The BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

VOL. XXVI-No. 5

jund pol s TACOMA, WASH.

JANUARY - 1956



2

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Preliminary Announcement

The Annual Dinner Dance

of the

Pierce County Medical Society

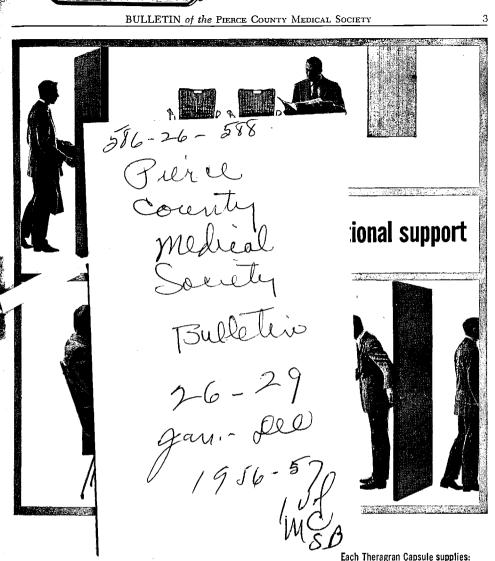
Will Be Held Saturday, February 11

at the

Tacoma Country and Golf Club

NOTICE

Check back page of Bulletin for calendar of special meetings



and Theragran gives therapeutic results

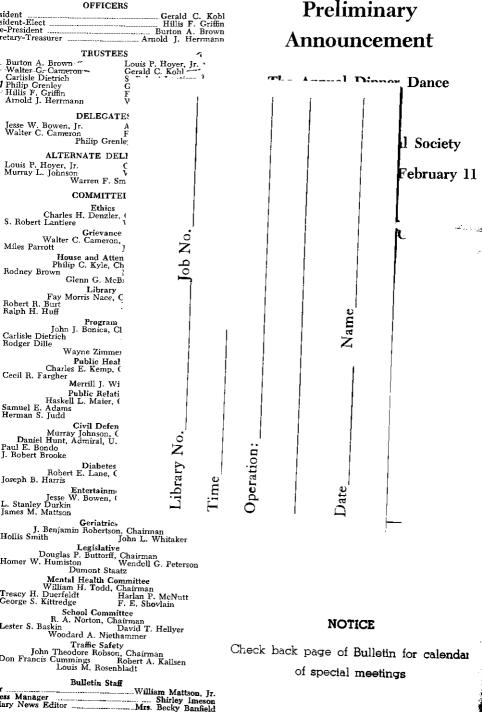


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1990





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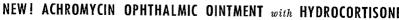
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Thiamine Mononitrate	10 mg.
Riboflavin	10 mg.
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bottles of 30, 100 and 100	00.





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(Tetracycline 1%, Hydrocortisone 1.5%)

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Package: ½ oz. collapsible tube.

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Ophthalmic Solution: vial of 25 mg. with sterilized dropper vial.



Lederle's versatile broad-spectrum antibiotic and hydrocortisone, an established anti-inflammatory agent, are now combined in a lanolin-petrolatum base. This dual-action ointment is useful in treating a wide variety of ocular infections, and many noninfectious eye conditions, including corneal injuries.



LEDERLE LABORATORIES DIVISION AMERICAN GUARAMIC COMPANY PEARL RIVER, NEW YORK

PROGRAM-8:15 p.m. Pierce County Medical Society Tuesday, January 10, 1956

"Relation of the Practicing Physician to the Schools" Dr. Darcy M. Dayton, Director Health Services Tacoma Public Schools

"Public Health Nursing in the Schools" Miss Anola Frederick Public Health Nurse, Tacoma Schools

"Health Screening of School Children" Dr. R. A. Norton, Chairman, School Advisory Committee of the Pierce County Medical Society

* * *

FILMS (Showing Begins at 7:20 p.m.) Nephrosis in Children . . . Color, Sound, 18 Minutes Mitral Valve . . . Color, Sound, 14 Minutes



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EDITORIALLY SPEAKING ...

Our hard working Pierce County Medical Society Auxiliary recently had an experience that is worthy of presentation.

Due to unforseen circumstances they were forced to change the site of their rummage sale, held December 1st, 2nd and 3rd, and a sign to that effect was placed in the door. Subsequently Helen Kittridge received reports of some strange faces behind the counters accepting rummage from doctors' wives. Investigation disclosed that another organization had taken over the space and altered the sign left so that no mention was made of the transfer of the Pierce County Medical Society Auxiliary to another location. The party that had taken over was found not to have a permit and the place was promptly locked up. However, the Auxiliary and what it supports suffered considerable loss. Instead of the previously-(last year) earned \$1000 only \$455 was taken in. These funds are used for scholarships for nurses and also "The American Medical Educational Foundation Fund."

It would seem that the Pierce County Medical Society Board of Trustees could support our Auxiliary and investigate with the thought of recovering loss, preventing misunderstanding with this organization and taking action to prevent recurrences of this situation.

WM. W. MATTSON, JR., M.D.



The Most Important Document You Will Ever Sign

The most important document you will ever sign, or should sign, is your Will. No matter how large or how small your estate, you should make a Will. Why? Because a will provides the greatest financial security for your family . . . your wife . . . your children. It provides the greatest possible economy in settling your affairs . . . leaving more for your family.

It will repay you many times to see an attorney. He will give your family the protection of a properly drawn and legally sound will. And the cost may not be great.

Special attention should be given to naming a bank as executor, solely or jointly with your wife and/or others.

A bank's trust department is specialized in estate administration . . . and importantly, a trust department is permanent and timeless.

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MYSTECLIN is also indicated in certain viral infections and in amebic dysentery.

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Because it contains Mycostatin, the first safe antifungal antibiotic, MYSTECLIN effectively prevents the overgrowth of Candida albicans (monilia) frequently associated with the administration of ordinary broad spectrum antibiotics. This overgrowth may sometimes cause gastrointestinal distress, anal pruritus, vaginitis, and thrush; on occasion, it may have serious and even fatal consequences.

SQUIBB

Each MYSTECLIN capsule contains 250 mg. Steclin Hydrochloride and 250,000 units Mycostatin.

Minimum adult dose: 1 capsule q.i.d.

Supply: Bottles of 12 and 100.

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Washington State Medical Association Reminder of the MEDICAL EDUCATION CAMPAIGN FUND

Dear Dr. Kohl:

As a member of the Medical Education Campaign Fund Committee of the Washington State Medical Association for the years 1955-1956 I am taking this opportunity to advise you of the following suggested ways to stimulate interest in order to raise funds for the American Medical Educational Foundation.

- That you appoint, to head this special committee, a Chairman for the Medical Educational Campaign Fund for your county.
- 2. Report to the next County Society meeting the following points:
 - Memorium Gifts: At the time of the demise of a doctor or a friend a memorial gift be arranged to donate this amount to the Medical Educational Foundation in the name of the deceased.
 - Another suggestion would be a service donation: Services rendered to families of a fellow physician be repaid by a gift donation to the American Medical Educational Fund in place of financial payment which is often an embarrassing matter.
 - 3. The amount suggested for each doctor to give is \$25.00 or more. This amount may be divided as you desire between your various universities or presented to your medical school.
 - A plea should be made at the hospital staff meetings for donations to the Medical Educational Fund. Your local County Medical
 - Auxiliary could work as canvassers for the Medical Educational Fund Committee using the same methods as the Community Chest and the Red Cross Workers.

The medical profession has pledged two million dollars annually to supply this needed money. This amount is needed to maintain the high medical teaching standards without federal subsidies.

If this donation is given in 1955 rather than in 1956 a greater tax benefit will be obtained since 1956 should bring a definite tax reduction.

Posters could be placed in the doctors dressing room or cloak room as a reminder to donate to the Medical Educational Fund.

The various County Societies that have their own society publications should ask the editor of the bulletin for a space to be inserted each month reminding the doctors of this worthy cause.

Another scheme that has been used in neighboring states is that the local County Medical Society take out an insurance policy on its members. If any one member becomes deceased, the amount of money payable from that policy is to be turned over to the Medical Educational Fund.

Plans are in progress for a booth at the next

annual State Medical Meeting, where pledge cards can be signed for the benefit of this fund.

I am confident that the universal support of the Medical Educational Fund will be maintained; however it is our responsibility to remind our membership of its importance.

Please be assured that your efforts will be greatly appreciated.

Sincerely yours, Arnold J. Hermann, M.D. Member, Medical Education Campaign Fund Committee of the Washington State Medical Association

Clinic for Mentally Retarded Children Established

A new clinic for mentally retarded children (The Clinic for Child Study) has been established by the University of Washington School of Medicine.

Purpose of the clinic is to provide complete medical diagnostic evaluation and help in planning for future care and training of the retarded child. This will be done through a team composed of psychologist, psychiatrist, pediatrician. public health nurse, hearing and speech therapist, social worker, nutritionist, and dental hygienist. Orthopedic and neurological consultants are also associated with the clinic. All patients seen at the clinic will receive a complete evaluation by the staff. Patients may be referred by private doctors, health department and other public agencies in Pierce County. All pertinent information regarding x-rays, laboratory work, and medication is requested in the referring letter.

Children under eight years will be considered for acceptance. There is no charge for the clinic service. The program will be used to prepare professional personnel to work with mentally retarded children and their parents. Studies relating to several aspects of retardation are contemplated.

For further information call BRoadway 9341 in Tacoma or VErmont 6062 in Seattle.

-Myron Kass, M.D.

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Vacation Thought

Treat yourself to a week or two in Hawaii in the springtime, why don't you?

That's an invitation it's a pleasure to pass along. It comes from the Hawaii Medical Association, whose members are celebrating their organization's Hundredth Anniversary this coming April 22 to 29 in proper "Hawaii" as well as medical fashion. There will be a short but worthwhile professional program on Monday and Tuesday mornings, a spectacular Centennial Celebration Pageant Tuesday night, and a traditional luau (Hawaiian feast to you Easterners) Thursday night, with Polynesian entertainment.

This is the best time of the year to visit America's island paradise—clear, balmy days and cool, refreshing nights; spring flowers in profusion on the ground and in the trees; lovely island m . . . but you have the idea now, surely. Hawaii in the spring is always the greatest, and this is your chance to tie it into a professional meeting. It follows the American College of Physicians' session in Los Angeles, too. Write the Hawaii Medical Association, 510 South Beretania St., Honolulu 13, Hawaii, for reservations application forms.

Medical Bowling League

NARROW BOWL — 6th and Stevens Each Thursday — 9:00 p.m.

Handicaps have been established for several people and four team bowling will begin soon, if an additional few join the group. For further information call . . . Bob Osborne - MA. 4686

Doctors' or Dentists' Clinic

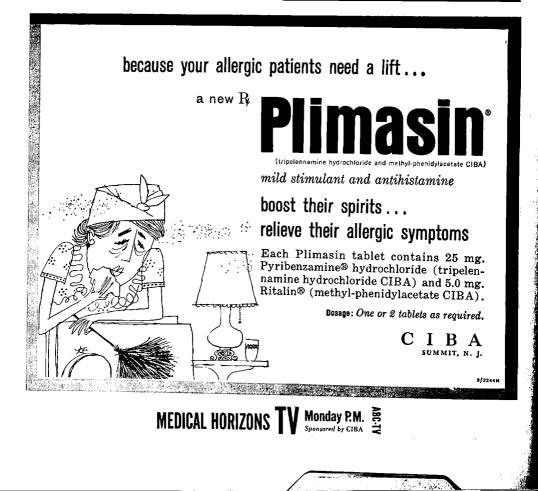
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HOSPITALS ...

ST. JOSEPH'S

The St. Joseph's Hospital School of Nursing Alumni are proud of a certificate of Appreciation awarded them by the March of Dimes for completing the task of stuffing and sealing over 55,000 envelopes for their campaign. At least half the credit goes to patients on the Psychiatric Service at St. Joseph's who completed approximately 22,000.

All the Practical Nurses from the Tacoma Vocational School who took their examination October 31st received word that they passed. Congratulations to all and especially to Miss Foresberg who's work with the S.P.N.'s is to be commended.

Dr. Fred Wery has returned after a trip from his native Holland. We are all very happy to have him. Incidentally he has a car in place of the "1914" truck which graced the side entrance to the hospital two summers ago.

At the Annual Banquet on December 19th a special cake was sent in for the dinner. This cake was in honor of Dr. Robertson's eightieth birthday and was made to order by his son and daughterin-law.

Saturday, December 3rd, a very successful Winter Festival was held for the benefit of the School of Nursing. An open house and musical was held from 5-9 p.m.

Greta Von Brederlow played piano selections throughout the evening.

Miss Laureen Sakugawa — a member of thé choir at C.P.S. sang a selection of songs which delighted the audience. The crowning event of the evening was the awarding of prizes to the following: Mrs. Joyce Doggett, Tacoma; Sgt. Broughton, Fort Lewis; Mrs. Cockswell, Puyallup; Shappee's Grocery, Tacoma.

Mrs. Jean Pollard, a former member of the Pediatric Staff, was a visitor in the pediatric department a few weeks ago. We hope to have her back with us in the very near future. She has been nursing in Santa Barbara, California.

The Pediatric department was very proud of the picture of one of its patients in the News Tribune S.D. Day. Cherry Coans—a little accident patient who is up in traction—posed to best advantage with her nurse, Miss Alice Theriault.

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Doctor Nelson is fast acquiring a reputation as a photographer! Having just finished snapping a picture of an interesting Pediatric case he was accosted by the mother of another patient who said she has had photos of all the important events in her child's life and would like a record of his hospitalization as well. Giving her name and address she asked him where his place of business was—Obligingly he took the picture—explaining however he was just a doctor!

The Future Nurses of Stadium High School have been spending 2-3 nights weekly reading and entertaining the patients in the Pediatric Department, much to the enjoyment of the children.

The staff and employees of St. Joseph's Hospital wish everyone a very Happy New Year.

Doctor and Mrs. John Comfort have a baby boy, John Gerard, born November 19. Mrs. Post's daughter, Donna, has a new daughter born November 6th. Born to Mary Anne Currier, a daughter, October 19th. (She is a daughter of the late Dr. Wm. McNerthney).

PIERCE COUNTY

The hospital personnel are congratulating the committee of the Mutual Employces Benefit Association of the Pierce County Hospital upon the most successful Christmas party which was held in the hospital on December 22 between the hours of 2-6 p.m. The committee was composed of Billie Perkins, Arlene Davis, Georgena LaCross, Warren Stimson and Carl Niwa. The decorations were particularly attractive and the refreshments were delightful. Entertainment was provided by the Heidelburg Trio, by carol singers from Lincoln Park High School and St. Leo's High School. A trio of guitarists was also an enjoyable feature as were the solos sung by Frank Niwa.

Miss Katherine Mooney, Superintendent of nurses, is now the proud owner of a charming new home facing Surprise Lake.

The Washington Society of X-ray Technicians held their Christmas party at the Top of the Ocean on December 7. Mary O'Neal, Betty Ann Halverson, Joan Kirmse and Ted Trigg of the Pierce County Hospital x-ray staff, reported a most enjoyable time consisting of a pre-banquet cocktail party, the banquet and dancing.

Friends are glad to learn that Arlene Slane, night supervisor of nurses, has left St. Joseph's Hospital and is recuperating at her home.

A highly successful surprise party was given by the members of the Housekeeping Department in honor of Mrs. Ida Raser, at Mrs. Raser's home, on December 19. Some beautiful gifts were presented to Ida, among them an old-fashioned eight-day Cuckoo clock, which the guest of honor has desired for a long time. A buffet supper was served to about 25 guests.

(Continued on Page 15)

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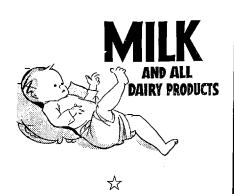
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(Continued from Page 13)

Dr. and Mrs. Fernando Gorchs are being congratulated upon the arrival of a seven-pound baby boy, born December 12. The young man will be named Fernando Arturo Gorchs.

Mrs. Patt Stephens, who has been absent from the Social Service Department for the past two years, has returned to the clerical office of the department.

Mrs. Beatrice Brown and her husband are motoring to Long Beach, California, to spend the Christmas season with relatives.

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It is with extreme regret that the hospital is accepting the resignation of Mrs. Florence Rokahr, for eight years the head of the Record Department of the hospital. Mrs. Rokahr has been selected by the Northern Pacific Railroad Beneficial Association to be Supervisor of hospital record work for hospitals in St. Paul, Minnesota, Glendive, Montana, Missoula, Montana, and Tacoma, Washington. Mrs. Rokahr will maintain her headquarters in Tacoma.

Social Service held its annual Christmas dinner party at the Top of the Ocean on December 22. Gifts were exchanged among the members, who voted the party a complete success.

BOOK REVIEWS

Pleural Apologies to the Reviewers

1. "A Textbook of Neurology," by H. Houston Merritt. This text was reviewed in a very concise, knowledgeable manner by Dr. Charles M. McGill, in the September issue of the Bulletin. Alas—the omission of his name as reviewer was not noticed until recently.

2. "Sexual Hygiene and Pathology," by John F. Oliven; Reviewed in the December issue by Dr. S. Robert Lantiere, whose name was also omitted from his well-outlined contribution. Our regrets to both Dr. McGill and Dr. Lantiere.

Diseases of the Ear, Nose and Throat

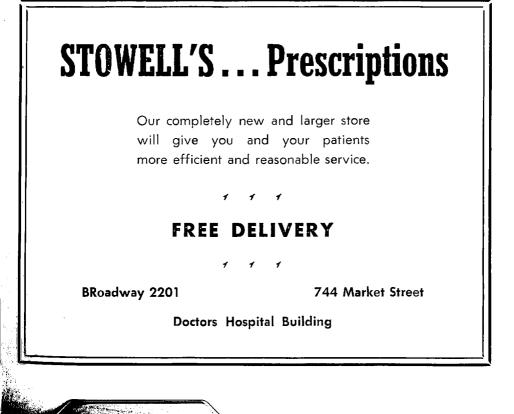
By W. W. Morrison

This is a comprehensive book by a teacher of Otolaryngology. It is written for the student and general practitioner, but the specialist in this field will also find it useful as it is new, has many illustrations and covers the subject thoroughly. However, it does not go into details as much as the Ear, Nose and Throat man would like.

-I. A. Drues, M.D.

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Excerpts from the Program from the 41st Clinical Congress of the American College of Surgeons

A panel discussion on surgery of the thyroid was carried on by Cattell and Anglem of Boston and Black of Mayo Clinic and Patterson of New York. Superior laryngeal nerve injury never occurs with thyroidectomy alone, but occasionally occurs with radical neck dissection. The main symptom of it, is fluid regurgitation into the trachea. The condition is temporary. Riedel's struma is the rarest disease of the thyroid. Normal thyroid tissue is replaced by very dense fibrous tissue. Hasnimoto's disease occurs in the female and the symptoms it occasionally causes are usually mechanical. Also, slight hypothyroidism is usually present. The condition will recede on the administration of thyroid extract three grains per day. All cases eventually results in myxedema.

A 131 therapy is excellent if it does not cause carcinoma. So far no cases since its beginning in 1947 have been found. This form of treatment is indicated in over 50 years of age group unless the gland is large. It is also used in cases of recurrence of toxic hyperthyroidism. Its use may lead to myxedema. In the goiter with multiple nodules lugol's solution should be given preoperatively to prevent unsuspected Grave's disease from causing trouble, 25% of the lobe should be left behind when operating for Grave's disease. Protein bound iodine levels are best for detecting mild hyperthyroidism. Parathyroids may be identified by touching with dry gauze. They turn black from subcapsular hemorrhage. There was no agreement on the indications for radical neck dissection in cases of thyroid cancer.

A panel discussion on parenteral therapy was given by Moyer of St. Louis, Abbott of Cleveland, Christensen of Ann Arbor and Habif of New York. The pendulum is swinging back in the cases of protein hydrolysates from virtual abandonment to frequent indications for its use. Protein hydrolysate preparations put out by the commonly known commercial firms are all good. They should be used in the post stress period to correct negative nitrogen balance in cases where oral alimentation is impossible. Adequate amounts of protein sparing calories in the form of 10% dextrose must be given. Concentrations of dextrose above 10% are undesirable because of the high incidence of phlebitis. For increasing the protein levels quickly as in pre-operative situations, I.V. plasma is probably superior. Gruerose in place of glucose has no advantage except in the diabetic patient because with it insulin is not required.

A panel discussion on benign lesions of the pancreas was carried on by Mulholland and Doubilet of New York, Partington of Cleveland and Warren of Boston. Symptoms of fainting, coma, convulsions, together with blood sugars below 50 milligrams per cent or adequate indications for laparotomy and subtotal pancreatic resection for hyperinsulinism. In making a diagnosis of acute pancreatitis it is frequently helpful to do an amylase study on intraperitioneal fluid obtained by paracentesis. Pseudocyst of the pancreas can usually be corrected by sectioning the sphincter of Oddi. They are usually a result of pancreatitis. There was no unanimous agreement as to the method of efficacy of cutting the sphincter of Oddi in cases of pancreatitis.

Reconstruction of the esophagus was discussed by Sweet of Boston. Comments were made on the various procedures for doing this. Construction of a skin tube has few advantages except that it is easily accessible and safe. However, it is technically difficult because of stricture and stenosis formation. Skin attached to stomach is not good because of these reasons. Skin from esophagus to esophagus is better. The old Torek operation is not good because no lymphatics are excised. Skin tubes are indicated only for short segments as in the neck. Stomach tubes are best for substitutions. There are a few disadvantages and these are mainly physiological. There must be no duodenal ulcer or adhesions and the stomach must empty well. Technically the right gastric and right gastroepiploic artery should be saved and all other vessels cut. All technical difficulties in this procedure result in ligating the greater and lesser curvature vessels. The best way to produce strictures at the gastroesophageal anastomsis is by using crushing clamps, by using cautery and by using the ocntinuous stitch. Sweet uses a three layer inastamosis of 50 silk and he does not use crushing clamps or cautery. Strictures are technical errors. Jejunum tube procedures have questionable advantages. They are difficult to do. The Roux-Y type is preferable and the anastomotic arches should be preserved. The tube should be placed in an isoparastaltic fashion. End to side and never end to end procedures should be used in the jejunal tube procedure because of gangrene in the end to end types occurring when trying to straighten out the curved end. Use of the colon is easier than the jejunum. Technically, the disadvantages are that it requires a large incision and infection takes place occasionally. However, it is the best procedure for by-pass operations.

Gilchrist of Chicago discussed carcinoma of the anus. He compared the invasive versus the noninvasive type of carcinoma. Areas of leukoplakia should be locally excised. Papillomas are also locally excised if not invasive. Small basal cell carcinoma should be excised but abdominal peroneal resections should be performed for large ones. All patients having inguinal node involvement in squamous cell carcinoma die of the disease. Lesions below the mucocutaneous junction metastasize to the inguinal nodes. Above the white line they metastasize upwards. In anterior lesions of the anus and rectum, the posterior half of the vagina should go much more often than is performed. The rectum should never be irradiated.

Smyth of Abbington, Penn., discussed massive duodenal ulcer bleeding. If not treated 75% of these cases stop and 25% go on to die. There is 100% fatality if there is bright red rectal bleeding.

(Continued on Page 19)



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'Dolophine Hydrochloride' offers prompt, profound analgesia in all types of pain, including obstetrical labor. Minimal sedative effect and relative absence of euphoria further enhance its usefulness in all conditions in which a dependable analgesic is indicated.

'Dolophine Hydrochloride' is notably effective for the relief of severe pain due to malignant tumors and metastases, renal colic (in which spasm of the urinary bladder is also alleviated), and postoperative pain. As an antitussive, 'Dolophine Hydrochloride' is usually superior to codeine, because it suppresses cough for longer periods of time.

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(Continued from Page 17)

One cannot tell from the pulse or other physical signs if bleeding is occurring. Surgery should be performed immediately for 2nd bleeders. In old people resections should be carried on four to six weeks after a spontaneous arrest and not sconer because of protein depletion which leads to postoperative complications. The gastro-duodenal artery should be ligated first if possible before doing a subtotal resection for bleeding. The 4th or 5th day after bleeding begins is not the time to operate. It should be done before or much later than this. Ligation of the gastroduodenal artery alone will not suffice because the collaterals in that portion of the stomach are too rich for bleeding to be stopped.

Ulcerative colitis was discussed by McKittrick of Boston. He points out that regional areas of colitis always develop into diffuse colitis over a period of years. The only cure is iliostomy. Seventy-four percent are well with medical treatment but 95% get well with surgical treatment. Also surgery is a cure against the likelihood of cancer developing. Iliostomy under local anesthesia is very feasible and often should be performed this way. Subtotal colectomy with iliostomy is the most frequent procedure of choice and one should be loath to remove the rectum because any day we may find the answer to colitis and we should leave hope for a return to normal function by leaving the rectum, if possible. The best way of treating the iliostomy stump was divised by Brooks of England who turns back the full thickness, or Turnbull of this country who removes the serosa and turns back only the mucosa and sews it to skin. There is no good way to prevent prolapse of obstruction of the iliostomy stoma. Iliostomy disfunction is most often caused by local peritonitis or serositis and the treatment is intermittent catheter drainage, mild digital dilation, low residue diet, division of scar tissue, proper fluid, electrolyte, cortisone, vitamin and mineral administration. Stenosis is always a matter of mechanical causes of various types.

Longmire discussed trends in gastric surgery. Important proponents of the Billroth I are Harkens and Wangensteen. The tally so far indicates that the mortality, the weight gain and anemia factors are favored in the Billroth II for men and the Billroth I for women. The treatment for perforated ulcer proposed by De Bakey is primary gastrectomy because 70% of perforated ulcers develop further trouble and 35% eventuate in surgery. The mortality is only 4.5% which is comparable to elective resection mortality. Resection at time of perforation is indicated where there is a long history of ulcers, where there are gastric ulcers, where there has been a previous perforation. Longmire recommends total gastrectomies to be done only in the unusual case of cancer of the stomach because of the tremendous nutritional problems and the lack of proven superiority over subtotal regarding cure rates.

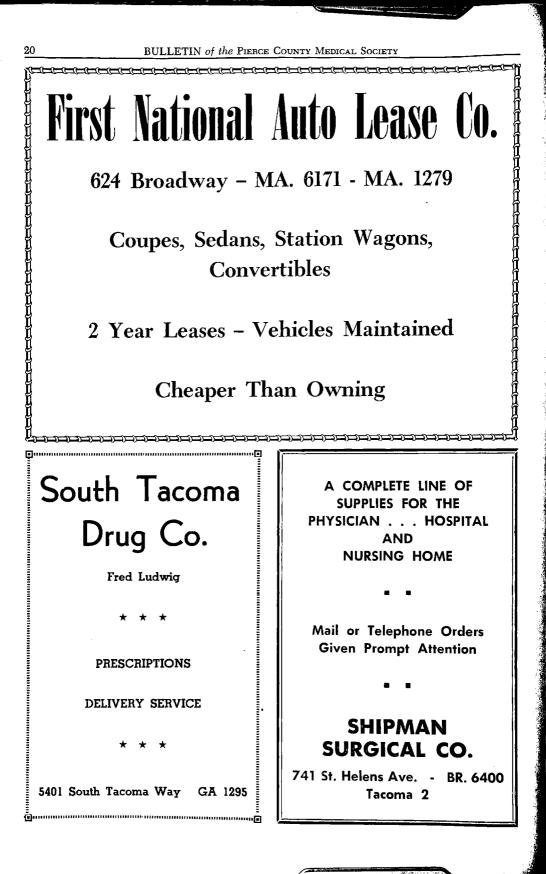
The use of color television as a medium for clinical teaching has proven itself to be more than just a novelty. On two large screens, each five feet wide, there was almost continuous presentation of surgical procedures in progress at the same time at the Research and Educational Hospitals of the University of Illinois. The operating surgeon was equipped with earphones and a microphone. and through a co-ordinator in the TV room at the hotel, the viewing audience could address questions directly to the surgeon, and hear his answers or comments as the operation progressed. A panel of experts in each field of surgery was before cameras in an adjoining room, and by the use of split-screen techniques, members of the panel could be seen and heard at the same time that the operation continued in full color on the major portion of the screen.

Harry W. Southwick performed a parotidectomy for the television viewers. He denounced the procedure of simple enucleation of any mass in the parotid as an inadequate procedure which should never be used. For identification of the facial nerve, he isolated a cervical branch of the nerve first, but felt that other approaches were also satisfactory, depending on what the individual surgeon might prefer. The realism of the television presentation was appealing, compared to the editing which is done with moving pictures. Indeed, the audience seemed to derive considerable amusement, and perhaps comfort, from noting that even the big-name surgeons were not immune from such minor pitfalls as encountering an aberrant artery unexpectedly, or having a suture or ligature break at an inopportune moment.

For clarity of presentation, brevity and more compact organization of material, the motion pictures were still a better medium than television. There were a total of 58 motion pictures shown on a full-size screen in a nearby movie theater. These showings, too, were continuous through the weck, and almost invariably the surgeon featured in the film was present in person on the stage to provide commentary and answer questions. In Dr. O. H. Beabrs presentation of parotidectomy, simple enucleation of tumors was again criticized, and he

(Continued on Page 21)





(Continnued from Page 19)

advocated routine isolation of the trunk as the best method of identifying the facial nerve. Dr. Richard B. Cattell demonstrated his technique in simple cholecystectomy through motion pictures. A relatively new procedure for the relief of chronic pancreatitis was demonstrated by Dr. Charles B. Puestow of Chicago. He accepts the theory of duct obstruction as the etiology of pancreatitis and performs retrograde pancreaticojejunostomy so that the pancreatic fluid may pass into the jejunum via the opposite end of the pancreas. Results have been encouraging so far, though the number of cases is small.

One of the most well received panel discussions was the one on carcinoma of the breast, in which Herbert Willy Meyer of California and Sir Stanford Cade of London, among others, emphatically opposed MacWhirter's method of simple mastectomy and irradiation for treatment of breast cancer. The standard radical mastectomy, with complete removal of the pectoral muscles and auxiliary dissection, was advocated as the only acceptable procedure. Dr. Meyer feels that internal mammary node dissections as in the Urban procedure were still on an experimental basis and should be done only in teaching centers where adequate followups in a large number of patients, with proper reporting in the literature, can eventually properly evaluate the procedure.

-Stanley W. Tuell, M.D.



BOOKS RECEIVED

"The Back and its Disk Syndromes," Lewin. "Modern Nutrition," Wohl and Goodhart.

"Collected Papers of I. C. Rubin," presented to the library by Dr. Rubin.

"Clinical Orthopaedics," Volume 6.

- "Year Book of Pediatrics"
- "Year Book of Medicine"
- "Year Book of Obstetrics and Gynecology"
- "Year Book of General Surgery"
- "Chlorpromazine and Mental Health," Symposium.

Miscellaneous

To remind you that unbound journals with the library stamp are requested to be returned by January 10th in order that as many as possible may be bound at this time.

To remind you further, to have your photograph taken, if you have not done so.

To announce that we have an up-to-date roster of Washington State available, to carry us until the new AMA Directory arrives.

A famous surgeon was invited to dinner and the hostess asked him to carve the chicken. He did a poor job and the hostess was embarrassed. "I don't think I'd let you operate on me, doctor." To which he replied, "Madam, you ain't no chicken!"



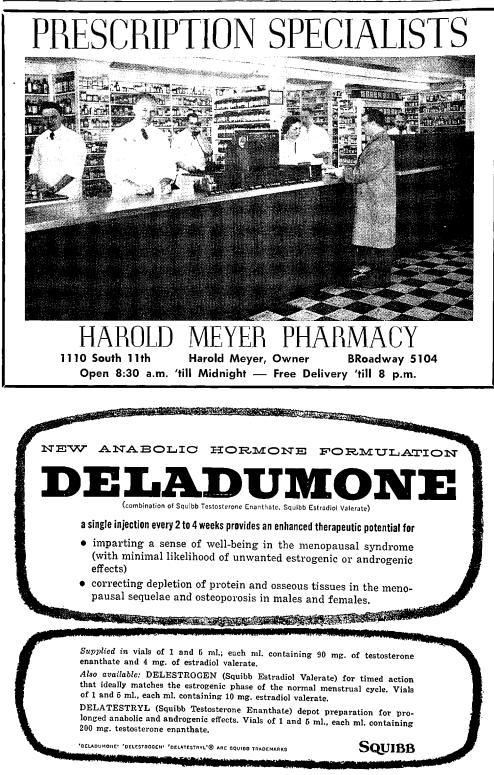
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- 16 LEO SULKOSKY
- 18 RODERICK NORTON JAMES WARD
- 19 THEODORE APA RODNEY BROWN DON CUMMINGS
- 21 FRANK PLUM
- 27 JOHN HAVLINA
- RAYMOND ELLIS
- 29 HUGH KOHLER

Our apologies to Dr. Robert Lantiere, whose birthday was erroneously listed last month as the 12th. Dr. Lantiere's Happy Birthday is December 5th.

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—Summit County Bulletin.

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LET'S HAVE A LITTLE FUN

Late one night during a rough Atlantic crossing, a young lady, very seasick, was straining vainly to avert the inevitable by hurriedly undressing and getting into her bunk.

However, came the dreaded moment and in blind panic she jumped up, thinking only of getting across the hall to the bathroom. As she rushed from her stateroom she collided with a middle-aged gentleman, equally seasick, groping his way along the corridor.

"Eeek!" yelled the girl, suddenly realizing she was entirely in the nude.

"Forget it, Miss," groaned her fellow sufferer. "I'll never live to tell anybody."

-Summit County Bulletin.

The first hospital in the United States was erected on Manhattan Island about 1663 at the request of Surgeon Hendricksen Varrevanger for the reception of sick soldiers who had been previously billeted on private families, and for the West India Company's negroes.

-Bulletin Sagamon County Medical Society.



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SOCIAL SECURITY

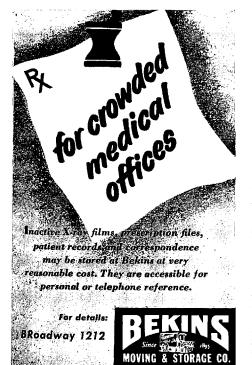
Letter to the Editor:

Following my brief analysis of the social security act as presented at the last meeting of the Spokane County Medical Society, I have had numerous inquiries from physicians as to various phases of the act and these inquiries clearly indicate that physicians are not aware of the scope of the present social security act and its proposed extensions. Some of the extensions that have been proposed in Congress are as vital to physicians as was the question of compulsory health insurance that was debated in Congress a few years ago.

The original concept of the American people was that social security would establish a minimum income for retired people after the age of 65 and this program was to be financed by a payroll tax divided equally between the employer and employee. This concept however is far different from the ultimate goal of social security planners as indicated by the following minimum standards for social security as established by the International Labor Organization at its 1952 meeting held in Geneva.

They are:

- 1. Old age and survivors benefits. The amount of benefits, however, would provide a comfortable living rather than a mere subsistence level to be supplemented by individual efforts:
- 2. Permanent and total disability benefits;



- 3. Weekly benefits for unemployment from any cause, whether inability to secure a job, sickness or accident either occupational or nonoccupational;
- 4. Maternity benefits;
- 5. A monthly payment to each family for each dependent child;
- 6. A lump-sum job separation payment; and
- 7. National compulsory health insurance.

The first social security act was passed by our Congress in 1935 and the following tables indicate how it has been rapidly expanded toward the goal of the social security planners.

- 1935-The first social security act was passed. This provided only retirement income for the worker and a cash death benefit to the widow.
- 1939-Added a system of dependent and survivor benefits.

1954-Added a disability "freeze."

Payments

1935	\$	10.00	to	\$ 85.00
1950		20.00	to	80.00
1952		25.00	to	85.00
1954	{	30.00	to	108.50
	Tax Base			
1935				\$3000.00
1950				3600.00
1954				4200.00
Tax Schedule				

Employer Employee Employed

Self-

1937	 1	%	1	%	Ō	
1950	 11/	2%	$1\frac{1}{2}$	2%	0	
1954	 2	%	2	%	0	
1956	 2	%	2	%	3	%
1960	 24	2%	$2\frac{1}{2}$	2%	33	4%
1965	 3	%	3	%	41	2%
1970	 34	2%	34	2%	5^{+}	4%
1975	 4	%	4	%	6	%

The result has been that social security has become a political football and this is clearly manifested by the actions taken in the last session of Congress. One bill (H. R. 7225) passed the House with only about 30 dissenting votes, without hearings, with very little debate and under rules that prevented amendments. Also near the end of the session of Congress, 274 bills advocating the further extension of the social security act were submitted by members of Congress with little or no consideration of what the ultimate cost would be or who would pay the tax. In most instances these bills were simply political footballs and were submitted so that the respective Congressman could return to his local district and gain votes without giving the people the true social security picture.

Our present social security is in no sense of the word insurance for the reason that the payroll tax is not sufficient to set up adequate reserves. Congress is in effect mortgaging the future earnings of future generations without having sufficient actuarial information to know how large the mortgage will be or in other words what per cent of the payroll it will be necessary for future

(Continued on Page 27)

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(Continued from Page 25)

Congresses to tax. There is also some question whether the program can be called security in the true sense of the definition of the word because there is no existing contract that the recipient has with the government. Any feature of the plan can be changed by any future Congress.

H. R. 7225, referred to above, will probably be considered by the Senate early in the next session of Congress. The chief concern to physicians is that portion of this bill (that proposes to extend the Social Security Act) which would provide for the payment of benefits to recipients after the age of 50, if they are totally disabled, in the same amount as they would draw if they had become eligible by reaching the age of 65. When the bill was drafted, it would appear that no physician was consulted as to the definition of disability. The following definition is taken from the act: "The term 'disability' means inability to engage in any substantial gainful activity by reason of any medically determinable physical or mental impairment which can be expected to result in death or to be of long-continued and indefinite duration."

This definition is such that any physician could conscientiously certify an individual as being disabled if he were an addict, a chronic alcoholic, a social misfit or simply if he were mentally confused and did not want to work. While Congressmen who would vote for such a bill may gain the good will of their constituents, they place every physician in their district in a position of policing the program at the expense of gaining the ill will of any patient that they might refuse to certify as being disabled.

I am sure that the members of the House of Representatives who voted for this bill had no conception as to the magnitude of this disability clause and the resultant cost to the program. The difficulties that physicians are experiencing with the numerous applications to certify disability at the present time, thereby freezing the status of the recipient's social security position, are nothing to what would be experienced if this H. R. 7225 should become law.

Our members of Congress are now on their vacations. I have heard two of them talk on several occasions but they have not mentioned social security and I have seen nothing in the press where any members of Congress have discussed this subject in this area.

I believe there is a solution to the problem. If our Congressmen would give the facts pertaining to social security to the people they could create a political atmosphere where it would not be necessary for them to advocate the further extension of the social security act in order to be elected. I believe the people would insist on a more careful study and insist on the program being placed on a sound financial and actuarial basis, on a pay-asyou-go basis, so to speak, without assessing a mortgage on the earnings of the future generations.

I am a neophyte in politics but I believe that a candidate can "tell the truth and *all* the truth" and be elected. The time has come for members of Congress to resurvey the entire social security act before moving further toward the goal of social security planners as enumerated above.

—Alfred O. Adams, M.D., 407 West 26th Ave., Spokane, Wash.

Editor's Note: Although Dr. Adams has recently retired from active practice, he has for years been a student of the political and economic problems confronting physicians. At present he is a member of the Washington State Legislature serving in the House of Representatives. A few weeks ago Dr. Adams represented the Washington State Medical Association at a committee meeting held in Chicago which was devoted to a study of the present social security act and the proposed extensions of this act. Recently Dr. Adams addressed both the Chelan and Spokane County Medical Societies on this subject.

—Spokane County Medical Society.

INTRODUCING

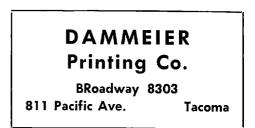


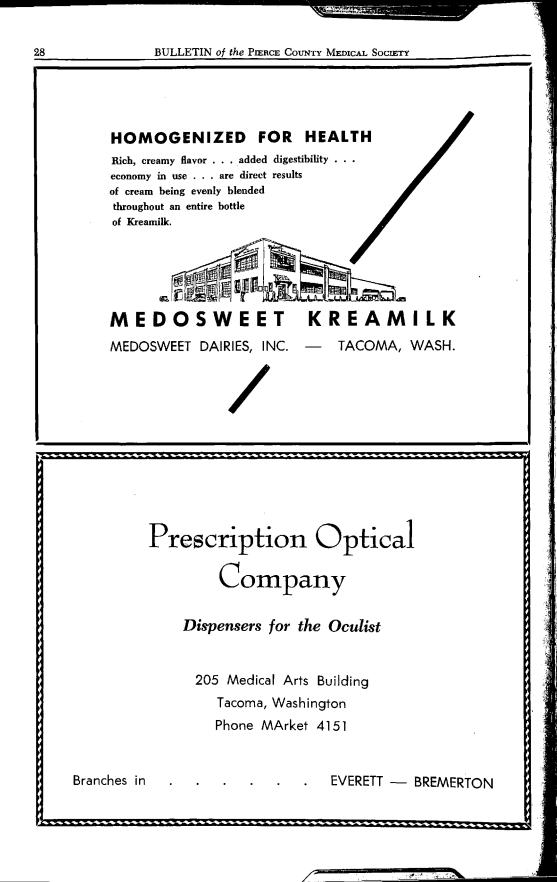
DR. DAVID F. DYE

David was born in Roundup, Montana, in 1921. He attended schools in that city before his Army tour in 1942-46. He received his medical degree at the University of Washington. Internship took him to Alameda County, Oakland, California, in 1952-53. Completing internship, he practiced in Kirkland, Washington, for almost a year before coming to Tacoma, to take over the practice of Dr. Leo Scheckner.

Hobbies temporarily lost by the way are hunting, fishing and golf.

David's family includes two sons, David, 9 and Eric 3½.







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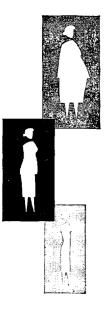
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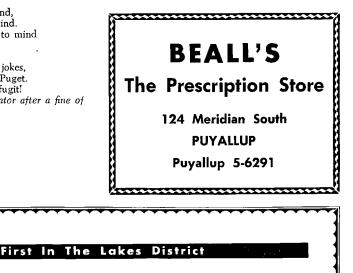
Nihil Desperandum

Por favor. Doctor. And alack! Have you the miseries in your back? Does your head have intractable pain? Deducing these from your contorted mein. Or is it that you've been up all hours? Spare me please your jaundiced glowers, Slowly it filters into my ken, Before me gapes the lion's den. God help me, he's in a MOOD again. Thoughts whilst waiting for my employer to get with it. A nicer boss you couldn't find, Funny, gentle, sweet and kind. His only fault that springs to mind He talks too much, On 'phones, to folks Who tell each other seedy jokes, Gents, from Argentine to Puget. Oh doctor please! Tempus fugit! Lament for a plugged irrigator after a fine of a can of Rheingold. This beer. Doctor dear, Is a consolation prize For irritation From a plugged irrigator. For sooner or later, It comes to pass,

That I'm an ass, And even Freud Would get annoyed At washing gunk Into an Ethmoid. But your beery hints Will gain an extra rinse In future, 'cos beer Is dear.

-Bulletin Suffolk City Medical Society.

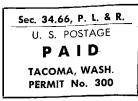
You can't measure a person's happiness by the amount of money he has. A man with ten million dollars may be no happier than one who has only nine million.



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MONTHLY MEETINGS

- STAFF OF TACOMA GENERAL First Tuesday of each month-6:30 p.m.
- STAFF OF ST. JOSEPH'S Third Monday of each month—at 6:15 p.m.
- TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club
- SURGICAL SOCIETY Third Tuesday of each month—6:30 p.m. at Tacoma Club
- STAFF OF PIERCE COUNTY Last Monday of each month—6:15 p.m.
- PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the Month-8:15 p.m.
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Monday—12:15 Luncheon Meeting Even Months

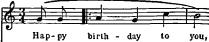
The BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

VOL. XXVI—No. 6 TACOMA, WASH.

FEBRUARY - 1956

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- WILLIAM HAUSER
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- FRANK WILLIAMS
- PAUL BONDO THOMAS WEST
- 16 JOHN BONICA
- SCOTT JONES
- 20 GEORGE DELANEY
- JOHN WHITAKER
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NOTICE

Check back page of Bulletin for calendar of special meetings

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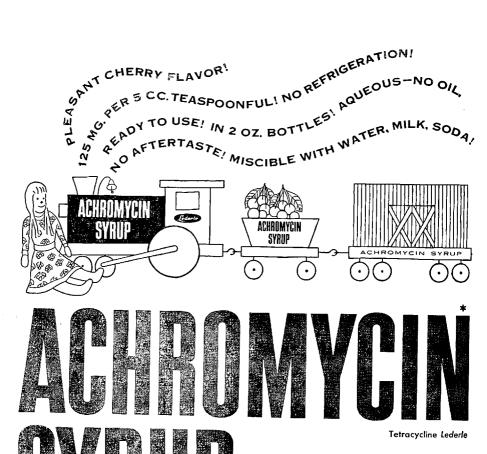
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PROGRAM-8:15 p.m. Pierce County Medical Society Tuesday, February 14, 1956

MEDICINE IN SOUTH AMERICA

John J. Bonica, M.D., presents

A discussion of the Scientific, Political and Social aspects of medicine in South America.

Illustrated with Kodachrome slides.

* * *

MOVIE . . . 7:20 P. M.

Care and Management of Coronary Artery Disease This is a 50 minute Color, Sound picture of a recent telecast which dealt with this very important problem.

Outstanding participants are: Drs. Paul D. White, Herman L. Blumgart, Howard P. Lewis, Irvine H. Page, Howard B. Burchell.



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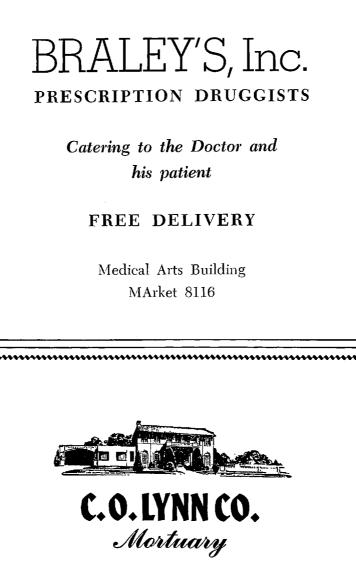
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Attend

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TACOMA COUNTRY CLUB ---SATURDAY---FEBRUARY 11th, 1956

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EDITORIALLY SPEAKING ...

SCIENCE FAIRS

This coming April 12, 13, and 14 the third annual "Science Fair" will be presented at the College of Puget Sound Field House. Locally this event is sponsored by "The Puget Sound Science Fair, Incorporated." A non-profit organization made up of representatives of various industries, civic minded and educational groups.

Nationally, the (National) Science Fair is sponsored by "Science Clubs of America." This organization is made up of 15,000 science clubs with a membership of 350,000 students. On May 10-12 the National Science Fair will be held in Oklahoma City. It will be made up of the best exhibitors from each of the local fairs, (of which there were 71 last year).

The purpose of this organization is to stimulate students and get them more interested in the various sciences. It would seem the physician should do his part in attracting new talent to the various medical and related sciences.

Our national organization—the American Medical Association—has realized how worthwhile this project is. In accepting an invitation to participate in this event the A.M.A. plans to present to the high school student with the best medical exhibit a special citation. Also he or she is to be invited to be a guest exhibitor in the Scientific Exhibit at the American Medical Association Annual Meeting in Chicago, June 11-15.

What can local physicians do to support this worthwhile event? There is need for **doctors** to serve on committees as representatives from various industries are doing to organize, conduct, and judge the exhibits. Also doctors should be available to advise and make suggestions to get the student started. It has been found that once started, their enthusiasm generally carries them through the project.

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GUEST EDITORIAL

(CITY GOVERNMENT)

Doctors are citizens. They are professional men, but they are also voters, taxpayers, property owners, parents of children.

Naturally all of us are concerned with the City of Tacoma. As citizens we want efficiency, elimination of waste, good health conditions, clean streets, enforcement of law, honesty in government.

You are aware that on February 14th the people of Tacoma will vote on a proposed new charter. It has been printed daily in the paper. The type is too small, but it contains dynamite.

It proposes to turn over to a politician, who shall be called the Mayor, almost complete control of the city. He appoints, he fires, he dictates. He can manipulate our public utilities. There isn't a city in the country where one man has such power. This proposed charter has been carelessly drawn, it is confusing, very expensive to put into operation. It is made to order for the wrong people to milk the city.

What can we do? Vote against it, talk against it, give some money to help fight it. Decent citizens are looking to the medical profession for leadership. May we not be found wanting.

T. R. HALEY, M. D.

LETTER TO EDITOR

Dear Dr. Mattson:

I hope and naturally suppose, that in all my advertising of the two stores we have in the Medical Arts Building, you will have noticed that we always say: "Consult your physician at the first symptoms of Illness." But what you probably don't know and what I would like for you to know-is this: That in the March 1924 issue of the American Medical Association Bulletin on page 93, I was given a 21/2 inch writeup under the title "A druggist advertises the Doctor. It was very flattering to me, and on October, 1926, "Editor and Publisher" page 12, gave me all the page except about three inches . . . reproducing one of my "ads" complete with cut, and on January 31st, 1927, "Business Publications Limited"—Advertisers each week of 29 greenfield Gardens-London, England, also devoted a page of their magazine to my advertisements.

I do not remember of any "Ad" we ran in all those years that we did **not** close with "Consult your physician at the first symptoms of Illness." When I first started to do these ads I would say: See Your Doctor—but shortly thereafter there were many different people calling themselves doctor who were not M.D.'s so I changed my advertising to say Consult your Physician. And that's my story . . . this makes 31 years for us in the Medical Arts Building and we have gone through many different owners but we hope to be with you as long as I live and for 25 years thereafter.

Respectfully,

Ed. R. Braley,

P.S.: I am still a young man not yet 71 years old and I have cut my working hours down from 15 to 11 hours a day.

LETTER TO EDITOR

Dear Dr. Mattson:

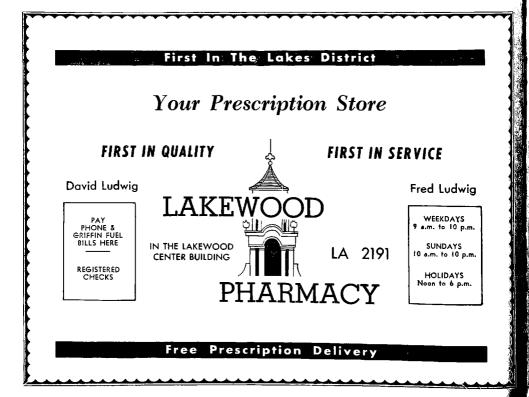
I would like to suggest that a real contributionto the material available in our library can be accomplished through our membership.

We would like to compile a file of reprints of papers written by our membership. It is asked that the library be supplied with a reprint of the paper, a copy of the journal in which the paper appeared, or if neither are available, the reference to the paper. In addition to recent papers, we would appreciate any articles written since the society was founded.

We feel this project will preserve the writings of our society for the use of the membership and for posterity.

Cordially,

Fay Morris Nace, M.D. Chairman Library Committee



BULLETIN of the Pierce County Medical Society

WOMAN'S AUXILIARY To The Pierce County Medical Society

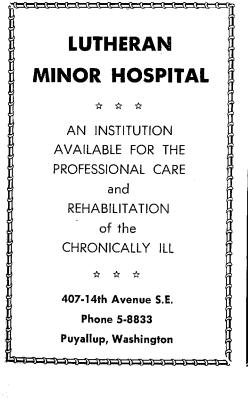
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Rummage SaleMrs. Hugh F. Kohler

Pfizer Golf Tournament Date Thursday, May 10, 1956



Our president extends a hearty thanks to all those who in any way helped make the rummage sale such a success.

February 14th is more than St. Valentine's Day. It is the day on which we decide the political, moral, and economic course of Tacoma. If only 1500 more citizens had voted (and voted for our present city charter) in the May 10th election there would be no fight now.

Preoccupation with work and fun, and maybe laziness made this coming election necessary.

On February 14th all of us nust votc. All of us who can must remind others to vote. If you each would make twenty-five phone calls, you can greatly help. Do phone Kay Wright at PR. 4503 and volunteer. This is OUR community.

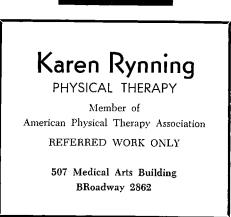
IN MEMORIAM

Our deepest sympathy and thoughts go to the family of Donna Betteridge, who died January 3rd. She was a polio victim and was critically ill for only a few days.

Donna was born in Utah, where she received her schooling and was matried. She and Bryce moved to Tacoma permanently in 1950, having lived here a few years previously during the internship period.

Donna was very active in the University Place Preschool and P.-T.A. and also in her church, The Church of Jesus Christ of Latter-day Saints.

Besides Bryce, she is survived by a son, Bryce Lamont, and three daughters, Julia Lee, Christine and Beth. The home is at 2213 Grandview Drive.



13



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HOSPITALS ...

MARY BRIDGE CHILDREN'S

Our first Christmas holiday season since we opened has come and gone. Quite a group of children remained in the hospital. They were unable to be discharged to their homes. These were made as happy as possible. Volunteers, parents, doctors, nurses and all hospital personnel joined hands for this. Trees, decorations, music, Santa Claus and presents were all provided. There were gifts and then more gifts. They came from every direction and in great abundance and large variety.

A Cleft Palate Clinic has been in the making for quite some time. It has been approved by the Medical Staff and by the Board of Directors. The opening is set for February 16, 1956. Cases will need to be scheduled through the Admission Department of the hospital, in the early part of February.

The Out-patient Department has been officially opened. It provides for 24-hour service. The location is well placed, closely related to X-ray, Laboratory, Pharmacy and Emergency Room. The latter is well equipped for emergency needs.

Orthopedic Clinic—Monday of each week, beginning at 9 a.m.

Orthoptic Clinic—Friday of each week, beginning at 9 a.m.

Cleft Palate Clinic—Third Thursday in each month, beginning February 16, from 1 to 5 p.m.

All these Clinics are part of the Out-patient Department of the hospital.

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Miss Virginia MacIvor, R.N., Director of Nurses since the hospital opened, has resigned as of January 20. She is succeeded by Mrs. Gladys Bergum, R.N., of Parkland. Mrs. Bergum was Director of Nurses at the Good Samaritan Hospital in Puyallup, for two years. Recently she was with Tacoma General Hospital in the Nursing Staff Administration, resigning there to accept a position with the Mary Bridge Children's Hospital. She was graduated from the Tacoma General School of Nursing, got her college degree from the Pacific Lutheran College, Tacoma, and her Certificate of Public Health from the University of Washington.

•

The Tacoma Orthopedic Association has just completed another one of their annual all-city rummage sales. The many Guilds contributed material and services which went a long way to make this important occasion very successful. The total gross receipts were \$3800.00, expenses \$300.00, making a net income for the Orthopedic Treasury of \$3500.00. This is the largest amount ever received for this annual sale. They could have sold more if they had had time. This sale was held Thursday, Friday and Saturday of last week, at 12th and "A" Streets.

TACOMA GENERAL

Mr. Alex Babbit enjoyed a January vacation in the southern sunshine of Arizona and California.

Medical Staff officers for the year 1956 are Dr. E. J. Fairbourn, president; Dr. Miles Parrott, vice president and chairman of the program committee; Dr. C. R. Bogue, secretary; Dr. Robert E. Lane and Dr. Warren F. Smith, members at large.

These books were added to the Medical Staff library during 1955: "The Hospital in Modern Society," Bachmeyer and Hartman; "Collected Papers," Mayo Clinic; Varicose Veins," McPheeters; "Roentgen Diagnosis," Rigler; "The Pharmacological Basis of Therapeutics," Goodman; "French's Index of Differential Diagnosis," Douthwaite; "Differential Diagnosis of Internal Diseases," Bauer; "The Behavior of Pulmonary Tuberculosis Lesions," Medlar; "Surgical Forum," Shumacker; "Textbook of Neurology," Merritt.

Dr. Wm. Esdale has completed his residency in Anesthesiology and has gone to Vancouver, B.C., to enter private practice in this specialty. Starting his residency in this department is Dr. L. B. Mc-Quarrie of Salt Lake City.

During a recent power failure in this vicinity, the auxiliary power plant got its first real trial. In four minutes it was functioning perfectly.

Mr. and Mrs. Robert Hoff are receiving congratulations on the birth of a daughter, Linda Irene, born on January 15. Mrs. Hoff, who has been employed for many years in the business office, will not be returning to her duties here.

New members of the Active Medical Staff are: Dr. John F. Comfort, Dr. Richard T. Davis, Dr. David L. Glenn, Dr. Dale Hadfield, Dr. Orvis A. Harrelson, Dr. James E. Hazelrigg, Dr. Galen H. Hoover, Dr. Edmund A. Kanar, Dr. Alfred W. Reschke, Dr. Maurice Yoachim. Dr. Robert Florence, back from a residency at the University of Washington, has been transferred to the Active Staff from the Associate Staff.

On January 21 and 28, the School of Nursing held Open House for high school students who are interested in a career in nursing. About 250 girls attended the two functions. The first day was for the students of Pierce County high schools, the second day for those of adjacent counties.

15

(Continued on Page 17)

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Service to the Medical Profession and their patients for 44 years.

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INTRODUCING



Dr. Dale Hadfield

Dale was born in Salt Lake City, November 24, 1916. After finishing elementary grades there he went on to Utah State College in Logan. His first two years in medicine were obtained at the University of Utah in 1939 and 40—a two year school —and thence went on to Louisville to finish in 1942.

Upon completion of his internship at Tacoma General Hospital Dale was called into the Navy. The years 1943 to 46 were spent mostly on a destroyer in the Pacific. Also some time was spent with the 'Sea Bees' in the Philipines.

After his tour of duty with the Navy Dale practiced in Elko, Nevada, from 1946 to 1953. In '53 he started his anesthesiology residency at the University of Utah. In 1954 he came back to Tacoma General Hospital to complete his residency and since July 1955 has been with John Bonica's group.

Dale has a family consisting of wife Josephine, an adopted daughter in nurse's training and twelve and two year old daughters and eight and six year old sons. His hobbies are golf and flying—(having had a private license since '49.)



BOOK REVIEW Office Procedures

By Paul Williamson, M.D.

"We doctors are often assumed to know how to do all minor office procedures, but we frequently find that these assumptions are wrong. In my own practice, I have a constant need for a reference encompassing instructions on this office work." This quotation from the author's preface sums up the scope and purpose of this book.

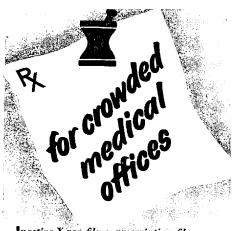
A glance at the contents reveals a rather complete survey of the field of medicine and surgery, each chapter dealing with one of the specialties, including one on laboratory procedures, and roentgenography.

Though this is not a text on physical diagnosis, it could very well serve as an outline, for while describing how to do a given procedure the author also suggests what to look for, and how.

Reading this practical book is like taking a preceptorship in office practice, with the author at your side, telling you in conversational style and with simple drawings what his years of experiences have taught him.

This should be a very valuable and practical reference for the practitioner just opening an office. The oldsters will pick up a few pearls here and there too!

-S. Robert Lantiere, M.D.



Inactive X-ray films, prescription files, patient records and correspondence may be stored at Bekins at very reasonable cost. They are accessible for personal or telephone reference.

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20 BULLETIN of the Pierce	COUNTY MEDICAL SOCIETY			
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ALC: MENDER

Ads for the Addled

In this wondrous mass production age there are ten kinds of everything. Pity, therefore, the poor ad man who must convince the public that his particular item is the only one fit to use.

For instance, there must be several dozen nationally distributed brands of cigarettes. Each is as alike as the proverbial pea in a pod and even the fellow who made it couldn't identify his own in the dark. Now it takes an astounding imagination for an ad man to hatch up a coughless variety of such virtue that all other cigarettes are down right poisonous by comparison.

And if the pseudoscientific data presented in the ad (always by an extremely handsome chap with white coat and stethoscope) grates a little on the facts then let us be tolerant. The business of practicing medicine must be simple by comparison and a certain amount of abandon and wantoness are probably necessary for the ad man to remain sane at all.

But there are provinces which should be sacred. The other evening we were thumbing through the ads in a medical journal when we chanced upon a wonderful picture of a robust young woman appealingly situated on a chaise lounge. And with a very mischievous look in her eyes, too.

Well, this started off a marvelous train of thoughts dating back to days of our youth. It was a very pleasant reminiscence and just as we were going good we read the horrible words under the picture, "HEMORRHOIDS NEEDN'T HURT."

This was an awful jolt. It ruined our evening. An unfair advantage had been taken of us and we felt almost sheepish about the whole affair. We had never been so callous as to permit such an association. We would cheerfully have wrung the ad man's neck and we mentally blacklisted every product, present or future, manufactured by the company that hired the scoundrel.

But that wasn't all. Scarcely had we recovered from our rage when another vision of delight greeted our eyes. A fresh and bosomy young thing smiled up at us from a strapless gown cut so low as to meet about the xiphoid cartilage. Shades of Venus, we hadn't felt like that in twenty-five years.

Now here was a sight to bring pleasure to any normal male.⁶ Again we fancifully tripped our way through Elysian-fields. Years and pounds fell from us. And then we saw this scandalous phrase, "SHE HAS BEEN HYFRECATED."

Well, maybe she has and maybe she hasn't but why bring it up now? The revulsion that came over us toward that ad man tightened our coronaries, ripped at our collagen and supercharged our adrenals. If we could have afforded it we would have thrown all of that company's products into the street.

Sometimes it is called propriety. Other times it is called judgment. But, whatever it is called, boys, don't tread on the few pleasures left to tired old men. Please take it easy.

*It has been found that most doctors are normal males.

Wilfred E. Wooldridge

Reprinted from The Bulletin of the Green County Medical Society, Springfield, Missouri.

Pfizer Golf Tournament Date Thursday, May 10, 1956

for quicker recovery **STRESSCAPS** Stress Formula Vitamias Lederle

STRESSCAPS are based on a formula suggested by the National Research Council. They provide adequate vitamin supplementation for patients suffering from prolonged stress—surgery, burns, fractures, trauma or shock.

Stress Formula Vitamins promote wound healing, and stimulate antibody production as well as providing a nutritional reserve of water-soluble vitamins.

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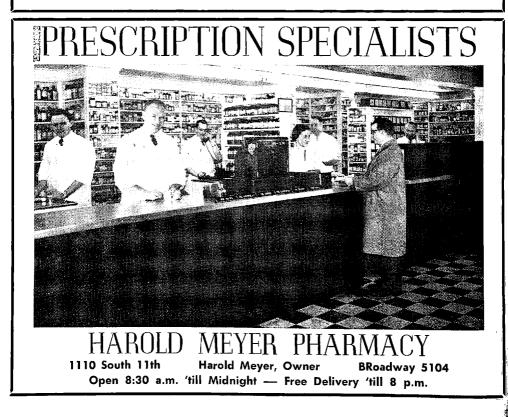
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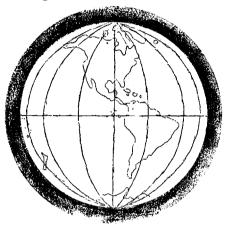
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TACOMA 3, WASH.

BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

HEALTH SERVICES

Mrs. Anola Frederick

Public Health Nurse, Tacoma Schools

Public health nursing in schools has developed so rapidly during the past 50 years, it is interesting to look back at it's beginning. Modern public health nursing is a direct outcome of the work and teachings of Florence Nightengale. It was her constant hope that the word "nurse" might be associated with health rather than illness and disease, and that a "health nurse" would go about in the homes in the community, not for the purpose of nursing the sick, but for the large purpose of teaching the principles of healthful living.

Around the turn of the 20th century, it became apparent to the school administrators that there were shockingly large numbers of children absent daily from schools because of illness and neglect. To be sure, medical inspectors had been working in the schools, but their function was merely to inspect children in classrooms and to exclude those suffering from communicable disease. These children remained at home as long as they pleased and no attempt was made to discover whether or not they were under medical care. Many were neglected and those who were not very ill played about with other children and continued to spread the disease.

Because of this, the first nurse to do school nursing in America was employed by the New York Schools, on a trial basis, for one month. The experiment proved to be so successful that at the end of the month, 25 additional nurses were appointed by the commissioner of health and the force has continued to grow and progress ever since.

Approximately one-fifth of the total population assemble regularly in schools across the country, thus it is apparent, schools become central focus for preventive public health practices.

With the present day control of communicable disease, emphasis in school nursing is put on detection of defects and securing their correction, prevention, and education.

In Tacoma, our school health program ranks among the best in the country. We are a staff of 12 nurses serving a population of 28,265. We wear no uniforms but are accepted as a member of a team, in each school, organized to best serve each child.

To carry out our program of detection of defects among children in the schools, we attempt a continuous program of health appraisal which includes daily observations by the teachers; a screening program wherein each child in the 1st, 3rd, 5th, 7th, and 10th grades is given a dental check and a vision test. For the latter we use the Snellen chart. Any child referred by a teacher or parent in any of the other grades is also tested. Hearing testing is not done as thoroughly because of lack of audiometers, but we endeavor to do all referrals by doctors, teachers and parents.

Now, to carry out the subsequent part of this program—in securing the correction, we run into a gamut of situations. The majority of parents are

interested and appreciative when notified of a suspected defect and we are assured of its correction. Apart from economic conditions which hinder some, there are some parents who do not accept the statement of the nurse, and some who do not accept the defect itself.

Resources available include primarily private physicians and dentists as well as public agencies as the Pierce County Hospital, Lindquist School Clinic, State Otological Clinic, Orthopedic Clinic, State Conservation for Blind and Deaf.

For a preventive program, we believe each child should be under continuous medical care. By this we do not mean overdependence, but periodic examinations by physicians and dentists. This program, in the schools, provides for examination of children, in the physician's office, before entering kindergarten or the first grade, and in the 4th, 7th, and 10th grades.

Forms to be used by the physician to record his examination are distributed by the nurses to the pupils, to be carried with a note to the parents, asking them to take the child to the doctor of their choice, and to return the completed form to the school. Response by parents to this request is very good at the kindergarten level, but in the upper grades too many parents fail to take their children for examination, and too many doctors fail to realize the opportunity for health education in this examination as a service to the child.

Children who enter kindergarten without the completed form from the family physician are (Continued on Page 27)



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BULLETIN of the Pierce County Medical Society

(Continued from Page 25)

noted by the nurse during the routine screening for defects and needs, and parents are again asked to have the child examined and also to have the immunizing "shots" given. When the child reaches the second semester of the first grade without these services from his physician, school nurses arrange for his examination at the school by the family physician.

No physical examinations of pupils are made in the Tacoma Schools beyond this completion of the first grade examinations except on request by a parent ,teacher, nurse, or others for a special purpose. And then, only if the examination does not disturb the usual patient-physician relationship.

An additional exception is the periodic screening by the school physician of all boys participating in competitive inter-school athletics.

Children who have reached the second semester of the first grade and have not received the usual immunization against smallpox, diphtheria, tetanus and whooping cough from the family physician, are given this service at school with the parent's written consent. No recall shots are given in the schools except as noted in the first and second grades, hoping the family physicians will perform this service sufficiently to prevent epidemics.

When a child enters school a health record is started for him by the nurse which follows through until he completes the 12th grade. Weights and heights are recorded three times yearly, by class room teachers in the elementary schools, as well as significant health data which reaches us when the physical examination forms are returned.

We assist, wherever possible, in curriculum planning and coordinating the work of the health services with other school activities. Weighing and measuring, a lesson in arithmetic, as well as in science, "How we grow." Dental checks—care of teeth and diet.

The nurse works as a liason between school and home, and between home and physician, and it is our conclusion there must be a closer understanding among these three distinct "houses."

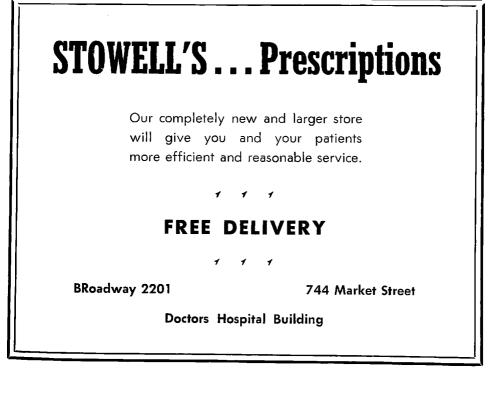
Knowledge of medicine and hygicne is in possession of relatively few and must be disseminated to a greater degree through the schools.

Prejudice and lethargy, on the part of families must be broken down and will be with more health education.

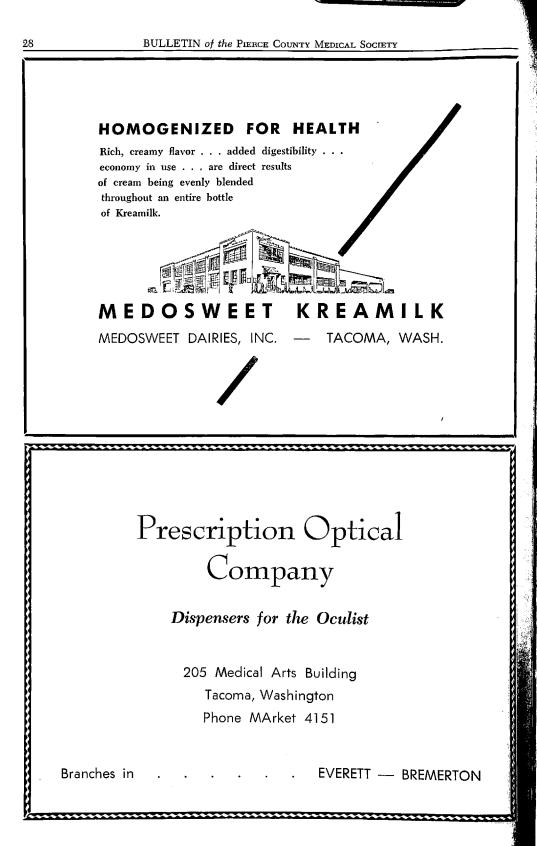
In conclusion, let me add: We feel we do an important work in the Tacoma Public Schools and that you doctors are important to that work. We appreciate the support and guidance you give our staff, and it is our desire to work toward and develop a closer understanding and relationship with your profession.

Pfizer Golf Tournament Date Thursday, May 10, 1956

The oldest known picture of a doctor was drawn on the wall of a cave in the French Pyrences about 20,000 years ago.







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Cortef* for inflammation, neomycin for infection:

Each cc. contains:

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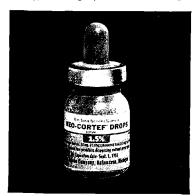
Application:

Useful both in the eye and the external ear canal.

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PICTORIAL ROSTER PROGRESS REPORT

Through the efforts of the Washington State Medical Association and the Perler Studio we have gathered a sizeable number of photographs for the roster. Additional prints have been received from members. Also, there are photographs on file from the last roster (1950).

