

The BULLETIN

Vol. IX

February, 1939

No. 2

SOCIETY — OFFICIAL PUBLICATION . . .



PROGRAMS



MEDICAL ARTS BUILDING

8 P. M.

February 14

- Acne VulgarisS. E. Light, M. D.
- Spinal Anesthesia.....John W. Gullikson, M. D.
- Film depicting scientific exhibits shown at the 1938 meet-
ing of the State Medical Association

February 28

- Case ReportChris C. Reynolds, M. D.
- Neurosis and Its Relationship to Internal Medicine.....
.....Christen Quevli, M. D.
- Metrazol Therapy—Its Scope and Application in
Medical Practice.....A. W. Hackfield, M. D., Seattle

Auditorium Telephone BRoadway 3166

Tacoma, Washington

Pierce County Medical Society

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The announcement by the State Medical Association of the plan for hospital insurance in this State was very timely. Coming as it did at the opening of the session of the State Legislature, it made a very favorable impression upon the members of that body. It made them realize that the doctors of the State were well aware of the agitation for some change in the methods of rendering medical service, and that they were willing to adopt sensible plans to meet the wishes of the public.

Such action shows the people that the medical profession is prepared to regulate its practice and to clean its own house, and tends to nullify the efforts of those who wish to adopt compulsory schemes for the socialization of medical practice.

THE "SMEAR" TECHNIQUE

Most people, including the majority of physicians, were surprised, if not shocked, when a Grand Jury, convened at Washington, D. C., throughout a 9-weeks "sitting," returned December 20, a true bill against the American Medical Association and two among the hundreds of its component county, district or state medical societies, declaring guilt in conspiracy in restraint of trade. Hundreds of the medical societies just referred to have been in existence throughout the United States for from 50 to 150 years. Throughout that period apparently many otherwise alert citizens may not have been aware of the fact that county medical societies constantly exercise selection in the admittance of members as well as some disciplinary control over the professional ethics of the membership.

Nothing has been heard, however, of allegation against the American Bar As-

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WOMAN'S AUXILIARY

To PIERCE COUNTY MEDICAL SOCIETY

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JANUARY MEETING

Mrs. R. E. Ahlquist, of Spokane, State Auxiliary President, was guest of honor at the January meeting of the Auxiliary at a luncheon at the Walker. A large number of members were present and were seated at long tables centered with daffodils and freezias.

After luncheon, Mrs. Ahlquist gave a very inspirational talk on Auxiliary affairs. Among other things she told of the National Board meeting of State Presidents that she had attended last fall in Chicago and brought back to our Auxiliary members many new ideas on which we can work.

FEBRUARY MEETING

Pierce County Medical Auxiliary met for a one o'clock luncheon at the Y. W. C. A. Tearoom on Thursday, February 9th. After a short legislative meeting, the auxiliary members drove out to the Lakeview Tuberculosis Sanatorium, where Dr. Ross McPhail welcomed them and took charge of their visit through the Sanatorium.

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THE "SMEAR" TECHNIQUE

(Continued from Page 2)

sociation or any of the well known labor organizations as being criminally guilty because they also use care in selecting or controlling the activities of their members under prescribed rules or ethical principles.

Persons familiar with tricks used by politicians and others may well suspect that much of the publicized criticism of the organized medical profession is intended to publicly discredit the medical profession and its factual statements against the adaptability of socialistic medicine in the United States.

In connection with these observations, it is a pleasure to quote the following brief excerpts from a recent address by Dr. Roek Sleyster, President-Elect of the American Medical Association:

"Whatever criticism may be aimed at the American Medical Association, the fact remains that the medical profession itself, voluntarily and from a sense of duty, is responsible for about everything 'social' in the practice of the healing arts today.

"We have been so engrossed in our work, however, that we have presumed that public opinion correctly evaluated these benefits and gave credit where credit was due.

"Now cleverly prepared and financed propaganda is released to depict medicine as backward, selfish, conservative and indifferent to the public need. Now we are told that we have not done enough!

"I am proud of the record we have made; I am proud of the 110,000 physicians who make up the American Medical Association. They are the men who are caring for the great masses of our people, who bring babies into the world at daybreak, who take the responsibility of human life in their hands in the operating room, who save sick children, who ease the pain of the aged and who are friend, counselor and father to their people. These are the men and women who make up the American Medical Association."

—Pittsburgh Medical Bulletin.

POST GRADUATE COURSE IN OPHTHALMOLOGY AND OTOLARYNGOLOGY

The Fourth Annual Spring Post Graduate Course in Ophthalmology and Otolaryngology will be held in Portland, Oregon, the week of April 3rd to 8th, 1939. We are proud to announce that we will be honored by the presence of two nationally noted guest teachers for the full week. They are Dr. John J. Shea of Memphis, and Dr. Webb W. Weeks of New York. This course is sponsored jointly by the University of Oregon Medical School and the Oregon Academy of Ophthalmology and Otolaryngology. The program is a diversified one: mornings are devoted to didactic lectures, afternoons are occupied with clinical work, and at the evening sessions there will be classes in the Department of Surgical Anatomy. Added features to this "Fourth" Course will be a course in cat's eye surgery given by Dr. Weeks, and Teaching Moving Pictures which have proven so popular at the American Academy meetings.

The Preliminary Programs will be ready about March 1st. These, and additional information can be secured by writing to Paul Bailey, sec'y, 929 Medical Dental Building, Portland, Oregon.

HERPES

The patient seemed like one bewitched
He rolled and squirmed and tossed and
pitched

He groaned and grunted, scratched and
itched

With Herpes.

"How do you feel?" said the kindly nurse
"By the horns of the devil, I couldn't
feel worse"

And topped it off, with a lusty curse
About Herpes.

His disposition was worse than mean
His words were profane and at times
obscene

But you couldn't expect him to feel serene
With Herpes.

Perhaps this may explain Stalin
Little Herr Hitler and Mussolin'
John L. Lewis and William Green.
It's Herpes.

—Bulletin of the Summit Co.
Medical Society, Akron, O.

LIBRARY

HOURS 11:00 A. M. TO 3:30 P. M.

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BLANCHE L. DeWITT, Librarian

Selections From Recent Periodicals**Pediatrics**

Whooping cough, L. W. Sauer; Journal of the American Medical Association 112:304-309, January 28, 1939.

Endocrine manifestations in Juvenile Diabetes, Priscilla White; Archives of Internal Medicine 63:39-53, February, 1939.

The treatment of the common cold in infants and children, R. L. J. Kennedy; Minnesota Medicine 22:1-4, January, 1939

Urology

Dermoid cysts of the bladder, A. Lidzki; Annals of Surgery 109:274-276, February, 1939.

Early phases of prostatic hyperplasia, C. L. Deming; Surgery, Gynecology & Obstetrics 68:155-160, February, 1939.

Tuberculosis of the bladder, L. F. Milliken; Pennsylvania Medical Journal 42:392-394, January, 1939.

Internal Medicine

The differential diagnosis and treatment of anemias, E. E. Osgood; Texas State Journal of Medicine 34:591-594, January, 1939.

Hodgkins disease and allied disorders, Henry Jackson, Jr.; New England Journal of Medicine 220:26-30, January 5, 1939.

Indications and contraindications for medical management of gallbladder disease, W. H. Nadler; Medical Clinics of North America 23:43-54, January, 1939.

Obstetrics

Management of the third and fourth stages of labor, Morriss Leff; Surgery, Gynecology & Obstetrics 68:224-229, February, 1939.

Indications for Cesarean section, Ross Mitchell; Canadian Medical Association Journal 39:527-531, December, 1938.

Breech presentations and prophylactic external cephalic version, I. A. Siegel and H. B. McNally; American Journal of Obstetrics & Gynecology 37:86-93, January, 1939.

Eye, Ear, Nose & Throat

Foreign bodies in the cornea, W. T. Wenner; Minnesota Medicine 22:28-31, January, 1939.

Squint, J. P. Boley; Canadian Medical Association Journal 39:560-564, December, 1938.

Carcinoma of the larynx, S. J. Crowe; Annals of Otolaryngology & Rhinology 47:875-890, December, 1938.

General Surgery

Repair of hernia with plantaris tendon grafts, Robin Pilcher; Archives of Surgery 38:16-23, January, 1939.

The use of Vitamin B in the pre-operative preparation of the hyperthyroid patient, W. D. Frazier; Surgery 4: 680-686, November, 1938.

Important steps in aseptic intestinal anastomosis, F. K. Collins; Annals of Surgery 108:1022-1028, December, 1938.

Orthopedics

The stiff elbow, A. B. Gill; Surgical Clinics of North America 18:1663-1669, December, 1938.

Low back pain and sciatica due to protrusion of intravertebral discs, J. I. Kendrick and A. T. Bunts; Cleveland Clinic Quarterly 5:228-235, October, 1938.

Leucopenic index in relation to chronic arthritis, R. A. Hicks; Southwestern Medicine 22:480-483, December, 1938.

Iron Lung Now Available For Pierce County Through American Red Cross

The Tacoma Lodge, No. 174, of the Benevolent and Protective Order of Elks recently secured one Drinker-Collins Respirator. The Elks Lodge, after due consideration of all facilities, tendered the Respirator to the Pierce County Chapter, American Red Cross.

The local Red Cross, through its office located at 510 Pacific Savings Building, Tacoma, now has full title and charge of the Respirator, and said title was accepted with the understanding that its operation and administration be under a Committee of five doctors, chaired by Dr. C. G. Trimble.

The Red Cross Respirator Committee recently appointed is as follows:

Dr. C. G. Trimble, chairman, representing the Pierce County Red Cross.

Dr. W. B. Penney, representing the Tacoma B. P. O. E., No. 174.

Dr. Burton A. Brown, representing the Pierce County Hospital.

Dr. Lawrence McNerthey, representing St. Joseph's Hospital.

Dr. Jesse Read, representing Tacoma General Hospital.

The duties of this Committee shall include the outlining of all policies necessary in the maintenance and operation of the Respirator and shall also devise a

plan for the instruction in its use to the staff of each facility in Tacoma. The Committee recently met and have set forth the following rules governing the use of the Respirator:

Housing—The Respirator shall be rotated in the hospitals of the city for instruction purposes for a period of not to exceed 90 days in each year for each hospital. Hospitals desirous of taking advantage of this offer may do so by making application to the Committee. It is hoped that each hospital takes this opportunity to familiarize its staff with the Respirator's operation.

Maintenance—The equipment shall be inspected every thirty days by one member of the Committee and the engineering staff of the hospital in which it is located. This inspection shall include the motor, bellows, rubber collars, packing, etc., and if any part is found defective it shall be repaired at once or if any parts have to be replaced, same shall be done immediately. The expense of repairs or replacements shall be borne by the Red Cross, providing, however, they have given their approval of the expense to be incurred.

Availability—The equipment will be held in readiness at all times in one of the local hospitals. It may, however, be transferred to any other hospital upon

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Henry C. Black, Battle Creek, Mich.

Read before the annual meeting of the Michigan State Medical Society, Detroit, September 19, 1938. Reprinted from the Journal of the Michigan State Medical Society.

The first impression a patient receives is most important, and much can be done by the receptionist or secretary to make the impression a favorable one. Patients coming into the office are ill and uncomfortable and should be greeted by someone immediately, told whether the doctor is in, and how long it will be necessary to wait. They should be made to feel at home, put at ease and their time conserved as much as possible. The ability on the part of a receptionist to anticipate and answer their questions in a business-like yet sympathetic manner lends an air of competency and reassurance which has far-reaching results.

Often visitors to the office need not necessarily see the doctor at all, if payments are to be made on their account, or appointments are desired, in which case there should be no waiting. It is the duty of the receptionist to determine diplomatically the reason for the visit and dispose of the purely business calls with dispatch. Due to the comparatively short time the doctor is able to spend in the office, that time as well as the time of his patients should be conserved.

Some of the doctor's success in getting and holding his patients depends upon the manner in which the telephone is answered. There have been cases where a patient calling for the doctor is merely told "The doctor is not in," whereupon he hangs up and may or may not ever call again. How much better to have said "Dr. Blank is out just now but I think I can reach him. Is it anything

urgent?" A continuation of the conversation very likely would arrange for an appointment, or at least a satisfied feeling on the part of the patient, even though it was necessary to wait some time for the doctor.

The basic principle underlying the success of the private practitioner is that personal and confidential relationship between doctor and patient, and the competent secretary may be of great assistance in that relationship. Patients like to feel that they hold the doctor's special interest, that they are not just average cases, like Mr. Jones or Mrs. Smith, but particular patients deserving of particular attention. The secretary or receptionist may often help to satisfy this desire and it is a simple matter to make them feel that everything is being done to make them feel at home, take care of them promptly and see that they get the special service they feel they deserve.

It is often difficult to pick out from the many callers those who must see the doctor professionally, those salesmen and detail men whom the doctor frequently needs to see, and those who will only take up the doctor's time unnecessarily. Regardless of the reason for the call, all visitors should be treated courteously, whether patients or not, and if arrangements cannot be made to see the doctor at least they should be told so courteously and sent away happy.

Then there is the situation which very often arises when an emergency makes it

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OBSTETRICAL DEFINITIONS

(Formulated by The American Public Health Association and Endorsed by The Committee on Neonatal Morbidity and Mortality of The American Pediatric Society.)

1. Complete birth. A birth is complete the very instant of complete separation of the body of the infant from the body of its mother (regardless of whether or not the cord is cut, or the placenta detached.)

2. Live birth. An infant exhibiting life after a "complete birth." The three evidences of life are: (a) breathing, (b) heart action or (c) movements of a voluntary muscle.

3. Still birth. An infant which does not exhibit evidence of life after a "complete birth": (no breathing, no heart action or no movement of a voluntary muscle).

4. Abortion. Any product of conception less than 28 weeks duration, measuring 35 cm. or less, and weighing less than 1,500 grams (3 1/4 lbs.)

5. Premature infant. An infant with a birth weight of 2,500 grams (5 1/2 lb.) or less, with a "crown-heel" length of 47 cm. or less and a gestation of 37 weeks or less: the birth weight being the most important factor.

6. Neonatal period. The first 30 days of the infant's life. It is during these first 30 days that the mortality of all infant deaths under one year is the greatest (67 per cent). The usual causes, usually preventable, are pre-maturity, birth injuries and sepsis.



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**MINUTES OF REGULAR MEETING
OF PIERCE COUNTY MEDICAL
SOCIETY**

January 10, 1939

The regular meeting of the Pierce County Medical Society was held on January 10, 1939 at the Hotel Winthrop as a banquet in honor of Dr. W. B. Penney, who is retiring from the position of secretary after completing over twenty years of service in that capacity, the last nineteen years of which were continuous. Dr. A. E. Hillis presided.

Dr. Wilmot Read outlined some of the services rendered by Dr. Penney to the county society since he was elected to membership on February 20, 1912, mentioning the facts that he had served as our delegate to the Washington State Medical Association meetings almost continuously since 1924 and as a delegate to the American Medical Association for the state in 1931, 1932 and 1935; that besides his work as secretary he was president of the Tuberculosis League of Pierce County for eight years, until he became president of the Washington Tuberculosis Association, which office he has held the last three years, in addition to being a member of the Board of Directors of the National Tuberculosis Association for the last two years; and that he is now president-elect of the Washington State Medical Association.

At this time presentation was made to Dr. Penney of a motion picture camera by the Pierce County Medical Society as a token of their appreciation of his faithful service.

Dr. J. P. Kane and Dr. E. W. Janes also spoke, emphasizing the value of Dr.

Penney's services and pledging fullest co-operation of the society to him as he looks forward to his position as president of the State Association.

Dr. Penney accepted this token in a very short response.

The application of Dr. John J. Verhalen was read and referred to the Board of Trustees.

Dr. Hillis then turned the meeting over to Dr. Frank Maddison, chairman of the Program Committee, who introduced Dr. Blair Holcomb, of Portland, who gave a very thorough and interesting paper on "The Management of the Diabetic with Protamine Zinc Insulin," stressing many practical points in increasing the effectiveness of this type of insulin. Meeting adjourned.

January 24, 1939

The regular meeting of the Pierce County Medical Society was held in the Medical Arts Building on January 24, 1939, with Dr. A. E. Hillis in the chair. Minutes of the two previous meetings were read and approved.

Dr. John J. Verhalen was elected to membership in the society.

Mrs. J. B. Robertson and Mrs. John A. Johnson spoke briefly in regard to Hygeia subscriptions and the contest.

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Dr. John F. Steele spoke of the Chamber of Commerce Public Health Contest, asking the doctors' co-operation in sending in reports.

Dr. W. H. Goering spoke regarding tickets for the President's Ball, 50 per cent of the proceeds to be used locally.

The application of Dr. Jack R. Karel was read and referred to the Trustees.

A communication from Dr. Rhodhamel in regard to the new Lay Secretary of the Washington State Medical Association was read.

The meeting was then turned over to Dr. Charles Pascoe, chairman of a scientific program prepared by the Tacoma Surgical Club. Dr. S. M. MacLean presented reports of two patients with advanced obstructing carcinoma of the rectum treated with electrocoagulation. The paper was discussed by Dr. S. F. Hermann. Dr. Leo Hunt reviewed four interesting articles from the recent literature. Dr. Will McCreery gave an interesting paper on "Observations on Anesthesia," reviewing the stages of anesthesia, explaining the rationale and use of preoperative medication, comparing various anesthetic agents and stressing the value of the newer ones.

Meeting adjourned.

SPECIAL MEETING

January 31, 1939

A special meeting of the Pierce County Medical Society was held in the Medical Arts Building on January 31, 1939, with Dr. A. E. Hillis in the chair.

Dr. L. A. Hopkins gave a short report of the activities of the Legislative Committee.

Drs. F. L. Scheyer, S. M. MacLean and C. F. Engels spoke on S. B. 117 and Dr. W. B. Penney of S. B. 159.

Dr. H. J. Whitaere made a statement relative to the County Hospital, outlining some of the legislative needs of the hospital.

Dr. B. A. Brown outlined the difficulties and requirements to make the hospital effective.

It was moved and carried that Dr. Brown be extended a vote of thanks for his faithful service at the hospital.

The newspaper report of Representative Rosellini's bill amending the 1931 law as to a lay board of trustees was read and it was moved and carried that the society recommend endorsement of this amendment to our legislators.

The extent of financial help that should be asked for from the Legislature was thoroughly discussed. It was moved and carried that the legislators be recommended to apply for as much appropriation as is possible for this purpose.

In view of such financial aid it was moved and carried that the society go on record as recommending that the Pierce County Hospital be organized along the recognized principles of organization of charitable hospitals throughout the United States, with an administrator and organized rotating staff.

Dr. Hopkins suggested that individual members write letters to the legislators regarding their views.

Meeting adjourned.

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(Continued from Page 6)

request of the physician in charge of the case, but whenever such a situation arises, at least one member of the Committee must be called to assist in getting the equipment, thereby assuring that the Respirator is functioning properly. Call the Nurse's Registry, Broadway 3166, Medical Arts Building, for information regarding location and regulations governing use of Respirator.

Transportation—When it is necessary to move the equipment the Committee will arrange for its transportation to and from the hospitals free of cost to the hospital. The receiving hospital shall in turn be held responsible for the proper use and proper care of the equipment while it is in their possession. After its use by the hospital it shall be placed in perfect order before it is returned and it

shall not be returned until the equipment has received the approval of one or more members of the Committee.

Fees—There shall be no fees charged for the use of the equipment. Nursing service, food, drugs, and other expenses shall have to be borne either by the patient, the hospital, or both. For charity patients, as well as those who can only pay a small fraction of the expense, a hospitalization fund is now being established to assist with these expenses. Funds shall not be drawn from the hospitalization fund unless so recommended by the Red Cross Chapter, after having had the approval of the Committee.

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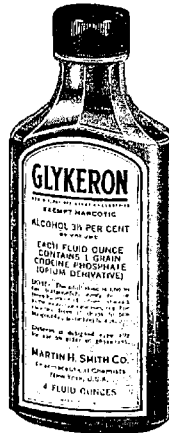
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Literature on request

MARTIN H. SMITH COMPANY · · NEW YORK

OFFICE SECRETARY'S PSYCHOLOGY WITH PATIENTS AND VISITORS

(Continued from Page 7)

necessary for the doctor to leave during office hours. In this case the patients in the waiting room should be informed of the situation, with proper explanation, and not left ignorant of the fact that possibly an hour or two hours will elapse before they can be seen. Their time is just as valuable to them as the doctor's is to him, and if properly advised they may possibly utilize the time to good advantage elsewhere and come back at a more appropriate time. At least, they will be much less apt to feel that they are unfairly treated.

When patients call in for appointments and are prompt in keeping them they highly resent having to wait because others who possibly arrived earlier but without appointment are taken in ahead of them. It is one of the duties of the doctor's assistant to make workable appointments, and then to allow nothing but the extreme exception to prevent these appointments from being kept. There is no place for favoritism in the order of taking care of patients without appointments, and the rule must be, in such cases, strictly "First come, first served."

I have seen offices where certain select friends had access to the office through a back door, supposedly without the knowledge of other patients awaiting their turn in the waiting room. This frequently breaks up the continuity as well as the efficiency of the office and should in most cases be discouraged.

An example of the benefits of correct psychological approach to common everyday situations may be demonstrated in the conversation incident to accepting payments on accounts. All of you have had patients stop at your desk, throw down a dollar bill and say, "I'll be in

again in a couple of weeks," a remark intended as just a casual comment indicating further payment if and when convenient. The really clever office assistant will turn this situation into a definite promise to pay in some such manner as this, and without ever asking for it. She will say "All right, Mr. Smith. I'll note that on your account. Let's see, that will be the 4th of October. (Noting it down.) Thank you very much indeed, and we'll look for you then." The result is that the patient has been courteously impressed with HIS OWN arrangement in so definite a manner that a letter can be sent him a few days later if the promise is unfulfilled.

Speaking of letters, the psychological importance of correspondence to patients can not be overlooked, and although the question of collection procedures is to be discussed by another speaker, let it be said here that the way letters are written to patients who are slow in paying their accounts can affect not only the cash receipts from the letters themselves but the good will and the success of the practice. Again, the personal relationship of the doctor and patient is the basis on which the successful correspondence depends.

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Fourteen students entered the School of Nursing on February 7th.

A very interesting summary of the obstetrical services for the year 1938 was presented at the February Clinical-Pathological Conference.

Doctor: "I don't like to mention it, but that check you gave me came back."

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—H. D. in The Bulletin of the Academy of Medicine of Cleveland.

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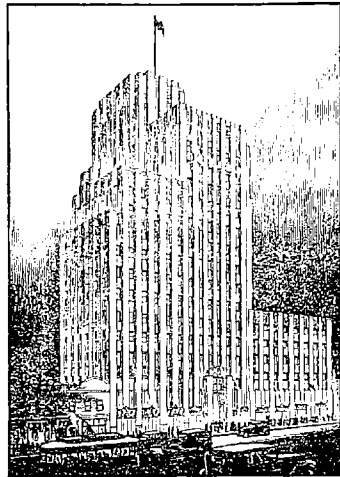
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Tacoma General Hospital

Clinical Pathological Conference—
March 7, 8 p. m.
 Combined Clinics.....
Feb. 16, 23, March 2, 9:30 a. m.
 Orthopedic Clinic.....March 9, 9:00 a. m.

