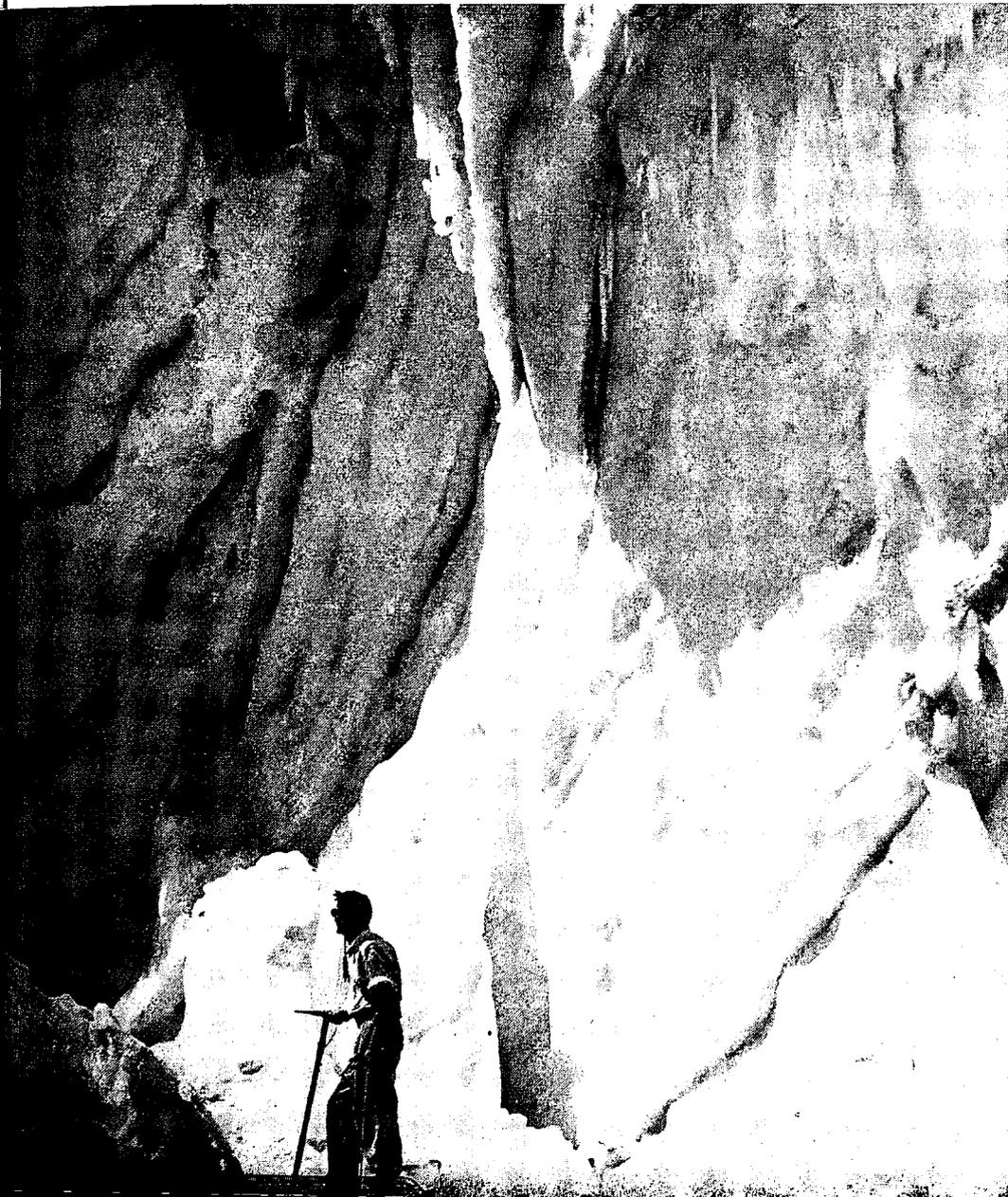


*The* **BULLETIN** *of the*  
**PIERCE COUNTY MEDICAL SOCIETY**

VOL. XXVII—No. 5

TACOMA, WASH.

JANUARY - 1957



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1957

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### January

- 2 HILLIS GRIFFIN
- 3 BURTON BROWN
- RALPH HUFF
- 4 EDMUND KANAR
- 5 NORMAN MAGNUSSEN
- BERNARD OOTKIN
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- 19 THEODORE APA
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- 21 FRANK PLUM
- 26 RAYMOND ELLIS
- 27 JOHN HAVLINA
- 29 HUGH KOHLER

... and belated, but sincere wishes for a Happy Birthday to Dr. Lewis Hopkins whose name was not included in last month's list. He celebrated his birthday December 31.

## NOTICE

Check back page of Bulletin for calendar of special meetings



Mr. J. M. Gilbertson, Vice-President & Trust Officer

## Make Your Will This Week

If you haven't made a Will you are risking the future of your family! You are leaving, at your demise, a tremendous burden upon your wife in the settling of your affairs. Most women have had no experience in the many legal and business details involved. Without a Will much of your worldly goods may not go where you intended. It is a simple matter to relieve your wife and family of these unnecessary burdens.

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drawn and legally sound Will. The cost need not be great. Consult your attorney about the many advantages in naming a bank as your executor. Individuals as executors may pass on during the life of your Will; causing difficulties. A bank's Trust Department goes on forever. It serves as a trained business manager for your estate . . . a job demanding experience, permanence and timeliness.

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**TUESDAY, JANUARY 8**

**7:30 P.M.**

Tacoma Athletic Club . . . 733 Commerce

No-Host Social Hour . . . 6:00

Dinner . . . . . 6:30



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## EDITORIALLY SPEAKING

In our library is a periodical called the "World Medical Journal." Our attention was recently drawn to this organization and journal by a notice in the "Secretary's Letter" No. 382, Nov. 14, 1956. The article points out how a Wisconsin physician has diligently worked to get this organization before the eyes of his local physicians.

One of our local Senior surgeons, Dr. S. F. Herrmann, has written articles and recent letters to the Editor pointing out the possible role that doctors and such an organization can play in promoting world peace.

The World Medical Association is comprised of national medical associations from 52 nations representing more than 700,000 physicians.

If you do not subscribe to this Journal, at least look it over when you are in the Society library. Brush up on your foreign language and broaden your sphere of thinking so you may ultimately contribute to your own future.

W. W. M.

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## Letters to the Editor

Editor, Pierce County Medical Bulletin:

The first week in December I acquired a copy of "The Canadian Doctor." This is a business journal of the Canadian medical profession.

In this issue appeared an article by H. B. Adee, M.D. who is professor of medicine at Dalhousie University. He paints a gloomy picture of the future practice of medicine and I would like to quote a few of his remarks. In one paragraph he says, "If anyone is in doubt that we are going to be socialized he is an abandoned wishful thinker. Large elements of the public—including the wage earner class—want it. We ourselves are accepting various insurance schemes. The boys in Ottawa are straining at the leash to put fetters on us. It is therefore only a matter of time before we will find ourselves behind the socialized curtain."

He states further, "Another thing that history teaches is that you cannot become socialized without falling under the domination of a bureaucracy. Bureaucracies breed two bastard children — conformity and standardization. These in turn breed mediocrity."

Further on in the article is a paragraph: "How under socialism are we to preserve our capacity as first outlined? Not, I am constrained to say by following Blue Cross, and the various other insurance schemes instituted by ourselves. These schemes not only commit us to an unrealistic estimate of our worth, but may say to Government that we are prepared to take over at that value."

"What we need rather desperately these days is more young men of teaching calibre who will have time for investigation and research. Yet the young men in my department have to work three times as hard as I did at their ages to buy the same goods and services. Our fees have not gone up as has the plumbers."

"One of our weaknesses will be that we will enter our agreement with the government as defeated men. We will be agreeing to a situation that most of us do not really want. We have been brought up on a continent that abhors socialism. Yet we are being forced to accept what everyone has been taught to hate. It stands to reason therefore, that we will do so in an atmosphere of defeat. We'll stall it off, we and our American brethren, as long as we can. Look what happened in Germany, and look at Germany. Once we all turned to Berlin and Vienna as our medical mecca—when Hitler completed the Socialization that had begun a generation before. German industry has recovered . . . but it was not socialized."

"For men of my age it does not matter—but what about you who are young? Are you

happy about what you see in your horoscope? Do you feel the cold breath of bureaucracy blowing against the back of your neck?"

Then came the December issue of Northwest Medicine headed by an ominous editorial entitled "Is Private Practice Doomed?" I think all the members of our society have read this and the articles published at the 12th annual meeting of the Western Conference of Prepaid Medical Service Plans.

It all leaves me rather gloomy regarding our future. Especially the younger men in the field, and I wonder what we should advise our sons who are contemplating entering the medical field.

I'm sure I don't know the answer but I feel rather deeply that all of us should be aware of what's happening.

Yours sincerely,

S. Stefan Thordarson, M.D.

### *Experiences in the Use of Norepinephrine*

I thought the following observations, which to my knowledge are original, would be of additional help to those faced with a similar situation.

As is well known, especially to those of us who have been unfortunate enough to have had personal experiences, the subcutaneous infiltration of Norepinephrine, which is known under the trade name of Levophed and the former original name Arterenol, results in a decided slough of the subcutaneous tissue and overlying skin. The immediate affect of such infiltration, as observed by myself, consists of a marked blanching of the overlying skin, this occurring within a matter of minutes. This ischemic area is decidedly cold to the touch as would be expected inasmuch as apparently no subcutaneous or cutaneous circulation is occurring. Following this within a matter of thirty to sixty minutes, a swelling limited to the area of ischemia occurs. Then in a matter of twelve to twenty-four hours the area becomes reddened; the edema subsides. However, this flushing apparently does not indicate any active blood flow but is more in the nature of an infraction; that is, the dermal and subdermal vessels are apparently suffused with motionless blood inasmuch as the area is still cold to the touch. Usually within forty-eight hours the area is much darker and it is obvious that the overlying tissue is dying and then in a matter of another day or two a typical black, leathery eschar develops which takes a matter of weeks to months before sloughing and ultimate healing occurs.

There is not much in the literature which has been available to me to indicate the exact

(Continued on Page 11)

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(Continued from Page 9)

histologic changes, but it seems reasonable to suspect that this course of events is due to an intense artereolar and possibly larger arterial constriction which fails to relax in time enough to permit survival. In other words, the ischemia is prolonged to such an extent that survival of the affected tissues is impossible. I understand that in animals it is not easy to duplicate the affects one observes in humans in this regard.

Two years ago, actually almost three years ago, shortly after Levophed was introduced and after I had one sad experience in which the patient threatened suit of the hospital and vaguely intimated that I, too, should be involved in a suit, it occurred to me that the logical treatment of this subcutaneous infusion would be the immediate injection of its well-known physiologic antagonist, Regitine. However, after this initial experience, I began using either a curdown or later polyethylene catheters for the infusion of Levophed. It was not long, however, before—in an emergency—a needle was used in an arm vein, and before an inlying polyethylene catheter was introduced, considerable subcutaneous effusion had occurred resulting in an area of ischemia approximately 8 cms. in diameter. This was immediately recognized and two ampules of Regitine dissolved in 10 cc. of saline was infiltrated subcutaneously into the area involved. In a matter of five minutes the pale, cold ischemic area had become flushed and warm and the initial edema rapidly disappeared; after a matter of four hours the flush also had disappeared and no further changes were observed in this area which most certainly would have undergone the unfortunate changes previously mentioned.

About six months later a case was seen in which Levophed had infiltrated in an area above the ankle approximately 10 cms. by 5 cms. Because the patient seemed quite critical and not likely to survive many days, it was felt justified to inject only one-half of this area with Regitine using the other half as a control. Again a satisfactory response of the injected area occurred as mentioned in the first case. The uninjected area failed to respond and at the time of the patient's demise, forty-eight hours later, continued changes in the untreated area, which most certainly would have led to sloughing, were observed whereas the treated area seemed essentially normal.

Quite recently a similar experience occurred, this time again the subcutaneous extravasation of the Levophed occurred in the antecubital fossa. It was injected after approximately three hours with Regitine, as mentioned. This time the addition of Alidase seemed indicated in

order to possibly secure a more rapid and thorough penetration of the antidote. This time I was fortunate enough to secure photographs before and after treatment which were in color and although they have not been developed as yet, I hope they will illustrate more completely what I have attempted to describe.

As we all know, Levophed is a most valuable vasopressor and will probably continue to enjoy more widespread popularity because of its obvious beneficial effects. There are, however, several other observations which I have made which I think will be pertinent. The first is that even a polyethylene catheter is no assurance against the extravasation of the solution. By this I do not mean extravasation from the point of penetration of the catheter in the vein, but in a recent case a catheter inserted at the midlower leg in the saphenous vein was introduced up to the bend of the knee. After several days it was observed that there was an area of ischemia, and this had already begun to become a deep, dusky red, over the saphenous vein at the termination of the catheter in the vein. As near as could be determined, the catheter had not penetrated the vein, however, it is possible that a point of flexion, the patient's moving of the leg up and down, may have caused the catheter to penetrate through the vein and it may have subsequently withdrawn into the vein again. The area was similarly treated with Regitine. However, the patient expired before the ultimate affects could be observed. As mentioned, it is a matter of speculation as to how the solution extravasated in this location.

A third observation which I thought would be of practical interest is something which was observed on two occasions when Levophed was given into the lower saphenous vein in some individuals. It must be remembered that Levophed is a potent constrictor of all vascular tissue. Hence, the veins are likewise markedly constricted by this substance. On two occasions when curdowns and indwelling needles were accurately placed in the saphenous vein, an exceedingly great amount of force was found necessary to secure an adequate flow. In one case even excessive pressure with a syringe provoked little flow. In both cases the needle was replaced to be certain that it was in the actual lumen of the vein. The answer to this apparent dilemma is probably that such intense venoconstriction occurs at the valvular areas of the saphenous vein that almost a complete obstruction is present. It is, therefore, best to use one of the arm veins for the curdown or polyethylene catheters whenever possible and if the saphenous vein must be used and diffi-

(Continued on Page 13)

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(Continued from Page 11)

culty is found in securing adequate flow, it would be best to either introduce it high in the leg or thread the catheter up past the usual site of the valves and this must, of course, be done before any Levophed is introduced into the vein.

As an interesting sidelight, it may come as a surprise to many to know that this substance has been known and has been physiologically investigated rather thoroughly many years ago. In 1932 I chose as a subject for a Masters' thesis "The Relationship of Physiologic Action to Molecular Configuration in Compounds Similar to Epinephrine and Ephedrine." Norepinephrine, which had been synthesized and investigated under the name of Arterenol, was naturally included in this study. At this time the theoretical relative merits of Arterenol, or Norepinephrine, over Epinephrine was known by physiologic experiments as conducted by previous investigators. By this time, of course, Epinephrine had been tried in shocklike states and found to be of little or no benefit by many investigators. However, when a rank amateur like my self questioned the possibility that Arterenol would be of help, I was brushed off with the explanation that in shock the body had already compensated by moximal arterial and artereolar constriction, and therefore it was inconceivable that any further vasopressor substances or vasoconstrictor substances could be of help. This is merely another instance in which a valuable medicinal compound which has been undoubtedly lifesaving in many instances has remained dormant for many years before its true clinical value was recognized. One becomes rather uneasy when we reflect that other such situations are undoubtedly present today.

Rodger S. Dille, M.D.

I am sending this second contribution at the risk of being considered a chronic contributor to our "Bulletin." However, I feel that perhaps all of us should use the "Bulletin" as a medium of exchanging experiences which might be of help to others.

My experience in this particular situation goes back two years ago at which time a patient with a tremolo cursum over the breast was being fed intravenously through a polyethylene catheter which had been inserted into the saphenous vein for quite some time. Prior to death the patient was fairly active and did move the leg up and about a fair amount. One morning the nurse reported that the needle had come out of the catheter and furthermore she could not find the catheter in the bedclothes.

The interne reported that he thought he could feel some induration in the saphenous vein at about mid thigh. The saphenous vein was explored at this site by one of our well respected surgeons but nothing was found and it was concluded that the catheter had been pulled out of the vein by the patient and because of its fine size and the relative inexperience of the nurses with polyethylene catheters at this time, that it probably had been lost in the bedclothes or something. The patient, as mentioned, was a terminal carcinoma and expired as I recall four or five days later. Not much was thought of this experience until last spring when a polyethylene catheter was placed in one of the lower arm veins of a post-operative patient at approximately 3 inches above the wrist on the lower surface. This catheter was inserted in, as I recall, about 8 inches and was cut off relatively short. After about four days the patient's special nurse reported that the needle had come out of the catheter and that she, too, could no longer find the catheter anywhere. At this time the vein near the elbow seemed palpably indurated as if the catheter had slipped upward. This vein was explored by an intern at the area of induration, but the catheter was not found. Fortunately or unfortunately, depending on

(Continued on Page 15)

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*(Continued from Page 13)*

how one looks at it, this patient was a colectomy due to a chronic ulcerative colitis and he expired, as I recall, about three days later due to a peritonitis. At autopsy the polyethylene catheter was found to be dangling into the superior vena cava. Sometime later I happened to be discussing this experience and Dr. Tuell stated that in working with dogs he had observed that when the catheters of polyethylene were placed in the vein of the legs of the dog, that with activity the catheter actually was milked along into the vein to a considerable extent. He stated that he considered at that time writing of this experience and publishing it as a warning that such might occur in actual clinical practice and as mentioned, such has occurred in clinical practice.

Whether the first case represented the same situation or not is, of course, only speculative. However, in view of the fact that the catheter could not be found in the vein in the second case, even one that was strongly suspected, may indicate that a similar situation was present in the initial one.

Of course, the obvious remedy to prevent such a situation is the adequate taping of the catheter to the skin and, of course, allowing an adequate amount of catheter externally before the introduction of the needle. However, because of the great resistance of these fine catheters to the flow of solution, there is a great temptation to make them as short as possible.

Again hoping that these experiences will be of help to others.

Rodger S. Dille, M.D.

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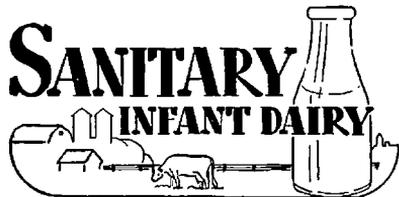


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### Introducing



**Dr. William D. Voorhees, Jr.**

Bill is a New Yorker by origin. He was born in Brooklyn and raised in Queens.

He attended Johns Hopkins, finishing college in 1942 and medical school in 1945. After his internship at the Hartford Hospital he served his stint with the army at various hospitals as a general medical officer and also doing some psychiatric work.

From 1948 to 1953 Bill was in psychiatric residency at the Payne-Whitney Clinic at the New York Hospital.

In July, 1956, Bill started at Western State Hospital where he is presently setting up a "division of extra-mural services." The purpose of this department is to rehabilitate patients so that when they are discharged they will more readily adjust to the outside world.

Bill has a wife, Selma, and two daughters and a son. His hobby is fishing and keeping tropical fish.

### Introducing



**Dr. William E. Hill**

Bill is (or was) an Easterner having been raised in Newton, Mass. He entered the University of Maine in 1941, but due to a three-year tour in the Navy he was not able to finish until 1947. He served as a pharmacist's mate and participated in the landings at Leyte, Lingayen Gulf and Northwest Borneo.

On completion of his Navy tour and graduation from the University of Maine, Bill went to Tuft's Medical School and subsequently interned at Tacoma General Hospital from 1951 to 1952. After his internship he was with the Memorial Clinic in Olympia for nine months after which he went with the Kaiser Foundation Hospital system — first at Vancouver, Wash., and later at Oakland, California in a pediatric residency.

In 1955 Bill transferred to the Children's Orthopedic Hospital in Seattle for one more year of pediatric training.

Since July of 1956 he has been practicing in Tacoma, sharing office space with Dr. Ellis.

Bill has a wife, Ina, and two boys, four and six years of age. His hobbies are fishing—both fresh and salt water—and boating. He has a 23-foot day cruiser and is a member of the U.S. Power Squadron.

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Fashion Show	Mrs. William Matson, Jr.
Bridge Tournament	Mrs. Merrill J. Wicks
Supper Dance	Mrs. Thomas B. Murphy
Community Council	Mrs. John F. Steele
City Council	Mrs. Wm. Goering



Mrs. Haskell Maier

Our first meeting for 1957 will be a Desert Luncheon at the home of Dr. and Mrs. Haskel Maier, 2707 Henry Road, Friday, January 18th at 1:00 p.m. Chairman will be Mrs. Stanley Durkin, Co-chairman Mrs. E. E. Banfield, Mesdames Robert Ferguson and William Hauser assisting.

This is the month set aside for our Legislative program. The speaker will be a doctor furnished through our Speakers' Bureau, one well-qualified to present the facts so we can all be informed on this very important subject.

Our Legislative Chairman, Margaret Harris, reports that literature is available to each of us on legislation, both in Olympia and in Washington, D.C. For those who are interested this may be obtained as follows: 1. For what is happening in the Congress in Washington, just mail a request to Miss Margaret Wolfe, 535 North Dearborn Street, Chicago 10, Illinois, and you will receive this information weekly. 2. Mrs. Lucille Campbell, State Legislation Chairman, is arranging to publish a Washington State Newsletter from Olympia to keep us all informed on what is going on in the Legislature in Olympia. To receive this publication, send ten stamped, self-addressed envelopes to Mrs. L. A. Campbell, Thurston County Medical Bureau, 420 Security Building, Olympia.

Until the Legislature convenes in January (20th) there is nothing timely to report, but Edith Lawrence informs me her minute women are well-organized and ready to help in any way necessary.

### Board Meeting

Board meeting for January will be held one hour before the regular meeting—see you at 12:00 noon, Friday the 18th, at Dorothy's!

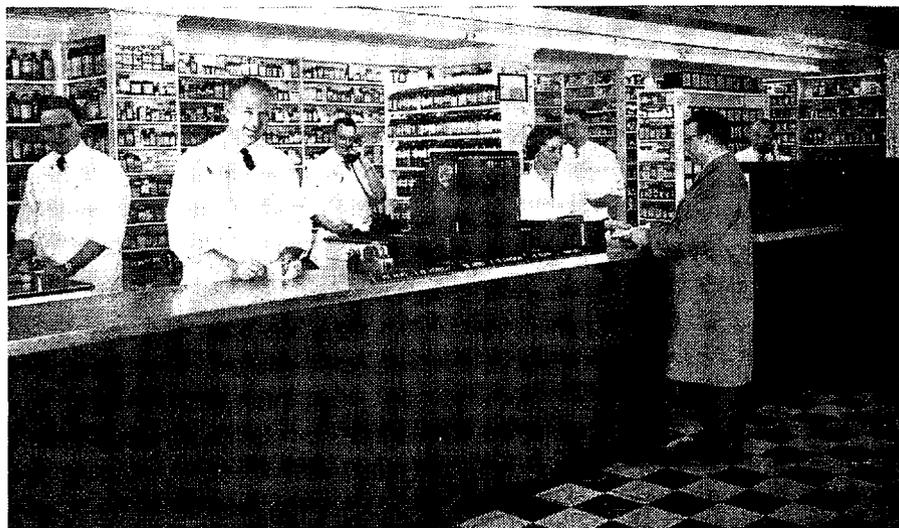
### Dues Are Due!!!

The Christmas party for our children was a big success!!! I am sure everyone who attended the party at Jackson Hall, December 15th loved watching all the cute children and thrilled to hear the beautiful musical program the talented youngsters furnished. Adrienne Nelson, daughter of Everett and Muriel Nelson, played Christmas carols on her harp; Angela Bonica, John and Emma's daughter, sang a beautiful solo; Rod Rosenblatt, talented son of Maxine and Bill, sang two Christmas selections; and the McBride Sisters, daughters of Glenn and Margaret, formed a string trio to play Christmas carols, Betsy on the piano, Barbara the cello and Molly (and Margaret!) the violins. Sandy Rosenblatt accompanied the vocalists. Beautifully done each and every one!

Helen and Emma deserve a hearty "thank you" for all their work—decorating the hall, arranging for and serving the cake and punch, arranging the lovely program and getting in

(Continued on Page 21)

# PRESCRIPTION SPECIALISTS



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(Continued from Page 19)

touch with Santa so he could bring candy canes for all the children. Thanks, too, to Hazel Whitacre—you should see her do the hokey-pokey!

The monetary gifts received from the children totaled \$77.00 and this money will be used to purchase playground equipment for the forty children in the Children's Ward at Western State Hospital. Helen Florence, Emma Bonica and Mirian Bondo, Mental Health Chairman, contacted the hospital and learned they deperately need this equipment. The party was not only a success but the idea an excellent one—which brings up the occasion for a special thanks to Emily Barronian for suggesting that the party be a benefit for needy children as well as a good time for our children. We all liked the idea very much and I, for one, can say my children were happy to feel they helped make other children happy.

#### Y Memberships for Student Nurses

Edna Backup was asked to investigate at the YWCA the interest and participation of student nurses in the plunges we have provided in the past years. She was informed that last year there were so few nurses who took the plunges that the YWCA offered to con-

sider this a free service of the "Y." After further investigation Edna suggested that instead of merely giving \$50.00 toward plunges we take out group memberships for the student nurses at St. Joseph's and Tacoma General Hospitals, making them eligible to participate in any activity sponsored by the "Y." Group memberships for nurses at both hospitals could be purchased for \$15.00 for the year. At the December Board Meeting the Board voted to purchase these memberships and to also provide \$35.00 toward individual plunges (which are \$.35 each).

**OUR DINNER DANCE WILL BE HELD APRIL 20TH AT THE TENNIS CLUB. SAVE THAT DATE!**

#### Publicity

Jo Kohler, Assistant Publicity Chairman, will handle all newspaper publicity for our Nurse Recruitment Program.

#### National Health Week

Marjorie Wicks, our Auxiliary's representative at the Tacoma and Pierce County Health Council, has been appointed Chairman of National Health Week, March 17th through 25th, by the Health Council President. We all know this will be a big responsibility. Let's give Marj. all the support she will need!

(Continued on Page 23)

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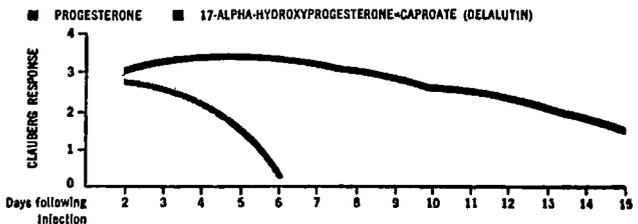
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**TACOMA 3, WASH.**

*(Continued from Page 21)***Mental Health**

For further information regarding the "Milestones to Marriage" pamphlets distributed in the schools and available to Auxiliary members, these pamphlets were not only approved by the National Medical Auxiliary but also locally by Dr. Haskel Maier, Chairman of the Public Relations Committee, and Dr. William H. Todd, Chairman of the Mental Health Committee.

**Nurse Recruitment**

Special emphasis has been made on the Nurse Recruitment Program in the Auxiliary again this year. The seven Future Nurses Clubs at Stadium, Lincoln, Clover Park, St. Leo's, Fife, Puyallup-Sumner and Bethel are very active. Stadium has the largest membership, eighty-five but all clubs are enthusiastic.

The activities of these clubs include field trips; guest speakers from American Lake Hospital, Public Health Nursing, Armed Forces Nursing; taking care of the bookcart at the hospitals; collecting toys for needy children at Christmas; making tray favors for hospitalized children; movies and many other projects.

Our biggest project for the year is to be a Workshop put on by Mrs. Robert Jones, Saturday, February 16th, from 10:30 to 2:00 p.m. at Jackson Hall. This will be a program on all phases of Nurse Recruitment. A special invitation will be extended to the Future Nurse Clubs and anyone interested is cordially invited.

In the past, Medical Auxiliary members have acted as sponsors to these groups. This year we asked the Alumnae associations of the Tacoma General and St. Joseph's Hospitals to assist with this program and their response and cooperation have been very gratifying. We now have one Auxiliary member and one alumni member acting as sponsors for each of these clubs. The sponsors have been meeting about once

every other month to compare notes and help each other with their individual club problems.

In February the Tacoma General Hospital Alumnae group is inviting a representative group from each Club to attend its monthly meeting. They will have a speaker who will talk on different types of nursing education, which should prove interesting to the girls. (Thank you, Bev Harrelson, Chairman Nurse Recruitment Program.)

**REMEMBER . . . FEBRUARY IS THE MONTH WE ARE NEEDED TO HELP WITH THE TUBERCULOSIS X-RAY SURVEY.**

Barbara Anderson has been appointed Public Health Nursing Board Representative from our Auxiliary.

Our apologies to Bess Drues—her name was left off the Telephone Committee list in our yearbook.

Thank you, Dorothy Maier, for helping at the Registration Desk at the A.M.A. meeting in Seattle!

**News**

Congratulations to Sam and Lorraine Adams—their little son was born December 14th. He joins four brothers and a sister. Kay and Ross Wright have left for a month's vacation in and around Central America—we'll have to hear about that!

And the Grenley's have headed south for a vacation in the sun, too.

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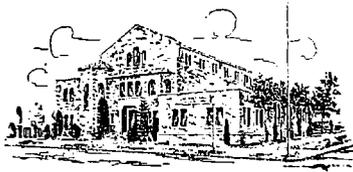
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## *Report on Chicago Dermatology Meeting*

The American Academy of Dermatology and Syphilology held its fifteenth annual meeting at the Palmer House in Chicago from December eighth to thirteenth. Tacoma was well represented with Doctors Dale Doherty and John M. Shaw attending. The program offered special courses in various aspects of Dermatology, Mycology, Bacteriology and Virology, Anatomy and Embryology, etc. These courses take up the first two days of the meeting, and then are followed by four days of various symposia, round table discussion groups, lectures, etc. Many problems were covered in these groups, and included industrial dermatoses, deep and superficial fungus infections, cutaneous malignancies, syphilis and allied venereal diseases, surgical dermabrasion, etc.

The virology and bacteriological course was of interest to both of us, and we were exposed to some of the new theories, as well as an occasional practical "pearl." One interesting point was the theoretical reproduction of viruses. It is felt in some enlightened circles that viruses multiply by entering the host cell as an elementary body. This initiates a metabolic process in which the cell stops providing for itself and, instead, begins to manufacture new virus particles in the form of ribonucleic acid. In effect, the cell commits suicide in an effort to manufacture new virus materials.

From a practical standpoint, once again the extreme danger in vaccinating any child or adult with widespread skin disease was emphasized, particularly atopic eczema. Mention was made of fatal vaccinia occurrences in patients receiving cortisone. Another complication of vaccinia is the intense, destructive and fatal reaction in the patient with agammaglobulinemia. The chemo-therapy of virus diseases continues to be a discouraging problem, and nothing yet has shown any signs of beneficial effect on virus diseases.

The extremely varied and pertinent programs produced certain frustrations due to attempts to attend several panels at one time. It was, of course, impossible to attend all of the sessions, and a few necessarily were missed. The only way to salve these frustrations was in the convivial evening socializing with old friends.

You may be interested in some of the programs presented. On Monday, following the usual Executive Session, a special lecture was given on The Seborrhic States. This included a presentation on The Seborrhic Diatheses by a great lecturer, John T. Ingram of Leeds, Eng-

*(Continued on Page 29)*

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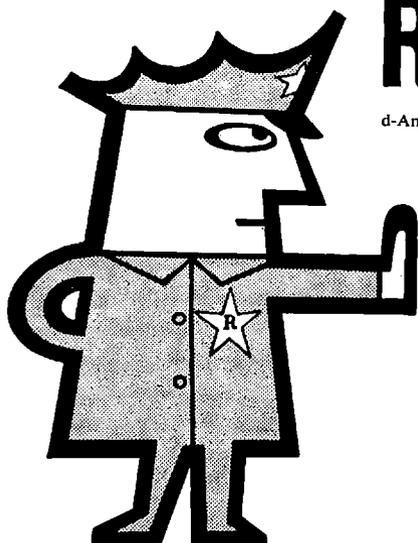
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(Continued from Page 27)

land. In the afternoon, choice was offered on Cutaneous Granulomas, The Diagnosis and Treatment of Fungus Infections, both Superficial and Deep, and Techniques in the Application of X-ray and Radium. At the same time, a panel on Common Dermatoses was presented. Tuesday morning offered a symposium on Surgical, Physical and Radiation Therapy, The Light Sensitive Dermatoses and Porphyria, Physiology and Chemistry of the Skin, and Industrial Dermatoses. There was also a symposium on Diseases of the Scalp, and a panel on The Diagnosis and Treatment of Cutaneous Malignancies, as well as a symposium on Syphilis and Allied Venereal Diseases. Wednesday morning stressed Cutaneous Allergies with respect to reports on various sensitizers, as well as some theoretical presentations on antibody demonstration, etc. There was one panel on the Disturbances of Pigmentation which included the Biochemical aspects of hyperpigmentation as well as treatment for the hyperpigmented states and the management of pigmented nevi of the skin. A Clinico-Pathologic Conference was in session throughout the entire day Wednesday, covering all aspects of problems presented by various panel members, for instruction purposes. If you refused interest in any of the preceding offerings, a Peripheral Vascular Disease symposium was available at the same time. Wednesday afternoon included a panel on Eczema of Infants and Children, always of interest to practitioners who see this common problem. An interesting symposium on Internal Medicine in Relation to Dermatology was presented by L. A. Brunsting, with comments on atherosclerosis, Osler's Disease and The Carcinoid Syndrome, and a presentation by John R. Haserick on Systemic Lupus Erythematosus. Thursday brought another full day of Pharmaceutical Therapeutics, Miscellaneous Dermatoses, and even a panel on Cutaneous Testing. This included the Kveim Reaction.

Not only were the panels and symposia of great interest, but the many excellent scientific exhibits presented information on many aspects of Dermatology, both from the angle of basic research, as well as practical Dermatologic medicine. I must admit I also enjoyed the technical exhibits, and was able to pick up pencils and other trivia to satisfy all the demands of the children at home. This undoubtedly saved two or three hours of shopping in the crowded stores of Chicago.

Recommended for good food: George Diamond's, Red Star Inn, Don & Beachcomber & Jacques. Recommended for excellent Dixieland: Jazz, Ltd.

Flying both ways was delightful, and the weather in Chicago was in the neighborhood of 19 and 20 degrees, with some occasional snow flurries. This had the effect of keeping everyone fairly well confined to the Palmer House. The attendance was upwards of one thousand two hundred Dermatologists.

John M. Shaw

### *Academy of Medicine of Cincinnati To Have Birthday Party*

The Academy of Medicine of Cincinnati cordially invites all physicians, their families, and their patients to its 100th Birthday Party, February 27 through March 5, 1957. In order to officially observe the occasion, a Health Museum and Exposition will be established in Cincinnati's spacious and historic Music Hall. One hundred and seventy-five health and scientific exhibits, representing medicine, hospitals, research centers, public health, nursing, pharmacy and industry will be displayed in the north and south halls. Notable among these exhibits and occupying some 4,000 square feet of space, will be an atomic energy exhibit from the American Museum of Atomic Energy entitled "Atoms for Peace."

Dr. Paul D. White and Dr. Walter Alvarez, noted medical scientists and authors, have accepted invitations to be among the distinguished guest speakers.

The Centennial Convocation will be held on the last night of the Exposition, March 5, 1957. The Convocation address will be given by Sir Edward Appleton, Nobel Laureate, Edinburgh, Scotland, and civic leaders, officials of both the American and State Medical Associations, and Government dignitaries will take part in the elaborate ceremonies.

Professor Reginald McGrane, Chairman of the Department of History, University of Cincinnati, has prepared a one hundred year history of the Academy of Medicine, entitled "The Doctor's Forum." Copies of this volume will be available at the Centennial Exposition.

The Cincinnati Journal of Medicine also is preparing a special Centennial Edition for the occasion.

It is anticipated that 500,000 people will be on hand at the Music Hall as an assurance that the Academy of Medicine's Centennial observance will be an historic event.

Teacher: "Johnny, what are the three great American parties?"

Johnny: "Democratic, Republican and cocktail."



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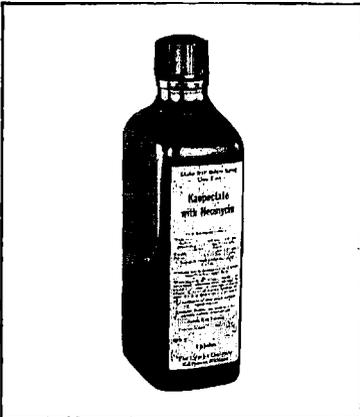
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Suspended with methylcellulose 1.25%

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# HOSPITALS . . .

## Tacoma General

A comparatively low surgical census, due to the Holidays, made it possible to close Ward A for renovating during the week between Christmas and New Years. Several members of the Staff were thus enabled to enjoy holiday vacationing.

A month in Hawaii was enjoyed by Mrs. Sara Copeland, Second North Head Nurse. She arrived back the week before Christmas festooned in orchid leis.

New members of the Faculty of the School of Nursing are Miss Bernice Nelson, Evening Clinical Instructor, a graduate of the University of Washington School of Nursing; and Mrs. Flora Marymont, Instructor in Pharmacology, a graduate of the Bellevue Hospital School of Nursing and New York University. Mrs. Marymont is the wife of Dr. Jesse Marymont, Pathologist, who is stationed at Fort Lewis.

Mr. Alex Babbit enjoyed a pre-Christmas flight to Oakland, California, to attend the wedding of his son, George, to Miss Frances Marie Gericch.

Upon their return from the Holidays, forty probies will begin their clinical experience on the wards.

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## Saint Joseph's

A new tradition has begun at St. Joseph's with the Annual Christmas party for all in the cafeteria on December 19th from 2-6 p.m. The cafeteria was beautifully decorated in the holiday motif. A buffet luncheon was served and door prizes were awarded every hour on the hour. The lucky winners were Mrs. Viafore, R.N., Nora Nitz and two student nurses.

Sister Antonia and the sisters who worked so hard to make it a success were amply rewarded for all their labors as the sandwiches, salads, fruit cakes, etc. disappeared during the afternoon.

The doctors were entertained during their annual dinner meeting with vocal and instrumental selections by the orchestra from Saint Martin's High, Olympia. The "Six Teens" as they called themselves had a very appreciative audience and joined in the singing of Christmas carols.

This year again the St. Joseph Alumni has sponsored filling the envelopes for the March

of Dimes for Tacoma and vicinity. There are about 55,000 envelopes to be done.

Winter Wonderland Festival is but a memory and a sincere "Thank you and God bless you," is extended to our many friends among the doctors, personnel and general public for their faithful cooperation and assistance.

A list of the winners for the main prizes is as follows: 1st prize, \$300—Mrs. John McGary, Freeland, Wash. (father of one of the student nurses). 2nd prize, \$200—Mrs. Charlotte Larkin. 3rd prize, \$100—Mr. Bob Gallagher. 4th prize, \$50—Mrs. J. W. Hamilton, Seattle, Wash. 5th prize, \$50—Mrs. H. L. McCulloch, Puyallup, Wash.

Members of the student body played Santa Claus to the Alumni on Wednesday, Dec. 12 when they had their annual Christmas party in the Nurses' residence.

From the laundry comes news that Mrs. Adele Brown enjoyed a visit with her son and family who came all the way from Texas to spend the holidays with her. Ann Levesque is also happy that she had her daughter and four grandchildren visit her with past Christmas. Other years she traveled to Wyoming to visit them. We are glad to have Gerrtude Oswald back after two months at home with a broken ankle.

The Tacoma Society of Medical Technologists held their annual Christmas party at the home of Dolores Hebert. All the Medical Technologists in Pierce County belong to it.

It was with a sense of loss we said goodbye to Mrs. Armatas (known to us all as Katherine) at a baby shower held in the cafeteria on Friday, November 30th.

After almost four years of service in the Pharmacy Katherine had endeared herself to all of us and she was surprised, excited and happy when friends from all departments came bearing gifts for the expected one. Among the lovely gifts was a cosy and beautiful baby blanket from the sisters.

The table arrangement was a little sparkling house upon which a sizable stork had descended and pink and blue candles shed a soft light from its four corners. There were brightly colored candies, ice cream and coffee for the guests presented by the Sisters and the expression of joy which accompanies such an occasion was pleasurable to all who came to the "shower."

(Continued on Page 34)

(Continued from Page 33)

We shall miss Katherine's happy disposition and willing service, but the reason for her departure is the only one which compensates for her leaving.

A book has been compiled which contains a list of all the drugs in the pharmacy. It took almost eighteen months to complete. When it is printed we hope that all those whose work is connected with drugs will find it useful and informative. As new drugs are added to our stock they will also be added to the list together with the strength and dosage.

New members of the Stork Club are: Dr. and Mrs. John Comfort, a son, December 8th, Dr. and Mrs. Samuel Adams, a son, December 14th. Mrs. Doreen Lorenz, R.N., a son, December 2nd, Mary Jo Strom, R.N., a son, November 30th, Mrs. Wetch, R.N., a daughter, December 20th. Mrs. Ganelli Sweers, a former member of the Pediatric Staff, a son, December 4th. Congratulations to all.

Sister Theodore Joseph accompanied by Sister Celine Magdalen attended a two day Institute in Hospital and Hotel Housekeeping at the University of Washington on the 7th and 8th of December. Over 60 people attended. These were comprised of hospital and hotel administrators and many executive house keep-

ers and housekeeping supervisors. It was the first of its kind to be held in this section of the country and was a huge success.

It is amazing how well these professors in the field of sociology, personnel, economics, caught on, and even enjoyed solving the problems of housekeeping.

The X-ray department said goodbye to Clair Villeria, (our little Tech). Judy Manza was the hostess at a buffet dinner attended by the X-ray department personnel and their friends. Clair and her husband leave for their home in New Mexico after completing their service requirement. Clair was in charge of the Radio Active Isotope Laboratory along with her duties as an X-ray Technician. Happy New Year to all.

### *Student Nurses Take Note*

You are eligible to participate in any activity at the YWCA! This is made possible by the Auxiliary of the Pierce County Medical Society which has taken out group memberships for student nurses at St. Joseph's and Tacoma General Hospitals. The "Y" offers a diversified program of relaxing, entertaining, and educational activities. Take advantage of this opportunity and have fun!

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## Pierce County

Mrs. Emma Delin, president of the Mutual Employees Benefit Association of Pierce County Hospital and her various committees deserve much credit for the large, successful Christmas hospital party given December 8th at the New Yorker. Approximately 275 attended. They were entertained with the beautiful caroling of the St. Leo Marionettes and by the less dignified music of the Heidelberg Duo, Ray and O'Dare, done in the inimitable and entertaining manner of these singers. Dr. Jack Paap, one of this year's interns, was a capable Master of Ceremonies. Dr. Wayne Marsh, another intern, drew the door prize, a \$10.00 cash certificate. During the evening Dr. Claris Allison announced that William Trigg and Joan Kirmse had just been notified that they had passed the state board examination for registered x-ray technicians. It is noteworthy that Pierce County Hospital now has one of the few x-ray departments which has a staff entirely composed of registered technicians.

Dr. and Mrs. Fred Nesbit leave on the 21st for a motor trip to Berkeley, California where they will spend the Christmas and New Year's

holidays with relatives. Part of their stay will be spent in San Francisco. Dr. Nesbit is a resident at Pierce County Hospital.

Most hearty congratulations are being showered upon Dr. and Mrs. Dan Stipe on the arrival of a seven pound, eight ounce boy, born December 8th. The proud grandparents are Mr. and Mrs. L. C. McDonald and Mr. and Mrs. H. E. Stipe of Wichita, Kansas. The newcomer is to be named Scott Whitney Stipe. He joins a beautiful 4 year old sister. Mrs. McDonald is visiting at the Stipe home for an indefinite time.

A delightful visitor, whom many of the hospital personnel know from her previous visits to Tacoma, is Mrs. Bertha Osborn of Glyndon, Minnesota. Mrs. Osborn is the aunt of Mrs. Margaret Williamson and Mrs. Helen McKibbin of the Social Service department. She travels extensively and is at present on her way to visit other relatives at Pebble Beach and Riverside, California. Later, she will continue on her way to Hawaii. It is always a pleasure to renew our acquaintance with this interesting, charming little lady.

Members of the Social Service Department held their annual department Christmas party at Steve's Restaurant on December 20.

Mrs. Florence Rokahr, former head of the Record Department, and now holding a similar position for the Northern Pacific Hospital, was a visitor at Pierce County Hospital on the 14th of December, just prior to leaving for one of her frequent business trips to St. Paul, Minnesota.

### *Dr. Bonica Is Elected Vice-President of American Anesthesiologists*

Dr. John J. Bonica was honored recently when he was elected 2nd Vice-President of the American Society of Anesthesiologists. The election was held in October at the Society's annual meeting in Kansas City.

In addition to this, Dr. Bonica was appointed senior examiner for the American Boards of Anesthesiology held recently in San Diego. He has also been named as consultant in anesthesiology to the University of Washington School of Medicine.

Dr. Bonica was guest speaker at the 6th Mexican Congress of Anesthesiologists held in Mexico City Nov. 8 to 11 and also addressed the Mexican Society of Neurosurgery.

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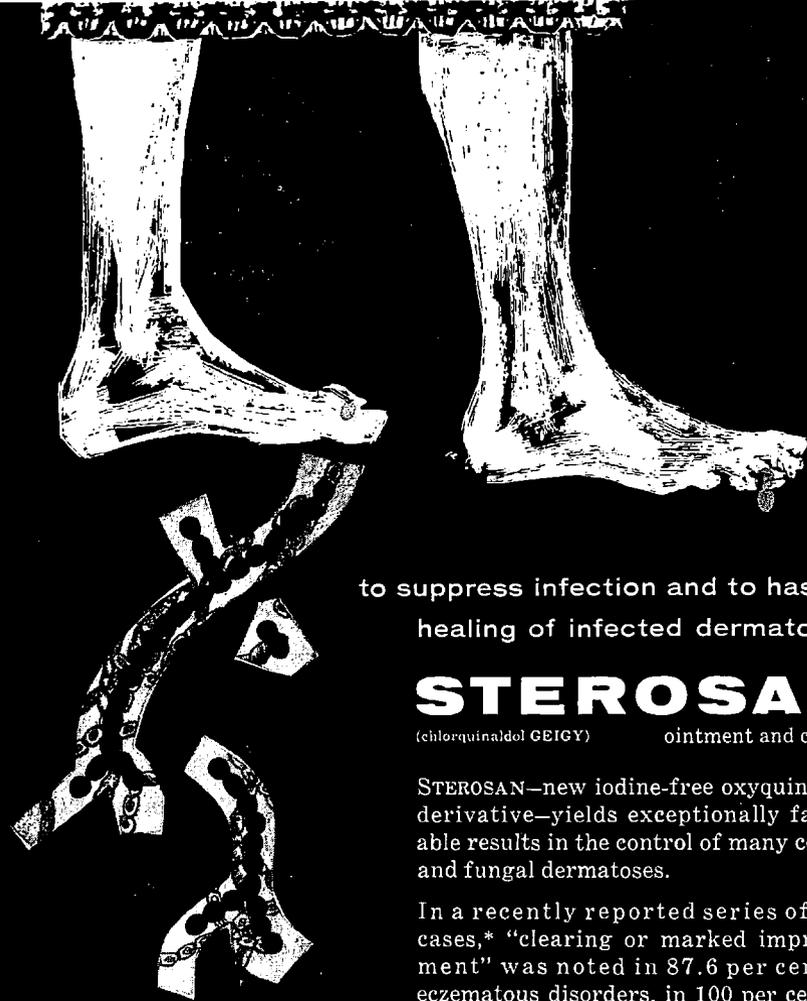
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\*Murphy, J. C.: Rocky Mountain M. J. 52:530, 1955.  
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*Reprinted from Secretary's Letter***What Makes An Ideal Physician?**

One of the most interesting speeches at the North Central Medical Conference was the presidential address of Dr. Woutat. An especially interesting feature was his own analysis of "the 1956 requirements" of the so-called ideal physician. Dr. Woutat said:

"The ideal physician must, of course, be of fine and scholarly appearance, with great intellectual capacity, of faultless personal habits, and inspire the confidence of his patients and the respect of all others.

"He must be active in community affairs, taking his full part in Chamber of Commerce and service club functions, serve on and advise municipal and other governmental bodies as called up, be active in local and state political affairs, be a good church worker and attend church frequently.

"He must be available on short notice for papers to local P-TA and church groups, service and business girls' clubs, and all other groups and organizations interested in obtaining reliable information on medical subjects. He must, of course, take an active part in the various youth programs of the community.

"He must work on and contribute liberally and cheerfully to fund raising campaigns for new hospitals, YM and YWCAs, old people's homes and nursing homes, give liberal support to the church and community chest, and help defray the deficit of the local ball club.

"He must be active in his local and state medical societies, attend meetings regularly, and accept officership and committee assignments eagerly and perform his duties quickly and with great tact and diplomacy.

"He must be faithful in attendance at hospital staff meetings, be ready to give carefully prepared scientific papers, serve on hospital committees cheerfully and efficiently, keep his hospital records complete in all details, and be prompt with carefully prepared lectures to the student nurses.

"He must be a good family man with a gracious and tactful wife who abhors mink coats and other vulgar extravagances, and must spend lots of time at home with his children.

"But above all this, he must never fail to give his patients the finest possible medical service, keeping abreast of medical progress by reading, attendance at medical meetings, and taking frequent post-graduate courses. He must be a tireless worker and improve his public relations by spending adequate time with his patients, answering urgent calls promptly, day or night, and by not keeping his patients waiting. This must all most certainly be done for what has been vaguely defined as a reasonable fee."

Editor's Note—Who the hell could do one-half of this?

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*Study of 1956 State  
Medical Association Dues*

The Michigan State Medical Society recently surveyed each of the 49 constituent state medical associations (District of Columbia and the 48 states) on current state dues.

The study showed that the average American physician pays between \$50 and \$60 per year state association dues. His county society dues range from \$20 to \$70 per year depending upon whether the county or component society maintains an executive office.

Detailed information on the study may be obtained from Rowland Kennedy, executive secretary of the Mississippi State Medical Association, or William J. Burns executive director of the Michigan State Medical Association.

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### Medicare Begins on Schedule 2 Million Eligible

The armed forces long-sought goal of a broad, uniform program of medical care for dependents of servicemen went into operation December 7, the 15th anniversary of the attack on Pearl Harbor. With \$41 million earmarked for the program through next July 1, an estimated 2 million dependents became eligible for care in military facilities or through civilian resources. At the time of the inauguration of the program, all but two states had signed contracts for provision of care by civilian doctors and non-military hospitals.

Defense said: "Despite the great detail involved in working out the program in conjunction with medical societies in each state and territory, the Army as executive agent, has been successful in initiating the program on schedule. It is anticipated that some initial local difficulties may be encountered, but these should be of a temporary nature."

Other medicare developments reported by

the Office of Dependents Medical Care:

(1) state societies or their agents planning to receive from the Defense Department 60-day working capital to enable them to pay claims of physicians in the opening phase of the program should apply as soon as possible, and (2) supplies of the form for filing claims for services are going out to societies as fast as they come from the Government Printing Office; all groups should have enough copies within a week.

### PHS Foresees Record Total of Births This Year

Public Health Service estimates that births in the U.S. this year will total 4,202,000, a new record. That would be 111,000 more than the estimated births in 1955. Estimates of births during the first nine months of this year are running nearly 3% ahead of 1955. PHS believes the new record is due in part to increase in number of couples having their first child.

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Powdered Stomach.....	200 mg.	Folic Acid.....	4 mg.

LEDERLE LABORATORIES DIVISION AMERICAN Cyanamid COMPANY Pearl River, N. Y. \*REG. U.S. PAT. OFF.



### National Foundation for Infantile Paralysis Postdoctoral Fellowships

March 1, is the deadline this calendar year for submitting applications to the National Foundation for Infantile Paralysis for postdoctoral fellowships. Applications submitted before that date will be considered by the appropriate National Foundation Fellowship Committee in May.

Postdoctoral fellowships are available (a) in Rehabilitation, either the concept and basic techniques applied to specialized fields in medicine, or for preparation in the specialty of Physical Medicine and Rehabilitation; (b) in Psychiatry; (c) in Orthopedics; (d) in the Management of Poliomyelitis; (e) in Preventive Medicine; (f) for postdoctoral training in research and/or academic medicine.

In addition to a monthly stipend which varies from \$3,600 to \$6,000 annually according to the individual needs and marital status of the applicant, the National Foundation arranges for compensation to the institution according to the program undertaken. For a full academic program, tuition and fees are paid; for other programs, a sum not to exceed \$1,250.00 per year including tuition. Partial fellowships are available for qualified veterans to supplement G.I. educational benefits.

The next deadline for applications will be September 1 for consideration in May.

For further information write:

Division of Professional Education

National Foundation for Infantile Paralysis  
120 Broadway  
New York 5, New York

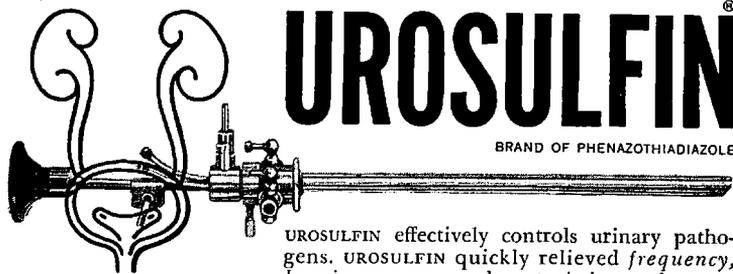
(After March 1, 1957 write to our new address 301 East 42nd Street, New York, N. Y.)

### Folsom Predicts Another \$2 Billion Health-Welfare Budget

Secretary Folsom says the Department of Health, Education, and Welfare is planning to ask for more than \$2.2 billion for HEW programs this coming fiscal year. The last Congress voted that amount. With a final decision still pending in the Budget Bureau, Mr. Folsom is not announcing the exact total to be requested in the budget message due to be sent to Congress in January. The Secretary warns that while the country must maintain a strong defense "we want to be very careful that we don't let down on expenditures in the field of health, education, and welfare. . . . We have to look out for our human resources."

He outlines these legislative goals for the next session: (1) grants to medical schools to build classrooms, (probably at the rate of \$20 million a year); schools and other institutions now have available \$30 million a year for laboratory construction, (2) authority for small insurance companies to pool their resources without violating anti-trust laws in order to encourage expansion of voluntary health insurance, and (3) more programs for the aged.

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\*Carroll, G., et al.: Paper read at Southern Medical Association Meeting in Washington, D. C., on Nov. 14, 1956.



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## MONTHLY MEETINGS

**STAFF OF TACOMA GENERAL**

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

**STAFF OF ST. JOSEPH'S**

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

**TACOMA ACADEMY OF INTERNAL MEDICINE**

Fourth Tuesday of each month—6 p.m. at Tacoma Club

**SURGICAL SOCIETY**

Third Tuesday of each month—6:30 p.m. at Tacoma Club

**STAFF OF PIERCE COUNTY**

Last Monday of each month—6:15 p.m.

**PIERCE COUNTY MEDICAL SOCIETY**

Second Tuesday of the Month—8:15 p.m.

**STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL**

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

**STAFF OF MEDICAL ARTS HOSPITAL**

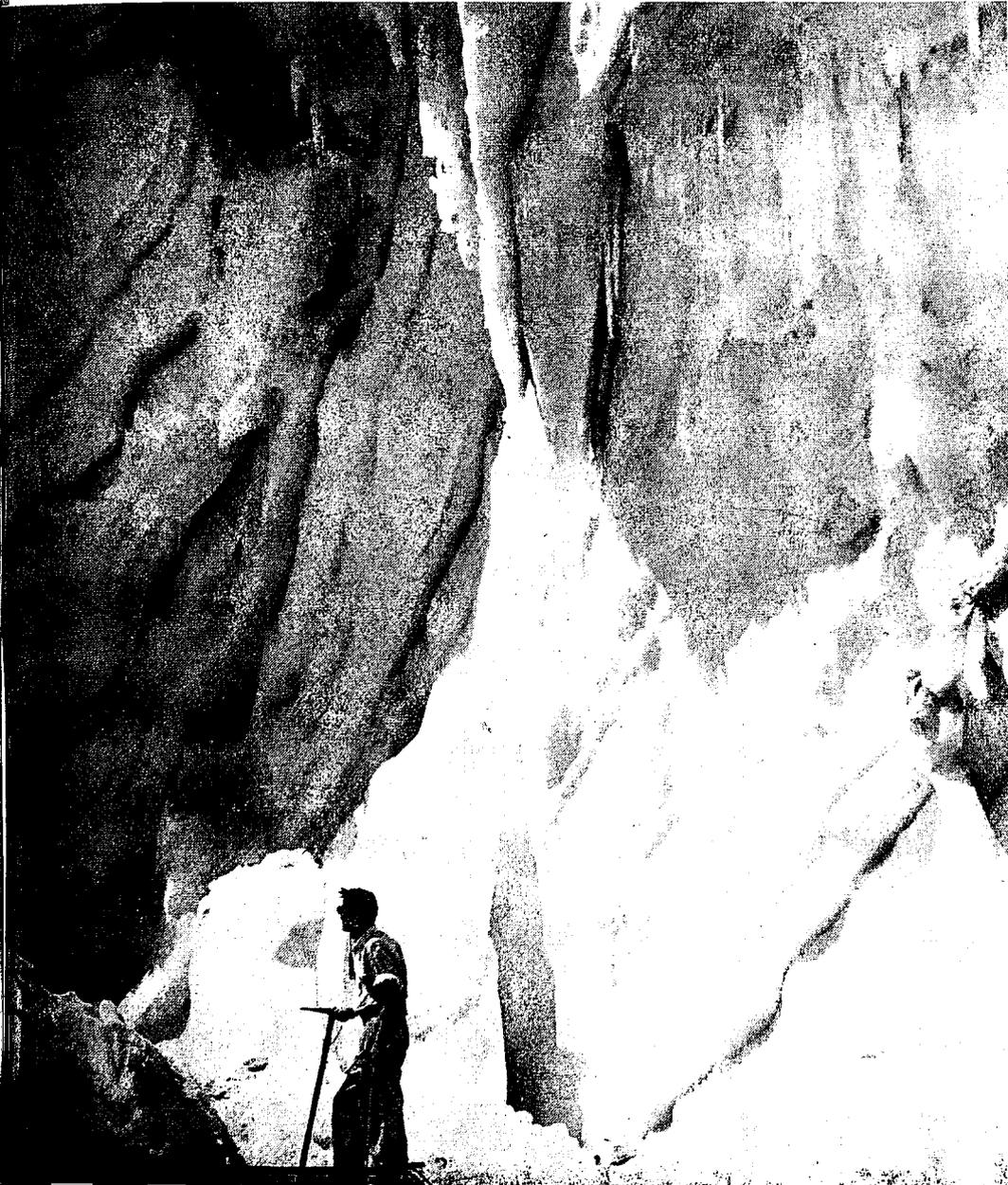
Third Friday of March, June, Sept. and Dec.—7:15 a.m.  
at Scotty's Cafe

*The* **BULLETIN** *of the*  
**PIERCE COUNTY MEDICAL SOCIETY**

VOL. XXVII—No. 6

TACOMA, WASH.

FEBRUARY · 1957



# Pierce County Medical Society

1957

## OFFICERS

President ..... Hillis F. Griffin  
 President-Elect ..... Herman S. Judd  
 Vice-President ..... Glenn G. McBride  
 Secretary-Treasurer ..... Arnold J. Herrmann  
 Executive Secretary ..... Judy Gordon

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 Douglas Buttorff ..... Herman S. Judd  
 Carlisle Dietrich ..... Gerald C. Kohl  
 Robert W. Florence ..... S. Robert Lantiere  
 Philip Grenley ..... Glenn McBride  
 Hillis F. Griffin ..... Warren F. Smith

## DELEGATES

Douglas Buttorff ..... Louis P. Hoyer, Jr.  
 Philip Grenley ..... Charles E. Kemp  
 Arnold J. Herrmann ..... Frank Maddison

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Robert W. Florence ..... Wendell C. Peterson  
 Gerald C. Geissler ..... Frederick J. Schwind  
 Murray Johnson ..... Wayne Zimmerman

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 Robert E. Lane ..... Samuel E. Light

**Grievance**  
 Gerald C. Kohl, Chairman  
 Walter C. Cameron ..... Miles Parrott

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 Philip C. Kyle, Chairman  
 Carlisle Dietrich ..... Chris C. Reynolds

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 Theodore J. H. Smith ..... Everett Nelson  
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 Dumont Staatz

## Bulletin Staff

Editor ..... William Mattson, Jr.  
 Business Manager ..... Judy Gordon  
 Auxiliary News Editor ..... Mrs. Howard Pratt



## Happy Birthday

February

- 1 CHARLES B. ARNOLD
- 3 WILLIAM P. HAUSER
- 6 ALFRED L. SCHULTZ  
DON WILLARD
- 14 FRANK L. WILLIAMS
- 15 PAUL E. BONDO  
THOMAS R. WEST
- 16 JOHN J. BONICA  
SCOTT S. JONES
- 20 GEORGE A. DELANEY
- 22 JOHN L. WHITAKER
- 23 PHILIP C. KYLE  
FRANK J. RIGOS
- 24 JAMES E. HAZELRIGG

## NOTICE

Check back page of Bulletin for calendar of special meetings

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### *Proposed Amendment to the By-Laws*

As directed by the President of the Pierce County Medical Society, the following amendment to the by-laws of that Society is as follows:

Chapter 3, Section 1, be amended to read as follows:

Regular meetings of the Society shall be held on the second Tuesday of each month, except June, July, August and September at such time and place as the Board of Trustees and the Society itself shall designate, with the exception that the first meeting after the May meeting of each year will be called at the discretion of the President primarily for consideration of legislation to be acted upon at the Washington State Medical Association House of Delegates annual session of that same year. The regular meeting in December shall be known as the annual meeting and at that meeting the Society shall accomplish the election of officers in accordance with Chapter 4 of these by-laws.

Respectfully submitted,

Herman S. Judd, M.D., Chairman  
G. Marshall Whitacre, M.D.  
R. A. Norton, M.D.

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**M E E T I N G**  
**PIERCE COUNTY MEDICAL SOCIETY**  
**TUESDAY, FEBRUARY 12**

**7:30 P.M.**

**Tacoma Athletic Club . . . 733 Commerce**

**No-Host Social Hour . . . 6:00**

**Dinner . . . . . 6:30**



**P R O G R A M**

**SPEAKER: DR. RALPH H. HIGHMILLER**

**Medical Director, Department of Labor and Industries**

**"HOW THE DOCTOR CAN OBTAIN MAXIMUM BENEFITS  
FROM DEPARTMENT CASES."**

(Dr. Highmiller will appreciate questions, complaints, misunderstandings, etc., regarding this department and urges that they be submitted in advance, if possible, in order that he may incorporate them into his talk. Address correspondence to him at the Dept. of Labor and Industries, Olympia, Washington.)

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## EDITORIALLY SPEAKING

This month I had the opportunity to attend my first Heart Association meeting. This was the Pierce County Board and included representatives of business, labor, and public health as well as several service organizations and approximately six doctors for a total of nearly 18 members.

In addition to putting on an excellent, annual symposia in Seattle, this organization really does a fine job locally.

January 29th the Heart Association co-sponsored with the Pierce County Medical Society, the second annual Heart Forum in Tacoma. The organization's funds are used for the purpose of making available wheel chairs, beds, physiotherapy and penicillin tablets for prophylaxis of rheumatic fever patients.

A striking example of the help given by the local chapter was presented at the recent meeting. A local man was scheduled for open heart surgery in Seattle but blood was not available until the surgeon requested help through the Heart Association. A large volume of fresh blood was readily obtained as a result of the assistance given by the local chapter.

Although some physicians serve on the Board and others are presenting papers at the "Heart Forum," it would seem that this organization warrants greater support from all physicians. Possibly literature and announcements of Heart Forums in our office reception rooms would be helpful.

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## In Memoriam



Dr. George Gilbert Roland Kunz, born in Quincy, Illinois August 30, 1876; died in Dallas, Texas, January 2, 1957.

As a youth, Dr. Kunz studied in private schools in East St. Louis and later attended the University of New Mexico where he was granted a degree in Pharmacy. Soon after that he entered Washington University in St. Louis where he received his medical diploma in 1898. He interned in St. Louis where he was appointed to the staff of the gynecological hospital and from that time on devoted a large portion of his time to diseases of women and surgery.

Dr. Kunz practiced in St. Louis until 1906 when he came to Tacoma. Here he engaged in General Practice which he followed until his retirement in 1950. He gave most of his attention, however, to gynecology and surgery.

Although Dr. Kunz never aspired to office in any Medical Society, he was, nevertheless, one of our most popular and beloved physicians. Prior to his retirement, his friendliness, his marked ability and careful skill in his chosen lines of medicine led him to unusual success. He was, before his retirement, doing a great volume of surgery at both St. Joseph's and Tacoma General Hospitals.

He was especially considerate of, and helpful to, the younger medical men in Tacoma. He was among the first surgeons to attempt the radical removal of cancer and was credited with saving many lives by such treatment.

1908 Dr. Kunz married Isabel Chapin of

Tacoma and to their union were born three children. The first child was a girl who died in infancy. A son, Dr. George Kunz, Jr., of Tacoma and a daughter, Isabel Kunz Corbitt of Spanaway and nine grandchildren survive him.

In 1915-16, Dr. Kunz spent a year in Berlin doing post-graduate work. His wife died in 1950 and after her death, he gradually gave up medicine altogether.

In 1951, he married Doris Eugenie Rogers. He and his wife have spent the past five years in extensive travel in this country and abroad. While in England two years ago, Dr. Kunz was honored by the Royal College of Surgeons and was presented with an emblematic scarf of that Society in honor of his surgical ability.

Enroute to Florida and Puerto Rico, where he intended to spend the winter, Dr. Kunz became ill and died in Dallas, Texas.

Dr. Kunz was a member of St. Luke's Memorial Episcopal Church. He was a life member of Lebanon Lodge, No. 104, F. & A. M. in Tacoma and was also a life member of Scottish Rite Bodies and the Afifi Temple of the Shrine.

Dr. Kunz was a charter member of the American College of Surgeons. He was a member of the Pierce County Medical Society, State and American Medical Associations. He was a staff member of Tacoma General and St. Joseph's Hospitals; a member of the Tacoma Chamber of Commerce, Tacoma Country and Golf Club, University-Union Club, Tacoma Knife and Fork Club and Tacoma Athletic Commission and the English Speaking Union.

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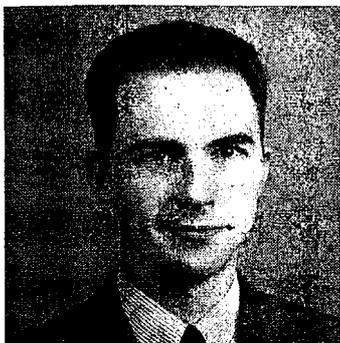
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*Introducing***Charles Reberger**

Charlie is a Tacoman. He attended Tacoma high schools and spent some time at CPS and Willamette University in Salem, Oregon. After completing the University of Oregon Medical School in 1949, he interned at the USN Hospital at Mare Island.

Following some Pathology residency with Charlie Larson, he served in the Navy until 1949 having been stationed in Bremerton and with their military transport service between Seattle, Korea and Japan.

Subsequently, Charlie took his residency at the University of Oregon for one year and with Dr. Mason at Providence in Seattle.

After receiving his Board certification in Pathology, Charlie returned to Tacoma to be associated with Dr. Charlie Larson's group.

Charlie has a wife, Margaret, and two children. His hobbies are music — piano and recordings.

*Introducing***William S. Sullivan**

Bill is another Tacoman who has returned to this city to practice. He was born here in 1927

and attended St. Patrick's, Bellarmine and Seattle University and the University of Washington.

He completed his medicine at St. Louis in 1949. Following this, he interned at Providence for one year and also had a year of surgical residency there.

Prior to completing his education, Bill served in the Navy one and a half year, principally in the Air Corps at Whitman and the University of California.

Bill's family consists of his wife, Joan, and four daughters and (we hope) a boy on the way.

Hobbies include fishing (salt water), golf and bowling.

Bill is practicing in the south end, sharing office space with Dr. John Comfort.

*Introducing***John M. Kanda**

John is another "local boy," returned to practice in this area. He was born in Seattle July 10, 1925 and attended Junior High School in Auburn.

After completing high school in California, he returned to Seattle to take his pre-med at the University of Washington. Before entering the U. of W., however, John served in three campaigns as an Infantryman in the 442nd "go for broke," Japanese-American division in France and Italy from 1944 to 1946.

After graduating in 1950 from the U., he went to St. Louis for his Medicine and, upon completing his course, came to the Pierce County Hospital where he interned in 1955 and was a Resident in 1956.

John is now practicing in Sumner and has a wife, Grace, whom he met in St. Louis.

Hobbies include fishing (salt and freshwater), and flower gardening.

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## The Extramural Services Division of Western State Hospital

**Editor's Note:** Dr. Voorhees has submitted this article at the Editor's request. Attempts being made to correlate all services available in the treatment of psychotic disease warrant the commendation and cooperation of the family doctor in this No. 1 problem—mental health.

On the first day of July, 1956 the Western State Hospital expanded its treatment program beyond the walls of the hospital by creating the Extramural Services Division. The purpose of this division is to aid patients in maintaining the health restored in the hospital as they return to home and job. Even though the major symptoms of psychiatric illness abate with hospital treatment, in order to remain well, the patient needs help in learning healthier ways of meeting the everyday problems of living and working. Some of this help can be given in the hospital but in order to be effective it must continue to be available to the patient while he is in the process of reestablishing himself in the community. The Extramural Services Division seeks to secure that help for the patient.

Since the Extramural Services Division was a new program for the state hospitals to undertake, it was initially set up as a pilot project in order that its effectiveness might be evaluated. Western State Hospital and the Tacoma Pierce County Health Department cooperated in providing office space and staff. The hospital provides offices, secretarial help and the services of William D. Voorhees, Jr., M.D. the psychiatrist in charge of the program. Western State Hospital has also arranged to have its psychiatric residents spend three months on the service as part of their training. The Tacoma Pierce County Health Department provides offices at 24th and Pacific Avenue, secretarial help and the services of a full-time social worker. In actual practice the four social workers employed by the Health Department — Howard Rosen, Reuben Gallegos, George Parrott and Barbara Roger—each devotes 10 hours per week to the project.

The limited number of staff and the experimental nature of the program have made it necessary to restrict the caseload to patients residing in Pierce County who are about to leave Western State Hospital or who have spent some time in a psychiatric hospital and are currently in need of help.

Patients from Pierce County who are about ready to leave Western State Hospital are referred to the Extramural Services Division by their hospital physician. A staff member from the project discusses the patient's illness, cur-

rent psychological status, and future plans with the physician. Additional information is secured from the hospital Social Service Department. The patient's hospital chart is reviewed and interviews are held with the patient while still in the hospital. The major object in these interviews is to help the patient formulate sound plans for living arrangements and job when he leaves. As future plans are developed with the patient these are discussed with the hospital physicians and with the Social Services Department for their criticisms and suggestions. Some portions of the plans are put into effect before the patient leaves the hospital. He may, for example, be granted day leaves to look for a job, to arrange for vocational training or to find a place to live. The hospital Social Service Department may aid the patient in numerous ways: by locating a home placement, a room and board position, by helping him submit an application for public assistance, etc. The Social Service Department and the Extramural Services Division work together, pooling their resources to the patient's advantage. Once the patient has left the hospital further appointments with the project staff are kept in the Tacoma office. While continued psychotherapy or casework interviews will be offered by the project when indicated, emphasis is placed on

*(Continued on Page 15)*

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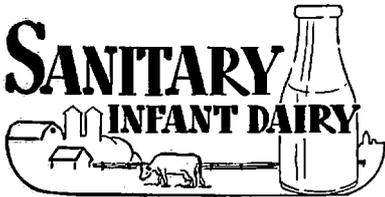


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(Continued from Page 13)

referring the patient to existing community facilities which offer the service he needs and which are able to work effectively with him. These community facilities include family physicians, private psychiatrists, vocational counsellors, public and private casework agencies, social organizations, etc. Each time a patient is referred the project personnel, with the permission of the patient, discuss the reasons for referral, the pertinent background material and their recommendations with the receiving agency. Some patients require the combined services of the receiving agency and the Extramural Services Division. Others require only the aid of the receiving agency although the project staff is ready when called on to offer whatever consultation, evaluation or therapeutic aid it can to the patient or to the community facility working with him.

Patients living in Pierce County who have spent some time in a psychiatric hospital and are in need of further help come to the Extramural Services Division by referral from community facilities (social service agencies, courts, Department of Public Assistance, Division of Vocational Rehabilitation, family physicians, etc.) or by self referral. Every patient is evaluated by the psychiatrist early in the course of his contact with the program although he may be seen initially by a social worker. Major attention is focused on the problems that bring the patient to the clinic. The reasons for referral, as well as the individual's current life adjustment are explored not only with the patient but also with the family and with the referring agent. Records of past hospitalizations are reviewed along with all other pertinent data. On the basis of this material an attempt is made to work out a program that will help the patient achieve a more satisfactory life adjustment. With these patients, too, every effort is made to refer them to community facilities which offer needed service and which are able to work effectively with them.

In summary the Extramural Services Division of Western State Hospital is designed to offer aid and support to the psychiatric patient as he leaves the hospital and begins to reestablish himself in his community. Emphasis is placed on the utilization of community resources to achieve this goal in the belief that many patients can be effectively helped by other than psychiatric specialists. Furthermore it is anticipated that the development of resources within the community for the after-care of patients leaving the psychiatric hospitals will in turn foster the development of more efficient preventive programs.

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### Nurse Recruitment Workshop

One registered nurse to every 300 people in Washington—9600 active nurses are needed! This is an increase of 1,750 graduates a year and helps explain the aim of our Nurse Recruitment Workshop to be held Saturday, February 16th, at Jackson Hall (Tacoma General Hospital Nurses' Home) from 10:30 a.m. to 2:30 p.m. This Workshop will be held in place of our regular February meeting.

Mrs. Robert Jones, State Career Chairman, is organizing the timely program, to be presented in a morning conference and an afternoon panel discussion group. Speakers on all phases of nurse recruitment will participate in the Workshop and all Auxiliary members are cordially invited. An informal lunch at 12:00 o'clock will divide the sessions.

Special invitations are being issued to members of future nurse clubs, school personnel, hospital administrators, and all persons or groups interested in solving the nurse-shortage problem.

The work of the Auxiliary in sponsoring the Future Nurse Clubs is a tremendous aid in filling the need for nurses our State faces. Chairman for this project is Beverly Harrelson; Co-chairman Edith Lawrence. (Thank you, Edith.)

Note: A national survey shows that in 1950 we had 249 professional nurses per 100,000 in population; in 1954 it was 242, and it now looks as though, from the estimates, it may drop down to 230 by 1965—just on the basis of population growth alone. This is a national average and we all know that since the large growth in population will be here in the West our average will be even less.

### Affairs of Heart

February is Heart Month and time to take a good look at our community's part in the battle against heart disease.

The Pierce County Branch of the American Heart Association maintains its own office in the Medical Center, and operates at the direction of a Board of sixteen members, representing the major organizations of the community.

Believing that heart disease can be largely prevented, the Heart Association acts as a medium of communication between the medical researchers and the public, with the purpose of educating the layman in the prevention and control of heart disease. This purpose is continuously accomplished through the use of educational films, literature and medical forums.

Our local Heart Association provides as additional services a bed-loan program, a physical therapy program, and work simplification classes for convalescent heart patients. Over two hundred rheumatic fever patients in Pierce County receive penicillin through the Heart Association's Rheumatic fever control program. The costly phonocardiography equipment at Mary Bridge Hospital is a gift of our local Heart Association.

Perhaps the most dramatic activity of the organization is its research program. Extensive research in heart disease is being carried on at the University of Washington under the guidance of, and with funds made available by, the State Heart Association, to which our local group is a number-two contributor. The annual symposium of the University conducted by the Heart Association is perhaps the most valuable contribution of its kind to our doctors, and the local Heart Forum is its counterpart for the layman.

The Pierce County Heart Association functions efficiently largely due to the efforts of our

own Medics, Doctors Max Thomas and Marshall Whitacre especially. The group was initially organized by Doctor Frank Maddison. Many others, too, have contributed heavily in time and effort and under their guidance the local group has successfully maintained a professional level of efficiency.

Some members of the Auxiliary have also contributed their time and efforts in support of the Association. Charlotte Sanderson, Jeanne Judd, Keatie Gross, and Edith Lawrence are currently helping out as volunteers at the Heart office in the Medical Center.

You are welcome to stop in at the Heart office to learn more about our local organization. You'll be impressed and you'll be proud of our doctors who have had such a big part in creating and maintaining this community enterprise. (Thank you, Mavis Kallsen.)

### *A Reminder*

It is most fitting that families of the medical profession honor the deceased in the form of a living memorial that will ultimately benefit all mankind—send A.M.E.F. "Memorial" cards.

### *Supper Dance Date Changed*

The date and place for our Supper Dance have been changed so as not to conflict with Easter. It will be held Saturday, May 4th, in the new ballroom on the top floor of the Top of the Ocean. Tickets will be \$10.00 per couple and will include a midnight smorgasbord. Tickets will be available at the February Workshop. The ballroom will hold 300 people, so only 150 tickets will be available. Proceeds from this dance will go towards nurse's scholarships. Ruth Murphy and her committee are working hard to make this a pleasant evening for all of us and a profitable one for our project—let's give them our full support! Bring your friends!

### *State Medical Auxiliary Medical Conference*

This conference is to be held in Tacoma this year, on February 27th and 28th, at the Winthrop Hotel. Florence Duerfeldt is Chairman; her committee members are Muriel Nelson, Dorothy Maier, Hazel Whitacre, Robby Lee Kraft and Louise Bowen. All members of the Auxiliary are welcome.

February 2th will be registration day, with a no-host smorgasbord dinner planned for that evening at 7:00 in Steve's Gay Nineties Room.

On February 28th the Conference will open at 9:00 a.m. in the Mayfair Room of the Hotel. At 10:00 a.m. a Panel Discussion will be held — Dr. Herbert Ripley, Head of the Department of Psychiatry at the University of Washington, will be Panel Moderator. This

panel has been arranged by the State Mental Health Chairman, Mrs. James Mason, and all participants are members of the Governor's Survey Committee on Mental Health. The subject will be "The Mental Health Child." Mary Tschudin, Dean of Nurses at the University of Washington, will have as a subject "The Mental Health Adult." Dr. Victor Howery, Head of the School of Social Work at the University of Washington, will speak on "The Mentally Handicapped Child." Dr. Charles Strother, Clinical Psychologist and Head of the Clinical Training Program at the U. of W., will have as a subject "Aims of the Survey in the State of Washington."

Luncheon will be at 12:30 p.m. Speakers will be Mrs. L. D. Jacobson, National Auxiliary Recruitment Chairman, and Dr. James Berge, President of the Washington State Medical Association.

There will be a no-host social hour from 6:00 to 7:00 that evening in the Mayfair room, dinner at 7:00. (\$4.00 a person.) Entertainment for the evening will be provided by a Barbershop Quartette of Pierce County M.D.'s and a quartette from our Auxiliary.

Mrs. Jacobson and Mrs. George Keller, Washington Regional Civil Defense Chairman, will be our guests for the day.

Our husbands are welcome at both the luncheon and the dinner. Reservations may be made by calling Florence Duerfeldt, PR. 4224.

### *Safety*

Each year in the United States we kill nearly 39,000 people with the automobile; the total number of injuries is over 1,250,000. Such figures should shock us all into the realities of this problem—and to the need of our active interest in community Safety programs. "The Life You Save May Be Your Own!" Every thinking American must go beyond the "conversation" stage and actively participate in the Safety Education Campaign. Manufacturers have increased the speed of their automobiles and, while the new cars are beautiful, they are high-powered and they are dangerous in the hands of careless drivers.

### *Today's Health*

Do you know the "objective" of this magazine??? It is—"To convey useful information about healthful living and to do so in an interesting manner. To interpret doctors and patients to each other. To encourage the proper use of good medical service and discourage quackery, pseudo science and superstition. To promote mental and emotional health. And to enhance joy and satisfaction in living." Use it! Promote it!

### Rehabilitation

The handicapped and disabled will always be with us, whether it be in the crowded city or in the rural community. They are there, even though you may not see the crutch, the brace or the physical limp. Car and home accidents, farm and industrial mishaps, wars, diseases and longer life have all contributed to their presence. To restore these handicapped to the fullest physical, mental, social vocational and economic usefulness is the aim of rehabilitation. The Puget Sound Rehabilitation Center opened January 15th. They have a fulltime Occupational Therapist, Physical Therapist, Vocational Counselor, Administrator and a volunteered, part-time Director. Because they are a new organization with very limited funds they have written our Auxiliary asking for financial help for the first few months. At the January meeting we voted to contribute \$50.00 to the new Rehabilitation Center to be used in payment of their telephone bills for the first three months.

### January Meeting

Thank you, Dorothy Maier, for opening your lovely home to us for our January meeting. And thank you, Margaret Harris, for arranging our program. We all enjoyed hearing Dr. Adams speak—his report that with the current economy our doctor-husbands can only bring home \$.25 out of each hard-earned dollar (and insurance to be paid out of that) left one with mixed emotions. We hope an active interest in legislation can improve this situation—but, on the other hand, we are lucky to be living here in the United States, aren't we? Thanks, too, to the committee — Chairman Adele, Co-chairman Becky Banfield, and Grace Hauser and Dona Ferguson.