If you are uncertain whether you have advised us of your preference, kindly notify the Society Office, MA. 2020, in order to be assured that you are indeed photographically represented.

LIBRARY CORNER

(New Books)

 Goepp and Flippin . . . "Medical State Board Questions and Answers"— Courtesy of Dr. George H. Hess

 "Year Book of Radiology"— Holt and co-authors.

LIBRARY CLOSED Feb. 4th thru 8th

31

In order that the Executive Secretary may attend the Medical Society Executive Secretaries' Conference to be held in Chicago February 5th through 8th, the library will be closed during that week.

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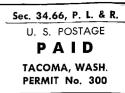
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MONTHLY MEETINGS

STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.—6:30 p.m.
STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—at 6:15 p.m.
TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club
SURGICAL SOCIETY Third Tuesday of each month—6:30 p.m. at Tacoma Club
STAFF OF PIERCE COUNTY Last Monday of each month—6:15 p.m.
PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the Month—8:15 p.m.
STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Monday—12:15 Luncheon Meeting Even Months

The BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

VOL. XXVI—No. 7

TACOMA, WASH.

Water States and States

MARCH - 1956

Pierce County Medical Society

- 1956			
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Happy Birthday to You

March

- LOUIS ROSENBLADT 4 GOVNOR TEATS
- 5 HOWARD PRATT
- 6 STANLEY GOLDEN EDWARD McCABE
- 9 ROSS McPHAIL
- BRYCE BETTERIDGE 15
- 18 ROBERT O'CONNELL
- 20 FRANZ HOSKINS ALBERT SAMES
- 22 CHARLES MARSHALL
- ROBERT CRABILL 74
- ROBERT BURT 25
- GERALD KOHL
- 26 ROSS WRIGHT
- 28 CLAUDE WISEMAN
- FREDERIC PAINE 31

Miss Fullmer Retires

Miss E. Fullmer of 1514 Medical Arts Building resigned March 1st. Miss Fullmer, an R.N. and a registered x-ray technician, has been in this building from the day it opened 25 years ago. She worked for Dr. MacRae prior to his opening the office on the fifteenth floor.

Miss Fullmer was most devoted to the office and extremely loyal to all her doctor friends. She has probably met and dealt with more patients than any one in this building. Nevertheless her interest in her work is such that she can recall most of the reports from memory.

Miss Fullmer plans on living at the Cambridge Apartments for some time before leaving to visit her sisters in Illinois and in Pennsylvania. Following that she may take a trip around the world. Certainly she is most deserving of a vacation since she has not had one in all these years. We all wish her the most pleasant of time.

Mrs. Ruth Sturman, an R.N. and registered x-ray technician will assume Miss Fullmer's position.

NOTICE

Check back page of Bulletin for calendar of special meetings



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A new unbreakable dropper-bottle makes it easier for mothers to accurately dispense ACHROMYCIN* Tetracycline Liquid Pediatric Drops. As a result, you can prescribe with greater confidence that your exact regimen will be followed. You can be certain, also, that even the tiniest tot will take to the cherry flavor of this product. The drops can be squeezed directly onto the child's tongue, or mixed with milk, fruit juice, or other liquids. Potency: 100 mg. per cc. (20 drops).

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A WIDELY USED form of tetracycline is Acuno-Mycux Capsules-the only dry-filled, sealed capsules on the market. Advantage: rapid and complete absorption, tamperproof contents. Available in potencies of 50, 100, and 250 mg.

MINOR INFECTIONS of the mouth and threat can often be controlled with ACHROMYCHY PHARYNEERS² Truches alone. (In severe infections, a systemic form of ACHROMYCHY Should also be used.) Each cherryflavored PHARYNEERS Troche supplies 15 mg. of Lederle's tetracycline.





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PROGRAM – 8:15 p.m. Pierce County Medical Society Tuesday, March 13, 1956

"Can Physical Stress Precipitate Myocardial Infarction?"

A panel discussion of current opposing views RODGER S. DILLE, M. D., Moderator

Pro . . .

Herman S. Judd, M.D. Robert E. Lane, M.D. Clyde O. Hurst, M.D. **Con** . . .

Ralph H. Huff, M.D. Charles B. Arnold, M.D. Paul M. Mickens, M.D.

* * *

MOVIE . . . 7:30 P. M.

Two short motion pictures relating to the surgical treatment of portal hypertension. A spleno-renal anestomosis; a portacavil anestomosis.



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PRESIDENT'S PAGE

Considerable interest has been expressed by members in having dinner before meetings. It seems to me that the idea is good. Dinner meetings have proved successful in other County Societies.

Since we are now relieved of the frequency of Hospital Staff Meetings, a dinner before our regular meetings will give us a real opportunity to become better acquainted with each other and especially with our new members.

Attendance might be stimulated because of the convenience of having dinner in a centrally located place, rather than at our residences, from which we must return to attend the meeting.

Problems of time, place, cost and movement of projection equipment must be worked out.

If enough enthusiasm develops the proposal may be discussed at our next meeting.

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EDITORIALLY SPEAKING ...

Physicians are still saying that they as a group should shun publicity of any type. Many tend to scoff at and ridicule the "political inclinations" of the rare doctor who is civic minded and participates in local governing activities. That this is contrary to our best interests and responsibilities has been repeatedly stressed in American Medical Association publications. Doctors should not consider themselves immune from the duties that go with being a citizen in the community.

Locally we have a physician who has contributed a great deal not only to government on a city level but also most extensively on a city and state medical level. He is now seeking reappointment to our city council. We as physicians can't very well push a colleague to our patients nor can the medical society support him financially. However, there are two things we can do. One, we can be sure to vote and two: if the opportunity does present itself certainly advise our friends of the administrative and executive ability and experience of Dr. Homer Humiston.

WILLIAM W. MATTSON, JR., M. D.



Common Sense Advice for Everyone

Too many men do not think seriously about what will happen to their wives and families after they are gone. The American husband, in seven cases out of ten, passes to his reward before his wife does. He frequently leaves only a small insurance policy and a mortgaged home.

The most important thing for a husband and wife to realize is that there will be less money for a woman as a widow than she had as a wife. This simple and logical fact is seldom faced squarely. It is urgent that a husband should make plans now. *Every* man should have a will. It leaves more for the wife and family.

A plan is simple. Carry insurance . . . all you can afford. Insure the mortgage on your

home. Start a savings account, no matter how small a start . . . then add to it regularly. See an attorney . . . make a will . . . now.

Regardless of how small your worldly possessions, you should have a will drawn up by an attorney. It will cost you less than you think.

There are many advantages to be gained by naming a bank as an executor, solely or jointly with your wife and/or others. A bank's Trust Department specializes in estate management and administration. It is a trained business manager for your estate, backed by experience. And importantly, it is timeless and permanent. Every man should have a will. See an attorney tomorrow.

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Woman's Auxiliary to the Pierce County Medical Society

OFFICERS FOR 1955-1956

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CHAIRMEN OF COMMITTEES

Membership & Hospitality...Mrs. J. M. Mattson ProgramMrs. Albert Ehrlich SocialMrs. Thomas B. Murphy PublicityMrs. G. Marshall Whitacre TelephoneMrs. Harold D. Lueken Public RelationsMrs. Joseph B. Harris LegislativeMrs. Herman S. Judd Today's HealthMrs. Merrill J. Wicks Civil DefenseMrs. Wayne Zimmerman Speakers BureauMrs. Treacy H. Duerfeldr Nurse RecruitmentMrs. John Flynn Rummage SaleMrs. Hugh F. Kohler

The March 16 meeting of the Auxiliary will be held at the Top of the Ocean. A no host luncheon at 12:30 is planned. We are happy to announce that the program will feature Mrs. Martin Norgore, president of the Woman's Auxiliary to the Washington State Medical Association, and President-elect Mrs. Morris Hecht.

Mrs. Everett Nelson is attending mid-year State Board Meetings on February 24th, in Yakima.

Our deepest sympathy is extended to Dr. and Mrs. Gerald Geissler in the recent loss of their son.



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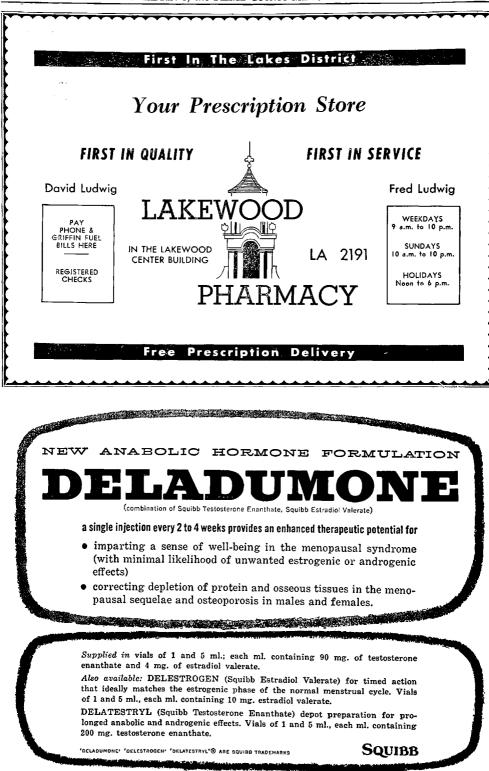
Physicians depend upon Veratrite in treating hypertension because—through the years—this combination has produced gratifying results in the widest range of patients.

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HOSPITALS ...

Tacoma General

Mrs. Joan Stout has assumed her new duties as Assistant Director of Nursing Service in charge of Medical and Obstetrical Services. Mrs. Stout is a graduate of the School of Nursing of Deaconess Hospital, Spokane, and has just completed studies for a B.S. degree at Pacific Lutheran College.

* *

Tacoma General Medical Technologists entertained the Tacoma Society of Medical Technologists at a Valentine party. Six guests from Olympia were present also. Dr. Arno G. Motulski, of the University of Washington Department of Medicine spoke on "Diagnosis of Hemolytic Anemias."

Southern California was the destination of Miss Borghild Robertson when she left for a few weeks' vacation.

* * *

Walter Huber and Mrs. Bernice Hockett braved a snowstorm to attend the quarterly meeting in Everett of the American Association of Hospital Accountants, Washington Chapter. Mr. Huber is president of the organization.

*

Capping ceremonies for the 47 members of the class of 1958 of the School of Nursing will be on April 29, at the First Methodist Church.

We join in congratulations to Dr. and Mrs. Warren Smith on the birth of a daughter, Sherry Jayne, on February 11, and to Dr. and Mrs. William McKinley, whose daughter Maureen Anne was born on February 4. Dr. McKinley is a member of the resident staff in Anesthesiology.

* *

Sixty registered nurses have signed up for the refresher course sponsored by the Tacoma General Hospital Alumnae Association. Classes will start on February 28, and will be held at Jackson Hall. The course will consist of lectures by members of the Medical Staff and the Faculty of the School of Nursing which will be coordinated with 48 hours of selected nursing experiences on the wards. Mrs. Greta Dotson, president of the Alumnae Association is in charge of the planning.

*

Miss Monica Roller has joined the Dietary Staff as Assistant Administrative Dietitian. She was graduated from Seattle University, served her administrative dietetic internship at Mills College, Oakland, and received her Master's Degree from the University of Washington.

Currently visiting in the Department of Anesthesiology is Dr. Anthony Griffiths of Newcastle on Tyne, England. Dr. Griffiths, a Fellow of the Nuffield Medical Foundation, will spend about seven months in the United States and some time in Canada studying under this fellowship. Dr. Griffiths, an anesthesiologist, will go from Tacoma to Los Angeles, where he will be at the Children's Hospital.

Medical Arts

The Medical Arts Hospital has been established in their new quarters on the sixth floor of the Medical Arts Building for over four months. All departments are functioning in proper order.

Preparation for application to the Joint Commission on Accreditation of Hospitals is being made. We are hopeful of prompt approval.

Application for Staff Membership has been sent to all Pierce County Medical Society Doctors. The response has been very gratifying. In the very near future a meeting of all active staff members is being planned. This meeting will be for the purpose of organizing and electing officers and appointing committees for staff organization.

Mrs. Carol Montgomery of Seattle, an experienced Registered Record Librarian, will be in charge of the Record Department; and is a new addition to the personnel.

St. Joseph's

All the personnel of the Pediatric Department want to offer our deepest sympathy to Dr. and Mrs. Geissler on the loss of their beloved son Neal. We feel as if we lost one of our own family, we all knew him so well. The Mass of the Angels was celebrated in St. Patrick's Church on February 6th. It was lovely to see so many of the Medical Staff and Sisters from the hospital there.

* *

Monday, January 30th, the Instructional staff of the School of Nursing enjoyed a very delightful breakfast. Members of the medical staff who have given their time to assist in the education of the students of the School of Nursing were guests. Mrs. Geo. Moosey and Mrs. Robert Brooke of the Nursing School Guild acted as

(Continued on Page 15)



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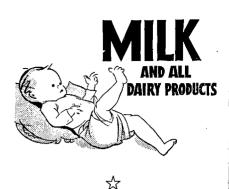
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(Continued from Page 13)

hostesses assisted by members of the senior class. The tables were very prettily decorated with lovely linen and china and centerpiece of fruit in Hawaiian settings. Many of the older members of the staff as well as many newcomers were seen among those present.

A Valentine Coffee Hour was held in the Lounge of the Nurses Residence for members of the medical staff and faculty members on February 14—from 10:00 a.m.-4:00 p.m. Students of the School of Nursing acted as hostesses throughout the day.

All the graduates from our nursing school attended a Valentine's Party in honor of the Tacoma General Alumni in our hospital cafeteria on February 8. This is an annual exchange affair between our two schools. There was a program and refreshments were served. We are proud that the Surgical Supervisor, Sister Evelina, is Vice President of our alumni. Congratulations even though they are belated!

The Medical Staff Library has a new Librarian, Mrs. Alga Marie Dickey. She is replacing Mrs. Judith Anderson who is leaving to await the arrival of Mr. Stork. Mrs. Dickey will be in the library from 9:00 a.m. to 12:00 noon, Monday through Friday. Among the many new books which have been added to our shelves in the past year is the latest edition of Webster's Unabridged Dictionary. Just in case one of our over eager M.D.'s tries to take it it is securely screwed into the Library Stand.

The Future Nurses' Clubs from St. Leo's and Lincoln High have taken over the Patient's Library. Four days a week the girls are seen on the floor with our Librarymobile. The patients eagerly look forward to meeting the girls, as they take their turn distributing books to the patients on Medical and Surgical floors.

Monday and Wednesday Lincoln High girls have the honor and St. Leo's on Tuesday and Thursday. We deeply appreciate the service they render our patients.

To Mrs. William Hauser and Mrs. Darwin Marlatt we say "Thank you and God bless you." They are in charge of the F.N.C. at St. Leo's and Lincoln respectively.

Last week Sister Frumentia and Sister Leobalda spent a few days visiting us. Both sisters are from our Motherhouse in Glen Riddle, Pennsylvania.

We hope they enjoyed their visit as much as we did. It was with regret we bid them goodbye and a safe journey as they left us to visit other houses of the order in California and Oregon.

You may have noticed, on third South, a new uniform and its wearer is Mrs. Dunn, Occupational Therapist recently graduated from C.P.S. She is in the process of starting an Occupational Therapy Program in the Psychiatric Department in conjunction with a program in the Multiple Sclerosis Clinic. To her we extend a hearty welcome and hope she will enjoy her work here as much as we are pleased to have her.

Tacoma Academy of Internal Medicine

Morning Session: Jackson Hall at Tacoma General Hospital . . .

- 9:30 a.m. Registration
- 10:00 a.m. Subarachnoid Hemorrhage Ralph Huff, M.D.
- 10:30 a.m. Migraine Headache? Harold Johnston, M.D.
- 11:00 a.m. Guillan Barre Syndrome? E. J. Fairbourn, M.D.
- 11:30 a.m. Jackson Epilepsy, Cause? R. E. Lane, M.D.

These will be short case presentations some of which will be presented as unknowns for discussion and diagnosis by our guest speakers. Afternoon Session: Jackson Hall . . .

- 1:30 p.m. The Physiologic Basis of Psychiatric Symptoms Louis G. Moench, M.D. Assistant Professor of Psychiatry and Medicine at the University of Utah School of Medicine.
- 2:30 p.m. Cerebral Vascular Lesions H. Houston Merritt, M.D. Prof. of Neurology Columbia U.
- Intermission—3:30 to 3:40
 - 3:40 p.m. Recent Advances in the diagnosis and treatment of Neurologic disease. Arthur A. Ward, Jr., M.D., Head of the division of Neurosurgery at the University of Washington School of Medicine.
 - 4:40 p.m. Round Table discussion with questions from audience.
- Evening Session: Crystal Ballroom of Winthrop Hotel
 - 6:30 p.m. Social Hour
 - 7:30 p.m. Banquet
 - Address: The Diagnosis and Treatment of Convulsive Disorders.

H. Houston Merritt, M.D.

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Lecture on Allergy

Lectures by Doctor Samter, Chief Allergist at the University of Illinois under the auspices of the Puget Sound Academy of Opthalmology and Otolaryngology, January 14, 1956:

Doctor Samter said that allergy was an inherited trait and that about 30% of the population was potentially allergic. On exposure to a specific antigen it took from four weeks to years to develop antibodies to and symptoms from that antigen.

He felt that the history was the primary tool in diagnosis and treatment and that a knowledge of the patient's environment and the way in which the allergins work was very important.

Skin tests were of some value but sometimes a positive test persisted in the skin after the allergy cleared up, also a negative test did not necessarily mean that a person was not allergic to that substance.

Skin tests for food were only 5% accurate, seasonal pollens were 90% correct and other antigens 60% right.

Cortisone preparations did not interfere with the skin tests but antihistamines must be discontinued a couple of days before doing the tests.

The nasal smear was of some value if done properly. Stimulate the secretion with a cotton applicator for five minutes before taking the smear in order to get fresh material. The histamine test was of no value in allergy diagnosis.

Two kinds of allergy are now recognized:

- 1. Induced due to injection of drugs.
- 2. Ordinary atopy.
- Drugs may act in two ways:
 - 1. As allergens.
 - 2. By hooking on to certain tissues.

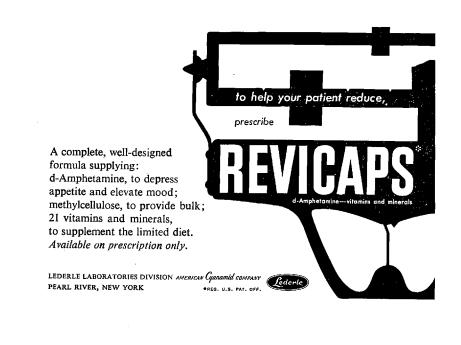
The iodine molecule added to any substance adds greatly to its allergic activity, as in certain antibiotics.

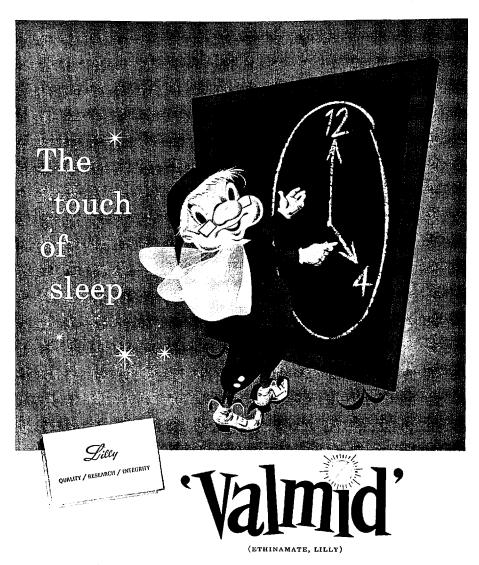
Aspirin may cause a very severe reaction in susceptible individuals. Furthermore these persons will often develop asthma in a few years; and if you contemplate removing nasal polyps on these patients it might be wise to warn them that this interval may be reduced to a few months.

Doctor Samter pointed out a few facts whose importance is not yet clear. Cows are often treated with penicillin and this will show up in their milk. Chickens are treated with aureomycin. Enriched white bread may contain thirty-two chemicals which may cause allergy, etc.

Is it any wonder that it is often difficult to find out what our patients are allergic to?

-I. A. Drues, M.D.





the nonbarbiturate sedative with a four-hour action span

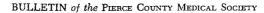
The very short action of 'Valmid' permits your insomnia patient a quicker onset of normal sleep and a completely refreshed awakening. 'Valmid' also provides a wide margin of safety. Kidney or liver damage does not contraindicate its use.

For your next patient with simple

insomnia caused by mental unrest, excitement, apprehension, or extreme fatigue, consider 'Valmid' for gentle, restful sleep.

DOSAGE: Prescribe 1 or 2 tablets (usually 1 suffices) to be taken about twenty minutes before bedtime.

18



Forum on Heart Disease

The Medical Forum on Heart Disease held at Jones Hall, C.P.S., January 30, and cosponsored by the Pierce County Medical Society and the Pierce County Heart Association proved beyond a doubt that the public was ready and willing to learn about heart disease. Despite the cold weather the hall was filled almost to capacity.

The introduction by Miss Nora Hall, Health Educator, and the film "Your Heart, How it Works" provided a basic understanding for the discussions which followed.

Dr. George A. Tanbara, whose subject was "Current Concepts of Rheumatic Fever" emphasized the importance of the recognition of early symptoms and stressed the value of effective treatment of strep throats, as a means of eliminating it. Parents were encouraged that today the outlook for a child with rheumatic fever is good.

Dr. Franz P. Hoskins in discussing "Hypertension" enlightened the audience regarding the drugs which are now available for use in treating it. He pointed out that relaxation in everyday living was of great importance and conducive to a longer and healthier life.

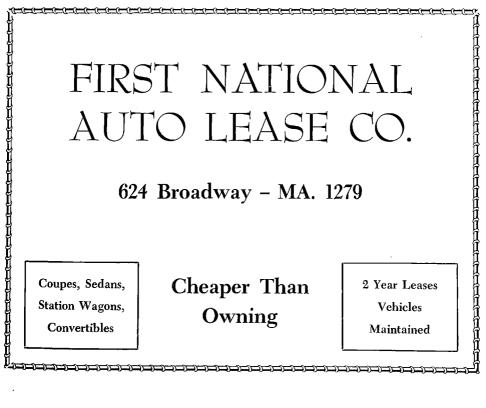
"Why, Coronary Disease" was the topic chosen by Dr. Frank R. Maddison, and in his speech he placed emphasis on early recognition of symptoms which are all too frequently confused and disregarded as being those of indigestion. He advocated moderation in one's habits and concluded by giving sound advice in the form of "commandments for living."

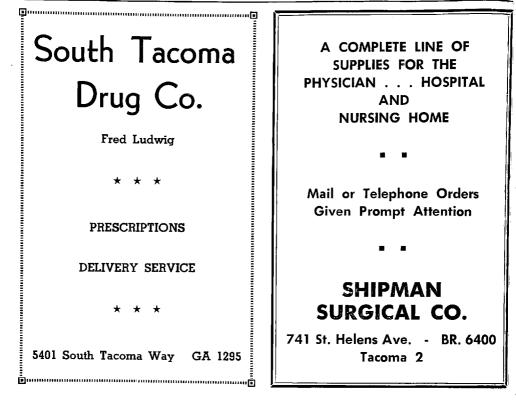
The theme throughout was that of hope and encouragement. That by avoiding excesses many will be spared heart disease and that those already suffering from it may live useful and productive lives. The physician with his skills and the tools which implement them can diagnose and treat but a great deal depends on the individual co-operation of the patient.

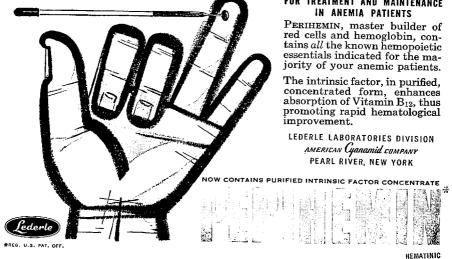
Audience participation during the question and answer period clearly demonstrated their interest and indicated the confidence the average person has in his physician.

Numerous observations since received at the Heart Association office have been enthusiastic about the success of the forum and the hope has been expressed that it would be the forerunner of similar forums on other subjects.

Out of 104 communities where fluoridation has been brought to a referendum, 57 have rejected the proposal. There are now two national anti-fluoridation organizations.







FOR TREATMENT AND MAINTENANCE

Book Review

Child Psychiatric Techniques, by Lauretta Bender, M.D., Springfield, Ill., Charles C. Thomas, 1952, pp. 335.

A rule of thumb by which books on psychiatry may roughly be judged is the vividness with which the human material stands out from its pages. Works which give merely technical information are a poor substitute for those which bring the patient alive so that the reader actually senses the conflicts with which he is wrestling. Doing so is likely to be more, rather than less, scientific, since feelings and passions are the very stuff with which psychiatric science deals.

This book appears for the most part cold and didactic, and therefore neither as interesting nor as informative as some of the more spirited pieces of psychiatric research. It proves to be a meandering collection of nineteen articles written over a period of a decade or more by the staff of the children's psychiatric service at Bellevue hospital, New York. I am not sure what the excuse is for collecting them into a single volume.

I do not mean that there is nothing of value in the book. It is, quite literally, a goldmine of information. But I prefer my gold in refined ingots, not in an ore of which a ton will ultimately yield a pound when carefuly worked over. There are, however, a good many nuggets scattered here and there throughout its closely packed 335 pages. Dr. Bender and her associates have studied and treated some 8,000 children at Bellevue, and have made a strong contribution to the understanding of them particularly in two fields. One is in childhood schizophrenia, which is a much more common condition than was recognized fifteen or twenty years ago. Another is in the psychopathology and treatment of brain injured and encephalitic children, whom they show to be just as treatable as any other psychiatrically ill child. This is an important point of emphasis, because frequently psychiatric help is the most important aspect in the rehabilitation of the child with an organic psychosis. Yet it is sometimes overlooked in the rather unimaginative attitude that since the damage is "physical" the "mind" cannot be helped. Actually, the child who has organic "trouble with thinking" has an enormous psychological problem to which he must adjust, and the more he can have specialized help in learning to do so the better.

The book contains analyses of the creative expressions of brain injured and schizophrenic children, and also those who are neurotic and those who are feeble minded. Paintings, uses and combinations of color, clay modelling, puppet shows, free play with toys and many other creative activities have a wealth of meaning in relation to the specific disturbance of the child. Young children like red and other brilliant colors. So do explosively aggressive ones. Brain injured and also mentally defective children abstract poorly and tend to be chained to their perceptions. Gifted schizophrenic children sometimes exaggerate features in drawing people, so as to make quite good caricatures. This tendency is explained as a desperate effort to hold on to a reality which is slipping away from them.

There are several chapters on the now famous "Bender--gestalt" test, in which the children are requested to copy eight abstract figures from cards presented to them. Dr. Bender believes that there are specific patterns for the brain injured, the schizophrenic and the retarded child, and that this test has almost unlimited diagnostic value.

There is a great collection of isolated bits of useful information of this sort to be found in this book. I do not, however, urge anybody to look for them unless he were actually doing a research problem on creative symbolism in children.

-Robert C. Murphy, Jr., M.D.

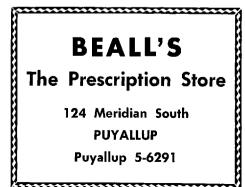
Book Review

"Pathology for the Surgeon," Boyd, 7th Edition, 1955, 737 pages.

The book is very well put together and in it much detail of the more important aspects of pathological surgical procedures is emphasized. Also the physiological relationship to the disease processes are included.

I believe this work is a considerable improvement over the previous Surgical Pathology by the same author and will be a valuable addition to the physician's personal library.

-Wm. E. Avery, M.D.







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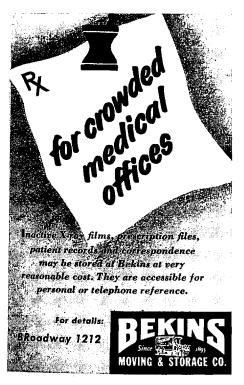
1015 SOUTH TWELFTH STREET MArket 0118 TACOMA 3, WASH.

New Approach to Public Relation Problems

On Sunday, January 29, Drs. Gerald Kohl, Arnold Herrmann and Haskel Maier, along with Mrs. Imeson, attended a conference of County Medical Society Officers and Public Relation Chairmen. This conference was held for the first time this year in order to acquaint the Society Officers with some of the problems of the Washington State Medical Association. It was also an opportunity to present some of the problems that are common to all county Medical Societies. Open discussion of the mutual problems was entered into by many of the officers present at the meeting.

Dr. Herrmann acted as Chairman of the General Session in the morning. Some of the subjects discussed in the morning sessions were: Duties and responsibilities of County Society Officers—Dues, collections, exemptions, delinquency—membership, categories and records malpractice, prevention and insurance. The medical Defense Fund.

The afternoon session was devoted to Public Relations. During this session such things as the 1956 Public Relations Program, membership indoctrination and the Medical Disciplinary Act and several other topics were discussed.



At the conclusion of the meeting late in the afternoon it was our feeling that the meeting was most instructive and should be an annual event.

-Haskel L. Maier, M.D.

Interest in Science

A survey just completed shows that the general public has an impressive interest in science stories, including, of course, stories on medical science.

The Survey Research Center of the University of Michigan queried 200 people of varying backgrounds, social characteristics, and experiences. The survey, a pilot study, was sponsored by the National Association of Science Writers and New York University with the aid of a grant from the Rockefeller Foundation.

The purpose was to determine whether a larger survey of this type was feasible and worthwhile. All concerned agreed that a bigger survey would be most fruitful.

In the survey of 200, about three-fourths said they read science news and about one-fourth said they read all the science news printed by their local newspapers.

From the standpoint of the medical profession, one question asked was of special interest. The individuals were asked: "Would you be interested in having more science news and information presented in your local paper, or do you think there is enough now?"

Almost half of the 200 wanted more such coverage. Many suggested that other rypes of news, including sports and society items, be curtailed to make room for wider science coverage.

-Bulletin Academy Medicine, Cleveland.

Pfizer Golf Tournament Date Thursday, May 10, 1956

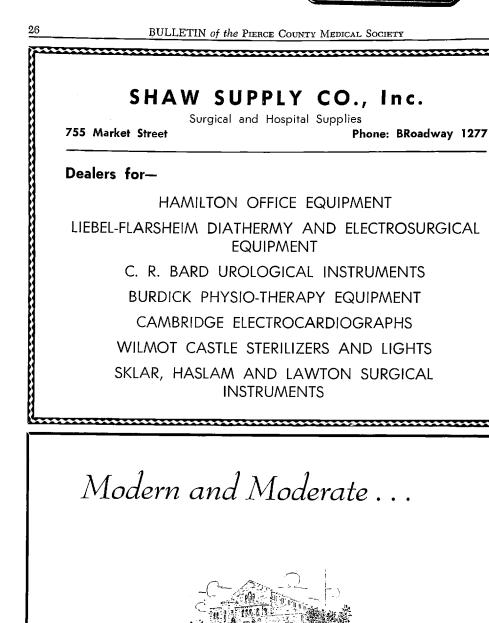
Co-pilot on the first crossing of the English Channel in a balloon was a physician, John Jeffries.

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Cardiac Arrest

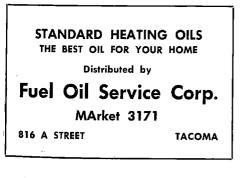
The newspapers have carried from time to time in recent years notices of dramatic instances of the saving of a life, as a result of cardiac massage. The drama associated with the opening of the chest wall of a presumably dead individual, and manually massaging the heart until rhythmical beating is restored, is understandably good newspaper copy.

That this method may soon be unnecessary, being replaced by an external electric cardiac pacemaker, is suggested by the recent writings of Zoll* and his colleagues.

They have devised an instrument which can be applied to the chest wall, and by electric stimulation causes the ventricle to beat regularly in response to graded and spaced electric stimulation, until an adequate and spontaneous ventricular rhythm appears.

In the recent report fourteen patients with Stokes-Adams syncopal attacks were treated with this external electric pacemaker device. In thirteen of these patients the method was successful in restoring adequate rhythmical ventricular contractions. A competent circulation was re-established and irregular ventricular tachycardia was prevented. In some instances a regular rhythm has been maintained for months following recovery, suggesting that Stokes-Adams syncope may subside.

In a later report Zoll** relates an even more diversified experience with the use of this method. Thirty-seven patients with Stokes-Adams syndrome were treated, the greater majority successfully so. Three patients with reflex vagal standstill were preserved by this method. Four patients had Stokes-Adams syndrome following drug intoxication, two following rhe use of digitalis, and two who had received procainamide. All four responded satisfactorily to the cardiac pacemaker. There were eight patients who suffered unexpected circulatory arrest following a surgical or diagnostic procedure. Of this group five responded successfully.



Zoll has outlined these procedures in the event of a major syncopal Stokes-Adams attack.

- Emergency resuscitation. Slap the precordium. Cardiac puncture. Intracardiac epinephrine. Cardiac pacemaker.
- (2) For persistent ventricular standstill. Cardiac pacemaker.
 - Sympathomimetic drugs.
 - (a) To arouse indioventricular rhythm-epinephrine.
 - (b) To maintain blood pressure norepinephirne.
- (3) For frequent attacks.
 - Drugs—
 - (a) To maintain idioventricular
 - rate, ephedrine, epinephrine.
 - (b) To prevent variations in conduction atropine.

To prevent ventricular irritability cardiac pacemaker.

In addition to the above procedures, the use of auxilliary measures, particularly nasal oxygen, is most important. For the treatment of ventricular fibrillation, the electric defibrillator, the use of potassium chloride and procaine or procainamide are also important. In addition, in the event normal rhythm is restored, careful monitoring is necessary to note the return of an arrhythmia, so that immediate corrective procedures can be instituted.

The potential for good of the electric cardiac pacemaker, on constant alert, in the busy operating suite of large hospitals, or its availability on the general services of such institutions, is great indeed and conceivably in the future may become a matter of standard equipment.

**Zoll, P. M., Linenthal, A. J. Norman, L. R., Paul, M. H., and Gibson, W.: External Electric Stimulation of the Heart in Cardiac Arrest, Arch. Int. Med. 96:639, 1955.

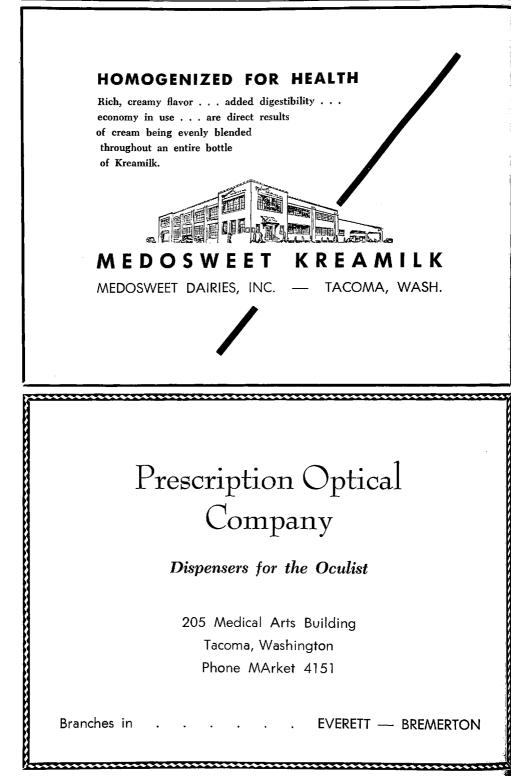
-A. W. -J. of the Tennessee State Medical Association.

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^{*}Zoll, P. Linenthal, A. J. Norman, L. R., and Belgard, A. H.: Treatment of Stokes-Adams by External Electric Stimulation of the Heart, Circulation 9:482 (April), 1955.





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"A physician of Memphis, Tenn., reported recently that the automobile horn had become a menace, and that a ban on the sounding of horns in Memphis was credited with the reduction in the accident rate which followed. . . . Formerly it was used to warn of the approach of a vehicle at corners. This was never a good device and is far outmoded. There is no situa-(Continued on Page 32)



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(Continued from Page 31)

tion which the mind can conjure up in which the horn is a satisfactory substitute for thought. Twelve months and 18,000 miles of driving attest it. More power to the Memphis experiment. The horn is a blatant, obstreperous, obnoxious, and unnecessary appendage to the modern automobile." The Sunday school class was composed of three-year-olds. The teacher asked: "Do any of you remember who St. Mathew was?" No answer.

"Well, does anyone remember who St. Marka was?" Still no answer.

"Surely, some of you must remember who Peter was?"

Finally, came a tiny voice from the back of the room: "I fink he was a wabbit!"

MONTHLY MEETINGS

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.-6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club

SURGICAL SOCIETY Third Tuesday of each month—6:30 p.m. at Tacoma Club

STAFF OF PIERCE COUNTY Last Monday of each month—6:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the Month-8:15 p.m.

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Monday—12:15 Luncheon Meeting Even Months

The BULLETING SOCIETY PIERCE COUNTY MEDICAL SOCIETY PIERCE COUNTY MEDICAL SOCIETY

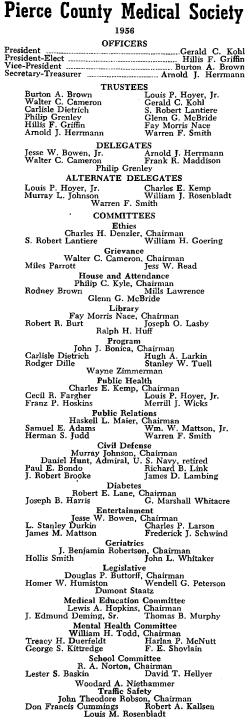
VOL. XXVI-No. 8

TACOMA, WASH.

STREET REPART

APRIL - 1956





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Auxiliary News Editor	Mrs. Beoky	Banfield



Happy Birthday to You

April

- 1 LAWRENCE SKINNER
- 2 EDWIN FAIRBOURN
- WILLIAM MATTSON, JR.
- 4 BERNARD HARRINGTON
- 7 EVERETT NELSON
- 11 LAWRENCE BRIGHAM
- 12 CHARLES MAY
- 15 LEO HUNT
- 16 ROBERT OSBORNE
- CHARLES TRIMBLE
- 17 CHARLES PASCOE
- 18 CLYDE GRAY
- 21 HAROLD JOHNSTON22 WILLIAM AVERY
- 22 WILLIAM AVERY 24 EUGENE HANSON
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- 25 RODGER DILLE27 IOHN GULLIKSON
- 27 JOHN GULLIKSON28 LOUIS HOYER
- RICHARD LINK
- 29 A. W. HOWE
- 30 DONALD McKAY

Antibiotic Hazard Study

Due to be launched in about four months is another investigation involving antibiotics, this one dealing with incidence of severe reactions. Henry Welch, head of antibiotics division in Food and Drug Administration, will direct. Investigators in all 16 FDA districts will check hospitals, health departments, physicians and other sources in quest of serious cases of anaphylaxis following administration of antibiotics.

On basis of smaller survey conducted by FDA in 1953, 88 such cases were discovered, of which 40 ended fatally. Projected nationally, it was estimated there were 200 cases and about 90 deaths in that year.

> --Washington Report on the Medical Sciences

NOTICE

Check back page of Bulletin for calendar of special meetings

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PROGRAM-8:15 p.m.

Pierce County Medical Society

Tuesday, April 10, 1956

"The Physicians' Political and Economic Problems"

by

Alfred O. Adams, M. D., Spokane

This discussion, which will include the social security problem as it effects physicians should prove of great interest to all physicians and their wives. The members of the Medical Auxiliary are invited to attend this meeting.

* * *

Motion Picture

7:30 p.m.

"Gout and Gouty Arthritis"

John H. Talbott, M. D.

University of Buffalo School of Medicine, Buffalo General Hospital and Alexander B. Gutman, M.D. The Mount Sinai Hospital, New York City.

The etiology, common diagnosis and common treatment of Gout (one of the most commonly missed diagnosis).

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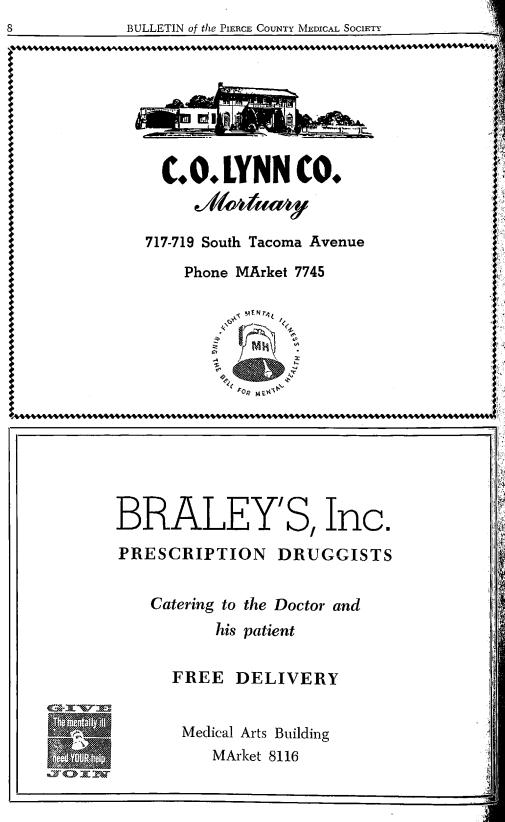
EDITORIALLY SPEAKING . . .

"The Physician's Political and Economic Problems" is going to be the topic of conversation at our next Pierce County Society Meeting Tuesday, April 10th. This is going to be a joint meeting with the Auxiliary as (obviously) our wives are equally affected and therefore interested in these problems.

The guest speaker is Alfred O. Adams, M.D., a Spokane Orthopaedic Surgeon, well known for his experience in the medical-political and economical field.

We should have no trouble filling the Medical Arts Auditorium with such vitally important issues being presented.

WILLIAM W. MATTSON, JR., M. D



Polio Vaccine Program

100

It has come to the attention of the Public Health Committee, that there is considerable confusion and doubt about the status of the polio vaccine program in this county and also about certain restrictions on the use of the polio vaccine. It is hoped that the information to follow will refresh the memories of the members and be useful.

Doctor Salk now recommends that the vaccine be given in three shots of 1 cc each, the second to follow the first at an interval of from 2 to 6 weeks. This may, however, be prolonged under circumstances which make it inadvisable to give the vaccine within the 2 to 4 week period. The third shot, Doctor Salk believes, should not be given before 7 months after the second, but may be given from 7 to 12 months after that shot. It has not been established at this time whether annual or biennial boosters will be necessary in the future to maintain polio immunity at a practical level.

The vaccine is now in critically short supply, and all indications point to the fact that this situation will continue, probably until summer. In view of this fact, your committee wishes to emphasize that the U. S. Public Health Service has enlisted the cooperation of all physicians in restricting the use of the vaccine at this time to children between the ages of 1 and 19, inclusive, and to pregnant women of any age. Your committee wishes to emphasize that it is in agreement with this restriction and urges that in the interest of the best public relations between the profession and the public that these restrictions be rigidly adhered to.

The committee wishes again to call your attention to the fact that the society, in the spring of 1955, adopted a fee of \$10 as being fair for the administration of the series of 3 vaccine shots. In the interest of the best relations among the doctors of this society, the committee feels that this fee should not be varied unless and until the Medical Society changes it.

> —Chas E. Kemp, M. D., Chairman Public Health Committee



Woman's Auxiliary to the Pierce County Medical Society

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	Mrs. John Flynn
Rummage Sale	Mrs. Hugh F. Kohler
-	

From Our President

It was nice to see such a large turnout for our state president at the last meeting, held at the Top of the Ocean. Our April meeting promises to be of equal interest. Through the efforts of our Mental Health Committee, Dr. Thomas A. Harris, Director of the Washington State Department of Institutions, will be presented as guest speaker. His subject will be "The Present Mental Health Program in the State Department of Institutions." The meeting will be held in the Auditorium of the Medical Arts Building April 20th at 1 p.m. Members are urged to attend and bring a guest.

Following the program tea hostesses will be Mrs. Treacy H. Duerfeldt, Mrs. Glenn H. Brokaw, Mrs. J. Robert Brooke, Mrs. Paul E. Bondo, Mrs. Glenn G. McBride, Mrs. James M. Mattson.

An announcement and invitation from Dr. Gerald Kohl, Medical Society president, reminds all doctors' wives of the joint Medical Society-Auxiliary meeting to be held April 10 at 8:15 p.m. in the Medical Arts Auditorium. The speaker, Dr. Alfred O. Adams, member of the State House of Representatives, will discuss a topic of general interest "The Physicians' Political and Economic Problems."

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In Memoriam

Doctor Brady Hugh Foreman, 11-30-1870 to 2-20-1956, was born at Whitehall, Illinois, where his father was a practicing physician.

At the age of nine, he took up checker playing and in four years was hailed as the champion of the town.

His next hobby was rifle shooting at which he set an accuracy record for the state of California. During his college years, his hobby was boxing, in which avocation he gained fame in San Francisco, where he lived.

His first two years in high school were at Pittsfield, Illinois, his last two at Stockton, California. After high school, he entered Cooper's Institute in San Francisco, which institute later was made a part of Stanford University Medical School and Hospital. He received his medical degree from Cooper's in 1893, and for the next seven years practiced medicine at Ione, California. In 1900, he gave up his practice and entered Rush Medical School, where on account of his many high educational accomplishments, he was given membership in Alpha Omega Alpha, and the key, the badge of that organization. He has always cherished and prized said key as a momento of scholastic efforts.

After eighteen months of internship at Cook County Hospital, where he was interested mostly in surgery, he came to Tacoma in 1906, and for the succeeding eight years engaged in general practice. In 1914 he was admitted to the American College of Surgeons as among the first from this state to attain said honor. He attained more than local fame in his performance of bloodless Tonsillectomies, but turned his attention mostly to Gynecological surgery until his retirement from practice in 1932.

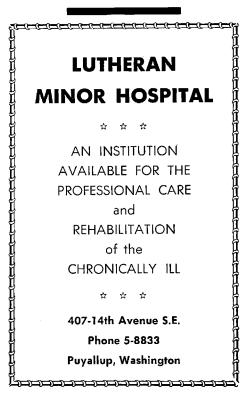
Preceeding the 1929 panic, Dr. Foreman made a careful study of the stock market and his investments in that field yielded him a moderate fortune. With a portion of these gains he is said to have built and paid for his magnificent home at 4121 North Madrona Way, Tacoma. Since his retirement, he has devoted his time to looking after his business and financial affairs, to reading and to enjoying his family. His hobby during these later years has been playing billiards with his friends on his own billiard table in his home.

In 1894, at San Jose, California, he married Emma Madeline Gamer, whose father became vice president of the Olympia Brewing Company, and later moved to Tacoma. Dr. Foreman in his memoirs said that he and his wife lived very happily together and that he could not have selected a more desirable mate. They were married for 61 years, and she died only six days before his death.

The Foremans had two children: Leotta, age 61, who married Dr. Erroll Rawson of Seattle, who was voted one year as the outstanding physician in King County. The Rawsons have two children, Marion, who is with the North West Air Lines with offices in New York City, and Ralph, Lieutenant in the Air Force at Rabat, Morocco. Dr. Foreman's other child, a son, Byron Star Foreman, age 57, is in the candy business in Tacoma. He has three children: Ann at home, Donn, Lieutenant in the Navy Air Corps, and Jeanne (Foreman) Kempers, with her husband in Germany, in the U.S. Army Signal Corps. She has a ten month old daughter, the only great grandchild of the Foremans.

Dr. Foreman was dignified and reserved. He was satisfied with nothing but the best. In medicine and surgery his work was outstanding and par excellent. Even in his hobbies he attained to the highest degree of perfection. Not only in his play and in his work did he attain his high ideals, but he was also a sterling friend, a devoted husband, and a loving father.

-J. Benj. Robertson, M.D.



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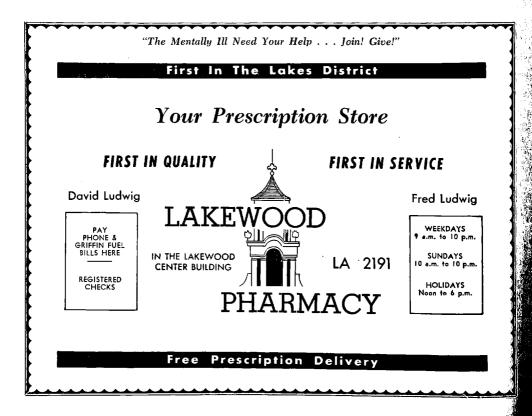
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HOSPITALS ...

Tacoma General

Miss Borghild Robertson has returned from vacation spent partly in California, where the sun shines sometimes.

Miss Helen Mar Jewett has tendered her resignation as Principal of the School of Nursing. She would like to leave at the end of the current school year. She has served the School as Instructor, Acting Principal, and Principal, since August 1942.

The Washington Chapter of the Hospital Accountants Association has received the Graham L. Davis award for outstanding chapter achievement. Walter Huber is Chapter president and accepted the plaque for his group. Basis for the award is points earned for chapter attendance, projects, and papers written by chapter members and accepted for publication by the American Association of Hospital Accountants.

The Refresher Course sponsored by the Tacoma General Hospital Alumnae Association is most successful. 65 to 70 nurses are attending the lectures, and 46 have signed for clinical experience, which is being coordinated by Mrs. Marjorie Hayes. At least 30% of these nurses, who have not been professionally active in the last 10 years, have indicated an intention to return to nursing at least on a part time basis.

Popular X-ray Technician, Bob Anderson, was married on March 24 to Miss Ernestine Burke of the Surgery Staff. Mrs. Anderson is a graduate of the Tacoma General Hospital School of Nursing. In September the Andersons will move to Seattle, where Bob will enter the University of Washington School of Medicine.

Veterans Administration American Lake, Wash.

A Panel Discussion of Juvenile and Adult Behavior Problems was held at this hospital on February 28th. More than 300 persons were in attendance, with representatives from the State Department of Public Institutions, Madigan Army Hospital, VA installations from Spokane and Seattle, the Federal Penitentiary at McNeil Island, the Prosecuting Attorney's office, the Tacoma school system, social workers from the local agencies, psychologists and psychiatrists. * * *

Dr. J. W. Boudwin attended a course on "Group Psychotherapy' at the Veterans Administration Regional Office, San Francisco, from February 13 through February 17th, directed by Dr. D. A. Shaskan, Chief Mental Hygiene Clinic.

Dr. L. J. Seeley attended a course on "Psychotherapy" given by Dr. E. Pumpian-Mindlin at the Los Angeles Mental Hygiene Clinic from March 7 through March 9th.

Recently Dr. Richard L. Smith of the Dental Service, attended a course in "Occlusal Equilibration" at the U. of Oregon Dental School, Portland. This was given by Robert L. Platner, D.D.. of Grants Pass. Dr. Platner is a member of study clubs and of the American Denture Society.

Miss Florence H. Muehlhauser, Assistant Chief, Nursing Education, was appointed by Governor Langlie to serve on a committee set up to advise him on mental health training and research in the State of Washington. Dr. Herbert Ripley, Head of the Department of Psychiatry at the U. of Washington Medical School will head the committee. The group will include representatives of professions and institutions interested in and capable of advising the governor how preventive and treatment programs for mental illness can be improved.

* :

Nurses who have joined the staff recently include: Mrs. Erika Marchesini, who completed her work for the Master's Degree at the U. of Washington last quarter; Miss Floy Barnhardt, a graduate of the Methodist Hospital School of Nursing in Dallas, Texas; Mrs. Eleanor Vandenheuvel, who returned recently from the Panama Canal Zone where she was working at the Coco Solo Hospital; and Miss Ethel Melin, a transfer from the VA Hospital in Seattle.

* *

Mr. Edgar W. Guilford, Chief, Social Work Service and Miss Eileen Y. Jennings, Psychiatric Social Worker, were among those attending a conference at VAH, Vancouver, Washington, in January, as well as Dr. L. S. Diamond, Director, Professional Services, and Dr. Joseph C. Tatum, Manager. Discussion was limited to trial visit planning for patients. Representatives from the VA in Washington, D. C., were

(Continued on Page 15)

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(Continued from Page 13)

present and representatives from other West coast VA installations were also in attendance.

Social Work Service welcomed Mrs. Claire Smith to their staff in January. She is the wife of Dr. Joseph Smith, presently a Madigan Army Hospital staff member. The Smiths are from the East and Mrs. Smith graduated from the School of Social Work at the University of Ottawa. They reside at 15005 Grant Avenue, Tacoma, and are becoming well known in bridge playing circles.

Illness necessitated the resignation of Mrs. Barbara Rubin, Psychiatric Social Worker, in December, 1955, and she has remained at home with her husband, Dr. Rubin of the Tacoma Naval Station. She has continued her interest, however, in the Tacoma Civic Orchestra, in which she plays the cello.

Miss Anna Jensen, Assistant Finance Officer is spending a month on board a "Banana Boat" of the Great White Fleet, United Fruit Co. She reports that the food on board ship is excellent—only complaint "too much of it." Also reports "plenty of sunshine." She will have two days in Panama before wending her way back up the Coast.

Pierce County

The hospital personnel deeply regrets the resignation of Miss Harriet Armstrong, who for 11 years served as Administrative Dietitian of the hospital. Miss Armstrong, a graduate of Pratt Institute, Boston, and the University of Washington, was a most efficient dietitian and will be greatly missed. A coffee hour in her honor was held in the hospital dining room on Tuesday, March 13. She was presented with a gift to be used on the trip she is planning to take in the near future.

The dining table for the affair was particularly attractive with an Easter motif prepared especially by Marie Witty of the Diet department. Mrs. Witty is well known for her flower arrangements. Guests of the past Christmas party at the hospital are still remarking about the beautiful display which Mrs. Witty supervised.

Two new secretaries are among the hospital employees. They are Marlene Sonneman in the Record department and Doris Sigler in the Dietary department.

* * *

There is much concern for Sadie Miller of

the Sewing Department who has had to return for further surgery at St. Joseph's hospital.

On February 16 the Nursing staff surprised Miss Katherine Mooney, Superintendent of Nurses, with a house-warming shower for her new, attractive home.

* *

News was received of the death of Mrs. Alma Carlson, R.N., who for many years was head of the Isolation ward of the hospital. Mrs. Carlson died on the 15th of March at her home.

Anita Preston and Doris Boyle will be delegates to the American Physical Therapy Association convention to be held April 14 and 15 in Spokane.

Dr. and Mrs. Keith Senz are the proud parents of a baby girl born on the 16th of March. The newcomer will be named Deloy Senz.

The Washington Society of X-ray Technicians will hold its 4th annual convention on May 5 in the Winthrop Hotel, Tacoma. Walter Kain, R.T., will be chairman and Mary O'Neal of Pierce County Hospital will be co-chairman. Mr. Alfred B. Green, B.S., R.T., secretary of the American Registry, will be the guest of honor. The business meetings will be followed by a formal banquet at the hotel.

St. Joseph's

"Career Day," an annual event held each year at the various high schools will find speakers from St. Joseph's School of Nursing talking to those interested in the nursing field this year.

On March 14th, Sr. Mary Everard will talk to the interested students at Stadium High School. One week later, Mrs. Lorenz will be guest speaker at Lincoln High.

* *

The Student Body sponsored a very successful cake sale at the Bon Marche on Monday, February 27. The money raised is to help defray the expenses of a student representative at the National Student Association Convention in Chicago in May.

* *

Miss Nancy Carfee, Miss Beverly Daly, and Miss Ann Maloney will leave on March 11th to begin their affiliation at American Lake Veteran Hospital.

The Students in Pediatrics enjoyed a very educational day at the Rainier State School at Buckley, Washington, for mentally retarded (Continued on Page 17)

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(Continued from Page 15)

children. A word of sincere thanks to Dr. Friese of the Staff of the School for the hours of conference and instruction given these students. This field trip is one of the high lights during their pediatric course.

Third floor has a new look since the installation of a modern desk at Third Center. This brings quite a change for us, as the nurses station on center now carries all the Medical patients on Third South and also includes Four Hall. This leaves the South End Desk exclusively for the psychiatric unit.

Mrs. Florence Anderson is replacing Mrs. Rehwinkel on Pediatric as she is staying home to keep the home fires warning for the present.

The business office also has some new faces: Mrs. Dorothy Rockwell, who hails from Boston, Mass., and Georgeann Billsborrow from Aquinas Academy, who comes in after her studies to offer her typing skill. Mrs. Rockwell will be in Tacoma at least while her husband is stationed at McChord. Dorothy was told that we had a very mild climate out here, beautiful weather all of the time (oh brother!) so she left her rubber boots in Boston. At present Dorothy has but one question, "When will the sun shine so that my feet will dry."

The Record Department welcomes three new faces: The first being Mrs. T. Arness, who incidentally is our new librarian's (Mrs. Dickey) sister. We are all looking forward to working with her and hope that she will be with us for quite some time.

* * *

Patricia Jacka from St. Leo High School and Rose Marie Doherty from Aquinas, are coming in after school to help us with our many chores.

The following students in the School of Nursing, who received scholarships for the next quarter are—Miss Anne M. Rutledge—\$55.00 from the Ladies of the Moose Miss Rose M. Brosamer—\$55.00—from The Nurses' Guild of St. Joseph Hospital school of Nursing.

Mary Bridge Children's

The annual meeting of the Medical Staff of the Mary Bridge Children's Hospital was held Thursday evening, February 28, in the Medical Arts Auditorium. The Auditorium was crowded, which indicated very keen interest among the doctors in the Mary Bridge Children's Hospital.

* * *

The Chief of Staff, Dr. Nelson, presided, and called for reports of the various committees. All were ready with their reports, and they indicated very noticeable progress in the Medical Staff organization and development of the hospital.

The Administrator of the hospital was called upon to make a statement report on the hospital services, departmental problems, and financial situation. Lately the occupancy has had a crowded condition. He indicated that the hospital was in a sound financial position and satisfactory to the Board Directors. Among the several substantial gifts since opening was a grant by Ford Foundation of \$13,700.00.

The annual election of officers was held and resulted as follows:

Dr. George S. Kittredge, M.D., President

Dr. Homer T. Clay, M.D., Vice-President and President-Elect

Dr. T. R. Haley, M.D., Secretary

Dr. S. E. Adams, M.D., Executive Committeeman

They succeeded the officers of the past year, who were:

Dr. Everett P. Nelson, M.D., President

Dr. R. A. Norton, M.D., Vice-President

Dr. Louis P. Hoyer, Jr., M.D., Secretary

Dr. W. H. Goering, M.D., Executive Committeeman

Personal: Miss Jean Barr, R.N., has again been admitted to the Tacoma General Hospital.

Mrs. Gladys Bergum, R.N., Director of Nursing Services, has returned to the hospital for full time since her illness.

Mrs. Carlson, who has served as Physical Therapist, has resigned, as she and Mr. Carlson are moving to Everett. She is succeeded by Mrs. Patricia King.

Mrs. Marjorie Dickson, Director of Surgery, is on duty again after an absence of one week because of injuries received in an automobile accident.

> "The Mentally Ill Need Your Help . . . Join! Give!"

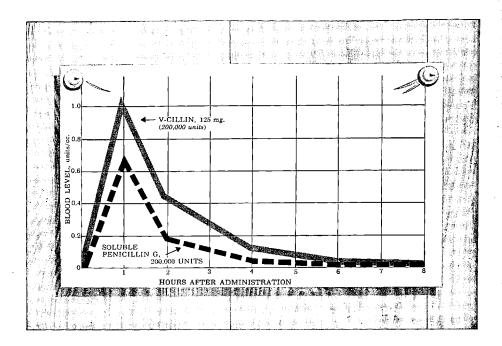
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BULLETIN of the Pierce County Medical Society



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Tacoma Academy of Internal Medicine

The Sixth Annual meeting of the Tacoma Academy of Internal Medicine was held on Saturday, March 10, 1956. There had been some doubt as to whether we could draw as much of a crowd with the subject of Neurology as we had in previous years with some of the more popular subspecialties of internal medicine. The turnout was very good. There was a total registration of 231. This is the second highest (last year for Gastroenterology we had 247). 104 of the registrants were from out of town, the largest share being from Seattle. It was generally agreed that the most rewarding part of the program was the morning session and the question and answer period in the afternoon. In both instances the guest speakers expressed their opinions on specific practical clinical problems.

Dr. Merritt indicated that the anticoagulant therapy should be instituted in those cerebrovascular accidents in which hemorrhage could be ruled out. It would be particularly useful in recurrent thromboses or embolism. The duration that such treatment should be continued is arbitrary. In those cases where there has been recurrent embolism or thrombosis anticoagulants should be continued indefinitely. In his afternoon lecture, Dr. Merritt made a strong plea for the rehabilitation of the "stroke" victim. He emphasized the part played by physical therapy. -G. M. W bitacre, M.D.

Rehabilitation of the Hemiplegic Patient

The Pierce County Unit of the Washington State Heart Association has instituted a program to facilitate the rehabilitation of "stroke cases" confined to the home. There has been a steady increase in the utilization of this program. Most of the patients involved have been definitely improved. Dr. Howard A. Rusk of New York is probably the outstanding authority on rehabilitation in the world today. A short article* written by him on the dynamic approach to the problem of the hemiplegic using rehabilitation technics should be of interest to all.

*International Forum, Vol. 3, No. 11.

One of the most significant disabilities in terms of the number of patients seen by physicians is the patient with hemiplegia, usually the result of brain damage following thrombosis, embolism, hemorrhage, or trauma. There are no definitive statistics available on the number of hemiplegics in the United States, but estimates have been as high as 1,500,000.

Some idea of the magnitude of the problems may be gleaned from the fact that "stroke" is listed as the third major cause of death in the United States, ranking behind only "heart disease" and "cancer." Even so, the majority of patients sustaining a stroke of apoplexy do not die from the initial insult. Instead, they improve to a greater or lesser degree, and often live a number of years despite their residual disabilities.

Unfortunately, in the past the medical attitude toward the hemiplegic has been one of hopelessness and passive acceptance. Such patients in municipal hospitals and chronic disease institutions have always posed serious disposition problems and have crowded the few nursing homes and institutions for custodial care. Usually, they remain in general or chronic hospitals, receiving little or no definitive care or the rehabilitation services that might permit them to leave the hospital or be referred to lessexpensive institutions. In a recent study of 95 unselected "chronic custodial" cases of which 36 were hemiplegics, it was found that only 7 of the 95 were in need of continued hospitalization.

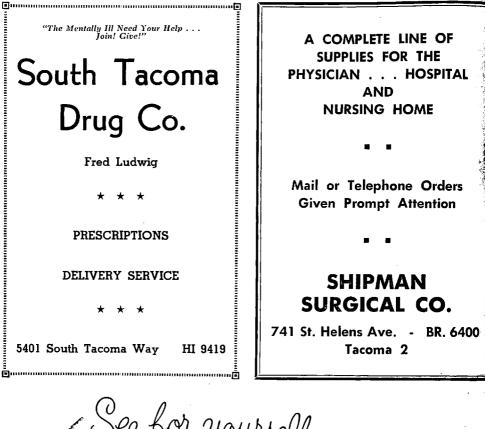
Experience has shown that with a dynamic rehabilitation approach, the hemiplegic is not a lost cause and that 92 per cent of properly selected patients can be taught ambulation, selfcare, and urinary and fecal continence in an average of six to eight weeks. In addition, 30 per cent of these can be taught to do gainful work, usually in fields related to previous work experience. Further evidence of the value of dynamic rehabilitation services has come from a carefully controlled study in which objective quantitative analysis of comparable groups of patients indicated that a retrained group demonstrated over 130 per cent more gain in activities of daily living than did an untrained group. The return of range of joint motion and muscle strength were also more pronounced in the retrained group, although the increments were not as striking as in the activities of daily living.

The objectives of a program of rehabilitation for the hemiplegic patient are (1) to prevent deformities, (2) to treat deformities if they occur, (3) to retrain the patient in ambulation and elevation activities, (4) to teach the patient to perform the activities of daily living and to work with the unaffected arm and hand, (5) to retrain the affected arm and hand to its maximum capacity, and (6) to treat facial paralysis and speech disability if present.

(To be continued next month)

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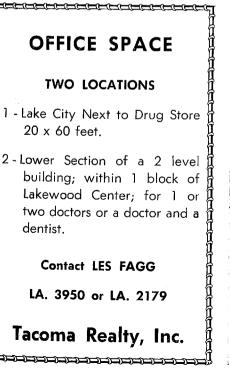
Introducing



Don and Claris Allison really need no introduction, having been in Tacoma now since 1953. They finished University of Washington School of Medicine that year in the same class.

Claris was born and obtained all her schooling in Seattle. She interned at Pierce County Hospital '53-54 and in February '54 married Don. After some residency in January 55 Claris became assistant superintendent at the Pierce County Hospital.

Don was born in Woolsy, South Dakota. He obtained most of his schooling in Southern California. After a 7¹/₂ year tour of duty in the army he worked as a brick layer a few years in Okanogan. Don took two years of pre-med



at the University of Washington and subsequently finished medical school there in '53. After an internship and residency at Pierce County Hospital, in July '55 he became associated with Dr. Doug Murray in orthopaedic surgery.

Don and Claris' interests are sail boating and dogs. Don plans to launch a 24 foot sailboat that he built this summer. They have two boxers as pets.

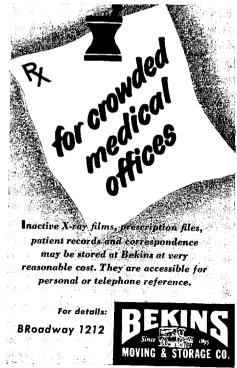
Also they hope to start building this summer, on the peninsula, near the Narrows Bridge.

-W. W. M. Jr.

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REFERENCES: Obesity, The Problem and Treatment: Harry S. Douglas, M.D., Washington, D.C., Western Jl. of Surg., Obs. and Gyn., Volume 59/5 (May, 1951) 238-244, N N R, 1951, p 193. Methamphetamine Hydrochloride U.S.P. Queries and Minor Notes: J.A.M.A., 143/14 (1950) p 1298. ''The Liver in Obesity,'' Samuel Zelman, M.D., Arch. Int. Medicine, 90:137 (1952).





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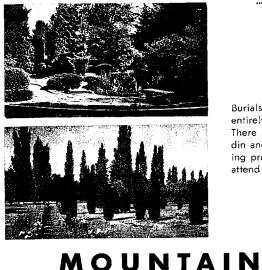
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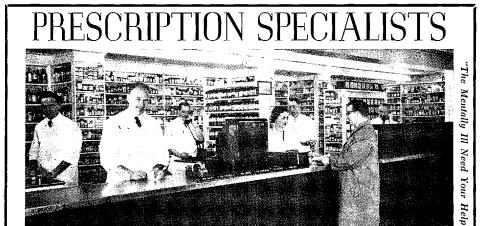
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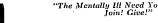
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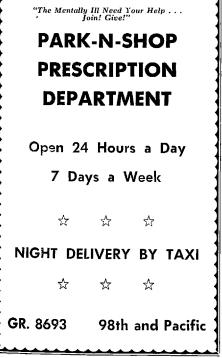
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The Tacoma Surgical Club

28th Annual Meeting—Saturday, May 5, 1956 Presenting John M. Waugh, Professor of Surgery, Mayo Foundation and Robert J. Johnson, Associate Professor of Anatomy, U. of Wash. School of Medicine Morning Session - 9 a.m. - 12:30 Jackson Hall Anatomical dessections Discussion of dessections by Robert J. Johnson Luncheon—Tacoma General Hospital Afternoon Session - 2 p.m. - 5 p.m. Jackson Hall, Tacoma General Hospital Scientific Papers Surgical Treatment of Diverticulitis John M. Waugh **Evening Session** Cocktails 6:00 p.m. - Annual Banquet 7:00 p.m. Crystal Ballroom - Hotel Winthrop Address: Sphincter Conserving Operations in Carcinoma of Rectum John M. Waugh



Portland Surgical Society... Ninth Annual Meeting

Edmund A. Kanar, M.D.

The Portland Surgical Society held its annual meeting on March 9th and 10th in the auditorium of the University of Oregon Medical School. Among the two hundred physicians attending the meeting there were eight surgeons from Seattle and four from Tacoma.

The guest speaker, Dr. O. Theron Clagett of Rochester, Minnesota, briefly discussed the eight papers presented by the members of the Portland Surgical Society. In addition, he discussed the use of the Billroth I procedure for gastroduodenal lesions and outlined the treatment in "curable hypertension." Friday afternoon was devoted to a panel discussion of "obstructive jaundice" while the evening banquet provided Dr. Clagett with the opportunity to discuss "Carcinoma of the Breast." The program was received with spirited enthusiasm by the members and guests. The forthcoming Annual Meeting of the Tacoma Surgical Club was announced by Dr. John F. Higginson, President of the Portland Surgical Society.

A brief resume of the formal scientific presentations may be of interest to the members of the Pierce County Medical Society.

Dr. Clagett reviewed his personal experience with approximately 800 gastric resections. His beliefs regarding the Billroth I procedure can be summarized as follows:

1. When an adequate amount of stomach is resected, the Billroth I procedure affords the same degree of protection against ulcer recurrence as the Billroth II procedure. However, a longer period of follow-up of the Billroth I cases is essential to prove the correctness of this belief.

(To be continued next month)

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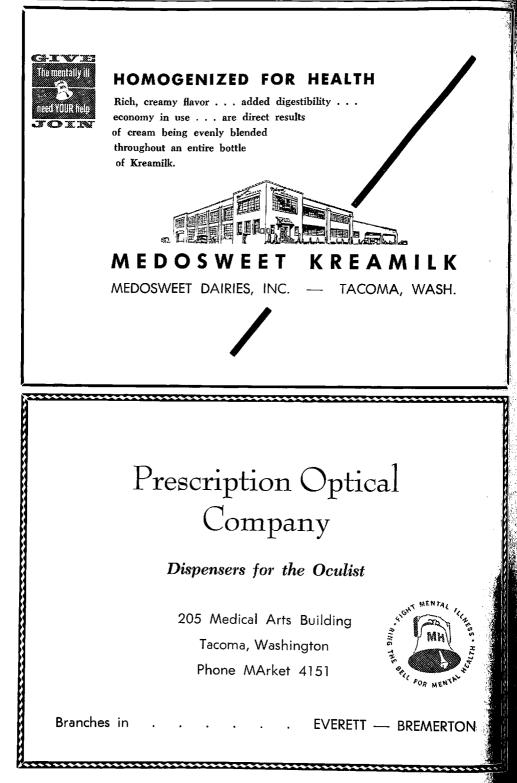
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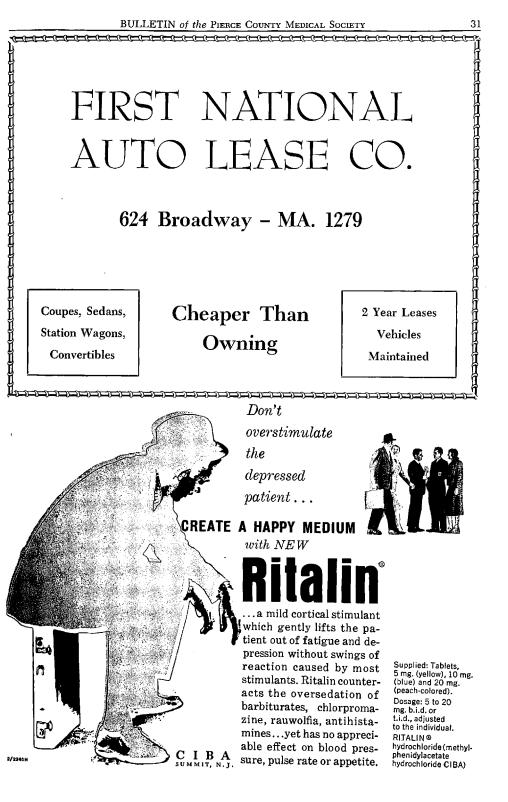
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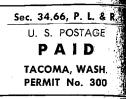
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MONTHLY MEETINGS

- STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—at 6:15 p.m.
- TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club
- SURGICAL SOCIETY Third Tuesday of each month—6:30 p.m. at Tacoma Club
- STAFF OF PIERCE COUNTY Last Monday of each month—6:15 p.m.
- PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the Month—8:15 p.m.
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Monday—12:15 Luncheon Meeting Even Months

The BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

FR AP ANT

VOL. XXVI—No. 9 TACOMA, WASH.

