint national medicolegal liaison committee made up of representatives appointed by the American Bar Association and the American Medical Association. The three medical representatives include Doctors David B. Allman, Hugh Hussey and George Fister. Besides drawing up this new Code, the joint committee has considered such things as the encouragement of state and local medicolegal meetings, medical professional liability problems, medicolegal forms and the possibility of establishing medicolegal courses in law schools and medical schools.

The Code has been prepared in general terms to permit its adaptation in light of local conditions. The same Code will be presented for approval to the Board of Governors and the House of Delegates of the American Bar Association at its meeting in August.

In the preamble the Code states that it "will serve its purpose if it promotes the public welfare, improves the practical working relationships of the two professions, and facilitates the administration of justice." Various sections cover such topics as medical reports; conferences between the physician and the attorney; subpoena for medical witness; arrangements for court appearances; physician called as witness; fees for services of physician relative to litigation; payment of medical fees; implementation of the Code at state and local levels; consideration and disposition of complaints.

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I.C.S. To Present Around-the-World Refresher Clinic Tour

The International College of Surgeons will hold its fourth Around-the-World Postgraduate Clinic and Lecture Tour, beginning with departure from San Francisco on October 10. The return to New York will be on December 3.

The itinerary has been carefully planned and, in addition to offering a unique and extremely interesting journey, will afford an opportunity to attend specially arranged surgical clinics and demonstrations in most of the important cities to be visited.

Sections of the College in Hawaii, Japan, Hong Kong, the Philippines, Thailand, India, Egypt, Turkey, Greece, Italy and Spain will be hosts to the visiting surgeons at their clinics and hospitals.

Further information may be had by writing to Dr. Arnold S. Jackson, tour coordinator, 16 South Henry Street, Madison 3, Wis., or to the International Travel Service, Inc., 119 South State Street, Chicago 3.

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Medicare Rulings on Drugs For Maternity Cases

The Office for Dependents Medical Care has cancelled a regulation that permitted doctors to add to their statements the cost of drug items directly or indirectly furnished maternity patients. ODMC said the majority of state medical societies considered the policy objectionable, as did pharmacists. In addition, only a small percentage of dependents getting maternity care from civilian sources have benefited from this policy.

Physicians, after July 1, may continue to include the cost of drugs which they administer parenterally, provided such drugs are necessary and directly related to the condition for which authorized care and treatment are furnished. The doctor must also identify the nomenclature and quantity of the drug and set forth the cost to him on the claim form or attachment.

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Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the Month—8:15 p.m.

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept. and Dec.—7:15 a.m.
at Scotty's Cafe

PIERCE COUNTY PEDIATRIC SOCIETY

First Friday of Each Month, Except June, July and August.

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Tuesday of each month—8:30 p.m.

Board Room of Pierce County Medical Society

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.

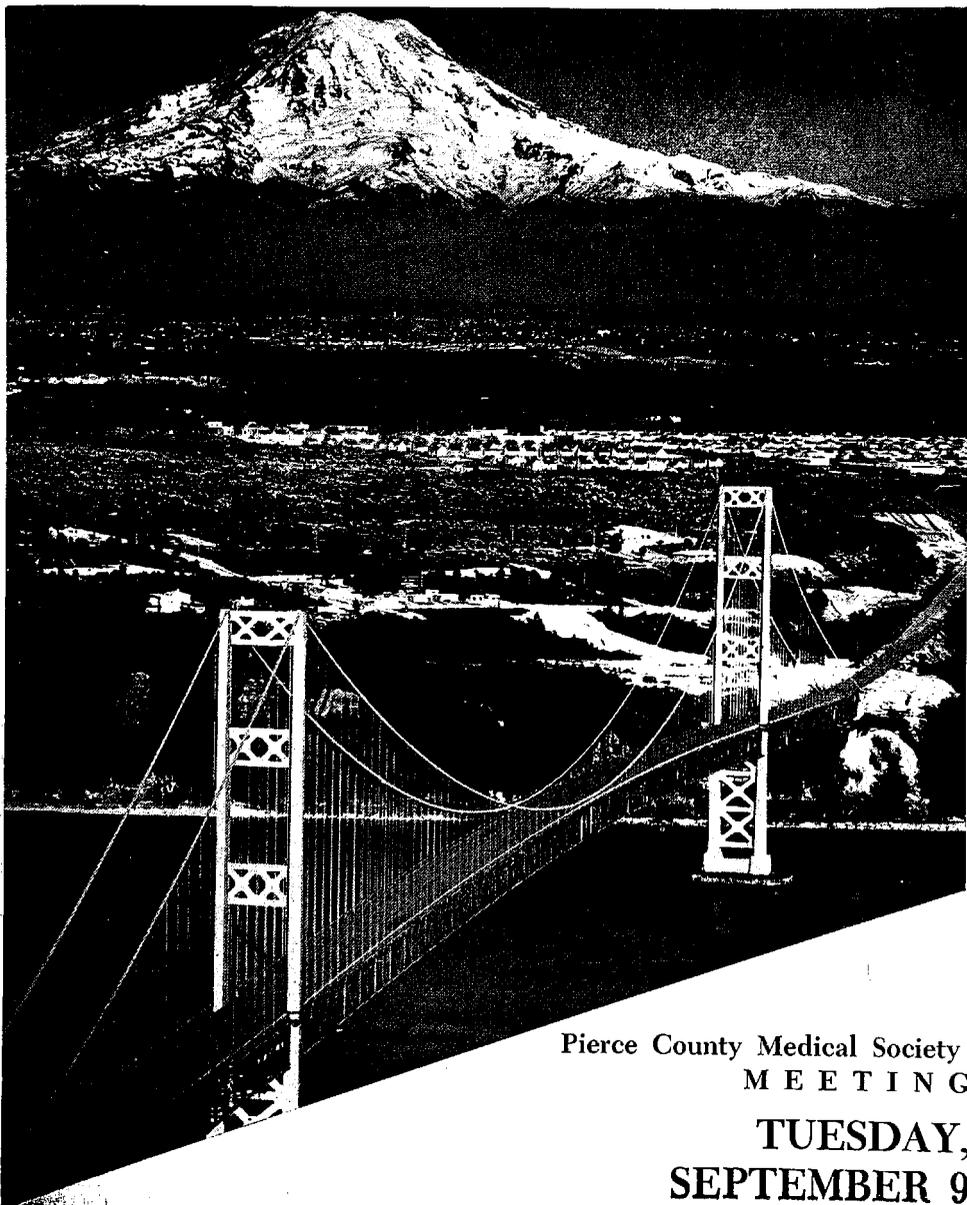
Auditorium of Medical Arts Building

The **BULLETIN** *of the*
PIERCE COUNTY MEDICAL SOCIETY

VOL. XXIX—No. 12

TACOMA, WASH.

SEPTEMBER - 1958



Pierce County Medical Society
MEETING
TUESDAY,
SEPTEMBER 9

Pierce County Medical Society

1958
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Happy Birthday

September

- 6 JOHN MAY
- 8 JAMES DUFFY
- 10 MAX THOMAS
- 11 CHARLES BOGUE
DANIEL THOMAS
LEON THOMAS
- 12 MYRON BASS
- 13 ELDON BLIZARD
- 15 MICHAEL GOODSON
- 16 FRANCIS HENNINGS
- 19 CYRIL LUNDVICK
- 22 J. W. BOWEN, JR.
- 23 THOMAS SKRINAR
- 24 WALTER SOBBA
- 25 MARGARET KENNARD
- 27 ARNOLD JOHANSSON
- 30 S. STEFAN THORDARSON

NOTICE

Check back page of Bulletin for calendar of special meetings

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*Finney, F. A. Jr.; New York State J. Med. 57:2957 (Sept. 15) 1957.

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M E E T I N G

PIERCE COUNTY MEDICAL SOCIETY

Tuesday, September 9

MEDICAL ARTS BUILDING AUDITORIUM

PROGRAM

MOVIE . . .

“Treatment of Thoracic Injuries” – 7:30

Discussion by: W. W. Mattson, Jr., M.D.

M E E T I N G — 8:15 P.M.

W.S.M.A. Delegates will discuss problems and resolutions
to be considered at the State Meeting.

* * *

A no-host dinner will precede the meeting

Dinner: 6:30

Place: Honan's Restaurant
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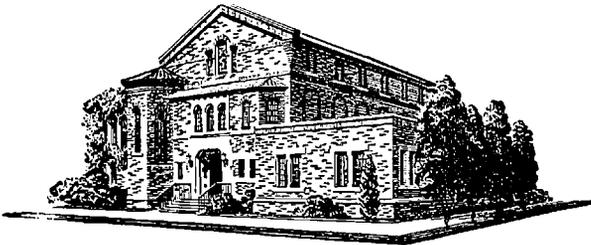
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GUEST EDITORIAL

While it is not within the province of medical societies or medical society bulletins to engage in politics, I feel that this editorial is justified on a basis of past performance and in the interest of the public good. This is an expression of personal opinion which is based on seven years of working with the present Pierce County Coroner, Dr. Frank James.

Leaving individuals and personalities entirely out of the picture, the Pierce County Coroner's Office has been well and ably administered during the two terms of office of the present incumbent. The present incumbent, Dr. James, has shown a devotion to duty and manifested a vital interest in the investigation of cases coming under his purview. The office of Coroner cannot adequately be administered by a layman. The judgment of a physician is required in the investigation of the cause of death of those dying suddenly and unexpectedly. In my own personal opinion, Dr. James has used good medical judgment in those investigations and has justified the faith and trust the public of Pierce County has placed in him in electing him to this office. Since the position of coroner is best filled by a physician, we owe our support to any physician aspiring to this office.

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Dentist-Doctor Field Day

The turnout was very good this year for all events of the Field Day, July 25.

The early risers, the fishermen, were led by Dr. Fred Schwind who, after serving as chairman of the Entertainment Committee for two years, had no tasks this year, so promptly caught two salmon including the big one (?). His eight pounder (or thereabouts) was good for the fishing trophy and first prize—a Mitchell spinning reel. Jim Hazelrigg caught the only other salmon for second prize—a lantern. Gordon Gross had the largest salmon on but lost it, still good for a Mohawk rod. George Ktrredge caught the largest dogfish—good for a sleeping bag. A mooching rod went to Bob Osborne for catching the largest codfish; and for using the largest bait (to no avail), Frank Kraucunas was awarded a salmon net.

Between hecklings from "Laughing Boy" and associates, Marshall Whitacre managed to dole out prizes to the following golfers:

Field—

Low Gross—Herman Dahl	73
Low Net—Robert Read	76-9-67

1st Division—

Low Gross—Gerald C. Kohl (0-15).....	75
Low Net—B. D. Harrington	82-15-67
2nd Low Net—J. C. Gould	82-14-68
3rd Low Net—G. Murray	81-7-72
G. M. Whitacre	78-6-72
Col. T. D. McCarthy	86-14-72

2nd Division—

Low Gross—W. P. McGovern	88
1st Low Net—	
George Ktrredge	111-40½-70½
2nd Low Net—C. R. Perkins	116-45-71
3rd Low Net—C. A. Piper.....	91-19-72

Long Drive No. 9—

1st Division—G. M. Whitacre	
2nd Division—O. A. Harrelson	

Long Drive No. 14—

1st Division—G. M. Whitacre	
2nd Division—C. R. Lantz	

Closest to Pin No. 6—

1st Division—George Kunz	10 ft., 2 in.
2nd Division—W. A. Todd.....	8 ft., 0 in.

Closest to Pin No. 11—

1st Division—Wm. P. McGovern.....	11 ft., 1 in.
2nd Division—Del Lambing	7 ft., 6 in.

Field—

High Gross—R. M. Ferguson	138
High Net—Pat Duffy	96-9-87
J. Harbottle	90-3-87

Team Match—

Dentists	36
Doctors	30

The PCMS trophy is in the possession of Dr. Harrington. Marshall Whitacre, overcome by shyness, failed to mention that he had the longest drives on No. 9 and No. 14, but the fact is now published for all to see. Bob Ferguson reinstated himself as the high gross man. For some good reason, Dr. Harbottle did not show up for the dinner to receive his award for high net. In the team match the dentists finally prevailed over the physicians.

Tennis was participated in on that hot day by a hardy few. Prizes went to Gov Teats for the hardest serve; Jim Fairbourn, trickiest shots; Gerhart Drucker, flashiest shorts; John Havlina, most persistent retriever; Bud Bader, most persistent player; and Phil Backup—I've forgotten why he rated a prize.

Dinner was delicious and filling with 86 attending and packing the dining room.

All the credit for this day of fun is due to the committee members who put in a lot of time making the arrangements. Thanks go to Bill McGovern, John Hughes, Jack Gould and Lou Rosenblatt, Bill Hennings, Marsh Whitacre, Bill Bowen and Ken Gross.

Next year should be even bigger and better. Will look forward to seeing you then.

—George Tanbara, M.D.

City of Tacoma Medical Aid Claims

All State Medical Aid claims for Tacoma City employees, other than those employed by the Department of Public Utilities (Light, Water and Municipal Belt Line Railroad) should be forwarded in care of:

City of Tacoma Personnel Department
Room 403, City Hall
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Claims addressed to the department by which the injured workman is employed may pass through many hands before reaching the Personnel Department for investigation and forwarding to the State of Washington Department of Labor and Industries. Such needless delay results in inconvenience to both the workman and his physician.

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I. J.A.M.A. 163:856 (Feb. 2) 1957

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Professor Charles F. W. Illingworth

On Wednesday, November 5, 1958, Professor Charles F. W. Illingworth will give the Ninth Annual Alfred A. Strauss Lecture sponsored by the Department of Surgery of the University of Washington School of Medicine, Seattle.

Professor Illingworth, Regius Professor of Surgery at the University of Glasgow, Scotland, will speak on "The Endocrine Aspects of Breast Cancer." The lecture will be held in the Auditorium of the Health Sciences Building, University of Washington, at 8:15 p.m. Previous Strauss Lecturers have been Dr. Alfred A. Strauss, Dr. Dallas Phemister, Dr. Warren Cole, Dr. Owen Wagensteen, Dr. Lester Dragstedt, Dr. Edward Churchill, and Dr. Alfred Blalock.

Professor Illingworth is President of the British Society of Gastroenterology, and past President of the Association of Surgeons of Great Britain and Ireland, and the Surgical Research Society. Prior to his appointment at the University of Glasgow, he was First Assistant to the late Sir David Wilke, Regius Professor of Surgery, University of Edinburgh.

Professor Illingworth is the author of numerous articles and surgical textbooks which include: "A Textbook of Surgical Pathology," "A Short Textbook of Surgery," "A Textbook of Surgical Treatment, Including Operative Surgery," and a monograph, "Peptic Ulcer." Professor Illingworth is world-famous for his contributions to the surgical knowledge of digestive disorders.

In recent years Professor Illingworth has extended his interests and research to the hormonal aspects of cancer. Under his guidance the first ablation of the pituitary gland with radioactive materials was performed in Great Britain. Approximately 100 patients with advanced carcinoma of the breast have been treated with this technique, and dramatic palliation has resulted in a significant number of them. Extensive biochemical determinations have been performed in all of these patients in an attempt to acquire basic knowledge concerning this dread disease and the mechanisms which may or may not control its growth. Professor Illingworth will review the current concepts of therapy for breast carcinoma in light of these many studies.

Professor Illingworth will spend the entire week of November 2 in the Department of Surgery, participating in ward rounds, operating room demonstrations and seminars at King County Hospital, Seattle. All physicians are welcome to attend these functions also.

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HOSPITALS . . .

Tacoma General

On August 1, Mrs. Betty Hoffman assumed the duties of Director of Nursing Service. Mrs. Borghild Morley had held this position for ten years, and her resignation was accepted with regret. The Board of Trustees expressed the appreciation and gratitude of the entire staff of the Hospital to Mrs. Morley for her years of efficient service.

Other new appointments to the administrative staff of the nursing service department are: Mrs. Dorothy Morous, Assistant Director of Nursing Service; Mrs. Gladys Bergum, Director of Staff Education; Miss Brigid Moloney, Head Admitting Nurse. Mrs. Joan Stout, formerly Director of Staff Education, has received a Traineeship at the University of Washington School of Nursing, and will work for her Master's Degree, majoring in Nursing Service Administration.

Announcement has been made of the appointment of Dr. Leo Goldbaum as director of the Research and Development Laboratory. This laboratory has been established under the joint sponsorship of Tacoma General Hospital, the Tacoma-Pierce County Blood Bank, and three local pathologists. Dr. Goldbaum, his wife Annette, and their two children have come from Washington, D.C., where he was Chief Toxicologist for the Armed Forces Institute of Pathology and the Walter Reed Medical Center.

Dr. Goldbaum is well known for his original investigation on blood barbiturates and his method for their identification and quantitation has become a standard technic for toxicologists in this country and abroad. More recently his work was in the investigation and prevention of aircraft accidents.

The laboratory which Dr. Goldbaum heads will be devoted to the development of new laboratory methods, the setting up of a complete toxicological service for legal and medical work, and the investigation of medical problems on a research basis. He is presently working on an improved technic for drawing blood for transfusion by means of ion exchange to eliminate the need for citrate in bank blood.

Graduation exercises for thirty-four students will be held on September 5, at the First Methodist Church at 8:00 p.m. Dr. Stanley Tuell, President of the Professional Staff, will give the address to the graduating class. Among the many social events preceding graduation have been the Senior Banquet on August 20th, and a cruise in the Sound on August 27th.

Dr. Robert A. Kraft began his first year as resident in Pathology on July 1. Dr. Kraft is a member of the Pierce County Medical Society and has been in general practice in Puyallup for the last three years.

Charles B. Arnold, the younger, a third year medical student at McGill University, has spent the summer observing technics in the Pathology Departments.

The School of Nursing will welcome 55 new students on September 14. Mrs. Mary Burrows will be the instructor in the Diabetic School and Assistant in Nursing Arts. Mrs. Velma Sackman will be Medical Instructor. Mrs. Marjorie Swayze will return to do some of the class room teaching in the clinical area.

The School of Medical Technology has awarded diplomas to Stanley Sams and Karen Bradley. Stan has been doing summer relief work at two of the local laboratories, and will join the Tacoma General staff in September. Karen has gone to Seattle. New students are: Winnie Sandberg from Aberdeen, Barbara Erickson from Bremerton, Mary Williamson from Washington, D.C., and Sandra Reynoldson from Tacoma.

In September Mary Kay Bellamy will be back to work in the Clinical Laboratory. Fusako Uyedo will leave after 2½ years here to marry Bob Okomoto. They will make their home in Seattle.

Once again the beauty of the annual beds bordering the driveway bring forth exclamations of delight and praise from all visitors. Harry Downton is the master designer. Admiration of his work is his greatest reward.

Pierce County

The big event for the hospital personnel was the annual picnic given for them and their families on July 24, 1958 at Little Spanaway Park. A delicious supper was managed for the affair by Steve's Gay 90's Restaurant. Games and swimming were enjoyed by both children and grown ups. A gift certificate, the door prize, was won by Margherite Ceccanti of the Nursing Office. Approximately 350 persons attended the joyful outing.

We are pleased to learn that Doris Sigler of the dietary department, who underwent serious heart surgery at St. Joseph's Hospital on July 14, is recovering very satisfactorily.

Dr. and Mrs. James Collins have as their visitor Mrs. Collins' sister, Miss Marilyn Weber,

(Continued on Page 15)

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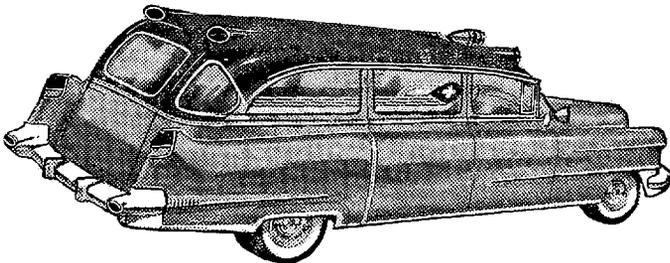
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(Continued from Page 13)

who has recently completed her work for a Master's degree in Public Health Nursing at Johns Hopkins Hospital. Miss Weber is considering staying in the Northwest if she finds a suitable opening for her work. Dr. Collins is one of the new interns at Pierce County Hospital.

Alice Miller and Jessie Drake spent a delightful weekend in Victoria, B.C., the last of July.

Mrs. Helen McKibbon, Social Service, entertained at her home the evening of August 11 for Doris Dinsmore, a former employee in the same department. The guests included several who had worked or are working in the hospital Social Service. They were Mrs. Margaret Williamson, Mrs. Jessie Haycock, Miss Ethel Hitt, Mrs. Sue Jones, Mrs. Josephine Seaberg, but all had worked together at some previous time in the hospital.

From the housekeeping department comes the following: Ida May Rasor has been enjoying a visit at her home with her nephew, William Breyley and his daughter, Irene, from Sycamore, Ohio.

The hospital extends deep sympathy to Herbert Ray on the sudden death of his mother, Mrs. Blanche Ray early in August.

Mrs. Bessie Matern has been called to the bedside of her critically ill twin brother in San Francisco.

Rose Wulfekuhle and Katerine Owens are new replacements in the department.

Letha Munsee is entertaining her daughter, Noreen, and family from Idaho Falls, Idaho.

Beulah Dunbar is vacationing with her mother in Northern Canada.

Hazel Gallucci, Laboratory, with husband, Alfred, and daughter, Cristine, have returned from a gay vacation in Nevada and California.

Saint Joseph's

Reminder to all St. Joe's Hospital Staff—Since the annual meeting of the Washington State Medical Association again conflicts with our September Staff meeting, our meeting will be postponed to Monday, September 22nd which is the fourth Monday of the month.

There are some bright and shiny new faces in the x-ray department and they are Frances Anich and Suzanne Mickens. They are the new students who started on June 23rd. Good luck to you both. Our head technician, Jack McDonald, is in Wisconsin for his vacation and will be back on September 8th. Have a nice vacation, Jack! We all wish to welcome Dr. Lynch to St. Joseph Hospital. Dr. Lynch is the new radiologist that you see in the x-ray de-

partment. We also want to welcome back Dr. Maki who just returned from the east.

Latest books for the library are: Wilson's Neurology 3 volume set, Hernia by McVay, The Doctor is a Witness by Tracy, William's Obstetrics 11th edition by Eastman, Principles of Internal Medicine by Harrison 3rd edition, Skin Grafting by Broun, Office Gastroenterology by Andresen, Intestinal Inturbation by Cantor, Pathology and Surgery of Thyroid Disease by DeCourcy, The Diagnosis and Treatment of Infection by James.

Vacations are still the conversation of the day and with the weather unchanged probably seconds are in order.

"Early Bird" Dr. Brooke gets in lots of golf, also Dr. Moosey and hear Dr. Eltrich and Race are also taking up the sport. Dr. Marlatt has taken to flying and of course, Dr. Sobba sticks to his fishing. Dr. West and family had a hilarious time in their new boat cruising the San Juans. It's horseback riding for Dr. Hauser and those long narrow treks in the mountains. It's good to see Dr. John Robson back in the swing after his sojourn to England.

Mrs. Magnussen, R.N., is taking two months off and part of it will be spent in Montana. Mrs. Halvorson, R.N., is back after six weeks of sunning on the beach with Mrs. Gervais and her children had a pleasant trip around the Loop and at the ocean. Sister Frances Joseph spent a week in Chicago and was met by her two sisters from the east. They had a very pleasant visit. Mrs. LeBlanc, R.N., spent most of her vacation painting and remodeling her house. Mrs. Boze, R.N., is working part time and also Mrs. Carlson, R.N., and Mrs. Barrett—just to keep in the swing of nursing. A farewell gift was presented to Mrs. McLaren, R.N., who will soon be leaving for east of the mountains where her husband will enter college.