### News

Dona and Bob Ferguson's little Amy Lee arrived January 7th—just on time to wish Bob a "Happy Birthday!" She joins a brother and a sister—Congratulations to you all!

Clyde and Florence Gray left for the sunny South right after New Years. They are driving and will visit friends and relatives in Pasadena, Los Angeles, Costa Mesa and Phoenix. They will stop in Denver with Florence's sister and three nieces and then will follow the Gulf route to Florida. They hope to do some real fishing before their return in a couple of months.

Ruth and Tom Murphy are off for a month's rest in the balmy land of Palm Springs.

Something very interesting—Emma Bonica tells me that when she visited Rio de Janiero the doctors' wives there had no auxiliary and she, therefore, told them about ours. When she

returned home she sent them what literature she could, including one of our yearbooks. She recently received a letter from another doctor's wife here in the States, thanking her for her efforts as when this friend recently visited Rio she was well entertained by their new Medical Auxiliary. How about that!

We would all like to extend a special word of sympathy to Dr. and Mrs. Lawley in their grief at the loss of their child, and to George and Lorraine Kunz. We hope that it will be some comfort to you to know that your friends, too, mourn your loss.

**DON'T FORGET . . . THIS IS OUR MONTH TO WORK ON THE TB X-RAY SURVEY!!!**

### Bar Association Luncheon

Those who attended the Bar Association luncheon January 17 found it an extremely enjoyable and worth-while meeting. The film, "The Medical Witness" proved to be both informative and constructive and our appreciation and thanks go to our legal colleagues for extending the invitation to the Medical Society members to attend.

W. W. M., Jr.

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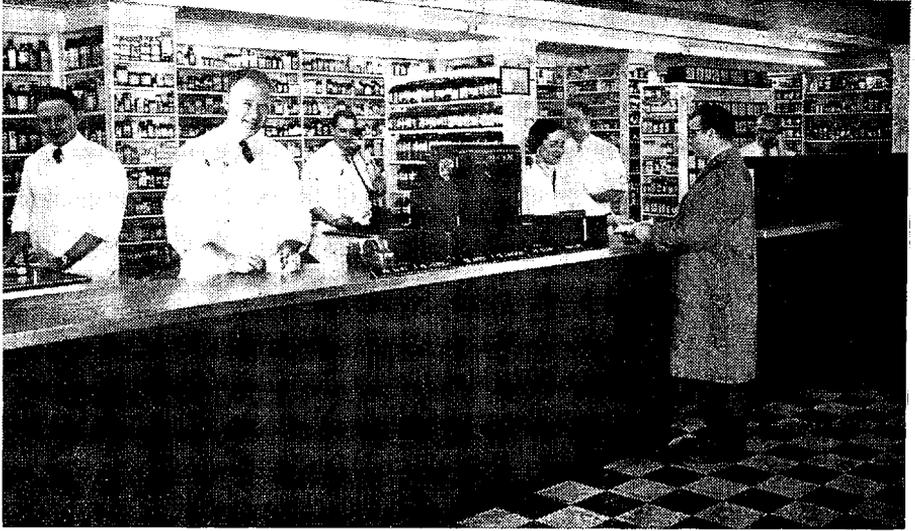
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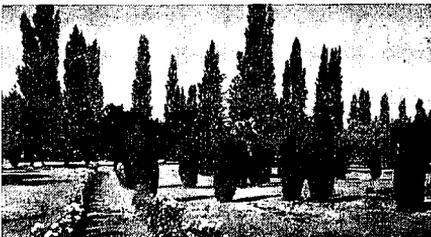
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## Profile of Central America

By Kay Wright

When Beth asked for a resume of our recent holiday jaunt through parts of South and Central America, it was with a bit of reluctance that I attempted to set down impressions gained upon the journey, for the travel folders accomplish this so much more adequately than I can relate it. However, knowing what a fine news department the Bulletin has enjoyed through Beth's industry I could do no less than cooperate with her; so here it is—in case you'd care to follow our footsteps through Ecuador, Panama, Guatemala and Mexico.

We left Los Angeles December 11th, on the S.S. Morazan, which is one of the ships of the Great White Fleet. We sailed directly to Ecuador, a cruise which consumed 13 lovely, long, lazy days in balmy 75 degree weather, in which nothing more strenuous was accomplished than the lifting of fork and spoon to mouth, or the shuffling of a deck of cards, and where time was measured by the all too frequent dinner bell.

The cruise was almost like being aboard a private yacht, for there were only nine passengers aboard, six of whom were the Bruner sisters and their husbands. All passengers and the crew of twelve officers were most congenial, and the Captain and his crew were wonderful to us. We had the complete run of the ship and were allowed on the bridge almost any time we felt so inclined, to check on Radar, help plot the course to Ecuador and observe the rules of navigation.

For five of those blissful, carefree days as we sailed about 600 miles off shore in that enormous expanse of the blue Pacific, which stretches out over the horizon until it reaches the Hawaiian Islands, our only companions were flying fish, porpoise, dolphin and occasionally huge turtles on whose back the tiny petrel birds snatched a free ride. The stretch of water to Ecuador is not often broken by other ships,

for it is a lonesome sea lane traversed primarily by the Great White Fleet.

We passed between the shore of Columbia and the Galapagos Islands on our way to our first port of call, a primitive sea port on the shores of Ecuador called "Puerto Barrios," only 20 miles from the Peruvian Border.

Ostensibly, bananas are the *first* concern of the ships of the Great White Fleet, but we were privileged to go below in the refrigerated holds of the Morazan to see the network of machinery and engineering marvels that produce such a boat. Never again will I regard a banana as just a tropical fruit! When one witnesses the loading of bananas into the holds of a ship and realizes that each ship often travels 4,000 miles to bring the golden stems that grace your dinner table, one can never look upon or taste a banana without paying a silent tribute to the sturdy ships and mighty men that labor so diligently to bring the delicacies of the tropics to our markets.

The Ecuadorians are stocky, but small men who are almost pure Indians. They first load the banana stems (which weigh between 85 to 100 lbs. apiece) by hand onto the barges, which in turn come out to the ship, which is anchored in the bay, where the stems are again loaded into the holds of the ship. The sturdy Ecuadorian Indians load those heavy stems on their shoulders and jog along at a dog trot up to the conveyor belt which finally deposits the 'stems' into the hold of the ship. The men are paid by the number of stems they load—not by the hour—consequently they work at a fast pace. Their average pay is between 4 and 5 dollars in American money.

The captain arranged a shore excursion for us in Ecuador which was most interesting, for there we saw natives in their most primitive form. We traveled over dirty, dusty, rutty roads, while everywhere women were washing their clothes in the streams. We passed shacks made of bamboo poles on stilts, with pigs, children, chickens and turkeys playing together in happy abandon under the shacks, which were thatched with palm leaves and whose windows were just openings in the bamboo poles that served as the framework for the meager shelter they call homes. But everywhere were the beautiful tropical colors of the wild bird of paradise growing in the marshes that line the rutty roads over which we jogged in an open bus. The small towns of Barrios and Machala in Ecuador were brilliant in color, with bougainvillaea and tropical flowers in abundance. We visited a banana plantation and saw how the bananas were harvested.

We arrived in Panama by boat the morning of December 23rd and were met at the Pacific

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side by our affable driver Freddie, who spoke excellent English and through whose capable direction we 'saw' much of Panama. We stayed at the beautiful El Panama Hotel, where we spent Christmas Eve, Christmas Day and five balmy, tropical, somewhat humid days enjoying the brilliant sunshine of Panama in 82° temperature. We visited the locks and witnessed the engineering marvel of the Panama Canal. I shan't bore you with the statistics of the Canal, for you can secure those facts in an encyclopedia, but suffice it to say that our trip through the Canal (which takes 7 hours of leisurely cruising) was the highlight of our visit to Panama. This trip was an extra bonus given to us by the Grace Line, through the courtesy of Hervey Petrich's broker, whom I chanced to call to inquire about the fishing in Balboa Bay. So we were indeed lucky *twice*, since our trip to Ecuador was a 'bonus.' Originally the ship was scheduled to travel only to Panama and to discharge its passengers on the Pacific side of the Canal, but due to a 'blow down' in Costa Rico, we traveled three extra days to Ecuador—and then the all-day trip through the Canal itself was a bonus—courtesy of the Grace Lines—and certainly a *must* for anyone who would really see the Panama Canal in action. The cruise through Gatun Lake reminded me of Puget Sound, with its lush evergreen shores that are mirrored in the water's edge. Skeletons of trees stand as stark, bleak reminders of tropical lands that were submerged when the lake and its reservoirs were created to enable the locks to store up enough water for its gravity operations—a feat which requires 26 million gallons of water in each lock a day. There are six double locks that act as stair steps to raise and lower the ships over the Continental Divide and up into Gatun Lake, which is 85 feet above sea level. Oh, yes, we actually *saw* the sun rise in the Pacific from our hotel window—you'll really have to see that to believe it! So

much for Panama—I could go on and on about the historical aspects of the ruins of the Spanish Main, where the old city of Panama was destroyed by pirates and where one walks in the archives of history, but I'll refer you to the history books for any further data.

From Panama, we flew to Guatemala City, where we welcomed the less-humid temperature of a mountain climate and a temperature of 70°. Our plane put down in San Jose, Costa Rico; Managra, Nicaragua and El Salvador. As we looked down on those beautiful little countries, whose lands were checkered with verdant green fields of banana, coffee and cocoa plantations, our pilot circled an active volcano in El Salvador which was putting on a first class show of fire and smoke.

In Guatemala City we encountered Leona and Ed Yoder and daughter Sally, who were there spending the holidays with their son Ed and wife June and their two adorable children. We enjoyed Leona and Ed so much, for by that time Leona had spotted all the good shops and gave us some excellent first-hand knowledge of the best places to buy the handwoven shirts and skirts that are so typical of Guatemala.

We took an exhausting three-day trip to the mountain and lake regions above Guatemala City. They say travel is fascinating, fatiguing and fattening and this phase of the trip certainly proved it. The Mayan tribes which live and endure a lifetime of hardships eking out an existence from those mountainous hillsides, are a sight never to be forgotten.

I would heartily recommend that if you travel to Guatemala you should see how primitive those Indians are, and yet how resourceful and diligent they are—and how hard, pitifully hard, they work, trudging up those mountains, carrying loads of firewood, pottery, lumber, corn—and not at a slow walk, but at a dog-trot. Apparently it's easier to jog than to walk. Along the highway, men wearing sandals are herding pigs who wear tiny leather shoes—while the women go barefooted! Such is the contrast of life in the primitive regions of Guatemala. And yet, as we recall our history, we find that Antiqua, the ancient capital of Guatemala, in which still exists the ruins of an earthquake destroyed in 1773, was a thriving city of 60,000 people when our New York City was just a village! Why, one ponders, did the United States progress so rapidly and these Central American countries remain so backward, when the Spaniards developed these countries soon after they were discovered? Why are these evidences of culture and civilization, roads, churches and cities that were thriving in 1535, soon after the discovery of America, now only mute evidences of a civilization that exist-

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ed long before Yankee ingenuity developed our United States?

After five days in Guatemala we flew to Mexico City. There the progress and affluence is a vivid contrast to other Central American countries—Mexico City's modern airport, with its polished tile and tropical plantings is the first visual introduction to Mexico City's swank and modern buildings, and from then on it's continued amazement at the progress that's in evidence everywhere. The new University of Mexico, with its city of multicolored buildings that are very modern, embellished with carvings, frescoes and adornments that only the Mexican, with their cheap labor, could achieve, is an architectural marvel. The new Continental Hilton, which opened December 1st, is a super modern hotel building, whose towers rise to enhance Mexico City's impressive skyline. Everywhere is evidence of progress and beauty—clean, wide streets, beautiful parks, improved educational systems and social security. All these have brought a new feeling of prosperity to Mexico City and its four and one-half million people. But out in the countryside on the way to Taxco, men still plow the rice fields with teams of oxen, and donkeys and burros are seen plodding along the modern highways, only

their heads and tails showing underneath their heavy loads of firewood and sugar cane.

Mexico, a land of beauty and vivid contrasts—marimbas, guitars and 'chilly chilies'! The latter is a symptom generally encountered and endured by traveling Americans who cannot partake of the highly mineralized waters of Central America. One word of caution while travelling in those countries—take along a goodly supply of Kaopectate—you'll need it!!! Adios, Amigos.

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## If You Were the President of the AMA

Five hundred individual physicians were given a chance to put themselves in the shoes of the president of the AMA recently and asked to suggest the changes they would make in the Association.

These physicians, questioned in a nationwide survey authorized by AMA, most often call for closer ties with the individual physician and for further improvements in public relations.

About one doctor in five thinks AMA should get closer to individual doctors, perhaps pool their ideas on important subjects to get a more accurate indication of their feelings. A smaller percentage thinks there should be a greater representation of young doctors within the Association.

Improved public relations and public information was the second important Associational change suggested. Concentration upon these areas was called for by 14% of the doctors.

Nine per cent cite social security or pensions for doctors. One out of twenty requests liberalized hospital affiliation requirements and about the same number suggest higher standards for practice. About five per cent say im-

provements ought to be made in the Journal of the AMA.

Smaller percentages (3%) say opposition to government medicine should be strengthened by the Association and 2% call for elimination of fee-splitting. Increased post-graduate training is also suggested by 2%.

About one doctor in ten says he thinks the Association needs no improvements—that it's satisfactory as it is.

—From AMA "News Notes"

## Symposium to Discuss "Fats in Human Nutrition"

CHICAGO.—"Fats in Human Nutrition" will be discussed in a symposium to be held March 15 in the Louisiana State University auditorium, New Orleans, under the sponsorship of the American Medical Association's Council on Foods and Nutrition.

Cooperating in presenting the symposium will be the Orleans Parish Medical Society, the New Orleans Graduate Medical Assembly, the School of Medicine of Louisiana State University, and the Tulane University School of Nutrition.

Speakers will include outstanding men in nutrition, biochemistry, pediatrics, heart disease, and other allied fields.

Special emphasis will be on fats, cholesterol, and atherosclerosis, according to Dr. Philip L. White, secretary of the Council on Foods and Nutrition. The meeting is especially planned for general practitioners and other physicians, nutritionists, educators, home economists, and others interested in nutrition.

The presentations will be followed by a discussion session among the speakers and physicians and scientists from the New Orleans area. The discussion also will be opened to the audience.

The American Academy of General Practice is offering six hours of credit in category one to members of the Academy who attend the symposium.

Those interested in attending may get further information by writing the Council on Foods and Nutrition, American Medical Association, 535 North Dearborn, Chicago 10, Ill.

## Miscellany

Tacoma General Hospital is the first medical facility to receive the Department of Defense Reserve award. The hospital sponsors the Army's 359th reserve General Medical Unit.

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Boron (as Na <sub>2</sub> B <sub>4</sub> O <sub>7</sub> ·10H <sub>2</sub> O)	0.1 mg.
Copper (as CuO)	1 mg.
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## **Doctors Discourage Mass Immunization**

KANSAS CITY, MO.—The nation's family doctors have urged voluntary and public health agencies to sponsor education campaigns pointing out the obvious advantages of maintaining a normal patient-physician relationship.

Members of the American Academy of General Practice Commission on Public Policy, at a recent Chicago meeting, pointed out that the Physicians office is the logical immunization center. They added that mass inoculation programs, except in cases of emergency, tend to destroy the personal relationship that exists between the patient and his family doctor.

The policy statement followed a December 3 National Foundation for Infantile Paralysis meeting in New York. The meeting, attended by medical association and public health agency representatives, was called to discuss proposed polio immunization plans.

Dr. Floyd C. Bratt, Rochester, N. Y., chairman of the Academy commission, pointed out that voluntary and public health agencies should concern themselves with public education campaigns. Dr. Bratt added that actual immunization is a professional function and obligation

and that all physicians are prepared to cooperate in effective office immunization programs.

Continuing, Dr. Bratt said that mass inoculation creates the false impression that the art and science of medicine is readily adaptable to production line techniques. Such programs tend to damage or destroy the important and personal patient-physician relationship.

"The doctor puts an extremely high premium on the importance of his relationship with patients. He properly tries to discourage mass production medicine," Dr. Bratt said.

"Large government health and welfare budgets plus money collected via successful fund-raising campaigns could most effectively be used for public education campaigns stressing the patient-physician relationship. Too many people still don't have a family doctor and should learn that without a family physician, their medical care program is woefully incomplete," Dr. Bratt concluded.

From Am. Acad. of Gen. Practice

Is John Q. Public going to infer from these comments, that the M.D. is more interested in a few more office call fees?

—Editor

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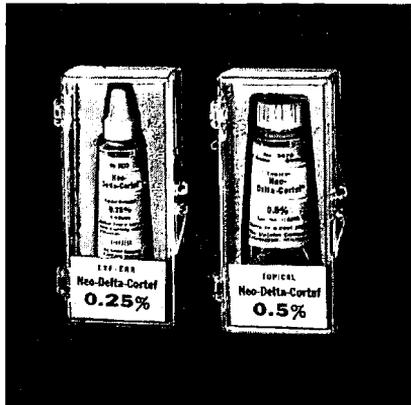
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# HOSPITALS . . .

## Tacoma General

Newly elected officers of the Medical Staff are: President, Dr. Scott Jones; Vice President and Chairman of the Program Committee, Dr. L. Stanley Durkin; Secretary, Dr. Stanley W. Tuell. Other members of the Executive Committee are Dr. Edwin J. Fairbourn, Immediate Past President; Dr. Robert W. Osborne, Chairman of the Credentials Committee; Dr. Glenn H. Brokaw and Dr. Herman S. Judd, Members at Large. Dr. John M. Shaw has accepted the chairmanship of the Resident and Intern Committee; and Dr. Dumont Staatz will be chairman of the Orthopedics Committee.

\* \* \*

Dr. Jaime R. Peneyra, who has been on the intern staff, has gone to Pierce County Hospital to complete his training program.

\* \* \*

Dr. James Minelli of Buenos Aires arrived on January 17 for one year's residency in Anesthesiology. Dr. Minelli had his first year in this specialty at Veterans' Administration Hospital, Houston, Texas.

\* \* \*

Here on a Fullbright Fellowship, is Dr. Stefano Brena, anesthesiologist, from Torino, Italy.

\* \* \*

Tacoma General Hospital will greatly miss Mr. Eugene White, who died on December 9. Mr. White had been a member of the Board of Trustees for more than 16 years, and had held the office of Secretary since 1948. He gave many hours of unselfish, intelligent, and devoted service to furthering the best interests of this institution.

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## Pierce County

Dr. John Trantow has completed his residency at Pierce County Hospital and is entering private practice in Quincy, Washington.

Dr. Lief Kvamme, also a former resident physician left recently for Oakland, California, where he enters the Navy Medical Service.

Dr. L. Gurr McQuarrie of the Anesthesia Department leaves February 1 to practice in Anesthesia at the Latter Day Saints Hospital in Salt Lake City. Dr. McQuarrie is a graduate of

Northwestern University and has had anesthesia training also at the University of Utah and at the Tacoma General Hospital.

Friends are pleased to learn that Tudor Christman, Engineer, will soon return to his duties at the hospital after being hospitalized for a month.

The laboratory staff held a coffee hour on January 9 to bid goodbye to one of its members, Barbara Janette. Barbara and her husband, Lt. Gerald Janette, are leaving to make their home in Shreveport, Louisiana, where Gerald will enter Medical School.

The hospital personnel extend deep sympathy to Virginia Brown on the death of her father, Charles Bybee of Puyallup.

Mrs. Letha Munsee has been appointed assistant head of the Housekeeping department.

Miss Alexia Bury, head of the Medical Record Department, has received word that she passed the examination for registration with the American Association of Medical Record Librarians, held in Seattle, December 1, 1956.

Dr. Carl Granquist has joined the hospital staff as a resident. He is a graduate of the University of Washington, the University of Louisville School of Medicine, Louisville, Kentucky, the school of Aviation Medicine, Pensacola, served internship at the Swedish Hospital, Seattle, and with the U.S. Navy. From 1940 to 1956 he has had private practice in Ritzville, Washington. As soon as housing accommodations are available his family, Mrs. Granquist, Marcia Jane, Marilyn, Carl, Jr., and the twins Margaret Ann and Thomas Edwin will join the doctor in Tacoma.

Mrs. Jessie Anderson, laboratory, is welcoming home her sister, Elizabeth Drummond and nephew, Todd Drummond, after their four months' motor tour of Great Britain, France, Spain and Italy.

---

## Saint Joseph's

News for the State Board of Nurse Registration arrived New Year's Day telling of the successful completion of their state boards by every member of the class. Congratulations to each and every one of you.

On January 12th, Mrs. Ella Magnusson completed fifteen years of service on our Medical Floor. She came to help for six months and has

(Continued on Page 33)

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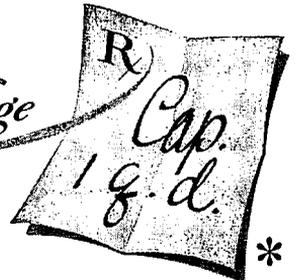
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(Continued from Page 31)

been here ever since. We are indeed happy to have Mrs. Magnusson still with us.

On Tuesday, January 15th, the ten Dietitians representing the hospitals in Pierce County held a meeting in the Library for the purpose of standardizing the Hospital "House Diets" in this area. Sister Winifred Marie, Mrs. Midgah and Mrs. Green were hostesses for the occasion.

Now that the holiday season is over the maintenance department is again carrying on its improvements in the hospital. The carpenter and painter are giving new faces to all the doors. The halls on 2nd and 3rd floor have had a new coat of paint. If you haven't seen them come up and see how nice they look.

From the Maternity we hear news that Dr. and Mrs. Batey (one of our Interns) had a baby girl on the 14th, Mrs. Beatrice Crawford a boy on the 16th, Mrs. Sharon Lee Owens (Tower) a boy the 31st of December, Mrs. Phyllis Kellingbeck a boy Dec. 31st. Mrs. McCloskey (Reischl) a girl on the 18th. Congratulations to all!!!

New officers and members of the Executive Committee of the Medical Staff are: Drs. William McPhee, President; Dr. Fred Schwind, Vice-President; Dr. Darwin A. Marlatt, Secretary-Treasurer; Dr. Murray Johnson, Chairman Credentials Committee, also Drs. Hennings, Ootkins and Whitacre.

If anyone visiting the Laboratory is wondering what the new instrument in the chemistry department is; it is a new Coleman Junior Spectrophotometer and flame photometer. It is the instrument used for the sodium and potassium determinations. The February meeting of the Tacoma Society of Medical Technologists was held at the Western State Hospital January 14th. Dr. Wm. Maier was the guest speaker on Electrocardiography. Plans were discussed

for the annual seminar which will be held here in Tacoma, April 26, 27, and 28 at the Winthrop.

The local association of Operating Room Nurses held their business meeting in the cafeteria on Wednesday, the 16th. A delicious buffet luncheon was served. Dr. Robert W. Osborne was guest speaker.

## Veterans Administration

American Lake, Wash.

A Research Unit has been developed composed of a psychologist, a social worker and a secretary. The unit will be of assistance to the various members of the professional staff who desire to work on research projects. The first study planned by this unit involves "Factors correlated with success and failure in post-hospital adjustment."

Miss Anna M. Aslakson and Miss Florence H. Muehlhauser attended a Three-Day workshop for Assistant Chiefs, Nursing Service and Nursing Education from all VA Hospitals in Washington, Idaho and Oregon. The workshop, entitled "Operation Patient Care—Let's Join Forces!" was held in Portland, Oregon, January 14th through 16th. Mrs. Vera Frye, Professor of Public Health Nursing Administration at the University of California, acted as the coordinator.

Nurses who have joined the staff recently are: The Misses Roberta Roberts, Georgia Moss and Mrs. Gertrude Lynn.

On the not-so-rosy side of the ledger are the names of six nurses who resigned: Miss Diana Barnhardt to join the U.S. Air Force Nurse Corps; Patricia Ronde Oetken, to accompany her husband to Chicago; Helen Vandergriff, to await the birth of her baby; Cecile Arnold, to get married; Beverly Halvorson, for another field of nursing; and Eleanor Cooper, to keep house full time.

## Annual Meeting of the American Academy of Allergy

The thirteenth Annual Meeting of the American Academy of Allergy will be held Feb. 4-6, 1957 at the Hotel Statler in Los Angeles, Calif. A total of 31 scientific papers will be delivered at the meeting.

Guests are invited to attend all meetings. There is no registration fee for any of the sessions.

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## **Regional Meeting of the American College of Surgeons**

The Regional meeting of the American College of Surgeons will be held at the Olympic Hotel in Seattle February 27, March 1 and 2, 1957. All surgeons and members of the medical profession are cordially invited to attend this exceptionally fine meeting. A registration fee of \$5 will be charged non-members of the American College of Surgeons.

The program, listed in detail, is as follows:

### **WEDNESDAY, FEBRUARY 27**

#### **Washington State Chapter, American College of Surgeons**

#### **Dinner Meeting\***

**6:30—10:00 p.m., Room to be Announced**

George A. Falkner, M.D., F.A.C., Walla Walla; President, Washington State Chapter, American College of Surgeons, *Presiding*.

#### **The Position of the College Upon Current Problems of Medical Practice**

Paul R. Hawley, M.D., Chicago; The Director, American College of Surgeons.

#### **A Super-Radical Mastectomy for Carcinoma of the Breast**

F. John Lewis, M.D., F.A.C.S., Minneapolis; Associate Professor of Surgery, University of Minnesota Medical School; Director of Post-Graduate Surgical Education, Ancker Hospital (St. Paul).

*\*Informal. All surgeons in attendance are invited.*

### **THURSDAY, FEBRUARY 28**

**8:30 a.m.—12:00 noon, Spanish Ballroom**

Henry N. Harkins, M.D., F.A.C.S., Seattle; Professor and Executive Officer, Department of Surgery, University of Washington School of Medicine; Chairman, Advisory Committee on Arrangements, *Presiding*.

**8:30—10:30 a.m.**

#### **The Immediate Care and Transportation of the Injured—Film**

George J. Curry, M.D., F.A.C.S., and Sydney N. Lyttle, M.D., F.A.C.S., Flint.

#### **The Speeding Ambulance**

George J. Curry, M.D., F.A.C.S., Flint; Chairman, Section for Surgery of Trauma, Hurley

Hospital; Chairman, Subcommittee on Regional Committees, Committee on Trauma and Governor, American College of Surgeons.

Sydney N. Lyttle, M.D., F.A.C.S., Flint; Associate, Section for Surgery of Trauma, Hurley Hospital.

#### **Cardiac Arrest**

K. Alvin Merendino, M.D., F.A.C.S., Seattle; Professor of Surgery and Director of Experimental Surgical Laboratories, University of Washington School of Medicine; Director, Tumor Clinic, King County Hospital; Member, Advisory Committee on Arrangements.

#### **Priorities for Surgical Treatment in Mass-Disasters**

Joseph R. Shaeffer, Col., M.C., U.S.A., F.A.C.S., Washington; Chief, Department of Atomic Casualties Studies, Walter Reed Army Institute of Research, Walter Reed Army Medical Center.

#### **The Use of Skin Grafts in the Treatment of Acute Hand Injuries**

Morris J. Dirstine, M.D., F.A.C.S., Seattle; Clinical Associate, Department of Surgery, University of Washington School of Medicine; Consultant in Surgery of the Hand, Veterans Administration Hospital.

### **SYMPOSIUM on AMPUTATIONS**

**10:10 a.m.—12:00 noon**

Ernest M. Burgess, M.D., F.A.C., Seattle; *Leader*.

#### **Prostheses**

Ernest M. Burgess, M.D., F.A.C.S., Seattle; Chief of Orthopedic Surgery, Doctors Hospital; Regional Consulting Orthopedic Surgeon, Veterans Administration; Chairman, Washington State Trauma Committee, American College of Surgeons; Member, Advisory Committee on Arrangements.

#### **Selection of Amputation Site in Vascular Disease**

Dean K. Crystal, M.D., F.A.C.S., Seattle; Chief of Cardiovascular Surgery, Children's Orthopedic Hospital; Consultant in Cardiovascular Surgery, U. S. Public Health Service Hospital; Clinical Instructor in Surgery, University of Washington School of Medicine; Member, Advisory Committee on Arrangements.

#### **Rehabilitation of the Industrial Amputee**

Faulkner A. Short, M.D., F.A.C.S., Portland; Chief, Prosthetics Clinic, Veterans Administration; Consultant, Oregon Industrial Accident Commission.

## COMMITTEE ON TRAUMA LUNCHEON

*Tickets Available at Registration Desk*

12:30—2:00 p.m., Olympic Bowl

All who are interested in promoting the objectives of the Committee on Trauma in their local communities are invited to attend.

1:30—5:00 p.m., Spanish Ballroom

### MEDICAL MOTION PICTURE

1:30—2:00 p.m.

#### Surgical Treatment of Direct Hernia

Henry N. Harkins, M.D., F.A.C.S., Lester R. Sauvage, M.D., and Roy R. Vetto, M.D., Seattle.

*Personal narration by Dr. Harkins.*

*This film was part of the Cine Clinics sponsored by the Surgical Products Division, American Cyanamid Company, at the 1956 Clinical Congress.*

2:00—3:30 p.m.

Ernest M. Burgess, M.D., F.A.C.S., Seattle; Chief of Orthopedic Surgery, Doctors Hospital; Regional Consulting Orthopedic Surgeon, Veterans Administration; Chairman, Washington State Trauma Committee, American College of Surgeons; Member, Advisory Committee on Arrangements, *Presiding*.

### SYMPOSIUM on WHERE TO BEGIN AND WHAT TO DO FOR THE PATIENT WITH MULTIPLE INJURIES

#### Introduction and Orientation

Robert A. Wise, M.D., F.A.C.S., Portland; Associate Professor of Clinical Surgery, University of Oregon Medical School; Chief, Surgical Service, Veterans Administration Hospital; Chief, Section XII, Committee on Trauma, American College of Surgeons.

#### Present Status of Immediate Resuscitative Measures

Fred J. Jarvis, M.D., F.A.C.S., Seattle; Chairman, Department of Surgery, King County and Swedish Hospitals.

#### Clinical Evaluation of Head Injuries

Kenneth E. Livingston, M.D., Portland; Attending Neurosurgeon, Providence and Veterans Administration Hospitals; Clinical Instructor of Surgery, University of Oregon Medical

School; Consulting Neurosurgeon, Veterans Administration Hospital (Roseburg).

#### Blunt Abdominal Trauma

Allen M. Boyden, M.D., F.A.C.S., Portland; Associate Clinical Professor of Surgery, University of Oregon Medical School; Head, Department of General Surgery, Portland Clinic; Member, Executive Committee, Board of Governors, American College of Surgeons.

#### Thoracic Injuries

Roland D. Pinkham, M.D., F.A.C.S., Seattle; Consultant in Thoracic Surgery, Madigan Army Hospital (Fort Lewis) and Firland Tuberculosis Sanatorium; Consultant in Surgery, University of Washington School of Medicine; Member, Advisory Committee on Arrangements.

#### Fractures and Soft Tissue Extremity Injuries

Frank P. Patterson, M.D., F.A.C.S., Vancouver; Clinical Associate Professor of Surgery, University of British Columbia Faculty of Medicine; Head, Departemnt of Orthopedics, University and Vancouver General Hospitals.

3:40—5:00 p.m.

Herbert E. Coe, M.D., F.A.C.S., Seattle; Chief of Surgical Services, Children's Orthopedic Hospital; Senior Consultant in Surgery, University of Washington School of Medicine; Governor, American College of Surgeons, *Presiding*.

### SYMPOSIUM on HYPOTHERMIA IN CARDIAC SURGERY

#### Various Techniques of Induction of Surgical Hypothermia

J. Carter Callaghan, M.D., Edmonton; Lecturer in Surgery, University of Alberta Faculty of Medicine.

#### Hypothermia: Advantages and Limitations

Frank L. A. Gerbode, M.D., F.A.C.S., San Francisco; Associate Professor of Surgery, Stanford University School of Medicine; First Vice President Elect, American College of Surgeons.

#### Hypothermia for the Open Repair of Atrial Septal Defects

F. John Lewis, M.D., F.A.C.S., Minneapolis; Associate Professor of Surgery, University of Minnesota Medical School; Director of Post-Graduate Surgical Education, Ancker Hospital (St. Paul).

**RECEPTION AND DINNER\***

6:00—7:45 p.m., Olympic Bowl

Henry N. Harkins, M.D., F.A.C.S., Seattle; Professor and Executive Officer, Department of Surgery, University of Washington School of Medicine; Chairman, Advisory Committee on Arrangements, *Presiding*.

**Address**

Stanley Chapple, Mus.D. (Hon.), Seattle; Professor and Director, University of Washington School of Music.

\**Tickets Available at Registration Desk.*

Informal. Wives and Guests invited.

**OPHTHALMOLOGY**

10:00 a.m.—12:00 noon, Junior Ballroom

Carl D. F. Jensen, M.D., Seattle; Consultant in Ophthalmology, University of Washington School of Medicine; Visiting Ophthalmologist, King County, Maynard, Providence, and Seattle General Hospitals; Member, Advisory Committee on Arrangements, *Presiding*.

**SYMPOSIUM ON COMPLICATIONS OF OCULAR SURGERY**

10:00 a.m.

**Hypheemia**

*Pathological Consequences  
Prevention and Treatment*

A. Ray Irvine, Jr., M.D., Los Angeles; Assistant Clinical Professor of Surgery (Ophthalmology), University of California School of Medicine.

*Panel Discussion.*

11:00 a.m.

**Postoperative Flat Chambers**

*Pathological Consequences  
Prevention and Treatment*

Levon K. Garron, M.D., F.A.C.S., Oakland; Assistant Clinical Professor of Ophthalmology, University of California School of Medicine.

*Panel Discussion.*

2:00—5:00 p.m., Junior Ballroom

Carl D. F. Jensen, M.D., Seattle; *Presiding*.

**SYMPOSIUM ON COMPLICATIONS OF OCULAR SURGERY, Continued****Postoperative Inflammation**

*Pathological Consequences  
Prevention and Treatment*

Leonard K. Christensen, M.D., Portland; Associate Professor of Ophthalmology, University of Oregon Medical School; Associate Ophthalmologist, Multnomah County and Doernbecher Hospitals; Attending in Eye Service, Veterans Administration Hospital.

*Panel Discussion.*

**FRIDAY, MARCH 1**

8:30 a.m.—12:00 noon, Spanish Ballroom

G. Edward Schnug, M.D., F.A.C.S., Spokane; Surgical Consultant, U.S. Air Force and Veterans Administration; Attending Surgeon, Sacred Heart, St. Luke's and Deaconess Hospitals; Governor, American College of Surgeons, *Presiding*.

**MEDICAL MOTION PICTURES**

8:30—10:00 a.m.

**\*Relief of Obstruction of Superior Vena Cava by Venous Autografts**

C. Rollins Hanlon, M.D., F.A.C.S., and J. Eugene Lewis, Jr., M.D., F.A.C.S., St. Louis

**\*Surgery of the Adrenal Glands**

Victor C. Richards, M.D., F.A.C.S., San Francisco.

**Excision of Ileo-Femoral Aneurysm with Arterio-Homograft Replacement**

Robert A. Wise, M.D., F.A.C.S., Portland.  
*Personal narration by Dr. Wise.*

*\*This film was part of the Cine Clinics sponsored by the Surgical Products Division, American Cyanamid Company, at the 1956 Clinical Congress.*

10:00 a.m.—12:00 noon

**Antibiotics in Surgery**

Edwin J. Pulaski, Lt. Col., M.C., U.S.A., F.A.C.S., Honolulu; Assistant Chief, Department of Surgery, Tripler Army Hospital

**Some Observations on the Treatment of Varicose Veins and Stasis Ulcers**

G. Leslie Willox, M.D., F.A.C.S., Edmonton; Assistant Professor of Clinical Surgery, University of Alberta Faculty of Medicine.

### Indications for Duodenostomy in Common Duct Surgery

Horace J. McCorkle, M.D., F.A.C.S., San Francisco; Professor of Surgery, University of California School of Medicine.

### The Significance of Lower Abdominal Pain as a Symptom in Gynecology

Arthur B. Nash, M.D., F.A.C.S., Victoria; Consultant in Obstetrics and Gynecology, Royal Jubilee Hospital.

### Surgical Stress Response: When is it Normal, and When Should it be Treated?

James D. Hardy, M.D., F.A.C.S., Jackson; Professor and Chairman, Department of Surgery, University of Mississippi School of Medicine; Surgeon-in-Chief, University Hospital.

Associate Professor of Surgery and Head, Division of Urology, University of Oregon Medical School.

### The Place of Radiation Therapy in the Management of Inoperable and Recurrent Cancer

Orliss Wildermuth, M.D., Seattle; Radiologist, Tumor Institute of the Swedish Hospital; Formerly Associate Professor of Radiology, Ohio State University College of Medicine.

### Overall Care of the Patient with Advanced and Recurrent Cancer

Harvey W. Baker, M.D., F.A.C.S., Portland; Assistant Chief of Surgical Service, Veterans Administration Hospital; Clinical Instructor in Surgery, University of Oregon Medical School.

1:30—5:00 p.m., Spanish Ballroom

### MEDICAL MOTION PICTURE

1:30—2:00 p.m.

### Radical Mastectomy for Carcinoma of the Breast

Herbert H. Davis, M.D., F.A.C.S., Omaha.

*This film was part of the Cine Clinics sponsored by the Surgical Products Division, American Cyanamid Company, at the 1956 Clinical Congress.*

2:00—3:25 p.m.

Ralph H. Loe, M.D., F.A.C.S., Seattle; Consultant in Surgery, University of Washington School of Medicine; Active Surgical Staff, Swedish Hospital; Attending Surgeon, Veterans Administration and King County Hospitals, *Presiding*.

### SYMPOSIUM ON TOTAL CARE OF THE PATIENT WITH ADVANCED AND RECURRENT CANCER

#### Controversial Phases of the Treatment of Cancer of the Head and Neck

H. Mason Morfit, M.D., F.A.C.S., Denver; Associate Professor of Surgery and Director, Bonfils Tumor Clinic, University of Colorado School of Medicine.

#### Endocrinology in the Total Care of the Patient with Advanced and Recurrent Cancer

Clarence V. Hodges, M.D., Portland; Asso-

3:35—5:00 p.m.

Charles D. Kimball, M.D., F.A.C.S., Seattle; Consultant, Department of Obstetrics and Gynecology, University of Washington School of Medicine; Formerly Chief of Obstetrics, Virginia Mason Hospital; Member, Advisory Committee on Arrangements, *Presiding*.

### PANEL DISCUSSION

#### Incontinence in the Female

*Moderator:* Howard C. Stearns, M.D., Portland; Clinical Professor and Head, Department of Obstetrics and Gynecology, University of Oregon Medical School.

#### *Collaborators:*

Robert J. Johnson, M.D., Seattle; Associate Professor of Anatomy and Surgery, University of Washington School of Medicine.

Tate Mason, M.D., F.A.C.S., Seattle; Chief, Department of Urology, Virginia Mason Hospital and Mason Clinic; Clinical Instructor in Surgery (Urology), University of Washington School of Medicine.

R. Philip Smith, M.D., F.A.C.S., Seattle; Clinical Instructor in Obstetrics and Gynecology, University of Washington School of Medicine; Consultant in Obstetrics and Gynecology, United State Public Hospital System.

Roy L. Swank, M.D., Portland; Professor of Internal Medicine and Neurology, University of Oregon Medical School.

**MOTION PICTURE SYMPOSIUM**

8:30—10:00 p.m., Spanish Ballroom

8:30 p.m.—Vagotomy, Pyloroplasty, and Supra-Antral Segmental Gastrectomy for Duodenal Ulcer

Clarence J. Berne, M.D., F.A.C.S., and William P. Mikkelsen, M.D., Los Angeles.

9:00 p.m.—The Surgical Procedure in the Penetrating Duodenal Ulcer with Massive Uncontrollable Hemorrhage

J. William Hinton, M.D., F.A.C.S., New York.

9:30 p.m.—Gastric Ulcer or Carcinoma, Recognition and Treatment

Samuel F. Marshall, M.D., F.A.C.S., Boston.

*These films were part of the Cine Clinics sponsored by the Surgical Products Division, American Cyanamid Company, at the 1956 Clinical Congress.*

**SATURDAY, MARCH 2**

8:30 a.m.—12:00 noon, Spanish Ballroom

Joel W. Baker, M.D., F.A.C.S., Seattle; Chairman, Mason Clinic; Chief of Surgery, Virginia Mason Hospital; Consultant in Surgery, University of Washington Medical School, and Madigan General and Bremerton Naval Hospitals; Regent, American College of Surgeons, *Presiding.*

**MEDICAL MOTION PICTURE**

8:30—9:00 a.m.

**Cholecystectomy and Operative Cholangiography**

Joel W. Baker, M.D., F.A.C.S., and John Walker, M.D., Seattle.

*Personal narration by Dr. Baker.*

*This film was part of the Cine Clinics sponsored by the Surgical Products Division, American Cyanamid Company, at the 1956 Clinical Congress*

**PANEL DISCUSSION**

9:00—10:25 a.m.

**Vascular Grafts versus Endarterectomy**

*Moderator:* Henry N. Harkins, M.D., F.A.C.S., Seattle; Professor and Executive Officer,

Department of Surgery, University of Washington School of Medicine; Chairman, Advisory Committee on Arrangements.

*Collaborators:*

Wiley F. Barker, M.D., F.A.C.S., Los Angeles; Assistant Professor of Surgery, University of California School of Medicine.

Jack A. Cannon, M.D., F.A.C.S., Los Angeles; Assistant Professor of Surgery, University of California School of Medicine; Chief, Peripheral Vascular Service, Wadsworth Veterans Administration Hospital.

Edwin J. Wylie, M.D., F.A.C.S., San Francisco; Assistant Clinical Professor of Surgery, University of California School of Medicine.

**PANEL DISCUSSION**

10:35—12:00 noon

**Biliary Tract Surgery**

*Moderator:* H. Rocke Robertson, M.D., F.A.C.S., Vancouver; Professor and Head, Department of Surgery, University of British Columbia Faculty of Medicine; Governor, American College of Surgeons.

*Collaborators:*

Joel W. Baker, M.D., F.A.C.S., Seattle; Chairman, Mason Clinic; Chief of Surgery, Virginia Mason Hospital; Consultant in Surgery, University of Washington School of Medicine; Madigan General and Bremerton Naval Hospitals; Regent, American College of Surgeons.

Edward A. Boyden, Ph.D., Seattle; Research Professor of Anatomy, University of Washington School of Medicine; Professor Emeritus of Anatomy, University of Minnesota Medical School.

William B. Hutchinson, M.D., F.A.C.S., Seattle; Consultant in Surgery, University of Washington School of Medicine; Surgical Staff, Swedish and King County Hospitals.

Carl P. Schlicke, M.D., F.A.C.S., Spokane; Chief of Surgical Service, Rockwood Clinic; Active Surgical Staff, Sacred Heart Hospital.

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of

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## MONTHLY MEETINGS

- STAFF OF TACOMA GENERAL**  
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S**  
Third Monday of March, June, Sept., Dec.—at 6:15 p.m.
- TACOMA ACADEMY OF INTERNAL MEDICINE**  
Fourth Tuesday of each month—6 p.m. at Tacoma Club
- SURGICAL SOCIETY**  
Third Tuesday of each month—6:30 p.m. at Tacoma Club
- STAFF OF PIERCE COUNTY**  
Last Monday of each month—6:15 p.m.
- PIERCE COUNTY MEDICAL SOCIETY**  
Second Tuesday of the Month—8:15 p.m.
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL**  
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF MEDICAL ARTS HOSPITAL**  
Third Friday of March, June, Sept. and Dec.—7:15 a.m.  
at Scotty's Cafe

# BULLETIN . . . Pierce County Medical Society

VOL. XXVIII—No. 7

TACOMA, WASH.

MARCH - 1957



ANNUAL DINNER DANCE — FEBRUARY 9, 1957

# Pierce County Medical Society

1957

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## Happy Birthday March

- 4 LOUIS ROSENBLADT
- GOVNROR TEATS
- 5 HOWARD PRATT
- 6 EDWARD McCABE
- 8 WILLIAM HILL
- 9 ROSS McPHAIL
- 11 J. EDMUND DEMING
- 15 BRYCE BETTERIDGE
- 20 FRANZ HOSKINS
- ALBERT SAMES
- 22 CHARLES MARSHALL
- 24 ROBERT CRABILL
- 25 ROBERT BURT
- GERALD KOHL
- 26 ROSS WRIGHT
- 27 ROBERT KRAFT
- CLAUDE WISEMAN
- 31 FREDERIC PAINE

## THE TACOMA ACADEMY OF INTERNAL MEDICINE

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Its

### SEVENTH ANNUAL MEETING

SATURDAY

MARCH 9, 1957

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### NOTICE

Check back page of Bulletin for calendar  
of special meetings

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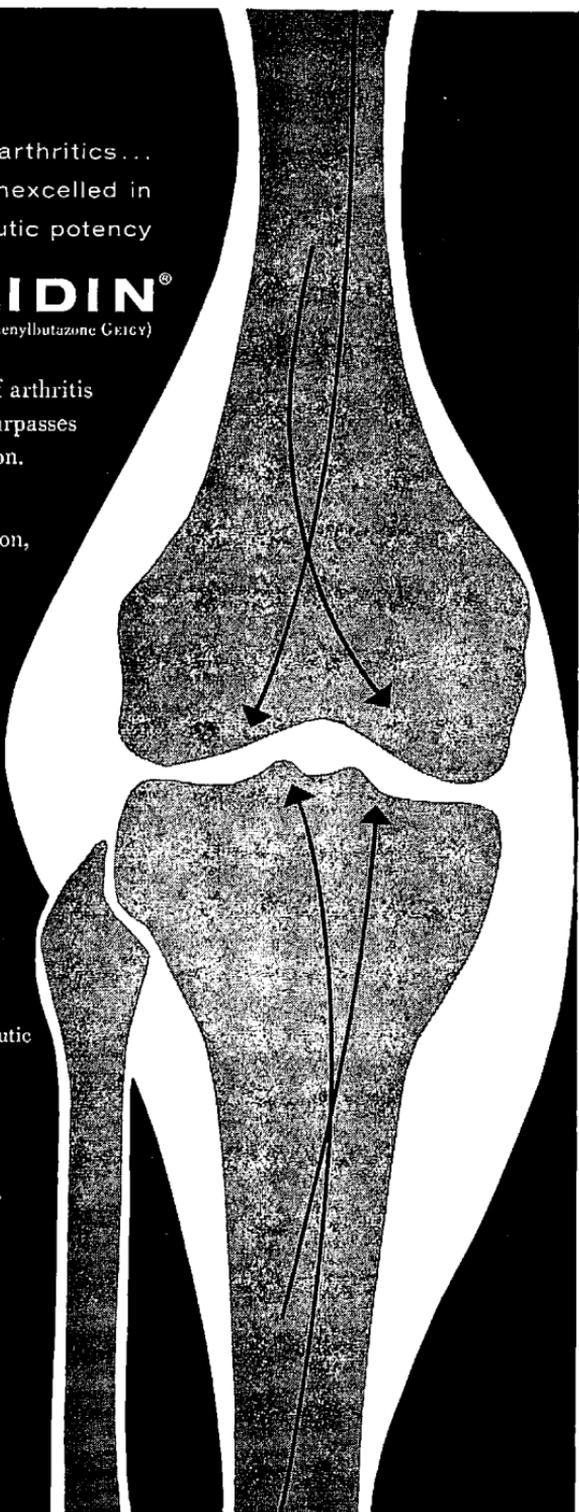
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**M E E T I N G**  
**PIERCE COUNTY MEDICAL SOCIETY**  
**TUESDAY, MARCH 12**  
**7:30 P.M.**

Tacoma Athletic Club . . . 733 Commerce

No-Host Social Hour . . . 6:00

Dinner . . . . . 6:30



**P R O G R A M**

**A PANEL DISCUSSION OF MENTAL HEALTH PROBLEMS**

**J. Lester Henderson, M.D.**, of Seattle, Chairman of Mental Health Committee of WSMA

“Purpose and Aims of the Mental Health Committee.”

**Frank E. Shovlain, M.D.**, Supt. Western State Hospital

“Problems in Care of Patients at Our State Mental Institutions.”

**Wm. D. Voorhees, Jr., M.D.**, Western State Hospital

“Out-patient Service in Mental Hospitals With Co-operation of the Patient’s Own Local Physician.”

**Rodger S. Dille, M.D.**

“Discussion of various ataraxic compounds and use of tranquilizing drugs in treating patients at home or in the office.”

Questions from the floor will be welcomed by the panelists.

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## EDITORIALLY SPEAKING

Our Mountain View Sanitarium is being faced with the problem of a decreasing patient-load as it is being encountered nationally.

State Health officers claim that by closing Mountain View and centralizing TB care at Firlands, great economic saving could be effected. Also, they feel that the beds released could be utilized for the 700-plus backlog of mental patients, although no specific plans or funds are available for such a utilization.

It would seem that if we want to keep this fine physical plant and trained personnel functioning locally, a real need, as reflected in the hospital census of patients requiring sanitarium care, must be demonstrated.

The patient load is dependent upon the practicing physicians and Health Officers in Southwest Washington and their awareness of the disease and facilities for its treatment at Mountain View. This suspicion and knowledge of Mountain View is dependent again on many factors:

Can the professional staff participate in speaking tours to hospital staffs and County Societies throughout Southwest Washington?

Are Public Health officers contacted personally through brochures or invitations to conferences, etc.?

Do the referring physicians receive complete progress reports and, where feasible, are the patients referred back promptly with specific recommendations for follow-up care?

These are some of the items responsible for the maintenance of a high incidence of suspicion and also, as practiced locally, will contribute to the census at Mountain View.

W. W. MATTSON, JR., M.D.

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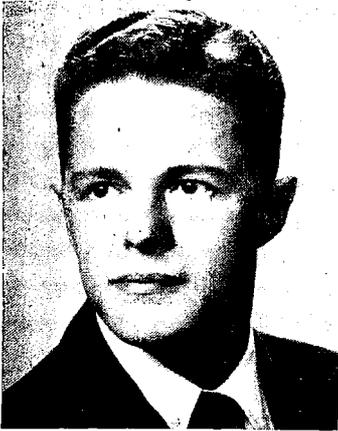
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*Introducing***Dudley W. Houtz**

Dud hails from Kansas City, Missouri. Following his Elementary education there, he spent one year at Washington and Jefferson before being called into the service.

Dud served two years in the Navy—principally on destroyers in the Far East from 1946 to 1948. Subsequently, he returned to the University of Kansas for two years' undergraduate work, and obtained his degree in Chemistry.

After a year in Medicine at the University of Missouri, he transferred to the University of Kansas for his remaining three years.

Dud interned at Tacoma General Hospital from 1955 to 1956. He is now living with his wife, Ruth, out in Westgate where he practices.

Sports include fishing—salt and fresh water—and hunting ducks at Nisqually and Bay Lake.

---

*Letters to the Editor*

Dear Bill:

The subject of the Society endorsing fluoridation of the water supply, which was discussed at the last meeting, may now be happily put to rest by those of us who defended it.

Here is an excerpt from the minutes of the Pierce County Medical Society meeting of May 8, 1951:

"Dr. Fargher reported regarding fluoridation of Tacoma's water supply, stating that it was of proven value and advocated by the American Dental Association and the local Dentists' Society. The motion was made by Dr. Magnusson and seconded by Dr. Magill that fluoridation of the Tacoma water sup-

*Introducing***Herbert Kennedy**

Herb comes from Aurora, Indiana where he obtained his Elementary schooling. He attended Indiana University and the Medical School there, getting his M.D. in 1951.

Between 1943 and 1946, his college training was interrupted by a tour of duty with the Infantry. He saw action in Germany for one and a half years.

After getting his M.D., Herb had the urge to come West. He interned at the University of Oregon, and then entered the field of Urology. His training includes one year general surgery and two years Urology residency at the VA Hospital in Dayton, Ohio, and a fourth year with Dr. Hodges in Urology at the University of Oregon. As of July, 1956, he has practiced Urology in Tacoma.

Herb's family consists of his wife, Nadine, and a three year old daughter. They reside in Fircrest. Hobbies include 16 mm. home movies and fishing.

---

ply be approved by the Pierce County Medical Society, provided that proper control be exercised. The motion was voted upon and passed."

I informed the spokesman for the dentists of our above stand and he is now well-satisfied. Had I known this had actually already been passed, I wouldn't have brought it up at the last meeting (by way of apology for the confusion that resulted).

Yours truly,  
**TED HALEY**

---

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To The Pierce County Medical Society

1956-57

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Heart	Mrs. Robert A. Kallsen
Mental Health	Mrs. Paul E. Bondo
Safety	Mrs. Joseph B. Jarvis
Cancer	Mrs. J. Robert Brooke
Tuberculosis	Mrs. Hillis Griffin
Health Council	Mrs. Merrill J. Wicks
Crippled Children and Adults Committee	Mrs. Wendell G. Peterson
Rehabilitation Center Committee	Mrs. Walter C. Cameron
Arts for Youth	Mrs. James Ward
Infantile Paralysis Committee	Mrs. T. H. Duerfeldt
Fashion Show	Mrs. William Mattson, Jr.
Bridge Tournament	Mrs. Merrill J. Wicks
Supper Dance	Mrs. Thomas B. Murphy
Community Council	Mrs. John F. Steele
City Council	Mrs. Wm. Goering

### March Meeting

The March meeting will be a luncheon meeting at Dr. and Mrs. Robert Bond's, 521 North Yakima Avenue. Our guest and speaker for the meeting will be Mrs. Morris Hecht, Washington State Auxiliary President. Luncheon committee chairman is Mrs. Theodore Haley, Co-chairman Mrs. Frederick J. Schwind; committee members are Mesdames Galen Hoover, Michael Irvin, Harold Johnston, Calvin Lantz, Harold D. Lueken, Fay Nace and Ross Wright. The meeting is scheduled for luncheon to be served at 12:30; Board meeting will begin at 11:30 a.m.

### Nurse Recruitment Workshop

The Medical Auxiliary presented its first Nurse Recruitment Workshop at Jackson Hall, Saturday, February 16 from 10:30 a.m. to 2:00 p.m.

Mrs. Treacy Duerfeldt, Auxiliary president, opened the meeting and welcomed the group, extending a special welcome to the girls of the Future Nurses Clubs.

The meeting was then turned over to Mrs. Robert Jones, Careers Chairman of the National League of Nursing, who conducted the meeting. Mrs. Jones introduced Mrs. Edith Mitchell, Director of Nurses of the Public Health Department and President of District No. 3 of the Washington State Nurse's Association, who spoke on the Need for Nursing.

Mrs. Mitchell's very informative talk stressed the fact that there are great opportunities for nurses in an increasing number of fields. This fact, together with the consistent population increase and lower birth-rate 15 years ago has resulted in the present shortage of nurses.

Mr. Kurt Borgmeyer, Guidance Counsellor at Puyallup High School, gave a stimulating and challenging talk on the schools' part in this problem. He pointed out that there are a great many competitive fields to interest the high school student and suggested an increase of scholarships and advertising to bring the nursing profession to the attention of the public.

Mrs. Ruth Kynac, Director of Nursing Education at Tacoma General Hospital, felt that the selection of students was a greater problem than actual recruitment.

Following a summary of the morning's events by Mrs. Jones, the meeting was adjourned to an informal luncheon in the recreation room.

Many thanks are due Elvina Brokaw and Jean Eylander for handling the registration; Mrs. Corbett for her cooperation at Jackson Hall and Mrs. Fulkerson, dietitian at Tacoma General, for the nice lunch.

After lunch, the meeting was resumed with Mrs. Duerfeldt introducing Miss Joan Weber, teen-age counsellor from the Y.W.C.A. Miss Weber presented a panel which discussed the various aspects of the Future Nurse Clubs—one of our most effective tools for combating the nurse shortage.

Jo Kohler explained the organization and difficulties of starting the clubs in the schools.

Nancy Oates, a member of the Stadium Future Nurse Club, spoke on their club's activities and stressed the fact that they appreciated being able to make their own plans—calling on advisors whenever necessary. Nancy expressed her enthusiasm for the Future Nurse Clubs and the opportunities they had given her to get a little insight on nursing.

Joan Trunk, a junior student at St. Joseph's Hospital, spoke on the curriculum of her school and described the life of a student nurse. It was a real pleasure to hear Joan speak of her

(Continued on Page 13)

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(Continued from Page 11)

very evident devotion and enthusiasm for the nursing profession. She was a one-woman recruiter!

Following questions and discussion from the floor, Mrs. Jones summarized the events of the day and expressed her thanks for a very enlightening day.

I am sure we all departed with many new thoughts and ideas about nurse recruitment.

BEV HARRELSON

Thank you, Bev Harrelson.

### **Dues Are Due!**

Our Treasurer reports thirty-four members have not paid their dues. We realize this is easy to forget but such a high percentage unpaid makes our financial record a very poor one—we do want credit for being better businesswomen than that, don't we???

### **Reminder**

Remember the Supper Dance, May 4th at the Top of the Ocean (top floor); dancing to start at 9:00 p.m. Ruth Murphy and her committee are working hard to make this a pleasant and profitable evening—even to furnishing food for an hors d'oeuvres table. This is to raise money for Nurse Scholarships, so let's bring some friends!

### **Legislation**

On January 22nd Florence Duerfeldt, Muriel Nelson and Louise Bowen were in Olympia to "Legislation Day." Their tour was a complete one. They visited the House for one hour and the Senate for thirty minutes. At 12:30, luncheon was served in the Friendship Room of the Y.W.C.A. Guest speakers were Representative Dr. J. L. McFadden of Port Angeles; Representative Dr. A. O. Adams of Spokane; Representative Mrs. Kathryn Epton of Opportunity (wife of a practicing physician there); Mrs. Morris Hecht of Bellingham, State Medical Auxiliary President; and Mrs. Donald Lynch of Yakima, State President-Elect. At 2:30 p.m. Thurston-Mason Counties held a Legislative Tea at the home of Doctor and Mrs. T. R. Ingham. This was to honor and meet the wives of the legislators and state officials. One hundred and twenty-five signed the guestbook; nine counties were represented. Not bad considering the weather was really bad. This "Legislation Day" was arranged by Mrs. L. A. Campbell, State Legislation Chairman.

More about Legislation: Gleanings from Bills introduced: House Bill No. 270—An Act relating to Public Assistance and adding a new section to existing law as follows: "The division of Medical care shall allow all eligible persons throughout the state, whether hospitalized or not, the same opportunity to receive

medical care from a physician of their own choosing." This is not as noble as it may sound because it would completely knock out the economics of such institutions as King County, Pierce County, Spokane County and any other county hospitals which care for Public Assistance recipients.

House Bill No. 379, sponsored by Drs. Adams and McFadden: "Any person who practices or attempts to practice or holds himself out as practicing medicine and surgery as defined in RCW 18-79-010, without having a valid, unrevoked certificate as herein provided shall be guilty of a gross misdemeanor upon the first conviction and a felony on each conviction thereafter." This bill would for the first time put teeth in the law and individuals would not be able to pay a small minimum fine and open up again the next day, as often happened before when trying to curtail the action of charlatans.

House Bill No. 338, sponsored by Doctors Adams and McFadden: This is relating to the practice of medicine and surgery and dealing with licensing and reciprocity, correcting some existing discrepancies.

### **National Health Week**

"Let's Explore Our Health Resources" is the theme for Pierce County Community Health Week, March 17 to 23. This is a national observance and is the first time Pierce County has undertaken this type of project.

First of all, you may ask, what are the advantages of a Community Health Week? There are two advantages—one is that it affords the opportunity for health leaders to get together in an effort to organize and utilize better health facilities.

Second, it provides a focus for gaining citizens' interest, participation and support of health programs.

Another question which may come to mind is: who is to participate in carrying out the plans for Health Week? The answer is that all professional and volunteer organizations in Pierce County whose major interest is to provide better health for our community will take part in the program.

The Health Week committee has outlined several methods of informing the public of the health resources in Pierce County. During this week there will be newspaper coverage and radio broadcasts—one of which is Breakfast with McMurtrie, Tuesday, March 19 at 8 a.m. over KTAC. Also scheduled is a TV showing of the movie, "Community Health in Action." Watch your papers for time and station.

Highlight of the week is the Public Forum to be held in Jackson Hall March 20 at 8 p.m.

(Continued on Page 15)

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(Continued from Page 13)

This forum is entitled "Health and Happiness—Your Community Responsibility." Representatives from all phases of Health will participate with Gerrit Vander Ende acting as moderator. The purpose of the forum will be to discuss available Health resources as well as what we have and need to elevate the level of health standards. Also, the forum will attempt to answer all questions on any phase of health which may arise from the audience.

The last major feature of public information is in the form of window displays and posters. Our own Medical Auxiliary will have a display at the Public Library which will portray the theme of our project — Nurse Recruitment. Downtown and neighborhood shopping areas throughout the community will also carry displays from other Health organizations.

We have no yardstick to measure the success of Community Health Week, but we want to impress on all individuals the fact that this is you, yours and our Health Week and that only through your alertness and cooperation can we carry on a successful and effective program.

#### MARJORIE WICKS

Thank you Marj Wicks.

#### Mental Health

Chairman of the Mental Health Committee of the Washington State Medical Association is Dr. J. Lester Henderson. Member of the committee from Tacoma is Dr. Charles Larson. One of the main purposes of their program this year is to keep the leadership in the mental health field in medical hands.

#### Standing Committee for Rehabilitation

Dr. Edna Backup is Chairman of the Rehabilitation Standing Committee and has been a very capable assistant to our president.

#### Help Buy Candy for Western State

To help raise funds to buy much needed candy for the children's ward at Western State Hospital, we voted at our last meeting to rent our luncheon trays. We have approximately sixty-five. They are at Ruth Murphy's, BR. 3033. Please call her if you need them and help rent them to other organizations if you can.

#### Mid-Year Board Conference

Tacoma and Pierce County are host this year to the mid-year conference of County Presidents, Presidents-elect, Officers and Committee Chairmen of the Woman's Auxiliary to the Washington State Medical Association. Chairman for the conference will be Pierce County Auxiliary President, Florence Duerfeldt. Members of her committee are: Arrangements, Muriel Nelson; Favors and Entertainment, Hazel Whitacre; Registration, Dorothy Maier and

Louise Bowen; Publicity, Beth Pratt; Hostesses, Emma Bonica, Helen Florence, Robbin Peters, and Jean Colley; Table Decorations, Robby Lee Kraft; Literature Display, Miriam Bondo and Edith McGill.



Back row, left to right, Mesdames Everett Nelson, Haskel Maier, W. Howard Pratt, Frederick Peters, Jesse W. Bowen, Jr.

Front row, left to right, Mesdames Treacy Duerfeldt, G. M. Whitacre, Robert Florence, R. Q. Colley.

The committee is using a "Gay Nineties" theme for the conference and playing up as favors Tacoma products. The hotel is giving excellent cooperation and the Chamber of Commerce is cooperating in giving name plates, literature on Tacoma, our daffodil celebration, etc. Firms donating products for favors or decorations are Puger Sound Bulb Farm in the valley, Weyerhaeuser (50 4" fir seedlings!), Nalleys, Woods Coffee, Brown & Haley, and Harold Meyer Drug. Western State Hospital is helping with flowers and arrangements. Hazel Whitacre's committee made Gay Nineties hats for men and women to be used for placecards, and lorgnettes for favors. They are really clever (leave it or Hazel!). Members of the committee helping her were—Grace Hauser, Ruth Zimmerman, Nancy Burtoff, Evelyn Osborne, Gladys Hanson and Bianca Mattson.

The Conference will be held at the Winthrop Hotel. February 27th will be registration day, 2:30 to 5:00 p.m. At 6:30 Steve's Cable Car will pick up its passengers at the hotel and deliver them to the no-host smorgasbord dinner in Steve's Gay Nineties Room. Conference hostesses will "hostess" in Gay Nineties outfits—and there are other surprises!

On the 28th the Conference will convene at 9:00 a.m. in the Mayfair Room, for a business meeting. Dr. H. F. Griffin, President of the Pierce County Medical Association, will greet the guests.

At 10:30 a Mental Health Panel Discussion will be held; Dr. Herbert Ripley, Head of the Department of Psychiatry at the University of Washington, will be Panel Moderator. This

(Continued on Page 17)

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(Continued from Page 15)

panel has been arranged by Mrs. James Mason, Washington State Auxiliary Mental Health Chairman; all participants are members of the Governor's Survey Committee on Mental Health. Mary Tchudin, Dean of Nurses, University of Washington, will speak on "The Mentally Ill Adult;" Dr. Victor Howery, Head of the School of Social Work at the University of Washington, will speak on "The Mentally Retarded Child;" Dr. Charles Strother, Clinical Psychologist and Head of the Clinical Training Program at the University of Washington, will have as a subject "Aims of the Survey in the State of Washington." Time will be allowed for discussions and questions.

Luncheon will be at 12:30 in the Mayfair Room. Speakers will be Dr. James Berge, President of the Washington State Medical Association; Mrs. L. D. Jacobson, National Auxiliary Recruitment Chairman; and Mrs. George Keller, National Western Region Chairman of Civil Defense.

The Conference will reconvene for one hour at 2:00 p.m. for another business session. The Board of Directors will meet from 3:00 to 5:00 and the Nominating Committee at 5:00.

That evening from 6:00 to 7:00 will be a no-host social hour in the Mayfair Room; dinner at 7:00. Musical entertainment will be furnished by two quartettes; a Barbershop Quartette of Pierce County Doctors, Wayne Zimmerman, Robert Ferguson, L. S. Durkin and M. J. Wicks; and a "Gay Nineties" quartette of Pierce County Medical Auxiliary members, Hazel Whitacre, Evelyn Osborne, Muriel Nelson and Gladys Hanson.

The following are expected as special visitors to the Conference: Dr. James Berge, President of the Washington State Medical Association and Mrs. Berge; Mrs. E. Arthur Underwood, National First Vice President and National Chairman of Organization; Mrs. Roscoe Mosiman, National Honorary member, Washington State Parliamentarian; Mrs. L. D. Jacobson, National Recruitment Chairman; Mrs. George Keller, National Western Region Chairman of Civil Defense; Mrs. Martin Norgore, Junior Past President Washington State Medical Auxiliary; Mrs. Morris Hecht, Washington State Auxiliary President; Mrs. Donald Lynch, Washington State President-Elect; Mrs. George Kingston, Washington State First Vice President and Organization Chairman for State; Mrs. Paul Sweet, 4th Vice President of State; Mrs. Clarence Lyon, 6th Vice President of State; Mrs. Everett Nelson, Recording Secretary of State; Mrs. Oscar Sorenson, Treasurer of State; Mrs. Robert Fishbach, Historian for State; Mrs. Donald Evans, Finance Chairman

for State; Mrs. W. D. Kirkpatrick, Revisions Chairman for State; Mrs. Donald Thorpe, American Medical Education Chairman for State; Mrs. James Mason, Mental Health Chairman for State.

All Auxiliary members and their husbands are welcome.

\* \* \*

In behalf of all Auxiliary members I would like to express our sincere sympathy to Mrs. George Kunz, Sr., at the loss of her husband. We hope it will be some comfort to her to know her friends, too, mourn her loss. Remember, too, we still hope to see you at all our Auxiliary meetings.

\* \* \*

### Rehabilitation Center

Habilitation of the Rehabilitation Center is currently underway with members of the Auxiliary assuming the responsibility of providing drapes for the offices and treatment rooms. According to Jean Judd, no funds are available for this project and drapes or drapery material in good condition are sorely needed. If you have anything stowed away which would be suitable for this purpose, please call Jean at PR. 7738 as soon as possible.

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Ask your attorney about the importance of naming a bank as executor. An individual executor may die or become incapacitated, thereby causing confusion. A bank's Trust Department goes on forever. It gives the advantage of trained experts in the management of your estate. The cost is small.

Most importantly . . . see an attorney *this week*. Make your Will.

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### Invitation Extended

An invitation to Pierce County Medical Society members is extended by Pfizer Laboratories and J. B. Roerig & Company to a special presentation produced exclusively for physicians by Lawrence E. Spivak, originator and producer of MEET THE PRESS.

The closed-circuit, TV showing will be at the Winthrop Hotel, Wednesday evening March 20 from 9 to 10. Cocktails and refreshments from 8 to 8:45 will precede the hour-long TV production entitled, "Is Revolution in the U.S.S.R. Possible or Impossible?"

A panel composed of Spivak, Eugene Lyons, Louis Fischer, May Craig and Ned Brooks, will interrogate the following authorities: Gen. J. Lawton Collins, Senator Henry M. Jackson, Nicolai Khokhlov and Josef Swiatlo.

### AMA Sponsors Doctor-Lawyer Meetings

More than 300 doctors and lawyers in Atlanta, Denver and Philadelphia will get together this month (March) at the invitation of the American Medical Association to discuss mutual problems of the two professions. The day-and-a-half meetings have been scheduled as a follow-up to three similar sessions held in other cities in the fall of 1955. Dates and locations for the Friday and Saturday symposiums are: March 15-16 at the Atlanta-Biltmore Hotel, Atlanta; March 22-23 at the Cosmopolitan Hotel, Denver, and March 29-30 at the Benjamin Franklin Hotel, Philadelphia.

Topics to be discussed include trauma and disease, medical expert testimony and the medical witness. On Friday afternoon, Dr. Herman A. Heise of Milwaukee will speak on the use and background of scientific tests for intoxication to be followed by a mock trial demonstration. Participants in the mock trial include AMA staff personnel and Lt. Robert Borkenstein, inventor of the testing devices known as the "Breathalyzer."

On Saturday morning, a doctor-lawyer panel will discuss trauma and cancer followed by a question and answer period. After luncheon, Irving Goldstein, a Chicago attorney, author of TRIAL TECHNIQUE, MEDICAL TRIAL

TECHNIQUE and editor of MEDICAL TRIAL TECHNIQUE QUARTERLY, will speak on the medical witness and expert medical testimony. Winding up the program will be a showing of the movie, "The Medical Witness," and a question period.

American Medical Association and American Bar Association representatives will be at each meeting. AMA spokesmen in Atlanta and Philadelphia will be Dr. David B. Allman, president-elect, and in Denver, Dr. George F. Lull, secretary-general manager. ABA representatives include — in Philadelphia, David Maxwell, president; Atlanta, E. Smythe Gambrell, immediate past president, and Denver, Thomas M. Burgess, member, board of governors.

Registration fee for each symposium will be five dollars to cover the cost of the luncheon and any published proceedings. Advance registrations should be sent immediately to the AMA Law Department.

### Acknowledgment

Credit for the "In Memorium" of Dr. G. G. R. Kunz which appeared in the February issue of the Bulletin goes to Dr. J. Benjamin Robertson whose name was, unfortunately, omitted. The well-written, sincere tribute was obviously the product of painstaking effort on the author's part, and we wish to fully acknowledge his fine contribution.

THE EDITOR

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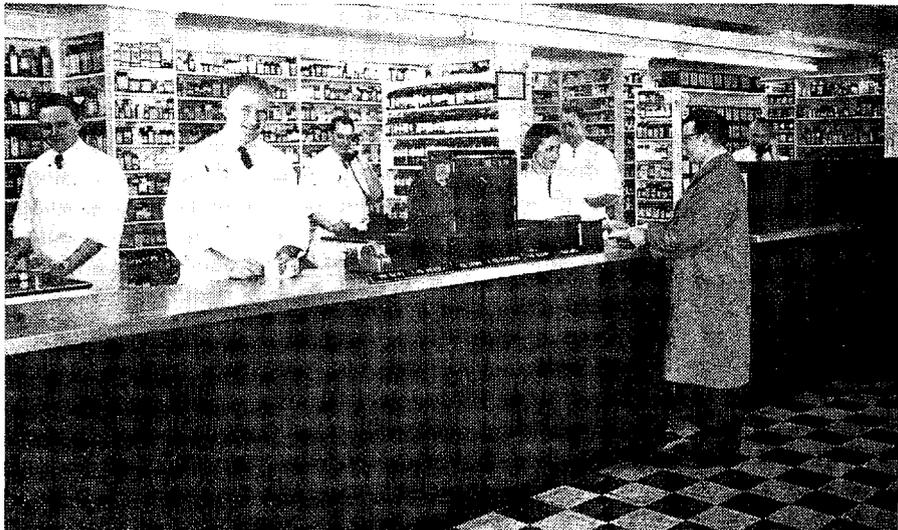
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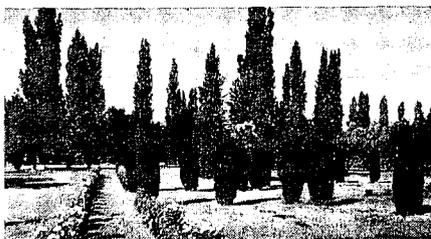
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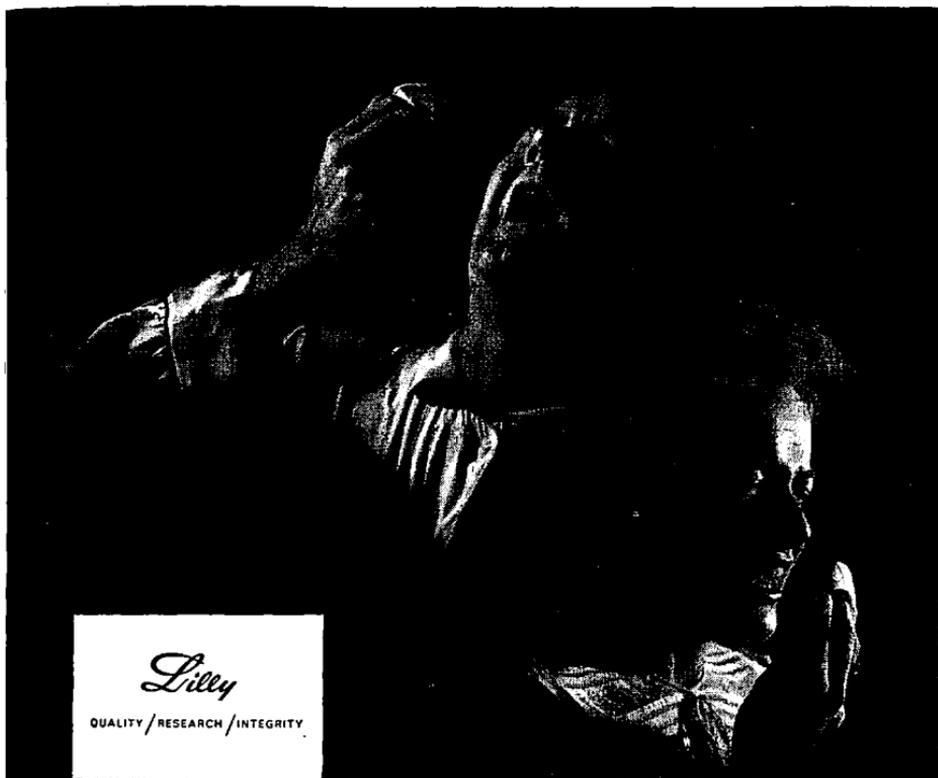
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# HOSPITALS . . .

## Tacoma General

Dr. Merrill J. Wicks was in San Francisco during the last week of February, attending a meeting of the Pacific District Blood Bank Clearing House, of which he is president. This meeting was in conjunction with the annual meeting of the California Blood Bank System.

Census in the Nursery reached a new high during January, with 233 new arrivals reported.

All of us at Tacoma General Hospital were deeply shocked and saddened at the sudden death of Mrs. Morley, wife of Dr. Leonard Morley, of the Anesthesiology Staff.

Mrs. Joan Stout was welcomed back after a 2 weeks' illness. Mrs. Stout, Assistant Director of Nursing Service, is in charge of the In-Service educational program.

All Obstetrical Head Nurses attended a workshop at the University of Washington concerning obstetrical nursing practices.

Dr. Charles P. Larson has just returned from New Orleans, where he attended a Board Meeting of the American Society of Clinical Pathologists, and Miami, where the American Cancer Society was meeting.

The current "flu" epidemic created a serious problem for the Director of Nursing Service, Miss Robertson. During the week of February 11, there was a total loss of 480 hours because of illness among the personnel in this department. Individual time lost was longer in most cases than is usual with this type of sickness.

The School of Medical Technology has a new student, Miss Dagnija Keire, who comes from 3 years schooling at the University of Washington. Miss Hazel Pedersen, who has just completed her year's training in this department, reported for work on February 18, at the Virginia Mason Clinic Laboratory in Seattle.

Wednesday, February 27, was the date of a ceremony in which Tacoma General Hospital received the Department of Defense Reserve Award. This event marked the first occasion on which the Award has been made to a hospital.

## Saint Joseph's

The new modern color scheme in our hallways has passed the half way mark and will soon be on the first floor. There the new colors and the beautiful new aluminum entrance doors will present a very pleasing note to all our future patients and visitors.

The modernization of our kitchen is progressing satisfactorily. Three new shelves are

in the process of construction and are to be installed as soon as the painting is completed.

These shelves and a rearrangement of the serving table, we hope, will expedite the serving of hot food to the patients' rooms at meal time.

From Second Floor comes word that Mrs. Burelson is back with us again and is feeling fine. Miss Olson's sister is still visiting from Fresno, California. Mrs. Rose is enjoying a visit with her new granddaughter, son and daughter-in-law. They find it difficult keeping warm with the ice and snow of the past few days. Mrs. Lewis, R.N., has been added to our 2nd floor nursing crew. She works 3-11. Mrs. Davison, R.N., is also new on the 3-11 shift.

Third Floor has really taken on a Spring-like look with the new point job in the halls and rooms. Have you seen 310 and 312 with the beautiful terrazzo floor? Sister Barbara Ann has been dividing up her time supervising 3rd and also teaching. She's been buzzing around. She had the steam inhalators painted real cheerful colors—yellow, blue, pink and green. In fact we are so fancy now, the inhalators match the color of the room it's in. The new bulletin board at each desk is also greatly appreciated along with the new neon lights.

Mrs. Johnson, R.N., has left us for the great state of Texas. Her Lieutenant husband is furthering his Army career by going to an Air Force School in San Antonio.

Good luck and best wishes are extended to Dorothy Burrows who has chosen a new vocation—the convent life. We have Nadine Carlson back part time for which we are very grateful.

Len Renner (the night call X-Ray Technician) is the proud father of a baby girl, Cathleen Marie born February 9th. This is the second daughter for the Rennets. The student technicians have been attending weekly classes at Virginia Mason Hospital in Seattle. These classes are conducted for Student X-Ray Technicians and are sponsored by the Washington Society of X-Ray Technicians.

The X-Ray department is happy to welcome Dr. Henry Maki back for a few days while Dr. Gross is enjoying a week's vacation at Sun Valley, Idaho. Dr. Gross is a ski enthusiast and is taking advantage of the wonderful season at the Idaho playland.

The Nurses' Residence was gaily decorated with a Valentine motif for the Valentine Party which was held February 14th. The members

(Continued on Page 25)

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(Continued from Page 23)

of the faculty and student body entertained the Sisters from 2:30 p.m. to 3:30 p.m. From 3:10 to 4:30 p.m. the students and faculty members were fered.

The students are busily engaged in various money raising projects to help defray the expenses of a delegate to their national Nurses' Convention.

The Future Nurses' Club at Lincoln High School supplied us with many beautiful favors for St. Valentine's Day. It was a real treat to the patients to receive them on their trays. Credit for the artistic work goes to Diane Wire, President of the Club, and Mrs. Edward Eylander, wife of one of our anesthesiologists and moderator for the class. Other girls who participated in the project are: Eileen McIntosh, Laura Sanders, Clara Tware and Charlotte Lawson. Thanks a million, girls!

"Psychiatry and Catholicism" by Rev. James H. Vandervelt and Robert P. Odenwald, M.D., was recently donated to the Medical Library. This book no doubt will be greatly appreciated by our staff.

Word from Maternity informs us that Dr. and Mrs. Hugh Larkin welcomed a new son January 25th. Marianne Reed (Medved) had a baby girl February 12th. Mrs. Beatrice Crawford, R.N., 3-11 Maternity a son, Mrs. Louise

McCloskey daughter of Mrs. Agnes Cornelius, a son and Mrs. Sharon Owens a son. Congratulations to all!

The Tacoma Chapter of the American Society of Medical Technologists held its monthly meeting at the Good Samaritan Hospital in Puyallup this month. Films were shown by the Squibb Pharmacal Company and plans for the annual seminar which will be held in Tacoma this year were discussed. Miss Hebert of our Laboratory is President of the Tacoma Chapter, and she has been working very diligently to make this seminar a success.

Shirley Jorgensen, Student Technologist, was a patient on third North. Shirley was experiencing what the patients go through. She got needle-shy, and promises to be most gentle with each patient from now on.

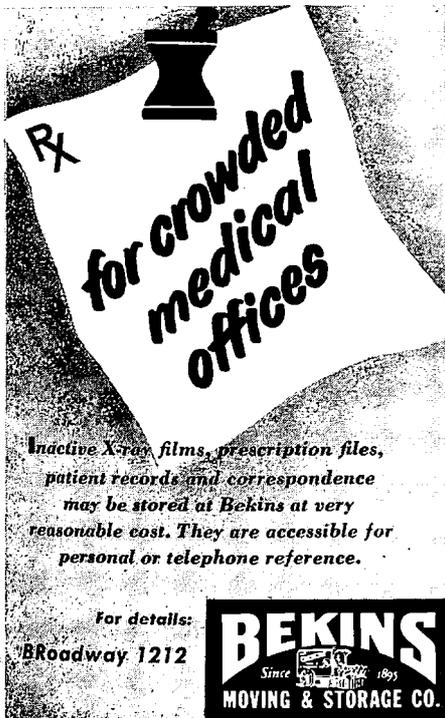
New Sisters at the hospital are Sister Columba, Sister Alacoque and Sister Orhelia. They are not new to most of us as they have all been at St. Joseph's in the past. Sisters who were transferred were Sister Sylvia, Sister Maxine and Sister Eugene. Best wishes and God's blessing is extended to those who came and those who went.