St. Joseph's Hospital

Clinical Meeting.....March 6, 8:00 p. m.
 Pathological Conference.....
March 3, 9:30 a. m.

County Hospital

Staff Meeting.....Feb. 24, 12:00 noon
 Clinical Pathological Conferences—
Feb. 16, 23, March 2, 4:00 p. m.

COMMUNICABLE DISEASES

December, 1938

Whooping cough	28
Mumps	5
Scarlet fever	12
Chickenpox	25
German Measles	1
Erysipelas	1
Tuberculosis	7

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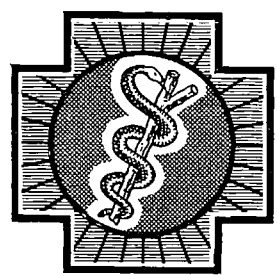
The BULLETIN

Vol. IX

March, 1939

No. 3

SOCIETY — OFFICIAL PUBLICATION . . .



PROGRAMS



CRYSTAL BALLROOM — HOTEL WINTHROP

7 P. M.

March 14

Banquet — Auspices of Woman's Auxiliary to Pierce County Medical Society.

It is suggested that you get formal announcement of program from the ladies.

Reservations may be made with Mrs. C. V. Lundvick, MAin 7907.

MEDICAL ARTS BUILDING

8 P. M.

March 28

Cholangiography.....Bernard D. Harrington, M. D.
Roentgenologist, Tacoma General Hospital

Regional Ileitis.....A. Macrae Smith, M. D., Bellingham

Presentation of State Medical Exhibit

Lantern Slides.....Mr. Jack M. Geoffroy

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Tacoma Washington

Pierce County Medical Society

Medical Care And Poverty

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It has been definitely determined by certain of the governmental agencies that the reason some of our people are poor is because they have no money. Having no money, it follows they have poor housing, insufficient food, lack of proper clothing, and inadequate medical attention. The whole thing is now clear. It has not been emphasized, however, that the proportion of medical care they do have is higher than the proportion of those other necessities due to the philanthropic character of the physicians. If the purveyors of the other commodities were as generous, the entire problem would be ameliorated and there would then be less demand for more medical service.

The urge for expansion of medical service is doubtless due to insufficient information on the subject. Very recently the interest of the lay public press was solicited in this state to bring to the notice of the county medical societies any instance of lack of medical care. In the case of our own society some half dozen cases were brought to the society's attention—five by mail and one personally. This is not so bad for a two million population community, but upon analyzing the complaints it would seem that medical care was available but the patient did not get well—and hence complained about it.

There has been considerable discussion as to what constitutes adequate medical care. From this small experience we may assume that adequate medical care is functioning when the patient gets cured or relieved, and inadequate care exists in the presence of the opposite condition. If we accept this then there are a lot of people in all the financial brackets who fail to receive adequate medical care

since we have any number of chronic and incurable cases as well as fatalities.

The sociologic enterprises are all for spreading medical care over a broader front, accepting quantity as the index of efficiency. The medical profession on the other hand is for improving the quality. The established policy of the profession has resulted in the last twenty years in raising the efficiency of medical activities far beyond the accomplishments in those countries where compulsory health insurance prevails. With this understanding clear in mind it is no great wonder the medical profession resists the efforts made to curtail progress by those unfamiliar with the true situation.

The medical profession fully realizes its limitations in combating disease and fully appreciates further that there is no distinction between persons in different social groups in the presence of disease.

A medical truth discovered in connection with the rich patient is available for the poor to a greater extent than usually realized and vice versa. Diabetes and infantile paralysis emphasize this very well. But there are countless afflictions which yet resist the physician's best endeavors. The time is not yet ripe to release over a broad area a type of medical practice which has been shown to be definitely inadequate. Also until all human beings are cast in the same mold, like peas, it is questionable whether that time will ever arrive.

The sociologists after all merely aim for a more adequate distribution of inadequate medical service to those in the lower financial brackets. This will keep them sick and keep them poor, but it will make a lot of new jobs, and that's something!—Weekly Roster and Med. Digest, Philadelphia.



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In place of the regular meeting in March, the Medical Auxiliary are entertaining the members of the Pierce County Medical Society at dinner. This will be held at the Crystal Ballroom of the Winthrop Hotel on the evening of March 14th at 7 o'clock. An interesting program is being arranged for the evening and a large attendance is expected.

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WITH THE JOURNALS

Medical Clinics of North America for January offers a symposium on the medical management of gall bladder disease, including articles on differential diagnosis and associated conditions. Another useful article in this issue gives some practical principles on allergy in general medicine.

Alvarez contributes an interesting and practical article on "Problems of Maintaining Nutrition in Highly Food-Sensitive Persons" in the February issue of American Journal of Digestive Diseases. The author describes several foods not ordinarily found in American markets which might be used in the diet of food-sensitive persons and points out that the trouble of obtaining these foods would be well repaid by the results. He believes that research should be directed toward the problem of desensitizing foods for the benefit of individuals who cannot tolerate them in their natural state.

The importance of retinal examination in the diagnosis of toxemias of pregnancy is stressed in an article by Mussey and Mundell in the January issue of American Journal of Obstetrics and Gynecology. They cite records of such examinations in the Mayo Clinic since 1922 and give their conclusions as to the value of this procedure in determining the way in which these cases should be handled.

Surgery, Gynecology and Obstetrics presents, as is its annual custom, the proceedings of the Clinical Congress of the American College of Surgeons in its February 15th issue. These annual spe-

cial issues contain symposia on cancer, fractures, traumatic surgery, etc., and, needless to say, are of great value.

Surgical Clinics of North America devotes a large part of its February issue to a symposium on orthopedic surgery. Articles that seem particularly practical are "Treatment of Low Back Pain," by Ritter, and "Muscle Imbalance of the Foot," by Hauser.

Those who occasionally enjoy reading something that is not strictly scientific will like an article in the January issue of the British Journal of Surgery on "The Evolution and Development of Surgical Instruments," part of a series written by C. J. S. Thompson, curator of the historical collection of the Museum of the Royal College of Surgeons of England.

Cornell, Bernheim and Person have an article entitled, "The Use of Hydrochloric Acid in Certain Cases of Atrophy and Delayed Calcification in Fractured Bones," in the Journal of Bone and Joint Surgery for January. Their experience leads them to the conclusion that the addition of four to eight c. c. of a 10% solution of hydrochloric acid three times a day to a diet high in calcium and vitamins increases the absorption of calcium and furthers the calcification of bone.

A particularly fine issue of that particularly fine journal, the American Journal of Surgery, is that for February. This number is devoted to a symposium on reconstructive and plastic surgery, including articles on "Leg Lengthening,"

by Anopol; "Restoration of Motion in Fibrous Ankylosis of the Knee," by Preston, and "A New Operation for Producing Anterior or Posterior Bone Block of the Ankle," by Dilger.

"Tumors of the Hands and Feet" is the subject of a symposium in the January number of Surgery, which presents, among others, a paper on "Carcinoma of the Hands and Feet," by Mason; one on "Tumors of the Synovia, Tendons and Joint Capsules of the Hands and Feet," by Brunschwig, and another on "Tumors Primary in the Bones of the Hands and Feet," by Coley and Higginbotham.

An article which is of great interest, whether or not it proves to have presented anything of value, is "Estrogenic Hormones in Constitutional Deafness," by Mortimer, Wright, Thomson and Collip in the Canadian Medical Association Journal for January. In treating a series of patients suffering from atrophic rhinitis with estrogenic substances the authors noticed that several of them who were deaf showed an improvement in hearing. While the rationale of this improvement is obscure, the discovery led the authors to use intranasal application of estrogenic substances in cases of constitutional deafness treated in the Department of Oto-laryngology of the Montreal General Hospital since 1936, with encouraging results.

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Besides encouraging self-medication the doctor is playing directly into the hands of certain pharmaceutical manufacturers who use the physician merely as a means of pushing their products to the general public. In trade circles this is known as "creating a customer demand."

If we feel obligated to present the patient with a sample, let us not be too tired to remove the label from the bottle and substitute the full directions instead.

—Bulletin of the Berk County Medical Society.



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SO WHAT?

By W. H. Geistweit, M. D.

Well—at last we've been indicted, i. e., the A. M. A., several other societies and a bunch of doctors. To some extent it's our own fault. For every news and magazine article lauding schemes from Europe and damning the medical profession, there have been but few and scattered and feeble attempts at answer. We have literally sprayed ourselves with a barrage of facts and analyses thereof, until there is hardly a doctor but knows the answers. But there has been no co-ordinated counter propaganda informing the public of just what it all means and implies. John Smith thinks and that thought has been studiously cultivated by interested parties that the organized medical profession is opposed to giving medical care to everybody and is saying nothing but "NO" with the woman's excuse "because." The field has been well tilled and fertilized for such an attack. It may be too late now. Further discussion of the economics of medicine may possibly be ruled as contempt of court after the matter comes up for hearing.

But—don't buy your ticket for Leavenworth yet and don't let there be any crowing which may turn out to be rather premature. Indictment does not necessarily mean conviction. Grand jury proceedings and the return of an indictment merely mean that the prosecution has presented a set of data that the jury feels warrants a hearing in the courts. The defense puts on no case. No doubt everyone has noticed that only one side of the local situation was presented either at Washington or in the publicity attendant on that presentation. What the Supreme Court of the United States

will rule, of course, no one can foretell. There is some consolation if any be needed, in rulings elsewhere. A recent decision by the Supreme Court of Nebraska has been reported to the effect that the barring of a physician from a medical society and the resultant loss of hospital privileges did not constitute the loss of either civil or property rights. Read the resume in October 8th issue of the *Journal of the A. M. A.*, page 1405. In fact the license to practice medicine at all is not a right of any sort, but purely a privilege granted by the state, so the courts have ruled.

Some of the questions involved are quite fundamental. Is the practice of medicine trade or commerce? Here is a group of men as highly schooled and trained as any in the world. They are banded together through local, state and national organizations, and governed by a code of ethics. The united medical profession has brought American medicine and hospitalization up through years of self-discipline to the place where it leads the world. Now what? Is it to be denied that right of self-discipline which it has exercised for the benefit of the suffering public, and yet a labor union be granted unlimited powers in bringing about the advancement of its own members? If so, the only reason there can be is that the practice of medicine is a commodity. If the courts do finally hold that such is the case, that we are in trade and commerce, perhaps the law here in California governing fair trade practices might also have a peculiar application, sort of a rebound. (By the way, our co-op friends may have opened a Pandora's box when someone drags in the

question of "sectarian medicine." It may rear its unwelcome head. Think that through in the light of the indictment.

The issue is now clearly drawn. The highest court in the land will no doubt be called on to make the final decision. If the trials are fairly and impartially reported in the press, the public will learn a lot. The state medicine bureaucratic racket may be permanently squelched, together with a lot of other rackets. The reports in the press with the excerpts from the grand jury report seem to lay the whole subject wide open. There doesn't seem to be a single phase of state, socialized, cooperative, or any other kind of medicine that can't be given a thorough airing, unless ruled out by the use of those many technical ruses so well-known to the legal profession in the admission or rejection of damaging testimony. This is a welcome and much needed show-down. Lay on, MacDuff. Remember the Standard Oil.—Bulletin of the San Diego Co. Medical Society.

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MINUTES OF REGULAR MEETING OF PIERCE COUNTY MEDICAL SOCIETY

February 14, 1939

The regular meeting of the Pierce County Medical Society was held in the Medical Arts Building on February 14, 1939, with Dr. A. E. Hillis in the chair. Minutes of the two previous meetings were read and approved.

The first paper was by Dr. S. E. Light, who gave a very practical presentation of the treatment of acne vulgaris by the average physician, stressing that the treatment must be prolonged, usually requiring three to six months, but that 80 per cent may be benefitted by the general practitioner. The paper was discussed by Drs. Robertson, Maddison and Lundvick.

Dr. J. H. Gullikson presented a paper on "Spinal Anesthesia," based on 1932 administrations in the Northern Pacific Hospital between 1932 and 1938. He gave credit to Dr. E. R. Anderson for corroboration. The history of spinal anesthesia was reviewed and the cases presented analyzed, with the practical suggestion that the boiling of novocaine ampoules

apparently diminished the effectiveness of the drug. The paper was discussed by Drs. Mattson, Herrmann and Goering.

Dr. Jack R. Karel was elected to membership in the society.

A communication from the Woman's Auxiliary of the county society was read, inviting the members and their wives to a dinner on March 14 at the Winthrop Hotel.

The report of a suggested program for the White Shield Home was presented. It was moved and carried that the society approve.

The applications for membership of Drs. Plum, Wright and Snyder were read and referred to the trustees.

MINUTES OF REGULAR MEETING OF PIERCE COUNTY MEDICAL SOCIETY

February 28, 1939

The regular meeting of the Pierce County Medical Society was held in the Medical Arts Building on February 28, 1939, with Dr. A. E. Hillis in the chair. Minutes of the last meeting were read and approved.

Dr. W. W. Mattson gave an interesting report of the second woman patient he has had suffering from a diverticulum of the urethra and outlined treatment.

Dr. Chris Reynolds gave a rather full report of a rupture of the fallopian tube with ectopic pregnancy in a young woman suffering from tuberculosis, in whom a prior rupture was demonstrated on operation.

Dr. Christen Quevli gave a very entertaining as well as searching paper on "The Neuroses as Seen Through the Eyes of the Internist," in which he drew attention to the fact that approximately 65 per cent of the internist's practice

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deals with neuroses primarily or combined with organic or autonomic nervous system disease. He gave several interesting and practical suggestions as to treatment, reminding us that there is a greater amount of neurosis among professional men than among others and closing with the quotation "Physician, know thyself." The paper was discussed by Dr. C. C. Carlson.

The second paper of the evening was read by Dr. A. W. Hackfield, of Seattle, on "Metrazol Therapy—Its Scope and Application in Medical Practice," in which he stated that it was specific for involuntional melancholia, agitation depression and stuporous states of psychosis. Dr. Hackfield's report on this type of patient showed extremely good results and several interesting developments of treatment were reviewed. The paper was discussed by Drs. Stewart, Halvorsen, Carlson and Kane.

Drs. Wright and Plum were elected to membership in the society.

THE WASHINGTON STATE OBSTETRICAL ASSOCIATION

Saturday, April 1, 1939

MORNING SESSION—9 A. M.

Harborview Hospital
Seattle, Wash.

1. Use of Germanin in ThrombophlebitisDr. McKinney
2. Every-day Nursery Problems.....
.....Dr. Ray Somers
3. Care of Prematures.....Dr. Fred Joy
4. Ovarian Cysts Complicating PregnancyDr. Helwig
5. Mycotic Infections of the Vagina During PregnancyDr. Rollins
6. Midline Episiotomy.....Dr. Brookbank

7. Rectal Examinations to Determine Time of Induction of Labor.....
.....Dr. Robert Stewart
 8. Inversion of Uterus.....Dr. Plant
 9. Treatment of Endocervicitis and Post Partum Cervix.....Dr. Knudtson
 10. An Evaluation of the Ogino-Knaus Rhythm Theory.....Dr. Roger Stewart
- Demonstrations on Patients in Labor (interspersed with above).
- Summary of Morning Session..Dr. Mathieu

AFTERNOON SESSION—1:30 P. M.

(Round Table Discussions)
Harborview Hospital

1. Diagnosis of Ectopic PregnancyDr. Mathieu
2. Infections of the Urinary Tract During Pregnancy
.....Introduced by Dr. Rotton
3. Use of Endocrine Products in Obstetrics.....Introduced by Dr. Thorp
4. Caesarean Section. Moving Pictures: "Classical Caesarean Section," "Latzko Section".....
Introduced by Dr. Gordon Thompson

EVENING MEETING—6:30 P. M.

Dinner at Sorrento Hotel

1. Hydatid Mole and ChorionepitheliomaDr. Mathieu

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TACOMA INTERNISTS' SOCIETY

Tacoma Club, 6:15 P. M., March 21

- Diseases and abnormalities of the small bowel.....W. E. Lewis, M. D.
- The appendix.....L. S. Baskin, M. D.
- G. A. Moosey, M. D.
- L. A. Hopkins, M. D.

THE BRIDGE BUILDER

Will Allen Dromgoole

An old man going a lone highway
 Came in the evening cold and grey
 To a chasm vast and deep and wide.
 The old man crossed in the twilight dim,
 The sullen stream had no fears for him,
 But he stopped when safe on the other
 side
 And built a bridge to span the tide.

"Old man," said a fellow pilgrim near,
 "You're wasting your strength with
 building here;

Your journey will end with the ending
 day,
 You never again will pass this way,
 You've crossed the chasm deep and wide,
 Why build you this bridge at evening
 tide?"

The builder lifted his old grey head.
 "Good friend, in the path I have come,"
 he said
 "There followeth after me today
 A youth whose feet must pass this way.
 This chasm which has been as naught to
 me
 To that fair haired youth might a pitfall
 be,
 He too must cross in the twilight dim,
 Good friend, I am building the bridge
 for him."

Jones: "I hear your wife is in the
 hospital."
 Smith: "Yes, she has quinsy."
 Jones: "Gosh, how many does that
 make for you now?"

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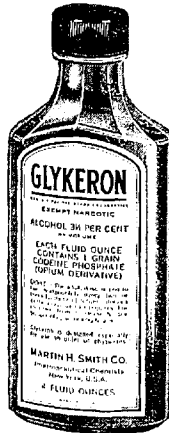
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MEDICAL NEWS AND THE NEWSPAPERS

In the last few years the reports of medical meetings and of medical advances have been receiving more accurate treatment in the more prominent newspapers of the country, but few medical men have realized that this was brought about through an organization of medical writers known as the National Association of Science Writers. This has been mentioned in this column before but it now takes added significance from the joint meeting with the trustees of the A. M. A. held in Chicago, October 30, at which the A. M. A. was host. The personnel of this assembly was very impressive and included representatives from all the newspapers and medical publicity bureaus as well as from the several science publications.

The speakers representing the attitude of the medical profession emphasized the greater need of caution and care in the presentation of medical news to the lay public. They deplored the attitude of some newspapers and newspaper men giving space to unauthenticated claims for new remedies and drugs, thereby raising false hopes, endangering lives and even causing avoidable deaths.

The newspaper men pointed to the great progress made in recent years in the reporting of medical news in American newspapers and called for cooperation by the medical profession in making available first-hand sources of medical news to properly qualified writers.

Admitting the necessity for a time lag between medical discovery in the labora-

tory and its clinical application to human patients, some of the news writers expressed the belief that this delay might be considerably reduced through stimulation of interest in research through the press.

Now all we need is some kind of discipline to prevent our own miracle workers from crowding their pictures and discoveries into newsprint.—Weekly Roster.

Grouchy Doctor: "Did you go to anyone else before you came to me?"

Meek Patient: "Yes, doctor, I went to a druggist."

Grouchy Doctor: "A druggist! And what idiotic advice did the darn fool give you?"

Meek Patient: "He told me to come to see you."

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The Country Society, First To Help The Profession

There is no doubt but what the medical profession in the metropolitan areas is swamped with meetings. Compared to a time not far in the past, the average physician, beyond question, is required to take an active part in professional and kindred affairs much beyond his convenience, or perhaps, even his desires. The hospital staff meetings, the meetings of specialty groups, the various committee meetings, not to mention social or sociological gatherings, tax his spare time considerably. The result is that the busy practitioner, who after all has only a definite amount of unoccupied time at his disposal, chooses those meetings that appear closest to his immediate interests.

It is unfortunate that in choosing his activities he places the medical society in secondary category when it comes to attending regular meetings. It is unfortunate, because aside from missing out on the prevailing good fellowship and fraternal contacts, he also misses the benefits of important papers read at these meetings. The practice of medicine is constantly changing, the changes extending far beyond hospital corridors. Scientific and economic progress pertaining to medical practice cannot be measured in terms of an evening, it is true, yet in order to be informed on recent developments it is highly essential that physicians place the county medical society

uppermost in the sphere of personal and professional interest. It is the County Society above every other organization that aims to protect and guide the developments of the profession. The County Society as an organization, however, is not an intangible institution; its activities depend entirely upon the individual and personal interest of the members that make up the organization. It is necessary therefore that every individual physician consider himself an integral part of his Society. The ultimate fate of medicine in this country lies, in a large measure, in the manifest interest of these members, and the only way in which these members may express this interest is through active participation in all the affairs of the Society.

Let no one be misled about the politician or the social worker having the sole and final say-so in the way in which medicine shall be practiced. In the end it is the physician himself who will be the determining factor in any system of medical care and the administration thereof. To this end it becomes obvious that the physician owes it to himself and his family to renew his interest in his county medical society, and may we suggest that the logical way to accomplish such renewal of interest is through attending the meetings of the Society.—Bulletin of the Omaha-Douglas County Medical Society.

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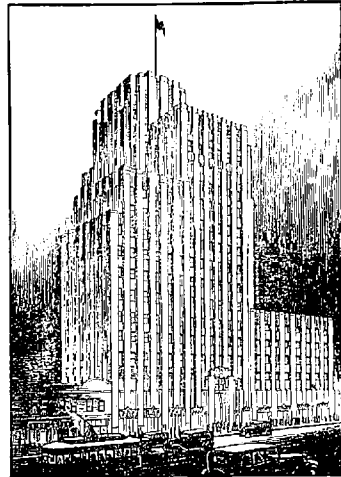
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HOSPITAL MEETINGS

Tacoma General Hospital

Clinical pathological conference—
April 4, 8 P. M.
Combined clinics.....March 16, 23, 30;
April 6, 9:30 A. M.
Orthopedic clinic.....April 13, 9 A. M.

St. Joseph's Hospital

Clinical meeting.....April 3, 8 P. M.
Pathological conference—
April 7, 9:30 A. M.

County Hospital

Staff meeting.....March 31, 12 M.
Clinical pathological conferences—
March 16, 23, 30, April 6, 4 P. M.

COMMUNICABLE DISEASES

January

Whooping cough	4
Scarlet fever	14
Measles	13
Mumps	23
Chickenpox	72
Smallpox	1
Tuberculosis	8

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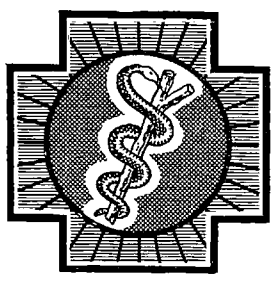
BULLETIN

SOCIETY — OFFICIAL PUBLICATION . . .

Vol. IX

April, 1939

No. 4



PROGRAMS

MEDICAL ARTS BUILDING

8 P. M.

APRIL 11

- Election of Nominating Committees
- Pathological Physiology of the Biliary Tract.....
.....Frank R. Maddison, M. D.
- PsychotherapyCarroll C. Carlson, M. D.

MOUNTAIN VIEW SANITARIUM—LAKEVIEW

8 P. M.

APRIL 25

Through the kind invitation of the Superintendent, Dr. Ross E. McPhail, we are again invited to be his guests. It is requested that you come early, so that the meeting will start promptly at eight.