Maternity Department says this is what happened since we saw you last—Vacations were immensely enjoyed by the entire staff—some went to far flung Europe—some to the clean swept beaches of California whilst others stayed home and leisurely watched the world go by. No matter where holiday time was spent, "beachcombing" or curio hunting, memories of this exceptionally warm summer will linger and we gratefully whisper "Thanks to God." Now that we have reached the late sunlit afternoons of August, their languor is suddenly disturbed by the sound of distant thunder, a warning that winter is soon to follow.

Heavenly bundles by way of little boys were sent to Mrs. Whitmore and Mrs. Trine (Maternity Staff). Little girls sweet and complete were pleasant surprises for Mrs. Bronski, Mrs. Smith,

(Continued on Page 17)

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Pharmaceuticals & Biologicals.

(Continued from Page 15)

Mrs. Brown and Mrs. Zderic. Birthday parties to commemorate their arrival into this world were given to Noreen Owens and Mrs. Pool, while picnics were given to the Maternity crew by Mrs. Keeley and Mrs. Spearman at their respective homes. New and most welcome members to our Maternity Staff are Mrs. Magley, R.N., Mrs. Higgenbottom, R.N., and Miss Baylon, G.N., from Spokane—we hope they enjoy their stay and their work, for we need them.

Forever recorded in the annals of naval men will be the successful voyage of the world's first nuclear powered submarine "Nautilus." It is the world's first ship to make a voyage under the Arctic ice cap across the roof of the world.

Here too in our Maternity annals something important is being recorded—the names of those generous staff Doctors who so willingly and cheerfully gave towards the purchase of a beautiful Air-Shields "Isolette." From the bottom of our hearts, sincere thanks and deepest gratitude in the name of all the little ones to whom it will mean help in taking the first step in life's highway.

The Class of nineteen hundred fifty-eight will have Graduation Exercises on Sunday, August 21st. Conferring of Diplomas will take place at 3:00 p.m. in the hospital. The School of Nursing will have registration of students on Monday, September 2nd. Classes will begin on September 3rd. Sister Victorine and Sister Barbara Ann, members of the faculty of last year, have been transferred and will not be with us this year.

The students and faculty alike enjoyed the cruise August 5th on the Harbor Queen. The food was a real topic of conversation. Everyone came home happy and very contented.

News from Pediatrics—Vacations are still the topic of the hour—many of us have only fond memories while others are still looking forward to days of fun and relaxation. We've all enjoyed our glorious summer. Mrs. Margaret Johnson became a mother-in-law during her vacation this summer. Dennis, her oldest son, was married on August 16th in Everett, Washington. Miss Ann Wagner, R.N., a former member of our staff, visited the department during her vacation. She is now on the staff of the California Health Department. Mrs. Nancy Ching, R.N., former head nurse in the department, writes from Gainesville, Florida that she has just been granted a graduate assistantship. She will be doing research work towards her Master's degree this year at the University of Florida. Mrs. Joseph Renggli former night nurse in the department is at home convalescing following an auto accident. Her guardian angel

worked overtime, one realizes, to have spared her more serious injury. She is up and about on crutches after suffering a severely bruised and lacerated leg. Clayton, the son of Dr. and Mrs. Coon, spent a week with us as a patient having developed Aseptic Meningitis while at camp. Two new Mist O'Gen tents have recently been added to the department. We have enjoyed their effectiveness and the hours of nursing service they save.

On September 2nd a new class of Medical Record Technicians will start their course. We are very happy to welcome the new students who are Sister Mary Perpetua, Dorothy McKennon, Jill E. Kilian, and Colleen Cheshire. The school is affiliated with the Junior Catholic College in Tacoma. Last year's graduates, Sharon Weinreich is employed at Good Samaritan Hospital in Puyallup, Barbara Murray is staying at St. Joseph's and Sister Marie Immaculee is at St. Joseph Hospital in La Grande, Oregon.

Doctor's Hospital

The Executive Committee of the Board of Trustees of The Doctor's Hospital of Tacoma announce the appointment of Mrs. Florence C. Rokahr, R.R.L., Medical Record Librarian, as a consultant in the Medical Record Department of the hospital.

Mrs. Rokahr brings with her exceptional experience and background in her chosen field. At present, she is completing a term as President of the Medical Record Library Association Activities in the State.

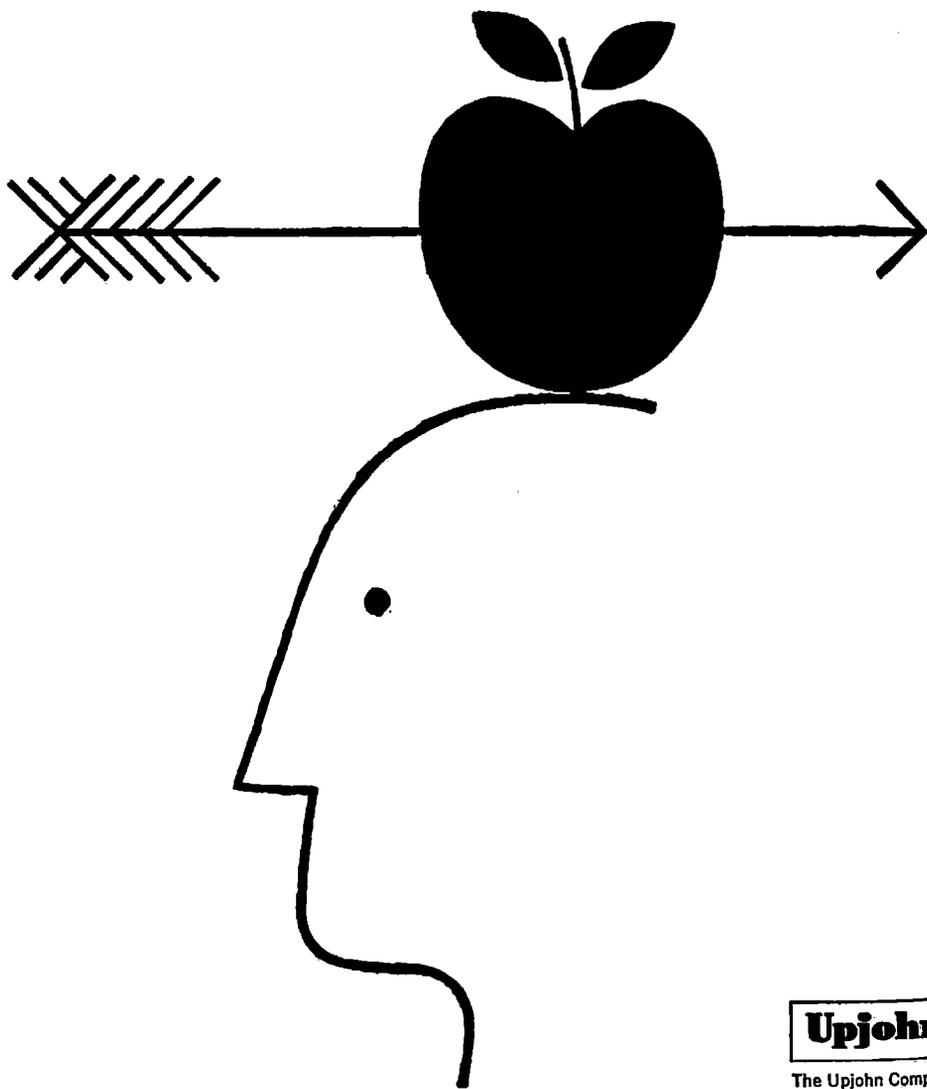
The Medical Record room and the facilities for the handling of the medical records has been completely remodeled in the past year. Remington Rand open shelf filing is now being used as well as other supplementary equipment furnished by Remington Rand.

The "spring house cleaning" chores of the hospital, which extended well into the summer, have now been completed and members of the staff are urged, at their leisure, to examine the alterations in the Physio Therapy Department and expanded facilities under the direction of Mr. William A. Santee, R.P.T. Mr. Santee would be very happy to check the new equipment, Whirlpool and Ultra-Sound with any members of the staff. The Radiology Department under Drs. Harrington and Sames recently completed the installation of new lighting fixtures and redecoration of the whole department. The alterations in the Surgical Department have been completed with the installation of vinyl tile conductive flooring to replace the conductive flooring installed a number of years ago.

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Report of European Tour Arranged by A.C.S.

We have taken advantage once again of a European tour arranged by the American College of Surgeons. This trip to the north countries proved to be most enjoyable. Our entire tour was made by air, although the majority of the surgeons traveled on the Statendam sailing from New York. We flew the trans-polar route. It was most interesting to see the sun set about 10:30 p.m., and then after perhaps an hour of semi-darkness it rose again in the east. We could see below us the polar ice cap and the barren mountains and ice sheets of Greenland. There were numerous icebergs floating in the water. We arrived in London about two hours late, after having set our watch back seven hours. This made a total flying time of 19 hours. We immediately boarded another plane for Brussels because we wanted to see something of the Worlds Fair. If we had seen nothing else the trip would have been worthwhile. All of the various national exhibits are most interesting and especially the mammoth, boastful display put on by the U.S.S.R. They are really proving to the world that they excel in science and that they have heavy machinery, sputniks, planes, and all of the latest scientific developments. On every wall there are inscriptions that they believe in peace, that they are opposed to the use of atomic bombs and that in Russia the worker decides what is to be done. Everything is done for the benefit of the people. Many exhibits show the beautiful seaside resorts where the workers can spend their vacations and enjoy themselves. No expense has been spared to make this exhibit impressive. In a bulletin which I purchased there are many claims as to the medical efforts that are being made in behalf of health and longevity. It tells of the great progress that has been made and then says, "We are aiming at making 100 years the average age in our country within several decades. And that is how it will be. We have full faith in that, for Soviet medicine is not alone in standing guard in the health of the Soviet people."

The American building is very beautiful from an architectural standpoint but the contents do not compare with some of the other exhibits in that they are purely factual demonstrations of life in America without the boastful element or without emphasizing only the best that can be found in our country. The difference between the Russian show and ours is actually the same as that between fiction and fact. I could go on describing the marvelous representation of the Belgian Congo, the actual transplantation of a bit of Holland to the fair

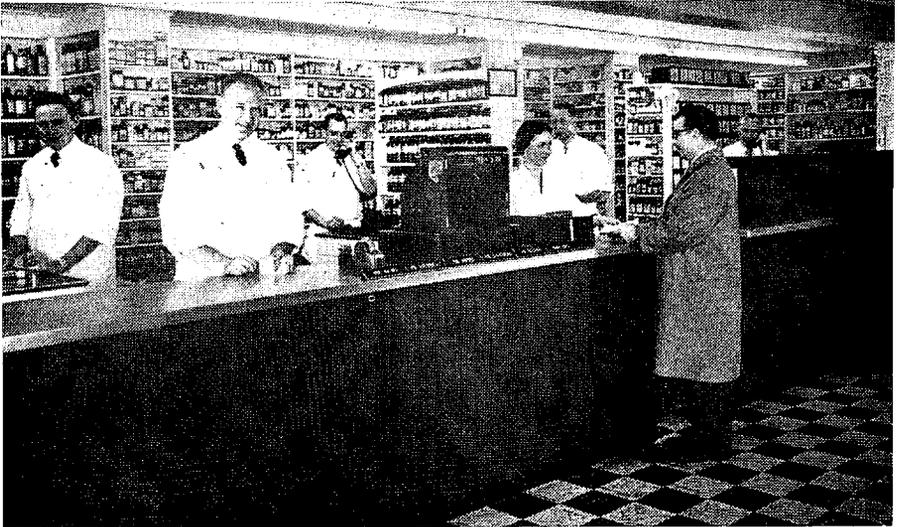
grounds and many other impressive sights but I must get to the surgical experiences of our trip.

The first scientific session was in Oslo, Norway. Many excellent papers based on the experience in Norway were presented. Perhaps the most striking, to me, was a report by Dr. Carl Semb, head of the department of surgery, who dealt with conservative surgery on the kidney. He pointed out that very often nephrectomy could be avoided and only partial conservative operations could be done. In 276 partial nephrectomies he said there had been no mortality. Since many of these patients had only one kidney at the time of surgery these results are truly amazing. One of the unusual features at this fine meeting was a fine concert given by an all M.D. Symphony Orchestra with a doctor soloist who played a concerto on the piano with the orchestra. In the evening there was a big banquet and reception held at the very beautiful Oslo City Hall.

The beautiful city of Stockholm came next. From the air it looks as if there is much more water in Sweden than there is land. Stockholm itself is built on fourteen islands. Daily surgical programs were carried on for five days and we really were busy. Some of the American contributors made outstanding contributions, not the least of which was Warren Cole's talk on the dissemination of cancer cells in surgery of the gastrointestinal tract. I visited two hospitals where his message should be broadcast because it seemed to me that there was very little regard shown for this danger. I saw an operation for carcinoma of the esophagus in which the surgeon could not find the lesion and therefore three different men including the chief, palpated and manipulated almost the entire length of the esophagus several different times and finally gave up without resecting the lesion. I also saw a two team performance of abdomino-perineal resection for cancer of the rectum. Tissues were divided close to the involved bowel. There was no attempt to make a wide excision; the freeing of the bowel in the pelvis was done almost entirely by blunt tearing with the fingers until finally the man who worked from below touched the fingers of the surgeon who pushed from above. I am citing this only to indicate that not all surgery in Sweden is wonderful and superior. Surgical equipment in the hospitals was very good. I noticed that in some large operating rooms two major operations were carried on at the same time in the same room. This allows one circulating nurse to serve two different surgical teams. I am not sure that this system is to be recommended. I have notes on so many excellent

(Continued on Page 21)

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(Continued from Page 19)

presentations that I cannot even begin to discuss them. Suffice it to say the meeting was worth attending and that it was more stimulating than any meeting I have ever attended in the United States.

The stop in Helsinki, Finland was most interesting. There were no formal papers but we visited hospitals and also did a good deal of sight seeing. I saw some interesting surgical work but again came away with the feeling that perhaps we can do as well in Tacoma. A total gastrectomy done for carcinoma without hepatic involvement was done without removing the omentum. The tissues were ligated close to the involved stomach and I am sure that the entire operation was a waste of effort from the standpoint of really doing adequate cancer removal. The Finns were very glad to see us and they are very proud of their facilities and of their city, as well they should be. New apartment houses are being built everywhere to take care of the needs of their population. Parenthetically we noticed that 80 to 90% of the people in Oslo, Stockholm, and Helsinki live in apartments. One sees almost no nice, reasonably small, private homes. Only a few wealthy individuals can afford homes of their own.

After Helsinki came Copenhagen. This is a most wonderful city and if anyone wanted to spend a perfectly delightful vacation in one spot I would recommend Copenhagen. There is so much to be seen and so much to be done. Not the least of the attractions here is the Tivoli Gardens. This is an amazingly beautiful place where thousands of people enjoy the attractions every afternoon and every night. There are excellent baller dancers, acrobats, symphony concerts, all sorts of play equipment for children, a wonderful roller coaster and many of the amusements that one usually finds at a street fair. Everything is perfectly orderly and very clean.

I visited the Copenhagen City Hospital where I saw Professor Mikkelson doing a gastric resection. He has some very interesting ideas about the prevention and correction of the dumping syndrome. The tendency seems to be to remove much less stomach than we have been doing. He does not do vagotomies very often, neither does he do Billroth I Resections. He makes a Billroth II Anastomosis in such a way that he avoids regurgitation into the afferent loop and also avoids rapid emptying of the residual stomach. At the University Clinic there was an afternoon of excellent discussions of various surgical problems. One of the papers to be mentioned is the one on infections acquired

(Continued on Page 23)

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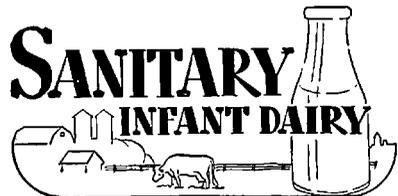


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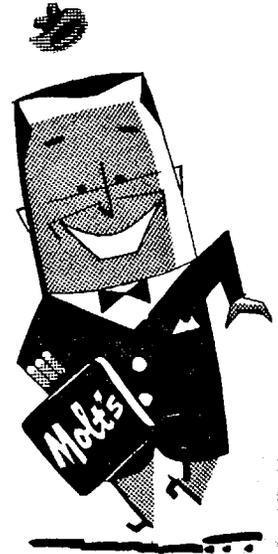
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(Continued from Page 21)

in hospitals. It was pointed out that the general population carries the hemolytic staphylococcus in about 20% of individuals tested, but student nurses, after they have been in training one year, harbor it in 60% of cases. The recommendation was to put patients into the hospital only for very valid reasons and have them stay as short a time as possible. It was also suggested that new antibiotics should be used with great circumspection lest resistant strains develop. We saw several interesting palaces and castles and most wonderful museums and art exhibits, but the time came for hurrying on to Edinborough and Glasgow. Nowhere did we receive a more cordial welcome than in these two cities. The scientific programs were put on mainly by the young men who were doing research work. I was interested particularly in a discussion of the maximum histamine test used to estimate gastric secretion. Although I listened to many papers I was eager to meet Dr. McWhirter in Edinborough because I have been interested in his approach to the problem of cancer of the breast. It was very impressive to see this radiologist at work in his clinic. He has a very pleasing personality and is undoubtedly a competent man. His patients love him and he can do anything to them and make them like it. Some of the women who had had this very intensive radiation added to simple mastectomy for cancer of the breast, which consists of a minimum of 4000 R to four different ports, showed very marked skin reaction. The scarring was so pronounced that I believe that if I produced surgical scars of equal extent I would never get another patient referred to me. However, many of these patients seem to be doing well and they do not complain at all of the marks they receive from their treatment. I am certainly not convinced that his treatment is applicable in stage I cases nor even in stage II but I believe that the evidence of this great experiment in therapy will probably prove that surgeons often do harm in subjecting stage III cases of carcinoma of the breast to surgical dissection. At Glasgow we were wonderfully well entertained and instructed. It was thrilling to spend time browsing around in Williams Hunter's Museum. He certainly was a man of very varied enthusiasms who managed to collect many objects of great historic interest.

A visit to Scotland would not have been complete for me without visiting St. Andrew's Golf Course. I did this after the scientific meetings were over by taking a train for fifty miles from Edinborough across the Firth of Forth Bridge. The ancient golf course is not a thing of beauty and offers many hazards to any golfer,

no matter how skillful or how inexpert. Four of us surgeons hacked our way out of the traps and through the terrain aided by four ancient caddies, the youngest of whom was certainly no less than 65 years. It was lots of fun.

Just for relaxation and because Myrle wanted to see the land of some of her ancestors we now flew to Dublin, Ireland. We drove from Dublin to Cork and down to Killarney. If I ever have a chance to go back I want to spend at least a week at Killarney. It is a quaint and most restful place. We enjoyed seeing the green fields in Ireland, where the farmers still work with their hands using rakes and pitchforks and where a one horse or a one donkey cart is the means of transportation. The highways were full of these little carts taking the milk can to town to the creamery. Life moves at a slower pace in the Emerald Isle and the people seem to be happily enjoying it. Although a city such as Dublin offers many attractions we also saw evidence of extreme poverty in some of the people walking the streets.

The time came to fly to London in order to catch our transpolar flight back home. We were tired by this time and were glad that we had only one day in this tremendous city where nine million people seem to be constantly in motion. It was very good to get home again and when we sat on our patio eating breakfast looking out upon Puget Sound, the harbor and the mountains, we asked ourselves whether there could be any place in the world any more attractive than this our own home city.

—S. F. Herrmann, M.D.

Pierce County Mental Health Conference Appoints Committees

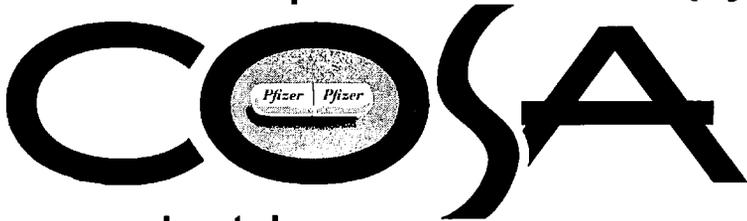
Committees and Chairmen to plan the Pierce County Conference on Mental Health have been appointed by Wayne Gardner, President, of the Tacoma-Pierce County Association for Mental Health.

The Committees and their Chairmen are as follows: Exhibits, Mrs. Duane Dryden; Publicity, Sam Brown; Hospitality, Dr. William Hauser; Registration, Mrs. Margery Duppenthaler.

General Conference Chairman is Captain Roy Baxter, Madigan Army Hospital. Dates for the County-wide Conference will be Thursday and Friday, September 26th and 27th. The Conference will take place in Jackson Hall of the Tacoma General Hospital.

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References: 1. Welch, H.; Wright, W. W., and Staffa, A. W.: *Antibiotic Med. & Clin. Therapy* 5:52 (Jan.) 1958. 2. Carlozzi, M.: *Ibid.* 5:146 (Feb.) 1958. 3. Shalowitz, M.: *Clin. Rev.* 1:25 (April) 1958. 4. Stone, M. L.; Bamford, J., and Bradley, W.: *Antibiotic Med. & Clin. Therapy* 5:322 (May) 1958. 5. Cornbleet, T.; Chesrow, E., and Barsky, S.: *Ibid.* 5:328 (May) 1958. 6. West, R., and Clarke, D. H.: *J. Clin. Invest.* 17:173 (March) 1938. 7. Jimenez-Diaz, C.; Aguirre, M., and Arjona, E.: *Bull. Inst. M. Res. Madrid* 6:137 (Oct.-Dec.) 1953. 8. Lerman, S.; Pogell, B. M., and Lieb, W.: *A.M.A. Arch. Ophth.* 57:354 (March) 1957.

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Alaska Highway Rough and Very Slow

Time, that was such an important factor in the construction of the Alaska Highway during World War II, was certainly not important to us with our three children jogging along the same route June, 1958.

Blinding dust and sharp rocks, fresh oil, gumbo mud were constant reminders to keep a snail's pace. Twice, a moving vehicle was passed—both were tractors. However, we arrived without leaving any of our tires beside the many others marking ventures into that land that fascinates. Besides tires, oil cans, beer bottles, milepost markers, one sees panoramic views of inspiration that were not spoiled by roadside advertisement.

Preparations for this trip were routine with additional car protection such as the use of thick rubber hose around all gas and brake lines, and thick rubber belting around the gas tank. 1800 miles of gravel frequently buckled, bent, or punctured unprotected surfaces. We covered the propane lines of the trailer but should have covered the front windows with plywood and the bottom should have been reinforced with metal. Rolling rocks, a bad bounce, a dull thud—then at the next stop—a new bulge in the floor. The front end of the trailer was literally sand blasted. Excess baggage proved to be the extra coil, condenser, points, and fan belt, although the extra fuel pump saved us a couple of days delay.

Perhaps the worst part of the trip was the beginning jaunt over the Fraser River Canyon road which was very much in the throes of rehabilitation. We were now becoming well seasoned trailer travelers and took things in our stride. Two inch freezer tape was put over every conceivable opening and across all cupboards. Now, we no longer had to pick up scattered groceries, comic books, insect repellents, and other supplies.

The Cariboo Trail and the John Hart Highway led us to Dawson Creek, a bustling British Columbia frontier town—the actual start of the Alaska Highway. After we spent a day hopping over large chuck holes filled with mud and water to sightsee and shop, we became anxious to go on so we left ahead of another rainstorm. This, fortunately, was our only rainy weather, but we crossed the Peace River on a one way mighty high railroad trestle in an old fashioned thunderstorm.