### Pierce County

The Washington State Chapter of the American Physical Therapy Association will hold its annual state-wide meeting on March 9 in Tacoma. Mrs. Anita Preston, R.P.T. of Pierce County Hospital is the Chairman of Arrangements for this meeting. The morning session, starting at 10 a.m. will be held in the auditorium of the Medical Arts Building. The topic for discussion is UPPER EXTREMITY FUNCTIONAL BRACING and the speakers are Sherburne Heath, Jr., physiatrist from Seattle, Mrs. L. Ceder, prosthetist, Tacoma, Mr. Albert Van Etten, physical therapist, and Miss Mary Kroeker, occupational therapist, Puyallup. The meeting will then adjourn to Scotty's Cafe, where, following luncheon, Dr. Anders Sola of Seattle will speak on MYOFACIAL PAIN SYNDROMES. The attendance is limited to members of the American Physical Therapy Association, the medical profession and allied professions.

The icy weather took its toll of casualties among the hospital personnel. Alice Miller, Dietary Department, Helen McKibbin, Social Service, Mrs. Daley, nursing supervisor, 3rd floor, suffered broken arms due to falls. All are recovering satisfactorily. Mary Wilson, Record Department, fortunately escaped serious injury in an automobile accident, which practically demolished her car and left her with a

(Continued on Page 27)



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(Continued from Page 25)

badly cut hand and sprained back. She has returned to work.

Gertrude Barry of East Boston, Massachusetts, is a new member of the Laboratory staff. She is lately of the Laboratory Department of the Chelsea Soldiers' Home Hospital in Chelsea, Massachusetts. Norma Johnson, Kinsman, formerly head of the Laboratory Technicians of Pierce County Hospital is being welcomed back to the department as a part-time worker. Most of her time is used tending to her new home, her husband and 2 year old daughter.

Dr. Wayne Marsh returned the 8th of February from a week's vacation spent with his parents, Mr. and Mrs. Marion Marsh of Archer, Nebraska. Another intern, Dr. Waddell, left on the 16th to visit his parents, Mr. and Mrs. J. D. Waddell of Kansas City, Missouri. Both Dr. Marsh and Dr. Waddell made the trips by plane.

The regular meeting of the Puget Sound chapter of the National Hospital Housekeepers' Association was held at the Doctors' Hospital in Seattle on February 8. An interesting discussion on GROUP THINKING was led by Dr. Crowell of the University of Washington. Leitha Munsee, Bea Brown and Nelle Satter of Pierce County Hospital attended the meeting. They also renewed acquaintance with Mary

Nimitz, formerly of Pierce County Hospital housekeeping staff, who is now supervisor of the Housekeeping Department of the Doctors' Hospital, Seattle.

Mr. and Mrs. Eugene Stevens are the proud parents of a baby boy, born January 26. Mrs. Stevens is Pat Stevens of the Social Service Department. The new baby, called "Kelly" joins two sisters and a brother.

Louise Golden has returned to her hospital work after recuperating from surgery performed at St. Joseph's Hospital.

Arlene Soder is a new member of the secretarial staff of the Social Service Department.

### **Mary Bridge Children's Hospital To Celebrate 2nd Anniversary**

The Mary Bridge Children's Hospital will soon be celebrating its second anniversary. In these two years it has offered not only a complete in-patient hospital service, medical and surgical, for children from birth to 14 years of age, but also certain needed out-patient services. In these are included four clinics, Orthopedic, Speech Therapy, Diagnostic Cleft Palate, and Orthoptic.

The Children's Hospital has been requested by the Editor of the Bulletin of the Pierce County Medical Society to write a series of articles on the services of its clinics. We are starting with the Orthopedic Clinic. Another article will appear next month in this Bulletin on the Orthoptic Clinic.

The present Mary Bridge Children's Hospital Orthopedic Clinic is the out-growth of the one started by the Orthopedic Guild back in 1926. When it had developed to the point of requiring weekly clinics it was moved to the Pierce County Health Department at 24th and Pacific. With the opening of the Mary Bridge Children's Hospital transfer was made here and the Orthopedic Clinic was the first complete out-patient service available to the community. Services which we had to refer to other resources are now available at the hospital, such as x-ray, physical therapy, cast applications on an out-patient as well as an in-patient basis, also all laboratory work. This has meant great saving in time, not only for the orthopedist but the patient and his family. Also, in questionable cases quicker diagnosis can be made because of the above facilities, particularly x-ray. If surgery and hospitalization are required, necessary plans for these can be made at once.

Admittance to the Orthopedic Clinic remains the same. That is, referral directly to the Social Worker at the hospital. Its services are available to the children of Pierce, Thurston, Mason, Kit-

(Continued on Page 29)

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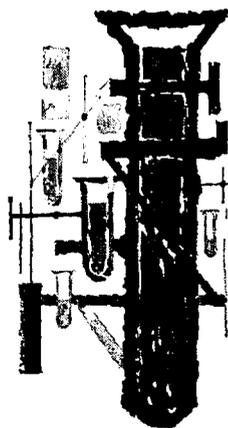


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Ascorbic Acid (C)	150 mg.
Folic Acid	4 mg.



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(Continued from Page 27)

sap, and Grays Harbor Counties, who are 14 and under, and whose parents cannot afford private orthopedic care. A Social Worker is employed to determine this, as well as help with other problems connected with treatment and progress.

Since the hospital opened for service April 1, 1955, we have given services to 371 different children in the Orthopedic Clinic, 212 of these have been new patients, 49 have required hospitalization, 11 have had to be readmitted, 67 cases closed with care complete, and 102 closed for other reasons, such as transfer to private care, moved away, or required other medical care. Cleft palate repair is also included among the orthopedic problems, and 22 have received this plastic surgery, with a total of 767 hospital days. Club feet and dislocated hips are being recognized and treated early so that aside from those requiring actual surgery, 29 had a series of castings on an out-patient basis, and 47 have received physical therapy in our new physical therapy department. As you see, these figures indicate the increasing demands upon us.

Minor to serious foot deformities eventually require proper shoes and corrections; recommendations can be taken care of without delay because of cooperation with several shoe stores and the Tacoma Brace Shop, with the parents sharing in the expense when they are able.

The Mary Bridge Children's Hospital works closely with the Crippled Children's School, so

many with cerebral palsy or other crippling conditions (except for polio), are found at Orthopedic Clinic. This means a sharing of information which is done by the Social Worker, and thus a better service to the children.

The Orthopedic Association of the Mary Bridge Children's Hospital sponsors this clinic with financial assistance. It could not operate, however, without the skilled services of the following orthopedists who have all served on the Staff: W. W. Zimmerman, M.D.; D. H. Murray, M.D.; D. S. Staatz, M.D.; Wendell Peterson, M.D.; Robert Florence, M.D.; William Goering, M.D., and Dr. E. E. Banfield, plastic surgeon. Volunteers from the Orthopedic Guild come regularly to help man the Monday Clinic, as well as a Public Health nurse and our own Mary Bridge Children's Hospital nurse, and the Social Worker.

In analyzing our case load of 10, or even 5, years ago, there is a difference in the age of referral. That is, we have more babies and pre-schoolers. Apparently the general public is becoming better informed and the parents are making better use of the facilities available to them. All of this, of course, is very encouraging, because eventually we will see fewer school age and adult cripples.

We hope this information will be helpful and useful.

KAY P. FURLING,  
Social Worker for Mary  
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## Report of 24th Annual Meeting American Academy of Orthopaedic Surgeons

The meeting of the Academy of Orthopaedic Surgeons was preceded by the annual meeting of the American Society for Surgery of the Hand which presented a number of excellent papers. Dr. Donald R. Pratt presented an interesting follow-up on his operation for mallet finger presenting refinements in his technique of treating this condition with kirschner wire fixation. One of the most interesting papers of this session was presented by Dr. Edwin R. Schottsraedt describing his technique of transplanting whole muscles or portions of muscles for paralysis due to poliomyelitis. There was some doubt as to whether these transplants about the shoulder were superior to arthrodesis, but in a few of the cases demonstrated there was no doubt about the effectiveness of the transplant.

It was impossible to attend all of the meetings at the Academy meeting since during the morning many of them were going on simultaneously, but I shall give a few of the high points of some of the sessions that I attended.

Dr. Carl Badgley discussed surgical treatment of arthritis reviewing his experiences with corrective surgery for the various joint deformities. He reported good results with either a Jones pseudarthrosis or cup arthroplasty for arthritis of the hip leaving prosthetic arthroplasty for the elderly age group. He does fascial arthroplasties for arthritis of the elbows and knees. He also indicated that sympathectomy is still of value in relieving the symptoms of arthritis below the elbow and below the knee.

Another session of interest was one of the Instructional Course Lectures by Alex J. Arieff, M.D., Assistant Professor of Neurology and Psychiatry at Northwestern on Electrodiagnosis in Neuromuscular Disorders. The various electrodiagnostic methods were described and an electromyographic sound recording was presented which gave the various sounds that one encounters in common neurologic and neuromuscular disorders. Their experience shows that electromyography is only 42% helpful compared to 74% by other methods. He minimized the usefulness of electromyography in the diagnosis of protruded intervertebral discs stating that the diagnosis could be made by other methods more easily and accurately.

There was an interesting symposium on shoulder disabilities presented by Drs. Barr, Aufranc and Rowe. Dr. Barr described a method of improving deformity and function in birth palsy by transferring the subscapularis to the teres minor insertion. A method of treating

deltoid paralysis due to poliomyelitis was described by transferring the trapezius to the deltoid insertion combined with transfer of the long head of the triceps and the short head of the biceps and coracobrachialis to the acromial process.

An interesting paper was presented by Dr. Paul McMaster on the correction of severe flexion deformities of the spine resulting from Marie Strumpell arthritis by spinal osteotomy. The technique of the surgical procedure was described and end results shown which made it possible for these patients to get their heads almost upright.

Three papers on scoliosis were presented, two of which dealt with the use of the Milwaukee brace both pre- and post-operatively. The third paper was presented by Dr. Risser in which he described the use of his localizer cast. Dr. Risser no longer does his fusion through the cast but bivalves it at the time of surgery and then applies a new localizer cast two weeks post-operatively at the time the sutures are removed. His incidence of pseudarthrosis is 17%. In Dr. Blount's hands the Milwaukee brace gave good results but the extremely variable factors make comparison of any two series of cases difficult. All stressed the importance of meticulous fusion technique and the superiority of autogenous bone.

The Fracture Committee reported on their study on the use of replacement prosthesis for the treatment of fresh femoral neck fractures. It was concluded that the indications for this procedure are: (1) in the old, poor risk patient in whom it seems unlikely that a secondary surgical procedure would be possible; (2) when early ambulation is essential and the condition of the patient makes the use of a walker or crutches unlikely; (3) in patients who have Parkinson's disease or spastic hemiplegia; and (4) when a satisfactory reduction and internal fixation of the fracture could not be obtained by other means. It was stressed that it should not be used if union could be expected. In a review of 270 cases only 13% of the results could be classed as excellent while the combined good and excellent grades came to 34.9%. Either the Moore or F. R. Thompson types were preferred. They noted little difference between the two common approaches used but the average hospital stay for the anterior approach was about 10 days less than for the posterior approach.

Dr. William Massie reported 30 consecutive cases of intracapsular fracture of the neck of the femur in which they used the Pugh nail placing the nail at 155 degrees. They had no non-unions in contrast to the usual 25%.

(Continued on Page 33)

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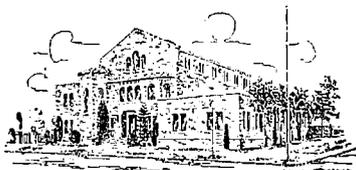
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(Continued from Page 31)

Three papers on tuberculosis of bone were presented on the last day of the convention. One by Dr. M. S. DeRoy presented a long term follow-up on cases treated by debridement, open packing and the use of streptomycin omitting the use of arthrodesis. The method applied to spinal tuberculosis provoked considerable adverse comment as some of their cases showed a marked increase in the kyphos on the long term follow-up. It was felt that this could have been prevented by spinal fusion. Dr. Mather Cleveland presented an excellent paper on long range follow-up on cases of spinal fusion for tuberculosis of the spine in children. This study represented a follow-up of over 25 children in whom spinal fusions were done between the ages of eight months and fourteen years. The follow-up studies proved the fusion mass to grow and no deformities resulted from the fusion of these spines at early ages.

Professor Gerhard Kuntscher presented a paper on the use of the intramedullary nail which he invented. He emphasized the necessity of reaming the intramedullary canal to obtain a better fit and better immobilization. In

order to prevent fat embolism, intramedullary nailing is delayed for five or six days post fracture.

The meeting was brought to a close with a paper on operative treatment of recurrent dislocation of the patella in the adult by Drs. F. E. West and Ralph Soto-Hall. They emphasized the need for excision of the patella because of the degenerative changes in its articular cartilage. This was followed by complete medial transference of the quadriceps tendon and joint capsule.

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## Kaiser Foundation Health Program Success or Failure?

Nearly every week I snort at the same idea expressed in one or another of the many articles on medical practice. If socialized medicine comes, they say. Be careful, you will have socialized medicine!, says another.

Again I snort, because here on the Pacific Coast we have a full fledged variety of socialized medicine. The question is, how is it actually working, and does it seem to be successful in our society?

The Kaiser Foundation Health Program is the example I am referring to. As to the questions above—it works fine for a large group of people and it shows every evidence of health and strength.

Before you think I am a prophet of doom let me hasten to say that there is also a large group who have tried it and left. Further, that wherever the private practitioners were alert and up to their duty of service the "Health plan" has had very slow going.

To understand the workings of this program is to see how any socialization of medicine is set up. There are three main factors:

First, there is a large clinic with a multitude of office help, small doctor's offices and well planned patient flow. The clinic is commonly located in their large central hospital or in one

of the subsidiary hospitals. (All of the real estate belongs to the Foundation.)

Second, there is a doctor's group which is a legal fiction of a private group of practitioners offering their services to the Foundation for service to the hospitals and clinics. There is no doubt in actual practice that such physicians are really employees. They are shortly made aware that the secretaries and accountants are just as important in the whole scheme as any doctor. This means that hours and schedules are cleared through the Foundation management, then by being passed through the executive of the medical group are dictated to the professional staff.

The only ones who have any say are the inner executives who see only such patients as they choose. The finances of the group is essentially that the "takes" of the individual clinic is split first into Foundation's share, from which comes payment on the real estate and operating expenses of the clinics and hospital. Then comes personnel expenses of the clinic (including clerk hire). The last, the doctor's group, is handed a figurative net. The inner triumvirate, or executive, usually takes a slice which is very handsome, then the other physicians are paid their wage. Quarterly there is a bonus, usually about half of three month's wage, to the senior members of the partnership. The junior members are given progressively smaller slices. The

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salaried men receive occasional incentive raises—but very small.

The third part of the plan is the vast corporate "Foundation" itself, that need only be taken over by the executive branch in Washington, D.C. and we have full fledged government medicine, not just a pilot plant. This corporation owns everything, including the doctor's files, x-rays and reports. It goes on and on—while mortal men fail and fall away. It contracts with the Longshore, the Police Beneficial Associations, firemen ditto and unions of all descriptions. They pay to the Foundation and owe it their allegiance but direct their complaints about the service at the professional staff.

There I going being a sore head again!

As objectively as I can I would like to offer the pro's and con's of the patients and the doctors.

The patients like the idea of one cost deducted in advance and little or no extras. They like the scientific brand of medicine and the youth and vigour of the staff. They like the hospital and out-patient being combined and the twenty-four hour rapid service.

They complain about the short time with the physicians and the constant attempt to keep all conversations brief. They detest the stuffy cubicles in which they often wait considerable periods. They grumble about never seeing the same doctor twice and when they do — he doesn't remember them. They blame the doctors when the front office finds a loop hole in the contract, then refuses to pay for a service.

The doctors like the system of being on call only one night or so a week, and they like the steady salary with no need to collect it piecemeal. They like being able to order tests and services freely and many frankly like being dependent. The professional staff resent heartily the unequal distribution of the funds they worked for, and the relative importance of the clerks in the office. They hope to reach the dizzy heights of the executive group but know that there is more than academic excellence that leads to such position. They are well aware of and dislike the laggards who draw the same salary but shirk their duties. No one is dictated to on the professional level but considerable pressure is frequently obvious.

In conclusion, I feel I did not fit in the Plan. Some do and are happy. But just look at any similar plan to see if the basic pattern is not identical. No private practitioner need fear any of them, if he practices the healing art, but this is the perdition waiting for the whole profession if we do not measure high.

WILLIAM E. HILL, M.D.

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### *FDA Circularizing All Post Offices on Hoxsey Cure*

Drawing on a technique of the FBI, the Food and Drug Administration is mailing out to all post offices and substations in the U.S. a poster warning the public on the Hoxsey "cancer cure." The two-color poster carrying the warning "Public Beware!" advises that two federal courts have found the Hoxsey treatment for internal cancer worthless. It also notes that not a "single verified cure of internal cancer by this treatment has been found." The posters are being mailed to some 46,000 offices. FDA officials said they took the unusual step because final court action against the Hoxsey group will not be completed for some time. Last April the agency published a formal warning in the Federal Register.

### *OASI Tightening Up Disability Standards AMA Group Consulted*

The Bureau of Old Age and Survivors Insurance, a part of the Social Security Administration, is attempting to tighten up on standards for determining disability. Advising the bureau is a physicians' committee—the Medical Advisory Committee of BOASI—head by Dr. J. Duffy Hancock.

Involved are two operations. 1. The disability freeze program, which protects the beneficiary against reduction of pension because of time he was disabled and unable to contribute to the OASI fund. This has been in effect since 1954, but in most cases the beneficiary is protected against a loss he would suffer years later and no immediate cash is at stake. 2. The program, enacted by Congress last year, for OASI payments to the disabled at age 50. Because this offers monthly cash payments starting in a few months, many more applications are expected under it than under the other plan. The same standards for determining disability are used for both programs.

To exchange information, a group of AMA representatives conferred with OASI officials at a January meeting in Washington. At that session Dr. Hancock explained that the OASI hoped to develop standards for disability to the point where non-M.D.'s on state staffs could make most of the determinations by matching physician-certified physical conditions against the standards. It was also reported that more than 1,000,000 inquiries have been received, mostly on the disability freeze as the cash payments plan did not accept applications until October.

Representing the AMA at the meeting were

Dr. James R. McVay, chairman, and members of his Committee on Medical Rating of Physical Impairment, and staff members from Chicago headquarters and the Washington office. Representatives from the OASI, in addition to Dr. Hancock and members of his advisory committee, included Dr. Arthur B. Price, Arthur E. Hess and Isadore H. Borgen.

(When more progress has been made in establishing procedures for disability determinations the new standards will be the subject of a SPECIAL REPORT from the Washington Office.)

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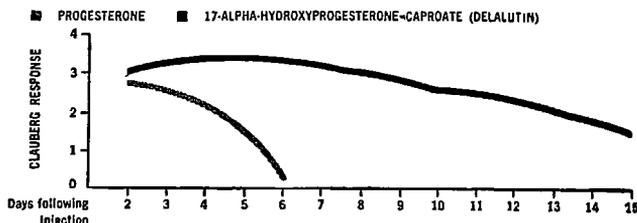
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## MONTHLY MEETINGS

**STAFF OF TACOMA GENERAL**

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

**STAFF OF ST. JOSEPH'S**

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

**TACOMA ACADEMY OF INTERNAL MEDICINE**

Fourth Tuesday of each month—6 p.m. at Tacoma Club

**SURGICAL SOCIETY**

Third Tuesday of each month—6:30 p.m. at Tacoma Club

**STAFF OF PIERCE COUNTY**

Last Monday of each month—6:15 p.m.

**PIERCE COUNTY MEDICAL SOCIETY**

Second Tuesday of the Month—8:15 p.m.

**STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL**

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

**STAFF OF MEDICAL ARTS HOSPITAL**

Third Friday of March, June, Sept. and Dec.—7:15 a.m.  
at Scotty's Cafe

*The* **BULLETIN** *of the*  
**PIERCE COUNTY MEDICAL SOCIETY**

VOL. XXVIII—No. 8

TACOMA, WASH.

APRIL - 1957



# Pierce County Medical Society

1957

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 President-Elect..... Herman S. Judd  
 Vice-President..... Glenn G. McBride  
 Secretary-Treasurer..... Arnold J. Herrmann  
 Executive Secretary..... Judy Gordon

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 Gerald C. Geissler..... Frederick J. Schwind  
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 Albert Ehrlich  
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 Rodger S. Dille..... Calvin Lantz

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 Business Manager..... Judy Gordon  
 Auxiliary News Editor..... Mrs. Howard Pratt



## Happy Birthday

April

- 1 LAWRENCE SKINNER
- 2 EDWIN FAIRBOURN
- WILLIAM MATTSON, JR.
- 4 BERNARD HARRINGTON
- 7 EVERETT NELSON
- 11 LAWRENCE BRIGHAM
- 12 CHARLES MAY
- 15 LEO HUNT
- DOUGLAS MURRAY
- 16 ROBERT OSBORNE
- CHARLES TRIMBLE
- 17 CHARLES PASCOE
- 18 CLYDE GRAY
- 20 JOHN COMFORT
- 21 HAROLD JOHNSTON
- 22 WILLIAM AVERY
- RICHARD DAVIS
- 24 EUGENE HANSON
- 25 RODGER DILLE
- 27 JOHN GULLIKSON
- 28 LOUIS HOYER
- RICHARD LINK
- 29 A. W. HOWE
- 30 DONALD MCKAY

## The Upjohn Company

announces

## GRAND ROUNDS

A closed-circuit telecast  
 "ORINASE IN DIABETES"

Wednesday, April 24th — 6:00 to 7:30 p.m.  
 Spanish Ballroom — Olympic Hotel, Seattle  
 A distinguished panel of Endocrinologists

## NOTICE

Check back page of Bulletin for calendar  
 of special meetings

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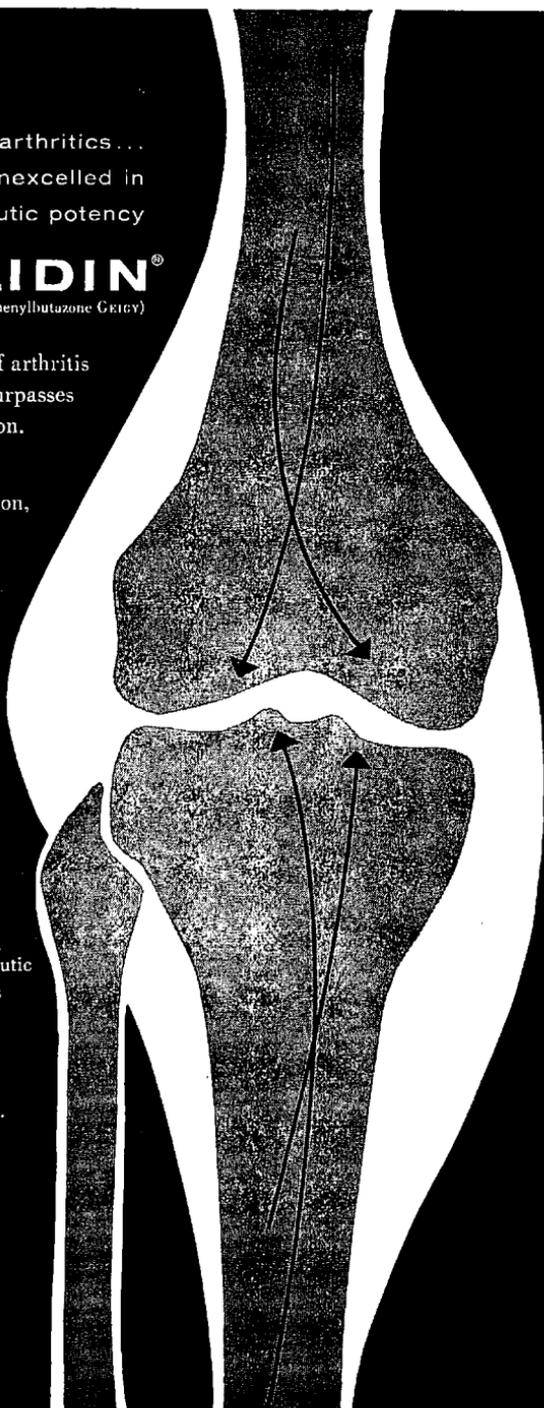
- Gouty Arthritis
- Rheumatoid Arthritis
- Rheumatoid Spondylitis
- Painful Shoulder Syndrome

BUTAZOLIDIN being a potent therapeutic agent, physicians unfamiliar with its use are urged to send for detailed literature before instituting therapy.

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**M E E T I N G**  
**PIERCE COUNTY MEDICAL SOCIETY**  
**TUESDAY, APRIL 9**  
**7:30 P.M.**

Tacoma Athletic Club . . . 733 Commerce

No-Host Social Hour . . . 6:00

Dinner . . . . . 6:30



**P R O G R A M**

**"INTER-RELATIONSHIPS OF COUNTY, STATE AND  
NATIONAL MEDICAL ASSOCIATIONS"**

**Speakers:** Dr. James H. Berge, President  
Washington State Medical Association

Dr. Wilbur E. Watson, Assistant Secretary-Treasurer  
Washington State Medical Association

Mr. Ralph Neill, Executive Secretary  
Washington State Medical Association

Mr. William R. Ramsey, Executive Secretary  
King County Medical Society

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# EDITORIALLY SPEAKING

The impressive story of the accomplishments of U. S. Medical schools will be told to the nation during the second annual observance of Medical Education Week, April 21-27, and the Pierce County Medical Society has been invited by the national sponsors to develop plans for community programs in this area.

The purpose of the observance is to focus the attention of the American people on the importance and indispensability of medical education.

Specific aims of Medical Education Week, if pursued effectively, will demand the participation of a large portion of our members. These are the goals:

1. To portray the key role medical education plays in the promotion and maintenance of the nation's health and security.

2. To explain how the medical schools are striving to meet the demand for larger numbers of physicians and, at the same time, to maintain the high standards of training that characterize American medical education.

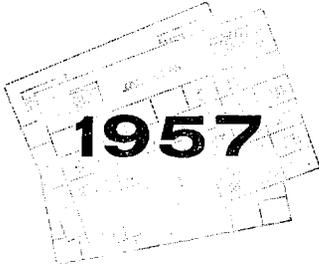
3. To call attention to the steady progress in the medical sciences and to point out the wide range of activities—teaching, research and leadership—carried on by the modern medical school in addition to its job of training new doctors.

4. To make clear the extent and nature of the new challenges to the profession and to point out some of the steps being taken to push back the horizons of the medical sciences.

In view of this great opportunity to further the goals of medical education, each physician is asked to demonstrate his gratitude to his alma mater by working actively with his planning group to help all 82 medical schools win the friendship and support of the public during this Medical Education Week, April 21-27.

W. W. MATTSON, JR., M.D.

(Excerpts from A.M.A. Editorial)



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*Introducing***James McNerthney**

Jim is a Tacoman and, after attending St. Patrick's and Bellarmine, went to Creighton for his pre-med.

His training was interrupted from 1942 to 1946 by a tour of duty in the Navy where he served as a deck officer on an amphibian in the Pacific and participated in the landings at Okinawa and the Philippines.

After discharge from the service, Jim took another year of pre-med and then went on in the Creighton Medical School; his internship and residency program were at Creighton Memorial St. Joe's Hospital.

After his three-year OB-GYN residency, Jim returned to Tacoma where his office is in the Medical Arts Building.

Jim has a family; wife, Eloise and a son and daughter, Mike and Molly. Hobbies are salt-water fishing and bowling.

*Editor's Note*

We wood like two thank won of hour readers that was intrested enuf two edit thee Editoreeul in lassed munth's ishue anned return it two us. Now we no hour magazeen is red.

He did not knot eye identify himself, butt we want hymn to be ashured we will eckstend hour effurts and will watch hour that's and who's moar cairfully.

SEA! Peepul DEW reed the Bulletin! Ewe R Dewing sew NOW!

Dangling particples we have got;  
Split infinitives, too.

What we learned we have forgot,  
What our critic said is true.

He was oh-so-right when he pointed out  
Our Freshman English is hazy;  
Oh, nameless one, there is no doubt  
The Bulletin needs you like crazy!

—Anonymous

*Introducing***Myron Bass**

Myron was born in Seoul, Korea in 1924. The son of a missionary, Myron travelled extensively and when he was four, his family moved to the Pacific Northwest.

After attending Eastern Washington College, he took his pre-med at the University of Washington and completed his work at the University of Oregon Medical School in 1948. He then came to the Pierce County Hospital for his internship and some residency. The residency program was interrupted by a tour of duty in the Army which he spent at Ladd Field, Fairbanks, Alaska from 1951 to 1953.

Subsequently, Myron returned to the Pierce County Hospital temporarily and then went to the University of Pittsburgh for his OB-GYN residency from 1953-56. Since July, Myron has been in OB-GYN practice in the Medical Arts Bldg.

Hobbies include tennis and golf.

*Doctor-Lawyer Banquet*

Doctors will be hosts to the lawyers Friday, April 26, at a banquet to be held at the University-Union Club.

The annual affair will begin at 6:30 with dinner at 7:30 and, according to the Entertainment Committee, top professional entertainment has been engaged to round out the evening's festivities.

Notices, giving more detailed information, will be mailed out within the near future. Meanwhile, save the date—

**FRIDAY, APRIL 26**  
**DOCTOR-LAWYER BANQUET**

*Notice*

Any samples you may have would be greatly appreciated by the Rainier State School. If you will leave the medications at the Medical Society Library Dr. William Hill will pick them up each week and take them to the school.

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# WOMAN'S AUXILIARY

To The Pierce County Medical Society

1956-57

## Woman's Auxiliary Pierce County Medical Society Officers and Chairmen

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1st Vice-President	Mrs. Charles McGill
2nd Vice-President	Mrs. Merrill J. Wicks
3rd Vice-President	Mrs. Hugh F. Kohler
4th Vice-President	Mrs. John Srail
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State Auxiliary Board Secretary	Mrs. E. T. Nelson
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Heart	Mrs. Robert A. Kallsen
Mental Health	Mrs. Paul E. Bondo
Safety	Mrs. Joseph B. Jarvis
Cancer	Mrs. J. Robert Brooke
Tuberculosis	Mrs. Hillis Griffin
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Crippled Children and Adults Committee	Mrs. Wendell G. Peterson
Rehabilitation Center Committee	Mrs. Walter C. Cameron
Arts for Youth	Mrs. James Ward
Infantile Paralysis Committee	Mrs. T. H. Duerfeldt
Fashion Show	Mrs. William Mattson, Jr.
Bridge Tournament	Mrs. Merrill J. Wicks
Supper Dance	Mrs. Thomas B. Murphy
Community Council	Mrs. John F. Steele
City Council	Mrs. Wm. Goering

### April Meeting

The April meeting will be a dessert luncheon at the home of Dr. and Mrs. Dale Hadfield, 10111 Lake Steilacoom Drive, S.W., at 1:00 p.m., Friday, April 19th. Jeanne Vadheim is Chairman, Noreen Hoskins, Co-chairman, and committee members are Pat Flynn and Lorraine Kunz. (Just in case Lakewood addresses are difficult for some of you, coming from town take the far right road at Lakewood Center, which takes you across the Lake Steilacoom Bridge. Turn right at the first crossroad past the bridge, which is Lake Steilacoom Drive, and right again at the first easement — and there you are!)

Edna Backup, Chairman of the Rehabilitation Committee, has organized a very informative program for our meeting. Her committee members are Sally Bond, Hazel Whitacre, Adele Durkin, Muriel Nelson and Louise Bowen. They have planned a panel on the total program of Rehabilitation with our own members participating. Panelists will be people either

already involved in the work of the particular health agency or at least vitally interested in it! The following will speak briefly and tell a little of the special needs of the group they represent and some of what is being done for them in the way of rehabilitation: Ruth Brooke on Cancer, Mavis Kallsen on Heart, Florence Duerfeldt on Polio, Marjorie Wicks on Cerebral Palsy and the Sheltered Workshop, Miriam Bondo on Mentally Ill and Mentally Retarded, Ruth Zimmerman, the Blind and Deaf, and Edith McGill, The Crippled Children's School. Marjorie Cameron will summarize and tell us about the Rehab Center and the patients who are being helped there.

Remember, Board meeting one hour preceding the luncheon — see you at 12:00!

### March Meeting

Thank you very much Sally Bond for opening your spacious and beautiful home to our Auxiliary for its March meeting. And thanks, too, to Chairman Peggy Haley, Co-chairman Jeanne Schwind, and committee members Kay Wright, Pat Hoover, Emilie Irvin, Marjorie Nace, Kay Lueken, Mary Johnston and Dorothy Lantz. Everything looked lovely and tasted delicious!

State Auxiliary President, Mrs. Morris Hecht, was our guest and speaker for the meeting. Muriel Nelson was also especially honored by our Auxiliary at this meeting for her fine work as Secretary to the Woman's Auxiliary of the Washington State Medical Association. It was noted that Muriel is always willing to lend a helping hand in Auxiliary work. Both Muriel and Mrs. Hecht were presented with green carnation corsages. (Then, too, Hazel Whitacre presented Mrs. Hecht with a pair of red garters as a token of remembrance from the Mid-Year Conference . . . turns out she had wanted them all along, too!)

Mrs. Hecht pointed out in her talk that the purpose of the Auxiliary is to assist the Medical Society with its program for the advancement of health in our community. Nationally there are 160,000 doctors in the A.M.A. and only 75,000 wives in the Auxiliary. She urged each of us to do all we can to bring other doctors' wives to our meetings and into active participation in community health organizations. On a State level there are 2700 doctors and 1723 members in the Auxiliary; 20 counties organized and 14 unorganized, though two are to be organized in the near future. (To

(Continued on Page 13)

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SUNDAYS  
10 a.m. to 10 p.m.

HOLIDAYS  
Noon to 6 p.m.

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(Continued from Page 11)

give us all an idea just how we stack up I checked the Medical Society membership in this county — it is 253, including honorary members; Dorothy informs me we have 203 members in Auxiliary.)

Mrs. Hecht also told us that Nurse Recruitment has been changed to "Recruitment" this year as there are 157 allied health fields and participation in all health careers should be encouraged. She said that last year there were 359 scholarships awarded nationally, and Washington state awarded 39 of these.

Mrs. Hecht paid special tribute to Pierce County's Auxiliary for our participation in so many activities recommended Nationally. (So thank you, Florence Duerfeldt, for your excellent leadership!)

Regarding Civil Defense, Mrs. Hecht said it is recommended that we all own a portable radio so that in case of a disaster we can receive instructions; also that every home should have a First Aid Kit and family members be instructed how to use it. Besides our two-week supply of staple goods and water, Mrs. Hecht suggested that we all know how to shut off our electricity in case of an emergency as the water in our hot water tanks would then be available to us.

### Reminder

May 4th is our Supper Dance. Tickets are \$10.00 a couple. Dancing starts at 9:00 to the music of Dick Rainier's orchestra; a smorgasbord supper will be served at 12:00. The dance is semi-formal. Funds raised purchase scholarships for nurses.

### About The Rehabilitation Center— from Edna Backup

The new center is located at 3555 South D St. Dr. Calvin Lantz is Medical Director and Dr. George Race is Assistant Medical Director. Members of the Medical Advisory Board are Doctors Sam Adams, E. E. Banfield, Robert Florence, Dumont Staatz, Max Thomas and Stanley Tuell. Available there will be a Psychologist; Physical Therapist; Occupational Therapist; Prosthetist, Bracemaker; Speech Therapist; two Social Workers; and a Coordinator and Vocational Counselor.

There are now ten patients and this partial list gives an idea of the varied types of handicaps which can be met at a Rehab Center:

1. Polio patient—both the Physical Therapist and the Occupational Therapist are working with him on muscle training and developing strength of muscles.

2. An arthritic who has developed independence to the extent of being able to go places

by herself on a bus for the first time in eighteen months.

3. Three patients are learning how to use artificial limbs.

4. One with a hand injury is developing a better grip in his left hand.

5. A women with cerebral palsy is learning to use an electric typewriter in preparation for employment which will give her a measure of independence she has not known before.

Auxiliary members helping at the Center are, first, Marjorie Cameron, who is on the Board and Finance Chairman. She does literally everything for the Center and I doubt if they would be operating at all without her. Jeanne Judd and Bianca Mattson found people to donate drapes, altered them to fit and hung them in time for the Open House. (Thanks, too, to Jo Hadfield for donating drapes.) The curtains make a world of difference in the appearance of the place. Betty Smeall is Chairman for the Open House and has worked hard with her committee on invitations, arrangements and refreshments. Her committee members are: Muriel Nelson, Helen Florence, Margaret Larson, Marcie Peterson, Louise Bowen, Robin Peters, Dorothy Maier, Jean Colley, Evelyn Osborne, Hazel Whitacre, Marget West, Marion Staatz, and Deva Vaught. Open House was held on two dates — Saturday, March 23rd from 2:00 to 5:00 p.m. for the general public, and Monday, March 25th from 5:00 to 7:00 p.m. for the doctors.

The Auxiliary prepared a display window at Schoenfelds on the Rehab Center for Community Health Week, March 17th to 23rd. Working with Janis Causin on this were Adele Durkin, Edna Backup and Peggy Haley.

On Tuesday, March 19th the Rehab Center was on TV. We in Pierce County have a right to be very proud of the Puget Sound Rehabilitation Center. It is the only service of this kind in the State and fills a big need and will serve a large area. They are ewll staffed and are going ahead so fast that it is hard to keep track of the progress from week to week. Our Auxiliary can also be proud of the part taken by its members. (Thank you, Edna Backup, for presenting this picture to us.)

In Tacoma, as in other parts of the State, there has been nothing for crippled children beyond the Crippled Children's School — in other words after the age of fourteen children haev to leave home and become State wards in order to avail themselves of care. Now they can live at home and grow up in their own community, and come in to the Rehab Center for treatments, etc.

(Continued on Page 15)

# the next patient you see



*that patient may need nutritional support  
that patient may need a corrected diet and*

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(Continued from Page 13)

### A.M.E.F.

Our Finance Committee has recommended that we make a donation of \$300.00 to the A.M.E.F. this year. Members of the committee are Dorothy Maier, Florence Duerfeldt, Ruth Murphy, Edna Backup and Beverly Harrelson. At the March meeting their recommendation was accepted by Auxiliary members.

National Medical Education Week is April 21st to 27th. Look for a display in a showcase at the Public Library — and a feature story on Medical Education in the paper.

Medical Education week is to help focus public attention on the mounting contributions of medicine to American life and on the significance of medical education. Sponsors of Medical Education Week are: Association of American Medical College, A.M.A., A.M.E.F., National Fund for Medical Education, Student A.M.A., and Woman's Auxiliary to the A.M.A. Edna Backup is Chairman for our Auxiliary, Kay Herrmann, Co-chairman, and committee members are Hilda Lantieri and Betty Smeall.

### Nurses Swim Program at Y

To March 15th eighty-seven individual plunges were made. The Y reports that our providing memberships for students nurses seems to be a very satisfactory way of handling the program.

### Nominating Committee

This year's nominating committee members are Florence Duerfeldt, Ruth Murphy, Muriel Nelson, Gladys Hanson and Barbara Anderson. The new slate of officers is almost complete but since at least one of the positions is uncertain at this writing guess you'll have to wait until the April meeting. See you there! REMEMBER THE TB SURVEY IS STILL UNDERWAY — LET'S MAKE IT 100%.

### Easter Seal Campaign

On March 21st every home in Pierce County received a packet of Easter Seals — traditional symbol of help for crippled children and adults. The Easter Seal Society, which is not affiliated with any single health organization, is concerned with any handicapped individual and meets the unmet needs in the community by providing services which would not otherwise be available.

Contributions to the Easter Seal campaign provide camperships to a summer camp for handicapped children; they help staff our Rehab Center by paying the salary of an Occupational Therapist; they maintain a loan closet of special equipment for the handicapped and provide a scholarship fund for training personnel in special fields. Easter Seals purchased an aluminum false floor for the Y.M.C.A. pool,

and, because of this special equipment, over 100 handicapped youngsters are benefiting from the swimming program.

The sale of Easter Seals is the only source of funds with which to carry on this important program of help to the handicapped. Representing our Auxiliary in the local campaign is Marcie Peterson who urges us all to use the Seals and support the campaign by sending in our contributions.

### Mid-Year Conference

My heartfelt appreciation to each and everyone who worked on the Mid-Year Board Conference held in February. The excellent planning and cooperation in the execution of those plans made the conference a success. Letters of praise for the Pierce County Auxiliary and its committees have come from many, among them: Mrs. George F. Keller, President of the Woman's Auxiliary to the Oregon State Medical Society; Mrs. E. Arthur Underwood, 1st Vice President of the Woman's Auxiliary to the A.M.A.; Mrs. L. D. Jacobson, National Recruitment Chairman; Mrs. E. Donald Lynch, President-Elect of the Washington State Medical Auxiliary; and Mrs. Morris Hecht, President of the Washington State Medical Auxiliary.

Our hats are off to Virginia Johnson of the Tacoma Chamber of Commerce, Mr. Walley Craney of the Pollyana Bulb Farm at Kent, Mr. Hopkins of the Washington State Division of Forestry, Mr. Leonard Rigby and Laura Gill of the greenhouses at Western State Hospital, Jean Griffiths and the catering staff of the Winthrop Hotel, Maloney's Floral Shop of Puyallup, Mr. Marcus Nalley of Nalley's Inc., Mrs. John Wood, Jr., of Wood's Coffee Company, and Mr. Fred Haley of Brown and Haley Candy Company. Our thanks, too, to Dr. Hillis Griffin, President of the Pierce County Medical Society, for his fine welcoming address at the conference. Also to our "Gay Nineties" and barbershop quartettes. We appreciate your efforts because they certainly made our program an enjoyable one. Signed Florence Duerfeldt. (And, by the way, the Gay Nineties quartette was asked to sing at the State Medical Convention in September!)

### News

Mrs. S. Robert Lantieri has been nominated 2nd Vice President to the Tacoma Presidents' Council of Women's Clubs. Dorothy Maier, our gal Friday, has been Treasurer this past year. This is an organization of presidents of all women's clubs in the community and we feel both Dorothy and Hilda are assets to their organization — as they certainly have been to ours.

(Continued on Page 17)

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(Continued from Page 15)

Baby Susan Tanbara was born March 1st and joins sister Diane, 2, and brother Gregory, 4. Congratulations!

Many thanks to Jeanne and Jim Vadheim for their hours of work to prepare their article on their recent trip for our Bulletin. Since that's about as close as some of us expect to get to those countries it is really fun to read about it. . . . Just as we enjoyed reading Kay Wright's recent article; thanks to you, too, Kay!

Ruth and Tom Murphy returned from their month's rest in California with beautiful sun-tans — hope that keeps you well through next year, Ruth!

Hugh and Joe Kohler are, at this writing, headed for Dallas and New Orleans. Jo is from Dallas and after a visit there Hugh plans to attend some Medical meetings in New Orleans. Wish I were in their suitcase!

Shirley and "Yoke" Yoachim spent a week in Canada where "Yoke" did some "curling."

Tom and Betty Smeall enjoyed a few days rest in Portland during March. Tom took a week's refresher course there and Betty joined him on Wednesday.

Ed and Jean Eylander and children are spending a week in Southern California enjoying the sunshine and visiting with relatives.



Back (left to right) Marjorie Wicks, Betty Smeall. Front (left to right) Evelyn Osborne, Marjorie Cameron, Edna Backup.

Our thanks to the following busy Auxiliary members pictured above: (Note: Ruth Zimmerman and Ruth Brooke unable to be in picture.)

Marjorie Wicks — for your arduous work on National Health Week, with its theme "Health Resources in our All-American Community."

Edna Backup — for your hard work on many projects, but in particular Rehabilitation and A.M.E.F. (At the March meeting her reports so interested Mrs. Hecht she asked that a resume be sent to her to be included in her newsletters.)

Ruth Brooke — As Auxiliary Public Relations Chairman, Ruth has been active in all fields. Thank you especially for your preparation of the Auxiliary's window at the library for National Health Week — a beautifully arranged window emphasizing Nurse Recruitment and A.M.E.F. Ruth also arranged an excellent window at the drugstore in Westgate for the Cancer Society; Ruth is our Auxiliary's representative in that organization, too. Ruth asked me to add a "thank you" to the girls who helped her — Janet Moosey, Dorothy Maier, Beverly Harrelson and Florence Duerfeldt.

Betty Smeall — Thanks to you for your endless work on the Rehab openhouse. A job well done!

Evelyn Osborne — for being at all meetings and board meetings and so thoroughly recording all business.

Ruth Zimmerman — for handling all correspondence during the year.

Marjorie Cameron — for your untiring efforts to help establish and maintain the Rehabilitation Center.

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## Report of American College of Chest Surgeons Sponsored Post-Graduate Course

February 25, 1957 through March 1, 1957, the American College of Chest Physicians sponsored a post-graduate course in chest diseases at San Francisco. The faculty for the course was made up from staff members of the California medical schools. Since all the classes were held at the St. Francis Hotel, the presentation was didactic throughout the week.

The first day opened with a consideration of acute pulmonary disease. After aspiration of air or release of tension thorax in a spontaneous pneumothorax a simple trick to determine persistent leakage is to attach the needle to a manometer tube for 5-10 minutes. Since most lungs re-expand in about three weeks, considerable rest is needed early. In those cases not responding, where recurrences begin, or those with bullae, Stone of Alameda County advises thoracotomy. Stone's second nugget was the marked value of 10 units of OB pituitrin diluted with 10cc of saline given slowly to stop pulmonary hemorrhages. Wolfman of Stanford emphasized the frequency (80-90%) of parenchymal tuberculosis appearing within 5 years in tuberculous effusions. Needle biopsy of the pleura shows a very high incidence of positives. Virologists are continuing work on various respiratory infections and have 11 common strains isolated, any of which can create anything from the sniffles to pneumonia.

Under the topic of surgical diseases of the chest, the most outstanding contribution was about the value of a right scalenus node biopsy. A simple procedure consisting of a short incision above the clavicle exposing the lateral edge of the sternomastoid and the inferior edge of the omohyoid and removing a few nodes fund deep to a fat pad, it can determine operability of bronchogenic ca, made a diagnosis in Boecks sarcoid and reveal silicosis. Rigby

gave a simple closed technique for reduction of sternal fractures by hyperextension of the dorsal spine while elevating the arms above the head. He has had few failures.

The session on heart disease gave considerable time to the uses of transaminase determinations. Sampson, Professor of Medicine at California, uses three determinations eight hours apart in the mild coronary occlusions not capable of producing a Q wave. A rapid rise is diagnostic. Its prognostic value is considerable also, very low mortality in those below 120, more frequent above 200, and very high over 300. The low transaminase in pulmonary infarction helps to differentiate from a coronary. Mitral commissurotomy is not being performed in stenotics without progression or disability or those with advanced intractable decompensation. The greatest number operated on came under those with progressive symptoms or those with embolic phenomena. In the latter, Rigby momentarily occludes the carotids as he enters the left auricle.

February 27th, the entire forenoon, devoted to bronchogenic carcinoma, brought out some highly significant facts. Both retrospective studies on autopsy and proved surgical cases, and prospective studies of entire population groups points to cigarette smoking as the most potent of any known etiological factors. Both types of surveys gives the same answers, twenty times as great for the smoker. In males, the upper limits of safety is at ten cigarettes daily while the hardier female may go up to twelve or fifteen. The rapid increase is very noteworthy. The 1930-1940 decade had twice as many as the 1920-1930, the 1940-1950 decade twice as many as previous. Projected statistics indicate this decade will again double the past. An outstanding symptom is a minor morning cough in a cigarette-smoking man over 50. Farber of University of California, has done extensive work on exfoliative cytology of the disease. By meticulous methods, collecting the morning specimen in alcohol and examining them the same forenoon, he has found positive in 80% of the cases, many of which were so early that it was difficult to localize the tumor. He cannot reach this percentage with bronchoscopic washings. Samson, in more peripheral early lesions has had an excellent cure rate with lobectomy, but he emphasizes that any ca which is visible with a scope is not suitable for any surgery less than pneumonectomy.

With an estimated 25,000 new cases in the San Joaquin Valley annually, coccidioidomycosis is a major disease. In the chronic pulmonary form with cavitation, it imitates tuberculosis

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(Continued on Page 21)

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(Continued from Page 19)

rather closely. Many of the long-standing cases have long sanitarium records as mistaken tuberculosis. Spread only by dust and not person to person, it can become an acutely disseminated disease with a high mortality.

The session February 28th had cardiorespiratory physiology as the item of interest. On the basis that ventilation is the chief factor in  $\text{CO}_2$  dispersion and circulation is the main factor in oxygen perfusion, the use of the spirometer, particularly in the 3 second vital capacity and total maximum breathing capacities was well demonstrated. With its use, pulmonary reserve as to pneumonectomy or lobectomy could be accurately predicted. Likewise, functional impairment due to fibrosis, pneumoconioses, emphysema, as well as state compensation claims are subject to accurate evaluation. The method also gives a good means of evaluating treatment. Wilson emphasized the need for determining arterial oxygen and  $\text{CO}_2$  levels before using oxygen in cyanotic chronic emphysematous and pulmonary fibrotic patients. In these people  $\text{CO}_2$  is seldom the stimulant to respiration but oxygen lack takes over. While the cyanosis clears, the patient becomes more acidotic and comatose during its administration. Forced pressure respiration with 40%

$\text{CO}_2$  and 60% Helium is very effective, using tracheotomy freely to still further reduce dead air space.

The final morning session dealt with hypersensitivity with particular emphasis on corticosteroids. Because of its effectiveness and comparative freedom from salt retention, Prednisone was the most preferable. Studies in diurnal secretion of the corticosteroids showed the highest output, 70% to be in the early hours, 2:00 a.m. to 6:00 a.m. With this as a basis, maximal benefit with the least dosage appears to be in the forenoon. This method also resulted in the least pituitary depression. Prolonged administration, particularly in post menopausal women should be accompanied with androgen-estrogen therapy to avoid serious osteoporosis.

The course was well worth attending. With very few exceptions the men were tops in their fields and showed a considerable first-hand knowledge in their topics. As a result, they could speak from experience rather than quoting from the literature. This made the panel discussions and question periods as highly informative as the lectures themselves. The American College of Chest Physicians deserves congratulations for an educational course of general interest effectively performed.

—GOVNER TEATS, M.D.



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## Tacoma Surgical Club Annual Meeting

The annual meeting of the Tacoma Surgical Club will be held Saturday, May 4th at Jackson Hall, Tacoma General Hospital. Shields Warren, M.D., eminent pathologist from Boston, will be guest lecturer.

The morning session will be devoted to anatomical demonstrations which have been an outstanding feature of the meeting in the past years. Dr. Robert J. Johnson, head of the Department of Anatomy at the University of Washington, will highlight a discussion of the anatomical demonstrations and dissections. Five papers will be presented during the afternoon session.

### Program

#### Morning Session:

Anatomical Demonstrations and Dissections

1. Surgical Incisions of the Abdomen: E. R. Anderson, M.D.
2. Surgical Anatomy of the Hand. Technique of Tendon Grafting: E. E. Banfield, M.D.
3. Pathological Aspects of Anesthesia: John J. Bonica, M.D., D. Hadfield, M.D.\*, L. G. Morley, M.D.\*, and J. Minelli, M.D.\*
4. Cerebral Circulation — Sites of Vascular Emergencies: L. S. Durkin, M.D.
5. Surgical Anatomy of the Knee Joint: W. H. oGering, M.D.
6. Surgical Anatomy of the Parotid Gland: J. W. Gullikson, M.D.
7. Surgical Anatomy of the Inguinal and Femoral Hernia: T. Hazelrigg, M.D.
8. Surgical Anatomy of the Colon and Rectum: A. J. Herrmann, M.D.
9. Ideal Ileostomy — Technical Considerations: S. F. Herrmann, M.D.
10. Surgical Anatomy of the Thorax: M. L. Johnson, M.D. and W. W. Mattson, Jr., M.D.
11. Surgical Anatomy of the Female Pelvis: G. C. Kohl, M.D. and O. A. Harrellson, M.D.\*

12. Demonstration of Radio-Active Isotopes: C. P. Larson, M.D., M. J. Wicks, M.D.\*, C. C. Reberger, M.D.\*

13. Anatomical Dissection of the Foot and Ankle: W. G. Peterson, M.D. and R. W. Florence, M.D.

14. Applied Anatomy of the Hand: J. W. Read, M.D.

15. Rejuvenation of the Double Contrast Examination: F. J. Rigos, M.D. and K. E. Gross, M.D.\*

16. Anatomical Dissection of the Neck: C. B. Ritchie, M.D.

17. Surgical Anatomy of the Trigeminal Nerve and Tic-douloureux: J. T. Robson, M.D. and M. D. Goodson, M.D.\*

18. Surgical Anatomy of the Biliary Tract and Pancreas: W. J. Rosenblatt, M.D. and P. E. Bondo, M.D.\*

19. Surgical Anatomy of the Shoulder and Brachial Plexus: D. Staatz, M.D.

20. Surgical Anatomy in the Radical Breast Operation: S. W. Tuell, M.D. and R. R. Burt, M.D.\*

21. Anatomical Demonstration of Varicose Veins: J. L. Vadheim, M.D.

22. Surgical Anatomy of the Stomach and Duodenum: D. G. Willard, M.D.

23. Inflammatory Lesions of the Large Bowel: E. C. Yoder, M.D., E. A. Kanar, M.D.\*

24. Surgical Anatomy of the Hip Joint — Clinical Aspects of Hip Fracture: W. W. Zimmerman, M.D.

#### Afternoon Session:

Presentation of Papers

1. Discussion of Anatomical Demonstrations and Dissections: Robert J. Johnson, M.D.
2. Radical Retroperitoneal Lymphatic Dissection for Testicular Tumors: Robert W. Osborne, M.D.
3. Chronic Segmental Arterial Occlusion in the Thigh: Theodore R. Haley, M.D.
4. Gastritis with Massive Bleeding: Gordon E. Jones, M.D.
5. The Fistula: He Is a Fine Fellow: Robert O. Diefendorf, M.D.
6. The Prognosis and Handling of Benign Lesions of the Breast: Shields Warren, M.D.

#### Evening Session:

Annual Banquet, Hotel Winthrop.

Presentation: Problems of Radioactivity in the Atomic Age: Shields Warren, M.D.

\*By invitation.

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# HOSPITALS . . .

## Tacoma General

Capping Exercises for 36 student nurses will be held on April 28, at 2 p.m. at the First Methodist Church. The principal address will be given by Mrs. Elizabeth Soule, Dean Emeritus of the University of Washington School of Nursing.

The second installment of the Ford Foundation grant has been received. Plans for building have been seriously delayed by the illness of the Architect. Work has now been resumed, and it is hoped that the planning can be quickly completed.

On March 15 a reception was held for Mrs. Emma Troup, who was retiring after 12 years of expert and devoted service in the Emergency Room. A beautiful wrist watch was presented to Mrs. Troup, the gift of her numerous friends throughout the Hospital. The orchid which she proudly wore was an expression of esteem from the Administrator. Miss Betty Witte has assumed Mrs. Troup's duties in the Emergency Room.

The School of Nursing enjoyed its first visit from Miss Gail Hotchkiss, R.N., newly appointed Executive Secretary of the Washington State Board of Professional Nurse Registration. Meetings with the educational faculty occupied the morning, and the afternoon was devoted to meetings with the general faculty.

## Saint Joseph's

The new books now in the Library are: Conn's 1957 edition "Current Therapy," the second edition "Handbook of Pediatrics Medical Emergencies" by DeSanctis and Varga, "Pediatric Diagnosis," by Green and Richmond, "Textbook of Surgery" sixth edition by Christophers and Davis, Medical Dictionary (Dorland's) 23rd edition.

Since our last issue we have finished up the current work in our main kitchen. From all reports the new set-up is enabling the girls to get hot food to the patients a good deal faster.

On the 19th of this month we will again have with us as our gardner Mike Mejoreis. Mike was employed here for a period of four years about ten years ago, leaving here to work at the Provincialate in Portland. Welcome back Mike! We have plans to really beautiful the outside and Mike can do it.

A little bit of Ireland has been created in the decorations in the Nurses' home recently. On March 17th the members of the student

body entertained the Sisters at an afternoon party honoring good St. Pat.

March 18th was the beginning of the Spring quarter and many faces that have been absent shall again be seen along the corridors. Group B of the senior group will be starting their affiliation at American Lake Veteran's Hospital.

A very successful rummage sale was sponsored by the preclinical group. Much cooperation and effort was expended to make the affair so successful.

The senior students had a very enlightening field trip on Wednesday, March 6, when they were shown through the Rainier State School for mentally retarded children. Much thanks is due to Dr. Bierney and Dr. Hill who spent hours with the group lecturing on the various types of deficiency.

Congratulations to Ruth Delle, Surgical Secretary who passed the examination for her citizenship. We celebrated with a box of candy.

A smiling Joan Cline left March 13th starting her vacation. Joan plans to motor to Southern California sunshine. She will travel in style in her new Ford convertible. The Doctor is hoping that the two weeks in the sunshine State will help Joan's recovery following a bout with pneumonia.

The X-Ray Department also lost one of its students to Room 349 in St. Joseph where Peggy Bloom was confined trying to shake off an allergy.

Jack McDonald was seen passing out cigars the other day announcing the birth of Gregory Allen McDonald, born March 12th (the feast of St. Gregory, the Great). Mr. McDonald was especially proud as this is the third boy for the McDonald family.

Have you seen the new posters in Pediatrics? They were made by the students in ward class and depict to the parents and visitors some pertinent ideas on child care.

Nancy Johnson, the daughter of Mrs. Margaret Johnson, staff nurse was again a patient in the Pediatric Department.

Diabetics have been numerous in the department the past month. This has provided an excellent opportunity for the students to do health teaching. Since most of these patients are "new diabetics" a very detailed program of teaching has to be instituted.

Spring is in the air, and the lure of vacation and carefree days are already calling our employees to quieter and more restful places.

(Continued on Page 27)

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(Continued from Page 25)

Miss Barstow, R.N. and Miss Barass, R.N., are leaving for jolly England during the first week of April. We will miss their efficient help, but at the same time hope for their return after a gay holiday.

Back on our staff are Mrs. Strong, Mrs. Vye, Mrs. Bronoski and Mrs. Owens — all former graduates. So glad to have them.

From "Beautiful Ohio" came Mrs. Nordine, R.N., graduate of Mt. St. Joseph's College, Cincinnati. She is not too impressed by the abundance of Tacoma's liquid sunshine, but we are assuring her lovely weather in the future.

Mrs. Ray, R.N., graduate of West Penn Hospital, Pittsburg, is working the 3-11 shift. Mrs. Wainwright from Wisconsin and Mrs. Gordon from Ohio are both nurses' aides. To all a hearty welcome and best of luck.

Someone said, "Only a baby can convert a house into a home." Our heartiest congratulations to Mrs. Beverly Stoltenberg (Barber), R.N., a boy.

Mrs. Zelda Sorenson (Ridling), R.N., a girl.  
Mrs. Theresa Murphy (McHalton), R.N., a boy.

Mrs. Mary Winkler (Brennan), R.N., a girl.  
Mrs. Magdalena Olynyk (Schmidt), one of Dr. McColl's staff, proud mother of a little boy.

Mrs. Kathleen Armatas (Sarantinos) capable pharmacist, happy mother of a boy. Mrs. Louise Keeley, head nurse on Maternity floor is a "grandma." Mrs. Jo Ann Keeley, a boy on March 6, 1957.

The painting of maternity corridors and the completion of the nurses' station brought uniformity to the different floors of the hospital. Everyone loves the Spring season, singing birds, scented flowers and crisp air—but from the spring fever—deliver us!

The Laboratory is getting an early Spring Cleaning with formica table tops and painted walls.

There was a surprise party March 7 for Shirley Jorgenson at her home. She has been ill, but is steadily recuperating.

## Pierce County

The personnel of Pierce County Hospital deeply regret the resignation of Katherine Mooney who has served most efficiently as Superintendent of Nurses for the past six years. Miss Mooney leaves for a well-earned vacation before accepting one of the several new posts offered her. On the 12th of March a large hospital party was given in her honor with all of the hospital workers attending. The dining-room tables, where tea, coffee, and festive refreshments were served, were most artistically decorated with a Spring motif arranged by Mrs. Marie Witty of the Dietary Department. Before refreshments were served, Katherine was presented with a television set, the gift of her fellow-workers. A most attractive card, hand wrought by Arlene Slane, signed by all present, accompanied the gift. It expressed the wishes of all for a bright future for a good friend and hopes that she will visit us at the hospital often.

From the housekeeping department report comes that Bea Brown, Kristine Sanden and Nele Satter all became proud grandmothers during March. Ida Rasor has as her house guests, Mr. and Mrs. Paul Gangen of Oshkosh, Wisconsin and that Letha Munsee and Nelle Satter have been attending a supervisory training course in human relations, given by Mr. Herman Heikemper, personnel director of the American Lake Veterans' Hospital. They also attended the monthly meeting of the National Executive Hospital Association held at King County Hospital on March 8.

Mrs. Inez Cline, 4th floor nurse, is resigning in order to give her entire time to caring for her small son, husband, and the delightful new home into which the family recently moved.

Mrs. Pat Stevens has returned to her post in the Social Service Department.

On April 3 the Washington Society of X-ray Technicians held its meeting at the Mountain View Sanatorium. A Dupont movie, "First A Physician," telling of the day in the life of a Specialist who is important to you, was shown. Joan Kirmse, R.T., who is Vice President of the group, with the other Pierce County Hospital X-ray technicians, attended the meeting.

Report comes from the hospital records that at this time, March 17, 1957, there is no case of polio in Pierce County Hospital. It is reported that this is the first instance of the kind since 1943.

On February 28, Dr. and Mrs. Eugene L. Johnson became the proud parents of a beautiful baby daughter, weighing 7 pounds. Dr. Johnson is one of the interns at Pierce County

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(Continued on Page 29)

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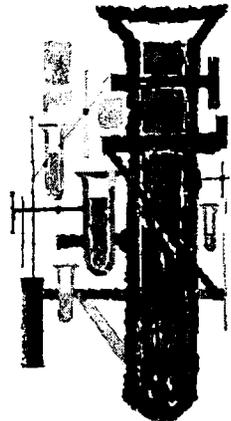


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(Continued from Page 27)

Hospital. Grand parents, also being congratulated upon the arrival, are Mr. and Mrs. Roy G. Robinson of Clinton, Iowa, and Mrs. Pearl E. Johnson of Madrid, Iowa. The baby has been named Deborah Jean Johnson.

Interested observers among the medical profession and laity are constantly dropping into the Pathology laboratory these days to view the outstanding and instructive display of color photofilms prepared by the tissue section of the laboratory.

### Mary Bridge

This article is the second of a series on the clinics of Mary Bridge Children's Hospital. The next one, which will be the third will be on the Cleft Palate Clinic.

### ORTHOPTICS TODAY

Orthoptics is a training process to develop, or improve, the co-ordinated use of the two eyes together, and, as such, is a relatively new field in the history of medicine. It was not until the latter part of the nineteenth century that such men as Javal, Worth and Remy began the actual science of orthoptics. Unfortunately, from that time until the establishment of the Royal Westminster School of Orthoptics in England in 1932 and the formation of the American Orthoptic Council in 1938, reputable orthoptics was given many setbacks by charlatans and unscrupulous instrument-makers. Consequently a great deal of unfavorable criticism was printed based upon the results of those who exploited orthoptics.

However, now that technicians are certified after supervised standards of training and well-known Ophthalmologists such as Swan, Burian, Costenbader and Lancaster have devoted so much effort to the study and advancement of Orthoptics it has become accepted as a necessary adjunct to the practice of Ophthalmology; specifically in the treatment of strabismus and latent phorias.

In Tacoma, a weekly Orthoptic Clinic is held in the out-patient department of the Mary Bridge Children's Hospital. The Ophthalmologists send their patients, with specific instructions, to this clinic for evaluation and treatment. Patients vary in age from three years to sixty-three years. Approximately seventy-five per cent are children who have strabismus and/or amblyopia and therefore have ceased to use any form of Binocular Vision. As this is a "learned" skill it is the task of the Orthoptist to teach the necessary ocular habits that are

required to obtain and maintain two-eyed vision.

A great deal of the work must be done at home and therefore co-operation of the patient and parents is a primary requisite. Many parents, unfortunately, expect orthoptics to be a "cure-all" and when this fails they are often critical. Consequently education of the parents and patients concerning the necessity of binocular skills such as simultaneous perception, diplopia, fusion, etc., regardless of whether surgery and/or glasses are also required is one of our most important jobs. The parent must realize that even when surgery is one hundred per cent effective the two eyes will not remain straight unless they are used together and, also, that the vision a child develops in an amblyopic eye by means of occlusion will not remain unless he continues to use that eye after the patch is removed.

We take some adults as well as children, as there is no other such service in Tacoma, so we are not competing with other hospitals.

The other twenty-five per cent of our patients consist of adults who are suffering from symptoms produced by the effort to control a latent deviation. Although the phoria may be small the symptoms often range all the way from blurred vision to nausea. The most common problem in our modern life appears to be Convergence Insufficiency and a secondary Divergence Insufficiency which often occurs. We also treat many cases of Accomodative or Ciliary Spasm. All these adult cases usually experience a notable relief of symptoms with only a few visits to the Clinic.

Because Orthoptics is still comparatively new, many patients are failing to receive this treatment but time will no doubt solve this problem.

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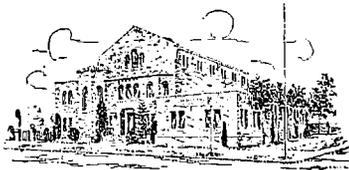
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## Anniversary Adventure

By Jeanne and Jim Vadheim

Had James Mitchner not thought of it first this travel sketch might have been called "Return to Paradise," for this was not our first visit to this area. However, "Anniversary Adventure" seems fitting enough; as the evening of this year's wedding anniversary found us once more in the Caribbean, debarking from a twenty-four hour flight via Chicago and Miami. That such a distance could be traversed in such a short time seemed miraculous to us as we remembered back to eighteen years ago and the four days required to go just from New Orleans to Guatemala by banana boat.

Our island-hopping schedule looked strenuous — eight stops in five weeks. However, thanks to the wonderful air service between these islands of the Lesser Antilles, we spent a minimum of three and a maximum of eight days at our various ports of call. We found this gave ample time for shopping, sight-seeing, and sunning. We actually found ourselves feeling sorry for the passengers on the luxury cruise ships who swelled the streets of these little towns on "boat day" and had to decide how to squeeze so many new sights and experiences into the few hours of shore leave allotted them.

San Juan, Puerto Rico was no stranger to us, as it was also the point of origin of a Caribbean holiday two years ago at which time we became acquainted with Dr. and Mrs. Fred Gonzales. Dr. Gonzales was a former classmate of John Bonica. We were delighted to renew our friendship and attribute much of the success of our visit to their hospitality. The Regional Meeting of the American College of Surgery was in session and most of the participants had chartered a cruise ship "The Homeric" in New York to use as their floating hotel. The luxurious Caribe-Hilton Hotel was the headquarters for the actual meeting and host to those of us who came by air. The Yoders had just flown in from a visit with their son in Guatemala and had seen the Ross Wrights there. Once more we were impressed by that old adage, "It's a small world," which the air age has made possible. There were several luncheons and banquets for the doctors and their wives and we found the cocktail party aboard the "Homeric" to be the most interesting of the Convention activities. The "Homeric" was the sister ship to the "Lurline" before the Matson Line sold her to the Italian Government. I understand that the Gina Lollabrigida influence was apparent; for every evening when the male stewards laid out Mi-lady's night gown, he was very careful to cinch in the waist.

Our next stop — a mere twenty minutes away — was Charlotte Amalie, the Capitol of

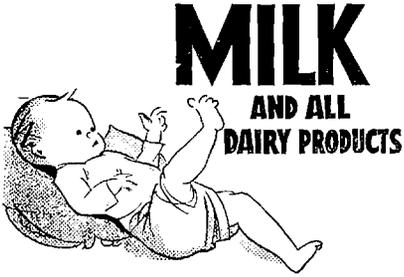
St. Thomas, in the Virgin Islands. Our first reaction was one of shock, that anything belonging to the United States could look so shabby! Although the people looked well enough fed and dressed, their houses were deplorable. In Puerto Rico, especially after Eleanor Roosevelt's expose, such a display of poverty and dirt would have brought cries of "slums!" but here people seemed to shrug their shoulders and say "Atmosphere!" We were further surprised by "French Town," a settlement of white people of French descent, where the women slept in beds and the men in hammocks. Somehow we never thought that white people of European background would be content to live in the squalor that usually is forced on the native negroes, who are descendants of the African slaves. The French people who were living in the country presented quite a different picture, as they were industrious truck gardeners, who lived in comfortable homes and tilled their farms on the faces of their small mountains. These mountains were lovely and the view, from them, of the harbor and surrounding islands resembled our San Juans — that is, if you can visualize palm trees instead of evergreens.

Again we spent some time with the Yoders and I finally found someone whose endurance and enthusiasm for the shops matched mine. It is still a mystery what Jim and Ed found to do on all the street corners of Charlotte Amalie while waiting for Leona and me to emerge from still another store, wildly clutching our purchases in one hand and our shopping lists in the other. St. Thomas is a "free port" and thus imported articles from all over the world have no duty or very low duty on them. Thus there are real bargains to be found in liquors, French perfumes and beaded bags, Swiss watches, German cameras, English leathers, Oriental ivory and lacquer, Indian silks and embroideries, Danish silver, Swedish glass, linens from Ireland and laces from Belgium. However, I restrained my acquisitive impulses for Curacao, another free port, enough off the tourist track to offer even more temptations.

The most amusing incident of the entire trip occurred at our hotel here in St. Thomas. Much to our amazement, Jim found on the registry that Dr. and Mrs. James Vadheim had been listed in big red letters as honeymooners.

"Honeymooners!" Jim exclaimed, "Why we have three children!" Without twitching a muscle the manager replied, "Well, then it's about time you got married!" That evening at dinner a bottle of champagne was sent to our table with a note reading, "To the honeymooners — and their three children."

(Continued on Page 33)



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(Continued from Page 31)

After Puerto Rico and St. Thomas, we left United States territory and found ourselves in the British West Indies. Before telling anything about the individual islands we visited (Barbadoes, Tabago, Trinidad, and Jamaica) I should like to make a few generalities which hold true for them all. In each of these islands we found the food and service outstanding — a happy surprise, for here-to-fore we had not been impressed with English cooking. It was easy to see why the British have been such successful colonizers and have withstood the climate of the tropics where other Europeans have failed. These islands somehow reminded us of Victoria — with palm trees. There are the same neat little houses, formal gardens, hedges, polite, pleasant people, and high tea every afternoon. The natives are most pleasant and anxious to serve. Since these islands have a non-tipping system, it makes their willingness seem most sincere. In one place we were not even permitted to lick our own postage stamp! As a welcome relief to the current anti-American propaganda in other parts of the world, these people were very pro-American and wished they belonged to the United States instead of England, after having seen the amazing progress of Puerto Rico since our protectorate there.

Aside from all these creature comforts, these

islands, like most tropical areas, offer a rare chance to really relax, lie in the sun, shell hunt on the beach, swim, sail, and gaze in fascination at undersea life through a glass-bottom boat.

For the more athletically inclined there is tennis, golf, and the more active water sports. Water skiing is new to this area and although the equipment thus far is limited, it is still a treat to glide over warm water for a change. The paddle boards are easy to manage and some have glass windows in the bottom enabling one to float face-down for hours marvelling at the marine life. Then, of course, there is snorkling and skin diving. These waters are a skin diver's paradise and we were both converts before the trip was over. It is truly an eerie and almost frightening feeling to swim along alone with the fish through the beautiful and fantastic coral formations, being careful to avoid catching oneself on the sharp and sometimes poisonous reefs. The sea urchins are everywhere and are to be avoided as their black spines can easily turn one into a human pin cushion.

Besides these recreational activities, the gentle people, and the wonderful accommodations of all these islands of the British West Indies, a mention should be made of their music — the steel band and the calypso. This music ranges from songs written to amuse the

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tourists to a form of expression that is a part of the people themselves.

Coming back now from generalities to particulars, the first of the islands we visited was Barbados — land of the flying fish. Bridgetown is the capital and it is very picturesque with the natty harbor police dressed in immaculate uniforms and with boats of all descriptions anchored at the end of main street. Barbados is the most heavily populated of the West Indies, "The land of English men and sugar cane." Every available inch is planted to cane and so valuable is their sugar that other tropical crops are neglected. As for the Englishmen — many have retired to this gentle island or now come there to vacation having been pushed out of such better-known spots as Jamaica or Nassau by the rapidly expanding American tourist trade. Our hotel was not truly a hotel, rather more of a beach club with a grove of cocoa palms for our front yard. We thought that Barbados was one of the most unusual tropical islands we had yet seen, for, unlike most which rise to mountains from a semi-rocky coast line, this island is very flat and, as far as the eye can see, completely fringed by beautiful sandy beaches, cocoa palms, and quiet water — the Atlantic Ocean on one side and the Carribean on the other.

From Barbados we flew to Port-of-Spain,

Trinidad where Calypso and the steel band originated. With the current rage for Harry Belafonte, I am sure there are few of us who are not aware of the former. The latter is a band instrument formed by marking the keyboard around the top edge of an empty oil drum. Since the different drums in the orchestra are of various sizes and heights, different tones are produced when their keyboards are struck. It is amazing that recognizable and pleasant music can be produced by such a conglomeration of tin cans. The history of calypso is a story in itself, but briefly: veteran Calypsonians are men who compose eighteen or twenty songs each year and also have the ability to improvise words to the basic calypso beat. While calypso is sung all over the islands of the Greater and Lesser Antilles, my impression was that it was of quite a different caliber in Trinidad. There one got the true picture of the part it played in the life of the natives, instead of something trotted out to produce island color for the tourists. The climax of calypso comes at their pre-Lenten carnival, a miniature Mardi Gras. "Calypso Tents" are established throughout the island and here the various singers participate in a type of talent contest to determine the "King of Calypso" who is chosen to rule over the carnival. We spent several evening in these tents

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(incidentally, we were the only tourists there) and although the Creole dialect was most difficult for our untrained ears to understand, we certainly caught the meaning of the songs and felt the responsiveness of the audience.

Trinidad is one of the cross-roads of the world and has a polygot population. Besides the negroes and Europeans, there is a substantial number of Orientals and fully one-third of the population is East Indian. Thus the landscape is dotted with Christian Churches, Jewish Synagogues, Shinto Shrines, and Moslem Mosques of beautiful cool, white tile where we had to remove our shoes before entering. In addition, the Moslems are required to wash their hands, faces and feet in a cleansing ritual before going into the holy place. Spigors lined up along a white-washed wall opposite the door of the Mosques are available for this purpose.

There is more industry in Trinidad than most of the others of these islands — copra plants, citrus fruit canneries, rum distilleries, oil, and one of the largest asphalt beds in the world. Although we found our days there well spent, there are no really nice accommodations for tourists as the beaches are on the opposite side of the mountain from the city and there has been no hotel construction upon them as yet.

Trinidad lies only six miles off the coast of Venezuela and only 700 miles north of the equator. Despite this we were pleasantly surprised by the climate throughout our entire trip. Nowhere did we feel the heat to be oppressive for the breezes with which most islands are blessed kept the temperature most comfortable. We encountered rain often but seldom enough to spoil our day for long. As a matter of fact, the climate in the Virgin Islands is actually guaranteed by Lloyds of London.

One-half hour by air brought us to tiny Tobago, the so-called "Robinson Crusoe Island." It is completely unspoiled and at first glance looks like one huge cocoon grove. However, beneath the palms grow small trees bearing large pods from which chocolate is processed. Since the island is so small, tourist facilities are limited to three small hotels and, like Barbados, are filled mostly by Englishmen "On holiday." Two of our fellow guests were men from London who produced Noel Coward's plays. They had just come from a business session with him in Jamaica where he has two homes. Deborah Kerr, the English movie and stage star, had been on location for a movie here and had been a guest at our hotel. This locale was also chosen for a Rita Hayworth picture, and since we were assigned to the same room as these two celebrities, we could with all hon-

esty write home to our movie-struck teenagers that "Rita Hayworth slept here!"

(To be continued next month)

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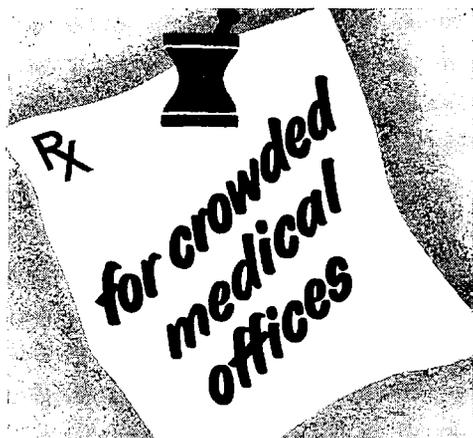
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First Tuesday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the Month—8:15 p.m.

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

*The* **BULLETIN** *of the*  
**PIERCE COUNTY MEDICAL SOCIETY**

VOL. XXVIII—No. 9

TACOMA, WASH.

MAY - 1957

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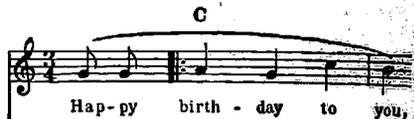
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**M E E T I N G**  
**PIERCE COUNTY MEDICAL SOCIETY**  
**TUESDAY, MAY 14**  
**7:30 P.M.**

Tacoma Athletic Club . . . 733 Commerce

No-Host Social Hour . . . 6:00

Dinner . . . . . 6:30



**P R O G R A M**

**SPEAKER: ROBERT N. RUTHERFORD, M. D. of Seattle**

**SUBJECT: INFERTILITY CLINICS**

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## EDITORIALLY SPEAKING

Dr. George Lull's comments in his Secretary's Letter No. 399 of April 17 could, in my opinion, be likened to rubbing salt in Britain's wounds.

In the article headed "BRITAIN'S HEALTH SERVICE OF NO VALUE TO EDEN," the eleven thousand mile trip Mr. Eden made from New Zealand to the Lahey Clinic is linked with the strike for 24% increase in pay threatened by Britain's 40,000 "socialized medicine doctors."

Dr. Lull further states that "good medicine cannot flourish in such a climate" and "British doctors have been on a demoralizing treadmill for a long time."

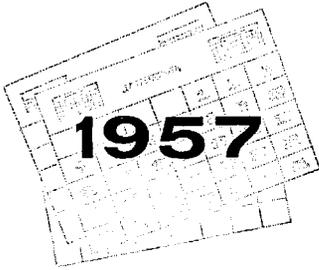
Shouldn't it be taken into consideration that England's problems encompass more than medical care, and are generally more severe in other fields (social, economic and geographical) as well?

Why is the incidence of biliary tract reconstruction (as reported in U.S. literature) much higher here than in the British Isles? Could it be they do not have so many "hackers" over there who produce these common duct obstructions?

And about that word "socialized"—are we not also on that treadmill?

The majority of U.S. doctors who have read the British scientific literature and heard their papers, do not feel their medicine is as bad as inferred.

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## Introducing



**Michael Goodson**

Dr. Goodson was born in Swansea, South Wales in 1927 and received his M.D. from the University of Cambridge. After interning at the London Hospital Medical College, he came to the United States in 1950 and interned at Tacoma General Hospital.

After taking a Fellowship in Neurosurgery at the Mayo Clinic from 1951-1953, Dr. Goodson began practice in Tacoma. With his wife, Lenora, and 2-year-old daughter, Sarah, he resides at Brown's Point. Hobby—sports cars.

## TV Program Participants Thanked

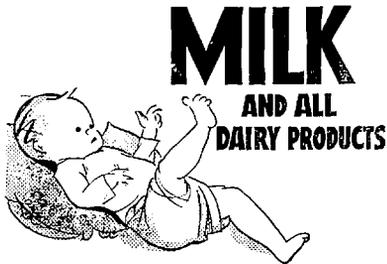
The Public Relations committee wishes to thank Drs. George Race, Del Lambing and Bernard Bader and Mrs. Caroline Sullivan, nutritionist, and Helen Pearson, the "patient," for the well-organized informative TV program they presented April 21. The production, co-sponsored by KTNT-TV and the Pierce County Medical Society, was exceptionally well-done and all who participated are to be commended for their efforts.

Many favorable comments have been made, and we hope similar programs on other general subjects may be scheduled in the future.

—W. W. M., Jr.

## Dr. and Mrs. Lewis A. Hopkins Home After Vacation

Dr. and Mrs. Lewis A. Hopkins have returned from a three months trip through California, Arizona and Mexico. According to Dr. Hopkins, they enjoyed every minute of their travels through the sunny south, but are very glad to be home again. Highspots of their trip were visits with their three children—Blayne, who lives in Menlo Park; Jean, in San Jose; and Lewis, Jr. at Kennewick, Wash.