MAY - 1956

Pierce County Medical Society 1956 OFFICERS President ______ Gerald C. Kohl President-Elect ______ Hillis F. Griffin Vice-President ______ Burton A. Brown Secretary-Treasurer ______ Arnold J. Herrmann TRUSTEES TI Burton A. Brown Walter C. Cameron Carlisle Dietrich Philip Grenley Hillis F. Griffin Arnold J. Herrmann Louis P. Hoyer, Jr. Gerald C. Kohl S. Robert Lantiere Glenn G. McBride Fay Morris Nace Warren F. Smith DELEGATES Jesse W. Bowen, Jr. Walter C. Cameron Arnold J. Herrmann Frank R. Maddison Philip Grenley ALIER Louis P. Hoyer, Jr. Cha Murray L. Johnson Will Warren F. Smith ALTERNATE DELEGATES Charles E. Kemp William J. Rosenbladt COMMITTEES Ethies Charles H. Denzler, Chairman Lantiere William H. Goering S. Robert Lantiere Grievance Walter C. Cameron, Chairman rott Jess W. Read Miles Parrott House and Attendance Philip C. Kyle, Chairman wn Mills Lawrence Rodney Brown Glenn G. McBride Library Fay Morris Nace, Chairman Joseph O. Lasby Robert R. Burt Program John J. Bonica, Chairman Carlisle Dietrich Hugh A. Larkin Stanley W. Tuell Rodger Dille Wayne Zimmerman **Public Health** Charles E. Kemp, Chairman Cocil R. Fargher Louis P. Hoyer, Jr. Franz P. Hoskins Merrill J. Wicks Hoskins Public Relations Haskell L. Maier, Chairman Adams Wm. W. Mattson, Jr. Judd Warren F. Smith Samuel E. Adams Herman S. Judd Herman S. Judd Civil Defense Murray Johnson, Chairman Daniel Hunt, Admiral, U. S. Navy, retired Paul E. Bondo Richard B. Link Bobert Brooke James D. Lambing rooke Diabetes Robert E. Lane, Chairman G. Marshall Whitacre Joseph B. Harris Entertainment Jesse W. Bowen, Chairman L. Stanley Durkin Charles P. Larson James M. Mattson Frederick J. Schwind Geriatrics J. Benjamin Robertson, Chairman mith John L. Whitaker Hollis Smith Legislative Douglas P. Buttorff, Chairman Homer W. Humiston Wendell G. Peterson Dumont Staatz Medical Education Committee Lewis A. Hopkins, Chairman d Deming, Sr. Thomas B. Murphy J. Edmund Deming, Sr. Mental Health Committee William H. Todd, Chairman Duerfeldt Harlan P. McNutt Kittredge F. E. Shovlain Treacy H. Duerfeldt George S. Kittredge School Committee School Commune R. A. Norton, Chairman David T. Hellyer Lester S. Baskin Woodard A. Niethanmer Traffic Safety John Theodore Robson, Chairman Don Francis Cummings Robert A. Kallsen Louis M. Rosenbladt

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May

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- ALBERT EHRLICH 6
- 7 RICHARD BARRONIAN STEVENS SANDERSON
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- 20 WILLIAM ROSENBLADT
- 22 MERRILL WICKS
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Roster Changes

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(Continued on Page 19)

NOTICE

Check back page of Bulletin for calenda of special meetings

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PROGRAM-8:15 p.m. Pierce County Medical Society Tuesday, May 8, 1956

"Late Concepts in Handling of Disaster Casualties" Presented by Dr. Charles P. Larson

"One Community's Answer to Civil Defense Emergency Hospital Need"

Presented by Dr. Donald McKay

0 0 0

Motion Picture

7:30 p.m.

"The Cardiac Patient in Stress:

Work, Surgery, Pregnancy

On film, Grand Rounds with Dr. Paul Dudley White, Dr. C. Sidney Burwell, Dr. Benjamin Etsten Tufts, Dr. Samuel A. Levine, Dr. Merrill C. Sosman, Dr. Samuel Proger.

Color Sound 45 minutes



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You can't take your money and other worldly effects with you . . . and more importantly, you can't leave them *all* behind! You can, however, leave *more* behind if you leave your wife and family protected by a *will*.

Both the federal and state governments will want part of what you have accumulated. This will be affected to some extent by the provisions of your will.

A man is more responsible to his wife and family after he leaves this world than he was to the girl he married. She may be a widow ten, twenty or forty years. She has to make insurance money and other assets stretch farther, and is more likely to have a home to pay for and a family to raise. No matter how little he has to leave, a man has the obligation to dispose of his worldly goods by means of a will for the protection of his wife and family. It is the widow of modest means who most needs the help of a will. A will does many things. It provides the greatest economy in settling his affairs. It leaves more for his wife and family—it gives protection.

Special attention should be given to naming a bank as executor, solely or jointly with your wife and/or others. A bank's trust department acts as a business manager for estates. Its experience adds much to the conservation of resources. And it is timeless and permanent.

Yes, every man should have a will. See an attorney now. You'll find a newly discovered peace of mind.

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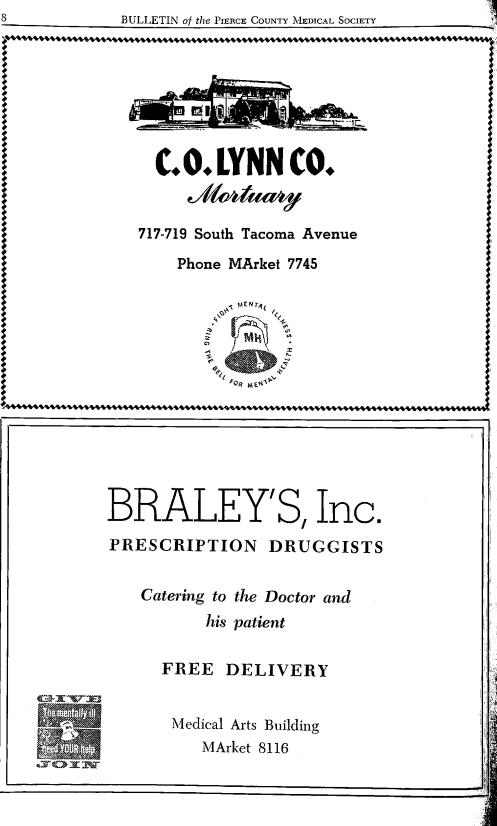
EDITORIALLY SPEAKING ...

Tacoma's Intern training program is really something to be proud of. That Tacoma General Hospital, St. Joseph's Hospital and Pierce County Hospital all obtained their quota (or 9,6, and 11 interns respectively) is by no means accidental or a stroke of luck.

Presently there are approximately 6,000 graduates for 12,000 available internships. Another problem that local intern committee chairmen had to contend with was the implication at many schools that University or public hospitals furnished the only good type internship.

Credit is largely due to Herm Judd, Bill Hauser and Claris Allison for all the follow through with correspondence and applications, and most importantly—arranging good teaching programs. When the individual practicing physician cooperates in the teaching program by attending conferences, and making the intern a necessary member of the team treating the patient, all parties benefit. The intern corresponds with his friends at Medical school — recommending the teaching program and many more applications are received. This was strikingly proven this year in that two of our hospitals have five interns coming from one medical school next year. Let's not rest on our laurels. Everybody keep plugging to keep this program going.

WILLIAM W. MATTSON, JR., M. D.



BULLETIN of the Pierce County Medical Society

HOSPITALS ...

St. Joseph's

Seems so good to have Pauline Lamonk (Carlson) back at work in the laboratory. Pauline was one of our early students (we're not trying to give your age, Pauline) who went to Cayugas in California to operate a big sheep ranch. Her many friends around the hospiral all welcome her back.

Congratulations to Dolores Herbert, who was elected President of the Tacoma Chapter Washington State Society of Medical Technologists at their last meeting. She will serve in this important office for the coming year.

The annual Medical Technologists state seminar will be held this year at Richland on the second week-end in May. A delegation of some 30 members from this area will attend.

Recovering from surgery, which took place last month, is June Bendick. She is back on the job and doing nicely.

The plane accident of the Northwest Orient Airline on Puget Sound Bay, April 2nd brought us some language difficulties. Among the 32 rescued passengers, there was a Chinese family of four children and a seven month pregnant mother from Hong Kong who could not speak a word of English. The mother, Mrs. Ng was a patient on Second Floor, suffering a fractured ankle, later she was transferred to Maternity. The children were in Mary Bridge at first, then two daughters came to Pediatrics. With the help of Miss Chen, our Pediatrics head nurse, originally from Peiping, China, we got along quite well.

Mrs. Gretchen Millie, formerly with C.S.R. and O.B. before her marriage, presented Mr. Christensen from the Maintenance Dept. with a grandson, born February 21st.

Our painter, carpenter and the maintenance crew are continuing with the program of remodernization. New wiring has been installed in Pediatrics and the 1st floor south wing. The painter has been jumping between 2nd and 3rd as rooms became vacant. Our next big job is to redecorate the laundry and also install a new vent hood over the mangle.

The St. Joseph Hospital Alumni meeting was held on the 11th in the Nurse's Home. Plans are being made for the banquet in honor of the graduate nurses of this year.

Miss June Bendick from the Lab Dept. was a recent patient but got to go home for Easter without her appendix.

Miss Bordman and Miss Charleson, student

nurses, have been doing work as assistants to the desk nurse. It is good to see the students back on the floor after their long absence.

April was convention month for Western Hospitals. Seattle was host for the Spring meeting which was held the week of April 23rd. On Sunday, April 22nd many of our sisters attended the Western Catholic Hospital Convention which was held at Providence Hospital. A solemn Pontifical Mass at the Cathedral opened the meeting.

Dr. Medved had his turn in the hospital last week. Although three of the interns were on Surgery floor, Dr. Medved has tried Medical.

O.B. reports the birth of a baby boy on April 14th to Dr. and Mrs. Vimont, and on April 20, a girl to Dr. and Mrs. Shay. Congratulations.

Vacations have started and who could blame anyone for not taking advantage of this glorious weather. Dr. Baskin and his wife are on their way to Europe. Drs. Pratt and Hugh Kohler have been flying over the U.S., must be hard to stay on the ground.

Mary Bridge Children's

The hospital observed its first year of service with an anniversary birthday party.

One of the special features was the unveiling of the Mary Bridge and the W. R. Rust portraits, now hanging in the hospital lobby.

The address was given by Mr. Leo Teats, President of the Board of Directors. He gave a clear and interesting history of the A. W. Bridge, M.D., gift for the hospital building, honoring his mother, Mary Bridge, and of W. R. Rust and his gift, placed in trust, the income of which goes for free work and operating expenses of the hospital.

Also, in connection with the first year anniversary, the Board of Directors of the hospital gave a tea honoring women volunteers for services for the past year. Mrs. A. W. Taylor, Chairman of the volunteers, reported that the total number of hours contributed with 7,188, which averages 239 hours per month. Mrs. Max Krause set up a diagram with names of volunteers, hours served, etc., now on display in the main lobby. The large birthday cake was cut by two patients in the hospital, Susan Oliver and Richard Robinson.

Hospital Record: Total patients for the hospital for the first year were 1,644; total number of patient days, 7,642; total number of surgeries, 738; 301 patients came from com-

(Continued on Page 11)

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(Continued from Page 9)

munities outside of Tacoma; 5 children from an airplane wreck were cared for here.

Financial Situation: Finances for the first year were quite satisfactory to the Board of Directors. The actual free work was approximately \$25,000. Income from Guilds, Rust Trust, Tenzler Foundation, and private patients, enable the hospital to balance its operation income and expense accounts.

Future Plans: On account of the crowded condition at times, the Directors have appointed a committee to make a study of needs and process for completion of the third floor. The Ford Foundation allocation of \$13,700 will be used for this purpose.

The maharajah of an interior Indian province decreed that no wild animals could be killed. Soon the country was overrun by maneating tigers, lions, panthers and boars. The people could stand it no longer and gave the maharajah the heave-ho. And this was the first instance on record where the reign was called on account of game.

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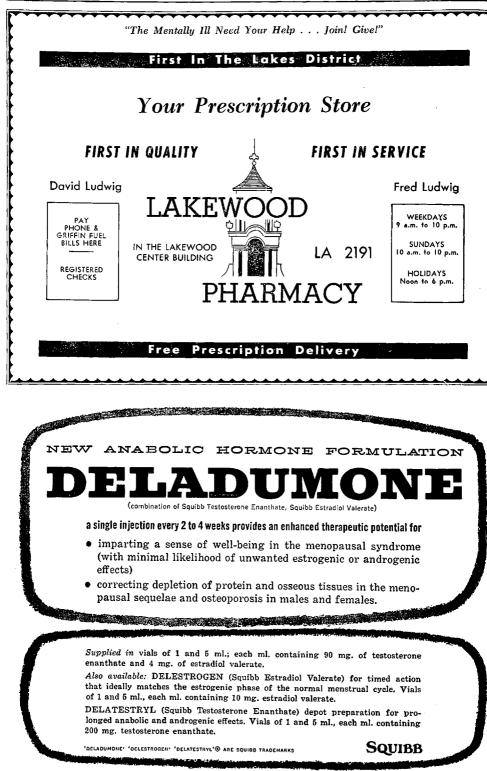
The University-Union Club will be the setting for the May luncheon meeting of the Auxiliary, which will feature the installation of officers for the forthcoming year.

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A.M.A. Council on Scientific Assembly Visits Seattle

Doctors attending A.M.A.'s 1956 Clinical Session in Seattle, November 27-30, will find the meeting one of the best in interim session history. This was the consensus as members of the A.M.A. Council on Scientific Assembly visited the host city March 12 and 13 to confer with the general committee in charge of arrangements and inspect facilities.

Enthusiasm mounted as General Chairman M. Shelby Jared of Seattle and members of his committee outlined plans for a scientific program second to none and gave assurance that those attending will find the hospitality of Seattle and the Pacific Northwest unsurpassed.

The visiting delegation, headed by Alphonse McMahon of St. Louis, chairman of the Council on Scientific Assembly, complimented the local committee on the progress being made in planning, and expressed confidence that the meeting will be an outstanding success.

Members of the general committee making reports to the Council, in addition to Dr. Jared, were Hale Haven, scientific program chairman; F. A. Tucker, television chairman; Wilbur E. Watson, housing and transportation chairman, and Eric R. Sanderson, publicity chairman. As an indication of the interest in the Clinical Session, Dr. Haven reported that close to 100 Northwest doctors have already indicated a desire to contribute to the program. He said, however, that while physicians in this area are being extended a special invitation to submit scientific papers, the committee expects to obtain outstanding speakers from other parts of the country as well.

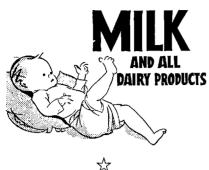
As a promotional event to attract doctors from throughout the United States to Seattle for the November meeting, the Washington State Medical Association will sponsor a hospitality room at the A.M.A. Annual Convention in Chicago next June, Dr. Jared said.

Members of the Council on Scientific Assembly visiting Seattle with Dr. McMahon were Carl A. Lincke, Carrollton, Ohio; Samuel P. Newman, Denver; Charles H. Phifer, Chicago; Henry R. Viets, Boston, and Thomas G. Hull (Ph.D.), Chicago, secretary.

Accompanying the Council delegation were Mr. George B. Larson, assistant director, A.M.A. Bureau of Exhibits, Mr. Ralph P. Greer, secretary, A.M.A. Committee on Medical Motion Pictures; Mr. Robert Lyon, assistant business manager of A.M.A.; Miss Frances Nyberg, staff secretary, and Mr. Lewis Lang, Smith Kline & French Laboratories, Philadelphia.



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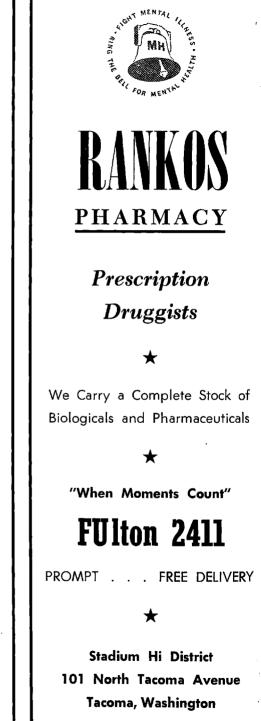


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Tacoma Academy of Internal Medicine

(Continued from Last Issue)

The spastic hemiplegic patient, when lying in bed, holds the upper extremity in abduction and internal rotation, with the elbow, wrist, and fingers of the affected part in a flexed position. The affected lower extremity is usually flexed and abducted at the hip joint; the knee is flexed and the ankle is plantar flexed and supinated.

If treatment is started within a few days following the cerebrovascular accident, there is no need for any special procedures to protect the affected limbs. If, however, the patient must remain in bed for a period of time, procedures must be instituted to prevent deformities.

A posterior ankle splint is used to prevent shortening of the heel cord. A pillow in the axilla will prevent abduction and internal rotation of the shoulder joint, a frequent residual deformity in hemiplegia. Passive movements of the arm in abduction, external rotation, and in the overhead position should be performed several times a day to prevent a "frozen shoulder."

The principal deformities that may occur are a "frozen shoulder" and short heel cord. The use of heat and massage to the arm and shoulder are of value in preparing the part for stretching. Passive movements of the shoulder are useful in increasing the range of motion.

The use of pulley therapy to prevent shoulder ankylosis will also aid in the development of reciprocal patterns in the upper extremities. This can easily be managed with the use of a modification of an overhead frame, a "window" pulley, and a length of clothesline. Experience has shown that the relative return of function in the affected arm is usually less than in the involved leg. The reasons for this, however, remain obscure. Accordingly, emphasis should be placed as early as possible on the use of the unaffected arm; this is especially true of the relatively young patient. In addition, a triangular arm sling should be used to elevate the affected arm. This is of aid in minimizing localized edema, which frequently supervenes in the extremity, and in preventing shoulder subluxation.

A short heel cord seldom requires operative procedures. The heel cord can usually be lengthened by means of stretching and a short leg brace with a 90 to 110 degree stop at the ankle to maintain the gains made by stretching and ambulation.

Flexion and extension movements at the hip and knee can usually be performed by the spastic hemiplegic subject who is started on early ambulation. When, however, the hip and knee are flexed, as in walking, the foot dorsiflexes and supinates. The parient is usually afraid to place the supinated foot on the floor because of the danger of injuring the ankle or falling. To prevent this foot movement, he walks with a fixed knee joint and circumducts the lower extremity. This is a slow, awkward gait, and, if used for a period of time, the patient will develop a pattern of walking that will be cumbersome, fatiguing, and difficult to correct.

A double bar, short leg brace with a stirrup attachment, 90 degree ankle stop and a supinator "T" strap should be prescribed to prevent plantar flexions and supination of the foot and give the patient confidence so that he will flex his knee and hip. With the brace, and a cane in the unaffected hand for balance, most hemiplegics soon learn to walk unassisted.

As a return of function in the affected upper extremity cannot usually be expected for a long period of time, if ever it does return, it is essential to teach the patient to care for his daily needs with his *unaffected arm*.

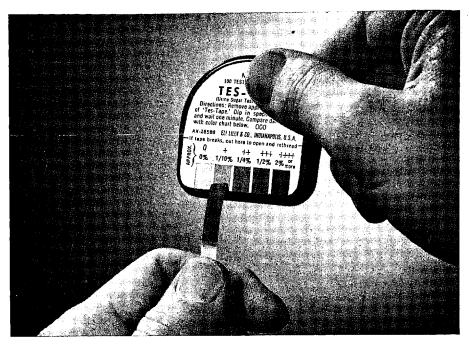
A right hemiplegia in a right-handed person is a serious disability because of the sensory and motor aphasia and the lack of skill in the left hand to perform the activities essential for daily living. The training of the left hand should be started early, as the patient must become left-handed if he ever hopes to care for his daily needs. Simple tasks in eating and dressing should be started. Left-hand writing must be practiced as this is an important means of communication, especially when speech is affected.

Training of the affected arm is started while the patient is developing one-handed skills with the unaffected arm. If the arm is flaccid, a reeducation program similar to that used in poliomyelitis should be started. Many of these patients have a complete return of function if the muscle re-education is given carefully over a long period of time.

The fingers of the spastic hemiplegic patient are most difficult to re-educate for any useful purpose. If adequate function is attained, it will take a great deal of time and concentrated effort by the patient.

In the rehabilitation of the hemiplegic, it is readily apparent that numerous factors will determine the degree of results obtained in ability to perform the activities of daily living. Some patients will achieve a surprising degree of recovery of function; others will be left with varying degrees of permanent residual disability. Even with these latter patients, however, much can be done with the use of simple mechanical devices that will enable the patient

(Continued on Page 19)



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(Continued from Page 17)

to perform many acts of daily living either independently or with a minimum of assistance from another person. Such devices should be used only when necessary, and before a device is given to a patient, retraining in the activity should be attempted.

One of the most difficult problems in the management of the hemiplegic is the problem of aphasia. It is extremely important for the physician to explain both to the patient and to his family what aphasia is and why the patient is unable to speak. This should be done as soon as the patient has recovered consciousness and aphasia is noted in order that his fear of "losing his mind" may be allayed; he can be told factually and honestly that there is no specific medical therapy for aphasia, and can be impressed with the necessity for retraining.

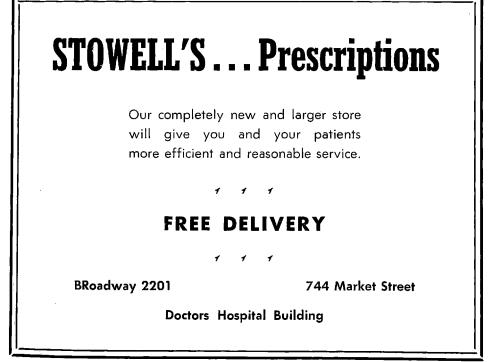
Hemiplegia presents one of the most challenging problems in medicine today, both in total numbers and therapeutic complexities. With a dynamic approach to the problem of the hemiplegic, using rehabilitation technics that have been developed to meet the total needs of the individual, much can be offered to these severely disabled patients, and most can be trained so that they achieve lives of self-sufficiency and usefulness.

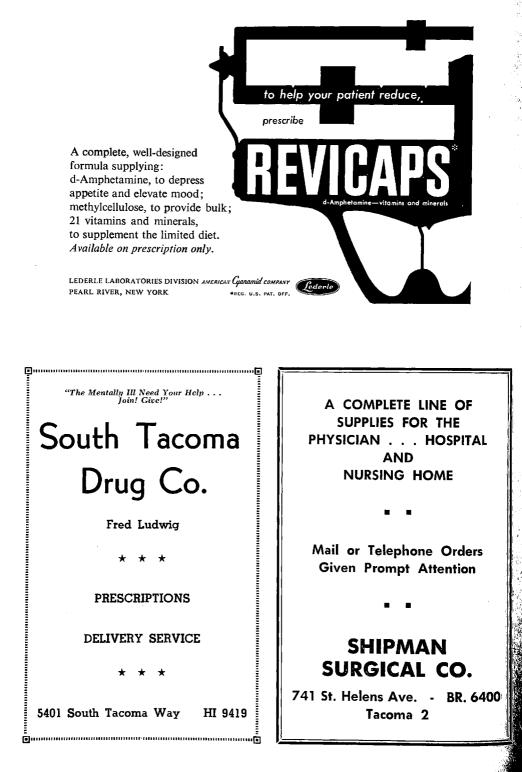
Roster Changes

(Continued from Page 2)

(Continued from Fage 2)	
BANFIELD, ERNEST E.	
Plastic and Reconst. Surgery—Thurs. afternoon Office, 1002 South 10th	0101
Home, 1202 Ventura	2191
	2009
BROWN, BURTON A.	
General Surgery and Diagnosis-	
Wednesday and Saturday afternoon	
Office, Puget Sound Medical Bldg., So. 4th & K BR	5281
Home, 3101 North 30th Street PR	2621
DURKIN, L. STANLEY	
Neurosurgery—Wednesday	
Office, 1002 South 10th BR	1255
Office, 1002 South 10th BR Home, 915 North Park Drive BR	0493
GROSS, KENNETH E.	
Radiology—Tuesday	
Office, No. 15, Tacoma Medical Center	5959
Home, 2901 North 29th	0003
-	
HARRELSON, ORVIS A.	
General PracticeWednesday	0102
Office, 1035 Medical Arts Building BR Home, 4839 North 8th	1010
	1010
KOHL, GERALD C.	
Obstetrics, Gynecology and Surgery—	
Thursday and Saturday p.m.	
Office, Puget Sound Medical Building BR	4251
Home, 602 North Tacoma Avenue BR	1041
KYLE, PHILIP C.	
Obstetrics—Thursday and Saturday	
Office, Puget Sound Medical Bldg., So. 4th & K MA	1561
Home, 701 North Yakima Avenue BR	2009
MOBERG, THOMAS D.	
Radiology-Tuesday	
Radiology—Tuesday Office, No. 32, Tacoma Medical Center BR	3157
522 Medical Arts Building BR	3157
Home, 6864 No. 11th PR	5232
STAATZ, DUMONI	
Orthopaedic Surgery—Wednesday	
Office, 919 South 9th MA	7143
Orthopaedic Surgery—Wednesday Office, 919 South 9th	9366
For Roster Changes, Call the Medical Society - MA.	2020
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Portland Surgical Society ... Ninth Annual Meeting

2. The Billroth I operation is easier and considerable faster than the Billroth II operation in those cases where the duodenum is relatively uninvolved. In large, posterior, penetrating duodenal ulcers, the advantages of the Billroth I procedure are lost and he prefers the Billroth II procedure under those circumstances —both for technical ease and safety to the patient.

3. The Billroth I operation is distinctly superior from a physiologic point. This has been confirmed by extensive experimental and clinical observations.

4. An adequate resection can be satisfactorily accomplished with either the Billroth I or II operations.

5. The Billroth I procedure is the operation of choice for gastric peptic lesions, selected duodenal ulcers, and most malignant lesions of the stomach. However, the Billroth II operation is preferred for most duodenal ulcers and for those malignant lesions which involve the duodenal region.

6. Stomal obstruction, duodenal stump leakage, and anastomotic leaks are not factors which govern the selection of the type of anastomosis used after gastric resection.

7. The advantages of the Bilroth I operation are not overwhelming and the choice of operation should be determined chiefly by the nature of the lesion and anatomy present in the individual patient.

Dr. H. N. Harkins of Seattle was invited to comment upon Dr. Clagett's discussion. Dr. Harkins concurred with Dr. Clagett in every particular and emphasized the need for sound appraisal of the local lesion prior to using the Billroth I operation.

The four clinical entities grouped under "curable Hypertension" by Dr. Clagett included Pheochromocytoma, Cushing's Disease, Obstructive Uropatheis, and Coarctation of the Aorta.

1. Pheochromocytoma. The histamine test is the most reliable provacative test but must be used with extreme caution, if at all, in those patients with sustained hypertension. The Regetive test appears most reliable in reducing the hypertension in the presence of a pheochromocytoma. Sixty-one cases have been operated upon at the Mayo Clinic, 14 of them being in the past year. 10% of the cases had bilateral tumors, 10% of the tumors were malignant. Twelve (20%) of the patients with pheochromocytoma also had diabetes and cholecystic disease. 2. Cushing's Disease. Fifty cases have been treated with six post-operative deaths. However, there has been only one death among the cases treated with cortisone after operation. Where adrenal hyperplasia was present, a 90-95% adrenalectomy was done in most such cases. The post-operative management is less difficult, however, in those cases with total adrenalectomy and more such operations are being done.

3. Obstructive Uropathies. This etiologic factor is very prevalent among patients with hypertension. Frequently, the relief of partial urinary obstruction due to benign prostatic hypertrophy results in cure or alleviation of the hypertension. Certainly more obvious obstructive lesions should receive prompt treatment.

4. Coarctation of the Aorta. This is a curable lesion in most instances and the only effective treatment is resection of the narrowed aortic segment. In selected cases, a graft may be necessary to bridge a gap where a long segment of aorta is resected. 124 cases of coarctation have been operated upon without a death. 75% of the cases had excellent results and 10%of the patients failed to show a satisfactory relief of their hypertension. No patient with coarctation should be denied the choice of operative treatment.

"Carcinoma of the Breast" was discussed by Dr. Clagett in a beautifully organized presentation ranging from the problem of detecting breast cancer to the palliative treatment of recurrent or metastatic lesions. The classical radical mastectomy with postoperative X-ray appears to be the most satisfactory and reasonable mode of treatment on the basis of postoperative morbidity, mortality, "survival rates" and recurrence of carcinoma. While not advocating simple mastectomy with X-ray treatment for breast cancer, he favored this means of treatment over the super-radical type of breast resection which includes extensive supraclavicular, internal mammary and mediastinal lymph node dissections. Some of the technical details in the operative technique and postoperative management were described. The use of palliative operations (including oophorectomy, adrenalectomy, and pituitary hypophysectomy) for recurrent carcinoma merit consideration in selected cases but no general enthusiasm was expressed for any of these procedures.

The papers presented by the members of the Portland Surgical Society were in general excellent but unfortunately space limitations do not permit even a brief review of the material presented.

—Edmund A. Kanar, M.D.



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Niacinamide			•		• •		• •		•			• •					.10.0	mg.
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Folic Acid			• •			•		•				• •	•			•	0.0	3 mg.
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Ascorbic Acid	••																.25	mg.
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Iron		•		•		•		•									2.5	mg.
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REFERENCES: Obesity, The Problem and Treatment: Harry S. Douglas, M.D., Washington, D.C., Western JI. of Surg., Obs. and Gyn., Volume 59/5 (May, 1951) 238-244, N N R, 1951, p 193. Methamphetamine Hydrochloride U.S.P. Queries and Minor Notes: J.A.M.A., 143/14 (1950) p 1298. "The Liver in Obesity," Samuel Zelman, M.D., Arch. Int. Medicine, 90:137 (1952).

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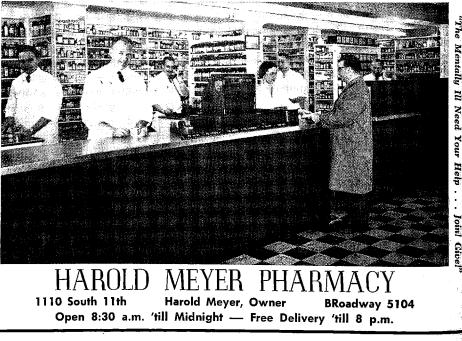
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PRESCRIPTION SPECIALISTS



Lien Law

For the information of hospital business office managers new to the state and to refresh the memories of others, we are reprinting herewith a good summary of the law by Dr. Alfred O. Adams, Spokane surgeon and a state representative. Following Dr. Adams' statement there is a statement by our legal counsel, Mr. Stedman, covering additional points of the Lien Law.

"About 1937, the Washington State Legislature passed what is known as the Physicians', Hospitals' and Nurses' Lien Law. The complete text of this law was published in the Spokane County Medical Society Bulletin in June 1947. If utilized, this law will be found to be of considerable help in collecting accounts.

"Briefly, the essential points of this law are as follows: It pertains to services rendered 'any person who has received a traumatic injury' except 'those cases coming under the Workmen's Compensation Act'. Within 20 days of the time of the accident or at any time prior to settlement of the patient's claim against the party responsible for the accident, the physician, hospital or nurse may file a lien with the County Auditor, the lien to be filed in the county where the service has been rendered. Forms for this purpose can be obtained from various sources. They can be sent to the County Auditor by mail if the fee of \$1.25 is enclosed. The lien will be properly marked by the Auditor, recorded and then returned.

It is not necessary to notify any of the parties concerned, even the patient, although it may be at times advisable to do so. At the time of the filing of the lien it is not necessary to state the exact amount of the bill.

"This protects the physicians', hospitals' and nurses' bills up to a total of the liens filed equivalent to 25% of the total settlement of the claim for injury. This does not mean that the bills must total 25% but any additional over and above this amount must be collected from the patient and cannot be considered as protected by this lien.

"Where a lien has been filed, it is necessary for the parties making a settlement to pay the bills covered by the liens, and if they do not, the physician, hospital or nurse then has a claim against the parties making the settlement rather than against the patient. Insurance adjusters and attorneys are very careful to check the court records to see whether or not a lien has been filed before a settlement is made. Therefore, oftentimes it is a courtesy to notify the adjustor or attorney that a lien has been filed.

"After the account has been paid, the physician, hospital or nurse should release the lien and this can be done in one of two ways. The first is to personally appear at the Auditor's Office and sign a marginal release in the book where the lien has been recorded. For this there is a fee of \$.50. The second is to complete a second form: "Satisfaction of Lien" and send it to the County Auditor's Office with a fee of \$1.25."

-Alfred O. Adams, M.D.

The Lien Law is found in Chapter 60.44 of the Revised Code of Washington. It provides that a lien shall be filed within 20 days after the date of the injury or prior to settlement. Under this provision, even though the one responsible for the accident or the insurer should make settlement with the injured individual within the 20-day period, such third person would be responsible to the doctor, nurse or hospital filing the lien to the extent of 25 per cent of the amount of the settlement.

This 25 per cent covers all such services and if payment has been made to any one of them to the extent of 25 per cent, then there would be no further liability under this statute.

Sec. 60.44.060 provides that the lien may be enforced by suit within one year after the filing of the lien. In this connection, it is appropriate that if the claim of the hospital has not been paid within one year after the date of filing, it would be appropriate to refile the lien and thereby comply with the statute and extend the lien.

> -L. L. Stedman, Legal Counsel, Washington State Hospital Ass'n.

July 20th, 1956

Fishing Derby Chairman..Dr. Charles P. Larson Golf Tournament Chairmen.....

.....Dr. James Mattson and Dr. Fred Schwind

The Medical Society was saddened to learn that George E. Jackson, of the Doctors' and Dentists' Telephone exchange, passed away March 13, 1955. Mr. Jackson is survived by his wife, Hazel and a son, George E. Jackson, Jr.

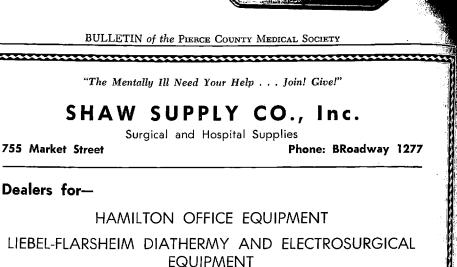
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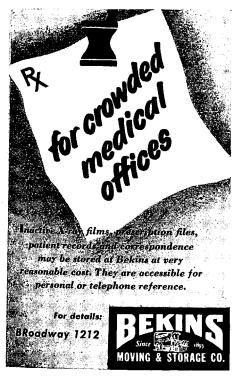
Introducing



Dr. Nathan Thal

Nathan was born in Lithuania in 1923 and came to Vancouver, B.C., at two years of age. He received his elementary schooling in Vancouver and then moved to Bellingham where he had one year in the School of Education at Western Washington College of Teaching. Thence he went on to the University of Washington where he finished in 1945, and Johns Hopkins Medical School which he completed in 1949.

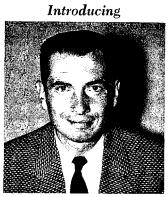
Nathan took his internship at Mt. Sinai, Baltimore. Further training includes a one year



fellowship in psychiatry at the University of Washington with Dr. Rushmore, a six month medical residency in Beacon Hill Veterans Administration Hospital and two years psychiatric residency at Western State. Subsequently he has spent two years on the staff at Western State Hospital.

Dr. Thal has written several papers on psychiatry and neuro-psychiatry.

His main interests are the theatre, concerts and ballet—also he is a "Hi Fi" enthusiast.



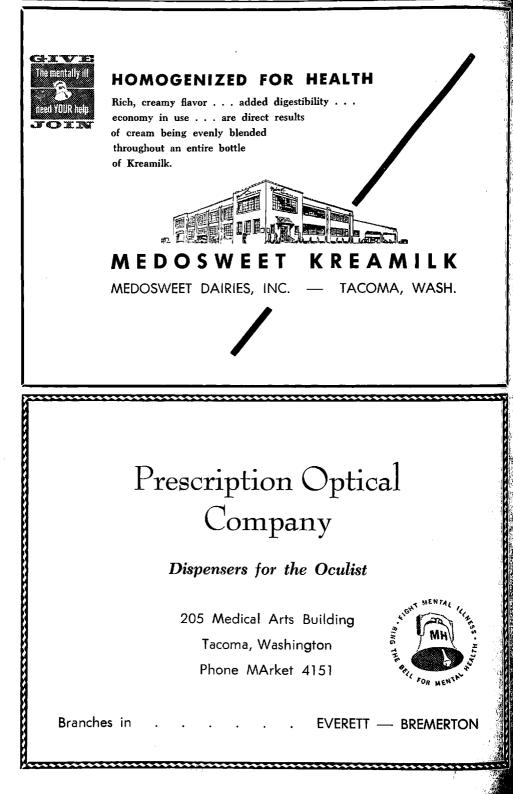
Dr. Orvis A. Harrelson

Orv was born in Rutherford, N.C., May 8, 1927. He came to Tacoma at 3 years of age and went through the elementary schools here meeting his wife, Bev, at Stadium High School. After a year in the navy Orv went to the University of Washington where he finished in 1949. From Washington he went to Washington University at St. Louis, graduating in '53. After one year in internship and one year surgical residency at Highland Alemeda County Hospital in Oakland he came to Tacoma in July of 1955 to be associated with Dr. Woodie Niethammer.

Orv has a wife Bev—(a graduate of Tacoma General Hospital School of Nursing) and a two year old son David. His main hobbies are golf and keeping up their yard.

> Pfizer Golf Tournament Date Thursday, May 10, 1956







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Dr. Munger Announces Annual Meeting Speakers

Dr. Dwight H. Murray of Napa, California, President-elect of the American Medical Association, has accepted an invitation to be a speaker on the Washington State Medical Association's convention program on Sept. 18.

Dr. Murray, who will take over the A.M.A. presidency in Chicago next June, will speak on the same program during which Dr. I. C. Munger, Jr., of Vancouver, Wash., will deliver his presidential address. Dr. Murray's topic has not yet been announced.

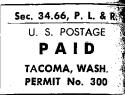
Another speakers' program announced by President Munger is that scheduled for the Public Relations Luncheon, September 19. It is being prepared by Dr. Lafe Ludwig of Los Angeles, who is a member of the A.M.A.'s Legislative Committee.

Dr. Ludwig will be chairman of a panel consisting of Mr. C. Joseph Stetler, Director of the A.M.A.'s Legal Department, and Mr. R. G. Van Buskirk, a member of Mr. Stetlers staff.

Each panel member will spend 15 or 20 minutes on various functions of the A.M.A.'s Washington, D. C., office, and a review of the national political and legislative activities.

After panel members conclude their program, audience participation in a free discussion will be solicited.

Dr. A. O. Adams of Spokane, a State Legislative representative, will introduce panel members. Pierce County Medical Society Medical Arts Building Tacoma 2, Washington





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MONTHLY MEETINGS

- STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—at 6:15 p.m.
- TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club
- SURGICAL SOCIETY Third Tuesday of each month—6:30 p.m. at Tacoma Club
- STAFF OF PIERCE COUNTY Last Monday of each month-6:15 p.m.
- PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the Month-8:15 p.m.
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Monday—12:15 Luncheon Meeting Even Months

The BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

VOL. XXVI-No. 10 TACOMA, WASH

JUNE - 1956

Pierce County Medical Society

1956

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Happy Birthday

12

NS.

June

- 2 TREACY DUERFELDT
- 5 HELEN SMITH
 - JAMES VADHEIM
- 7 JOSEPH HARRIS
- 8 JACK ERICKSON
- 10 HAROLD LUEKEN
- 15 MILES PARROTT GEORGE TANBARA
- 21 JACK LEE
- 28 STAN DURKIN MILLS LAWRENCE HERBERT MEIER

Roster Changes

COMFORT, JOHN F.	
General Practice—Friday Office, 3505 South 58thHI Home, 6363 111th S.WLA	3256 2427
KASS, MYRON Neurology and Psychiatry—Weds. & Sat. p. m. Office, 1427 Medical Arts Bldg	6126 ⁴ 2311
SMITH, WARREN F. SurgeryThursday and Saturday Office, 1412 Medical Arts Bldg	1643i 2432
VADHEIM, JAMES L. General Surgery—Tuesday and Saturday Office, 543 Medical Arts Bldg	2796 1195
WARD, JAMES F. Ophthalmology—Thursday Office, No. 9A, Tacoma Medical CenterBR Home, 622 North 4thBR	2666 2688

Pierce County Medical Society

DOES NOT MEET

During the months of

June, July and August

NOTICE

Check back page of Bulletin for calendar of special meetings

WHAT IS THE DIFFERENCE BETWEEN A TRANQUILIZER AND A SEDATIVE?

Comparison of the effect of Raudixin (tranquilizer) and a barbiturate (sedative) on the cortical electroencephalogram

with a some for the source with the source of the source o

No drug.

After Raudixin. E.E.G. not altered.

Mr. MMM. Margar Marg

After barbiturate. Typical "spindling" effect.

Because barbiturates and other sedatives depress the cerebral cortex, the sedation achieved is accompanied by a reduction in mental alertness.

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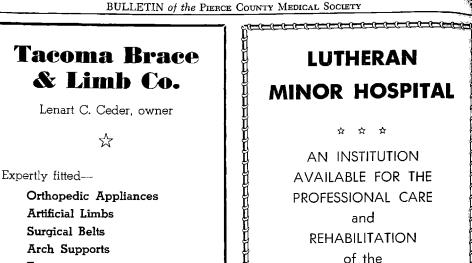


DOSAGE: 100 mg. b.i.d. initially; may be adjusted within a range of 50 mg. to 500 mg. daily. Most patients can be adequately maintained on 100 mg. to 200 mg. per day.

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EDITORIALLY SPEAKING ...

THE SOCIAL SECURITY POLL

The results of the recent Washington State Social Security Poll as noted in the letter from the state society (printed in this issue of the Bulletin) show a surprising better than 3/2 majority of the doctors for social security extension to include the medical profession. A significant 13.82% of this group favored a compulsory form.

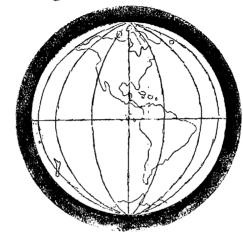
These findings are most interesting and probably significant in light of recent trends. For example in the February issue of the "King County Society Bulletin" Dr. Eric Sanderson wrote of the impression gained at their symposium on "Would Social Security Benefit the Doc⁺or in His Profession":

"The forces in favor were dealing in *facts and figures* which made good sense. The opposition dealt more in *generalities and in alarmist philosophy*, and they may well be right."

In a similar fashion a recent American Bar Association poll revealed a group of lawyers in favor of inclusion. The crux of the problem would seem to hinge on the phrases "facts and figures" and "generalities and alarmist philosophy". Could the various interested groups—insurance companies, ABA or AMA—do some research so as to present some facts and figures to substantiate such statements to the effect our grand children are going to be paying for our social security?

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In Appreciation

Nearly forty years ago, in Pierce County an unusual child was born. This particular situation had been for months the subject of much discussion by many physicians whose solemn pronouncements and certainities of prognosis ranged through the entire medical gamut. Fortunately the attending staff was a compact unit in consistently presenting a brave front during their frequent consultations, even though doubts were plenty and serious whenever they ventured into speculation as to the future of this desired new comer.

Then as now, "time marches on", and in due course the child arrived. The mother's name could have been Medical Care and that of the father "Group Contracts". It was therefore proper and fitting that this offspring, who for the first time in these United States represented a program of contract practice by a majority group in a county medical society, should carry on his young shoulders the name of Pierce County Medical and Surgical Service Bureau. This new and adventuring project did not meet with immediate general acceptance or cooperation, both outside and within our medical society. Several physicians serving as Bureau presidents tried to give the plan guidance but new ideas are seldom accepted without the addition of a liberal amount of educational effort.

In spite of difficulties the Medical Bureau grew and twenty-six years ago a full time lay manager was secured. His office space was modest, furnished with a roll-top desk, two chairs, a filing cabinet and a telephone; with his compensation probably as limited as was his office. However there were no limitations in the new manager's boundless enthusiasm and in his determination to meet the ever increasing responsibilities of problems and opportunities involved in the furnishing of prepaid medical care. With a full time manager, acceptance of the Medical Bureau's plan now began to grow

To Lease

PARKLAND CENTER BUILDING

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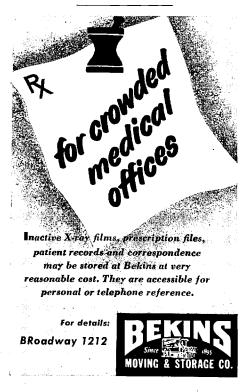
Ten Rooms and Large Reception Room Ideal for Pediatrician and Physician in General Practice

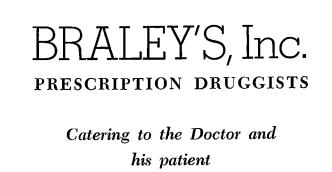
MRS. PEGGY GRATIAS 5807 PACIFIC AVENUE HILLSIDE 1651 rapidly and since that time has increasingly concerned the practice of Bureau members.

For twenty-six years and at the present time our Bureau Manager's daily efforts have been limited only by the work to be done and his supply of physical and nervous energy, which all too frequently he has spent as though his store of each was unlimited. During these years his wide and varied experiences, making for dependable judgments, have been invaluable; not only to our own Medical Bureau but also to our State Medical Bureau and to several more recently organized out-of-state bureaus.

Common to each of us there comes a time when, if possible, our usual activities should be curtailed. Continuing in his good judgment our Bureau Manager has asked that his duties be taken over by his able assistant as of July 15. In Pierce County and the Pacific Northwest an economic-social factor in our practice of medicine will for a long time be indebted to the man who has so generously given his best years to the physician members of the Pierce County Industrial Medical Bureau. Our sincere thanks and our hopes for many happy future years go now to our friend and pardner—Harry H. House. —Lewis Hopkins, M.D.

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Letters To The Editor

195 Elliot Street Rochester 11, N.Y. April 24, 1956

Dear Bill:

I have been rather tardy in writing this letter for no good reason. I want you to know, though, that I appreciate very much receiving the Bulletin.

Being away a few miles certainly changes one's perspective I used to think the Bulletin carried a reasonable amount of news but now it appears barren. The reason, of course, is that the rest contribute almost as little as I have.

The trip to this area has been good for me and mine in more than one way. We have seen some of the things that have previously been only hearsay. The Empire State Building and Washington, D.C., have not helped my cervical disc any.

Medically, my evaluation of the hospital here and T.G. is probably prejudiced by my long and intimate association at the latter. Actually, each has advantages and here the teaching program is much larger. I shall stay here for one more year.

One of the nice things that has happened to me here was the telephone call from Ted Haley on his way through.

Thanks again for the Bulletin.

Sincerely, oOo

Joe Hansen

Dear Dr. Mattson:

Enclosed find a copy of a Resolution which was recently passed by the Washington State Society of Pathologists. As you will see from reading it, it provides that all of the members of the Washington State Society of Pathologists agree to provide free tissue diagnosis for the care of indigent patients not cared for by public agencies, and that this also applies to exfoliative cytology. I would like to see this published in the Bulletin of the Pierce County Medical Society because very frequently I have doctors in this county asking whether we are willing to do tissues without cost on patients who find it difficult or impossible to make the payment therefor. This word of mouth business is not too good and I think this Resolution which I have introduced into our State Path. Society would clarify the matter. An editorial comment from yourself might also add to the readers' interest. As far as I am personally concerned, I am willing to provide any form of either clinical or pathologic service to any patient of any doctor's free of charge provided the other physician is not making a charge for the case. If he is making a partial charge for the case, I am willing to do the same with my charges.

> Very sincerely yours, Charles P. Larson, M.D., C.M., Vice-President

P.S.—All of the pathologists in Pierce County are members of the Washington State Society of Pathologists, and consequently will be bound by this Resolution.

Resolution

Whereas, the practice of pathology, including the diagnosis of tissues, is the practice of medicine and has been so designated by the House of Delegates of the Washington State Medical Association and the American Medical Association, and

Whereas, pathologists have always served patients, irrespective of their financial status, as do other physicians, be it therefore

Resolved, that the Washington State Society of Pathologists continue to pledge its members to provide free tissues diagnosis in the care of indigent patients not cared for by public agencies in the various towns, cities and counties of the state on the same basis as does the referring physician, and be it further

Resolved, that as a statement of policy the Washington State Society of Pathologists is opposed to the centralization of facilities for the initial diagnosis of malignant disease by means of examinations of tissues, exudates or bodily excretions by whatever name the procedure might be called. This is specifically meant to include any exfoliative cytologic diagnostic procedure proposed as a part of any mass survey conducted by federal, state or municipal government or political subdivision thereof or by any private organization sponsored or supported by such government agency or by endowments or public voluntary contributions.

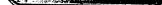
And Be It Further Resolved, that exfoliative cytologic examinations incident to mass surveys be done at the local level by pathologists licensed to practice medicine in Washington. Should the local pathologist desire consultation, in accordance with usual custom he may refer the material to any pathologist of his choice.

Tacoma Academy of Internal Medicine Elects

At the April meeting of the Tacoma Academy of Internal Medicine the following new officers were elected:

President......Marshall Whitacre Vice President......William Hauser Secretary.....Theodore Smith Rodger Dille will the Program Chairman

for the 1957 Annual Meeting.



BULLETIN of the Pierce County Medical Society

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Woman's Auxiliary to the Pierce County Medical Society

OFFICERS FOR 1955-1956

PresidentMrs. George S. Kittredge President-ElectMrs. Treacy H. Duerfeldt First Vice President....Mrs. Robert M. Ferguson Second Vice President Mrs. J. Robert Brooke Recording SecretaryMrs. Robert Burt Corresponding Secretary..... Mrs. Paul E. Bondo TreasurerMrs. Haskel L. Maier

CHAIRMEN OF COMMITTEES

Membership & Hospitality...Mrs. J. M. Mattson ProgramMrs. Albert Ehrlich SocialMrs. Thomas B. Murphy TelephoneMrs. Harold D. Lueken Public RelationsMrs. Joseph B. Harris LegislativeMrs. Herman S. Judd Today's HealthMrs. Merrill J. Wicks Civil DefenseMrs. Wayne Zimmerman Speakers BureauMrs. Philip Grenley Mental HealthMrs. Treacy H. Duerfeldt Rummage SaleMrs. Hugh F. Kohler

* * *

MID-YEAR REPORT, 1955-1956

The Pierce County Medical Auxiliary has a paid membership of 184 members. We contacted all eligible members by phone and also sent them a welcoming letter.

We have worked in one program relating to health problems in our community and our speaker will be Dr. Harris, head of the State Mental Institutions. We are asking each member to bring a guest to this meeting.

We have a write-up of our meetings in the local daily newspaper and on two occasions this year we have had an accompanying picture.

Our telephone committee calls before every meeting to remind our members of the meeting and also for reservations.

Our Public Relations Chairman is also the State Public Relations Chairman. We have sponsored a swimming session at the YWCA for the student nurses from both hospitals. We have provided several local physicians for speaking engagements. We help at the Heart Association office weekly and one of our members attends the monthly meeting of the Heart Association.

We have a monthly Legislative report from the legislative letter sent from Washington.

We have 166 subscriptions to Today's Health and provide a copy for all Public and Parochial Schools in the county.

We have seven very active Future Nurses Clubs.

Mrs. Florence Duerfeldt, our Mental Health Chairman, is very active on both the State and National level. It is not uncommon to see a write-up of her activities in the local newspaper.

Our Rummage Sale netted \$425.00. We feel we could have done better, but two days before the sale we had to find another location for the sale.

We have a courtesy sub-committee and send flowers or gifts to all our members who are ill enough to be hospitalized or who have additions to the family.

We are sending \$1.00 per member to the A.M.E.F. and we will have no special fund raising project for this donation.

We hope our next four months will be just as enriching and as enjoyable as the first four have been, and I do feel that all our members are Public Relations agents.

> Mrs. George S. Kittredge, President, Pierce County Medical Auxiliary

1955-56 REPORT

Condensed from Committee Reports

The first board meeting was held at the home of the president in August. At that time our plans for 1955-1956 were discussed and our theme, "Active Leadership in Community Health," was chosen.

The president contacted all new members by telephone cordially inviting them to join the Auxiliary. Also many of the older members who had been inactive were called and urged to join and become active members. Throughout the year the Membership Committee served on the hospitality committee. They had name tags available for all the members attending the meetings. We had a paid membership of 196.

We had a courtesy sub-committee who sent flowers to our sick members and gifts to members who had babies. Hope we didn't miss anyone.

We had no AMEF Chairman and, as the previous year, sent \$1.00 per member from our treasury.

The program chairman, Mrs. Albert Ehrlich, and her committee selected some very interesting programs for us and it was a difficult task because two of our meetings were cancelled. One of the speakers originally engaged moved from the city and another speaker had to be found to replace him. We also had a change in our April meeting.

This was our first year of not meeting in the homes and I feel that Mrs. T. B. Murphy, as chairman of the committee, selected an excellent

(Continued on Page 13)

12		LETIN of the Pierce County Medical	
$\mathcal{C}_{\mathcal{A}}$	FIRS AU	ST NATIO ΓΟ LEASE 4 Broadway – MA.	NAL CO.
	Coupes, Sedans, Station Wagons, Convertibles	Cheaper Than Owning	2 Year Leases Vehicles Maintained
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(Continued from page 11)

place for us to have our luncheons and meetings. This was the "Top of the Ocean."

We had an average attendance of forty-eight members, but I feel this was not a fair trial this year because of the two meetings being cancelled and the change of places for our April meeting.

Mrs. John Flynn, as chairman of nurse recruitment, has had a difficult year. It has been very hard to get the women from Auxiliary to act as sponsors for our Future Nurses Clubs, of which we have seven. If we wish to maintain these clubs we must have sponsors and it is up to us, as Auxiliary members, to do it.

Deanna Dyer of Stadium and Kathleen Watkins of Puyallup were awarded our two scholarships.

Our Publicity Chairman, Mrs. Marshall Whitacre, did an excellent job. There was a write-up of all our meetings in the local paper and two write-ups were accompanied by pictures.

The Telephone Committee, headed by Mrs. Harold Lueken, telephoned all members for reservations before each meeting.

Our Legislative Chairman, Mrs. Herman Judd, has kept us informed of medical legislation through the weekly newsletter, and, as of May 14th, she and her Minute Women were called upon to telegraph our Senators regarding H.R. 7225, the Social Security Bill.

We had 203 subscriptions to "Today's Health". Mrs. M. J. Wicks and her committee really worked hard and it shows with 203 subscriptions.

Our Civil Defense Chairman, Mrs. Wayne Zimmerman, kept us informed about local defense plans. She distributed booklets, "Home Protection Exercises". She also urged us to read the timely book, "Tomorrow", by Philip Wylie.

Our Mental Health Chairman, Mrs. T. H. Duerfeldt, has the committee functioning very efficiently. Our April meeting, a guest meeting, featured Dr. Harris, head of State Institutions, and who is very much interested in our Mental Hospitals. We also had a tour of Western State Hospital, with the women of the Kitsap County Medical Auxiliary as our guests.

We supplied many physicians as speakers for P.-T.A.'s, Preschools, and other organizations. This committee was under the careful guidance of Mrs. Philip Grenley.

Last, but not least, our Rummage Sale! It was much hard labor and little "hard cash" to show in return for so much work. I am sure everyone knows the gruesome details of the Rummage Sale, so I will say no more. However, I do think Mrs. Hugh Kohler and her committee, along with many more women who so willingly gave their time, deserve a great deal of credit and I feel we made more money than I thought humanly possible under such adverse circumstances. We netted \$426.34 on the sale!

To my officers I feel nothing but gratitude. It has been a pleasure to work with them.

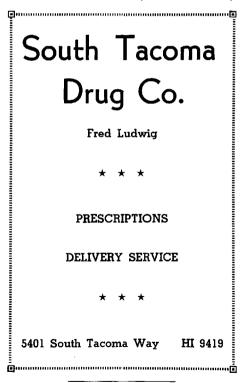
Mrs. Robert Ferguson has charge of the Bulletin and we sold six subscriptions. I might add, we do not push the Bulletin except to the Board Members.

Mrs. Haskell Maier was the "faithful watchdog" of our limited funds and one of the nicest persons it has ever been my privilege to work with.

Mrs. Robert Burt is our very faithful Recording Secretary and was on hand for Board and Regular meetings.

To all who helped make my year a successful one, I say thank you from the bottom of my heart.

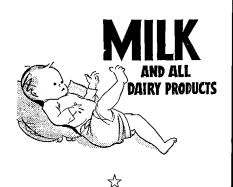
> Respectfully submitted, Mrs. George S. Kittredge, *President* Pierce County Medical Auxiliary.



Mrs. Jones: "How did that naughty little boy of yours get hurt?"

Mrs. Smith: "That good little boy of yours hit him on the head with a rock."

BULLETIN of the Pierce County Medical Society



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HOSPITALS ...

Tacoma General

National Hospital Week was observed on Sunday, May 6, by an Open House, which featured a tour of the Hospital, ending with refreshments in the dining room.

Capping services for 45 student nurses were held on Sunday, April 29. The main address was given by Miss Katherine J. Hoffman, Assistant Dean of the University of Washington School of Nursing.

Miss Ardyce Overland, assistant nursing arts instructor at the Tacoma General school of nursing, was honored recently with a \$300 scholarship by the National Association of American Business clubs. Miss Overland, a junior in occupational therapy at CPS, is working for her bachelor's degree in occupational therapy.

Bonita Rickards and Margaret Wallace represented the school of nursing at the National Student Nurse Council meetings in Chicago, May 13-18.

Miss Helen Johansson is vacationing in Minneapolis. Included in her vacation plans was the beautiful music of the Metropolitan Opera Company.

Dr. John J. Bonica, Head of the Department of Anesthesiology, was recently appointed as Consultant to the Department of Anesthesiology of the University of Washington School of Medicine. Dr. Bonica has been Clinical Associate to the Department of Anatomy of the same school for the past six years.

Dr. H. D. Lueken went to Chicago to take OB and Gyn boards. From there he went to Pennsylvania to join his family who are visiting Mrs. Lueken's mother.

Dr. Douglas Buttorff just returned from Chicago after taking his OB and Gyn boards.

Dr. Glenn McBride has a new summer home in Rosedale. During the weekend, he initiated the paddle boards which he made in his spare time.

Dr. and Mrs. Chris Reynolds have just returned from a trip to California.

Dr. Fay Nace recently returned from a trip to Tucson, Arizona, via Los Angeles to attend the American Academy of Obstetrics and Gynecology meetings in Arizona. On the way back, he stopped over in Portland, Oregon for the 20th anniversary celebration of the students in the graduating class of the medical school which he attended there.

We join Dr. and Mrs. Monte Miller in their happiness over the birth of a son, Mitchell Douglas, on April 22. Dr. Miller is a member of the Tacoma General Intern Staff.

Mrs. Margaret Miller, purchasing agent, is enjoying a vacation trip to Detroit. She is planning to stop over at Toronto on her return trip.

Dr. David Johnson is going to Chicago to attend a board meeting at North Park College and he is also going to attend the A.M.A. meeting in Chicago and from there he is going to Cincinnati to visit his daughter, Mrs. Irwin (Meryl) Groce.

St. Joseph's

Everyone seems so happy and cheerful it must be this glorious weather or is it the happy thought of coming vacations? Did you see the sisters taking off these last few days with their swim suits? The water must feel cool and exhilarating.

May 12th Miss Nancy Corfee took her first "air" trip to attend the National Student Convention in Chicago. Wednesday May 9th the Nursing School Committees of the faculty held their last meeting of the school year and enjoyed a pleasant social hour. The Junior-Senior Prom, "Mardi Gras" sponsored by the members of the Nursing School Guild on May 11th was a huge success and lots of fun.

Mrs. Ivy Sylvester, 2nd North Head Nurse has vacated 237 and is now recuperating at home. Do hurry back. Mary Ann Cummings has gone home from Pediatrics where she endeared herself to everyone. According to the nurses it was a pleasure to take care of her as she was such a wonderful patient and so appreciative for any small service.

Congratulations to Dr. and Mrs. O'Leary on the birth of a son, also Dr. and Mrs. Robert Shay a daughter. Everyone is glad to have Mrs. Gladys Post back on the job again after spending some time in the hospital.

"Remodernization" is going on slowly but surely. The north delivery room has a new tile floor and a new coat of paint also a new table. The S.D.R. is now in the process of the same face lifting. We hope to have all current projects completed so that we too can go and enjoy that vacation while the "summer" lasts.

Mrs. Dickie, our Medical Librarian is still missing a lot of books. Perhaps when some of our good doctors house clean this summer they will find some of our stray books. During the

(Continued on Page 17)

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(Continued from Page 15)

past few years the Library has acquired many new and worthwhile books.

Jack McDonald, our head X-Ray technician has returned to us after spending three years in sunny California. Welcome back, Jack. Sophie Junge is back again taking our reports to their proper destinations. She has a full time job with Raymond, Jr., who is a very beautiful baby.

This month has been very exciting one for the sisters. Many of them are going to conventions and meetings. Sisters Valeria and Evrard just returned from Chicago where they attended the workshop sponsored by the National League of Nursing. Sisters Barbara Ann and Patricia Francis left on May 17th to attend the National Convention of the Catholic Hospital Association which was held in Milwaukee, Wisconsin the week of May 20th. Sisters Paul and Anthony Consilia will leave early in June for retreat at our motherhouse in Glen Riddle, Pennsylvania. From there they will fly to Ireland.

HAPPY VACATIONS TO ALL.

Pierce County

Miss Alexandra Bury, R.N. from Vancouver, B.C., but more lately a medical record librarian at Providence Hospital, Seattle, has taken the position of head of the record department which was left vacant by the resignation of Florence Rokahr. In the meantime the position was filled most efficiently by Mary Dunlop, wife of Dr. Dunlop, one of this year's interns.

Dr. and Mrs. Dunlop are being congratulated on the birth of an eight pound boy born May 2, 1956. The new arrival will be christened Peter John Dunlop. The grandparents are Mr. and Mrs. F. J. Heintz of Chacoga and Mr. and Mrs. W. S. Dunlop of Batavia, Illinois.

Mr. and Mrs. Frank Karwoski are proud parents of a baby girl, born May 12, 1956. Mrs. Karwoski is the former Carol Schuler, assistant chief laboratory technician.

Friends of Katherine Recky are pleased to learn that she is recovering satisfactorily from the automobile accident, at which time she sustained injury to her foot and ankle. Katherine is now at her home after hospitalization.

Rose Knecht, chief laboratory technician, and her mother are motoring to Nevada. They will spend three weeks on the vacation which will be divided between Reno and Las Vegas, where they will visit relatives.

Dr. Ralph Stagner, intern, spent his recent vacation in Sycamore, Illinois and returned with a lovely bride, the former Bonnie Wallace of Sycamore. Dr. Stagner is a graduate of the University of Illinois Medical School and Mrs. Stagner is a graduate nurse from West Suburban Hospital, Oak Park, Illinois.

Dr. and Mrs. Donald Molinero are being congratulated upon the birth of a ten pound boy. Anthony Aaron joins a beautiful little sister, Cheryl Sue. The proud grandparents are Mr. and Mrs. Peter Molinero, Roslyn, and Mr. and Mrs. Donald Bruner of Monroe.

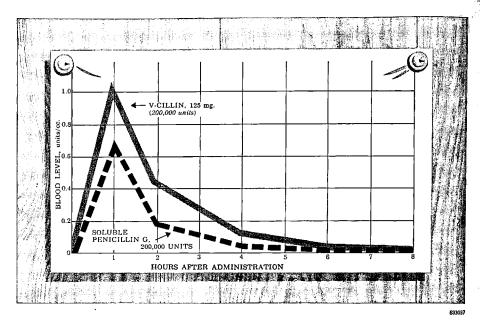
Pfizer Outing

The Pfizer golf tournament and dinner at Fircrest on May 10th was well attended, with 80 golfers braving strong winds and 111 enjoying a delicious steak dinner in the evening. Golfers were divided into two divisions, the first comprising those with handicaps under 16, the second with handicaps 17 and over. As before, numerous fine prizes were awarded. A portable spectator seat went to E. Z. Jones for low net score in the first division (83-12-71). Low net in the second division was shared by John Steele (93-23-70) and J. C. Tatum (93-23-70), each receiving a dozen balls. E. D. Taylor won a putter for "closest to the hole" on No. 13, 31 inches. Long drive off the first tee won a freezer can for F. S. Diamond and a freezer chest for T. D. Moberg, in 2nd and 1st division respectively. Short drive off the same tee won prizes also, but the winners prefer to remain anonymous. Low gross winner in the 2nd division was E. C. Yoder (90), who received a golf umbrella; in the 1st division T. D. Moberg (82) received a pair of golf shoes and custody of the trophy until next year. Dinner was preceded by the usual "relaxation" period in the club rooms, and all comments on the entire days activities seemed favorable. Although indications are that this will be an annual affair, a postcard or letter directed to Pfizer at 630 Flushing Avenue, Brooklyn, N.Y., can do no harm in helping to make it assured.

 Modestly signed, T. R. Moberg

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Cardiovascular Study Awards

Applications by research investigators for support of studies in or related to the cardiovascular field are now being accepted by the American Heart Association. The awards would be for the fiscal year beginning July 1, 1957, the Washington State Heart Association announces.

Application deadline for research fellowships and established investigatorships is September 15, 1956. For grants-in-aid, applications must be made by November 1, 1956. Awards are in the following caetgories:

Established Investigatorships: Awarded for periods of up to five years, subject to annual review, in amounts ranging from \$6000 to \$9000 per annum, to scientists of proven ability who have developed in their careers up to the point where they are independent investigators.

Research Fellowships: Awarded to young men and women with doctoral degrees for periods of one to two years to enable them to train as investigators under experienced supervision. Annual stipends range from \$3,500 to \$5,600.

Grants-In-Aid: Made to experienced investigators in varying amounts up to \$10,000 to provide support for specific projects.

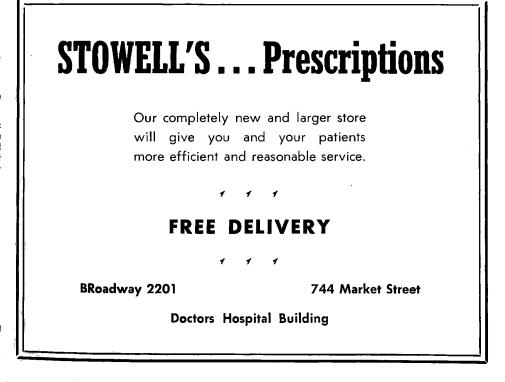
The Association also maintains a unique form of research support, the Career Investigatorship, given to a limited number of scientists of unusual capacity and accomplishment to assure them of financial support throughout their productive lives. Career Investigators are selected on the initiative of the Heart Association Research Committee and not from Application. Funds for the entire program are provided from public contributions to the annual Heart Fund appeal. At least half of all monies received by the American Heart Association national office are allocated to research.

Deadline for submission of abstracts of papers for presentation at the Annual Scientific Sessions of the American Heart Association is June 15. The Sessions will be conducted this year in Cincinnatti, October 26-31. Papers based on original studies in clinical, laboratory and epidemiologic research are eligible for consideration. Abstracts must be limited to under 300 words and submitted on special forms.

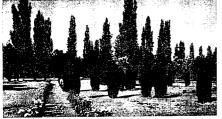
Special forms for abstracts for the scientific sessions and application forms for American Heart Association research awards are available from the Medical Director, American Heart Association, 44 East 23rd Street, New York 10.

Professor (finishing long algebra problem): And so we find that X equals zero.

Sophomore: All that work for nothing.







ΜΟυΝΤΑΙΝ

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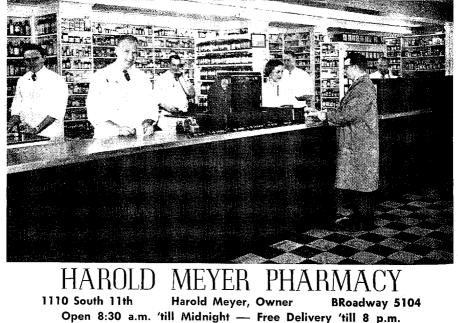
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PRESCRIPTION SPECIALISTS



The Unconscious and Civil Defense

(Or: "The Wisdom of Playing Golf")

The scientific section of the PCMS May meeting was devoted to civil defense. Presented were the medical management of nuclear bomb casualties, and the planning for disaster of a community. These discussions included a wealth of pathological and physical data about nuclear warfare.

There is another medical aspect to civil defense which is at least as important and fully as scientific. This is its psychiatric implication. It is based upon the concept of a dynamic Unconscious, which is the wellspring of all human thought and behavior. In the civil defense planning, nationally, there is a conscious design for saving life on the one hand. But there is an unconscious appraisal of the situation, on the other. These two areas of endeavor appear to be in sharp conflict with each other. As always, in such cases, it is the unconscious forces that are winning out.

Consciously, we are planning largely as we have for past wars, not yet able to absorb the concept of the total destruction now possible. But the depths of the mind see much of truth to which our consciousness is blind. Unconsciously we know that this time neither retaliation nor flight will be likely to save us. Our conscious intentions make us distribute crisp little maps to show us how to get to Purdy or Eatonville at the right moment. They restrict our vision to the simple logic that we may be bombed, that it is right and good to preserve life, and that therefore we should be ready to flee. But it is the vast ocean of unconscious life, not our puny conscious control, that ultimately determines what we will do. The Unconscious refuses to be bound by convention, tradition or public opinion. It insists on seeing things as they are, rather than as someone would like them to be. In our depths we view evacuation with despair. The underlying picture runs something as follows:

We are told that warning times will be too brief to get out of town (and in the case of intercontinental ballistics missles they will be zero). We picture false alarms, in which people would rush out into the country, and then have to slink back into the city probably vowing not to get into such a foolish panic again. Or we see the evacuation going off according to the civil defense blue print. In that case we face the grotesque picture of a hundred and fifty thousand Tacomans, five hundred thousand Seattlites or twelve million New Yorkers (or surviving fractions thereof) huddled out in lonely fields trampling grain, starving, defecating, fighting, looting, breeding unprecedented epidemics and dying of exposure. Even if one were somehow to manage the problems of displaced populations, the radioactivity would be just as lethal out in the country as over the city. If, however, one were to get upwind of it (and not simultaneously downwind from the next obliterated city) we still despair of safety from the other genocidal weapons. The methods for destroying plant and animal food supplies, poisoning water, and disseminating human pathogens and poison gases are each said to be as effective in destroying populations as the nuclear explosives themselves. Our unconscious wisdom tells us anyone willing to crush the life out of a city is not going to start being gentlemanly at that point. Presumably he would include in his attack these much less expensive and simpler devices for mass extermination. Modern weapons are adequate to destroy whole nations many times over.