At Milepost 47 (Fort St. John) we had plastic head light covers put on by some very efficient, attractive women attendants who also knew their business servicing and handling diesel trucks. Here, a waitress recommended a

good cup of coffee at Milepost 442 which we found to be correct although served without any conveniences in a spotless manner.

The people along the way were most interesting, cheerful, and helpful. Those who live along the highway have gas pumps, inns, or lodges. Some do mechanical repairs and many are professional guides during the hunting season. Anyone in difficulty can be sure that the next car or truck along will offer help. We talked to one couple changing a trailer tire. They had ten offers of help before they got the tire off.

A little hike down a trail to Liard Hot Springs was fun, because we had read that during the construction of this highway the workers could bathe here in all kinds of weather.

As we neared Lower Post and close to Yukon Territory, we had a real first class adventure. A forest fire jumped across the road just before us and we were all compelled to wait for a safe moment to go through. The fire of 100,000 acres had become a crown fire and was now on both sides of us. We were all impressed by the roar, the hot wind created by the fire itself, and the fact that they cannot fight it but can only save the communication lines. The fire warden did send us back to a river where we waited for six hours until a pilot car took us all through. Later, we read that this fire had burned over 800,000 acres.

It's hard to tell you the highlights of such a trip, because each stop meant something different. To see the "WESTERN WASHINGTON PUYALLUP FAIR" sign at the famous signpost corner at Watson Lake was just as interesting as the Indian graves at Champagne with the little houses on top for the spirit to come back to.

Adequate food and lodging were found to be as variable as anywhere though often spaced rather far apart. This did not bother us for we slept and ate where we pleased in our trailer home. Long daylight hours found us often taking pictures at 10:30 p.m. Streams that looked inviting would find us panning for gold, fishing, or just collecting rocks. When we reached Anchorage, we learned that all new gold pans were oiled and that to keep the gold or "color" from sliding out, our pans should have been "fired" first.

Ice for practical purposes was scarce on the highway. For three days we had looked forward to getting a supply at Watson Lake. They, however, had ways of acquiring more profit on ice Saturday nights than selling it in quantity for trailers. Milk at thirty to fifty cents a small glass was not sold by the quart and was not

(Continued on Page 27)

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(Continued from Page 25)

always available. There were several springs marked "good drinking water" along the right of way. Some of the lodges have good wells or springs—others pipe their water out of any neighboring stream. We always checked their water supply before filling our tanks.

Gas was high even for an Imperial gallon but was obtainable at reasonable intervals. Half to three-fourths of a tank usually took you to the next pump even with higher consumption pulling a nineteen foot trailer. Where gas was sold, rooms were often rented. One place had over thirty. A sign outside instructed those arriving after closing time "TURN TO LEFT—TAKE ANY VACANT ROOM WITH DOOR OPEN—PAY IN A.M.—BATH AT END OF HALL."

Arrival at Fairbanks and then a flight of fun to Fort Yukon above the Arctic Circle and a stay at Circle Hot Springs Resort was complete relaxation. Our first close view of glaciers was on the good road to Anchorage on the Richardson and Glenn Highways. This was the climax of our vacation for we rolled into Anchorage just as the whistles blew and fire-crackers were popping. The Senate had just passed the Alaska Statehood Bill. Needless to say, the children will never forget the celebration they saw that day of June 30, 1958. After the sale of our trailer and car, an overnight stay at Juneau, the flight home was an anticlimax although we passed over some marvelous mountain, glacier, forest, and water sights.

The entire trip was a study in contrasts:

From the most beautiful scenery to the dullest;

From excellent highways to the worst trails—especially a detour on a detour;

From spotless accommodations to ones not so good;

From most energetic individuals to masters at the art of loafing;

From well dressed people to those who appeared like tramps;

From hot springs to glacial rivers;

From stern wheelers to high powered outboards;

From dog teams to helicopters and jets.

Time and again we were reminded of the poem—

"There was a little girl
She had a little curl
Right in the middle of her forehead
When she was good she was very
very good
And when she was bad she was horrid."
—Sandy and Lou Rosenblatt

LOST AND FOUND

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Report on Medical Arts Bldg. Golf Tourney

A combined "pulling" effort won the day for the Dentists as they defeated the Doctors in the annual Medical Arts Building Golf Tournament, August 7th at the Tacoma Golf and Country Club.

The tournament, a contest between the Doctors and Dentists located in the Medical Arts Building, was climaxed with a cocktail hour and banquet.

Dr. William P. McGovern served as chairman of the tournament, ably assisted by committeemen M.D.'s Dr. Orvis Harrelson, Dr.

Herman Judd and Dr. John Shaw. Also acting on Dr. McGovern's committee were D.D.S.'s Dr. R. F. Robbins, Dr. John Fewell and Dr. Herman Dahl.

Master of Ceremonies Dr. R. F. Robbins, D.D.S., kept a lively and enjoyable banquet alive and announced the winners list as follows:
 Low Gross Field—Dr. H. C. Dahl.....73
 Low Net Field—Dr. C. V. Lundvick...85-16-69
 Closest to Pin No. 11—John Swan.....7 ft., 2 in.
 Closest to Pin No. 6—

Dr. H. L. Maier.....25 ft., 9 in.
 Long Drive No. 9—Dr. Don Robbins
 Long Drive No. 14—Dr. W. C. McGovern
 Blind Bogey—Dr. G. A. Race
 High Gross—Dr. A. W. Howe.....124
 Highest Number of Putts—
 Andy Jorgenson37
 Worst Swing—Dr. Lyle Kelly
 Door Prize—Dr. John Steele
 Door Prize—Dr. Arthur Wickstrom
 Winner of Team Match—
 The Dentists597
 The Doctors613

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State's Financial Position on Public Assistance

To the Editor:

Enclosed is the information you requested in Tacoma following our presentation concerning the State's financial position.

This information is intended to be of a comparative nature and should not necessarily lead to conclusions other than those that are indicated. Basically what the information indicates is that Washington public assistance costs are high as measured against other states in terms of a per capita equivalent or in terms of burden per \$100.00 of personal income.

The comparisons on the medical care program indicate that a larger portion of the Washington population 65 and over are in nursing homes than in the other states compared.

The information concerning the impact of either ratable reductions or program revision on assistance grants is self-explanatory.

If you have any questions we will do our best to answer them for you.

Sincerely,

JOHN F. BRIGGS

Research Director
Washington State Research Council
Olympia

JFB:vcs

Enclosures

Public Assistance Expenditures Per Capita—all programs—1956-57:

Washington	34.16*
U.S.	17.43
Rank	4

*\$16.73 or 96% above average.

Public Assistance Expenditures from State and Local Funds—all programs—per \$100.00 of personal income—1956-57:

Washington	1.06*
U.S.45
Rank	4

*61c per \$100.00 of personal income or 136% above average.

Public Assistance per capita from State and Local Funds—all purposes—1956-57:

Washington	21.40*
U.S.	8.67
Rank	4

*\$12.73 or 147% above average.

Medical Care

Nursing Homes—

Washington has 3.6 beds attended by registered nurses per 1,000 population—national average is 1.1.

Washington has 38.6 beds per 1,000 population age 65 and over—national average is 12.8.

New Hampshire with the highest percentage of population 65 and over (11.1) has 28.8 beds per 1,000 population—9.8 per 1,000 population less than Washington.

(24 states) An average of 5% of OAA case-load is in nursing home—in Washington 11%.

Nursing Home Rates—Class

1st	180 plus 12 equals 192
2nd	145 plus 12 equals 157
3rd	115 plus 12 equals 127
4th	90 plus 12 equals 102

Estimated Impact of Ratable Reduction and Program Review on Public Assistance Costs—

Ratable Reduction (Ratable not applied to Medical Care):

April, 1958—

OAA	Current	10%	15%	20%
Washington	84.94	78.36	75.07	71.77
U.S.	61.09	61.09	61.09	61.09
Rank	4	10	10	13

Estimated

reduction in			
State cost	14.41	20.13	26.84
(20% ratable would reduce average OAA grant by \$13.17 per month.)			

Program Review (excludes Medical Care)

OAA	Current	A (\$5)	B (\$10)
Washington	84.94	78.39	73.39
U.S.	61.09	61.09	61.09
Rank	4	10	11

Estimated

reduction in		
State cost	13.42	22.67
(Revision B would reduce the average OAA grant per month by \$11.55.)		

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Washington Heart Assn. To Have Outstanding Authorities Speak

Four outstanding authorities in the field of heart disease will speak at the Washington State Heart Association's Annual Symposium Friday and Saturday, October 17 and 18 at the University of Washington. The sessions are co-sponsored by the Washington State Health Department.

Guest speakers are: Sir George White Pickering, Regius Professor of Medicine, University of Oxford, England; Dr. Carleton Chapman, Professor of Medicine, University of Texas, Dallas, Texas; Dr. Lewis Dexter, Professor of Medicine, Harvard University, Boston, Massachusetts; Dr. James V. Warren, Professor of Medicine, Duke University, Durham, North Carolina.

Dr. Robert Bruce, Chairman of the Symposium Planning Committee, announces "Hypertension and Congestive Heart Disease" have been chosen as the theme for the tenth annual scientific sessions.

Highlights of the program include: "Starling's Concepts of Heart Failure in Man" and "Concept of Essential Hypertension," Sir George White Pickering; "Hemodynamic Effects of Exercise" and "Response of Hypertensive Patients to Physical Exercise," Dr. Carleton Chap-

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man; "Clinical-Physiological Correlations on Congestive Heart Failure" and "Cardiac Output and Congestive Heart Failure," Dr. Lewis Dexter; "Treatment of Congestive Failure" and "The Natural History of Hypertensive Disease in Man and Hypertension in the Giraffe," Dr. James V. Warren.

Guest speakers at the Annual Symposium Banquet Friday evening at the Washington Athletic Club will be both Dr. and Mrs. Warren. Gloria Warren is the author, with Evelyn Stead, of one of the most widely known volumes on low-fat cooking and an authority in the field.

Complete programs and advance registration cards will be mailed to the medical profession by the Heart Association in September. As in previous years abstracts of papers to be presented will be available at the Symposium. There is no registration fee. The Symposium is approved for credit in Category I, American Academy of General Practice.

Members of the Annual Symposium Planning Committee under chairmanship of Dr. Bruce are: Drs. James M. Burnell, Fred E. Cleveland, Leonard Cobb, Harold T. Dodge, Warren G. Guntheroth, Alvin Katsman, George Hugh Lawrence, Gordon A. Logan, Duncan Robertson and Donal R. Sparkman, Seattle; Robert P. Parker and Elizabeth Main Welty, Spokane; Stuart Pritchard, Olympia; W. F. oHlmes, Walla Walla and John McNamara, Soap Lake.

Northwest Assn. of Occupational Medicine Annual Meeting Program

The annual meeting of the Northwest Association of Occupational Medicine will be held at the Hotel Multnomah, Portland, Oregon, on Sunday, September 7, 1958.

The Program will consist of:

9:00 a.m.—Registration (No registration fee).

9:30 a.m.—Guest Lecture for Industrial Nurses; Melvin Newquist, M.D., Medical Direc-

tor, The Texas Co., "Nurse-Physician Teamwork in American Industry."

10:00 a.m.—Business Meeting of Northwest Association of Occupational Medicine.

10:30 a.m.—David E. Sullivan, M.D., Plastic Surgery, Spokane, Washington, "Close Your Wounds."

11:00 a.m.—George Saslow, M.D., Professor of Psychiatry, University of Oregon Medical School, Portland, Oregon, "Psychiatry For All Our People."

11:30 a.m.—James I. Roberts, M.D., Medical Director, New England Power Service Company, Boston, Mass., "Treatment of Grave Electric Injury."

12:00-1:30 p.m.—Recess.

1:30 p.m.—Jean Felton, M.D., Professor of Preventive Medicine (Occupational Health), University of Oklahoma, Oklahoma City, "Educational Preparation for Industrial Health Service."

2:00 p.m.—The Honorable Robert D. Holmes, Governor of Oregon, "Oregon at Work—The Human Story."

2:30 p.m.—Rev. James B. McGoldrick, S.J., Professor of Psychology, Seattle University, Seattle Washington, "What's Eating on Him?"

3:00 p.m.—R. G. Bell, M.D., Bell Clinic on Alcoholism and Addiction, Toronto, Canada, "Life in Tranquilized Industry."

3:30 p.m.—G. Victor Beard, Theoretical Physicist, Chief of Health Protection Branch, Division of Biology and Medicine, Atomic Energy Commission, Washington, D.C., Demonstration of Radioactive Energy Sources.

4:30 p.m.—Reception honoring Speakers—all in attendance are invited.

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September 9

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MONTHLY MEETINGS

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the Month—8:15 p.m.

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept. and Dec.—7:15 a.m.
at Scotty's Cafe

PIERCE COUNTY PEDIATRIC SOCIETY

First Friday of Each Month, Except June, July and August.

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Tuesday of each month—8:30 p.m.

Board Room of Pierce County Medical Society

STAFF OF DOCTORS HOSPITAL OF TACOMA

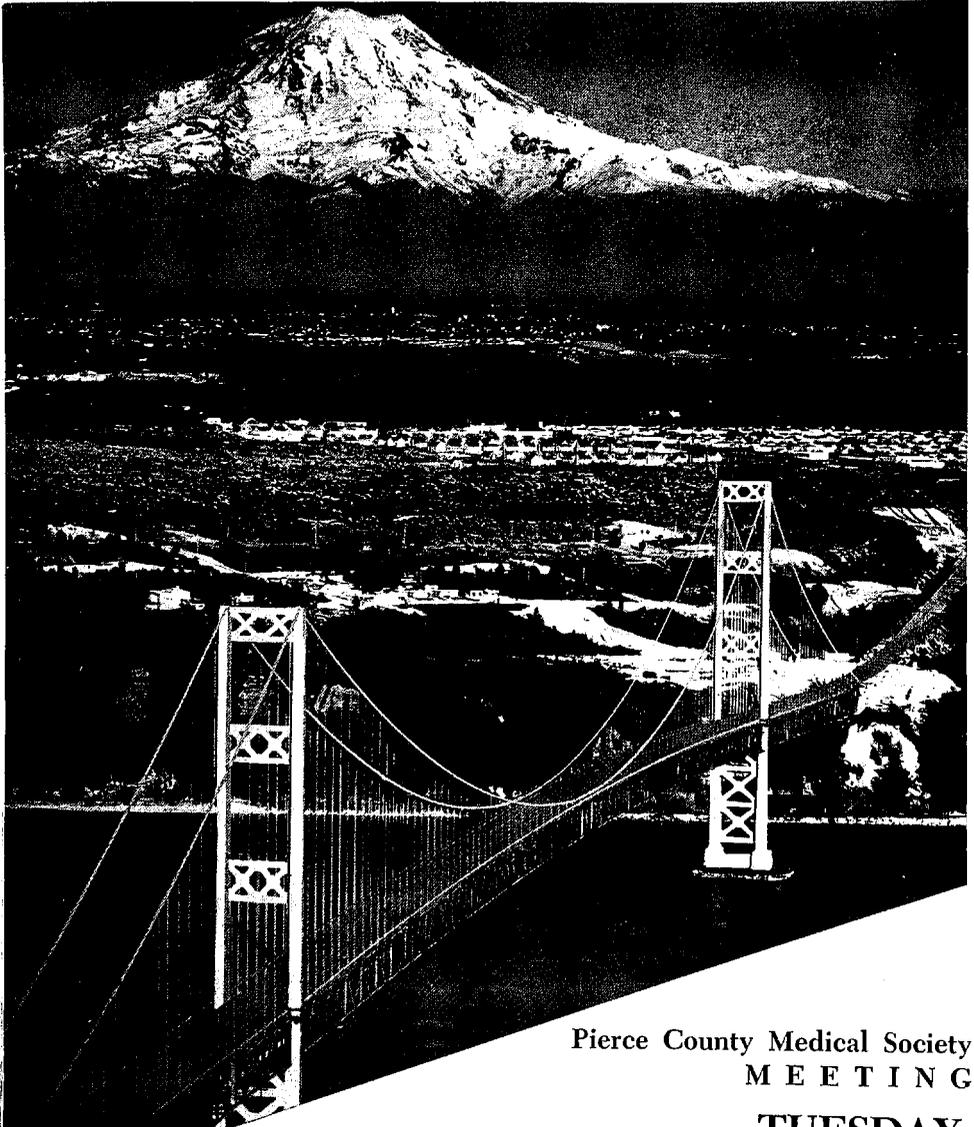
Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Building

The **BULLETIN** *of the*
PIERCE COUNTY MEDICAL SOCIETY

VOL. XXX—No. 1

TACOMA, WASH.

OCTOBER - 1958



Pierce County Medical Society
MEETING

TUESDAY,
OCTOBER 14

Pierce County Medical Society

1958

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NOTICE

Check back page of Bulletin for calendar
 of special meetings

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*Emmerty, F. A. Jr.: New York State J. Med. 57:2957 (Sept. 15) 1957.

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M E E T I N G

PIERCE COUNTY MEDICAL SOCIETY

Tuesday, October 14

MEDICAL ARTS BUILDING AUDITORIUM

MOVIE . . .

“THE DOCTOR DEFENDANT”—7:30

DISCUSSION: ROBERT M. YOUNG, ATTORNEY

PROGRAM—8:15

CONGRESSMAN THOR TOLLEFSON

Report on the 85th Congress

* * *

TEAM APPROACH IN REHABILITATION

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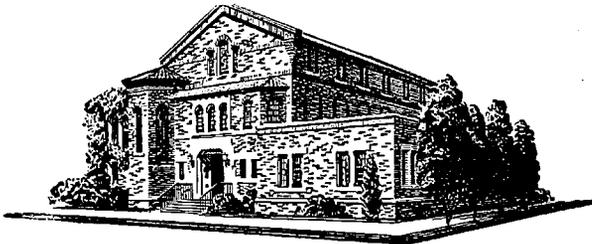
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GUEST EDITORIAL

In Medical Economics for August, we are told there were presented to the A.M.A. House of Delegates at San Francisco, formal resolutions from Connecticut and New York delegates to authorize a nationwide, state-by-state poll by doctors regarding their inclusion under Social Security. The request was overwhelmingly voted down and the delegates added this interesting statement of policy.

"Members of the House of Delegates are sufficiently well-informed to represent adequately the views of the physicians of America on this question of Social Security."

One wonders when the American doctors vested in our A.M.A. Trustees the right to make such a ruling. Isn't their interpretation of medical ethics getting altogether too far over into the field of economics as it at present increasingly concerns the vast majority of our doctors?

Most of the older doctors acquired the bulk of their savings prior to the years of high taxes and so, can enjoy security. Those in the younger age brackets are acutely aware of the present tax drain on their earnings which is posing an increasing obstacle for them to provide security for their families.

Ex-President Hoover, in accepting a recently granted \$25,000 yearly government pension, said he acquired his competence when there was no, or only a small, income tax.

It should be of interest to the medical profession that a few years ago the delegates of the National Bar Association ruled against their members coming under Social Security nationwide. This was immediately so unpopular with the lawyers that the delegates were forced to reverse themselves and all lawyers are now under Social Security.

At a regular meeting of the Pierce County Medical Society, September 11, 1956, a vote was taken regarding Social Security coverage. The results were: yes, 42; no, 22.

The A.M.A. delegates appear to be delaying as long as possible doctor participation in this coverage now shared in by the employed population in America.

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drawn and legally sound Will. The cost need not be great. Consult your attorney about the many advantages in naming a bank as your executor. Individuals as executors may pass on during the life of your Will, causing difficulties. A bank's Trust Department goes on forever. It serves as a trained business manager for your estate . . . a job demanding experience, permanence and timeliness.

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HOSPITALS . . .

Doctor's Hospital

At the meeting of the Professional Staff of the Doctors Hospital of Tacoma on September 8, 1958, the following physicians were appointed to the Active Staff of the hospital:

Robert McClure Ferguson, M.D.

Walter Cameron, M.D.

Z. Joseph Vozenilek, M.D.

Arthur P. Wickstrom, M.D.

Richard E. Vimont, M.D., was appointed on the Courtesy Staff of the hospital.

The clinical portion of the program was presented by Arnold J. Herrmann, M.D., on the following:

Acute Surgical Abdomen

This case concerns a fifty-four year old long-shoreman, who was seen at home because of acute abdominal discomfort with a feeling of "gas". This was characterized by a feeling of fullness in his abdomen. He was nauseated, but had not vomited. The symptoms had been present for one day. He had a distended silent abdomen with generalized tenderness which was more marked in the right lower quadrant and associated with pronounced rebound tenderness.

The patient was admitted to Doctor's Hospital where a flat film of the abdomen was obtained, which was not unusual. Blood count showed the presence of 86% hemoglobin with hematocrit of 43. The white blood count was 18,900 with 87% polys. Urinalysis showed numerous hyaline casts. The patient's temperature was 99.2, his pulse was 84 and the blood pressure was 160/80. The preoperative impression was that this represented an acute appendicitis, which had most likely ruptured.

The patient was taken to surgery where a right lower quadrant transverse incision was made. Upon opening the abdomen, it became readily apparent, that the source of the patient's difficulty was bleeding into the abdominal cavity. The peritoneal cavity was filled with approximately 1500 cc of both fresh and clotted blood. The small transverse incision did not permit adequate exploration of the abdomen and accordingly, a right medio lateral incision was made. The rectus muscle was retracted laterally, and exploration of the entire abdomen was made. The upper abdomen was examined and nothing was detected there. On searching further, it was seen that the bleeding originated from a vessel, which arose from the ileocecal area and ran directly to the umbilicus. This vessel had ruptured and there was a moderate amount of active bleeding from the

proximal end of the ruptured vessel. This vessel was an omphalomesenteric artery, which is a very rare phenomenon. This artery arises from the superior mesenteric or one of its branches, it passes to the navel and anastomosis with the inferior epigastric or with small arteries accompanying the round ligament of the liver. Both ends of the vessel were ligated and a small section of the vessel was removed for a pathological study. The appendix was removed in the usual manner, phenol and alcohol was applied to the stump which was not inverted. The Pathological Report of the removed arterial specimen indicated that this was a dissecting aneurism of an arterial sclerotic vessel. Continuous gastric suction by use of a Levine tube was employed for three days. Fluid intake was taken care of by intravenous fluids. The patient did well until nine days postoperatively at which time there was obvious wound separation. He was taken to surgery and under local anesthesia, the vertical incision was closed with thru and thru figure eight wire sutures. Following this he did well, but was in no hurry to leave the sheltered existence in Doctor's Hospital and was finally discharged on his twenty-third hospital day.

It was of interest to note that six months after his hospital stay, he was explored because of intermittent claudication of the legs. It was felt that he had an occlusion of the external iliac artery. Arteriotomy revealed complete occlusion of the femoral vessels and no vascular reconstitution was done because of the marked degree and the extent of his arteriosclerosis. The ventral hernia which had developed as a result of his wound dehiscence was repaired at this time.

Intra abdominal apoplexy almost invariably occurs in arteriosclerotic individuals who may or may not have associated hypertension.

In retroperitoneal tissue such spontaneous bleeding comes usually from the superior mesenteric artery and the branches of the celiac axis. In women, the bleeding most frequently originates from the utero-ovarian vessels and pregnancy increases the frequency of this bleeding. The mortality is high in patients who have abdominal apoplexy and the syndrome is not usually considered in the differential diagnosis of the acute abdomen.