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# WOMAN'S AUXILIARY

To The Pierce County Medical Society

1956-57

## Woman's Auxiliary Pierce County Medical Society Officers and Chairmen

President	Mrs. T. H. Duerfeldt
President-Elect	Mrs. Thomas B. Murphy
1st Vice-President	Mrs. Charles McGill
2nd Vice-President	Mrs. Merrill J. Wicks
3rd Vice-President	Mrs. Hugh F. Kohler
4th Vice-President	Mrs. John Sraill
Recording Secretary	Mrs. Robert W. Osborne
Corresponding Secretary	Mrs. Wayne Zimmerman
Treasurer	Mrs. Haskel Maier
State Auxiliary Board Secretary	Mrs. E. T. Nelson
Publicity and Bulletin	Mrs. W. Howard Pratt
American Medical Education Foundation	Mrs. Phillip H. Backup
Bulletin (National)	Mrs. Charles McGill
Civil Defense	Mrs. Douglas Buttorff
Historian	Mrs. George Tanbara
Social	Mrs. John J. Bonica
Legislative	Mrs. Joseph Harris
Membership	Mrs. Charles E. Anderson, Jr.
Nurse Recruitment	Mrs. Orvis A. Harrelson
Program	Mrs. Robert Florence
Public Relations	Mrs. J. Robert Brooke
Revisions	Mrs. George Kittredge
Telephone	Mrs. Robert P. Crabill
Today's Health	Mrs. Glenn H. Brokaw
Speaker's Bureau	Mrs. Philip Grenley
Minute Women	Mrs. M. E. Lawrence
Heart	Mrs. Robert A. Kallsen
Mental Health	Mrs. Paul E. Bondo
Safety	Mrs. Joseph B. Jarvis
Cancer	Mrs. J. Robert Brooke
Tuberculosis	Mrs. Hillis Griffin
Health Council	Mrs. Merrill J. Wicks
Crippled Children and Adults Committee	Mrs. Wendell G. Peterson
Rehabilitation Center Committee	Mrs. Walter C. Cameron
Arts for Youth	Mrs. James Ward
Infantile Paralysis Committee	Mrs. T. H. Duerfeldt
Fashion Show	Mrs. William Mattson, Jr.
Bridge Tournament	Mrs. Merrill J. Wicks
Supper Dance	Mrs. Thomas B. Murphy
Community Council	Mrs. John F. Steele
City Council	Mrs. Wm. Goering

### May Meeting

Our May meeting — installation of our new officers — will be a luncheon at Lakewood Terrace, on Friday, May 17th at 12:30.

The program will be "Flower Arrangements" by Mrs. Clara Goering, using spring flowers from her own yard. Hostesses for the meeting are Emma Bonica, Helen Florence, Marjorie Nace and Bianca Mattson.

The following slate of officers was voted unanimously at the April 19th meeting of the Auxiliary held at the home of Dr. and Mrs. Dale Hadfield:

President	Mrs. Thomas B. Murphy
President-Elect	Mrs. Robert Florence
1st Vice-President	Mrs. G. Marshall Whitacre
2nd Vice-President	Mrs. Herman S. Judd
3rd Vice-President	Mrs. Robert Kraft
4th Vice-President	Mrs. Frederick Peters
Recording Sec'y	Mrs. William Mattson, Jr.
Corresponding Sec'y	Mrs. Robert P. Crabill
Treasurer	Mrs. Haskel Maier

It looks like another wonderful year — let's all be there to welcome them and offer our support for the coming year.

### April Meeting

Thank you, Jo Hadfield, for opening your lovely home for our April meeting. Thanks, too, to the committee — Chairman Jeanne Vadheim, co-chairman Noreen Hoskins, and committee members Pat Flynn, Lorraine Kunz and Lorna Burt.

Then, too, we want to thank Edna Backup and her committee and the following speakers for our program: Ruth Brooke, Rose Griffin, Mavis Kallsen, Florence Duerfeldt, Marjorie Wicks, Ruth Zimmerman, Edith McGill, Robin Peters and Marjorie Cameron. (Sorry to have omitted Rose Griffin's name, who spoke on "Tuberculosis," from the April Bulletin!)

The National Convention of the American Medical Association will be held June 3-7 in New York City at the Roosevelt Hotel. Our State Auxiliary is allowed 17 delegates. We would like to have that many present. If you are going please let your County President know.

The Washington State Convention of the State Medical Association will be held September 15-18 at the Washington Athletic Club in Seattle. All incoming Chairmen should plan to attend the Workshop on September 16th from 2 to 5 p.m.

Many, many thanks to all the members who worked on all of the windows; The Library for National Health Week, The Library for Medical Education Week, and Schoenfeld's Store for the Rehabilitation Center.

### Annual Reports of Chairmen

Because we operate on a basis of a rotation of Officers, the only means for maintaining continuity is from the records which are kept. These records are a guide to the incoming officers and chairmen because they give them the extent of their obligation and also just how to go about things. Will you, as chairman of your committee, or as an officer, please include suggestions concerning your committee function which you have found helpful with your annual report and mail it to me by May first? In this way the new President, Ruth Murphy, will have the material on hand to give to her incoming chairmen. — Florence Duerfeldt

(Continued on Page 13)

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(Continued from Page 11)

### Medical Education Week

April 21st to 27th was Medical Education Week. Its primary purpose was to focus attention on the mounting contributions of medicine to American life and on the significance of medical education. It is hoped that setting aside this week helped develop better understanding of the aims, problems and progress of medical education and will result in more adequate support by the public. There was no fund-raising of any kind connected with the 1957 observance of Medical Education Week. Edna Backup, A.M.E.F. Chairman, led our Auxiliary in its responsibilities in this observance. Special thanks go to the girls who helped her, as well as to Edna: an effective display was installed in the window of the Tacoma Public Library by Hilda Lantiere; newspaper publicity was handled by Kay Herrmann; posters made by Peggy Haley were distributed to neighborhood and downtown drug stores; and Ruth Brooke scheduled the movie, "Danger At Its Source" for showing at Mason, Jason Lee and Pacific Lutheran College.

The national report on the A.M.E.F. program is that the Woman's Auxiliary to the A.M.A. has raised \$281,392.84 since becoming interested in this program in 1951. Last year the auxiliary turned over \$106,223.23 as the result of the efforts of the 74,000 members.

### Safety — "Back the Attack!"

For several months American traffic fatalities have been increasing. If this trend continues we shall have the highest motor vehicle death toll in history. It is shockingly clear that each of us must assume personal responsibility, not only for driving and walking safely, but for supporting our state and public officials as they seek to enforce and strengthen our safety programs. "Back the Attack" is the slogan adopted by the Traffic and Transportation Conference of the National Safety Council in its campaign to reduce traffic fatalities.

### National Auxiliary Convention

The thirty-fourth annual meeting of the Woman's Auxiliary to the A.M.A. will be held in New York City, June 3rd to 7th, with headquarters at the Hotel Roosevelt. All wives of the A.M.A. members, whether or not they belong to the Auxiliary, are invited to attend the general sessions and the social events.

### Polio Vaccines

The A.M.A. has been concerned over the lack of interest in the national polio vaccination program and recognizes the danger facing the

American public. Time is important! During 1956 polio hit nearly 16,000 persons. Those who fail to receive their initial inoculation early this year will once again be exposed to the disease when the polio season starts. A total of 45 million American youngsters have received at least one inoculation. Of this group, 24 million have had two shots and are on their way to the third, or booster, shot. If they continue with all three injections, up to 90 per cent of these youngsters will be protected against polio.

However, the shocking fact remains that so far only one out of every six adults between 20 and 35 years of age has even started the inoculation program. This means that less than half of the population which can benefit from the protection of the Saik vaccine have taken advantage of its availability. The public must be informed that the vaccine is both safe and effective and that the supply is sufficient to provide the full three-shot series for all men, women and children under age 40. To quote Dr. Jonas Salk, "The problem of eliminating paralytic poliomyelitis rests with each individual. There need be little if any paralytic poliomyelitis in the United States in 1957 if all who are potentially susceptible to it are treated with the vaccine that is now available." Mrs. Robert Flanders, president of the Woman's Auxiliary to the A.M.A., offered the services of the auxiliaries to the state and county medical societies in whatever way they could be used. She emphasized the potential value of the Auxiliary in reaching women's clubs, women's civic groups, P-TA's and other organizations. She said, "If we can help dispel some of the apathy which is so prevalent we will regard it as a privilege and an opportunity to render a service to the public in keeping with the Auxiliary's program of health education and its objective of promoting the health of our communities."

### History of Our State Auxiliary

In reading the histories of state auxiliaries the following was read with interest and I am quoting it as I am sure a lot of members do not know this: "The Woman's Auxiliary to the Washington State Medical Association was organized on February 17, 1932, at Tacoma. The first president was Mrs. Horace J. Whitacre."

### News

President Florence Duerfeldt gave a "club talk" on our Medical Auxiliary at the Presidents' Council on April 18th.

Leaving Tacoma and moving to Dallas, Texas, are Hugh and Jo Kohler and family of four children. They say, "Look us up if you are ever in Dallas!" We'll miss them. Jo has worked

(Continued on Page 15)

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(Continued from Page 13)

hard in auxiliary for several years. Best of luck!

Congratulations Midge and Gerry Geissler —Baby boy Francis Terrence was born Friday, April 12th, and joins four brothers (Thomas, Gregory, Jerome and Dennis) and a sister, Marcia!

Betty and Jim Mattson returned recently from a wonderful trip — they were in San Francisco and Santa Barbara, then three weeks in Phoenix and a return trip through Las Vegas. Sounds just wonderful!

And John and Emma Bonica just returned from a delightful two-week trip — to Los Angeles, Phoenix, Las Vegas and Sun Valley. John was a guest speaker at some medical meetings.

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### *Dr. George Kunz Doing Nicely*

Dr. George Kunz has been out for the past eight weeks due to a mild coronary. We're glad to report his progress has been good and he feels fine now. He expects to be back at work in about a month.

### *Boy Scouts Appeal for Volunteers*

The Boy Scouts are appealing for volunteers to give physical exams at Camp Hahobaus this summer. The exams are given at the Camp (located on Hood's Canal) between 10 a.m. and 4 p.m. on the following Sundays: July 7, 14, 21 and August 4. Five doctors are needed—one for each Sunday, and an alternate.

Any physician interested in doing his "good deed" is asked to call Vern Hull, chairman of the Health and Safety Committee, HA. 2950.

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Personal consultation with our Trust Officer is always available at any of our four branch offices upon appointment. Our traveling Trust Officer happily makes many trips weekly from the Main Office to consult with Trust clients and with those interested in creating a Trust. There is no obligation.

This brings us up to the matter of Wills. They are for everyone, no matter how small or large the estate. If you haven't a Will, you are risking the future of your family. It is a simple matter to relieve your wife of many complex legal business details in event of your demise.

See an attorney *this week*. He will give your family the protection of a properly drawn and legally sound Will. The cost need not be great.

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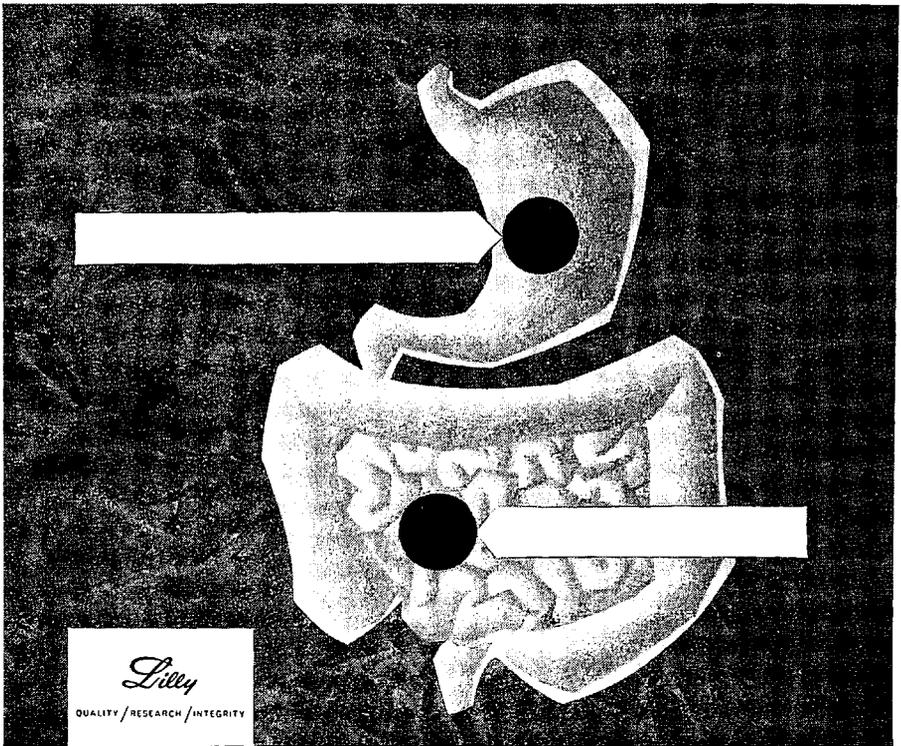


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1. Sun, D. C. H., and Shay, H.: A.M.A. Arch. Int. Med., 97:442, 1956.

\*'Elorine Sulfate' (Tricyclamol Sulfate, Lilly)

## Doctors Urged to Plan Now For W.S.M.A. Convention

The sixty-eighth annual convention of the Washington State Medical Association will be held in Seattle September 15 through 18. President James H. Berge announces that an outstanding program is rapidly taking shape and urges all doctors to make the meeting a "must."

Scientific sessions which will be of interest and practical value to general practitioner and specialist alike are being arranged by the Scientific Program Committee, headed by Dr. John R. Hogness. Also on the scientific menu will be a display of high-quality educational exhibits. Dr. Thomas T. White is chairman of the Scientific Exhibits Committee, which has charge of these arrangements.

A new convention hall is now nearing completion at the Olympic Hotel, which will be headquarters for the meeting. The new facilities will make possible a better display of both scientific and technical exhibits. With the additional space available, more desirable arrangements can also be made for scientific sessions and other activities.

In addition to the scientific attractions, the convention also will offer the traditional sports and social events, including the annual golf tournament, salmon derby, and president's reception. The popular Public Relations Luncheon also is on the agenda again this year.

The scientific program will extend over three days, beginning with an all-day showing of medical movies on Monday, September 16. The latest and best scientific films available will be selected for presentation.

Four half-day symposia on subjects of general interest are scheduled for Tuesday and Wednesday, September 17 and 18. Each symposium will be keynoted by an eminent guest speaker, who will be followed by two to four other speakers on related topics. Adequate time will also be allowed for questions from the audience.

Subjects for the symposia are as follows:

Tuesday, September 17 — Forenoon session E.N.T. problems; Afternoon session: The office management of joint diseases.

Wednesday, September 18 — Forenoon session: Prenatal problems, with particular reference to early recognition of difficult labor; Afternoon session: Trauma of the hand.

The Eye, Ear, Nose and Throat Section of W.S.M.A. will also conduct scientific sessions at the convention, but details have not yet been announced.

The convention will begin on Sunday, September 15 with the first session of the House of Delegates. Final session of the House will be on Wednesday, September 18, when Milo T. Harris of Spokane will take office as president for the coming year and other officers will be elected and installed.

Further details on the convention will be announced as soon as speakers are confirmed and other arrangements are made. The complete program will be published in the August issue of Northwest Medicine.

Convention committees are:

Scientific Work: James H. Berge, chairman; Harold J. Gunderson; William M. Kirby; Francis M. Lyle; I. C. Munger, Jr.

Scientific Program: John R. Hogness, chairman; George M. Bogardus; Raymond Clark; Daniel H. Coleman.

Scientific Exhibits: Thomas T. White, chairman; Knute Berger; Allan W. Lobb; William J. Steenrod.

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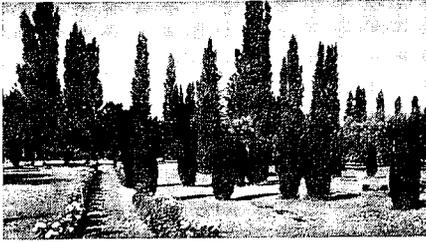
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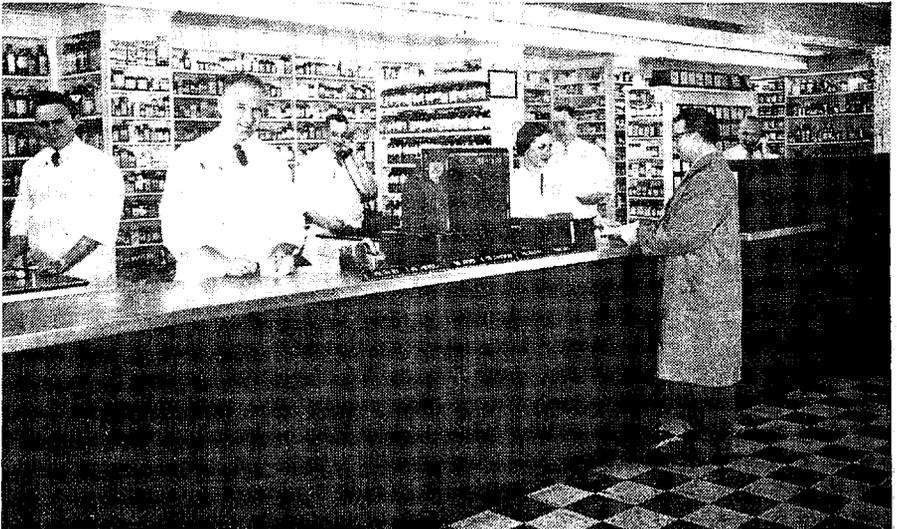
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### Thirty-Fourth Annual Meeting of Woman's Auxiliary to the American Medical Association

New York State is honored to serve as host to the American Medical Association and its Woman's Auxiliary, the latter, the parent body of all State and County Auxiliaries.

Headquarters for the Auxiliary's meeting will be the Hotel Roosevelt at Madison Avenue and 45th St., New York City, from June 3rd to 7th, 1957. The Roosevelt is within walking distance of the Waldorf-Astoria Hotel, where the A.M.A.'s House of Delegates meet, and proximity to Fifth Ave. and Madison Ave. shops, theatres and innumerable points of interest, make the location of headquarters ideal.

Registration will open on Sunday, June 2nd, 11:30 a.m. to 4 p.m. and continue through Thursday. On Monday, June 3rd and Wednesday afternoon, June 5th, there will be Round Table discussions of interest and educational value to all physicians' wives. Members and guests are cordially invited. The General meeting will be held Tuesday, Wednesday and Thursday until noon, and a Board of Directors' meeting at one o'clock on Thursday, and a Post-Convention Workshop for State Presi-

dents, Presidents-Elect and National Committee on Friday, June 7th.

**Social activities** include: Monday, June 3rd — a Tea, honoring President and President-Elect.

**Tuesday, June 4th** — Luncheon in honor of the National Past Presidents, at which Dr. Howard Rusk, Director of the Institute of Physical Medicine and Rehabilitation of the N.Y.U. Bellevue Medical Center, will be the guest speaker. Dr. Rusk needs no introduction — he is internationally known and is a fine speaker.

**Wednesday, June 5** — Luncheon in honor of the National President and President-Elect. Dr. Dwight H. Murray, President of the American Medical Association, will be the guest speaker.

**Thursday, June 6** — Annual Dinner for Auxiliary members, husbands and guests, at which the guest speaker will be Professor Allen Richard Foley of Dartmouth College.

It is hoped that each State and County Auxiliary and the territorial Auxiliaries will be well represented. A warm welcome awaits everyone, and a profitable meeting and many hours of pleasure will make your visit a memorable one.

Mrs. Ezra A. Wolff,  
Convention Publicity Chairman



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Supplied: 5 gram tubes

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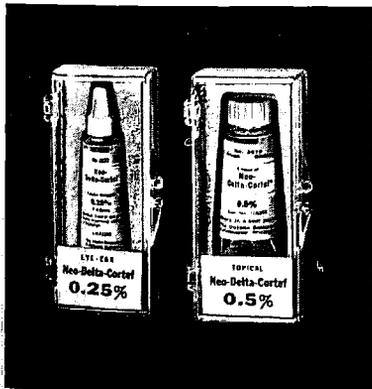
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Thiamine Mononitrate .....	1.67 mg.	Ascorbic Acid .....	25.0 mg.
Riboflavin .....	1.0 mg.	Vitamin A (acetate) .....	2500 USP Units
Niacinamide .....	10.0 mg.	Vitamin D .....	250 USP Units
Vitamin B <sub>12</sub> .....	1.0 mcg.	Iron .....	2.5 mg.
		Iodine .....	0.05 mg.

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REFERENCES: Obesity, The Problem and Treatment: Harry S. Douglas, M.D., Washington, D.C., Western J. of Surg., Obs. and Gyn., Volume 59/5 (May, 1951) 238-244, N N R, 1951, p 193. Methamphetamine Hydrochloride U.S.P. Queries and Minor Notes: J.A.M.A., 143/14 (1950) p 1298. "The Liver in Obesity," Samuel Zelman, M.D., Arch. Int. Medicine, 90:137 (1952).

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# HOSPITALS . . .

## *Saint Joseph's*

The clinical laboratory participated as a contributing member in the annual Puget Sound Science Fair held on April 4th, 5th and 6th.

The purpose of the science fair is to stimulate interest in the fields of science and engineering. The laboratory booth, sponsored by the Tacoma Society of Medical Technologists, was for the purpose of introducing Medical Technology as a career relatively new and rapidly coming to the front in the medical field.

On April twenty-seventh and twenty-eighth the Washington State Annual Seminar will be held at the Winthrop Hotel. The Tacoma chapter of the American Society of Medical Technologists will be host to medical technologists from all parts of Washington and Oregon.

Speakers from Washington and Oregon medical schools have been obtained to speak on Saturday the twenty-seventh. Their topics will be of interest to all medical technologists. Saturday evening a banquet will be held honoring the visiting technologists and guest speakers. A cruise aboard the Harbor Queen is scheduled for Sunday.

A silver tea and open house will be held on Sunday afternoon, April 28th from 3-5 o'clock in the Nurses' Lounge of the Nurses Residence. Student Nurses will act as hostesses throughout the afternoon.

The Pierce County Medical Society has provided scholarships as follows to students in the school: Miss Sandra Agnes Estrada, \$100.00, Misses Charlotte Jean Terreau, Margaret Ann Zezeus and Anita Faye Fore \$75. Misses Kathleen Marie McCarthy, Linda Lou Clark, Janet Magill and Ann Marie Rutledge, \$50.00.

Mrs. Margaret Johnson, staff nurse in Pediatrics will attend the W.S.N.A. Convention in Seattle as a delegate from St. Joseph.

Easter bonnets and vacations are the theme of the hour these days. Miss Ann Wagner from the night shift will be the first to embark on her holidays. She will motor through Montana and points south visiting members of her family enroute.

Miss Marcia Geissler, daughter of Dr. and Mrs. Geissler visited her former nurses in Pediatrics last week. It was good to see Marcia afoot again.

Welcome back to Sister Emmanuel who returned Saturday after a week in Portland. She

and Sister Patricia Francis attended the Medical Record Librarians' Workshop.

The old Record Room is decorated with two new faces. Ann McMenemy from Aquinas Academy is working after school and on Saturdays. Marie Butler from St. Leo's is also helping to get charts ready for microfilm.

Rose Marie Doherty tried to get her vacation early by twisting her knee while skiing Sunday but the holidays lasted just one day.

It is related that in his advanced age the immortal Italian poet, Dante knocked on the door of a Franciscan friary and requested to be admitted. When asked as to what he sought there he replied "Peace." Two weeks ago the leaders of the great nations of the world met at Bermuda, seeking a way and means of bringing peace to the world.

Here in our Maternity Department, representatives from different parts of the world also met — not seeking peace — for they had found both peace and happiness in the fulfillment of a dream and a wish.

Estonia was here and chattered friendly with a lass from the Lone Star State.

Paris, the city of bright lights and gay music enjoyed the hospital atmosphere and felt at ease with a little Hawaiian mother.

Berlin and Neuburg had much in common, but included in everything the mother from Gloucestershire, England.

Back on our staff are Mrs. Leslie, R.N. and Miss Carol Johnson, R.N. (former graduates). Mrs. Weaver (T.G. graduate).

Family additions were as follows: Mrs. Zajac, R.N., a boy; Mrs. Roehl, R.N., twin girls; Mrs. Larsen, R.N., a boy; Mrs. Bersten, R.N., a boy; Mrs. Tibbetts, RN., a girl; Mrs. De Tracy, R.N., a girl.

As they walked down the corridor they looked like twins, but they are sisters — the Medved Sisters, Betty Ann McDonald, a boy; and Mary Ann Reed, a girl.

Congratulations and much happiness to them as well as to Mr. and Mrs. Geissler — proud parents of a boy. Five sets of twins were born in Maternity during the months of March.

The student X-ray technicians attended the monthly meeting of the Tacoma Society of X-ray Technicians and reported a very educational and informative program high-lighted by a film based on the work of a Radiologist, his work at the hospital and at the office. The film was furnished by the representative for the

(Continued on Page 29)

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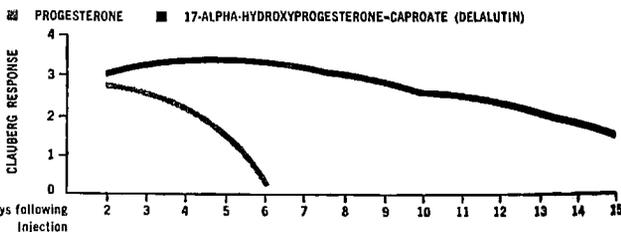
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(Continued from Page 27)

DuPont Company. Technicians from Tacoma and the surrounding area attended.

We have just barely beaten the fly season. The last of our screens will be installed this week. There are just over a thousand screens in the hospital and the entire lot have been overhauled, rescreened and painted.

Dean Daughtery our cabinet maker has been doing a beautiful job on the first floor wood work. Mr. Devick the painter has also done a superb job of refinishing. We hope to go through each floor and accomplish the same work.

Chester Kimmerly our senior engineer has finally launched his boat. We expect him back from his vacation later this week.

Our deepest sympathy goes to John Libo over the loss of his father. John's father passed away last week.

The yard is beginning to look up under the able work of Mike our new gardner. He promises that we will really have a nice looking yard by next season.

Second Floor personnel regret the departure of Miss Caldwell, L.P.N., who has gone to work at the American Lake Hospital. A beautifully decorated cake was served with coffee as a departing gesture of our good wishes were extended to her. A new class of practical nurse students are seen on second and they are doing a good job.

Mrs. Uecke who came from Turlock, California for her son's wedding but arrived at our hospital instead has returned to her Turlock home via airplane. She was a third grade teacher and her school children were deeply concerned about her prompt recovery as was demonstrated by the mail she received. Maybe we should advocate the use of safety belts for automobiles.

Our thanks to Sister Theodore Joseph and her help for keeping our floor so clean. Let us all co-operate with her and stick our I's and O's on the tile surfaces instead of on the varnished or painted walls.

Several of the nurses have had bouts with the flu bug. Those absent were Mrs. Nickolsen, Mrs. McWilliams and Mrs. Payne among the R.N.'s. We are glad that they recovered so quickly.

Mrs. Van Wuedefelt is the L.P.N. assisting Mrs. Fowler this month in the Recovery Room. Maybe that is the reason the surgery schedules are so lengthy. Van, as we call her, comes to us from Belgium.

Did you see the wonderful tans Dr. Vadheim and Dr. Baskin received on their vacations? Let's wish upon a star that we may travel so

far! Seems like a little more sunshine would do us all some good, so get the suitcase dusted and a bon voyage!

New faces have been added to our nursing staff. Mrs. Gambill (Harlow) a graduate of St. Joseph is on 11-7 replacing Miss Johnson (who now is Mrs. McLaren) and will be back to work on days after Easter.

Mrs. M. Miller hails from Mercy Hospital, Grand Rapids, Michigan, and is working with Maggie on 3rd Center. She likes the Northwest so well that they will surely make Tacoma their home. That is after her husband gets out of the Army.

Mrs. Drew has been with us for sometime now and relieves 11-7.

Mrs. Carlson who worked here in 1955 is back. She is a graduate of Holy Cross in Salt Lake City.

Mrs. Barber, our very capable Medical Secretary on 3-11 is anticipating her ninth, and what a wonderful family.

Recent patients were Rita McDonald, also Patty Gervais, daughter of Mrs. Gervais, R.N.

Mrs. Halvorson's husband took to "Wings" last week and flew to Alaska and a new job.

### Tacoma General

Accepted to Medical Staff membership in March were Donald L. Nothstein, M.D., Russell Q. Colley, M.D., Michael P. Goodson, M.D., and Charles C. Reberger, M.D. Doctors Chris J. Boehm, Charles J. Chunn, Jr., Robert W. Collins, Archie C. Giesy, Burton H. Goodman, J. Gordon Gross, Edward C. Klopping, Robert J. Lucas, Kermit T. Mead, and Gerald J. Murphy became members of the Dental Staff.

Miss Borghild Robertson and Mr. Alex Babbit attended the semi-annual meeting of the Washington State Hospital Association in Bellingham. Mr. Babbit is First Vice President of the Association.

On April 19, Mrs. Helen Myers, Registered Records Librarian left Tacoma General Hospital to accept a similar position at Salem Memorial Hospital in Salem, Oregon. A tea honored Mrs. Myers for her 19 years service to the Hospital; good wishes were extended to her from every department.

Mrs. Bernice Hockett, Accountant, and her assistant, Mrs. Ilene Mills attended the quarterly meeting in Yakima of the Washington Hospital Accountants Association. The meeting was a workshop for developing State standards for reporting statistics and costs to the Washington State Hospital Association.

Hospital census for the month of March was the biggest in the history of the institution. On

(Continued on Page 31)

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(Continued from Page 29)

several days the occupancy reached 100%. In the OB department, 287 babies were delivered. April will be an even bigger month for this department, if the present rate continues. On the 15th of the month, the 136th baby had been delivered.

### Pierce County

Dr. and Mrs. John Whitaker are the parents of a beautiful daughter, born on March 17. Her name is Jonna Marie and she is welcomed also by two sisters, Jackie and Nancy, and by two brothers, Bobbie and Billie.

Mr. and Mrs. Kurt Roehl became the proud parents of twin daughters, born on March 22. Mrs. Roehl is one of the surgical nurses at Pierce County Hospital.

Word has been received that Beth Race Tietjen, formerly with the Record Room, and her husband have a new baby son, born on April 2. The Tietjen's home is in Walla Walla.

Friends of Mrs. Marian Gimmel of the housekeeping department are pleased to learn that she has recovered from her recent illness and will return to her position at the hospital soon.

Announcement has been received of the marriage of Gloria Richards, formerly of the Record Department, to Mr. Roger Barnhart, an interior decorator and artist of Albuquerque, New Mexico.

Mrs. Carol Karwoski, chief laboratory technologist, attended the post graduate session on April 4th and 5th at the Oregon Medical School in Portland, Oregon.

Mrs. Lou Hershey, Social Service, had as her house guests over Easter her daughter and son-in-law, Mr. and Mrs. Frank Sciosia and their four children of San Gabriel, California.

Dr. Claris Allison attended the mid-year meeting of the Washington State Hospital Association held in Bellingham on April 10th. Topics discussed included Hospital Licensing Regulations, Nurse-Hospital Relationships, and the Program of the American Hospital Association.

Nelle Satter, head of the housekeeping department, was a co-hostess at the meeting of the Puget Sound Chapter of the N. E. H. Association, held at American Lake Hospital. The chief speaker was Bill Durant of the North Coast Chemical Company, who discussed hospital floor maintenance and floor coverings.

From the housekeeping department Mary Randolph has resigned due to ill health, Mamie Brooks is retiring on May 1st, and Eileen Hagan is resigning to accept a position at the new Weyerhaeuser building.

### Mary Bridge

### SPEECH THERAPY CLINIC

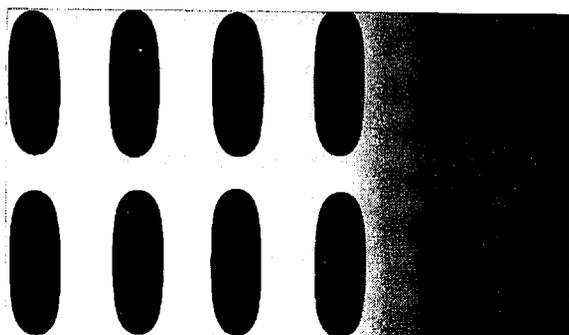
In answer to a growing need the Speech Therapeutic Clinic was established at the Mary Bridge Children's Hospital in September, 1956. The clinic was established primarily to give speech training to the cleft palate child. However, as the clinic has grown, children with other types of speech difficulties have been admitted.

The need of speech education for the cleft palate child is, of course, apparent. Because of the difficulties involved it is necessary for the surgeon, the orthodontist, the E.N.T. specialist and the speech therapist to work closely together. Sometimes it is desirable for one phase of the total rehabilitation picture to be completed before another phase is begun. Often this is not true and all phases of the work can be in process simultaneously. The clinic attempts to meet the speech needs of the cleft palate child at whatever point he may be.

This year at the Mary Bridge speech clinic there has been enrolled a group of three year old cleft palate children receiving training in a speech-play situation. The emphasis has been on obtaining oral pressure and on obtaining correct articulation of consonant sounds. The therapist in charge has recognized this group as a purely experimental part of the program, but the results have been highly gratifying. The children — all under three at the start of the clinic — were just beginning to articulate. By using techniques for establishing oral pressure has been established; the speech is free from nasality and articulation in most cases is clear and well defined. Some speech immaturity is found among the group such as would be found among normal children on the three year old level.

The cleft palate child comprises slightly over fifty per cent of the clinic load. The next largest group receiving therapy is pre-school children with articulatory difficulties severe enough to prevent their making a normal adjustment to the kindergarten situation. Whenever the speech of a four year old varies from the norm, either in rhythm or in sound formation, it is desirable to have such speech checked by a qualified speech therapist. If the speech of the child on the four to five year old level is corrected, he is able to enter his fifth or kindergarten year and make a normal adjustment to the educational world without the handicap of speech that deviates from the norm. Sometimes the speech of a pre-school child can be corrected in the home situation through guidance and consultation with the

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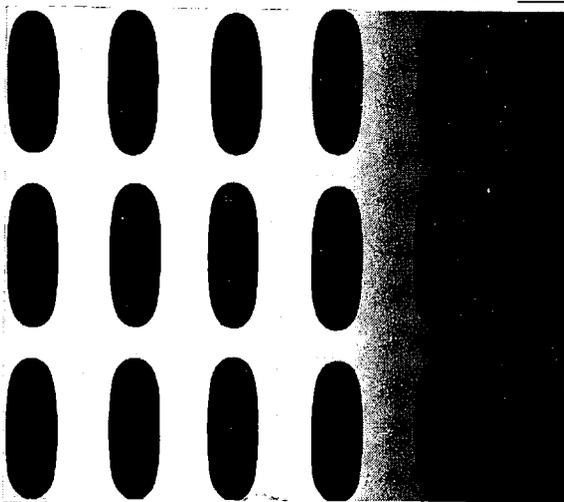


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ACHROMYCIN V dosage: 6-7 mg. per lb. of body weight per day for children and adults.

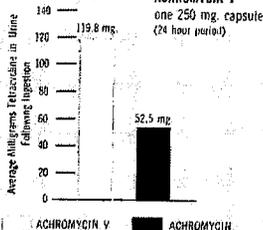
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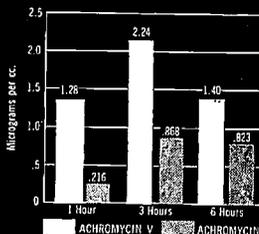
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one 250 mg. capsule  
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(Continued from Page 31)

parents. Often the problem is such that speech therapy given at this early level can correct the difficulty in a normal learning situation before poor speech habits become too deeply ingrained and before they produce accompanying psychological or behavior problems.

Also enrolled in the speech clinic at Mary Bridge Children's Hospital are children with

hearing losses and children with marked cases of delayed speech. Over seventy-five per cent are of pre-school age or come from areas where no public school speech training is available. Cleft palate children of school age are often referred to the clinic because of the difficulty and the length of time involved in their reeducation. There is a close affiliation between the therapists at the hospital and those therapists teaching in the public school of this area.

It must be recognized that the work of the speech therapist is dependent upon the cooperation not only of the parents involved but also of the doctors, psychologists and social agencies working with the child. Over ninety per cent of the children enrolled in the clinic have been referred by doctors or some social agency. To this cooperation the personnel of the clinic credit much of the success with which the program is meeting.

Mrs. Carlin Aden,  
Speech Therapist

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### Anniversary Adventure

By Jeanne and Jim Vadheim

(Continued from Last Month)

Our cottage was located high on a hill overlooking a small valley which opened on a lovely sandy cove. The water there was quite active and the surf surprisingly heavy. Cocoa palms from the valley floor towered higher than our roof. Around the island from us was a beautiful beach, Pidgeon Point, with the traditional grass shacks for shelter. Nearby was Bucco Reef, an amazing coral formation, accessible only by boat. Surrounded by deep water on all sides, lies this extensive and shallow reef—too shallow in places for swimming. We walked a considerable distance over this rocky bottom (in sneakers) with the water coming only to our ankles. When the water became deep enough to swim and the rocks gave way to coral, we took off in fins, masks and snorkels for a really thrilling underwater adventure. The beauty of undersea life is fantastic and the silentness of it almost eerie. This fairyland island and fabulous Bucco Reef must be seen to be believed.

Another unbelievable spot, but an extreme opposite, is Caracas, the capital of Venezuela. Where Tabago is small, quiet, unspoiled and relatively unchanged, Caracas is a city of a million people and as new and shiny as a freshly-minted coin. Fifteen or so years ago this city, we were told, was a lazy small town of some forty thousand people, dominated by the Spanish colonial influence as seen in Havana and Mexico City. Then came wealth from minerals and especially from oil. To accommo-

date the bulging population, came building and housing developments beyond the ordinary comprehension. The hills which ringed the city were decapitated to yield more building space; old slum areas were leveled and razed to the ground so that the new, modern skyscraper apartments could be built right over the old. Five years ago, we were told, it seemed as though an earthquake had struck. Now a brand new and extremely modernistic city has developed with little trace of the old Spanish heritage. Everything about this city is fabulous — from the army officers' club, a deluxe resort, complete with two swimming pools, theater, three dining rooms, bars, mirrored salons for bridge, shops, beauty parlor, etc., to the government housing projects for the indigent. It would be a pleasure to be poor in Caracas. Beautiful modern apartments (with television antennae much in evidence) parking lots, gas stations, libraries, churches, schools, playgrounds, movie theaters, and even a band shell for outdoor musicales are all built for these people at government expense.

Another miracle of engineering was the new cable car from the city center to the top of a high mountain nearby. At the top of this mountain was a large restaurant, bar, and even an ice arena; and several blocks away was a new circular hotel nearing completion. It looked very much like a non-leaning Tower of Pisa. Mattresses and other furnishing were being brought up in the cable cars for the grand opening. The next project was to be a cable car down the other side of this mountain to the sea coast. Since there seemed to be no logical or practical reason for a hotel or restaurant or bar or ice rink on the top of any or that particular mountain, we came to the conclusion that Venezuela just has so much money that she is hard-put to know what to do with it.

We were all the more convinced of this after spending an evening with a Venezuelan couple and hearing them discuss millions of dollars as we would hundreds. Down there you are a "poor millionaire" if you have only one or two million dollars. It takes many more before you are even noticed. Of course I say this with "tongue in cheek," but seriously, everything was more Texas than Texas. The story of the near sighted man who had all his eight Cadillacs delivered with prescription ground windshield became almost believable.

Caracas from the air looks like a smaller Los Angeles, with the city spreading like fingers up the valleys of the surrounding hills. Because of its altitude it is called the "Land of Perpetual Springtime" for there is no wet or dry season and the temperature stays around 75 de-

grees in the day and 55 degrees at night all year long. Air conditioning and heating plants are equally unknown.

Now at last we flew on to Curacao, the shopper's paradise I had been anticipating for so long. Curacao is a small, barren, hot, windswept island belonging to Holland. I had thought my few years of college German might help the language difficulty but I couldn't have been more wrong. The Dutch language sounded completely foreign to anything we had heard before and it didn't take long to realize that German could be more of a hinderance than a help. These people absolutely loathe the Germans and cannot forget the wartime atrocities perpetrated against Holland.

Very little of anything grows on this island and all food comes thirty some miles across open water by sailing sloop from Venezuela, a two-day voyage. The food markets are actually floating ones, as these boats tie up to a long dock, and as you walk along the street in front of them you are offered bananas from one boat, spices from another, pineapples from another, and so on with fish, vegetables, and many other food stuffs. It is a very colorful sight. However, these were not the bargains I had been waiting for. I spent many hours in the free-port stores ferreting out buys in bags, perfumes, jewelry, and cashmeres. The jewelry stores had beautiful things in gold, silver, and precious stones, and watches proved to be especially good values.

In the meantime, my patient husband amused himself by taking pictures of the colorful harbor and the large canal which divided Willemstad, the city, into two parts. Connecting the office section with the shopping section was a large pontoon draw bridge called the "Queen Emma." This bridge opened on the average of sixty times a day to bring ocean-going vessels from every nation right into the center of town. This is one of the busiest ports in the world, for all the oil from Venezuela is sent to either Curacao or the neighboring island of Aruba to be refined — then out by tanker to the four corners of the earth.

We found this island of the Netherland Antilles to be interesting for its shops and port activities and the Flemish architecture which made Willemsted look like a bit of old Holland. The Dutch people were very pleasant and tried hard to please. However, hotel facilities are most limited, the food poor by comparison to the other islands we had visited.

The climate was not as pleasant either and we missed the lush greenness we had become accustomed to. The weather was hotter here than elsewhere but made bearable by the constant breeze. It was wind really, more than breeze,

and we found that three days of steady blowing was quite enough. Fresh water is even more at a premium here than in St. Thomas where it was caught in large cement basins placed on the sides of their many hills. In Curacao, time was when it all had to be imported along with their food, but it is now distilled from the sea, a very costly process. Our bathroom basin and shower had only one tap and hot water was available only at midday when the ground pipes had heated sufficiently from the sun.

Although we had the good fortune to meet many interesting and pleasant people all throughout our trip (including a classmate of Ralph Huff) it was here in Curacao that we reached the ultimate. In a cafe Jim happened to admire the necktie of the man at the next table, whereupon the stranger whipped it off and presented it to him!

Our last and, in some ways, favorite stop was Jamaica, another repeat visit for us. We had spent ten days at Montego Beach, a resort area on the Northwest shore two years ago. It had mushroomed since then like most of the other resort areas of the world and we were surprised and a little saddened at the addition of so many new hotels and shops (free-port again, so I had one last fling!). We had dinner at our old hotel "For Auld Lang Syne" and were delighted to run into a former Tacoma couple who had been there with us two years ago. Familiar faces always are twice as welcome away from home.

Except for that one day revisiting Montego Beach, we spent the remaining eight days of our vacation in the Ocho Rios area on Jamaica's North Coast. To us it is the more desirable, as progress has been slower to penetrate. There are fewer and smaller hotels and consequently not so many people. This area gets more rain than Montego but is far more lush and beautiful for it. Our hotel was brand new, lovely both as to design and location. The personnel was highly and skillfully trained to keep the guests happy. Its physical attributes were too small, but there were nice, sandy beaches with even a small coral reef close to shore for the snorkel enthusiasts. We rented a small English car (five gallon gas tank and 15 horsepower motor) to help us explore the surrounding area. We had some rather unusual outings. One was to Dunns' Falls, a waterfall which cascades from the top of a high hill down stair steps of stone to the ocean beach below. These steps were wide and smooth enough to climb. Thus one could have the unique distinction of being able to climb up the falls. The nearness of this fresh water to the ocean gave us a nice choice between a fresh water shower followed

by a dip in the warm salt water or an ocean swim first, followed by a cool shower.

An all days' excursion took us to Port Antonio on yet another shore of Jamaica. Here we saw Errol Flynn's old hotel, Titchfield, with its two swimming pools on different levels with a slide between. Near there was a really lovely seemingly bottomless lagoon of the deepest blue, rightly called the "Blue Hole" or "Blue Grotto."

The last excursion of all was an eight mile trip down a fairly swift river on a long bamboo raft poled by a raftsmen who expertly guided us over the small rapids. The tropical vegetation was very dense to the water's edge and we saw herons and other birds in flight. Although there were other rafts on the river, I had the same feeling of solitude and isolation that I had felt in the underwater coral reefs.

Thus our Anniversary Adventure came to a close. Often people ask if so much island-hopping is not strenuous. It is, but it is exhilarating too; for each island, though only a few minutes or hours from the next by air, is enough different to make them all worth while. Since this type of travel is best done when health and relative youth permit, we hope within the next eighteen years to have the time and the energy for a few more such adventures before settling for one place in the sun.

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## MONTHLY MEETINGS

**STAFF OF TACOMA GENERAL**

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

**STAFF OF ST. JOSEPH'S**

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

**TACOMA ACADEMY OF INTERNAL MEDICINE**

Fourth Tuesday of each month—6 p.m. at Tacoma Club

**SURGICAL SOCIETY**

Third Tuesday of each month—6:30 p.m. at Tacoma Club

**STAFF OF PIERCE COUNTY**

Last Monday of each month—6:15 p.m.

**PIERCE COUNTY MEDICAL SOCIETY**

Second Tuesday of the Month—8:15 p.m.

**STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL**

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

**STAFF OF MEDICAL ARTS HOSPITAL**

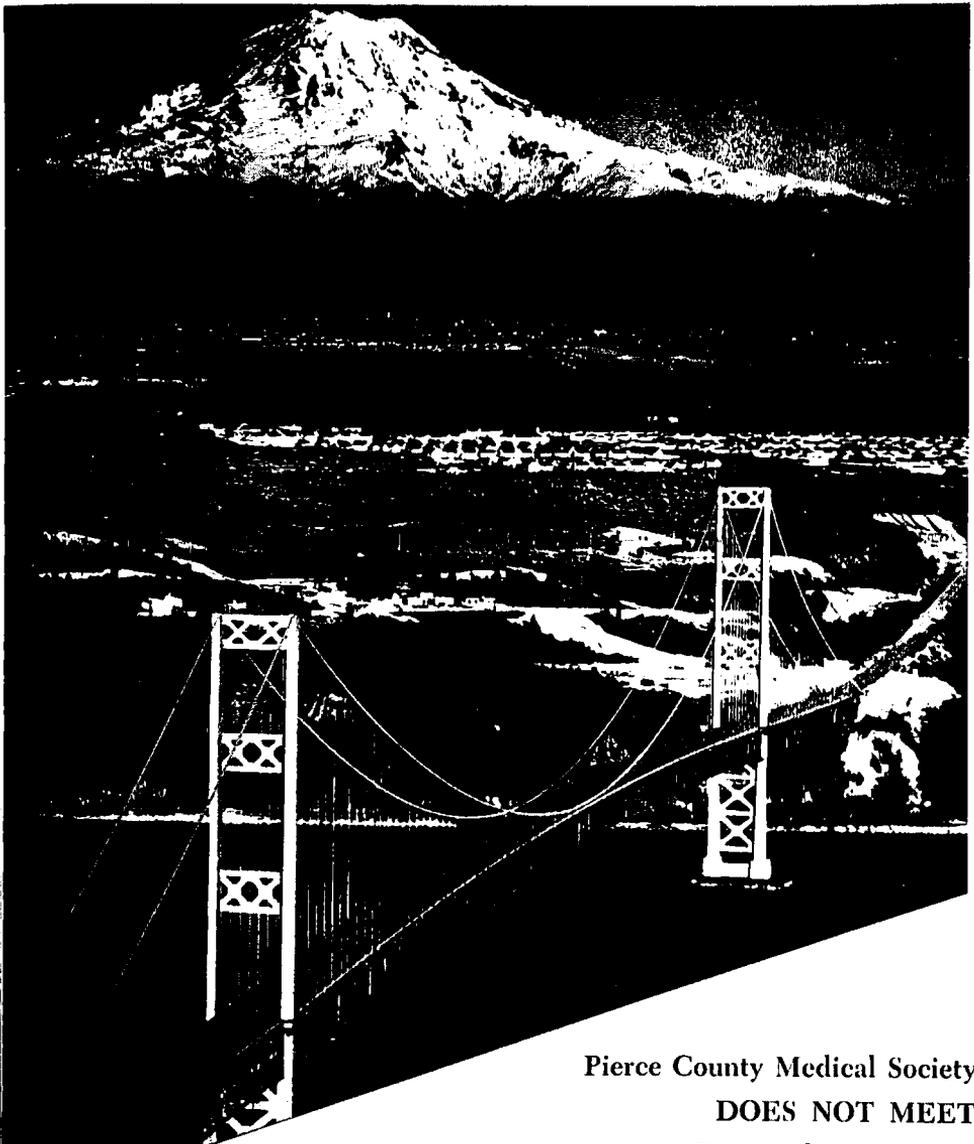
Third Friday of March, June, Sept. and Dec.—7:15 a.m.  
at Scotty's Cafe

*The* **BULLETIN** *of the*  
**PIERCE COUNTY MEDICAL SOCIETY**

VOL. XXVIII—No. 10

TACOMA, WASH.

JUNE - 1957



Pierce County Medical Society  
**DOES NOT MEET**  
During the months of  
June, July and August

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1957

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## Happy Birthday

June

- 2 TREACY DUERFELDT
- 5 HOLLIS SMITH
- JAMES VADHEIM
- 7 JOSEPH HARRIS
- 8 JACK ERICKSON
- 10 HAROLD LUEKEN
- 13 ERNA EUILFOIL
- 15 MILES PARROTT
- GEORGE TANBARA
- 21 JACK LEE
- 28 STAN DURKIN
- MILLS LAWRENCE
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## NOTICE

Check back page of Bulletin for calendar of special meetings

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(1) Holt, J. O. S., Jr.: Dallas Med. J. 42:497, 1956. (2) Gelvin, E. P.; McGavack, T. H., and Kenigsberg, S.: Am. J. Digest. Dis. 1:155, 1956. (3) Natenshon, A. L.: Am. Pract. & Digest Treat. 7:1456, 1956.

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## § FIELD DAY §

FRIDAY, JULY 12

### TACOMA COUNTRY & GOLF CLUB

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#### *Calendar of Events*

**Fishing** begins at the crack of dawn . . . excellent tide assured . . . good run of humpies guaranteed—skill unimportant . . . they'll leap into the boat . . . arrangements may be made for places on luxury cruisers.

**Golf** will commence around one o'clock . . . line up your foursome and tee off at your convenience.

**Tennis** . . . an innovation this year . . . anyone owning a pair of sneakers is eligible . . . line up your match, or the committee will be glad to do so for you . . . both doubles and singles may be played. . . . Magill University tennis champ, Ralph Huff, challenges over-all winner of the day . . . co-chairmen request you call Medical Society office and announce your intentions (pertaining to tennis, that is.)

**Drinking and Dining** will be the concluding endurance contest of the day . . .

Cocktails: 6:00

Dinner: 7:00

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## Guest Editorial . . .

The Puget Sound Rehabilitation Center has now been operating about four or five months. Like any infant cutting its teeth and learning to walk, it has had a few bumps and bruises but has made steady progress and growth.

The Center is not set up as a physiotherapy department per se to be in competition with other physiotherapists. It is meant to be an integrated unit, utilizing physiotherapy, occupational therapy, speech, and vocational testing and training. Its purpose is to REHABILITATE people. This includes teaching self help in many fields, such as the C.V.A. patient who needs to be taught speech, and how to relearn the use of one or more extremities. If an invalid who is bedridden can be taught to be a wheel-chair patient, progress has been made. Similarly, if a wheel-chair patient can be made ambulant or be helped so he can be employed again, progress has been made. C.V.A. patients, paraplegics, post-polio paralytic patients, and amputee cases can all be served in this institution. Hand cases needing occupational therapy also can be helped.

The Puget Sound Rehabilitation Center deserves the support of all the doctors of Pierce County. . . . But, please, do not use it as a "dumping ground" for your problem cases.

—DUMONT STAATZ

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### In Memoriam

#### Dr. Charles Pascoe

Dr. Charles Pascoe, born April 17, 1892 at St. Ignace, Michigan, died at his home on American Lake April 22, 1957.

After finishing high school, he graduated from Lawrence College, Appleton, Wisconsin. He then attended the University of Michigan Medical School where he received his medical degree in 1915.

After his internship, he came to Tacoma as a General Practitioner.

During the years 1920-21, he spent some 18 months doing post graduate work at Mayo's, University of Michigan and in Chicago.

He returned to Tacoma in 1921 and became associated with the Rich Clinic as Urologist and Dermatologist for some five years until the clinic was dissolved.

In 1926 he took offices in the Washington Building. His brother, Dr. Weldon Pascoe, was with him in these offices until Dr. Weldon's retirement some seven years ago.

In 1918 he married Miss Ida McCrady. They had two children: Charles Robert, age 35, who never married, but is a graduate of both Harvard and Yale Universities. He is now an attorney for the Pittsburg Plate Glass Co. of Pittsburg, Pennsylvania.

The other son, John J., age 33, is also a graduate of Yale University. He is associated with the Karlen Davis Lumber Co. of Tacoma and has four children.

Dr. Pascoe was a member of the Methodist Church of which denomination his father was a minister.

He was a member of Tacoma Country Club, The American Urological Society, charter member of Pierce County Surgical Association, Pierce County Medical Society, Washington State Medical Association and the American Medical Association.

He provided amply for his home and cared for the most excellent education of his sons.

He was a man of retiring disposition who studied and practiced medicine with success and honor.

—J. BENJ. ROBERTSON, M.D.

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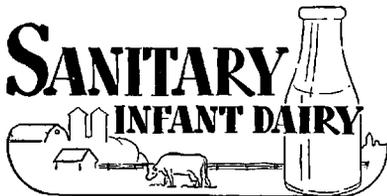


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## Letters to the Editor

To the Editor:

My secretary sent me a note stating you were interested in information as to my army assignment. First I should like to compliment you on the able way you have edited our County Medical Bulletin. I have been an avid reader, for it helps keep me abreast of things while I have been away.

I am chief of surgery at the U.S. Army Hospital, Governor's Island, N.Y. For those not familiar with its location, it is a small island right at the tip of Manhattan, about five minutes by ferry from the Battery.

We have had an unusually active service for a relatively small hospital (175 beds). The reason is that it is the only Army Hospital in the New York area. I have enjoyed the work for the variation of cases has been nice and we have some fine consultants. Of course, there are some fabulous medical centers here and I have been able to take advantage of them from time to time.

My wife and I have really enjoyed our stay here. Our relations with the service people have been excellent and we have made many friends. We have been able to take in much of the culture that Manhattan offers and have enjoyed all of it, but we will be delighted to get back to the good old Pacific Northwest and our friends.

We are looking forward to seeing you shortly, for I anticipate opening my office in the Medical Center on the 10th of June, 1957.

Best regards,

Bob Gibson

To the Editor:

This is to acknowledge and thank you for your telegram expressing your views on the Jenkins-Keogh Bill.

This legislation is pending before the House Ways and Means Committee and at the present time there has been no scheduling of hearings or other committee procedures by the Chairman.

When it was before the Committee a year or so ago, I supported it and I can see no reason for changing my attitude. You may be assured this legislation will have my considered attention and study when it may come before the Committee.

I appreciate having your views on the proposed legislation.

Sincerely yours,

Hal Holmes, M.C.

To the Editor:

Now Britain's medical men are in revolt—  
with their target, the elusive National Health

Service that has been a major influence on their professional existence since 1948. We in America will never know, for the British Information Service no longer talks about what has gone on within the Empire, what socializing has done, but it is reliably stated they have suffered losses that were staggering, which is indefinite as an estimate, but acceptable. Her doctors are in the throes of an "anguishing reappraisal" of their position to salvage, if possible, improvement in their financial returns, also to regain in part dignity for their profession.

We know our doctors in America are sympathetic to their cause and understanding of their unfortunate position.

You quote, editorially, Dr. Geo. Lull in the May Bulletin, commenting that Britain's problems are not confined to health alone. That, of course is true, nor is it our business what or where Mr. Eden chooses to have done about his own health problems. We are fully convinced that medicine cannot flourish in a Collectivized climate with politicians in control. Of this George Lull can speak with as much authority as anyone in America. His views are so accessible that they should be tolling the bell for every doctor in America to stay alert on the newer techniques being employed by proponents of Socialism and Socialized Medicine.

The British medical men are sincerely interested in good medicine. That was demonstrated recently at the American Proctologic Session in New Orleans. A traveling team including Mr. A. Lawrence Abel, F.R.C.S., long time understudy and assistant to W. Ernest Miles, pioneer of abdomino-perineal resections for low bowel cancer, presented an excellent panel discussion. Mr. Abel's "salty" remarks on the British Health service with stories to appropriately illustrate his points were a highlight of the meeting. His simple understandable summary of the problem was to the effect, there would be no problem if the British doctors had enough money to get out of the country.

From there on you take it, Mr. Editor.

Ross D. Wright, M.D.

To the Editor:

I wish to make a few comments on your editorial which appeared in the May issue of our Bulletin.

I have read Dr. George Lull's comments in his letter of April 17th, and I heartily agree with him when he says, "The truth of the matter is that British doctors have been on a demoralizing treadmill for some time, with the result that they have been progressively losing

(Continued on Page 13)

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(Continued from Page 11)

their freedom and status as a learned profession."

Britain's National Health plan was put into effect by a Socialist government in 1948. Now, about twenty thousand doctors are threatening to return to private practice unless they receive higher pay. They want a 24% increase in fees—which was promised when the act went into effect.

A doctor with a maximum list of 3,500 patients has a gross income of \$8,600. Specialists receive a flat salary ranging from \$5,000 to \$8,700 a year.

The patient gets complete medical care and hospitalization, but he pays 14 cents for a prescription and normal sums for false teeth, eye glasses or appliances such as medical girdles.

The family physicians often feel that socialized medicine is killing their interest in medical advances, since they are encouraged to send any unusual cases to specialists. A B.M.A. official has stated that "General practitioners are becoming men who merely dole out pills and tranquilizers."

The cost of this Health program is causing great worry. The bill is steadily going up. By 1950 it was 1.2 billion dollars a year. In the next budget it will be around 2 billion. This is more expensive than anyone expected.

There is a lot of grumbling among doctors about being over-worked, under paid and forced to neglect advances in their profession.

One thing is certain: Socialized medicine is there to stay for it would be tantamount to political suicide for a politician to oppose the bill.

About the necessity of Sir Anthony Eden to seek medical and surgical care in this country. I feel he knows he can't get the care necessary at home. There are many other instances of foreign notables who have sought medical care in this country.

As for whether we have more "hackers" here who produce common bile duct obstruction. I rather resent this term. I feel that American surgeons are the best trained in the world. Our medical schools are better equipped and have better teaching personnel than can be found anywhere else. The standards are constantly rising. If a man does "hack" a common bile duct I think you will find he is not ashamed to report it, perhaps that is why our incidence is higher. I feel it is a tricky operation and this accident can happen to the best of surgeons.

Not all well trained surgeons are capable of performing an unusually difficult surgical procedure. Therefore I feel that all of us should know our limitations.

American medical standards are rapidly be-

coming higher, and the plight of the British M.D.'s should be a good object lesson to us. Let's hope it never happens here.

—S. S. Thordarson, M.D.

### Comments on Dr. Thordarson's Comments

I did not intend to sanction socialized medicine in the May Editorial. Dr. Lull's comments just struck me as being in poor taste, ethically bad, and probably unwarranted.

On the B.M.A. comments on G.P.'s doling out tranquilizers and pills — as we look around us at some of the "large volume practices" and read of the tremendous number of tranquilizers prescribed in the U.S.A., we have to wonder if our situation is *too* different (quality of medicine-wise).

Local doctors are also grumbling about recent Welfare 60% payment insurance forms and stenographic help required to process them; reported inequities in OB-GYN Medicare fees, etc., etc. (although we are much better paid on the whole).

As to socialized medicine being *there* to stay, I think we must admit it is already here in the U.S.A. in milder form but gaining all the time. Witness legislation pending recurrently asking for more and more Federal support to health services. Also, A.H.A. president Dr. Snoke's (and other) comments recently about the predicted five to six per cent annual increase in hospital care and his suggestion as the only solution — Federal aid.

As for it being political suicide for a politician to oppose a socialized medicine bill in Britain, a similar situation is being encountered in the United States. Dudley Dowell, executive vice-president of New York Life Insurance Co., warns that "as long as so many Americans believe the Government can provide them with health insurance by simply raising other people's taxes, the health insurance business is faced with the perennial threat of unsound and unfair competition."

(This, I believe, is the crux of our problems here in the U.S.A.)

I agree that American surgeons are the best-trained in the world, but even so, our tissue committees in the larger cities are finding reason to limit privileges of some physicians who do not realize their limitations. In many of our small towns major surgery of a type beyond the training of the physician is being performed. Whether we resent the term or not, we do have some "hackers" here.

In regard to Anthony Eden's trip, I rather suspect he came here on referral—primarily because local British physicians did not want the responsibility. I feel sure there were many equally competent British surgeons who could have done the job. W. W. Mattson, Jr., M.D.

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*Introducing***Paul Gertsman**

Since October, 1956, Paul has been practicing pediatrics in Puyallup—the town in which he was born and raised.

He obtained a B.S. in Pharmacy at the University of Washington in 1945. His education was interrupted during the period from 1944 to 1946 for service in the navy. After finishing at Washington, Paul went on to Northwestern Medical School, graduating with the class of '52. He then interned and took a year of Pathology at Swedish Hospital in Seattle. Subsequently, he did his Pediatrics residency with the University of Washington program.

Paul lives in Puyallup with his wife, Martha, and two year old son. Martha is the daughter of a faculty Pediatrician whom Paul met while in Chicago.

Hobbies include woodworking, mountain climbing and skiing. Paul has made expeditions to Alaska and one to Europe where he climbed the Matterhorn and Mt. Blanc.

*Introducing***Vincent M. Murphy**

Vince is another Northwesterner having grown up in Seattle where he graduated from Seattle U. in 1949.

He then went on to Creighton University (class of '53) and interned at Providence Hospital in Seattle and took his residency with John Bonica.

Vince served in the Army Signal Corps in the European Theater from 1942 to 1946.

Since October, 1956, Vince has been practicing Anesthesiology at Good Samaritan Hospital in Puyallup. He has a four-acre farm in Milton where he raises flowers.

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# WOMAN'S AUXILIARY

*To The Pierce County Medical Society*

1956-57

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Infantile Paralysis Committee .....	Mrs. T. H. Duerfeldt
Fashion Show .....	Mrs. William Mattson, Jr.
Bridge Tournament .....	Mrs. Merrill J. Wicks
Supper Dance .....	Mrs. Thomas B. Murphy
Community Council .....	Mrs. John F. Steele
City Council .....	Mrs. Wm. Goering



*Seated, left to right: Mrs. Thomas B. Murphy, Mrs. Treacy Duerfeldt.*

*Standing, left to right: Mrs. Wm. Mattson, Jr., Mrs. Haskell Maier.*

### May Meeting

Our annual spring luncheon and installation of officers was held at Lakewood Center May 17th. The tables were placed in a "U" shape and Social Chairman Emma Bonica had arranged lovely spring bouquets on the tables. The food was excellent. Program Chairman Helen Florence introduced Mrs. Clara Goering who demonstrated several floral arrangements, all of which were both beautiful and educational. We appreciate very much Mrs. Goering's taking time out from her busy schedule to take part in our program. And thank you, Emma and Helen, for planning another pleasant afternoon. You have done a wonderful job for us all year and certainly deserve a lot of credit.

Retiring President Florence Duerfeldt gave a concise report on the past year and extended thanks to the many girls who have so capably supported her. Florence has been a wonderful president. I know everyone who worked with her has found her not only efficient but un-

usually pleasant to work with. From all of us, Florence, thank you for your untiring efforts to lead our auxiliary — certainly a job well done.

Florence presented the gavel to our new president, Ruth Murphy.

It's a big job ahead but with Ruth leading, her officers to help, and the rest of us supporting we should have another pleasant and productive year.

A special note of thanks should go to our Historian Kimi Tanbara. The book on the history of our auxiliary which Kimi has compiled is a superb job, one that undoubtedly entailed hours of hard work. It is something very important to our organization, too, so thank you, Kimi!

### Reminder

The Washington State Convention of the State Medical Association will be held September 5th-18th at the Washington Athletic Club in Seattle. All incoming Chairmen should plan to attend the Workshop on September 16th from 10 to 2 to 5 p.m.

### News

As school ends now the trek to beach homes begins. Each year a few more families spurn the routine of "city" life and take to nature. Some of the new beach enthusiasts are the Smealls and Zimmermans. Tom and Betty have beach property on Wollochet. Tom has

*(Continued on Page 19)*



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(Continued from Page 17)

been pulling up trees and bulldozing and Betty has been "sowing" clover — they plan to build their own beach home. The Wayne Zimmermans are at Arletta, about one-half mile from Doug and Nancy Buttorff, and are also building their own beach home. (Anyone interested in a 21-foot Chris Craft? Tom and Betty plan to sell theirs "reasonable" now that they are so busy at the beach. Call PR. 7569.)

Others who make the trek to beaches are the Charles McGills, Chris Reynolds, George Mooseys and John Flynns to Wollocher; Frank Maddisons, Glenn McBrides, Hugh Larkins, Haskel Maiers and Bill Rosenbladts to Rose-dale; Fred Schwinds, S. L. Lights and Phil Backups to Maury Island; J. O. Lasbys to Dash Point; Bob Kallsens to Vashon; Eugene Hansons to "Hanson's Hideour" at Henderson Bay; Les Baskins to Horsehead Bay; Sig Herrmanns to Joe's Bay (where Bob and Evelyn Osborne and boys and the Arnie Herrmanns join them occasionally); and the Ted Haleys to their beach home near Vaughn. Peggy tells me they plan to go mountain-climbing this summer, too!

Florence Rigos tells me that the energetic Rigos family is leading a quiet summer this year, hoping to curtail little Chris' rheumatic fever — he's been in bed since early March and is still a very sick little boy. (He's nine.) For the last three summers they have rented a trailer and had a vacation of fishing and hiking, etc., taking sleeping bags, dehydrated foods, etc. Florence says they will ease off this summer then plan to get back in shape this winter when they all go skiing.

Sailing around Puget Sound in their new boat will be Shirley and "Yoke" Joachim and their three boys. Others, in boats of various sizes and types, will be the Steve Sandersons, Lou Rosenbladts, Gov Teats, Ross Wrights, Walt Sobbas, Jim Vadheims, Arnie Herrmanns and Charlie Larsons. (By the way, Dr. Larson is scheduled to go to Brussels in July to the International meeting of the College of Forensic-Pathology. Wouldn't you love to go along, just to sort of carry the bags, etc.?)

This is a little early to learn of trips planned for the summer, but I was able to learn that Bianca Mattson and her two children left in early May for a two-month trip back East — first a week in New York, then to her home in Philadelphia and then a stay at the beach at Ocean City, New Jersey.

Grace Hauser and her children also plan a month in Philadelphia with a stay at Ocean City, New Jersey. They will be gone in July; Bill hopes to join them for two weeks. (Both Bianca and Grace are originally from Phila-

delphia though they tell me they didn't know each other there.)

Helen Kittredge and children leave as soon as school is out to visit her brother and his family in Phoenix.

Bob and Edna Chambers' new baby was a boy — I believe that makes eight boys and two girls. They are living in Cleveland where Bob is taking a residency in Neuro-Surgery.

When I talked to Grace Hauser to hear about their July trip she told me Bill was busy that day entering his horse (a pitch black Western stock horse called "Tar") in the horse show. This is his first entry we should be hearing more about this.

Shirley Yoachim spent two weeks of May in Canada attending a reunion of her nursing school graduation classmates and visiting relatives there.

Darwin and Janet Marlatt are in Iowa for two or three weeks visiting relatives there. They have their two little girls with them.

Our sincere sympathy to Bob and Evelyn Osborne at the death of Bob's grandmother. Bob and Evie and children went back to Indiana to attend the funeral and to see Bob's family.

#### Nurse Recruitment

The Nurse Recruitment Committee met and have selected their scholarship winners for the year, but this has not cleared with the Nursing Schools yet. We'll report it in the next issue.

—BETH PRATT

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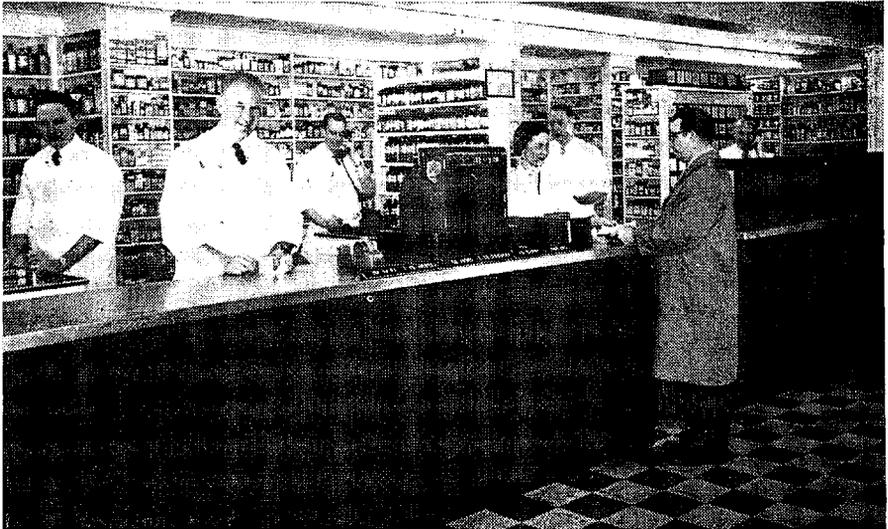
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# HOSPITALS . . .

## Tacoma General

Mr. Corydon Wagner has accepted the presidency of the Board of Trustees of Tacoma General Hospital. Mr. James W. Petersen has been elected Secretary. Vice President, Mr. Harold Baird and Treasurer, Mr. Alex Babbit will continue in these offices which they have previously held.

Miss Ruth Kynoch, Principal of the School of Nursing, spent the second week in May in Chicago at the convention of the National League for Nursing. Jo Ann Kerrick and Virginia Weeks, Student Nurses, also attended this convention. The student organization raised the necessary funds for their expenses. Miss Weeks, Junior Student Nurse, was honored by election to the office of First Vice President of the National Student Nurses' Association.

Miss Helen Haugen, Clinical-Surgical Instructor, has resigned. She will be married on June 30 to Mr. Lloyd White.

Mrs. Anna Mae Bod of the Credit Department was chairman for the May luncheon meeting of the Tacoma Retail Credit Association. Mr. Huber, as speaker for the meeting, talked on "Hospital Credit." The particular problems of Hospital Credit were underlined by his remark that "Hospitals furnish supplies and personnel for a service which the recipient usually does not elect to receive, which he often doesn't understand, which he wants to forget as soon as possible, and at a cost that is unpredictable."

Miss Marliss McCann, Medical Clinical Instructor, has been elected state advisor to the SWANS (State of Washington Association of Nursing Students). Janet Gadbow, Student Nurse, is secretary of this Association.

At the annual AMA meeting in New York, during the first week in June, Dr. Charles P. Larson was chairman of an adhoc committee of the CAP to the AMA.

Dr. M. J. Wicks represented the Tacoma-Pierce County Chapter of the American Red Cross at their annual meeting in Chicago May 19-21.

As part of her official duties as District Governor of Quota Club International, Inc., Lucille Larson spent the first week in June visiting clubs in Juneau, Anchorage, and Fairbanks.

"Pathology and Physiology of Vascular Disease" was the subject of Dr. Charles Reberger's address to the Washington Academy of General Practice which met in Olympia May 23-24.

## Saint Joseph's

How greatly the bright aspect along the corridors affects us and praise is due to Sr. Theodore Joseph and her helpers who thuswise have mirrored within the new look of Spring.

To add to the general satisfaction is the return of Mrs. Armatas, affectionately known to us all as Katheren. Her loyal and cheerful support adds immeasurably to the efficient working of this department which also affects many departments of the hospital.

Last month a refresher course for pharmacists was held at the Health Science Building on the campus of the University of Washington. It was an instructive and enjoyable experience hearing the many professors speak of the completed research work on new drugs. The wonders of such work and the revelation of the worth of such drugs for suffering humanity brings awe and gladness.

Could we but fully realize the delicate balance and the beauty of the mechanism of the human body me thinks there would be less abuse of this, the temple of the living spirit.

May 5-9, Sister Barbara Ann and Sister James Helene attended the 27th Annual Convention of the Western Hospital Association in Los Angeles. This convention was sponsored by 21 separate and distinctive administrative department heads and professions employed in hospitals. There were many sessions and their only regret was that they were unable to attend all they would like. The first session was on Communications with a discussion of "Ease and disease in the hospital system" followed by two other talks giving us the outlook from the standpoint of the manager and also the employee. A very good program on the "National Scene" of hospitals pointed out what is being done in regard to legislation, hospital insurance plans, and the problem of objectives of the American Hospital Association. Also interesting was the "Disaster plan" for hospitals and the accreditation of hospitals. A most stimulating meeting of Catholic Chaplains held jointly with the Sisters brought out many problems arising in the spiritual care of our patients. The special section of Occupational Therapists pointed out, in a panel discussion where the O.T. fits into the therapeutic team and the advantages derived therefrom.

Not to be neglected, is their trip to Disneyland. This would take the whole paper to describe, but needless to say it was a most interesting experience.

(Continued on Page 23)

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(Continued from Page 21)

A lovely gift was presented to Fevronia Orfanou at a farewell party given in her honor. She is now on her way to Greece to visit her sister and two brothers whom she hasn't seen for thirty years. She will be gone for about three months.

Birthday cake and ice cream were served on birthdays of Joe Uderito, Stella Formuzis and Edna deLeon.

Recent graduates from the Practical Nurse course at Tacoma Vocational Technical School spent Tuesday, May 14th in Seattle writing their examinations for licensure.

Monday, May 13 was the day for "Operation Big Switch" for the student practical nurses. On that date students who had spent sixteen weeks at St. Joseph Hospital were transferred to Tacoma General and the students from T.G. began their last twelve weeks of clinical experience here.

The students are looking forward to the week of May 20 with some apprehension. A comprehensive examination will be given to all the students in lieu of their regular classes.

The Medical Record Department is already on its summer schedule with Margie O'Connor now taking one week of her vacation. Rosemarie has decided to stay with us for a little while longer — she is planning a trip back East to visit relatives and her brother Fr. Jack Doherty who is studying at the Catholic U. Thyra Arness, Mrs. Olga Dickey and Ruth Delle are taking their vacations in July.

Our classes for Medical Record Technicians will open in September instead of June as first planned.

Dean Daugherty our cabinet maker who has made the beautiful desks in center halls, medicine rooms and admitting office is also leaving. Dean has decided to complete his schooling at the University where he is majoring in engineering. As soon as his children finish this school term they are moving to Seattle where he can be closer to his classes.

The new terrazzo floors on 2nd and 3rd floor of our halls are beginning to take shape and should be ready in another week. We are sure that the inconvenience and noise of their installation will be more than compensated by the pleasure of having such nice new floors.

Sister Mary Evrard and Sister Martha Joseph are in Chicago this week attending a conference sponsored by the N.L.N.

Miss Dixie Albom, president of the Student Body, has just returned from Chicago where she attended the National Student Nurse Convention. She had many interesting things to relate both about her trip and the convention.

Miss Pinard, (Mrs. Doering) and Miss

Readel (Mrs. Barrett) senior students joined the ranks of the "newly married."

Capping exercises for our Preclinical group will be held on Sunday, May 26. The St. Martin's School will present the musical program of the day beginning with the Mass in the chapel in the morning.

Mother's Day is a memorable day in every life, but for some people in our town it is unique for they became mothers in the true sense of the word.

Proud parents of Mary Bridget are Dr. and Mrs. O'Leary. Dr. and Mrs. Wm. Sullivan claim for theirs, a son, John Stuart.

Mrs. Zelanek, Mrs. Jones and Mrs. Tufte, graduate nurses are loving mothers of a little baby.

Mrs. Donovan has returned from her vacation — an enjoyable bus trip through California. Mrs. Apgar is new on our staff — a graduate of the University of New York.

It's Bon Voyage for "Sailor" Earl Zinni. After nearly two years of employment as the 4 p.m. to 8 p.m. Technician, Earl has resigned and accepted a position on a boat that will be working off the coast of Alaska, it certainly will be a change, but we all wish Earl the best of everything as he takes up his new position.

Mrs. Nish, our switchboard operator, was honored with a party given by the Sisters to celebrate her 37th year at St. Joseph Hospital. Quite a record.

Mrs. Shirley Dunn attended the Ninth Western International Conference of Occupational and Physical Therapists held in Vancouver, B.C., May 11-12. The "programme" included field trips to both the Western and Workmen's Compensation Rehabilitation Centers. Five registered and six students of Occupational Therapy attended from the Tacoma area.

### Pierce County

A farewell party was given by the hospital personnel for Mrs. Ann Rogers, head nurse in the Isolation ward for the past 8 years. She left by plane for Nome, Alaska on May 15 to accept a position in the Maynard McDougal Memorial Hospital in that city. She was presented with a clock radio by her many friends who will miss her greatly.

The sudden death of Mrs. Elsie Smith of the Diet Department on May 3 shocked and saddened her hospital friends. She had been at work the previous day but succumbed to a heart attack on the following morning.

First Lt. Bruce McKibbin, son of Helen McKibbin of the Social Service Department, has just returned from two years with the Army in

(Continued on Page 25)

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Pamine-Phenobarbital, Half-Strength Tablets, containing methscopolamine bromide, 1.25 mg. and phenobarbital, 8 mg. ( $\frac{1}{8}$  gr.) in bottles of 100.

*Usual adult dosage:*

2 tablets  $\frac{1}{2}$ -hour before meals and 2 to 4 at bedtime (or 2 tablets four times daily).

Pamine-Phenobarbital Elixir containing 1.25 mg. methscopolamine bromide, and 8 mg. ( $\frac{1}{8}$  gr.) phenobarbital per 5 cc. teaspoonful. In pint bottles.

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(Continued from Page 23)

Germany. Bruce is planning on entering business in the Northwest.

Alice Miller, head of the dining room service, is being welcomed back after a four months' enforced absence due to a severe fracture of her arm sustained during the icy weather of last winter.

At the business meeting of the Tacoma Society of Medical Technologists on May 13, Mrs. Selma Auer of the Pierce County Hospital Laboratory was elected Secretary of the organization.

Dr. Bowman, intern, has returned from vacationing with his parents, Dr. and Mrs. D. C. Bowman of Naches, Washington. Upon completing his service as intern at Pierce County, Dr. Bowman will join his father's staff at Naches.

Marlene Hagen of the purchasing office became the bride of Darrell Nelson on May 25 at a beautiful wedding in Hope Lutheran Church. The maid of honor was a sister, Alvina Hagen, the bridesmaids, Marlene Bahnick and Donald Lavarnway. Charlene, another sister of the bride was junior bridesmaid. The best man was the groom's brother, Adrian Nelson. A reception followed in the church parlors.

Mrs. Lyndall Mason, R.N., is leaving for Massachusetts to join her husband who has lately returned from overseas duty.

Esther James, Marjorie Schmidt and Estella McKinnis of the nursing staff attended the Washington State Nurses Association Convention held in Seattle.

Mr. Martin Smith of the Maintenance Department reports that his wife who has been hospitalized is recovering nicely and will soon be discharged from the hospital.

Sally Hemminger of the X-ray Department entertained with a miscellaneous shower at her home honoring Jean Kirmse, also of that department. Jean will marry Richard Hanon on June 16.

Mrs. Esther Byers Sipple, who for 13 years has been a valued member of the Kitchen staff leaves on June with Mr. Sipple to make a new home in Curley, Washington, near the Canadian border, where Mr. Sipple has lumber interests.

Hearty congratulations are being showered upon Drs. Donald and Lenore Warden on the arrival of a son, born on May 15—weight 7 lbs. 11 ozs. Dr. Donald Warden is on Indian Hospital service and Dr. Lenore is a much esteemed intern at Pierce County Hospital. The baby joins a sister, Shawn and a brother, Rusty. The grandparents also sharing in congratulations are Mr. and Mrs. Amick Sponster of Los Fresnos, Texas and Mr. and Mrs. T. B. Warden of Austin, Texas.

## Mary Bridge

### CLEFT PALATE CLINIC

The Cleft Palate Clinic in Mary Bridge Children's Hospital has now been active for a period of one year. The response to the Clinic has been highly encouraging in that we have seen many of these otherwise neglected patients in such a manner as to consider their problem from all angles. Such a Clinic is directed at encouraging cooperation among those specialists interested in this quite common problem, common in that one in seven hundred and fifty births produces some type of a cleft deformity of the upper jaw.

Not many years ago the treatment of the cleft palate patient was strictly "freelance" and completely uncoordinated. The individual specialist viewed with mistrust and suspicion representatives of some other disciplines who claimed an interest in the problem. It is largely through cleft palate clinics such as the Mary Bridge Children's Hospital Cleft Palate Clinic that the concept has gradually evolved and gained credence that no one professional field can rehabilitate the cleft palate patient without the aid of others, and to that end we have established our Clinic. The unique quality of a cleft clinic which is well coordinated combines, as it were, the best thinking of surgeons, pedodontists, pediatricians, orthodontists, prosthodontists, speech pathologists, psychologists, and so on, in the care of the oral and esthetic cripple that we see in these cleft problems. Through the integration of ideas and the correlation of facts gleaned from these various points of view comes the progress that is being made in the care of the cleft palate patient at this time. Misunderstanding and hostility in the various interested professions is thereby disappearing, and naturally the patient is the one to gain more than actually do the professions. Such a Clinic should conduct itself in such a manner that it is primarily diagnostic in character, in that these patients, if possible, should receive their therapy in the hands of their own referring physician if there is one, and provided that he is interested and able to care for the problem involved with the recommendations of the cleft palate "team."