- Report of Nominating Committees.
- Diagnostic Standards and Case Finding in Tuberculosis
.....John E. Nelson, M. D., Seattle
- Importance of Proper X-ray Technique in the Diagnosis
of Tuberculosis.....Frederick B. Exner, M. D., Seattle
- The Surgical Treatment of Tuberculosis.....
.....Ross E. McPhail, M. D., Lakeview

Program under auspices of Washington State
Tuberculosis Society.

The Public Health Nursing Association is cordially
invited to attend.

After the program refreshments will be served

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Pierce County Medical Society

SOCIALIZED MEDICINE IN SWEDEN

By Dr. Palmer Findley

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	V. E. Crowe

We are told that one-third of the population of the United States is suffering for the want of adequate medical care, and that "something must be done about it." While we are debating the pros and cons of this much mooted problem we would do well to look to Sweden where socialized medicine has developed to a degree that may be said to be no longer an experiment, but an established institution that seems to be working to the satisfaction of all concerned, including the medical profession, the low income group, the hospital managements, the nurses and social workers, if not the taxpayers.

Sweden is a small nation (6,500,000 population); a nation of one race, one religion. The Swedes are industrious, frugal and honest and live in peace with themselves and their neighbors. They have a small national debt, a small army with no war pensions to pay, for Sweden has not been at war for 124 years. Her holdings in public utilities and national resources are paying her a handsome profit; Sweden is today the most prosperous of nations. And because of all this Sweden is diverting her resources to industrial and cultural pursuits and on a scale that staggers the imagination. Not the least of her many social adventures is in the field of socialized medicine.

Swedish medical practice is of a high order; the hospitals are equipped and managed to meet all modern requirements. There is no lack of them even in the less populated districts. The individual pays but 10 per cent of the cost of his medical care—the taxpayers pay the

rest. Were we in Omaha to do what Sweden is doing for her disabled glass it would cost the taxpayers in the neighborhood of two million dollars a year, and this to support only her health activities, not to reckon on the many other social activities, such as cooperative housing.

Would the Swedish plan work in the United States? The Swedes say it would not, if for no other reason than politics. There is no graft in Swedish politics. Sweden has been a self-governing nation for a thousand years and she has learned to govern her affairs honestly, efficiently and economically. But her social ventures are putting a heavy burden of taxation upon her people and it may well be that she is not storing up in reserves for the days of adversity which must come to all nations—this is Sweden's problem.

—Bulletin of the Omaha-Douglas County Medical Society.

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MARCH

The dinner which the Auxiliary gave for the members of the Pierce County Medical Society proved to be a very enjoyable affair. Four long tables in the Crystal Ballroom of the Winthrop Hotel, where the dinner was held, were centered with wax tapers and a profusion of daffodils. After dinner the guests were entertained with magical tricks displayed by Garth Dickens and by a short skit, "Family Album," presented by Mrs. J. K. Gordon. Four door prizes were also awarded to the holders of the lucky numbers.

oOo

APRIL

The regular meeting of the Medical Auxiliary will be a tea on Thursday, April 13th, at 2 o'clock. Mrs. John Gullikson, president of the Auxiliary, is opening her home at 621 North 9th street for the meeting. Mrs. H. S. Argue, hospitality chairman, has named Mrs. A. W. Howe to be in charge of the tea hour

and she will be assisted by Mrs. H. G. Willard, Mrs. George Nace and Mrs. W. E. Lewis.

There will be a short business meeting, followed by a Cancer Control program, with the speaker to be announced later.

All members are especially urged to attend this important meeting.

oOo

Through the JOURNAL of the American Medical Association and through other publications, members of the Auxiliary have been informed of the recent Indictment of the American Medical Association and others by the special grand jury in the District of Columbia. A complete text of the Indictment was published in the Organization Section of the JOURNAL, December 31, 1938.

To quote from a newspaper, "News of this prosecution will stir the nation profoundly. Whatever the result of the proceedings in the courts themselves, they will serve to widen, not heal, the breach between the government and the medical profession as well as to center the attention of the public on the subject of medical, surgical and hospital costs." It is most important that all doctors' wives be prepared to discuss this Indictment intelligently. The JOURNAL of the American Medical Association of January Seventh has a most enlightening story of the Indictment and I urge all of you

(Continued on page 11)

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SOME NEW THINGS REPORTED IN THE JOURNALS

Most important, of course, is the new sulfanilamide derivative, sulfapyridine, which is giving spectacular results in pneumonia and other conditions. The library has several articles regarding this drug which were published in the *Lancet* and a few which have appeared in the medical literature in this country.

A new treatment for migraine is reported by Alvarez in the March 15 issue of the Proceedings of Staff Meetings of the Mayo Clinic. The author and his associates have had most encouraging results from the use of inhalations of pure oxygen by patients with severe and intractable migraine. Apparatus and technique are described in the article.

Wilson, of Toronto, tells of a new method of treatment of benign strictures of the bile ducts in the February 15 issue of *Surgery, Gynecology and Obstetrics*. We have not space to describe the technique, but in the words of the author "The procedure consists essentially of making a new bile channel out of the wall of the stomach but without opening it."

In the hope that others may give it further trial, Shohl and Butler, of Boston, write of the use of a mixture of citric acid and sodium citrate as an adjunct to the usual treatment of rickets in the March 23rd issue of the *New England Journal of Medicine*.

Results of experimental work with a new spasmolytic drug, trasentin, are reported in the *American Journal of Digestive Diseases* for March by Necheles,

Neuwelt, Steiner and Motel, of Chicago.

Wiehee and Krusen, of the Mayo Clinic, have an article in the March issue of the *American Journal of Surgery* entitled "A new method of joint measurement," in which they review the literature on the subject and describe a simplified instrument for joint measurement.

A new meat extract secretagogue meal is discussed in the January issue of the *American Journal of Digestive Diseases* by Upham and Spindler, of New York, who consider this meal more exact and constant than any previously reported.

RECENT SYMPOSIA

A symposium on orthopedic surgery, with an article on the treatment of low back pain, one on lesions of the intervertebral disks, one on muscle imbalance of the foot and many others, is offered in the February issue of *Surgical Clinics of North America*.

The February number of the *Journal of the Missouri State Medical Association* presents articles on syphilis, including one on ocular manifestations of the disease, one on laboratory diagnosis, one on late syphilis and several others.

A comprehensive symposium on the subject of reconstructive and plastic surgery makes up the *American Journal of Surgery* for February. It would seem that the entire field is covered in the numerous articles in this issue.

Medical Clinics of North America for March has a collection of articles on obstetrics and gynecology, which should

(Continued on page 13)

MINUTES OF REGULAR MEETING OF PIERCE COUNTY MEDICAL SOCIETY

March 28, 1939

The regular meeting of the Pierce County Medical Society was held in the auditorium in the Medical Arts Building on March 28, 1939, with Dr. A. E. Hillis in the chair. In the absence of the secretary Dr. Hillis appointed Dr. W. B. Penney Secretary Pro-Tem.

The first paper of the evening was given by Dr. Bernard Harrington, Roentgenologist of the Tacoma General Hospital. This paper gave an outline of cholangiography, its history and present value and a report of three cases in which this technic had been used. The paper was discussed by Dr. Frank Maddison.

The second paper was given by Dr. Macrae Smith, of Bellingham, and was entitled "Regional Enteritis." Dr. Smith gave a classical review of the literature up to the present time in regard to this rather rare condition and stated that while at first it was spoken of as "regional ileitis" later study and reports of cases have shown that it is really an enteritis and may involve any part or parts of the bowel. He gave a report of two cases in his own experience. The paper was discussed by Dr. Herrmann.

Mr. Jack M. Geoffroy, Executive Secretary of the Washington State Medical Association, then presented lantern slides of the pictures that were taken of the scientific exhibits at the last state meet-

ing in Bellingham. It was noted by several members that certain exhibitors such as Harrower and Spicer were represented. This created quite a little discussion and the following resolution was passed:

RESOLVED, That the Pierce County Medical Society disapprove the practice of the state association presenting in the technical exhibit at the state meeting appliances, medicines or exhibitors of articles that have been disapproved by the Council of the American Medical Association.

Mr. Geoffroy called attention of the members to the state meeting, to be held in Spokane, August 28, 29 and 30 of this year, and asked that every effort be made to have as large an attendance as possible, as the program would cover a special celebration of the fiftieth anniversary of the founding of the Washington State Medical Association.

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The last 15 years have seen a great improvement in the risk for both mother and child at and immediately after birth. Actually, the official figures available for the period in its entirety reflect only the experience of the Birth Registration States, as constituted in 1922, but since these States comprise over 72 percent of our total population, it may be assumed that their experience, as summarized in the following paragraphs, closely approximates that of the country as a whole.

In 1922 there were 64 deaths of mothers in every 10,000 deliveries; in 1936 maternal deaths had been reduced to 50 in every 10,000 births. Or, to put it in another way, in 1936 only one in every 200 women coming to confinement succumbed to the hazards of childbirth, whereas in 1922 one in 156 died in this way, an improvement of 21.9 percent.

Again, in 1922 the number of babies who were born dead averaged 379 in every 10,000 births, or one in every 26 deliveries. Fourteen years later, the number of stillbirths had fallen to 316 per 10,000 births, or one in every 32 deliveries. This is an improvement of 16.6 percent.

As regards neonatal mortality (deaths during the first month of life), the average in 1922 totaled 397 deaths of babies in every 10,000 born alive, while in 1936 the corresponding mortality was only 312 per 10,000 live births. That is to say, one in every 25 newborn babies died

of prenatal, natal, or neonatal causes in 1922, as compared with one out of 32 during the year 1936, an improvement of 21.4 percent.

If the mortality rates of 1922 had prevailed in 1936, there would have been 2,135 more deaths of mothers, 12,692 more deaths of newborn infants, and 9,736 more stillbirths in these States than actually occurred in 1936.

Assuming that the gains in the entire country have been proportional to those achieved by the Birth Registration States of 1922, the total number of lives saved in 1936, as compared with 1922, is estimated at 33,927, of which 2,949 relate to mothers, 17,530 to newborn babies, and 13,448 to infants who otherwise would not have drawn even the first breath of life. As a matter of fact, the gains up to the time of writing actually exceed the figures cited, for it is certain from provisional data that the last two years have seen even greater reduction in deaths to mother and child, although the final results for the country at large are not yet available.

At a time when this country, in common with other Western civilizations, is threatened with the problem of depopulation, this saving in human lives is particularly gratifying. Every life now saved in the childbearing process has significant bearing upon the future fate of the country.

—Statistical Bulletin, Metropolitan Life Insurance Co.

By Implication, 112,000 Physicians Stand Indicted

It has been stated that Thurman Arnold has a desire to control every county medical society in the United States. None will question Mr. Arnold's desire, but believe he is doomed to disappointment. Apparently he is not familiar with the history and deliberative methods of county medical societies; their determined refusal to be stampeded or coerced, and their demonstrated ability to combat political domination when thoroughly aroused.

The indictment of officials of the American Medical Association has, by implication, indicted every member of the A. M. A., which means every member of every county medical society in the United States, in round figures 112,000 doctors of medicine—the same physicians who have brought about a lower death rate in the United States than that of any other country; the same physicians who in one generation have increased the span of life from 40 to 60 years; the same physicians who treat thousands of hospital ward patients daily free of charge—all are pictured as common criminals.

What a distinguished achievement for Mr. Arnold! He has not indicted the advertising medical quacks. He has not thought of indicting the cultists and their diploma mills. He is not concerned with the patent medicine fakers. His job is to "break" the family physician, as well as the specialist, by prosecuting the parent body for alleged violation of the anti-monopoly laws and, if successful, force physicians to become hired agents of the government. Obviously, the scheme is to create a huge and costly medical political machine at the expense of the taxpayers and the health of the people. It should be remembered, however, that the publicity-seeking prosecutor is only a front for a well-financed and powerful non-partisan group masquerading as humanitarians that repeatedly has sought by hook or crook to disrupt organized medicine during the past quarter of a century.

The movement for compulsory health insurance in the United States was initiated in 1912 by a group of "uplifters" composed of full-time college professors with a Ph.D., degree, economists, and welfare workers striving to increase their numbers. The group was organized under the misleading name of the American Association for Labor Legislation, with headquarters at New Haven, Conn. In 1917 bills to establish health insurance were introduced in 21 State legislatures.

(Continued on page 10)

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By Implication, 112,000 Physicians Stand Indicted

(Continued from page 8)

These were almost identical with the bill introduced in the New York Legislature in 1916 by Senator Ogden L. Mills. All met defeat.

The next plan for the promotion of State Medicine was observed in 1927 when the group blossomed forth under the catchy name "Committee on the Cost of Medical Care", and with much publicity began its five-year series of so-called studies and reports. To that altruistic enterprise the Milbank Fund had contributed up to 1929 the sum of \$77,266.32 which brought handy vacation money to many a Ph.D., and social workers. Other Funds and Foundations were generous in their donations, and by January 1, 1930, the Committee had expended \$232,370.

Then, as now, magazines of national circulation carried propaganda articles derogatory to the profession, notably "Forum" for June, 1929, captioned "How Scientific Are Our Doctors" by T. Swann Harding. Nearly ten years later, or March, 1939, "Forum" again takes a slam at the medical profession under the heading "When Doctors Are Wrong" from the pen of Alvin F. Harlow. But authors and publishers should not be censured too harshly. Rather place the blame where it justly belongs—on State Medicine forces that seek to control county medical societies by attacks on the A. M. A.

The report of the Committee on the Cost of Medical Care was made public in 1932. It was about as accurate and trustworthy as the report of the 1935-'36

(Continued on page 14)

PLAINT OF AN ALLERGIC

Wheeze, Sneeze, or Itch,
It doesn't matter which;
They all can come from Allergy.
A sort of a Sensitivity,
A kind of an Idiosyncrasy,
It doesn't matter which;
It doesn't matter which.

You whiff the Pollen
And then you sneeze,
Inhale the dander,
You're sure to wheeze;
Scratch the hives
As much as you please;
It doesn't matter which;
It doesn't matter which.

Flee to Maine.
And there you freeze;
Leave the horse
For the flying trapeze;
Quit the berries;
Forsake the bees;
It doesn't matter which;
It doesn't matter which.

You lose if you do;
You lose if you fail.
Either be bored
Or continue to ail.
A victim at start
Or end of this tale.
It doesn't matter which;
It doesn't matter which.

—R. Dee.
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WOMAN'S AUXILIARY

(Continued from page 4)

that have not already done so, to read and study this issue of the JOURNAL. The State Medical Journals have also had articles on this subject, so please read your respective state Journals.

It seems to me that almost every lay magazine now carries at least one article in every issue on some phase of medical economics. I am beginning to agree with the man who said: "The three most written about and most popular subjects today are Dogs, Lincoln, and Doctors."

In the American Magazine of February there is an article by a physician, who after years of experience in country practice returns to the city. He finds much to criticise in urban medical practice, particularly the fad for specialists.

In the January thirtieth issue of "Time," Doctor Henry Ernest Sigerist, head of the History of Medicine Institute at John Hopkins, has an article in favor of Socialized Medicine. Dr. Sigerist is offering to a group of his students the first course in practical Socialized Medicine ever held in the United States. Read these articles, for I believe they will stimulate you to greater effort when you realize that doctors are writing such types of articles, and as Dr. Sigerist's experiment nears completion it will be more widely discussed.

There is a new periodical to which I should like to draw your attention. It is called "America's Future." The first article in it is written by Dr. Charles Gordon Heyd, past-president of the American Medical Association, and it is entitled "Do You Want Your Own Doctor or a Job Holder?" Dr. Heyd says: "Medicine is the reflex of the social conditions of the time and the cultural level of the people will determine their type and quality of medical service." He divides the historical development of medicine into five great epochs—Reli-

gious, Economic, Ethical and Moral, Scientific, and Social. He also analyzes the pathology of compulsory health insurance, and gives eleven reasons why it is neither practicable nor desirable. I have ordered two hundred copies of Dr. Heyd's article and shall send them to my State Legislative Chairmen as soon as I receive them.

The American Mercury Magazine of January has an article entitled "State Medicine, Navy Style." The article frankly states that the United States Naval Hospitals, staffed and maintained by the Federal Government are institutions of overwhelming indifference. The name of the naval officer who writes the article is not given, for he tries to discourage those who foresee Utopia in state medicine.

There is also a much discussed book that it would be well for us to read and understand. I refer to the book entitled "Health Insurance and Medical Care: The British Experience," by Dr. Douglas W. Orr and Mrs. Orr. This book is reviewed in the JOURNAL of the American Medical Association of December 10, 1938. In the JOURNAL of the American Medical Association of February 18, 1939, is a letter and the answer to the letter giving more details about this book. I think you will enjoy reading this review and these letters for they present many interesting facts about the practice of medicine in Great Britain as well as an exhaustive and comprehensive study of the book.

—Mrs. Arthur A. Herold, Chairman of Legislation, Woman's Auxiliary to the American Medical Association.

TACOMA GENERAL HOSPITAL

An excellent staff meeting program was given on the first Tuesday in March. Dr. Duerfeldt explained the new laboratory forms. Dr. Terry presented autopsy findings, an aberrant pancreas in case of eclampsia. Dr. Engels gave clinical history in case of right pyelonephritis of long standing, with previous removal left kidney.

Staff meeting program for April was "Epidural and Subdural Hemorrhage" by Dr. Plum, discussed by Dr. Carlson. There was a pathological demonstration by Dr. Terry.

Drs. R. S. Cunningham and C. B. Rigby demonstrated a hand dissection for Dr. H. B. Allison at meeting of Tacoma Surgical Club.

Graduation is to be on May 17th at the First Baptist Church. Thirty-nine members comprise the Class of 1939.

TACOMA INTERNISTS' SOCIETY

April 18, 6:15 p. m.—Tacoma Club

The Large Bowel.....H. J. Hards, M. D.
Constipation—W. B. Penney, M. D.; G.
M. Steele, M.D.; E. W. Janes, M.D.

Lawyer (assisting pedestrian to his feet)—"Come with me, my man. You can get damages for this."

Pedestrian—"Damn it, man, I got all the damages I want. What I need is repairs."

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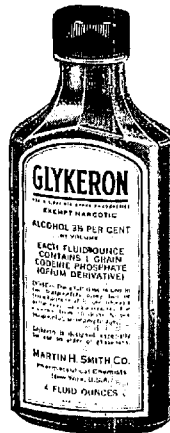
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Literature on request

**SOME NEW THINGS REPORTED
IN THE JOURNALS**

(Continued from page 5)

prove of great value to those working in these specialties as well as to the general practitioner.

Disorders of the respiratory tract are covered in a symposium presented in the March 15 issue of Medical Record.

The urologists will be interested in a comprehensive discussion of sulfanilamide in urologic conditions, published in the January issue of Journal of Urology.

A collection of articles on different aspects of otitic meningitis is contained in the January number of Laryngoscope.

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By Implication, 112,000 Physicians Stand Indicted

(Continued from page 10)

National Health survey in its notorious WPA bell-ringing canvass for chronic-illnesses. It is more than a coincidence to find several organizations and many individuals who were active in the work of the Committee on the Cost of Medical Care identified with the National Health Survey, Health Conference, and its ready-made program for State Medicine.

It is this program which forms the basis of the Wagner bill now before Congress. The bill demands approximately \$98,000,000 for the first year. The measure is extremely vague in some of its provisions, but provides vast sums for health centers, and confers extra-ordinary powers on federal and state health officers. Fortunately for the health and wel-

fare of the people, the lesson learned by the 1938 Congressional election has made Congress tax-conscious. With a presidential election in the offing the Wagner bill is not expected to get very far. Likewise Mr. Arnold's canny desire to bring county medical societies under Uncle Sam's paternal wing grow dimmer and dimmer, despite the activities of the Committee of 430 Immortals and the medical section of the Communist Party.

—Bulletin of the Medical Society of the County of Erie and Buffalo Academy of Medicine.

DANGEROUS DAN M'GROBE

A bunch of germs were hitting it up
In the bronchial saloon;
Two bugs in the edge of the larynx
Were jazzing a ragtime tune.
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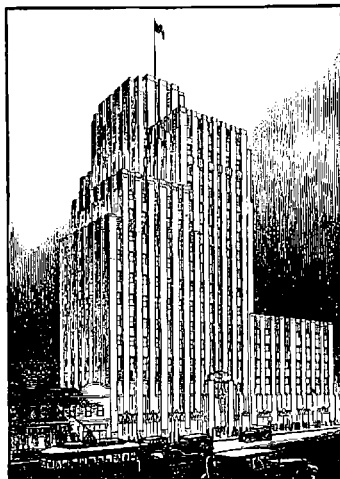
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- Clinical Pathological Conference—
 May 2, 8 P. M.
- Combined Clinics.....April 13, 20, 27,
 May 4, 9:30 A. M.
- Orthopedic ClinicApril 13, 9 A. M.

St. Joseph's Hospital

- Clinical Meeting.....May 1, 8 P. M.
- Pathological Conferences—
 May 5, 9:30 A. M.

County Hospital

- Staff Meeting.....April 28, 12 noon
- Clinical Pathological Conferences—
 April 13, 20, 27, May 4, 4 P. M.

COMMUNICABLE DISEASES

February

Measles	4
Whooping cough	2
Tuberculosis	6
Chickenpox	100
Scarlet Fever	6
Mumps	39

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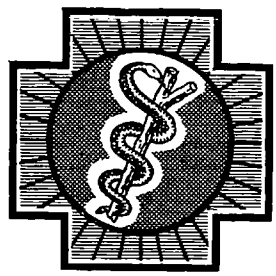
BULLETIN

SOCIETY — OFFICIAL PUBLICATION . . .

Vol. IX

May, 1939

No. 5



PROGRAMS

MEDICAL ARTS BUILDING

MAY 9—8:00 P. M.

ELECTION OF OFFICERS

Problems of Esophagoscopy and Bronchoscopy.....
.....A. W. Howe, M. D.

Extradural and Intradural Hemorrhage.....
.....F. A. Plum, M. D.

TACOMA COUNTRY & GOLF CLUB

MAY 23—6:30 P. M.

Annual Banquet.....Installation of Officers

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Tacoma, Washington

Pierce County Medical Society

EDITORIAL

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Vice President.....	W. H. Goering
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In the public opinion of today the practice of medicine is definitely on the defensive. The campaign of the well-meaning social workers, who in seeking a panacea for the ills of society have seized medicine as a fruitful field for their endeavors, combined with the economic condition in the country today has caused large numbers of people to question the methods and the aims of organized medicine.

Communists have long since advocated a state system of medicine and law as an entering wedge to break down the so-called middle classes and destroy the principle of individual effort and the abolition of private property. This movement has grown and permeated the ranks of union labor and other groups who demand state medicine without a realization of the sinister intent of the propaganda.

This antagonistic attitude toward organized medicine was intensified by the action of the Federal Government in its indictment of the A. M. A. and in our own state by the unfair preachings of some of the newspapers, particularly the Post-Intelligencer.

In the face of all this, medicine has been singularly passive and inarticulate. Exaggerated statements relating to the merits of state medicine in other countries have been allowed to go unanswered. False accusations regarding the ethics of medicine are spread abroad. Wrong opinions about the motives and conduct of the practitioners of medicine are freely given. Whole groups of our people hear and read these things and believe them, for there is nothing done to refute them.