For anyone who may doubt that such a conflict really operates in our depths, one may find the evidence for it right in his own behavior. Unless he is very different from most other Americans, he has done nothing whatever to cooperate with civil defense planning. He hasn't stocked his car trunk with civil defense equipment for survival. Rather it is still carrying the same accumulation of medical equipment, golf clubs and old tools that it always has. He is very hazy about what his "escape route" should be, and has absolutely no idea of the meaning of various signals on the warning sirens. When pressed, he may pay a guilty lip-service to his local civil defense office. But in fact, he has done nothing whatsoever to support it. Rationalize though he will, and berate himself as lazy, he would do well to examine his non-cooperation more closely. For it is not "laziness" or "procrastination"; it is wisdom. It is the wisdom of one profoundly skeptical that any "defensive" action can improve the situation in which we find ourselves.

If we could pay more attention to these reservoirs of wisdom, we could learn much more. Let the conscious mind put aside for a moment such precious toys as its intelligence and technical sophistication. Let it look into the source of its own being, the depths from which its life springs. Then it will learn all that it needs to know of what life is about.

We would learn, for instance, that it is psychologically impossible to prepare for war and for peace both at the same time. Here is a truth so clear and sparkling, that it is almost beyond the reach of our muddled up consciousness. The little child still knows it because he

(Continued on Page 23)

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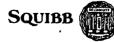
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(Continued from Page 21)

has not yet set up his intelligence as an object of blind worship. He does not try to mix love and hatred, because he knows they are separate. But grownups lack, in many respects, the inherent sanity of children. We get to thinking, for instance, that we can indulge our hatred and fear of the enemy on the one hand, and yet somehow avoid a war, on the other. The Unconscious knows that this is delusional, and refuses to cooperate. It knows that to "practice" taking cover from an enemy whom we haven't met only conditions us to hate and fear him more. Running for cover crystallizes our hostility to him. It makes us get all the more ready to commit against him the same atrocity we accuse him of planning against us. We prepare "defensively" to go over there and destroy countless families just like our own ("if necessary"). The more we do so, the more panicky become his preparations to destroy us ("if necessary"). In our depths we cut cleanly through the delusion that the way to prepare for peace is preparing for war. We know that love breeds love and that hatred breeds hatred. We may destroy ourselves and every other living thing on the Planet trying to say it isn't so, but it still will be. Love breeds love, hatred breeds hatred. Love is stronger than even the most terrible hatred, and is its only antidote. There is no escape.

This truth is much older than psychiatry. But it may appeal to those attracted by scientific method to know that it is universally upheld by the analysis of man's dynamic Unconscious. In relationships between patient and physician, parent and child, the cop and the juvenile delinquent, labor and management, the black race and the white race and all others that have been studied, social scientists find it so. Love breeds love, hatred breeds hatred. When hatred is permitted to accumulate between nations, war is inevitable. Getting ready to run for cover is an act of hatred in the form of fear. Offering "massive retaliation" is hatred in the form of violence. No matter how fancy our reasoning about "preparation for disaster" on the one hand or "deterring the enemy by force" on the other, if we hate and fear someone he will hate and fear us. He will not be "deterred'. Neither will we. Except by friendliness.

The Unconscious is a beautiful thing, in that it keeps us ready to play golf instead of to stumble around in air raid drills. But let us do it a little more rebelliously, less bound by a guilty feeling that we are not quite doing our "duty." How free one may feel when he shakes off his dreary obligations to hate the "bad" people. Imagine, for instance, daring to hope

that the post-Stalin changes of the Soviets may really be a move toward peace. What boldness! What defiance! For we would have to fly in the face of all the columnists, statesmen and news analysts who demand that we must continue to hate them. It could be quite an adventure to think for ourselves, instead of along the lines which the newspapers and networks have laid down for us. We can do so if we will relearn the forgotten wisdom that still clamors for attention within us. For this is the wisdom of our bold search for love, and it courageously rejects all forces and loyalties that demand we do otherwise. If we will strike out in the direction to which our primary unconscious drives point, we can find hope and the freedom to love every place we look. It is all around us. All we have to do is to shake off the complicated thinking that mixes us up, and find the wellsprings of truth within us. For the Unconscious is and remains the source of all significant insight, and if we cut ourselves off from it we are blind.

Robert C. Murphy, Jr., M.D.



St. Peter heard a knock at the door, opened it, and there stood a young man.

[&]quot;Where are you from," said St. Peter. "Texas."

[&]quot;Come on in, but you won't like it here."



BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

"BUSINESS AS USUAL" FOR EXPECTANT MOTHERS...

WITH BOYLE **OBNATAL**

Few expectant mothers wrestle for a living, but most have important daily schedules to maintain.

This new Boyle prenatal formula provides 10 mg. of Vitamin B₆ (in tablet t.i.d.) for proper protein metabolism and to aid in preventing nausea. This is in accordance with the findings of Wachstein and Gudaitis in the "Journal of Laboratory and Clinical Medicine," 42:1, 98-107 (1953): "It seems the growing fetus drains the maternal source of Vitamin B₆, resulting in a disturbance of normal protein metabolism. It is suggested that pregnant women be given 10 mg, of pyridoxine hydrochloride daily."

In addition, phosphorus-free calcium lactate in the Boyle formula conforms to the findings of diet authorities Page and Page, "Obstetrics and Gynecology," 1:94-100 (1953): "Leg cramps may be either prevented or relieved to a significant degree by the use of calcium salts free of phosphorus."

Boyle Obnatal also contains Vitamin K for hypoprothrombinemia and 60 mg. available iron.

Suggested daily dose of 1 capsule-shaped tablet t.i.d. supplies:

CALCIUM LACTATE USP	CALCIUM PANTOTHENATE
FERROUS SULFATE USP .300.0 mg. (Iron content 60 mg.)	VITAMIN D 600 USP units IODINE 0.15 mg. COPPER 1.0 mg. MAGNESIUM 15.0 mg. MANGANESE 4.5 mg. MOLYBDENUM 0.15 mg. ZINC 2.25 mg.

Bottles of 100 and 1000 capsule-shaped tablets at all pharmacies.



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Nevada State Medical Association P. O. Box 188 - Reno, Nevada April 12, 1956

The Nevada State Medical Association's Annual Meeting will be held this year, 1956, in conjunction with the Reno Surgical Society in Reno, Nevada, August 22-25. Meeting headquarters will be the Riverside Hotel.

Applications for reservations should be sent to Harry B. Gilbert, M.D., Chairman of Reservations, Nevada State Medical Association, 241 So. Sierra Street, Reno, Nevada. Guest speakers include the following:

- Leo E. Brown, M.D., Director, Department of Public Relations, A.M.A., Chicago.
- Frederick C. Cordes, M.D., Chairman, Dept. of Ophthalmology, University of California Medical Center, San Francisco.
- Russell R. de Alvarez, M.D., Professor & Executive Officer, Department of Obstetrics & Gynecology, University of Washington School of Medicine, Seattle.
- William C. Deamer, M.D., Chairman, Department of Pediatrics, University of California Medical Center, San Francisco.
- Lester R. Dragstedt, M.D., Chairman, Department of Surgery, University of Chicago, Chicago.
- Leroy D. Fothergill, M.D., Biological Warfare Laboratories, Fort Detrick, Frederick, Maryland.
- Henry N. Harkins, M.D., Professor & Executive Officer, Department of Surgery, University of Washington School of Medicine, Seattle.
- William L. Hewitt, M.D., Associate Professor, Department of Medicine, University of California Medical Center, Los Angeles.
- Nils P. Larson, M.D., Medical Adviser, Hawaiian Sugar Planters' Association, Honolulu.
- George F. Lull, M.D., Secretary & General Manager, A.M.A., Chicago.
- Frederick J. Stare, M.D., Chairman, Department of Nutrition, Harvard Medical School.

Ample facilities have been secured including first class hotels and deluxe motels complete with swimming pools which will be of great interest to those attending accompanied by their wives and children.

Reno is a scenic center and is only a few miles from Lake Tahoe and Lake Pyramid, offering excellent fishing and water sports. Summertime skiing is also within the range of possibility in the High Sierra, but before bringing your equipment, ask Headquarters for a last minute snow report. Water skiing is assured for enthusiasts at Lake Tahoe.

Tacoma Surgical Club Meeting

The following is a resume of the Tacoma Surgical Club's Twenty-Eighth Annual Meeting, held on Saturday, May 5, 1956.

This was the largest meeting we have ever had, the total attendance being some 315 physicians from Washington, Oregon, British Columbia, and Idaho. The dinner was held at the Winthrop Hotel and was well attended. Dr. John Waugh, professor of surgery at the Mayo Clinic, was the guest speaker.

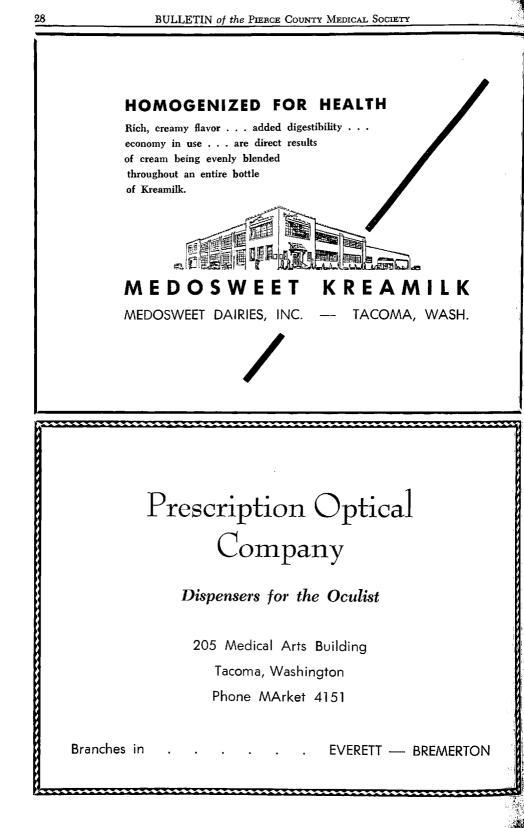
The morning meeting was held in the basement of the Tacoma General Hospital Nurses' Home, and anatomical demonstrations and physiological demonstrations were presented, as in previous years. Due to the number of demonstrations it makes it impossible to comment on all of them, but they appeared to be well received. Dr. John J. Bonica had a dog anesthetized, showing hypothermic anesthesia methods, and also showed the use of the cardioscope during surgery. Dr. S. F. Herrmann had a demonstration of wound disruption, wherein he had a manner of through-and-through suture of the abdominal wall and figure-of-eight method, which had greater strength than the usual layer-to-layer closure. It was vividly demonstrated by the difficulty one had even in tearing toilet tissue, which he had demonstrated as the peritoneum. This certainly should be a great help in the prevention of wound disruption. The other demonstrations also were very good. Because they are not commented on does not mean that they were not without merit, inasmuch as the scope of this article will not permit their inclusion.

The afternoon session started off with the discussion of the anatomical demonstrations by Dr. Robert J. Johnson, who covered each demonstration very adequately and added greatly to the meeting. The second paper was "Fractures in Children" by Dr. Dumont Staatz, who gave case reports and showed many x-rays of the various types of fractures. Because the periosteum is heavier in children and therefore peels back instead of breaking, this is a decided factor in good healing, inasmuch as it is not always necessary to have perfect apposition of the fracture ends in the child to get a good union and get a good result. He stated that in greenstick fractures it is desirable to get as near a perfect reduction as possible, inasmuch as the deformity can increase as the child gets older.

The third paper was that of "Persistent Problems in Colon Diagnosis" by Dr. A. A. Sames, who cited the pitfalls of the x-ray examination of the ascending colon, inasmuch as it cannot be

(Continued on Page 29)

"PATRONIZE OUR ADVERTISERS"



(Continued from Page 27)

completely visualized. He gave the methods for the adequate preparation of the patient, and sometimes it is necessary to do the patient again in order to observe a lesion, and even then, if one is suspicious, it is necessary to do an exploratory to absolutely establish a diagnosis of lesion in the right colon. He also stressed the necessity of doing proctoscopic examination at the time of colon examination, to rule out lesions of the lower colon.

The next paper was that of "Tracheotomy" by Dr. Louis P. Hoyer, Jr., who had surveyed the cases done in Tacoma during the past ten years. He stated there were 77 cases of tracheotomy in the past ten years, and he felt that tracheotomy should be used in any condition wherein there is considerable respiratory difficulty, and he felt that tracheotomy is not done frequently enough. He cited several cases and stressed the technique.

The next paper was "Bilateral Ureteral Injury with Extravasation" by Dr. Homer W. Humiston. This was a case report of tying off both ureters following a vaginal hysterectomy and the subsequent care being a bilateral ureterostomy and later anastomosis of the ureters to the bladder. The patient made a good recovery and a good result from a rather unfortunate injury.

The main paper of the afternoon was "Surgical Treatment of Diverticultis" by Dr. John Waugh, our guest speaker. He surveyed the cases of diverticulitis for which it was necessary to have surgical treatment at the Mayo Clinic. They are, of course, in the minority, and complications are perforation, obstruction, and bleeding. In most cases he is able to do a one-stage operation, but occasionally, if the obstruction is complete or there is a perforation, it is necessary to do a transverse colostomy and then drainage. If such is the case, the patient should be x-rayed in three or four weeks to rule out carcinoma, as this is sometimes very difficult to do. If carcinoma is present, it is necessary to go ahead and resect the area at that time. However, if it is felt reasonably certain that the patient has diverticulitis, he waits about three to four months before resecting the area, then later having closure of the colostomy.

A question and answer period was then held, and Dr. Waugh answered many questions and commented on the various papers, and this topped off a very enjoyable afternoon.

The evening session was held at the Crystal Ballroom of the Winthrop Hotel and was preceded by cocktails. Certificates were awarded to the incoming members, and Dr. John Waugh then presented his paper of the evening,

"Sphincter Preserving Operations for Carcinoma of the Rectum." To give a short summary of the paper, he compared statistics of the Miles Combined operation with the three operations which he does-the anterior resection, the pullthrough operation, and the Miles Combined operation. The anterior resection has the lowest mortality and the lowest recurrence rate. The pull-through operation is as effective as the Miles Combined operation, and he cited two series of 170 cases each in comparing the operations, and he is satisfied in his own mind that this is as satisfactory an operation as the Miles Combined operation. He wished to present this paper, inasmuch as to stimulate thought about this, inasmuch as most surgeons now feel that the Miles-Combined operation is the best operation for cancer in the upper and lower rectum.

He felt his results justify the preservation of the sphincter, and he had sphincter control in these patients, with a low anastomosis, which was saitsfactory in about 75% of the cases.

The meeting was adjourned at 9:30 p.m.

-Edward R. Anderson, M.D. Secretary, Tacoma Surgical Club

Research Study Club of Los Angeles

Attended by Dr. Walter C. Cameron and myself from Pierce County, the two week meeting held the last two weeks in January, attracted speakers from all over the country. Dr. Cameron acted as discussion leader in the Eye Section, presenting "New Techniques in Cataract Operations."

The meeting consisted of one week devoted to ear, nose and throat therapy, surgical techniques and the most recent advances in this field. The second week covered newer topics in diangnosis, surgery and treatment of the eye.

The combination of an excellent program, wonderful weather and hospitality made the trip equally informative and relaxing.

-Charles E. Marshall, M.D.

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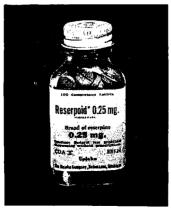
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Social Security Poll Results Announced

The Washington State Medical Association has announced the results of its poll to determine the attitude of individual members toward national social security coverage of physicians.

The poll was conducted during the first half of April. With 1,896 votes cast, 75 per cent of the ballots sent out were returned. The ballot form was as follows:

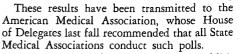
Do you favor extension of the Old Age and Survivors Benefits coverage of the Federal Social Security Act to physicians?....

(mark yes or no)

If your answer above is "yes", do you believe participation by physicians should be:

Check one: Compulsory? Voluntary? Tabulation of the ballots revealed the following results:

13
)4
32
58
53
_
)0



This expression of opinion does not establish policy for the Washington State Medical Association, inasmuch as only the House of Delegates is vested with policy making authority.

Bill had just returned to his home in New York from a vacation in Texas. He greeted his wife by giving her several mink coats, 4 Cadillacs, and scads of money.

"How in the world did you get all these things?" she demanded.

"Shucks, honey, it was easy, I was in Houston during Hallowe'en and went out playing trick or treat."



Doctor-Lawyers Annual Banquet

Once again on Friday, April 27th the doctors and lawyers of Tacoma and Pierce County got together for an evening of fellowship, good food and entertainment. This was the fourth annual such gathering and this year the lawyers played host to the doctors. The evening began with a cocktail hour at 6:30 p. m. followed by a most delicious dinner. Entertainment was provided by the Varsitones, a well-known Seattle quartet. Master of ceremonies for the evening was Tom Gagliardi, who turned in an excellent performance. He was preceded by Dr. Gerry Kohl who announced the secret word for the evening.

It appears to be the opinion of all concerned that these annual Doctor-Lawyer banquets are of great help in bringing the two professions closer together. They seem to be thoroughly enjoyed by all who attend, and we all hope they will continue through the years.

-Robert M. Ferguson, M.D.

Introducing



Dr. Galen H. Hoover

Dr. Hoover was born in Sunnyside, Washington in November, '23. His family subsequently moved and he obtained his elementary education in Blaine and later Puyallup, Washington.

Galen was in the Navy in 1942-1943 here in Washington. After completing his service time he went on to graduate from CPS in '49 and the University of Washington Medical School in '54. He interned at Tacoma General Hospital.

Galen resides in the north end with his wife Patricia (whom he met while in school in Puyallup) and 3 children—girls age 11 and 9 and boy 7 years old.

Galen is a golfer and "Hi Fi" enthusiast (having just completed building a "Hi Fi" set.) Introducing



Dr. Richard T. Davis

Dick is another "Tacoma Boy" having been born, raised and received his elementary education in Tacoma. He attended Washington, Mason and Stadium high school and thence went on to spend two years at the University of Washington and two more years at Oregon State finishing there in '42.

In 1942 Dick entered Northwestern Medical School. After finishing in 1945 Dick interned at Detroit. Receiving one year and then spent the years '46-'48 in the Army. He had transport duty—travelling between Seattle, Manilla, Yokahama, the Aluetian Islands and Guam.

After his tour of duty with the Army, Dick went back to Wayne University where he was a fellow in surgery from '48 to '49 at Detroit Receiving Hospital. The years 1949-51 were spent as an assistant at the Boice-Willis Clinic in North Carolina. The year 1951-52 was spent at the Graduate School of the University of Pennsylvania; and 1952-54 as surgical resident at Allentown General Hospital. Dick returned to the Boice-Willis Surgical Staff from 1954-55 prior to coming back home in August, 1955. It was while he was at the Boice Clinic in 1951 that Dick met and married his wife Jane. They now reside in the northend with 3- and 2-year old daughters and 1-year old son.

Library Corner

New Books Masserman—Practice of Dynamic Psychiatry Jones — The Life and Work of Sigmund Freud V. I.

- Waldbott—Contact Dermatitis
- Ciba Clinical Symposium—1955

Year Book of Neurology, Psychiatry and Neurosurgery.

"PATRONIZE OUR ADVERTISERS"

Introducing



Dr. Kenneth E. Gross

Ken was born in Newark, N.J., in 1919. He attended the elementary schools in Union, N.J., and obtained his AB in 1940 at Dartmouth and M.D. at the University of Pennsylvania in 1943.

From 1944 to 1946 Ken served in the Army at Okinawa and Leyte. After completion of his Army duty he went into a Radiology training program first at Dartmouth and later at Harvard. From 1950 to 1955 he practiced Radiology in Spokane and as of January, 1955, has



been here in Tacoma association with Dr. Rigos and Flynn.

He has made contributions to medical literature having articles in Radiology, New England Journal of Medicine and Northwest Medicine.

Ken has a family consisting of wife Keaty and three children, $7\frac{1}{2}$, 5 and 4 weeks.

Ken is a real outdoorsman. He hunts—both big game and birds. He fishes—both fresh and salt water. Also he has made several ski trips since coming to Tacoma.

British Columbia Surgical Society Meeting

Victoria, B.C.-April 20-21

One of the most worthwhile surgical meetings I have had the pleasure of attending in recent years, was that of the British Columbia Surgical Society held in Victoria, April 20th and 21st. The guest speaker for the annual scientific session was the renowned Dr. Richard B. Cattell, Chief Surgeon at the Lahey Clinic in Boston. Always a drawing card, this brilliant man contributed greatly to the discussions and delivered two excellent dissertations dealing with "Changes in The Treatment of Thyroid Disease" and "Strictures of the Bile Ducts".

While Dr. Cattell was most interesting and inspiring, he was well complemented by the other physicians appearing on the program. Indeed, without detracting at all from Dr. Cattell, it might be said that the local essayists were just as stimulating in the presentation of their very scholarly and well worked-up papers. Much of the work presented was original, and represented findings of investigations carried out right here in our neighboring localities.

I shall try to present in the following paragraphs brief summaries of the principal papers which were delivered.

Dr. John W. Frost and Dr. Frank B. Thompson, of Vancouver, discussed exploration of the common duct, and presented a series of cases collected from the various Vancouver hospitals. In the material gathered from the larger Vancouver institutions it was found that when the common ducts were explored-the usual clinical indications and findings at surgery prevailingstones were not found in 60 to 80% of cases. Because stones were being recovered in only 20 to 40% of explored cases, these workers have tried to devise techniques for avoiding unnecessary choledochotomy and for making the explorations undertaken more productive. To this end, pre-operative cholanograms using intravenous Cholegrafin are being routinely used on all gall bladder patients at St. Paul's Hospital in Vancouver. Operative cholangrography, either through the cystic duct or through the "T" tube, is causing two to three times the number of stones to be recovered from the common duct as formerly. These men urge more use of cholangrography and believe that at least a cholangrography to fully a series of 800 patients the Lahey Clinic group had found operative cholangrography to offer no advantages over regular common duct exploration.

Of particular interest was Dr. Roger Wilson's follow-up study on the malignant melanoma cases from the Vancouver General Hospital and the British Columbia Cancer Registry. In this study, melanomas of the head and neck were found to be the most frequent. Prognosis ranging from best to worst was in this order: Trunk, lower extremities, head and neck, upper extremities. Wide excision alone was found to give the best results. Radiation added little and regional lymph node dissection did not improve the prognosis at all. When the nodes were found to be negative there was a slight decrease in five year survival rate. When the nodes were positive, regional node dissection produced a marked decrease in the five year survival rate. Local recurrence, when only excision biopsy was done, was found in 57.1% of cases. With wide excision it was 3.4%. Histological pattern, age, and sex were found to have no correlation with prognosis. Metastases to almost all the various body organs occurred in the British Columbia series. One case of metastasis to the ileum causing obstruction was shown. The common criteria for malignancy were increased size, irritation, bleeding, and increased pigmentation. Both Dr. Wilson and his colleague, Dr. John Elliot, concluded that wide excision, of itself, was the treatment of choice, except when the lesion is adjacent to the lymph nodes, in which case the nodes, including the lymphatics and fascia, should also be removed.

Dr. Allen McKenzie in his discussion of cancer of the thyroid stressed the increased incidence of thyroid carcinoma in persons who had received thymus irradiation in childhood. This was corroborated by Dr. Gordon Fahrni, former Professor of Surgery at the University of Manitoba, who had found a much increased incidence of carcinoma of the thyroid in the patients who had received irradiation in childhood. Dr. McKenzie and Dr. Fahrni both also emphasized that while irradiation may be of value in the treatment of thyroid malignancy, it is attended by a certain morbidity and even mortality. The value of irradiation in small cell carcinoma was mentioned. Those discussing the subject agreed that radioactive iso-topes such as Ism would be best reserved for those cases of thyroid malignancy over the age of 45 since we are, as yet, uncertain as to the carcinogenic properties of these materials.

Dr. John T. Sandy, Surgical Resident at the Vancouver General Hospital, presented an excellent dissertation on the place of internal mammary node biopsy in the treatment of breast carcinoma. His work was based upon a study of 25 cases followed at the Vancouver General Hospital. Dr. Sandy's series, while small, in its findings is generally in accord with larger series of other authors. His studies indicate that internal mammary node biopsy can be carried out easily with little additional risk to the patient. Approximately one-half hour of operating time is consumed by this procedure, which apparently causes no additional morbidity or mortality. Internal mammary node biopsy will serve as a guide by which the type of operation to be carried out, if any, and subsequent irradiation therapy, can be determined. It may avoid unnecessary surgery-for example, a radical mastectomy when the lymph node in the first intercostal space is positive; or indicate radical surgery when the carcinoma in question. may be confined strictly to the breast, or perhaps have a few axillary nodes, in the absence of positive external mammary involvement.

Dr. Cattell, in his remarks concerning changes in the treatment of thyroid disease, called attention to the increased incidence in recent years of both thyroid malignancy and thyroiditis. He also stated that he did not believe Protein Bound Iodine or Im uptake studies were necessary in the diagnosis of hyperthyroidism. In his experience with patients at the Lahey Clinic Propyl-thio-uracil has been effective as definitive treatment in less than 50% of patients It is his opinion that surgery should be the treat ment of choice in the three classes of patients namely: Young adults with nodular goitre, and hyperthyroidism, and young adults in whom propyl-thio-uracil therapy has failed. A solitary thyroid nodule would, of course, be considered in the operative group. Radio-active lodine should best be reserved for elderly persons with diffuse nodular goitre or perhaps elderly part tients with thyroid malignancy, or those too debilitated to withstand surgery. Some of the disadvantages of radioactive Iodine which should be considered are: Two times as much Im is deposited in the gonads as in any other organ of the body exclusive of the thyroid, the carcinogenic effect of Iss is not known so fares

34

the human being is concerned although this material has produced carcinoma in experimental animals.

In discussing the treatment of toxic goitre at the Lahey Clinic, Dr. Cattell stated that propyl-thio-uracil is being used in dosages of up to 1000 mgms. per day and that Tapazol is being used in dosages of 60 to 120 mgms. per day. This has been found safe and free of undesirable side effects because there is no appreciable accumulation of these drugs. He also pointed out that side effects of propyl-thiouracil are rarely seen.

So far as thyroid malignancy is concerned, the Lahey Clinic Group has found an incidence of about 33% in discrete nodular goitre. Dr. Cattell emphasized that while small diffuse nodular goitres should not be operated upon, if one finds a discrete nodule in the thyroid it should always be removed at any age, by lobectomy. Since 1951 the Lahey Group have discontinued radical neck dissections in carcinoma simplex because of the poor results. X-ray is employed here as an adjunct to surgery. In determining malignancy Dr. Cattell does not believe that Silverman needle biopsy is either advisable or reliable.

A very excellent paper dealing with the various causes of intra-luminal intestinal obstruction was presented by Dr. A. J. Kergin, New Westminster surgeon, in collaboration with Dr. J. D. McPhee, New Westminster radiologist. The subject was graphically illustrated with Roentgenograms of the various cases in point being projected.

Dr. J. E. Musgrove of Vancouver gave the assembly an opportunity to review his work on the treatment of abdominal aortic aneurysms. This excellent work was most effectively illustrated by slide projections and color films taken at operation. Dr. Musgrove pointed out that once a patient with an aortic aneurysm develops pain, his prognosis can be measured in weeks or months before rupture occurs. In his series the calcium ring on plain film of the abdomen, was the most constant radiological finding. Wrapping of eneurysms with cellophane and injection of di-acetyl-phosphate has not given worthwhile results and was mentioned only as a point of historical interest. Dr. Musgrove has abandoned this treatment in favor of aortic homografts. Of particular interest was a case report of a congenital aneurysm of the common iliac artery in a six year old boy. The history in this case was negative for syphilis and trauma. One other case of what was apparently a congenital aneurysm of the thoracic aorta in a fourteen year old girl was also mentioned. A serious complication which has been bothersome in aortic resections has been post-operative renal shutdown—50% in the cases of Musgrove and Colleagues. He suggested that perhaps surgeons might reduce this by a series of measures including use of long-acting spinal anaesthesia, Procaine injection of the abdominal sympathetics before applying the aortic clamps, slow application and release of aortic clamps, and care in not injuring the renal veins.

Dr. William Sutherland and Dr. Rocke Robertson, Professor of Surgery in the University of British Columbia, presented a very comprehensive study of Gastrectomy with Vagotomy. Their series is large enough to be significant. Furthermore, it was carried out on all male veteran patients who were able to be followed well for a period of two or more years. The series included 320 cases of Vagotomy and Gastrectomy, in which a 50% resection with Abdominal Vagotomy had been done (with the exception of five cases which had a Billroth I). Of these 320 cases, 230 were able to be assessed. There were three deaths in all, each one attributed to mechanical failure. There were 81 patients (25%) listed as having complications, chief among which were: Thirtythree Pulmonary complications; Twenty-three wound complications; eight leaking duodenal stumps; six cases of phlebitis; three secondary haemorrhages (2 from the suture line); and dumping. It is interesting to note that one patient developed an acute appendicitis, and one an acute cholecystitis in the early post-op period of hospitalization. Dumpers were classified as "early" and "late", the early ones experiencing symptoms immediately after ingesting food, the late ones experiencing symptoms after an interval of time, for example an hour or two, post-prandial. In the early dumpers there was no correlation with the blood sugar, or progress of the food bolus and the occurrence of symptoms. The late dumpers, however, have a carbohydrate metabolic problem. These patients have a rapid blood sugar drop a few hours after meals. It is not the extent of the blood sugar drop so much as its rapidity which causes the symptoms. This type of dumping syndrome can be produced almost at will in the hospital situation and can be aborted by having the patient ingest carbohydrates at the appropriate time, postprandially.

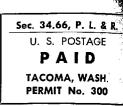
(To be continued next month)

"What's that?" someone asked.

"Crackpot."

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MONTHLY MEETINGS

STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club

SURGICAL SOCIETY

Third Tuesday of each month—6:30 p.m. at Tacoma Club

STAFF OF PIERCE COUNTY Last Monday of each month-6:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the Month-8:15 p.m.

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Monday—12:15 Luncheon Meeting Even Months

The BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

VOL. XXVI—No. 11 TACOMA, WASH.

[ULY - 1956

Pierce County Medical Society 1956 OFFICERS President Gerald C. Kohl President-Elect Giffin Gerald C. Kohl Vice-President Burton A. Brown Secretary-Treasurer Arnold J. Herrmann TRUSTEES Douis P. Hoyer, Jr. Dr. Gerald C. Koll S. Robert Lantiere Glenn G. McBride Text Morris Nace Burton A. Brown Walter C. Cameron Carlisle Dietrich Philip Grenley Hillis F. Griffin Arnold J. Herrmann Fay Morris Nace Warren F. Smith DELEGATES Jesse W. Bowen, Jr. Ar Walter C. Cameron Fr. Philip Grenley Arnold J. Herrmann Frank R. Maddison ALLER Louis P. Hoyer, Jr. Cha Murray L. Johnson Warren F. Smith Warren F. Smith ALTERNATE DELEGATES Charles E. Kemp William J. Rosenbladt COMMITTEES Ethics Charles H. Denzler, Chairman Lantiere William H. Goering S. Robert Lantiere Grievance Walter C. Cameron, Chairman rott Jess W. Read Miles Parrott House and Attendance Philip C. Kyle, Chairman Mills Lawrence Rodney Brown Glenn G. McBride Library Fay Morris Nace, Chairman Robert R. Burt Ralph H. Huff Program John J. Bonica, Chairman Carlisle Dietrich Rodger Dille Hugh A. Larkin Stanley W. Tuell Wayne Zimmerman Public Health Charles E. Kemp, Chairman Cecil R. Fargher Louis P. Hoyer, Jr. Franz P. Hoskins Merrill J. Wicks Ioskins Public Relations Haskell L. Maier, Chairman Adams Wm. W. Mattson, Jr. Tudd Warren F. Smith Samuel E. Adams Herman S. Judd Herman S. Jugu Civil Defense Murray Johnson, Chairman Daniel Hunt, Admiral, U. S. Navy, retired Paul E. Bondo I. Robert Brooke James D. Lambing Diabetes Robert E. Lane, Chairman Iarris G. Marshall Whitacre Joseph B. Harris Entertainment Jesse W. Bowen, Chairman L. Stanley Durkin Charles P. Larson James M. Mattson Frederick J. Schwind Geriatrics J. Benjamin Robertson, Chairman Hollis Smith John L. Whitaker ith Legislative Douglas P. Buttorff, Chairman Wendell G. Peterson Homer W. Humiston Medical Education Committee Lewis A. Hopkins, Chairman J. Edmund Deming, Sr. Thomas B. Murphy Mental Health Committee William H. Todd, Chairman Treacy H. Duerfeldt Harlan P. McNutt George S. Kittredge F. E. Shovlain School Committee R. A. Norton, Chairman skin David T. Hellyer Lester S. Baskin Woodard A. Niethammer Traffic Safety John Theodore Robson, Chairman Don Francis Cummings Robert A. Kallsen Louis M. Rosenbladt

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Auxiliary News Editor	Mrs. Becky Banfield



Happy Birthday

July

- 1 PAUL MICKENS
- 2 PHILIP BACKUP
- 8 JAMES LAMBING
- 10 CLARIS ALLISON
 - HOMER CLAY
- 11 WALLACE HOYT
- 12 ROBERT FLORENCE
- 13 MICHAEL IRVIN
- FRANK MADDISON
- 21 GEORGE KITTREDGE
- 23 CHARLES DENZLER
- CHARLES MCCOY
- 24 JOHN SHEPPARD
- 25 CHRIS REYNOLDS
- 26 ARCHIBALD HEATON
- 27 FREDERICK SCHWIND
- 28 WILLIAM GOERING
- 31 MARTIN ELTRICH

FAY NACE

Roster Changes

JOHNSON, MURRAY L.	
Surgery—Tuesday and alternate Saturdays Office, 1412 Medical Arts BuildingFU Home, 501 North Tacoma AvenueMA	1643 5697
FERCUSON, ROBERT M. General Practice—Thursday and Saturday p.m. Office, 1118 Medical Arts BuildingMA Home, 3507 North AdamsSK	6424 4141
CRABILL, ROBERT P. General Practice—Wednesday Office, Lakewood Medical Center BuildingLA Home, 6926 Lake Steilacoom AvenueLA	4451 0558
MEIER, HERBERT H. Obstetrics and Gynecology Office, 729 Medical Arts Building MA also, 8808 Bridgeport Way S.W LA Home, 7 Barlow Road S.W LA	5711
For Roster Changes call the Medical SocietyMA	2020

Pierce County Medical Society DOES NOT MEET During the months of June, July and August

NOTICE

Check back page of Bulletin for calendar of special meetings

WHAT IS THE DIFFERENCE BETWEEN A TRANQUILIZER AND A SEDATIVE?

Comparison of the effect of Raudixin (tranquilizer) and a barbiturate (sedative) on the cortical electroencephalogram

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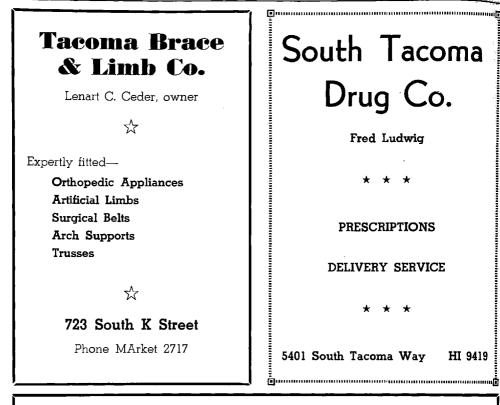
RAUDIXIN Squibb Whole Root Rauwolfia Serpentina

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Annual Pierce County Medical Society

FIELD DAY

Golf Fishing Dinner Et Cetera

Friday, July 20, 1956

TACOMA COUNTRY AND GOLF CLUB

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STAN DURKIN, Chairman Golf Committee



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It will repay you many times to see an attorney. He will give your family the protection of a properly drawn and legally sound will. And the cost may not be great.

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Letter To The Editor

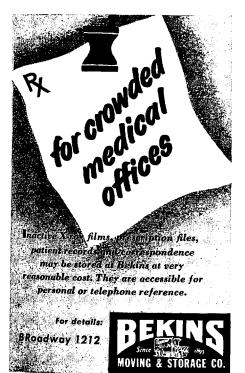
Dear Bill:

I was happy to see your editorial in the June Bulletin regarding the Social Security Poll and to find that you and I agree on the differences in the basic presentation of the two sides of the Social Security question.

In theory at least, the basic training of the medical profession has been scientific. We are supposed to look at the problems of the world pretty "cold turkey" and say, "This is a fact, this is a fact, and therefore we come to this conclusion."

And yet, in this debate only the one side has approached the problem in a scientific manner. Those who are against including physicians in social security generally start back with Bismarck and view with alarm anything that has happened in the meantime with which they disagree and yet, I have never seen their arguments mustered together so that they could be examined critically with a detached scientific approach in mind.

I am trying not to take either side in the debate as far as the final conclusion is concerned but unless the people against inclusion in social security come up with something more concrete than they have in the past, I am forced to con-



clude that the world is not going to "Hell in a hack" nearly as fast as they would lead us to believe.

With kindest personal regards, Eric R. Sanderson, M.D. Editor, King County Medical Society Bulletin

Medical Disciplinary Board Election

As you know, the Washington State Medical Disciplinary Board is composed of six licensed doctors of medicine, each of whom is elected from one of the state's congressional districts by the doctors residing in that district.

The Medical Disciplinary Act provides that Board members from even-numbered districts shall be elected in even-numbered years, and members from odd-numbered districts shall be elected in odd-numbered years.

Therefore, since 1956 is even-numbered, elections to the Board will be held this year in the Second, Fourth and Sixth Congressional Districts. Incumbent Board members from these districts are, respectively: Dr. W. C. Moren, Bellingham; Dr. J. E. Downing, Yakima, and Dr. Jess W. Read, Tacoma. These men are eligible for re-nomination and re-election.

The State Department of Licenses has announced the following procedure and time table for the election:

Candidates may be nominated by petition signed by not less than 25 licensed doctors of medicine residing in the nominee's Congressional District. These petitions must be filed in the office of the Director of Licenses in Olympia by 5 p.m. August 17, 1956. Nomination forms will be deposited with each County Medical Society and County Clerk in the three Congressional Districts involved.

The election will be held by secret mail ballot in September. An official ballot will be sent to each doctor residing in the Second, Fourth and Sixth Congressional Districts. The ballot will contain the name or names of all nominees within the district in which the voter resides. Voting will close at 5 p.m. on September 21, 1956.

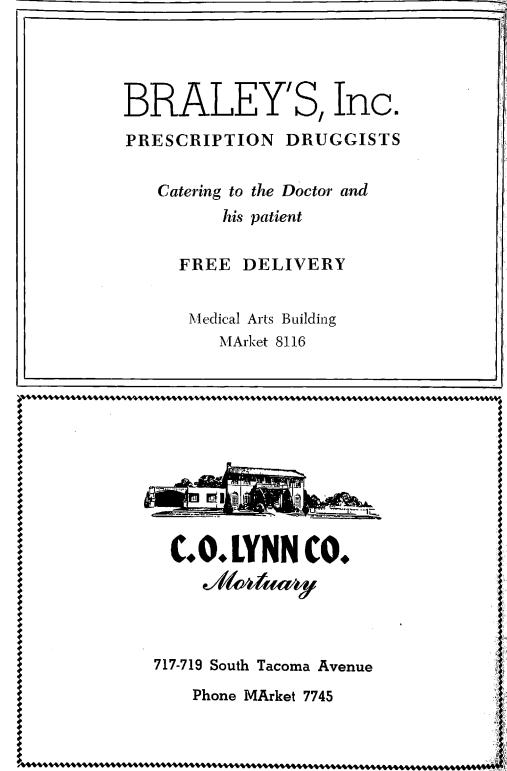
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Dr. Haskel Maier Conducts Very Successful Indoctrination Dinner Meeting

Our busy and energetic Public Relations Chairman, Dr. Haskel Maier, deserves great credit. During the last two months he has conducted an extensive survey of Pierce and King Counties—for all prospective members of our society. All were invited to attend an Indoctrination Dinner Meeting at the University-Union club, Thursday, June 14th. Only two or three were unable to come—and all those present felt it was most constructive. Several nice comments were made by members who transferred from other county societies.

The speaking panel included Mr. Robert Knight, who discussed bookkeeping and tax problems; Mr. Huber, who reviewed the problems of hospital administration and relations; Mr. Otten on the Welfare Program; Dr. Homer Humiston, the Bureau; and Mr. Bob Young, the legal aspects.

New and prospective members present were: Drs. Frederick M. Peters, William C. Hill, John M. Kanda, John Medved, Paul M. Gerstmann, Dudley W. Houtz, Jr., Vergil Condon, Frank Wery, William A. Sullivan, Vincent Murphy.

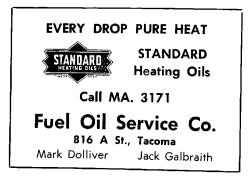
Drs. Douglas W. Erickson, Orvis A. Harrelson, Robert A. Kraft, Kenneth E. Gross, John F. Comfort, George H. Hess, Richard T. Davis, Thomas D. Moberg, Claris Allison, Donald F. Allison, James E. Hazelrigg, Edward S. Eylander.

Medical Society representatives were: Drs. Herman S. Judd, Gerald C. Kohl, Haskel L. Maier, and Wm. W. Mattson, Jr.

W. W. M., Jr.

Surgical Club Elects

New officers for 1956-57 were elected at the May meeting of the Tacoma Surgical Club. President, Louis P. Hoyer, Jr., M.D.; Vice-President, Edward R. Anderson, M.D.; Secretary, Warren F. Smith, M.D.



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BULLETIN of the Pierce County Medical Society

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HOSPITALS ...

Pierce County

Again it is that time of year when the hospital bids goodbye and wishes good luck to the outgoing interns. Drs. Donald Molinero and James Blankenship are entering the Navy and Drs. Clarence Benson, John Kenman, Douglas Beath will join the U. S. Army.

Dr. Paul Bassford and family are returning to Phoenix, Arizona, where Dr. Bassford will have a Surgical Residency at Maricopa County General Hospital. Dr. John Reeves and family are driving to Ohio, where they will visit relatives, then on to Texas City, Texas where Dr. Reeves will begin his practice. Dr. Frederich Flannigan will also enter the Army. Dr. Ralph Stagner will remain temporarily in the northwest as will also Dr. Lief Kvamme.

Dr. John Kanda will open an office in Sumner, Washington and Dr. Keith Senz will practice in Sequim, Washington. Dr. John Trantow remains as a resident doctor at Pierce County and Dr. John Dunlop will also do residency work at the same hospital until October, at least. We are pleased that some of these outstanding doctors are remaining in the Washington community and regret that others must go so far away.

Mrs. Anita Preston of the Physio-Therapy department will attend the World Confederation for Physical Therapy, New York City, June 17-23. In addition, she will attend the post-conference course at the Kessler Institute for Rehabilitation in West Orange, New Jersey.

The hospital personnel gathered for a coffee hour honoring Mrs. Alice Cain, housekeeping superintendent of the hospital for the past 12 years. Mrs. Cain is leaving to take over the position of Chief Housekeeper at American Lake Hospital. Mrs. Cain was presented with a beautiful mantel clock from her many friends who regret her departure.

Two recent weddings are of note, that of Ruth Hopkins to John Nagle and Janice Hopkins to Robert Turner. Both young brides are members of the clerical staff of the hospital.

Ann Ness, Emergency Room Nurse and her husband leave June 18 for a motor vacation along the Oregon coast and then to Banff, Canada.

Dr. Charles Chunn, D.D.S. and Dr. Robert Lukas, D.M.D., are the new members of the dental staff.

Angela Auer, formerly a technician in the Lutheran Hospital, Puyallup, and Barbara Janette of Shreveport, La., are the two new members of the laboratory staff.

Signe Kassa, Social Service, is vacationing with her family in Long Beach, California.

Mrs. Patricia Younie, dietitian, left to perform the same work at the Doctors' Hospital in Seattle. Mr. Yonuie, recently discharged from the Army, is entering the University of Washington as an Engineering student.

Ronald Miller, son of Mrs. Alice Miller of the Dining Room staff is visiting his mother. Mr. Miller is with the Geological Survey in California.

Tacoma General

July 1 is the date for the coming of new interns and the going of those who have served their year. Reporting for duty for the next twelve months will be Dr. Ernie J. Chaney, Dr. Herbert D. Doubek, Dr. Robert L. Hamilton, Dr. John S. May, and Dr. Donald Saunders, all of the University of Kansas Medical School; Dr. Charles J. Gehlen, of the Medical School of the University of Washington; Dr. Wood C. Hiatt of the University of Tennessee Medical School.

Upon completion of their internships here, Dr. Buckley and Dr. Beckman will report for residencies; the former in Pediatrics in Oakland, California, and the latter in Medicine at Fort Logan, Colorado. Dr. Reid has his orders to report to the Army at Fort Sam Houston, Texas. Dr. Bloomstrom will enter the Public Health Service in Lexington Kentucky; Dr. Miller reports to the Air Corps; Dr. Donnell has been ordered by the Navy to Washington, D.C., where he will have a four months urological internship before receiving further orders. Dr. Condon reports to the Navy also, while waiting for orders he will take Dr. Hoskins' practice while he is vacationing. Dr. Houtz is opening his own offices in Westgate here in Tacoma.

The annual picnic for all Tacoma General Hospital personnel was held at Ta-Ha-Do-Wa as it has been for many years, courtesy of Dr. Schultz. Even the rain did not interfere with the enjoyment of the fine food, the sociability of the occasion, and the hospitality of the host.

Mrs. Virginia Davies and Mrs. Georgina Gonyeau, Instructors in Nursing Arts, have resigned from the faculty of the School of Nursing. Their resignations become effective July 1.

(Continued on Page 13)

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(Continued from page 11)

Walter Huber, as president of the Washington Chapter American Association of Hospital Accountants, will attend the Fourteenth Annual Institute on Hospital Accounting. Sponsored by the American Hospital Association, it will be held this year at the University of Indiana, Bloomington, Indiana, from July 15-20.

The Tacoma General Hospital Diet Manual was revised June 1. At each chart desk there is a descriptive chart of the new diets in condensed form. Any of these new diets in detail may be obtained from the Dietitian, Mrs. Eudora Fulkerson.

St. Joseph's

July once again brings new interns to the hospital. We are very happy to announce six interns are coming to replace our present group. The new interns are: Dr. George R. Batey from the University of Tennessee, Dr. Myels E. McKitrich from the University of Nebraska, Drs. John P. Liewer, William L. Rohner and Donald Rohrssen, all from the University of Iowa, and Dr. William A. Silver from McGill University, Montreal, Canada. All are married, so we extend a very hearty welcome to them all and hope they enjoy our pleasant Northwest climate.

From the present group of interns the Doctors Son are leaving soon for Nebraska, Dr. Adamson and his family are going to West Virginia. Uncle Sam is claiming Dr. Sevenich and Dr. Medved is going to stay in Tacoma. Doctors Schmutzer and Stojicev will remain with us until August. The best of luck to all!

Dr. and Mrs. Robert Lundeen welcomed a baby boy on June 19, 1956 and also Dr. and Mrs. Del Kohler had a baby boy on the 20th.

Mrs. Rosalie Beard had a baby girl. Mrs. Beard is an R.N. and has been working in the Nursery here. Congratulations to all.

Record Department's Dream has finally come true! Some of our girls are having quite an interesting project to work on-microfilming all of the old medical records.

Mrs. Judith T. Anderson, formerly of the Medical Record Department, gave birth to a baby boy the 14th. Congratulations again.

We are very happy to welcome back Mrs. Sylvester, R.N. She has fully recuperated from her operation.

Among the highlights of the hospital personnel was Miss Christine Daly's wedding to Jack Boze on June 2nd and Miss Ching's wedding June 9th.

The two young ladies who are beginning their year of internship in the laboratory sciences are Janice Jones and Shirley Jorgenson. Both are graduates from Lincoln High School. We hope their stay will be enlightening to them and pleasant for all of us.

A hearty welcome is extended to Dr. Baskin on his return from an extended trip to Europe. He visited England, France, Holland, Switzerland and Italy and even had the privilege of two audiences with the Holy Father, Pope Pius XII and also to shake hands with him.

Historical Journal Received By Dr. Cameron

An unusual journal of medical lecture notes taken at the University of Pennsylvania in 1825 was presented to Dr. Walter C. Cameron, who has added it to the medical society library as an item of historic interest.

Replete with numerous references to blood letting, graphic descriptions of intestinal disorders and stark symptomatic descriptions, i.e.: "A fly may crawl over the eye without any inconvenience to the patient"—the journal points up the general advisability of ruggedness in both patient and doctor during that era.

The desire to take medicine is perhaps the greatest feature which distinguishes man from animals. William Osler





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A.M.A. New Physician's Directory Arrives

The 19th edition of the American Medical Directory, listing almost a quarter million physicians, was published May 26 by the American Medical Association.

The edition, the first since 1950, contains 3,122 pages and gives information on 240,638 physicians in the United States, its dependencies and Canada, according to Editor Philip. E. Mohr, of the A.M.A. directly department. It also lists American graduates temporarily in foreign countries.

Since the 1950 Directory, more than 250,000 changes of address have been recorded in the files of the directory-biographical department; 46,348 names have been added; 24,225 have been deleted because of death, and 1,172 deleted for other reasons. In the 1950 Directory, the total number of physicians listed in the United States was 201,277; in the 1956 edition, the number is 218,061, a gain of 16,784.

The Pacific states, as in 1950, show the largest increase in physicians for 1956, with a gain of 23 per cent over the 1950 figures; the South Atlantic and Mountain states show gains of about 16 per cent, and the Central, Middle Atlantic and New England states show small gains. California leads in the number gained, with 20,763 physicians in 1956 as compared with 16,668 in 1950, a gain of 24.6 per cent. Florida, showing an increase of 49.8 per cent, now has 4,530 physicians as compared with 3,025 in 1950. Texas shows a gain of 1,025 physicians; Ohio a gain of 990; Michigan, 963; and New York, 934. Among the smaller states showing a substantial increase in the number of physicians are Arizona, New Mexico, Oregon, and Utah. Slight losses in the number of physicians are indicated in Arkansas, Illinois, Iowa, Missouri, Vermont, and West Virginia.

A table showing the number of physicians by states classified as to type of practice indicates that 30 per cent of the physicians in the United States are in general practice; 10 per cent give special attention to a specialty but do not limit their practice to it; 31 per cent limit their practice to a specialty; 11 per cent are serving in ternships or residencies, with an additional 6 per cent in other full-time hospital services; 5 per cent are retired or not in practice; 4 per a cent are not in private practice; and 3 per cent are temporarily in military service in various government agencies.

"PATRONIZE OUR ADVERTISERS"

British Columbia Surgical Society Meeting Victoria, B.C.—April 20-21 (Continued from Last Month)

Stomal ulcers were suspected in 2.54% and proven in 0.86% of patients studied. In summary, these cases of Drs. Robertson and Sutherland seem to show that gastrectomy with Vagotomy offers very little which the standard 75% resection does not. Vagotomy is perhaps to be done as a secondary procedure if a stomal ulcer develops after a standard Gastrectomy. The patients with 50% resection and Vagotomy are not better off nutritionally than those who have had the 75% resection only. They actually lose more fat and nitrogen in the stools and are perhaps worse off. Stomal ulcers also occurred as often as when the 75% resection was done. So far as Dr. Robertson and his group are concerned, they will most probably abandon Gastrectomy with Vagotomy and return to doing the standard 75% resection alone.

Some thought provoking predictions for the future were suggested by Dr. Marvin Darrach's work in the Chemotherapy of Experimental Tumors. The British Columbia Group is working in close conjunction with other groups on the continent, including researchers at the Sloan Kettering institution in New York. Some of the compounds being tested show promise of being cancerocidal, at least in the experimental animals, and may perhaps be another step toward the ultimate goal of a chemotherapeutic solution of the cancer problem.

Dr. W. A. Dodds, anesthetist from the Vancouver General Hospital discussed the work in hypothermia in anesthesia as an adjunct to surgery which is being done at the Vancouver General Hospital. The workers at this hospital have been using cooling blankets to produce hypothermia. It was pointed out that the temperature may be safely reduced to 30° C. by this method. It has been found out that cooling as low as 25° centigrade stops production of the 17 hydroxy-ketosteroids. At this temperature the adrenal gland cannot be stimulated either by increased blood flow or by ACTH.

Dr. Peter Allen of Vancouver in his Prize Essay Paper gave the results of his experimental work on the "Feasibility of Autogenous Vein Grafts in the Replacement of Aortic Aneurysms." In the experimental animal Dr. Allen resected segments of inferior vena cava and substituted them for resected sections of the Aorta. While segments of vein, distend markedly under the Aortic pressure head, wrapping with nylon re-enforces them and prevents this. The nylon-wrapped grafts remained constant in length and width. Also the nylon became histologically incorporated into the adventitia in a firm fibrous coat. In order to stimulate fibroplasia the nylon-wrapped grafts were sprayed with 10% Sodium di-cetyl-phosphate, a powerful fibroblastic stimulant. In the experiments steel mesh was also used as a wrapping for the grafts, but it was difficult to work with and invoked only a mild fibroblastic reaction.

At the annual Dinner of the Society, Dr. Cattell favored the assembly with a dissertation on Strictures of the common bile ducts. In his address he emphasized the cause of bile duct strictures, principally injury of the ducts due to faulty exposure of the structures in the area of the hepatic portal. He pointed out that exploration of the common duct per se does not produce an increased incidence of strictures except perhaps when the duct is so small that surgery compromises the lumen. In the Lahey Clinic series the commonest sign of common duct stricture was external biliary drainage beginning approximately 48 hours post-operatively and continuing over a period of three to five weeks. It is Dr. Cattell's experience that repair of common duct strictures is not an emergency and that operation for their repair should not be undertaken until the patient has been properly prepared. He stated, however, that operation should be done before a spontaneous internal choledocto-duodenal fistula has a chance to develop. In this instance there ensues an obstructive type of cirrhosis, ultimately terminating in death. He has found the most desirable type of repair to be an end to end anastomosis of the duct. In discussing "T" tubes he said that he had had some tubes in for as long as nine years. It has been found that if the patient does well for at least two years after bile duct repair and good biliary function persists for this length of time, most probably good permanent results can be expected.

Attendance at this annual session of the British Columbia Surgical Society was most rewarding, not only from a scientific point of view, but also in terms of friendships made and renewed. I, for one, am already looking forward to being present at next year's meeting of this Society.

-Richard T. Davis, M.D.

AROUND TOWN

Many members had the pleasure of seeing Dr. Robert M. Chambers in town during part of June. He has completed a postgraduate course at the University of Pennsylvania and is now beginning his residency in Neurosurgery at the Ohio State University School of Medicine. In addition, Dr. Chambers is associate professor of surgery there.

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Attend Meetings Drs. Helen and Hollis Smith Attend Washington State Tuberculosis Association and Pacific N.W. Trudeau Meetings in Wenatchee

Summary of Meetings

The annual meeting of the Washington State Tuberculosis Association was held in Wenatchee June 14th and 15th, followed by the Pacific Northwest Trudeau Society meeting June 16th. The Thursday and Friday meetings were given over to the discussion of Tuberculosis Association problems and featured two out of state men, Dr. Floyd Feldman, the Medical Director of the National T.B. Association, New York City, and Dr. John Steele, who is connected with the Veterans Hospitals in California. The Saturday meetings were strictly medical, the first paper being presentation of a case by Dr. Mattice of the Veterans Administration in Seattle, in which he reviewed a case history of a 25 year old Negro. This man was first seen on Otcober 27, 1955 with an x-ray showing a diffuse nodular infiltration throughout both lungs. On the following day he was admitted to the Veterans Hospital and skin tests for tuberculosis, coccidioides and histoplasmosis were all negative. Lymph node biopsy was done and the diagnosis of sarcoid confirmed. This individual was then started on Metacortin with remarkable improvement, and in January he was discharged from the hospital. Follow-up x-rays as late as June, 1956, showed the condition still to be inactive.

Considerable discussion followed this paper because it was pointed out that many cases of sarcoid are benign and heal spontaneously very similar to the case mentioned. Cortisone is, however, of help but oftentimes will have to be carried for a rather long period of time. Oftentimes after a two month period of treatment they will notice an exacerbation of the disease and it will have to be repeated. It was noted that while giving cortisone tuberculin skin test should be done at routine intervals and if the skin test changed from negative to positive during the course of the treatment, chemotherapy for tuberculosis should be seriously considered.

The second paper was by Dr. R. M. Lane from Victoria, who talked on tuberculosis and pregnancy. His study of the literature confirmed our present concept that pregnancy is not a serious complication of tuberculosis at this time.

The next paper was presented by Dr. Phil Sauntry from the Veterans Hospital in Seattle on cystic lung disease. A short movie was

shown in which they showed the treatment of cystic lung disease by resectional surgery. It was especially well done. It was the feeling that these cases should be operated upon because if not, they became progressive and the surgery could be done with little or no danger. Again, discussion was rather lively because it was stated that they do not know the etiology of these cysts or emphysematous bullae, and even though the blebs are resected it is impossible to get them all, and if it is progressive will they not recur? In the group down at the Veterans Hospital, over a period of a few years they state they have had no recurrence to date, although one of the discussants had a case where blebs developed subsequently in the contralateral lung. It developed that surgery was quite a controversial subject and apparently the case that is to be operated upon must be selected very carefully.

Dr. William Kirby of the University of Washington then gave his paper on staphylococcus pneumonia. It was his feeling, and he was quite definite on this, that the series of cases presented were admitted to the hospital with other conditions and all acquired their staphylococcal pneumonia in the hospital. They had been on antimicrobial therapy for other conditions and strains of resistant staphylococci developed. He went on to say that mattresses and blankets examined for the possibility of infection just were teeming with staphylococcus on culture. He feels that any case with staphylococcus infection should be put on strict isolation technique. These organisms were resistant to all drugs except chloromycetin, erythrocin and bacitracin. They soon become resistant to the first two and were only sensitive to bacitracin. It was his feeling that 50% of these cases proved to be fatal. He said in examining postmortem cases at King County Hospital, they would culture lung material and in two weeks a heavy growth of staphylococcal organisms was seen. Most of these cases developed acute pneumonia by x-ray, followed by lung abscesses and some had positive blood cultures. He stated that the new drug, cathomycin, seems to be excellent against these organisms but the organisms become resistant rapidly within three to four days. Another new drug which is coming out is vancomycin which, at the present time, seems very interesting as they have been unable so far to develop staphylococcal resistant organisms.

The next paper was presented by Dr. Roland Pinkham from the Children's Orthopedic Hospital in Seattle on staphylococcal empyema in children. He felt that this was different from the infection mentioned by Dr. Kirby. He felt (Continued on Page 19)

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it was not acquired in the hospital but picked up on the outside, and these in no instance develop positive blood cultures or lung abscesses. However, this was a series of only nine cases from ages of one month to seven years. Dr. Kirby felt that more research should be done in these cases to be sure that they were not hospital acquired. These cases were all treated with catheter drainage, two requiring open drainage and two requiring decortication. All were sensitive to bacitracin and erythromycin and chloromycetin, all nine showing a pure culture of hemolitic staphylococcas coagulase positive. It was the feeling of the speaker that perhaps decortication should not be done at the present time because so many of these eventually clear spontaneously. Dr. Steele of California was in favor of not doing decortication but Dr. Jarvis of Seattle felt that decortication in selected cases would markedly cut down the length of hospitalization.

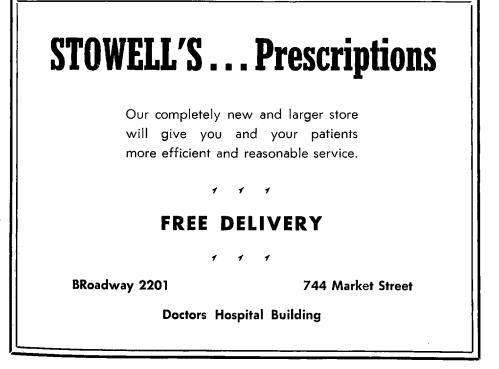
The next paper was by Dr. Arany from the Veterans Hospital in Walla Walla, who talked on rapidly and spontaneously subsiding pulmonary infiltrations which he felt in many instances were actually cases of tuberculosis and even though x-rays became negative in a month's time the case should be given chemotherapy for tuberculosis.

The final paper was by Dr. John Steele of

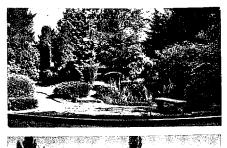
California on chest drainage following pulmonary resection and after many attempts at various methods, has determined that two catheters should be used, and he prefers rectal catheters which are opaque and easily seen on the x-ray. He feels that the upper catheter should be placed in the extreme apex. He says in most instances suction is used rather than mere waterseal drainage, the usual amount of suction between 10 and 20 centimeters of water. Plastic tubing is used from the bottles to the rectal tube and the drainage can easily be watched. For a resection case he closes the remaining space by either phrenic or what he called a 'waterfall" thoracoplasty in which just the lateral portions of the ribs were removed, leaving as much expanded lung as possible. He was asked how long did he wait after resection before he did the thoracoplasty, and his reply was that he always did the thoracoplasty either before the resection or at the time of the resection because he wanted the lung completely re-expanded as soon as possible.

The medical meetings were attended by Dr. Hollis R. Smith and Dr. Helen Price Smith from Tacoma, and the T. B. Association meetings were attended by Miss Stella Kellogg and Mr. John Krilich.

Submitted by the Drs. Smith per request of Editor.



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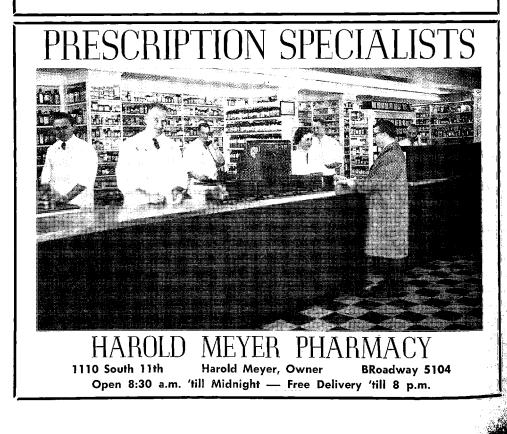
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Introducing



Dr. John F. Comfort

John is another "Tacoma Boy," finishing Bellarmine in 1945 and then going to Gonzaga to graduate in '49. He went to medical school at St. Louis and interned at Lettermen General Hospital from 1953-54.

After one year dispensary type duty with the Army in Michigan, John returned to Tacoma to start practice in '55 and subsequently took over Dr. Bob Chambers' practice.

John's family consists of wife "Maggie" and four children, ages 5-3-2-1. They reside in Lakewood.

John is an enthusiastic fisherman, both fresh and salt water and also finds time to play golf —mostly at Meadow Park.

Introducing



Dr. Thomas D. Moberg

Tom comes from Minneapolis. After completing his elementary education he went to the University of Minnesota where he had a combined college-medical school course from '42 through 1945. After an internship in Waterbury Hospital. Tom did six months of general; practice in northern Minnesota. Subsequently he returned to Waterbury for one year in radiology and Minneapolis for two additional years at the Swedish Hospital.

Tom was in Korea and Japan from '52-'54 with the Army and then returned as a staff Radiologist at Swedish in Minneapolis until the end of '55. In January of this year he came out to Tacoma to be associated with Dr. Sanderson in Radiology.

Tom lives on Ekyline Terrace with wife Myrna and their 4 year old son John and 6 weeks old daughter Mary.

Tom is a proficient golfer, having won the recent Pfizer derby.

Library New Books

Year Book of Endocrinology......Gorden Manual of Proctology.....E. Granet

"The Office Assistant"

A 350-page manual for the modern physician's "Girl Friday" was made available in medical book stores throughout the country about May 8th.

Éntitled "The Office Assistant," the book contains suggestions for more efficient procedures and methods of handling nearly every phase of medical office work. Its contents are valuable to anyone employed in a doctor's office—secretary, receptionist, nurse, bookkeeper, technician. The book was planned to save the doctor time, money and a vast amount of explanation in the training of an efficient office aide.

Authors are: Portia M. Frederick, Instructor in Medical Office Assisting, Long Beach College, Calif., and Carol Towner, director of special services, A.M.A. Public Relations Department.

The book will sell for \$5.75 and orders should be sent direct to the publisher, W. B. Saunders Company, West Washington Square, Philadelphia 5, Pa.

This illustrated reference manual answers such questions as: how to care for instruments and supplies, how to write a series of collection letters, how to keep a narcotics inventory, how to prepare a patient for various types of examinations, and how to prepare accident and health insurance forms. About half the chapters deal with the medical assisting side of the office and the remainder with the business side.

A colonel was transferred to a new command. On reaching his depot, he found stacks of old documents accumulated in the archives of his predecessors, so he wired headquarters for permission to burn them. The answer came back: "Yes, but make copies first."



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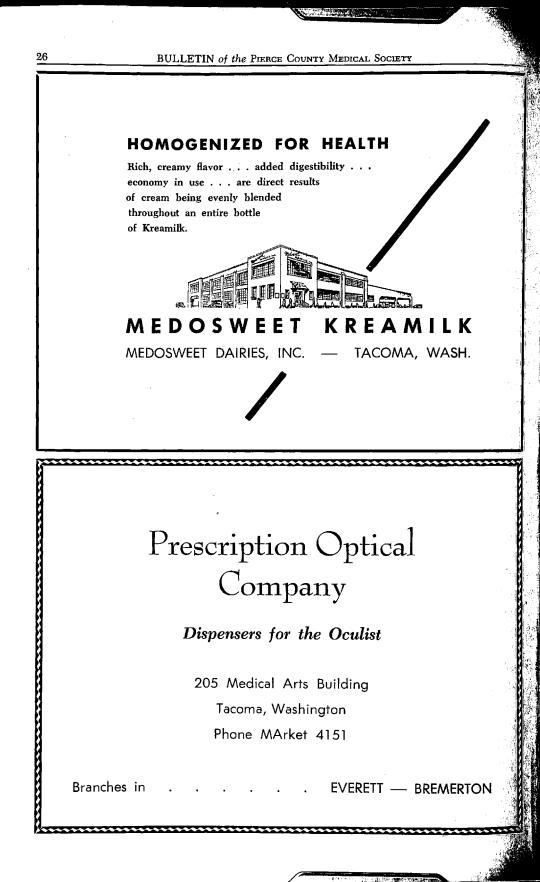
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Assembly Held in Spokane Scientific Assembly of Washington State Academy of General Practice

On May 25 and 26 the Fourth Annual Scientific Assembly of the Washington Academy of General Practice was held in Spokane, attended by 242 physicians and 35 pharmaceutical exhibits. Keynoting the Assembly was Dr. Jack S. DeTar, president of the national organization. Dr. DeTar said that the personal general physician should remain responsible for the overall care of a patient. The doctor should work with and consult specialists when he encounters health problems beyond his own professional competence. Because some 30 million families are without a regular doctor, the trend in medical education is to produce general family physicians rather than specialists.

In speaking of "Surgical Emergencies in General Practice," Dr. A. Lee Lichtman, Clinical Professor of Surgery at New York's Polyclinic Medical School, briefly reviewed the physiology of blood volume, electrolytes and fluid balance. Treatment of shock in the presence of adrenal insufficiency must be combatted with the entire spectrum of corticosteroids to control inflammation and salt shift. Thyroid imbalance may sometimes be a factor in shock and it is best treated with iodine or ergotrate. There may also be a diabetic factor, with negative nitrogen balance and acidosis, which can only be corrected by administration of glucose and insulin. Hesperidin and vitamin C is beneficial because of reduced capillary permiability. The escape of lymph from wound surfaces ("white hemorrhage" of McHenry) will contribute significantly to shock. Administration of tetanus antitoxin should be a part of treatment since this complication kills 728 persons annually.

The history is most helpful in determining the probable location and cause of gastrointestinal hemorrhage. Patients on cortisone and the aged may have "silent" ulcers. Emergency Roentgenograms using thick barium will frequently demonstrate an actively bleeding ulcer. Patients should be given "expectant" transfusions while awaiting stabilization after which about 1/3 should go to surgery.

Dr. Lichtman condemned the use of tests to confirm perforation of an ulcer. Valuable time is wasted when immediate closure is indicated. Not more than 15% of these patients should have emergency resection.

Lacerations of the liver and spleen is a common emergency in children. Frequently pain is referred to the shoulder. All bile and fragments should be removed.

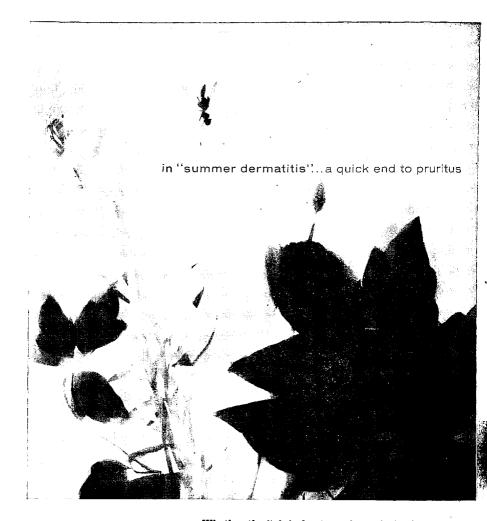
Antibiotics, rather than surgery, should be used for acute cholecystitis in the presence of high fever because administration of anesthesia in the presence of liver damage may produce hepatic failure and renal shut-down. Antibiotics have also obviated the use of drains in surgery of the appendix.

Unwarranted delay in surgery may result from attempts at intubation of cases with intestinal obstruction. This delay is most serious if strangulation is present. Early diagnosis and decision is also important in the newborn.

Dr. Lichtman gave a second paper on the "Prevention and Treatment of Traumatic Injuries in Athletes." Proper training and conditioning of the athlete is the most important factor in the prevention of injuries. Not only is timing and coordination developed, which keep him out of trouble, but there is a change in the energy conversion mechanisms of the body. B12 improves performance through better coordination, decreased salt loss, lower blood protein and diminished blood viscosity. Stimulants, like benzedrine, do not increase work output. They may cause accidents because of misjudgment Hesperidin and Vitamin C strengthens the intercapillary cement substance and thereby decreases hemorrhage. The effects of trauma may be rapidly reduced by the intramuscular administration of Trypsin, 1 cc per day. Dr. Lichtman feels that cortisone and procaine have no place in the treatment of injuries.