To date we have been most happy for the manner in which the Clinic has been accepted and utilized. We anticipate that in the future it will continue to be functioning in a manner acceptable to the community and will thereby enhance the care of this relatively common congenital problem.

—E. E. BANFIELD, M.D.

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**THE "OF THE MONTH CLUBS"** are good examples of the higher level techniques, offering a big prize if you will sign up for only six items the first year. *Fruit of the Month*, *Cornish Hen of the Month*, *South Senegal Gift of the Month*, *Record of the Month*, not to mention the thousand *Book of the Month* clubs, are flourishing because the doctor too often makes the mistake of opening all his mail. Once you read it, how can you turn down a free fifty-pound edition of Krankschaft's *Encyclopedia of Motorcycle Parts*, or two dozen fresh kumquats?

**INSURANCE PLANS COME** in by the bagful; there must be at least ten thousand ways of getting health insurance, from membership in the *Society for the Study of Glutathione* to the *Alumni Association of Elmira College*. An average physician might be on the university professors' list, every alumni associa-

tion from nursery school to college fraternity, veteran, lodge, hobby, and service club lists, in addition to his valuable medical societies. This brings in the insurance plans which will pay you a goodly income if you lose a leg and a clavicle while going down a roller coaster on a pogo stick.

**YOU ARE ALSO INVITED** to buy by mail genuine imitation drugs, furniture, clothing, contraceptives, instruments, surgical or musical, jewelry, gadgets, pets, including hamsters, chinchillas, and mink, and leis from Hawaii. The vague photographs, the enticing descriptions and the bargain prices do not deny you the privilege of looking up the same thing in the yellow pages of the local phone book where, three will get you ten, you can do just as well if not better — and have a comeback if you don't like it.

**SOME OF THESE THINGS**, of course, are legitimate and useful. But the mail must be carefully winnowed. You can't send a check to every *Society for the Eradication of Fungi from Budgies*, etc., and have enough to give generously to the United Crusade. You can't buy gimcrack gadgets unless you have a big hall closet. You can't have ten different health insurance plans and make sense. But you can have a larger wastebasket.

—from San Francisco Medical Society Bulletin

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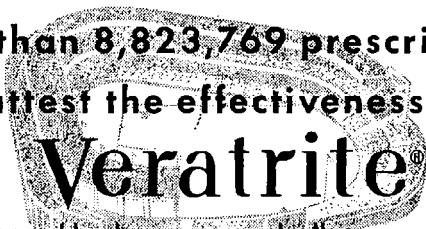
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FIELD DAY—JULY 12

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COCKTAILS . . . DINNER

PRIZES GALORE!

### *AMA Plans Outstanding Medical Meeting in June*

Physicians attending the AMA's 106th Annual Meeting in New York City June 3-7 will find a star-studded revue of exhibits, scientific lectures, medical films and color television programs lined up for their pleasure and enlightenment. Approximately 18,000 physicians from all over the country are expected to participate in this world-famous "short course" in post-graduate medical education. Focal point of the scientific program will be the Coliseum—New York's new exhibition hall—with four floors devoted to technical and meetings and the color television program.

A number of section meetings plus the scientific film program will be held in hotels near the exhibit hall. Headquarters for the House of Delegates will be the Waldorf Astoria.

An outstanding scientific lecture program is being arranged by the Council on Scientific Assembly. Kicking off the general scientific program on Monday morning, June 3, will be a review of recent progress in surgery while the afternoon session will deal with recent advances in medicine. Tuesday morning's general meeting will feature a discussion on the use and abuse of mood altering drugs in daily practice.

Formal section meetings will run from Tuesday afternoon through Friday morning. Many of the sections will combine to present special symposiums and panel discussions. The Section on Miscellaneous Topics is arranging sessions on allergy, legal medicine with a mock trial involving the testing of drinking drivers, and methods of improving communication in medicine. A number of exhibit-symposiums and

(Continued on Page 31)

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(Continued from Page 29)

question-and-answer conferences also will be held. Special exhibits on fractures, diabetes, prenatal mortality, pulmonary function testing, fresh tissue pathology, arthritis, and nutrition also will be presented.

The color television program presenting scientific exhibits, many of the scientific live surgical procedures from Roosevelt Hospital will again be sponsored in cooperation with Smith, Kline & French Laboratories.

A foreign air is being added to the regular medical film program for the first time. More than 20 foreign countries are sending special films dealing with many aspects of medical science to the "international medical film program." Both the international and regular film programs will be held at Barbizon Plaza Hotel.

Registration officially opens at the Coliseum Monday at 8:30 a.m. and closes Friday noon. Advance registrations will be accepted Sunday from 12 noon to 4:00 p.m. The exhibit hall will be open to "doctors only" on Tuesday and Wednesday mornings to give physicians an opportunity to circulate more freely among the technical and scientific exhibits. The new Coliseum has many facilities, including air conditioning, escalators, elevators, a cafeteria, and snack bars.

### Number of General Hospital Shows Increase

The number of general hospital beds in the United States increased by 200 per cent from 1909 to 1955, and now there are 4.2 beds for every 1,000 persons in the nation, Health Information Foundation reported recently. In 1909 the ratio was 2.5 beds per 1,000 persons.

In the December issue of its monthly statistical bulletin, *Progress in Health Services*, the Foundation points out that "general hospital facilities are coming ever closer to the 4.5 per 1,000 ratio traditionally considered a standard measure of need."

In 1940, according to the bulletin, 19 states were below the national average of 3.5 beds per 1,000 population, and 39 states were under the accepted standard of 4.5. Last year, 21 states were below the national average of 4.2 and 29 under the 4.5 ratio.

"What would seem to be of greater significance, however is that in 1940, 14 states had less than 3 general hospital beds per 1,000 population (3 states had less than 2 beds per 1,000), but by 1955, none of the states had less than 3 beds per 1,000 population," the bulletin says.

The Mountain States, with an average of 4.9 beds for every 1,000 persons, rank above both

the nationwide and standard ratios, the bulletin reports, and "stand in striking contrast" to the East South Central States where the ratio is only 3.2. Utah and Mississippi have the fewest hospital beds — 3.1 per 1,000 population.

Differences in bed-population ratios, the Foundation reports, are related to degree of urbanization, per capita income and community development. By counties, for example, the number of beds in general hospitals and nursing homes tends to increase in accordance with per capita income.

In an editorial comment in the December bulletin, George Bugbee, HIF president, says the increase in beds and in bed-population ratios "does not mean that bed distribution problems are virtually solved."

"There are still many American communities with too few hospital beds and some without hospital facilities," Mr. Bugbee said. "Moreover, even communities matching the national bed-population ratio of 4.2 beds per 1,000 are not exempt from the continual self-evaluation of bed needs.

"If anything, this difficult self-evaluation is becoming increasingly complex. With a growing population; a larger group of people in the upper age grades who require more days of hospital care per year; an increased use of hospitals by physicians in providing modern medical care to persons of all ages and a concomitant decrease in the duration of many acute illnesses, to mention only a few factors, there is cause for thoughtful planning ahead in all of our hospitals."

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## MONTHLY MEETINGS

### STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

### STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

### TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

### SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

### STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

### PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the Month—8:15 p.m.

### STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

### STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept. and Dec.—7:15 a.m.  
at Scotty's Cafe

*The* **BULLETIN** *of the*  
**PIERCE COUNTY MEDICAL SOCIETY**

VOL. XXVIII—No. 11

TACOMA, WASH.

JULY - 1957



Pierce County Medical Society  
**DOES NOT MEET**  
During the months of  
June, July and August

# Pierce County Medical Society

1957

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## Happy Birthday July

- 2 PHILLIP BACKUP
- 8 JAMES LAMBING
- 10 CLARIS ALLISON
- HOMER CLAY
- JOHN KANDA
- 11 WALLACE HOYT
- 12 ROBERT FLORENCE
- 13 MICHAEL IRVIN
- FRANK MADDISON
- 21 GEORGE KITTREDGE
- 23 CHARLES DENZLER
- CHARLES MCCOY
- 24 JOHN SHEPPARD
- 25 CHRIS REYNOLDS
- 26 ARCHIBALD HEATON
- 27 FREDERICK SCHWIND
- 28 WILLIAM GOERING
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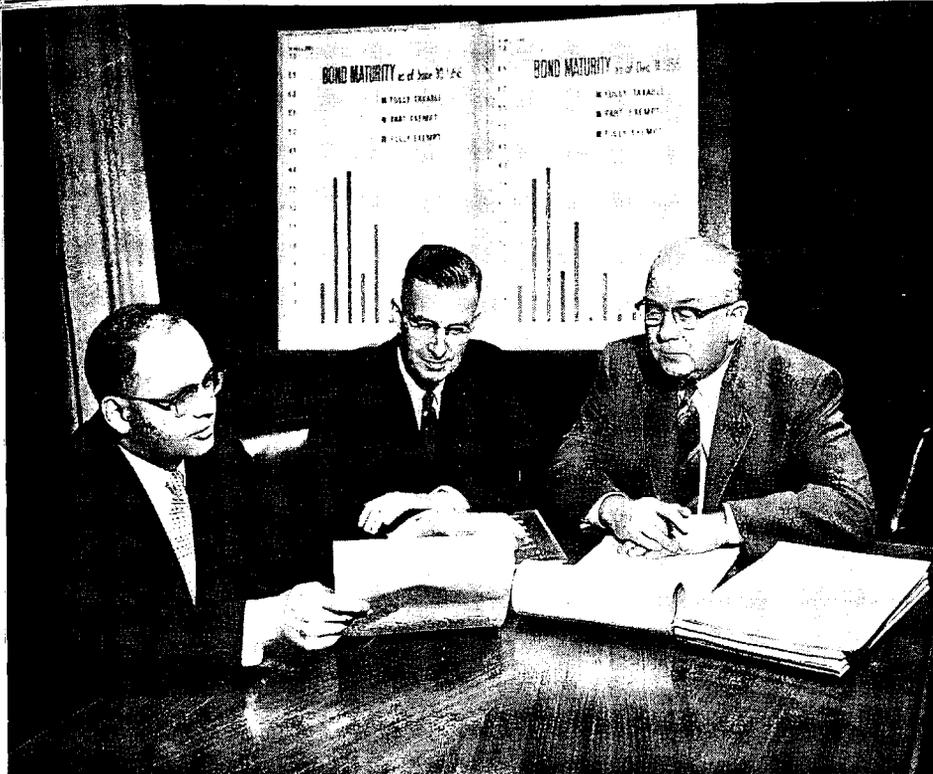
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## NOTICE

Check back page of Bulletin for calendar of special meetings

Editor ..... William Mattson, Jr.  
 Business Manager ..... Judy Gordon  
 Auxiliary News Editor ..... Mrs. Howard Pratt



Three members of our Trust Investment Committee: Mr. William Philip, Assistant Cashier, Mr. James G. Fowler, Executive Vice President, and Mr. J. M. Gilbertson, Vice President and Trust Officer

## Up-to-Date Estate Management

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*week*. See an attorney. He will give your family the protection of a properly drawn and legally sound Will. Consult him about the many advantages in naming a bank as your executor. Individuals as executors often do not have the experience, knowledge and judgment of a bank's Trust Department which goes on continuously in trained management of your estate. Put your estate in capable hands for long-time security and good management. Our Trust Department is a friendly, reliable place to know.

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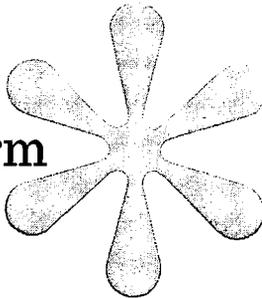
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ET CETERA

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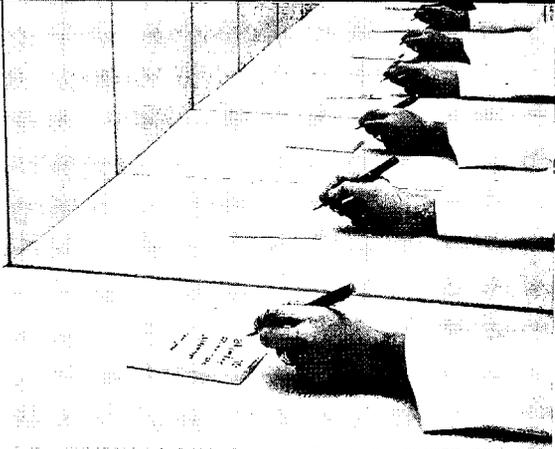
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# Guest Editorial . . .

## M.S.P.P.

### (Modern Society Packed with Poison)

A recent publication caused an alarming reaction in all who read the article. The unbelievable statement that some 15 thousand new poisons are coming before the public each year has caused great concern, especially to physicians who must combat this menace.

This article also stated that some of the available poisons are so toxic that contact with even unbroken skin of a child or adult may cause serious—even fatal results. It is a well-known fact that over 1500 children die each year from accidental ingestion of non-edible products. Most are needless deaths and are due not only to carelessness, but downright negligence.

Certainly to a busy doctor, a frantic call from a parent whose child has just ingested a possible poison is a perplexing problem. To many, sufficient, handy information of the product is not available. Also, considerable time is required to seek this information. The process of calling a distant Poison Control Center can be most time-consuming, and yet, we cannot expect an overwrought parent to make his own long distance inquiries and arrive at a rational decision.

As of October, 1956, there were approximately 30 Poison Control Centers in the U.S.; many more are being formed. The Pierce County Medical Society needs a "nudge" to form a Poison Control Center locally for the benefit of its members and the community.

—B. A. BADER, M.D.

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## Brief Report on Pacific Northwest Trudeau Society Meeting

I must apologize for the poor attempt to report this meeting. Your Editor phoned me just yesterday, two days before going to press, and I am without notes or anything but my memory and that really lets me way down.

I didn't get to Bellingham for the two day meeting of the Washington Tuberculosis Association so I do not know just what was discussed about the Sanatorium situation, but I did listen to a very scholarly address at the dinner meeting Friday evening by Dr. Sydney Jacobs of New Orleans, La., on the subject "It's Time For a Change." He stressed the fact that we are becoming too satisfied with our results of treatment of TB cases, and that we are closing Sanatoria all over the country, in spite of the fact that more new cases are being found today than ever before and especially is this true in the South.

On Saturday morning Joan Jackson, a psychologist, gave us many new ideas about "Alcoholism and Tuberculosis," which the average person never thinks about. It is a real public health problem.

"Surgical Treatment of Giant Cavity Tuberculosis" was well treated by Dr. John Bell. He had many X-rays to show Monaldi catheters in place and in many cases these were the only treatment necessary. In some cases, however, segmental resection was also needed or even a lobectomy.

Professor Boyden, now at the U. of W., gave "Recent Research in the Anatomy of the Lung." He has worked many years on certain models that were presented by slides showing every stage of development of lungs in the Foetus and then the different stages from the larger bronchi to acini by cut sections from a big block.

Dr. Elliot Harrison of Vancouver presented a wonderful paper on "Surgery and Pathology of Hydatid Disease of the Lung," showing many slides of X-rays and telling how it passes through such animals as moose, deer and sheep and how dogs get it by eating the entrails of these animals, then it passes on to humans. The Indians are now trained to burn this material when cleaning game. These cysts must be removed very carefully by the surgeon, because if they break and the contents get in the chest, the patient will run a very high temperature for days and it may be fatal.

I enjoyed the coffee break and had a chance to sit down at lunch time with two Vancouver doctors and Cedric Northrup. Cedric's name plate bore the name Cedric Northrup, Wash. State Hell Dept., which we all thought was very

appropriate, and he said he knew Tacoma must think so.

Of course I told him what he already knew, that most everyone in Pierce County thought it was very foolish to close such a beautiful institution as Mountain View Sanatorium and move our patients to an old fire trap like Firlands. They realize there is a fire hazard because they have a fire department with seven or eight firemen on the staff. Well I am getting off the subject so back to it again.

Drs. Michel, Lawrence and Koler of the University presented a very unusual paper on "Catheterization of the Right and Left Heart." They showed many X-ray slides showing catheters in place and also a colored movie showing the "ice pick" as some people call the long needle which goes into the left auricle, and one method is shown where it is injected into the left ventricle. A very small catheter is introduced through the long needle and a record of pressure and blood is taken.

Graphs made from these catheters are very valuable in making diagnosis and determining feasibility of future surgery.

Dr. Jacobs gave a very interesting paper accompanied by many X-rays on "Unusual Types of Pneumonia."

Dr. Vorwald treated the subject "Industrial Diseases of the Lung" in a very unusual manner. He had dozens of well-prepared slides dealing with many different materials, metals, etc., that may be inhaled; then dealt with the physiology, anatomy and finally pathology of the lungs affected.

I had to depart before the meeting was over so I will leave you there.

—JOHN F. STEELE, M.D.

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# WOMAN'S AUXILIARY

To The Pierce County Medical Society

1956-57

Rehabilitation Center

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Rehabilitation Center Committee	Mrs. Walter C. Cameron
Arts for Youth	Mrs. James Ward
Infantile Paralysis Committee	Mrs. T. H. Duerfeldt
Fashion Show	Mrs. William Mattson, Jr.
Bridge Tournament	Mrs. Merrill J. Wicks
Supper Dance	Mrs. Thomas B. Murphy
Community Council	Mrs. John F. Steele
City Council	Mrs. Wm. Goering

### New Board Meets

The first meeting of the new officers and board was held at President Ruth Murphy's home on Monday, June 24th. Plans were formulated for the coming year—we're off to a good start! New board and committee members will be listed in the August Bulletin when Mavis Kallsen takes over.

### Bridge Tournament

Winners of our Bridge Tournament were—1st place, Horace Anderson; 2nd place, Marshall Whitacre. Congratulations!

### Nurses Scholarships

Six applications for scholarships were received. Selected were Pat Rooney, Fife High graduate, who will attend Tacoma General Hospital School of Nursing; and Marcella Blanchette, St. Leo's graduate, who will attend St. Joseph's Hospital School of Nursing.

Both girls have expressed their gratitude to the Auxiliary.

At the recommendation of Edna Backup, Chairman of Standing Committee on Rehabilitation, our board voted to donate an additional \$100 to the Puget Sound Rehab Center to be used to help pay the salary of a part-time speech therapist. To date the speech therapist has been on a voluntary basis only and there is great need for a regular speech therapist, at least on a part-time basis. Types of speech or aphasia problems are cerebral palsy patients, stroke patients, patients with hearing difficulties, stuttering, and ordinary articulation problems carried over from childhood.

### News

Did you know that our Gay Nineties Quartette and accompanist (Gladys Hanson, Hazel Whitacre, Evelyn Osborne, Muriel Nelson, and Sandy Rosenblatt) have turned over their "earnings" to our Nurses Scholarship fund? Thank you very much!

Over Memorial Day weekend the Pratts and the Banfields flew to California. They spent the first night in Santa Barbara, California, where they visited with Val and Maxine Schwind. The Schwinds looked healthy and happy and seemed to be in love with their new hometown. They have a beautiful new home with a gorgeous yard centered with a swimming pool. Val's office is exceptionally handsome. The decor is beautiful, featuring large indoor and outdoor waiting rooms, and is across the street from the famous Cottage Hospital. They said to tell all their Tacoma friends "Hello" — so "Hello from Val and Maxine Schwind."

### President's Report

The Woman's Auxiliary to the Pierce County Medical Society has 207 regular paid members, 5 associate members and one honorary member whose membership is paid by the local Auxiliary, making a total of 213 members. Contributions for the year were approximately \$1150.00 including American Medical Education Foundation, Nurse Recruitment, Student Nurse Swim tickets and YWCA group memberships, Rehabilitation Center, Public Relations Display windows and posters, Today's Health gift subscriptions, Mental Health materials, State Auxiliary Mid-year Board Conference. It is estimated that about 75 of our members are actively engaged during the year in some form of volunteer work related to community health.

(Continued on Page 13)

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(Continued from Page 11)

This year's activities in the Auxiliary program included a Fashion Show and Bridge Tournament which were the money raising projects for the year. A Workshop on Nursing Careers marked the high spot of the Nurse Recruitment Committee Activities with the Nursing Alumnae Associations of the two Hospitals assisting the Auxiliary with the Future Nurses Club program. Two Nursing Scholarships of \$200.00 each were given by the Auxiliary. National Health Week observation was coordinated with the Tacoma and Pierce County Health Council using display windows, newspaper articles, and posters to stimulate public interest in community health and available local resources. Mental Health "Milestones to Marriage" were placed in all but one of the High Schools in Pierce County, 120 copies were used with one bound copy for each school having the Auxiliary name imprinted as the Sponsor. The Pierce County Medical Speaker's Bureau is operated by the Auxiliary in conjunction with the Public Relations Committee of the Medical Society. Physician speakers for all community groups are channeled through the chairman of the Auxiliary Speakers Bureau. Special commendation was given to this activity of the Auxiliary by Physician's News Service of New York in the

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National newspaper, 'Scope Week!

The Children's Christmas Party was attended by physicians' children bringing sealed envelopes of money gifts to help purchase recreational equipment for the Children's Wards of Western State Hospital. Talented children performed and all played games and sang Christmas songs.

About 25 Auxiliary members helped at the new Puget Sound Rehabilitation Center with Display windows, procuring, altering and hanging drapes and with the two Open Houses which introduced the center. The Auxiliary has members on the Board of Trustees, one of which is "coordinator of finance. A standing committee" was organized from the Auxiliary. Eight physicians serve on the Medical Advisory Committee. The April Auxiliary program was devoted to a 9 member panel who spoke on many phases of rehabilitation including mental illness. The Auxiliary donated \$150.00 to the Center.

Military physicians' wives were responsive to invitations to all Auxiliary meetings and events. Wives of residents and internes of the two main hospitals were guests of the Auxiliary at the Fashion Show Luncheon.

Fifty medical wives helped with the TB X-ray Chest survey. The Pierce County Medical Bulletin devoted 28 full pages and 12 pictures to Auxiliary matters during the year. A large committee helped with and attended sessions of the State Auxiliary mid-year Board Conference. Auxiliary members act as unofficial representatives of the group on Boards of 15 community health agencies. Excellent cooperation was given by the daily, The Tacoma News Tribune.

—MRS. T. H. DUERFELDT, President.

### Local Doctors Return To Fold

A number of local doctors are returning to the fold this summer, having completed their stints in various fields.

Back from the Service are: Bob Gibson, surgery, who occupies his former quarters in the Tacoma Medical Center; Henry Maki, radiology, who is located at No. 15½, Tacoma Medical Center, and Jack Mandeville, ophthalmology, also in his previous location in the Medical Center.

Leo Annett, surgery, has opened his office at the Medical Center, Bldg. 7, having completed his residency at Virginia Mason Hospital. And back from residency at Missouri Pacific Hospital in St. Louis is W. Roland Olson, surgery, who will locate at 10011 Gravelly Lake Drive S.W.

New to Tacoma is Dr. Bernard Rowen, internist, who has taken over Hugh Kohler's practice.

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## Postgraduate Course in Electrocardiography

Paul Bondo, Tom West, Tom Clerk of Sumner and I had the pleasure of attending a recent postgraduate course in Electrocardiography at the University of Oregon Medical School in Portland. The course has been put on for the last several years and offered to all physicians who wish to attend. The course is put on by the Division of Cardiology of the Department of Medicine headed by Homer P. Rush, M.D. of Portland. The course this year was highlighted by guest lecturer Gordon Myers who is Professor of Medicine at Wayne University Medical School, Detroit. Other noteworthy lecturers from Portland were Herbert E. Griswold, Jr., Isidor C. Brill, Leonard W. Ritzmann, Franklin P. Underwood, Marvin Schwartz, Leonard B. Rose.

The EKG Course is an extremely concentrated one with lecture and practice sessions eight hours a day for five days. It is interesting to note that about 90 physicians were in attendance, many coming from British Columbia, a goodly number from Washington and Oregon and a few from Idaho and California. The attendance over previous sessions has increased about thirty per cent.

Several important points which are well known to all physicians were brought out and emphasized, in particular, the facts and limitations of the Electrocardiogram. It is true that the Electrocardiogram usually gives the last word in the diagnosis of arrhythmias and it is usually very valuable in the diagnosis of coronary insufficiency, left ventricular hypertrophy, acute or chronic right heart strain, pericarditis, acute rheumatic carditis and myocardial abnormalities from numerous other conditions. It is often very helpful in detecting overdosage with digitalis or quinidine and occasionally in detecting potassium with calcium imbalance. Tentative diagnosis of congenital lesions amenable to surgery (especially tetralogy of Fallot and patent ductus arteriosus) is usually helped considerably. No heart study is complete without an electrocardiogram.

Electrocardiography has many limitations. It is not uncommon to find important heart disease in patients with normal electrocardiograms. Occasionally abnormal electrocardiograms are found without heart disease. The range of heart disease can rarely be made from the electrocardiogram alone. Its proper use is an adjunct in the diagnosis, treatment and prognosis of heart disease.

Doctor Rose of Portland gave a very comprehensive discussion of electrophysiology which deals with the electrical activity of the

## THE LIBRARY WILL BE CLOSED JULY 29 THROUGH AUGUST 3

myocardium at a cellular level. In order to clarify these concepts a few fundamental principles concerning electricity may be reviewed. Electromotive force, potential and voltage are more or less synonymous terms which refer to the difference in pressure between two sources of electrical energy which when conducted by a conductor would result in a flow of electric current. The simplest example of this is a battery made up of two electrodes, one of carbon and the other of zinc immersed in a chemical solution. By convention the behavior of the carbon electrode has been called electropositivity and the zinc electrode, electronegativity. When the electrodes are connected by a conductor of electricity such as copper wire, a current will flow between these two points of potential difference. Also by convention the positive electrode is considered to be at a higher potential and the flow is from this source although it is now known that the current is due to a movement of electrons which are electronegative particles of matter.

The entire study and needs of electrocardiography was then based on the known changes which occur in cells through electrical activity. The entire interpretation of the electrocardiogram should be through an understanding of the electrical activity of the cardiac muscle rather than through a memorization of the pattern changes alone. This point was brought out repeatedly in order that we might utilize an understanding of tracings to better advantage. The electrocardiographic leads which have been recommended are of course, the leads I II III, avl avr avf, and a minimum of six chest leads which have been fairly well standardized. Some of the lecturers felt that leads I II and III were only of historical significance and probably are of little value in present day electrocardiography, however that the leads should be taken because of many years of routine practice. They also pointed out that the older methods of taking only leads I II and III are insufficient in providing adequate knowledge of cardiac function. Doctor Myers pointed out repeatedly that in many cases of difficult nature that high chest leads and sometimes low chest leads as well as back leads and esophageal leads were necessary for positive location of myocardial damage.

—J. HUGH KALKUS, M.D.

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# HOSPITALS . . .

## Pierce County

To say goodbye and wish her luck in her new position as head pharmacist of Tacoma General Hospital a party on June 17 was given for Midona Okano, who has been the pharmacist of Pierce County Hospital for the past four years. The coffee table in the main dining room was beautifully decorated and centered with a large cake. A gift certificate was presented to the guest of honor. Her position will be filled by Michehiko Handa, a graduate in Pharmacy of the University of Washington.

Another July is approaching when the group of the past year's interns must leave for new assignments. Dr. Howard Bowman will enter private practice in Nachez, Washington, as will Dr. Dan Stipe in Lewiston, Idaho. Dr. Paul Gustafson and Dr. John Sage enter the army at Fort Sam Houston, San Antonio. Dr. William Waddell and Dr. Philip Marsh join the Air Force Medical Corps as will Dr. Jack Paap, who goes to the Air Force Base at Williams, Arizona. Dr. Forrest Harris leaves for his home in Galveston, Texas and Dr. Larry Bosley will practice with Dr. Arnold in Tacoma before joining the service. Dr. Leonore Warden and Dr. Eugene Johnson will remain as residents at Pierce County Hospital along with the present resident, Dr. Carl Granquist. Another of this year's residents, Dr. Jaime Peneyra, whose home is in Baguio, P. I., will return there to enter private practice with his mother, Dr. Remigio Peneyra, a pediatrician. Later they will be joined by Dr. Jaime's wife, Dr. Lilia Peneyra, who at the present time is in the obstetrical department of Swedish Hospital in Seattle.

From the housekeeping department of the hospital comes word of the annual hospital manager-housekeeper dinner that will be held at the Benjamin Franklin Hotel, Seattle, on June 14. Lillian Wilson, Superintendent of Nurses, and Mr. Charles Patterson, Purchasing Agent, will attend as guests of Nelle Satter, Housekeeper of Pierce County Hospital.

That department also extends its sympathy to Anna Bradley, one of its members, over the recent loss of her mother and to Pete Peterson over the death of his sister, and to the family of Mary Randolph, who passed away on May 31.

Virginia Luckey of the practical nursing staff, a recent graduate of the College of Puget Sound has left for a summer position as surgical technician at the University of Iowa Hos-

pital. She will enter medical school of Howard University in the fall.

Mrs. Emma Delin, assistant in the physical therapy department leaves after 5 years of service to give her full time to her family and home. Mrs. Delin with her young son, Douglas, and daughters, Marilyn and Kathleen, will leave July 10 to visit relatives in Chicago and Akron. Son Richard will resume his studies in the fall at the Central Washington School of Bible and in the meantime, has taken a job at Boeings. He will attend to the home fires with his father, Chester Delin, who is being congratulated on his recent appointment as District Safety Engineer for the Milwaukee Railroad. Mrs. Harriet Brussard, a former employee of the hospital, will fill the position in the Physical Therapy department left vacant by Mrs. Delin's resignation.

Mary Clark of the Record Room and husband, Tom, are on vacation in San Francisco and Los Angeles. En route they enjoyed the Rose Festival in Portland, Oregon.

Carlotte Fillis is a new member of the Record Room clerical staff and Doris Conaster has joined the Social Service Secretarial group.

A baby girl, eight pounds, was born to Mr. and Mrs. James Locke, (Elizabeth Locke, surgical nurse) on June 11.

Friends regret that Mrs. Mary Patrick, 3rd floor diet attendant, is retiring from hospital service at Pierce County Hospital.

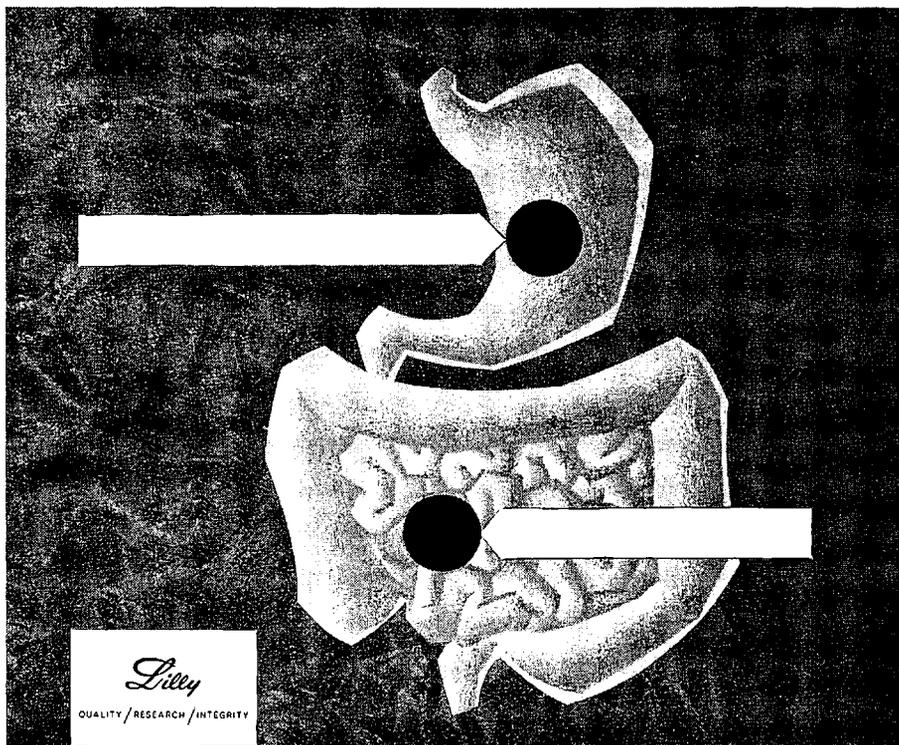
A wedding of interest and beauty was that of Joan Darlene Kirmse, X-ray department, to Richard Dale Hanon in the Little Church on the Prairie, Lakewood, June 16 at 4:30 p.m. The lovely bride wore a gown of Chantilly lace with French silk illusion trim. The maid of honor, Linda Kirmse and bridesmaids, Sally Hemminger and Mary Ann Rolfson, wore bouffant pink gowns and picture hats, carrying out the pink motif that prevailed. Mr. Edwin Haines served as best man and Joe Devish and Willard Kirmse ushered. A reception for a large number of guests followed in the church parlors.

## Tacoma General

Felicitations were extended and gifts presented to Dr. and Mrs. Leonard G. Morley at a reception to which all members of the Hospital Staff were invited. We all wish this popular couple many happy years of married life.

Miss Edith Johnson of the School of Nurs-

(Continued on Page 19)



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1. Sun, D. C. H., and Shay, H.: A.M.A. Arch. Int. Med., 97:442, 1956.

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(Continued from Page 17)

ing Faculty has resigned to spend the next year working for her Master's degree.

Dr. Clyde Hurst has completed his two year residency in Pathologic Anatomy, and on July 1 will begin a residency in Clinical Pathology at the Henry Ford Hospital in Detroit, Mich.

Dr. C. R. Reberger and his family are vacationing in San Francisco.

Only July 8, Dr. Charles P. Larson will leave for Brussels, Belgium, to attend the International Congress of Forensic Pathology.

Miss Viola Frost, Registered Records Librarian, is spending two days a week in the Records Room in an advisory capacity.

Miss Lucille Larson was a participant on a panel at the annual convention in Chicago of the American Society of Medical Technologists. The panel was a "Supervisors' Conference Clinic," and Miss Larson's particular topics were "Working Hours, Salaries, and Evaluation of Personnel."

Stanley Sams from CPS and Suzanne Grabbs from PLC have been accepted as students in the School of Medical Technology. Nancy Wisinger has completed her one year's training in Histologic Technic. She will attend the University of Washington in the Fall after spending her vacation in the Los Angeles area.

Two college students who spend their vacations working in Central Supply have returned for the second summer. They are Carol Schnuringer, who attends Seattle University, and Jane Fairbourn, who studies at Pembroke College in Rhode Island.

Interns who will report for one year's duty on July 1 are: Dr. David Goodson, who comes from Charing Cross Hospital in England; Dr. Robert Klein from the State University of Leiden, Holland; Dr. Amelia B. Mejia, from the University of Santo Tomas, Manila, Philippines; and from the University of Kansas, Dr. William Spomer and Dr. Charles L. Schroff.

### Saint Joseph's

This summer two Maryknollers, Mr. Thomas Peyton of Los Angeles, and Mr. John Lange of Dubuque, Iowa will spend four weeks here being initiated in the field of medicine.

We are most happy to have them and hope they learn many things from their medical experience here.

I am sure the sisters, doctors, and nurses will be most helpful to them in every way.

Next June they will be ordained priests and may be sent to Africa, India, Japan or South America where they will bring spiritual and corporal help to those who do not know Christ.

Interns coming for this year are: Dr. Henry Slominski from Creighton U., Dr. Castellero and Dr. Cuevas from the University of Mexico. Dr. Zimprich will be here from Austria. Dr. Norman Hovan from Alberta, Canada is taking a residency in Pathology.

The Interns leaving are Dr. Silver who will be going back to Saskatoon, Saskatchewan, for a second year of internship. Dr. Liewer will be moving to Lakewood and setting up practice in the office of Dr. Oorkin. Also going to Lakewood is Dr. Batey who plans to set up general practice in association with Dr. Ehrlich. Dr. McKittrick will be spending several months with the Lakewood Clinic before going into the service. Dr. Rohrsen is returning to the Veterans Hospital in Iowa City, Iowa to start a residency in surgery. Dr. Rohner will be going back to the University of Iowa for a residency in Radiology.

Sister Barbara Ann has received an appointment from Governor Rosellini to the Washington State Board for Professional Nurses Registration.

Sister Emmanuel is at Gonzaga University taking some advanced work in Medical Record Librarian work.

Reports from Rose Marie Doherty and Kathleen Flood visiting Philadelphia indicate they are having a wonderful time. Rose Marie has been doing some sight seeing in Atlantic City, New York City and Washington, D.C.

Mary Anna Lawless and Ann McMenamin are working in the Medical Record Department for the summer. Gracie Doherty, Kathleen Lawless and Marie Butler are working full time during the summer months in the old Record Room.

Dr. and Mrs. William Silver are the proud parents of a baby daughter born June 15, 1957.

### Congratulations . . .

Congratulations to John Bonica — one of our Pierce County doctors is contributing to medical literature. As many of you may have noticed, John's last article, "Management of Myofascial Pain Syndromes in General Practice," appeared in the June 15, J.A.M.A.

—W. W. M., Jr.

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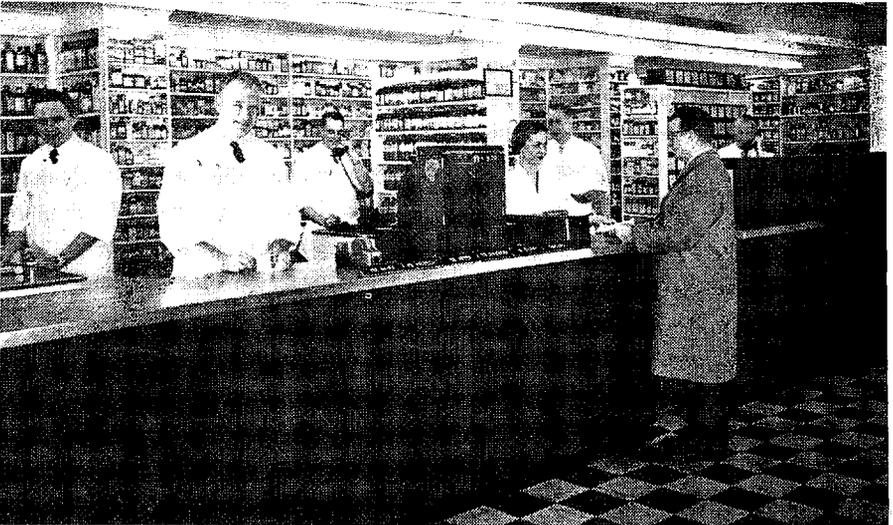
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## W.S.M.A. Convention Will Feature Eminent Speakers

Eminent guest speakers will be featured in the scientific program of the Washington State Medical Association Convention in Seattle, September 15-18, announces James H. Berge, Association president and convention chairman.

The Scientific Program Committee, headed by John R. Hogness, has arranged for half-day symposiums, each of which will be keynoted by a visiting lecturer. The symposiums also will feature local speakers and panel discussions.

Aram Glorig, Jr., Los Angeles, director of research on noise in industry for the American Academy of Ophthalmology and Otolaryngology, will be main speaker in a symposium on "Noise in Industry," and will discuss "The Doctor and the Industrial Noise Problem." The symposium is scheduled for 9 to 10:45 a.m., Tuesday, September 17.

Principal speaker in a symposium on "Office Management of Joint Diseases," which will be held from 2:00 to 5:00 p.m. on Tuesday, September 17, will be Charles Ragan, New York, associate professor of clinical medicine, Columbia University College of Physicians and Surgeons. His subject will be "The Management of Three Common Joint Diseases—Rheumatoid Arthritis, Osteoarthritis and Gout." A second guest speaker for this symposium is yet to be chosen.

A symposium on "Prenatal Problems," scheduled from 9:00 a.m. to noon on Wednesday, September 18, will feature two guest speakers. D. Frank O. Kaltreider, Jr., Baltimore, professor of obstetrics and gynecology at the University of Maryland, will keynote the symposium with a paper on "The Early Recognition and Management of Difficult Labor." Ralph C. Benson, Portland, head of the Department of Obstetrics and Gynecology at University of Oregon Medical School, will speak on "Bleeding in the First Trimester of Pregnancy."

Michael L. Mason, Chicago, professor of surgery at Northwestern University Medical School, will appear in a symposium on "Trauma of the Hand," which is scheduled from 2:00 to 5:00 p.m. on Wednesday, September 18. He will speak on "Early Care of Open Hand Injuries."

In addition to the four symposiums, the scientific program will also include a showing of medical movies all day on Monday, September 16, for doctors not participating in the convention sports program. All convention sessions will be held at the Olympic Hotel in Seattle.

The popular Public Relations Luncheon will be held Wednesday noon, September 18, and will feature two outstanding non-medical speakers. Mr. Howard C. Cleavinger, managing

editor of the Spokane Daily Chronicle, will discuss medical-press relationships in a talk entitled: "Don't Hide Your Light." Mr. E. M. Watson, president of the Washington State Federation of Labor, will present an address entitled "Labor Looks at the Medical Profession."

The sports program on Monday, September 16, will feature the annual doctors' golf tournament and salmon fishing derby.

Dan H. Houston, president of the Washington State Medical Golf Association, announces that the tournament this year will be held at the Rainier Golf and Country Club. Low Gross score will determine the champion, and all other competition will be on handicap.

The salmon derby will again be headquartered at Ray's Boathouse in Ballard. Starting time will be scheduled so that fishing may begin approximately one hour before sunrise, according to Edmund H. Smith, derby chairman.

Besides the scientific, sports and other events, the convention agenda also includes two sessions of the House of Delegates, and a social calendar. Social events are the Family Dinner honoring 50-year practitioners, the Annual Banquet and Dance, and the reception in honor of the incoming presidents of the State Association and Woman's Auxiliary.

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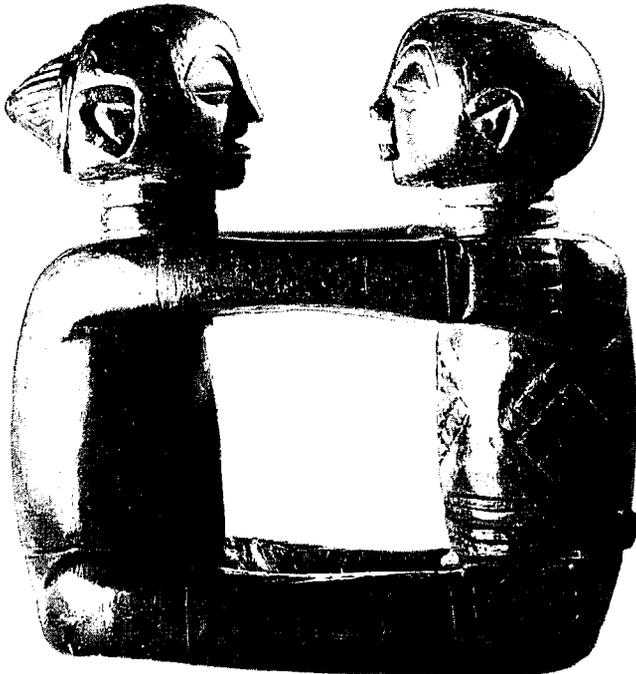
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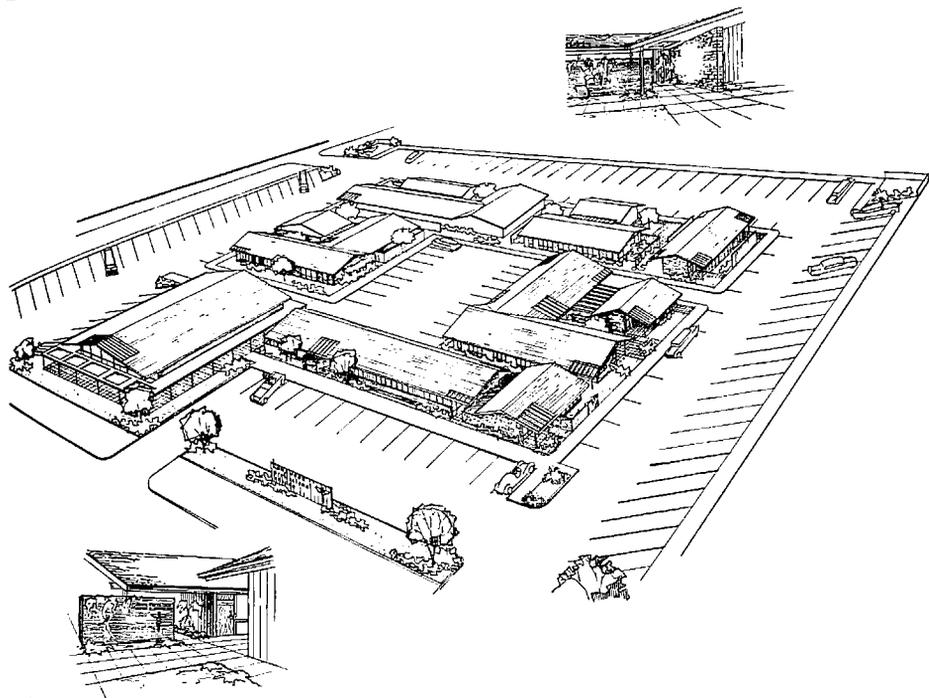
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### **Lakewood Professional Village Announced By Dr. Skinner**

One of the most ambitious proposals ever undertaken by an individual physician in this county is being launched by Lawrence E. Skinner, Lakes District pioneer M.D.

Feeling that a growing population in the southern half of Pierce County needs additional medical facilities, Doctor Skinner believes this will give medical men the courage to build a small hospital. With this thought in mind he is rapidly completing plans for an extremely beautiful medical professional village. Working with him on this project are Donald F. Burr, A.I.A., and Associates, architects, who have done an outstanding job of work on preliminary plans.

Some of the main features of the plan include: (1) Easy accessibility from various points in the community. Situated as it is just north of the new Villa Plaza Shopping Center, and just south of the Lakewood Community Center, the strategic location of the project will be right in the heart of a rapidly growing population center. (2) Generous off street parking, both for the patients and physicians. Doctors will have a central parking court, entirely private and right at the back door of each office. Public parking will face the offices with some curbside spots available for those who want a minimum of walking. Total facilities will

provide for 180 to 200 cars. (3) General architectural beauty. Not just another row of boxes, the new village will have individual buildings, each tailored to meet the specific needs of its tenant, or owner, giving each building its own individuality, privacy and easy accessibility; but built and designed so that it enhances the beauty and attractiveness of the entire professional village.

Designed for an eventual capacity of 25 to 30 offices, Doctor Skinner is hoping that initial construction of his proposed village will start this Fall with key specialties and perhaps a GP or two.

Laboratory facilities are already available in the District with a branch of Larson-Wicks-Sheppard laboratories in the Innerlakes Building, only a block from the site of the Village.

Beauty and individuality is being stressed, with intimate courts, patios and landscaping features combined for overall architectural beauty and usefulness.

### **American Heart Association Sets Next Annual Meeting**

The American Heart Association has announced the 1957 Scientific Sessions and Annual Meeting will be held in Chicago October 25 to 29. Information on registration is available from the Washington State Heart Association, 3121 Arcade Building, Seattle 1, Wash.

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**Letter to the Editor**

To the Editor:

I wanted to use your entire article, and to give proper credit for the article, but space was at a premium in our small bulletin. Certainly no offense was intended.

I receive and read your Bulletin regularly. I also like your part of the country. Post war I was stationed at Camp White, Medford, Oregon, and had a good opportunity to visit a lot of the northwestern United States.

Most sincere thanks for your letter,

WILLIAM J. MCHUGH, M.D.,

Editor, Bulletin of the  
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Medical Society

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**Report of Annual Meeting of  
N.T.A. and A.T.S.**

By K. Kasuga, M.D.

The annual meeting of the National Tuberculosis Association and the American Trudeau Society was held this year in Kansas City, Missouri from May 5th through the 10th.

As usual, many papers were presented covering many interesting and new aspects of tuberculosis and other chest diseases.

There was, also, an excellent scientific and commercial exhibit numbering well over a hundred.

Most of the medical meetings were held in the beautiful Music Hall of the Municipal Auditorium, where the seats were very comfortable and the acoustics excellent.

Inasmuch as there were too many papers presented, and it is difficult to summarize all of them, a few of those that might have some general interests will be abstracted.

**I. Chemotherapy of Tuberculosis**

Several papers were presented on the treatment results of the new antimicrobial drugs, such as pyrazinamide (PZA), cycloserine and viomycin. These were compared with the standard effective regimens of Isoniazid, Streptomycin and PAS.

(a) Wm. Schwartz, M.D. of Oteen, North  
(Continued on Page 31)

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J. A. M. A. 163:356 (Feb. 2) 1957.

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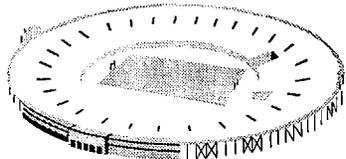
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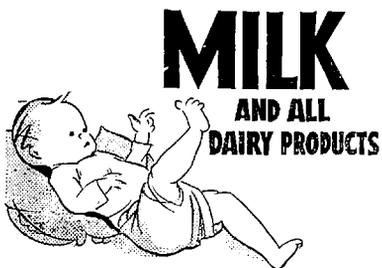
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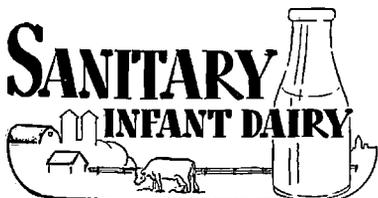


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(Continued from Page 27)

Carolina, reported on a paper on Pyrazinamide and Cycloserine in the treatment of pulmonary tuberculosis. Because of the need for an effective regimen of drugs not already used in treatment failures, combined therapy using pyrazinamide 3 grams daily and cycloserine ½ gram daily was used on 44 treatment failure cases. Three cases developed abnormal liver function tests and sputum conversion occurred only in four cases. He also noted fairly rapid development of cycloserine resistant organism and concluded that PZA with cycloserine is not superior to cycloserine given as a single drug.

(b) Raymond F. Corpe, M.D. of Rome, Georgia, reported on Therapeutic Efficacy of Pyrazinamide, U.S.P.H.S. Tuberculosis Therapy Trial. Pyrazinamide was used in conjunction with streptomycin and isoniazid and compared with results obtained with the best regimen of Isoniazid and PAS combination. There were 800 cases in this study. It was found that 4% of cases on PZA developed hepatitis. For short term treatment of 16 weeks, it was felt that PZA + Isoniazid was as effective as INH + PAS. However with long term use of pyrazinamide, hepatic toxicity increases and was, at present, not recommended.

(c) M. Small, M.D. of New Jersey reported on results of Combine Isoniazid and PZA treatment. These were new treatment cases and numbered 114. Organisms were all sensitive to INH and the duration of treatment ranged from 4-24 months. Sputum conversion occurred in 90% of the cases in 4 months, but there were 8% open negative cases.

22% showed laboratory evidence of hepatitis but only 3% revealed clinical evidence of hepatotoxicity. There was one hepatic death. Conclusion was that under careful supervision this was a good drug regimen.

(d) An excellent paper was presented by Col. Wier of Fitzsimmons Army Hospital on "Inadequate Response to Chemotherapy." He

felt that if there is clinical relapse under usual drug regimen, and if drug sensitive organism persists, one should suspect inadequate doses. He presented 6 such cases with complete laboratory studies, particularly drug blood levels. It apparently has something to do with metabolism of drugs in different individuals.

(e) D. Pecora, M.D. of Ray Brook, New York, presented a paper on "PZA and Viomycin in the Surgical Treatment of Pulmonary Tuberculosis." He stated that, in recent years, the proportion of patients considered for pulmonary surgery with organism resistant to streptomycin, PAS and isoniazid has been increasing and most of these patients have advanced disease. Between May 1, 1954 and November 1, 1956, 54 of these patients received either PZA or Viomycin or both drugs in connection with surgery. Combination of drugs including PZA with Viomycin yielded results which were superior to those obtained with one drug. Clinically, the emergence of resistant organisms was apparently delayed when Viomycin was combined with PZA. One death occurred which was attributable to PZA toxicity.

(f) H. Shubin, M.D. of Philadelphia discussed "The Use and Abuse of Steroids in Tuberculosis." He reported on 20 acute cases of tuberculosis and 40 cases of moderately to far-advanced cases with hypersensitivity to anti-tuberculous drugs, successfully treated with prednisolene. Two patients with Beck's Sarcoid were treated successfully with anti-tuberculous drugs and prednisolene.

He, also, reported on 10 non-tuberculosis cases, who were treated for other conditions who developed active pulmonary tuberculosis and advised that chest X-ray be taken prior to steroid therapy.

(Continued Next Month)

### Nation's Oldest Essay Contest

The Trustees of America's oldest medical essay competition, the Caleb Fiske Prize of the Rhode Island Medical Society, announce as the subject for this year's dissertation "HORMONAL RELATIONSHIPS IN BREAST AND PROSTATIC CANCER — THEIR PRACTICAL APPLICATION." The dissertation must be typewritten, double spaced, and should not exceed 10,000 words. A cash prize of \$350 is offered. Essays must be submitted by December 31, 1957.

For complete information regarding the regulations write to the Secretary, Caleb Fiske Fund, Rhode Island Medical Society, 106 Francis Street, Providence 3, Rhode Island.

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**MONTHLY MEETINGS**

**STAFF OF TACOMA GENERAL**

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

**STAFF OF ST. JOSEPH'S**

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

**TACOMA ACADEMY OF INTERNAL MEDICINE**

Fourth Tuesday of each month—6 p.m. at Tacoma Club

**SURGICAL SOCIETY**

Third Tuesday of each month—6:30 p.m. at Tacoma Club

**STAFF OF PIERCE COUNTY**

Last Monday of each month—6:15 p.m.

**PIERCE COUNTY MEDICAL SOCIETY**

Second Tuesday of the Month—8:15 p.m.

**STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL**

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

**STAFF OF MEDICAL ARTS HOSPITAL**

Third Friday of March, June, Sept. and Dec.—7:15 a.m.  
at Scotty's Cafe

**PIERCE COUNTY PEDIATRIC SOCIETY**

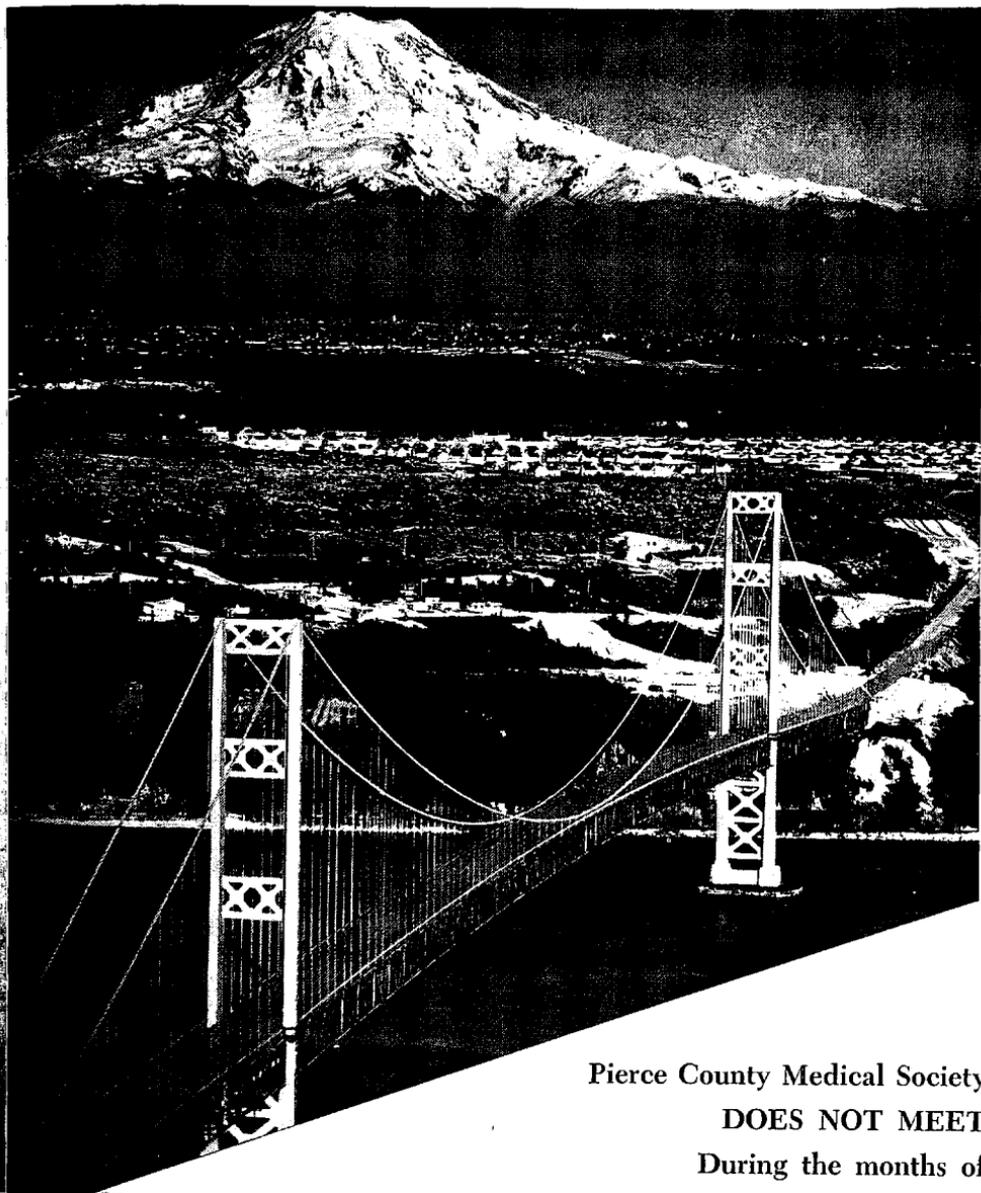
First Friday of Sept., Nov., Jan., March and May

*The* **BULLETIN** *of the*  
**PIERCE COUNTY MEDICAL SOCIETY**

VOL. XXVIII—No. 12

TACOMA, WASH.

AUGUST - 1957



Pierce County Medical Society  
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During the months of

# Pierce County Medical Society

1957

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## Happy Birthday August

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- 5 GLEN McBRIDE
- 12 ROBERT BROWN  
CHARLES McCOLL
- 13 RICHARD VIMONT
- 15 CHARLES LARSON  
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- 18 WALTER CAMERON  
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- 31 SAMUEL LIGHT  
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## Field Day Very Successful

Seventy-six doctors and dentists attended the Annual Field Day held July 12 at the Tacoma Country and Golf Club. At the end of the energetic day contenders in the various athletic events gathered at the club for the banquet and awarding of prizes to the winners in their fields.

Dr. Philip Kyle walked away with the golfing honors and the Medical Society Cup by winning the low net with a score of 67. Paul Greiwe led the low gross field with a score of 76.

Leading the first division low gross was Marshall Whitacre; first division low net was won by Dale Murray followed by Henry Minton and Jack Fewell. Second division low gross was won by Bob Gibson and low net for the 2nd division went to Stan Tuell with Bob Ferguson and George Race placing second and third.

Awards in special classifications went to the following: accurate drive No. 92, George Race; accurate drive No. 142, Gerald Kohl; closest to the pin, No. 62, Henry Minton; closest to the pin No. 112, Dale Murray.

In the team match, the M.D.'s won over the D.D.S.'s with a score of 719 to 729.

In the tennis tourney, Jim Fairbourn and Max Thomas won by acclaim and were awarded the doubles trophy. Gerhart Drucker was cited for being the first and last on the court.

The stalwart souls who arose at the crack of dawn and put out to sea were rewarded principally with good fellowship and memories of an invigorating morning on Puget Sound. "The fish weren't biting" and few fishermen reported a catch. Dudley Houtz was awarded first prize for the biggest fish and Bill Bowen caught the most.

The committee offers a vote of thanks to those who furnished boats: Drs. A. Herrmann, Schwind, Vadheim, Mattson, Jr., Pate, and Overby.

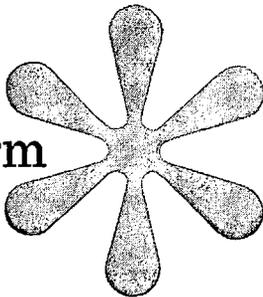
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# EDITORIALLY SPEAKING

## Pierce County Medical Society Polio Drive

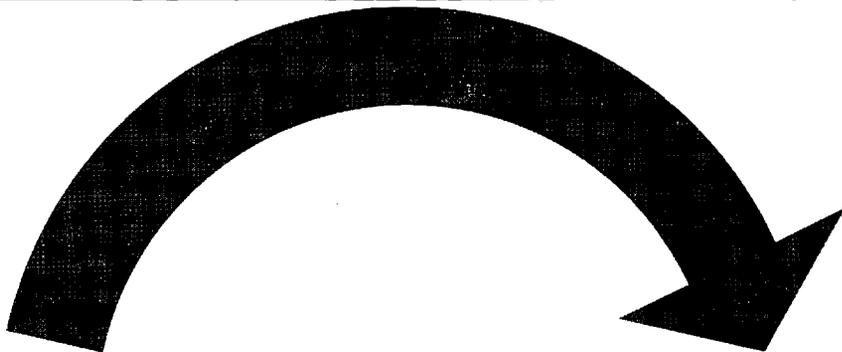
While most of us were all for going out to the schools and pitching in to get the children inoculated, some of us, at least, hesitated to donate our services for the adult polio immunization clinics. Be that as it may, we have committed ourselves to such a program and a big job is well underway.

In addition to the 81 physicians who volunteered to staff the clinics, the advance planning and actual operation of the program have involved considerable time and effort on the part of several of our members. George Kittredge, Public Health chairman, and committee members Ted Smith, Galen Hoover and Everett Nelson, have devoted many hours to meetings, correspondence and discussion in making the necessary arrangements. Cecil Fargher took over the job of obtaining the vaccine and Ted Apa organized the schedule and locations of the 63 clinics.

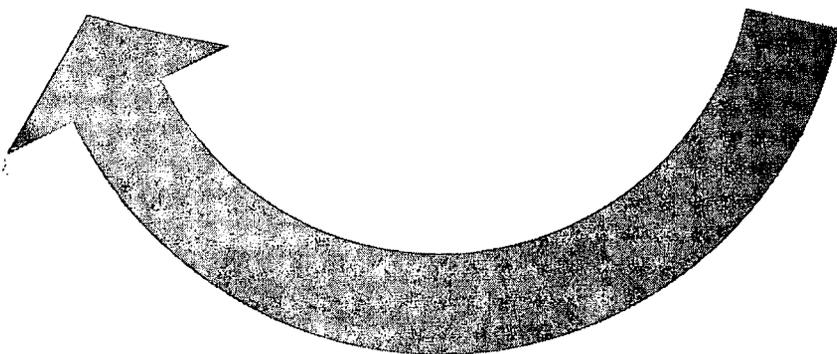
Pierce County Medical Society executive secretary, Judy Gordon, prepared the excellent publicity we have had in the newspaper and on local and Seattle radio and TV stations.

This program is a real community project; the National Foundation for Infantile Paralysis and UGN provided funds for the first shot, and scores of volunteer workers have given invaluable assistance at the clinics and in the preparation of supplies. Because of the cooperation of all these groups and individuals the clinics have run smoothly and efficiently and a major community service has been rendered.

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## Letter to the Editor

To the Editor:

Sometimes while here at the Jamboree I wish I were back in Tacoma, seeing patients. All this heat, dust, walking, etc., etc., is getting me down—I really begin to feel my age.

I left Tacoma on July 3, and got on the train in Portland. I was asked to come with the Southern Oregon train (a last-minute switch from our Tacoma train which left June 29). First stop in Glacier Park for about 1 hour (a leg-stretching stop), then on to Fargo, North Dakota for a hike and swim. We got to Chicago Saturday morning and spent the day at the museum (Field) and Planetarium. In Washington, D.C., Sunday noon until Tuesday a.m., and arrived in Valley Forge Tuesday noon.

On the way no serious medical emergencies—chiefly minor cuts, etc. One boy developed abdominal pains and was hospitalized in Washington, D.C. for 36 hours as a possible appendix—it turned out to be mesenteric adenitis (probably), so didn't have to operate.

The first thing we did in camp was to do checks on all 1400 persons in the Section. You can bet no one got a very thorough exam, although our ears sure got sore from taking the stethoscopes in and out of our ears all the time. We have Dr. Harold Rosengren of Seattle, Dr. Stanley Coffin of Yakima and Dr. Harris of Camas, Washington. We are standing shifts of 8 hours on and 16 off, with two doctors on each shift (figure that out, if you can—it's too much for my math!).

If it weren't for the poison ivy and sunburn we wouldn't have much work to do. We had four lacerations one afternoon and evening—sent them all to the field hospital set up here in the Park. Also we have had a fracture of the tibia and one of the head of the radius. Then the usual complement of abrasions, pimples, etc. More and more of our time is being taken up with passing the boys on their first aid portion of the Jamboree Certificate they can earn while here—something like an Explorer rating—about the same as 3-4 merit badges.

I had a chance to go over to the Field Hospitals one night with one of our boys who laid his knee open (he fell on a tin can in the dark). They have quite a set-up. It is an Army Reserve unit, with about 35 doctors I understand. They have two operating rooms, about 80 beds, and enough staff so they seem to be always falling over each other. The doctors are taking their 2 weeks of active duty here at the Jamboree—a real break for us. Of course, the really serious cases (like the fractured tibia) they sent in to Valley Forge Army Hospital.

They have 15 Army ambulances, and about 5 or 6 of them are on the road at all times. Fortunately the terrain is rather flat, because very often the roads are clogged with about 2 or 3 thousand scouts, so they just take off across country.

I attended the Jamboree here at Valley Forge in 1950, but I still get a tremendous thrill out of some of the activities here—especially the huge arena shows. The Jamboree officially opened on Friday night, July 12, and to watch 50,000 scouts march in, in three columns, each 4 abreast, was quite a sight. It took over an hour. It really was a thrill to see the massed flags of over 1200 troops marching onto the stage. Vice-President Nixon gave a fine talk to the boys—he made quite a hit.

I think the most fun we have had here at the Jamboree was at the campfire the other night when Fred Waring came and led some songs. There were about five thousand scouts present, but within five minutes he had the entire group following him perfectly.

Our next big problem will be on the night we leave—Thursday night we have to take the tents down and get all the equipment loaded into the baggage car about four hours before the train leaves at 7:35 a.m. I guess I will have to sleep in our hospital tent that night—might as well have some return for being on the medical staff! (Besides, they have cots with springs and mattresses in the hospital tent, and I forgot to bring an air mattress!)

One of the chief reasons this letter is so disconnected is that every time I start a paragraph they want the typewriter and so I have to pull the paper out so they can use it (it being the only typewriter in the Section), and by the time I get it again I have forgotten what I was going to say.

I went out walking around the Jamboree through the Sections today, taking pictures and talking with scouts and leaders from all over the U.S. I will have a lot of pictures by the time I get back. However, we will only be in Tacoma a day or two before we leave for California for 5 weeks on a camping trip—this time taking the whole family. We won't return until Labor Day. I hope I don't become nothing but a cinder in Southern California in August!

Well, I'll let you know later more about our trip and vacation.

Sincerely,

Laurie Skinner



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# WOMAN'S AUXILIARY

*To The Pierce County Medical Society*

1957-58

## Woman's Auxiliary

### Pierce County Medical Society

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2nd Vice-President .....	Mrs. Herman Judd
4th Vice-President .....	Mrs. Frederick Peters
3rd Vice-President .....	Mrs. Robert Kraft
Recording Secretary .....	Mrs. Wm. Mattson, Jr.
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Rehabilitation Center .....	Mrs. Walter C. Cameron
Infantile Paralysis .....	Mrs. Douglas Buttorff
Fashion Show .....	Mrs. Robert Florence
Community Council .....	Mrs. John F. Steele
City Council .....	Mrs. William Goering
Dance .....	Mrs. Horace Anderson
Christmas Party .....	Mrs. Howard Pratt, Mrs. Robert Osborne

Auxiliary members are again fortunate in having one of Tacoma's outstanding women as head of our organization. Ruth Murphy is well known socially and civically for her active support of the fine arts in our town. An adept organizer, as well as a willing worker, Ruth will manage to carry a big load gracefully in the coming year.

Last year's successful program will be more or less the framework for the program to be launched in October. The following tentative schedule was planned by our president and program chairman at a recent conference.

- October . . . Welcome Tea
- November . . . Fashion Show
- December . . . Christmas Party
- January . . . Legislative
- February . . . Recruitment Work Shop
- March . . . State President Visit
- April . . . Civil Defense and Safety
- May . . . Installation of Officers

More emphasis will be placed this year upon our Nurse Recruitment projects. This is one activity we are most qualified for, and we should be able to support a much more enthusiastic following. The problem in the past has been in finding appropriate leadership for our nurse recruitment clubs in the local high schools. The ideal club sponsor is an ex-nurse who has teen-age daughters. Any Auxiliary member who enjoys working with teen-age girls will find this job an exceptionally interesting one. The post as Stadium's club sponsor has not yet been filled . . . please call Bev Harrelson.

#### Diagnosis

Party of the month was unquestionably the beautiful duo given by Mr. and Mrs. Alex L. Babbit at their Gravelly Lake home. The weather couldn't have been kinder for a lawn party. The lawn itself was a perfect expanse of green, setting us all to mentally tearing up our cement patios at home. Mr. Babbit is a garden hobbyist and has developed this very large garden area himself, combining natives and show flowers to their best advantage. In this setting cocktails and buffet were greatly enjoyed by almost the entire medical staff and board of trustees of Tacoma General Hospital.

Absent from the festivities with good cause were Dr. and Mrs. Robert Crabill, parents of a new boy who arrived the day before.

Dr. Max Thomas, Vice-President of the Washington State Heart Association, will open

*(Continued on Page 13)*



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(Continued from Page 11)

his home to the board members of the Pierce County Branch and their families on August 10th. This will include the Board Chairman Dr. Lawrence Brigham and his family, the Orvis Harrelsons, the Wm. Mattsons, the Robert Kallsens, and the Kenneth Gross family.

Recently back from a week's cruise through the San Juans with Dr. and Mrs. Robert Florence, Dr. and Mrs. George Kunz are plotting another cruise, this one up the Rogue River with the Louis Hoyers and the Tom Murphys. The James Vadheims, busy remodeling and re-decorating their home here in Tacoma, visited Sun Valley for a week in July, and are off again to Harrison Hot Springs with the Robert Osbornes for a weekend medical meeting. The Arne Herrmanns and the Wendell Petersons, with their children, are vacationing at Seaside for a four day weekend. Doctor and Mrs. Herman Judd made the Yellowstone-Grand Teton tour with their children, camping out the whole trip.

Congratulations to the Tacoma Junior League, Jean Shaw has accepted membership and will join the new provisional class this fall.

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**Seventeen New Physicians  
Attend Indoctrination Dinner**

July 16, at the University-Union Club, a banquet was held for all new physicians starting practice in Pierce County. After a cocktail or two and a steak dinner, five speakers presented some basic information useful to the physician starting in this area.

Dr. Homer Humiston gave some of the background and workings of the Pierce County Medical Bureau; Dr. Arnie Herrmann presented some problems (and jokes—per usual) concerning the Welfare Medical program; Mr. Fred Hokensen outlined some medico-legal precautions; Mr. William Larson discussed bookkeeping principles, and Mr. Bruce Brady (assistant manager of the UGN) gave us some points of view of the social worker and the social services available in the community.

Also present were Dr. Hillis Griffin, P.C.M.S. president, and Drs. Phil Grenley and W. W. Mattson, Jr., of the Public Relations committee.

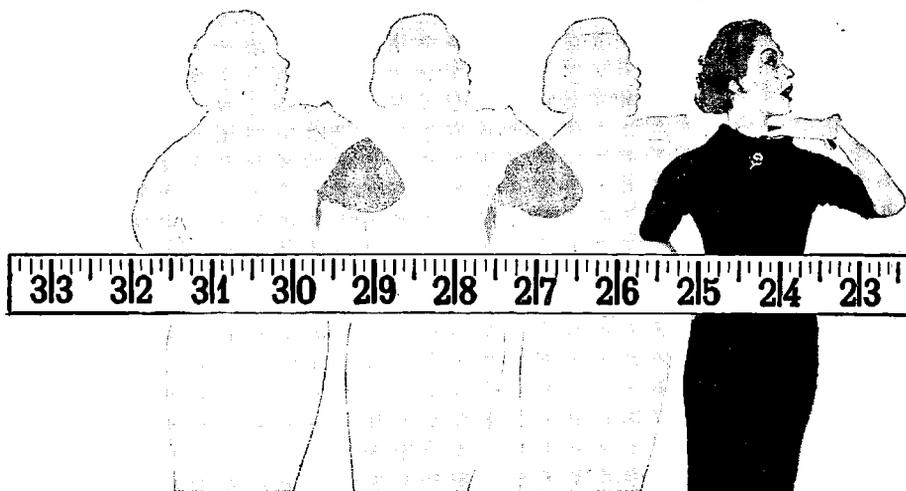
New doctors who attended the dinner were:

Myron Bass .....	OB-GYN
Bernard Rowen .....	Internal Medicine
Herbert Kennedy .....	GU
Paul Thuline .....	Biochem.
John May .....	GP
Robert Johnson .....	GP
Wm. Voorhees .....	Psych.
Margaret Kennard .....	Psych.
Joseph Treleven .....	Psych.
W. R. Olson .....	Surgery
T. B. Murphy, Jr. ....	Surgery
James McNerthney .....	OB-GYN
Russell Colley .....	Ophthalmology
Harry Camp, Jr. ....	Ophthalmology
Duane Coon .....	GP
John Liewer .....	
Fred Maire .....	Psych

**Eisenhower Signs Revised  
Doctor Draft Bill**

The revised doctor draft bill has become Public Law 85-62; it was signed by President Eisenhower June 27, four days before the expiration of the old doctor draft law. Under the latter, some 10,000 physicians were called up for two or more years of service, starting back at the time of the Korean war. The new law provides for the selective call-up of physicians and dentists to age 35 if they were deferred from the regular draft at any time after June, 1951, in order to complete professional training. The law is effective for two years, expiring at the same time as the regular draft. Defense Department estimates that the 2,200 physicians required by the services this fiscal year will come from volunteers.

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(1) Holt, J. O. S., Jr.: Dallas Med. J. 42:497, 1956. (2) Gelvin, E. P.; McGavack, T. H., and Kenigsberg, S.: Am. J. Digest. Dis. 1:155, 1956. (3) Natenshon, A. L.: Am. Pract. & Digest Treat. 7:1456, 1956.

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# HOSPITALS . . .

## Pierce County

Pierce County Hospital is welcoming its new group of interns and their families. They are Dr. Robert Cole, University of Washington, Mrs. Cole and son, John; Dr. Stanley Irving, University of Washington, Mrs. Stanley and son, Mark; Dr. Wayne White, University of Oklahoma, Mrs. White; Dr. Delbert Erickson, University of Washington, Mrs. Erickson and their three children; Dr. James Fergus, University of Nebraska, Mrs. Fergus and Debra; Dr. William Hamilton, University of Kansas and Mrs. Hamilton; Dr. Richard Heikes, University of Kansas, Dr. David Mills, University of Colorado, and Dr. William Lirette, University of Texas, Mrs. Lirette and son.

Dr. and Mrs. Forrest Harris are being congratulated upon the birth of their first child, a 6½ pound boy, born July 6 and to be named Kevin. The family leaves soon to make its home in Galveston, Texas.

A new member of the Nursing staff is Irma Hough, lately supervisor of nurses at Auburn Hospital, Auburn, Washington.

Dr. John Whitaker and family are enjoying a holiday at their country home on Long Lake. Dr. Reberger is substituting in the Pathology department during Dr. Whitaker's absence.

Robert Rea of the Laboratory has returned from a motor vacation through eastern Washington.

Mrs. Isabelle Yeaman and Mrs. Edith Krugmire are retiring this month from the nursing service.

Friends regret the retirement of Pete Peterson, custodian of the hospital for the past 10 years. A farewell party was given him on July 10 in the hospital dining room where he was presented with a cash gift. Best wishes for a long and happy retirement accompanied it. His position is being filled by Lewis Cook. Another valued employee retired on July 8, Mrs. Leona Ainslee of the business office. At a coffee hour in her honor she was presented with a black leather, fitted purse.

Mrs. Dorothy McDevitt, Nursing department, has resigned after 8 years of outstanding service, and will take the position of school nurse at Clover Park School. She was entertained at a coffee hour and given a cash gift in token of her fellow workers' esteem.

Her many friends will be happy to learn that Katherine Reckey is recovering gradually from her serious illness and will leave St. Joseph's Hospital in the near future. She will be cared

for at the home of Mrs. Arlene Slane during the first weeks of her convalescence.

Ann Ness, Emergency department, and husband, Kenneth, have returned from a most interesting trailer vacation throughout California and Oregon.

Doris Hamilton, business office, with her husband and son have returned from a delightful motor vacation to Portland and Seaside, Oregon.

Mrs. Joy Ann Venerloh, a graduate dietitian from Fonthorne College, associated with St. Louis University, St. Louis, has joined the dietary staff. She will remain in the Northwest while her husband, Donald, completes his military service at Fort Lewis.

Mrs. Kathy Pickett, another bride, whose husband is stationed at Fort Lewis is a new member of the Record department. Her former home was Bloomington, Illinois.

Doris Boyle, physical therapy, spent part of her vacation attending the American Physical Therapy Association Convention in Detroit, June 23-25. On return home she visited Yellowstone National Park.

## St. Joseph's

The hospital picnic for Sisters, Students and Graduates was held July 11, 1957 at Point Defiance Park. Though the weather wasn't as kind to us as in previous years every one had a good time and plenty to eat.

Vacations are in full swing and all have been looking forward to their vacations or are back and talking about what good times they had, and others about what and where they are going. Mrs. Fawcett enjoyed short trips close by. Mrs. Truher vacationed in California. Mrs. Sylvester had a plane trip to Kansas. Mrs. Fowler vacationed at home and enjoyed her son for two weeks. Mrs. Nickelsen journeyed to California and Disneyland. Sister Celine Magdalene enjoyed her stay in Spokane for an Institute on General Psychology. Mrs. Morton is a new face on our Staff. She is from South Carolina. Later she will be leaving for South Africa.

The Student Nurses have had a very busy social schedule during the summer months. Plans are being formulated at present for a cruise on the Sound. This is an annual affair and is being looked forward to with a great deal of anticipation. Vacations of four weeks for each student have been scheduled throughout the summer months. It's a constant change

(Continued on Page 17)

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(Continued from Page 15)

of faces in the school as one group returns and another departs.

Among the Professionals who made baby headlines are the following: Dr. and Mrs. Joseph Treleven a baby girl, Mrs. Bonnie Zurfuh, R. N. a baby boy, Mrs. Eileen Smith, R.N. a baby boy, Mrs. Mary Sandell, R.N. and her sister Mrs. Dorothy McGowan, R.N. each a baby girl, Mrs. Joyce Vye, R.N. a baby girl, Mrs. Agatha Nichols, R.N. a baby boy and Mrs. Martha Miller, R. N. a girl. Mrs. Judy Anderson a girl and Mrs. Marlene Sonneman a boy, both formerly worked in the Medical Record Department.

Rose Marie Doherty, who has just returned from the East, called on her friends in the Medical Record Department told us of her very interesting trip. Among the events to be remembered was her visit to the U. S. Senate and the welcome received from Senator Magnusson. Another highlight was hearing Senator John F. Kennedy speaking in the Senate.

Thyra Arness and Olga Dickey returned from a two week vacation this week. They entertained another sister from the Middle West. While she was here they visited Mt. Rainier, Victoria, Canada, and a trip around the Loop.

Sister Agnes St. Rose is with us now. She is going to take a course in Medical Record Librarian work which will begin September 3rd of this year.

Congratulations to Mary Ann Lawless on her sparkling diamond which she received over the Fourth of July Holiday.

The new Interns for this year are Dr. Hugo Castellero from Mexico, Dr. George Macha from Ohio, Dr. Hans Zimprich from Austria and Dr. Henry Slominski from Creighton.

Miss Frost and Mrs. Chester from Tacoma General Record Department visited our Department last Tuesday.

Sister Anthony Theresa is helping the Cashiers' during the Summer. Kathleen Snyder, a recent graduate of St. Leo's High School is the new typist. She will be here for the Summer and also next year while she attends CPS.

Melva is practicing the hesitation step as she prepares for her trip down the long, narrow aisle in September.

Janice Fish is preparing to leave us next month. She is going to Sacred Heart School of Nursing in Spokane to become an R.N. For awhile, it looked as though she was going to major in foreign languages. Best of Luck in Spokane!

The maintenance force has been busy the past few months in a re-modernization plan. When this institution was built, sponge baths and bedpans were considered sufficient for the

needs of the patient. When patients left their beds, they were sent home for final convalescence. Now, however, with the increased number of ambulatory patients and the short stay in bed, even for major surgery, there is a great need for more and better bathroom facilities.

We are presently in the process of installing two such rooms—one in OB and the other on the second floor. The OB bath will have a stall shower, bathtub, lavatory and toilet. On the second floor, the shower will be in the bathtub. Eventually, there will be an additional unit built on each of the two other floors.

Our new physical therapist is Mrs. Martha Zinprich who took her training at the University of Vienna.

### Tacoma General

The 359th General Hospital Reserve Unit, composed of many of the members of the Tacoma General Hospital staff, was in camp at Fort Lewis during the last two weeks in July. Lieutenant Colonel Max Thomas was in command in the absence of Dr. Charles Larson, who was in Europe.