In the recent session of the state legislature this hostility was increased by the action of certain mercenary groups

(Continued on Page 4)

Policy and Regulations Pertaining To Public Appearances of Members of The Washington State Medical Association

Compiled by the Committee on Public Relations, and Approved by the Board of Trustees of the Association, April 16, 1939.

The members of the Washington State Medical Association must embark immediately upon a vigorous speaking program. Not only must they be prepared to make public speeches whenever and wherever possible, but they must be able to give clear and concise answers to their patients and friends regarding questions of medico-political and economic significance.

General Policy

All publicity in the future should be directed toward building public confidence and respect for scientific medicine and the medical profession. This can be accomplished best by using every opportunity to present to the public that which the profession has done and is doing for it.

For the sake of information, the public is interested normally in hearing or reading a discussion of specific diseases. Medical publicity should always use this interest as a basis, but, intermixed with such discussions, the members of the Association should lose no chance to point out what medical science has done for the public in studying, treating, and preventing disease. The public knows what it wants to hear. The profession should make it a point to have it hear, as well, that which the profession wants it to hear.

Members of the Washington State Medical Association should volunteer to speak upon medical subjects before lay groups. All channels of contact through which the public can be reached in this regard should be kept open. Members should make it a point to speak before the lay organizations to which they belong or, if they prefer, suggest to the

program committee that other physicians be asked to speak. The Woman's Auxiliary should be empowered and encouraged to aid in seeking speaking engagements for the various physicians.

Each member should also prepare himself immediately to speak publicly on the subject of socialized medicine. Such speeches must not be based upon emotional reactions, but rather upon facts and convictions that can be well illustrated. Even if there is no opportunity for a public presentation, the preparation of the speech will give the member mental access to material from which he may draw in private discussions.

Regulations

1. Any member of the Association who is speaking publicly should be introduced as a representative of the Washington State Medical Association or of his local medical society. His name may be used in the introduction or announcement, but to avoid criticism, and to conform to ethical principles, the credit for his appearance, and for that which he presents, should be given to the state association or to the local society.

2. In making comments publicly, the member should be particularly careful to mention only those principles of medical science that are generally accepted by the profession, rather than give any personal opinions or impressions. This is to forestall the oft mentioned public protest that physicians are always in disagreement, and also to avoid the criticism that the speaker is advertising himself.

3. Any member filling a speaking engagement should show the courtesy of

(Continued on Page 11)

EDITORIAL

(Continued from Page 2)

who were seeking to gain special privilege through legislation.

In the Senate a doctor was about as welcome as a pole cat in a parlor and oratory berating the profession of medicine and especially the A. M. A. was listened to with appreciation.

It was fortunate that the House of Representatives presented a much different aspect. Adverse medical bills which easily passed the Senate were unable to get the approval of the House. This was due in great measure to a loyal Committee on Medicine and Dentistry and to the Rules Committee. All the members of these committees, as well as the floor leaders, deserve the thanks of the doctors of the State and are entitled to further political support.

Of our county members, medicine is indebted to Z. A. Vane, Hugh Rosellini, Paul Sandegren, Tom Montgomery, Frank Chervenka and W. G. Cameron, all of whom voted for scientific medicine and public health.

Dr. W. A. Lowman of Randle, served his first term and was a valuable member of the Committee on Medicine, Dentistry, Pure Food & Drugs and the Committee for Industrial Insurance.

The onslaught on medicine was perhaps the strongest ever made and it was only by hard work and constant vigilance that the battle was won. In two short years the battle will be renewed with increased vigor. Medicine can not hope to go victorious through future legislative sessions if we maintain our present mood of apathy. The people must know about medicine. They must have the principles of medical ethics explained to them. They must be shown the democratic organization of the A. M. A. They must be educated to the need and reason for the Basic Science Law. They must be made to realize that we do not oppose irregular and uneducated practitioners

for mercenary reasons on our part, but as a protection for the health of the public. In addition to these things, medicine must have definite plans to meet the agitation for state medicine and must be prepared to explain them to the public.

All these different questions should be set before the service clubs, labor unions, women's organizations and all other groups of people. We must meet with them and make them acquainted with our views and show them that we have their interests at heart.

This work should not be delayed and should not be short-lived or periodic. It should begin now and should continue without interruption. Medicine should also become more politically-minded. She should show her appreciation to those who have supported her in the past and should early begin the next primary campaign that suitable candidates may be placed in nomination.

There is a great deal of work to be done and two years is but a short time.

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CHILD HEALTH

While there are those who view our times with a skeptical eye and feel that there is as much greed and callousness in the world as there ever was, surely our great interest in what concerns the good of the child is a hopeful sign. Time was—and not so long ago—when children were kept in the background and expected to be “seen and not heard,” when they must wait until “second table” if there was “company” and make their meal of what their elders might leave; when Mother never doubted the prophylactic value of the asafetida bag or the therapeutic virtues of sulfur and molasses. Now, thanks to study clubs, to magazines and newspapers and to the ubiquitous radio, the average parent may have at least a fair working idea of what his child should eat and of the medical attention he should have. Surely, despite the mistakes that are being made and the futile work that is being done, the child of the future will be better prepared for life than the child of the past.

May 1, 1939, marked the thirtieth anniversary of the Child Health movement. The initial effort to make the protection of childhood a national matter was when the first White House Conference was called by President Theodore Roosevelt. Ten years later President Wilson called the second White House Conference and in 1929 President Hoover called the third.

In his address before the opening session President Hoover said: “If we could have but one generation of properly born, trained, educated and healthy children, a thousand other problems of government would vanish. From your explorations . . . will develop new methods to inspire their creative work and play, to substitute love and self-discipline for the rigors of rule, to guide their recreations into wholesome channels, to steer them past the reefs of temptation, to develop their characters and to bring them to adult age in tune with life, strong in moral fibre and prepared to play more

happily their part in the productive tasks of human society.”

Thus May Day, long observed as an outdoor play day for children, is now set apart throughout the land as a day on which special attention is called not only to the health of the child but also to his mental and moral welfare, to his protection from abuse and exploitation, and to the provision of proper recreation and the prevention of delinquency.

As an example of the attention which the medical man is giving to this matter, we list the following articles, which have appeared in the recent literature:

Relation of the physician to the child welfare program, J. D. Craig; *New York State Journal of Medicine* 38:1059-1063, August 1, 1938.

The undernourished child, R. Stahr; *Journal of the Iowa Medical Society* 28: 435-438, September, 1938.

Psychologic conditioning of children. P. G. Hamlin; *Virginia Medical Monthly* 65:605-609, October, 1938.

Caloric and protein requirements and basal metabolism of children from four to fourteen years, J. W. Maroney and J. A. Johnston; *American Journal of Diseases of Children* 54:29-46, July, 1937.

Undernutrition in children, P. S. Barba; *Medical Clinics of North America* 21:1167-1175, July, 1937.

Significant aspects of prevention of childhood tuberculosis, R. M. Tyson; *Journal of the American Medical Association* 109:753-755, September 4, 1937.

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Meeting the needs of the community in child welfare, H. E. Thelander; *American Journal of Diseases of Children* 53:1060-1070, April, 1937.

The community's obligation to the child, J. C. Morrison; *Kentucky Medical Journal* 33:390-392, August, 1935.

(Continued on Page 6)

WOMAN'S AUXILIARY

To PIERCE COUNTY MEDICAL SOCIETY

OFFICERS

President.....	Mrs. J. W. Gullikson
President-Elect.....	Mrs. D. M. Dayton
1st Vice President.....	Mrs. S. S. Jones
2nd Vice President.....	Mrs. J. H. Egan
3rd Vice President.....	Mrs. F. M. Nace
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Junior Past President.....	Mrs. J. F. Steele

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Program.....	Mrs. L. S. Baskin
Public Relations.....	Mrs. R. D. MacRae
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Legislative.....	Mrs. S. M. MacLean
Hospitality.....	Mrs. H. S. Argue
Membership.....	Mrs. D. H. Johnson
Telephone.....	Mrs. C. V. Lundvick
Radio.....	Mrs. E. F. Dodds
Cancer.....	Mrs. L. A. Hopkins
Publicity.....	Mrs. G. J. Vandenberg

The Medical Auxiliary will meet for a one o'clock luncheon at the Walker on May 11th. Election of Officers and Annual Reports of the various committees are scheduled for the business meeting, after which Dr. W. B. Penney will speak on "The Value of the Auxiliary to the Medical Society" and Mrs. D. M. Dayton will give a paper on the "Early History of the Pierce County Medical Society."

"HIMLOCK"

We've learned to give and give and give,
 We doctors' wives, self-trained to live
 Without the men who pledged to serve
 All human kind and life preserve.
 We've gone without association
 While phone and we stayed 'on location.'
 We reared the children, ran the home,
 And ate our dinners all alone,
 And did it all because we thought
 The whole world knew the good they
 wrought.

To compensate—THEY GET INDICTED!
 Love's labor lost!!! Are we excited???

—Tonics and Sedatives.

RADIO PROGRAMS

KJR—10 A. M.

May 10—"The Doctor's Workshop"
 May 17—"Healthier Babies."

LIBRARY—(Continued from Page 5)

Common sense in rearing children for life, I. S. Wile; Archives of Pediatrics 52:749-760, November, 1935.

Public health as it relates to the child, H. C. Stuart; Journal of Pediatrics 6: 839-848, June, 1935.

The pediatrician and rural child health program, J. H. M. Knox, Jr., Journal of Pediatrics 5:210-215, August, 1934.

The education of a child's body; prevention of postural deformities, R. H. Wiggins; Archives of Pediatrics 51:477-489, August, 1934.

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The Physicians & Dentists Business Bureau is pleased to report a very successful year in collections, as well as in remittances. At the present time remittances to the members are 30 days in arrears, which is an encouraging indication that our next stride should be toward keeping within 30 days, and this can be made possible with the help and cooperation of each and every member. The Bureau has not been standing still the past nine months, but has steadily and quietly forged ahead, working diligently for the good of its members.

During the past 12 months accounts assigned to the Business Bureau total \$60,664.64, which averages about \$5,000 in new business each month, which is a very good percentage. Collections made the past 12 months amount to \$29,985.14, which shows that about half of the amount assigned has been collected and remitted to the members. Every account assigned to the Business Bureau is given thorough treatment from the time it is received in this office until it is eventually paid or released, regardless of the age or the amount of the bill. Every account is thoroughly traced to determine whether the chance for collection is possible or whether the account is uncollectable at the present time or in the near future; if it is decided that the account cannot be collected at the present time, it is deferred for 30 or 60 days, according to the outlawing date. Each account is treated individually and none are forgotten. We might also add that as much time is spent on small accounts as is spent on larger amounts.

The Business Bureau maintains three collectors who are continually working on the accounts direct from the office and one who devotes part of his time tracing on outside calls around Tacoma. We also have connections with collectors who make calls on rural routes, thus giving the best possible service to each member on his accounts.

We recently made a valuable discovery as a result of our contact with the Bankruptcy Court. When an individual applies for a petition in bankruptcy, notices

are sent each creditor to that effect. He is allowed 12 months, and with special permission by the court, an additional six months is sometimes granted, in which to pay the fee and receive his discharge from the court. When he petitions for a discharge in bankruptcy a second notice is sent to each creditor, but nine times out of ten the account will then be charged to profit and loss instead of checking further to see whether a final discharge had been received by the individual. This is where the creditor is fooled. Instead of checking through the bankruptcy records, he is allowed to be cleared by the creditor without any further questioning or inquiries. If an account has become outlawed during the time it has been laying in the abeyance file in bankruptcy, and if he does not receive his final discharge absolving him from any further responsibility, the 12 months, or in some cases an additional six months, can be added to the outlawing date, sometimes keeping the account within the Statute of Limitations according to law and the account can be collected. Send the bankruptcy accounts to the Business Bureau and our experienced collectors can give you the best of service on them.

Those who are familiar with the telephone exchange service, are, without a doubt, well satisfied because of the fact that we give twenty-four-hour service at all times. During the past twelve months we have gained six new members in the telephone exchange service and we feel that this is a goodly proportion. There are still a few physicians who have never used the services rendered by the Physicians & Dentists Business Bureau, and if there are those who might be interested at the present time, a minute or two of your time would be all that is necessary to familiarize you with the functions of the Business Bureau. We are anxious to have its members 100% and are striving toward the possibility that the ties between the physicians and dentists and this Business Bureau will be strengthened, as there are untold facilities available to each member.

**MINUTES OF REGULAR MEETING
OF PIERCE COUNTY MEDICAL
SOCIETY**

April 11, 1939

The regular meeting of the Pierce County Medical Society was held in the Medical Arts Building on April 11, 1939, with Dr. A. E. Hillis in the chair. Minutes of the previous meeting were read and approved.

Mr. A. E. White presented the work of the Tacoma Chamber of Commerce and their special need at this time for increased membership and participation in the Chamber.

The first paper, on "The Normal and Pathological Physiology of the Biliary Tract," was presented by Dr. Frank Maddison, in which he discussed in detail numerous causes of gall bladder trouble. The paper was discussed by Drs. Harrington, Quevli and Whitacre.

Dr. R. A. Button, City Veterinarian, presented a motion picture film on rabies and gave interesting data on the epidemic of rabies which has continued since 1934 and has caused two human deaths, stating that the tie-up measures instituted in December have been quite successful, although the last two rabid dogs had broken loose for a few hours after becoming diseased.

Dr. Carroll C. Carlson presented a comprehensive outline of the objectives and methods of psychotherapy in patients without psychosis, showing how the psychiatrist strives to effect emotional harmony in the patient, and hinting as to how the conscientious doctor could use suggestion and reassurance even though unable to give the deep interpretive treatment. The paper was discussed by Drs. Quevli, Kane and Engels.

Nominating Committees were elected as follows:

Committee No. 1—Dr. D. M. Dayton, chairman, Dr. Jess Read, Dr. F. R. Maddison.

Committee No. 2—Dr. Carroll C. Carlson, chairman, Dr. C. F. Engels, Dr. W. H. Goering.

Dr. L. A. Hopkins made brief reference to the newly-formed Public Relations Committee of the State Association.

Dr. G. H. Smith reported the results of a survey on immunization which revealed in all the school districts 46% diphtheria immunization and 57% smallpox in children nine years or younger, but that an immunization below 20% existed in the school districts of Arlington, Edison, Sheridan and Central. He asked the society to approve immunization clinics in these four districts. The question was discussed by Drs. Dayton, Whitacre, Penney, Denzler, Gregg, Buis, Murphy and Bowles. Motion to give this approval, but amended to include all school districts, failed to carry.

Adjournment.

APRIL 25, 1939

The regular meeting of the Pierce County Medical Society was held on April 25, 1939 at the Pierce County Sanatorium at Lakeview, with Dr. A. E. Hillis in the chair. Many of the Public Health Nurses were present. Minutes of the last meeting were read and approved.

Reports of the two nominating committees were presented, as follows:

Ticket No. 1

- President-elect.....Dr. H. J. Whitacre
- Vice President.....Dr. W. B. McNerthney
- Secretary-Treasurer....Dr. T. H. Duerfeldt
- Trustees—Dr. E. W. Janes, Dr. D. H. Johnson, Dr. C. V. Lundvick, Dr. K. S. Staatz.
- Delegates—Dr. S. F. Hermann, Dr. W. C. Cameron, 1 year.

- Alternate.....Dr. H. S. Argue
- Trustees of Business Bureau—Dr. S. M. MacLean, Dr. L. A. Hopkins, Dr. A. W. Howe, Dr. Clyde Magill, Dr. W. H. Ludwig.

Ticket No. 2

- President-elect.....Dr. H. J. Whitacre
- Vice President.....Dr. G. G. R. Kunz
- Secretary-Treasurer....Dr. T. H. Duerfeldt
- Trustees—Dr. A. W. Howe, Dr. L. A. Hopkins, Dr. T. B. Murphy, Dr. F. R. Maddison.

(Continued on Page 10)

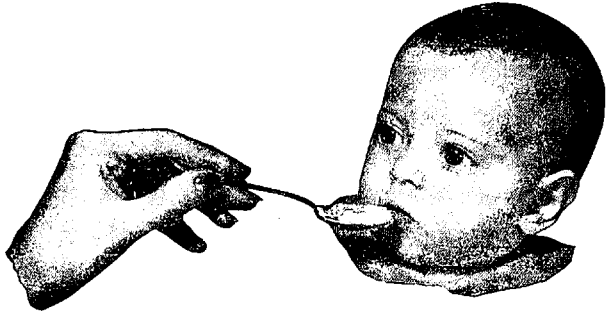
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MINUTES OF REGULAR MEETING

(Continued from Page 8)

Delegates—Dr. S. M. MacLean, Dr. J. R. Turner, 1 year.

Alternate.....Dr. Jess W. Read

Trustees of Business Bureau—Dr. S. M. MacLean, Dr. J. W. Read, Dr. W. H. Ludwig, Dr. S. R. Sleep

There were no further nominations by members of the society

Dr. R. E. McPhail, Superintendent, introduced the program, which was under the auspices of the Tuberculosis Committee of the Washington State Medical Association.

The first paper was given by Dr. John E. Nelson, of Seattle, Chairman of the Committee, on "Diagnostic Standards and Case Finding in Tuberculosis," an extremely searching and well worth-while paper on this subject.

The second paper was "The Importance of Proper X-ray Technic in the Diagnosis of Tuberculosis" by Dr. Frederick B. Exner, of Seattle, in which it was stressed that proper films were necessary before interpretation could be made.

Dr. R. E. McPhail gave an interesting talk on "The Surgical Treatment of Tuberculosis," in which the changing views of proper surgical treatment were very striking.

A resolution was adopted by the society in the death of Dr. John C. Siegle and the Secretary was instructed to send a copy to Mrs. Siegle and one to the City Council.

A communication from the Tacoma Better Business Bureau regarding cancer cures was read.

Attention was drawn to the fact that according to State Association by-laws members not paying their dues on May 1 would become delinquent.

It was moved and passed that the society approve and support the program of the City Health Department in stressing immunization against diphtheria and smallpox the week of May 15 to 21, inclusive, during which time doctors will give such immunizations in their own offices without charge.

After adjournment refreshments were served in the sanatorium cafeteria.

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POLICY REGULATING PUBLIC APPEARANCES

(Continued from Page 3)

being punctual, and have his material so organized that his talk can be given within the time allotted.

4. Any publicity given or material presented shall conform to, or not be in conflict with, the ethics of the American Medical Association.

5. Interesting or unusual medical or surgical cases should be reported to the Committee for release to the newspapers. In writing up these cases, the name of the attending physician will not be mentioned; instead, he will be referred to only as a member of the local medical society. In the reporting of current medical events of news value, however, it is permissible to use the physician's name when necessary.

6. The Committee on Public Relations is empowered to edit the papers of all members speaking publicly in the name of organized medicine in this state. As it is felt that every effort must be made to encourage, not discourage, the public appearance of physicians, such editing will be limited to the papers of those members failing to conform to the principles and regulations outlined above.

Cooperate in the public relations program of the State Association.

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RESOLUTIONS

Passed at the Meeting of The Pierce County Medical Society

April 25, 1939

WHEREAS Divine Providence has removed Doctor John C. Siegle from our midst, we the Pierce County Medical Society, have lost a loyal friend and the City of Tacoma one of her most useful citizens, diligent in the practice of his chosen profession of dentistry and attentive to the needs of his family and for any movement for the good of his city and his country.

He was noted for his boundless energy and enthusiasm. Many and varied are the activities to which he devoted his good counsel and his work. He worked for city enterprises in the Kiwanis Club and the Chamber of Commerce. A great sportsman and lover of the outdoors, he gave support to the fishing and hunting clubs and to the movement for conservation of wild animal life.

He was an active member and worker in his church and charitable organizations. He served his country during the World War and afterwards was Commander of the American Legion. During the past year he served with distinction as Mayor of the City of Tacoma. He faithfully performed the arduous duties of his office, the doing of which no doubt hastened his early death.

Now recognizing the value of Doctor Siegle's life to our city and in grateful appreciation of his services to the medical profession, be it

RESOLVED that we extend to his friends and to Mrs. Siegle and family our deepest sympathy in their bereavement and express the hope that his memory and his deeds may live on as example for those whom he leaves behind.

PERSONALS

Dr. and Mrs. W. B. Penney are leaving the first of June for an extensive trip which will include attendance at the Washington State Tuberculosis Association meeting in Spokane, a tour of the southeastern states and a visit in Boston, where Dr. Penney will attend the meeting of the American Tuberculosis Association late in June.

Dr. and Mrs. Benjamin T. Terry expect to be in St. Louis for the A. M. A. meeting on the 15th.

Dr. and Mrs. F. R. Maddison are back at home after a visit to San Francisco and the Fair.

TACOMA GENERAL HOSPITAL

Monthly Staff meetings and weekly clinics are discontinued for the summer and will be resumed in September.

Our thanks are extended to the doctors of the Pierce County Medical Society who have lectured to the student nurses:

D. H. Bell, C. C. Carlson, H. T. Clay, T. H. Duerfeldt, E. J. Fairbourn, W. H. Goering, J. M. Havlina, S. F. Herrmann, A. W. Howe, E. W. Janes, D. H. Johnson, H. D. Jonez, S. E. Light, Clyde Magill, C. E. Magnussen, W. B. McCreery, M. T. Nelsen, J. F. Steele, A. C. Stewart, C. G. Trimble.

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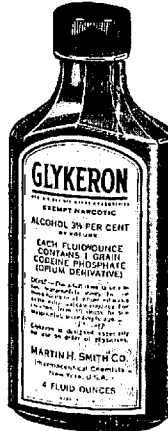
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PERSONALS

Dr. and Mrs. Fordyce Johnson are receiving congratulations upon the birth of a daughter on April 22. The little girl has been named Joyce Karen.

Dr. and Mrs. William McCreery have returned from California, where they were with their son and daughters, also visiting the Fair.

Wedding bells will soon ring for Miss Blayne Hopkins, who will be married in June to Mr. George Edward Link, and for Miss Lois Penney, whose engagement to Mr. John N. Worden has been announced. Miss Penney is back at home after two months spent with her sister in New York.

Dr. and Mrs. Scott Jones are en route to the Middle West, expecting to attend

the A. M. A. convention in St. Louis and visit in Rochester, Minnesota, where Dr. Jones will do special work at the Mayo Clinic.

Some of our most stalwart members are nursing sore muscles, the result of their activities in delving in the delphiniums, ransling with the roses or tiptoeing through the tulips.

Dr. and Mrs. S. M. MacLean visited their son Charles in Eugene recently.

Again the ice arena has claimed a victim from among our members. Dr. John Gullikson is recovering from a broken ankle sustained at the rink, not the result, however, of a fall on the ice, but, of all things, caused by slipping on an ice cream bar.

Dr. and Mrs. H. J. Hards have moved to their country home at Dash Point for the summer.

Dr. and Mrs. E. F. Dodds recently returned from San Francisco, where they visited the Fair.

Dr. C. C. Carlson left yesterday for Chicago, where he will attend the convention of the American Psychiatric Association. Dr. Carlson will be back in his office on the 15th.

Dr. and Mrs. C. D. Hunter are at their home again after several months spent at Palm Springs.