"The First 60 Minutes After Your Coronary Occlusion" was the arresting title used by Dr. E. Grey Dimond, Professor and Chairman, Dept. of Medicine at Kansas University. He pointed out that the incidence of occlusion is 4 per 1000 among M.D.s and at this rate some 12 Washington doctors will be stricken this year. A movie film was used to show the sequence of events following experimental occlusion in dogs. Coincident with injury there is an immediate elevation of the RST segment. Extra systoles appear with runs of premature ventricular contractions which merge into ventricular tachycardia, arrhythmia and finally fibrillation. 75% of dogs expired within 24 hours. When subjected to cold hibernation all died within 10 minutes. Under the influence of tranquillizing drugs none lived beyond 3 minutes. Morphine with atropine reduced the mortality to 25%. Based upon this work, Dr. Dimond advises a large does of Morphine with atropine for the coronary patient. With survival past the first hour, the patient may be hospitalized and such medications as oxygen and aminophylin given. In the hypotensive patient, Quinidine I-M is used, followed by 6 gr. four times a day orally. Complete physical examination, daily baths, visitors, ward rounds, bed pans and other

(Continued on Page 29)







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(Continued from Page 27)

hospital routines are best omitted in these patients. Smoking is interdicted.

^{*} Dr. Frederic H. Bentley, former head of Department of Surgery at the University of Durham, England and presently of Portland, Oregon, spoke on the management of Gall Bladder disease. If most pathology of the gall bladder is surgically removed the results will be good. However, surgery should be avoided in patients who have other serious disease or illness, patient with "silent" stones who are above 50, and patients with gall bladder symproms but normal x-ray findings.

Dr. Bentley's cholecystectomy technique begins with traction upon Horton's pouch. The cystic duct is dissected free for a short distance so that it may be clamped and divided under direct vision. He finds it unnecessary to investigate the many anatomic variations which may be present in the hepatic triangle. Successive clamping and cutting close to the gall bladder serve to free it from the triangle. "T" tubes are rarely used but the G.B. bed is always drained. Simple G.B. drainage is the procedure of choice when; (1) it is adherant to surrounding structures, (2) it has shrunken about stones and is deeply imbedded in liver substance and (3) when there is acute inflammation which has been present for more than 36 hours. Exploration of the common duct is not done routinely since this increases morbidity. It should be done (1) when the common duct is dilated, (2) when stones can be palpated in the duct, or (3) when there is a history of recurring jaundice. Operative injury to the duct may be indicated by continued bile drainage beyond 10 days or by the appearance of jaundice. Reoperation is mandatory.

Dr. Melvin Áspray, radiologist of Spokane, used slides to present a "Travelogue in Radiology." He stressed that pathology frequently is not seen because it is not looked for. An image amplifier, air contrast techniques, and careful positioning of the patient greatly enhance the value of radiography. That technical improvement does not always result in better diagnostic films was demonstrated with the excellent gall bladder dye—it concentrated so well that it hid the small stones present. The old 14 x 17 film is much more satisfactory than microfilm for comparison of changes in pulmonary lesions.

In his usual brilliant manner, Dr. Robert J. Johnson, anatomist from the University of Washington, discussed the functional anatomy of the "silent" areas of the brain.

Dr. Frederick Scheyer, senior consultant at the University of Washington, talked on psychosomatics in relation to individuals sub-(Continued on Page 31)

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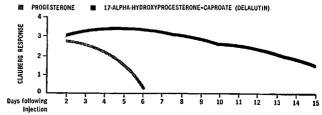
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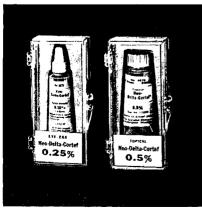
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NIGHT DELIVERY BY TAXI ☆☆☆☆ GR. 8693 98th and Pacific (Continued from Page 29)

jected to trauma. All psychic energy seeks bodily expression, according to Dr. Scheyer, and the pattern of response to pain or trauma is formed early in life. With excessive load upon the psyche, the individual's response to trauma may shift to an infantile character pattern. No man has the right to say that an individual should not break under a certain circumstance, for everyone has a breaking point.

Dr. Scheyer explained how trauma and stress warp the truth, but he emphasized that there is always a factual basis and that it is important to find this basis. Usually there is a disturbance in the family relationship. Frequently resentment, self-condemnation, or a feeling of guilt result from an accident. Criticism from others may increase the individual's disability, while friendly acceptance and helpfulness will diminish it by reducing or preventing an emotional overload. There is no specific therapy for psychosomatic disease, as there is for organic illness. A search for underlying factors relieves tension. The patient can learn to recognize his own weaknesses and the emotional basis for his illness. A friendly, openminded, positive approach will go far in winning the confidence of the patient.

(To be continued next month)



Worn out with sneezing or scratching, your allergic patients need relief from the depression which is often brought on by their allergy symptoms.

You can give them a lift with Plimasin, a combination of a proved antihistamine and Ritalin — a new, mild psychomotor stimulant. Plimasin, while effectively relieving the symptoms of allergy, counteracts depression as well.

Dosage: 1 or 2 tablets every 4 to 6 hours if necessary.

Tablets (light blue, coated), each containing 25 mg. Pyribenzamine® hydrochloride (tripelennamine hydrochloride CIBA) and 5 mg. Ritalin® hydrochloride (methyl-phenidylacetate hydrochloride CIBA)

your allergy patients need a lift



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MONTHLY MEETINGS

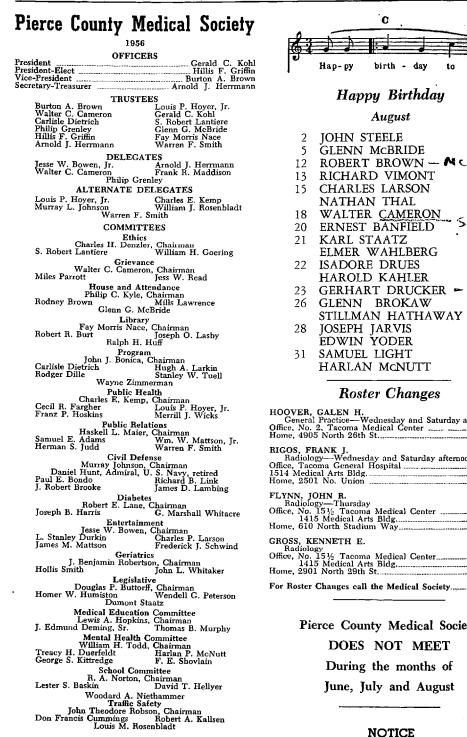
- STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—at 6:15 p.m.
- TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club
- SURGICAL SOCIETY Third Tuesday of each month—6:30 p.m. at Tacoma Club
- STAFF OF PIERCE COUNTY Last Monday of each month-6:15 p.m.
- PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the Month-8:15 p.m.
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.-12:15 p.m.

The BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

VOL. XXVI—No. 12

TACOMA, WASH.

AUGUST - 1956



Bulletin Staff

EditorW	'illiam	Mattso	n, Jr.
Business Manager	Sb	irley Ir	neson
Auxiliary News Editor	Mrs. F	Ioward	Pratt



Happy Birthday

R.W

- STILLMAN HATHAWAY
- HARLAN MCNUTT

HOOVER, GALEN H. General Practice—Wednesday and Saturday afterno Office, No. 2, Tacoma Medical CenterBR Home, 4905 North 26th StSX	6500
RIGOS, FRANK J. Radiology—Wednesday and Saturday afternoon Office, Tacoma General HospitalMA 1514 Medical Arts BidgFU Home, 2501 No. UnionPR	1181 2691
FLYNN, JOHN R. Badiology—Thursday Office, No. 15½ Tacoma Medical CenterMA 1415 Medical Arts BldgFU Home, 610 North Stadium WayBR	2691
GROSS, KENNETH E. Radiology Office, No. 15½ Tacoma Medical CenterMA 1415 Medical Arts BldgFU Home, 2901 North 29th StPR	2691
For Roster Changes call the Medical Society MA	2020

Pierce County Medical Society DOES NOT MEET

During the months of

June, July and August

Check back page of Bulletin for calendar of special meetings

A MALE ALLAND

WHAT IS THE DIFFERENCE BETWEEN A TRANQUILIZER AND A SEDATIVE?

Comparison of the effect of Raudixin (tranquilizer) and a barbiturate (sedative) on the cortical electroencephalogram

No drug.

After Raudixin. E. E. G. not altered.

Man MM wall man May M Marry Man graph M Man Min and M Man with After barbiturate. Typical "spindling" effect.

Because barbiturates and other sedatives depress the cerebral cortex, the sedation achieved is accompanied by a reduction in mental alertness.

Raudixin acts in the area of the midbrain and diencephalon, and does not depress the cerebral cortex. Consequently, the tranquilizing (ataractic) effect achieved is generally free of loss of alertness.

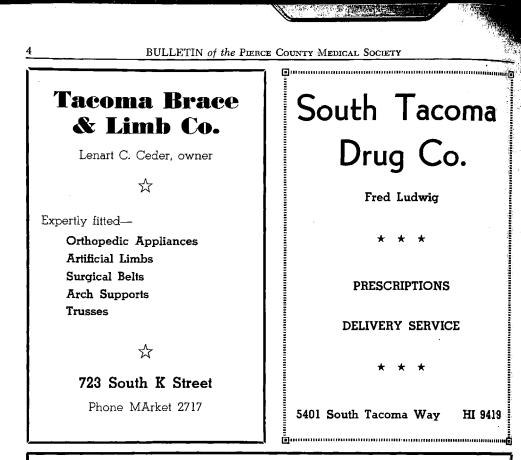
RAUDIXIN Squibb Whole Root Rauwolfia Serpentina

DOSAGE: 100 mg. b.i.d. initially; may be adjusted within a range of 50 mg. to 500 mg. daily. Most patients can be adequately maintained on 100 mg. to 200 mg. per day.

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Letters To The Editor

Dear Bill,

I feel this suitable for reprint in our Society Journal. What do you think?

Mike Kass

Editorially Speaking . . .

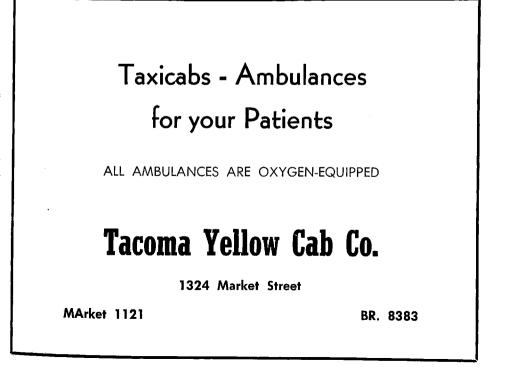
WANTED: Letters to Congress

The idea of an income tax credit for persons paying college tuition fees appears to be making some headway in Congress. The American Alumni Council reports more than a hundred congressmen have expressed interest and sixtytwo have signified their support. The figures include only those House members who have indicated their feelings directly to the Association; and although far short of a majority, they show a strong core of favorable opinon.

Several bills for a tax credit have been introduced in the House, including one by Tulane Alumnus Hale Boggs, L'37. Senator Alexander Wiley of Wisconsin has introduced a similar measure in the Senate. These bills would allow a percentage of any tuition paid to a college or university to be deducted from the payer's income tax for that year. The reduction would be on the tax itself rather than on the reported income, so that the saving in dollars would be the same regardless of the tax bracket. Although all parents of students would welcome a tax reduction, these bills have been urged primarily as aids to education. They would allow more parents to send their sons and daughters to privately endowed institutions; would permit a larger proportion of available scholarship funds to be allocated to students most in need; and would presumably increase the total of annual giving by Alumni and parents.

AAC reports that two obstacles to the bills have developed: "The first is the Administration's unwillingness to support any tax reduction at this time. This makes it difficult for Republican congressmen to act even though they favor the tax credit plan. The second is the opposition of the Treasury which also is anxious to balance the budget.

On the more favorable side, continues the AAC report, "is interest being exhibited by several high government officials and the energy and leadership being displayed by Congressman Hale Boggs, a member of the Ways and Means Committee. He is pushing hard for a hearing on his bill (HR 4621). He appeared before the American Council on Education's committee on Relationships in February to discuss the proposal and indicated that the Ways and Means (Continued on Page 7)



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(Continued from Page 5)

Committee would hold public hearings this spring. He is hopeful of passage if hearings can be expedited and the importance of the legislation can be impressed upon members of Congress.

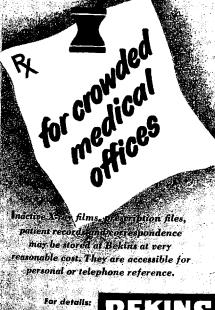
"Action is now pinpointed on the Ways and Means Committee. Communications in support of HR 4621 and addressed to members of the Ways and Means Committee can be vital at this critical stage."

Whether or not the bill has a chance of passage this year, the ultimate success of the tax credit plan will depend upon the public support it receives. A Tulane Alumnus is leading the fight for the plan in Congress. Who should be his staunchest and loudest supporters?

The Tulanian, May, 1956

Dear Bill,

I want to express a feeling of nostalgia that keeps recurring to me, as I take leave of the Pierce County Medical Society. This 3½ years has been my only experience of private practice. It probably will continue so, as my heart really lies more in community work. But it has been a gratifying time for me, largely because of the casual, warm give and take that I have enjoyed with the rest of the profession. This





has by no means been restricted to medicine and patients. It has covered everything from politics to religion, from chiropractic to loyalty oaths. It has been a lively and fertile exchange, which leaves me a memory of affectionate good will to carry away with me to Pennsylvania.

Robert C. Murphy, Jr., M.D.

Dear Bill,

Both your editorial in the June, 1956 Pierce County Medical Society Bulletin and the comments of Eric Sanderson, caught my eye. The "facts" for the respect to myself may be of some interest.

At age 52 I discontinued the private practice of medicine and became the Medical Director of the Pierce County Industrial Medical Bureau. As a salaried employee of the Bureau, I automatically come under the provisions of the Old Age and Survivors Insurance provisions of the Social Security Act. Let us make the assumption that I shall continue in this employment until age 65 and then retire. Under the existing law, 4% of \$4200 per year will be paid into the Social Security Administration to my account. As I figure it, this would amount to \$2184 over a period of 13 years.

Upon retirement at age 65 I would begin to draw \$108.50 a month to be paid as long as I live. When my wife attains age 65 I would be paid an additional \$54.30 a month or a total of \$162.80 a month, as long as we both lived.

Life insurance tables of longevity predict that I would live another 24 years from right now, and that my wife will live 29 years. If we hit this expectancy our combined return from the Social Security Administration after retirement at age 65, as nearly as I can compute it, is \$27,999.60.

This isolated example may throw a little light on the question raised in your editorial as to whether the worker, his children, or his grandchildren are going to pay for his Social Security.

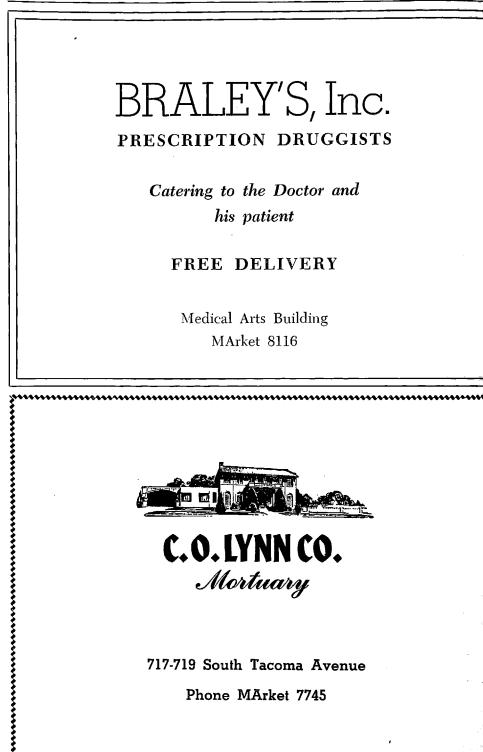
Respectfully,

PIERCE COUNTY INDUSTRIAL MEDICAL BUREAU, INC. Homer W. Humiston, M.D., Medical Director.

Thanks, Homer, for advising us re your experience with the Social Security program. It sure does make clear whose going to pay for it. The Editor.

Drunk: Ho, lady, you got two ver' beautiful legs.

Girl (snapping): How would you know? Drunk (brightly): I counted 'em.



BULLETIN of the Pierce County Medical Society

HOSPITALS ...

Saint Joseph's

A New Look!

Have you seen all the little men standing on scaffolds hanging from our hospital? No, they are not tearing us down to build an ultra-ultra super market, they are just giving us a face lifting operation. These are the busiest little fellows. All day long they hang there from their scaffolds with their little putty knives puttying the cracks of the red bricks with the white cement. So next time you are coming to St. Joseph's Hospital, don't drive by that sparkling clean building with the white-washed ledges, it's just our new look.

The illuminated cross which originally was a landmark has again assumed its rightful place as the highest point in Tacoma, a beacon light to all coming into the city.

News from Pediatrics

Vacation time is certainly around in our department. Mrs. Cheng (formerly Miss Chen) came back from her honeymoon at Yosemite Park, California. Mrs. Margaret Johnson, Mrs. Mary Bricker and Mrs. Anna Riedell are the other vacationers who just returned to work. Mrs. Marie Renggle, our night nurse is vacationing with her family up in Canada and down at the Ocean. Hurry back Marie, we miss you.

Welcome back Maria, our kitchen and cleaning lady. She returned after three weeks of hospitalization. She looks grand.

From Maternity

July 3rd, 1956—Baby girl born to Dr. and Mrs. Marlatt.

July 7th, 1956—Baby boy born to Mr. and Mrs. Lawrence Mayer.

July 10th, 1956—Baby girl born to Mr. and Mrs. A. B. Weaver. Congratulations to all!

Record Department

The microfilming of the medical records is progressing very smoothly. Already the girls are making great progress in the intricacies of camera loading and film checking. A few more summers and all the old records will be on film.

School of Nursing

On July 16th, the School of Nursing had its annual picnic. Students arrived at various hours during the P.M. by bus and car. A most enjoyable day of swimming, games and sunbathing was enjoyed by all. Food in abundance was consumed and I'm sure we all agree it is one of the highlights of the year on the school calendar. Classes have resumed as of July 3rd and are in full swing. Seven Junior Students have left for Firlands Sanitorium in Seattle for their Tuberculosis affiliation.

On July 30th the senior class will be entertained at a farewell party at the home of Mrs. Reedinger.

Sister Columba came over from Spokane for the week-end. She will have finished her course in Anesthesia in September. We were all glad to see her as she is always bushels of fun.

Sister Valeria has a beautiful new Recreation Room for the Intern Staff *only* on the Sixth Floor. It is complete with telephone, T.V., ping pong tables, lounging chairs and everything to make the well deserved leisure hours of the Interns more enjoyable.

The new Interns are doing a wonderful job keeping everybody happy, especially the visiting M.D.s. We hope they don't change until July 1st, 1957. Keep up the wonderful work.

Pierce County

Pierce County Hospital is welcoming a new group of interns who began service here on July 1, 1956. Five of them are from the University of Nebraska and they are Dr. Larry Bosley, Dr. Paul Gustafsen, Dr. Philip Marsh, Dr. Jack Paap and Dr. John Sage. Others are Dr. Howard Bowman, University of Washington; Dr. Forrest Harris, University of Texas; Dr. Dan Stipe, University of Kansas; Dr. Bill Wadell, University of Oklahoma; and Dr. Eugene Johnson, University of Iowa. Dr. Frederich Nesbit, lately of the University of Geneva, Switzerland, is acting as resident physician along with Drs. Trantow and Dunlop who were members of last year's Pierce County Hospital intern group.

On June 20th the members of the Social Service Department entertained Mrs. Williamson and Mrs. McKibbon in honor of their birthdays. Many of the older retired employees of the department were present, among them Mrs. McKamey who for many years was a valued member of that department.

Other news from the Social Service Department includes the return of Mrs. Margaret Jonez as a relief employee during the summer. Also, Mrs. Lou Hershey is spending her vacation with her daughter and son-in-law and grandchildren, the Scioscias, in Los Angeles, California.

Gloria Richards, Record Department, is visit-(Continued on Page 11)

BULLETIN of the Pierce County Medical Society

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MArket 0118

TACOMA 3, WASH.

(Continued from Page 9)

ing her brother in Albuquerque, New Mexico. She also plans to visit Mexico City before returning to Tacoma.

Friends of Eva Clarkson are pleased to know that she is recovering from her recent illness and can have visitors at St. Joseph's Hospital.

Beth Brennan and Mary Keith of the Dietary Department are motoring through California during their vacations. They will visit especially in San Francisco, Sacramento and Los Angeles.

 \bar{M} rs. Esther James of the Medical Nursing Department has just returned from a motor trip through Eastern Washington and Oregon and Mrs. Clara Gratzer, head nurse of the Second Floor has left on a similar vacation by car.

Dr. Clyde Hurst will substitute as Pathologist of the Hospital during August while Dr. John L. Whitaker is vacationing with his family at the Whitaker summer home on Long Lake.

Mary Bridge Children's Hospital Informational Letter May-June

Successful Year

The annual meeting of the Women's Auxiliary and Guilds was held recently. Reports indicated a very busy year, also, a splendid, well set up organization. Mrs. Lloyd has been re-elected for another year as President.

Total amount of money raised by the Guilds for the year was \$80,484.00. Paid to Mary Bridge Children's Hospital for operating expenses, \$72,380.00. The number of days of service for the volunteers in the hospital totaled 7,188. Their membership includes 1,797 for the Senior members, and 643 for the Junior members.

New Project

The Surgical Club of Tacoma has requested that a Bone Bank, for grafting purposes, be established in the Children's Hospital, and the Medical Staff has approved.

Gifts

Recent gifts to the hospital: Bone Bank equipment, \$1,000 from a retired doctor; \$25,000 from a Tacoma citizen, for a second elevator, which is a part of the finishing of the third story; \$657.69 from the Elk's Lodge in Puyallup, for Crippled Children's service; Ford Foundation, \$6,850, and another check for the same amount is forthcoming later; also numerous small gifts.

New General Surgical Table

A new general surgical table has been purchased and installed, and is now in use. Surgeons are highly pleased with it. It has all of the latest attachments for children's surgery. This hospital is now equipped to do all types of surgery for children.

We have had a high patient occupancy for June, and have been *unable* to care for all seeking admission. We have had a heavy surgery schedule, with two surgeries in operation most of the time.

The Elks

The Benevolent and Protective Order of Elks members have just closed their State meeting held in Tacoma. They showed considerable interest in the Mary Bridge Children's Hospital. A group of delegates came to visit and inspect the hospital. They expressed delight over seeing such beautiful grounds, building and splendid equipment.

Guests

Mrs. Burns Lindsey, President, and Mrs. Henry Ketcham, 2nd Vice-President of the Board of Trustees of the Children's Orthopedic Hospital in Seattle, were guests of our hospital for lunch last week. They had not seen this hospital before. They spent considerable time in looking over the entire building, and equipment and services. They expressed considerable surprise over our modern set-up and made notes of items for use in their hospital.

Inspection

The Deputy State Fire Marshal and the building inspector for the Tacoma Fire Department inspected our hospital this month. This was for the purpose of checking up to see to what extent hospitals will be able to conform to the new State and City standards to measure up to the new law for licensing hospitals. When they had finished they said: "You have a good building, and well planned for safety. We wish that all hospitals we inspect were as well situated."

WASHINGTON STATE MEDICAL ASSOCIATION ANNUAL MEETING SEPTEMBER 16-19, 1956

DOCTOR'S OFFICE AVAILABLE

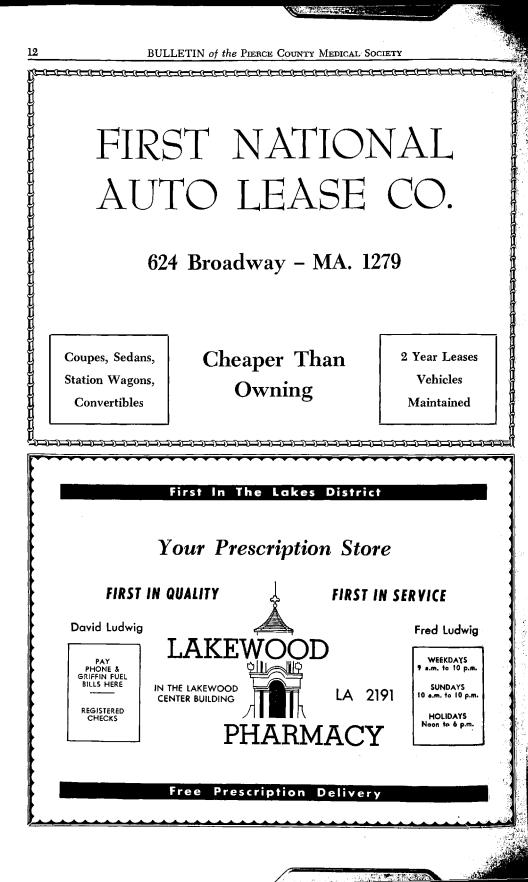
3 Examining Rooms and Reception Room

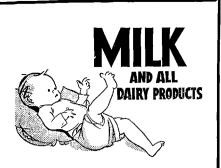
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A.M.A. NEWS LETTER

Doctors prefer exclusiveness at A.M.A. exhibits. A survey just completed by A.M.A. Business Manager Thomas R. Gardiner shows that both exhibitors and physicians favor the new plan of limiting attendance at the A.M.A. technical and scientific exhibits to physicians only during certain periods.

The plan was first tried at the Atlantic City meeting in 1955. Attendance one ofternoon was limited to physicians only. At the recent Chicago meeting two forenoons were limited to doctors only. Since then, a number of exhibitors have said that they would prefer to have two full days set aside for doctors only. Others have reported that this is the best single improvement in convention attendance initiated in many years, and hope the plan continues.

Exhibitors say the physicians-only idea gives them a better chance to talk with doctors and also they find that doctors are in a more receptive mood for business conversation.

Mr. Gardiner said that since the Chicago meeting he polled the technical exhibitors, and here are a few of the typical comments:

"We wish to compliment you on your idea to limit two mornings during the week of the A.M.A. show to M.D.'s only. We trust there will be more practices like this in the future."

Another exhibitor from New York said: "Your plan to restrict attendance to physicians only was extremely satisfactory . . . and possibly two complete days could be given over to physicians only. All concerned would benefit from such a plan."

Said a Kansas City exhibitor: "The physicians-only restriction is a big improvement.... It is an extremely difficult thing when one is displaying prescription legend items to have all sorts of people stop by requesting a few samples."

An Ohio manufacturer said: "Our comments on your plan are entirely favorable. I was present one of these mornings and felt it very definitely took the carnival atmosphere away for a long enough time to interview physicians on a very high plane."

A Florida orange juice exhibitor said: "I would like to go on record as being in favor of this restriction, and hope that ths will continue to be a policy of future A.M.A. meetings."

So you think publicity isn't important, eh? Well, there are 28 peaks in Colorado and all are higher than Pikes Peak. Name one!

Professional tennis player Pancho Gonzales has a service which has been measured at 112 miles per hour.



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Tacoma-Pierce County Civil Defense Medical and Health Services General Instructions and Assignments

Procedure in Case of Major Disaster in Puget Sound Area.

1. All physicians report to their assigned station without further notice. In case of warning of impending attack, go to the nearest designated shelter unless directly contacted to do otherwise.

2. If assigned hospital is not able to function, each doctor will report to the designated *alternate medical center* without further notification.

Tacoma General Hospital, Doctor's Hospital, Medical Arts Hospital, alternate medical center in C.P.S. Fieldhouse.

St. Joseph's Hospital, Northern Pacific Hospital, alternate medical center in Bellarmine High School.

Pierce County Hospital, Indian Hospital, alternate medical center in Stewart Intermediate School.

3. For closed hospital staffs, all full time physicians will immediately report to their respective hospitals following any major casualty.

The Medical Superintendent is in direct charge in each case: Northern Pacific Hospital; Indian Hospital; Western State Hospital; U.S. Veteran's Hospital, American Lake; Rainier State School, Buckley.

4. Mobile support teams (first aid/Hospital) will be formed from personnel of the hospital groups.

5. In case of evacuation of the city, the medical centers will form at the following designated centers. These personnel will of necessity be according to evacuation routes and not assignment.

Tacoma General Hospital Mary Bridge Children's Hospital

Civil Defense Chairman	Jess Read
Assistant Chairmen	C. Larson
	Frank Maddison
Pathology	C. Larson
X-Ray	Frank Rigos
Steve Sanders	on (Mary Bridge)

Charles E. Anderson, Jr., Phillip H. Backup, Ernest Banfield, Julius C. Bohn, John J. Bonica, Jesse W. Bowen, Jr., Lawrence Brigham, Glenn H. Brokaw, Burton A. Brown, Homer T. Clay, Darcy M. Dayton, Treacy H. Duerfeldt, David F. Dye, Raymond C. Ellis, Edwin J. Fairbourn, Robert M. Ferguson.

Robert M. Freeman, William H. Goering, Stanley Golden, Mihcael Goodson, Hillis F. Griffin, Kenneth E. Gross, Orvis A. Harrelson, William P. Hauser, J. E. Hazelrigg, Francis W. Hennings, Siegfried F. Herrmann, George H. Hess, Al. E. Hillis, G. H. Hoover, Lewis A. Hopkins, Mahlon R. Hosie, Homer Humiston.

David H. Johnson, Harold Johnston, Herman S. Judd, Harold F. Kahler, Robert A. Kallsen, M. Kass, Gerald C. Kohl, G. G. R. Kunz, Sr., George Kunz, Jr., Robert S. Lantiere, Mills Lawrence, William H. Ludwig, H. D. Lueken, Haskel L. Maier, James M. Mattson, W. W. Mattson. Sr., I. M. Miller, Thomas B. Murphy, Woodard A. Niethammer.

Roderick A. Norton, Charles S. Pascoe, Wendell G. Peterson, Wilmot Read, Alfred W. Reschke, Chris Reynolds, Benj. J. Robertson, J. Robson, Louis M. Rosenbladt, Alfred L. Schultz, Buel L. Sever.

Warren F. Smith, Karl Staatz, George Tanbara, James L. Vadheim, G. Marshall Whitacre, Don G. Willard, Frank L. Williams.

Pierce County Hospital Mt. View Sanatorium

Civil Defense Chairman	Scott Jones
Assistant Chairmen	Hollis Šmith
	John L. Whitaker
Pathology	I. Whitaker
X-Ray	
Claris Allison, Donald	Allison, Horace A.
Anderen Devenil	Daham C Dand

Anderson, Bryce Betteridge, Robert G. Bond, Paul G. Bond, Paul E. Bondo, Albertus H. Buis, Walter C. Cameron, Edwin L. Carlsen, J. Edmund Deming, Carlisle Dietrich, Rodger S. Dille, Dale Doherty, Elizabeth B. Drake, Gerhart A. Drucker, Isadore A. Drues, Gerald G. Geissler, Erna Guilfoil, Dale Hadfield, David T. Hellyer, Arnold J. Herrmann, Wm. E. Hill.

Louis P. Hoyer, Jr., Edmond Kanar, George S. Kittredge, Robert Lane, Thomas B. Lawley, Arthur C. Leslie, Samuel E. Light, Clyde Magill, Jack Mandeville, D. A. Marlatt, Fay M. Nace, George Nace, Robert W. Osborne, Cyril B. Ritchie, Helen P. Smith, Walter Sobba, Dumont Staatz, Wm. S. Sullivan, Leon B. Thomas, William H. Todd, John Unis.

St. Joseph's Hospital

Civil Defense Chair	manL. Baskin
Assistant Chairmen	Richard Vimont
	С. Кетр
Pathology	C. McColl
	Richard Vimont
X-Ray	R. MacRae
-	J. Flynn, Charles C. McCoy

William E. Avery, Richard F. Barronian, Myron A Bass, Joseph A. Benson, J. Robert Brooke, William C. Brown, Robert R. Burt, Douglas Buttorff, J. F. Comfort, Robert Crabill, Don F. Cummings, George A. Delaney, Stanley L. Durkin, James H. Egan, Albert Ehrlich, Martin C. Eltrich, Edward S. Eylander, Robert W. Florence, Clyde E. Gray.

(Continued on Page 19)

BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY



(PYRROBUTAMINE COMPOUND, LILLY)

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(Continued from Page 17)

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X-Ray	

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John Shaw, Somers R. Sleep, Paul B. Smith, John F. Steele, S. Stefan Thordarson, Charles G. Trimble, Stanley W. Tuell, Ross D. Wright, Wayne Zimmerman.

Special Hospital Assignments

Albert A. Sames, X-Ray, Northern Pacific Hospital. Thomas D. Moberg, X-Ray, Indian Hospital.

Special Assignments

Charles Bogue, Purdy High School, in charge, medical gathering point.

Burke Lair or Wesley D. White, Buckley Hospital, in charge, medical gathering point.

Donald McKay, Orting (Old Soldiers' Home), in charge, medical gathering point. Dr. Kraft, Puyallup, and Dr. John Kanda, will assist Dr. McKay.

D. M. Nevitt, Eatonville High School, in charge, medical gathering point.

Puyallup General Hospital

Civil Defense Chairman......Wm. Burrows Assistant Chairmen.....C. H. Aylen K. Sturdevant

X-RayJ. Jarvis E. Blizard, Tom Clark, C. Denzler, James P. Duffy, W. Hoyt, Arnold W. Johansson, Hugh Kalkus, E. McCabe, C. Scheyer, Leo Sulkosky, Charles Vaught, Tom West. BULLETIN of the Pierce County Medical Society





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Projects-

- Style Show......Mrs. Wm. Mattson, Jr. 4602 North Waterview—SK 4297
- Bridge Tournament....Mrs. Merrill J. Wicks 2214 North Tacoma Ave.—MA 6589

Supper Dance......Mrs. Thomas B. Murphy 803 Stadium Way-BR 3033

Members of the Board take this opportunity to say, "Have a nice summer and get rested up for our fall schedule."

The crystal ball, today's trademark of the fortune-teller, once had a far different role in life. It was used as an amulet against illness. In some parts of Japan they are thought to ward off dropsy and their wear is also recommended to guard against all "wasting diseases." As the Japanese make many choice crystal balls, these objects are more or less familiar in that land. However, the Yucatan Indians used quartz crystals for divining and also to insure the success of their crops. Such crystals have been found in the Indian mounds of Arkansas and North Carolina, as well as other parts of the South and Southwest.



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Recommended Dosage: One tablet two or three times daily taken one hour before meals. Occasionally smaller dosage suffices.

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Assembly Held in Spokane Scientific Assembly of Washington State Academy of General Practice

(Continued from Last Month)

Doctors Harriett E. and Fred R. Judy, collaborating with Noreen Brandt Price, Ph.D., of Spokane, reported an effort to determine the mormal blood count in women. Some 7,000 patients were screened in finding 663 women, ranging in age from 11 to 68, who met criteria as "normal." Values found in these normal women averaged 4,370,000 RBC (range 3.8 to 5.3) and 12.55 grams hemoglobin (range 10.2-14.8).

The clinical management of anemic patients was the subject of Dr. Samuel K. McIlvanie of Spokane. Hypochromic anemia is a common finding in infancy and in adolescent females. When it is found in adult males, a diagnosis of carcinoma should always be considered. Ferrous sulfate, the simplest remedy, will produce a response within three weeks and should be maintained for four months. A lack of response may indicate the presence of (1) a chronic infection, (2) Mediterranean anemia which will respond to intravenous iron, or (3) congenital hypochromic anemia in which no

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St. Helens Ave. - BR. 6400 Tacoma 2 remedy is effective or needed. In hypochromic anemias, the gastric acidity should always be determined and treated with B12 and Iron at the rate of 1 microgram per day. Single doses greater than 30-50 mcgm are wasteful. Pernicious anemia of pregnancy is a megaloblastic anemia and responds to folic acid, 5 mgm. T. I. D. A macrocytic anemia is associated with myxoedema and will respond to thyroid administration but requires three to six months to produce results. Specific medication should be used to treat anemias after the basic defect has been diagnosed.

Dr. Goodrich C. Shauffler, assistant clinical professor of obstetrics and gynecology, ably spoke on gynecological problems in the adolescent. After commenting upon the advanced sexual knowledge of present-day teenagers, Dr. Schauffler observed that many circumstances are more embarrassing to the physician than the adolescent. Rectal examination is more satisfactory than vaginal in determining pelvic pathology. It is also useful when removing foreign bodies from the vagina. Vaginitis in young girls is often due to lack of estrogen, just as such a lack may produce a similar vaginitis after the menopause. Menstrual bleeding normally may begin between the ages of eight and fifteen. Amenorrhea, if due to obstruction, is usually at the hymen. Priming of physiologic amenorrhea with endocrines is frequently justified. This treatment may also be effective in oligomenorrhea and dessicated thyroid quite often proves helpful. Little can be done for an infantile uterus although estrogen, when given early, may have some value. In such cases, according to Dr. Schauffler, the physician never should give a pessimistic prognosis. Excessive bleeding may be due to injury, manipulation, cervical erosion, or polyps. Estrogen, stilbesterol, ergot, and like drugs have a place in the treatment of uterine hemorrhage. In severe cases, tying the uterine arteries has given better results recently than has hysterectomy.

Dr. Robert B. Hunter of Sedro Woolley spoke on hip fractures and their management in state institutions. He favors early internal fixation of these fractures under general anesthesia. Displaced fractures are reduced by flexion and internal rotation of the femur, followed by abduction and extension. Dr. Hunter uses a flanged Smith-Peterson nail slipped over a Kirschner wire guide. In some cases a Thorton plate may be added. The patient is immediately mobilized without weight-bearing.

The role of the general practitioner in mental health was the subject of Dr. Thomas A. Harris, state director of the Department of Institutions. He spoke to a luncheon meeting (Continued on Page 27)

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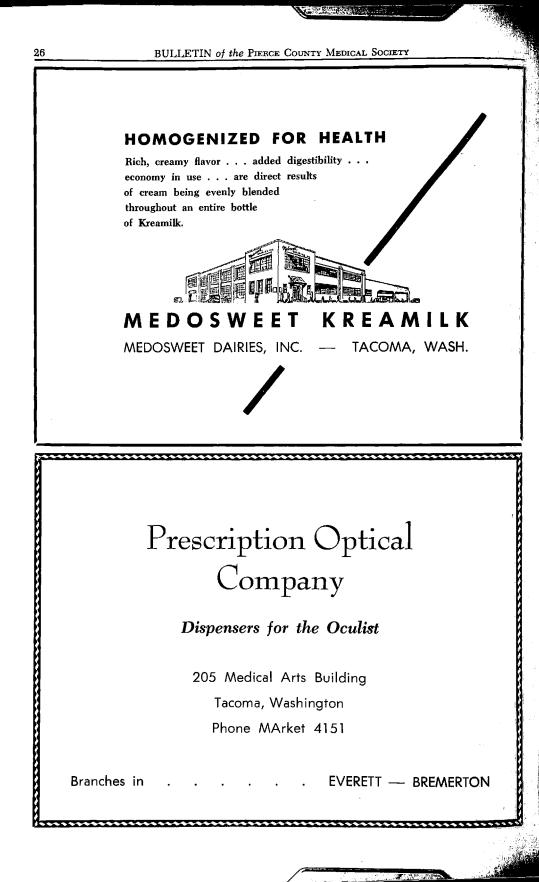
Vitamin A (synthetic)	 25,000 U.S.P. Units
Vitamin D	 1,000 U.S.P. Units
Thiamine	 10 mg.
	10 mg.
Nlacinamide	
Ascorbic acid	 150 mg.

Usual Dosage: 1 or 2 capsules or teaspoonfuls daily. $\underline{Infants:}$ Not more than 1 teaspoonful daily.

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(Continued from Page 23)

of physicians and their wives. Dr. Harris pointed out that the past ten years have seen great changes in the treatment of mental illness. Use of tranquilizing drugs has been a great aid in reaching the patient and making possible his rehabilitation. As a result, only minimal hospitalization is necessary before the patient may be safely returned to his community. Since the number of psychiatrists is insufficient, the majority of discharged patients must be referred back to the family doctor. The latter can help the patient in his readjustment to community living. Because social and personal relationships are so important in salvaging these patients, the family doctor has a greater opportunity to help than does the psychiatrist.

In the business sessions new officers were elected. Dr. Mac O'Brian, Spokane, succeeded Dr. E. W. Rawson, Seattle as president. The new vice-president is Dr. Ralph Highmiller, Olympia. Dr. John C. Ely, Opportunity remains secretary-treasurer with an assistant, Dr. E. W. Newman, Spokane. Trustees elected are Drs. Michael Buckley, Bellevue, and Galen Rogers, Clarkston. A loan fund for Medical Students at the University has been established in memory of Dr. Merrill Shaw, first president of the Washington Chapter and a vice-president of the A.A.G.P. at the time of his death. The present \$1,000 is expected to be increased to \$10,000 by individual subscriptions.

The Fifth Annual Scientific Assembly will be held at Olympia on the 25th and 26th of May, 1957.

> George H. Hess, M.D. in collaboration with Elmer W. Wahlberg, M.D.

San Diego Assembly

San Diego Postgraduate Assembly, San Diego County Hospital, San Diego, California, September 19 and 20. Michael J. Feeney, M.D., 3415 Sixth Avenue, San Diego 3, California.

"What win I if I gain the thing I seek? A dream, a breath, a froth of fleeting joy. Who buys a minutes mirth to wail a week? Or sells eternity to get a toy?"

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Diagnosis of Congenital Heart Disease

AUTHORS: Sven R. Kjellberg, Edgar Mannheimer, Ulf Rudhe, Bengt Jonsson.

This book is based on the clinical and roentgenologic studies of 396 cases of congenital heart disease as they were carried out by the cardiologic team of the Pediatric Clinic, Karolwskaa Sjukhurset, Stockholm, Sweden. Besides offering an excellent section on the cardiac embryology to elucidate the anatomic malformations of the heart and great vessels, the authors concisely review the roentgenologic anatomy and physiology of the heart as they apply to the diagnosis of congenital heart disease. The techniques of phonocardiology and electrokymography are presented along with the techniques and complications of angiocardiography and cardiac catherization before the case material of the various forms of congenital heart disease are individually reviewed and analyzed. As each type of anomaly is discussed, the anatomy, both gross and roentgenologic, is compared with the normal. The phonocardiograms, electrokymograms and electrocardiograms are reproduced in addition to the roentgenograms which demonstrate the cardiac silhouette in multiple projections and angiocardiographic findings. Abundant cardiac catherization data is provided. The technical procedures and clinical data are then correlated in an atrempt to appraise the vlaue of the respective methods of investigation. The bibliography is extensive and the text is easily read. Although this work represents a reference book primarily, it readily adapts to leisure reading to the reader interested in congenital heart disease.

Douglas W. Erickson, M.D.

The superintendent called in a roustabout to explain to the gang the purpose of a bolt with a left-handed thread.

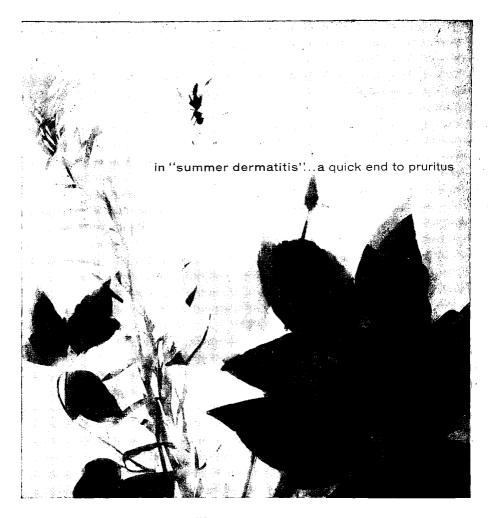
This was the bewildered reply. "A bolt with a left-handed thread is a bolt which the tighter it's screwed the looser it gets!"

The barber leaned over the man he was shaving and whispered, "Did you have on a red tie when you came in here?"

"Why no," said the customer.

"Then I must have cut your throat."

Patron at the bar ordered a dry martini and watched with critical eyes as the bartender deftly added a twist of lemon peel. The customer immediately let out a shriek of protest. "If I wanted lemonade I would have ordered it."







Whether the itch is due to sunburn, irritating plant exudations or prickly heat, EURAX provides relief in minutes that lasts for hours ...long enough usually for your patient to sleep the night through.

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Golf and Fishing, 1956 Derby and Tournament



Fishing Derby Champ Stan Tuell, with 15 lb. salmon

The Annual Fishing and Golf Derby was held July 20th. The fishing was not as successful as in former years, but Dr. Stan Tuell caught one fine salmon and won the fishing derby.

The golf this year was held in conjunction with the Tacoma District Dental Society and a cup was revived that had been played for in former years. A team of six doctors managed to wrest this from the dentists by a team score of 14 to $3\frac{1}{2}$. This will be an annual team match and it is hoped that next year there will be as much enthusiasm as was shown this year. The Medical Society Cup was won by Dr. Stan Durkin with a 75 and Dr. Thomas Moberg, a newcomer but a dangerous golfer, has taken home some hardware.

There were about 70 present for dinner and with the beautiful weather and the good turnout a wonderful day was had by all.

J. W. Bowen, M.D.

A pretty redhead, window-shopping on Main Street, was being followed by the smooth Latin type. Finally she turned to him and said: "You've been following me for three blocks— I saw you. Just stop it right now. I'm not the type of girl you can pick up."

The suave youngman bowed and smiled. "I'm not picking you up, Miss. I'm picking you out." It worked.

Library Corner

THE LIBRARY WILL BE CLOSED AUGUST 6th THROUGH 10th.

Volumes Newly Acquired

The Office Assistant, Frederick and Towner.

Chronic Ulcerative Colitis, Bargen.

Recent Advances in Neurology and Neuropsychiatry, 6th Ed., Brain and Strauss.

Headache and Other Head Pains, Wolff.

Year Book of Pathology and Clinical Pathology, 55-56.

Dynamic Psychiatry, Ed. by Alexander and Ross.

Clinical Orthopedica V 7, Tumors of the Bone.

A Follow-up Study of War Neuroses, A V A Monograph.

Sexual Offender and his Offenses, Karpman. Medical Research; V 1 and 2, A Mid-Century

Survey Published for American Foundation.

Rubin and Novak; Integrated Gynecology, V I, II, III.

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WOULD YOU BELIEVE IT? — One doctor wrote out a prescription, and the patient used it for two years as a railroad pass. Twice it got him into Radio City Music Hall and once into the Polo Grounds, and it also came in handy as a letter from his employer to the cashier to increase his salary. To cap the climax, his daughter played it on the piano and won a scholarship to a music conservatory.

The gas distribution company in a small college town inserted the following ad in the local newspaper:

"Wanted: Hard-boiled, beauty-proof man to read meters in sorority houses. We haven't made a dollar there in two years."

A Texas G.I. was playing poker with some English soldiers. He drew four aces. "One pound," ventured the Englishman on his right. "Ab doo't know how would court your

"Ah don't know how you'all count your money," said the Texan, "but ah'll raise you a ton."

"Two!" shouted the pint-sized umpire.

"Two what," snarled the big catcher.

"Yeah, two what?" echoed the equally large batter.

"Too close to tell," said the umpire.



your allergy patients <u>need</u> a lift



methyl-phenidylacetate hydrochloride CIBA)

CIBA SUMMIT, N.J. Worn out with sneezing or scratching, your allergic patients need relief from the depression which is often brought on by their allergy symptoms.

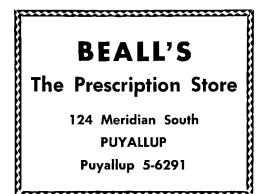
You can give them a lift with Plimasin, a combination of a proved antihistamine and Ritalin — a new, mild psychomotor stimulant. Plimasin, while effectively relieving the symptoms of allergy, counteracts depression as well.

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MONTHLY MEETINGS

- STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.-6:30 p.m.
- STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—at 6:15 p.m.
- TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club
- SURGICAL SOCIETY Third Tuesday of each month—6:30 p.m. at Tacoma Club
- STAFF OF PIERCE COUNTY Last Monday of each month—6:15 p.m.
- PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the Month-8:15 p.m.
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.-12:15 p.m.

The BULLETIN of the pierce county medical society

VOL. XXVII-No. 1

TACOMA, WASH.

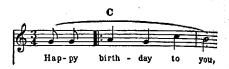
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Happy Birthday

September

8 JAMES DUFFY

- 10 MAX THOMAS
- 11 CHARLES BOGUE LEON THOMAS
- 13 ELDON BLIZARD
- 15 THOMAS MOBERG
- 16 FRANCIS HENNINGS
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- 22 J. W. BOWEN
- 23 THOMAS SKRINAR
- 24 WALTER SOBBA
- 27 ARNOLD JOHANSSON
- **30 STEFAN THORDARSON**

New Roster Information

The new roster of members will be published in the next (October) issue of the Bulletin. Before September 5th you will receive a card showing your office and home addresses and telephone numbers; your specialty and days away from the office. After changes or corrections are made kindly return the card promptly. If you do not receive a card by the 5th of September please call the office, MA. 2020.

Roster Changes

NOTICE

Check back page of Bulletin for calendar of special meetings

comparison of the effect of RAUDIXIN (tranquilizer) and a barbiturate (sedative)

Cortical electroencephalogram, no drug. After Raudixin, E.E.G. not altered.

Raudixin acts in the area of the midbrain and diencephalon and does not depress the cerebral cortex, as can be seen in this electroencephalogram. Consequently, the tranquilizing effect of Raudixin is generally free of loss of alertness.

After barbiturate. Typical "spindling" effect.

Because barbiturates and other sedatives depress the cerebral cortex, as indicated by this "spindling," the sedation is often accompanied by a reduction in mental alertness.



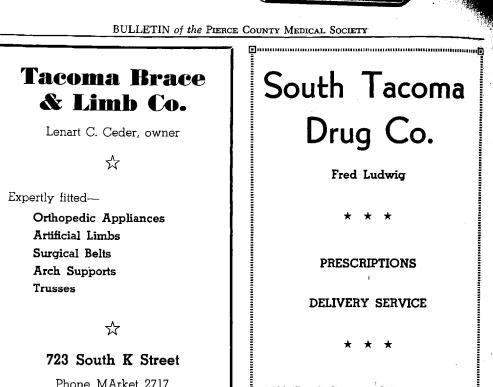
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SUPPLY: 50 mg. and 100 mg. tablets, bottles of 100, 1000 and 5000.

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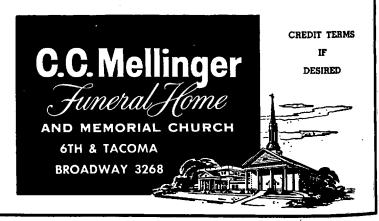
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PROGRAM

PIERCE COUNTY MEDICAL SOCIETY TUESDAY, SEPTEMBER 11

8:15 P.M.

Medical Arts Building Auditorium

"Recent Advances in Surgery"

Dr. Stanley W. Tuell, Moderator

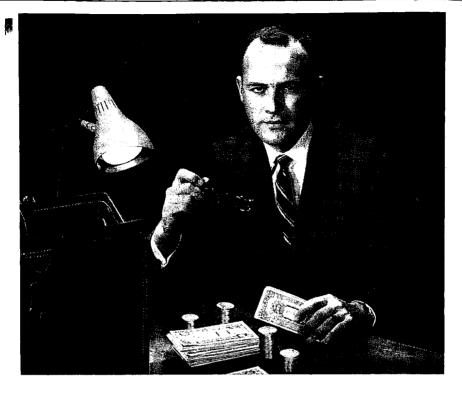
General Surgery:	Dr. Richard T. Davis
Anesthesia:	Dr. Maurice Yoachim
Neurosurgery:	Dr. L. Stanley Durkin
Thoracic Surgery:	Dr. Wm. W. Mattson, Jr.

A brief up-to-date discussion of the recent advances which have been made in the surgical specialties will be presented.



MOTION PICTURE

Time and Title to be announced later. Announcements will be posted on hospital bulletin boards.



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You can't take your money and other worldly effects with you . . . and more importantly, you can't leave them *all* behind! You can, however, leave *more* behind if you leave your wife and family protected by a *will*.

Both the federal and state governments will want part of what you have accumulated. This will be affected to some extent by the provisions of your will.

A man is more responsible to his wife and family after he leaves this world than he was to the girl he married. She may be a widow ten, twenty or forty years. She has to make insurance money and other assets stretch farther, and is more likely to have a home to pay for and a family to raise. No matter how little he has to leave, a man has the obligation to dispose of his worldly goods by means of a will for the protection of his wife and family. It is the widow of modest means who most needs the help of a will. A will does many things. It provides the greatest economy in settling his affairs. It leaves more for his wife and family—it gives protection.

Special attention should be given to naming a bank as executor, solely or jointly with your wife and/or others. A bank's trust department acts as a business manager for estates. Its experience adds much to the conservation of resources. And it is timeless and permanent.

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PRESIDENT'S PAGE

It is regrettable, owing to circumstances that cannot be circumvented, that our first Dinner Meeting at the T.A.C. must be postponed until our October meeting. The September meeting will be held as usual at the Medical Arts Auditorium, Tuesday, September 11th.

The following week the Washington State Medical Association meeting will be held in Seattle. I urge that as many as possible from our Society (one of the largest in the state) attend not only the scientific meetings, but also the social, athletic and business meetings as well.

Important issues regarding such subjects as the University of Washington Medical School Hospital; osteopathy, pre-paid medicine; dispensing opticians; social security for physicians and medical ethics will be considered.

The establishment of specialty sections within the association, politics of an election year relating to public health and medical practice and various amendments to the Association Constitution will be considered by various committees and the house of delegates.

We are vitally concerned with the election of three nominees to important offices from our own society. Dr. Homer W. Humiston, for re-election as Speaker of the House: Dr. Charles P. Larson, American Medical Association delegate; and Dr. J. W. Bowen, Jr., as trustee from the Western district. Our delegates will be instructed to do all in their power to help these men.

All Society members have the privilege of attending the meetings of the House of Delegates and may present their views at reference committee meetings. Go to these meetings and use your influence and pursuasion not only in the interest of the Washington State Medical Association but also in the interest of our own component society. The more of our members who are present at these meetings the greater will be our voice in the future. We should be, and need to be heard.

As of today we have 278 members. We are therefore entitled to one additional delegate and alternate from our Society. Dr. Douglas Buttorff and Dr. Hillis Griffin have been appointed to these respective offices. Within another year we will have increased to over 300 members, which will give us an additional representative in the House of Delegates. We are growing up. Let us meet our responsibilities and take our rightful place in the business and program of the Washington State Medical Association.

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EDITORIALLY SPEAKING ...

HOSPITAL ACCREDITATION

Last May Tacoma's excellent interne teaching program was acknowledeged. In a few days this program is going to be put to a real test in the form of an inspection of the Tacoma Hospitals by the Joint Commission for Accreditation. The American Medical Association House of Delegates recently agreed that hospital accreditation is a desirable activity and it should be continued. Obviously we cannot continue a good interne program without it. A large number of incomplete charts does not contribute towards our accreditation —so, everybody—on the ball—do your part complete your charts—

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WOMAN'S AUXILIARY To The Pierce County Medical Society

1956-57 Woman's Auxiliary Pierce County Medical Society Officers and Chairmen

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Precident-Elect Mrs. Thomas B. Murphy
Let Vice-President Mrs. Charles McGill
and Vice-President Mrs. Merrill I. Wicks
4th Vice-President Mrs. John Srail
3rd Vice-PresidentMrs. Jugn F. Kolner th Vice-PresidentMrs. John Srail Recording SecretaryMrs. Wavne Zimmerman TreasurerMrs. Wavne Zimmerman TreasurerMrs. Haskell Maier PublicityMrs. W. Howard Pratt American Medical Education Foundation
Corresponding Secretary Mrs. Wayne Zimmerman
Trassurer Mrs. Haskell Majer
Publicity Mrs. W. Howard Pratt
American Medical Education Foundation
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Civil Defense
Givil Defense Mrs. Douglas Buttorn
Autorian Mrs. George Tanbara
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Nurse Recruitment
Program Mrs. Robert Florence
Public Relations Mrs. J. Robert Brooke Revisions Mrs. George Kittredge
Revisions
Telephone Mrs. Robert P. Crabill
Today's Health Mrs. Glenn H. Brokaw
Speaker's Bureau
Minute Women Mrs. M. E. Lawrence
Heart
Mental Health Mrs. Paul E. Bondo
Safety Mrs. Joseph B. Jarvis
Cancer Mrs. I. Robert Brooke
Health Council Mrs. Merrill I. Wicks
Community Council
City Council Mrs. William Goering
Fashion Show Mrs. William Mattson, Jr.
Bridge Tournament Mrs. Merrill J. Wicks
Supper Dance Mrs. Thomas B. Murphy
The second secon

Speakers' Bureau

The Board of the Woman's Auxiliary to the County Society is cognisant of the responsibility entrusted to it by the Society, in delegating to it the handling and management of its Speakers Bureau.

This Bureau, long an important organ of the County Society, does an excellent job in the field of public relations. Through the efforts of the physicians who volunteer their services as speakers on subjects of their own choosing, cross sections of the community have the opportunity to meet their doctors away from the formal hospital and office routines. Here he is a leader and a friend who is willing to share his subject matter and to answer questions freely. At such gatherings, much of the information that the public gleans from popular lay magazines can be corroberated and the misinformation dispelled. In addition, although the Speakers Bureau does not actively enter into political discussions, physician speakers can be an important factor in guiding public opinion. Since this is a legislative year, a definite challenge is provided.

At present, this important list of speakers is being revised to include a maximum number of speakers in a large variety of subject matter. It is therefore requested that when material relating to this Bureau is sent to the doctor, he give it serious consideration. A prompt return of this form will enable a composite list to be made, which will be sent to every representative organization in the County.

Certain restrictions, made in the interests of the doctors, upon the advice of the County Society President, will accompany these mailings. They are as follows:

1. No physician may be directly contacted for a speaking engagement. Requests will go to the Speakers Bureau Chairman or, if she cannot be reached, to the Executive Secretary of the County Society.

2. A minimum of two weeks' time should accompany each request.

3. Newspaper publicity preceding the speaking engagement should be provided so that a maximum audience is assured.

4. A note of appreciation should be sent to the physician upon his fulfilling an engagement and a copy of this sent to the Speakers Bureau for filing.

Unless a specific doctor is requested, in the best interest of matching the proper speaker with a given request the Public Relations Committee of the Medical Society will be used in an advising capacity.

In order to be able to evaluate the services of the Bureau, an effort will be made to gather statistics on the work accomplished. It is therefore requested that physicians accepting speaking engagements of any kind channel the request through the Bureau. This would include speaking before any lay group on any topic, medical or non-medical.

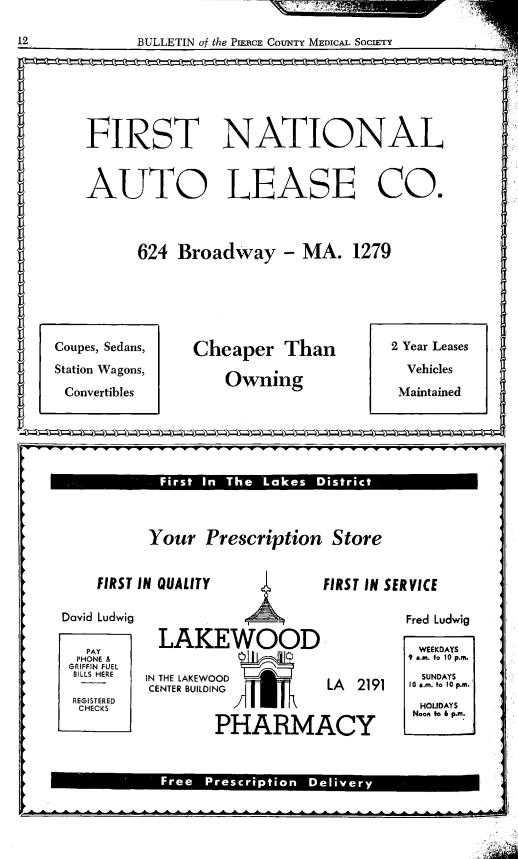
The Speakers Bureau welcomes any suggestions and constructive criticism which would enable it to perform its delegated function and thus enhance the reputation of the medical profession in the eyes of the Pierce County Community.

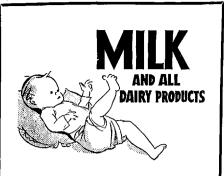
The Bureau also helps to provide speakers for our Future Nurses Clubs throughout the city. It will call not only on its list of available speakers but will attempt to utilize any lay speakers available.

Mrs. Philip Grenley, Chairman, Speakers Bureau

Auxiliary Convention

The Woman's Auxiliary to the Washington State Medical Association will hold its 25th (Continued on Page 13)





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(Continued from Page 11)

annual convention in Seattle, September 16-19, inclusive, with the Washington Athletic Club as convention headquarters and center of activities.

Mrs. Martin Norgore of Seattle, Auxiliary President, has announced a program which features as luncheon speaker Tuesday, September 18th, Mrs. Robert Flanders of Manchester, N.H., National Auxiliary president. Dwight H. Murray of Napa, California, President of the American Medical Assocation, will speak during the same program.

The Auxiliary's annual meeting will include Mrs. Norgore's presidential address, pre- and post-convention board meetings, and reports of officers, committees and delegates to the national convention. Officers for the coming year will be elected and installed.

The Auxiliary Golf Tournament and luncheon will be held at the Broadmoor Golf Club on Monday, September 17th. Golf trophy awards will be presented that evening in the Birch Room of the Washington Athletic Club, at a dinner and fashion show honoring the National Auxiliary president, Mrs. Flanders.

Past presidents of the State Auxiliary will be honored at a breakfast Tuesday morning September 18th, to which the membership is invited.

Other convention highlights are social and sports events planned for doctors and their wives in conjunction with the convention of the Washington State Medical Association. These include the no-host Family Dinner Sunday evening, the Fishing Derby Monday, the annual Banquet and Dance Tuesday evening, free Public Relations Luncheon Wednesday noon, and the reception honoring new presidents of the Association and Auxiliary Wednesday evening.

Fashion Show Reminder

Be sure to save November 16th. Our Auxiliary is sponsoring a Fashion Show (clothes by Lou Johnson) to raise money for our American Medical Educational Foundation fund. Plan on coming and bringing several friends! Bianca and her committee are working hard on the details—it's bound to be lovely but a success only if YOU come.

Leaving August 24 on a round-the-world tour, Dr. Harlan P. McNutt plans to return November 19th.



OFFICE SPACE

New office building to be built at South 38th and Pacific Avenue. Building to be of professional type and space may be arranged to suit tenants who have prior leases.

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HOSPITALS ...

Pierce County

The annual picnic for all the hospital personnel was held August 3, 1956 at Steele Lake. A large number including the new interns and their families attended. Games and swimming were enjoyed, followed by a picnic dinner. Those responsible for the success of the pleasant outing were:

Food Committee—Arlene Davis, Mid Okano, Dorothy Arnold, Ida Rasor.

Games—Helen Simpson, Isabel Yeaman, Patsy Larance, Emma Delin.

Publicity-Arlene Slane.

Transportation — Orpha Jason, Marlene Hagen.

Člean-up-Arlene Davis, Emma Delin.

Mrs. Margaret Williamson, head of Social Service, has just returned from a delightful vacation in Victoria, B.C. She was accompanied by Mrs. Ames and family of Medford, Oregon.

Donna Stoker of Social Service is hospitalized at Madigan Hospital for several days. Friends are hoping for a speedy recovery.

The laboratory force held a coffee hour on the 14th honoring Patsy Larance who is leaving with several other army wives to join their husbands in Fairbanks, Alaska. The women will fill two automobiles and travel over the Alaskan Highway. It is with regret that the Laboratory loses Patsy.

Mrs. Nelle Satter has been appointed Head Housekeeper of the hospital, filling the vacancy made by the departure of Alice Cane, who took a similar position at the American Lake Veterans' Hospital.

Masaharu Jinguiji, who has been doing laboratory technician work since Spring, leaves in September to enter his 3rd year of medicine in the School of Medicine at George Washington University, Washington, D.C.

Dr. Leonore Warden and Dr. Don P. Warden, lately of the South Western Medical School in Dallas, Texas, have moved to Tacoma. Dr. Leonore Warden will do intern service at Pierce County Hospital and Dr. Don Warden will be practising at the Northern Pacific Hospital.

Miss Katherine Reckey of the Nursing Department left August 17 for an extended Alaskan holiday. She, with a group of friends will sail to Skagway, visiting points along the water route, and then continue to White Horse by rail.

Several of the interns enjoyed a fishing trip to Westport over the week-end and all report a most successful catch and display marked sun tan. Those who went were Drs. Paap, Stipe, Johnson, Waddell and Bosley. It is also to be noted that the men are not the only real fishermen, since Miss Lillian Wilson, assistant supervisor of nurses, caught a 16-lb. salmon, too, at Westport last Monday.

Saint Joseph's

Sr. Mary Antonio is the new Administrator. Sr. Antonio is replacing Sr. Mary Valeria who had served the hospital so faithfully and well for the past six years. The new superior was the administrator of St. Joseph Hospital in Le-Grande Oregon. Some years back Sr. Antonio was the surgery supervisor of this hospital as well as being in charge of third floor. We of the hospital staff wish to welcome Sr. Antonio back to St. Joseph's and to our city and we pledge her all the cooperation in our power to make her position a pleasant one.

Along with Sr. Antonio, we are happy to announce the return of Sr. Celene Magdalene from St. Anthony Hospital in Pendleton. Sr. Celene has been missed and is welcomed back with open arms. Sr. Mary Maxine also from LeGrande has been assigned to St. Joseph's. Sr. Michael Catherine, who has been Director of Nursing Service is transferred to Pendleton.

The two travellers Sister Paul and Sister Anthony Consilia have returned from their trip to Ireland and are bubbling over with excitement and news of all our friends in far away places.

Dr. Charles E. Hedges, representing the Joint Commission of Accreditation of Hospitals will make a survey of the hospital for accreditation September 4 and 5, 1956.

Ruth Delle returned from her vacation which took her through Idaho, Colorado, Utah, Nevada and Oregon. According to all reports she had a wonderful trip. Welcome back, Ruth! While Ruth was away, Carol Friel very efficiently took her duties.

Congratulations Mrs. Arness on the arrival of your second grandson, Kevin Michael.

Sister Columba gave us the honor of a visit for the week-end. She returned to Spokane the following Sunday. Her many friends in Tacoma send their best wishes with her.

Mrs. Strommer, R.N., from 3 South is the proud mother of a 7 lb. 9³/₄ oz. boy born on July 20. Congratulations!

Miss Mary Hare, S.N., had a military (Continued on Page 17)

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(Continued from Page 15)

wedding at Ft. Lewis on July 20. The groom is Lt. Francis Johnson now stationed at Ft. Lewis. Congratulations!

From 4th floor comes news that Mrs. Post is vacationing during the month of August. Mrs. Keely enjoyed a trip to Canada during her vacation.

Congratulations to Dr. and Mrs. Bader on the birth of a new son July 23 and also Mr. and Mrs. Larry, a son on August 4.

Among the vacationers last month was Mary Trunk, who took a trip back East. Mrs. McDonald, C.S.R., and daughter Rita are at present on a trip in California. Miss H. Johnson spent her vacation in Canada.

The Surgical Floor is undergoing a face lifting at present. Ward 223 is being remodeled for a Recovery Room and the private rooms on the South Wing will now be used for patients.

Dr. Lee is a patient on 2 North and according to reports is making a successful recovery. Did you say doctors are good patients? They sure are the best.

Mrs. Liewer, wife of our intern, was a patient 2 weeks ago. Mrs. Sylvester, head nurse on 2 North has left for vacation. Mrs. Rose and Mrs. Nichelson just returned after 2 weeks rest.

Welcome to Mrs. McDonald who is relieving 2 days in the medicine room. She is the wife of Jack McDonald, the chef of our X-Ray Department.

Our new "check" system is working pretty smoothly now. At first it seemed as though all we did was run tapes on our accounts and then add and subtract millions of other little figures from the total but it is finally making sense.

Pat Jacka has transferred from the Record Department to our Business Office. Welcome to the gang, Pat.

Dorothy Rockwood is hoping to become a "Mamma" soon. Marilou gave her a surprise shower under the pretense of an "office picnic" in her back yard. Dorothy was a little stunned for a moment. Every one had fun, Dorothy received some beautiful gifts and the food was delicious. We are really going to miss that little "bit of Boston." Dorothy, you must bring "Drezel" to see us often.

Out little red head, Betty Petri, will soon be packing her bags for Seattle University. Mrs. Flannery is frantically trying to convince Betty that she isn't Rudy Valentino's LADY IN BLACK.

Martha Raymond, our switchboard opera-

tor, is leaving us too, we really hate to see you go, Martha.

Since the September Staff Meeting coincides with the annual meeting of the Washington State Medical Association in Spokane, our Staff Meeting will be Monday, September 24. The usual announcement cards will be sent.

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BULLETIN of the Pierce County Medical Society



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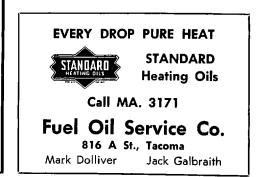
interior to

7th Annual Alfred A. Strauss Lecture

On October 19, 1956, Doctor Edward Delos Churchill will give the Seventh Annual Alfred A. Strauss Lecture sponsored by the Department of Surgery of the University of Washington School of Medicine, Seattle. Doctor Churchill is the Chief of the General Surgical Service at the Massachusetts General Hospital and is the John Homans Professor of Surgery at Harvard University Medical School. Doctor Churchill will speak on the subject, "The Nature of Wounds and Wound Healing" at 8:15 p.m. in the auditorium of the Health Sciences Building, University of Washington campus. Previous Strauss Lecturers were Doctor Alfred A. Strauss, Doctor Dallas Phemister, Doctor Warren Cole, Doctor Owen Wangensteen, and Doctor Lester Dragstadt.

Doctor Churchill's contributions to surgery include surgery of bronchiectasis, removal of lobes and portions of lobes of the lungs, and the pointing out that not all of the lobe of a lung needs to be removed in benign conditions. In addition, his work on para-thyroid tumors is classical in this field. Doctor Churchill is also outstanding for his training of young surgeons, and he is the Head of one of the largest and most productive surgical services, both from the clinical and from the animal experimental standpoint, in the country.

Doctor Churchill's war services are also outstanding. He was in the medical reserve in the First World War, and from 1943-1946 was a Colonel in the Medical Corps and Area Consultant in Surgery, Chief Consultant in Surgery, Mediterannean Theater. He received the European Theater Service Medal with four bronze stars and the Legion of Merit award. All physicians are welcome to attend the Strauss Lecture.