Full Accreditation has been awarded to the School of Nursing as a result of the April re-survey by the National League for Nursing. Significant as this is, since it indicates that the School is meeting the standards of sound nursing education, the future will show more changes, because the needs in nursing and for nursing are changing and increasing. In order to meet the national standard of 300 nurses per 100,000 population in 1970, 48,000 nurses will have to be graduated nationally that year. Only 29,000 were graduated in 1956. It is interesting to note that in the Tacoma General Hospital School of Nursing Class of 1956, the attrition rate is only 14% as compared to the national attrition rate of 32%. Selection of students, counselling, lack of restrictions as to age, nationality, marriage and religion contribute to this low rate. "In the next few years," Miss Kynoch, Director of the School, says, "Even greater effort will be made to increase the effectiveness of our program, so that we can continue to meet the needs of this community as well as the nation."

Mrs. Flora Marymont, Surgical Instructor, and her husband, Dr. J. H. Marymont are the proud parents of a son, Jesse Henry Marymont III.

We were all happy to see Dr. Hugo Van Dooren in the building last week. He will soon complete his residency in Salt Lake City and return to Tacoma to practice.

Commencement exercises for the School of Nursing will be held Friday evening, August 30th in the First Methodist Church.



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## Report of Annual Meeting of N.T.A. and A.T.S.

By K. Kasuga, M.D.

*Continued from Last Month*

### II. Surgery of Tuberculosis and Other Chest Conditions

(a) Basal Cell Carcinoma of the Bronchus was discussed by Soutter, M.D. of M.G.H. Five such cases were reported and were stated to be pathologically different from bronchogenic carcinomas or adenomas. In general, these tumors are more closely related to the carcinoid adenoma than to the bronchogenic carcinoma and should be treated in a similar fashion. These are apparently of low malignancy but the treatment is resection.

(b) The Role of Surgical Pathology in Prognosis of Lung Cancer was discussed by F. Collier, M.D. of University of Pennsylvania. He felt that vascular invasion of the cancer is of much importance as to prognosis.

A study of 5 year survival revealed 3% with vascular invasion and 70% without.

(c) S. Scott, M.D. of Oteen, North Carolina, presented a paper on "A Critical Review of 150 Consecutive Scalene Node Biopsies." Only 18.7% of biopsies were diagnostically positive. Certain diseases, such as Boeck's Sarcoid will

more often be reflected by the cervicomediastinal lymph nodes. In carcinoma of the lung, the scalene biopsy was used not only to establish a diagnosis but to assess operability. The results of thoracotomy for lung carcinoma following scalene biopsy have shown that, in most instances, resection was possible when the biopsy was negative.

(d) Overholt of Boston reported on "Surgical Management of Coronary Heart Disease." He felt that all currently available surgical procedures used for treating heart diseases apparently derive their major benefit by producing effective intercoronary anastomosis, and reports on all the surgical procedures in the literature are very similar in the clinical results obtained. As a result, he was using pericardial talcum poultage, since it is simple and is well tolerated. He stated, the end results have justified such a choice since in more than 30 cases, there has been at least 90% improvement in relief from pain; over 50% improvement in management of cardiac failure; and at least 50% improvement in activity tolerance.

(e) "Role of Surgery in the Management of Unilateral Pleural Effusions" was reported by T. Rerguon of St. Louis. He felt that exploratory thoracotomy with pleural biopsy, decortication and parietal pleurectomy was, in his opinion, a rational part of the modern management of persistent (1 month or over) unilateral pleural effusion. Of his 19 such cases, when all of the usual studies (medical evaluation, bronchoscopy, smear and cultures of bronchial washing, pleural fluid) were nonrevealing, in 8 cases (42%) definite diagnoses were established.

(f) J. Bougas of Boston presented a paper on "Simultaneous Right and Left Cardiac Catheterization an Aid to Diagnosis and Treatment of Heart Disease." He reported on a series of 8 cases where this procedure was applied. A special technique was developed to obtain left heart catheterization. A needle was inserted into the left auricle through the back along the spine to obtain this information. He stated that the procedure has proved safe and easily applicable even to patients with serious cardiac diseases. There was no major complication or mortality. The information obtained was considered invaluable in the selection of cases, more accurate diagnosis and eventual treatment of cases.

### III. Miscellaneous Subjects

(a) "Promising Results in the Treatment of Histoplasmosis and Cryptococcosis with Amphotericin B" was presented by Furcolon, M.D. of Kansas. Amphotericin B is a new antibiotic derived from Soil Streptomyces and has shown

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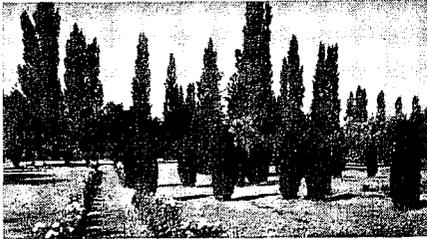
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*(Continued on Page 21)*



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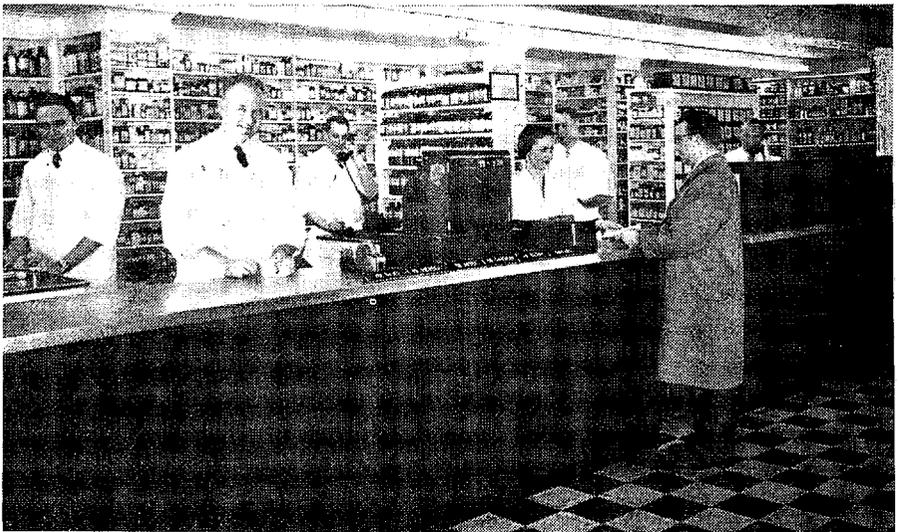
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(Continued from Page 19)

to be a potent antifungal agent in vitro. He tried it on 20 cases of histoplasmosis and cryptococcosis with promising results. No major drug toxicity was uncovered.

(b) "Farmer's Lung" was presented by H. Dickie, M.D. of Madison, Wisconsin. The authors believed this illness was caused by hypersensitivity response to the molds or their products. Clinically and roentgenographically, it runs the course of diffuse interstitial pneumonitis. Pathologically, it revealed diffuse granulomatous interstitial change with epitheloid and giant cells.

Adrenal steroids seem to be the only treatment of any promise.

(c) An evaluation of tuberculosis case finding by tuberculin testing among young school children was discussed by Wood of Kansas. Follow-up on converters yielded many new cases; about 13 times that obtained by mass X-ray surveys. Children, who showed 2.5 mm. reaction, had 30 times as much tuberculosis among their contacts than those who showed only 5-9 mm. reactions. It was felt that this was a cheaper way than mass X-ray survey.

(d) Palmer of Washington, D.C., discussed "The Relation Between Sensitivity to Tuberculin and Tuberculosis Morbidity." This study included mainly Cadet Nurses and Navy Recruits. They were tuberculin tested and observed for many years. Tuberculosis morbidity rates were high among those, who were highly sensitive to tuberculin, and low with a low degree of sensitivity.

(e) A Symposium on Fungus Diseases was held and was reported that the new Amphoteribin B was said to be effective against all of the common fungus diseases of the lung.

There were many other papers but space does not permit reporting on all of these.

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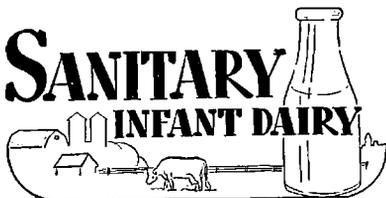


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## *Social Security Costs Are Getting Out of Control!*

Even in a political off-year, the shibboleth of Social Security apparently enjoys irresistible appeal on Capitol Hill. Since the Eighty-Fifth Congress convened five months ago, the lawmakers have introduced more than a hundred bills designed to broaden the program in one way or another. Representative John Dingell of Michigan, bearer of a name celebrated in welfare circles, is seeking to increase existing benefits and taxes on many now covered. The ubiquitous Texas, Rep. Wright Patman, urges that Washington provide retirement income for every U.S. citizen 65 or older. Not to be outdone, Rep. Thomas Lane of Massachusetts has tossed into the hopper a measure to "provide a direct national pension of at least \$150 per month to all Americans who have been citizens 10 years or over."

Such open-handed proposals invariably win acclaim, and usually more tangible rewards at the polls, for their sponsors. Only a few curmudgeons, indeed, ever have bothered to inquire into the ultimate cost of Social Security. Admittedly, the future is difficult to foresee. But even today it is increasingly evident that the whole welfare scheme is heading for trouble. The alarming fact is that years ahead of schedule, the growth of the Old Age and Survivors Insurance Trust Fund has come to an end. Indeed, at the moment it is paying out more than it is taking in. The unexpected deficit should serve as a red flag to the Treasury, the taxpayer and all those are looking forward one day to receiving retirement checks of their own. However generous its motives, even a federal pension fund cannot forever go on incurring obligations which exceed its resources.

For years Washington has chosen to ignore this plain truth. Since its birth in the dark days of the depression, Social Security repeatedly has been made more liberal. By election-year leaps and bounds—in 1950, 1952, 1954 and 1956—Congress has added to the rolls new workers, notably civil servants and the self-employed, many of whom, after only 18 months

*(Continued on Page 29)*

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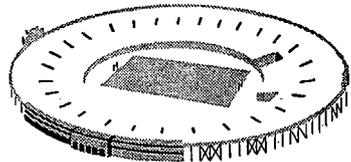
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(Continued from Page 27)

of contributions, now are qualifying for lifetime pensions. So fast have the numbers grown that just last month flash bulbs popped in New York City as Secretary Marion Folsom handed the ten-millionth living recipient her first check. Moreover, since 1950 the maximum monthly payment has more than doubled—to \$108.50 for a retired worker, and \$162.80 for a married couple. In 1956, the minimum retirement age for women was lowered to 62. Even more significant, for persons 50 and older, the wholly new principle of compensation for physical disability was introduced.

Bi-partisan generosity with the taxpayers' money, moreover, seems far from ended. As noted, Congress has before it today a host of proposals for more expansive coverage. These measures, among other things, would add new beneficiaries: dependent parents, brothers and sisters, children in process of adoption, Gold Star Mothers and survivors of individuals who died before 1940. Other bills seek to raise, by varying amount, the size of the monthly checks. Some propose to lower the age limits for eligibility—to as low as 55 under one bill. Finally, Mr. Dingell wants to increase from \$4,200 to \$6,200 a year the amount of earnings on which existing taxes and benefits are calculated, thus bringing in more revenue immediately and paving the way for larger disbursements.

However humanitarian, this Santa Claus spirit hardly could be less timely. For the cruel truth—unnoted in last month's ceremonies—is that the Social Security Administration is running through its money faster than anyone had dreamed. The first hint of trouble came in the fiscal year of 1956, when the trust fund's net gain of \$1.4 billion fell some \$100 million short of original estimates. For the current fiscal year, too, the anticipated billion-dollar rise already has been scaled down by one-fourth. As for fiscal 1958, the forecast of the official soothsayers is that their coffers will swell by a mere \$120 million. Yet even this appraisal appears too sanguine. In April, as farmers, among others, began drawing their first payments, outlays spurted to an unprecedented \$664 million. At that rate, nearly \$8 billion a year, Social

Security actually would run a deficit in fiscal 1958.

One way to deal with this ever-mounting burden of course, is to step up revenues. Mr. Dingell's measure is one attempt. However, it has some obvious defects. For example, it would increase the levies only on persons earning more than \$4200. For those slated to bear the burden, the additional income, when and if received would be less than proportional to the outgo. A prudent man in the bracket would fare better by taking out private insurance, tailored to his own particular needs. Even without further deductions from his wages, the taxpayer now must carry a relatively heavy load. Today, Social Security exacts 2¼% of everything a job holder earns up to \$4200, and an equal amount from his employer. Furthermore, the bite is scheduled to get worse. In 1960 the payroll tax automatically will rise to 2¾%; by 1975 it will have reached 4¼%. The quest for Utopia, it seems comes higher than advertised.

Beyond a doubt, security in old age is a desirable goal, for the individual and for society. However, the question of cost simply cannot be ignored. As the latest figures reveal all too clearly, the government program is reaching the point of diminishing returns. Despite the wishful thinking of zealous politicians . . . the cornucopia, after all, is not inexhaustible. In the light of recent experience, then, the U.S. surely needs to call a halt to helter-skelter and misguided philanthropy. Otherwise, the nation one day is apt to discover that in trying to bestow on some a greater measure of security than they have earned, it has robbed others of their due. (Barron's National Business and Financial Weekly, June 10, 1957.)

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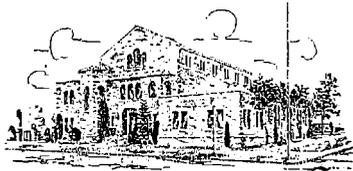
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### Tacoma Toddlers Top Record

Tacoma is headed toward another record year in babies, according to figures released by Tacoma General Hospital.

While the baby boom may show signs of slackening in many parts of the country, births at Tacoma General are running some 25 per cent ahead of last year's record crop, with 1535 recorded in the first six months.

Alex Babbit, hospital administrator, also pointed out that people who regard an increase in the number of baby boys as a harbinger of wars and an increase in girls as a heralding of an era of prosperity may find encouragement in the new Tacoma General statistics which show that the girls are beginning to catch up for the first time in over a decade. While in recent years boys have been outstripping the girls by about ten per cent, the pink bootied variety have now narrowed the gap to less than 5 per cent during the past six months.

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## MONTHLY MEETINGS

**STAFF OF TACOMA GENERAL**

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

**STAFF OF ST. JOSEPH'S**

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

**TACOMA ACADEMY OF INTERNAL MEDICINE**

Fourth Tuesday of each month—6 p.m. at Tacoma Club

**SURGICAL SOCIETY**

Third Tuesday of each month—6:30 p.m. at Tacoma Club

**STAFF OF PIERCE COUNTY**

Last Monday of each month—6:15 p.m.

**PIERCE COUNTY MEDICAL SOCIETY**

Second Tuesday of the Month—8:15 p.m.

**STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL**

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

**STAFF OF MEDICAL ARTS HOSPITAL**

Third Friday of March, June, Sept. and Dec.—7:15 a.m.  
at Scotty's Cafe

**PIERCE COUNTY PEDIATRIC SOCIETY**

First Friday of Sept., Nov., Jan., March and May

*The* **BULLETIN** *of the*  
**PIERCE COUNTY MEDICAL SOCIETY**

VOL. XXIX—No. 1

TACOMA, WASH.

SEPTEMBER - 1957



# Pierce County Medical Society

1957

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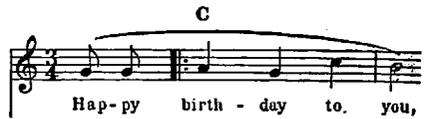
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## Happy Birthday

September

- 8 JAMES DUFFY
- 10 MAX THOMAS
- 11 CHARLES BOGUE
- LEON THOMAS
- 12 MYRON BASS
- 13 ELDON BLIZARD
- 15 MICHAEL GOODSON
- 16 FRANCIS HENNINGS
- 19 CYRIL LUNDVICK
- 22 J. W. BOWEN, JR.
- 23 THOMAS SKRINAR
- 24 WALTER SOBBA
- 27 ARNOLD JOHANSSON
- 30 S. STEFAN THORDARSON

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## NOTICE

Check back page of Bulletin for calendar of special meetings

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**PROGRAM**  
**PIERCE COUNTY MEDICAL SOCIETY**  
**TUESDAY, SEPTEMBER 10**  
**8:15 P.M.**

**MEDICAL ARTS BUILDING AUDITORIUM**

Round table discussion by Delegates to W.S.M.A. of problems and resolutions to be considered at the State meeting.

**DR. ARNOLD HERRMANN, *Moderator***

**DR. JESS READ . . . . .** Short summary of the workings of the A.M.A. House of Delegates

**DR. J. W. BOWEN, JR. . . . .** Problems of the State Association from the standpoint of a Trustee

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## GUEST EDITORIAL

"Water is never missed until the well runs dry" is an old bromide but applies to blood in the everyday world of medical practice.

Whole blood and blood fractions are biological products that cannot be manufactured by man. Often, it seems, this is forgotten when we are able to order these therapeutic agents much as any drug from the pharmacy, without second thought. Blood must be produced by another human before it can be administered.

Family and friends are easily persuaded to stop at the Blood Bank before an elective surgery, before an anticipated neonatal problem becomes a crisis, and while the patient is ill and receiving blood in the hospital. A reminder by his physician is all that is necessary to get the patient and his family busy supplying this often-life-saving blood *before it is needed*.

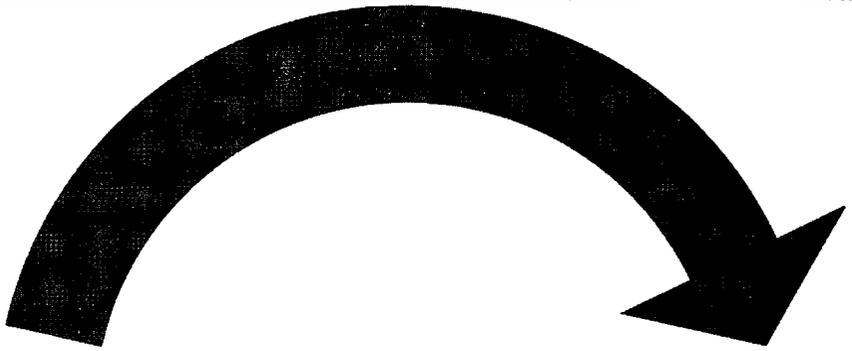
Drop-in donors at the Blood Bank supply enough surplus to take care of emergency needs for blood. These public spirited individuals cannot be expected to supply needs for elective surgery and long term illnesses however, and it is absolutely necessary to prepare for these needs as much as possible by prior phlebotomies.

Many surgeons and physicians are conscientiously supporting the blood supply by proper advice to patients. Many are not, however, and this carelessness contributes markedly to a periodic collapse of the inventory at the Blood Bank. The conscientious physician is then being penalized by this carelessness when his patient needs blood and it is not available.

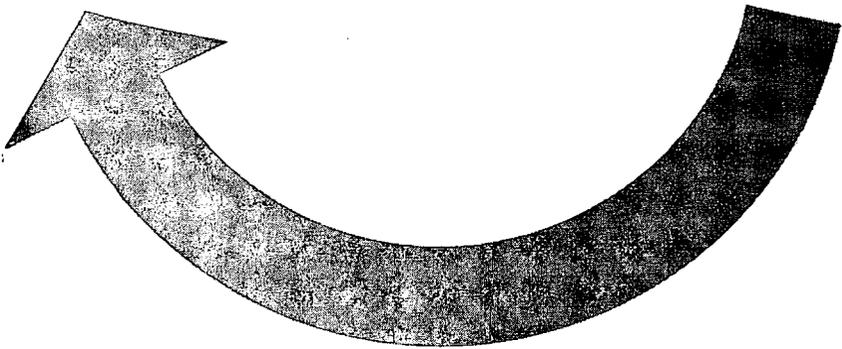
Only a total community effort by medical and lay individuals alike can solve this problem of blood supply so that each patient's need is met.

Remember the Blood Bank.

M. J. WICKS, M.D.



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## Publisher of McChord Directory Informed of Medical Ethics

Following is a copy of the reply sent Mr. Willard Gamble regarding the letter soliciting doctors to take space in the McChord AFB Directory.

August 9, 1957

Willard Gamble, Publisher  
OIS Fighter Winger (Air Defense) (ADC)  
McChord Air Force Base  
Tacoma, Washington  
Dear Mr. Gamble;

I have before me your letter announcing the publication of the McChord Directory and Guide in which you are soliciting doctors to take space in your Directory.

Advertising in such a media is strictly contrary to our code of medical ethics. In the event that some of our younger members may not be aware of this ruling, might I ask that you explain this to any who might apply. This will save embarrassment to some, and prevent any bad feelings.

Sincerely

Hillis F. Griffin, M.D.  
President,  
Pierce County Medical Society

HFG:jg

## Letters to the Editor

Zanesville, Ohio  
August 7, 1957

This is a beautiful place. All motels crowded. Too afraid of women to ask for night of rest at Y.W.

We have had a most wonderful trip and visit. The scenery by auto across the U.S. has been a great experience and a gratifying joy. Friends and relatives have extended to me most affectionate welcome that makes one feel good all the way through.

Sincerely,

Dr. J. B. Robertson

## Newsweek Magazine Publishes "Special Report"

Your Bulletin editor recently received a post card from Newsweek magazine calling attention to a "special report" in the August 5th issue concerning unjustified surgery. A "man on the street" reaction to the article has been solicited and appears below.

This report is based almost entirely on statements, facts and figures quoted from American College of Surgeon heads, Paul R. Hawley and I. S. Ravdin, who have been vigorously crusading against sin in surgery for some time.

Happily, the write-up is not sensational or over-dramatic if one turns directly to the medical section and ignores the yellow journalism boldface on the cover asking, "Was your operation really necessary?"

What was said in the article was old stuff to all of us who've heard Hawley and Ravdin before and we're all aware of the existence of much unnecessary surgery.

We, in Pierce County, are not entirely lily-white, but we should be largely unafraid of our patient's inquiries about whether we have tissue committees, hospital accreditation and hospital restrictions against unqualified surgeons. While, for the most part, the article was probably a healthy thing for medicine, it was unfortunate to have quoted Ravdin's remarks deploring G.P.'s without formal training doing surgery. This tends to undermine a patient's confidence in a surgically competent G.P.

Whether an expose such as this for public consumption does any real good is questionable. Public awareness can do very little to correct this problem; it must really come from within—from doctors themselves, as it is being done in Tacoma and other model medical communities.

Ted Haley

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## Social Security . . . Is It For You?

By V. L. Schwartz, C.L.U.

Editor's Note: Mr. Schwarz is an estate planner and life insurance broker. He is President of the Tacoma-Pierce County Association of Life Underwriters, member of the American Society of Chartered Life Underwriters, director of the General Agents and Managers Conference, member of the Estate Planning Council, and local instructor for the Life Underwriters Training Council and in addition is a member of the Tacoma Chamber of Commerce and various Civic, Fraternal, Religious and Veterans organizations.

In view of recent propaganda pro and con received in our journals and through the mails, it seemed desirable to hear the independent opinion of an expert in the field to help us decide on the basis of the facts. For this reason, Mr. Schwarz was asked to write the following article for the Bulletin.

Old Age and Survivors Insurance, more commonly called Social Security, is undoubtedly a subject that many of you have been discussing with your colleagues and mulling over in your minds. Much has been written about it in your professional periodicals and you have received literature pertaining to the subject from both proponents and opponents of coverage for medical doctors. This is especially true since the 1956 amendments brought under coverage well over 90% of the gainfully occupied in the United States. Doctors of medicine and Christian Science practitioners are the only occupational groups of American citizens now excluded from coverage, other than government employees covered by other benefit systems.

It is not within the scope of this article to question the philosophy of Social Security in this country. Any such discussion would be academic. Whether we like it or not we do have it, have had it for 20 years and will undoubtedly keep right on having it in the future. However, I would like to question the economics of Social Security. It may help you to decide what is best for you.

Old Age and Survivors Insurance (OASI), the official title of the act, is a misnomer. It is not insurance as we know and practice it in this country. There is no policy, no contract, no relation between the premiums (which are really taxes) and the benefits. The benefits under the act are not contractual, nor are the premiums. Both are statutory only and can be raised, lowered or eliminated by Congress without notice. The OASI taxes paid in the past on behalf of present recipients are, on the aver-

age, only 4% of the cost of the benefits they are to receive. The other 96% is being met out of the taxes of people currently working and paying. To quote the classical economists, "There ain't no such thing as a free lunch."

The life insurance industry has adopted a moderate attitude toward Social Security from its inception. However, we must remember that security is something that must be earned and paid for, whether it involves an individual or a nation. Here is what the Life Insurance Association said in 1939 in an appearance before the House Ways and Means Committee:

"No spokesman for life insurance has ever taken a position before Congress contrary to this basic statement of policy. In the main we have limited our criticisms and opposition to proposals which (1) would overexpand benefits, thus violating the basic Floor of Protection concept, and (2) would add disability benefits or health insurance."

Under (1) above the amount in the trust fund at a particular time must be compared with the necessary sum as arrived at by actuarial computation. This amount so computed just before the 1956 amendments was about \$275 billion, while the amount in the trust fund was about \$22 billion. The difference represents unfunded accrued liability, or deficit. That deficit was markedly increased by the 1956 amendments, although no computations as to the amount of the increase are as yet available. The average legal reserve life insurance company has from \$105 to \$115 of assets for each \$100 of liability, if they had less than 100% State Insurance Departments would undoubtedly take them over. The OASI trust fund has \$8 of assets for each \$100 of liability. This is not insurance as we know it and it should not be compared with insurance, although some who are advocating coverage for your profession have attempted to do so.

In direct defiance of (2) above the 1956 amendments included disability benefits for certain disabled workers past 50. This provision was vigorously opposed by the life insurance industry on the ground that it will be almost impossible to administer and because future demands for liberalization will almost surely include medical and hospital care. The new disability trust fund begins operations with an unfunded accrued liability, or deficit, in the neighborhood of \$25 to \$50 billion and that is superimposed on the already existing deficit of some \$250 billion. Yet at the same time the principle of "Floor of Protection," the theory that OASI should provide coverage only for the bare necessities while encouraging people

(Continued on Page 13)

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(Continued from Page 11)

through their own thrift and initiative to provide any additional protection above this basic amount, has continued to be followed. Nor has the "Earning Base Level," that portion of the covered person's income which is taxed to pay the benefits, risen unduly in view of the fact that prices have almost doubled since the inception of the act. The 1935 level was \$3,000 — today it is \$4,200.

It is significant that the benefits under the act have been increased every two years since 1950 and, strangely enough, each time in a Congressional election year. The only inherent brake on OASI expansion is the tax rate itself. If Congress continues to increase the benefits under the act, it is absolutely essential that the tax rate be increased. The deficit will increase each year at our present tax rate even without an increase in benefits. Further substantial increases in benefits without higher taxes will mean eventual death to the plan.

The existing tax rate for the self-employed is as follows:

Years	Amount of Tax*
1957-1959	\$141.75
1960-1964	173.25
1965-1969	204.75
1970-1974	236.25
After 1974	267.75

\* Assuming an income of \$4,200 or more per year.

For some families the above rates for OASI already make this tax greater than the income tax they must pay. This is especially true of small, self-employed farmers and business men. The same thing is starting to happen to some wage earners whose employees tax is 1/3 less than the amounts shown (their employer also pays this amount). If the present Social Security tax rates are substantially raised they will become so burdensome to these voters that our legislators will be informed in no uncertain terms they have had enough. This could of course force our legislators to increase the tax base (above \$4,200) rather than the tax rate; it would be politically more expedient as it would follow the philosophy of "soak the rich" and would affect a much smaller group of constituents. However, the sheerest political expediency would dictate no increase in either the tax rate or the base amount. It would be much less painful for Congress to pay the deficit from some hidden excise tax or from the general fund. This would result in all taxpayers sharing in "paying the freight" of OASI, whether they are covered or not.

The foregoing brief attempt to cover some of the many ramifications of our Social Secur-

ity system is not meant to imply that OASI should have been collecting greater taxes since its inception. Full funding of the type practiced by life insurance companies for a trust of this enormous size would be unnecessary and impractical. Rather this discussion is aimed at pointing out the dangers in increasing benefits. The writer believes that the average American now realizes that Social Security benefits are not free, nor even cheap. It is doubtful that a majority will be willing to pay additional taxes for broad new benefits.

It would be ridiculous to say that coverage under Social Security would or would not be a good thing for all medical doctors. Such a statement would be as ridiculous as a blanket prescription for hundreds of persons with hundreds of symptoms. Each case stands on its own fact situation. However, taking into consideration all aspects of OASI, I would say that most medical doctors would benefit by coming under the act. In my opinion, any further opposition to Social Security on the part of your profession would be better directed against expansion of present benefits and not against coverage for your group. If I were not covered, I would choose to be covered primarily on the basis that I would eventually be paying for the benefits by my taxes whether I have the benefits or not.

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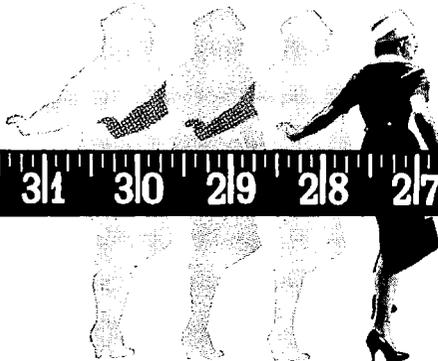
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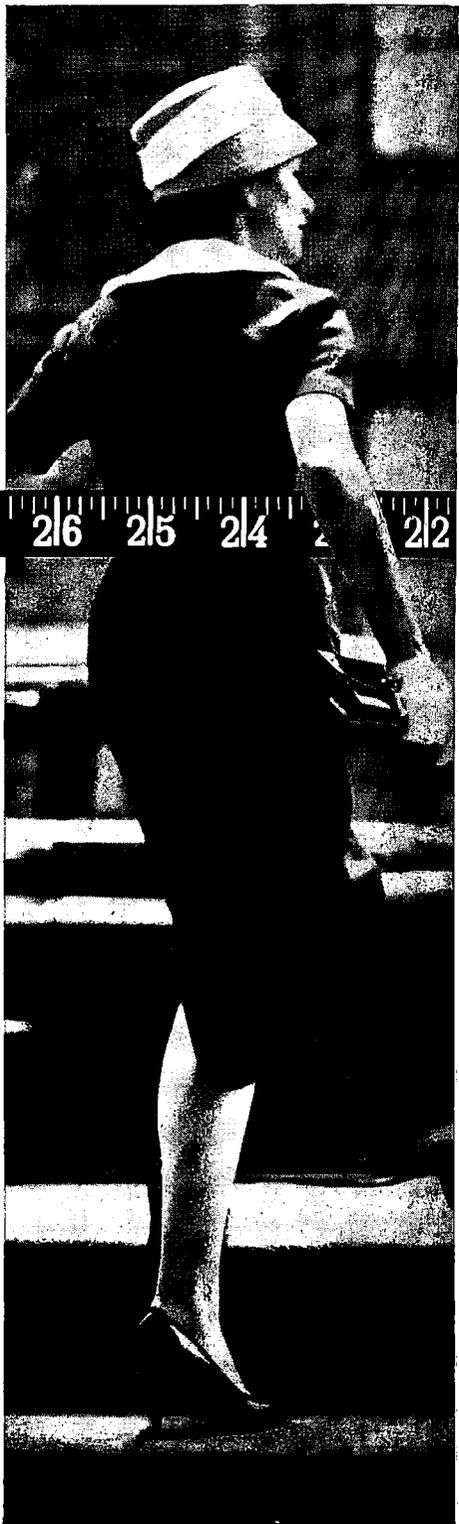
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References: (1) Holt, J. O. S., Jr.: Dallas M. J. 42:497, 1956. (2) Galvin, E. P.; McGavack, T. H., and Kenigsberg, S.: Am. J. Digest. Dis. 1:155, 1956. (3) Natenshon, A. L.: Am. Pract. & Digest Treat. 7:1456, 1956.

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*To The Pierce County Medical Society*

1957-58

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City Council .....	Mrs. William Goering
Dance .....	Mrs. Horace Anderson
Christmas Party .....	Mrs. Howard Pratt, Mrs. Robert Osborne

1. First meeting of the new Auxiliary board was held August 12 at Dorothy Maier's beach home in Rosedale. After luncheon the Board and Committee chairmen discussed the year's program, including . . .

2. The matter of dues . . . payable now and delinquent December 31st. Dues are \$5.00 plus \$1.00 hostess fee. Send your check for \$6.00 to Dorothy Maier.

3. The State Convention will be held in Seattle September 15-19. If you plan to attend, delegate cards are available through Florence Duerfeldt or Ruth Murphy.

4. A.M.E.F. cards, acknowledging your contribution to the American Medical Education Foundation in lieu of flowers, may be obtained by calling Jeanne Judd. As a token of sympathy, or congratulations . . . a nice gift under any circumstances . . . and A.M.E.F. card solves many a perplexing gift situation, and aids a worthwhile cause too.

5. The Auxiliary is again sponsoring the Nurses Swim at the Y, with our purchase of a group membership on their behalf.

5. Time and place for this year's fashion show luncheon has been set . . . November 15th at the Top of the Ocean. The number of tickets this year will be limited to 400. Recalling last year's overwhelming turnout, you may want to purchase your tickets in advance. They will be on sale at the October tea.

### Diagnewisis

Doctor and Mrs. Wm. McPhee, with their five children, moved into a new larger home in June; enlarged their family with a new boy in July.

Edith Lawrence also made news this summer with a new daughter.

Tennis Club members and their guests who attended the buffet fashion show at the Club August 17th found it more exciting because of the beautiful models in the show. Auxiliary members Joan Anderson, Helen Florence, Jeanne Vadheim, Marj Wicks and Muriel Nelson were the most beautiful of course.

### Headliner of the Month

Those of us who spent the summer on our chaises at sea level were astounded to hear that two of our Auxiliary members climbed Mount Rainier. This amazing story was too hot to handle . . . so here in their own words is the account of the conquest of Mount Rainier by Peg Haley and Adele Durkin . . .

After several changes of heart and plans, the Mt. Rainier 1957 Expedition (un-sponsored by either the Pierce County Medical Society or the Auxiliary) was scheduled for July 27 and 28. Those going were Drs. Bill Mattson, Ted Haley and Darwin Marlatt and Lady Hillary and Madame Tenzing.

What to wear was our first problem: long johns or not, Tricouni nails on Swiss hand-made boots or Junior Patrol boots (for answer turn to page 63, lower left hand corner.) On our arrival at the Paradise guide house on Monday morning, guide Gary Rose examined the contents of all rucksacks and added socks, outsized army parkas, canvas mitts with trigger fingers, socks, goggles, wooly shirts, natty G.I. caps and more socks. We looked like a lost patrol from Attu, but even this much clothing proved grossly inadequate at the summit. We also carried two movie cameras, two 35 mm. cameras loaded with color and one with black and white, crampons which are two-inch steel spikes strapped like skates to one's boots, ice axes and anything else we wanted to enough to carry to the overnight stop, Camp Muir at 10,000 feet.

(Continued on Page 17)

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(Continued from Page 15)

The four-and-a-half mile climb to Camp Muir was uneventful except for the lesson in mountain climbing. The guide stopped at near-perpendicular snow slope, hurled himself over, jabbed his ice ax into its heft, rolled onto his stomach, stopping his fall with his ax and his toes. Everyone practiced this in a desultory fashion—every time we slid down we had to come back up and we were tired already. In three tries this self-arrest was far from reflex and we all vowed not to fall!

About four p.m. we reached the two tiny stone huts surrounded by glaciers at Muir. There the guide service provides excellent sleeping bags, straw ticks and rusty army bunks in its own seven by twelve foot hut. With two-foot boards connecting both levels of the two bunks, eight people managed to crowd cozily for the six hours left until the midnight alarm. The other three were somehow deployed on the floor.

At the alarm everyone got on all the mittens and surplus army gear and crampons (no easy task in that space), had hot tea and were roped in place by the light of the stars and the flashlights swung pendulum-fashion around our necks.

There were new problems confronting us. Too much slack rope and you stumbled over it with your crampons, too tight a rope and the fellow ahead began to mutter about dragging you as well as himself. The evening before, the guide had said that mastering the "rest step" was necessary to get to the top. The rest step is reminiscent of the bride's walk in the Lohengrin wedding march and darned difficult on a steep, sun-pitted snow slope. But the sun rising over little Tahoma peak, turning the glaciers green and turquoise was worth all the difficulties of the climb, all the discomfort of Muir and all the weariness—and there was plenty of THAT.

The last two thousand feet were frightful. The temperature was 16 degrees and the wind 60 miles an hour. We became two groups: those who were more cold than tired and those more tired than cold. The latter would stop and all of us would huddle like sled dogs. Then those more cold than tired would scream into the wind, "Go on!"

And go on we did, and we all got there—much to our surprise. (What's more, we managed to coax our tired spaghetti-like legs back down the mountain to Paradise that day.)

The top at last! And none too soon for our empty stomachs and weary muscles. It was now nine a.m., just after breakfast at home and it seemed as if a whole day had passed; We ate some more raisins, crackers, candy bars, cheese,

and water (we'd had the same menu at each meal and each major rest stop) and gained strength enough to wander around the edge of the crater to the high point of Columbia Crest. There we planted in full glory, with proper photographic coverage, a flag (lipstick on a handkerchief) for you all, saying:

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patients appreciate the gratifying relief from allergic reactions of virtually every type.

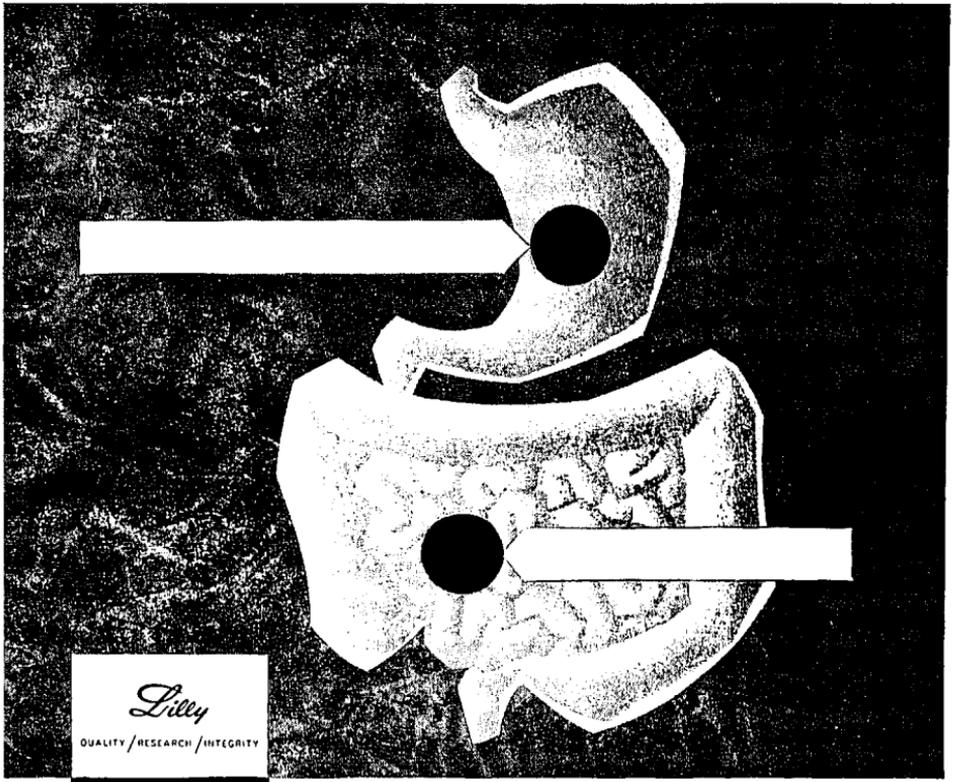
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*'Elorine Chloride' is now available in pulvules of 50 and 100 mg.*

'Elorine Chloride' effectively decreases gastric secretion and reduces motility of the gastro-intestinal tract (but not of the esophagus). Thus, it is especially valuable in peptic ulcer therapy. In one phase of a comprehensive study<sup>1</sup> of anticholinergic agents, 'Elorine Sulfate'\* was shown to reduce gastric acidity to pH 4.5 or higher in all sixteen patients. This reduction was maintained from thirty to more than 270 minutes, and in nine of the sixteen patients it lasted longer than three hours.

1. Sun, D. C. H., and Shay, H.: A.M.A. Arch. Int. Med., 97:442, 1956.

\*'Elorine Sulfate' (Tricyclamol Sulfate, Lilly)

# HOSPITALS . . .

## *Saint Joseph's*

The 1957 Senior Nursing Class graduated on Sunday, August 25. The graduation day commenced with High Mass in the hospital chapel celebrated by Rev. Kaufer, S.J. Father Maurus Keller, O.S.B., of Saint Martin's College gave the main address of the day.

The Cleft-dwellers, a popular choral group in the city, supplied the afternoon's musical program.

Mrs. F. Renwinkel, R.N., has returned as staff nurse to the Pediatric Department after a leave of absence of two months.

Mrs. M. Harris, R.N., has been added to the staff to replace Mrs. Ann Wagner, R.N., who has left to enter Public Health work in California.

On September 3rd the first class of Medical Record Technicians will begin here at St. Joseph's. The four students are Sister Agnes St. Rose and Sister Marie Immacule, and also Sharon Weinreich and Barbara Murray both of St. Leo's High School.

This is a new classification for medical record library personnel established in 1953 by the American Medical Association. This is also the first school for MRT in the Northwest.

The medical record technician is equipped to carry out the technical work of maintenance and custody of medical records under supervision of a registered medical record librarian or a record committee composed of licensed physicians. The technician has a basic knowledge of medical terminology and anatomy as well as of the ethical and medicolegal aspects of medical records, and thus has a good background for work in allied fields such as clinics, medical departments of insurance companies and doctors' offices. Continued advancement in the profession is also open to the technician by an accumulation of experience in addition to fulfilling the educational requirements of the registered medical record librarian.

Applicants must have been graduated from an accredited high school. Proficiency in typing is essential and ability to take shorthand desirable. Applicants are required to pass a test of 60 words per minute in typing before final acceptance into the school. If the applicant wishes to advance in the medical record librarian profession, she should have taken courses in high school acceptable as college prerequisites.

The applicant must be between the ages of 17 and 35 years. Applicants must be of good character, pleasing personality, neat, accurate,

with mental alertness and other such personal characteristics as will make them desirable members of the profession upon completion of the course.

Three new interns were added to our Staff during August. Dr. Antonio Gill Lopez from the University of Mexico and Dr. Sonia and Myrna Estruch from the Dominican Republic. They are two sisters whose father is also a medical doctor and at present is the Dominican Consul in San Francisco.

## *Ob Report*

Mr. and Mrs. Earl Hoveland, Hoveland Drug Store, a boy, June 27th; Dr. and Mrs. Bernard Bader, a boy, August 19th; and Norma Hammond, Physical Therapist, a boy, August 13th.

Joyce Vye, a girl, June 16th; Bonnie Zurfluh, a boy, July 1st; Paula Raquer, a girl, July 25th; Virginia Vincent, a girl, July 27th; Eileen Smith, a boy, July 1st.

Congratulations to all!

## *Pierce County*

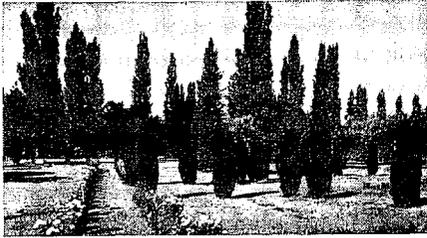
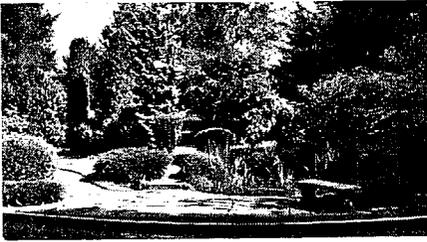
The social event of the summer for the hospital staff and personnel was the picnic held, August 16, at Point Defiance. A large number attended and enjoyed delicious refreshments and games. A drawing for a GE radio was won by Ruby Hart's husband. Much appreciation is expressed to the various committees headed by Arlene Slane, Frances Sterne and Harriet Buzard for their endeavors in making the event a success. Dr. Collins was a very efficient Master of Ceremonies. Solveig Engman, R.N., won the shoe kicking contest and Mike Newman, purchasing department, won the gunny sack race.

Friends of Selma Auer, laboratory, who sustained severe injuries in an automobile accident early in July, are pleased to learn that she is recovering satisfactorily at St. Joseph's hospital, where she is able to receive visitors.

The hospital suffered a great loss in the death of one of its most esteemed personnel when Vera Moody died August 2. Sympathy is extended to her family from her hospital associates.

The laboratory force is bragging that it has added two very new members to its staff: a baby boy, Steven Leonard, born July 15 to Leonard and Jeanette Howe, and a wee girl, Janna Marie, daughter of Beverly and Joseph Marcelia, born July 26th. Both mothers are members of the laboratory staff and are planning to return to their positions in a few weeks.

(Continued on Page 21)



## NO FUNERAL PROCESSION

Burials at Mountain View are conducted entirely within the confines of the park. There is no long procession through the din and traffic of city streets, and no parking problem for friends and relatives who attend the services.

*Everything in one place*

# MOUNTAIN VIEW

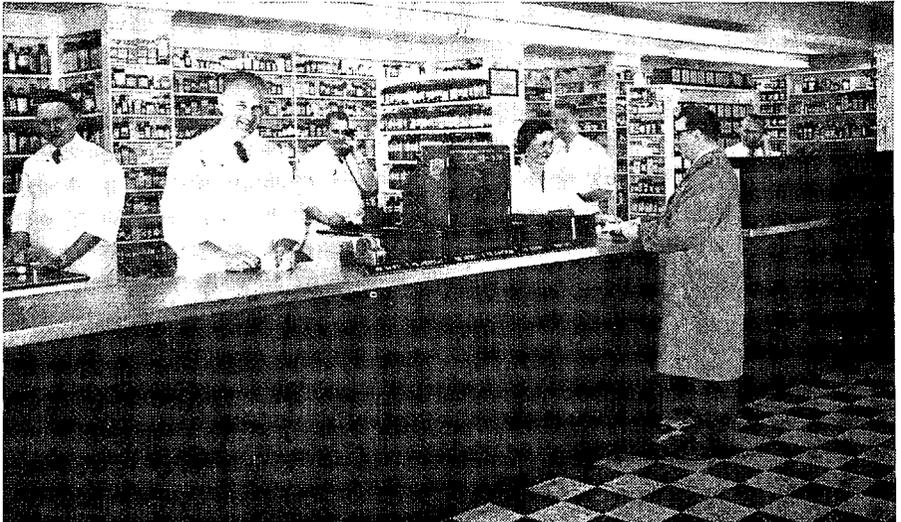
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(Continued from Page 19)

Miss Alexandria Bury, head of the Record Department, is vacationing at her father's home in Vancouver, B.C.

Mary Clark, record librarian, is leaving with her husband, Tom, for their new home in Flint, Michigan on August 26. Mr. Clark has been transferred there by his company, The Addressograph-Multigraph Corporation. Mary's departure is deeply regretted, but best wishes go with her and her husband.

Two new faces seen in the culinary department are those of Naomi Barrett of Long Beach, California, and Eleanor Armer of Mitchell, South Dakota.

Martha Hodak of the dining room staff is visiting her daughter in San Jose, California.

Deep sympathy is extended to Jessie Haycock, Social Service, on the death of her father, Mr. John Throckmorton of Berger, Iowa, on August 3. Mr. Throckmorton is pleasantly remembered by the many friends he made during his stay at the Haycock home two years ago.

Martha Jane Vaughan, just returned from Tokyo, Japan with her husband, Sergeant Leo Vaughan, who is now stationed at Ft. Lewis, is a new member of the Laboratory staff. Martha was employed at the 406th Medical General Laboratory in Tokyo.

Another new laboratory technician is Shelba Howell, recently employed at the Marion Illinois Hospital in Marion, Illinois. Her husband is Private Charles Howell of Ft. Lewis.

### *Mary Bridge Children's Hospital*

In response to the editor's request, here is a brief report on the cases presented at Grand Rounds at Mary Bridge Children's Hospital August 13, 1957.

Case I. A 22 month old white female admitted with 8 hour history of restlessness and irritability without fever. About noon the mother noted the child was "groaning" and at this time the child seemed to have a staring expression and was unresponsive to questioning. Other history was not helpful except for a fall on the left forehead two days prior to admission, without significant symptoms. For several days after birth the child had "yellow jaundice." No history of any previous seizures was obtained.

Physical examination on admission was normal except for generalized hypo-reflexia. Laboratory results included a white blood count of 5,200 with 69 segmented polys and 28 lymphs. A spinal fluid examination showed one cell with normal chlorides and protein, and

(Continued on Page 23)

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(Continued from Page 21)

96 mgms. per cent sugar. Routine skull x-rays were normal.

In the hospital the child ran a fever the first 24 hours which then returned to and stayed normal. On the second day this child again had a staring spell while eating and was at this time observed by the interne. No twitching symptoms were noted but the child was unresponsive for several minutes.

Discussion centered around the question of whether this child should now be placed on anti-convulsive treatment, which all agreed should be continued for two or three years if started at all. Consensus was that before this is done blood calcium and sugar determinations and long bone x-rays for lead lines should be obtained. Opinion was divided as to whether electroencephalography should be done on a child this age, since the child would have to be asleep for it. Most discussants felt that they would institute anti-convulsive therapy following these two seizures, but others felt that treatment was not indicated unless one or two more attacks should occur in the next year.

Case II. A 7 year old white male admitted with symptoms of fever, headache, and nausea of less than 12 hours duration. The headache was not relieved by aspirin. There was no vomiting. The child was seen only because the mother was concerned about the fact that he had had a previous febrile infection due to a "kidney infection."

Physical examination disclosed the child only moderately ill and with no findings except that extreme flexion of the neck produced pain and caused the knees to flex. He sat up readily, at first using his hands in a tripod position, but when asked to fold his hands in his lap he did so with normal back curvature. With the knees extended while sitting, extreme flexion of the neck to put the chin on the chest produced slight pain.

Spinal fluid showed normal pressures with a clear ground glass appearance. Of the 400 cells found, 40% were polys and 60% lymphs. Sugar and protein were normal and no organisms were seen on smear or culture. Globulin showed a trace increase. Blood count and urinalysis were normal. Throat washings and blood studies were initiated to try to identify a virus etiologic agent. In the hospital the child's temperature fell to normal and remained there within 12 hours although he was given no treatment other than aspirin prn. His neck stiffness rapidly cleared and a repeat spinal fluid on the fourth day showed 61 cells and no increase in globulin or total protein.

Discussion centered around the fact that this child's symptoms were those commonly found

and presumed to be due to the flu. The point was emphasized that careful examination of a good many other children with similar complaints and evidence of a virus type infection might disclose many other cases of lymphocytic or non-suppurative meningitis or encephalitis in an epidemic of smiliar virus infections. It was further pointed out that although this type of case might well have been diagnosed in the past as non-paralytic poliomyelitis, virus studies on similar cases which occurred in 1956 showed them to be due to an infection with Cox-sackle type B virus. Cases heretofore diagnosed as non-paralytic polio occurring in children previously immunized with Salk vaccine may well fall in this category.

—CHARLES E. KEMP

### *Mt. Rainier Council Extends Thanks to Volunteers*

The Health and Safety Committee of the Mt. Rainier Council of Boy Scouts of America wishes to express its appreciation to the doctors who responded to the appeal for volunteers to examine boys at Camp Hahobas. The examinations were given each Sunday during camp sessions as part of a national requirement of the Boy Scout organization. Sincere thanks go to Drs. Hess, Houtz, Lantz, Race, Comfort, Trimble, Rich, Dye, Freeman and Haley.

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Pamine-Phenobarbital Tablets containing methscopolamine bromide, 2.5 mg., and phenobarbital, 15 mg. ( $\frac{1}{4}$  gr.) in bottles of 100 and 500.

*Usual adult dosage:*

1 tablet  $\frac{1}{2}$ -hour before meals and 1 or 2 tablets at bedtime.

Pamine-Phenobarbital, Half-Strength Tablets, containing methscopolamine bromide, 1.25 mg. and phenobarbital, 8 mg. ( $\frac{1}{8}$  gr.) in bottles of 100.

*Usual adult dosage:*

2 tablets  $\frac{1}{2}$ -hour before meals and 2 to 4 at bedtime (or 2 tablets four times daily).

Pamine-Phenobarbital Elixir containing 1.25 mg. methscopolamine bromide, and 8 mg. ( $\frac{1}{8}$  gr.) phenobarbital per 5 cc. teaspoonful. In pint bottles.

*Usual adult dosage:*

2 teaspoonfuls four times daily.

The Upjohn Company, Kalamazoo, Mich.



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THE UPJOHN BRAND OF  
METHSCOPOLAMINE BROMIDE

## Dr. Larson's European Trip

By Charles P. Larson, M.D.

The purpose of my trip was to attend the International Congresses of Clinical Pathology and Forensic Pathology which were held in Brussels, Belgium, between the dates of July 14 to 21 inclusive. I left Tacoma on Sunday, July 7, and traveled to Vancouver, B.C. by United Air Lines. From there I flew to Amsterdam, Holland, on the Canadian Pacific flight which goes over the North Pole. This was an eighteen-hour flight with only one stop in Iceland and was a most enjoyable and fast trip considering the great distance to Europe. Although there is not much scenery to see the trip is certainly a relatively quiet one because of the altitude flown and also because there are relatively few storms over this northern route. I spent some eighteen hours in the city of Amsterdam and had a chance to take the boat trip through the long system of canals and dykes which are found in this wonderful city. Actually I think Amsterdam is the most beautiful and picturesque city in all of Europe. One claim which can be made for any of the Dutch cities is that they are certainly the prettiest and cleanest of all the cities anywhere in the world. It is impossible to find even a small piece of cigarette paper on the streets of these cities and it is amazing that even when you walk into the wind your eyes are not blown full of debris. Never having been in Holland before, I naturally looked for windmills to either fight or take pictures of. Most of the windmills in Holland are nonfunctional at the present time, as they are not needed. Apparently the dykes and dams are sufficient to keep the water out without the necessity of all the windmills they used in centuries gone by.

My next stop was London where I was met at the airport by officials of Scotland Yard and Dr. Camps who is the forensic pathologist for Scotland Yard. The immigration and customs officials literally rushed me through the necessary clearance procedures and, as a matter of fact, there was not even an inspection of my luggage, so I suppose I could have carried any type of contraband goods and nobody would have been the wiser. Such, however, was not the case. I spent four days in London with Dr. Camps and on one of these days I attended a joint meeting of the British Association of Clinical Pathologists and the American Society of Clinical Pathologists. I gave two lectures while in London: one to the students and teaching staff of the London Hospital Medical School, and the other to selected people from the Yard. Dr. Camps was a most gracious host and saw to it that I was able to attend the trial

of homicide in Old Bailey. Old Bailey and its court trials are exactly as we have visualized them in the movies. The judges and attorneys still wear greyhaired wigs and the chief difference between their type of trial procedure and ours is the tremendous amount of power and respect which is held by the judge. The prisoner in the British Courts is still heavily guarded and actually there is a stairwell leading from the jail below up to where the prisoner sits in the courtroom so that he never actually walks in the halls of the building. British justice is also much more swift and juries are only used on major cases. Actually a murderer is usually brought to trial within a period of a few weeks from the time the offense was committed.

I spent one entire day visiting the facilities at Scotland Yard. I became well acquainted with the Director of the Yard and the Chief of the Laboratory Department. While there I was informed that the total amount of money in the budget for new laboratory equipment each year in the Yard was somewhat less than one thousand pounds, which is equivalent to approximately twenty-six hundred dollars in American money. Twenty-five hundred dollars actually purchases very little in the way of new scientific equipment, particularly of the type needed in a modern up-to-date crime laboratory. I questioned the Director and other people working in the laboratory about this and they all stated they felt they should have a larger budget and that new equipment was badly needed.

Since I had received such a very cordial reception by the people of Scotland Yard I felt the least I could do to reciprocate was to do what I could to improve their situation in the laboratory. Hence, the newspaper article which apparently traveled all over the world about the inadequacies of the equipment of Scotland Yard. Actually I gave this interview to a reporter from the London Mirror fifteen minutes before departing for home on July 28. I delayed the newspaper interview so I would be sure to be out of the country before it was actually printed. Apparently the interview has accomplished its purpose because the home office of the British Government has ordered an investigation of the facilities in the laboratory of Scotland Yard and I have heard very recently that they are intending to purchase new and modern equipment for the laboratory. This was my only purpose in the newspaper interview which many of you have read about and which was published in this country as well as in England.

While in London I purchased a small Volkswagen sedan but then found I was unable to

(Continued on Page 27)

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*(Continued from Page 25)*

make arrangements to transport this to Belgium for my use on the Continent. I finally was able, however, to get a reservation with the Air Channel Transport people who flew both myself and my automobile from London to Ostend, Belgium. This was a one-hour flight over the Channel and was most enjoyable because as soon as I arrived I was able to drive my car off the plane and had it available for immediate use. The drive from Ostend to Brussels where the international congresses were held is about ninety miles and is through a very beautiful scenic portion of Belgium. Ostend itself is a beach resort which is probably the most popular in all of Belgium and is located right on the Channel. They have a huge casino in Ostend which I am told is even finer and more modern in equipment than that of Monte Carlo. Certainly a lot of money was changing hands when I visited it.

On Monday, July 15, the meetings of the International Congress of Clinical Pathology commenced in Brussels and lasted through Friday of that week. The only official responsibility I had at this meeting was that of a delegate to the International Congress representing the American Society of Clinical Pathologists. Approximately five hundred pathologists from all over the world attended this meeting and these even included individuals from the Iron Curtain countries, such as the U.S.S.R., Poland, Czechoslovakia and Hungary. The papers at the meeting were, on the whole, very good and I welcomed the opportunity to be able to actually attend scientific meetings rather than committee meetings, as is so often the case when I attend meetings in my own country. On Friday, July 19, the International Congress of Forensic Pathology commenced in Brussels. The meeting was held in the Palais De Justice which is the center of all medical-legal activity in Belgium. The central Belgian Medical-Legal Laboratory is housed within the Palais and a very fine, adequate meeting room was provided. This meeting last Friday, Saturday and Sunday, and of course I was extremely busy as I was the presiding officer for the Congress on Forensic Pathology. The last day of the meeting was held in Ghent, Belgium, which was a most enjoyable day, inasmuch as we all had a bus trip to some very interesting Belgian cities, including Brugge, the city of churches, and Ghent which also has many interesting sights.

Following the international congresses, I had four days to spend anywhere I wished on my own in Europe. I chose to drive through Netherlands and Northern Germany and visited Rotterdam, Amsterdam, Bremen and Hamburg. I

*(Continued on Page 29)*

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(Continued from Page 27)

then shipped my car home via the Holland American Lines and returned to London where I spent one final day with Dr. Camps before flying across the Atlantic to Montreal, Quebec. I spent one day in Montreal visiting my oldest son, who is in his last year of medical school at McGill, before returning home.

If there was any one particular highlight of this very short three-week trip which I will long remember, it is the beautiful country of Holland. Holland is beautiful because of the architecture, the flat fields which are literally covered with flowers of all types and descriptions and the beautiful architecture of their cities and buildings. Also it might be of interest to the readers that the great majority of the Holland people speak fairly good English and there is no problem as far as an American tourist getting around. Also the cost of living and the cost of purchasing things in Holland is way below that of the other European countries. For anyone who is visiting Europe, I would say that Holland should be a must and that these individuals should plan on spending as much time as they can spare in this most beautiful country.

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### Dr. Dwight H. Murray to Speak At Pacific Northwest Industrial Health Conference

Dr. Dwight H. Murray of Napa, California, immediate past president of the American Medical Association, will be the keynote speaker at the Fourth Annual Pacific Northwest Industrial Health Conference to be held in Portland, September 9-10, 1957.

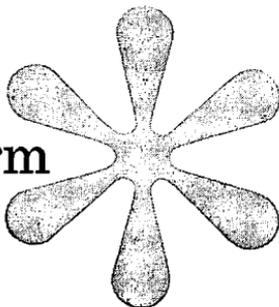
The Conference, endorsed by the Oregon State and Multnomah County Medical Societies, will feature panel discussions and question periods on such timely industrial-medical subjects as "Employment of the Injured and the Handicapped," "The Older Worker in Industry" and "Industrial Health Problems in the Transportation Industry."

The two-day Conference to be held at Portland's Multnomah Hotel, is open to all interested physicians. Advance registrations at \$10.00 each are being accepted at the Portland Chamber of Commerce, 824 S.W. Fifth Avenue, Portland 4, Oregon.

### San Diego Postgraduate Assembly

San Diego Postgraduate Assembly, San Diego County Hospital, San Diego, California, September 18 and 19. Haddon Peck, Jr., M.D., 525 Hawthorn St., San Diego 1, California.

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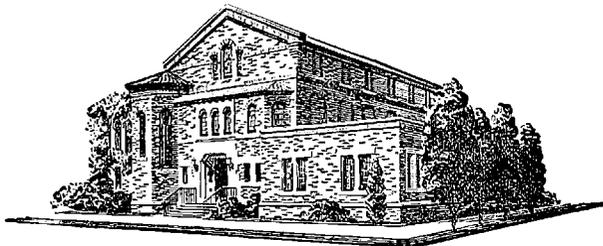
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## Haskell Maier's in Canada

By Haskell Maier

Having listened for years to many friends describe the beauties and wonders of Banff, Lake Louise and Jasper National Parks, Dorothy and I decided to take our first summer vacation and see for ourselves.

The first step was to see that the boys were well settled at Camp before we took off. Dr. Schultz and his corps of counsellors make first-class baby sitters and once our youngest got over the initial period of homesickness, we were ready to go.

We left Tacoma Saturday morning and drove to Spokane, via Stevens Pass and Wenatchee. Unless you like hard driving through many small towns, stay away from this route to Spokane, as this one makes an easy trip to Spokane hard work and I would advise going through Snoqualmie Pass and Ellensburg.

Our second day took us up through Sandpoint and Bonners Ferry, Idaho and then north across the Canadian border through the towns of Cranbrook and Kimberly and finally to Radium Hot Springs.

Road construction in Canada is not a very fast process. Our impression was that they tore up everything in sight for miles and then took their sweet time in putting a smooth surface back. We saw a tremendous amount of highway construction on our trip and nowhere did we see anything but the tearing-up process. There is a 30 mile stretch around Moyie Lake which is just barely passable and makes that part of the trip very difficult.

Radium Hot Springs is located just inside the border of Kootenai National Park. The accommodations are quite good and the "Hot" bathing facilities are excellent. They have two very lovely pools into which the mineral waters are pumped. The "Hot" pool was almost exclusively used by the middle-aged and up. Those who used it merely lounged in the heated water and seemed to enjoy themselves immensely.

From Radium Hot Springs we took off for Banff. The distance between the two places is only 85 miles, but 60 of it is only fair gravel road and speeds over 35 miles are dangerous.

The scenery, as one approaches Banff is beautiful. Mountain peaks and lush green wooded valleys are the setting of the town of Banff Springs. The Hotel at Banff is set in the heart of mountains. The main lobbies of the hotel look out onto some of the most breathtaking scenery imaginable. The lovely green valley of the Bow River opens directly in front of the hotel. Rising up on each side of the river are the rugged mountain peaks—one of the most

gorgeous settings for a hotel that one can imagine.

The hotel itself is quite a place. I have never seen a busier place outside of the city of New York. People came and went all day long. In just a few days' time the bell hops checked cars in from every state of the Union and most of the Canadian provinces. The hotel accommodates about 900 guests and has over 1,000 employees to take care of them.

The hotel has just about everything to keep its guests happy. A beautiful golf course, full 18 holes, is part of the property. It is a tricky layout and between the traps and the altitude the score can run up pretty fast. Golf clubs and other things can be rented and bought right at the clubhouse.

The town of Banff Springs has some very interesting shops and when we were there they were busier than anything we have at home. Most of them with their china and woollens are a good place to keep the Mrs. out of.

We were very happy to see John and Emma Bonica at the Hotel one morning. They had been in Calgary for the "Stampede" and were in Banff sight-seeing. The whole Bonica family was along and we all had a pleasant visit.

Highly recommended on a trip to Banff is the Chair Lift ride up the side of one of the nearby mountains. One gets a gorgeous view of Banff and all of the surrounding area. One actually gets up about 8,000 feet and it is a trip that I felt most worthwhile. It is quite safe and I saw children of 6 and 7 years enjoying themselves a great deal.

From Banff we headed north and west toward Lake Louise and Jasper. We passed Lake Louise going up to Jasper, intending to stop on the way back. The road from Banff up is really a rugged 185 mile trip. The roads for about 160 miles are again rough gravel with plenty of ruts and chuck holes. However, once again, the scenery more than makes up for the discomfort of the ride. About 85 miles from Banff are located the Columbia ice fields. This is a large glacier composed of a tremendous ice field over which one can take a snowmobile trip of about 45 minutes. Neither Dorothy nor I took the trip but we talked to some people who were quite thrilled by the ride. There is a nice chalet at the ice field where one can get a sandwich, etc.

Our next stop was the Jasper Park Lodge in Jasper National Park. This place, to us, was the ultimate in a vacation spot in this part of the country. The park has a 3½ million dollar lodge, which is the finest in this type of building. The place is run on the American plan; the food and other facilities are excellent. Tennis,

(Continued on Page 33)



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(Continued from Page 31)

swimming, golfing and sightseeing are all available. The sleeping accommodations are in cabins around the lodge and are all good. There is no waiting to get into the dining room which seats 550 people at one time. Dinner music and music for dancing is provided by a 10 piece band every evening.

We stayed at Jasper a couple of days and then began the long trek home. A short stop was made at Lake Louise just to see the lovely old hotel with its well-kept grounds and blue-green glacier lake. This hotel is also run by the C.P.R. and is very much like the hotel at Banff Springs.

We returned via Calgary—through Glacier National Park in this country—Kalispel, Montana and back to Bonners Ferry, Spokane and home. This latter route has excellent highways all the way and is really the route of choice.

Some day we will go again and I am certain we will probably take another 150 pictures and not have to repeat any of those we already have. It is a beautiful trip and both Dorothy and I recommend it highly.

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## NW Assn. of Occupational Medicine Annual Meeting Program Listed

The annual meeting of the Northwest Association of Occupational Medicine will be held at the Hotel Multnomah in Portland Sunday, September 8, 1957. The day's program follows:

9:30 a.m.—Registration (No registration fee).

9:30 a.m.—Guest lecture for industrial nurses, Donald Moore, M.D., Orthopedic Surgeon, Eugene, Oregon, "Emergency Care of the Wound."

10:00 a.m.—Business meeting of Northwest Association of Occupational Medicine; Greetings from Medical Associations.

10:30 a.m.—James Sterner, M.D., Medical Director, Eastman Kodak, Rochester, New York, "Colloquy on Atomic Medicine."

11:00 a.m.—Morris J. Dirstine, M.D., Hand Surgeon, Seattle, Washington, "Skin Replacement Following Hand Injury."

11:30 a.m.—Virgil Langtry, Attorney and Judge of Circuit Court, Portland, Oregon, "Disturbed Family—and the Worker."

12:00-1:30 p.m.—Recess.

1:30 p.m.—Packard Thurber, Jr., M.D., Los Angeles, California, "Measuring Ability and Disability."

2:00 p.m.—Eugene Cox, Chief of Motor Carrier Safety, Interstate Commerce Commission, Washington, D.C., "Highway Death from Medical Causes."

2:30 p.m.—Henry Kessler, M.D., Kessler Institute for Rehabilitation, West Orange, New Jersey and F. A. Short, M. D., Orthopedic Surgeon, Portland, Oregon, "The Rehabilitation Team." Patient presentation by surgeon, psychiatrist, limb-maker, vocational worker, etc.

4:30 p.m.—Reception honoring speakers—all in attendance are invited.

This program is open to all groups and persons with an interest in health and welfare of our working population. Especially invited are practicing physicians, nurses in industry, attorneys, those in safety and personnel roles, the insurance industry and those in counseling, guidance and other special services directed toward those who live and toil in industry. This is a medical meeting oriented toward a lay audience of wide and diverse backgrounds and interests. It is planned to answer your questions and to complement the Pacific Northwest Industrial Health Conference immediately following on September 9 and 10, 1957.

Eugene P. Owen, M.D.,  
President

Forrest E. Rieke, M.D.,  
Program Chairman

## *Ninth Annual Symposium on Heart Disease to be Held at UW*

Five nationally known specialists in their field including Dr. Paul Dudley White will be guest speakers October 4 and 5 at the Ninth Annual Symposium on Heart Disease sponsored by the Washington State Heart Association and the Washington State Health Department.

Other speakers are Dr. Hermann Hellerstein, Western Reserve School of Medicine; Dr. Robert P. Grant, National Heart Institute; Dr. Henry Longstreet Taylor, University of Minnesota; and Dr. Julius Comroe, Jr., University of Pennsylvania.

The two days of scientific session will be conducted at the University of Washington.

Topics for the Symposium are "Changing Attitudes About Coronary Disease" and "Disorders of the Heart and Lung."

The Annual Symposium on Heart Disease is in Category I of the Academy of General Practice. Credit is earned hour for hour for attendance.

Invitations and registration forms will be distributed by mail. Further information is available at the Washington State Heart Association, 3121 Arcade Building, Seattle.

The Symposium Planning Committee is chairmanned by Dr. Robert A. Bruce. Committee members are Drs. James M. Burnell, Fred E. Cleveland, Dean K. Crystal, Duncan Robertson, Alvin Katsman, Donal R. Sparkman, Seattle; W. F. Holmes, Walla Walla; Joseph H. Low, Yakima; Frederick F. Radloff, Wenatchee; Lawrence Brigham, Tacoma; and Elizabeth Welty, Spokane.

## *Congratulations!*

Congratulations Ted Haley for a nice and successful case of vascular shunt written up in the Sunday News Tribune of August 11. This was a good human interest story and of real PR value.

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## *Medical and Surgical Emergencies Theme of Spokane Symposium*

By George H. Hess, M. D.

Medical and Surgical Emergencies was the theme for a one-day symposium of the Washington Academy of General Practice in Spokane Sunday, July 14. The meeting was co-sponsored by Lederle Laboratories.

The opening speaker was Dr. Forrest M. Willett, Associate Clinical Professor of Medicine at Stanford University School of Medicine, discussing the unconscious patient. He pointed out the helpfulness of a history in search for possible causes of the unconscious state, but warned that the history in connection with trauma was frequently unreliable. He broadly classified the causes of unconsciousness into toxic, circulatory, infections, metabolic, physical including heat and cold as well as trauma, psychiatric and tumor. In a consecutive series in San Francisco, the most frequent causes of unconsciousness were cardiovascular 37%, concussion 12%, drug poisoning 11% and heart disease 10%. The highest mortality rate is also found in the cardiovascular group.

Dr. Willett stressed that immediate measures must be taken in the unconscious patient prior to detailed examination. These measures should include maintenance of an adequate airway, suction, control of frank hemorrhage, positioning of the patient and treatment of shock. Following the assessment of vital signs, the physician should make a careful examination of the patient and his environment to discover the probable cause of unconsciousness. A careful and complete neurosurgical examination is essential, although reflexes may not be helpful

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early. The presence of paralysis is best tested by raising the limb and allowing it to drop. Evidence of urination and defecation may indicate the patient has had a convulsion. In closing, Dr. Willett praised the campaign of the American Academy of Pediatrics to minimize the accidental poisoning of children.

Dr. Charles G. Johnson, Professor and Chairman, Department of Surgery of Wayne State University College of Medicine, Detroit, spoke on abdominal emergencies. This subject comprises perforation, massive hemorrhage and obstructive lesions. It was pointed out that "emergency" is a relative term and is usually measured in hours rather than minutes with respect to the abdomen. Proper preparation for operation is generally worth the time it takes, but precise diagnosis and "fence sitting" is unnecessary and may contribute to mortality.

Perforation of a peptic ulcer is approached by a short two-inch trans-rectus incision. The ulcer opening is simply closed, and no effort is made to remove gastric fluid from the peritoneum. Resection is not done, but the patient is placed on an ulcer regimen. However, in the case of a bleeding ulcer, gastrectomy is frequently used. Dr. Johnson feels that most bleeding is best handled surgically, but emphasized that chronic bleeding can so deplete the patient's hemoglobin stores that he becomes a poor surgical risk. Surgery therefore should be done early or postponed until the patient begins to build back his hemoglobin stores. The use of levophed to raise blood pressure has some danger since arterioles may become refractory and no blood pressure rise will be obtained when later transfusions are given.

Despite antibiotics, acute appendicitis is a surgical emergency. There has been a decrease in suppuration with antibiotics, but gangrene has actually become more common. The occasional removal of a normal appendix, according to Dr. Johnson, is perfectly justifiable in the interest of low mortality. The operation does little harm in the presence of the confusing pathology.

The treatment of intestinal obstruction is always surgical. If distention has occurred, decompression is better treatment than immediate operation. If strangulation is present, the increased pulse rate with falling blood pressure warns that surgery should not be delayed.

Dr. Johnson has used peritoneal aspiration to assist in diagnosis but cautioned that reliance upon laboratory procedures for definite diagnosis may get the surgeon into trouble in an emergency situation.

Obstetrical emergencies was the topic of Dr. Conrad G. Collins, Professor of Obstetrics and Gynecology at Tulane University School of

Medicine. He noted that there has been little change in the causes of maternal mortality over the past 30 years. Women usually die because of hemorrhage, toxemia, or infection. Bleeding is a natural occurrence in pregnancy; only the quantity is variable. Oxytoxics and rest are used. Curettement is not done in the presence of infection. In women with hidden bleeding, trauma, etc., cul de sac aspiration will be found extremely helpful. Dr. Collins considers third trimester bleeding a surgical problem and operates immediately. In severe hemorrhage or profound shock Dr. Collins uses intra-arterial transfusion. Often 125 to 250 c. are effective. Arteriospasm must be prevented by using block anesthesia.

Toxemias of pregnancy usually improve with low salt and fluid restriction. In more severe conditions a mercurial diuretic and apresoline are used. If the patient responds poorly to the treatment, the uterus is emptied. The use of trachiotomy in eclampsia has become almost routine. It greatly improves oxygenation and has reduced maternal mortality from eight to three per cent.

Dr. Delbert Small, Anesthesiologist of Spokane addressed the luncheon session for physicians and their wives. He remarked that the modern anesthetist spends less than 10% of his time putting the patient to sleep and concentrates all efforts on maintaining the patient physiologically as nearly normal as possible during the operation. Selection of the anesthetic agent is no longer the choice of a single drug but rather the choosing of the anesthetist and whatever agents he can best administer under the circumstances. These circumstances change, often with great rapidity, so that the anesthetist must be ever ready to modify his projected program to meet the new situation, just as a surgeon must modify his technique in the face of newly discovered pathology. Since all agents are poisons deliberately administered to the patient, safety must be the prime consideration. Dr. Small listed five fundamentals to safe anesthesia:

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gives emotional stability to the patient. 2. Emptying the stomach may be life-saving and is essential for even a trivial operation. Intubation and trachiotomy should be more frequently used to maintain or restore an airway. 3. Pre-medication allays apprehension and pain. Metabolism is depressed and mouth secretions are diminished. 4. Children should be told the truth in preparation for hospitalization or surgery. 5. Since surgical emergencies vary in importance, one must carefully weigh the situation before taking "short-cuts" in preparing the patient for anesthesia.

Emergencies in the newborn were discussed by Dr. John L. Reichert, Assistant Professor of Pediatrics at Northwestern University Medical School. The neonatal death rate has been 20-30/1000 live births, and in the past 30 years there was only a one per cent decrease in infant mortality for the first month of life. More babies die in the first three days after birth than in the rest of the first year. Over half of these infants have respiratory difficulty. There are also many surviving babies with cerebral damage that is secondary to respiratory distress. Consequently Dr. Reichert stressed the importance of an open airway. Postural drainage and aspiration of the pharynx, trachia, and stomach may be necessary. Aspiration of the stomach should be routine practice following Cesarean section. Hyalin membrane is precipitated from amniotic fluid by high oxygen concentration, and therefore oxygen concentration is never permitted to exceed 40 per cent. Humidity should be 60 to 90% with an incubation temperature of 85 degrees F. Stimulants are only used to the point of respiratory effort. Left heart failure is common in these babies and is recognized by respiratory rate that stays over 60 per minute. In such cases, digitalization for three days is usually effective. Gentleness and minimal handling is important to prevent trauma and shock.

"The four common neurological emergencies which the G.P. will see are subarachnoid hemorrhage, cardiovascular episode, epileptiform convulsions and cranio-cerebral injuries," observed the next speaker, Dr. Cyril B. Courville, Professor of Nervous Diseases of the College of Medical Evangelists in Los Angeles.

Sub-arachnoid hemorrhage occurs most commonly in young adults without obvious cause. There is an acute onset of severe occipital headache at times followed by convulsions or loss of consciousness. Treatment consists of absolute rest, reported careful lumbar punctures until the fluid clears. Then arteriography should be done to determine the feasibility of surgical attack.

In treatment of cardio-vascular accident or

"stroke," the first step is to differentiate cerebral hemorrhage from embolism or thrombosis. Hemorrhage is usually accompanied by hypertension, increased intra-cranial pressure and bloody or stained spinal fluid. Embolism is usually secondary to heart disease or some embolic focus. Thrombosis is not common; it is associated with more normal blood pressure and periods of sluggish circulatory flow.

Dr. Courville explained that intracranial injury was liable to be more serious when the head was moving and its motion was arrested than when the head was stationary and struck by a moving object. He advised that the seriousness of the injury may be judged roughly by the duration of unconsciousness.

Dr. John L. Bell, an associate in surgery from Northwestern University Medical School, closed the session with a talk on injuries to the hand. His discussion is omitted since Dr. Jess Reed has covered the subject superlatively in Pierce County.

### *Meeting of State Chapter American College of Surgeons*

By Murray L. Johnson, M.D.

This meeting was quite well attended by members of the College and other guests, mostly from the state of Washington. A very fine program was put on by members of the Washington State Chapter. The most outstanding were the noon and evening lectures of Dr. Haagensen. His subject was "Carcinoma of the Breast" and he presented in a challenging and interesting manner, his concept of the proper treatment and indications for surgery in carcinoma of the breast. Of particular interest were his comments regarding technique of radical mastectomy and his remarks on treatment of carcinoma of the breast, as it is done in this country and other parts of the world. He has, of course, written extensively on the subject.

His classification of breast carcinoma is based on the pathological and clinical background. His experience in operating and in the pathology of the breast malignancy and more recently in visiting master surgeons throughout the world makes his opinion one of great worth. Some of his "off the record" statements were more revealing than part of his formal talk. He stated that "surgeons as a whole, hate to do carcinoma of the breast, and also neck dissections, and therefore do these operations very badly, although most are very fine abdominal surgeons." He spoke of the "confused younger surgeons" of which there apparently were a number in this crowd, judging by the questions given him. In an original fashion Dr. Haagensen reviewed recent literature on carcinoma of the breast. Such statements as

"operations for carcinoma of the breast do not affect statistical results of the patients" he threw out completely as saying they were entirely untrue and not even to be considered. His remarks on the trend toward simple mastectomy and radiation were likewise very revealing. He thinks that X radiation is a type of treatment that has to be considered, however the addition of the simple mastectomy adds absolutely nothing to the treatment in his opinion. In a very scholarly way he went through his own statistics of carcinoma of the breast. In these, the end result of forty per cent survival over a ten year period compared to the eighty per cent survival of the female population of this age group has not been equaled by any other type of treatment, provided the patients are classified in order that proper comparisons of series might be done. Dr. Haagen sen warned against accepting anything except the Halsted type of radical mastectomy, except for control series because the patient is being compromised in being refused a treatment that has been proven to be very good as far as cancer surgery is concerned. He likewise criticized very seriously some of the surgeons in this country, including Wangensteen and Crile for statements they have made regarding their stand on carcinoma of the breast. He appeared to have adequate evidence to back up his stand on these subjects. Regarding the super-radical mastectomy he does not believe that it produces any more cures than the classical radical mastectomy, and believes it should be abandoned. The technique of classical Halsted radical mastectomy he believes now to be very important in the over all treatment of this condition. He brought out that in this country a good radical mastectomy technique is very rare. Most men use what he calls the "American Operation" such as advised by Harrington and others, in which a thick skin flap with relative narrow margins from the tumor is used. This is a faster operation than a good classical Halsted operation, but does not give the same cure rate. In his experience in Europe, he says that what is called a radical mastectomy there is even worse than in this country. Much of this accounts for the disrepute into which radical mastectomy has fallen.

Dr. Haagen sen believes that the basic steps of technique in the treatment of carcinoma of the breast now are—1. Biopsy, he biopsies each carcinoma, and he does this by a direct approach. If there is a question regarding the operability, he will do a biopsy of the supra-clavicular nodes, or of the subclavian nodes through the pectoralis major muscle and also may biopsy the internal mammary chain. This is so-called "triple biopsy." If any of these are

positive for carcinoma he will not do a radical mastectomy but will instead rely on good high voltage X-ray therapy, not as cure but as a method of controlling the disease.