One author advocates the use of the Trendelenburg position to bring blood to the diaphragm. The sensory innervation of this portion of the diaphragm is by way of the phrenic

(Continued on Page 13)

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*(Continued from Page 11)**News From School of Nursing*

nerve which is by way of the same spinal segment as that of the cranial portion of the shoulder. He suggested that other abnormal fluids in the abdominal cavity such as the urine, purulent exudates and gastric juice may lend themselves to this phenomenon, but that his experience was limited to blood.

Several cases of intra abdominal apoplexy have been reported due to avulsion of the gall-bladder from an edematous bed caused by nausea and vomiting induced by an acute attack of cholecystitis. It was interesting to note that in many of the reported cases the preoperative diagnosis of acute appendicitis was made. There is a leukocytosis with a shift to the left of the differential. The abdominal examination reveals tenderness which is diffuse but fairly localized at McBurney's point. A case of intra abdominal bleeding from a ruptured spleen was likewise diagnosed preoperatively as acute appendicitis. The reason for the right lower quadrant localization of tenderness is not clear.

Aneurysms of the hepatic artery have been reported as fairly common causes of abdominal apoplexy. The mortality in these cases is obviously very high.

This case is reported as bleeding from an extremely rare vessel, to increase the awareness of abdominal apoplexy as the cause of an acute surgical abdomen.

*Saint Joseph's**Pediatric News*

New additions to the staff are Miss Roberta Zederic and Miss Ann Rudedge, recent graduates. We feel very fortunate and happy to welcome them to our staff. News from Gainsville, Florida from Mrs. Nancy Cheng, a former head nurse in the department, tells of her teaching fellowship at the University of Florida. They have bought a home in Gainsville and expect to spend the next three years at the University. Miss Roberta Zederic will become Mrs. Rodney Hansen on Saturday, September 20. Many years of happiness for the couple is wished by every member of the staff. Mrs. Marie Holcomb has been added to the department as a nurses aide. Miss Florence Rehivinkel has returned to the department after a three month's leave of absence. Miss Elizabeth Skube, one of our faithful practical nurses has accepted a civil service position at Madigan Army Hospital. Their gain is surely our loss. A pink and lavender theme was used at the bridal shower held in the department for Miss Zederic.

Sister Martha Joseph has assumed her position as Director of the School of Nursing. Sister is not new at St. Joseph's, having previously served as Medical Clinical Instructor before leaving for further studies at St. Louis University. Sister has recently been granted her M.S. in Nursing Education from that school.

The new class of preclinical students entered the school on September 3.

There are 32 students, one of whom is a male student. They hail from various cities in the States of Washington, California, and Oregon. Welcome "new students." We hope your stay here at St. Joseph's will be profitable and pleasant for you.

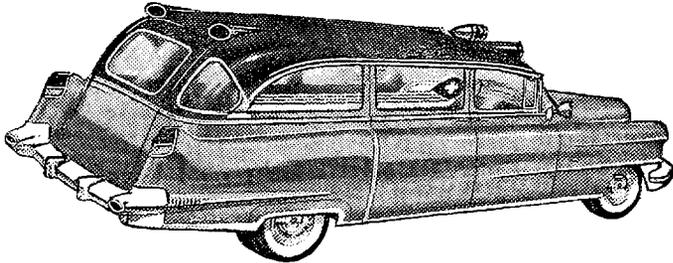
A smorgasbord in the form of a welcoming party was held on the evening of September 3. The new students were escorted to the affair by their "Big Sisters." The table was centered with a massive fruit centerpiece and laden with foods of many varieties. The evening was very pleasant and we know helped to "break the ice" for the newcomers. The senior nurses were seen to linger over their meal and chat away. For many it brought back memories of three years ago. The student body had a free day Thursday, September 18, to attend the Western Washington Fair. It was a "free day" also for the busy instructors who have taught throughout the year.

Sister May Therese is the new Science Instructor replacing Sister Vicorine who previously held that position. The new senior class will return from their vacations on September 28. The fall quarter will begin on September 29. The instructors will be attending the following institutes during September (a) Nursing Care and (b) What to do in Case of Fire.

The Medical Record Department has again started to microfilm. When the ten year period is finished all records up to 1950 will be on microfilm. A number of books are missing from the library. If the whereabouts of any of these books is known please contact Mrs. Olga Mackie, the librarian. The books which are missing include:

Practical Physiology Chemistry, Hawk; A Primer of Electrocardiography, Samson Wright; Applied Physiology, George Burch, Clinical of Hematology 4th Ed., W. M. Myer; Current Surgical Management, Mulholland; Principals and Practices of Obstetrics, Delee, Joseph, and Greenhill; A Method of Anatomy, Grant; Color Atlas of Oral Pathology, U.S.A. Medical School; Peripheral Vascular Diseases 2nd Ed., Allen; Obstetrics 11th Ed., Eastman; and Biochemistry, Cantarow.

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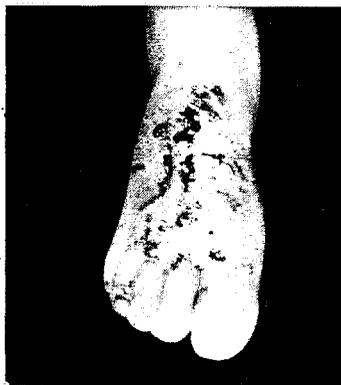
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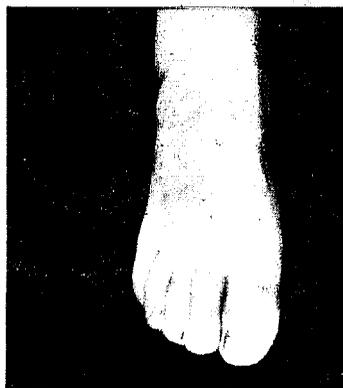
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*Case report and photographs through the courtesy of N. Orentreich, M.D., New York, N.Y.

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	Mrs. John Steele
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at an 11:00 o'clock brunch in the Crystal Ballroom of the Winthrop Hotel. Rhodes will provide the fashions and we will help provide the models—ladies' and children's fashions. Tickets—\$2.50 per—also parties of 6 or more may make reservations ahead of time. Door prizes and Ruth Brooke decorations—what more could you ask for—call for tickets now—SKyline 9-0700.

Convention Comments

Spokane sparkled with lots of Pierce County faces at the annual State convention. The Davenport and the Ridpath hotels were scenes of much medical activity during the four-day meeting. Not all was business, however, lots of dining, dancing, and fun was had by all. Ruth Murphy is the new State Legislative Chairman. At the American Medical Association convention last June in San Francisco the A.M.A. Auxiliary awarded the Puget Sound Rehabilitation Center the outstanding project of the year award—this is our very own Pierce County project.

Summer Summaries

Europe seemed to attract quite a few of our members this past summer—among them were Dr. and Mrs. S. F. Herrmann whose trip you may have read about in the last Bulletin. Also Dr. and Mrs. Walter Cameron returned during the past week from the far shores of the Atlantic. We understand that Helen Kyle took a European jaunt recently.

Dr. and Mrs. Lou Rosenblatt were lured to the chillier climates of Alaska. They took a trailer trip to the 49th state with the whole family. During their stay in Fairbanks, Alaska was officially made a state of the union and we understand pandemonium reigned . . . supreme.

Oregon oceanside vacationers included the Osbornes, the Whitacres, the Petersons, the Murphys, the Vadheims, the Kass's and the Wickstroms.

The Ericksons vacationed at their favorite resort on Orcas Island near the home of Bea Cook of "Til Fish Do Us Part" fame.

One of the most interesting vacations we heard about was taken by the Robert Burts. Bob and Lorna with their two eldest, Betty, 12 and Carolyn, 10, went with the Olympic College Mountaineers on a 15 day pack trip into the Olympic Mountains. Food and equipment were packed in by horses but they had to hike 75 miles over the "high divide" and carry their

(Continued on Page 19)

Tea for you—at Ruth Murphy's, 803 Stadium Way, at 1:00 p.m., Friday, October 17. Our first meeting—and a large turn out of members would be greatly appreciated by all of the gals who work so hard to make these events something special for you. Billie Jean Murphy will introduce as guest artist for the afternoon, Mr. Carl W. Svedberg who will offer several piano selections. Mr. Svedberg who took his musical training at Eastman School of Music, teaches piano in Tacoma.

Chairman for the membership tea will be Mrs. M. J. Wicks. Her co-chairman, Mrs. D. P. Buttorff. Also assisting are Mesdames Sam Adams, B. A. Bader, J. W. Bowen, M. R. Hosie, and W. G. Peterson.

Our new president, Helen Florence, is starting the year off not only with new faces, but also new ideas. She and her executive board will entertain thirty or more new Auxiliary members at a coffee hour in her home before the regular meeting.

Hazel Whitacre wants all of you to remember NOVEMBER—that is Nov. 21. That is the date of the Auxiliary's Fashion Show—Friday

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(Continued from Page 17)

own clothes and sleeping bags. Lorna reports that they had some very interesting companions—about 30 in all—professors, scientists, and a writer from Look Magazine who gave lectures on the geology, astronomy, and plant and wildlife of the Olympic Mountains. Some of the group visited the I.G.Y. scientists up on the snow dome of Mt. Olympus. They also had the Vice-President of Smith, Kline, and French Drug Laboratories and his wife and family on the trip with them. As Lorna related—it was a trip they will long remember.

Etc., Etc., and Etc.

The Stan Tuells have moved into their new home at Brown's Point. . . . The John Flynns entertained in their new Wollochet Bay home. . . . The John Mays welcomed a new son—John, Jr., July 8. John is the third for the Mays—he joined two little sisters.

A really truly surprise shower was given for Mavis Kallsen last August at the Country Club. Keaty Gross and Janny Eshelman were hostesses to about 35 guests who honored the surprised lady-in-waiting. At Bulletin press time Mavis was still a lady-in-waiting.

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Professor Charles F. W. Illingworth

Professor Charles F. W. Illingworth will give the Ninth Annual Alfred A. Strauss lecture sponsored by the Department of Surgery of the University of Washington School of Medicine on Wednesday, November 5, 1958. The lecture will be held in the Auditorium of the Health Sciences Building at 8:15 p.m.

P. E. in the Schools

Most of us have been bothered from time to time with requests from parents to write excuses from Physical Education for their children. Often-times this puts the doctor "on the spot." Many excuses are entirely justifiable for limited periods but a blanket excuse for a whole semester or school year is not desirable.

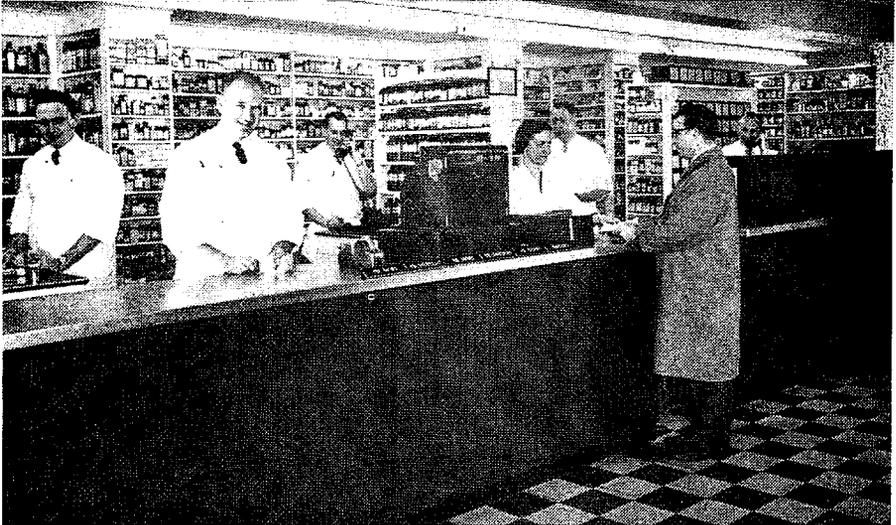
The Physical Education program being a required course by state law is an integral part of the school curriculum and excuses from gym are no more permissible than excuses from one of the academic courses.

Accordingly, the Physical Education department, in cooperation with the School Committee of the Medical Society, has developed a form for this purpose. With this form, a doctor may recommend any limitations of physical activities which he deems advisable.

In the near future you will receive a letter from the schools to this effect, along with a sample of the form described above. It is our urgent request that you study this form carefully and use it when any requests are made for physical training excuses.

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A.H.A. Scientific Sessions To Be Held in October

A total of 90 original scientific papers, selected from over 360 submitted, will be presented at the American Heart Association's 31st Annual Scientific Sessions in San Francisco's Civic Center, Friday, October 24 through Sunday, October 26. In addition, there will be approximately 30 papers read by invited speakers.

Additional interest in the varied program to be presented this year will be provided with an all-day Scientific Session for Clinicians and joint participation in the Scientific Sessions by the American Society for the Study of Arteriosclerosis and the Microcirculatory Conference.

Session for Clinicians

The Session for Clinicians, scheduled for Friday, October 24, under sponsorship of the Council on Clinical Cardiology, will include symposia on "Congenital Heart Disease," "Treatment of Intravascular Clotting," and "Peripheral Arterial Insufficiency." The Clinicians will also discuss such subjects as "Clinical Evaluation of Chlorothiazide," "Traumatic Heart Disease," and "The 'Tough Case' of Bacterial Endocarditis." A panel discussion, "Whats' New in Arrhythmias," will also be held. These sessions have been classified by the American Academy of General Practice as acceptable for credit for Academy members.

Scientific Sessions Schedule

Following is a schedule of other highlights of the three-day Scientific Sessions:

Friday, October 24

Morning: Joint A.S.S.A.-A.H.A. session on genetics; Scientific Sessions under sponsorship of the Heart Association's Councils on Circulation and Cardiovascular Surgery.

Afternoon: Scientific Session sponsored by the Council on Rheumatic Fever and Congenital Heart Disease; Joint Session of the Association's Council on Circulation and the Microcirculatory Conference, with symposia on "Vascular Thrombosis," "Cerebral Circulation," and "Vascular Reactivity."

Evening: Session on "Instrumental Study of the Heart and Circulation."

Saturday, October 25

Morning: General session of Applied Cardiovascular Research; Lewis A. Conner Memorial Lecture by Dr. John H. Gibbon, Jr., Professor of Surgery, Jefferson Medical College, Philadelphia, on "Maintenance of Cardio-Respiratory Functions by Extracorporeal Circulation;" George E. Brown Memorial Lecture by Dr. Lewis Thomas, Professor and Chairman, Department of Medicine, New York University College of Medicine, on the "Role of Hypersen-

sitivity in Cardiovascular Disease;" and several papers on general clinical interest.

Afternoon: Panels on Arteriosclerosis to be presented jointly with the American Society for the Study of Arteriosclerosis.

Sunday, October 26

Morning: Simultaneous Scientific Sessions to be conducted by the Councils on Clinical Cardiology, High Blood Pressure Research, and Basic Science.

Afternoon: A special program designed to interest laymen as well as physicians, "Rewards of Research," arranged by the Council on Community Service and Education, followed by a session on Rheumatic Fever Secondary Prevention Programs, sponsored jointly by the Councils on Rheumatic Fever and Congenital Heart Disease and Community Service and Education, which will cover areas of general interest concerning the scientific basis of prophylaxis, the practical problems of applying this scientific knowledge, and areas still to be explored for further knowledge on this subject.

Evening: American Heart Association's Annual Dinner at the Fairmont Hotel. A medical film program will be shown each day concurrent with the Scientific Sessions. As in previous years, a section of scientific and industrial exhibits will be on view.

Urge Early Registration

Registration and hotel accommodation forms are now available from the Association. As an inducement to early registration all physicians who register prior to the Scientific Sessions will receive an advance complimentary copy of the program booklet containing abstracts of the proceedings. These will be sold for \$1.00 at the meeting.

Social Security Deficit

The Budget Bureau, in its annual midyear review of the federal budget, revives upward from last January and the OASI and disability payments being made. OASI receipts for the last year are now estimated at \$8.35 billion compared with payments of \$9.49 billion. One reason for the rise is a payment of over \$300 million to the railroad retirement account to help equalize the actuarial risk of the two systems. Disability payments, on the other hand, continue below receipts—\$418 million compared with \$957 million estimated to be taken in this year.

The Bureau said that for the rest of this fiscal year receipts and expenditures under social security amendments voted this summer will be about the same. With a further increase in tax rates scheduled for January 1, 1960, the fund should again start accumulating receipts by the end of fiscal 1960.

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1. Shalowitz, M.: Geriatrics 11:312, 1956. 2. Warter, P. J.: J. M. Soc. New Jersey 54:7, 1957. 3. Hutcheon, D. E., et al.: Paper presented at Am. Soc. Pharmacol. & Exper. Therap., Nov. 8-10, 1956, French Lick, Ind. 4. Strub, I. H.: To be published. 5. Individual Case Reports to Medical Dept., Pfizer Laboratories.

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Mine Worker Fund Claims Savings in Medical, Hospital Costs

United Mine Workers Welfare and Retirement Fund's annual report claims a 2.4% or \$1,448,909 savings over the previous year in total cost for hospital and medical care, "notwithstanding the sharp increase in such costs throughout the nation." The report for the fiscal year ending last June 30 frankly states that the savings are due to the elimination of the free-choice-of-physician arrangement and such other procedures as cutting down on stay in hospitals. The report comments:

"The trust fund's official files and records . . . are replete with evidence showing that the primary quality and cost requirements of trust fund regulations were not being met under the previous free-choice-of-physician arrangements whereby the fund had permitted the beneficiary free choice of physician and had paid every physician so chosen for any service he billed the fund, and had allowed him to hospitalize any beneficiary at fund expense whenever and for as long as he desired."

Other report highlights: (1) About 1 million miners and their dependents are covered by the hospital and medical services provided by the fund, and during the past year 85,426 beneficiaries received hospital and medical care benefits, and (2) the fund paid out \$58,135,684 for hospital and medical care which involved 1,458,385 days of hospitalization, 1,311,088 hospital visits by physicians and 969,801 office and out-patient clinic consultations.

Quarterly Legislative Review

The second session of the 85th Congress, beset with space age and other problems and operating in the charged atmosphere of an election year, found time to take up an unusual number of bills of interest to medicine. It passed more than a dozen. Just as notable were two bills that did not pass. While the Forand bill for a hospitalization program under social security failed to clear the House Ways and Means Committee, the committee did order the Department of Health, Education and Welfare to make a thorough study of the problem of financing medical care of the aged, with emphasis on use of social security. Because the report is due by next February 1, the basic issue is almost certain to come to the front again early in the new Congress. Another major issue left hanging was that of tax-deferment on annuities for the self-employed—the Keogh bill. It went through the House by an overwhelming vote and won the support of 32 Senators, two factors that suggest it may be enacted next year.

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Sodium Lactate, Anhydrous	1.35 Gm.
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Pectin, N.F.	0.87 Gm.

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Each 100 cc. contains:

Sodium Chloride, U.S.P.	3.33 Gm.
Potassium Chloride, U.S.P.	2.22 Gm.
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Immunization Information

The immunization service of the Tacoma-Pierce County Health Department is intended for those unable to pay a private physician and is based upon a means test.

At times physicians refer patients to the Health Department for immunization due to the family's inability to pay for the service. Some of these referrals have presented a problem because they have not been written.

In referring patients to the Health Department for immunization, we are requesting physicians to send along a brief statement requesting a specific immunization on a prescription sheet or any other available paper.

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Ferrous Sulfate Exsiccated ... 300 mg.

Ascorbic Acid (C)..... 75 mg.

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Safety . . . from the hemodynamic viewpoint, by lowering the arterial pressure without significantly affecting cardiac output . . .

are but two reasons many physicians find Veratrite the antihypertensive of choice in treating geriatric patients, because it can be safely used in patients who cannot tolerate stronger drugs.

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For Insomnia—0.5 Gm. at bedtime

SUPPLY: Tablets, 0.125 Gm., 0.25 Gm. and 0.5 Gm.

Social Security Changes

At present the U.S. pays \$24 of the first \$30 monthly per recipient of old-age assistance, aid to the blind and aid to the permanently and totally disabled. It also pays half of the remainder up to an individual maximum of \$60 per month.

Under the new law, the U.S. will continue to pay \$24 of the first \$30 monthly, but will increase its contribution toward the remainder (up to an average maximum of \$65) from a flat 50% to between 50% and 65%. All states will be assured of U.S. help of at least 50% in this upper part of the payments, and the states with relatively low per capita income will receive up to 65%.

At present, state receive from the U.S. \$14 of the first \$17 per recipient for aid to dependent children, and half of the remainder up to individual maximums of \$32 each for the first child and needy adult caretaker and \$23 for each additional child.

Under the new system, states will continue to receive \$14 of the first \$17, but the U.S. contribution toward the remainder (up to average maximums of \$30) will be increased to between 50% and 65%, as in the above programs. The exact percentage to which each state is entitled will be determined shortly by Secretary Flemming and published in the Federal Register. (When available, we will carry these figures also.)

"Average" Will Simplify Administration and Help Meet Unusual Needs

The new law provides a different and simpler system for calculating the total public assistance money to which states are entitled. Now to determine the amount subject to Federal matching, each monthly payment must be examined to determine the amount, if any, by which it exceeds individual maximums. Now persons with unusual needs and/or limited resources often get less than they need because of maximums on individual payments.

Under the new plan the maximum amount subject to Federal matching will be determined by multiplying \$65 by the total number of recipient in the adult categories and \$30 by the total number of recipients of aid to dependent children (providing states match up to the maximum). Within these total amounts the Federal share will be 4/5 of the first \$30 per recipient in the adult categories and 14/17 of the first \$17 in aid to dependent children;

and in the balance of the payments the Federal share will be 50% to 65% depending upon a state's per capita income.

Some states will benefit financially only through the averaging feature, some will benefit from raising the Federal share of the second part of the payment and some will benefit from both of these features.

Changes in Method of Receiving and Spending Medical Care Funds

At present, the U.S. offers states \$3 per month per adult public assistance case for medical care costs, providing the states match this money 50-50, and \$1.50 per month per child, with the same matching requirement. This money, which is over and above the individual maximums (\$60 for adult categories and \$32-\$32-\$23 in aid to dependent children), must be used for vendor payments, i.e., paid directly to doctors, hospitals, pharmacists, dentists, etc. In addition, the states can give the recipients money for their medical costs within the individual maximums.

A number of states have found that under this arrangement they have not been able to take advantage of all the Federal funds available under both the vendor payments and the money payment (to recipients) parts of the Federal sharing formula. Furthermore, the recipient, not the state, was responsible for paying the medical bills.

Under the new system, the concept of a separate accounting of medical care funds is eliminated. The \$65 and \$30 per month will be for medical care and all other expenses, such as housing and food, and the states may use any part of these funds to pay doctor and hospital bills. Furthermore, states may pay the money directly to vendors of medical care, they may pay it to the recipients with the understanding it is intended for the vendors, or they may pool the funds, for broad, state-wide programs of medical care.

Explaining this change, the Social Security Administration declares:

"The new federal matching limitation of \$65 on total average expenditures will cover both money payments to recipients and payments for medical care on their behalf. Presently, payments to physicians, hospitals and other suppliers of medical care are financed separately from money payments to recipients."



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Current Concepts in Therapy: Sedative-Hypnotic Drugs II. Chloral Hydrate. New England J. Med. 256: 706 (Oct. 11) 1959.

Adults: 1 or 2 7½ gr. capsules or 1 or 2 teaspoonfuls of Noctec Solution 15 to 30 minutes before bedtime.