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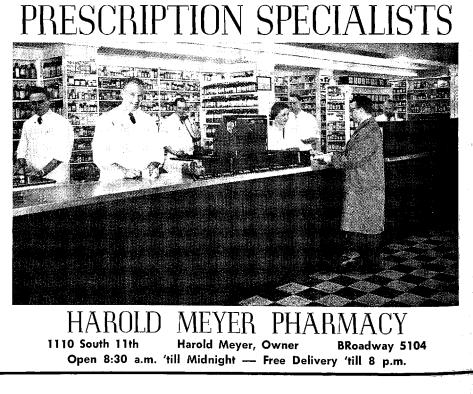
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Pacific Northwest Industrial Health Conference

William C. Menninger, M.D., secretary of the famed Menninger Foundation of Topeka, Kansas, will be a principal speaker at the Third Annual Pacific Northwest Industrial Health Conference to be held September 10-11 at the Multnomah Hotel in Portland, Oregon. His subject, "Mental Health Problems in Industry." In addition, some 25 or 30 distinguished national and regional business and industrial executives, physicians, personnel directors, safety engineers and plant nurses will speak and lead the panel discussions.

The Conference, designed for the exchange of ideas and information on programs for the physical and mental well-being of industrial workers, is sponsored by the Portland Chamber of Commerce.

Dr. Menninger heads an impressive roster of distinguished speakers which includes such names as Harry A. Stuhldreher, quarterback of the Four Horsemen of Notre Dame football combination of 1924; and now assistant to the president, U.S. Steel Corporation; Hedwig S. Kuhn, M.D., secretary of Joint Committee on Industrial Ophthalmology of the American Medical Association; Mary E. Delehanty, R.N., president of the New York State Nurses Association; and many others.

Business executives, personnel directors, safety engineers, physicians, dentists, plant nurses, labor leaders, public health workers and others wishing to attend may register by writing or calling in person at Headquarters, Pacific Northwest Industrial Health Conference, 824 S.W. Fifth Avenue, Portland 4, Oregon.

W.S.M.A. Convention To Feature Nine Outstanding Guest Speakers

Heading a list of nine outstanding guest speakers in the scientific and medico-legal fields at the Washington State Medical Association Convention in Seattle on September 16-19, inclusive, is Dr. Dwight H. Murray, of Napa, Calif., President of the American Medical Association.

Dr. Murray, a top-flight figure in medical organization work for nearly 20 years, will deliver an inspirational address during the General Assembly program on Tuesday, September 18.

The scientific program will feature five topflight guest speakers from across the nation. They are Dr. William J. Dieckmann, Mary C. Ryerson, Professor and former Chairman, Department of Obstetrics and Gynecology, University of Chicago; Dr. Harry Gold, Professor of Clinical Pharmacology, Cornell University; Dr. Carl Heller, Associate Clinical Professor of Medicine, University of Oregon; Dr. James W. Reagan, Associate Professor of Pathology, Western Reserve University, and Dr. Alexander Simon, Professor of Psychiatry, University of California.

Dr. J. Lafe Ludwig of Los Angeles, a member of the American Medical Association Committee on Legislation, will moderate a panel on "Congress, Doctors and Politics" at the Public Relations Luncheon on Wednesday, September 19. Panel members will be C. Joseph Stetler, LL.M., Chicago, director of the A.M.A. Law Department, and R. G. Van Buskirk, LL.B., executive secretary of the A.M.A. Committee on Legislation.

The no-host Family Dinner on Sunday evening, September 16, will feature as speaker a well-known clergyman, The Right Reverend Stephen F. Bayne, Jr., S.T.D., D.D., Bishop, Diocese of Olympia, Episcopal. Physicians who have practiced for 50 years or more will be honored at the dinner.

Throughout the convention, physicians will be able to visualize latest advancements in medical science and technology through the medium of scientific and technical exhibits.

Important business and policy matters will be up for consideration before reference committees and the House of Delegates. New officers will be elected and Dr. James H. Berge of Seattle will be installed as President of the Washington State Medical Association for the coming year.

Other convention highlights include the annual Golf Tournament, Fishing Derby, and calendar of sparkling social events, which includes the Family Dinner mentioned above, the Annual Banquet and Dance, and the President's Reception.

Library Corner

New Books-

1. Goodale: Clinical Interpretation of Laboratory Tests.

2. A. C. Ivy; John F. Pick; W. F. Phillips; Monograph: Observations on Kreboizen in the Management of Cancer

3. Epilepsy and the Law, Roscoe L. Barrow

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Introducing . . .



DR. ROBERT A. KRAFT

Bob comes from Seattle. He went through the grade schools and University of Washington Pre-med and Medical schools. Prior to going to the University of Washington Bob was in the service from 1943 to 1945. During this period he flew 30 missions over Germany as a navigator in a B-17.

The next year, 1948-'49 was spent at Northwestern University School of Theology. Subsequently he decided on medicine and took an additional year in pre-med and 4 years of medicine at the University of Washington. From 1954-1955 Bob interned at the U.S. Public Health Service Hospital on Staten Island, N.Y.

Bob is in general practice, officing with Drs. Leo Sulkosky and Ken Sturdevant in Puyallup. He resides with his wife Robby-Lee in Puyallup. Their main interests are golf, a Hammond organ and table tennis.

Introducing . .



im comes from Nebraska. He was born in arrey and grew up in Hastings where he

obtained his elementary schooling and went to Hastings College.

His education was interrupted from 1946 to 1948 when he served in the Army mostly with the army of occupation in Germany. He came back to the University of Nebraska Medical School where he finished in 1954. Jim interned at Pierce County Hospital 'til 1955 and subsequently has established his practice at Brown's Point.

Chief hobbies are fishing (mostly fresh water) and photography (with a Retina II).

Family includes wife, Carol and 2 children, with a third due next year.



DR. MAURICE YOACHIM

"Yoke" was born in Nebraska in 1912. At the age of 2 his family moved to Alberta. He went to school in Edmonton and finished in Medicine at the University of Alberta in 1937.

After internships at the Royal Alexandria in Edmonton and the General in Regina, he practiced in Cardston, Alberta 'til 1953, with the exception of the years 1944-46 in the U.S. Army. Part of his army time was in Germany.

He had anesthesia residency at the Tacoma General Hospital from 1953 to 1954 and in Oakland from 1954 to 1955. Subsequently he has been associated with Drs. Pratt and Eylander in the Physician Anesthesiologists group.

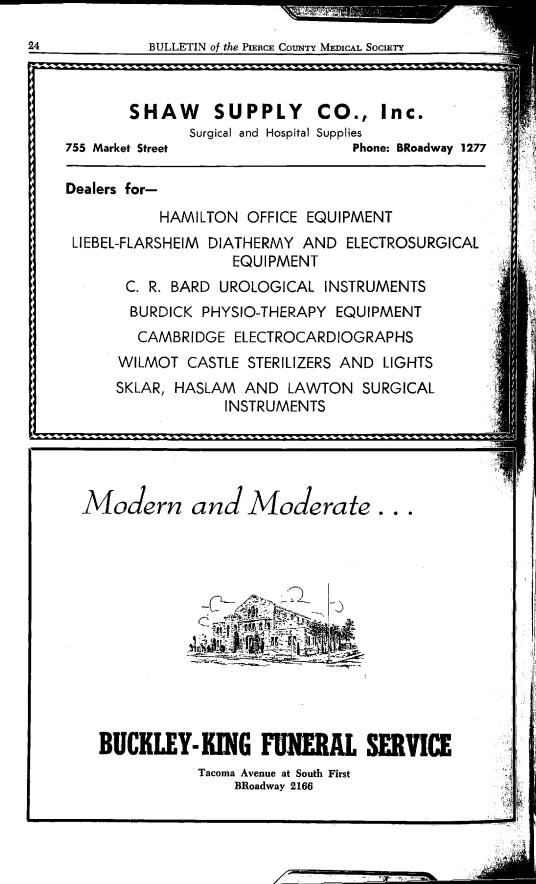
Yoke resides in Tacoma with his wife Shirley and 3 boys. His hobbies are golf and some fishing.

Fried Grasshoppers For Daring Diners

While people don't like dining dangerously, many must enjoy "adventurous" eating, *Food Engineering* magazine says.

It reports that one importer sold 150,000 cans of fried grasshoppers in seven months.

-Evening Bulletin



BULLETIN of the Pierce County Medical Society

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Squibb Therapeutic Formula Vitamin Liquid 1 teaspoonful of Theragran Liquid is equivalent to 1 Theragran Capsule. For patients of all ages who prefer liquid vitamin therapy.

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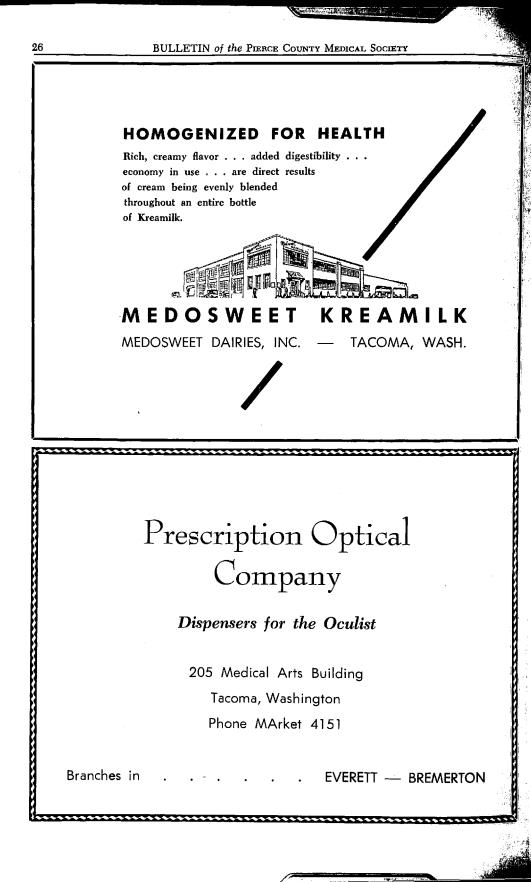
Each Theragran Capsule, or 5 cc. teaspoon	ful of Theragran Liquid, supplies:
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Vitamin D	1,000 U.S.P. Units
Thiamine	
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THERAGRAN CAPSULES: bottles of 30, 60, 100 and 1000. THERAGRAN LIQUID: bottles of 4 ounces.

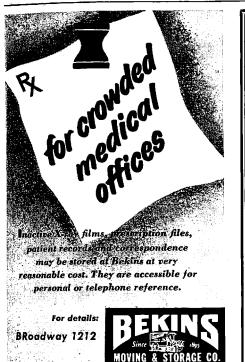


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BULLETIN of the Pierce County Medical Society



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Each Veratrite tabule supplies: Cryptenamine 40 C.S.R.* Units (as tannate salt) Sodium Nitrite 1 gr. Phenobarbital ¼ gr. *Carotid Sinus Reflex Bottles of 100, 500 and 1000 tabules You will find that Veratrite saves the patient $\frac{1}{2}$ the cost of medication in long-term management of hypertension. In fact, the most economical prescription you can write is



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American Academy of General Practice

One of the country's finest and most modern medical buildings, the headquarters of the American Academy of General Practice, will be dedicated at Kansas City on Saturday, September 1. A.M.A. President Dwight H. Murray will be the principal speaker at the dedication. Surgeon General Leonard Scheele will speak at the banquet in the evening.

^{*} The Kansas City Star said recently that the new structure, which contains 3,000 square feet of floor space and was erected at a cost of \$600,000, stands as "a monument to the American family doctor."

The nine-year-old A.A.G.P. has a membership of 22,000 physicians, each of whom must participate in 50 hours of post-graduate training a year to maintain membership.

Mac F. Cahal, executive secretary of the Academy, said that the dedication program is being planned by the State Officers' Conference, and that 400 persons are expected at the ceremonies.

Lobby Walls of the $4\frac{1}{2}$ -story structure (twoand-a-half levels are below the ground) are completely finished in Lido marble imported from French Morocco, and Mr. Cahal said the



contractor called in skilled artisans from various parts of the U.S. to install it.

The building is completely air conditioned and, in addition to the ample office space for the 75 Academy employees, the first belowground floor has a dining room and kitchen, a large meeting room, which can accommodate more than 200 persons, and space for more general business offices.

A floor below will be used primarily for keeping additional files and records. In a subbasement are heating and air-conditioning facilities.

And, incidentally, there is a novel feature about the building. In the sub-basement there is a gushing underground spring which flows constantly at the rate of about 500 gallons a day. It was necessary to install a pumping unit to pump the water into sewer lines for the time being, but next spring the water will be used to irrigate the lawn and shrubs.

"PATRONIZE OUR ADVERTISERS"

Next Commander of Legion May Be A Physician

A physician may be the next national commander of the American Legion.

Dr. Garland Murphy of El Dorado, Ark., was endorsed as a candidate for that high office at the recent Arkansas Legion convention.

If Dr. Murphy should be elected, it will be the first time in the history of the American Legion that a physician has ever held the office of national commander.

-A.M.A. Newsletter

Fluoridation Begins

August 1—Fluoridation of the municipal water system Longview, Washington, was started. This was ordered by the City Council of Longview... the neighboring city of Kelso will hold a vote on the subject of Fluoridation in the coming elections.

> ---Washington State Dental Association News

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Reserved (Pure crystalline alkaloid)

Each tablet contains:

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		or	4.0	mg

The elixir contains:

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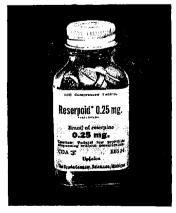
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Teeth Cleaned with Sticks

Toronto (Canadian Press)—A Red Cross offical from Ceylon said here that Canadian junior Red Cross members need not send tooth brushes or tooth powder to Ceylon. The Ceylonese, who have strong white teeth, clean them with the burned ends of sticks, and are likely to use tooth powder to powder their faces.

Dr. Howard Rondthaler once said that he tried for many years to think what would shock an American as much as putting ice in tea does an Englishman. The anwser that finally occurred to him was: boiled watermelon, served hot.

-North Carolina Medical Journal

"Doctor, what is wrong with me?"

"Madame, you are too fat, you use too much rouge and lipstick, you get your hair bleached, you smoke too much and one other thing you are in the wrong office. The doctor is next door—I am nothing but a newspaper man."

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Serpatilin Tablets, 10:1 mg,/10 mg., each containing 0:1 mg. Serpasil® (reserpine CIBA) and 10 mg. Ritalin® hydrochloride methyl-bhenidylacetate hydrochloride CIBA).

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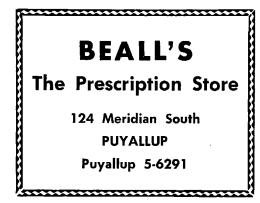
stresses. Serpatilin combines the relaxing, tranquilizing action of Serpasil with the mild mood-lifting effect of the new cortical stimulant, Ritalin – to induce emotional equilibrium in patients who are upset, depressed, withdrawn, anxious or irritable.

Stabilize your patients who overreact to environmental

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MONTHLY MEETINGS

- STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S Fourth Monday—September 24—at 6:15 p.m.
- TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club
- SURGICAL SOCIETY Fourth Tuesday—September 25—6:30 p.m. at Tacoma Club
- STAFF OF PIERCE COUNTY Last Monday of each month—6:15 p.m.
- PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the Month-8:15 p.m.
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

The BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

VOL. XXVII-No. 2

TACOMA, WASH.

OCTOBER - 1956



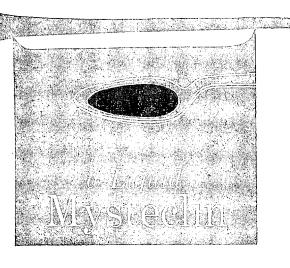
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BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

Pierce County Medical Society С 1956 OFFICERS President Gerald C. Kohl President-Elect Hillis F. Griffin Vice-President Burton A. Brown Secretary-Treasurer Arnold J. Hermann Нар-ру birth - day to Happy Birthday TRUSTEES Burton A. Brown Walter C. Cameron Carlisle Dietrich Philip Grenley Hillis F. Griffin Arnold J. Herrmann S Louis P. Hoyer, Jr. Gerald C. Kohl S. Robert Lantiere Glenn G. McBride Fay Morris Nace Warren F. Smith October 2 HELEN SMITH 3 LESTER BASKIN DELEGATES Jesse W. Bowen, Jr. Walter C. Cameron Philip Grenley EDWARD ANDERSON Arnold J. Herrmann Frank R. Maddison Douglas Buttorff ARNOLD HERRMANN MAHLON HOSIE ALTERNATE DELEGATES Louis P. Hoyer, Jr. Murray L. Johnson Warren F. Smith Charles E. Kemp William J. Rosenbladt Hillis Griffin SOMERS SLEEP ROBERT BROOKE 5 COMMITTEES DAVID DYE Ethics Etnics Charles H. Denzler, Chairman Lantiere William H. Goering KENNETH GROSS S. Robert Lantiere THOMAS LAWLEY Grievance Walter C. Cameron, Chairman rott Jess W. Read DARCY DAYTON Miles Parrott ARTHUR C. LESLIE t House and Attendance Philip C. Kyle, Chairman Mills Lawrence WILMOT READ Rodney Brown 7 HASKEL MAIER Glenn G. McBride Library Fay Morris Nace, Chairman RICHARD RICH A. GEORGE NACE 9 Robert R. Burt Joseph O. Lasby Ralph H. Huff JESS READ Program John J. Bonica, Chairman DONALD NEVITT 10 Carlisle Dietrich Rodger Dille Hugh A. Larkin Stanley W. Tuell 11 MYRON KASS ROBERT KALLSEN 12 Wayne Zimmerman Public Health 13 WARREN B. PENNEY Charles E. Kemp, Chairman Cecil R. Fargher Louis P. Hoyer, Jr. Franz P. Hoskins Merrill J. Wicks 14 ROBERT BOND Toškins Public Relations Haskell L. Maier, Chairman Adams Wm. W. Mattson, Jr. Tuda Warren F. Smith FRANK JAMES D. G. KOHLER Samuel E. Adams Herman S. Judd 16 MURRAY JOHNSON WILLIAM LUDWIG **Civil Defense** Murray Johnson, Chairman Daniel Hunt, Admiral, U. S. Navy, retired I E. Bondo Richard B. Link Robert Brooke James D. Lambing 17 CYRIL RITCHIE aul E. Bondo 19 DAVID HELLYER J. Robert Brooke Diabetes Diabetes Robert E. Lane, Chairman G. Marshall Whitacre 20 DUMONT STAATZ 21 BUELL SEVER Joseph B. Harris Entertainment Jesse W. Bowen, Chairman L. Stanley Durkin Charles P. Larson James M. Mattson Frederick J. Schwind 23 HORACE ANDERSON 25 DONALD ALLISON I. Mattson Geriatrics J. Benjamin Robertson, Chairman John L. Whitaker CHARLES McGILL 31 JOHN SRAIL Hollis Smith Legislative Douglas P. Buttorff, Chairman Homer W. Humiston Wendell G. Peterson Dumont Staatz Our sincere regret that Dr. Julius C. Bohn, whose very happy birthday is celebrated on Dumont Staatz Medical Education Committee Lewis A. Hopkins, Chairman J. Edmund Deming, Sr. Mental Health Committee William H. Todd, Chairman Treacy H. Duerfeldt George S. Kittredge F. E. Shovlain September 9th, was not listed last month. NOTICE School Committee R. A. Norton, Chairman kin David T. Hellyer Check back page of Bulletin for calendar Lester S. Baskin John Theodore Robson, Chairman Don Francis Cummings Robert A. Kallsen Louis M. Rosenbladt of special meetings Bulletin Staff

2





MYSTECLIN SUSPENSION

Steclin-Mycostatin

(Squibb Tetracycline-Nystatin)

Another form of the only broad spectrum antibiotic preparation with added protection against monilial superinfection

PLEASANT TASTING — Mysteclin Suspension is pleasantly fruit-flavored and will appeal to taste-conscious youngsters as well as to adults who prefer liquid medication.

BROADLY EFFECTIVE — Mysteclin Suspension provides well tolerated therapy for the many common infections which respond to tetracycline—and also acts to prevent monilial overgrowth.

READY-TO-TAKE — Mysteclin Suspension requires no reconstitution and can be given by simple teaspoon dosage to patients of all ages.

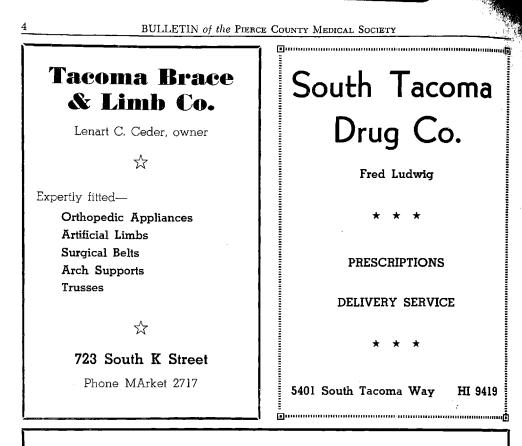
MYSTECLIN SUSPENSION: a fruit-flavored oil suspension containing the equivalent of 125 mg. Steclin (Squibb Tetracycline) Hydrochloride and 125,000 units Mycostatin (Squibb Nystatin) per 5 cc. teaspoonful. Supplied in two-ounce bottles.

Also available as Capsules (250 mg. Steclin Hydrochloride and 250,000 units Mycostatin) and Half Strength Capsules (125 mg. Steclin Hydrochloride and 125,000 units Mycostatin).



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PROGRAM PIERCE COUNTY MEDICAL SOCIETY TUESDAY, OCTOBER 9th 8:15 P.M.

Tacoma Athletic Club . . . 733 Commerce

No-Host Social Hour . . . 6:00

Dinner 6:30

* * *

RECENT ADVANCES IN SURGERY (Continued)

Dr. Wayne W. Zimmerman, Moderator

Gynecology	Dr. Harold D. Lueken
Opht halmology	Dr. Gerald G. Geissler
Ear, Nose, Throat	Dr. Haskel H. Maier
Orthopaedic	Dr. Robert W. Florence
Plastic Surgery	Dr. Ernest E. Banfield

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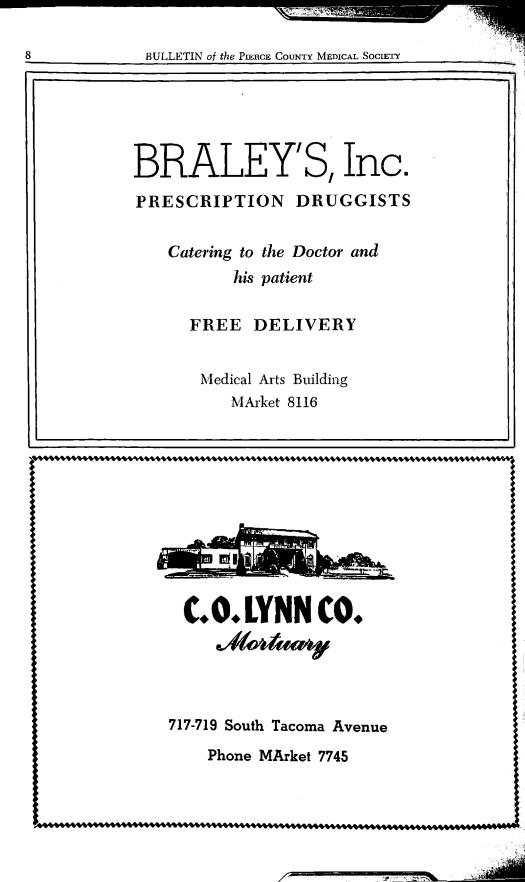
PRESIDENT'S PAGE

I am pleased to report that our delegates to the Washington State Medical Association, Drs. J. W. Bowen, Jr., Walter C. Cameron, Arnold J. Herrmann, Frank R. Maddison, Philip Grenley, Douglas Buttorff and Charles E. Kemp, who served as an alternate, supported those resolutions, changes in the by-laws and policies which were in the best interests of our Society and medicine in general, as well as taking an active part in the Committee work and business of the House of Delegates.

By energetic effort, political acumen and alertness to political currents, they were able to carry successfully the election to office of Dr. J. W. Bowen, Jr. as trustee, Dr. Jess W. Read, as Delegate to the A.M.A. and the re-election of Dr. Homer W. Humiston as Speaker of the House. By placing these capable men in office we have not only done a service to our society but to the Washington State Medical Association as well.

We now have a representation in the Washington State Medical Association which is worthy of our society and we owe much to the delegates who were so conscientious and who gave of their time during the whole session of the House of Delegates.

GERALD C. KOHL, M.D.



GUEST EDITORIAL

UNITED GOOD NEIGHBORS FUND

The Quota for physicians is \$19,600.00 of the total goal of \$1,074,936.00 for the United Good Neighbor's Fund. Thus we are asked to contribute 1.82% of the total. You can be assured that this percentage is representative of the performance of physicians in comparable communities throughout the nation. Simple arithmetic shows us that we need an average contribution of about \$100.00. Some of us should and do, contribute much more, both because we want to, and because we need to, in order to bring up the average to where it belongs. Collectively we have done a pretty good job in the past. I am sure we shall continue to do so.

> HOMER W. HUMISTON, M.D. Chairman, Medical Division United Good Neighbors Fund

9



... reduces risk in reducing

A totally new development in anorexigenic therapy, PRELUDIN substitially reduces the risks and discomfort in reducing.

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For your patient's greater comfort: PRELUDIN curtails appetite without destroy enjoyment of meals...causes a mild evenly sustained elevation of mood that kee the patient in an optimistic and cooperative frame of mind.

Recommended Dosage: One tablet two or three times daily taken one hour bef meals. Occasionally smaller dosage suffices.

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Letters to the Editor

To the Editor:

I have been in Los Angeles for some time and on my return I found the "Pictorial Roster" had been forwarded to me. It is a beautiful little volume and I prize it as a memento of those I used to be associated with, although there were some of my old friends I have difficulty in recognizing—but, of course, the majority have anticipated my own permanent retirement by slipping away before me to where no camera or telephone can reach them. In addition there are a thousand or so new faces I didn't know at all.

This little book marks the passing of time, the passing of the old crowd and the oncoming strength and enlightenment of a replacement that outstrips them in medical knowledge and in the possession of means to recognize and attack the mysterious goings-on in the complaining body. But where is the fun we used to have when the Society dues were \$13.00 a year? Quevli with his stories, Grant Hicks with his tales of obstetrics in the homes of the silkstocking class, Ed Rich with his original idea of an "after the funeral" call to smooth out any misunderstanding in the bereaved family. Anybody could get up and talk, while now it's like being a delegate to the Republican Convention. Our dinners had no floor show, we called on reach other for some witty remarks, and we had a song or two from Mrs. Duncan or other friends of us all. And the women had their night when they entertained us with a minstrel ishow, or skits with topical allusions—just like a big family party.

Now we have straight papers with tables and mathematical equations and all that anytone can do who isn't a graduate of 1950 to 1956 is to stand up—and pass.

Please excuse the maundering and reflections stirred up by your handsome little book. I intended only to enclose the fee and thank you.

Yours always, JOE KANE

P.S. I haven't received The Bulletin since as November. If you have any extras may I please have them. J.P.K.

To the Editor:

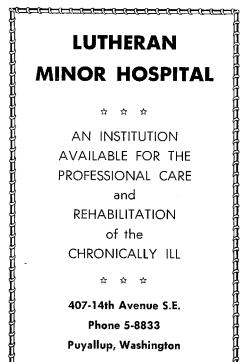
The following letter to the editor of the New England Journal of Medicine, submitted by Brigadier General H. W. Glattly, Surgeon, Headquarters, First Army, and subsequently published in Volume 255, July 12, 1956, is uproduced in part as a matter of general interest to civilian physicians and civilian hospitals in this area.

Care of Military Personnel AWOL

"To the Editor: In a number of cases physicians and hospitals have accepted for emergency treatment members of the Army who were in a status of absent without official leave (AWOL). Upon subsequent submission of vouchers for payment, the physician or hospital has had to be informed that current regulations preclude the payment from public funds for medical treatment rendered military personnel in such a status.

"Upon the acceptance by a hospital or physician of a member of the military service (Army, Navy or Air Force), immediate report should be made to the nearest military facility of the illness or injury. This procedure should be accomplished whether the person is absent with or without official leave in order that his parent organization may be informed of his continued absence by reason of illness or injury. If he is in an AWOL status, the report of his location and illness or injury constitutes a return to military control and, in effect, terminates his AWOL status. The Government subsequently becomes responsible for

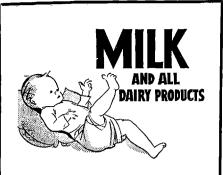
(Continued on Page 13)



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12 BUL	LETIN of the Pierce County Medical So	CIETY				
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BULLETIN of the Pierce County Medical Society



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A Favorite Dairy for over 30 years. Recommended by doctors and dietitians.

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(Continued from Page 11)

payment of his medical care by civilian agencies. These statements apply to practically every situation except unusual cases in which a person is engaged in a criminal act or when unauthorized medical care is furnished for a condition that is not an emergency. Also, the assumption must be made that one service will act for the other in a matter of relaying the information to the parent organization.

"Statement of account for payment may be forwarded to the commanding officer, who will transmit them to their proper destination. The processing of an account involves a matter of weeks, but payment is certain when emergency medical is rendered a bona fide member of the military service who is not AWOL and who is not engaged in a criminal act..."

It cannot be overly stressed that early reporting of the individual to the proper military authorities is of the utmost importance.

Any inquiries concerning the subject discussed may be referred to my office, addressed directly to the Surgeon, Headquarters Sixth Army, Presidio of San Francisco, California.

Sincerely,

HENRY W. DAINE, Colonel, MC, Army Surgeon

Letter to the President

Dear Doctor Kohl:

We take great pleasure in extending to you and the members of your association an invitation to attend a two day seminar on the practical medical use of hypnosis, October 12th and 13th.

Two outstanding civilian consultants, Doctor Irving I. Secter, Dentist, and Doctor William S. Kroger, Obstetrician and Gynecologist, both of Chicago, Illinois, will lead the symposium. A sound color film of an obstetrical patient from the first prenatal visit until delivery under hypnosis will be included in the program.

Doctor Secter and Doctor Kroger have been active for several years in teaching hypnosis to medical groups. Bibliographies of these two gentlemen are enclosed for your consideration.

Please inform us, as soon as practical, how many of your group plan to attend. Upon receipt of this information, we will forward complete programs for distribution to interested members.

> Sincerely yours, W. L. WILSON, Brigadier Generel, MC, Commanding, Madigan Army Hospital.

13

"an effective antirheumatic agent"*

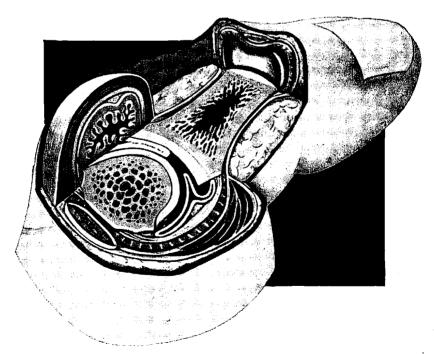
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*Bunim, J. J.: Research Activities in Rheumstic Diseases, Pub. Health Rep. 69:437, 1954.





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WOMAN'S AUXILIARY To The Pierce County Medical Society

1956-57 Woman's Auxiliary Pierce County Medical Society Officers and Chairmen

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The Mine Provident	Mrs. Charles McGill
President-Elect 1st Vice-President	Mrs. Merrill I. Wicks
3rd Vice-President	Mrs Hugh F. Kohler
3rd Vice-President	Mrs John Srail
4th Vice-President	Mrs. Robert W. Osborna
Recording Secretary	Man Warma Zimmannan
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Treasurer	Mrs. Hasken Maler
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3rd Vice-President 4th Vice-President Recording Secretary Corresponding Secretary Treasure State Auxiliary Board Secretary Publicity American Medical Education For	Mrs. W. Howard Pratt
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	Mrs. Phillip H. Backup
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Facial	Mrs. John I. Bonica
Jogialatino	Mrs. Joseph Harris
Legislative Mre	Charles E Anderson Ir
Civil Detense Historian Social Legislative Membership Murse Recruitment	Mrs Onvis & Harrelson
Nurse Recruitment	Mrc Robert Florence
Program Public Relations	Man I Pahort Procke
Public Relations	Mirs, J. Robert Brooke
Revisions	
Telephone	Mrs. Robert P. Crabill
Today's Health	Mrs. Glenn H. Brokaw
Speaker's Bureau	Mrs. Philip Grenley
Minute Women	Mrs. M. E. Lawrence
Heart	
Montol Health	Mrs Paul E Bondo
Safety Cancer Health Council	
Cancer	Mrs. I. Robert Brooke
Health Council	Mrs. Merrill I. Wicks
Crimpled Children and Adults Co	mmittee
ouppied onnaren and reduits of	Mrs Wendell G Peterson
Crippled Children and Adults Co Rehabilitation Center Committee	Mrs. Walter C. Cameron
Infantile Paralysis Committee	Mrs. T. H. Duarfaldt
Fashion Show	Mas William Mattern Ir
Puides True oment	Man Monrill T Wielen
Bridge Tournament Supper Dance Community Council	
Supper Dance	Mrs. 1 nomas B. Murphy
Community Council	
City Council	Mrs. Wm. Goering

Auxiliary News

The Pierce County Medical Auxiliary will again this year sponsor the American Medical Education Foundation, and extend its activities in an effort to contribute more generously to this fund.

The American Medical Education Foundation is a nationwide organization which was formed to help meet the financial needs of medical schools throughout the country. Perhaps many are of the opinion that most schools support themselves. This is not the case, however; the cost of educating doctors climbs each year, and is only partially covered by tuition.

The part the Auxiliary plays is a very simple one, and requires only cooperation from its membership. Support our money making projects and contribute to the A.M.E.F. fund yourself.

Memorial and Appreciation cards for this purpose will be available at all of the regular meetings and may also be obtained from any members of the local committee. That committee consists of Mesdames Phillip Backup, chairman, Arnold Herrmann, co-chairman, also Mesdames S. Robert Lantiere and Thomas Smeall. In addition, the Hospitality Committee of the Auxiliary plans to contribute to the fund, instead of sending flowers or a gift to those members who are hospitalized at any time during the year.

Don't worry any more about that hard-tothink-of gift to show appreciation for your doctor's services. Contribute to his favorite medical school through the A.M.E.F.

The first meeting of the year will be a Membership Tea on Oct. 19 at the home of Mrs. Ralph Huff, 620 North E St., at 1:00 o'clock honoring this year's new members who will be as follows:

Mrs. Arnold Johansson, Theodore Apa, Raymond Ellis, Kenneth Gross, Dale Hadfield, Maurice Yoachim, Edward Eylander, George Hess, Frederick Peters, William E. Hill, David Dye, and Robert Kraft.

There will be a musical program and the hostesses for the tea are: Mrs. Edward R. Anderson, chairman; Mrs. Don G. Willard, co-

(Continued on Page 17)



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J. D. POWELL, Vice President (In Charge of Fire Insurance) E. J. POLE, Secretary (In Charge of Marine Insurance)

(Continued from Page 15)

chairman, assisted by Mrs. Albert Sames and Charles P. Larson. Everyone is urged to attend and do their part in seeing that our new year gets off to a good start.

The Membership Committee reports that the new Program Year Book will be ready in early October and will be handed out as the 1956-57 dues of \$5.00 (plus \$1.00 additional to cover hostess fees for those meetings which will be held in the homes) are paid to our Treasurer, Mrs. Haskel Maier, 2707 Henry Road.

Pierce County delegates to the Washington State Medical Auxiliary Convention were Mrs. Florence Duerfeldt, Mrs. Helen Kittredge, Mrs. Dorothy Maier, Mrs. Ruth Murphy and Mrs. Louise Bowen.

The Medical Auxiliary is happy to announce that they will be sponsoring a Fall Style Show and Luncheon to be held Nov. 16, at Wellman's located at 30th and Pacific Sts., 12:30 p.m. Lou Johnsons' will furnish the styles and models and an excellent program has been worked out for this occasion as well as an enjoyable luncheon menu. The price of the tickets will be \$3.00 and each member is urged to be responsible for the selling of five tickets to their friends and neighbors outside of the auxiliary members. This type of donation is enjoyed by all and makes little work to any one group.

Please bear in mind though when you sell your tickets that each reservation made, must be paid for, so should anyone wish to make the donation and not attend the show, this information should be passed on to the ones in charge of ticket sales. Several useful door prizes will be given during the program and it is the sincere desire of those responsible for this arrangement that our entire auxiliary will get behind this one plan to raise money for the needs of our organization and help 100%. Bring your mothers, sisters, and all your friends to Wellman's for luncheon on Friday, November 16 and see all the doctor's wives too!!!

It is so nice to welcome "back" from the beaches and summer homes those of our members who are now settling down to life with us here in Tacoma. Also we want to take this opportunity to say "Welcome Home" to George and Lorraine Kunz and their six children. George has been stationed for two years in Astoria where he was a Commander in our Navy.

Something Humorous

"My wife talks to herself."

"So does mine, but she doesn't realize it. She thinks I'm listening."

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HOSPITALS ...

Pierce County

Dr. John Trantow and Dr. Frederick Nesbit, Residents at Pierce County Hospital, attended the "Symposium on Poliomyelitis" at the Northwest Respirator Center at King County Hospital in Seattle during the latter part of August.

The Executive Committee of the Pierce County Hospital Medical Staff held a luncheon in honor of Dr. Charles Hedges, the Hospital Inspector for the Joint Commission of Hospital Accreditation on September 7th. Dr. Hedges discussed the Accreditation Program during the luncheon.

Ship-a-hoy!!! Its been good sailing weather —Drs. Claris and Donald Allison spent their vacation sailing in the San Juan Islands. Let's see—fishing, camping, beachcombing, hiking —what a busy schedule.

Congratulations to the happy event—Miss Beulah Cullum became Mrs. Murray Dunbar on August 20th. The newly married couple took a honeymoon trip to Alberta, Canada.

All Pierce County Hospital employees extend their get well greeting to Mrs. Olga Curtis and wish her a speedy recovery.

Nice to have you with us Mrs. Lehto. Mrs. Ellen Lehto, former Dietitian at the hospital is filling in during vacation time for Miss Kathleen Tarun, our present Head Dietitian. Hospital employees extend her a hardy welcome!

Mrs. Esther Byers, Mrs. Hildur Williams, and Mrs. Ruth Schelin are visiting Mrs. Byers' daughter in Portland, Oregon. From there they plan on traveling down into California to enjoy some of their sunny weather.

Mrs. Judith Dilley is a welcomed addition to the Medical Records Department.

Good weather provided a wonderful vacation for Mrs. Marlene Sonneman and husband who spent their time at the Hotel Gerhart in Seaside, Oregon.

From the Dietary Department also comes the news that Anne Bartley's daughter, Maryanne, has just returned home from a two year assignment with the American Embassy in Paris, France. She will be vacationing for a short time and then will be taking a new assignment with the American Consulate at Multa in the Mediterranean.

Mrs. Preston, Head Physical Therapist, spent her vacation in the San Juan Islands. It was perfect camping weather.

What a busy holiday! Mrs. Lawrence Savage and family went to Heppner and Opal

Saint

Butte, Oregon on a rock hunting expedition over the Labor Day weekend. They returned with many beautiful specimens.

The Hospital Staff will certainly miss Dr. John Dunlop. Dr. Dunlop is presently a Resident at Pierce County Hospital and will be leaving the 1st of October to serve with the Air Force at Travis Field in California.

How about it? Were the fish plentiful? Westport seems to be a popular vacation stop this year. Mary Wilson's efforts weren't in vain for she landed an 8 lb. catch.

From the Laundry Department comes the news that:

A vacation trip to Los Angeles, California was taken by Mrs. Rachel Johnson to visit her two sons.

Norman Chilberg and family vacationed in Baker, Montana with relatives.

Sunny weather denoted vacation time for Maryann Rand too. She spent an enjoyable time in Canada.

Relatives in North Dakota were honored with a visit from Mrs. Frances Sturn and family.

The Hospital employees wish Pernie Ellison a speedy recovery.

The Nursing Department reports that:

Mrs. John Krsul is being congratulated on her recent marriage. She took the well known "step" on her vacation. It was a surprise to everyone. The 3-11 Shift not to be outdone, surprised Mrs. Krsul with a luncheon shower at the home of Mary Benedict, R.N. Mrs. Krsul is the former Elizabeth Eklow.

Bowling season is once again in full swing. The day shift and the 3-11 shift each have two teams bowling. Knock all the pins down all the times gals; it really wrecks the average.

Miss Mary Hill, R.N., who has been on staff for two years is resigning to attend the University of Washington to complete her work towards her Bachelors Degree. We will miss Mary.

Several members of the staff are counting their blessings following a freak highway accident. They pushed their car off the Seattle highway when it stalled and while they were waiting for help to arrive they were hit by another car with a sleeping driver. We hope the aching muscles and stiff backs that Corrine Mapes, Joanne Prouty and Dick Dougherty are nursing prove to be nothing serious.

(Continued on Page 21)



NO FUNERAL PROCESSION

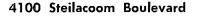
Burials at Mountain View are conducted entirely within the confines of the park. There is no long procession through the din and traffic of city streets, and no parking problem for friends and relatives who attend the services.

Everything in one place

MOUNTAIN : FUNERAL HOME CEMETERY

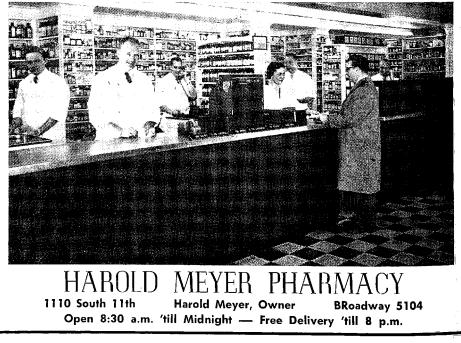
- CHAPEL
- CREMATORY
- MAUSOLEUM

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VIEW Memorial



(Continued from Page 19)

Saint Joseph's

On the second anniversary of our Radioactive Isotope Department a new multi purpose Scintillation Probe has replaced the Geiger-Muller tubes in our R A I Department. This department is now back in full operation with increased efficiency and accuracy. It is anticipated that in the near future better resolution will be available by the addition of a series of suitable collimators.

Four new students were accepted by the X-Ray Department. The new technician students all hail from St. Leo's High School and are looking forward to spending a very happy and profitable year with us. The students are Judy Manza, Margaret Bloom, Margaret James, and Nancy Connery.

The Ob. Department is very happy to have its full crew back from vacation. From reports most of them did quite a bit of traveling during the past summer.

New members of their families are:

Joyce Deeny Vye, a girl.

Loretta Bark Smith, a boy.

Rosalie Wasson Beard, a girl.

Frances Goodwin Piksa, a boy.

Ruth Harris Heaton, a boy.

Virginia Goodwin Bickley, a boy.

Dr. and Mrs. Herbert Meier, a girl.

Congratulations to all!

The School of Nursing welcomed a new class of 33 strong on September 11, 1956. Two of our Sisters are in the class. A "get acquainted party" in the form of a smorgasbord was held that evening. Members of the faculty and other students all gathered to make the newcomers feel "at home." The smorgasbord table was laden with turkey, ham, and all the other "goodies" that make a real treat. The evening was spent playing "Pirate Bingo." It was a night that will be long remembered.

New faculty members that have been welcomed are Sr. Victorine, Science Instructor, Mrs. Plunkett, Surgical Clinical Instructor, also Sister Alexis and Sister Melchior, also Sister Mary Guntilda, Librarian in the School of Nursing.

Sisters Margaret Catherine and Anthony Consilia are attending the St. Louis University where both are working toward a Master Degree in Nursing Education.

Sister Antonia attended the annual meeting of the A A of Hospital Administrators of which is a member in Chicago, September 17-20.

The Tacoma Vocational School brought Kathy Reinhart (our special patient) a Television set. It certainly has helped her fill in the long hours. The nurses enjoy it also. We feel quite fortunate as we can boast of 2 T.V.'s on our floor. Mrs. Rehwinkel has been relieving for Mrs. Pollard who will be back from vacation this week. Our Department received many lengthy letters from Mrs. Cheng (Nancy Chin) who is now working at St. Luke's Hospital, Bethlehem, Pennsylvania.

Dr. Rohner is our new intern. Welcome, Dr. Rohner!

The Medical Record Department welcomes Margie O'Connor who started to work last week. She is replacing Carol Friel who took an extended vacation in California.

Ruth Delle returned from her vacation with a fractured left arm but she still manages her job as Surgical Secretary.

Sister Evelina and Sister Emmanuel took a trip to Seattle last Monday. According to reports they had a wonderful time.

Marilou D'Andrea is leaving us the end of the month to take care of Frank Vincent, the latest arrival in the family. We shall miss her around the office as she is the oldest member of our staff. Dorothy Rockwood is still waiting for her little Drezel. We hope it is a girl so she will have to change the name.

Tacoma General

On September 1, Miss Ruth Kynoch assumed the duties of Principal of the Tacoma General Hospital School of Nursing. She is a graduate of the Santa Rosa Junior College School of Nursing in California, and holds both a Bachelor of Science and Master of Science degree in Nursing Education from the University of Washington. Professionally she has had a variety of experience as staff nurse, head nurse, assistant evening supervisor at Sonoma County Hospital; supervisor and instructor in Pediatrics at Harborview Division of the University of Washington; Assistant Director, Santa Rosa Junior College School of Nursing; Research Assistant in Basic Nursing Education at the University of Washington Child Health Center. She has previously spent more than a year in Tacoma, at the Tacoma Indian Hospital where she set up an educational program in Pediatrics for the University of Washington.

One of Miss Kynoch's first responsibilities was to welcome the 1959 class of student nurses. 43 students registered on September 10 which was the beginning of a week of orientation for them. On the 17th classes began. Three of these students have already completed 2 years study at the College of Puget Sound and will receive a Bachelor of Science degree

(Continued on Page 23)

BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

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Doctors Hospital Building

(Continued from Page 21)

from the College when they finish their course in Nursing.

Charles C. Hedges, M.D. visited Tacoma General on Monday, September 10. Dr. Hedges is Field Representative, Joint Commission on Accreditation of Hospitals, and Staff Representative, American Medical Association Council on Medical Education and Hospitals.

Tacoma General Hospital is delighted that Dr. Dudley Houtz Jr. of our 1955-56 Intern Staff has decided to remain in Tacoma, and has opened offices in Westgate. We wish him every success.

The doors which are being installed in the corridors are another step in the program to meet all the requirements of the State Fire Marshal for safety.

The Department of Physical Medicine is newly equipped with an ultrasonic unit. Mr. Hill, Director of the Department, invites the professional staff to inspect the machine at any time, and to make any inquiries regarding its purposes and uses.

Mary Bridge Children's Hospital Special Announcement September, 1956

ATTENTION PHYSICIANS, PLEASE:

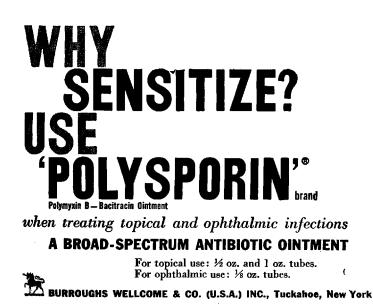
The Mary Bridge Children's Hospital announces the opening on September 11th of a therapeutic speech clinic to meet the needs of children with various types of speech difficulties. Although the emphasis of the clinic will be to meet the speech needs of the cleft palate child, children with other types of speech difficulties may be accepted in the clinic. The clinic will be in session on Tuesday and Thursday afternoons beginning 12:30 p.m. It will be located in the Outpatient Department of the Hospital.

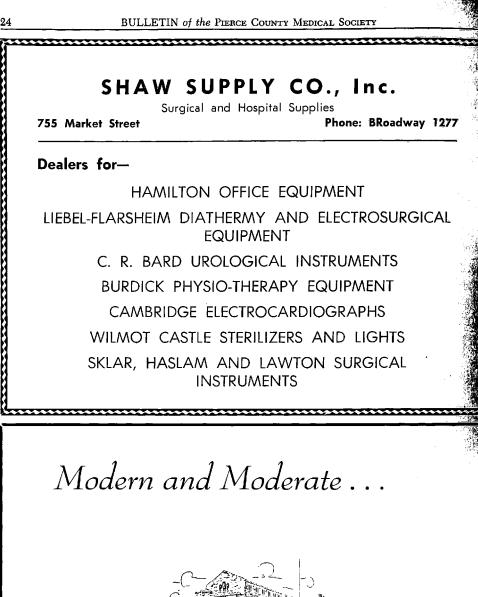
The speech clinic will be under the direction of Mrs. Carlin Aden, M.A., assisted by Mrs. Glen Shook. Both individual and group therapy will be available depending on the needs of the child. Two groups of pre-school children will be organized to give basic speech therapy in normal play situation.

Doctors who desire children admitted to the clinic should make direct contact with Mrs. Aden, LA. 3489, during the months of September and October. Beginning in November children admitted to the clinic should first be seen at the regular Cleft Palate diagnostic clinic held at the hospital on the third Wednesday of each month.

This service will be available to children in communities of Southwest Washington, as well as Tacoma, on referral by a local physician.

> A. L. HOWARTH, Administrator, Mary Bridge Children's Hospital







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Squibb Therapeutic Formula Vitamin Liquid 1 teaspoonful of Theragran Liquid is equivalent to 1 Theragran Capsule. For patients of all ages who prefer liquid vitamin therapy.

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The six vitamins almost invariably associated with chronic vitamin deficiency states.

Vitamin A (synthetic)	25,000 U.S.P. Unit		
Vitamin D	1,000 U.S.P. Units		
Thiamine			
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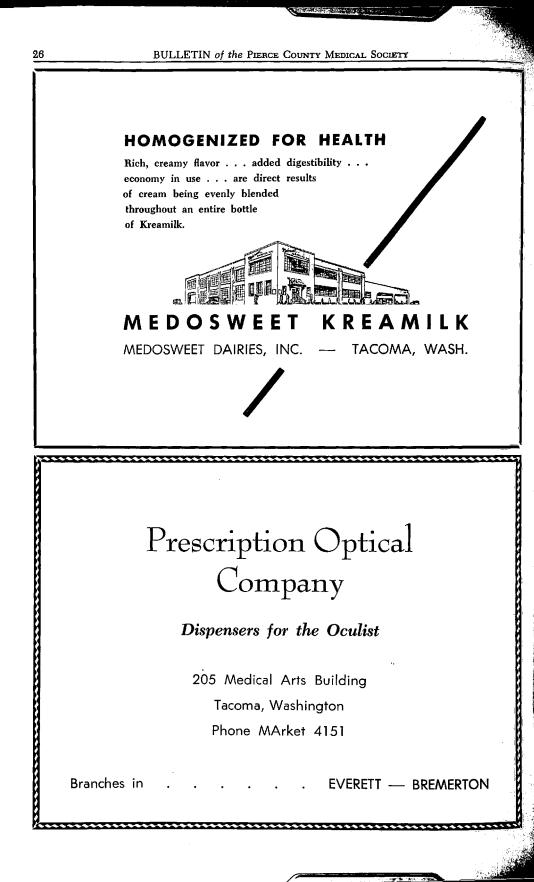
1 teaspoonful daily. THERAGRAN CAPSULES: bottles of 30, 60, 100 and 1000.

THERAGRAN LIQUID: bottles of 4 ounces.



Squibb Quality—the Priceless Ingredient

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A.M.A. Clinical Session

A cordial invitation is extended to all physicians in the West to attend the A.M.A. Clinical Session in Seattle November 27-30. An outstanding program has been arranged, and excellent hotel accommodations are available.

The center of activities will be Seattle's Civic Au'ditorium, where scientific sessions will be held and exhibits will be displayed. Conveniently located, the auditorium is easily accessible from downtown hotels, and transportation will be available for commuting to and from meetings. A cafeteria will be operated in the auditorium for midday meals.

Clinical Session headquarters will be the Olympic Hotel, where House of Delegates sessions and meetings of the Board of Trustees, Councils and Reference Committees will be held.

Clinical Session headquarters will be the Olympic Hotel, where House of Delegates sessions and meetings of the Board of Trustees, Councils and Reference Committees will be held.

The scientific program will be beamed at the general practitioner, and subjects have been carefully chosen to be of interest and practical value. The program will include panel discussions, individual papers, motion pictures and closed-circuit television clinics.

Panel discussions will cover such subjects as hypertension, hemolytic anemia, prenatal care, problems of aging, epilepsy, low back pain, liver disease and vascular disorders. Twenty topics will be considered by panels of men prominent on the national scene and in the Northwest.

There will be 45 papers, considering fluid balance, urological problems, office psychiatry, varicose veins, fractures, diabetes, heart disease, and many other subjects. Contributors will include well-known medical educators and practicing physicians from all parts of the country.

The television clinics will include both wet (operative) and dry (non-operative) clinics. Talent will be drawn largely from Seattle because of the necessity of rehearsals and frequent briefing. There will be clinics on block anesthesia, treatment of burns, bleeding problems, intestinal obstruction, caesarean section, hand surgery, hysterectomy, vein stripping and other subjects.

Scientific and technical exhibits have been arranged through A.M.A. headquarters. They promise to be as educational and interesting as in the past. Eighty-five scientific exhibits of the highest caliber will be on display.

Prepaid medical service plans of Washington, Oregon and Idaho will sponsor a hospitality suite in the headquarters hotel for three days during the session. An exhibit showing the prepaid plans' services to the public will be on display in the hospitality suite.

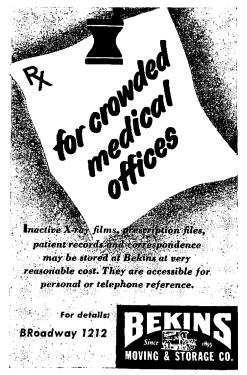
Plans have also been made for Auxiliary activities during the Clinical Session. Sightseeing tours and other events are on the agenda.

Physicians are urged to make their reservations early. A reservation form will be found in the current issue of the Journal of the A.M.A. All reservations in Headquarters Hotel, The Olympic, must be made through A.M.A. Headquarters.

City of Hope

The following telegram was received by Dr. Gerald C. Kohl on request for information regarding the City of Hope Medical Center:

"This day please be advised that the City of Hope Medical Center is accredited by the joint commission on accreditation of hospitals of the United States and Canada this commission is comprised of representatives from the American College of Physicians, American College of Surgeons, American Medical Association, American Hospital Associations and Canadian Medical Association. Trust this information you require. Victor Carter President of the City of Hope Medical Center."



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Stress Formula Vitamins promote wound healing, and stimulate antibody production as well as providing a nutritional reserve of water-soluble vitamins.

ر (a Lederle exclusive!) for more rapid and complete absorption.

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Grand Rounds

You are invited to attend, on Wednesday evening, October 17th, GRAND ROUNDS of the Tufts University School of Medicine, and The New England Medical Center, brought to you on Closed-Circuit Television by The Upjohn Company.

The Borderlines of Cancer: Problems in the Management of Doubtful Lesions

Clinical Leaders

Dr. Lauren V. Ackerman, Professor of Surgical Pathology and Pathology, Washington University, St. Louis, Missouri.

Dr. Edwin B. Astwood, Professor of Medicine, Tufts University School of Medicine, Boston, Massachusetts.

Dr. Henry L. Bockus, Professor and Chairman, Department of Medicine, Graduate School of Medicine, University of Pennsylvania, Philadelphia, Pennsylvania.

Dr. George Crile, Jr., Department of Surgery, Cleveland Clinic, Cleveland, Ohio.

Dr. Leo H. Garland, Clinical Professor of Radiology, Stanford University School of Medicine, San Francisco, California.

Dr. Philip J. Hodes, Professor of Radiology, School of Medicine, University of Pennsylvania Philadelphia, Pennsylvania.

Dr. Alton Ochsner, Professor of Surgery, Tulane University School of Medicine, New Orleans, Louisana.

Where you can see Grand Rounds . . . Seattle — Olympic Hotel 5:00 p.m.

U. S. Public Health Service Announces Examinations

A competitive examination for appointment of Medical Officers to the Regular Corps of the United States Public Health Service will be held in various place throughout the country on November 27, 28, 29, and 30, 1956.

Appointments provide opportunities for careers in clinical medicine, research, and public health. They will be made in the ranks of Assistant and Senior Assistant, equivalent to Navy ranks of Lieutenant (j.g.) and Lieutenant.

Entrance pay for both grades with dependents is \$7,498 per year. (Assistant grade entrants are assigned the temporary grade of Senior Assistant). Qualified officers are promoted at regular intervals.

Benefits other than promotions include periodic pay increases, 30 days annual leave, sick leave, medical care, disability retirement pay, regular retirement pay which is threefourths of annual basic pay at time of retirement, and other privileges. Active duty as a Public Health Service officer fulfills the obligation of Selective Service.

Requirements for both ranks are U.S. citizenship, age of at least 21 years, and graduation from a recognized school of medicine. For the rank of Assistant Surgeon, at least 7 years of collegiate and professional training and appropriate experience are needed. For Senior Assistant Surgeon, an additional three years, for a total of at least 10 years of collegiate and professional training and appropriate experience, are required.

Entrance examinations will include an interview, physical examination, and comprehensive objective examinations in the professional field.

Application forms may be obtained from the Chief, Division of Personnel, Public Health Service, Department of Health, Education, and Welfare, Washington 25, D.C. Completed application forms must be received in the Division of Personnel no later than October 13, 1956.

Some Facts on Physicians and Their Estates

The Hartford County (Connecticut) Medical Society recently studied 144 obituaries of local physicians and probate court cases involving their estates. While the survey, of course, wasn't too large, it revealed some interesting and startling facts, including:

One out of 8 of the physicians who died between 1940 and 1953 was in debt at the time of death.

Of the 144 doctors estates studied, 1 out of 3 left net assets of less than \$10,000.

The Hartford survey disclosed only 1 extremely wealthy doctor out of the 144 and that \$575,915 of his estate was consumed by estate taxes and other settlement expenses.

Only 1 doctor in 8 survived his wife!

The doctors ages 40 to 50 die twice as fast as the general population, and in the 60-70 bracket, the doctors' death rate was 50 per cent higher than the insurance table.

Heart diseases and cerebral hemorrhage were the chief causes of death.

Expenses of settlement of the estates studied ranged from a minimum of 13% to as much as 1/3.

The age of death of the physicians when compared with life insurance mortality tables showed that there were 2 vulnerable periods for medical men—40 to 50 and 60 to 70.

One out of 3 physicians left no will.

Teetotaler: The guy who adds your golf score as you are getting ready to drive.



CITRA CITRA CITRA CITRA CITRA



"WELL, YOU'RE NOT GOING TO BREATHE YOUR NASTY COLD GERMS ALL OVER ME, BUSTER"

CITRA CITRA CITRA CITRA CITRA

30

For common colds, coughs, hay-fever and allergies—Citra capsules or syrup!

5 way action

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3. Antihistaminic 4. Analgesic 5. Antipyretic (capsules) Expectorant (syrup)

Hesperidin and Vitamin C aid in restoring and preserving normal capillary function, important in the control of colds and allergies. Phenylephrine HCI. assists in clearing nasal and bronchial tracts. Multiple anti-histamines alleviate undesirable side effects without reducing antihistamine effectiveness. For analgesic and antipyretic effect, the *capsules* contains a powerful "APC" group. For its analgesic effect, the *syrup* contains dihydrocodeinone, more potent than codeine, less constipating, with low addiction liability. Sedative expectorant action in the syrup is achieved with potassium chloride, sodium-free salt.

5 way approach

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(2)	Phenylephrine Hydrochloride
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	Pyrilamine Maleate
(4 & 5)	Salicylamide
	Caffeine Alkaloid

	Each	5	cc.	(teasp	oonfui)	of	CITRA	SYRUP	contains:
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(Citrus Bioflavonold) 8.33 mg	
Vitamin C 30.0 mg	
(2) Phenylephrine Hydrochioride	
(3) Prophenpyridamine Maleate	
Pyrilamine Maleate 3.33 mg	۲.
(4) Dihydrocodeinone Bitartrate 1.66 mg	•
(5) Potassium Citrate	•
In a flavored syrup base. Alcohol 2%	
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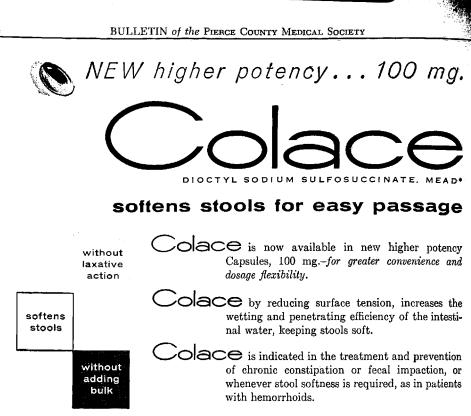
Pierce County Medical Society Membership Roster, October, 1956

Asterisk indicates application pending.

Every effort has been made to avoid errors or omissions: please report to the Society Office, MA. 2020 if a change should be made, in order that it may be published in the November Bulletin.