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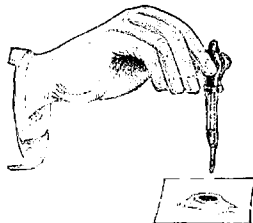
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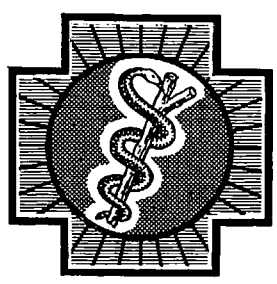
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The BULLETIN

Vol. IX

September, 1939.

No. 6



PROGRAMS MEDICAL ARTS BUILDING September 12—8 P. M.

- Suggestions not Frequently Stressed on the Care of
the Pre-eclamptic.....Mahlon R. Hosie, M.D.
- DiscussionP. C. Kyle, M.D., A. L. Schultz, M.D.
- Affections of the Sympathetic Nerves.....
.....Paul G. Flothow, M.D., Seattle
- General Discussion
- Minutes of Annual Meeting of Washington State
Medical Association.....S. F. Herrmann, M.D.
.....W. C. Cameron, M.D.

SEPTEMBER 26

- Abscesses Connected with Terminal Bowel.....
.....Ross D. Wright, M.D.
- Discussion.....M. T. Nelsen, M.D., S. F. Herrmann, M.D.
- Ear Infections.....Fordyce A. H. Johnson, M.D.
- DiscussionC. V. Lundvick, M.D., A. W. Howe, M.D.
- Case Report.....Somers R. Sleep, M.D.

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Tacoma, Washington

SOCIETY OF MEDICAL JUDICIAL OFFICIALS PUBLICATION

Pierce County Medical Society

EDITORIAL

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President-Elect.....	H. J. Whitacre
Vice President.....	W. B. Mc Nerthney
Secretary-Treasurer.....	T. H. Duerfeldt

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A. W. Howe	C. R. McCreery
L. A. Hopkins	C. C. Leaverton
W. H. Goering	

Delegates

S. F. Herrmann	C. R. McCreery
W. C. Cameron (one year)	

Alternates

J. W. Read for S. F. Herrmann
E. W. Janes for C. R. McCreery
D. M. Dayton for W. C. Cameron

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The Pierce County Medical Society is gratefully appreciative of the courtesy shown by the editor and staff of the Tacoma News-Tribune, in generously giving space in their paper for a series of articles on medical subjects. These papers, which now appear each week, are prepared by the members of the Public Relations Committee, in the hope of giving the public an understanding of the doctor's opinions concerning medicine and its relations to the community. Every doctor will be a great help if he will call them to the attention of his patients and friends.

* * *

Congress adjourned without action upon the Wagner Bill. The A. M. A. gained a favorable decision in the suit brought against the association by the federal government. The state legislatures failed to pass any laws detrimental to practice. This sounds well but it should not lull us into any feeling of security. We now have a breathing spell but the forces which seek to change our practice of individualism for some other superimposed regulatory system are actively at work.

Everywhere one hears loose talk, the result of superficial thinking. We are told that thirty or forty percent of the population can not get adequate medical care, that federal regulation is necessary, that state medicine is needed, that millions and millions should be spent to build new hospitals and so on. What are the facts?

Each doctor must find out. He must think for himself and do his best to disseminate correct information. The Journal of the A. M. A. has a record of the hearings on the Wagner Bill and full reports of the court action against the A. M. A. Every doctor should be familiar with these subjects and should be prepared at all times to combat any adverse propaganda.

Congress will meet again in January, and some state legislatures meet soon after. Much good can be accomplished in the meantime if we will do our part.

WOMAN'S AUXILIARY

To PIERCE COUNTY MEDICAL SOCIETY

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(To investigate welfare projects which might be undertaken by the Auxiliary)
Mrs. John Gullikson, Chairman

All Past Presidents.

The first meeting of the fall season will be at the home of Mrs. Christen Quevli at Quevli Gaard at 2 p. m. on September the 14th.

Mrs. R. E. Mosiman, of Seattle, will speak on "The Purposes and Possibilities of the Medical Auxiliary."

THE WIFE OF HIPPOCRATES

By Mrs. M. C. Darnell, Frankfort, Ky.

"The Father of Medicine": In the ancient land of Greece

This was the appellation of one Hippocrates.

For centuries this title to him has ever clung,

But there's a heroine of that land whose name is yet unsung—

Mrs. Hippocrates.

When he was out for hours on a bad case of OB,

Who kept his lunch all ready, from twelve till half past three?

Or changed his tunic buttons while he took a hasty splash,

When to a suffering patient preparing next to dash?

Mrs. Hippocrates.

If he were out at midnight in a bitter, chilling storm,

Who crept into his hollow in the bed to keep it warm?

Or if he were enjoying an after-dinner nap,

Who said (in Greek), "Now, kids, be still, and don't wake up your pap?"

Mrs. Hippocrates.

Who cleaned up all his outfit from his sandals to his chariot?

Who stood in with his patients, whether Lazarus or Iscariot?

Who acted as a buffer against domestic shoeks,

And tried her best to keep him from buying worthless stocks?

Mrs. Hippocrates.

(Continued on Page Eight)

LIBRARY

HOURS 11:00 A. M. TO 3:30 P. M.

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BLANCHE L. DeWITT, Librarian

With September comes the season for writing and delivering medical papers. No one will deny that proper organization and presentation are important in making a medical article impressive. The following article, entitled "A Good Speaker Never Bore His Audience," written by Richard Reager, is reprinted from the Pittsburgh Medical Bulletin in the hope that it may offer some profitable suggestions:

Speech is easy; it should be natural. It can only be effective when a speaker realizes how easy and how natural it can and should be. If the average man or woman with the urge to talk would use common sense in his speech planning and its presentation the audience world in which most of us live would undoubtedly be a happier and a more delightful place.

Next to golf and contract bridge there is perhaps no single activity in this country in which more people participate than in "speaking." In club activity, in lodge gatherings, in the business conference, anywhere, always, with or without reason, many people (too many) feel an inspiration (or something) and without thought for themselves or for their listeners start to talk.

Yet, as most golfers are dubs and most bridge players "never hold good cards"—just so do most people, when they speak, do a poor job. I doubt if they know they are failures. You who read may re-live the last time you attended your club and were bored by a well meaning speaker.

Do you remember that pleasant and well meaning teacher who, knowing his material, could not hold your interest or

give you the meat of his instruction because he "wandered" when he lectured? Has your doctor a voice which is agreeable and sympathetic—one which aids you to accept his ability? These types and others make life miserable for most of us.

Why is this true? Because most people do not consider that speech is easy, that it is something natural, and only can be effective when it is both easy and natural. Since effective speech is easy how can the speaker, preacher, salesman, teacher, neighbor, dentist, doctor, yes, even the lodge brother, do a better job when they talk?

The first caution to observe if you

(Continued on Page 6)

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Distribution of Sample Pharmacals

(Reprinted from New York Medical Week)

Editor, Public Forum:

I was interested in your recent editorial on the matter of irregular disposal of samples distributed by pharmaceutical concerns and, of course, agree, as everyone should, with your feeling toward those who sell these samples.

However, I cannot feel too upset about the alleged injustices that the drug manufacturers suffer at the hands of the physicians. As a matter of fact, I could go a step further and suggest that if one were to weigh the sins of the doctors toward the drug firms as compared with their sins against the doctors, druggists and public, one might find that the latter were the greater sufferers and had a more legitimate complaint.

Take the matter of this generous (?) distribution of samples to physicians. I suppose it is correct, as you say, that it enables us to try new remedies without expense to the patient and in that way acquaint ourselves with valuable new remedies, but what percentage of this vast sea of merchandise that passes over our desks do you really think would fall into that category? Isn't it a fact that the majority of it is U. S. P. or N. F. medication dressed up in a new name and fancy label at even fancier prices? Occasionally we have an opportunity to see a comparison of various of these substances, with prices, under U. S. P. name and proprietary name, and the comparison is really startling. We doctors help to perpetuate this state of affairs by distributing these samples, and to the patient that is always a recommendation which he is eager to pass on.

It is my feeling that the altruistic motive you associate with sampling is not the sole underlying thought. Else why

stick large labels with prominent names, directions, etc., on these donations? If you ever tried to remove those labels you would realize that they are attached for the purpose of remaining there; and it is probably intended that the patient shall see them and not forget them. This is impressed upon one particularly by the fact that an occasional rare manufacturer attaches a label which can be readily discarded. Possibly I am an especially skeptical individual, and that may account for my feeling that the manu-

(Continued on Page Eleven)

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LIBRARY

(Continued from Page Four)

would not bore a group is: have something to say, stand up, and then say it.

A wise speaker never admits weakness; he never suggest negatives.

A cause of boring speech is the tendency to repeat ideas. The speaker who constantly repeats usually wanders aimlessly until he reaches his unknown destination.

Many speakers are ineffective because they have a carelessness and slovenliness of speech which not only is embarrassing but also creates the impression that the speaker has a limited educational background. Many speakers have a pet phrase which they use constantly.

Most speeches are ineffective because of the manner in which they are delivered. The general vocabulary may be correct and properly used; the articulation may be clear and concise; but there is a sameness in tone or droning of voice, or a monotone of delivery, which takes the well prepared speech and reduces its effectiveness tremendously.

Before you can improve your voice you must be conscious of your errors. Since all of us have some speech deficiency, it is well to understand that we can improve our voices. No one needs to talk in a flat, lifeless voice.

It is a real treat to listen to the sound of a cultured and musical voice. Such a voice has a persuasive quality which makes people listen.

A suggestion to help you improve your melody is the use of short sentences. Most of us fall into the error of the "anda" speaker. The "anda" speaker, never having learned to make short sen-

tences or to use the pause—which may be one of the most effective parts of speech manner—speaks as follows:

"I went downtown anda I saw Jim anda I said to Jim, where are you going? Anda Jim said. . . ."

Another suggestion for voice improvement is to avoid adding "er," "eh," "ah," to any word or phrase. The speaker wishing to improve his tonal quality will avoid the repetition of the same words at the start of every sentence—the "now" and "well" and "so" for sentence connectives. Any repetition of this type makes for monotone of delivery.

Too many are ineffective speakers because they have failed to recognize a simple speech rule. Always look at your audience.

The speaker who is indirect usually has poor platform presence. He may button or unbutton his coat; adjust and readjust his tie. He may rock forward and backward on his heels. Never have the physical body do anything which attracts attention away from what you say and calls that attention to what you are doing.

Good speech should be carefully planned. Many speakers stand before a group with notes and papers and attempt to hold interest and gain attention by giving something which even they are not prepared to give.

Lloyd-Friesen

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A planned speech is best developed by using the outline method of preparation. This outline lists key ideas to be developed. Each of the key ideas must be considered as an integral part of the whole speech; each is tied up with every other key idea, supported with examples, illustrations, facts.

The organization of speech material may be compared to the selection of a ladder. If the job we propose is on the roof, we would use a long ladder. If, however, we wish to make repairs to a window on the first floor, we would use a smaller ladder. The same judgment should be followed in speech.

Let us look at it another way. We decide to take an automobile trip. We do not, or most of us do not, decide off-handedly to visit California, climb in the car, and start out. We plan definitely. We check road maps. We inquire of friends who have made the same trip.

The average man preparing a speech does not take the same care in mapping his route. He more or less "jumps in the car" and starts on his way, and neither he nor his listeners know where he is going.

If a speaker is allowed five minutes on a program, he frequently chooses a topic which requires thirty minutes for adequate development.

You should talk on the subject closest to your heart. From your experience, your reading, and your observation you have material available for the particular speech. Never attempt to talk on any subject regardless of type, audience, or material until you have completely mastered that subject. Read, study, and then practice orally.

The last suggestion to the speaker who would not bore is to show enthusiasm for your topic and your audience. The easiest way to bore an audience is to create in that audience's mind the idea that you, the speaker, do not care whether you talk or not. If you would keep your audience awake and keep them interested and enthused about you and your topic you must wake up and be enthusiastic yourself.

Your library can supply you with numerous articles on the technique of writing and delivering a medical paper. For your guidance we list the following:

"Better Medical Writing: Some Typical Errors and How to Avoid Them" (R. M. Hewitt); *Journal of Urology*, 40:454, September, 1938.

"Medical Contributions" (J. H. Dempster); *Journal of the American Medical Association*, 110:151B-155B, March 19, 1938.

"When Doctors Address the Public" (P. A. Teschner), *ibid.*, 155B-159B.

"The Medical Paper" (R. P. Parsons); *United States Naval Medical Bulletin*, 7:680-683, July, 1931.

(Continued on Page Ten)

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WOMAN'S AUXILIARY

(Continued from Page Three)

In a risky operation, if his prominent
patient died,
Who still assured the doctor that his
course was justified?
Or if a treatment were successful and
diagnosis right,
Who listened to his gloating, far, far into
the night?
Mrs. Hippocrates.

Who was on the job each minute of
the longest day and night?
Whose social life was always subject to
the patient's plight?
Who had her choice of staying away from
many a ball,
Or of going unescorted, when her hus-
band had a call?
Mrs. Hippocrates.

And since a doctor's wife is said to be
his finest ad,
What woman kept on smiling when she
was hopping mad?
And bought a new spring outfit that was
far beyond her purse,
To try to look like a million, though she
never had felt worse?
Mrs. Hippocrates.

But when on a monotonous, forlorn, and
dreary day
A morsel of choice gossip would chance
to come her way
That she'd like to tell her neighbor while
it still was new and fresh,
Her husband would command her with a
frowning visage, "Shh!"
Poor, frustrated Mrs. Hippocrates!

From Hippocrates to McCormack these
noble doctors stand;
We praise them and we honor them—a
most illustrious band!
But even so, it is not good that man
should be alone,
So we pay our tribute also to the power
behind the throne—
Mrs. Hippocrates.

—Woman's Auxiliary Section,
Kentucky Medical Journal.

"Healing is a matter of time, but it is
sometimes also a matter of opportunity."
Precepts of Hippocrates.

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LIBRARY

(Continued from Page Seven)

"The Preparation of Papers: How to Make Them Interesting as Well as Instructive" (G. L. Richards); Annals of Otolaryngology, Rhinology and Laryngology, 39:169172, March, 1930.

ASSISTANTSHIP OR PARTNERSHIP WANTED

Assistantship or partnership desired by Grade A medical graduate. Washington license. Two years postgraduate training in University Hospital. One year as Resident in Surgery. Special training in Obstetrics and Gynecology. Six years practical experience. At present associated in a clinic. Reason for change on application. Highest references. Address replies in care of Pierce County Medical Society Bulletin.

TACOMA GENERAL HOSPITAL

The first staff meeting of the year was held on Tuesday, September 5. Dr. B. T. Terry presented the entire program. Four cases were discussed: carcinoma of the lung, with metastases to adrenals and kidney; pulmonary embolism from phlebitis of right thigh; anomalous pulmonary veins; carcinoid of appendix. A large group attended and discussed each case presentation with lively interest. The next meeting will be on Tuesday, October 3. The Thursday morning clinics will be resumed soon. Announcement will be posted on the doctors' bulletin board.

THOMAS MOONEY

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It will do you doctors good to walk down town at noon. Try our noon lunches. Our hot baked ham sandwich is the finest on Puget Sound.

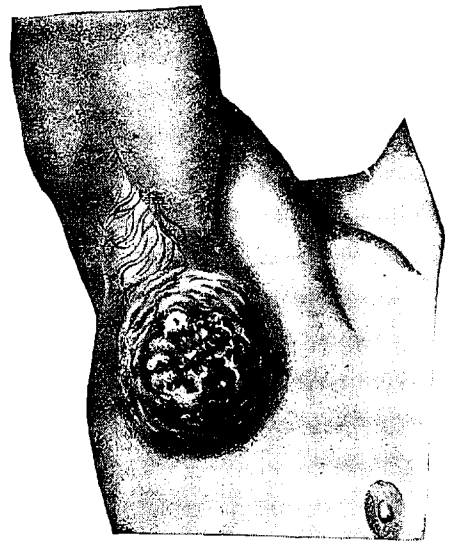
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Sample on request



ANTIPHLOGISTINE

THE DENVER CHEMICAL MFG. CO., 163 Varick Street, New York

Distribution of Sample Pharmacals

Reprinted from New York Medical Week

(Continued from Page Five)

facturer is not at all averse to the idea of the patient requesting this new medicine at the drug store directly the next time, and even telling his friends about the product that was recommended by his doctor.

In other words, this indiscriminate sampling is the cause and perpetuation of the great evil, self-medication. Not only does it have a tendency to divorce the patient from the doctor and destroy the prescription business of the pharmacist but it encourages the public to use and advise remedies in too many cases where they were not only not indicated but where the prolonged use can actually be harmful. And past experience has shown too frequently how the success of introducing new products, even of questionable value, has been dependent upon the willingness of susceptible but not too critical doctors; and how subsequently, after the product has been given its original impetus, the drug houses have not been reluctant to go directly to the public. Familiar examples of this are Vitavose, Adex, and many others.

Another chapter that reflects anything but glory on the manufacturers is the story of the vitamins and the manner in

which they have been foisted upon an unsuspecting public by the "ethical" concerns with the aid of the doctor, who is their most effective advocate when he acts as sample distributor. And if we wish to consider useless or illogical preparations, we have them to thank entirely for the A, B, C, D, etc., preparation, which was consigned, at a recent symposium on the subject at the Academy of Medicine by an outstanding investigator in the field, to the bottom of the ocean.

I appreciate, as do all doctors, the importance of suitable vitamin therapy, but the manner in which we are being urged to force them on our patients is, to be resented, to put it charitably.

We endorse your sentiment about the sale of samples, but also think that a publication like yours might at the same time utter a word of caution against their indiscriminate distribution by doctors to patients.

E. W. BILLARD, M. D.



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We submit below a list of these advertisers and ask you, if you think the Bulletin is worth while and wish to see it improve as time goes on, to consider them when you are in need of any of the services or commodities which they offer, and when you buy from them won't you remember to say "I saw your advertisement in the Bulletin?"

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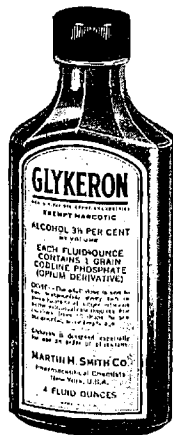
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 South Tacoma Drug Co.—Drugs.
 Tacoma Brace Shop—Braces and artificial limbs.
 Virges Drugs Co.—Drugs.
 Washington Hand Laundry—Laundry service
 Washington Hardware Co.—Hardware.
 White Hand Laundry—Laundry service.

MEDICINE FINDS A FRIEND

The National Association of Broadcasters comprising 322 member radio stations has adopted a general code for self-regulation of its advertising. Hereafter the programs of these member stations must observe accepted standards of good taste.

We feel that the fight of organized medicine for the protection of the public health and general welfare has been greatly advanced and aided by the Association because of several provisions of the new code. These provisions bar the advertising of

1. Any remedy or other product the sale of which or the method of sale of which constitutes a violation of law.
2. Cures and products claiming to cure.
3. Continuity which describes repellently any functions or symptomatic results of disturbances or relief granted such disturbances through the use of any product.

The radio thus reinforces the recent changes in the Federal Food and Drug act to safeguard the people from fraud, and by so much advances the public interest.

It is well to remark also that another provision of the code bars

4. Unfair attacks upon competitors, competing products, or upon other industries, professions or institutions.

Harking back a few short months to the use of the Federal courts by the Attorney General's office as a medium of propaganda and, in our opinion, unfair attack upon the integrity and aims of the medical profession and upon the institution of organized medicine, it is a relief to feel that the use of the radio for similar purposes seems now to be barred.

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Now that radio is evidently preparing finally to sever all relations with the fraudulent exploiters of "cures" and quackery, we may yet hope to see the day when the great educational power of radio will become the handmaiden of medicine in its tremendous task of sound health education.

—L. D. R., Westchester
Medical Bulletin

THE NEW INTERNS

Interns coming to Tacoma General this summer are Dr. Kenneth W. Douglas, University of Minnesota; Dr. Donald L. Green, University of Arkansas, Dr. Francis W. Hennings, Rush and Dr. James G. Shanklin, University of Indiana; at County are Dr. John Sheppard, McGill; Dr. Bernard Ootkin, Marquette University and Dr. Andrew Magliolo, University of Texas; at St. Joseph's are Dr. F. H. James, University of Kansas; Dr. J. V. Shwind, Loyla, and Dr. Robert Parnell, University of Arkansas School of Medicine.

HEALTH EXHIBIT AT THE FAIR

Fortunately, the Health Exhibit at the Fair will not be abandoned, despite the fact that the State Medical Association and the State Department of Health have decided that they can not carry on this year.

Dr. Charles P. Larson will again show his wonderful exhibit of pathological specimens and the State Health Department, the State Tuberculosis Association, the State Water Department, the State Mental Hygiene Association and the Woman's Auxiliary of the Pierce County Medical Society will co-operate in rounding out the exhibit.

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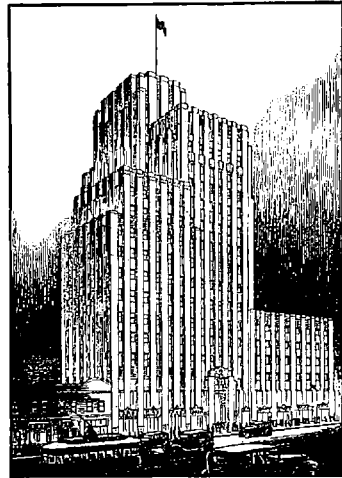
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Clinical meeting.....October 2, 8 P. M.

Pathological conference—

October 6, 9:30 A. M.

County

Staff meeting.....September 29, 12 M

Clinical pathological conferences—

September 14, 21, 28, October 5, 4 P. M.

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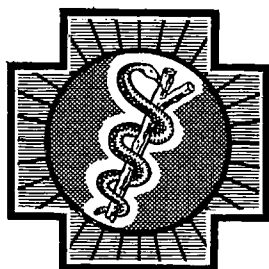
PUYALLUP

The BULLETIN

Vol. IX

October, 1939

No. 7



PROGRAMS

MEDICAL ARTS BUILDING

October 10—8 P. M.

- Chronic Prostatitis—A Problem of the General—
 PractitionerL. S. Baskin
 Discussion.....Clyde Magill, J. W. Gullikson
- Chronic Subdural Hematoma.....George A. C. Snyder
 Discussion.....C. P. Larson, F. A. Plum
- Case report.....Govnor Teats

October 24

- Certain Aspects of Pneumonia.....E. J. Fairbourn
 Discussion.....F. R. Maddison, Christen Quevli
- Blood Pressure.....W. B. Penney
 Discussion.....J. F. Steele, J. R. Turner
- Case Report.....H. S. Argue

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Pierce County Medical Society

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The latest of the series of articles on the medical care problem which appear in the Tacoma News Tribune deals with the accomplishments of the Tacoma and Pierce County Health Council. It states briefly and tersely the activities entered into and some of the results obtained through co-ordination of efforts, community planning and unified leadership, and brings into prominence a part of the doctor's work which is little understood, if not, unknown. It shows the part the profession of medicine is taking by working in harmony with industry and labor to improve the community in which they live and the health and happiness of the dwellers therein.