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A.C.P.M.R. News Notes

The American Congress of Physical Medicine and Rehabilitation is pleased to announce the election of the following officers for 1958-59:

- Arthur C. Jones, M.D., Portland, Ore.,
President
- Frederic J. Kottke, M.D., Minneapolis,
President-Elect
- Donald A. Covalt, M.D., New York, First
Vice-President
- Donald J. Erickson, M.D., Rochester, Minn.,
Second Vice-President
- Jerome S. Tobis, M.D., New York, Third
Vice-President
- Louis B. Newman, M.D., Chicago, Fourth
Vice-President
- Charles D. Shields, M.D., Washington, D.C.,
Fifth Vice-President
- Frances Baker, M.D., San Mateo, Calif.,
Secretary
- Frank H. Krusen, M.D., Rochester, Minn.,
Treasurer
- Walter J. Zeiter, M.D., Cleveland, Executive
Director
- Dorothea C. Augustin, Chicago, Executive
Secretary

At the annual session of the American Congress of Physical Medicine and Rehabilitation in Philadelphia, the following presentations were made:

Gold Key Award

Doctors Howard A. Rusk, Professor and Chairman at the Institute of Physical Medicine and Rehabilitation, New York University-Bellevue Medical Center, New York City, and Arthur L. Watkins, Medical Director of the Department of Physical Medicine at Massachusetts General Hospital, Boston, were awarded the Gold Key of the American Congress of Physical Medicine and Rehabilitation for outstanding services in the field of physical medicine and rehabilitation.

Scientific Exhibit Awards

First Award—Gold Medal: Willis C. Beasley, Ph.D., Bethesda, Md., was presented the Gold Medal for his scientific exhibit, "Ontogenetics and Biomechanics of Ankle Plantae Flexion Forces."

Second Award—Silver Medal: The Silver Medal was presented for the scientific exhibit, "The Sequence of Action of the Diaphragm and Intercostal Muscles During Respiration," to Doctor George H. Koepke, Ann Arbor, Michigan, on behalf of himself and his co-sponsors, Doctors James W. Rae, Jr. and David G. Dickinson.

Third Award—Bronze Medal: Doctors Frank J. Schaffer and A. B. C. Knudson of Washington, D.C. were awarded the Bronze Medal for the scientific exhibit, "Rehabilitation of the Quadriplegic Patient."

Honorable Mention: Doctors Meyer A. Perlstein, Harry Elam, and Marcos Turner, Chicago, received honorable mention for their scientific exhibit, "Control of Seizures and Hypertonus." Also, honorable mention was awarded the scientific exhibit, "Strike Back at Stroke: Early Mobilization of the Stroke Patient," sponsored by Paul Q. Peterson, M.D.; S. D. Pomrinse, M.D.; and Bernard D. Daitz, Ph.D., Washington, D.C.

Essay Award

The American Congress of Physical Medicine and Rehabilitation conducts an annual essay contest and also sponsors the Bernard M. Baruch Essay Award. These contests are open to medical students and students in the field of physical medicine and rehabilitation. Awards are presented to persons submitting essays on any subject in the field of physical medicine and rehabilitation who have been selected by the Congress Committee on Essay Award as the prize winners.

At its annual meeting in Philadelphia, the American Congress of Physical Medicine and Rehabilitation announced the presentation of the award for the best essay in the field of physical medicine and rehabilitation by a graduate medical student to Doctor Michael Kosiak, who at present is an instructor at the University of Minnesota Medical School Department of Physical Medicine and Rehabilitation, Minneapolis. His contribution was entitled "The Pathology of Ischemic Ulcers." Technical assistance on this work was offered by W. G. Kubicek, Ph.D.; Mildred Olson, B.S.; Jean N. Danz, B.S., O.T.R.; and F. J. Kottke, M.D.

Special Professional Directory

The Tacoma Junior Women's Club, in cooperation with the Tacoma-Pierce County Association for Mental Health, will sponsor the publication of a special professional directory on services to the emotionally disturbed as their fall project.

The special directory will be made available to physicians, clergymen and attorneys in order that early referrals may be made to the proper social agency, private practitioner or other psychiatric service required by clients. It will list local resources in the Tacoma area.

Appointed to act as chairman of this project by Mrs. Richard Johnson, president, was Mrs. Clement P. Gurko, Mental Health Chairman, a sub-committee of the Civic Affairs Committee, under the chairmanship of Mrs. Orey Rush.

The directory will be put out in mimeographed form in the initial copy in order to allow for changes and additions to be incorporated in a future printed publication for professional use.

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Next Meeting

Tuesday, October 14

**Program Outlined For Joint
A.S.A.-A.H.A. Sessions**

A program which includes a symposium on "Genetic Factors in Cardiovascular Disease," and panels on the subject of arteriosclerosis will be presented jointly by the American Society for the Study of Arteriosclerosis and the American Heart Association at the A.H.A. Scientific Sessions in San Francisco, October 24-26. This year for the first time the American Society for the Study of Arteriosclerosis is holding its Annual Meeting to coincide with the American Heart Association's Scientific Sessions.

The joint A.S.A.-A.H.A. program opens Friday morning, October 24 with a symposium, "Genetic Factors in Cardiovascular Disease," Dr. Victor A. McKusick, Baltimore, and Dr. David Adlersberg, New York, Chairmen. Ses-

sions on the following subjects will be included: "Hypertension," with Sir George Pickering, Oxford, England, Dr. Caroline B. Thomas, Baltimore, and Dr. Bouglas R. Drury, Los Angeles participating; "Atherosclerosis," with Dr. Arthur G. Steinberg, Cleveland, Dr. Frederick H. Epstein, Ann Arbor, Mich., and Dr. Richard H. Osborne, New York; "Rheumatic Fever," with Dr. May G. Wilson, New York and Dr. Paul A. Lembecke, Los Angeles; and "Congenital Malformations," with Dr. Catherine A. Neill, Baltimore and Dr. McKusick. Discussion will be opened by Dr. Antonio Ciocco, Pittsburgh.

Panels will be held on Saturday afternoon, October 25, on "Emotional Factors in Atherosclerosis," with Dr. Louis N. Katz, Chicago, Moderator; and "Hypertension and Atherosclerosis," to be moderated by Dr. A. C. Corcoran, Cleveland.

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Riboflavin (B ₂)	10 mg.	Folic Acid	1.5 mg.
Niacinamide	100 mg.	Calcium Pantothenate	20 mg.
Ascorbic Acid (C)	300 mg.	Vitamin K (Menadione)	2 mg.
Pyridoxine HCl (B ₆)	2 mg.	<i>Average dose: 1-2 capsules daily.</i>	



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Tacoma 2, Washington

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MONTHLY MEETINGS

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the Month—8:15 p.m.

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept. and Dec.—7:15 a.m.
at Scotty's Cafe

PIERCE COUNTY PEDIATRIC SOCIETY

First Friday of Each Month, Except June, July and August.

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Tuesday of each month—8:30 p.m.

Board Room of Pierce County Medical Society

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Building

TACOMA ACADEMY OF GENERAL PRACTICE

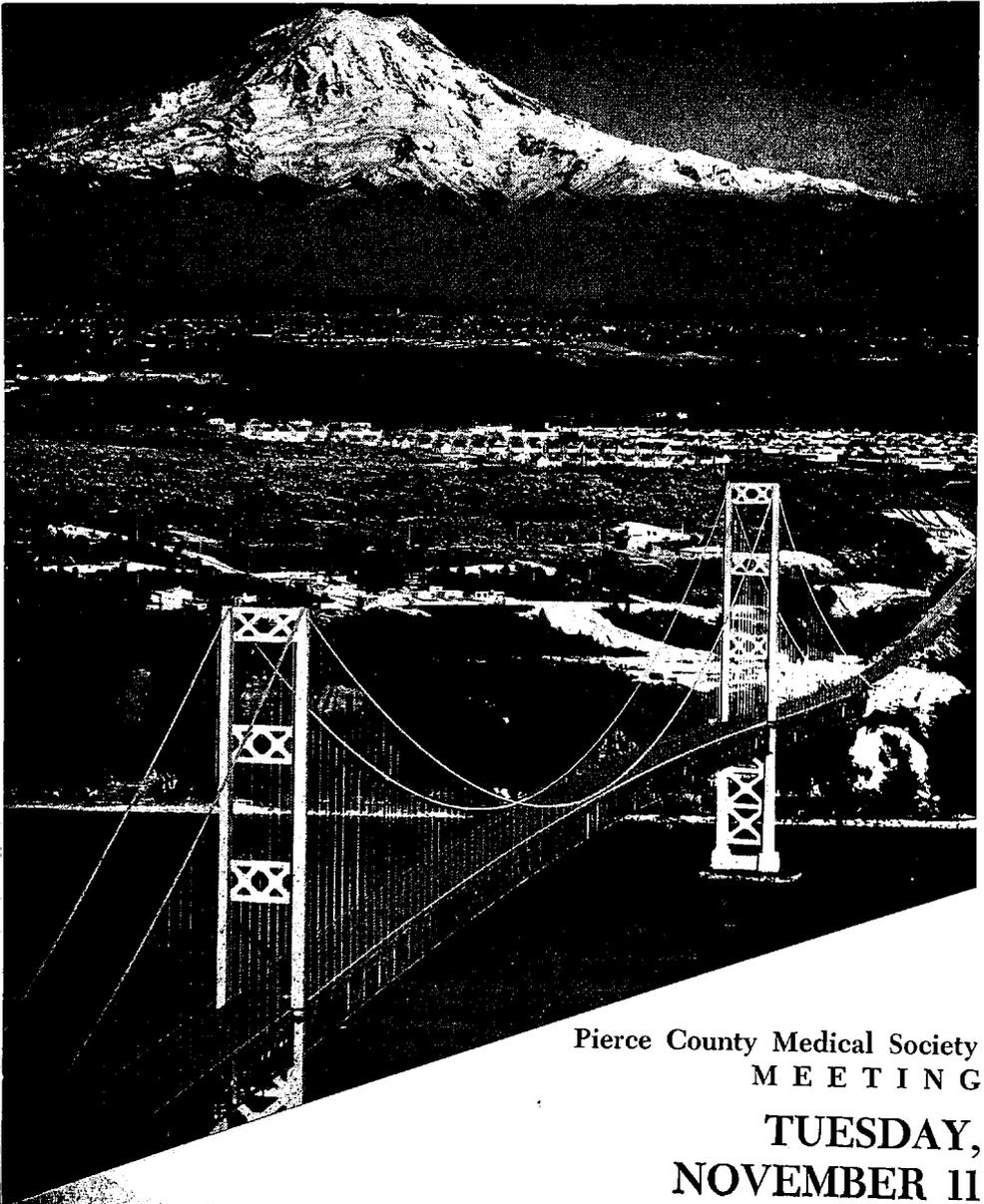
Fourth Wednesday of each month except June, July and
August—6:30 p.m. at Honan's

The **BULLETIN** *of the*
PIERCE COUNTY MEDICAL SOCIETY

VOL. XXX—No. 2

TACOMA, WASH.

NOVEMBER - 1958



Pierce County Medical Society
MEETING
TUESDAY,
NOVEMBER 11

Pierce County Medical Society

1958

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 President-Elect..... J. W. Bowen, Jr.
 Vice-President..... Chris C. Reynolds
 Secretary-Treasurer..... Arnold J. Herrmann
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 Arnold J. Herrmann..... Wayne W. Zimmerman

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 Arnold J. Herrmann..... Frank Maddison

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 Murray L. Johnson..... Don G. Willard
 Wendell G. Peterson..... Wayne W. Zimmerman

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 Auxiliary News Editor..... Mrs. Arnold Herrmann



Happy Birthday

November

- 1 CHARLES E. KEMP
- 3 J. HUGH KALKUS
- GEORGE MOOSEY
- 5 WILLIAM C. BROWN
- 6 SHERMAN S. PINTO
- 8 WAYNE ZIMMERMAN
- 9 BERNICE HAZEN
- 11 KENNETH STURDEVANT
- 13 DALE DOHERTY
- PAUL GERSTMANN
- 14 THOMAS H. CLARK
- 16 GALEN HOOVER
- 17 T. R. HALEY
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- 20 JOSEPH A. BENSON
- 22 JOHN SHAW
- 24 DALE HADFIELD
- 25 WILLIAM McPHEE
- 26 T. R. SMITH
- 28 EDWARD EYLANDER
- 29 JOHN COLEN
- WILLIAM RADEMAKER
- 30 THOMAS SMEALL

NOTICE

Check back page of Bulletin for calendar
 of special meetings

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Ascorbic Acid	200 mg.
Pyridoxine Hydrochloride	5 mg.
d-Calcium Pantothenate	20 mg.
Vitamin B ₁₂ activity concentrate	5 mcg.

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PIERCE COUNTY MEDICAL SOCIETY

Tuesday, November 11

MEDICAL ARTS BUILDING AUDITORIUM

MOVIE . . .

**“RECOGNITION AND MANAGEMENT
OF RESPIRATORY ACIDOSIS”—7:30**

DISCUSSION: RICHARD F. BARRONIAN, M.D.

PROGRAM—8:15

BELDING H. SCRIBNER, M.D.

of the University of Washington School of Medicine
Department of Medicine

**“MANAGEMENT OF ACUTE
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* * *

A no-host social hour and dinner will precede the meeting

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Dinner: 6:30

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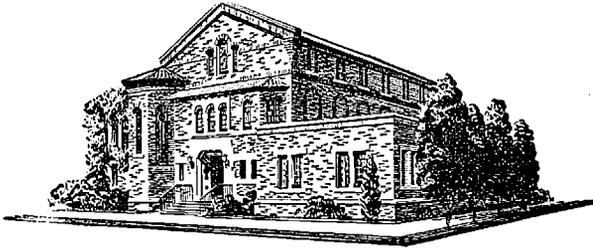
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HOSPITALS . . .

St. Joseph's

On October 18, 1958 the Catholic Physicians and associated professions of Pierce County celebrated the feast of St. Luke our patron saint at Sacred Heart Church.

This was the first annual "White Mass". Father Kelley, our moderator, celebrated the mass and preached the sermon. The students of Sacred Heart sang during the mass.

The students of St. Joseph's Hospital assisted in the registration and attended mass in the body. At the registration — nurses, nurses aides, laboratory technicians, x-ray technicians, pharmacists, drug salesmen, and all associated professions of medicine registered.

Everyone that attended was pleased with the wonderful turnout and hope it will be an annual event in the future.

Mrs. Hanson and Miss Rutledge of our Pediatric staff are among the group of young graduates who took state boards on October 20 and 21 in Seattle. Our prayers were with them during this very important and trying time.

Miss Ann Rutledge will become Mrs. Buchanan on Nov. 8. The staff in pediatrics held a miscellaneous shower for her on Thursday, October 23. Many very useful gifts for her new home were received.

Our best wishes for a long and happy wedded life are extended to the young couple.

Mrs. Mary Bricker has just moved to her new address on 1126 North Prospect.

We welcome members of the Lincoln High School Future Nurses Group who are helping feed and amuse patients after school hours as their project for this year.

Students from the School of Nursing played an active part in the Catholic Hospital Association convention which was held in the M.S. Clinic on October 14. Many served as ushers and on committees for social aspect of the convention.

Senior students had a taste of living out during the convention, it will not be many months before they will be on their own commuting to work daily.

Members of the Student Body assisted at the "White Mass" sponsored by the Catholic Doctors at Sacred Heart Church on Saturday, October 18. It was a beautiful mass and the sermon by Father Kelley was a real inspiration to all who heard it. We are sin-

cerely grateful to have been a part of this very worthwhile first endeavor of this Catholic group.

Sr. Martha Joseph and Sr. Anthony Con-silia have just returned from Spokane where they were delegates to the State Convention of the League of Nursing of Washington State. The theme of the convention was "Evaluation a Continuous Process."

Doctor's

Your reporter would like to deviate from the usual pattern followed by the Doctors Hospital in reporting news. Previously we have attempted to report only those things which pertain to the clinical and professional aspects of the hospital. We are sure that occasionally the physicians of Pierce County would be interested in some of those who serve in the non-professional areas of the organization.

Mrs. May Bates, Private Billing Supervisor; Mrs. Helen Bowman, Secretary to the Administrator, and Mrs. Florence Macomber, Record Librarian, are attending the class on Medical Terminology sponsored by the Tacoma Vocational School and taught by Mrs. Ann March, Registered Record Librarian of Mary Bridge Children's Hospital. This is the second year Mrs. March has conducted this class. Each succeeding year the attendance has been steadily improving which evidences a willingness of office personnel to improve their understanding of the work they are doing.

Others in the office have availed themselves of the workshop here in conjunction with the recent convention of the Washington State Hospital Association. Mrs. Ruth Larkins, Group Billing and Mrs. May Bates, Private Billing, recently attended an all day workshop sponsored by the Blue Cross Association of Washington, pertaining to improvement of billing procedures by Blue Cross. They also will attend a conference to be held next month at the Winthrop Hotel sponsored by Blue Cross to cover recent changes in the Medicare Program.

The newest addition to the staff of the office is Miss Judy Martin, Switchboard Operator. Miss Martin replaces Mrs. Van Pelt who left recently to return to her hus-

(Continued on Page 11)

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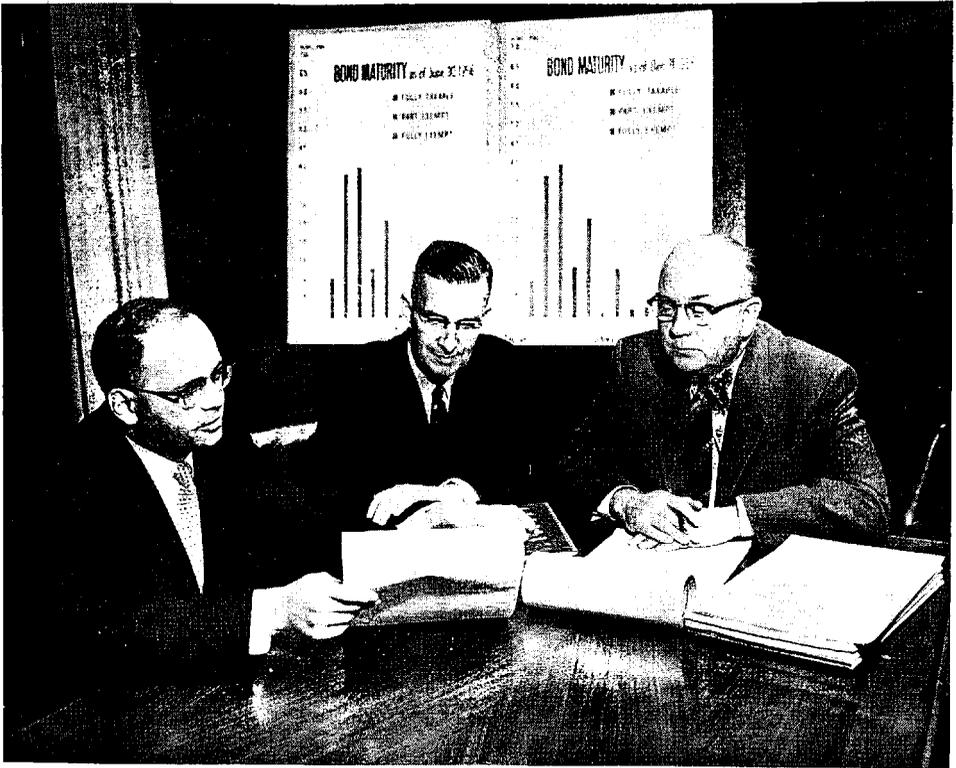
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*(Continued from Page 7)***Pierce County**

band's home in North Carolina. Miss Martin is a local girl, having attended high school and college in Tacoma and comes to us highly recommended. Her desire to serve in the hospital field and her sunny disposition will be a valuable asset to our organization.

Mr. Kenneth Trimble, Purchasing Agent of The Doctors Hospital of Tacoma, has received additional honors in being made Business and Circulation Manager of "Footnotes," the magazine of the Square and Folk Dance Federation of Washington. Mr. Trimble is immediate past president of the Rainier Council of the Federation having completed his term of office a few months ago.

Tacoma General

The UGN drive at Tacoma General Hospital concluded with final reports at lunch time in the Cafeteria. Hugh Owens, chairman of the drive, was master of ceremonies with Jerry Miller supplying special accordion music. Sixteen departments reported 100% participation and the total amount collected was very gratifying.

Dr. Herman Ansingh arrived on October 1, to begin one year's internship. Dr. Ansingh comes from Leiden University in Holland. He is married and has two children. He plans to become an American citizen and live permanently in the United States.

Word has been received that two graduates of the Tacoma General Hospital School of Medical Technology have passed the certification examination of the National Registry of Medical Technologists. They are Dagnij Keire and Joan Lane Miller.

On October 14, Dr. John Bonica left for Atlanta, Georgia, to present a paper before the Georgia Academy of General Practice. On October 16 and 17 he was in Toronto, Ontario, where he spoke before the Academy of Anesthesiology at their annual meeting. After this, Dr. and Mrs. Bonica had one week's vacation in Barbados, B.W.I. Their next destination was Caracas, Venezuela, where Dr. Bonica held a post-graduate course in anesthesiology at the University Hospital of Caracas from October 28 to November 6.

Rooms 219 and 220 have been opened for patients, adding five beds to the surgical floor. These rooms occupy the space where Central Supply was formerly located.

Mrs. Margaret Williamson, head of Social Service, has returned from a most delightful vacation with friends in the Canadian Rockies, and various other interesting places. The group motored through the Coeur d'Alene country, vacationed four days at Banff, visited Calgary, Glacier Park, Waterton, and Yellowstone National Park, to mention some of the more outstanding spots. To make these fabulous vacation areas more wonderful was the great amount of fresh snow which enhanced the breathtaking beauty of the mountainous regions. All in all the travellers visited seven National Parks and crossed the Great Divide six times.

A visitor to the hospital recently was Dr. John F. Kemman, a former intern at this hospital. Dr. Kemman has completed his military service and will join Dr. John Kanda in practice at Sumner, Washington.

Another always welcome visitor was Mrs. Hazel MacMayburn, former librarian at Pierce County Hospital for many years. Mrs. MacMayburn left October 14 on her long anticipated journey to Mexico. Enroute she will visit in Sacramento and Stockton, California, Phoenix, Arizona. But her destination is Guadalajara, Jalisco, Mexico, where she plans to live with a native Mexican family and learn the real customs of our southern neighbors first hand. Hazel has become proficient in the Spanish language, and has been an ardent student of Mexican conditions for many years. She will stay at least six months in Mexico.

Hospital friends of Beverley Hershey, daughter of Mr. Don Burdick (Louise Hershey Burdick) of Social Service have read with interest the accounts which Beverley sends about her European jaunt. She flew to London in September, and so far has visited in England, Holland, France and Belgium. She will return in November with reports of the other interesting spots she plans to see.

A most welcome newcomer is Shaun Cornell Boisen, born on September 21, 1958 to Dr. and Mrs. Elliott G. Boisen. At birth, Shaun weighed 10 pounds, 12½ ounces, and was 23 inches long, so he promises to be a fine figure of a man like his father, who is one of this year's interns. Congratulations also go to the grandparents, Mr. John P. Boisen of Minden, Nebraska, and to Mrs. Nora Claycomb of Sidney, Nebraska.

(Continued on Page 13)

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(Continued from Page 11)

Another beautiful baby boy, Daniel Gary Bias, son of Dr. and Mrs. Robert Bias, was born on September 24. He weighed 8 pounds even, and was 21 inches long. The proud parents report that he has been a little gentleman ever since he arrived. Sharing the happiness of Daniel Gary's arrival are the maternal grandparents, Mr. and Mrs. William Jeffries of Des Moines, Iowa and a paternal grandparent, Mrs. Hazel Bias of Powersite, Missouri. Dr. Bias is also one of this year's interns.

