

College of Medical Education  
Pierce County Medical Society  
223 Tacoma Ave. So.  
Tacoma, WA 98402

CHANGE SERVICE REQUESTED

*Mark Your Calendar!*

INTERNAL MEDICINE REVIEW 2009  
ANNUAL MEETING  
TACOMA ACADEMY OF INTERNAL MEDICINE

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TACOMA, WA  
PERMIT #589



# INTERNAL MEDICINE REVIEW 2009 ANNUAL MEETING TACOMA ACADEMY OF INTERNAL MEDICINE

Friday, May 8, 2009

Lagerquist Conference Center, Rooms 1A & 1B  
St. Joseph Medical Center  
1717 South J Street, Tacoma, WA

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**LIMITED SEATING  
- REGISTER EARLY!**

**COLLEGE  
OF  
MEDICAL  
EDUCATION**



# Internal Medicine Review 2009 Annual Meeting Tacoma Academy of Internal Medicine

May 8, 2009 (Friday)  
St. Joseph Medical Center  
Lagerquist Conference Center  
Rooms 1A & 1B

**Program Director: Garrick Brown, MD**

This one day program will provide Primary Care physicians the opportunity to learn first hand from national and local leaders in their field. The goal is to provide a better understanding of several of the most common disease processes, in light of rapid scientific advances. This program is offered to members of the Tacoma Academy of Internal Medicine as well as local physicians and physician assistants.

## OBJECTIVES

At the end of the conference participants should be able to:

- Acknowledge and appreciate new information regarding the physiologic effect of aldosterone in promoting cardiovascular and renal injury and be comfortable with initiating and monitoring aldosterone receptor blockage therapy.
- Understand the ACR criteria for diagnosis of Fibromyalgia. Discuss and make aware of the three FDA approved treatments for Fibromyalgia.
- Discuss and understand better options for small bowel evaluation.
- Understand the mechanism of action and implementation of exercise as medicine for patients with neurological disorders.
- Discuss and better understand outpatient workup and evaluation of chest pain.
- Understand the pathophysiology, diagnosis and management of biliary type in absence of gallstones.
- Discuss and understand the holistic perspective on some of the organizing principles of medicine and how we might be more effective in the relief of suffering.

## FACULTY

<b>Paul D. Schneider, MD</b> Nephrology/Hypertension Gig Harbor, WA	<b>Darren C. Schwartz, MD</b> Gastroenterology Tacoma, WA
<b>Robert E. Ettlinger, MD</b> Rheumatology Tacoma, WA	<b>Sanjay Agrawal, MD</b> Gastroenterology Tacoma, WA
<b>Patrick Hogan, DO</b> Neurology Tacoma, WA	<b>Thomas J. Sawyer, MD</b> Cardiology Tacoma, WA
<b>Benjamin Haslund, MD</b> General Surgery Group Health Tacoma, WA	<b>C. Stevens Hammer, MD</b> General Surgery Tacoma, WA

## REGISTRATION

**LIMITED SEATING - REGISTER EARLY!**

**Internal Medicine Review 2009  
Annual Meeting  
Tacoma Academy of Internal Medicine**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

No charge to Tacoma Academy of Internal Medicine Members  
\$35.00 PCMS Members active and retired  
\$50.00 Non-PCMS members

Please register me for the College of Medical Education Program on May 8, 2009. Enclosed is my check for \_\_\_\_\_ or charge my credit card:

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College of Medical Education**  
223 Tacoma Ave. S., Tacoma, WA 98402  
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## CONFERENCE SCHEDULE

7:30 am	<i>Registration/Continental Breakfast</i>	
8:00	“Aldosterone, the Unturned Rock of Renal and Cardiovascular Disease”	Paul D. Schneider, MD
8:45	“Demystifying and Demythifying Fibromyalgia”	Robert E. Ettlinger, MD
9:30	“Capsule Endoscopy; Why & When”	Sanjay Agrawal, MD
10:15	<i>Break</i>	
10:45	“Celiac’s Sprue: Meeting the Gluten Challenge”	Darren C. Schwartz, MD
11:30	“Physiologic Changes in Brain with Exercise in Alzheimers and Parkinsons”	Patrick Hogan, DO
12:30 pm	<b>Lunch- HOSTED (BOX LUNCHES PROVIDED)</b>	
1:15	“Noninvasive Evaluation of Chest Pain: What You Need To Know!”	Thomas J. Sawyer, MD
2:15	“Chronic Acalculous Biliary Colic”	C. Stevens Hammer, MD
3:00	“A Toe in the Water of Mind-Body Medicine”	Benjamin Haslund, MD
4:00	<i>Adjourn</i>	

## CREDIT • 7 HOURS

College of Medical Education is accredited by the Washington State Medical Association CME Accreditation Committee to sponsor continuing medical education activities for physicians. College of Medical Education designates this educational activity for a maximum of 7 hours in Category 1 to satisfy the re-licensure requirements of the Washington State Medical Quality Assurance Commission. College of Medical Education designates this educational activity for a maximum of 4 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**For information, contact COME, 223 Tacoma Ave. S., Tacoma, WA 98402 ▲ (253) 627-7137**