The basic requirements of a Halsted operation, Dr. Haagen sen outlines as follows. Sacrifice of a large area of skin, which of course varies with the position of the tumor. The skin flaps are thin on all circumferences of the wound. There is as little as possible rough traction on the skin edges and on the breast itself in order to avoid embolization of the tumor which may be in the veins. The knife and sharp dissection is to be used throughout. Delicate handling of the tissue is important, including use of small clamps. In the axilla, again sharp dissection and not pulling or gauze on the fingers, is his very definite recommendation. Lastly, he states very firmly that the surgeon must disregard time. He says that most surgeons will not give more than one or two hours to a radical mastectomy, and this catagorically, he states is not sufficient for a good careful operation. He detaches the pectoralis muscle attachments to the chest before he does the axillary dissection, allowing the breast to fall down. This he believes gives fewer venous emboli. The axillary flap is of considerable importance, for here the dissection must be carried down until the hair follicles and apocrine glands are visible. An absolutely dry field must be had, particularly for the axillary dissection where sharp instruments are used throughout. Laterally, he makes a point of carrying the deep pectoral fascia to the peak in the axilla, thus doing a true block dissection. He routinely sacrifices the thoraco-dorsal nerve for this good pathological reason: A majority of cases with involved nodes will have this involvement in the mid group which is around the thoraco-dorsal nerve. There is no handicap to these patients except a slight bulge of the latissimus dorsi. The long thoracic nerve of Bell which enervates the serratus anterior, he routinely leaves, this being on the chest wall and not in line of lymphatic drainage. In the final step, dissection is carried from medial to lateral, to get the subcapular group of nodes, this being a less bloody procedure.

Dr. Haagen sen routinely uses skin grafts, but seldom uses drainage although he will aspirate the fluid under the flaps. He states that with no tension on the skin there is less post operative pain. With this operation he plans on five or six hours for the total operation including the biopsy and the skin graft at the end. He rarely uses blood during the operation and does not use post-operative radiation as a routine. He does not insist that the patient use the arm for

(Continued on Page 39)



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the obligation to dispose of his worldly goods by means of a will for the protection of his wife and family. It is the widow of modest means who most needs the help of a will. A will does many things. It provides the greatest economy in settling his affairs. It leaves more for his wife and family—it gives protection.

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(Continued from Page 37)

six or ten days during the initial healing period. He has found in culturing the wounds that forty per cent of the wounds show pathogenic organism at the end of the operation and therefore he gives prophylactic antibiotics. He states that gross infection is practically unknown.

In his background of experience on studying carcinoma of the breast, a most interesting point was the large number of nodes involved in the axillary dissection, he found as many as seventy-eight nodes in the area removed by a classical Halsted operation. Numbers in the forties and fifties are common, therefore the pathologists report of examination of seven or eight nodes must be accepted as only an indication of the metastatic involvement. The percentage of axillary metastases is much higher if first the specimen is cleared and all nodes are sectioned, secondly if the nodes are serially sectioned and examined. This is, of course, impossible from a practical point of view.

In summary Dr. Haagensen insists that despite the use of the Halsted operation for many years, there are very few statements in literature that have been utilized because of the poor classification of the tumors. He repeats, with good reason, that in order to compare results, we must first have classification of the extent of the carcinoma as well as the cell type and compare the result of the various treatments on the various categories. No treatment yet devised can compare with a radical mastectomy done in a manner originally devised by Halsted, the details of which are noted above. Any compromise of this treatment is likely to compromise the results, as to cure rate and recurrence.

## Influenza

By Dr. Leroy E. Burney

Surgeon General, U.S. Public Health Service,  
Department of Health, Education, and  
Welfare

The current epidemic of influenza in the Far East with sporadic outbreaks in the United States and elsewhere is caused by a new strain of type A virus known as the Far East strain. Experts in the field say there is little question that we will have an epidemic of Asian influenza in this country some time during the fall and winter months.

Isolation of the causative virus was made prior to the appearance of this strain of influenza in the United States; thus for the first time in history we are ahead of an impending epidemic. While the disease will probably be mild there is always the outside possibility of a repeat of the 1918 epidemic, especially in the

event of a mutation which is antigenically different from the virus to which the population has previously been exposed. There is the further possibility that virulence of the infection will increase as reflected in case-mortality rates. Even though these are still only possibilities, any preparations, to be useful, must be made now.

Studies in the military reveal that a properly conditioned vaccine is 70 per cent effective under epidemic or endemic conditions and that reactions to the vaccine are quite rare. Individuals known to be sensitive to egg are *not* given the vaccine since virus is grown in embryonated eggs. The manufacturers of vaccines are able to produce satisfactory monovalent vaccine containing Asian strain in sufficient quantities for civilian use and are now working on a large-scale production basis.

In recent years the nature of influenza in this country has not warranted the use of influenza vaccine except on a group basis to minimize absenteeism in so-called priority groups. However, the present epidemic, with its rapidity of spread and high attack rate, is sufficiently unusual to press for immunization against the new strain of virus. As a properly constituted vaccine is the only preventative for this disease, the United States Public Health Service, the Association of State and Territorial Health Officers, and the American Medical Association plan to promote use of the vaccine as soon as it becomes available. To accomplish this we plan to embark on an educational and promotional campaign to encourage all persons who want it to seek influenza vaccine on a voluntary basis. Any such campaign must be conducted in an orderly fashion to avoid confusion and hysteria in the public and will call for the combined efforts of all of us.

## Medical Secretaries Offered Vocabulary Course

Medical secretaries will be offered a class in medical vocabulary-building this Fall at the Tacoma Vocational-Technical school.

This class will be taught by Mrs. Ann Kelly March who is a graduate of the Zweegman School for Medical Secretaries, San Francisco. Mrs. March is now employed in the Medical Records department of Mary Bridge Children's Hospital.

This class will offer a course in medical prefixes, suffixes and terminology directed toward building a better medical vocabulary.

Those interested in this class may call the Tacoma Vocational-Technical school for further information, BR. 2-9367.

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## MONTHLY MEETINGS

### STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

### STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

### TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

### SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

### STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

### PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the Month—8:15 p.m.

### STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

### STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept. and Dec.—7:15 a.m.  
at Scotty's Cafe

### PIERCE COUNTY PEDIATRIC SOCIETY

First Friday of Sept., Nov., Jan., March and May

*The* **BULLETIN** *of the*  
**PIERCE COUNTY MEDICAL SOCIETY**

VOL. XXIX—No. 2

TACOMA, WASH.

OCTOBER - 1957



# Pierce County Medical Society

1957

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## Happy Birthday

October

- 2 DUDLEY HOUTZ
- HELEN SMITH
- 3 LESTER BASKIN
- 4 EDWARD ANDERSON
- ARNOLD HERRMANN
- MAHLON HOSIE
- SOMERS SLEEP
- 5 ROBERT BROOKE
- DAVID DYE
- KENNETH GROSS
- THOMAS LAWLEY
- 6 DARCY DAYTON
- WILMOT READ
- 7 HASKEL MAIER
- RICHARD RICH
- 9 JESS READ
- 10 DONALD NEVITT
- 11 MYRON KASS
- 12 ROBERT KALLSEN
- 14 ROBERT BOND
- D. G. KOHLER
- JAMES McNERTHNEY
- 16 MURRAY JOHNSON
- WILLIAM LUDWIG
- 17 C. B. RITCHIE
- 19 DAVID HELLYER
- VINCENT MURPHY
- 20 DUMONT STAATZ
- 21 BUEL SEVER
- 23 HORACE ANDERSON
- 25 DONALD ALLISON
- CHARLES MCGILL
- 31 JOHN SRAIL

## NOTICE

Check back page of Bulletin for calendar  
 of special meetings

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**PROGRAM**  
**PIERCE COUNTY MEDICAL SOCIETY**  
**TUESDAY, OCTOBER 8**  
**8:15 P.M.**

**MEDICAL ARTS BUILDING AUDITORIUM**

**“FATS, FADS AND CORONARY  
ARTERY DISEASE”**

**Speakers: GORDON LOGAN, M.D.**

**KAZIMER SKUBI, M.D.**

(Both speakers are practicing Internists in Seattle and long-term members of the Heart Association. The program is a service co-sponsored by the Washington State Heart Association and Washington State Department of Health.)

**Movie: “TOXEMIA OF PREGNANCY”—7:30 P.M.**

\* \* \*

**A no-host social hour and dinner will precede the meeting**

**Social Hour: 6:00**

**Dinner: 6:45**

**Place: Honan's Restaurant**

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Bob comes from Far Rockaway (Long Island), New York. He took his undergraduate work at Columbia and then went on to Yale Medical School (Class of '43).

After his internship at Mt. Sinai Hospital he served three years in the Army Medical Corps. While stationed in the Islands, Bob met Ina, his wife, who was stationed there as an army nurse. They stayed in the Islands an additional year while Bob was physician on a sugar plantation.

Subsequently they returned to the New York area where Bob had two years residency in Internal Medicine. Then, in 1950 they moved to Los Angeles where two additional years were spent in gastroenterology and cardiology on the UCLA Medical School service.

After finishing his training Bob went to the Spokane VA Hospital where he served for five years as chief of the medical service.

As of June, 1957, Bob has been practicing Internal Medicine in Tacoma where he is located at 46th and Pacific.

As hobbies Bob likes fishing, photography (does some of his own black and white), and bridge. A new hobby is going to be Shetland ponies as Ina won one on the TV show, "The Price Is Right."

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# HOSPITALS . . .

## Tacoma General

In the next five years the West Coast could be faced by a critical shortage of nurses which would pose a serious problem, not only in the event of a disaster, but merely to meet the nursing needs of a growing population.

That prediction was made today by Ruth C. Kynoch, director of the Tacoma General Hospital School of Nursing.

Tacoma is somewhat better off than most areas, Miss Kynoch reported, but West Coast states are facing the most difficulty because of the tremendous growth in population. In order to give good nursing care, the national goal is to provide 300 nurses per 100,000 population by 1960. At present the national average is about 248 per 100,000 population. Pierce County has approximately 220 nurses per 100,000 population, the state of Washington only 160 nurses per 100,000 population. By 1960, in the Pierce County area alone, over one hundred more nurses will be needed.

To meet the local and national demand, Tacoma General Hospital School of Nursing is now providing education for as many students as facilities and budget will permit, Miss Kynoch said. This fall the school will admit approximately forty-two students and at the same time will graduate some forty-four students. Nearly half of these graduating students are married and four of them have one or more children, but all of them are planning to do some kind of nursing in this or other areas.

In her report, Miss Kynoch pointed out the Tacoma General Hospital School of Nursing is fully accredited by the Accrediting Service of the National League for Nursing, offering a complete three-year education program to the high school graduate. Since its inception in 1895, the school has graduated 1274 nurses, 1273 of the graduates have been women, the male being the school's first graduate.

Currently the school has an enrollment of 114 students. The school is a part of the Tacoma General Hospital, a non-profit organization whose policies are set by a board of 18 directors, all local business and professional men.

Speaking to girls interesting in nursing, Miss Kynoch said, "Such careers offer security and prestige in a profession which is working closely with allied professions to promote physical and mental health for the community, nation, and the world. Opportunities are many, although some sixty-seven per cent of the

nurses are involved in hospital nursing, there is a great need for public health nurses, industrial nurses, school nurses, and nursing educators.

"It can be truly said that this school is doing everything in its power to overcome the serious lack of nurses in the community."

## Saint Joseph's

On Maternity a demonstration nursery and circumcision room are nearing completion. The blending of pretty yellow walls, grey ceilings and fancy furnishings will make it pleasant and attractive for doctors, babies and mothers.

The new bathroom complete with shower, tub, etc., is an addition to our post partum section.

Then, too, a new delivery table complete with accessories brings uniformity and similarity in our delivery rooms. The nursing staff includes the following new members. Mrs. Betty Jo Whitmore from Lewisberg, Kentucky, Miss Minnie Gonzales from Waco, Texas and Mrs. Lois Smith from Tacoma.

Dr. and Mrs. John R. McDonough and family visited the hospital last week. Dr. McDonough interned a couple of years ago.

We offer our sympathy to Mrs. Marie McDonald who works in CSR on the death of her husband.

Drs. Sonia and Myrna Estruch's father visited them over the week-end. They went to Mt. Rainier.

Pleasant vacations were spent by the student practical nurse coordinators. The Gutoski's rented a house trailer and enjoyed a thoroughly good time on a trip around the Loop.

Miss Forsberg and Miss Schenk from Tacoma General School of Nursing took a ride on the Pacific Great Eastern Railroad to Prince George, British Columbia. Later they spent several days of fine fishing at Pender Harbour.

Examination time for recent graduates from the Practical Nurse course will be on October 10, 1957 at the University of Washington. Mrs. Ryker and Mrs. Westholm who are employed on the Surgical Floor and Mrs. Netter from the Nursery will be among those taking the Exam.

From the Maintenance Department: Chester Kimmerly our ex-engineer has been back with us for a few weeks filling in for Sam Nehl and Joe Habgood's vacation periods. This Friday will be his last day as Sam will be back on the job Monday.

(Continued on Page 11)

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(Continued from Page 9)

The new Hi Lo beds have started coming in this week and have been exchanged with the old style beds in several wards and private rooms. It is expected that eventually all beds throughout the hospital will be renewed. From all present reports the new beds are greatly appreciated by both patients and personnel.

Mrs. La Palm, a graduate from Carroll College in Montana, is replacing Mrs. Strommer in St. Mary's. Mrs. Strommer is now at Auburn General.

A farewell party was given on Wednesday, Sept. 4, 1957 for Sister Martha Joseph, who has left us to go to school in St. Louis. Sister Margaret Catherine is taking her place as Clinical Instructor on Medicine.

"Maggie" is in Montana for a week enjoying the Hot Springs.

Miss Ifert is getting ready to head South—California that is, for a nice three weeks of sunshine.

If you notice a little extra gleam in Miss Harrington's eyes, first take a look at her third finger left hand, you can't mistake the version.

A new addition to the Third floor is Mrs. Barrett, who is working days. Also Mrs. Pastana from Mexico, who has been with us for several weeks.

The office is happy to welcome back two familiar faces. Georgeann returned recently from her vacation, which was spent in California, and Mrs. Nish resumed work at the switchboard after visiting in Oregon. Absent from the office at present is Esther Bourgeois, an early fall vacationer.

A big greeting is extended to our new girls: Jean McLaughlin a recent graduate of Aquinas and Gail Kelly, who was previously employed in Seattle.

### Pierce County

Vacation periods are still holding sway for the hospital personnel.

Carol Karwoski (laboratory) with husband Frank, are having a delightful trip motoring through California. Most of the time is being spent in San Francisco enjoying the fascinating interests of the City.

Another hospital employee visiting California is Janice Turner, who with her husband motored to San Diego, stopping at many other southern cities enroute.

Jessie Haycock, Social Service and Jessie Anderson, Dr. Whitaker's office, are vacationing at "Towardos" the delightful Hood Canal country place of the Haycock's on Dabob Bay.

Kathleen Tarun, Dietitian, is visiting relatives in Duluth, Minnesota. Before returning,

she will journey to Boonesville, Maryland to visit Zada Stauffer, formerly with the dietary department of the hospital.

Mr. Charles Patterson is spending his vacation improving his attractive home and garden in preparation for a visit by relatives from California.

A new member of the Record Department is Mrs. Muriel Plante, formerly Medical Librarian at the University of Oregon Medical School in Portland, Oregon. Mrs. Plante will be assistant to Miss Bury, head of the Record department.

A wedding of hospital interest was that of Mr. and Mrs. Ethel Burdick on August 30, the first wedding ceremony held in the new Chapel of Christ Episcopal Church. Mrs. Burdick, the former Louise Hershey is a member of the Social Service Department.

### A \$750,000 Injury Award at Chicago

A jury in superior court in Chicago recently handed in a verdict for \$750,000 against Commonwealth Edison and Northern Illinois Gas in a personal injury suit. It is probably the largest award for injuries ever produced by judge or jury in any court.

Michael Finn, 9, was seriously injured in a gas explosion while making a purchase in a hardware store. It was alleged that the utilities were negligent in failing to maintain proper safeguards when a light pole was installed. The utilities admitted their liabilities and their attorneys said they would be satisfied with a \$250,000 verdict, plus an accumulated \$35,000 in medical bills.

James A. Dooley, noted member of the National Association of Compensation Claims Attorneys, who won a \$420,000 (later considerably reduced) award for a man injured while sleeping under a freight car on railroad property, represented Michael Finn.—*National* (insurance) *Underwriter*.

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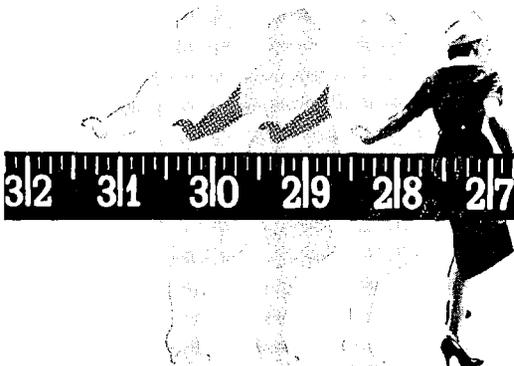


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References: (1) Holt, J. O. S., Jr.: *Dallas M. J.* 42:497, 1956. (2) Gelvin, E. P.; McGavack, T. H., and Kenigsberg, S.: *Am. J. Digest. Dis.* 7:155, 1956. (3) Natenshon, A. L.: *Am. Pract. & Digest Treat.* 7:1456, 1956.

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1957-58

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Community Council	Mrs. John F. Steele
City Council	Mrs. William Goering
Dance	Mrs. Horace Anderson
Christmas Party	Mrs. Howard Pratt, Mrs. Robert Osborne

## Bulletin Goes Calling

We have four new applicants to introduce this month at the Membership Tea. These newcomers will go far in adding life to the olde Auxiliary. Bulletin has called on them in their homes to glean the following pertinent information . . . which may assist you in making friends with these new applicants for membership . . .

Betty May (Mrs. John May) has been here a year . . . her husband interned at Tacoma General Hospital last year. They are from Kansas, have two small girls, live in Skyline Terrace in their very attractive new home . . . which has the most interesting living room arrangement we've seen since we first went into practice. Betty is an enthusiastic homemaker, and doesn't mind decorating a beautiful cake now and then just so it's for a party.

Ina Rowen (Mrs. Bernard Rowen) had never seen Tacoma before they moved here last June. She plans to see Tacoma someday. At present she is too busily engaged . . . filling in as office nurse for her husband during the rush hours, and rearing the transcontinental four with the other hand. The transcontinental four are their four daughters . . . one born in Hawaii, one in New York, one in California, and one in Washington. Ambitious Ina is from Pennsylvania originally. For the present they live in the spacious apartment above his office on Pacific Avenue.

Billie Jean Murphy (Mrs. Thomas Murphy, Jr.) is a native of Tacoma, graduated from the U. of W. As with so many of these natives (we are more alert since the Haley-Durkin adventure) Billie Jean is an accomplished sports-woman. We saw a few of her trophies she and her horse have won in riding events . . . we strongly suspect she has hidden away trophies for swimming, skiing, tennis and golf too . . . for here is clearly one girl who excels at many things. The Murphys and their young son will move into their new home on North 27th next month . . . or whenever their swimming pool is completed.

Borghild Morley (Mrs. Leonard Morley) is not only a native Tacoman, but also especially well acquainted with our husbands. This interesting combination defies all the usual overtures we would ordinarily make toward a newcomer to the Auxiliary. The usual approach "How do you like Tacoma?" would here be more appropriately "How do you like this

(Continued on Page 17)

First meeting of the year will be the Membership Tea, October 18th, one o'clock, at Ruth Murphy's home on Stadium Way.

The Board will meet Thursday of the week previous, October 10th, one o'clock at Ruth Murphy's home.



Left to right—Mesdames Thomas Murphy, Jr., John May, Leonard Morley, and Bernard Rowen.

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(Continued from Page 15)

deal?" . . . since Borghild is excellently acquainted with Tacoma, Tacoma General Hospital, particularly. For eleven years director of nursing service at Tacoma General Hospital, Borghild . . . by her marriage to Doctor Morley last May . . . has bridged the gap between hospital and home for the Auxiliary. Their home on North 38th reflects the excellent taste in which this dual capacity will be filled.

### Thumbnail of the Convention

The Washington Athletic Club in Seattle was headquarters for the annual convention of the Women's Auxiliary to the State Medical Association during Fair Week. Record-breaking attendance at the Fair in no way diminished the numbers attending the convention, and Pierce County was well represented.

Delegates to the Convention from our Auxiliary were: Dorothy Maier, Helen Florence, Barbara Anderson, Evelyn Osborne, Bev Harrelson, Hazel Whitacre, Margaret Harris, Jeanne Judd, and Florence Duerfeldt. Our President, Ruth Murphy, attended every session, and many others from Pierce County signed in at one or more of the sessions.

Signing in at the Workshop on Monday, we were offered a booklet on the History of the Woman's Auxiliary to the Washington State Medical Association . . . from which we learned . . . our State Auxiliary was organized in 1931 by Mrs. Horace Whitacre of Tacoma, who served as first President, and the first meeting was held in Tacoma. Mrs. Whitacre then served as state organization chairman for the following fourteen years.

On Monday night Tacoma entertained the Convention, providing songs by our really talented quartette . . . Evelyn Osborne, Hazel Whitacre, Gladys Hanson, and Muriel Nelson . . . to a very appreciative audience. Mrs. Arthur Underwood, president-elect of the National Auxiliary, was so impressed by their showmanship she invited the quartette to perform at the National Convention in San Francisco next spring.

Delegates who spent three days listening at the sessions declared Tuesday's luncheon speaker highlight of the Convention. Mrs. Aaron Mogulis, guest speaker from New Mexico, titled her speech "How Lucky We Are to be Married to Doctors" . . . but finding this too bulky a title, cut it down to the basic "How Lucky We Are to be Married."

### The Friendly Ones

Among the less technical ideas bandied about at the State Convention, but one which appealed to us most, was the State President's sug-

gestion that Friendship be the goal of our State Auxiliary . . . to help keep the profession on friendly terms with the community . . . to maintain congeniality within our group . . . to extend a warm welcome to newcomers. It's pure and simple fare on today's organizational menu, but most palatable.

### Diagnosis

Starting lineup at the big games includes season ticket-holders the Robert Osbornes, Marshall Whitacres, John Shaws, and Arne Herrmanns. Stan Durkin, by his generous gift to the Athletic Fund, will be closer to the field.

Joan and Andy Anderson are in Hawaii. Florence and Frank Rigos are in Hawaii too . . . flew to the Islands September 13th to attend the International Orchid Congress, and are spending three weeks touring the Islands. Frank has found a neat short-cut in orchid culture . . . germinates orchid seeds in his X-ray machines. In seven years or so the orchids, or maybe the machines, will bear their exotic blooms.

Double or nothing for the Dudley Houtz family . . . they drew a pair on their first try . . . twin girls Patricia and Penny arrived in August. Pete and Repeat will come later. The John Robson's have a new boy, which makes theirs an even half-dozen of children.

### Pome

Please remembers Dues are Due,  
You don't know what Dorothy goes through  
Collecting this infernal revenue  
From all of you,  
And from me too.

### The Week in Washington

In discussing the criticism by some medical men of the volume of *non-service-connected* cases treated in Veterans Administration hospitals, VA Administrator Higley broadens the picture to observe that ". . . the nation's feelings of obligation and gratitude toward veterans seem to have lessened to a noticeable degree . . ." The Budget Bureau's interest in the cost of government-supplied medical care is reflected in a cost-study of four Public Health Services hospitals. . . Schools have been opened about long enough for Asian influenza infections to manifest themselves; a rapid rise in cases in the next few weeks should not be regarded as surprising. . . Individuals and organizations interested in testifying on the Jenkins-Keogh bills are reminded that they should have their requests in the hands of the House Ways and Means Committee by Dec. 2.

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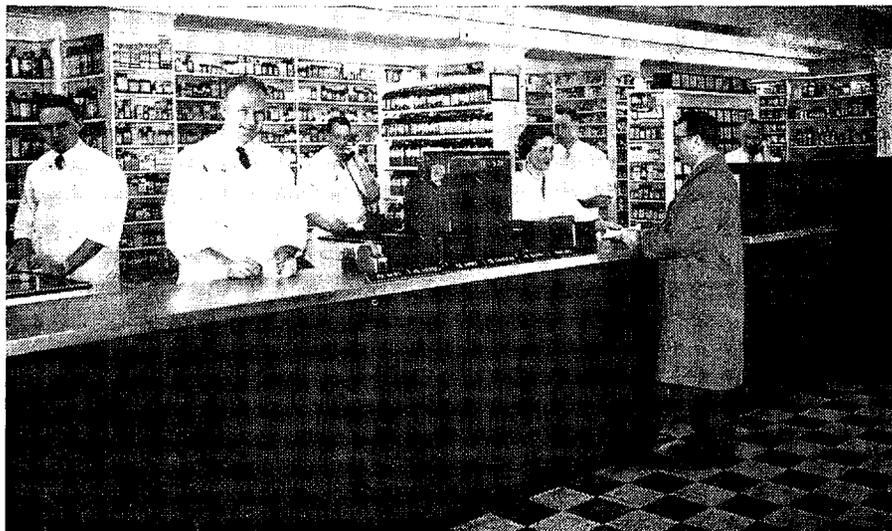
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## Asian Flu Cases Up

Public Health Service, reporting on incidence of Asian influenza up to September 19, estimates total cases approximate 100,000, which is almost double the estimate of a week earlier. PHS sources said the increase might be attributed in part to better reporting, as well as the fact schools have opened. Significant outbreaks have occurred in communities in New York, Texas, Florida, Missouri, Pennsylvania, West Virginia, Oklahoma, and Mississippi. In Mississippi there have been 24,000 cases reported in the last week, according to PHS.

Because of an outbreak at one of the Coast Guard's receiving centers, Cape May, N. J., the service has halted temporarily recruiting operations in all Eastern seaboard Coast Guard districts. About 165 cases have been reported among 2,000 personnel at Cape May.

In its weekly report on the flu vaccine, PHS announced release of another 1.5 million cc's, bringing the total thus far to 6.9 million. Of the latest releases 223,800 cc went to the armed services, and 1,302,790 to civilians. Firms and the amounts distributed: Lederle, 651,460 cc; Merck, Sharp & Dohme, 587,110; Eli Lilly, 81,208; Parke, Davis, 63,000; Pitman-Moore, 143,812. In connection with its figures on Asian flu incidence, PHS points out that it is not a disease required to be reported and that success of any voluntary reporting program depends on the individual doctor and the local health officers. All indications are that physicians are beginning to cooperate in reporting cases, according to a PHS source.

## Washington State Heart Assn. To Furnish Information

Teams of the Washington State Heart Association member physicians will appear before county medical societies throughout the state during the coming year to bring new information on treatment of the heart patient direct to local doctors.

Dr. William E. Watts, Seattle, chairman of the scientific sessions for county medical societies, today announced five topics for the coming series: "Fats, Fads and Coronary Disease;" "Pseudo-Heart Disease;" "Should Cardiacs Work?"; "Medico-Legal Aspects of the Employment of the Heart Patient" and "Anti-Coagulants."

The Washington State Health Department co-sponsors the program. The first in the series will be presented September 26 for the Benton-Franklin Medical Society. Medical societies may request as many of the topics as they wish.

Dr. G. M. Whitacre, Tacoma, is a member of the committee planning the sessions.

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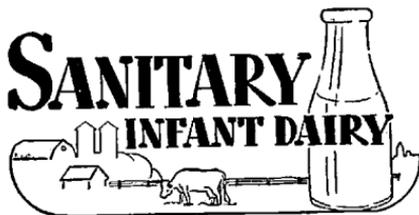


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## U. of W. Dept. of Surgery To Sponsor Lecture

On Wednesday, November 13, 1957, Doctor Alfred Blalock will give the Eighth Annual Alfred A. Strauss Lecture sponsored by the Department of Surgery of the University of Washington School of Medicine, Seattle. Doctor Blalock, Professor and Head of the Department of Surgery at Johns Hopkins University, will speak on the subject, "Cardiovascular Surgery—Past and Present." The Lecture will be held in the Auditorium of the Health Sciences Building, University of Washington campus at 8:15 p.m. Previous Strauss Lecturers were Doctor Alfred A. Strauss, Doctor Dallas Plemister, Doctor Warren Cole, Doctor Owen Wangenstein, Doctor Lester Dragstedt, and Doctor Edward Churchill.

Doctor Blalock's contributions to surgery are probably greater, and cover a wider field of interest, than those of any other living surgeon. His contributions to surgical shock in 1930 represents the landmark in our modern concepts of this important and serious condition. His important contributions to our knowledge of myasthenia gravis, wounds of the heart, and

of many acquired and congenital lesions of the heart are well known.

Doctor Blalock was one of the last students of the renowned Doctor William Stewart Halsted, one of the original "Big 4" at Johns Hopkins. After internship and assistant residency at Johns Hopkins, he was at Vanderbilt University Medical School for 13 years where he served on the faculty under the famous Barney Brookes. It was here that he did his classical research work on traumatic shock. Doctor Blalock is one of the few, if not the *only* one, and certainly the only living surgeon who has served as President of all of the six leading general surgical societies in this country: the American Surgical Association, American Association for Thoracic Surgery, Society for Vascular Surgery, American College of Surgeons, Southern Surgical Association, and the Society for Clinical Surgery. He is also one of the very few American surgeons ever made Honorary Fellow of both the Royal College of Surgeons of England and of the Royal Society of Medicine in London. He is the holder of many honorary degrees here and abroad and is the winner of many outstanding surgical medals and awards.

All physicians are welcome to attend the Lecture.

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## Post-Doctoral Fellowships Announced

The American Foundation for Allergic Diseases, 801 2nd Ave., New York 17, N. Y. recently published an Announcement of Post-Doctoral Fellowships in Research and Clinical Allergy for two years each.

*Stipend*—first year, \$4500; second year, \$4750; laboratory and travel expenses for two-year period, \$750.

*Requirements*—Candidates must be graduates of approved medical schools and must have completed one or two years of the graduate training required as a preliminary to certification by the Boards of Internal Medicine or Pediatrics; they are to divide their time between research and clinical training, and in the second year 10 to 15 per cent of a candidate's time might be devoted to teaching. The respective Institutions have taken the necessary steps to have this training credited toward the Sub-specialty in Allergy by the Board of Internal Medicine and the Board of Pediatrics.

*Requests for applications* should be sent directly to one of the following, in whose field the candidate would like to work:

DR. COLIN M. MACLEOD,  
Professor of Research Medicine,  
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36th and Spruce Streets,  
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or

DR. HERMAN N. EISEN,  
Professor of Medicine (Dermatology),  
Washington University,  
School of Medicine,  
600 South Kingshighway,  
Saint Louis 10, Missouri.

Applications should be filed no later than December 15th, 1957 with any of the above. Notification will be mailed to successful candidates by February 1, 1958.

## Of Human Bandage By Judy Gordon

As I stood at the kitchen sink holding my cut finger under the faucet, I made what I thought was a simple request. I asked for a band-aid. My husband and both children took off in three different directions, and conducted what proved to be a fruitless search for the necessary item.

After wrapping my wound with a piece of the ironing board cover, I decided it was high time I took stock of our medicine chest. I had thought we were adequately prepared to meet any emergency, (the chest was full), but here are my findings. . . .

The label on the first bottle I picked up read, "Warm before using." Not knowing whether it was intended for an earache or foot-bath, I threw it in the wastebasket and picked up the next bottle. It was dark green, and very important-looking. "Apply mornings and evenings" it directed. I had no idea to what one should apply it, or for how many mornings and evenings. But the bottle was almost full, and I had to force myself to throw it away.

I groped around and brought out a little bottle that said, "Mrs. Gordon. One tablet three times a day." That one stopped me cold. I thought, but I couldn't remember what those pills were for. It was possible they were something prescribed to curb my appetite. If that were the case, I reasoned, they had been unsuccessful, and that must be why I stopped taking them. I discarded that one.

With renewed enthusiasm I studied the words on the next item, a dark brown bottle with a highly decorated blue and white label: "One tsp. every four (4) hours. George F. Fussell." What would it be doing on *our* shelf? I was sure that if George had come to our house every four hours over a given period of time I would remember it. (You don't know George!) I finally decided that my husband and he must have made secret arrangements for its consumption, and out it went.

The bottle with the label reading, "Dr. Smith. Capsules for sleep," I did understand as the doctor had been my obstetrician. It brought back many memories, but at the same time it made me cringe. Like the majority of women, I had taken a reasonable amount of pleasure in discussing my pre-natal discomforts, describing each twinge and pang and always adding that I did not sleep a wink for months without sedation. It was a blow to see this bottle after twelve years, and I silently apologized to all those whom I had at one time or another cornered and forced to listen to my tale. The bottle was almost full. I must have slept like a log!

(Continued on Page 27)

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Branches in . . . . . EVERETT — BREMERTON

(Continued from Page 25)

A half-filled bottle of mineral oil gave me an instant's pleasure. Here at last, I thought, was standard family equipment. Later, my husband told me he had bought it to use on his hair.

One by one I discarded the items. There was a small bottle which said, "For topical use only. Physician's sample." I didn't know what physician might have been so generous, and wasn't quite sure what "topical" meant. A tiny silver tube with no label at all meant absolutely nothing to me except that I remembered it had cost \$4.50. It had been squeezed only once, and reluctantly I added it to the now almost-filled wastebasket. It was quickly followed by a big white bottle which bore the ambiguous statement, "Apply to bandage each hour."

There was a little tube of something for cold sores, some dried-up nail polish, a can of shotgun oil, two broken nail files and some worn-out emery boards. I unearthed a box of alum, an old toothbrush, two eyedroppers, some empty corn pad boxes and a razor that my husband bought once but doesn't use any more.

When the job was completed the cupboard was bare, and I realized that we had nothing practical (and now practically nothing) on hand. There was no merthiolate or rubbing alcohol or iodine; no gauze or adhesive tape or burn salve. The thermometer was broken, and the two aspirin we had in the house were not

in the chest, but on the kitchen window-sill. That we did not possess a band-aid I already knew—that's what started this whole thing.

Following this incident, I surreptitiously investigated the medicine chests in the homes of friends. All were essentially like mine—even the one in a doctor's home. His contained a huge bottle of hydrogen peroxide, (his wife's a blonde and—well, whadya KNOW!), a blue sleep-mask, a box of flea powder and a bundle of rubber bands. There was a small box with a label which read, "To increase appetite and growth in below-par children." Well! And a most intriguing little container said, "With these tablets you can fly from Boston to Bangkok." As soon as I figure out a way to get to Boston, I'm going to get some of *those*.

There were a number of band-aids in sight—but not in the chest. There were two on a doll, I counted seven on the rear tire of a bicycle and their long-suffering cocker spaniel wore three.

Well, our chest does contain a few useful things now—including band-aids. I have solved the universal problem of keeping them in the house! By divulging my system, I believe I will have justified my existence and discharged my debt to society: simply transfer your band-aids from their original container to an empty pill-box with a label reading, "As directed," and cache it in the medicine chest.

And I hope all your cuts will be little ones.

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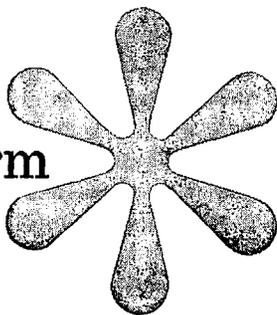
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## News and Views

COMMENT ON BENNY'S FEE. Benny Hooper's fall into the well and his dramatic rescue by a combined community effort caught the imagination of the nation and captured headlines throughout the country. When a fee for \$1,500 was submitted by the attending physicians there was immediate reaction from many, including the chairman of the Board of Trustees of the AMA and a Senator. There has been a delayed reaction, as reflected on the editorial pages of the bulletins of numerous medical societies. Selected comments from some of these follow:

"... Do the parents of Benny Hooper feel better now because they do not have to give the Doctor any token of appreciation for saving the life of their son—when they gave a check for \$1,000 to the Manorville Fire Department? ... Could this whole matter have been simply and quickly settled with complete satisfaction to both parties, without any unpleasant innuendoes, by a frank discussion of the bill and the parents' ability to pay ... instead of by public hearing in the press and by television? ... The point is, 'public relations good or bad have their beginnings in the doctor's office, or in his personal contacts with the patient and relatives.'" — *Polk County (Iowa) Medical Bulletin.*

"... There was criticism by physicians in high places. One who spoke ... criticized high fees, unnecessary and incompetent surgery, and the like. This particular individual is in a position to help remedy such shortcomings. ... The making of statements to the public, who can do nothing to remedy such practice, is to be deplored. Washing dirty linens in public solves no problem except to accentuate or exaggerate exceptions rather than the rule. Those in high places can do much by precept and action in the various medical societies to correct abuses." — *Bulletin, Alleghany County (Pa.) Medical Society.*

"... A local physician, Doctor Kris, was called to the scene by the local police and asked to supervise the procedure of trying to keep the boy alive until rescuers could reach him. This mission was accomplished successfully. He states that he gave 100 hours of his time. Nobody has denied that. And, of course, during these 100 hours he earned nothing from his regular work. ... So he presented a bill for his 100 hours for \$1,500. ... Edwin S. Hamilton, Chairman of the Trustees of the AMA ... said the Association feels that 'not one doctor in a thousand would have charged a fee.'

"... Since when does Doctor Hamilton have the right to speak for the AMA? Have the trustees taken action? Has the House of Delegates? Has anyone besides Doctor Hamilton? Doctor Hamilton has no right to speak in the public press for thousands and thousands of fellow physicians as if he were the official voice of these thousands. We have not given him that right or that power. ..." — *Jackson County (Kansas) Medical Society Bulletin.*

"... Whether the fee of \$1,500 ... is justifiable or not becomes lost in the current of public opinion. ... The press, radio, and TV coverage of this single event shows the power of emotion; people all over the country hung on every word of the story of the rescue. Now in a twinkling one of the heroes has feet of clay. The *Morning Eagle* carried an editorial on the subject entitled *The Doctor Blunders*; we quote one line, 'and it renews talk across the country about health-care bills which people think are high.'" — *Sedgwick County (Kansas) Medical Society.*

"... The fifteen-hundred-dollar fee ... cost the profession millions of dollars in public relations. Much of the good work accomplished by the profession has been lost. The many unrecorded hours of charity care in out-patient clinics, in hospital and teaching rounds and in almost every clinician's office were nearly wiped out by this set fee. Do not mistake me, for in my opinion what Doctor Kris supplied was life to a child. His was the knowledge and talent to keep the spark in Benny. ... Had he possessed the foresight to send them a bill for fifteen thousand—signed 'paid in full'—that might have made an inner page throughout the land." — *Detroit Medical News.*

## Health Insurance Rises

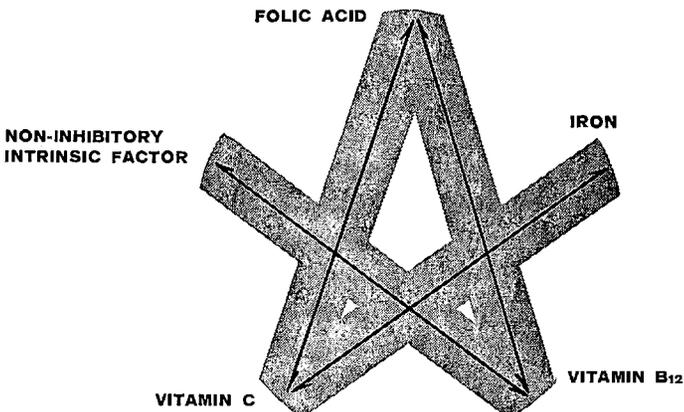
Voluntary health insurance against costs incurred through sickness and accident continues to spread its protective coverage over more and more Americans.

The Health Insurance Institute, taking a forward look to year-end growth figures, predicts that by December 31, 1957, over 123 million people in the U.S. will be protected by some form of health insurance designed to help pay hospital, doctor or other medical care bills. This represents close to 75% of the total U.S. civilian population.

Breaking down the national totals on health insurance coverage for 1957, an estimated 109 million persons will be covered for surgical expenses, 74 million will have regular medical expense protection, 13 million will be insured

(Continued on Page 31)

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(Continued from Page 29)

against major medical expenses, and 43 million for loss of income coverage, in addition to the 123 million protected against the cost of hospital bills. Biggest growth in the type of coverage in recent years has been major medical expense insurance which helps to absorb the cost of serious, or catastrophic, illness.

Health insurance today covers more people than any other single type of insurance in force, the Institute reports.

Total health insurance benefits paid out this year by insurance companies, Blue Cross-Blue Shield and miscellaneous plans, will amount to an estimated \$4.2 billion, as compared to \$3.6 billion in 1956, the Institute said. This accounts for a major contribution to the nation's over-all medical bill.

The Health Insurance Institute is the central source of information for the nation's insurance companies, serving the public through voluntary health insurance.

### Hospitals Losing Immunity

The hospitals of this country have long been fighting a losing battle in the courts to maintain their immunity from liability for injuries to patients. . . . Under recent New York rulings, physicians and hospital administrators alike have become progressively more confused as to who is liable for negligence: the doctor, the hospital, or both. The prevailing rule

—until recently—was that a charitable hospital was not responsible for the negligence of its physicians and nurses. The courts drew a distinction between medical acts and administrative acts, the doctor in charge being liable for the first, and the hospital for the second. . . . "A consistent and clearly defined distinction between the terms medical and administrative has proved to be highly elusive," wrote Associate Justice Stanley H. Fuld of the New York State Court of Appeals. To show how elusive, he cited these examples, all taken from court rulings in a few recent years:

"Placing an improperly capped hot water bottle on a patient's body is administrative, while keeping a hot water bottle too long on a patient's body is medical.

"Administering blood, by any means of a transfusion, to the wrong patient is administrative, while administering the wrong blood to the right patient is medical.

"Employing an improperly sterilized needle for a hypodermic injection is administrative, while improperly administering a hypodermic injection is medical.

"Failing to place sideboards on a bed after a nurse decided that they were necessary is administrative, while failing to decide the sideboards should be used when the need does exist is medical."

. . . The New York court said: "Present-day  
(Continued on Page 32)

more than 8,823,769 prescriptions\* attest  
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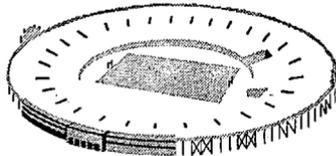
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*(Continued from Page 31)*

hospitals, as their manner of operation plainly demonstrates, do far more than furnish facilities for treatment. They regularly employ, on a salary basis, a large staff of physicians, nurses, and interns, as well as administrative and manual workers, and they charge patients for medical care and treatment, collection for such services,

if necessary, by legal action. . . . Certainly the person who avails himself of 'hospital facilities' expects that the hospital will attempt to cure him, not that its nurses or other employees will act on their own responsibility. Hospitals should, in short, shoulder the responsibilities borne by everyone else. . . . Liability is the rule, immunity the except."—*Medical News* (Ciba).

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## MONTHLY MEETINGS

**STAFF OF TACOMA GENERAL**

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

**STAFF OF ST. JOSEPH'S**

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

**TACOMA ACADEMY OF INTERNAL MEDICINE**

Fourth Tuesday of each month—6 p.m. at Tacoma Club

**SURGICAL SOCIETY**

Third Tuesday of each month—6:30 p.m. at Tacoma Club

**STAFF OF PIERCE COUNTY**

Last Monday of each month—6:15 p.m.

**PIERCE COUNTY MEDICAL SOCIETY**

Second Tuesday of the Month—8:15 p.m.

**STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL**

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

**STAFF OF MEDICAL ARTS HOSPITAL**

Third Friday of March, June, Sept. and Dec.—7:15 a.m.  
at Scotty's Cafe

**PIERCE COUNTY PEDIATRIC SOCIETY**

First Friday of Sept., Nov., Jan., March and May

*The* **BULLETIN** *of the*  
**PIERCE COUNTY MEDICAL SOCIETY**

VOL. XXIX—No. 3

TACOMA, WASH.

NOVEMBER - 1957



# Pierce County Medical Society

1957

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## Happy Birthday

November

- 1 CHARLES E. KEMP
- 3 J. HUGH KALKUS
- GEORGE MOOSEY
- 5 WILLIAM C. BROWN
- 8 WAYNE ZIMMERMAN
- 9 BERNICE HAZEN
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- 30 THOMAS SMEALL

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### NOTICE

Check back page of Bulletin for calendar  
 of special meetings

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# Vitamins and viral infections

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At present, no convincing evidence links vitamin deficiencies and resistance to viral infections such as the common cold,<sup>1-4</sup> influenza<sup>5-7</sup> or poliomyelitis.<sup>8,9</sup>

However, in bacterial complications of viral infections, many clinicians<sup>10-22</sup> indicate that natural and acquired immunity depends upon adequate vitamin levels.

MacBryde<sup>22</sup> states that "there is no evidence to support the view that a higher than adequate normal intake of any or all vitamins will improve health or energy production or will facilitate growth or resistance to infection. However, when one or more vitamin deficiencies exist the effect of supplying the factors lacking is strikingly beneficial."

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# PROGRAM

PIERCE COUNTY MEDICAL SOCIETY

TUESDAY, NOVEMBER 12

8:15 P.M.

MEDICAL ARTS BUILDING AUDITORIUM

## “INTERNAL MAMMARY ARTERY LIGATION FOR ANGINA PECTORIS”

*Presented by*

WILLIAM M. ROSENBAUM, M.D., Portland, Oregon

Illustrated by a sound film

\* \* \*

A no-host social hour and dinner will precede the meeting

Social Hour: 6:00

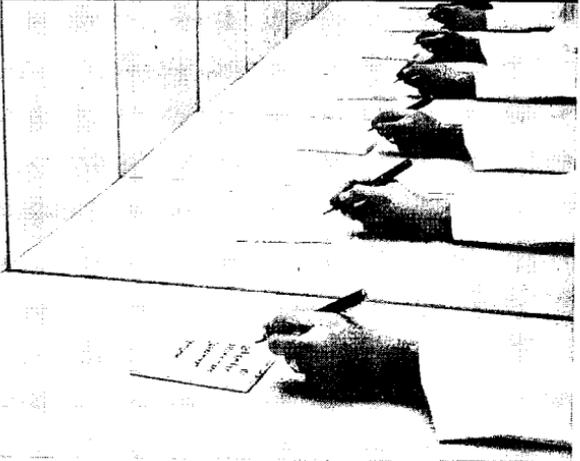
Dinner: 6:45

Place: Honan's Restaurant

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*Introducing*

Tom Murphy is another Tacoma boy who has returned to his home town to practice medicine. He went through the elementary schools here and also spent some time at CPS. He obtained his B.S. degree at Willamette in 1946.

From 1942 to 1946, Tom served in the Navy in the Air Force; he was called back into the service in 1950 and, for a year, served as a medical officer in Korea.

Tom finished at Johns Hopkins Medical School in 1949. After completing his internship at the University of Minnesota Hospital, he had a surgical fellowship from 1950 to 1955 and, subsequently, appointments as instructor and assistant professor from 1955 to 1957.

Since returning to Tacoma, Tom has been active in surgical meetings and teaching. He presented a paper at the recent American College of Surgeons meetings and will give papers at the University of Missouri next month.

Tom's family consists of his wife, Billie Jean, and young Tom—age five. His hobbies include skiing, swimming, fishing, boating and duck hunting and recently, he has been busy getting his new pool ready.

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**Dr. Alfred Blalock Speaker  
For Alfred Strauss Lecture**

Dr. Alfred Blalock of Johns Hopkins University will be the speaker for the Eighth Annual Alfred Strauss lecture scheduled for Wednesday, November 13 at the University of Washington School of Medicine. The lecture will begin at 8:15 p.m. in the Health Science building.

The subject will be "Cardiovascular Surgery—Past and Present."

Dr. Blalock, one of the last students of the renowned Dr. William Stewart Halsted, is well-known for his work in traumatic shock and classic contributions in cardiovascular surgery.

The lecture is sponsored by the Department of Surgery of the University of Washington School of Medicine.

**Diabetes Detection Week Set**

Diabetes Detection Week will be held November 17 to 23, Dr. G. M. Whitacre, chairman of the Pierce County Diabetes Committee announced. As in previous years, free urine tests for sugar will be given in doctor's offices and clinical laboratories. Dr. Whitacre asks that physicians and laboratories send lists of tests done, as well as new cases detected, to the Medical Society office.

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### Letter to the Editor

To the Editor:

The Washington Art Association is holding its state conference November 8th and 9th in the Music Building at the College of Puget Sound, Tacoma.

We wish to extend to you and staff members an invitation to attend the specific meeting on "Art Therapy" at 11:00 a.m. Friday, November 8th. It is with a great deal of pride that we announce Dr. Gert Heilbrunn of Seattle as the speaker.

Since this particular section is complimentary, we would appreciate an indication of attendance. We hope you and any others expressing interest can write or phone a reply before November 1st, so that we may reserve proper space. Other sections are open upon payment of a small fee or you may register for the entire conference.

Sincerely yours,  
MRS. ROBERT L. ALLEN,  
Chairman  
Art Therapy Committee  
Washington Art Association

### IN MEMORIAM

DR. JAMES EGAN

Dr. James H. Egan died October 15 at his home after a brief illness.

Born in Tacoma in 1893, he attended public schools here and early decided on medicine as his profession. Completing the medical course at Creighton University in Omaha Nebraska, he returned to Tacoma and for one year interned at St. Joseph's Hospital. His internship completed, he volunteered and served fourteen months overseas in the Army Medical Corps earning the rank of captain.

He returned to Tacoma and, for the past forty years, has given continuing, efficient service to this community. A devout church man, he gave liberally of his time and talents to the organization and development of local Catholic interests. St. Joseph's Hospital was understandably his first love and, through the years, that institution profited much due to his professional contributions.

Athletics had a share of his interests and for many years he was physician for the State Athletic Commission.

During his years of active practice, Dr. Egan always worked in his own modest manner as one who believed deeds spoke louder than words.

—LEWIS A. HOPKINS, M.D.



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Infantile Paralysis	Mrs. Douglas Butterff
Safety	Mrs. Galen Hoover
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Community Council	Mrs. John F. Steele
City Council	Mrs. William Coering
Health Council	Mrs. Merrill Wicks
Fashion Show	Mrs. Robert Florence
Dance	Mrs. Horace Anderson
Christmas Party	Mrs. Howard Pratt, Mrs. Robert Osborne

to speed up service to the expected capacity crowd.

## Hatfull of Tea

Auxiliary activities got off to a good start at Membership Tea, held this year at the home of our popular president, Ruth Murphy. Ruth's friendly welcome to each arriving member set the pace for this pleasant afternoon. Behind the scenes, but no less instrumental in the success of the tea, were tea chairman Kay Herrmann, her assistant Elvina Brokaw, and her committee . . . Louise Bowen, Emily Barronian, Elizabeth Thomas, and Jeanne Schwind.

Tea table decorations emphasized the sedate elegance of the Murphy home, with an autumn theme artfully displayed in shades of mauve and pink autumn flowers . . . planned by Jeanne Schwind. The attractive name tags, a colorful boutonniere attached to each card, were done by Kay Herrmann, distributed by Nancy Brigham.

Entertainment at the tea was provided by vocalist Mrs. Angela Giaudrone, accompanied by Mrs. Joe Beckman, arranged for by Evelyn Osborne.

Unscheduled entertainment at the tea was provided by the wonderful assortment of new Hats. Top hats of the day were the new prosperous-looking furns worn by Edith Lawrence, Helen Kittredge, Billie Jean Murphy, Hazel Whitacre, and Jeanne Vadheim. No less noteworthy were the feathered hats worn by Dorothy Maier, Delores Havlina, and Ruth Johnson. Others we would have liked to have switched hats with were Betty Smeall, Florence Duerfeldt and Betty May. Most spectacular color combination of the day was Jeanne Judd's royal blue, complimenting her new lavender Lincoln.

## The Working Girls

Checking up on Auxiliary's projects, we find Bev Harrelson's nurse recruitment clubs in full swing despite the handicaps involved by the split-shift sessions at our local high schools. It was Becky Banfield who volunteered to sponsor Stadium's Nurse Recruitment Club. The other club sponsors are Jean Eylander at Lincoln, Marjorie Geissler at Saint Leo, Jean Colley at Clover Park, Bea Ann Kalkus at Fife, Merle Clark at Sumner, Joan Johansson at Puyallup, and Elvina Brokaw at Bethel.

As part of our project to aid the Rehabilitation Center in any way we can . . . Edna Backup and her committee; Hazel Whitacre, Sally Bond, and Louise Bowen (Adele Durkin is also a

(Continued on Page 15)

Auxiliary's big benefit of the year, the Fashion Show on the 15th at Top of the Ocean, will take the place of our November meeting. Helen Florence is chairman of this year's show, ably assisted by Bianca Mattson, who chairmanned last year's very successful show.

Proceeds from the party will benefit all three of our projects . . . nurse recruitment and scholarships, A.M.E.F., and the Puget Sound Rehabilitation Center.

Tickets may be obtained by calling Jeanne Judd, chairman of ticket sales, or her assistant Bart Huff.

Roman Holiday in Fashion is the title of the show, this theme to be carried out in Grecian and Roman decorations of gold and opalescent colors. Rhodes is providing the show as well as decorations, door prizes, and favors. Table decorations will be done by Hazel Whitacre, her assistant chairman Adele Durkin, and their committee; Jean Colley, Robbie Lee Kraft, and Lorraine Kunz. Luncheon will be buffet-style

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1. J.A.M.A. 168:356 (Feb. 2) 1967.

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<sup>1</sup>Nichols, R. L. and Finland, M.: *J. Clin. Med.*, 49:410, 1957.

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References: (1) Gelvin, E. P.; McGavack, T. H., and Kenigsberg, S.: *Am. J. Digest. Dis.* 1:155, 1956. (2) Holt, J. O. S., Jr.: *Dallas M. J.* 42:497, 1956. (3) Natenshon, A. L.: *Am. Pract. & Digest Treat.* 7:1456, 1956. (4) Council on Pharmacy and Chemistry, *New and Nonofficial Remedies*: J.A.M.A. 162:356 (Feb. 2) 1957.

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(Continued from Page 11)

member of the committee but was unable to attend this) served lunch at the Center October 15th for the luncheon meeting of the Medical Advisory Board. Medical advisors Doctors Calvin Lantz, George Race, Sam Adams, Ernest Banfield, Dumont Staatz, Max Thomas, and Stanley Tuell attended and described the luncheon as excellent. Doctor Robert Florence is also a medical advisor to the Rehab Center but missed this meeting.

Marge Cameron is Auxillary's representative to the Rehab Center board of trustees, and is financial chairman of the Rehab board. This involves mountainous duties and responsibilities, a position as lady executive of a very going concern, but Marge manages very well. The Rehab Center is a unique organization in that it is entirely a community enterprise, has no national affiliates, and therefore all funds raised for the Center are used here. The Rehab Center offers vital services to the community, and as time goes on will be of even greater value in coordinating services carried on separately by all the health agencies in town. Much of Marge Cameron's job involves planning for a bigger and better Rehab Center as well as financial operation of the present one located next to Pierce County Hospital.

### Wheel of Fortune

Sure to return weighed down by silver dollars are a trio of Elks . . . Doctors Maurice Yoachim, Howard Pratt, and Robert Brooke and their wives, who are trying their luck in Las Vegas. Doctor Brooke is chairman of the four-day trip, a packaged party for Tacoma Elks. Their accommodations at the Dunes, and return transportation by chartered plane are all being provided in the package . . . good insurance in case they lose all at the tables.

Weather permitting, Doctor and Mrs. Pratt will fly their own Bonanza down for the Las Vegas party, then will go on to Lancaster, California for an overnight stopover at their ranch. This feat is accomplished quite handily with the aid of their neighbor's private airstrip, well located close to the swimming pool, so that arriving guests can take a quick dip after a hot trip. Beth tells us they are always happy to come home to Tacoma after their visits to the Ranch. Why? Meanwhile back at the ranch, they're harvesting six crops a year on this sunny semi-desert land.

Doctor and Mrs. James Vadheim took the great circle route to Las Vegas last month . . . went by way of Minneapolis and Rochester where they visited with friends for a week . . . then on to Las Vegas to meet Doctor and Mrs. Franz Hoskins for four days of fun. The Vadheim's remodelling job on their home here in

Tacoma is nearing completion after almost nine month's work. Jeanne says it has been an uncomfortable nine months.

The Safari in Phoenix is home away from home for Doctor and Mrs. Ernest Banfield this month. After attending a convention in San Francisco, the Banfields are enjoying three weeks of Phoenix sun and visits with friends in nearby Scottsdale.

The day after Fashion Show Day, Keatie and Ken Gross will enplane for three weeks tour of the East, working around radiological meetings along with visits with friends and families around Boston, New York, and Philadelphia.

The John Bonicas, Charles Andersons, Leonard Morleys, and Edward Eylanders went south for the anesthesiology convention in Los Angeles. After the convention Emma and John Bonica planned to go on to Honolulu.

### Babes in the Woods

Ostensibly in search of the buck . . . the William Hausers and William Mattsons took off for four days in the woods last month. Their camp was an old pioneer homesteader's shack on two thousand acres of woods and cattle land near Okanogan . . . two rooms . . . a kitchen complete with wood stove (the kitchen walls papered with ancient Etude magazine covers), and an all-purpose family room (which also served as a bedroom). A third room was located some distance away, elegantly outfitted. Glamour girls Bianca and Grace were up at 4:30 a.m. mornings to build the wood fire, were out before dawn marching through the woods on early hunts. Only buck seen during the trip was one which sneaked up on Bill Mattson while he was "just resting his eyes" . . . and having startled him, disappeared into the underbrush before Bill could decide whether it was actually a buck or just his old friend Bill Hauser.

### Looking Ahead

Next month is the Christmas party for Auxillary members and their children on December 14th, at 2:30 in the afternoon, at Jackson Hall. The party will take the place of our meeting for December.

The perfect Christmas gift for friends, neighbors, and relatives who turn to you for advice on problems medical . . . a subscription to Today's Health. Call Edith Lawrence for this.

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# HOSPITALS . . .

## Tacoma General

Mr. A. L. Babbit has just returned from several weeks of travel and relaxation in the Southwest. He is feeling fine and looking fit.

Several members of the Tacoma General staff are taking advantage of the excellent educational programs offered by the American Hospital Association and the Association of Western Hospitals. Miss Arline Biehl, Assistant Director of Nursing Service, combined an October vacation with attendance at a seminar in Los Angeles on Administrative Nursing for the Evening and Night Supervisor. Mrs. Josephine Juberg, Administrative Assistant in Nursing, attended a workshop in Seattle on Personnel Management. Mrs. Blanche Chester, Head Clerk in Medical Records, flew to Albuquerque to an institute for Medical Record Librarians and Administrators. Mrs. Clara O'Farrell attended the meeting in Seattle for Executive Housekeepers and Laundry Supervisors.

The intern staff has been augmented by the arrival of Dr. Jaime Aragonés, from the University of Santo Tomas, Manila, Philippines; and Dr. Domiciano Nazareno, from the same school.

Tacoma General Hospital is one of the 6 Washington hospitals recognized by the Department of Professional Services and Accreditation of the American College of Surgeons as conducting an approved Cancer Program.

Miss Joanne Downing, Santa Rosa Junior College School of Nursing and School of Nursing of the University of Washington, has begun her duties as Clinical Instructor at the School of Nursing.

Miss Ruth Kynoch, Director of the School of Nursing, has been asked by the National League for Nursing to be Regional Representative to assist in the survey of a Montana school of nursing which is applying for national accreditation.

Dr. C. P. Larson spent the first part of October in New Orleans, Louisiana, where he participated in a teaching conference on the Training of Residents in Pathology, held in conjunction with the CAP-ASCP annual meeting. Dr. Larson will assume the office of president of the CAP on January 1, 1958. An active worker on the national committee on Career Medical Technology, Dr. Larson announces that a new film on Cytotechnology will be available momentarily. On November 2, Dr. Larson will attend a liaison committee meeting of the CAP and AHA in Chicago. He will travel on to Washington, D.C., to assist in teaching a course

in Forensic Pathology at the Armed Forces Institute of Pathology.

Dr. M. J. Wicks and Dr. Roy Patton attended the annual meeting of the Pacific Northwest Society of Pathologists on September 20-21 at Gearhart, Oregon. A paper on Histochemical Technics was presented by Dr. Earl Benditt, Chief Executive Officer of the Department of Pathology at the University of Washington.

As President of the Pacific District Blood Bank Clearing House, Dr. Wicks is making frequent trips to the office in San Francisco. This office serves the Rocky Mountain and Coastal States, Hawaii and Alaska. The Clearing House is a medium by which a donor may credit his donation to any patient in the country. It is a new corporation, which has been in existence about one year.

A full complement of students is now enrolled in the TGH Approved School of Medical Technology. Most recent enrollees are: Karen Bradley from Michigan State, a Patricia Gloyd from Centralia Junior College, Sharon Smith from CPS, and Nancy Sinclair from PLC.

## Saint Joseph's

News from Maternity—Radios were blaring out and commentators were loudly shouting—no hits—no errors and the scores for the World Series, but it held little interest for a certain couple of our Maternity patients. You see it was the first time they had met since graduation from Stadium High, some 20 years ago. Reminiscing time was really enjoyable for them.

Birthday parties were held for Mrs. Keely, Mrs. Leslie, and Mrs. Wery. Mr. and Mrs. Huber are back to work. They were stricken with the modern cold, the Asiatic Flu. Mrs. Donovan has returned from her bus cruise to San Francisco, Palo Alto and Santa Claus Village. Mrs. Martin has returned from her vacation in Vancouver and Victoria.

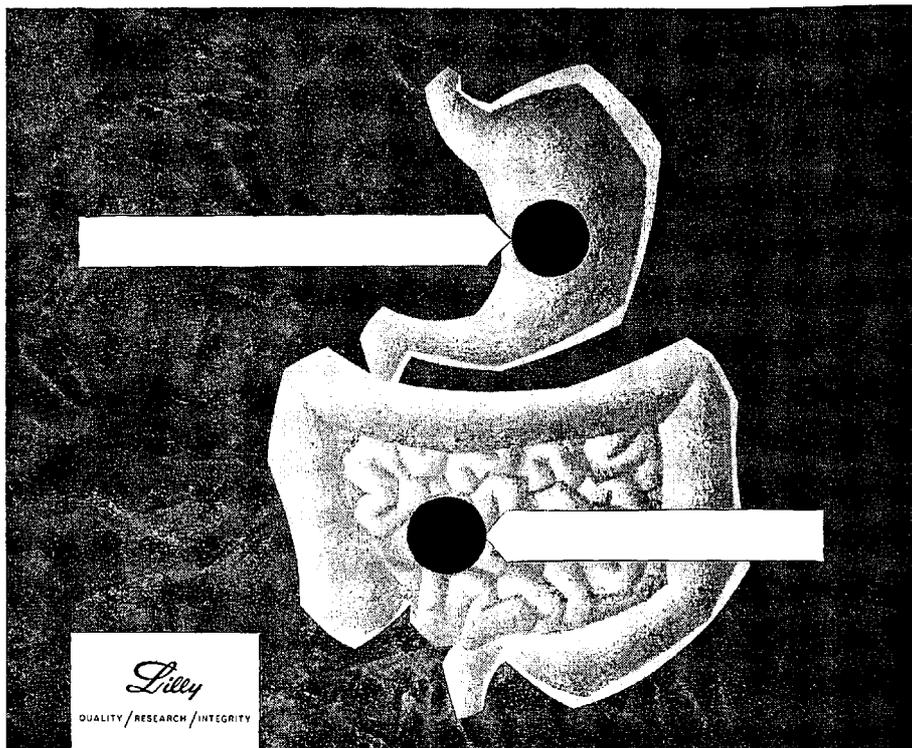
Into our midst we welcome 10 energetic, interesting student nurses. Their reactions and impressions of a first delivery could best be depicted by a movie camera.

Mrs. Ruth O'Donnell is amongst our crew all the way from New York City. She has worked many years as an Army O.B. Nurse.

We all regret that Nettie Hicks is so acutely ill on 3rd floor. For fourteen long years she worked on our formula. Breakfast, lunch and supper she prepared for many Tacoma babies.

The Sisters and personnel of Saint Joseph Hospital extend condolence to Mrs. Egan and

(Continued on Page 21)



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1. Sun, D. C. H., and Shay, H.: A.M.A. Arch. Int. Med., 97:442, 1956.

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(Continued from Page 17)

relatives of Dr. James Egan who died suddenly last week. We shall miss him from our chapel where he was a familiar figure making the Way of the Cross each morning and saying his beads.

News from Third Floor—Vacations are over, we hope. That is all except "Sarge" Robohm, our Plutocrat, who is going to sunny California. Have a nice time Louie, and hurry back. Nadine Carlson, R.N. and Mary K. Miller, R.N. have left us and are awaiting the arrival of the stork. You can see that most of our staff have joined the—Stork Club—so come December and January it will be mighty lonesome. Stand by for further announcements.

We, of the third floor staff wish to thank Sister Antonia and those who painted, polished, and prettied up the nurses' and practicals' lounge rooms. It certainly should be an incentive to keep them neat.

A representative group of students from the student body of the School of Nursing will attend the State Student Nurses Association semi-annual convention October 18-19th in Spokane, Washington.

An all-school Hallowe'en party will be held October 31st in the Marian Room at St. Leo's for faculty and student body.

Prizes are being offered for the most attractive and most original costumes. Masks will be removed at 9 p.m. and judging of the costumes will precede this.

Sister Mary Evrard and Sister Barbara Ann attended an all day conference of affiliated schools at American Lake Veterans' Hospital. Sister Barbara Ann was on the program presented during the course of the day.

The carpenter and painter are busily engaged in repairing and refinishing door jambs and trim. This is a fairly costly process but it is a necessary one to keep the building looking its best. With the cooperation of all the personnel we will be able to keep them looking their best at all times. It is disheartening, to say the least, to see a big scratch or dent on a newly refinished door that has taken hours of hard work. In a good many cases these scratches or dents are caused by wheels or moving equipment not working right. The maintenance crew will be only too happy to fix up and oil wheels on this equipment if you will notify us.

Sisters Theodore Joseph, Celine Magdeline and Frances Joseph attended the Institute for Executive Housekeepers at the Benjamin Franklin Hotel in Seattle October 21 and 22.

News from Pediatrics—We owe our deepest thanks to Mr. Roy Neher and his patrons for providing us with the very wonderful TV set. During the "World Series" the playroom was a

(Continued on Page 23)

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(Continued from Page 21)

very popular spot for those interested in the games.

Thursday, October 11th, the department was buzzing with excitement. Mary, our little long term patient was celebrating her 3rd birthday. The members of the pediatrics class planned a party complete with clowns, balloons, cake and ice cream. Little Mary was throned as queen for a day.

The Future Nurses Club of Lincoln High School are planning a very interesting program in the department as their project for the year. Welcome girls. We hope you'll like hospital life so well you'll join our ranks.

### *Pierce County*

Mrs. Donna Stoker is resigning her position with the hospital Social Service Department to devote her full time to her home, husband and son, Richard, and daughter Patricia. Donna will be greatly missed both for her valuable service and for her delightful personality which has endeared her to her associates through the five years of her hospital employment.

Mrs. Stoker's position will be filled by Mrs. Carolyn DeMuynck, a bride of August 17, 1957, whose husband is with the U.S. Army in Korea at present. Carolyn is a graduate of Washington State College, Class of 1956. She was formerly employed as Program Director of the U.W.C.A. in Salem, Oregon.

The laboratory staff celebrated the birthday of Beverley Marcellia on October 14, with a coffee and birthday cake hour. Beverley is most busy these days being assistant head technician of the laboratory and a home maker for husband, Joseph, and children, Jeffrey and Janna Marie.

From the housekeeping department comes word that a new heavy duty floor dressing, slip resistant, is being applied to the wards, halls, and office floors, and is giving the hospital a "new look." Also noted, is that Letha Munsee and Nelle Satter, assistant and head housekeepers, respectively, attended the monthly meeting of the Puget Sound Chapter of N.E.H.A. at the Public Health Hospital in Seattle. Plans were made for a Bingo Party to be held at the American Legion Memorial Hall, November 8, in Seattle. The proceeds will go for a scholarship fund. They also emphasize the importance of housekeepers to attend the Institute sponsored by the Puget Sound Chapter of the National Executive Housekeepers Association and the Washington State Hospital Association to be held at the Hotel Benjamin Franklin, Seattle, on October 21-22, 1957. The spotlight of the meetings will be particularly given to the need for more effective germicidal cleaning in hospitals.

Ethel Bieghley is a new member of the front office, taking over the duties of part time switch board operator.

Nora Dawn Bussard, daughter of Mr. and Mrs. E. C. Bussard (Harriet Bussard of the physio-therapy department) became the bride of Lawrence Wheaton at a beautiful wedding in McKinley Park Christian Church on September 21. The young couple will be at home in Tacoma until January, when the groom will re-enter North West Christian College at Eugene, Oregon.

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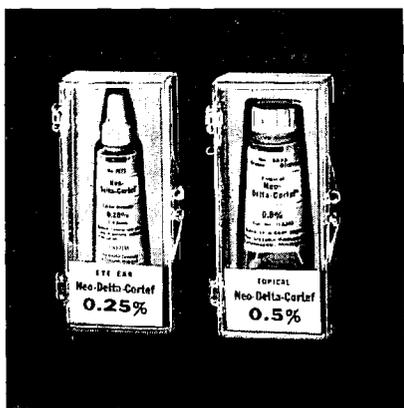
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### Peritoneal Cyst — Report of Case

S.H.C., No. 4531—Mary Bridge  
Children's Hospital

(Drs. Schroff-Tanbara-Vadheim-Duffy)

This 22 month old female was admitted on 8-15-57 and discharge on 8-31-57.

Chief complaint: Abdomen is swollen."

History of present illness: About 2 weeks prior to admission this child became febrile, fussy and irritable. The abdomen was swollen, the temperature was 104 degrees rectally, and she was "unable to stand." She was hospitalized at another hospital from 8-9-57 to 8-14-57. The admission blood count revealed a moderate leukocytosis with left shift in neutrophils. Chest x-ray was normal. The abdominal examination revealed a diffuse tenderness, and it was thought that the child had either acute appendicitis or enteritis. She was given fluids and antibiotics and responded favorably. Surgery was not performed.

After release from the hospital, the mother noticed that the child's abdomen was slightly distended, and that there was a urinary frequency of moderate degree. The stools were formed, were dark brown to black, and "were filled with undigested food particles." A few days prior to her second admission the stools become light yellow, liquid, copious (5 to 6 per day), and still contained fibers and food particles. The mother said that the child had lost 2 pound in 2 weeks, and at times seemed to have abdominal pain. In addition, she had had a slight fever, had become irritable, and had been sleeping poorly.

Past medical history: This child was born at full term and weighed 8 lb., 10 oz. at birth. The developmental and feeding history was not unusual. The child had contracted no diseases other than an occasional cold, and had neither a previous surgery nor accident. She had received D.P.T. immunizations, a smallpox vaccination, and 2 polio immunizations.

Family history: The father and mother are living and well. The father's mother, two brothers, and an aunt have diabetes. No other known familial diseases. There are no siblings.

Physical examination: Temperature 100 degrees (rectally). Blood pressure 90/50. Pulse 112. The child appeared well-developed, well-nourished, and not particularly ill. The physical examination was essentially normal except for the skin and the abdominal findings. The skin was pale and turgor was good. The abdomen was moderately distended and tense, particularly in the right lower quadrant and in the left upper quadrant. There was a moderate degree of tenderness to palpation. There was a diffuse area of dullness to percussion in the right mid-

abdomen, extending to above the umbilicus. A definite fluctuant mass could be outlined in the right lower quadrant, extending to the umbilicus, and measuring approximately 3 x 4 inches. There was also a smaller, less definite mass in the left upper quadrant which felt to be gaseous distended bowel or stomach. The bowel sounds were present, but diminished and distant. The rectal examination revealed a round fluctuant mass extending into the right pelvis. This was about two inches wide at the lower pole, was not tender, and had no inferior attachments. The upper portion could not be reached rectally.

Laboratory data:

8-15-57—Hematocrit 28 vol%. Hgb. 8 gms. (or 57%). WBC 7,800 with 49 segmented polys, 1 eosinophil, 49 lymphocytes, and 1 monocyte.

8-16-57—Urinalysis normal. Urine culture, no growth.

8-20-57—Sedimentation rate 19 mm. in 1 hour. Hematocrit 30 vol%. Hgb. 8.5 gms. (or 61%). WBC 7,500 with 70 segmented polys, 2 stabs, 27 lymphocytes and 1 monocyte. Reticulocyte count 3.4%.

8-21-57—Occult blood examination of the feces, negative.

(Continued on Page 27)

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(Continued from Page 25)

8-22-57—Occult blood examination of the feces, negative.

8-23-57—Hematocrit 34 vol%. Hgb. 9.5 gms. (or 68%). WBC 6,700 with 49 segmented polys, 2 stabs, 48 lymphocytes, and 1 monocyte. Reticulocyte count 4.5%.

8-25-57—Hgb. 13.5 gms. (or 97%). (Day following surgery.)

8-26-57—Urine check for hemoglobin, negative.

8-30-57—Hematocrit 48 vol%. Hgb. 14 gms. (or 100%). WBC 8,850 with 43 segmented polys, 1 stab, 3 eosinophils, and 53 lymphocytes. Reticulocyte count 4.5%.

A flat plate x-ray of the abdomen on 8-15-57 was reported as showing a probable abdominal or retroperitoneal tumor with some displacement of the colon. There was no evidence of obstruction.

An intravenous pyelogram and a barium enema were done on 8-18-57. These were reported as showing a normal K.U.B. tract and a normal colon. The mass was thought to be retroperitoneal, but an intra-abdominal tumor was not entirely ruled out.

Hospital course: The child remained afebrile and was reasonably well while in the hospital. Because of the anemia she was given intramuscular iron injections. It was felt from subsequent examinations that the abdominal mass was slowly enlarging. The two diagnoses entertained were either an appendiceal abscess or a mesenteric cyst. It was decided that a laparotomy should be done, and this was performed on 8-24-57.

At surgery, a large bluish cyst was found which measured approximately 12 x 12 cm. It extended down and to the right from the liver to the pelvic brim. It originated in the gastrosolic omentum, between the transverse colon and the stomach. It was multiloculated and con-

tained approximately 400 to 500 cc. of dark blood. The cyst was easily removed, as was the appendix. Other small cysts were present. Whole blood was given.

Postoperatively, the child had a slight transfusion reaction; however, no lasting ill effects were noted. She subsequently recovered and was discharged on 8-31-57, one week following surgery.

Pathologic microscopic report of the cyst: In some areas the wall was multilocular. There was no distinct lining. The wall was principally fibrous in nature with some lymphocytic infiltration and a number of small vessels. Within the wall there were some rather large hemorrhagic areas. Impression: Peritoneal cyst.

COMMENT: This is an example of a simple peritoneal cyst. The wall is composed of a single layer of endothelium with a loose connective tissue supporting layer. There is no attachment to surrounding organs. The endothelial lining was destroyed by the hemorrhage into the cyst cavity. This hemorrhage also explains the rapid increase in size and the marked anemia which had developed between hospital admissions.

A young mother was bathing her little five-year-old daughter and they were busy with their mother-daughter type of chatter. She finished the child's ablutions, set her out on the bath mat and gave her a big towel so she could dry herself, while Mother slipped out of her housecoat and stepped into the tub for her own bath. Suddenly fascinated by Mother's appearance the little girl said, "Mommy—didn't you tell me you and I are made alike?"

"Yes dear," answered the mother, "Why do you ask?"

"Well, Mommy," she continued, "I was just wondering why I'm so plain and you're so fancy."

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## Report of Meeting of American College of Surgeons

By Thomas O. Murphy, M.D., Ph.D.

The American College of Surgeons met in Atlantic City from October 14th to October 18th and as always, presented a most interesting review of the current surgical research being performed across the country in the clinical forums as well as offering a multitude of cine-clinics and medical motion pictures and television from Johns Hopkins Hospital. As might be expected with a great deal of the current interest at most major medical centers being centered along the cardiovascular lines, over sixty per cent of the over 500 research papers presented by some 1500 surgeons were on various cardiovascular topics.

Monday morning's forum started off with a review of manuscripts concerning the heart and great vessels which was presided over by Dr. Robert Gross from Boston. The group at the University of Mississippi Medical Center presented a most interesting dissertation on TOTAL CARDIOPULMONARY TRANSPLANTATION in the living dog, utilizing hypothermia in which they had one six hour survival of the animal. The interesting aspect of this presentation was that in no instance was there a survival of the heart which was arrested over 30 minutes unless the heart was perfused with either ringers lactate or dextran to entirely free the vascular bed of the heart of blood during the period of arrest. Several other similar research papers stressed the same point and demonstrated that there was intravascular clotting in the capillary bed of the heart under such circumstances which prevented resuscitation when it was reimplanted into a homologous or autologous animal.

Although these studies are admittedly on a view far in the future when we are able to perform complete tissue transplantation from one animal to another, the immediate possibility arose in the mind of this author that the situation is analogous to that portion of the heart which is damaged by the immediate effects of a myocardial infarct in which a small section of the heart is acutely ischemic due to the infarct and secondary spasm. In view of this one wonders whether in the event of an acute myocardial infarction one may expect a greater yield of viable myocardium if the patient were treated with massive doses of heparin to prevent intravascular thrombosis of the capillary bed at the time when first seen following acute infarction and suggest that it might be wise to administer massive heparin doses as well as morphine with the original medication of the patient. This is offered as

food for thought to some of our internist friends who may be interested in this concept. The same morning several manuscripts were presented by the research laboratories at Nashville, Rochester, Minnesota and New York City on the effect of various techniques of repair of MITRAL INSUFFICIENCY with a general agreement among those concerned that much needs to be done for this valvular deformity, but that certainly focus should be attempted along the posterior medial commissura of the valve rather than attempts to date which utilize a valvular prosthesis.

Monday afternoon session was primarily concerned with oligemic shock which was presided over by Dr. James D. Hardy, professor of surgery from Jackson, Miss. A number of manuscripts were presented discussing the effect of nor-epinephrine upon the survival rate of animals in an acute hypotensive status in which in general laboratory data seemed to indicate that in no instance was the survival rate of animals increased with the use of nor-epinephrine and quite to the contrary, the renal effects were damaging when compared to the control animals.

Tuesday afternoon's session was entitled THE PHYSIOLOGY AND METABOLISM OF THE HEART which was presided over by Dr. Harris B. Schumacher. One most interesting dissertation here discussed the production of ventricular fibrillation incited by rapid changes from hypercarbia to hypocarbia and there was considerable discussion as to this mechanism entering into instances of ventricular fibrillation associated with endotracheal intubation or extubation. As expected, one of the most controversial issues presented at the meeting was a discussion of the effect of internal mammary artery ligation on the effect of increased arterial flow into the myocardium. The Mississippi group once more presented experimental data in which in their studies there was approximately a 10% increase to the coronary sinus flow after internal mammary artery ligation and the ligation of the left coronary in a normal dog. As expected this caused considerable comment by Dr. Glover's group who showed effect in their series upon humans similarly treated. To the contrary were the New York group who have performed this operation as a double blind experiment in which the internist did not know whether a sham operation or a true internal mammary artery ligation had been performed and to that date was unable to differentiate the two groups of patients under study. Dr. Bailey's group once more jumped to the forefront and discussed three cases of survival after coronary thrombo-endoarterectomy which

(Continued on Page 31)

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(Continued from Page 29)

he feels is the management of choice for segmental arterio-occlusions in this area.

The most interesting presentation in the entire forum session was one by Dr. Fulkman from Children's Hospital in Boston for the management of an acute heart block in the dog. It was found that the auricular impulse leaving the auricle was in the range of approximately 10 millivolts, whereas a sub-epicardio electrode would incite a ventricular contraction at a voltage of 450 millivolts was applied. Thus they built a battery packed amplifier by which a 10 millivolt impulse excited from the auricle and picked up by a small lead on the auricle wall would be amplified to 450 millivolts in the amplifier which was left in the animal's thorax and incite a ventricular contraction. The animals were then subjected to a transection of the bundle of His in the area of the auricular ventricular node to institute a total heart block in the animal and the auricular ventricular conduction established by this external amplifier unit. The animals did very nicely, however the small battery to incite the amplifier lasted only three months, at which time the animal went into total heart block and expired if the battery was not renewed. An interesting

sidelight is that, the magnetic field of a very close television station was able to jam the amplifier circuit during the early morning tuning sessions of the TV program which resulted in a 15 minute interval of total heart block in the animals if they were outside of the laboratory building.

Wednesday morning once more was on oxygenators and hypothermia being presided over by Dr. Henry Swan from Denver and as was expected there was the usual argument on whether there were emboli being formed with the bubble oxygenators and a usual round of academic arguments ensued. By Wednesday afternoon the forum sessions went off into the orthopedic, neurosurgical and gynecological specialties, however there was a very excellent program of surgical movies for those who were interested.

Thursday morning's session on extracorporeal circuits and pulmonary physiology was presided over by Dr. John Howard, who just recently left Emmerly University, and there was some very excellent demonstration of attempts at homologous transplantation of a functional lung. Interestingly enough it seems that if both lungs are completely denervated in a homologous

(Continued on Page 32)

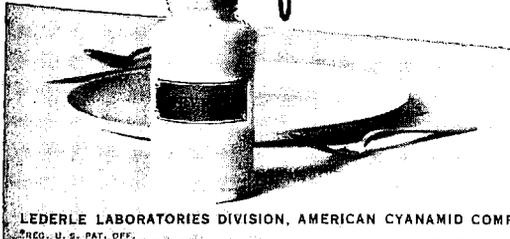
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(Continued from Page 31)

ous transfer, that although they are functional and the animal will awake, he is unable to breath and that spontaneous respiration will not start. However, many of the discussants felt this was due to bilateral recurrent nerve damage and might be avoided by transections of the cords.