A farewell party was given Mrs. Marlene Nelson, valued secretary to Mr. Patterson in the Purchasing department. At the coffee hour in her honor she was presented with a beautiful sweater and a cash present. Marlene expects to devote her entire time to home making. Her position has been filled by Marian Daley.

Beverley Vergowe is a new member of the Record Library Department, and Judith Ann Dilley, a former employee, has returned to her duties, also in that department.

Dr. John Whitaker and Dr. C. R. McColl motored to Priest Lake, Idaho, to attend the Pathologists' Meeting held there during the

first week in October. A busy session with "no time for fishing" was reported by Dr. Whitaker.

A new member of the Laboratory department is Carol Singleton, a registered technician from Waukegan, Illinois. She received her B.S. degree from Hamline University, St. Paul, Minnesota, in June, 1957, and served her internship at St. Theresa Hospital School of Medical Technology in Waukegan, during 1957 and 1958. In June, 1957, Carol became the bride of Robert Singleton, who is presently a senior in Education at Pacific Lutheran College.

The entire personnel of Pierce County Hospital extends deep sympathy to Dr. Richard Otteman, one of the interns, on the tragic death of his father early in October. Mr. Otteman, while on a fishing trip, gave his life in a heroic effort to save his son-in-law, who was also drowned.

One of the most thriving organizations is the Puget Sound Chapter of the National Executive Housekeepers Association. The president of this chapter is Alice Cain, currently housekeeper at the Veterans' Hospital, American Lake, and for many years housekeeper at Pierce County Hospital. The treasurer is Nelle Sater, the present housekeeper of Pierce County Hospital. Among interests noted concerning the Puget Sound Chapter are a large meeting October 9 at American Lake Hospital when Mr. Borders, chief of personnel, was guest speaker and a Bingo party announced for November 7, to be held at the New Washington Hotel in Seattle. Also it is reported that the Hospital and Hotel Housekeeping Institute sponsored by the National Executive Association's Puget Sound Chapter and the School of Home Economics, University of Washington, will be held November 14 and 15 at the University of Washington. Of great interest is the word that four students have enrolled for the Executive Housekeeping course at the University of Washington.

Also from the Housekeeping department comes the following: Bia Brown has just returned from Missoula, Montana, where she was called by the sudden death of her mother. Paul Duncan is a new replacement member of the housekeeping department. Nelle Satter and Letha Munsee, housekeeper and assistant housekeeper, respectively, attended the Emergency Patient Evacuation and Fire Control Institute sponsored by the Washington State Hospital Association. This most instructive institute was held at Wellman's in Tacoma.

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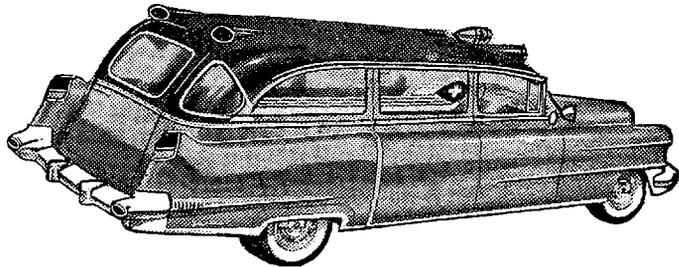
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1958-59

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Game Night	Mrs. T. B. Murphy
Community Council	Mrs. John Steele
City Council	Mrs. Wm. Goering

"Music hath charms . . ."—so wrote a fellow by the name of James Brameston. James' theory must be correct—for the program of music (or something) at the last Auxiliary meeting charmed about 85 members to Ruth Murphy's home for the yearly membership tea. We understand that tea, cookies, program, etc., made for a very satisfying meeting.

If the last meeting were "satisfying" the next meeting should, at the very least, be intriguing. It will be a luncheon—12:30 p.m.—Friday, November 14 at the home of the Max Thomas, 11108 Meadow Road, S.W. The program, arranged for by Adele Durkin, has the "intriguing" title—"Your Bonnet With All the Hazards on It." Adele is our Safety Chairman, so naturally this will be a general safety program. This theme seems much more original for a November meeting, especially this November, than say, "Ballots and Bullets." It seems Adele, along with several other Auxiliary members, has been designing appropriate hats to carry out the program theme.

The hats will also be modeled by our members along with running(?) commentary. Helping Adele (Mr. John) Durkin with these cranial creations were—Helen Florence, Donna Ferguson, Jeanne Judd, Beth Pratt, Ruth Murphy and Dorothy Maier. Chairman of the luncheon is Mrs. Dale Doherty with Mrs. Michael Irvin as her co-chairman. Assisting will be Mesdames Robert Crabill, George Kittredge, Harold Johnston, Leon Thomas, and Lawrence Skinner.

Thisa and Thata

The national president of the Women's Medical Auxiliary, Mrs. E. A. Underwood, has asked *all* Auxiliary members to keep a record of all the hours they spend on voluntary community service such as P.T.A., Girl Scouts, Cubs, Brownies, Cancer, Heart, etc. You will give this information to the telephone committee when they call about the Auxiliary meetings. No, you're not getting paid, just a survey!

Information from the State Auxiliary has just been made public on the State Future Nurses' Clubs. There are now 25 of these clubs organize in Washington—NINE—9 of which are in Pierce County.

Keep up with your sister Auxiliary members all over the country—subscribe to the National Bulletin—only \$1.00. Call Pat Crabill at JU 8-0558.

Marjorie Nace, we understand, is looking around for some worthwhile project or institution to benefit from the Christmas party money. It should be "childreny" to quote Marjorie, if you have any ideas call her.

Ruth Brooke, Auxiliary chairman for the Washington Division of the American Cancer Association, recently attended a two day meeting of the group in Seattle at the Olympic Hotel. She reports that Dr. Charles Larson was elected president of the state organization. It was stressed by experts attending these meetings that all women—especially doctor's wives—have a Papanicolaou (Pap) smear. With this test they predict a 100 per cent cure in cancer of the cervix.

Ambassador Doris Kunz will travel to Alaska in the very near future where she will represent the Tacoma Women's Clubs.

(Continued on Page 17)

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(Continued from Page 15)

Speaking of Alaska, the new state will be the theme for our up and coming fashion show, to be held Friday, November 21 at the Winthrop Hotel. "A New Star In Fashion" is the title and it is to commemorate the admission of the 49th state. Hazel Whitacre, Ruth Brooke, et al are working like mad to complete plans for this fabulous fashion show. The fashion show will be preceded by a brunch at 11:00 a.m. in the Bay View Room, formerly the Wedgewood Room. The show itself will take place in the newly, beautifully decorated Crystal Ballroom. Our girls promise us all sorts of surprises and door prizes. Chances for the door prizes may be purchased for 35 cents each or 3 for \$1.00. For the surprises—you'll just have to be there in person. The show will feature fashions for women, children and dogs. Auxiliary members along with Rhodes personnel will do the modeling. Didn't know the Doctor's dogs were organized!

The score is now even at the Kallsen residence—two and two. Two boys and two girls, Ronald born October 1, evened the score and we'll bet he's glad.

Bones will be featured this month in Portland when the Pacific Coast Orthopedists meet. Attending from our county will be the Florences, Goerings, Murrays, and Dumont Staatz's.

Recent hospitalees were Jeanne Judd, Marge Cameron, Sandy Rosenblatt, and Jean Gibson. Hope all are back home by now and rapidly recovering.

Second Work Simplification Course Completed

The second of three "Work Simplification" courses sponsored by the Pierce County Branch of the Heart Association has just been completed at the Puget Sound Rehabilitation Center, Mrs. Edna Backup, medical director, announced.

Seventeen local housewives were enrolled in the four morning sessions which were conducted by the Occupational and Physical Therapists at the Center.

A similar course will be scheduled shortly after the first of the year, Mrs. Backup said. The "Work Simplification" course is open not only to the disabled, but to all housewives interested in learning methods of eliminating unnecessary wear and tear from their daily household routines.

Report on Last Session's Legislation Now Available

The Washington Office of the American Medical Association has prepared a 32-page SPECIAL REPORT giving the essential information on all medical legislation introduced in the last (85th) Congress. The report contains a listing of the 19 major bills enacted, the bill numbers and the public law numbers. It has a page index of all the 704 bills followed by the Office, an index by subjects, a description of each bill and what action, if any, was taken on it by Congress.

Because our last QUARTERLY LEGISLATIVE REVIEW was published after the adjournment of Congress, and contained final information on all major bills, the detailed report is not being sent to the mailing list for the AMA WASHINGTON LETTER. However, a copy will be mailed to anyone requesting it. Write to the AMA Washington Office, ask for SPECIAL REPORT 85-14.

The SPECIAL REPORT notes that in the past year the American Medical Association was fortunate in its legislative work. It supported most of the 19 major bills passed by Congress, and not a single major bill opposed by the Association became law.

Speakers Bureau

Speakers Bureau has provided 52 Doctor Speakers from August of 1957 until the present date.

The majority of pre-requests for speakers came from the Pre-school and P.-T.A. groups. The Washington Association for Retarded Children, Licensed Practical Nurses Association, Stadium High, Calorie Counters Club, Men's Club at churches, Service Clubs, Woman's Club, Alpha Phi Alumnae Group, Woman's Nursery Club, Plumbers and Steam Fitters Union, Orthopedic groups, Pierce County Association for Mental Health were among the organizations that requested and had Physician speakers.

The Bureau also worked closely with the Heart Association and Cancer Society in helping them find speakers for their programs.

Pediatricians, general practitioners, surgeons, neurologists, psychiatrists, gynecologists and internists all offered their services willingly.

—Dorothy Grenley

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REFERENCES: 1. Carlozzi, M.: *Ant. Med. & Clin. Therapy* 5:146 (Feb.) 1958. 2. Welch, H., Wright, W. W. and Staffa, A. W.: *Ant. Med. & Clin. Therapy* 5:52 (Jan.) 1958. 3. Marlow, A. A., and Bartlett, G. R.: *Glucosamine and Leukemia. Proc. Soc. Exp. Biol. & Med.* 84:41 (June) 1958. 4. Shalowitz, M.: *Clin. Rev.* 1:25 (April) 1958. 5. Nathan, L. A.: *Arch. Pediat.* 75:25 (May) 1958. 6. Cornbleet, T.; Chesrow, E., and Barsky, S.: *Ant. Med. & Clin. Therapy* 5:328 (May) 1958. 7. Stone, M. L.; Sedlis, A., Bamford, J., and Bradley, W.: *Ant. Med. & Clin. Therapy* 5:322 (May) 1958. 8. Harris, H.: *Clin. Rev.* 1:15 (July) 1958.

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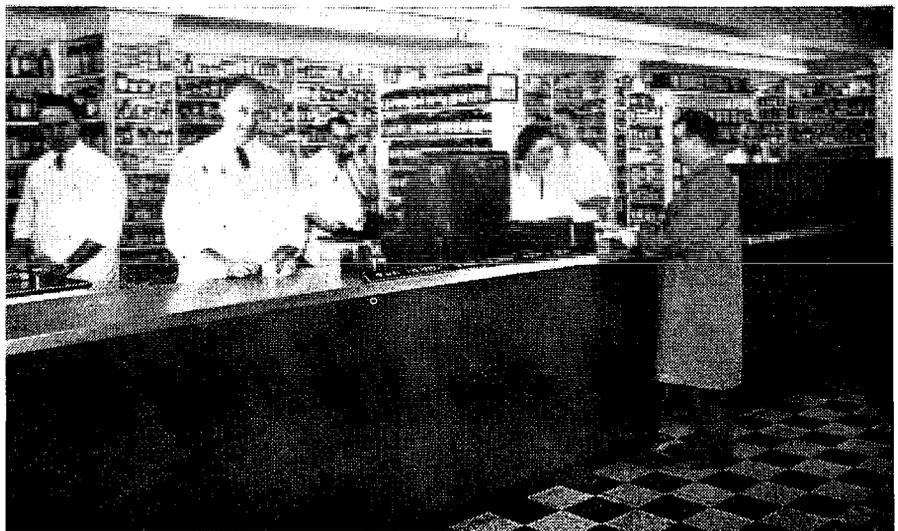
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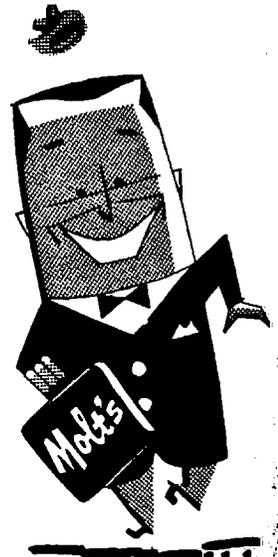
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Field Trip . . . Alaska

Everyone who takes a trip that is the least bit unusual writes a book. So here is ours. This being our second three week trip to Alaska, we are now authorities. Our trips usually have a purpose behind them. For Murray it was presenting a paper at the Ninth Alaska Science Conference which was held in the University of Alaska in Fairbanks. I might have been trying to avoid the confusion of getting the children back to school. We left the day before the current school year.

We flew Alaska Airlines from Sea-Tac direct to Fairbanks. Fortunately the weather was clear and visibility good even for passengers. Much of this interior portion of Alaska when viewed from aloft is a series of lakes with few roads or settlements. At this season of the year the treeless mountains are a deep purplish red. This color, we later learned, was due to the abundance of blueberry bushes. Some of the higher peaks had already had their first snowfall.

In Fairbanks we were met by the University of Alaska Science Conference representatives and driven to the University. In the summer it is necessary to go through the town of Fairbanks and cross the Chena River on the bridge; but in winter there is a natural ice bridge which is a more direct way to get to the University from the airport. Rumor has it however, that this ice bridge is traversed beyond the safe period of thawing. Eventually a car goes through the ice after which everyone will resume driving through the town.

The university is a small but growing institution with a number of modern new buildings that would be the envy of many university presidents. We were billeted in McIntosh Hall, a new dorm for men. (School was not yet in session.) These quarters were attractively and adequately furnished and should be a pleasure for their lodgers this fall. There was a large new dorm for women completed, and what appeared to be apartments for married couples were being erected. Landscaping was being done at the same time, and many of the buildings already had a profusion of flowers. The climate dry and lawn sprinkling a daily necessity. I saw more fully bearded men on the campus than I have ever seen.

Fairbanks is a frontier type town. The saloons on the main street have swinging doors from which the odor of beer and

wine wafted out so strongly I felt I could get a secondhand hangover. There were quite a few Indians on the street. Four or five of the buildings were tall and/or modern, but most were small and outdated.

We attended the meeting for four days and then headed north to Fort Yukon on the Arctic Circle via a twin engined Beechcraft. This was an interesting hour flight.

Our baggage of approximately six or seven pieces, three of which were large sized duffel bags, loomed as problems during our entire journey. All of this gear was necessary as Murray was collecting specimens of small mammals and gathering blood samples for a study of serum protein electrophoresis. Included in this paraphernalia were hip and hiking boots for each, sleeping bags, air mattresses, rough and ready clothes, besides presentable clothing for attending the meeting. Each change of location necessitated handling of all this gear and probably accounts for Murray's looking so fit now.

Fort Yukon is located on the convergence of the Yukon and Porcupine rivers in flat terrain. Three church groups have missions here, the Episcopalian being most active. Their church has a clinic with resident doctor and nurse, and religious education classes are held in conjunction with the territorial school.

The river is used as a highway in the summer with flat bottomed outboard motor boats as transportation, and large river barges or tugs for heavy equipment. The river freezes over in the winter; and the last barge of the season was being loaded during our visit. Dog teams and sleds are used in the winter. There are a few cars and trucks in the town for use on the roads that go nowhere. Airplanes are the life line of this community both winter and summer. The airport terminal is practically non-existent. It consists of a private residence beside the landing strip, the front room of which has been converted to an office mainly by the installation of radio equipment. Air freight is piled high in a nearby shed and the overflow is stacked outside.

We had room and board at one of the two road houses in the town. The bunk house was allotted to us because the lady manager did not look kindly on bleeding and skinning mice in the main lodge. Our sturdy little iron cots were a nightly — joke? The mattresses had a definite center

(Continued on Page 25)

"As
the twig
is bent..."



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^{*}TRADEMARK, REG. U. S. PAT. OFF.—PEDIATRIC MULTIVITAMIN, UPJOHN

(Continued from Page 23)

from which it was impossible to escape. One clear night during our stay we were able to see the Northern Lights. Murray used the centrifuge at the Clinic every day and we dined there one evening. On Sunday we attended the family service at the church and were surprised to find that even our poor singing sounded strong and sure in contrast to the Indian voices. It was different certainly to be told that it was sinful to knock one's children around, or beat one's wife. The service seemed formal to us for such simple people.

We collected two types of mice, shrews and a weasel. We also saw ground squirrels. We tried to get the school children to collect these for Murray at fifty cents apiece, but only succeeded in being offered the most common type mouse. There were ducks and geese on the lake adjacent to the airport. They were hunted by the Indians and the military from the White Alice radar base.

While dining one evening, Mr. Gruening, the former governor and perennial Alaskan politician came into the roadhouse with some local politicians on a handshaking expedition. He speedily lost interest in us when he discovered we had no Alaskan vote.

After six days at Fort Yukon, we returned to Fairbanks and a hot bath, and bed with a real mattress. The next morning we took the train to Mount McKinley leaving in a drizzle of rain. This is the government-owned Alaska Railway.

We were met at the Mt. McKinley station by the Chief Ranger. One of his first questions concerned our food supply. When he found that this point had never been discussed in our correspondence with the naturalist and that our supply was nil, I thought he'd put us back on the train for Anchorage. He and his wife generously let us purchase some staples from their stock.

It is a little difficult to go into a stranger's larder and start selecting food, especially after you know how difficult it was for her to procure. Food is purchased either in Fairbanks or Anchorage, once a month, and expressed in by railroad.

After acquiring the food, we were motored to a cabin in the park at Igloo Creek, at 3000 foot elevation. On the drive there we saw our first caribou. Our cabin had a spiked welcome. Iron spikes were driven through the storm door and windows to repel bears when the cabin is not inhabited. One of the larger park cabins with several rooms had been entered by a bear one year who playfully walked through the partitions wrecking everything in his way. This one room cabin was one of the cleanest cabins of that type we have encountered. We cooked and heated with a wood stove, had running water in the creek, and white gas lamps for illumination.

Our first evening we took a walk down the road and into the woods, circling back to the road. Just as we returned to the road, we heard a noise in the brush and spied a beautiful bull moose calling. Murray returned the call so the moose came trotting at a good clip toward us. When he was close enough to tell that we were not another moose, he sauntered away disinterestedly. It was his mating season. We called him "Old Snorter" and learned that the park personnel had named him "General Sherman" probably with Sherman tanks in mind.

Each day as we made trap rounds, I would pick blueberries or wild cranberries. It is impossible to describe the lusciousness of these berries. Every other day we had blueberry pancakes, and on the alternate day blueberry coffee cake. The cranberries we used as a jam for the pancakes and found them excellent for candying sweet potatoes. With the help of the berries and a couple of fried ground squirrels, we didn't miss a meal. I also discovered that leftover pancakes thoroughly crisped in an oven make good crackers with soup. In fact things were so good, we even had Scotch and water with the ranger and his wife and another couple touring the park when they stopped by to visit.

On Igloo mountain behind our cabin and up from the creek were a band of eight to ten mountain sheep. These were very curious about us and their lookout kept a vigilant eye on us the entire time that we were on the rock slide. Murray set traps on

(Continued on Page 27)

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(Continued from Page 25)

the slide for rock rabbits. They were too smart for us, and we didn't succeed in trapping one. Perhaps, at this point I should mention that Murray was allowed to collect small mammals in the park because he is a collaborator with the National Parks. To secure this appointment he sent a photo, finger prints, and government forms in quadruplicate to the Department of Interior, Washington, D.C.

A couple of times we rode over part of the park highway with the rangers. We seemed to have better luck seeing the animals right around our cabin. Murray opened the door one day about noon and we had a beautiful red fox sniffing around our yard. He was no more timid than many dogs we might find in our yard at home. Another morning after I had washed the breakfast dishes, I decided to walk up the road and meet Murray. As I came to the bridge by our creek I saw a grizzly bear in the bush. He crossed over the road and down to the other side of the bridge and explored there for awhile. We hadn't as yet seen a bear, and I knew Murray would want a picture. I returned to the cabin to get the camera and close the spiked door. When I came back out the bear had disappeared from the spot I had last seen him. Looking around for him, I realized I had been out-manuevered. He was behind me and in front of our cabin. My presence had still been undetected, so I tried to focus the camera. Then he looked up, spotted me and stared. Since I couldn't read his mind, and he continued to do nothing but stare, there was something uncomfortable about the situation and I left on the double.

Other animals seen were: three or four more foxes, one named Herman, the headquarters' moocher; porcupines, and a pair of bear cubs of the year. We saw one band of mountain sheep with approximately seventy-five individuals in it, ewes and lambs, that we managed to approach within fifty feet to photograph. Birds seen included ptarmigans, grouse, Canada jays, Bohemian wax wings, golden eagle, Arctic woodpecker, and sand hill cranes.

Our last night at Igloo, a ranger and his wife who had been forced to leave a cabin at a higher elevation because of snow, spent the night with us. They were to be stationed at Igloo until again forced to evacuate when the snow reached that level. Even had we a choice of companions,

we couldn't have selected a nicer young couple with a better sense of humor.

During the night it snowed about three inches. In the morning the ranger drove us up the mountain road in a pick-up truck until the steep grades became too perilous with their snow cover. We felt we were fortunate indeed to have been in the park in time to see the beautiful fall colors changing rapidly day by day and finally a transition to winter beauty with the snow.

We returned to Park Headquarters for the night which we spent as guests of the chief ranger and his wife. The next morning, Sunday, we continued our trip on the Alaska Railroad to Anchorage. Aside from the scenery, one of the interesting things about this trip was the number of stops the train made. Many times it was impossible to see who or what caused the stop, then a hunter would board the train with his gun and gear slung over his shoulders. Sometimes there were little stations or houses, but most often it was purely a stop in the tundra. It would be unfortunate not to be seen, as the train did not run on Monday, traveled the other direction on Tuesday, so that anyone bound for Anchorage would be marooned until Wednesday. One man ran about one-half mile to catch the train. There are also large size mail boxes along the track with rural delivery flags, so that the residents could have the train stop to collect their out-going mail. Coffee was twenty-five cents per cup on the train, and other food equally expensive.

In Anchorage we were met at the depot by friends. We visited the Arctic Health Research Lab the next day. Two nights were spent in this, Alaska's largest city. Here, too, we purchased the inevitable souvenirs for the children, quite a few of which were tagged "Made in Japan." Costs of everything: food, lodging, transportation, and souvenirs are one and a half to twice as high as elsewhere in the states.

We had an uneventful flight back to the Sea-Tac airport. We could identify Vancouver Island, Victoria, and Port Angeles on our flight homeward. It was good to be met by a relative and our youngest child. It seemed as though we'd been away six weeks, not three, even though we thoroughly enjoyed every minute of this, our 1958 Alaska expedition.

—Sherry Johnson

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Cost of Living Reaches 105%

Living costs have gone up an average 105 per cent in the 20 years since 1938, years that included World War II and the Korean war.

That means that on the average, you must pay \$2.05 today for something you could have bought for a dollar back in 1938, when Adolf Hitler was poised for his blitz of Europe.

A bit of analysis into what's happened seemed in order after the government released its latest living cost index recently. It showed a rise from May to June of nearly one-tenth of one per cent. It was the 20th living cost record set in the last 22 months.