In the same paper there is an editorial called Longer Lives in which the editor gives credit to medical science for the increase in the span of life which has risen so remarkably during the past thirty years.

These publications are doing a real service in keeping the public supplied with the right knowledge. These are true facts that should be better known. Along with the recent report of the U. S. Public Health Service, which showed the past year to have the lowest incidence of disease and the lowest death rate in a decade, they present evidence of the efficiency of the present individualistic system of medical practice which is hard to refute. It would be a good plan if each doctor would cut such articles from the papers when they appear and have them ready to show and discuss on any opportune occasion.

The Bulletin is nearly ten years old. During the years of its publication it has been useful in announcing dates of meetings and future programs as well as giving a digest of medical papers and news of medical events and personal items.

From the first it has been our aim to use original material in its pages, instead of going to outside sources to obtain suitable matter for publication. This system was followed for several years and The Bulletin received many compliments and was frequently quoted

(Continued on Page 14)

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RECENT ACCESSIONS

You will be glad to know of some new books recently added to our collection.

A work that will be of particular value is Haden's Principles of Hematology, which emphasizes the technique of examination and the clinical interpretation of findings.

In an age when fractures are so commonly encountered by the medical man, the new edition of Scudder's Treatment of Fractures is doubly welcome. This well-known work has been completely rewritten and covers the field completely and authoritatively.

Trauma and Internal Disease by Spicer is a notable addition to the small number of books in its field, and the physician who is called upon to testify in medicolegal cases should find it of great value.

The new third edition of Gonorrhoea in the Male and Female, by Pelouze, brings this popular book up to date and presents sixteen new chapters, including sections on sulfanilamide and other therapeutic measures.

A book that is indispensable to the doctor is New and Non-official Remedies, which comes to the library each year. Each volume lists and describes products that stand accepted by the Council on Pharmacy and Chemistry of the American Medical Association, as included in previous volumes, together with such additions as may have been made during the year, and omits those which, while previously accepted, no longer conform to Council standards.

In Anemia in Practice — Pernicious Anemia Murphy contributes to the literature on anemia a complete discussion of the condition, its history, the physiology of blood formation and modern methods of treatment.

A reviewer calls Fishberg's Hypertension and Nephritis the best interpretation of the literature on nephritis and hypertension in the English language and adds that "It is a cause for admira-

tion that it has been possible for men in every generation to write really good books of eight hundred pages on a subject about which we know so little as hypertension and nephritis."

Our ophthalmologists will be glad to know that the library has The Principles and Practice of Ophthalmic Surgery, by Spaeth. In addition to presenting the author's own experience and the most important operations of other men, the book contains a section on plastic surgery as it concerns the eye.

"The Pneumonias," by Reimann, deals with the anatomical, etiological and clinical features of the disease. The author classifies pneumonia from an etiological standpoint—psittacosis, rheumatic fever, tuberculosis and pneumococci.

The 1938 Collected Papers of the Mayo Clinic, in accordance with long-established custom, offers outstanding articles by members of the staff, collected in sections according to subject matter.

In the words of the authors, "Clinical Biochemistry," by Cantarow and Trumper is an attempt to acquaint the medical man "with the limitations as well as the significance of biochemical findings in any given case."

Intended for the general practitioner is "Cardiovascular Diseases," by Scherf and Boyd, a little book which does not aim to present the subject exhaustively, but confines itself rather to concise discussions of the most important points in diagnosis and treatment.

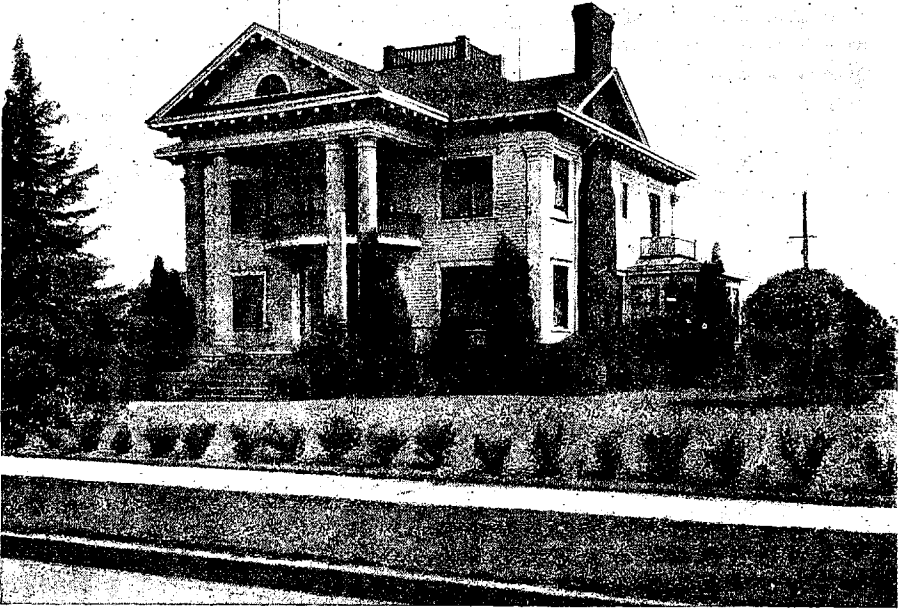
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---------------------------------	--

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(To investigate welfare projects which might be undertaken by the Auxiliary)
 Mrs. John Gullikson, Chairman
 All Past Presidents.

The annual membership tea, honoring new auxiliary members, will be held at the home of Mrs. Thomas B. Murphy at 2 o'clock on the afternoon of October 12. At least twenty new members will be welcomed.

A delightful program has been arranged, including harp solos by Miss Jane Bronson and a review of the opera "Amelia Goes to the Ball" by Mrs. Charles Mason, with the musical score played by Mrs. Karl Weiss. Mrs. J. Benjamin Robertson will speak briefly concerning Hygeia.

Mrs. Charles Pascoe is chairman for the afternoon, with Mrs. Ralph Schaeffer as co-chairman.

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Minutes of the Regular Meeting of the Pierce County Medical Society

September 12, 1939

The regular meeting of the Pierce County Medical Society was held in the Comedy Arts Building on September 12, 1939, with Dr. W. W. Mattson in the chair. Minutes of the last two meetings were read and approved.

Dr. Mattson spoke briefly of the policies of the coming year, stressing the fact that the membership dictated each policy but urging support for a larger and better library and support to the Bulletin advertisers as one means of obtaining this.

Dr. Whitacre, chairman of the Public Relations Committee, explained how that committee obtained the support of the News-Tribune in publishing a series of articles, four of which have already appeared, to inform the public on the doctor's problems. Six more articles are planned in this series, which Mr. Welsh has promised to publish.

Dr. Niethammer, Program Chairman, introduced the scientific program. The first paper was presented by Dr. M. R. Hosie, on "Suggestions not Frequently Stressed on the Care of the Pre-eclamptic," giving statistics on the occurrence of eclampsia, stressing the fact that albuminuria and hypertension are not necessary for the diagnosis of pre-eclampsia, mentioning the low sodium intake, the high calcium and alkali regime, the high carbohydrate diet to protect the liver and the need for large doses of sedatives and pointing out that all the precautions that could possibly be taken in several hundred cases would be well worthwhile if they prevent the occurrence of convulsions in one. The paper was discussed by Drs. Schultz, Halversen, Kane and Lundvick.

The second paper was an informal discussion of "Affections of the Sympathetic Nerves" by P. G. Flothow, of Seattle. Dr. Flothow discussed the indications for operation on the sympathetic nervous system in vascular affections of the extremities, gastric crises of syphilis, intractable migraine, angina pectoris, traumatic sympathalgia, dysmenorrhea, multiple sclerosis and essential hypertension. Discussion followed by Drs. Herrmann, C. C. Carlson, Plum, Warren, Duerfeldt, Gullikson and Whitacre.

Drs. W. C. Cameron and S. F. Herrmann gave some impressions of the meeting of the House of Delegates of the State Association. Dr. Penney elaborated on certain of these statements.

Acknowledgment and thanks for the floral tribute from Mrs. Josiah H. Davies were read.

A letter was read from the Pierce County Practical Nurses' Association, thanking the society for the use of the auditorium and offering an American flag to be kept in the auditorium, presentation of which will be made on September 14 at their regular meeting.

A communication from the Pierce County Chapter of the American Red Cross was read, regarding the Drinker-Collins respirator, stating that no fees would be charged for the use of the

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MINUTES OF REGULAR MEETING OF PIERCE COUNTY MEDICAL SOCIETY

equipment and explaining how the use of such equipment could be obtained.

Applications for membership of Drs. George A. C. Snyder and Edwin J. Fairborn were read.

* * *

September 26, 1939

The regular meeting of the Pierce County Medical Society was held in the Medical Arts Auditorium on September 26, 1939, with Dr. W. W. Mattson in the chair. Attention was called to the American flag presented by the Pierce County Practical Nurses' Association. Minutes of the last meeting were read and approved.

Dr. H. J. Whitacre, Chairman of the Public Relations Committee, reported to the society on the plans of the Woman's Auxiliary for a public meeting on November 9.

Dr. Somers R. Sleep presented a case report of a gelatinous carcinoma of the appendix, removed from a fifty-one year old Indian woman in November, 1938.

The first regular paper was given by Dr. Ross D. Wright, consisting of a complete description of "Abscesses Connected with the Terminal Bowel." The paper was discussed at length by Drs. M. T. Nelsen and S. F. Herrmann.

The second paper of the evening, on "Ear Infections," was presented by Dr. Fordyce A. H. Johnson, in which he took up rather practically the subject of acute and chronic otitis media. Discussion was by Drs. C. V. Lundvick, A. W. Howe, F. A. Plum, A. L. Schultz, B. A. Brown, G. E. Griffith, A. E. Hillis and W. H. Ludwig.

Drs. George A. C. Snyder and Edwin J. Fairbourn were unanimously elected to membership in the society.

Meeting adjourned.

PERSONALS . . .

Sometimes there is mystery in a vacation. Sunday before Labor Day we observed Glenn Steele busy working late in the afternoon. The next day he disappeared. About two weeks ago he returned with a box of cigars under one arm and a bride tucked under the other. Mrs. G. M. Steele was formerly Miss Ella McIntosh, secretary at the Y.W.C.A.

May we wish them a full measure of happiness.

We are just a little bit sorry, though, for although there was an excuse, there was no opportunity for a good old "good-bye bachelor days" dinner. We'll take a rain check on it.

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How About Adequate Medical Care?

Jonathan Forman, M. D.

Reprint from Bulletin of the Columbus
Academy of Medicine

A good civilization depends upon a strong, robust people who have a full sense of security no matter how perilous the situation, a people who can think themselves out of dilemma and not whine and beg their way into more trouble. If we go on producing an increasing percentage of persons who need some sort of governmental supervision (and there are states in the Union where two out of five do) no make-shift, such as hiring some kind of doctor to give some kind of pills to those who are about to die, will ever help much. Why don't we leave the morgue and work at the community health from the other end—the cradle?

What part of medical care belongs to the state? Sensible men have recognized for years that those things which protect the health of the people as a whole should be done by the state. For the Federal government, the job is to quarantine incoming ships, inspect imported food-stuffs, the inspection of meats to be sent across state borders, etc. For the state and the local governmental units there is the administration of methods to prevent the spread of infectious and contagious diseases, safe ways of disposing of sewage and inspection of milk and the like. Another function of the government is the institutional care of

the feeble-minded, the deaf, the blind, the epileptic, the consumptive, the mentally ill and like groups, for which society in this nation has accepted the responsibility for food, clothing, shelter and medical care. Organized medicine has rightly insisted that that part of medical care which has to do with the individual patient is the direct concern of government only in the same sense as is adequate food, shelter and clothing. We maintain that these are the only things that the state should do and we insist that tax supported medicine should not take care of the private patient, except in case of disaster or indigency. We hold that private medicine belongs to private enterprise.

Adequate Care

One thing more needs to be defined, the question of just what is adequate medical care, about which we hear so much. I am willing to accept the definition which that foremost exponent of compulsory insurance makes the basis of his discussion, i. e., "Adequate Medical Care is that certain volume of service of that quality which the average physician of average proficiency is capable of ren-

(Continued on Page 10)

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How About Adequate Medical Care?

(Continued from Page 8)

dering." This gives us a fairly definite conception.

There is much debating whether the people of this country have adequate medical care. The medical profession of Detroit had a sustained advertising campaign asking any and all who could not get medical service for any and all reasons to come to the headquarters and they would be taken care of. Only a few came. It was found that most of these persons were handicapped by language difficulties and consequent ignorance of how to use the facilities available in Detroit.

(Concluded in the November Issue)

Personals . .

Dr. S. L. Blair left for a hunting trip in Alberta. There is something about hunting trips which engenders excitement and those little things that make recollection easy. Sometimes they are warm and glowing at the time, but occasionally they can only be laughed at afterwards. This time he forgot his hunting dogs and had to return for them.

B. A. Brown, E. F. Dodds, Fordyce Johnson, W. B. Penney, T. H. Duerfeldt, W. W. Mattson and S. M. MacLean were in Seattle on September 28 to hear Dr. Morris Fishbein speak on "American Medicine and the National Government."

The convention in Spokane was reported to be a huge success—both professionally and socially. Frankly, Tacoma has quite a mark to shoot at—both professionally and socially. We should all start thinking about that now for we're going to have to dig down into our pockets a bit—quite a bit.

We hear that Harry Allison is secretly training a couple English Cocker Spaniels—future champions—and quite occupied with it too. As a warning, Harry, lest you become too absorbed, we've often heard that it comes to a point wherein "My dear husband must either choose between the dogs or me."

We are told that before a very select group in the Davenport dining room,

Tom Murphy held forth at some length upon the advantages and disadvantages of medicine in particular and "life" in general. And Johnny Flynn was so interested and appreciative that he paid the bill.

Those of us who abstain may not appreciate it but there was the longest row of pretty colored bottles we've ever seen in one collection before. Those Spokane people certainly have big ideas. Maybe we may vary it by using tinted Shasta water—or something.

Dr. and Mrs. W. G. Cameron spent several weeks at the German Speaking Colony on Orcas Island this summer. Other Tacomans in the group were Miss

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PERSONALS—Continued

Betty Howe, daughter of Dr. and Mrs. A. W. Howe and Charles MacLean, son of Dr. and Mrs. Sydney MacLean.

Former associates of Dr. P. F. Guy will be interested to know of his marriage to Dr. May Borquist, of Honolulu. The wedding took place in Portland on July 15.

Dr. George R. Stalter, Manager of the Veterans' Facility of American Lake has been transferred to the Facility at Sheridan, Wyoming. We all dislike to see him go and hope that his new post will be a pleasant one. Taking his place at American Lake is Dr. J. A. Cullen, whom we welcome. We hope that we shall soon become better acquainted with him.

Mrs. D. M. Dayton left on September 30 for a three-week trip to New York. While there she will represent the Tacoma Garden Club at a conference of the Garden Club of America. We wish her a pleasant trip.

Miss Nell McDonald, of the Washington Minor Hospital, is spending two months in the East, attending the Hospital Administrators' Institute in Chicago and the International Hospital Association Congress in Toronto. We wonder if she will have as good a time at her convention as we did at ours.

Whoops and hollers for Karl Staatz. The "silent man" is spending his vacation on his farm in Oregon where he will have plenty of room to move about and to make all the noise he wants without restriction. Chris Quevli please note.

Every once in a while Millard Nelson gets to musing and becomes philosophical—other fields of medicine beckon and lure—a psychiatrist has no night calls

—a dermatologist has short office hours, etc. An ideal situation would be "referred surgery and hospital consultation" and no office to keep up. Tantalizing it is that this situation exists in many localities.

George Nace Jr. has enrolled at the Washington University School of Medicine. There seems to be more and more competition in the Nace family.

First one Steele goes East of the mountains and then another one. This time it's John and he intends to bring back some game. He left Friday.

New advertisers are Shadel Sanitarium, for the treatment of alcoholism, Shaub-Ellison Company, dealers in tires and automobile supplies, Brad-Lee, Inc., clothiers, National Association of Creditors, and Bellevue Sanitarium, nursing home.

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HEALTH EXHIBIT AT PUYALLUP FAIR

W. N. Keller, Superintendent of the Western State Hospital, is to be congratulated upon the manner in which he organized and conducted the Health Exhibit at the Western Washington Fair. The Pierce County Medical Society has for the past six years assumed the responsibility for organizing this exhibit, but this year it was decided to let the state medical association care for it. No action was taken by this organization, so rather than let the health exhibit become a memory of the past, Dr. Keller and the State Hospital assumed the entire burden of preparing for this event.

Our thanks go also to C. P. Larson for his excellent cooperation and the wonderful pathological exhibit, also to the State Health Department, the City Health Department, the Washington Tuberculosis Association and the State Society for Mental Hygiene, who also participated.

The entire exhibit maintained the high standards previously established.

HEALTH TEACHING IN THE SCHOOLS

The Health Section of the State Planning Council has now completed arrangements for the co-operative development of a public health teaching program in the public schools as between the State Department of Health and the State Department of Education.

The Washington State Tuberculosis Association has made it possible to carry through the detailed studies necessary for the development of the program by appropriating \$3,500.00 for the employment of an expert to make these studies. This expert will work out of the office of the State Planning Council and in cooperation with the State Department of Health, the State Department of Education and the Health Section of the State Planning Council.

The program includes the development of appropriate health teaching in the curriculum of all grades of the common schools, including the preschool period, and the development of adequate courses in teacher training institutions for the preparation of teachers for this subject.

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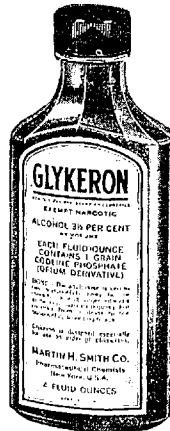
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TACOMA GENERAL HOSPITAL

The first Clinical-Pathological Conference was held on September 5th, with Dr. Benjamin T. Terry as speaker. These conferences will be held the first Tuesday of each month through May, 1940.

The Combined Medical and Tumor Clinic was resumed on September 28th and will continue weekly throughout the year.

Dr. Charles P. Larson has been appointed Director of Laboratories, succeeding Dr. Benjamin T. Terry, resigned. The members of the Pierce County Medical Society are naturally familiar with Dr. Larson, who was formerly Pathologist at the Western State Hospital and the Pierce County Hospital.

Recent innovations in the Radiological Department are nearing completion. The new 400,000-volt therapy unit is completely installed. We are very pleased with the installation and naturally hope for improved results in cancer therapy. A second rotating anode tube has been installed.

On Monday, September 25th, the first weekly combined Pathologic and Radiologic Conference was conducted jointly by Drs. Charles P. Larson and B. D. Harrington, in the assembly hall. These conferences are designed for the interns in this hospital and the intern and resident staff of the Pierce County Hospital, and those of the medical profession who are interested are cordially invited to be present. These meetings will be held each Monday from 2:00 to 3:00 P. M. Material presented will include the interesting surgical and autopsy pathologic specimens together with microscopic projection of the corresponding slides and any radiologic work which may have been done on the respective cases.

Forty students were enrolled in the Preliminary Class on September 5th.

TACOMA SURGICAL CLUB

The Surgical Club will meet in the Medical Arts Building on October 23. Harry Allison will give a paper whose subject will be announced later and E. C. Yoder will review recent surgical literature.

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EDITORIAL

(Continued from Page 1)

in other medical journals. Of late, however, there has been a let-down. We have had but few original contributions and our little publication has deteriorated in quality.

Surely there are many matters of great interest to our readers and there are many who are well qualified to express their views. This is your Bulletin. Use it. Send in all items of news concerning your family and friends. Write an article on some subject in which you are interested. Present a question to the editor asking for a discussion. When buying goods speak a word of appreciation to our advertisers. Help to make the voice of your medical society heard.

We have long felt that our influence should not be confined to Pierce County but should extend to our good neighbors in Southwest Washington. Many societies in this locality have no medical publications of their own, and we invite the doctors of the various cities to send in communications, and the secretaries of the county medical societies to use this bulletin as their own. Send in advance notice of your meetings and a report of your activities. Come to some of our meetings and we will come to yours. Let us get closer together and present a united front. Correspondence may be sent to The Bulletin, care Librarian, Medical Arts Building.

TACOMA INTERNISTS' SOCIETY

The Internists' Society is sponsoring a program to be presented at a dinner given by the Medosweet Dairies for members of the Pierce County Medical Society and the public health nurses at the Hotel Winthrop at 6:30 on Oct. 17.

Mr. Bert Sweeting will speak on "Modern Methods in Milk Distribution," discussing pasteurization, irradiated milk and the new homogenized milk distributed by the Medosweet Dairies. Dr. Ralph Gregg will speak on "Milk Inspection in Tacoma," Mr. Karl Wallace will describe "The Laboratory Control of Tacoma's Milk Supply" and Dr. D. M. Dayton will speak on "Milk as a Food." Discussion will be led by Dr. H. T. Clay.

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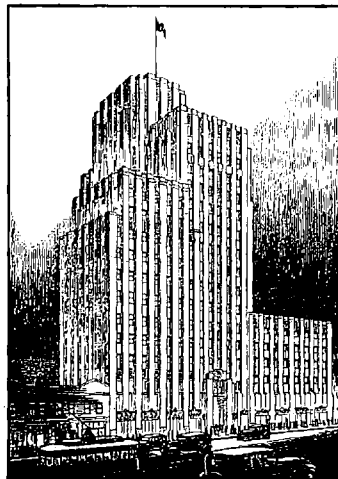
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HOSPITAL MEETINGS

Tacoma General

Clinical pathological conference—
November 7, 8 P. M.
Combined medical and tumor clinics—
Oct. 12, 19, 26, Nov. 2, 9:30 A. M.
Orthopedic clinic.....October 12, 9 A. M.
Combined pathologic and radiologic
Conference—
Oct. 16, 23, 30, Nov. 6, 2 P. M.

St. Joseph's

Clinical meeting.....Nov. 6, 8 P. M.
Pathological conference—
November 3, 9:30 A. M.

County

Staff meeting.....October 27, 12 noon
Clinical pathological conferences—
Oct. 12, 19, 26, Nov. 2, 4 P. M.

COMMUNICABLE DISEASES

Scarlet fever	1
Mumps	8
Measles	29
Tuberculosis	1
German measles	1
Whooping cough	4
Chickenpox	5

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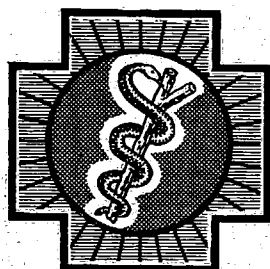
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PUYALLUP

the BULLETIN

November, 1939

No. 8



PROGRAMS

MEDICAL ARTS BUILDING

November 14—8 P. M.

- Principles of Intestinal Obstruction.....Dr. Don G. Willard
 Discussion.....Dr. W. D. Read, Dr. W. W. Mattson
- Thrombosis of the Veins of the Extremities,
 Significance and Prevention.....Dr. C. P. Larson
 DiscussionDr. G. A. Snyder, Dr. B. T. Terry
- Case report.....Dr. Edgar F. Dodds

November 28—8 P. M.