Thursday afternoon's forum sessions were concerned with neurosurgical sessions once more and thus your reporter spent the afternoon in a continuation course session on the surgery of pulmonary tuberculosis.

By Friday morning we had all become super saturated with this influx of research data and headed for home. All in all it was an excellent meeting with its main disadvantage that it was much, much too far from our Pacific Northwest area.

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## The Last Voyage of The C. A. Thayer

By R. A. Norton, M.D.

The C. A. Thayer is about the last survivor of a once large fleet of three-masted schooners built before the turn of the century for the coast-wise lumber trade. Her keel was laid in 1895 at Fairhaven, California. She is 156 ft. long, has a 36 ft. beam, and masts 75 ft. from the deck. In later years she was converted to a cod-fish schooner and plied this trade in the Alaskan waters. In 1954 or 1955 she was beached in Hood's Canal and served as a tourist trap under the engaging title of "The Pirate Ship." From here she was rescued by the State of California to be added to the San Francisco Maritime Museum. The original plan was to tow her to San Francisco, but it was later decided, for publicity reasons, to attempt to sail her down. I applied for a berth last April, but was turned down cold. Then, one week before sailing, I got the nod and was signed on as surgeon, cook's helper, painter and deck-hand!!!

The officers and crew were eighteen in number. All had had experience at sea, and many had sailed before the mast in one capacity or another. I was the lone exception. In addition to the working crew, there were an electrician,

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two carpenters, a correspondent from the Christian Science Monitor, a photographer, the cook, and a Puget Sound Pilot. It was to be an historic trip, with a great reception planned for our arrival under the Golden Gate Bridge; a five to ten day trip, allowing liberally for adverse winds and a grand entry into San Francisco Bay.

I was put to work peeling spuds and washing dishes, which chores I continued to do from 5:00 a.m. until 9:00 p.m. for the next fifteen days. We were towed through the Straits of Juan de Fuca and cast adrift in the wide Pacific at daybreak on September 16th. There was no wind—just huge ground swells and immediately the cook became sea-sick. My cooking experience to date included mashing potatoes and cooking weiners over an open fire. The stove was an ancient relic which burned soft coal, most of the smoke backing down the stack and filling the galley. In the middle of utter confusion the call for "All Hands" came and I tore on deck to help hoist the sails. The mate apparently felt that it would be best to do this by hand, although there was a winch powered by an antique Stanley-Morse engine. We heaved and ho'd and sweated and strained, 12 or 13 of us barely able to do what four able seamen used to do. Finally, all six sails were set, and as we all were hanging on the rail, completely exhausted, I heard the third mate say, "And so we spread our gossamer wings!" The first mate said, "These rags bag like a whore's drawers!" The cook was helplessly ill, the breakfast was a mess and all-in-all something less than an auspicious beginning. The boat had begun rocking like mad, the gaffs swinging back and forth until the jaw of the fore gaff snapped off and had to be repaired. The carpenters were working right over the galley and the smoke bothered them so that I had to shut down the stove in the middle of preparing dinner. It was great.

The wind picked up a little and we could cruise at 3-4 knots on a port tack. It slacked up later and the flopping around broke the fore gaff again and tore holes in the mains'l, but the following few days were perfect—bright sun all day, clear skies at night and best of all, the cook recovered. He was quite a boy—assistant fire marshal from Everett Washington, and he runs a TV repair business on the side. His culinary experience had ended with a few cook-outs with his Scout Troop. He claimed he was an escaped pyro-maniac from Western State. In our pre-meal conferences he would usually say, "What'll we run through them bastards next?" He had an aversion to all dairy

products because of his observation that — "They ran that stuff through the cow once—be damned if they'll run it through me!"

During the rest of the first week, everything went fairly satisfactorily in the navigation department, and we were making 6-7 knots much of the time. The galley chores became a little better organized and I spent quite a bit of time on deck chipping rust, scraping off old paint, and applying fresh paint. The idea was to put the ship in as presentable condition as possible for the grand reception. There was little "surgery" to perform—band-aids for cut hands and digging for foreign bodies in a few eyes. A couple of the crew got banged up a bit when working aloft as the boat rocked—but no broken ribs—I guess. And surprisingly, no food poisoning.

On the seventh day the cook was sick again, but by this time I could cut it pretty well. The fresh meat was real unfresh by now and I had a little trouble getting near enough to it to prepare it. But after it was properly cremated, it was eaten with relish and stayed down for the most part. It never occurred to me to try it, however, and I lived largely on cottage cheese, jello, and cauliflower.

On the 11th day, the wind came, quite a bit more than we really needed. The previous evening the breeze had freshened and continued to strengthen all night. I stayed topside a little later than usual, even taking an hour on the wheel. We were hitting 9-10 knots an hour for a spell, according to our log. It was a wild, glorious night. The huge waves and swells rose high above the taff rail and the wind moaned through the rigging just like it says in the books. All we lacked were Errol Flynn and Maureen O'Hara to complete the picture. I went below and hit the bunk—hard. At about 5:00 a.m., I was roused when the lookout shouted, "Light dead ahead!", and rolled out to see what was what. The ship was rolling and pitching like crazy. I started to pull my pants on, but every time I took one foot off the deck, I rolled or staggered until I crashed into the starboard bunks. Three times this happened and I was still half in and half out of my long handled underwear and getting pretty bruised to boot. Nothing to do but try again, and the same thing happened, but this time I reached for an upright to catch myself and grabbed the fire-extinguisher by mistake. The tank crashed to the deck and began spewing foam all over the foc's'l and I had a bad time "rassling" it into submission and clamping my thumb over the nozzle. Finally crawled up the

ladder and dumped the bloody thing overboard. It was raining to beat the devil and everything was utter confusion. My appearing on deck with nothing on but one leg of underwear didn't help so I dived down again and finally got dressed. I seems that the light was on Point Cabrillo and before the ship could be brought about, we were about two miles off shore, and we were now hove to, rocking in a trough and with all sail furled except the fore stays'l. I went into the galley. It was thick with smoke and the cook was sea-sick again. The crew had to settle for some coffee and oatmeal, barely warmed on the range that was rolling continuously through a 60 degree arc.

All that day there was rain and a 60-90 mile sou'easter. All the sails were reefed or on the deck full of holes and worst of all we were blown back 100 miles northwest. Luckily, half the crew was sea-sick, so there wasn't much cooking to do.

The next two days were bright sunshine and dead calm. We wallowed about helplessly and tried whistling up a wind, sticking a knife in

the foremast, and turning all the coffee cups inboard—all tried and true methods for bringing wind but to no avail. At midnight on the 13th day the Coast Guard tug Avoyel came to rescue us. We were almost out of food, and completely out of rum—the big reception had been called off and most of us had a belly-full of "that glorious old windjammer." We made a highly unimpressive entry through the Golden Gate, dragged along at the end of a tow rope and sidled up to the pier, to the slightly derisive cheers of a huge crowd of perhaps 15 people.

Well, it was sort of a historic trip if only because it will probably be the last one of its kind. There should be a more detailed account published soon in the Christian Science Monitor. The Thayer will be in drydock for a while but will soon be on display at Pier 43 in San Francisco. It will be berthed just aft of the Balclutha, the other ship in the Museum, a handsome square-rigger. I'm sure it would be worth your while to look them over the next time you're in the Bay area.

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## The Flu and You

Banner headlines have been announcing this Show for weeks. The press agents have been having a field day. Now the stage is set, the actors are all in their places, the curtain is rising. A vast audience sits on the edge of its seats, expectant and tense to the point of hysteria. It is about to witness another gigantic medical *spectacular*, one of a current series which is fast becoming a part of the American scene.

The title of this year's performance is "THE FLU AND YOU." The hero (which is always preventive medicine in one form or another) is known as *The Vaccine*. The villain (infectious disease in one of its many guises) is currently titled *The Asiatic Flu*. The audience, of course, is the American public.

This year, as usual, the plot is sure-fire; will virtue (or *The Vaccine*) triumph over evil (*The Asiatic Flu*)? If it doesn't, the audience is convinced, millions will be laid low by the villain; whole businesses will shut down; schools will close for weeks; police forces may cease to function; suffering will be rampant and the death rate will go up. In short, catastrophe will be upon us.

As the drama unfolds, things grow more tense. Each time *The Asiatic Flu* (or is it really the common cold?) appears in a neighboring town, pulse rates quicken. A school dance has to be postponed because of a fresh outbreak (or is it actually a different respira-

tory complaint?); where was *The Vaccine* to save the students? In fact, the Audience demands: *Why isn't The Vaccine getting around to more places? Why are reinforcements so slow in catching up?*

It's a great show, all right—exciting enough to cause strong men to mop their brows, women to faint, and many folks to lie awake nights with worry. The trouble is, it's all too theatrical. The villain, *Asiatic Flu*, is not as evil as he's cracked up to be—in fact, at present, he appears a mild enough sort. (He *may yet* flex his muscles and lay us low!) The hero, *Vaccine*, is not so wonderful, either—some people react violently to him and he's only about 50 per cent effective. Furthermore, if the villain *does* win out, it may not be the catastrophe the audience has been led to believe. According to San Francisco Public Health officials, about 80 per cent of the populace will *not* be affected in the event of an epidemic. So why all the excitement?

The producers of the Show—the United State Public Health Service — set this performance in motion with all good intentions. These we applaud. We applaud also awareness, adequate precautions and common-sense management where any infectious disease is concerned. But we protest strongly the kind of unnecessary ballyhoo which more and more is built up around medical situations with dramatic potentation. Too many people are caused unwarranted grief. Mass hysteria results much too easily. And it becomes difficult to evaluate accurately the contributions which modern medicine is making to public health and society as a whole.

Bulletin, San Francisco  
Medical Society

---

Old age: When it takes you as long to get over a good time as it did to have it.

---

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## MONTHLY MEETINGS

### STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

### STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

### TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

### SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

### STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

### PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the Month—8:15 p.m.

### STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

### STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept. and Dec.—7:15 a.m.  
at Scotty's Cafe

### PIERCE COUNTY PEDIATRIC SOCIETY

First Friday of Sept., Nov., Jan., March and May

*The* **BULLETIN** *of the*  
**PIERCE COUNTY MEDICAL SOCIETY**

VOL. XXIX—No. 4

TACOMA, WASH.

DECEMBER - 1957



# Pierce County Medical Society

1957

## OFFICERS

President..... Hillis F. Griffin  
 President-Elect..... Herman S. Judd  
 Vice-President..... Glenn G. McBride  
 Secretary-Treasurer..... Arnold J. Herrmann  
 Executive Secretary..... Judy Gordon

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 Douglas Buttorff..... Herman S. Judd  
 Carlisle Dietrich..... Gerald C. Kohl  
 Robert W. Florence..... S. Robert Lantiere  
 Philip Grenley..... Glenn McBride  
 Hillis F. Griffin..... Warren F. Smith

## DELEGATES

Douglas Buttorff..... Louis P. Hoyer, Jr.  
 Philip Grenley..... Charles E. Kemp  
 Arnold J. Herrmann..... Frank Maddison

## ALTERNATE DELEGATES

Robert W. Florence..... Wendell G. Peterson  
 Gerald C. Geissler..... Frederick J. Schwind  
 Murray Johnson..... Wayne Zimmerman

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 Robert E. Lane..... Samuel E. Light

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 Gerald C. Kohl, Chairman  
 Walter C. Cameron..... Miles Parrott

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 Carlisle Dietrich..... Chris C. Reynolds

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 Arnold J. Herrmann, Chairman  
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 Charles E. Kemp

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 Associate Editor..... M. E. Lawrence  
 Business Manager..... Judy Gordon  
 Auxiliary News Editor..... Mrs. Robert Kallsen



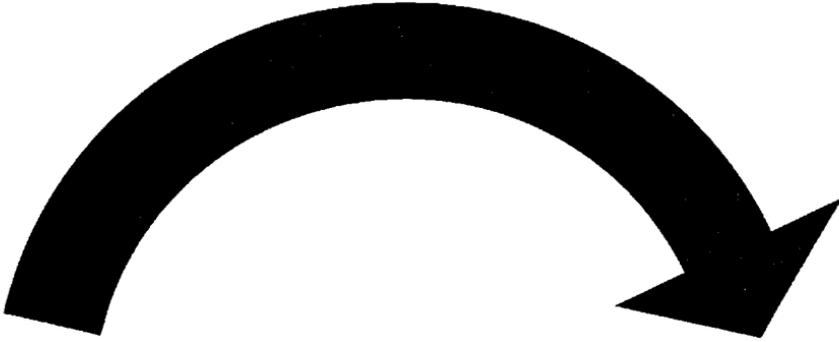
## Happy Birthday December

- 1 CHARLES C. REBERGER
- 3 BERNARD R. ROWEN
- 5 S. ROBERT LANTIERE
- 6 HOMER W. HUMISTON
- WOODARD A. NIETHAMMER
- 9 STANLEY W. TUELL
- 12 ARTHUR P. O'LEARY
- 13 ROBERT E. LANE
- 14 DAVID H. JOHNSON
- SAMUEL E. ADAMS
- 15 WARREN F. SMITH
- 16 ROBERT FREEMAN
- MAURICE YOACHIM
- 19 J. B. ROBERTSON
- 20 WILLIAM D. VOORHEES, JR.
- 21 GERALD GEISSLER
- PHILIP GREINLEY
- 23 CARL SCHEYER
- 24 JOHN R. FLYNN
- 26 FRANK E. SHOVLAIN
- 30 JAMES M. MATTSON
- 31 LEWIS A. HOPKINS

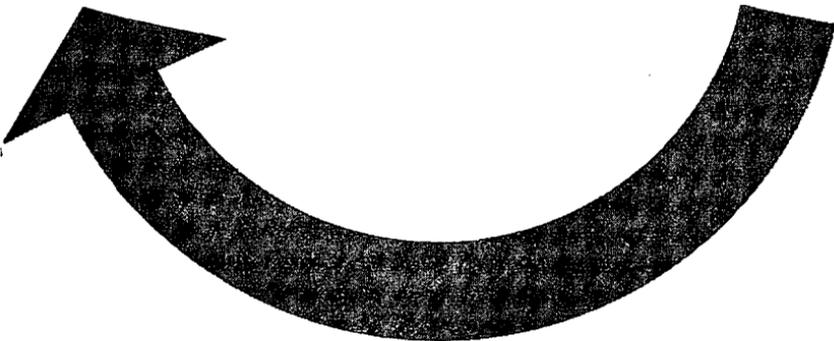
## NOTICE

Check back page of Bulletin for calendar of special meetings

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# PROGRAM

PIERCE COUNTY MEDICAL SOCIETY

TUESDAY, DECEMBER 10

8:15 P.M.

MEDICAL ARTS BUILDING AUDITORIUM

## “RECENT TRENDS IN SURGERY”

Moderator and Discussant — HENRY N. HARKINS, M.D.

Prof. of Surgery, University of Washington School of Medicine

Orthopedics.....Wayne W. Zimmerman, M.D.

Neurosurgery.....Stevens Dimant, M.D.

Urologic Surgery.....Robert W. Osborne, M.D.

Vascular Surgery.....Thomas O. Murphy, M.D.  
(Presentations limited to 10 minutes)

---

### ANNOUNCEMENT OF 1958 PIERCE COUNTY MEDICAL SOCIETY OFFICERS

\* \* \*

A no-host social hour and dinner will precede the meeting

Social Hour: 6:00

Dinner: 6:45

Place: Honan's Restaurant

(across St. Helens Ave. from the Medical Arts Bldg.)

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## PRESIDENT'S PAGE

The past year has been a pleasant year for your retiring president. I have learned to appreciate more fully the loyalty and friendship of my colleagues; I have been impressed with the willingness with which the committees have accepted their responsibilities and the admirable work they have done. Publicity has been at an all time high—due credit must be given to the committee and to our most efficient executive secretary.

Our most important accomplishment has been the establishment of a Poison Control Center which will greatly facilitate our diagnosis and treatment of these most urgent cases.

Many new men have joined our group. They will prove themselves during the years and endear themselves to their colleagues as well as their patients.

A new medical library and meeting place may become a reality in the future under the aegis of the past-president.

“We grieve for those whose work and labor have been the passions of their lives, and who have been overtaken by the darkness of night.” How deeply must their patients feel the loss of their wise counsel and care.

We are envious of those who have retired—we are envious of the wisdom and skill which they have acquired in their years of practice. We wish them well.

A new slate of candidates lists all good men. We need have no fear of the future for our profession.

—HILLIS F. GRIFFIN, M.D.



## Your My Fair Lady...

Your fair lady, and your children, may face a troublesome time at your demise unless you have a Will. You could leave a tremendous burden upon your wife in the settling of your affairs. Few women have had experience in the many legal and business details involved. Naming a bank as executor is a simple way to relieve your wife and family of many unnecessary burdens. A Will provides the greatest economy for your family.

If you don't have a Will, consult an attorney, no matter how large or how small your estate.

He will draw a legally sound Will for you. The cost need not be great.

Special attention should be given to naming a bank as executor. A bank's trust department acts as a business manager for estates. It has the experience . . . it is timeless and permanent and has financial responsibility.

Every man and woman should have a Will. See an attorney *now* and take care of this important matter.

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## Pierce County Medical Society

### NOMINEES—1958

Ballots to be received by mail Nov. 26, 1957,  
and returned before 5 p.m., Tuesday, Decem-  
ber 10, 1957.

#### President-Elect (Vote for one)

J. W. Bowen, Jr., M.D.  
Edwin J. Fairbourn, M.D.

#### Vice-President (Vote for one)

David H. Johnson, M.D.  
Chris C. Reynolds, M.D.

#### Secretary-Treasurer

Arnold J. Herrmann, M.D.

#### Trustees (Vote for four)

Thomas H. Clark, M.D.  
George S. Kittredge, M.D.  
Philip C. Kyle, M.D.  
Robert E. Lane, M.D.  
W. W. Mattson, Jr., M.D.  
W. A. Niehammer, M.D.  
Stevens S. Sanderson, M.D.  
Wayne W. Zimmerman, M.D.

#### Delegates (Vote for six)

Douglas Buttorff, M.D.  
Philip Grenley, M.D.  
Arnold J. Herrmann, M.D.  
Louis P. Hoyer, Jr., M.D.  
Charles E. Kemp, M.D.  
Frank Maddison, M.D.

#### Alternate Delegates (Vote for six)

Richard F. Barronian, M.D.  
Robert W. Florence, M.D.  
Gerald C. Geissler, M.D.  
Murray L. Johnson, M.D.  
Wendell G. Peterson, M.D.  
Frederick J. Schwind, M.D.  
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# WOMAN'S AUXILIARY

*To The Pierce County Medical Society*

1957-58

## Woman's Auxiliary Pierce County Medical Society Officers and Chairmen

President.....	Mrs. T. B. Murphy
President-elect.....	Mrs. Robert Florence
1st Vice-President.....	Mrs. Marshall Whitacre
2nd Vice-President.....	Mrs. Herman Judd
3rd Vice-President.....	Mrs. Robert Kraft
4th Vice-President.....	Mrs. Stillman Hathaway
Recording Secretary.....	Mrs. Wm. Mattson, Jr.
Corresponding Secretary.....	Mrs. Robert P. Crabill
Treasurer.....	Mrs. Haskell Maier
Publicity, Newspaper.....	Mrs. Thomas Smeall
Publicity, Bulletin.....	Mrs. Robert Kallsen
American Medical Education Fund.....	Mrs. Herman Judd
Bulletin (National).....	Mrs. George Tanbara
Civil Defense.....	Mrs. Harold D. Lueken
Historian.....	Mrs. John Bonica
Social.....	Mrs. Howard Pratt
Legislative.....	Mrs. Joseph Harris
Membership.....	Mrs. Charles Anderson
Nurse Recruitment.....	Mrs. Orvis Harrelson
Program.....	Mrs. Robert Osborne
Public Relations.....	Mrs. Robert Burt
Revisions.....	Mrs. Treacy Duerfeldt
Telephone.....	Mrs. James Mattson
Today's Health.....	Mrs. M. Edward Lawrence
Speakers Bureau.....	Mrs. Philip Grenley
Minute Women.....	Mrs. Robert Ferguson
Heart.....	Mrs. Kenneth Gross
Cancer.....	Mrs. Robert Brooke
Tuberculosis.....	Mrs. Hillis Griffin
Mental Health.....	Mrs. John Havlina
Crippled Children and Adults.....	Mrs. Wendell Peterson
Infantile Paralysis.....	Mrs. Douglas Buttorff
Safety.....	Mrs. Walter C. Cameron
Rehabilitation Center.....	Mrs. Phillip Backup
Public Health Nursing.....	Mrs. Charles Anderson
Community Council.....	Mrs. John F. Steele
City Council.....	Mrs. William Goering
Health Council.....	Mrs. Merrill Wicks
Fashion Show.....	Mrs. Robert Florence
Dance.....	Mrs. Horace Anderson
Christmas Party.....	Mrs. Howard Pratt
	Mrs. Robert Osborne

The Board will meet on December 9th, at one o'clock, at Ruth Murphy's home.

### *Letter from Helen Florence*

Dear Members,

"Roman Holiday In Fashions" is just a memory—a pleasant one I hope. We are not certain of the exact amount of profit made, but it will be approximately \$400.00. I would like to take this opportunity to thank the many members who helped with the fashion show.

Bianca—Co-Chairman—Thanks for remembering the things I forgot. It was fun to work with you.

Jean Judd, Ticket Chairman, Thanks for a job well done. Thanks to Bart Huff, Kay Willard, Irma Wahlberg for their help with the tickets.

Dorothy Maier, Treasurer, We all thank you for your help with the tickets and decorations.

Hazel Whitacre and Adel Durkin, Decorations, the decorations were exceptionally nice. Thanks for all of your time and efforts. A special thank you to Beth Pratt, Robbie Lee

Kraft, Bianca Mattson, Jean Judd, Dorothy Maier, Ruth Murphy, Lorraine Kunz, Jean Colley, Helen Stoaks, Hazel and Adel for coming early Friday morning to do the decorating.

Betty Smeall and Mavis Kallsen, Publicity, Thanks for the publicity in the paper and the Bulletin.

Betty Mattson, Telephone, Thank you and your committee for calling each member to remind her of the fashion show.

I would like to thank the members who bought tickets knowing they would not be able to use them. Thanks to everyone who supported our Fashion Show.

Last but certainly not least thanks to Dr. Judd, Dr. Whitacre, Dr. Durkin, and Robert for their patience and consideration. I'm certain there were moments when they could have yanked the phone from the wall.

It was a pleasure to be chairman of the Fashion Show, and I feel you each made it so.

Sincerely yours,

Helen Florence

### *Christmas Party*

Jean Eylander, chairman of the Christmas Party on December 14th at Jackson Hall, reminds us that although the party will benefit the orphans at Saint Anne's, the fun and festivities are for ourselves and our own children. Little ones and big ones alike will enjoy the entertainment and refreshments planned for them by Jean, her co-chairman Evelyn Osborne, and her committee: Shirley Yoachim, Chris Kanar, Kimi Tanbara, and Phyllis Erickson. The party starts at 2:30. Let the children bring a small monetary gift for the orphanage, preferably in an envelope.

### *Anyone for Bridge?*

Doris Kunz (Mrs. George, Sr.) is lending her enthusiasm and abilities to the bridge tournament this year to insure the success of this project. She is taking calls now from anyone who is interested in playing bridge or other card games in conjunction with the tournament. Mrs. Kunz plans to make the program more flexible to include afternoon parties as well as the evening parties with husbands. The tournament will start shortly after the holidays with a send-off party to be given by Mrs. Kunz at her home. Call now to give Mrs. Kunz your name for the list, your preference as to day-time or evening participation, and whether or not you could hostess a party.

(Continued on Page 13)

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Tablets: Each tablet contains 0.5 Gm. ( $7\frac{1}{2}$  grains) of sulfamethoxy-pyridazine. Bottles of 24 and 100 tablets.

Syrup: Each teaspoonful (5 cc.) of caramel-flavored syrup contains 250 mg. of sulfamethoxy-pyridazine. Bottle of 4 fl. oz.

<sup>1</sup>Nichols, R. L. and Finland, M.: *J. Clin. Med.*, 49:410, 1957.

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(Continued from Page 11)

### Newsosis

Loot was carried home from the Fashion Show by Kay Leuken, who won a large rhinestone pin, similar to the ones worn by the models in the show. Phyllis Erickson won soap in the drawing, Mrs. A. W. Howe won an amber glass vase, and Louise Bowen won a brass vase from India.

Surprise of the Fashion Show was Joan Anderson's appearance as one of the professional models. Joan, who has been modelling for one shop in town the past several seasons, is now on call for all the big shows, has a series of nine scheduled in which she'll model designer's originals for one department store here.

In addition to this sideline as professional model, Joan Anderson is busy planning the big Doctor's Dance we're doing this year for the Medical Society. Plans are well under way, and Joan, who is general chairman of the affair, has given out these strategic details. . . . The dance will be held on Washington's Birthday at the top deck of Top of the Ocean. Decorations will be done by Ruth Brooke, and Jean Gibson will head the ticket committee. There will be professional entertainment, door prizes, free-loading for the early birds, and something special for dinner.

Some of our most fashionable members were out of town on Fashion Show day, and missed that party. Gypsy Hoyer, Sherry Johnson, Merle Herrmann, Jean Gibson, Florence Gullikson, Dottie Read, and Jeanne Vadheim went along when their husbands attended a surgical meeting in Vancouver, B.C. that weekend. For most of the wives it was a shopping expedition, but for Gypsy Hoyer it was an opportunity to visit relatives and friends there. Here at home Gypsy's household is bulging now with four new pups, will bulge worse with time if the pups aren't sold . . . they're Great Danes.

Doctor and Mrs. Robert Burt spent the closing week of pheasant season at Prosser, their most successful hunting trip in years. They'll probably be deluged with dinner invitations, but the fact is, they only brought back three of their birds. Lorna considers the prize of the trip the movies she shot while Bob shot the birds, and the pelts they saved from several of the birds, which Lorna surveys with an artistic eye toward making a hat or two.

A refresher for ward-weary doctors and their wives was the party given by the student nurses at Jackson Hall last month. The student nurses put on a wonderful program, displaying some outstanding talents as well as a real capacity

for fun suppressed across the street. Among the crowd there, were the Frank Maddisons, Harold Leukens, M. R. Hosies, Douglas Buttorffs, Philip Backups, Leonard Morleys and Herman Judds.

Mrs. John Robson entertained at coffee the 13th of November, honoring Mrs. Stevens Dimant, wife of Doctor Robson's new associate. Doctor and Mrs. Dimant are from England. Mrs. Dimant (Sheila) is an extremely pretty young woman, mother of three small children, who takes the vexations of moving into an entirely new environment in her stride. The quick switch from the old world to Tacoma finds the Dimants already settled among their treasured antiques on North 32nd Street.

### How Do You Like Your Christmas?

Christmas in New England is on the agenda for the Philip Backups, who are leaving this first week of December for three weeks on the East Coast. The whole family is going. While Philip attends a week's Anesthesiology meeting in New York, Edna and their three daughters will do their holiday shopping and visit with their many friends and relatives in the City. They'll spend the next week in northern Vermont with relatives, and then go on to the farm in Peterborough, New Hampshire for Christmas with Edna's parents.

Doctor and Mrs. J. Wm. Bowen will make their annual trip back to North Dakota to spend Christmas at their former homes in Dickinson and Hebron.

Doctor and Mrs. Ross D. Wright leave December 15th for the holidays in the Hawaiian Islands. They'll stop first at Kona Coast a week, then on to Maui to celebrate their wedding anniversary and Christmas. New Year's eve they'll spend with friends at Waikiki.

Doctor and Mrs. Edwin Yoder, touring the Orient this past month, will be in Honolulu for Christmas. Their daughter Sally plans to join them for the holiday at Waikiki.

### A Verse

The situation is not new,  
Dues are almost overdue  
And Dorothy Maier is turning blue,  
So many haven't paid . . . have you?

### PCMS REPRESENTED IN NOV. ISSUE OF NORTHWEST MED.

The local Medical Society was well-represented in the November issue of Northwest Medicine which carried two articles by local medics—John Robson's on Professional Liability in Washington and one on Ski Injuries by Rigos and Gross.

*an oxazine... not an amphetamine*  
*appetite curbed...*  
*sleep undisturbed*



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References: (1) Gelvin, E. P., McGavack, T. H., and Kenigsberg, S.: *Am. J. Digest. Dis.* 1:135, 1956. (2) Hall, J. O. S., Jr.: *Dallas M. J.* 42:497, 1956. (3) Nistenshny, A. L.: *Am. Pract. & Digest Treat.* 7:1456, 1956. (4) Council on Pharmacy and Chemistry, *New and Nonofficial Remedies*: J.A.M.A. 162:356 (Feb. 2) 1957.

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*Introducing***Dr. Margaret A. Kennard**

Dr. Kennard is the hard-working director of the Mental Health Research Institute. This active organization, voted in by the Legislature in 1955 to conduct long-range research into the behavior problems of children and young adolescents, is currently working exclusively with the young people committed to Western State Hospital. Dr. Kennard supervises a group of medical and science graduates who are studying and treating all facets of the problems involved, incorporating psycho-biology, neuro-physiology and associated fields.

After graduating from Bryn Mawr College, Dr. Kennard went on to Cornell Medical School where she received her M.D. degree in 1930. Then, after doing advanced work in Rochester, New York, she spent twelve years at Yale University studying and teaching physiology and neurology. From 1943 to 1948, Dr. Kennard practiced psychiatry at the famed Bellevue Hospital; two years were spent in research at the University of Oregon Medical School, and the next five years were at the University of British Columbia Medical School where she was engaged in research at the mental hospital as well as in teaching physiology.

The little time left over from her profession, Dr. Kennard spends at her home in Steilacoom where, for relaxation, she turns her talents to gardening.

—M. E. Lawrence

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Tacoma

*Introducing***Dr. H. C. Thuline**

Dr. Thuline travelled a long way from his former home in Rochester, New York, to settle in Tacoma but he is very happy here in the northwest where he now does special medical and chemical research for the Mental Health Institute, located on the Western State Hospital grounds.

After graduating from the University of Washington Medical School, Dr. Thuline interned at King County Hospital in 1954; then to Children's Orthopedic Hospital where, until 1956, he worked at special research projects as assistant pathologist. His particular interest is in laboratory pediatrics and his present work includes some private practice — particularly pediatrics.

In the line of special accomplishments is his work with the Eastman Kodak Co. in 1941 where he did advanced research in synthetic resins and lens cement; and, probably heading the list of accomplishments, is his magnificent family consisting of his wife, Blanche (a former radio actress) and nine children ranging in age from 2 months to 14 years. And, he still manages to find time to teach a Sunday School class and work with children's groups.

Dr. Thuline's military service includes Marine Corps duty with the 1st Division in Okinawa and Occupation duty in China in 1946.

—M. E. Lawrence

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## Report of Thirtieth Annual Meeting of the American Heart Association

By G. M. Whitacre, M.D.

The 30th Annual Scientific meeting of the American Heart Association was held in Chicago October 25 through 28, 1957. On the first day a special symposium was conducted on the prevention and management of cardiovascular emergencies. Following are some excerpts dealing with Pregnancy, Children and Surgery.

Dr. James Metcalfe of Boston stated that pregnancy places an increased load on the heart because of increased blood volume, increased cardiac output and increased pulse rate. These factors reach a peak at about 10 weeks before term and then return to normal around term. There is almost never an indication to stop pregnancy because of heart trouble. In the very large series of pregnant cardiacs followed in Boston there was less than 1% mortality. They felt that factors for keeping down the mortality are salt restriction, decreased physical and emotional strain and prompt care of complicating illnesses. They advise against mitral valvulotomy during the course of pregnancy.

Dr. Benjamin Gasul of Chicago, a pediatric cardiologist, says recurrences of Rheumatic Fever are what cause heart damage. Recurrences can be prevented. All patients with a well documented history of rheumatic fever should have prophylactic treatment indefinitely. Dr. Benedict Massell and his group in Boston carried out control studies in the prevention of streptococcal infections and rheumatic fever. Practically all attacks of Rheumatic Fever can be traced to antecedent group A Streptococcal respiratory infections. He found there was a 90% reduction in the rate of streptococcal infection in those children given prophylaxis. The injection of 1.2 million units of Bicillin intramuscularly every four weeks gave much better results than giving penicillin or sulfa tablets. This was no doubt due to the failure of patients to take tablets as prescribed. For adults, it seemed the consensus of opinion, that prophylactic penicillin should be given for 4-5 years after the last recurrence of Rheumatic Fever and that throat cultures should be obtained in the case of any respiratory infection, during the remainder of life. Sulfa compounds are ineffective in clearing streptococci from the throat and thus should not be used in the treatment of streptococcal infections. Dr. Gasul thought corticosteroids should be used in all cases of rheumatic carditis. There were others who said the steroids were of no specific benefit.

Dr. Louis Soloff of Philadelphia discussed

cardiac complications of surgery. He reviewed all the "cardiovascular deaths" during or after general surgery in one hospital over a period of years. The 54 cases having this diagnosis, on closer scrutiny, died of the following causes:

Shock (not myocardial infarction) .....	10
Electrolyte imbalance .....	10
Peripheral Vascular Accident .....	7
Post-Operative hypotensive syndrome....	2
Cardiac Standstill .....	3
Myocardial Infarction .....	4
Congestive Heart Failure .....	8
Pulmonary Infarction or Embolus .....	10

Thus the last three categories were the only ones usually considered to be cardiovascular. Those who suffered myocardial infarction or congestion failure were in almost all cases known to have severe heart disease prior to surgery. He felt factors leading to shock were inadequate fluids, failure to provide for bladder drainage, infections, and adrenal insufficiency. Electrolyte imbalance occurred most frequently with gastrointestinal and genitourinary disease and with malnutrition. Dr. Soloff does not hesitate to digitalize patients preoperatively where there is a question of congestive failure or where he anticipates that failure might supervene during or after surgery. He disagrees with the formerly widely accepted belief that digitalization decreases the cardiac output of the heart not in failure.

Many of the papers dealt with various new technics to diagnose the pathologic anatomy and hemodynamic aberrations in patients with congenital and acquired heart disease. One new and very useful approach to this problem is the use of indicator-dilution curves. Doctors from the Mayo Clinic feel that results obtained from indicator-dilution technics may be of diagnostic help when measurements of pressures at various sites in the heart and the analysis of oxygen content of blood withdrawn from these sites may fail to settle the issue. This procedure is usually carried out with cardiac catheterization. A bolus of dye is rapidly injected into the catheter, an oximeter checks blood withdrawn from the radial artery, measuring the concentration of dye as time goes by. Characteristic curves are found with different lesions. The sites of injection and collection of the dye may be varied. Dyes used have been methylene blue, Evans blue, Indigo Carmine and a new water-soluble tricarbocyanine dye. "A recording of the dilution of an indicator during its initial traversal of a circulation provides more information concerning the status of this circulation than does observation of any other variable. From such a dilution curve one can determine:

(Continued on Page 19)



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(Continued from Page 17)

1. The volume rate of flow through the circulatory system;
2. The volume of the system between injection and sampling sites;
3. The fastest and the mean circulation times through the system;
4. The presence or absence of abnormal circulatory pathways.

And a number of other parameters of importance in the circulation line, papers at the meeting dealt with results of this technic.

The finding of delayed dyspepsia on effort, occurring from a few minutes to as late as an hour following exertion, may be an important clue to the diagnosis of coronary artery disease. This information is usually not volunteered by the patient and often is not secured on the first interview. The use of the terms "dyspepsia on effort" and "delayed dyspepsia on effort" is justified in selected cases of coronary artery diseases, and in these cases may be equally valid as the term "angina of effort."

Chlorothiazide is a sulfonamide excreted by the renal tubules which appears to inhibit the renal tubular reabsorption of electrolytes. Continued administration may lead to hypokalemia, and hypochloremic alkalosis readily reversed by potassium chloride. Dr. Fries of Washington, D.C., used this drug as a potent agent for increasing excretion of chloride and sodium in hypertension. It sensitized patients to other antihypertensive regimes and was effective in lowering blood pressure by itself with patients on a four gram sodium diet. It did not effect the blood pressure of normotensives. Many groups around the country were enthusiastic about this drug for the treatment of hypertension. It has been reported upon widely in the newspapers and in Time magazine. It is not yet available on a commercial basis. Another group reported on the effectiveness of Chlorothiazide in the management of the edema of heart failure, cirrhosis and nephrosis.

Drs. Rosenman and Friedman of San Francisco studied 42 volunteer male accountants (ages 28-52) during the first 6 months of 1957 to determine the possible effects of emotional stress upon the serum cholesterol and blood clotting time. These men were selected because of the unique phasic variations of their work load and its associated "deadline" work periods (January 1-15; March 1-15; April 1-30). Serum cholesterol and blood clotting time were determined bimonthly. In addition, careful records were made of (1) other possible emotional stresses, (2) weight, (3) exercise, and (4) dietary intake. Among the 42 accountants a significant increase of serum cholesterol up

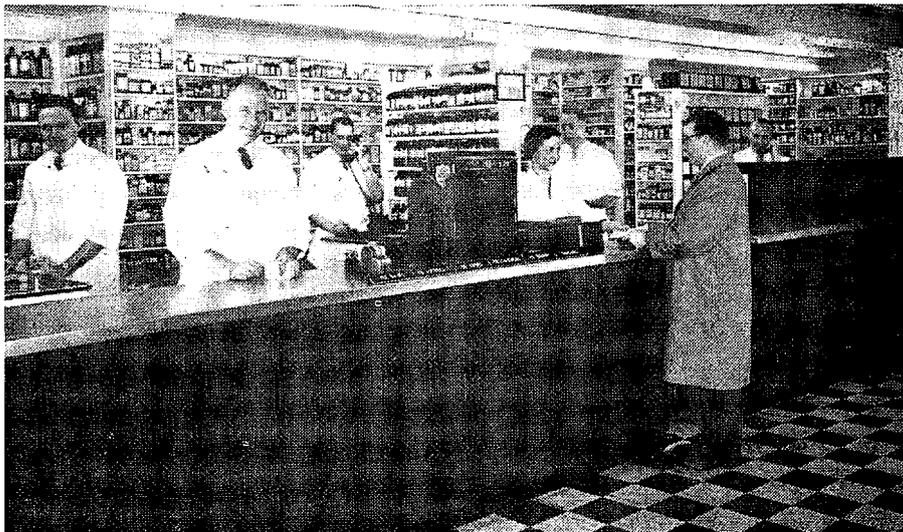
to 125 mg. per 100 ml. occurred at the times of considerable stress. In 83% of the entire group, the maximum cholesterol (260 mg. per 100 ml.) observed in each individual during the study period occurred at the times of their maximum stress. Conversely, in 76% of the entire group, the individual's minimum observed cholesterol (197 mg. per 100 ml.) occurred at the times of their least stress. Even more striking was the highly significant acceleration of blood clotting time which shortened from an average of 9.4 minutes during the interval of minimum stress to 5 minutes at the time of maximal work stress. The results could not be ascribed to changes of exercise pattern, diet or weight. It is concluded that temporal periods of unusual emotional stress and tension are frequently accompanied by highly significant increases of serum cholesterol and acceleration of blood clotting time. The same results as far as the effect of stress on the serum cholesterol were obtained by Stewart Wolf in Oklahoma. These reports also came in for great discussion at the meeting and in the lay press.

James Warren of Duke University and co-workers set up a cardiopulmonary laboratory in South Africa to study the circulation and respiration of the giraffe. The intriguing thing about this animal is the adaption of the circulation to gravitational stress and the respiratory problems created by the great tracheal length. Arterial pressure at heart level ranged from 280/150 to 344/194. In a bucking animal the pressure rose to 360/257. Lowering the head to ground level produced no change in arterial pressure at heart level. Cardiac output in 3 animals was 19, 41 and 49 Liters per minute. In 2 autopsied animals tracheal volumes were 1.2 and 2.3 liters. Compensation for the large respiratory dead space apparently is affected either by large tidal and minute volumes or by adaption to reduction in arterial oxygen tension.

Dr. A. M. Master of New York reported on the normal blood pressure of white people over 65 years of age. This study consisted of 5,757 apparently healthy, ambulatory white persons 65 to 106 years old. Data was obtained by means of questionnaires to doctors all over the country. Mean pressure for all males was 145/82; mean pressure for all females was 156/84. Modal pressure was 140/80 for both sexes. The middle 80% for males was 115-175 over 70-95 —for females 120-192 over 65-102.

Dr. Master concluded that pressures within these limits if not associated with evidence of hypertensive heart disease, do not require anti-hypertensive therapy.

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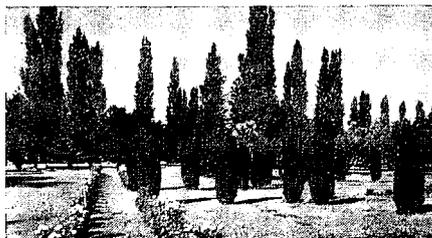
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# HOSPITALS . . .

## Pierce County

Under the direction of Helen Simpson, Social Service, and General Chairman for the Hospital Christmas Party, plans for a gala time become more attractive each day. Hospital personnel and guests are invited. Place—Sportsman's Chateau, Time—December 21, 8 p.m. to 1 a.m. Transportation will be arranged for those without cars; call Mrs. Turner, Nursing office, regarding that. There will be a Smorgasbord with plenty of good food, dancing to a three piece orchestra, door prizes, and other entertainment. The affair is sponsored by the Mutual Employees Benefit Association of the hospital.

Mrs. Ann Ness, R.N., for many years the very competent nurse in the Day Emergency Department, has been appointed to the important position of Director of the Poison Control Information Center with offices in the Pierce County Hospital.

Dr. Claris Allison, assistant Superintendent of the hospital, and husband, Dr. Donald Allison, are moving into their newly completed home across the Narrows Bridge on December 1. The new home is most attractive and commands a wonderful view of the Narrows and the mountains.

Mrs. Marie Hoffman, for the past nine years night Medical Record Clerk, has resigned her position. Friends, who regret her leaving, entertained on November 18 with a coffee and cake hour in the hospital dining room. Marie was presented with a hand bag and a card wishing her pleasant days ahead.

Myrtle Toler, R.N., of the second floor is recovering from surgery at the Puyallup Hospital, and will soon return to her duties.

A new member of the Physical Therapy Department is Louise Golden, who is a licensed practical nurse. Previously she had been an attendant on the third floor for twelve years.

Lillian Wilson, Director of Nursing Service, attended the Nurses' Workshop on the 14th and 15th of November at the University of Washington.

Sympathy is extended to Emma Murray, R.N., on the death of her father, Mr. Gosselin, November 4.

An important event which happened just after the Pierce County Hospital notes for October went to press was the birth on October 21 of twins to Dr. and Mrs. W. L. Lirette. They are a boy, Stephen, and a girl, Tracie Gail. Last reports say that this vigorous duo has taken over the management of the Lirette home. The

maternal grandparents are Mr. and Mrs. H. R. Eves of Dallas Texas, and the paternal grandparents are Mr. and Mrs. V. A. Lirette of Baytown, Texas. These newcomers join a brother, Kenneth William, age 15½ months. Dr. Lirette is one of this year's interns.

Mrs. Celestia Stuefen of the Housekeeping department became the bride of Mr. Louis Flann on November 5, 1957.

"Game Nite," sponsored by the Puget Sound Chapter of the National Educational Housekeepers Association was a huge success. Those attending from Pierce County Hospital were Eleanor Bighaus, Hervert Ray, Kristine Sanden, Marie Witte, Clara Nygaard, Dorothy Arnold, Arlene Davis, Georgene LaCross and Nelle Satter.

## Tacoma General

Dr. and Mrs. Leonard G. Morley write that they are having a fine vacation and delayed honeymoon in Los Angeles, Palm Springs, and Las Vegas.

Dr. C. P. Larson is attending a class at the Armed Forces Institute in Washington, D.C. From there he will go to Philadelphia to attend the Clinical Session of the American Medical Association, December 3-6.

On Thursday evening, November 7, the students of Tacoma General Hospital School of Nursing, entertained the staff of the Hospital, faculty of the School, Medical Staff Instructors, and College of Puget Sound Instructors. Desert was served to 150 guests, and the program which followed was composed of student talent.

Tacoma General Hospital and the Tacoma Pierce County Blood Bank have jointly opened the "Research and Development Laboratory", located in Jackson Hall. In charge of the laboratory is Miss Mary Jane Ware, a graduate of Southern Methodist University. She has had graduate work at the University of Texas Medical Branch, and has been employed by the University of Texas, Duke University, and Swedish Hospital Biochemistry Laboratory.

The purpose of the new laboratory is three-fold:

1. To perform such tests as catecholamines, hormone analysis, toxicological examinations, so that we may be independent of out-of-state laboratories.

2. To standardize and check techniques of all Medical Technicians (ASCP) who perform chemistry tests in our laboratories.

(Continued on Page 23)

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(Continued from Page 21)

3. To inaugurate a research program in the fields of hematology and forensic pathology.

Research grants are currently being applied for and other personnel will be added to the staff.

Mr. Babbit and Mr. Huber were hosts at a dinner at Lakewood Terrace on November 18 honoring the Intern Staff. Other guests were the members of the Medical Staff Intern Committee, Dr. John Shaw, Dr. Herman Judd, and Dr. W. W. Mattson, Jr. Everyone reports a most enjoyable evening. Dr. Dudley Houtz and Dr. John May answered the intern's page so that the entire group could attend the dinner.

### *Saint Joseph's*

The November O. R. nurses meeting was held at St. Joseph Hospital in Aberdeen and was attended by seven nurses from the Tacoma Area. The new President is Mr. Braumhall from Mary Bridge Hospital and the treasurer is Miss Wood, known to all of us as "Woody." The next meeting will be held in January here at St. Joseph's, so we hope there will be a good Tacoma turn-out. Plans are being made to raise funds to send a delegate back to the National Convention in Philadelphia in February.

Miss Baer attended the Nurse Anesthetist section of the Washington Hospital Association in Seattle on November 6 and 7. The Western division of the Washington Association of Nurse Anesthetists will have their next meeting on December 20th.

A delayed farewell party was given for Lillian Van Lake on November 6th at Johnny's Dock and was enjoyed very much by all of her former associates in Surgery.

Mrs. Edith Crotty (Eigner) will be leaving us this week to wait the arrival of the stork.

Our refinishing program on doors and door trim is progressing slowly but steadily. The second floor is nearing completion and then we will move our noise to the third floor. It is unfortunate that we cannot accomplish this work without noise but I do think the final results are well worth the short inconvenience.

Vacations are surely over, you see Mesdames Robinson, Bishop and Spearman are back from Disneyland and other districts. A Birthday Party was given to honor Miss C. Johnson, Mrs. Farron, Mrs. Spearman, Mrs. Lauridsen and Katherine Roberts. In spite of the one year added, they still look their cheerful selves.

Mrs. Patnode went on a hunting trip with an empty gun—no she didn't shoot anything.

New babies for the month are Mrs. Robbecke, R.N., a boy, Mrs. West (Holliday) a girl, Mrs. Vass a boy, and Mrs. Moser and Mrs. DeVaul girls.

Dr. Macha is our new Intern on Maternity. He is rushing around with one eye open, while he rests the other, not much sleep for we are having plenty of babies.

Mrs. J. Pollard is leaving the staff of the Pediatric department after many years of faithful service. Her many friends among those small patients who return to the department frequently will miss her; as will every member of the Pediatric staff. We're happy for her and hope her "expected arrival" brings her much joy.

The department has been bulging at its seams—we were grateful for the extended bed space during the height of our rush.

Mrs. B. Schmidt our 3-11 nurse came on duty on Nov. 12th with the biggest smile possible. Her son, Duane, a navy I.C.F.N., was selected as serviceman of the week at his base in San Diego, California. This gives him a chance to be runner-up for the serviceman of the year.

Mrs. Alex Rehwinkle, the mother-in-law of Mrs. Florence Rehwinkle and the mother of Mrs. Betty Musto is critically ill on the Third Floor with a heart ailment. We extend our prayers for her welfare.

Mrs. Fowler was a patient in 212 for several days. She is at home now recovering, we wish her well and miss her very much.

We are all very happy to have Mrs. Payne with us again as she has been at home nursing her family.

Wondering if Mrs. Fawcett is going to make a night cap with the night gown and pajamas she is making.

Mrs. Rose and Mrs. Peterson are new members of the Silhouette Club.

Mrs. May Lewis and her husband each bagged their deer. Congratulations to Florence Richert on the birth of a baby girl.

Mr. Swartz had a birthday. Coffee and cake was served.

The patients' library will soon return after the reorganization of the reading material is completed. The Future Nurses' Club of St. Leo High School has adopted this as one of their projects for the coming year. The cart, accompanying these "future nurses", will circulate throughout the second and third floors seeking patients with the desire to read. This program has provided many enjoyable hours for patients in the past and the hope is maintained it will exceed its present success in the future.

Have you visited the Second South Sun Porch recently and enjoyed browsing through the wide variety of magazines there. The rack

(Continued on Page 25)

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(Continued from Page 23)

and a year's supply of popular magazines are made available to the ambulatory patients through the courtesy of Mr. Clark at the Yellow Cab and Bob at the Red Cross Pharmacy on Pacific Avenue. We are most grateful to both of these men for this extra service to our patients.

The Medical Record Technician Students and Sister Emmanuel attended the Washington State Hospital Association 25th annual convention. One of the main highlights of interest to the students was Dr. Babcock's talk on Hospital Accreditation. His speech was supplemented by a period of questions and answers quite apropos to current time.

Also of interest was the departmental session of the Washington State Medical Record Librarian's Annual meeting held the second day of the convention. The legal aspects of Medical Records were discussed at length by a competent attorney at law, Miss Muriel Mawer.

Birthdays were the big events in the Medical Record Department during the past month. They were all celebrated in style with coffee and cake. Grace Doherty and Marie Butler can really make good cake. Celebrants were Mrs. Arness, Ruth Delle, Sharon Weinrich, and Grace Doherty.

## Mary Bridge Children Hospital Report of a Case

By J. V. Aragonés, M.D.

The patient was an 8 month old white, male infant admitted to the Mary Bridge Children's Hospital because of diarrhea coming off and on at short intervals. The bowel movements were accompanied by considerable amounts of pain, and very often, the stool contained fresh blood in sparse to moderate amounts thoroughly admixed with fecal material. One week PTA, he had another bout of diarrhea, and at this time the mother saw a fleshy mass protruding out of the anus. She pushed it up inside, and it went in without much difficulty. Several days later, he was again brought to his physician because of diarrhea and the mass. A rectal examination was done, and the presence of a polypoid mass was confirmed. Past History—The patient was admitted to another hospital 3 weeks before his admission because of diarrhea. There, he was diagnosed and treated as a case of gastro-enteritis. F.H. non-contributory.

Physical examination on admission revealed a fairly developed, fairly nourished, pale, slightly febrile, fretful child. Anus—no polyps protruding, but a polypoid mass about 2-3 cm. in diameter was readily palpable 4 cm. above the anal opening. Mass could be pushed up fairly well as if on a long pedicle. There were no abnormal pigmentations on the trunk or in the buccal cavity.

Laboratory examination showed a WBC of 11,300. Hb.—71% (10 GM).

On the first hospital day, 5 polyps were removed from the rectum by snare and electro-coagulation method, under light inhalation anesthesia. There was minimal blood loss. About 10-15 minutes PO the patient went into cardiac arrest. Respirations were maintained manually by the anesthesiologist. Cardiac massage began within five minutes more, and intra-cardiac adrenalin was given. Regular cardiac rhythm was established after twelve minutes more and the child was transferred to the ward in fair condition. In the ward, the condition and outlook was very poor. The patient was comatose with rapid labored respiration. A distinctive and noisy stridor could readily be heard from a distance, and course moist rales were evident throughout the lung fields. Respiratory rate varied from 88 to 100/min. and pulse went as fast as 130-140/min. Oxygen 7 liters/min., blood and fluids were given together with symptomatic supportive treatments. On the first PO day not much change took place. On the third PO day, a general survey of the case showed that he was becoming worse. He had Cheynes-Stokes respiration, and his stridor and difficult breathing became more pronounced. His femoral pulse was still strong and regular, but very rapid. On the fourth PO day, the child was still hanging on. He continued to collect mucus despite practically continuous suction done, was very pale, and his eyes were glassy. The downhill course continued and the patient died on the fifth PO day.

Autopsy was done and a post-mortem diagnosis of generalized intestinal polyposis, encephalomegaly and bronchopneumonia was given.

### Comments

This report wishes to convey the importance of chronic diarrheas and their effects on the fluid and electrolyte balance of the body rendering it predisposed to cardiac complications during operations. It also serves to point out the importance of considering intestinal polyposis in the differential diagnosis of cases with prolonged and recurrent diarrheas.

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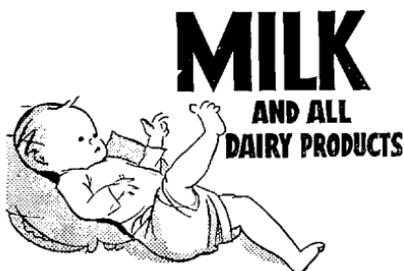
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## *Dr. Bonica Elected to Board Of American Academy of Anesthesiologists*

Dr. John J. Bonica was recently elected to The American Academy of Anesthesiologists. He is the third of Northwest anesthesiologists to be elected to this organization, which totals 58 members in the entire United States. Doctor Bonica has just returned from attending the annual meeting of The American Society of Anesthesiologists in Los Angeles, where he completed his term as Vice-President of the Society, and was re-elected to the Board of Directors to represent the Northwest district. Subsequently, he journeyed to Hawaii where he was the guest speaker at the first annual meeting of The Hawaiian Society of Anesthesiologists. In addition to presenting a paper on Clinical Evaluation of Spinal Epidural Block, he presented a discussion on Public and Professional Relations, and other nonscientific aspects of the specialty.

Upon his return home Doctor Bonica found a letter from the Vatican, in which His Holiness Pope Pius XII conveys sentiments of appreciation for Doctor Bonica's book, "The Management of Pain", and imparts his Paternal, Apostolic Blessing. Earlier this year, Doctor Bonica sent His Holiness one of the author's Goldleaf copies of the book as a token of his appreciation for His Holiness' contribution to suffering humanity, and for greatly enhancing the position of the anesthesiologist by a discourse which the Pope made on February 4, 1957. It was in connection with this symposium and the Pope's discourse that the Department of Anesthesiology of the Tacoma General Hospital received widespread recognition in being singularly mentioned by name as an outstanding center for the relief of pain, not only in patients undergoing operations and child-birth, but also those who had painful medical disorders.

We have also learned that the book has been translated into Spanish by an orthopedic surgeon from Barcelona, and published by Spain's leading medical publishers, and at the present time is being translated into Italian. Lea & Febiger, the American publishers of the book are now negotiating for a French translation. The American edition of the book has sold two printings, the majority of which were sold to physicians who were not anesthesiologists.



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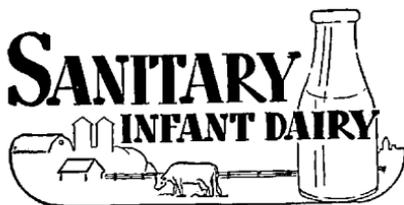


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## Pope Pius XII Gives Important Talk on Pain Relief

On February 4, 1957 His Holiness Pope Pius XII delivered one of the most important and significant discourses, which has been made by a world religious leader, concerning the practice of medicine. The discourse was delivered on occasion of opening an international symposium on "Anesthesia and the Human Being", and was prompted by three basic questions submitted to His Holiness by Professor Enrico Ciocatto, President of the Italian Society of Anesthesiologists. The theme of the talk concerns the religious and moral aspects of pain prevention (analgesia and anesthesia) in the light of the natural law and especially of Christian doctrine as contained in the Gospel and taught by the Church. The three basic questions were: (1) Is there a universal moral obligation to refuse analgesia and to accept physical pain in a spirit of faith? (2) Is it in accord with the spirit of the Gospel to bring about by the means of drugs, the loss of consciousness and the use of a man's high faculties? (3) Is it lawful for the dying or those in danger of death to make use of drugs if there exists medical reasons for their use. Can one use drugs even if the lessening of pain is probably accompanied by shortening of life?

Realizing that these questions are of great interest not only to physicians but also to lay persons, and recognizing the fact that there is very diverse difference of opinion, especially among Christians concerning practice of analgesia, the Pope made a very detailed and lucid analysis. Before answering the questions, he discussed the nature, origin, and development of anesthetics in such a perspicuous and penetrating manner, which though so typical of His Holiness, astounded his medical audience. The role of the anesthesiologist he stated "is a part often hidden, almost unknown to the public, less in the limelight than the surgeons, but fully essential. It is into his hands indeed that the patient's life is entrusted, so that he may help the sick person to pass safely as possible through the painful moments of the operation". He further stated that "anesthesiologists, therefore, unite the important qualities of sympathy, understanding and devotion to a perfect knowledge of the technique of his art, not only with a view to promoting all the psychologic positions which help towards the well-being of his patient, but also in a spirit of true and deep charity befitting a man and a Christian". He pointed out and duly emphasized that the most important factor responsible for the spectacular progress made in surgery (but particularly heart surgery) in recent

year has been the advent of the anesthesiologist, and advances made by him.

In answering the first question, he stated that although "... man is bound in conscience to accept the suffering every time that he is faced with the inescapable alternative of enduring suffering or of acting contrary to a moral obligation, either by positive action, or by omission, the use of pain relieving methods during an operation or during childbirth are not contrary to Christian teachings". In referring to the misconception that the mother is obliged to accept all suffering and refuse relief from pain, either by natural or artificial means because of a misinterpretation of the text in the Scripture which states "In sorrow shalt thou bring forth children", he stated "... there is no obligation of this kind. Man retains the right of control over the forces of nature of employing them for his own use, and consequently deriving benefit from all the resources of which it offers him as a suppressor to avoid physical pain ... it is possible that suffering may be preferable for a particular person in a definite situation, but in general the harm brought about forces men to protect themselves against it." In concluding his long answer to the first question he stated "The patient desirous of avoiding or of soothing the pain, can, without disquiet of conscience, make use of the means discovered by science and which, in themselves, are not immoral. Particular circumstances can impose another line of conduct, but the Christian's duty of renunciation and of interior purification is not an obstacle to the use of anesthetics because it is possible to fulfill that duty in another manner. The same rule applies also to the demands of the Christian ideal which go beyond the call of duty."

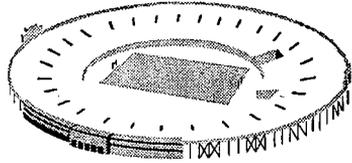
In answering the second question on whether or not the production or the state of insensibility (narcosis) and a total or partial deprivation of consciousness and the use of drugs before or after operation are compatible with Christian teachings, he stated "This practice gives rise to no objections and remains compatible with the spirit of the Gospel ... the attitude of Our Lord does not indicate that it is God's Will for all men and at every moment to endure pain, and the Church has in no way given this interpretation to them". He approves the use of hypnosis, but only by competent medical people for the purpose of diagnosis or treatment. On the other hand, he stated that the use of drugs or indulging in drunkenness to gain pleasurable sensation is forbidden because the abuse of these agents leads to the complete neglect of the most fundamental demands of personal and family life.

(Continued on Page 31)

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(Continued from Page 29)

## An Unusual Experience

By Lewis A. Hopkins, M.D.

The most important and most significant aspect of his discussion concerned his answer to the question "Is the removal of pain and consciousness by means of drugs (when medical means suggest it) permitted by religion and morality to both doctor and patient (even at the approach of death and if one foresees that the use of drugs will shorten life)"? His response was "Yes, provided that no other means exist and in the given circumstances that action does not prevent the carrying out of either moral or religious duties." This should be differentiated from direct euthanasia or the administration of a drug in order to produce or hasten death, which is not only unlawful, but religiously wrong. He stated that since severe pain "increases the state of weakness and physical exhaustion, check the ardour of the soul and sap the moral powers instead of sustaining them", he felt that the use of drugs can be of great benefit to the patient by giving him strength and making him more active so that he may discharge his final obligations. Therefore, he approved the use of drugs to relieve pain even if such resulted in shortening of life, provided of course that "there is no direct causal link, either through the will of interested parties or by the nature of things, between the induced unconsciousness and the shortening of life—as would be the case if the suppression of the pain could be obtained only by the shortening of the life."

Doctor Bonica and many other physicians who are particularly interested in the management of pain, believe that this approbation of the relief of pain by His Holiness is one of the most significant recent developments in medicine. It will do much to acceptance of anesthesia and analgesia during childbirth by many women who formerly had the misconception that avoidance of suffering during this process was against the teachings of the Church. Moreover, it will be of inestimable value to many patients and their families in accepting the use of narcotic drugs and other means of relieving incurable pain. This and his philosophies about the duties and obligations of the physician in effecting relief of pain consequent to disease will greatly facilitate the work and enhance the position of anesthesiologists as well as other physicians who are concerned in managing patients with painful disorders.

It isn't every day that a doctor has an unusual experience, although such seem to happen to him more often than to most folks. His experiences usually concern the doctor together with one or more other people, but what makes my recent experience unusual is that it was of my own choosing and concerned only myself. May I say, furthermore, that such an experience is always available to any doctor.

I am wrong in saying I, alone, was concerned for there must be added our city traffic signs and my car to complete the triangle.

This is what happened.

The other morning, shortly after coming out of my driveway onto the street, I noticed a 30-mile per hour traffic sign. This sign had been there for several years, but it was something I seldom noticed and less seldom obeyed. This morning, for some unknown reason, I decided that for this day, while making calls, I would carefully obey all traffic rules to the best of my ability.

For a real experience, have you ever tried driving a high-powered car for any length of time at 30 miles per hour? Drivers passed me with frequent dirty looks turned in my direction. I soon got used to that, but not to the discomfort of my over-tensed lower leg muscles trying to keep the speedometer down to 30.

I'd be not too far from a traffic light when it changed to green and knew I could make it as I had frequently done if I'd hurry. Not to put on more gas proved a strenuous test in self-discipline. The same was true when the yellow light showed just as I came to an intersection and with a safe conscience I put my foot on the brake.

There was some comfort that day when I passed a fellow motorist parked at the curb discussing his situation with a traffic officer and I couldn't help but think that, except for this day's unusual experience, the officer could be talking to me.

During the driving I had that day, not once did I fail to use the direction signals and always I was courteous plus in waiting for pedestrians, men, women and children while they crossed the street.

This was my unusual experience and may I say again that the same is available to each of you on any day you may choose. I must confess that, driving home from the office late that afternoon, I felt unduly self-righteous — so much so that when I entered my house, for an instant I thought there was a sort of halo above my head. But it was only a ceiling light.

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## N.W. Chapter American College of Chest Physicians Portland Meet

By John F. Steele, M.D. and  
Geo. Race, M.D.

J. Thomas Payne, M.D. of the University of Washington presented a very interesting paper on a Pericardial Tumor Simulating Idiopathic Pericarditis.

He displayed many chest X-rays showing an enormous silhouette of the heart and pericardium filled with fluid. They first aspirated 1500 cc of fluid resembling Coca Cola, then 1800 cc and later 2000 cc, of prune juice. The X-rays taken soon after aspiration looked similar to the ones preceding.

The pericardium containing a tumor, which has not as yet been differentiated pathologically, was then removed and the man is now a terminal case.

The paper by Drs. Charles T. Dotter and Louis H. Frische, of the University of Oregon Medical School was extremely interesting and is as quotes:

"More victims of heart attacks may be helped by a new technic of X-raying. The X-ray method is used to locate blood clots in coronary arteries."

"The method, called occlusion aortography, makes it possible to fill the coronary arteries with a radio-opaque dye. A small rubber tube with a balloon built into its tip enters the heart through a vein and is then sent into the aorta. The balloon is quickly inflated, stopping the blood flow into the artery momentarily while the dye is injected downward toward the heart. The dye immediately floods the coronary arteries and the X-ray is taken."

"Other methods to get dye in the coronary arteries have been tried, but none has been successful the researchers reported."

"If the dye is injected directly into the heart or blood stream, it is diluted too fast and not enough of it reaches the coronary arteries to make them visible in the X-ray picture. Another problem with older technics is that the dye itself is harmful. With the new method, less dye, only 3 cc of diadrast is needed and dyes of lesser "strength" can be used."

"Tests of the balloon technic have begun on humans and so far the results have been highly promising."

Dr. Morton Goodman of the University of Oregon, discussed the use of nitrogen mustard in malignancies involving the chest. The greater efficacy of mustard when applied to the more undifferentiated forms of lung cancer was emphasized. Dr. Goodman agreed with Watson of Canada and Ochsner in their feeling that roentgen radiation was an important adjunct to mustard therapy. Ochsner further

recommended that sources of mustard therapy should be repeated at 2 month intervals. The remissions ranged from 2 weeks to 2 months, but the remissions became shorter with each subsequent course.

The dose of nitrogen mustard is usually 0.1 mgs. per kilo, repeated over four consecutive days. It is interesting to note that this dosage schedule was derived sheerly by guesswork, as an interpolation from experiments on rats. The daily dose should be given completely and quickly into the rubber tubing of an intravenous infusion of normal saline which is already running. The administration of steroids or antiemetic agents an hour or two before the injection of the mustard, eliminates a good share of the usual side effects of weakness and severe nausea and vomiting.

Dr. Goodman pointed out that in cancer, the yellow marrow of the bones of the extremities assumed some of the functions of red marrow. Therefore, to protect the marrow of the extremities from the depressant action of mustard, some physicians advise the application of tourniquets to the extremities for ten minutes after the injection of the mustard.

In metastatic carcinoma of the lung with pleural effusion, the use of 30 to 40 mgms. of nitrogen mustard directly into the pleural cavity aided in decreasing the reaccumulation of fluid.

Dr. Milton Hyman of the University of Oregon made the challenging remark that early diagnosis of cancer of the lung was useless. If the cancer was fast growing, it would most likely have too wide a spread by the time of first detection to be treatable. If it was slow growing, it would probably be harmless for a number of years even without treatment.

He advocated the use of cobalt and high voltage radiation in patients with rapidly spreading carcinoma and in those whose malignancy was located near the carina and the trachea. These agents had the advantages of (1) direct application to a localized area and (2) little or no scatter effect to adjacent areas. Their two deleterious side effects consisted of (1) radiation sickness and (2) radiation fibrosis. The latter complication occurred only if the volume of lung exposed to radiation exceeded half a lung. It developed 3 months or more after the original exposure. The fibrosis was readily detectable by X-ray but the symptoms produced by the fibrosis were much less than would be expected from the X-ray picture. In patients with cancer of one hilum, it was found by Dr. Hyman that the entire mediastinum, including the opposite hilum had to be irradiated to order to prevent spread to the opposite side.

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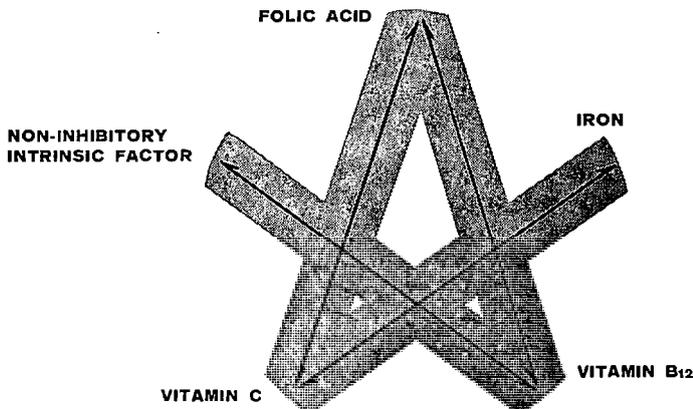
A letter from the Personnel Board at Olympia requests assistance in publicizing the need for a qualified physician at Rainier State School, Buckley, Wash.

The letter states, in part . . . "this immediate opening offers an excellent opportunity for a young physician who is interested in working with children to gain valuable experience in this field. Specialized training or experience in pediatrics would be helpful, but it is not necessary if the individual has a sincere interest in furthering the medical care of retarded children. The beginning salary is \$8376-\$9984 per year, depending upon the applicant's experience."

Applicant's wishing more complete information concerning the position may contact Dr. Wesley D. White, Superintendent, Rainier School, Buckley, Wash.

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## Summary of Course in Aviation Medicine Given at U.C.L.A.

The first speaker on the program, Captain Ashton Graybiel, M.C. U.S.N., talked about some recent finding from the Aviation Psychology Laboratory dealing with the personality of flyers; the problem of oxygen toxicity from the standpoint of 1. mechanism; 2. symptomatology; 3. safe limits of exposure; health hazards at high altitudes due to increasing cosmic ray dosage associated with solar glares; and the present status of high level noise problems.

Capt. Graybiel felt that O<sub>2</sub> requirements of man should be restudied; 100% oxygen given at sea level for longer than four hours will produce symptoms.

His comments on high level noise exposure were based on field studies made over a period of three years. He felt there was no cause for alarm from the cumulative exposure to jet noises at the present time. However, he felt that it was also unsafe to summarize about the future from the present amount of exposure.

Dr. J. Gordon Wells of the No. American Aviation Corporation spoke on Inflight Problems in Aviation Medicine. The current operational problem areas consisted of studies on: 1. hypoxia; 2. hyperventilation syndrome; 3. rapid decompression; 4. contaminants (CO and CO<sub>2</sub>); 5. pressure breathing. Two of the recommended problems for future research were: 1. current aircraft pressurization systems; 2. sealed cabins for space flight.

Dr. Francis B. Quinn, Jr., gave a paper entitled "Man in a Vacuum." A commercial lab in L.A. has constructed a vacuum chamber capable of duplicating the extremely low pressures found a hundred miles above the earth's surface. They have also made a suit which enables a person to work in this chamber in relative safety. At present, the chamber is being used for research in the physics of high vacuums, but a much more intriguing by-product of the work is the development of a reliable space suit.

The problems involved in safeguarding the person occupying this chamber resemble very closely some of those which will be encountered in flights beyond the limits of our atmosphere.

1. Pressure—Above 63,000 feet the atmospheric pressure is such that tissue fluids will boil at body temperature. At 52,000 feet the ambient pressure is equal to the combined partial pressures of water vapor and carbon dioxide in the pulmonary alveoli effectively preventing respiratory exchange.

2. Ionizing radiation—Data is insufficient for firm conclusions, but it appears that shield-

ing equivalent to 25 sm of aluminum would be required to safeguard the crew of a space vehicle in prolonged flights.

3. Meteorite collision—The statistical probability of penetration of a ship by a meteorite is very small, yet such an accident could have very disastrous results.

4. The sealed cabin—Psychological and toxicological problems of prolonged confinement in a sealed environment require considerable study.

5. Temperature—In free space, radiation is the only effective method of heat transfer, hence, heat control would depend on exposure of dull or reflective ship surfaces to sun's rays. Re-entry of the vehicle into the earth's atmosphere would be attended by the development of very high surface temperatures as a result of air friction at high speeds. Witness the fate of most meteors as they enter the gaseous envelope of our planet.

6. Weightlessness—Spatial orientation, locomotion, feeding, elimination and respiration will be affected by zero gravity. Take-off acceleration will probably be of sufficient magnitude to increase the effective weight of the human body by a factor of 3 and will persist for approximately 10 minutes.

7. Combined stresses—One can predict human tolerance for the individual stress mentioned above, but when present in combination, these sub-threshold stresses may have an additive effect, culminating in physiologic or psychologic breakdown.

R. C. Armstrong discussed high temperature effects on the Man-Aircraft System. By virtue of their increased velocity capabilities, high performance aircraft of today have hurdled the sound barrier and met the more formidable thermal barrier.

The multiplicity of physical and biological factors concerned in heat exchange between man and his environment have been studied extensively by W. V. Blockley, J. W. McCutcheon and Craig L. Taylor of U.C.L.A. Their studies have yielded a system of analysis of these thermal factors from which an individual's tolerance time for a given thermal environment can be calculated.

A paper on "Radiation Safety in the Aircraft Industry" was read by Dr. C. H. Purdy. The increasing use of nuclear energy in aircraft research, development and manufacturing processes places upon management and individuals working directly with sources of ionizing radiation a mutual responsibility for the safety of personnel and control of radioactive substances.

Sources of ionizing radiation for industrial uses may range from the extremely low level

activity of luminous markers, thorium alloys and tagged chemicals to the potentially hazardous high voltage generators and multicure radioactive isotopes. Human radiation tolerances become a critical factor in the design, operation and maintenance of nuclear propelled aircraft.

Prescribed safety regulations and protection criteria have been largely responsible for low accident records in the nuclear energy field.

Maximum permissible radiation doses have been estimated on the known biological effects of radiation, but consideration is being given to lowering these limits as more is learned about long-term genetic effects. This subject is in a state of flux at this time.

To attain maximum benefit and economy in the industrial application of nuclear energy, the minimum protection requirements must be carefully evaluated in terms of personnel safety.

Dr. Aram Glorig gave a paper on the Effects of Noise Exposure. Much of this paper was presented to the recent Washington State Medical meeting. He was concerned with a review of what is currently known about the effects of noise exposure and he attempted to indicate the avenues of research that seemed likely to yield information that we do not have now. He discussed the meaning of noise exposure and the effects of noise exposure.

Dr. A. Summerfield, an associate of Dr. Glorig's, gave a paper on noise measurements. The purpose of the paper was to review the fundamentals of acoustic measurements through a discussion of:

1. Nature of acoustic signals;
2. The instruments developed for making acoustic measurements;
3. The currently accepted techniques of measurement and their limitations.

The lectures by Col. John P. Stapp on Tolerance, Injury and Lethal Exposure to Mechani-

cal Force and Windblast were given as a running commentary accompanying movies of the latest experiments with the supersonic rocket sled.

The sealed cabin environment in flights above 90 thousand feet was the title of a paper which consisted of comments on Major David G. Simons' movies taken on his recent balloon ascension in Minnesota.

A field trip to Rocket-Dyne, the experimental missile division of North American Aviation Corp., was one of the highlights of the course. We experienced the firing of a missile engine. Our vantage-point was about one thousand feet from the launching site and the noise generated was almost impossible to bear.

Discussions of space biology and bio-dynamics were of great interest at this time. Space biology is defined as the problems of adapting living subjects to the facts of flight above the atmosphere. Biodynamics is defined as the effect of mechanical force on living tissues.

Participants in the course were men of the Medical Corps of the Air Force and the Naval Air Corps, the medical and engineering departments of Convair, No. American Aviation, Inc., Lockheed Aircraft Corp., Northrop Aircraft, Inc., and UCLA Medical School.

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## In Memoriam

### DR. FRANK PLUM

Dr. Frank Plum, who was recently and suddenly taken from among us, was born in Port Townsend, Washington. He was a graduate of the University of Washington and the University of Pennsylvania Medical School. He was then assigned to a general internship at Queen's Hospital in Honolulu, H. T. This was followed by work at the Mayo Clinic in Ear, Eye, Nose and Throat. He then entered the Medical Corps of the U.S. Army and served to the end of W.W. I.

Upon return to his home state, he was appointed medical director of the Seattle City Hospital serving through 1920 and 1921, after which he returned to the Mayo Clinic for resident training in neuro-surgery. He then returned to Honolulu to enter private practice. After a few years he returned home and located in Aberdeen.

Coming to Tacoma in 1938 he joined the staff of the Western Clinic. His 15 years with this group were outstanding in scope and accomplishment. Four years ago, desiring the emoluments of private practice he opened an office in Lakewood, where he was most contented. Dr. Plum was a member of the Tacoma Surgical Club.

Frank Plum was a surgeon of considerable attainments. A man of becoming modesty; always constructive in attitudes, criticisms, and discussions. His home life was ideal. He was devoted to his church, community and country. He leaves a heritage of fond remembrances in the hearts of the many who knew him well.

—Burton A. Brown, M.D.

## Doctors Lay Plans for 1958 WSMA Convention in Spokane

Members of the WSMA Scientific Work Committee and Special Scientific Committees met in Spokane on November 3 to lay the ground work for the 1958 convention program to be held in Spokane next September 14-17.

The committees, chairmanned by Milo T. Harris of Spokane, President of the Washington State Medical Association, decided on six morning refresher courses and general programs in the afternoons for Tuesday and Wednesday, September 16 and 17.

It also was decided, Doctor Harris said, that at least four outstanding guest speakers would be obtained for the general programs.

There was definite determination among the committees that every effort would be made to maintain the high standards of the convention scientific programs attained in the past few years, and to broaden their appeal.

Emphasis was placed on refresher courses to stimulate attendance of general practitioners, and the general programs, in the afternoons, will be arranged for specialties. The overall program will have variety broad enough to attract the entire membership, Doctor Harris said.

Sufficient space, in advantageous areas to assure proper attention has been provided for scientific exhibits.

Space for scientific exhibits is not necessarily limited, but careful screening of applicants will guarantee their education advantages.

There will be a careful selection of scientific movies for those who do not participate in the Monday (September 15) Fishing and Golf Programs. This program was one of the most popular during the 1957 meeting in Seattle.

The Scientific Work Committee decided there will be special entertainment during the Sunday night Family Banquet and the Tuesday night Banquet and dance, and that the President's Reception would be repeated.

The popular daily convention bulletin, with pictures and stories of events was approved.

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Arrangements already are in process for the Fishing Derby and the Annual Golf Tourney.

Members of the convention programs are:

#### Scientific Work Committee

Milo T. Harris, Chairman  
Harold J. Gunderson, Everett  
W. M. Kirby, Seattle  
F. M. Lyle, Spokane  
James H. Berge, Seattle

#### Scientific Program Committee

C. A. Stevenson, Spokane  
F. M. Lyle, Spokane  
W. G. Hunsicker, Spokane  
A. H. Robnett, Spokane

#### Scientific Exhibits Committee

L. S. Highsmith, Spokane, Chairman  
D. R. Amend, Spokane  
T. E. Canning, Spokane

#### Golf Tournament

D. H. Houston, President,  
Washington State Medical Golf Assn.

#### Fishing Derby

O. Chas. Olson, Chairman

### U.G.N. Report

One hundred forty-nine doctors of the Society have sent in their contributions or pledges in the United Good Neighbor Campaign, pledging \$13,750.00. This is just short of 70% of the quota of \$19,732.00. There are still 52 doctors to be heard from.

Many of our consistent contributors have apparently overlooked sending in their pledges, but I am sure these will be forthcoming soon.

Let us all remember that this plan enables us to take care of all our philanthropies in one contribution, that it benefits all agencies without discrepancy in any manner.

Please send your pledge if you haven't already done so. —Miles Parrott, M.D.

### Poison Control Centers Article In Nov. Saturday Evening Post

Of general interest is the excellent article on Poison Control Centers which appeared in a November issue of the Saturday Evening Post. The interesting and entertaining piece pointed up the need for such Centers and mentioned that there are only about 60 of them in the country at present. Thanks to the Pierce County Medical Society, Tacoma is in on the ground floor—for once.

for  
quicker  
recovery

# STRESSCAPS<sup>\*</sup>

Stress Formula Vitamins Lederle

STRESSCAPS provide adequate vitamin supplementation for patients suffering from prolonged stress—surgery, burns, fractures, trauma or shock.

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## Bill Rademaker Back to Work

Good news to report is that Bill Rademaker is back on the job after several days in St. Joseph's Hospital.

## Best Wishes to Hillis Griffin

All his colleagues, individually and collectively, wish Hillis Griffin a speedy and complete recovery. He will be leaving Tacoma General Hospital before long to enjoy a little rest and relaxation at home.

## Do You Have Lurking Literature?

If these Journals could find their way back to the library, the volumes could be bound. Are any of the following lurking in your home or office?

Am. Jrn. Ob-Gyn, May, 1956.

Am. Jrn. Roentgenology, October, 1956.

Archives of Dermatology, June, 1956 and November and December, 1956.

Archives of Internal Medicine, August, 1956.

Archives of Neurology and Psychiatry, May, 1956 and October, 1956.

Canadian Medical Assoc. Jrn., January 1, 1957.

California Medicine, June, 1956.

British Jrn. of Ophthalmology, March, 1956.

## Christmas Delirium

Hark the Herald Angels sing  
Bells, bells, bells.

The needy have their pots out,  
On the corners hear the bells.

A car in every parking space  
And every parking lot.

No chickens in but chicken wire  
On top of every pot.

The wind is cold, the streets are bare  
O hear the merchants wail,

"Please carry home small packages,  
And don't forget to mail."

O little town of Bethlehem,  
I envy you your silence.

There's not much time, and the five and dime  
Is now the scene of violence.

Good King Wenceslaus look out  
On this feast of Stephen—

Which of us will lose his shirt  
And which will come out even.

Christmas cards, Christmas cards,  
Jingle all the way.

Thanks for yours and yours and yours,  
I'll send you one someday.

It comes upon a midnight clear  
The twenty-fifth of December  
The only ones I can't forget  
Are the ones I forgot to remember.

The gift without the giver is bare.  
How brightly shines yon star,  
But the bareness of giver without a gift  
Outshines it now by far.

O the moon on the breast of the Christmas  
eve snow

May bring happiness to the fore-handed,  
But it only means woe to many below—  
The shoppers whose shopping got stranded.

—Exchange.

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## MONTHLY MEETINGS

### STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

### STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

### TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

### SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

### STAFF OF PIERCE COUNTY

Last Monday of each month—6:15 p.m.

### PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the Month—8:15 p.m.

### STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

### STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, Sept. and Dec.—7:15 a.m.  
at Scotty's Cafe

### PIERCE COUNTY PEDIATRIC SOCIETY

First Friday of Sept., Nov., Jan., March and May





Pierce County Medical Society  
Bulletin  
v.26-29, Jan - Dec 1956-57

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