Some Up Much More

Government experts provided figures on request showing the story of those 20 years, two decades, broken down into five year periods.

Their data shows that from 1938 to 1943 consumer costs rose 23 per cent; from 1943 to 1948, 39 per cent; from 1948 to 1953, 11 per cent, and from 1953 to 1958, with President Eisenhower in the White House, 8 per cent.

While the over-all living cost level soared 105 per cent in those 20 years, some individual family budget items didn't go up that much and others advanced much more.

For example, the cost of gas and electricity rose a little over 11 per cent, while coal and fuel oil jumped 129 per cent.

Baby Shoes Cost Soars

In the 1938-58 span the cost of a pair of baby shoes rose 171 per cent, a new car 125 per cent, rent 60 per cent, and food—the main drain on the family budget—a whopping 151 per cent.

Hospital costs eclipsed almost everything else, rising nearly 300 per cent, doctor fees increased 84 per cent, men's haircuts 206 per cent, gasoline 69 per cent, household appliances 33 per cent, newspapers 124 per cent, and movie admissions 120 per cent.

Oddly enough, costs of men's clothes in those two decades rose 110 per cent, but women's clothes climbed only 78 per cent.

Hospital Costs Climb

Now turn to the past five years under Mr. Eisenhower, in which living costs have risen 8 per cent. This again is a composite of many different changes.

For example, in the 1953-58 period food has increased 7.8 per cent, housing 8.6, rents 11, gas and electricity 9.7, coal and fuel oil

6.3, and clothing 1.8 per cent. Hospital costs rose 33 per cent, hospitalization insurance the same, shoes 12.7, haircuts 23.1, movies 25, and newspaper 20 per cent.

But in the past five years there were substantial price declines, too. Appliances, probably due to price discounts, declined 15 per cent, including TV sets 6 per cent, radios 10 per cent, refrigerators 33 per cent, and vacuum cleaners 23 per cent.

A pair of women's nylons now costs 13 per cent less than five years ago, men's pajamas 1 per cent less, bedsheets 8.3 per cent less, and used cars 12.6 per cent less.

—Associated Press Dispatch to
The Chicago Daily Tribune

Russian Rehabilitation Efforts

Impress S.S. Administrator

Social Security Administrator Charles I. Schottland, back from a one-month tour of Russia, is impressed with the Soviet Union's progress in rehabilitation and care for old people. Based on his own observations and data furnished him by the Russians, Mr. Schottland reports:

1. Russian researchers have prepared separate pamphlets on each disabling disease. Mr. Schottland is having these translated for the information of the medical advisory committee on disability.

2. About a third of old people in Russian institutions are working on a voluntary basis, but for pay. He thinks that perhaps nursing homes and other institutions in this country can make more progress in this direction.

3. Nurseries and old peoples' homes in Russia are "excellently" staffed, with one employee for about every three old persons and one for every two and one-half children.

Mrs. Schottland says that about two-thirds of the Russian population is covered by social security, paid for entirely by the employers (government runs all large enterprises). He made the point that a comprehensive social security program is almost a necessity for the Russians, inasmuch as under their socialistic state wages are about the only source of income and when wages stop the people can look only to social security.

Also making the tour were Victor Christgau, Robert J. Myers, Corinne H. Wolfe and Arthur E. Hess, all social security officials. A similar Russian group will tour the U.S. shortly.

—A.M.A. Washington News Letter

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**Sectional Meetings Outlined
For Coming Year**

All members of the medical profession are invited to attend any of the 1959 Sectional Meetings of the American College of Surgeons. Cities and dates are:

Charleston, South Carolina, January 19, 20, 21.

Houston, Texas, February 2, 3, 4.

Vancouver, British Columbia, February 26, 27, 28.

St. Louis, Missouri, March 9 through 12 (Four-day meeting; Joint Nurses Sessions).

Montreal, Quebec, April 6 through 9 (Four-day meeting; Joint Nurses Sessions).

Sectional Meetings are planned by local committees, and are designed to answer the needs and wishes of doctors within the meeting area. Panels, symposia, reports, medical motion pictures, and question and answer sessions characterize the programs, with surgeons of outstanding ability serving as teachers and lecturers.

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1. J.A.M.A. 163:856 (Feb. 2) 1957.

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Appeals For Federal Disability Payments on Increase

The Social Security Administration reports a sharp rise in volume of appeals from applicants denied social security benefits, mostly under the disability section enacted two years ago. Under this provision, a person determined permanently and totally disabled may start drawing at age 50 the social security payments which he otherwise would be entitled at age 65.

To take care of the increased workload, the SSA staff of referees has been increased four-fold in two years. A still larger increase in appeals is expected after next January 1 because of a new law that makes dependents of disabled workers eligible for payments, which they were not under the earlier law. An important cause of the increased appeals, according to Acting Social Security Commissioner William Mitchell, is a misunderstanding of the law on the part of applicants. Many of them believe that if their impairments keep them from their usual jobs, they are entitled to benefits. Explains Mr. Mitchell:

"The main test . . . is not what kind of work a disabled person can do but whether he can do a substantial amount of work of any kind. . . . Where a person's disability is not sufficiently severe to meet the explicit requirements of the social security law, the claim must be disallowed."

—A.M.A. Washington News Letter

Heart Association Plans Sodium-Restricted Diet Classes

The Heart Association is planning a series of Sodium-Restricted Diet Classes to be held during December. The series of four sessions will be open only to patients referred by their physicians, to those preparing food for patients on sodium-restricted diets, and to professional workers in the field of nutrition. The curriculum was planned by a Heart Association committee composed of physician and dietitian representatives.

The purpose of the classes is to assist the patient in following his doctor's prescribed diet through an understanding of basic nutrition, purchasing and preparing foods low in sodium content; and to demonstrate that such diets can be both nutritious and flavorful without undue strain on the rest of the family or the budget.

The course is based on a moderate restriction of one gram sodium. All sessions are informal with discussion periods, taught by a trained dietitian, and a physician will be available to answer medical questions.

Any physician having patients whom they wish to refer to the class is asked to give their names to the Heart Association office, BR 2-7854, 1104 South L Street. The Heart office will then contact the patient with further information. There is no fee, and the classes are limited to twenty registrants.

IRS Won't Rule on Criteria For Clinic Tax Status

Internal Revenue Service has decided not to make a ruling that would define basic criteria as a guide to group practice clinics in setting up retirement plans for their members. However, IRS announced that it would not discourage clinics from going ahead with plans for such retirement programs. IRS, as well as the AMA's law department, advises clinics to obtain competent legal advice so as to avoid state and local as well as federal difficulties. The advantages of a retirement plan on a tax-deferred basis—which individual physicians are not privileged to set up—must be weighed against the fact the clinics would be subject to federal corporation taxes of 52% of profit.

—A.M.A. Washington News Letter

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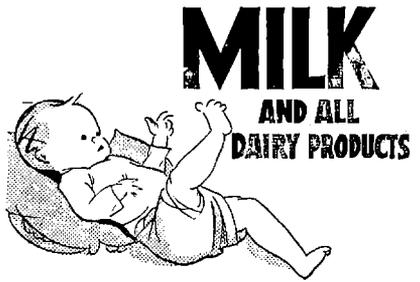
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MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Bldg.

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Tuesday of each month—8:30 p.m.
Board Room of Pierce County Medical Society

STAFF OF TACOMA GENERAL

Second Tuesday of each month except June, July,
August—8:15 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month—6:30 p.m. at Tacoma Club

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

TACOMA ACADEMY OF GENERAL PRACTICE

Third Wednesday of Nov. and Dec.—6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Friday of each month except June, July and August

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept., Dec.—7:15 a.m.
at Scotty's Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

The **BULLETIN** *of the*
PIERCE COUNTY MEDICAL SOCIETY

VOL. XXX—No. 2

TACOMA, WASH.

DECEMBER - 1958



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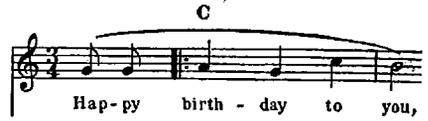
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- 9 STANLEY W. TUELL
- 12 ARTHUR P. O'LEARY
- 13 ROBERT E. LANE
- 14 DAVID H. JOHNSON
SAMUEL E. ADAMS
- 15 WARREN F. SMITH
- 16 ROBERT FREEMAN
MAURICE YOACHIM
- 19 J. B. ROBERTSON
- 20 WILLIAM D. VOORHEES, JR.
- 21 GERALD GEISSLER
PHILIP GRENLEY
- 23 CARL SCHEYER
- 24 JOHN R. FLYNN
- 26 FRANK E. SHOVLAIN
- 30 JAMES M. MATTSON
- 31 LEWIS A. HOPKINS

NOTICE

Check back page of Bulletin for calendar of special meetings

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A no-host social hour and dinner will precede the meeting

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Dinner: 6:45

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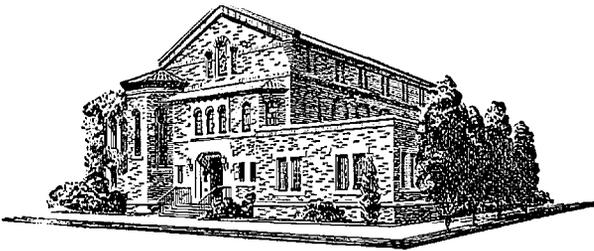
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Pierce County Medical Society Nominees—1959

Ballots received by mail November 25, 1958 are to be returned to the Medical Society office before 5 p.m., Tuesday, December 9, 1958.

President-Elect (Vote for one)

Woodard A. Niethammer, M.D.
C. B. Ritchie, M.D.

Vice-President (Vote for one)

Burton A. Brown, M.D.
Robert W. Florence, M.D.

Secretary-Treasurer

Arnold J. Herrmann, M.D.

Trustees (Vote for three)

William E. Avery, M.D.
William Burrows, M.D.
Theodore R. Haley, M.D.
James D. Lambing, M.D.
Charles M. McGill, M.D.
W. Howard Pratt, M.D.

Delegates (Vote for six)

Douglas Buttorff, M.D.
Louis P. Hoyer, Jr., M.D.
Murray L. Johnson, M.D.
Herman S. Judd, M.D.
Charles E. Kemp, M.D.
Frank R. Maddison, M.D.
Robert A. O'Connell, M.D.
Chris C. Reynolds, M.D.
Warren F. Smith, M.D.
Stanley W. Tuell, M.D.
Don G. Willard, M.D.
Wayne W. Zimmerman, M.D.

Alternate Delegates (Vote for six)

Samuel E. Adams, M.D.
Robert R. Burt, M.D.
Robert M. Ferguson, M.D.
Robert W. Florence, M.D.
Robert H. Gibson, M.D.
Arnold J. Herrmann, M.D.
Glenn G. McBride, M.D.
Fay M. Nace, M.D.
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Thirty-First Scientific Session of The American Heart Association

By Kenneth E. Gross, M.D.

Attendance at this meeting of the American Heart Association was preceded by the opening of the Cardio-Vascular Research Institute of the University of California Medical Center at which time there was a scientific program presented in this most magnificent physical plant, high atop one of San Francisco's nobles. It served to demonstrate that despite this ultra-modern plant, some things remain common to all institutions, for one of the principal speakers was Sir George Pickering, professor of medicine at Oxford, England. His entire presentation was confused, and incidentally the attending audience was amused, by the inversion, reversal and mis-ordered presentation of his slides by the projectionist. This detracted in no way from a most excellent presentation, but at least these simple things are still common to all medical institutions. The Cardio-Vascular Research Institute possesses a most impressive accumulation of equipment but my personal interest was largely confined to the diagnostic radiographic aspects, and I believe I gained a considerable amount of informa-

tion from the limited amount of work which has been attempted to-date here. It also is worth noting that most of the special facilities present were provided by National Agencies, Voluntary Health Organizations and Private Foundations as well as the taxpayers of California. The Staff is composed of prominent younger authorities on the specialized problems of such an institution led by Dr. Julius H. Comore, Jr. as the Director, formerly of the University of Pennsylvania.

I also managed to augment the meeting proper by a visit to the similar facilities at Stanford University Medical School in San Francisco, again primarily for angio-cardiographic information. Here the equipment and Staff are the finest but the physical plant is much older. However, this is only in anticipation of moving Stanford University Medical School proper to Palo Alto although it is rumored that the present Hospital will continue to function.

The meeting at the Civic Auditorium of the Heart Association was unusually well-attended as were the simultaneous scientific sessions of the American Heart Association and American Society for the Study of Arteriosclerosis and the Council on Circulation and Microcirculatory disease. Because of personal interests and the inability to cover simultaneous sessions, my attendance was largely at the portions of the program connected with cardio-angiography and allied radiological aspects of heart disease. Thus, much of the information in regard to mechanical methods for determination of chemistry levels, much of the dog research, and the still very popular interest in the saturated and unsaturated fatty acids were chiefly neglected. In essence the opinion appeared to be that the explanation for variances in coronary heart disease death rates between Nations and Races are intakes of (1) saturated fat and (2) animal protein expressed as a propor-

(Continued on Page 15)

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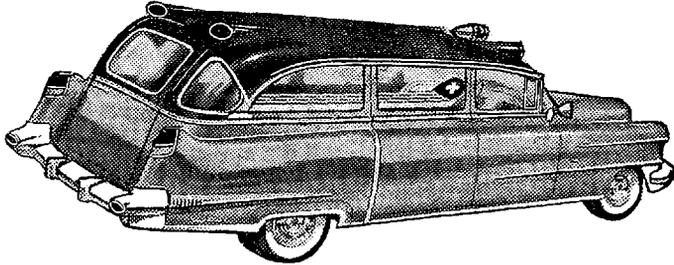
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(Continued from Page 13)

tion of total calories. Other radio-active fat tolerance tests indicate that although the unsaturated fatty acids may lower serum cholesterol levels they do not exert any apparent effect on fat tolerance.

Phonocardiography is one aspect which is somewhat remote from my personal interests, but I was impressed by the number of presentations on this subject and the importance that certain groups attach to their findings. Especially in some of the more difficult aspects of specific diagnosis that we are all facing; namely which patients with a 'systolic' murmur deserve further cardiac study. Some groups feel that phonocardiograms are very reliable in differentiating between atrial and ventricular septal defects and evaluating the size of such and degree of pulmonary hypertension.

Of some persisting interest is the internal mammary artery ligation procedure reported by groups from Seattle, Kansas City, and Philadelphia in which all emphasize that this operation if indicated should be done only for the relief of angina pectoris and it does not in any way alter the basic coronary disease present. Two of the groups suggest that the subjective benefits are predominantly psychotherapeutic.

The actual surgical aspects of intra-cardiac and vascular disease with the reports of increasing numbers of successful cases, decreasing morbidity and mortality and longer and longer periods of follow-up are all similar from the various centers such as Philadelphia, Minneapolis, Chicago. It also becomes apparent that hypothermia is now lacking in interest insofar as there was not a single paper presented on this subject and there were innumerable ones presented as well as scientific exhibits on the cardio-pulmonary bypass techniques.

Among the post-operative follow-up findings were those which indicate that the post mitral commissuratory syndrome is an early recognizable state, not accompanied by specific serologic abnormalities and not followed by any unusual tendency to re-stenosis. Of particular interest also is the emphasis upon the fact that repair of inter-atrial septal defects has become a definite reality with negligible mortality accomplishing complete elimination of this vascular shunt, emphasizing that it becomes mandatory to establish an exact diagnosis of this congenital lesion alone or in combination with rheumatic mitral-valvular disease. One paper presented ninety pa-

tients with this congenital abnormality where 20% who gave reliable histories of rheumatic disease and yet had an associated and dynamic inter-atrial vascular shunt. Most of these patients were felt to be still amenable to corrective cardiac surgery, further emphasizing the need for precise anatomical diagnosis.

It is largely because of this need that increasing emphasis is being placed upon cine-cardio-angiography and it is obvious that this modality has markedly improved the demonstration of intra-cardiac anatomy by the selective injection of contrast media into the right ventricle, pulmonary artery, left atrium, left ventricle, or aorta in patients with congenital and acquired heart disease. In one particular institution over 800 patients, ranging in age from 4 days to 58 years, have been subjected to this examination with one fatality in part attributable to the procedure. Several papers on left heart visualization by direct needle puncture ventriculography by various approaches were presented, and one cannot help but be impressed by the relative lack of morbidity to what would appear at first hand as a rather formidable and dangerous procedure.

I left this meeting with the general impression that many of the authorities feel that the acquired and congenital defects within the heart are well on their way to being defeated, and many of the researchers and clinical investigators are well on their way to an attack on coronary artery visualization with attempts at using arteriographic techniques for the study of coronary sclerosis. Much has been accomplished also in evaluating the effects of various drugs upon the cardiac coronary circulation by this technique in animals. The human application is possibly best emphasized by the angio-cardiograph diagnosis of an aberrant left coronary artery from the pulmonary artery because it is the one condition for which there is hope of corrective surgery at the present time and this is the only method by which the accurate diagnosis can be made. The various ingenious techniques being developed are indeed practical and proving clinically applicable. One cannot help being impressed by the fact that the diagnosis and surgical attack upon cardiac disease is assuming the position of the attack upon pulmonary disease. The rapid progress made by the individuals involved in this type of work as indicated by such a meeting merely serves to emphasize the extreme rapidity of advancement.

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HOSPITALS . . .

Saint Joseph's

Pre-Christmas Sale is on. There are still a few items left so do come early and have a better choice of . . . copper tooling, baskets, belts, key cases, jewelry, etc. . . . wooden toys, stuffed animals, aprons, and embroidery work.

Mrs. Dunn, former Occupational Therapist, recently left the hospital staff. In the very near future she will be having a baby. To fill her position is Mrs. Bonnie Kraut, a Canadian and graduate from McGill University in Montreal, Quebec.

A Happy Thanksgiving to all. Everyone is making plans for the festive holiday. Marie Rose is spending her Thanksgiving with her son and daughter-in-law in San Francisco. She is seeing her twin grandchildren for the first time.

Mrs. Mary Ellen Lewis is staying at home being just a home body taking care of her family.

Mrs. Cope and Mrs. Dixon, class of 1958, graduated with 47 other students from the Tacoma Vocational School November 20. A strange coincidence that the graduation was held by candle light since the city lights were out.

Mrs. McFarlane gave a very nice talk on Practical Nurses and their place in the hospital. The class was very proud of the news that all had passed the state board examination.

Mrs. Mae Lewis is back on three to eleven shift after two weeks illness.

Mrs. Dickinson is leaving to go to Buckley Hospital.

Once again we bid farewell to one of our co-workers, Corrine McCord. Her husband, a navy man, has been transferred to Long Beach, California. This is Corrine's fifth resignation in ten years.

Our Christmas card sale is still in progress. So far the sales have been good with the help of Mary Cullen, a former employee. Mary sold forty boxes. Thank you, Mary.

We have added to our staff, Lillian Kilmartin and Patricia Pathakis.

We too have a "Mile of Pennies Piggy Bank." The trouble with our pig is that he isn't gaining any coin weight. He needs help. We are doing everything in our power to help find the "Wanted Hoarder Penny Pincher."

Much to our regret word has reached us

that Marion Bell has resigned permanently. Marion was injured one year ago. Her arm is still in a cast.

Our Anesthesiologists, Drs. Joachim and Pratt spent a weekend in Las Vegas. Dr. Guilfoile gave a bridal shower for Dorothy Martelli. All of the surgery nurses gave a baby shower for Mrs. Kenyon.

Helen Garitone, R.N., a 1953 graduate of St. Joseph's School of Nursing became the bride of Bill LaBrie in St. Rita's Church November 22. The reception was held at the New Yorker.

The Medical Record Technician Students had their first trip to the Court House, November 25. With the ever increasing rate in personal injury suits all medical record personnel must know the procedures to be followed when a medical record is subpoenaed into court.

The angels' greeting of "Glory to God in the highest, and on earth peace to men of good will" is the Christmas wish and greeting to all our doctors and their families from the Sisters and all the hospital personnel.

Merry Christmas! God bless you all!

Tacoma General

Applications of the following doctors have been approved for Temporary Medical Staff privileges: Dr. Marcel Malden, Dr. Robert A. O'Connell, Dr. Sherman S. Pinto, Dr. Maurice E. Snyder, Dr. Z. Joseph Vozenilek, and Dr. Arthur P. Wickstrom.

Pansies, petunias, zinnias—all the many colorful flowers that fill the borders here at Tacoma General Hospital, bloomed more magnificently than ever before during the past summer. With loving care Harry Downton coaxed the best from each. Often he was at work with them before the sun came up. During the long Fall, this matchless bloom continued. Finally the day came when the plants were lifted from the ground, and Mr. Downton himself then turned over the good black earth, and raked it into a pattern of perfection. As he got into his car to drive home he remarked, "I am a lucky man, I have neither an ache nor a pain." Before he reached his home, he became ill, and that night he died.

This good man will be greatly missed by his friends at Tacoma General Hospital, and by all those visitors and passersby who

(Continued on Page 23)

"Much better



thank you, doctor"

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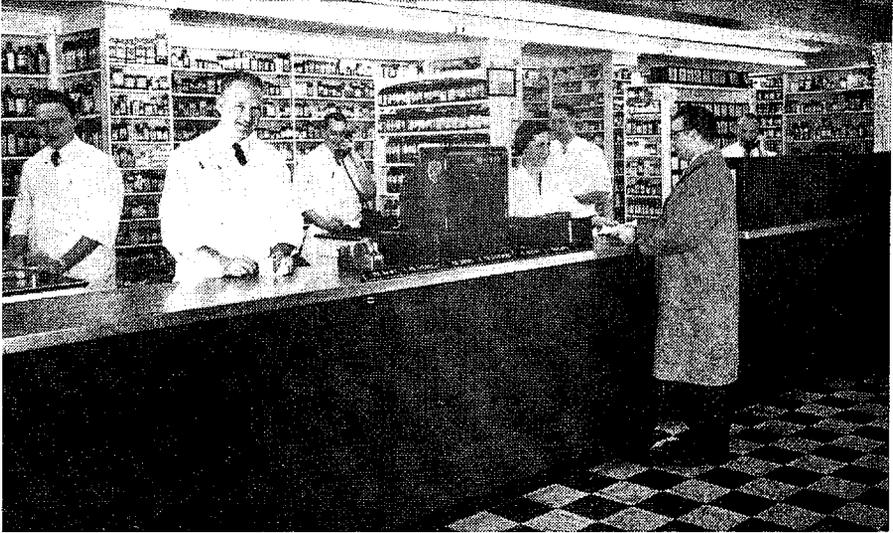
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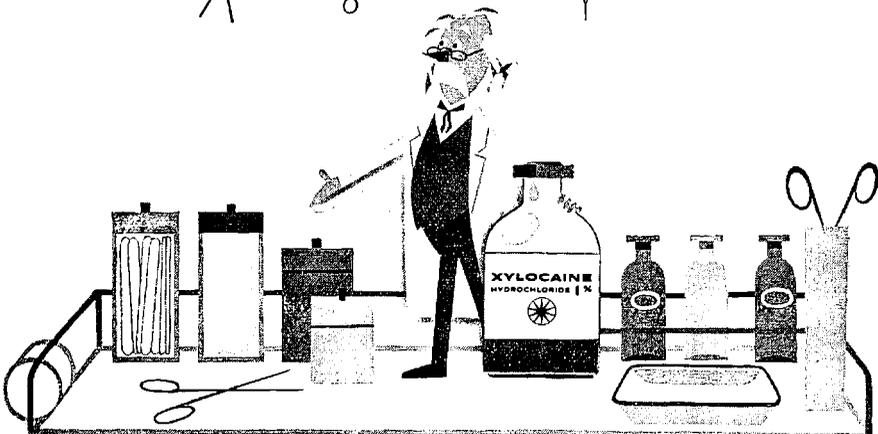
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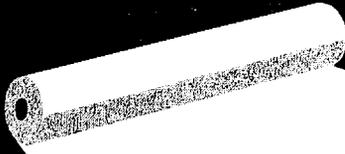
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(Continued from Page 17)

paused a moment to thrill to the gorgeous pictures he painted with flowers. A memorial planting, given by the Students of the School of Nursing, will be a living tribute to one who brought much beauty to many.