- Ruptured Kidney.....Dr. Alexander H. Peacock, Seattle
 Discussion.....Dr. H. J. Whitacre, Dr. H. S. Argue
- Some Highlights of Children's Surgery.....
 Dr. Herbert E. Coe, Seattle
 Discussion—Dr. Darcy M. Dayton, Dr. H. G. Willard

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Tacoma, Washington

Pierce County Medical Society

EDITORIAL

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Emerging from an inarticulate desuetude, the practice of medicine is finding its voice and speaking for itself. Instead of sitting idly by and allowing the critics of medicine to go unanswered, the profession is meeting the challenge of its adversaries with a cool, logical statement of facts. In addition to health talks before various groups by individuals and the newspaper articles such as are appearing in the News Tribune, the State Society is sponsoring a series of radio programs entitled "Appointment with Health." An announcement of the time of broadcast and the station appears elsewhere in this issue.

This is a worthy effort and deserves the active support of the society.

Congratulations to the ladies for the successful open meeting November 9th, sponsored by the Woman's Auxiliary of the Pierce County Medical Society. Some weeks previous to the meeting, letters were sent to the members of the federated clubs of the city. They were asked to send in questions regarding those aspects of medicine which were of the most interest to them. These questions were answered at the open meeting by a committee of doctors representing different branches of medical service. As nearly one hundred questions were submitted, it was manifestly impossible to answer each query, but those of most general interest and importance were discussed.

Such a meeting, of the families of both doctor and patient, gathered together for consultation of their mutual problems, should result in a better understanding and a closer relationship of these groups.

The auxiliary is doing a good work in the dissemination of knowledge of healths and in giving support to the aims and ideals of scientific medicine.

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Convention

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- (To investigate welfare projects which might be undertaken by the Auxiliary)
- Mrs. John Gullikson, Chairman

All Past Presidents.

The regular November session was a public meeting, with the general theme "Doctor, how can I keep well?" held in the Crystal Ballroom at the Hotel Winthrop on the evening of the 9th.

A large group of Auxiliary members and their husbands, with many others, attended the dinner preceding the "Question and Answer" period which was the feature of the evening. A gratifyingly large number of the laity were present and availed themselves of the opportunity to ask questions on various matters concerning health and disease which were answered by the following doctors:

Eye, ear, nose and throat, Dr. A. W. Howe; socialized medicine, Dr. W. B. McCreery; dermatology, Dr. Carlisle Dietrich; neurology, Dr. Carroll C. Carlson; internal medicine, Dr. T. H. Duerfeldt; surgery, Dr. S. F. Herrmann; orthopedics, Dr. W. H. Goering; pediatrics, Dr. D. M. Dayton.

RADIO

Appointment with Health, KMO, 2:00 Sun.
Medicine in the News, KJR, 1:30 Thursday

Two radio programs are now on the air which every auxiliary member should tune in. See that the laity also know of these excellent programs as they are of great educational value in regard to medicine, its aims and accomplishments.

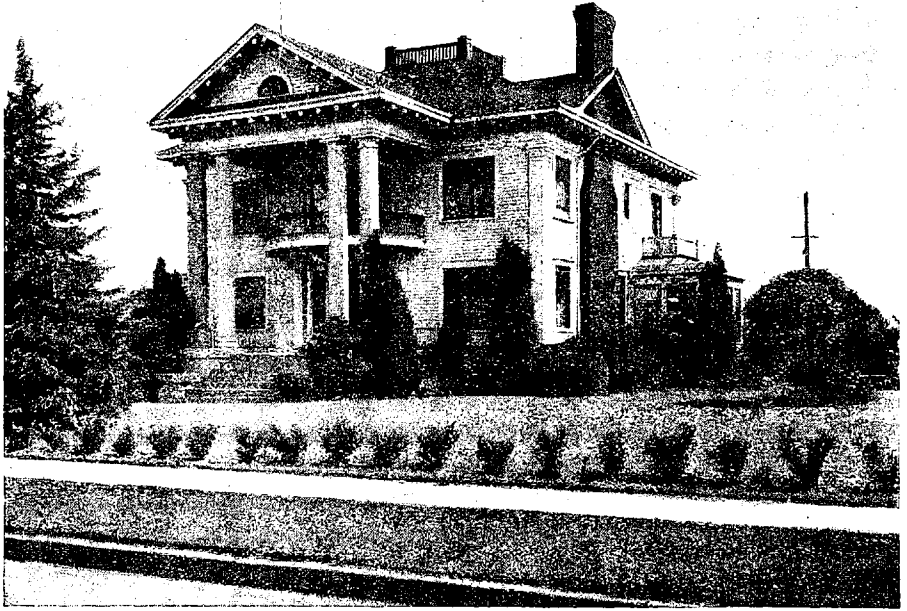
"Medicine in the News" comes over the NBC network on KJR at 1:30 p. m. every Thursday. True to their title, the programs will consist of dramatizations based on what is happening in the world of medicine. Each program will include a principal news item from the A. M. A. Journal or some other reputable medical source or from Hygeia. This will be (Continued on Page 5)

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AUXILIARY . . . *Continued from page 3*
 followed by one or more highlights on current medical news. Each program will close with a question of the week drawn from the question and answer correspondence of Hygeia. A question will be asked each week and answered the following week.

The second important medical broadcast is one sponsored by the Washington State Medical Association. This program is called "Appointment with Health" and originates in the Harborview Hospital in Seattle. Tune in to KMO at 2 p. m. every Sunday for this program.

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 Well! this is the life of a doctor's wife.

Then some night we plan to go
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 We're all ready and get in the car,
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 know,
 This is the end of the picture show.

We need not get mad, we needn't pout,
 That this dire thing has come about.
 We take off our hats and stay at home,
 This is the way we have always done.
 For such is the life of a doctor's wife.
 But, when we are sick and need hus-
 band's care,
 Hear what he says, "Take this my dear,
 This sample bottle will ease your pain,
 And make you strong and well again.
 What a life, what a life.

Then we think of the good he has done,
 The ills he has healed—the sick made
 strong,
 Then down from the depths of a grateful
 heart,
 We say to ourselves, we too have a part
 In his work in life, has the doctor's wife.
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Minutes of the Regular Meeting of the Pierce County Medical Society

OCTOBER 10, 1939

The regular meeting of the Pierce County Medical Society was held in the Medical Arts Building on October 10, 1939, with Dr. W. W. Mattson in the chair. Minutes of the last meeting were read and approved.

The first paper of the evening was given by Dr. George A. C. Snyder, on "Chronic Subdural Hematoma," in which theories of causation were fully discussed and the incidence and hematology given, with comments on possible treatment. The paper was discussed from a pathological standpoint by Dr. C. P. Larson and from a clinical standpoint by Dr. F. A. Plum, who made reference to the acute traumatic type also.

Dr. Govnor Teats, resident at the Pierce County Hospital, presented a report of Roentgen therapy of chronic productive bronchiectasis in a thirty year old male with symptoms of nearly 25 years duration, followed in five months by a reduction of sputum from 750 cc. to 8 cc. daily, loss of fever, improved blood count, a gain of 33 pounds in weight, relief of gastric symptoms and the ability to work for the first time in his life. Interesting discussion followed by Drs. John Steele, Clifford Halvorsen, D. D. Warren, E. W. Janes and B. D. Harrington.

The second paper was presented by Dr. L. S. Baskin, on the subject of "Chronic Prostatitis from the Standpoint of the General Practitioner." The occurrence of this condition associated with backache is very high in industrial practice, especially in the low income

bracket, apparently resulting from an acute gonorrheal infection in only one-fourth of the patients. The fact that this condition is only part of a general picture of focal infection in these cases was emphasized, the most frequent symptoms being pain, local or referred, pus in the urine and rheumatism. The main treatment consists of massage, heat and the removal of foci of infection, which often gives rapid symptomatic relief but must be continued over a long period of time to get permanent benefit. The paper was discussed by Drs. Clyde Magill, J. W. Gullikson, C. F. Engels, W. W. Mattson and W. B. Penney.

OCTOBER 24, 1939

The regular meeting of the Pierce County Medical Society was held in the Medical Arts Building on October 24, 1939, with Dr. W. W. Mattson in the chair. Minutes of the previous meeting were read and approved.

Dr. H. S. Argue presented a case report of a woman of forty-two who had had stricture in the left ureter sixteen years before and a stone passed nineteen years ago, upon whom nephrectomy was performed, with the diagnosis of hydronephrosis. Anomalous blood vessels were found on operation.

Dr. Benjamin Terry presented patho-
(Continued on Page 7)

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MINUTES OF REGULAR MEETING OF PIERCE COUNTY MEDICAL SOCIETY

(Continued from Page 6)

logical specimens indicating a cystic dilation of the upper ureter, with three separate connections to the kidney pelvis.

The first paper of the evening was given by Dr. E. J. Fairbourn on "Certain Aspects of Pneumonia," a very informative paper in a different style, no attempt being made to give a connected paper but merely discussion of certain practical questions, in which he dealt with the advantages of serum treatment, the manner of use of sulfapyradine and their combination, serum and sulfapyradine, the value of carbon dioxide inhalations during the first twenty-four to forty-eight hours. In the treatment of pulmonary edema due to congestion of blood in the lung good results may be obtained by using helium and 50 percent oxygen, especially under positive pressure. In peripheral vascular failure due to toxemia and anoxemia the treatment consists of hypertonic solutions intravenously, transfusion if necessary and oxygen. Cyanosis should not be the criterion for oxygen therapy and a pulse over 120 with respiration over 25 indicates the need of continuous oxygen of a 50 to 60 percent strength. The patient with pneumonia should be given three to four thousand cc. of fluids and attention must be given to blood chlorides to combat hypochloremia. Mention was made of the new quinine derivative, in experimental use at Mercy

Hospital, Pittsburg. The paper was discussed by Drs. F. R. Maddison, Christen Quevli and W. B. McCreery.

The second paper, on "Blood Pressure," given by Dr. W. B. Penney, was a plea to every doctor to be sure to use the standard instrument with care in a standard way, as has been outlined by the American Heart Association. The paper was discussed by Drs. John F. Steele, Christen Quevli and J. B. Robertson.

A communication was read from Dr. Ralph Gregg, regarding the new form of death certificate, with an excerpt from an address of Dr. H. L. Dunn, Chief Statistician for Vital Statistics for the Census Bureau, giving instructions on making out this new form of certificate.

Adjournment.



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How About Adequate Medical Care?

(Continued from October Issue)

I am willing to accept the statement that there are people who cannot get medical care, although I must confess I never knew of a single case. But because I know we cannot get an even flow of vital food-stuffs, I am willing to assume that medical services jam, also. I know that we do have one physician for approximately every 800 persons in this country, so if there is a deficiency anywhere it must be due to a jam in the processes of distribution.

The people of this country fail to get adequate medical care for one of several reasons. Either it is not available, or the individual is opposed to medical methods, or he is a pathic, ignorant or indifferent. There are many thousands of our people who belong to the Christian Science Church, the Physical Culture Movement, Antivaccinationists and others who bitterly oppose whatever scientific physicians support and, of course, this holds for those who prefer osteopaths, chiropractors, naturepaths and other cultists rather than physicians.

There are many who are apathetic or fearful of physicians and who look upon hospitals as a place in which to die, much as a dog crawls under the back porch when fatally ill.

But all of these fade into insignificance as compared with the vice of indifference, as the result of which many who can afford it, and are not opposed to

it, do not get adequate medical care as here defined. Physicians and dentists as a group are the best examples of this class. They are not alone. I venture that if I were to ask those who may read this article how many are properly vaccinated against smallpox, diphtheria and typhoid fever, or how many have an annual check-up of their health, the answer would be most embarrassing.

We must not condemn these people too hastily because a normal, healthy person is not conscious of his organs. Only the sick and neurotic are concerned about their health.

In certain of our rural communities there are no physicians, although in Ohio that is not so bad as it is pictured. No physician can afford to live and work in these communities so there is no medical service rendered, according to the various governmental surveys.

My home village of Austinburg, Ohio, has had approximately three hundred inhabitants for the last one hundred and twenty-five years. During that time it has been served by medical men at all times until the last fifteen years. In the days just before the war between the states there were five physicians in this village. When I was a lad, the number had dropped to two—good ones. Now there is none. But in the meantime at Geneva, Ohio, six and one-half miles away, there has been built a splendid little community hospital and there are three paved roads from my old home to that hospital. By use of the telephone, Geneva physicians

(Continued on Page 10)



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	Tons of dust per sq. mi. annually
Baltimore.....	1800
Pittsburgh.....	1031
Salt Lake City.....	349
Cleveland.....	780
Washington.....	291

In many smaller communities even worse conditions may prevail under any of the following combinations: (1) soft coal, (2) low inland wind velocity, (3) concentrated manufacturing activity, (4) no zoning regulations, (5) no smoke abatement ordinances.

It is noteworthy that even a nonindustrial city such as Washington has so high an atmospheric pollution, due mainly to smoke from residences and office buildings.

This vast amount of soot and dust cuts off light. Shrader, Coblenz, and Korff, for instance, found that the amount of ultraviolet light in Baltimore was half that 10 miles from the center of the city.¹ Under such circumstances, to rely on winter sunbaths for the treatment of rickets may prove ineffective.

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*U.S.P. Minimum Standard. ¹U.S. Public Health Bulletin No. 224.

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How About Adequate Medical Care?

(Continued from Page 8)

can reach my aged mother in less than twenty minutes. In my boyhood it took the doctor an hour to plow through the mud for four miles to our farmhouse and, mind you, there was no telephone and we had to go in and get him. The village surgeon will compare favorably with most of his city colleagues. Again it is only nine miles to the General Hospital in Ashtabula. That used to be a day's journey when I was a boy, but it now takes less than twenty minutes over broad, smooth, brick roads. The governmental surveys do not bring out these facts but simply report that my poor old mother and her neighbors are without adequate medical care. As a matter of fact, in all her eighty years she never was so well protected as regards her health.

Just how wide-spread is the lack of adequate medical care as here defined, it is most difficult to say. It is a highly controversial point and I am sure that no one knows the answer. The American Medical Association has been making, for

the last year, a survey which attempts to find out what doctors, dentists, druggists, nurses and hospital administrators know about it. The impression is gained from a reading of the reports of this survey—which have not yet been tabulated to make such a conclusion absolutely certain — that the most important obstacles in the way of those who need medical care are the red tape and official regulations which restrict rendering such care.

Another striking observation is the large number of counties in which all sources of information agree that no one in that locality who desires and seeks medical aid is denied it. The road to such care may be obstructed by red tape and regulations already mentioned, and there is need to clear away those obstacles; but there is no locality in which any organization even suggests that "one-third of the population is unable to obtain medical care," as was stated by the Inter-departmental Committee of the President.

—Bulletin of the Columbus Academy of Medicine.

Autumn Diseases

—are mostly those of the Respiratory Tract.

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Personals . .

Tom Murphy has proven himself to be one of the most versatile of men in the Community Chest drive—a triple threat man if there ever was one. His first approach is one of passive understanding followed, if necessary, by the steel hand in the velvet glove. His last approach is by far the most winning: a gentleman's approach in a gentleman's club.

Chris Quevli and Carroll Carlson careened down to Aberdeen recently where they put on the medical program. The papers, "Neuroses Seen Through the Eyes of the General Practitioner" and "An Understanding and Dynamic Approach to the Psychoses," dove-tailed beautifully. Chris' remarks on emotional factors in diabetes brought down the house, so to speak. Three of the doctors present had diabetes and admitted strong emotional components.

The Medical Auxiliary is to be thoroughly congratulated upon the widespread interest in their public meeting of November 9, "Doctor How Can I Keep Well" — excellent publicity, thorough planning, and excellent teamwork. A splendid idea with the best of coordination.

Carroll Carlson as Neurologist and Psychiatrist on this program had to answer one main question, "What's the Cause of Nervousness." The chairman of the program requested him to limit his reply to an hour and forty minutes, thus leaving twenty minutes for the rest of the speakers.

Sam Light and B. F. Bruenner left on October 29 for Philadelphia, where they will attend the meeting of the American Academy of Dermatology.

Cyril Lundvick flew back to Chicago, where he attended the meeting of the American Academy of Ophthalmology and Otolaryngology for four days. We are not quite sure whether he missed his train or that plane trip was entirely kosher.

Horace and Mrs. Whitacre are home with pleasant memories of Philadelphia and New York. While in Philadelphia Dr. Whitacre attended the American College of Surgeons.

All these doctors going back East was too much for Ross Wright. He attended the American College of Proctology held in Chicago.

Tales of doctor's trips always make us envious—they always seem to have the best excuses. W. B. and Mrs. McCreery spent considerable time in New York. Their daughter Helen and several medical clinics were their excuses.

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PERSONALS . . .

Walter Cameron paid for his trip, however. He attended the American Academy of Ophthalmology in Chicago. His wife took charge of a new Buick upon his return.

The Donald Ruckers (Glendora Steele) have given Glenn Steele a grandson. Grandpa Steele seems to be holding up nicely.

It is a definite business principle that for money to be well spent it must be utilized to its fullest. The Washington State Medical Association has initiated a broadcast, "Appointment with Health," each Sunday at 2 p. m. over KOL and KMO. To be appreciated it must be heard. To be heard it must be advertised. Such a program is best advertised with some personal interest that only a doctor can convey to his patients. Your money is going into it; let's see what you can do with it.

Jack and Mrs. Havlina enjoyed a well earned vacation. They took their two oldest children and went back East, where Jack spent considerable time in

special study at Johns Hopkins. Then with an alibi about pleasing his wife and children they visited the Fair in New York.

The San Francisco Fair tempted George and Mrs. Kunz to California. They have now returned and are quite content to welcome our cozy rainy season.

The Washington State Nurses' Association is quite enthusiastic about their recent meeting. They are sincere in their appreciation of papers Drs. W. B. Penney, G. A. Moosey, H. T. Clay, F. R. Maddison, D. M. Dayton, W. H. Goering and Fay Nace.

We are all set to roll out the barrel and have a good old fashioned housewarming with Sam and Mrs. Light. They have just moved into their newly completed home at Lemon's Beach. We are quite sure they want the sheen worn from the high polish of newness into a soft homey glow. At any rate that's our selling talk for anything that might happen.

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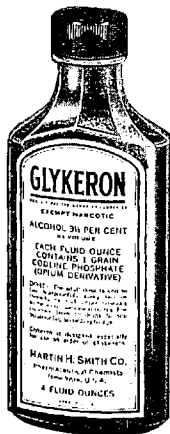
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Literature on request

PERSONALS . . .

C. R. Fishel has recently installed a new Quarter Million Volt Radiological Unit with an oil immersed tube which makes it shock and ray proof. This machine, we are informed, is noted for its efficiency in modern X-ray therapy. We congratulate Dr. Fishel and hope he doesn't have to sell his boat in order to pay for it.

Word has filtered through to us that S. F. Herrmann has been inveigled into taking up golf. Sig should be warned, however, that tempters are very subtle. He should lay no bets on the 19th hole.

We thought all O. B. men were dead on their feet and bleary eyed from lack of sleep. David Johnson has developed one of the most infectious chuckles recently—deep down and rib tickling. M. R. Hosie tells a nice tale, and ably.

RADIO PROGRAMS FOR 1939-1940

The Washington State Medical Association is sponsoring a series of radio programs entitled "Appointment with Health" which are broadcast from 2:00 to 2:30 p. m. each Sunday. These programs are released in Tacoma over KMO.

At the present time, these programs are being broadcast from the King County Hospital and include an actual review of three of the hospital cases. This includes a little of the background of the particular case with relation to the illness, a discussion of the treatment and of the prognosis, and the patient is then interviewed in a general way about health, likes and dislikes, etc.

Each member of the Association is requested to listen to the "Appointment with Health" broadcast and to urge his patients and friends to do likewise. It would be appreciated if the members and others would write letters or postcards to the station of their reception giving comments and criticisms, as such evidence of interest is the only way in which the Association and the radio stations can find out how the programs are being received.

TACOMA SURGICAL CLUB

Medical Arts Library, 8 P. M., Nov. 27
 Paper.....Dr. R. C. Schaeffer
 Review of literature....Dr. W. W. Mattson

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CAN "MEDICINE" BE MECHANIZED?

The practice of medicine is a personal service. It can not be mechanized. No matter how much laboratory work may be done, the fundamental service is that rendered by the physician in taking the history, examining the patient, determining what laboratory tests are necessary, and putting all of the data together to make the diagnosis. Not infrequently, repeated examinations and prolonged observations are necessary also.

One often hears the expression "health is purchasable," as if by putting so much money into a slot machine one could receive a certain product "health."

There is a limit to the amount of medical work a physician can do well. He can at best "work up" not more than four new cases and see a few former patients in a working day.

This fact alone exposes the fallacy of

the "medical mill" that systems of health insurance and medical cooperatives depend upon for their existence.

The more rapid the turnover and the more impersonal the service, the less valuable is the individual piece of work.

There is no substitute, and never will be, for the individual painstaking service that characterizes the best type of medical practice of today.

The public must be made to realize this for its own good.

—Medical Annals of District of Columbia

WHY COMPULSORY?

Invariably, sponsors of Federal medicine agree — without going into it too deeply—that health insurance, to be successful, must be made compulsory. Just as inevitably, they fail to give any good reason why.

After all, if the demand for health insurance comes from "the people," as is maintained, why should not the people take it to their bosom? If it has one-tenth the virtues its adherents claim, why should it have to be jammed down the throats of its "beneficiaries" with a legal bayonet?—Medical Economics.

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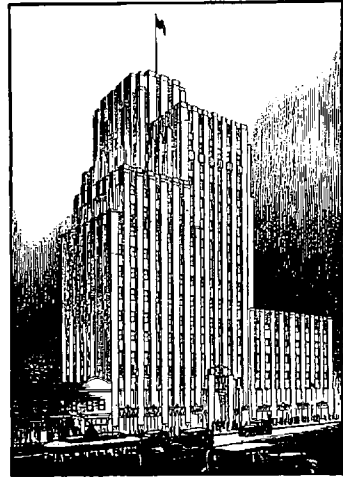
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- Clinical pathological conference—
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- Combined clinics—
Nov. 16, 30, Dec. 7, 9:30 A. M.
- Orthopedic clinic.....December 14, 9 A. M.

St. Joseph's

- Clinical meeting.....December 4, 8 P. M.
- Pathological conference—
December 1, 9:30 A. M.

County

- Staff meeting.....November 24, 12 Noon
- Clinical pathological conferences—
Nov. 16, 30, Dec. 7, 4 P. M.

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- University-Union Club, Nov. 21, 6 P. M.
- Use and Abuse of Parenteral Fluids—
Dr. T. H. Duerfeldt
- New Applications of Atabrine Therapy
Case reports....Dr. Christen Quevli, Jr.

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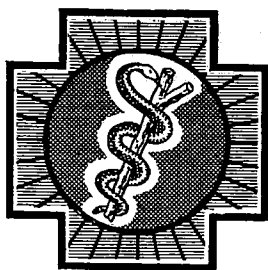
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The BULLETIN

IX

December, 1939

No. 9



PROGRAMS MEDICAL ARTS BUILDING

December 12—8 P. M.