ADAMS, SAMUEL E. General practice—Wednesday Office, 401 Medical Arts BldgFU 1559 Home, 3627 North WashingtonSK 1492 ALLISON, CLARIS Administration Office, Pierce County Hospital(Ext. 41) HA 3321 Home, 3711 South AshHA 0548 AILISON, DONALD F. Orthopaedics—Thursday afternoon Office, No. 6, Tacoma Medical CenterBR 9309 Home, 3711 South AshHA 0548 ANDERSON, CHAS. E. JR. Anesthesiology Office, No. 14, Tacoma Medical CenterBR 4500
General practice Wednesday
Home 3627 North Washington
ALLISON, CLARIS
Administration
Home 3711 South AshHA 0548
ALLISON, DONALD F.
Orthopaedics—Thursday atternoon Offer No. 6 Tecoma Madical Center BB 9309
Home 3711 South Ash
ANDERSON, CHAS. E. JR.
Ansethesiology Office, No. 14, Tacoma Medical Center
Home, 4711 North 31st SK 4371
ANDERSON, EDWARD R.
General surgery—Friday afternoon Office Northern Pacific Hospital MA 6116
Home, 619 North G Street
ANDERSON, HORACE A.
Office 1108 Medical Arts Bldg MA 2601
Home, 3114 North 33rd PR 6771
APA, THEODORE
Office 2324 Pacific Avenue BB 9341
Home, 11914 So. L St GR 4601
ARNOLD, CHARLES B.
Office, 4001 South M HA 3378
Home, 1224 North Tacoma Avenue BR 5893
AVERY, WILLIAM E.
Office, 1207 Medical Arts Building BB 1677
Home, 724 North Yakima MA 1747
BACKUP, PHILLIP H.
Office, No. 14, Tacoma Medical Center BR 4500
Home, 4629 North Mullen PR 4332
BANFIELD, ERNEST E. Plastic and Beconst Surgery Thurs Afternoon
Office, 1002 So. 10th St. FU 1641
Home, 3114 North 33rd PR 6771 APA, THEODORE Pastistant Director of Public Health BR 9341 Office, 2324 Pacific Avenue BR 9341 Home, 11914 So. L St. CR 4601 ARNOLD, CHARLES B. Grant State General practice Thursday Home, 1224 North Tacoma Avenue BR 5893 AVERY, WILLIAM E. General Surgery—Thursday Office, 1207 Medical Arts Building BR 1677 Home, 1224 North Yakima MA 1747 BACKUP, PHILLIP H. Anesthesiology Office, 102 So, 10th St. FU 1641 Home, 103 Swet Soundoview Dr. SK 2869 BARRONIAN, NICHARD F. Sk 2869 BARRONIAN, RICHARD F. Sk 4273 BAS
BARRONIAN, RICHARD F.
Office, No. 22, Tacoma Medical Center
Home, 3823 West Soundview Dr. SK 4273
General practice and surgery Thursday
Office, Western ClinicMA 1141
Home, 906 North Tacoma AvenueMA 2333
Obstetrics and Gunecology
Office, 427 Medical Arts Bldg BR 3484
Home, 6808 South M St HA 7643
Dematology_Thursday
Office, 1007 Medical Arts Building
Home, 3823 West Soundview Dr. SK 4273 BASKIN, LESTER S. General practice and surgery—Thursday Office, Western Clinic MA 1141 Home, 906 North Tacoma Avenue MA 2333 *BASS, MYRON A. Obstetrics and Gynecology Office, 427 Medical Arts Bldg. BR 3484 Home, 6808 South M St. HA 7643 BENSON, JOSEPH A. Dermatology—Thursday Office, 1007 Medical Arts Building. BR 6771 Home, Lake Killarney WA 8625 BETTERIDCE, BRYCE General practice—Wednesday Office, 2733 South Thompson HA 4473 Home, 2213 West Crandview. PR 1350 BLAND, LELAND J. Surgery and Gynecology—Thurs. and Sat. p.m.
General practice Wednesday
Office, 3733 South Thompson HA 4473
Home, 2213 West GrandviewPR 1350
Surgery and Gynecology-Thurs and Sat n m
Surgery and Gynecology—Thurs. and Sat. p.m. Office, Medical Arts BuildingBR 4800 Home, 5601 So. FerdinandHI 4306
Home, 5601 So. Ferdinand
Internal Medicine—Tuesday all day: Sat n m
Office, 110 4th Ave. N.W. PuyallupPuyallup 5-6645
HI 4306 BLIZARD, ELDON C. Internal Medicine—Tuesday all day; Sat. p.m. Office, 110 4th Ave. N.W. PuyallupPuyallup 5-6645 Home, 518 4th Ave. S.W. PuyallupPuyallup 5-2283 BOGUE, CHARLES General practice.
General practice Thursday and Saturday nm
Office, Gig HarborGig Harbor 44-2660
BOHN UII UIS C 123, Gig HarborGig Harbor 44-3211
General practice—Thursday and Saturday p.m. Office, Gig HarborGig Harbor 44-2660 Home, P.O. Box 123, Gig HarborGig Harbor 44-3211 BOHN, JULIUS C. (honorary) General practice
General practice Office, 2602 North Proctor Street
General practice—Wed, and Sat afternoon
Office, Bldg. 2, Tacoma Medical Center MA 3534
Unice, 2602 North Proctor Street

BONDO, PAUL E. General practice Office, 1027 Medical Arts BuildingBR 11225 Pacific Ave., Tacoma 44GR Home, 515 South 119thGR	
Office, 1027 Medical Arts Building	2161
Home, 515 South 119thGR	7149
BONICA, JOHN J.	
	1101
Office, Tacoma General Hospital	4500
Anestnesiology Office, Tacoma General Hospital	7164
BOWEN, JESSE W., JR. Ophthalmology—Thurs. and Sat. afternoon Office, 907 Medical Arts BuildingMA Home, 730 North Stadium WayMA	
Ophthalmology-Thurs. and Sat. afternoon	~00a
Home 730 North Stadium Way MA	3222
Pediatrics—Thurs. afternoon and Sat. p.m. Office, Puget Sound Medical Bldg	
Office, Puget Sound Medical Bldg BR	0354
Home, 4808 North Lexington	3211
BROKAW, CLENN H. General practice—Thurs. and Alt. Saturdays Office, No. 26th and WashingtonPR Home, 3612 No. 25thPR	
Office, No. 26th and Washington PR	3586
Home, 3612 No. 25th PR	7277
BROOKE, J. ROBERT General practice—Wednesday and Saturday Office, No. 5, Tacoma Medical CenterMA Home, 3814 North 12th StreetPR	
Office, No. 5. Tacoma Medical Center	4272
Home, 3814 North 12th Street PR	7216
BROWN, BURTON A. General surgery and diagnosis—Wed. & Sat. aftern Office, Puget Sound Medical BldgBR Home, 3101 North 30th StreetPR	
General surgery and diagnosis—Wed. & Sat. atterning	5281
Home, 3101 North 30th StreetPR	2621
BROWN, ROBERT W.	
BROWN, ROBERT W. Clinical Director	4471
Clinical Director Office and Home—Western State HospitalLA Also Cabin—8801 Manitou-Custer RoadLA	8994
ABO Cable	
General practiceWednesday	
Office, 10011 Gravelly Lake DriveLA	4433
RURBOWS, WILLIAM	2403
General practice—Tuesday	
Office, 700 No. Meridian, PuyallupPuyallup 5	-2374
BURT, BOBERT R.	-0201
Surgery and Surgical Diagnosis-Saturday	
Office, No. 46, Tacoma Medical Center	4482
BUTTORFF, DOUGLAS	0000
Gynecology and Obstetrics—Thursday	
	0550
Home, 3705 North Washington SK	$\begin{array}{c} 0559 \\ 1254 \end{array}$
Home, 3705 North Washington	$\begin{array}{c} 0559 \\ 1254 \end{array}$
BURROWS, WILLIAM General practice—Tuesday Office, 700 No. Meridian, PuyallupPuyallup 5 Home, So. Meridian, PuyallupPuyallup 5 BURT, ROBERT R. Surgery and Surgical Diagnosis—Saturday Office, No. 46, Tacoma Medical CenterBR Home, 1830 North WinnifredSK BUTTORFF, DOUCLAS Gynecology and Obstetrics—Thursday Office, No. 39, Tacoma Medical CenterBR Home, 3705 North WashingtonSK CAMERON, WALTER C. Ophthalmology—Wed. and Sat. afternoon Office 1003 Medical Arts Bwildhur	0559 1254 1262
Home, 3705 North Washington	0559 1254 1262 6228
Home, 3705 North Washington	0559 1254 1262 6228
Home, 3705 North Washington	0559 1254 1262 6228 3331
Home, 3705 North Washington	0559 1254 1262 6228 3331 7330
Home, 3705 North Washington	0559 1254 1262 6228 3331 7330
Home, 3705 North Washington	0559 1254 1262 6228 3331 7330 -4474
Home, 3705 North Washington	0559 1254 1262 6228 3331 7330 -4474 -4515
Office, 1103 Medical Arts Building MA Home, 6600 Flanagan Road HA CARLSEN, EDWIN L. (Honorary) General practice—Tuesday and Saturday p.m. Office, 5401½ South Tacoma WayHA Home, 5311 South Lawrence. HA CLARK, THOMAS H. General practice—Wednesday Office, 911 Kincaid, Sumner. Sumner 3 Home, 1422 Academy St., Sumner. Sumner 3	1262 6228 3331 7330 -4474 -4515
Office, 1103 Medical Arts Building MA Home, 6600 Flanagan Road HA CARLSEN, EDWIN L. (Honorary) General practice—Tuesday and Saturday p.m. Office, 5401½ South Tacoma WayHA Home, 5311 South Lawrence. HA CLARK, THOMAS H. General practice—Wednesday Office, 911 Kincaid, Sumner. Sumner 3 Home, 1422 Academy St., Sumner. Sumner 3	1262 6228 3331 7330 -4474 -4515
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Office, 1103 Medical Arts Building MA Home, 6600 Flanagan Road HA Carlaster, EDWIN L. (Honorary) General practice—Tuesday and Saturday p.m. Office, 5401½ South Tacoma Way. HA Home, 5311 South Lawrence. HA Coneral practice—Wednesday HA General practice—Wednesday Sumner 3 Home, 1422 Academy St., Sumner. Sumner 3 CLAY, HOMER T. Pediatrics—Saturday afternoon Office, 818 North G Street. BR Home, 6363 111th S.W. LA COMFORT, JOHN F. General Practice—Thursday Office, 3505 South 58th HI Home, 6363 111th S.W. LA CRABELL, ROBERT P. General practice—Wednesday Office, 3513½ McKinley. LA Home, 6926 Lake Steilacom Avenue. LA Home, 6931 Ake Steilacom Avenue. LA Home, 6926 Lake Steilacom Avenue. LA Home, 6926 Lake Steilacom Avenue. LA Home, 6926 Lake Steilacom Avenue. LA Home, 6920 Lake Steilacom Avenue. LA Home, 6920 Lake Steilacom Avenue. LA Home, 6920 Lake Steilacom Avenue.	1262 6228 3331 7330 -4474 -4515 3803 4534 3256 2427 4451 0558 1811 2011
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Office, 1103 Medical Arts Building MA Home, 6600 Flanagan Road HA Carlaster, EDWIN L. (Honorary) General practice—Tuesday and Saturday p.m. Office, 5401½ South Tacoma Way. HA Home, 5311 South Lawrence. HA Coneral practice—Wednesday HA General practice—Wednesday Sumner 3 Home, 1422 Academy St., Sumner. Sumner 3 CLAY, HOMER T. Pediatrics—Saturday afternoon Office, 818 North G Street. BR Home, 6363 111th S.W. LA COMFORT, JOHN F. General Practice—Thursday Office, 3505 South 58th HI Home, 6363 111th S.W. LA CRABELL, ROBERT P. General practice—Wednesday Office, 3513½ McKinley. LA Home, 6926 Lake Steilacom Avenue. LA Home, 6931 Ake Steilacom Avenue. LA Home, 6926 Lake Steilacom Avenue. LA Home, 6926 Lake Steilacom Avenue. LA Home, 6926 Lake Steilacom Avenue. LA Home, 6920 Lake Steilacom Avenue. LA Home, 6920 Lake Steilacom Avenue. LA Home, 6920 Lake Steilacom Avenue.	1262 6228 3331 7330 -4474 -4515 3803 4534 3256 2427 4451 0558 1811 2011
Office, 1103 Medical Arts Building MA Home, 6600 Flanagan Road HA Carlaster, EDWIN L. (Honorary) General practice—Tuesday and Saturday p.m. Office, 5401½ South Tacoma Way. HA Home, 5311 South Lawrence. HA Coneral practice—Wednesday HA General practice—Wednesday Sumner 3 Home, 1422 Academy St., Sumner. Sumner 3 CLAY, HOMER T. Pediatrics—Saturday afternoon Office, 818 North G Street. BR Home, 6363 111th S.W. LA COMFORT, JOHN F. General Practice—Thursday Office, 3505 South 58th HI Home, 6363 111th S.W. LA CRABELL, ROBERT P. General practice—Wednesday Office, 3513½ McKinley. LA Home, 6926 Lake Steilacom Avenue. LA Home, 6931 Ake Steilacom Avenue. LA Home, 6926 Lake Steilacom Avenue. LA Home, 6926 Lake Steilacom Avenue. LA Home, 6926 Lake Steilacom Avenue. LA Home, 6920 Lake Steilacom Avenue. LA Home, 6920 Lake Steilacom Avenue. LA Home, 6920 Lake Steilacom Avenue.	1262 6228 3331 7330 -4474 -4515 3803 4534 3256 2427 4451 0558 1811 2011
Office, 1103 Medical Arts Building MA Home, 6600 Flanagan Road HA Carlaster, EDWIN L. (Honorary) General practice—Tuesday and Saturday p.m. Office, 5401½ South Tacoma Way. HA Home, 5311 South Lawrence. HA Coneral practice—Wednesday HA General practice—Wednesday Sumner 3 Home, 1422 Academy St., Sumner. Sumner 3 Home, 1422 Academy St., Sumner. Sumner 3 CLAY, HOMER T. Pediatrics—Saturday afternoon Office, 818 North G Street. BR Home, 6363 111th S.W. LA COMFORT, JOHN F. General Practice—Thursday Office, 3505 South 58th HI Home, 6363 111th S.W. LA CARABIL, ROBERT P. General practice—Wednesday Office, 45to Jack Steilacom Avenue. LA Home, 6926 Lake Steilacom Avenue. LA Home, 6926 Lake Steilacom Avenue. LA Home, 6926 Lake Steilacom Avenue. LA Comeral practice—Wednesday General practice—Wednesday Office, 3513½ McKinley. MA Home, 912 North K BR	1262 6228 3331 7330 -4474 -4515 3803 4534 3256 2427 4451 0558 1811 2011
Office, 1103 Medical Arts Building MA Home, 6600 Flanagan Road HA Carles Borne Construction HA Carles Practice—Tuesday and Saturday p.m. Office, 5401½ South Tacoma Way HA Home, 5311 South Lawrence HA Carles Practice—Wednesday Office, 911 Kincaid, Summer Summer 3 Goneral practice—Wednesday Office, 911 Kincaid, Summer Summer 3 Home, 1422 Academy St., Summer Summer 3 Home, 1422 Academy St., Summer Summer 3 Home, 828 Medical Arts Building BR Home, 828 Medical Arts Building BR Home, 818 North G Street BR COMFORT, JOHN F. General Practice—Thursday Office, 3505 South 58th HI Home, 6363 111th S.W. LA CABILL, ROBERT P. General practice—Wednesday Office, Astewood Medical Center Building LA CumMINGS, DON FRANCIS General practice—Wednesday Office, 912 North K BR DAVIS, RICHARD T. General Surgery General Surgery Office, No. 23, Tacoma Medical Center MA Home, 3507 No. Washington St. PR	12622 6228 3331 7330 -4474 4515 3803 4534 3256 2427 4451 0558 1811 2011 4323 7511 1461 1678
Office, 1103 Medical Arts Building MA Home, 6600 Flanagan Road HA Carles Borne Construction HA Carles Practice—Tuesday and Saturday p.m. Office, 5401½ South Tacoma Way HA Home, 5311 South Lawrence HA Carles Practice—Wednesday Office, 911 Kincaid, Summer Summer 3 Goneral practice—Wednesday Office, 911 Kincaid, Summer Summer 3 Home, 1422 Academy St., Summer Summer 3 Home, 1422 Academy St., Summer Summer 3 Home, 828 Medical Arts Building BR Home, 828 Medical Arts Building BR Home, 818 North G Street BR COMFORT, JOHN F. General Practice—Thursday Office, 3505 South 58th HI Home, 6363 111th S.W. LA CABILL, ROBERT P. General practice—Wednesday Office, Astewood Medical Center Building LA CumMINGS, DON FRANCIS General practice—Wednesday Office, 912 North K BR DAVIS, RICHARD T. General Surgery General Surgery Office, No. 23, Tacoma Medical Center MA Home, 3507 No. Washington St. PR	12622 6228 3331 7330 -4474 4515 3803 4534 3256 2427 4451 0558 1811 2011 4323 7511 1461 1678
Office, 1103 Medical Arts Building MA Home, 6600 Flanagan Road HA Carlaster, EDWIN L. (Honorary) General practice—Tuesday and Saturday p.m. Office, 5401½ South Tacoma Way. HA Home, 5311 South Lawrence. HA Ceneral practice—Wednesday Ma Office, 911 Kincaid, Summer. Summer 3 Home, 1422 Academy St., Summer. Summer 3 Home, 828 Medical Arts Building. BR Home, 818 North G Street. BR ComFORT, JOHN F. General Practice—Thursday Office, 3505 South 58th HI Home, 6363 111th S.W. LA CABILL, ROBERT P. General practice—Wednesday Office, Askewood Medical Center Building LA CumMINGS, DON FRANCIS General practice—Wednesday Office, 0, 23, Tacoma Medical Center MA Home, 912 North K BR DAVIS, RICHARD T. General Surgery General Surgery Office, No. 23, Tacoma Medical Center MA <	12622 6228 3331 7330 -4474 4515 3803 4534 22427 4451 22427 4451 0558 1811 2011 4323 7511 1678 1782 3668
Office, 1103 Medical Arts Building MA Home, 6600 Flanagan Road HA Carlaster, EDWIN L. (Honorary) General practice—Tuesday and Saturday p.m. Office, 5401½ South Tacoma Way. HA Home, 5311 South Lawrence. HA Ceneral practice—Wednesday Ma Office, 911 Kincaid, Summer. Summer 3 Home, 1422 Academy St., Summer. Summer 3 Home, 828 Medical Arts Building. BR Home, 818 North G Street. BR ComFORT, JOHN F. General Practice—Thursday Office, 3505 South 58th HI Home, 6363 111th S.W. LA CABILL, ROBERT P. General practice—Wednesday Office, Askewood Medical Center Building LA CumMINGS, DON FRANCIS General practice—Wednesday Office, 0, 23, Tacoma Medical Center MA Home, 912 North K BR DAVIS, RICHARD T. General Surgery General Surgery Office, No. 23, Tacoma Medical Center MA <	12622 6228 3331 7330 -4474 4515 3803 4534 22427 4451 22427 4451 0558 1811 2011 4323 7511 1678 1782 3668
Office, 1103 Medical Arts Building MA Home, 6600 Flanagan Road HA Carlaster, EDWIN L. (Honorary) General practice—Tuesday and Saturday p.m. Office, 5401½ South Tacoma Way. HA Home, 5311 South Lawrence. HA Ceneral practice—Wednesday Ma Office, 911 Kincaid, Summer. Summer 3 Home, 1422 Academy St., Summer. Summer 3 Home, 828 Medical Arts Building. BR Home, 818 North G Street. BR ComFORT, JOHN F. General Practice—Thursday Office, 3505 South 58th HI Home, 6363 111th S.W. LA CABILL, ROBERT P. General practice—Wednesday Office, Askewood Medical Center Building LA CumMINGS, DON FRANCIS General practice—Wednesday Office, 0, 23, Tacoma Medical Center MA Home, 912 North K BR DAVIS, RICHARD T. General Surgery General Surgery Office, No. 23, Tacoma Medical Center MA <	12622 6228 3331 7330 -4474 4515 3803 4534 22427 4451 22427 4451 0558 1811 2011 4323 7511 1678 1782 3668
Office, 1103 Medical Arts Building MA Home, 6600 Flanagan Road HA Carles Practice—Tuesday and Saturday p.m. Office, 5401½ South Tacoma Way. HA Home, 5311 South Lawrence. HA Home, 5311 South Lawrence. HA Constal practice—Wednesday Office, 911 Kincaid, Sumner. Sumner 3 Home, 1422 Academy St., Sumner. Sumner 3 CLAY, HOMER T. Pediatrics—Saturday afternoon Br Office, 828 Medical Arts Building. BR Home, 818 North G Street. BR COMFORT, JOHN F. General Practice—Thursday Office, 3505 South 58th HI Home, 6363 111th S.W. LA CRABILL, ROBERT P. General practice—Wednesday Office, 3513 ½ McKinley. MA Home, 6926 Lake Steilacom Avenue LA Comeral practice—Wednesday Office, No. 23, Tacoma Medical Center Building LA Home, 912 North K BR Adome, 5107 No. Washington St. PR DAVIS, RICHARD T. General Surgery Office, No. 23, Tacoma Medical Center MA Home, 2710 North Huson Street. PR PA DAYTON, DARCY M. (Honorary)	12622 6228 3331 7330 -4474 -4515 3803 4534 3256 2427 4451 0558 1811 2011 1451 1678 1782 3668 3723 9072
Office, 1103 Medical Arts Building MA Home, 6600 Flanagan Road HA Carlaster, EDWIN L. (Honorary) General practice—Tuesday and Saturday p.m. Office, 5401½ South Tacoma Way. HA Home, 5311 South Lawrence. HA Ceneral practice—Wednesday Ma Office, 911 Kincaid, Summer. Summer 3 Home, 1422 Academy St., Summer. Summer 3 Home, 828 Medical Arts Building. BR Home, 818 North G Street. BR ComFORT, JOHN F. General Practice—Thursday Office, 3505 South 58th HI Home, 6363 111th S.W. LA CABILL, ROBERT P. General practice—Wednesday Office, Askewood Medical Center Building LA CumMINGS, DON FRANCIS General practice—Wednesday Office, 0, 23, Tacoma Medical Center MA Home, 912 North K BR DAVIS, RICHARD T. General Surgery General Surgery Office, No. 23, Tacoma Medical Center MA <	12622 6228 3331 7330 -4474 -4515 3803 4534 3256 2427 4451 0558 1811 2011 1451 1678 1782 3668 3723 9072



usual oral dosage

adults and older children

100 mg. b.i.d. for three days; then 50-100 mg. daily.

infants and children under 6 years

In half a glass of milk or fruit juice or in formula: 20 mg. (2 cc. of COLACE Liquid) b.i.d. for three days; then 10 to 20 mg. (1 to 2 cc.) daily.

Note: When bowel motility is impaired, a mild peristaltic stimulant or COLACE-containing enemas may be needed in addition to COLACE by mouth.

in enemas

Add 50 to 100 mg. (5 to 10 cc. COLACE Liquid) to the fluid for a retention or a flushing enema.

*PATENTS PENDING



dropper

The Colace family

Colace Capsules 100 mg.

Colace Liquid (1% solution; 10 mg. per cc.)

bottles of 30 cc. with calibrated

bottles of 30, 60 and 250 Colace Capsules 50 mg.

bottles of 30, 60 and 250

SYMBOL OF SERVICE IN MEDICINE

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DIETRICH, CARLISLE Dermatology-Tues., Fri. a.m. and Sat. afternoon Office, 942 Medical Arts BuildingBR 3645 Home, Brookdale	G
Dermatology—Tues., Fri. a.m. and Sat. afternoon	
Office, 942 Medical Arts BuildingBR 3645	
Home, Brookdale GR 7532	۰C
DILLE, RODGER 5.	- 6
Office, 435 Medical Arts Building	
Home, 44 Orchard Road PR 3179	
DOHERTY, DALL	GI
Office No. 21. Tacoma Medical Center	
Home, 8503 Briggs Lane S.W LA 4548	_
Indie, D. DURAKE, B. ELIZABETH Diagnosis and Gynecology Diface, 6443 Wildaire Road	GI
Office 6443 Wildsire Boad LA 3847	
Home, 6443 Wildaire RoadLA 3847	
DRUCKER, GERHART A.	GI
General practice—Thurs. and Sat. afternoon	
Uffice, 3902 South Takima Hi 5004	
DRUES, ISADORE A.	
Eye, Ear, Nose and Throat-Sat. and Thurs. p.m.	G
Office, 1212 Medical Arts Building BR 7447	
Home, 1514 Fernside Drive 5K 4040	
Internal medicine, allergy-Wed, and alternate Sat.	G
Office, 1108 Medical Arts Building	
Home, 2905 North 28th	
DUFFY, JAMES P. General practice—Tuesday	н
General practice—Tuesday Office 911 Kincaid, Sumper	
Home, 713 Wood Ave., Sumner	
General practice—Tuesday Office, 911 Kincaid, Sumner	
Neurosurgery-Wednesday	H.
Home 015 North Park Drive BR 0493	
Home, 915 North Park Drive	
General Practice	
Office, 5241 So. Warner HA 2182	H.
Home, 4101 North 34th St SK 2180	
General practice—Saturday Office, 710 Puget Sound Bank BuildingBR 2040 Home, 3722 North WashingtonPR 1133 EHRLICH, ALBERT	
Office, 710 Puget Sound Bank Building	H
Home, 3722 North Washington PR 1133	
EHRLICH, ALBERT	
Office No. 25 Tacoma Medical Center BR 2625	H
Home, 9009 Gramercy Place, S.W LA 3844	
ELLIS, RAYMOND C.	
EIRLICH, ALBERT General practice—Wednesday Office, No. 25, Tacoma Medical Center	
Home 1018 Fairway Drive SK 2638	н
ELTRICH, MARTIN C.	11
General Practice—Wednesday	
Office, 4001 South M	
FRICKSON LACK I	H
General Practice—Wednesday	
Office, 11810 Pacific Ave., Parkland	
Home, 616 South 117th, ParklandGR 5044	H
Anesthesiology	
Office, No. 14, Tacoma Medical Center BB 4502	
Home, 6826 So. M St	H
FAIRBOURN, EDWIN J.	
Office 1507 Medical Arts Building DB 0500	
Home, 617 North C MA 2596	н
Home, 1018 Fairway Drive	11.
Director of Public Health—Saturday	
Unice, 2324 Pacific BR 9341	
Director of Public Health—Saturday Office, 2324 Pacific BR 9341 Home, 712 North C	н
 FERGUSON, ROBERT M. General practice—Thursday and Saturday p.m. Office, 1118 Medical Arts BuildingMA 6424 Home, 3507 No. Adams K 4141 FLORENCE, ROBERT W. Orthopaedic Surgery—Thurs. and Sat. afternoon Office, Bildg. No. 3, Tacoma Medical CenterMA 2516 Home, 3066 North 22nd FLYNN, JOHN R. Badidiova—Wednesday 	11.
Office, 1118 Medical Arts Building MA 6424	
Flome, 3507 No. Adams SK 4141	
Othonaedic Surgery Thurs and Sot offernoon	H
Office, Bldg, No. 3. Tacoma Medical Center MA 2516	
Home, 3306 North 22nd PR 9703	
PLINN, JOHN R.	н
Office No. 1514 Tacoma Matter Contraction DVI 2011	
Home, 610 North Stadium Way BB 1675	
Home, 3306 North 22nd P 9703 FLYNN, JOHN R. Radiology Wednesday Office, No. 15 ^{1/2} , Tacoma Medical Center. FU 2641 Home, 610 North Stadium Way. BR 1675 FREEMAN, ROBERT M. General Practice-Wednesday Office, University Place Medical-Dental Building 2704 Sumset Drive, Tacoma 66. SK 3504 Home, 3534 Tahoma Place SK 1536 GEISSLER, GERALD C. Ophthalmology, eyes—Friday afternoon Office, 1103 Medical Arts Building. MA 12662 Home. 1204 North Voltice	н
General Practice—Wednesday	
2704 Support Diversity Place Medical-Dental Building	
Home, 3534 Taboma Place	TT
GEISSLER, GERALD G.	н
Ophthalmology, eyes-Friday afternoon	
Home 1904 Medical Arts Building MA 1262	
Home, 1304 North Yakima Avenue	н
GERSTMANN, PAUL E. Office and Home 506 West Biopoor	п
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GOERING, WILLIAM H. Orthopaedic surgery—Thursday Office, 919 South 9th. Home, 1545 Sunset DriveSI COODSON MICHAFT P	
Office 919 South 9th M	A 7143
Office, 919 South 9th M. Office, 919 South 9th Silver	K 2205
GOODSON, MICHAEL P.	
Neurology and Neurosurgery-Thurs. p.m. and S	at.
Office, 1318 Medical Arts Building	R 8121
Home, Route 6, Box 276, Tacoma	9030
GRENLEY, PHILIP	
Office 1916 Medical Arts Building B	0 8303
Home 710 North I	A 6621
GRIFFIN, HILLIS F.	LOULI
General practice—Saturday	
Office, 605 Pine	R 4455
Home, 1506 North Union P	R 8343
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Radiology 5 Jacoma Medical Center	1 0041
Office, No. 15½ Tacoma Medical Center Fu	0 2041
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Anesthesiology	
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Home, Rt 2, Box 760, Puvallup	5-2090
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General Surgery-Wednesday	
Office, Northern Pacific Hospital	A 6116
Home, 12617 Gravelly Lake Drive, S.WL.	A 2235
HADFIELD, DALE	
Anesthesiology Office, No. 14, Tacoma Medical Center	R 4≡∩o
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General surgery—Wed, and Sat. afternoon	
Office, No. 14, Tacoma Medical Center	R 4501
8808 Bridgeport WayL	A 5711
Home, 3815 North 38thP	R 4401
HANSON, EUGENE W.	
General practice—Saturday	
Office, 914 Medical Arts Building	R 3/72
HADDEL CON OBVIS A	n 1152
General practice_Wednesday	
Office, 1035 Medical Arts Bldg.	R 2108
Home, 4839 North 8thS	K 1816
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Roentgenology-Wed. afternoon and alt. Sat.	
Office, 1415 Medical Arts Building	A 7473
No. 9, Tacoma Medical CenterB	K 4149
Home, 240 South Stadium Way	0 1130
Internal Medicine. Thursday	
Office No. 94 Tecomo Modical Conter H	
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Home, 10901 Evergreen Terrace	R 7833 A 2324
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Once, 10.901 Evergreen Terrace. L Home, 10.901 Evergreen Terrace. L HATHAWAY, STILLMAN J. Physician, Western State Hospital Office, Western State Hospital Lord State Washington L HAUSER, WILLIAM P. Internal Medicine and DiagnosisWed. Office, No, 33, Tacoma Medical Center. B Home, 4141 Madrona Way P P HAVLINA, JOHN M. Obstetrics and GynecologyTues, and Sat. p.m. Office, No. 4, Tacoma Medical Center. B Home, 4017 South 7 B HAZELRIGG, JAMES E. General Practice	R 7833 A 2324 A 4411 R 3281 R 8918 R 2512 R 3166 U 9966
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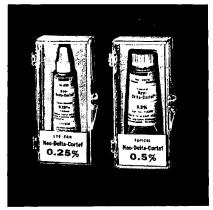
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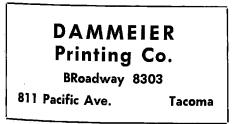
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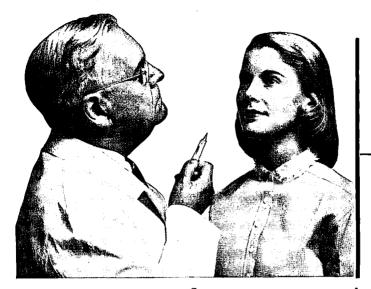
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Office, Univ. Place Medical Dental Bldg.
2704 Sunset Drive, Tacoma 66
Home 4437 Grandview Place SK 5365
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HOOVER, GALEN IL
General Practice—wed, and Sat. p.m.
Office. No. 2 Tacoma Medical Center BR 6500
Home 4905 North 26th
HOME, 4505 HORT 2001. HOPKINS, LEWIS A. (Honorary) Home, 3718 North Stevens
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Home, 3718 North Stevens PR 6340
HOSIE, MAHLON R.
Obstetrics-Wednesday
Offee No. 39 Tacoma Medical Center BB 2106
Omee, 100, Valence Week of Contestant Stranger
Home, 4139 Mattha way
HOSKINS, FRANZ P.
General practiceWednesday
Office, 5241 South Warner
Home 2618 North Winnifred
WOULT DUDLEY W
General Practice All day Thurs and Sat offermoon
General Flactice An day Thurs, and Sat, anternoon
Office, 5721B No. 20th
Home, 1310 6th Ave MA 3442
HOWE, ARCHIBALD W.
Home, 3718 North Stevens PR 6340 Home, 3718 North Stevens PR 6340 HOSIE, MAHLON R. Betterics-Wednesday Obstetrics-Wednesday BR 2106 Home, 4139 Madrona Way SK 3205 HOSKINS, FRANZ P: General practice-Wednesday Office, 5241 South Warner. HI 9300 Home, 2181 North Winnifred PR 0924 *HOUTZ, DUDLEY W. General Practice-All day Thurs. and Sat. afternoon Office, 5721B No. 26th PR 9330 Home, 230 Medical Arts Building MA 3442 HOWE, ARCHIBALD W. PR 3640 Home, 230 Morth 27th PR 2258 HOYER, LOUIS P., JR. Ceneral surgeryThurs. and Sat. afternoon Office, 670 Medical Arts Building BR 8377 Home, 10919 Greengate Lane S.W LA 8700 HOYT, WALLACE P. General practice-Wednesday afternoon Office, Pouvalup Clinic Puyalup 5-6645 Home, 312 Sth Ave. N.W., Puyalup Puyalup 5-6636 HUFF, RALPH H. Internal medicine and CardiologyWed. and Sat. 6645 Home, 620 North E. BR 2460 HUMISTON, HOMER W. Medical Center MA 4518 Home, 620 North E.
Office 935 Medical Arts Building MA 3640
Unice, 300 Medical Into Danding
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General surgery—Thurs. and Sat. afternoon
Office, 407 Medical Arts Building BR 8377
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Control practice - Wednesday offermoon
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Medical Bureau Office, 742 Market StMA 8111 Home, 607 North Stadium WayMA 5603 HUNT, LEO J.
Office, 742 Market St. MA 8111
Home, 607 North Stadium Way MA 5603
HUNT LEO I
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Office Depict Control Depiction of the second
Omce, Fuget Sound Bank Building MA 8466
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General surgery—Saturday Office, Puget Sound Bank Building
INVIN, MICHAEL Z. General practice—Monday Office, 10011 Gravelly Lake Drive, S.WLA 4433 Home, 7106 Interlaaken Drive, S.WLA 4515 JAMES, FRANK 4515
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General Practice-Wednesday, n.m.
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Tome, 305 19th St. N.W., Puyallup Puyallup 5-5501
JOHNSON, DAVID H.
Obstetrics—Saturday afternoon
Office, No. 39, Tacoma Medical Center BR 2106
Home, 63 West Road PR 1971
JOHNSON, MURRAY L.
Surgery-Triesday and altamate Coto-Jan
Office 1412 Multical A to D 112
Unice, 1412 Medical Arts Building
nome, 501 North Tacoma Avenue MA 5697
JUHNSTON, HAROLD B.
Psychiatry and Neurology-Saturday
Office, 722 South K
Home 7005 Plancast Struct C TH
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JOHNSON, DÁVID H. 9, 60 mmp 50 mmp 50 mmp Obstetrics Saturday aftermoon 0ffice, No. 39, Tacoma Medical Center BR 2106 Home, 63 West Road PR 1271 JOHNSON, MURRAY L. PR 1271 Surgery Tuesday and alternate Saturdays Office, 1412 Medical Arts Building FU 1643 Home, 501 North Tacoma Avenue MA 5697 JOHNSTON, HAROLD B. Psychiatry and Neurology Saturday Office, 722 South K BR 4464 Home, 7005 Pleasant Street S.W. LA 5927 JONES, SCOTT S.
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Uffice, 1012 Medical Arts Building BR 3723
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JUDD, HERMAN S.	
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Home, 3312 North Union	7738
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Home, 622 North Cushman BR	3513
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KALKUS, J. HUGH General practice—Saturday and Thursday Office, Medical Building, Fife	6451 7241
KALLSEN, ROBERT A.	
Office, 1503 Medical Arts Building MA Home, 3011 North 29th PR	$5233 \\ 6151$
Internal Medicine—Saturday Office, 1503 Medical Arts BuildingMA Home, 3011 North 29thPR KANAR, EDMUND A. General and Thoracic Surgery—Thursday Office, Western ClinicMA Home, 7009 South Sheridan	
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Office, 4625 Pacific Ave	$9521 \\ 6811$
KRAFT, ROBERT A. General practice	
Office, 331 So. Meridian, Puvallup Puvallup 5-	-8818 -8052
Home, 1201 7th Ave. N.W., Puyallup Puyallup 5- KUNZ, GEORGE	0002
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KYLE, PHILIP C.	4024
Office, Puget Sound Medical Bldg,	1561
Obstetries and Gynccology—Wed. and Sat. Office, Puget Sound Medical Bldg. MA South 4th and K St. Home, 701 North Yakima AvenueBR	2009
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With ACHROMYCIN* Tetracycline Ophthalmic dosage forms in your office, you can initiate therapy in practically all ordinary eye infections, including most types of conjunctivitis. On your prescription, the patient can readily secure ointment or solution to continue treatment at home. Mild infections often respond within 48 hours; stubborn or severe infections may require longer treatment, sometimes supplemented by oral administration of ACHROMYCIN. The ointment also serves as an excellent prophylactic following the removal of foreign bodies from the eye.

In using or prescribing any of the 21 ACHROMYCIN dosage forms you can feel confident in your choice. This true broadspectrum antibiotic has proved effective against a wide variety of disease organisms. It is rapidly absorbed, quickly achieves high blood levels, and provides prompt control of infection with minimal side effects. Furthermore, every gram is made in Lederle's own laboratories and offered only under the Lederle label-your assurance of quality.

The Lederle representative or your local pharmacist will gladly tell you about the many other ACHROMYCIN dosage forms.



Use nonburning ACHRO-MYCIN Ointment (3%) for treating wounds and abrasions, and after simple surgery. Bland, soothing, permits normal healing. Tubes of ½ and 1 oz.



Kids go for the candylike cherry flavor of AcHROMYCH Syrup. Prescribe it with confidence that it will be taken without fuss. Potency: 125 mg. per teaspoonful (5 cc.).



You'll find ACHROMYCIN Intramuscular convenient for initiating systemic antibiotic therapy – in the office or on house calls, Vials of 100 mg,



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General practice weathesday Office 406 Security BuildingMA 6463
Home, 916 North Tacoma Avenue
Obstetrics and gynecology—Thursday Obstetrics and gynecology—Thursday MA 1141
Obstetrics and genetology—Initialay MA 1141 Office, Western ClinicMA 1141 Home, 7216 Interlaaken Dr. S.WLA 5984
Home, 7210 Internated Dir Ger Lawrences, MILLS General Practice—Wednesday and Saturday a.m. Office, 3007-6th AvenueBR 2030 Home, 3537 Crestview Drive
General Practice—Wednesday and Saturday a.m. BB 2030
Home 3537 Crestview Drive
LEE, JACK W.
LEE, JACK W. General practice—Friday Office, Western Clinic BuildingMA 1141 Home, 1502 North 10thBR 8126
Using 1502 North 10th BR 8126
IGHT, SAMUEL E. Dermatology—Tues., Sat. and Thurs. p.m. Office, No. 21, Tacoma Medical CenterBR 1661 Home, 11150 Gravelly Lake Drive S.WLA 8833
Dermatology-Tues., Sat. and Thurs. p.m.
Office, No. 21, Tacoma Medical Center
Obstetrics and Gynecology-Thursday
LINK, RICHARD D. Obstetries and Gynecology—Thursday Office, 6018 Mt. Tacoma Drive S.W LA 5557 Home, 10020 DeKoven Dr. S.W LA 5567
EUDWIG, WILLIAM H. Eye, Ear, Nose and Throat—Thurs. and Sat. a.m. Office, 714 Medical Arts BuildingBR 1700 Home, 902 South JacksonPR 6369
Office, 714 Medical Arts BuildingBR 1700
Home, 902 South Jackson II 0505
LUEKEN, H. D. Obstetries and Cynecology—Wed. afternoon Office, No. 43, Tacoma Medical Center
Office, No. 43, Tacoma Medical CenterBR 1169
Home, 1222 South Jackson
LUNDVICK, CYRIL V. Eye, ear, nose and throat—Wed. and Sat. afternoon Office, 815 Medical Arts BuildingBR 3343 Home, 924 AuroraSK 5544
Office, 815 Medical Arts Building BR 3343
Home, 924 AuroraSK 5544
Ceneral Practice—Wednesday and Saturday n.m.
Office, 807 Medical Arts BuildingBR 5385
Home, 952 Fairview DrivePR 7564
General practice—Thursday
Office, 700 No. Meridian, Puyallup Puyallup 5-2374
Home, 1810 Valley Ave., PuyallupPuyallup 5-8176
Pathologic Anatomy and Clinical Pathology
Office, 807 Metodata III Statular SK 5544 MeBRIDE, GLENN G. General Practice—Wednesday and Saturday p.m. Office, 807 Medical Arts Building BR 5385 Home, 925 Fairoicew Drive PR 7564 McCABE, EDWARD F. General practice—Thursday Office, 807 Medical Arts Building BR 5385 McCALE, EDWARD F. General practice—Thursday Office, 180 Valley Ave., Puyallup Puyallup 5-2374 Home, 1810 Valley Ave., Puyallup. Puyallup 5-8176 McCOLL, CHARLES R. Pathologic Anatomy and Clinical Pathology MA 4101 Home, 1906 South 41st HA 5413 McCOY, CHARLES C. Radiology Radiology
McCOY, CHARLES C.
Radiology Mestern Clinic Bldg
Home 220 So Tayong Ave BB 9480
McGILL, CHARLES M.
Industrial Medicine—Saturday
Office, Tacoma Smelter PR 3551 Home, 2101 North Stevens PR 0034 McKAY, DONALD
McKAY, DONALD
General practice—Tuesdays Office, 108 North Bridge, OrtingOrting TW 33421 Home, P.O. Box 181, OrtingOrting TW 33421 MCNERTHNEY, JAMES E. Obstetries and Gynecology
Home, P.O. Box 181, OrtingOrting TW 33421
"MCNERTHNEY, JAMES E.
Office, 729 Medical Arts Building
8808 Bridgeport Way, S.WLA 5711
Home PR 9712 McNUTT, HARLAN P.
Psychiatry
Office, 1212 South 11th, Building 23BR 3861
McPHALL, ROSS E.
McPHAIL, ROSE. Diseases of the Chest—Wed. and Sat. afternoon
Psychiatry Office, 1212 South 11th, Building 23BR 3861 Home, 406 North Tacoma AvenueBR 7800 MCHAIL, ROSS E. Diseases of the Chest—Wed. and Sat. afternoon Office, 1317 Medical Arts Building
MPHAL, ROSS E. Diseases of the Chest—Wed. and Sat. afternoon Office, 1317 Medical Arts Building
MCPHALL, ROSS E. Diseases of the Chest—Wed. and Sat. afternoon Office, 1317 Medical Arts Building
Home, 8822 Portland Avenue
Home, 8892 Portland Avenue GR 3153 McPHEE, WILLIAM General practice—Thursday Office, 5425 Pacific HI 7761 Home, 3856 South D. HI 7761 Home, 3856 South D. HI 7804 MADDISON, FRANK R. HI 7804 Internal Medicine and Cardiology—Thurs. p.m. and Sat. Office, 1135 Medical Arts Building MACNUSSEN, NORMAN E. General practice—Wednesday p.m. and Saturday Office, 3701 6th Avenue SK 5111 Home, 936 Medical Arts Building MA 2348 MARNUSSEN, NORMAN E. SK 5111 General practice—Wednesday p.m. and Saturday Office, 3701 6th Avenue Office, 936 Medical Arts Building MA 2331 Home, 2707 Henry Road BK 3216 MARLATT, D. A. General practice—Wednesday Office, 3205 Facific HA 3252
Home, 8822 Portland Avenue GR 3153 McPHEE, WILLIAM General practice—Thursday General practice—Thursday HI 7761 Home, 3856 South D. HI 7804 Home, 3856 South D. HI 7804 MADDISON, FRANK R. MADDISON, FRANK R. Internal Medicine and Cardiology—Thurs. p.m. and Sat. Office, 1135 Medical Arts Building MARNUSSEN, NORMAN E. General practice—Wednesday p.m. and Saturday Office, 3701 6th Avenue SK 5111 Home, 2707 Henry Road SK 3200 MAIER, HASKEL I. SW 3205 Bye, ear, nose and throat—Wed. and Sat. p.m. BK 5216 MARLATT, D. A. Gwneral gractice—Wednesday General gractice—Wednesday MA 2331 Home, 2707 Henry Road BK 5216 MARLATT, D. A. General gractice—Wednesday

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MATTSON, JAMES M. Internal Medicine—Wednesday and Saturday Office, No. 8, Tacoma Medical Center		
Office No 8 Tacoma Medical Center	BR	8203
Home 1410 Division	BR	7492
MATTEON WITTLIAM W IP		
MATTSON, WILLIAM W., JR. General and Thoracic Surgery Office, 441 Medical Arts Building Home, 4602 North Waterview		
Office 441 Medical Arts Building	BB	3708
Home 4602 North Waterview	SK	4297
MAY, CHARLES W. General practice—Thursday Office, Northern Pacific Hospital Home, 2528 East 72nd		
Caparal prostice Thursday		
Office Northern Proife Hornital	MA	6116
Home 2528 East 72nd	HT	7788
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MEIER, HERBERT H. Obstetrics and Gynecology—Thursday Office, 729 Medical Arts Bldc. also S808 Bridgeport Way S.W. Home, 7 Barlow Road S.W. MONK, BENJAMIN F.		
Officer 720 Medical Arts Bldg	MA .	7342
also Seos Bridgeport Way SW	T.A .	5711
Home 7 Barlow Boad S W	T.A	7554
Monte, 7 Danow Road 5. White and a second		1001
MONK, BENJAMIN F.		
Anesthesiology Office, No. 14, Tacoma Medical Center Home, 3411 North Mason	1012	4500
Gince, No. 14, Tacoma Medical Center	DR	7052
nome, 5411 North Mason		1000
MOOSEY, GEORGE A.		
Surgery and Urology-Wednesday	3.6.4	1141
MOOSEY, GEORGE A. Surgery and Urology—Wednesday Office, Westem Clinic Building, 1119 A St Home, 1418 North 10th	-MA DD	0000
riome, 1416 North 10th		4000
MUIR, EDWIN C.		
Internal Medicine—Thurs. p.m. and Sat. p.m.	' n n	1000
Office, 1307 Medical Arts Building	BR	1386
Flome, 7314 North St. S.W.	L.A.	3910
Surgery Wadnesday and Saturday		
Office 1118 Modical Arts Building	BB	4440
Home 803 Stadium Way	BR	3033
MUBBAY DOUGLAS H		0000
Orthonsedic Surgery-Wednesday and Saturd	чv	
Office No. 6 Tacoma Medical Center	BB	9309
Home, 3435 South 272nd, Kent		0000
NACE, FAY MORRIS		
 MUIR, EDWIN C. Internal Medicine—Thurs. p.m. and Sat. p.m. Office, 1307 Medical Arts Building	urday	
Office, No. 43, Tacoma Medical Center	BR	1169
NACE, FAY MORRIS Obstetrics and Cynecology—Thursday and Sat Office, No. 43, Tacoma Medical Center	PR	0133
NELSON, EVERETT P.		
Pediatrics—Wednesday and Saturday p.m.	~ ~ ~	1011
Office, 722 South K	BK	4214
Home, 2232 West Boulevard		2408
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Home, 1228 Fernside Drive NELSON, EVERETT P. Pediatrics—Wednesday and Saturday p.m. Office, 722 South K. Home, 2232 West Boulevard NEVITT, DONALD M. General practice Office, EatonvilleEatonv NETHAMMER, WOODARD A. Surgery and Gynecology—Thursday Office, 1035 Medical Arts Building. Home, 902 Fairview Drive NORTON, R. A. Pediatrics—Wednesday and Saturday p.m. Office, 1106 So. 4th St. Home, 4216 North Mason OOTKIN, BERNARD N. General practice—Industrial, Thursday Office, Lakewod Center Home, 10423 Brooklane S.W. OSBORNE, ROBERT W.	/ille 2 /ille 2 BR PR PR PR	3111 3116 2108 1787 0354 8531 4451 7061
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RADEMAKER, WILLIAM	
RADEMAKER, WILLIAM General practice—Wednesday Office, No. 7, Tacoma Medical Center. MA Home, 1244 Fairview Dr. PR READ, JESS Surgery—Wed. and Sat. afternoons Office, 1125 Rust Building Day or Home, 800 North Call MA READ, WILMOT (Honorary) General Practice—Wednesday and Saturday Office, 1125 Rust Building MA Home, 816 South L MA MA HSYNOLDS, CHRIS C. General practice—Wednesday and Saturday p.m. Office, 922 Medical Arts Building BR Home, 3723 North 34th Starday P.M. PR PR MAREND L. PR PR PR	8176
Home, 1244 Fairview DrPR	3155
READ, JESS W.	
Office 1125 Bust Building Day or	Night
Home, 800 North C	1505
READ, WILMOT (Honorary)	
General Practice—Wednesday and Saturday	1505
Home 816 South J	1505
REYNOLDS, CHRIS C.	0000
General practice-Wednesday and Saturday p.m.	
Office, 922 Medical Arts Building BR	3888
Home, 3723 North 34th	8434
Obstetrics, Fedintrics—Tuesday Office, 10011 Gravelly Lake DriveLA Home, 6627 Hillop Lane S.WLA RIGOS, FRANK J.	
Home, 6627 Hilltop Lane S.WLA	8706
RIGOS, FRANK J.	
Office, Tacoma General Hospital MA	1181
1514 Medical Arts Building	2691
Home, 2501 North UnionPR	8205
RITCHIE, CYRIL B.	
Office 1325 Modical Arts Building BB	it. 1102
Home, Route 7, Box 598-X GR	7724
ROBERTSON, J. BENJAMIN (Honorary)	
General practice	
Office, 604 Security Building BR	2713
ROBSON, JOHN THEODORE	0401
Neurology and Neurosurgery-Thurs. and Sat.	
Office, 1318 Medical Arts Building BR	8121
Home, 424 North C BR	9206
General practice—alternate Saturdays	
Office, 1027 Medical Arts Building	2161
Parkland Office, ParklandGR	8666
Home, 5 Rosemont WayPR	6231
Ceneral practice-Alternate Saturdays	
Office, 1027 Medical Arts Building	2161
Parkland OfficeGR	8666
Home, 3 Rosemont WayPR	1156
SAMES, ALBERT A. Badiology Thursday and Saturday afternoons	
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Office, 1415 Medical Arts Building MA	7473
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Office, 1415 Medical Arts Building MA No. 9, Tacoma Medical Center BR Home, 640 Vista Drive PR SANDERSON, STEVENS S. Radiology, diagnosis and treatment Office 259 Medical Arts Building BB	7473 4149 3133
Office, 1415 Medical Arts BuildingMA No. 9, Tacoma Medical CenterBR Home, 640 Vista DrivePR SANDERSON, STEVENS S. Radiology, diagnosis and treatment Office, 522 Medical Arts BuildingBR No. 32, Tacoma Medical CenterBR	7473 4149 3133 3157 3157
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VAUGHT, CHARLES General practice—Thursday p.m. Office, 110 4th Ave. N.W., PuyallupPuyall Home, 1726 Tacoma Rd., PuyallupPuyall	up 5- սր 5-	-6645 -6215
VIMONT, RICHARD T.		
Pathology Office, 5t. Joseph's Hospital P.O. Box 444, Milton Home, 1110 3rd Avenue, Milton	.MA	4101
Home, 1110 3rd Avenue, Milton	WA	7042
WAUIBERG ELMER W.		
Internal medicine—Thursday Office, Western Clinic Building	.MA	1141
MaRD, JAMES F. Ophthalmology—Thursday Office, No. 9A, Tacoma Medical Center Home, 622 North 4th		
Office, No. 9A, Tacoma Medical Center	BR.	2666
Home, 622 North 4th	BR	2688
WEST, THOMAS R. General practice—Wednesday		
Office, Rt. 12, Box 104, Tacoma	WA	6666
General practice—Wednesday Office, Rt. 12, Box 104, Tacoma Home, 1017 North 10th WHITACRE, G. MARSHALL Diagnosis and Internal Medicine—Wed. after Office, No. 31, Tacoma Medical Center	.MA	3521
Diagnosis and Internal Medicine-Wed. after	noon	0700
Office, No. 31, Tacoma Medical Center	BR	0700
WHITAKER, JOHN L.		
Pathology—Saturday Office Pierce County Hospital	на	3321
Home, 3825 South Tacoma Avenue	HI	3092
Office, No. 31, Tacoma Medical Center		
Office, Tacoma General Hospital	MA	1181
Home, 2214 North Tacoma Avenue	.MA	6589
Surgery—Saturday		
Office, 1525 Medical Arts Bidg.	MA	4197
Home, 2214 North Tacoma Avenue WILLARD, DON G. Surgery—Saturday Office, 1525 Medical Arts Bldg Home, 722 North C WILLIAMS, FRANK L. Surgery—Wednesday Office, 903 Medical Arts Building Home, 702 North L		0000
Surgery—Wednesday	MA	2661
Home, 502 North I	MA	6886
WISEMAN, CLAUDE E.		
Office, 1307 Medical Arts Building	MA	7842
Office, 903 Medical Arts Building	PR	2390
Proctology and Surgery-Wed. and Sat. p.m.		
Office, 1016 Medical Arts Building	.MA PR	2252 4503
		1000
Anesthesiology Office No. 14 Tacoma Medical Center	BB	4502
Office, No. 14, Tacoma Medical Center	HI	6001
YODER, EDWIN C. Surgery—Wednesday		
Office, Western Clinic	.MA	1141
Home, 5521 So. L. St. YODER, EDWIN C. Surgery—Wednesday Office, Western Clinic	LA	7710
Orthopaedics-Thursday and Saturday		
Office, 1212 South 11th	FU	1524
mone, oozo mortu wasmington		2400

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15370 Pepper Lane, Los Gatos, Cal	ifornia
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506 North 4th	MA 3622
TURNER, JOSEPH R.	0022
506 North 4th TURNER, JOSEPH R. 12310 Interlaaken Dr., S.W. WISLICENUS, GUSTAV A. 3502 North 29th	LA 2811
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MEMBERS IN SERVICE

Cardiovascular Course To Be Held

A course, "Recent Advances in Cardiovascular Diseases," is being held at The Mount Sinai Hospital, New York, October 8th through 12th, 1956, under the auspices of The American College of Physicians. The co-directors will be Arthur M. Master and Charles K. Friedberg. The fees for members of The American College of Physicians will be \$30.00, non-members \$60.00. Registration should be filed with the Executive Secretary, American College of Physicians, 4200 Pine Street, Philadelphia 4, Pennsylvania.

WYNNE, ARK., PROGRESS: "History has shown that freedom and paternalism simply don't mix. We hope that freedom will always be more precious to Americans than a federal hand-out."

"Refresher" Courses Tax Deductible

Physicians taking postgraduate "refresher" courses may now deduct these expenditures from their income tax, reports the A.M.A. Law Department.

The regulation was issued recently by the U.S. Internal Revenue Service. Effective August 9, it provides that expenditures for education are deductible if they are for a "refresher" or similar type of course taken to maintain the skills directly and immediately required by the physician in his employment or business. An educational course to be covered should be designed for established medical practitioners to help them keep abreast of current developments in the profession; it should be of short duration; it should not be taken on a continuing basis, and should not carry academic credit. Education designed to prepare the practitioner to enter a specialty will not be acceptable.

A physician traveling away from home primarily to obtain "refresher" education will be able to deduct expenses for travel, meals and lodging. However, expenses for personal activities such as sightseeing, social visiting or entertaining, or other recreation will not be allowed.

The regulation is the result of efforts made by the AMA Law department over a long period of time.

"Ill give you \$5 if you'll let me paint you," the artist told the old mountaineer, who thoughtfully shifted his tobacco from one cheek to the other. "It's easy money," encouraged the artist.

"No question 'bout that," agreed the hillsman. "Was jes' awonderin' how to get the paint off afterward."

"Somebody picked my pocket." "What did he get?" "Practice."



Letters To The Editor

To the Editor:

I got a letter this morning that just burns me up. It was from some outfit in Seattle that purports to be a "Citizens Committee for the Preservation of Payrolls, State of Washington," urging me as a physician to vote against Initiative 198, because if I don't, it will automatically render null and void all union welfare contracts now in force and help bring about socialized medicine.

I assume that all the doctors received similar letters—hence my letter to you. In the first place, the statements in the letter are absolutely untrue. The initiative specifically states that no existing contracts are changed—so no contracts are rendered "null and void." In the second place, the initiative has nothing to do with welfare contracts—only with requiring union membership as a condition of employment. The members who are in the union can still have any welfare agreements they want—nothing to the contrary is mentioned in the initiative.

This is a typical example of union methods —not actually intimidation, but as near it as they can legally get. I have talked with a number of persons who are for Initiative 198, but they say that they are afraid to come out openly for it because of what the unions might do to them.

This country of ours — "the home of the brave and the free" — is in a pretty sorry state of affairs when men are afraid to express their opinions openly because of the crushing power of the unions. This really shows how necessary legislation like this really is. The more the unions plaster the country-side with false statements like "Initiative 198 will wreck the State"—the more they are showing the people of the State that we the common people need protection against the power of the labor, unions and their bosses.

Fraternally,

L. E. ŠKINNER, M.D. * * . *

These are my sentiments. I got that letter and responded mentally in a similar fashion. Also, these billboards about the workman's bread and butter being compromised by this Initiative galls me.

Is this "Citizen's Committee" a labor front organization that is so deceitfully trying to get the physicians' support—organized labor which I gather is also pushing for compulsory national Health Insurance? Is there any propaganda, or perferably factual information presenting the other side of the story?

W. W. M., Jr.

"PATRONIZE OUR ADVERTISERS"

MEETINGS

October

3-5—San Francisco Heart Association Annual Postgraduate Symposium, St. Francis Hotel, San Francisco. Contact: Executive Director, 604 Mission St., San Francisco.

4—American Cancer Society, California Division, Annual Cancer Conference, 2-5 p.m., Fairmont Hotel, San Francisco. Contact: Otto Pflueger, M.D., Conference Chairman, 384 Post Street, San Francisco.

5-Herrick Memorial Hospital Medical Staff Second Annual Postgraduate Symposium, 9 a.m.5 p.m., Berkeley High School Little Theater, Allston Way between Grove and Milvia, Berkeley, California. Contact: Administrator's Office, Herrick Hospital, Berkeley, or telephone THornwall 5-0130.

8-9—City of Hope Medical Center, "Mental Problems of Long Term Illness," all day both days. Contact: Julian Love, M.D., Director, Postgraduate Medical Education, City of Hope Medical Center, Duarte.

8-12—American College of Surgeons Clinical Congress, San Francisco. Contact: American College of Surgeons Office, 40 E. Erie St., Chicago.

9—San Diego County Heart Association Professional Symposium, U.S. Naval Hospital Auditorium, Balboa Park, San Diego. Contact: O. Martin Avison, Executive Director, San Diego County Heart Association, 1651 Fourth Avenue, San Diego 1.

10-11—Los Angeles County Heart Association 26th Annual Symposium on Heart Distease, Wilshire-Ebell Theater, 4401 West 8th Street, Los Angeles. Contact: Edward Phillips, M.D., Chairman, Professional Symposium Committee, 4036 Wilshire Blvd., Los Angeles, or Los Angeles County Heart Association, 316 So. Bonnie Brae St., Los Angeles 57, telephone DUnkirk 8-4127.

12-13—California Medical Association Regional Conference on Physicians and Schools, Santa Barbara. Contact: Mr. Robert L. Thomas, Assistant Executive Secretary, 450 Sutter St., San Francisco 8.

14-17—California Academy of General Practice 8th Annual Scientific Assembly, Hotel Statler, Los Angeles. Contact: William W. Rogers, Executive Secretary, 461 Market St., San Francisco.

19-20—Second Statewide Conference on Physicians and Schools, Hacienda, Fresno. Contact: Robert L. Thomas, Assistant Executive Secretary, California Medical Association, 450 Sutter Street, San Francisco 8.

22-Alameda-Contra Costa Diabetes Asso-

ciation one-day Symposium on Oral "Insulinoids," Highland-Alameda County Hospital Oakland. Contact: Institute for Metabolic Research, Highland-Alameda County Hospital.

22-26—Orthopaedic Hospital and Rancho Los Amigos Respiratory Center jointly sponsor "A Seminar in Comprehensive Patient Care for Selected Neuromuscular Disabilities." Allday sessions beginning at 9 a.m. and one evening session, October 24. Contact: C. L. Lowman, Orthopaedic Hospital, 2400 So. Flower St., Los Angeles, or John Affeldt, Rancho Los Amigos, Hondo.

25—Section on Eye of San Francisco Medical Society to meet in auditorium at 250 Masonic Avenue at 8 p.m.

Oct. 29-Nov. 2—Letterman Army Hospital, "Present Concepts in Internal Medicine," 8 a.m. to 4:30 p.m. Contact: Major Max E. Knickerbocker, MSC, Chief of Education and Training Branch, or Colonel Paul S. Fancher, MC, Chief, Professional Services, Letterman Army Hospital, San Francisco.

November

1-2—California Medical Association Regional Conference on Physicians and Schools, Sonoma Mission Inn, Boyes Springs. Contact: Mr. Robert L. Thomas, Assist Executive Secretary, 450 Sutter Street, San Francisco 8.

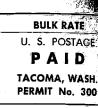
12-16—Los Angeles Urological Association Postgraduate Assembly, Ambassador Hotel, Los Angeles. Contact: Miss Vesta Fitzsimmons, Executive Secretary, 6523 Hollywood Blvd., Los Angeles 28.

14—Sonoma County Heart Association Cardiovascular Symposium presented in cooperation with University of California Medical Extension and Stanford University School of Medicine, Odd Fellows Hall, Santa Rosa. Contact: Thomas M. Torgerson. M.D., President, Sonoma County Heart Association, P.O. Box 844, Santa Rosa, California.

25-26—Interim Session, American College of Chest Physicians, Benjamin Franklin Hotel, Seattle, Wash. Contact: Murray Kornfeld, Executive Director, American College of Chest Physicians, 112 East Chestnut Street, Chicago 11, Illinois.

27-28—California Conference of Local Health Officers semi-annual meeting, Sacramento. Contact: Donald G. Davy, M.D., State Dept. of Public Health, 2151 Berkeley Way, Berkeley.

Each Thursday — Veterans Administration Hospital Conference on Pulmonary Diseases. Contact: William R. Haas, M.D., Director, Professional Services, Veterans Administration Hospital, Oakland, Calif. Pierce County Medical Society Medical Arts Building Tacoma 2, Washington



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MONTHLY MEETINGS

STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.-6:30 p.m.

STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month-6 p.m. at Tacoma Club

SURGICAL SOCIETY

Third Tuesday of each month-6:30 p.m. at Tacoma Club

STAFF OF PIERCE COUNTY Last Monday of each month—6:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the Month-8:15 p.m.

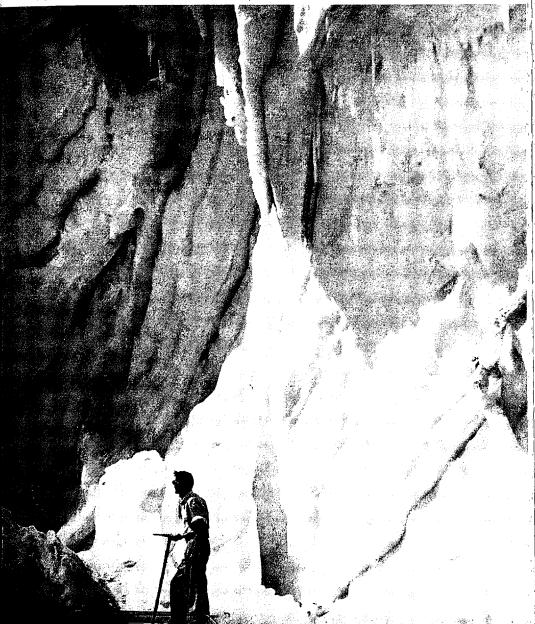
STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

The BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

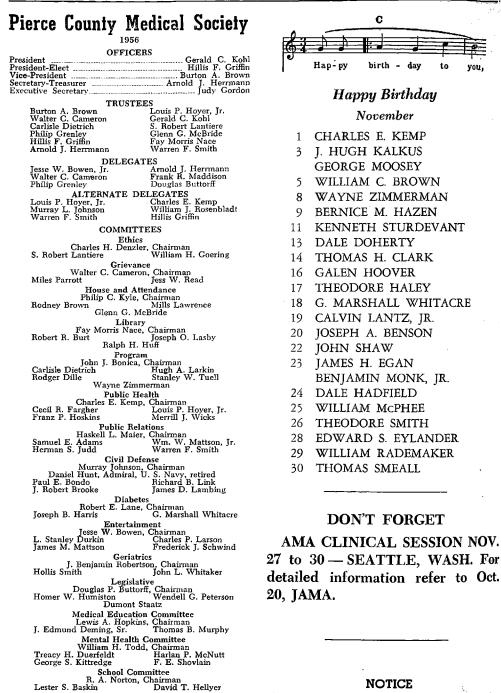
VOL. XXVII-No. 3

TACOMA, WASH.

NOVEMBER - 1956



2



Woodard A. Niethammer Traffic Safety John Theodore Robson, Chairman Don Francis Cummings Robert A. Kallsen Louis M. Rosenbladt

Bulletin Staff Editor ______ William Mattson, Jr. Business Manager ______ Judy Gordon Auxiliary News Editor _____Mrs. Howard Pratt Check back page of Bulletin for calendar of special meetings

> ک د. 19

PROGRAM

PIERCE COUNTY MEDICAL SOCIETY TUESDAY, NOVEMBER 13

7:30 P.M.

Tacoma Athletic Club . . . 733 Commerce

No-Host Social Hour . . . 6:00

Dinner 6:30

SELECTED SUBJECTS IN RECENT DEVELOPMENTS IN INTERNAL MEDICINE

Dr. Rodger S. Dille, Moderator

Dr. George Race	Dr. Richard F. Barronian
Dr. Charles Magill	Dr. Frank Maddison
Dr. Calvin Lantz	Dr. Horace Anderson

20182 1

BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY



The Most Important Document You Will Ever Sign

The most important document you will no nexter sign, or should sign, is your Will. No natter how large or how small your estate, you should make a Will. Why? Because a Will provides the greatest financial security for your family... your wife ... your children. It provides the greatest possible eromony in settling your affairs ... leaving more for your family.

It will repay you many times to see an attorney. He will give your family the protection of a properly drawn and legally sound will. And the cost may not be great.

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6

EDITORIALLY SPEAKING

INITIATIVE No. 198

No one could miss the billboards and widespread application of posters recently, to the effect that "198" is going to "wreck our state" and "take our bread and butter" etc. Many physicians have received letters from the Teamsters Union "Citizens Committee for the Preservation of Payrolls" and the Seattle Central Labor Council to the effect that "198" would put an end to all health and welfare plans and would take away workers' health and welfare checks.

Those of you who were at our recent Pierce County Society meeting heard how the King County Medical Society recently adopted a resolution (by a vote of 300 to 4) criticizing these false and misleading statements.

"Job Research, Inc." is a non-profit, non-partisan Washington corporation that issues a regular series of reports on actual experience of labor and industry under right to work legislation. They present some rather interesting statistics as follows:

	Wash. State	U . S.	Right to Work States
Wages of production workers, '50-'54	20% up	21% up	22% up
Changes in per capita income, '53-'55 Rate of growth	1%	3%	3.5%
Manufacturing employment, '51-'54 (%gain or loss)	1.6% down	0.7% down	2% up
Population gain, '50-'54 (% of gain)	6.8%	7%	13.7%

The Bureau of Business Research of the University of Washington reports that the Puget Sound region, from 1948 to 1953, has been lagging behind the rest of the United States. According to their figures, the Puget Sound area is about 76% as industrialized as the U.S.

The above-mentioned statistics are, of course—like any other statistics— subject to error in their interpretation and true significance. Yet it does seem to indicate a trend. This trend is also substantiated by what has happened to some of our industry here in Tacoma—several of our sizeable plants have had to close down. Also, if you talk to small businessmen, you do not have to inquire very far to find how much trouble some are having due to labor restrictions. Others are actually transferring their interests elsewhere.

This discussion has been pretty much one-sided to date. Obviously. Unions have come a long way and done a great deal for the working man in past years enabling him to get a fair share. You can see how labor would express concern about losing control and the "free riders" reaping the benefits of the dues-paying members.

We should ask ourselves:

"If legal compulsion is necessary to persuade men to join unions in their own selfinterest, something must be wrong—either with the leadership, salesmanship or with the conduct of union affairs."

The large sums of money spent by unions recently to propagate absolute misrepresentations and misstatements is just one of many recent occurrences that should make us wonder if something isn't wrong.

From the available facts, it would seem very doubtful that Initiative 198 would have any adverse effects on the local workingman. There are good reasons to believe Labor, the small businessman in particular, and our whole area may benefit by it.

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Letters to the Editor

to the Editor:

"I want to express my appreciation to the members of the Pierce County Medical Society for sending me the *Balletin* while I am here m St. Louis taking residency training. I look forward to each issue, and I certainly read the *Balletin* more thoroughly than I ever did when In Tacoma.

1957 and plan to return to Tacoma at that time resume practice.

In your October, 1954 issue where you published the membership roster I was surprised to see the names of Leo Annest, Robert Florfence, and particularly Joseph Hansen listed under the roster of residents.

Incidentally, I was listed as taking training at the University of Washington, and considtering the climate back here I have many times wished that you had me correctly listed, but I have been at the Missouri Pacific Hospital in St. Louis, Missouri ever since I left Tacoma in June, 1953.

Sincerely yours,

WILFRED R. OLSON, M.D.

To the Editor:

Mr. Bill Ramsey of the King County Medical Society mentioned yesterday your expression of concern over the fraudulent claims being circulated by the Teamsters and other opponents of Initiative 198 to the effect that adoption of the measure would end all health and welfare plans.

You and Dr. Skinner have, no doubt, received a copy of the resolution adopted October 1 by the King County Medical Society. Enclosed is a copy of our publicity release based on the resolution which was sent the next day to all newspapers, radio and TV stations throughout the state. Comment in the Seattle papers on the adoption of the resolution was negligible. One of the greatest problems confronting the initiative is the bias or apathy of the press.



Meanwhile, both the Teamsters and such other labor organizations as the Seattle Central Labor Council are continuing unabated their fraudulent and misleading statements with respect to medical considerations. "There will be no health and security plans to help the family in emergencies," says a current leaflet.

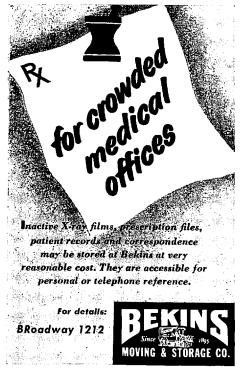
You and other members of the Pierce County Medical Society can help correct these misstatements through your individual contacts, by letters to the editor of your paper. A group resolution might also be considered, copies of which can be directed to the press and by letter to your own members and to other county and state medical groups. It will be greatly appreciated if you will keep us advised of developments.

Yours very truly, WASHINGTON RIGHT TO WORK COMMITTEE DAVID POLLOCK

Bowling

All who are interested in bowling again this season, please call the Society office, MA 2020, and leave your name.

The time and place have not as yet been set, as it was decided to determine how many are interested before formulating definite plans.





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BULLETIN of the Pierce County Medical Society

WOMAN'S AUXILIARY To The Pierce County Medical Society

1956-57 Woman's Auxiliary Pierce County Medical Society Officers and Chairmen

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Bessident-Floot	Mrs. Thomas B. Murphy
Fresherit-Encer	Mrs. Charles McGill
1st Vice-President	Wils. Charles McOh
2nd Vice-President	Mrs. Merrill J. Wicks
2nd Vice President	Mrs. Hugh F. Kohler
4th Vice-President	This join bian
Recording Secretary	Mrs. Robert W. Osborne
Corresponding Secretary	
Conceptional for the second	Mrs. Haskell Maier
Treasurer	Mar E T Malar
State Auxiliary Board Secre	tary
Publicity	Mrs. W. Howard Pratt
American Medical Education	Foundation
American Meurcai Education	Man DLUIL II Dallan
······································	Mrs. Phillip H. Backup
Bulletin	Mrs. Charles McGill
Civil Defense	
Civil Delense	Man Course Techore
Historian	
Social	
Logiclative	
Degisiaciro	Mrs. Charles E. Anderson, Jr.
Membership	mis. Charles E. Anderson, Jr.
Nurse Recruitment	

 Nurse Recruitment
 Mrs. Orvis A. Harrelson

 Program
 Mrs. Robert Florence

 Public Relations
 Mrs. J. Robert Brocke

 Revisions
 Mrs. Coarge Kittredge

 Telephone
 Mrs. Robert P. Crabill

 Today's Health
 Mrs. Robert P. Crabill

 Speaker's Bureau
 Mrs. Robert A. Kallsen

 Minute Women
 Mrs. Mobert A. Kallsen

 Mental Health
 Mrs. Joseph B. Jarvis

 Carcer
 Mrs. J. Robert B. Robert B. Robert

 Tuberculosis
 Mrs. Mrs. Hills Griffin

 Heath
 Mrs. J. Robert Brocker

 Carlot
 Mrs. Hillis Grinner

 Health Council
 Mrs. Merrill J. Wicks

 Crippled Children and Adults Committee
 Mrs. Wendell G. Peterson

 Rehabilitation Center Committee
 Mrs. Wilter C. Cameron

 Infantile Paralysis Committee
 Mrs. Netref C. Gameron

 Fashion Show
 Mrs. Wilter Mrs. Metrill J. Wicks

 Supper Dance
 Mrs. Mernill J. Wicks

 Community Council
 Mrs. John S. Murphy

 Community Council
 Mrs. John F. Steele

 City Council
 Mrs. Wm. Goering

Auxiliary News

Fashion Show

Our Fashion Show will be held November 16th (Friday) at Wellman's, 30th and Pacific -luncheon at 12:30, fashions and program to follow.

The name and theme of our fashion show is "My Lady Fair." Mood music will be played by Marjorie Nace on a Hammond Organ, loaned by Sherman Clay. We should all be proud to have such talent in our organization!

Chairman of "My Lady Fair" Bianca Mattson, has had her problems but everything seems well under control? She wants to give a special "bouquet" to Rhodes for so graciously consenting to do our show when Lou Johnson's recently decided against going ahead with it as arranged early in the summer. Rhodes helped select the theme and name and is enthusiastically supplying not only the fashions and models but also the favors, programs and door prizes. Miss Coquelette, head buyer for Rhodes' Ladies' Ready-to-Wear, will commentate. We are assured of a variety of outfits-everything



President Florence Duerfeldt and Fashion Show Chairman Bianca Mattson, admire table decoration and theme for "My Lady Fair" fashions.

from sport clothes to the lovliest of gowns for Holiday splendor.

Tickets are being made and donated by Johnson-Cox Printing Co.

Decorations chairman Jeanne Vadheim was hostess to 20 girls who helped make the table decorations. Who'd ever think a roll of wire, some copper screen, a few tin can tops and some old jewelry could turn out forty center-pieces for "My Lady Fair?" Just come and see what a lively imagination, some old gloves and some tine shears can do! Thanks to the following for their help: Peggy Haley, Esther Avery, Dorothy Maier, Kay Anderson, Gwen Hosie, Grace Hauser, Ruth Zimmerman, Nancy Buttorff, Donna Ferguson, Lorna Burt, Joan Anderson, Hilda Lantiere, Martha Brigham, Elizabeth Thomas, Hazel Whitacre, Mavis Kallsen, Chris Kanar, Beth Hennings and Beth Pratt. Working with Bianca along with Jeanne are Hazel Whitacre, in charge of tickets, Helen Florence, Patty Crabill, Dottie Read, Joan Anderson, Peggy Haley and Beth Pratt.

Don't forget that the money made on this project goes in our American Medical Education Fund. Tickets are \$3.00 each and every member is urged to be responsible for selling at least three tickets. Again we remind you that all reservations must be paid for, so, if you plan to support this project but cannot attend the show, be sure to notify Hazel Whitacre.

Corrections and Apologies

The name of Mrs. Hillis Griffin as our Tuberculosis representative was inadvertently omitted from last month's list of committee members in the Bulletin and the list submitted to the newspaper recently. SORRY!

(Continued on Page 13)

12BUL	LETIN of the Pierce County Medical Soc	CIETY
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(Continued from Page 13)

News

Off to San Franicsco to the recent American College of Surgeons meetings were the Banfields, Vadheims, Murphys (Tom), Haleys, Averys, Reads, and Willards. The Vadheims plan a two-week vacation and the Banfields will be gone a month, with Miami and Cuba highlights of their itinerary.

A recent associate of Dr. Hugh Kohler's is Dr. H. F. Fellows from Arizona. His wife, Mary Ann, and five children comprise the family—the fifth, a baby girl born here October 8th.

Ruth Brooks attended the annual meeting of the Washington Division of the American Cancer Society in Seattle Thursday and Friday, October 18 and 19, in her capacity as Pierce County Service Chairman.

Margaret Harris, UGN Section Chairman, is handling four teams in the Lakes District. Hats off to Margaret!

A baby boy, John Arnold, was born Sept. 14 to Kay and Arnie Herrmann. Congratulations, and we hope you, Kay, are soon feeling real well again.

Noreen and Frank Hoskins have moved into their lovely new home in the Narrowmoor



Don't Forget To Vote Nov. 6!

area and Ed and Jean Eylander moved into their nice, new home near Wapato Park.

The news is a little late, but did you know that Sally and Bob Lane's little Douglas Everett was born this summer—July 13 to be exact. Congratulations!

And Dorothy and Phil Grenley's little Robert Warren was born August 31. Congratulations to you, too!

Marjorie Cameron, member of the board of trustees of the Washington State Crippled Children and Adults, attended the State meeting at Richland, Washington, Thursday and Friday, Oct. 18 and 19.

Good News-Muriel Nelson was re-elected State Secretary to the Woman's Auxiliary to the State Medical Association.

Our Woman's Auxiliary to the Pierce County Medical Society is host this year for the midyear conference of the Board of the Auxiliary to the State Medical Association. Meetings will be held in the latter part of February. Hazel Whitacre is the social chairman in charge of arrangements.

Let's make the Auxiliary 100% in helping with the TB X-Ray survey!

The Heart Association needs volunteers on Thursdays 9:00 to 12:00 and 1:00 to 4:00. Call Mavis Kallsen, PR 6151.

Many thanks to Bart Huff for opening her lovely home to all of us for our membership tea. Thanks too, to the committee—Kay Anderson, Kay Willard, Ruth Sames and Margaret Larson. The musical program, "Music in the Making," presented by Mrs. George Loring, was truly a thrilling experience. It will be remembered by us all as one of the highlights of the year.

And a very special thanks to Barbara Anderson and her committee for the good work on the membership and on the program book. Two big jobs well done!

In fact, Florence says to tell everyone that each and every one of the committee chairmen and members are doing a wonderful job and she is most appreciative.

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HOSPITALS ...

Pierce County

Rose Knecht, who has been chief laboratory technician for the past 3 years, has resigned and is taking a similar position in Kennewick, Washington. A hospital coffee hour was given in her honor on Friday the 12th in the hospital dining room. A large group of hospital friends gathered to bid Rose goodbye and to wish her success in her new position. She was presented with a piece of luggage as a parting gift. On her last day in the laboratory, Monday, the 15th, the members of the laboratory staff had another coffee hour as a more private au revoir by her co-workers. A beautifully decorated cake centered the coffee table. She was given a token braceler and a clock radio.

Mrs. Carol Karwoski, who has been assistant head technician has taken the position of chief head technician of the laboratory, left vacant by Rose Knecht.

Dr. John Whitaker attended the meeting of the Pacific Northwest Society of Pathologists held in McCall, Idaho on September 28 and 29.

On October 13, housekeepers Nelle Sater, Pierce County Hospital, Anna Holt, Cushman Hospital and Alice Cain, American Lake Hospital, were co-hostesses to the Puget Sound Chapter and the Portland Cascade Chapter of the national Executive Housekeepers Association. Dinner was served in the Army and Navy Room of the Winthrop Hotel. Later the group went to the Cushman Hospital for a short business meeting and discussion of various hospital housekeeping methods. Those attending from Pierce County Hospital were Letha Munsel, Ida Mae Rasor, Anna Bradley, Eleanor Bighous and Christine Sanden.

Mrs. Alexia Bury, head of the Medical Record department attended the meeting of the American Association of Medical Record Librarians at the Chinook Hotel in Yakima, Washington on October 10.

Mary O'Neal of the X-Ray Department is spending her vacation with her sister in Jackson, Mississippi. She left by plane on the 12th of October and will spend two weeks in the South.

Clara Ness, Outpatient Department, has returned from a three weeks' vacation, most of which was spent motoring with her husband through Oregon and California.