Dr. John J. Bonica returned to Tacoma on the 22nd of November after more than a month of travel on two continents and in numerous countries. After conducting a post-graduate course in Anesthesiology at the University Hospital of Caracas, Venezuela, Dr. and Mrs. Bonica enjoyed a few leisurely days in Curacao. After this they went to Mexico City, where Dr. Bonica presented a paper before the Mexican Congress of Anesthesiology at their annual meeting. Their final stop was in Chicago for the annual meeting of the American Society of Anesthesiologists and a meeting of the Board of Directors of the Society.

Dr. and Mrs. M. J. Wicks attended the annual meeting of the American Association of Blood Banks which was held in Cincinnati during the middle of November.

Dr. and Mrs. Charles P. Larson left immediately after Thanksgiving for Minneapolis to attend the annual clinical session of the AMA, after which they attended a CAP Board meeting in Chicago.

The Laboratory staff and students held an introductory Open House for the Medical Technology students who attend CPS and PLC. Dr. Larson discussed the student training program, an educational film was shown, and a tour through the laboratory concluded the program.

Pathology residents, Dr. Paul Alexander and Dr. Robert Kraft accompanied Dr. Charles Larson to Chicago to attend the annual meeting of the CAP and ASCP. Dr. Alexander reports: "Dr. Larson has replaced the old superstition of *three on a*

match with his own private bad luck sign *Three in a Volkswagen!* Dr. Larson did not attribute his bronchopneumonia to the 49 hour Tacoma-to-Chicago Volkswagen run, nor to his many long hours of work as President of the CAP, and section leader in Forensic Pathology for the ASCP. He stated firmly, as he left the train, on his return from Chicago, "I am still a small car advocate."

Dr. Alexander continued, "The scientific session were varied and stimulating. The residents in Pathology who accompanied Dr. Larson were especially pleased to attend a national meeting. They too advocated small cars, big conventions, and the private practice of Pathology. It's a long walk from Chicago."

Pierce County

Mrs. Anita Preston, head physical therapist, had as her house guest Captain Olive F. G. Marsh, Washington, D.C., during the weekend of November 8-9. Captain Marsh is executive assistant to Major General Snyder, President Eisenhower's personal physician. Captain Marsh and Mrs. Preston have been friends since their basic training days during World War II. Mrs. Preston met her friend at McChord Field when she arrived with the President's party on Columbine III. General Snyder and Captain Marsh were dinner guests at Mrs. Preston's home on Saturday night. Before the plane's departure for Seattle, Mrs. Preston was privileged to be shown the Columbine III by Colonel Draper, the pilot.

Joy Ann Vanverlow, therapeutic dietitian, resigned November 5 to return home to St. Louis, Missouri, with her husband, who was discharged from the Army. Mrs. Lois Gerritsen of Bremerton will replace Mrs. Venverlow on December 1.

Carolyn De Mynnek of Social Service is happily anticipating the return of her husband, Ronald, from his year's army service in Korea.

On October 11 the Dietary Department entertained with a Smorgasbord party at Steve's in honor of Irene Dawn who was married to Edward Lindmark on October 25. Many beautiful gifts were presented to Irene with all well wishes from her co-workers.

Nelle Sather, housekeeper, reported a most interesting and instructive session of the Institute of Hospital Housekeeper, held November 14-15 at the University of Wash-

(Continued on Page 25)

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Current Concepts in Therapy: Sedative-Hypnotic Drugs II. Chloral Hydrate. New England J. Med. 255: 706 (Oct. 11) 1956.

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(Continued from Page 23)

ington. Executive housekeepers attended from Alaska, Canada and Oregon as well as a large number from this state. One of the most valuable topics presented was that of Fire Safety Evacuation presented most ably by Wilton Jepperson, Battalion Chief, State of Washington. This subject is highly recommended as a subject which other organizations may use free of charge.

Pete Peterson, long time employee, now retired, is suffering from a broken leg. If his many friends at PCH wish to write him, his address is 1151 East 85th.

On November 7 a Department party was given for Gwen Hall a member of the secretarial force. Delicious cakes, home made by Ruth Nagle, and coffee were served before gifts of a bracelet and matching earrings were presented to Gwen, who on the evening of the 7th flew to Bloomington, California where she will marry Donald Underwood on November 15. Her parents flew down later in the week for the wedding to be held in St. Charles Church of Bloomington. Toni Hall will be bridesmaid for her sister.

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Puget Sound Rehab Center

At the meeting of the National Women's Auxiliary to the A.M.A. held in San Francisco last June, the Washington State Medical Auxiliary presented the Puget Sound Rehabilitation Center as the State project report.

The Center which opened in February, 1957, is the first and only community-sponsored Rehabilitation Center in the State and was activated by the Pierce County Medical Society, Medical Auxiliary and several other local organizations.

The Staff consists of a Medical director and physical, occupational and speech therapists who are assisted by vocational counselors, consultants from the Division of Vocational Rehabilitation and a secretary-receptionist. Each member of this team is devoted to the task of restoring physically devastated persons to confident, competent individuals who are able to care for themselves and earn at least part of their own livelihood.

The ultimate goal of the Center is to provide a complete rehabilitation program for all forms of physical handicaps. Plans for the coming year include the addition to the staff of a part-time clinical psychologist and a social worker as well as formation of an amputee clinic where post-polio, cerebral vascular accident cases and other chronic disabilities may be examined. Also anticipated is an in-patient service and expansion of speech services to include speech and hearing testing and classes for adult stutterers.

A team from the Puget Sound Rehabilitation Center recently returned from Los Angeles where they attend a one week course at U.C.L.A. on Functional Bracing of the Upper Extremities. Those attending were: Dr. Edna Backup, medical director; Robert Gallucci, physical therapist; and Mr. Len Cedar of the Brace Shop.

Although well on its way, it is evident that this humanity-inspired project has much to look forward to.

This year, the Pierce County Medical Auxiliary contributed \$540 which was earmarked to cover rent of the building occupied by the Center. It is through cooperation and financial support such as this that the Center will continue to grow so that more and more handicapped individuals may be returned to physical, social and economic independence.

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To The Pierce County Medical Society

1958-59

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Publicity—Newspaper	Mrs. Howard Pratt
Fashion Show	Mrs. G. M. Whitacre
Dance	Mrs. Robert Gibson
Game Night	Mrs. T. B. Murphy
Community Council	Mrs. John Steele
City Council	Mrs. Wm. Goering

job in decorating for the affair. Alaska should feel justly honored by the tribute paid her. Everything was most authentic including two pretty lady Eskimos—namely Elvina Brokaw and Ruth Houtz. It must have gotten quite warm under those Alaskan house dresses. For-get-me-not blue (the for-get-me-not is the state flower of Alaska) and the obi belt were featured in the newest fashions purchased especially for this showing by Rhodes. Particularly appealing were the "Little Dipper" fashions and models. Children of the Auxiliary members modeled the wee size to the teen age fashions. This was all complete with dogs and hula hoops. All in all a beautifully produced show. Helen Florence and Hazel Whitacre wish to thank all of you for your very fine cooperation—especially those of you who worked so tirelessly to put the show on the road. Perhaps most of you didn't know that Hazel Whitacre was working under a great handicap — her lovely home was burned during the planning stages of the show and she with her family has been living at the City Motel. We understand they will be there for at least another several weeks. Hazel deserves our deepest sympathy and an extra round of applause for her outstanding work with the Auxiliary.

*Who was the lonley male we spied
Gazing intently, trying to decide
Which of the pegnoir's would best adorn
His fortunate wife on Christmas morn?*

Christmas Party

Calling all good little boys and girls . . . the Auxiliary's Christmas Party will be held Saturday, December 13 at the Jackson Hall Recreation Room—beginning at 2:30 p.m. Such a heavy schedule this year will prevent Santa Claus from putting in an appearance, but he will send some of his prettiest and most competent Sugar-plum Fairies. Be sure and plan to keep this date for Lorna Burt, along with Mesdames John May, Richard Vimont, Robert Crabill, and Jack Erickson, the chairman, are planning all sorts of surprises for all of your youngsters from two to twelve—older ones are also welcomed. Also remember your children may bring money—either in an envelope or gift wrapped—to put in the chimney for boys and girls who are less fortunate than they. This year money received from

(Continued on Page 29)

A good slogan to adopt, following the last meeting at Elizabeth Thomas's, would be — "Safety is YOUR business — MIND IT!" The clever hats made and modeled by our members with appropriate commentary by Adele Durkin, our Safety Chairman, were realistic reminders of the importance of "safety first" in our daily routines.

Fashion Stars

If any of you have any doubts about the headaches, heartaches, and just plain hard work involved in putting on a Fashion Show—just consult Hazel Whitacre, Margaret Harris, Ruth Brooke, Barbara Anderson, Doris Kunz, or any of the other gals who worked so hard to make our current "A New Star in Fashion" a success. The Bayview Room at the Winthrop glowed patriotically last Friday with the novel red, white, and blue whirling flags and bright candles. From the Bayview Room the guests moved down to the Crystal Ballroom for the piece de resistance. Ruth Brooke, her husband, and Rhodes did a magnificent

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Brief Resume of Vancouver Trip

On Thursday night, November 7, Peggy and George Race, Mary Steele and I started for Vancouver, B.C. in my car. The trip was uneventful, except that it rained most of the way making driving rather difficult.

The meeting started at the Willow Chest Centre on Friday morning, and a very good program was given. Our friend Dr. Cedric Northrup was Chairman of the morning session on TUBERCULIN TESTING IN BRITISH COLUMBIA, and LONG TERM RESULTS OF CHEMOTHERAPY TUBERCULOSIS.

He gave a very good five-year followup study on the prognosis of the patients discharged from the Sanatorium with Radiological Evidence of Cavitory Disease. Some very good slides made from X-rays were projected on the screen and it was readily seen that the Planogram studies brought out small cavities that ordinary X-rays would not do.

We were much impressed by the Long Term Results of Chemotherapy for Tuberculosis, and a comparison was made between INAH and PAS given together and Streptomycin and PAS, also INAH alone, together with some interesting tables were shown on the screen.

Dr. Robert Lane was up there too and both he and George Race decided on subjects to take notes on. The subject I chose was Prolonged Antibiotic Administration in Chronic Pulmonary Emphysema, a double blind controlled study by Dr. W. Y. Hallett, Dr. G. N. Beall and Dr. Wm. Kirby of the University of Washington.

This paper was very good, but it was all in the dark so that I could not write notes. About all I can remember from all of these tables was the fact that they used Erythromycin and Placebo without either the patients or the doctors knowing which was given. It is curious to know how many

patients changed for the better and many for worse on placebos alone.

It seems to be the concensus of opinion that Erythromycin did help in many cases of Pulmonary Emphysema. It helped the cough, made the sputum easier to expectorate; cut down bacteria; helped the shortness of breath and seemed good for the heart condition of the Emphysema cases.

We were invited to the University of the British Columbia Faculty Club for cocktails and dinner that evening and this was a very enjoyable occasion.

Dr. Murray Johnson came up Friday afternoon with his good wife. We saw many of our old friends from Vancouver such as Drs. Kincaid, Trapp, Harrison, McKim and Whitelaw. Also Dr. John E. Tuhy of Portland. Dr. Speros could not be there for his Friday morning session. We saw many of the Seattle doctors. Several from Virginia Mason Clinic and several from the University.

It was a very enjoyable day!

—John F. Steele, M.D.

(Continued from Page 27)

your children will go to help brighten the Christmas of the Children's Home on the Hill. Several of our Auxiliary members are on the board of this worthwhile institution and they along with the chairman and her committee would appreciate all of the cooperation you can give them.

With all of our successful money-making projects the president was forced to form a new committee—Finance Committee—to help take care of our money. Hilda Lantieri was appointed chairman and will be assisted by our president, Helen Florence; president-elect, Margaret Harris; treasurer, Dorothy Maier; and past president, Gladys Hanson. As you can see from the impressive list of names—our money is in good hands.

Donna Ferguson, our legislative chairman, has reported that the Jenkins-Keogh Bill was passed both by the House Ways and Means Committee and the House of Representatives. This is the bill allowing self-employed individuals to set aside tax-free money for retirement. Donna hopes to have Dr. A. O. Adams from Spokane at the January meeting to speak more fully on this matter.

If you're interested in becoming a member of the Auxiliary, deadline for payment of dues is January 31—and please be interested. Send check to Dorothy Maier.

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New Appointment Book For Surgeons Very Helpful

An appointment book for surgeons—the first of its kind—designed to give the doctor a complete and legible record of his surgical schedule for months in advance is now available.

The book is the brainchild of Jean Johnston Courtright, secretary to Dr. Thomas Bate of Phoenix, Arizona, and is being published by her and being distributed through leading medical book stores in the country. She believes that the book will be of invaluable aid to thousands of medical secretaries and to the doctors who want to determine at a glance just what they have ahead of them for the next 30 and 60 days.

J. W. Stacey, Inc. of San Francisco, specialists in professional and scientific books, describes Miss Courtright's book as a "terrific help to the busy surgeon in maintaining an efficient schedule and well-organized office."

Stacey's doesn't distribute just any old book. It is quite selective and confines its listings to books in specialized fields. The fact that it undertook distribution of Miss Courtright's appointment book is somewhat of a tribute since it marked the first time that Stacey's has listed a non-scientific book.

A further testimonial to the book is that it has been recommended to students in medical secretary classes at the Missouri State Teachers College.

This new surgeon's appointment book is not something that Miss Courtright thought of or put together overnight. Back of it are several years of trying to keep a readable record of all the essential data the busy surgeon needs. Since surgical appointment books were unheard of, Miss Courtright had been improvising, using a regular appointment book and ruling it off to divide the vital data the surgeon needs. This didn't prove practical since Miss Courtright always was running short of space. She would abbreviate, write in the margin, use hieroglyphics that only she could interpret, write in any spot the point of her pen would fit but still she found there was a need for space.

The problem wasn't only hers but the problem of thousands of other "Miss Courtright's" working as medical secretaries.

This not only became annoying but sometimes it was confusing and often, Miss Courtright frankly admits, it looked like a mess despite her efforts to keep the records

(Continued on Page 33)

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Sodium Lactate, Anhydrous	1.35 Gm.
Kaolin, Colloidal, N.F.	19.44 Gm.
Pectin, N.F.	0.87 Gm.

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Each 100 cc. contains:

Sodium Chloride, U.S.P.	3.33 Gm.
Potassium Chloride, U.S.P.	2.22 Gm.
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Sodium Lactate, Anhydrous	5.0 Gm.

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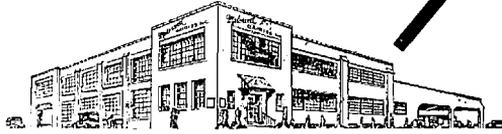
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(Continued from Page 31)

neat and legible. One day she decided she had had enough, that she was going to devise a book that would give the medical secretary and the doctor a complete record of his surgery schedule, one that he could look at and tell at a glance where he would be operating at a certain time, the patient, the type of operation and who would be beside him at the operating table. The surgeon's appointment book was the result.

The plastic-covered, spiral bound book has an efficient schedule for each day of the year. The ADMISSIONS section has space for the patient's name, the admitting diagnosis, the hospital and accommodation. The SURGERY schedule section contains the time, the patient's name, the operative procedure, the hospital and a memo column for waiting lists, special nurses or assistants. The ADMISSIONS AND DISMISSAL sections are obviously designed, says Stacey's, to save your time in giving preoperative and postoperative orders and in making hospital rounds. These headings have been set up to meet the requirements of all accredited hospitals. "This surgery appointment book is most important," says Miss Courtright, "since the doctor's time is built around the surgery schedule. The doctor can tell at a glance just what his surgery schedule is for months ahead and plan his time—and his vacation better."

The book does much to eliminate errors and omissions in scheduling, it saves time that the doctor can devote to surgery, gives a clear view of the surgery schedule for the day and your elective surgery weeks in advance. It also is a great aid to the staff in completing a patient's charts and insurance claims and can be used in conjunction with any bookkeeping system.

Dr. Bate, Miss Courtright's boss, thinks that his secretary's book fills a longstanding need and soon will be a must in most surgeon's offices.

The book sells for \$5 and is available through: J. W. Stacey, Inc., 551 Market St., San Francisco, Calif.; Chicago Medical Book, 301 South Honore St., Chicago; Detroit Textbook Stores, Inc., 135 E. Elizabeth St., Detroit, Mich.; George Eliot, Medical and Scientific Books, 1302 Second Ave., New York, N. Y.; E. F. Mahady Co., 851 Boylston, Boston, Mass. and J. A. Majors Medical Book, 2137 Butler, Dallas, Texas.

—Medical Society Magazine Group
Editorial Service

American Institute of Ultrasonics In Medicine

At the Interim Meeting of the American Institute of Ultrasonics in Medicine held in Philadelphia, Pennsylvania, on August 23rd, the following officers and members of the Executive Board were elected for 1959-1960:

Jerome Gersten, M.D. President
Denver, Colorado

John H. Aldes, M.D. Secretary-Treasurer
Los Angeles, Calif.

Executive Board

John H. Aldes, M.D., Los Angeles, Calif.
Herman Bearzy, M.D., Dayton, Ohio
William Bierman, M.D., New York, N. Y.
Karl T. Dussik, M.D., Lexington, Mass.
William J. Fry, M.S., Urbana, Illinois
Jerome Gersten, M.D., Denver, Colorado
Arthur C. Jones, M.D., Portland, Oregon
John Kuitert, Lt. Col., M.C., Ottawa, Can.
William D. Paul, M.D., Iowa City, Iowa
Ferdinand Schwartz, M.D., Birmingham, Alabama.

Forand Proposal Now Third On Labor's Legislative Goals

The AFL-CIO has given high priority to pasage in the next Congress of the Forand proposal for hospitalization and surgical services of OASI beneficiaries. It is now third on a 10-point legislative program. Ahead of it, according to President George Meany, are only aid to depressed areas and federal aid to general education. On the Forand bill, Mr. Meany states: "It is still either impossible or too costly for our senior citizens to obtain such insurance through non-profit or commercial channels."

Legislative goals were outlined at a press conference shortly after the Congressional elections. Mr. Meany observed in a statement: "The American people on November 4 very emphatically indicated that they do not agree with those political leaders who have little faith in the dynamic character of our national economy. By an overwhelming vote, they elected to Congress new Senators and Representatives who want to forge ahead and properly utilize our nation's human and natural resources to build a better world for all. By the same vote, they retired many members of Congress who have followed a stand-still policy."

The labor chief added that this was not the time to "raise false issues," but "the time to give the American people the program which they have voted . . ."

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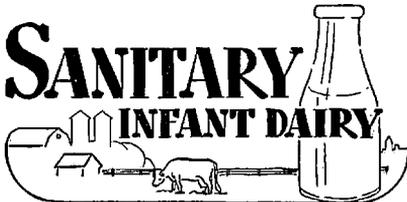


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Wanted—Old Photos of Physicians Driving Ancient Cars

The Illinois State Medical Society is preparing an exhibit centered around an ILLINOIS MEDICAL JOURNAL article which told of the role of physicians in the development of the automobile in the United States at the turn of the century.

To help illustrate this exhibit, the Society will appreciate the loan of old photographs showing physicians at the wheels of cars of 1900-1910 vintage. Scenes showing difficulties on the road, or poor highway conditions, are especially desired. Enlargements will be made of these photographs and the originals returned undamaged.

Photographs should be accompanied by a memo giving the name and town of the physician, whether living or deceased, and the make and year of the automobile. They should be sent to Mr. John A. Mirt, Illinois State Medical Society, 185 North Wabash Avenue, Chicago 1.

Medical Determinations For Disability Freeze Now 500,000

The Social Security Administration's Medical Advisory Committee learned this week that slightly more than half of the initial determinations thus far considered under the 3-year-old disability freeze have been allowed. At a meeting of the committee in Baltimore, it was shown that 1,081,600 applying for the freeze had gone through their medical evaluation since the law was passed. Of these, 572,800 or 53% have been allowed. The agency gave no figures on total applications received.

Secretary Flemming of HEW told the committee that it had successfully worked out a sound method of determining disability "in a way which does not interfere with doctor-patient relationships." Under the system worked out for determining whether the disability requirement is met, a person who applies for disability insurance benefits or seeks to have his social security record frozen is first asked to get a statement from his physician. The latter is asked to report clinical findings—the results of medical tests and lab exams. The decision whether a person is disabled is made by a team of trained people, including a doctor in a state agency.

Members of the advisory committee include: Drs. J. Duffy Hancock, University of Illinois School of Medicine; Herman Hilleboe, New York state health commissioner; Leo Price, medical center, Inter-

tional Ladies Garment Workers' Union, and member of AMA Committee on Medical Care for Industrial Workers; and Charles L. Farrell, president, Conference of Presidents and Other Officers of State Medical Associations.

Mental Health Assn. News

The recently-formed organization, the Tacoma Community Psychiatric Clinic, Inc., with Mr. H. J. Nugent, Jr. as president, is at present conducting a survey to find out to what extent there is a vital need in Pierce County for a psychiatric clinic to which adults who do not have sufficient funds for adequate psychiatric care may go. Over a thousand letters have been sent to all physicians and surgeons, lawyers, clergymen, personnel managers, dentists, chiropractors, and social agencies in the county by the coordinator from the Tacoma-Pierce County Mental Health Association, Mrs. Charles F. Wible. As the replies come in, they will be taken over by Dr. Eugene Maier, Chairman of Mathematics at Pacific Lutheran College, who is acting as consultant and statistics supervisor for the project. He will, with the help

of some of his students at the college, tabulate all the statistics for the survey. Two-hundred and forty-three answers have been received to date, and all participants in the survey are looking hopefully for a high return of questionnaires.

Antibiotics Can Now Go Beyond Iron Curtain

Antibiotics and related drugs, long banned from shipment to Russia and satellite countries, can now be shipped there provided that individual export licenses are issued. Without giving any reason for the lifting of the ban, Commerce simply said that previously, except for research purposes and certain emergency situations, applications to export these commodities to the European Soviet bloc generally were denied. Relaxation does not apply to Communist China, North Korea and North Vietnam which are under total embargo from U.S. goods. Commodities include penicillin, streptomycin, dihydrostreptomycin, aureomycin, terramycin and all other similar antibiotics, including sulfanomides. Commerce decided that shipments to Poland can be made under a general export license.

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are but two reasons many physicians find Veratrite the antihypertensive of choice in treating geriatric patients, because it can be safely used in patients who cannot tolerate stronger drugs.

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MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.
Auditorium of Medical Arts Bldg.

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Tuesday of each month—8:30 p.m.
Board Room of Pierce County Medical Society

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month—8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month—6:30 p.m. at Tacoma Club

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

TACOMA ACADEMY OF GENERAL PRACTICE

Third Wednesday of Nov. and Dec.—6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Friday of each month except June, July and August

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept., Dec.—7:15 a.m.
at Scotty's Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.