Buerger's Disease.....Dr. J. T. Fatherree, Soap Lake, Wn.
DiscussionDr. E. W. Janes

Low Back Pain.....Dr. W. E. Lewis
(Co-author, Dr. W. J. Rosenblatt)
Discussion.....Dr. W. H. Goering, Dr. E. C. Yoder

Activities of the State Medical Association.....
Mr. Jack M. Geoffroy, Executive Secretary, Wash-
ington State Medical Association.

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We fought the war to end all wars imbued with a high altruism.

We celebrated its end with a frivolous gaiety of endless dancing and amusements and a lowering of moral conduct.

We ushered in the era of prohibition, with its bath-tub gin, gangsters and drunken women.

We indulged in a period of gross materialism and an orgy of speculation.

We were awakened from dreams of luxury by the cold dawn of depression.

We were crushed beneath the load of unemployment, hunger and destitution.

Yes, we fought to end all wars and today—one half of the world is in bloody conflict and the other bristling with arms.

We fought for self-determination and the right of democratic government and now—

The small nations are being crushed and the minorities oppressed.

We are the heritors of a staggering national debt and increasingly heavy taxation.

Millions are still without means of support and many are in dire need.

We have soared the heights and sounded the depths and struggle in the morass of frustration.

We look for counsel and advice and a way out of our difficulties and,

We are taught that might makes right and the end justifies the means.

We are taught hate of one nation to another, class against class, and of mediocrity against success.

The well-established rules of conduct between nations and among individuals are being discarded.

The old-fashioned virtues of honesty, hard work, thrift, duty and personal accountability are derided.

False prophets preach the joys of a utopia fashioned according to their weird fancies.

We are offered panaceas, political financial, moral and spiritual.

We are encouraged to ask that we receive something for nothing, pensions without reason and ham and eggs.

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(Continued on page 5)

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---------------------------------	--

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(To investigate welfare projects which might be undertaken by the Auxillary)
 Mrs. John Gullikson, Chairman

All Past Presidents.

The December meeting of the Auxiliary will be a luncheon at the Bonneville Hotel at 12:45 on the afternoon of the 14th.

Following luncheon Dr. W. C. Cameron will speak on the Wagner Health Bill and Mrs. Stanley Staatz will give a short talk on the White Shield Home. Christmas carols will be sung by a group of vested choral singers from the College of Puget Sound, under the direction of Mr. John Paul Bennett.

Remind your friends to listen in on
 Appointment with Health, KMO,
 2:00 Sunday
 Medicine in the News, KJR,
 1:30 Thursday

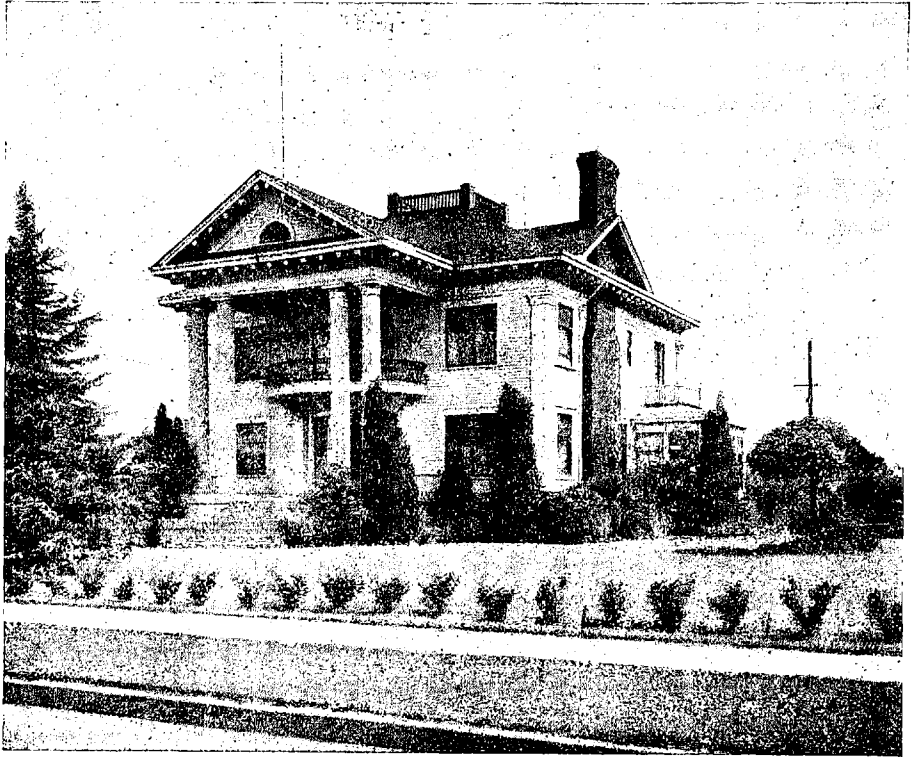
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(Continued on Page 14)

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SEATTLE SURGICAL SOCIETY

The regular annual meeting of the Seattle Surgical Society will be held on January 26-27, 1940.

Dr. Stuart W. Harrington, Professor of Surgery at the Mayo Clinic in Rochester, Minnesota, will be the guest speaker. There will be short papers presented by members of Seattle Surgical Society covering a variety of practical subjects. These papers will be discussed by Dr. Harrington.

A more complete announcement of the subjects to be discussed will be published in the January issue. Make a note of this time and plan to attend these clinics.

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EDITORIAL. . . Continued from page 2

Our ears are filled with a plethora of words, words, words, do this, do that, or else—

Our impulses are stirred toward action by the knowledge of wrong and injustice.

We are tempted to take sides for causes we little understand.

We are asked to advance over unfamiliar ground toward an unknown goal.

Is it any wonder we look out on the world, baffled and uncertain?

This past decade has contained more times of emotional excitement than any other period of the world's history. The great world war, with its daily news of battle and strife, its multitude of dead and wounded and its alternating hopes of peace and victory, formed such a phantasia of horror as the world had never seen.

The succeeding years of peace, with a general disruption of all the things which seemed fixed and secure, has left the people fearful, confused and almost despondent. They are seeking a way out, they are looking for a solution of their difficulties. Bewildered by the rantings of demagogues, the sophistry of wishful thinkers and false philosophies, they do not know which way to turn.

Today as never before calls for right thinking, for clear reasoning and for calm judgment. Well may we pray with
(Continued on page 8)

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Minutes of the Regular Meeting of the Pierce County Medical Society

November 14

The regular meeting of the Pierce County Medical Society was held in the Medical Arts Auditorium on November 14, 1939, with Dr. W. W. Mattson in the chair. Minutes of the previous meeting were read and approved.

Mr. Lampkin, of the Wyeth Laboratories, presented a film entitled "Trichomonas Vaginalis, its Diagnosis and Treatment." This was a very concise presentation on the symptomatology and clinical laboratory diagnosis of the condition, followed by an outline of treatment by the combination of silver picrate insufflation and suppositories.

A case report on "Chronic Synovitis" was then presented by Dr. Edgar F. Dodds. The patient was exhibited and a newer method of applying a pressure dressing by incorporating a sponge rubber pad under an elastic bandage was demonstrated. A rather extensive review on etiological factors was then given, including indications for synovectomy. Dr. Dodds made a plea for more attention in handling the early case to circumvent chronic cases, with their prolonged treatment and questionable results. This case was discussed by Dr. H. J. Whitacre.

The first paper of the evening was presented by Dr. C. P. Larson, on "Thrombosis of the Veins of the Extremities, Significance and Prevention." This was a very thought-provoking and splendid paper, as evidenced by a most elaborate and thorough discussion. Dr. Larson upset a good many preconceived ideas about the subject when he showed on consecutive autopsy reports an incidence of from 27 to 62 percent thrombosis in the smaller veins of the lower extremities, especially of the soleus and gastrocnemius muscles; that a great per-

centage of these gave no clinical history as to their existence; that they were more common on the right than the left; that they more frequently followed in the wake of prolonged illness with rest in bed in medical cases than in surgical ones in a ratio of almost four to one; that cardiac decompensation, debility and prolonged infections were the chief causative factors. He also stated that 1/4 percent of all deaths from mechanical injury were directly the result of pulmonary embolism. The physician should anticipate the causes of blood stasis and institute both passive and active exercise of the legs whenever possible in patients requiring prolonged rest in bed. This paper was discussed by Drs. G. A. Synder, B. T. Terry, W. B. Penney, Govnor Teats, J. P. Kane, S. F. Herrmann and J. R. Turner.

The second paper of the evening was an excellent presentation on the subject "Principles of Intestinal Obstruction," by Dr. Don G. Willard. The basic physiology was reviewed and the pathological picture clearly demonstrated as not being due to a paralysis of the bowel with absorption of some toxic substance but a loss of electrolytes and fluids from the body due to increased distension cutting off the absorption of these fluids back through the mesenteric veins and lymph channels. Replacement therapy was shown to be of paramount importance. For every 100 mg. depletion of the blood chlorides 0.5 grams of salt per kilo body weight is necessary. As much as seven liters of water may be lost each twenty-four hours, needing replacement. Decompression by Wangensteen and the newer Miller-Abbott tube for obstructions of the small bowel was discussed. In strangulated obstruction blood transfusion is of vital importance, followed by early opera-

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tion. Tenderness in the abdomen in any simple obstruction should be interpreted as possibly due to strangulation and requires early surgical intervention. This paper was ably discussed by Drs. Wilmoat Read, W. W. Mattson and H. J. Whitacre.

Dr. H. G. Willard made a plea for support of the Salvation Army, inasmuch as this organization is not now on the Community Chest.

Meeting adjourned.

November 28

The regular meeting of the Pierce County Medical Society was held in the Medical Arts Auditorium on November 28, 1939, with Dr. W. W. Mattson in the chair. Minutes of the previous meeting were read and approved.

Recommendations to the Advisory Committee of the Pierce County Commissioners by the committee consisting of Drs. H. G. Willard, H. J. Whitacre and S. F. Herrmann were read and discussed. It was moved and carried that the society ratify the approval of the Trustees on this report.

The first paper of the evening was given by Dr. Alexander H. Peacock, of Seattle, on "Ruptured Kidney." Dr. Peacock stressed the increased incidence of this injury with the high-speed automobile, showing figures that 30 percent of the cases were caused by auto accidents, 28 percent occurring in sports and 23 percent in falls, usually from high places. The patient is usually seen in severe shock, with pain and some muscle spasm on the side of the kidney injury, but with other injuries usually compli-

cating the picture. Hematuria is present in approximately 95 percent of the cases. Intravenous urograms demonstrated extravasation of urine in only 13 percent, but are definitely diagnostic when no shadow is produced on the side of the suspected injury. Interesting diagrams and projected photos complemented his report of the mechanical factors causing rupture, as well as describing different types of rupture which may occur. Conservative treatment was stressed, with continual observation of the patient and surgical treatment when indicated. The paper was discussed by Drs. H. J. Whitacre, H. S. Argue, Charles S. Pascoe and C. F. Engels.

The second paper of the evening was by Dr. Herbert E. Coe, also of Seattle, on "Some Highlights of Children's Surgery," in which he brought out the usual resistance on the part of the parent to surgery of the child, with the tearful attitude of such parent engendering fear in the child. There are marked differences in the nervous makeup of children, with usually great suggestibility, and

(Continued on Page 8)

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GOOD PLACES TO EAT

EDITORIAL . . . Continued from page 5

Solomon for an understanding heart. The challenge comes not only to the church and her clergy, not alone to law-makers and philosophers or to the businessman and the ranks of labor but the call comes clear for the true physician.

The world is in most desperate need of mental hygiene. The physician well knows the effect on the body and mentality of fear, hate, anger and all emotional disturbances. The people have been subject for years to an exhibition of emotional excess. The excitements of hope and disappointment, victory or defeat, of loss of property, of lack of work, and of all the times of exaltation and depression of the past years have not failed to leave their physical and mental scars.

The physician has the opportunity not only to assist in repairing the damage done but to prevent its occurrence. He can point out the fallacies of many of the "isms" which are seeking victims. He can help his patients' view point by suggesting suitable sources from which to obtain proper information. He can preach the healthy philosophy of good common sense and of not anticipating evil, but of taking care of each day as it comes. He can teach the proper valuation of material possessions, and can encourage the practice of repose and simple living. He can cultivate a love of the out of doors and the beauties of nature. He can advise the timid not to worry too much about laws to prevent war and the effects of laws upon neutrality. Remembering that neutrality is a state of the mind, he can advise the fearful that he can help his fellows by keeping his own mind under control, and he can spread a healthy optimism by his own attitude and conduct and as Stevenson says "bring air and cheer into the sick room, and often enough, though not so often as he wishes bring healing."

MINUTES OF REGULAR MEETING OF PIERCE COUNTY MEDICAL SOCIETY

(Continued from Page 7)

psychic vomiting and upset of gastric motility and endocrine function due to fear, play a definite part in children's surgery. Small children lose heat rapidly and special precautions must be used to prevent shock from too great loss of heat. Children usually will take a full diet soon after major surgery, since they have increased need for food, due to growth. This factor accounts for the ease of developing dehydration and acidosis. Preoperative basal anesthesia is recommended in children after the age of two. Dr. Stiles' dressing was described for low abdominal operations in the infant, which prevents contamination by urine or feces. The surgery incident to birth accidents, developmental defects, intrauterine accidents and congenital anomalies was sketched. The frequent need for early hernia operation, the high mortality of delay in surgical treatment of intussusception and the need for proper preparation of the patient in pyloric stenosis were aptly given. The increased mortality in appendicitis of two to seven day duration was stressed. The danger of mediastinal flutter in the treatment of empyemas and the use of repeated blood transfusions in the treatment of burns after the standard tannic acid or gentian violet followed by silver nitrate was considered. The mooted question of the thymus as a cause of sudden death was discussed, with the suggestion that such sudden death might be anaphylactic. Dr. Coe's paper was discussed by Drs. D. M. Dayton, H. G. Willard, S. F. Herrmann and H. J. Whitacre.

The new City Health Officer, Dr. L. E. Powers, was introduced to the society.

Meeting adjourned.

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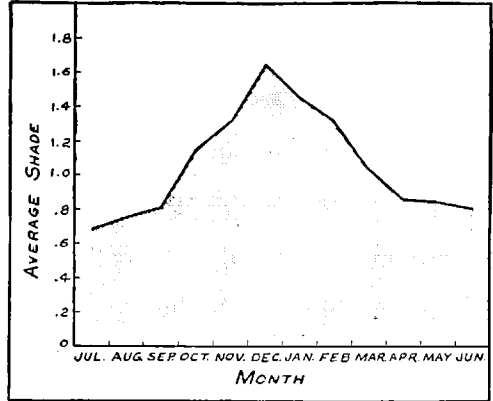
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WEATHER FORECAST— HEAVY SMOKEFALL

SMOKE exerts a definite influence on the weather at this season by reducing the amount of sunlight. Beginning in September there is a steady rise in atmospheric pollution until in December it becomes double that of midsummer, according to a recent report of a two-year study made by the U. S. Public Health Service in ten of the largest American cities, representing a population of millions. One of the most surprising findings was that there is no decrease in the dust content of the air either during or after a rain.



Average atmospheric pollution in 10 large American cities, 1931-1933. It is probable that conditions are similar in many smaller cities especially where soft coal is used and wind velocity is low.

Winter Sunlight an Unreliable Antiricketic

Atmospheric pollution is but one of many forces militating against the therapeutic effects of ultraviolet rays in winter. Others, to name only a few, are cloudiness, precipitation, and clothing. In winter, moreover, it is often impracticable to give sunbaths to infants during the very time they are most susceptible to rickets—the first six months of life.

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Personals . .

Sam Light has a new certificate to add to his collection. He recently passed the examination of the American Board of Dermatology and Syphilology, thus gaining certification as a specialist in dermatology. From now on we will make him produce it before allowing him to treat us.

A new home is going up on North Washington for Clyde Gray. We understand he is as delighted as Papa on Christmas morning showing sonny how to run his new train.

The monotony of the present Indian Summer finally was too much for Joe and Mrs. Turner. They decided to seek some unusual weather by spending a few weeks at Palm Springs.

The Allison's and MacRae's went back to college recently, but were slightly disappointed. Oregon lost the game to Oregon State at Eugene on November 18th.

The Washington State Graduate Nurses' Association presented a picture to the

Pierce County Medical Society in appreciation of the papers read by Drs. W. B. Penney, G. A. Moosey, Homer Clay, Frank Maddison, Darcy Dayton, Bill Goering and Fay Nace at their recent convention. The beautiful marine is labeled "Off Gloucester." We can't help wondering if there is a symbolic correlation between the sea in the picture and the waves of words directed at the nurses. At any rate this side light is hardly fair to the picture. Frankly it is very interesting and something we can and will enjoy.

Anyone clinging to the ancient belief that Tacoma is not growing should look over our directory. This month three new doctors have moved into the building: B. D. Terry, Carlisle Dietrich and John J. Verhalen.

Hiram Argue attended the Interstate Medical Assembly in Chicago last month accompanied by Mrs. Argue. We suspect that her chief motive was concerned with the trip to Detroit where they acquired a new Packard.

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PERSONALS . . .

We don't know whether it was the faded prospect of Washington in the Rose bowl game or simply the need for a vacation that prompted S. M. and Mrs. MacLean to go to California. At any rate they intend to enjoy the South and will not return until after the first of the year.

The Women's Auxiliary is to be doubly congratulated for their recent successful public relations effort. They sponsored a Medical Forum at the Winthrop Hotel November 9th to a capacity crowd of about 300. Then Sunday, December 3rd the same program was presented over KMO and from the reports we hear the audience was very large.

The program consisted of medical questions from the prospective audience and then answered by doctors appointed by the Pierce County Medical Society. Doctors Mattson, Whitacre, McCreery, Dayton, Herrmann, Goring, Duerfeldt, Howe, Dietrich and Carlson were the program specialists.

We were a bit chagrined the other morning to find two pillars of our society seated at a table in Scotty's blithe and gay. We felt that such indiscretions were the sole right of us "young bloods" We finally excused it, however, with the obvious conclusion that "it must be a caesarian."

In behalf of the advertising power and financial success of our Bulletin may we remind all the reader-members that we have some new advertisers. They are Gil Gunderson, men's clothing; Harold E. Dahl Co., Christmas cards and office supplies; Gunderson's, jewelry, china and silver; G. W. Paulson Co., shades and

floor covering; Rainbow Curtain Shop, curtains and draperies; Don's Pagoda, excellent food for private parties and banquets; Mrs. H. A. MacMayburns, registered Spencer corsetier.

This is your Bulletin and whether or not it is enlarged depends on you.


Don and Katharine Willard and Horace and Mrs. Whitacre also attended the Interstate Medical Assembly in Chicago last month. These men were quite successful, however, in keeping their wives away from Detroit. Dr. Whitacre previously attended the American College of Surgeons' meeting in Philadelphia.

More new homes—Dr. Fairburn has recently acquired a new home on North C Street.

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PERSONALS . . .

In prohibition days we might have been suspicious but nowadays it's different. Victoria played host to the North Pacific Surgical Society. Those from Tacoma not sea sick were Millard Nelson, Sig Herrmann, Horace Whitacre, Charles McCreery, and Harry Willard.

Somehow or other this column reminds us of the typical country newspaper most

of us were brought up on. Then, however, personals were phoned in both openly and surreptitiously. Perhaps you folks have forgotten the ways of your youth, or maybe times are changing. At any rate your reporters cannot see and hear everything no matter how good they may think they are.



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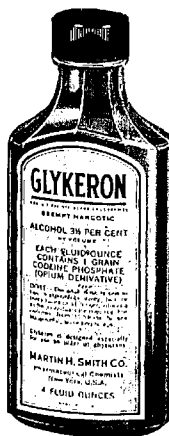
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Mr. C. J. Cummings, superintendent, is away for a short time on a vacation trip.

On December 5 the Clinical-Pathological Conference was held. There was a pathological demonstration by Dr. Charles P. Larson, presentation of a case of duodenal diverticulum by Dr. H. G. Willard, of post-operative parotitis by Dr. D. G. Willard, and regional enteritis by Drs. K. S. Staatz and C. Quevli

The Washington State Department of Social Security, Crippled Children's Program, recently held a clinic in the Tacoma General Hospital for 50 children.

The Washington State League of Nursing Education will hold its December meeting at the Tacoma General Hospital.

The student body held an all-school dance, a Snow Frolic, at the Masonic Temple on December 1st.

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"The Doctor's Wife"—What Is She?

(Continued from Page 3)

disappointments that go to make up the life of her husband; and if she separates, from all the mass of an accumulated day, just the word that will send him on into another morning happier, more confident, more gloriously, then she is indeed a wife. If she forgets that she too has ambitions, that she too has desires, that she too has within her that little spark of something which urges her on to that which is far beyond even her own dreams, and if she puts that something with all her might into the thing that her husband must accomplish—then she is almost a God.

So many of us fail in our giving; so many of us are unwilling to go on gloriously to an ignominious end; so many of us are satisfied with a comfortable mediocrity; with an acquiescence to what life gives without making an effort; so many of us are—just women.

We do not want to grow tired; we do not want to grow old; we do not want to love enough that we will forget ourselves, and remember the men who have made these selves that which we are.

The physician has of necessity a cosmic personality, because he deals exclusively in humanity. A human body; a human brain; a thought, an act, a result; these are the intangible tools with which a Doctor works. And his accomplishment is "the progress of the race." Sometimes he is defeated; sometimes he is forced, for the sake of that humanity for which he lives, to call in consultation those of other guilds.

And when this necessity arises, his wife must open the door to that one of another guild; must welcome him into the sanctuary of the home, and make him one of us.

—Margaret Osborne Ludwig (Mrs. David B. Ludwig), President Allegheny County Medical Auxiliary.

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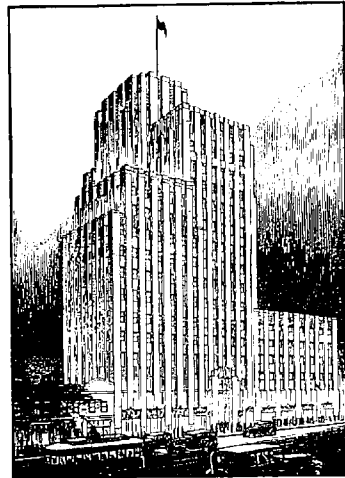
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HOSPITAL MEETINGS

Tacoma General

Clinical Pathological Conference—
January 2, 8 P. M.
Combined Clinics—
Dec. 14, 21, 28, Jan. 4, 9:30 A. M.
Pathologic and Radiologic Conferences—
December 1, 8, 2-3 P. M.
Orthopedic Clinic....December 14, 9 A. M.

St. Joseph's

Clinical Meeting.....January 2, 8 P. M.
Pathological Conference—
January 5, 9:30 A. M.

County

Staff Meeting.....December 29, 12 Noon
Clinical Pathological Conferences—
Dec. 14, 21, 28, Jan. 4, 4 P. M.

COMMUNCABLE DISEASES

October, 1939

Diphtheria	1
Measles	523
Mumps	2
Scarlet Fever	4
German Measles	2
Tuberculosis	4

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TACOMA SURGICAL CLUB

No December Meeting

Pierce County Medical Society
Bulletin
v.7-9, Jan-Dec 1937-39

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