Helen McKibbon, Social Service, is back at the hospital after a painful time with broken tibs suffered in a fall. She had just recovered from a fractured arm prior to her recent accident. Her hospital friends are welcoming her back and sincerely trust there will be no more fractures.

Dr. Blaine Johnson of the visiting dental staff of Pierce County Hospital has opened his office in the Anderson Building.

Katherine Mooney, superintendent of nurses, is on vacation. She intends spending most of the time at her suburban home at Surprise Lake, but will also visit friends in various towns throughout Washington and Oregon.

Ann Webster of the Nursing Staff has returned after several months' absence due to illness.

Audrey Anderson, lately graduated from Central Washington College at Ellensburg, Washington, has joined the staff of Social Service workers of the hospital.

Jessie Haycock, Social Service, is spending her vacation at the Haycock country place on Hood Canal. Jessie reports that fishing and hunting are exceptionally good at present around Dabob Bay.

Ed Albice, who for 11 years was a member of the hospital maintenance department, has retired and will spend his time with various hobbies, especially gardening about his home. He and Mrs. Albice will enjoy some of the trips which they have planned to various interesting places. The hospital will miss Ed and his pleasant personality.

Friends of Jessie Drake, dietary department, are hoping for a speedy recovery for her following surgery at Tacoma General Hospital where she was taken on October 15.

Saint Joseph's

The Joint Commission on Accreditation of Hospitals just notified Sister Antonia that St. Joseph Hospital has received full accreditation and commended the Administration and Medical Staff for their efforts to maintain the highest standards in medical care. This is the result of the evaluation of the hospital conducted on September 5, 1956 by Dr. Charles C. Hedges, M.D., a field representative of the Commission.

Once again St. Joseph's is taking the lead in being the first in this locality to install a POR. Ward 223 on Second South has been remodeled to serve as a Post-Op Recovery Room. The latest equipment has been installed. There are six veri-height beds with attached I.V. standards, side cabinets completely furnished, spot lights and adjustable lamps over each bed. Each bed also has piped-in oxygen, piped-in vacuum suction, wall attached sphygmomano-(Continued on Page 19)

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(Continued from Page 17)

meter. Emergency drugs are available in the room and Central Supply is right across the hall. There is an Aspirator-Resuscitator, complete tracheatomy set and emergency set in the room also. The oclors are aqua and pale green.

Margie O'Connor, our new girl in the Medical Record Department is doing fine and finds the works very interesting. Ruth Delle, the surgical secretary has recovered from her fractured arm and is now back on schedule again. We are very proud of our department as we made our annual contribution to the United Good Neighbor Fund. Mrs. Dickey, the Librarian would like to see more of the Doctors come in and use the journals since about forty new journals are received each month. The Library has purchased an Audio Digest for the use of the staff. We would like those M.D.s interested to stop in and make their suggestions as to the material they would like to have.

St. Joseph Hospital had a very good representation at the Washington Association for Mental Health which was held October 12-13 at the Winthrop Hotel. Many of the Sisters and employees were in attendance. The exhibit from the Psychiatric Unit depicted "Hourly Treatment" by competent personnel for speeding the recovery of patients with emotional illness as our "Target for Today and Tomorrow," theme of the conference. Scenes portrayed essentials of an adequate treatment program. Also displayed were various projects made while discovering that one can:

> feel real accomplishment, release energy and tension, socialize with others, and become more interested in life

during prescribed activity or Occupational Therapy at St. Joseph Hospital.

The Psychiatric Unit was opened in 1954 to meet a community need in providing private facilities for early and intensive psychiatric care.

All St. Joseph Staff Doctors and other interested are invited to stop on Third South and see the display.

The Housekeeping Department is newly organized under the direction of Sister Theodore Joseph. That's the reason for the shiny clean halls, stairways, walls, new drapes, etc. So, if you see any of the staff chasing dust down the corridors its just the department workers on the job.

Many new improvements are being contemplated in the near future, one of them is two beautiful aluminum and glass doors for the front and Emergency entrances.

(Continued on Page 21)

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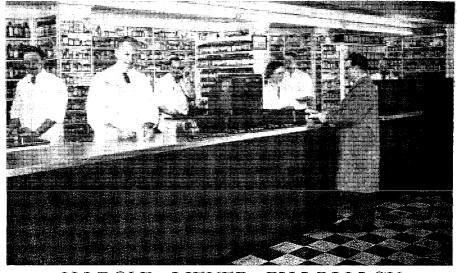
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(Continued from Page 19)

From the Dietary Department we hear of a new electric mixer for the main kitchen and a new steam table which will be purchased in the near future. The latest type of dishes are in use for serving the patients. Coffee is served piping hot from gallon Stanley thermos pots.

The employees of the Dietary Dept. gave a baby shower for Esther Dyson Tuesday night in the cafeteria. Elsie Peck has taken a two month leave of absence to visit her daughter in Nebraska. Harriet Kirby, one of our employees, is the aunt of Don Larson one of the star players we've been reading about in the news. So you see why the Yankees won the World Series.

Maternity reports a baby boy born to Mrs. Lois Helling, and a baby girl to Mrs. Beverly Bouffious, who are two of our nurses and to Dr. and Mrs. Fellows a girl. Congratulations! Sisters Evrard, Alexis and James Helene attended the National League of Nursing meeting held in Spokane October 25th at the Davenport Hotel. They went by way of shank' mare, Northwest Airlines and were home the following day.

Mrs. Norma Hammond, Registered Physical Therapist is engaged full time Monday through Friday. Mrs. Hammond graduated from Colorado University of Physical Therapy. She is a member of the American Registry of Physical Therapists and of the American Physical Therapists Association.

Tacoma General

The Joint Commission on Accreditation of Hospitals has granted to Tacoma General Hospital another three years of accreditation as a result of the visit to us by their representative, Dr. Charles C. Hedges.

Mr. Alex Babbit was elected First Vice President of the Washington State Hospital Association at their October convention in Yakima. Mr. Babbit, Miss Borghild Robertson, and Mr. Walter Huber represented Tacoma General Hospital at this convention.

Dr. Ragnild J. Wildhagen and Dr. Friedrich G. Kruse have recently joined the intern staff. They are graduates of Heidelberg University, Germany.

Miss Marilyn Murphy is the new Therapeutic Dietitian serving the Medical Floors. She is a graduate of Washington State College, and served her internship in dietetics at the Univeristy of Oregon Medical School. She is a native of Tacoma, and was for two years a dietitian at Doctors Hospital, Seattle. She replaces Mrs. Elaine Mlynek, who was here for five years.

Added to the long list of distinctions now

enjoyed by Dr. Charles Larson is the honor of election to the presidency of the College of American Pathologists.

All Tacoma General Hospital dietitians will attend at least one of the meetings in Seattle of the Washington State Dietetic Association. Miss Monica Roller of our staff took office as treasurer of the group on November 1. Mrs. Eudora Fulkerson, chief dietitian, will speak at the breakfast meeting.

Equipment for the performance of certain diagnostic radioisotope studies has been added to the Laboratory. It has been in use since October 15, 1956.

The educational program of the nursing staff is off to a good start, with a good attendance at each of the four meetings already held. Members of the active Medical Staff have been the speakers at these meetings.

An Institute on Hospital Accounting sponsored by the Association of Western Hospitals was held at the Hotel Winthrop on October 25 and 26. This was the first such institute held in the Northwest. Walter Huber, President of the Washington Chapter American Association of Hospitals Accountants, gave the address of welcome and presided at the opening session.

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FRED PETERS comes from the "Inland Empire," having been born and raised in Spokane. After completing his elementary education in that city, he went to the University of Washington, graduating in 1937.

Thence, he went to Chicago, finishing Northwestern in medicine in 1941 and interning at Passavant Memorial. From 1942 to 1943 he was a medical resident at Harborview in Seattle. He then returned to Northwestern for a fouryear fellowship in the department of nervous and mental diseases.

After spending an additional year from 1947-1948 as a resident at Elgin State Hospital in Illinois, he came west again to become associated with the U of W mental hygiene clinic in Seattle. The years 1948 through 1955 were spent there—the latter three years as head of the department.

As of April, 1956, Fred has been at Western State Hospital serving as Director of the Children's Residential Treatment Center.

Fred's family consists of wife, Robin, and a 6-year-old boy. His hobbies are golf, music and hiking. Recently he has hiked and camped in the Goat Rocks and Olympic mountains areas.

First Dinner Meeting of Pierce County Society Is Big Success

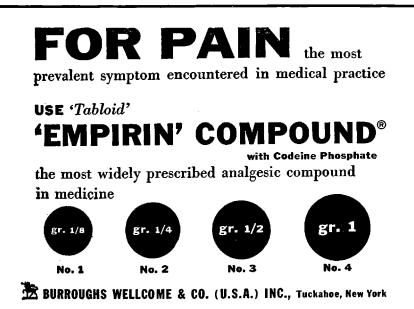
The first dinner meeting of the Society, held at the Tacoma Athletic Commission October 9, proved to be a great success. Judging from the attendance, (116 as compared to the usual average of 65 to 70), it looks as if better turnouts may be expected at the dinner-type meetings.

Dr. Kyle receives our vote of thanks for arranging the very successful meeting and we are indebted to Dr. Zimmerman for the wellhandled program.

Don't Forget To Vote Nov. 6!

John: "Do you know how to tell a dream from a nightmare?"

Bob: "Yeah, catch her without makeup." —Summit County Medical Society Bulletin







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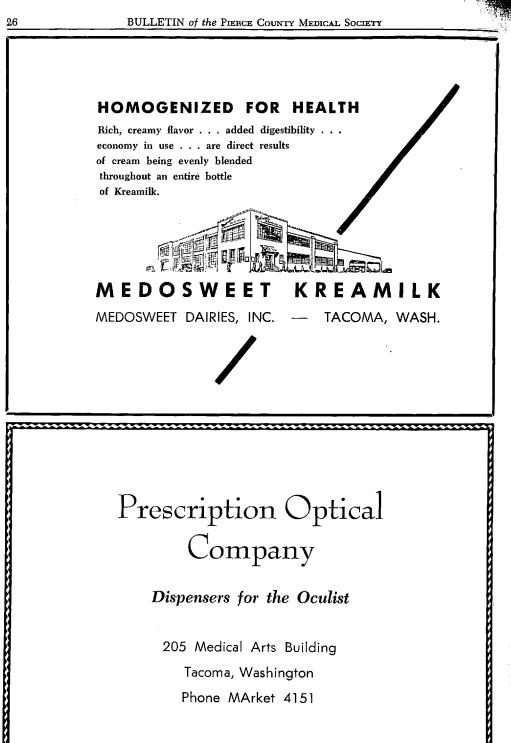
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Introducing . .



ED EYLANDER, another Northwesterner --from Arlington. After finishing the elementary grades in Marysville, he went on to the University of Washington. His college education was interrupted by the war.

Ed was in France and Germany from 1943 to 1946 as a unit commander in the Infantry. After the war he returned to finish the University of Washington in 1947 and the Medical School in 1951. During 1951-52 he was an intern at Pierce County Hospital.

After six months of private practice in Marysville, Ed went to Dayton, Ohio for a year's residency with Dr. Bonica. He is now associated with Drs. Pratt and Yoachim in anesthesiology practice.

Ed's family consists of wife, Jean, and three boys. His hobbies include salt-water fishing, photography and woodworking. Ed has some power tools—including a lathe, drill press and DeWalt saw. He has turned out some furniture and cabinet work for his home.

Association of American Physicians and Surgeons . . . A Worthy Organization

At the September meeting of the Pierce County Medical Society, a resolution from the Washington State Medical Association supporting the Essay Contest of the Association of American Physicians and Surgeons was rejected on the grounds that the Society would be "endorsing a medical society of which nothing was known." Subsequently the State Association in Convention voted to pass this resolution.

Inquiries show that there has been virtually no activity in our local Society in behalf of the AAPS and that the majority of our members are unaware of its existance. Elsewhere in the State, especially in Seattle, the Association is well known. Washington delegates are Drs. C. W. Knudson and H. F. Thorlakson of Seattle and Dr. G. H. Drumheller of Everett.

The AAPS began December, 1943 in the State of Indiana by the unanimous action of members of the Lake County Medical Society (Gary, Hammond and East Chicago), all members in good standing in their county and state societies and the American Medical Association. A resoultion was passed supporting the AAPS in our own State Medical Association in the 1946 Convention.

The activities of AAPS are socio-economic in scope, fields in which scientific organizations cannot function. Thus the AAPS does not compete with nor seek to replace other medical organizations, such as the AMA, but rather enhances and strengthens the AMA's stand against regimentation. In fact a physician must be a member of the AMA in good standing to join the AAPS.

A "Code of Medical Practice" of the AAPS is published with its By-Laws and states clearly the objectives of the group. It is much too long to quote here, but in substance states that members "stand united in their convictions" on the subject of socialism, regimentation, and federal medical care programs, etc.

All officers and delegates, of which there are more than a hundred, serve without salary or expense account.

One of the many activities of AAPS is the annual Essay Contest which was in augurated in 1947. The subject has always been substantially the same, "The Advantages of Private Medical Care." The Contest is open to high school students and the prizes are substantial, first prize being \$1,000.00, second prize, \$500.00, third prize, \$100.00, and \$25.00 each for fourth, fifth and sixth prizes. In addition to the prizes the Association furnishes packaged libraries without charge to participants in the Contest.

One might ask at this point, "What has all this to do with me and why should our Society, or any Medical Society go on record as either sponsoring or opposing this Contest?" The answer may be found in checking the Purdue University poll of high school students which in 1944 found that 77% of these students favored "government providing medical services for all." In 1948 this percentage had risen to 80. However, in 1950, after three Essay Contests, it had dropped to 55%. This is still too high a per centage and it is obvious that our future citizens are being subjected to socialistic "brain washing." Thus we should favor such contests and in addition every doctor who believes in a Free America should be a member of AAPS.

STEVE SANDERSON, M.D.

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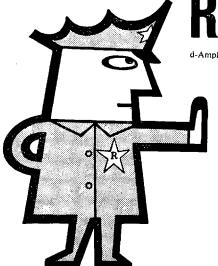
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28

Notes on American College of Surgeons October Meeting in San Francisco

A very interesting panel on adrenal surgery was presented by Zintel, Priestley, Forsham and Cope.

Pheochromocytoma produces increased epinephrine and norepinephrine, the two hormones of the adrenal medulla. Normally, when the blood pressure drops only norepinephrine is elaborated with epinephrine being produced when there is hypoglycemia. When increased epinephrine is present the metabolic syndrome occurs with glycosuria and hypermetabolism. When norepinephrine is excessive, malignant hypertension, intermittent in one-third of the cases and constant in two-thirds of the cases, develops.

The regitine and histamine tests give many false positives and occasionally cause serious reactions. A better test is the urinary norepinephrine and epinephrine levels.

Surgical mortality is now almost nil with regitine I.V. drip.

After removal of the tumor norepinephrine must be given for 2 to 3 days.

As with almost all other endocrine excesses the responsible lesion may be benign neoplasm, malignant neoplasm, or simply syperplasia. The last can be very confusing and misleading to the surgeon and is still not generally recognized as a cause of hypertension, pheochromocytoma being an adenoma.

Cushing's syndrome results from hyperplasia without tumor four times out of five. When tumor is present it is benign in two-thirds of cases. Diagnosis of Cushing's besides physical characteristics may be made by finding elevated urinary corticosteroids (over 80% of cases) and elevated 17 keto-steroids (20 to 50% of cases).

Blood studies may show leukopenia, hypo-



glycemia, hypokalemia, hypochloremia and alkalosis.

Also, there is hypertension present in 90% of cases. It may be severe.

In preoperative preparation give 200 mg cortisone acetate, 2 days before, one day before, and the day of surgery. Because of obesity, approach should be through the flank. If you find a tumor on the first side remove it completely and don't expose the other side. If you find an atroplaic adrenal on the first side, biopsy it and remove the tumor on the other side. If hyperplasia is found remove all on one side and 90% on the other.

Post-operatively give cortisone 10 to 14 days. Results are best in begnign adenoma. In hyperplasia there is about a 10% recurrence.

Cushing's disease can be reproduced in every detail by giving hydrocortisone. Adreno-genital syndrome is produced by excess 17 keto-steroids. These syndromes may be pure but more often are mixtures of each.

In selected patients with metastatic carcinoma of the breast 30 to 50% will be improved by adrenalectomy. Adrenalectomy is being done for essential hypertension but sufficient time has not elapsed for evaluation. There was a difference of opinion as to the value of air-contrast rocentgenology in the diagnosis of adrenal tumors.

Another panel discussion of interest was on "Hiatal Hernia and Esophagitis." Most are the sliding or mixed types with only 15% paraesophageal in type. Most hiatal hernias are asymptomatic and those that do produce symptoms can often be managed medically. Only 1 out of 6 require surgery. Symptoms are suggestive of peptic ulcer and in the sliding type there may be acid erosion producing a chemical burn (esophagitis) which is worse on recumbency or external abdominal pressure. This is the result of the functional derangement of incompetency of the esophago-gastric sphincter. If untreated extensive ulceration, stenosis or hemorrhage may occur. Dysphagia suggests stenosis. Fortunately these complications are rare. Ulceration, which is the commonest, occurs only in 5% of cases.

Diagnosis depends on x-ray or esophagoscopy. Harrington of Rochester, Minnesota, insists on both esophagoscopy and gall bladder x-ray before surgery. X-ray cannot adequately evaluate the esophagitis.

Surgery is indicated when one-fourth or more of the stomach is above the diaphragm, when

(Continued on Page 34)

Don't Forget To Vote Nov. 6!

(Continued from Page 33)

the esophagitis or its complications are extensive, or when there is no response to medical therapy.

Medical treatment consists of the usual ulcer medication plus avoidance of obesity, tight clothing over the abdomen, induced vomiting. The head of the bed should be elevated 4 inches.

According to Allison of England the esophageal musculature at the sphincter must be soft and easily compressible by the gastric cardia. The most important step is not the tightening of the hiatus but the suturing of stomach to under side of diaphragm, after reduction of the hernia. He does this through an incision in the diaphragm after a thoracic approach. He is at the same time able to explore the abdomen and pelvis and has even removed the gall bladder through this incision. If a small amount of stenosis is present and does not involve the musculature it can be dissected out, submucosally. Otherwise, resection and reconstruction with a loop or segment of intestine is employed. A naso-gastric tube is contraindicated and a gastrostomy tube is inserted for at least 14 days. TED HALEY, M.D.

Don't Forget To Vote Nov. 6!

Veterans Administration Profesional Lecture Series

Nov. 7, 1956, 2:00 p.m.—"Physiological Studies of Schizophrenia," Dr. T. L. Dorpat.

Nov. 16, 1956, 2:30 p.m.—"Psychoanalytical Views of Character," Dr. Douglass W. Orr.

Nov. 26, 1956, 2:30 p.m.—"Marriage Counselling," Dr. R. M. Stolzheise.

Dec. 3, 1956, 4:30 p.m.—"Psychotherapy of Schizophrenia," Dr. Robert L. Worthington.

Dec. 12, 1956, 3:00 p.m.—"The Family," Dr. Charles E. Bowerman.

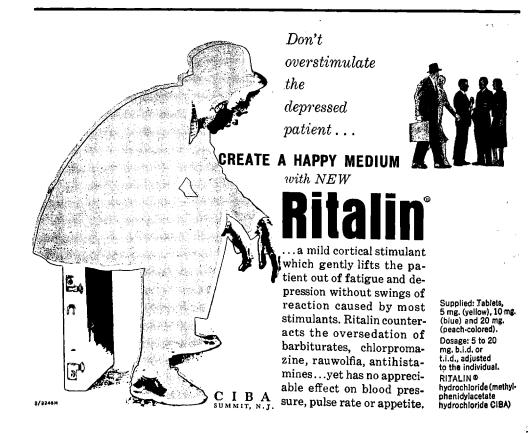
Dec. 17, 1956, 4:30 p.m.—"Psychotherapy of Schizophrenia," Dr. Worthington.

Jan. 11, 1957, 2:30 p.m.—Subject—Unannounced, Dr. Eugene G. Goforth.

Jan. 18, 1957, 2:30 p.m.—Subject—Unannounced, Dr. Goforth.

Jan. 23, 1957, 3:00 p.m.—"Cultural Factors in Illness," Dr. Thomas H. Holmes.

Feb. 6, 1957, 2:30 p.m.—"Common Factors in Symptomatology of Mental Illness," Dr. Dr. Chas. R. Strother.



Right To Work Resolution Letter to PCMS from KCMS

The King County Medical Society has adopted a resolution criticizing "false and misleading statements regarding the effect Initiative 198 would have on plans for providing medical care."

Assertions that the right to work measure would put an end to all health and welfare plans and would take away workers' health and welfare checks are contained in four pieces of literature being circulated in Washington State to doctors, union members and members of the general public by the Teamsters' Union, "Citizens Committee for the Preservation of Payrolls" and the Seattle Central Labor Council.

The King County Medical Society resolution took no stand on the initiative, but said "it becomes our duty to correct the mis-statements, and to protect the misrepresentation of medical matters. "The statement that Initiative 198 would bring to an end all Health and Welfare Plans is untrue. Nothing in the measure could produce such a result."

The medical society's statement continued, "We condemn the use of medical care as a political football, and deplore tactics that use it unfairly for political gain.

"We are also concerned over the anxiety created in the minds of our patients when they are led to fear that passage of 198 will make their medical care less available or more expensive."

The resolution was adopted at a general meeting of the King County Medical Society on October 1. Of approximately 300 doctors present, all but three or four, or about 99%, voted in favor of the resolution. A motion was also passed to send copies of the resolution to all other county medical societies throughout the state.

"After studying Initiative 198 with considerable care, I see no possible way that it could have any influence whatever on the health-and-welfare plans," Dr. Herbert L. Hartley, Seattle physician, said. "Neither do I be-

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Ground Floor, Medical Arts Bldg. Medical Center Western Clinic Bldg. lieve that it could possibly stop reimbursement payments to union members for medical and hospital expenses."

Hartley said he has personally written officers of all county medical societies in the state to call their attention "to the mis-statements in the letters" to doctors.

Dr. C. W. Knudsen, Seattle physician, said "the act contains nothing, as I read it, to prevent future health-and-welfare agreements in union contracts."

Informed of the doctors' charges, a spokesman for one of the union anti-198 committee was quoted in the *Seattle Times* of September 28 as admitting that the letters to the doctors had inadvertently "overstated" the case, and that the committee intends to "clarify the matter" in follow up letters.

Dr. Charles Larson Elected Head of College of American Pathologists

Dr. Charles Larson has honored Tacoma in being chosen by the College of American Pathologists as President-Elect for 1957 and President for 1958 and 1959.

The membership of the College is made up of those physicians in the practice of clinical and/or anatomical pathology in the United States and Canada, and numbers about 2500 at present. The objects of the College are to foster the highest standards in education, research and the practice of pathology; through study, education and improvement of the economic aspects of the practice of pathology to advance the science of pathology and to improve medical laboratory service to physicians, to hospitals and of the public; to maintain the dignity, precision and efficiency of the specialty of pathology for the service of the common good.

Dr. Larson is a Founding Fellow of the College and has served four years on the Board of Governors, first as a member and then as Vice-President. He is the second President to come from West of the Mississippi River. His work should inspire his colleagues in Tacoma to aspire and work for advancing their profession through individual effort. He has shown us that one does not have to be a "big shot from the East" to be a leader in Medicine.

As my friend and I were driving downtown, we were hailed by a traffic cop. "Hey, you!" he shouted. "Pull over."

We did. The next day the judge fined my friend \$25 for speeding. She was anxious to keep her husband from learning of the incident. And so, since he regularly examined her checkbook, she marked the stub: "One pull-over -\$25." — F.C.M.S. Bulletin

Report on American Association of Blood Banks Annual Meeting

By M. J. WICKS, M.D.

The Congress of the International Society of Blood Transfusion and the Annual Meeting of the American Association of Blood Banks took place in Boston September 3rd to 5th. This followed immediately the Congress of the International Society of Hematology. These meetings were the first combined sessions of all major world organizations directly concerned with blood. A tremendous amount of information was exchanged by nine days of papers and exhibits of work from all around the world. Countries behind the Iron Curtain were represented as well as European and South American countries, India, Isreal, Thailand and Japan.

Although no major developments have been made in the field of blood banking and transfusion therapy that would parallel the discovery of sodium citrate as a preservative of the blood groups, much work is being done on the preservation of blood, refinements of technics of the serological aspects (blood typing, crossmatching, etc.) and particularly on blood fractions. In trying to preserve blood cells longer than three weeks and with as long an in vivo survival time as possible, much knowledge is being obtained on fundamental red cell metabolism. The practical result of these investigations at present is the increasing use of plastic containers rather than glass bottles for whole blood transfusion. The Tacoma-Pierce County Blood Bank will be using this equipment as soon as a few technical difficulties can be overcome such as labeling details and adequate identification of pilot tube with the bottle.

Fractionation of blood into its component parts, the adequate preservation thereof and the determination of the specific indications for these fractions in disease states all constitutes a new field opening up to medicine. To diagnose a specific deficiency in the clotting mechanism and to replace this with the correct blood fraction is an example of the broad spectrum of possibilities. Some fractions available on a commercial scale are albumin, fibrinogen, and gamma globulin. The electrophoretic technics now in use give opportunity to evaluate the deficiency and specific replacement when such specifics are available, i.e., gamma globulinemia causing repeated infections.

If any tangible results can be shown from my attending these annual meetings, it would be to keep the technical level of our transfusion service on a par with the best in the country. Surprisingly enough the science of transfusion therapy is not static but is actually only in its infancy and growing in many categories to benefit humanity and the practice of medicine.

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New Hillhaven Convalescent Nursing Home in Lakewood

With the opening this month of the new Hillhaven Convalescent Nursing Home at 5515 Steilacoom Boulevard in Lakewood, a modern 55-bed facility is made available for the care of the aged, convalescent and chronically ill in the area. The completely new building, designed especially for the purpose, has all rooms on one floor in a practiacl U-shaped floor plan with cheerful, airy rooms arranged on three sides of a large, concrete paved patio. Doors are wide, and 8-ft. wide hallways permit the transfer of bedfast patients to any portion of the home or out-of-doors.

The Hillhaven Home is the newest unit in the series of convalescent hospitals and nursing homes which the local Hillhaven Corporation manages in the three western states of Washington, Oregon and California. Designed to furnish complete care for the aged or chronically ill when general or surgical hospital care is not necessary, the nursing home also provides housing for elderly guests who require little or no medical attention. It is anticipated that this new facility will serve the growing need of the increasing elderly population.

Twenty-four hour care is provided under registered nurse supervision. At each bedside a visual call light summons assistance at any hour of the day or night from a centrally located nurses' station. No surgery or laboratory facilities are provided. Medication is administered only upon prescription of patients' physicians, and charts are maintained by the registered nurse in charge. Nourishing food, a major health need of older people, is prepared in a completely modern kitchen furnished with stainless steel equipment and electrical dishwashers. Special diets are followed carefully when prescribed by physicians.

The majority of rooms in the new Hillhaven home are for two patients because the experience of management and the counsel of physicians have indicated that many patients prefer not to be alone. To assist in making patients feel at home, all rooms are decorated in pastel colors with furnishings, including draperies and bedspreads, harmonized to the color scheme. No two adjoining rooms are decorated alike. In each room, a convenient closet is provided, and built-in chests of drawers are designed without projecting hardware. Variheight beds raise or lower, bed rails are available when needed, and an overbed table of modern design converts into a wash basin or reading stand. Sanitary formica tops are easily cleaned.

purpose, many modern improvements have been included in the structure and equipment. Ceramic tile bathrooms have free-standing tubs or an ultra-modern wheel-in shower which permits patients to be bathed while sitting in movable chairs. Radiant heating in the floors keeps temperatures even and comfortable. An efficient commercial laundry on the premises handles all linen and patients' personal items with the exception of dry cleaning.

The administrative staff of Hillhaven is comprised of trained personnel with many years of experience in invalid care. Employees are screened carefully for character and ability, and completely trained in their duties. Strict supervision of personnel is maintained; the use of profanity or liquor is prohibited, and the establishment is operated on a completely non-sectarian basis.

The convenience of the location on Steilacoom Boulevard one block east of Bridgeport Way is increased by ample off-street parking for doctors and visitors.

Bulletin Advertisers

The Bulletin of the Pierce County Medical Society wishes to express its gratitude to the sponsors of the numerous advertisements appearing on our pages since they are responsible for the continued publication of our Bulletin. Our patronage and support of their products and services helps to insure the adequate advertising that the monthly Bulletin requires.

THE EDITOR.

Meeting of American College of Chest Physicians

The American College of Chest Physicians announces a very comprehensive and stimulating program to start at 8:30 a.m. in the Hotel Benjamin Franklin, Seattle, on November 25.

You are referred to the Society Library for a listing of the papers which will be presented by outstanding speakers from throughout the country.

We Liked 'em . . .

Chaos: Four women with a luncheon check. Hug: Energy that has gone to waist. Hindsight: Woman in slacks.

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MONTHLY MEETINGS

STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—at 6:15 p.m.

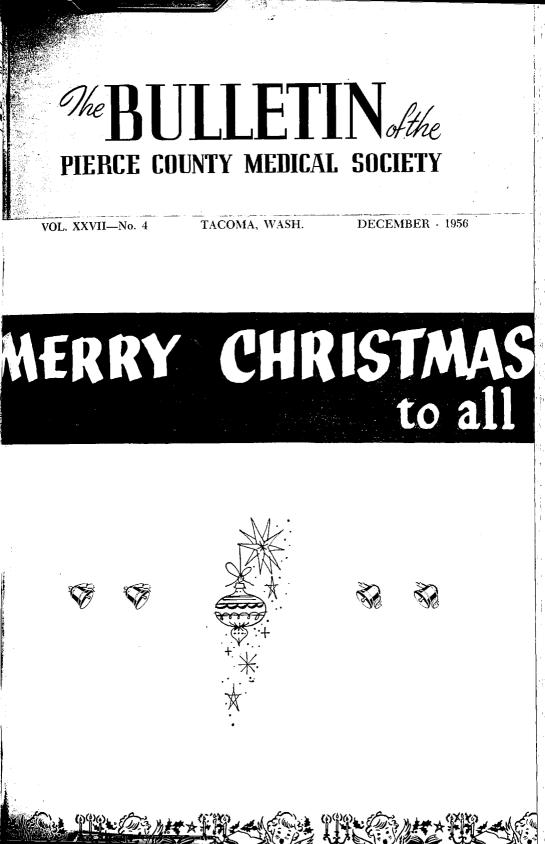
TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club

SURGICAL SOCIETY Third Tuesday of each month—6:30 p.m. at Tacoma Club

STAFF OF PIERCE COUNTY Last Monday of each month-6:15 p.m.

PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the Month-8:15 p.m.

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.-12:15 p.m.



erce County Medical Society		
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Civil Defense Murray Johnson, Chairman Daniel Hunt, Admiral, U. S. Navy, retired	26 FRANK E. SHOVLAIN	
Paul E. Bondo Richard B. Link J. Robert Brooke James D. Lambing	30 JAMES M. MATTSON	
Diabetes Robert E. Lane, Chairman Joseph B. Harris G. Marshall Whitacre		
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Entertainment Jesse W. Bowen, Chairman L. Stanley Durkin Charles P. Larson James M. Mattson Frederick J. Schwind		
Geriatrics J. Benjamin Robertson, Chairman	Have you sent in your application to a ciation of American Physicians and Surge	
Hollis Smith John L. Whitaker	further information and applications	
Douglas P. Buttorff, Chairman Homer W. Humiston Wendell G. Peterson Dumont Staatz	Society office or Dr. Sanderson.	
Medical Education Committee Lewis A. Hopkins, Chairman	-	
J. Edmund Deming, Sr. Thomas B. Murphy Mental Health Committee		1
William H. Todd, Chairman Treacy H. Duerfeldt Harlan P. McNutt		
School Committee		1
R. A. Norton, Chairman Lester S. Baskin David T. Hellyer Woodord A. Nichemmer	NOTICE	
Woodard A. Niethammer	Check back page of Bulletin for c	ale
Traffic Safety John Theodore Robson, Chairman	of special meetings	1023

Bulletin Staff

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PROGRAM

PIERCE COUNTY MEDICAL SOCIETY TUESDAY, DECEMBER 11

7:30 P.M.

Tacoma Athletic Club . . . 733 Commerce

No-Host Social Hour . . . 6:00

Dinner 6:30

SELECTED SUBJECTS IN RECENT DEVELOPMENTS IN INTERNAL MEDICINE—(Continued)

Dr. Rodger S. Dille, Moderator

Dr. George Race	Dr. Robert Kallsen
Dr. Frank Maddison	Dr. Max Thomas

* * *

ANNOUNCEMENT OF 1957 PIERCE COUNTY MEDICAL SOCIETY OFFICERS

5

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PRESIDENT'S PAGE

The time will come when our present office and library facilities will be inadequate. Moreover, with the marked shift in office locations the present library is now inconvenient for a majority of our members.

We must project for the future—at least in our thinking. It seems to me that eventually the Society should build its own library and office facility or arrange for the building of such a facility on the basis of a longterm lease. The advantages of having a centrally located building with adequate space and parking are selfevident.

To have such a building as a Society building would be of tremendous help in public relations. With a designation such as "Pierce County Medical Society and Public Relations Center" we would immediately and concretely attract the public's interest and increase the public's esteem.

From such a vantage point we could then distribute charts, films, and literature as well as arrange for speakers for any groups or organizations in the city or county. We would be, as it were, a clearing-house for the safety and the health of the community.

There is no doubt that the medical profession must, in self-interest, be more dynamic and progressive in public relations or fall heir to diminishing prestige and socialization.

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MYSTECLIN SUSPENSION: a fruit-flavored oil suspension containing the equivalent of 125 mg. Steclin (Squibb Tetracycline) Hydrochloride and 125,000 units Mycostatin (Squibb Nystatin) per 5 cc. teaspoonful. Supplied in two-ounce bottles.

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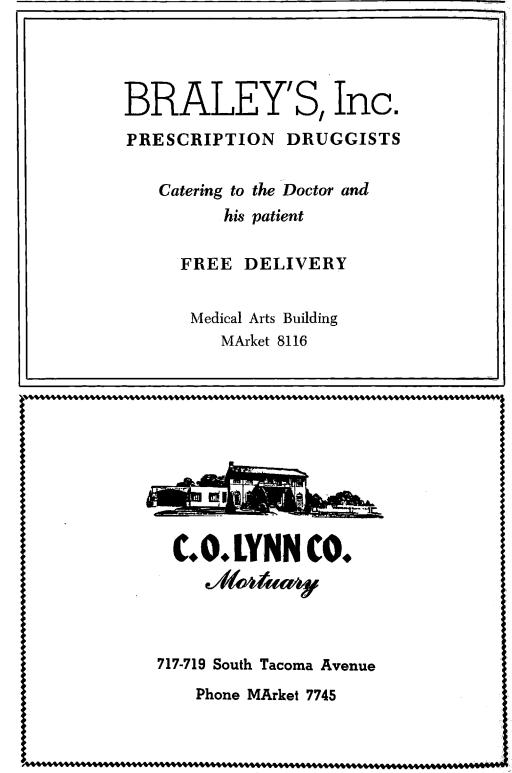
EDITORIALLY SPEAKING

The Jenkins-Keogh Bill (H.R. 9 & 10)

This Bill is one in which doctors and all the selfemployed should be interested and to which they should lend their support. It tends to equalize the present unfair situation which allows executives and all the employed to have a certain portion of their actual income set aside —tax free—toward a retirement program. While taxes will eventually be paid on it, the payments will come after the peak income years and, thus, will be considerably less. This favorable tax treatment is not now available to the self-employed.

This Bill differs from the Old Age and Survivors Insurance Program which is intended to provide the minimum benefits necessary for a subsistence standard of living.

W. W. MATTSON, JR.



WOMAN'S AUXILIARY To The Pierce County Medical Society

1956-57

Woman's Auxiliary Pierce County Medical Society **Officers and Chairmen**

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ord Vice-President Mrs. Hugh F. Kohler 4th Vice-President Mrs. John Srail Recording Secretary Mrs. Robert W. Osborne Corresponding Secretary Mrs. Wayne Zimmerman Treasurer Mrs. Haskell Maier State Auxiliary Board Secretary Mrs. H. Nelson Publicity Mrs. Howard Pratt American Medical Education Foundation Mrs. Phillip H. Backup
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Program Mrs. J. Robert Florence Public Relations Mrs. J. Robert Brocke
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Telephone Mrs. Robert 1. Claum
Speaker's Bureau
Speaker's Bureau
Minute Women Mrs. M. E. Lawrence Heart Mrs. Robert A. Kallsen
Mental Health Mrs. Paul E. Bondo
Mental ficalta Mrs. Intel B. Jondo
SafetyMrs. Joseph B. Jarvis CancerMrs. J. Robert Brooke
Health Council Mrs Merrill I Wicks
Crimpled Children and Adults Committee
Mrs Wendell G. Peterson
Interentions Mrs. Merrill J. Wicks Crippled Children and Adults Committee Mrs. Merrill J. Wicks Mrs. Wendell G. Peterson Mrs. Wendell G. Peterson Rebabilitation Center Committee Mrs. Walter C. Cameron
Arts for Youth Mrs. James Ward
Infantile Paralysis Committee
Fashion ShowMrs. William Mattson, Jr.
Bridge Tournament
Aris for Youth
Community Council
City Coulien

Auxiliary News

December Meeting

In place of our regular December meeting our Social Chairman, Emma Bonica, and Program Chairman, Helen Florence, have planned a Christmas party for Saturday, December 15, 2:30 to 4:30 p.m., in the Recreation Room at Jackson Hall. This is a party for our children, AND a benefit for the much less fortunate children at Western State Hospital. It will give us all an opportunity to have fun with our children and at the same time help teach them the true spirit of giving for the Christmas season.

Helen and Emma and Miriam Bondo, Mental Health Chairman, have contacted the hospital and learned that they need playground equipment for the forty children they have in the Children's Ward. It was decided that our children could each bring a donation, either in an envelope or wrapped as a gift, and the money will be used to purchase playground equipment. Let's all help fill the Christmas Stocking!

There will be a tree, refreshments, entertainment and a treat for the youngsters to take home—AND Hazel Whitacre will be in charge of games, and we know that means fun for all! LET'S SUPPORT OUR COMMITTEE! SEE YOU ON THE 15TH!



December Board Meeting

Board Meeting for both November and December is called for December 6th, 12 o'clock at Scotty's Cafe-a no-host luncheon.

Speakers' Bureau

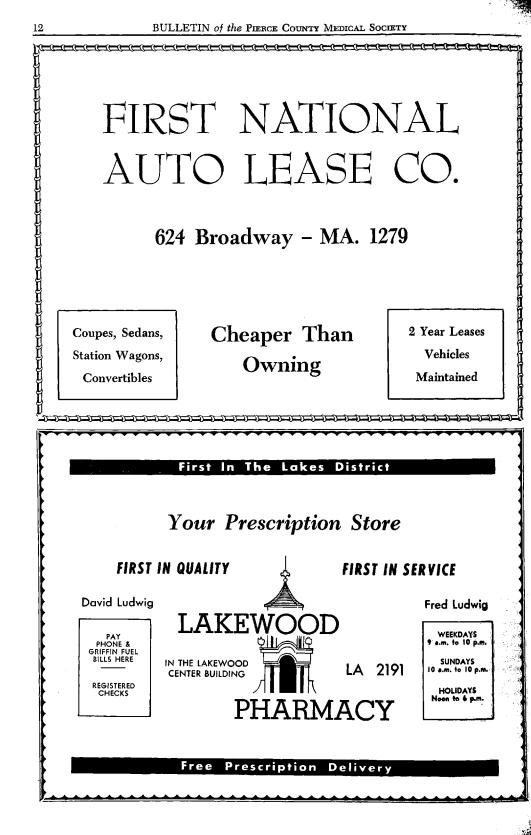
Dorothy Grenley recently received a letter from the "Physicians' News Service, Inc." in New York, which reads in part as follows: "Your report on management of the Speakers' Bureau in the September issue of the Bulletin of the Pierce County Medical Society was certainly interesting. I don't know of any other Auxiliary which has been given this responsibility, and I think an account of its handling would have wide readership among medical families. You may already be familiar with "Scope Weekly," a newspaper published solely for doctors and their wives. I prepare the Medical Distaff column each week, and would like very much to base one of these columns on the work of your committee.'

The letter goes on to request further details so that their article can be written and a draft sent for her approval. How about that!

Mental Health

Mental Health today is considered one of our Nation's number one health problems. Our Auxiliary is enthusiastically attempting to con-

(Continued on Page 13)



(Continued from Page 11)

tinue and develop the programs initiated in our State in an endeavor to share in the responsibility of this tremendous problem.

One specific program which the Auxiliary is sponsoring this year in the field of Community Mental Health Education is the "Milestones for Marriage" pamphlets which have been introduced in every high school in the County, and are now available to each senior class in the sixteen high schools. This is a series of nine pamphlets, one for each month during the school year, (approved by the A.M.A. and highly recommended), aimed at stimulating thought among the young people on this vital topic. They have been placed with the Family Guidance Director of each school and will be used as the basis of group discussion by students with their trained leaders. The exact plan of usage will vary according to the resources and curriculum of each high school. The Auxiliary has furnished eighty of these sets throughout the County.

This problem is simple, but basic, to an overall Community Mental Health Program, helping to break down fears and prejudices associated with mental illness. Because of the many requests made by Auxiliary members after viewing the pamphlets at the Membership Tea, extras have been purchased and are now available to members of the Auxiliary for \$1 per set. They may be obtained from any member of the Mental Health Committee—Chairman, Miriam Bondo, Margaret McBride or Sandy Rosenbladt.

RÈMEMBER! TODAY'S HEALTH WILL Make a different and welcome Christmas gift to the homes of Friends.

The Fashion Show—A Towering Success Medical School Support (A.M.E.F.)



Preceded by Beth Pratt's well-planned and effective publicity and the News Tribune cooperation, the whole event moved like clockwork from the early-morning arrival of Marjorie Nace making way for Sherman Clay's beautiful organ, from which she produced wonderful music throughout the show—to Bianca, Hazel and Jean reluctantly packing away "My Lady Fair" table decorations and the final trek homeward of weary, but happy, committee wives to focus once again on family and home neglected in the clamor and crush of creating success.



To Rhodes Department Store and Manager, Alice Humble, for the Whole Show with door prizes and Elizabeth Arden cologne; to Commentator Norma Coquelette; Advertising Manager, Jerry Hurley and the lovely, lovely models, we owe our unfailing gratitude for that breathtaking preview of excellent and timely fashions. Our thanks to Hunter Johnson of Johnson-Cox for the printed tickets; to Bert Perler for pictures taken; to Anderson Printing Company for programs; to Farley's for charming corsages and to Wellman's for a good place to meet. Our warm approval to Calvin Capener for the selections from "My Fair Lady."

Our plan to have a separate table for Mrs. McNair and other Military wives who so generously supported our show, was foiled by the very early arrival of so many guests. We sincerely hope that these wives and those of the Internes and Residents of the three hospitals will meet with us often. Thank you, Mrs. G. Batey of St. Joseph's; Mrs. Howard Bowman of Pierce County, and Mrs. Ernie Chaney of Tacoma General for phoning your groups. Western State and Veteran's Administration had a fine showing also.

May we express our appreciation to Fashion Show Chairman, Bianac Mattson; Decorations Chairman, Jeanne Vadheim; Ticket Chairman, Hazel Whitacre; Ticket Takers, Dorothy Maier and Helen Florence, and each and every committee member for the hard work and fine

(Continued on Page 15)

BULLETIN of the PIERCE COUNTY MEDICAL SOCIETY

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Usual Dosage: 1 or 2 capsules or teaspoonfuls daily. <u>Infants:</u> Not more than 1 teaspoonful daily.

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HERAGRAN' IS A SQUIDD TRADEMARK

(Continued from Page 13)



cooperation exhibited! We have not forgotten that Patsy Crabill's telephone committee spent many long hours doing promotion. Last, but not least, our sincere gratefulness to our Auxiliary members for this superb support of our Medical Schools and Edna Backup's A.M.E.F. Committee.

—Florence Duerfeldt.

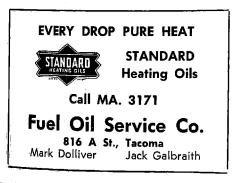
Bridge Tournament

Marj Wicks reports three groups of sixteen underway in the bridge tournament.

Tuberculosis X-Ray Survey

The goal of the Pierce County X-ray Survey is to X-ray everyone in the County six years of age and older. Students of high schools, junior high schools and college will be X-rayed at their schools. There will be five mobile X-ray units operating—Pierce County owns one and the others will be loaned by other Counties. The survey will run from November 13, 1956 through April 15, 1957, and the total cost will amount to \$59,620. This will be paid by contributions to the Christmas Seal Sale and through State and County taxes.

The Survey is asking for cooperation of club groups and individuals in making the drive 100% successful. There are three ways we can all help: 1. Work three hours at the Unit; 2. Canvass your own block to inform the people where the Unit is and to request that they have the X-ray taken; and, 3. Call people on the telephone to remind them of the Survey. At the October tea fifty-one women signed to help.



We should have our entire membership cooperating in this venture. We will not be called upon to do anything until about February. If you did not attend the Membership Tea, or did not sign at that time, won't you please call Rose Griffin at PR 8343 and offer your services? Tuberculosis is far from licked — there were 182 Pierce County residents hospitalized for this disease in 1955. Let's all help!

Safety

Helen Jarvis, chairman of the new and Special Committee on Safety, says the slogan for the year is "Heed not Speed." "Don't be caught dead sitting on your seat belt" is the word from the state chairman, Elsie Weiner. Safety in Traffic and Home necessitates that we provide safety, teach safety and practice safety.

Clinical Session of A.M.A.

Louise Bowen, Betty Maddison, Ruth Murphy and Florence Duerfeldt helped with the Clinical Session of the A.M.A.

News

The Bonicas just returned from a three-week trip to Southern California and Mexico. They report lots of lovely sunshine, but are glad to be back home again.

Hal and Kay Lueken's little girl, Nancy Sue, was born October 18th. This makes one boy and two girls for the Luekens. Congratulations!

Congratulations, too, to the Barronians. Emily had little Dianne on November 7th. She also joined a sister and a brother.

LET'S MAKE THE X-RAY SURVEY 100%. CALL PR. 8343 AND SAY YOU'LL HELP!



Membership Tea — Membership chairman, Barbara Anderson, Tea chairman, Kay Anderson and Bart Huff who opened her lovely home to us.

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H. F. SYFORD, President President DONALD M. MOORE, Vice President (In Charge of Casualty Insurance and Bonds) E. J. POLE, Secretary (In Charge of Marine Insurance) BULLETIN of the Pierce County Medical Society

HOSPITALS . . .

Veterans Administration American Lake, Washington

Dr. James A. Paulsen recently joined our Medical Staff, coming as a transfer from the Veterans Administration Hospital, Palo Alto, Calif. He received his M.D. from the University of Illinois College of Medicine, Chicago.

Another welcome member of our medical staff is Dr. Floyd S. Stancliffe, coming here from Superior, Montana, where he was Mineral County's physician and health officer. Dr. Stancliffe attended college at Omaha University, Iowa State College and the University of Chicago.

Dr. Joseph C. Tatum recently returned from attendance at the Managers' Conference held in Salt Lake City. Dr. Tatum advised that Dr. Middleton, Chief Medical Director of the Veterans Administration, complimented this hospital on its research project and also on our fine Physical Medicine and Rehabilitation department.

Dr. L. S. Diamond recently took a trip to our Central Office, Washington, D.C., to attend a conference with representatives of many of the other VA psychiatric hospitals. This conference was also attended by representatives of Public Health and other agencies. The discussion concerned a development of a joint chemotherapy research project, for the purpose of evaluating the new tranquilizing drugs.

Funds have been received at this hospital for the purpose of setting up a Research Unit to develop various projects for the purpose of better understanding psychiatric problems and treatment results. This unit is in process of being organized.

Dr. F. C. Bowers attended the conference of Admitting Physicians, San Francisco Area Office. The conference was well attended by physicians from Washington, Oregon, Nevada, Arizona and California.

Dr. R. I. Cutts particiapted in a panel discussion on "Cooperative planning for the care of psychiatric patients." This panel was held under the auspices of the Washington State League for Nursing at Spokane, Wash.

Recent additions to the Nursing Service Staff are: Mrs. Mary Griffin, a graduate of the Mt. Sinai School of Nursing in Baltimore, Maryland; Mrs. Gertrude Lynn, French Hospital in San Francisco; Mrs. Velma Sackman from Pacific Lutheran; Miss Nancy Bordman from St. Joseph's in Tacoma; and Miss Roberta Roberts from St. Joseph's in Bellingham. Both Miss Bordman and Miss Roberts had their basic training in Psychiatric Nursing at American Lake.

The Interdivisional Council in Pyschiatric and Mental Health Nursing held its November meeting at American Lake. This group is a division of the Washington State League for Nursing and is composed of all types of individuals engaged in nursing service and nursing education, as well as members of allied professions and interested citizens.

Dr. and Mrs. L. J. Seeley, Tudi Fern and Estelle Orchades, are on their way to Auckland, New Zealand. They intend touring both the North and South Islands and possibly fly to Melbourne for the Olympic Games. They will be visiting relatives and friends in New Zealand, until their return in January.

Mrs. Susan Gibson, Dietitian, retired as of October 31st, after thirty years service with the Veterans Administration, most of which were spent at American Lake. During a gathering of fellow employees she was presented with a camera and all the "fixin's." We will expect to see some good pictures if she starts traveling with all this leisure time on her hands.

Physical Medicine and Rehabilitation recently played host to the other services—honoring Richard Wallace, Corrective Therapist, who is retiring after thirty years service at American Lake VAH.

Mary Bridge Children's Hospital Bone Bank

Sometime ago the Tacoma Surgical Club requested that a Bone Bank be established in the Mary Bridge Children's Hospital for the use of all of the doctors of the Pierce County Medical Society and the hospitals, with the idea of offering as good a surgical service to the surgeons as can be obtained in any other large city. We want to indicate, definitely, that it is for the use of not only the Mary Bridge Children's Hospital and the surgeons practicing there, but for all surgeons in the city and county, and all hospitals.

The Bone Bank is to be connected with, and a part of, the surgery of this hospital. A complete modern set-up for a Bone Bank has been installed, including refrigeration and equipment.

The sources for obtaining the material for the Bone Bank will be from any surgeon who removes bone from a non-cancerous, non-tuber-

(Continued on Page 19)

17

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(Continued from Page 17)

cular patient, or from chest surgeries, urologists, orthopedists, or a D.O.A., with autopsy permit. For this we request the cooperation of the surgeons generally.

The question probably will be raised as to the loaning out of the bone mill. This may be done with the understanding that the first person calling in to reserve bone should be allowed to have it.

A service charge of \$25 will be made to cover all laboratory work and other services. This fee will include the cost of transportation of bone from other hospitals, when such procedure is necessary.

This project has been approved by the Medicay Staff of this hospital, and the Board of Directors of the hospital.

BONE BANK COMMITTEE: Dumont Staatz, M.D., Chairman George S. Kittredge, M.D., Chief of Staff

Wm. H. Goering, M.D., Chairman, Orthopedic Committee Richard Vimont, M.D., Pathologist

Saint Joseph's

Thursday, November 8, 1956 the Medical Record Librarian students from Providence Hospital in Seattle made a tour of our hospital and were guests at a luncheon served for them in the cafeteria. Sister Peter Olivaint, Director of the School, accompanied the girls and three Sisters taking the course. We always enjoy the girls and look forward each year to their trip. The Medical Record Department Staff was happy to hear from Maryann Lawless, who is attending Holy Names College in Spokane. Maryann worked with us two years on Saturdays and summer vacations. Sharon Viafore also paid us a visit last week. She is also a freshman at the U. of W. and is active in the Newman Club. We are proud of all our girls! Sharon's mother is one of our R.N.'s on Second floor.

Drs. Rohrssen and Rohner are on the Medical Service. And if anyone wants to know if they are working hard, just ask the Medical Secretary. Dr. Batey is on Pediatrics and Dr. Silver is the Obstetrician. From reports he is being kept very busy. Taking care of Surgery Service are Drs. Liewer and McKitrick. We are glad they have a lovely recreation room where

the ping pong table is given a "work-up" daily. Wednesday, October 7, 1956 Reverend Mother Mary Leandro, Superior General and Sister Clotilda, Director of Schools for the Community Schools arrived here to make their triennial visit to the hospital. The Sisters are from the Motherhouse in Pennsylvania and are visiting all the houses in the West.

From Maternity Department comes the news that Mrs. Sharon (Tower) Owens is leaving December 1st to await the stork. We are happy to announce that a baby girl was born to Mrs. Helen (Sturgeon) Bronoske on October 27th, Mrs. (Noble) Hopper a boy November 4th, Mrs. Lois (Ball) Helling a boy October 11 and Dr. and Mrs. Apa a girl October 29th. Congratulations!

New books which have been added to the Medical Library are:

The Morphology of Human Blood Cells by Diggs;

The Textbook of Endocrinology by Williams;

Peripheral Vascular Disease by Allen, Barkert and Hines;

The Recovery Room by Sadove and Cross; Neuroses in Clinical Practice by Laughlin;

Clinical Hematology 4th Edition by Wintrobe.

Good news for the Doctors. The library now has a new outlet for the "Audio Digest."

The Future Nurses' Club of Lincoln High School are helping once again taking books around to the patients. Mrs. Edward Eylander, our anesthesiologist is advisor to the group. Pat Sellers is President. Keep up the good work, girls.

The Laboratory Department is very proud of most recent purchase of three brand new microscopes. Now the technicians can see their fields with clarity never before seen in those obsolete 'scopes which have been discarded. Thank you, Sister Antonia, from all of us.

The new nurses on Second floor are: Miss Schuler from Olympia 3-11, Miss Wilson from Everett 3-11, and Miss Charleson a St. Joseph graduate. Mrs. Christianson who worked here now has a new son. They are living in Alaska. Mrs. Doane one of our R.N.'s is now working in Alaska. Mrs. Sylvester visited her daughter in Ellensburg last Monday and observed her daughter teaching first graders. It was one of the most enjoyable days she ever spent.

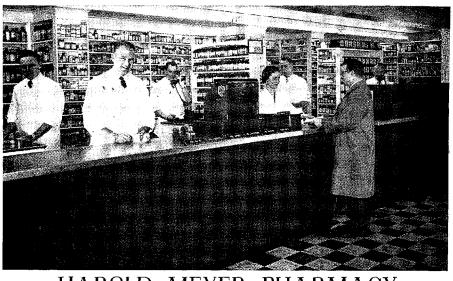
Our corridors look very bright and pretty with the new colors of aqua and yellow. The medicine room is taking on a new look slowly and surely.

Everyone must notice the lovely new begonia plant that we have in our solarium. It took ten years to grow and is almost 6 feet tall. Mr. Schwartz donated it.

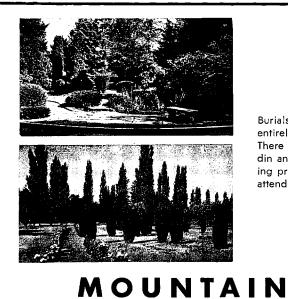
In conformity with recommendations by the National Accreditation Service we held our first fire drill last week. This is to be a monthly occurrence and is to be on a different floor each

(Continued on Page 21)

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(Continued from Page 19)

month. We plan to start on the 7-3 shift and later it will take place on the 3-11 and 11-7 shifts. On Friday, November 9th, the warning: RAINIER, SECOND FLOOR, 215 and 216, was heard over the loudspeaker system. Mrs. Nish was on the job, ably assisted by Sister Francis Edwardine, who called all the designated people: Sister Antonia, Sister Evrard, Mr. Christensen, as well as the various hospital departments.

Due to efficient planning by Sister Evelina ahead of time the drill went off without a mishap. All personnel had been carefully oriented as to their various responsibilities and a written plan was available to all. Floor plans, drawn by Miss Trudy Dieu, which highlighted fire escapes and extinguishers, were given to all personnel in the department. Since this was our first drill, we decided to have a more controlled situation than will exist later on. Aides and practical nurses who acted as patients were: Mrs. Carrie Twaites, Mrs. Isabella Eaton, Mrs. Katherine Graham and Mrs. Lorraine Sathers.

The 4 H Club of Fife, Washington "trick and treated" the patients in the department Hallowe'en Eve. Chocolate milk was served in keeping with the standards of their club as well as candy. The group read and played games and truly gave our little ones a real treat.

The girls from the Future Nurses' Club of Stadium High School can be seen in the department each week reading and feeding the patients. It's a pleasure to see these girls show such an interest in the children.

Best wishes to all our doctors and their wives and families for a very happy and blessed Christmas. May the Christ Child and His Blessed Mother reign in each home with peace and happiness is the wish and prayer of Sister Antonia and all the Sisters at St. Joseph Hospital.

Pierce County

Grace Meier of the laboratory staff became the bride of Ira McCarthy on October 26. An informal coffee hour was given in her honor in the laboratory and Grace was presented with a gift for her home.

Bob Rea of the laboratory is on vacation in Las Vegas, Nevada. He will return the latter part of November.

The David McKinnons with daughters, Helen and Linda, of Salem, Oregon, are spending the Thanksgiving week with David's mother, Helen McKinnon, Social Service.

Helen Simpson, Social Service, has just returned from a vacation sojourn with her mother and sister in Cincinatti, Ohio. Mr. and Mrs. Howard Faber (Jackie Faber, Social Service) are the proud parents of a baby girl, Peggy Ann, born the last of October.

Mrs. Gertrude Gaida of Berchtesgaden, Germany, is the guest of her daughter Doris Sigler of the secretarial department.

The Robert Turners (Janice Hopkins Turner) are in their new home in the south end and will entertain with a family Thanksgiving party.

From the housekeeping department is reported the following: Several members of the housekeeping staff of Pierce County Hospital attended a most interesting meeting of the National Executive Hospital Association on November 9 in the Public Health Hospital Nursing Home. A Board meeting was followed by an entertaining review by Mary Northrup of her trip to Rome.

Also, Herb Ray, Eleanor Bighous, Dorothy Arnold and Nelle Satter atended a benefit bingo game party of the Association held in the New Washington Hotel, Seattle. The money raised is to be used in sending a delegate to the next national congress of National Executive Housekeepers' Association to be held in Cleveland, Ohio.

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Introducing . . .



Dr. Benjamin F. Monk

Ben was born in Port Naches, Texas. After completing high school in Beaumont, Texas, and one and a half years in Lemar Junior College, he went into the Army. During the period of June, '44 to '46 he saw action in the 82nd Airborne Parachute group in England, France and Germany.

After getting out of the Army, Ben completed his pre-med work at North Texas State College at Denton, Texas. He completed Baylor Medical College in June '51 and served an Army internship at Madigan, plus an additional year in the Army. Subsequently, Ben did general practice one year in South Bend, Wash., and two months in Olympia prior to his Residency in anesthesiology with Dr. Bonica with whom he is now associated.

Ben lives in the north end with his wife, Jeri, and two children.

Ben is an enthusiastic fisherman, hunter and golfer. He is also a musician—his instrument being the violin.

November Meeting Brings Good Turnout

With two dinner-meetings now under the Society's belt, it appears as if this may be the answer to good attendance. 112 dinners were served at the November meeting and, in addition, an estimated 10 or 12 members came later to attend the business meeting, making this one of the largest turnouts for a Society meeting in a long, long time.

Once again, our thanks go to Dr. Kyle for making the arrangements, and we are most grateful to Dr. Dille for arranging the interesting and informative program.

"PATRONIZE OUR ADVERTISERS"

Introducing . .



Dr. George H. Hess

Harry hails from Chicago. After completing high school in the windy city, he went on to the University of Wisconsin getting his B.A. in '32 and his M.D. degree in '36.

After a one-year internship in Phoenix, Harry entered private practice in Bisby, Arizona. In 1953 he entered the Army and was stationed first at Camp Stoneman near Oakland, California, and, subsequently, at Fort Lewis until October '55.

In January '56, Harry started general practice in the University Place district, and has also been helping out at the M.S. Clinic.

His family consists of his wife, Adriana, and four children whose ages range from 19 to 7 years. The oldest son, John, is awaiting an appointment to the Naval Air School.

Harry's hobbies include home movies and gardening.

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Pierce County Medical Society NOMINEES-1957

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- President-Elect (Vote for one) Herman S. Judd, M.D. Philip C. Kyle, M.D.
- Vice-President (Vote for one) Charles E. Kemp, M.D. Glenn G. McBride, M.D.
- Secretary-Treasurer Arnold J. Herrmann, M.D.
- Trustees (Vote for three) Paul E. Bondo, M.D. Douglas Buttorff, M.D. Charles H. Denzler, M.D. Robert W. Florence, M.D. Kenneth H. Sturdevant, M.D. Elmer W. Wahlberg, M.D.
- Delegates (Vote for six) Douglas Buttorff, M.D. Philip Grenley, M.D. Arnold J. Herrmann, M.D. Louis P. Hoyer, Jr., M.D. Charles E. Kemp, M.D. Frank R. Maddison, M.D.
- Alternate Delegates (Vote for 6) Thomas H. Clark, M.D. Robert W. Florence, M.D. Gerald G. Geissler, M.D. Murray L. Johnson, M.D. Roderick A. Norton, M.D. Bernard N. Ootkin, M.D. Wendell G. Peterson, M.D. Louis M. Rosenbladt, M.D. William J. Rosenbladt, M.D. Frederick J. Schwind, M.D. Paul B. Smith, M.D. Wayne Zimmerman, M.D.

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The School Committee Reports . . .

In any group of school children, there are likely to be a few who, for one reason or another, are doing poorly. When such a child is discovered by his teacher, a conference is arranged with the parents. Minor difficulties may be ameliorated in this direct way. For the handling of more serious problems, the schools provide a considerable staff of professional people including a physician, nurses, counselors, psychologists, psychometrists, and speech therapists.

Last month the School Committee of the Pierce County Medical Society met with a group of school principals and counselors in a continuing effort to coordinate the activities of all those involved in the learning or behavior problems of school children.

Whether or not the problem is strictly medical, the nurse will urge the parent to consult with the family physician who, in turn, is expected to arrange for such examinations and treatments as are required to remedy a physical defect, referrals for those defects which require special attention, and such reports and recommendations to the Department of Special Services of the Public Schools as will enable them to bring the child's record up to date.

The physician is urged to utilize the school services if he feels that the child needs special attention in the fields of physical education, diet, speech therapy, psychometry or counselling.

In attempting to help a child to have a more productive school life, the key person is the parent. There will be some parents who may seem to be less interested in their children's problems than the rest of us are, but without whose cooperation no progress can be made. In any event, the parent must be instructed, advised, reassured or coaxed as needed, if our common goal is to be reached.

-School Committee

In a mountainous section, one of the inhabitants threw himself to the ground as a rifle ball whizzed past his head from behind him. Turning around, he discovered a neighbor calmly reloading his squirrel gun nearby.

"Hey, 'Lonzo, what are you shooting at me for?" he asked. "I got no quarrel with you."

"No, you ain't," answered 'Lonzo. "But you and Jubal Suggs had a feud on, didn't you?" "Sure" replied the target "hut all "

"Sure," replied the target, "but old Jubal's dead."

"Well," said 'Lonzo, "I'm executor of his estate."

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Plastic Peregrinations

It is usually stated that traveling is a broadening experience. We heartily agree. After having sat for some twelve thousand miles in 7's, 6's, 6B's, and the like, and after having sat through approximately one hundred hours of both stimulating as well as boringly repetitious scientific papers, we definitely feel broadened in more ways than one.

We started our broadening travels (to the American College of Surgeon's meeting in San Francisco, and points South) in a most delightful manner on Western Airlines. We had no more than settled ourselves comfortably aboard when we were handed a brimming glass of champagne. Several hours and at least a magnum of bubble water later, we landed in the Bay City.

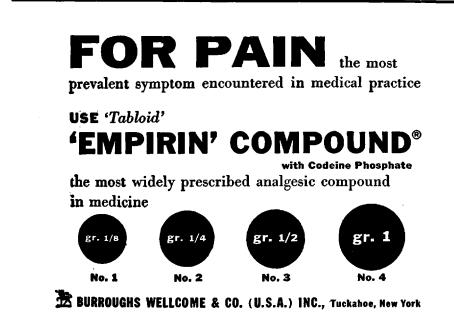
The next morning, not daring to imbibe even water, lest it remind us of our trip south, we registered at the always beautifully organized meeting of the American College of Surgeons. Thus we began our broadening in earnest. We were naturally more interested in those sessions related to our own field, although we did not neglect other facets of the meeting.

In respect to the former, most notable among the many papers presented were those confined to the subject of tissue homotransplantation. There continues to be a fabulous amount of research being carried out in this field. Prolongation of homograft take in the uremic state has been found to occur. This is perhaps due to the effect of kidney disease on the iso-agglutinin response—perhaps related in some degree to the similar effect of agammaglobulinemia on graft take. It broadens an already interesting phase of homotransplantation.

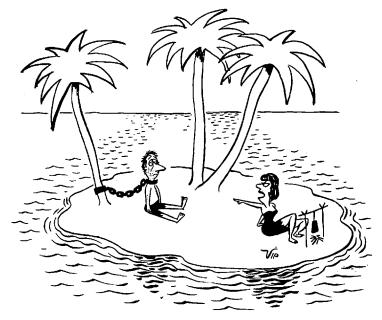
Individual tissue specificity in experimental animals has been modified by the interchange of blood between host and recipient. Thus the survival of the transplant has been made permanent in the experimental chick, whereas it has been prolonged considerably in the mammal. We firmly believe that some of our most revolutionary discoveries in experimental medicine in the near future will appear in the field of tissue homotransplantation.

An excellent article was presented by the Plastic service of the University of Kansas on differential staining of the parotid gland. They inject methylene blue dye into the duct system of the gland. This produced a beautiful differentiation of gland tissue from nerve structure, thereby allowing for a faster and cleaner dissection of the gland from around the

(Continued on Page 33)



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(Continued from Page 29)

latter structures. At the same time, tumor tissue is also so well demarcated that its complete removal is enhanced.

A truly stimulating portion of the meeting was a series of concise resumes of the recent advances in the various specialties. These were presented by so-called, alleged (shades of Dr. Quevli) authorities in their respective fields. It would appear that the chemists are coming into their own. This is doubly true in the field of endocrinology. Corticosteroids continue to be the drug of the hour. The hormones are getting a big play-particularly in the field of cancer therapy; uptake of diethylstilbesterol diphosphate increased in prostatic cancer by adding a radioactive phosphorous molecule; thirtyeight different androgens now being used for suppression of breast cancer; large doses of thyroxine as an aid in resolving thyroid carcinoma; not to mention the more potent and intrinsically more dangerous chemotherapeutic agents such as nitrogen mustard. This drug is now being administered as an adjunct to surgery in treatment of resectable lesions.

Neurosurgery, urology and plastic surgery were also covered in an erudite amnner. Surgical treatment of hydrocephalus now requires not only a neurosurgeon, but also the aid of a plumbing engineer should prove indispensable. They are now shunting C.S. fluid from the lateral ventricle to the right auricle of the heart by way of a valved polyethylene tube. In urology a newly developed renal function test utilizing I^{131} and a sensitive scintillator provides an extremely accurate technique for determining kidney function. This can be applied to the kidneys independently of each other. The use of macerated skin in the coverage of extensive burns is being advocated. This is carried out in a Waring blender. I'll continue to use mine exclusively for whiskey sours.

Tacoma was much in evidence. It seemed that practically all of Tacoma's "slice and parry" boys were in attendance, Drs. Vadheim, Haley, Niethammer, and S. Herrmann, to mention a few.

By the last day we became acutely aware of the fact that Millinery Row, etc., was seeing too much of my wife; so, before we were forced into bankruptcy, we grabbed the next plane south. We wended our way to the American Society of Plastic Surgery meeting in Miami, Florida, by way of Mexico City. We spent a short and enjoyable five-day stopover in this mile-high capital of Mexico. We always enjoy seeing our foreign conferees. In Mario Ulloa-Gonzalez we have one of the best. His own private hospital and clinic is of exceptional quality, and his work is comparable. We were most impressed by the new University of Mexico campus and buildings. The latter are all architectural works of art-entire walls of mosaic murals covering a building several stories in height. Great masses of opaque win-

(Continued on Page 35)

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(Continued from Page 33)

dows cut out of solid pearl-colored onyx. Truly a fabulous display. They claim an eventual student body of two hundred thousand. Stretching a point, I'd say. My wife's frequent visits to the various and sundry merchants forced another hasy withdrawal toward Miami, where we landed after a pleasant seven-hour flight.

Miami was hot and humid, so finding that our accommodations were well air conditioned was quite welcome. The subsequent five days of the Plastic meeting were informative, as well as intermingled with periods devoted to satistying one's thirst-orange juice, you know! A couple of days were devoted to two-hour study periods, the first hour of which was used by an authority on a given topic, while the second hour was used for round table discussion of the topic. These were perhaps the most productive sessions that I have had the pleasure of attending. They included almost all phases of our specialty-from hand reconstruction to cosmetic surgery; from cleft lips and palates to the various modes of skin transplantation. Certainly exceedingly stimulating!

Most outstanding of the scientific papers dealt with surgery of the hand, particularly along the line of thumb reconstruction by utilization of the fourth finger. Another excelleft paper concerned resection of the female breast for severe cystic mastitis with preservation of the breast symmetry and contour. This was a very ingenius procedure in which the gland is removed and the breast reconstructed by use of local skin and fat flaps. Postoperarively, a real whistle-inspiring end-result is produced. There were many other excellent presentations, but time is too short to mention them all.

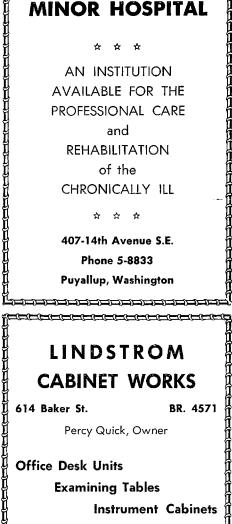
We said goodbye to Miami reluctantly, as we headed north into colder climes. Becky's mother passed away in the spring, so we sopped off in Maryland for a few days. While supwaded through the accumulated flotsam of many years, I visited a few old medical cronies in Baltimore. We arrived home some twentyone days after our departure, definitely aware of taxels broadening influence, definitely poorer wa good many pesos, and, we hope, definitely

-E. E. Banfield, M.D.

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were all grieved to learn of Dr. Muir's stand are hoping for his recovery.

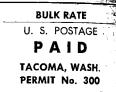
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STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.-6:30 p.m. STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—at 6:15 p.m. TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month—6 p.m. at Tacoma Club SURGICAL SOCIETY Third Tuesday of each month-6:30 p.m. at Tacoma Club STAFF OF PIERCE COUNTY Last Monday of each month—6:15 p.m. PIERCE COUNTY MEDICAL SOCIETY Second Tuesday of the Month—8:15 p.m. STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.—12:15 p.m. STAFF OF MEDICAL ARTS HOSPITAL Third Friday of March, June, Sept. and Dec.—7:15 a.m. at Scotty's Safe